

THE ARGONAUT

THE VANDAL VOICE SINCE 1898

uiargonaut.com

Tuesday, October 25, 2011

Better choices, better land

Bringing science to planning and zoning

Michelle Gregg
Argonaut

The Palouse is home to rich farmlands and forests, and building outside city limits can impact local flora and fauna. A study conducted by University of Idaho graduate students and scientists charted landscape ecology, patterns and species in Latah and Benewah counties and mapped how potential city expansions could affect the local environment.

The third and final article about this study was recently published in "Conservation Letters," a journal that focuses on theoretical research topics.

"Our surrounding land is always changing, and the quality of the land decreases with residential development," said Jo Ellen Force, co-author of the article and chair of the Department of Forest Resources. "The study provides information about the trade-offs of building outside city limits — into the farming and forested areas of the Palouse."

Force said the recently finished study began in 2003. The three students that created the study have graduated and now hold professional positions.

"They did all the work and research, we gave them feedback and helped them focus on specific areas," she said. "We then presented the results to the local city council and county commissioners. I hope they can use what we collected to help them in future land-zoning decisions."

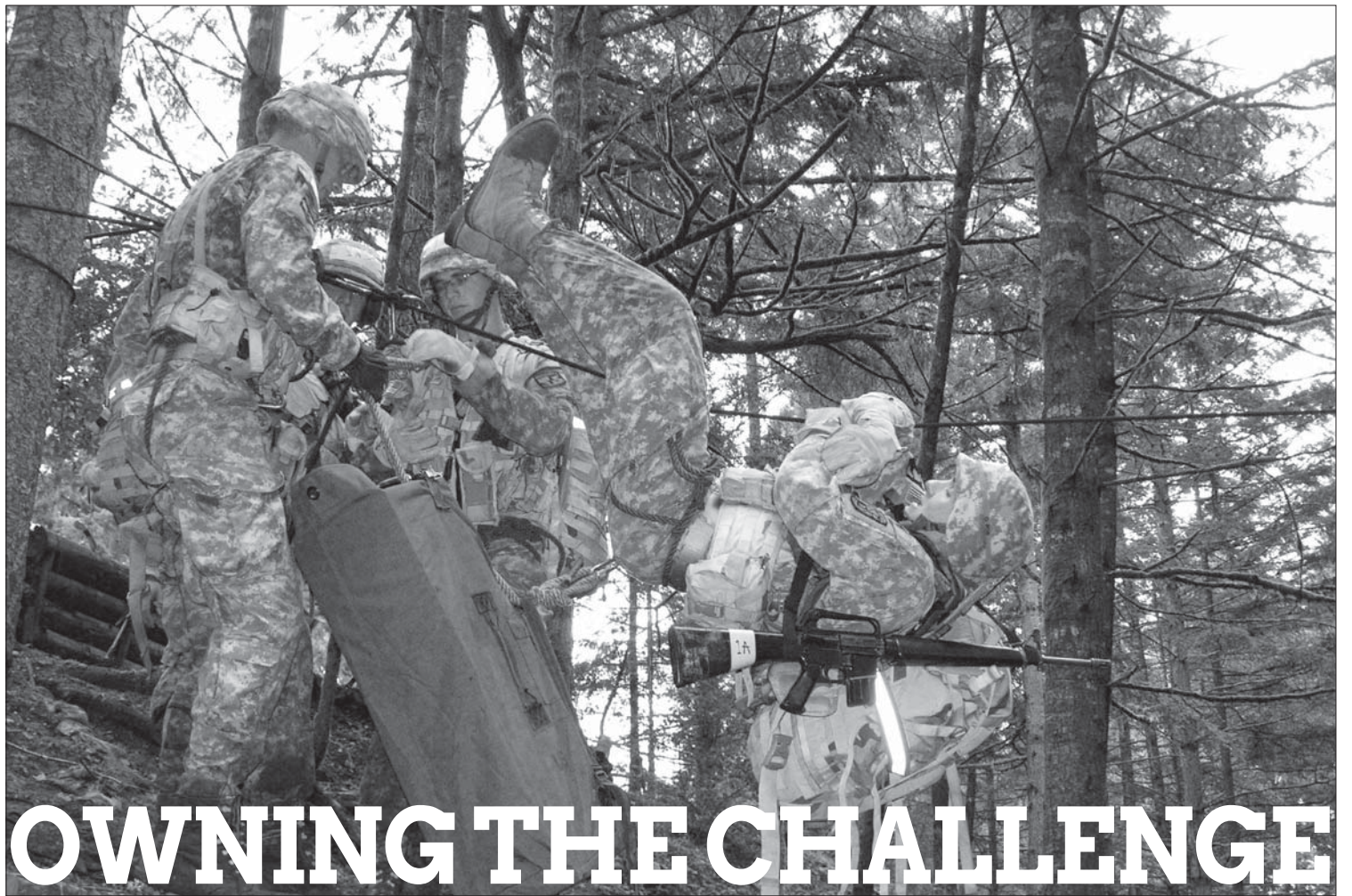
Force said the study created scenarios from environmental plans and received feedback from surveys they sent to local landowners and renters. This information allowed them to look specifically at land protection, city growth boundaries and focus on ways to conserve the surrounding land.

"Our region has a rich landscape, and the choices of the people that use the area could make a difference in the land quality for future use," said Lee Vierling, associate professor in Fire Ecology and Management. "This study gives the perspective of how to make better choices about city expansion and planning."

The team broke the results down to show city council members and county commissioners the benefits and consequences of zoning decisions, Vierling said.

Penelope Morgan, fire ecology

SEE LAND, PAGE 5



OWNING THE CHALLENGE

UI Army ROTC | Courtesy

UI Army ROTC program wins Ranger Challenge by 15 minutes

Elisa Eiguren
Argonaut

When running almost nonstop for five hours and 10 minutes, exhaustion is more of a mental than a physical drain, but Cadet Eric Fitzpatrick convinced himself and his teammates to keep going to a first place finish in the Army Ranger Challenge.

"It's a team event and this year we had the best team ... the best team chemistry, the best people on our team," Fitzpatrick said.

Fitzpatrick, a University of Idaho senior in the Army ROTC program, was the UI Alpha team Ranger Challenge commander. The Ranger Challenge is an ex-

treme test of endurance and as an experienced participant, Fitzpatrick said basically the only factor that determines who is selected for the team is physical condition.

"You have to have nine people on a team," he said. "At least one female, one freshman, one sophomore, one junior and one senior, and the rest doesn't matter. We looked at people who can run fast for long periods of time, pretty much whoever is in the best shape."

The Ranger Challenge, held Oct. 8 and 9 at Fort Lewis in Tacoma, was comprised of 11 events: An Army physical fitness test, map reading test, land navigation test, a leaders' reaction

course, first aid test, a rope bridge challenge, situational awareness test, weapons assemble and disassemble, equipment inspection, a rucksack march and a mystery challenge. Participating teams included UI, University of Portland, University of Guam, Pacific Lutheran University and Washington State University. Except for the University of Guam, UI was the smallest university that attended the event, Fitzpatrick said.

"I've always thought (UI) is one of the better programs in the country," he said. "The big thing people look at is how your school did in Ranger Challenge and we won against schools that are bigger than us and have more money

than us."

UI finished first with a time of 5 hours and 10 minutes, which was 15 minutes faster than the second-place team Portland and 25 minutes faster than the third-place team WSU. Fitzpatrick said he thought the UI Ranger Challenge teams were good enough to win each of his four years, but every time they performed poorly in one event, which led to defeat. The last time UI won the Ranger Challenge was in 2005, and the victory this year is his team's chance to add to UI's rich ROTC history and set a standard for the future.

SEE CHALLENGE, PAGE 5



Kyndall Elliott | Argonaut

Donna Mills, farm development intern, discusses the organic pumpkin painting contest with Brianna Whitman Monday morning at Bob's Place as part of National Food Day. Students can turn in their pumpkins to be judged, and the winner will receive five free pizzas. Mills said they want to highlight the partnership between Soil Stewards and Campus Dining.

Local, healthy, sustainable

Campus Dining serves local food as part of National Food Day

Lindsey Treffry
Argonaut

Locally-grown meats and vegetables were served to University of Idaho students Monday as part of National Food Day, a national effort to bring together students, instructors, health professionals, community members, and food providers to support healthy, local and sustainable food.

"It's been explained as 'Earth Day for food' with the focus being on local and sustainable food options," said Nathaniel Prior, the marketing manager for UI Campus Dining.

For the event, vegetables offered at J Street Cafe in the Idaho Commons and at Bob's Place were purchased from Soil Stewards, an organic UI plant science research farm, while pot roast and sausages were purchased from Vandal Brand Meats. The UI Sustainability Center set up a table in the Commons to inform students of fair trade, pesticides, and smart food purchases, and campus dietitian Verna Bergmann was at Bob's to talk about eating well and nutrition. Donna Mills, from Soil Stewards, provided

SEE SUSTAINABLE, PAGE 5

Grants for grad students: travel, research and network for less

Jonathan Gradin
Argonaut

For graduate student Matthew Aghai attending conferences and doing fieldwork are just part of the educational process. These extra curricular activities cost money, which most students don't have.

However, help exists.

The Graduate and Professional Student Association offers travel grants to full-time, Moscow-based graduate students, valued at up to

\$900 for international travel, \$700 for national and \$350 for local events (Eastern Washington, Idaho and Montana).

"The travel award is a route for students to get some financial help to attend workshops on their field or conferences," said Simon Uribe Convers, travel grant coordinator. "They can also visit other labs and museums. They can do field work. So they can pretty much use the money we give them for any aca-

demical purpose."

Aghai, forest resources Master's of Science candidate, was awarded a grant in September and is using it to attend the Society of American Foresters National Conference Nov. 2 to 6 in Honolulu. While in Hawaii, he plans to take a field tour of native trees and local forestry research.

"This is an event where quite a number of people — primarily foresters and those in related fields

— gather to do technical sessions and scientific sessions, and also to discuss updates within the realm of forestry," Aghai said.

Aghai said he had been chosen as a technical presenter at the conference.

The grants, which have been awarded since fall 1992, are funded using fees paid by full-time graduate students. A portion of these fees is allotted to GPSA, and 40 percent of GPSA's budget

is designated for travel grants. The 2011 travel grant budget was \$34,000, amounting to nearly \$5,700 per grant cycle.

Travis Hagey, an evolutionary ecology Ph.D. candidate, was awarded \$490 for a conference in Charleston, S.C., by the Society of Integrative Comparative Biology the first week of January, where he will present a paper on gecko toe

SEE TRAVEL, PAGE 5

IN THIS ISSUE



Find out how men's basketball looked in this first scrimmage of the season.

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Read about how falling from 10,000 feet can put everything in perspective.

