

Seems like a dream, they've got you ...

UI counselors find it can be effective

By Paul Baier of the Argonaut

OU are getting sleepy, very sleepy, your eyelids are getting very heavy. When you finish reading this story you will be in a trance and proceed to run around campus and act like a chicken.

If your perceptions of hypnotism are similar to the one above, you've probably been watching too many late-night horror films.

Hypnotism is becoming more accepted and popular every day, and in fact, hypnotic counseling is available on the University of Idaho campus if a counselor determines that circumstances warrant it.

You won't find it behind gypsy-curtained doorways administered by a Bela Lugosi lookalike. But the service is part of that offered by the UI Student Counseling Service.

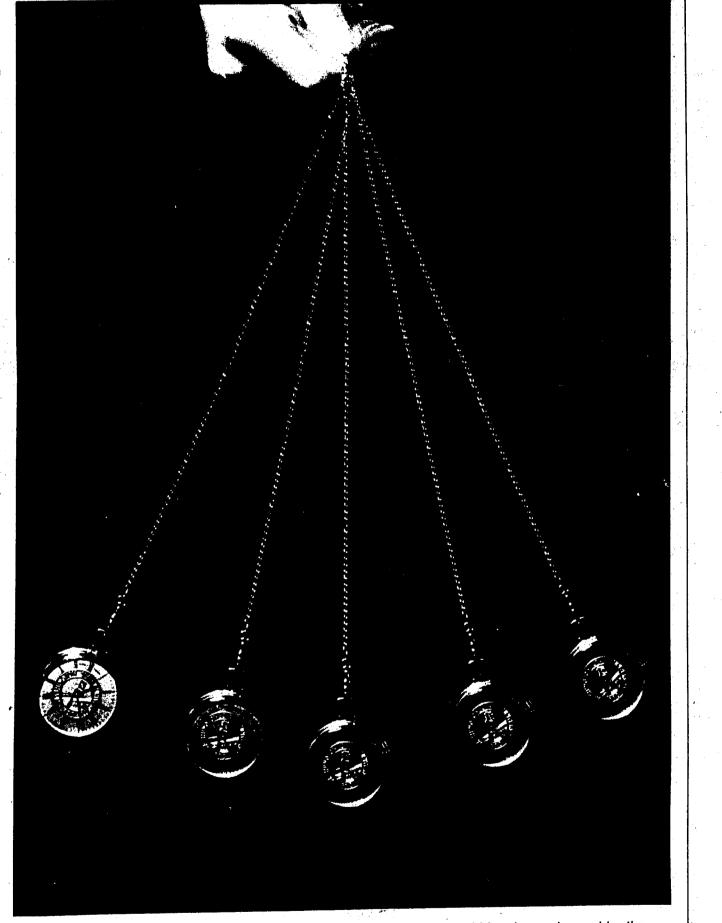
Ted H. Murray, a counseling psychologist at the UI, has been practicing hypnotism for three years. He recently presented a paper — "Clinical Applications of Hypnosis" — which was named the best at the regional meeting of the Association of Counselor Education and Supervision.

Murray handles between 25 and 30 cases a week at the UI, in addition to seeing one or two clients in his small private practice in Moscow. He doesn't use hypnotism on all his clients but estimates that on any given week he will use it on half of them.

The problems that people come to him with are handled individually and include depression, anxiety, study problems, vocational concerns, problems with roommates, sexual identity and self concepts.

"We do an evaluation, an assessment procedure, which is a basic format we use," Murray said. "We share that with the client and say,

'This is what we see going on, these are the kinds of things you're presenting that you need to work on, and these are some of the ways that we can go about doing that.''' He then gives the client some options for solving the problem and leaves the choice to the individuals. Some choose hypnotism.



Hypnotized

Murray is quick to point out, however, that hypnotism is not a cure-all.

"Hypnotism is definitely not a quick fix. It's something you have to practice and learn, but it's a skill that, once acquired, really makes living considerably easier," he said.

When clients choose hypnotism, Murray uses the first session to teach them the technique of self-hypnosis and how-to do the study skills and learn some of the theory that goes along with hypnosis.

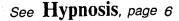
He also gives them a chapter out of *Handbook* of *Hypnosis for Professionals* by Roy Udolf, a hypnotism expert, which points out some of the history and myths behind hypnotism.

One of the major misconceptions involves that of the hypnotic trance itself. Many people believe that the subject goes into a deep, sleeplike state and is under the complete control of the hypnotist. While this is not the case, Murray said that a trance is hard to describe.

"Nobody knows exactly what it is, which is one of the most interesting things about it. But at present there are two schools of hypnosis; one is called the traditional school which tends to go into sort of the hocus pocus, magic kind of stuff, the waving of the pendulum and doing all that kind of neat stuff.

"Then there's a school that's called the new hypnosis. Their definition would be that it's a very relaxed state where a person's concentration is narrowed and they're more accepting of suggestions simply because their normal way of perceiving the world has been changed by the fact that they've closed their eyes," he said. Murray claims that since people perceive the world in mostly a visual sense, any change in those perceptions can be made as simply as closing one's eyes or getting engrossed in a television show.

"There are some people in the field that estimate that about 80 to 85 percent of our waking time is spent in some sort of a trance, if you define it simply as the reduction of attention to a



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Lampus

ASUI to look at nominees

Last-minute appointments and a budget bill will highlight the last working ASUI Senate meeting of the semester on Wednesday.

Senators will consider bills appointing a chairman to the Issue and Forums Committee and the editor of the Argonaut for the spring semester at the meeting. The previous chairman of Issues and Forums had resigned earlier in the semester.

A bill naming Gary Lundgren as editor of the Argonaut comes as a recommendation from the ASUI Communications Board, which held interviews for the position earlier this month. The Senate must approve the bill before the appointment becomes official.

A bill providing for the budget for the ASUI Lecture Note program will also come up at the 7 p.m. meeting in the Chief's Room of the SUB. The bill will provide for the program's budget for the upcoming spring semester. Currently it is budgeted for on a semester basis, instead of the normal yearly basis of other ASUI departments.

All business for the semester must be taken care before next week when the old senators turn over their offices. The inauguration of the ASUI president and vice president and the six recently elected senators will be held at the Dec. 8 meeting.

Appeals policy to be reviewed

The University of Idaho Faculty Council today will try to take final action on three remaining agenda items because this will be the last meeting of the semester. However, there will be a meeting of the general faculty on Thursday, Dec. 8. .

Chairman Dorothy Zakrajsek explained that the council must complete two of the items because they have to go before the general faculty meeting in December. One of those items concerns the Procedures for Faculty Appeals in the Faculty/Staff Handbook. The changes are aimed at streamlining the appeals process and making it more uniform by creating one standing committee to hear appeals.

By Eric Bechtel of the Argonaut

Despite popular belief to the contrary, there are jobs to be found in the fields of sociology and social services.

According to Eric Jensen, University of Idaho assistant professor of sociology, "The perception that these jobs are hard to find is not really accurate."

A 1982 survey was conducted to provide information on the occupational attainments of UI sociology graduates. The results, to be used later in student advising, were impressive, Jensen said.

Of the 82 candidates for bachelor's degrees in sociology from 1975 through 1981, 62 percent sought employment immediately after graduation; 74 percent of this group found work within three months of graduation and close to half of those candidates seeking immediate employment found their first jobs in social services. These were most often

services provided by private facilities for troubled adolescents and the elderly.

