

# THE ARGONAUT

THE VANDAL VOICE SINCE 1898

uiargonaut.com

Wednesday, January 23, 2013

## FRIDAY FRAMEWORK FIXATIONS



Amrah Canul | Argonaut

College of Art and Architecture professor David Giese straightens a frame Friday at Ridenbaugh Hall for the Undergraduate Juried Exhibition reception. The exhibition continues through Jan. 27.

## ASUI aims

Spring goals include fund increases, event attendance, voter contribution

Michelle Gregg  
Argonaut

With the spring semester underway, ASUI is looking for ways to improve the University of Idaho for its student body, ASUI President Hannah Davis said.

ASUI goals for spring 2013 include increasing funding for UI and higher education at the Legislative Breakfast Jan. 23 in Boise, improving Greek and Residence Hall student attendance for ASUI events and increasing voter contribution during ASUI spring elections.

Davis said their first goal is one of the biggest affairs all year, when 38 students travel down to Boise Jan. 22-24 for the Legislative Breakfast.

"Wednesday is UI's higher education day at the capitol in Boise, where President Duane Nellis gives a presentation," Davis said. "Afterward, students will be meeting with local representatives and state senators, telling them why they chose UI, the scholarships they received, how funding is important for future students and why the state should continue its funding to UI, and higher education in general."

Davis said their three main lobbying points include a change in employee compensation, a modification to Idaho Law School's third-year program in Boise to involve second-year law students and an increase in the amount of available openings for University of Washington's School of Medicine's regional education program from 20 to 25 because UI is a member of the program.

"The part that affects undergrad the most is changing the employee compensation, because we want to reward the professors and instructors who are doing a good job so they'll stay at UI," Davis said. "We have been working on the CEC project for months. It has been a big student-run project, with a lot of collaboration with the alumni office and President Nellis — it has been really cool."

ASUI Vice President Nick Tunison also emphasized the significance of the Legislative Breakfast.

SEE ASUI, PAGE 4

## Two Vandals die during weekend

Staff Report  
Argonaut

Two University of Idaho students died, one on Jan. 19 and one on Jan. 21.

Jan. 19, an 18-year-old freshman committed suicide in his dorm room in the Wallace Residence Center.

Jan. 21, Joseph Wiederrick, 18, went missing and his body was later found by the Latah County Search and Rescue team around 4 p.m. that afternoon.

"The university community is deeply saddened by these two tragedies," said Bruce Pitman, dean of students. "We have been very diligent to support those who are grieving and make sure support services are available."

Pitman said he encourages students to talk to someone if they need to, whether that is coming into the dean of students office or visiting the counseling center.

He said UI is mindful that these events are two different situations.

SEE VANDALS, PAGE 4

## Registration restrictions

Shorter deadline requires permission, fee to add new classes

Erik Fink  
Argonaut

Last semester, the date for adding and dropping classes at the University of Idaho was bumped back from three weeks to one week after the start of classes.

Heather Chermak, associate registrar, said the overall registration deadline remains two weeks after classes begin, Jan. 23. The new deadline, Jan. 16, requires instructor permission to add a new class. Chermak said the adjustment was to create fewer deadlines for students to remember.

"We wanted to align those deadlines so students could solidify their class schedules," Chermak said.

Chermak said a big change that has received good feedback is the fact that now students can perform all the add/drop procedures on VandalWeb instead of having to use paper forms, although this is only until the first Jan. 16 deadline. After then, changes have to be submitted manually. She said this especially benefits students who take classes through UI, but are not actually in Moscow.

"Paper forms aren't very user friendly for distant students," Chermak said.

Josh Amundsen is a UI senior education major who said the shorter deadline seems to make things harder. He said the biggest thing for him is money, specifically with classes that have extra fees.

"One example is art," Amundsen said. "There are extra fees for taking that class, and if you drop past the date, you won't get that extra fee back."

Amundsen said he understands how this encourages students to stick with the classes they have originally chosen, but thinks it is too soon.

"When you have a drop date that soon, it's harder for students to assess the courses," Amundsen said.

Amundsen said it is hindering in cases where a student is not sure if a class will fit into their schedule until after the first week of school because of the fee and instructor permission requirement's.

Anton Shapovalov, a graduate student pursuing a master's in chemistry, said he doesn't think the change is in the student's best interest. He said he only sees it as a chance for the university to get more money out of students.

"(To withdraw or add a class after the Jan. 23 deadline.) first you have to pay a \$10 fee, and then you have to write a petition explaining why you want to change classes," Shapovalov said. "I had to go through this process myself."

Shapovalov said this just keeps people in classes even if they do not want to be there.

Erik Fink  
can be reached at  
arg-news@uidaho.edu



Amy Asanuma | Argonaut

University of Idaho students gather in the Office of Multicultural Affairs to view the screening of Martin Luther King Jr.'s speech, "I Have a Dream," Jan. 22 in the Idaho Commons.

## MLK Day: Fifty years later

UI to present one-woman, diversity awareness play

Kaitlyn Krasselt  
Argonaut

University of Idaho students and staff enjoyed a day off from class and work on Monday, but the true reason for the break was to celebrate the work of Martin Luther King Jr. and his followers in the civil rights movement of the 1960s.

Leathia Botello, diversity coordinator for the Office of Multicultural Affairs, said the day is an important reminder for students of King and the civil rights movement.

"In the '60s when all this change was going on ... and there were all these civil rights activities going on and even though he died, he was the face of the civil rights movement and people used him as the rallying point and kept doing work in his name,"

Botello said.

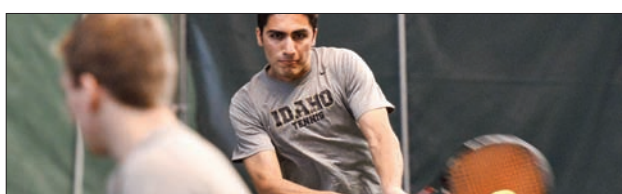
In honor of the holiday, the OMA will host a one-woman play, "The New Faces of America" at 7 p.m. Wednesday in the Student Union Building ballroom.

The play, written by Colin Cox, is a multimedia production featuring seven stories that capture the ideas of diversity and multicultural awareness.

The 65-minute performance will include the stories of a female biracial college student, a southern gay minister, a female Iraq war veteran, a native American teenager, a migrant worker, an Appalachian college student and a deaf African-American.

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### IN THIS ISSUE



Idaho men's tennis swept Eastern Washington Sunday in its season opener.

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Vandals need to take care of Vandals — read Our View.

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CRUMBS

# Coffee cake

**Emily Vaartstra**  
Crumbs

How often do you get bored of eating the same old bowl of cereal each morning before heading off to class because there isn't enough time to make a nice breakfast? This coffee cake recipe is perfect for a weekend breakfast and also works as leftovers for the weekdays. This fluffy cake is best eaten hot with a couple dashes of cream poured over the top.

**Ingredients:**

- 2 cups flour
- 1 cup sugar
- 2 tsp. baking powder
- 1 tsp. baking soda

- 1/2 cup melted margarine
- 2 eggs
- 1 tsp. vanilla extract
- 1 cup plain yogurt
- Brown sugar and chopped pecans for topping

**Directions:**

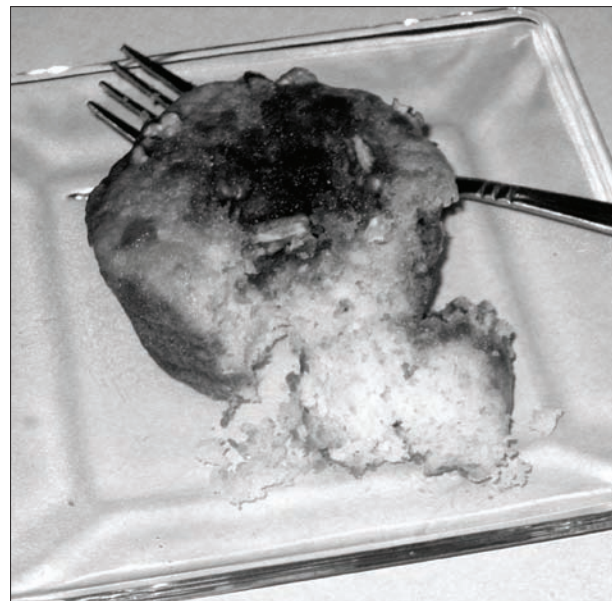
Mix together the flour, sugar, baking powder and baking soda.

Then add the melted butter, eggs, vanilla and yogurt. Mix well.

Spread batter in a greased 9 by 13 pan or into a muffin pan.

Sprinkle the desired amount of brown sugar and pecans over the batter.

Bake in the oven at 350



Emily Vaartstra | Crumbs

degrees for 30 minutes (or 25 minutes if using a muffin pan).

