

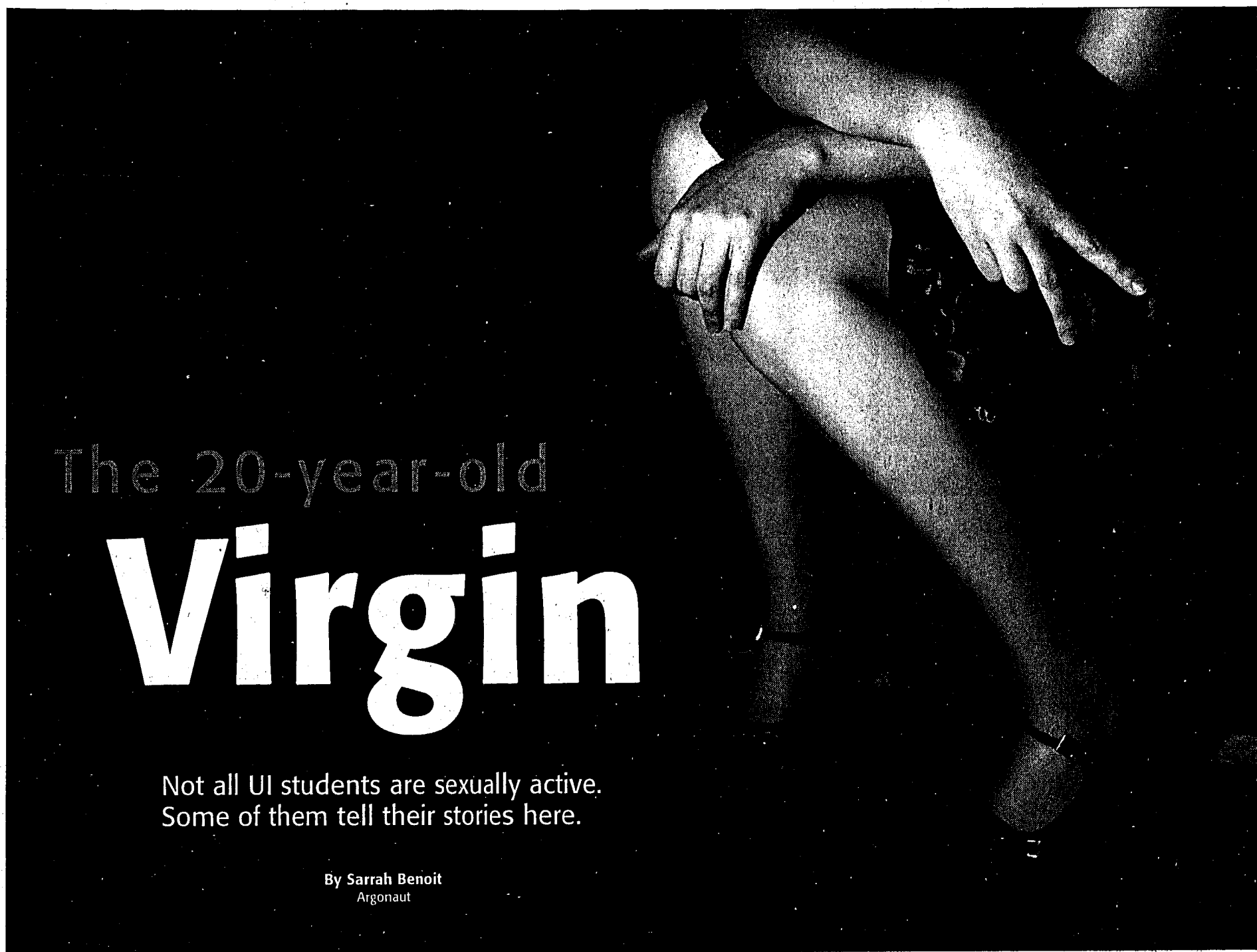
THE ARGONAUT

Tuesday, February 14, 2006

The Vandal Voice Since 1898

Volume 107, No. 39

"I don't think I've found the right person to (have sex) with yet. It's a huge trust issue for me."



The 20-year-old Virgin

Not all UI students are sexually active. Some of them tell their stories here.

By Sarah Benoit
Argonaut

Photo illustration by Daniel Bickley

Michelle was face to face with a three-foot, double-ended plastic version of the male genitalia, and the party coordinator told her to position herself so the sex toy could be passed between her knees.

"It was only girls, but at the same time, my friend and I were the only ones who didn't know what was going on," Michelle said. "The older women at the party would tell their stories, and yeah, it was awkward. They didn't know and probably still don't."

The "Pass-the-Penis" game was underway and Michelle's face turned a distinct shade of red. She said she smiled and laughed along with the other women, but she felt out of place.

Michelle is a 20-year-old University of Idaho sophomore who has asked to remain anonymous for this story. Her friends say she is attractive by most standards, with blond hair and blue eyes. She is outgoing and athletic, confident and sociable. But she is also a convincing liar with a big secret.

What most people do not know is that Michelle is a virgin.

Making a choice

It might sound out of place on a college campus, where stereotypes lead some to believe everyone is well-versed in the bedroom, but Michelle is not alone. She is one of many on campus who choose to be absti-

nent. Some make the choice because of religious beliefs, whereas others — like Michelle — are just waiting for the right person to come along.

"At that Essence of Romance party, I was trying hard to pretend and go with it," she said. "But this one lady with a huge-ass hairy mole was telling her story about her husband and a hot tub, and I about had it. It was just really awkward."

Michelle had her first boyfriend at age 16. He was polite and charming, she said, but the relationship did not develop into a sexual one.

"Jess was really religious," she said. "The couple months we dated, we didn't even kiss. But a couple years after that came Matt."

Her second boyfriend was the polar opposite of Jess. Matt was always touching her, a very hands-on type of guy.

"I'm pretty sure he wanted to have sex with me, but I turned into Jess kind of, like, I became the person who didn't want to do anything," she said. "It was more of his actions and the way he acted around me that creeped me out. Any time he was

around me, I'd sit farther away."

Michelle said she never wanted to have sex with Matt. The temptation was there, but it was never the right time. The vibe was just not there between them.

"I don't know why he creeped me out," she said. "I need my space, so when people invade my bubble and get too close, I get creeped out."

She and Matt "messed around," but she would always stop before it progressed too far. She said Matt would get frustrated when she said "no," and she said "no" a lot. After Michelle moved to college, the relationship ended.

"I don't think I've found the right person to (have sex) with yet," she said. "It's a huge trust issue for me. I mean, I don't think I'll be like the 40-year old virgin, because yeah, that would be kind of awkward too."

Kimberly Berdeguez, 19, has had similar experiences with a boyfriend.

"My last boyfriend really pushed (sex). He was always asking for it and would always ask if we had dated long enough to have it," she said. "We finally broke up and he went out and slept with another girl. We

dated for nine months."

She said she was not ready to be so sexually intimate with her boyfriend.

"I just didn't want to. I wasn't ready," she said. "I mean, I was still kind of young. This was before I came to college. But it's not like I'm waiting for marriage. I just haven't found someone I feel comfortable enough with to strip down naked, physically and emotionally."

Berdeguez said her decision to remain abstinent has nothing to do with church. She has learned from her friends' mistakes and does not want them to happen to her.

"I don't want some drunken night with a stranger," she said, "and I don't want sex in the back of a car. It's not like I'm a prude or an ice queen. I just have high expectations and high standards."

Like Berdeguez, Michelle said her guy friends sometimes assume she's an "ice queen" because she keeps guys at a distance.

"One time we were sitting in a car and they flat-out asked me, 'When was the last

See VIRGIN, page 4

ASUI speculates on increase in student fees

By Hillary Flowers
Argonaut

ASUI leaders believe university administrators will seek a 9.5 percent student fee increase for the 2006-2007 school year.

The reason? People from around the school want money.

The University of Idaho is the only college in the state that cannot charge its in-state students tuition — other universities were allowed to change from fees to tuition last fall — so it must charge student fees. Those fees go

toward campus programs, maintenance, repair and salaries.

"It starts a pattern of people asking for money, student fees dollars to fund other things such as budget deficits," said ASUI President Berto Cerrillo.

Last year, ASUI Vice President Travis Shofner said, ASUI asked for a high increase and received \$22 per student. At that time, former ASUI President Autumn Hansen lobbied for the administration's proposal of a 9.25 percent student fee increase. This school year Cerrillo hoped to lobby for a 5 to 7.5 percent

increase, but said it seems the administration will be lobbying for the higher percentage. The final increase, he said, will likely be somewhere around the 9.5 percent range.

"I see what the university needs. I don't think it's right that students are paying for it," Cerrillo said. "I'm definitely going to voice that opinion."

"ASUI is asking for almost next to nothing," Shofner said. "We're asking for money for other people."

Shofner said student leaders are asking for money for new computers and salaries in

Student Media and a new full-time position in the ASUI office coordinating funding for volunteer programs and student activities. The first round of request presentations began on Feb. 8.

Within the next three to four weeks, Cerrillo said, ASUI will meet with the student fee committee to deliberate on what programs should receive money. After the proposal is made, it is sent to UI President Tim White. He then looks over the proposal to see

See ASUI, page 3

Council busy planning Vandal Friday, recruitment

By Kevin Wickersham
Argonaut

Note: This story is part of a series on the organizations that govern student housing groups. A feature on the Panhellenic Council ran on Feb. 3.

Though all but one of the officers of the Interfraternity Council are new this year, that hasn't stopped the group from hitting the ground running.

The newly elected officers

have begun planning their agenda for the year. The new executive board members took office on Jan. 1.

"We are getting comfortable in our positions. We hope we are going to have a good year working with students and the administration," said Tom Callery, IFC public relations chair.