Sociology jobs vary with planning

The survey used a two-wave mail survey to increase response. The overall response was 67 percent. However, 21 percent did not respond and 12 percent of the questionnaires were undeliverable. The return rate, then, was 73 percent of those candidates having an accurate address.

Jensen said that the majority of sociology students start out in social services. Others find work in education. The third most common area of employment is in law, where some students start out in such positions as senate interns.

He said that the majority of students in sociology aren't interested in going to work for some major corporate entity, but they are trained so that they can.

"If you plan your course work and your educational path, you can attain the kind of occupation you're interested in," Jensen said.

The present job situation according to

wording of the policy had to be brought into compliance with all other existing policies before final approval was given.

The second item is the Proposed Changes in Requirements for Admission to the University. Zakrajsek said the changes were passed last spring but the **University Curriculum Committee** wanted to review the proposal so it is now before the council again for consideration.

If time permits, the council will discuss a Proposed Videotape Policy. Zakrajsek said Tony Rigas, the director of instructional media services at this university will give background information and answer any questions council members may have concerning the policy.

The meeting will be at 3:30 p.m. in Brink Hall's Faculty Lounge.

Loughton named development VP

A Utah State University official has been named to the new post

Loughton will be in charge of the UI Foundation, the Alumni Association. UI Informational Services and special projects. according to Terry Armstrong, executive assistant to UI President Richard Gibb. Armstrong said the special projects include setting up visits and coordinating the activities of VIPs who visit the campus.

Armstrong emphasized the importance of the new post, saying "the main thing is we need someone to coordinate" the areas under the new vice president.

Armstrong said Loughton is already starting to familiarize himself with some aspects of his new job, particularly with soliciting corporate donations and the various needs of the UI. These are "the most critical areas he needs to get going on," Armstrong said.

The new vice president was hired at an annual salary of \$50,000. In September, the position was rejected by another candidate because that salary was too low. Armstrong said he does not know what Loughton is being paid at USU, but he does not believe Loughton will be taking a cut in pay. Loughton has been at USU since 1974 and in addition to his current post, he has also served as administrative assistant for special projects. He holds an associate degree in history from Dixie College in St. George, Utah and in 1968 received his bachelor's degree in physical education from the University of

Utah. He also holds a master's degree in physical education, which he received in 1972 from UU and received his doctorate from UU in 1974, also in physical education.

Exxon gives grant to UI

The Exxon Education Foundation has given the University of Idaho's Chemical Engineering Department a \$5,000 grant which will be used mainly for scholarships, faculty development and equipment purchase.

Since 1975, Exxon has given the department more than \$15,000 as part of an ongoing program of support to the nation's universities.

Nate Chipman, group leader in high-level waste documentation for Exxon Nuclear in Idaho Falls, presented the check and said that one reason the UI was selected as a grant recipient is because Exxon recently has hired several qualified chemical

Jensen is pretty good, but he "wouldn't say it's glowing."

According to his survey, the number of state-supported jobs were decreasing at the same time social service jobs in the private sector were becoming more plentiful.

"Up until this past July, the state social service jobs were becoming harder to find. At the same time, jobs in the private sector were increasing," Jensen said. As of July, the state has started to hire again.

Jensen made it clear that, while most sociology students opt to work in the social services, some have gone on to become business executives, service personnel for large firms, lawyers and school administrators. What the student becomes, "depends on what the student wants to get out of it (the UI sociology program).

It is unfortunate that the program is so small, Jensen said. But as small as it is, "It's a solid program and provides the student for a wide range of occupations.'

Dinner-dance slated for SUB

Tickets are now on sale for the annual UI Christmas faculty/staff dinner-dance which is planned for Friday, Dec. 9 in the SUB-Ballroom. If purchased by Dec. 2 tickets will cost \$5, after that date the price will be \$10.

The dinner-dance will have a jazz theme, and a guitar ensemble from the UI School of Music and a jazz pianist will play during dinner. The dance music will be provided by Tuxedo Junction, a big-band and jazz combo.

A baron of beef dinner will be served from 6-9 p.m. and dancing will commence at 9 p.m. and last until midnight.

Nuclear funds given students

Two University of Idaho students - Carri S. Douglas, a senior in chemical engineering, and Susan L. Hurd, a senior in mechanical engineering - have received scholarships for

Zakrajsek said this is a "very critical policy" because it deals with "sensitive issues" to the faculty. She also said the

of vice president for development and university relations at the University of Idaho, according to UI officials.

Spencer Jackson (Jack) Loughton, associate director of development at USU in Logan, will begin work here in early January. He will take over the duties of Wallace Pfeiffer, the UI's former development director, who left June 30 to attend to private business interests in Coeur d'Alene.

engineering graduates from the department.

George Simmons, chairman of the department, said that Exxon's support has been important to maintaining a quality educational program.

programs at this university because they hire our graduates," he said. "Their support helps to insure that the graduates are well trained."

1983-84 from the Institute of Nuclear Power Operations in Atlanta.

INPO is a national, non-profit organization dedicated to promoting excellence in the nation's nuclear power plants.

Douglas, of Moscow, and "Exxon is interested in certain Hurd, of Alamagordo, N.M., received two of 200 scholarships awarded. The Institute provides \$300,000 annually to top undergraduates studying in fields related to nuclear power.

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Ar-go-naut (är gə nôt, -nat) n. [L. Argonauta {Gr. Argonautes {Argo, Jason's ship +

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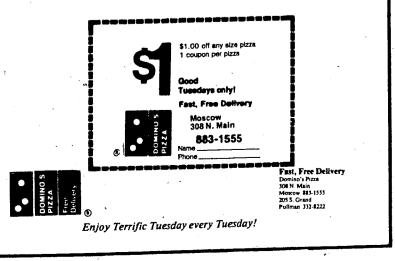
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The vicious circle keeps on revolving

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Considering the returns from the ASUI election held two weeks ago, it probably would be safe to say that the ASUI is caught in a vicious circle.

The students don't perceive it as having any credibility, for reasons largely stemming from poor representation. And yet the apathy arising from that perception makes it unlikely that the representation will improve enough to enhance the ASUI's credibility.

Once again the voter turnout was minimal. It is a sad state of affairs when only 20 percent of a population elects the people who will represent the entire population.

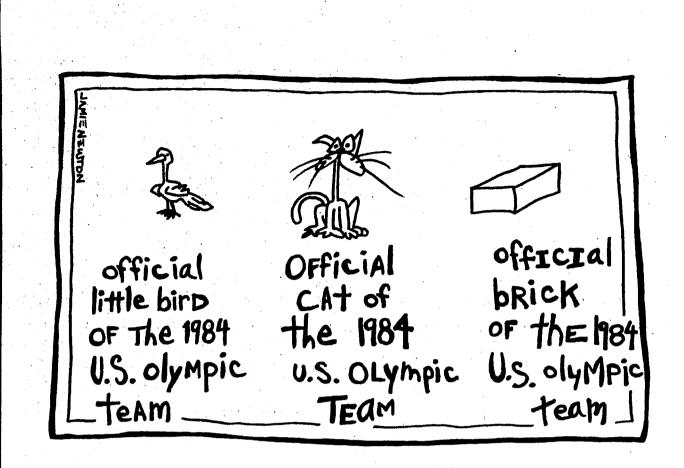
In addition, those who did vote continued displaying the same tendencies they have in the past. The fraternity and sorority members, as usual, were wellorganized; they offered a large slate of candidates and got out the vote. The oncampus independents offered only a meager slate, and had a turnout much lower than the large numbers of them who could vote. The same could be said of off-campus students, only more pointedly, since they consitute the largest single group of students.

