ARGONAUT

THE VANDAL VOICE SINCE 1898

uiargonaut.com

Tuesday, October 16, 2012

Chipping ii

Kaitlin Moroney Argonaut

Volunteer programs on campus such as Make a Difference Day and Paint the Palouse serve a vital role in connecting students with the community, but the organization of these programs can be difficult and challenging.

Paint the Palouse, a volunteer event sponsored by University of Idaho Housing, is a community-outreach program focused on painting the houses of those who are financially or physically unable to do so. The event has accumulated an average turnout of 200 students

for the past two years, Paint the Palouse Coordinator Luci Sanchez said.

More than enough

The most recent Paint the Palouse event took place on Sept. 15. Two hundred students painted two local homes. Although it was successful, the planning and execution of the program isn't without its problems, Sanchez said.

"One of our biggest problems with volunteers, there isn't enough for them to do," Sanchez said.

When there are so many students painting so few houses, there is not enough work for all of the students during the project, Sanchez said. Even though it seems there are too many volunteers, Sanchez said they don't plan on limiting the amount of students allowed to sign up for

"I think our biggest problem with it is where people sign up and then don't show Sanchez said.

the event.

SEE **CHIPPING**, PAGE 4

Volunteer event connects students with community as program aims to improve efficiency



Intoxicated monitoring

Student volunteers to drink under Moscow Police Department supervision as part of 4th UI "Drinking with the Cops" event

Allison Griffith

Argonaut

Six University of Idaho student volunteers will drink different amounts of beer and wine under Moscow Police Department officer Wednesday supervision as part of an event to help

educate about the effects of alcohol.

The event, Drinking with the Cops, is put on by Vandal Health Education and the MPD.

The six volunteers, chosen before the event, will be begin drinking one to two hours before the event.

"They be monitored," said Lt. Dave Lehmitz.

will have a drug regulation expert there to monitor how intoxicated they become."

He said they worked with the Dean of Students office to select volunteers and that it wasn't difficult to find them.

The volunteers will be videotaped prior to consuming alcohol and continue to be videotaped as they become intoxicated, Lehmitz said. Participants will complete a normal field sobriety test, including an eye test. Lehmitz said

the eye test is

nothing you can

do to stop (the re-

action of eyes),"

he said. "It's

an altogether in-

also be asking

questions, such

as "Would you

to make people

see how the minds

Lehmitz said.

will

home?"

intoxicated

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dicator."

They

important

"There



We want people to be aware of how much was consumed and show the actual progression (of intoxication). Sometimes it is

Lt. Dave Lehmitz

hard to keep track.

MPD

"We want people to be aware of how much was consumed and show the progression (of intoxication)," he said. "Sometimes it is hard to keep track."

people

Event info

Drinking with the Cops

Location: SUB ballroom

Time: 7 p.m. Oct. 17

Lehmitz said he hopes this event will make more people walk home or call a taxi instead of driving after drinking.

The videos will be shown to the audience and then the volunteers will be brought out.

Lehmitz said the purpose of this event is to show people the effects of intoxication and how judgement is impaired.

This will be the fourth Drinking with the Cops event the MPDF has put on — the other three were at the police department, UI Law School and the Idaho Public Defenders Association.

"I hope we get a good turnout," Lehmitz said.

This is not just a time to party with cops, but to raise awareness, he said.

Allison Griffith can be reached at arg-news@uidaho.edu

TOYING AROUND



Michael Hosaluk puts finishing touches on a toy top by rounding a wood block with his lathe Saturday in the Art and Architecture East Sculpture Studio. Hosaluk's pieces can be found all around the world, including Buckingham Palace, Tokyo and Los Angeles.

University of Idaho exchange student Callum Metcalfe reads a display at

Bob's Place that outlines Sodexo's five-day sustainability challenge.

Sharing sustainable sustenance

Campus dining offers students opportunity to partake in 5-day challenge

Lindsey Treffry Argonaut

Since going trayless, University of Idaho Campus Dining has saved 250 gallons of water every day, Bob's Place Manager Dimon Johnson said.

This is one of many sustainability issues that will be highlighted at Bob's Place as part of the five-day Sodexo Sustainability Challenge. The challenge will focus on 14 commitments of what is called the Better Tomorrow Plan -Sodexo's roadmap for sustainability during the next 10 years, UI Campus Dining General Manager Pat Clelland said in a press release.

challenge The began Monday with a highlight on carbon-intensity reduction and water-usage reduction. A Bob's Place display showcased its trayless dining as well as dining room daylighting in order to add more natural light and subtract energy usage.

Marketing major Callum Metcalfe said some of the Sodexo ideas to be more sustainable were clever.

"It's just the little things sometimes," he said.

Johnson said today will showcase Bob's Place's Lean-Path kitchen waste management system and Wednesday's menu will feature sustainable

Thursday, Bob's Place will bring forth its Fair Trade and Rainforest Alliance certified coffee, while Friday Executive Chef Kris Raasch and

SEE **SUSTAINABLE**, PAGE 4

IN THIS ISSUE



The Vandal swim and dive team rolled Seattle U in their WAC-opener Saturday.



Don't ignore state issues in midst of presidential campaigns — Read Our View.

Recyclable

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get the hungry. rawr's new food blog. uiargonaut.com/crumbs



CRUMBS

Pasta carbonara

Emily Vaartstra Crumbs

Sometimes it's nice to have a meal where the meat, veggies and side dish are all mixed together in one perfect combination. Pasta carbonara is a delicious, hearty dish that will have you going back for seconds. It is simple to make and a great meal to entertain

Ingredients:

12 ounces pasta (bow tie pasta works really well)

8 pieces thick cut bacon (diced

1/2 medium onion (diced small)

2 cloves garlic (minced)

3 eggs

3/4 cups finely grated Parmesan

3/4 cups heavy cream 1/2 cup peas

Salt and plenty of black pepper Extra tips:

How to:

Cook pasta noodles according to package directions.

While noodles are cooking, fry the diced bacon until crisp.

Put the bacon in paper towel to drain excess grease, set aside. Pour out the remaining bacon

grease in the pan, but don't clean the Fry onions and garlic in the pan

until golden brown, set aside. In a bowl, whisk eggs, parmesan, cream, a pinch of salt and a generous amount of black pepper until smooth.

When the pasta is done, drain and place in a bowl.

Slowly pour the egg mixture on the steaming pasta while stirring until fully coated.

Add peas, bacon, onion and garlic. Sprinkle extra parmesan on top.



Photo by Emily Vaartstra | Crumbs

Add garlic bread to make this dish complete.

Meat lover? Use a whole package

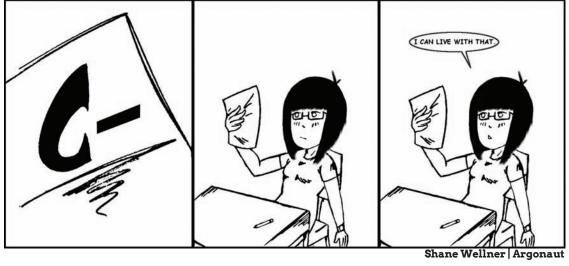
of bacon.

Veggie lover? Try adding asparagus or yellow squash.

Serving size is six, so it's a perfect dish to invite some friends over or to save the leftovers.

Emily Vaartstra can be reached at uicrumbs@gmail.com

High Five



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The UI Student Media Board meets at 4:30 p.m. the

second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media

Editorial Policy

The opinion page is reserved as a forum of open

thought, debate and expression of free speech

Editorials are signed by the initials of the author.

regarding topics relevant to the University of Idaho

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Corrections

In a story in the Oct. 12 issue of rawr about local musicians, Cooper Trail's website is woollyrecords.com.

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Letters Policy

current phone number.

Send all letters to:

at 885-7825, or visit the Student Media office on the

The Argonaut welcomes letters to the editor about

· Letters should focus on issues, not on personalties

Letters must be signed, include major and provide a

· The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.

