

# THE ARGONAUT

THE VANDAL VOICE SINCE 1898

uiargonaut.com

Tuesday, April 9, 2013

## Rape law delays prosecution

Katy Sword  
Argonaut

The call went out at 10:31 a.m. March 22. Within 10 minutes the courtroom filled with supporters on both sides eager to hear the verdict. Six officers in uniform lined the back walls, two in plainclothes. Everyone sat nervously awaiting the jury's return. Some prayed, others held hands in silence staring at the jury room door.

After a three day trial and less than four hours of jury deliberation, former University of Idaho student Jesse Vierstra was found guilty on one count of felony rape. The room was split — one side filled with relief, the other burst out in tears, uncontrollably sobbing.

What started in October 2012 was finally over.

But the question still remained — Vierstra had faced two prior accusations of sexually motivated battery against him during his time at UI, both dropped to misdemeanors



and eventually dismissed. He paid \$240 plus \$137.50 in court costs.

Michelle Evans, senior deputy prosecuting attorney for Latah County, said the issue doesn't lie with prosecution, but with

Idaho law.

"It (Idaho law) certainly limits what we can do," Evans said.

Latah County Prosecutor Bill Thompson said when it comes to sexual assault laws, Idaho's are

antiquated.

"Across the border in Washington, they can prosecute different types of sexual assault to fit a whole variety of sexual assaults," Thompson said. "Idaho doesn't have sexual

crimes, just lack of consent. We have to prove either force or threats of force or that the person is incapable of giving consent because they are unconscious, for example."

Thompson said as the

prosecution, they have no control over Idaho statutes, which can be frustrating.

"Idaho sets rules for us and we have to screen cases based on limitations

SEE RAPE, PAGE 4

## University on track for campus smoking ban

Momentum for smoke free campus policy builds

Andrew Deskins  
Argonaut

The Centers for Disease Control and Prevention predict between one-third to half of all smokers will die from their addiction, which suggests that 640 to 960 current University of Idaho students will die prematurely because of tobacco.

To address this health concern, a group of four students in a senior movement science course are working on a project called Tobacco Free 4 U and I. The goal of the project is to have UI join 1,129 other universities, including all other Idaho universities, in adopting a smoke-free campus policy. The group is made up of Daniel Trautvetter, Cody Green, Chase Krohn and Blake Anderson.



Abi Stomberg | Argonaut

With the on-campus smoking ban looming, Vice President of Research Jack McIver, takes what may be one of his last smoke breaks on campus.

Trautvetter said a survey they conducted last December found that 62 percent of students, faculty and staff support a smoke-free campus policy. Results from

a survey included in the most recent ASUI ballot indicate that 47 percent of students favor a smoking ban while 40 percent favored no change in policy. Fourteen

percent of students favored a no tobacco policy.

ASUI senator Sadie Grossbaum and senate pro tempore Allie Fuller are working to get the sen-

ate's support for a tobacco policy. Next week the senate will vote on resolution S13-04 encouraging the faculty senate and UI administration to revise the current tobacco policy. Faculty Senate Chair Kenton Bird said the faculty senate will not hear the issue until next semester.

Trautvetter said they are trying to present the issue as the non-smoker's right to breathe clean air and to a clean campus, rather than an attack on smokers.

"Our main impact is promoting cessation, 99 percent of people who smoke start between 18 and 24, so preventing initiation of tobacco use is the most effective policy," Trautvetter said. "Secondhand smoke is a Class A carcinogen, it has

SEE SMOKING, PAGE 4

## In Brief

### UI student sues Delta Chi fraternity

A University of Idaho junior is suing Delta Chi for medical costs and damages after allegedly falling from a third-story window two years ago.

Krysta Huft filed her lawsuit Friday against the national fraternity and 10 "John Does" for negligence. The statute of limitations was set to expire five days before Huft filed her lawsuit.

She alleges they were negligent by providing her alcohol even though she was underage at the time, and this negligence led to her falling from the third-story sleeping porch.

An investigation by the Moscow Police Department found that Huft had fallen from a bunk

SEE BRIEFS, PAGE 4

## Gun control controversy, ammunition shortage continues after Sandy Hook

Erik Fink  
Argonaut

Shortly after the Sandy Hook shooting in Connecticut, the United States Department of Homeland Security started buying large amounts of ammunition from manufacturers, leaving little supply for the public.

The Department of Homeland Security said it wants to buy 1.6 billion rounds of ammunition needed to train law enforcement in the next four or five years.

Cody Brigham, gun sales



Moscow residents inquire about firearms and ammunition at Tri-State on Pullman Road.

representative for Walmart said conspiracy theorists think this is because the government is preparing

for a war with the American people. Talk of such a war has sent citizens into a panic, causing them to buy

any ammunition available.

Charles Edwards, owner of Sure Shot sporting goods store in Moscow, said it seemed like the same day as the Sandy Hook shooting, the ammunition supply went out the window.

"We have not tried to limit anyone on how much ammo they can buy because what there is doesn't last very long," Edwards said.

Edwards said there weren't complaints at first, just the repeated phrase, "I can't believe you're sold out already." He said recently people have started to get

annoyed and agitated with the lack of supply.

"We decided to put up a sign in front of our bathroom telling customers they had to buy a gun to use it," Edwards said. "Needless to say the joke didn't last long before people got angry."

Zak Lierman, gun sales representative at Tri-State, said sales immediately skyrocketed due to people panicking at the idea of a war with the government.

"At first people were buying guns, but then they realized the guns

were useless if they didn't have the rounds to shoot out of them," Lierman said.

Lierman said he was not allowed to talk about the specifics of Tri-State's ammunition shipments, but said he could discuss ammunition manufacturers in general.

"ATK down in Lewiston cranks out eight million .22 rounds a day," Lierman said. "They just don't know exactly where the rounds are going."

Lierman said customers

SEE GUN LAW, PAGE 4

### IN THIS ISSUE



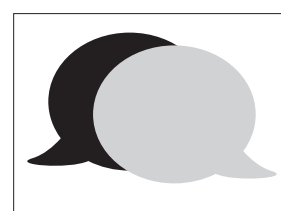
Ron Verlin, twin brother of Idaho coach Don Verlin recently took the head coaching position at University of the Pacific.

SPORTS, 5



Visit uiargonaut.com/crumbs to read a how to run the only donut shop on the Palouse.

CRUMBS — ONLINE



Enforce current smoking policy instead of enacting campus-wide ban. Read Our View.

OPINION, 9

**ASUI &**  
DEPARTMENT OF STUDENT INVOLVEMENT

FUNDING BOARD TRAINING FOR STUDENT ORGS.  
TUE. APR. 9 6PM  
COMMONS CREST ROOM

LAST CHANCE FOR STUDENT ORGS. TO APPLY FOR REIMBURSEMENT FROM FUNDING BOARD.  
DUE FRI. APR. 12 BY NOON

SILVER LINING PLAYBOOK  
FRI. APR. 12 7&9:30PM  
SAT. APR. 13 8PM  
SUN. APR. 14 3PM  
SUB BORAH THEATER

RECESS NIGHT  
LATE NIGHT AT THE REC. ENTRIES DUE THU. APR. 11 BY 7PM  
EVENT ON FRI. APR. 12 AT 9PM  
STUDENT REC. CENTER

SATURDAY OF SERVICE  
SAT. APR. 13 9AM-1PM  
SIGN UP AT UIDAHO.EDU/VOLUNTEER  
SUB BALLROOM

PERSONAL MONEY MANAGEMENT 101  
MON. APR. 15 12:30-1:20PM  
COMMONS CREST ROOM

FINALS FEST TICKETS  
STUDENTS GUARANTEED TICKETS UNTIL  
FRI. APR. 12 AT SUB INFO DESK  
COMMONS 302  
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CRUMBS

# Easy Italian sausages with rice

**Nurainy Daron**  
Crumbs

It might sound odd but I love this easy recipe. It is as simple as combining white rice and fried Italian sausage with some peppers and onions on a plate.

**Ingredients:**

- 1 package of 5 Italian sausages
- 1 green or red pepper
- 1 white onion
- 1 cup of jasmine rice
- 1 1/4 cup water
- 1/2 tbs. butter

**Directions:**

Put rice and water in rice cooker and leave it

while you complete the rest of the meal.

Cut Italian sausages into cubes, thinly slice pepper and onion.

Melt butter in a pan on medium heat.

Add Italian sausage and fry about 15 minutes.

With the same pan, fry pepper and onion over medium high heat for about 5 minutes.

Put pepper and onion with Italian sausages and rice on a plate.

Serve hot for two.