The results were predictable. Most of the new senators are from the Greek community. And two of the three independents who ran for Senate won handily, because the independent students needed them in there to avoid disenfranchisement.

More importantly, some of those elected to the Senate, including some of the top vote-getters, have questionable qualities at best as politicians go. From pre-election campaign statements that some of them made, it seems likely that they will continue the current mold of ASUI politico — that is, students who are preoccupied with and insecure about their power, and aren't shy about trying to wield it improperly.

It doesn't seem likely, then, that this new batch of politicos in the ASUI will be successful in changing the credibility of the student government here. It will take some bold moves to make such a change. It doesn't help when candidates are elected on an at-large basis. The bias toward organization within the living groups - which the Greeks by nature enjoy and the independents by nature don't have — points up the need for a more representative means of electing officials. The new officials could enhance the ASUI's credibility by instituting an election based on some other kind of representation - for example, by having representation based on the various departments on campus. But that is only a small thing. More importantly, these new officials are going to have to surprise us and start doing a credible job. Maybe then the ASUI will be credible enough to get students interested in it again. -David Neiwert

in a constant



Paul Baier

Ron's Christmas wish list

At last there's a group that's glad Ron Reagan is president.

No, I'm not talking about Steve Symms and George Hansen; it's the nation's toy industry that's drooling over our commander in chief.

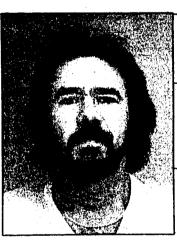
You see, according to a recent news item, Reagan's conservative administration has contributed to the resurgence of war toys.

Thanks to Ron, GI Joe — who was only wounded by the peace movement of the '70s — is now set to invade millions of homes.

One page in a toy catalog included a GI Joe Combat Jet, command center, copter, attack vehicle, missile carrier and personnel carrier all equipped with machine guns, flame throwers and missiles.

And just to make sure there are no cries of gendergap, chauvinistic war policy, GI Joe is now joined by "Cover Girl," a highly paid model who gave it all up to enlist and now drives a missile-laden tank.

So rest assured mothers, Sissy can now give up Baby Tinkle and play war with the rest of the little



Paul Baier is a junior majoring in journalism and is the news editor of the Argonaut.

Since you asked, I've been scanning the toy stores myself lately, and I just happen to have a little list of how we can make up for Ron's lost childhood.

A "Bonzo, the Peacemaker Doll" would be nice.
Bonzo is a hairy prehistoric type beast who carries a big club and sees red whenever anyone else with a club tries to get smart.
Ron would like his own little "Bathtub Island Game." This game might have been triggered by Grenada, but what the heck. Think of the hours of harmless fun Ron can have in the safety of his own bathtub plunking off entire sovereignties with his big toe.

commandos.

One toy store employee said that Grenada may have contributed to this compulsion to arm the youth of America to the teeth.

I think it was Ron's deprived childhood. Obviously the guy got the wrong toys for Christmas and never quite recovered.

Ron wanted a cap pistol, he got red longjohns (and he hated red anythings).

Ron wanted a Gabby Hayes doll, he got a Baby Tinkle:

Things didn't change much for Ron when he grew up and had children of his own. Instead of asking for dolls and guns, his kids asked for red underwear. This might not have been so bad, but Ron's boy wore his red longjohns in public.

Well, anyway, you can see how this may have contributed to his actions since he's taken over the world's biggest toy box.

So now that it's getting to be the Christmas season and the toy catalogs are starting to make the rounds, I thought maybe all America could get together and buy Ron some toys.

If nothing else, it will keep him so busy unwrapping he won't be able to get us into any trouble.

I can hear it now: "What can I, Person Doe, get for the most powerful former actor in the world?"

and the second second

— And what presidential Christmas would be complete without a box of cigars? Ron could give out these exploding Havanas and use them to point out how Castro is trying to take over the entire Southern Hemisphere.

— A fitting gift for any former actor would be his own home movie kit. With all the flack about the movie *The Day After*, Ron could make a movie starring George Shultz explaining how might means right. Of course, without an interpreter this movie couldn't be understood by anyone.

- Last, but not least, someone could send Ron a matching set of Western and Eastern world leaders. Wind up these little guys and they babble incoherently and run away from the negotiating table with speed matched only by Bonzo the Peacemaker.

I personally think that the last gift is the one that will really tickle Ron's fancy.

You see, the little Eastern world leader wears this silly red underwear, and it would really brighten up Ron's day to see Bonzo bop him over the head.

Letters

MPD gets tough

Editor:

I am a graduate student of modest means attending the University of Idaho. Like many other students, I get by on what I can earn while attending school. The only means of transportation that I have is my pickup, and I live about two miles from campus.

I had just arrived back in Moscow recently after eight days of traveling through the midwest for the university. As you can realize, I was behind in my class work and other responsibilities. Following a meeting earlier that evening, I drove to my office at Morrill Hall. Not really paying attention to what I was doing, I pulled into the handicapped zone, although there were many other spaces available. Since it was about 9 p.m. I figured it would be alright.

After working for a while, I returned to the parking lot to find that my pickup was gone. I figured that it had been stolen. I called the Moscow Police Department to find out that they had it towed because it was in the handicapped zone. Officer Fager told me to come to the station and to bring \$30 in cash and I could get my truck back.

I couldn't believe what I was hearing! So, I walked to the station. They could not release my pickup to me because they couldn't figure out that it did belong to me. Finally, after one-and-a-half hours of waiting they came to the conclusion that it was my truck. Officer Fager then informed me that I would need \$56 in cash to get it out of impound plus pay a citation of \$16.50.

Off I went walking again, to the bank to get more money (if I would not have had access to a day and night teller machine, I would have not gotten my truck back). I paid the \$56 in cash to Officer Fager. He then called in another officer to release the truck to me. This officer noticed that the form was not filled out correctly, so more waiting.

The officer finally came out and informed me that everything is straightened out. However, I was going to have to walk out to the city shop to where my truck was impounded. The officer had to drive out there to release it to me, but would not give me a ride. Only after I insisted that he call his supervisor did he agree to give me a ride. The city shop is approximately two miles from the station.

The total fine amounted to \$72.50 for a parking violation. I admit I deserved to receive a parking violation, but did I deserve to have my vehicle towed away in the middle of the night? Was I seriously infringing on the rights of the handicapped to park at 9 p.m. with many empty spaces left in the lot that were close to the door? The statutes are written that the vehicle may be towed at the discretion of the supervising officer. Is this discretion? Maybe during peak use hours, but at 9 p.m.? I suppose that a handicapped person may have come to Morrill Hall at that time of night, but would it have been wrong with all of the other available spaces? I am having a real hard time convincing myself that I deserved a \$72 fine.

Is the Moscow Police Department "out to make a buck," or serve the community? Possibly the police department is low on its quota for the week. One needs to give little thought to why crime is rampant in our country with "clowns" like this for police. Is this justice? Is this the intent of the law? I hardly think so.

In closing, I would like to warn the citizens of Moscow of this quiet menace to our community. Be on the lookout you never know when they will strike! *Richard Ledington*

Not a good ratio

Editor:

Recently, I mailed an appeal letter to every fraternity (17) and sorority (9) on campus asking for a small donation for the operational support of Nightline.

