

uiargonaut.com

THE VANDAL VOICE SINCE 1898

Tuesday, September 17, 2013

SHIP shape

Words to know

Co-pay – A charge for a covered medical expense which must be paid by the insured person.

SHIP waiver — A form that is filled out by students opting out of SHIP to prove they have alternate health insurance

Waiver audit — A process used to verify the existence of adequate personal health insurance coverage for students who opt out of SHIP.

Lifetime maximum – This is the total that the insurance company will pay over the individual's lifetime.

2002

Year UI contracted with Moscow Family Medicine to run student health clinic



UI provides students with low-cost health insurance through SHIP

If you aren't

feeling well,

make sure you

come over to the

student health.

If you have an

issue don't wait

until it's Monday

morning and

you're sick as a

dog.

Greg Tatham

assistant vice provost

for Student Affairs

Kaitlin Moroney Argonaut

It was a random accident that broke Greg Tatham's leg. A day on the golf course, chasing a ball on the golf cart and his leg — which was hanging out of the cart — hit an out of bounds stick.

out of bounds stick. "Snapped it," Tatham said. "I had to have surgery. If a student has an accident like that and doesn't have any insurance ... many students would have to leave school."

Tatham is the assistant vice provost for Student Affairs and in charge of the Student Health Insurance Program.

"Take advantage of (SHIP)," Tatham said. "If you aren't feeling well, make sure you come over to the student health. If you have an issue don't wait until it's Monday morning and

you're sick as a dog. If you need a wellness exam or any of those types of things that we offer through our program, take advantage of it because that's what it's for."

All degree-seeking students attending the University of Idaho are required to have health insurance, as mandated by the Idaho State Board of Education. If they don't have insurance that meets the minimum requirements — being effective before the first day of school and covering both accident and illness — students will be automatically enrolled in SHIP.

UI contracts with United Healthcare to provide students with a relatively low-cost insurance option, Tatham said. 18-26-year-olds, than a normal population would be that (United Healthcare) serves," Tatham said. "So we are able to get a very high quality health insurance for a very reasonable cost."

And, Tatham said, UI doesn't profit from the insur-

ance program. "Any money we make we put back into the program by offering free meningitis

shots or free flu clinics or discounting some of the services offered at the Student Health Clinic, keeping the co-payments down — that type of thing," Tatham said. "And then part of it we keep in a reserve fund too in case something happens with the

Low price, high quality

Lori Krasselt, Student Health Insurance Program

manager, said students often don't realize the quality of the insurance they are receiving through SHIP.

program."

SHIP is charged by semester and is eligible to be paid for through financial aid awards, something that isn't the case with regular insurance. There are no deductibles for prescriptions or services at the Student Health Clinic and in-network providers — only co-pays are required.

"Immunizations and vaccinations, annual wellness exams, all of the preventative care student services that are under (the Patient Protection and Affordable Care Act), those are covered at 100 percent," Krasselt said.

Audit process

- 1. Begins Oct. 1
- 2. All names and insurance numbers of students who have filed a waiver are sent to outside auditor.
- 3. Students whose information the auditor cannot verify are sent an email requesting they log in and make sure they input all of their waiver information correctly. They have 10 days to do this.
- 4. A re-audit is then conducted. Students who fail the re-audit are automatically enrolled in SHIP.





SHIP per month



Additional review

Class, comp to undergo another review process in reponse to concerns

Kaitlin Moroney Argonaut

Larry Stauffer, dean of the College of Engineering, said the recent announcement of an additional review process for the classification and compensation system is a good step for the University of Idaho.

"For myself, I just want to make sure that we as leadership of the university do a good job of this process," Stauffer said. "I think it is a good system. It's just that when the first results came out, I had some questions about some of the positions — just not understanding why they were what they were."

The decision to implement this extra step came out of a discussion that took place between UI deans, Human Resources and Interim President Don Burnett during an appeals committee training session that took place last Wednesday. Stauffer was one of many deans who were present.

Vice President of Finance and Administration

SEE REVIEW, PAGE 5

A trip to make a difference

years insurance waiver is valid

"Our population is normally much healthier, since they're

SEE **SHIP,** PAGE 5

number of failed waiver audits per semester

Emily Aizawa Argonaut

Alternative Service Breaks are trips that students are able to go on during the winter and spring vacations with the main goal being service for those in need.

During these trips students go to different communities with the intention of providing service to people there, said Andrew Blake, ASB student coordinator.

This year winter, ASB trips will be sent to Peru, Romania, San Francisco and Pittsburgh.

In Peru, students will work with an afterschool program in a rural and largely indigenous village. They will work and play with local students and volunteer their time to address issues surrounding poverty and access to education, Blake said.

Students selected to serve at a community center in Romania will focus on the needs of orphans, women and families.

In San Francisco, ASB team members will partner with community organizations to address issues of hunger, homelessness and

SEE DIFFERENCE, PAGE 5



File photo by Amrah Canul | Argonaut

Students participate in the "Yell Like Hell" event held at the beginning of the 2012 Homecoming Week. The event will take place following the ASUI 5k Spirit Sprint on Sunday. Students can register for the Spirit Sprint online.

Exercising Vandal spirit

ASUI 5K will begin homecoming activities, spirit

Andrew Jenson Argonaut

Students, alumni and community members looking to get active and possibly earn a prize can do so by participating in the ASUI 5K Spirit Sprint.

The race will take place at 2 p.m., Sept. 22 at the Student Recreation Center, and is open to everyone. There is an entry fee of \$5 per student, \$10 for alumni and \$15 for community members. The first 200 registered participants will receive a free T-shirt.

During the event, participants will be divided into three separate divisions. The divisions are residence hall, Greek house and athletic team. Prizes will be awarded to the divisions with the most representation at the event.

ASUI Recreation Board Chair Sarah Vetsmany said the race is intended to be an event focused on Vandal spirit.

"Essentially, it's a spirit walk, so we're going to have the cheerleaders and Joe Vandal out there, (and) kick off the week," Vetsmany said. "Especially More info To register visit uidaho.edu/asuispiritsprint or visit a registration

table Thursday in the SRC or Friday in the Idaho Commons. Registration will also be available on the day of the event.

since it's open to the community and the alumni, I think (there) is a big emphasis on 'Oh, happy homecoming. Go Vandals.'"

Vetsmany said she estimates at least 250 people will attend the event.

"We're expecting hopefully 250 minimum, but hopefully more," Vetsmany said. "Last year was a pretty good turnout, it was around 200, and we know it's getting bigger every year."

Vetsmany said the race will start at the SRC and run through campus.