Scott Wiggins, president of the council, said IFC is trying

See IFC, page 3

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Inside

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| Opinion | Arts&Culture |
| The love bug has bitten the Opinion section. Check it out if you're into that type of thing. Also included: The Ladder. | Learn what UI students really think of Valentine's Day, and get a few unconventional gift hints. |

Today

| | |
|---|--------------------|
| Sports&Rec | Few snow showers |
| Meet Russ Winger, an All-American thrower at Idaho with hopes of becoming an Olympic athlete. | Hi: 36° Lo: 22° |

Correction

Friday's article on HIV testing contained an error. Though it was indicated otherwise, SHIP will cover HIV testing when ordered by a physician and HIV testing is available at the Student Health Center.

WeatherFORECAST

| Today | Wednesday | Thursday |
|------------------------------------|------------------------------------|------------------------------------|
| Snow Showers Hi: 36° Lo: 22° | Snow Showers Hi: 34° Lo: 20° | Snow Showers Hi: 30° Lo: 10° |

Discover Life
at the Idaho Commons & Student Union

OUTDOOR RENTAL CENTER
Gear up for Winter!!!
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Outdoor Programs 885-6810 Rentals 885-6170

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Due March 3, 2005 by 5 pm
in the ASUI/ Student Activities Office.
Located in the Idaho Commons Room 302

noontime CONCERTS
presents:

(Indie pop-rock)
February 15

Foreign Film
Moolaadé
SUB Borah Theater
February 13th & 14th
Showtime is 7:00 pm & 9:30 pm

BLOCKBUSTER RENT
SUB Borah Theater
February 17th & 18th
Showtime is 7:00 pm & 9:30 pm

O'DO'E FOLM
PRIDE & PREJUDICE
SUB Borah Theater
February 15th & 16th
Showtime is 7:00 pm & 9:30 pm

Student Union meet me at the Idaho Commons
ICSU.comments@sub.uidaho.edu
885-INFO • 885-CMNS
http://www.sub.uidaho.edu

CampusCALENDAR

Today
Colloquium: Don Burnett, law, 'The Courts and the Media: A Troubled Symbiosis'
Idaho Commons Whitewater Room
12:30 p.m.
Work and Life Workshop: 'Managing Daily Stress'
SRC Conference Room
3 p.m.
'Moolaade'
SUB Borah Theater
7 and 9:30 p.m.
Concert Band, Symphonic Band and Wind Ensemble
Administration Building Auditorium
8 p.m.

Wednesday
TRIO Day Celebration
Commons Whitewater Room
10 a.m.-noon
'Standing on My Sister's Shoulders'
Womens Center, Memorial Gym, Room 109
3:30 p.m.
'Emergency-SEE'
SUB Ballroom
6:30 p.m.
Men's basketball vs. Utah State
Cowan Spectrum
7:05 p.m.

Thursday
UI Retirees Association
Valentine Luncheon
University Inn
11:30 a.m.
UI's Ron Crawford, 'Approaches to the Detection of Extraterrestrial Life and Planetary Protection'
Life Sciences, Room 277
12:30 p.m.

Mostly Moscow'
UITV-8
7:30 p.m.
'Words'
Kiva Theatre
7:30 p.m.
'NIATT Sustainable Transportation Conference, Part 2'
UITV-8
8 p.m.
Thursday
International Tour of Music:
Merlyn Brusven
Good Samaritan Village
2 p.m.
Jim Weaver, Idaho National Laboratory, 'Powering Space Exploration'
Engineering Physics Building, Room 122
2 p.m.
'Words'
Kiva Theatre
7:30 p.m.
Jazz student concert with Jeff Hamilton Trio
School of Music Recital Hall
8 p.m.
'Lionel Hampton Jazz Festival 2005 Outstanding Young Artists Concert, Vol. 3'
UITV-8
8 p.m.

CrosswordPUZZLE

ACROSS
1 Boast
5 PC symbol
9 Stop order, as a
14 Toy block maker
15 Appear
16 Striped equine
17 Acknowledge openly
18 Small combo
19 Once more
20 Exhausted
22 Great flair
23 Spring and fall
24 Revised, as a bill
27 Peach State
29 Mine output
30 Tenant's payments
34 Sharer's pronoun
35 Piece of cake
36 Nabisco treat
37 Hobbies
39 Chilean cash
40 Jason's craft
41 Atty's org.
42 West Point student
43 Fa follower
44 Tracy of 'Boys Town'
47 Stumbled
49 Green-fleshed fruit
54 Audacity
55 Spring bloom
56 Place for combat
58 Overcharge heavily
59 Travel about
60 Rajas' wives
61 Confidential assistant
62 Prophetic sign
63 Two-masted vessel
64 Dressed
65 Bach's ___ in B Minor

DOWN
1 Won't shut up
2 Variety show
3 Ancient Greek marketplace
4 Outer robes
5 Speak mechanically
6 Operatic tenor Enrico
7 Leave out
8 Recent prefix
9 Snowy shrub
10 Total vegetarian
11 Deserted
12 ___ Lanka
13 Sunbather's goal
21 Clothes
22 Kuwaiti rulers
24 Chills and fever
25 Rub out
28 Train station
28 Certain numerals
30 Luau element
31 Mistake
32 Careless
33 In addition
35 Mineral spring
37 Jacket part
38 Catching some Z's
42 Boast
44 Striking display

Solutions from 2/10

| | | | | | | | | | | | | |
|----|---|---|---|----|---|---|---|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | | | | 15 | | | | 16 | | | | |
| 17 | | | | 18 | | | | 19 | | | | |
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| 59 | | | | 60 | | | | 61 | | | | |
| 62 | | | | 63 | | | | 64 | | | | |
| 65 | | | | 66 | | | | 67 | | | | |

SudokuPUZZLE

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| | 3 | 6 | | | | | 4 | 9 | |
| | | 7 | 6 | | | 9 | 2 | | |
| 1 | | 9 | | | | | 8 | | 6 |
| | | | 8 | 1 | 2 | | | | |
| | | | | | | 9 | 4 | 7 | |
| 7 | 1 | | | | | | 6 | | 3 |
| | | 2 | 1 | | | 5 | 9 | | |
| | 9 | 4 | | | | | 5 | 7 | |

Solutions from 2/10

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 5 | 2 | 1 | 8 | 3 | 6 | 7 | 4 |
| 4 | 7 | 8 | 9 | 2 | 6 | 3 | 1 | 5 |
| 6 | 3 | 1 | 4 | 5 | 7 | 2 | 8 | 9 |
| 8 | 9 | 5 | 2 | 7 | 4 | 1 | 3 | 6 |
| 7 | 4 | 3 | 8 | 6 | 1 | 5 | 9 | 2 |
| 2 | 1 | 6 | 3 | 9 | 5 | 7 | 4 | 8 |
| 1 | 2 | 4 | 5 | 3 | 8 | 9 | 6 | 7 |
| 5 | 8 | 7 | 6 | 1 | 9 | 4 | 2 | 3 |
| 3 | 6 | 9 | 7 | 4 | 2 | 8 | 5 | 1 |

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk.

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Local/BRIEFS

West Coast scientists use fins to identify every Chinook salmon

Researchers from 10 salmon genetics laboratories — including three in Idaho — have made it possible to pinpoint with greater than 95 percent accuracy the origin of any Chinook salmon found dead or alive in a West Coast waterway.

"This is phenomenal," said UI animal scientist Matt Powell, who works in Hagerman. "It provides us with a tremendous informational tool to manage and conserve these fish, because we can tell where they came from, whether they're in decline or whether they're being exploited unequally out in the ocean."

Powell's Idaho team of genetic "curators" included researchers from the UI Hagerman Fish Culture Experiment Station and the Columbia River Intertribal Fish Commission.

The Idaho Department of Fish and Game was also a project collaborator.

Participating West Coast scientists selected just 15 genetic markers that accurately characterize an individual Chinook salmon's birthplace down to the marine equivalent of an expanded ZIP code. Chinook have hundreds of these "microsatellite" markers — non-gene DNA associated with particular traits — but the scientists successfully narrowed them down to only the necessary few.

"It's as if a group of scientists from all of these different laboratories got together and created a very informative language that consists of only 15 words — and those 15 words can tell them the identity of every Chinook salmon in the world," Powell said.

UI researchers present on biodiesel efficiency

University researchers say "flawed information" is fueling the debate about biodiesel energy balance.

Dev Shrestha, UI biological and

agricultural engineering professor, and Jon Van Gerpen, lead UI biodiesel production researcher, used recent and new research on biodiesel energy balance to show that the fuel from renewable sources produces far more energy for consumers than it takes to make.

The two made a presentation using recent and new research on the biodiesel energy balance question at the annual National Biodiesel Conference and Expo in San Diego, Calif., this past week.

Biodiesel is an alternative fuel made from renewable resources such as rapeseed, canola, soy or mustard oil and is one of the most thoroughly tested alternative fuels in the marketplace. Dependency on fossil fuels is reduced by increasing the availability of biodiesel in the United States.

In addition, Shrestha is working on a current USDA research project evaluating the energy balance of biodiesel. Early results indicate similar, if not even higher, efficiency, particularly when recycled oils such as restraint

waste oils are used.

In the presentation of their paper, "Biodiesel Energy Balance," Shrestha uses results of the 1998 study to point out the efficiency of biodiesel energy balance and to counter claims to the contrary that have appeared recently in the popular press.

The UI researchers' paper is available online at www.uidaho.edu/bioenergy. More information about the National Biodiesel Conference is available at www.biodieselconference.org.

UI-Boise announces ecohydraulics talks

There are many different ways water affects people and their environment. A weekly educational seminar at the University of Idaho-Boise will provide insight into current research developments surrounding ecohydraulics.

The Student Chapter of the International Association of Hydraulic Engineering and Research

announces its "brown bag" series for spring 2006. The free series is open to the public and will take place from 12:30 to 1:30 p.m. each Friday until May 19 in the Idaho Water Center, 320 Front Street, Room SR 348A.

