UNIVERSITY OF IDAHO THE ARGONAUT

Friday, April 20, 2007

The Vandal Voice Since 1898

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Board denies fee request

By Sean Garmire Argonaut

The Idaho State Board of Education denied a proposal for an increase in University of Idaho student fees during a Thursday meeting at the university.

Students will see fees increase in 2007-2008 from \$4,200 to \$4,410.

The proposal given to the board as a 5.95 percent increase in residential student fees was cut to a 5 percent increase, while non-residential tuition, set at 2.60 percent in the proposal, was raised to 5 percent:

The cut ultimately results in a \$200,000 reduction in the amount UI expected to receive this year.

President Tim White said the board's decision came as a surprise.

"Everybody, worked hard to be modest. ..., We left a lot of good things on the floor, and now we're going to have to leave a lot more," White said. "We're going to think about this deeply."

The university's proposal was the result of six months of work by students and faculty to gauge the financial requirement of the campus. The proposal was significantly less than last year's, which was cut from 9.5 to 5.85 percent. The 5.95 percent increase request was the fourthlowest proposal made in the past 20 years.

White said the university will work during the upcoming week to find what areas on campus will not be financed.

During the debate at the meeting, some board members argued that it was important to keep student fees low and affordable.

"This isn't Monopoly money, this isn't federal money, this is student fees," said board member Rod Lewis. "This is money



How seven people control your education

By Sean Garmire Argonaut to graduate — and that's not even the half of it. The process of assigning and raising student fees is an arduous one. It begins with a student committee deciding how many dollars students should spend based on shifting needs on campus, and ends in a vote by the board. Thursday, the board assembled in the UI Clearwater Room to hear a student fee increase proposal brought by UI administrators. The proposals represented more than six months of planning by student committees and UI faculty, and amounted to a 5.95 percent increase for undergraduates. The request was comparatively modest, being the fourthlowest fee proposal made in the past 20 years.

that comes right out of the pocket from kids who are trying to get an education."

The vote to change the request was not unanimous.

ASUI President Berto Cerrillo said he found the board's decision upsetting.

"The university is going to have to go back to its budgets and figure out what it's going to do without that \$200,000, and what good things aren't worth funding." It's the kind of question

It's the kind of question Cerrillo didn't want to ask.

"I have a feeling in the future our state budget won't be able to accommodate the university's

See **FEES**, page A6

They are often recognized only by their names. Their faces may not be immediately familiar when they walk the causeways of the University of Idaho campus. But the members of the Idaho State Board of Education are the bosses here. They are responsible for almost every aspect of education at UI.

The seven members of the board supervise all Idaho public education, from kindergarten through doctoral programs. They have the final word in nearly every infrastructural change an Idaho public school wishes to make. Their decisions affect the dollar amount students pay, the number of professors at the university, money allotted to athletics, the types of programs the university offers, the classes required

Though the board members saw the proposal as a low

See **SBOE**, page A6

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Gaffney, Huddleston win ASUI Election



Bruce Mann/Argonaut Vice President-elect Amy Huddleston hugs her opponent Jared Zook after the election results were announced.

By Christina Lords Argonaut

After a significant increase in voter turnout from last fall, Jon Gaffney and Amy Huddleston are the new ASUI president and vice president.

While only 6 percent of the student population voted in ASUI's general election last fall; 19 percent voted in this election.

A total of 1,557 people voted in this semester's election. Gaffney and Huddleston received 827 votes, or 57 percent of the votes cast. Jimmy Fox and Jared Zook, the only other presidential and vice presidential ticket, received 625 votes, totaling 43 percent of the votes.

Students elected Lauren McConnell, Chuck Chambers, Kelby Wilson, David Church, Victoria Cook, Dean Throop, Cameron Michael and Justin Kilian for the eight available ASUI Senate positions.

Of all the votes cast, 16 percent came from the University of Idaho campus. Polling stations were set up at the Idaho Commons, Wallace Complex and the Student Recreation Center. Aside from the eight paper ballots cast, the rest of the votes came from wireless sources from off of the campus.

"I'm ecstatic. (This is) incredible and amazing," Gaffney said.

Filling cabinet positions within
ASUI before summer is one of his
first priorities, Gaffney said.

"We really want to hit the ground running," he said.

Huddleston said she expected the race to be close, and was honored to run against Fox and Zook. She said she felt blessed that she and Gaffney were able to take on the position.

Goals that Huddleston wants to accomplish within the first 60 days of office include getting the newly elected senators feeling comfortable and making adjustments within the ASUI office for the long term, she said. As vice president, Huddleston will serve as the president of the ASUI Senate.

Huddleston said she also wants to get started on a new program called Vandal Consultants, which allows students to make contacts with prospective employers and help students build a portfolio.

Fox and Zook looked visibly disappointed Wednesday evening, but congratulated the winners directly after the results were announced. Fox said he wished Gaffney and Huddleston the best of luck, and told them they have big shoes to fill after the current ASUI presidency and vice presidency of Berto Cerrillo and Travis Shofner.

"I am disappointed," Fox said. "I feel like Jared and I ran a solid campaign. ... These last three weeks certainly feel like I've worked hard enough."

Fox said he will not seek out an executive cabinet position in ASUI next semester, but hopes to become the ASUI lobbyist for the Idaho State Legislature next spring. ASUI Sen. Chuck Chambers, the

ASUI Sen. Chuck Chambers, the only current senator to run for reelection, said that it is a great time to be involved with ASUI.

"I'm really happy because working with ASUI is a great experience," Chambers said. "ASUI has a lot of potential, and I think Amy will do a great job as president of the Senate."





Davtrip: April 28 FOR MORE INFORMATION CONTACT: OUTDOOR PROGRAM SRC 885-6810 campusrec.uidaho.edu/outdoor





SudokuPUZZLE

6 6 3 5 9 3 4 2 7 5 8 2 4 5 1 6 3 8 1 2 5 4 7 7 8 3 4 8

Solutions from 4/17

2	7	5	8	9	6	1	3	4
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9	8	4	3	1	2	6	5	7
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4	3	1	6	7	9	2	8	5
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Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, i to strategies on how to www.sudoku.org.uk.

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UI STUDENT MEDIA BOARD The UI Student Media Board meets at 5:30 p.m. the first and third Monday of each month. Time and location will be published in the Argonaut Classified section the Turseday of the week before the meeting. All meetings are open to the public Questions? Call Student Media at 885-7825 or visit the Student week before the section of the Student Media at 885-7825 or visit the Student and the section of the Student Media at 885-7825 or visit the Student and the section of the Student Media at 885-7825 or visit the Student and the section of the Student Media at 885-7825 or visit the Student and the section of the Media office on the SUB third floor.

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Rules of admission

Even with a perfect GRE, Brad Littlejohn can't attend UI grad school. Why he was rejected, and why that could change.

By Tara Roberts Argonaut

Brad Littlejohn got a perfect score on his Graduate Record Examinations General Test. Not just good - perfect. But when Littlejohn applied to the graduate program at University of Idaho, his application was rejected.

The rejection letter states that because Littlejohn's bachelor's degree is from an institution "that is not accredited by a recognized accrediting association," the graduate admissions college could not continue processing his application

Littlejohn, 19, attends New Saint Andrews College, a classical Christian liberal arts college in downtown Moscow. He is one of several NSA students who have applied to grad school at UI and been denied on the basis of accreditation.

A perfect GRE score means Littlejohn received 800 out of 800 possible points in both the verbal and quantitative sections of the test. He received the highest possible score, 6.0, on the analytical writing portion of the test. Only 1 percent of test-takers receive perfect scores in verbal, 6 percent receive perfect scores in quantitative and 4 percent receive perfect scores in analytical writing. It is extremely difficult to earn perfect scores across the board.

When Littlejohn received the rejection letter, he wasn't surprised.

^hI was actually amused, really. UI wasn't my first choice actually to go to, but I was interested in giving it a shot," he said. "Everyone I've talked to, of course, has thought it's quite laughable."

But the rule that played a role in preventing UI from processing Littlejohn's appli-cation may be changed in today's State Board of Education session.

The Idaho Legislature passed House Bill 712 in its 2006 session. The bill instituted a more rigorous registration process for private postsecondary academic institutions in order to protect "the integrity of academic credit among institutions" and help "to avoid the proliferation of degrees that are granted by paying a fee and not taking classes and still obtaining

degrees.'

Proprietary Schools, was updated to state that the SBOE recognizes only regional accreditation organizations."

NSA was accredited in the fall of 2005 by the Transnational Association of Christian Colleges and Schools — not a regional accreditation board. Thus, NSA was not recognized by the SBOE.

NSA Executive Vice President Bob Hieronymus said he thinks the rule was overly reactive.

"The SBOE, in an attempt to crack down on diploma mills, used a sledgehammer instead of a fly swatter."

Some Idaho schools, such as Lewis-Clark State College, currently recognize NSA credits, said NSA Director of Admissions Aaron Rench. UI's College of Law has accepted NSA students into its program (Stephen Perez, the college's director of admissions, was unavailable for comment.)

UI as a whole, however, has never recognized NSA credits, Rench said.

Rench said he would like acceptance of NSA students to "be consistent on the books and in practice."

Since last fall, NSA officials have been trying to have the rule changed, Hieronymus said. Wednesday, Ō'n Littlejohn and other NSA students and administrators met with Stuart Tennant, the SBOE chief post-secondary academic officer, to discuss the effects of the accreditation rule.

Changes to the rule are on the table for the SBOE meeting that concludes today. If approved, the rule's language will change to read that the board "recognizes only institutional accreditation organizations.'

Hieronymus said the change should eliminate the problem facing NSA students like Littlejohn. "That will, I think, open the

door for a number of possibilities for students here who want to be dual-enrolled or come here for two years and transfer to UI," he said. Rench said the meetings

with Tennant were productive, and he hopes the rule will be changed so the relationship between UI and NSA will improve.

"I know that in general we would love to be able to cooperate, to have a cooperative relationship," he said. "We like the University of Idaho. ...

met with Tennant Wednesday. Tania Thompson, UI director of media relations, responded to inquiries regarding the NSA situation on behalf of the provost.

"Provost Baker has begun fact-finding into the issue of admissions application processing," Thompson said.

She said there is no timeline for when this fact-finding will be completed.

More information from Thompson was not available at press time.

Until admissions issues between UI and NSA are clarified, NSA students must find places other than UI to attend graduate school.

Littlejohn is looking into Cambridge, where he's been in touch with a faculty member who encouraged him to apply.

He said he feels like UI hasn't even tried to be cooperative in this situation.

'Many of the faculty, at least in the grad school, don't like NSA and don't want to encourage us by accepting our students," he said.

Hieronymus said that once the "bureaucratic impediments" are gone, the relation-ship between UI and NSA should grow stronger.

'We think that the interests of students should be first and foremost, and I know my col-leagues at the UI feel the same way," he said.

He and Rench cited the interaction of the University of and Northwest Oregon Christian College as an example of what they hope will build between UI and NSA. NWCC students can access UO resources such as the library, and there is a system of credit equivalency for transfer and dual-enrolled students.

Hieronymus said it's a shame that NSA students are dismissed just on the basis of accreditation. But today's ruling could be the first step in a change

"What we have here is an opportunity to serve our collective student population better and I know the University of Idaho wants to do that as much as we do."

The ins and outs of NSA

By Caitlin Rice Argonaut

There are only two classrooms in New Saint Andrew's College.

And they have names. Names of founding church fathers — there's the Calvin Classroom and the Augustine Classroom.

Scroll across the links on their Web site and you will find a "Statement of Faith" page.

It discusses the school's stances on the Incarnate Christ, salvation, the Triune Majesty - concepts that many professors don't consider discussing in their classroom.

But this Christian worldview is one that shapes and defines every class, and consequently, every student, in the liberal arts college.

"Its basis is the Biblical understanding and Jesus' self-testimony that he is the Lord of all," says Dr. Roy Atwood, president of the school. "So we look at any subject and any discipline with that perspective."

It's not a popular idea, he says. "Some people would say, 'That's religious gobble-de-goop - that doesn't sound like education.' We would argue that education is one of the most religious things we do."

Teaching and learning deals with questions that call on deep-rooted values, he says.

"Any time in a classroom when you are talking about something you are talking about whether it is true, whether it has meaning or value or purpose. Those are all inescapably connected to 'why should we care ... about anything?' Those are not questions that are answered by appeal to fact; those are moral, spiritual kinds of questions."

The first year at NSA is one that strikes fear in the heart of many freshmen. And for good reason: Atwood says they refer to it as "intellectual boot camp.

"We want to push students as far as they can go. It's really to get them to see what they are capable of," he says.

The reason the college needs only two classrooms is because of its emphasis on personal study and book learning, Atwood says.

Freshmen usually take four courses with twohour lectures on Monday or Tuesday and attend smaller group recitations Wednesday through Friday.

Disputatio on Friday afternoons are public forums that all students are required to attend. The debates and presentations cover a diverse range of topics and are presented by all sorts of lectures, ranging from UI or WSU professors to Muslims, Mormons or Unitarians.

"It's designed to expose students to a wide range of ideas — many of which may conflict with their set notions," Atwood says.

The demands and challenges that students face are what NSA is known for and that is exactly what Sean Fukuda says he was looking for in a school.

Fukuda was attending UI's landscape and architecture program and was in his third semester when he decided to change schools. He is now completing his first year at NSA.

"It's very strange to go from a state education to this — it's completely different from anything I've ever done."

program was a good one, but he made the decision to leave because he was bored and unmotivated. At NSA he was pushed harder than he ever had been and says he was held accountable for his naturally lazy attitude about school. "I actually enjoy school now," he says. "I'd lay

in bed for an hour and debate on whether or not to go. That's not an option now."

Part of his newfound inspiration has to do with the camaraderie he says exists among the students. When the workload is so intense it is good to know everyone is going through the same thing together.

One fear for Fukuda in going to NSA was the idea of becoming the classical education stereotype

"I was worried I'd come out totally pompous or learning how to argue just so I could batter people. But that hasn't been a problem — they've really discouraged that."

Instead, he says, the difficulties and new experiences at NSA have created the opposite result.

"They encourage Biblical humility and Christlike behavior and how to be balanced - not just an egghead, a bitter cynic or pompous ass - you realize how much you don't know. It's a humbling experience," he says.

Jenny Jo, a sophomore at NSA, began attending UI last year as a piano performance major. She has since had to give up her music study because of a finger injury, but she says attending both schools at the same time shaped her as an individual.

"Here (NSA) the education is learning how to be a complete person and how to have a full, rich life — how to be a better community member, citizen, church member, wife, mother, friend - a better person in general," Jo says.

UI provided her with an outlet for the music she enjoyed all through high school, but she says NSA was her top priority because she appreciated its broad scope of classes and how they relate to one another.

"Our junior year we take a class called Tradidio," Jo says. "It's a synthesis of history, literature, architecture, philosophy and theology. It teaches us to have a global and historical perspective.'

For Daniel Foucachon, who is interested in pursuing global business, this historical approach to education is what brought him from halfway across the world in Lyon, France, to Moscow.

'I have a French uncle and I told him about NSA," says Foucachon, "and he said, 'Finally, a real education!"

Foucachon says the unashamedly Christian, historical worldview of the college creates the con-

"We live in a world, we are not isolated," he says. "We are the product of people who came before us. If we don't have an understanding of who we are we won't know how to relate to other individuals.'

Ty Rallens graduated from UI with his degree in computer programming and from NSA with his bachelor of arts. Besides a general lack of sleep and social life in those four years, he says by attending both schools he could get more out of his education

is — it's completely different from anything I've fer done." "I see my time at UI as primarily focused on my career," he says. "NSA gave me a start in having a more fulfilled life."

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One rule that resulted from H.B. 712 changed the way colleges like NSA are viewed by the state. IDAPA 08.01.11, **Registration of Postsecondary** Educational Institutions and

We just believe it's something that just needs to get worked out in terms of the paperwork. UI Provost Doug Baker also

Celebrate the Student Rec Center! 2002-2007 5 years of fun...





April 20, 2007

To the Students, Faculty and Staff of the University of Idaho:

The United States flag flies at half-mast at the University of Idaho, as we mourn the horrific carnage of Monday's events at Virginia Tech University. We send the thoughts and pravers of a sister institution, and a sister community, to all connected with Virginia Tech.

It is so difficult to imagine the pain that families and friends of the dead are feeling, what the wounded and their friends and families are going through, and how they and their beloved institution-faculty. staff, students and alumni-can move through, and beyond, this dark week.

Several among us at the University of Idaho have connections and relationships with Virginia Tech, as former students and employees, and through friends and colleagues. Many will now develop a connection with Virginia Tech because of the commonalities of our universities. In addition, some of us may have our own histories of personal trauma or tragedy. And after all, as a university community we have just experienced a tragic killing in Moscow.

As I have all too recently written to you, violence has no place in environments of discovery, learning and teaching, where reason, dialogue and respectful debate-not violence-are the means to solve differences, reach common understanding and effect positive change in the world. Yet violence has intruded into our own world of learning in Moscow and elsewhere, and now in Blacksburg, Virginia. These are inexplicable and unacceptable violations of the open, thoughtful and contemplative environment we consider important for creativity and learning at a university.

I ask that while we keep the Virginia Tech community-and all affected by acts such as these, past and present—in our thoughts, we also be certain to take care of ourselves here at the University of Idaho. Following a horrendous event like this, some of us may experience some variation of a normal stress reaction. The form and severity of the reaction varies with each individual. If you develop symptoms such as difficulty in concentrating, deep sadness, anxiety or depression, loss of appetite, sleep difficulties, etc., talk with those whom you trust about your feelings, and-particularly if symptoms persist-seek professional assistance. Also, consider limiting the amount of media coverage to which you are exposed, as otherwise you run the risk of increasing your level of anxiety and distress.

Students who are experiencing distress can seek assistance at the University's Counseling & Testing Center, in the Continuing Education Building, Room 306, (208) 885-6716. Crisis services are available 24 hours per day.

Sincerely,

Timothy P. White President

Friday, April 20, 2007

Vandals offer Hokies support

UI students create banners and paper cranes in memory of those lost in the Virginia Tech shooting

By Christina Lords Argonaut

It can be hard to feel the pain and suffering of a community that has had so much taken from them, like those reeling from the deaths of 32 Virginia Tech shooting victims in Blacksburg, Va.

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ASUI members have reserved tables in the Idaho Commons until next Wednesday for UI students to offer their thoughts of hope and concern to the students, faculty and staff of Virginia Tech. A

vigil will also be held on campus at 9 p.m. Monday to remember those who were killed. The location of the vigil has not yet been determined.

Large banners where students can write notes of condolence have been provided by ASUI, and will be sent to Virginia Tech next week. Along with the banners is the opportunity for students to make a Japanese origami paper crane, an idea that was presented by ASUI President Berto Cerrillo.

"We had a conversation about what we could do to

show our support," Cerrillo said. "The paper crane is a symbol of peace. We just wanted to show our support from all of our students."

ASUI Sen. John Adkins, who worked at the tables with the banner Wednesday, said the banners and the cranes were a way to show the people

But students at the University of **"The paper crane is** Tech that they're being at Virginia a symbol of peace. supported during this We just wanted to hard time. "This will show our support allow some from all of our of us to grieve," Adkins said. "Our colleagues are suffering.

Who are we as Americans

and as students if we don't show them support?"

students."

Berto Cerrillo

ASUI President

Nathan Hand, the ASUI volunteer programs coordinator, said the idea behind the banners and the paper cranes is a way to give UI students an outlet. Many people feel like they are drawn to do something, but wonder what they can do, Hand said.

When bad situations occur, Hand said most people want to contribute in some way, usually by donating items or money. The banner and cranes allow people to offer intangible assets like thoughts,

prayers and notes, Hand said. ner read, "We are with you in the rest of the nation." "There's a shock part of it all your strife. Know that it will Countless other UI that says this can't or won't happen, but we can support them

from a distance," Hand said.

get better." Another note stated,

"Thank you for being so strong. One message from the ban- You are a wonderful example to

Countless other UI students wrote messages stating the students of Virginia Tech were in their thoughts and prayers. "It's an important time to

gather around each other. These were people our age, being at a university, growing up with their life just beginning," Cerrillo said. "It's our obligation to show our support."

Creating a sacred journey

By Alexiss Turner Argonaut

Standing in front of a statue of Buddha in India, he says

every journey is driven by a huge existential question. In Mecca, he says during your travels you can cross the threshold from ordinary to extraordinary.

In the Agricultural Science Auditorium Wednesday, to a crowd of about 100 people, Phil Cousineau — author, teacher, travel leader and independent

Cousineau has also given lectures like these to travel agencies. The biggest complaint agencies. The biggest complaint he hears is that travel has become all-too predictable. To remedy this, Cousineau sug-gested turning travel experi-ences into pilgrimages or sacred journeys. He said this way of thinking will make travel more memorable and fulfilling. The beginning of the journey, which he calls the "longing," is characterized by the sense of

characterized by the sense of knowing a journey is needed but also with doubt of the journey's success. Cousineau's sec-ond step, the "call," or the spark that starts the pilgrimage, can be many things. For some people the pilgrimage is a way to give thanks for something or someone who has bettered their Cousineau said. "Now it means get off the bus.'

During the other steps of a sacred journey, he said it is important to know about the destination you are traveling to as well as a few customs and values of the people living there. He said wise travel will end the temptation to demonize one another because of ignorance. He also suggests keeping a jour-nal and bringing gifts to exchange with people on the road. Something as simple as a post-card, Cousineau said, will spark conversation and learning Cousineau said there will be "ordeals" along any journey, but if those obstacles are thought as chances to learn and grow, over-coming those problems will seem less difficult. Cassie Novak, a UI sopho-more, said Cousineau's lecture made her realize that travel like this is possible. "I've always thought doing something like that would be cool," she said. "But hearing that people actually do this makes me think it's possible even with-out a lot of money." David McArtor, a UI senior, raid the locture made him want

Vandal Moms invade campus for an event-filled weekend

By Hayley Guenthner Argonaut

Vandal mothers will be swarming campus today, eager for a weekend filled with turtles, music and Joe Vandal. Mom's Weekend 2007 will have no short-

age of activities to participate in, and the fun

begins today with registra-tion at the Student Union Building. Today's events also "If the weather is include an honors convocanice, the best

the day with a brunch at Memorial Gym, where the UI mom of the year will be announced. The brunch will also feature entertainment from the UI Jazz Choir and will provide an opportunity for photos with Joe Vandal.

Saturday afternoon offers a University Residence Vandal Ambassadors and Living

Learning Community sponsored Dessert Social, as well as a Flute Fest in the Lionel Hampton School of Music Recital Hall.

"Weekends like this pro-

Bruce Mann/Argonaut

ASUI Senator John Adkins folds a paper crane at the Idaho Commons on Wednesday. Students are being asked to help fold 1,000 paper cranes and sign a banner in support of the Virginia Tech community, which will ultimately be sent to that university.

scholar — showed slides from the travels he has taken to over 100 countries.

Cousineau's lecture was part of the third annual Judith Runstad Discovery Lecture Series that features nationally Series that features nationally renowned authors who engage with the UI campus and stu-dents. His book "The Art of the Pilgrimage," one of 22 he has written, is used in the UI CORE class Sacred Journey and has been published in six languages. Cousineau's book outlines the seven steps he gives to a suc-cessful "sacred journey," what he describes as a spiritually transforming journey meant to heal and cleanse.

heal and cleanse.

Cousineau's family always Cousineau's family always promoted reading and discov-ery of the arts. During his col-lege years, he worked at a steel factory 60 hours a week while attending school full-time. He always knew he wanted to travel and said he wanted to combine the "book smarts" his parents gave him with "street parents gave him with "street smarts.'

someone who has bettered their life. The journey can also be a way to seek forgiveness. Cousineau has led 20 pil-grimages during his life. During these journeys, travelers might walk 15 miles a day. Travel is also split into two-hour inter-vals designated for personal thought or discussion and

story-telling. "Everyone has their own sto-ries," Cousineau said. "People all around the world are going

all around the world are going through similar journeys." Cousineau said walking increases a traveler's ability to think positively and solve their personal dilemmas. He has led pilgrimages to many sacred des-tinations and said with the ease of travel the journey can be again of travel, the journey can be easily taken beyond borders.

"The word pilgrimage used to mean a walk to the fields,"

said the lecture made him want to make his travels more sacred.

During the lecture, Cousineau said it is important to think of life as a series of smaller journeys. For students, even púrsuing a college education can be considered sacred. He said all of life's tasks are pilgrimages of the heart and should be thought of as opportunities for growth.

Life is too short to just throw it away," he said.

tion at Memorial Gym at 3:30 p.m., followed by the Student Achievement Awards in lead-

Achievement Awards in lead-ership and Service at 7 p.m. in the Administration Building Auditorium. "I think the goal of Mom's weekend is to bring parents and students together for a weekend of fun and bond-ing," said Student and Young Alumni Program Alumni Program Coordinator April Montney.

Saturday provides mother's an opportu-nity to give back to the community while getting some exercise and enjoying the out-doors. The Kappa Kappa Gamma sorority has coordinated a Key for a Cure three-mile fun run beginning at 8 a.m from Memorial Gym. Phi Delta Theta's annual Turtle Derby will begin around 10:30 a.m., with all pro-ceeds donated to the Muscular Dystrophy Association.

"The fun run is a philanthropy we do to support the Susan G. Komen Foundation's efforts to discover a cure for breast cancer," said Kappa Kappa Gamma President Tandice Hogan. "It's a great time to show your mom campus while contributing to a

thing to do with vide mothers with the oppormoms is to walk around campus."

April Montney Student and Young Alumni Program

tunity to see what their stu-dent is involved in and share a special weekend," said Montney of the many avail-able activities.

The day will wind down with opportunities to attend a dinner featuring the Asian American Pacific Islander

Association at Memorial Gym, a showing of "Happy Feet" at the SUB Borah Theater, and "Oklahomal" performances at the Hartung Theatre.

Student Alumni Relations Board President Marie Fabricius said she views it

resident Marie Patricius said she views it as a great opportunity for mom's to see what a day in college is like for their child. "I think (the highlights of the weekend) will be the brunch on Saturday morning and the dinner on Saturday night," she said. Although there are many activities for stu-dents to share with their mom this weekend, those who would prefer some alone or quiet those who would prefer some alone or quiet time, campus provides some great opportunities for that as well.

