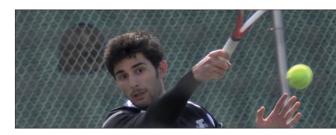
THE ARGONAUT



Tuesday, April 12, 2011

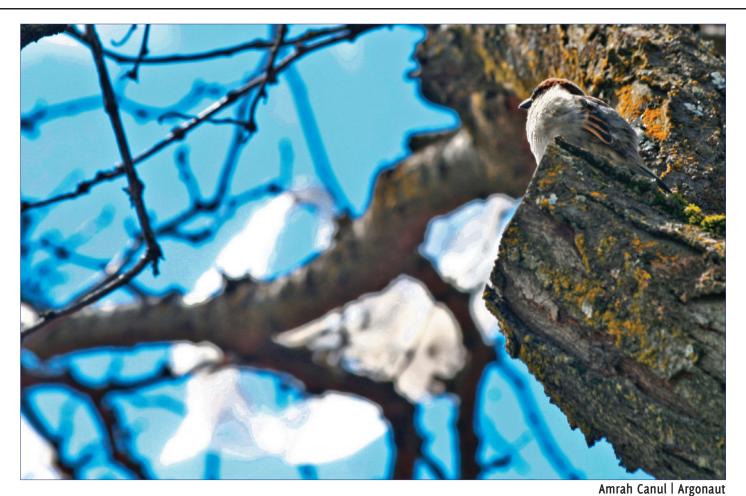
Sports

Men's tennis went 2-1 during the weekend. Read what nationally ranked team they beat, page 5



Opinion

Graduation is looming, scared for what's next? Read a column about what to expect, page 9



A piece of ripped plastic intrudes a bird's perch on Main Street Thursday. Earth Week begins April 18 and will work to promote more environmental awareness on campus and in the community.

Go green

Earth Week returns to campus

Anja Sundali Argonaut

Nearly 40 percent of students don't know where or what to recycle, according to a recent survey conducted by Vandal Solutions.

Starting April 18, people involved with the Sustainability Center intend to change the level of education.

The day will mark the beginning of the Sustainability Center's Earth Week, a six-day sustainability awareness effort featuring events, competitions, movies and lectures on campus, and will end with a free concert on the Theophilus Tower lawn. at the center putting on these events, it's us and at least one other group." Some of the other groups in-

volved with Earth Week this year include: ASUI, UI Environmental Club, Oxfam, Friends of the Clearwater, American Institute of Architecture Students, the Moscow Yoga Center, the Women's Center, the Moscow Co-op and the Environmental Law Society.

Earth Week will feature a lecture from Stanley Temple, Beers-Bascom professor emeritus in conservation for the Department of Forest and Wildlife Ecology, and Gaylord Nelson Institute for Environmental Studies at the University of Wisconsin-Madison, 1:30p.m. April 19 at in the Aurora Room of the Idaho Commons. Another of the featured events this year will be a "Trashy Fashion Show" April 18

Bottled vs. Tap Taste Test Women and Climate Change Sustainable Programs Presentation

April 19 H₂OIL Movie Showings Megaloads & Tar Sands Teach-in Stanley A. Temple Guest Lecture. April 20

Trashy Fashion Show Free Yoga Clinic Bag It! Is Your Life Too Plastic Green Fire Showing

Get Your Bike Fix Bag It! Is Your Life Too Plastic?

April 22 🖌

Adria Mead, a junior in environmental studies and Sustainability Center event coordinator, said this is the busiest Earth Week she has ever seen at the University of Idaho.

"Every day of Earth Week will have several different events," Mead said. "It's cool because it's not just us

see **GREEN**, page 4

Social Equity & Sustainability Fair Get Rooted! Plant A Tree! April 23 5K Fun Run (\$15) Earth Week Concert

The role of women in pow wows

Dylan Brown Argonaut

As the pow wow circuit crosses the nation every year, the jingle dress dance of the Ojibwe, a tribe of the North Central U.S and Southern Canada, is a fixture of pow wows coast-to-coast, including Moscow's upcoming Tutxinmepu Pow Wow to be held April 23 and 24, in Moscow Junior High's gym.

Champion jingle dress dancer Sharon Eagleman won't perform as part of the pow wow, but will visit Moscow at the behest of Native American Students Association and University of Idaho Women's Center to speak about the role of women in the pow wow.

Eagleman, a member of the "Little Traverse Band of Ottawa" of the Fort Peck Sioux Assiniboine, will speak as part of the Women's Center Brown Bag Series at 12:30 p.m. Wednesday in the Women's Center office, and again at 6 p.m. in the Aurora Room on the fourth floor of the Idaho Commons.

News, 1

"We are really excited to have her," said Lysa Salsbury, Women's Center program coordinator.

When some students returned from a previous year's pow wow, Salsbury said they had noticed while women participated in the pow wow, they did not do any of the drumming — a vital part of any pow wow. With a vested interest in the roles of all women, Salsbury took notice.

"I am very interested, from a practitioner's standpoint, to see women's roles in pow wows," she said.

Eagleman will bring a Native American woman's perspective to the Women's Center's monthly Brown Bag Series, relatively-informal discussions of a wide range of women's issues. The series is free and anyone can stop in, Salsbury said.

Native American Student Center Director Steve Martin, a main organizer of Eagleman's visit, said





File Photo by Kate Kucharzyk | Argonaut The Tutxinmepu Pow Wow will be April 23-24 in Moscow Junior High gym.

Students host annual pow wow

Joanna Wilson

Argonaut

Stella Penney said the Tutxinmepu Pow Wow is an opportunity for Native Americans to defy stereotypes and show a different side to their culture.

"(Pow wows) are a way we can show people how beautiful we can be," "There's many stereotypes on Native Americans. This is one way of showing what we can be," said Penney, University of Idaho Native American Student Association president and member of the Nez Perce tribe.

Native American students at the University of Idaho tribes from the Inland Northwest will celebrate their culture during the Tutxinmepu Pow Wow April 23 and 24 in the Moscow Junior High School gym.

"It allows us to come together in a social setting to interact and get reacquainted with old friends — make new friends," said Steve Martin, Native American Student Center director.

Martin's tribe affiliates are Muskogee and Choctaw.

The Tutxinmepu Pow Wow is organized and hosted by the UI Native American Student Association, Penney said.

"We are in charge of everything that happens," Penney said. "This gives us a sense of how to put on an event, how to be organized. It gains leadership skills for us as well, because we are able to go out and talk to people."

To organize the event, students had to find judges, vendors and invite surrounding tribes to participate and compete in the pow wow. Penney said the dances will be judged on flow.

"Their sincerity," Penney said, "how they step and how their movements come together, and if they are on beat."



The Vandal Voice for 112 Years

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Issue no. 52	Recyclable



is essential both to their development as individuals and to the continued betterment of human life.

The Argonaut

University Studies Wesley O'Bryan | Argonaut Would you be interested I never realized you Then sure! Were an Australian in taking a survey? woman with a drug Is if (No. No. Here you problem ... 90 No. anonymous? I enjoy being an outlier! Rex Eli Holland | Argonaut CHECK IT OUT! 6H WAIT NO, YOU I OPENED A YUP, \$0.68 EXACTLY. OVERDRAFTED ON BANK ACCOUNT SOME PARTY HATS. TO PROTECT MY WOODOOOC THAT'S -\$0.68. FINANCIAL ASSETS ALL 68 LET ME FINISH THE CENTS? "FINANCIAL DANCE NEXT TIME Gray Scale Erica Larson | Argonaut If one more professo sks me to critically think I wi llo student. I'm going have to ask you to stop you're doing and criti think for a moment. sudoku crossword Across 1 1 A portion 5 Music genre 2 9 8 9 Oversight 14 "____ the before..." _ the night 7 2 4 15 At another time 16 Related on the mother's side 3 9 7 4 17 Pond dweller 18 Marked by pomp or formality 20 Term of office 2 22 Irish Sea feeder 4 6 7 23 Work units 24 Capt.'s prediction 25 Little helper 6 5 7 8 27 Resinous deposit 29 Kind of engineer 31 Observe 9 7 3 1 36 Jazzman Getz38 Tasseled cap 40 Divination deck 5 2 41 Fruity pastry

solutions

Pickles for Breakfast and Other Little – Known Aspects of International Collaboration

Tuesday, April 12 3:30 - 4:30 pm, Aurora Room 4th Floor Idaho Commons

Improving Collaborative Communication Wednesday, April 13 11:30 - 12:30 pm, Aurora Room 4th Floor Idaho Commons

Student Achievement Awards

Student Achievement Awards Ceremony will take place on: Friday, April 15 at 7:00 pm in the Administration Auditorium

Activities Board

Recognized Student Organizations opportunity to be reimbursed up \$2,000.00 Spring Semester Funding Training Meeting Dates The organization's treasurer/financial officer must attend this meeting before the club is able to apply for reimbursement and attend a hearing. 6:00 - 7:00 p.m. - Crest* Tuesday, April 12,

