

# THE ARGONAUT



Jessica Greene | Argonaut

WSU Graduate Kelsey Clevenger prepares for a Monday at work. Clevenger started struggling with Bulimia Nervosa her sophomore year of college, but has since gone through treatment and leads a normal life. This week the University of Idaho recognizes National Eating Disorder Awareness Week.

## National Eating Disorders Awareness Week emphasizes importance of education, support

**Erin Bamer**  
Argonaut

Kelsey Clevenger, a former Washington State University student, was in her sophomore year of college when she started restricting her food intake — what she did eat she compensated for by working out, and eventually she got really hungry.

Bulimia is what, Clevenger said, she struggled with most. Whatever she ate she would throw it up later, and if she did keep it down, she

headed to the gym to work off the calories she consumed.

“I didn’t know why I was doing it,” Clevenger said. “I knew it was unhealthy, and I knew it was going to lead to more destruction. But I didn’t know how to stop.”

The realization came to Clevenger that she needed to end her habits when she started having suicidal thoughts. Before that, Clevenger said she thought she had everything planned out, that she would only be bulimic for a little bit longer, until she reached her target weight.

“I was skipping class one day,” Clevenger said. “It was one of those snowy days where no one wants to go to class anyways. And I just was

“

I didn’t know why I was doing it. I knew it was unhealthy, and I knew it was going to lead to more destruction. But I didn’t know how to stop it.

**Kelsey Clevenger**

thinking about how I would kill myself, and how I would escape this, because I felt trapped. I didn’t know how to talk about it or who to tell.”

Clevenger said she wasn’t especially social at that point in her life, and didn’t have any friends. She said that if someone had just noticed what was happening and asked her if she was okay, she was ready to spill her guts. But no one asked.

According to Sharon Fritz, licensed psychologist at the University of Idaho Counseling and Testing Center, 30 percent of college students will develop an eating disorder.

This weeks marks National Eating Disorder Awareness Week, and departments across UI are doing their part to raise awareness. During the rest of the year, UI faculty members such as Campus

Dietician Marissa Rudley have a hard time reaching such a wide range of students to educate them on the issue.

“For me, Eating Disorder Awareness Week isn’t just a week in a year,” Rudley said. “I work with it every day.”

The “Silent Witnesses” from the Women’s Center — silhouettes of human figures — will also make an appearance on campus, as part of the awareness week. Posted on them will be a list of events for the week, as well as a personal story about someone who either has or is currently struggling with an eating disorder.

SEE HOPE, PAGE 5

### MONDAY

RESOURCE TABLE IN COMMONS  
11 A.M.-1 A.M.

### TUESDAY

RESOURCE TABLE IN COMMONS  
11 A.M.-1 A.M.

FREE SCREENING OF “PERFECT ILLUSION” 7 P.M.  
WOMEN’S CENTER LOUNGE

FREE GENTLE YOGA 8:30 P.M.-9:20 P.M.  
STUDENT REC CENTER

### WEDNESDAY

RESOURCE TABLE IN COMMONS  
11 A.M.-1 A.M.

“BODY IMAGE AND EATING DISORDERS ON A COLLEGE CAMPUS” DISCUSSION PANEL 1 P.M.  
CREST ROOM IN COMMONS

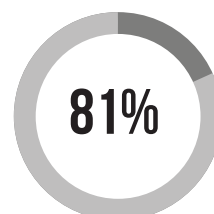
### THURSDAY

RESOURCE TABLE IN COMMONS  
11 A.M.-1 A.M.

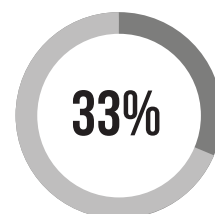
### FRIDAY

FREE GENTLE YOGA 5:30 P.M.-6:20 P.M.  
STUDENT REC CENTER

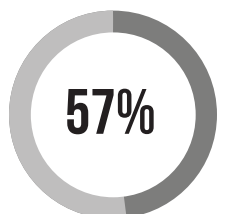
## NATIONAL EATING DISORDER STATISTICS



OF 10 YEAR OLDS ARE AFRAID OF BEING FAT



OF CLEARLY NON-OVERWEIGHT GIRLS REPORT DIETING ANNUALLY



OF GIRLS ENGAGE IN CRASH DIETING, FASTING, SELF-INDUCED VOMITING, DIET PILLS OR LAXATIVES

## Cause for concern

Women’s Center to reevaluate V-day after low attendance

**Erin Bamer**  
Argonaut

In 2002, Flame — the former feminist organization on the University of Idaho campus — began performing “The Vagina Monologues” to sold out crowds.

Just more than a decade later, Lysa Salsbury, director of the UI Women’s Center, is not seeing the same results.

“People are not coming to see it the way they used to come four or five years ago,” Salsbury said.

Attendance wasn’t just low at



File photo by Jessica Greene | Argonaut

University of Idaho junior Michelle Shannon, left, and freshman Veronica Smith collage photos for the 2014 Vagina Monologues.

SEE CONCERN, PAGE 5

## There’s still time

Packets for spring elections due Wednesday

**Hannah Shirley**  
Argonaut

The deadline is fast approaching for students hoping to represent their peers next year in ASUI. There will be Election packets containing a list of rules and regulations as well as a petition for can-

didacy are due Wednesday by 5 p.m. to the ASUI office on the third floor of the Idaho Commons.

Senate candidates will need 25 signatures to run, while president and vice president running mates will need 50. Completed packets are required for students to run, and can be

SEE TIME, PAGE 5

## In Brief

### Guns put ISU nuclear program at risk

BOISE — Since the passing of Senate Bill 1254 — the bill allowing concealed gun carry on state university and college campuses — Idaho State University has raised issue with Idaho Gov. C.L. “Butch” Otter, concerning their nuclear research unit.

ISU’s nuclear research unit runs on the

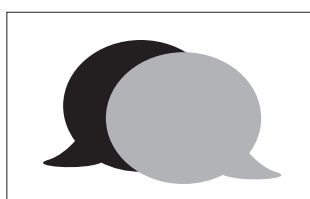
SEE BRIEF, PAGE 5

### IN THIS ISSUE



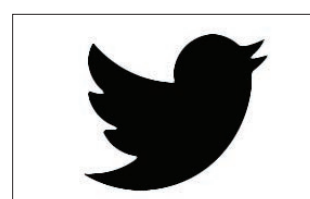
Track and field, swim and dive begin WAC championships Wednesday.

SPORTS, 6



Our opinion section facilitates all viewpoints. Read Our View.

OPINION, 9



For more coverage and event updates follow The Argonaut.

@UIARGONAUT

Department of Student Involvement

# GET INVOLVED!

Commons 302  
www.uidaho.edu/getinvolved

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Meet, Eat, Listen & Learn

## LUNCHES with LEADERS

Featuring

**WED. FEB. 26 @ 12:30-1:20PM**  
BUTCH FEALY DIR. INTRAMURALS  
COMMONS CLEARWATER

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**FRI. FEB. 28 @ 7 & 9:30PM**  
SAT. MAR. 1 @ 8PM  
SUN. MAR. 2 @ 3PM

Sub Borah Theater

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**WE CONCERT: DOWN NORTH**

SAT. MAR. 1 @ 8PM

ADMINISTRATION AUDITORIUM

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**STUDENT ACHIEVEMENT AWARDS**

APPLY AT:  
UIDAHO.EDU/STUDENTACHIEVEMENTAWARDS

BY THUR. MAR. 6

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**THE NEXT DESIGN COULD BE YOURS**

STUDENT PLANNER CONTEST

APPLY AT:  
UIDAHO.EDU/STUDENTPLANNER

DUE WED. MAR. 26

CRUMBS

# Banana Nutella sping rolls

**Nurainy Darono**  
Crumbs

Nutella and banana are perfect together, so why not make something new using these two ingredients? For the spring roll dough, you will need Fillo pastry dough, which can be found in the frozen section of a grocery store. Folding spring rolls can be tricky, so make some more of these for practice.

**Ingredients:**

- Nutella, as desired
- 2 ripe banana, sliced
- Fillo dough

**Directions:**

Preheat oven at 375 degrees Fahrenheit.  
Prepare about 8-10 thin square layers of Fillo dough.

Spread Nutella on a diagonal strip without touching both edges.

Place 5 banana slices on top of the Nutella spread.

Roll diagonally half way and fold the edges, then roll the rest of dough until it looks like a spring roll.

Repeat step 3-5 until all dough is done.

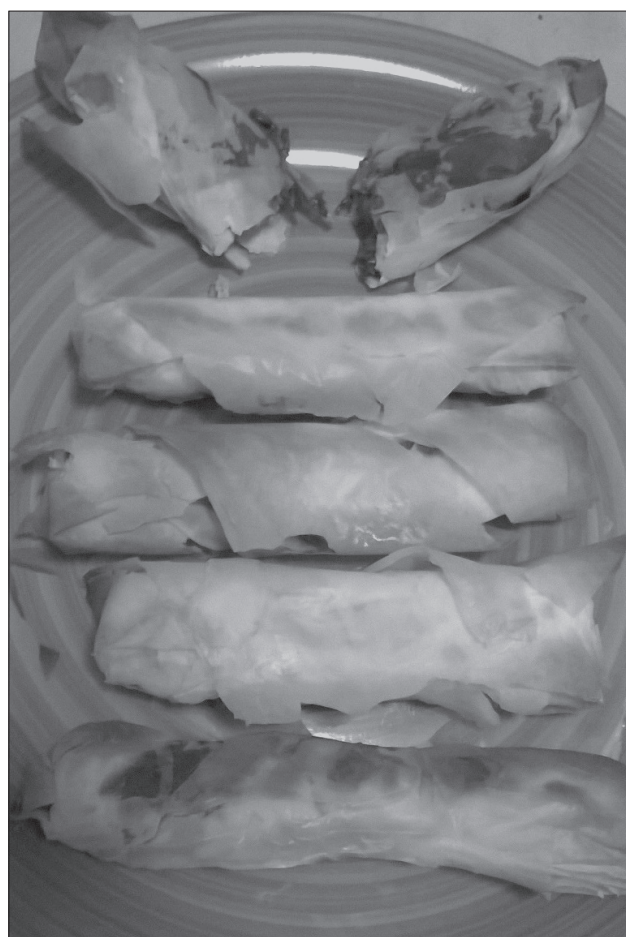
Place on a baking sheet covered with baking parchment paper.

Spray spring rolls with melted butter.

Bake for about 10 minutes or until they turn golden brown.

