

Summer ARG

June 27, 2012

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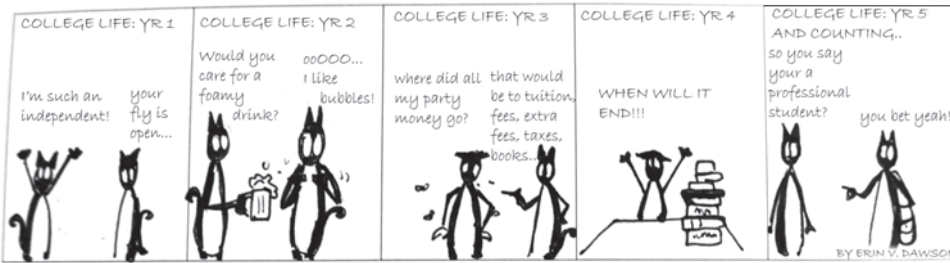
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steven devine | summer arg



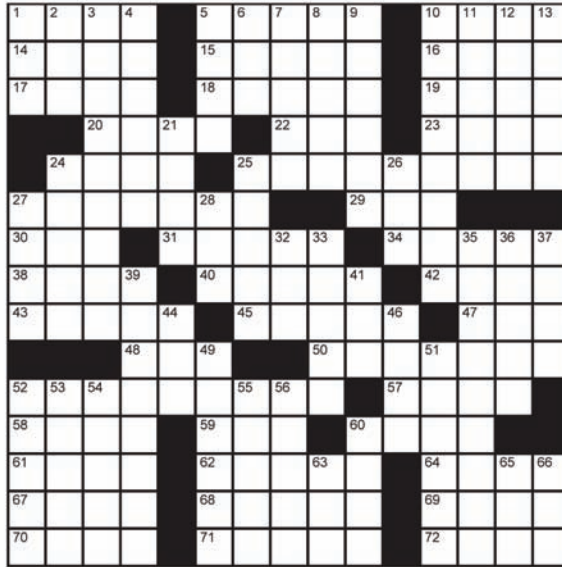
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Crossword

Across

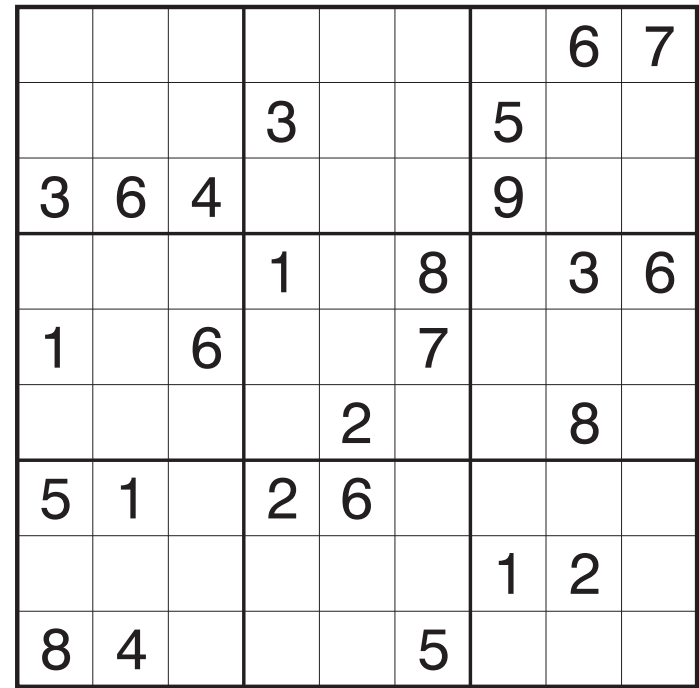
- 1 Golden, for one
- 5 Small lizard
- 10 Energy source
- 14 Between ports
- 15 Elaine's last name on *Seinfeld*
- 16 French Sudan, today
- 17 Twinge
- 18 Gives off
- 19 Rainbow goddess
- 20 Dismounted
- 22 Daisy ___
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- 25 The ocean, e.g.
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- 29 Have a bawl
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- 31 Driving hazard
- 34 African antelope
- 38 ___ de force
- 40 Wrangles
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- 45 Position
- 47 Gasteyer of *Mean Girls*
- 48 Defective
- 50 Drool
- 52 Yellow or orange flowers
- 57 Salon supplies
- 58 Astronaut Bean
- 59 Quilting party
- 60 Brewer's need
- 61 *Bill & ___ Excellent Adventure*
- 62 Corkwood
- 64 Water color
- 67 Donald Duck's nephews, e.g.
- 68 Cay



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- 69 Beach feature
- 70 Collar type
- 71 Retreats
- 72 On its way
- 1 Mountain pass
- 2 Fit ___ fiddle
- 3 Obstinate
- 4 High fliers
- 5 Opposite of hinder
- 6 Rare find
- 7 True inner self
- 8 Beryllium, e.g.
- 9 Stocks and such
- 10 Friendly
- 11 Gypsy's deck
- 12 Martini garnish
- 13 Scrooge
- 21 Nettles
- 24 Passion
- 25 Walks
- 26 Heartache
- 27 Kind of blocker
- 28 Raised railroads
- 32 "Mangia!"
- 33 Lock of hair
- 35 1966 Peck, Loren thriller
- 36 Dressed to the ___
- 37 Expensive
- 39 First name in a Defoe book
- 41 *Dog Day Afternoon* character
- 44 Henpeck
- 46 Extinct pigeon relative
- 49 Workhorse
- 51 Go around
- 52 Photo finish
- 53 Like Argus
- 54 Dashboard feature
- 55 Renter's paper
- 56 Small wooded hollows
- 60 Derbies
- 63 Tennis unit
- 65 Fancy vase
- 66 Toward the stern

Sudoku



on the cover

Eric Rosentreter takes some time out of his day to throw a little disc at the University of Idaho "frolf" course. Frolf can be a fun way to slow down and relax during busy days, while also getting a little exercise and enjoying the outdoors.

