Local club has big plans



Robin Jenkinson (left) and Bonnie Williams (right) discuss plans for creating a new **Environmental Club.**

Margaret Donaldson

embers of the environmental club have not decided on a name for their group yet, but they know they want to make an impact in Moscow and they have enough ideas to keep them busy all semes-

The club was started last semester by Robin Jenkinson, but she said it "sort-of petered out."

This semester, Jenkinson is encouraged by the turnout they've had so far

and thinks they finally have some momentum

The group shares a common goal of improving community awareness about the environment and making a difference, but the club's membership is diverse.

Several members are environmental science majors from the University of Idaho, and one is from Washington State University. A few members are local residents who are not university students. Some members admit being environmentally ignorant and hope to

broaden their knowledge. while one member is a selfproclaimed tree hugger.

The group's atmosphere is informal but they have a strong desire to make things happen around Moscow.

The club is working on three goals this semester. They want to improve recycling on the UI campus and in Moscow, educate the public and generate interest about environmental issues, andorganizing the 1997 Earth Fest.

Curb-side recycling is one of the main issues the group wants

to work on. "If I could see one change in Moscow, it would be that," said Fosha Bledsoe.

The club wants to approach the elementary schools about conducting environmental education workshops for the students. They are also considering several activities and attractions for Earth Fest like bands, skits and displays featuring projects on sustainable technology from universities in the Northwest.

Megan Kersher, an environmental seience major at Ul, has been a member of the club since last semester and thinks something like this is needed in Moscow.

"I wanted to do something with this campus because I think it is behind the times," said Kersher. She said most campuses the size of UI have more environmental programs.

Kersher is impressed with the turnout at their meetings. "Its good to see so many people coming together.

Marci Wittman attended her first meeting this week because she is interested in learning about

• SEE CLUBS PAGE A2

Interfraternity **Council passes** alcohol policy

Erin Schultz

T ith a unanimous vote Tuesday night, the University of Idaho Interfraternity Council passed an alcohol policy which will begin putting a cork in alcohol consumption within UI fraternity houses.

The new policy is more stringent than guidelines currently in place, restricting alcohol consumption to closed rooms during social functions.

IFC President Nick Gebhart spoke optimistically. "In general, this is a positive move for us. It lets people know that alcohol is just a minor part of what Greeks are about. A lot of people think Greeks are only about alcohol, but there's so much more

The Panhellenic Council, which represents UI sororities, voted to table the issue and tackle it again in two weeks after delegates have had a chance to discuss the policy more thoroughly within their chapter houses.

Nationally, sororities have been receiving pressure to create dry campuses, which makes voting an issue of larger consid-

Chris Wuthrich, UI Greek adviser, points out that debate surrounding the alcohol policy is not confined to just the UI

Our national and international organizations are stepping up their actions across the board. This discussion is something that is going on at all levels," Wuthrich said.

He added that this move demonstrates the willingness of fraternities to "walk the talk" of being self-regulated organizations. "What's wonderful about this policy is that it relies more on internal accountability.'

The new UI policy makes a finer distinction between time and place of alcohol consumption. It also calls for each fraternity to sponsor one alcohol awareness program a year. The University of Colorado at Boulder has a similar policy in

Senate gives money for campus rape study

Lisa Lannigan Copy Editor

on campus.

30.

the ASUI Senate voted Wednesday to appropriate \$1,000 to the University of Idaho Women's Center for a proposed study on acquaintance rape

Mixed feelings on the bill came from fears the survey would make UI look bad by pointing out how many acquaintance rapes happen on campus.

Alison Noice, who proposed the survey as part of her directed study, said the purpose of the

study would be to gather information in order to properly address the problem. "We need to asses in order to educate in order to prevent," she said.

In a letter written to the Senate, Dean of Students Bruce Pitman said he didn't think a report on the number of acquaintance rapes on campus would hurt the school's image. Rather, he said UI would probably compare quite well to other universities.

Pitman said he supports the proposed survey, and would be willing to help fund it.

Although ASUI President James

Dalton said he supported the bill to give money to the survey, he wanted to clarify some definitions on rape. "Actually, according to state law, acquaintance rape isn't rape at all," he said.

Dalton agreed with the letter from Pitman that the survey wouldn't hurt the university. "I don't think this will lend to any bad image," he said.

Senator Mahmood Sheikh, speaking for the living groups he represents, thought funding the survey would be a bad idea.

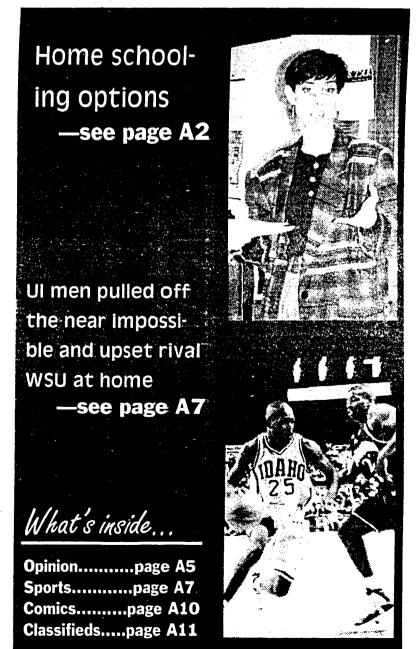
"Some students don't think it's important," he said. Sheikh argued that programs are already in place on campus to educate and help prevent acquaintance

Senator Mandi Johnson disagreed. "I feel they could do a better job," she said. "We need to be pro-active."

The \$1,000 granted by the Senate is only part of the \$3,200 needed for the survey.

In other business, Jane Button from Business and Accounting Services told the Senate about plans to possibly do away with "Dome Day" by moving the purge date up to 10 days before

• SEE SENATE PAGE A3





with isolated showers. Highs in upper 30s

Announcements

Today:

Dance the night away

A formal Valentine's dance will be held tonight in the Gault-Upham Party Room at 9 p.m. Call Julie at 885-8426 for more information.

Another dance

The Inland Northwest Gay People's Alliance is holding a semi-formal Valentine's dance tonight at 9 p.m. at the Moscow Social Club. Tickets are \$5 at the door. Call 885-2691 or 882-8034 for more information.

See Siberia

Dan and Leigh Anne Korn will be sharing their pictures, stories and experiences from their time in Siberia. The presentation will take place as part of the UI Campus Baha'i Club's weekly meeting Friday at 5:30 p.m. in the Student Union Pend Oreille Room.

Get a back rub

Alpha Phi Omega will be holding a back RUB-A-THON to raise money for the American Heart Association from 10:30 a.m. to 4:30 p.m. in the Student Union Vandal Lounge (no set price — bring a donation).

Found:

A set of keys and a Cricket lighter were found near the Student Union Building Wednesday night. Glaim at the police station.

Tomorrow:

Have a tropical Valentine

A Valentine/Hawaiian Luau will be held at 7 p.m. in St. Augustine's Center. Dress for the dance is tropical, and a barbeque dinner will be served.

Taste the world

The International Friendship Association will host the fifth annual Afternoon of Culture, Costume and Cuisine in the Student Union Ballroom tomorrow at 3 p.m. The program will feature dance, music, ceremonies and traditional dress from around the world. Tickets are \$6.50 for general public, \$4.50 for students and are on sale at Ticket Express. For more information, contact IFA at 885-

Help with housing

Palouse Habitat for Humanity invites you to a celebration of "Heart and Home," Saturday from 10 a.m. to 6 p.m. in the Palouse Empire Mall. Regional crafts people and artisans will show you how to re-decorate your home. There will also be hands on demonstrations for kids. HFH is a non-profit organization dedicated to building low-income housing for people on the Palouse.

Upcoming:

Med school, anyone?

Pre-med adviser Dr. Ingermann and a WAMI student will be discussing med school on Wednesday at 5:30 p.m. in Life Science 163.

CLUBS •FROM PAGE A1

issues in the environment and would like to get involved.

"I'm really happy with the club. They seem really active and they're making good use of their time," Wittman said.

Jenkinson said she wants to make sure the club does what people want it to do. They are already working with existing community groups.

We're excited to get active and to actually help improve the community, not just the university," Jenkinson said.

The club will meet again Tuesday night at 6 p.m. at the Moscow Food Cooperative and everybody is welcome. Anyone interested can also send e-mail to: jenk9599@novell.uidaho.edu.

Home educator expels myths, lists benefits

Candice Long

Trom private school teacher to home educator, Susan Steele has come to the conclusion that home schooling is "an ideal way to raise kids and help them along the way."

Steele, a mother of two children in their third year of home schooling, spoke at the University of Idaho Women's Center on Wednesday afternoon and discussed the various benefits of home schooling, Idaho regulations, curriculum development and a typical day at the Steele household.

The presentation was part of the Brown Bag Lunch Program conducted by the Women's Center featuring the different aspects of women's everyday lives.

Steele believes home schooling not only allows her kids to develop strength, build character, be good readers and independent researchers, but believes the time factor of home schooling is a big

"We take advantage of the time we are at home," Steele said. "In our family, home schooling is a way of life.'

Steele's main goal is to build a consistent curriculum for her children and teach them to balance work, study and service. She believes her kids are learning the value of money and savings, the value of education, and the value of service through home schooling and family.

"The triangle is balanced," she said.

.Steele also discussed the socialization aspect that is often portrayed as a drawback of home schooling.

"Our kids socialize with old folks, young folks and kids their own age. By doing this, more socialization takes place with a variety of age groups, just as in everyday life," she said.

Steele and her husband, Barrie, both have degrees in education from Washington State University



children on Wednesday, at the Women's Center.

and feel they cover the basic sub-

In Idaho, the Dual Enrollment Clause allows their son, age 9, to go to a public school for music and physical education. "We feel very fortunate to be able to do this," said

Steele.

Steele's advice to anyone looking at home schooling: "Make sure you are available, have the time, and be realistic. Make sure husband and wife are together and get to know the laws in your state.'

The GEM of the Mountains

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Gran Folklorico MEXICO

Tuesday, February 18 7:30pm Beasley Coliseum, Pullman



Direct from Mexico City -35 musicians and dancers in a kaleidoscope of swirling colors.

Escape the February blues experience the beauty and passion of Mexico's rich cultural heritage.

Tickets at: Beasley, UI Ticket Express and Albertsons Adults: \$16, \$12; Students: \$12, \$8; Children: 8, 6 Sponsored by: Festival Dance Assisted by: U.S. Bank and the Washington State Arts Commission

Live Music! **Great Food!** Raffle!

Sponsored by:

Palouse Unit of the American Fisheries Society

When:

Where:

Saturday, February 15th

6:00 pm

American Legion Hall

3rd St. & Howard, Moscow

How Much: \$4 / person if bring a dish

\$7 / person otherwise

\$2 / person for beer

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IFA culture kits on display in gallery

Robert Hall

he International Friendship Association is sponsoring an exhibit at the Union Gallery in the Student Union Building. "Discover the World with Culture Kits" is on display through tomorrow.

"A culture kit is a collection of materials that represents aspects of culture in a given country...traditional and modern aspects of a culture are represented," said Jo Ann Trail, IFA coordinator.

Culture kits from seven different countries throughout the world contain such items as clothing, maps, postage stamps, coins, art, crafts, videos, slides, posters and music as well as written material intended to familiarized others with that culture.

The kits stay away from politics and focus on the arts and crafts, dress, festivals and religions of the country.

Kits are available from Korea, India, Japan, Malaysia, New Zealand, Turkey and Ecuador. They are called "kits" because they can be borrowed and used for educational purposes.

"As part of the University of Idaho's outreach activities, the culture kit loan program enables people across the state of Idaho to learn about the tremendous cultural diversity of our globe," Trail said.

Culture kits are loaned out on a first-come, first-served basis. There is no charge for borrowing the kits, but a refundable \$25 deposit is required. These kits are available for loan for up to three weeks for out-of-town borrowers who pay round-trip postage, insurance and handling.

"The kits are designed to provide a very hands-on, experiential education to their user groups. Groups are encouraged to test recipes, to listen to music, to play games, and to touch and even try on the clothing included in the kit," said Anjum Sadiq of the IFA.