Each seminar will begin with a short presentation about the Center for Ecohydraulics Research and will follow with a presentation by graduate students and/or faculty. Topics will include stream restoration, remote sensing, data transfer in visual basic, riparian habitat and flood plain modeling, shear stress reversal and much more.

The Idaho Water Center is the University of Idaho-Boise's primary location. The six-story facility houses state, federal and university research focused on river and water quality issues, including the Center for Ecohydraulics Research. The laboratories include a unique high-elevation flume for river simulation, the first and largest of its kind in North America. For more information about CER, visit www.uidaho.edu/ecohydraulics.

IFC

from page 1

to empower individual chapters to do for themselves and to strengthen the individual chapters and Greek community as a whole.

"We are not a governing agency here to crack down on people," Wiggins said. "We are a resource. We want to empower people."

Callery said IFC has many goals this year. Among them are promoting and recruiting the Greek side of campus, acting as a liaison between Greek students and the university, and keeping the lines of communication open on campus.

"We have a few bumps in the road, but we try to smooth them over," he said.

IFC is currently planning events for this year's Greek Week and Vandal Friday, which will take place at the

end of March. Wiggins said Vandal Friday is important from the perspective of recruitment because it allows prospective students to gain "a positive image of the Greek community and UI." The council is planning a blood drive, a canned-food drive and other events for the week, he said.

"Vandal Friday is important for the chapters, a really good time to show their houses and speak to the students, giving them time to mull over whether or not the (Greek) style of living is for them," said Callery.

"Each chapter is trying to convince as many people as possible to rush."

Though fraternity recruitment is one of the most important aspects of the council's involvement in Vandal Friday, Wiggins said that recruiting for the University

of Idaho always takes precedent. These efforts require them to coordinate with both New Student Services and the residence halls, he said.

"We appeal to all potential students," he said. "We recruit for UI first and the Greek community second."

Both Wiggins and Callery said that for fraternity recruitment to be successful, the IFC has to work to promote the positive aspects of the Greek community while changing some of the negative "animal house" perceptions that parents and prospective students have of the fraternity system. To combat these perceptions, they promote the strong scholastic records, philanthropies and traditions of brotherhood and sisterhood the Greek community has.

"We want to raise awareness of the positive aspects of the Greek community," Wiggins said.

National BRIEFS

Companion recovers in Cheney shooting

WASHINGTON — The White House blamed the 78-year-old man whom Vice President Dick Cheney shot during a weekend quail hunt in the Texas Panhandle for the deaths of officials at a Monday to explain why they waited nearly 24 hours before

making the news public.

White House Press Secretary Scott McClellan tried to absolve Cheney of blame for shooting wealthy Austin lawyer Harry Whittington, saying that hunting "protocol was not followed by Mr. Whittington when it came to notifying others that he was there."

Whittington was listed in stable condition Monday at a hospital in Corpus Christi, Texas, with birdshot wounds

to his face, neck and chest. The shooting occurred about 5:30 p.m. Saturday at the Armstrong Ranch, a 50,000-acre spread in south Texas owned by friends of the president.

Cheney has a Texas non-resident hunting license, but he failed to get a \$7 stamp that's required to hunt game birds. He has since sent a check to the Texas Parks and Wildlife Department to buy the stamp.

ASUI

from page 1

if there are any discrepancies. If everything looks OK, then White will put it into his total budget request, which is submitted to the Idaho State Board of Education.

"The only source of income other than the state is student fees," Cerrillo said. "I just wish the state would realize that education is worth investing in."

Shofner said he believes the state has a serious problem when it comes to funding because education is competing

with Medicare, Medicaid and the Department of Corrections. He said since the state is a Republican-controlled state, it doesn't want to raise taxes to fund education.

When it comes to funding, ASUI will get about a quarter or less than the amount the administration receives, he said. That money will go toward ASUI and will be used to fund campus programs.

"I hope ASUI gets what it wants, because most of it's for other people," Shofner said. "It's not for us."

One program Shofner said he hopes will get funded is the UI

Children's Center. ASUI will try to give it about \$20,000.

Other things ASUI funds are the Idaho Commons, the Kibbie Dome, Student Health and Counseling, the Campus Recreation Center, the spirit squad and the International Experience Grant for students who want to study abroad.

"The administration needs a lot of money," he said. "We are going to fight for what we can, but in the end we've just got to make sure the students get the best deal out of it. If we're going to see such a huge increase like that, we've got to see some real tangible results."

FRONTLINE SECURITY

•Looking for an internship this summer?

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OPINION

Tuesday, February 14, 2006

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Off the CUFF

Pacify with Valentines

While I was talking to my 13-year-old brother, I asked him what he thought about Valentine's Day. After some grumbling, he brought up the namesake of the holiday.

"Saint Valentine must have been a pacifist, to have a holiday all about love named after him."

Miranda

Speedy affection

I know my romantic growth is stunted, but even I realize that there is something wrong with the state of candy sales. For Valentine's Day, a local pharmacy that may or may not be located next to WinCo is perpetuating a heinous crime. For a shiny dollar, affectionate citizens can show their love with a custom-made Dale Earnhardt Jr. (No. 8 on the car, No. 1 in our hearts) box of chocolates.

Jon

The great compromise

I love Valentine's Day. Except the part where I have to buy things, or think of lovey things to do. Sure, I'm creative. But you can only do so much. This will be the third V-Day I've had with my wonderful girlfriend, and I always feel like I have to top what I did last year. Not this year baby! We have agreed we will stay at home, watch some chick flick (it is her day, right? Guys don't get days except our birthdays... or wait, is there a strip club day? Kidding. Or am I?) and eat sushi. We will even cuddle. Yes, compromise is a lovely thing. But I know that deep down inside, she still expects something shiny to put around her neck.

Sam

Barbie love connection

Just in time for Valentine's Day, Ken and Barbie may be reuniting. Barbie left Ken for Australian boogie boarder Blaine in February 2004. However, Ken's stylist and consultant announced last week that Ken wants to rekindle the romance and has undergone a makeover in hopes of winning Barbie back. Barbie's publicist replied with a statement that Barbie "appreciates the new look Ken is sporting. He really looks great. But we'll have to stay tuned to see whether these two will get back together."

Considering that stories about the plastic Brangelina appeared on cnn.com and nytimes.com, this may be the best marketing ever.

Abbey

Work it, boys!

I read a lot of National Geographic. One of my favorite articles talked about sexual selection in the animal world. For the majority of species, the female is in charge of sexual selection. Males, often decorated with glorious markings or plumage, compete for female attention, and the females choose the best competitor.

But for humans, it seems to be the opposite. Women spend a ridiculous amount of time on perfecting their appearance, and men then choose from a plethora of pretty faces.

What a waste of time. I think we women should wear ponytails and sweatshirts and let the men get pretty for us!

Cady

Three simple rules

On this momentous day, please take a moment to reflect upon a few simple rules:

- Half of a leftover six-pack and a flower you picked on the way over do not compensate for forgetting what day it is.
- Neither do reservations at the McDonald's down the road.
- You likely have roommates. Roommates who don't want to listen to you all night long. Roommates ... with guns.

Nate

Drink smarter, not harder

Getting wasted, trashed, plastered, schnockered — whatever you want to call it, getting drunk seems to be a popular pastime at the University of Idaho.

Unfortunately, it's a pastime that can carry some seriously bad consequences.

For proof, take a few of the latest news issues in Moscow. Vandal quarterback Steve Wichman was arrested for driving the wrong way on a one-way street while allegedly under the influence of alcohol. Some of the women to whom Kanay Mubita allegedly transferred HIV admitted they don't know if they used protection because they were too intoxicated to remember. A woman who passed out from drinking too much was sexually assaulted by an acquaintance. In the past few years, UI has seen three drunken driving deaths.

Jail time, disease, sexual assault and death aren't exactly desirable side effects of a "fun weekend out,"

but they are possible ones. The unpleasant alcohol-related incidents in Moscow are symptoms of a larger problem: It's acceptable to be foolish with alcohol.

For many people, college and alcohol go together better than college and classes. Some drink casually, but others get wasted on a regular basis. While there's nothing wrong with enjoying alcohol responsibly with respect for yourself and others around you, it should not be socially acceptable for people to get so drunk they can't make good decisions.

Every student has the power to control the negative affects of alcohol. It starts with yourself — be aware of how much you've drunk and how much you can handle. Don't succumb to pressure to drink more than is safe. If you feel you can't tell when to stop, ask someone you trust to help you out.

While no one can be entirely responsible for another person's

actions, you can watch out for your friends. If you see them making a destructive choice, be honest. If you have friends whose alcohol habits are putting them in danger, it's OK to let them know you're worried. If you must, take their keys and get them safely home.

Organizations play a role in preventing alcohol issues as well. Living groups and clubs must practice what they preach. A living group that claims it does not allow partying should enforce those rules, and show its members that being irresponsible is not acceptable.

Drinking can be a fun way to relax, spend time with friends and sing terrible karaoke, but binge drinking and other irresponsible drinking habits can be dangerous to you and others. It's up to all of us to make intelligent choices, break these habits and keep each other out of trouble.

T.R.

THIS WEEK AT THE BAR A Ladder to remember

The golden-hops liquid floated in my bowl, undulating in an ocean in which no fish would want to live. I drank, and I drank, climbing this Everest, clawing, clambering and whining my way to the top.

But I swore to myself that I would finish. And I did. I scaled The Ladder at the Sandpiper Lounge, and learned a valuable lesson. It's the same moral learned in the story of the Tortoise and the Hare. Slow and steady wins the race. Or in my case, helps to avoid spilling, vomiting and glorified belligerence.

For those not schooled in the ways of The Ladder, it is a sequence of volumes of beer. When you finish, you're crowned champion of the world. Actually, nobody really said anything but "let's get you home" — at least, I think. I don't really remember.