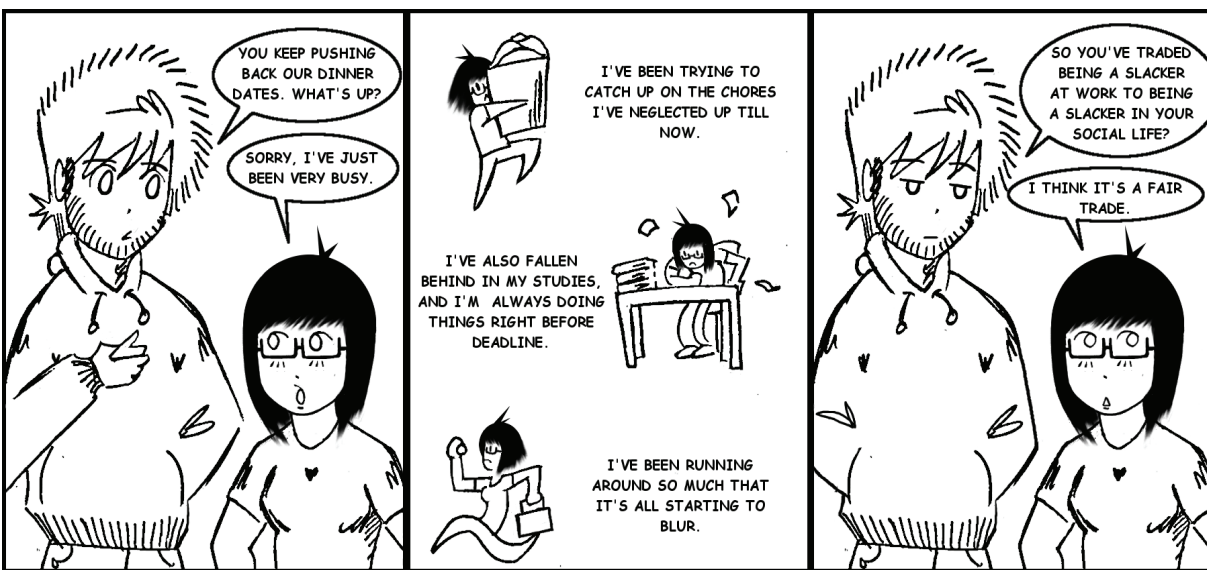
Let it cool for 5 minutes before serving.

Nurainy Darono  
can be reached at  
crumbs@uidaho.edu



Nurainy Darono | Crumbs

High Five



Shane Wellner | Argonaut

FOR MORE COMICS SEE COMIC CORNER, PAGE 10

CROSSWORD

Across

- Audition
- Leaves out
- Plummet
- Brown rival
- Firefighter's need
- Lackawanna's lake
- Ethics
- Historic Virginia family
- Paranormal ability
- Puncture
- Blueprints
- Low-lying area
- Life saver
- Expression
- Fender-fixer's forte
- Awaken
- City on the Tiber
- Cygnets' mother
- Dethrone
- Kind of closet
- Utah state flower
- Employ
- ... happily \_\_\_\_\_ after"
- Reef material
- Mapped out
- Carmaker's woe
- Hatchling's home
- Coupling
- Water park slide
- Mediator's skill
- Farm butter
- Rhode Island's motto
- Georgia's nickname
- Bartlett's abnd
- Be of one mind
- Mental keenness
- Carnival sight
- College girls
- Ecumbrance
- Down
- Sort
- Corn units
- Faux pas
- Mark of perfection
- Meadowlark
- Sugar source
- Inactive
- Bit of business attire
- Plea at sea
- Chap
- Field of study
- Bank claim
- Marked down
- Pursue
- Jimmy
- Like the Great Plains
- Four-bagger
- Biblical plot
- Haughty
- Domicile
- Maneuvers
- Crammed, with "up"
- Wagner work
- Fit for a king
- Small hill
- Iron worker's item
- Lorgnette part
- Wallop
- Some change
- Purpose
- Force unit
- Wealth
- Spiked
- Powwow
- Fine-tune
- Familiar with
- Container weight
- Parade stopper
- Westernmost of the Aleutians
- Predicament
- Lobbying grp.
- Self center
- Low card

SUDOKU

7	9		8					
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4	2	7	8					

© Puzzles provided by sudokulife.com

Create and solve your Sudoku puzzles for FREE. Play Sudoku and win prizes at PRIZESUDOKU.COM

Corrections

Find a mistake? Send an email to the editor.

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The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office on the SUB third floor.

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The opinion page is reserved as a forum of open thought, debate and expression of free speech regarding topics relevant to the University of Idaho community. Editorials are signed by the initials of the author. Editorials may not necessarily reflect the views of the university or its identities or the other members of the Editorial Board. Members of the Argonaut Editorial Board are Theo Lawson, editor-in-chief, Kaitlin Moroney, managing editor, Ryan Tarinelli, opinion editor and Aleya Ericson, copy editor.

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The Argonaut welcomes letters to the editor about current issues. However, the Argonaut adheres to a strict letter policy: Letters should be less than 300 words typed. Letters should focus on issues, not on personalities. The Argonaut reserves the right to edit letters for grammar, length, libel and clarity. Letters must be signed, include major and provide a current phone number. If your letter is in response to a particular article, please list the title and date of the article. Send all letters to: 301 Student Union, Moscow, ID, 83844-4271 or arg-opinion@uidaho.edu

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# Fashion show seeks more

Annual Moscowrade needs artists, designers for upcoming snow

**Jake Smith**  
Argonaut

An unknown criminal still walks the streets after leaving last year's Moscowrade Fashion Show with a number of stolen garment designs. No motive has yet been found for that baffling crime.

Co-director of the Moscowrade Fashion Show Erika Iiams said that won't be repeated this year, however.

Co-directors Paige Hunt and Iiams are recruiting designers, artists and dancers — specifically pointe ballerinas — to participate in this year's Moscowrade Fashion Show to be held at 7 p.m., April 5 at Ambassador Auto Service Inc.

According to Hunt, there is no limit on the amount of designers chosen, and designers may submit any number of garments they choose.

Hunt said there are no extensive qualifications needed to be a designer or model for the show. Applicants should be over the age of 18 and be a member of the com-

munity, she said. According to Hunt, applications will be available on The Moscowrade Facebook page and in University of Idaho Niccolls Building, Room 303. Designer applications, submitted with a picture of the garment, are due by March 28 at Niccolls, Room 303.

The design name and facts about the costume, which will be announced during the show, are required in the application.

Moscowrade is a theme-based fashion show where designers showcase their garments with a model. This year's theme is dubbed extravaganza.

Hunt said the over-the-top, extravagant theme is broad enough to incorporate multiple subjects.

"(Garments) could be anything from 'Phantom of the Opera' to a garment having leaves all over it," Hunt said.

UI's Body Conscious chapter will coordinate and organize the event's models. Body Con is a UI club focused on fashion, event planning, photography, public relations and journalism.

Hunt said the models should wear masks with their outfits. Hunt said the masks will shift the focus away from the model who

“

I want the audience to focus more on the design and the garment, less (on) the person themselves

**Paige Hunt,**  
Moscowrade Co-director

would otherwise distract the audience and onto the garment — which is what the competition will be based on.

"I want the audience to focus more on the design and the garment, less (on) the person themselves," Hunt said.

Garments in the show will be entered in a contest with three prizes: judge's choice, best up-cycle and most extravagant.

Tickets for Moscowrade will cost \$12 for the public and \$10 for UI students. The event will begin with hors d'oeuvres, a wine and brewery tasting and an art gallery pro-

vided by local artists. UI Art and Design Program student works will be featured before the show in a gallery.

Russ Wheelhouse, co-founder of the Moscowrade Fashion Show, will begin the show with a short announcement and introduction.

Garments will be showcased on the runway at 8 p.m. While judges are tallying points after the show, opera singers from the music department and dancers will entertain the audience.

Profits from Moscowrade will be donated to Alternatives to Violence of the Palouse. ATPV provides 24-hour emergency services to sexual violence victims and survivors. ATPV has been a part of the Moscowrade since the fashion show started four years ago.

According to Iiams, approximately \$2,000 is usually raised from each Moscowrade fashion show.

Moscowrade has hosted after shows in the past, but due to attendees leaving elsewhere to celebrate, Iiams said, directors have decided not to host one this year.

*Jake Smith  
can be reached at  
arg-news@uidaho.edu*

## Community effort gives athletes fresh start

Moscow Special Olympics team thanks donors after theft

**Danielle Wiley**  
Argonaut

The Moscow Rebel Tigers, Moscow's Special Olympics team, came together Saturday to thank the businesses and individuals that donated money and supplies after their sporting equipment was stolen. The team will head to the games in Boise at the end of the month, something the team feared wouldn't happen a week ago.

Elizabeth King, the team's coach, brought the athletes and their families together at the Hamilton Indoor Recreation Center to create a thank you banner, take a group picture and make a public thank you to their supporters.

"I would like to say thank you very much," said Brian Lyon, one of the team members.

King went to pick up the team's equipment Feb. 15 before practice and found the storage door was wide open. After looking inside, she found that all the snow shoes, cross country boots and other equipment had been stolen.

"That was very shocking and extremely disappointing," King said. "I had to eventually tell the entire team that we didn't have any equipment — that wasn't a pleasant experience."

According to police records, \$4,000 worth of sporting goods had been stolen from the storage unit.

King said that the team's major concern when they heard the news that day was whether they were going to be able to attend state games. She said it didn't take long for the community to step in, though.

"My first phone call was around 7 Saturday night," King said. "It was from the coordinator of the Coeur d'Alene Eagles, and he was letting me know

“

I appreciated their offer, but I thought borrowing equipment from other Special Olympic teams would show that we are unified and a family unit

**Elizabeth King,**  
Moscow Rebel  
Tigers Coach

that he was donating \$1,000 from their most recent fundraiser to the team. That was the best phone call I have received in a really long time."

After that, King became swamped with phone calls and emails from people wishing to donate. King said that the University of Idaho's Student Recreation Center offered to let the team rent equipment free of charge for the games, but King decided to decline.

"I appreciated their offer, but I thought borrowing equipment from other Special Olympic teams would show that we are unified and a family unit," King said.

The Moscow Rebel Tigers consist of athletes from middle school age to older adults. They participate in both the Summer and Winter Special Olympics. This year, they will compete in cross-country skiing and snowshoeing.

"We have not brought home the gold, but we have brought home blue and red ribbons," King said. "It's a rewarding experience to be able to watch all our athletes be themselves."

The team coordinators pay for the accommodations and events, the athletes attend the event free of charge.

Some of the athletes have been participating in the Special Olympics for most of their lives.

