



Sports

Sophomore Paige Hunt teaches the steps to a back two-and-a-half dive, page 5



Opinion

Could raising cigarette taxes fix Idaho schools? Read 'Our View,' page 8

Building on the old plan

Elizabeth Rudd Argonaut

Friday, February 18, 2011

Editor's Note: This is the part one of a two part series about "Leading Idaho: Strategic Plan 2011-2015."

President Duane Nellis said he wants to have the University of Idaho increase the amount of research completed to \$150 million, which would be about a 50 percent increase, by 2020.

This is one of the overarching goals intended to be a result of the newly developed strategic plan, "Leading Idaho," said Keith Ickes, executive director of Planning and Budget. The plan is designed

to be the goals of the university for the next five years, and Ickes said it is essentially a revision and extension of the previous plan. The four concepts addressed in the plan are: Teaching and learning, scholarly and creative activity, outreach and engagement and community and culture.

What is a strategic plan?

The whole point of the strategic plan is to set goals for where the university wants to be in the next five years and what kind of changes administration hopes to be making during that time, Ickes said. "A strategic plan is de-

see **PLAN**, page 4

DEMOCRATIC RFVNINTINN



Jawed Zouari, University of Washington professor visited Wednesday to give his lecture followed by a question and answer forum in the Student Union Building Ballroom. Zouari, during his Fulbright Scholarship, taught courses in international relations, public policy and research methods for two years at the University of Tunis in the School of Law and Political Science.



Moscow a part of musician's quest to end human trafficking

Dylan Brown Argonaut



Health before apperance

Summer Christiansen Argonaut

College students are susceptible to issues regarding their body image, and University of Idaho those at the are no exception.

"The Women's Center wants to send a message to college women saying that if you're living an active, healthy life, there's nothing wrong with you," said Lysa Salsbury, coordinator of programs at the Women's Center.

UI will participate in National Eating Disorders Awareness Week, which begins Thursday and will go through Friday, Feb. 25. Salsbury said the media is always bombarding women with images on appearance.

we're doing anything we can as a center to provide support."

The Counseling and Testing Center faculty and staff will be providing free and confidential screening and referral to students and community members for eating disorders. This will be from 10:30 a.m. to 12:30 p.m. Tuesday in the Idaho Commons.

Lambda Theta Alpha members will be passing out buttons and ribbons to show support. Also on Tuesday from 5:30 to 6:30 p.m., there will be free Kripalu"Yes, obesity is a problem in this country, but starving ourselves or purging only makes us sicker."

> **Kirsten Ward** Feminist Alliance member

For the first time, slavery is banned in every country.

The problem, Justin Dillon said, is there are 27 million people in the world right now the most ever in human history — being held against their will, exploited under the threat of violence.

Dillon, a musician and activist, showed his 2008 docu-"Call+Response" mentary, Wednesday night in the Administration Building auditorium. The documentary is intended to call attention to the global issue of human trafficking, but to generate some sort of response to the pervasive problem.

Part documentary, part benefit concert, Dillon's film features big names in music, politics and human rights, such as Matisyahu, Cold War Kids, Ashley Judd, Madeleine Albright and many others lending their talents and knowledge to the exposé.

Dillon's quest to end human trafficking began five

see **SLAVERY**, page 4



Justin Dillon takes questions after a screening of his documentery, "Call + Response," in the Administration Building auditorium. The film is meant to raise awareness of human trafficking across the world.

Greek Row mystery caller

Staff Report Argonaut

An unidentified man, at times pretending to be a Sigma Nu pledge, has been calling different women, asking alarming and inappropriate questions, said Stephanie Cox, Gamma Phi Beta President

"There is an active investiga-

able to get the phone numbers of tion underway, and we ask anyone to contact the Moscow Police women who attend the Univer-Department with any reports of sity of Idaho. this caller," Lt. Dave Lehmitz said. 'It is unfortunate that he tries "We believe we have numerous to present himself as a member of victims that have received calls but

our Greek co0mmunity, because have not reported the incident to we would never conduct ourselves in such a manner," Goicoechea Kappa Kappa Gamma Presisaid. "What this man is doing dent Chelsea Goicoechea said it right now is disgusting and needs is uncomfortable that someone is to be stopped."

"The media tells us to be prettier and thinner, have whiter teeth, etc.," she said. "It's relentless so

style yoga class with Romy Halpern. The location is to be announced, or the Women's Center will have more information.

The film "Real Women Have Curves" will be shown for free with popcorn Friday, from noon to 1:30 p.m. in

Memorial Gym room 109.

Salsbury said she and Heather Gasser, director of the Women's Center, receive many requests to teach about eating disorders and body images.

"Because there is a gen-

see **BODY**, page 4

Idaho education reform moves forward

Jessie L. Bonner Associated Press

Lawmakers started to weigh in on a plan to overhaul Idaho's public schools, moving the legislation forward despite strong opposition from the state teachers union and other groups.

Republicans on the Senate Education Committee, where the reforms this introduced were month, approved the legislation Thursday after public schools chief Tom Luna warned the system would collapse if they didn't restructure how Idaho's scarce education dollars are spent.

The three bills now go to the full Senate.

The sweeping overhaul would introduce merit pay and eliminate tenure for new teachers while expanding online courses and increasing class sizes to help pay for the reforms, which

would eliminate 770 teaching positions. The union argues it will gut teacher rights, while the Idaho Parent-Teacher Association raised concerns over class size increases.

The legislation was reworked in the Idaho Senate committee amid opposition from parents, teachers and some lawmakers. Luna cut his plan to require students take eight online courses in half and made other changes, clarifying that schools don't have to increase classroom sizes ---they could lower teacher pay instead to help pay for the reforms.

While the changes to the legislation alleviated some lawmaker concerns, they did little to appease the state teachers union.

"From the beginning, the Luna plan's fatal flaw has been the lack of stakeholder involvement," said Idaho

Education Association President Sherri Wood.

The governor's education adviser, Roger Brown, countered that many ideas in the Republican-backed legislation have been batted around for years and implemented in other states. The reforms, which were introduced with backing from Gov. C.L. "Butch" Otter, are not as extreme as some critics of the overhaul have suggested, Brown said.

'There's nothing radical about the three bills in front of you today," Brown said.

Sen. John Andreason, of Boise, was the only Republican to join the two Democrats on the committee in voting against all three bills. Andreason pleaded for a few more days to work on the legislation to address some of the problems his constituents have highlighted.

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the police.'

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Erica Larson | Argonaut



Gray Scale



crossword





sudoku

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Argonaut Directoru

Monday -Saturday

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CAMPUS RECREATION campusrec.uidaho.edu In reference to the Professional Science Master's article written by Abby Skubitz Tuesday, the credits run at standard tuition rates and per-credit rates. The online courses are also at the regular tuition rate, along with a \$35 credit fee.



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UI STUDENT MEDIA BOARD

Corrections

The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Ouestions? Call Student Media at 885-7825, or visit the Student Media office on the SUB third floor

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С

Letters Policy

The Argonaut welcomes letters to the editor about current issues. However,

The Argonaut adheres to a strict letter policy:

- Letters should be less than 300 words
- typed. · Letters should focus on issues, not on personalties.

• The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.

· Letters must be signed, include major and provide a current phone number. • If your letter is in response to a particular article, please list the title and date of the article. Send all letters to:

301 Student Union Moscow, ID, 83844-4271 or arg-opinion@uidaho.edu.



A community cause for healthy hearts

Summer Christiansen Argonaut

February is a month known for hearts, but women should take concern in relation to their own hearts over the ones they received on Valentine's Day.

"There's nothing particularly sexy about heart disease," Lysa Salsbury said.