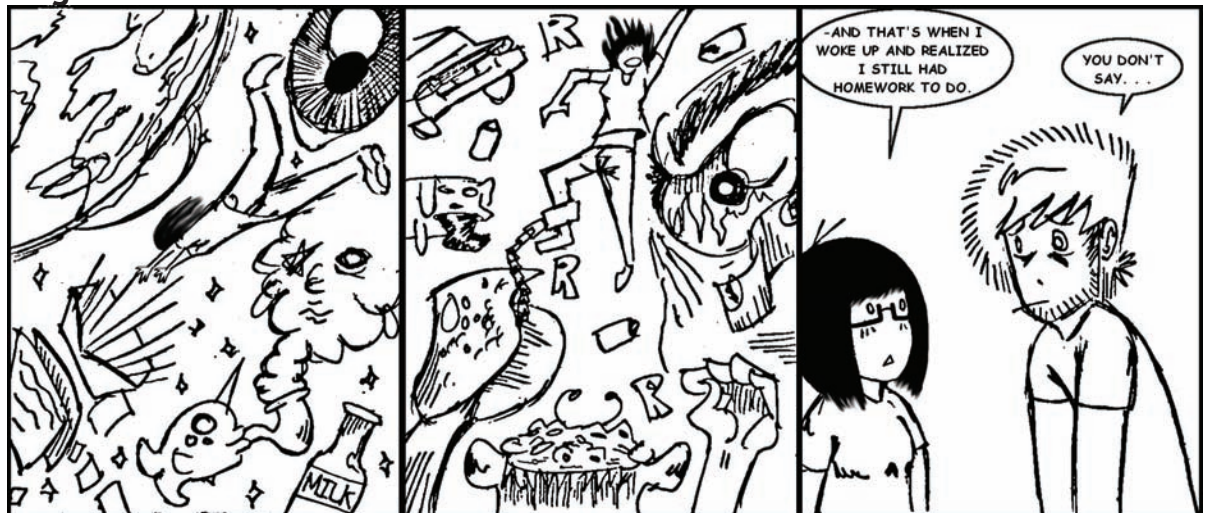
*Nurainy Daron*

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Nurainy Daron | Crumbs

**High Five**



Shane Wellner | Argonaut

FOR MORE COMICS, SEE COMIC CORNER, PAGE 11

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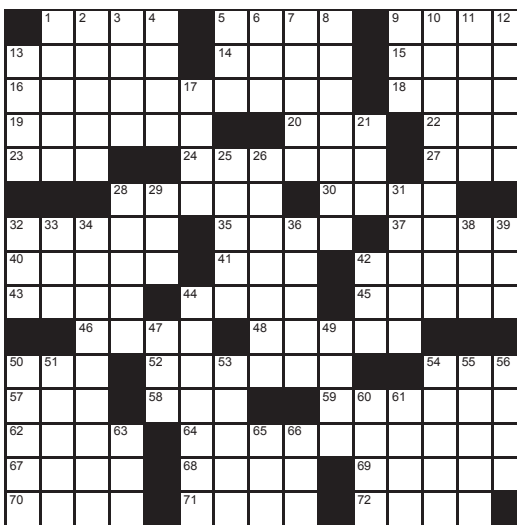


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**CROSSWORD**

**Across**

- 1 Gun sound
- 5 Emollient
- 9 Grimm villain
- 13 Baseball's Hammerin' Hank
- 14 Celebes dwarf buffalo
- 15 Basketball target
- 16 Olympics event
- 18 Clinic name
- 19 Fowl places
- 20 Broke bread
- 22 Calif. airport
- 23 Gold (Prefix)
- 24 Gelcap alternative
- 27 Thickness
- 28 Rodeo rope
- 30 Change the decor
- 32 Secret plan
- 35 Rare bills
- 37 Catalina, c.g.
- 40 Factory
- 41 Building addition
- 42 Valued
- 43 Slave girl of opera
- 44 Before iron, in football
- 45 Early stage
- 46 Japanese soup
- 48 Sofia Coppola, to Talia Shire
- 50 Word with bum or bunny
- 52 Texas athlete
- 54 Monopolist's portion
- 57 Samovar
- 58 Menu phrase
- 59 Spain and Portugal
- 62 French novelist Pierre

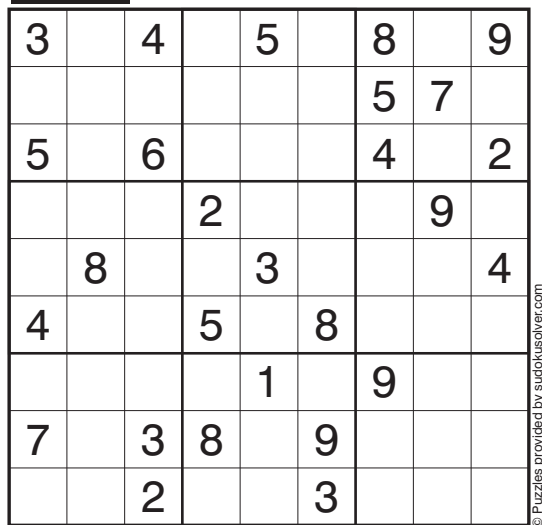


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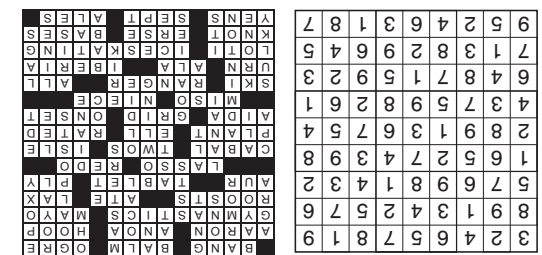
**Down**

- 1 Swampy lake
- 2 Knight's protection
- 3 Before profit and fat
- 4 Pesky insect
- 5 Louisville Slugger
- 6 Black cuckoo
- 9 Resistance unit
- 10 Football uprights
- 11 Kansas City athlete
- 12 Glue
- 13 Taj Mahal city
- 17 Retired fliers
- 21 Fr. summer
- 25 Showy flower
- 26 Indoor game
- 28 Hawaiian veranda
- 29 Supermodel
- 31 "Cheers" role
- 32 Busy bee in Apr.
- 33 Rope-a-dope boxer
- 34 Court game
- 38 General in gray
- 39 Time zone
- 42 Mythical bird
- 44 Some soccer players
- 47 Sp. lady
- 49 The Phantom of the Opera
- 50 Trotter's burden
- 51 Danish capital
- 53 Mother-of-pearl
- 54 Spring up
- 55 They're chalk in some stadiums
- 56 Falls behind
- 60 Rum-soaked cake
- 61 List abbr.
- 63 "\_\_\_ a homer!"

**SUDOKU**



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**Corrections**

In Tuesday's edition of The Argonaut, Blake Uphus and Amey Shigrekra's names were misspelled.

**UI Student Media Board**

The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office on the 508 third floor.

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- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.
- Letters must be signed, include major and provide a current phone number.
- If your letter is in response to a particular article, please list the title and date of the article.
- Send all letters to: 301 Student Union, Moscow, ID, 83844-4271 or [arg-opinion@uidaho.edu](mailto:arg-opinion@uidaho.edu)

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# Vandal Friday admitted student increase up from last year's

Michelle Gregg  
Argonaut

Vandal Friday gives high school students and potential Vandals a chance to experience a small segment of college life — either by attending scheduled events, where they are informed about the variety of majors and education opportunities, or staying overnight in a dorm, sorority or fraternity.

The first Vandal Friday was March 21-23, with the second Vandal Friday April 4-6. Combined, the Vandal Fridays brought in a total of 1,471 admitted students, said Karen Hunt, University of Idaho's media relations assistant.

"Those numbers also translate to about a five percent increase from last year," Hunt said.

Both Greek houses and Resident Housing had overnight visitors. Anne Siron, Panhellenic vice president of membership recruitment, said they had a good turnout for both Vandal Friday weekends.

During the Vandal Friday weekends, UI's Greek Week was also taking place. Those who hosted Vandal Friday visitors in Greek houses, as well as those in the dorms, were able to take the visiting high

school students to various events, such as the annual Greek Week skits and Red Bull chariot races.

"In Greek houses, both Vandal Fridays were very successful. The first one had more students than the second, mainly because that was spring break for Boise high schools. However, the second Vandal Friday we got more out-of-state students or ones who live closer to Moscow," Siron said. "Vandal Friday is all about getting potential Vandals interested in coming here and future Vandals excited to come here, along with exposing them to what were all about, and I think we did that."

Siron said Thursday, April 4 and Friday, April 5 a total of 240 women stayed in Greek houses overnight.

Like the sororities, both Vandal Fridays were successful for the fraternities. Justin Glenn Novacek, the recruitment chairman for UI's Interfraternity Council said the fraternity numbers were up from last year. The first Vandal Friday he said roughly 115 men stayed overnight Thursday and Friday and the second Vandal Friday around 80 men stayed overnight



Liam Donohoe | Argonaut

Dan Davenport, Director of Student Financial Aid for the University of Idaho, informs transfer students and parents about student loans, grants and scholarships Friday in the Crest Room of the Commons Building.

Thursday and Friday.