"If the weather is nice, the best thing to do with moms is to walk around camwonderful cause that helps women." do with moms is to The amusement will continue throughout pus," said Montney.

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Delling's parents send open letter to Idaho newspaper

Associated Press

BOISE — The parents of a man charged with killing a university student and suspected in two other shootings say they did everything "under the law and in our power" to prevent their son from harming others, but in the end he "was very sick, and needed more than this system had to offer.

John Delling is charged with first-degree murder in the March 31 shooting death of University of Idaho student. David Boss in Moscow.

Police also suspect him in the slaying of Meridian resident and Boise State University student Bradley Morse in Boise two days later, and the March 20 shooting of University of Arizona student Jacob Thompson. Thompson survived the attack outside his Tucson, Ariz., home.

In a brief phone conversation with the Idaho Statesman, Carol Delling confirmed from her Antelope, Calif., home that she sent an open letter to the newspaper, but declined to answer questions.

Authorities earlier this month searched the Antelope home of Raymond and Carol Delling, who formerly lived in Boise.

Besides the letter from Delling's parents, the newspaper on Tuesday obtained court records that appear to show some of the leads that helped authorities connect the shootings of Boss in Moscow and Morse in Boise.

Delling, Boss and Thompson were all former

classmates at Timberline High School in Boise. see them over and over again. They have serious Morse attended high school in nearby Meridian at about the same time as the other three.

Earlier this week, Delling appeared before a magistrate in Boise on a felony grand theft charge involving Morse's car. He was assigned a public defender and his bail was set at \$2 million.

A preliminary hearing on the theft charge has been set for April 30.

Family members and court documents suggest that Delling struggled with mental illness, and the letter touched on that:

"One thing is clear. There was no preventative safety net in place to correct or rein-in a 'potentially serious' situation; no legislation, no mental health entity, nor any church-based aid could get a firm handle on this. John was very sick, and needed more than this system had to offer."

Idaho officials said the state does offer help to those who want it.

"In all honesty, a lot of treatment is voluntary," Tom Shanahan, a state Health and Welfare spokesman, told The Associated Press on Wednesday. "We can't make someone receive treatment. Unless a court commits a person to our care, treatment is voluntary."

The Ada County sheriff's office can detain people for 24 hours if they are considered a threat to themselves or others. The people who are detained are evaluated by health care workers.

"In a majority of those cases, those people are out in 24 hours," said Ada County Sheriff's Lt. Scott Johnson. "Typically, the experience is we mental health issues and there's no place for them to go.

But he said serious cases are hard to predict. "There are thousands of angry kids who have malicious injury to property, or got into a fight,' Johnson said. "But they don't end up killing people."

Court records show that on April 3, the same day Morse's body was found, an Ada County sheriff's detective told a judge that he'd received a call from Boise State University police about a request they had received from a student asking for protection from Delling and offering tips.

Matt Meyer of Boise told university police that in an earlier encounter, Delling had assaulted him and vandalized his car.

Meyer made the call to university police after learning Boss had been killed in Moscow. He said he had been afraid of Delling for years.

'If he's here in Boise and he's snapped, he's going to be in the south end, and he's armed and he won't leave the south end and it will be at night," Meyer recounted to the newspaper what he told university police after Boss's death.

The university police passed that information on to Ada County detectives.

"After the U of I homicide and the Morse homicide, we had information that a Boise State student was in fear of John Delling," said Boise Police Lt. Doug Schoenborn, who heads the BSU campus police. "I don't know what tied it all together for them. We hoped that information would assist them."

Text of letter from John Delling's parents

Associated Press

BOISE — Here is the text of an open letter sent by the parents of John Delling to The Idaho Statesman:

On behalf of our family, I'd like to express to anyone and everyone touched. by the recent tragedies our deep sadness at the loss and injury of those three fine young men.

We have been grieving along with all of you and are still searching for answers as to why this happened.

Please be unequivocally assured that everything under the law and in our power was utilized to prevent anything serious.

One thing is clear. There was no preventative safety net in place to correct or reinin a 'potentially serious' situation; no legislation, no mental health entity, nor any church-based aid could get a firm handle on this. John was very sick, and needed more than this system had to offer.

> Our prayers go out to everyone, The Dellings

Facebook helps students make the grade

By Jeremy Castillo Argonaut

One female student creates a Facebook group during class. A male student takes out his camera phone and turns around, snapping a photo of the man sitting behind him.

The professor doesn't reprimand either person. He sits and watches. In fact, he's the person who just had his picture taken.

While this sounds like every college student's dream class, it's actually part of a project started Thursday by Matthew Sowder, instructor of Core 164: Understanding Media: Culture, Meaning and Power.

Earlier that morning, he and his students discussed the power of online social networks.

By the end of class, freshman Amanda Dixon created the Facebook group "Surviving

namesake teacher's permission. Sowder said he'd raise his entire class' final grades by a half-letter if they got 500 members to join.

"To put that into context, after two absences, their grade gets lowered (that much) for each subsequent absence," he said. "Not to downplay it, but the rise may not be as signifi-

cant as people think." His students jumped at the unique extra-credit opportunity nonetheless.

While Dixon posted the group, classmate Andy Jones, a sophomore, took its default picture — Sowder smiling and waving to the camera — on his cell phone and e-mailed it to her.

But Sowder was skeptical of students reaching their goal despite their up-and-at-them attitude.

Sowder's Core Class" with the namesake teacher's permis-could do it," Dixon told him during Tuesday's lecture.

The goal was met faster than anyone thought. The group was created at 10.37 a.m. Thursday, Dixon said, and membership climbed immediately. By the next night, the 500-member quota was met.

"From when I walked out of (the classroom) to my office, 47 people joined," Sowder said. After class, his students

rushed to their computers to invite their friends to the group. And it shows in the bankroll of invitations waiting replies, members from schools across the country and the presence of familiar faces among the plethora of profile pictures.

"I was shocked by the num-ber of people who'd joined," Sowder said. "I thought that was amazing. There were some "I could tell by the look on your students I hadn't seen since

2000, 2001."

While many students were surprised by the group's instantaneous growth, it proved to some how media and computers play such a big role in modern times.

"This was the perfect example of how far technology has jumped," said sophomore Ryan Ricks.

To Sowder, this exercise was a tangible integration of technology into people's daily lives, one point he tries to drive home in his class.

"Students bring lots of tools to class: cell phones, laptops, camera phones," Sowder said. "That was the context of the original discussion. What came out was students' ability to create media ... They also explained these networks as a social tool. Creating the group got information out and attracted outside attention."

STAND UP



Bruce Mann/Argonaut

Students stop during Take Back the Night Tuesday night in front of Theophilus Tower. The march, sponsered by the Women's Center, was held in conjunction with Sexual Assault Awareness Month aimed at creating awareness about the rights and freedoms of women.



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Care Attendant needed for Summer Road trip. 5 days in July. \$60/day with Room and Board. Dutles include assisting a young man who uses a wheelchair in personal care needs, as well as some driving. Must be outgoing and dependable with good driving record. References required. Call/Leave a message at 208-874-2613.

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The Argonaut

SBOE from page A1

one, the request was ultimately cut. The 5.95 percent for residential undergraduate students was reduced to a 5 percent fee, while an additional fee for nonresidential undergrads of 5 percent was implemented.

In the end, the motion will result in \$200,000 less revenue than was expected.

ASUI and UI administrators had been keeping their fingers crossed after last year's student fee proposal was cut by the board. The board scaled down the request of 9.5 to 5.85 percent. The proposal reduction left many members of the administration and ASUI confused, including ASUI President Berto Cerrillo, who said he consid-ered the board's decision the lowest point in his term.

ASUI vice president Travis Shofner said although last year's proposal was based on much deliberation, it took very little time for the board to vote down their

request. "It seemed the board's decision did not take into account the needs of UI students. ... They spent no time with the students while they helped set the fee request," he said.

Cerrillo said both the board and the administration took steps to increase communication prior to this year's meeting, and that board President Laird Stone had assured him that this year's meeting would be different, and likely less surprising.

Despite this, the recent cuts in the student fee proposals were largely unanticipated.

Cerrillo said that while this cut was indicative of other fee setting done by the board, it still came as a

surprise. "We spent six months evaluating and putting together the proposal for people who looked at it for several days, just to tell us that we're wrong about what we need. We (ASUI) are the voice of the students. They're telling us we're wrong. That's telling me they aren't taking us seriously."

From what Cerrillo observed of comments made by the board during their decision concerning what is best for students, "when they're talking about the students it feels warm and fuzzy, but at the end of the day it's about the bottom line," he said.

According to Stone, due to the scope of the board's responsibilities it is often difficult to get a good grasp on the needs of the students within the campus culture. However, Stone said, "I think, generally, the board members really do try to listen to the students."

The board directly oversees 114



State Board of Education member Sue Thilo listens to a student fee presentation from Lewis-Clark State College Thursday in the Idaho Commons Clearwater Room. Among other duties, the board supervises postsecondary schools in Idaho.

school districts and five higher education institutions, and works the board recently approved a third slated for construction in Boise, which is in the planning stages. Additionally, the members serve as the decision-making Board of Regents at UI. However, despite the board's range of responsibilities, UI Vice President of Finance and Administration Lloyd Mues said he doesn't believe the board is stretched too thin to manage the university.

Mues said despite the fact that "their mission is a really tough one," the board is designed to make decisions that benefit all Idaho students' education.

"There are people out there who believe there's an antagonistic relationship (between the board and UI administrators), and there's not. ... It's important to remember,

they're our boss," he said. According to board member Sue Thilo, the board members' preparation for the meeting began one week ago when a packet was mailed out. Thilo said in order for the members to work their way through the legalese, assistants are required to help translate some of the information. The information included in the pack-

Getting to Know The Board

The Idaho State Board of Education is made up of seven members: President Laird Stone, Vice President Milford Terrell, Tom Luna, Sue Thilo, Paul Agidius, Blake Hall and Rod Lewis. Six are appointed by the governor and the seventh, Luna, the state superintendent of public instruction, is the only publicly elected official serving on the board.

Each board member serves for three years, and replacements are made annually on March 1.

The board's responsibilities, written into the Idaho state constitution, extend beyond public primary, secondary and state colleges and universities. The board is also responsible for overseeing the Idaho Public. Broadcasting System, the Museum of Natural History and the School for the Deaf and the Blind. The board works in conjunction with the local elected boards of North Idaho College and the College of Southern Idaho, and appoints oversight boards to the Idaho State Historical Society and Idaho Commission for Libraries.

et is enormous, and includes all approve the transfer of approxirelevant information to the upcoming meeting. "I measure the agenda in

pounds," Thilo said.

The meeting began with an executive session Wednesday and will conclude today. Beyond stu-dent fees proposals, the meeting docket includes several other proposals. The board will decide whether to fund new turf for the Kibbie Dome, as well as a renovation of the dome's training room. UI administrators will ask to

mately 40 acres and an estate on Moscow Mountain donated to the university

University administrators also anticipate receiving the title for the Albertson Building. The multimillion-dollar facility was built entirely from donations. The board will hear progress reports from UI's new self-funded health plan, and will be asked to approve a new doctorate in water resources and a graduate program for an executive master of business administration.

Pita Pit fire closes Main Street

Staff report

A fire in Pita Pit closed Main Street for more than an hour Thursday morning.

The fire was reported at 9:16 a.m. and took the Moscow Volunteer Fire Department about half an hour to put out, said Interm Fire Chief Ed Button.

"If this thing had happened in the middle of the night, it would have been a really big fire," Button said.

Button said the blaze was electrical in nature and was most likely started by damaged wiring in electrical outlets locat-

ed by the grill. Pita Pit suffered more than \$60,000 worth of fire and smoke damage, Button said.

Businesses on either side of the restaurant had severe smoke damage due to the fire and were closed for the rest of the day.

Main Street was reopened at approximately 10 30 a.m.

No one was injured in the fire, which took place before the restaurant opened.

FEES from page A1

needs, and we'll have to rely more on private donations," he said. This meeting was Cerrillo's

fourth fee setting. The proposals brought by Boise State University and Idaho State University were also cut by the board.

The 8.09 percent student fee increase proposal brought by BSU was cut to 6.16 percent, after the board voted down a second motion to cut the proposal to 5 percent in order to make it comparable to UI. The decision set BSU tuition at \$4,410 annually.

ISU's proposal for a 5.49 percent increase was dropped to a 5.01 percent increase, bringing its annual tuition to

\$4,400. Both Lewis-Clark State College and Eastern Idaho Technical College were granted their fee increases, set at 5 percent and 3.5 percent respectively.

Senate REPORT April 18, 2007

Unfinished business

astside ...

S07-41, an act providing for the update of the ASUI job descriptions, passed.

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Open Forum

Kimberly Farnen, the ASUI Student Achievement Awards Coordinator, encouraged senators to attend the ASUI Student Achievement Awards at 7 p.m. Friday in the Administration Building Auditorium.

ASUI Vice President Adjutant Eric Everett updated the Senate on the doomsday clock. It is currently at 11:57, moving the clock forward six minutes.

Presidential Communications

Berto Cerrillo was not present to communicate to the Senate.

t's all at the

S07-42, an act defining excused and unex-cused absences and modifying the attendance requirements, passed.

New business

S07-43, an act establishing guidelines for a sliding scale of ASUI salaries, was sent to Rules and Regulations.

S07-44, an act appointing Courtney Peterson to the position to ASUI attorney general, was immediately considered and passed.

-Christina Lords

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GEORGE_

those goals."

thropic growth for its residents," said

RHA president Ian Wheeles. "We try

and recognize programs that further

Golden Joes, which he considers RHA's

"flagship moment," to be the best he's

been involved with because he's graduat-

this awards night showcases the strength

and successes of the residence halls to the

rest of campus," he said. "A lot of young

developing student leaders in the dorms

often fly under the radar of more visible

ing with a law degree in May.

Wheeles said he wants this year's

"I just hope the quality and pizzazz of

Golden Joes highlight residence hall leaders

By Jeremy Castillo Argonaut

A naked Viking statue could mean lots of things to anyone. But for University of Idaho's on-campus students, it's a symbol of pride, hard work and simply being the best.

The Residence Hall Association's seventh annual Golden Joes award ceremony will take place at 7 p.m. tomorrow night in the Administration Building Auditorium.

The event, emceed by RHA Web master Damian Ball, recognizes outstanding achievements by dorm residents and highlights programs put on during the academic year.

of on-campus living. From resident assis-tants and hall presidents to first-year students and UI faculty, all will have some-one taking home a Golden Joe statue.

"I had no idea about the awards ceremony or anything like it going on in the halls before I came here," said Elisa Briesmeister, RHA's events coordinator. "It's a good idea and it's going to be something that highlights the positives of the residents in the residence halls."

Events put on during the past year are up for awards too. For example, Tower Trick-or-Treat and the Wallace Time Machine are two of the nominees for Community Service Program of the Year.

"Since one of the fundamental pillars of RHA's mission is to foster an environ-Categories encompass several aspects ment of social, educational and philan-

Loca/BRIEFS

Basket weaving class at Dahmen Barn

Award-winning basket weaver Doris Howell will teach a basket weaving class for beginners at 9 a.m. May 12 at Artisans at the Dahmen Barn in Uniontown.

Participants will learn basic weaving techniques as well as general information about basket weaving by creating a 10-inch trivet made of round reed. All materials used during the class will be provided, and each student will be given an extra kit to take home.

The cost is \$22. Howell will be offering a more advanced class in the future and will make information available at the beginner's class.

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Sector States

The class is limited to 12 students, and paid registrations must be received no later than May 8. Registration information can be found at www.ArtisanBarn.org at the bottom of the calendar page, or by calling (509) 229-3414 Thursday-Sunday from 10 a.m. to 6 p.m.

Artisans at the Dahmen Barn is located at 419 N. Park Way, on highway 195 in Uniontown, 16 miles south of Pullman.

Meal and barbecue conclude church supper series .

First Presbyterian Church of Moscow will conclude its Wednesday supper series with a Scandinavian themed marriage at 5 p.m. April 26 meal April 25 and a barbecue May 2. Supper is served between 6 and 7 p.m. and is open to the public. Pastor Norman Fowler will lead a "Seekers and Learners" at 7 p.m. on Wednesdays for adults interested in learning more about the church and the Presbyterian denomination. The church is located at 405 S. Van Buren St.

5.4

Supper is served downstairs in Fellowship Hall, accessible from the parking lot.

Planned activities are available for children and youth, and childcare is provided for infants and toddlers.

A free-will offering basket will be available April 25 for voluntary contributions for an adult mission trip to Pearlington, Miss., May 20-26. The group of 19 Palouse-area residents will help with rebuilding efforts following the dev-astation of Hurricane Katrina.

April 25 and May 2, separate from the suppers, are the last two dates for First Presbyterian Church's midweek half-hour non-traditional "Taizé" style worship service at 5:30 p.m. — a combination of prayer, silence and song. For information, contact Fowler at the church office at 882-4122 or e-mail fpcpastor@turbonet.com.

Writing Center closes end of dead week

The Writing Center will be closing for the semester at 3:30 p.m. May 4. The center will not be open during finals. Also, the Writing Center will be closed during summer session.

Gay marriage panel discussion at UI

"Let's Talk About That," an ongoing panel discussion series presented by the UI Bureau of Public Affairs Research, will discuss gay in the Idaho Commons

The panel will be moderated by Terry Starkey, assistant director of the Bureau of Public Affairs Research. For information about the gay marriage panel discussion, contact Terry Starkey at 885-6563 or e-mail tstarkey1@mindspring.com.

PAAA scholarship offered to UI students

Palouse The Asian American Association (PAAA) is offering three \$300 scholarships to UI students who are active in the promotion of Asian American cultural understanding and knowl-edge. Applications are due Monday.

For information and an application, contact Seiichi Murai at (208) 224-6911 or email sjkmurai@inlandnet.com.

Bluegrass concert at Dahmen Barn

The group that claims to "live, eat and breathe bluegrass music" will perform in concert at 7 p.m. May 5 at Artisans at the Dahmen Barn in Uniontown.

Members of the Grangeville Bluegrass Company use traditional acoustic instruments, including the banjo, fiddle, guitar, mandolin and upright bass.

Tickets are available at the door and are \$5 per person. Artisans at the Dahmen Barn is located at 419 N. Park Way in Uniontown.

A schedule of events can be found www.ArtisanBarn.org or by calling (509) 229-3414 calling (509) Thursday-Sunday from 10 a.m. to 6 p.m.

Campus CALENDAR

Today

CNR Week Lecture TLC 041 10:30 a.m.

Casting Contest On the grass between the CNR and CALS Building 11 a.m. - 1 p.m.

Organic Food Day presentation on ecology and conservation biology SUB Silver Room 2 p.m.

Honors Convocation Memorial Gym 3:30 p.m.

ASUI Blockbuster Series 'Happy Feet' SUB Borah Theater 7 and 9:30 p.m.

'Oklahoma!' Hartung Theatre 7:30 p.m.

'Mostly Moscow'

'ASUI Senate' UITV8 8 p.m.

Student Recital with Patrick Davis, saxophone School of Music Recital Hall 8 p.m.

Saturday

Earth Week: PCEI Stream Cleanup PCEI Rodeo Drive Campus in Moscow 9 a.m.

Project Hunger: Fashion with a Cause Kiva Theater Noon

Student Recital with Tara Swanson, piano School of Music Recital Hall Noon

Flute Fest School of Music Recital Hall 4 p.m.

CNR Student Awards Banquet University Inn Silver and Gold Rooms 5 p.m.

Association Memorial Gym 6 p.m.

Comedian Jamie Lissow performs SUB Ballroom

ASUI Blockbuster Series

'Happy Feet' SUB Borah Theater 7 and 9:30 p.m.

'Oklahoma!' Hartung Theatre 7:30 p.m.

Sunday

Graduate Student Recital with Will Aylsworth, piano School of Music Recital Hall Noon

'Oklahoma!' Hartung Theatre 2 p.m.

Graduate Student Recital with T.J. Eriksen, saxophone School of Music Recital Hall 5 p.m.

Earth Week: Whitewater Ramble Concert Theophilus Tower lawn 6 p.m.

Student Recital with Kevin Kovalchik, percussion School of Music Recital Hall 8 p.m.

Monday

'Teacher Dissertation Learning and Collaboration Professional in Development for Career and Education Technical Teachers: A Comparative Case Study' ITED Room 16A 9 a.m.

Outstanding Employee Awards Ceremony SUB Ballroom 1:30 p.m.

Panel Discussion on sexual assault: 'Know Your Rights' College of Law Courtroom 4 p.m.

'Classical Mythology 211: Athena' UITV8 5 p.m.

'Classical Mythology 212: Other Heroes of Troy UITV8 6 p.m.

Foreign Film Series 'Riding Alone For Thousands of Miles' SUB Borah Theater 7 and 9:30 p.m.

Literary Reading with writer Karen Karbo College of Law Courtroom 7:30 p.m.

'Borah Symposium: Why Do Governments Encourage Women to Support Their Wars? Some Feminist Clues' UITV8 8 p.m.

Consumer mail lshirley@uidaho.edu.

Tuesday announced

a.m. -3 p.m. Tuesday at the Commons Plaza. There will be a "Life is sacred" presentation. For information, contact the club's president, RJ Moss, at (208) 755-3164.

Monday. Panelists from various venues in the community

will participate. Alternatives to

Violence of the Palouse is sponsoring this event in the Law School Courtroom. The

event is in recognition of April

as sexual assault awareness

month. For information, e-mail

Miller

at

the students, and will be presented as a fashion show on campus. All of the garments are made of old, reused or donated clothing and other related materials. Admission is free, but canned food or monetary

clothing out of reused gar-

ments. The new garments are

created, designed and sewn by

donations are encouraged. The food donations will go to local food banks, and the monetary donations will go to the World Food Programme, which provides food and emergency aid for poverty-stricken children in more than 80 countries

around the world. For information contact Lindsey Shirley, Assistant Professor of Family and Sciences Department, at 885-7819 or e-

as Pro Life T-shirt day

UI's Pro Life Club will hold a pro life T-shirt day from 11

Panel held on sexual assault

A panel discussion on sexual assault, "Know Your Rights" will be held from 4-7 p.m.

Dinner featuring the Asian American Pacific Islander

7 p.m.

Greek and university-wide happenings. This gives us the chance to bring those individuals into the spotlight as their college careers progress." held from noon to 2 p.m.

UITV8 7:30 p.m.

Saturday at the KIVA Theater. The event will feature students from UI that have been partnered with Moscow High School students to create new

Whitewater Room. Panelists for the discussion include: Dean Stewart, reverend at the Emmanuel Lutheran Church in Moscow; Rebecca Rod, UI Women's Center staff member and Gay Lesbian Bisexual Transgender program adviser; Doug Busby, pastor of the Evangelical Free Church in Pullman; and Don Crowley, UI political science chair.

 \bigcirc

Students walk the runway for hunger

Students of UI and Moscow High School are teaming up to raise awareness about world hunger at "Fashion with a Cause.

The fashion show will be sape2@atvp.org.

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Theresa

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TUTOR NEEDED!

OPINION

Friday, April 20, 2007

OurVIEW SBOE: Try again

Where would we be without the State Board of Education? The valiant members of the board have again interceded to save us from ourselves by shaving a whole .95 percent off of the student fee increase for next year's residential undergraduates, leaving it at 5 percent. At the same time, they raised the extra tuition nonresidents are charged from 2.6 to 5 percent. This would appear to earn the university more money, but in fact UI faces

an overall loss of \$200,000. This is ridiculous. Intervening in exorbitant student fee increases that have provoked student unrest would be admirable. However, meddling slightly with one of the lowest-proposed UI increases in the past 10 years an increase that students by and large approved of — is simply petty. It is yet to be seen what this decrease will do to the programs that would have been funded by the fees (including the Wheatland Express bus system).

UI doesn't get tuition income from in-state students and never sees much funding from the Legislature. In that light, a 5.95 percent increase doesn't look that bad.

This just proves that the State Board, though it claims to support students, doesn't have a clue about how to help them.

— N.P. for the editorial board

Seek help for mentally ill

Crazy. Weirdo. Psycho. Nut. Just words, harmless words. They could describe anything. But these words are the type associated with people struggling from mental illness. They are negative, derogatory and painful. They say nothing of understanding or acceptance. They are meant to keep a person on the fringes of society.

It has become clear in the last few days that it was words like these, teas-



And I'm the stranger

I never met Cho Seung-Hui, the 23-year-old Virginia Tech senior responsible for this week's shooting spree, but I know things about him that you might not know. Cho and I have some things in common that, on the surface, might not mean any-

thing but could mean everything. Every school elementary, junior high, high school, colleges and university — has someone like Cho. Sometimes they go by the names of Carrie White, Charles Whitman, Eric Harris or Dylan

Klebold. Sometimes you know them. You may have had a class with the loner kid, the one who gave up his trench coat in 1999 because he was sick of being called a killer.

TJ. Tranchell

non?

Sometimes, they figure out what is going on and grow up to be productive members of society, still a bit quirky, but aware enough not to go on a rampage, killing everyone in sight. lence-filled stories.

Some things don't change. I wear sunglasses indoors and the majority of my wardrobe is still black. I still write violent fiction.

I spent seven years, from third grade to freshman year of high school, being teased, often for no apparent

reason. I was an easy target: a slightly overweight redhead, with a quick-fire temper. In fifth grade, I even fought a girl.

For the record, she was bigger than I was and beat the crap out of me. When these tragedies happen, common reactions

run the range from sympathy for the victims and their families, to disgust and anger with the perpetrator. Does anyone ever try to sort out the reasons why someone like Cho might snap and become a media phenomethe county jail for booking before being held at the Cache Valley Juvenile Detention Center.

Further details were unavailable at press time.

The victim — we'll call him Joe, although that's not his name — took the redhead's hat. Just another stupid freshman hopping on the bandwagon of making fun of the redhead. All those words freshmen use, the ones they heard from upperclassmen and have only been using for a year maybe, spewed from the mouths of Joe and his friends. The now hatless redhead tossed a few of those words back, but had a wider vocabulary than his taunters. (Even now, like Cho, he is an English major. Words are his weapons, something Cho may have forgotten.)

He didn't want to fight anymore. He'd had enough of it after so long. It never solved anything; there was always someone else waiting for a turn. So the redhead put nis nanos inside nis school bag, the same one he had packed clothes in for a trip the previous weekend to go fishing with his dad. He didn't know the small pocketknife was still in the bag. I never met Cho Seung-Hui, but I know him. For a moment, I was him, ready to destroy the lives of every single person who had ever called me a mean name, everyone who I thought was my friend and abandoned me, and anyone who tried to stop me.