SEE EXERCISING, PAGE 5



News,1 Sports,6 Opinion,9

University of Idaho

Volume 115, Issue no. 8

Recyclable



CRUMBS **Pull-apart** grilled cheese

Kaitlyn Krasselt Argonaut

Grilled cheese is the ultimate comfort food. It's a go-to dish whether you have a bad day or a great day. The best part about grilled cheese is that there are infinite combinations and there's no right or wrong way to make grilled cheese. Aside from burning it, I dare you to find a way to make a bad grilled cheese. This recipe is a spin on the classic sandwich but it's just as delicious.

Ingredients

Pillsbury biscuits (Grands or buttermilk) Cheese of your choice, cut into cubes 2 tablespoons melted butter Salt for taste Tomato soup if desired

Directions

- 1. Preheat oven at 450 degree F.
- Pull apart biscuits. 2. Wrap dough around 3. cheese cubes.
- 4. Place in oven safe dish until full.
- 5. Drizzle melted



butter over cheese

filled biscuits and

sprinkle with salt.

Bake for 10 minutes

or until golden

brown. If top is

brown before the

insides are done,

foil

cover with

6.

Kaitlyn Krasselt | Crumbs

and return to oven. Check every five minutes until done. 7. Serve with tomato soup.

Kaitlyn Krasselt can be reached at uicrumbs@gmail.com



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THE FINE PRINT

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Argonaut Directory

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Find a mistake? Send an email to the editor

Corrections

UI Student Media Board

The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media

at 885-7825, or visit the Student Media office on the SUB third floor.

Editorial Policy

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The opinion page is reserved as a forum of open thought, debate and expression of free speech regarding topics relevant to the University of Idaho community.

Editorials are signed by the initials of the author Editorials are signed by the finded of the dution. Editorials are signed by the finded by the dution of the university or its identities or the other members of the Editorial Board. Members of the Argonaut Editorial Board are Elisa Eiguren, editor-in-chief, Britt Kiser, managing editor, Choe Rambo, opinion editor and Kasen Christensen, copy editor.

Letters Policy

current issues. However, The Argonaut adheres to a strict letter policy Letters should be less than 300 words typed. · Letters should focus on issues, not on personalties. . The Argonaut reserves the right to edit letters for grammar, length, libel and clarity. Letters must be signed, include major and provide a current phone number. · If your letter is in response to a particular article, please list the title and date of the article. Send all letters to:

> Moscow, ID, 83844-4271 or arg-opinion@uidaho.edu

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The Argonaut welcomes letters to the editor about

301 Student Union

Broadcast Editor

Stephan Wiebe Sports Editor arg-sports@uida









Volunteers from the Center for Volunteerism and Social Action hand out food Thursday afternoon in the Student Union Building. The group tables from 2-5 p.m. in the SUB every Thursday, giving food from the University of Idaho Food Pantry to students who register at the table or email Outreach and Recruitment Coordinator Micaela Iveson.

Dedicated to distribution UI Food pantry now open for faculty, staff, students, families in need

Holden Nelson Argonaut

The University of Idaho Center for Volunteerism and Social Action is launching a program intended to address food security issues in the UI community.

The UI Food Pantry will supply food to undergraduate and graduate students, as well as staff, faculty and families in need at UI.

The food pantry distributes food packages to recipients every Tuesday, and each package contains a week worth of food.

Colleen Quinn, Director of Student Involvement, said she is excited to finally see the food pantry helping students.

"I've been working on this project since June," Quinn said. "Technically speaking, there are quite a few students who are probably having food insecurity or that demonstrate need. That being said, not all of those people who are Pell Grant eligible will use or need access to the Food Pantry. We know there is probably only about nine or 10 students who are able to access it right now, just because they know about it and are needing it."

The Food Pantry table is going to be set up in the Student Union Building across from the information desk every week.

"We were lucky we were able to secure the location in the SUB. Sodexo has been a great partner," Quinn said. "They basically donated the use of the space in the SUB and a lot of the kitchen supplies they weren't using, so we're able to store cold and frozen food in the refrigerators."

Any student that has food security issues is encouraged to apply. There is an application, but Quinn said no students will be denied.

"There's a large honor system, if you could imagine," Quinn said. "If a student expresses need, we're not going to deny them. If you have the need, you get food."

pantry comes from different sources at the moment, but most of it is from the Macklemore concert last spring.

"A lot of the foods are from donation," Quinn said. "If you were around last spring, in order to get Macklemore tickets you had to bring in canned food. A lot of that food came from those tickets. We actually got so much food from that, we actually had to donate some of those cans to the Trinity Baptist Food Pantry because there was so much food, we couldn't fit it in our space."

Maggie Hand, Alternative Service Break coordinator with the volunteer center, has been working on the Food Pantry Project for quite awhile. She said while it was good to see everyone's donations help other students, she hopes the food pantry can secure a steady supply of food.

"Hopefully we will partner with the Idaho Food Bank soon, but first we need to find a sponsor - somebody to partner with us who has a 501(c)(3), so a non-profit organization," Hand said. "They don't have any liability with us, it's just kind of a title we need. Once we have that we can become part of the Idaho Food Bank and with that we will get the weekly shipments from the Idaho Food Bank in Lewiston. This includes stuff like fresh fruits and cans as well as getting fresh produce. Idaho Food Bank partners with WalMart here in town so hopefully we can get fresh bread and vegetables for it."

The Idaho Food Bank is a large consortium of food banks that can supply things like meats, dairy and fresh fruit.

The UI Food Pantry is also looking for volunteers to assist in the process of food distribution.

"We would really love volunteers to help," Quinn said. "And what is neat is if you have an interest in nutrition or family or just want to help serve in the community, students can help to prep the bags that go out, or right now we just need a team of excited people to work with

The food that is supplied to students through the food us. So I think yes, absolutely, we have been lucky. There are volunteers that are future dieticians that have been working with us so we make sure what we give out are balanced healthy meals."

'Right now we're tabling every week from 2-5 p.m.," Hand said. "And people experiencing any food insecurity can come and grab a bag. You just have to sign your name and eventually fill out a form.'

Students can apply to receive food online on the Volunteer Center webpage. Students can also visit the Food Pantry table in the SUB on Thursdays from 2-5 p.m. for more information or to sign up.

> Holden Nelson can be reached at arg-news@uidaho.edu



IENCE ON T

"Exercising couch potatoes and cardiovascular disease"

OUR NEW LOCATION: Moose Lodge 210 N. Main Street Moscow, ID

DATE AND TIME: Join us at 6:00 p.m. Tuesday, September 17th

MORE INFORMATION: (208) 885-7832 inbre@uidaho.edu

Please join us at the Moose Lodge for an evening of great science! Food and refreshments available for purchase.