Brian Lyon is a cross-country skier and said he's been a part of the Special Olympics ever since he can remember. He said his favorite part was being with the team and having fun on the trip together.

Some team members like to give back to the community. Steven Sale and his wife both participate in the Summer Special Olympics.

"I even offered to give skis in my backyard," Sale said.

King said the team now has enough equipment and money to take them to Boise. The athletes will participate in the state-wide Special Olympics, and winners of the state games will be put into a pool for a chance to move onto nationals.

King thanked the Moscow Opportunity School Foundation, Syringa Networks, Performance Physical Therapy, Tri-State Outfitters and Revolution Motor Sports for their support. She also said individual donors spanned from Seattle to Pullman, all over Idaho and even some from Texas and Montana. King also thanked other Special Olympic teams that helped the Rebels, as well as Idaho State Rep. Shirley Ringo — who donated to the team.

King said the perpetrators have not been found, but she is taking steps to keep the new equipment safer. She said she bought heavier lock and is looking at low-cost unit storage that is gated.

*Danielle Wiley  
can be reached at  
arg-news@uidaho.edu*

## The doctor is in

Moscow doctor becomes Palouse's only board-certified obesity physician

**Daniel Durand**  
Argonaut

Dr. Raime Geidl has been a family bariatric physician at Moscow Medical since 2011, and is now the only Idaho doctor outside of the Boise metropolitan area certified by the American Board of Obesity Medicine.

"I've had a medical bariatric practice for a couple years now and I am now past that bar," Geidl said. "Basically, I'm just demonstrating competency in these areas."

Certification is not an easy process — among other requirements, physicians must first complete 500 hours of an obesity-related fellowship, and be actively certified by the American Board of Medical Specialties or an equivalent organization.

"There's a fair bit of continuing education you have to get to to even get to the board," Geidl said.

Since ABOM's founding in 2012, only 158 physicians have finished their certification, which Geidl said is close to a 50 percent success rate.

Much of Geidl's work involves dealing with patients who already suffer from obesity-related health

problems, such as prediabetes, high blood pressure and a weakened liver.

"My patient is generally the patient who knows that something is wrong with them," Geidl said. "This may or may not be related to trying to lose weight, and nothing has worked for them."



**Raime Geidl**

Often, treatment of these problems focuses on what Geidl said are not so substantial changes in a patient's life — such as adjusting their eating, exercise and sleeping habits.

"It's rare that we can't fix it," Geidl said.

Geidl, a Troy native, began her education at the University of Idaho before going on to medical school at the University of Nevada School of Medicine. She later returned to Moscow to serve as medical director of UI's Student Health Clinic, before moving to her current position at Moscow Medical.

"I loved the university and the campus, but this was a big opportunity for me," Geidl said. "Probably about 50 to 60 percent of what I do now is medical bariatrics, and I love it."

*Daniel Durand  
can be reached at  
arg-news@uidaho.edu*

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\*Completely untrue, puns are grape

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### CLASSIFIEDS

#### Do you find public speaking challenging?

Nervous about making a presentation or going to an important job interview? Toastmasters can help, with an 8-week course starting March 1 here in Moscow. For more information, go to <http://575.toastmastersclubs.org/>.

#### University of Idaho Extension Student Internships.

We are seeking undergraduates interested in science and youth development careers, who seek field experience working with 4-H science programs, including robotics. Generally, college credit will be allowed and interns will be paid \$11/hour (40-hour work week for up to 10 weeks). Internship opportunities of varying lengths are available in several Idaho locations. The application deadline is March 7, 2014. More information can be found at <http://www.uidaho.edu/carecenter>.

#### Emmanuel Lutheran Preschool is accepting registrations for fall 2014.

2,3,& 5 day options. Mornings only. Certified teachers, developmental curriculum, monthly field trips, music program & performances, large playground, reasonable rates. 882-1463 [emmanuel.lutheranpreschool@gmail.com](mailto:emmanuel.lutheranpreschool@gmail.com) See us on facebook.

**crumbs**  
food for thought from the argonaut

**uiargonaut.com/crumbs**

## JAZZ JAMS



Bob Mintzer performs during the Friday night concert at the Lionel Hampton Jazz Festival. Mintzer is part of Yellowjackets, a group that has been together since 1977. Mintzer joined the group in 1991 and is a faculty member at the University of Southern California where he teaches saxophone. Bryce Delay | Argonaut

# EPSCoR's MURI program in full swing

*Students begin paid internships through MURI*

**Karter Krasselt**  
Argonaut

Students often find themselves scratching their heads when trying to fill in the experience section of their resumes.

The state of Idaho's EPSCoR (Experimental Program to Stimulate Competitive Research) is looking to help solve this dilemma with a new paid internship program — the MILES Undergraduate Research and Internships Program (MURI). MILES, specifically, stands for Management of Idaho's Landscapes for Ecosystem Services, and it touches on each of the following categories: computer modeling, environmental science, social science, ecological science, geospatial sciences, visualization, economics and land use planning.

MURI is the medium through which EPSCoR intends to aid students that lack real world experience in their particular fields. As of now, up to 60 students from universities in Idaho will receive MURI internships every semester and during the summer. The first group, composed of 31 students, began their research this semester and will receive up to \$4,000 each for their work.

Mark Solomon is in charge of the University of Idaho EPSCoR location, and said he is excited about the program.

"This is an opportunity for juniors and seniors to build invaluable experience to use in resumes and applications," Solomon said.

The MURI program was designed to help students gain real world experience in Science, Technology, Engineering and Mathematics, while focusing on the MILES theme. EPSCoR is intended to target students in underrepre-

sented groups such as women, ethnic minorities and students with disabilities to apply, but a wide range of students are eligible. Any undergraduate student at the University of Idaho or any two to four year Idaho-based institution is qualified to apply.

"MURI offers research opportunities that match students with faculty doing research in the MILES program," Solomon said.

Faculty interested in applying to work with MURI scholars must be employed and teach at any college in Idaho, and can specialize in any field. Interns will work under faculty mentors, and complete a variety of tasks such as incorporating social-ecological data in a virtual reality game, non-invasive DNA sampling of endangered species populations and more.

The internships will last anywhere from eight to 16 weeks, depending on the interns' specific disciplines and how long they

choose to work. Participating students will be eligible to travel throughout the state and surrounding regions in order to perform research in their specific field, while gaining knowledge from their faculty mentor and others involved in the program.

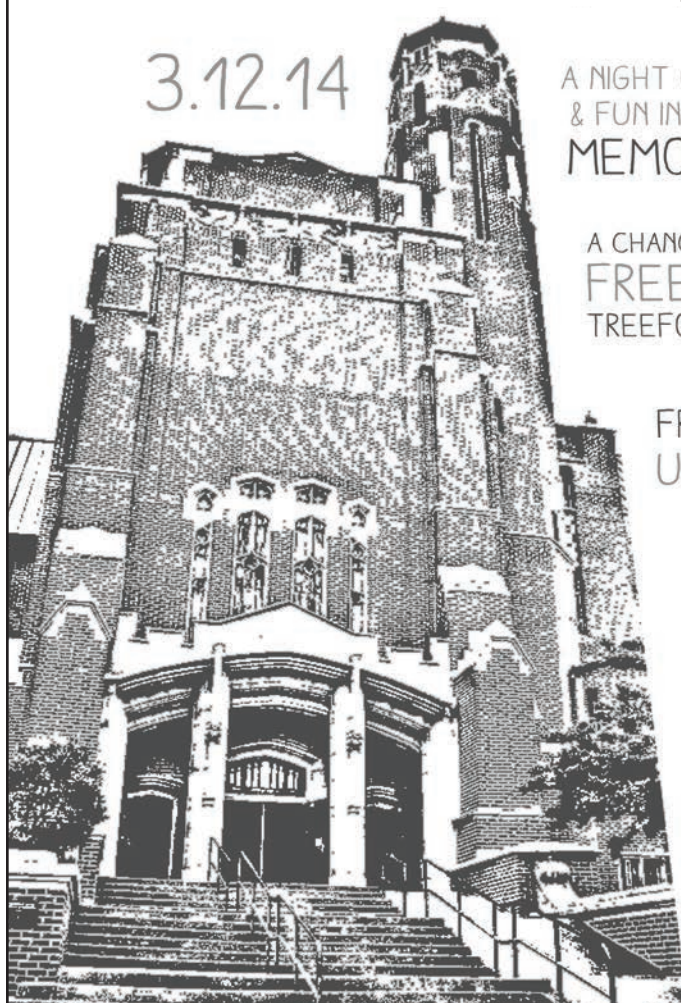
These students will be asked to chronicle their time in the program by submitting and presenting a poster summarizing their research. The posters will be presented at the annual EPSCoR meeting or through the EPSCoR virtual poster session, depending on where the interns are located.

EPSCoR is currently accepting applications for the MURI program online at [Idahoepscor.org](http://Idahoepscor.org). The deadline for summer program applications is March 30.

Karter Krasselt  
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**TASTE OF TREEFORT**

Preview of Treefort Music Fest in Boise, ID during UI Spring Break!

3.12.14


A NIGHT OF MUSIC & FUN IN THE MEMORIAL GYM

A CHANCE TO WIN FREE TICKETS TREEFORT MUSIC FEST IN BOISE, ID

FREE FOR UI STUDENTS

**5** artists from ACROSS NW

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## Police log

### Friday, Feb. 21

2:25 a.m., between Moscow Hotel and U.S. Bank

A Moscow man was arrested for driving under the influence after he ran a red light and made an unsafe turn, said Lt. David Lehmitz with the Moscow Police Department.

9:53 p.m., Paradise Creek Street, Living Learning Center

A UI student was cited and released for marijuana possession.

### Saturday, Feb. 22

12:26 a.m., 900 block Paradise Creek St. Living Learning Center

UI student was cited and released for marijuana possession.

1:44 a.m. to 2:30 a.m., Idaho Avenue, Pi Beta Phi

Two men were arrested in the parking lot behind the Pi Beta Phi Sorority house Saturday morning. Lehmitz said the passenger had a warrant for his arrest and received additional charges for possession of methamphetamine and intent to deliver, as he had scale and packing material. He said the passenger had three parole violations.

Lehmitz said the driver was arrested for driving with a suspended license.

7:30 p.m., Blake Avenue, Forney Hall  
Lehmitz said a rock was thrown at a door and broke a small window inside the door.

11:37 p.m., Paradise Creek Street, Theophilus Tower

A UI student was transferred to Gritman Medical Center after drinking too much alcohol, and was also cited for minor in possession.