Culture kits are loaned to school classes, civic groups, students who wish to enhance a project and anyone else who may find them useful.

"Students or other foreign nationals may prepare a kit or contribute to an existing one. Anyone who has a cultural collection from another country may donate it to the University of Idaho," Trail said.

The IFA was developed by the International Programs Office and the Associated Students of the University of Idaho. Through a variety of activities like this, the IFA hopes to create more awareness and interaction among persons of different cultures.

To order a kit, call the IFA office in the Student Union at 885-7841.



Erin Sieme

Culture kits at the Union Gallery.

SENATE .

•FROM PAGE A1

the start of classes.

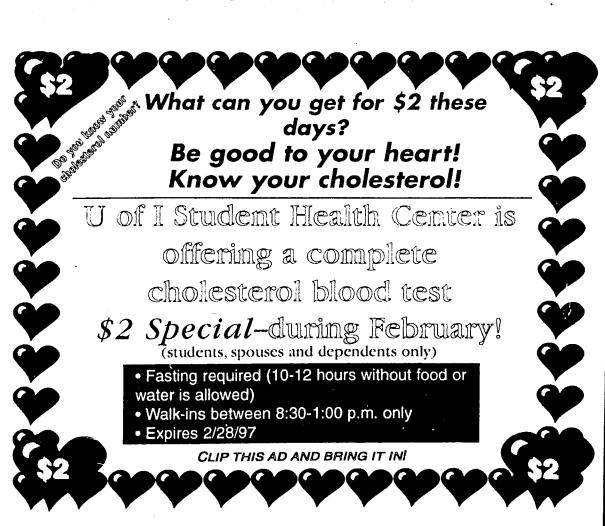
"I think maybe one semester we would inadvertently purge some students," she said.

Button said filling out direct deposit slips for residual checks and returning pre-registration forms should replace the need for Kibbie Dome registration.

"It's expensive, it's inefficient and we offer alternative means," Button said. "This last spring the lines were terrible."

The Senate approved the appointment of Andrew White and Adam Browning to fill two vacant seats. Both were sworn in Wednesday evening.

Other appointments made at Wednesday's meeting were: Clare Anderson, Activities Board; Elizabeth Chapman, Borah Foundation Committee; Katie Hunt, Activities Board; Dick Wilson, Graduate Council; Brain Scott Moloy, University Athletic Committee and Computer Advisory Committee; Debbie Walker, Parking Committee; Shelby Beck, Student Media Board; Will Zornik, Safety Board; Robin Coley, Programs Board; Samuel Goff, Student Issues Board; Jaime Gries, Programs Board; and Nina Roscow, Campus Planning Advisory Committee





Heavy traffic moves commons project forward

Andrea Lucero Asst. News Editor

The statistics are in, bring-ing the University Commons over 1,000 steps closer to existence.

The final results of the Jan. 30 geography project designed to estimate student flow into the University Classroom Center area were being completed this week. The project was done for Capital Planning to help determine the need for and design of the new university center.

"It was a lot of work for the students. Up to six geography students were taken from each class and asked to count the number of students entering the UCC site every day for one week," said Harley Johansen, head of the geography depart-

The geography students covered all five UCC intersections from 7:18 a.m. to 6:36 p.m. They were armed with clickers to quickly count students going to and from the UCC during class changes.

"The students all did a wonderful job. They were out in awful weather and had to leave classes early and arrive in classes late to get everything done. They deserve all of the credit," said David McCarroll, Ul geography student heading the pro-

Mid-mornings were found to be the busiest times. At one point, over 1,000 students moved into the site in 15 min-

"There were times when student numbers were much fewer, but mornings are busy. Breaking isn't surprising,

McCarroll said.

To build the University Commons, Capital Planning is proposing to demolish the Landscape Architecture Building, Satellite SUB, Theater Annex and the School of Communications Building. One large building would be constructed to replace the old build-

"They needed to have numbers to help support their idea. They were checking student flow to help predict how many people would possibly use the new center," said Tina Wilson, UI geography student.

Planning for the counting project began in November. It was carried through by the UI geography department as a favor to the university. No plans for similar projects have been announced.

Now Hiring

taking applications for two reporters for the news section. If interested in covering crime or the ASUI Senate, please pick up an application on the third floor of the Feb. 21, or when filled.



The Argonaut is SUB. Deadline is







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)PIMON

Time + effort + money + studying = F

t seems that amidst all of the debating over correct policy and procedure for repeating courses, as well as the effect on catalog listings and just what constitutes a "fair shot" at getting a passing grade, the Faculty Council has forgotten what college is all

This university is here to educate its students, not provide research grants and employment opportunities for professors, although that seems to be the way it

Student representative Julia Dickson said it best in the Jan. 17 Argonaut: "We are assuming that the stu-dent failed to meet the needs or demands of the course and not considering the possibility that the course or professor failed to meet the needs or demands of the

Still, some will say, there are repeat offenders who are abusing the system.

But are there not repeat offenders in the guise of tenured professors who place outrageous demands on their students?

I think there is a better solution. One so simple that it is understandable that academia cannot grasp it.

Every semester a student has to meet with someone to get their block lifted so they can register. This someone has a file with the student's name on it and lots of information inside. And since, in theory, this student should be talking to the same adviser for the duration of their college career, I have no doubts whatsoever that if advisers and students are spending even 10 minutes each term talking, that adviser will be able to determine whether a student is milking the system or truly struggling to understand a difficult course which may not be properly structured or taught. Let the adviser determine when the student has had enough chances

As for the final grade, certainly both shouldn't appear on a transcript, or what's the point of re-taking the class in the first place? If that D is going to be seen by my future employer, well, I don't think they're going to be all that impressed with the B I got when I retook it. So of course I'll tell them that the instructor was bad or that the course was difficult. Or maybe I'll reconsider and not even waste my time retaking that class. This type of mindless adherence to what the administration deems correct or proper is the exact thing that is inspiring mediocrity in our students and numbness in our instructors.

Let them take the class over, then let them keep the

grade they've earned. Erase the old one, or factor the two together for an average. But if someone has taken the time and effort to sit through an entire semester of material they've already been over, repeat all of the work they've done, write all of the papers again, and re-take all of the tests, don't they deserve a little bit more than an arbitrary decision made by a board of individuals who have forgotten that the purpose of higher education is to educate, to instill wisdom as well as knowledge, and to learn that there is still somewhere in the world where you can get back as somewhere many a very a little more than what you put much or maybe even a little more than what you put

-Corinne Flowers Editor in Chief

Argonaut Letters & Guest Columns Policy

The Argonaut welcomes reader letters and guest columns. Letters must be typed, double spaced, signed and include the phone number and address of each writer. Letters may also be submitted by e-mail to argonaut@uidaho.edu or by fax to (208) 885-2222. The Argonaut reserves the right to refuse or edit letters. Guest columns must go through the same editing and approval process as our staff columns. Ideas expressed in the Opinion section are those of the writers. They do not necessarily reflect those of the Argonaut or the Associated Students of the University of Idaho.

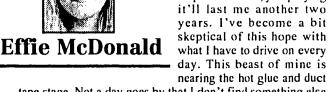
Watch out for that big ol' pothoooole!

ow that all the snow has melted, some of Moscow's finest attributes are reaching right out for all to enjoy. I am particularly fond of our roads.

Highway 8 coming from Pullman into Moscow, where construction has thrashed the road for four months, is quite

possibly my favorite. I love what they've accomplished there. I certainly hope more tax dollars can be spent on another four months of success all over town. It's driving made fun for everyone!

Here I am in this piece of crap car of mine, just praying



tape stage. Not a day goes by that I don't find something else falling apart or breaking. So, I'm driving down that very section of road described

above, on the finest of "grate" jobs, and would you believe I hit a pothole? OK, I know that's hard to believe, but the truth of the matter is, I hit about 30 of them in just that quarter mile stretch.

An annoying, grinding noise from the tires going over the ridged surface started the whole journey off on the right note. It's like somebody got a hold of the machine used to make those grooves on the shoulders of interstates to keep people awake, and literally went to town. You know what? I'm awake! Thanks just the same for looking out for our safety.

Then there's that sun.

Who knew?

The sun has been up for a couple of hours and is shining brightly into my eyes, so it's difficult enough to see the road as it is, much less these enormous pits half the size of my car. I fidget for the right position of my sun visor, then put my sunglasses on. I'm looking pretty cool and all of a sudden this "thud" sounds out. The left front end of my car drops a foot below the surface of the road and the bottom drags and the car almost comes to a complete stop before climbing up the other side of the intrusion I had encountered.

I glance in the mirror, thinking surely somebody must've hit me, but nobody else was around. I continue on, the back end of the car going through the same routine.

Lo and behold, a couple more creaks come alive and an ungodly sound starts up under the hood. I simply scream out some rather potty-mouthed words, turn up the music 20 or so decibels, and head on down the road.

Two seconds later, this unbearable glare appears and the visor isn't able to block it from my eyes. It isn't a direct beam from the sun; it is something in the ditch on the side of the road. Not one or two, but about 10 different streams of light were reflecting. I couldn't imagine what on earth...

I pulled over in the nearest spot down the road, got out of my car, and looked back at what appeared to be the beginning of a used car parts lot. Several hub caps, a bumper, and a few blown tires were laying in the ditch. Of course it could all be purely coincidental, but taking into consideration the black hole that nearly consumed my car 20 feet earlier, I don't think all of these parts just happened to appear in this particular ditch.

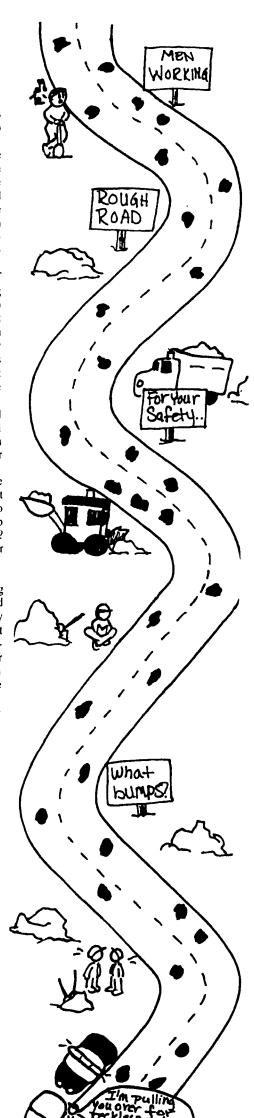
The great thing about this section of the road are the signs that go along with it. Never mind the fact that there are no "bump" signs anywhere to be seen, and the "rough road" sign is at the end of the roughness.

Another of my favorites is the sign with the car making skid marks behind it. I don't understand what that's suppose to mean. It isn't like the cars slide, they just bounce all over hell and lose parts along the way on this road.

Finally, after a slight case of whiplash, 15 more pot holes, and my ears ringing from having my music up full blast, I roll over the last stretch of "reconstructed" road. If my car could make sounds other than parts falling off or breaking, it would make a sigh of relief at this point.

I did notice the crews were back hard at work again, how-

We now have some bright white dashes to signify the lanes in the road. Thank God they took care of that. I've often worried about the lane divisions. Lord only knows, nothing else about the road needs to be fixed. Now when I'm attempting to dodge these 3'x3' craters in the road, I'll just get pulled over for reckless driving. Great minds constantly at work, I'm telling you. What's in store for us next?



DPINION

Readers misunderstood letter, ignore terrorism

friend of mine was kind enough to send me a copy of the Argonaut containing a letter written by D.A. Blanco, Kevin Donovan, Lisa French, Ann Therese Gurnett, Lisa D.L. Hilton and

Guest Columnist



Lee Muliss

McKeever, which replied to a letter I wrote regarding

the film review of MichaelCollins by Justin Cason. Within their letter they accuse me

of a number of things including imperialism. They say that British colonialism of Northern Ireland is "the final vestige of a spent power unwilling to face its own deterioration." It is true that Britain is no longer the world power it once was, but what this has to do with terrorism I don't know; perhaps you could enlighten me?