Salsbury, coordinator of programs at the University of Idaho Women's Center, said while heart disease is the leading cause of death among women, it isn't acknowledged as much.

"It's shocking that this disease is so prevalent to women's health and we don't give it as much airtime as breast cancer," Salsbury said.

Although the Women's Center was not able to put on a large event for American Heart Month because of time conflictions, they helped raise awareness of National Wear Red Day Feb. 4. Members of the Women's Health Center passed out fliers and stickers to inform students about the cause.

Gritman Medical Center will host its 5th Annual Red Dress 5k Run/Walk to spread awareness of heart disease. The run will be Feb. 26, with registration beginning at 8 a.m. and the race at 9 a.m. and start at the Ross entrance of the Palouse Mall. There will be prizes for the best red dress along with other categories. Donations will be accepted for the Gritman Medical Center's Cardiac Rehabilitation program scholarships.

Jodi Walker, an employee in Community Relations at GritStudents are able to show support even after these events by organizing an event throught their workplace or local organization. They can go to GoRedForWomen. org/WearRedDay to create their own fundraising page to raise money.

man Medical Center, said the run is fun for everyone.

"We have a great buy-in from the ROTC programs. Many of the men and women come out in red dresses and cam(oflauge) face paint," Walker said.

She said the donations go to the Cardiac Rehabilitation program which helps cover expenses for patients who might not be able to afford it. "Students are welcome at

the fun run/walk. It's a casual, untimed event," Walker said.

Molly Stinson, Alpha Phi member, was the coordinator of events for the sorority's Hearth Month philanthropy. "Alpha Phi coordinated

a whole week's worth of activities for the Greek com-



Photo illustration by Amrah Canul | Argonaut The University of Idaho Women's Center handed out stickers this month in commemoration of Hearth Month. On Feb. 4 people were encouraged to wear red in support of fighting heart disease.

munity to raise awareness for cardiac care in women," Stinson said. "The week long activities were called 'Take it to Heart' and each house was up for competition against each other."

To gain points, the houses participated in the daily activities and at the end of the week the top fraternity and sorority received a prize.

The events put on by Alpha Phi started National Wear Red Day and continued until Feb. 12. Events included making posters to raise awareness in cardiac care in women, blood pressure checks, working out, giving blood and a pie-eating contest, and ended the week with the Third Annual Red Dress Poker Tournament. The Angry Bear restaurant provided food and drink for the tournament. Stinson said in total, Alpha Phi raised approximately \$2,100 from the events.

"We would love to give some of it back to the local community at Gritman's run as well as the Alpha Phi Foundation, which is what helps research cardiac care disease in women," she said.

PLAN

from page 1

signed to try to tell the campus, 'Here's where we think we want to go,' and then in the end you can tell, 'Did they make it, how did we do, did we achieve those goals?''' Ickes said. ''So I think it gives you a goal to shoot for, a direction to plan for and head into, and so I think it helps the university in that way to stay focused.''

Ickes said the university has so many dimensions that it could be going in 150 di"I think the impact on students will be as we implement this you'll continue to see improvements in learning..."

> Doug Baker Provost/executive vice president

Hamilton Community Garden to be built in Moscow

Laura Kross Argonaut

A new community garden will occupy the once vacant land east of the Hamilton Indoor Recreation Center and gardeners will be able to start growing as soon as April 1, Eric Newell said.

"We had been looking for a spot to put the community garden for quite some time and then two years ago we realized we had some land east to the Hamilton Indoor Recreation Center that is undeveloped and that we could develop into a community garden," said Newell, Moscow Department of Parks and Recreation's assistant supervisor for youth programs

Newell said.

Newell also said he encourages not only Moscow families and residents, but also college students to take part in the Hamilton Community Garden.

"They (UI students) are part of the community and we would encourage them to be participants in it," Newell said. "This is a community garden. It's not just a, you know, just Moscow Parks and Rec...they're residents and they're welcome to feel empowered and to feel like they have a voice, and if they want to have a spot there, then more power to them."

Ted Kisha, Moscow Department of Parks and Recreation commissioner who also oversees the project, said it has been his dream every since he became a commissioner to start a community garden where people could rent their own plots and grow food "It really cuts down on expenses quite a bit. Plus, it's fun," Kisha said. "And kids, it's nice for them to participate in it and see how things grow and to see where their food comes from because a lot of kids just don't understand where their food comes from." Kisha also said he's found people who have garden plots in a shared space can give each other gardening tips and exchange ideas.



rections at once, and a strategic plan allows the university to take all of the campus activities — whether in the classroom, research efforts or outside engagement — and streamline them into a couple directions to benefit the university's productivity.

What does it involve?

Part of the framework considered for the first goal of the strategic plan, teaching and learning, was the concept of accommodating constant change, Ickes said. He said to do this, teaching and learning needs to pull together a variety of experiences from a whole range of disciplines.

"Climate change would be an example because it involves chemistry, it involves atmospheric science, it might involve agriculture because of changes there, it might involve forestry because of changes there," Ickes said, "so this whole idea that large social problems may require a whole range of disciplinary attention and it needs to be done in sort of a coordinated fashion."

He said it doesn't mean teachers would change a chemistry course, but it may change how it is taught. Ickes said the multidisciplinary concept of teaching and learning crosses into the second goal of scholarly and creative activity.

A good portion of the focus for goal two is on interdisciplinary and multidisciplinary research activities, and Ickes said students have an advantage at UI because of the land-grant status. He said since UI is a research institution, many of the faculty members are involved in active research and the classroom should reflect the most up-to-date activities in the field.

Doug Baker, provost and executive vice president, said the reason they did not just call the second goal "research" was because it would not include the variety of art forms many students are trained for as well, so it needed to be broader. The second goal again crosses to the next goal, outreach and engagement.

"That's taking our scholarly and creative activity and our teaching and learning activities out to the state and in our thinking forming two-way partnerships with people in the state so they benefit and we benefit back and forth," Baker said.

The fourth component of the strategic plan is community and culture on campus. Ickes said it is about how the university is committed to presenting itself to the public and also about campus being inclusive and diverse. Baker said creating a sense of community and culture is not just internal, but also applies to stakeholders so the university is able to carry out the first three goals.

"I think the impact on students will be as we implement this you'll continue to see improvements in learning ... our faculty are looking at the curriculum and they're looking at the co-curricular activities ..." Baker said, 'so that's what we're trying to do here - enable students' success in a rapidly changing world through transformed teaching and learning, and teaching and learning doesn't just happen in classrooms. In fact, some of the most important learning you do happens outside of classrooms.

and the Hamilton-Lowe Aquatics Center.

The community garden will include 44 20 feet x 20 feet. plots that will be available on a first come first serve basis, Newell said. Gardeners make a \$50 deposit to cover the water the plots need and can then garden the entire spring-to- fall growing season.

Dwight Curtis, director of Moscow's Parks and Recreation Department, said everything for the community garden was donated. Bob Hamilton of Moscow initially donated the land for the pool and recreation center, which occupies a portion of it. A grant from The Home Depot Foundation funded the garden's irrigation.

The goal of the Hamilton Community Garden is evident in its title.

"It's really just about bringing people together to grow their own food and getting them to live a little bit more healthy lifestyle,"

Coming Soon "If they say, 'Wow, your tomatoes really look great. What do you?' You know, they'll give them gardening tips to do," Kisha said.

