

# idaho argonaut

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The University of Idaho

Dec. 5, 1972



## Mental health at Idaho

Keeping it all together

by Rod Gramer

On the hour, the Administration clock bells ring into the lonely night as if asking, "freshmen how does it seem to be on your own for the first time? Juniors and sophomores—how do you relate to those around you? Seniors—what will you do with your life next year?"

Unconsciously these questions are on students' minds so often that anxiety drives many to counselors, clergymen, psychiatrists, or, for many a college student to an attempt on his own life.

**Suicide is on the mind of 80-90 per cent of all college students at one time or another, and at Idaho perhaps five students will attempt suicide this year.**

Ten per cent of the population at Idaho use the counseling center, and many others talk to ministers or that person in their living group who acts as a whipping post for personal problems.

These 10 per cent are usually major or moderate problems not minor troubles. And a survey of college students need some kind of counseling or psychiatric help. Suicide is on the mind of 80-90 per cent of all college students at one time or another, and at Idaho perhaps five students will attempt suicide this year.

John Hipple, a counselor, explains this phenomenon by likening a university to a pressure cooker. Pressure is so intense that there is no other environment that can be compared to it.

#### Performance Expectations

A university student is expected to perform in many areas that are not related in any way. An adult may be asked to function at one job with similar tasks, but a college student is under pressure to excel in English, math, and chemistry. He must also live closely with at least 60 other human beings, and relate daily with many people of the opposite sex.

Hipple says college itself is a deadline. Four tests in two days, 18 credits this semester, four years to graduate or getting two scores of 60 on tests with a 70 needed to pass the course. All these things add pressure for a person already burdened with the normal problems of life.

In addition, "rewards are artificial because they are so far away," says

# Suicide is painful

## A report from University psychiatrists on student problems and coping with college

Hipple. It is hard for the average college student to find a reason for studying a book in August that he won't be tested on until October. It is also difficult to see the purpose of choosing a career when one has been in school for 12 years, and is looking ahead to four or more in the future.

#### No Answer to Mental Problems

If there is anything the experts agree on, it is that no one can put a finger on what exactly is the main reason behind college mental health problems.

Dr. Ronald DePont, a psychiatrist, comes to Moscow once a week to work with students. He usually sees at least six

home. Freshmen, as well as others, need people they can relate to on personal levels. For freshmen, a counselor or psychiatrist is an authoritarian figure like the family doctor at home. If they want help they will go and seek an ear in the form of a counselor to listen to their problems.

Seeking assistance should be common, because most people need someone to act as a sounding board for their personal problems, according to Dr. Saul Spiro, a psychiatrist from Washington State who also spends a day a week at Idaho.

**... college itself is a deadline. Four tests in two days, 18 credits this semester, four years to graduate, or getting two scores of 60 on tests with a 70 needed to pass the course.**

But many think it is "sissy" to seek help. This may explain why only 10 per cent at Idaho look for aid. Others who are afraid to ask for direct help plead indirectly for aid by a suicide attempt.

Hipple usually deals with poor self-concept and personal relationship problems, but he also stressed that for any human emotion there was usually a concern. For instance vocational and educational problems may seem minor compared to other problems, but without correction or human understanding they can lead to severe anxieties and fears.

Most personal problems are just that, many times too personal for a patient to see through. He says, "I'm sad, I'm depressed, I don't know why, or what to do." If this person seeks out help, the first approach of the counselor is to ask, "What don't you like about yourself and how can you change it?"

#### Listening Help

"The point is to help him as a listener; we don't have a message to turn him around immediately. We assist him by helping him understand himself," says Hipple.

Spiro believes a university is a microcosm of real life, not an artificial environment with styrofoam buildings and plastic people and problems that will pass immediately after leaving the toyland campus.

He does think problems present before college appear more abruptly when one is in college. Loneliness seeds depression, depression increases loss of identity, and then this grows into a giant personal dilemma which can be helped only by professional counseling.

Hipple also says that any problems significant in universities only mirror the depersonalization and frustration of the nation.



John Hipple

persons on that one day and refers many others to the counseling center for additional help.

He says most of the students he sees are freshmen, "Probably the switch from high school causes their problems."

Many freshmen feel alone socially because they haven't established relationships like the ones they had at