PRESENTED BY: Dr. Chantal Vella Associate Professor, **Movement Sciences**, University of Idaho

SPONSORED BY:



of General Medical Sciences (NIGMS).

and management programs

"This is recognition that

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Lighting the way

UI Fire Ecology and Management program earns national recognition from National Association of Fire Ecology

Arianna Anchustegui Argonaut

The University of Idaho Fire Ecology and Manage-Program recently ment received a letter from the president of the National Association of Fire Ecology recognizing the program's national certification.

"This certificate provides with encouragement us and support for continuing what we do," said Penny Morgan, faculty member in the College of Natural Resources Department of Forest, Rangeland and Fire Sciences.

For more than 35 years, UI's College of Natural Resources has led wildland fire education and research and remained a model for programs across the country. The program currently enrolls nearly 100 undergraduate students working toward a bachelor's degree in science, ecology and management. The program also offers graduate programs at the doctorate and master's level, as well as a certificate program.

"Having national recognition puts our name in more places and provides another way to emphasize how effective our program is," said Heather Heward, Fire Ecology alumni and professor.

Recognition is awarded

at the national level every five years. The Fire Ecology and Management staff filled out an application and an-

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This is recognition that what we're doing is really outstanding and we're going to keep on educating leaders, working with leaders and being leaders in the field of fire ecology and management.

Penny Morgan, faculty member in the College of **Natural Resources**

important to see the quality of our alumni as leaders and decision makers," Morgan said.

The association identified many strengths within the UI program, including hands on experience, engaging learning, agency partnerships, welldesigned advising from recruitment through job placement and a vigorous research program.

Standards for recognition were set to establish a professional basis for fire ecology



with leaders and being leaders in the field of fire ecology and management," Morgan said. Only five

programs met minimum criteria and were recognized with

the certification. This is the first time the Association has certified programs at the national level.

"It's all group effort," Morgan said. "We have many very talented fire faculty members and students working together to make it all work. We would not have gotten here if we didn't have the amazing team."

Arianna Anchustegui can be reached at arg-news@uidaho.edu

Can't get enough Argonaut photos?

Look at online exclusive photos and more on our Facebook page at facebook.com/uiargonaut



Police log

Friday September 13

1:06 a.m. South Washington St., Wanderer's Tavern Caller complained of loud drums. No report was taken

7:48 a.m. 600 blk North Garfield St. Caller requested assistance for a bat in house.

6 p.m. 300 blk East Eighth St. Caller complained about vandalism.

Report was taken.

6:48 p.m. 600 blk South Blaine St. Caller complained about dumpster smoldering. No report was taken.

Saturday September 14

12:53 a.m. East Fifth St. and South Blaine St. Caller reported a possible gunshot. No report was taken.

10:07 a.m. North Blaine St. and East B St.

Caller complained about a chicken in the road.

5:53 p.m. West Sixth St. — Aquaculture Wet Lab Caller complained about a stray cow.

10:55 p.m. Warbonnet Dr. & West Pullman Rd. Officer arrested male for DUI.

Sunday September 15

8 a.m. 100 blk North Grant St. Caller complained about loud chickens.

8 a.m. 400 blk North Jefferson St. Caller complained about a possible gunshot.



COLLEGE COOKING 101 COOKING WITH CLASS SWEET TREATS IT'S 5 O'CLOCK SOMEWHERE AND MUCH MORE

FOR ALL YOUR FOOD AND DRINK NEEDS, VISIT CRUMBS AT UIARGONAUT.COM/CRUMBS

Kaplan Free Graduate **School Practice Test Week***

In conjunction with Kaplan Test Prep, the Career Center will be offering free practice tests for graduate and professional schools the first week in October. The practice tests will be administered online, and you can use your personal computer to take them anywhere on campus or from the comfort of your room. Below is the list of tests that will be offered and the times you can register to take them. You will sign up for the tests through

Date	Time	Event	Location
9.17.13	10:00 am-2:00 pm	Public Safety & Security Tables	Commons
9.18.13	10:00 am-2:00 pm	Public Safety & Security Tables	Commons
9.18.13	10:00 am-2:00 pm	Health Hut-Bystander Intervention	Commons Plaza
9.18.13	3:30 pm	Sexual Assault: Know what to do when students tell you (for staff & faculty)	Commons Aurora
9.18.13	3:30-5:00 pm	Stop the Hate Training-RSVP 885-6716	Commons Clearwater
9.18.13	6:30-8:00 pm	Self Defense Workshop	SRC front lawn
9.19.13	10:30 am-2:30 pm	Alcohol Education & Screening	Commons
9.19.13	12:30-1:30 pm	OUTlunch LGBT Student Health & Safety	TLC 227
9.19.13	3:30 pm	Sexual Assault: Know what to do when students tell you (for staff & faculty)	Commons Clearwater
9.19.13	8:00 pm	Take Back the Night	Ag Sci Auditorium

Join us this week. We can all make a difference in campus safety!



www.uidaho.edu/IGotYourBack

Kaplan.com, who is administering these practices exams and will be sending you your results. This is a great (and free) resource for any Idaho student or alumnus interested in graduate school and needing to practice for an entrance exam.

*Kaplan testing requires pre-registration. Register at http://bit.ly/kaplan_uidaho For more information please contact the Career Center at (208) 885-6121 or at careercenter@uidaho.edu.

LSAT Practice Test	Tuesday, October 1	4:00pm PST / 5:00pm MST
GRE Practice Test	Wednesday, October 2	6:00pm PST / 7:00pm MST
GRE Practice Test	Sunday, October 6	11:00am PST / 12:00pm MST
LSAT Practice Test	Sunday, October 6	11:30am PST / 12:30pm MST
GMAT Practice Test	Sunday, October 6	12:00pm PST / 1:00pm MST
MCAT Practice Test	Sunday, October 6	12:30pm PST / 1:30pm MST
OAT Practice Test	Sunday, October 6	1:00pm PST / 2:00pm MST
PCAT Practice Test	Sunday, October 6	1:30pm PST / 2:30pm MST
DAT Practice Test	Sunday, October 6	2:00pm PST / 3:00pm MST

Sex, Drugs, Guns, and Spies **Constitution Day – September 17**

University of Idaho - College of Law Courtroom September 17, 2013 4:00 - 5:30 p.m.

Constitution Day is a national day of recognition to educate the public about the U.S. Constitution.

Attend the 90-minute program which will include brief presentations by professors and audience **Q&A. Reception following.** The program and reception are open to the public.

Topics covered: The U.S. Supreme Court's recent decision on gay marriage, the federal government's decision to allow Colorado and Washington to permit recreational marijuana use, the constitutionality of firearm restrictions, and whether the Constitution permits whistleblowers to leak information about possible government misconduct in the course of surveillance are topics still relevant to our 200-year-old Constitution.

Three tips from SHIP Manager Lori Krasselt:



Meet deadlines - "Do your enrollment or your waiver before the deadline and to make sure (you) have insurance that meets the minimum requirements if they are waiving SHIP."