Curtis also acknowledged the community aspect of the Hamilton Community Garden. "Sustainability and community outreach

Steven Devine | Argonaut

Starting April 1 the vacant land east of the Hamilton Indoor Recreation Center will be open to the community for gardening. The garden will have 44 plots for people to grow their own fresh food and they will be available on a firstcome, first-serve basis.

is all the big buzz nowadays," Curtis said. "We wanted to give it a shot."



participate: emilyknecht@vandals.uidaho.edu

News calendar

Today

The University of Idaho is partnering with Washington State University, Oregon State University and the USDA Agricultural Research Service on a major research initiative that will be announced in Washington, D.C., today. Media availability will be at 11 a.m. in the UI Agricultural Biotechnology Lab Interaction Court. For more information, see Tuesday's issue of The Argonaut.

Saturday

"Imprisoned in Paradise: Japanese Internee Road Workers at the World War II Kooskia Internment Camp," is a book that recounts Idaho's World War II Kooskia Internment. Author Priscilla Wegars will be hold a discussion with slide show and book signing at 3 p.m. in the 1912 Center.

Sunday

Habitat for Humanity will host a celebration of completion for its 10th house, with a dedication ceremony at 2 p.m. Sunday at the building site, 535 Union St. The public is invited. For more information, e-mail habitat@moscow. com.

Tuesday

Anyone interested in running for ASUI senate, president or vice president on the same ticket can sign up in the ASUI office beginning today. People running must also get a certain number of signatures, 25 for senate and 75 for president or vice president. The signatures will be due March 4.

Wednesday

ASUI senators and representatives will host a postcard signing to advocate for lower cuts to higher education in the coming fiscal year. Any student is welcome to sign one at their table in the Idaho Commons.

Thursday

A memorial service for Michelle Bonasera, a University of Idaho student who died Sunday in a car accident, will be held at 7 p.m. at St. Augustine's Catholic Center. The service is open to the public, and will be a non-denominational event.

SLAVERY from page 1

years earlier while on tour in a desolate region of Russia. The war-torn and economically desperate population greeted his band like the Beatles. Dillon's guide during his stay was a young, female university student who said she had found a way out of her bleak homeland and into the U.S. Dillon said he did not know much about trafficking at the time, but knew it was a scam geared toward "easy prey," like his guide. "What she thought was this great

opportunity was just someone trying to trick her," Dillon said.

But when he told the girl this, she said she would take her chances. A po-

tentially false promise was better than staying home. "They are not dumb people," Dil-

lon said, "just desperate." Upon returning to the U.S., Dillon found only a few small, yet passionate, organizations addressing the issue.

"This thing is huge and nobody knows about it," he said.

There are more slaves in the world today then the total number taken out of Africa during the 400 years of the slave trade, Dillon said in the film. They are also significantly cheaper. Slaves cost wealthy people the equivalent of \$40,000 then, today a slave can cost only \$300. Children are sold for as little as \$90.

Dillon's documentary examined the rampant use of slave labor in manufacturing, agriculture and the commercial sex trade in countless global industries and companies.

And the problem isn't relegated to the Third World: 17,000 people are trafficked into the U.S every year.

Actress Julia Ormond, a U.N. goodwill ambassador and an ardent trafficking awareness activist, said it isn't about working conditions or wages, but simply slavery, people depriving people of their freedom through the use of force. Ultimately, she said, people are becoming commodities.

"They are a workforce for other people's gain," she said.

The problem is human trafficking can be lucrative. It provides a steady stream of profit during a long period of time versus the one-time benefit of most commodities. Dillon emphasized the reason people get involved in trafficking is not to torment people, but to make money and relatively a lot of it.

The film cited an example in Cambodia, where the average yearly salary is around \$300 and some clients will spend up to \$500 just for a session with a prostitute.

The film puts human trafficking atop the list of fastest growing crimes in the world today, a \$32 billion a year industry and a growing source of revenue for organized crime. Ormond described the trafficking network as vast and corrupt with police and government officials frequently complicit in the crime across the globe.

In the film, Nicholas Kristof, a Pulitzer-Prize winning journalist for The New York Times, said he has seen the effects of this greed first-hand. While conducting lengthy interviews with two young women in the brothels of Southeast Asia, he heard stories of women chained to their beds or walls. Kristof said in one brothel a fire killed many of the mostly young girls because they could not escape their chains.

Shrugging off a journalistic standard, Kristof bought the two girls' freedom for \$454 and reunited them with their rural-village families. The reunion Kristof described was to be short-lived. One of the girls returned to the brothel, addicted to the methamphetamines she had been steadily given there. Many girls, Kristof said, cannot deal with the cultural shame of their "impurity" and others feel obligated to sustain their families anyway they can, keeping many girls trapped in appalling conditions.

'These girls are systematically crushed," Kristof said.

Eighty percent of human trafficking victims are women, and they are getting younger and younger, Dillon said. A main way Dillon said he sees as an end modern slavery is by raising the value of women in our society.

A somber and aggravating byproduct of globalization and economic expansion, human trafficking can be almost

too much to deal with, Dillon said.

"You want to quit your job and stab traffickers with scissors, but that's not reality," Dillon said.

Dillon said the main goal in making the documentary was to try and get people involved in solving the problem. Awareness can't be the sole cause because such a momentous problem can take people straight from ignorance to despair, leaving them paralyzed to help remedy the problem, Dillon said. And the problem is all around us.

"We live in a world where we don't know what's going on next door," said Gary Haugen, president of International Justice Mission.

Dillon said the idea is to begin solving the problem at a grassroots level, reducing the daunting task to simple, everyday consumer decisions. Dillon said he wants people in some way to take whatever they do, like him with his music, and find a way to help the 27 million slaves through open-source activism.

Dillon has been collaborating with organizations like UNICEF to break up trafficking rings and appearing on numerous talk shows to get his message out to the world. He said he has found his life's passion, and plans to continue his fight against something so universally accepted as unjust.

At the end of the documentary, Dillon calls for a 21st century abolitionist movement because "justice is what love looks like in public."

BODY

from page 1

"Because there is a generation gap," Salsbury said, "I often feel that the response we get when we teach is not as receptive."

To fix this problem, Salsbury and Gasser developed a group of students, 16 women and two men, to educate themselves on body image issues and start to put together a presentation to offer to various groups.

"I think students are more likely to listen to their peers rather than the professional staff," Salsbury.

Their presentation, "Body Revolution: Body Image, Eating Disorders, and Media Messaging," will be at 7 p.m. Thursday. The location is to be announced.

"One of the major reasons we need to draw attention to eating disorders is because this isn't a gendered issue," said Kirsten Ward, member of Feminist Alliance at UI. "While it's true the majority of sufferers are women, up to one million American men are suffering from eating disorders as well.'

Ward said it's not as simple as just telling someone to eat.

"Yes, obesity is a problem in this country, but starving ourselves or purging only makes us sicker," she said.

REFORM from page 1

Andreason pointed out that his district includes the Boise and Meridian school districts, which hold roughly half of the students in Idaho's public education system.

"I've received over 1,400 e-mails. Ninety percent were against this plan," Andreason said. "I'm trying to save this plan."

Sen. Mitch Toryanski, also a Boise Republican, broke GOP ranks on one of the bills and voted against the plan that would arm students with laptops while increasing classroom sizes.

"Once in a while a leader has to glance over his shoulder and make sure the people are behind him," Toryanski said.

Republicans who backed all three bills noted the committee unprecedented level of public testimony on the plan and that while there were some concerns, they had been convinced the current system was unsustainable and the proposed overhaul needed to go before more lawmakers

"This is the first step, but a very important step," Luna said.



RELIGION DIRECTORY

February 18, 2011



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Sports & Rec Tough loss

Kevin Bingaman Argonaut

The Nevada Wolf Pack got their revenge after losing to Idaho in overtime earlier this season by using a host of second chance points to sink the Vandals 69-63 Thursday night in the Cowan Spectrum.