THE FINE PRINT

Corrections

In the May 30 edition of The Summer Arg, T-Jay Clevenger's name was spelled incorrectly.

Find a mistake? Send an e-mail to the section editor

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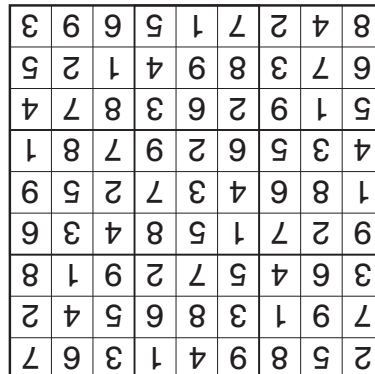
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The Argonaut welcomes letters to the editor about current issues. However,

- The Argonaut adheres to a strict letter policy:
- Letters should be less than 300 words typed.
- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.
- Letters must be signed, include major and provide a current phone number.
- If your letter is in response to a particular article, please list the title and date of the article.
- Send all letters to:

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Moscow, ID, 83844-4271
or arg-opinion@uidaho.edu

Solutions



Of meat and men

Vlad's Souvlakia opens first week of July offering civic, social satisfaction with skewered meats

matt maw

summer arg

Vlad's Souvlakia, a new café-style meat skewer restaurant on the corner of Sixth and Jackson streets, brings together Vlad the Impaler, traditional food culture and a community sensibility to impale hunger and high prices on the stake of quality.

Nick Pitsilionis, co-owner with Tim Balen, said Vlad the Impaler was the inspiration for the café's name and details on the logo and it fits with their intentions to grill into late night. They've kept the metaphors simple and he said they want to do something interesting for Halloween, but the café will be open year-round barring weather complications.

Balen said the menu will include a variety of skewers, such as beef, turkey, pork and tofu. Breads, salads and other sides will bolster the meals. Pitsilionis said they're working on obtaining licenses for beer and wine.

"It's adding to a kind of diverse food culture here in downtown Moscow and beyond," Balen said. "We look at it as kind of 'the more the merrier.' People have variety and can bounce back and forth and kind of see what they like."

Pitsilionis said Moscow has cultivated a significant food culture with shops like Pie Hole, New York Johnny's, Mikey's Gyros and larger restaurants, and new additions are sustainable provided they offer unique quality instead of imitation.

He said community is a priority for Vlad's, and good food can bring people together:

"Truthfully, I think what happens is the more variety, the more quality ... pulls people in from adjacent areas," he said. "They want to come spend time here in Moscow. What you're cannibalizing in terms of each other's customer base, you're gaining in terms of bringing new people into the area."

Pitsilionis said this process requires time, patience and a "critical eye for doing things

(that are) unique."

While meat skewers aren't unique to any people group, Pitsilionis said, his first exposure to them occurred in his home village in Greece. Souvlakia is the Greek plural term for small meat skewers. In Pitsilionis village, a man and his wife grilled meat, prepared salads and served beer and wine near the shade of a tree in a central courtyard. Pitsilionis said the simple meals were often in groups and provided a social atmosphere.

Balen said this casual skewer culture is common in Greece.

"It's kind of a traditional (souvlakia) scene in Greece," he said. "You can kind of come and sit down, have a brewski with your friends, chew on some souvlakia, yap (and) have a good time."

He said Vlad's will be open to a varied demographic, from people grabbing quick meals during work to late-night bar-hoppers to catered events. Balen said they've worked outside grills before, and Vlad's is good for those "on the go" in inclement weather:

"We're in a nice position where people can pull in quickly, (we can) throw their food to them, (they can) throw their money back and be on their way to their fire places, their hearths, their wood stoves and be comfy," he said.

Balen said they're in contact with producers to keep everything as local and affordable as possible. He said they use a hardwood grill with locally hoarded applewood and plumwood, and a friend is experimenting with fruit-wood-based charcoal.

Pitsilionis said their traditional charcoal approach involves a degree of craft that will necessitate prices that reflect their products' quality, but he believes people here share their beliefs about craft and community. He said he wants prices to be "inclusive (and) accessible to a lot of people," in order to break down the exclusionary price barriers of a nutritious lifestyle.

see **meat**, page 11



joseph engle | summer arg

Slated to open the first week of July, Vlad's Souvlakia will offer a variety of skewered food options for consumers on a budget. The restaurant itself has been completely renovated using renewable and recyclable materials.

Vandal sports, all day
@vandalnation



OPEN ALL SUMMER

Idaho Commons: 885.2667

icsu-rooms@uidaho.edu

Student Union: 885.4636

sub.uidaho.edu/RoomReservation

horoscopes

CHLOE RAMBO | SUMMER ARG

Cancer 6/22 - 7/22

Walking to the beat of your own drum is great, but dancing to it is even better. Grab the drum and hit the streets. I'm sure everyone wants to see your interpretive dance to the entire Titanic soundtrack.



Leo
7/23 - 8/22

It's not that your friends don't love to see you emerge from your bedroom in full wizard regalia, they've just gotten used to it by now.



Virgo
8/23 - 9/22

Throwing elbows while in a crowd isn't nice and neither is throwing pies. But one of these options definitely tastes better than the other. I'll let you decide which one.



Libra
9/23 - 10/22

While you may be tempted to cover everything you own in cheeky bumper stickers, suppress that urge while visiting your best friend's new baby. Put...the stickers...down.