My letter was written as a protest about terrorist activities be they Republican (IRA) or Unionist (UDF, etc.) and the glorification of them in the film review. It

was certainly not meant to be in support of, nor did I ever mention the British government's actions during the 1840s potato blight which caused the famine.

I'm sure I would agree with those concerned that the inaction of the government at the time was wholly indefensible, although I would disagree with their claim that "the history of Ireland is largely about the suppression of its native people.

Then again I'm sure there would be a number of Native Americans who may well accuse your own governments of the same thing. All the gambling casinos and tax-free money in the world won't crase that from your country's history.

How about the enslavement of the black people, particularly in the South?

Before you start your own "practiced prating" about the Civil War and how it revolved around the North wanting to abolish slavery, try reading up on your history. The South wanted to break away from the North. This amongst other things was what the Civil War was all about, not some humanitarian act by the supposedly stronger collective conscience of the

Let's not get into a debate about whose governments have treated whose natives the worst. In both our nation's histories we have unpleasant episodes that are unfortunate, but no good can come from berating present-day governments for the mistakes

From your surnames I'm assuming at least some of you are of Irish descent and of course that you have firsthand experience of all of this and you know exactly what you are talking about. That all the information you have gathered to write this letter and assassinate my character is not gleaned from information passed down from generation to generation, read in a book or from a Hollywood movie, which obviously includes any poetic license they may have wished to incorporate. That you all have good friends who are both from the Republic of Ireland and Northern Ireland, who are both Catholic and Protestant and who both equally hate the IRA and any other terrorist group who operate within these countries. That all or any one of you have had reason to worry about taking your girlfriend (who incidentally is American and of Irish descent herself) on a trip to the West End theatre district of London, because the IRA were undertaking an extensive bombing campaign of the city at that time. That your own university town has been bombed, destroying a large hotel where the government of the time was holding a political convention and killing a number of people.

Can you imagine not wanting to go to your nearest large city, Spokane, because of the fear of bombings, or how about a little closer to home in your own university town of Moscow? If this is something you feel so strongly about, why don't you go to Ireland for yourself and see how the real Irish feel.

The only reason these terrorist groups act the way they do is because they cannot get their own way through the normal democratic process. Their own people won't support them in any great numbers. They have a political wing, Sinn Fein, but they don't have the backing of more than a tiny percentage of their people so they kill, maim and destroy in an effort to gain something their own people don't want.

But of course you won't go there; you'll stay safely tucked up in your beds thousands of miles away, talk of freedom and berate the people who have to deal with this on a regular basis.

Now I see why the IRA gets a substantial proportion of its money from the United States. Certain individuals within the United States, yourselves obviously included, see themselves as supporting freedom fighters. How ill-informed you are. Do you have no feelings at all for those innocent civilians killed every year by these terrorist groups?

By the way, I particularly liked your final thought, "Ireland will be at rest when all Ireland is free." Very dramatic and not at all childish or naive. Keep up the good

Cynics beware: true love does exist

The music was loud and thumping; the dance floor strobes blinked like traffic lights, when a mutual friend introduced Bill to Katherine.

He was a cerebral, intense and soft-spo-

felt a strange and immediate connection

that was unsettling. They were total

strangers and yet she felt as if she had

known him all her life. She could tell Bill

They stopped dancing and stood in the

middle of chaotic rifts of sound and

movement. Where they stood was quiet

and still. They both knew something was

happening between them. As the scene

woman but very

feminine, inter-

ested in studying

Without speak-

ing, they danced

again and as she

stared deeply

into his dark

brown eyes she

They danced.

dance.



Robert Hall

was feeling it too.

ing that they were meant to be together. A year later, they were married. They are convinced they are soul-mates; that love at first sight does exist. ken student of architecture. She If any of you students out there are sick was a strong, confident

and tired of trying to find your perfect match, hang in there.

around them faded from their care, they

shared with one another a powerful feel-

Brian L. Weiss, MD, a Yale-trained psychiatrist said, "You should not be despondent if you don't have a soul-mate in your life at the present. It will happen. You just have to be ready for it.

Dr. Doris Worshay, a hypnotherapist who teaches classes on how to "Program Yourself How to Meet Your Soul-Mate," speaks of the search for true love as part of learning about yourself more deeply and learning what you want from a rela-

Most people think of a soul-mate or true love as a one-time deal: Romeo is meant only for Juliet; Bill only for Katherine. But soul-mates and true loves don't necessarily arrive as romantic partners, and you might even have more than one in your lifetime. "At certain times," Worshay said, "you can need one kind of soul-mate and then, later, another kind. You might need an athletic and ambitious consciousness. partner at one point in your life and then

later someone more introspective."

The key, according to many therapists, seems to be able to recognize when that special person comes along, and not ignoring that strong intuitive pull towards someone you feel you are meant to be with.

We must attune ourselves to the processes of love. Don't be too concerned with outer differences - appearance, social class, religion, parental or peer pressure. Our intellect can get in the way. Trust your feelings.

To a certain extent, it is up to destiny, but there are things you can do to open your-

self up to the possibility. Get in touch with your intuition and get past your selfTry an affirmation. Repeat things like,

Dr. Doris Worshay's **Five-Step Process to Finding Love:**

1) Know thyself.

2) Open up.

3) Relax.

4) Use your imagination; be creative.

5) Trust yourself.

"I am ready for love," "I love myself and am ready for love," or possibly just something like, "I need love now.' Affirmations are said to be successful in some circles on this planet.

When you experience self-acceptance and happiness, others are drawn to you. This allows you to "shop" for the person meant for you.

So, this Valentine's Day, believe that true love does exist Skepties may raise eyebrows at such claims, but many like Bill and Katherine believe true love is n fantasy.





89.3 MHz





SPORTS

Vandals upset Palouse rival

Nate Peterson

Staff

I f the Idaho-Washington State rematch could be described in biblical terms, Idaho guard Reggie Rose could be described as the shepherd, leading the Vandal sheep through a pasture of hungry Cougars and inspiring a 73-64 come from behind victory in the Kibbie Dome.

"It's a tribute to Reggie," said UI coach Kermit Davis. "None of the people thought that he could come back and he worked his tail off and he dang sure deserves to play."

Rose, a senior, suffered a medial collateral tear in his knee against Lewis-Clark State, supposedly bringing an end to his season and career at Idaho. Few predicted not only his resurrection but the resurrection of the Vandals who had lost their last two games.

"I got cleared around 3:30 today," Rose said. "Yesterday after practice coach took me through a couple drills. It was looking really good."

Unfortunately for WSU, Rose chose the Cougar rematch to be the date of his return. This particular night 5,064 of the Palouse faithful would witness the second coming of Rose, who applied the much needed emotion for a team which had been beaten handily in Pullman earlier in the season.

"For us three seniors it was our last time playing against Washington State," said guard Eddie Turner.

Added junior Kris Baumann, "It was Eddie and Reggie's last time to play Wazzu and they hadn't beaten them."

On Saturday, the Vandals (11-13, 3-8) entertain a talented New Mexico State team. With the nonconference upset, Idaho hopes to ride some momentum into six

straight conference games. If the Vandals can win six, there's a good possibility they'll be able to slide into the Big West Conference Tournament.

Before looking ahead too much Idaho will relish the upset win and the return of Rose.

Against WSU, Rose played only six minutes and failed to score; however, individually he was the Vandal's motivator responsible for Eddie Turner's determination, Jason Jackman's tenacity and Troy Thompson's resilience.

"This guy (Rose) gave us a great emotional lift tonight coming back," Davis said. "These guys beside him really played and that was a big win for the building of this program."

Seniors stick together, which was the case in the second half as Idaho played flawlessly behind Turner and Jackman. Turner threw in 12 second-half points, including the Vandals first seven points.

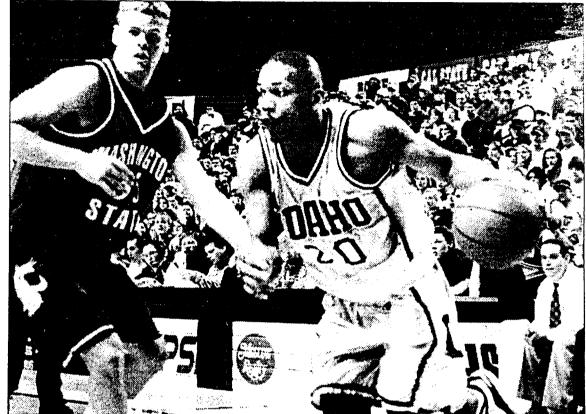
"I got two words for you," Thompson said. "Eddie Turner."

More importantly, Turner played suffocating defense on the Cougar's all-American candidate and PAC-10 Player of the Year candidate Isaac Fontaine. Previously averaging 21.7 points per game, Turner held Fontaine to a paltry 16 points on 5 of 11 shooting.

shooting.
"To limit Fontaine to only 11 shots is big," Davis said. "That's big and that's the reason we won."

Statistically Jackman had the best night, scoring 21 points and grabbing nine rebounds. Jackman also had a great second half, scoring 13 points and hitting six of seven shots from the field.

Most impressive was the 12 consecutive points Jackman scored for the Vandals in a span of six minutes which gave them their first lead of the game and eventually



Bruce Twitchel

Vandal guard Reggie Rose (20) makes a move past a WSU defender.

the commanding hold they would not relinquish.

At 14:40 Jackman's jumper cut the Cougar's lead to 40-38. From their the Vandals relied on a patient offense and Turner's defense on Fontaine.

"We really executed our offense really well and we guarded them on the other end," Davis said.

Jackman benefited from the offense, getting good passes from Baumann, Turner and Elliott. With 12:15 remaining, Jackman tied the game at 42-42. From there the Cougars could only manage a jumper and a free throw, while the Vandals continued as if possessed

by an act of God.

With Jackman battling inside aggressively, Thompson took the opportunity to dominate the boards, which he did with nine offensive and six defensive rebounds. His offensive board work, rewarded him with 10 points.

"I felt the momentum in the second half," Thompson said. "That's when everybody started playing hard and picking up their game another notch. I just went to the boards and I knew something good was going to happen."

After a missed three-pointer by Baumann, Thompson jumped

above two larger defenders for the tip-in. A minute later, Baumann shot another three, this time catching nothing but net. The Vandals at this point led 53-43 and didn't look back.

The game ended in the final minutes as the Vandals composure held up at the free-throw line. Through the best second half of their season, the Vandals pulled off a stellar win over a great team.

"That was a very good team we beat," Davis said. "The way I match it up, I think Washington State would win the Big West or at

• SEE UPSET PAGE A9

Box Score

IDAHO (73

Hempson 3-7 4-4 10, Bythe 4-2 0-0 2. Jackman 9-15 3-4 21, Baumann 3-11 5-6 15, Turner 7-12 4-6 18, Scott 0-1 0-0 0, Elliott 2-3 3-8 9, Rose 0-1 0-2 0, Harris 0-2 0-0 0, Totals 25-54 19-30 73.

WASHINGTON STATE (66)

Daniel 8-10-2-4-18, Fontaine 5-11-5-8-16, Johnson 4-9-0-0-8, de la Fuente 0-1-4-6-4, Jackson 0-2-0-0-0, Pengelly 3-9-1-2-10, Archibald 0-2-0-0-0, Crosby 3-5-0-0-8, Slotemaker 1-4-0-0-2, Totals 24-59-12-20-66.

Halfrime — Idaho 73, Washington State 66, 3-Point goals — Idaho 4-12 (Elliott 2-3, Baumann 2-7, Turner 0-1, Harris 0-1), Washington State 6-19 (Pengelly 3-7, Crosby 2-3, Fontaine 1-6, de la Fuente 0-1, Slotemaker 0-1, Archibald 0-2). Fouled out — Jackson. Rebounds — Idaho 40 (Thompson 15), Washington State 32 (Daniel 10). Assists — Idaho 6 (Jackman, Turner 2), Washington State 10 (Fontaine, Pengelly 3). Total fouls — Idaho 18, Washington State 23.

