

# UNIVERSITY OF IDAHO THE ARGONAUT

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The Vandal Voice for 112 Years

## Parks takes plea deal

Kelsey Samuels  
Argonaut

Silas Parks, a 26-year-old from Kendrick, Idaho, pled guilty to two counts of voluntary manslaughter and one count of first-degree arson Wednesday. He now faces up to 40 years in prison.

He was convicted in connection with the deaths of his wife, Sarah Parks and unborn child, Lilly Ann, and setting fire to their Moscow home June 2009.

Parks said he was at the gym when her body was found June 24, but authorities said his timeline did not match



Silas PARKS

up. He was taken into custody shortly after and was originally charged with premeditated capital murder in July. Each first-degree murder charge would have carried the possibility of life in prison or death and a fine of up to \$50,000.

Prosecutors filed papers in October 2009 saying they would not seek

the death penalty because the evidence did not meet necessary requirements.

Parks' attorneys, Charles Kovic and D. Ray Barker, asked the court to dismiss one of the murder charges due to the early stage of the pregnancy at the time of Sarah Parks' death. Second District Judge Jeff M. Brudie denied the motion.

Brudie denied a motion from the prosecution to admit evidence relating to Parks' 2006 domestic violence case last week. Parks was initially charged with domestic battery in 2006, but the charge was amended to disturbing the

peace. Brudie wrote in his opinion that, "the court is simply unable to find that the 2006 domestic battery charge is relevant" to the June 24 murder case. Any evidence related to that case would not have been admissible at trial.

Court documents state see PARKS, page 4

## Stress takes over

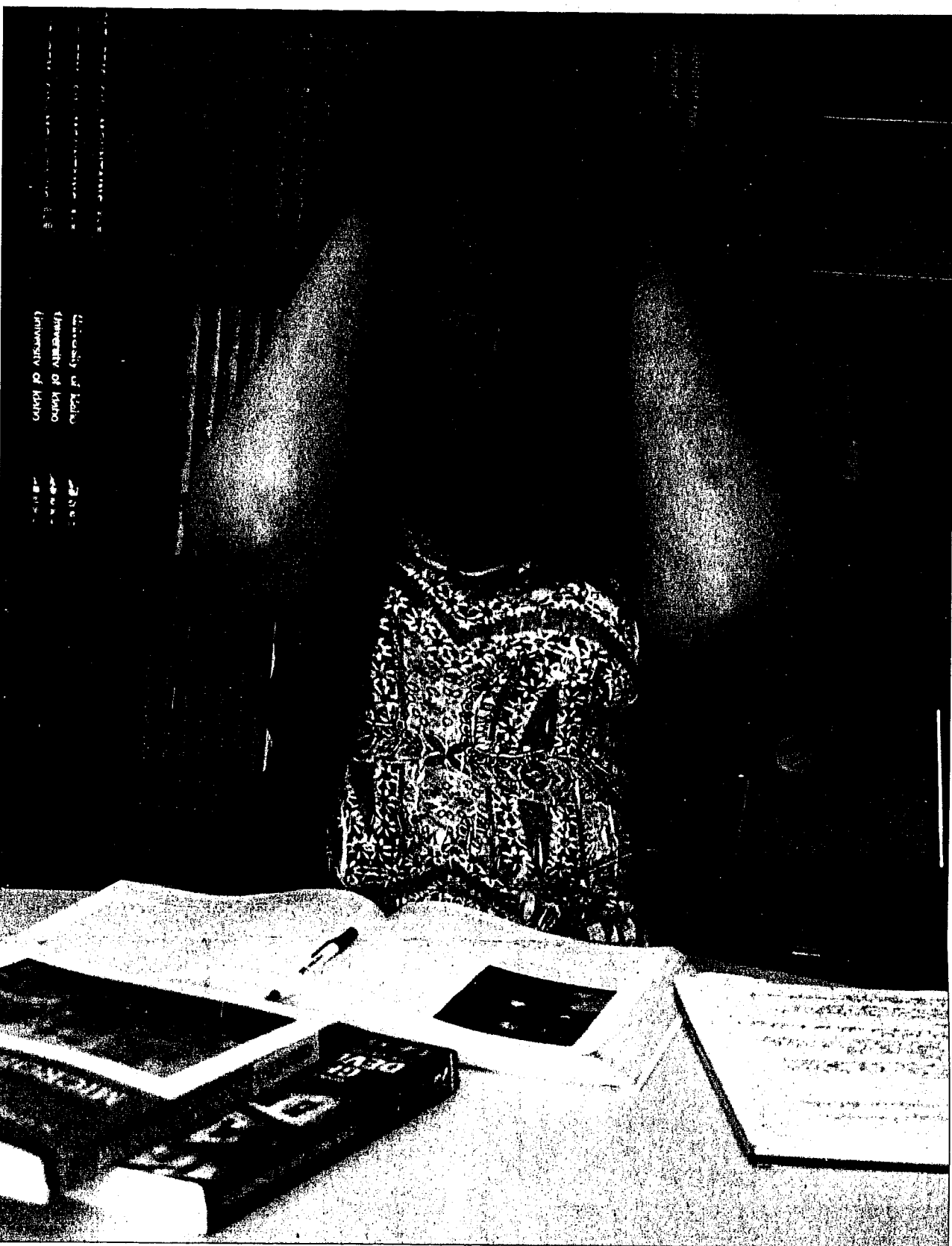


Photo illustration by Jake Barber/Argonaut

Stress is a large factor in many students' lives, and can come from school, relationships, work and many other areas.

### UI students address stress, look at ways to minimize semester burnout

Lisa Short  
Argonaut

*Editor's Note: This is part one of a three-part series that covers the issues of stress on a college campus.*

Stress can push people to new limits or crush them completely. It all depends on the amount of stress that is taken on and how it is handled. Senior Nick Shoebridge and many other students have found a good balance.

"Fear of failure stresses me the most," Shoebridge said. "As long as

you can manage your time, have a good support group and good outlets like sports, you can get through it."

Sharon Fritz, a counselor at the University of Idaho Counseling and Testing Center, said many students are trying to be competitive and take on too many obligations. This can lead to students being burnt out and not succeeding.

Fritz completed the National College Health Assessment for the University of Idaho during fall 2009. The study looks at the general health of students, including disease and injury

prevention. It also looks at academic impacts and students' involvement in violent or abusive relationships, alcohol, tobacco and other drugs, sexual behavior, nutrition, exercise and sleep. Mental health and self-safety were also researched.

Stress is something clouding almost every student's life. There always seems to be something to do, whether it is homework or something more exciting.

However, stress doesn't always have to be a heavy burden. Stress can see STRESS, page 4

## Relay For Life more than a walk

Dara Barney  
Argonaut

Cancer. The word will never express how much pain it has inflicted on countless victims. Victims come in two ways when this disease houses itself: the person who is hit with it and the people who are related to the individual affected.

"At my age, I always thought something like this would never happen to me," said Nate Rench, a 21-year-old who plans to come back to the University of Idaho next semester.

Nate RENCH

UI student

went in to the doctor," he said.

"At my age, I always thought something like this would never happen to me," said Nate Rench, a 21-year-old who plans to come back to the University of Idaho next semester.

When Rench started to not feel well the first semester of his sophomore year, he said he didn't think twice about it.

"Second semester things started to get really bad. I had no energy. I couldn't get up in the mornings. My mom wanted me to go to the doctor," Rench said.

An all-night study session sent him over the edge.

"I couldn't get over the lack of energy for days, so I finally

After six to seven hours in the hospital with his sister, see WALK, page 4

## Focusing on media

Symposium to focus on social networking and its impact

Kelsey Samuels  
Argonaut

The Borah Symposium has taken to the Internet.

Its University of Idaho Web page has links to its Twitter and Facebook communities, and news posts are made often by symposium committee members, students, the public and future speakers.

This year's topic, "@Peace, @War — Global Action Through Social Media," will explore the connections between social media outlets and international issues.

Romuald Afatchao, the coordinator of the symposium, said it's beneficial for students to see communication used on

a global scale.

"Social media gives power to the people ... for good or for bad ... for anything," he said. "It makes a difference."

Afatchao cited Haiti relief as an example. He said people contributed more than \$10 million via text messaging. Videos taken on cell phones and messages sent through Twitter accounts helped expose human rights abuses in Iran during the summer of 2009 — Afatchao cited those events as examples of how social media has changed the political landscape.

"Twitter was very fundamental," he said.

Afatchao said he is expecting audiences to fill seats for

most symposium events, especially panel discussions in the Student Union Building ballroom.

"(The symposium) is a unique opportunity," he said.

One largely overlooked aspect of social media is the software and computer science that goes into it.

Robert Heckendorn, a symposium committee co-chair, is a Facebook user, but said it's marginally useful to him. He uses Google Buzz and has been using e-mail for 30 years. His personal Web site went online in the early 1990s.

The committee meets shortly after each symposium to gather ideas about topics for

see MEDIA, page 4



Eric Petersen/File Photo

Gro Harlem Brundtland, who served three terms as Prime Minister of Norway and five years as Director-General of the World Health Organization, gives the Keynote Address at the 2009 Borah Symposium. This year's topic is "@Peace, @War — Global Action Through Social Media", and will feature a panel of seven speakers from various professions and backgrounds.



# Outdoor Photo Contest

**DEADLINE: APRIL 2, 5 P.M.**

**PHOTO CATEGORIES:**

- Outdoor Scenic
- Outdoor Action
- Service/Sustainability
- Wildlife
- Black and White

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**UPCOMING EVENTS ENTRY DUE**

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Track Meet	Apr 22
Frisbee Golf	Apr 29
4 Person Golf	Apr 29

FOR MORE INFO AND TO SIGN UP:  
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May 3**  
Cost: \$4

**INSTRUCTIONAL WHITEWATER KAYAK CLASS**

Clearwater River, Idaho  
Cost includes transportation, equipment & instruction.

**POOL SESSIONS:  
Mar 31 & Apr 14**  
**TRIP: Apr 17**  
**PRE-TRIP: Apr 15**  
Cost: \$85

**OUTDOOR RENTAL CENTER**

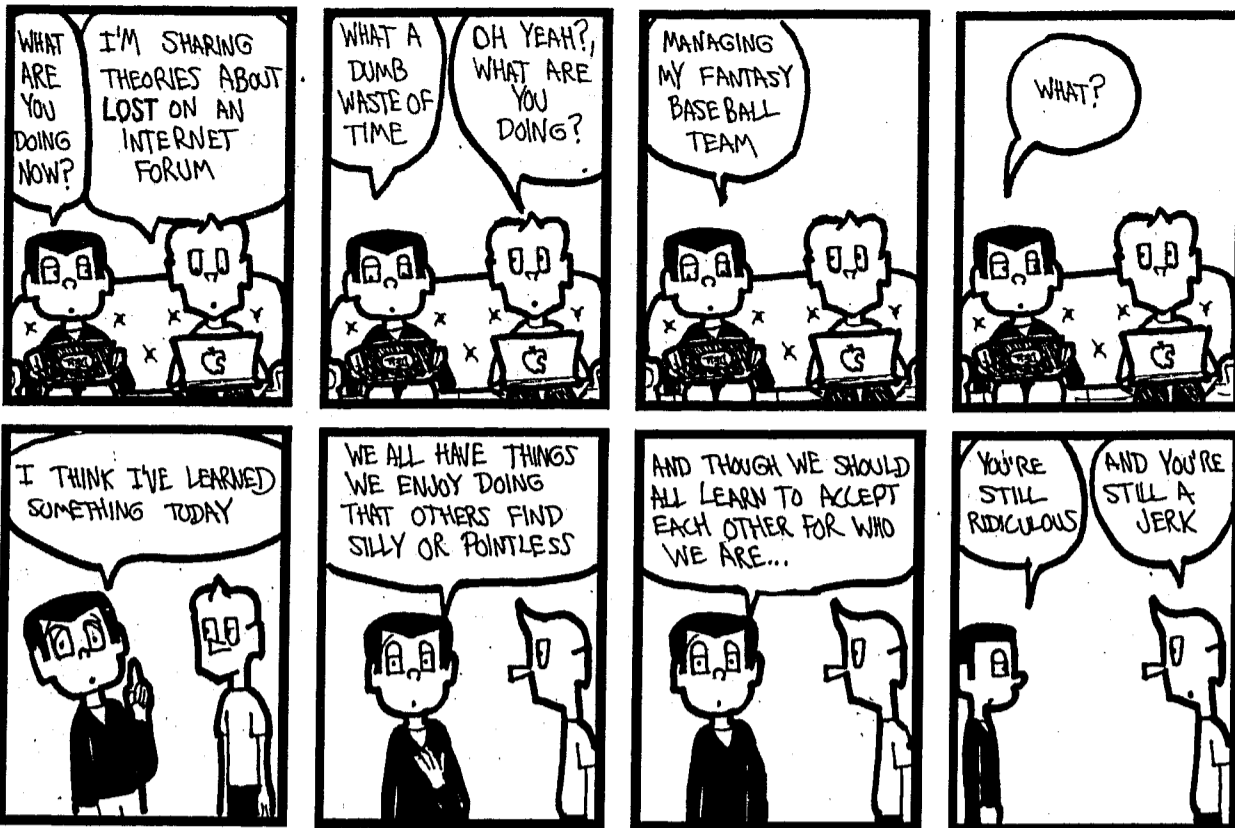
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**CAMPUS RECREATION**  
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# hooverHALL

Paul Tong/Argonaut



# WENATCHEE HIGH SCHOOL'S MARIACHI



Wenatchee High School's Mariachi band performs in the Commons Wednesday afternoon to participate in Idaho's Cesar Chavez Day.