The Vandals (13-11, 6-6 WAC) started the first half cold, hitting only one of their first seven shots and found themselves down quick. The Wolf Pack (18-7, 7-5 WAC) built their lead to eight before Idaho turned it up a notch and went on a 15-3 run to take the lead.

The Vandals looked like they were taking control, but the Wolf Pack showed some grit by going on a late run to bring Idaho within three as the teams went into the locker-room with score 29–26. Yinka Olorunnife had to sit the last few minutes of the half because of foul trouble, which ended up costing the Vandals. Idaho coach Jon Newlee said he didn't like the way his team finished the half. "I thought at one point we had that eightpoint lead, we were rolling pretty good," Newlee said. "Defensively we were getting done what we wanted to do, but that second foul on Yinka (Olorunnife) really hurt us."

Junior Ganeaya Rogers led the Vandals with six points in the half by picking apart the Wolf Pack's defense with her speed and driving to the bucket. Senior Rachelle Kloke returned after sitting out the previous two games due to injury and scored Idaho's first four points.

Nevada used the momentum they gained at the end of the first half to come out of the locker room and take a quick lead over the Vandals. Idaho regained its composure and a back and forth battle ensued with neither team able to deliver a decisive blow.

Idaho found itself down late and were forced to foul. The Vandals climbed back to within three points, but were unable to hit







Nick Groff | Argonaut

Left: Vandal coach Jon Newlee talks with his players during a time out in the second half during the games against the Nevada Wolfpack Thursday evening in the Cowan Spectrum. Right: Vandal Yinka Olorunnife drives throught the top of the key Thursday evening. The Vandals lost 69-63.

How it's done: Flipping out in free fall

Vicky Hart Argonaut

Divers seem to fly effortlessly through the air in a series of twists and turns, culminating in a smooth entry into the water below.

University of Idaho sophomore Paige Hunt, who has five years of diving experience, explained the step-by-step process of her back two-and-a-half dive, saying, "you land on your head."

"I focus in," Hunt said. "Sometimes I picture the dive in my head."

Hunt takes three steps, followed by a seve deep breath. She raises one knee to her

see a few nines, a few eights, but the average is about a five."

Idaho has a women's dive team, but Ray has been diving for 13 years and said men's diving is different in a few ways.

"Women typically have more finesse and grace," Ray said. "Men tend to be more powerful. They'll do more flips and twists, but might not enter the water as nicely."

The UI Swim Center has two springboards, a one-meter and a three-meter. Divers compete at these heights throughout the regular season, but the conference meet will include platform dives from five,

seven-and-a-half and 10 meters. "Platform is, in a lot of ways, easier



Vandal football gets new 0-line coach

Lauren Meyer Argonaut

After four seasons with the Vandals, offensive line coach Dan Finn will switch to San Diego State to continue the same position there.

"Everything has been real good so far," Finn said. "(They) have a good group of staff here."

Finn made the transition to Aztec territory at the beginning of the month. Anticipating the start of spring conditioning Finn jumped right in with team runs and workouts. Idaho coach Robb Akey said he looks forward to coaching with John Mc-Donnell, Idaho's new offensive line coach, in the upcoming season. "He's a fantastic person and great teacher, and we're bringing him back to the Northwest," Akey said. "He knows the neighborhood and knows how to recruit here." McDonnell is a graduate from Gonzaga Prep in Spokane. With big-name universities on his list, including Purdue, Notre Dame, Stanford, Washington State, Bowling Green State and Memphis, McDonnell's coaching talent and experience should be an asset to the Vandal football program.

of coaching experience here, and McDonnell will fit right in," Akey said.

When the Vandals won the Roady's Humanitarian Bowl, 43-42, McDonnell was a coach for Bowling Green. McDonnell also coached Akey when he played at Weber State.

"I've known McDonnell for my entire college football life," Akey said. "When Finn left, I made a quick call."

San Diego football coach Rocky Long was the San Diego defensive coordinator up against Finn's offensive line when the Aztecs played the Vandals in September of the 2009 season.

chest, puts it back down, then squats with both feet and takes off into the air. Her arms swing over her head, she flips twice, and then kicks her legs out and enters the pool.

Hunt's dive is only one of many different dives the Vandals use in competitions. Coach Andy Ray said divers are required to perform one dive from each of five categories. In their most basic forms, the five types of dives are front, back, reverse, inward and twist. Most dives combine multiple somersaults and twists into a single event. Every dive begins the same way, Ray said.

"They get themselves set, take three to five steps, and do a hurdle – where they lift one leg and land on the board," Ray said. "Then they jump off two legs and do whichever dive they need to be doing."

Judges score each of three dives based on the skill with which it is carried out, then add these scores and multiply by an assigned degree of difficulty. A perfect dive is rare.

"You won't really ever see a 10 unless it's the best person in the world doing it," Ray said. "At the NCAA level you might because it doesn't move," Ray said. "But you've got more height with a platform so if you do something wrong you'll feel it more."

A missed step or moment of mental hesitation can throw off a dive and result in an uncomfortable meeting with the water's surface. It's best to practice new or difficult dives on the one-meter board — Ray said that way a diver doesn't hit the water as heavily.

"If you slip out of a dive, or your timing is off, it can end up in a pretty good crash into the water," Ray said.

Divers practice complicated maneuvers and flips in a variety of non-pool venues. Hunt said she uses trampolines and a foam mat to work on dives before trying them in the pool. Spotting, a technique used in ballet to keep a dancer from getting dizzy while spinning, is helpful in diving.

"I spot: water, wall, water, wall," Hunt said. "You spot what's around you so you know when to kick out."

Accurate timing and spatial awareness are key to a successful dive, but a less obvious element is composure.

Steven Devine | Argonaut

Mairin Jameson performs a dive during practice Wednesday in the Univeristy of Idaho Swim Center. She recieved the sixth best scores in one and three meter diving her freshman season.

"When I look at a diver, typically what I find is that they make the dive more difficult than it is," Ray said. Hunt said she is trying to be more relaxed during her dive.

"If you're relaxed with the dive then you can actually do it," Hunt said. "If you're stressed out, you end up tripping over your steps."

"We've gained a wealth



File Photo Steven Devine | Argonaut

Vandal tennis player Lachlan Reed practices in the Kibbie Dome this spring. The Vandals are now 9-2 and will not return to the courts until March 19 in Boise.

Vandals top Gonzaga

Men's tennis will take a break until March

Jacob Dyer Argonaut

Senior Alex Joitoiu didn't allow a bad back to keep him from winning the second set of a three-set match, helping the Vandals defeat Gonzaga 6-1 Wednesday.

The men's tennis team does not play again until March 19, when it heads to Boise to play San Francisco and Boise State. Idaho coach Jeff Beaman said he is grateful that his team will have a long break.

Joitoiu found himself down 4–3 in the third set Wednesday, but fought back to defeat Scott Sullivan 6–1, 4–6, 6–4. Beaman said he was impressed with how Joitoiu fought through adversity.

"He hurt his back in the second set, and was really struggling, went down in the third, match on the line, he wasn't

moving well, but he really stepped up and gutted that match out," Beaman said.

The Vandals didn't see another third set in Spokane because of other strong performances, like one from junior Alan Shin, who lost only one game as he defeated Pablo Mosquera 6-1, 6-0.

The Vandals lost only two games in single play as senior Lachlan Reed defeated Kevin Eischen 6-0, 6-2, and sophomore Abid Akbar defeated Jack Schoebel 6-1, 6-1.

The only other match that came close to a third set was freshman Jose Bendeck who defeated Zhia HwaChong 4-6, 7-6 (10-4).

The Vandals came away with two of the three doubles matches, with performances from the teams of Bendeck and Reed, who defeated Eischen and Levin Guillermo 8-5, and Akbar and sophomore Jake Knox with their victory against Mosquera and Schoebel 8-4.