Scorpio
10/23 - 11/21

You never thought that trying to find an outlet for your laptop at Starbucks would leave you in tears, but hey, at least you got a free scone out of it. Let the baristas take pity on you - that's three bucks saved, my friend.



Sagittarius
11/22 - 12/21

Taking medical advice from a doctor is so overrated, go the natural way. Next time, simply ask the produce guy what to do about that little rash.



Capricorn
12/22 - 1/19

Take a hint from Progressive's RocketCat: Stop and smell the snails once in a while.



Aquarius
1/20 - 2/18

You'll benefit from getting in touch with your green thumb this summer, but be careful, you don't want to accidentally cut it off with a trowel.



Pisces
2/19 - 3/20

It's incredible that you're spending your summer writing a novel, but it's incredibly ridiculous that you're making a Facebook page for each and every character. Stop before it's too late.



Aries
3/21 - 4/19

Let's just face the truth - not everything tastes good just because it's on a pizza. Leave the licorice out of the picture.



Taurus
4/20 - 5/20

Making a name for yourself isn't so hard, just continue to do what you love and don't forget how to spell it.



Gemini
5/21 - 6/21

Have you ever wondered how the miniature and delicious Little Debbie snack cakes got their name? Wonder no longer, you'll find out this week.

mix-tape

PREPARE FOR A LONG, STRANGE TRIP



Joseph Engle
summer arg

If you've yet to set foot outside of Moscow, you are long overdue for a roadtrip. Not all car trips are exciting. Sometimes you're heading somewhere boring, say Boise, perhaps. Since eight hours of sagebrush countryside can get a little samey, here's a playlist that is a bit different.

"Paint it Black" - The Rolling Stones
In this, guitarist Brian Jones hangs up his mainstay instrument in favor of the twangy strings of a sitar—an instrument more commonly found in classical Indian music. A different kind of trip was probably involved in the making of this song.

"Drain You" - Nirvana
Among other things, this song is characterized by the musical stylings of an aerosol can, chains and a squeaky rubber duck.

"Good Vibrations" - The Beach Boys
The high pitched sounds in this #1 hit are made by a device called a theramin. The device makes sound

when a person runs his hands over the electric field it generates. In other places, it is used to create eerie sounds in low budget horror flicks, but in this song, it creates chills of a different sort.

"Wherever I May Roam" - Metallica
Speaking of life on the road, this song will take you there with the hardcore accompaniment of a 12-string bass and an electric sitar.

"The Lumberjack" - Jackyl
Some guitarists can really shred. Lead singer Jesse James Dupree plays a friggin chain saw. As part of the live stage show for this song, he slices up a wooden stool and throws the bits into the audience.

"Love is the End" - Keane
Perfect for a rainy trip down a forsaken bit of lonely highway. The musical saw adds a haunting backdrop.

"Memphis Shakedown" - Carolina Chocolate Drops
Band member Rhiannon Giddens is destined to go down in history as the Hendricks of the kazoo. She completely destroys on an instrument that is otherwise only reserved for the sort of party favors that exist solely to annoy parents.

"Hurdy Gurdy Man" - Donovan
The unique droning on this track is made by a tambura, a long-necked

plucked lute more often found in music from the subcontinent.

"Tie Me Kangaroo Down, Sport" - Rolf Harris
Watch your speed mate, 'cause you are liable to go flat out like a lizard drinking while listening to this one. The woop-woop-woop sound is made by a wobbleboard, which is basically a piece of masonite.

"Tomorrow" - U2
You don't have to drive all the way to Ireland to hear the distinctive sound of the Uilleann pipes. If anyone asks when you are coming back from your roadtrip, tell them you will be back tomorrow.

New leadership in LGBTQA

Keleher hopes to invigorate and unify existing campus program

toluwani adekunle

summer arg

The University of Idaho Women's Center has hired Julia Keleher as the LGBTQA coordinator for the center.

Keleher is moving from Minnesota State University in Mankato, where she served as the Program Advisor in the campus-based LGBTQ Center since 2009. Keleher has a lot of experience interacting with the LGBTQA community and among other achievements, has established and coordinated a queer peer-mentoring program. Keleher has also served as a key volunteer

coordinator for Mankato's Pridefest for two years.

Women's Center director Heather Gasser said the University of Idaho was looking for someone with a good grasp and understanding of the LGBTQA office and the issues they face.

"We were looking for someone who has worked in a LGBTQA office before and has a good handle on addressing the issues people in the LGBTQA office face," Gasser said. "One of our first qualifications was a master's degree but Julia has two Master's degrees. One in Gender and Women's Studies and the other in Educational Leadership. She also holds a Bachelor's degree in Psychol-

ogy so she brings a really great academic background."

Keleher's plans for the LGBTQA community at the UI include strengthening the already existing programs on campus and creating more inclusion.

"I believe that this position has the great potential to create great change and strive for a more inclusive environment for all students on the University of Idaho campus. I know that the Women's Center and the LGBTQA office have already made great strides and it is my plan to continue this amazing work. This can be done by continuing the campus discussion about LGBTQA issues and creating strong collaborative relation-

ships with other offices on the University of Idaho campus and the Moscow community," Keleher said.

Keleher also plans to build a strong sense of community and help it thrive because she said that is of utmost priority in any organization.

Gasser included that Keleher would not be changing much in her first year, but would be getting accustomed to the LGBTQA program this year.

"The first year is usually the hardest because everyone is watching you. Julia would not be changing much this year but just adding a few tweaks to the programs we already have and getting settled into the system,"

Gasser said.

Paige Davies, a graduate and member of the LGBTQA hopes that Keleher would be able to promote inclusion in the LGBTQA community on campus.