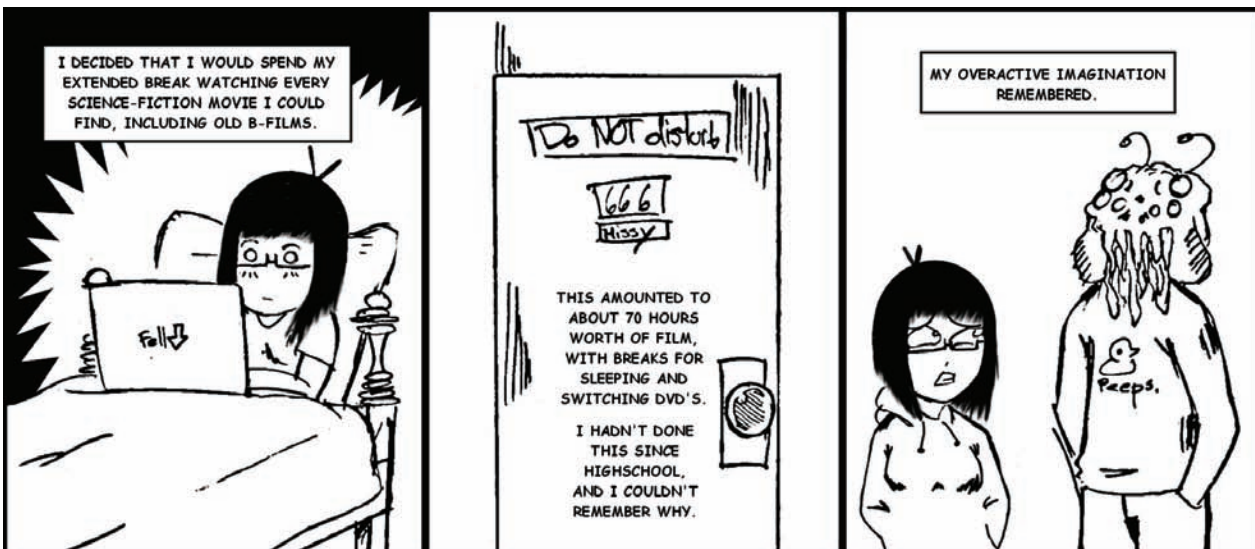
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**High Five**



Shane Wellner | Argonaut

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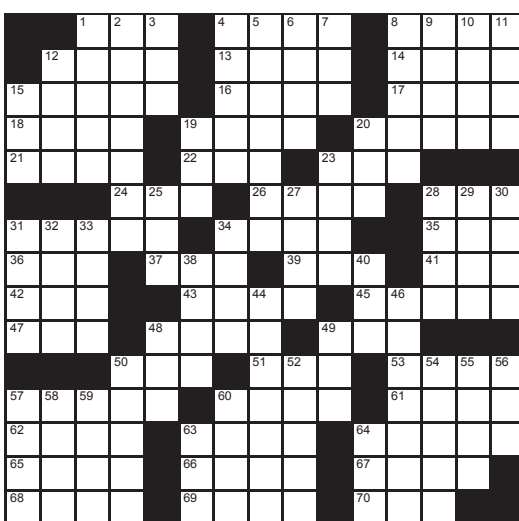
## BOOKPEOPLE

521 S. MAIN ST. 882.BOOX

**CROSSWORD**

**Across**

- 1 Stratego piece
- 4 Horse course
- 8 Roasting rod
- 12 Jai
- 13 Wing (Fr.)
- 14 Secret message
- 15 Squirrel's stash
- 16 Lambs
- 17 Talipot palm leaf
- 18 Kaput
- 19 Salad cheese
- 20 Girder material
- 21 Visored cap
- 22 Sea eagle
- 23 Fruitcake item
- 24 Imitate
- 26 Related
- 28 Tartan cap
- 31 Atacama Desert site
- 34 "You said it, brother!"
- 35 Athos, to Porthos
- 36 Ely of Tarzan fame
- 37 Goat god
- 39 Musical ability
- 41 Thai river
- 42 Suffix with infant
- 43 Crowning
- 45 Should, with "to"
- 47 "Fables in Slang" author
- 48 Barbershop request
- 49 Reef dweller
- 50 Fawn's mother
- 51 Eastern newt
- 53 "Once \_\_\_ a time..."



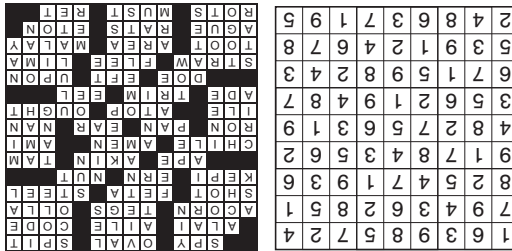
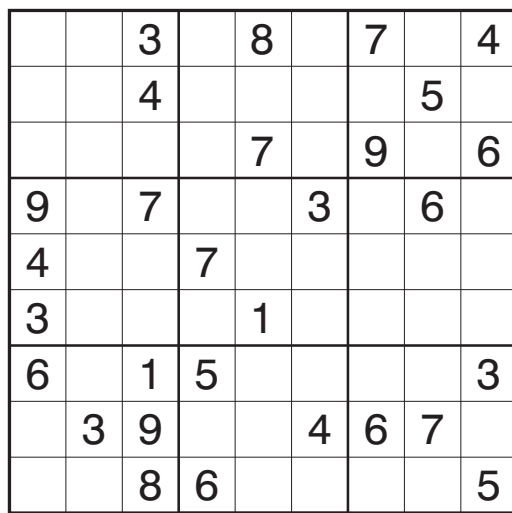
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- 61 City founded by Pizarro
- 62 Tugboat sound
- 63 District
- 64 Archipelago name
- 65 Malarial fever
- 66 Vermin
- 67 English prep school
- 68 Deteriorates
- 69 Requirement
- 70 Soak flax
- 5 Haiphong locale
- 6 Aquatic plant
- 7 Cayes, Haiti
- 8 Sir Walter, for one
- 9 Fishing need
- 10 Inactive
- 11 Freshwater duck
- 12 Distress signal
- 15 Inquire
- 19 Doctor's charge
- 20 Bright star
- 23 Daughter of Ea
- 25 Vigor
- 27 Castle part
- 28 Zingy taste
- 29 Nanjing nanny
- 30 In perfect
- 33 Arrow poison
- 34 Debate side
- 38 Swiss river
- 40 Seafood delicacy
- 44 Egg dishes
- 46 Howl
- 48 Kind of truck
- 49 Riviera season
- 50 Takes out
- 52 Banquet
- 54 Kitchen light
- 55 Gulf sultanate
- 56 Dissenting vote
- 57 Antares, for one
- 58 Like some pizza orders
- 59 Drubbing

**Down**

- 1 Single-master

**SUDOKU**



**Tweet, tweet, tweet**



**Corrections**

Find a mistake? Send an email to the editor.

**UI Student Media Board**

The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office on the SUB third floor.

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The opinion page is reserved as a forum of open thought, debate and expression of free speech regarding topics relevant to the University of Idaho community. Editorials are signed by the initials of the author. Editorials may not necessarily reflect the views of the university or its identities or the other members of the Editorial Board. Members of the Argonaut Editorial Board are Elisa Eiguren, editor-in-chief, Britt Kiser, managing editor, Chloe Rambo, opinion editor, and Kasen Christensen, copy editor.

**Letters Policy**

The Argonaut welcomes letters to the editor about current issues. However, The Argonaut adheres to a strict letter policy:
 

- Letters should be less than 300 words typed.
- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.
- Letters must be signed, include major and provide a current phone number.
- If your letter is in response to a particular article, please list the title and date of the article.
- Send all letters to:
  - 301 Student Union
  - Moscow, ID, 83844-4271
  - or arg-opinion@uidaho.edu

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**FALSE FIRE**



The Moscow Volunteer Fire Department responds to a call concerning the University of Idaho Steam Plant at 8:50 p.m. Monday on Line Street. "A passerby saw steam coming out of a window of the steam plant. They thought it was smoke and reported a fire," said Lt. Dave Lehmitz of the Moscow Police Department. No fire was found at the scene. Philip Vukelich | Argonaut

# Night of kilts, bagpipes, haggis

Moscow Burns Night celebrates Scottish traditions, popular poet

**John Fish**  
Argonaut

Culture, food, music and dance is on the agenda for Moscow's nineteenth annual Burns Night Supper.

Daniel Crandall plays bass drums for the Border Highlanders,

which will be part of the entertainment for the night. His wife plays the bagpipes and two University of Idaho student pipers, Jacob Nelson and Morgan Bingle, will perform at the event as well, Crandall said.

Crandall said the dinner is held in honor of Robert Burns, a popular poet and songwriter from Scotland during the eighteenth century and his work is still contemporary. He said Burns had a

wide following and Burns Night Suppers are celebrated all over the world.

"He is a fascinating guy, and it is hard to know where to begin," Crandall said of Burns.

He said the supper is a celebration of Scotland's favorite son, and it also is a celebration of heritage and Scottish culture.

Crandall said the event is a big deal, as people from Lewiston and Coeur d'Alene make the

trip to Moscow every year since 1994, when the event was first hosted in Moscow.

Burns Night Supper will take place at 6 p.m. Feb. 2 at the 1912 Center. The supper is \$10. Tickets are expected to go quickly because capacity for the 1912 Center is 100 people, Crandall said.

Before the supper, which is a potluck featuring haggis — a traditional Scottish food — there is a scotch tasting starting at 4:30 p.m.

**More info**

Tickets can be purchased at [www.burnsnightmoscow.org](http://www.burnsnightmoscow.org). Tickets are \$10.

Crandall said that the event is casual, but traditional Scottish garb is encouraged.