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University of Idaho

Volume 113, Issue no. 20

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Vandal Nation

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ASUI Student Engagement

ASUI Vandal Entertainment

THIS WEEKS FILMS

SUB Borah Theater FREE

Cave of Forgotten Dreams
Wed. Oct 26, 7 pm

Crazy Stupid Love
Fri. Oct 28, 9:30 pm
Sat. Oct 29, 2:30 & 7 pm

Om Shanti Om
Mon. Oct 31, 7 pm

Johnny Polygon
Hip-hop artist
Tues. Oct 25, 8 pm
SUB Ballroom
FREE Concert

ASUI Student Organizations

ASUI Now Hiring
Student Coordinator for Leadership Programs

Email dcarl@uidaho.edu to request an application
Applications Due:
Wed. Oct 26, 12 pm

Dine In Sessions for Student Orgs (and others)
Org Finance 101
Tues. Oct 25
3:30 pm - 4:30 pm
Panorama Room, Commons

Student Org Training
For new orgs or orgs that missed the mandatory training in Sept.
Thurs. Oct 27
4:30 - 5:30 pm
Horizon Room, Commons

Dine In Sessions for Student Orgs (and others)
Team Building
Wed. Nov 2
11:30 am - 12:30 pm
Panorama Room, Commons

ASUI Center for Volunteerism and Social Action

Volunteer Opportunity: Habitat for Humanity
15 people needed
Sat. Nov 12
Sign up at
volunteer.asui.uidaho.edu

ASUI.UIDAHO.EDU
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THE INSIDE

CAMPUS METRICS & INTERACTIONS

Rex

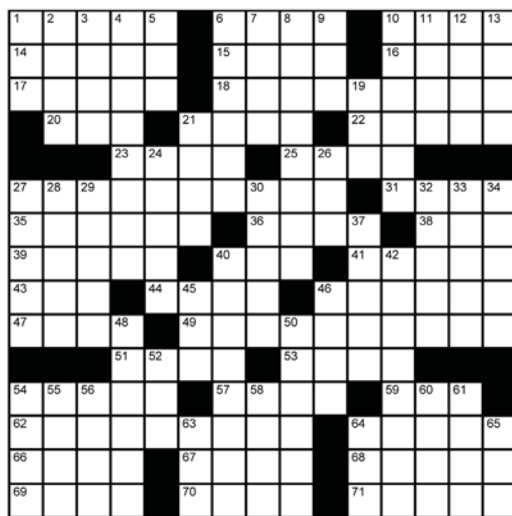


Eli Holland | Argonaut

CROSSWORD

Across

- 1 Deadly snake
- 6 Rubberneck
- 10 Goblet feature
- 14 Little green man
- 15 Turkish official
- 16 Apple throwaway
- 17 Rodeo rope
- 18 Italian restaurant
- 20 Explorer Johnson
- 21 Student overseer
- 22 Beginning
- 23 Brain wave
- 25 Muscle quality
- 27 Shout of praise
- 31 Wood cutters
- 35 Pricing word
- 36 Letters at Camp Lejeune
- 38 Hood's gun
- 39 Equine of Africa
- 40 Freddy Krueger's street
- 41 Half of Hispaniola
- 43 "___ he drove out of sight..."
- 44 Pathetic
- 46 Grand ___ Dam
- 47 Vega's constellation
- 49 Backers
- 51 Willy Wonka's creator
- 53 Black-and-white treat
- 54 Torcher's misdeed
- 57 Expressed
- 59 One Stooge
- 62 Take a firm stand
- 64 Dinette part
- 66 Skirt style
- 67 Pigeon's home
- 68 Fence feature
- 69 Lofty works
- 70 Camelot lady
- 71 Corolla part



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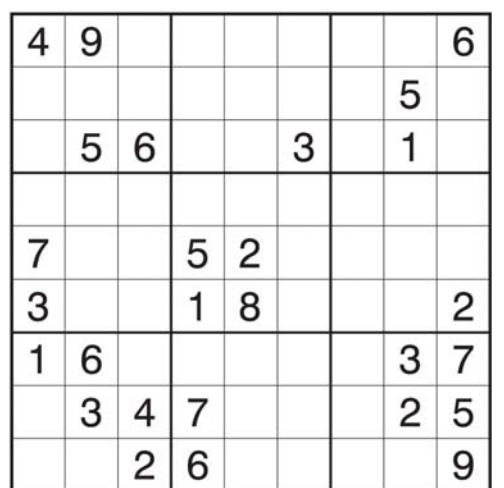
Down

- 1 "Wheels"
- 2 Medley
- 3 Partiality
- 4 Merchant
- 5 Gастeyer of "Mean Girls"
- 6 Rich and elaborate cake
- 7 Site of the Taj Mahal
- 8 Flying Dutchman, e.g.
- 9 Break bread
- 10 Griddlecakes
- 11 Rocky peaks
- 12 Pennsylvania port

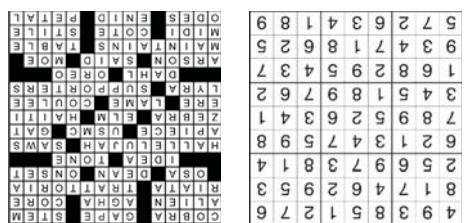
- 13 Butcher's stock
- 19 Freight weight
- 21 Mark for omission
- 24 Windshield attachment
- 26 Physics unit
- 27 Eye color
- 28 Mockery
- 29 Roman god of wine
- 30 Minty drink
- 32 Spry
- 33 No-cal drink
- 34 Piggins
- 37 Specific task
- 40 Film coating
- 42 Replace with a machine

- 45 Baseball bat wood
- 46 Part of a parachute
- 48 Beloved of Aphrodite
- 50 Ready
- 52 Tiny toiler
- 54 Shot, for short
- 55 Police action
- 56 Fries, maybe
- 58 Nay sayer
- 60 Final notice
- 61 Poet ___
- Wheeler Wilcox
- 63 Pitching star
- 64 Recipe amt.
- 65 Aquatic shocker

SUDOKU



SOLUTIONS



THE FINE PRINT

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Find a mistake? Send an email to the section editor.

On the web

uiargonaut.com, vandalnation.wordpress.com, facebook.com/argonaut

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The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office on the SUB third floor.

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301 Student Union
Moscow, ID, 83844-4271
or arg-opinion@uidaho.edu

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Time to vote

Spring senator elections on-going for seven slots

Kaitlyn Krasselt
Argonaut

Just like the United States government, the legislative body of ASUI is filled with elected officials in charge of allocating funds, representing the student body, and passing bills that often have a direct impact on student life.

The fall ASUI Senate election process started rolling Monday, the last day to submit applications for candidacy. Student voters will select seven new senators from the pool of applicants to join eight veteran senators for the spring semester.

As a result of the districting bill passed last spring, ASUI is looking to diversify the senate with representatives from Greek, residential, and off-campus living groups. Five seats are reserved for Greek residents, five for non-Greek/residence hall groups, and five for people of any living group.

"Essentially, the idea is to make sure there's an opportunity for everyone to be represented," said Amanda Niehenke, elec-

tions coordinator.

Applicants still have to receive a high percentage of votes, and cannot automatically be elected for being the only member of a specific living group.

"We still want to make sure the best qualified people are elected," Niehenke said.

Election Calendar

Monday, Oct. 24
Deadline to apply for candidacy

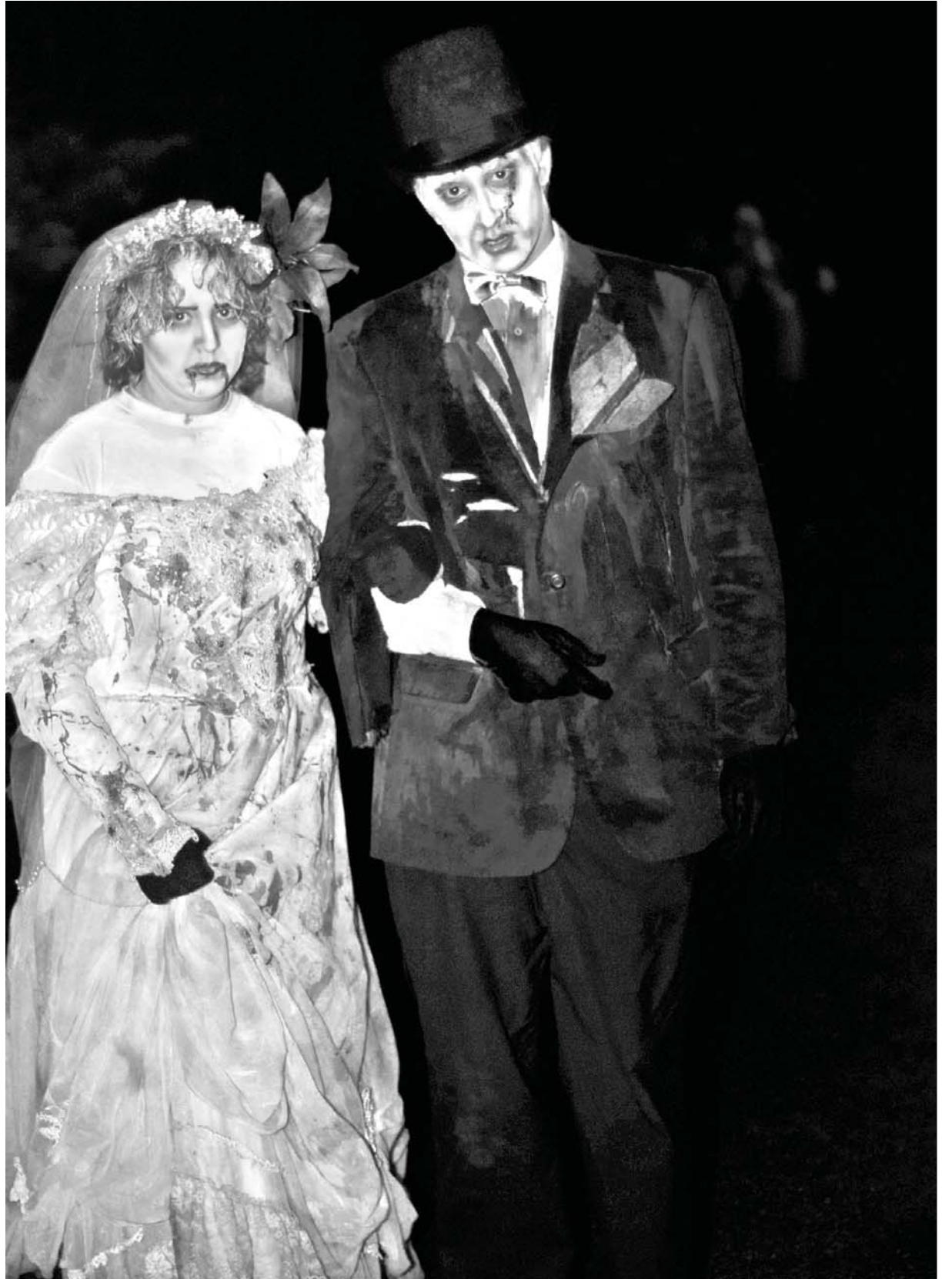
Thursday, Oct. 27
Mandatory candidates meeting regarding elections process, rules and regulations of campaigning.

Monday, Oct. 28
Campaigning begins. Ends Nov 13.

Nov. 4-16
Voting begins. Voting stations will be set up around campus. Students can also vote online at vote.uidaho.edu.

Nov. 16
Winners will be announced after the weekly senate meeting

SCARED IN THE THEME PARK



Kyndall Elliott | Argonaut

A horrific newlywed couple haunts the walkways of Scarywood in Coeur d'Alene last weekend. Silverwood opens its doors after dark in the month of Oct. 1 to 29. Tickets are \$35 for the after-dark event.



Check out uiargonaut.com for exclusive video coverage of haunted Palouse.

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Dia de los Muertos Celebration Calaveras & Altar Contest



The Dia de los Muertos Planning committee will be hosting a Calaveras, group altar, and individual altar contest during this year's celebration. Registration forms for the altar contest need to be turned in Friday, October 28th to Admin 314.

Those participating in the Calaveras contest can submit their entry to Dr. Lori Celaya lcelaya@uidaho.edu by Friday, October 28th.

Registration forms can be found at OMA, CAMP, and the Spanish Department.