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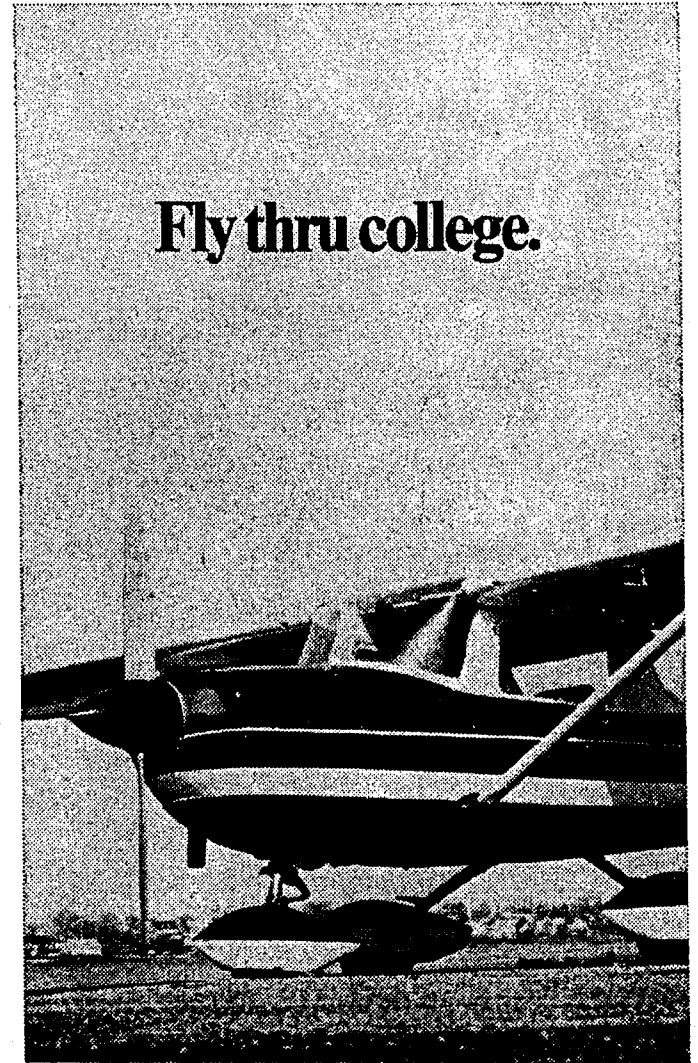
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Exams, tension and depression

# Pressures, loneliness defeat some students

"Final exam period is a stress period for everyone and it's natural to expect students to revert to their favorite technique for handling stress such as more drinking," observed University Counselor Donald Kees yesterday.

This stress period activates or intensifies feelings of depression, and it is only regarded as abnormal when the student can't pull himself out," he said concerning the pressure on students during this last push to finish up the semester.

"Everybody has 'down' periods," he continued, "but the neurotically depressed person who may have a low self-opinion to begin with may find the final exam pressures as proof of his belief."

Finally, the person may cut himself off from normal every day activity and a suicide attempt may be made.

### Suicide Attempts

Suicide may be attempted after a downward trend is accelerated and the person has demanded more from friends while giving less," explained Kees.

Kees said suicide is the second cause of death among college students. Over a

span of time it would be reasonable to assume that a few would attempt it here, he added. Suicide is generally not spontaneous and the student will usually announce his intention to try it. Verbalization may be a good thing: if the feelings of guilt, hostility, and anger are verbalized and another target can be found, a depressed person may not attempt to kill himself.

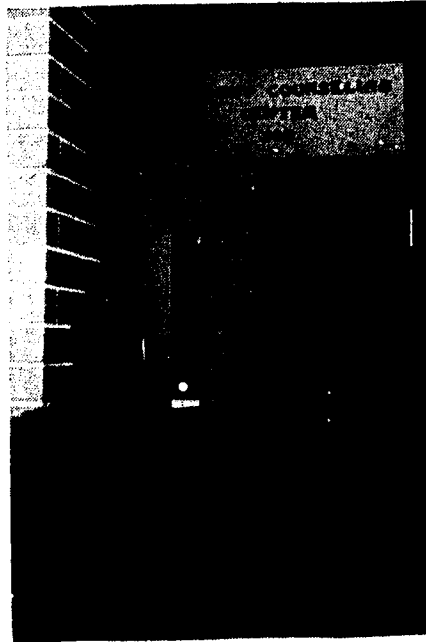
"The ultimate suicidal act is a result of aggression that has no other outlet. The hostility has no other outlet and self-destructive fantasies begin. At some point these may be activated.

### Help Friends

Kees says that he can only speak for about 35 of the 700-800 students who come to the counseling center for personal help. "Some falling off the tail-gate occurs that we don't know about."

If a student has a friend who seems to have problems of this sort, Kees recommended that he be referred to professionals for help.

Depression hits at all levels and very often those most likely to be extremely depressed are the very bright students who are often dependent on others. A college environment is a situation where dependent figures have been left behind.



The University's recent moves towards "non en loco parentis," which were prompted primarily by the students, has also increased the lack of supportive ties for particular students, he said.

"Independence is great," said Kees, "but what may appear to be an independent person may be a lonely person apart from society. The potential suicide is a very frightened person."

On the subject of exams, Kees says he has mixed feelings. "I think there may be other ways of assessing progress, and don't think students would mind if the grading wasn't stressed so much."

Part of going to college is confrontation and learning to meet stress in preparation for "real life" situation, he said.

### Feeling Gone

Religion may also have a part in creating problems because a student may have guilt feelings due to a strict moral upbringing. "A person with a lot of religious background is more likely to have strong feelings," he said.

Kees criticized the Argonaut for contributing to what he called lack of positive re-enforcement.