Off theCUFF

Quick takes on life from our editors

Peep joy

Thank you to the mysterious Peeps benefactor who left three glorious boxes on my desk yesterday. Thanks also to Tim, Mom and Dad, Grandma and Grandpa, Auntie Beth, Nate's parents, Nate, and anyone I may have forgotten who helped enable my Peeps habit this season.

--- Tara

Page A8

The real 4/20

Take it easy there hippies, today isn't just for you. It's also the birthday of Muhammad, Hitler and Carmen Electra. So if you're a Muslim white-supremacist Maxim-subscriber as well as a toker, you really have something to be excited about. — Alec

Learning is fun

I've been working this past week on a research paper for one of my classes. It might make me a little bit nerdy/weird, but I am investigating organ transplants, and it is fascinating me. There is so much out there about buying and selling organs, wait lists and economies. I can't stop looking up more and more information. It's exciting to work on a project and be enthusiastic about it. It makes writing the double-digit paper

— Miranda

Crunch time

much easier.

I'm sure I'm not the only senior that is feeling the "oh-my-gosh, how do I get all this crap done and still hang out with my friends because I'll probably never see them again, I need to get a job and write my final paper" stress that comes with this time of year. Just don't forget to do a bit of breathing every now and again, and chant my mantra, "15 days, 15 days, 15 days." — Mackenzie

I hate you computers

Why is it that during finals time all computers seem to turn on me? I can't take it anymore. My laptop won't turn on. My email won't work. Curse words are all I can think about right now. Stupid technology. — Ryli

helped push Cho Seung-Hui over the edge of sanity. We all know stories like this. The Columbine High School shooters were treated similarly: ridiculed, outcasts, loners.

Unfortunately, "outcast" has been the role assigned to the mentally ill for centuries. We don't understand how a mind can go bad, what happens when a person's brain stops working the way it's supposed to.

way it's supposed to. John Delling is another example. The man accused of murdering UI student David Boss claimed people were stealing his "powers." Normal, healthy people can't fathom that. Mental illnesses are horrible dis-

Mental illnesses are horrible diseases. They can make a person depressed, have uncontrollable mood swings, hear voices or become extremely paranoid. They occur when the chemicals in a person's mind stop functioning properly. There are a number of causes of mental illness. Science can only speculate as to why some people's minds don't function correctly and others do.

But we can treat it.

There is a plethora of options for someone who is feeling emotionally distressed. The University of Idaho has a free counseling center for students. The Student Health Center can prescribe medication to help ease mental symptoms.

If you are depressed, angry or having thoughts of hurting yourself or others — tell someone. If you are worried that a friend may be having these thoughts — tell someone. Get help.

Whether you think a person will welcome help or reject it, it is worth the effort. If we can keep even one person from going over the edge, then we can help prevent tragedies like Virginia Tech from happening again.

Regardless of whether Cho had full mental capacities, this situation is something worth being angry about. There are thousands of mentally disturbed individuals who do not murder their classmates. Cho's behavior cannot be excused. Still, as a society, we must offer what help we can to the Chos and Dellings of the world. We owe it to ourselves to make every effort to stop marginalizing the loners and the dark kids and make sure that everyone who needs assistance gets it. — S.C. for the editorial board We never hear about those kids because they don't make the news.

I never met Cho Seung-Hui, but I know more about him than almost anyone. If things had been a little different, you could have heard about me years ago.

If things had been just a tiny bit different, I could have been Cho Seung-Hui.

I was the loner kid, dressed in black, listening to death metal and writing vio-

Unless you lived in Cache Valley, Utah, in 1995 and actually read the paper, you've never heard this story.

It didn't make the major news and only warranted a sidebar in the local paper.

The afternoon of March 27, 1995, a 15-year-old North Cache Freshman Center student stabbed a classmate in the arm. The incident occurred on a bus, as the students had just returned from a trip to the local high school.

The victim was taken to the hospital for stitches and the perpetrator was taken to

See STRANGER, page A9

Virginia causes a reckoning of values

I was raised in a household under a big, mean Marine who ruled our family using a black-and-white system and an iron fist

an iron fist. There was no marginal behavior. Stunts I pulled were either right or wrong. Good behavior and I got gas money. Bad behavior and I was digging holes in the backyard or smacked

with a paddle inscribed with the words "Hello Tecla." There was never

negotiation. Behavior was either good or bad and

arguments supported only one of two sides. While simplistic, it was consistent. But I swore up and down the moment I arrived at college, I'd begin to base my decisions on analysis rather than hard lines. Good and evil would require definitions with context and a grey area would be introduced. I'd approach the big questions of life with an open mind and willingness to compromise. And sure enough, for the past three years, I've spent considerable time sitting and thinking in cafes and talking about

nothing with articulate but smug peers as we relish in American college-land, the forum for ideas and liberal consideration. Whatever.

Babble is fleeting when there's open fire. When a madman murdered 32 on the Virginia Tech campus Monday on some sick tirade, there was no time for negotiation. I

returned to dichotomous reasoning.

For others in the wake of the Virginia tragedy, there's a palpable desire for a remedy. How can we mend 300 million broken hearts?

As a post-industrial society, we rely heavily on our brains. We try to gain insight into why things like this happen and speculate on how to fix them. We crave a prescription --- a laundry list of things we can do to lessen the damage and ward off future threats.

Culturally, we've been trained to be good listeners. It speaks volumes of our success at opening our minds when we accept a myriad of voices. Our adopted practice of moral relatively is incredibly helpful in excusing iffy behavior. I capitalize on it often, but it's destructive in the sense that we no longer call things for what they are. Wrong. The media is swarming.

The media is swarming. Repetitive speculation floods the airwaves. What does this mean? Are we becoming a more violent society? What will this do for immigration? Korean relations? Global warming? What about that gunman? Was he aggrieved in some way and felt his response was appropriate in his extremely narcisstic world? What did society do to give rise to such a person?

There's also a degree of resistance in the commentary of this event. The puffballs are

See VALUES, page A9

My #1 Vandal mom I just want to give a little shout out to my mom who has been so great and supportive throughout my college years. Not only has she helped me pay the rent, she has listened when I have had a bad day, celebrated when I have had a good day, supported me as I've wrestled with what I want to do with my life, let me fly half way around the country and the world to chase a dream, laughed when I told her of my \$150 parking ticket and even agreed to let me move back home after graduation. Pretty much, she's just an allaround amazing woman. So thanks Mom, for everything. And have a wonderful Mom's Weekend!

- Cynthia

I'm in love

I have always been a Reese's girl. They are my absolute favorite. But I have never been as in love with a candy bar as I am with Reese's new Crispy Crunchy Bar. It's like this magnificent combination of a Reese's and a Watchemecalit. It's delicious. I've had four this week. If you haven't had one yet, go get one now. — Savannah

The immoral dollar

Future human rights activists, remember this: Corporations often value the almighty dollar over humane treatment of a country's citizens. This reminder comes courtesy of a lawsuit against Yahoo! alleging that the Internet giant turned over information to the Chinese government about citizens who wrote about freespeech rights online. That information was used to arrest and possibly torture about 60 people. Sad as it is, it shouldn't be a surprise that a company would choose to cooperate with Chinese law in order to protect the large revenues that region of the world provides.

— Nate

Editorial Policy

The opinion page is reserved as a forum of open thought, debate and expression of free speech regarding topics relevant to the University of Idaho community. Editorials are signed by the initials of the author. Editorials may not necessarily reflect the views of the university or its identities. Members of the Argonaut Editorial Board are Tara Roberts, editor in chief; Nate Poppino, managing editor; and Savannah Cummings, opinion editor.

Letters Policy

The Argonaut welcomes letters to the editor about current issues. However, The Argonaut adheres to a strict letter policy: • Letters should be less than 300 words • Letters should focus on issues, not on personalties.

• The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.

• Letters must be signed, include major and provide a current phone number.

• If your letter is in response to a particular article, please list the title and date of the article.

• Send all letters to:

301 SUB, Moscow, ID, 83844-4271 or arg_opinion@sub.uidaho.edu.



Tecia Markosky Columnist arg_opinion@sub. uidaho.edu

Tecla Markosky Columnist Friday, April 20, 2007



STRANGER from page A8

But I didn't. I stabbed Joe once, in the arm as he protected his stomach. I turned myself in, did my time — not as harsh as one judge wanted it to be and more lenient than even I expected — and I haven't been in a fight since.

Which isn't to say there haven't been opportunities. If you moved around as much as I did, being the new kid becomes the norm. Being the freak who hates the sun and listens to music about the

devil is still fodder for those who feel the need to demean other people. What saved me was a

moment of violence beyond what I expected would happen. Without that moment, it would not have been long before I picked up a gun and began blowing people away.

I'm not saying what Cho did was right and I'm not negating the losses felt by the Virginia Tech community and the friends and families of those who died.

I'm not saying it is right but I am saying I understand how these things happen.

For all the loners and out-

toon. No. No. No. We won't

We'll remember and pray

bend because some creep

for the fallen but we will

show up in class and not be

army of security guards. We are not deterred from getting

through our day because of

the possibility of getting blown to bits before lunch.

We'll continue to buy into

the idea that life will be as

wonderful as we make it.

We'll continue to ostracize

give credence to lunatics

with assault weapons and

antisocial behavior. We won't

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afraid. We will not hire an

with a gun told us to.

VALUES

from page A8

reluctant to call this anything but "record-setting." There's an infuriating negotiation going on bordering perilously close to acceptance. What Cho did should not be allowed to become a viable avenue for attention.

It's here that we're faced with a conundrum. On one hand we want to mourn the tragedy and take rational steps to prevent it from happening again. On the other, we must avoid sensationalizing this kind of behavior. This is not an appropriate way for anyone to act. Ever.

I

As a child, I learned not to eat dirt. to use both hands on the handlebars, to watch out for boys and not lick knives. I learned not to use cocaine or hurt cats and that beating my little brother with a tennis racket would merit a hole. I also learned there are bad peo-

Besides, the best way to get back at all the people who campuses, no tougher gun control laws. No increased funding for 50-minute shrink sessions for the local looney-

we won't make a place for them in society.

In understanding what happened in Virginia, I'll go with evil for now. I choose to be judgmental when it comes to murderous and senseless acts. Most of the events and people in our lives are neutral and situational but some are extreme. There are things in this world that are very wonderful. And there are some, like that man in Virginia, that are very dark and very wrong and merit no other rationalization. I choose to keep moving, to strive for the wonderful, put faith in my peers, hole-dig-ging childhoods and the American way of life and I will not change one thing.

Time to reconsider drug policy

Perhaps today might be a good day to discuss drug policy. Right away it should be noted that most of America's drug policies make a great deal of sense. That is

to say they do if you believe the government should act, at least in a limited capacity, as a positive guiding hand in society. In real practice this means the government controls the flow of controlled substances that can easily harm individuals and society at large.

arg_opinion@sub. uidaho.edu Drug policy, essentially policies to control substance abuse, has a long history in America. Various communities in the United States have controlled and prohibited the consumption of alcohol. The whole nation once prohibited alcohol. The substances we today most readily call drugs have only been illegal since the 1930s.

Travis Galloway

Columnist

Most illegal controlled substances have good reason to be illegal. Nearly every illegal drug is highly addictive and lethal in small doses, making it easy to overdose, or detrimental to one's mental and physical health. Most drugs have been carefully studied and much is known about them. A reasonable portion of what we call "drugs" were invented as solutions to health problems, but were discovered to be dangerous.

There is one drug, however, that not much is known about, vet is illegal. To most people it's known as marijuana, although it goes by several other well-known names. Marijuana was strangely made illegal in the 1930s along with certain other, better-known illegal drugs. The current thought is that it was made illegal due to racist fears among white people about minority populations, particularly in states along the Mexican border. According to popular thought at the time, marijuana made people mentally disturbed and violent, and such behavior from minorities was actually feared by whites.

Such fears about marijuana may seem ridiculous today, as not much was known about it at the time. The truth of the matter is, not much fact is



marijuana does not cause brain damage, permanently impair one's memory or contribute to cancer. The small amount of marijuana research that has been conducted thus far indicates that it's not possible to become physically addicted to using it. It

also has no lasting effect on short-term memory and cannot be linked as a cause of any form of cancer. Quite surpris-

ingly, some limited research has concluded that marijuana may delay or prevent the onset of Alzheimer's and can stimulate the growth of new nerve cells. The problem with marijuana research is that it's very limited. Most available research has been conducted in Europe, where it's less regulated. In the United States, a certain office in the federal government, which typically refuses requests, must approve marijuana research.

Marijuana, compared with the two most often-used legal controlled substances, alcohol and tobacco, appears harmless. Alcohol is well-known to damage several organs, especially vital organs such as the liver, and commonly makes certain people who ingest it raging jackasses. Although when abused alcohol is dangerous, in limited amounts it can be beneficial to your body. Smoking any amount is completely detrimental to one's health and anyone standing near them. Smoking has been linked with multiple causes of cancer and other diseases. Not to mention its effects on someone's appearance or the sound of their voice.

If marijuana really is harmless, why is it illegal? The most likely reason is politics. Politicians can't afford to look weak on drug policy to voters. Therefore politicians in legislative bodies continue to adopt tougher measures against illegal drugs, which just so hap-pen to include marijuana. Although there have been several government studies commissioned to examine the real effects of marijuana on indi-

viduals and society, the politics surrounding the final reports often cause their findings to be ignored. To date, no government study has ever concluded that marijuana is harmful to individuals or society at large. Even the elected officials and bureaucrats that agree with the findings of such results cannot afford to damage their image by questioning the legal status of a longtime illegal controlled substance.

Proponents of making marijuana legal assert that since it isn't harmful to individuals or society, we shouldn't concern ourselves with the associated troubles of keeping it illegal. By some estimates it costs federal, state and local governments at least \$7.5 billion annually to enforce marijuana laws and punish offenders. By either making marijuana legal or simply decriminalizing it, the various levels of government wouldn't have to waste this money. Some have pointed out the fact that given the large number of known marijuana users, the nation's governments could generate billions more in tax revenue if it were ever made legal.

Given the fact that marijuana is a controlled substance that truly isn't harmful, Americans should at least take a minute to think about its current status as contraband. The government should permit marijuana to be researched more freely so that the facts can be separated from the myths surrounding it. A more effective approach would be to allow states to decided for themselves whether or not it's appropriate for their community. It might not necessarily be time to make marijuana legal or decriminalized, but it's certainly time to start having a discussion about marijuana and its place in society now that we know it isn't what it was thought to be when it was made illegal.



1. 1. 1. 1

Anthony Hopkins

Ryan Gosling

(JRE

Page A9



teased you is to lead a long and successful life.

siders in this nation, the ones

who feel like ending the lives

you down, holding you back,

You can be immortalized as

of those you see as holding

take a lesson from the past.

a crazy nut job who wasted

news and decide to not be

Slayer. You can still be your-

that person. You can still

wear black and listen to

you killed.

self.

not only your own life but the lives and futures of the people

Or you can stay out of the

le in the world that might hurt me for no reason at all and that pure good and pure evil exists. I missed the lesson that murder is OK if you're

upset enough. Cho hurt those people for no reason. I will not default to an analytical position of the events and overlook the simplistic explanation. No reason at all.

Maybe later I'll sift through analysis and listen to the psycho-babble, explanations and excuses for what happened. And later maybe I'll rationalize it. Later, I'll write the whole thing off as an educational experience and join the call for structural adjustments. Later, I'll learn he was a looney-toon having a bad day. Maybe later. I'll know he believed he was in video game in a simulated reality. Perhaps later this will turn into the next great guncontrol platform.

But for now, he was just evil. What he did was cruel with no discernible ideological basis

Despite the deafening cries of the bands of special-interest twits, we must remember there is not one segment of our society that can change to prevent something like this from happening again without compromising the basis of our way of life. We would have to adjust in very unacceptable ways and I'm not willing to do it. No new preventative measures. No increased security on

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Idaho Commons Whitewater Room

Panelists:

Rev. Dean Stewart, Emmanuel Lutheran Church, "There Is Room in Christianity for Gay Marriage" Rebecca Rod, University of Idaho program adviser for the

GLBT program and the Women's Center, "Committed Relationships (Gay or Straight) Deserve Equal Legal Rights

Pastor Doug Busby, Evangelical Free Church of Pullman, "Defending Traditional Marriage."

Prof. Don Crowley, chair of the University of Idaho Political Science Department, "The Legal and Constitutional Issues of Gay Marriage and the Federal Defense of Marriage Act."

Moderator: Terry Starkey, assistant director of the Bureau of Public Affairs Research at the University of Idaho.

"Let's Talk About That" is an ongoing panel discussion series presented by the University of Idaho Bureau of

University of Idaho



Page AlO

Mail**BOX**

Pranksters spread food on Elm Street

I would like to thank the people who took time out of their obviously busy lives on Tuesday night to spread joy and peanut butter down Elm Street. I especially would like them to know that those of us living at 709 Elm St. truly appreciated the thoughtful smears of meat loaf, raspberry jam and peanut butter on our front door and walkway. I am sure that the owners of the cars parked on the street that were randomly chosen to receive a peanut butter glob or smear will back me up when I say it's people like you that make this campus great. With Mom's Weekend approaching I hope we can all show our families this wonderful university and the great students that attend it. Oh, by the way, we have your meat loaf pan if you want it; feel free to stop by and pick it up!

Shannon Hohl junior, German, political science and secondary education

Bob's should open earlier on weekends

Every weekend at 11 a.m., a long line waits outside of Bob's doors. Some students look wide-awake, others like they just rolled out of bed, but all of them look hungry. Bob's was made to cater to students living on campus, so why is it that the first opportunity students have to eat food on the weekends is 11 a.m.? Not everyone is too hung-over from the night before to wake up earlier than 11 a.m. Bob's should be available for the kids who will show up, not the ones who won't.

With the current system important nutritional benefits are being ignored. It's a nutritional fact that breakfast is one of the most important meals of the day and for anyone who wakes up at the not unreasonable hour of 9 a.m., it will be another two hours before they can have breakfast. Which brings up another important issues, people work better after they've eaten. Food provides energy, which in turn increases concentration. Working on an empty stomach is not productive. It shouldn't be the student's responsibility to figure something out just because they wake up earlier than most. Not everyone can go out and buy breakfast every weekend. That's why there are the meal plans, so students don't have to eat out all the time. Flex dollars are useless because no other campus dining opens until noon. So students are left on their own to figure out how to survive until Bob's opens.

Bob's doesn't need to open at 7 a.m. like it does on the weekdays; it is true that students tend to sleep in on the weekends, but 11 a.m. is really pushing it. We need to make some sort of compromise so students that do wake up early are not stuck waiting around for hours to eat. Amanda Nerbovig

freshman, sports science and history

Armed citizenry isn't defenseless

Fellow students, faculty

and administrators, the deeply disturbing events recently seen at Virginia Tech remind us of the value of human life and cause us to offer our most sincere sympathies to those affected.

The Argonaut

In taking on the challenge of security, it is essential to examine the facts about safety and personal defense. The problem in this country is neither guns nor their availability, but the way in which lawful citizens are left defenseless in the name of safety. Even if the constitutional right to arms was wrongfully limited further, problems would persist due to the nature of crime itself. I doubt more signs declaring a weapon-free zone at Virginia Tech would have deterred the psychopath killer.

What may well have deterred or even stopped him cold in his tracks would have been the use of a lawfully possessed concealed weapon by one licensed to do so. The real problem is that law-abiding citizens were and are dis-

themselves in certain places, and this problem unfortunately exists at the University of Idaho. Those who suggest that allowing those who meet age and training requirements, pay fees, are fingerprinted, and undergo extensive background checks to carry concealed weapons will create some sort of chaos and violence are severely mistaken. It's time UI policy was changed to reflect the Idaho Constitution. Concealment of weapons already occurs by some, and the only way anyone would become aware would be by poor concealment. Once one leaves campus, they enter the real world where concealed weapons exist prevalently and mayhem does not. It is time for responsible armed citizens to have their rights to legally carry concealed on the campus of a public university.

allowed the right to defend

Aled Baker sophomore, metallurgical & mechanical engineering

Friday, April 20, 2007

Hate The Argonaut?

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Now accepting applications for writers, photographers, assistant editors and designers for next fall. Pick up an application online at www.uiargonaut.com or stop by the third floor of the SUB.



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ARTS&CULTURE

Friday, April 20, 2007

Hemp Fest can save the world

By T.J. Tranchell Argonaut

Arlene Falcon bursts into Tye Dye Everything, her voice filled with energy and her arms filled with a cardboard box. A box full of T-shirts is nothing new to her hippie-oriented store, but these shirts are special.

The first one comes out of the box, a baby doll T, off-white with green writing on it. On one side is written "11th Annual Moscow Hemp Fest" and the logo for the event. On the other side is a list of sponsors and this year's slogan, "Hemp can save the world."

"During Jazz Fest," Falcon says, trying to sit still for just a moment, "these kids from Canada came in the store. They said they were all hippies up there. One kid had a hemp backpack, a hemp shirt, hemp pants and even shoes made with hemp. He was so excited. He knew so much. 'Hemp can save the world,' he said. And that became our motto."

The enthusiasm for spreading hemp awareness is something Falcon shares, and is also what changed her from a vendor at the event to a coordinator.

'I screen printed T-shirts for the first Hemp Fest here," she says. "It was a student-organ-ized event then, but it was always different students. There wasn't as much information being presented. I wanted people to know there is more to hemp than just marijuana."

Falcon points out a sticker that reads "Hemp is not Dope." She wants people to be educated about the issues and Hemp Fest is a way to get the information out.

"I've had these pamphlets I got in Amsterdam at the Hemp Museum there," Falcon says.

go to HEMP FEST

The 11th Annual Moscow Hemp Fest begins at 10 a.m. and goes until dusk at the East City Park. Admission is free.

"I would have them at my table when I was a vendor because I didn't see anyone else promoting education on medicinal marijuana and its other uses. I want people to know about the amazing functionality of hemp." Falcon isn't the only one.

She reaches to a bookshelf and pulls out a large tome with black, white, red, and, of

course, green lettering. "This is the 'Hemp Bible," Falcon says, opening the book. "It is in its 11th printing and used to be only a third of the size.'

Officially, the Hemp Bible is called "The Emperor Wears No Clothes," written by Jack Herer. Herer was named High Times magazine's Man of the 20th Century. The pages Falcon flips to, some of which she has flagged to show people on Saturday, are filled with graphs, statistics, pic-tures and other information. There are even recipes.

"Did you know the hemp seed nut has the highest concentration of proteins and amino acids of anything?" Falcon asks. "We'll have samples of hemp seed nut meal available at Hemp Fest."

Saturday's event, when the hemp seed nutmeat will be ready for sampling, features a line-up of 15 musical acts and speakers. The 10 a.m. to dusk, rain or shine event includes performances from the



The band Smoking Bill plays at Hemp Fest in 2004.

Moscow Volunteer Peace Band, Acoustic Wave Machine, Chubbs Toga and Burns Like Hellfire.

The various live acts get the East City Park stage for slots ranging from 30 minutes to an hour. Speakers have 15 minutes.

Expect to see a drum circle ending the night.

More than the music, as Falcon will tell you, is the message. "I'm a part of this because I

believe in the cause," she says. "I'm in this to disseminate the positives about medicinal

marijuana and hemp, making sure there is good information out there."

The T-shirts she brought in will be sold at Hemp Fest. Some will be tie-dyed, some won't. There are different sizes and styles. Each shirt has one thing in common.

File Photo

Page B1

"We used to have both cotton and hemp shirts," Falcon says. "This year, the shirts are all hemp/cotton blend, 55 per-

cent hemp, 45 cotton." If you want one, however, you better show up early for Hemp Fest. There are only 200 T-shirts available.

keeps dance majors on their toes



By Lauren Lepinski Argonaut

Many dance students dream of choreographing their own pieces to present to an audience. "Dance Off Hand" gives any student in the dance department that chance. "'Dance Off Hand' is a pro-

duction put on by the Dance Majors and Minors Club," said Andrea Sheridan, president of the club. "It's also our main fundraiser."

Each semester, the club puts on "Dance Off Hand" to help fund their trip to the annual American College Dance Festival Association conference

each spring. Usually, if a student wants to choreograph a piece for the university, they have to take a spe-cial class. "Dance Off Hand" lets anyone choreograph a

dance. "It's open for anyone to choreograph," Sheridan said. "It gives anyone and everyone the chance to both choreograph and perform.

Amanda McGavin, the vice president of the Dance Majors and Minors Club, is performing in a ballet piece.

Drummers, 'Dancers, Dreamers' took up a lot of time," McGavin said. "The dances for this were kind of thrown together in the last couple of weeks."

The dance technique classes also perform to get experience, said McGavin.

Sheridan said with about 15 pieces in the show there is a lot more variety in "Dance Off Hand" than in formal concerts.

"The neat thing about this performance is you get to see all different kinds of dance," Sheridan said. "We have classical ballet, hip hop, tap, contemporary ballet, ballroom, modern and jazz pieces."

The choreographers for this event also have more freedom and independence.

"They have to find their own rehearsal time and space, and can do whatever they want, as long as it's family-friendly,' Sheridan said.

There are no formal auditions to participate, according to



Lisa Wareham/Argonaut UI Alumna Kristine Petterson rehearses for "Dance Off Hand" Wednesday night in the Physical Education Building.

see the DANCE

The performance will be at 5 p.m. Saturday in Studio 110 in the Physical **Education Building. Tickets** are \$5.

Sheridan.

"It's really just for fun," she said.

It's a good way for choreographers to get recognition, says McGavin.

"It's like a preview of up and coming choreographers here at the university," McGavin said. "If they haven't worked for the main shows, it's a good way to get their stuff out there."

There will also be a bake sale to help fundraise, with treats donated by the dancers and their families.

Sheridan said the event was not too hard to organize.

"It was a big collaborative effort within the club," Sheridan said. "The vice president Amanda McGavin and the secretary Stephanie Wolpert helped me a lot. It's a big relief. I kind of work behind the scenes."

Courtsey Photo

Celtic band Enter the Hoggis will play at 2 p.m. Sunday at John's Alley.