Know your stuff – "Probably to try and just have a basic knowledge of how your health in-surance works before you need to use it. You're not going to know all of your plan details but know how it's going to work if you do get sick or you need medicine before you need it."

Support is available – "Just remember that there are people here to help you both in the SHC, the pharmacy, the insurance office, the vandal health educator, there (are) emails, phone numbers and websites. If your insurance situation changes or if your needs change at some point during the year, there are lots of people you can talk about what your options are."

SHIP FROM PAGE 1

And that is the idea behind the student insurance — to make it affordable and high-quality.

"We've worked very hard over several years to make it an affordable plan but also cost effective to give the students access to care," Krasselt said. "I just really don't think the students realize how good it is and that's unfortunate."

The future of SHIP

Tatham said the student insurance program will likely see changes in the future, in light of the Patient Protection and Affordable Care Act.

"I think the dynamics of what is happening with the new healthcare law it's going to take a couple

"Under this new law, theoretically everyone's going to have health insurance. It won't be the quality, but at the same time it will be some form of health insurance. So that may change what happens with our program or what happens with the (SBOE) in how they write the program and write the conditions that students have to meet to be able to qualify."

of years to kind of get that

figured out," Tatham said.

the In meantime, however, Tatham's advice to students still stands take advantage of SHIP.

happens," "Stuff Tatham said. "This broken leg of mine was an accident, a stupid accident ... take advantage of what the program offers."

Kaitlin Moroney can be reached at arg-news@uidaho.edu

Minimum requirements for outside insurance

- 1. Be valid insurance (costsharing and medical discount programs don't count).
- 2. Effective date must be on or before the first day of the semester.
- Must cover both 3. illness and injury.
- Have a lifetime 4. maximum of at least \$500,000.
- 5. Cover injury while participating in intramural, club or NCAA sports.

REVIEW FROM PAGE 1

Ron Smith said the process of coming to this decision was collaborative.

"(The deans) talked about this being a really big qualitative research project and how it would be really easy to make some mistakes," Smith said. "They said 'You know it would be really good to have an additional review.""

And the president was there and he agreed that it would be a good idea, Smith said.

"When you're working with 1,500 job descriptions and trying to put them into the right spot in a classification system, that there's a good chance there will be some mistakes," Smith said. "So we thought an additional layer of review would certainly help the process and cut down on the number of appeals that went to the committee."

Greg Walters, executive director of Human Resources said he supports the president's decision 100 percent.

"I think this is an excellent additional step I think to help address some of the concerns that have been brought forward and to continue the conversation in a broader perspective," Walters said.

Walters said the initial vetting of the classifications took place last spring. Essentially, they wanted feedback on the relationship between the positions and how they were graded in the different pay scales.

'Really, we needed suggestions from them for positions that were out of whack," Walters said. "Then we went back and did another level of analysis with their suggestions and ideas."

The deans had a very short period of time to review the classifications in their colleges, Walters said.

"(An) hour," Walters said. "And most of them brought somebody from their department who was really familiar with the jobs. Sometimes higher-level administrators are a little bit separated. So they brought some of their experts to these conversations."

The deans were able to compare positions within their own colleges, but not across campus with other departments, which is one of the concerns that brought about the decision by President Burnett to introduce an additional review process. They are looking at having review take place with comparing positions across UI departments.

"The caveat is that the director or dean

in one college doesn't really know what somebody in ITS, what their job is or in a different college," Walters said. "They really don't know those jobs, they know their own jobs."

Stauffer said for him the problem was not having enough information on what he was looking for during the initial vetting process.

"And so to say 'well these are in the right place and these are not,' it was a really tough thing to be able to do correctly," Stauffer said. "So (Walters) gave us a chance to do that and we made some comments. And then to HR's credit, they went back and relooked at things."

But, Stauffer added, it probably wasn't the best feedback that could have been given because he didn't have any training on how to do the assignments.

Stauffer said a more careful placement could be accomplished by looking more closely at the colleges and across the university at the other colleges.

"So that's what we decided to do," Stauffer said.

Stauffer said he believes in what the university is trying to achieve with the new system.

"When you get down to the idea of having a more organized way of looking at the positions in the university, having more predictable grade levels and all that," Stauffer said. "All that stuff makes a lot of sense. I think it's just taken awhile to really understand how it's being done to remove some of that anxiety."

The appeals committee training meeting was educational and has improved his outlook on the process, Stauffer said.

'Everybody is trying to get this done right and they are concerned that people feel good about how it's done," Stauffer said. "I'm actually much more optimistic about it now than I was a week ago."

Staff have expressed relief that this step is being taken, said Brian Mahoney, chair of staff affairs.

'The general consensus from the emails that I received (from staff) immediately after (this was announced) were a little bit of relief and I also think the general feeling was it's about time that they listen to us," Mahoney said. "The deans were able to get across (the message) we had kind of been shooting for ---that the process to date really wasn't working for a lot of staff."

Mahoney said there's optimism now, given that the president has listened to the concerns.

"People are at least hoping that now that we can step back and take a look at this and make sure that this actually works and that it's

working for the staff," Mahoney said. Kaitlin Moroney can be reached at arg-news@uidaho.edu



DIFFERENCE FROM PAGE 1

hunger, homelessness and HIV/AIDS outreach work.

Students in Pittsburgh will work to address issues surrounding homelessness, racial inequality and urban poverty during their time.

ASB trips are subsidized by UI, but there is some cost to students. For winter break, international trips cost \$1,200 and domestic trips are \$600. Blake said there are possible fundraising and financial aid opportunities for students. "If your main concern in applying is that you can't afford it, we will work as hard as possible to make that possible," he said. After returning the application an interview will take place to make sure the teams that are put together will work well and grow together, and that

they will challenge each other Blake said.

He said it is important to have an environment where people will push each other out of their comfort zones but are safe in doing so. Blake has participated in two ASB trips.

"They exposed me to a lot of issues that have better showed me privileges that I was not aware of growing up," he said. 'I think that is a really powerful thing to come in contact with and I think those are discussions that are hard to have in your day to day life." The experience provides students with the opportunity to get outside their comfort zone and experience different communities, but do so in a purposeful and structured manner, he said. "I think part of the beauty of ASB trips is that you are doing it with your colleagues, you're doing it with people from all walks

of life," Blake said. "The amount of community that you form with each other to help each other get through the experience and learn as much as possible is really amazing."

Many students think that they must have participated in the spring ASB trip before they can do a winter trip, but Blake said this is not true and many students take their first

ASB trip during the winter.

"(ASB trips) are one of those things that I tell students you have got to do while you are a student," he said. "Everyone needs to apply, start sooner rather than later because you are going to want to do more once you get started."

Applications to participate in winter ASB can be found online at uidaho. edu/volunteer and are due Oct. 4.