Steven Devine/Argonaut

## crossword

- Across**
- Voting groups
  - Coagulate
  - Dermatologist's concern
  - Make good on
  - Latvia's capital
  - Kind of jet
  - Balances
  - Holly
  - Harvard rival
  - Vineyard worker
  - Sturdy cart
  - Sixth sense
  - Makes right
  - Put one's foot down
  - Chess moves
  - Some plant stickers
  - Dockets
  - Land o' blarney
  - Theater sections
  - Chills and fever
  - Law phrases?
  - Armada
  - Coffee shop order
  - Sanctify
  - Dispense with
  - Take to court
  - Doomsayer's sign
  - Yard adornment
  - Engrossed
  - Catalina, e.g.
  - Wilkes-\_\_\_, Pa.
  - Mother of Helios and Eos
  - Cat's scratcher
  - Do penance
  - Country singer Tom T. \_\_\_
  - Millions of years
  - Rubbernecked
- Down**
- Cold one
  - Dolly of *Hello, Dolly*
  - Dentist's request
  - Sugar source
  - Kind of analysis
  - Crunchy
  - Cheerful tune
  - Kind of arch
  - 1040 form items
  - Draft horse
  - Long for
  - Pre-entree course
  - Deuce toppers
  - Venomous snake
  - Chess pieces
  - Positive
  - Math subject, briefly
  - Decorative
  - Molten rock
  - Pub offerings
  - \_\_\_ canto (singing style)
  - Blackjack, in London
  - Matures
  - Regrets
  - Collector's goal
  - Black or red candy
  - Record
  - Run-down hotel
  - Wiretap
  - Scotland's Firth of \_\_\_
  - Nebraska city
  - Fore back
  - Twists
  - Nobel Peace Prize city
  - Family group
  - Pro \_\_\_
  - Decrease
  - River to Donegal Bay
  - Exigency

## sudoku

6				5				2
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4	3							6 5
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9	1	7		6				
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7			9					2
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3	9		4					8

## corrections

In the article "Vandalism goes too far," in the Tuesday, March 30 issue of The Argonaut, the UI Risk Management Office assessed reports of the alleged hate crimes in the UI Law School based on criteria of hate crimes under the Jeanne Clery Act, a federal law.

Find a mistake? Send an e-mail to the section editor. Contact information can be found on page 5.

## solutions

E	D	E	G	A	P	E	S	N	O	E	L	L	A	H	V
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# Wolf remembered, recipients honored

Sebastian Edgerton  
Argonaut

Jessica Bearman, the keynote speaker for the eighth annual Virginia Wolf Award ceremony Tuesday, said the core fear of someone who feels like they will be trampled if they shine too brightly needed to be addressed.

"It's about women as everyday, ordinary and yet extraordinary givers and how we can serve the world," Bearman said. "Because it's through our everyday acts that we get so many extraordinary things accomplished."

But for the Virginia Wolf Award recipients, now and in the past, this is addressed on a daily basis. This year's award went to three activists who devoted significant time to women's issues of the day. The recipients were Elizabeth Sullivan, a community member, Rachel Todd, a University of Idaho senior, and Francesca Sammarruca, a UI physics faculty member.

Sullivan said years ago she was active in women's and civil rights — she served as the chair on the Idaho State Human Rights Commission for 13 years. While on the commission, Sullivan helped negotiate along with the Women's Caucus, led by Virginia Wolf, a conciliation agreement with the UI.

"One of the things that worries me overall is the lack of support for education," Sullivan said. "I think the solution has gotten beyond the realms of the working families to be able to afford it. Almost any working family these days is going to have terrible time finding money for tuition."

For years, Sullivan has been a member of the Moscow League of Women Voters. In addition, she has been on the board of the Alternatives to Violence on the Palouse and the Palouse-Clearwater Environmental Institute. Sullivan is also the director of UI's University Year for Action.

Todd, the student recipient of the award, is majoring in interdisciplinary studies and has a minor in women's studies. For four years, Todd has been the president of the UI branch of Voice for Planned Parenthood. Todd said she also has a key role in the UI's annual Take Back the Night march.

"My mom has always been a feminist, and so I've grown up with that idea in my mind about women's rights and wanting to make things equal," Todd said.

Sammarruca was the first woman to be a tenured-track faculty member in UI's physics department. She said she was at the forefront of a study at UI to explore the status of women on campus, with a special focus on women in the sciences. Sammarruca has also served on the Athena Committee on Campus Climate.

Sammarruca said there will always be two issues plaguing women's rights, the first being culturally. She said from an early age, women need to be recognized as potential scientists along with men. The second is to have more administrative support for women, which could include family-friendly policies such as pregnancy leave.

"The findings were such that there's a lot of work to do towards gender equity in terms of climate, lab space, salaries ... climate was really a big issue. So the results were not that encouraging," Sammarruca said.

Mark Edwards, the assistant to the president of diversity, equity and community and associate vice provost for Student Affairs, said there is the room and need for everyone to contribute positively to women's and civil rights.

"Today provides us with an opportunity — an opportunity to recommit ourselves, an opportunity to say that we will not step aside, we will not step away nor transgress," Edwards said. "But be active, to be leaders, to



Steven Devine/Argonaut

Duane Nellis, left, and Heather Shea Gasser, right, pose with Elizabeth Sullivan during the Virginia Wolf Award ceremony in the Student Union Building Silver and Gold room Tuesday evening.

lead by example. And to send a message that everyone shall be treated fairly and respected equally. This is our chance to seize the day, to embrace the moment, to determine our destiny; to look forward and not backward, to be optimistic and not pessimistic; to say that we can, and we must self-determine our future."

# Native emphasis now offered at law school

Kayla Herrmann  
Argonaut

The University of Idaho has offered students a minor in American Indian Studies since fall 2000, but when Angelique EagleWoman came to the university in 2008, she proposed a Native emphasis program within the UI law school.

AIST's main strategy is to teach university students the Native perspective and create a level of understanding about Native American issues and history.

EagleWoman is using her efforts to teach students about tribal government.

"One of the basic things that I want

students to know is that there is a whole history and body of law in a regular curriculum," EagleWoman said. "There (are) three federal systems, which include federal, state and tribal law. Tribes have their own law and order code, law enforcement, tribal government and regulations. Many people have limited experience with tribes, and also when they are on an Indian reservation."

EagleWoman's Native Law courses and seminars are offered as part of the AIST curriculum on a pass/fail basis for undergraduates and non-law graduate students. The classes vary from 15-30 students ranging from undergraduates,

graduates and law students.

This spring, the university is expected to have two Native Law emphasis graduates and more in years to come.

"I have a core group of students that are a part of the Native Law program and are energetic about the topics and have helped out at our Native Law conference," EagleWoman said.

Rodney Frey, professor of American Indian Studies and anthropology, said the AIST program has remained strong and there has been strong, diverse enrollment throughout the program's classes.

Currently 450 Native students make up the university's student population.

Steve Martin, the Native American Student Center director, helps the students achieve success through academics and financial aid advising at UI.

"The Native American Student Center does programs and presentations bringing in speakers and comedians," Martin said. "We coordinate these programs to educate our campus on Native issues and history."

Along with offering a minor in AIST, the university has also developed a master's program in interdisciplinary studies, allowing students to have an emphasis on the development of indigenous cultures.

# ASUI leaders tout experience

Tanya Eddins  
Argonaut

Candidates for ASUI president and vice president, Stephen Parrott and Samantha Storms are running a platform of experience.

Both candidates have several years of leadership experience under their belt. Parrott said he was involved in the FFA program while attending high school, and also held student government positions. Storms said she has been in a leadership position since she was 13 years old and has worked with a variety of people on several projects.

Parrott and Storms both have an extensive list of leadership positions occupied while attending the University of Idaho, including experience in ASUI.

"Samantha wanted to run for vice president because she has a lot of senate experience and I have a lot of executive experience," Parrott said. "Compared to the other candidates, Sam and I have the most combined experience at ASUI."

Parrott said the main goal of ASUI is to provide a voice to represent the students and serve as a liaison between students and faculty. Storms said she would like to see ASUI utilized as the resource it was designed to be.

"If elected, Stephen and I would have a complete open-door policy and would like to transition ASUI into becoming more transparent. All branches of ASUI would perform to their highest potential and there would be clear communication on the part of ASUI to all students," Storms said.

Parrott said feedback is important, and encourages students to come in immediately if they disagree with anything ASUI has helped implement. He said resolving problems students have is how they will best represent the student body.

"I would like to see ASUI improve on representing the students' needs and responding to them quicker," Parrott said. "And of course, find ways to save the students money, which is a high priority right now."

Parrott said volunteerism is important because it gets people involved and keeps them informed of issues. He said people that are engaged know what's happening and are able to offer their experience. Storms also said volunteerism is important to her because she feels there is so much to be learned both in and out of the classroom.

"I would encourage everyone to seek out volunteer opportunities because it will have an impact not only on the people or the place, but on

each individual," Storms said.

Parrott and Storms said their main goal is to be there for the students. Parrott said they want those that are voting to know they are not just going to be there for a particular organization, they want to be there for the student body as a whole.

"We are true Vandals and we both just love this place," Parrott said.

Parrott said the most important goals he and Storms plan to address are regarding fees and not implementing programs that will cost the student body more money. Parrott and Storms plan to implement a committee on advising that will oversee the advising process and ensure it is being properly implemented and utilized.

Parrott said he will ensure that students have a loud voice coming from the ASUI president.

Storms said voting should be a main priority for students because of the direct involvement ASUI has with their money, and said no matter which candidates students choose, it is important to vote.

"ASUI does have a voice on our campus and students who want to be represented should vote for candidates they believe will do so," Storms said.

## asuISENATE

In direct response to a heated debate within the senate last week over the request for ASUI representation of the Multi-Cultural Greek Council, ASUI Sen. Joseph Black wrote new legislation to combat the legislation wrote by Sen. Zachary Goytowski.

## New Business

Bill S10-22, providing for the establishment of the ASUI general operating budget, was considered and moved to a committee hearing at the next meeting. S10-22 fulfills a requirement written in the ASUI constitu-

tion that establishes a balanced, workable budget for 2011 fiscal year.

Bill S20-23 amends the ASUI rules and regulations to provide adequate opportunities for senate representation of UI student groups. S10-23 changes the ASUI rules and regulations to implement a process that allows student organizations to petition that a senator attends their meeting. S10-23 is a direct legislative response to the controversial Multi-Cultural Greek Council bill that sparked much debate at last week's senate meeting. S20-23 reverses the ASUI rules and regulations to its previous parameters. S10-23 will be considered next week.

—Ross Bingham

University of Idaho

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## Our Culture

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At the University of Idaho we recognize that a positive living, learning and working environment is healthy and desirable for everyone, and it is essential to achieving our vision and fulfilling our highest goals.

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The University of Idaho is a member of the Association of Public Four-Year Institutions. The University of Idaho is a member of the Association of Public Four-Year Institutions. The University of Idaho is a member of the Association of Public Four-Year Institutions. The University of Idaho is a member of the Association of Public Four-Year Institutions.

Look for The Argonaut every Tuesday and Friday

# Stream spring-cleaning

Joe Pflueger  
Argonaut

Lee Wicker of the Palouse-Clearwater Environmental Institute helped begin Earth Month with the increasingly popular cleanup of the Palouse River.

The sixth annual Pullman Stream Clean-up, organized by PCEI, is at 10 a.m. to 2 p.m. Saturday at the corner of Spring Street and College Street in Pullman.

"It's a way to get people and communities involved in environmental issues," Wicker, the watershed restoration technician, said. "Once you invest yourself, there's more of a sense of ownership."

PCEI's mission is to increase citizen involvement in environmental decisions. Their goal is to let communities see the benefit of taking care of the environment.

He said projects like this help expand PCEI's name and gets other communities involved.

PCEI is located in Moscow, but in an effort to clean waterways — which are connected through interstate networks — they seek the involvement of other communities.

PCEI does restoration work on Paradise Creek, which flows into the Palouse River in Pullman. They are expected to get the contract to do all the planting for the current restoration project of Paradise Creek.

Behind the scenes of the Palouse River Cleanup, Wicker and his co-worker Adam Hein organize logistics, including collecting recycling bins and trash cans for the cleanup. They made posters and fliers for advertising and asked Pullman restaurants for food donations to feed volunteers.