## What is Black History Month? Civil Rights & Black History in the Northwest

**Tuesday, February 25**

**6:00 p.m.**

**University of Idaho  
Law School Courtroom**

**Informational: Could I be  
a Civil Rights Attorney?**

Tuesday, February 25  
5:30-6:00 p.m.  
Room 103  
University of Idaho  
College of Law  
Learn the nuts and bolts of going to law school



Sponsored by The University of Idaho Office of Multicultural Affairs,  
Black Student Union, and the College of Law  
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**HOPE**

FROM PAGE 1

"We generally do it to bring a personal face to an issue," said Lysa Salsbury, director of the Women's Center.

Clevenger said there are many types of eating disorders and she said they vary so widely that many are classified in the category "Eating disorder not otherwise specified."

According to Rudley some known eating disorders are anorexia nervosa, characterized by an extreme fear of gaining weight and a determination to become thinner. Those suffering from anorexia can tend to feel or see fat that isn't actually there. She said some women can lose their regular menstrual cycle.

Another well-known disorder is bulimia nervosa — the disorder Clevenger suffered from. Rudley said people with bulimia binge eat — meaning they eat large amounts of food in a short period of time without self-control — and then purge, usually by induced vomiting, ingesting laxatives or obsessive exercising.

Rudley said the most common eating disorder she deals with among college students is binge eating.

Binge eating is classified by eating a large amount of food in a short period of time, but not purging. Instead, they tend to go through intense feelings of guilt and restrict the following foods they eat, which inevitably leads to the next session of binge eating. Rudley said she thinks that it's a coping mechanism students use to deal with stress.

Fritz, Rudley and Clevenger all agree that causes for eating disorders vary so widely that no one can really pinpoint a specific reason. Fritz said it is common for those with eating disorders to also suffer from depression, or obsessive-compulsive disorder — as many people with eating disorders are perfectionists.

Clevenger learned during her treatment that about half the people with an eating disorder have suffered some sort of abuse, and she fits in that category.

Rudley said the closest thing she can claim as a root cause is general low self-esteem. She said that is the most common thing she encounters with her students.

The media has also done a fantastic job of distorting the image of beauty, Fritz said. She said the societal view of what defines what is attractive and what is not plays a huge role in eating disorders.

When watching "The Bachelor," Rudley said it dawned on her very suddenly that there wasn't a single contestant on the show larger than a size eight.

Challenging the mainstream image of beauty is more important than ever, Fritz said, as now she sees statistics on younger children being affected by eating disorders and becoming self-conscious about their weight.

Fritz and Rudley said another common societal view on eating disorders is that it is exclusively a women's issue. According to a study done by the National Association of Anorexia Nervosa and Associated Disorders, about 10 percent of people with anorexia or bulimia are male.

"I think women are held to very high standards in the media, standards of idealized beauty and image more so than men," Salsbury said. "I think men also are affected by that. But definitely, women have historically been more scrutinized and objectified by the media and the fashion industry."

However, this can also cause problems for the men that do have eating disorders. Fritz said men who come forward about their eating disorders must have a lot of courage. Despite this, Fritz said the UI Counseling and Testing Center does see a good amount of men, but Rudley said most of the students she works with are women.

Rudley said one of her biggest

concerns is students who are too scared to admit they may have a problem in the first place. The biggest obstacle for those dealing with an eating disorder is the uncertainty of how to change.

"My biggest struggle, initially with having the treatment and wanting to be healthy, was just the fear of the unknown," Clevenger said. "It had become something that was so comfortable. I was afraid to fail in my treatment and to relapse."

Many cases Fritz encounters of students struggling with an eating disorder are rarely the initial issue the student comes to the Counseling and Testing Center with. She said people with eating disorders are good at minimizing the problem.

Clevenger went through treatment and started getting back on track, but she said the pivotal point for her was getting to know the lead coach of Real Life on the Palouse.

"He let me meet with him weekly, and we played some card game and I would just like spill my guts," Clevenger said. "He would really ask the hard questions and try to get me to figure out why I'm doing what I'm doing and where was the other source of brokenness resulting in my actions. He was the first person that really believed in me, that I could be okay."

Rudley said it is extremely easy for people struggling with binge eating to rationalize it in a college setting, where over-eating and binge drinking is a usual occurrence.

Students must find a healthy eating habit for them, which is difficult when considering the question of what defines a healthy eating habit in the first place.

"It's being able to enjoy what you eat," Rudley said. "Eat enough so that you are nourishing your body. But not eating in a way that is punishing or restrictive."

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**CONCERN**

FROM PAGE 1

at the performances either. Salsbury said multiple events following the monologues saw low audience numbers as well, including the Talk-Back session.

The Talk-Back was an opportunity for members of the audience to discuss how the play influenced their thoughts. Salsbury said she was there, as well as a handful of cast members and students involved in the global V-Day campaign, but there were only two other students from a women's studies class — neither of whom had actually seen the play. Salsbury said although she was discouraged by the turnout, they still managed to have a good conversation.

The final V-Day event was hosted a week after the Talk-Back — a free screening of the film "What I Want My Words To Do To You." The film documents women who are in jail, many of them serving life sentences, for murdering their abusers. This event also saw a low number of attendees, although Salsbury said she thinks the students who attended enjoyed learning their stories.

A portion of the money raised from "The Vagina Monologues" goes to Alternatives to Violence of the Palouse, as well as to the global V-Day campaign. The money also helps fund a variety of other events hosted by the Women's Center, including the annual Take Back the Night event.

Salsbury said she isn't sure why audience numbers are declining. Despite watching the play performed every year, she said it is always a new show for her.

"A different cast brings a different perspective ... and a different portrayal of the play," Salsbury said. "I've seen it a number of different times and it really is pretty different from year to year. But I guess people wouldn't know that, unless they go and see it a couple times."

Former student and lifelong Moscow resident, Lindsey Peterson-Pope, has a unique perspective on the situation. She was a cast member of "The Vagina Monologues" as a student 10 years ago and then again during this year's production.

Pope noticed a difference in audience attendance and said it could be due to a variety of factors. The first year she performed in the play, it was held in the Administration Building Auditorium, compared to where it is performed now at the Kenworthy Performing Arts Center.

Pope said it could also be the fact that "The Vagina Monologues"

are slowly but surely becoming a dated piece. Or, if it isn't seen as dated, some of the stories are too troubling to listen to. She gave an example of one monologue written about a 16-year-old girl, who in reality was actually 13 years old.

Pope was introduced to "The Vagina Monologues" during her second semester of college. At the time, Pope said she was experiencing low self-esteem. When her friend encouraged her to audition for the show, Pope was cast as a woman who was very comfortable with her sexuality.

"Stepping into the shoes of someone who is much more confident than myself was a really empowering experience," Pope said. "To sort of pretend to be that person ... I think I took a little bit of that away with me."

Pope said being a part of "The Vagina Monologues" has made the issue of feminism less of an individual problem for her. Now she looks for ways to help everyone regarding feminism.

In the past 10 years, Pope said she has noticed multiple changes regarding feminist activism. One of these is the awareness of how all different kinds of oppression, not just those against women, connect together. Another is the huge leaps in including men in feminist movements, making it not only a women's issue and more of a universal one, Salsbury said.

Including men in the topic is something Salsbury said was one of the successful things she saw in the V-Men Workshop. The workshop was meant to be a safe place for male students to discuss how they can be involved in prevention of violence against women, she said. Salsbury said it is something that will most likely occur next year.

When it comes to the other events, things are still, more or less, up in the air. Salsbury said they may eliminate the Talk-Back all together, or hold it immediately after the performance of "The Vagina Monologues," instead of a week later. Salsbury said she is exploring other Eve Ensler plays and is leaning toward putting on a performance inspired by the previously mentioned documentary about incarcerated women.

Salsbury said she wants the event to evolve into something more similar to how it began.

"I would love to see this event go back to being an entirely student led and student organized production," Salsbury said. "It was initially ... the potential for student leadership and empowerment is phenomenal."

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**TIME**

FROM PAGE 1

picked up in the ASUI office or downloaded from www.uidaho.edu/asui.

"I think that serving as a student representative has been a fantastic experience," said current ASUI President Max Cowan. "I think it's really rewarding to be able to contribute to the university community

and to do my best to make the university a better place."

According to ASUI Elections Coordinator Tanner Beymer, the presidential candidates who are elected almost always rise to the position from a senatorial seat. But, he said, ASUI experience is not required to run, and the race is anyone's game. Beymer said competitive candidates are driven, passionate about the university, self-motivated, able

to work in teams, good listeners, active and well-organized.

"I would encourage everyone to consider being a candidate," Cowan said. "I think that it can be challenging and a lot of work, but exciting, and I would hope that everyone would be interested in taking the opportunity if that's something they can do."

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**BRIEFS**

FROM PAGE 1

guidelines set by the national Nuclear Regulatory Commission, which has a zero-tolerance policy regarding firearms at licensed nuclear facilities. ISU President Arthur Vailas told Otter the research program is at risk, if the Idaho Legislature continues to support introducing concealed firearms on campus.

Otter said he had no idea as to the commission's guidelines.

S.B. 1254 is scheduled for a

committee hearing in the House State Affairs Committee Thursday. The bill passed in the full senate last week.

**Discussing Jurisdiction**

The University of Idaho Dean of Students Office is expected to meet with student leaders later this week to discuss the scope of the recently approved jurisdiction changes to the Student Code of Conduct.

Interim President Don Burnett approved the changes in January, which extended the jurisdiction of the code to cover off-campus activity. When Burnett signed the

changes into effect, he included a signing statement asking the Dean of Students to clarify the changes.

"I expect the Dean of Students to consult with leaders of the Faculty Senate, leaders of the ASUI Senate, and leaders of the student GPSA and SBA, in developing general criteria for these determinations and in updating the criteria as circumstances may warrant," Burnett wrote in the statement.

The Argonaut will have more information as it becomes available.

**Title IX review this week**

Representatives from the U.S. Department of Education Office for Civil Rights will be on campus this week to review the University of Idaho's compliance with Title IX of the Education Amendment Acts of 1972. Title IX is a federal law that prohibits sexual harassment and sexual violence including rape.

The representatives will be on campus Wednesday and Thursday. They will conduct focus groups to discuss sexual violence with students, as well as host open office hours Thursday from 12:15-4:30 p.m. to talk to anyone who would like to discuss campus sexual vio-

lence — including survivors of sexual violence or harassment. The representatives will be in the Student Union Building Chief's Room and International Ballroom West during the visit.

According to Carmen Suarez, UI Title IX coordinator, the OCR does keep public records of their visits are subject to public disclosure laws. However, any identifying information in the records is redacted or removed before public release.