That's where pacing comes in. You begin The Ladder by drinking out of a fishbowl. It is literally a 64-ounce bowl that could be purchased at any pet store. Then you drink a 24-ounce beer. It's the equivalent of a tub at CJ's or the Corner Club. Next is a 16-ounce beer. Then an eight, then they hand you a shot glass full of beer.

It sounds easy. Try it. Make sure you have a designated driver on hand. Actually, consider two DD's, because one may end up so angry at your antics that they, too, must begin drinking.

I also advise having a partner. In my endeavor I drank with a good friend, Joe. What a machine, drinking away through the global fishbowl and the 24-ounce before I finished even the first rung of this aptly named experience. He also got sick.

And it hurt. And it was funny. And I was mad. Then I was happy. Then I cried. Well, not so much cried as whimpered by the time I was done.

But I was able to experience this for you. I offer this journalistic endeavor to you, so that you can make your own informed decision.

There are downsides to it. First, the cost. Any day except for the \$9 Wednesday fishbowl gets another \$6 tacked on to the price. You must finish, or you have spent the rest of your week's beer money on this one thing for nothing.

Secondly, it is easy to go too fast. You must consider that there are a bit more than five beers in the first round of drinking. You must pace yourself. There are some that will laugh at this amount. Remember that it's also from a tap, which seems to hit people faster than out of a can. I don't know why — it's probably got some scientific explanation — but I am a journalist, and as we all know, journalists are scum who can't be trusted, right?

The upsides? It's an experience that you can choose to share with your children someday. Brag to your future college-aged children that they too can partake in poor choices. Give them the details. Tell them how you vomited four times throughout, all the while continuing the feat. Not that this happened to me (yes it did), but you get the idea.

I know I'll have this experience. It was one that was worth it (not the next day), and I will be able to look back on my college career and say, yes, I too partied like the president. Look for me in office one day.



Sam Taylor

Argonaut
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uidaho.edu



MailBOX

School spirit needed

Dear Editor,

First off, I'd like to congratulate the Lady Vandals on their win against San Jose State. The women did a great job, and, as usual, it was a pleasure to be there. However, I'd like to express my disappointment in some of our students and fans. They managed to disrespect themselves, the University of Idaho and San Jose State.

One man, the lone fan for San Jose, showed more support for his team than our entire crowd. Even though his team was losing, that man showed more heart than I've ever seen from our fans. When our teams are losing, our fans can't wait to leave. They don't stick around to see the end of the game, let alone cheer their teams on.

My disappointment comes from the fact that as an employee for the university I was repeatedly asked by our fans to reprimand this man. It is important to note that the man never said one negative word about our team or our school; he was the kind of fan we can only dream about. They wanted me to kick him out or tell him to quiet down; they wanted me to chastise this man for supporting his team in a positive way. Even worse, members from our own band went and sat in his seat. They were irritated because he was louder than they were.

If our school, our students and our fans showed half the support that man did, I guarantee our athletic teams would do better. I know it's a pastime to talk about how we can't win a game, but what motivation do our athletes have? They don't have the support from their peers. Our athletes watch as their fans — their classmates — walk out on them.

So, to all those that were irritated with me I'd like

to point out that instead of punishing that man for supporting his team, it would be a better use of our time and energy to support our team, our classmates and our peers. After all, they worked hard to bring home that win for us, for themselves and for the University of Idaho.

Meladi Mottern
human resources & management

Leave them alone

Dear Editor,

I was disappointed to see the front page article on Steven Wichman's DUI charge on Friday. It is an unfortunate situation but one that happens all the time to various people in this community, and just because he is a member of the football team, his allegation was made very public. Athletes do have a higher standard of living by which they are forced to abide by, but such heavy scrutiny was uncalled for, especially for someone who pleaded innocent and should be believed innocent until proven guilty. I was also annoyed at the end of the article to see yet again the charges that have been brought against other football players this year. Let those issues go away.

Those players have settled their cases and suffered their consequences, and they do not need to keep being brought up in this newspaper. As Becky Paull said, "People should treat the athletes like any other people on campus" and let them focus on going to school without the embarrassment of having their private lives published for all the school to read.

Andrea Miller
junior, public relations

SpeakOUT

What percent of college students do you think are virgins? How do you feel about a student's choice to stay a virgin through college?



Ten percent of students are virgins. I think everyone over 18 should lose their virginity and be sexually active.
Zachary Zumstein
junior, agriculture
business



I think less than 10 percent of students are virgins. I think it's cool that people keep it. And I'm not opposed to people losing it, either.
Rose Hoskins
freshman, English



Less than 10 percent of students are virgins. I think it is way awesome that people keep their virginities during their college career. I do have respect for people who can do that, but I don't think there is anything wrong with people who do lose their virginities.
Shayla Weeks
freshman, dance



I would say less than 10 percent of students are virgins. I have the utmost respect for people who can maintain their V-card. It's hard!
Jennifer J. Burdin
junior, English

Editorial Policy

The opinion page is reserved as a forum of open thought, debate and expression of free speech regarding topics relevant to the University of Idaho community. Editorials are signed by the initials of the author.

Editorials may not necessarily reflect the views of the views of the university or its identities. Members of the Argonaut Editorial Board are Cady McCowin, editor in chief; Tara Roberts, managing editor; and Jon Ross, opinion editor.

Letters Policy

The Argonaut welcomes letters to the editor about current issues. However, the Argonaut adheres to a strict letter policy:

- Letters should be less than 300 words typed.

- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.
- Letters must be signed, include major and provide a current phone number.

- If your letter is in response to a particular article, please list the title and date of the article.

- Send all letters to:
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arg_opinion@sub.uidaho.edu.

Sex ed returns with all new tricks

By Carissa Wright
Argonaut

Valentine's Day is easy. Champagne and chocolate with your honey if you're taken, beer and nachos with your single friends if you're not.

Choirs of angels sing, there is another option.

Call it a Tupperware party. But instead of handy food-saving devices, these parties are all about sex.

On Sunday afternoon at Washington State University, two WSU resident assistants put together a program with Passion Parties, a company and line of products founded in 1994 to bring sex education to an informal, comfortable, in-home environment.

Resident assistants Allison Sherrill and Nicolle Tonasket planned the event for their hall. Another hall at WSU had hosted a Passion Party, which Sherrill said was well received, so they

decided to follow suit. "It's in celebration of Valentine's Day, for women who don't really care if they have a boyfriend," she said. "It's all about pleasing themselves, making themselves happy."

Sherrill and Tonasket chose to work with the Passion Parties company, but there are alternatives. D o w n t o w n Moscow's Eclectica hosts toy parties in the area on a regular basis.

Jonel Anderson is the Passion Parties consultant who led Sunday afternoon's presentation. A recent WSU graduate, she joked with the tense group of women before she began the presentation.

"If I see body parts, I'm going to have to charge," she said, referring to the various products available for sampling on the arms and hands only.

The group of women laughed nervously, but was otherwise quiet at first. The women weren't good friends. Some of them

weren't even passing acquaintances. It took some time for them to relax.

A roundabout introduction where every woman in the circle had to introduce herself with a sexual adjective that began with the same letter of her first name helped loosen things up.

The Passion Parties mentality seems to be focused on pampering. The RomantaTherapy line of products, which Anderson said is one of the company's most popular, is all about sweet-scented body lotions and bath products.

While passing around samples from this line, Anderson emphasized the need to take time for oneself, to transition from the hustle of day-to-day life to the intimacy of an evening with one's partner.

With references to her days at WSU and anecdotes of her experiences with other parties, Anderson was able to establish a light-hearted and personal rapport with the women who attended. By the time the lingerie and vibrators were passed around the circle, the women were laughing and comfortable

HOST YOUR OWN

Jonel Anderson, Passion Parties
(253) 589-5169
charmedgirl@yourpassionconsultant.com

Kathy Sprague, Eclectica
(208) 892-9100
kathys@moscow.com

with each other.

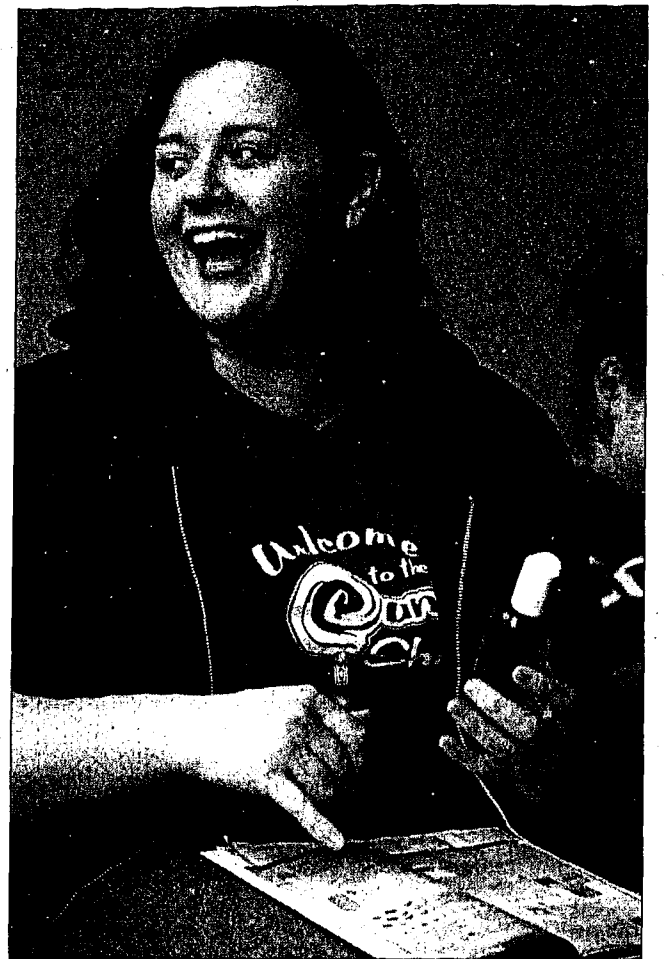
"It's like a get-to-know-you event, but with vibrators," said Lisa Leingang, a junior at WSU.