Spring Semester Funding Hearing Dates The sign up sheet will be placed outside the room at 4:00 p.m. (clubs sign up for 7-minute slots beginning at 5:30pm)** Tuesday, April 26, 5:30 p.m. - Crest* *Located on the 4th Floor of the Idaho Commons building

Idaho Commons Hours:

Monday-Thursday: 7am-12am Friday: 7am-8pm Saturday: 9am-8pm Sunday: 12pm-12am

Student Union Hours:

Monday-Thursday: 7am-12am Friday: 7am-8pm Saturday: 9am-8pm (will stay open later for programming) Sunday: 12pm-12am

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meet me at
the Idaho Commons

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75 Strapped for cash 10 Diarist Frank

1	11	Poker holding	47	Banned pesticide
	12	Buck	51	Lightly burn
	13	Snaky swimmers	53	Actress Benaderet
	19	Average	55	Leans
	21	Minister (Abbr.)	58	Ballet skirts
	26	Hightail it	59	Fence feature
	28	Bunk	60	Wood sorrels
	30	Lay to rest	61	One of the "Little
5	32	Thin bark		Women"
	33	Not consistent	62	Division word
	34	Refrigerate	63	Peter the Great,
	35	And others, for		e.g.
		short	65	Biblical pronoun
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Corrections

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In the article "Tension at Borah Symposium" in the Friday edition of The Argonaut, Jacqueline Maximillian's husband was arrested under false terms. Maximillian and her husband were attending college in Tanzania during the 1994 genocides, but were not involved. Maximillian's husband returned to Rwanda in 1996 as a refugee. He came back to Rwanda, but when he returned to his family's property, he found it occupied by government and army officials. He was accused of being involved with an organization called Interahamwe Hutu militia and then arrested.

In the same edition, in the article, "Same challenges for a new grad dean," the College of Graduate Studies has 17.2 percent of total enrollment, more than 2,000 students.

UI STUDENT MEDIA BOARD

The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the

public. Questions? Call Student Media at 885-7825, or visit the Student Media office on the SUB third floor.

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The Argonaut welcomes letters to the editor about current issues. However

 Send all letters to: 301 Student Union Moscow, ID, 83844-4271 or arg-opinion@uidaho.edu.

• Letters should be less than 300 words

Letters should focus on issues, not on

• The Argonaut reserves the right to

edit letters for grammar, length, libel

Letters must be signed, include major

If your letter is in response to a particu

and provide a current phone number.

lar article, please list the title and date

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1960s bikes hit the road

Kayla Herrmann Argonaut

As a child, many people have fond memories of riding their bikes to and from locations, but for University of Idaho adviser Kris Roby, that fondness hasn't changed much - she still rides the same bike she received in fourth grade.

Roby was living in Bozeman, Mont., when she was given with her brand-new 1961 Schwinn Corvette bicycle.

"I was so excited when I saw it, and because my birthday is in February, I couldn't ride it until the spring, and somehow I have managed to keep it for all of these years," Roby said.

Her bright blue bike, complete with book carriers, is one of the most comfortable bikes she has ever ridden, which is a reason she still rides the bike today, Roby said.

Although the weather hasn't completely warmed up, Roby has taken her bike to get fixed and is looking for the original seat and light to complete it.

"I rode my bike a lot when I was young and especially in college, but

family's home. However, my family just sold their home so I took the bike back to Moscow with me," Roby said.

after that it stayed in the garage at my

When the weather starts to warm up, Roby said she wants to take her bike on the Palouse Trail, which goes from Moscow to Pullman, and encourages bike riders in Moscow to ride their bikes on the Coeur d'Alene trail.

She also wants to ride her bike to and from campus, along with weekend rides to the Farmers Market.

'Biking is a great way to exercise and it is so very soon that I can finally get back out there," Roby said. "You know I have this memory of when I traveled to France in the early '70s and I was amazed to see how many elderly people were riding their bikes. I just thought to myself, 'wow, this is great,' and something I can do the rest of my life.'

Roby isn't the only who is riding a vintage bike around campus.

Ben Frey, junior in history, rides his dad's 1965 Sekine bike on campus and around Moscow.

"My bike has been discontinued since my dad bought it in 1965, but now the bike has new parts that I put on it, like some sweet mustache handle bars," Frey said.

Rain or shine, it doesn't matter to Frey when he rides his bike.

"I ride when the weather is nice, but it's also fun riding in the pouring rain," he said.

Along with Roby, Frey tends to use his bike mostly on paved paths, and sometimes rides short trips to Troy with friends.

Riding his dad's bike is more personal than buying his own, Frey said, because he had lot more fun fixing up his dad's bike and creating something that was personal to him.

"The bike is in great condition and having a bike that was my dad's became a lot cheaper," Frey said.

As the weather begins to warm up this spring, Roby said she anticipates seeing more bike riders out in Moscow.

"The sooner it gets warmer the better. My bike is so comfortable, and almost every time I get on it, I look back and feel like I might be 12-years old again. It's fun," Roby said.



Amrah Canul | Argonaut

Mirko Mays performs a tune up on a bike at Paradise Creek Bicycles Thursday. Paradise Creek Bicycles helps to promote the lifestyles of safe and healthy cycling in the Moscow community.

Keeping up

Moms use technology to stay in touch

Kayla Herrmann Argonaut

Technology has been a prevalent part of most students' lives growing up, especially when it comes to cell phones and the Internet. When it comes to students' parents, some might not be able to say their mom's are particularly "tech savvv.'

Úniversity of Idaho junior Lana Stoianov's mom is one of those parents.

Stoianov said she could go on and on about stories regarding her mom and texting. She said a majority of the time her mom blames her technology problems on being from a foreign country.

'My mom's name is Maria, and her and my dad are the first in our family to have moved from Bulgaria to America," she said. "My parents both have very strong accents and it is difficult for some people to understand them. They both do their best and have grown as English speaking individuals, but when it comes to texting, it's horrible."

Just recently, Stoianov's mom received an iPhone, and Stoianov said her mom only understands the minimal when it comes to technology, and the texts she receives are hilarious. Stoianov said her mom tries to keep up with the latest "slang." "For some reason my mom thinks that it's better to abbreviate weird things when texting. For example she will take the word 'the' and in text will turn it into the letter 'd,'" she said. "So I once got a text that said, 'Did u got d email.' Other times she will just misspell words in texting conversations, and when I tease her

for being a terrible texter, she just laughs and calls herself a foreigner.'

While some moms may try and be active by texting, sophomore Lindsay Beresford, said her mom is known to write embarrassing things on Facebook.

Beresford and her mom have different last names, which can confuse some of Beresford's friends on Facebook, she said.

"My mom thinks everything is a big deal when it comes to Facebook. She literally 'likes' everything and 'pokes' all my friends," Beresford said. "Sometimes she will even comment on pictures that I have, that aren't even my own photos. Half the time I have to delete things she says because I'm worried that my friends and other people will think she is a creep."

Beresford said her mom is notorious for calling her and telling her that she updated her status, or she finally changed her profile picture for the week.

My mom means well, but some of the things she writes end up just being really funny," she said.

Recently, Beresford said she had commented on a picture of her and a friend that said, "What is this stringy bang thing I have going on." and her mom commented back, "Sometimes I have a stringy bang thing too, it's familial!" "I don't know how else to respond but laugh. She just wants to be involved with my friends and I, and I guess Facebook is how she goes about it. Although moms can be embarrassing, whether it's through texting, Facebook or even just the simple things moms do, Beresford said she cannot wait to spend time with her mom this weekend.

Mother and classmate

Vandal mom takes classes with her daughter

Joanna Wilson Argonaut

Selina Miles' mother will not visit the University of Idaho for Moms Weekend, instead she sits in a CORE Discovery class with her every class period.

"First semester, it was really awkward," Julie Miles said. "I felt really uncomfortable at fi rst because I was actually in classrooms (with Selina Miles') classmates from high school, and they all knew me as 'Selina's mom,' so I was really embarrassed.'

After graduating from high school in 1989, Julie Miles married and started a family. Now, as her oldest starts college, Julie Miles has chosen to pursue her secondary education.

'My whole intent is not just for me, but it was for my kids to see that if you really work hard at anything, it's not your I.Q., it's if you work hard, you can do anything," Julie Miles said. "I hope it inspires my kids.

The two have always been close, Julie Miles said. 'Even when she was little, I'd

go to the grocery store, she'd always go," Julie Miles said.

Their connection was mutually helpful in English.

"If one of us is absent, we always knew what was due," Julie Miles said. "Typical being a mom, if she wasn't on task or whatever, she'd never even look at her syllabus all semester: (She asks) 'Mom, what's due? Mom, what do we gotta do?"

Selina Miles agreed.

"She's my note-taker," she said. For Julie Miles, her daughter

helped her develop her thesis.

"Proofreading, thesis state-ments," Julie Miles said, "I had some trouble with thesis statements. So I looked to her for help."

