UNIVERSITY OF IDAHO THE Tuesday, February 15, 2011



Sports

Vandal track and field holds conference-best performances in four events, page 5



Opinion

How much strength does religion hold in our sex lives? page 9

Student dies in car accident

Staff report Argonaut

Delta Sigma Phi member James Hedley described 19-year-old Michelle Bonasera as someone who was giving and friendly with everyone.

"I was her date for a dance Kappa Delta had on Friday, and she was such a sweet girl. She told me she was leaving to see her family this weekend, and I remember asking her why she didn't go next weekend," Hedley said. "She was always willing to drop anything for anyone, if

someone asked her to go to lunch or rious condition. something, she went."

Bonasera, an exercise major at the University of Idaho and member of the Kappa Delta sorority, was driving just north of Moscow on Highway 95 with Andree' Maxwell, 20, also an exercise major and Kappa Delta member.

On Sunday afternoon, the car drifted off the roadway and into an embankment and rolled. Bonasera died at the scene, and Maxwell was transported to Sacred Heart Medical Center in Spokane and is listed in se-

Idaho State Trooper Jake Schwecke, who responded to the scene, said the way the car landed left Bonasera with little chance.

"(Which is) the hugely unfair part for her family," Schwecke said.

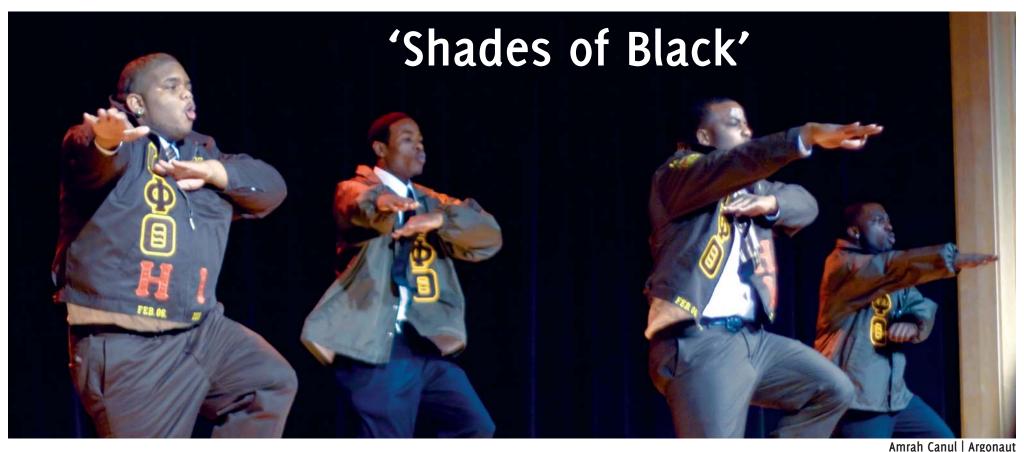
Schwecke, the investigating officer, said the investigation will take about two days before they can be certain of the cause, but he believes from the tire tracks that Bonasera fell asleep. He said falling asleep on the

see **ACCIDENT**, page 4



Steven Devine | Argonaut

Members of the Kappa Delta sorority gather in the Idaho Commons as they host a fundraiser and pay respect to sorority sisters Andree' Maxwell and Michelle Bonasera. Bonasera, who died after her car drifted off the road and rolled Sunday, was a student at the University of Idaho. Maxwell is still in recovery and donations are being accepted at this time.



Brothers of lota Phi Theta perform a dance number at the 8th annual "Shades of Black" in the Student Union Building Ballroom Saturday. For a full story about the "Shades of Black" event see page 4.

Career Fair: Plans to grow

Sarah Yama Argonaut

While the turnout has improved from last year, plans for Career Fair improvements have already been made.

'Overall, it went really well," said Jessica Berwick, manager of employee relations and communications at the Career Center. "We don't have the numbers yet, but it seems like we had more students.

Berwick said the fair started slow and picked up around lunchtime, but there is still room for improvement for future fairs and turnout can improve with increased faculty relationships.

"We have a lot of room to grow as far as how we partner with faculty and getting the support of the faculty. We have the Career Fair during the week to accommodate employers," Berwick said. "Students value faculty opinion and advice and having students participate would increase turnout."

see **CAREER**, page 4



Katherine Brown | Argonaut

Verizon Wireless representative Julissa Monroe talked with students about job opportunities at Verizon Wireless Feb. 9 in the Student Union Building Ballroom. The Career Fair offered students and alumni the opportunity to meet with various representatives from local companies for full-time and part-time jobs and internship opportunities.

Budget shortfall

Dara Barney Argonaut

An original \$150 million difference in the projected budget gap has the potential to affect the cuts education will face. Now, with the projected total bounced back to \$130 million, most state agencies including higher education are expected to take a 5.3 percent cut.

"If such a reduction were approved by the legislature, it would mean multiple reductions for the University of Idaho: To our general education budget; the Agricultural and Research and Extension Service; the Washington, Wyoming, Montana, Alaska and Idaho Medical Education Program; and the Idaho Geological Survey," said University of Idaho President Duane Nellis

in a letter Friday.

Originally, higher education was expected to take a lower cut and the agricultural extension was expected to not take any cuts, ASUI President Stephen Parrott said.

"We were very disappointed to find out (agriculture) was going to take a hit as well," Parrott said.

Legislators will vote in March on the exact cut numbers, and numbers should be more concrete in mid-April, Parrott said.

"It puts more stress on the faculty, having to do more with less. We can't resort to another furlough situation, because it isn't sustainable for the future," he said. "One of our last resorts will be to cut personnel, meaning

see **BUDGET**, page 4

UI Parking Services to take action against unpaid citations

Dara Barney

Argonaut

Students have been informed they need to pay their parking debts, or it is possible their car might get "the boot."

'We haven't created new policy, we have recently created procedures to enforce existing policies in order to collect on unpaid citation debt," said Rebecca Couch, University of Idaho Parking and Transportation Services information specialist. "We have an estimated \$20,000 to \$30,000 in uncollected citation payments and efforts are now underway to reduce that debt."

The parking office has always enforced unpaid citations by wheel locking unknown vehicles - which means they are not registered with the parking office — who receive three or more citations. But there has not been a procedure in place to enforce known vehicles who accumulate large amounts of citation debt without ever making payments, she said.

"For people who have permits and have vehicle information registered with our office, we are able to bill student accounts, or mail bills to them, but still no collections procedure existed beyond that, it was the individual's responsibility to pay at that point," she said. "Currently we have a number of individuals with very large amounts of citation debt, so another major aspect of the new emphasis is to prevent individuals from getting too far in debt.'

Couch said Parking Services decided to take action after they recognized the large dollar amount in uncollected citation payments during the past several years.

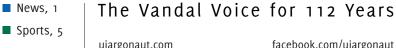
"We are beginning with those accounts that have 10-20 tickets over the past two years," she said, "then, once we are caught up we will follow a clearly defined policy for collection of citation payments."

Couch said parking services plans to send out emails to notify students, faculty or staff of their eligibility for wheel lock due to unpaid parking citations.

She also said after the larger debts are taken



Opinion, 9



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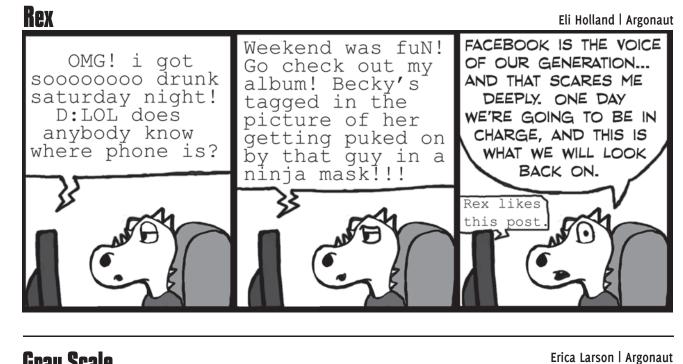






The Argonaut

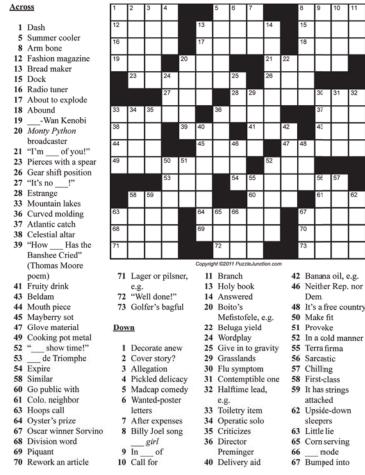




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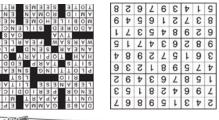
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Argonaut Directory

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Corrections



2010 ACP/CMA National College Media Convention, Fifth place Best of Show Large School Website

Find a mistake? Send an e-mail to the editor.