"A feeling of unity isn't here. Students don't do much talking or laughing and students may be disillusioned with the 'big problems' they read about," he suggested.

"The gut touch-to-touch feeling is missing," he said.

## Dorms vandalized

Over \$1300 worth of damage occurred at Wallace Complex, Gault and Upham Halls sometime between 2 a.m. and 6 a.m. Monday, according to Ron Ball, campus security.

Approximately \$1000 worth of damage resulted when 10 phones were ripped off the walls at Wallace Complex, or the receivers were torn away from the phones.

The intercom unit on the fifth floor of the Wylie wing of the complex was also destroyed when it was torn out of the wall. Approximately \$500 worth of damage was sustained. Also on the first floor of Gooding wing the thermostat was damaged and rendered inoperable.

"There is some suspicion that the same group of individuals did the vandalism," Ball explained. "We are now asking people in their living groups that if they see someone suspicious or that they don't know to challenge these people's presence. If it turns out to be someone that shouldn't be there, all they have to do is contact Campus Security," Ball added.

In addition to the damage at Wallace Complex, the stereo unit at Upham had \$200 worth of vandalism done to it. This included all the tubes being stolen out of the amplifier and the speaker covers being ripped.

In Gault hall the Christmas Tree was destroyed and all of the lights were smashed.

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Interviews for second semester Argonaut Editor will be held from 6-9 p.m. Wednesday and Thursday in the SUB. Anyone may apply.

## Senators

A lot of people will say continually that no one bothers to read the Argonaut, that it serves no purpose, and that it prints nothing that anybody would want to read.

But those people, if they wrote something for the Argonaut, and had their byline (name) appear over a bit of print in the paper, would find out that there are still a lot of people that read it.

Why they still read it might be questioned and debated, but that is a different matter.

The comments still come in, mostly criticism, but a few encouraging remarks float down through the rubble.

The best one came a few seats away in a class last week: "Say, you might know. Can you tell me, just what has happened down there at the Arg?"

So sits the Arg. Not really liked by its beneficiator, the ASUI Senate. Not really claimed by the U of I Communications Department. And, seemingly, not really liked by anybody who reads it.

A suggestion came out in the senate meeting last week about the Arg. Greg Casey thought the Daily Idahoian, or more specifically the News-Review Publishing Company, who now prints the paper should take over most of the operations of the Arg.

His reasoning ran something like: the paper is too unprofessional as it is now run — mostly by students. He thought by moving many of the functions down to the Idahoian it would make the paper more professional, and would help the student writers learn more about what they were doing.

Such a suggestion shows a lack of understanding, both about what a student paper does and should do, and what a small-town paper control would do to student ideas and thought.

A more plausible suggestion would try to draw the paper more to the University itself. As it is now, there is very little interaction between the Communications Department and the Argonaut. The reporters are not working for credit. They receive small salaries, a few bylines to give a little credibility to their work, and quite a bit of good experience.

But it is probably a good thing they don't stop too often to ask themselves if it is worth it.

The Argonaut collects, prints, and distributes the student news; just as the senate collects and spends the student monies. It is a group of students working for the rest of the student body.

If the present system of the undermanned, underpaid staff, straining to put out two issues a week, is to be changed, some real fundamental structural changes will have to take place.

Because, under the present method, there just doesn't seem to be enough motivation to get the complainers to come work to bring about the changes they vocally desire.

President Eiguren, after an inexcusable one semester put-off job, is finally getting around to appointing a communications director.

The director, if given any credibility by the new senate, will have the job of directing the student media, using the (theoretical) student input he receives.

He will probably not be able to change the paper at all but, hopefully, he will take pressure off the Arg people by providing them with the old bureaucratic out: "Talk to him. That's his department."

*Charles D. Loman*



... AND ONE FOR MY FRIEND, HERE!



UNWRAP? ... EVERY \* \* \* \* \* THING??

### the people speak

#### Appointed voice

Certainly did enjoy your unbiased articles on the outcome of the elections, especially the egalitarian piece by John Foley. For several months now your rag has been the self-appointed voice of the People and jeez, you said they would have the good sense to roust out the evil moneymongers (GOP). Well, the revered People did not buy that and now the People "...shit anytime they think something is going to shake their quiet pastoral tree." Also, Mr. Foley mentioned that "Everybody's an asshole..." Tsk.

Very Sincerely,  
Jordan P. Smith

#### Christmas spirit

I would like to lodge a complaint in reference to the December 1st edition of the Idaho Argonaut. I find myself questioning the purpose of the cover of this particular issue. May I ask, why? What possible reason for printing a cover which was done in such poor taste.

The Idaho Vandal dressed as a Santa Claus was fine but to have put some "dumbshit" on the ground in front of the famous Christmas Symbol with blood upon the "dumbshit's" back is ridiculous!

I cannot possibly see any reason for printing such a picture. People are concerned about obscenity in "girly magazines," I think it would be fair to call your cover equally obscene.

It is an absolute waste of the student's money to pay for such extravagances as this, when done in such poor taste. I feel that the Editor of the Argonaut had better straighten out its use as a paper and make it so it is worthwhile to read or refrain from wasting the student's money as such.