· If your letter is in response to a particular article please list the title and date of the article.

301 Student Union

Moscow, ID, 83844-4271 or arg-opinion@uidaho.edu

The Argonaut adheres to a strict letter policy:

Letters should be less than 300 words typed

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Advertising Circulation Classified Advertising Fax News









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Non-profit Identification Statement: The Argonaut, ISSN 0896-1409, is published twice weekly during the academic school year and is located at 301 Student Union, Moscow, ID 83844-4271.



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Wetland policy upgrade

City of Moscow and University of Idaho working together to get water turned back on for the wetlands

First thing is we

need to make sure

that the wetlands

will be there and

everyone under-

stands how we're

going to use them

and then we're

going to approach

the EPA...

Randy Fife,

City Attorney

Aaron Wolfe Argonaut

The City of Moscow and the University of Idaho have completed a new draft agreement with regards to shared use and access to the UI Wetlands Research Facility.

City Attorney Randy Fife said the agreement

recognizes that UI is the property owner of the wetlands and has an interest in being able to use it as an experimental and educational facility.

Moscow stopped supplying water to the wetdue lands regulatory concerns from the Environmental Protection Agency in the fall of 2010.

Even though it seems the IDEQ (Idaho Department of Environmental Quality) and the EPA knew

about the construction of the wetlands and were in agreement for it, perhaps the technical permitting wasn't complete," Fife

He said because there isn't a specific and explicit permit that the city or UI has from the EPA, Moscow

> Fife said the city wants to be compliant.

He said the regulations for the type of water used reflected through a National Pollutant Discharge Elimination System permit. The and cannot be

"It's more

stopped providing water to avoid subjection to fines and other regulations.

permit ran out amended.

complicated than simply amending the permit to allow us to continue putting the water



The University of Idaho owned wetlands consist of eight acres of land near the Idaho/Washington border. A new draft agreement has been completed in regards to the shared use and access to the UI Wetlands Research Facility.

just one step. First thing is we need to make sure that the wetlands will be there and everyone understands how we're going to use them and then we're going to approach the EPA to see how we're going to put water back into the wetlands."

The university-owned wetlands consist of eight acres of land near the Idaho/ Washington border, and were constructed by the Palouse Clearwater Environmental Institute in 1996.

PCEI Executive Director Thomas Lamar said the IDEQ funded PCEI from funding generated from the Clean Water Act.

Lamar said they built the land with the support and encouragement of Moscow and UI. The money was used to excavate and construct the land. He said they also convinced UI around 1997 to discontinue farm operations before the wetlands were constructed. PCEI then turned over the management of the wetlands to UI.

Lamar said since 1997 they have encouraged UI and Moscow to continue to use the wetlands and keep everything functional.

He said the role of PCEI has changed overtime.

"We've been functioning as an encouraging force to continue to help make it work," Lamar said. "Rather than spending thousands of hours of work time as we did in the first couple of years, now we're just the encouraging force to continue to make it function. It's a different role, but it's still an important one."

City Director of Public

Works Les Macdonald has done work with sewer operations within the city, including the wastewater treatment plant located near the wetlands.

"We would like to consider a pilot testing of the wetlands capability to treat for temperature and we would like to lower the temperature of our effluent, potentially," Macdonald said.

He said this could help make the decision of where the treatment plant goes for future upgrades.

About six years ago, UI Environmental Science Program Adviser Chris Dixon got involved with Women in Science to make the wetlands a UI research

Dixon said they have planted about 3,000 native plants, built an observation deck, put up bird boxes and took down a barbed-wire fence that went around it. He said there is still more work to be done

"We take a lot of classes out there, such as the Environmental Science 102 class and the Ornithology classes," Dixon said. "It's no longer Women in Science, now it is called Environmental Revitalization. We try to use it for educational purposes."

Dixon said the wastewater treatment plant's problem is the water is too

UI has approved the draft agreement, which the city is supposed to approve next week to turn the water on. Afterward, it will go to the EPA for final approval.

Aaron Wolfe can be reached at arg-news@uidaho.edu



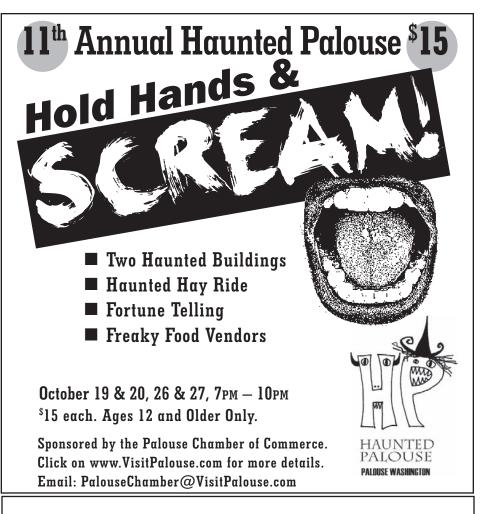


Figure Skaters

Teaching/coaching jobs available

Moscow Ice Rink

Saturdays

208-882-3239



CHIPPING

"We don't want to turn volunteers away if we have that many who are not going to show up."

UI sophomore Sydney Hege volunteered at Paint the Palouse and said her overall experience with the program was extremely positive, but she felt there were too many volunteers for it to be as efficient as it could be.

This year and the previous year, we had a large amount of volunteers, almost too many,' Hege said. "It would be nice to have some alternative activities for volunteers to help with at the locations, like landscaping or fun outdoor games."

Still, Hege said, this program is a great way for students to get connected with the community.

Another volunteer, UI senior Peter Ritter, echoed similar sentiments. He said there seemed to be some problems with enough supplies for

"(This) mostly seemed to stem from the 'come one, come all' set-up of the whole project, with many people showing up on Saturday morning without signing up beforehand so it's really hard to know just how many paintbrushes and ladders need to be ordered," Ritter said. "That basically ended up giving a lot of people nothing to do, which is never good for a giant service project like that."

Budgetary constraints

Sanchez said the number of houses they paint is dependent on the budget, which was limited this year.

'Our budget depends on how many donations we get from (residence) halls, Greek communities and local businesses in Moscow," Sanchez said. "We didn't have a lot of time to advertise for donations (this year)."

Although breakfast and lunch coupons are provided to the volunteers, along with T-shirts and water, Sanchez said most of the budget goes toward purchasing the paint. A little more than 50 percent of the budget was spent on paint and supplies with \$862.42 going toward paint and \$150 toward painting supplies, according to the Paint the Palouse budget for fall 2012. However, 39 percent of the budget, or \$780, was utilized to purchase T-shirts with another \$200 used to purchase food for the volunteers. The budget information for 2010 and 2011 was unavailable.

"(Cutting down on food and shirt budget) is something that we've talked about," Sanchez said. "But as much as we want to paint as many houses as possible, one of our biggest issues as well was coming up with applicants to paint their houses."

Maureen Ward, previous assistant director of student engagement, advised students who organized past Paint the Palouse events and helped transition the program to the new

adviser in 2011. Ward said she had addressed the budget concerns with incoming supervisors.

"It was getting more expensive every year," Ward said. "But between feeding the volunteers and making sure we had all the supplies and the paint, it was becoming more expensive in the way that we were doing it. That was another thing we had suggested they take a look at — this is a great program, but how can we make it cheaper while not sacrificing the overall quality of the program.

Application obstacles

Only five applications for residents who wanted their homes painted were received for the most recent Paint the Palouse, with some of those applications being ineligible for liability reasons.

'Sometimes we have the problem with residents who can't afford to fix different things on their houses," Sanchez said. "So that becomes a

safety or liability issue for us to go in and paint." Sanchez said they put applications out all around the community including the chamber of commerce, local businesses, the UI campus, churches, hospitals, the Moscow-Pullman Daily

News and through social media.



File photo by Steven Devine | Argonaut

Volunteers help paint a home on Public Avenue Sept. 15 as part of Paint the Palouse, which was funded by the Resident Hall Association, Greek housing and the National Association of College and University Residence Halls.

is why people don't apply," Sanchez said.