> Emily Aizawa can be reached at arg-news@uidaho.edu



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is looking for HEALTHY FEMALE SUBJECTS to be patient models for the first year medical student physical exam course. FEMALE SUBJECTS needed for BREAST EXAMS. If interested, please respond to: http://www.wwami.wsu.edu/project/female.html

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Running back James Baker gets up after scoring a touchdown against Northern Illinois Saturday at the Kibbie Dome. The Vandals lost 45-35 in Paul Petrino's home debut.

Idaho nearly upsets defending MAC champions in close home-opening loss

Sean Kramer

Argonaut

Even though Idaho dropped Paul Petrino's home opener Saturday afternoon, the day can still ultimately be called a success - just don't say that to Petrino's face.

The Vandals came into Saturday as 28point underdogs to Orange Bowl runner-up Northern Illinois. But it was the Huskies who had to rally back from behind in the second half to escape the upset and achieve a 45-35 victory.

Paul Petrino wanted nothing to do with moral victories.

It was Idaho that jumped out to a 21-7 first half lead and led 28-21 at halftime. Northern Illinois and its Heisman contending quarterback Jordan Lynch went on a 24-7 run in the second half to down Idaho.

"I'm a winner, I'm used to winning," Petrino said. "I'm never going to walk off the field after a loss and be happy."

Petrino's Kibbie Dome debut looked as if it could have been one of the biggest upsets of the weekend in the first half. Idaho took the opening kickoff 75 yards and finished it off with a 1-yard James Baker touchdown run to take the lead early in the first quarter. But again it was mental mistakes doing Idaho in. Northern Illinois got 10 points off of turnovers and another touchdown on an Idaho turnover on downs. The Vandals fumbled three times.

"We can't fumble, and that's really the difference in the game," Petrino said. "If we don't do that then we have a great opportunity to win. That's a good football team, you can't fumble three times and think you're going to win."

between realizing the radical progression his team has made from week two to week three and also maintaining that Idaho should have won. He acknowledges that progress has been made, but that it's those few plays that decide the game he's going to lament.

"You don't know, you don't know what the play is," Petrino said. "That's why you can't give in, you have to have courage, and strength and fight every single play. Because you don't know which play is going to be the difference in the game.

"We're getting better every week, but just pull out a gun and shoot me in the head if I'm every happy with losing. I'm not ever going to be happy with losing," Petrino said.

The bottom line is that Idaho showed marked improvement on offense. An Idaho offense that had two touchdowns through

Petrino was balancing the fine line the first two games scored four in the first half alone, and five total against the Huskies.

The Vandals scored on their very first drive in the game and at one point in the first half scored touchdowns on three consecutive possessions. A lot of that had to do with the play of quarterback Chad Chalich and running backs James Baker and Richard Montgomery.

"I thought (the quarterbacks) played at times really well, and at other times not good enough," Petrino said. "If we're going to win, we just have to keep improvement. It's definitely not all on the quarterbacks, it's everybody, offense is all 11 games. They showed great improvement, both of them."

SEE EXCRUCIATING, PAGE 8

Getting closer

Petrino's leadership a good sign for Vandal fans

In losing their third game of the season, the Idaho Vandals came away with minor victories in a vast array of categories. The offense moved at a pace unseen by fans in recent years and the defense held Jordan Lynch



and an explosive Northern Illinois offense to just seven scoring drives on 18 attempts. The team

three

played quarters of competitive foot-

ball, rather than two a week ago and one in the season opener.

The most important victory, however, came in the postgame press conference when Paul Petrino offered the media a couple of reasons why he might be the Vandals' longterm solution.

In traditional SEC style, he calmly addressed the positives, which were aplenty compared to the road blowouts at North Texas and Wyoming. He noted that a team would be hard-pressed to make bigger improvements between weeks two and three than the Vandals did Saturday.

SEE GETTING, PAGE 8

Offensive domination

Vandals sweep Bronco Volleyball Classic in Boise Aaron Wolfe

Argonaut

Captivating team performances and a milestone 200th victory for Idaho coach Debbie Buchanan made it a good weekend for Idaho volleyball.

The Vandals turned things around at the Bronco Volleyball Classic going 3-0 after going winless the previous week. Buchanan's signature 200th win came against cross-state rival Boise State in the first match of the weekend on Thursday.

"Numbers are great, but I'm not chasing numbers," Buchanan said. "Anytime we beat Boise State, it's such a rivalry and it's big for these kids. We're here to come out and compete each game. It's an honor, obviously many players down the road have helped get us there, but we're taking it one game at a time and we have a goal in mind at the end of the year and we've got to keep working towards that."

The goal at the end of the year for the sought after WAC Championship title is nothing new for the longest tenured volleyball coach in school history. Based on the performances at the Bronco Volleyball Classic, the Vandals seem to be gearing towards redemption.

Three Vandals received tournament honors for the three victories this last weekend against Boise State, Sacramento State and North Texas. Outside hitter Katelyn Peterson set the tone against BSU with 11 kills and was a dig away from her first career double-double scooping up nine while junior middle blocker Alyssa Schultz's 12 kills and three blocks helped solidify the 3-2 winning effort.

Peterson continued to put up prime-time numbers against the Hornets with a careerhigh 18 kills and a .457 hitting percentage. Schultz hit .545 with 12 kills and no errors on 22 swings and four blocks.

Peterson's career-high numbers were only temporary as she surpassed them with 20



File Photo by Tony Marcolina | Argonaut Sophomore setter Meredith Coba practices serving during practice Sept. 10 at the Memorial Gym. Coba earned tournament MVP honors at the Bronco Volleyball Classic over the weekend in Boise.

kills against North Texas on Saturday. Vandal outside hitter Jessica Hastriter dropped 23 kills and a .538 hitting percentage for her career-best as the team continued to show player potential.

Sophomore setter Meredith Coba balanced out the offense to give her outside hitters opportunities for some breakout matches in the Bronco Classic. Coba hit .309 total to level out the team's .230 hitting percentage going into the tournament.

SEE OFFENSIVE, PAGE 8

Athletes of the week James Baker — football

The Idaho Vandals faced a big challenge on Saturday against Orange Bowl runnerup Northern Illinois. Al-

though they faced a tough team, they led 28-21 at halftime. A big reason they were ahead was because of running back James Baker's two touchdown runs in the first half. Baker, a senior from Deerfield



Beach, Fla., ended the game with three touchdowns, two of them on the ground and the other, his only reception of the day on a wheel route to the end zone. Baker had 110 yards of total offense for the Vandals.