I hope you experience a great "Spirit of Christmas!"

Brent Russell

## Idaho Argonaut

The Idaho Argonaut is entered as second class at Moscow, Ida post office 83843. Our goal is information and our message is peace.

Editor	Bill Fitzgerald
Associate Editor	Doug Oppenheimer
Senior News Editor	Barbara Sinclair
Associate News Editor	Doris Urbahn
Senior Correspondent for entertainment	Mark Fritzier
Senior Correspondent for ASUI-faculty-staff	Kimi Kondo
Senior Correspondent for sports	Kim Crompton
Senior Correspondent for special assignment	Rod Gramer
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Dave Carlson	
Nancy Pennell	
Craig Marshall	
Staff artist	Mike Mundt
Photographers	Craig Evans
	Jim Huggins
	Roy Knecht

today

Valkyries are selling UNICEF cards, calendars and puzzles in the SUB lobby from 10 a.m. to 4 p.m. through Dec. 9.

WRA elections will be all day and Wednesday at the WHEB. All women students may vote.

The Idaho People's Party (formerly the Peace and Freedom Party) will meet at 7:30 p.m. in the SUB to discuss the writing of the abortion initiative and plan the marijuana initiative campaign. All are welcome.

Women in Communications will meet at noon in the SUB to nominate new members and to elect a new secretary. All members are urged to attend.

The Associated Graduate Students of the U of I will meet at noon in the SUB.

"Rare and Endangered Animal Species" is the topic of a slide show presented in the KIVA at 6:30 p.m. The program is designed especially for families and children from the Moscow community.

Inter-Varsity will meet at 6:45 p.m. in the SUB. Bob Wilson will speak on "Spending Time With God."

Block and Bridle and the Rodeo Club will meet at 7 p.m. in Ag Science 204.

TO WHOM IT MAY CONCERN:

The research beans reported missing several weeks ago have been returned. We would like to offer our extreme appreciation for this conscientious effort.

Entomology

wednesday

Interviews for second semester Argonaut Editor will be held from 6-9 p.m. Wednesday and Thursday in the SUB. Anyone may apply.

The Palouse group of the Sierra Club will host Brock Evans, Northwest Conservation Representative of the Sierra Club at a dinner meeting at 5:30 p.m. at the Oriental restaurant, Pullman. He will also speak at the CUB at WSU at 7:30 p.m.

Any person interested in knowing more about Pakistan and its culture is welcome to write P.O. Box 3039, University Station or contact Dr. Abdul Majeed, Physical Science 203, 885-6257 or call Kate Prindle or Phyllis Van Horn at 885-6757. The Pakistan Student's Association will be pleased to give a slide show and talk about Pakistan at the request of any person or group.

The library will remain open until 11 p.m. Dec. 11-20 to accomodate students studying for finals.

Thompson's offers rides

Travel by Thompson is sponsoring the holiday transportation through Coeur d'Alene, Montana, Salmon and Idaho Falls, to Pocatello and back this year. The bus will depart from Moscow Dec. 22 at 5 p.m. from the Student Union Building, and make stops at any other towns along the route if there are interested students. The cost will be \$22 per person one way and the trip is available to any University of Idaho student up to December 16. Interested persons should contact Imogene Rush, Student Union Building, 885-6484.

CHORD plans winter workshops

CHORD (the Center for Human and Organizational Research and Development) will climax this semester and begin next semester with a retreat to Ross Point, a Baptist summer camp near Post Falls.

Two workshops will be offered Jan 5-14 to anyone interested in participating. These are "The Psychology of Self-Management" and "Human Relations Training." The workshops are part of the Psychology 400 course offered at the university, both are two credit hours staffed by CHORD trainers.

The first of these, "The Psychology of Self-Management", focuses on the participant's intrapersonal relationship. He strives for physical and intellectual knowledge of himself in a manner which allows him to develop the three basic concepts of self-management. These include self awareness, where he is encouraged to find and express himself in new dimensions: self acceptance, where he recognizes and accepts these new dimensions as realistic; and responsibility for oneself, which is using these dimensions to a creative end which will benefit all.

The structured experiences in this workshop are designed to precipitate awareness of one's resources, and to increase self-acceptance, which leads to better management of one's resources to achieve personal goals.

Short and intensive

The Human relations Training program, is offered as a short, intensive learning experience which focuses primarily on the T-group or training group experience. In this group, the participants are allowed to plan their activities in an unstructured atmosphere without the intervention of CHORD trainers as group leaders. The trainer's function is to help establish norms for the group, helpful in experience-based learning.

This workshop will also include mini-lectures, simulations, and exercises designed to acquaint participants with basic theories of group development and functioning. It will present participants with opportunities to practice skills in leading groups, making presentations, and directing exercises as well as developing skill for conflict management and group decision-making.

The workshops will concern two of CHORD's four levels of change. The Human Relations workshop is part of the organizational consulting service level which is concerned primarily with campus living groups, while the Psychology of Self-Management seminar falls under the human development level. The other two CHORD levels concern the educational consulting service, which works with teachers aids and the research division.