For more information contact:
Office of Multicultural Affairs
TLC 239 885-7716
oma@uidaho.edu
www.uidaho.edu/oma



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Libya declared free, but Gaddafi death questioned

KARIN LAUB
Associated Press

TRIPOLI, Libya — Libya's interim rulers declared the country liberated on Sunday after an 8-month civil war, launching the oil-rich nation on what is meant to be a two-year transition to democracy. But they laid out plans with an Islamist tone that could rattle their Western backers.

The joyful ceremony formally marking the end of Moammar Gaddafi's 42-year tyranny was also clouded by mounting pressure from the leaders of the NATO campaign that helped secure victory to investigate whether Gaddafi, dragged wounded but alive out of a drainage ditch last week, was then executed by his captors.

The circumstances of Gaddafi's death remain unclear. In separate accounts late Sunday, two Libyan fighters said Gaddafi was hurt after being captured, but was able to stand. One said that when he and others placed Gaddafi in an ambulance, the former Libyan leader had not yet suffered what Libya's chief pathologist said was a fatal gunshot to the head.

Critics said the gruesome spectacle of his blood-streaked body laid out as a trophy for a third day of public viewing in a commercial freezer tests the new leadership's commitment to the rule of law.

Britain's defense secretary, Philip Hammond, said the Libyan revolutionaries' image had been "a little bit stained" by Gaddafi's violent death. Both he and U.S. Secretary of State Hillary Rodham Clinton said a full investigation is necessary.

Gaddafi's capture and the fall of his hometown of Sirte, the last loyalist stronghold, set the stage for the long-awaited declaration of liberation, delivered by the head of the National Transitional Council,

Mustafa Abdul-Jalil.

He did not mention the circumstances surrounding Gaddafi's death. Gaddafi's mobile phone videos showed the wounded leader being taunted and beaten by a mob after his capture. But he urged his people to avoid hatred.

"You should only embrace honesty, patience, and mercy," Abdul-Jalil told a flag-waving crowd of several thousand at the declaration ceremony in the eastern city of Benghazi, the birthplace of the uprising against Gaddafi.

Abdul-Jalil laid out a vision for a new Libya with an Islamist tint, saying Islamic Sharia law would be the "basic source" of legislation, and that existing laws that contradict the teachings of Islam would be nullified.

He outlined several changes to align with Islamic law, including putting caps on interest for bank loans and lifting restrictions on the number of wives Libyan men can take. The Muslim holy book, the Quran, allows men up to four wives.

Abdul-Jalil thanked those who fought and fell in the war, saying they "are somewhere better than here, with God." Displaying his own piety, he then stepped aside from the podium and knelt to offer a prayer of thanks.

Using Sharia as the main source of legislation is stipulated in the constitution of neighboring Egypt. Still, Egyptian laws remain largely secular as Sharia does not cover all aspects of modern life.

Libya's revolt erupted in February as part of anti-government protests spreading across the Middle East. Islamist groups stand to gain ground in neighboring Tunisia and Egypt, which shook off their dictators several months ago. Tunisia has taken the biggest steps so far on the path to democracy, voting Sunday for a new assembly, while Egypt's parliamentary election is set for next month.

Libya's struggle has been the bloodiest so far in the region. Mass protests turned into a civil war that killed thousands and paralyzed the country. Gaddafi loyalists held out for two more months after the fall of the capital of Tripoli in late August. Gaddafi's hometown of Sirte fell last week, but Gaddafi's son and one-time heir apparent, Seif al-Islam, apparently escaped with some of his supporters.

The anti-Gaddafi forces enjoyed strong Western political and military support during their revolt, especially from the U.S., Britain and France, and NATO airstrikes were key to their victory.

Abdul-Jalil paid tribute to the Gulf Cooperation Council, a six-nation alliance led by Saudi Arabia, the Arab League and the European Union. NATO performed its task with "efficiency and professionalism," he said.

President Barack Obama congratulated Libyans on the declaration.

"After four decades of brutal dictatorship and eight months of deadly conflict, the Libyan people can now celebrate their freedom and the beginning of a new era of promise," he said.

In Brussels, NATO Secretary-General Anders Fogh Rasmussen welcomed the declaration and said NATO's mission in Libya "is very close to completion," referring to the alliance's decision to end air patrols on Oct. 31.

In Libya, leaders have said a new interim government is to be formed within a month, following by elections for a constitutional assembly within eight months. Elections for a parliament and president would follow in the year after that.

Gaddafi's body remained on display Sunday in a produce locker in the port city of Misrata, which suffered from a weeks-long bloody siege by regime forces in the spring. People have lined up

since Friday to view the body, which was laid out on a mattress on the freezer floor. The bodies of Gaddafi's son Muatassim and his ex-defense minister Abu Bakr Younis also were put on display, and people wearing surgical masks filed past, snapping photos of the bodies.

It remains unclear what happened between the time Gaddafi was captured alive in Sirte on

Thursday and arrived dead in Misrata. Libyan leaders say he was killed in cross-fire during battles for Sirte, but revolutionaries who were present for Gaddafi's capture — and even one who was in the ambulance with him — said nothing about additional fighting in interviews with The Associated Press.

Dr. Othman al-Zintani, Libya's chief forensic pathologist, said he performed an autopsy that confirmed that Gaddafi was killed by a gunshot to the head. That finding did not clear up the circumstances of his death, and al-Zintani said he could not elaborate until a full report has been sent to the attorney general.

Al-Zintani told the AP that Gaddafi's body was removed from the freezer and taken to a secret location for the autopsy. He said he also examined the body of Muatassim.

In new testimony late Sunday, two fighters said revolutionary forces encountered heavy resistance from Gaddafi loyalists near the drainage tunnel where Gaddafi and others were hiding.

Omar al-Shibani, commander of a group of fighters involved in the capture, said one of his men found the wounded Gaddafi in the

tunnel, disarmed him, pulled him out and walked him to one of the fighters' vehicles.

Another fighter at the scene, Jibril Othman, said it was difficult for Gaddafi to stand. According to both accounts, the fighters put Gaddafi on the hood of the vehicle, and drove with him for some distance. Othman said a crowd gathered, and that he and others were beating Gaddafi.

Othman said that when Gaddafi was eventually placed in an ambulance, he had not yet suffered a shot to the head. Al-Shibani said Gaddafi had been shot in the abdomen and suffered a head injury, but that he "was fine up to that point."

The New York-based group Human Rights Watch, which viewed the bodies, said video footage, photos and other information it obtained indicate that Moammar and Muatassim Gaddafi "might have been executed after being detained."

"Finding out how they died matters," said Sarah Leah Whitson of Human Rights Watch. "It will set the tone for whether the new Libya will be ruled by law or by summary violence."

Mahmoud Jibril, the acting Libyan prime minister, said he would not oppose an inquiry into Gaddafi's death, but added that there is "no reason" to doubt the credibility of an official report that he died in crossfire.

Addressing the celebrations around Gaddafi's body, Jibril told the BBC in an interview on Sunday: "You have to appreciate the agony that people went through for 42 years."



After four decades of brutal dictatorship and eight months of deadly conflict, the Libyan people can now celebrate their first freedom and the beginning of a new era of promise.

Barack Obama,
U.S. President

Latest developments in the global Occupy protests

Associated Press

Some of the latest developments in the Occupy protests taking place in cities across the world:

Ohio

A former singer with the boy band 98 Degrees pleaded not guilty to trespassing after being arrested in the Occupy Cincinnati protest. Justin Jeffrey was one of 11 people arrested early Sunday at the city's Fountain Square after the 3 a.m. closing time. Jeffrey says he spent several hours in jail and it was "no fun." But he says it was the right place to be to stand up for free

speech.

New York

Bankers use the term "taking a haircut" to mean adjusting a loan. Barbers who support Occupy Wall Street brought the term to life Monday. The half dozen barbers set up chairs on Broadway and gave out free haircuts. Each wore a top with the name of a big financial institution. Barber Steve Vilot said he hopes the free haircuts inspire banks to ease the debts of families in danger of losing their homes.

Chicago

Nurses joining Chicago's anti-Wall Street movement said health care, jobs and free speech were among their top concerns Monday as they gathered outside Mayor Rahm Emanuel's office. They also were protesting the Sunday arrests of 130 demonstrators, including two nurses, when they refused to leave Grant Park after it closed at 11 p.m. At the Monday demonstration, dozens of nurses chanted, "Drop the charges now!"

Vermont

Protesters in the Occupy Rutland movement say they'll have a large contingent the city's popular Halloween parade on Saturday.

The 52-year-old parade usually has a superhero theme, and Occupy Rutland activist Kathleen Krevetski said that theme will continue this year. She said Occupy movement participants are superheroes.

Arkansas

More than 20 participants in the Occupy Little Rock movement set up a camp in front of the Clinton Presidential Library. They placed tables, tents and chairs at a park outside the building. Local organizers say they're standing up against the power of corporations in politics. Organizer Adam Lansky said the movement needs time to develop a clear message.

News Brief

Health and Wellness Fair

The Health and Wellness Fair has been an annual University of Idaho event for 23 years and is an opportunity for students to talk to local businesses and organizations.

The fair is from 8 a.m. to 1 p.m. Thursday at the Student Recreation Center.

Peg Hamlett, fitness and wellness director at the SRC, said she and three others have been working to plan this event and that it should be a great opportunity for students.

"We want all the students to be there," Hamlett said. "There will be a free lunch of baked potatoes and chili and all kinds

of prizes like a Schwinn bike and free dairy products for a year."

There will be more than 40 businesses and organizations at this event including campus clubs that support health and wellness. There will also be free blood pressure and body composition testing.

"The body composition tests will tell you the percentage of body fat you have," Hamlett said. "It is nice to get a good idea of how lean you are and it is completely free."

Gritman Medical Center will also be at the fair, along with an eye doctor and other helpful resources.

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LAND

FROM PAGE 1

professor who also assisted in the study, said she thinks the landscape planning helps Palouse citizens to be aware of the consequences of certain planning and zoning.

"Since we presented the study results to the county commissioners, a lot of the local people have heard about the benefits that our results could provide to the

local environment," Morgan said.

She said the study was a valuable learning experience for the students and faculty involved and that it could benefit many people in the community.

"I hope they take our results into consideration, because I would think of it as a missed opportunity if the information wasn't used and available to people that would plan the future of the Palouse," Vierling said.

SUSTAINABLE

FROM PAGE 1

pumpkins for a painting contest that will be judged over the weekend.

Some of the main goals for Food Day, as posted on the movement's website, included the expansion of accessible food to alleviate hunger, the support of sustainable farms and fair conditions for food and farm workers, as well as the reduction of diet-related disease and the promotion of safe, healthy foods. Food Day also calls for protection of the environment and animals by reforming factory farms, and for the reduction of junk-food marketing to children.

"It's a fun way to be able to showcase (campus dining sustainability efforts) and inform patrons that may not have been aware," Prior said.

Fact sheets about campus dining sustainability efforts from 2010 to 2011 were posted around the cafe. These efforts include the eradication of food trays as well as disposable plates and silverware. Individual condiments are now offered in bulk. And, if students bring their own reusable cups, espresso drinks are discounted by 25 cents and drip coffee by 10 cents in order to reduce paper waste. Other efforts include the use of Aspetto coffee and tea at Bob's Place, which is 100 percent USDA certified Organic, as well as the use of biodiesel in Sodexo delivery trucks.

Prior said campus dining has purchased produce from Soil Stewards in the past, but more so this year. They have also partnered with Vandal Meats in the past for concession, retail and resident dining.

Fred Hisaw, animal science major, works at Vandal

Meats as part of his undergraduate research. He said Sodexo purchased pot roast as part of Food Day.