Broc Westlake and Bradley Njoku — football

Sophomore Broc Westlake, a back-up linebacker for the Vandals, had a monster game against the Huskies



of Northern Illinois. Westlake, a 6-foot-3-inch, 225pound sophomore from Sparks, Nev., had seven tackles and one sack in the game. Njoku, a safety out of Leander, Texas, also had a big day in the defensive backfield. Njoku had a total of nine tackles in the game with eight of them being solo tackles. Both were an instrumental part of the Vandal defense that shut down opposing quarterback Jordan Lynch in the first half. The

defense held Lynch to less than 100 yards passing in the first half.

SEE ATHLETES, PAGE 8



Steven Devine | Argonaut Midfielder Katie Baran passes the ball through heavy defense during Friday's game against Eastern Washington. The Vandals came up short with a 2-1 loss and will face Grand Canyon 1 p.m. on Sunday at Guy Wicks Field.

Falling at home Vandals lose two close matches over weekend

Curtis Ginnetti Argonaut

The Vandal soccer team lost two of their tightest contested matches of the year, losing 2-1 against the Eastern Washington Eagles on Friday and 1-0 against the UNLV Rebels on Sunday.

Against Eastern Washington, the Vandals matched the Eagles and forced Eagle goalkeeper Nathalie Schwery to make six saves. The Vandals were able to match the Eagles shot for shot - both teams totaling 14 shots. But a quick goal in the second minute of the match and another in the 70th minute off of a defensive collision allowed the Eagles the window they needed to clinch the match in the Vandals' home opener.

"When you give a team two goals, you make hard work for yourself," Idaho coach Pete Showler said. "We gifted them two goals and that means it's hard work from then on. Once we got the goal back, we had more energy but it was too little too late.'

The Vandals were able to

find a stride that has not been previously seen by the team, moving the ball with ease down the pitch and putting constant pressure on their opponents. This is something Showler said his team has been working on. On Wednesday, Showler told his team that there is no shame in getting taken out of a game in which you have given 100 percent and helped the team. This advice showed this weekend.

Along with working on the on-field work ethic, the team has been working on their offensive movement down the pitch.

"We had been working on going in the middle out wide and back in. It was working pretty well today, but unfortunately we weren't able to score off of it," junior Katie Baran said after Friday's game.

Sunday's game started much better for the Vandals. They did not allow any goals during regular play and controlled the tempo for the majority of the match. The teams were matched through the first half as the Rebels totaled four shots to the Vandals three. The rest of the game played out the same as the Vandals took the fight to the Rebels. The end of the second half saw the Vandals putting high pressure on the goalkeeper and getting closer to scoring than any other point in the match.

The 90 minutes of regulation saw no goals on either side. The Vandals and Rebels held each other to a scoreless match until the 109th minute — only one minute away from a tie game — when Rebel Kristin Sankey put one in the back of the net off of the top post on a free kick from 35 yards out.

"I couldn't be more proud of the girls, they put everything out on the pitch," Showler said. "We could have easily won that game three nothing, they didn't deserve to lose that game. This is the end of one season and the next starts tomorrow."

WAC play will start 1 p.m. on Sunday as the Vandals take on Grand Canyon State at Guy Wicks Field.

> Curtis Ginnetti can be reached at arg-sports@uidaho.edu

Starting from scratch Wrestling sport club to make program debut at WSU

Stephan Wiebe Argonaut

Adam Roberts always wanted to be a collegiate wrestling coach, but he didn't know that his start would be at the University of Idaho until March 2013 when he and his wife visited Moscow for Vandal Friday.

Six months later, UI's new wrestling sport club is set to take on Washington State in its program debut in Pullman Friday. The exhibition match takes place the day before the Vandal football team faces the Cougars.

Roberts said it will be a friendly rivalry between the two Palouse teams as the Vandals will face WSU in most of their competitions this season.

"Everywhere we go, they're going to be there," they're going to be there," coaches are Trevor he said. "They're a second Hampton and Roberts" year program so we have

just said 'this is my dream, if I don't start now then it's never going to happen.""

Since March, Roberts has been on the fast track to getting the program underway. Roberts, who is a disabled military veteran, has two other coaches helping him. But for the most part, it has been his persistence and hard work that has got the new sport club going.

"I'm one of three coaches," Roberts said. "We don't have a true head coach for the fact that we're all students so it's kind of hard for one person to have all the responsibility. But I'm in charge of recruiting, paperwork, funds, lately I've been doing everything to include training, stuff like that."

Roberts' two fellow Trevor best friend Chris Adams

Adams brings a highprofile background to his coaching experience. His accomplishments include being a two-time state champion in high school, three time national champion, four time world champion for Navy. It is safe to say Roberts hopes his friend can make the trek to Idaho sooner rather than later.

The coaches aren't the only high-profile component of Idaho's new wrestling sport club. Roberts has recruited several top-notch athletes including many former wrestlers that were already attending UI.

The Vandals' starting lineup this weekend includes an athlete at almost every weight class and several wrestlers with past accomplishments.

Several Vandal standouts include former four-time state finisher Jake Waters, former state heavyweight champion Ty Beare, former state champion and threetime state finisher Nathan McLeod, assistant wrestling coach at Moscow High School Kyle Hinkle and Austin Alley, state finisher in Oregon.

Roberts said that although Idaho's program is only at the club level, he thinks his team will be able to stand up against NCAA varsity competition in the future.

The Vandals will face several NCAA varsity level opponents despite only being a club team. At their first tournament, the Spokane Open, the Vandals will face NCAA Division II opponent Simon Fraser, top

10 NAIA opponents Great Falls and Montana State Northern, top two NAIA opponent Southern Oregon and junior college champions North Idaho College. In January, Idaho will potentially face several NCAA Division I teams in the Utah Valley Open. The Vandals work is cut out for them.

"When it comes to competition, it's going to be stiff," Roberts said. "I honestly believe, with some of our talent, we have chance of going pretty far in some of these tournaments. They're all individual ranked there's no team scores in these. We have enough to prove that even though we're a club, we don't need to be treated like one."

> Stephan Wiebe can be reached at arg-sports@uidaho.edu



Cross country finishes third, fourth in Seattle uiargonaut.com



Read up on weekend volleyball honors and Vandals in the NFL in our sports briefs. uiargonaut.com



Women's golf slow through day one uiargonaut.com

to lean on them for some advice. Both of our teams' goals are to bring down the house each time we play each other and we're looking to face each other at least four times."

The Roberts family visited UI after his wife was accepted into the law program in March. After deciding to make the move, Roberts immediately began to pursue starting a wrestling sport club for the Vandals.

"It was the first Vandal Friday," Roberts said. "I

Hampton is just starting to get settled into his fellow coaching role alongside Roberts but Adams is currently supporting the program from across the country in Florida.

"Adam Roberts is my best, we've been best friends since fourth grade," Adams said. "We've always wanted to start a team. My ultimate goal is to coach college ... I'm supposed to be heading up there soon but I've got to get everything situated financially and so forth."