*John Fish can be reached at [arg-news@uidaho.edu](mailto:arg-news@uidaho.edu)*

## Solving healthcare change myths

Law makers work to clarify facts, misunderstandings concerning state-run healthcare change

**Emily Johnson**  
Argonaut

In the 2013 Legislative Session, lawmakers are hoping to dispel the insurance exchange myths and bring to light the facts of the state-run program.

Sen. Dan Schmidt of Latah and Benewah County said the United States spends more than one and a half times on insurance than the next country, which is Switzerland.

Schmidt said, for a country that spends so much on healthcare, it is not as healthy as someone would think.

"We spend a ton of money on healthcare in this country, and we don't get much for it," Schmidt said, "We are not healthier than Switzerland."

Schmidt said people should be discussing the health insurance exchange.

"We have a problem with healthcare, and we need to be talking about it and addressing it," Schmidt said, "And I don't think the reforms that have been recommended are going to make most people's lives miserable."

Schmidt said the government will have to do some things differently. "The healthcare industry is going to be changed. It's got to be," Schmidt said.

The office of Gov. C.L. "Butch" Otter released a list of myths and facts concerning the health insurance exchange.

Included in this list is the myth that by rejecting a state-run health insurance exchange, Idaho would not be able to take part in any exchange.

According to the governor's office, every state is required to have a health care exchange, it just depends on if the state or federal government will create and manage it.

If states ignored the Patient Protection and Affordable Care Act, the federal government would become more involved in the state affairs by controlling insurance markets. This would cause job loss to the state, giving the federal bureaucracy more power and accepting fees imposed by the federal government for operating costs of a federal exchange, according to the governor's office.

A current proposal is to charge insurance companies a 3.5 percent fee for each policy premium for operating expenses of the new system.

Another common myth is state businesses will have no input if the federal government is allowed to run the exchange.

But, if Idaho took the federal exchange, businesses and consumers wouldn't be able to voice their complaints, make changes or petition the federal government, according to the governor's office. Stakeholders would be able to participate in a state-run exchange, but

**More info**

For more health insurance exchange myths, go to [gov.idaho.gov/HealthCare/PDF/Myth%20and%20Fact.pdf](http://gov.idaho.gov/HealthCare/PDF/Myth%20and%20Fact.pdf)

not in federal.

According to the governor's office, many people believe the state will have no flexibility in the administration of a state-run insurance exchange and that the federal government will remain in control.

The governor's office said the fact is, even with Idaho following rules and regulations set by the federal government, the state has the ability to make certain decisions on the creation and administration of the state-run exchange. This will depend on agencies already in place to continue performing the same functions instead of creating identical federal functions.

Those who are already covered by health insurance, have Medicare, are covered by Medicaid or decide to buy insurance outside of the exchange are not required to participate in healthcare coverage.

The governor's office said another myth is that by the governor supporting a state-run exchange, he also supports the Affordable Care Act.

"The Governor's intention, by supporting a state-run exchange, is to assert our independence and our commitment to self-determination, while fulfilling our responsibility to the rule of law," according to the governor's office.

*Emily Johnson can be reached at [arg-news@uidaho.edu](mailto:arg-news@uidaho.edu)*

## Future of foreign policy

**Allison Griffith**  
Argonaut

The Martin Institute at the University of Idaho is a research and outreach center that aims to understand the causes of war and the necessities for peace on the international scale, said Romuald K. Afatchao, associate director of the Martin Institute and Program in International Studies.

The speaker at this forum, Ambassador Richard LeBaron, is also coming to UI as part of the Visiting Distinguished Practitioners of International Affairs. This means LeBaron will also work with the UI ROTC program, because LeBaron was a military officer, Afatchao said.

He said in addition to the public talk, LeBaron will visit classes and hold office hours for students who wish to know more about different aspects of the international world.

"This is a very good opportunity to interact with

**More info**

The Martin Forum is at 5:30 on Jan. 30 in the Administration Building Auditorium.

someone who has done it all," Afatchao said.

LeBaron has served as a United States diplomat for more than thirty years. His last position at the State Department was coordinator of the Center for Strategic Counterterrorism Communications, and he has also worked in various positions overseas.

Afatchao said the talk will center on U.S. foreign policy for the future, and he hopes in the question-and-answer session after the talk, people will investigate in detail the things that are going on right now from the U.S. standpoint.

He said since Idaho is a state that is separated far away from decision making on international affairs, the Martin Forum is a great way to update UI and the Palouse community.

In the past they have had a good turnout at the forums — from both students and community members, he said.

"I hope students actually appreciate the opportunity, so they can actually get involved with what is going on," Afatchao said.

*Allison Griffith can be reached at [arg-news@uidaho.edu](mailto:arg-news@uidaho.edu)*



## ASUI

FROM PAGE 1

"All of the goals better UI and affect students — but in a good way," Tunison said. "I think as students, we have all had a faculty member or professor that has had a positive impact on us in some way during their college career, and we want to show them that the university is committed to paying them more for their hard work."

Davis said she hopes to get more funding for UI at the Legislative Breakfast, and see the hard work done by the ASUI lobbyist Andrew Blake and students pay off.

ASUI Senate President Pro Tempore Allie Fuller said another one of ASUI's goals is to have the student body attend more events.

"We have had pretty good attendance this year, but we want to keep students coming to all of our spring activities," Fuller said. "A lot of work has been done with our funding board, which helps fund student organizations to make sure they get the resources to keep them running."

## VANDALS

FROM PAGE 1

"In both we feel there were people who tried to be helpful and we want to remind folks in the university community when they see someone in distress that they take action to notify resources and personal who might be able to help," Pitman said.

He said last fall UI started the "I've Got

Fuller also said it is important for students to vote in the upcoming ASUI elections. She said last voting season had less than 10 percent of student participation.

"Since I am in charge of the senate, personally, I want to help the senators have a better grasp of what their jobs are, so they are able to promote ASUI to the student body better, and more people will want to get involved with ASUI," Fuller said.

Along with ASUI's main goals, Davis discussed her personal ambitions for her last semester in office.

"I plan to speak out more in the meetings and committees' that I sit on. I decided I must constantly be in the mindset that every issue can be an issue for someone, even if it's just one student," Davis said. "Just because it isn't an issue for me doesn't mean it's not an issue for someone else. I'm going to make sure I have an opinion on everything that can potentially affect someone, not just me or the people I am close to."

Michelle Gregg can be reached at [arg-news@uidaho.edu](mailto:arg-news@uidaho.edu)

Your Back" campaign to encourage people to take action to help those who need it.

"We want to remind people of that message," Pitman said. "If you have friends who have challenges or perhaps challenges related to these two instances take action to get counseling."

Pitman said information about memorial services for either student is not available at this time, but when it is it will be released.

## MLK

FROM PAGE 1

"It will just challenge what we think about diversity and give us an insight about how their stories connect with us and how even though we're from diverse backgrounds a lot of us have commonalities," Botello said.

Botello said she encourages students to see the play because it will give them an idea of the diversity that surrounds them and help them relate to those that might be different.

Following the production there will be an audience discussion covering the topics of diversity and civil rights. Cox will be in attendance.

Several MLK Day celebrations also took place in Moscow over the weekend, including a breakfast and awards ceremony hosted by the Moscow Human Rights Task Force and a day of service hosted by the ASUI Volunteer Center.

On Tuesday, in honor of the 50th anniversary

of King's "I Have a Dream" speech, the Student Diversity Center showed the original black and white recording of the speech.

"Many of our students have heard it at least once when they were in high school or junior high, but I think it's important to hear again and keep reminding us of where we were 50 years ago and how far we've come and think of all the issues that are going on right now and how far we still have to go," Botello said.

... students need to see how much farther we have to go so they can continue to fight for the rights of others that are going to come after them.

Leathia Botello,  
Diversity Coordinator

Botello said whether the topic is gay marriage or religion or even racial issues ... the ideas of the civil rights movement are still prevalent to today's society.

"So I think that although we have come quite a bit farther since 1963, students need to see how much farther we have to go so they can continue to fight for the rights of others that are going to come after them," Botello said.

Kaitlyn Krasselt  
can be reached at  
[arg-news@uidaho.edu](mailto:arg-news@uidaho.edu)

## Police Log

## Tuesday, Jan. 15

**10:29 a.m.** West Pullman Road, behind Macy's: Caller stated there is a male living in a tent by his well behind Macy's.

**2:57 p.m.** West Pullman Road, Hastings: Caller reported that someone has been selling items to Hastings.

**5:44 p.m.** 800 Blk South Washington St.: Subject was having difficulty opening his garage door.

## Wednesday, Jan. 16

**1:10 a.m.** Idaho Avenue, Phi Kappa Tau: Caller reported that a disorderly subject on drugs drove away in his vehicle.

**7:58 a.m.** West Pullman Road, Howard Hughes: Caller complained about a dog running in and out of traffic.

## Thursday, Jan. 17

**2:04 p.m.** 200 Blk East Morton St.: Report of unattended death.

## Friday, Jan. 18

**2:09 p.m.** Blake Avenue, FarmHouse: Report of vehicle break-in.

**2:26 p.m.** 1100 Blk Blake Ave.: Complaint of vehicle break-in.

**2:29 p.m.** 1100 Blk Blake Ave.: Report of vehicle break-in.

**4:56 p.m.** West Sixth Street & South Jackson Street: Caller reported a person with road rage.

## Saturday, Jan. 19

**9:37 p.m.** East D Street & North Polk Street: Complaint of erratic driver.

**10:09 p.m.** Perimeter Drive & West Pullman Road: Complaint of erratic driver.

## GLASS PIPE COLLABORATION



Steven Devine | Argonaut

Ronnie "Crondo" Chavez holds a deep-sea themed water pipe he made with Warren Nelson and Michael Porter, while attending a screening of the documentary, "Degenerate Art: The Art and Culture of Glass Pipes," Tuesday at the Kenworthy Performance Arts Centre.