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By Brandon Macz Argonaut

Haggis is a traditional Scottish dish where the heart, liver and suet of a lamb are mixed with oatmeal and stuffed into a sheep's stomach. Enter the Haggis is a band that takes jazz, bluegrass, rock, Latin and African beats and shoves it into the heart of Celtic fare, and they'll be playing 8 p.m. Sunday at John's Alley so Moscow can get a taste.

Celtic music uses the principle elements of the jig and the reel, according to bassist Mark Abraham, the former using three beats per measure and the latter using four.

"(Enter the Haggis) has Celtic backbone, but the rhythm section really varies," Abraham said.

When studying music in college Abraham played in a Cuban jazz band and a Latin Brazilian band. Drummer James Campbell is a big fan of Latin and African world music, he said. This contributed to the addition of styles and the transition from traditional Scottish bass music.

"We don't claim to be authentic," Abraham said. "We take influences from different styles, but nothing really authentic which kind of gives us our own unique style."

see the SHOW

Enter the Haggis will play at 8 p.m. Sunday at John's Alley.

The Grateful Dead's fans adopted the collective term, Dead Heads, and now there is a fan base of what the band affectionately calls "Haggis Heads". These "Heads" travel, camp and befriend each other as they journey to see Enter the Haggis play.

"It's at the point where people come to see the band but it's not really all about the band, now," Abraham said. "It's about the friendships they've made.

Enter the Haggis is a Canadian born band, fiddler Brian Buchanan being the only Scottish born member. Canada already has a Celtic flavor, Abraham said, from the first wave of settlers to come to America's upstairs neighbors.

Enter the Haggis has been a featured band on PBS's "Out of Ireland" program. Abraham said the exposure really helped their sound hit the West Coast, having only toured it once. This month will be the band members' first time playing north Idaho.

In March, as part of the St.Patrick's Day festivities, Enter the Haggis was invited to perform on "Live with Regis and Kelly," though Regis Philbin was under the knife for heart surgery at the time

"Kelly was there and we had a great time," Abraham said. "It's been really good for us as far as exposure."

Based in Toronto with their indie label United For Opportunity, Enter the Haggis plays less than five shows in Canada and about 150 in the United States, Abraham said, because the audience seeks it out more.

Their last album "Soapbox Heroes,"came out in 2006 and was produced by Neil Dorfsman, who has picked up four Grammys in his career and worked with musical stars such as Bob Dylan, Paul McCartney and Sting.

"We just happened to be a really good match and he was available at the time we wanted to do a record," Abraham said. "He just has so much experience from working with so many different people."

Enter the Haggis spent three weeks working with Dorfsman in a studio and their next album is due out in summer is a live compilation.

See HAGGIS, page B2

Among the secrets to authentic scones — use minimal mixing

By Sheila Flynn Associated Press

Page B2

DUBLIN, Ireland - Don't be fooled by those crumbly pastries masquerading . as scones at American coffee shops

They might be a tasty complement to your morning cup, but they bear about as much resemblance to the real thing as margarine does to the clotted cream that so often tops scones in Britain and Ireland.

Authentic scones, recipes for which date back centuries and may be either sweet or savory, are more like an American biscuit — a simple flakey, cake-like bread leavened with baking powder and best eaten warm (and often with butter and jam).

Of course, getting the real thing in the United States may mean baking up a batch your-self. To do that, you'll need to know the basic ingredients and simple (yet vital) methods that mean the difference between stunning scones and coffee shop impostors.

Here's the breakdown:

The milk

The best variety of milk for scones is hotly debated in baking circles. This is partly because the most traditional option, buttermilk, is used so infrequently by modern cooks, especially home cooks. As a result, many bakers now use whole milk or half-and-half.

But for authenticity, buttermilk (which has a thickconsistency and tangy flavor) is best.

Not only is the slightly sour taste key for traditional flavor, buttermilk also acts as a binder, says Michelle Moore, a bread researcher in the Food and Nutritional Sciences Department at ' Ireland's

University College Cork. "It gives it the added flavor, and it probably gives it the softness, as well," she says.

Historically, buttermilk was made from the liquid left behind when butter was churned. Today, it is made by adding friendly bacteria to nonfat or low-fat milk. It is widely available in the dairy

buttermilk isn't thick (many powdered versions aren't), Derek O'Brien, the head of the National Bakery School at the Dublin Institute of Technology, suggests whisk-ing a bit of yogurt into it before adding it to the other ingredients.

The sugar

Size matters. Common white sugar, also called granulated, is too coarse for scones. Most traditional scones are made using socalled castor sugar, which in the United States is sold under the name superfine sugar. This is not the same as powdered sugar.

The ultrafine granules of superfine sugar dissolve better and faster in the dough than granulated, says O'Brien. "If you use granulated sugar, it will show up on the top of the scone as tiny burnt specks."

The flour

Though many British and Irish bakers today favor the simplicity of so-called self ris-ing flour (which comes premixed with baking powder and salt), a more authentic flavor and texture is produced by using all-purpose flour and adding baking powder separately.

This is because using selfrising flour (less common in the U.S.) locks the baker into that product's baking powder-flour ratio.

Darina Allen, one of the Ireland's founders of Ballymaloe renowned Cookery School in County Cork, prefers using her own ratio, which includes more baking powder. This provides more lift during baking and a more distinct flavor.

The mixing

Experts throughout Britain and Ireland agree, great scones are all in the mixing. And minimal mixing is key.

"It's kind of crucial. You're supposed to be able to mix your dough with your liquids in five turns," says Elaine

case at most grocers, and also can be purchased as a powder. Thickness is key. If your Cafe in County Wicklow. "You don't work it too much. That's really the trick."

That means no electric mixers, which are too powerful and too fast for this sort of dough:

For the best results, Allen suggests running your hands through the flour to aerate it before adding the other ingre-dients. Once those ingredients are added, keep mixing to a minimum — just enough to incorporate all ingredients.

The mixture should be moist, pliable and somewhat sticky, but not wet. The dough is finished by a few quick kneads on a floured surface.

Even the container used for the mixing matters, says Allen. The bowl must be big. As big as you've got.

"That may seem like a little thing, but it makes a huge dif-ference," she says. That's because smaller mixing bowls "constrict (the dough), and you can't mix easily and get the air in."

The rolling and cutting

The depth of the rolled dough matters greatly. It is absolutely vital to be

careful about the thickness when you roll them out," says Allen. "If you roll them too finely, you have all crust ... If they're too thick, what happens is the top and the bottom cook and they're not properly cooked inside."

Most baking experts agree that rolling the dough out to a thickness of an inch is ideal.

Scone shape is more a matter of personal preference. Some people form the dough into a rectangle and cut it into squares. Others form it into circles (this recipe would make two circles), then cut each into six wedges.

Biscuit cutters work well, too. A 2 1/2-inch round cutter will produce about 12 scones with the following recipe. Be sure to dust it with flour to prevent sticking. And press it down through the dough in one quick motion without twisting it, which can result in less rising.

The following recipe produces excellent basic buttermilk scones with traditional texture and taste. Currant scones are a common variation. For those, add 8 ounces of currants to the dry ingredients before adding the liquids.

Scones

Start to finish: 40 minutes Servings: 12 scones 3 cups unbleached all-pur-

pose flour 6 tablespoons salted butter,

cut into small pieces 1 tablespoon baking powder 3/4 cups superfine sugar

Pinch of salt

1 cup buttermilk

2 extra-large eggs

Preheat oven to 400 F. Lightly coat a baking sheet with cooking spray or line it with parchment paper. Measure the flour into a large, wide bowl. Run your

hands through it several times to aerate. Add the butter and use a pastry cutter (also called pastry blender) or two knives to cut the butter into the flour until the butter is reduced to fine crumbs.

Add the baking powder, sugar and salt and mix well. Form a well in the center of the mixture, then set aside.

In a large measuring glass or medium bowl, whisk together the buttermilk and eggs. Pour the mixture into the well in the dry ingredients. Using a large spoon and as few strokes as possible, mix the dough until just com-bined. It will be moist and sticky

With lightly floured hands, transfer the dough to a floured work surface. Knead it gently several times, then form into a thick rectangle. Use a rolling pin to roll the dough to a 1-inch thickness. Use a 2 1/2-inch round biscuit or cookie cutter to cut about 12 scones from the dough, gently recombining the scraps as you go.

Transfer the scones to the prepared baking sheet. Bake 15 to 18 minutes, or until the tops of the scones are a light golden brown. Move to a wire rack to cool slightly before serving.

Sample awardwinning wine

Wegars speaks on Polly Bemis

By Cyrilla Watson Argonaut

Having researched Polly Bemis since the mid-1980s, Priscilla Wegars has the facts straight about this one-of-a-kind Chinese American pioneer.

Wegars will present the story of Pacific Northwest Chinese-American pioneer, Polly Bernis at 5 p.m. Tuesday in the Idaho Commons Crest Room. This presentation is open to the public and the first 20 people to attend will receive a free copy of Wegars' book, "Polly Bemis: A Chinese American Pioneer."

The presentation will include the true-life story of Bemis and a contrast with the myths and legends of what some believe was Bernis' life.

Another book written about Bernis, "1,000 Pieces of Gold," states that Bemis was won in a poker game and was a prostitute, but according to Wegars, neither is true.

"It's going to be hard to get people beyond 1,000 Pieces of Gold...we don't know anything about her family like the book savs we do," Wegars said.

Wegars, who graduated from the University of Idaho in 1991, has worked on many archeological excavations throughout Idaho, Washington, Oregon, California, England and New Zealand.

In 1982, she founded the Asian Comparative American Collection in the Alfred W. Bowers Laboratory of Anthropology here at UI. She worked as an editor for the "Hidden Heritage: Historical Archaeology of the Overseas Chinese," along with other books.

Throughout the years, she has led numerous classes and tour groups to Chinese historical sites in the West.

Currently, Wegars is working on a book about the Kooskia Internment Camps, a World War II detention and road building facility for Japanese prisoners.

After years of collecting infor-mation about Polly Bemis, Wegars soon plans to write a biography about the famous Asian American pioneer.

HAGGIS from page B1

Abraham . said the band sings about the events in their lives, but they also inject songs with a socio-political flare, especially in "Soapbox Heroes."

As well as writing, Wegars is also a volunteer at the Asian Comparative American Collection, helping keep everything in order from correspondents, to the collections themselves.

"AACC is a great resource on campus and they welcome more student interest and participa-

tion," Wegars said. Wegars' presentation is part of a series of events the university is hosting to celebrate Asian Heritage Month.

According to Wegars, May was chosen to be the month to celebrate Asian heritage because of several historic events, such as the first Asians to immigrate to the United States and for the finishing of the transcontinental railroad, where most of the workers were Asian immigrants.

UI graduate student Robert Garvening said that Asian Heritage Month is usually in May, but universities and other colleges celebrate it a month early because the end of spring semester ends in early May.

According to research the idea of Asian Heritage Month originally started in 1977 as a weeklong event, but then to a monthlong event in 1978.

The Asian American Pacific Islander Association, along with the support of the Office of Multicultural Affairs, is putting on several other events to celebrate Asian Heritage Month. Events such as a Mom's Weekend Asian Dinner Saturday from 6 p.m. to 8 p.m. in the Memorial Gym. Tickets are \$20 and are available by calling 885-5557. There is also an Asian Film Festivals held throughout the month.

The AAPIA is a great way to get involved with other cultures and meet new people, said AAPIA vice president and treasurer, CC Ma.

"We meet, plan events, watch movies or do whatever people feel like doing," Ma said.

The group meets every Tuesday at 10:30 a.m. in the Commons Ice Spring Rm. For information, e-mail appia@uidaho.edu.

out a bunch of opinions and things, but then not actually acting on it," he said. "If you have an opinion, do something about it."

Music enthusiasts will get a chance to act Sunday by going to John's Alley to see Enter the Haggis and voice their opinions off of that before the

Advance tickets are each. available at BookPeople. **19th century music** For information,

Theatre. Evening performances of 10 or more tickets are \$8 es are at 7:30 p.m. today and Saturday and April 26-28. Sunday matinees are at 2 p.m. visit

can still be heard

ArtsBRIEFS

The Idaho-Washington Concert Chorale will perform works by Edward Elgar and Anton Bruckner during two shows, one at 7:30 p.m. April 28 and 6 p.m. April 29 at St. Boniface Catholic Church in Uniontown.

The 20-member chamber choir, under the direction of John Weiss, will perform works by Elgar in honor of the 150 th anniversary of his birth. Elgar is most famous for his composition "Pomp Circumstance." and

The entire 60-member choir will perform six works by Bruckner, which will showcase his talent as a church musician in choral composing and works for the organ.

Tickets for the performance are \$15 at the door, \$12 for advance purchase, \$10 for seniors and \$5 for students with ID. Children under 12 are admitted free. Block purchaswww.iwchorale.org

Bring Mom out for some laughs

ASUI Vandal Entertainment wants to make your mother laugh. At 7 p.m. Saturday, inside the SUB Ballroom, come out and see comedian Jamie Lissow.

Lissow has appeared on "The Tonight Show with Jay" Leno," "Last Comic Standing," and at more than 300 colleges around the country.

Best of all, the show is free. Just remember to bring your mom.

Visit 'Oklahoma!' at the Hartung

The University of Idaho Department of Theater & Film and the Lionel Hampton School of Music present Rodgers and Hammerstein's "Oklahoma!" at the Hartung

on Sunday and Tickets are available at the Kibbie Dome Ticket office at 885-7212, www.uitheatre.com and at the door and are \$10 for adults, \$8 for seniors and \$5 for youth, UI and WSU students, faculty and staff.

Hear van Gogh set to music

The UI wind ensemble and concert band performs at 8 p.m. April 24 in the Admin Building Auditorium.

The performance will feature works written by William "Bill" Billingsley, a UI professor for 30 years who recently passed away. Among the selections will be a piece based on Vincent van Gogh's painting "A Starry Night." The Idaho Brass Quintet,

composed of UI faculty, will play with the wind ensemble.

L.W. Larson, a renowned music educator, will guest conduct.

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Merry Cellars winery's 2005 Twilight Hills Red was awarded a gold medal at the 2007 Dallas Morning News Wine Competition.

Only the finest fruit was selected to become part of this spectacular wine. Part Merlot, part Cabernet Franc and part Cabernet Sauvignon, it is saturated with sweet berries, vanilla, green tea and spice with hints of plum on the palate. Silky tannins ride the finish, carrying hints of spice as it lingers.

Merry Cellars winery is located in the Old Post Office at 245 SE Paradise St. in downtown Pullman. For those interested in sampling this and other award winning wines, the tasting room is open every Thursday, Friday and Saturday from 3 p.m. to 8 p.m.

For information, contact the winery at 509-338-4699 or wines@merrycellars.com.

'The name, 'Soapbox Heroes,' comes from not just hits the road to play Seattle the having a voice and blurting very next day.



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'Jericho' man of mystery reveals a lighter side

By Janice Rhoshalle Littlejohn Associated Press

When British actor Lennie James arrived in Los Angeles early last year, he gave himself three months to get a gig. After three weeks, he'd been offered two.

"I promised my mates I wouldn't tell the story again," jokes James, who landed his role on "Jericho" after his first audition — almost unheard of in Hollywood.

"I didn't test for the network. I didn't actually go back and do another meeting. It was all on that first meeting, and I was done and signed up," he says with a smile. "That's why my friends hate me."

But audiences are loving James as Robert Hawkins, one of the mystery men in the CBS drama about a Kansas town trying to cope in the aftermath of a nuclear attack on the U.S.

Unbeknownst to those around him, Hawkins has been involved in undercover operations that may hold the key to saving Jericho. But he also must contend with its prodigal son, Jake (Skeet Ulrich), who has an equally clandestine past.

"Lennie is a great dramatic actor," says executive producer Carol Barbee. "But he's also very funny and very friendly, and he has all of those facets to him that make him a great con man and we needed a great con man.

"I always thought Hawkins would be this incredible, interesting little thread that would probably pick up momentum," Barbee continues. "But very quickly the audience just wanted to see Lennie and he's almost become a co-lead with Skeet."

Says Ulrich: "I think we have similar rhythms and understandings and it's very natural working with him. It's clear when you're doing scenes with him that he has a point of view as to what the scene is really about for him and with the character."

"In the episode that preceded this, it was pretty much a showdown with a gun between them and now there's an uneasy truce between the two of them," says James, rejoining Ulrich for the scene in this farming community northwest of Los Angeles that doubles for the Kansas town of New Berg.

town of New Berg. Whether Hawkins is a good guy or deceptively evil has yet to be revealed, but James relishes the ambiguity.

"It's like doing a Rubik's Cube where you have to put all your squares in the right position before they will all fit," says James, "and sometimes you have to move them out of order to be able to work them back in. That's how you do the cube. That's kind of how Hawkins' mind works."

In high school, James had his mind set on a career as a rugby player "until one particular girl with fine assets turned my head," he says, grinning. "She was going to spend the whole summer doing this thing called 'a play.""

thing called 'a play."" He followed her to the audition, but could only get in the room if he tried out, "and I got it," he laughs. "She didn't. But there were other girls there with fine assets, so I stayed."

Eventually, James went on to study at London's Guildhall School of Music & Drama, where he graduated in the late '80s.

But instead of forging full time into an acting career he got "a proper job" with the government's social security office, while moonlighting with a theater company.

pany. "Then at work, they wanted to send me away for three weeks, and I said, 'I can't go, I'm rehearsing this play,"" he remembers. "My boss said to me, 'You're going to have to decide whether you want to follow a career here or you want to be an actor.' ... I turned around and left."

Since then, he's written for and appeared on the London stage and in the films "24 Hour Party People," "Snatch," "Sahara" and the recent BBC America terrorism drama, "The State Within," in

which he played another complex antihero.

"I enjoy inviting audiences into the mind of my characters as much as into their stories," he says. "Even now, having this conversation, we know there's a million things that I'm not saying and it's the 'not saying' that is part of the journey."

As for coming to America, James acknowledges it was daunting.

"I'm pretty much a London boy and it was a big enough city to try and conquer," he says. "I wanted to make movies obviously, but to come over here where there's so many people trying to do the same thing slightly frightened me."

Being apart from his wife and daughters — who split their time between London and France — hasn't been easy, either.

"It's been the longest I've been away from my kids ever," he says of the very difficult three months between visits. "I suppose if 'Jericho' goes again, we've got a very big decision to make."

Miss Mexico modifies pageant dress depicting hangings

By Julie Watson Associated Press

Miss Mexico is toning down her Miss Universe pageant dress — not because it's too slinky or low-cut, but because its bulletstudded belt and images of hangings from a 1920s uprising have outraged Mexicans.

The floor-length dress is accented with crosses, scapulars and a sketch of a man facing a firing squad. Designers who helped select the dress from among 30 entries argued it represented the nation's culture and history, especially since Mexico City is hosting the pageant in May.

Cut from a traditional natural cotton called manta, the dress depicts scenes from the 1926-1929 Cristero war, an uprising by Roman Catholic rebels against Mexico's secular government, which was imposing fiercely anti-clerical laws. Tens of thousands of people died.

"We wanted a dress that made you think of Mexico," Hector Terrones, who served on the selection committee, told La Jornada newspaper. "The design should grab people's attention and have impact without giving too much information."

But many Mexicans weren't happy about the history the dress evoked, especially at a moment of debate about the Catholic Church's role in politics and its lobbying against a Mexico City proposal to legalize abortion. Others said it glorified violence in a country where a battle between drug gangs has brought a wave of killings and beheadings.

Miss Mexico, Rosa Maria Ojeda, presented the dress March 29, showing off the billowing, hoop skirt adorned with sketches of Catholic rebels hanging from posts. Rosaries and scapulars hung from the bulletstudded, bandolier belt; a large crucifix necklace, black halter top and wide-brimmed sombrero completed the outfit.

"It's inappropriate to use images of this Cristero war that cost so many lives and was so pointless," said Guadalupe

Loaeza, a contemporary Mexican writer.

The gown's designer, Maria del Rayo Macias, told La Jornada that "we are descendants of Cristeros. Whether we like it or not, it's a part of who we are." Macias is from Guadalajara, a city in what was the Cristero heartland.

La Jornada columnist Jorge Camil said a dress was not the place to recount the event.

"It would be like Miss USA wearing a dress showing images of the Ku Klux Klan in the deep South, with their hoods, their burning crosses and beer cans," he wrote. "A beauty contest is very far from being the right place to vent political and religious ideologies."

Ojeda's representatives did not return phone calls seeking comment, but said in a statement the dress would be "modified" due to "the concerns that have surfaced regarding the design." Pageant spokeswoman Esther Swan said the skirt would have ribbons and ruffles and no pattern, while

 the top would remain the same. Mexican church officials also

argued that using the war as a fashion statement was disrespectful to the thousands who died, some of whom were later named saints.

The conflict was the culmination of a century of bloody struggles over liberal attempts to slash the power of the church, which had been an arm of the Spanish colonial government for three centuries, owning vast tracts of land and savagely persecuting rival religions. The church later supported a foreign invasion of the country.

The secular government that emerged from Mexico's revolution of 1910-1917 toughened anti-clerical laws imposed earlier, setting off a conflict in which churches and convents were shuttered, foreign priests were expelled and mobs sacked sanctuaries. Religious raiders responded by blowing up passenger trains and attacking government forces.

By the time the U.S. Embassy helped mediate an end to the violence in 1929, only a few hundred priests remained in Mexico.

"It's not right for Mexico, in an important international event like Miss Universe, to remember this sad and unfortunate fact of our history," Monsignor Felipe Arizmendi Esquivel told La Jornada. "This traditional outfit alludes to events that opened deep wounds."

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Lancome model focuses on Earth's beauty

By Samantha Critchell Associated Press

There are lots of people who say they'd like to do something good for the environment — and most of them mean it. But it's natural to wonder: What can one person do?

If you ask the right people the right questions, one person can do a lot, says Lancome model Elettra Rossellini Wiedemann.

Concerned that her work frequently took her around the globe, Wiedemann asked the cosmetics giant if it would contribute to a carbon offsetting program to compensate for all her flying time.

Not only did Lancome agree, but it also offered do to the same for flights taken by the company's four other "faces." Shalom Harlow, Daria Werbowy, Ines Sastre and Selena Breed. (Carbon offsetting programs work in different ways to reduce greenhouse gases based on an estimate of the amount your actions create.)

And then Lancome decided when

it launches its Primordiale Cell Defense anti-aging cream this summer, it will plant a tree for the first 10,000 units sold.

"I've always been interested in the environment since I was little, and now I'm studying environmental conflict in school and the curriculum is dictated by current events," said Wiedemann, who will get a degree in international relations from a New York university this spring. She's already applying to graduate programs that deal with environmental policy and biomedicine.

Wiedemann, 23, is the daughter of Isabella Rossellini, who for years was also a Lancome model.

One of Wiedemann's friends, salon owner Ted Gibson, turned her on to environmental conflicts and sustainability when he got involved with Carbonfund.org, a carbon offset program. Last September, a cut-a-thon at his salon raised \$5,000 to plant 650 trees - the number of trees Carbonfund calculated would compensate for the electricity at Gibson's salon and the travel done by the staff.

girl is something else. I think being someone who is so young but has such and old soul, so much knowledge, is extremely beautiful and really wants to make a difference is so unique."

Nature, if not environmentalism, was always a part of Wiedemann's life. She describes her father, Seattle-based businessman Jon Wiedemann, as a big Outward Bound fan who took her whitewater rafting and rock climbing, while her mother was involved in animal rescue.

She went off to college at Boston University but left after two years. She missed New York, so she applied for jobs in public relations and at the Únited Nations. She acknowledges with a laugh — that there is a pretty big gap between those interests but the link, she says, is that neither one meant doing the same thing each day. In the interim, Abercrombie & Fitch

asked if she'd model for a catalog, shooting with famed photographer Bruce Weber in Miami. It didn't take long for IMG, one of the country's top

Of Wiedemann, Gibson said, "That modeling agencies, to call and send her Lancome part. I is something else. I think being to Italy for two years to fully establish She doesn't herself in the industry.

A little over a year ago, Lancome chose her to follow in her mother's footsteps.

"She was chosen for her face — wow, she's beautiful," said Odile Roujol, president of Lancome Worldwide. "But she also had true emotion. ... She has a generous way in the way she behaves and a freshness. We believe in what she stands for. She's committed to making the world better than before. We wanted to make that statement to the world.

"She has a fresh spirit and intensity that makes her modern. I'm very seduced by Elettra," she said.

Wiedemann, however, makes the case that she's just like any other 20something in Manhattan. She describes her daily routine (when she's actually home) as "wake up, have coffee, go to school, go to Lancome shoot, go to the gym or exercise outside, have dinner with friends."

Notice how she just slips in that

She doesn't wear much makeup. "I spend so much time in the library or on a plane, so I don't go out with red lips a lot. I slap on moisturizer and sunscreen," she said. "Makeup is my job. I wear a lot in photo shoots and I want to give my face a chance to breathe when 'm not working." She also hasn't made any radical

lifestyle changes as she becomes more green, instead focusing on the things that can be adapted into everyday life. She tries to eat foods grown seasonally and locally, she recycles and reuses plastic bags to carry her lunch.

"Is it contrarian to put fashion and the environment together? I don't think so. These are problems that are just getting known to be problems," she said. "People aren't anxious to get rid of luxuries - we don't want to be in cave wearing animal skin — but you can be conscious of what you're doing without changing your lifestyle in any big way. It's more of a way of cutting corners. It's lots of little things but lots of little things add up to a big thing."

Kitty Carlisle Hart, actress and advocate, dies at 96

By Ula ilnytzky Associated Press

Kitty Carlisle Hart, whose long career spanned Broadway, opera, television and film, including the classic Marx Brothers movie "A Night at the Opera," died after a battle with pneumonia, her son said Wednesday. She was 96.

"She passed away peacefully" Tuesday night in her Manhattan apartment, said Christopher Hart, a director-writer-producer who was at her side. "She had such a wonderful life and a great long run. It was a blessing." Hart was touring the country

in her autobiographical onewoman show, "Here's to Life," until the pneumonia struck around Christmas, her son said. Broadway's theaters planned to dim their marquee lights Wednesday in honor of the longtime patron of the arts.

In 1991, she received the National Medal of Arts from the first President Bush. Hart's last

David Lewis, Hart's longtime musical director, said she would be remembered "as the grande dame not only of show business but also in her philanthropy and her support for the American musical theater."

Well known for her starring role as Rosa Castaldi in the 1935 comedy "A Night at the Opera," her other film credits included "She Loves Me Not" and "Here Is My Heart," both opposite Bing Crosby; Woody Allen's "Radio Days"; and "Six Degrees of Separation."