"This is information you don't normally get to hear," she said. "It's not stuff you'd discuss with your mom."

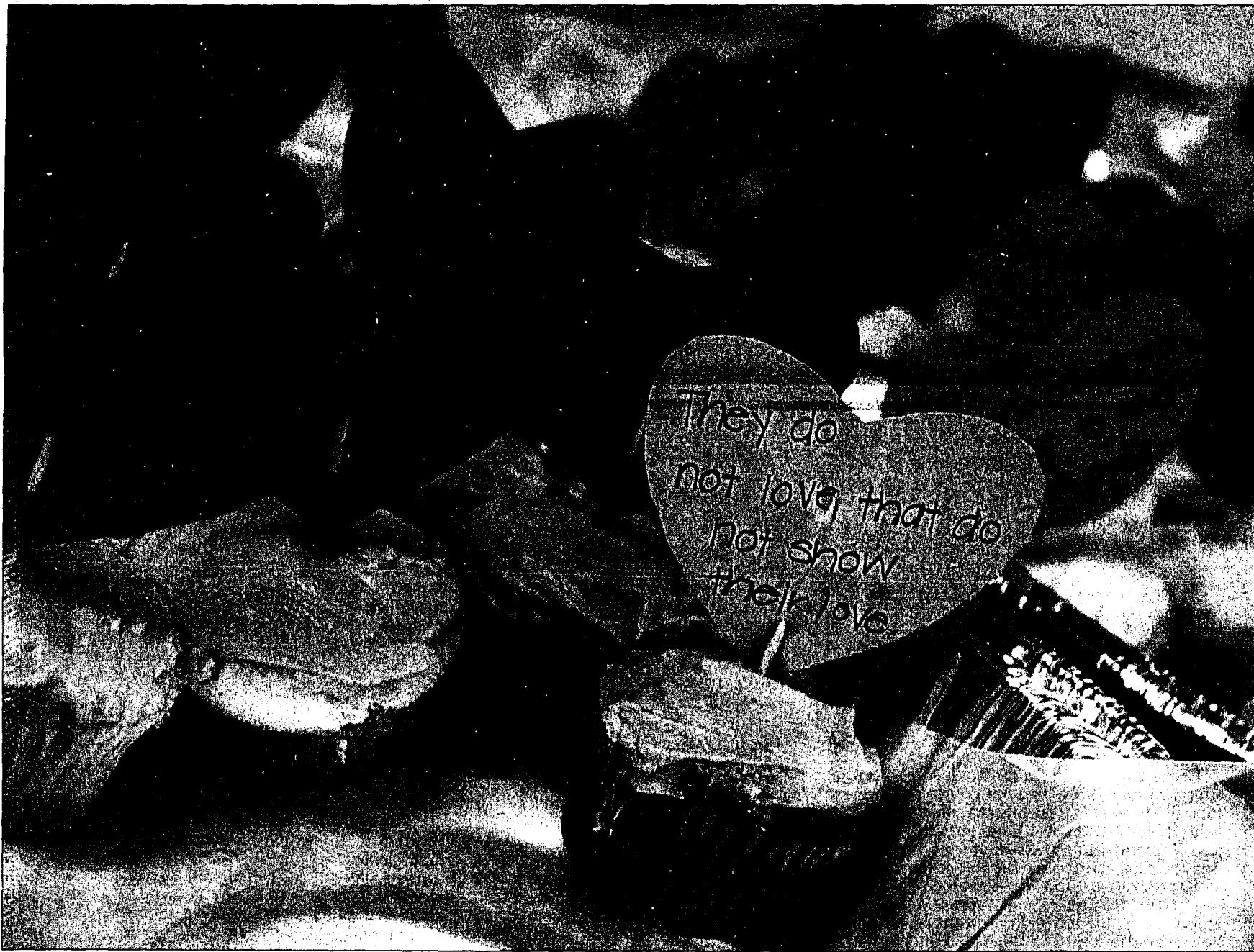
Eclectica is a local outlet for hosting a sex toy party. The store's Sex and Candy programs, which are primarily focused on prevention of sexually transmitted infections and HIV, are popular in UI residence halls.

"It's important to get factual

See PARTIES, page 8



Melissa Davlin/Argonaut
Lisa Leingang, a junior at WSU, samples flavored lotions at a Passion Party Sunday afternoon.



Melissa Davlin/Argonaut
Members of Sigma Tau Delta sell Valentine's Day cupcakes for one dollar Monday and today at the Idaho Commons.

Pretty Girls fill ballroom on Valentine's Day

By Brian Rich
Argonaut

Singles looking for something to do today may want to steer their attention to the SUB Ballroom, where pretty girls will be on display at 7 p.m.

Pretty Girls Make Graves, that is, a Seattle-based rock 'n' roll band led by frontwoman Andrea Zollo. There is one catch, though — Zollo is the only female in the band.

Dylan Sinclair, ASUI small concert chair, booked the show for Valentine's Day partially as a way to give people something to do if they don't have a significant other to spend the evening with, though he said couples are encouraged to attend the show as a date as well.

"It's a good thing for people to do on Valentine's Day because there's not that much to do other than go out to dinner," Sinclair said. "It's also something for people to do who don't have a relationship."

Taking rock in a unique direction, Pretty Girls combines quirky guitar riffing and off-tempo beats with smooth vocals and a bit of sass, putting Zollo's unique, feminine sound at the front of a mostly male band.

Though they get a lot of attention for having a female lead singer, this band has something more to offer than a gimmick. College Media Journal, a popular Web site for new music and media, said "The notion that hard rock should be not only intellectually stimulating and structurally imaginative, but just plain f—ing enjoyable, doubles as their theme and M.O."

Opening for Pretty Girls is "Portugal. The Man," an eclectic gathering from Alaska with an electronica/rock sound that can't be topped in weirdness by anything other than the band's own name.

Sinclair said the shows he had last semester, Minus the Bear and Blood Brothers, did so well that it helped get the go-ahead for Pretty Girls, which was harder to book.

"I've been trying to book them for quite a while because I think they'd be a good show for Moscow," he said. "A lot of kids that haven't heard of them would be really open to them if I could get them here. The agent that booked the Blood Brothers booked it. After Blood Brothers had a good turnout, she decided to give me Pretty Girls."

Andrew Martineau, a KUOI DJ and sophomore history student, said he likes Pretty Girls and will be attending the show with his girlfriend.

"I like their early songs, but their last CD is pretty great. They're great musicians technically," Martineau said. "Some of their songs have both female and male vocals. The interplay between that has a cool dynamic to it."

Martineau said though he's not a huge fan of either band, he'll be attending the show because he and his girlfriend love going to shows.

"I really like these small shows they've been having lately. PGMG should be really fun. I don't really listen to them but their live show should be pretty sweet. It's really rockin' stuff."

What's love got to do with it?

UI students share what they really think about Valentine's Day

By Liz Virtue
Argonaut

The day begins like any other day. The alarm goes off, you press snooze a few times and then you finally muster the energy to roll out of bed. You throw on a sweatshirt, down a cup of coffee and are about to run out the door for class when your heart skips a beat. Today is no ordinary day. Today is Feb. 14.

Valentine's Day brings images of flowers, chocolates, romantic dinners and mushy Hallmark cards to mind, but to some, it means something different. Students at the University of Idaho were quick to voice their opinions about Valentine's Day and what they think it's all about.

"It's a stupid holiday," said freshman Justin Kaucic. "It's all about commercialism: food, candy, chocolate and making money."

Kaucic is not alone in his thinking. Businesses around town run advertisements months in advance offering deals for the perfect Valentine's gifts. But how far does someone have to go to make his significant other happy?

"There's really not a set thing you have to get for your girlfriend,"

Kaucic said. "But I know they expect something nice, or sweet, or romantic, whatever you want to call it."

Sophomore Adam Hudson said he thought it was obvious what to do when it came to buying women presents on Valentine's Day.

"I think girls just want fun presents," Hudson said. "Just get her flowers and 'cute' pink stuff."

Most women on campus said a nice gesture is all it takes to make them smile, and in most cases the typical flowers and candy do the trick.

"Usually my boyfriend and I will go out to dinner or something simple like that," said sophomore Christina Lish. "It would be nice to get flowers too, though."

Lish has been dating her boyfriend for five years and said Valentine's Day has never played a significant role in their relationship.

"I really don't think it's a special day. It's nice to do something special, but I don't think it has a deep meaning," Lish said. "It's not like an anniversary or a birthday or anything."

But for junior accounting major Chase Kinney, Valentine's Day is just that, a birthday. Kinney said he has always been single on the holiday, so

Valentine's Day has never interfered with his birthday celebrations.

"I just wish they had better candy for this holiday. I hate those candy hearts," Kinney said. "Everyone always gets those and gives them to me 'cause it's my birthday. But I don't like them."

Kinney said he doesn't particularly enjoy Valentine's Day, but wouldn't mind it if he were in a relationship.

Kaucic, who is single as well, said he agrees the holiday has potential to evoke negative emotions for someone without a significant other.

"I guess it can be kind of depressing if you're single," Kaucic said. "You have to see everyone all happy with their flowers and stuff, and all those couples."

Senior Lisa Cron said she will be spending the holiday alone this year because her boyfriend is in Ohio.

"I'll be working so people who have a boyfriend here can go out," Cron said.

"I might as well be working and making money rather than sitting around moping."

Cron said she uses the holiday as an excuse to buy funny cards but isn't as into it as she once was.

"As I get older I realize that people should show you that they care about you all year round, not just on a specific day," Cron said.

Whether it's spent alone, working or with someone you love, Valentine's Day will continue to occur every year whether we like it or not. While some believe it is a day to show someone

how much they care, others are convinced it is just a money-making holiday.