Technicals - none.







It's time for the Vandal **Indoor Invitational**

Byron Jarnagin

Gear up some enthusiasm for one of the oldest track and field competitions west of Nebraska and the only indoor track competition being put on within the entire West Coast including California (Reno is the excep-

The University of Idaho will be hosting the 22nd annual Vandal Indoor Competition Friday in the Kibbie Dome.

One-hundred athletes from many different colleges, including some post-college athletes have received invitations and will be on hand to strut their stuff.

In addition, invited high schoolers will compete in the

The local field of athletes is made up of 16 Idaho tracksters and 13 Washington State athletes (these numbers include men and women). Other schools from the Northwest region making an appearance at the Vandal Indoor include: Eastern Washington, the University of Victoria, University of British Columbia, Simon Fraser, some Portland area schools, Calgary Track Club, California Track Club, University of Montana, Idaho State and Boise State.

"This meet is mainly sponsored by business people here and has been for the past 22

years," said UI track and field coach Mike Keller. "This is their yearly contribution, financially wise, to keep this meet going and every year we have some great performances including subfour minute miles and many other things."

"It is really an even type of meet because there is good competition in every event and there is really no event that I would say is really weak right now," Keller said.

The major Idaho strengths lie in the 4x400 meters, the long jump and the triple jump. At the top of the list of things to accomplish, Keller is hoping to get his 4x400 relay team NCAA qualified but the competition today in this race is going to leave it up to Idaho's team to carry a qualifying pace. Two of the members of this relay team, Tawanda Chiwira and Felix Kamangiria, have good chances of qualifying in the 400-meter which

• SEE TRACK PAGE A9



Bruce Twitchell Idaho's Jason St. Hill.



Men and women basketball teams at home against Big West foes After the upset victory over Washington State, the Vandal men look to take down New Mexico State on Saturday night in the Kibbie Dome. Game time is at 7:05 p.m.

The Idaho women are also at home, welcoming the Nevada Wolf Pack into Memorial Gym at 2 p.m. on Sunday.

Idaho signs football recruit

The University of Idaho has added another junior college transfer to its list of incoming football players.

Douglas Lumsargis will join the Vandals this fall after two years at Sacramento City College. Lumsargis is a 6-foot-4, 280-pound offensive

He joins 20 high school freshmen, one mid-year transfer and one more junior college transfer in Chris Tormey's second recruiting class.

Washington State Air Hockey team challenges anyone

The Washington State Air Hockey Team is challenging anyone who can come forward and defeat them in a Feb. 18 tournament held at Shaker's Arena in Pullman at 7:30 p.m.

The air hockey team is undefeated and beckons for a challenger to

Pacific Design, Shakers and Z-fun sponsor the WSU team who says, "the University of Idaho is welcome to use their old washed up team or create a new team.

Are the Cougars talking smack?

Anyway, if you have any questions call 322-2113. You must be 21 to enter.

Golf team struggles at Santa Clara

The University of Idaho women's golf team placed 18th out of 21 at the Santa Clara Colby Invitational last weekend in Carmel, Calif., at the Ranch Canada Golf Club.

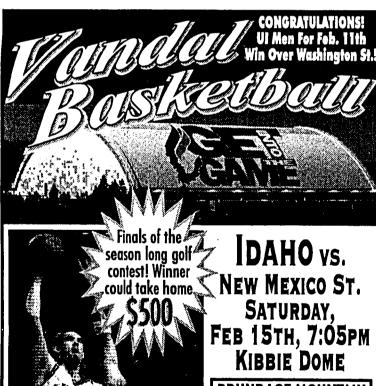
The Vandals shot a 342 first round score and 355 in the second.

Oregon took first place overall with a total two-round score of 606. They shot 299 in the first round and 307 in the second. The Ducks had 20 fewer strokes than second-place Arizona.

Darcy Ritz, a junior from Lewiston, led Idaho with a total score of 169 (83, 86) which placed her 56th out of 108 competitors.

Trìsha Einspahr and Elizabeth Carter tied for 67th place, each shooting a two-round score of 174.

The Vandals' next meet is the University of Idaho Invitational in Lewiston on March 10.



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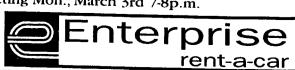
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TRACK •FROM PAGE AB

will be held this morning.

"I would like to see our guys run about 3:08, that's what we are really gunning for," Keller said. "We are not going to get a lot of help in the meet because there is nobody in the meet that is fast enough to stay with us or push us along."

In the triple jump, Chris Kwaramba has a shot at becoming an NCAA qualifier and in the long jump Niels Kruller comes in as Idaho's top athlete. However, these two field events won't be held today but will carry over into the McDonald's Track Meet on Saturday.

Looking at Idaho as a whole the Vandals are in good shape with no injuries and are coming off the win in last week's meet against Washington State.

"Everybody seems to be so well jacked-up and that win helped us with morale as far as going into our indoor championships and moving on to the outdoor championships," Keller said. "Right now we have a realistic chance to be the first Idaho team to win a Big West Conference title which would give us three titles in

The Vandal Indoor track action begins today at 6:30 p.m. in the Kibbie Dome and continues through Saturday with the McDonald's II Open Track Meet. On Saturday, field events begin at 8 a.m. and the running events start at 10 a.m.

UPSET •FROM PAGE A7

least have a very good chance. We beat a quality team.

In the post-game drama, teary eyed players and coaches never stopped being believers in their team.

This is my third year and this is probably my best win I have ever had here," Davis said. "You need a win like this so desperately and I think it really says a lot about the character of our guys. They're a special group and they've hung in with me when I've gotten frustrated and it's a good reason why we are going to set a good foundation." The Vandals will be in action this Saturday against Big West Conference foe New Mexico State in the Kibbie Dome.

In the last meeting between these two schools, the Aggies lit up Idaho in a 71-47 mauling in Las Cruces, N.M.

Idaho coach Kermit Davis has touted the Aggies as the most talented team top to bottom in the Big West and Idaho must work on all cylinders to pull off the home victory.

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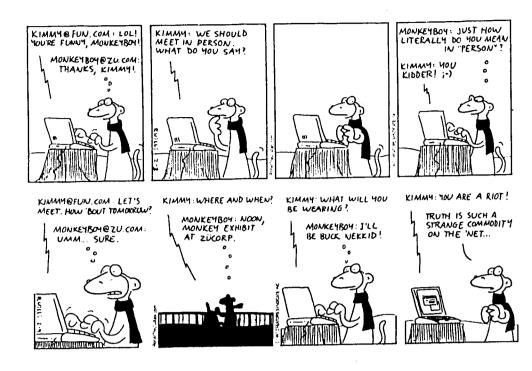
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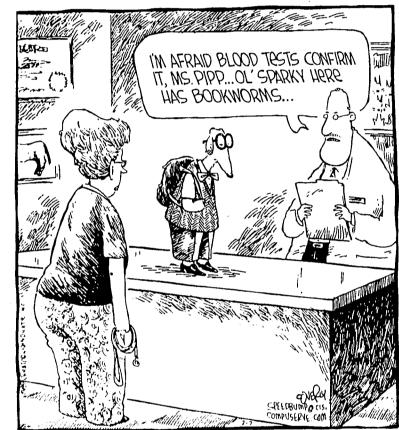






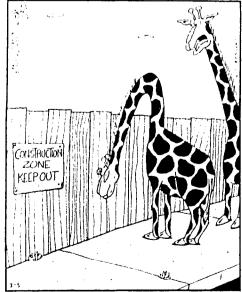




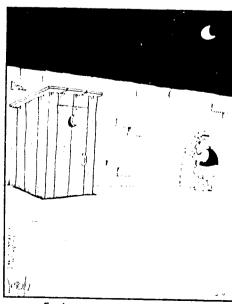


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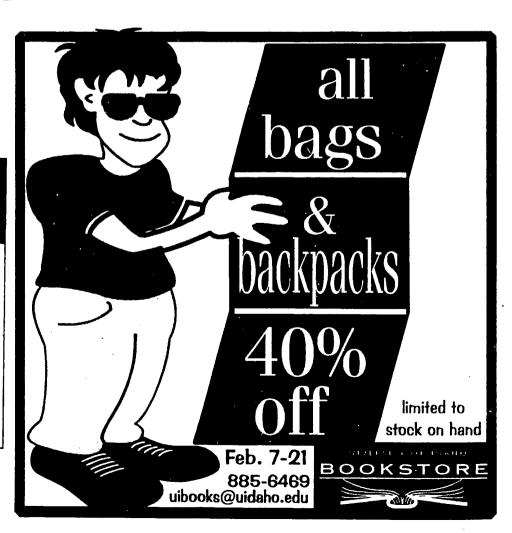
Leigh Rubin



"C'mon, Bobby, you've looked long enough ... it's my turn!"



For hours on end, Hans relied on his tremendous inner strength and personal self-control to hold back the surging flow.



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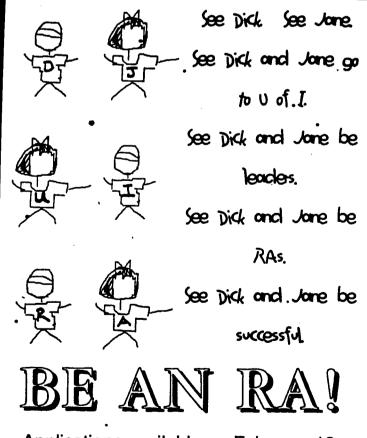
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Applications are due March 7, 1997.
There will be two information sessions, one at 8 p.m. Wednesday, February 19 in the Morin Room of the Wallace Complex, and one at 8 p.m. Thursday, February 20 at Targhee.

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Craven fans Scream for more

James Oliver

Once upon a time, in a small, backwoods community, there lived a serial killer who was quite fond of gutting his victims. He also enjoyed playing games. If you wanted to live, you had to answer the following three movie trivia questions:

 Who was the killer in Halloween?
 Who was the killer in A Nightmare on Elm Street?

3. Who was the killer in the first *Friday the 13th*?

If you can answer all three questions, then you are the type of person who would probably enjoy seeing *Scream*, now playing at the University 4 Theaters.

This film reminds me of a crime that was recently committed in Bellevue, Wash., my former stomping grounds. A teenager and his best friend, both deeply involved in the gothic scene, often participated in a "gaming society," wherein Goths, accountants, cab drivers, and other bored, law-abiding citizens meet to play-act their favorite roles. Vampires, knights, and damsels in distress

Vampires, knights, and damsels in distress are commonplace characters. The two teens apparently were evicted from one such roleplay group for essentially carrying the act too far. Soon after, they were arrested for brutally murdering a local family of four.

The same blurring of myth and reality occurs in Scream. This movie is simultaneously a horror film and a satire of the horror film genre. At times, it is difficult to separate the satire from the story. Homage is paid to the classics of this genre: Halloween, Friday the 13th, A Nightmare on Elm Street, Hellraiser, Silence of the Lambs, and Psycho. Scream doesn't quite fit in with these movies because it lacks the larger-than-life killer: no Hannibal Lector, no Norman Bates, no Jason.

But it does offer more interesting supporting characters than all the other movies combined. Drew Barrymore gives a very forgettable performance as Casey, the sacrificial blonde; fortunately, she couldn't answer question three and meets her fate early. The killer then focuses on Sidney, played by Neve Campbell. Because she is a virgin, Sidney can't actually be killed at that point. This is one of the rules of the horror genre, explained when Randy (Jamie Kennedy), the video store clerk and professed horror film fanatic, gives us a primer on the rules.

The first rule, of course, is that only virgins survive. The second rule is that anyone under the influence of alcohol or illicit drugs will die. The third rule is never ever say, "I'll be right back"

Without satire, the story has more twists and turns than a two pound bag of Rold Gold. Everyone is a suspect, except Dewey, the Sheriff's deputy (David Arquette), who is just too sweet and naive. Sidney's semi-psychotic boyfriend Billy, splendidly played by Skeet Ulrich, saves her from the murderer and is promptly arrested for his efforts. Circumstantial evidence makes him the first viable suspect, and keeps him jailed until he is cleared. Matthew Lillard also gives a good performance as Stu, a high school friend of the two protagonists. His description of gutting an animal provides testosterone wisdom why the killer couldn't possibly be female, which seems to exonerate Sidney's friend Tatum (Rose McGowan).