The two women have different strengths in writing, Julie Miles said.

"I'm creative, and she's more ... " "Textbook style," Selina said.

"Yeah, yeah," Julie Miles said.

the second part of CORE 171: "Shared Places," an introduction to the indigenous peoples of North America. Julie Miles chose to take the class because of her Native American heritage, and her Nez Perce husband.

"The first thing I looked for when I did register was a class that had to do with Native Americans," Julie Miles said. "I want to eventually go into graduate studies -Native American studies."

Selina Miles said she appreciates the new information professor Jan Johnson presents in the CORE class.

"I like how she presents all this information to students," Selina Miles said. "Some of these students don't know this stuff, so they get a whole new perspective of Native Americans, you know, how life was pre-contact, and how it is now."

The class is a mixture of racial heritages, including other Native Americans, Julie Miles said.

Still living at home, Selina Miles

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For Selina Miles, attending classes with her mother never felt strange.

"I didn't think it was weird or odd," Selina Miles said. "A lot of kids were like, 'Wow, that's really cool.' ... I was like, 'Well we're in college. There's kids of all ages here.'

Julie Miles said her daughter sits by her in all their classes.

'She's not ashamed to sit by me," Julie Miles said. "I'm like, 'You don't have to sit by me if you don't want to.' (She says) 'No, I'll sit by you."

"Just direct — to the point."

Selina Miles said she thinks in terms of numbers and statistics.

"I'm good at writing papers," Selina Miles said.

"And I'm more creative," Julie Miles said.

Julie Miles remembers loving to help with - and doing - her children's elementary school projects, as well as making all their Halloween costumes.

"She did all my high school projects," Selina Miles said, "art projects and stuff."

SEPTEMBER

This semester, they are taking

said she is able to save money, and in return, she helps her mother find time to do homework.

"Selina is my taxi," Julie Miles said. "She's the one who drops the kids off where they need to go, she's the one who picks up the kids. That gives me time."

And Julie Miles is her daughter's alarm clock.

"I still wake her up every day and tell her 'You gotta go to class," Julie Miles said.

"It's give and take," Selina Miles said. "It's equal."

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GREEN

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sponsored by the AIAS. Starting 11 a.m. April 19 participants will be given 24 hours to design an outfit featuring recyclable materials collected by AIAS. On April 20, participants will walk the runway in a fashion show held at 11a.m. in the Commons food court.

"Everyone is really enthusiastic about the 'Trashy Fashion Show,' which is great because it's the first time in a few years that we've held it," Mead said.

The Environmental Law society will host a 5K fun run April 20 to raise money for its programs. The cost to register is \$15 and will include a Tshirt and water bottle.

Several movies and documentaries will be shown for free admission during Earth Week, including "H2Oil," "Bag It" and "Green Fire."

"My goal was to bring as many different entities of campus together to be involved with these events," Mead said. "One of the things about sustainability that is often overlooked is that fact that it isn't just environmental, it's economic and social as well, which is what the center stands for. There's a common thread between all groups and departments on campus that we can relate to."

Earth Week will end April 22 with a free concert on the Tower Lawn sponsored by Vandal Solutions. The concert starts at 6 p.m. and will feature the local band Time

Warp, in addition to a few others yet to be announced. Berkley Olmstead, a junior

accounting major and branding manager for Vandal Solutions, a non-profit student-run marketing group on campus, said Vandal Solutions decided to take on the concert because they thought it would be the best way for them to participate in Earth Week.

"For us it's all about raising awareness. This is our way of showing off this great organization, and telling the campus how much value they add to our community," Olmstead said. Vandal Solutions will

also organize pick-up volleyball, soccer and Frisbee games during the concert, and Olmstead said spectators are encouraged to bring blankets and picnics if they like.

"It's a perfect wrap up for Earth Week. Every event is promoting a different sustainability issue or cause, this will be a fun hangout for everyone," Olmstead said.

During the concert the Sustainability Center will reinforce issues highlighted by events that took place during the week as well as announce the winners of the Greek Recycling Competition.

The concert will also have free drinks provided by Red Bull and free catering.

Mead said the interest from campus this year has been overwhelming.

"I've had tons of people emailing and calling me and asking me how they could participate, which is what this week is all about," Mead said.

CRISES AND FUTURE



Amrah Canul | Argonaut

Kiyokazu Ota, consul general of Japan in Seattle, opens the floor to questions after his discussion "East Asia: Present Crises and Future Opportunities" in the Clearwater Room on Monday.

POW WOW

from page 1

Monetary prizes are awarded to the first three places.

Martin said dances, attire and drum songs all have specific meanings and histories.

"The circle itself is a sacred circle," Martin said. "For our university pow wow, it's a good event to also educate the non-native peoples.'

Martin said anyone is welcome to come and learn about their culture at pow wows.

"You are going to see a lot of bright colors, you're going to see the different dance outfits we wear, both men and women," Martin said.

Penney said the older the outfit's style, the more history the dancer is carrying with them.

Martin, who is a drummer with the Vandal National Singers, said the drum is spiritually significant and the center of a pow wow.

"Within that drum," Martin said,

"It's a living entity. You know, the pieces that make up that drum. It's from the earth, it's from the raw hide of animals ... The base of the drum is made of a certain tree. It's alive, and we are all connected to that drum. And we strongly feel that our creator has blessed our drums, and given it that spirit." The songs, too, have meaning.

"A lot of people who are unfamiliar with songs, would probably say they all sound the same, but if you listen close enough, there is a distinction between all of our songs," Martin said. "They are not just chants. There's meaning in them. There's language in them."

One song that Martin said speaks to him is from Minnesota, written about the mass execution of 38 Sioux in 1862.

'When you hear that Mankato Death Song, it's a beautiful song, yet a sad song 'cause you know the history of it, and it just gives me the chills every time I hear that song." Martin said.

Another component of the pow wow is the selection of royalty — a young woman who will represent the pow wow at other regional pow wows.

Penney said there is only one royalty at a time, unless the number of candidates allows for a queen and a princess, who is usually under twelve.

Last year, Penney was the Tutxinmepu Pow Wow royalty, a one year term that will end April 24.

'This year, we want someone who is willing to show other people our Native American culture, in their communities, and also their families and represent them," Penney said. "They are supposed to be honorable and admirable ... A lot of them (the pow wow committee) check up on me, and they ask me where I'm going, what am I doing.'

The woman chosen for pow wow royalty is required to meet a moral standard with her life, which means she is not supposed to date or party during her term.

'We want our women to show others that we can be independent," Penney said. "It's given me a lot of courage, a lot of independence. I don't feel that I need anyone else too much. I feel very motivated as well."

Family reacts to student death

Dara Barney Argonaut

When Cheryl Jordan-Aguilera was notified last week that her brother had committed suicide, she immediately traveled to Moscow. Even after that kind of news, she was met with the familiar comfort of the University of Idaho.

"My family has always had a tie with University of Idaho. My dad was born in Moscow, stayed until the first grade, moved to Australia and came back to go to college,' she said. "We have a real love for University of Idaho.'

Matt as his friends and family called him, was

found by Detective Jerry Johnson at 12:48 p.m. April 4 in the Lucille boat ramp area by Riggins, Idaho, after a transportation department worker notified the Idaho County Sheriff's Office of a vehicle that had been stationary for two days. He said a notebook was found inside the car containing a suicide note, and protocol did not allow him to comment on the contents.

"I was the first person on the scene because I was in the area," Johnson said. "The car door was locked from the inside, so we had to wait for a tow truck to get inside."

Johnson said he could see a small Honda generator in the on position, which had stopped running in the back of the car. Upon getting inside, he realized there was soot on the floorboard and the fuel tank was empty.

"The generator ran inside the car until it ran out of fuel, thus filling the interior of the car with carbon monoxide," he said.

Jordan was a 24-year-old junior majoring in psychology and transferred from the College of Southern Idaho in the fall semester of 2009, said UI Dean of Students Bruce Pitman.

"He wasn't exactly sure what he wanted to do for a career, but he knew he wanted to help people," Jordan-Aguilera said.

W O M E N

from page 1

She said her brother was more of a non-traditional, international student because grew up in Austrailia since he was a 3 year old. Jordan-Aguilera's husband, Michael Aguilera, said Matt enjoyed camping, the outdoors and music, as well as extreme sports.

"Matt liked the thrill. We went bungee jumping togeth-

er off of the Sky Tower in Auckland, New Zealand. He also enjoyed music, concerts, playing pool at Mingles and his cat Symba. He really enjoyed living his life," she said. His other sib-

lings include Keily, James M. Jordan, or James M. Jordan his sister, and his brother Chad.

'We visited with Matt's group of friends, and we could see they cared about

Pitman emphasized the potential impact this type of situation can have on the student

We are deeply saddened by this news and have a great concern for family and friends, or even people who didn't know James. Everyone can be affected by events like this," Pitman said.

Counseling and support services are available to anyone in need, he said.