I would like to publicly thank Sigma Chi fraternity, a fine group of communityminded men, for their donation. Nightline gratefully recognizes and appreciates their realization of the need and value of our program.

ASUI did not vote to send an additional amount to Nightline, and our budget is still deficient. We had hoped to appeal to the better instincts of the living groups on campus. We touched one, and feel they need to publicly applauded!

Louise M. Biggs Nightline Finance and Grants Committee

Skiers to gather

Editor:

The University of Idaho Ski Team is having its first organizational meeting for the fastly approaching 1984 ski season Wednesday.

Topics to be discussed will be travel and housing for ski meets, entrance fees and other expenses and the possibilities of a ski camp. Dues will be decided upon and collected.

The team wishes to extend an invitiation to all students serious about skiing, either Alpine or Nordic, to attend the meeting in the lobby of the SUB at 7:30 p.m. The team competes with colleges and universities at resorts around the Northwest in a rigorous seven-week schedule.

Nate says thanks

Editor:

This letter is written in appreciation of everyone who helped with my campaign for ASUI senator. A special thanks goes to Lee Brackett, Mike Tatko, and Marty Silva who, as my campaign managers, worked so hard and sometimes at odd hours of the night. A special thanks also goes to Lori Carroll of Forney Hall for going out of her way to help, and to the fourth floor of Lindley Hall for their constant enthusiasm. The names of eveyone to thanks are too numerous to mention, but for anyone and everyone who helped in any way, thank you very much. There is no way this campaign could've succeeded without you.

Nathan Riggers

Wrong idea given

Editor:

I appreciated Michael Moore's letter about my column on abortion (Nov. 15). This is the first response to any of my columns. I thought I was losing my touch!

Moore argues that early Catholic thinkers were wrong about abortion because of their ignorance about fetal development. He claims that modern science can now help us determine when the soul enters the human body. He then proposes what I call the "genetic" theory, i.e., the human zygote is a person at conception because of its unique genetic identity.

Moore gives the impression that this is the position of modern Catholic theologians, but this is simply not the case. Jesuit John Connery states that "while it is true that the Church today penalizes abortion at any stage, it would be wrong to conclude from this that it teaches immediate animation or infusion of a rational soul in the fetus. This it has never done."

James J. McCartney concurs: "Many people believe that the Roman Catholic Church's opposition to abortion stems from its conviction that a new human person exists from the first moment of conception ... it is clear that this is not now, nor has ever been, official Church teaching on the matter." Jesuit Joseph Donceel says that the ensoulment sometime during fetal development is "the most widely accepted theory of human nature among Catholic philosophers and theologians."

These Catholic thinkers are wise to stay clear of Moore's genetic theory. The possibility of twinning up to 20 days after conception destroys this position: in identical twins we would still have one person according to the genetic identity view, but two persons according to law and custom. The technology of cloning would prove this in a radical way: a thousand body cells could be used to clone a thousand persons, but Michael Moore could claim that only one person would exist as a result of this procedure.

There is yet a further difficulty with this position. For Christians biology is about the "dust;" but morality and religion deal with the spirit. Human beings are unique and valuable because they have spiritual natures separate from their physical natures. Therefore, Christians cannot draw on genetics as a basis for their doctrine of personal identy. Thomas Aquinas 'saw this clearly when he declared that the rational soul was not produced by human seed but by a direct act of God late in fetal development.

The pro-life movement has yet to make a rational case for the proposition that a person exists at conception. Doug Wilson certainly did not succeed in his debate with me on Nov. 11. A copy of my presentation in that debate can be obtained from me or from Administration Building 111.

Nick Gier UI philosophy professor · · · · ·

Mucho gracias

Editor:

I want to thank everyone who participated in the UI phonathon this year it was a huge success. There was a large increase in participation, and the \$56,921 raised surely reflected it (our goal this year was \$48,000).

Delta Tau Delta won the phonathon trophy by raising \$4,541, with Alpha Gamma Delta following in a close second by raising \$4,331. The following living groups also participated in the phonathon:

Alpha Tau Omega, Beta Theta Pi, Delta Chi, Delta Sigma Phi, Delta Tau Delta and Farm House. Kappa Sigma, Lambda Chi Alpha, Phi Delta Theta, Phi Gamma Delta, Pi Kappa Alpha and Sigma Alpha Epsilon. Sigma Chi, Sigma Nu, Tau Kappa Epsilon, Alpha Chi Omega, Alpha Gamma Delta and Alpha Phi. Delta Delta Delta, Gamma Phi Beta, Kappa Alpha Theta, Kappa Kappa Gamma, Pi Beta Phi and Chrisman Hall. Forney Hall, Hayes Hall, Steele House, Targhee Hall, Willis Sweet Hall and Student Bar Association of the Law School.

Special thanks to all the businesses in the area. Without their help. the phonathon wouldn't have been such fun: Billiard Baskin-Robbins, Den. Cavanugh's, Corner Pocket, Gambino's and Hoyt's. Karl Marx Pizza, King's Table, Mort's Club, Nobby Inn, Orange Julius and Pay 'n Save Drug. Pizza Haven, Pizza Hut, Rathaus Pizza, Regis, Roger's Ice Cream and Sam's Subs. Sit 'n Soak, Spruce Tavern, Stevensons, Sweet Ed's, T-Shirts Plus and Taco John's. Taco Time, Tater's, Tijuana Tilly's, Tri-State, University Inn and Zip's Drive-in. Ron Wekerle

The UI Ski Team



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Hypnosis

single thing," Murray said.

While Murray maintains that he believes that anyone who can close their eyes can be put in a trance, a client must be willing to go along with the treatment.

"I don't engage in a struggle with people about whether or not they can be hypnotized, because I don't see that as very productive," he said.

Murray does not have success in some problem areas, such as smoking and weight loss. He notes that most people attempting to change these problem areas don't really want to change their behavior; they are usually being pressured by is a positive step, and the professomeone else to change. "There has to be some ability

to entertain the notion of change before change is going to take place," he said.

Murray has had good success with clients who have had trouble sleeping or with sexual problems and also has had some success with hypnosis as an alternative to substance abuse by using ego-strengthening suggestions.

According to Murray, once a client has decided to correct a problem, just the thought that he is going to a professional for help

sional knows this.

To help induce the trance, the hypnotist needs to gain the confidence of the client. One of the methods Murray uses to establish a client's susceptibility to hypnosis and gain his confidence is to correctly predict a client's responses when he extends his arms forward.

"What you've done is essentially used something that's a very natural physiological response and convinced the person that you know something about what's going on. And once you've done that, that's about 95

percent of doing a trance," he said.

Some hypnotists use other methods as well as the arm method to test hypnotic susceptibility. One such method, which Murray does not use, is the Spiegel eye roll. With this method, the client's susceptibility to hypnosis is determined by the amount of white showing in the eye after the client is asked to look up.

A counseling session can take anywhere from two to 20 sessions and Murray said that at any given point in that period he might introduce hypnosis as an aid. Even then, he may use it four or five times or maybe only once and then talk about the experience a few times. If the case involves abuse or death he may need hypnotism to take a client back to relive memories.

Hypnotism has made some major moves to come out of the closet, according to Murray, Besides the reputation as a ploy of vampires, hypnotism has had to overcome the stage hypnotism reputation.