"Everything went smoothly—a lot smoother than previous years and we had increased numbers which will

help us in recruitment this coming fall," Novacek said.

Michelle Gregg can be reached at [arg-news@uidaho.edu](mailto:arg-news@uidaho.edu)

## Red Bull gives you wings, or, wheels this time

Teams of three Greek gladiators race handmade chariots for last week's Vandal Friday event

Alycia Rock  
Argonaut

Teams of three raced homemade vehicles for Red Bull and Vandal Friday Thursday night, unofficially bridging the gap between Greek and Residence Life students.

These two-wheeled chariots ranged from trashcans to wheelbarrows, mop buckets to dog kennels and some were even expected to break before the race began.

Cory Cramer, a marketing employee for Red Bull, said these Red Bull Chariot Races are a great way to represent your Greek house, but also show incoming students what the University of Idaho is like and how collective it can be.

"We hope to bring campus together," Cramer said before the event. "(We hope to) do something fun and unique that we haven't done before. Something everyone can participate in."

Cara Lehman, who does marketing for the dorms, said they had five teams competing as well.

"This event isn't just for Greeks, it's an entire university thing," Lehman said.

Matthew Kurz, Frater-

nity and Sorority Life director, put similar emphasis on the fact that the event was completely dry.

"All the students are coming together at an event that is completely sober," Kurz said. "And, I mean, relatively safe."

While the event may have been relatively safe, Emergency Medical Technicians were still on standby and most chariots fell apart while racing their hardest.

Teams of three gladiators raced around a hay bale course for the win and chariots were made to be pulled by two members on foot, with one riding in the back acting as a pilot.

The designs for chariots were widely varied, as were the team's runners. Co-Ed teams, teams in costumes and teams from each housing option on campus participated.

Last year was the first Red Bull event and the turnout was great, Cramer said. This year, they expected the number of those in attendance to grow even further.

"We expect 1,000 to 2,000 people this year," Kurz said.



Liam Donohoe | Argonaut

Racers compete for the top three prizes Thursday at the Kibbie Dome parking lot. Winners were awarded trophies and prizes courtesy of Red Bull.

There was Red Bull available for everyone in attendance, though the Red Bull ran out by the time the event was finished.

The race used a bracket-style system — there were 21 teams competing in this year's event, Cramer said.

The race had three

winning teams: first for Ancient Greek Spirit and Team Creativity, in which the racers were judged for their overall attitude and performance, as well as their ability to interweave the ancient Greek theme this year's chariots had to contain.

The second award was called the Archimedes Award for Inventiveness and Design and judged racers on their craft's design and originality.

The third and final award for the Red Bull Chariot Races was with the Hermes Award for Fastest Time. Winners of all three won a case of Red Bull and a trophy for their collection.

FIJI won the overall race, McConnell Hall took the trophy for design and Pi Beta Phi triumphed with the spirit award.

Students were encouraged to be creative with where they get their wheels. Old bicycle wheels, trash can wheels and wheels from an old golf cart were just a few of those used. Red Bull did not provide any materials for the chariots.

"There was people packed around the course

last year," Cramer said. "Everyone had a great time."

This year was no different. Students whooped and hollered and actively participated in the race. Despite the cold and wet parking lot, teams and audience members maintained a spirit of exhilaration.

Several teams came with unique themes and costumes for their chariot. Mario, Luigi and Princess Peach manned their "All Gold Everything" chariot, though they said they expected the right wheel to fall off their chariot — which it did, after their first race.

Regardless of how well their chariots stayed together, teams did well improvising with repairs.

The Red Bull Chariot Races hopes to encourage the sense of Vandal community and teamwork along with some friendly competition. Kurz and Cramer said they hope to make the event annual and anyone interested is encouraged to sign up.

Alycia Rock can be reached at [arg-news@uidaho.edu](mailto:arg-news@uidaho.edu)

# APRIL 12

## IS THE LAST DAY FOR STUDENTS TO PICK UP THEIR MACKLEMORE TICKET

PICK UP YOUR TICKET AT THE SUB INFO DESK  
WITH YOUR VANDAL ID CARD & NONPERISHABLE FOOD ITEM

## RAPE

FROM PAGE 1

the legislature has put on whether it's criminal or not, which is very frustrating for us because it's easy to see ... that if somebody has sex intentionally with a person and the other person didn't consent, that's not right," he said. "But it's not necessarily criminal in Idaho."

In cases such as Vierstra's, forcible rape needs to be proven. This includes proving there was penetration and resistance that was overcome by force or violence. But Idaho statute does not define resistance, which Evans said can be an issue.

However, on April 1, in the State of Idaho v. Russell Jones, the Idaho Supreme Court revised the definition of resistance.

"Given the plain language of Idaho's forcible rape statute and Idaho's well-established case law regarding resistance, we hold the statute does not require that rape victims resist to their utmost physical ability and that verbal resistance is sufficient resistance to substantiate a charge of forcible rape," according to the court's opinion.

Chief of Police David Duke said this will set the

precedent for further rape prosecutions.

Despite this recent definition revision, Thompson said refining the rape statute isn't something he sees happening in the future. This is especially due to the predominately conservative male legislature, which is not a receptive forum for the kinds of changes they need.

"Sex crimes are uncomfortable for people to deal with," he said. "No one likes to talk about what happened to them sexually, they are uncomfortable even making reports."

When reports are made, it's even harder to get a conviction.

Thompson said each case is driven by its own unique facts.

"I can remember over the last handful of years, two cases where I got rape convictions. One was a court trial where just the judge heard evidence, the other a jury trial," he said. "The majority of sexual assaults are resolved in plea negotiations, but really the strength of the case rest on its exact facts."

Evans said recently she's tried two rape cases — aside from the Vierstra case — one in December where the accused was acquitted.

"Before that we had a rape case where the girl was unconscious and somebody walked in on them and the jury still didn't find he committed rape, they found attempted rape," Evans said.

Aside from changing legislation, Evans said the key to a successful conviction lies in the report. She said victims need to report early, get a medical evaluation and help the police preserve evidence.

Duke said the delay in report, which can lead to a lack of physical evidence to collect, is what inhibits their ability to prosecute rape cases. He said this is the case with the first two reports made against Vierstra in August 2011.

Duke said the two reports were made about a week after the incidents occurred.

"Usually there's a delay when an acquaintance rape is reported, when it's a stranger it's usually reported immediately. But there are very few of those in the city," Duke said. "When evidence can't be collected, you have to go completely on what was said to us without a basis for facts."

He said without physical evidence — such as a medical exam — the reports can be hard to corroborate.

"Sometimes there are witnesses, but when there are only a few people involved, that's when credibility comes in — whose statement to believe," he said.

With Vierstra's case, as the first two reports were dropped down, Thompson said this is when the university's involvement can help.

"The university will almost always look to see if there is student disciplinary action they need to address," Thompson said. "It's not unusual for those cases that don't meet the element of criminal charges that the university will impose its own sanctions."

He said because UI has lesser standards to prove misconduct and a broader definition, they can take action on the victim's behalf.

"So at least there's some consequences to the person and more importantly a degree of protection for the victim," he said. "The university is a great asset and an important part of overall picture of how these cases are dealt with."

Dean of Students Bruce Pitman said in this specific case, UI took the action that was available to them. This includes cooperating with the Moscow Police Department and their investigation, as well as action through the student code of

conduct system.

Although Pitman said he could not comment on the specific action taken against Vierstra, he said he is pleased the case was resolved in the court system and hopes it will encourage other victims to go through the formal processes.

In general, Pitman said UI has a three-step process for handling sexual assaults at the university end.

"We provide support — counseling and medical. We also as a part of that make sure they are connected to other resources such as ATVP," he said. "We always encourage the student to pursue legal remedies and we also have responsibility under Title IX to look at the situation broadly, even if the victim does not want formal action, to see if there are any continued risks to the community and attempt to reduce or eliminate those risks. So we did that and we do that."

Pitman said in some cases action may be removing someone from the residence halls, or making sure there is no contact in classes on campus while the investigation takes place.

"Whether the victim wants that kind of direct intervention or not, we have

an obligation to community," he said. "If the victim is willing to talk to police then we help make that connection."

As for the first two alleged victims who accused Vierstra of rape, Thompson said they are a prime example of the limitations of Idaho law.

"We can sit here and say what that guy did was rape — the common sense meaning of rape — but under the definition that the legislature has given to rape it didn't meet the elements," he said. "So those are two are great examples of the frustrations we run into where two victims are victimized and we don't have tools to address it. Unfortunately, it's not uncommon."

Evans said for now she encourages victims to get help from the police. Alternatives to Violence on the Palouse and the Women's Center. But overall, victims need to help police preserve evidence and report the crime.

"Reporting as soon as possible is what will help the most," Evans said.

Vierstra is currently awaiting sentencing, scheduled for 9 a.m. June 3.