But she was probably best known as one of the celebrity panelists on the popular game show "To Tell the Truth." She appeared on the CBS prime-time program from 1956 to 1967 with host Bud Collyer and fellow panelists such as Polly Bergen, Johnny Carson, Bill Cullen and Don Ameche.

The show featured three contestants, all claiming to be the same person, with the pan-

gig was a December performance of her show in Atlanta. elists quizzing the trio to determine which one was telling the truth. Hart later appeared in daytime and syndicated versions of the show.

"People remember me from television," she once said. "They don't even remember me from 'Á Night at the Opera.' They have no idea that I played the lead and did all the singing. But they do remember television, particularly `To Tell the Truth.'''

She began her acting career on Broadway in "Champagne Sec" and went on to appear in many other Broadway productions, including the 1984 revival of "On Your Toes." In 1967 she made her at operatic debut the Metropolitan Opera in "Die Fledermaus" and created the role of Lucretia in the American premiere of Benjamin Britten's "Rape of Lucretia.

Hart's late husband was Pulitzer Prize-winning playwright Moss Hart, who wrote 'You Can't Take It With You" and 'The Man Who Came to Dinner" with George S. Kaufman. He won a Tony for directing "My Fair Lady" on Broadway. fectly in place — Hart has been called a "great dame."

"My Fair Lady" on Broadway, winning a Tony award, the production starred a young Julie Andrews.

"Her humanity, her wit, her great style were legendary," Andrews said in a statement Wednesday, calling the star "a beloved and trusted friend."

Kitty Carlisle Hart's film career began in 1934; in "Murder at the Vanities," she sang "Cocktails for Two," a song later made famous in a spoof by Spike Jones.

"A Night at the Opera" the fol-lowing year was the Marx Brothers' sixth film and their first for MGM, where they shifted after their career at Paramount sagged at the box office. MGM's Irving Thalberg added more romance to the Marxes' formula, bringing in Hart and Allan Jones to play the young opera singers in love, and the film became a huge hit.

Elegant and sophisticated --with hair, makeup and dress per- Kaufman-Hart play was in the

In a piece on CBS' "60 Minutes" in 2000, Marie Brenner, author of "Great Dames: What I Learned From Older Women," said: "A great dame is a soldier in high heels. ... They lived through the Depression. They lived through the war. They were tough, intelligent and brassy women."

Discipline ruled Hart's success. She began every day with an exercise routine, even after turning 90. Hart was born in New Orleans on Sept. 3, 1910. She attended the Sorbonne, the London School of Economics and the Royal Academy of Dramatic Art in London.

She and Hart married in 1946 and had two children: Christopher and daughter Catherine. Her husband died in 1961 at 57. In later years, she lived on the next block from Kaufman's daughter, Anne Kaufman Schneider, and the two would confer when a revival of a

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offing. In a 2002 Associated Press interview, Schneider called her "my best friend."

She served on the state arts council from 1971 to 1996, including 20 years as its chairwoman. In 1988, she testified in Albany to a legislative committee amid complaints that the council had financed gay-oriented projects.

Hart's special concern for women's role in society led to her appointment as chairwoman of the Statewide Conference of Women and later as special consultant to New York Gov. Nelson Rockefeller on women's opportunities. She also moderated a TV series called "Women on the Move."

She served on the board of Empire State College in New York and was an honorary trustee of the Metropolitan Museum of Art and the Museum of Modern Art.

Besides her daughter and son, survivors include three grandchildren.

Funeral arrangements were incomplete. "We're working on a terrific memorial," her son said.



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Cowell expression not response to Tech comments

By Lynn Elber Associated Press

An annoyed look from "American Idol" judge Simon Cowell as a contestant expressed sadness over the Virginia Tech shootings was drastically misinterpreted, Cowell and the show said Wednesday.

Cowell rolled his eyes and raised his eyebrows as contestant Chris Richardson of Chesapeake, Va., followed his performance on Tuesday's show with a comment about the 32 people killed on the campus by a student.

"My hearts and prayers go out to Virginia Tech. I have a lot of friends over there. ... Be strong," Richardson said on stage. The

camera caught expression and Cowell's showed him tapping his hand once, in apparent impatience, on the table in front of him

and fellow judges Randy Jackson and Paula Abdul. In contrast, Abdul could be seen nodding in approval.

The Fox show went into damage control Wednesday, with Cowell - known for his acerbic comments - and a series producer denying that he had heard what Richardson said.

Instead, he was talking to Abdul about Richardson's contention that he deliberately sang "Mayberry" in a nasal tone, Cowell told "American Idol" host Ryan Seacrest on Seacrest's radio show Wednesday.

"I was saying to Paula, 'What does he mean, he sang nasally on purpose? I didn't understand what he was saying.' So I hadn't even heard what he did. Then my eye rolled, given what I was saying to Paula," Cowell told Seacrest. "I've never heard so much

rubbish," added Cowell, a

British record company executive. Cowell said he supported Richardson's comments.

"I did want to clear this one up because, you know, this is a very very sensitive subject. The irony is that we did want to try and set the right tone on the show. And then something like this happens, and it just starts fanning the flames," Cowell said. "And people need to said. understand, there are families involved. It's not right."

a teleconference In Wednesday, series executive producer Ken Warwick said Cowell was unaware of how he came across until someone brought it to his attention after the show. Cowell was "mortified," Warwick said.

"He would be the biggest fool on television if he did that. And he's not a fool, believe me," the producer said. Studio noise and the microphone setup made it difficult for Cowell to hear

Richardson after his song, a routine problem, Warwick said.

Another executive producer, Nigel Lythgoe, also came to Cowell's defense.

'This is a sad time for everyone, so it is especially disheartening that a quick camera cut-away could have been misinterpreted," Lythgoe said in a statement Wednesday, noting that Seacrest opened the show with a statement of sympathy for Virginia Tech.

Although the Internet was awash in discussion about Cowell, the network said it had received few complaints about him. One Fox affiliate forwarded two e-mail complaints to the network, which declined to identify the station and its city.

But the Fox station that serves Blacksburg, Va., where Virginia Tech is located, hadn't received any complaints as of midday Wednesday, WFXR station manager Dave Bunnell and prayers are with you." said from Roanoke, Va. Richardson's performance

Bunnell, who watched the show but didn't catch Cowell's reaction, dismissed the matter as unimportant.

"It's just like everything. Everyone second-guesses everything these days," said Bunnell.

He likened criticism of Cowell to questions raised about the university and police handling of Monday's campus attack that left 32 students and faculty and the gunman dead.

"The media should be concentrating on why this person did it, talking about the fami-lies affected," Bunnell said. He said he has children enrolled at Virginia Tech.

In Seacrest's opening remarks on the show Tuesday, he said: "At this difficult time, we want to say to all those affected by the terrible tragedy at Virginia Tech our thoughts.

came about 40 minutes into the hourlong show. Cowell dis-missed his effort as "insignificant" and the singer responded by defending himself and remarking on the shooting.

About 15 minutes later in the broadcast, Cowell finished his critique of contestant Blake Lewis and turned again to the shooting.

"I would like to say, on a more serious note, just to pick up on what Ryan said, on behalf of the three of us, that we would also like to offer our best wishes and support to the families of this tragedy, as well," he said.

Speaking of the singers, Cowell added that it had been "a tricky week" for them. The show had planned for

Cowell to make a statement about the shooting, a bookend to Seacrest's remarks, Warwick said.

MSNBC faces life after Imus: What will fill the gap?

By Frazier Moore Associated Press

The fall of Don Imus has triggered loads of high-minded talk, and no more so than from the media outlets that, until last week, happily employed him.

CBS boss Leslie Moonves, who fired Imus from his radio show, spoke of striking a blow against the culture Imus flourished in, "a culture that permits a certain level of objectionable expression that hurts and demeans a wide range of people."

And NBC News President Steve Capus, who a day earlier had announced MSNBC would no longer simulcast "Imus in the Morning," stressed the importance of protecting NBC News' reputation while restoring confidence among the ranks of NBC Universal "in the values we have set for this company."

Mighty righteous!

But will Imusgate really lead to greater diversity and heightened sen-sitivity on the airwaves? Will it, as some propose, be a catalyst for change

Only two changes are guaranteed.

CBS must find someone to fill Imus' morning slot for the 61 stations that, until last Thursday, were airing him.

And MSNBC has a similarly daunting task: to replace its Imus simulcast (which aired weekdays from 6 to 9 a.m.) with something new that can compete in the morning-TV battle. But this problem, however unsought and unwanted, is also a great opportunity.

Is it too much to hope that MSNBC's new morning broadcast will draw on some of the painful lessons from the Imus debacle?

Is it too much to hope that, at a minimum, MSNBC might try something bold and different from the alltoo-similar morning-news pack?

MSNBC's "Imus in the Morning' simulcast was certainly different.

Imus welcomed eggheads and politicos and media bigs as guests, who, in his company, let down their guard. A solid interviewer, Imus was informed enough to ask good ques-tions, interested enough to shut up for the answers. His show was one of the few places on TV where open-ended conversation could be heard.

The show was newsy enough, with all the requisite headlines. Its pace was leisurely. And since this, after all, was televised radio, its look was refreshingly bare-bones. (Who the heck needs razzle-dazzle in the morning?)

As for the coarse humor and vulgar wisecracks: Maybe some satisfied viewers put up with the show's raw moments as the price of enjoying its more substantial elements.

In any case, the telecast obviously had its appeal, attracting an estimated 361,000 viewers the first three months of this year, up by one-third from 2006

and closing in on CNN. Granted, "Imus in the Morning" had no business being on MSNBC. It never belonged there.

MSNBC piggybacked onto Imus' hit radio show shortly after the net-work launched in 1996. Cameras were strung from the ceiling of Imus' radio studio over in Queens, two rivers away from MSNBC headquarters in Secaucus, N.J., and — prestol — MSNBC had scored itself a morning show.

But what was this strange interloper - an interview-and-humor anti-TV

program hosted by a cantankerous shock jock — doing on MSNBC? Wasn't MSNBC a cable news channel trying to establish itself as a credible alternative to CNN? Didn't it have the vast resources of NBC News at its disposal?

More than a decade later, isn't a morning program long overdue that's better suited to MSNBC's presumed mission?

You bet. And it's needed, too.

Two years ago, I wrote about the sorry state of morning TV. I bemoaned the wake-up fare on ABC, CBS and NBC, all too fond of rock concerts and celebrity chat and sign-waving fans and contests and breezy personal advice.

I heard from lots of other viewers who felt the same way, with many of them recommending I simply turn off my TV and tune in NPR's "Morning Edition" (which, of course, I sometimes do).

Meanwhile, my clear choice on TV now, as then, is CNN's "American Morning," which gives news its first. priority and keeps fluff to a minimum

"American Morning" this week

introduced its umpteenth set of co-anchors: John Roberts and Kiran Chetry. A work in progress since it premiered five years ago, "American Morning" demonstrates that finding the right formula doesn't happen overnight. MSNBC better get crack-

ing. For now, the network is plugging its 6-to-9 a.m. slot with news coverage and features. No word was available from MSNBC execs on when any New Thing might be unveiled.

Since signing on nearly 11 years ago with the grandiose claim "The revolution begins here," MSNBC has struggled to make so much as a stir. After countless format overhauls, its identity remains a question mark. And keeping Imus in the mix, however popular with viewers, confused the issue more.

Now with Imus gone, MSNBC has the chance to create a network-defining new program. To find itself, at last. And give viewers something to watch in the morning they can't get anywhere else.

That would be a worthy successor to Imus.

French fashion's 'little hands' disappear from the fashion world

By Jenny Barchfield Associated Press

Alone in his dusty Paris workshop, he carves, chisels

hours — particularly leading up to fashion houses' shows, when workers often put in more than double the 35 week-

teenage interns. But the long

At age 78, Massaro is still at the helm and vows to remain there "until it becomes physically impossible."

¹Italian grandfather His



and sands limewood chunks into rounded molds used to shape extravagant toques and fedoras for the likes of Dior and Chanel.

So how will the show go on when he retires? No one is sure. The 62-year-old is Paris' last hat-block maker. He has searched in vain for an apprentice to keep his savoir-faire alive.

"I don't even want to think about what will happen when he leaves," said Ludovic Kornetzky, artistic director at Maison Michel. The Paris milliner makes much of its pricey headgear by stretching felt and straw over Re's blocks. "When he retires, it will all be gone," Kornetzky said.

The saga is now a familiar one in the rarified world of French high fashion, which is dependent on an aging pool of traditional artisans known as 'petite mains" or "little hands."

Few young people are drawn by the low-paying and fiddly work of making silk flowers and embroidery, buttons and other finishings that the multibillion dollar industry can't do without.

Succession has become an obsession for Bruno Legeron. The fourth generation faux flower-maker's silk blossoms adorn garments by Christian Lacroix, Emanuel Ungaro, Sonia Rykiel and Dior.

"It's a vicious circle," said Legeron, 50. "Because I spend my life in the workshop, I never got out to find a wife, which means I don't have a kid and won't have anyone to leave this place to when the time comes."

Each Legeron made-toorder blossom takes up to an hour to assemble and retails for the equivalent of \$39 to \$133. The process has remained largely unchanged since the 18th century. His great-grandfather, Louis, rose to the top of the firm in 1880 after starting as an apprentice for its original owners.

With many of his nine employees approaching retirement age, Legeron takes on

ly hours laid out in French law discourage many.

Six middle-age women sit around a table in the workshop-cum-showroom in central Paris, transforming scraps of hand-dyed pink taffeta into rose petals using a ball-tipped iron tool they heat over a candle. They then glue the individual petals to ribbon-covered stem, wrapping each with a wire to hold it in place.

"You have to have a real passion for this work, otherwise, forget it," said Legeron.

Around him, wooden drawers burst with the fruits of his labor of love — from dainty rosebuds, their taffeta petals primly puckered, to mammoth hyacinths, with drooping

petals of orange and scarlet. Paris had hundreds of flower-makers at World War II's end. Legeron is the last independent one. His last two competitors, Guillet and Lemarie, were bought by Chanel.

The privately owned luxury giant has become a beacon of hope for the artisans' future: It also owns shoemaker Massaro, milliner Michel, button-maker Desrues and embroiderer

We had always worked with them and it was out of the question to stop," said Bruno Pavolvsky, president of fashion at Chanel. "Their level of quality exists nowhere else. For Chanel, it was fundamental that their exceptional savoirfaire survive.'

Artisans insist the buy-outs haven't changed the way they work. It's "a loose agreement that allows me to continue being the boss," said master cobbler Raymond Massaro, father designed whose Chanel's signature two-toned sandal in 1959.

'It guarantees that, even though I don't have a successor, the business will live on," said Massaro.

Chanel's deep pockets allowed the company to hire an experienced Italian cobbler to be Massaro's second in command, who will take over the atelier when he retires.

founded the workshop off Paris' tony Place Vendome in 1894. Each of Massaro's 10 craftsmen specialize in one aspect of shoemaking, from sculpting custom wooden lasts to carving heels out of cork to cutting and stitching the leather uppers. (Stitching is the only "mechanized" part of the process: Two turn-of-the-century Singers are used for that.)

To showcase the painstaking work of its artisans, Chanel introduced a special clothing line. Designed by Karl Lagerfeld, the collection has an annual runway show. The next is scheduled for December.

Under the terms of their agreements with Chanel, the subsidiaries are allowed to work for private clients and for other fashion houses.

'Chanel is smart," said Francois Lesage, heir of the celebrated Lesage embroidery house, which joined the luxury giant's firmament of artisans in 2002. "They want to keep other houses in the haute couture game.'

About a dozen women work in Lesage's mazelike atelier in Paris' scruffy 12th district. Simple jobs, like adding flash to a plunging neckline, generally take around 20 hours of work. More complicated pieces, like the trompe-l'oeil leopard skin gown made for Jean Paul Gaulthier in 1998, take upward of 500.

Unsurprisingly, labor accounts for the lion's share of artisans' overhead - and clients' bills. The temptation to outsource work to emerging countries without France's expensive labor charges can be great.

But nearly all major French fashion labels reject the idea, insisting that 'Made in France' is sacred. French quality cannot be found in India or China,

they say. "What is ultimately going to save us is simply being here," said flower-maker Legeron. You can't get emergency touchups from the workshop to the runway in a matter of minutes when you're in Beijing.'

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SPORTS&RECREATION Page B6 Friday, April 20, 2007

When a small town makes it big

By Ryan Atkins Argonaut

282. That was the 2005 estimated population of Harrison, a small town to say the least.

But that small town produced two current University of Idaho track and field athletes, both of whom are expected to play a big role in the future success of the Vandals.

And while freshmen Darcy Collins and Nikita Amy are taking different paths on their road to success, both are enjoying their transition to Division I athletics.

The teammates grew up together in Harrison, excelling on the field and in the classroom.

They dominated in athletics at the tiny school - participating in basketball, volleyball and track — but the one constant through the years has been their friendship, which is as strong as ever.

"We met in preschool. I feel like we have known each other forever. We actually hang out more here than we did in high school because we are in the same dorm, same team," Collins savs.

Amy redshirted her freshman season as she adjusted to college athletics and learned new events, but her determination and effort have left her coaches impressed.

"She has been working really, really hard. She is willing to do events she has never done before, so you have to like kids who are willing to do that," Idaho throws coach Julie Taylor says. "She wants to be a part of this team and that is exciting. She has a good future ahead of her.

Amy's high school resume is an impressive one. She helped lead Kootenai High School to four straight Idaho 1A state team titles from 2003-2006.

She collected two state championships in the discussed throw (2005, 2006) and was a four-time 1A state finalist in the shot put.

However, she wasn't just an allstar athlete. She was also valedictorian and was named to the National Honor Roll. And her success didn't come without some bumps and bruises. With a torn hamstring, Amy could not longer sprint for her high school team.

"I was a four-year varsity basketball player, four years of track, three worked well for Idaho, who now has a young thrower with a bright future, but the transition to college

hasn't necessarily been easy. "The change from going to high school to college — when you're the big man on campus in your little town in Idaho, and then you come in and you're kind of the last one on the list — it's tough," Taylor says.

"We didn't really have a weight room at all, and the little weight room we did have was made by our shop class." Still, even with the frustration of

new events on and off the field, Amy is positive about the future.

"All my events are pretty much new besides the discus so it's frustrating so far. I have redshirted all year," Amy says. "But I am feeling good about stuff. It is taking a while to learn. It is definitely hard to break the bad habits in shot. They are new events so I don't know what is going to happen with them. Everything is

new, but it feels good."

As for Collins, a multi-event ath-lete who has quickly established herself as an elite athlete in the heptathlon, has humble beginnings and endless trophies, just like Amy.

Collins won 12 state titles and had one second-place finish. She still holds four 1A state records in the 100meter hurdles, 300-meter hurdles, jump and the 200-meter

We have a lot of competition and stuff, where as in high school it wasn't even that fun for me. Some of our smaller meets I would just completely dominate."

And even though she might not be the best yet, she has already hit the 10th-best heptathlon score in Idaho school history and she is still a true freshman.

Still, not everything has come



Roger Rowles/Argonaut UI track and field freshman Nikita Amy (left) and Darcy Collins are making adjustments to Division I competition after dominating high school sports in Harrison.

years of volleyball. Track was what I was best at. I was a sprinter but I tore my hamstring so I decided sprints weren't my thing anymore," Amy says.

Lifting weights has also been a new endeavor for Amy, who never included weights in her high school track regimen.

"I have never lifted before. We Her move away from running has didn't lift in high school," Amy says.

high jump and the 200-meter dash. "It was a little different transitioning to college. Obviously, I'm not the best one anymore," Collins says. "I thought it would be harder to adjust to but it really isn't. I really like it.

easy as her lack of weight-lifting experience has been somewhat of a comedic experience.

See TEAMMATES, page B8

CRUNCH TIME



Kentaro Murai/Argonaut

Seniors Patricia Ruman (right) and Mariel Tinnirello (left) prepare for a play during practice Monday at the UI outdoor tennis courts. The team is coming off a 4-1 win over University of California-Santa Barbara. Next up, the Vandals will play two games this weekend as they near the Western Athletic Conference championships, which start Thursday in Boise. First, the women will play Lewis-Clark State College at noon on Sunday. Following, UI will face Eastern Washington at 3:30 p.m., both in Spokane.

MEN'S BASKETBALL UI drops two more, inks three

By Nick Heidelberger Argonaut

Although the University of Idaho men's basketball team lost

just two seniors after the 2006-07 season, it will look quite a bit different by the time it tips off the 2007-08 season.

In the wake of losing assistant coach DeMarlo Slocum, along with highly touted recruit Andre McFarland, two more players have left the program.

Freshman OJ Avworo and transfer Harvey

Perry have also left the Idaho men's basketball program. Avworo, a guard, started 24 games for the Vandals, the second-most starts on the team last season. Perry, who transferred to Idaho from the University of Washington, was set to become eligible to play after the fall semester.

Slocum was known for his

McFarland and Perry through a Las Vegas AAU basketball program. Slocum resigned to accept a similar position at Colorado State University.

Down three players and a coach, Idaho has been looking for replacements for the ex-Vandals. Idaho announced the signing of Jordan Brooks, a

Harvey Perry 6-foot-3 wing, and Mike Hall, a UI basketball 6-foot shooting

University of Utah.

"Jordan gives us a multi-dimensional player, who is a basketball player in every sense of the word," Idaho coach George Pfeifer said. "We could-

recruiting abilities, and had ties to n't be more excited to sign him and he will impact out program right away. The bottom line is this guy has won two national championships and each year he was selected to the all-

tournament team."

Brooks, who originally committed to Texas A&M out of high school, is a two-time NJCAA champion. He won the 2005-06 championship playing with Arkansas-Fort Smith, and the 2006-07 championship with Midland College, and was selected to back-to-back all-tournament teams.

Brooks led Midland

American nominee out of high school, and hit 48 percent of his 3point attempts in his two years of unior college.

See B-BALL, page B8

Sorority sponsors 5k race to help find 'A Key for the Cure'

By Andrea Miller Argonaut

Mothers and daughters will hit the pavement Saturday in the Key for the Cure Run, organized by

Kappa Kappa Gamma sorority. The annual 5-kilometer run, walk or stroll, previously called the Spring Forward Fun Run, will start in front of Memorial Gym at 8 a.m.. The course will make a loop around campus and end back in front of

Memorial Gym.

Late registration is available at 7 a.m. on Saturday in front of Memorial Gym. The registration fee is \$10 to run and \$17 with a T-shirt. In previous years, the Kappas sponsored the Spring Forward Fun Run in conjunction with the UI Women's Center, but decided to revamp the race and run it independently this year. Proceeds from

this year's race will benefit the Susan

Koman

G.

Breast

Cancer

Foundation.

"We felt this (donation) was more fitting to (Mom's) weekend," Sara Young, Kappa philanthropy chair said. "And reach out to more people."

Jennifer Mano, the sorority's assistant philanthropy chair, said also part of the reason they took on the race independently was to make sure the entire house actively participated in the event.

"It's always been Kappa run," Jennifer Mano, said. "We wanted to

get all the Kappas involved this year."

The entire sorority will be around Saturday morning, some participating in the run with their mothers and others helping with race direction and offering fruit and drinks at the end of the race.

Prizes will be awarded to the top finishers in the following age division: 12 and under, 13 to 17, 18-29, 30-39, 40-49, 50-59, and over 60.

This is the largest philanthropy event for the sorority.

look for MORE

Check out The Argonaut's Best of UI/Mom's Weekend special section inside this paper.

"We felt the run is the best way to incorporate the community and family, and raise the most money," Young said.



OJ Avworo

UI basketball

guard, who each spent two years playing junior college basketball. The Vandals also signed Mike Score, an assis-tant coach formerly from the Hall was a McDonalds All-

The postseason for postseasons, a playoff for playoffs countdown

This Saturday marks the beginning of the nearly threemonth-long NBA Playoffs. Over the course of April, May and June, the NBA will crown its new world champion.

Throughout the myriad games, there will be a handful of instant classics, probably something between the Mavs and Suns, a bunch of contests that will be painful to watch — here's looking at you Eastern Conference and a majority of games that iust won't be entertaining until the last few minutes, if at all.

Of course, running along-side the NBA Playoffs will be the NHL Playoffs that started last week. Prepare yourselves for an epic battle between the two sports for viewership. OK, maybe not. The NHL hasn't been a relevant sport since Wayne Gretzky retired, but my point is this — there are plenty of options if you have a hankering for some postseason sports action.

This got me thinking. Of all of the sports postseasons we love, which is the grand champion? There's only one way to find out and that is to examine every single one. Here you have the nation's best postseasons from worst to first.

8. NHL: What do you get when you take a sport that the majority of the nation doesn't want to watch and place it on a cable network that most of the country doesn't know exists? A postseason that will garner as much attention as the Westminster Dog Show. Actually, that may be selling the dog show short. You couldn't pay me to watch the NHL Playoffs and that's without mentioning they are nearly as long as the NBA Playoffs.

7. MLS: I can honestly say I have never watched a ininute of Major League

Soccer postseason play. The major reason I place this higher than hockey is MLS hasn't alienated fans by skipping a season. Can anyone tell me when the MLS Championship game is played? Anyone, anyone? There you have it.

If your sport is highlighted by a postseason that seven out of 10 people can't say when it is, that's not a great sign. Aside from that,

MLS compared to

is just plain embar-

rassing. My room-

mate was watching

L.A. Mochacinos



Jon Bobango Argonaut ubuidaho.edu

play the Denver Whiz Bangs (I really couldn't tell you) their mascots) and it looked like a junior high school scrimmage. It's no wonder the U.S. gets owned in international play. 6. NBA: This pains me to

say since I'm a huge basketball fan, but the NBA has got to be next. I mean come on, playoffs that span three months? The regular season is just over five months; do we need a postseason format that is nearly as long? Couple the length of the postseason with the fact the league is having a down year as far as entertaining games and storylines and it looks like the NBA is headed for another June ratings disaster.

5. NASCAR: Now we're beginning to head into more enjoyable postseason experiences, but that doesn't mean the "Chase for the Cup" doesn't have its problems.

In the past, the drivers in the top 10 have had the opportunity to win the championship trophy. This year it's the top 12 but the format is the same.