The Vandals had planned on leaving Spokane and heading straight to California to play Saint Mary's and Santa Clara, but weather conditions forced them to reschedule the matches for April 16 and 17.

"We've played so much that normally I would hate to have that long of a break, but its perfect right now," Beaman said.

The Vandals need to heal up with recent injuries to sophomore Marius Cirstea and now Joitoiu. Beaman said he plans on spending the next month working on getting his team to be faster and stronger.

Up to this point the Vandals have been playing indoors, but when the season resumes they will move outdoors to face the challenges that come with competing against the elements.

"After spending a long time in a certain place, it's not easy to leave," Finn said. "I worked with a great crew of guys (at Idaho)."

With a record of 14-12 in the past two seasons, and a victory against Bowling Green in the 2009 Roady's Humanitarian Bowl, Finn's experience coaching the Vandals was impressive to the San Diego coaching staff.

"Finn did a great job with the offensive line," Akey said. "We'll miss him."

Akey was a defensive line coach for Northern Arizona University when Finn played there, and Finn graduated with a bachelor's degree in liberal studies in 2002.

"According to the schedule



TRX Blast class fit for all students



Amrah Canul | Argonaut

Berkley Olmstead and John Millick perform special push-ups during the 25-minute TRX Blast session at the Student Recreation Center Feb. 10. There is also the usual 50-minute class available for those who want a longer workout.

Kelsey Nash Argonaut

For those who have ever fallen prey to the dreaded "popeye" muscle after working out, or who find that the 50-minute classes are too long, a new wellness class at the University of Idaho Student Recreation Center is perfect, no matter the participant's fitness level.

TRX Blast is a new wellness class that features the TRX suspension training system thought up by a U.S Navy Seal and developed by Fitness Anywhere. TRX is "a total body training system," which makes TRX Blast a great option for busy students who want to keep in shape. Instead of working out in one plane of motion, like most traditional weightlifting exercises, the system allows its user to work out in a transverse plane of motion which UI Fitness Director Peg Hamlett said is much more efficient.

"How often do you ever use your biceps that you were at a grocery store and you'd go up and you bend down and lock your arms and pick something up?" Hamlett said. "It's very non-functional training and people can get big muscles that way but ... people are only working the center part of the muscle instead of the whole range of motion."

Hamlett said TRX is functional but it's also a workout anyone can do and enjoy.

"It's really great for a class because you can

have people who are elite athletes in the class with someone who's a novice, and just by positioning them just a little bit differently, it's going to work their muscles totally different," Hamlett said. "You're doing the same thing as everybody else, you're just doing it at a little bit of a different level than they are.'

The class meets every Tuesday and Thursday at 11 a.m. for about 20 minutes, but there are other, longer 50 minute TRX classes that meet every afternoon at 12:30 p.m. and various mornings for students who desire a longer workout.

UI juniors Berkley Olmstead and John Millick recently took TRX Blast for the first time. Both said they frequent the SRC a few times a week and that TRX Blast was the first wellness class they had ever taken and found the class to be challenging.

"It's so hard," Olmstead said. "Your forearms burn like crazy."

But challenging did not mean the experience wasn't enjoyable.

"It's like a mix of cardio and weightlifting so you get the best of both worlds," Olmstead said.

Millick said it was interesting to be working his abs, chest, arms and legs all at the same time.

The two also said they were pretty sure that they would take the class again. "I'll probably purchase a wellness pass and do

this on Tuesdays and Thursdays now," Millick said

Spring break body with no gym needed

Getting to the gym for a full workout isn't always possible, but with the right moves and a little motivation, you'll be feeling the burn just in time to get a spring break

beach body. Stair it up

If it were possible to lose a pound for every time I've heard to take the stairs and not the elevator, I'd be skinnier than Kate Moss. This approach burns calories and tones muscles more than just trotting up them on your way to class.

Begin by finding a large staircase, like the one in the Administra-

tion Building or Idaho Commons. Start on level one and work your way to the top slowly doing two (three if you've got long legs) stairs at a time. The goal of this is to use your leg muscles to push up from one stair to the next, rather than using momentum. Once you've reached the top, go down the stairs at a normal pace. Repeat as many times as you feel comfortable with.



lower down into a squat with both Argonaut hands on the floor. Now jump your feet back, assuming the push-up position. Lower yourself with your arms and do a full push-up, then jump feet forward,

Ever notice how prisoners in the movies

are buff as could be even though they

have limited space and equipment?

Prisoners obviously have tons of free time, and need to get fit to fend

returning to the squat position. Jump up from the squat position, trying to catch as much air as possible. Repeat this 10 times. After you've caught your breath, start

again with another set of nine reps, then a set of eight, so on and so forth. If this is too chal-



If this exercise is child's play for you, try bringing your knees to your chest during each jump or doing it while holding dumbbells. If this still isn't enough, try doing the whole thing one handed... Yeah, didn't think so, tough kid.

Trail, not track

Walking on unstable ground and up hills burns significantly more calories than walking on a flat sidewalk, so next time you're in the mood for a walk or jog, think trail, not track. The university's arboretum and old arboretum both have wonderful scenery and tons of room to get moving, so whether you're running or walking, the hills and unstable terrain will add intensity to your workout.

Cards anyone?

Playing cards with friends won't break a sweat, but this game definitely will. You will need to use a standard deck of playing cards

The burpee is a simple move that works many muscles while elevating your heart rate.

and some sort of target that a thrown card could fit into. Use whatever is handy, be it a small trashcan, rain boot or a cookie jar for extra motivation.

Sitting a few feet away from the target, toss a card trying to land it in the hole. If you miss and the card lands face up, do push-ups or situps for that amount to the face value of the card. If it's a face card, do 10 reps. Red cards are for sit-ups, black cards for push-ups.

You can mix up the type of push-ups and sit-ups to work different muscles and avoid boredom. Try and go through the entire deck of cards, or if you're good at card tossing or are already fit, go through the game twice.

Game of the week Arizona looks for revenge at home against Washington

The Arizona Wildcats, who currently sit at the top its last six games, including last week's 67-52 win against

This will be a close game up until the five-minute mark, where Arizona will pull away.



off potential soap droppers, but the moves they use are simple and great for a dorm room or small apartment. The burpee is a simple move that works many muscles while elevating your heart rate. To do a Burpee, begin in the standing position and

Jailhouse burpee



30n3 BASKE WOMENS & MENS FREE FOR UI STUDENTS



campusrec.uidaho.edu

of the Pac-10 standings,

will soon try to avenge a loss against Washington from a month ago. The Washington Huskies beat the Arizona Wildcats 85-68 in Seattle Jan. 20, and this time around, Arizona has the momentum and the advantage of playing at home. The Huskies, who

are No. 3 in the Pac-10 behind Arizona and UCLA, must win this game to have a shot at the regular season league title. Both teams have difference-makers, as Washington has Isaiah Thomas and Arizona has Derrick Williams. Thomas averages 17 points a game, while Williams averages 19.

Arizona must shoot better than a month ago in Seattle. Washington held Arizona to only 40 percent shooting on the day, and that's what cost the game. Since that game though, Arizona has been unbeatable, winning

in-state rival Arizona State.

Arizona will need a huge game from Williams both offensively and defensively. Washington averages 85 points a game — Arizona will have to hold it under 80 to win. In the two teams last meeting Thomas

Michael Greenway scored 22 points for Argonaut the Huskies in their 17-point victory and that's something

that can't happen this time around in Tucson.