"One of the big benefits is that it just keeps that money local, so the local area producers can get that money back that they invested in the product," Hisaw said.

According to Prior, 1.9 percent of campus food comes from Latah County, while 73.1 percent is from the Northwest region.

"We try very, very hard to try and purchase food locally," Prior said.

Jennifer Emerson, volunteer coordinator for the UI Sustainability Center, helped set up a display for Food Day to showcase campus sustainability efforts as well as information on the local food economy.

"I think that maybe it'll just make (students) more aware of purchases they make and what they put in their body and the economy around food," Emerson said. "It will give them a chance to take a look at where food comes from and to appreciate it better."

Emerson said the center also gave out information about foods with high amounts of pesticides, like apples, and information on how to make healthier choices when shopping at the grocery store.

This was the first ever Food Day at UI and around the country, but it is planned to occur annually on Oct. 24 throughout the nation.

"We definitely hope to continue it and it will catch on," Prior said. "Food is something that is very important to all of us — to be more aware of what we're eating and how it really impacts everything around us."

CHALLENGE

FROM PAGE 1

The members of the 2011 UI Ranger Challenge team were Fitzpatrick, and cadets Peter Assante, Paul Schneider, Levi Burgess, Chad Beach, Kyrsti Goebel, Aaron Davis and Steven Cleppe. At the start of the fall semester, team members started a new training regime to get in Ranger Challenge shape.

In addition to regular physical training (PT) during the week, team members also met on Saturdays for three to four hours for a relaxed training session specifically oriented toward Ranger Challenge. Two weeks before the challenge, they stepped up training one notch higher.

"Ranger Challenge would meet every day and do PT for 45 minutes, and then do a two and a half mile run, and then come back and do pushups and sit-ups until people couldn't do them anymore," Fitzpatrick said.

The changes in training were implemented as Fitzpatrick learned from his own experience and took advice from Sgt. Thomas VanOvermeer.

"Pretty much the main guidance I gave them was that I wanted them to do more 'ruck' marching," VanOvermeer said. "The very first road march I caught up with them and saw that Fitzpatrick made them run the first mile car-

rying 30 pounds uphill, and that made me believe in their ability to do it this year."

During the Ranger Challenge, cadets are fully equipped with a 35-pound rucksack load, vest, water and ammunition. The team "ruck" marched between each event, which added up to about 10 kilometers, and the entire course is approximately 10 to 12 miles long. VanOvermeer said a strong leader is vital in encouraging team members to perform to the best of their ability, and Fitzpatrick showed he was capable.

"His ability to motivate them and keep them going and push beyond what they thought their limits are was the key," VanOvermeer said. In order to win, they also needed a girl who won't stop running.

"A big chunk comes down to how fast the female is and how willing she is to push herself," Fitzpatrick said. "It's finding a female who can run really fast and is willing to run nonstop with people who are faster than her and run through that mental pain."

Kyrsti Goebel said she hadn't even been back in Idaho for 24 hours when Fitzpatrick contacted her and asked her to be part of the Ranger Challenge team.

"I'd always heard about it before and it sounded super, super hard," she said. "When we did our practice rucks, me and the other girl

counted and one of their steps was three of our steps."

Goebel said she was nervous she wasn't fast enough to be part of the team, but her teammates motivated her to keep going even when she thought she couldn't. As the slowest runner on the team, Goebel's teammates let her set the pace and ran alongside her, lifting her ruck off her back to carry the weight along with their own. During the five hours it took to complete the course, Fitzpatrick said they stopped running three times at the most.

"It was the hardest thing I have ever had to do," Goebel said. "I'm so much slower than the guys and it's mentally defeating, like I'm letting my team down."

After talking to the other women in the challenge, Goebel said her teammates were especially supportive. Even though she felt like she was running through tar, her team was there to mentally carry her through the competition.

Developing the concept of teamwork is one objective of the Ranger Challenge.

"The underlying factor, especially for the freshmen and sophomores, is to be around juniors and seniors to intermingle and learn and develop," VanOvermeer said. "For juniors and seniors who are getting ready to commission it's about identifying the quality traits in people and

building a team and making it cohesive."

And of course when it's all said and done, everyone likes to win and that's why we compete in the challenge, VanOvermeer said.

One of the main reasons for UI's success was the fact that they decided to focus on a few specific events instead of the challenge as a whole, in particular the rope challenge and ruck marching. Their dexterity in these events gave them the edge they needed to win by a margin of 15 minutes.

"They weren't the best at everything but they were really good at everything," VanOvermeer said. "Some teams were the best at something but they weren't that good at anything else."

Although the Ranger Challenge is an admirable accomplishment, Fitzpatrick and VanOvermeer have their sights set even higher.

Based on their performance at the Ranger Challenge, Fitzpatrick said the UI team might be selected to compete in the Sandhurst Competition at West Point — a competition that is a step above the Ranger Challenge because of its international notoriety. Only one American team has ever won Sandhurst.

"I'm hoping for a chance," he said. "That's all we're asking. I don't think we would disappoint anyone if we went."

TRAVEL

FROM PAGE 1

pads. He was also awarded a travel grant earlier this year to attend the Evolution Conference in Norman, Okla.

"Conferences are good for lots of tangible and intangible reasons," Hagey said. "The most solid is you get to present your own work, and you get to show other professors, post-docs, other students, what

you've done, what you're thinking, where you're going with your research. You get comments back, people ask you questions. Overall these conferences are really, really good at bouncing ideas around."

Other benefits, Hagey said, occur after hours.

"You're going out getting drinks with professors, or other students and post-docs, so a lot of networking happens," Hagey said. "You're starting to put

names to faces, like 'Oh yeah, I read your paper two weeks ago, it was on...'. So there's kind of intangible value in meeting the people, talking to them ... it's easy to start collaborations that way."

While the majority of award winners use the grant to attend conferences, some — such as evolutionary ecology Ph.D. candidate Simone Des Roches — use the money for fieldwork and research. Des

Roches used her nearly \$500 grant to travel to the White Sands National Monument in New Mexico, where she has been documenting the development of lizards with certain variations.

"This travel grant went toward basically mileage, both the trip back, the driving back, and for travel between our apartment in Alamogordo and the field site, which we go to every day," Des Roches said.

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SPORTS



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VANDAL NATION

BASKETBALL

Depth gained across the board

Nick Groff
Argonaut

The addition of four junior college transfers and two freshmen, should solve Idaho men's basketball's depth concerns, but fine-tuning a Verlin system early in the season could be an issue.

The Vandals played two of four, 10-minute inter-squad scrimmages in front of 300 fans Saturday evening in Memorial Gym. Every Vandal saw minutes, but Verlin said with new faces on the squad, progress is sometimes impeded.

"There's a lot of working out left to do on this team. I thought our effort was pretty good tonight," Verlin said. "I thought our attention to detail wasn't very good, thought we made a lot of executional errors."

Verlin said even with the errors, he was pleased with the team so far in the short preseason workouts. He said depth, especially under the hoop, is something he looks forward to.

"I like the inside guys, Dazmond Starke and Wendell Faines — they both are big strong physical guys who have to help us this year," Verlin said. "They have to be able to rebound the basketball at a high level. They have to score the ball."

The pair did just that at their junior colleges, averaging more than 13 points and eight rebounds per game. Starke and Faines will fill out the four and five spots with third-year players Kyle Barone and Joe Kammerer and returner Djim Bandoumel. The five boast an average height of 6 feet, 8 inches and weight of 240 pounds, something Verlin thinks could make them the most physical team in the WAC.

"We should be a ton more physical,"

Verlin said. "We should be a lot bigger and a lot more physical than we've been any year since I've been here, even when Marvin (Jefferson) was here. This team has the opportunity to own the paint."

Barone agreed, even though his role will change from years past.

"We got some big guys coming in too, Wendell, Daz(mond) — those guys are pretty good too. So I mean, I think this year we're going to be pretty physical down low," Barone said.

Late in the scrimmage, Barone hit nothing but net from about 18 feet — a shot that is not typical from a 6-foot-10-inch center.

"I've always had it I think, but you know, I just feel more confident in my game. No hesitation anymore," Barone said. "I think that I can knock those down consistently. I think coach has trust in me to shoot those kinda shots and just be a leader for this team."

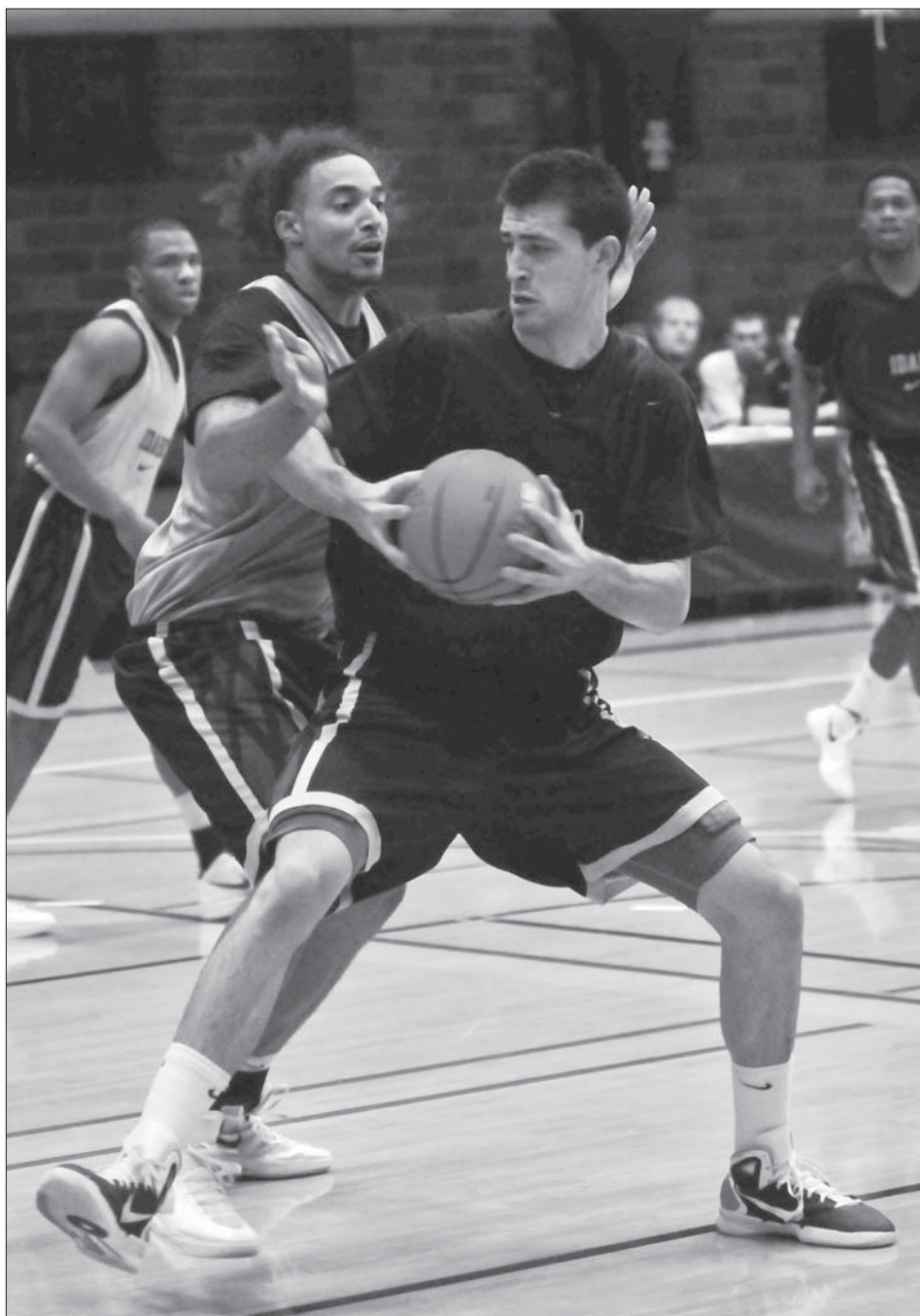
Fellow leader Deremy Geiger also improved his shot in the offseason, shooting 83 percent from behind the arc and nearly 77 percent overall Saturday night.