"I hope she would be able to build the bridge between queers from other races and white queers on campus because they all face different challenges and have different needs that have to be met. I also hope that allies can be more involved in the LGBTQA community," Davies said.

Keleher is currently on a summer leave and is supposed to officially resume her position at UI on July 9.

Toluwani Adekunle can be reached at argonaut@uidaho.edu

News briefs

Intermodal Transit Center

Construction on the Intermodal Transit Center located at the intersection of Sweet Avenue and Railroad Street has begun and is progressing as planned, according to Parking and Transportation Services director Carl Root.

"This is a great facility to help meet the university's, the community of Moscow, the county and region's public transportation needs," Root said. "It is a collaborative project between the City of Moscow and university. It demonstrates the ability of the City of Moscow to effectively attain grant funding and then work in coordination with the university toward a successful and much needed project."

The building will house the UI Parking and Transportation Services department, the ticketing office for Northwest Stagelines and the District 2 Mobility Manager for the Community Transportation Association of Idaho.

"PTS will pay an annual rent for use of the space and this building will allow us to have a permanent home in a facility that can be home to our entire department," Root said. "In recent years, since we moved out of the North Campus Center, we have been decentralized and housed in three locations."

Total operating costs are projected to be \$36,200 and will be split between UI and the City of Moscow. UI will be expected to cover about \$18,500 annually.

Root said construction is going well and is expected to have substantial completion late in the fall.

rawr will be coming soon...july 25

Admin Offices Relocate

"We should be able to occupy by (the) end of November or early December," Root said. Admin Offices Relocate

Several offices normally located in the south half of the Administration Building have been temporarily relocated due to renovations and upgrades to the building.

The College of Letters, Arts, and Social Sciences offices are temporarily located in the old bookstore space on the second floor of the Idaho Commons.

The General Counsel Office can be found in the McKinstry Trailer located next to Facilities on the West end of campus.

Information Technology Services (ITS) will move late in the summer or early fall to an undetermined location.

The Martin institute offices have temporarily relocated to rooms 305C and 328 in the Administration building with overflow to room 330 on an "as needed" basis.

Kenton Bird and Diane McGarry of the Journalism and Mass Media offices have temporarily relocated to rooms RTV31 and RTV32 in the Radio-TV Annex located behind the Administration building.



New delicious recipes at
uiargonaut.com/crumbs

crumbs



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AMAZING UNDERDOGS

SINGING THE PRAISES OF UNSUNG HEROES



matt maw

summer arg

It isn't easy standing in other people's shadows. Superheroes from the X-Men to Superman, from Spider-Man to The Avengers have swept the cinemas. Batman and the Justice League deck all manner of undergarments at the WebUndies online store.

The following heroes may lack underwear deals, but they work as hard as the others to keep us safe from a universe of boogiemen.

DOC SAMSON

Psychiatrist and teacher Dr. Leonard Samson is a gamma-radiation-based superhero similar to The Incredible Hulk. He collaborated with Bruce Banner, the Hulk's fully-clothed alter ego, to save Banner's love interest Betty Ross from a mysterious condition. Doc Samson exposed himself to gamma radiation left over from the procedure and developed superhuman physical strength and durability along with a kickin' green hair-do.

He's spent his life trying to cure Banner of his Hulk condition and has often gone toe-to-toe with the green bruiser. Unlike the

Hulk, his powers and ripped abs are permanent rather than awakened by emotional surges. His unaltered memories and cognitive capabilities allow him to pulverize his enemies with psychoanalysis as well as his fists.

He can bench press more than 100 tons, roughly the mass of five Tyrannosaurus Rexes on each end of the bar. He can leap from a jet 4,000 feet in the air, hit the sidewalk at terminal velocity in front of a Starbucks and stroll inside for a trenta quad-shot I-don't-give-a-frappuccino. He even died once and was resurrected.

Good looks, a genius intellect, a noble heart and a unique resume make it hard to keep this "gamma" man down.

HUNTRESS HELENA ROSA BERTINELLI

This vigilante heroine has at least two primary alter egos depending on how far one reads into the DC comics universe. The character Helena Rosa Bertinelli was born into the prominent Gotham City Bertinelli mob clan and donned the "Huntress" guise to take revenge for internal family murders. Longing for vengeance but lacking resolve, she found inspiration in Gotham's Dark Knight. She saw what scared the mob after Batman crashed her family's Christmas party and decked the halls with their teeth.

It wouldn't be her last run-in with

the Caped Crusader. Though her motives began with cold-blooded malice against her family's assassins and general criminal corruption, the Huntress showed redeeming qualities. She survived five gunshots from the Joker and earned Batman's respect. She renounced her vengeful path in the moral fallout of retribution against her family's true assassins and Batman funded her new threads and wheels. She later saved his bacon when she fended off his foes in Crime Alley and hoisted him into the Batmobile.

The Huntress is a cunning detective and quick on her feet. She knows Dragon Style Kung Fu and can split a bullet in the air with a crossbow bolt. She also designs her own costumes. Tyra's got nothing on this "top model."

CLOAK AND DAGGER

Tyrone Johnson and Tandy Bowen were teenage runaways when they met in the alleys of New York City. Johnson saved Bowen from a purse snatcher, but both were lured into a deadly experimental drug test soon after. They survived the tests, escaped the narcotics developer and realized the drug afforded them remarkable and complementary powers. Johnson became Cloak and absorbed the life force of his victims inside his ethereal darkened form. Bowen became Dagger and hurled blades of light at her foes. The two stuck together and took the fight to drug dealers who preyed on runaway teens and also helped cure drug addicts.