"Do we even know where this holiday came from?" Hudson said. "I honestly think Hallmark made it all up."

"I just wish they had better candy for this holiday. I hate those candy hearts. ... Everyone always gets those and gives them to me 'cause it's my birthday. But I don't like them."

Chase Kinney
Junior accounting major

Biography matches subject's literary genius

By Jon Ross
Argonaut

Truman Capote's life was a series of tragedies held together by literary success.

Serial abandonment courtesy of his mother and a string of empty promises made by his smooth-talking father provided Capote with the self-destructive behavior that, half a century later, ended his life. Oh, he had happy times — periods of literary and social ecstasy — but they were always sullied, sometimes right away, by the dark cloud that was his childhood in Alabama. Capote's is a tale of tremendous esteem and privilege lined with fears of rejection.

In Gerald Clarke's 550-page exploration into the famous author's life, all of Capote's inadequacies are given equal weight with his countless triumphs. Direct quotations from Capote and his confidants — which at the height of his popularity included Jacqueline Kennedy-Onassis' sister, Marilyn Monroe and Elizabeth Taylor, among others — are woven together by a seamless prose. Capote's story is so tragic because his literary and social successes were rivaled by none of his contemporaries, and his periods of depression were equally as unique.



"Capote: A Biography" ★★★★★ (of 5) Gerald Clarke

Like Capote's most famous nonfiction work, "In Cold Blood," Clarke's compelling biography is the result of countless interviews with the subject. The author's unrestricted access to Capote allowed him to present a portrait of the man from many different angles. As Clarke confesses in the book's afterword, these conversations with Capote could just as easily be filled with tall tales as journalistic gold, but without the decade's worth of exclusive interviews Capote granted, a book of this magnitude simply

would not have been possible.

In a sense, this book is a case study in Capote's journalistic style. Clarke took what Capote spent more than six years completing and copied the approach. Clarke's masterful ability to paint word pictures and describe the intricate details of Capote's life is a mechanism borne from "In Cold Blood." Clarke, unlike Capote, carefully sourced every fact, direct or implied, but the main ideas are still the same.

Clarke's ability to tell a fascinating tale makes the book an enjoyable read. Five-hundred-plus pages is by no means a light undertaking, but Capote's life is so fascinating and the writing is so engrossing that reading

the book is not a chore, but a luxury. The only problem with the book, and this is simply a matter of cultural perspective, is the constant name-dropping. Capote's life was one full of heinism; he was the guest of honor at parties in New York and Los Angeles, joined his famous friends on vacations around the world and knew some of the biggest stars in show business. But this was the '50s, and younger readers may have a hard time fully appreciating the weight of some of the names in the book. This in no way detracts from the read, as the names are merely fodder for history buffs willing to brave the library in order to find out how much of an insider Capote really was.

Hoffman's masterful performance carries 'Capote'

By Tyler Wilson
Argonaut

Sometimes single performances in movies overwhelm the films themselves. Charlize Theron certainly carried "Monster" into critical acclaim, and Johnny Depp made "Pirates of the Caribbean" much more than the standard summer blockbuster. Philip Seymour Hoffman, however, is on a completely different level. His performance as Truman Capote has turned "Capote" into a Best Picture nominee at next month's Academy Awards.

"Capote" joins the Oscar ranks as the most recent so-so film to sneak into the Best Picture race because of one phenomenal performance. Last year it was Jamie Foxx's acclaimed portrayal of Ray Charles that landed mediocre "Ray" into Best Picture land. In 2000, Julia Roberts did the same for "Erin Brockovich," and some could argue Russell Crowe's work earned "A Beautiful Mind" 2001's Best Picture award, despite Crowe himself losing to Denzel Washington for Best Actor. Oscar loves movies about real people, whether or not the films themselves are creatively worthy.

Screenwriter Dan Futterman pulled material from two books, "The Journalist and the Murderer" by Janet Malcolm and "Capote: A Biography" by

Gerald Clarke, to detail the eccentric writer's research for his famous book "In Cold Blood." Capote spent six years researching a quadruple murder in rural Kansas, including long, intimate conversations with convicted murderer Perry Smith. The film examines Capote's questionable journalistic decisions while exploiting Smith, as well as his own demise from building a relationship with the death-row convict.

Make no mistake, Hoffman's performance as writer Truman Capote is his strongest work in a phenomenal career. Not only does he nail Capote's unique voice, he captures the complicated essence of the man himself. At times Capote is unlikeable and selfish, at others he is charming and charismatic. As the film progresses, Hoffman slowly turns Capote into a tragic figure, done in by his own greed and guilt. This last stretch of the film is where Hoffman clearly justifies his award-sweeping acclaim.

The supporting performances are all strong, but they'd need to be when Hoffman is in full swing. Catherine Keener is wonderful as usual as Capote's research assistant Harper Lee, who went on to write the acclaimed novel "To Kill a Mockingbird." Keener certainly deserves her Oscar nomination for the role, but it would have been nice if the Academy had

the guff to award her for her best performance of the year in "The 40-Year-Old Virgin." Chris Cooper is strong as ever as a local detective investigating the murder, and Clifton Collins Jr. is fine as Perry Smith, although he's often overwhelmed by Hoffman's presence in their many scenes together.

Fantastic performances can certainly lead to something great, but it's "Capote's" other elements that disappoint. For one, Oscar-nom-



"Capote" ★★★★★ (of 5) Philip Seymour Hoffman Now showing

inated director Bennett Miller doesn't exactly fill the screen with his artistic presence. Restraint is a good thing in this kind of film, but Miller does little to even enhance the action on-screen. Credit the guy for molding such fine performances, but his uninspiring camera work and overall look of the film certainly shouldn't be recognized over more audacious directorial efforts. The film's pacing is also a problem. While the bookends

carry enough emotional intensity, the middle sections are unnecessarily slow and repetitive. Too much of the film lingers on Smith and Capote talking inside a jail cell. The emotional dynamics of the pairing just doesn't go anywhere until the final 30 minutes. And while the script isn't flawless, director Miller is largely responsible for the film's ultimate lack of energy. Compare Miller's work to George Clooney's brisk 90 minutes of "Good Night, and Good Luck" or Steven Spielberg's nearly three hours of nonstop intensity in

"Munich" and it's clear which nominee doesn't belong.

"Capote" isn't a bad biopic, and it certainly doesn't pander to unnecessary sappiness the way "Ray" did. But it also never explodes from its small canvas. So how important is Hoffman's performance? His presence is why anyone compares this film to other, better films of 2005. It's why the film received five nominations rather than just one. Philip Seymour Hoffman is Truman Capote, and in turn, his performance is "Capote."

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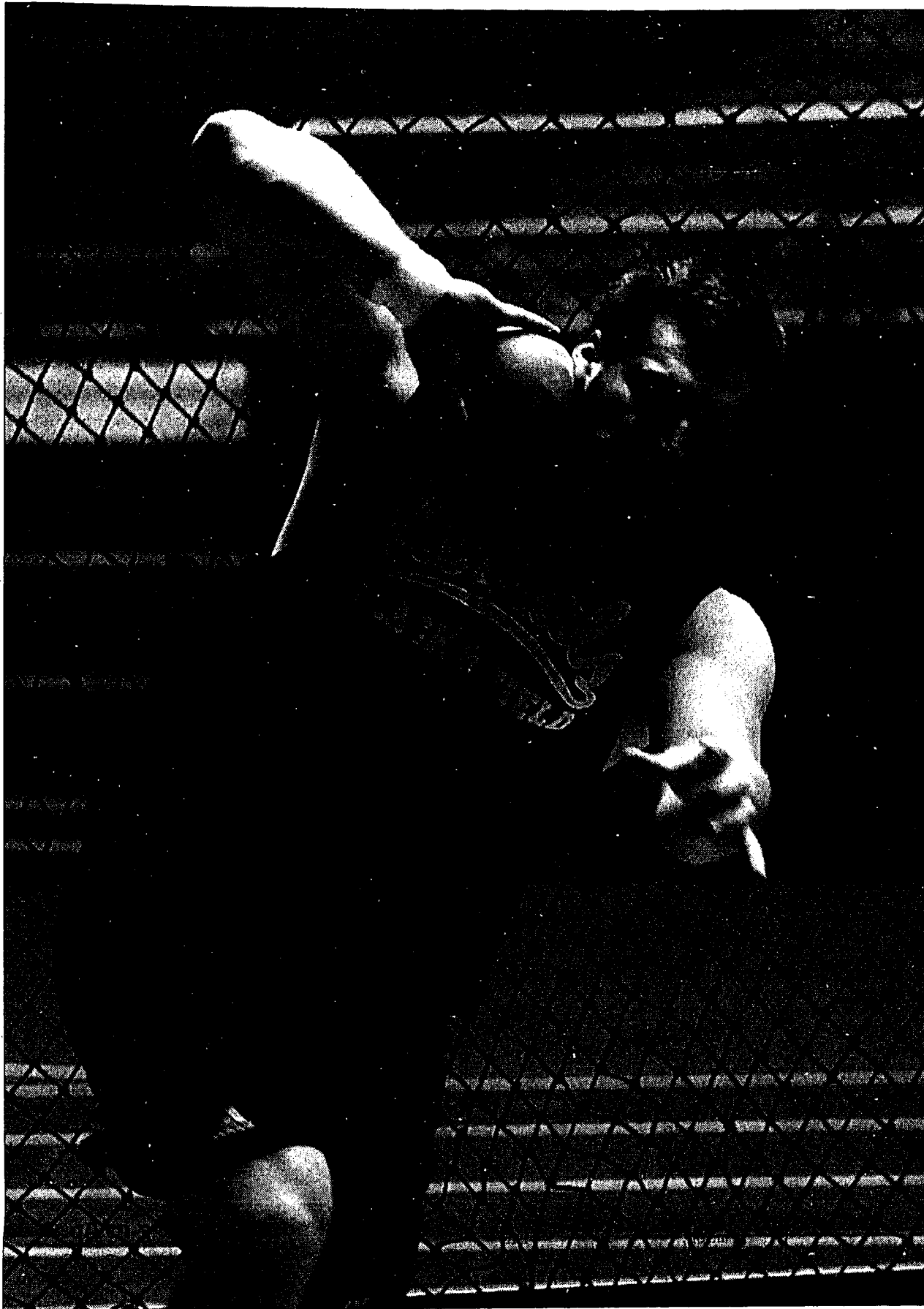
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NATIONAL GUARD



Clifford Murphy/Argonaut

Russ Winger, a thrower on the Idaho track and field team, warms up with the shot put Wednesday afternoon inside the Kibbie Dome.