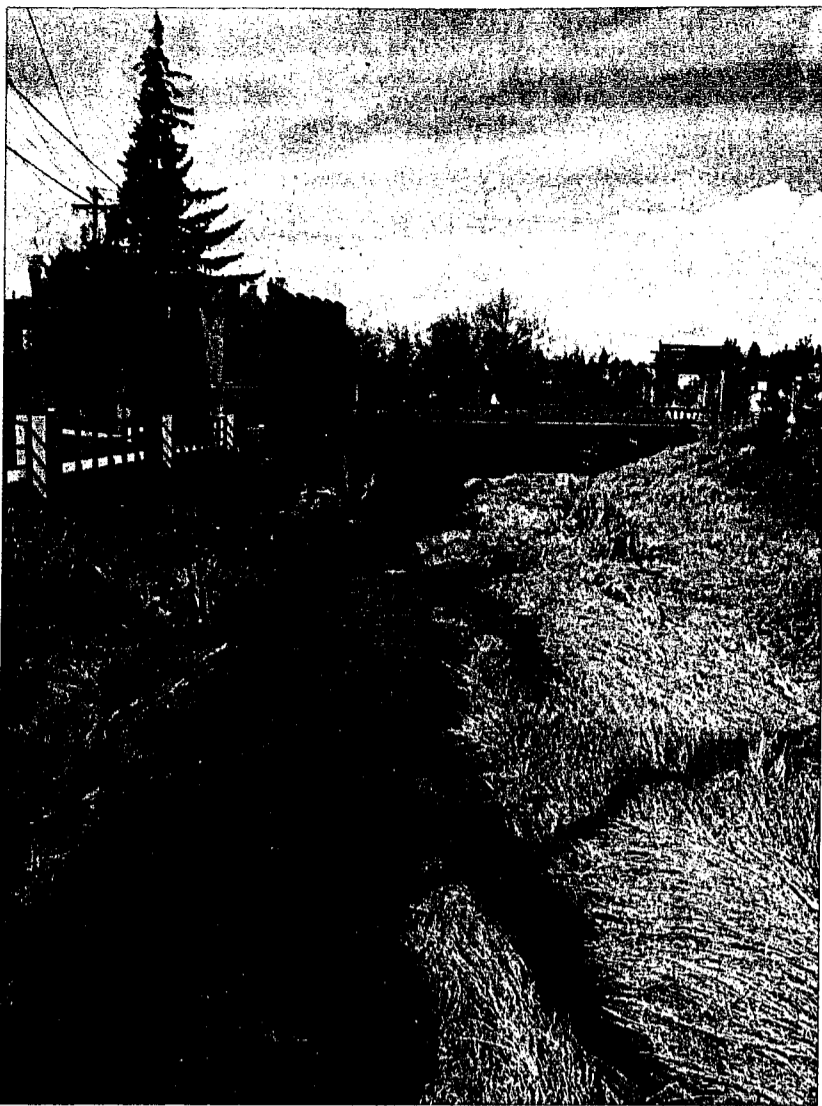
Wicker is a member of the PCEI AmeriCorps, which strives to address conservation and environmental education in the community.

"People from WSU get involved with this," he said.

About 30 volunteers participated during the first year of the event, cleaning up 4,500 pounds of litter, including 20 tires. Each year less and less trash litters the streams, and the popularity of the event grows.

"... It's making a difference," Wicker said. "There's a sense of accomplishment. There's a lot more of a difference than if there is a select few."

Last year, about 76 volunteers helped out, and this year 130 volunteers are estimated to help. Currently the volunteers clean 17,000 feet, or 3.22



Joe Pflueger/Argonaut

The Palouse River in Pullman is where volunteers comb the banks and stream to retrieve all the litter every earth month.

miles of streams.

"We added one additional segment this year," Volunteer Coordinator Laura Milewski said.

She said they will keep adding segments to get most of Pullman cleaned up.

"We start at Spring Street Park and go as far as Disssmore's, and in the other direction we go as far as the movie theatre," she said. "Right now we clean most of Moscow during the annual cleanup."

The Idaho Department of Environmental Quality, along with local stakeholders, developed the Palouse

River Tributaries Total Maximum Daily Load to determine the water quality of streams feeding into the Palouse River in Idaho.

As a result of Palouse River Tributaries Implementation Plan to reduce pollutants, PCEI restoration projects are designed to clean the watershed.

Wildlife that depends on the stream for survival such as beavers, salamanders, frogs, water insect and invertebrates are the animals that directly benefit from the restoration.

PCEI's 20th Annual Paradise Creek Clean-up will happen on April 24, two days after Earth Day's 40th anniversary.

## PARKS

from page 1

Parks admitted to "unlawfully and without malice" killing Sarah Parks and their unborn child "upon sudden quarrel or in the heat of passion" by strangulation or suffocation.

Latah County Prosecutor Bill Thompson said the agreement is fair. "This is a good resolution," Thompson said. "Sarah's family, her mom, participated in the negotiations and the mediation on

Tuesday, as did the lead investigator from the police department, Sgt. Fry. We all agreed that this was a good resolution and that's why we agreed to resolve the case on these terms."

Sarah's family could not be reached for comment.

The family was initially seeking a 30-year sentence for Silas Parks.

"It's a good plea agreement," Thompson said. "In light of Judge Brudie's (decision) that we got on Monday restricting what evidence would be allowed at trial, and given the evidence that we had left, this is a very appropriate resolution."

One of Parks' attorneys, D. Ray Barker, was quoted in the Moscow-Pullman Daily News saying he thinks the agreement is fair because there was no evidence of any homicide other than manslaughter.

"I think it would be a stretch to say there is no evidence," Thompson said. "With the court not allowing us to introduce the evidence of the prior domestic violence on the part of Mr. Parks, there was probably not sufficient evidence to sustain a first-degree murder conviction."

Barker said he did not want to say much before

the sentencing.

"I think it is a good resolution to the case," he said.

Parks is on house arrest at his family's home in Kendrick until his sentencing June 8, as part of the plea agreement. Stipulations to the agreement include he may only break house arrest to meet with his attorneys or investigators, or to appear for scheduled court hearings. His \$200,000 bail must remain intact, his passport must remain in the custody of the Moscow Police Department, he may not possess firearms and he may not possess or consume alcohol.

## MEDIA

from page 1

the following year, and the idea of social media was his.

Heckendorn said events in Iran and other areas can be shown on TV thanks to technology and software, and governments will want to

control social media, such as what is happening in China.

"It's changing how journalism works," he said.

He said people are able to talk to a vast amount of other people almost instantaneously. People self-select what news they want to see and they have to be careful with social media, because

they may think they have the full story, but much of it is opinionated.

"I think it's dangerous," he said. "(Some users are) dangerously ill-informed."

He said social media is a common topic in computer science classes.

One change to this year's symposium is that there will not be a keynote speaker, but rather a panel of seven speakers from various professions and backgrounds.

Daljit Dhaliwal, the anchor of Worldfocus, is the moderator for "@Peace, @War." Other speakers include Deborah Frincke, a previous UI professor who specializes in computer security; Sheldon Himelfarb, a member of the United States Institute

for Peace; James Lewis, a senior fellow at the Center for Strategic and International Studies; Nico Pitney, the senior news editor at the Huffington Post; Bryan Semaan, a PhD candidate at the University of California, Irvine, in the Department of Informatics; and Mark Trahan, the former editor of the editorial page for the Seattle Post-Intelligencer, among others invited guests.

Topics include national security, Twitter's role in social media and grassroots action.

The symposium is Monday through Wednesday, with various presentations made around campus and a documentary presentation at the Kenworthy Theater.

All events are free to students and the public.

## STRESS

from page 1

be a good thing, pushing some toward higher achievements. Stress can often motivate students to go beyond what they would normally do.

Shoebridge, a UI senior exercise science major, controls his stress and uses it to continue to push his limits. He said he felt stressed by challenge last fall when he was applying to medical school. The application process requires a heavy amount of involvement, but he managed to apply and continue his full school work load. Shoebridge said he has learned to manage his stress well.

Shoebridge was accepted to Western University of Health Sciences outside of Los Angeles and will start there this fall.

Shoebridge said an important part to managing his stress is having a solid group of friends and family that he can rely on for support. Having those people helps him get through the struggles of pre-medical studies and any difficult process he encounters. He is also used to academic stress and continues to learn how to manage it better.

"I've always had that kind of academic stress," Shoebridge said, "even in high school. So I'm used to it, but I'll still get stressed. I know moving is going to be overwhelming and I'm trying to figure out housing and everything."

Fritz said students need stress, but it is difficult to find the balance between zero stress and being overwhelmed and exhausted. Both ends of the spectrum are cause for worry. Not enough stress on students creates lackadaisical lifestyles, like students who don't attend class or don't seem to care about doing anything. However, if students hold too many obligations, they can fall into exhaustion.

"College is a naturally competitive and evaluative environment," Fritz said. "So our thinking can become dysfunctional and perfectionistic trying to compete."

Sophomore Caitlin Short finds having an exact schedule helps her work through her stress. Short said she has an Excel spreadsheet that plans her schedule down to the half-hour. She plans time for her classes and homework, time to relax and time to plan her upcoming summer wedding.

"Time management is what stresses me out," Short said. "If I look back and see that I didn't utilize my time well or didn't get enough done in that time ... I don't like that."

## WALK

from page 1

the doctor told Rench it was some sort of cancer, he said.

"The doctor stayed up with us all night, and broke the news to my parents over speakerphone. I had no idea how to tell them, or anyone for that matter," he said.

After going to a urologist, Rench learned that his left testicle needed to be removed, and chemotherapy would follow.

"All the support I received from my brothers in Alpha Kappa Lambda, the Greek community, my family and friends was really encouraging and helpful," he said.

A Facebook group was invented to support Rench, and by the time he opened it, the group had 350 friends.

"That was when I realized, hey all these people care about me. It made a huge impact on me," he said. "Little things like that, or even a simple message really brightens someone's day, no matter how bad it is."

The Relay for Life event, which is designed to raise money and awareness of people with cancer, is something Rench regards as a place where people can see how many

people are affected and the ways in which they are affected.

"You can't ask anybody for a better event to really realize what people are going through," he said.

Relay for Life will take place from 6 p.m. to 8 a.m. today and Saturday in the UI Kibbie Dome.

Multiple members of the community will come together to participate and raise money by walking around the track for different time periods.

Janet Kleffner, a senior majoring in accounting, and Andrew Ivy, a freshman majoring in mechanical engineering are both captains of Relay for Life teams.

Ivy is a member of the same fraternity Rench is involved in.

"I've participated in my hometown, and as philanthropy chair in my house, I felt the responsibility to be involved," Ivy said.

Kleffner, a member of Gamma Phi Beta, was inspired to participate by her best friend, who was diagnosed with cancer her junior year of high school.

"I have been involved ever since," she said.

The ceremony at the event helps express the impact of the disease.

"It is the most moving experience I have ever had. It really hits home," she said.

According to the NCHA, over the last 12 months 90 percent of UI students said at some point they felt overwhelmed — 55 percent were in the last two weeks of the survey. Another 85 percent reported feeling exhausted, not from physical activity, and 53 percent within the last two weeks of the study. Stress also runs in different trends and needs to be continually addressed.

Fritz said recently there have been more freshmen getting homesick than there were 20 years ago. Freshman Andrea Vanderwoude said she wasn't as stressed about being homesick as she was trying to find her place in the college world.

"I just had to grow into it — every day, figuring little things out," Vanderwoude said. "Socially, you just have to put yourself out there and meet new people."

Fritz said the Counseling and Testing Center is always searching out new trends and trying to address them. The study also found that although marijuana use is down statistically, the perception that it is being used has increased.

Stress is the top factor in poor academic performance, according to Fritz's study. Students are receiving lower grades on tests, projects and in-class assignments. Stress can also push students to drop a class completely or cause serious disruptions in research or practicum work. Either way, stress is affecting students.

Vanderwoude said her first finals week as a freshman was extremely stressful because she didn't know what to expect. She said academically she was fine, but the unknown was what worried her. She expects her course loads to become more challenging, but thinks it will be less stressful because she'll already be settled.

Short said she has found it difficult to balance her routine because she is bad at taking breaks from her studies. She addressed being completely overwhelmed with school by balancing it with other things. She said she makes sure to cook a full meal and workout, even if she doesn't have time, just so she can take a break from engineering.

Although stress is sometimes very challenging to overcome, finding balance can not only ease stress, but encourage improvement as well.

"I like the feeling of accomplishment that comes with stress though," Shoebridge said. "When I work really hard and can get that feeling of accomplishment, like getting a good grade on a test, or getting into medical school — it's worth it to me."

man, WA  
We will have our  
service at 10am  
This will be a family  
service - Child  
Ministries activity  
not be

## Easter Sunday

Real Life Ministries On The Palouse 208.882.2484 www.liferotp.com

## Twisters Salon

Special discounts for college students with valid I.D.  
\$10.00 off colors or foils and \$5.00 off a haircut.  
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## Drilling: huge mistake

### Cons clearly outweigh pros in anti-environment decision

President Barack Obama knows how to win back friends.

He announced this week he wants to open some waters off U.S. shorelines to drill for oil, something Republicans tried to do for years. Obama was adamantly opposed to the idea while campaigning, though it is never surprising when a politician goes back on his or her word. But it always stings.

The proposed drilling will stretch from Delaware to central Florida. Alaska's

Arctic Coast and eastern parts of the Gulf of Mexico could also be drilled.

Off-limits areas include the Pacific Coast and Alaska's Bristol Bay.

It is estimated it will be 10 years before revenue from offshore drilling enters the United States economy, and its presence won't be economically noticeable until 2030.

NASA and the Navy have shown opposition to the drilling plans because of the potential for offshore oil and gas operations to

interfere with coastal training sites. According to the Sierra Club, moving forces from the coast of Virginia could cost the Navy \$773 million in annual payroll and \$452 million in annual local contracting. It could also result in the loss of 11,000 jobs.

Drilling would create jobs for those working on rigs but would cause other industries to suffer.

Many species of aquatic animals could be affected in the event of an oil spill. The presence of drill-

ing alone will impact the habitats of polar bears and endangered whales, all in the name of more oil.

Drilling in most areas has been banned for more than 20 years based on its environmental implications. What makes the United States suddenly OK with being a potential threat to animals?

If offshore drilling plans go through, the U.S. will be taking a huge step backward in their fight for environmental awareness.