Whatever the issue is, whether it is depression, addiction or anything else, and you think the walls are closing in, it may seem like there is no way out," Johnson said. "But there is always a way out, a way to overcome these problems. It seems senseless that a young man at this age could take his own life when he had the love and support of friends and family who cared."

Jordan's family agreed to celebrate his life, Jordan-Aguilera said.

"My advice for anyone who is worried about a friend (is) to express that worry and talk to them. It may seem more painful short term, but it can really help in the long run," she said.

A memorial service will take place at 2 p.m. Thursday at Short's Funeral Home, and friends are welcome.

Martin said the Native American Student Center recognizes the achievements of Native American women, the pow



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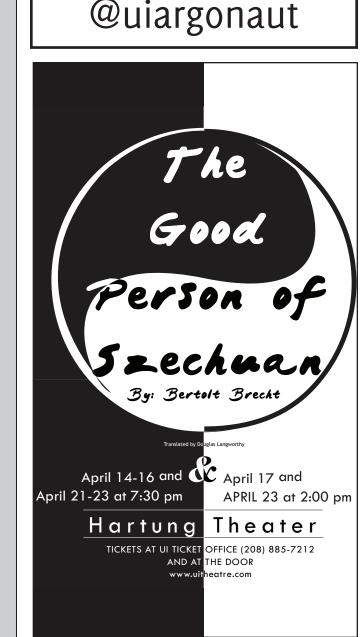
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a woman and longtime member of the pow wow circuit contributed to the decision of her visit, and thought it was an opportunity to have a voice that is recognized and respected nationwide in the pow wow circle. While wow overall is about spreading education.

"Pow wows provide a cultural learning experience that helps to bridge the cultural gap between the Native communities and non-native communities," Martin said.



Sports & Rec Tough preparation

Battle for running back

Kevin Bingaman Argonaut

Almost every position is facing steep competition on the Vandal football team this spring, but running back is one of the toughest, as there are four contenders for the job.

The Vandals bring a lot of experience to the running back position with two seniors and three juniors. Running back coach Jeremy Thielbahr said having an experienced crew is huge for the team's success.

"We're starting to turn it up, we're starting to play a lot better," Thielbahr said. "We got veteran cats that have played a lot of football. Troy Vital, Princeton McCarty, Kama Bailey and you throw Ryan Bass in there — you look at those four guys, all four have played Division 1 football and have over 50 carries to their name. They all have been under the lights, they're all very experienced and it's shown out there."

Vital, McCarty, Bailey and Bass all bring different skills to the table. Vital and Bailey both saw minutes at the end of the last season and showed how effective they can be. Mc-Carty started the majority of the games for the Vandals last season and will attempt to do the same heading into his senior year. Bass, a transfer from Arizona State, sat out last season because of transfer rules, but showed his impressive speed April 9 during the scrimmage by breaking free for a 60-yard touchdown run. Bass said it was nice to return to play after a season of sitting out.

"That was the first year I sat out of football in my life," Bass said, "so it feels great to be back on the field practicing hard and battling to be the best I can be."

see **BATTLE**, page 8

File Photo by Nick Groff | Argonaut Vandal running back Princeton McCarty streches for a touchdown during the first half of play against the North Dakota Fighting Siox in the Kibbie Dome Sept. 2. McCarty is one of many Vandals, including Troy Vital, Kama Bailey and Ryan Bass, who will be competing for running back this spring.

Track and field racks up team points in Spokane

Vicky Hart Argonaut

Career and school-bests spread like the plague through the Idaho track and field team at the WAR IV regional meet Saturday in Spokane.

The Vandals won seven events and the women's team racked up 124.25 points, winning the meet in team points. The men took fifth among 13 schools with 70.5 team points. In the Washington vs. Region Competition, Idaho led its regional group in scoring.

"We didn't really load up to score a bunch, but we scored more than any other team there, so I thought that was a good measure of how well the women competed this weekend," Idaho coach Wayne Phipps said.

The women, especially the younger group, contributed to the Vandals' overall win from the outset. Alycia Butterworth and Holly Stanton kick started the Vandals in the women's 3,000-meter steeplechase.

"I think it all started early on," Phipps said. "We had a really good performance by our two freshmen in the steeplechase, and it seemed like every race after that everyone was either getting personal bests or running really well."

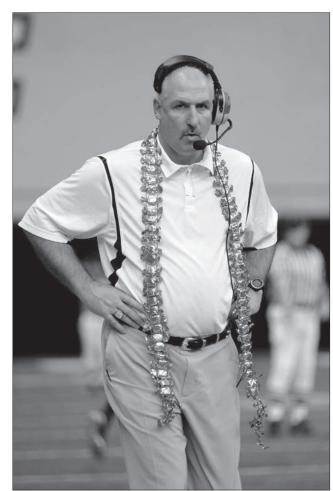
Stanton ran a personal best 10:59.89

to win the event and Butterworth followed with another career-topping time of 11:11.94 to take fourth. The freshmen blasted their way into the record books with the eighth and ninthbest times in Idaho history.

Sophomore Liga Velvere also left her mark on school history with a win in the women's 400-meter hurdles. The first athlete in the conference to break the oneminute barrier this year, Velvere's 59.30 finish ranks her third all-time at Idaho.

"Nothing Liga does surprises me anymore," Phipps said. "She's getting more and more comfortable with the 400 hurdles. To run a lifetime-best and be thirdbest at Idaho and best in the WAC this year is a great accomplishment for her."

Velvere also had a hand in the suc





File Photo by Katherine Brown | Argonaut Vandal shot putter Eugenio Mannucci practices his throw March 28 at the Dan O'Brien Track and Field Complex. The Vandals' most recent meet, WAR IV regional meet in Spokane, earned the team seven titles. Mannucci won the shot put with an outdoor season-best. cess of the women's 4x400 meter relay team, which outpaced teams from Washington State and Spokane Community College to win in 3:52.93. The Vandals were in third place when Velvere took the baton for the final leg — she caught up to and surpassed the competition in the last 100 meters.

Sophomore Karlene Hurrel was also on the relay team, and acceled in the short sprints. She finished third in the women's 100-meter dash and second in the 200-meter race.

Junior Lauren Schaffer, another relay team member, won the women's 800-meter race in 2:09.33, beating Spokane CC's second-place finisher to the line by about seven seconds.

Four Vandal women set new personal-bests in the 1,500-meter race. Hannah Kiser, a well-decorated freshman, led from start to finish and claimed the title in 4:30.43. Sophomore Anna Kalbrener followed about six seconds later in second place, while freshman Emily Paradis took fourth and junior Julia Veseth came in 14th.

see **TRACK**, page 8

A three-tier physical fitness training program

Jacob Dyer Argonaut

During any day of the week a group of students can be found on campus at 6 a.m. ready to work out as part of the physical fitness training class.

Defined as Military Science 151 and 152, the class offered at the University of Idaho is available to all students interested in improving their physical prowess. The classes are offered Monday, Wednesday and Friday, with two additional classes held Tuesday and Thursday for students who need extra help or just wish to improve more.

The class is taught through the ROTC and is intended to help cadets who are entering into the program, with additional levels of the class that are offered for only cadets.

Sgt. Thomas VanOvermeer is in charge of running the remedial classes Tuesdays and Thursdays. He said they have five students who came out for the class this year and all of them have shown improvement. He also said they all have the same basic reason for taking this class: To get in shape.

"A lot of them say, 'I am taking it because I want to get in shape.' None of them have ever said they are taking it because they want to see what the army is like ... more of like, 'You are the army, you're all in shape, and you have to have a good physical fitness program," VanOvermeer said.

The class is set up so cadets can prepare for the Leader Development and Assessment Course later in the year when they show off their physical training. Students train beside the cadets as they go through the same rigorous training.

The program is broken up into a three-tier system: Situps, push-ups and running. The classes run according to the preparation of these three criteria. VanOvermeer said the standard class is run so that the cadets and students are pushed pretty hard.

"You're going to stretch for this many minutes, you're going to do these types of exercises, you're going to go on this kind of a run, you're going to do these cool down stretches and that's pretty much it," VanOvermeer said.

The class takes place at either the outside track or inside the Student Recreation Center. Cadet Matthew Morris said the class helps him mold his day.

"I am excited to wake up in the morning at 6 a.m. because no matter what I always have a workout plan for the day and it gets me ready, it gets me up early in the morning and it starts off my day right," Morris said.

While waking up early wasn't an issue for Morris,

see **FITNESS**, page 8

File Photo by Nick Groff | Argonaut Vandal football coach Robb Akey paces the sidelines fall 2009 in the Kibbie Dome. Akey said the defense was solid in the most recent spring scrimmage, gave the offense trouble and made 11 tackles for loss.

Defense begins to shine

Second scrimmage shows promise

Kevin Bingaman Argonaut

The second scrimmage for the Vandal football team was Saturday, and went much better than the first, as the defense showcased its abilities by dominating the offense.