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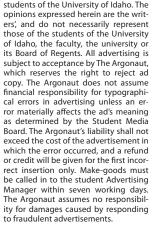
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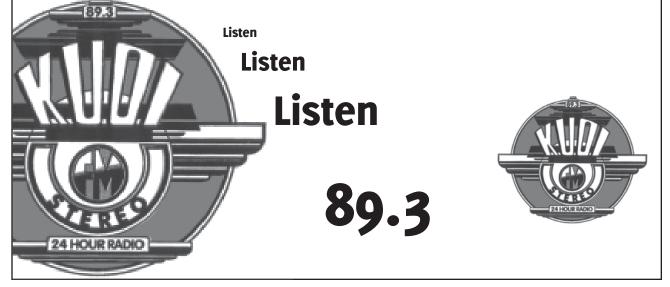
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Opinion Editor

The Argonaut

Gaining a competitive edge

Master's program to help train workers in natural resources and environmental science

Abby Skubitz Argonaut

Employers today are demanding more "hands-on" experience with students entering the work force.

That is one of the reasons University of Idaho has introduced a new graduate program called the Professional Science Master's Program in Natural Resources and Environmental Science, as of summer 2010, to fit these needs.

This particular PSM program, one of the first few in the nation, to focus on environmental science education, focuses on workplace skills and trains the student with management expertise in science and communications. The use of business management, computational skills, ethics, legal and regulatory issues, and leadership are also embedded into the program. Through the courses they offer, several colleges are integrated into the PSM, including the College of Business and Economics, the College of Letters, Arts and Social Sciences and the College of Natural Resources.

The development of the curriculum started about a year and a half ago by Stephen Mulkey, associate professor and director of the UI Environmental Science program, and Margrit Von Braun, former UI College of Graduate Studies dean.

There are now nine students involved in the innovative PSM program for its first year at University of Idaho.

"The program provides stu-

dents with the skills necessary for immediate entry into the job market," Mulkey said. He said the PSM program requires an internship experience rather than a master's thesis for academic graduate programs.

"This program is of high quality and is relatively inexpensive," he said.

Drew Brauer is a student in the PSM program and said it is a great option for an advanced degree and opens a lot of doors for people. Brauer said she has applied to various internships and has received many offers, but she is waiting to hear back from one opportunity in Seattle before she makes her final decision.

UI is one of the few in the nation and region that has a PSM program specializing in natural resources, environmental science and water resources. Oregon State University offers a similar program, but separately these two programs are one-of-a-kind in the Northwest. The PSM degree is supposed to be an endpoint for students, and not specifically an avenue to reach the Ph.D.

The program is expected to grow in the number of students in the next coming semesters and there are plans for expansion through the addition of new specialty tracks and at \$35 a credit, it is one of the lowest costing of graduate programs in the nation. Distance learning, and a "fasttrack" course of 18 months are available to students who need flexibility or want to finish early.

SCULPTING LANGUAGE



Amrah Canul | Argonaut

Wendy Barner speaks to those who attended her reception in honor of her sculpture in the Language Department Hall in the Administration Building. Barner said she used different professors' favorite sayings in each respective languages for the piece.

Moscow population feels repercussions of the economy

Kayla Herrmann Argonaut

Looking around Moscow, most find a small college town full of people working together to make ends meet, yet what many are unaware of is there's an issue regarding poverty on the Palouse.

In December 2010, the City of Moscow hosted a poverty forum concerning poverty in Moscow and the efforts that were made to provide support.

"I had received several calls independently from people and various organizations that provide social services who were concerned about local residents not making ends meet," Moscow Mayor Nancy Chaney said. "I knew that it was a big issue rather than a single entity, so we called together a broad spectrum to discuss a solution."

On Wednesday the City of Moscow plans to meet again in Moscow City Council Chambers to fine-tune a mission statement for poverty in Moscow and the meeting is open to the public. They will identify the principles for the effort, prioritize objectives for the group, put together a concept of communications network and an organizational structure that addresses overlaps and gaps in services.

"We are scrambling to keep these agencies afloat," Chaney said. "Not everyone has the same mission but we have to be careful that everyone has their own niche to fill, and at the same time develop a communication system."

Between 2009 and 2010 more than 300 jobs were lost in Moscow, and in December Latah County's unemployment was at 8.6 percent.

Jeff Jones, Economic Development Specialist, said the biggest job losses last year were in the government sector of Moscow.

"We primarily had layoffs in the university, but there were also jobs lost in health and welfare, construction, financial activities and healthcare," Jones said.

The government sector lost 326 jobs and Chaney said if Idaho Legislature cuts

revenue in education, Moscow would feel the impact.

"Moscow hasn't been hit as hard as other places because the unemployment rate is lower in Latah County compared to the state and the country," Chaney said, "However we are not immune and with reductions of funds in education and reoccurring cuts at the university will cause Moscow to feel the repercussions."

"If large cuts are made in education, primary jobs in Moscow will be greatly affected," Jones said.

"We were basically importing money from all of the state through taxes and these were channeled back to Moscow and Latah County through the university, it's how our community stays healthy," Jones said. "It's a tough thing for us though when you lose jobs in primary employment because you also lose a level or re-spending,"

Although Moscow hasn't been hit hard by the economy, the city is preparing and anticipating the economy of tomorrow, Chaney said.

Police Log

Monday, Feb. 7

1:33 a.m. — A male reported his ex-girlfriend was knocking on his window and trying to get into the house.

10:58 a.m. — Someone was going to land a helicopter at Tidyman's and wanted to make sure that the parking lot was clear for landing.

reported a male was using a screwdriver to get into a trailer. It turned out to be the resident of the trailer.

Thursday, Feb. 10

9:28 a.m. — A female reported her storage unit was broken into and all her stuff was taken.

3:29 p.m. — There was a report of three or four juvenile males beating one another up. Friday, Feb. 11 12:31 a.m. — There was a two-vehicle accident with injuries on West Third Street. 8:30 a.m. — There was a report of a woman driving

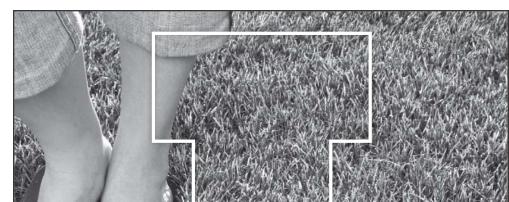
while putting her make-up on and was swerving all over the road.

6:29 p.m. — A female reported her vehicle's tires were slashed.

Saturday, Feb. 12

1:14 p.m. — There was a report of a subject who had gone missing for about an hour and had left a note hinting at suicide.





4:07 p.m. — Someone reported his cat was shot this morning and that the cat's leg was broken in about four places.

was broken in about four pla **Tuesday, Feb. 8**

5:05 p.m. — Someone

Sunday, Feb. 13 6:56 p.m. — There was a report of a female coming to the reporting subject's back door and saying that someone had performed black magic on her.



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Breaking cultural boundaries

Brittany Kiser Argonaut

This year's theme for "Shades of Black: A Legacy," reflected black history's past while still looking toward the future.

"Shades of Black' is performing arts, dance, poetry . . . anything that's expressive but entertaining at the same time," said Kwapi Vengesayi, University of Idaho alumni and creator of the show.

He said this year they tried to blend more semi-professional acts into the show.

'We wanted to bring in acts that were more professional," Vengesayi said. "The show isn't perfect though, it's not supposed to be slick like some Michael Jackson performance. The majority of the acts are still students because it's supposed to reflect the community it's in."

Vengesayi said Sean Carson, a solo R&B singer, and Kevin Woolford, a vocalist and pianist for the group Genevieve, were two of several performers in this year's show. Students and performers from all around the Palouse and the Pacific Northwest participate in this event each year.

UI sophomore Maudy Martinez attended and said there were performances ranging from Polynesian dancing to drumming and poetry.

"My favorite part was probably just the whole theme of it," Martinez said. "It was about evolution and how the black culture has evolved. A lot of things exemplified how we shouldn't result to violence or fighting. It's our generation's job

to step up, push forward, and make people more aware of our world, the people in it, and how we should treat each other as human beings.'

She said the show was both entertaining and educational.

"I don't ever want to miss a 'Shades of Black' show again," Martinez said. "The entertainment was great, and it was very eye-opening. I've heard about things that have happened in the black community, but when you sit through a whole presentation like that, it makes you think about things . . . how the world is really being impacted by the decisions people make.'

Vengesayi said he created the "Shades of Black" show in order to bring people of the same heritage together, and also to spread awareness.

"It was one of those things where I was just sitting in the Commons sharing with friends," he said. "I noticed that in Moscow and Pullman we had a lot of active organizations of African descent . . . it was just an idea that I decided to follow through with.'

Vengesayi said the show continues to grow, and in order to sustain that growth, more resources are needed.

"Moscow benefits from the show most, so we don't want to move it anywhere," he said. "I created it here, so in a lot of ways it belongs to the University of Idaho . . . a lot of students and even administration would argue that it's arguably the best multicultural show.

Human trafficking firsthand

Molly Spencer Argonaut

On Feb. 16 Justin Dillon will fly to the University of Idaho to screen his documentary "Call + Response," as part of the Human Trafficking Awareness campaign being held by several student organizations from both the University of Idaho and Washington State University, said Zack Govtowski, director for the campaign. "Dillon came across the issue of human trafficking while touring in Russia. He met scores of girls whose ambition to come to (the) West was being preyed upon by traffickers," Goytowski said. "During his visit, his interpreter, a young girl, shared with him the many 'opportunities' that were being offered to her to come to (the) West.'