"Last year I shot a low field goal percentage and I've been really working hard in the offseason and any free time to improve that and work out my shot," Geiger said.

Verlin echoed Geiger and is confident his starter has a high percentage shot in his repertoire.

"He's worked really hard on his shot this summer — shot up a million shots. He's feeling a lot more comfortable," Verlin said. "He's gotta shoot the ball for us. He's going to be our No. 1 perimeter threat."

SEE DEPTH, PAGE 9



Nick Groff | Argonaut

Idaho center Kyle Barone works the ball into the key against the defense of Saddleback Junior College transfer Wendell Faines Saturday in Memorial Gym. The Black and Gold scrimmage was the first public scrimmage of the 2011-12 campaign. Idaho opens the season with an exhibition game against Evergreen State at 7:05 p.m. Oct. 28 in Memorial Gym.

POLO

Riding to glory

Lucas Reid selected for the United States Polo Association

Jacob Dyer
Argonaut

The phone rang at 6:56 one Friday morning at Lucas Reid's house and he debated whether to answer. His decision to pick up the receiver changed his life.

Kris Bowman, the United States Polo Association's national club development director, was on the line to inform Reid that he had been selected to join the USPA.

"It was so surreal ... it was like I had just won the lottery, I will never forget that phone call," Reid said. "I was dead tired when I answered that phone, one minute later I was alive — it was insane."

Reid grew up on a family farm in Firth, Idaho, as a fifth-generation farmer. He said before he could walk he was riding a horse, and he took that experience to the polo field when he came to the University of Idaho and has excelled for three years.

Because of his success on the polo team, Reid was encouraged by others to try out for the USPA, and

so he began the application process.

Reid said that he struggled with the hand-written cover letter and that it became a time consuming endeavor.

"It took me a month to write that letter ... because it's really hard to convince somebody you should be on the team and that you are good — but you don't come off across as this cocky, arrogant self-absorbed person," Reid said.

Reid said he came home from riding his dirt bike one day and inspiration struck as he sat down and "hammered it out" in 20 minutes.

The rest of the process went more smoothly for Reid. He said at least 10 people filled out a reference for him.

He then had to wait for the all-important call. After receiving it, he is ready for his next challenge and testing himself against stiffer competition.

Bowman said Reid is fortunate to have such a great opportunity.

"This is an honor and



Janel Ward | Courtesy

Lucas Reid reaches for a ball this summer against the La Grande Oregon Polo Club in La Grande.

an opportunity of a lifetime that Lucas will never forget," Bowman said.

Bowman said the selection process is a lengthy one, but Reid had all of the qualifications needed to earn him the position.

"He was known to be

an excellent team player and takes direction well," Bowman said. "His references confirmed that he was an extremely hard worker and was a pleasure to be around."

SEE REID, PAGE 9

TENNIS

Vandals win big in doubles

Charles Crowley
Argonaut

There are few experiences like winning big in Las Vegas, and the Vandal men's tennis team did just that, as they won the doubles championship in the ITA Mountain Regional Championship.

"We knew that this was going to be a big tournament and that there would be some tough competition there and there definitely was," said Jeff Beaman, director of tennis.

This tournament, from Oct. 19 through Oct. 23 was the last before the National Indoor Championships the first weekend of November in New York. Those who do not qualify for nationals will go to Eugene, Ore., for the Pacific Northwest Tournament.

Three of four Vandal teams advanced on day one. Two more fell in the next round leaving Cirstea and Dobbs, a brand new pairing for the Vandals, who were there to cash in.

"They really meshed with their styles of play and their personalities on the court," Beaman said.

The pairing defeated an Air Force Academy team 8-5 in the first round and then a Utah State team in the second round 9-7. Next they met the No. 2 team in the tournament from Boise State University and won 9-7.

From there it was on to the quarter finals where they beat a BYU team 8-4 and the semifinals where they beat Weber State's top team 8-5.

Only the No. 1 seeded team in the tournament, Phil Anderson and Jadon Philips of New Mexico, stood between the Vandals and the championship.

After only a week of formal practice as partners, Cirstea and Dobbs sealed the title for Idaho.

"Sometimes you have a pairing and you try it out and it clicks and it turns out that pairing clicked this weekend," Beaman said.

SEE CHAMPIONSHIP, PAGE 9

WAC Round-up: Week 8

Theo Lawson
Argonaut



La. Tech 24, Utah State 17

The Aggies remain winless in the WAC and La. Tech improved

to 3-4 overall with a tight road win in Logan. The Bulldogs turned to backup quarterback Colby Cameron in the fourth quarter and the junior led the visitors to 10 fourth-quarter points, which helped La. Tech regain the lead and secure victory. Starting quarterback Nick Isham was 10 for 22 with 63 yards before Cameron replaced him. Cameron went

four for six with 38 yards, all in the fourth quarter. Utah State quarterback Chuckie Keeton ran for a 29-yard touchdown in the third quarter to put the Aggies up 17-14. The lead didn't last long as La. Tech's Hunter Lee rushed for a touchdown with 10:14 remaining in the game and Matt Nelson's field goal with three minutes remaining sealed it for the Bulldogs.



Nevada 45, Fresno State 38

Led by freshman quarterback Cody Fajardo, the Wolf Pack

stormed to 2-0 in the WAC with their fourth win of the season, an offensive thriller in Reno. The lead changed six times and despite a stellar night from Bulldog quarterback Derek Carr, who threw for 315 yards and three touchdowns, Nevada ruled the first quarter and outscored Fresno State

30-24. Both teams scored three second-half touchdowns and 29 points were scored in the fourth quarter. The teams combined for more than 1,000 yards of total offense and 54 first downs. Nevada's Mike Ball led all players in rushing yards with 198 and one touchdown on 26 carries. Fresno State hosts La. Tech next weekend in a nationally televised game that will see two 2-1 teams face off and battle for second place in the conference.



Hawaii 45, New Mexico State 34

The Warriors were barely able to avenge

a heartbreaking loss to San Jose State Saturday with an 11-point win over an improved Aggie team.

SEE WAC, PAGE 9

Running wild

Stephan Wiebe
Argonaut

Idaho cross-country runner Hannah Kiser is on pace for a historic season after winning all four of her regular season cross-country meets.

Kiser's season has been a pleasant surprise to her and her team, and she will try to continue it at the WAC Championships in Honolulu on Oct. 29, where the Vandals will compete for their second straight title.

"I think the expectations were there for her to have a very good cross-country season but she has far exceeded those," coach Wayne Phipps said. "It almost seems like her ability is limitless."

Kiser's undefeated season comes in spite of battling injuries in the preseason. Early IT band issues, shin pain and back pain plagued Kiser during summer training.

"It was kind of a rough training in the summer for me," Kiser said. "I was worried that I was going to let everybody down but I took the time off I needed and got better."

Kiser started her 2011 cross-country season as the top collegiate

runner at the Inland Northwest Cross Country Classic Sept. 3 in Spokane. She finished the 4.2 mile course in 14:11.3. Kiser followed up with a Sept. 17 victory at the Sundodger Invitational in Seattle. In the process of finishing as the top collegiate runner, Kiser also set a school record in the women's 6,000 meter race with a time of 20:58.43.

Kiser's third win proved to be her biggest challenge. She won the 5,000-meter Bill Dellinger Invitational, a race she was not favored to win, on Oct. 1.

"She won (the Bill Dellinger Invitational) against a very good field," Phipps said. "All the University of Oregon runners, University of Wisconsin (runners) and a girl that was fifth at nationals from the year before."

Kiser's latest win came Oct. 15 at the Santa Clara Bronco Invitational. She dominated the field with a time of 16:55.3 in the 5,000 meter race. No other runners were within 10 seconds of Kiser when she crossed the finish line.

Kiser's strong performances have

helped the Idaho women's cross-country team to two second place finishes, a fourth and a fifth.

Phipps said Kiser's domination on the course can be attributed to her natural talent and hard work but most importantly, her competitive spirit.

"One of the things that sets her apart is her level of competitiveness," Phipps said. "Whatever challenge gets thrown in front of her, she's up to and exceeds it."

Phipps and the cross-country coaching staff first caught sight of Kiser after her state track meet at the end of her senior year of high school in Wenatchee, Wash. She followed that up with a great first year of college running during the 2010 cross-country season, where she helped lead the Idaho women's cross-country team to a WAC title.

"She had a very good freshman year last year in cross-country then had an amazing track season," Phipps said. "Every race, she just keeps getting better and better and it's just been an incredible year so far."



Philip Vukelich | Argonaut

Hannah Kiser, a member of the Idaho cross country team, starts a run with her teammates on Monday. Kiser has been undefeated this season, and was named the WAC's Verizon Women's Cross Country Athlete of the Week earlier this month.

VOLLEYBALL

Streak gets snapped

Kevin Bingaman
Argonaut

The Vandal volleyball team ended its win streak this weekend, falling to San Jose State and No. 7 Hawaii.

The Vandals (11-11, 5-4 WAC) had won five consecutive games coming into the weekend, but that ended Friday night with a heartbreaking five-set loss to San Jose State. The Vandals will have to wait until Thursday to start another streak when they take on La. Tech and then New Mexico State on Saturday.

Idaho coach Debbie Buchanan said she thought the Spartans were a better team than their record showed.

"Both teams definitely came to play," Buchanan said. "We talked to the kids about the importance of this match because we know San Jose is playing well, they just beat Utah State in four. It was a battle for sure."

The teams went back and forth for the first four sets and it all came down to a pivotal fifth set. The Vandals had a 6-5 lead at one point, but the Spartans went on a 7-0 run and took a commanding lead. Idaho battled back, but it was too late as the Spartans took the set 15-12, clinching the match and defeating Idaho in San Jose for the second year in a row.

Buchanan said it came down to her team not executing in the end.

"We need to be better in those fifth games as far as execution," Buchanan said. "We didn't give up a run of seven points throughout the whole match, and then we did it in game five."

The Vandals dropped their second match of the road trip when they were swept at Hawaii. Similar to their first meeting this season, the match was close throughout with 32 ties and 13 lead changes, but in the end Hawaii proved to be too much for the Vandals. In the first and third set Idaho trailed 23-24 down the stretch, but on both occasions we're unable to tie and extend the match.

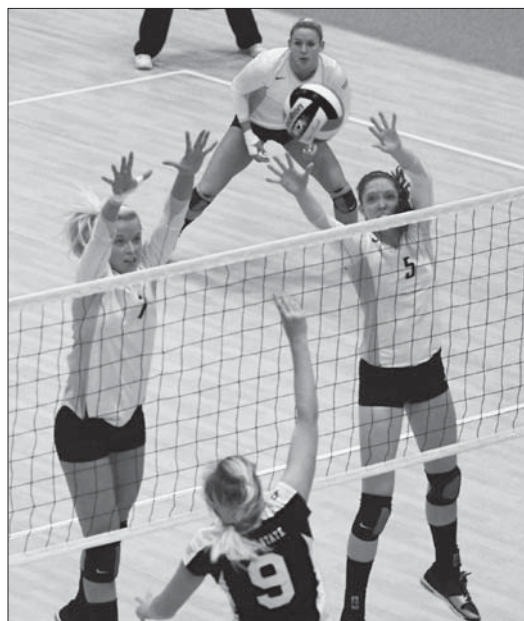
Senior Alicia Milo was the star for Idaho this weekend, with 37 kills between the two matches and snagging her fifth double-double of the year at San

Jose State.