— KS

## off theCUFF

Quick takes on life from our editors

### This must be shared

"Obama is not a brown-skinned, anti-war socialist who gives away free health care. You're thinking of Jesus." — John Fugelsang

— Kelsey

### No more mauling

No child should be mauled by bears for calling someone bald.

— Greg

### Joke's on you

I hate April Fools' Day. Last year, two of my friends claimed they were engaged, and this year two more people are claiming they are — all were fake. That's just so hilarious.

— Jennifer

### Tests

Twice this semester I've had four exams within a week. I thought finals week was in May.

— Jeff

### April

I can't believe there's only a month left of school. It feels like it's so soon, yet so far away. During this time I still have to pack up to move, get ready to go to Europe for two weeks, and still manage to do political science papers and final projects. Good times.

— Kelcie

### Cell phone

Starting on Friday, I will no longer have a horrible phone. I am finally breaking down and buying the HTC Eris. I am so excited that I will be able to browse the Web, make phone calls and text people all from the same device.

— Jens

### Easter goodies

I'm not usually much of a fu-fu, candy-like coffee fan, but Cadbury Egg lattes are freaking amazing.

— Jake

### Snow

Why is it snowing? It is April. It has been nice all winter long, why does it have to start snowing now? I have the worse kind of spring fever. I want the sun.

— Elizabeth

### Hockey fever

The NHL regular season is coming to an end, the Red Wings are on a roll, and I'm getting more and more excited for the NHL Playoffs to begin. Go Wings go.

— Ilya

## Take my job

Next year, you should write for this newspaper. If you can string words together in any kind of thoughtful prose and have any interest at all in furthering the public good, you could do it. I say this with confidence based on my own experience.

When I got here two years ago, I saw that there was an opening for an editorial 'toonist. I liked doodling, so I applied and got the job. After doing that for a while, I inquired about the possibility of writing as well.

I'm certain there are people reading this right now who could do a much better job than me (I'm looking at you, art majors: save this paper from my chicken scribbling) but who aren't doing it because they're not interested or don't think they'd be any good.

In no way am I putting down the hiring standards of The Argonaut. Rather I'm emphasizing that, as in many walks of life, the people willing to do the work are the ones doing it. I'm doing this because I enjoy writing and drawing. If you came up to me on the street and said, "Hey Mister Big Shot Columnist! You think you're such a good writer?" I'd say no, it's just that I'm willing to do it.

Please don't confuse the fact that I do this with the belief that I'm good at it. I'm not doing this because I think I'm necessarily better at it than any of you. It's just that I signed up.

Since signing up, I'd have to say I've become a better writer and a more thoughtful person overall. I can't just spew something out



matt  
**ADAMS-WENGER**  
Argonaut

see **JOB**, page 6

## mailBOX

Correspondence with our readers

### Local not always best

Thank you for Ashley Centers' interesting article on last week's sustainability conference. Sustainability seems like the new religion. Believers accept its principles on faith, but where is the analysis?

"Buy local" is the principle for food, because locally-produced food is apparently higher quality, less likely to be contaminated and has a smaller carbon footprint. Besides, buying local helps our neighbors. Any of these facts may be true regarding a particular

see **MAIL**, page 6



matt  
**ADAMS-WENGER**  
Argonaut

## How to fix Idaho

### Correcting Otter's injustice over education spending

Idaho Governor C.L. "Butch" Otter has abandoned education in this state. In his recommended budget for the upcoming fiscal year, Otter cut more than \$56 million dollars from the state's general fund on spending for education. This is at a time when education institutions have already taken a huge hit in recent years after the recession-caused declining tax revenues.

In his recommendation, Otter only gave 64 percent of the general fund spending to education (that's not counting the taxes local school districts also raise). Another 21 percent went to Health and Human Services, with a whopping 15 percent to pay for public safety, natural resources, economic development and general government. Otter has completely aban-

doned the state's primary responsibility — education — by only giving it almost two-thirds of the budget.



jeff  
**REZNICEK**  
Argonaut

Granted, we don't stack up well compared to other states. While our primary and secondary education spending is truly behind most other states, our higher education spending per capita — when adjusted for the state's average income — is 28th in the nation according to the US Census Bureau. It is a stain on our state's name to be completely average. But hope is on the horizon.

Idaho could become No. 1 on this list, topping North Dakota, by simply taxing each person about \$550 a year, or an additional 1.15

see **IDAHO**, page 6

### Editorial Policy

The opinion page is reserved as a forum of open thought, debate and expression of free speech regarding topics relevant to the University of Idaho community. Editorials are signed by the initials of the author.

Editorials may not necessarily reflect the

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### Letters Policy

The Argonaut welcomes letters to the edi-

tor about current issues. However, The Argonaut adheres to a strict letter policy:

- Letters should be less than 300 words typed.
- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.

• Letters must be signed, include major and provide a current phone number.

- If your letter is in response to a particular article, please list the title and date of the article.
- Send all letters to:

301 Student Union  
Moscow, ID, 83844-4271

or [arg-opinion@uidaho.edu](mailto:arg-opinion@uidaho.edu).

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### UI STUDENT MEDIA BOARD

The UI Student Media Board meets at 4:15 p.m. the third Tuesday of each month. Time and location will be published in the Argonaut Classified section the Tuesday of the week before the meeting. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office on the SUB third floor.

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serenityNOW

# UI's parking enforcement unfair

The wind rushed past my hair as I broke into a full-blown sprint to the finish.

No, this isn't the ending to a race. The opponent in this story is more fearsome than any on the racetrack: it is the University of Idaho "parking squad."

Rounding the corner after being held up in a conference with a professor, I spotted my Toyota Corolla sitting peacefully in its parking spot with a nice yellow ticket on the windshield.

My pre-paid receipt was good until 5:35. The ticket was issued at 5:37, and I arrived at my car at 5:39.

This year in particular, it seems Parking and Transportation Ser-

vices has really set out to irritate every single person with a car.

It starts with the ludicrously priced parking permits. Short-term permits, commuter permits, red permits, blue permits, gold permits and specific gold permits are just a small selection one can choose from. Each permit ranges in price from the ridiculous \$300 gold permit, to the relatively cheap, but useless \$59 blue permit.

Should one take the plunge and buy a permit, the next thing to do would be to pray to the gods there will be spaces available in the parking lots. Apparently issuing more permits than spaces is a legitimate form of business

for PTS.

The real travesty, however, is how the parking office gives casual commuters on campus absolutely no break.

I had hoped my case was one of bad luck. Perhaps the parking attendant was simply walking by the exact moment my ticket expired. But after investigating and questioning, it became painfully clear my case was not the only one, as countless students confided to me their parking woes. What is worse is the lack of human compassion Parking Services seems to have.

One of my close friends told me she received a parking ticket because she was seven minutes late to her car. Her reason? To help a handicapped person cross the street and walk her up a hill. When she appealed her ticket at Parking

Services, she was told in writing that her appeal had no merit.

So if you are running late to refill your meter, please take note from PTS and don't stop to help any innocent bystander who may be in need of assistance.

Another case dealt with an architecture student who had to transport a large model from home to class, and with howling wind outside, driving was her only option. She owned a gold permit, but unfortunately for her, every parking lot near Art and Architecture was full. She parked in a meter spot with the intention of running in, dropping off the model, driving back home and running back to class.

She would only be gone three minutes — she even timed it on her watch.

Three minutes and 32 seconds

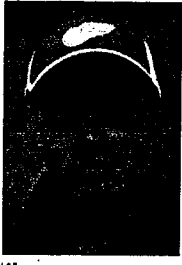
later, she came back to her car to find a parking attendant writing her a ticket.

It didn't matter that she had already shelled out \$300 for a permit. It didn't matter that she had never received a parking infraction at UI, and no matter how she explained herself, the attendant finished printing out the ticket, handed it smugly to her, told her to get over it and drove away in his tiny little car.

Perhaps we should invite every employee of PTS to some location at a precise time and charge them \$20 for every minute they are late.

There is a difference between upholding the law and being oppressive. PTS would do well to learn the difference.

Send letters to arg-opinion@uidaho.edu.



Ilyia PINCHUK

Argonaut

## JOB

from page 5

and turn it in, because now I might embarrass myself and the newspaper by saying something inaccurate. So every column I've written has required time to fact-check myself and consider the information before putting down my argument. It's made me group my thoughts logically and consider points of information rather than simply relying on my impressions of what I may or may not know. I have the worst

memory of anyone I know, so doing this has made me much better at citing, sourcing and taking note of what I learn when I learn it. Whatever it is you have to say, I can't imagine that those don't sound like attractive benefits.

There's a bigger picture at play here as well. The fact is, traditional media is dying. Newspapers are going out of business at an alarming rate. Newsrooms are slashing their employment base. Cable news is becoming increasingly unreliable as a source of information. The Internet is becoming a hub of original report-

ing through blogging and aggregating sites, though of course if the sources they aggregate go belly-up, then they're in trouble. It's going to be more and more a personal responsibility to stay informed and it will be easier to do that if one has any experience being a part of the process at all.

So apply for my job. The more people who apply, the better the applicant pool is going to be and ultimately we'll get a better paper out of it. Maybe you'll even be writing for it.

Send letters to arg-opinion@uidaho.edu.

## Religion no excuse

On Monday, nine right-wing Christians were indicted for plotting to kill unspecified law enforcement officers. The group identified themselves as the Hutaree — a name they created for the purpose of identifying as "Christian warriors," as one of the militia members, David Stone, described it.



Katy SWORD

Argonaut

The indictment stated that the group had a plan that "included killing a member of law enforcement after a traffic stop, killing a member of law enforcement and his or her family at home, ambushing a member of law enforcement in rural communities, luring a member of law enforcement with a false 911 emergency call and then killing him or her, and killing a member of law enforcement and then attacking the funeral procession motorcade," all with homemade bombs.

Hutaree members made it clear that their intentions were as right-wing Christian warriors, with hopes to cause a stir among the federal government and its officials. According to the indictment, Hutaree viewed local police as enemies, or "foot soldiers" for the government as well as what the group believed to be a "New World Order" working for the Antichrist.

While this seems ludicrous and extreme, this type of group is not unusual for those who identify with the right. Common misconceptions lead the public to believe it is the leftists who are radical and extreme — not to imply that there are not extremists on the left side. There are definitely those

who are an exception, including John Patrick Bedell, who opened fire at the subway entrance to the Pentagon complex in March. It just seems that most left-wing extremists work as a single entity, making them easier to overpower and take down. The worst of the recent leftist groups have only been linked to a few arson incidents committed by environmentalists and animal

rights groups, while the right side, justified with the intentions to uphold strong Christian values, have had numerous larger groups and militias dismantled for plotting vicious crimes against the federal government.

It seems that some right-wing conservatives, extremists, religious warriors and other various forms of Republicans are so determined to gain back power and fight those who do not uphold the "Christian" values they hold so dear, that they feel the need to turn to excessive violence.

It may not be the case that all violent extremists are those who identify as Christian warriors. However, as history has demonstrated, especially with the Hutaree, those who fight for a cause in the name of the Lord seem to have the most motivation. But this motivation is dangerous for those involved and whomever they decide their target or targets may be. Freedom of expression may exist, but when it goes to these extremes it makes it clear why we have an able-bodied government.

Send letters to arg-opinion@uidaho.edu.

## IDAHO

from page 5

percent income tax. Otter has denounced this plan, as he believes people do not want to pay taxes, but this is easily remedied.

Write your state representatives. Write Otter. This fall during the campaigns, tell them in person. If they know the people want this, they will do it. That is, if you really want to pay for it.

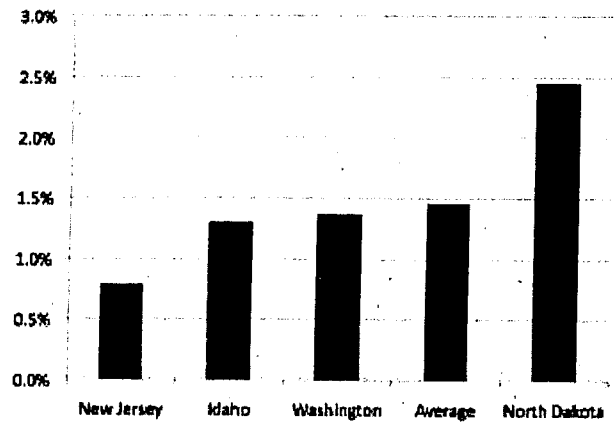
But then of course, there's the public safety budget. Otter recommended a staggering 9.5 percent of the general fund spending to protect us, but still there are reports of prisons barely

able to feed inmates. And every winter the new U.S. 95 south of Moscow isn't finished there is a strong possibility of fatal accidents. We better raise taxes for that too.

Or we could come to terms with the fact that we can't afford everything we want. I think some new across-the-board taxes would help our state. If nothing else it would help those who don't pay state taxes currently, like yours truly, better appreciate what our state does.

But there are lots of areas that need the money. Our prisons are stretched thin, our highways crumbling, and our primary and secondary education rank 47th in the nation on a per-capita, income-

## Higher-ed spending



Per capita spending on higher education as a percentage of average income.

adjusted level. Higher education can wait.

And Otter might be more generous to higher

education than you might think.

Send letters to arg-opinion@uidaho.edu.



## MAIL

from page 5

zucchini squash, but how can we know?

Who checks all the details on local produce? Was any fertilizer used? Any pesticides? What is the history of the land? What fuel and how much was used in cultivation? What is the source of irrigation water? How large is the truck used to bring the produce to market? And how much do these facts matter with regard to a particular squash?