The duo has worked alongside various heroes and faced numerous villains. They joined Spider-Man

in his struggle against a vicious group of enemies led by Carnage, a psychotic serial killer with alien powers. Dagger proved instrumental in the fight to stem the bloody tide and nearly lost her life saving Spider-Man in the conflict. She was thought dead but recuperated inside of Cloak's dark abyss.

Cloak can drain people's lives inside his shadows and teleport himself and others through the same darkened realm. He is more powerful than Dagger and has saved her on various occasions, but her light is an effective relief for his maddening hunger. Dagger is capable of graceful street fighting and her light blades stun humans and cure addiction but are useless against non-humans.

Dependent on one another for survival, these whippersnappers wander the mean streets laying the beat down on drug dealers and helping the downtrodden.

Matt Maw can be reached at argonaut@uidaho.edu.

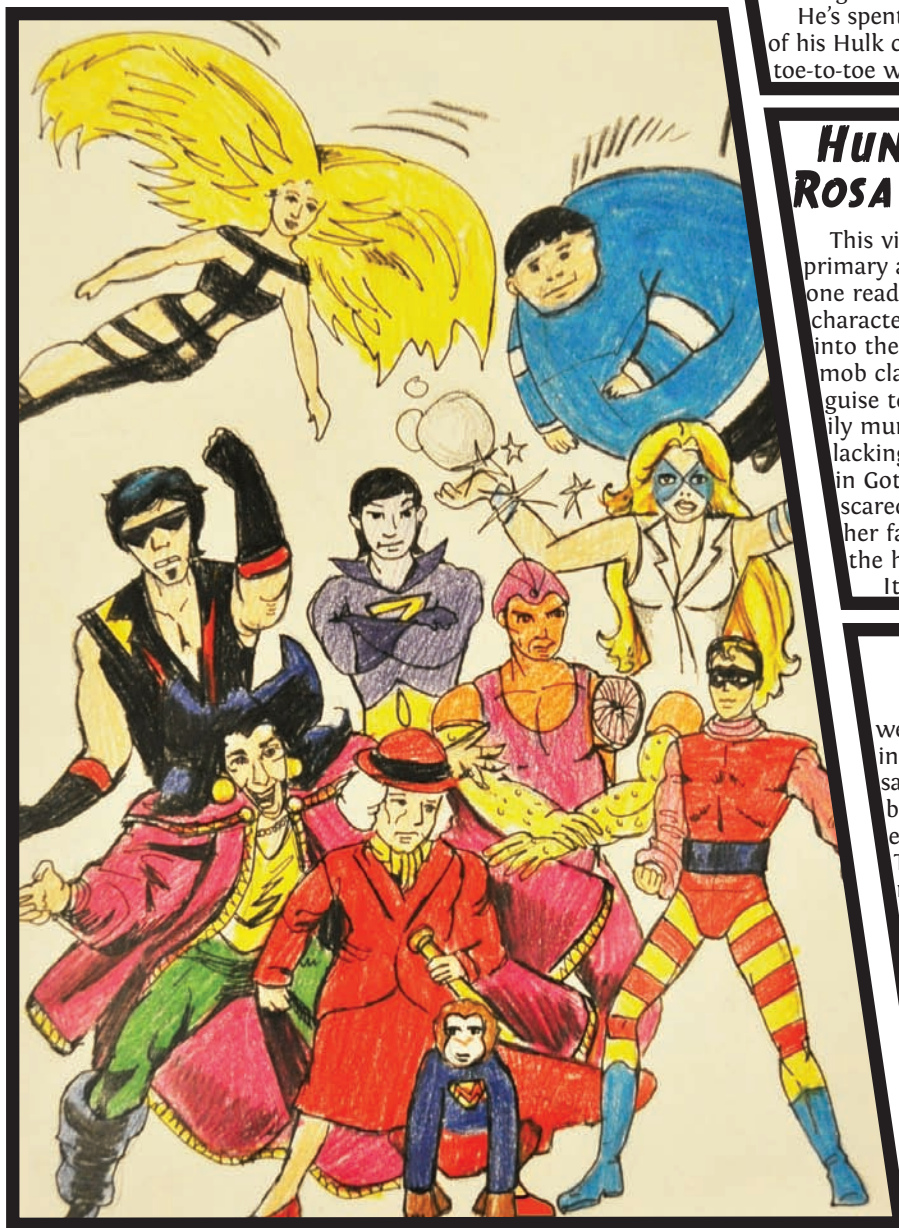


illustration by erin dawson | summer arg

Disc[overy]

Frolf offers disc flinging fun for females and fellows

isla brazzil

summer arg

Students at the University of Idaho have found sunny sky bliss at the Frisbee-golf course located on the west end of campus. The course is free to use and enjoyed by many throughout the year.

Disc golf or frolf involves throwing specially designed flying discs into baskets or at targets. It is similar to golf in the sense that a disc golf course involves a series of targets.

The UI course is located on Poultry Hill near Sixth Street, Perimeter Drive, and Stadium Drive. Senior and avid frolfer, Ralph Mumm, said he wouldn't need directions to the course.

"I've gone over thirty times," Mumm said.

Junior David Weston said the course's location is part of the fun of Frolf at Idaho.

"On any of the holes there is a great view, particularly on the tee of the fifth hole where you can see the rolling palouse hills," Weston said.

There are numbered "holes" and just like regular golf, each player must try to achieve the lowest score and minimize the number of throws it takes to reach the target.

A frolf score is based on the number of throws required to complete one hole plus the number of penalty throws.

If a disc is entangled in a tree, it needs to be removed and the next throw must occur from a position directly under the entangled position.

Senior Alfredo Callistini said Moscow's Frisbee-golf course offers great views of the Palouse and the U of I campus.