The defense was in the backfield all day and racked up 11 tackles for a loss, including seven sacks, which resulted in -59 yards for the offense. Idaho coach Robb Akey said it was good to see the defense stepping it up and taking it to the offense.

"Our defense got after it pretty well today," Akey said. "It was better than the last scrimmage we had."

Linebacker Korey Toomer was the star on the defensive side of the ball with a team leading eight tackles. Lineman Benson Mayowa and Charles Smith also showcased their abilities with two sacks apiece.

The Vandal offense had trouble getting anything going in the scrimmage. Brian Reader went nine of 17 for 87 yards and Taylor Davis went seven of 15 for 46 yards, though Reader did manage to put a string of eight completions in a row together and hit Michael LaGrone for a 20 yard touchdown. Akey said he is not happy with the offensive performance so far.





Zach Edwards | Argonaut

Marius Cirstea returns a ball during a doubles match against Utah State Friday afternoon. The men's tennis team beat Utah State and Hawaii this weekend 5-2 and 4-2 respectively, but lost to Fresno State 4-2.

Vandals tennis finish weekend on high note

Jacob Dyer Argonaut

The Vandal men's tennis team came away with a big victory Sunday against Hawaii, following a tough won match from Alex Joitoiu.

This was the third match in a row the Vandals hosted in Moscow and they have one more Thursday when they go up against the Gonzaga Bulldogs, who they beat 6-1 in February.

Joitoiu, a senior and captain of the team, fell behind early in his match as he lost the first set 1-6, and appeared to be struggling in the cold and rainy conditions.

He rebounded in the second set and took it 6-3, and Joitoiu said the key to the set was keeping his composure.

"The difference was my mentality, I figured out a way to come back and stay positive, and that helped a lot," Joitoiu said.

In the final and deciding set, Joitoiu went up five sets to one, but allowed his opponent Jeremy Tweedt to take two quick sets, until Joitoiu settled down and took the set 6-3. During his match, Joitoiu was in between the matches of his teammates, freshman Jose Bendeck and sophomore Marius Cirstea. Joitoiu said at times it is difficult to not get caught up in what's going on with his teammates.

"As long as you stay positive and calm and only try to concentrate on your match every point you should be fine, but sometimes it is difficult," Joitoiu said.

Joitoiu's teammates pulled their own weight Sunday, as they won enough matches that the doubles point wasn't needed, and the Vandals came away with the 4-2 victory. Senior Lachlan Reed defeated Leo Rosenberg 6-4, 6-4, and freshman Jose Bendeck and junior Alan Shin both came away with victories to close out the match for the Vandals.

For the Vandals this was the third match in three days and after defeating Utah State Friday, the Vandals lost to Fresno State the following day. Idaho coach Jeff Beaman said he was happy with the way his team played Sunday and was confident that "As long as you stay positive and calm and only try to concentrate on your match every point you should be fine, but sometimes it is difficult."

Alex Joitoiu Tennis player

they are looking good headed into the WAC Championship at the end of the month.

"It really puts us in a great position for seeding going into the conference tournament, we still have some matches, but after a tough lose yesterday we feel like we can beat Fresno if we play well, beating Hawaii just gives us a lot of confidence moving forward," Beaman said.

Idaho soccer goes Duck hunting, runner-up in 7 v. 7 tourney

Theo Lawson Argonaut

Once again, the Idaho women's soccer team exhibited its ability to compete with teams from the top soccer conference in the U.S. following a 0-0 tie with the Oregon Sunday on the SprinTurf.

The Vandals almost went one up on their Pac-10 opponents

during multiple occasions but couldn't find the net after Erica Hart's first-half goal was called offsides.

Hart's shot bended toward the goal and although players from neither team made contact with the ball, the center referee claimed Idaho midfielder Breanna Wilson interfered with the goalkeeper's vision and disallowed the goal. "Bre just got involved in the play and she kind of blocked off the keeper for a second, and because she became involved in the play then she technically became involved in the offsides," coach Pete Showler said.

The Ducks had numerous chances to take their own lead but the Vandal goalkeepers made some key saves and were determined to keep their third consecutive clean sheet.

After beating Washington State two weeks ago, Idaho managed to maintain an undefeated record against Pac-10 opposition throughout the competitive spring season in which it only lost once. In the 2010 NCAA Tournament, the Pac-10 sent seven representatives with two advancing to the quarterfinals and one advancing to the final.

"They played fantastic, over the moon. After 200 minutes of soccer yesterday there was some tired legs but they battled through and stepped on the pitch with a great attitude, we competed for everything and everybody played their part," Showler said. "When you play two Pac-10 teams and a WCC team and get good things out of those games, it's truly a good reflection of where the program's going."

On Saturday, Idaho split its 16-man roster into two separate sides for Gonzaga's 7 vs. 7 tournament where it finished second, falling to Gonzaga in the final.

Saturday's tournament consisted of team's from Eastern Washington, Gonzaga, Central Washington, Walla Walla Community College and Gonzaga Alumni. Idaho and the Gonzaga Alumni both divided into two teams, creating an eight-team pool.

Idaho's Gold squad fell to Gonzaga in the opener but beat Gonzaga Alumni along with Central Washington to advance to the semifinals where they met up with Idaho's Black squad, who beat Walla Walla, Gonzaga Alumni and Eastern Washington. The Idaho teams tied 6-6 in the semifinal and formed one team for the final, which Gonzaga won 2-0.

Combined, the Vandals played ten 40-minute games in seven and a half hours, concluding a tiresome day in Spokane with a 5-2-2 record.

"Having just one or two subs per team, as I said 200 minutes of soccer, so that's two and a half games back-to-back. We just kind of ran out our legs and Gonzaga played well in the final and they were really tired but I couldn't be any prouder than I am because we just stuck to the task and they just did everything they could," Showler said. Showler said the purpose behind the day-long tournament was to give each player extensive amounts of time on the field. "For us, the way I approached (it) is that we get lots of game time for the girls and all the work they've put in since January," he said. "It's what we deserve is to be playing soccer and that's what they're here for and they work so hard on their academics and do so well in the classroom, soccer should be a way of expressing themselves.² Excluding the 7 vs. 7 tournament, the team finishes the spring season with wins against Washington State, Gonzaga and the Idaho Alumni, a tie against Oregon and one loss to Seattle University in its spring opener. After winning 14 matches last fall, Showler said he expects a much tougher test this fall, which will consist of games against Washington State, UC Santa Barbara and BYU. The fall schedule includes 21 games with seven WAC contests and matches in the UNLV Tournament, Governor's Cup and Montana Tournament. 'There's going to be lots of competition, we've got nine new players on the roster from last year, so that ... breeds more competitiveness within each position," Showler said. "We've got some tough games, we've got WSU, BYU, we've got Gonzaga and we've got Santa Barbara, top 25, top 30 programs so it's going to be tough, if we played like we played today we can compete."



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Zach Edwards | Argonaut

Alejandra Lozano returns a ball during a doubles match against the Gonzaga Bulldogs on the Adminsistration Building courts Saturday afternoon. The women lost the second half of a double header to Gonzaga but beat Utah State earlier in the day.

I daho falls to Gonzaga, defeats Utah State

Kelli Hadley Argonaut

Saturday was a day of ups and downs for the Idaho women's tennis team — the Vandals began with a 4-3 victory over Utah State but fell later by the same score to the Gonzaga Bulldogs.

The Vandals will now prepare for another four-day, four-match road trip to CaliCollege the following week. The Vandals were tied

3-3 with the Aggies Saturday morning with singles wins from Victoria Lozano, Molly Knox and Yvette Ly, and the match was left up to team captain Barbara Maciocha, who was down 5-4 in the third set. Maciocha fought to win the match 7-5, earning the singles point for the Vandals and also earning her 80th career singles Bulldogs. However, Gonzaga's No. 1,2, 5 and 6 singles spots couldn't be beat, and Idaho fell by the same score it beat Utah State with earlier in the day.

Idaho women's coach Tyler Neill said the loss was disappointing, though he was glad the win was against a WAC opponent.

"Utah State was a big win, and that was the important one in the conference stand-

Masters take a bizarre twist

South African Charl Schwartzel came away victorious Sunday when he won his first Masters and the illustrious green jacket.

Twenty-four hours earlier it looked as though Rory McIlroy would not only be winning his first green jacket, but would be doing it in a comfortable fashion.

A funny thing happened on the course Sunday for McIllroy as his calm demeanor deteriorated with a triple bogey on 10, and then as "Amen Corner"

(holes 11, 12, 13) came around he plunged into the abyss as he bogeyed 11 and then double bogeyed 12. No longer were there concerns about whether McIlroy would make this a tournament, replaced with sympathy for him as he backed into Sunday after shooting eight over par.

There were positive signs Sunday for Tiger Woods as he actually led for a brief time at 10 under par, as he dominated on the front nine with a score of five under par, solidified by an eagle on the eighth hole. Unfortunately, Tiger once again demonstrated that he was unable to put together an entire round as he was mostly stagnant on the back nine with little more than a birdie and a bogey to show for it. He was close to competing again, but Woods' putting has been his Achilles heel and he showed little sign of improvement on

the greens.