Dillon then investigated the false job opportunities and became enraged at how easy it was to trick them. After sharing with them the dangers of these proposals, he vowed to do something about this once back in the U.S. "Upon arriving back in the United States he looked around to find organizations that were addressing the problem and found that they were few, small and under-funded, but passionate," Govtowski said. "He immediately started hosting benefit concerts for these organizations in order to support and spread their work."

Goytowski said Dillon was featured in a "rockumentary" that combined both critically acclaimed artists and social luminaries in the film, "Call + Response."

"Dillon and the film have been featured on CNN, The Today Show, MSN-BC, Dr. Phil Show, Los Angeles Times, Washington Post, Chicago Sun, Huffington Post, and the Seattle Times along with speaking engagements at the White House, Dept. of State, United Nations events, Princeton University, Harvard University and Columbia University," Govtowski said.

Dillion's a well-known advocate of human rights, and Goytowski said he thinks it is really cool to get him on campus, especially since he has witnessed human trafficking firsthand.

BUDGET

from page 1

bigger class numbers and less one-on-one time with teachers. Salary cuts will have to be a possibility too.'

No set numbers have been established in regards to tuition increases, but Parrott said the number will definitely increase.

"We had a meeting on Friday to discuss allocation of activity fees to different areas, such as the Women's Center, Counseling and Testing Center and the Sustainability Center.

Funds are very limited, and where that money goes is important, he said. UI Alcohol Outreach pro-

gram through the office of the Dean was another program requesting fees.

'We've been focusing on different options to do what we can including engaging students to write letters to their legislators on how big of an impact this will have on their education," he said.

ASUI policy adviser, Matt Cook said he had worries both as a student and ASUI member.

'...I'm worried that fees will greatly increase, and since I'm from out of state, I'm already paying a lot of money, and if it goes up too much, I will not be able to fund my education. I can only take out so many loans," he said.

As the ASUI policy adviser, Cook said he is worried it will be hard to maintain the student retention rate with increased fees.

Parrott said an increase in donations from alumni, even in the state of the economy, is really helping.

"Also we have had no choice but (to) partner up with corporations, which is good and bad. It is an instant financial boost, but it is usually on contract, and when research is completed, sometimes UI can't put their name on it," he said.

Parrott said he plans to use the remainder of his term to focus on working on the student's behalf to get the most beneficial outcome from the shortfall issue.

"I think it is important to remember as a university, we aren't going anywhere. We have seen many hard times over the years, but other universities are experiencing much larger financial issues," he said. "University of Washington has lost approximately half of their state funding over the past three years, and Washington State University is looking at about a 40 percent tuition increase. California's tuition rates have about doubled."

CAREER

from page 1

Berwick said the Career Center is looking into having more niche based career fairs to benefit both students and employers.

"We plan on restructuring," Berwick said. "Certain industries don't specifically recruit here and students feel underserved. For example, expanding the Engineering Career Fair to Science and Technology."

Having fairs more specifically focused on certain majors will better meet the needs of student, Berwick said.

Students in the majors that were not being recruited by any of the visiting employers, Berwick said, should visit the Career Center.

"Some employers don't do recruiting and hire when they have an opening," Berwick said. "The Career Center offers numerous opportunities, so come in and meet with us."

Berwick also said students appeared more prepared than last year.

"We didn't have as many students show up in sweat pants or gym shorts," Berwick said, "and there was nothing in the employer feedback so far about dress code this year."

PARKING

from page 1

care of, the new policy will tackle vehicles with three unpaid or un-appealed citations older than 15 days. Vehicles that have a permit will be alerted 24 hours in advance of

many students. "It's (Career Fair) great,"

The fair was beneficial for

said Ashton Corbit a senior in management and human resources. "It keeps us informed and brings the employers to us instead searching for random jobs on the internet."

Corbit said she attended the Career Fair because it gives a face-to face opportunity, even a leg-up.

Kathy Hill, recruiting and staffing and human resources for Naval Reactors Facility, was recruiting on behalf of Bechtel.

For future reference, Hill said dress code is a big deal and they attend fairs where students are not permitted if they aren't properly dressed. Hill also said students should make sure to have a name tag.

"If we see an engineering major walk by, we will reach out and grab them," Hill said. "But if they don't have that name tag, they can walk right by."

Hill said they keep returning to the fair because of the quality students found at the UI.

'We come to the UI twice year," Hill said. "We come to (Washington State University) and UI because of the quality of students we get here.'

"revocation." If the fine is not paid and the user parks with the revoked permit, they will receive a 24-hour notice of a wheel lock followed by potential for a wheel lock.

Comment online at uiargonaut.com

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ACCIDEN'

from page 1

road is one of the No. 1 killers.

"There were no breaking marks — she never applied the breaks," Schwecke said.

The wheel tracks show the Blazer followed a gradual trajectory off the road, across the gravel shoulder and over the embankment, Schwecke said.

"It was probably instantaneous," Schwecke said. "If she was sleeping, she may have never known she was in a wreck."

Maxwell was thrown from the vehicle.

"Had she been wearing (a seatbelt)," Schwecke said, "I think she would have had less extensive injuries."

Hedley said he is confident Maxwell will pull through.

"Andree' suffered from multiple injuries including a fractured skull, broken back, two broken collar bones and a number of broken ribs," he said. "After falling off my fraternity's roof in January 2009, I suffered a broken back and fractured skull as well, and I made a full recovery. I have full faith she can come out of this."

Kappa Delta sorority released a statement saying it has "been dealt a great loss," but did not allow members of the sorority to comment on the incident. They have set up fundraising efforts to assist the Maxwell family in paying for medical expenses. Donations can be given directly to Kappa Delta or brought to a fundraising booth this week in the Idaho Commons.

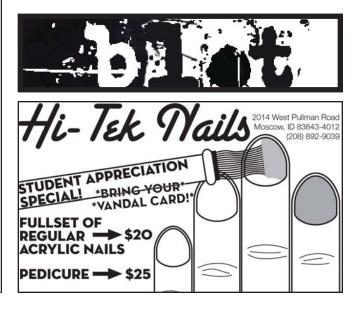
"We are trying to get stuff going as soon as possible," said Brandon Cary, Delta Chi president.

Cary said the table was his idea, because of his connection to Maxwell and Bonasera.

'Andree' is my girlfriend's roommate and Michelle is kind of a third roommate," Cary said. "This hit close to home. Michelle and Andree' were always hanging around the house everybody knew them."

Cary said Maxwell's mother is a single parent, and Maxwell has two younger siblings.

"We'll be doing the booth all week," Cary said. "Get people thinking about it and bringing a couple bucks with them when they come to class."



Sports & Rec

Page 5 February 15, 2011



File Photo by Katherine Brown | Argonaut Idaho junior Jeff Osborn cuts off Montana's Max Hardy and Michael Fisher in the men's one mile race in the Cougar Indoor in Pullman.

Track and Field leads conference

Vicky Hart Argonaut

Vandal track and field leads the WAC in four events after this weekend's Husky Classic and University of Washington Indoor Open in Seattle. The University of Idaho now boasts conferencebest performances in men's pole vault and shot put, and women's 800m and 3000m races.

The indoor season comes to its climax Feb. 24-26 at the WAC Championships in Nampa. The Vandals' last meet of the regular indoor season, the Cougar Open, will be hosted by Washington State Feb. 19.

The Vandals held up throughout the two-meet weekend in Seattle, delivering on both Friday and Sunday.

"Both days went really well," coach Wayne Phipps said. "It was nice to see people get in more than one race and come back the next day and still compete very well."

Junior Jeremy Klas vaulted 1707 (5.36m), the second-best of his career and best so far this season, tying for seventh in the nation and moving to first in the WAC. Senior Eugenio Mannucci, who placed first in shot put at every meet so far this season, hit

see TRACK, page 8

Women sweep Boise

Kevin Bingaman Argonaut

The Vandal women's basketball team extended Boise State's losing streak to seven and completed its season sweep when they trounced the Broncos 61-46 Saturday night at Taco Bell Arena in Boise.

It's the first time since the 1996-97 season that the Vandals (13-10, 6-5 WAC) took the season series against Boise State (11-14, 2-9 WAC), and it might be the last opportunity for a while, as the Broncos are moving to the Mountain West Conference next season.

Idaho will come home for its final two home games, and face Nevada Thursday and Utah State Saturday. The Vandals will be on the road for their final three games.

The Vandals started the game against Boise State shaky trailing by 11 early, but the Vandals responded by going on a 15-1 run to storm back and take the lead. Idaho coach Jon Newlee said he's happy with the way his team responded to the early adversity.

"I told my guys, it's a tough start but there's a lot of game left," Newlee said. "It was a physical basketball game. I said, 'You have to battle through it, you can't worry about it, and you have to continue to look for good shots and quality looks.""

The Vandals did not relinquish the lead and cruised to the victory against their rival. The game was a battle with the Vandals outscoring the Broncos 26-16 down low. Newlee said taking the battle to Boise State's posts was a large part of his game plan.

"Boise kids inside are very physical, they're big kids," Newlee said. "We try to use our quickness on the perimeter and maybe get by them and get to the rim and maybe get some fouls. We made a conscious effort to get the ball down on the low block, and it seemed to work out for us."