"I bring friends, a great attitude, and a trusty gold disc. I'd recommend some soft drinks to make the experience even more enjoyable," Callistini said.

Serious frisbee-golfers have a different approach.

"I bring a set of discs that I've acquired over the years," Mumm said.

If the disc gets thrown out of bounds a throw will be made three feet inside the boundary. The player also receives a one throw penalty.

Teeing off must be done from within the teeing area. A player can run from outside teeing area for the throw but at the time of the throw must be within the teeing area.

The position of the disc is marked after every throw with a mini disc and the player farthest from the hole throws first on each throw.

There are variations of discs for a range of motions on the course. The choice in Frisbee can be a vital piece to winning the game, as well as grip and footwork. Discs that are light and easy for the player to control are especially great for beginners, while the driver-type disc may be for the experienced frolfers.

Director of Intramural Sports Aaron Fealy said that beginning players should begin with one disc and as they progress invest in more equipment.

"All you need is your student ID to get a Frisbee from the student rec center for free," Fealy said.

Tri-State, Big Five and Claude Sports are places in Moscow that have ranges of Frisbee equipment. For students looking to diversify the frisbee-golf experience on the Palouse, there is another course available in Pullman at Sunnyside Park.

"Each course has its own unique challenge," Fealy said. "Whether it's the distance or some type of obstacle in the way,"

Matt Maw can be reached at argonaut@uidaho.edu.



steven devine | summer arg
The University of Idaho "frolf" course starts at the back end of the Kibbie Dome parking lot, where tailgating usually happens during football season. Going out and taking some time with friends to throw a little disc is a good way to relax and forget about all the hustle and bustle of the day.



illustration by kaitlyn krasselt | summer arg

Summertime yard play

Yard games a good way to spend a sunny day

molly spencer
summer arg

The change of pace from full-time student to a person with one or two jobs during the summer can be rough. Yard games are a cheap and fun way to pass the time throughout the summer.

Ladderball

Ladderball is a yard game that consists of wrapping a bola (a set of golf balls attached by a string) around a horizontal pipe. Each player starts out with three bola golf balls. The object of the game is to throw the bolas around the steps of the ladders. Each ladder has three horizontal steps. A plastic set can be purchased for roughly \$25, or you can make your own.

Horseshoes

Horseshoes, another classic yard game, is also a fun way to pass the time. The object is to toss a horseshoe toward a metal stake and get as close as possible. A set of horseshoes can be purchased for about \$15. The kit includes two stakes and four iron rings.

Badminton

Badminton can be played with two or more people. The object is to hit a birdie back and forth with rackets within your bounds around the net. The birdie is not supposed to touch the ground. A cheap set of badminton will cost about \$15.

Beanbag Toss

Beanbag Toss, or Cornhole,

is a game we all played when we were kids. It's the perfect game for a lazy summer afternoon. A set of 24-inch boards will cost around \$25. Making a set of your own would be just as easy as taking the time to buy one, and cheaper of course.

Bocce Ball

Bocce Ball is a classic European lawn bowling game. It's generally played in the sand or on the pavement, but can be modified to play in the yard. A plastic set can be found for about \$15. Higher-end sets cost about \$100.

Disc Golf

In order to play disc golf in a small yard area, you would want to purchase a smaller flag version which can be found for about \$15. If you have a large yard, a nine-hole set of disc golf can be purchased for about \$100. The point of this game is to traverse around a course, hitting the target in as few throws as possible. If you lack a yard, the University of Idaho frisbee-golf course is free and easily accessible at the west end of campus.

Volleyball

To play a basic game of volleyball, each team has three chances to pass the ball over the net without hitting the ground. An individual player is not permitted to hit the volleyball twice in a row. A cheap, portable volleyball kit will cost you around \$25 and the net can double as a badminton net if necessary.

Croquet

A wooden six-player set of croquet can cost as little as \$25. The object of the game is to use a mallet to pass balls through small arches called wickets. Each time a player passes through a wicket correctly, they earn a point. The player or team with the most points at the end of the game wins.

Tether ball

Tether ball is a game that can be played on the playground or off of it. The object of the game is to wrap the string attached to the ball completely around the pole, the last wrap around it must rise above the center line. The player who reaches this point first wins. A set with a basic, plastic pole that can be stabbed in the ground anywhere will cost about \$30.

Frisbee

With the help of a Frisbee, cost being about \$5, you have a plethora of yard games to choose from. Such as: basic pass back and forth, ultimate Frisbee or even disc golf.

Water balloons

Water balloons are also a choice when it comes to playing summer games in the yard. Some games you can play with water balloons are water balloon dodge ball, football, or volleyball, hot balloon (much like hot potato,) or you can have an original water balloon fight. A 300-pack of water balloons will cost less than \$10.

Molly Spencer can be reached at argonaut@uidaho.edu

Walk on the wild side

Idaho Trails Association brings together partnership and preservation

chloe rambo
summer arg

The Idaho Trails Association's summer trail maintenance projects bring volunteers into the outdoors and turn the tree-covered hillsides into a living and breathing classroom.

Working to preserve Idaho's trails promotes more than a passion for the land. It also teaches an understanding of Idaho's unique resources.

In an interview with hiking guidebook writer Scott Marchant, the ITA discussed how Idaho has a wide range of trails, offering a nature-infused experience that will suit an even wider range of hikers.

In his book, "The Hiker's Guide to Greater Boise," Marchant describes how some Idaho trails come complete with vehicle parking, allowing hikers to "car-camp" instead of traditionally camping along the trail.

"A lot of times people want to go out for the weekend and they may not want to backpack but they want to have that outdoors experience," Marchant said.

Whether you're going to be backpacking along the trails for a few days, or are simply out for a refreshing day-hike, Marchant said Idaho has trails that are begging to be explored.