Contact information for representatives is available on the uidaho website for anyone unable to meet with them during their campus visit.

## UPCOMING DINING EVENTS





**Mardi Gras**  
Fat Tuesday, March 4th  
Bob's Place  
5PM  
*laissez les bons temps rouler!*

*Aisle Of View*  
Playing in Denny's Allnighter March 7th 8pm  
Come jam with this Reggae Band and enjoy some great food.  
<http://www.aovband.com/>

**St. Patrick's Day Event**  
Thursday, March 13th at Bob's Place 5pm  
Don't forget to wear your green!

**Iron Chef**  
Thursday, March 27th at Bob's Place 5:30pm  
Think you can cook? Four lucky contestants will compete to win culinary glory and awesome prizes!

\*Clip this ad to receive \$1.00 off any flat Bread Sandwich at Stover's.  
Must present clipped ad upon purchase. Expires March 3rd, 2014

# SPORTS

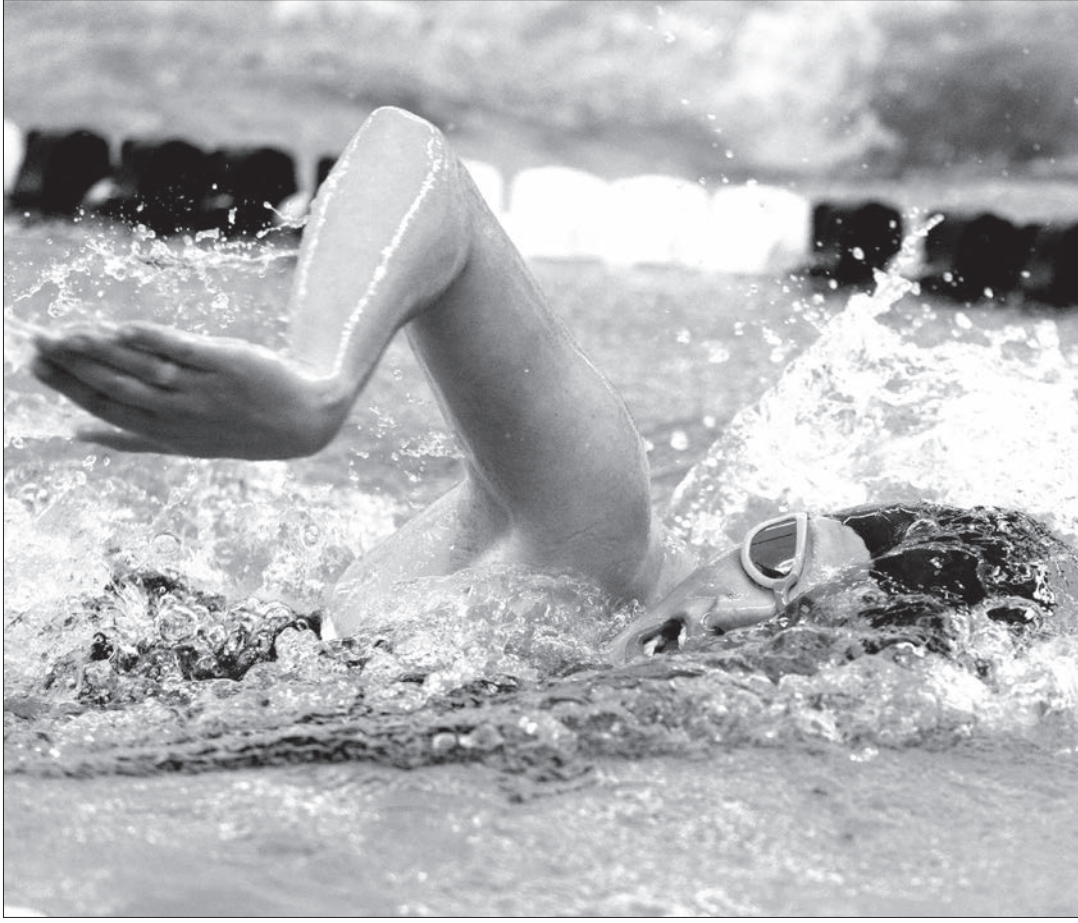


Men's golf finishes third in its debut spring tournament in Palm Springs

UIARGONAUT.COM

## FIGHTING FOR TITLES

Track and field, swim and dive head to WAC Championships Wednesday



Philip Vukelich | Argonaut

Emily Renzini takes a breath while competing in the Vandal swim and dive team's Senior Day meet against Oregon State on Jan. 25. The Vandals will be competing in the WAC Championships on Wednesday in San Antonio. The four-day meet concludes on Saturday.

*Vandal swim and dive enters WAC Championships with shot at title*

**Stephan Wiebe**  
Argonaut

Three years ago, when Idaho coach Mark Sowa took over the Idaho swim and dive program, he said his goal was to not finish last in the WAC. Now, his team heads into the WAC Championships with the goal of winning the conference.

The Vandals begin the WAC Championships Wednesday in San Antonio. The four-day meet concludes on Saturday.

"We're ready to go fast, we're ready to dive well and we're looking forward to it," Sowa said.

Idaho enters the meet with a 4-1 record against WAC teams on the season, its only loss Nov. 2 at Northern Arizona. The Vandal victories came against Northern Colorado, Grand Canyon, Seattle U and New Mexico State.

Despite Idaho's dominance in the WAC so far this season, Sowa said Idaho will have to watch out for every team at the championship meet.

"Northern Arizona ... they're pretty darn good, Grand Canyon's got some studs, Cal Bakersfield's freestylers are really, really good, New Mexico State's got great kids in the stroke events ... everybody could ruin our day," Sowa said. "But again, we're not worried about those people. We focus on each other."

The Vandals have some solid players of their own. Junior Rachel Millet enters the

SEE VANDAL, PAGE 8

*Track and field to compete in indoor finals at Kibbie Dome*

**Curtis Ginnetti**  
Argonaut

Coming off the last leg of its indoor season, the Idaho track and field teams are preparing for the Indoor WAC Championships to be held Wednesday through Friday at the Kibbie Dome.

Idaho finished its last indoor meet of the year with the same success it has seen all season.

Three Idaho athletes finished first in three events Saturday at the WSU Open II. In the sprints, senior Andrew Bloom finished first in the the 400-meter dash with a time of 48.62 seconds. Idaho went 1-2 in the 3,000-meter run with sophomore Halie Raudenbush coming in first ahead of sophomore Alex Sciocchetti, who finished second behind Raudenbush by 13 seconds. The third Vandal victory came from freshman jumper Arphaxad Carroll in the long jump.

"We are excited to have it here in our own dome. The group(s) are used to running on our track and while it (home field advantage) will not guarantee ourselves a win, the athletes will enjoy sleeping in their own beds the night before," Idaho coach Wayne Phipps said of hosting the championship meet.

This is the first time in years the WAC Championships has been held in the Kibbie Dome, which is fitting, considering this indoor season the track and field teams have not ventured more than one state away for competition. Though, the Vandals did host the outdoor track and field championships in 2012 on the newly renovated Dan O'Brien Track and Field Complex.

SEE TRACK, PAGE 8



Parker Wilson | Argonaut

Runners settle into the blocks at the the WSU Open II indoor track meet on Friday in Pullman. The Vandals will compete in the WAC Indoor Championships on Wednesday in the Kibbie Dome.

## Road perfection

*Vandal women continue WAC dominance in Phoenix, move to 12-1*

**Sean Kramer**  
Argonaut

It just might be a good omen for Las Vegas.

The Idaho women traveled to a warm weather climate Saturday afternoon with an undefeated record against conference foes, and will come back to Moscow with that being the status quo.

The Vandals took down Grand Canyon 68-54 in

Phoenix to move to 12-1 in WAC play, finishing their conference road schedule undefeated at 8-0.

Something had to give with Grand Canyon also being undefeated at home, but Idaho's dominant second half gave it the edge.

"We knew about their streak, we talked about ending their streak just like our streak got ended," Idaho coach Jon Newlee said. "They were just ready to play tonight, they were pumped up. We had a great start in the second half."

SEE ROAD, PAGE 8

## Madison shines on Senior Day

*Idaho improves to 4-0 in Memorial Gym with win over Grand Canyon*

**Korbin McDonald**  
Argonaut

During his last game in Moscow, senior Stephen Madison did what he's been doing all season and all career — lit up the the scoreboard for Idaho.

It was a typical Madison performance on Senior Day, leading Idaho to an 83-77 victory over Grand Canyon. He led the Vandals with 34 points

and added six rebounds.

"Steve (Madison) played great," Idaho coach Don Verlin said. "I thought not only did he play great scoring 34 points, but he made the big plays when we needed them. There was a number of times where he came up with a big basket, the big rebound, big defensive stop. I couldn't be happier for Steve to finish his career out here at Idaho at home, like this."

In the first half, Madison scored seven straight points for Idaho leading them on a 9-2

run. For the third straight game, he averaged over two points per shot attempt.

"It was just fun," Madison said. "We came out here and played, had a fun time, and we showed it on the court. I think that's what helped us get the win at the end of the day."

Senior Day also gave a glimpse into the future. Freshman Sekou Wiggs continues to make a name for himself and was the second leading scorer for the Vandals with 16 points and six

rebounds.

"He is very explosive around the basket and getting himself to the rim," Verlin said. "And when he hits those free throws, he may be our leading scorer. He has been playing very well and I couldn't be happier with the way he's been playing."

Wiggs displayed the ability to get to the rim in the first half. On a fast break with two defenders standing in front of him, Wiggs split the two with a euro step leading to an

SEE MADISON, PAGE 8



Conor Gleason | Argonaut

Idaho sophomore Rita Bermudez prepares a serve Saturday during Idaho's 7-0 win over UMKC.

# Vandals roll over 'Roos

**Conor Gleason**  
Argonaut

The Idaho women's tennis team continued its winning streak Saturday, defeating the Missouri-Kansas City Kangaroos in Lewiston.

The Vandals swept the 'Roos 7-0 to win their seventh straight match, improving their record to 7-1 on the season.

"I was impressed with the effort," Idaho coach Jeff Beaman said. "We had some issues, but the girls were receptive and tried hard. They not only won, but they got better in the way they were approaching it and competing."

Idaho won the doubles matches 8-1 and 8-0, led by Victoria Lozano and Almudena Sanz at No. 1 doubles.

Lozano lost the first set of her No. 1 singles match against Dimitra Stavrianakou, but came back to steal the second and tiebreaker.