Most people have witnessed the type of show where hypnotists pick volunteers from the audience and make them do a variety of embarrassing stunts.

Murray said that a stage hypnotist is able to scan the audience while making his opening remarks and pick out the individuals who are easily put into a trance. By weeding out the less acceptable, the hypnotist is left with agreeable, suggestible and exhibitionistic volunteers.

Unfortunately, however, it is not only in the movies that hypnotism is used for evil purposes. Murray cited Hitler as a master of suggestion and Jim Jones' kool-aid tragedy in Guyana as examples of misuse of hypnotism.

Hypnotism's growth in popularity has encouraged its increased use in several fields, including the sports psychology field, where it has become very popular. The Chicago White Sox have hired a team hypnotist, and recently won its division championship for the first time in many years. In Illinois a psychologist was named assistant basketball coach and drastically improved the free throw accuracy of the team.

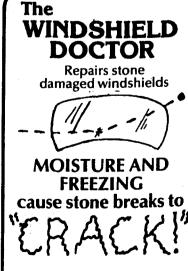
See Hypnosis, page 12





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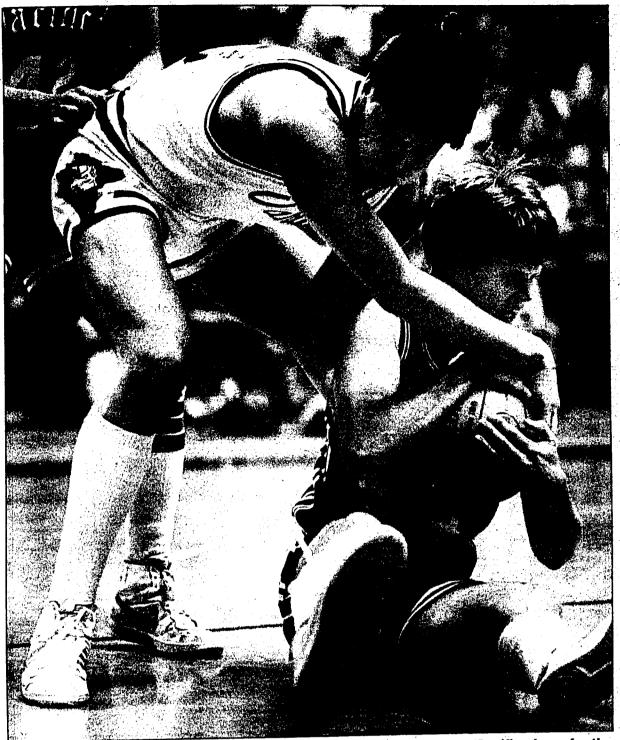


Photo by Scott Spiker

Freshman forward Tom Stalick wrestles with a Pacific player for the ball during last Saturday night's game in the Kibble Dome. Stalick scored six points in the game.

Irvine trounces Vandals, 91-71

Sports

Argonaut-Tuesday, November 29, 1983 7

ANAHEIM, Calif. — The University of California-Irvine Anteaters, considered one of the powers in college basketball on the West Coast this season, left the Idaho Vandals with little doubt about the reasons behind those high ratings Monday night.

The Anteaters convinced the Vandals at both ends of the floor, dumping the hapless visitors 91-71 at the Anaheim Convention Center.

The big story of the matchup was in the rebounding department. There, UCI outmuscled Idaho with a 36-21 advantage on the boards.

Doing most of the work underneath the baskets for the Anteaters was their tall and physical front line — a front consisting of 6-10 center Bob Thornton and forwards Ben McDonald and Todd Murphy, who measured at 6-8 and 6-10, respectively. In contrast, Idaho's tallest player for most of the game was 6-8 center Pete Prigge.

With the loss, the Vandals fall to 1-1 in the early season. It was the first lost under first-year head Coach Bill Trumbo; the game was UCI's season opener.

Despite the lopsided loss, Trumbo was not too angered over his young Vandals' performance.

"I don't think the kids have anything to be embarrased about or hang their heads," he said. "We ran into a real strong ball club. We put our team together in the past six weeks. They put their team together in the past three to four years.

"We went into the game ill-prepared to play a team at this calibre at this point of the season. We had a lot of balls that just wouldn't drop and the kids became tentative. We broke down toward the end of the game and started to commit some turnovers," the Vandal coach commented.

Youth is a big factor on this year's Vandal squad. At times, there were three freshmen in the lineup against UCI. The early season experience may prove quite beneficial come January and February when the Vandals are involved in the thick of the See Irvine, page 11

Idaho women finish third in holiday tourney

By Frank Hill and Mike Long of the Argonaut

The University of Idaho women's basketball team went looking for the wishbone last weekend, but had to settle for a drumstick.

The host women Vandals finished third in the Mark IV Thanksgiving Classic when they downed Chapman College 76-60 in the consolation bracket game last Saturday night.

that the team has only one senior on the 10-player squad, starting forward and Team Captain Dana Fish.

Denise Brose, Vandal graduate assistant coach and holder of just about all UI basketball records, stated that the Vandals will have to look to Fish and junior forward Leslie McIntosh for leadership.

"Leslie and Dana will be the leaders when we're hot, and when we are — there'll be no stopping us," Brose said.

stopping us," Brose said. While the young Vandal team will have to look to Fish and McIntosh for leadership, the UI hoopsters will seek out center Mary Raese for offense. for 14.

The Vandals out-rebounded Portland 49-38 — and still lost. But against Chapman, the Sioux out boarded the Vandals 35-28.

In addition to these statistical discrepancies, the Vandals' individual scoring margin varried widely.

Against Portland, the Vandals were led by Raese with 29 points and freshman guard Krista Dunn with 20 points. In other words, 49 of the Vandals' 70 points were tallied by two players.

But against Chapman, five Vandals reached double figures: Raese, 16 points; guard Netra McGrew, 12 points; McIntosh, 11 points; Fish, 11 points; and guard Robin Behrens contributed 11 more points off of the bench. "We're hoping the game against Portland was a fluke," Dobratz said. "That is not the way our team is really like. We kind of just lost it against them." Indeed, in the last 10 minutes of the Portland game, the Vandals could manage only eight points (all by Raese). "We're a lot farther along this year than last year," Brose said. "It's up to us if we have the drive and desire. We have the talent to go a long way."



Any chance the Vandals had at winning the tournament were dashed on Friday night when Idaho blew a 13-point lead and was defeated by the University of Portland 75-70. Portland eventually won the tournament with a 72-70 win over the University of North Dakota.

The Vandals now have a 1-1 overall record for this season.

The loss to Portland marked the first time Idaho has been beaten in the three-year history of the Thanksgiving Classic.

Although her team failed to win the tourney, UI Head Coach Pat Dobratz, was encouraged with the Vandals' showing in the Thanksgiving Classic.

"We feel the more teams we play, the more we'll do. To overcome our lack of experience, we'll just have to keep our composure," Dobratz said.

The Vandals' lack of experience is magnified by the fact

In the course of the two-day tournament, Raese blasted 29 points and five blocked shots against Portland, and 16 points and four stuffs against Chapman. The 6-4 sophomore was the leading Vandal scorer and rebounder in both contests.

"Mary Raese is doing one heck of a job," Brose commented. "She's really taken over."