Derisa Taleni led Idaho with 17 points while Yinka Olorunnife pitched in with



Photo Courtesy of Spencer Farrin

Boise State fans watch as Vandal guard Keri Arendse advances the ball up the court on a fast break play in the first half Saturday at Taco Bell Arena. The Vandals completed a season sweep of Boise State, beating the Broncos 61-46.

15. Freshman Alyssa Charlston rounded out the Vandals in double figures with 11 points in her fourth start of the season.

It was a big win for Idaho, not only because it was a rivalry game, but brings Idaho back

into contention for third place in the conference. Idaho has been struggling on the road and Newlee said his team's ability to keep its composure in this one was huge.

"I said, 'Poise, composure, on the road goes a long way,' and I think they took that to heart, they kind of settled down and started playing their game," Newlee said. "I think tonight, for three quarters of the game, we came out and did a great job of executing our stuff."

2/19 Cougar Open - Pullman

Upcoming Events:

2/24-26

WAC Indoor Championships - Nampa, Id.

Turnovers cost Idaho men at Boise State

Theo Lawson Argonaut

Turnovers and missed free throws were key components in Boise State's season sweep of the Idaho men's basketball team, who suffered a 69-63 loss

to its rivals Saturday night. The Broncos (14-11, 7-6 WAC) made the most of the Vandals' 19 turnovers and seven missed free throws, and Idaho (14-11, 7-6 WAC) couldn't squeeze out a win at Taco Bell Arena in Boise for what would've been the third year running.

Despite the loss, the game against Boise State was a third consecutive career night for senior guard Jeff Ledbetter, who finished with 19 points, 12 of those coming from six 3-point shots. Ledbetter, who has now racked up 74 baskets from behind the arc, is now tied with former Vandal Steffan Johnson for the third most 3-pointers in a season.

Idaho takes a short break from WAC play with an upcoming ESPN BracketBuster match-up at Big Sky Conference opponent Montana State. The Bobcats (11-13, 5-6 Big Sky) have lost the last six games and are preparing for an upcoming game with WAC opponent UI 19, BSU 10 FG% -UI 55%, BSU 41% Total Rebounds -UI 22, BSU 19

Team Fouls -

UI 19, BSU 16

Quick Hits:

Turnovers -

San Jose State. Idaho hopes to avenge last year's BracketBuster loss to Long Beach State with a win in Bozeman. The game tips off at 6:05 p.m. Feb. 19 in Montana State's Worthington Arena.

Eight of Idaho's 19 turnovers were committed in the first half but the Vandals withheld a field goal percentage of 59.1 percent, much higher than Boise State's 40.7 percent. The Broncos only turned the ball over on two occasions, one of the key figures to the hosts' 36-33 halftime lead.

The Vandals faced rebounding struggles up until the

see **MEN**, page 8

Cycling club grows in number

Vicky Hart Argonaut

Aaron Buckley bought his first road bike when he was 13 years old, and his love for cycling led him to the Vandal Cycling club when he moved to Moscow for school.

The bike shop in Buckley's Ohio town was the site of his first encounter with competitive cycling and the driving force behind his continued interest in the sport. When he decided to attend the University of Idaho, Vandal Cycling was one of aspects of the community he researched beforehand.

Buckley, a resource recreation and tourism major, moved to Moscow in 2009 and immediately got involved with the cycling community.

"When I first got here I was really big into bicycles," Buckley said. "They had something out on the lawn in front of the (Student Recreation Center). I signed up and got on the e mail list."

Vandal Cycling sends updates to its members regarding times and locations of group rides, workouts and upcoming events. The group organizes spin sessions on stationary bikes in the gym three times a week for free. On Saturdays and Sundays they meet outside of One World Cafe for group rides in the area.

"We're out riding as much as possible," Buckley said. "Most people get out about five times a week."

The club president, Birk Roseman, coordinates the Vandal Cycling website and Facebook page. Members pay dues, but most costs are covered by local businesses that sponsor the team. Matt Morra is the team's faculty liaison to the university. The team's recent acquisition of matching yellow jerseys makes members easier to spot in a cluster on Moscow roads.

During the last couple of years, Buckley watched the group grow in members and diversity.

"This season, compared to last, we have a bunch more riders," Buckley said. "Granted that everybody's out there rac-



Steven Devine | Argonaut

The Vandal Cycling club has been growing over the last couple years and welcomes anyone to come join the club. Spinning sessions are held in the University of Idaho Recreation Center to help members prepare for the long 40 and 60 mile road races. The team will travel to Washington, Oregon, Montana, and Boise during the collegiate racing season starting spring break.

ing, I think we'll field a good group ... The numbers have gone from four to six people, up to 12 to 16 people."

Members range in age, major and degree level, but not as much in gender as Buckley would like.

"We actually have had more women becoming interested recently," Buckley said. "We're trying to support that by doing more women only rides, so it's not this macho 'I'm going to rip your legs off' sort of thing."

The 40 to 60 mile road races can be intimidating, but Buckley insists that all skill levels are welcome to try out a spin session or group ride.

"We're keeping it informal and relaxed so people can learn and feel comfortable," Buckley said. "It's such a fantastic thing to do that we want to get people out enjoying it."

First-timers can borrow bicycles

from more experienced riders and test their strength.

Buckley alone has six different bikes — a mountain bike, a cycle cross bike, a bike to get around town and a few road bikes. His carbon fiber road bicycle is an investment he makes use of every day. For each type of bike, there is at least one racing event.

Vandal Cycling focuses primarily on collegiate road racing, Buckley said. The competitive season begins with spring break and covers the following eight weekends. The team will travel to races in Washington, Oregon, Montana and Boise.

Weekend-long competitions pit universities against each other.

"For a standard weekend we go out there as a big group with university ve-





The Laughter Yoga Club adviser Matt Wappett, far right, leads the first official club meeting Monday morning in the Clearwater Room in the Idaho Commons. Wappett warmed up the group first with fake laughter, which he explained would lead to genuine laughter later.

Laughter Club is rolling

Kelsey Nash Argonaut

Laughter is the best medicine. Or at least that is what the the University of Idaho Laughter Yoga club said it believes.

The club claims to promote childlike playfulness, the spreading of smiles and physical and psychological well-being. Junior Paige Reid is one of the founders of the club, but it was her partner Doyle Budd's idea to start the club.

"I'm getting the club going but it was his idea initially last August," Reid said. "I don't know where the idea came from. He heard about laughter yoga somewhere."

Laughter Yoga, the basis for the club, was started as a club in 1995 by Indian physician Madan Kataria. Today, there are more than 6,000 Social Laughter Clubs in about 60 countries. The concept of Laughter Yoga is based on the scientific fact that the body cannot differentiate between fake and real laughter. What starts as simulated laughter soon turns into real, contagious laughter.

The laughter can help relieve stress or even be used as a form of therapy.

"It can be a lot of things," Reid said. "It sounded like a good environment to promote."

The first few club meetings will be lead by the club's adviser Matt Wappett because he's led laughter yoga exercises before.

"It's not like a comedy club, you don't go and tell jokes," Reid said.

Reid said from what she's learned, the first thing the club will do is laugh together as group. Then they will lie down and laugh on their own. Then the session will end with meditation.

"Eventually everyone's just erupting in laughter," Reid said.

One of the perks for busy students is each club meeting will only last about 20 minutes. Its 8 a.m. start time means students with 8:30 a.m. classes can easily go to laughing club to be energized before class.

The club had a few informal meetings last semester, but they're hoping more people will show up now they are an official club.

"So far it's just been word of mouth spreading around," Reid said. "I wouldn't be surprised if we had 10 or 15 students."

Reid said she could definitely see students being interested in the club around finals time, but she's hoping they'll be involved during the rest of the semester.

"I think once students come and try it, they'll realize that it's not a huge time com-

mitment and it's just a positive, healthy thing to be a part of," Reid said. "There's been lots of research to prove that laughter is truly healthy and good for our bodies."

The club's goals for the semester include attracting members and becoming a presence at events like Vandal Friday.

"I guess our biggest goal is not to wilt," Reid said.

They also hope to reach out to the community and maybe organize some flash mobs for laughter. A flash mob is a group of people who assemble suddenly in a public place, perform an unusual act, and then disperse.

Reid said there is no special equipment necessary to participate in laughter club.

"You can just come in your normal clothing, you don't need anything special," Reid said. "Just come with an open mind. It's gonna be worth it."

We're on Twitter @uiargonaut



Montana Grizz surprise Vandals

Jacob Dyer Argonaut

The Idaho men's tennis team headed to Missoula Saturday but weren't able to extend its record to 9-1 after two games, as the Grizzlies brought more than the Vandals had expected.

The Vandals left Missoula with an 8-2 record and now



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(208) 883-0536 415 S. Main St. Moscow, ID 83843 face three matches this weekend, the first of which is Gonzaga in Spokane. After that the team will have a month before they see the court again.

The Grizzlies defeated the Vandals 4-3 with help from dominating performances by some of their singles competitors. Montana player Andrew Warren defeated Vandal freshman Jose Bendeck 6-2, 7-5 and Mikolaj Caruk defeated junior Alan Shin 6-1, 6-3.