Washington has lost three of its past five games, but the Huskies were able to get a much-needed sweep of the bay area school's at-home last week with a 109-77 win against Cal and an 87-76 win against Stanford. To win Saturday's game against the Wildcats will be a tall order for the Huskies, as Washington has played well on the road this season and as the Huskies are 3-4 on the road in the Pac-10. Arizona on the other hand has not

lost on its home court this season. Thomas must have a repeat performance against the Wildcats and the Huskies must dominate inside the paint. If the Huskies can dominate on the rebounds and if Thomas can have another big game, the Huskies will take two from the Wildcats.

This will be a close game up until the five-minute mark where Arizona will pull away. Williams will prove to be too much for Washington and Arizona will get the win. Washington will not be able to dominate the boards and Arizona will win this game by at least 10 points. Don't be surprised to see these two teams meet up again for the conference tournament at the championship game.



CLOSE CONTEST IN COWEN

Get Out There Being prepared for the Idaho wilderness

ered wilds of Idaho are a dream place for anyone wanting a true outdoor experience. But go

into the woods without being prepared for what Mother Nature has to offer and your fun experience could turn into a lifethreatening ordeal. I recommend ev-

eryone wanting to spend time in the wilderness should do so with a fully Michael French stocked day pack A day pack should I

include everything you could need for any realistic situation. If your outing consists of walking on an old logging road for two miles in the summer, you're probably not going to need to bring an extra layer of warm clothes or food to last for three meals. I would still recommend a pack with extra water, a first-aid kit, a compass and a self-defense weapon be brought along. Understanding just what it is your adventure entails is a big asset and will help you prepare for it.

Equipment can save your

The beautiful timber cov- life, or even just relieve some strain of a situation, is vital when things really start to get interesting in the wild. If a per-

son becomes stranded in the wilderness it is really easy to lose hold of the situation and become panicked. Being able to slow down and think is the most important part of getting home. In order to have a place to think in the worst conditions, and raise the Argonaut odds of your survival, pack a few things to

make a quick shelter.

One of the lightest and most effective pieces of equipment for making a shelter is a tarp. Throw in a good length of rope and two stakes, and you have quick and easy means of creating a waterproof lean-to.

Another factor that zaps the will to live from a person is the cold. Even in the warm months it can get pretty cold at night without some sort of heat source. This is why everyone spending time in the outdoors should carry a fire source and know how to quickly build a

productive fire. Knowing how to provide yourself with warmth in a timely fashion is vital to prevent the onslaught of hypothermia, and a fire will also help to keep your spirits high.

The final item I have with me no matter where I'm going in the wilderness is my .22 LR sidearm. The ability to defend myself from danger, either by noise or gunfire, as well as being able to provide myself with food is an absolute must. While a little .22 probably wouldn't be a smart choice for stopping a charging moose or bear, most animals in the wilderness will be deterred from any violence with a warning shot.

If an outdoorsman wants to spend quality time in the wilderness, taking the steps to ensure safety is just as important as time actually spent in the woods. Before taking off on your next adventure, be sure to understand what you're getting yourself into, and know how to make your time a success.



Zach Edwards | Argonaut

Keri Arendse looks for a pass against the defense of Shavon Moore and the rest of the Nevada Wolfpack. Despite a hard fought game the Wolfpack inched out a win by a score of 69-63.

COACH

from page 5

we're supposed to beat them (Aztecs)," Akey said. "Conference-wise we're similar teams.

Akey said he has high expectations for the team and staff next season.

"I hope the students, alumni and staff are fired up for next season," Akey said. "With all the construction going on, we'll have a new Dome and a new team.'

LOSS

from page 5

the game-tying shot as Nevada went on to take the victory. Senior Derisa Taleni said the loss is a tough one to swallow.

Knowing that we could play with them, especially in the beginning, it's just tough, but we can't hang our heads. We still have a game on Saturday," Taleni said.

Rebounds hurt Idaho throughout the second half, giving up 22 second-chance points to Nevada

"They out-worked us, they out-played us, they out-hustled us," Newlee said.

Idaho dominated the glass in the first half, but the second half was all Nevada, and it proved to

be the deciding factor. Olorunnife said this was a game the team should be able to pull out.

"That's the type of game we need to win, and we could win, and we had it, but we just didn't play 40 minutes of the game," Olorunnife said.

The Vandals will play their last home game of the season Saturday when they battle Utah State at 2 p.m. in the Cowan Spectrum. The Aggies pulled out a close one the last time the two teams met Feb. 10, when they defeated Idaho 70-66 in Logan, Utah. Idaho will look to split the season series as well as get closer to securing a higher slot in the WAC. The Vandals will then be on the road for their final three games.

Saturday will be the final home game for five Vandal players as Bianca Cheever, Yinka Olorunnife, Emily Doran, Derisa Taleni and Rachelle Kloke will be graduating. The five seniors will be honored before tip-off Saturday.

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OPINION

Our View Mixed priorities around the state

Students, parents, teachers and Idahoans in general should be raging. Superintendent of Public Instruction Tom Luna is placing technology above teachers with an education reform plan that will outsource or eliminate jobs and turn students to laptops and online courses more often. It will increase class sizes and reduce student-teacher interaction.

For a state that ranks near the bottom of almost every list in measures of public education, it seems we're gunning for dead last.

Idahoans should be raging. But we shouldn't be turning that rage into unproductive uses of citizen voices, like those who vandalized Luna's vehicle and are making threats. By all means, point out the plan's flaws - write letters, make phone calls, picket on the steps of the Capitol. But use these productive, civil forms of voice, not spray paint and calls to violence.

But Idahoans should be raging. The state budget deficit, which was originally supposed to be \$35 million, ballooned to an estimated \$185 million, and now back down to \$90 million. Higher education may receive more than 5 percent in cuts. That's potentially more than \$400 added to tuition. Instead of no-brainer taxes like a cigarette tax that would bring in an estimated \$40 million, it could mean more teachers packing up their offices or more departments closing its doors.

It seems having one of the lowest

2

cigarette taxes in the nation is more important than being higher on the list of quality public education.

Idahoans should be raging. The priorities all across the state are backward and maddening. Speak out against it in productive ways. Because if you're not angry and in disbelief, you're not paying attention.

-KM

FinePRINT Life's about the little things

Life is all about the little things. Sometimes the little things find us - an unexpected smile from a stranger at the end of a rough day,

your mom's favorite dish tasting like you remember when you make it yourself, the colors of Moscow fall and much more.

But sometimes, we have to find our own little things.

For example, when the snow fi rst started falling last semester, I ordered a R.J. Taylor pair of slippers from The North Face to keep at my

desk. Now instead of having to wear either wet sneakers or dry boots all day, my feet spend the day walking around in what feels like pillows. I love my "law school slippers."

I also love my latest purchase from my most recent session of retail therapy - Skullcandy headphones.

I'm not going to say Skullcandy makes the best headphones ever, but I will say they are way better than the \$4 Walmart pair I had before I decided to seriously upgrade. They not only isolate me from

outside noise when I study, but

music sounds so sweet coming out of them that my ears get the same feeling my mouth does when there's something tasty in it. I prefer listening to

them to listening to my computer speakers when I'm home alone. It'd be amazing if I could find some Argonaut way to never listen to

the sound of anything again without coming though my Skullcandys. If I could get people's voices to come though my headphones before my ears, it'd be perfect.

The best thing about them is they came with a bottle opener. I'm not sure how much sense it makes to put a bottle opener in headphones, and I will likely never use it. But it's still cool knowing if I'm ever in a conversation

about whose headphones has the coolest accessory, I can always say, 'Mine has a bottle opener," and almost always win.

What beats a bottle opener? Unless someone fi res back with, 'My pair came with Carrie Underwood," I'm going to win that argument.