Perfecting his throw

Track and field athlete sacrifices other loves for primary passion

By Alec Lawton
Argonaut

Russ Winger loves the sound of a 16-pound shot put hitting packed sand.

"The best feeling is when I'm just releasing the throw and it all feels right," Winger says. "I can usually turn around while it's still in the air. My heart jumps at that distinct thud when it hits the sand, and if it's close enough to the edge, you can hear the sand scatter off in the grass."

Winger, a junior metallurgical engineering major and member of the Idaho track and field team, has many passions. He loves to fish, but has not had a free weekend since Christmas. He loves being the membership development chair of the Alpha Gamma Rho fraternity, but has limited time for it after training for hours every day. He concedes he just cannot do everything and has to make sacrifices to focus on his main passion: perfecting his throw.

Each of Winger's practices lasts at least three hours, and he sometimes has two practices a day. He usually spends Fridays and Saturdays on the road at meets.

Throwing was not always such a serious affair for Winger. He joined his high school track and field team in his junior year partly because his father had thrown in high school. His school in Colorado Springs, Colo., did not have an established athletic program, so he started his career throwing by himself.

In spite of limited coaching,

Winger placed at the state meet that season and began receiving recruitment letters from colleges halfway through his senior year.

The thought of scholarship money excited him, especially a full-ride offer from the University of Montana, but in the end he decided the Vandals were the best fit.

"I'm a long way from home, but I still have a family here," Winger says. Having the right people to work with is important to Winger, who says

training with Matt Wauters, Wes Hendricks and his other teammates helps him to stay motivated. And he says the coaching by Julie and Tim Taylor, the throwing coaches, is as good as any available at a Division I school.

Winger will need this support if he is to reach his post-collegiate goal of competing in the Olympics. He has clearly defined stops on the road to reaching that dream, including performing well at the USA Championships and NCAA Nationals, where he placed fifth in throwing last year.

Winger looks to former Idaho athletes and Olympians Sherman James and Angela Whyte for inspiration. He also has spoken with former Olympians and knows that he will face intense competition on the way to the Games.

"I've thrown against these guys before," Winger says, "and I think with enough training it's doable." Winger intends to re-evaluate his Olympic prospects at the end of his collegiate eligibility, but is determined to push himself to his personal limit.

"I've come farther than I ever thought I could," Winger says. "And coming this far has only motivated me to shoot higher."

"My heart jumps at that distinct thud when it hits the sand, and if it's close enough to the edge, you can hear the sand scatter off in the grass."

Russ Winger
thrower

MEN'S BASKETBALL

San Jose State sweeps Vandals

By Keanan Lamb
Argonaut

After winning its first conference game of the season last week, the Idaho men's basketball team lost Thursday at San Jose State.

The Spartans (6-17 overall, 2-8 WAC) dominated in the rebounding battle 41-32, which Idaho coach Leonard Perry said was the key to the 72-61 loss by the Vandals (4-17, 1-9).

"We didn't control the things that we can control," Perry said. "We can't control someone being more athletic than us, but we can control how hard we block out."

Before the game, Perry emphasized to his team the importance of controlling the rebounding edge.

"We talked a lot about second shots and we knew that was where the game was going to lie," Perry said. "I'm upset that we gave up 17 offensive rebounds and we knew that is what would break our backs."

Unlike their upset of Fresno State at home earlier in the week, the Vandals were unable to establish offensive consistency in either half. Making 48 percent of their shots against the Bulldogs, the Vandals' shooting dropped off versus San Jose

State, converting only 40 percent.

Sophomore post Mike Kale was the only Vandal in double figures, with a career-high 20 points on 10-of-14 shooting. The rest of the Vandals went a combined 16 of 50.

"Mike is getting better and I'm pleased with his progress over the past five games," Perry said. "We are getting him the ball and he answered the bell."

"We can't control someone being more athletic than us, but we can control how hard we block out."

Leonard Perry
coach

seven points and seven boards.

Tyree Gardner and Alex Elam led the Spartans with 13 points each. The win completed a season sweep of the Vandals and snapped a four-game losing streak. San Jose State's last victory was a 57-53 win on Jan. 21 in Moscow.

With regular season games dwindling, Perry and the Vandals know chances to win games like the one Thursday cannot be wasted. "Now we have to get back in the gym and set a game plan for Utah State," Perry said.

Senior Tanoris Shepard was held to single digits in scoring for the first time this season, going 2 of 11 from the field and scoring nine points with eight assists. Keoni Watson chipped in eight points, and Desmond Nwoke had

Class title a bit deceiving

By Mackenzie Stone
Argonaut

Two out of three isn't bad, unless the best part is left out.

Ball, Ballet, and Balance is a UI wellness class that is supposed to combine physioballs, ballet and yoga for a strength class. Last week, the class used physioballs and yoga poses, and was focused on strength, but there was no ballet to be found. The class can be a great workout for intermediate students, but be prepared for a surprise.

Instructor Kristine Petterson incorporates many different exercise mediums into her class, including yoga, pilates, ballet, physioball workouts and traditional exercises. There is no specific workout schedule for her class, because she gears the class based on feedback from the students and her personal preferences. That is not to say she wings the class or selfishly gears the workout to her needs, but she definitely has a loose outline for her class schedules. Petterson changes the focus of the class each week. The workout's focus fluctuates between a strength class and a meditative class depending on the day, Petterson said.

Class breakdown: The class was fairly small, with only eight women. Petterson said five to 10 students attend her class each week. The major portion of the class was yoga. Petterson started with breathing exercises and meditative techniques, then transitioned into several yoga sequences. She focused on a more advanced version of the sequences because most of the class had done them before.

Afterward, Petterson used the physioball to target abs, arms and the lower back. The class did several exercises on the ball, such as crunches, bicep curls and "superwoman." The class ended with practicing dif-

WELLNESS PROGRAM



Mackenzie Stone
Argonaut
arg.spots@sub.uidaho.edu

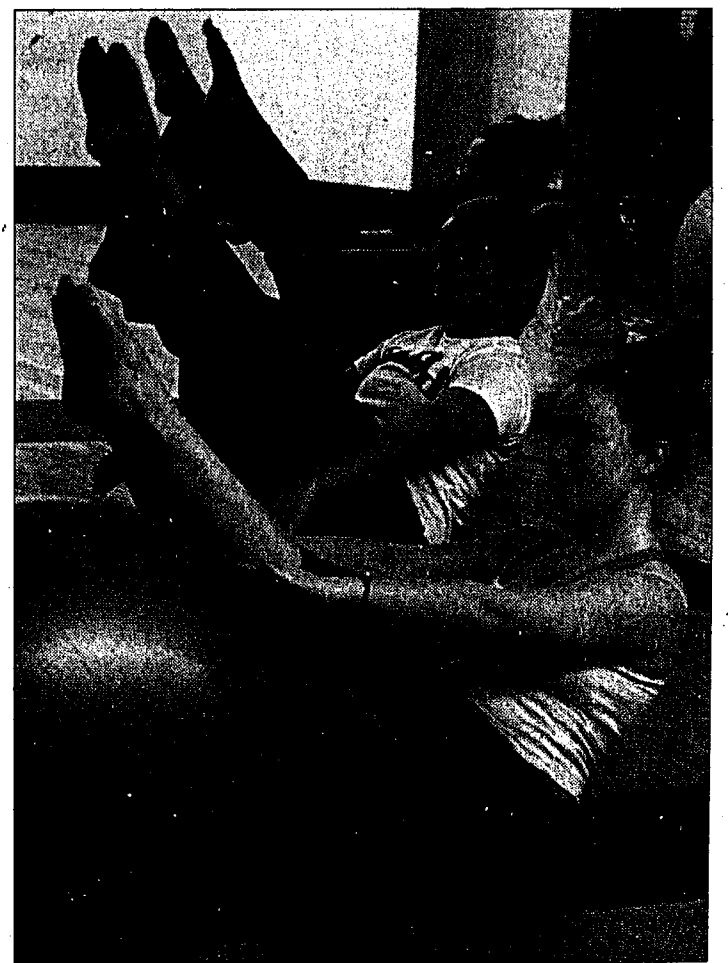
Ball, Ballet, and Balance
When: 7:30 p.m.
Wednesday
Where: SRC West
FYI: Be prepared to be flexible.

ferent levels of the tree pose, a yoga balancing stance, and a few generic stretches.

What to bring: A lot of exercise equipment is used in this class, including physioballs, yoga mats and dumbbells, but it is all provided. Students can bring their own yoga mats, if desired. It also is a good idea to bring water.

The best part: The yoga. Petterson teaches the best yoga workout I have seen at the university. Not only does she teach students poses and instruct them when to breathe, but she also explains the importance of breathing in yoga and the proper techniques. While other instructors at the university probably have the same knowledge as Petterson, she actually explains why and how to breathe correctly. Also, the yoga portion of the class seemed to flow. It was not a collection of exercises melded together, but a sequence of movements. Petterson's yoga instruction made me feel like I was practicing the art of yoga rather than doing individual yoga poses.