TV news reporter Gail Weathers, played by Courtney Cox, is armed with a burly cameraman and the favor of a sheriff's deputy (Dewey). She is working on a book about the murder of Sidney's mother, convinced that either the book or the serial killer story will become her personal gold mine.

Somehow, I had difficulty accepting Courtney Cox playing a slimy, hell-bent-forgreenbacks TV reporter; perhaps I've seen too many episodes of "Friends." I also had trouble seeing Henry Winkler as the high school principal. The Fonz would never let a murderer run rampant on his turf, but Winkler, who ironically doesn't receive credit with the movie principals, plays true to the helpless administrator's role. But this is the Fonz, so we all know that he's really not as helpless as he appears.

Meanwhile, nobody is able to contact Sidney's father, who was conveniently out of town on business. Is dad trying to kill his own daughter? After all, the murderer's spooky calls were placed from Dad's cell phone. Billy also has a cell phone, as does Gail Weathers. And why does

Tatum always seem to have an answer for every question that is raised? Maybe she isn't so innocent after all. If Stu know so much about gutting, then maybe he did it. Isn't Randy, the guy giving us the low-down on the rules, just a little bit too intimate with how the game is played? The killer is so fleet of foot that he can knock on the front door and then catch you sprinting out the back. How does he do it? Mars Blackmon (a.k.a. Spike Lee) replies, "Is it the shoes? the shoes? It's gotta be the shoes."

If you pay attention, you'll always be entertained by a Wes Craven film. Craven, perhaps best known for directing the Nightmare on Elm Street series, has a good body of work to his credit. Most notable are Swamp Thing, The People Under the Stairs, Shockers, A Vampire in Brooklyn, and episodes of the 1980s TV remake of "Twilight Zone." I laughed a lot during Scream, much more than at some recent comedies. Craven does a wonderful job laying out the rules which every horror film follows, then proceeds to break almost all of them. He even gives a Hitchcockesque cameo in honor of the genre's first master.

Throughout the twisted satire, Craven sticks to a very vital central theme: Who do you trust? Who amongst your circle of acquaintances can no longer separate myth from reality? How many potential serial killers do you

know? Where can you find fava beans and a nice Chianti?

Sidney never does find anyone she can trust. In your real-life version of this movie, what do you say when the murderer knocks on the door? Yes, there is a rule, so you'd better be prepared. When the phone rings, do you answer?

Ultimately, the movie gets caught in its own noose. In the climactic scenes, the story-line and the satire become inseparable. It's almost as if Craven is saying that it is not possible to draw a line in the sand that separates myth from reality. Craven, who holds a masters degree in writing and philosophy from Johns Hopkins University, is well equipped to pose these questions.

The promotional material for *Scream* includes a challenge to solve the crime, promising that enough clues are available to identify the killer. Hindsight allows me to see that this is probably the case.

In Bellevue, the two teen boys were acquainted with the eldest daughter of the murdered family. They did things that any typical teenager would do, like going bowling and hanging out at fast food restaurants. This young woman was strangled to death in a quiet neighborhood park. The other family members (father, mother and younger daughter) were bludgeoned to death in their-home, presumably because they knew the killer's identity. A detective assigned to the case gave a succinct assessment of the investigation: The simplest answer is usually the truth. Remember this when you go see Scream.

Movie Trivia of the Week

Trainspotting

TRAINSPOTTING stars Ewan McGregor as anti-hero Mark Renton.

Name another 1996 film in which he appears.

Win a free video of TRAINSPOTTING.

A winner will be randomly selected from correct answers.

Videos provided by Miramax Home Video



Please mail answers to:

The Argonaut

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301 Student Union

Moscow, ID 83843

Runnin' down a dream

Justin Cason

In the movie business, there's a thing known as "the sophomore jinx." After a new, up-and-coming director gets his first great work on the big screen, a whole heap of expectations get thrown upon him, and often his future success rides on his second, follow-up vehicle.

Steve James, director of 1994's Hoop Dreams, was facing such a predicament while directing his newest (and second) work, Prefontaine. While some directors have not lived up to the hype of

their initial films (Boyz N the Hood's John Singleton, for instance), James, on the other hand, takes up right where left off with this much-acclaimed second effort about distance running.

Prefontaine, a stellar movie that is part drama, part biography and part documentary, retells the tragic life and determined, sometimes ego-centric running career of Steve Prefontaine in chronological although occasionally jumbled style.

The film traces the 10-year run-

• SEE PREFONTAINE PAGE B4



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Ransom 6:15 & 9:15

Midnight Movie

Friday and Saturday **Trainspotting**

Cuisine

Pullman Riviera bistro serves up Italian treats

James Oliver

Welcome back to the incomplete adventures of Captain Culinary and Sergeant Dietary. We are the Palouse-area restaurant police. This week we visited Basilio's Italian Cafe, the bistro-cum-cafeteria located on the Pullman Riviera. The Main Street address, in the heart of the downtown financial district, offers a commanding view of a nearby bank building and the hastily erected levee (an overt reminder that, even in this bustling metropolis, Mother Nature still rules).

Once inside, the interior decor whisks you through the looking glass into a faux waterfront cafe. It is anointed with an array of typical Italian food props: olive oil, pasta, Chianti and rustic hearth breads. An Italian villa scene is incorporated into the upper dining area, including two very imaginative balcony tables. The Captain and the Sergeant both have extremely high regard for the interior design; it casily disgraces nearly every restaurant we have investigated.

Basilio's style of service reminds the Captain of several trendy cafeterias in and around his Seattle-area hometown. In these establishments, one grabs a tray and beverages, orders an entree and salad, then pays. Upon navigating the rest of the line, the entree and salad are ready to be picked up. If there is any delay, your food is delivered to your table. Basilio's operates similarly. One first orders and pays. You wait for your salad, then proceed with salad and glass to the beverage station. The hot entree is delivered to your table.

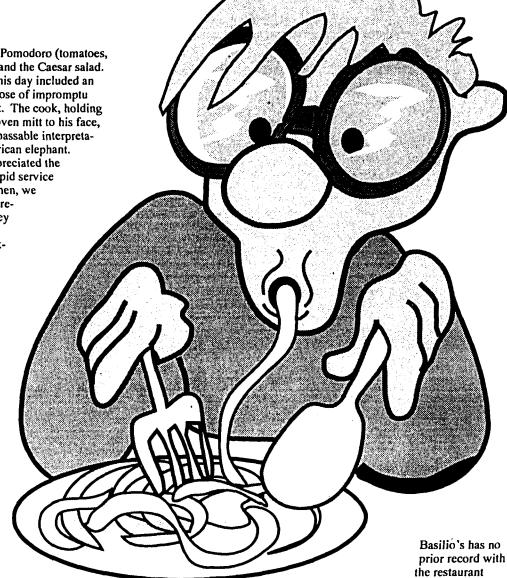
Our first visit occurred on a cold, crisp midweek day at approximately 4 p.m. We bellied up to the counter and, after a heated debate, ordered Basilio's focaccia. The Captain is a big fan of well-executed flatbreads. Since this area is not widely known for its flatbreads, we both shackled ourselves with limited expectations of the house focaccia. Several minutes later, a large plate was delivered to our table.

The menu describes this item as an oven-baked flat bread brushed with extra virgin olive oil and topped with sun-dried tomatoes, feta cheese, Kalamata olives, artichoke hearts and basil. Essentially, it is a medium pizza without the sauce and mozzarella, a format which earned high marks from the Sergeant (much lower in saturated fat and cholesterol than the average 'za). The Captain deemed the toppings a good combination of basic flavors: sweet (sun-dried tomatoes), sour (artichoke hearts, which sported a strong acid flavor), salt (feta and Kalamatas), and bitter (Kalamatas, again). The bread itself was sturdy enough to carry the abundant garnishes, but still very tender.

We were quick to devour the focaccia, due both to late afternoon hunger pangs and our love of flatbreads. After experiencing Basilio's focaccia, the Captain has decided that he'll never again eat pizza in Pullman or Moscow. The flavor and texture of this focaccia is far superior to anything offered by the local pizzerias. The Captain does wish, however, that the cooks were a little more generous with the basil, as none was evident on our focaccia. The Sergeant was somewhat disappointed with the highly acidic artichoke hearts which, in copious quantity, would easily overwhelm the other toppings. The Captain, who normally enjoys bold flavors, agrees with this assessment; the milder, more complex acidity of a nice balsamic vinegar would be a significant improvement..

On our next visit, just prior to a school day lunch hour, we sampled the Capellini Pomodoro (tomatoes, garlic, basil) and the Caesar salad. The service this day included an unexpected dose of impromptu entertainment. The cook, holding a large grey oven mitt to his face, performed a passable interpretation of an African elephant. While we appreciated the humor and rapid service from the kitchen, we would have preferred that they concentrate more on cooking than on pachyderms.

pasta acceptable,



although lacking any flavors that stood up to the tomatoes. Again, the basil was not immediately evident in this rendition of Pomodoro. Both the Captain and the Sergeant love garlic, and wished that our pasta actually had some garlic flavor. Ditto for the Caesar which, although fine, was unremarkable. The slices of baguette, allegedly garlic bread,

closely resembled grease-soaked sponges than an edible bakery product. The salad croutons were also suspiciously heavy with lipids, leading the Sergeant to speculate that they were cut from yesterday's grease sponges. Despite noting the reckless use of fat on a bread product, we issued no citations since

Basilio's was quite popular this lunch hour, both with students and locals alike. We must commend this establishment for its value; one can easily order lunch and escape minus only about five bucks. Due to its popularity, we suspect that our one dining misadventure here was a fluke; we will certainly be back for the focaccia. Happy dining!

police.











Cuisine IFA gives students the world

Amy-Marie Smith
Assistant Entertainment Editor

Tomorrow marks the fifth International Afternoon of Culture, Costume and Cuisine at the University of Idaho. The event has become a tradition that students eagerly await.

The annual event is presented by the International Friendship Association in cooperation with the International Women's Association, the Student's International Association and the Graduate Student's Association.

Doors open at 2:30 p.m. in the Student Union Ballroom for viewing of the different tables; each displaying a different country. Each table will have a host or hostess from that given country to answer questions about their native land.

Since founding the IFA in 1991, Jo Ann Trail has "seen how much fun it is to spend time with people from other countries." Trail, the coordinator of the IFA, also began the tradition of the International Afternoon of Culture, Costume and Cuisine.

For the \$4.50 ticket students and other attendees will not only view costumes and other items of interest from 40 different countries, they will be served an international din-

The dinner will consist of foods from Turkey, India and South America. A dish will also be prepared by the Asian Pacific Islanders Student Association, a group of students from the countries of Japan, Korea, China, Malaysia and the Philippines to name a few. Following the meal, desserts from around the world will be served as

Every year this event changes as it grows in popularity. Anjun Sadiq, an IFA volunteer, said. "I've seen [the event] grow over the years, we're learning from each one." In past years IFA has only served international appetizers, this year they are doing a whole meal.

Another change in the program this year is the number of tickets reserved for students. Until this year their were a specific number of tickets set aside for purchase by students. This year, there is no limit on the number of tickets available to students, they have first priority. There are, however, a limited amount of tickets available in general, so if you are interested in

attending tomorrow's event, you may be too late. If they are not sold out, tickets are available at Ticket Express on the main level of the Student Union.

This, and the other tasks performed by IFA such as friendship individuals and families, conversation partners, culture kits and others are invaluable to our campus community. The International

Afternoon of Culture, Costume, and Cuisine IFA, and other student associations provide "a celebration of diversity. That's especially great in a small community like ours," Sadiq said.