Ward said they also struggled with resident applications during her involvement with the program. She said they had begun seriously in-

vestigating other avenues for advertising the applications when she left the university, including looking into the different government programs that service the elderly and lower-income families in order to reach people utilizing those services.

'We could leave our applications with them or educate those offices about our program so they could potentially pass the word along," Ward said. "We were also trying to look at whether we wanted to keep the program strictly in Idaho. I know in the past, and in the year that I was there, we did do a house in Washington and we were trying to figure out if we wanted to continue to do that."

Although it seems the process of reaching the right applicants is a work-in-progress, Sanchez said they are continually working to improve the program and to fix some of the issues they have.

Service success

It was getting

more expensive

every year. But

between feeding

the volunteers and

making sure we

had all the supplies

and the paint, it

was becoming

more expensive in

the way that we

were doing it.

Maureen Ward,

previous assistant

director of student

engagement

Despite the challenges, many university organized community service projects are considered successful based on the feedback from

'We get so much positive feedback from the 'One of the things we are trying to figure out community after the event and people start calling

early summer to have volunteers for Make a Difference Day," Laura Exley said. "So from the feedback we get from the community, our students do a really good job and really help out and a lot of community members depend on us."

Exley, UI senior, and Tony Ive are the coordinators of Make a Difference Day and Saturday of Service, two other student volunteer days sponsored by ASUI. These two events generally have 350 and 450 volunteers, respectively. Students are divided into groups and sent to different volunteer sites within the community, ranging from retirement homes to food banks.

Exley said sometimes they run into an obstacle, such as last year when the contact person from one of the sites failed to show up and the volunteers had to be sent elsewhere. Ive said sometimes issues arise at new sites.

The sites we've been at for awhile have a better system set up," Ive said. "Sometimes if it's a brand new location we are still trying to figure things out. So we work to try and train our site leaders to handle those situations.'

Exley said the important thing is to not get hung up on the number of volunteers you have.

'It's not about the numbers, even if we even get a couple people involved that's progress," Exley said. "So the thing is to not get hung up on making it all work out perfectly, it's about making even just a little difference."

Make a Difference Day and Saturday of Service aim to connect students with the community, which is a goal Paint the Palouse shares. Sanchez said they will be able to accomplish this even more efficiently as they continue to improve the program.

Kaitlin Moroney can be reached at arg-news@uidaho.edu

Police Log

Monday, Oct. 8

11:08 a.m. Moscow: Report of a missing person. **7:51 p.m.** 2300 Blk Weymouth St.: Complaint of a stray dog.

10:43 p.m. Highway 95: Caller reported an erratic driver.

Tuesday, Oct. 9

11:25 a.m. 500 Blk South Main St.: Caller reported that she was yelled at by her mother's ex-boyfriend while walking into

12:25 p.m. 1100 Blk North Main St.: Caller reported a vehicle that cannot maintain its lane.

6:10 p.m. West Third Street, UI Parking: Officer responded for a gun check.

p.m. Trinity 9:20 Baptist Church: Caller reported a vehicle that has been parked in the dark with people in it for some time.

Wednesday, Oct.

11:30 a.m. 2600 Blk East D St.: Caller reported a cougar sighting.

1:46 p.m. 200 Blk Lauder Ave.: Complaint of a cat in the roadway.

3:42 p.m. 700 Blk Ridge Rd.: Caller reported a vehicle on the street that's been there for four years.

Thursday, Oct. 11

1:44 **p.m.** Styner Avenue, Berma Creekside Park: Complaint of a deceased animal.

11:05 p.m. South Main Street, Bucers: Request for a welfare check of an intoxicated person.

Friday, Oct. 12

8:21 a.m. East D Street, Hordemond's Pond: Report of an injured duck.

10:51 a.m. North Main Street, Moscow Building Supply: Report of a deceased cat.

p.m. Sweet Avenue, UI Children's Center: Complaint of stray

p.m. 4:22 Sherwood & Joseph Streets: Complaint of stray dog.

Saturday, Oct. 13

8:53 p.m. South Asbury Street, alley: Caller reported possible gunshots.

Sunday, Oct. 14

12:42 a.m. North Main Street: Complaint of erratic

3:07 a.m. 300 Blk Troy Rd.: Officer arrested female for a DUI.

SUSTAINABLE

Marissa Lucas will prepare a menu based on sustainably nutritional principles. Lucas will be available for questions as well.

"Students need to (be committed to sustainability) because it's going to be on them in the future," Johnson said.

When students and staff complete daily challenges, like taking shorter showers or choosing a meatless entrée, students can receive a stamp on a card for that Challenge Day provided by Bob's Place cashiers. Johnson said that participants, who take at least one action and turn in their stamped card by Friday, will be entered to win prizes, such as tote bags or water bottles.

For more information on the Better Tomorrow Plan, visit www.tomorrowstarts2day.com.

> Lindsey Treffry can be reached at arg-news@uidaho.edu

the community.

500 Idaho students to volunteer

This year, students will have the chance to work with Habitat for Humanity, the food bank in Lewiston, the Salvation Army and Orphan Acres — a rehabilitation farm for horses.

Projects range from baking pies to raking leaves and buildrestoration. Participants will also work with the elderly and the disabled. There will be projects through local elementary schools, like painting playgrounds.

"If there is any kind of need on the Palouse, we've tried to address it in some way and work with every organization that is interested in participating," Ive said. " We stretch from everywhere from Pullman to Troy."

Exley said members of the community have been looking

More info

Registration will be open until 5 p.m. Tuesday. The registration form can be found at uidaho.edu/ volunteer.

The event will take place from 9 a.m. to 1 p.m. Check-ins are at 9 a.m. in the SUB ballroom.

to get volunteers on Saturday to help them with things like winterizing their businesses.

"Anyone can do it. If you are looking for a way to get involved, it's a really great opportunity to meet not only other Vandals, but members of the community," Exley said. "And it's just a fun day."

> Jacob Dyer can be reached at arg-news@uidaho.edu

Vandals go out into the community, work with a variety of community partners on tons of service projects and make a big difference in the community," said Laura Exley, involvement student coordinator for ASUI & the Department of Student Involvement.

Jacob Dyer

Hundreds of University of

The Center for Volunteerism

Idaho students will go out into the

Moscow community Saturday to

and Social Action is once again

celebrating Make a Difference

Day by gathering 500 students,

faculty and staff to offer their ser-

vices to members of the Moscow

"For us, it's a day where 500

make a difference.

community.

Exley said participants of the event range from members of

Greek houses, student organizations, classes and individual students that feel like they want to get involved.

Center for Volunteerism and Social Action's Outreach and Recreuitment Coordinator Tony Ive said the hope is that individuals will be able to find organizations or causes that they believe in and are willing to continue to work with.

'The idea is to plug people into the community and get them to continue. If you do Make a Difference Day and you leave not wanting to get involved, then we've kind of failed," Ive said.

The Center for Volunteerism and Social Action has been putting the event together since roughly 2000 and have worked closely with the community to find places where Vandals can

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SPORTS



Hannah Kiser and Barry Britt finished eighth in their respectives races at the NCAA Pre-Nationals.

Athletes of the week

Rachel Millet-Swimming and diving



Millet won three events for the second consecutive weekend, helping the Vandals come out on top of their first

WAC meet this fall, a 175-86 decision against Seattle University. The sophomore won three freestyle events, the 50, 500 and 1,000 yard races.

"Rachel continues impress," Sowa said. "We put her in some uncomfortable situations with events that she normally doesn't swim, so that was good training for us right there."

Allison (Walker) **Baker-Volleyball**



Continuing to prove one of the conference's most lethal weapons, Baker notched

her 13th double-double of the 2012 campaign in a 3-1 win against Texas-Arlington Thursday in Arlington. The all-WAC junior tallied 19 kills, 14 digs and five blocks in Idaho's fifth consecutive victory. Baker leads all WAC players in double-doubles and Thursday was the 34th consecutive match she had double digit kills. Friday evening in Ruston, La., Baker had another 11 kills while hitting .258. She added nine digs against the Bulldogs.