"I was expecting to be more consistent with my shots — especially my forehand," Lozano

said. "But then I saw that she was having trouble with my slice, so I used it as often as I could. I decided to be aggressive at the net and be calm, which helped me win the second set."

After weeks of consistent outings, the Vandals finally entered the ITA Top 75 rankings for the first time in more than 10 years.

The team is confident in its chances to win the WAC Tournament. Beaman, however, told his team to not lose focus.

"I told them you're on a hot streak, you're a part of something good," Beaman said. "Focus on doing the right things and that's the only way to continue."

Beaman said he would rather his team lose and learn something than his team win and not learn from its mistakes.

"Learning how to lose is just as important as winning," Beaman said. "Learning from your losses is even more important."

"What Jeff is telling us is that as long as we're working for something, to get better, it

doesn't matter if we lose," Lozano said. "The important thing is to keep working, have a goal, and if we lose, don't feel guilty and keep going."

The Vandals have a big weekend ahead of them, playing two nonconference games against in-state rivals Boise State and Idaho State in Boise.

"The matches are going to be physically and mentally demanding," Lozano said. "I don't want to lose my zone and I want to be smart with my shots. If there's anything I need to change, change it right away during the match."

Beaman is excited about his team's chances to make the NCAA Tournament, but warns them to remember the little things.

"It's staying on track, not getting relaxed, not getting overly confident and not bickering as a team," Beaman said. "Do the right things and we can accomplish great things this year."

Conor Gleason  
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# Men's tennis sweeps weekend

Led by Nikitin's strong play, Vandals improve to 5-6 on season

**Joshua Gamez**  
Argonaut

After a 5-2 win over Gonzaga on Thursday, the Vandal men's tennis team rolled over Missouri-Kansas City 6-1 to win both weekend matches in Spokane. This two-game win was much needed, after the Vandals went 0-5 during a trip to the Southwestern desert last weekend. The victory over UMKC improves Idaho to 5-6 on the season.

"They played hard and they gave a good effort," Idaho coach Art Hoomiratana said.

The Vandals pulled off the win despite being without sophomore Andrew Zedde — who is nursing an elbow injury sustained against Gonzaga.

"We are going to take a look at him early in the week and make a determination," Hoomiratana said, regarding Zedde's status going forward.

The Vandals fared fine without Zedde on Saturday, as they won five of the six singles matches in straight sets over UMKC. Idaho was led by senior Artimey Nikitin and his dismantling of UMKC freshman Mike Psarros at No. 1 singles.

The trend continued as Idaho junior Cristobal

Ramos Salazar and senior Jose Bendeck brought strong singles wins with victories over freshman Vinh Pham and senior Tomas Patino of Kansas City respectively. The Vandal duo also came away victorious at the No. 1 doubles spot over Psarros and Patino.

Idaho sophomore Odon Barta and junior Cesar Torres were also victorious over sophomore Andrew Smirnov and junior Connor Edwards, all in straight sets in singles play.

With Zedde being out of play, the Vandals made a few changes in the doubles play. Nikitin, Zedde's usual doubles partner, teamed up with sophomore Matt Oddonetto to defeat Kansas City's Connor Edwards and Pham 8-3 at No. 2 doubles. At No. 3, Barta, who is Oddonetto's usual partner, teamed up with senior Filip Fichtel to best the UMKC duo of Daniel De Zamacona and Uldis Gaismins 8-5, to finish the doubles sweep.

The Vandals will not be in action again until Friday when they travel to Logan, Utah, to face off against former-WAC foe Utah State.

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# WAC Roundup



Theo Lawson  
Argonaut

## Idaho (19-8, 12-1)

Barring a complete meltdown in their last three games, the Idaho women's basketball team should run away with the No. 1 seed and regular-season title, which would be the first and the last, for Idaho in the WAC. The top team in the conference continues to be tough on the road and a 68-54 win at Grand Canyon snapped the Antelopes' 10-game home winning streak. Idaho closes out at home with Seattle U, Chicago State and Missouri-Kansas City. The Vandals would have to lose all three to drop down to second place.



## Cal State-Bakersfield (16-9, 10-3)

Ninety-nine points later, the Roadrunners clinched their 10th win in conference play, beating last-place Chicago State. CSUB may have had a shot at Idaho, though a loss to Seattle a few weeks ago all but dissipated those hopes. The 'Runners, who have won eight of their last nine games, still appear to be Idaho's biggest threat in Las Vegas.



## Seattle U (13-13, 8-5)

Coming off Thursday's road loss to Grand Canyon, the Redhawks won't have it any easier Saturday against Idaho, where they meet the Vandals at UI's Memorial Gym — a place Idaho seems to play better than the Cowan Spectrum. The Redhawks topped the Vandals twice during the regular season a year ago, but Idaho has the 1-0 lead this season with a 77-59 victory at Seattle's Connolly Center. The No. 3 seed may be in the balance, should the Redhawks drop to 8-6.



## New Mexico State (10-16, 7-6)

The Aggies have by no means locked up a top-four seed, though consecutive wins at Chicago State and at home against UTPA have helped their case. If New Mexico State can gut out at least two more conference wins, it should be able to clinch the fourth seed — though a home test against CSUB and away game at Grand Canyon will both be tough challenges for leading scorer Danesia Williams and the Aggies.



## Grand Canyon (17-8, 6-6)

Dropping to .500 with a 14-point loss to Idaho, the Antelopes proved they are indeed vulnerable in their home arena. A team that is ineligible for postseason play should be able to finish the regular season with nine or ten wins, and will likely grab a top-four regular-season finish.



## Texas-Pan American (12-14, 6-7)

With just three games remaining, the Broncs would really have to scrap to manage a No. 1-4 seed. But UTPA's play as of late may have all but erased that opportunity. The Broncs have lost five of their last six contests with their only win since January coming against winless Chicago State. Bakersfield, Utah Valley and Grand Canyon are all capable of beating this struggling UTPA squad and it looks like the Broncs will be stuck with the sixth or seventh seed.



## Missouri-Kansas City (10-16, 6-7)

The Kangaroos gifted Utah Valley its third win of the conference season Saturday — a loss that may have all but confirmed a six seed for UMKC, considering who the 'Roos end the regular season with. GCU, Seattle and Idaho are on tap, with the last two of those games coming on the road.



## Utah Valley (6-20, 3-10)

A win against Kansas City may have provided the Wolverines with a boost of confidence, though the No. 7 seed is a lock for Utah Valley, who will look back at its regular season and find at least seven games that were lost by 10 points or less. This is a team that will have a hard time advancing past the first round of the conference tournament, but looking at a few of those close losses, the Wolverines can hang with their opponents every now and then.



## Chicago State (3-23, 0-13)

The Cougars have one win against Division I opponents this season. That was on Dec. 20. Since then, Chicago State has come within 10 points of a conference opponent just once and has locked itself into the eighth seed and a likely first-round WAC tourney matchup with Idaho.



UNIVERSITY OF IDAHO 2013/14

**WOMEN'S BASKETBALL VS. SEATTLE U**

SATURDAY, MARCH 1ST  
2 PM • MEMORIAL GYM

**WHITE OUT!** First 1,000 fans in get a FREE white out T-shirt!  
Faculty & Staff Day! UI Faculty & Staff get in game for FREE!  
Christina Salvatore Day! Hang around after the game and get Christina's autograph!

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# Athletes of the Week

## Stephen Madison – men's basketball



Stephen Madison

The Vandal men's basketball team held Senior Day on Saturday celebrating seniors Glen Dean, Stephen Madison and Joe Kammerer. All of them played a substantial amount, but one of them stood out over the rest. Madison ended his Vandal career at home with 34 points — matching his jersey number, which was a fitting way to go out. The senior forward missed only three shots on the night, going 12-of-15 from the field.

"Steve (Madison) played great," Idaho coach Don Verlin said. "I thought not only did he play great

scoring 34 points, but he made the big plays when we needed them. I thought there were a number of times he came up with a big basket, the big rebound, the big defensive stop. I couldn't be happier for Steve to finish his career out here at Idaho at home like this."

Idaho plays its last three games of the regular season on the road before the WAC Tournament. The Vandals start the road trip with a Saturday matchup at Seattle U.

## Artemiy Nikitin – men's tennis



Artemiy Nikitin

The Idaho men's tennis team is finally getting back to its winning ways with a 6-1 win over Missouri-Kansas

City in WAC play on Saturday. One Vandal standout was senior Artemiy Nikitin, who missed some matches earlier in the season due to personal reasons. He teamed up with Matt Oddenetto to win the second doubles match 8-2 and then won in two straight sets 6-2, 6-2 at the No. 1 singles position. After losing five straight matches, the men's team won its last two matches — including the win over UMKC.

"If they can continue to come together as a team and focus on improving each day, they have a chance to be a good team," Idaho coach Art Hoomiratana said.

The team continues play with a nonconference match against Utah State Friday in Logan, Utah.

## Victoria Lozano – women's tennis

The Idaho women's tennis team has now won seven straight matches, after winning a WAC



Victoria Lozano

match over Missouri-Kansas City on Saturday. No. 1 singles player Victoria Lozano played a big role in helping the Vandals win the match. In singles play, she won with a three set sudden death victory over UMKC's Dimitra Stavrianiakou. She also added a doubles point victory with her teammate Almudena Sanz in an 8-1 blowout.

The Vandals return to action with a pair of matches Friday and Saturday against instate rivals Boise State and Idaho State respectively.

## Andrew Bloom – track and field

The Vandal track and field team wrapped up the indoor regular season Saturday with the WSU Open II. Although the team held many athletes out of



Andrew Bloom

the meet to rest up for the WAC Championships, Idaho was still able to come away with three individual victories over the weekend. One that impressed Idaho coach Wayne Phipps was a win in the 400-meter dash by senior Andrew Bloom. Bloom, who hails from Walla Walla, Wash., was able to win the event with a time of 48.62 seconds.

"Andrew continues to have a great senior year," Phipps said. "He is ready to have a huge breakthrough in the 400."

Idaho's other wins came from sophomore Halie Raudenbush in the 3,000-meter run and freshman Arphaxad Carroll in the long jump. The next meet for the Vandals is the WAC Championship held Wednesday through Friday in the Kibbie Dome.

## ROAD

FROM PAGE 6

With only a five-point lead at the half, there was a fear that Grand Canyon would make it a tight game — like Idaho's 58-54 win over the 'Lopes in Moscow earlier in the season.

Instead, the Vandals opened the second half on an 8-0 run and for the remaining 15 minutes, an Idaho win was hardly ever in question.

Tenacious defense had a lot to do with it. Grand Canyon only shot 31.4 percent from the field and only hit five 3-point shots.