"One thing I wanted to do with this book is help people see that we have great access to hiking trails here in Idaho," Marchant said to the ITA.

While celebrating National Trails Day on June 2, the ITA hosted six trail projects spread throughout the state of Idaho. From the Boise Foothills to the Tindall Trail, volunteers set out to put some muscle into polishing local trails.

Most trail-improvement projects require eight to 15 volunteers to run smoothly.

Volunteers work to maintain Idaho's trail systems and complete a series of jobs, depending on geographic area and current status of the trail.

Some trail volunteer groups find themselves widening trails for increased accessibility and safety, pruning tree and brush growth that has impeded the trail, while others clean up campsites and clear campers extinguished fire rings.

Volunteering with the ITA nurtures backcountry trekking, directional and safety skills, turning one from a simple outdoor enthusiast into a true explorer.

Upcoming ITA Events

July 7 - Pistol Creek Trail Project in the Salmon-Challis National Forest

July 16 - Alice-Toxaway Loop Trail Project at the Sawtooth National Recreation Area

August 4 - South Fork Camas Creek Trail Project in the Salmon-Challis National Forest

August 4 - Marble Creek Trail Project in the Payette National Forest and Salmon-Challis National Forest

August 17 - North Fork Lick Creek Trail Project in the Payette National Forest

August 18 - Gant Ridge Trail Project in the Salmon-Challis National Forest

August 24 - Wewukiye Trail Project in the Boise National Forest

Chloe Rambo can be reached at argonaut@uidaho.edu

more information

To find more information on volunteering, or simply enjoying Idaho's trails, visit www.idahotrailassociation.org or find the ITA on Facebook. You can also sign up for the ITA newsletter to learn more.

Book Review

Wild about 'Wild'

True story about the journey down Pacific Crest Trail is an adventure all to itself

chloe rambo
summer arg

There are few times while reading a book that I've actually derived a bit of enjoyment from seeing the main character suffer. The book "Wild," a memoir of the rarest kind, digs into a coal mine of mixed emotions and clueless decisions only to pull out a brilliant diamond that I can't wait to buy and read again.

Author Cheryl Strayed made the self-inflicted suffering of hiking the Pacific Crest Trail dramatically addicting through bleeding blisters and hypothermia, extreme dehydration and bears. Night after night, I couldn't put it down. I couldn't stop reading of her failed water purifiers, dead toenails and lost Band Aids.

The book begins by describing Strayed's earlier life. Having grown up in a small Minneapolis town, Strayed found her life in shambles. Separated from her husband, picking up shifts waitressing at a local eatery and painfully orphaned after her mother died of cancer at 45.

In attempts to shelve these shambles and shake her crippling depression, Strayed decided to hike the 2,663-miles from the Mojave Desert, through California and Oregon to Washington State along the trail, the PCT.

Throughout the trip, Strayed found herself in some of the worst conditions a human body can withstand. Some of the conditions were mental, others physical. But it wasn't her case of bad luck, nor her dark view on life-altering events from her past that kept me reading at high speed - it's the transformation.

Strayed's unique and brutal transformation is the key to this book - it's the absolute driving force that comes through so strongly in her quietly riveting writing. She's unsteady, yet still strong, completely unsure of what she's gotten herself into, yet still so blindly persistent. Cheryl Strayed and her wrenching story of her experience on the PCT has taught me a new mantra, "blindly persistent," and has given me a new view on what we can truly be capable of.

This is the perfect book to read in the summer months. "Wild" will, without a doubt, open up a small piece of the adventurer in you. Every chapter will awaken the eyes of the nature-lover that you didn't know you were. Each page of Wild is like a single step on the gravelly path of the PCT— one must come after another and after another.

Chloe Rambo can be reached at argonaut@uidaho.edu.

matt maw
summer arg

ASUI will continue to provide weekly entertainment this summer with "Screen on the Green" movies on the Theophilus Tower lawn and noontime concerts in the Idaho Commons courtyard.

Kelsie Saxe, ASUI summer student coordinator, is leading summer concert development. She said open-air music and movies are excellent options for everyone spending the next few months in town.

"Summer's a great time here," she said. "What better way to spend summer than listening to a concert outside in the sunshine, or...sitting on the lawn and watching a movie? Those just sound ideal to me."

Saxe said they've tried to ensure a variety of films and music artists to benefit the diverse audiences left in the wake of college student migration. The material is all family-appropriate and free of charge, and she said the activities are good get-togethers people can count on every week.

"It is a small town, and these events can bring people from every corner of town and bring them together, and I think that's really cool," she said.

Christina Kerns, ASUI student engagement coordinator, said Saxe and her fellow intern Jami Riener—coordinator for the films—have led

the team well in outreach to churches, day-care centers and other neighborhood organizations. Kerns said the summer programs are a service for the community and she hopes everyone takes advantage of them.

"Especially with things like (noontime concerts), it's a really great opportunity for faculty and staff members to take a break during the day, come outside, enjoy the sun... and enjoy some good music," she said.

Kerns said the singer-songwriter angle seems to work the best for the concerts. The lineup will include country music artists, some pop/rock artists and local marimba band "Sesitshaya Marimba," an annual staple.

Riener said the evening films are rated PG-13 and below and will include a blend of new and classic fare, such as "How to Train Your Dragon" and "The Sandlot." This is her first year working the summer programs, and she said she appreciated having the films last year. They provide a fun alternative to the bar scene, she said.

"It offers people something to do on Thursday nights, especially if you're under 21 and you can't really go out to the bars," she said. "I'm sure families appreciate it (since) they have their kids for the summer."

She also said the activities offer a chance to both stay in

touch with friends and meet new people, especially for students not connected with the dorms or Greek life.