Argonaut

After winning last weekend in Houston, Phil Mickelson was never truly in contention this week as he finished at one



was a young guys'

game as Schwartzel

is only 26 and Jason

Day, who finished

tied for second at 12 under par

is only 23, which makes Adam

Scott, who tied with Day, the

elder spokesman at the seem-

everything with eight golfers

holding at least a share of the

lead, and five at the same time

late in the round, yet the most

impressive part of the Masters

came from the 15th hole to the

close, as the winner of the tour-

Schwartzel was tied for the lead

at 10 under par, and before he

had a chance to finish the hole

Scott had taken the lead. But

Schwartzel made his putt and

blew away the competition as

he never looked back, and the

finishing scores of Scott and

Day, which just five holes earli-

er would have looked like win-

ning scores, were merely two

It was a great accomplish-

strokes off the winning score.

Headed into the 15th

nament birdied each hole.

Sunday had a little bit of

ingly old age of 30.

ment for Schwartzel, and having Lefty (Mickelson) put the green jacket over his shoulders must have been one of the true great thrills in his life, but it doesn't take long until the question has to be asked: Can he do it again? There have definitely been some "one and done" examples during the years — who knows if even Graeme McDowell will ever see another major victory?

Perhaps it's more important to look at how big of a moment this is for Schwartzel. With this victory he becomes only the third South African to win the Masters, joining Trevor Immelman and golfing legend Gary Player who won the tournament three times.

He also gets a green jacket and while it may not be the greatest fashion piece he will ever own, it is certainly a highly prized possession in golf — it must be if Woods thought he needed four of them. Next year he gets to plan the Champions dinner before the tournament, and it's never too early to start thinking about what he will serve. Mickelson did a Spanish-themed dinner this year to honor Masters' winner Seve Ballesteros.

Seriously though, it was a fantastic tournament that hopefully everyone was able to enjoy. Australian fans may be wincing today as two of their own were so close but couldn't seal the deal. If you love or hate him, Sunday was quite the day for Woods, but in the end, the day was Schwartzel's and it can't be taken away from him — at least not until next year.

Rangers beat Tigers 2-0

Larry Lage

AP Sports Writer

DETROIT (AP) — To Victor Martinez, the Texas ploy made perfect sense.

The Rangers chose to have closer Neftali Feliz intentionally walk Miguel Cabrera with two outs in the ninth inning, even though it meant bringing Martinez to the plate as the potential winning run.

The Detroit newcomer grounded out with two runners on base Monday, finishing off the Tigers' 2-0 loss to the Rangers.

Martinez wasn't surprised by Texas manager Ron Washington's bold strategy to pitch around Cabrera.

"He's been swinging the bat good and I haven't been swinging the bat good at all," the four-time All-Star said. "They took a chance on me."

The former Boston Red Sox and Cleveland Indians standout is hitting just .225, making \$12 million in the first season of a \$50 million, fouryear deal he signed with Detroit to primarily be its designated hitter.

Martinez, though, said it's too early to be frustrated.

Verlander (1-1) lost despite pitching a sixhitter, striking out four and walking one in a 119-pitch performance.

"It's terribly disappointing for me," he said. "I think it's terribly disappointing for the team.

Verlander was perfect until Josh Hamilton hit a two-out single in the fourth inning. Hamilton walked with one out in the seventh, scored on Young's double off the right-field wall and Moreland followed with a two-out double off the same wall to make it 2–0.

"He was great," Young said. "He's always a handful."

Detroit had its best chance to score in the fourth when Cabrera became the second player younger than 28 to hit his 300th double, according to STATS LLC, but that didn't mean much to him after another defeat.

'We lost the game," Cabrera said.

His hit in the fourth put two on with one out, but Martinez's bloop to shallow left field turned into an inning-ending double play when shortstop Elvis Andrus caught the ball and the 27-year-old Cabrera couldn't beat the throw back to second base. Tigers manager Jim Leyland planned to give slumping center fielder Austin Jackson the day off, but used him as a pinch-hitter in the eighth when Magglio Ordonez came out of the game with tightness in his right Achilles' tendon. Ordonez missed games earlier this season with a stiff surgically repaired right ankle. Leyland plans to sit him out at least a couple games. We're not going to go day to day and get him right," Leyland said. Jackson hit a leadoff single, but was stranded after Oliver got Jhonny Peralta to foul out, Alex Avila to strike out and Brandon Inge to fly out. Detroit fell to 3-7, needing victories in the next two games to win its first series in a season that started with relatively high hopes, after failing to make Washington's gamble backfire.

fornia this week, where they will go up against Cal. State Fullerton April 13, UC Riverside April 14, WAC-opponent San Jose State April 15 and another WAC opponent, Fresno State April 16. Afterward they will return to Moscow to host Eastern Washington and Lewis-Clark State win. The senior from Poland now leads Idaho in singles victories.

The Vandals could not find a way to feed off the momentum and snag a second win for the day, though they did win the doubles point and thus were ahead 1-0 in the beginning of singles play against the ings, so I'm glad we got that," Neill said. "Obviously losing to Gonzaga is a disappointing loss. I thought we fought hard, we just didn't play well."

Saturday's victory and defeat brought Idaho to 12-5 on the season and 3-2 in WAC play. The WAC Tournament begins April 29 in Boise. "We'll see what happens at the end of the year," he said.

Alexi Ogando outpitched Justin Verlander before leaving with a finger problem to help the defending AL champions improved to 9-1, maintaining the majors' top record and matching the best 10-game start in team history.

Michael Young and Mitch Moreland hit RBI doubles in the seventh inning as Texas equaled the start of its 1989 club.

Ogando (2-0) gave up just two hits, walked one and struck four over seven innings in his second start in the majors. The converted reliever had his outing cut short by fluid under a callus on his right index finger after pitching six scoreless innings last week with a developing blister on the same finger.

Ogando expects to make his next start. Texas reliever Darren Oliver gave up a hit in the eighth. Feliz finished for his fourth save in as many chances after retiring two batters and allowing Ryan Raburn to double, bringing up Cabrera.

"I give them a lot of credit," Leyland said. "I was certainly very comfortable with Victor in that position."

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but right now no one is running with it. Bass said that kind of competition elevates

"Every day I have to come

out and work harder than the guy standing next to me,"

Bass said. "Every day I have

to come out with the mentality that I'm the best back on

Thielbahr said it may take

all of spring and fall camp for him to name a starter. He said

as long as everyone is pushing each other to be better, it will

help whoever the starter is to

we're going to name a start-

er or when that decision will come," Thielbahr said.

"If someone runs away with

it we'll name him. Right

now we're liking the competition level that it's bring-

ing with these four guys fighting each other for reps,

fighting each other to be

the starter. It's making all of them better so it's making

the Vandals better.'

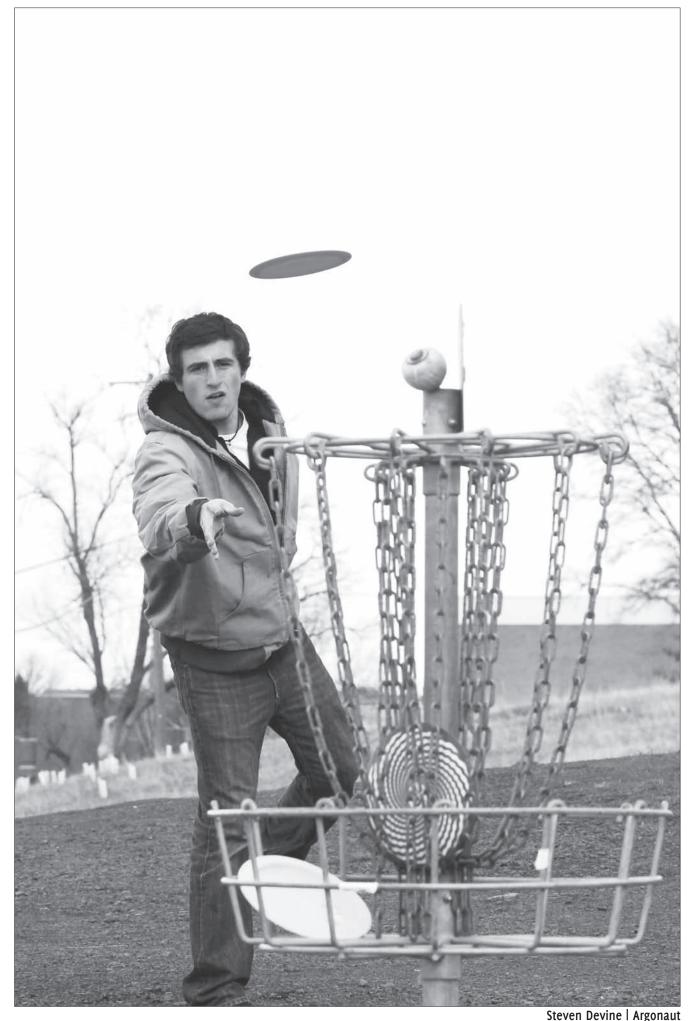
"I'm not sure when

be a great running back.

everyone's game.

the field."