Even though only 12 of the drivers have the chance to win the championship once

the official "Chase" races start, the field is full of the rest of the drivers. So essentially, the drivers who have a chance for a title have to beat other drivers with no hope of winning it. That would be like the NBA allowing every

team that didn't make the playoffs to continue playing the teams that did make it to the postseason and just have team's final record after a few months decide the champion. NASCAR could significantly up the

drama factor by eliminating the series format and have one winner-takes-all race

at the end of the season. 4. NCAA Football: What's

this? An amateur association crashing the party? The college football bowl season could be even higher on this list if it weren't for such watered-down gems as the San Diego County Credit Union Poinsettia Bowl and the Bell Helicopter Armed Forces Bowl.

Even with the muchacknowledged flaws the BCS possesses, it still has provided the nation with some very memorable national championship matchups. Most people would agree a tournament-style postseason would be optimal, but it's hard to beat the enjoyment the bowls bring every year. While quantity can be a positive thing in some cases, the NCAA has gone a little overboard when it comes to the number of bowl games. Let's make these games actually mean something again. With more than 30 bowl games, more than half of the country's Division I football teams are invited to a bowl. That's too many.

3. MLB: Now we're really beginning to heat things up. MLB has done a great job of keeping the playoffs a pure



thing. Aside from some wild card teams, only division winners get a chance at the World Series. It's that simple. This makes the regular season very important as the best way to make it to the playoffs is by winning your division. On top of that, MLB has this playoff thing down to only one month. That's right — in the time it takes for the big leagues to crown their champion, the NHL and NBA may be entering their second rounds.

2. NFL: The NFL is the model for all other professional sports leagues when it comes to creating a product that people want to watch. Its postseason is no different. Every round of games is hyped and they take place in a timely fashion.

Just more than a month of playoff football is like Baby Bear's porridge — just right. The NFL is even able to remain a big deal while com-peting with the NCAA bowl schedule. I haven't even mentioned the Super Bowl. The Super Bowl earns the single highest television audience every year. There's no arguing the social importance the game has come to represent.

1. NCAA Basketball: This is it. If the goal is to name the single most exciting postseason experience in sports, how could it not be March Madness? A field of 65 teams come together every year with the outcome basically up in the air the entire tournament. Cinderellas try to topple Goliaths and dynasties are made and broken by lastsecond shots. The drama is untouched by any other event in sports.

March Madness is also a beneficiary of the greatest fan participation tool in sports: the bracket. Whoever came up with the idea for people to fill in their own brackets was a marketing genius. Every sports fan thinks they are the most knowledgeable in the game, so why not give them a chance to prove it? Simply put, every year I can't wait for it to start and every year I can't believe it when it's over.

There you have it. An exhaustively researched review of the sports world's postseasons. Clearly everyone has their favorites when it comes to playoff action. However, if you're one of

Vandals drop pounds for cash

have some extra

motivation to get

into better shape

and improve my

diet."

Dustin Norton

UI student

By Ryan Atkins Argonaut

The second annual Vandal Fitness Challenge wrapped up this week with nearly 120 people losing more than 1,000 collective pounds.

"We were really happy with the turnout. There was a significant number more people than last year and we had a lot of people finish," Student Recreation Board Chair Adam Thuen said. "People lost over 1,000 pounds, and that includes the athletes, who don't even lose that much

weight." The challenge was broken into two divisions for both men's and women's categories, with an "Average Joe" division and an "All-Around Athlete" division.

Testing for the challenge included body fat measurements, a pushup test, a sit-up

test, a wall squat and a plank. "Everyone that finished pretty much improved in those areas," Thuen said. Thuen said. "Pushups and sit-ups were just to failure. The record was a girl who did 526 sit-ups. These tests, the women did actually outperform the men in everything except for the pushups.'

One woman who per-formed well was Kim Engel, one of the winners.

"I chose to sign up for the challenge because I wanted something to keep me moti-vated to work out," Engel said. "I go to the gym regular-ly but just wanied to do something a little different, and I figured since I do work out, why not try to win a prize while I am at it?'

Engel's prized turned out to be \$350 toward a recreational purchase of her choice, a prize all first-place winners received.

As for final results, Engel's

numbers were impressive. "In the end, I did somewhere around 350 sit-ups, 65 pushups, about a five-minute wall-sit and a three-minute plank. I lost only about five pounds throughout the competition, but lost 5 percent

body fat."

"I think it is important for the UI to support fitness and healthy lifestyles so I hope to see the event continue," Pyron said. "Many worked hard to accomplish their individual goals while motivating others, too."

For Dustin Norton, a winner in the men's category, motivation played a big part in his entry into the competition.

"I thought it would be a good way to motivate myself to get into shape. I also thought it would be nice to work toward maintaining a better diet," Norton said.

Norton's "It was nice to

workout consisted of a 30minute swim five to six days a week, weight training three days a week, an abdominal workout four to five days a and week more than 100 pushups every night

before bed. That rigorous workout schedule yielded impressive results for Norton, who lost 10 pounds and 8 percent body fat by the time all was said

and done. "I'm really glad that I found out about this event," Norton said. "It was nice to have some extra motivation to get into better shape and improve my diet. I will definitely participate in the VFC

next spring." Nolan Crusat was another participant who saw success in the event.

Crusat, a trainer at the Student Recreation Center, used the triathlon challenge, a healthy diet and a new workout regimen to get his body into great shape.

Being a personal trainer at the SRC, I knew what goals I needed to set and how to get there," Crusat said. "I fol-lowed a strict diet consisting of a lot of meat, whole-grain products, dairy products, vegetable and fruits. I also switched up my training regimen to muscular endurance five times a week for approximately one hour each session.'

By the end of the competition, Crusat had lost approximately 5 percent body fat, doubled his number of pushups, did more than twice



SportsCALENDAR Today

UI men's tennis vs. Lewis-**Clark State College** UI outdoor tennis courts 2:30 p.m.

UI track and field at Oregon Invitational Eugene, Ore.

Intramural four-person golf scramble entries due

Saturday

UI track and field at Oregon Invitational Eugene, Ore.

UI track and field at Cougar Outdoor Pullman

UI men's tennis vs. Spokane **Community College** 10 a.m.

Intramural disc golf tournament

Sunday

UI women's tennis vs. Lewis **Clark State College** Spokane Noon

UI women's tennis vs. Eastern Washington Spokane 3:30 p.m.

Monday

UI women's golf at WAC championships Las Cruces, N.M.

Tuesday

UI women's golf at WAC championships Las Cruces, N.M.

Wednesday

UI women's golf at WAC championships . Las Cruces, N.M.

B-BALL from page B6

"Obviously, we are thrilled by Mike's ability to make baskets from behind the 3-point arc, but he is not a one-dimensional player," Pfeifer said. "To his shooting capability, he adds the ability to put the

Sports BRIEFS

Idaho men's tennis goes 2-2 on the weekend

The Idaho men's tennis teamplayed four matches in three days to go 2-2 on the weekend. The Vandals beat Green River Community College and Whitworth while falling to Gonzaga and Eastern Washington. The men's next match is against Lewis-Clark State College at 2:30 p.m. on Friday on the UI outdoor tennis courts. The Idaho men will come back on Saturday to take on Spokane Community College at 10 a.m. at the UI outdoor courts.

UI forms intercollegiate equestrian team

An IHSA sanctioned Horse Show

ball on the floor and get to the basket. He is also very quick and moves well away from the ball."

Score also has experience in the postseason. He has been at Utah for the last three seasons, including the team's Sweet 16 run in 2004-05.

Before his time at Utah, Score was at Eastern Washington University for

the school's first post-season appearances. The Eagles went to the NIT in 2002-03, and the NCAA tournament in 2003-2004.

"I have known and trusted coach Pfeifer for a long time and respect what he has done in his coaching career," Score said. "The University of Idaho is a great place and I know we will have success here."

team is starting on the UI campus. Everyone is welcome, regardless of level or discipline. The team will compete at Intercollegiate Horse Show Association horse shows around the region, attending clinics and other horse related events and competitions. Students that are interested can contact Jenny Gross at gros0897@ vandals.uidaho.edu or Nicole Strunks at stru9388@uidaho.edu.

Freestyle motor cross event to hit UI campus

Professional motor cross riders Justin Homan, Keith Sayers and "Johnny the Boy" will be present a freestyle moto-x demonstration at 5 p.m. Thursday on Paradise Creek St., just south of the UI Student Recreation Center. The event is free to the public. For more information, visit www.scsracing.com.

TEAMMATES from page B6

"I didn't even know how to do a lift, it was kind of embarrassing," Collins says. "But I did put on like 10 pounds of muscle."

So even though their roads are running different directions, the two athletes' friendship is as alive as ever.

"We were both looking at different places, it just so happened we both end up here and we both live on the same floor of the tower like two doors down," Amy says. "We are really close still."

Nationa/BRIEFS Warriors end playoff drought in the NBA

Stephen Jackson had 31 points, Baron Davis had a triple-double and all five Golden State starters scored in double figures, as the Warriors ended the NBA's longest playoff drought with a 120-98 win over Portland Wednesday night.

ensured the Clippers' game against New Orleans wouldn't matter.

The Warriors had finished with

losing records the previous 13 sea-sons, but a stretch of nine wins over the team's final 10 games ensured that streak would come to an end.

In the first round, Golden State will play top-seeded Dallas.

On the final day of the regular season, the Eastern Conference also saw a shuffle in playoff seedings.

Thanks to a 109-96 win over the Milwaukee Bucks, and a Chicago loss, the Cleveland Cavaliers clinched the No. 2 seed in the playoffs and will face the injury-depleted Washington Wizards in the first round.

Chicago fell all the way to the No. 5 spot after their loss to New Jersey and will now have to face off against the defending champion Miami Heat.

With their win over the Bulls, the Nets were able to clinch the No. 6 seed and Vince Carter will have the opportunity to face off against his old team, the Toronto Raptors.

Tour rookie looks for first win in New Orleans

By Brett Martel Associated Press

Never heard of Kyle Reifers? Neither had numerous people in the gallery at the opening round of the Zurich Classic. Reifers could hear them mispronouncing his name.

Teeing off for only his eighth time on the PGA Tour, Reifers (pronounced RYE-furs, for future reference) shot a course-record 8-under 64 on the 7,341yard TPC Louisiana on Thursday, giving him a two-shot lead.

His closest challenger was seasoned pro and 1989 British Open champion Mark Calcavecchia, who shot a 66. Calcavecchia acknowledged that even he did not know much about the man he was chasing. "I know what he looks like,"

Calcavecchia said. "I've introduced myself to him.'

Tim Petrovic, who won the only other

PGA Tour event held on this course in 2005, finished his round in a four-way tie for fourth at 67, along with Lucas Glover, Jason Schultz and Tom Johnson.

The PGA Tour stop in New Orleans has a way of bringing out the best in guys who've never won on the tour. And if Reifers keeps this up, he'd become the fifth tour pro to take his first victory in New Orleans in the last six years.

The freckle-faced rookie, thick red hair curling out from under the sides and back of his baseball cap, emerged from the scoring tent having no idea he had just broken the course record of 65, set in 2005 by Chris DiMarco and Arjun Atwal.

"That's the least of my worries," Reifers said. "It doesn't really mean much to me right now. ... At the end of the week, hopefully it will mean a lot."

Reifers barely emerged from last vear's PGA Tour qualifying tournament with his tour card for 2007, making an 18-foot putt in the final stage to tie for 29th. No one who finished worse qualified for this year's tour.

At the same time, it's not as if he came out of nowhere. The Wake Forest graduate finished second in the 2006 NCAA championship, then turned pro immediately, winning a Tar Heel Tour event in Charlotte, N.C., the next week. One week after that, he won his first Nationwide Tour event at Chattanooga, Tenn., where he also set a course record with a 61 on the final round and sank a 15-foot putt to win in a playoff hole.

This year, he has entered six prior events, making the cut in three of them and cracking the top 25 only once, when he tied for 12th at the Arnold Palmer Invitational in Orlando a month ago.

Thursday night marked the first time he would try to fall asleep knowing he was in the lead of a PGA Tour event.

"I'm more happy than nervous," Reifers said. "That's a good problem. It means your playing well."

Chris Couch, who won last year, was eight shots behind. Couch won at English Turn, which was supposed to have seen its last event in 2004, but had to host it once again after Hurricane Katrina blew down about 2,000 trees and swamped several fairways at the TPC Louisiana, which closed for 10 months after the storm.

After about \$2 million in repairs to about 30 acres of turf and the planting of about 300 trees, the TPC Louisiana reopened last July and now is holding its second event.

It is a distinctive, Pete Dye-designed course carved out of a cypress swamp a few miles southwest of New Orleans. It's loaded with fairway obstacles that included steep "pot" bunkers, isolated trees hanging over the edges of fair-ways and water hazards. Reifers saw it for the first time in the one practice round he played before Thursday's first round.

playoffs.

The Warriors finished the regular season 42-20 to clench the eighth and final playoff spot in the Western Conference. It is the first time since 1994 the Warriors have made the

Golden State entered the night one game up on the Los Angeles Clippers, but a 64-46 halftime lead

The Argonaut



Silver and Gold Game & Pre-game

NDAL GAME DA



Welgome Coach Robb-Akey and cheer the 2007 Vandal Football Team on to victory!

Friday, April 27, 2007

Join President Tim White, Coach Robb Akey, Rob Spear, Joe Vandal, Vandal Spirit Squad, Vandal Marching Band, University of Idaho Bookstore, VSF, University of Idaho Alumni and friends at this kick off to the 2007 Football Season.

5 pm – Pre-game Event

Kibbie Dome West End Ticket Plaza (lot 51) (\$15 in advance, \$20 at the door)

For tickets call 208-885-6466, includes food, entertainment and no-host beverages. Priority seating in section 7 for the game.

> 7 pm – Kick Off Free Admission, ASUI Kibbie Dome

For more information go to the official Game Day Web site, www.VandalGameDay.com







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w.timewarnercable.com

Buehrle loose during no-hitter against Texas

By Rick Gano Associated Press

Mark Buehrle was mixing pitches and speeds, no-hitting the Texas Rangers and steering away from one of baseball's oldest superstitions. He was talking it up, ignoring the pressure and having a good old time.

There was no hiding in the corner of the dugout or isolating himself for the popular Chicago White Sox's left-hander during a game he'll always remember.

Buehrle was glad to have a conversation with anyone who would listen, contradicting the adage that discussing, or even mentioning, an ongoing no-hitter is the fastest way to lose it.

He watched some TV in the clubhouse, chatted with batterymate A.J. Pierzynski and even reminded backup catcher Toby Hall early in the game that he was pitching a no-hitter. "He was talking more than

anybody," first baseman Paul Konerko said. "That's typical Buerhle."

Buehrle shook off some ninth-inning jitters when his legs admittedly were a little jelly-like and finished off the no-hitter Wednesday night, just missing a perfect game by a fifth-inning walk to Sammy Sosa, whom he quickly picked off first. The White Sox won 6-0. Buehrle waived to the crowd and was later doused with beer by teammates who had mobbed him seconds earlier. He also hugged his expec-



doing

used

'You never really think of throwing a no-hitter. I never thought it would happen. It's

amazing," Buehrle said. Buehrle's cool was not surprising to those who know the 28-year-old from St. Charles, Mo. He has fun with the game and it's not phony.

risk injury

it, he "He's always kept to do belly flops on the tarp during us in the game and on our toes." rain delays. He also likes to be the catcher for Joe Crede ceremonial Third baseman first pitches.

Buehrle's reputation is for working fast, getting the ball and throwing it, no messing around on the mound. That's why it took just two hours and three minutes Wednesday night to keep the Rangers hitless and face the minimum 27 batters.

He's been known to give up a lot of hits — making his nohitter all the more startling pitch a lot of innings and win a lot of games.

The three-time All-Star threw a one-hitter against Tampa Bay in 2001. But perhaps the biggest performance of his career came out of the bullpen when he saved Game 3 of the 2005 World Series by getting the final out of a 14-inning marathon against Houston.

The win Wednesday night left Buehrle two wins shy of

second half of last season had been mostly successful. He finished 12-13 — his first losing season in six full big-league seasons — and stumbled in the second half when he went 3-7 after making the All-Star team. "I didn't do too good in the

second half of last year. I used this offseason to figure out Until he was told he could things and focus on this season,"

Buehrle said. "The first three games have been pret-ty good so far." But the season got off to a

scary start when in his first game he was hit in the

left forearm by a line drive against Cleveland and was forced out in the second inning. He got the swelling down and in his next outing against Oakland, he retired 20 of the final 22 batters he faced in a solid seven-inning performance.

One theory is that Buehrle's struggles last season were related to wear and tear from six straight seasons of pitching at least 200 innings. Entering 2007, Buehrle had thrown 1,376 2/3 innings since the beginning of 2001 season - second most in the major leagues to Livan Hernandez. He's also surrendered more than 230 hits in each of the last five seasons.

Not a power pitcher — his top pitches may hit the high 80s to around 90 mph - Buehrle 100 in a career that until the has done it by mixing things up,

working the angles of the plate and letting his defense make plays behind him.

And that's what happened Wednesday night. Third baseman Joe Crede made a great play to throw out Jerry Hairston in the third inning. Hairston used a head-first slide and replays showed he was out on a close play, although he was ejected for arguing. And Crede got the final out,

as well, grabbing Gerald Laird's slow grounder and throwing to first to set off a celebration.

"To me, it's the way he's always pitched, even in the minor leagues," Crede said. "He's always kept us in the game and on our toes."

As expected, the matter of Buehrle's contract that expires after the season came up as he was discussing his performance

During spring training he revealed that the White Sox offered a contract extension at the break last season. He passed on the deal, which several newspapers reported would have guaranteed more than \$30 million over three years.

The White Sox exercised a \$9.5 million option for this sea-

"Do you think Jerry wants to call me in the office and sign a deal right now?" Buehrle said, referring to owner Jerry Reinsdorf.

manager Ken General Williams talked with Buehrle before the game and was one of the first people to greet him in

Associated Press

Chicago White Sox starting pitcher Mark Buehrle smiles while walking to the dugout during the eighth inning of a baseball game Wednesday in Chicago. The White Sox won the game, 6-0. Buehrle pitched no hitter.

the clubhouse afterward.

"Even if I'm signed through this year or not, he's still rooting for me," Buehrle said. much fun as I could."

"Back in the training room before the game he said go out and have some fun. So I had as

Pakistani cricket players may be called to testify in Woolmer inquest

By Rohan Powell Associated Press

Pakistan cricket players could be called to testify next week at a coroner's inquest into the homicide of team coach Bob Woolmer at the World Cup, a senior Jamaican investigator said Thursday.

Woolmer was found unconscious in his hotel room March 18 and pronounced ing after his powerhouse Pakistani squad was upset by Ireland on St. Patrick's Day.

A pathologist who conducted Woolmer's autopsy initially ruled that the cause of the death was inconclusive but four days later determined he had been strangled. His death shocked the

global cricket fraternity and are expected to be called to cast a pall over the World the inquest, but I'm not pre-

dead at a hospital the morn- Cup, being played in nine Caribbean countries through late April.

Police Comm-Deputy issioner Mark Shields declined to say which players might be called to give testimony to a coroner's inquiry that begins Monday in the Jamaican capital Kingston.

"Some Pakistani players

pared to say who they are," Shields told the Associated Press in a telephone interview.

Shields, a former Scotland Yard detective, said Jamaican investigators are in the Caribbean islands of Grenada and Barbados to interview members of the West Indies and Ireland cricket teams, which were staying in the same hotel where the 58-year-

old coach was slain.

The inquest will be presided over by the Jamaican government coroner, who has declined to speak with the media.

A jury is expected to review testimony from witnesses, some who will testify in person and others through written statements.

Shields has said Woolmer

likely knew his killer or killers because there was no sign of forced entry at his hotel room. More than a month later, investigators have not identified any suspects.

Jamaican police last week received results of toxicology tests but have not released any findings pending further analysis.

Strange, Green join golf hall of fame

By Doug Ferguson Associated Press

It almost became a rite of spring for Curtis Strange and

one receives the necessary 65 percent, the highest vote-getter is elected provided he gets at

the International ballot. If no Championship at Cherry Hills, where he defeated Lee Trevino by two shots.

A third major eluded him in least 50 percent. Jumbo Ozaki 1978 at the Masters, when Hubert Green, two players of Japan got 46 percent of the Gary Player closed with a 64 to with Hall of Fame credentials vote, followed by Jose Maria make up a three-shot deficit.

Get the ball rolling with Student Media

and blunt opinions who kept watching their peers get one of the highest honors in golf.

"I never really thought much about the Hall of Fame until Hubert would call me every year about this time and say, 'Did you get the call?'" Strange said. "And I would say, 'No. You?'"

The call finally arrived for both on Wednesday.

Strange, the dominant American golfer of the 1980s whose career was defined by his consecutive U.S. Open vicwas

tories, elected through the PGA Tour ballot with 70 percent of the vote, easily getting the required 65 percent:

Green won 19 times and two majors, no victory more memorable than the 1977 U.S. Open at Southern Hills when he was told of a death threat on the back nine of the final round and handled it with fearless tenacity.

"On 15, I hit my second shot "On 15, 1 hit my second shot in the back of the green; the pin was in the front," Green recalled. "I got over the putt and I'm thinking, 'Am I sup-posed to be shot?' Hit the putt. Didn't hear anything. I said, "Chicken', Didn't say it too 'Chicken.' Didn't say it too loud."

He was selected through the Veteran's Category.

That brings total membership in the World Golf Hall of Fame to 114. Se Ri Pak has qualified through the LPGA Tour and will become eligible when she plays her 10th tourmament this year, giving her the required 10 years on tour. The World Golf Hall of Fame will announce other selections through either the Veteran's Lifetime Category or Achievement this summer.

The induction ceremony is Nov. 12 at the World Golf Village in St. Augustine, Fla.

No one was elected from

Olazabal (43 percent) and Sandy Lyle (37 percent). From the PGA Tour ballot,

Craig Wood had 57 percent of the vote. Lanny Wadkins had 50 percent.

The 52-year-old Strange won 17 times on the PGA Tour. While some of his peers (Ben Crenshaw, Tom Kite) won more often,

Strange was "We don't ever sit considered the best American back and reflect in a decade on what you've when done or what you like hope to do."

globaľ stars emerged Greg Norman, Seve Ballesteros and Nick Faldo. Strange beat

Curtis Strange Hall of Fame golfer Faldo in an 18hole playoff at The Country Club in 1988 to win the U.S. Open for his first major. A year later at Oak Hill, he became the first player

since Ben Hogan (1950-51) to win back-to-back U.S. Open titles. Sixteen of his victories came in the 1980s, when Strange won the money title three times and in 1988 became the first player to crack the \$1 million mark.

He also played on five Ryder Cup teams and was the U.S. captain in 2002, when he and Sam Torrance helped restore sportsmanship and the proper spirit to matches that had gotten ugly at Brookline, then postponed a year because of the Sept. 11 terrorists attacks.

"We don't ever sit back and reflect on what you've done or what you hope to do," Strange said. "That's not in our nature. We're always trying to go forward. I think now we can possibly sit back and enjoy it a little bit. It's certainly a wonder-ful feeling. To think about being involved in an organization that goes back to the greats we grew up idolizing ... 's quite overwhelming."

Green, who overcame oral cancer four years ago, won 19 times on the PGA Tour, all but three of them in the 1970s. His final victory was the 1985 PGA

)

Needing a birdie to force a playoff, Green hit an 8-iron to 3 feet on the final hole. He missed the putt when he heard a radio announcer.

"Anything you've done is all part of your career," Green said. "It's not good all the time. Different folks might think about the putt I missed at Augusta. Some folks might think it's the win at the Open with the death threat, or beating Trevino in the PGA.'

Asked what he was most proud of in his career, the 60year-old Green replied, 'Getting in the Hall of Fame."

"It's a nice, quiet feeling of success," he said. "When you're out hitting golf balls, trying to improve your game, you don't know how well you've done. To be involved in this organization is the pinnacle of life. I'm not sure if I'm qualified, but they're letting me in now, so the hell with everybody else."

The room erupted in laughter. It was the kind of talk for which Green and Strange were known. They didn't sugarcoat anything, no matter how many people they might have offended.

"Honestly, I never thought much about the Hall of Fame other than this time of the year when Hubert would say something to me," Strange said. "But it's a vote. You know that. There's enough stories in other sports. It did cross my mind, and it's hard for me to answer."

Green said his father taught him to be a straight shooter in words and deeds.

"If someone asked me what I thought about a golf course, I told them," he said. "Do you want me to lie? You ask a question and I think you would expect the truth. I always thought that was more important than being a politician. All we can do is play golf."

As Hall of Fame members, each now has his own vote.

"I'm going to vote Curtis off," Green said with a laugh.



Page BIO

Referee Crawford suspended in Duncan flap

By Brian Mahoney Associated Press

Joey Crawford is done ejecting players and coaches this season. On Tuesday, he was the one getting tossed.

Tuesday, he was the one getting tossed. The veteran NBA referee was suspended indefinitely by commissioner David Stern for his conduct toward Tim Duncan, who contends the official challenged him to a fight during a game in Dallas.

Crawford has worked more postseason games than any active ref. His suspension will last at least through the NBA finals, and he apparently will have to meet with Stern afterward to discuss reinstatement.

Crawford ejected Duncan from San Antonio's loss after calling a second technical foul on the Spurs star while he was laughing on the bench. "He looked at me and said, 'Do you

"He looked at me and said, 'Do you want to fight? Do you want to fight?"" Duncan said. "If he wants to fight, we can fight. I don't have any problem with him, but we can do it if he wants to. I have no reason why in the middle of a game he would yell at me, 'Do you want to fight?""

Crawford was cited for "improper conduct" and "inappropriate comments made to Duncan during the game." Stern said Crawford's actions "failed to meet the standards of professionalism and game management we expect of NBA referees."

The NBA also fined Duncan \$25,000 for verbal abuse of an official. Crawford said Duncan referred to him with an expletive.

Crawford was the first referee suspended since Rodney Mott was banned three games on Jan. 12 for making an obscene gesture toward a fan and also using inappropriate language in Portland.

Črawford is in his 31st season as an

NBA referee. He has officiated more than 2,000 games during the regular season and 266 in the playoffs, including 38 in the NBA finals.

But his temper has gotten him noticed before, especially in Game 2 of the 2003 Western Conference finals, a matchup involving the same teams as in Sunday's game. Crawford called four technical fouls in the first 10-plus minutes, leading to ejections of then-Mavs coach Don Nelson and assistant Del Harris.