*Katy Sword  
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## BRIEFS

FROM PAGE 1

bed and concluded she was taken outside where she lost consciousness.

Huft is seeking damages for medical costs, pain and suffering, loss of enjoyment of life and mental anguish and distress, in addition to attorney's fees. Huft broke her pelvis and injured her ankle in the incident.

A hearing is scheduled for Oct. 7 before Latah County 2nd District Judge John Stegner.

## Law School welcomes international Judge Donoghue to speak

The University of Idaho Law School welcomes Judge Joan Donoghue, from the International Court of Justice Wednesday to speak about the role of interna-

tional law in today's world.

Judge Donoghue is charged with applying international law to conflicts that may occur, especially where concerned with public security, UI law professor Anastasia Telesetsky said.

"We are very excited to be hosting her," Telesetsky said. "We want to promote international law to the campus and community."

Judge Donoghue is the first American woman to hold this position in the World Court.

There are 15 active judges on this court, but they all represent together, Telesetsky said. Judge Donoghue does not just represent American views — she applies law to cases from an outside standpoint.

"We want to give the public a primer on why international law matters," Telesetsky said. "The court she is affiliated with is a UN body."

The World Court hears cases that states bring, where governmental bodies have legal questions.

"For example, they may ask, 'Is the wall between Israel and Palestine legal?'" Telesetsky said. "The answer is no."

There are a number of interesting cases she will hear, ranging from environmental issues to political issues, Telesetsky said.

"The entire law school has been very supportive of her visit," Telesetsky said.

Judge Donoghue's presentation will cover what exactly her job is and why international law is relevant. She will also explain what the international court of law is.

"We really are excited to have students from across the campus as well as community members attend," Telesetsky said. "She is eager to meet the public and hear a wide variety of perspectives on international law."

Judge Donoghue's conversation will take place at 2:30 p.m. Wednesday in the Menard Courtroom in the College of Law.

## GUN LAW

FROM PAGE 1

were originally limited to five boxes of ammunition per day, but because supplies have become scarce they are limited to two.

Brigham said after the conspiracy theories came out people swarmed the ammo case.

"I personally think people were scared of assault rifles being banned and so they bought all the ammo they could," Brigham said.

Brigham said Walmart has been back-ordered on ammunition for a while.

"Customers were complaining that one guy could come in and buy all the ammo in the case while everyone else got nothing," Brigham said. "We decided to limit sales to three boxes per person per day."

Brigham said even as an employee who gets first word of any new ammunition shipments, he still finds it difficult to buy ammo before it's gone.

"People are getting angry because we do not feel like a company should tell us how much ammo we can buy," Brigham said.

Brigham said he estimates things should return to normal within the next eight months, while Edwards said it will be closer to a year.

*Erik Fink  
can be reached at  
arg-news@uidaho.edu*

## SMOKING

FROM PAGE 1

been known to kill people, cause asthma attacks. So it goes back to protecting our health. Litter is also another big issue. Facilities estimates that it costs them five cents per cigarette butt that they pick up, and I'm sure they spend a majority of their time on it."

He said a lot of comments from the survey suggested that designated smoking areas would find a lot of support from students, but it would be difficult to effectively implement.

"A lot of comments on the survey came back with wanting designated areas, but when looking at practice models from other universities it wasn't effective," Trautvetter said. "Having a complete smoke-free campus would promote cessation to our students. Not to mention there is still secondhand smoke with designated areas."

Trautvetter said he and another student were invited to speak at a tobacco conference for the Fresh Air Campus Challenge at Portland State University, where they learned how other universities had implemented smoke-free policies successfully.

"Every university that had an effective plan did a two-year implementation plan," Trautvetter said. "In that two years, they raised awareness of the plan, promoted education for tobacco cessation, cessation programs and proper signage on campus."

Shannon Haselhuhn, UI health education director, said she thinks the two-year implementation program is important to get the university on board with cessation programs and to set plans for the program.

Assistant clinical professor in exercise science and health Helen Brown mentioned the Affordable Care Act's impact on cessation programming at UI.

"The ACA mandates that employers with more than 50 employees offer tobacco cessation programs," Brown said. "The university will have to be looking at that closely for faculty and staff. The hope is that during the two year implementation program cessation will be looked at broadly for students, faculty and staff."

Trautvetter said a lot of people who took the survey said there was no way the policy could be enforced.

"Other universities have found that enforcement is not needed with proper education and signage on campus," Trautvetter said. "Most enforcement is peer to peer."

Brown said there would be maps drawn designating where land is private or public. Trautvetter said that most Greek Houses are on private land, meaning the university can't designate them as non-smoking.

Trautvetter, Brown and Haselhuhn all said the goal of a smoking ban was to promote health on campus through cessation.

"Something like 70 percent of smokers are trying to quit," Brown said.

*Andrew Deskins  
can be reached at  
arg-news@uidaho.edu*

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# SPORTS



Theo Lawson | Argonaut

From left to right: Aeron Shreve (Grand Slam), Michele Wiseman (Breaker Box) and Laura Graden (Grease Kelly) of the Rolling Hills Derby Dames block a jammer from the opposing Hermiston Melon Smashers during Saturday's roller derby bout at Beasley Coliseum in Pullman. The Melon Smashers proved no contest for the Derby Dames, who defeated them by a score of 279-125 on the Dames' home floor. With the victory, the Derby Dames moved to 2-0 this spring, last beating the North Idaho NIRDS March 23 in Spokane.

## One letter and a mustache off

Idaho basketball coach Don Verlin's twin brother, Ron, lands first head coaching job at Pacific

**Sean Kramer**  
Argonaut

Men's basketball at University of the Pacific and Idaho will have quite a bit in common next season — mostly with the men in charge.

Last week, Pacific named Ron Verlin the successor to Bob Thomason, who stepped down after 25 years at the helm of the program.

Idaho fans may double take at the name — Ron Verlin is the twin brother of Idaho coach Don Verlin. The identical twins were born a minute apart and took similar, yet different, paths to their respective head coaching jobs.

Ron Verlin spent 19 years as an assistant coach at Pacific before the opportunity to become a head coach opened up. Don Verlin spent 11 seasons under Stew Morrill at Utah State before jumping at the opportunity to lead Idaho.

"We always talked about hey, if Stew leaves are you going to get the job. Or if Bob decides to retire do you think you'll get the job," Ron Verlin said. "Every year when you're a coach you always look at the end of each season and say 'Hey what's out there? What can I do? What do I need to get better? Maybe there's a job out there for me, maybe there's not.'"

Don Verlin found that opening at Idaho in 2008, and his experience has proved invaluable for Ron Verlin throughout the last couple of weeks. Ron said he and his younger-by-a-minute brother have been in constant contact, sharing advice and bouncing ideas off each other.

"It's an exciting time for our families, they really got into it. His friendship has been awesome. We're not just brothers, we're also very close friends," Ron Verlin said. "He knows, he's called me a couple times this week like 'Hey, how you hanging' because it's been crazy."

Despite both being in the coaching profession for more than two decades, the two haven't coached together since their first gig — coaching the freshman team at Del Oro High School in Loomis, Calif. From there, their careers evolved through AAU teams and have branched off in different directions.

Don Verlin got his start at Columbia College in California, where Ron arrived in 1993, but that was two years after his brother moved on to Colorado State.

"I think we've always thought about that, coaching together again. But that's not



Ron Verlin



Don Verlin



This business is too tough, we share a lot of information. Obviously if it's the CIT, NIT or NCAA we'd do it and welcome the competition.

**Ron Verlin, Pacific coach**



Pacific Media Relations | Courtesy

Ron Verlin coaches while assistant coach at Pacific. Verlin spent 19 years in Stockton before being promoted March 26.

how this business works — him going the way he went and me going the way I went — that's how it worked," Ron Verlin said.

It's not likely their paths will cross anytime soon — the

two don't want to play against each other.

"This business is too tough, we share a lot of information.

SEE VERLIN, PAGE 8

## Athletes of the week

### Matt Sullivan — outdoor track and field

Saturday at the Sun Angel Classic in Tempe, Ariz., Sullivan broke Idaho's first outdoor record of the season, becoming the fourth Vandal ever to clear the 17-foot mark in the pole vault. Sullivan's jump of 17-5 (5.31 meters) won the mens pole vault event and was good enough for best in the WAC this season, while ranking No. 22 in the nation.



Matt Sullivan

### Solomon Dixon — football

One of just a few returning starters within Idaho's secondary unit, Dixon was the Vandals' best defensive player during their second spring scrimmage Saturday in the Kibbie Dome. The sophomore led all players in tackles with 12 and, along with defensive end Quinton Bradley, had more tackles for loss (3) than any other player. Dixon has just one pass break-up, but that's because the 2012 four-game starter picked off two more. Dixon intercepted Chad Chulich twice, once in the end zone and once on the 48-yard line, where he would he would pick the ball off of Idaho's redshirt freshman and outrun the black shirts into the end zone.