Disciples assume if the squash was trucked 20 miles, it must have a smaller carbon footprint than a squash grown and shipped from Mexico. But the opposite could well be true. The larger the

farm, and the more squash shipped, the lower the cost per squash. "Economies of scale" is a proven principle.

Assuming that a local grower is more organic, reliable or careful than a distant or foreign grower is xenophobic and jingoistic. And the notion that we should buy local to help our neighbors is a matter of preference rather than duty. I feel more duty to support the economies of the third world.

The subtext of "buy local" is anti-business. Business is the engine of our wonderfully rich lives. Without business, we'd all be scraping the soil for a meager existence. I celebrate the oranges, avocados and bananas that local buyers will have to do without.

Gary Peterson Genesee

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**Employment**  
Temporary/Summer Residential Team Leader, TRIO UB Math Science. Responsibilities include providing live-in dormitory supervision for high school students (approx. 4 weeks during June 15 - July 31) during summer residential portion of the TRIO Upward Bound Math Science project. Will include weekend, weekday, and evening responsibilities. On-campus room and board provided.

**Employment**  
Requirements include current pursuit of (or having recently completed) a post-secondary degree with an academically responsible record; demonstrated record of providing structured supervision to youth or related groups. Full-Time @ \$8+/hr, DOE. To apply, visit www.hr.uidaho.edu, Current Openings, Temporary and/or Student Announcement #27102056354. AA/EOE

**Employment**  
Earn \$100. The WSU/UI WWAMI Medical Program is looking for HEALTHY MALE SUBJECTS to be patient models for the first year medical student physical exam course. MALE SUBJECTS needed for MALE GENITAL AND RECTAL EXAMS. If interested, please respond to http://www.wwami.wsu.edu/project/male.html.

**EARN \$50.** The WSU/UI WWAMI Medical Program is looking for HEALTHY FEMALE SUBJECTS to be patient models for the first year medical student physical exam course. FEMALE SUBJECTS needed for BREAST EXAMS. Please respond to http://www.wwami.wsu.edu/project/female.html if interested.

**Employment**  
University of Idaho, Research Support 2-Scientific Aide, Plant Virology, Plant Soils & Entomological Sciences. FT @ \$10-11/hr + some benefits. Responsibilities include working with an interdisciplinary research team conducting research on plant virus diseases, vector transmission, and control of virus spread. Requirements include approx 2 years post secondary education in biology and microbiology. Apply online at www.uidaho.edu/humanresources. Current Openings, Temporary Announcement # 24102007309. AA/EOE

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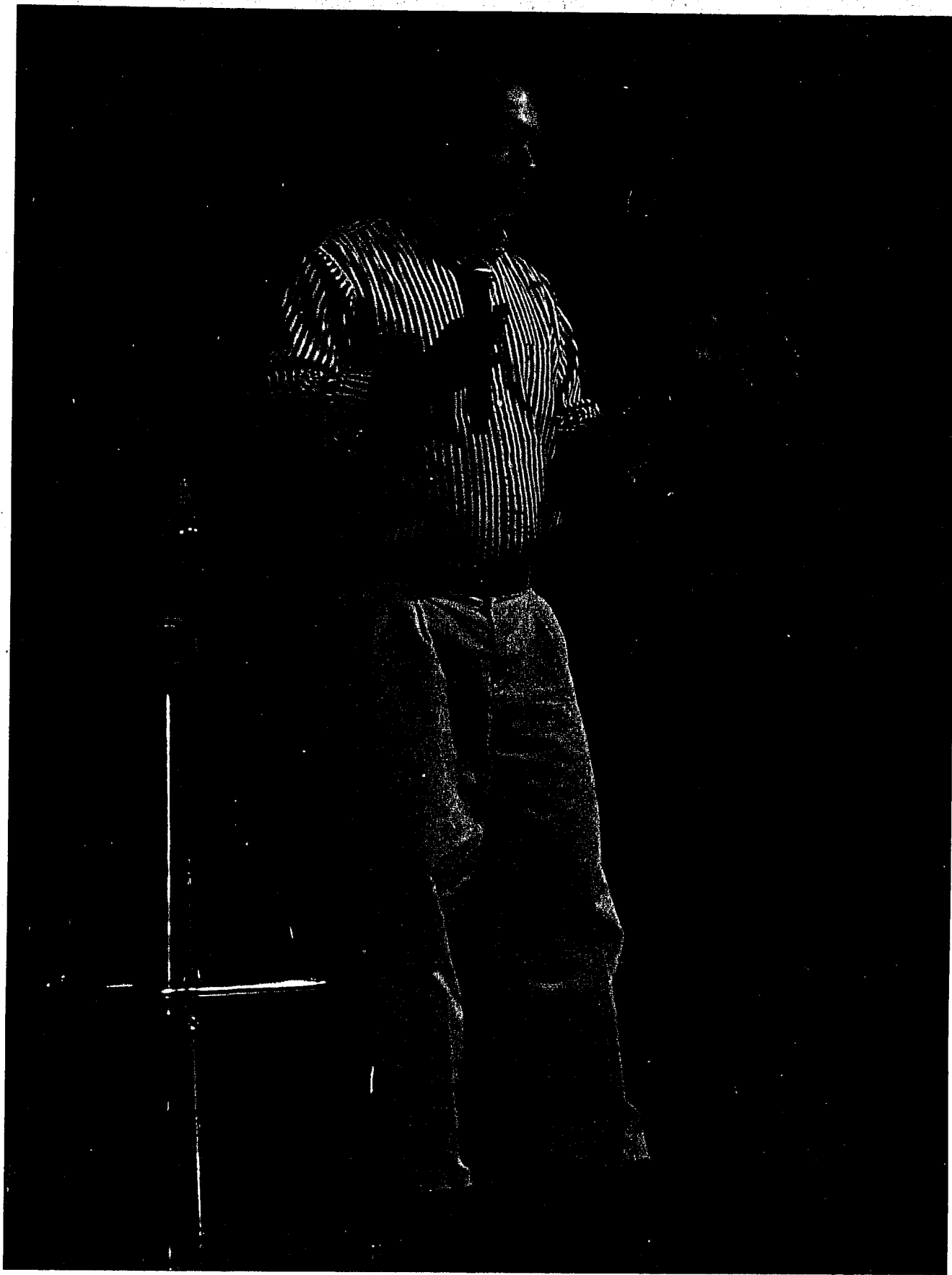
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## Exploring the subconscious mind



Kate Kucharzyk/Argonaut

Greg Hoeflicker, who has been traveling the United States since 1995 giving presentations on dreams and how to focus the mind to achieve results, speaks in the Students Union building ballroom Tuesday evening.

### Common dream symbols explored in lecture

Kelcie Moseley  
Argonaut

Dreaming about having sex with a parent is a good thing, according to dream expert Greg Hoeflicker.

Hoeflicker, who has been called an expert dream interpreter and has traveled across the nation to speak at universities and other organizations, spoke to University of Idaho students in the Student Union Building ballroom Tuesday night.

Hoeflicker spoke about the idea that dreams are the way the subconscious communicates with a person about emotions and events in their lives. He addressed common dreams, such as dreams about being chased, teeth falling out and sex dreams.

"Pictures in your mind are real, they mean something," Hoeflicker said.

Having a dream of being chased by someone else means the person is avoiding something, flying in a dream means the person has freed himself or herself of something or thinking of new possibilities, and dreaming about having sex with someone represents embracing a certain aspect of a person's life or personality. If a male dreams about having sex with his mother, he is dreaming about the part of himself that wants what is best for him.

Hoeflicker opened the floor to questions from the students in attendance, who asked about dreams ranging from formless shapes and colors to dreams about being pregnant, as well as the idea of pre-cognitive dreams.

He said déjà vu is a common occurrence, and

### What do your DREAMS MEAN?

Flying: Freedom in some aspect of your life

Pregnancy: A new idea has appeared in your life.

Money: Self-worth or value

Animals: Habits

Being chased: Avoidance of something in your life

Someone killing you/killing some else: Significant changes happening in your life.

he believes it is the mind's ability to make projections about the future that come true, even if the projection doesn't come to mind until

it is happening in real time. He said there are things we don't yet know about what the brain can do.

"They say you only use 5, maybe 10 percent of your potential," Hoeflicker said.

"Now what's the other 90 percent for?"

Dreams are one reflection of that potential."

Kenneth Gingras, a freshman public relations major who attended the event, said he enjoyed the way the event was set up and the free-flow of the discussion.

"I like that he's open to the dialogue, the way that he conducted the (discussion)," Gingras said. "I thought it was really cool because it allowed the audience to ask him questions rather than just being consumed by a PowerPoint presentation they might not be able to relate to."

Information about Hoeflicker can be found online at <http://www.dreamprograms.com>.

### "Pictures in your mind are real, they mean something."

greg  
HOEFICKER  
Dream expert

### collegeCOOK

## Breakfast for dinner is easier than you think

For many, a diner that serves breakfast all day and night is an oasis in the desert of conventional restaurants. Sometimes it feels good to eat eggs and toast for dinner, or have pancakes after a night of partying.

The downside of this is that getting to these places can be difficult — there are two places in Moscow that serve breakfast at night. One is Shari's, which is a good half-hour walk from the downtown bars, and Moscow Bagel & Deli, which is conveniently located but often busy.

Without a designated driver, it might be better to make hangover prevention food at home. It's not hard to make most breakfast food at home, and much fun can be had preparing it, especially if slightly inebriated.

Eggs Benedict is a classic breakfast food, but it can look daunting. Hollandaise sauce is a source of trouble for many cooks, and it can be difficult to poach the eggs exactly right. One good trick for easy hollandaise is to use the microwave. This technique is faster and easier than using a traditional double boiler, and reduces the amount of burners used to make the dish. Many great recipes for microwave hollandaise can be found online.

Poached eggs taste great, but can be complicated. An egg poacher, or metal or ceramic ramekins can be of

great help to making an attractive poached egg, as they allow the egg to cook evenly and hold its shape. They can be found almost anywhere cooking implements are sold, and range in price. A nonstick coating helps, but is not necessary.

Country fried steak is a Southern breakfast classic, and can be prepared with little effort. It's made with cheap cube steak, so it is inexpensive and still filling. Country fried steak is usually accompanied by white gravy, two eggs, toast and hash browns, but is also great as a dinner dish with

mashed potatoes. In either case, the gravy is a must to provide moisture and extra fat and make this greasy dish even better.

If one knows they will be in the mood for hash browns later, it can be helpful to bake a potato in advance and chill it for at least two hours. Cold cooked potatoes make better homemade hash browns, and while it is easy to dump frozen hash browns out of a bag, the homemade stuff tastes and looks better.

### Deluxe Southern Breakfast with Country Fried Steak

1 cup oil  
1 pound cube steak in four pieces

1 1/2 cups plus 3 tablespoons flour  
Salt and pepper  
3 cups plus 3 tablespoons milk  
1 egg  
2 baked potatoes, chilled  
8 eggs  
8 pieces of bread

Salt and pepper the cube steak, then heat the oil in a heavy cast-iron skillet to 360 degrees. Season the 1 1/2 cups flour, and beat the egg with 3 tablespoons milk. Dip each piece of meat into the egg, then dredge in flour and fry until crispy and brown on both sides.

Using the large holes of a box grater, grate the potatoes. Heat 1/4 cup oil in a separate skillet until hot, then add potatoes in a single layer. Cook until golden brown on one side, then flip and brown the other side.

While hash browns are cooking, pour off all but 1/4 cup of oil from the steak skillet. Add three tablespoons flour and cook over medium heat for three to four minutes. Slowly add the remaining milk and whisk. Simmer for eight to 10 minutes until thick.

Prepare eggs to taste and toast bread. Butter toast and put on separate small plates. Put hash browns on four large plates, then eggs and country fried steak. Top the steak with 1/4 cup of gravy. Serve immediately.

## Perfect fit for spring shoes

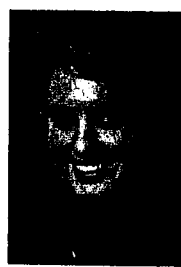
Chunky, high and flat — this spring's shoes are the perfect fit for the sunny days ahead..

### Chunky clogs:

Chanel has inspired the spring runways to bring back the chunky-wooden heel, but it doesn't stop there. The variation in style has eliminated the common clog. The chunky-heeled, backless black clog can be worn with a more punk look. Clogs with an earthier feel can be paired with flowing shirtdresses or off-the-shoulder ruffled tops, and any chunky clog looks great with the groove of a 70s-styled outfit.

### Bold statement pumps:

Winter's dark heels are left in the dust with the wild new colors of spring. Bright turquoise, pink and green seem to be the dominating hues this season, along with floral,



lauren  
PATERSON  
Argonaut

stripes and even animal prints. These heels have buckles, straps and bows, many times with the popular peep-toe.

### Glam gladiators:

This style appeared last spring season, and this year they're creeping further up the leg. The runways were lined with models wearing sandals to the knee, though they're the exaggerated form of what can be found in stores. Whether they are strappy or studded, these classic warrior shoes have a gorgeous twist.

### Unconventional flats:

The heavy winter boots have piqued interest, but now it's time for something new. The whimsical spring flats have a large variety of styles that will help to dispel the reputation of the boring ballet flat. Metallics and Oxford along with lace-less canvas sneakers, such as Keds, are being placed on shoe racks. It's time to ditch the heels and play in the warm weather.



All new releases will be available April 6.