This is also Saxe's first year as an intern for the summer programs, and she said she's learned a lot about an office environment and coordinating with artists and agencies, and it's been good to provide events for the school and wider Moscow community.

"Working within the university is really cool," she said. "Getting to work where you go to school and bring artists (has been) an interesting and really rewarding process so far, and I'm really enjoying it."

Saxe said she hopes the noontime concerts and evening films become a lasting pleasure for everyone.

"They can enhance your summer in Moscow," she said. "I hope that (people) come out and at least check it out, and then maybe make it a tradition for their summers."

Stay tuned to the summer programs Facebook page for event times and a list of specific artists and films.

"Screen on the Green" will take place Thursday evenings on the tower lawn. Noontime concerts will be held on Wednesdays at 12 p.m. in the Idaho Commons courtyard.

Matt Maw can be reached at argonaut@uidaho.edu.

Summer
ARG
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Idaho alumna is London-bound

Armstrong recovers from injury, seeks Olympic gold



courtesy photo by katherine jones | Associated Press

In this May 23, 2012, photo, Boise native and Olympic gold medalist Kristin Armstrong, center, sits with teammates Rhae Shaw, left, and Jacquelyn Crowell, right, as other teams are interviewed before the Exergy Tour cycling event, in Boise, ID. Armstrong and Taylor Phinney were among the 21 riders announced by USA Cycling for the Summer Olympics on Friday, June 15. The remaining three riders on the 24-rider team will be decided Saturday, when the BMX trials are held in Chula Vista, Calif.

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Thirteen years after she received her sports physiology degree from the University of Idaho, road cyclist and time trial specialist Kristin Armstrong found herself center podium, receiving a gold medal for her first place finish in the women's road time trial competition at the 2008 Beijing summer Olympics.

One year later, Armstrong announced that she would take a break from competitive cycling and focus on starting a family with her husband Joe. However, the Boise native's cycling career was far from over and in 2011, she announced that she would start preparing for her third consecutive Olympic games.

Armstrong's plans were nearly derailed one month ago, when she crashed during the prologue time trial of Boise's Exergy Tour on May 24. The 38-year-old fractured her clavicle and was sent to a local hospital immediately. It took just one screw to repair the break and Armstrong was back at the Exergy Tour a day later, watching a teammate win the race's first stage.

The minor setback prevented Armstrong from riding for just less than a week and on June 15, the Olympic selection committee

nominated her to represent the United States in the women's road race along with the time trial.

Armstrong may be a favorite to repeat in the time trial race, as she's won all eight international-caliber races she's entered this year.

In an interview with the Idaho Press Tribune, Armstrong, who coincidentally is not related to the most decorated male road cyclist in history, said the injury will not hamper her preparation for the summer games.

"I want to show people that this injury is not going to be a hindrance for me going to London - I want to show people I'm strong and ready to fight," Armstrong said. "... Nine weeks, with the fitness I have, it's nothing."

Armstrong was poised to win the race that she crashed out of, and as the favorite, she had set herself up to finish the time trial in less than four minutes. Her teammate, Theresa Cliff-Ryan, won the race with a time of 4:09.64.

By making a crowd appearance a day following the injury, Armstrong was on a mission to prove something to the selection committee that eventually made her a part of the Olympic team.

see alumna, page 11



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meat

from page 3

“(People) get to see not just us slinging meats on a grill, throwing them and flipping them, burning them and sending them out, but the craft of putting things together,” he said. “(It goes) back to doing things in a less efficient, possibly, but ultimately more fulfilling way that you can’t really replicate with the shortcuts that modern technology has provided us.”

Emphasis on quality and community extends to the structure of the café itself. Balen said many of the materials for the wood siding, the windows and the menu board hanging racks were reclaimed or recycled. He said the architect, Robert Barnstone, associate professor in the school of architecture and construction management at Washington State University, lent the project a particular eye for detail.

Emphasis on quality and community extends to the structure of the café itself. Balen said many of the materials for the wood siding, the windows and the menu board hanging racks were reclaimed or recycled. He said the architect, Robert Barnstone, associate professor in the school of architecture and construction

management at Washington State University, lent the project a particular eye for detail.

Pitsilionis said Barnstone was much involved in the construction of Vlad’s and was ideal for the project because of his “sculptural” style and his understanding of Greek dining and Souvlaki culture.

Pitsilionis said it’s better to utilize spaces inside the neighborhood than to construct something further out that might draw people away from each other.

“We wanted (Vlad’s) to look nice when you drive by it, to look like something attractive when you’re moving about your day even if you don’t stop in,” Pitsilionis said. “Whether you drive by or walk by or whatever ... it’s something that you feel adds to the quality of your community.”

He said Vlad’s will open by the first week of July, and people should be able to pick up a substantial individual lunch with all the fixings for under eight dollars.

Balen said Vlad’s Facebook page will feature menu information, construction photos and other tidbits.

“It’s nice, wholesome straightforward food that anybody can enjoy,” Balen said.

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alumna

from page 10

“I did want to show USA Cycling, I wanted to show my competitors, and if the selection committee was watching, I wanted to show them,” Armstrong told the Associated Press. “It might take me out for a few days, but it’s not going to keep me down.”

Whether it was her message to the committee, her previous success on the Olympic stage or her time trial dominance in 2012, Armstrong was worthy of her hard-earned spot and she’ll be wearing the red, white and blue of the USA in about a month’s time, seeking Olympic gold once again.

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extreme sports



BMX riders and many other extreme sports athletes come to college campus's for the amount of accessible “street” course riding and obstacles such as hand rails, jumps, and things to jump on and over.

steven devine | summer arg



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