However, my favorite piece of imported happiness comes in the form of a Pink by Victoria's Secret water bottle. I stole it from my sister's cupboard last summer when I was house-sitting for her while she was in Iraq and her husband was in Afghanistan. It was the only one in the cupboard because all of her non-pink ones were already lying on the floor of my car.

My sister is my all-time favorite person and if I had a fan club, I'm sure she'd run for president.

While I eventually returned all of her other bottles, I kept the Pink one and use it every day at school. I like being able to take a small reminder of someone I'm close with almost everywhere I go.

Life is all about the little things.



Off the Cuff

Quick takes on life from our editors

Working for a living

We were here at the office until 3 a.m. Tuesday working on Blot, but it's sent and ready to go. It will be in your hands soon. Read it.

— Loren

Plea from a lazy person

When Walmart moved to Pullman, I originally wasn't very upset. I used to work in Pullman, so I went there practically everyday and it wasn't really

Views from Campus

Students speak out about current events and the topic of the day

What's the best thing and the worst thing about the Lionel Hampton International Jazz Festival?



Anthropology, sophomore Best thing: "I've never personally been to any events, so it could be this

great thing I'm miss-

Worst thing:

"Blockades and city

ing out on."



Sociology, junior Best thing: 'For one weekend, there's pretty music coming from every corner of campus.

a big deal - I could just go while I was there. But I don't work in Pullman anymore, and now it's a huge pain that it's eight miles away. It doesn't seem like very far, but living the lifestyle I lead, it might as well be in Spokane for all the time I have. Please bring back Walmart. Pretty please? You can't see it, but I'm giving puppy dog eyes. — Kelcie

Rest

Oh, three-day weekend, how glad I am you have arrived.

A father's wisdom

— Jens

Maybe I wasn't as gullible as I thought. Even though it was a day late, after the ring around the moon, the snow came. Two days in a row. Maybe my dad was right when he said truckers have buttons that shed old tires and replace a new one immediately. That is why all the rubber is left on the road, you know?

— Nick

— Тапуа

—Dara

I usually love three-day weekends, but the only thing I can think of is how horribly stressful and busy next week will be. Thanks, Jazz Fest. – Madison

Small joys

Dread

This Saturday I will be able to sleep in for the first time in weeks because I don't have to work at my non-Argonaut job until 6:30 p.m. It's going to be really nice to sleep until 9 or 9:30. Is that sad? — Chava

Sick burn

The best part about men in their 20s? They start to grow up.

Trash talk

To continue my deep, meaningful never vapid and full of soulful advice OTCs, stop talking dirty about other people, and while you're cleaning up that dirty mouth of yours, stop blatantly ignoring trash lying lazily around campus. By you, I mean all of us, myself included.

Panic attack

It's hitting me. I'm graduating in two months. —Kelli

0h man...

This week has been insanely busy and next week won't be much better. Actually, that's a fib, it will be awesome because Blot will be on stands and Madison McCord and I will be all about the Lionel Hampton International Jazz Festival with fantastic website and multimedia coverage. Be ready to be amazed.

— Elizabeth

Jenny Crum

Elementary education, junior

Best thing: "It keeps us busy (at the UI Bookstore)." Worst thing: "People think I'm a high schooler."



Chris Delport

Molly Culbertson Architecture,

senior "It sucks to have a lot of people in the (Idaho) Commons, but it's nice to have the live music.'

Worst thing: "Middle schoolers and high schoolers everywhere. Who wants to relive that?"



Megan Kehrein

Scandals have nothing to do with government

Public and private lives of politicians are separate

From the marble streets of Milan to the western plains of New York to the bathroom stalls of Minneapolis, sexual indiscretion and politics continue to be intertwined.

Italy Prime Minister Silvio Berlusconi is notorious for his

in office. He is now accused of having sex with an underage prostitute and abusing his power to cover up the affair. This is not the first time Berlusconi has been caught, but is unique for the fact that this scandal

his reign. Things are not too

Both are guilty of committing embarrassing and somewhat un-

becoming actions, but only Berlusconi, if found guilty, should have to step down. It is unknown what pressure the Republican Party put on Lee, but it seems unlikely the decision to resign was his alone.

This highlights the unfor-

tunate reality about politics in America morality has become more important than job performance. It does not matter what a politician does in office as long as he or she is living a pious life. Some of the best

politicians in American history are guilty of infidelity or other poor personal choices. Benjamin Franklin, Thomas Jefferson and

John F. Kennedy are just several examples of this. Of course, those scandals only

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came to light posthumously. In the era of 24-hour news cycles, no such secrecy is granted to politicians'

personal life.

Bill Clinton was the first politician to face the wrath of the restless media. Despite a constant barrage of public humiliation, Clinton weathered the storm and managed to continue to perform his duties.

Since then, however, any conduct that even remotely appears to be a sex scandal is greeted by all sides with disdain and calls for resignation. Rivals want to embarrass, those within the party do not want the association with the troubled party and voters somehow feel duped.

If crimes are committed, then there are ample reasons for these feelings. It is understandable that people are not going to want an elected official who breaks the law in office. A difference of opinion on morality is not justification to insist a public servant should step down.

The Inland Northwest is not insular from these scandals. The actions of former Spokane mayor

Jim West and Idaho senator Larry Craig will not be forgotten for some time.

An angry public that was uncomfortable with the decisions of his personal life disposed of West, who was never charged with any crime, via a recall. Lee, like West, can feel a huge sense of injustice that decisions made in his personal life forced him out of a job.

Every politician whose private life becomes public domain is and should be subject to ridicule and embarrassment for poor decisions. However, if those decisions are morally based and do not break any laws than they should be allowed to stay.

If people are so concerned about the morality of a candidate, then they should vote for nuns or eunuchs for political office. It is better to have a morally questionable but successful politician in office than a wholesome yet incompetent person in power.



will seriously threaten Cheyenne Hollis

different in America.

New York congressman Chris Lee resigned last week amid allegations he had been lying about his identity on Craigslist in order to pick up women

Suffering and free will linked

Suffering is all around us — if there will in a relationship and the choice is an Almighty God, why does suffering exist?

Abrahamic religions tell followers that in the beginning there was no suffering man did what pleased God and this brought him joy. The Catechism of the Catholic Church states "God created man in his image and established him in his friendship." In friend- Casey Dail ships, free will is essential, as it is unhealthy to be in relationships because you

can empty a relationship and leave people to live a

But wait, isn't God "Al-mighty?" Why did God are forced to be. If there is no free not prevent the fall that changed human nature forever?

It is not a question of God's omnipotence. C.S. Lewis explains in "The Problem of Pain" the answer is better understood like a game of chess. When playing chess with a younger sibling or someone inexperienced, vou may allow him or her to get away with a few incorrect moves, "but if you conceded everything that at any moment happened to suit him ... then you could not have a game at all."

If rules are constantly changing and, at certain moments, do not matter anymore, it would be impossible to play the actual game, and the person would not grow into a better

player. Lewis explains if people "Try to exclude the possibility of suffering which the order of nature and the existence of free wills involve, (then) you find that you have excluded life itself."

As there are rules in chess that are kept in mind while initiating certain moves, so too in our daily lives there are rules to keep in mind, such as natural law, as our next move in life is freely played out.

In God's omnipotence, Adam and Eve's mistake could have been erased each time they freely did it. Continuing to the present, God could also erase and correct every wrong

Steve Carter

Argonaut

move of humanity, but then our world would be, as Lewis describes, "continually underpropped and corrected by Divine interference (making it) a world in which nothing important ever depended on human choice, in which choice itself would soon cease." People would have no free will, and thus be like robots. Humanity's free will is important to appreciate and use wisely. Understanding from the Abrahamic religions that the fall began with free will, we know failures occurring today should not be blamed on God but rather human choice. God is only constantly calling us back to friendship.