**Music:**

**Slash**  
*Slash*  
 Most of the younger generations may know Slash due to his appearance in "Guitar Hero III: Legends of Rock," but most know him as the guitar icon who played lead for Guns 'N Roses. After almost two decades, Slash, like Aerosmith's Joe Perry, has put together his own record. The album features an all-star roster of guest musicians, including Ian Astbury of The Cult, Chris Cornell, Rocco DeLuca, Fergie, Dave Grohl, Myles Kennedy of Alterbridge, Kid Rock, Lemmy Kilmeister of Motorhead and Adam Levine of Maroon 5, among others. It is probably worth checking out, even if it crashes and burns.

**Jakob Dylan**  
*Women + Country*  
 Has anyone noticed that as Jakob Dylan gets older, he starts to look more like his father Bob? *Women + Country* is Dylan's highly anticipated sophomore album, following his critically acclaimed solo debut, *Seeing Things*. If this album is anything like his frosh solo album, then most critics will likely welcome it. Let us hope that the former Wallflower will keep on coming out with records and be around for a while — just like his old man.

**David Byrne & Fatboy Slim**  
*Here Lies Love*  
 It has been a while since the public has heard any new music from Fatboy Slim. This album is based on the rise and fall of the Philippines' notorious Imelda Marcos, and features collaborations from Cyndi Lauper to Dap-Kings vocalist Sha-

ron Jones. In addition to an all-star list of guests, this album contains a whopping 22 tracks in double-disc format, filled with some delicious ear candy that will be a delight for most who give it a shot.

**Movies:**

This week in film there are no blockbusters coming to DVD. But for those who are big into watching movies on the latest in digital technology, a plethora of films are being released on Blu-Ray. Fans of "The Lord of the Rings Trilogy," directed and produced by Peter Jackson and company, will have the opportunity to see Gollum's face in crisp terror while getting lost in the story all over again. For baseball fans, "The Natural," featuring Robert Redford and, "Nightmare on Elm Street" will be released as well.

**Video Games:**

**"Borderlands Double Add-On Pack: The Zombie Island of Dr. Ned/ Madd Moxi's Underdome Riot"**  
 Microsoft Xbox 360 and PC  
 Fear not, "Borderlands" fans, much like the "Fallout 3" series, this game add-on will see 20 new missions as well as a couple new undead baddies to fight. In addition, there will be three arenas allowing for multi-player support as well as co-op missions with a new region for exploring, named Jacob's Cove. It will allow fans of the original game some extra content to savor until producer 2K Games decides to put out a sequel.  
 As with film, the video game department is lacking this week. For people who have not had a chance to check out previously released games, some worthy of attention are Final Fantasy XIII for PlayStation 3 and Microsoft Xbox 360, God of War III and Heavy Rain, available for PlayStation 3.

— Anthony Saia

**ABRA KADABRA**



Tyler Macy/Argonaut  
 Derek Hughes, right, with a volunteer from the audience during the free magic and comedy show in the SUB Ballroom on Thursday night. Hughes made the crowd laugh while performing magic tricks.

**Bieber's second 'World' rates B**

**Felicia Read**  
 Argonaut  
 He may be 16 years old, but young Canadian artist Justin Bieber seems to have won the hearts of many, and not just teens. With the release of his second album, *My World 2.0*, Bieber is the youngest solo male artist to hit No. 1 on Billboard's Top 200 albums since Stevie Wonder.  
 This album is a step up from his first, *My World*, not only with more mature songs but nearly a whole different sound. Regardless of his age Bieber proves his songs aren't just sappy teeny-bopper tunes.  
 With the help of Ludacris, Bieber starts off the album with a popular track titled, "Baby," which gives the vibe of a 1950s throwback with a twist. Compared to "One Less Lonely Girl," from his first album, it shows growth in his writing as well as his voice.  
 "U Smile" is a track dedicated to fans, and shows Bieber's appreciation for their support. It's a song that can be respected at any age, and brings meaning to the singer's career.

His track with Sean Kingston, "Eenie Meenie," shows signs of Bieber's age. With lyrics like, "Catch a bad girl by her toe" — which resembles the infamous nursery rhyme — this song lacks overall purpose and is merely a catchy tune.  
 On other tracks his pitch seems like it has been corrected, which could be due to his voice changing. This is obviously a problem that is nearly impossible to avoid because of this stage in life, but doesn't necessarily interfere with the album as a whole. In his track, "Overboard," featuring Jesse Jarrell, it's hard to distinguish at times which singer is which throughout the track.  
 Unlike most of today's young artists, Bieber isn't a protégé of the Disney Corporation, and he actually had a part in writing all of the tracks on the album. Under the guidance of his producer, Usher, time and commitment can keep this YouTube-found teen in the spotlight. If he can keep the work level as high as his voice, this young artist's career might make it past his teen years.



Justin Bieber  
*"My World 2.0"*  
 Island Def Jam Records  
 March 23, 2010

**B**

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# SPORTS & REC

Friday, April 2, 2010

Page 9



University of Idaho senior Ben Wood warms up during practice Tuesday afternoon at the Dan O'Brien Track and Field Complex. The Vandals track and field team will take part in the Texas Relays Thursday to Saturday next week. Kate Kucharzyk/Argonaut

## Track relays for success

**Theo Lawson**  
Argonaut

Coming off a solid performance in Palo Alto, Calif., last weekend at the Stanford Invitational, the men's and women's track and field team shifts gears as they prepare for the highly anticipated Texas Relays this weekend.

The Vandals performed extremely well in their opening outdoor meet of the season at

Stanford, but know that the relays were moved to Texas due to weather conditions. Up until 1999, the event was held annually at the University of Texas, Austin's Memorial Field, but has been moved to Mike A. Meyers Stadium, built to accommodate UTA track and field teams.

The Texas Relays began in 1925, when the annual Kansas Re-

lays were moved to Texas due to weather conditions. Up until 1999, the event was held annually at the University of Texas, Austin's Memorial Field, but has been moved to Mike A. Meyers Stadium, built to accommodate UTA track and field teams.

Idaho will send various athletes to the Texas Relays, including All-American in-

door members Jeremy Klas, pole-vaulter, and Mykael Bauthum, shot-putter. Klas, a sophomore from Moscow, tied for 9th in the men's pole vault in his first career national meet, while Bothum is a 2009 All-American who finished 6th for the second year straight in the women's shot put.

Head coach Wayne Phipps said the team has been hard at work preparing for this weekend's meet.

"It's a big meet, but we've had a hard week of training and I want everyone to be rested," said Phipps. "We've been working on every single event and I expect solid performances."

Although Phipps believes his two All-Americans will lead the way for the Vandals, two other Idaho track and field athletes have proven they have the ability

see TRACK, page 12



## Basking in the sun

Men's tennis prepares for a three-game road trip to Hawaii

**Ilya Pinchuk**  
Argonaut

Idaho men's tennis looks to put last week's defeat at the hands of Boise State behind them and get back to their winning ways as they travel to Hawaii for a three-game swing. The Vandals will face Hawaii Pacific and Utah State today, and close the road trip with a match against Hawaii on Sunday.

The Vandals have been off since this past Sunday, but rain and stormy weather have wrecked havoc on the practice schedules of both men's and women's teams.

Idaho last saw action against in-state rival Boise State in the BSU Spring Break Invitational. After falling to Boise State before the tournament, Idaho won its next two rounds to reach the finals of the BSU Spring Break Invitational before being defeated by Boise State in a 4-0 decision.

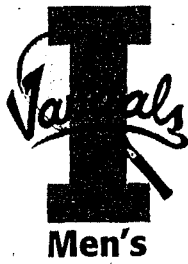
Hawaii Pacific has been on a roll of its own, winning the past six games. HPU is the owner of an 18-3 record, and come into the match against Idaho with a back-to-back blowout of Grossmont College, 9-0 and 6-0.

HPU is ranked fifth in the nation.

Following the tough match against HPU, Idaho will face Utah State and close out play against No. 57 Hawaii.

Idaho's losses over the past weekend have dropped them down in the national standings, and the Vandals will enter Friday's matches ranked No. 71 in the nation. The match against Hawaii will be the Rainbow Warriors' first league match since early January.

Although owners of a 14-5 record, the Vandals are a pedestrian 1-3 in WAC play, a fact they would like to rectify this weekend.



## Heading to California

Women's tennis to face tough competition after two-week break

**Lisa Short**  
The Argonaut

Idaho women's tennis is back in action this weekend in Santa Clara and San Jose, Calif., after a two-week break.

The Vandals are riding a 15-game winning streak, and are the proud owners of a 15-1 record.

Coach Tyler Neill said he expects all the games the team will play this weekend to be close matches. Idaho will face Santa Clara on Friday, Fresno State on Saturday and have a double-header match against University of Hawaii and San Jose on Sunday.

"This is probably our toughest weekend of the year," Neill said, "because we have four matches in three days but they're all tough opponents."

Santa Clara is nationally ranked, and Hawaii beat Santa Clara earlier in the year, so Idaho needs to be ready. Three out of the four matches Idaho plays

this weekend will be conference matches, so Idaho will have the added pressure of competing with Western Athletic Conference teams.

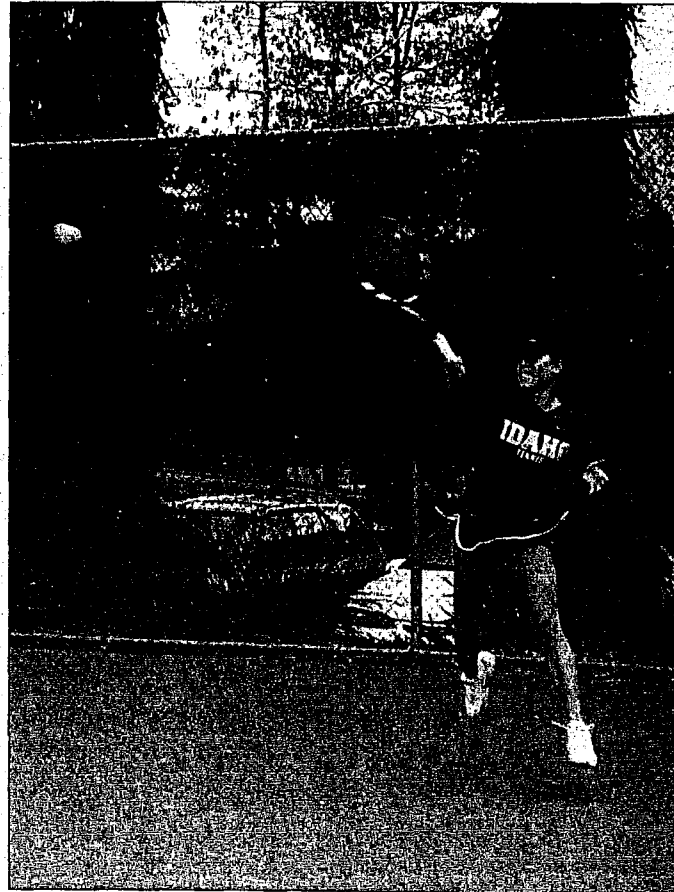
Fresno State has won the conference the last seven years, and Neill said the match against Fresno will be huge.

"They're tough, but we have a good opportunity this time," Neill said. "The conference matches right now are a little more important going into the tournament."

Neill said Idaho is at the same level as these teams, and they should be close matches all the way through the lineup, despite the disparity between individual rankings.

Fresno State's Anastasia Petukhova is currently ranked No. 12 in the nation, while Idaho's Gabriela Niculescu is ranked No. 99.

Neill said he would be see TENNIS, page 12



Vandal junior Basia Maciocha hits the ball during tennis practice Wednesday afternoon. The Women's tennis team heads to Santa Clara and San Jose to play Santa Clara, Fresno State and Hawaii starting Friday. Kate Kucharzyk/Argonaut

get outTHERE

# One-gun hunter

Michael French  
Argonaut

Rifle choice in regards to big game comes down to one phrase: 'Put 'um down.' The ability of the rifle to effectively put a target on the ground is a must. Trying to harvest big game with undersized calibers will ultimately lead to non-fatal wounds and the loss of a trophy, while harvesting medium and small-sized game with large calibers just leaves a mess and no dinner.

So is there a happy medium, especially when only one rifle is feasible for your living situation? Totally.

The .30 caliber rifle has been around forever, and there is a reason. The down range "whoop ass" ability of the round is enough to make a grown man giggle, and the round has proven itself in almost every scenario. From its years in the military to the hundreds of thousands of hunters who take the caliber afield each year, it's a winner no matter what you're shooting at.

One of the best things about the .30 caliber is that there is an extensive amount of different sub-calibers for the hunter to choose from.

For hunting purposes, the .30-.30 is a great choice for young people wanting to get into the sport, as well as seasoned veterans looking for a little bit of a challenge. The downside with this round is the hunter will be forced to close the distance to their target.

Other rifle choices that have served me well are the .308 and the .300 savage. The first few deer of my lifetime were thanks to the low recoil and high knockdown power of the .300 savage.

The .308, on the other hand, has been an honored soldier on many a battlefield. In the right hands, this round has been known to find its target at distances more than 500 yards, and well beyond that in the expert hands of a military marksman. Both guns are also great for any lady hunters because of the range and low recoil.

After getting the fever all hunters eventually find, one might want to step it up to a more powerful caliber, which is a great idea if you can handle the recoil and still shoot effectively. One of the most celebrated rounds of all time is the .300 Winchester Magnum. This rifle will sling lead almost as far as you can see, and punish whatever it finds when it gets there. It's so popular there have even been several sub-divisions of the classic .300 Win Mag.