For information about this event, or other programs put on by the IFA office, contact Jo Ann Trail at

PREFONTAINE

•FROM PAGE B2

ning career of Prefontaine (nicknamed "Pre" at an early age), from his high school days in Coos Bay, Ore., to his illustrious college career at the University of Oregon to his eventual 5,000-meter race at the 1972 Olympics in Munich, Germany.

Along the way, we see Pre evolve on the exterior, while on the inside remaining the same stubborn, outspoken athlete that made him so successful both on the track and in the newspaper headlines.

We get a fairly accurate picture of Pre the person, with examples — true or not — such as his refusal to let even a 9-year-old kid beat him during a "kids' day" at the track showing his uncompromising attitude toward winning. Always winning.

You don't necessarily have to possess a love or even an inclination toward distance running, but it certainly adds a touch of realism, as well as sentimentality, to the film. Watching actual black-andwhite footage of some of the legendary pioneers of the sport, such as Frank Shorter, Kip Keino and the awesome Lasse Viren, is a real treat, and gives the unfamiliar film-goer a sense of how great these guys were and what a tremendous following they had.

Refreshingly, the ending of Prefontaine is not the climax, unlike 95 percent of other sports movies. The final half hour addresses Pre's fight for greater rights and independence for America's amateur athletes. Even his final race, in a meet pitting Oregon's finest against Finland's Olympic team, is not suspenseful in the competitive sense. What this concluding, more serious part of the film does do is show us the

lengths that Pre went to for the sport he loved.

While Prefontaine may start off slowly, it's important to wade through this to get to the real excellence beyond. The aforementioned climax — the 5,000meter race in Munich — is one of the most exciting 10 minutes of film I've seen in a sports movie. Real footage from the race is mingled in between "fake" movie footage, and it flows together well.

The movie also devotes a portion of its time to the infamous murder of Israeli Olympic athletes in Munich, which happened the night before Pre was supposed to race. The film's relation of the massacre provides a parallel between the tragedy of the incident and Pre's own misfortune at the Games.

Playing the lead role is Jared Leto, who up until now was best known for his character on TV's shortlived "My So-Called Life." He looks like quite similar to the young man he is portraying, and his running form makes him appear like he's done some athletic training in the past.



As renowned Oregon track coach Bill Bowerman, R. Lee Ermey (Dead Man Walking) brings the same harsh and frank attitude to his character as he did to his drill sergeant role in Stanley Kubrick's Full Metal Jacket. Bowerman went on to co-found Nike, and it's interesting to watch the steady progression of his soon-to-be-famous waffle racing shoe.

The only thing that keeps Prefontaine from being really epic is its preoccupation with trying to be a documentary. Fake "head shot" interviews are incorporated throughout the story, with the actors made up to look 20 years older. This makes the film look at times more like a piece on A&E's "Biography" or on NBC's "Dateline" than a cinematic work, especially in the first half hour of the picture.

As a whole, however, the director has created a marvelous piece of filmmaking, illustrating well the motivation that led to Pre's holding of every American running record from the 2,000 to 10,000 meters. Created on a scant \$9 million budget Prefontaine's low production cost should lend itself well to its probable monetary success.

Rocky made you want to start shadow-boxing. The Natural got you to pick up your old baseball glove. In similar fashion, Prefontaine will motivate even the most sporadic jogger to dig his Nikes out of the closest, lace 'em up and hit the pavement.

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Literature

Been dumped? Mad about it? Read this

Amy-Marie Smith

Just in time for Valentine's Day a collection of products designed to help women who have recently through a break-up empower themselves to get on with their lives.

Survival Tactics to Unbreak Your Heart is a tool-kit of sorts, created for women who may be having difficulties recovering from a relationship that has ended.

The kit contains three essential devices for the aid of self-empowerment to survive a break-up.

Item number one: a voodoo doll. The doll is named "Prince Royal Pain." With the doll comes pins and the like for the purpose of punish-

ing the ex-boyfriend, without causing the actual physical harm directly to him. The "Prince" takes the beating. Enchanted Tails, the company selling the book, even include a number to call to order additional pins for the doll.

Item number two: a "Prince Royal Pain" T-shirt. On the shirt the Prince stands above the caption: "Banished From Kingdom." This is another tool empowering women to feel better about their break-up. Letting everyone know that "he" is no longer a part of this woman's life helps in the healing process using humor.

Item number three: the Guide to Getting Even...Better. The book includes various information help-

ful in the recovery process. "The Lonely Princess Quiz," is included to test what kind of "Princess" the woman is and how she is dealing with the break-up. Included also are tips on getting even, 100 places to meet a new "prince," and phone numbers of women who aren't done "getting even" and where to call for information on how to get the Witches of Salem Network to cast a spell on the "ex-prince."

Survival Tactics to Unbreak Your Heart and the Survival Tactics line of products are created by Deborah Hutchison and Marla McNally. Hutchison and McNally also founded the company Enchanted Tails which produces these products.

"Like most people today, [we]

don't have the patience for going through a 12-step program. With that in mind, we designed the [product] line to take the things you would learn in 12 steps and condensed them into two simple ones—just 'snap out of it' and get on with your life!"

Other products from Enchanted Tails Survival Tactics product line include Survival Tactics to Get Checks from Your Ex. This kit includes BYX/Bill Your Ex invoice slips and record-keeping system which humorously helps people (although they are targeted again to women) collect court-ordered payments like a business would.

Another product now available is TRA — Temporary Resident

Agreement. This is a communication tool or contract for parents and their older children to use when they move back home. The form covers the issues of rent, overnight guests, financial assistance, and how long the child plans to reside there.

"We developed Survival Tactics to empower people to overcome difficult life experiences using their sense of humor," Hutchison said.

All Survival Tactics products are

All Survival Tactics products are available by calling (800) 559-6999. Survival Tactics to Unbreak Your Broken Heart and To Get Checks from Your Ex both retail for \$19.95. The Temporary Residence Agreement sells for \$8.50. Shipping costs are added to all products.

Poety collection tells tale of struggling humanity

Mathew Baldwin

Recently the University of Idaho Press published Idaho-resident James Brock's The Sunshine Mine Disaster, a collection of poems that revolve around Idahoans, mining and the Sunshine Mine disaster itself.

In his preface to The Sunshine Mine Disaster Brock writes, "Perhaps this book is more of an example of life-writing than it is poetry." The majority of the book is made up of fragments, or found artifacts, from real life: articles in magazines, histories and narratives on silver mining in Idaho, to biographies and autobiographies.

Brock acts as a puzzle-maker for the reader, or, perhaps he alerts the reader to past

conditions and histories, and, metaphorically, to the human darkness we inhabit. Each poem brings different facets of the tale Brock is weaving into thinner darkness.

The Sunshine Mine Disaster is a haunting report on the sadness, happiness, memory, forgetting and love of human history.

Brock's poetry resonates with an examination of the human condition (such as mining, mines and work) which transcends from orating a history to a discourse on humanity itself — what it can suffer, endure, see and feel. It is a beautiful collection of poetry colored in with reality.

The poems span from childhood to adulthood, and together the poems do not form a linear narrative, but create a life flowing in and out of itself, a disruption in chronology.

At one point there is youth; yet hidden within the folds of youth and its embodiment of innocence are the lines and grooves of adulthood, experience and innocence's withering and eventual loss.

The Sunshine Mine Disaster's poems together tell a wonderful, at times elusive, story. A majority of Brock's poems would lose their poignancy if they had to stand by themselves without their surrounding siblings to fill in the blanks for the reader. The book includes poems that could hold up as separate entities if they were removed from the text. These are all strong poems.

While reading the poems I found some lines which were examples of Brock's mastery of words and his ability to create beauty laced with humanity. In his poem

"Constellations: Two Apparitions of Lola Roberts" he writes, "Neither in that wilderness — with or without God — did we feel humanly frail." Another line tempting the reader to continue with the book is, "It's easy, in this work, to think of cave paintings when you see wildlife in the dawn's light, before pounding the face with dynamite, mucking out the rock, clearing the new ground."

The Sunshine Mine Disaster, by James Brock, a former visiting assistant professor of English at Idaho State University, can be found at the local bookstores. Brock resides in Boise, Idaho with his parents. The collection is printed by the University of Idaho Press and is a wonderful book and a wonderful read.

The 1997 University of Idaho Graduate Student Association Graduate Student Exhibition Call for Abstracts and Exhibit Descriptions

The GSA is now accepting abstracts or exhibit descriptions for the April 3rd and 4th, 1997 Graduate Student exhibition.

ABSTRACTS ARE DUE NO LATER THAN MARCH 27, 1997 AT 5:00 PM TO:

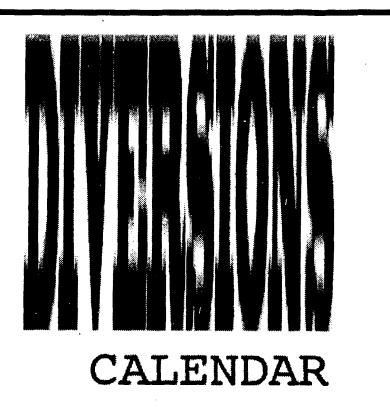
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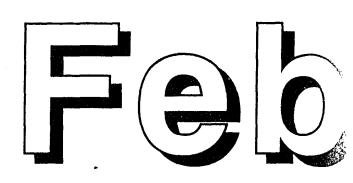
GSA Graduate Exhibition Chair
Department of Food Science and Toxicology
Food Research Center Room 208
Campus Mail 1053

Phone: (208) 885-6456

The abstract (One Page Limit) of the poster is to include: justification for the work, objectives, methods, results and conclusion. Exhibit decriptions for the art, architechture, music and theater arts divisions are to include the method or techniques utilized, a thematic statement or short interpretive summary (One Page Limit). All entries are to be one page, typed and be accompanied bt a completed Graduate Student Exhibition entry Form. Notification of acceptance will be given via e-mail or letter. See the Graduate Student Exhibition Rules for more detailes on exhibition guidelines, requirements and award information. Graduate Student Exhibition Entry Forms and Rules are available from your department's Graduate Student Council representative and at the GSA office.







Friday

- •VALENTINE'S DAY! • UI Indoor Track Meet, 6 p.m., Kibbie Dome.
- Moscow Community Theatre Production: Agatha Christie's "Ten Little Indians," 7:30 p.m.
 • "Oleanna," Collette Theatre, 8
- "The Wedding Banquet," SUB Borah Theatre, 8 p.m.

"Woman Who Turned to Soap," 8 p.m., WSU's Wadleigh Little Theatre.

• UI Jazz Festival Vocal Winners

Concert, 4:45 p.m., Kibbie Dome.

• Ul Jazz Festival All-Star Concert, 8

Kibbie Dome.

p.m., Kibbie Dome.

 Sweet Art Gala, WSU CUB Ballroom, tickets required.

Satu

· Habitat for Hum Heart, Palouse Ma • McDonald's Il Ir a.m., Kibbie Dom • Gundars Rudzitis book. Wilderness a American West, 12 · Fifth annual Inter of Culture, Costum p.m., SUB Ballroo Men's Basketball State, 7:05 p.m., K

- · ASUI ski bus to S Beginning Backet ASUI Outdoor Proj · Snow shoeing day
- Outdoor Program, \$ • Ul Jazz Festival li Winners Concert, 4 Dome.
- · Men's basketball a
- Giants of Jazz Cor Kibbie Dome.

Tuesday

Women's Center Lunch Program, 12:30 p.m. "How I spent my Summer Vacation: Exploring Alaska With a Teenager," Donna Hanson, UI Science Librarian will present. · Gran Folklorico de Mexico, 7:30 p.m., Beasley Performing Arts Goliseum.

"Gala Concert," a special tribute to Lionel Hampton, 8 p.m., University Auditorium.

 Moscow Community Theatre, "Oklahoma" auditions, 7-10 p.m.,

Moscow High School Band

• Faculty Recital, William

WSU Wind Symphony &

Wharton, cello. LHSM Recital

Symphonic Band, 8 p.m. Bryant

Room.

Hall, 8 p.m.

Theatre, free.

. James Reid. guitar, 8 p.m., WSU Kimbrough Concert Hall, free.