Hutchins said that the CHORD program, which was started by William Bergquist of the U of I Psychology department, is the only one of its kind in the country. He said that it is very possible that the CHORD program will grow in the western United States, "because of its increasing outside exposure."

He explained that CHORD train activities aren't limited to the campus. CHORD people consult with outside organizations through their research programs and counseling services. Some have also attended national training labs at the organization's largest school in Bethel, Maine.

Hutchins said funds for the PhD program, which are used to send people to Bethel, are derived from the fees people pay to attend the CHORD workshops. Room and board fees for the workshops are \$60 and if college credit is desired, registration fees are \$20 for residents of Idaho and \$22.50 for non-residents.

Nightline gets crisis calls

About one third of Nightline's calls are "crisis calls." But efforts are not necessarily on solving the problems presented in the calls. Rather, Nightline personnel attempt to supply more of a "preventative service."

Diana Smith, co-director of Nightline with her husband Stan Smith, says the service concentrates on trying "to prevent problems from becoming acute."

She said, "Nightline tries to talk to people, get them calmed down, and stop the 'crisis' there."

The service does have a provision in case "talking it out" does not help. Backup crews of professional people from the community are always available, according to Smith.

If the caller gives his consent, Nightline will send a doctor, minister, or a member of several other professional fields. Many times just letting the caller talk to the backup person by phone is enough to get the caller to iron his problem out.

Smith reported this system has "been very successful."

When asked about cyclical fluctuations in numbers and types of calls, Smith said only that calls seem to be more numerous than in the past. She noted that calls have been up since Thanksgiving vacation, but said this was probably only the natural increase after the normal vacation lull.

Smith noted that a majority of calls dealt academically with points of information. She said that a good number of the crisis calls came into Nightline because it is available at times when other professional services are not normally available.



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# Idaho vs. Big Sky and Roning

by Kim Crompton

Idaho's persistence upon the commandeers of the Big Sky Conference as to why they shouldn't be allowed to leave is beginning to have some effect throughout the state. For the most part that feeling is translated into a southern wave of antagonism that is striking out at the Moscow campus in tidal wave proportions.

The incident began largely when President Hartung, much to the disgust and indignation of some southern Idahoans, announced university plans to request withdrawal from the conference.

For the University of Idaho, this request came about mainly as a matter of necessity. The athletic department, under the impression that they were within the confines of an expanding institution, scheduled football games with that attitude in mind. Next year's schedule bears out that fact as the Vandals will be playing larger schools such as the University of Washington, Washington State University and Texas Christian University.

Therefore, that puts the University of Idaho in a pretty lonely situation. As the only university-rated school in the Big Sky Conference, they are forced to play at least half of their schedule against schools that have up to twice as many full-ride scholarships as Idaho does because of Big Sky scholarship limitations (62).

While most of the other Big Sky Conference teams are taking their time about seeking an NCAA university rating, Idaho is continually rejected in its efforts to leave the conference and expand its program.

Led by Big Sky Commissioner John Roning, some members of the Board of Regents are taking the attitude that Idaho should be proud to be in the Big Sky Conference, whatever its shortcomings, and that university officials should consider themselves lucky. They also seem to feel that it is beyond their realm of responsibility to give a logical reason as to why the University of Idaho shouldn't be allowed to leave the conference.

As of late, our non-partisan Commissioner Roning has added insult to injury by making false statements publicly. His first goof occurred when he reported that the Pacific Coast Athletic Conference, the one which Idaho is interested in joining, has less scholarships than the Big Sky Conference. That statement is incorrect. At present the Pacific Coast Athletic Conference has a moratorium on scholarships, a gentleman's agreement between the schools that none of them will go over a 75 scholarship limit. At their next conference meeting, PCAC officials are expected to raise the scholarship limit permanently to at least 75 full-ride scholarships. This is contrary to statements made by Commissioner Roning.

Later on during the already tense football season, Commissioner Roning was quoted as saying that Portland State and Utah State were interested in joining the Big Sky Conference and that representatives from those two schools would be attending the next conference meeting. This, he said, may

give Idaho the reason they need to leave the conference. Strangely enough, when it came time for that meeting to be held, USU representatives were nowhere to be found. It is not known whether the same was true of Portland State, but we doubt that the Vikings of PSU would have any reason for joining the Big Sky Conference, since they just recently achieved university status through the NCAA, and by joining the conference would subject themselves to the same type of predicament that Idaho is now facing.

Concerning Utah State University, that is an independent institution at the present time, and is doing quite well on its own athletically, as can be seen in the results of the Utah State-Idaho football game this year.

Utah State officials were becoming so confused by the rumors they were hearing from the Big Sky Conference that finally in one of their press releases they denied Commissioner Roning's claims as being totally false, and said that USU did not send representatives to the conference meeting, "nor did they ever intend to."