The Grizzlies' other two victories of the day were closer but only one needed to go three sets, as Carl Kuschke defeated sophomore Marius Cirstea 3-6, 7-6(7-5),6-1 and David



File Photo by Steven Devine | Argonaut

Jose Bendeck practices in the Kibbie Dome Thursday afternoon and traveled with the rest of the Vandal tennis team to Montana Saturday to face the Grizzlies. The Vandals are now 8-2.

Cysneiros defeated sophomore Abid Akbar 6-2, 7-6 (8-5). Idaho men's tennis coach Jeff Beaman said he was not pleased with the play of some of his team.

"They are always a tough team to play, especially at home," Beaman said. "They really come out and competed

well and we had some guys who did not compete at all well."

The performance of UI seniors Lachlan Reed and Alex Joitoiu were one of the highlights for the Vandals Saturday. Reed defeated Josh Smith 6-1, 6-1 and Joitoiu defeated Michael Facey 6-2, 6-4. Beaman said he got the kind of play from his seniors that he expected.

"Those guys are both seniors and they are showing up everyday and playing hard every day," Beaman said.

As has been the case all season long, the doubles teams made another strong

see **TENNIS**, page 8



Get Out There AR15, hunting rifle?

bigger than a coyote. But this is a problem

that has just found an answer and a whole

The AR15 frame is probably the most popular modern rifle for target shooting and small game. But is this a rifle you could take deer hunting next year? Maybe so.

The AR15 platform is one of the most versatile rifles ever built. The ability of the rifle to be easily upgraded and customized has made it the must-have for tactical shooters. The rapid rate of fire and ultra low recoil has made the rifle a perfect

choice for hunters weeding out predators and small game. The rifle is also ultra tough — if you can keep it good and lubricated, it will fire in almost any condition.

The only major setback to the AR15 is the puny .223 bullet it fires. While it is possible for an experienced shooter to kill a big game animal with a .223, the caliber is simply too lightweight to rely on for knockdown power on anything much



Argonaut

for your deer problems. This caliber gives the AR a whole new personality — while it can still be used for coyotes and other small game, the 7mm-08 will be able to effec-

tively fill your freezer for you too. The 7mm-08 is just the start of the many calibers now on the market for the AR, from conversion kits for .22 long rife, to big-boy calibers like the .338. For whatever you're hunting, there is a caliber available to do the job.

But there is another issue the AR has to face, and it's one that has done just as much to hold the rifle down as the wimpy .223.

Traditionally hunters have a general idea of what a hunting rifle should look like, and the AR isn't it. The tactical composite plastic and stockpile of ammo make the mind wonder to the military story behind the AR, not the hunting trips with Grandpa. But the AR is slowly changing their minds, or maybe just outliving those that didn't think it appropriate, and the rifle finds its way into the hands of more and more hunters each year.

The AR is a fast-handling, smoothshooting rifle that has proven itself on the battlefield, and is working its way into the hunting world in epic fashion. So when it comes time to shop for your next hunting rifle, give the AR a good look.

Zumba and gravity – new ways to workout

It's officially been two weeks since the beginning of my journey on the Vandal Fitness Challenge, and it's been

full of sore muscles and tasty, healthy food. As part of the challenge, participants are given five free Wellness classes at the Student Recreation Center, so I took advantage of them and attended two Zumba classes and one gravity class.

It hurt when I sneezed, it hurt when I walked, it hurt when I laughed ... you get the picture.

Exercise

Despite the rigorous pace and movement, Zumba is a good time. Fifty minutes pass much faster than they would on an elliptical machine or treadmill, and pop songs and tribal music are frequent additions to the playlist. The songs would make you want to dance with or without the exercise routine — the

By the end, if you aren't feeling energized and exhausted at the same time, you've done something wrong.

Gravity is a different ballgame, as it is aimed toward strength training rather than cardiovascular exercise. A gravity machine looks a little like an apparatus for situps, but the seat moves up and down. It's also equipped with a pulley system, giving it an all-Argonaut around design that has the capacity to work every part of the body.

From crunches to pull-ups with varied resistance depending on the position of the machine, one 50-minute workout can leave you begging for mercy.

But with the soreness comes the knowledge that muscle is building, calories are melting and every time will get a tiny bit easier. Wellness classes are \$3 each, and they provide a respite from the monotony of standard exercise machines. Students can find a schedule

way to start the day, as it kickstarts the metabolism and lasts longer than carbs. But it's hard to find sources of protein that don't consume a lot of time very few college students have enough time to spend cooking scrambled eggs with turkey or ham in the mornings.

it is aimed

toward

training

rather than

excercise.

One simple so-lution: Bagel Thins Gravity is are sold in many generic grocery stores a different as well as Walmart, and they are the perfect alternative to regular bagels. They're much smaller, making them 200-300 calo- strength ries less, and easier to make a breakfast with. In the morning, toast the Bagel Thins while frying one egg on medium heat. The egg should take no longer than three to

four minutes, and by the time the bagel is toasted it should be ready. Butter or other spreads shouldn't be necessary, as the middle should provide the flavor. After adding the egg between the two slices of bagel, put a slice of Lucerne Smooth Melting Cheese on top. It's

only 60 calories, melts fast and tastes amazing. The sandwich adds up to 240 calories total, which is the perfect amount to start the morning and keep you full through lunch.

For lunch, hit up the deli at Safeway and get some pepper turkey for sand-

wiches. Those who find the flavor of standard turkey boring and don't want ballgame, as to add a bunch of toppings will be more satisfied by the pepper flavor, and for some extra lowcalorie flavor. add avocado. Two slices is only $50\ {\rm calories},$ and cardiovascular avocado is loaded with nearly 20 nutrients, including potassium. It also acts as a

> which helps the body burn more fat. Explore options and recipes

> nutrient booster in the body,

Rondo's tripledouble helps Celtics top Heat 85-82

Page 7

Jimmy Golen AP Sports Writer

BOSTON (AP) - LeBron James and the Miami Heat couldn't win in Boston in the regular season. And now they might have to do it in the playoffs.

Rajon Rondo had a triple-double, and James missed a crucial free throw with 12.5 seconds left in the Celtics' 85-82 victory over Miami on Sunday. Boston improved to 3-0 against the Heat this season, taking back the top spot in the East and clinching the potential tiebreaker for home-court advantage in the playoffs.

The teams will play again in Miami on April 10.

'They are the defending Eastern Conference champions. You have to go through them, and they ain't going to make it easy," Heat coach Erik Spoelstra said. "We understand that this isn't going to be an easy ride for us, and that's where we're at our best.

The Heat eliminated most of a 13-point fourth-quarter deficit and trailed 83-81 with 19 seconds left when they brought the ball in from a timeout and got it to James at the top of the key. He drove on Paul Pierce and drew the foul but missed the first shot, then made the second.

On the ensuing inbound pass, James went into the stands for the ball but merely knocked it to Ray Allen; the Celtics got the ball downcourt to Glen "Big Baby" Davis, who was fouled. Davis hit both foul shots with 6.3 seconds to go, and Mike Miller missed a 3-point attempt in the final seconds that would have sent the game to overtime.

"I thought Rondo just willed us the game." Doc Rivers

"They're going to be a different team in March and April, the more important months, when we'll probably have to see them again," said Paul Pierce, who was 0-for-10 from the floor and scored just one point. "It gives us the series in case something happens with a tiebreaker."

The Celtics have won 12 of the Coach last 13 games against Miami, including a 4-1 series victory in the first round of last year's playoffs; they

then knocked James and the Cleveland Cavaliers out in the next round. James fled to Miami to join Chris Bosh and Dwyane Wade, but the Heat still haven't been able to beat Boston. "This is classic, typical bigger brothers," Wade said.

"You've got to get over the hump. We're getting closer and closer, but we're not there yet. It can happen at any time. It can happen in the playoffs."

Bosh scored 24 with 10 rebounds and James had 22 points for Miami, which had won eight in a row.

Kevin Garnett scored 19 with seven rebounds and Kendrick Perkins had a season-high 15 points for Boston, which snapped a two-game losing streak. Rondo had 11 points, 10 assists and 10 rebounds while bothering James enough to force him into four first-half turnovers.

'I thought Rondo just willed us the game," coach Doc Rivers said. "Rondo just took it upon himself that whoever was bringing the ball up he was going to guard and harass. And I thought that changed the game for us.²

Pierce had his lowest scoring total since 1999. He said afterward he was bothered by hand and foot injuries and would have an MRI on his left foot Monday.

Miami took a 43-39 lead into halftime, but Boston scored 12 of the first 13 points in the third quarter and opened a sevenpoint lead on Allen's 3-pointer with 8:31 left. After Wade drove for a layup, Allen hit a 15-footer and Wade was called for a flagrant foul for elbowing Garnett while fighting for position.

While the referees discussed it, the Heat gathered on the court and Rondo lingered outside their huddle until James pushed him away. Allen intervened to pull Rondo away.

Garnett made both free throws, giving the Celtics a 59-46 lead. In all, Boston outscored the Heat 20-3 in the first 5:17 of the third quarter, hitting its first seven shots.

"We definitely dug ourselves a hole," James said. "We can't nto Boston and turn the ball ov



routine just burns a heck of a lot more calories.

On average, a person can burn between 500 and 800 calories per hour with Zumba of Wellness classes on the University of Idaho's website.