The Vandals will have to rebound and try to get back on track as they head into the final stretch of the season.

The Vandals are third in the WAC and will need to nab a few more wins to keep that position heading into the WAC tournament.

The Vandals swept La. Tech in their first meeting this season, but lost to New Mexico State in four sets.



File Photo by Zach Edwards | Argonaut

Julia Church, left, and Alyssa Schultz, far right, attempt to get a block while Allison Walker, background, waits to make a dig during the match Oct. 15 against Fresno State in Memorial Gym. The Vandals won the match in five sets.

Final two

Volleyball is down to its last two games of the season. The Vandals play La. Tech Thursday and New Mexico State Saturday for Senior Night. The games are at 7 p.m. in Memorial Gym.

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SWIM AND DIVE

Victory in Seattle

Stephan Wiebe
Argonaut

The University of Idaho swimming and diving team competed in Seattle, Saturday against Seattle University and UC Davis.

The Vandals beat Seattle University 159-103 but could not hold on against UC Davis, falling 92.5-169.5. The Vandals have improved since their first meet of the season when they lost to Boise State by triple digits.

Freshman Rachel Millet put up the best times for the Vandals, and took the 200 free, 500 free and 100 fly. Millet won the 200 free by more than two seconds, then claimed the 500 free by just 0.2 seconds. Millet's last win came in the 100 fly with a time of 56.66. Her times in the 100 fly and 200 free broke pool records.

The freshman also contributed to the 200 medley relay team. Millett, along with fellow freshman Erica Anderson, junior Kelsie Saxe and senior Calleigh Brown finished second with a time of 1:49.10.

Anderson was the only other Vandal swimmer with a victory coming out of the weekend, earning first in the 200 back. Anderson almost had a second win in the 100 back, but was edged out by UC Davis' Lauren Damian.

"It was great to see Rachel and Erica win for the first time in college," coach Mark Sowa said. "Our freshmen continue to improve but we felt like the entire team made big strides and is starting to figure things out."

Several other Vandals came up with second place finishes. Senior Katie Hendricks finished the 50 free, the shortest event of the night, in 24.80. She also placed second in the 100 free with a time of 54.35. Saxe finished second in the 200 IM in addition to her contribution on the second place finishing medley relay team.

The Vandals also took second place in the last event of the night — the 400 free relay. The team, consisting of Hendricks, sophomores Megan Venlos and Sammi Mischkot and senior Si Jia Pang finished in 3:37.23 be-



Philip Vukelich | Argonaut

Freshman Rachel Peterson works out at practice after getting out of the pool. The swim and dive team uses machines such as these for alternative methods of training.

hind UC Davis.

"It was great to come here and get our first win," Sowa said. "As well as give a really good Aggie team a run for their

money."

The Vandal swim and dive team will hit the road again Nov. 5 when they travel to Flagstaff to face Northern Arizona.

SOCCER

Vandals take it down to the wire to qualify for WAC tournament

Sean Kramer
Argonaut

Vandal soccer did it. The team achieved its pre-season goal and clinched qualification in an unprecedented second consecutive WAC tournament.

The Vandals punched their ticket to Fresno with a dramatic 2-1 victory over Nevada Sunday at Guy Wicks field.

It wasn't without the proverbial drama and adversity that has seemingly enveloped the program all season. An almost demoralizing 3-0 loss to Utah State days prior, a game in which Utah State scored all of their goals in the second half, meant that Idaho faced a must-win scenario when they hosted the Wolf Pack.

"It's all or nothing. You can't leave anything out there — win or go home basically," coach Pete Showler said. "We have to get the win, it's as simple as that."

The Vandals took their qualification for the WAC tournament down to the final 10 minutes of the conference season after battling Nevada to a 1-1 draw late in the second half. Bailey Hewitt became the hero for Idaho scoring in the 81st minute.

"I think you could see that everyone was working for everyone out there. We were all working hard for it, it could have been any of us," Hewitt said. "We got one for the Vandals, and it's enough to get us to

the WAC tournament."

Showler agreed that his players pulled through to achieve their goal.

"Today was about a battle and getting a win, and they did it," Showler said. "We don't have to play pretty soccer to win games. That's good for their confidence and that's good to see."

The victory also means that Idaho sent its only departing senior, Allison Paige, out with a victory on Senior Day. The England native was honored with the flying of the English flag and the playing of the British national anthem prior to the match. She also garnered her first start of the season, playing the first six minutes.

"She's been a huge part of why this program is where it's at," Showler said. "She's as big a part of the win as anybody."

The Vandals can finish no worse than fifth in the conference, and have an outside shot at finishing with a top-two spot in the league which includes a first round bye in the conference tournament.

The Vandals head to Fresno Nov. 4 to kick off the tournament.

"We are ecstatic, this has been our goal all year long. We've had our ups and downs but we battled through and we knew today that it was in our own hands," Small said. "If we want it we'd be through and we came out today and



Philip Vukelich | Argonaut

Forward/midfielder Jill Flockhart takes a shot in Sunday's game against Nevada at Guy Wicks Field. The Vandals defeated Nevada 2-1, clinching a second-consecutive WAC tournament bid.

put in our full 90 and got the result."

The Governor's Cup is still up for grabs, and Idaho

faces Boise State in Boise to vie for its third straight trophy in the series.

University of Idaho

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DEPTH

FROM PAGE 9

With the departure of three-ball specialist Jeff Ledbetter, the Idaho staff knows the three pointer is vital to the screen and shoot offense run by the Vandals. Among Geiger, returning sophomore Stephen Madison and true freshman Connor Hill, the Vandals should have multiple perimeter shooters.

"The reason I came here is because the offense is for shooters like Jeff Ledbetter that could come off screens. And that's my game," said Hill, Post Falls native.

While Hill admitted he is still learning the system and forgot a few plays during the scrimmage, he shot 80 percent from downtown.

"He's played pretty well to this point," Verlin said. "We'll just have to see what happens. He didn't have a great first scrimmage, but tonight I thought he played very well. Connor can really shoot the ball."

Verlin said there will be some redshirts this year, but he won't make the decision until he is forced to — when Idaho takes the court against Long Beach State in its first non-exhibition contest Nov. 12 in Long Beach, Calif.

"Somebody will redshirt, hopefully we won't have any injuries," Verlin said. "We've got two exhibition games that we can play everybody ... See how they do when the lights are on them, when we play against someone else."

Barone owned the paint, tallying nine rebounds and leading all scorers on the night with 25 points. Barone was selected as a Pre-

season All-WAC First-team member by collegesportsmadness.com and a 2010-11 Honorable Mention All-WAC pick.

"He (Barone) has to be our guy. I've told people that all along. He's got to be our go-to guy," Verlin said. "The sky is the limit as far as his talent ... he's got to deliver."

Along with additions surrounding Barone, Geiger and fellow guard and returning starter Landon Tatum will have help up front with the additions of junior college transfers Mike McChristian and Mansa Habeeb, and true freshman Xavier Brazile.

Verlin said there is stiff competition at every spot, and Geiger said the competition makes everyone better.

"It's all good spirits and good competition in practice and every time we're on the court we're always competing with each other," Geiger said. "And it's showin' on the court. Every guy is stepping up at their position and really playing good."

Idaho plays its first exhibition game at 7:05 p.m. Oct. 28 in Memorial Gym against Evergreen State and Verlin said, except for small details and execution, the team has not faced major adversity so far.

"When you lose a game, have a few bad outings ... that's when your chemistry has to be the strength of the team," Verlin said.

Geiger said hard work and concentration will be key to the beginning of the season.

"The whole week of practice you have to work and treat every practice like it's a game itself," Geiger said. "Just work hard and come game-time that's the fun part. You go out and have fun."

WAC

FROM PAGE 6

Hawaii's Bryant Moniz proved his ability as a dual threat quarterback, accounting for four of his team's touchdowns. The senior threw for 264 yards and two touchdowns while rushing for 62 yards and two more touchdowns. One of only two teams in the conference with a winning record, Hawaii was impressive on the ground, as running back Joey Iosefa rushed for 90 yards with two touchdowns on 13 carries. New Mexico State quarterback Matt Christian threw for 224 passing yards and two touchdowns, and ran for 18 yards and one touchdown. The Warriors were victim to turnovers in the loss to San Jose State but Saturday's game on the island saw the teams combine for two, neither coming from interceptions.

CHAMPIONSHIP

FROM PAGE 6

Beaman said this is the first time in program history Idaho is sending players to the indoor national tournament.

Cirstea and Dobbs are bound for one of the biggest events in collegiate tennis.

"They are really excited to see New York and see the national tennis center where the U.S. Open is played," Beaman said. "To be qualified for that level of competition, they are real fired up."

Singles competition presented a greater challenge for the Vandals. Five of Idaho's eight players advanced through the round of 128, all winning in straight sets.

Abid Akbar defeated Idaho State's Jorge Suarez 6-0, 6-1 and Alan Shin won in two straight sets as well, 6-1, 6-2 over Nevada's Moez Charqui. Andrew Dobbs, Cesar Torres and Jose Bendeck also won in the first round.

Only Shin survived the second round. Beaman said

all the men played tough second round matches, especially freshman Cesar Torres who lost to the winner of the singles championship.

"As long as he continues to develop he can compete with the top-level players," Beaman said.

Shin advanced to the round of 32 where he was eliminated.

Beaman said he was pleased with the weekend's results, and that he would have liked to have gone farther

in singles but that everybody played tough and it was great to see Cirstea and Dobbs win the championship.

"We had no idea who our doubles pairings would be coming into the fall season and now we have a solid No. 1 pairing," Beaman said.

He said the fall season may be close to over but there is plenty of work to be done in doubles and in singles as they prepare for the spring season.

"After the tournaments we will have a chance to break down what guys need to get better at and focus on that at our individual workout part of the year," Beaman said.



We had no idea who our doubles pairings would be coming into the fall season and now we have a solid No. 1 pairing.

Jeff Beaman, Director of tennis

REID

FROM PAGE 6

Reid said he owes the sports program a lot for the opportunity he has. He said the program teaches students commitment and opens doors.

He hopes his story will inspire other club members to continue to compete and realize the opportunities that are out there. He said he hopes people see what

level of talent exists in sports clubs at the University of Idaho.

"This just goes to show that the University of Idaho puts out some really good students that aren't just good students, but they're great in social environments," Reid said. "They're great and they have desire, their drive — it just goes to show the University attracts those kind of people."