Solomon Dixon

### Jose Bendeck/Cristobal Ramos Salazar — men's tennis

A shorthanded men's tennis team called upon the consistency of Bendeck and Ramos Salazar in a narrow 4-3 victory against Sacramento State Sunday in Lewiston. The pair won 8-0 at the No. 2 doubles spot and though Idaho couldn't pull out the doubles point, Bendeck and Ramos Salazar managed much-needed singles wins at

SEE ATHLETES, PAGE 8



### @PeteShowler

Great way to finish the three Spring games....3 clean sheets, 6 goals and unbeaten....top notch lasses well done! #GoVandals  
— Idaho soccer coach Pete Showler on the Spring season



### @BrentThibodeaux

No breaking news on the potential #SunBelt expansion at this time. Conference officials are still in deep talks with several schools.  
— Sun Belt insider on potential expansion. James Madison and Liberty are potential targets.



### @VandalNation

The former-Big East will be the American Athletic Conference. "The American" will be first, and only, BCS-AQ league to send team to Moscow.  
— On Temple being first BCS conf. team ever since creation of the BCS in 1998 to play in Kibbie Dome



### @KB33

Truly blessed to see my name as an All American. Something I will never forget.  
— Kyle Barone on being named an AP honorable mention All-American

SEE TWEETS, PAGE 8

# Alteration in second scrimmage

Petrino shakes things up as defense makes its presence known Saturday in Kibbie Dome

**Theo Lawson**  
Argonaut

"Improvement" is a word thrown around casually during the spring football season. While it may be tough for Paul Petrino to truly gauge his team's improvement until the Vandals open up their regular season, Saturday's spring scrimmage served as an eye-opening checkpoint for Idaho's first-year headman.

The Vandals' three-hour session saw a little more of everything, primarily due to the increased number of offensive series played. Either way, improvement was evident on both sides of the ball and the offense made its way into the end zones 10 times while the defense shocked its offensive counterparts, scoring on three turnovers.

"There was some real good things," Petrino said. "The most exciting thing was that there were guys flying around, there was good hitting going on. I thought the defense made some big strides in that from last weekend."

"Steal from the rich, give to the poor" was the mantra Petrino followed Saturday, as a depleted Vandal secondary welcomed the athleticism of quarterback Austin DeCoud, who sported the white No. 21 jersey and gave the shorthanded safety unit much-needed breathers on a few different occasions.

Four series in, Idaho's offense and defense were tied at two scores a piece, meaning Petrino would steal

from the defense, gifting the offensive line with defensive tackle Jesse Davis.

The Asotin, Wash., native hadn't played on the other side of the ball since 2009, and it proved to be a demanding transition.

"It was difficult, a lot harder, a lot more technique into it than the d-line," Davis said. "I've just got to get into the film room and study up."

Petrino's tactics, unorthodox but effective, saw DeCoud break up one pass and rack up four tackles while Davis preserved exhaustion on the o-line, all while accumulating four more tackles on the defensive side of the ball.

"We've had a couple injuries so right now guys are making amazing efforts, I mean unbelievable," offensive line coach Jon Carvin said. "We had a couple of guys last week play over 100 plays in a scrimmage. This week I'm sure we also had the same thing."

And if the offensive line accomplished anything, it was opening holes for Idaho's brand new junior college transfer tailbacks.

Kris Olugbode increased his spring scrimmage touchdown tally to eight overall while Jerrel Brown is up to five. The duo combined for 381 yards, and it was redshirt freshman Andrew Williams who broke off for the Vandals' long touchdown run of the afternoon, a 62-yard sprint that became the offense's fifth score.

While Idaho's backfield



Junior college transfer running back Kris Olugbode powers into the end zone during Idaho's second spring scrimmage Saturday in the Kibbie Dome. Olugbode has rushed for eight touchdowns in the Vandals' two scrimmages.

thrived, neither quarterback lobbying for the starting position did much to separate himself from the other.

Chad Chalich, who attempted 14 more passes than to-be senior Taylor Davis, threw three interceptions and was forced into a trio of fumbles. The redshirt freshman from Coeur d'Alene was 21-of-32 with one touchdown while Davis was 15-of-31 with one touchdown and one fumble.

"I think I was kind of upset with them, I thought they took a step back," Petrino said. "I thought they played a lot better last weekend, really made strides during the week and really took a step back."

Idaho's quarterbacks will have two more opportunities to earn the starting role before junior college transfer Josh McCain is thrown into the mix in August.

For the moment,

Idaho is without much of a special teams unit, as kicker Jace Johnson has left the program. With the departure of senior punter Bobby Cowan, the Vandals have also been without a punter, and will await the arrival of Spokane native Austin Rehkow, who could fill both voids.

"(Johnson) decided he didn't want to play anymore," Petrino said. "You've just got to deal

with whatever cards you got so we've just got to keep grinding."

The Vandals will be back at it Saturday for their third spring scrimmage. The spring season will conclude April 19, when the team meets for the annual Silver and Gold Scrimmage. The game will be played at 6 p.m. inside the Kibbie Dome.

Theo Lawson can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu)



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# Vandals not weathered

## Gusty conditions play factor in Idaho's final spring games

Theo Lawson  
Argonaut

Coach Pete Showler and the Idaho women's soccer team have dealt with the circumstances. Saturday and Sunday, the elements provided them an unexpected challenge — they coped with that one as well.

The Vandals concluded their spring slate with three matches, and excluding their alumni series, came out of the season 2-0-1 despite a short-handed roster that excluded the nine seniors who left the program after the fall season.

Saturday, Idaho faced a SprinTurf challenge that proved tougher than any of the Vandals' other spring match-ups. Against a Central Washington University squad that utilized all of its seniors from the fall season, Idaho kept the shutout and the teams settled for a 0-0 draw after three 30-minute periods.

Blustery conditions played into Idaho's ability to get into any sort of an offensive flow, and the SprinTurf saw everything from hail, to 20-mile-per-hour gusts, to rain and sunshine during the 90-minute match.

"It was a sloppy game all around," Showler said. "It made it hard for us. We didn't deal with it as well as we needed to but there are a lot of things that can be learned from that and we've got to take the positives and we have to improve in some areas."

While the Wildcats didn't take an abundance of shots on goal, those that were on target were foiled by sophomore goalkeeper Marina Siegl.

Behind 20-game starter Liz Boyden and senior back-up Caroline Towles, Siegl didn't see any action during the fall season but the Uffing, Germany, native has kept three clean sheets in three

opportunities this spring.

"It's always nice to have a new goalkeeper come out and get that shutout in her debut," Showler said. "Big strides are being taken because the monkey is off our back in terms of nerves."

Sunday morning, Idaho squared off with a group of former Vandals for the annual alumni game. The teams played mini 7 vs. 7 games inside the Kibbie Dome.

The alumni group consisted of all nine seniors from last fall's squad, and Alison "Larry" Paige, only two years removed from her senior season, made the trip from her hometown of London for the game.

"It's really good to come back and see all the people and catch up with the coaches and trainers," Page said. "You make such good friend when you're here playing. It's been nice being able to come back. That's the reason I came back."

The day concluded with a 2-0 victory against Walla



Steven Devine | Argonaut

Katie Baran fights for ball control against a Central Washington defender during a game Saturday on the SprinTurf. The game ended in a 0-0 tie but Idaho concluded the Spring season with a victory, coming out on top of a 2-0 match against Walla Walla Community College Sunday, also on the SprinTurf

Walla Community College, which saw defender Chelsie Breen tally her third and final goal of the spring campaign. Weather was a factor early on, but the Vandals were able to break through against a

physical WWCC team utilizing Showler's new tactics.

"It was a brand new formation and system we were trying so there's still a long way to go with that, but the way we are adapting to it is

good," he said.

Showler will welcome 11 recruits to the program ahead of the fall season.

Theo Lawson  
can be reached at  
arg-sport@uidaho.edu

## Close call for mens tennis in 20th season victory

Anthony Kuipers  
Argonaut

After losing the doubles point, the Idaho mens tennis team fought back to win four singles matches and clinch a 4-3 victory over the Sacramento State Hornets Sunday in Lewiston.

No. 67-ranked Idaho is now 6-0 against Big Sky opponents and 20-4 overall. Sacramento State dropped to 14-12. The Vandals have already surpassed their win total of the past two seasons. They won 19 matches in 2011 and 14 in 2012.

Idaho coach Jeff Beaman said hitting the 20-win mark is not surprising given his high expectations of the team at the beginning of the season.

"I honestly felt that if we didn't win 20 wins, we weren't living up to our potential," Beaman said.

In order to reach win No. 20, Idaho needed to fend off a Hornet team that had won 10 of its last 12 matches and currently sits at second place in the Big Sky standings. They did so without talented senior Marius Cirstea. Cirstea suffered an injury during Idaho's last match, a 4-3 loss to Oklahoma State on April 2. The senior usually plays in the No. 2 or No. 3 singles spot as well as the No. 1 doubles spot with fellow senior Abid Akbar.