SEE **ATHLETES**, PAGE 8



Junior running back James Baker attempts to break a tackle Saturday at Texas State. The Vandals lost 38-7 and move to 1-6 on the season with a trip to La. Tech coming up.

Victory no option in Texas

Theo Lawson Argonaut

The Vandal football team dealt with game-delaying lightning storms ahead of kickoff Saturday in San Marcos, Texas. Shortly after kickoff, Idaho dealt with more lightning, this time stemming from the efficient, option-style offense Texas State used to perfection in a 38-7 Bobcat victory.

A week after their first

season victory made them 1-0 in the WAC, the Vandals were worn down in almost every aspect of the game by the host Bobcats, who joined FBS ranks in early July.

"It was a miserable game," Idaho coach Robb Akey said. "We have to play better on defense. We didn't tackle well. Texas State played well. It was a bad combination."

Led by quarterback Shaun

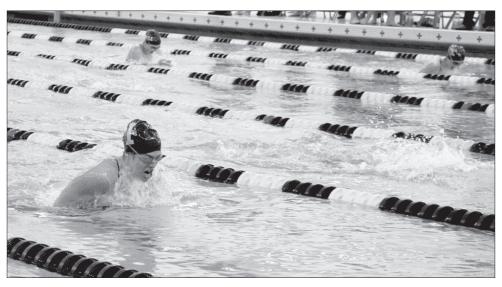
Rutherford, Texas State opened up with its option scheme and went airborne to close out its initial drive with a 30-yard touchdown pass from Rutherford to receiver Andy Erickson.

On their first offensive possession, the Vandals drove 41 yards before handing it over to WAC Special Teams Player of the Week Trey Farquhar. Farguhar sent the 55-yarder wide, his second missed field goal of

the season. That's the kind of day it would be for the now 1-6 Vandals, who visit Ruston, La., next week to meet a La. Tech team that was a field goal shy of beating Texas A&M Saturday evening.

Rutherford ran riot on a helpless Vandal defense, and the senior captain led all players with 85 rushing yards on 15 carries.

SEE **TEXAS**, PAGE 8



Steven Devine | Argonaut Kelsie Saxe competes in a breast stroke race during Saturday's meet against Seattle University. The Vandals came out victorious with a final score of 175-86 and will face Air Force

Young, wild, freestyle

Vandals sweep freestyle events en route to victory over Redhawks

Stephan Wiebe

Academy in Colorado Springs Nov. 2.

After a disappointing loss to rival Boise State in the first meet of the season, Vandal swim and dive bounced back with a convincing 175-86 victory over WAC foe Seattle University in front of a home crowd

"It's pretty important to get a win when you can get them," Idaho coach Mark Sowa said. "Anytime you get to race somebody within your conference, it ups the ante a little bit. Seattle is a good team. They are much better than they were a year ago."

Idaho took the lead from the start and never looked back. The Redhawks didn't win an event until the sixth event of the afternoon. By then, the Vandals were leading 64-28. Sophomore standout Rachel Millet was the top scorer for the Vandals, winning three individual events and contributing to the winning 200-yard medley relay team. Millet showed her diversity winning the longest race — the 1000-yard freestyle in 10:42.20 minutes — as well as the shortest race — the 50-yard free in 24.24 seconds. She also won

the 500-yard freestyle in 5:13.87 to round out her individual victories.

"Rachel continues to impress," Sowa said. "We put her in some uncomfortable situations with events that she doesn't normally swim, so that was good training for us right there.'

Junior Megan Venlos — another member of the winning 200-yard medley relay also added two individual victories for the Vandals. Venlos won the 200-yard freestyle (1:56.11) and the 100-yard freestyle (53.40) to help sweep the individual freestyle events for the Vandals. She also swam the anchor leg of the winning 400-yard freestyle

"Our 400 freestyle relay was very good at the end," Sowa said. "It had some really good swims on that."

Freshman Jamie Sterbis also added two individual victories to help lift the Vandals over Seattle U. Sterbis' victories came in the 200-yard butterfly in 2:06.21 and the 100yard butterfly in 57.64. She also swam the

SEE FREESTYLE, PAGE 8

Report card: Robb Akey fails mid-term

There's really not much to say ing to play him. With the deep ball still about this one, even for those of us unfortunate enough to have sat through the entire game. The Vandals went down to San Marcos, Texas, with an opportunity to bury the demons of the first half of the season. 0-5 could have given way to 2-0 in the conference. Instead, it gave way to the realiza-

tion that the Vandals are significantly behind their peers in the WAC — and that the rest of the season will only get more difficult.



It's hard to blame Idaho quarterback Dominique Blackman for not finding a comfort zone Saturday. The offense is built on rhythm and the Vandals were never able to get their offense into a groove when the Bobcats ate up the clock for 35 minutes.

Still, Blackman has Sean Kramer seemed to regress from the quarterback Idaho saw through the first four weeks. Perhaps it's because of how defenses are start-

Idaho turned the

ball over three

times, giving the

ball back to a Texas

State offense that

kept eating clock.

quick to get to Idaho receivers in the short passing game. The thing about Idaho offensively is that it feeds off of big plays, either of their own

not a consistent facet of the

State defensive backs were

Idaho passing game, the Texas

doing or the defense getting a turnover that sets up Idaho in good position to score. If those plays are absent, not enough facets of the

offense are working at the same time for long drives to be sustained. That also goes both ways. Idaho turned the ball over three times, giving the ball back to a Texas State offense that

> kept eating clock. Those things wear on the of-Frustratingly enough, this is the game where Idaho ran the ball somewhat well. Idaho's top three running backs,

> Ryan Bass, James Baker and Todd Handley, totaled 111 yards on 6.9

SEE **REPORT CARD, PAGE 8**

Cruising into second half of season

Kevin Bingaman

Argonaut

The Vandal volleyball team is set to start the second half of the conference schedule this week and will try to keep the momentum of a sixmatch win streak as the WAC tournament approaches.

Idaho managed to snatch two victories on the road this week with

dominating performances over Texas-Arlington and La. Tech. The Vandals have not lost a match since Sept. 20.

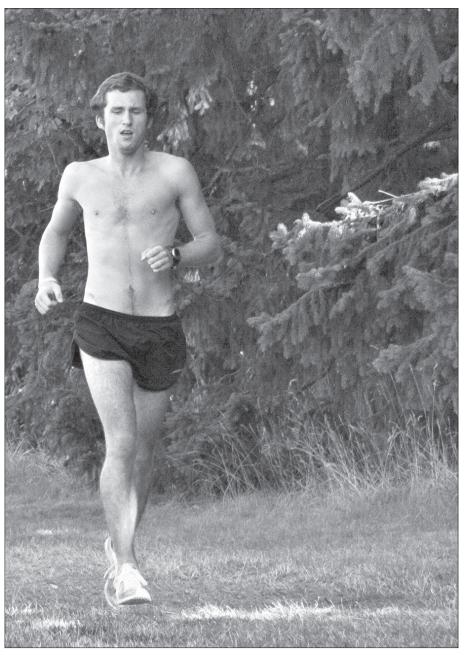
"We definitely had some adversity playing back-to-back and having some late nights on the bus and I thought the girls handled it well," Buchanan said. "... To go on the road and win in four and three is huge, and I think

it definitely gives us momentum as we go into this week, because this is going to be one of the tougher weeks."

The end of the regular season is less than a month away for the Vandals. Idaho is positioned for another high

SEE **SECOND HALF, PAGE 8**

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File photo by Ricky Scuderi | Argonaut Cayle Turpen jogs alongside the Old Arboretum during practice in September. Turpen was one of six runners to compete in the Inland Northwest Championships.

Ending on a high note

Vandal cross country completes regular season

Stephan Wiebe Argonaut

Competing more than 2,000 miles apart this weekend, the split Vandal cross country teams yielded fast individual times in the NCAA Pre-Nationals and at the Inland Northwest Championships Saturday.