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OPINION



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OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

This ain't Sparta

If I had been living 2,500 years ago, I would have definitely been a Spartan warrior.
— Jacob

Shiny new toy

I officially own the iPhone 4S. Absolutely no work is getting done this week.
— Anja

To the Sunshine State

Only two days of classes this week and then a group of us hop on a plane to Florida. Enjoy the cold, Moscow.
— Madison

Better lucky than good

Tim Tebow and the Broncos proved, once and for all, that you can play terribly for 55 minutes and still beat the worst team in the league.
— Jake

Too far

Early this semester, The Argonaut received a decent amount of flak for running a photo online of the presumed body of former assistant professor Ernesto A. Bustamante being rolled out on a stretcher in a body bag. If readers were offended by this, then they should avoid at all costs the gruesome photos that are flooding the Internet of the killing of Muammar Gaddafi. These images are truly disgusting and unneeded. I'd take a body bag over brains any day.
— Elizabeth

Throwing your 'V'

I figured out the proper use of "Throwing the 'V'" Saturday. When asked if you want another drink respond with, "I'm gonna have to throw my 'V' and get a water."
— Jens

Can't wait

I'm ditching the cold, crisp Moscow air for warm, sunny weather. Orlando, here we come.
— Rhiannon

It's official

Time to switch from iced to hot coffee.
— Britt

It's all over

Your time is up. Thanks for playing.
— Amrah

Expect the unexpected

Robb Akey's press conference humor never ceases to amaze me.
— Theo

Football savvy

I spent Sunday afternoon being quizzed by Nick Groff about where every professional football player attended college. My response each time was Florida. Sooner or later I'm bound to be right.
— Elisa

Go fly a kite

Whatever inhibiting circumstances you just came up with are entirely unimportant. Now is the time. You won't regret it.
— Vicky

✉ Mail Box

Oppenheimer Ethics Symposium

I'd like to thank Katy Sword for her informative article about the Oppenheimer Ethics Symposium ("New media changes traditional news ethics"). I'm writing to provide additional background about the symposium's origins.

In explaining the rationale for the symposium, I neglected to mention the roles of Skip and Doug Oppenheimer, whose commitment to ethics in journalism, law and business led to this event. Skip, a 1968 University of Idaho graduate in history, and Doug, a 1974 graduate in journalism, were major supporters of this program to spotlight ethical challenges in the digital age.

The School of Journalism and Mass Media worked closely with the College of Business and Economics, the College of Law and the UI Boise Center in planning the symposium. Our co-sponsors included the Idaho Press Club, Idaho Public Television, the Idaho Statesman and the Idaho Business Report.

Finally, the Idaho Humanities Council provided support for a grant to bring our keynote speaker, Jan Schaffer, executive director of J-Lab at American University. Her talk, along with other symposium sessions, can

SEE MAILBOX, PAGE 12

OUR VIEW

It's about time

Move to leave Iraq has been long overdue

President Barack Obama said the words many Americans have been anxiously waiting to hear since U.S. forces stepped foot on Iraqi soil in March 2003 — our troops are coming home.

Obama officially announced the end of the war in Iraq Oct. 21, and said all American troops will be withdrawn by the end of 2011, a condition established by President George W. Bush in 2008.

In the next two months, 40,000 soldiers will be reunited with their family, friends and communities, and they deserve it.

We should be happy for the families most directly affected by overseas combat because they no longer have to spend every day wondering if their soldier will make it through.

And this is where the focus of Obama's announcement should be. Not in the politics of red versus blue and not in next year's presidential election. The move is not about going against Republican beliefs or playing to Democrat voters.

It is about how our troops have now been fighting this war for a decade, and it is time to stop.

Iraq is in a state where it has a functioning government, and now it is time to let that government fend for itself. The U.S. has done all it can and to stay would just pour more money and resources into an overflowing well that continues to pump our domestic problems dry.

Obama said in his announcement the nation that needs to be built now is our

own. Most Americans — Republican or Democrat — should be able to agree on this point. It is time to address our discouraging economy, and actually have troops stationed in our country.

Our troops need to be put in a position to protect the people they serve rather than being sent to every other country in the world, and that change begins with the Department of Defense. It is time the U.S. Department of Defense adjusted to fulfill the service it was set up to do. Withdrawing from Afghanistan needs to be next.

Agree or disagree with Obama, catering to win re-election votes or not, conservative or liberal, the fact remains the same — it is about damn time our troops come home.
— ER



Bradley Leach | Courtesy

Paige Reid participates in the sky-diving event held by Skydown and Inter-State Aviation Oct. 22 and 23 in Pullman.

The Palouse from 10,000 feet

The air above the Palouse was a playground for more than just birds this weekend. Many people may have noticed the airplanes buzzing around the sky every 20 minutes or so, and if you happened to look out the window at the right moment, you would have seen tiny figures falling from 10,000 feet.



Bethany Lowe
Argonaut

Hosted by Boise-based Skydown Sports Skydiving School and Inter-State Aviation, about 40 people were

able to skydive between Moscow and Pullman Saturday and Sunday. As friends and families looked skyward, they drifted smoothly to land in a wheat field, with shouts of joy and grinning from ear to ear.

I consider the air to be another continent. A space that shakes up your worldview, and makes you look at your physical and emotional life with a slightly different, broader perspective.

In a literal sense the Palouse,

a unique area that is like no other in the world, is perhaps more commonly viewed in pictures, calendars and posters than experienced first hand. It has become the norm to go between home, work, class, bars and stores, occasionally getting restless and leaving for other places and cities far beyond these hills.

From the air this weekend, a pink sunset cast shadows over the rolling hilltops. Moscow was a quaint collection of buildings and trees far below, perched in the middle of a vast, scorched landscape. The distance between Moscow and Pullman looked as small

as a fingernail, and until the parachute opened and slowed our descent, the only visible difference was a tiny red cougar slowly taking form.

Unlike modern day life, we were at the mercy of the elements. We constantly watched the horizon and the wind direction, examined the clouds and prayed for the sun to burn through the cloud layer keeping us grounded. We fell through white clouds and felt the temperature change with the pull of gravity.

SEE FEET, PAGE 12

OPINIONS FROM OUR READERS ON FACEBOOK



How do you think the cost of food in grocery stores affects college students?

ANDAL VOICES



"The cost of food in stores drives me to buy the cheap things and more than likely things that are not the best for me. If unhealthy food was more expensive I wouldn't buy it."

DW Heppner
Posted to Facebook Oct. 23

"The cost of food in the grocery stores makes me value generic brands."

Sam Koester
Posted to Facebook Oct. 23



"It affects our discretionary spending. We feed ourselves first then buy other things that aren't as necessary. As food costs go up, discretionary spending goes down and the economy continues to stagnate."

Parker Haymans
Posted to Facebook Oct. 24

Is the American Dream lost?

What happened to America and the American Dream?

There was a time when someone could achieve anything with hard work. This is no longer the case. The job market has become so competitive we must rely on luck or personal connections to land a job. Recent graduates often enter the world without experience or real training. They quickly discover how difficult survival can be, especially with student loans to pay off.

So what went wrong? What made our society fall so far, so fast: Was it Wall Street, our involvement in the Middle East, or simply irresponsible spending by our government? While all of these factors contributed to the demise of our economy, the true culprit, and the issue we may never overcome, is public education.

Public education was designed to provide every American with an opportunity for success. Instead, it has robbed us of that very opportunity. With public education came standardized testing and with standardized testing came the death of creativity in the classroom. However, the problems reach deeper than the impact felt in classes.

Public education created a job market for teachers. There was a time when people had a legitimate passion for teaching. This passion led to a career in education. Now people become educators to pay the bills.

Students, however, are not without blame. Before public education, students placed

greater value on their education. Value was placed on the knowledge gained, not the degree received.

During the 12 years of an average person's education, teachers convince their students a college degree is a prerequisite for success. Therefore graduates flooded universities with applications, forcing the institutions to use statistics to determine admissions. Students are now admitted based on GPAs and SAT/ACT scores, factors that provide little information about the personal character of an applicant. These newly admitted students are not in college for knowledge, but for the same reason they went to high school, because they were told they had to. A college degree is now a means to an end, not valued for what it is, but for what it can get you. Classrooms are filled with students who aren't in class to learn, and led by professors who aren't there to teach.

There are students who care significantly about their education, just as there are exceptional teachers. But haven't we all endured a class from a lackluster teacher? Can you really say you leave every class with a greater understanding? Aren't we all guilty at one point of focusing on our grade rather than the knowledge we gained?

So what do we do? We stop relying on our professors.

We live in a time where information is everywhere and we have uninterrupted access to thoughts, ideas and discoveries from people throughout the

globe. Spend an hour on the Internet conducting research and compare what you learn to an hour spent in the classroom.

We should use our professors to verify what we learn in our own time. We should treat them as consultants, not prophets.

Some say that Internet sources lack credibility. Yet what credentials do our professors really have? While some have years of experience, if they have been out of the field for a decade the world they worked in no longer exists. Other professors only have a college degree. Now what is the real value of a degree? We all know of someone who did well in class, earned their degree and headed off to the workforce only to return to school later in need of further education. They were forced to come back because the value we place on our education is disproportionate to the value employers place on that same education. If our degree isn't enough to get us a job, should a degree be enough to make our teachers' words doctrine?

Yes, a degree still holds value, but only because it is a societal expectation, not because it guarantees any tangible benefits. We must all take responsibility for our own education. No professor, classmate or adviser should value our education more than we do. We need to conduct our own research and make knowledge the priority, not grades. This is our only opportunity to create separation from the crowd. This is how we achieve our goals, and how we achieve the American Dream.

GUEST VOICE
Aaron Jensvold

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When 'Aunt Flo' comes to visit

Ask any woman about the first time she had her period and she has a story to tell such as "It was so embarrassing," "I was the last one of my friends," or "I thought I was dying." While we can usually laugh about it later, we all remember the first time. But for many of us, the physiology behind the event remains a mystery.

Menstruation is the most obvious sign of puberty for girls. The average age of menstruation is about 12.5 years, but it can be a year or two earlier or later.

Family history, physical development and weight give clues as to when the big day will arrive. It's true that the average age of menarche

(first period) is earlier than in previous generations. While some speculate that exposure to hormones in meat is to blame, there is no research to support this.

However, heavier than average body weight is definitely linked to earlier puberty. Similarly, very thin women may find their periods disappear. It takes a minimum amount of body

fat to support the hormones that trigger menstruation.

During the weeks before a woman has her period, endometrial cells are growing inside the hollow center of the uterus. If a fertilized ovum doesn't implant in the uterus those cells, along with blood and other fluids, are shed. Menstruation generally lasts three to five days and cycles (from the beginning of one period to the next) are typically between 21 and 35 days.

Believe it or not, the typical blood loss during a menstrual period is only

four to six tablespoons, although it seems like more when you see it on your best white pants. Cramps and other PMS symptoms are part of an unwelcome package for many women. The good news is that for many women, these problems tend to subside as we get older. For some, however, cramps, pain, headaches and even nausea are unbearable. It's not unusual for doctors to prescribe hormonal contraceptives in these cases.

The hormones that stop ovulation and prevent pregnancy also tend to

make periods shorter and lighter with fewer cramps, and sometimes they even go away — what's not to like about that? If your health care provider hasn't discussed how your periods may change, you might be worried and think something is wrong. Generally, there's no cause for concern. You can be perfectly healthy without having a period when you're using hormonal contraceptives.

So how long does this carnival of fun continue? About 40 years. The average age of menopause

More info

Send your sexual health related questions to sexprose@gmail.com. Questions will be kept anonymous and answered with medically accurate information.

(the time when a woman's periods naturally stop) is 52. Menopause brings its own special delights, but that is another story for another day.

FEET

FROM PAGE 10

A lot of the angst in society today surely comes from the separation of nature and our own true nature as human beings. We have become constructed — both our outer and inner worlds. As hunter-gatherer societies or even a few centuries ago, humans were able to live in harmony alongside nature. At the same time, we all desire to live more naturally: The desire for happiness, for time simply hanging out with friends and family, for sleeping through the alarm or for hiking, hunting or strolling along a beach.

In 1953, Charles Lindbergh said, "Sometimes, flying feels too godlike to be attained by man. Sometimes, the world from above seems too beautiful, too wonderful, too distant for human eyes to see ..."

This is the beauty of gaining perspective about the world that surrounds us. We are able to rediscover the wonder lying all around that is often overlooked. And while traveling to another continent gives us this perspective, the value of knowing the environment we live in on a day-to-day basis is invaluable. It helps us see what is truly important.