"Aggression was the key tonight, we didn't sit back," Newlee said.

A welcome performance for Idaho was that of senior Alyssa Charlston. The Vandal post scored 17 points, missing only three shots. She had been in a relative slump prior to the trip to Phoenix, but finishing around the rim wasn't a problem for her this time around.

"Yeah, that's the Alyssa we know. She was in a little slump," Newlee said. "They're undersized in the post, I said 'they can't guard you Alyssa.' They really don't have an answer for her, when she's playing like she can play."

That breakout is welcome for Idaho, who will look to start stringing together consistency at home. The Vandals have won seven of their eight conference road games by double-digits — an average margin of victory of 26 points on the road. That kind of dominance at home has been hard to find. Idaho is 4-1 at home in conference play, with only two of those wins coming by double-digits.

Sitting at 12-1, the Vandals' magic number to clinch the conference regular season title is two. They need a combination of Idaho wins and second-place Bakersfield losses to clinch the No. 1 seed heading into the WAC Tournament.

Consistency is the key for Newlee, as rivals Seattle head to Moscow on Saturday.

"I don't think we matched their intensity in the paint on the defensive end and that's something we'll talk about before Seattle, because that's going to be an absolute war," Newlee said.

Sean Kramer can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu)

## TRACK

FROM PAGE 6

"I feel pretty good where we stand. We didn't compete everybody in their main events during this meet (WSU Open II), we used it as kind of another practice," Phipps said.

Phipps said that while the regular season has been going very well for his team, the WAC Championship is going to provide some struggles to clinch the first place slot.

He said that on the men's side, Idaho's biggest opponents are going to be Utah Valley and Grand Canyon. On the women's side, Phipps said he expects to see the toughest competition from UMKC and again Grand Canyon.

"It is going to come down to the little things, getting people into the finals who we didn't expect getting into the finals," Phipps said. "It will come down to how they do that Thursday getting into the finals and getting our team points."

The championship will start on Wednesday with the multi-events, while the regular preliminary events start on Thursday. It is in the preliminary rounds that determine who will move onto the finals on Friday. This meet is different from the others this season in that each team member will not only be racing for their own personal records, but will also be competing for team points to determine who will be the WAC Champion. Only those athletes that make it to the finals rounds on Friday will be able to score team points.

Curtis Ginnetti can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu)

## MADISON

FROM PAGE 6

easy layup.

Idaho began to pull away at the end of the first half with a 4-0 run and at the beginning of the second half, they started with a 7-0 run. It appeared as though everything was clicking for the Vandals and they would seal the game with a blowout victory on Senior Day.

That wasn't the case. "It's never easy for this team," Verlin said. "It's such a fine line for us. Pushing the ball, slowing it down, and when it comes to winning time, how we go about winning a basketball game and making plays when we need to."

Idaho did not score a basket for five straight minutes in the second half, missing eight straight shot attempts. GCU would get as close as five points with 54 seconds remaining.

But on his Senior Day, Madison was not to be denied.

To close out the game, he grabbed a missed 3-pointer by GCU and was fouled immediately.

## VANDAL

FROM PAGE 6

conference championship as the fastest WAC swimmer in the 50-yard freestyle, 100 freestyle, 200 freestyle, 100 backstroke and 200 individual medley. Idaho also has senior diver Paige Hunt, who owns every current Vandal diving record.

Millet and Hunt should impress at the WAC Championships, but the team knows winning the meet will come down to the depth of the team.

"Mark (Sowa) told us that it's not just going to be about winning events, it's going to have to be those people that sneak in ... that score and those that weren't supposed to be in any finals that we know can, that are really going to bring the points that we need in order to win," Millet said.

The four-day meet will take a toll on the swimmers, so Sowa said it's been nice to rest and focus on speed in the training leading up to the meet. The Vandals haven't

Just like he's been doing his whole career, he hit both free throws to seal the win for the Vandals.

That was the last time the Idaho home crowd would see their star.

"That was a big moment and a big play," Verlin said. "He went up above and got a huge rebound and really sealed the game for us."

Madison wasn't the only senior playing in his final home game for the Vandals. Glen Dean with 10 points and Joe Kammerer with one point and five rebounds also played roles in getting the win.

"Couldn't be happier with the way our seniors played on Senior Day," Verlin said.

"I thought Glen played a really good floor game. His energy really helped us. I thought he did a great job running the team. Joe Kammerer did a great job on the big boy (GCU's Killian Larson). Even though Larson got 20 rebounds, I thought Joe did a great job battling, knocking him off his post and was physical in there with him."

Dean said before the game he was thinking about trying to go out and score 30 points, but he thought

better of it.

"Let's be realistic," Dean said. "Let's just be patient, whatever comes take it. If I get a good look, try to get Connor and Stephen going and just try to push the pace."

The Vandals have shown they can beat the best teams in the WAC with the win over New Mexico State on Feb. 6, and now with a win over GCU, which was third in the conference standings.

"Finally, we're starting to embrace the system," Verlin said. "We're executing the system and we're really starting to move the ball up and down the court and score a lot easier than we were earlier in the year."

The Vandals will now head to Seattle next Saturday to take on Seattle U, a team that beat them by one point on Feb. 1. Revenge is on their minds.

"We definitely remember what happened a couple weeks back," Dean said. "That one point loss, it's still in the back of our minds."

Korbin McDonald can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu)

competed as a team since Jan. 25 when they beat Oregon State on Senior Day.

"I think it helps us a ton," Sowa said of having a long break before the championships. "It's nice to be home. Travelling from Moscow

# “

It's not like we can block better or set a pick or anything along those lines. What we do, either on the boards or in the lanes, is up to us.

Mark Sowa, coach

takes it's toll on them physically, so it's nice to get healthy."

Idaho has a strong junior and senior class this season, but the biggest class is the freshmen class. About a third of the team consists of freshmen that have never competed in a collegiate championship environment. Still, Sowa

is confident in the leadership his upperclassmen bring.

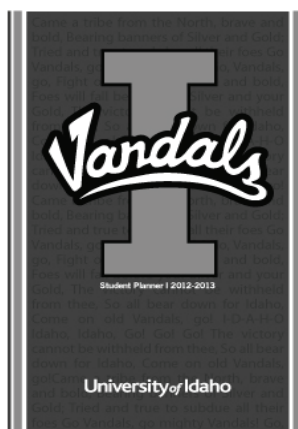
"Our junior class is incredibly dynamic and our senior leadership is really, really good," Sowa said. "Our junior class was freshmen when our coaching staff got here, and they weren't quite ready for the emotional rollercoaster of that WAC Championship meet. I think that class in particular is going to really help the freshmen."

Idaho junior Erica Anderson said that some of Idaho's best events will come on Friday, but the team can't look ahead. If the Vandals are still in contention by the time Friday rolls around, they have a solid shot at winning the championship.

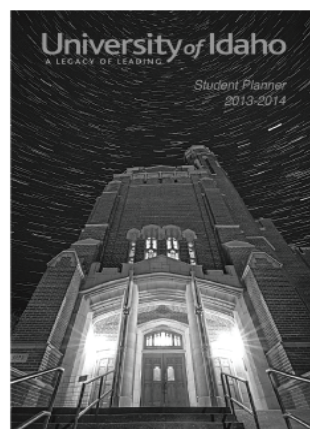
"The beauty of swimming and diving is that we control our own destiny in a lot of ways. We can't control what other teams do," Sowa said. "It's not like we can block better or set a pick or anything along those lines. What we do, either on the boards or in the lanes, is up to us."

Stephan Wiebe can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu)

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# THE NEXT DESIGN COULD BE YOURS



# OPINION



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OUR VIEW

## Everybody knows somebody

*Moscow community needs to support people with eating disorders*

This Monday marked the start of National Eating Disorders Awareness Week, which aims to prevent eating disorders and body image issues, reduce the social stigma of having an eating disorder and improve access to treatment. The theme of this year's awareness week is "Everybody Knows Somebody," and this week will be marked at the University of Idaho by several health related events.

The importance of raising awareness of eating disorders is found in the high numbers of people suffering from eating disorders. According to the NEDA, in the U.S., 20 million women and

10 million men suffer from a clinically significant eating disorder at some time in their life. Sharon Fritz, licensed psychologist at the UI Counseling and Testing Center, said 30 percent of college students will develop an eating disorder.

The statistics support the theme of "Everybody Knows Somebody," and more likely than not, those statistics include UI students.

This week is important because it allows the UI community to reach out to those suffering and remind them that they are not alone.

If you think someone close to you may be struggling with an eating disorder, reach out to the UI Counseling and Testing

Center for resources on how to help. Everyone should take advantage of this week's educational opportunities on eating disorders. UI students and faculty can learn more about eating disorders and how to create an environment that encourages people to seek help.

Students that have an eating disorder should take advantage of the free resources available on campus. This Thursday, free eating disorder screenings will be administered by the Counseling and Testing Center on the third floor of the Idaho Commons from 10:30 a.m. to 2:30 p.m.

Year-round, students have ac-

cess to free nutrition counseling from UI Campus Dietitian Marissa Rudley, and free counseling from the Counseling and Testing Center. These on-campus resources are critical to students, since insurance companies often deny treatment for eating disorders.

National Eating Disorders Awareness Week shines light on a problem that is often overlooked, and the Moscow community needs to come together to recognize and support those with eating disorders — this week and throughout the year.

- AE



Shane Wellner Argonaut



## Contributions consistently lead Otter to candidacy

*Otter's leadership has hurt Idaho, yet he consistently wins*

If Idaho Gov. C.L. "Butch" Otter can survive the upcoming primary election, he will be on the cusp of joining a very exclusive club. If Otter wins re-election in November, he will be one of three men to serve three terms as Idaho governor.



Justin Ackerman Argonaut

Charles Ross and Robert E. Smylie are the other two men who have not just served three terms, but have left a lasting impact on the state. Ross served in the 1930s and was a supporter of FDR's New Deal programs, he helped bring liquor sales under state control and helped push Idaho's first ever sales tax.

Smylie created the state park system and helped re-establish the Ross' era sales tax, which was repealed through referendum in 1936.

Otter's name will forever stand beside these two, if he clinches his third term. This opportunity to solidify his legacy shouldn't come as a surprise, just look what Otter has done for Idaho's economy and education.

According to the U.S. Department of Commerce, when Otter took office in 2007, the average Idahoan's per capita income sat at \$32,607, which leaves Idaho ranked 43rd out of the 50 states. In 2012, that number rose slightly to \$33,749, but Idaho dropped to 49th in the nation — beating only Mississippi.