FROLFIN' IT UP



James Cathey takes a break during his day to play disc golf on the University of Idaho campus behind the Kibbie Dome Thursday. Students can take time to relax on sunny days to throw a quick game.

BATTLE

from page 5 Thielbahr said the competition for the starting job is

fierce, and it's too close to make a decision now. "We're all working hard to be the starter, but at the end of the day it's up to Coach Thielbahr to make the choice," Bass said.

"It's a tough race right now, the toughest I've ever been around because we have four guys," Thielbahr said. "... I can't even tell you right now who the lead is. It goes day by day. I name a starter every practice. I have a depth chart every practice because it changes. This great competition makes our guys better."

In the past the Vandals have rotated in and out, sharing the load. Thielbahr said this year he is looking for one of the guys to run away with the job and be a feature back who takes most of the carries,

TRACK

from page 5

"I thought Hannah's run was great in the 1,500-meter to run a personal best and lead from start to finish," Phipps said. "All four of our 1,500-meter runners ran personal bests — it just seemed like it was contagious today.'

The men's squad didn't catch whatever was running rampant on the women's side and came away with one title. Senior Eugenio Mannucci hit 56-4 (17.17 meters), his best yet in outdoor competition, to win the men's shot put.

Gabby Midles won the women's hammer throw with a toss of 182-11 (55.75 meters) to round out the women's scoring.

The men saw several career-best performances and freshman Dylan Watts' 15-5 (4.70 meter) pole vault bumped him to third in the WAC so far this year.

The opportunity to compete in fair weather conditions for the first time this season was a welcome relief for the teams, Phipps said. He said the strong weekend should help lead Idaho into its biggest week of the regular season next week when the team heads to California for the Mt. SAC Relays and Beach Invitational.

FITNESS from page 5

there were other cadets who said sometimes getting up and started can be a challenge. Cadet Joshua Hedges said sometimes finding the motivation to come to class is the hardest part.

"Probably just having the discipline to get up and do it every day, because there are some days where you just really don't want to get up, and life throws some rough stuff at you but you just got to keep going," Hedges said.

VanOvermeer said even though it may not always be in large scale, the students who stay with the program

ment. One reason for the progression is undoubtedly because of the style of workouts they have to do. One exercise, called the alligator pushup, has the individual get into a push-up position, put one arm forward, do a push-up, drag their feet as they move another arm forward to do a pushup, and then continue. Evan Easley, one class participant, said he noticed the progression he has made since he started.

'Since I started my freshman year I have gained 20 pounds, most of it's muscle. I run hella fast ... my ab workouts are great, my push-ups kind of suck - this is the best shape I have ever been





in," Easley said. always see some improve-

DEFENSE

from page 5

"We need to have a greater sense of urgency on offense to make things happen," he said. "We have some bodies that are banged up but we've got to play the game."

Despite some things he's still unhappy about, Akey was more pleased with his team's performance this week than in the first scrimmage.

"There are a lot of really

good things that are taking place," Akey said. "It was a step forward. We're getting better as a team."

This marks the halfway point of the spring season when the Vandals play their third scrimmage Saturday. The Vandals will then conclude spring practice April 23 with the annual Silver and Gold game. This year the game will be played on the SprinTurf instead of in the Kibbie Dome because of renovations.

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OPINION

Our View

Don't just celebrate Earth today

Let's talk about getting dirty. No, early Moms Weekend visitors, get your minds out of the gutter - the other kind of nasty.

Earth Day, Earth Week, Earth Month or whatever name you choose to use is fast approaching, but whatever time frame is deemed appropriate for this event is inappropriate, because not enough time is designated for environmental attention.

Mother Nature is a fragile being. We thrive in her presence, and our survival depends on her health.

Corny personification, fine. But offending her by gashing gaping holes in the layers of her ozone to attain that perfect crown of tousled hair or driving to class when it is a five-minute walk might make life a little difficult down the road.

It is a road leading to no protective layer between the Earth and the sun or poison from carbon monoxide because the trees can't breathe.

If we spend more time than just a day, week or a month paying attention to the needs of a sensitive nature, maybe that road could be avoided. We aren't talking about taking initiative to figure out how to fuel cars with something other than petroleum or inventing some sort of robot that eats trash to eliminate dump waste.

Pick up that soda can on the way to class and throw it into the recycling bin. Walk to class, even if it seems like a trek through Antarctica or Seattle. Recycle when you can and throw away trash not intended to be anywhere else.

Mother Nature is a nice lady, but if we don't pay more attention to her, she has the potential to get catty and really screw up the life we find comfortable.

Pick up that soda can on the way to class and throw it into the recycling bin.

Make your mom proud, and work on using more than Earth Week as an excuse to walk a few extra feet to the trashcan.

-DB

Page 9 April 12, 2011

Off the Cuff

Quick takes on life from our editors

Thirteen

After three weeks of misery I finally get to see the 150th episode of "House, M.D." Thirteen is back and hopefully the rest of my shows will start to be more consistent and I won't be disappointed every week with another show break. – Jens

B'awwwww

A sedated Siamese cat is the cutest thing the world. I love Diesel.

— Chava

Denial

Shawn O'Neal called me a hipster Monday. It's official. I can't wait to tell all my friends. — Dara

Lackluster swing

The Masters Golf Tournament made me want to take up golf again. The only problem is the courses I can afford to play aren't anywhere near as spectacular as Augusta National. But, I suppose in the end I'm not a spectacular golfer like Phil, Tiger or this year's winner Charl Schwartzel. I'll stick to my public courses and my Charles Barkley swing.

Nick

Immune system fail

I am confused as to how I can run full steam for nearly a month straight on minimal sleep — we're talking no more than 5 hours a night even on the weekends ----

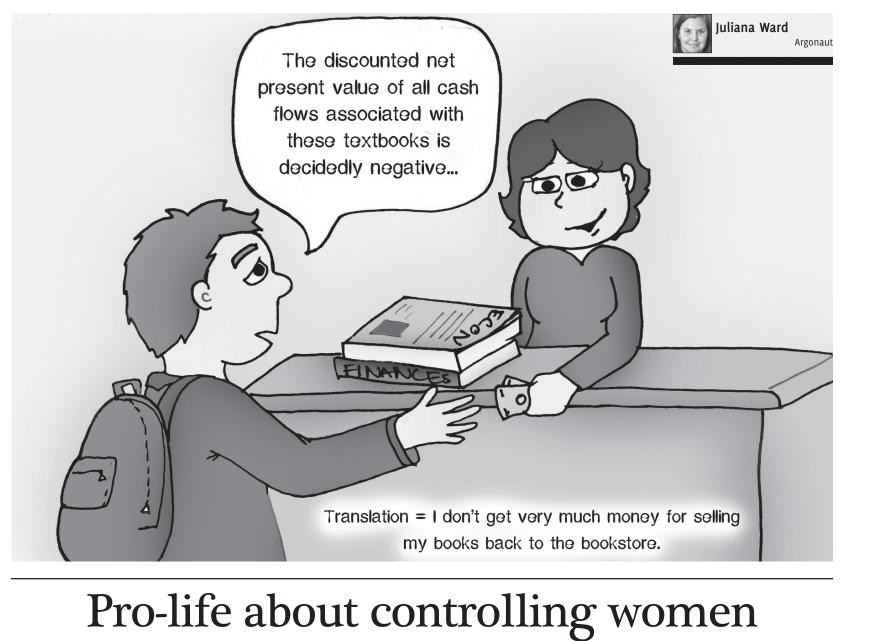
and worse than normal eating habits, and not get sick. But the first weekend I have time to relax and catch up, I get sick. Immune system fail. We are fighting. - Elizabeth

The Idaho Legislature voted this week to lower the term limit for abortion from 24 weeks to 20 weeks. Ostensibly, they did so to prevent "fetal

sense for those who oppose abortion to oppose abstinence education and support safe sex education. This has been shown to reduce the pregnancy

women from avoiding potentially negative consequences from sex. The Idaho bill is just another part of this desire to control women and their bodies. If the bill would only prevent 14 abortions a year, what exactly is the point, even for the crowd against abortion? It's simple - it opens the door for even more restrictive laws in the future. The movement against abortion needs to recognize that they share a common goal with their opponents: To lower the number of abortions. Neither side wants women to get unnecessary abortion it's a medical procedure that shouldn't be taken lightly. But the abortion rights side is exactly that for abortion rights. The option should remain open where necessary. But unlike the movement against abortion, the pro-choice movement thinks women shouldn't be punished for having sex. Women should be enabled to have as many options as possible available to them, so they can control their own reproductive systems.