Idaho senior Barry Britt and junior Hannah Kiser finished eighth in their respective races at the NCAA Division I Pre-Nationals in Louisville, Ky., while junior Alycia Butterworth finished 51st.

Britt's 24:28.3 minute eighth place finish came among 278 competitors in the men's 8-kilometer unseeded race.

Kiser's 21:29.2 eighth place finish and Butterworth's 22:17.7 51st place finish came among 243 runners in the women's 6-kilometer unseeded race. The Vandal runners competed in the unseeded race — which was slightly less competitive than the seeded race — because they did not compete with full teams.

The Vandals dominated the field and got a glimpse

of the competition and course they will run if they make it to the NCAA Cross Country Championships in November.

While Britt, Kiser and Butterworth ran in Kentucky, the rest of the Vandals competed in the Inland Northwest Championships in Lewiston. The Vandals finished fourth on the women's side with 110 points and seventh on the men's side with 196, despite competing without their best runners.

The Vandals didn't lose to teams short on talent — the women's race was won by Gonzaga, the 13th ranked team in the West region with 37 points and the men's race was won by No. 7 ranked Washington State with 24.

Junior Emily Paradis was the top Vandal finisher on the women's side, completing the five kilometer course in 18:14 for a seventh place finish. Freshman Halie Raudenbush crossed second for Idaho and 19th overall in 18:44, right ahead of junior teammate Holly Stanton in 20th (18:48). Freshman Abby Larson at 29th and

Alex Sciocchetti at 51st rounded out the scoring for the Vandal women.

On the men's side, senior Jeff Osborn led the way for Idaho with a 23rd place finish in 25:55. Freshman Santos Vargas followed in 26:02 at 26th overall. Sophomore Cayle Turpen (44nd) and freshmen Kasey Hattrup (48th) and Tyler Jaszkowiak (55st) completed the scoring for the Vandal men in Britt's absence. Several teams on both sides competed without full squads and did not factor into the scoring.

The Vandals showed their depth as young runners stepped up for both the women's and men's teams while their best runners were competing in pre-nationals.

The next two weeks will be devoted to preparing for the WAC Championships in Ruston, La., October 27 where the women will go for a "three-peat" and the men hope to expand on their third place finish from last year.

Stephan Wiebe can be reached at arg-sports@uidaho.edu

WAC Round-up











Sean Kramer Argonaut

Texas A&M 59 La. Tech 57

Dreams of the BCS might have been crushed in Shreve-port, La., last night, but the legend of Sonny Dykes' Bulldogs still grew. In their home away from home, La. Tech stumbled out of the gate, spotting Texas A&M a 27-0 lead midway through the second quarter.

It was a botched extra point after scoring its second touchdown that ultimately doomed La. Tech. Texas A&M blocked the extra point and returned it the length of the field for a two point conversion, making the score 36-13 instead of 34-14. Down eight, La. Tech quarterback Colby Cameron hit Ray Holley for the 13-yard touchdown to cut the lead to 59-57. The ensuing two-point conversion attempt failed and Texas A&M snuck away with the victory.

Utah State 49 San Jose State 27

It might be sad that one of the most anticipated games in the WAC is a preview of next year's Mountain West. Both teams played the part of teams belonging in the Mountain West.

Utah State jumped out to a 28-3 lead only to watch San Jose cut it to 28-20 going into halftime.

The Aggies took the reigns of the game after running back Kerwynn Williams took the ball 86 yards to put the Aggies up 15, a lead the Aggies would never look back from. Both Utah State and San Jose State still figure to finish within the top three in the WAC, though it's Utah State that could end up with double digit wins and the WAC championship at the end of the season.

Rice 34 UTSA 14

Maybe Texas- San Antonio isn't that for real. Two weeks after its first ever win over FBS competition at New Mexico State, UTSA did a complete 180, getting blown out by Conference-USA bottom feeder Rice.

The game was never in question. Rice had twice as many first downs, twice as many total offensive yards, and jumped to a 27-3 lead before spotting UTSA its first touchdown late in the third quarter.

It won't get any easier from here for Larry Coker's crew.

San Jose State, Utah State and La. Tech will test just how much of a contender the Roadrunners really are in the WAC.

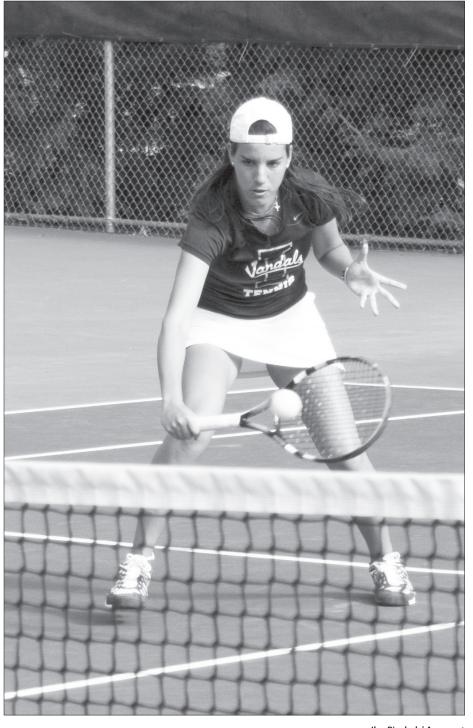
> Sean Kramer can be reached at arg-sports@uidaho.edu







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Ilya Pinchuk | Argonaut

Almudena Sanz volleys a return at the Memorial Gym tennis courts last spring. Sanz and two teammates competed in the ITA Regionals last week in Las Vegas.

Mixed luck in Vegas

Charles Crowley Argonaut

Las Vegas is typically a place to win big, or lose big, but the Vandal women's tennis team found a middle ground putting up mixed results with some big wins in the lower rounds in addition to some tough losses.

Only juniors Almudena Sanz and Vicky Lozano and freshman Rita Bermudez were able to travel. Though they didn't win any flights, they had some impressive wins in the early rounds, including a surprise run in singles by Sanz.

Bermudez and Lozano both lost tough first round singles matches, dropping out in the Round of 128. Sanz would not fall so easy though. She made it through three rounds, defeating Utah's top player, Elena Najera 6-4, 6-4 along the way. Sanz didn't lose until she met the No. 2 seed in the tournament, Aleksandra Josifoska from UNLV, in the Round of 16. Josifoska went on to win the tournament.

Bermudez lost in the main draw but dominated a UNLV opponent 6-1, 6-1 in the first round of consolation play. She said she felt pretty confident coming in and it was a good match.

Bermudez said there were some strong players there but Idaho also didn't play how they should in some of the matches.

"It was definitely a different environment to play in with the weather and the courts but there was definitely some competition up there," Bermudez said.

Sanz and Lozano didn't let the environment affect them too much when they paired up and put together some solid wins at doubles.

Lozano and Sanz beat doubles pairings from New Mexico, UNLV, and Wyoming to advance to the quarterfinals before falling to a UNLV pairing who then lost in the semi-finals.

played They some top-level opponents, but Lozano said the UNLV pairing that eliminated them was a really good

"They aren't unbeatable but I think we have to work on patience and intelligence on the court," Lozano said.

She said they were confident and were attacking the ball at the net and communicating during their matches and that they lost the last match due to being too passive and not attacking the ball.

Lozano said her obstacles in singles are a bit different than in doubles. In singles, Lozano said she needs to work on being more concentrated from the beginning of the match and not feel so nervous. She said practice matches with her teammates will help this tremendously.

Regionals is an important fall tournament but the main goal of the fall season is to prepare for the spring season when team competition begins and the Vandals strive to be WAC champions.

The Vandals will get two more chances to scope out the competition and prepare for the important spring season. Oct. 19-21 they head to the University of Portland Invite in Eugene, Oregon and Nov. 2-4, the Vandals will wrap up their fall season with the Houston Cougar Classic.