Beaman said Cirstea's

absence was notable, especially in doubles.

"Taking him out of the doubles match really makes it a lot harder to clinch that doubles point," Beaman said.

That was evident when Idaho dropped the No. 1 and No. 3 doubles matches to dig themselves into an early hole. Senior Ivan Krijanto and freshman Matt Odonetto lost at No. 3 by a score of 8-5 and sophomore Dmitry Perevoshchikov and Akbar fell 8-5 at No. 1 as well. The highlight for Idaho was the continued success of junior Jose Bendeck and sophomore Cristobal Ramos Salazar at the No. 2 position. Fresh off an upset win over Oklahoma State's 70th-ranked doubles pairing of Richard Del Nunzio and Denys Pume, they shut out Hornets' Roy Brandys and Sean Kolar 8-0.

After falling behind, Idaho put together a furious rally by winning four straight singles matches to secure the victory. Akbar lost the first match at No. 2, then Perevoshchikov, Bendeck, Ramos and Krijanto won the preceding No. 1, No. 3, No. 4 and No. 6 matches respectively. Bendeck, filling in for Cirstea, battled to a three-set win as did Krijanto, who clinched the fourth and final win for Idaho. Sophomore Cesar Torres lost at No. 5.

Idaho has yet to lose two matches in a row this season and Beaman said that feat speaks to the team's toughness.

"It shows that we deal with adversity in a pretty good way," Beaman said. "Dealing with Marius' injury, dealing with a loss — it shows our resiliency."

Idaho will need to continue to show that resiliency this week when the Vandals face Brigham Young University Friday in Spokane. The 16-4 Cougars have beaten seven ranked teams this season including No. 45-ranked Boise State. Idaho is then scheduled to play Lewis-Clark State College at home Saturday evening.

Anthony Kuipers  
can be reached at  
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## Womens tennis WAC Tournament bound

Aaron Wolfe  
Argonaut

Despite losses against Louisiana Tech and Texas-Arlington on Sunday, the Vandal womens tennis team had wins against Texas-San Antonio and New Mexico State, earning a spot in the Western Athletic Conference Tournament.

Against UTSA Friday, Victoria Lozano continued her hot streak, giving the Vandals an 8-4 win at No. 1 doubles with partner Almudena Sanz. Lozano extended her doubles match winning streak to five matches in a row. Constance Alexander and Alejandra Lozano were unable to hold off UTSA at No. 2 doubles, losing 8-4, but the combination of Rita Bermudez and Beatriz Flores answered back with a dominant 8-1 win at No. 3 doubles.

Victoria Lozano won in singles competition but Sanz did not. Alexander went down despite forcing three

sets, but Vandal freshman Belen Barcenilla earned a two-set victory at No. 4.

For the second time this season it was up to Flores to break a 3-3 overall match tie and for the second time this season she delivered, clinching the victory for Idaho with a 3-6, 6-3, 6-2 win at No. 5 singles against Miranda Poile. Thanks to Flores' clutch play the Vandals overcame a closely contested match with a 4-3 win against the Roadrunners. Including this victory, four of the Vandals' last eight wins have been within a one-point margin.

It wasn't until a 4-0 victory against New Mexico State Saturday that the Vandals qualified for the conference tournament. The Vandals clinched the doubles point with a win at No. 2 doubles from Alexander and Alejandra Lozano, and another win at No. 3 doubles from Bermudez and Flores.

"The doubles point was

crucial for the confidence and going into singles," said Idaho coach Myriam Sopel. "We lost five of the six first sets, but we found a way to make our shots, gain confidence, and go into tough three-setters to get the win."

Alejandra Lozano turned out to be the difference-maker in the match, sealing a 4-0 victory for the Vandals with a win at No. 6 singles.

The Vandals couldn't keep the momentum going on Sunday with a 4-1 loss to Louisiana Tech and a 4-2 loss later that day to UTA.

Sitting at 9-10 overall the Vandals will play a make-up road match against Gonzaga at 6 p.m. Wednesday. The Vandals will then return to WAC play when they play Seattle University at 3 p.m. Friday, San Jose State on at 3 p.m. Saturday, and Texas State at 10 a.m. Sunday. All three matches will be played in Moscow.

Aaron Wolfe can be reached  
at arg-sports@uidaho.edu

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**VERLIN**

FROM PAGE 5

Obviously if it's the CIT, NIT or NCAA we'd do it and welcome the competition," Ron Verlin said. "Winning and losing is so hard at this level, it's really difficult, you just grind."

But if the two were to hit the court just one-on-one? The older Verlin joked that'd be a piece of cake.

"Right now — I got him, no problem. No problem," the older Verlin said "I believe he was better than I was, he was a better all around player, I might've been a better shooter, but right now there's no way, with his bad knees I'd kill him, it wouldn't even be a game."

*Sean Kramer can be reached at arg-sports@uidaho.edu*

**ATHLETES**

FROM PAGE 5

the No. 3 and 4 positions. Bendeck edged the Hornets' Sean Kolar in a first-set tiebreak before ousting him in the second set, winning the match 7-6

(7-5), 6-2. At No. 4 singles Ramos Salazar came out on top of a 6-4, 6-4 decision with Sac State's Niranjam Ram. Idaho's 4-3 victory was its 20th of the season as the Vandals approach the end of season WAC championships.

**TWEETS**

FROM PAGE 5

**@mondo\_H**

And congrats to my boy Jordan Washington for committing to the university of Idaho  
—Idaho CB signee Armond Hawkins on c/o 2014 WR Jordan Washington verbally committing to Idaho

**@1stclassmomba**

I DON'T FLEX ON INSTAGRAM I JUS POST PICS #REALITY  
—De'Anthony Thomas disagreeing with Trinidad James lyrics

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**JAMMING THROUGH THE PACK**

Theo Lawson | Argonaut

From left to right, Stacy Pettitt (Betty Rumble), Erin Collins (Syn With a Gryn) and Kyla Allen-Grant (Kyro SmakChick) of the Rolling Hills Derby Dames make a three-man wall, blocking the Hermiston Melon Smashers' jammer. The Derby Dames, one of two local teams on the Palouse, toppled the Melon Smashers by a score of 279-125 in Saturday's home bout at Washington State's Beasley Coliseum. The team plays in an intraleague bout May 5 in Pullman.

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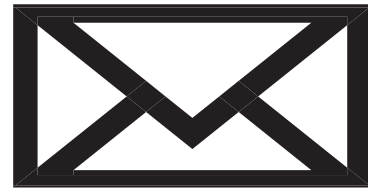
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# OPINION



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OUR VIEW

## Compromise for change

Smoke-free college campuses seem to be a nationwide trend, with at least 1,159 colleges enacting smoke-free policies, according to the American Nonsmokers' Rights Foundation. To determine if smoke-free is the right choice for the University of Idaho, ASUI has sought input from students.

In the recent ASUI election, 745 students supported a smoke-free campus policy while 636 voted to have no change in UI's current policy. An ASUI survey in the fall found 67-77 percent of campus supported limiting smoking to specific areas and 27-37 percent of campus supported a complete ban on all tobacco products.

The number of smoke-free campuses has increased from almost none to more than 700 within the last 10 years, according to The Americans for Nonsmokers' Rights. However,

many of these campuses are medical schools and non-residential community colleges. Before enacting an outright ban, perhaps UI should attempt enforcing the policy it already has in place.

UI's smoking policy states that smoking is not allowed in any buildings on campus except those permitted by the Director of University Residences. Smoking is also prohibited within 25 feet of buildings.

It seems the main problems associated with smoking on campus are undesirable second-hand smoke and litter. Designating specific areas on campus where smoking is allowed is one way for nonsmokers to avoid inhaling secondhand smoke, but still allows smokers to get their fix. An authority figure, such as campus security, should be responsible for ensuring smokers are the proper distance away

from buildings and don't litter.

Enacting a smoking ban is a good idea in theory, but impractical to enforce. Without real consequences, people are unlikely to obey the policy. The ban is one solution to the problem, but it might not be the most effective one.

A compromise almost always exists in any disagreement, even between smokers and nonsmokers. Before implementing a smoking ban on the entire campus, UI should educate students about its current policy and look at making small changes, such as designating specific smoking areas that could have a big impact.

And until a decision is reached, students should continue to express their opinions on the potential smoking ban to ensure a policy is created that is reflective of the majority of campus.

—EE



Shane Weller  
Argonaut

## OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

### Spring has sprung?

This time of year's activities involve sun, grilling and friends. Why in the world can the weather not just understand that and stop sucking?

—Madison

### To the de-seater

Whether it's a warning or a strange joke in which you removed all the bike seats at the SUB rack and then placed them beneath their bikes, thanks for not making off like a bandit.