Nelson and Harris, now with Golden State, and Mavericks owner Mark Cuban all declined to say anything about Crawford's suspension before the Warriors played Dallas on Tuesday night.

"All I can do is get in more trouble," Nelson said.

Crawford also called a technical in a recent game against Duncan, who said Sunday that Crawford has a "personal vendetta against me."

Duncan was called for his first technical foul Sunday with 2:20 remaining in the third quarter for arguing about an offensive foul. Crawford hit him with the second technical 1:16 later after Duncan was on the bench laughing about a call that went against the Spursi

Cheruiyot wins Boston Marathon



Associated Press Runners cover themselves with foil blankets as they receive attention in the medical tent after running in the Boston Marathon in Boston Monday.

By Jimmy Golen Associated Press

The runners were soaked, the pavement slippery, and Robert Cheruiyot knew exactly where trouble was waiting along the Boston Marathon route.

So 48 hours before the start of Monday's race, after his more traditional training was complete, the defending champion headed to the course to test the traction of the finish line. It was at the end of the Chicago race, 26 miles and 384 yards in, that he slipped — nearly costing himself a race, if not a career.

"I don't want myself to think about falling down in Chicago," Cheruiyot said after overcoming from a concussion from that slip and the remnants of a nor'easter to win his third Boston title. "It is like telling someone something very bad. ... It is not good."

Cheruiyot, who also won in 2003, earned his third Boston title standing up. He outkicked countryman James Kwambai on the way into Kenmore Square to win in 2 hours, 14 minutes, 13 seconds — slower than the course record of 2:07:14 he set last year but enough to win by 20 seconds.

"When the lion is chasing the antelope, he doesn't look back. He has to eat," Cheruiyot said.

Cheruiyot said after arriving in Boston.

On Saturday, as he prepared to defend his title, he accompanied a TV crew to the finish line, bending over to touch the gritty, nonskid surface. By the time he came that way again Monday, the skies had cleared, the winds had settled and he passed over it with ease, holding his arms to the side and blowing a kiss to the crowd.

Cheruiyot won \$100,000 and all but clinched the race for a \$500,000 bonus in the World Marathon Majors points race. Prokopcuka has a slimmer lead in the women's race, 55 points to 35 for 2006 Boston champion Rita Jeptoo, with 25 points still available for a victory in London, Osaka, Berlin, Chicago or New York.

The leading women ran in a pack of seven for the first half of the race before several, including Jeptoo and Kastor, began to fall behind. Grigoryeva, Prokopcuka and Mexico's Madai Perez ran shoulder to shoulder from there until Perez and then Prokopcuka fell back as they crossed the Massachusetts Turnpike and headed into Kenmore Square.

The two-time defending champion of the New York City Marathon, Prokopcuka was second to Jeptoo in Boston last year in the closest finish — 10 seconds — in the history of the women's race. This year's race wasn't as close but her finish was the same. Perez was third, another 18 seconds back. The race caught the tail end of a storm that had forecasters threatening three to five inches of rain and a 25 mph headwind that would make temperatures in the mid-30s seem up to 10 degrees colder. The wind arrived as forecast, but the weather turned mild late in the morning — 52 degrees with a moderate rain at the start— and the sun even came out halfway through.



"So when I run, I don't stare at my time."

Kenya took the top four spots in the men's race and its 15th victory in 17 years. The top American man was Peter Gilmore, in eighth place.

Russia's Lidiya Grigoryeva captured the women's crown in 2:29:18, winning by 20 seconds and sending Latvia's Jelena Prokocuka to her second consecutive second-place finish.

Top American hope Deena Kastor fell back after stomach problems diverted her from the course for a minute near the midpoint. Kastor, the defending London champion, American recordholder and Olympic bronze medalist, still finished first in the U.S. national championships, a race within a race that carried a \$25,000 bonus.

"It's hard to deal with a disappointing performance when you've prepared for so much better than you did out there," she said. Cheruiyot spent two nights in a Chicago hospi-

Cheruiyot spent two nights in a Chicago hospital in October after slipping on the finish line as he raised his arms to celebrate his victory. He couldn't sleep for more than a month, had trouble with his back, along with headaches that persisted until six weeks ago.

"I thought maybe it was the end of my career,"

Many of the leading runners ditched their long sleeves and gloves by the time they reached Natick, 10 miles in. But the wind was back in the runners' faces as they turned onto Beacon Street in Cleveland Circle for the last, long stretch to Copley Square.

"My legs were just in such pain and just would not function," said Gilmore, who was the only American on the leaderboard a year after the U.S. claimed a breakthrough with five runners in the top 10. "My brain would tell them what to do, and they just wouldn't respond — especially from Heartbreak Hill on.

"That's where these guys left me. ... The ability to respond was not there when I needed it."



The University of Idaho Argonaut

April 20, 2007



Mom'sWeekendSCHEDULEofEVENTS

Today

Registration and check-in Student Union Building - Main Floor 2- 6 p.m.

Honors convocation Memorial Gym 3:30 p.m.

Charity Jean Event Sponsored by Junior Panhellenic SUB second floor 4-9 p.m.

Student Achievement Awards in Leadership and Service University Auditorium 7 p.m.

'Happy Feet' SUB Borah Theater Tickets are \$2 for students and \$3 for

general public 7 p.m. and 9:30 p.m.

'Oklahoma!' Hartung Theatre Order tickets at (208) 885-7212 7:30pm

Saturday

Key for a Cure Fun Run Sponsored by Kappa Kappa Gamma Starts in front of Memorial Gym 8 a.m.

Photos with Joe Vandal Memorial Gym Photos are \$7.50 each Call (208) 885-5557 for information 9-11 a.m.

Brunch featuring UI Jazz Choir Memorial Gym 9:30 a.m. Phi Delta Theta Turtle Derby 804 Elm Street 11 a.m.

Project Hunger: Fashion with a Cause Kiva Theatre noon-2 p.m.

Dessert Social sponsored by University Residences, Vandal Ambassadors and Campus Dining Living Learning Community 1-3 p.m.

FluteFest Lionel Hampton School of Music Recital Hall 4 p.m.

Dinner featuring the Asian American Pacific Islander Association Memorial Gym 6 p.m.

iation Hartung The Order ticket 2 p.m.

Comedian Jamie Lissow SUB Ballroom \$2 suggested donation for KaBoom 8-9:30 p.m.

Order tickets at (208) 885-7212

Tickets are \$2 for students and \$3 for

Sunday

'Happy Feet'

'Oklahoma!'

7:30 pm

SUB Borah Theater

general admission

Hartung Theatre

7 p.m .and 9:30 p.m.

'Oklahoma!' Hartung Theatre Order tickets at (208) 885-7212 2 p.m.

Loca/BRIEFS

Walking the runway for world hunger

Students of the University of Idaho and Moscow High School are teaming up to raise awareness about world hunger at "Fashion with a Cause."

The fashion show will be held from noon to 2 p.m. Saturday at the Kiva Theatre.

The event will feature students from UI who have been partnered with Moscow High School students to create new clothing out of reused garments. The new garments are created, designed and sewn by the students and will be presented as a fashion show on campus. All of the garments are made of old, reused or donated clothing and other related materials.

Admission is free, but canned food or monetary donations are encouraged. The food donations will go to local food banks and the monetary donations will go to the World Food Programme. The World Food Programme provides food and emergency aid for poverty-stricken children in over 80 countries around the world.

For information contact Lindsey Shirley, Assistant Professor of Family and Consumer Sciences Department, at 885-7819 or email lshirley@uidaho.edu.

Turtles run for a good cause

Phi Delta Theta's annual Turtle Derby will begin at 10:30 a.m. Saturday outside the fraternity, at 804 Elm St. The event raises money for the Muscular Dystrophy Association. The derby, which has been an annual event at UI since 1957, features sororities sponsoring turtles to compete in a series of races. There are costume and spirit competitions at the event as well. Usually, the derby raises \$1,500-\$2,000. Phi Delta Theta invites all

moms and students to come see the race.

Students honored at convocation

The University Honors Convocation will be at 3:30 p.m. in Memorial Gym. The convocation honors students who were on Deans' Lists, received an Alumni Award for Excellence or became members of the University Honors Program during the year.

This year's guest speaker is Rosmarie Tong, a distinguished professor of health care ethics in the Philosophy Department and the Center for Applied and Professional Ethics at the University of North Carolina Charlotte.

The Student Achievement Awards will recognize students' leadership and service at 7 p.m. in the Administration Building Auditorium.

'Oklahoma!' at the Hartung Theatre

The University of Idaho Department of Theater and Film and the Lionel Hampton School of Music present Rodgers and Hammerstein's "Oklahoma!" at the Hartung Theatre. Evening performances are at 7:30 p.m. Thursday-Saturday and April 26-28. Matinees are Sunday and April 29. Tickets are available at the Kibbie Dome Ticket office at 885-7212 and at www. uitheatre.com, or at the door and are \$10 for adults, \$8 for seniors and \$5 for youth, UI and WSU students, faculty and staff.

"Oklahoma!" is a musical by Rodgers and Hammerstein that tells the story of Laurey, a farm girl, and Curly, the cowboy she loves. The story takes place at the turn of the 20th century, just as Oklahoma is receiving statehood.

Comedy raises money for KaBoom

Comedian Jamie Lissow will perform at 8 p.m. Saturday in the SUB Ballroom. Lissow, a family-friendly comedian, has been performing since 1996. He has performed on "The Tonight Show with Jay Leno," Comedy Centrals "Premium Blend" and "The Late Late Show with Craig Kilborn." In 2005 he was nominated for Campus Performer of the Year by Campus Activities Magazine.

The show is free, though there is a suggested \$2 donation to support the local chapter of KaBoom, a nonprofit project that will help build a playground in Genesee.

Jeans pay for cancer treatment

More than 900 pairs of designer jeans will be on sale for 45 to 70 percent off today as part of a fundraiser for a member of the Greek community who has cancer. The jeans, from 15 different companies and including men's styles, will be sold from 4-9 p.m. on the second floor of the SUB.

Try your hand

The American Fisheries Society will host a casting contest from 11 a.m. to 1 p.m. today on the grass between the College of Natural Resources building and the College of Agriculture and Life Sciences building.

Run for a cure with Kappa Kappa Gamma

Kappa Kappa Gamma will again run the Key for a Cure Fun Run Saturday. The threemile run, set to begin at 8 a.m. at Memorial Gym, will benefit the Susan G. Komen Foundation's efforts to discover a cure for breast cancer. The sorority puts on the run annually.

Borah showing 'Happy Feet'

ASUI Vandal Entertainment will play the animated film, "Happy Feet," at 7 p.m. on Friday and Saturday at the Student Union Building Borah Theater. It is a comedy adventure in the land of emperor penguins, with a penguin, Mumble, who is born to tap dance instead of sing, like the rest of his flock. Tickets are \$2 for students and \$3 for the general public and can be purchased at the SUB Student Information Desk.

Hemp Fest returns for 11th year

Moscow Hemp Fest, an annual event that is in its 11th year, will take place at 10 a.m. Saturday at the East City Park.

The event features vendors, information booths and live music from local bands including the Moscow Volunteer Peace Band, Acoustic Wave Machine, Chubbs Toga and Burns Like Hellfire. There will also be speakers and a drum circle to end the night.

The theme for this year's Hemp Fest is "Hemp can save the world."

OnTheCOVER

All images are file photos Design by Carissa Wright

Clockwise from upper left:

Strong offence could explain why the Vandal volleyball team won Best Sports Team.

Drinks are poured at The Garden, which won Best Bar, Best Drink Selection and Best Happy Hour.

Sports fans and beer are a classic combiation, which may be why the Corner Club won Best Sports Bar.

Fresh carrots are a good example of why the Moscow Food Co-op won Best Natural Foods.

Kameron Manley and Streeter Johnson make up Mormon Livers are Expensive, which won Best Local Band.

The Idaho Commons won Best Place to Meet People and Best Hangout Spot.

Year-round book buyback may be one reason Beat the Bookstore won Best Bookstore.

Moscow Bagel and Deli won Best New Business, Best Sandwich Spot and Best Late Night Snack.

See page 9 for a full listing of the Best of UI 2007.

Friday, April 20, 2007

Best of Ul

Greek mens' generosity makes them the best

I was once pretty mystified by the Greek system, the frats especially. In my lay perspective, frat houses were filthy, rotting from the bowels, peppered with condom wrappers, plastic cups and sticky residue from that juice they mix for their women. The men themselves were halfdressed, Frisbee-addicted, burping heaps of testosterone. So naturally, I nearly fell off my chair when I heard Nicole Thompson's story

Thompson works in the law school as an administrative assistant. Before her job at UI, she was a law student herself. But she ran out of money and had to return home to live her parents after he father suffered a serious heart attack. Thompson's mother needed to return to school to pursue a nursing career. The family thought moving to Boise would be the fastest way to accomplish that goal. Reluctantly, they decided to put their Harvard farmhouse on the market.

While the structures were in good shape, the house and the five or six out buildings needed a fresh coat of paint to fetch a com-



Tecla Markosky Columnist arg_opinion@subuidaho.edu

some beloved professors. She thought she'd put the pay-forward tenet to the test.

including

She went and she stood in. front of a room filled strangers and asked for help. She told them about the heart attack and her mother's desire to become a nurse. She left her e-mail address for them get back to her.

shape

to

time, Thompson's father

spent his life as caregiver

for retired UI faculty

members,

"But I needed something to take home to my parents. I could not go home and not have anything to say," she said. Thompson remained in her seat for the rest of the meeting.

When meeting adjourned,

Thompson was approached by Colby Kelly, the president of Pi

Kappa Alpha. "His hand was already extended. He said without any hesitation his men would help my family."

night, That Thompson heard back the Delta Chi fraternity as well. A few days later, Beta Theta Pi's Miles Babb contacted her to say he had more than 30 men who wanted to join the effort.

Within days, everything was planned and ready go. The idea was that Thompson's family would provide the paint and the men would provide the labor. Then Thompson's parents were rocked by another huge medical bill.

"We thought we had seen the last of the bills," she said.

There was no way the family could pay for paint. Thompson was mortified. She for was embarrassed to have set this up with these men on the premise that paint would be provided.

"I didn't know how I was

going to tell them," she said. "It turned out that I didn't have to. The next day, I received a voicemail from Jake Smith explaining that Delta Chi was going to pay for the paint and supplies.

And the story keeps going. Joshua Knoerr, a member of Pi

Kappa Alpha and a Sherwin Williams employee, took the time to meet with Thompson on his only day off to pick out paint colors. He then special ordered an enormous quantity of paint. Refusing to use Thompson's card as collateral, he charged the supplies to his own personal credit card, knowing. that someone from Delta Chi would reimburse him before the charges posted. But when it came in, the other group had already bought the materials from another store.

Williams and "Sherwin Joshua Knoerr were really amazing. They ordered all this paint and because of a miscommunication and we couldn't even use it. They were really great about the whole thing," Thompson said.

Over three weekends, nearly 70 men drove 25 miles to spend eight hours painting buildings belonging to a family they did not know. The Pikes all wore their Tshirts on their work day.

"It was as if the cavalry was coming in. It was sea of yellow," Thompson said,

'I'll never forget what those weekends did for Dad," she said. After being sick for so long, he was given a sense of importance. "He had a job again. He was the foreman.

The men and Thompson's father got along swimmingly.

"My dad especially loved Colby. Colby even invited him to

go hunting together," she said. Every piece of this story is incredible. The strength and humility Thompson had to show to help her family, the men that stepped up to the plate, the Moscow businesses like Moscow Building Supply and Sherwin Williams that provided the materials quickly and at a reduced rate, all go to show you don't have to go very far to see this town rise to the occasion. And say what you want about those Greeks and their loud parties and silly beer games --- when it comes to UI, I'd place my bet that they're among our very best.

Winging it around Moscow

overemphasizes its wings. However,

Wingers' wings aren't quite your

average buffalo wings, as the sauce

used is sweeter and thicker than nor-

mal hot sauce. The sauce doesn't

really seem like much of hot sauce as

Another

are a step out of the norm, but they're still good.

restaurant that serves hot

wings is Applebee's. The

a little funky. Like some

other restaurants you can

request spicier sauce, but it

Closer to campus, a sort-

local

chain

The Best of UI are nice annual awards. But, all too often they overlook the important small details of fine collegiate living, for instance the Best Brand of Mac and Cheese, Best Dollar Menu, or perhaps something useful such as Best Computer it's not very spicy. Wingers' wings Manufacturer and Best Mechanic.

However, in the interests of ridiculousness, perhaps it would be appropriate to determine the best hot wings in the area. Disappointingly, there aren't many places to get yourself a plate or bucket of decent wings. Which is a shame, as hot wings, also known as buffalo wings, are the greatest American food

invented in the past century. For those of you unfamil-

iar, buffalo wings are chicken wings that have been deep-fried or baked then smothered in hot sauce. One of the virtues of the hot wing is its possibility for diversity. As most people know there's more than one way to cook chicken and an endless number of ways to make hot sauce. In fact, there are entire festivals devoted to buffalo wings.

A rather recent development in American cuisine is the rapid spread of restaurants that focus on hot wings. One local example is Wingers, which is basically your average chain restaurant-grill that



too is a liftle funky. Columnist ang opinion@subuidaho.edu

of-chain restaurant, the Alehouse, serves likely the best wings around. The Alehouse has three levels of spiciness and uses traditional hot sauce. It should be noted that the Alehouse's wings are conveniently served in a metal bucket, a clear signal that they're not necessarily a classy food. In fact its more appropriate to get hot sauce all over your face while consuming a buffalo wing. The Alehouse's hot sauce is clearly a The vinegar-heavy hot sauce, which basically means it's delicious and spicier than the wings found elsewhere in town.

Surprisingly, some of the Mexican

restaurants in town serve a version of hot wings. Like the wings at Wingers, the wings at La Casa Lopez are a departure from usual wings. The wings are deep-fried but with the spice on the inside of the batter. They may not be the spiciest wings in town but they're good, and go well with Casa's awesome sampler plate.

For a late-night wing, you might try and unlikely place, the infamous Plantation bar at the southern edge of town. The Plant makes some fairly decent wings with pretty decent sauce. In fact a lot of the food the Plant makes is pretty good, especially the chicken tenders.

If you have a really late-night craving for wings, you can buy pre-packaged wings at Winco. Or if you desperate for real wings from a restaurant the drive to Denny's in Pullman is your last resort.

Well, that gives us the run-down of some of the available options. Picking a good hot wing is mostly a matter of personal opinion. Since there's such variety in what's available it really wouldn't be fair to declare one wing better over anoth-er. If think hot wings aren't your thing, you're lying to yourself. No one doesn't like fried chicken smothered in hot sauce. Try the different wings out for yourself. I recommend you start by getting a bucket at the Alehouse.

Learn to cook 'Hands-off'

By J.M. Hirsch **Associated Press**

"Hands-off Cooking" by Ann Martin Rolke (Wiley, 2007, \$17.95)

The gist here is that the best fast meals are those that need not be tended to. And so while Rolke's recipes aren't fast by the Rachael Ray 30minute-standard (the caramelizedonion brisket takes almost seven hours), they are designed to require little hands-on time.

Which is why rather than total start-to-finish times, Rolke offers what she calls hands-off time with each recipe. This does leave prep time a mystery, but she believes it's better to know how long you won't spend at the stove while the recipe cooks.

The book's overall design is utilitarian, but there is nothing visually appealing about the book. The recipes are a mix of ethnic and American comfort (from chickpea-potato curry to Texas chili meatloaf) and are easy to follow.

Rolke's orange marmalade chicken was delicious. Chicken breasts are marinated in a blend of marmalade, soy sauce, garlic and lime juice. However, following her instruction to broil them for 20 minutes left them scorched. Twelve minutes was fine.

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The Argonaut

Eriday, April 20, 2007



Best of UI

We're your genie in the wine bottle

Some practical advice for the wanna-be wino

By Haley Edwards The Seattle Times

We'll make it easy here for you to expand your wine repertoire beyond Boone's Farm.

If you've ever chosen a bottle of wine because of the cute animal on the label, this story is for you. Let's be honest: The whole wine world is really confusing. There are vintage years, aging techniques and prestigious bou-tiques — but, to most of us, it just gets down to something red or something white, right?

The good news is, you don't have to be able to spout off wine-speak to hold your own with a Bible-length wine list. The bad news? You do have to brush up on the basics.

So, in the spirit of combating complete oeno-ignorance, Jen Doak, co-founder of The Tasting Room in Seattle, and David LeClaire, a certified sommelier who hosts a wide variety of wine-tasting events around the state, waxed on about Ordering Wine at a Restaurant 101.

Here's the resulting top-10

list of advice:

There's no such thing as peanut greg-io

Learn how to pronounce the big names, or you're going to sound like a big geek. You don't need to know everything - and it's OK to stumble on the obscure French boutiques - but do yourself a favor and take "Gewurztraminer" out for a spin before your big date.

Take notes from Sammy Sosa

Corked = not good. One of every 30 bottles of wine is 'corked," which means that bacteria have gotten into the wine, making it taste musty or vinegary. So, when a waiter opens a bottle at the table, you're supposed to taste it to make sure it isn't corked. It's easy: Just swirl it around in your glass for a moment, take a whiff and a few sips. If it's gone bad, "You'll know. It'll be nasty," promises Doak.

Vegas, baby, Vegas!

Ordering a bottle of wine at a restaurant is a little bit of a gamble. If you don't like it (but it's not corked), you're out of luck. You

can try to sweet-talk the waiter into swapping for a cheaper bottle of a different wine, or you can ask for a decanter (one of those classy carafes), which will help air out a cheap wine and make it taste better.

I like my wine like I like my men...

Uh, fruity and full-bodied, with a big nose? Of all the vernacular in the wine world, here are a few must-knows: Wines aged in wooden barrels (instead of stainless steel) have an "oaky" taste. A "tannic" wine is sharper and often darker in color. (A white wine cannot be tannic). Wines that coat your mouth and have a lot going on in terms of taste and texture are called "fullbodied." Talk of a wine's "nose" or its "bouquet" simply refers to the way a wine smells.

Match point

Matching food and wine is a serious science, but don't stress: "There's mood pairing, and then there's mood pairing," explains LeClaire. "Order whatever you're in the mood for." If you want to try to pair your wine and food, the basic adage is true: Red wine for spicy, bold meals; white for milder foods. When in doubt, opt for a pinot

noir (red), a viognier (white) or a dry riesling (white). They go with anything.

'Be color blind! Don't be so shallow

En Vogue had it right: Why get into a color rut? If you've traditionally stuck to white wines, try a smooth pinot noir to mix it up. If red is your go-to favorite, give a dry riesling a shot. If you're trying something new, ask the waiter to taste one or two of the wines sold by the glass, then buy a bottle of whichever one you like better.

Move over, Scrooge

More expensive wine is not always better, especially in the store (bottom-shelf shoppers, rejoice!). But, since a bottle of wine in a restaurant is marked up, by up to three times its retail price (four times for wines by the glass), the cheapest bottle you'll want to buy in a restaurant is \$30, says LeClaire. If you're watching pennies, go for wines from Spain, Chile, wines from Spain, Argentina or Australia — they're good and half the price.

Double trouble

Syrah and shiraz are made from the same grape. So are pinot gris and pinot grigio. And fume blanc and sauvignon blanc. The name changes depending on where they're grown. Try not to be That Guy Who Says, "I don't like shiraz. Let's try a syrah instead."

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Use a lifeline

At most nice restaurants, someone is paid to help you navigate the wine list, so asking for advice makes you look savvy. If the server isn't knowledgeable, ask to speak to the restaurant's wine buyer or wine expert, called a "sommelier." (And hey, big shot, that's pronounced suh-mulh-YAY).

Independent women, throw dem hands up!

Frankly, ladies, Beyonce was onto something: In a world of power lunches and business dinners, deferring to the man at the table to order and taste your wine for you just isn't going to cut it. If need be, just open up that wine list and hazard a guess. "It does help to know what you're supposed to do," says Doak. It makes you look classy and educated. "But in the end, don't stress. Just relax, order and enjoy some wine!'

New leader hopes to bolster wine industry

incoming director of the Idaho Grape Growers and Wine Producers Commission hopes to make Idaho a wine destination for tourists, much like the wine regions of California, Washington and Oregon.

Sherise Jones, a consultant with five years of experience touting Ídaho agricultural products, has been hired as the commission's new private contractor-director.

"They really wanted someone with a marketing background and focus to help them really put Idaho wines on the map nationally, to raise awareness for the quality of wines that are being produced here," Jones said.

Tourists could be directed to Idaho's wineries through a proposed Snake River Canyon Scenic Byway that would include signs and maps to the local viticultural areas, Jones said.

The Department of the Treasury last month declared

CALDWELL (AP) - The the Snake River Valley in southwestern Idaho and southeastern Oregon as an Idaho's wine festivals and

American Viticultural Area. The designation is for grape growing regions that produce wines with a distinctive style and taste, stemming from factors ranging from climate to soil compo-

sition to geography. The Snake River Valley is the first such area for Idaho's growing wine industry, and encompasses 15 wineries and 46 vineyards stretching from Twin Falls into Oregon.

The Idaho Grape Growers Wine Producers and Commission requested the designation in 2005.

So far. 172 areas have been designated in the United States, 93 of them in

California.

Jones plans to expand

with an increased emphasis on

is the bottom line," she said. "You can maryou but And SO,

whether it be a very small winery or any of our larger ones, our focus is on a marketing program that raises the reputation and encourages sales at the level that those wineries choose to participate in."

The commission is also working on bringing a wine-tasting room to Caldwell, along with a possible wine coop and bus tours of wineries in Caldwell, Sunny Slope, Nampa, Kuna and Eagle.

Make gardening time an entire family experience

Associated Press

Going out to play in the yard in spring is a joyful release, especially if there's a family tradition of gardening to combine with play. Spending time in the back yard has purpose and longer-term meaning — just think of the satisfaction of setting seeds and watching them grow.

Family Fun magazine's April issue develops this idea, in a 10point feature on ways to make gardening more fun for children as they learn about plants on home ground.

The basic thing is, anytime you have a growing thing, it's a magical experience," said Sam Mead, Family Fun senior editor, speaking by phone from his office in Northampton, Mass.

He says he has two children, a daughter, 5, and a son, 3, and last fall they planted bulbs. "Just last week we saw the crocus shoots coming up and my son was so excited."