> Charles Crowley can be reached at arg-sports@uidaho.edu



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Chelsea Small lines up a shot against Utah State Sunday afternoon. Small scored the only goal of the game, which ended in a 3-1 Vandal loss. The team will travel to Ruston La., Oct. 21 to face La. Tech at 11 a.m.

Soccer slips

Madison McCord Argonaut

Hope looked to be on the horizon for the Idaho soccer team, and then the mirage disappeared in the form of a 3-1 loss Sunday against Utah State.

The Vandals (4-12-1, 1-3-1) had multiple opportunities to strike against the Aggies (9-2-6, 4-0-2), including 12 total shots, six of which were on goal. Only a Chelsea Small 81st minute goal found the back of the net for Idaho.

We were doing well to create opportunities, but we didn't get enough people in the box," Idaho coach Pete Showler said. "In the second half, we did a fantastic job of that and when that happens we've got to finish off those opportunities."

The goal, Small's sixth of the season, came when the Vandals were down 2-0 to the Aggies with only nine minutes left to bring Idaho back within striking range. The Aggies followed up the Small 25-yard strike with an 87th minute goal via forward Mari Miyashiro to give Utah State back their two-goal advantage.

The first half started like Thursday's 2-0 victory against San Jose State ended, with the Vandals getting opportunities to jump on the Aggies before allowing a 35th minute goal to substitute Jade Tarver. Tarver took a long cross and put it under Idaho goalkeeper Liz Boyden to make the score line 1-0, the same score that held going into halftime.

"We executed the game plan and worked our socks off," Showler said. "We pressured them high, got them to turn the ball over, and they were on their heels a little bit. They're very well-organized, very well-coached."

Tarver also notched an assist on the afternoon when she fed Ambryn McCallson,

who finished past Boyden to make it 2-0.

The loss drops the Vandals to eighth place in the WAC standings with three matches to play before the WAC Tournament. The tournament, which takes place Nov. 1-4 in Logan, Utah, takes the WAC's top six teams, which means that the Vandals have some work to do to get into the postseason

Idaho will next travel to Ruston, La., to face La. Tech 11 a.m. Sunday, Oct. 21. The Bulldogs (12-1-3, 3-0-1) currently sit in second place in the WAC.

"We have to go to La. Tech and we have to get a win, there's no two ways about it," Showler said. "We're expecting a really tough game and they're riding high right now, so it's no easy game.'

> Madison McCord can be reached at arg-sports@uidaho.edu

The Irish are coming

The BCS rankings finally came out Sunday and after a week long

of ramblings that Alabama might take a serious hit, they didn't.

While Alabama has been as dominant this year as the same team who won the Na-

tional Championship last year, the BCS takes every factor into account, and when it comes to strength of schedule, Alabama has been a borderline dud.

It's not all 'Bama's fault. Who would have thought going into the season that victories over Arkansas and Michigan would mean so little? Coming into the season, the two were top 25's and Michigan should have had made a run for the top.

Instead, both teams have significantly underachieved, and with them went any victories of worth for the Crimson Tide, but the streak of victories and the magnitude of the victories keep them at the top.

The time is coming when Alabama is going to rack up those victories that prove they deserve another shot at being national champions, and that time comes at the end of October when they host Mississippi State, head to LSU a week later and then host Texas A&M.

Three dominant victories for the Crimson Tide will all but seal it for another year, but by the time they get a chance, most teams will have already been playing the heart of their schedule for the better part of a month.

Sometimes being the

best doesn't mean you should just be rewarded though Alabama

for it, seems to be getting that treatment right now. fact,

team that probably deserves to be number one, regardless if they are the most talented

on the field, may very well be Notre Dame.

While Alabama was steamrolling Missouri on Saturday, the Irish were being taken to the limit by No. 17 Stanford, and only with a goal line stop in overtime did the Irish stay undefeated and prove it's time to give them consideration.

With their victory over Stanford, the Irish now have three victories over top 25 opponents, including the same Michigan team Alabama has as one of their two top 25 victories. They also had an impressive victory over Michigan State the week before.

It has only just begun for the Irish. After playing BYU this weekend, they head to Oklahoma to compete with the No. 9 Sooners and end their year at archrival, No. 10 USC.

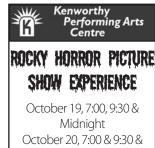
As an independent program, Notre Dame has a lot more flexibility than their competition, but considering they handle it the right way gives the Irish a chance this year at seeing themselves in the National Championship game.

It won't be easy, and even if they win out there are no guarantees - if Alabama does happen to falter once along the road, chances are they will still be brought back. That's not to mention both Oregon and Florida also look like major contenders this year.

A gutsy win like the Irish had on Saturday goes a long way in showing the makeup of that squad, and if at the end of the year they are undefeated, why shouldn't they get a shot?

The computers have them at No. 5, and with strength of schedule, the number should only rise. Then a team like Alabama, whose strength of schedule rested on the low side, can get a wakeup call.

Jacob Dyer can be reached at arg-sports@uidaho.edu



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Midnight

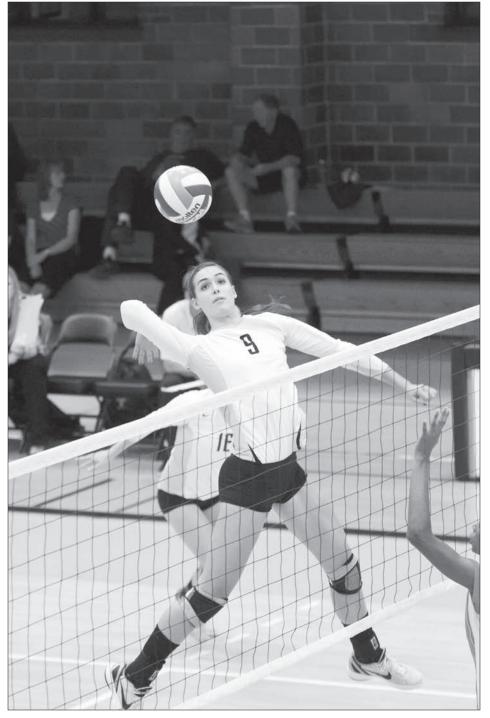


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File photo by Jesse Hart | Argonaut

Middle blocker Alex Sele prepares to spike the ball against UTSA Sept. 29 in Memorial Gym.

SECOND HALF

finish this season and will have the advantage of playing five of their last nine matches at home. The WAC Tournament will begin on Nov. 18 in San Antonio.

The Vandals started the road trip with a 3-1 win over Texas-Arlington on Thursday, a win that included Idaho's largest margin of victory of the season — a 25-9 first set win. The Vandals followed that up with another win the next night with a 3-0 victory over La. Tech. The Lady Techsters have yet to win a conference match this season.

Allison (Walker) Baker continued to be a force for the Vandals and has now had double-digit kills in 35 straight matches. Offensively, the Vandals have been getting everyone involved with a balanced attack.

The Vandals will now come back home for a couple of matches, starting with Utah State on Thursday and San Jose State on Saturday. The Aggies are currently sitting atop the WAC standings with a 8-1 WAC record. Their one loss came to Idaho early

in the season when the Vandals swept the Aggies in Logan.

"We have to play our game," Buchanan said. "They run a faster offense that some of the teams we play, but in some ways they're kind of a clone of what we do from a defensive standpoint, so I think there's some comfort there.

On Saturday, the Vandals will attempt to avenge a loss when San Jose State comes to town. The Spartans swept the Vandals in San Jose. Last season the two teams split the season series and the Vandals will try to make that happen again. San Jose State enters the week in seventh place in the WAC

"It's one game at a time," Buchanan said. "We're not even looking to the end of the conference. We're just talking about the things that we are doing now that will help us when in the end when we get there, but right now we have to focus on one game at a time."