Welcome to Facebook

to love is nonexistent, it

Clinton Vansciver

Daily Trojan, University of Southern California via UWIRE

"Welcome to Facebook." It's the most memorable line of David Fincher's 2010 film "The Social Network" because it has come to define our generation as a whole, most notably those enrolled in college.

In fact, Facebook has become such a crucial aspect of our lives as college students that it's hard to imagine what life would be like without it.

But for any technology to be harnessed effectively, we have to realize how to use it in moderation. With Facebook, that's something we don't really understand how to do yet.

That's why I think college life would be better without Facebook - or at least with a smaller dose of it.

500 million active users, 50 percent of whom log on every single day. Facebook claims 200 million active mobile users, all of whom use Facebook at least twice as much as the

other 300 million. More than 2.5 million websites have integrated it, so it's everywhere, with

10,000 signing up every day. And yet, even with all these stats, I think the most damning one is this: "People spend over 700 billion minutes per month on Facebook," according to Facebook's statistics page.

It's safe to assume something very productive and beneficial could have been done with those 700 billion minutes.

If every Facebook user accounted for a similar share of the time, that would come out to 23.3 hours per month, per person.

We know that's not the case, so that

means more active users are spending more than a full day per month using Facebook.

There's a big difference between social networking and being social. Although the two can reflect each other, it's still not quite the same thing.

We haven't replaced real social activity with an online version of it, though we're just doing both now. So the time has to have come from somewhere else.

Is it our studies? A study by the British newspaper, The Times, says yes. An article published in The Times said those active on Facebook perform sometimes as much as full letter grades lower on exams.

Facebook is a social hub for many students. But it is just that, and it needs to be kept in its place before we allow it to interfere with other crucial aspects of our lives.

Welcome to Facebook.

Political comments require information

Editorial Board

Daily Targum, Rutgers University via UWIRE

The U.S. health care system is evil - or so teen pop sensation Justin Bieber would have you believe, according to a recent interview with Rolling Stone. On a semi-related note, Gov. Chris Christie has made it known that he — unlike a large portion of Rutgers University students — is not a big fan of MTV's "Jersey Shore." In fact, Christie plans on telling his "good friend" New York Gov. Andrew Cuomo to "take (the cast) back" to New York because New Jersey does not care for them. How are these not-quite-news items related? It's simple - on one hand, we have a pop culture figure making claims about politics, and on the other,

a political figure making claims about pop culture. But the big difference is that Christie is qualified to make his claims publicly. Bieber is not.

This is a time in which pop culture and the government have been coming closer together. In fact, they have merged to the extent that people perceive of President Barack Obama as a sort of celebrity president. Is this conflation a good thing? In some ways, it is absolutely harmless. For example, it is kind of fun to find out what songs elected officials have on their iPods. At the same time, people have to remember the crucial difference between pop culture and politics. Namely, that pop culture is a matter of taste. while politics are a far more complicated beast. As a human being, Christie is automatically a member of mass culture. As such, he has every right to espouse his opinions on something like "Jersey Shore" in a public forum. Everyone has that right - pop culture is something everyone is a part of. It informs our everyday lives, no matter how much we try to remove ourselves from it. One need not be an expert on something like trashy reality television to express their feelings about it.

But not every human being is a political expert especially when it comes to something as complex as health care. Of course, Bieber is entitled to his opinion - everyone is allowed to have an opinion on pretty much everything. But when media outlets

ments on health care, all they are doing is wasting space. Bieber's opinions on health care do not constitute news. Does anyone really care what a 16-year-old pop singer thinks about American health care? If they do, they shouldn't. If Bieber wants to express his opinions on health care — something he is not intimately acquainted with — let him do it. Just don't waste time and paper letting the world know what he said.

In short, it comes down to this: When politicians talk pop culture, it humanizes them, and citizens like to feel closer to their elected officials. When pop culture icons talk politics, it makes them sound simple. Of course, this is a sweeping generalization, but it certainly applies in the case of Justin Bieber.

Revolution is not always good

The world has watched as people rose against the president of Egypt during the last few weeks. They refused to acquiesce to his proposed compromise of not running for reelection. And then last week, with the eyes of the world upon him, Egyptian President Hosni Mubarak handed power to the military and resigned his

presidency. As President Barack Obama said, The people of Egypt have spoken. Their voices have been heard and Egypt will never be the same.'

Around the Middle East, similar protests and uprisings have begun in many countries. New protests have gained world attention this week in Bahrain, Yemen, Iran and Iraq. These uprisings have even been linked to comments President Obama said after the overthrow of Mubarak. Obama said, "The world is changing ... if you are governing these countries, you've got to get out ahead of change, you can't be behind the curve."

And now, governments in the region are making concessions to prospective protesters in an attempt to quell the thought of potential uprisings.

President Ali Abdullah Saleh of Yemen, a U.S. ally against al Qaeda who has been in power for 32 years, was quoted by the state news agency as saying the unrest was a foreign plot to create chaos in Arab countries. While the statement may not have much to back it up, there is some merit in the result of President Obama's statements

The Middle East, which has always been an area of delicate balance, often accompanied by civil wars, is an area that has been in the spotlight for decades. And each time there is a major incident or conflict it has been either the U.S. or the U.N. (with the lead of the U.S.) to try and resolve the conflicts. Most likely, the current uprisings will produce bloodshed, and could possibly lead to full civil wars. And as a police state, it will be necessary for the U.S. to once again intervene on someone else's behalf.

The U.S. is almost out of the Middle East. The war in Iraq is coming to an end and the war in Afghanistan will most likely continue for a few more years. But now, thanks to the "inspiration" our fearless leader has instilled in dozens of countries, we may be facing another round of battles for our country to fight.





like Rolling Stone and The Huffington Post print someone like Bieber's com-

Sovereignty for South Sudan

of civil strife in African history. Although

Stefanie Doucette

Vermouth Cynic, University of Vermont via UWIRE

In a time when the news is so often is disheartening, it is rejuvenating to hear of the recent Sudanese success story. The people of Southern Sudan have been jubilant since the Independence Referendum of January 2011, where, as expected, citizens voted to secede from Sudan, which lies directly to the north. The final results, released Feb 7, affirmed that 98.83 percent of South Sudanese voted for independence, as well as raised the hopes of the Sudanese people. Such a show of overwhelming political unity, though rare, is possibly a sign of future political and social stability.

Southern Sudan has been fighting domination from the north since 1955, at the onset of one of the longest periods the Comprehensive Peace Agreement ending the conflict in 2005 declared them an autonomous region, the Sudan People's Liberation Movement was not satisfied with such incomplete liberation from the oppressive rule of President Omar al Bashir, who has only propagated political, ethnic and religious tensions in the country while in power.

Although the thought of producing a properly functioning country is daunting, Southern Sudan is boding well. It shows promise of being built around standards for respect of diversity and the assurance of basic rights and freedoms for all citizens. There is also due cause to hope that further dealings between the new south and its former northern partner will be cooperative and friendly. Acceptance of the referendum, as well as proceeding negotiations over the details of the split, have

all been diplomatic thus far, and there is no foreseeable cause to believe that this should not continue. The Sudanese people might finally be on the verge of the peace they have been denied for decades. Optimism for the Southern Sudan would not be unwarranted, especially once its new status is made official in July.

The rest of Africa, if not the rest of the world, should be celebrating alongside the people of Sudan. Many speculate that these new political arrangements will set a precedent of selfdetermination and inspire more of such reforms against ethnic oppression in surrounding areas. The region of Darfur, especially, could be influenced by such changes, due to its similar struggle with religious persecution and the Sudanese government. Overall, the emerging Republic of South Sudan is set to become an example of better days to come.



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