Food

Protein is often the best

online and keep variety in your exercise regimen. It prevents boredom and makes losing weight feel less like a chore.

the first half. We also can't afford to come in in the third quarter and not have our motor going and let them go on a 20-3 run to start the quarter. I feel 10 times out of 10 you're going to lose those games."





Yoga offers health benefits for stressed students

some focus on strength, while others work more

being able to stretch out, get some strength,

focus on breathing deeply so that when we go

through our day today we'll go 'oh remembering from yoga this morning, OK' ... just

In addition to the sunrise yoga and basic

yoga, the SRC also offers power vinyasa yoga

and flow yoga. Miller has been doing yoga

for eight years and teaching sunrise yoga for

five. She said she takes workshops around the

Northwest to keep updated and practiced.

Miller said because the classes at the SRC

aren't courses with set enrollment numbers,

each yoga class has different skill levels and op-

portunities for beginners to modify the move-

whether you're a beginning or advanced person,

the poses that we do will be beneficial to you, so

it doesn't matter if this is your first time or not,"

Miller said. "The poses we do and the way we

ran a career-best mile (4:52.30) in the Husky Classic, and then moved to the front of the conference Sunday with a 9:43.41 in the 800m race.

said of Kiser. "Every weekend she keeps getting

better and better. It's her first-ever 3k and she

runs 9:43.41 to rank first in the WAC, and then

her mile is second in the conference, so that was

event, thanks to sophomore Laurel Draper's

career-best 2:15.30 Sunday. Redshirt fresh-

man Kyle Rothwell holds the WAC's fourth-

place weight throw with a career-best toss of

51-1.75 (15.59m) that earned him third in the

meet. Andrey Levkiv, another redshirt fresh-

man, followed Mannucci to take second in the

UI also claims the fourth-fastest time in the

"She's been having an amazing year," Phipps

"All of us are trained well enough that ...

"For me it's the sunrise (yoga), so I want to be able to start the day off right for every-body," Miller said. "So I want everybody

on flexibility or relaxation poses.

take a deep breath and relaxing."

ments to their needs.

teach, they will help everyone."

Kelli Hadley Argonaut

Bikram, hatha, vinyasa, power - there are many types of yoga, but a basic 50-minute session of beginning yoga has health benefits that go beyond touching one's toes.

Elizabeth Miller, sunrise yoga instructor at the UI Student Recreation Center, said the most noticeable benefit those who begin doing yoga will see is a gain in flexibility. She said sometimes track and field athletes come to her classes to increase their flexibility, which she said reduces the risk of injury in the long run.

"Just the fact that you're engaging every part of your body with the stretching, is almost like a tension release," Miller said. "It's invigorating, just like if somebody gets done with a 20 or 30 minute workout — it's releasing those endorphins through the body. But if you were to take yoga, at the end of our session today, for one you'll feel more flexible, more stretched out for the day.

Miller said she likes doing yoga early to get ready for the day, and different instructors put more emphasis on certain poses than others -

TRACK

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mark of 58-1.25 (17.71m). His indoor career-best shot placed Mannucci 33rd in the NCAA.

Liga Velvere, a sophomore first-year Vandal, posted three career-bests in Seattle. Her 56.14 in the 400m is the WAC's third-fastest this season, and a 2:13.73 in the 800m places her at the top of the conference in the event.

'She could be successful in whatever event she enters," Phipps said. "I think that's a trait of all good 400-meter hurdlers - you have to have the speed of a hurdler and also the strength to be able to run well in something like the 800."

Freshman Hannah Kiser continued to set personal and conference records this weekend. She

TENNIS

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performance Saturday morning and took two out of three matches. The surprise for the doubles teams Saturday came with the defeat of Reed and Bendeck, when they received their first defeat of the year 9-7.

After an overall disappointing performance for the Vandals, Beaman only had an hour to prepare his team for a second match against Montana State.

to make up for how some of the guys performed in the morning," Beaman said. "Instead of driving home, sitting around for a few days, it was 'you get one hour, what do you need to do?' and it's not learning new technique, not strategy, it's just show up and play hard.'

The Vandals made up for their morning performance by overwhelming Montana State 6-1. Every Vandal that won their singles match did so in straight sets, and no one

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rawr online at www.uiargonaut.com

allowed their opponent to win more than three games in a set.

The only loss of the match was attributed to an injury to Cirstea and would also affect the pairings for the doubles matches. Joitoiu and Reed paired up for the first time this year and walked away 8-6.

Bendeck teamed up with senior Kevin Lee, but was unable to defeat the team of Alberto Fuentes and Prithiv Sivasubramaniam 8-5. Akbar and Jake Knox came away 8-4.

9 in the Cowan Spectrum. The Vandals beat No. 17 Utah State Feb. 9, but recorded a MEN

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Utah State game but this time grabbed 24 total rebounds, and seven more defensive rebounds than the Broncos. Nevertheless, the first half repeated itself and Boise State took advantage of Idaho's 11 second-half turnovers. The Vandals, who have struggled on the road against WAC opponents all year, shot 65 percent from the free-throw line while the Broncos executed their post-foul shots almost perfectly, finishing 19-21 and 90 percent from the line. Idaho's scoring front only had two players in double digits-Ledbetter, and junior

Landon Tatum, who tacked on a career-high 13 points. Tatum was also 4-4 from the free throw line.

Coach Don Verlin was pleased with his teams' work rate and said there is room for improvement as long as they continue to fix various miscues.

"We always judge how we play on how hard we play, and I thought we played very, very hard," Verlin said. "I told them to keep their heads up. We've proven we can play with the very best teams in this league, and we've just got to continue to get better and better and clean up a few of our little miscues."

The Vandals managed to

'That was a great game for we showed a lot of character ---back to the lead."

The score was tied 12 times and the lead changed 11 times but Boise State scored 19 points from Vandal turnovers and the Broncos' bench contributed to 25 of their total points, opposed to Idaho's 20. "Just a few key plays down the stretch was the difference in this game," Verlin said.

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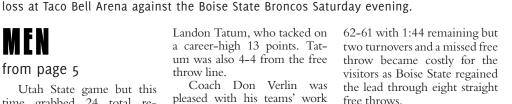
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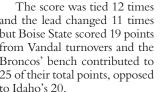
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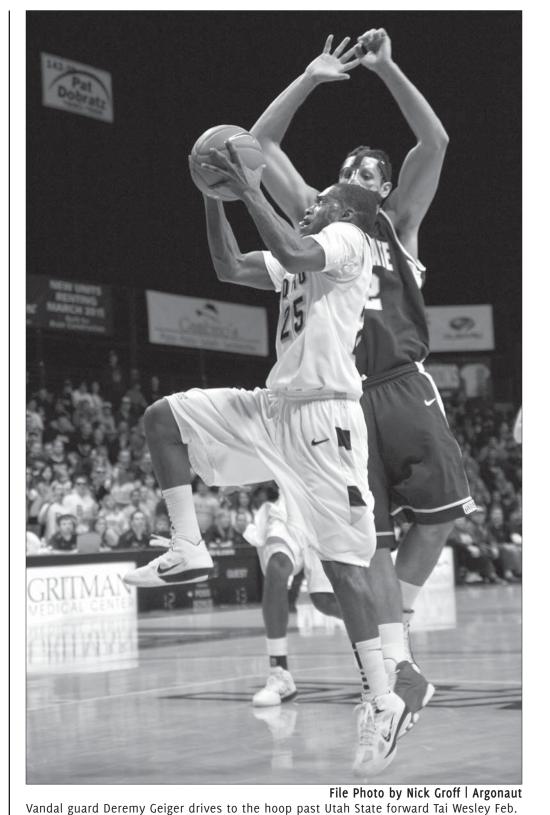
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free throws. the fans to watch, a great game to coach," Verlin said. "I thought we were down eight with four to play and found a way to get





CYCLIN

from page 5

hicles then stay with people who we'll be racing with the next day," Buckley said. "On Saturday, there's a road race in the morning then a

pionships) are going to be here," Buckley said. 'The route will go between Moscow and Pullman.'

Moscow's cycling community grows with the team and is one of Buckley's favorite aspects of the team. "It's about finding the community that I absolutely love," Buckley said. "It's a great social thing ... Having one person out is OK, but in a big group of people you can push each other."

"It was a great opportunity

shot put with 51-7.75.

very impressive.

team time trial in the afternoon.'

Buckley said on Sundays the team does a criterion, then packs up and heads home. Sometimes there are individual awards for winners of events, but not always.

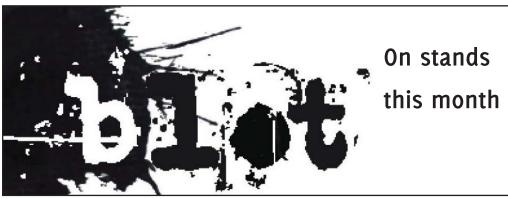
Cyclists represent their schools in a variety of categories and races throughout the season, but it all comes down to the championships at the end of the season.

"It's really cool this year because (the cham-

Buckley said there is no question about whether he'll ride bikes for his whole life.

"For my degree I'm looking at transportation and city planning," Buckley said. "I'm from Ohio where everybody drives cars everywhere and I'd like to show people that walking or riding bikes is a really awesome alternative.

stay competitive all game and the costly turnovers were canceled out by consistent shooting. Idaho found itself ahead



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OPINION

Our View

We mourn together

Sunday afternoon two University of Idaho students were driving southbound on Highway 95. They were traveling in a Chevy Blazer that rolled over an embankment after the driver drifted off the road.