Of course they didn't! Even Commissioner Roning should have been smart enough to know that an independent "major league" school like Utah State which has on its schedule such football teams as Oklahoma, Nebraska and other nationally-ranked schools would have NO reason for joining a college conference which offers only 62 scholarships.

It seems to us that Commissioner Roning, who has his office in Boise, is taking a one-sided look at the situation without bothering to get the facts straight. As head of the conference, his should be a job of keeping the schools together in a close-knit group rather than helping to sharpen already bitter "north-south" type feelings within the state.

The University of Idaho is more than ready to expand its athletic program. At the present time, other schools within the conference are not. Boise State College is in Boise and Idaho State University is in Pocatello. Both cities are trade and travel centers for Idaho. Pocatello is at least four times as big as Moscow and Boise is six or seven times bigger. Moscow is "in the sticks" of northern Idaho. Counting university students, Moscow has about 16,000 people in an area surrounded by winding roads and a lot of mountain country. With less hometown supporters, jobs, etc, recruiting is tougher; Idaho and the coaching staff is forced to rely more on scholarships to attract potential athletes. It is for that reason that the situation is so much different here than at Boise or Pocatello.

At the present time, recruiting is kind of a touchy word. "How can we recruit new players when we don't even know for sure what our situation is going to be — in or out?" Coach Robbins commented dejectedly yesterday. "We need those extra scholarships. We have a tough schedule next year and we could get killed!"

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Nov. 28, 1972

WON	LOSS	SCORE
D. James (CH)		Winner by Forfeit
S. Anderson (LH)		Winner by Forfeit
T. Akerman (WSH)	W. Preacher (LH)	50-48
Ga. Davis (TMA 10)	VanPelt (SnH)	50-32
K. Wilson (ATO)	J. Jackson (SAE)	50-37
P. Hendrickson (LCA)	B. Johnson (GrH)	50-44
J. French (Na)	M. Huffaker (DTD)	50-46

**Bowling Results**

SC	TIED	BTP	2-2
ATO		UH	4-0
McH		GH	3-1
CH		GrH	3-1
BH		SnH	4-0
High Individual Game K. Bucholtz (McH) 210			
High Individual Series B. Stavros (BTP) 531			
High Team BTP 2343			

**Pool Results Nov. 30**

T. McGinnis (BTP)	Winner by Forfeit	
M. Bowby (SAE)	Winner by Forfeit	
R. Siers (TMA 4)	S. Marsh (AKL)	50-37
B. Branco (PGD)	K. Constock (WSH)	50-22
D. Colson (UH)	M. Williams (TC)	50-26
B. Shrum (DC)	Rolphe (KS)	50-32
S. Delis (PKT)	M. Carraon (LH)	50-24

**Bowling Results Nov. 30**

LH	TC	Forfeit	
WSH	TMA	Double Forfeit	
PKT	TKE	Forfeit	
SN	CC	3-1	
Na	TIED	DTD	2-2
PGD	TIED	AKL	2-2
High Individual Game D. Hird (DTD) 187			
High Individual Series D. Hird (DTD) 478			
High Team AKL 2126			

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**• DANCING • ACTION •**

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## Jazz lab bands surface musically with original student works

Three original jazz charts by jazz lab band members will be featured in two concerts this week.

Jazz Lab Bands I and II, directed by Richard Werner will perform from 2:30-4 p.m. Wednesday at the SUB and at 2:10 Thursday at the Music Building Recital Hall.

The three original works are "Son of a

Preacher Man" by H. Wade Clark, "Never Can Say Good-by" by T. Lann Lieruance, and "Graffiti" by Greg Wellsandt.

The ensembles, both big bands with 19 instruments each, will perform music from varied eras of jazz and rock. Both concerts are open to the public without charge.

## Band, Ensemble perform dual concert tonight

The University Symphonic Band and Wind Ensemble will perform in concert tonight at 8 p.m. in the Administration Building auditorium.

The Symphonic Band will perform "Prologue and March" from "Ballet Music" by Walter Hartley, "Capriol Suite" by Peter Warlock and "Divergents" by W. Francis McBeth.

The Wind Ensemble will play "Earle of Oxford's March" from the "William Byrd Suite" by Gordon Jacob, "Armenian Dances" by Aram Khachaturian, "Ricerare" by J.S. Bach and "Ritmo Jondo" by Carlos Surinach.

The concert is open to the public without charge.

## Tuba, base guitar join in recital

Phillip Sheahan will present a graduate recital for tuba and bass guitar at 8 p.m. Wednesday in the Music Building Recital Hall.

His repertoire will include "Sonatina" by Halsey Stevens, "Almand" and "Gaillard" byth by William Brade, "Waltz for Debby" and "How My Heart Sings" by Bill Evans.

The recital is open to the public without charge.