The Vandals' overall effort, however, was less consistent than Raese's solo performance. In their losing effort to Portland, the Vandal women committed 20 personal fouls as compared to the Pilots' 11. Against Chapman, the Vandals were tagged for 10 fouls while the Fighting Sioux were whistled

The Vandals entered the tourney coming off of an exhibi-

See Tourney, page 8

Scott Spiker Vandal guard Krista Dunn dribbles downcourt in a game played recently. Dunn scored 27 points in the two-day Thanksgiving Classic. UI senior forward Dana Fish trails Dunn in the play. tion win against Lewis-Clark State College on Nov. 18.

The Vandals trampled the Warriors in the Memorial Gym 99-58. The win marked Idaho's second and final preseason win.

Top scorer for the Vandals against LCSC was junior Kris Edmonds with 19 points. Edmonds, a transfer from Ohlone Junior College, Calif., was followed closely by McIntosh who had a total of 18 points.

the best time speed and her best performance so far has been here."

Raese led the team in blocked shots with five and led the Vandals in rebounding with 13 boards. The Vandals had 56 team rebounds in the game.

"LCSC wouldn't let us dominate them and even though they are a Division II team, they stuck right with the game and were really giving us a run for the money at the beginning of the

"Kris makes an excellent sixth game," Dobratz said. man," Dobratz said. "Sheithas is The UI's next game will be

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against Gonzaga University on Portland, the Vandals shot 41 percent from the floor. Portland Friday, in the ASUI Kibbie Dome. fired 44 percent from the field. Basketball Notes - Against

Kevin Crum final contest winner

Kevin Crum, 707 Railroad St., Moscow, was the final winner in the Tri-State/Argonaut Pick the Winners football contest.

Crum, a senior majoring in architecture, said last week was the first time he had entered the contest this year.

Crum was one of two people to miss only one game. Erik Laughlin also missed one game, but Crum was declared the winner on the tie-breaking

dames.

Crum's lone miss was Air Force's win against Notre Dame while Laughlin's mistake was picking Missouri to down Kansas. These two games were also most often picked incorrectly by the 89 contest entrants.

From page 7

The Oregon-Oregon St. and Pittsburgh-Penn St. games were thrown out because they played to tie games.

December fun run set for Saturday

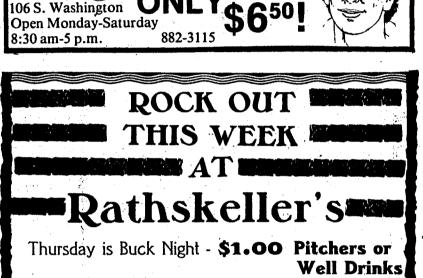
The first Palouse Popsicle Run will be held this Saturday, at 10 a.m. beginning at Friendship Square in downtown Moscow

There will be a two mile race and a five mile race. Both courses are moderately flat.

Registration is \$6 with T-shirt and \$3 for no T-shirt. The deadline for late registration on race day is 9:45 a.m. Late registration is \$8 with a T-shirt.

After the race, all participants are invited to enjoy free hot chocolate, popsicles, around the fireplace inside the Moscow Hotel. T-shirts, awards and prizes will be presented at this time.

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Refer to Ad #SE-500

UI's Sharples comes in 38th at NCAA finals

By Don Rondeau of the Argonaut

University of Idaho women's distance runner Patsy Sharples finished her Vandal cross country career by placing 38th at the NCAA Division I Championships at Lehigh University in Bethlehem, Penn, Nov. 21.

The senior from Fish Hoek, South Africa, ran the 5,000 meter race in 17.30. The overall winner was Betty Jo Springs of North Carolina State with a time of 16.31. Sharples was the only Vandal represented.

Sharples was aiming for a top 20 finish to gain All-American status. However, Sharples apparently was worn out after having run an exhausting race the week before at the District Championship meet in Provo, Utah, which she won.

"I ran hard, but I was tired. It was disappointing running like that at Nationals. I didn't have any zip. If I had more days

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between districts and Nationals, I might have run better." Sharples said.

"We were disappointed. She ran so well the week before. She never recovered from Districts. Patsy was wiped out and she was stiff and sore all week. We were afraid she would have trouble. She gave 100 percent,

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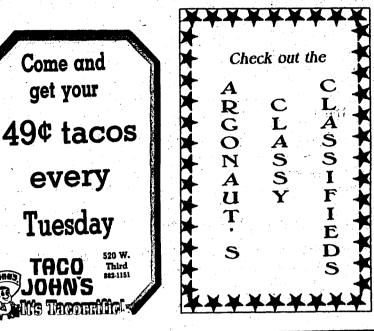
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but it wasn't there," commented Roger Norris, Idaho women's head cross country coach.

In spite of the disappointment, Sharples' finish was two places better than her 1982 showing.

The overall winning women's team was Oregon, followed by Stanford. In the men's competition, Texas-El Paso defeated last year's champion, Wisconsin, to run away with top honors.





Argonaut-Tuesday, November 29, 1983 9

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No R.S.V.P. for Vandal football team By Don Rondeau

of the Argonaut

The Idaho football team did not receive a second consecutive invitation to the NCAA Division I-AA playoffs. But it had a great season-ending farewell party by destroying the Boise State Broncos, 45-24, in the ASUI Kibbie Dome before 15,400 fans last Saturday.

Nevada-Reno and Idaho State, the two Big Sky Conference teams that did go to the playoffs, squared off in Pocatello last Saturday. Reno downed the Bengals 27-20, with the help of four field goals.

With the victory, the second in a row over BSU, the Vandals ended their season with an 8-3 record; a duplicate of the 1982 regular season. Idaho and BSU concluded their Big Sky Conference action with identical 4-3 records - good for a tie for third

place.

The victory over arch-rival BSU was perhaps the best-played game for the Vandals this season.

Without any doubt, senior quarterback Ken Hobart played his best game in his four years as the Idaho signal-caller. Hobart picked the Bronco defense apart as he completed 25 of 37 passes for 440 yards and no interceptions. In addition, Hobart tossed four touchdown scoring strikes of 8, 19, 24 and 25 yards and ran one himself on a bootleg play covering five-yards. The high-powered Vandal

offensive machine amassed 591 yards without a turnover.

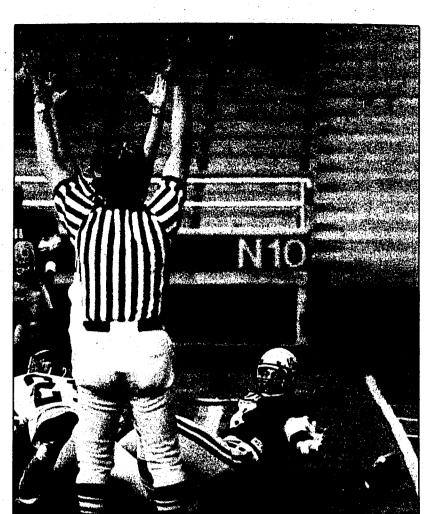
Idaho's defense, which battled injuries to key performers throughout the season, also had an outstanding showing. It allowed BSU only 203 yards passing and 266 yards on the ground and came up with two

important turnovers.