> Kevin Bingaman can be reached at arg-sports@uidaho.edu

Team: F

Offense: C

Quarterback: C Running backs: C Offensive line: C Wide receivers: C Tight Ends: C

Defense: F

Defensive Line: F Linebackers: D Secondary: C

Special Teams: D

Trey Farquhar: D Bobby Cowan: A

REPORT CARD

FROM PAGE 5

yards-per-carry. But of course, playing the entire game from behind took the luxury of being able to consistently run the ball away from Idaho.

Defense

Idaho's inability to put everything together offensively had a lot to do with what Texas State did offensively abuse the Idaho defense. The Vandals didn't seem adequately prepared for Texas State's spread-option attack, giving up 337 rushing yards to the home team.

Bobcat quarterback Shaun Rutherford ran the offense with efficiency, missing on only five throws en route to 182 passing yards and 85 rushing yards. Idaho's defensive line couldn't get the interior push to bother Rutherford and rush his decision making, while the speed in the back seven wasn't good enough Saturday to prevent Texas State from getting the edge on runs.

The dominating time of possession wore down the Idaho defense, which gave up 24 of the 38 Texas State points in the second half.

Special Teams

Return Game: The return game hasn't showed up all season, so we're dropping them from the class roster.

Trey Farquhar missed his one and only field goal attempt from 53 yards out in the first quarter that could have made the game 7-3. It was Farquhar's first miss of the season from over 50-yards. That was pretty much an omen for how the rest of the game went.

Bobby Cowan punted really well. We wouldn't expect anything less.

As for the return game, we'll have to go see who's on the wait list.

> Sean Kramer can be reached at arg-sports@uidaho.edu

> > both finished eighth

ATHLETES

Hannah Kiser/Barry **Britt-Cross country**



Kiser, Britt and Alycia Butterworth represented Idaho at the NCAA Pre-Nationals meet in Lousville, Ky. Kiser and Britt



in their respective "Black" races. Kiser, a junior, completed the six-kilometer course in 21:29.2, 26 seconds behind first-place finisher Kayla Lampe

from South Carolina. In the men's race, Britt finished the 8K course in 24:28.3, 36 seconds behind the champion, Joseph Chebet of Western

Kentucky.

TEXAS

"I think it was a game of opportunity that we had plenty of, it was a one score game for a long, long period of time and that tells me we had opportunities in all three phases of the game," Akey said.

The teams exchanged punts before Rutherford led another Bobcat drive, which would last eight and a half minutes before the Bay City, Texas, native called an option keeper and ran into the end zone untouched.

Dominique Blackman and the Vandal

offense did little right Saturday afternoon, but they caught a break midway through the second when Blackman heaved a deep pass to an athletic Jahrie Level, who pulled it down over cornerback Craig Mager.

The pass accounted for 38 of Blackman's 161 yards on the game and set the Vandals up on the Bobcat 32-yard line. A 21-yard run from Ryan Bass followed and promptly moved the offense to the 3-yard line, where power back James Baker took it into the end zone for his first touchdown as a Vandal.

Akey praised the play of his JC trans-

fer running back.

"James was someone that we recognized yesterday as a guy that made a lot of positive things throughout the course of the game, he's going to continue to contribute for us," Akey said.

Idaho's only touchdown cut the deficit to seven points, but Texas State reeled off 24 consecutive points. The option continued to thrive throughout the second half as all three of the Bobcats' second half scores came on the ground.

Eight Texas State players rushed for 339 yards and four touchdowns while the Bobcats racked up 519 yards of total

offense. With Blackman throwing just 15 of 28 for 161 yards, the Idaho offense failed to exceed 350 yards of offense for the fourth time this season. Five players combined for 129 rushing yards.

Idaho faces a more than daunting test in Ruston Saturday. The Bulldogs, who were ranked No. 23 in the nation prior to their loss against the SEC Aggies, are still receiving Top 25 votes.

> Theo Lawson can be reached at arg-sports@uidaho.edu





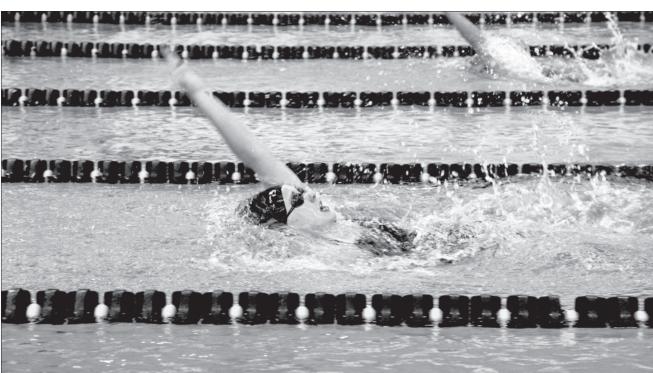
third leg of the victorious 400-yard freestyle relay.

Freshman Stacy Janelle, junior Sammi Mischkot and senior Kelsie Saxe also had individual victories for the Vandals on a night where Seattle U only won two of 16 events.

The Vandals travel to Colorado Springs Friday Nov. 2 to take on Air Force Academy.

"Overall, I like our intensity and our focus," Sowa said. "That's a good thing and that should carry over into our next couple weeks of training."

> Stephan Wiebe can be reached at arg-sports@uidaho.edu



Steven Devine | Argonaut

Sammi Mischkot competes in a backstroke event Saturday against Seattle U. Mischkot was a second-place finisher in the 100-yard backstroke race.

OPINION



Read Our View on Idaho's resolutions and propositions in Friday's edition of The Argonaut.

@ArgOpinion

OUR VIEW

Every election matters

Every four years during election season, the spotlight shines on the presidential campaigns. After all, it's a race to determine the next leader of our country in which highprofile candidates sometimes shamelessly do whatever it takes to win.

The recent presidential debate sparked an argument about whether Gov. Mitt Romney or President Barack Obama had won. Hours were spent dissecting each candidate's answers and body language, and how the outcome of the debate influenced voters.

It's important to understand each presidential candidate's platform to make an educated decision, and the importance of the 57th presidential election shouldn't be downplayed. But remember the other issues at stake when you mark your ballot Nov. 6.

Resolutions affecting agriculture, animal rights and wildlife, taxes and crime are all on the ballot for Idaho voters this year. Proposition 1, 2 and 3 affect education, including performance-based pay for teachers and state funding to provide laptops for high school students. There are also statewide elections for representative and senator positions as well as local elections for county seats.

Information about the presidential election is readily available through nationally televised debates, social media and candidate websites. It may take a little more effort to be well versed in state issues, but they have a direct impact on your life.

The Idaho Secretary of State website has information on proposed constitutional amendments and initiatives, and a 2012 voters' pamphlet that includes arguments for and against each issue on the ballot. After you watch the presidential debate tonight, take a few minutes to read about each resolution and proposition so you understand what's going on at the state and national level.

National presidential campaigns may be more glamorous, but in order to be successful, democracy must start at the most basic level. It's important to vote, especially in a society that accuses our generation of being apathetic. If we truly want to have an impact on our country, we have to care about the futures of our communities and

Every vote matters, and so does every election.

OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

Jurassic 5

Starting my week of just right with High Fidelity. "And together we ... will forever be ... high fidelity. Definitely. Switchin' the melody. Can't it be? The brothers that you rarely see. That got together for the better, whether it be him or me."

-Molly

Dukes up

Russell Wilson is one win away from winning over the heart of a city. Thursday night, Russ, Beast Mode and the Legion of Doom against the San Francisco 49ers. -Sean

My dear Madison

Congratulations on your new position. I have never seen a face more suited for radio than yours.

Halloween Katniss Everdeen

Do you know how hard it is to find a bow and arrow for under \$10 these days? —Lindsey

OTC?

Ain't nobody got time for

-Amrah

—Elisa

Up and up

"Defying Gravity" will be stuck in my head for the next few weeks. Completely worth the 50 bucks and the drive to Seattle to see "Wicked."

-Philip

No bueno

The worst way to end a perfect weekend? Sick.

-Kaitlyn

You say it's a fluke?

The fluke is the most common fish in the sea. –Madison

Hootenanny

Great breakfast food, or greatest breakfast food?