## Spring ski tour to European Alps planned

If you are a ski fan, the University of Idaho Alumni Association has something special in store for you—a springtime ski

## SUB Christmas event schedule:

- Tuesday:** - Orchesis dances at 4:00 p.m. in the Vandal Lounge.
- Wednesday:** - Russel Grade School fifth and sixth grade students lift their voices in Christmas song beginning at 12:00 noon in the Vandal Lounge.
- At 4:00 p.m. the Jazz Lab Bands I and II perform the first of two concerts this week.
- Thursday:** - At noon the West Park Grade School third graders will sing their holiday repertoire.
- The Jazz Lab Bands will perform their second set at 2:30 p.m.
- At 8:00 p.m. the LDS student choir will present a holiday concert.

tour to the Alps!

The tour will depart March 1, 1973 for Munich, Germany. In Munich, you will board a motorcoach and transfer to the livliest of the Austrian hideaways, Kitzbuhel. Its ancient gabled houses and old, handsome hotels offer more swinging nightlife than their first appearance portrays.

Kitzbuhel is noted for its wealth of snow covered slopes. Located in the Tyrolean Alps, Kitzbuhel features four cable cars, 40 chair lifts and more than 100 ski runs. In addition to these fabulous skiing facilities, there are also skating, curling, tobogganning, sleighing and indoor swimming facilities.

Leave Kitzbuhel after a delightful week and travel to Innsbruck for five more adventure packed days featuring five different lift complexes including the slopes that served as host to the 1964 Olympic games.

Finally, return to Munich to spend a day relaxing and shopping for souvenirs before boarding the plane to return home on March 16.

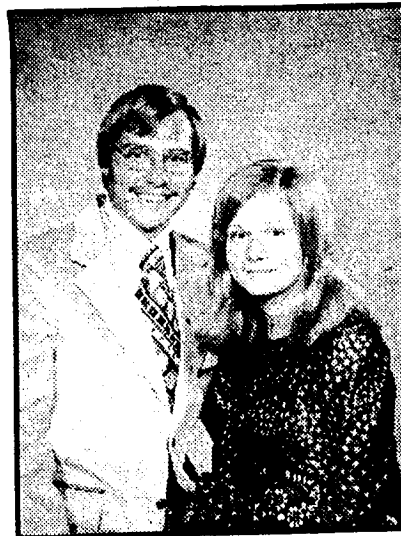
If skiing and winter sports are for you, all this is offered to you for only \$539. For further information and a detailed itinerary call the Alumni Office at 885 6154.



## RUDY'S CHRISTMAS PORTRAITS

REMEMBER SOMEONE SPECIAL THIS CHRISTMAS WITH A GIFT THEY WILL ALWAYS TREASURE—THIS NATURAL COLOR CHRISTMAS SPECIAL IS THE PERFECT IDEA FOR YOUR BOY FRIEND, GIRL FRIEND, PARENTS, OR GRANDPARENTS.

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See Michelle & Mike Whaler's Natural Color Portrait on Display

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and

2-5"x7"

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INDIVIDUAL

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All Appointments Must Be Made By  
December 8th For Christmas Delivery

**ARCTIC CIRCLE  
DRIVE IN**

Weekly Special  
Dec. 4-5-6

**5 Hamburgers for \$1.00**

1000 Pullman Road

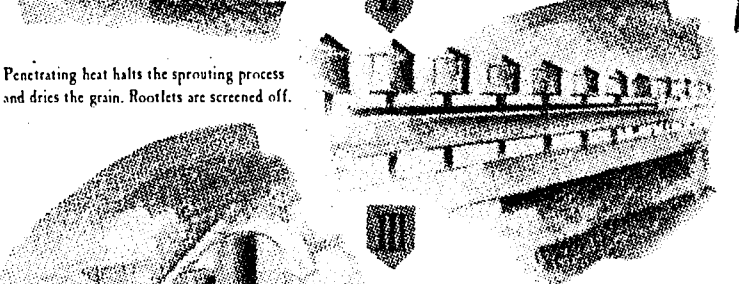
882-3421

# Budweiser Brewing Chart



Because malt is so important in brewing, we use the finest Western two-row barley available in addition to the Midwest six-row variety. The extra cost of this premium barley is worth it, since it makes for a milder, more pleasant beer. Here, our barley is first cleaned, graded, washed and steeped, then allowed to germinate for a minimum of five days under a gentle stream of humid air in slowly revolving drums.

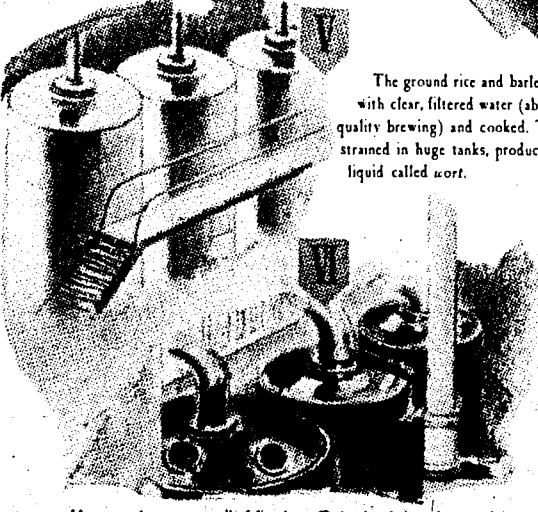
Penetrating heat halts the sprouting process and dries the grain. Rootlets are screened off.