—Dylan

### Glove and the Hall of Fame

One of the greatest athletes ever to grace my city, congratulations to Gary Payton on being inducted into the Hall of Fame. I can't wait for the day to see your No. 20 raised into the rafters of the Key Arena

—Sean

### Ready, set, crunch time

My capstone presentation is in about a week. See you then.

—Britt

### Why?

The musician, not the question.

—Molly

### Wise words

Just keep swimming.

—Kaitlyn

### Mondays are a drag

I'm glad I only have to suffer through one each week.

—Kaitlin

### Relief

It appears my hard work has finally paid off. Job interview? Yes, please.

—Katy

### Change on the horizon

"I always wonder why birds choose to stay in the same place when they can fly anywhere on the earth, then I ask myself the same question." — Harun Yahya

—Elisa

### Sexism

Why is it so hard to find a men's restroom with a changing table in it?

—Kasen

### I'm a big kid now

I found out I got accepted for a chemistry internship this summer in Delaware. It will be my first real job aside from The Argonaut. I feel like such a big kid.

—Philip

### Summer fun

Officially spending the summer on the Palouse. Already looking up every music festival within a 600-mile radius.

—Amrah

### Cupcakes, candy and cookies

I want sugar.

—Lindsey

### Volunteer work

So you're telling me . . . I can get volunteer hours for my Intercultural Comm. class by going to the Humane Society and petting little kitties? Uh yeah, I'm down with that.

—Theo

## 10 pounds to start

Report shows losing 10 pounds could reduce America's obesity rate, healthcare costs

A recent report revealed a grim outlook on America's obesity epidemic — more than half of Americans could be obese



Elisa Eiguren  
Argonaut

by 2030, according to "F as in Fat: How Obesity Threatens America's Future." Released by Trust for America's Health and the Robert Wood Johnson Foundation in September, the report estimated the cost of treating obesity related diseases, such as diabetes, coronary heart disease and strokes, to increase to about \$66 billion.

The numbers are intimidating with about 6 million cases of diabetes and 5 million cases of heart disease and stroke expected within the next 20 years as a result of obesity. But the number that could save millions of people from developing one of these diseases and billions in health care costs is quite small — 10 pounds.

Jeffery Levi, study author and executive director of Trust for America's Health, said every state

SEE POUNDS, PAGE 10

## ANDAL VOICES

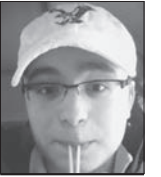
What do you think about a potential smoking ban on campus? Do you think the university would be able to enforce such a ban?



"I think it is absolutely ridiculous. This university is the home of many individuals, even those who smoke. The enforcement would be impractical and in principle alone this is wrong."

— Clayton McFarland

"I don't think a complete ban is really necessary. I did vote yes on the recent ASUI ballot, however I think more enforcement of the current 25 feet away from the building rule should be better enforced."



— Sam Koester



"I don't think it is very enforceable, because it would require a very broad level of implementation on campus. I happen to agree with it, as I don't like inhaling smoke next to doorways. I know there is a Moscow-wide ban on smoking in buildings, but I don't believe that applies to campus doorways. Still, smokers have some rights, so I think they should make the designated distance from the buildings further, but not prohibit it entirely. They could make some signs to put next to doorways."

— Romy Halpern

"Having assigned smoking areas is fine. I think banning it is going a bit too far. I'm a nonsmoker. I don't approve of smoking as an action. But I do know people who smoke and if they want to do it, then that's their choice. And I've never had a problem walking to class right by people outside having a cigarette. And there's often more litter around than cigarette butts anyway."



— Cody Waters



"I'm one of the students leading this project. We have found that enforcement was not needed at the 1,129 other colleges with smoking bans across the country. Proper education, awareness and signage is all that is needed to make the ban effective."

— Kenton Trautvetter

"I'm not a smoker, but I don't think that banning it outright on such a large campus is the answer, especially if the ban extends to other tobacco products as at North Idaho College. However, I think stricter time, place and manner laws — e.g. designated smoking areas in addition to the 20-foot rule (maybe make it 50 feet?) — can and should be enabled without stepping on too many smokers' rights."



— Jonathan Gradin



"I would agree on some expansion and enforcement on current regulations; however, I do not think a campus-wide smoking ban would be wise or successful. I want to see smoking restrictions in front of doorways enforced, and smoking banned on walkways. People have a right to smoke. People also have a right to NOT inhale it. But when it comes to walking from one building to another, you can't help but walk through a cloud of smoke — I'd like to see this improved. I don't think smokers should have to make a journey off campus or smoke in secret."

— Jesse Zylstra

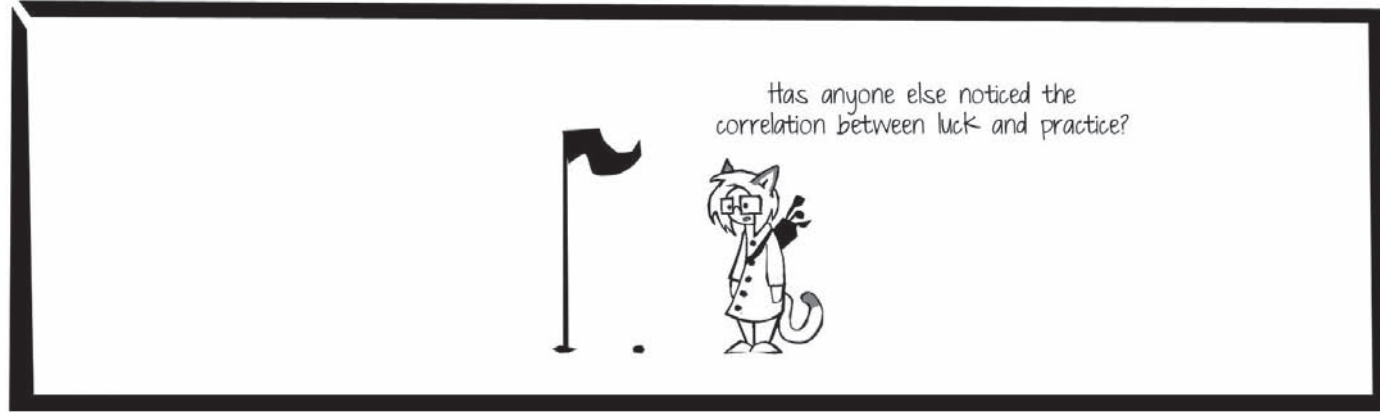
"I think the ban would be pointless, I realize people don't like the smell of smoke but that doesn't mean smokers don't have a right to smoke. Just because I don't like your perfume or cologne doesn't mean it should be banned. As long as smokers follow the rule of being 25 feet away from the doors/windows (and actually have it enforced), or have designated smoking areas, then I don't see a problem with it. I don't smoke but I also can't tell another adult what they can and can't do."