The worst part: Oddly enough, the yoga, or maybe it is just the name of the class. I walked into the class expecting to dance, because the name of the class includes ballet. Granted, in the class description it does say the instructor



Kentaro Murai / Argonaut

(Front to back) Freshman Courtney Evans, freshman Jessi Vernon and sophomore Emily Rawls go through an exercise routine during the Ball, Ballet, and Balance class Wednesday at the Student Recreation Center.

incorporates yoga, but I did not think it was going to be the majority of the class. I will be the first to say I know very little about ballet, but I'm pretty sure we didn't do any ballet in the entire hour. After talking to Petterson, I understood that she gauged the class by the students and decided to not include ballet, but nonetheless, the class name can be deceiving.

How I felt the next day: I thought for sure I had done enough abs to make them sore, but I did not feel a thing the day

after. Instead, my arms were sore from bicep curls on the physioballs. I was able to tap into a new area of my arm muscles because I had never done curls like those before.

Final thoughts: This class is great for students who do not really mind what exercises they are doing, just as long as they are getting a workout. However, students that like to go to a class where they can somewhat expect what is going to happen should skip Ball, Ballet, and Balance.

SportsCALENDAR

Today

UI men's golf at Thunderbird Invitational St. George, Utah

Wednesday

UI men's basketball vs. Utah State Cowan Spectrum 7 p.m.

SRC co-ed volleyball tournament entries due

Thursday

UI women's basketball at Utah State Logan, Utah 6 p.m.

Friday

UI track and field hosts 30th Annual Vandal Indoor Kibbie Dome

SRC co-ed volleyball tournament 9 p.m.

Saturday

UI track and field hosts McDonald's Open Kibbie Dome

UI women's tennis vs. Gonzaga Missoula, Mont. 9 a.m.

UI women's basketball at Nevada Reno, Nev. 2 p.m.

UI men's basketball at Montana State Bozeman, Mont. 6 p.m.

Sunday

UI women's tennis at Montana Missoula, Mont. 9 a.m.

UI men's tennis at Gonzaga Spokane 3 p.m.

Intramural 3-point shootout play begins

Monday

UI men's basketball vs. Nevada Cowan Spectrum 1 p.m.

SportsBRIEFS

Erickson lines up staff

There will be a lot of familiar faces on Dennis Erickson's football staff — some from last year and some whose Vandal ties go further back. "It's a combination of young guys and some veterans," said Erickson, who returned to the Idaho campus on Wednesday as the Vandals' head coach. "I spent a lot of time interviewing and talking to the staff here. I really felt they did a good job. I wanted to keep as many as I could."

Erickson retained the entire defensive staff, with Jeff Mills assuming the defensive coordinator's role in addition to coaching the safeties. Alundis Brice remains the cornerbacks coach, while Johnny Nansen is with the linebackers and James Cregg is with the defensive linemen.

Offensively, Erickson is expected to bring in long-time colleague Gregg Smith, who was at Idaho with Erickson during his first go-round with the Vandals, as the offensive line coach and as his assistant head coach. Vandal alum Dan Cozzetto, who also was with Erickson at Idaho in the 1980s and at Oregon State, should fill Erickson's offensive coordinator position and serve as receivers coach. Jamie Christian, whose career includes stops

at Northern Arizona, Oregon State, the San Francisco 49ers and Sacramento State, is likely the running backs coach.

Jonathan Smith, who played quarterback for Erickson at Oregon State, remains as the quarterbacks coach, while Jason Eck, who coached offensive line the past two seasons, will coach tight ends.

Contracts are pending Idaho State Board of Education approval.

Women's tennis earns season's first victory

The Idaho women's tennis team got its first win of the season Sunday, defeating Eastern Washington University 4-3.

"It's our first win of the season, so we're very excited," coach Katrina Perlman said. "Eastern Washington is a good team; they've improved a lot and today was a good fighting match for us."

The Vandals won in the number one, two, three and four spots. The No. 1 spot was dominated by Mariel Tinnirello, who defeated Sayaka Yoshimoto of EWU 6-1, 6-1.

The second win came from Patricia Ruman, who beat Kasey Knox of EWU 6-4, 7-6. Karen Konishi also pulled it out in two straight sets, defeating EWU's Amanda Mankovits 6-4, 6-1.

The toughest match came with

Idaho's Efrat Leopold taking out EWU's Nelly Dvornicka in three hard sets, winning 6-4, 3-6, 6-2.

"It was a very hard fourth match today," Perlman said. "It came down to the last match with Efrat and she was able to pull it out in three sets. It was a great win."

In doubles action, Tinnirello and Ruman beat EWU's Knox and Yoshimoto in a very close match with a 9-8 (9) victory.

"As a whole we're very happy," Perlman said. "It's great to have our first win under our belts and it's going to be a great confidence builder."

The Vandals also lost two this weekend. Idaho lost 4-3 Friday afternoon to the University of Wyoming, and was swept 7-0 Saturday afternoon by the University of Utah.

Idaho takes on Gonzaga at 9 a.m. Saturday in Spokane.

Olson earns WAC honors

Idaho distance runner Dee Olson was selected as the Western Athletic Conference Women's Indoor Track and Field Athlete of the Week for her performance at the Husky Classic.

Olson, a sophomore from Estacada, Ore., finished third overall in the mile and was the top collegiate finisher with a personal best and NCAA provisional qualifying time of 4:41.23. She also ran

the final leg of the distance medley relay; the relay team finished second and broke the Idaho school record with a time of 11:35.32. The previous record was 11:47.70.

The Vandals are home this weekend, hosting the Vandal Indoor on Friday and the McDonald's Open on Saturday.

Mitchell nominated for Lieberman Award

Leilani Mitchell, a point guard for the Idaho women's basketball team, has been named a finalist for the seventh annual Nancy Lieberman Award. The award is a national project of the Rotary Club of Detroit honoring the nation's top point guard in women's Division I basketball.

The criterion for the award includes the floor leadership, play-making and ball-handling skills that personified Hall of Famer Nancy Lieberman during her career. Mitchell, a junior from Kennewick (Wash.) High School, is currently averaging 17.9 points per game and is ranked No. 3 in the nation for steals per game with 4.0.

Sportswriters from across the country have determined the final nominee list, and will select three finalists and one winner from this list at the end of March.

NationalSPORTS

James ends Spurs' winning streak

LeBron James scored 44 points to lead the Cleveland Cavaliers to a 101-87 victory over the San Antonio Spurs on Monday night.

It was James' sixth game with more than 40 points this season, and ended the Spurs' franchise-record nine straight road victories.

James was 19 of 33 with five assists and three rebounds, followed by Zydrunas Ilgauskas with 17 points and Drew Gooden with 10 points.

NFC wins Pro Bowl, Brooks named MVP

The NFC upset the AFC 23-17 on Sunday in the NFL Pro Bowl in Honolulu, Hawaii. AFC teams have won five of the past six Super Bowls and four of the previous five Pro Bowls entering Sunday's

matchup. The game was sloppy with 10 turnovers, including a 58-yard interception return for a touchdown by game MVP Derrick Brooks.

The return gave the NFC a 17-10 lead, and its impressive defense was able to hold the AFC offense to just seven points the rest of the game.

Players on the NFC team earned \$40,000 for their win, while AFC players collected \$20,000.

The NFC and AFC are tied 18-18 in the current Pro Bowl format, which has been in place since 1971.

Injured Kwan pulls out of Torino

The 2006 Torino Winter Olympics began with the opening ceremonies on Friday night, but unfortunately for American figure skater Michelle Kwan, her Olympics ended after she injured her groin in practice over the weekend.

The injury brought Kwan's decade-long quest for Olympic gold to a sad end. Youngster Emily Hughes will replace Kwan at the Games.

Kwan has won everything in her career but Olympic gold, including a silver medal at Nagano in 1998 and bronze at Salt Lake City in 2002.

Hughes is the younger sister of 2002 Olympic champion Sarah Hughes. She will join national champion Sasha Cohen and Kimmie Meissner on the U.S. team in Torino.

In other Olympic news, Bode Miller and Daron Rahlves were unable to medal in the downhill skiing competition, and Apolo Anton Ohno fell in his 1500-meter speed-skating semifinal.

The U.S. snowboarding team kept the Americans afloat as Shaun White and Danny Kass took gold and silver in the men's half-pipe, while Hannah Teter and Gretchen Bleiler took the top two positions in the women's half-pipe.

Raiders hire Shell as head coach

Oakland Raider's owner Al Davis introduced Art Shell as his new head coach on Saturday, bringing back the Hall of Fame offensive lineman and former Raiders head coach.

The Raiders turned to their former coach after being rejected by Steelers offensive coordinator Ken Whisenhunt and Louisville head coach Bobby Petrino.

The Raiders have won just 13 games the past three seasons and have produced only one victory against the AFC West in the past two years.

Shell has not been a head coach since the Raiders fired him after the 1994 season, and his last coaching job was as an assistant with the Atlanta Falcons five years ago.

He posted a 54-38 regular-season record with the Raiders and led them to one AFC championship game.

Shell was the first black coach in modern NFL history when he was hired by the

Raiders in 1989, and he becomes the seventh black coach currently in the league.

Coach Snyder out at Missouri

Quin Snyder stepped down as the Missouri men's basketball coach on Saturday, one day after saying he planned to finish out the Tigers' disappointing season.

Associate head coach Melvin Watkins took over for the 10-11 Tigers and is expected to remain as acting head coach for the rest of the season.

Missouri had lost six straight games after a 10-5 start, and the team fell to 3-7 in the Big 12 after last week's loss to Baylor.

Snyder compiled a 126-91 record in seven years at Missouri, and leaves with two years remaining on his contract.

The Tigers earned NCAA bids in his first four seasons as head coach, including an appearance in the elite eight in 2002, but have gone just 42-42 since that time.

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