The driver died.

Michelle Bonasera was 19 years old, a member of the Kappa Delta sorority, an exercise science major - she was a Vandal.

In times like these, it is important for us to come together as a community, to show our support for fellow Vandals and be there for those who have been affected by the loss of a friend, family member, student and peer.

Regardless of the situation, a sudden death is difficult to cope with, and it is even more difficult when they are a member of our community. It is more than just the Kappa Delta house that is affected and more than the Greek community.

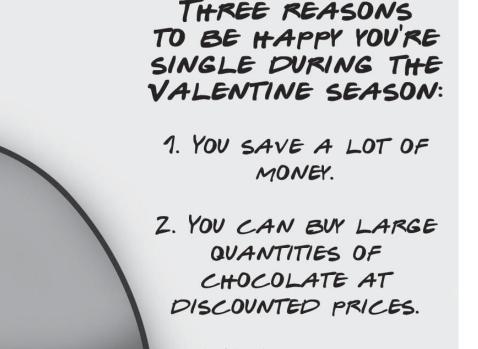
It is the person who sat next to her in class, the person she worked out by in the Student Recreation Center or walked past on Hello Walk. It is the person who cheered next her at a home game and the person she met at a friend's house. It is everyone, because we are all Vandals.

Andree' Maxwell is 20 years old, a member of the Kappa Delta sorority, an exercise science major — she is a Vandal.

chorolate

She suffered severe injuries in the incident and was transported to Sacred Heart Medical Center in Spokane. She has been through the first round of several surgeries and more are likely to follow. She needs the same support, the same understanding, but most of all she will need the support of her fellow Vandals.

The best place to look for support is to one another, but students should utilize every option available as well. Counselors are here, professors are here, resources are available. No one has to deal with this alone, and no one should. If one section of campus is in mourning, we all mourn with them. -ER



3. YOU'RE SINGLE.

Off the Cuff

Quick takes on life from our editors

All people should be free

Page 9

February 15, 2011

Small groups of people can enact great change. The protests in Egypt have led to an uprising in Yemen against corrupt and oppressive government. My thoughts and hopes are with these protestors as they are shocked and beaten. With modernity comes a screaming voice, shouting for change and evolution toward freedom for all humanity.

—Тапуа

What should I do? What should I do? Should I go to class? Should I do my homework? Should I sleep till 3 p.m.? Should I eat macaroni and cheese for three weeks straight? What should I do? — Jens

Gaga

Lady Gaga's new single, "Born This Way," is really terrible, and whoever's decision it was to play it every 106 minutes last weekend on ZFun, that idea was equally terrible. Gaga, Madonna called and left a message for you. She wants her '80s sound back. — Kelcie

Too much fun

Wow, three vacations are officially planned for this summer. Disneyland, rafting in Canada and sports weekend in Seattle here I come.

– Madison

Musings from a photographer

There was a ring around the moon the other night. I was always told when I was a child that a ring around the moon meant it is supposed to snow. However, it didn't. My dad also told my sister and me that he invented omelets. I guess I was a bit gullible as a child. -Nick

Time flies

I cannot believe spring break is in about one month. One month. Don't get me wrong, I am not complaining. I am stoked for it, but teachers and advisers always say this period of time flies, and before you know it, May is here. I think this might be the first year I have fully realized just how fast it does go. Life's too short to sit around — enjoy it. — *Elizabeth*

Reforming health care

The Pope, sex and Italian women

reform

Max Bartlett

Here are some statistics the U.S. ranks 43rd in terms of its infant mortality rate and has the highest infant mortality rate of any industrialized nation. The U.S. ranks 47th in life expectancy. About

47 million Americans have no health insurance. Half of the nation's bankruptcies are filed because of medical expenses.

Here is a related statistic: The U.S. is the only industrialized nation without universal health insurance.

Many of these statistics may be familiar. Americans may have heard them

throughout the past two years, during any of the ongoing battles about health care. For a while, the issue seemed to be settled. A compromise bill was reached, instituting some but not enough — health care reforms, the most significant of which was a change to insurance laws, preventing insurers from rejecting people based on pre-existing conditions. That seemed like the end of it. A compromise, some reforms, and nobody's grandmother got sent to the death panels.

But politics wouldn't be politics if the government didn't waste everybody's time. So naturally the debate is beginning again. One of the first movements Republicans called for when they took control of the house was a repeal of the 2010 Patient Protection and Affordable Care Act. They claim the law is unconstitutional. A Florida district judge

agreed, ruling earlier this year the law was unconstitutional because of the "shared responsibility" provision that requires people to obtain minimum health insurance coverage. The issue will probably go

to the Supreme Court, and the law will need to be reworked.

America needs universal health care. This bill was the first step on that road, and while it could have and should have done more to

Argonaut provide America with the health care it needs, parts of it

are still worth preserving. The law raises the income

level that is eligible for Medicaid, meaning families near the poverty line can obtain government-subsidized health insurance. It prevents insurance companies from denying people coverage on the basis of their pre-existing conditions. It subsidizes health insurance for small businesses and the lower middle-class. By 2018, it will provide all insured Americans with preventive care and checkups with no co-pay or deductibles.

That last part is important. Americans pay incredibly high prices for health care, primarily for emergency care. Many of the poorest Americans do not receive any preventive health care at all. If the U.S. is serious about reducing health care costs, it needs to provide preventive medicine to its citizens.



On Sunday, as thousands of angry men were still taking to the streets in Northern Africa, hundreds of thousands of Italian women were also assembling in the streets of Italy. Their efforts, however, were not widely televised, as the Italian media is controlled by the prime minister, who is currently accused of expecting sexual favors from Italian and Mo-

roccan showgirls. "We're not visible," an Italian woman said. "The privately-

owned TV channels, which belong to (Prime Minister) Berlusconi, and all but one of the (state-owned) RAI channels manipulate the news. So people know nothing, or only half, of what is happening.'

Italy is often perceived as an idyllic land of olives, islands and ancient castles. And, of course, religion.

Yet according to the World Economic Forum's latest global gender gap report, Italy ranked 74 out of 134 countries surveyed — 33 places below Kazakhstan. Less than half of Italian women have a job, and the notion they should not return to paid work after having a child is still widespread.

Last week, the 74-year-old Italian prime minister learned prosecutors had asked for his indictment on charges of paying an underaged sex worker and abusing his official position. One girl said she was told that she would have to make "sacrifices" if she wanted to get ahead.

The prime minister's Mediaset TV network has for years supplied the public with glitzy variety programs and quiz shows that feature "veline" — young, pretty women in scanty costumes whose most demanding duty in most cases is to simply hold up a score card.

Sexual suppression and religion have, for centuries, gone hand in hand. College students all know that when you suppress something, it becomes more desirable. Take drugs for example - outlaw marijuana, and see the black market thrive. Outlaw drinking for people under 21, and 19-year olds will go giddy for a six-pack.

The Pope, addressing youth in Latin America, has said,"My dear ones, beware of the devil. The devil will tempt you with drugs, alcohol and most particularly, premarital sex."

Osho, an Indian philosopher, however, said no one is tempting people.

Juliana Ward

Argonaut

... For years it has been the strategy of religions to throw responsibility on an imaginary figure, the devil, so they are not directly condemning our humanity," Osho said. "But it is nature, not the devil. And



Bethany Breeze

nature is not against you, it is for you. Sadly, our society forces teens to have sex in cars and behind sheds ... forcing people to deceive at a young age, and to have guilt."

He also said marital difficulties often arise because premarital sex is denied.

"It's like being told that you cannot swim until you are 21. Pre adult swimming is a sin. So then Argonaut you turn 21, and you go to jump into the river. You are jumping to

your death. When are you going to learn to swim?" Osho said in a speech about sex.

In a culture of subtle underlying sexual suppression and guilt, people cannot learn how to enjoy each other. People remain sexually immature. They never learn the value of pleasure, of self-understanding and physical expression. The world average of sexual maturity is 14 for a girl and 18 for a boy — yet many suppress and condemn it. Finally, people get married, but by this point they have missed their "peak," and they are often dissatisfied.

"When you are 30, you cannot have that quality, that intensity, that fire that you had when you were 18," Osho said. "If they had experienced it at its peak, its grip over them would have been lost.'

And so, the world sees in Italy the result of a culture in which sex has been suppressed. Women have been viewed as objects and old men are fantasizing and paving for the services of young women. Religious leaders are being accused of child molestation, and divorce rates have tripled in the last century.

"The Ruby case (of the prime minister paying a Moroccan belly dancer for sex) has revealed a system of political selection based on an exchange of sex and power," said Iaia Caputo, one of the organizers of the protests.

To be free of this underlying condemnation, these Italian women now

Condolences

My heart goes out to the Kappa Delta sorority and the families of Michelle Bonasera and Andree' Maxwell. I know you can pull through this tough time.

— Chava

Recognition

I know I've been complaining about how the OTCs have been lacking in depth, and I've been quite the smart aleck when it comes to mine. But, I want to take this opportunity to acknowledge everyone is always going through something, no matter if it is a painful experience or something positive. We all have that in common because we are all human. So, the next time you feel like it is you against the world, take a second to recognize we are all going through different things, and we need to support each other the best we can.