— Alexandra Medina

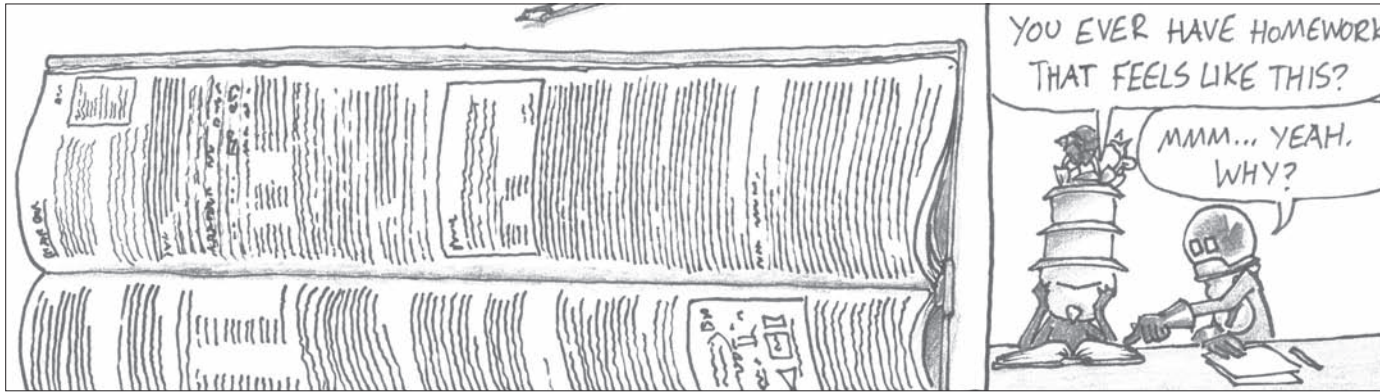
# COMIC CORNER

## Greyscale



Erica Larson | Argonaut

## University Studies



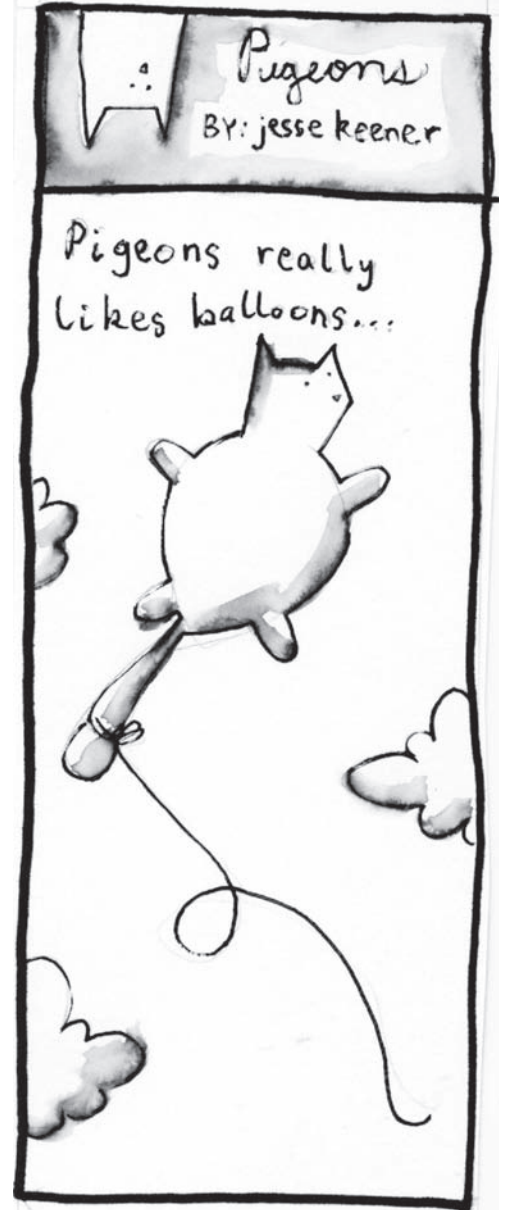
Wesley O'Bryan | Argonaut

## Cloud Nine



Andrew Jensen | Argonaut

## Pigeons



Jesse Keener | Argonaut

## POUNDS

FROM PAGE 9

reducing its body mass index by 5 percent by 2030 would dramatically reduce the number of Americans suffering from obesity and consequently, the amount of money spent on treating related diseases. Five percent comes out to about 10 pounds per person, Jeffrey said.

Idaho's individual statistics are as worrisome as the national obesity rate. In 2011, between 20-30 percent of Idahoans were obese, according to the report. This number is projected to be somewhere between 50-60 percent in 2030. Even if every Idahoan lost 10 pounds, the obesity rate would still increase to 40-50 percent. However, state savings in health care costs would be

about \$3,280,000,000.

Losing 10 pounds is an achievable goal for most people through basic lifestyle changes. The Centers for Disease Control and Prevention recommends adults engage in at least two hours and 30 minutes of moderate-intensity aerobic exercise each week and muscle-strengthening activities at least two days a week. This amounts to about 20

minutes of exercise each day, a commitment most people should be able to fit into their schedule. Exercising with a partner is a way to provide structure and accountability as well as support to an exercise routine.

Diet is also an important component of weight loss and overall health. Maintaining a balanced diet with proper servings from each of the food

groups and moderating portion sizes is a first step. Nutrition counseling with a professional can also be beneficial. Marissa Lucas is a registered dietitian at the University of Idaho Student Health Center who is available to help students develop a dietary plan to meet their goals.

Although predictions regarding obesity aren't optimistic, it doesn't have

to be our destiny. If Americans recognize obesity as a societal problem and make healthier choices as individuals, the positive results will impact the entire nation.

Ten pounds doesn't seem like a lot, but with obesity numbers expected to go nowhere except up, it's a good place to start.

Elisa Eiguren can be reached at [arg-opinion@uidaho.edu](mailto:arg-opinion@uidaho.edu)

# Argonaut Religion Directory

**PULLMAN**  
**emmanuel**

Sunday Morning Schedule  
Bible Study for All Ages - 9:00 am  
Fellowship (coffee and donuts) - 10:10 am  
Worship Service - 10:30 am

- \* Great Bible Teaching \*
- \* Great Worship Music \*
- \* University Ministry - U-Community \*
- \* AWANA with 175+ Kids \*
- \* International Student Ministries \*
- \* Real connections with Small Groups \*

[www.ebcpullman.org](http://www.ebcpullman.org)  
1300 SE Sunnyhead Way - Pullman

*Living Faith Fellowship*

1035 S. Grand, Pullman, 334-1035  
[www.LivingFaithFellowship.com](http://www.LivingFaithFellowship.com)

Worship Services  
Sundays - 10:30 a.m.  
Wednesdays - 7 p.m.

**CCF** Campus Christian Fellowship  
Fridays at 7:30 p.m.  
345 SW Kimball

View our website for transportation schedule, or call for a ride to any of our services!

**ST. AUGUSTINE'S CATHOLIC CENTER**

628 S. Deakin - Across from the SUB  
[www.vandalcatholics.com](http://www.vandalcatholics.com)

Sunday Mass: 10:30 a.m. & 7 p.m.  
Reconciliation: Wed. & Sun. 6-6:45 p.m.  
Weekly Mass: Tues. - Fri. 12:30 p.m.  
Tues. 5:20 p.m. (Latin)  
Wed. 5:20 p.m.  
Spanish Mass: Every 4th Sunday @ 12:30 p.m.

Phone & Fax: 882-4613  
Email: [stauggies@gmail.com](mailto:stauggies@gmail.com)

**Moscow Bible CHURCH**

Meeting at Short's Chapel  
1125 E. 6th St., Moscow

Sunday Worship Service - 10 a.m.  
Christ Centered  
Biblical, Conservative, Loving  
[www.moscowbible.com](http://www.moscowbible.com)

Pastor Matt Hallson. 208-892-0308

**First Presbyterian Church**  
405 S. Van Buren  
Moscow, Idaho  
882-4122

[office@fpcmoscow.org](mailto:office@fpcmoscow.org)  
[www.fpcmoscow.org](http://www.fpcmoscow.org)  
Facebook: Moscow FPC  
Norman Fowler, Pastor

Sunday Worship 10:30 am  
Christian Education 9:15 am  
Wednesday Taizé Worship 5:30 pm  
Thursday College Group 5:30 pm  
Join us for supper and conversation

We'd love to meet you!

**BRIDGE BIBLE FELLOWSHIP**

Sunday Worship 10:00 a.m.

**Pastors:**  
Mr. Kim Kirkland Senior Pastor  
Mr. Luke Taklo Assistant Pastor  
Mr. Loren Euhus Assistant Pastor  
960 W. Palouse River Drive, Moscow  
882-0674  
[www.bridgebible.org](http://www.bridgebible.org)

**RESONATECHURCH**

Exploring God is Better in Community

Sunday Worship Gathering  
Sunday Evenings: 7:15pm

**Nuart Theatre**  
516 South Main Street  
Moscow, ID

For More Information:  
509-330-6741  
[experienceresonate.com](http://experienceresonate.com)  
[facebook.com/resonatechurch](http://facebook.com/resonatechurch)

**Unitarian Universalist Church of the Palouse**

We are a welcoming congregation that celebrates the inherent worth & dignity of every person.

Sunday Services: 10:00 am  
Coffee: After Service  
Nursery & Religious Education

Minister: Rev. Elizabeth Stevens

420 E. 2nd St., Moscow  
208-882-4328  
For more info: [www.palouseuu.org](http://www.palouseuu.org)

**Moscow First United Methodist Church**

Worshipping, Supporting, Renewing

9:00 AM: Sunday School classes for all ages, Sept. 9 - May 19

10:30 AM: Worship (Children's activities available)

The people of the United Methodist Church: open hearts, open minds, open doors.

Pastor: Susan E. Ostrom  
Campus Pastor: John Morse  
322 East Third (corner 3rd and Adams)  
Moscow, ID 83843 208-882-3715

**the CROSSING** "Fueling a passion for Christ that will transform our world"

Service Times

Sunday 9:00 a.m. - Prayer Time  
9:30 a.m. - Celebration  
5:30 p.m. - Bible Study

Thursday 6:30-8:30 p.m. - CROSS-Eyed at the UI SUB

Friday 6:30 p.m. - every 2nd and 4th Friday U-Night workshops and fellowship at The CROSSing

715 Travois Way (208) 882-2627  
[office@thecrossingmoscow.com](mailto:office@thecrossingmoscow.com)  
[www.thecrossingmoscow.com](http://www.thecrossingmoscow.com)

Find us on Facebook!

**immerse** Collegiate Ministries

Bible Study • Fellowship • Events

Sunday Morning Shuttle Service:  
(Look for Trinity's maroon van)  
10:00am, at LLC bus stop (returning shortly after Worship)

sponsored by  
**Trinity Baptist Church**  
208-882-2015 [www.trinitymoscow.org](http://www.trinitymoscow.org)

If you would like your church to be included in the religion directory please contact Student Media Advertising at 885-5780.