**KUOI**  
WE'RE BROADCASTING ALL NIGHT  
89.3 FM | KUOI.ORG

## Argonaut Religion Directory

## Living Faith Fellowship

1035 S. Grand, Pullman, 334-1035  
[www.LivingFaithFellowship.com](http://www.LivingFaithFellowship.com)

Worship Services  
Sundays — 10:30 a.m.  
Wednesdays — 7 p.m.



Campus Christian Fellowship  
Fridays at 7:30 p.m.  
345 SW Kimball

## First Presbyterian Church

405 S. Van Buren Moscow, Idaho  
882-4122 office@fpcmoscow.org  
[www.fpc-moscow.org](http://www.fpc-moscow.org)  
Facebook: MoscowFPC  
Norman Fowler, Pastor

Sunday Contemporary Worship 9:30  
Traditional Worship 11:00

Wednesday Taizé Worship 5:45 pm

Thursday College Group 5:30 pm  
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# SPORTS



The Vandal men ended their four-game drought and beat Texas-Arlington on the road.

## Back on track

**Kevin Bingaman**  
Argonaut

After a disappointing loss to Louisiana Tech, the Vandal women's basketball team recovered with a solid 70-52 victory over Texas-Arlington Saturday night to stay in contention with the top teams in the conference.

It was the first time Idaho (7-11, 4-3 WAC) has ever met UTA (3-14, 1-6 WAC) and the series started in Idaho's favor. The Vandals will try to keep the conference wins coming when they travel to Texas State on Thursday and then Texas-San Antonio on Saturday.

Freshman Connie Ballestero said the team's confidence is growing with every win.

"We know we can compete with anyone in our conference and we can beat anyone," Ballestero said. "Anyone is beatable and we have a good shot at winning a lot of our games coming up."

With the win Idaho stays in a tie for third in the conference, just behind Utah State. Seattle U. is still at the top of the standings at 7-0 in WAC play.

The Vandals went several possessions without knocking a shot down in the first half, but that soon changed. The Vandals caught fire and went on a 20-0 run to take a commanding lead, led by Ballestero's 10 points. During that run the Vandals had eight straight points without a miss and held the Mavericks for almost 10 minutes without a field goal. UTA settled things down and cut the lead down a bit, but still went into the half down 34-21.

Idaho coach Jon Newlee said he liked the way his team performed overall.

"I loved our focus in the first half," Newlee said. "Our shot selection was good, and Connie obviously ignited the fire for us in the first half, along with Alyssa (Charlston) from an offensive standpoint. Defensively, we were doing what we wanted to do, besides the fouls. Both efforts were good."

Idaho started the second half on an 8-0 run to extend the lead, but UTA once again chipped



Steven Devine | Argonaut

Alyssa Charlston squares up to the basket and shoots over UTA's Kelsey Willson during Saturday's game in the Cowan Spectrum. The Vandals won 70-52 and will face Texas State at 4:30 p.m Thursday in San Marcos.

## Athletes of the week

### Kyle Barone



Kyle Barone

Averaging nearly a double-double, Barone's production was noteworthy in Idaho's

Thursday loss at La. Tech, and its third WAC victory Saturday at Texas-Arlington. Barone has double-doubles in six of his last eight games and he could've made that seven of eight, but was three rebounds shy Thursday in Ruston when he scored 19 points and seven rebounds. The Vandals cruised to a much-needed WAC victory Saturday at Texas-Arlington and a career night from the Idaho center was in effect, as Barone grabbed a career-high 18 rebounds, while adding 14 points for yet another double-double.

### Alyssa Charlston



Alyssa Charlston

As was the case with the Vandal men, the Idaho women also had a monkey

to get off their back and though that didn't happen Thursday, Charlston had a double-double that would nearly help Idaho escape the Cowan Spectrum with its first victory over La. Tech in program history. Charlston shot just 4 of 11 on the evening, but the all-WAC junior went 3 of 4 from three-point range and 5 of 7 from the free-throw line, while posting a game-high 16 points. Her nine rebounds were also a team-high. Saturday, the Vandals did break through for their fourth conference victory and Charlston was good for a game-high 20 points. She was 10 of 15 from the floor against the one-win Mavericks.

### Rachel Millet



Rachel Millet

Idaho honored two seniors in the last home meet of the season, a narrow victory

against New Mexico State. It was sophomore Rachel Millet though, that looked to be the most experienced swimmer in the pool Friday evening. Millet tallied three individual wins and anchored a winning relay team, adding to her already successful sophomore season. Millet won her first event, the 200-yard freestyle race, in 1:52.37, three seconds better than the second-place finisher. She then went on to win the 50-yard freestyle, where she finished one second ahead of teammate Megan Venlos. Millet's last individual victory came in the 200-yard backstroke race, where she crushed the field and took home a first-place finish by five seconds. Millet and her teammates cruised in the 400-yard freestyle relay, beating Idaho's second relay team by seven seconds.

SEE ATHLETES, PAGE 8

SEE BACK, PAGE 8



Christina Salvatore

★★★



Ali Forde

★★



Addie Schivo

★★



Alyssa Charlston

★★★★★



Connie Ballestero

★★★★★



Krissy Karr

★★★★



Stacey Barr

★★



Jessica Graham

★

## Seeing stars: Charlston, Ballestero lead scoring charge, while Austgulen and bench players chip in 25 points

### Starters

#### Christina Salvatore

Salvatore had a solid 25 minutes of play and gave Idaho 10 points. Salvatore has hit a 3-pointer every game this season and continued that streak, hitting two in this one. It wasn't her best shooting night, but she was still effective. The freshman continues to be a vital part of the Vandals offense and continues to grow as an overall player.

#### Ali Forde

Forde had a tough night from an offensive stand-

point. She went 0-6 from the field and 0-2 from the free throw line. The bright spot for Forde was on the glass as she came down with eight boards on the night.

She also added four assists. It wasn't a great night out of Forde, but she still contributed, even if the shots weren't falling.



Kevin Bingaman  
Argonaut

#### Addie Schivo

Schivo only had two points on the night, but only took two shots in the game. She's shown flashes of brilliance, especially in her shooting this year, but was quiet against Texas-

Arlington. It was not a bad night for her, but nothing to write home about either.

#### Alyssa Charlston

Charlston continued to show why she's the leader of this team with another outstanding performance. She led all scorers with 20 points and added three boards on the night. She went 10-15 for the field and took it to the Mavericks in the paint all night long. She continues to prove why she was an all-WAC selection last year and a preseason selection this year.

#### Connie Ballestero

The freshman point guard looks more and more comfortable with every game. She put up 13 points, added nine rebounds and had five assists. She was solid in every aspect against the Mavericks and played more than anyone else for Idaho with 32 total minutes. She's another young player that is making this young squad dangerous.

### Bench

#### Krissy Karr

Karr put together a solid night off the bench with six points and two assists. Karr, who has struggled at

times this season, has been looking better in the past couple games and is doing a good job of running the offense when she comes in.

#### Stacey Barr

Barr didn't have her best shooting night, going 2-6 from the field, but never ceases to give effort. Whether it's saving a ball from going out of bounds or taking a charge, Barr makes contributions that don't always show up on the stat sheet. While this wasn't her best night, she still drew attention from the Mavericks.

SEE STARS, PAGE 8

## First home meet a success for track and field

**Stephan Wiebe**  
Argonaut

Competing at home for the first time this indoor season, the Vandals capitalized with nine individual victories and a nationally ranked time in the 800-meter despite holding out several of their athletes for the second consecutive meet. The Idaho indoor track and field teams competed against nine Northwest universities in the Idaho Collegiate I on Saturday.

"It's nice to compete at home," Idaho coach Wayne Phipps said. "It's always

stressful getting the first one organized and everything, but I thought everything went really well."

The highlight of the meet came in the women's 800-meter when Idaho senior Liga Velvere won the race in 2:10.07 posting a NCAA top-10 time in the process. Her time is also currently the best in the WAC. Velvere ran the race with little competition as the second-place finisher crossed more than 15 seconds behind her.

Junior Karlene Hurrel also had an impressive performance for the Vandals returning to the track after missing last year with a

foot injury. She won the women's 60-meter (7.83 seconds) and 200-meter (24.90) in her return.

"It was hard to accept that she couldn't run last year," Phipps said of Hurrel. "She's just worked really, really hard throughout this year and over Christmas break. I was really happy with her today. It's been almost two years since she's put on a uniform for us, so for her to put that on, be as excited as she was today and to compete as well as she did was awesome."

The women's team also had success in the field events. Freshman Jerrica

Hauck set a career-best of 11-3.75 feet to win the women's pole vault. Sophomore Johanna Hockettaller leapt 17-6.25 to win the long jump before adding a second-place finish in the shot put at 46-2.5.