My personal favorite, and all around hunting choice, is the .300 Winchester Short Magnum. This round stretches the same distances with almost identical knock down power, offered in a much shorter action, which allows for quicker follow-up shots as well as toning down the recoil. Having experienced the versa-



Jake Barber/Argonaut  
.30 caliber rifles such as this Winchester and Ruger on the right at Husky Sport Shop can be a good choice for the once gun college hunter.

tility of this rifle, taking a coyote and several deer with it, I feel that in seasoned hands it's the best choice for the one gun hunter.

There are much larger rounds available inside the .30 caliber, such as the .338 and .375 H&H, but these rifles have a hard time being both a comfortable choice for smaller-framed individuals and having too much power when hunting deer and coyotes.

Some experts will claim that both the .270 and the 7mm cartridges shoot flatter and will offer

comparable knockdown power, but in my experience the smaller diameter bullet needs to be placed with much more precision than its .30 caliber counterpart.

When I am out in the woods, I am always confident in my ability to accurately and humanly harvest my game. The main reason: the .30 caliber rifle.

When it comes time to spend those Benjamins on the perfect rifle for all your hunting dreams, take a close look at the .30's.

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# Mortellaro moves on

Lisa Short  
Argonaut

As the women's golf team closes in on the WAC championship, they continue to put up impressive numbers.

Sophomore Kayla Mortellaro continued her move up in the rankings with another win at the Anteaater Invitational. Mortellaro finished one over par after three rounds in Irvine, Calif., last weekend.

Mortellaro clinched her victory by finishing the third round three under with a 68. In addition, she collected five birdies. On her opening round she shot even par, and on the second round she shot a 75.

The Anteaater Invitational is Mortellaro's third victory this season, and her fourth career victory. It is her first back-to-back victory, combining with her win in the Northern Migration Tournament.

"To win two tournaments in a row is extremely impressive," coach Lisa Johnson said. "She definitely has the talent and mental toughness, but it's still a huge accomplishment."

Idaho finished the tournament in sixth and is ranked 40th in the nation. Idaho finished ahead of Fresno State and Hawaii, both in the WAC. Fresno State finished seventh and Hawaii finished eighth. Johnson said playing and

beating those WAC schools gave Idaho a feel of where they stand in the upcoming WAC tournament.

The Vandals shot their best rounds on the last day of the tournament. After shooting 318 in the opening round and knocking off seven shots in the second, Idaho shot under 300 in the third round, finishing with a third-round score of 299. That score was tied for the fourth best score of the tournament.

Johnson said the team was battling some illnesses, which may have contributed to their poor first round, but she was impressed at how they came back in the third round.

"They are very focused and determined," Johnson said. "It was a tough start, but they showed they wanted to give it their best."

Sophomore Teo Poplawski and senior Amanda Jacobs both shot their tournament best with a score of 76 on Tuesday, to finish 28th and 46th, respectively.

Idaho has one tournament left to play, the Wyoming Desert Classic in Arizona, before they head to the WAC Championships. It will be a 20-team field with many schools Idaho has seen earlier this season. Idaho ranks at the top of the field, but Johnson said they are going to focus on consistency and playing in the present.

# Vandal Snow getting it done

Ilya Pinchuk  
Argonaut

For most, a separated shoulder means a trip to the hospital and a break from physical activity. For Vandal Snow member Jill Meredith, it meant going out and shredding her way to third place in the U.S. Collegiate Ski and Snowboard Association national competition.

Meredith, a freshman biological science major at the University of Idaho, earned a third-place finish in the boardercross event, as well as 11th in the women's giant slalom. At the end of the competition, she was selected to the first-team All American team.

And she wasn't even fully healthy.

"I was actually the only girl on the team," Meredith said. "You are supposed to have more members to get ranked high, but individually taking third in snowboard cross was pretty cool."

Meredith injured her shoulder on a practice run earlier in the week, but chose to compete regardless. She was joined at nationals by senior Pat Morrissey, who finished seventh in the slope-style event, as well as Mike Brewster and Eric McMann.

The four-man team finished sixth place out of 52 teams.

Vandal Snow is the University of Idaho's ski and snowboard club, providing a competitive outlet to skilled riders, while offering newcomers the chance to learn the skills necessary to become proficient at skiing and snowboarding.

"We are partially sponsored by the University of Idaho," said Greg Dobak.

"We do some fundraising for the university, and they match some of our funds, but most of the club funds have to be raised by ourselves."

Vandal Snow has more than 50 members, ranging from skilled snowboarders and skiers like Meredith to newcomers to the sport. The club collects fees, but the small yearly fee outweighs the benefits, Dobak said.

"We get season passes at the absolute lowest rate, even below military rates," Dobak said. "We also sponsor a trip down to McCall and stay in cabins — which are more like mansions."

The annual McCall trip is the big highlight for the club. Everyone carpools down and the club rents out three 'mansions.' The club hangs out together on the slopes during the day, and relaxes at the cabins during the evening. Dobak said the experience is extremely rewarding and inspiring.

"The week-long trip is literally the best week of my life," Dobak said. "We hang out at the hill every day and come back every night — it's the major trip of the season."

Although the annual trip is always looked forward to, most members of the club are simply happy with the chance to shred the slopes. Dobak said the club is always excited for new members, and anyone of any skill level is welcome.

The club has plenty of experienced riders willing to share their knowledge of the sport to beginning riders.

"Joining the club is definitely the best way to meet people who like skiing and snowboarding," Dobak said.

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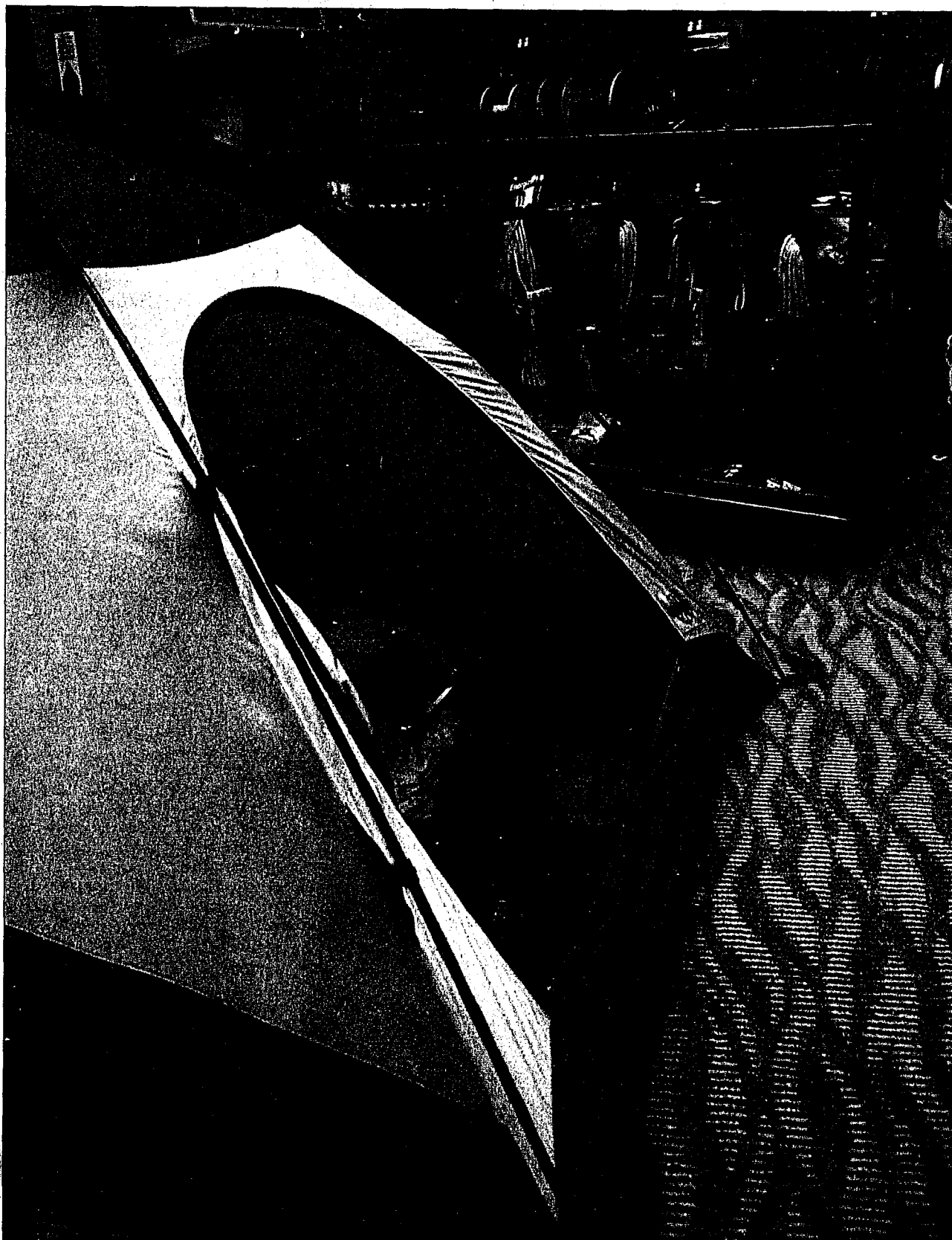
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commentary

# Spring means it's time to camp



The University of Idaho Student Recreation Center Outdoor Program rents out most camping supplies that students might need to make a trip into the great outdoors. Jake Barber/Argonaut

**Kevin Bingaman**  
Argonaut

When thinking about outdoor activities, camping is never far from one's mind. With the weather warming up and the promise of summer on the horizon, many outdoorsmen are beginning to feel the itch to spend more time in the woods.

Camping is a fun, inexpensive and relaxing way to experience the outdoors. Some of my fondest memories include sitting around the campfire, roasting hot dogs, picking guitars, telling stories, and of course, eating s'mores.

However, in today's society, camping seems to have lost some of its meaning. Many people bring their fancy RVs with them and camp at sites that are close to town instead of getting deep into the woods. These campers choose to bring technology with them and, as a result, cheapen the outdoor experience.

Camping should be a time to get away from problems and relax in the wilderness. The simplicity of nature cannot be experienced with the distraction of the modern world, which is why camping should take place far from a city, and technology should be left at home.

"I like the smell of the woods, the crackling of the fire and the time spent with friends," said UI student Keisha Macpherson. "It's a time to get away and enjoy the simple life."

Camping helps us all appreciate the simpler things in life. Whether it be watching the stars in the sky, feeling the warmth of a campfire, or seeing a rabbit scamper through the forest, the outdoors have experiences that cannot be had anywhere else.

One particular experience that cannot be had from the confines of an RV is falling asleep to nature's

lullaby. Hearing the sound of a creek running through a canyon, a cricket chirping, or the wind lightly blowing through the trees while lying in a tent or underneath the stars is the most relaxing and peaceful experience out there.

Camping also connects us with our past. When Idaho and the West were first settled, the pioneers would camp each night under the stars. They had no cell phones and no computers. It was just the campers and the wilderness. By camping, we are stepping back and experiencing a simpler time.

Being on campus, it may seem like a good camping trip is out of reach, but the region surrounding Moscow is full of opportunities for campers of all types. For students who are looking for a close and easy location, Spring Valley Reservoir is only 18 miles away and is perfect for an overnight car camping trip. Moose Creek Reservoir, outside of Bovill, is another quick and easy way to get to a campground.

Campers looking for something a little more wild would do well to visit McCrosky State Park, 40 miles north of Moscow, as it offers more primitive campgrounds. For those who wish to truly experience the wild, the St. Joe Wilderness offers infinite locations to backpack and camp.

For anyone wishing to camp, the University of Idaho Student Recreation Center rents out supplies such as tents, sleeping bags, coolers, backpacks and cooking gear.

Camping is an experience everyone should have. It's a chance to experience the outdoors in its purest form and a time to realize what is important in life. With summer on the way, it's time to turn off the television, get out of the house and experience the richness and beauty of the outdoors.

commentary

# Prospects to watch

Ah, spring. The regular season is right around the corner and things couldn't be better. Rookies are making teams, or being sent down for a few weeks to tack on another year to their respective team's control, veterans are finding their swing and plants are turning green. What a great time.



**gregory CONNOLLY**  
Argonaut

Jason Heyward is one of those rookies who will be given a shot to stick around without a visit to the minor leagues. Various scouts, including the good folks at ESPN and Fangraphs, say the 21-year-old right fielder is the best position prospect any of the 30 teams have. He embraces the five tools and hits from the left side. Each game he played for the AA Mississippi Braves at the tender age of 20 made him look like Babe Ruth playing tee-ball. Long story short, he's ready for the show and the job is his to lose.

Heyward's debut comes at an exciting time for the Braves. Following their dominant stint of playoff appearances from 1991 to 2005, a time when they were the class of the National League, they faded away as the Philadelphia Phillies suddenly got very good at baseball. Like any good team, the

Braves were built on a nucleus of star players. Only Chipper Jones is left from that group, and he's starting to show his age.

Seeing Heyward make the team is exciting because Atlanta's front office thinks he's good enough to help form the next great nucleus, along with catcher Brian McCann and pitcher Tommy Hanson. Couple that idea with the fact that Philadelphia is the only elite team in the National League East, and it becomes evident that the Braves have a shot at the NL Wildcard.

Another prospect getting a shot to stick around is Milwaukee's Alcides Escobar. He's no Heyward with a bat, but man, can he play a mean shortstop. He had enough speed to steal 42 bases for the AAA Brewers in only 109 games, and will likely do a better job at the toughest position on the diamond (beyond catcher) to greatly boost his value to the Brewers.