Wednesday

• ASUI Outdoor Program pre-trip meeting for Feb. 22 snow shoeing day trip, 5 p.m., \$10.
International World Jazz Concert, 7

p.m. in the Kibbie Dome.

Women's basketball at Long Beach State, 7:30 p.m.

· "Rasputin (Agonia)" 7:30 p.m., WSU Fine Arts Auditorium.

• Eagle Cap Wing Ridge Hut Ski Trip, ASUI Outdoor Program, pre-trip

meeting, 5 p.m., \$50.

• Pettyjohn Lecture: Ken Coates: "The Pacific Northwest in World History: Regional History in Global Perspective," 8 p.m. WSU Kimbrough Hall, free.

· American Girl Afternoon, McConnell Mansion, 110 Adams at the corner of Second St., 3:30-5 p.m.

 Kareem Abdul Jabbar will read from his book Black Profiles in Courage, 7:30 p.m., Cordiner Hall, Whitman College. Direct questions to (500)527-5596.

 Faculty Recital, Carol Padgham Albrecht, oboe. LHSM Recital Hall, 8

Thursday

Bonnie Frederick and Don Bushaw:

"Versions: Tentative Translations of

Backcountry Ski Tour, ASUI Ourdoor

Men's basketball at Utah State, 6:05

• Special Guest Concert, 7 p.m. in the

Recent Verse," 12 p.m., WSU CUB

Pre-trip meeting for Beginning

Program, the trip is \$15, 5 p.m.

Cascade Room, free.

p.m. · Susan Chan, piano. WSU's Kimbrough Hall, free.

• WSU discussion: Vic Moore, "Social Commentary and the Art of Whirligigs." CUB Cascade Room, 12 p.m.

• Women's Basketball at North Texas, 3

Men's Basketball v. Long Beach State, 7:05 p.m., Kibbie Dome.





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Il Indoor Track Meet, 8
Dome.

zitis will be signing his ess and the Changing t, 12 p.m., Bookpeople. nternational Afternoon stume and Cuisine, 3

lroom. tball v. New Mexico

- , Kibbie Dome.
- "Oleanna," Collette
- Theatre, 8 p.m. Blin,
- French guitarist, composer, performer, SUB Kerouac Room, 8 p.m., free

to Silver Mountain, ckcountry Ski Tour, Program, \$15. day trip, ASUI m, \$10. al Instrumental rt, 4:45 p.m., Kibbie

all at Nevada, 7:30

Concert, 8 p.m.,

Sunday

- Habitat for Humanity's Art with
- a Heart, Palouse Mall.

p.m., Collette Theatre.

- Women's basketball v. Nevada,
 2 p.m., Memorial Gym.
- Moscow Community Theatre presents Agatha Christie's "Ten
- Little Indians," 2 p.m.
 Special Benefit, "Some People Smoke, Some People Laugh," 7

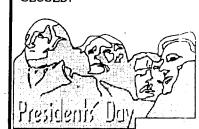
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• Women's basketball v. Boise State, 2 p.m., Memorial Gym. • "The Yellowstone Wolves: The First Year" slideshow and readings by Gary Ferguson, Book People, 6 p.m.



Monday

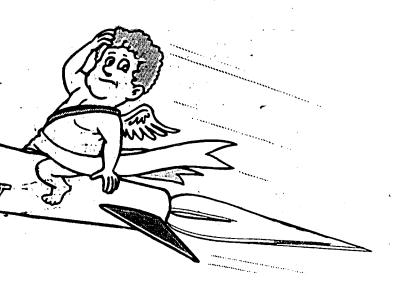
• PRESIDENTS DAY, UI CLOSED!



17

- "Hommage au pied," illustrations by Eve Rockwell and objects from the WSU Costume collection, CUB Gallery, free.
- Moscow Community Theatre, "Oklahoma" auditions, 7-10 p.m., Moscow High School Band
- "The Yellowstone Wolves: The First Year" slideshow and readings by Gary Ferguson, WSU bookstore 11:30 a.m. to 1:30

p.m., and at the Whitman county Library at 7 p.m.



Announcements

ASUI Productions Presents a coffeehouse

• Elisabeth Blin, French composer and musician will be performing tomorrow at the Student Union Building's Kerouac Room. Blin will be performing songs from her first compilation entitled; Lifetime One. The concert will begin at 8 p.m. and is free to the public.

Moscow Community Theatre Auditions

• There will be open auditions for the Moscow Community Theatre's production of "Oklahoma" Feb. 24 and 25, The auditions are for actors, singers, and dancers. Jamie Young, director, will be holding auditions these days at the Moscow High School Band Room from 7-10 p.m. For more information, including what auditioners should come prepared with; call 885-5720.

ASUI Outdoor Program

- Beginning Backcountry ski tour day trip will be held Feb. 22. There will be a pre-trip meeting Feb. 20, 5 p.m. The cost is \$15.
- Eagle Cap Wing Ridge Hut ski trip will be Feb. 28-March 2. There will be a pretrip meeting Feb. 26, 5 p.m. The cost is
- Snowshoeing day trip will be Feb. 22.
 There will be a pre-trip meeting Feb. 19, at 5 p.m. The cost is \$10 and showshoes are available at Outdoor Program Rental
- A Logan Group Wilderness Skills
 Clinic will be offered Feb. 25 and will be
 at Backcountry Cookery. Inquiries
 should go to Quidoor Program Office.
 The cost is \$5.

UI Art Exhibit

• Ul's Prichard Art Gallery will feature the, "Magic Mud Northwest Invitational," a traveling exhibition of ceramics from artists in Idaho, Montana, Oregon and Washington. The exhibit is open now through Feb. 26. • Tomorrow is the last day for the exhib-

Tomorrow is the last day for the exhibit: "Discover the World with Culture Kits" will be on display in the Student Union Art Gallery.

WSU Visual, Performing and Literary Arts Events

The play Georg Büchner "Woyzeck" will be performed through Feb. 15, 8
p.m., at the Jones Theater.
Fay Jones' "Self Portrait: Braque Boxing," is among this artist's works on display at WSU's Museum of Art now on display through Feb. 23.

Moscow Community Theater Performance

• The Moscow Community Theater will be performing Agatha Christie's "Ten Little Indians," Feb. 13-16. Thursday through Saturday the show will begin at 7:30 p.m. and Sunday's show is at 2 p.m. Tickets are \$6 for adults, \$3 for seniors and children and are available at the Chamber of Commerce, or at the door. For more information call 882-5647.

Lionel Hampton Jazz Festival

 This year marks the 30th anniversary of the Lionel Hampton Jazz Festival. Events start on Tuesday with the Gala Concert at 8 p.m.. Wednesday at 6:30 p.m. Andy LaVerne will be featured on piano, and at 7 p.m. the Pepsi International World Jazz Concert will begin. Thursday at 6:30 p.m. Crosscurrent will perform, and at 7 p.m. The Northwest Airlines Special Guest Concert will begin. On next Friday the Vocal Winners Concert will begin at 4:45 p.m., and the All-Star Concert will start at 8 p.m. The last day of the event will be Feb. 22. The Washington Water Power Instrumental Winners Concert will start at 4:45 p.m., the Hampton Trombone Factory will perform at 7:30 p.m., and the GTE Giants of Jazz Concert will begin at 8 p.m. All concerts are at the Kibbie Dome.

WSU Art Exhibits

- Now until Feb. 23 Fay Jones' art will be featured at the WSU Museum of fine Arts, free admission.
- Now through Feb. 21, Exhibit:
 "Cowboy Architecture" Radical interpretations of the Western Genre by the fourth year Design Studio of the WSU School of Architecture, at the WSU CUB Callery, free admission.
- Feb. 11-March 7, Constructions by Claire Wold Krantz, WSU Fine Arts Gallery II, free admission.
- "Cowboy Architecture: Radical Interpretations of the Western Genre," is on display now until Feb. 21 in the Compton Union Gallery. Hours of the gallery are 10 a.m. to 3 p.m. Monday through Friday.

International Afternoon of culture, Costume and Cuisine

• The fifth annual International Afternoon of Culture, Costume and Cuisine presented by the International Friendship Association at. The event will be in the Student Union Ballroom on Saturday at 3 p.m. Co-chairs of the event are Ron Everett of the UI Sociology department and David Hisel, a senior in computer science. The event will feature music, dance; ceremonies and traditional dress from around the world. Tickets go on sale Feb. 3 at Ticket Express, \$4.50 for students and \$6.50 for the general public. For more information call the IFA office at 885-7841.

1997 Moscow Renaissance Fair

- Applications are now available for artists and craftspeople wanting to have a booth in this year's Renaissance Fair. You can get your application by writing to: Moscow Renaissance Fair, P.O. Box 8848, Moscow ID, 83843, or call the Craft Booth Coordinator Rose Parks at (208)835-8810. Applications are due by March 13.
- The deadline for submitting information into this section is Monday by noon.

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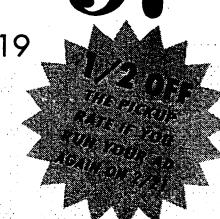
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Fine Arts

Oleanna: Deep meaning in a deeper topic

Justin Cason

With the proliferation of today's films, sitcoms and made-for-TV movies about political correctness and sexual harassment, it's only fitting that someone write a theatrical production on the subject, as well.

"Oleanna," a play being shown by the Collette Theatre both tonight and tomorrow evening, is such a production, and is directed by University of Idaho graduate student Joe

Jacoby. This will Jacoby's first full-length show at UI.

While the vast majority of these cinematic (P.C.U., Disclosure) and television features have been mired in mediocrity, "Oleanna" is likely

to be one of the UI Theatre Department's big hits this semester. Both shows will take place at 8 p.m. and cost \$5.

The play itself revolves around three different encounters between a struggling female student and her up-and-coming male professor. The student drops by his office to get some individual help, and, in the words of Jacoby, "let's just say 'problems arise'.'

Understanding the underlying situations in "Oleanna" and the roles the characters play, though, appears to be where the real significance

"This play has sparked a lot of debate among the sexes," Jacoby stated. "People end up arguing about who was right, who was wrong and who was justified. You just have to look at what was really going on."

Jacoby also emphasized that audience members should come to some kind of conclusion about the play, as long as it's their own.

"I'm hoping that people will listen and that we do a good job of presenting a multitude of perspectives," he said.

The 37-year-old California native has spent the past half-decade getting his bachelor's degree at Boise State University. While there, he tested his directorial skill several times with productions at BSU and community theatre.

It was Jacoby's work with local youths, however, which made perhaps the largest impact on him. Last year, he taught and directed an intensive study program for the

> Idaho Theatre for Youth. "Working with kids is really marvelous," Jacoby said.

"Theatre is

imaginative, and these kids would just take the ball and run with it. It [was] a real opportunity for cre-

"Oleanna"'s script was originally written by Pulitzer Prize-winning author David Mamet in 1992. It was more personal reasons than writer accolades, however, which drew Jacoby to the play.

"I really love everything about the theatre industry," he said. "Directing a program demands elements from all parts of the theatre. It's very exciting."

The UI Theatre Arts Department is also featuring several other productions slated to be run in the near future. "Machinal," a play about the first woman ever executed, will run from March 4 through 9 at the Hartung Theatre. "Independence" will run from March 28 through April 5 at the Collette, while "School for Scandal" is scheduled for late April at the Hartung.

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To Place Your Ad in the February 14th Religious **Directory of the Argonaut,** please call 885-6371 by Tuesday at 5pm.

Northern Idaho Ski Touring

Eric Barker Guest Writer

It is cloudy in Moscow, the temperature is in the 40s and the last vestiges of muddy snow banks are melting into the gutter. Gliding through snow-hushed woods on a pair of Nordic skis is probably the furthest thought from your mind; however, Mike Beiser, University of Idaho's Outdoor Program director, says you are making a mis-

"Unless there is snow in town people do not think of going cross-country skiing," he said. "All you have to do is go 10 miles out of town. There is always snow to the north and east of Moscow.'