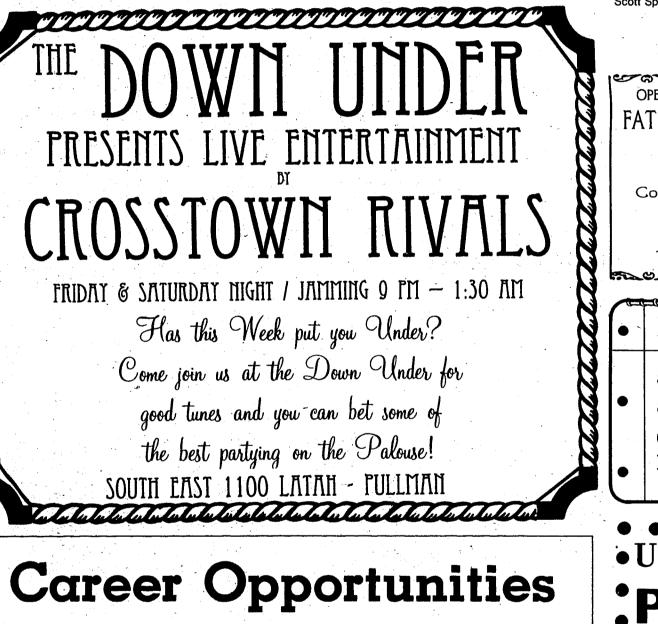
It was the last game for 13 Vandal seniors, including Hobart, Vandal seniors enjoying their last game were: on offense, guard Steve Seman, center Shawn Jackson, tight end Kurt Vestman (his season ended two weeks prior with a back injury sustained against Northern Arizona), flanker Brian Allen, wide receivers Ron Whittenberg and Curtis Johnson and tailback Kerry Hickey.

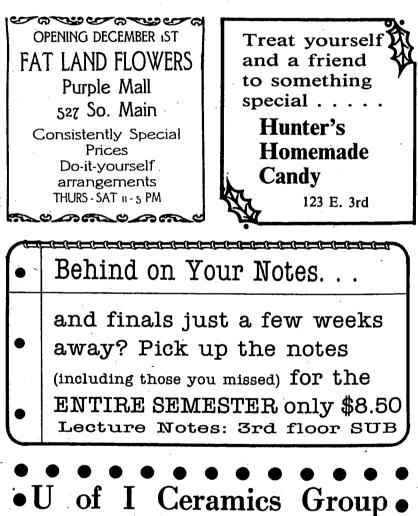
Seniors on defense were safety Boyce Bailey, linebackers John Crout and Todd Fryhover, end Darby Lewis and cornerback Myron Bishop. Another senior, defensive lineman Frank Moreno was granted another year of eligibility due to an early season injury against Idaho State that sidelined him for the entire year. Hobart, from Kamiah, ended

See Football, page 11



Scott Spiker Senior Vandal wide receiver Curtis Johnson is shown following his last catch as a UI football player. The reception went for six points.





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> Navy Officer Programs (NRD Seattle) Naval Station Bldg 30 Seattle, WA 98115

(Refer to Ad #SE-461)

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RY SALF

Irvine

From page 7

Big Sky conference action.

Idaho's offense was particularly ineffective in the first half. The Vandals connected on only 11 of 28 from the field (39 percent). On the other side of the court, UCI was hitting on 45.5 percent of their shots from the field.

The Anteaters improved in the second half as they finished the game hitting on 53 percent of their shots, compared to 48 percent for the Vandals.

McDonald was the big gun for UCI, as the powerful forward pumped in 18 points. He shot well from the field, tossing in 9 of 13 field goals, mostly coming off of fastbreaks and shots_ underneath the bucket. He is an All-American candidate.

Senior guard Stan Arnold led the Vandals with 16 points before picking up his fifth foul with 1:28 to go in the game. He did not have one of his better nights on the field, as he connected on only 7 of 16 field goals.

Football

his fantastic career with a seemingly endless list of school, conference and national Division I-AA records. In all, he has 26 Idaho, 23 conference and 10 national records to his credit.

Probably the most impressive record Hobart holds is for career total offense. The figure stands at 11,126 yards (9,300 passing and 1,826 rushing) which is second best in NCAA history, in any divisional standing.

Neil Lomax, former Portland State quarterback, is the only other player to go over the 10,000 mark for a career. He finished his college career with more than 13,000 yards.

From page 10

Despite not finishing top in the BSC this season, Idaho fared well in the final conference statistics. Hobart finished first in total offense with an average of 345.5 yards per game and 3,800 yards overall. The Vandal offense was tops in total offense with 479.5 yards per game and passing offense with 336.1 yards a game.

Aside from action on the gridiron, Vandals Boyce Bailey and Dave Thorsen were chosen on the BSC first team all-academic squad.

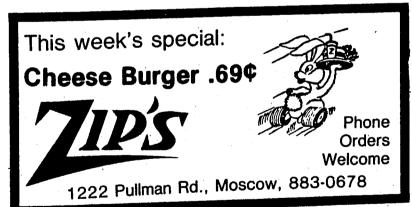
Intramural Corner

Badminton (men, women, co-rec) — All matches start today. Matches will be played in the PEB-large gym. Check the schedule on the IM Bulletin Board for your playing time.

Swim Meet (men) — The meet will be a one-day event on Saturday, Dec. 3 in the UI Swim Center.

3-on-3 Basketball (men and women) — Playoffs continue this week. Check the IM Bulletin Board for further details.

IM Volleyball Officials — Those people who officiated five nights or more may come into the IM Office and pick up a free T-shirt. Thanks for a job well done.



<u>Campus calendar</u>

Tuesday, Nov. 29

- 8:30 a.m. Facilities use, Ee-da-ho Room.

9 a.m. Campus Crusade, Pend
 Oreille Room.
 10:45 a.m. Arboretum Association,

Chief's Room.

- 11 a.m. Affirmative Action, Pend Oreille Room.

- 11:30 a.m. Christian Series, Ee-daho Room.

- 12:30 p.m. "Journal Writing: Process of Self Discovery" with Lea Baechler, lecturer in the UI English Department, at the Women's Center.

3:30 p.m. C.A.D., Ee-da-ho Room.
 3:30 p.m. Richard Francaviglia, president of Geo-Graphic Designs, Inc., speaks in Mines Building Room 132.
 Free and open to the public.

- 4 p.m. Argonaut staff, Chief's Room.

- 4 p.m. Chemical Engineering, Gold Room.

- 4:30 p.m. Communications Board, Appaloosa Room.

- 4:30 p.m. Computer Design 4, Pend Oreille Room.

- 5:30 p.m. Greek Class, Pend Oreille Room.

- 6 p.m. The Discarded People, Borah Theatre.

- 6:15 p.m. Delta Chi, Silver Room. - 6:30 p.m. Blue Key, Appaloosa Room.

- 7 p.m. English Conversation, Eeda-ho Room.

- 7:30 p.m. Senate Pre-session, Chief's Room.

--- 7:30 p.m. College of Forestry, film about people's impact of the Himalayan Mountains, Gold Room.

- 7:30 p.m. Outdoor Program, Borah Theatre.

- 7:30 p.m. Poetry reading by Canadian poets Robert Bringhurst and Joe Rosenblatt, Cafe Libre. Free and open to the public.

- 8 p.m. Graduate recital by John Wagner, baritone, Music Building Recital Hall. Free and open to the public.

Wednesday, Nov. 30

- 9 a.m. Campus Crusade, Pend Oreille Room

- 11:30 a.m. Christian Series, Ee-daho Room.

- 12:30 p.m. "You Are There In American History" with Ruth Moynihan, visiting professor of History at Lewis Clark College in Portland, at the Women's Center.

--- 1:30 p.m. UCGE, Ee-da-ho Room. --- 3:30 p.m. Letters and Science, Pend Oreille Room.