"Our young people continue to improve, continue to perform really well for us," Phipps said.

Back on the men's side, freshman Drew Thompson ran 8.55 to win the men's 60-meter hurdles, while sophomore Matt Sullivan cleared 15-11 (4.85m) to win the pole vault. Senior Jason Lorentz looks to defend his WAC indoor long jump title

this season opening with a winning leap of 22-7.25.

In the throws, junior Kyle Rothwell tossed 59-1.5 in the men's weight throw to win the event. He had a throw of more than 60 feet on the night as well but crossed the foul line in the process.

"We had some great marks, people improved their times," coach Julie Taylor said. "We had some great performances on the field. Kids are continuing to get better and that's what we're all about right now."

Stephan Wiebe can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu)



# Lone star win

**Sean Kramer**  
Argonaut

Idaho's four-game losing streak derived from one thing — being within one-possession coming down the stretch. So the formula for victory was simple enough as the Vandals snapped the losing streak with a 77-64 victory over the Mavericks in Arlington.

Idaho took a double-digit lead late in the second half and continued to buffer the lead, never letting UTA within less than six points. Holding a 12 point lead with 7:51 remaining in the game, the Mavericks went on a 6-0 run over the next minute to cut the lead in half, but Idaho withstood the run with a 5-0 run of its own and never looked back.

"I thought we had a great team effort tonight," Idaho coach Don Verlin said. "We had a number of guys come in and give us some quality, quality minutes tonight. Ev-

erybody that came off the bench was enthusiastic and energetic."

It was a dominant second half for Idaho, which shot 13 of 18 from the field (43 points) while holding UTA to 34 points on 36 shot attempts in the second half.

The win pulls Idaho to 7-9 and 3-4 in conference play on the season, having played and lost to each of the top four teams in the conference. The Vandals will now have four consecutive home games beginning with Texas State and Texas-San Antonio, which are currently dwelling in the cellar of the conference standings. The Vandals will welcome Utah State and San Jose State the following week.

Familiar struggles such as turnover margin and getting significantly less possessions than the opponent still popped up Saturday, but Idaho's 59-percent shooting from the field pulled the

Vandals through.

The disparity in shot attempts gave Kyle Barone a career night in rebounding. He ended the night with 18 boards.

"I thought he rebounded with a purpose and I thought he rebounded with aggression. That was one of our keys going in. We knew we had to rebound the ball at a high level," Verlin said.

A fast start contributed every bit as much to Idaho's victory, never trailing at any point in the game thanks to starting the game on an 18-8 run, capped off with back-to-back Connor Hill 3-point shots. Hill had one of his best games of the season with 19 points on 7-9 shooting, while going 4 of 6 from 3-point land.

"They (UTA) doubled the ball, but we did a nice job of the moving the ball, finding the open guy and making the open shots when we needed

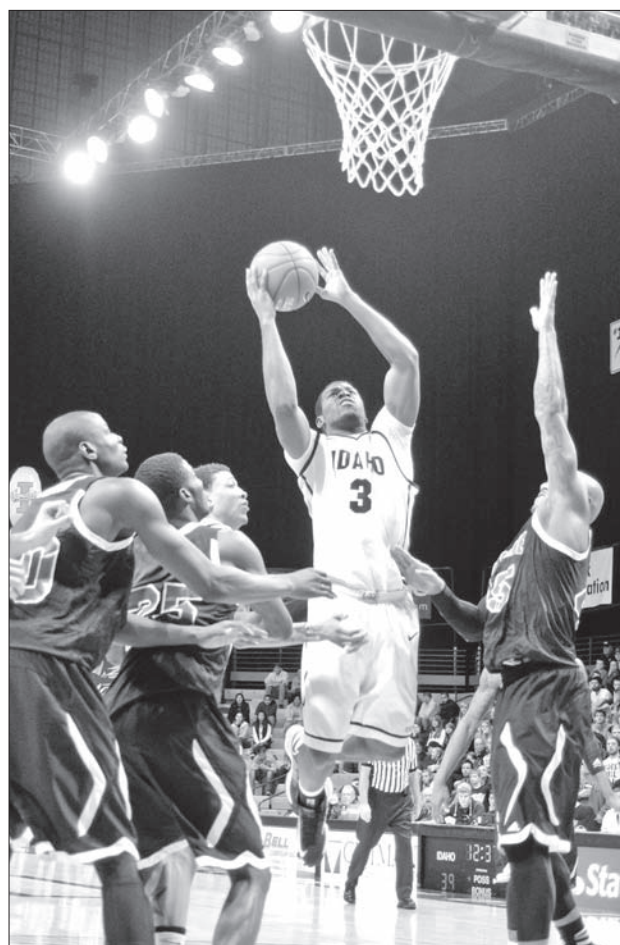
to. We just made a bunch of shots tonight," Verlin said.

Barone's biggest impact on the game may have been setting the tempo in the half-court offense for Idaho, getting to the free-throw line seven times, hitting six of his attempts. He ended the game with 14 points in addition to his 18 boards.

"I wanted to come out and kind of set the tone," Barone said. "I knew they were going to come at us hard on the boards, like coach talked about before the game. I came out hard from the beginning and the ball just kind of found me and I found the ball."

The unsung hero for Idaho was sixth man Mansa Habeeb. Having struggled in the early going of conference play, Habeeb was aggressive in attacking the basket and hit all six of his free-throw attempts.

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File photo by Amrah Canul | Argonaut  
Senior guard Mansa Habeeb lays in a basket against New Mexico State Jan. 12 in the Cowan Spectrum. The Vandals snapped a four-game losing streak Saturday at UTA.



Robert Harris  
★ ★ ★



Connor Hill  
★ ★ ★ ★



Stephen Madison  
★ ★ ★



Kyle Barone  
★ ★ ★ ★



Mike McChristian  
★ ★



Mansa Habeeb  
★ ★ ★ ★



Joe Kammerer  
★ ★ ★



Wendell Faines  
★ ★ ★



Denzel Douglas  
★ ★

## Seeing stars

Barone big contributor in career rebounding performance for all-WAC senior

### Starters

#### Robert Harris

The junior point guard just may be on the verge of a breakout. A capable shooter and an offensive spark cutting to the basket, he's been an improvement in the position since the beginning of the season. Turnovers will be a bit of a problem and he's not the best ball distributor, but Idaho can work around that for now.

#### Connor Hill

The growth of Connor Hill continues. His concerted effort to become more of an offensive presence inside the paint is visible, but when he is on from 3-point range is when he's the most effective. Hill shot early and often and almost always in the face of pressure to nail 4 of 6 shot attempts. It seems

Hill is stepping up to the challenge of needing to have a quick shot-release to be effective in the face of pressure, since teams are very rarely leaving him uncovered coming off of screens.

#### Stephen Madison

It was just an overall solid night for Stephen Madison. He was efficient from the field, scored 15 points on 5 of 9 shooting and dished out two assists. This was all while having to sit most of the second half with four fouls. But the team stepped up and held the lead without him. Getting to the free throw line five times is good for Madison, as Idaho will be at its best when Madison is attacking and opening things up for other players.

#### Kyle Barone

Hard not to laud a guy for grabbing 18 boards in only 31 minutes of action, but a lot of those boards had more to do with opportunity. Idaho allowed Texas-Arlington to get off 64 shots, with the Mavericks missing 40 of those. That's 40 board opportunities in 40 minutes, and UTA got 11 offensive rebounds. Still, Kyle Barone is probably the best rebounder in the WAC and him grabbing 17 defensive boards played a part in Idaho being able to withstand a late UTA push to allow Idaho to close out the win. Barone got to the free-throw line seven times and very rarely took a bad look at the basket, instead going in aggressively to either lay it in or draw a foul.

#### Mike McChristian

Turning into more of a role player than anything, McChristian is still solid in that 3-guard role. It'd be nice if Idaho tried to space him out in the perimeter and let him shoot more, as he's pretty solid from beyond the arc. If teams start accounting for him it could open up a lot more for Madison and Hill. McChristian went 1 of 3 on the night, all from long range, and finished with three points. It didn't help that he fouled out, though. Nights like this might happen often, McChristian's main asset to the team is his defensive prowess and ability to add some length to the rebounding in the backcourt.

### Bench

#### Mansa Habeeb

Hustle, hustle, hustle. Habeeb brought it all night, getting to the free throw line six times and defending well. Habeeb has been turnover prone most of the season but his role was limited to getting the ball and attacking. Idaho needs that.

#### Joe Kammerer and Wendell Faines

Kammerer has been playing some minutes more out of need than anything else, playing 14 minutes of and scoring six points on the night. I'm not sure he's the answer of what Idaho wants in the post defensively. With Wendell Faines playing less and Marcus Bell being noticeably absent it seems there is some depth issues in the post-player department.

#### Denzel Douglas

Idaho coach Don Verlin may need to re-evaluate what Douglas brings to the team. He's a good hustle player in pushing the ball up and down the court but when Idaho does that, the team tends to get wreckless with the ball, and Douglas isn't a great half-court option. Douglas does help the team when teams try to go full-court press on the Vandals, which is why he tends to play later in games now. But he's not much of an offensive spark or ball distributor. It's been a frustrating go as of late for Douglas.