— Dara

Think before you speak

I've learned a couple of lessons firsthand in the last few days. Before you open your mouth to criticize, gossip or say unkind things, think about how you would feel if those things were being said about you. And before you complain about insignificant "problems," think about how much worse it could be. And someday might be. So be grateful while you can.

—Kelli

Meat

I took my girlfriend out for an early Valentine's dinner at Sangria Saturday. I ordered the New York steak with peppercorn sauce. If I had to choose which one I loved more, it would be the steak.

Major disasters can only captivate for so long

When tragedy hits some part of the world, as long as it is within the grasp of

major news networks, people unite and protest, rally, hold vigils, raise relief funds and do whatever they think can help. However, the support stops there. As soon as news coverage diminishes, so does awareness. Unless we are directly affected, we could care less what happens after we "did our part."

Page 10

Many would argue against this statement, claiming they Katy Sword do care, but few actually continue to follow whatever disaster they found worthy of their

attention. At the University of Idaho, students designed a large local effort for Haiti after its people were devastated by

Everyone likes to think they care. an earthquake, including collecting relief funds and hosting a vigil. Yet, a few months after the earthquake in Haiti,

> CBS News and other organizations released that none of the \$1.15 billion promised by the American government ever reached Haiti. Also, less than 15 percent of funds promised from the more than 50 countries and organizations actually found those it was intended for. But no one protested this news, because no one knew.

More recently, the people of Tunisia revolted, forcing their corrupt dictator into ex-

ile. This was mainstream news for a few days, but then an uprising began in Egypt and Tunisia was quickly forgotten.

Egypt managed to hold global attention. Again, students organized a "March for Solidarity," doing their part by rais-

ing awareness to the event. However, as soon as the news None of the begins to recede, students will no longer care. This has **\$1.15 billion** already begun to occur as Egypt reaches its maximum promised by media exposure and things the American slowly start to settle down.

It is not that people do **government** not care, or want to make a difference. At times they ever reached legitimately want to. But Haiti. we as people can only focus on one event or cause for so long. We rally, protest and

then move on. Sometimes our goal is achieved, but more commonly the steam and motivation runs out. We need fuel

to accomplish the goals set, and when the media stops supplying us with the initial source, we burn out quickly.

The situation in Egypt may prove to be different, but so far seems to be following the same pattern. Perhaps the next global event will be the turning point to the societal pattern. However, the odds favor people will continue to follow what makes them feel comfortable, creating the warm fuzzy sense of support from the small actions taken to be able to say they contributed, regardless of the

outcome. No one can know for sure we can only hope our actions will change to something more meaningful.

Definitive Four Most shocking things in Moscow

Idaho's upset of Utah State last week was a complete shock for those who know anything about basketball. Fans may have hoped for a Vandal victory before the game, but most accepted it was highly unlikely.

The unthinkable did happen, however, and Idaho recorded a historic win for the program. This has not been the only shocking development of the last week.

Moscow has seen quite a few shocks recently, most of which have probably gone unnoticed. Jesse Jackson's visit and Idaho's win dominated the headlines but should not take all of the attention.

There are plenty of events around town Cheyenne Hollis that can be classified as surprising, but only four that are definitively shocking.

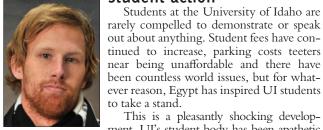
The weather

For the second consecutive year, it's February and nothing resembling snow is covering the ground. This is a giant shock, considering the near-apocalyptic winters of 2008 and 2009. Last year was cold but snow-free, and after some early snow, winter in 2011 has been downright balmy.

The weather has been so nice that people can consider outdoor activities without fear of frostbite or avalanche. It is an upset of meteorological proportions and one everyone, not just basketball fans, can enjoy.

Student action Students at the University of Idaho are

to take a stand.



Argonaut

ment. UI's student body has been apathetic for some time now. To see something organized and executed was refreshing. These occurrences do not come around all the time so to see students unite for a single cause was a shock.

rarely compelled to demonstrate or speak

ever reason, Egypt has inspired UI students

This is a pleasantly shocking develop-

Boise State sweep

UI fans were brought quickly back down to Earth as the men's basketball team fell to Boise State three days after the incredible win against Utah State. In the sports that truly matter to most Vandal fans, football and men's basketball, Idaho lost all three meetings to the Broncos.

This year was supposed to be different. UI had to

win against Boise State to restore pride to the university and show Bob Kustra he was wrong. The Vandals were playing for more than pride or just another win - it was a chance to prove the school could compete against the likes of Boise State.

Despite all of this, Boise State swept the Vandals when it mattered most, and that is quite shocking. All UI supporters thought they would win at least one of these contests. In the end there was a dual ${\rm shock} - {\rm UI} \, {\rm was} \, {\rm shockingly} \, {\rm bad} \, {\rm against} \, {\rm the} \, {\rm Broncos},$ and that came a shock to all Vandals.

Christmas lights

It is mid-February and Christmas lights still adorn the streets of Moscow. That is shocking. It is almost as shocking as the year my mother left the Christmas tree up until May.

Unlike my mother, the city of Moscow has a responsibility to make sure the town does not look ridiculous. It is OK to leave Christmas lights up until the middle of January, but anything after that is pathetic.

Between the fall-like weather in Moscow and the Christmas lights, a walk through downtown can be very disorientating. Even those with the best sense of time can become befuddled and think he or she is caught in a time warp because of the year-round lights.

Should you teach for America?

Egu Ramanathan The Daily Texan via UWIRE

Entrance into the "real world" is daunting for anyone, especially for those without job prospects. With employment particularly difficult to come by,

and being inspired by Hilary Swank's character in "Freedom Writers" is not enough to ignite a genuine desire to educate. At the risk of sounding like a broken record from the Obama campaign,

vou must have the drive for change if you plan on entering this program. Unfortunately, not all TFA teachers

To be sure, TFA can open doors for those who care deeply about bridging the achievement gap that has plagued the U.S. public education system for decades. The statistics are undeniable. America, one of the world's most powerful nations, lags behind a majority of the developed world in its public school students' math and reading aptitude. Texas public school students rank 49th in verbal and math SAT scores and have the 36th-lowest high school graduation rate. It is distressing that participating in a program with such noble goals is so difficult. TFA now accepts fewer than 20 percent of applicants, and a recent article in The New York Times compares TFA acceptance rates to those of Ivy League colleges. Perhaps for those genuinely interested in improving American public education, however, the stiffened competition for acceptance into TFA is a blessing in disguise.

selectivity, the University of Texas has still has an impressive showing. Eighty students from the UT class of 2010 will begin teaching in the fall, and the program ranks UT No. 1 among large colleges for our student contribution to the program. Such a

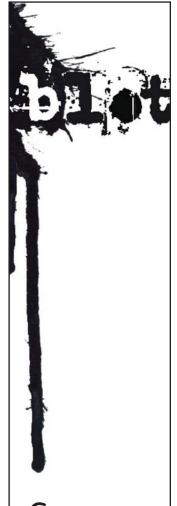
from page 9

We can't just treat illness: We need to work to prevent people from getting sick.

This isn't everything that needs to be done. Eventually, America is going to have to provide universal health insurance to all its citizens. That insurance is going to need to be single-payer, or at least have a governmentfunded option. The existing health care bill, flawed as it is, is an important first step on the road to bringing American health care back up to first-world standards.

from page 9

understand they must take a stand and take charge of their own bodies and human rights. We are responsible for our own fulfillment - emotionally, spiritually and physically. Our bodies are not under the power of any devil, any pope, any future husband or wife, or man or woman. People are no one's property and should never, for any reason, feel guilt for their own humanity.





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ach For America presents a promis ing alternative for new graduates.

In 1990, Princeton University alumna Wendy Kopp founded Teach For America. With ambitious goals in mind, Kopp established a two-year program for recent college graduates to teach at urban, low-income public schools scattered across the nation. Because the program does not require participants to have degrees in education or the subject they teach, TFA is an option for a wide range of educated young people.

But, depending on your commit-ment to teaching, TFA might not be the job for you.

A college degree and an impressive GPA do not a capable teacher make,

seem to have this drive. The program has a 50-percent turnover rate after two years, and an 80-percent turnover rate after three years, according to a study by University of Texas education professor Julian Vasquez Heilig and California State University's Su Jin Jez.

These findings imply TFA workers' commitment to teaching is fleeting at best, and self-serving at worst. While TFA hopes its teachers will make a lasting impact on their school system, an alarming percentage of the program's members complete the required two years and essentially abandon ship for either grad school in unrelated fields, or to pursue a different career path altogether.

With so much talk about TFA's

strong representation in the program is beneficial for Longhorns with a genuine interest in working toward TFA's goal.

Kopp once said, "In order to have real impact, you have to influence the consciousness of the country. You will have to influence the priorities of a generation." As TFA's target audience, we must ask ourselves where our priorities lie. Do we want a moving 24-month experience before pursuing a completely unrelated career, or do we want to work beyond the twoyear commitment toward improving a flawed system? If our generation and its ever-increasing cynicism fails to follow up on our idealism, who will?

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