And what better way to put all those little things in perspective than freefalling at 120 mph above it?

MAILBOX

FROM PAGE 10

be viewed on Idaho Public Television's website: <http://idahoptv.org/leglive/archive.cfm#oppenheimer>

Kenton Bird
UI School of Journalism and Mass Media
Director

Make a difference

Saturday, Oct. 22, was a Make A Difference Day sponsored by ASUI. Ten University of Idaho students came out to the Troy Community Garden to help us clean up vegetative matter, pull weeds, haul and spread manure and get it ready for winter. It was an overcast morning, then it began to seriously rain, but the students continued on until they were cold, muddy and drenched. Thank you all so much for your intrepid spirits and enthusiastic willingness. Your labor is a wonderful gift to our communities. We look forward to seeing some of you again in the spring when it's time to wake up the community garden for another productive season. Congratulations to Elizabeth, the team leader, and others who graduate in December. We wish you all the very best.

Sue Westervelt
Troy Community Garden
Manager



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Tuesday, October 25, 2011

Better choices, better land

Bringing science to planning and zoning

Michelle Gregg
Argonaut

The Palouse is home to rich farmlands and forests, and building outside city limits can impact local flora and fauna. A study conducted by University of Idaho graduate students and scientists charted landscape ecology, patterns and species in Latah and Benewah counties and mapped how potential city expansions could affect the local environment.

The third and final article about this study was recently published in "Conservation Letters," a journal that focuses on theoretical research topics.

"Our surrounding land is always changing, and the quality of the land decreases with residential development," said Jo Ellen Force, co-author of the article and chair of the Department of Forest Resources. "The study provides information about the trade-offs of building outside city limits — into the farming and forested areas of the Palouse."

Force said the recently finished study began in 2003. The three students that created the study have graduated and now hold professional positions.

"They did all the work and research, we gave them feedback and helped them focus on specific areas," she said. "We then presented the results to the local city council and county commissioners. I hope they can use what we collected to help them in future land-zoning decisions."

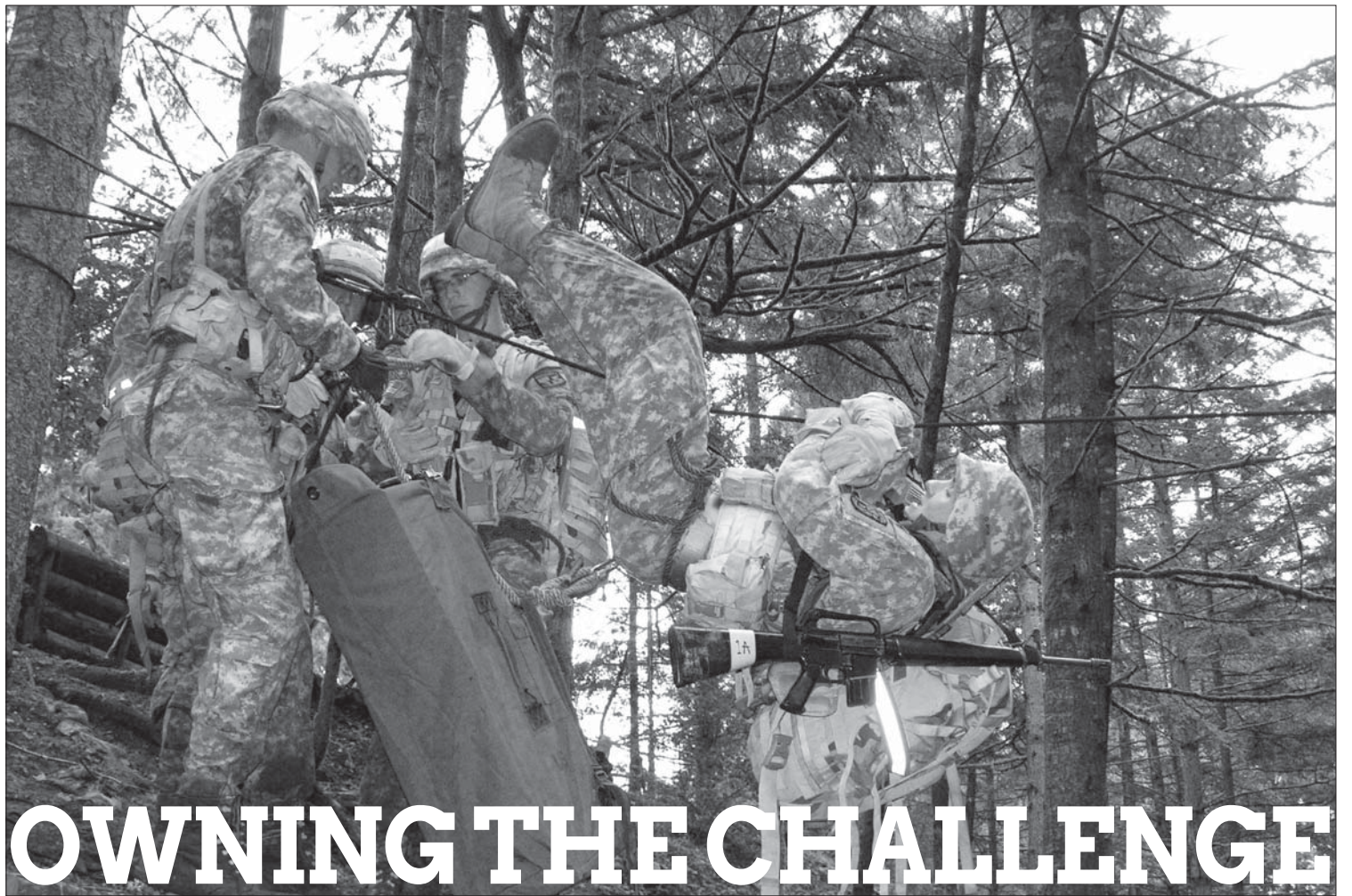
Force said the study created scenarios from environmental plans and received feedback from surveys they sent to local landowners and renters. This information allowed them to look specifically at land protection, city growth boundaries and focus on ways to conserve the surrounding land.

"Our region has a rich landscape, and the choices of the people that use the area could make a difference in the land quality for future use," said Lee Vierling, associate professor in Fire Ecology and Management. "This study gives the perspective of how to make better choices about city expansion and planning."

The team broke the results down to show city council members and county commissioners the benefits and consequences of zoning decisions, Vierling said.

Penelope Morgan, fire ecology

SEE LAND, PAGE 5



OWNING THE CHALLENGE

UI Army ROTC | Courtesy

UI Army ROTC program wins Ranger Challenge by 15 minutes

Elisa Eiguren
Argonaut

When running almost nonstop for five hours and 10 minutes, exhaustion is more of a mental than a physical drain, but Cadet Eric Fitzpatrick convinced himself and his teammates to keep going to a first place finish in the Army Ranger Challenge.

"It's a team event and this year we had the best team ... the best team chemistry, the best people on our team," Fitzpatrick said.

Fitzpatrick, a University of Idaho senior in the Army ROTC program, was the UI Alpha team Ranger Challenge commander. The Ranger Challenge is an ex-

treme test of endurance and as an experienced participant, Fitzpatrick said basically the only factor that determines who is selected for the team is physical condition.

"You have to have nine people on a team," he said. "At least one female, one freshman, one sophomore, one junior and one senior, and the rest doesn't matter. We looked at people who can run fast for long periods of time, pretty much whoever is in the best shape."

The Ranger Challenge, held Oct. 8 and 9 at Fort Lewis in Tacoma, was comprised of 11 events: An Army physical fitness test, map reading test, land navigation test, a leaders' reaction

course, first aid test, a rope bridge challenge, situational awareness test, weapons assemble and disassemble, equipment inspection, a rucksack march and a mystery challenge. Participating teams included UI, University of Portland, University of Guam, Pacific Lutheran University and Washington State University. Except for the University of Guam, UI was the smallest university that attended the event, Fitzpatrick said.

"I've always thought (UI) is one of the better programs in the country," he said. "The big thing people look at is how your school did in Ranger Challenge and we won against schools that are bigger than us and have more money

than us."

UI finished first with a time of 5 hours and 10 minutes, which was 15 minutes faster than the second-place team Portland and 25 minutes faster than the third-place team WSU. Fitzpatrick said he thought the UI Ranger Challenge teams were good enough to win each of his four years, but every time they performed poorly in one event, which led to defeat. The last time UI won the Ranger Challenge was in 2005, and the victory this year is his team's chance to add to UI's rich ROTC history and set a standard for the future.

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Kyndall Elliott | Argonaut

Donna Mills, farm development intern, discusses the organic pumpkin painting contest with Brianna Whitman Monday morning at Bob's Place as part of National Food Day. Students can turn in their pumpkins to be judged, and the winner will receive five free pizzas. Mills said they want to highlight the partnership between Soil Stewards and Campus Dining.

Local, healthy, sustainable

Campus Dining serves local food as part of National Food Day

Lindsey Treffry
Argonaut

Locally-grown meats and vegetables were served to University of Idaho students Monday as part of National Food Day, a national effort to bring together students, instructors, health professionals, community members, and food providers to support healthy, local and sustainable food.

"It's been explained as 'Earth Day for food' with the focus being on local and sustainable food options," said Nathaniel Prior, the marketing manager for UI Campus Dining.

For the event, vegetables offered at J Street Cafe in the Idaho Commons and at Bob's Place were purchased from Soil Stewards, an organic UI plant science research farm, while pot roast and sausages were purchased from Vandal Brand Meats. The UI Sustainability Center set up a table in the Commons to inform students of fair trade, pesticides, and smart food purchases, and campus dietitian Verna Bergmann was at Bob's to talk about eating well and nutrition. Donna Mills, from Soil Stewards, provided

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Grants for grad students: travel, research and network for less

Jonathan Gradin
Argonaut

For graduate student Matthew Aghai attending conferences and doing fieldwork are just part of the educational process. These extra curricular activities cost money, which most students don't have.

However, help exists.

The Graduate and Professional Student Association offers travel grants to full-time, Moscow-based graduate students, valued at up to

\$900 for international travel, \$700 for national and \$350 for local events (Eastern Washington, Idaho and Montana).

"The travel award is a route for students to get some financial help to attend workshops on their field or conferences," said Simon Uribe Convers, travel grant coordinator. "They can also visit other labs and museums. They can do field work. So they can pretty much use the money we give them for any aca-

ademic purpose."

Aghai, forest resources Master's of Science candidate, was awarded a grant in September and is using it to attend the Society of American Foresters National Conference Nov. 2 to 6 in Honolulu. While in Hawaii, he plans to take a field tour of native trees and local forestry research.

"This is an event where quite a number of people — primarily foresters and those in related fields

— gather to do technical sessions and scientific sessions, and also to discuss updates within the realm of forestry," Aghai said.

Aghai said he had been chosen as a technical presenter at the conference.

The grants, which have been awarded since fall 1992, are funded using fees paid by full-time graduate students. A portion of these fees is allotted to GPSA, and 40 percent of GPSA's budget

is designated for travel grants. The 2011 travel grant budget was \$34,000, amounting to nearly \$5,700 per grant cycle.

Travis Hagey, an evolutionary ecology Ph.D. candidate, was awarded \$490 for a conference in Charleston, S.C., by the Society of Integrative Comparative Biology the first week of January, where he will present a paper on gecko toe

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Find out how men's basketball looked in this first scrimmage of the season.

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Read about how falling from 10,000 feet can put everything in perspective.

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University of Idaho

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