The cleaned barley malt is stored until needed for grinding in the Brew House.



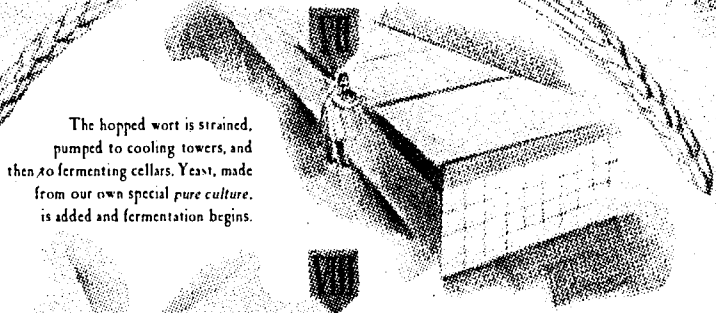
Meanwhile, specially selected rice is crushed in separate mills and weighed. Budweiser is brewed with rice (including actual table-grade rice) even though many brewers use corn syrup instead because it is much cheaper. But cheaper is not for Budweiser.



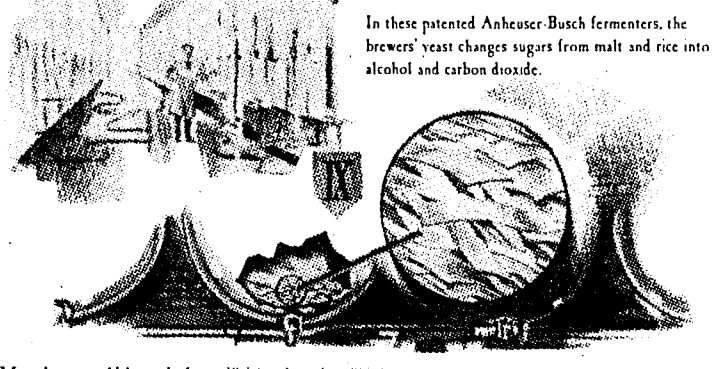
The ground rice and barley malt are wetted with clear, filtered water (absolutely ideal for quality brewing) and cooked. This mash is then strained in huge tanks, producing a clear amber liquid called wort.

Hops are the "seasoning" of fine beer. Only the choicest imported hops from the honored fields of Central Europe and the very best of domestic blossoms from the western United States are used in brewing Budweiser. (Absolutely no extract is used!) The result is Bud's rich, mild aroma and snappy, refreshing taste. Here, these choice hops are added to the wort, which is boiled in giant brew kettles until the wort has assumed just the right delicate hop flavor.

The hopped wort is strained, pumped to cooling towers, and then to fermenting cellars. Yeast, made from our own special pure culture, is added and fermentation begins.

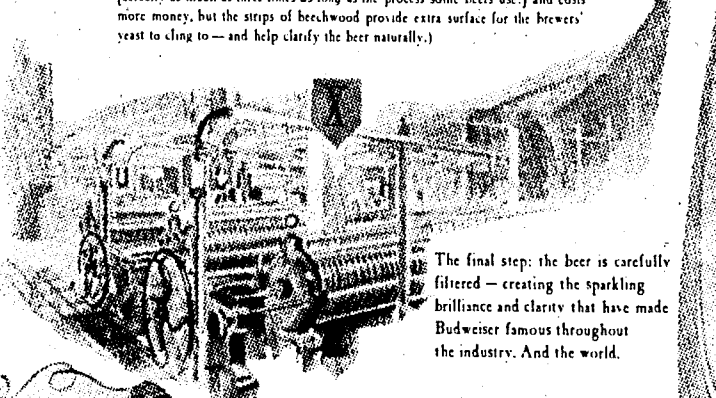


In these patented Anheuser-Busch fermenters, the brewer's yeast changes sugars from malt and rice into alcohol and carbon dioxide.



Many beers would be ready for artificial carbonation, filtering and bottling at this point, but not Budweiser. Instead, it goes to huge tanks in the lager cellars. Here, beechwood strips are spread across the bottom of each lager tank, beer is pumped in, freshly yeasted wort is added, and the beer is allowed to carbonate itself naturally as it ferments and ages, slowly and quietly a second time.

(This is the exclusive Budweiser Beechwood Ageing process. It takes more time (actually as much as three times as long as the process some beers use!) and costs more money, but the strips of beechwood provide extra surface for the brewer's yeast to cling to — and help clarify the beer naturally.)



The final step: the beer is carefully filtered — creating the sparkling brilliance and clarity that have made Budweiser famous throughout the industry. And the world.

THE WORLD RENOWNED  
**Budweiser**  
KING OF BEERS.



All that is left to do now... kegging, bottling and canning operations and adding the familiar label that identifies the most popular brand of beer the world has ever known: Budweiser, King of Beers.

Anheuser-Busch, Inc. • St. Louis

Brewing beer does make a difference!