Sean Kramer can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu)

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# A bittersweet victory

**Aaron Wolfe**  
Argonaut

With the help of two repetitive record-holding regional athletes, the Idaho Vandals swim and dive team defeated Western Athletic Conference rival New Mexico State, 154-144 Friday.

Sophomore Rachel Millet, from Spokane, Wash., dominated with a win in the 200-yard freestyle, 50-yard freestyle and 200-yard backstroke. Millet also helped her team win the 400-yard freestyle relay for the final event. The two Idaho relay teams earned 15 points combined in this event, while the two NMSU relay teams were disqualified.

Winning is nothing new for Millet, who has six school records under her belt, four personal records and was a part of two record-breaking relay teams. Coach Mark Sowa defines Millet as a team player above her personal accomplishments.

"Rachel would talk about her teammates more than she talks about herself," Sowa said. "What you see with her performances is her day-to-day preparation which is very good. She's always trying to get better and she is very thoughtful with her approach. She's a great kid and

we're lucky to have her."

Coming to Idaho as a transfer from Mesa Community College in Arizona, junior diver Paige Hunt made her presence known in Friday's meet and made school history.

Hunt finished first in both the 3-meter and the 1-meter diving events, earning 18 points for the Vandals. All three school diving records belong to her but she insists that when it comes to her goals there is still no end in sight.

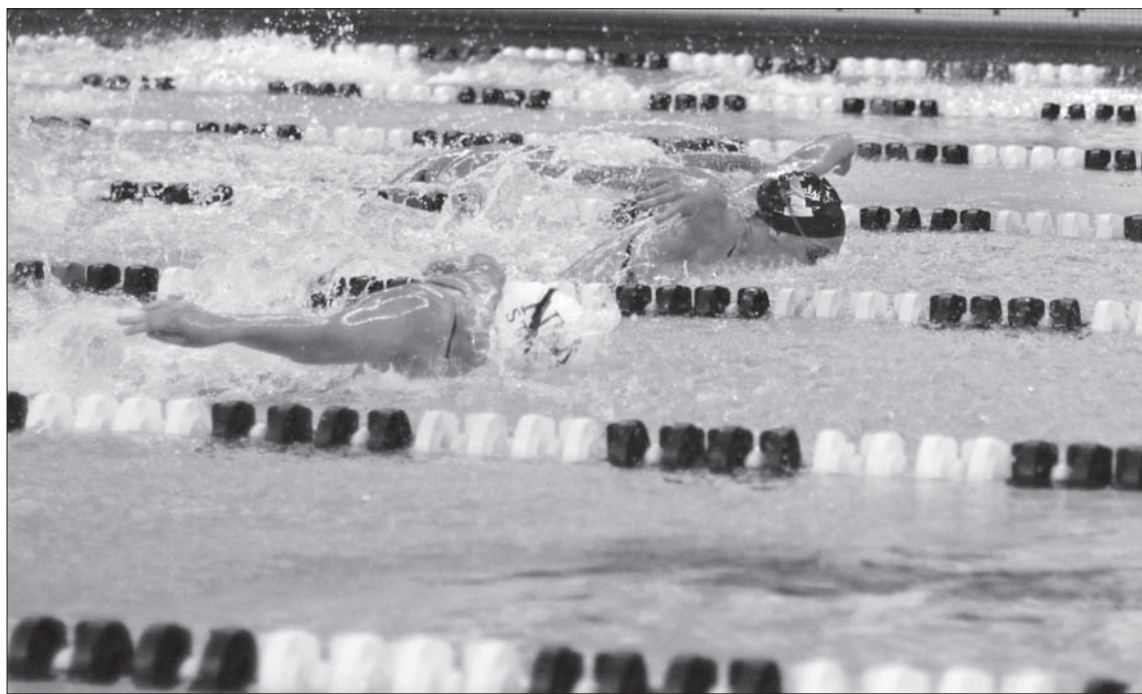
"I plan on breaking them again," Hunt said. "It's one of those things where you keep breaking your own — you know — just pushing yourself. My other goal is to make NCAA's."

Hunt's 1-meter dive against NMSU was quite the nail-biter but she strategized a lower degree of difficulty for consistency.

"I can get higher but sometimes having high dd doesn't matter as long as you can hit the lower dds for a higher score to add up the totals which will help in the long run," Hunt said.

Unlike the 3-meter, Hunt said she was a bit unsure about the end-result for the 1 meter.

"Standing there, when they were adding the scores up, I



Spencer Farrin | Idaho Athletics Media Relations

Idaho sophomore Jamie Sterbis and New Mexico State's Nicole Brennecke go head-to-head in the 200-yard butterfly race on Friday. Idaho won the dual meet, 154-144, while honoring the team's seniors.

didn't know whether I would get first and the girl who got second had a higher dd than I did so that kind of shook me up a little bit," Hunt said.

In a bittersweet victory on Senior Night in the Idaho Swim Center, teams and spectators

honored two senior swimmers, Kelsie Saxe and Meaghan McCloskey, who competed in the final home meet of their Vandal careers.

In a grand finale, Saxe swam faster than she had all season in the 100- and 200-yard breast-stroke races. She will leave

Idaho as the best Vandal breast-stroker of all time with school records in both categories.

McCloskey helped the Vandals earn four points in the 400-yard medley relay.

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## Longer roads ahead

**Aaron Wolfe**  
Argonaut

The No. 32 ranked Washington State women's tennis team defeated Idaho in Pullman in Saturday by a score of 7-0.

Despite the loss, there were a few highlights in both singles and doubles play for the Vandals in their season opener.

In doubles, after not competing in the previous spring season, senior Montana transfer Constance Alexander won the first match with partner Rita Bermudez, 8-5 at No. 2 doubles to help the Vandals to a good early start.

At No. 1, Idaho's Victoria Lozano and Almudena Sanz were unable to hold off WSU's Andjela Kanaras and Ksenia Googe in an 8-5 loss. Charlotte Koning and Elizaveta Luzina took care of business in No. 3 doubles with an 8-4 win as well, resulting in a WSU doubles victory and 1-0 match lead heading into singles.

In singles play, Lozano fought hard rallying against one of the best singles players at WSU history, senior Liudmila Vasilieva from Yekaterinburg, Russia.

"She's a really good player but I felt like I was attacking the ball, she was really on the defensive so that gave me time to make more winners, although I



File photo by Philip Vukelich | Argonaut

Almudena Sanz, junior, practices volleys with a teammate in the Kibbie Dome.

felt really good even though I lost," Lozano said.

Lozano initially fell 6-3 in the first set but in the second set she was neck-and-neck with Vasilieva, exchanging the lead with her multiple times before losing 7-5.

"It's a little bit funny because on the second set I was a little bit tired but mentally I kept telling myself I could do it and that I had to win, although in the end I didn't I still played a lot better," Lozano said.

To new head coach Myriam Sopol this might

not be the toughest match of the season.

"It can always change," Sopol said. "A lot of the teams we are going to play are really good. Division 1 tennis is obviously really good — it's the first one so it's definitely tough though."

Although this is the second year in a row the Vandals have been swept by the cougars Sopol sees the loss as a learning experience for the team.


"It was a good preparation match to see what we have to work on and build on for the next few weeks for the next matches coming."



It was a good preparation match to see what we have to work on and build on for the next few weeks for the next matches coming.

**Myriam Sopol, Coach**

  
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## Idaho swats Eagles

**Kevin Bingaman**  
Argonaut

The Vandal men's tennis team started the season off with a 7-0 win over Eastern Washington on Sunday in Cheney.

It's the fourth year in a row Idaho has played Eastern Washington as part of its nonconference schedule and it's the fourth time in a row Idaho has walked away with a victory. The Vandals will try to keep the wins coming on Feb. 2 and Feb. 3 when they travel to Eugene, Ore., where they will face Nevada and DePaul.

Idaho coach Jeff Beaman said it was a solid performance by his team, especially since Eastern put up a fight.

"It was a really good match," Beaman said. "It's nice to get the win and it's also nice to get pushed. We were pushed from start. Eastern came out fired up to play and was excited."

The only match Idaho dropped against Eastern was at No. 3 doubles when the Eagles' Arturo Carpio and Eduardo Bringold won a close 8-6 match. The Vandals won the next two doubles matches, including that of nationally-ranked duo Abid Akbar and Marius Cirstea who came out on top 8-6, to take the first point of the day.

In singles, Akbar, ranked seventh in the Mountain Region, went untouched at the No. 1 spot, winning in straight sets. Beaman said he was impressed with the way

Akbar came out.

"Abid was really impressive," Beaman said. "They got a really strong guy, and Abid went out and took care of business in doubles and singles."

Idaho's Dmitry Perevoshchikov dropped one set at the No. 2 spot, but responded in the third to take the win. In the No. 3 matchup, Eastern's Tomas Aranguiz took the first set off Cirstea, but that was all he got as Cirstea went on to take the next two sets and the match.

"There were a few guys that took care of business, but a lot of the matches were close," Beaman said. "I

mostly thought that we'd win easier. I thought it would be a lot more, but that little bit of adversity was nice."

Over all the Vandals looked solid all the way around and easily beat the Eagles to kick off the season. While some of the matches were close, everything came together for the Vandals to get the opening day sweep.