Northern Idaho has a multitude of ski touring opportunities, most of which are accessible from Moscow, either day trips or weekend excursions. "Lack of snow, lack of transportation and lack of equipment are the three biggest limitations to people and we've got them all," said Beiser.

Students can rent skis, boots and poles from the Outdoor Program Rental Center at very reasonable rates. Cross-country packages rent for \$4 a day with a two-day minimum on weekends. The rental center has both waxless and waxable skis.

If you have never been ski touring or you lack the necessary transportation, the Outdoor Program has you covered. They offer clinics for beginners as well as trips to wherever the conditions exist for good skiing. With just a small amount of instruction and practice it is possible to quickly advance from an awkward ski/walking motion to a graceful and efficient kick and glide technique used by more advanced skiers.

"If you can walk, you can ski but there are techniques. If you learn the techniques it's a life-long sport" said Beiser.

A day trip is scheduled for Saturday, then the Eagle Cap Wing Ridge

Ski Trip

from Feb. 28 through March 2. Sign-up sheets are in The Outdoor Program Office, or call Beiser at 885-6810.

Although you can ski virtually anywhere you find a few inches of snow, there are several designated cross-country ski areas just a few hours from town. Fish Creek Meadows near Grangeville and Mount Spokane, north of Spokane, have the most consistently set tracks, Beiser said. These areas are highly groomed and offer a variety of trails for beginners and experts alike.

Closer to Moscow, the Palouse Divide has plenty of snow and good skiing terrain. The Divide is about 40 miles northeast of Moscow on Highway 6. Here the Idaho Parks Department operates on of its many park n' ski areas. Skiing is free but the Parks Department asks that skiers purchase parking permits. Seasonal permits sell for \$15. Temporary one- to three-day permits cost \$7.50. Either may be purchased locally at Hyper Spud or Northwest Mountain Sports. Proceeds from the permits allow the state to groom and maintain the trails. Grooming on these trails can be

not need groomed trails to enjoy a day on skinny skis. I've had some of my best skiing experiences breaking trail. Old mining and logging roads, as well as unplowed Forest Service roads make great ski trails. Moscow Mountain is littered with such roads and is only 10 minutes from town.

One popular area is the abandoned Tamarack ski area located on the east side of the mountain. Many other underdeveloped areas exist where you can follow the tracks of another skier or make your own. The Outdoor Program has packets containing detailed

Entering the woods during its winter slumber is a unique experience. The thick blanket of snow offers a new perspective to the landscape. Getting out of Moscow and away from other humans is doubly refreshing. To make your trip more enjoyable be sure to pack a lunch and bring plenty of water. Although it is cold out, you will work up a sweat. As with any winter time activity, layer clothing so it can be easily removed as the temperature rises. If you do blaze your own trail make sure you know where you are going or have a good map. Getting lost in the winter time can be a deadly mistake.

tid.org/outdoor/xskiindex.html>.

Cross-country skiing has long been valued for the full-body workout it provides. It has spawned the popularity of several fitness machines that imitate the gliding motion of the sport. However, nothing compares to the real thing. It is easier than the machines, much more fun and the view is likely to be much better than you will find in the gym or your living room.

Outdoor recreational opportunities are some of the best perks that come with attending Ul. Moscow may not be on par with Vail or Aspen, but it ain't Nebraska either. My advice to you: Take a break from studying

and partying and get out and enjoy the mountains. After all. you are in Idaho.



Check out the *Outdoors* web site!

http://www.uidaho.edu/argonaut/outdoors/



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THE GEM OF THE MOUNTAINS

Kickin' sack

Shawn Rider
Asst. Outdoors Editor

When I moved to Moscow for the fall semester of 1994, I was introduced to something I hadn't seen in years: footbag.

I remember playing California Games on an Apple IIE in junior high school. That was the extent of my footbag experience. But here in Moscow, it seems what I had previously thought of as the "Hacky Sack fad" has become so much more.

Around campus you're just as likely to see groups of people kicking helpless little sacks around as hordes of smokers shivering in front of the library, and probably twice as likely to see the aforementioned footbaggers as anybody studying outside. Matt Hillebrand and Ian dickinson are founding members of the University of Idaho Footbag Club, and proud promoters of the sport.

Footbag, as a sport, began in the late '70s. Much like skate-boarding, it attained fad status in the early '80s with the introduction of Mattel's Hacky Sack. Many people still call the sport by this brand name.

The Hacky Sack was made of a couple pieces of leather stuffed with beads. Since their original introduction, footbags have undergone vast technological developments. There are bags that are constructed from over 30 panels of material and filled with everything from silicon beads to pebbles to foam pellets. There are also glowing bags and light up

bags for night play.

The various patterns and materials used make the bags bouncier, less bouncy, more firm, more soft, heavier or lighter. The theory is that there are many different playing situations and tastes, so footbags are made to accomodate all styles and skill levels.

be alone for long.

Hillebrand prefers the "Twisted" model of footbag, available from the World Footbag Association. Although it is only made of four panels, the unique design makes it "more flexible" than other bags, but extremely fragile.

Adidas makes a shoe that is a favorite among freestyle footbaggers. The "Rod Lavers" are named for a professional tennis player, but lend themselves well to footbag. They are ideal for stalling bags on different parts of the foot and give the player better control over the bag than most shoes. Adidas had cancelled the line, but brought it back due to popular demand in the footbag world. Hardcore enthusiasts also modify their "Lavers" to fit their individual need, and detailed instructions are available for those wishing to maximize the effectiveness of their shoes.

Many people also like to play in their Teva sport sandals. The open toe on the sandal allows greater control of the bag and lets the player feel exactly where the bag is. The side strap also makes a handy little cup for stalls.

So why all the hype? Footbag, as a sport, has been growing astronomically as of late. One reason is surely the popularity

of the "Sipa Sipa." This is another brand of footbag found in all kinds of stores ranging from sports shops to toy stores. These brightly colored oven bags are relatively inexpensive.

Another reason for footbag's recent surge in popularity is that it is so easy to learn and play. Footbag can be played in all kinds of areas ranging from large grassy fields to hallways to basements. The rules, when playing in a group, are incredibly simple: Don't let the bag hit the ground.

Hillebrand and Dickinson agree that footbag is a good sport for making friends. As Hillebrand explains it, "You can start doing it alone and people will walk-up and play with you." Especially when playing with friends, the sport is relatively

non-competitive and focuses more on having a good time.

Of course, this all changes in an organized competition.

The World F o o t b a g A s s o c i a t i o n counts 40 thousand active members and registers between 600 and 800 new members every month. There is an official international league, and con-

tests are held regularly. Footbag World comes out every six months, and has a large international distribution.

There are several games you can play with footbags. Freestyle footbag is a one player game (or can be played as a team working in a routine) that focuses on

doing tricks such as delays, clippers, flappers, dragon fly kicks, squeezes, around the worlds, neck stalls and back stalls.

Footbag net is a combination of volleyball, tennis and footbag based on an Asian game called Buka Ball. It

is by far the most competitive footbag sport. A net is erected 5 feet tall and the court is 20 feet by 44 feet and divided into quadrants. Serves are diagonal, as in volleyball, and scoring is the same as volleyball (i.e. you can only score on your serve). For singles, there may be two kicks on a side before the bag goes over the net, and in doubles play there can be three. The bag may not touch the body above the knee, and you must win by two points.

Footbag golf is a lot like the Frisbee golf we're all so fond of. A course is determined with various targets representing "holes" and strokes are given according to how many times you let the bag hit the ground.

War is a popular game around here. You play with several people in a circle. When the bag comes around, you kick it three times and then try to hit another player above the waist with it. If he's hit, then he's out.

Although footbag is mostly popular in North America (mainly the United States and Canada), similar sports have been played for centuries in Asian countries. You don't have to be rich to play footbag. You don't have to be smart. You don't have to speak a particular language or be able to keep track of com-



Photos by Sarah Wichlacz

There is an official Matt Hillebrand does a heel stall.

plicated scoring methods. There's no specific area you need to measure or mark.

You can decide to do it, and then go right out your door and "kick a little sack."

If you'd like to learn more about footbag, check out: http://worldFootbag.com/



Matt Hillebrand and Ian Dickinson demonstrate a little kungfu action.

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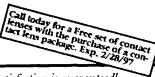


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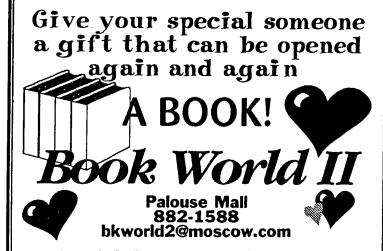
Footbag is popular all over campus. On a sunny day, you won't

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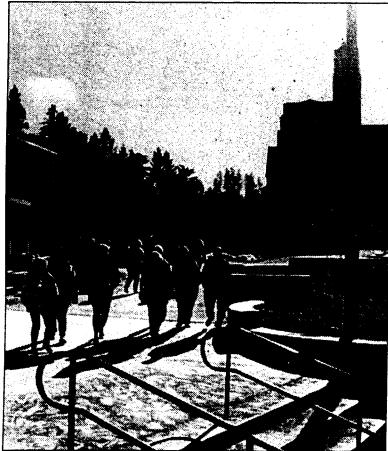
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A rare sunny day on campus.



Sarah Wichlacz

Enjoying the rays between classes.

Last week's spectacular Outdoor cover page was taken by Bruce Twitchell— My sincerest apologies for the oversight.

> —Shawn Vidmar **Outdoors Editor**

Weather sed and withpuble concenare slumping. source of your you.

Are you feeling a little depressed and withdrawn? Maybe you're having trouble concentrating in class and your grades are slumping. You may not realize it but the source of your problems could be directly above you.

Light deprivation is the main reason why people become depressed during the winter. Experts say the long nights and gloomy days can cause the depression and listlessness associated with the "winter blues."

"No one is happy when the weather is crappy," said Brian Claus, a junior landscape architecture major, "people walk around with their heads down, huddling in their coats.'

Dr. Norman E. Rosenthal, a psychiatrist with the National Institute of Mental Health, said that the short days and reduced sunlight of winter can change the brain chemistry among many people. The changes set off cycles of depression now formally recognized in medical literature as Seasonal Affective Disorder.

"Winter after winter people experience lethargy and fatigue, sadness and despair,' Rosenthal said in his book Winter Blues.

Sunlight can affect many aspects of your life that you may not have even been aware of. Lack of adequate sunlight can cause insomnia, weight gain, infertility and illness.

'In the winter you have to plan everything you do around the weather. You have to get up early to get to class, you have to warm up your car before you go anywhere, and you can't do anything spontaneous like take your girlfriend to the park or play Frisbee on the lawn,' Claus complained.

With so many things to do in spring and summer when the days get longer and warmer, who wouldn't like warm weather better? Who wouldn't be happier on

I love the rain, I always have, it always cheers me up," said Erin MacDonald, a freshman in general studies. "I grew up in Seattle so I'm used to the rain. I hate the

Many students complain that the winter in Moscow is too long and too cold. The whipping wind, constant clouds and piles of snow can start to bring some people's spirits down,

but some students are used to the weather.

"I'm from Alaska and the people around here haven't even begun to see cold weather. The weather here is pretty mild," said Kelli Scamahorn.

People who have grown up in areas where the weather is more often bad than good seem to be less effected by the weather. Some of these students say

they associate bad weather with good things. "Cuddling by the fire

with a blanket, a cup of hot chocolate and a good book are the things I think of when I think of a snowy winter day," said Donna Sturtervant of Boise. "I also love to ski so I don't mind the snow at all.'

Not everyone is effected by the weather but for those who are, how do they keep from getting depressed? The answer is easier than you may think. Expose yourself to more light. Sunlight can be substituted with artificial florescent light for those with mild cases of winter depression. For people with more serious cases special lights can be purchased through a physician. A healthy diet and plenty of exercise can also boost the

So if the weather has you down make sure you are getting your average daily allowance of light because your spirits won't get out of the dumps without it.

Look for more information on SAD in the Wednesday, Feb. 19 edition of the Argonaut.





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