- 3:30 p.m. Ad Hoc Committee, Ee-

da-ho room. — 4 p.m. The German "Kaffeeklatsch." German conversation, refreshments and a short German film, in Administration Building Room 316. All interested persons invited.

- 4:45 p.m. Valkyries, Pend Oreille Room.

- 6 p.m. Recreational Facilities Board, Ee-da-ho Room.

--- 6:30 p.m. Math 50, Pend Oreille Room.

--- 7 p.m. Believer's Fellowship, Gold Room.

- 7 p.m. Senate, Chief's Room.

- 7:30 p.m. IDS Financial Services,

Ee-da-ho Room. - 7:30 p.m. Slide Show, Borah

Theatre. — 8 p.m. "A Christmas Carol," UI-WSU Palouse Performances presentation. WSU Performing Arts Coliseum. For information, call ASUI Programs, 885-6951.

--- 8:30 p.m. Campus Crusade, Pend Oreille Room. Thursday, Dec. 1 — 8 a.m. Moscow Realty, Ee-da-ho

Room. --- 9 a.m. Campus Crusade, Pend Oreille Room.

— 10:30 a.m. College of Letters and Science Association Dean's Meeting, Chief's Room.

- 11 a.m. Food Service, Appaloosa Room.

- 11:30 a.m. Christian Series, Ee-daho Room.

— 12:15 p.m Brown bag program, Alan Rose, professor of foreign languages and literatures, discusses innovative techniques in teaching languages. Prichard Gallery, downtown Moscow. Free and open to the public.

---"The Fragile Mountain," a documentary about people's impact on the Himalayan Mountains and the attempts of local villagers to save them, Forestry Building Room 10. Free and open to the public.

5

- 2:30 p.m. School of Music, Borah Theatre.

--- 2:30 p.m. Discipleship Group, Eeda-ho Room.

 4 p.m. Talk on "Management of Forest and Shrublands in Portugal," by Stephen Bunting, assistant professor of range resources. Forestry Building Room 203-204. Free and open to the public.
 5:30 p.m. Advertising Club, Ee-da-

ho Room. — 6:30 p.m. Beta, Chief's Room.

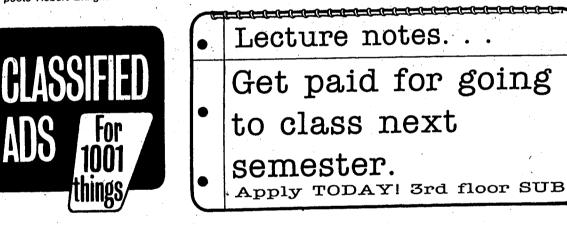
- 6:30 p.m. Outdoor Program, Appaloosa Room.

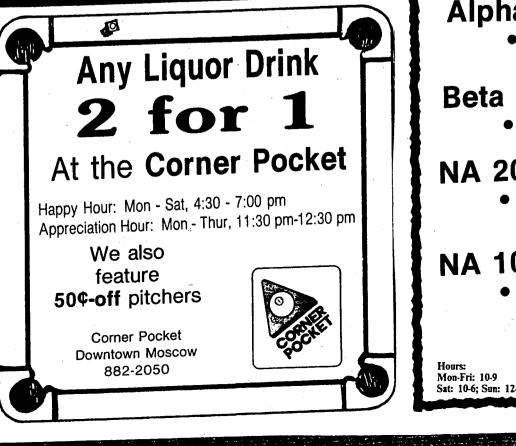
- 6:30 p.m. Air Force ROTC, Borah Theatre.

- 7 p.m. English Conversation Group, Pend Oreille Room.

- 7 p.m. Phi Delta Kappa, Galena's Room.

- 8 p.m. UI Symphony with featured soloist Richard Hahn, flute. Administration Building Auditorium, free and open to the public.



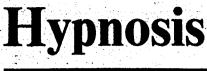


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12 Argonaut—Tuesday, November 29, 1983



In the corporate world, Murray says stress management, a form of hypnosis, is being used more and more.

"The new hypnosis classifies all the techniques like meditation, autogenics, self-hypnosis and relaxation training as hypnotic techniques," he said. "Anything that focuses down your attention and puts you in a relaxed state is some sort of hypnosis."

To become a hypnotist, no

certification as such is needed. But one has to go through a training period offered by one of the two professional societies of hypnosis: The American Society of Clinical Hypnosis or The Society for Experimental and Clinical Hypnosis.

The societies offer a four-day intermediate workshop and a four-day advanced workshop. Murray said that training opportunities are becoming more

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available as people become more interested in hypnotism. He gave as an example a conference this week in Phoenix which had 5,000 people registered six months in advance.

"Hypnotism will become something that most psychologists, counselors and therapists will have in their repertoire as a technique to use with people. And I suspect you'll

hear less and less about it as time goes on simply because it will become a real common thing that people use," Murray predicted.

As an indication of hypnotism's popularity, Murray has no appointment openings left this semester. But there are other counselors qualified to use hypnosis and he encourages anyone needing advice to stop in at the Student Counseling Center. It can be decided there if hypnosis is necessary.

"I think the people who it's most beneficial for are people who really have a hard time changing, who are extremely unhappy with the way that they are." Murray said.

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Read the

Ads

Moscow Theatre to hold tryouts From page 6

The Moscow Community Theatre has chosen three oneact plays with a romantic theme to be performed the weekend before Valentine's Day and is looking for University of Idaho students to act in them.

"Our shows have always drawn from the campus and the community and I hope these will be no exception," said Kenton Bird, president of the group.

Tryouts will be Thursday and Friday from 7-10 p.m. at the Moscow High School Annex. room 56.

The plays and their directors are: The Ugly Duckling, Troy Sprenke; Here We Are, Gary Williams, a UI English professor; and I'm Herbert, Beth Grubb, UI alumni magazine editor. The first play has seven parts, while the other each have two parts.

Copies of the play are on reserve at the Moscow/Latah County Public Library. Perfor-

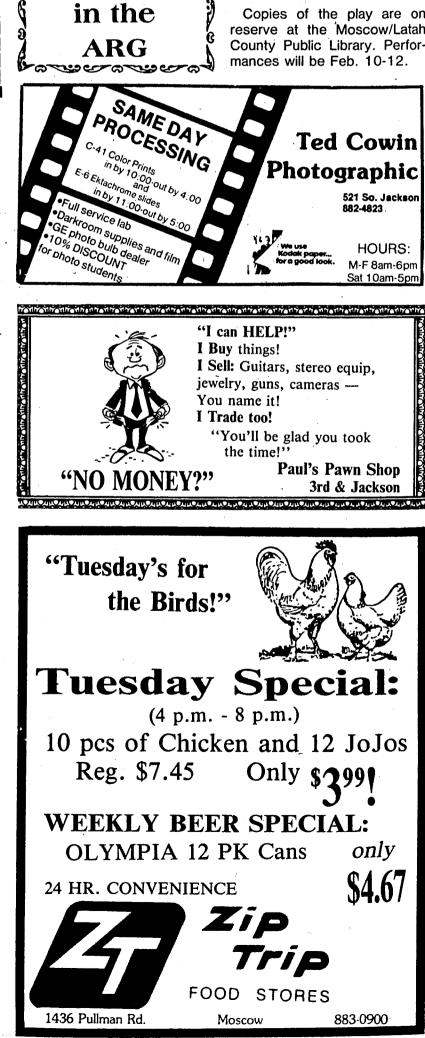


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