—Kasen

So excited

Macklemore. Need I say more?

-Katy

GOBama

I'm excited to see President Barack Obama come back swinging in tonight's presidential town hall debate.

—Britt

Gilbert K. Chesterton

"When it rains on your parade, look up rather than down. Without the rain, there would be no rainbow."

-Chloe

Words of wisdom

"Try to be like the turtle – at ease in your own shell." —Bill Copeland

—Theo

⋈ Mail Box

with values I would like to respond to the use of the term "forcible rape"

Match language

in Friday's issue of The Argonaut in the In Brief article. The article describes the arrest and subsequent charging of a former UI student with what The Argonaut refers to as "forcible rape," which occurred Oct. 7.

Let's be very clear. All rapes are forcible. By including the word "forcible," it implies there are "forcible rapes" and "unforced rapes." That is just not true. One in 4 women and 1 in 6 men between the ages of 18 and 24 are victims of sexual assault. So when The Argonaut uses terminology which implies that not all sexual assaults are violent crimes, perhaps the authors and editors of The Argonaut should stop to think about how that might affect their readers.

The stigma surrounding rape at the University of Idaho and many other college campuses is not only promoted by those who commit sexual assault. It is also a product of the language used by the community. Using "rape" and "sexual assault" in casual terms makes the real crimes seem less serious. If you sit in the hallways between classes, I can guarantee you'll hear someone say, "I just got raped by that test," or something to that effect. That type of language is unacceptable. I reiterate: That language is unacceptable. What happens when your sister, your brother, your cousin or your best friend is sexually assaulted? Then is rape something to joke about?

It is inappropriate for students or faculty to use that language on campus. It is also unacceptable to have the student newspaper, an organization that in many ways is meant to represent the values of the university, to use language that indicates that sexual assault can be anything other than a violent, forcible act. — Kellie Koester

ROMNEY

UI junior



Check out Brian Marceau's political coverage of tonight's debate in Friday's edition of The Argonaut.







Busting booze my

Oct. 15 kicks off National level content after they have Alcohol GUEST VOICE

Collegiate Awareness Week, and with Halloween parties just around the corner, many of you will be faced with the decision of whether or not to drink. Knowing the facts about alcohol is one of the best ways to

protect yourself from danger and keep yourself safe during the Halloween season. Below are a few common alcohol myths that seem to continue to circulate no matter how many times they are busted.

Myth #1: Sucking on a penny will trick a Breathalyzer

Despite being proven false multiple times by the television show Mythbusters, Snopes.com, Yahoo! Health and many others, people will still try anything to fool a Breathalyzer. The idea behind this urban legend is that sucking on a copper penny before blowing into a Breathalyzer creates some kind of chemical reaction with the alcohol on your breath and can alter the reading.

A Breathalyzer works by measuring the person's blood alcohol blown into the machine. It samples the air blown from deep in your lungs and provides a reading. There are many other variations of this myth including eating garlic, curry powder and even chewing vitamin C tablets. Most of these will give you bad

breath, but they won't hide how much you have had to drink.

Michelle Finley

Myth #2: "Liquor before beer, you're in the clear. Beer before liquor, never been sicker."

This myth stems from the assumption that your body can more easily metabolize weaker alcoholic drinks such as beer, and therefore it is better to end the night by drinking weaker drinks instead of taking another shot. The truth is it doesn't matter what you drink. What does matter is how much you are consuming. Each drink, be it a beer, a shot, a glass of wine or even a margarita bigger than your head, all have different amounts of alcohol in them. If you really want to prevent getting sick, know your limits and be aware of just how much you are consuming.

Myth #3: Eating bread while drunk will absorb the alcohol and prevent a hangover

Food should be eaten prior to drinking to help prevent a hangover and to slow the absorption of alcohol into the blood stream. Once alcohol has been consumed and has entered the blood stream, food will not absorb the alcohol.

Myth #4: Someone who has passed out from drinking should just "sleep it off"

This is quite possibly one of the most dangerous myths out there.

Too often, party goers on college campuses are put in a room, away from the party, to sober up after passing out. Many are placed on their side with a bucket beside the bed and left alone for the night. Even after passing out, alcohol is still being absorbed into the blood stream, which can lead to alcohol poisoning and even death.

It is important to know the signs of alcohol poisoning, including irregular breathing, pale or blue colored skin and not being able to wake the person. If you see these signs it is your responsi-

SEE **BOOZE**, PAGE 10

Lovers and friends

Why have I spent so much time pondering the meaning and purpose of sex?

When we use something according to its purpose, we just might find freedom.

An elderly friend of mine grew up knowing only baths for freshening up, so when she was introduced to the concept of a shower she was in for a surprise. As she took her first wash she faced the show-

erhead, uncomfortably getting

hit with water in the face. Her

first experience of a shower left her confused as to why anyone

would enjoy that particular form of cleansing over a conflict-free bath. It was not until she became aware of the guidelines of the showerhead, facing away from it, that she began to enjoy it — it was not until someone offered guidance.

What guidance are we offered in today's world about relationships? I want guidance that will help myself and another person grow closer together. Yet, there are many relationships gone sour due

to lack of communication, disrespect, abuse and contempt. These things can force a couple to quickly grow apart and lose what once brought them together.

If a relationship is not yet developed, why do we jump quickly into sex before considering the nuts and bolts of a good relationship? When sex is introduced after a strong relationship is built, the experience of sex just might produce better results in the end.

Are there guidelines to follow in relationships, certain characteristics that help discern when you've found the real deal? What

Lovers Quiz

Relationships take work, patience

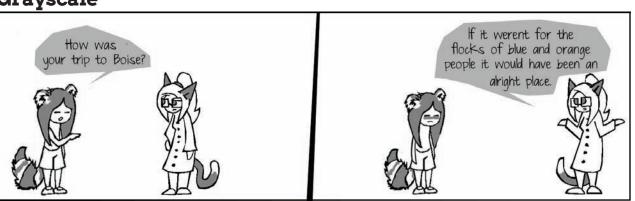
To take the online quiz, visit us at uiargonaut. com/category/opinion for a quiz to better understand your relationship.

Take the online quiz to find some guidelines. Is your relationship strong? Is it ready for sex? Find out.

makes a strong relationship? Casey Dail can be reached at arg-opinion@uidaho.edu

COMIC CORNER

Grayscale

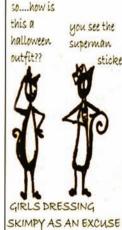


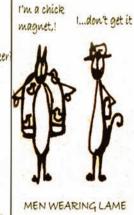
Erica Larson | Argonaut

Na...gives

Kat







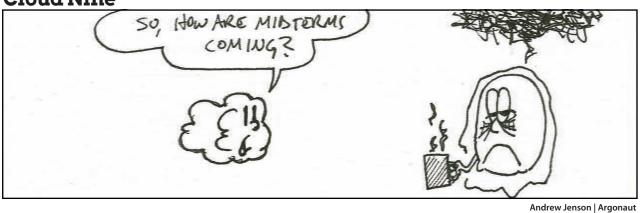
PICK UP OUTFITS





Erin Dawson | Argonaut

Cloud Nine







BOOZE

bility to call 911 immediately.

All myths aside, the best thing to remember is to be safe when drinking. Know your limits and never be afraid or embarrassed to say, "no, thanks." If you do plan on drinking, appoint someone as the designated driver, or plan on calling a cab. And most importantly, if you ever see anyone with any signs of alcohol poisoning, call 911 immediately — you may just save someone's life. Be responsible drinkers and stay safe this Halloween. Michelle Finley is an intern at the Student Health Center.

Attention Greeks.

Have initiation coming up?

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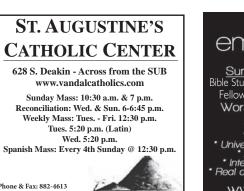
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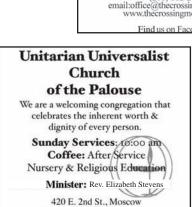












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