His debut as the starter and the acquisition of center fielder Carlos Gomez from the Minnesota Twins shows a new emphasis on defense for Milwaukee. Their pitching rotation closely resembles a pitching cage

rather than an actual group of pitchers — they give up tons of fly balls and were among the worst rotations in the entire game in 2009. Aside from the electric Yovani Gallardo and Manny Parra, a lefty who has yet to live up to the potential he demonstrated in the minor leagues, the Brewers' 2009 rotation was a laundry list of scrap heap pitching.

Defense is extraordinarily important for a team like Milwaukee. Jarrod Washburn has never been known as a front of the rotation arm, yet he pitched like he had one for four months last season in Seattle, which is giving Tampa Bay a run for its money in the competition for the best defense in the major leagues.

Both of these players will be starters for major league teams with playoff aspirations, and will likely have to perform with an unnecessary weight on their shoulders. It can't be easy being known as a team's greatest hope before you ever swing a bat for them. The fetishization of prospects has been going since before anyone who could ever read this column cared about baseball, and it isn't going anywhere, either.

Let's hope, for the fan bases of Atlanta and Milwaukee's sake, Heyward and Escobar pan out.

# Capitals end 3-game skid

Associated Press

Matt Bradley broke a third-period tie with his first goal in 2½ months and the Washington Capitals snapped a three-game losing streak, delivering a blow to the Atlanta Thrashers' playoff hopes with a 2-1 victory Thursday night.

Bradley gathered the puck in the right corner and skated in to put a backhand between Ondrej Pavelec's legs with 10:14 remaining. It was Bradley's ninth goal of the season and first since Jan. 19.

In a possible preview of a first-round Eastern Conference playoff series, the Capitals put aside of week of spotty play and moved closer to clinching the Presidents' Trophy for best overall record. Nicklas Backstrom scored his 30th goal, Alex Ovechkin had an assist for his 102nd point, and Semyon Varlamov improved his bid to be the No. 1 goalie for the postseason by making 19 saves.

The Thrashers started the day in ninth place in the East with five games to play and two points

behind Philadelphia, Boston and Montreal in a log-jammed battle for the final playoff spots. At least they didn't lose ground: Philadelphia and Boston both lost, and Montreal had the night off.

The win was No. 50 for the Capitals, tying the club record. Washington has also had Atlanta's number this season, winning all five meetings by a combined score of 24-11.

After getting outscored 9-1 in the first periods of their three previous games, the Capitals would no doubt have been happy just to break even over the first 20 minutes. They did even better, breaking a scoreless tie in the final minute with a strong shift by the team's top line.

Ovechkin got the secondary assist with a feed to Mike Green, whose shot from the point was tipped in by Backstrom. The goal put Backstrom at the 30-goal plateau for the first time — his previous high

was last season's 22. An active second period included a point-blank save by Varlamov on Maxim Afinogenov, a nice play by Nik Antropov to disrupt a 2-on-1 Capitals break, and a save by Pavelec on Green that popped high into the air and landed on the top of the net.

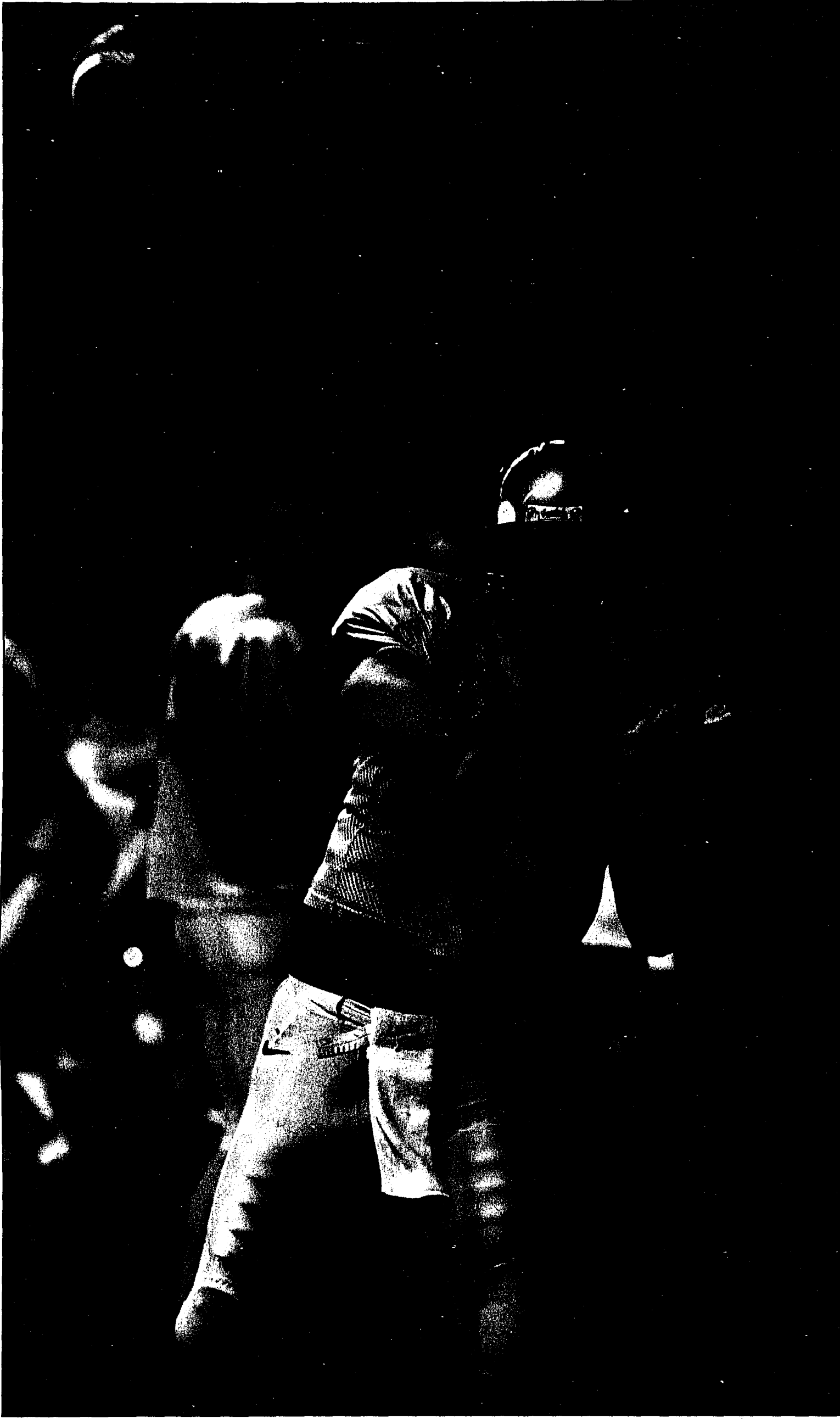
Atlanta's Colby Armstrong, who had his nose bloodied on a roughing call on John Erskine in the first period, put a forearm to the face of Mathieu Perreault that knocked the young center to the ice. Armstrong wasn't called for a penalty — until Shane Morrison stepped in to retaliate. Armstrong and Morrison scuffled, and both were sent off for 2 minutes.

Stapleton tied it late in the period when he got behind defenseman Tom Poti and deposited a feed from Armstrong past Varlamov. It was the second NHL goal for Stapleton and first with the Thrashers.

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## SPRINGING BACK



Vandal quarterback Nathan Enderle warms up before practice Tuesday afternoon in the Kibbie Dome. Enderle and his Idaho offense ranked in the top 30 in the nation in five different offensive categories. Enderle ranked No. 5 in the nation in passing efficiency last fall.

Nick Groff/Argonaut

TRACK  
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to shine in the limelight as well. Senior Ulrike Hartz placed second last weekend in the women's javelin throw, and hopes that this weekend will bring further success following a strenuous week of practice.

"Last week's competition was good preparation for this weekend's relays," said Hartz. "I need to put more speed into my throw and I hope to improve by two meters this weekend."

Hartz, a native of Germany, knows it is important to produce this weekend in hope that it will better prepare her for the WAC Championships at the end of the season.

"Since there are few of us travelling to Texas, I plan to focus on my own individual results and I'm not concerned about my opponents," Hartz said. "The main goal is to get ready for WAC or Regionals."

Senior shot put thrower Beau Whitney also stood out last weekend in Palo Alto, finishing fourth in the upper division. Whitney's throw last weekend earned him second in the WAC and 24th in the region.

"This will be my first time in Texas and I know how big of a meet it is," Whitney said. "I hope to set a new personal record and increase my mark for conference."

Whitney, a native of New Meadows, Idaho, has also done everything in his power to prepare for the most crucial meet of the season thus far.

"I've been working on the same stuff, going out and doing drills every week and just trying to get better," Whitney said.

The Vandals hope to have success in this weekend's Texas Relays, and it's just a matter of time before athletes such as Whitney, Hartz and others receive national attention.

TENNIS  
from page 9

pleased with at least two wins this weekend, but knows Idaho can compete with every team they face.

Idaho will face Hawaii, then San Jose State in one day, and although Neill said San Jose State is the weakest team they will face this weekend, they can't overlook them. Idaho defeated San Jose State last year, but Neill said San Jose State's program has improved dramatically.

Idaho has had to contend with sporadic rain showers over the two-week break, which slowed the Vandals' training, but overall Neill said the team is in a good position.

The break allowed several Idaho players to rest chronic injuries so they can be fresh going into the challenging weekend.

"We haven't been able to practice as much as I would have liked," Neill said, "but given the weather I feel as good as possible. We feel ready."

## Dayton beats North Carolina 79-68

Mike Fitzpatrick  
Associated Press

Dayton denied last year's national champs another title and took home one of its own for the first time in 42 years.

Marcus Johnson scored 20 points and the Flyers handed North Carolina one more disheartening loss at the end of a lousy season, beating the Tar Heels 79-68 Thursday night to win the NIT at Madison Square Garden.

Picked to win the Atlantic 10 Conference, the deep and athletic Flyers faded late and missed the NCAA tournament before turning things around and ending on a high note.

"Our guys played with great toughness and desire," Dayton coach Brian Gregory said. "We answered everything they threw at us."

Will Graves shot North

Carolina back into the game in the second half, finishing with 25 points for the fourth-seeded Tar Heels (20-17), who started the season hoping for back-to-back NCAA championships.

Chris Wright had 14 points for the Flyers, as did tournament MVP Chris Johnson — who scored 22 in a semifinal victory over Mississippi.

Coach Roy Williams and the Tar Heels fell short in their attempt to grab a somewhat dubious piece of college basketball history. A victory Thursday night would have made them the first team to follow up an NCAA national championship with an NIT crown the next year.

With officials discussing expanding the NCAA tournament to 96 teams as soon as next year, this could be the last NIT, an event with a rich history that dates to 1938.

NCAA vice president Greg Shaheen said Thursday no decision has been made about the future of the postseason NIT, which is operated independently by the NCAA.

And while Dayton has been a regular in this event, it was strange to see North Carolina on the college basketball undercard this time of year. One of the sport's true heavyweights, the Tar Heels own five NCAA national championships, including an 89-72 victory over Michigan State in last year's title game.

Tom Izzo and the Spartans are back in the Final Four, set to play Butler in Indianapolis on Saturday. North Carolina was left to chase a consolation prize following a 16-16 regular season wrecked by injuries, leaky defense and a string of embarrassing losses.

There was a bright spot for North Carolina in this one, though. Deon Thompson, nursing an aching back, set an NCAA record for career games played with 152, breaking a mark held by Kentucky's Wayne Turner (1996-99) and Florida's Walter Hodge (2006-09).

Thompson had 16 points and 13 rebounds in the semifinals Tuesday night, when the Tar Heels scored the final five points in regulation to force overtime and then beat Rhode Island 68-67. The senior forward finished with 13 points and 10 rebounds in Thursday's title game.

Dayton has some successful history of its own. The Flyers beat North Carolina in the 1967 NCAA Final Four, Dean Smith's first trip to the national semifinals as UNC head coach, before losing to John Wooden and UCLA in the championship game.

The Tar Heels topped the Flyers 81-51 in Chapel Hill, N.C., on Dec. 31, 2006.

Dayton was playing in its 22nd NIT, second only to St. John's (27). The Flyers also won it in 1962.

Senior point guard London Warren was held out of the starting lineup by Gregory for violating team rules. Rob Lowery started in place of Warren, who entered less than 4 minutes in and played 24 minutes. He had a team-high seven assists.

Dayton turned up its defense and held the cold-shooting Tar Heels to a pair of field goals over the final 8:09 in the first half, closing with a 17-4 run that gave the Flyers their largest lead, 45-32, going into the break.

Paul Williams hit a trio of 3-pointers during the run, and Dayton got thunderous dunks from Devin Searcy, Wright and Marcus Johnson.

Dayton shot 58.1 percent in the first half, but it was the Tar Heels who came out strong after halftime. Graves hit a pair of 3s in a 12-1 run and waved his arms to get North Carolina fans going as they chanted "UNC! UNC!"

But the Flyers had a response every time North Carolina got close.

Tar Heels guard Marcus Ginyard missed a contested layup that could have tied it at 59, and Paul Williams hit one of his four 3s on the other end with 7:46 left.

A 3-pointer by Graves cut UNC's deficit to 67-63 with 3:37 remaining, but Chris Johnson countered with a 3 of his own and a follow-up dunk to put Dayton up by nine with 2:50 to go.

North Carolina, which committed 15 turnovers, never got closer than five the rest of the way.