Beaman said a couple of the players were battling some injuries and said he hopes the break between matches will help his team heal and continue to improve, especially for opponents as tough as DePaul and Nevada.

"We have to continue to play matches against each other and get match tough," Beaman said. "We have to get healthy as well. Going into a tough doubleheader, I need my top guys healthy."

Kevin Bingaman can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu)



HEAVING FOR EXTRA INCHES



Amrah Canul | Argonaut

Senior Joseph Charles competes in the shot put event Saturday in the Kibbie Dome for the first home meet of the 2013 season, the Idaho Collegiate I meet. The Vandals visit WSU Jan. 25 for the Cougar Indoor.

ATHLETES

FROM PAGE 5



Liga Velvere

After preserving many of its weapons at the WSU Open, coach Wayne Phipps and the Idaho track and field team unveiled a few of them at this past weekend's Idaho

Collegiate I meet hosted in the Kibbie Dome. Velvere was undoubtedly one of those weapons and the junior finished the women's 800-meter race with a WAC-leading time of 2:10.07. The time also ranks No. 10 in the nation. Last indoor season, Velvere opened with a school record in the same race.



Abid Akbar

Abid Akbar

Coming off a fall season that saw him rack up a number of wins in both singles and doubles, including two doubles wins in the National Indoor Tournament in New York, Akbar won both of his matches in a 7-0 Idaho sweep Sunday at Eastern Washington. The No. 1 Mountain Region doubles team of Akbar and Marius Cirstea defeated Joseph Cohen and Eduardo Martinez at the No. 1 doubles slot, before Akbar went on to beat Cohen, 6-1, 6-4 at No. 1 singles. Akbar was named the Western Athletic Conference Men's Tennis Player of the Week.

BACK

FROM PAGE 5

away at Idaho's lead and got within 10. The Vandals have had a problem with squandering leads all season, but this time the Vandals pushed back and finished strong.

Newlee said he was happy to see his team finish well, especially after giving up a big lead to La. Tech earlier in the week.

"We've got to get that monkey off our back, it's something that's plagued us this year," Newlee said. "The lead got down to 10 and we talked about getting the ball inside and finishing some layups and continuing to get some pressure going defensively and keep our energy level up. You get in the mindset sometimes of 'oh here we go again,' and that has to change and I was glad to see it change tonight after just one day off."

Junior Alyssa Charlston led all scorers with 20 points for Idaho, followed by Ballester's 13 points. Ballester also added nine rebounds and five assists. Maren Austgulen made her first appearance in a few games and was solid off the bench with a career-high 11 points and two boards.

Kevin Bingaman can be reached at arg-sports@uidaho.edu

STARS

FROM PAGE 5

Maren Austgulen

Austgulen made her first appearance in a few games and looked strong off the bench. She put up 11 points, hitting every shot she took and added a couple rebounds. She's not a player who sees a lot of time, but made a case for herself in this one. She was aggressive and showed she's capable of being a strong underneath presence for Idaho.

Jessica Graham

It was a quiet night for the senior who only played 16 minutes. She put up two points and added one rebound. Graham has been playing well recently, but just didn't get much of an opportunity in this one.

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WAC round-up

Theo Lawson  
Argonaut



Denver 68, Utah State 57

At the moment, if any team is going to upset the longtime WAC powerhouse Aggies, it looks like it will be the Pioneers. Denver's slow nonconference start wasn't an indication of how its WAC schedule would play out, and with a seven-game win streak, the Pioneers haven't lost since their season-opener. A comfortable 11-point victory gave the Aggies their first loss of the WAC campaign, and breaking into the Top 25 will be that much harder for Stew Morrill's team. Brett Olson scored 18 points, Chase Hallam had 14, Chris Udofia had 13 and Jalen Love rounded it out with another 10 for Denver.



Texas State 81, Texas-San Antonio 78

It took overtime to separate the conference's winless teams from Texas, but the eventual victors trailed late in the overtime period and relied on a crucial 3-pointer to catapult them into the lead. Reid Koenen connected from beyond the arc, and with a 77-76 lead, the Bobcats would allow the Roadrunners a bucket on their next possession. Texas State's Joel Wright hit the eventual winner on the Bobcats' final possession, a 3-point shot which would give the Bobcats a decisive 3-point lead. Michael Hale III's offensive output (33 points) wasn't enough in overtime, as Hale III attempted, but missed a buzzer beater. Kannon Burrage reeled off another 25 for the host Roadrunners.



La. Tech 78, Seattle U. 71

With Utah State's loss, the Bulldogs are now alone atop the WAC standings. It was the La. Tech bench that would get it done once again for the conference leaders, while the Bulldog starters could only ante up 18 points. The bench was good for 60 points, headed by Alex Hamilton and Jaron Johnson scoring 15 points a piece. The Redhawks sit with Texas State and UTSA, as WAC bottom dwellers with only one win. If anything positive can come out of the next few weeks for Seattle U., it's that they get the Bobcats and Roadrunners at home Thursday and Saturday. For La. Tech, a showdown with Utah State at the Dee Glen Smith Spectrum is on tap. To oust the Aggies on their home court, the Bulldogs may require more production from star sophomore Raheem Appleby. In his last six games, Appleby has scored in double digits just twice. In the other four, he's averaged 4.5 points-per-game.



New Mexico State 70, San Jose State 53

Enough talk about 7-foot-5 man-child Sim Bhullar. Sophomore Daniel Mullings is the conference's most versatile player and when the Toronto native learns some consistency, he'll also become the conference's best pleyer. In a rout of the Spartans in Las Cruces, Mullings had 13 points, seven rebounds, three steals and two assists. Only one Spartan scored in double digits, and Aggie forward Bandja Sy led all scorers with 14 points, while grabbing another eight rebounds. The monster-ish Aggies could very well be a WAC Tournament contender. First, the young guns need to mature.

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# OPINION



Have an opinion?  
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OUR VIEW

## No gesture too small

### UI students responsible for peers' safety

One year after graduate student Katy Benoit was shot and killed by former University of Idaho assistant professor Ernesto Bustamante, UI hosted the Katy Benoit Safety Forum. The forum featured the "I Got Your Back" campaign and initiated conversations encouraging bystander intervention.

The "I Got Your Back" campaign has continued into the spring semester to help address high-risk behavior in students because, if a lesson was learned from Benoit's death, it's that tragedies can be prevented.

Recent incidents only cement the pressing need at UI for stu-

dents to look out for one another, and to make the right choice at the right time.

Two student deaths in two days devastated UI Saturday and Sunday. Joseph Wiederrick was last seen leaving Sigma Alpha Epsilon after midnight Sunday.

His body was found around 4 p.m. Sunday under a bridge over Paradise Creek, hours after he was reported missing by a friend. The other was a suicide Saturday in the dorms.

And as with Benoit, the saddest aspect of these deaths is they could have been prevented.

Take a careful look at yourself and your friends. Odds are you have been part of dangerous scenarios, from binge drinking

to illegal drugs, drunk driving or even texting while driving. Chances are this "normal" weekend activity in the life of a college student will result in the deaths of several of our peers during the 14 remaining weeks of the semester.

As children, we relied on our parents for everything from sustenance to safety. As college students we are responsible for ourselves. But this responsibility does not stop at one person — it extends to our families, our friends and the communities we live in.

Doing the right thing isn't always easy, but it also isn't that hard. UI prides itself on creating a family of Vandals where students feel safe. Take care of one another

as though we're all siblings or friends, because the life of a stranger is just as precious.

Watching each other's backs is as simple as not letting your friend drink that last beer or walk from the library to their car alone in the dark. These small gestures sound hollow in the grand scheme of death, but it is behaviors such as these that ensure our safety.

Take every step possible to create and maintain a safe environment for your friends and yourself. Care for one another, and make responsible choices. The two recent deaths might not be UI's last, but if we all truly had each other's backs, they could be.

—EE

### OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

#### Riley Anne

While my parents are vacationing in Costa Rica (boo), I get to babysit my puppy dog (yay). #bestfriend

—Lindsey

#### Supersonic soul

Forty-one years of history being restored thanks to one amazing community coming together.

—Sean

#### Vandal family

It's been a tough week around here — keeping all those friends and family members involved in my thoughts. May you find peace during such a difficult time.

—Britt

#### Seattle sports

Monday was a pretty amazing day for Seattle Sports fans. The Sonics are coming back, my Sounders started training camp and for Mariners' fans, the front office didn't screw anything up.

—Madison

#### Trying again

KUOI News will be back, for real this time, today. Listen to KUOI at 9:30 a.m. and 3:30 p.m.

—Dylan

#### No way

It's already week three. No wonder I have homework everyday.

—Katy

#### 'Silver Linings'

Jennifer Lawrence and Bradley Cooper were great together in this film. We're all a little insane so embrace it.

—Elisa

#### Shameless self-promotion

Check out The Argonaut's food blog, Crumbs, by visiting uiargonaut.com/crumbs and following @UICrums on Twitter and Pinterest. Oh, and like Crumbs on Facebook. Your stomach will thank you.

—Kaitlyn

#### Harbaugh squared

Huge shout-out to Mike Iupati, LaMichael James and Kaepernick, who will be winning Super Bowl XLVII with the 49ers. Mainly Iupati though.