EXCRUCIATING FROM PAGE 6

In the running game, Baker had a career day, scoring three total touchdowns and rushing for 73 yards. He also had a 37-yard touchdown reception on a wheel route in the first half.

Petrino said he likes to get all the running backs involved early and then roll with whoever is hot.

The story of the game is still Huskies' quarterback Jordan Lynch and his 159 yards rushing, 152 yards passing and five total touchdowns. Idaho was able to stick him at the line of scrimmage in the first half, punish him and contain him, but it was only a matter of time before he broke out. The turning point was in the middle of the third quarter when Lynch followed his blockers down the field for a 61-yard touchdown

run, giving the Huskies a 35-28 lead.

"I think we hit the run fits really well the first half," linebacker Broc Westlake said. "Second half there were a few missed tackles and a couple missed assignments, but the first half everyone was really flying around."

Westlake helped lead a defense that forced Northern Illinois into seven punts and two lost fumbles in the Huskies' 17 total drives. But it wasn't enough.

"We're improving, but to beat Northern Illinois I have to be able say they played great," Petrino said, slamming on the table to demonstrate his point. "That's how I have to say it."

Sean Kramer can be reached at

OFFENSIVE FROM PAGE 6

Her time to shine was the Vandals' third consecutive match win coming against North Texas with a career high 67 assists.

Coba earned tournament MVP in her award-winning second performance of the year since the season opener. Schultz and Peterson followed suit with all-team honors. Hastriter barely missed the cut despite career-high numbers and consistency in what is looking to be her best season at Idaho.

"Obviously with Meredith being the MVP, a lot of that was because of her distribution," Buchanan said. "Offensive-

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ATHLETES FROM PAGE 6

Katie Baran — soccer

The Vandals had to battle back from two goals down Friday in their game against Eastern Washington. Katie Baran, a junior midfielder from Nine Mile Falls, Wash., helped start the comeback in the 79th minute by firing

in a goal from 10 yards out. The goal was Baran's first of the year. Hard work paid off for her as she had been playing stellar defense throughout the game. The Vandals ended up getting a spark from the goal and played hard in the last 11 minutes of the game. While they played more aggressively, they ultimately could



not comeback from the early deficit and lost 2-1.

Meredith Coba — volleyball

The Idaho volleyball team left Boise with three wins and no losses in the Bronco Volleyball Classic over the weekend. Tournament MVP Meredith Coba, a sophomore setter from Salem, Ore., was a big reason for the Vandals' success. Coba was the setter for a balanced Idaho offense that hit .309 in the tournament. Idaho was hitting .230 as a team heading into the

week. Coba averaged 11.21 assists-per-set and added six kills and five blocks in 14 sets during the tournament. She also had a career-high 67 assists in Idaho's victory over North Texas, while helping two Idaho hitters earn career-highs in kills and lead the team to a .389 hitting percentage.

"Obviously with Meredith being the MVP, a lot of that was because of her distribution," Idaho coach Debbie Bu-

chanan said. "Offensively our numbers wouldn't have been that good if she wasn't making some good decisions. You can't have that without a good setter."

GETTING FROM PAGE 6

Just look at the penalty margin. After committing 11 at North Texas, Idaho cut that number down to six at Wyoming and committed a mere four penalties in the home opener.

"We're a heck of a lot better of a football team than we were at North Texas," Petrino said.

Then, he unleashed on members of local television stations and newspapers as if they were his own players.

"There might be four plays that they didn't lay it out on the line, but one of those four plays might have made the difference in the game. You don't know, you don't know what play that is," Petrino said, his voice rising incrementally with each word.

"Just pull out a gun and shoot me in the head if I'm ever happy with losing."

So maybe a little much at times, but his intention is there. So is the drive, the passion and the pure competitive nature, something often questioned during Robb Akey's tenure.

Saturday's result against a team still receiving votes in the AP Top 25 may have been the best against an opponent of that caliber since 2006, when Idaho lost a 27-17 decision to Michigan State.

And considering the circumstances — a roster stacked with inexperience, a ghostly Kibbie Dome and a Heisman candidate across from them, Saturday's fight may have been more respectable.

If Petrino's press conference is any indication, the Kibbie Dome will see its fair share of victories in the coming years.

If the Vandals can replicate, or improve on what was accomplished against one of the nation's premier mid-majors, those wins will come sooner rather than later.

> Theo Lawson can be reached at arg-sports@uidaho.edu

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ly our numbers wouldn't have been that good of she wasn't making some good decisions. You can't have that without a good setter."

After three consecutive wins in the Bronco Classic, Buchanan has 202 wins with a season ahead full of new opportunities for her young team.

Idaho hits the court again Thursday against Washington State followed by Nevada on Friday in Pullman. The Cougars are 10-0 on the season and the Wolf Pack is 2-7 while the Vandals are 5-4.

> Aaron Wolfe can be reached at arg-sports@uidaho.edu





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OUR VIEW You do have time for that

OPINION

Many college students claim to have no time in their schedule to study, exercise or even sleep, however it's often time management and lack of motivation that lead to an unproductive semester.

College life is full of responsibilities and it can seem overwhelming at times.

Is spending time finishing that season of "House of Cards" or browsing for cute cats on Facebook really more important than studying for a test?

According to a study in the Journal of Educational Psychology, there is a correlation between how well college students manage their time and the level of stress they experience and their academic performance. Those who practice time management behaviors perceive that they perform better academically. The findings of the study also show that feeling in control of the situation is related to lower levels of stress.

Time management is a crucial key to maintaining control of your academic and personal schedule and thereby lowering levels of stress and increase positive academic performance.

Students should make time to exercise, socialize and relax throughout the week, planning specific periods for leisure activities and studying. Planning short mental health breaks during the day is helpful to maintaining concentration on papers and textbooks, but spending two hours on Pinterest can be a detrimental habit.

Students should prioritize time for their benefit. Every year students spend thousands of dollars to study at the University of Idaho - they should moderate their free time and limit the hours spent being unproductive.

With effective time management and prioritizing, it is possible to study, sleep, exercise and accomplish whatever needs to be done. Because a failure in time management often will lead to cramming, panic studying, weight gain and the other horrors that cause college students to have nightmares years later.

Students who need help with time management and prioritizing should use the Academic and Support & Access Pro-

grams, which provides many programs that aid students. One program, SSS-Trio is available for undergraduate students with academic need and demonstrate one or more of the following: financial limitations, first generation college student or a documented physical or learning disability. SSS-Trio offers assistance with study skills, educational planning, tutoring and learning strategies.

Consult the resources available to you or utilize the calendar on your iPhone, because contrary to what you believe, you have more time than you think. And management of that time is crucial to academic success.