He described himself modestly as a recreational gardener, who grew up on a farm in New Hampshire and recalls weeding. their extensive vegetable garden as a boy. "I remember there was a lot of work involved," he said. But familiés can make weeding a game, he pointed out.

"What is so great about gardening is that you never quite know what is going to come up, so sometimes it's a big surprise," he said. "One fun thing to plant is sunflowers — they just go on growing, up and up, and that's great for kids to see."

Gardening traditions come from repeating things, season by season, he said.

"We have some neighbors who always put in peas on St. Patrick's Day - they do it every year, and then later they go out and pick the peas off the vine. That's their tradition."



sales.

other events, "That really

ket all want, you've got to sell the wines.

Best of UI

Friday, April 20, 2007



Mother's Day: a century-old mix of sentiment, commercialism

By Mindy Pollack-Fusi Associated Press

If Mother's Day for you evokes thoughts of overblown commercialism as well as warm, fuzzy feelings for Mom, not only aren't you alone but you're expressing similar frustrations as the holiday's founder a century ago.

Anna Jarvis began working tirelessly back in 1905 to create a government-decreed day for mothers to rest. She envisioned that people would attend church and write notes to Mother, living or deceased. "It was not a day to go to din-

ner or buy presents or anything else," says Olive Badisman, director of the Anna Jarvis Birthplace Museum in Grafton, W.Va.

Jarvis was trying to honor her recently deceased mother, Ann Maria Reeves Jarvis, who had founded "Mothers Day Work Clubs" to improve health and sanitation conditions and lower children's mortality rates. (Anna Jarvis was one of 11 children, only four of whom made it to adulthood.)

Over the next decade, the Mother's Day campaign caught on, with many influential peo-ple joining. One year at her mother's church, Anna Jarvis distributed 500 white carnations - her mother's favorite flower and one that "never dies, it just

withers," says Badisman. Finally, the 1914 Congress and President Woodrow Wilson established a day to emphasize women's roles in the family.

To Jarvis' outrage, florists, card and candy companies, and other businesses moved quickly to capitalize on the holiday's moneymaking potential. Jarvis unsuccessfully petitioned them to donate a small percentage of profits back to underprivileged women and children forced to

live on "poor farms." "They were making money off of her name and efforts," says Badisman, and for the rest of her life. Jarvis worked to decommercialize and even rescind Mother's Day.

The holiday continues to be both a day to honor mothers, and a top-selling day for florists, restaurants and other businesses. Modern-day mothers cele-brate it — or not — in their own ways.

For Kelly Donovan, 41, of El Cajon, Calif., the day is "way too commercialized." Too many peo-ple, she says, including her hus-band, "buy into the attitude that

you need to give gifts to everyone who is some type of a mother."

Since her mother died, Donovan spends Mother's Day with her husband's mother and sister, but she'd prefer a day of "peace and quiet," a break from the stress of caring for her 8year-old daughter and four stepchildren.

Exactly what Jarvis had in mind

Likewise, new mom Christy Belisle, 33, of Spokane, Wash., would like a day to herself. She dreams of wandering around a mall, visiting a spa, sipping wine and eating on her own schedule, not the baby's. Instead, she says, "I'll do the same old thing: prob-ably get together with my grandma, mom, auntie, sister-inlaw, and daughter and nieces, because my family dictates certain special occasions must be spent together or it is considered rude."

Others treasure the day and the time spent with family. Says Lois Mirsky, 74, of

Plymouth, Mass.: "I pay special attention to my daughters-inlaw, because they take care of my sons and are bringing up my grandchildren."

Lynne Hickox, 44, of Bedford, Mass., loves Mother's Day. She starts at Mass, has breakfast with her husband and three children, then takes off for a "fun-filled afternoon of dining shopping, walking or sightsee-ing" with her mother and sisters.

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Some people continue Jarvis' carnation tradition, wearing pink carnations to honor living moms, and white ones to honor the dead. Charlotte Christen, 67, and her daughter, Linda, 42, have breakfast every Mother's Day with Linda's children at the American Legion Hall in Bedford, Mass., which makes flowers available for guests.

"After breakfast, everybody is free for the rest of the day to do whatever they want to do," says Charlotte Christen.

Allie Thornbrue, 28, a mother of three in Sahuarita, Ariz., doesn't mark Mother's Day.

"A mother never stops being a mother, so the day is never exceptionally different from others. I'm still going to be washing dishes, changing diapers, etc.," she says. "Frankly, Mother's Day is a day when my husband can kiss me goodnight and thank me for all the hard work I do for the family."



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Mothers grow flowers, love with garden traditions

By Dean Fosdick Associated Press

Two very special women who enriched Terri Pellitteri's life are gone now, but she's looking forward to sharing time with them again while she works in her garden on Mother's Day.

"I do a little gardening and spend some spiritual time with them (late mother and motherin-law)," said Pellitteri, an occupational therapist from Madison, Wis. "I ask for their guidance on a variety of things, often things that extend beyond the horticultural. But I really connect with them through the garden."

Her father was an avid gardener but mostly from the need to feed a large family. He used equipment to get things done, taking something of a distant approach, she said. By contrast, her mother seemed to enjoy getting her hands dirty. "My sense was that my

mother would have gardened even if we did not need the

produce for survival. While she attended to many different kinds of fruits and vegetables, she brought flowers into the garden, something that was there simply for beauty. Having her hands in the dirt seemed important to the process.

'She understood the therapeutic use of gardening." Pellitteri is not alone in

cherishing a connection with gardens that she credits to her mother's influence.

Statistics are lacking, but it's generally conceded most people are taught how to garden by their mothers, said Charlie Nardozzi, senior horticulturist with the National Gardening. Association South in Burlington, Vt. "I don't have any research

to confirm that, but I'd guess if you asked most gardeners, it was the female in the family who passed down the knowl-

edge." This may explain why so many families on Mother's Day enjoy strolling together to

gaze at emerging flowerbeds or inhaling the fragrance of early blooming lilacs.

Aside from the immediate sensual gratification, plants are welcome Mother's Day gifts. You can ensure valued multigenerational memories by planting a family tree or holiday ornamental, Nardozzi said.

... I've given my mother miniature roses, daylilies, Lilium lilies and small shrubs for Mother's Day. What's really nice is that you then can spend some time planting it with your Mom, too. She gets a lasting gift, plus some time with you.

Monika E. de Vries Gohlke and her mother, Ellie, learned how to garden together as adults. She was born in wartime Berlin. "No gardens were left when the war ended," de Vries Gohlke said. 'It was cold and all the trees had been cut down."

All that changed when the family immigrated to the United States in the mid-1950s. They bought a brownstone home near the Brooklyn Botanic Garden where mother and daughter cultivated new creative interests.

"Gardening was introduced to us there," she said. "After my mother retired from work, she started embroidery mostly birds and flowers. I started to paint botanical subject matter. She influenced me as much as I influenced her."

Her artistic skills grew greatly over time, as did her reputation. De Vries Gohlke's watercolors and etchings are in public and private collections.

"I have donated a number of watercolors to the (Brooklyn Botanic) Garden as a thank-you note," she said in a telephone interview.

Her mother died eight years ago but de Vries Gohlke continues building on many of the experiences they shared.

'On Mother's Day now, I visit the graveyard and then stop in at the garden. I dedicated one of the benches there to my mother."

Pellitteri, meanwhile, says several loving elements have been added over time to her private Mother's Day garden ritual.

"Each year, on or before Mother's Day, my husband helps me open a new section of garden. This is his gift to me. When my daughter and son lived at home, their Mother's Day gift was to give me some quiet time in the garden.

"I think watching me garden helped them remain close to their grandmother, even though my mother died when my children were in elementary and middle school."

And Pellitteri hopes to pass on her mother's love even beyond her family circle. Part of her job includes leading group sessions, often with people who have lost loved ones to suicide.

"I tell them that, like me, they can build rituals after people pass to help keep them in their lives," she said. "My practice is to do it on Mother's Day.

On this Mother's Day, one daughter and mom looks forward

By Sheila Norman-Culp **Associated Press**

My family never really celebrated Mother's Day when I was growing up. That completely un-American failing surprises me now, but didn't faze me at the time.

According to Dad, who orchestrated the boycott, there are plenty of good reasons to say "No" to Mother's Day: It's crass and commercialized, plugged by businesses trying to cash in on our collective guilt. It's a fake holiday, no day off work, not sanctioned by religion. Children should honor their mothers all the time, not just once every 365 days.

Besides, Mother's Day always fell a week or so before my Mom's birthday, which we did celebrate. And we skipped Father's Day too - for all the same rea-

Apparently, behind his facade of beloved dentist, my Dad was just a rabble-rousing libertarian, determined that no outside forces tell him what to do. We four kids always knew that despite his no-celebrations policy, he loved my mother fiercely. If the family were stuck in a lifeboat, he would toss us out in a minute to save her.

Now a mom myself for 19 years, I think Mother's Day should last a full month and include daily foot and back massages. Funny how your perspective can change.

Of course I had no idea how much my mother did for me, how many sacrifices she made, until I became a mother myself. The mind cannot take in a task so vast as helping a child reach 18. It has to break it down into tiny, digestible bites.

So we move from milestone to milestone, from potty training to the ABCs, from the first soccer goal to the first SAT test. Hundreds and hundreds of tasks mastered, each one leaving an indelible pang in a mother's heart.

The kids themselves are so focused on the future, the next big challenge, they can't see us watching from the car after they have slammed the door, or peering out the window as they venture off on their first date. They can't feel the march of time that resonates in our bones, in the gray that invades our hair. They don't understand why we drag out the baby pictures for their prom dates to see, or talk about their third grade friends like it was yesterday.

It was yesterday, to us.

Looking forward, looking back, I think about myself, as a mother and a daughter, and wonder how I have measured up.

On the "good daughter" scale, I gave my mother her first grandchild, young enough so the two of them could have decades together, baking cookies and shopping, gleefully ignoring bedtimes and other rules of daily life I had imposed.

On the "bad daughter" side, I lived 350 miles away. It pained my mother to watch neighbors who got to see every play, every concert, every game their grandchildren had, and to realize she would not.

Working in the news business, I did not honor the holidays as much as I should have. It was too hard to fight to get Thanksgiving and Christmas and Fourth of July off, easier to collect the time-and-a-half holiday pay and put it toward some other vacation. Now I can't give those missed family times back to her

Elsewhere in the family, my motherin-law died recently and the tsunami of grief that has walloped my husband is shocking to see. I fear that the path he treads waits for all of us.

He and his mom battled for years when he was in his 20s - over girlfriends and other control issues - and even had some tiffs in his 30s. But in the last decade, they had become close confidants, talking several times a week, especially as he faced his own family struggles, including a long custody battle. Her support and advice -- "Let it go!" "This too shall pass" - buoyed him like noth-

ing else. Whenever our three college kids act up (getting kicked out of the dorm for partying, ignoring parking tickets until a license is suspended), I remind my husband that he did not even invite his mother to his first wedding.

Ouch, that's a bull's-eye --- but at least it gives us hope. Even if I want to strangle the kids now, there's a chance we can become closer in 10 years or so.

I worked for nine years on The Associated Press' foreign desk, and the most enduring image I had of the first Iraq war was Kurdish mothers carrying their 3-year-olds on their backs, fleeing over the mountains to Turkey to escape Saddam Hussein's forces. At the time, I could barely carry my 3-year-old four blocks.

Now, I'm staggering with the load of paying for three college educations. I speak for every mother in America nay, every parent — when I say that college tuitions are sucking the marrow from my bones and no one in government is really doing anything about it.

But that's just part of being a mother, now isn't it? Tossing and turning at night, trying to figure out another way to kite checks so the mortgage and the tuition don't bounce.

Amid all this, you would like to think your children are bursting with appreciation. Nah, they are still too young. Did I think it was any big deal when my mom went back to law school with four kids under 12? I think I whined about having to babysit more.

So as you struggle to avoid the poorhouse, these over-18-but-not-yet-adults do stupid things like breaking your heart with casual lies, trying to hide this or that from you. They don't understand that the lies themselves are what rip you apart.

On this Mother's Day, I wish my daughter was kinder to me. I wish I was a better daughter to my own mother.

It's five months past New Year's but as good a time as any for a new resolution: Appreciate your mother more only she and God know how much she did to raise you.

Bestof **UI**

Around Town

Best Place to Meet People -Commons Best Place to Shoot Pool -Mingles Best Place for Live Music -'John's Alley . Best New Business in Town -Moscow Bagel and Deli

Best Hair Salon - The Loft Best Tanning Salon - Mexico

- **Best Bookstore -**
- Beat the Bookstore

Best Night to Go Out - Friday Best Car Dealer - James Toyota

Best Flower Shop -

Scott's house of Flowers Best Bank - Wells Fargo

Campus

Best Professor - Glenn Mosley Best Class to Take - Dirty 330 Best Excuse for Missing Class -Hung over Best Place to Study - Library Best Hangout Spot - Commons Best Vandal Athletics team -Volleyball

Entertainment

Best Video Rentals - Hastings **Best Radio Station - KUOI** Best TV Show - "Grey's Anatomy"

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Best New Movie - "300"

Best Rap/ R&B group -

Best Country Group -

Best Rock Group -

Best Local Band -

Best Pizza Shop -

Pizza Perfection

"Light Grenades"

Black Eyed Peas

Dixie Chicks

Food

Modest Mouse

Best New Album - Incubus

Mormon Livers are Expensive

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- Best Sandwich Shop -Moscow Bagel and Deli Best Place for Breakfast -Breakfast Club **Best Italian Food - Tucci's** Best Asian Food -Mongolian BBO Best Mexican Food -La Casa Lopez Best Romantic Restaurant -Red Door Best Place for Dessert -**Baskin Robbins** Best Burger Joint - Zip's **Best Natural Foods -**Moscow Food Co-Op

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Eat Healthy

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The healthy plate: A primer to baking with whole wheat

By Jim Romanoff For The Associated Press

(AP) — The problem with whole-wheat flour is that despite its good-for-you image, it doesn't always do good things for the palate.

Whole-wheat flour tends to produce baked goods with a heavy, dense texture as well as a bitter taste, especially when used in recipes developed for all-pur-pose flour. And while some people have learned to love (or at least tolerate) this, most have not.

But it's worth finding a way to make whole wheat work. The American diet is sorely lacking in whole grains, which have been found to play key roles in overall health and disease prevention.

Start by understanding your terms. White flour (often called all-purpose) starts from the same grain as whole wheat, but has been refined. This process strips away the nutrient-rich, and some say bitter-tasting, germ and reddish-colored bran.

Whole-wheat flour, which has five times the fiber of allpurpose, retains the bran and the germ as well as all the beneficial folate, thiamin, magne-sium, vitamins B6 and E, and healthy phytochemicals that go with them.

When baking with wholewheat flour — especially when using recipes intended for all-purpose — try these tricks for getting better results.

Start by replacing only part of the all-purpose flour with wholewheat. This significantly ups the recipe's whole grain count, but prevents the baked good from becoming too dense. It also minimizes the astringent flavors that some people dislike about whole wheat.

The editors at Vermont flour company King Arthur Flour say another trick for reducing that whole-wheat flavor is substituting a bit of orange juice for the liquid in the recipe. In their recent book, "King Arthur Flour Whole Grain Baking," they say the juice tempers the tannic flavors of the flour without adding any detectable orange flavor. Once you've made the recipe

with a 50-50 ratio, tinker with it to tilt the balance in favor of whole wheat. Be aware that if you replace all of the white flour with whole wheat, you may need to adjust the liquids, too. Whole wheat flour absorbs more liquid than white, though this shouldn't be a problem with 50-50 ratios.

Also consider trying different varieties of whole-wheat flours, some of which lend themselves to sweet baked goods better than others.

For example, for 100 percent whole-wheat cakes, cookies, quick breads or muffins, try whole-wheat pastry flour, which is made from soft wheat. This flour (found in grocers' natural foods section) is low in gluten, the protein that gives dough elasticity. High gluten is great for yeast breads (think sandwich), but can make cakes and cookies too chewy.

The shelf life of whole-wheat flour is much shorter than allpurpose. Oils retained along with the germ can cause the flour to go rancid, which will affect the flavor of baked goods. To prevent this, store whole-wheat flour in the freezer.

Best of UI

Bonding at the spa

Mother-daughter pairs seek togetherness in massage, exercise

By Ann Levin Associated Press

Elsie Smith and her daughter, Angie Hammill, were considering going on a vacation together to Guatemala to study Spanish. But when the two Canadian women contemplated all the planning such a trip would require, they decided instead to do their mother/daughter getaway at a spa in Mexico.

"Here everything is laid out and easy," Smith said on a cool, sunny morning in January at Rancho La Puerta. "We have the opportunity to focus on ourselves and still have time for each other."

The spa industry is booming, and mother/daughter combinations make up a significant part of the business.

Some so-called destination spas — where guests stay overnight for as long as a week or more — say that at certain times of year, mother/daughter combos comprise a quarter or more of their clientele.

The percentage of mother/daughter pairs is far smaller at the thousands of day spas all over the country, including in hotels, resorts and on cruise ships, mostly because of the sheer number of visitors.

But all spas see a lucrative opportunity in marketing serv-ices to mothers and daughters, with some designing packages for moms with kids barely out of kindergarten.

of kindergarten. The Spa at Pinehurst in North Carolina opened a KidSpa in 2004 for children ages 6-11. For \$250, little girls can get a kid's facial, "fancy fin-gers" manicure and "twinkle toes" pedicure while their mothers onion the group up mothers enjoy the grown-up version.

Sea Island Resorts in Georgia suggests that girls as young as 8 get a facial to learn basic skin care.

As might be expected in California, Tea Garden Springs in Mill Valley offers a in Mill Valley offers a mother/daughter package with a New Age flavor: Its Zen Garden Suite for Two includes 30-minute aromatherapy baths in side-by-side hot tubs with facing headrests, followed by side-by-side massages.

If such amenities strike you embarrassingly selfas absorbed, you may be relieved to find out it's really nothing new. Mothers and daughters have been engaging in such



Associated Press

Angie Hammill and her mother, Elsie Smith, relax on a swing at Rancho La Puerta, a luxury resort in Tecate, Mexico, 40 miles southeast of San Diego. The two women, who live in Canada, spent a week together at the spa in January.

are responsible

it can be."

Deborah Tennen

Author

intimate "backstage activities" for generations and across all cultures, according to Deborah Tannen, a linguistics professor at Georgetown University and expert on gender differences in communication.

Mother/daughter spa visits are "a new upscale version of mothers and daughters going to hair salons or going shop-ping," said Tannen, author of between book "You're W e a r i n g T H A T 2

THAT? Understanding Mothers and Daughters in Conversation."

"If you look at any culture, mothers are responsible for the daughter's life being the best it can be, and part of that

is aftracting a partner," she said.

If, as Tannen suggets, mothers are virtually hard-wired to be attuned to their daughters' appearance, there couldn't be a better place to go together than a spa, with its mind-boggling array of body scrubs, herbal wraps, scalp treatments, massages, manicures, pedicures, facials, nutrition lectures, makeup lessons, hair styling, healthy meals - not to mention fitness, meditation, Pilates and yoga.

It was, in part, that focus on appearance that prompted 22-year-old Emily Hearn, a recent

graduate of the University of California at Davis, to visit Rancho La Puerta in January with her mother, Dorothy.

"I just graduated from college, I'm working from 9 to 5, I don't have time to work out and she noticed that," Emily said with a smile at her mother. Losing weight, getting in

reasons mothers culture, mothers and daughters say they go to spas.

Typically, it's mothers, for the daugher's the life being the best who may be retired and with more disposable income. pick up the tab,

who

and sometimes

expand the entourage to include their own mothers or daughters-in-law, too. The Spa at Norwich Inn in Connecticut boasts of having had a reunion of four generations of mothers and daughters.

Many spas offer mother/daughter discounts, with up to 50 percent off the second person staying in the same room.

Diane Krause, a stem-cell researcher at Yale University, is grateful that her mother has invited her, her partner and her two sisters to join her on several occasions at Canyon Ranch in the Berkshires, in western



Associated Press Pinehurst Resort employees give pedicures to a mother and daugh-ter as part of the resort's "KidSpa" package.

Massachusetts. "It's something I would not do for myself," she said. "It's not how I would spend my money because it seems too self-indulgent, too decadent.'

Some spas, however, are noticing another trend: adult children introducing their aging parents to spa treatments.

'We find these first-time spa-goers are most comfortable enjoying a hand or foot treatment, and facials are very popular too. After that, they often return without the daughters to experience the therapeutic ben-efits of massage and body treatments," said Carla Minsky, a spokeswoman for Sundara Inn & Spa in Wisconsin Dells, Wis.

BJ Droubi of San Francisco brought her two daughters to Rancho La Puerta earlier this year for a multiple celebration: She was turning 60 in March, daughter Lamisse (with a January birthday) was expecting her first child in April, and daughter Christina (February birthday) was planning a July wedding.

"I wanted to do a nice birthday gift for all of us and I thought a gift of health would be the best," Droubi said one evening as the three were finishing dinner at the spa, in Tecate, Mexico.

((S,)))) c/ (r)) Friday, April 20, 2007

Though more and more men are visiting spas, and some spas make a concerted effort to woo them by offering special fitness classes and amenities like golf, the world of spas is still predominantly a female one - and many women who go say they like it that way.

Christina Droubi said her fiance, a "meat-and-potatoes guy" who likes to watch TV and play video games, would not be a good fit at Rancho La Puerta, which serves largely vegetarian meals, has no televisions in guests' rooms, and discourages cell phones. In a place where women don't hesitate to show up for meals in sweat pants, "I would feel more selfconscious, more inhibited with him," she said.

The Droubis had come looking for a place of "absolute, - no judgments," Droubi said. "You know you have that with your mother and sister."

By Tania Fuentez Associated Press

NEW YORK - For as long as I can remember, my mother has loved to travel. When I was small, she often took me — her only child along. Trips to Puerto Rico, Virgin Gorda, the Carolinas and Washington, D.C., are all part of my childhood memories.

Then, as a young adult, I traveled on my own or with friends to places like the Yucatan and Canada.

But in recent years I started traveling once again with my mother. And I've grown accustomed to the raised eyebrows when I tell friends or colleagues I'm planning yet another vacation with Kay S. Queally, my 64-year-old mom.

On more than one occasion, people have mistaken us for sisters exploring ancient ruins, hiking along nature trails, enjoying a spa day or swimming with dol-phins in the Caribbean. And we've grown closer because of our travels, despite our fair share of parent-child bickering.

We laugh now at the memories of getting lost in a cramped rental car in Aruba as goats crossed a dusty road; ignoring jet lag and frigid temperatures to visit nightclubs in Reykjavik, Iceland; and trying to decipher a Dutch film in hard-toread subtitles.

But at the time, the scenarios produced heated arguments and frayed nerves. Thankfully, they also led to some soulsearching. Now we regard the incidents as sources of both comic relief and wisdom.

"We have our ups and downs, but it makes us respect each others' ways and who we are," my moth-er reflected recently.

Photos have helped cement our travel memories, though we're not always seen together, since I'm usually behind the scenes while mom tolerates my umpteenth attempt at "getting the money shot."

What were we thinking when we donned those massive sombreros to pose next to a donkey in Mexico? And when it started raining in the Arizona desert, we ducked under a giant umbrella and a cousin took our picture.

Then there's the shot I insisted on taking as we crossed the Queen Emma pontoon bridge in Curacao last year. It was a blustery, overcast day, and we swayed in the wind along with the bridge's wooden planks. A blaring horn had signaled pedestrians to pick up the pace; the gate was closing and the bridge was about to swing open to let a cruise ship through.

There was a moment of panic as I raced to capture the moment, and get us across the bridge in time.

nervous, because the first when we invited her for thing I think about is the brunch at our vacation hurricane."

Twelve years earlier, Hurricane Marilyn had struck the U.S. Virgin Islands, destroying our home; she'd huddled alone there for hours, listening to the wind howl. I was away in grad school, but shortly after that, our travels together — which seemed to have been suspended when I was in my 20s resumed. In one sense, it was a way of connecting with her again, or even protecting her after the storm.

One of the best things about going places with my mother is her ability to connect with strangers. I have newfound dozens of "brothers and sisters" from our travels who insisted on adopting her as their own. We've been invited to home-cooked meals while abroad and we've been given firsthand tours, simply because my mom struck up a conversation when I would have rather chilled out and kept to myself. Nice to know someone in all corners of the world, she savs.

In Curacao, for example, we were treated like longlost relatives by a retired teacher, Gene van der Hilst, who'd only met us once before, on our first visit to the island. She welcomed us into her home, spent I admired her sense of much of her free time adventure that day. The escorting us around and wind, she said, "makes me prepared an incredible flan

rental.

On that same trip, we got a chance to tour much of the island's countryside and historic landmarks. At the Kura Hulanda Museum, which left an indelible impression, we looked at artifacts like rusted shackles and other exhibits related to the trans-Atlantic slave trade. Though my mother doesn't like confined spaces, she gingerly held on to the railing of a narrow, steep stairwell leading to a replica of a ship that brought enslaved Africans to the Caribbean.

As she led the way, I followed closely into the darkness. Then, we stood in silence.

"To go all the way down in the hull of that ship put me in tune with what our ancestors went through," she later said.

A few weeks ago I asked my mother what she likes about traveling with me now, compared to when I was a child.

"I feel more comfortable with you because I know you're going to look out for me," she said after thinking about it for a moment. "You know me better than anyone.'

Funny thing, I was thinking the same about her.

Making dinner with 'No Fuss'

By J.M. Hirsch Associated Press

- "No Fuss Dinners" by Caroline Marson (Ryland Peters & Small, 2006, \$24.95)

Simple and sensual. This is food that is easy to pull together and looks and tastes good enough to serve company. As in, blackened salmon salad, Spanish sausage and butter bean tagine, and Mediterranean chunky fish stew with cheese toasts.

Especially nice is the chapter on no-cook deli dinners. Though the title is misleading (some recipes involve cooking, but it is minor, such as boiling pasta or baking pizza), this chapter helps you make the most of all those luscious prepared items at the deli.

For example, making pizza from prepared crusts topped with oil-packed canned tuna, marinated artichoke hearts, roasted bell peppers, thinly sliced red onion and buffalo mozzarella cheese.

The quick Thai chicken curry was simple to assemble and utterly delicious. Those with a sensitive palate will want to ease up on the Thai green curry paste.

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