—Theo

#### Two Vandals too many

Prayers go out to the Vandal families who are suffering such tragic losses.

—Amrah

#### Passport time

Sometimes life just deals you a lucky hand and you end up with a free trip to Dubai. Sometimes life deals you a crappy hand and you lose all your friends because you're going to Dubai. I've never had so many people tell me they hate me.

—Philip

#### End of the World

As near as I can figure, the entire Walmart corporation will fail if the Moscow Walmart employs more than one cashier at a time.

—Kasen

#### Life changed

Andrea Gibson's poetry and sense of activism are life changing, and now that I've gotten the opportunity to see her live, my mindset is completely refreshed and renewed.

—Chloe

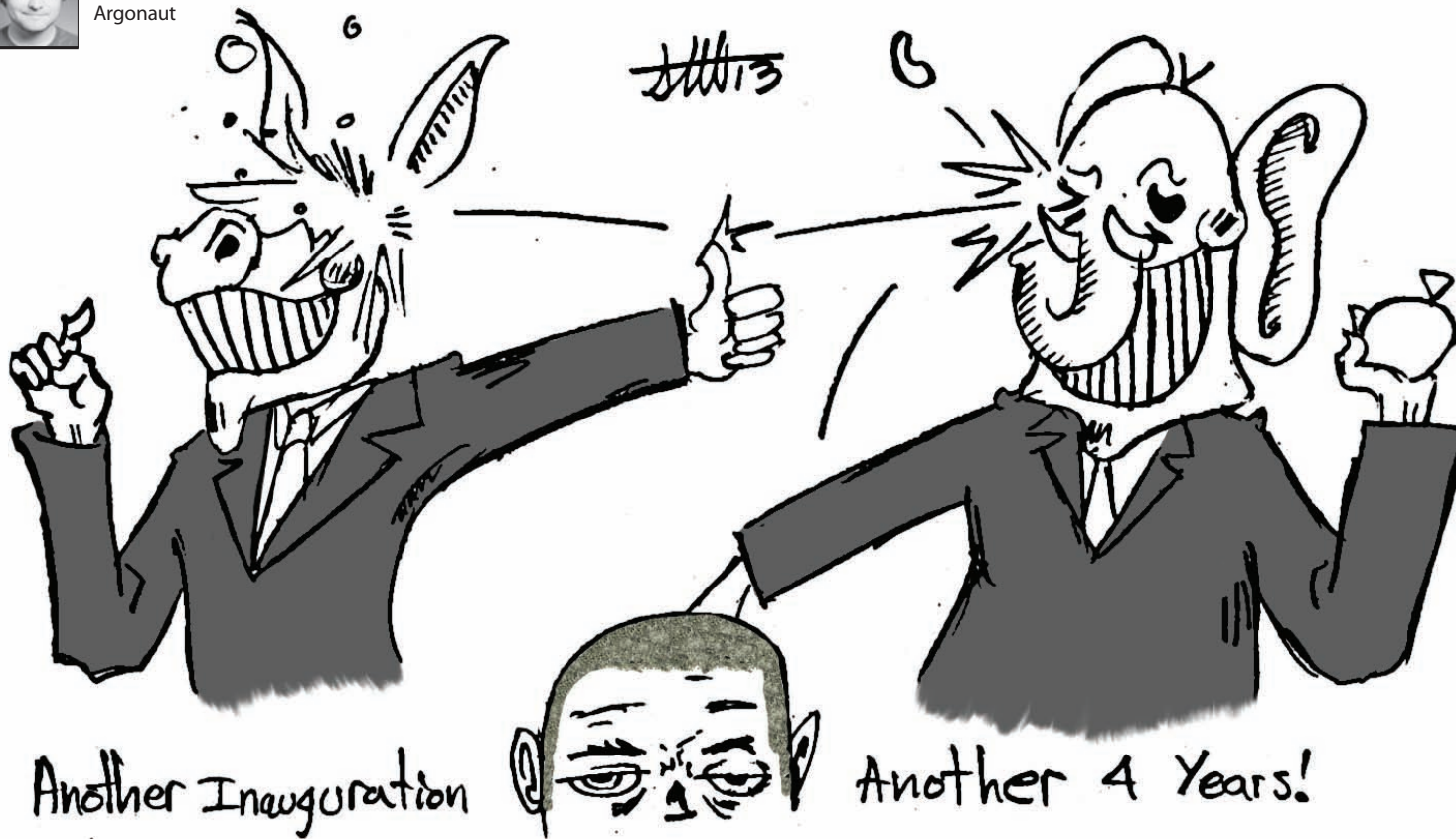
#### When life gives you lemons

Not once in my life have I been given any lemons. Just sayin'.

—Molly



Shane Wellner  
Argonaut



## Fill the cells

### Civil commitment no solution to gun deaths

When the gun lobby breaks from denouncing Hollywood and videogames as motivators for attacks like the one at Sandy Hook Elementary School, they ultimately circle back to "addressing mental health." Though the lobby itself rarely divulges what this means and who will pay for it (their answer: no one), the terms of this proposed aid are worth discussion.

For the gun lobby and its supporters, "addressing mental health" does not mean helping many of our mentally ill. Civil commitment — involuntary inpatient care in a hospital or institution — is the gun lobby's focus. Specifically, they argue that we commit too few because it's too hard, leaving us with an alleged legion of psychotic killers hunting the unarmed gates of our schools. If committing people were simpler, the army would vanish and the funerals would cease.

No reasonable analysis leaves this hypothesis intact. In 2010, according to the Brady Campaign, 11,078 homicides were committed with firearms. From 2010 to 2012, a New York University study puts the total number — adults and students combined — of gun murders in K-12 schools at 38. By itself, Sandy Hook increased the past three years' death toll by more than 200 percent.

There is no army of crazed killers, meaning there's no reason to increase the amount of treatment to confined men and women to prevent these infrequent atrocities. Our own Secret Service found one link between mental illness and school shootings: deep depression.

Of course, the depressed

rarely require the inpatient care our gun lobby believes will heal our nation, but instead need more state-funded mental health workers in schools coupled with an increase in mandated insurance coverage for both adult and childhood psychiatric care.

The Northwest is no stranger to the rare confluence of mental health disorders and gun violence. On August 22, 2011, my friend Katy Benoit was shot 11 times by a former University of Idaho assistant professor who was taking medication for bi-polar disorder.

After the shooting, all reports described a man with a slowly unwinding condition, culminating in his murder-suicide. Some people do require civil commitment, and if anyone were a qualifying candidate, Ernesto Bustamante was it.

Except Bustamante was taking medication at the time of the shooting. Reports also indicate he had previously sought mental health treatment. Would simpler civil commitment be driving people like this to psychiatrists, knowing their confinement was a phone call or two away? I say no.

Our mentally ill with the capacity to seek help have the same capacity to forego it, and the barrier of stigma already stops too many Americans from seeking the psychiatric care they need.

We don't need to give those predisposed to paranoia additional barricades, including fear. The mentally ill will not find the requisite solace for rehabilitation in psychiatry if their therapist doubles as judge and jury of their own forced confinement.

Brian Marceau can be reached at arg-opinion@uidaho.edu

## Appearance after alcohol

### New smart phone app highlights dangers of binge drinking

Anti-drinking campaigns often try to speak to the adverse health effects drinking can have. But what about the physical effects alcohol can have? The consequences on your health aren't enough to appeal to a lot of college students because these effects seem farfetched and hard to imagine.

A new phone app is trying to appeal to vanity more than health risks. If you are curious to see an illustration of what your face might look like after ten years of heavy drinking, you can't pass this up.

Drinking Mirror, recently featured on the *Today Show*, allows users to upload a picture and see what a decade of keeping up their current drinking habits will do to them. The results illustrate weight gain, red eyes, wrinkles and a red blotchy face.

The app was developed in Scotland to help combat a rise in binge drinking. Binge drinking is defined as five or more drinks in a sitting for men and four or more drinks in one sitting for women. According to the Centers for Disease Control and Prevention, one in six Americans binge drink at least four times a month.

Americans aged 18 to 34 are the most likely group to binge drink, making it a top issue on college campuses.

In addition to the adverse health effects, drinking in ex-

cess can speed up the overall aging process. The absorption of alcohol has negative effects on the skin, causing dryness and discoloration over time, while continual binge drinking can also cause swollen facial blood vessels and capillaries to burst leaving the skin scattered with permanent markings.

Drinking also causes dehydration, which affects the skin. If drinking in large quantities is a habit that continues for some time, the body adjusts accordingly. Skin that is constantly dry leads to early showing of wrinkles. It also may accelerate the slowing of collagen and elastin production, contributing to skin that appears saggy or loose.

Weight gain is another vanity-related issue that comes along with binge drinking. Alcohol is empty calories, and even just a few drinks can add up. When drinking, it is not difficult to take in upwards of 1,000 extra calories, and that is without mentioning any late night trips to the fast food drive-thru window.

So take a minute to check out the Drinking Mirror app. Visualizing your liver 20 years down the road might be hard, but perhaps a flash-forward snapshot of your face might leave you rethinking your usual activities on Friday and Saturday nights. Have fun, take care of yourself and remember the decisions you make now can impact the rest of your life.

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#### GUEST VOICE



Jordan Shagina  
Health education intern



# STUDY ABROAD



# FAIR



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