If people opposed to abortion are really



Hoopin' mamas

I love this time of year. Every year at Hemp Fest, my best girlfriends and I spend the day hula hooping, rain or shine. This year, I am going to light a hula-hoop on fire. Every time I think about it, butterflies flap furiously in my stomach. It is going to be such a rush.

— Тапуа

yourself in Кеер check

Remember to never take yourself or life too seriously. Regardless of what you have or haven't accomplished, where you are or want to be, keep a level head and don't let your ego run away with you. You'll win and keep a lot more friends that way. – Kelcie

Taking it home

Both The Argonaut and Blot websites placed in the Society of Professional Journalists Region 10 Mark of Excellence awards (third and second respectively), and I could not be more proud of our staff. Way to go guys. — Madison

Summer friends

I've heard Moscow summers are empty but a great time, and I can't wait to spend a little more time here before embracing the real world. If you'll be here this summer, let's be friends. — Kelli

CS5.5 Too soon Adobe, too soon.

- Loren

pain," similar to many other fetal pain bills that have appeared in states across the country recently. Unfortunately for the anti-abortion wing of the right, this isn't going to prevent many abortions. There were only 14 terminated pregnancies above 20 weeks and below 24 in Idaho last year.

Of course, anti-abortion bills are never really about op- Max Bartlett posing abortion. They're about controlling women's reproductive systems, as well as punishing them for having sex.

This is why the "pro-life" movement so frequently opposes measures that would seem to reduce the number of abortions. It would seem that a position against abortion would be consistent with supporting birth control in every form, including condoms, IUDs and emergency contraception. It would also make



Argonaut

rate for teens and young adults. And, of course, it's very strange that the movement against abortion came out against an HPV vaccine that would reduce the rate of cervical cancer. Well, it would be strange if the movement against abortion really wanted to prevent abortions.

They don't. The underlying goal of the

movement against abortion is to punish women for having sex. Hence decisions like defunding Planned Parenthood that would make it more difficult for women to obtain birth control. Hence the opposition to emergency contraception. And, most of all, this explains the opposition to the HPV vaccine. None of these things help prevent abortions. But they do keep

If people opposed to abortion

serious about reducing the number of abortions, they need to be willing to support sex education and birth control, in order to reduce the number of unwanted pregnancies.

are really serious about reducing the number of abortions, they need to be willing to support sex education and birth control, in order to reduce the number of unwanted pregnancies. They need to stop trying to use their ideology to control women.

Preventing 14 abortions a year just isn't worth it.

Welcome to the rest of your life

Recently I was doing some homework when I overheard a couple friends talking about their

upcoming graduation. Both friends will remain in the Moscow area for at least part of the summer before leaving the area for work, graduate school or another new direction in their lives.

One of them seemed at ease with the idea. She had a job lined up and was all right with the idea of graduating and moving on with the next phase of her life. The other did not seem so comfortable.

Although she had a job lined up for the summer, the second friend said she cries just about every time she thinks of

leaving Moscow. She said this place is home for her and she has grown so accustomed to Moscow and life at the University of Idaho she is scared to go anywhere else.

Both people are coming to the end of their undergraduate career. This is hardly a matter of choice — this conclusion is going to happen with or without their consent. The difference is how they approach the next phase of their lives.

Having already graduated once, worked in a

full-time career across several continents and returned for another degree, I understand what they are going through. When I left Moscow in 2005, I knew I

was entering a career in the U.S. Army that would take me places I had never been and put me in situations I had never experienced. I had spent almost my entire life in the Pacific Northwest except for a few ventures into Canada and back East with my family. I had never really been on my own except for being in college, a few hours from my parents.

I worked near Seattle for that summer, followed by six months in Missouri. And then I was sent to Germany for my first of-

ficial duty station. Each time I moved, I encountered a new situation and was reasonably unsure of what was going to happen next. Each time, I found people with whom I could look to for advice. It took some time before I felt comfortable in my new environment, but eventually I found my comfort zone and adjusted to my new surroundings.

Very seldom do people stay in the same location under the same circumstances they have grown accustomed to. Change is a normal part of life.

Very seldom do people stay in the same location under the same circumstances they have grown accustomed to. Change is a normal part of life.

Everyone in college had to deal with change when they first came here after graduating high school. They had to say goodbye to friends, move to a new location and figure themselves out all over again.

Graduating from college is really the same, except graduates have more legal privileges and are held to a higher degree of responsibility. Instead of looking for a part-time job to pay for food and movies, people have to think like grown-ups and look for something that pays the rent.

Friends and family will be there to help if they can, but it is you who has to take the first step. Everyone is nervous when branching out on his or her own. Remember all the fun you had in college and always consider Moscow a second home, but do not let that stop you from seeing what else is out there.

Steve Carter Argonaut

Definitive Four Best of Moscow categories come back

"Best of Moscow" fever spread through town last week as businesses and loyal patrons staked a claim to be-

ing the best. It was interesting to witness battle lines being drawn and friends becoming foes.

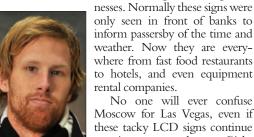
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People take the "Best of Moscow" awards seriously. Some businesses plead with customers to vote for them. while some customers take to Facebook to urge friends to cast votes.

The 10 categories are Cheyenne Hollis standard fare, like best pizza, best coffee and best place to study. Originally,

the "Best of Moscow" list consisted of 14 categories, but somewhere along the line four categories were lost and never heard from again.

However, one day, after diving deep into The Argonaut archives, I managed to find these lost four categories. These lost four "Best of Moscow" categories are definitively real and not at all fabrications.



these tacky LCD signs continue popping up around town. Picking a sign may be difficult since Argonaut there are now so many. Some have color, and others can give important information about up-

No one will ever confuse

Moscow has seen a sharp increase in

the amount of LCD signs adorning busi-

coming bargains, but all stand out like a sore thumb.

Best budget cut

Bret Zender

Best LCD sign

The one theme of the university for this year and the next couple of years will be budget cuts. It may not be everyone's favorite topic, but there has to be a winner. Furloughs, departments being axed and reducing the amount of paper being used are just a few of the early front runners.

If anything, this could even help inspire more creative potential budget cuts. Budget cuts are unfortunate, but they are also unavoidable for the unforeseen future. There should be at least one bright spot in all of the doom and gloom the process brings.

Best smell

There are some pretty foul smells in the greater Moscow area. Between the livestock, vomit and burnt food from college students clueless on how to cook. the town can be an assault on nostrils at times. This is why the few pleasant smells in town should be recognized.

It is hard to figure how out whom the best smell candidates would be. In fact, only bad smells come to mind. That is why the best smell category is an important one. It would allow people to find places around town where they could walk around with their noises open.

Best athletics crime

This year has been low in the number of crimes committed by student athletes and coaches. Idaho does have a rich tradition of athletes and coaches ending up Originally, the "Best of Moscow" list consisted of 14 categories, but somewhere along the line four categories were lost and never heard from again.

on the wrong side of the law and it should finally be recognized. DUIs are the most common incident but more serious infractions seem to pop up at least once a school year.

This award would also finally give non-fans a reason to cheer for Vandal athletics. Those who claim money for sports could go to more worthwhile endeavors could now feel connected to a department their money helps fund. Perhaps it will even make athletes think twice before doing something stupid.

'99 Problems' is not a good motto for men

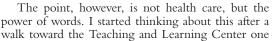
When it comes to the power of language, the question is not if it has any, but rather how much.

Frank Luntz seems to think it has a lot. As a Republican campaign adviser, he manipulates language for a living. In his memo "The Language of Healthcare 2009," his focus group shows about 28.5 percent of health

care recipients want to think of themselves as 'patients," while a measly 7 percent want to think of themselves as "consumers." While both words have the exact same

real world function, the overwhelming majority of people he polled would react differently to the same issue based on the language he used. For instance, he was also amused to learn people feel neutral toward "public option," but react extremely negatively to the

phrase "government option," even though both words have the same meaning.



day was accompanied by a local fraternity blasting "99 Problems" throughout the normally tranquil streets. I was struck by the coincidental absurdity that was being played on the same street where the Brotherhood Empowerment Against Rape had a march, an organization dedicated to,"ending men's hyper-masculine violence through activism, accountability and education. BEAR stands by the values of building better men."

It's pretty clear that words affect our thoughts, at least the math of Luntz said Argonaut so, and I'm inclined to agree. It sends an

inappropriate message about women. Does everyone know better, but just laugh along with the message anyway? Are some people listening to it

It's pretty clear that words affect our thoughts, at least the math of Luntz said so, and I'm inclined to agree.

un-ironically, believing that "bitches" are indeed not a concern?

I tried to wonder what it would be like to walk past a sorority and hear their stereo roaring, "99 problems " But you know what? I couldn't even come but a ... up with a derogatory man-insult, yet I can come up with a half-dozen derogatory female insults off the top of my head. It's a sobering reminder of how one-sided culture can be.

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