-AE



Get help now

UI has multiple resources for students struggling academically

We are into the fourth 102 essay to a large-scale

week of the school year, the first home football game has come and gone, and students are starting to solidify social groups. Another important milestone happens around week three and four of the school year – courses

start dishing out the first tests. While some students

breeze through these academic trials, others find the first test result to be a large disappointment.

If you are not succeeding in your classes get help now. You may

think you have another

11 weeks to improve your grades - excluding finals week. However any professor will tell you it is much easier to dictate your final grade in the beginning of the semester than the end.

Here's one of the great parts about the University of Idaho, they can help you through difficult courses with a range of resources. There is the Academic Support and Access Program, which offers personal tutors and study skills classes to assist struggling students. There is the Assistive Technology Program that gives students access to things such as computer labs and printers, along with specialized technology to fit the student's needs.

Students can receive one on one writing instruction through the Writing Center, which provides help with everything from an English



research paper. Like many resources at UI, they are put in place to help you succeed. Students should not be afraid of asking for help due to pride, because everybody has - or will have - a difficult class where

they need outside help to succeed. It is one of the shared experiences of a university that

are

challenges its students. What students should be afraid of is if they failing

in multiple

classes and

do not under-

stand course

content. This

could be a

strong indi-

While some students breeze through these academic trials, others find the first test result to be a large disappointment.

> cator that their study habits are ineffective, and need to change to be successful.

This is especially important if a student is struggling in a course related to their major, as information in one course will often be required knowledge in subsequent courses.

With an average of 22.3 percent of freshmen dropping out within their first year over the past 10 years, statistics suggest freshmen are prone to these academic struggles.

Many freshmen have a difficult time transitioning to college level courses, but instead of struggling they should take advantage of the multiple resources offered.

The first test is not the final decider of your course grade, but it is a gut check to see how well you are keeping up.

Ryan Tarinelli can be reached at arg-opinion@uidaho.edu

Great weekend with

-Ricky

-Sean

all my friends! They need

to get back here soon.

Good weekend

win and my bros from

Condolences

and friends of those

shot and killed at the

on Monday. Another

pointless massacre.

Washington Navy Yard

My thoughts and

prayers go to the families

Seattle in town.

Seahawks win, Huskies

Good time

We the exceptional

Vladimir Putin makes comment on American exceptionalism

wanted to see before I die it had to be an op-ed from Russian President

Vladimir Putin to the American public via The New York Times. It gave me goose bumps seeing a former Communist and KGB officer not only shame our pres-

ident on Syria, but also lecture on American exceptionalism.

Unfortunately our own president has such a misunderstanding of American exceptionalism that Putin could make comment on it. And he did.

Putin criticized Americans for seeing themselves as exceptional, and stated the danger of encouraging people to excel to higher goals.

I'm sure Putin would know how dangerous it is to encourage people to see themselves as exceptional. A leader like Putin is not usually into the whole "freedom" thing.

Putin fails to understand American exceptionalism, like our president and other Americans. Therefore, it is vital for our generation to un-

If there's anything I derstand what American exceptionalism is, and why we mustn't let anyone like Putin

To be clear, there isn't anything in our biology that makes rior to anyone else.

Rather, it is our countries ideals that are superior, due to our firm and unshak-



To be clear, there isn't anything in our biology that makes us exceptional. As many have pointed out, we are not better people nor superior to anyone



us exceptional. As many have pointed out, we are not better people nor supe-

able origin as

a free nation.

is exceptional

mental prin-

America is

so unique in

secured,

we can - or

ciples

able

should

able to - live without fear of

government oppression, and

let our talents and desires

grow to their full potential.

Our country encourages us

to be the best we can be, and

throughout our history this

lives and legacies through

We can build our own

You do the same thing in

has shown true.

our own actions.

because

America

its

that

rights

be

Argonaut

history. With our unalienelse.

More info For more information on Vladimir Puton's op-ed. Visit this website: www.nytimes. com/2013/09/12/opinion/putin-plea-for-caution-from-russia-on-syr-

ia.html?smid=pl-share

school. It is your work that determines your success. In the cases of Benjamin Franklin, Alexander Graham Bell, Thomas Edison and Steve Jobs, it was their hard work and determination that brought success and allowed them to fulfill their dreams. It was them, just as it is you - there is no larger force determining your success.

As the future of America we have to remember that someone else is not going to do anything for us. We will have some help along the way, but ultimately we will build our own lives and futures. Not everyone has the luxury of saying that in their home country.

This is why America will continue to be exceptional. The day we dispose of our founding principles is the day we cease to be exceptional, and the day Putin's comments may hold weight.

> Andrew Jenson can be reached at arg-opinion@uidaho.edu

OFF THE CUFF QUICK TAKES **ON LIFE FROM** OUR EDITORS

Jozef Mikler throws a mean birthday party... and a mean hook

1920s basement brawls are awesome. Since I'm not a physicist building a time machine is beyond me, and I'll just have to be happy with themed events like 31 Fisticuffs.

-Andrew

Jazz

Today I learned Bach was the first true jazz musician. -Ryan

Breaking bad

Biking

I know many people talk about this show way too much, but there is a reason for that. Really. How does one man create a show of such magnitude? -Tony

Fresh start

It's amazing what cleaning your room, decluttering your life and getting organized will do for your mood and your perspective on life. It's a happy day.

-Kaitlyn

Procrastination 101

I know I need to get this homework done, but I also know that at some point it will get done. I can't decided if I should do it now or later. Eh, I'll think about my choices later. -Emily

Let it rain

I'm sick of hot sunny days, so yea let it rain, let it storm, and please let me have a good night sleep with this weather.

-Rainy

Stoked

Everything about this Idaho-WSU game is getting me amped. The Battle of the Palouse is back. For good.

-Theo

-Stephan

Grad school

I'm unofficially taking my first graduate-level course. After sitting through a lecture I'm officially scared of grad school. -Phil

There is no better feeling than riding your bike on a beautiful day.

-Aleya





Party hard

There ain't no party like a 2-year-old's birthday party. Especially when it involves play gyms, ice cream cake and a tricycle. Happy birthday to my sweet kiddo who makes everything worth it.

-Kaitlin

SEPTEMBER 17, 2013

Organized by the Women's Center, Greek Life, Vandal Health Education, U-Idaho Dept. of Public Safety, Organized by the Women's Center, Greek Life, Vandal Health Education Program Alternatives to Violence Planned Parenthood Votes Northwest, UI Vox, Violence Prevention Program Alternatives to Violence of the Palouse, University Housing, Lambda Theta Alpha Latin Sorority, Inc., The Argonaut, Idaho Commons and Student Union, and with support from U-Idaho Facilities

THURSDAY, SEPTERATION Be a part of the solution, help end sexual violence... Take a stand, break the silence!