The United States Bureau

of Labor Statistics tracks number of minimum wage jobs in each state, and 7.7 percent of Idaho's workforce works for minimum wage.

This percentage gives Idaho the highest number of minimum wage workers the Bureau has ever seen.

Unfortunately, education in Idaho hasn't fared much better under Otter. I've commented on education in Idaho before, but it's a somber sentiment always worth restating.

When Otter took office in 2007, Idaho sat in 50th place in spending per student — according to U.S. Census Bureau data. Today, Idaho sits at 49th out of 50 states, and while Otter talks big on education reform, nothing meaningful has happened in the last seven years. Actually, tuition at the University of Idaho has gone up nearly \$1,000 under Otter. It has risen from \$2,100 per semester in 2007, to \$3,200 today.

All of this has drastically changed the state of Idaho. Yet, if these numbers are any indication, that change has not been a positive one. It's definitely not worthy of propelling Otter to a third term as governor, but it might happen regardless if past elections are any indication.

Otter consistently outspends his opponents, but his money has increasingly come from out of state. According to campaign finance records in 2010, Otter raised almost

“ Yet, if these numbers are any indication, that change has not been a positive one. It's definitely not worthy of propelling Otter to a third term as governor, but it might happen regardless if past elections are any indication.

Justin Ackerman Argonaut

\$2 million, with just under \$500,000 coming from out of state. The out of state funding alone is just about half of his opponents spent. Otter will consistently be able to outspend his opponents, but it appears raking in contributions from wealthy donors is one of the only things he is good at. Combine that with Idaho's political landscape and you have a recipe for bad policies and unaccountable politicians.

Otter isn't all bad, he voted against the Patriot Act and he's been a part of Idaho politics for a long time.

However, it's time Idaho gives someone new a shot at fixing the problems the state has faced for so long.

Justin Ackerman can be reached at [arg-opinion@uidaho.edu](mailto:arg-opinion@uidaho.edu)

### By the numbers

**7.7%**

Idaho's workforce works for minimum wage

**50th**

place in spending per student in 2007

**49th**

place in spending per student in 2014

**\$32,607**

Idahoans per capita income in 2007

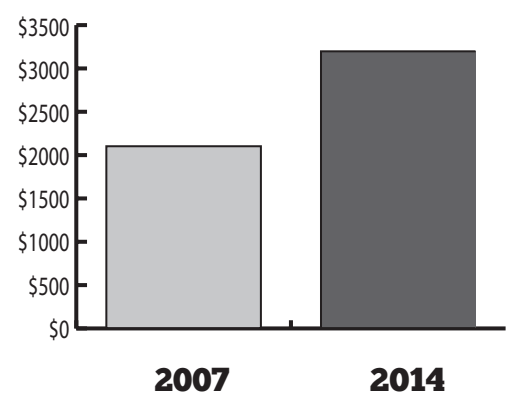
**\$33,749**

Idahoans per capita income in 2012

**\$500,000**

out of \$2 million from Otter's 2010 campaign came from out of state

### UI in-state tuition increase



## OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

### Throwback

I found out that emulators are a thing. Which means not only have I downloaded the "Legend of Zelda" on my computer, but I've gotten my girlfriend hooked on it too.

-Andrew

### Learn your homonyms

I will judge you if you text me and use an incorrect form of there, to, wear, your, etc. and don't correct it or realize you did it wrong.

-Kaitlyn

### Moscow

We won't spend a week-end together for more than a month. I'm not all that sad about it.

-Theo

### Impromptu trips

I love them. No really, I do. Especially when they are going to take you to places like Seattle.

-Ricky

### Identity theft

Fact: Bears eat beets. Bears beat "Battlestar Galactica."

-Emily

### Theme launch

The 2014 Homecoming theme is going to be launched on Feb. 27! If you miss the reveal, make sure to check out my OTC on Friday!

-Jessica

### Special Olympics equipment theft

To the person that stole all of the equipment from the Moscow Special Olympics team, I hope there is a special circle in Hell just for you.

-Aleya

### Mistake

Why did I take a Public Relations course this semester?

-Sean

### 13 rings

Idaho track and field coach Wayne Phipps has 13 total conference titles over cross country and track and field for the Vandals. He has a chance to win another one at home this week.

-Stephan

### OTC

Sometimes I don't know what to write. This is one of those times.

-Kaitlin

### Wagu

Mule sake ene, aku bakalan nulis statusku nganggo bosu Jowo, men orang-orang ora ngerti nek aku nulis apa. Wagu kan.

-Rainy

### Responsibility

Sometimes I contemplate just quitting everything and focusing all my time and energy on having fun. Life couldn't turn out that bad, could it?

-Phil

### Weather

I wish the weather would decide on a season already.

-Ryan

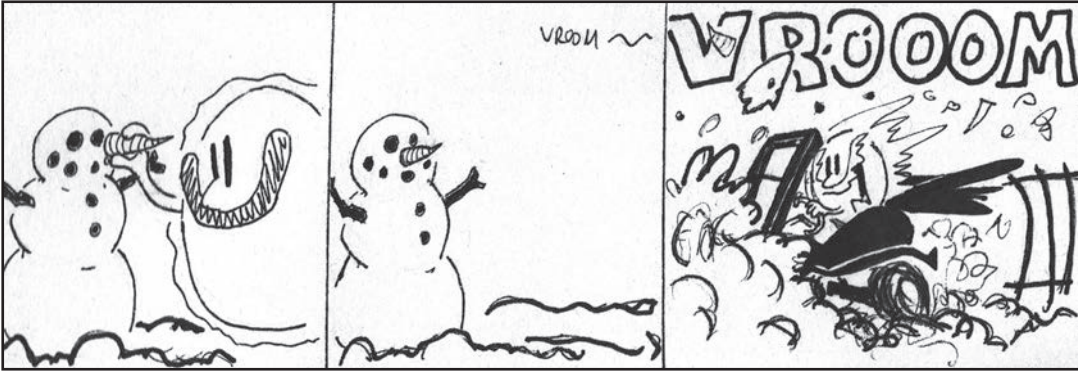
### Poor choice

Who starts "House of Cards" on one of their busiest weeks of the semester. Irresponsibility kills.

-Hannah

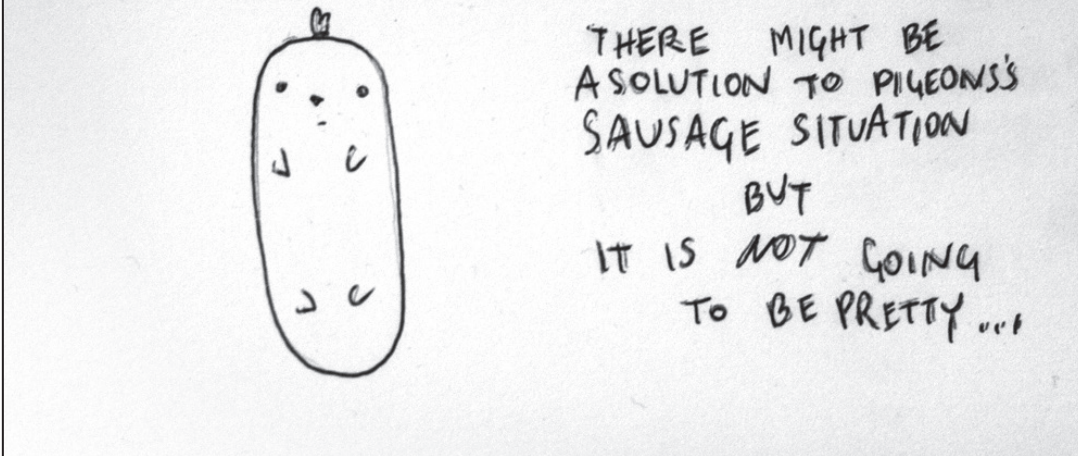
# COMIC CORNER

## Cloud Nine



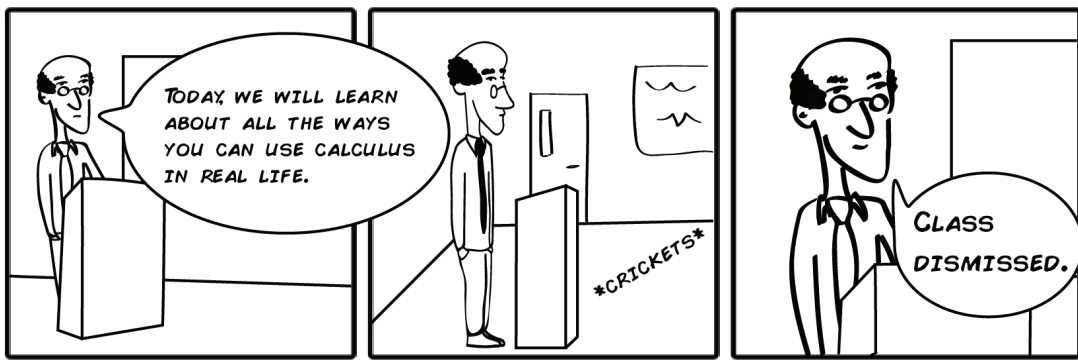
Andrew Jenson | Argonaut

## Pigeons



Jesse Keener | Argonaut

## The Honest Professor



Karter Krasselt | Argonaut

# Composting makes a comeback

I've got some great news, Bessie the cow is back. Yes indeed, my dear sustainable Vandals, the Food and Farm Composting Program is open and ready for business, specifically for your food leftovers. We first befriended Bessie back in 2010 when the Food and Farm program was initiated. Like many of the happy cows at the UI Dairy, Bessie represents the lucky recipients of this composting program.

When food ends up in landfills, it becomes trapped and compacted by tons of garbage. While microorganisms eventually break these food scraps down, they do it via anaerobic digestion. The anaerobic digestion emits carbon dioxide and methane, which contributes up to 20 percent of the nations' emissions of greenhouse gases annually.



Wieteke Holthuijzen  
Sustainability Center  
Director

But how does the composting program work?

By collaborating with various groups around campus, including the College of Agricultural Life Sciences, UI Dairy and Campus Dining, your food leftovers are transported to the UI Dairy where they are blended with livestock manure and composted into a soil amendment — which is applied to the fields where cows contently graze.

In fact, since the start of this program, countless dining patrons and more than 100 student volunteers have helped divert over 111 tons of food waste from the landfill to the UI Dairy. So why do we even care about composting? Why go through all this effort?

Consider this, leftovers and food scraps are the No.1 material sent to landfills. For example, in New York City, food scraps account for one-third of all residential trash and more food waste is thrown away than paper and plastic items.

All of those food scraps go to landfills, costing the city \$336 million each year. However, diverting those food scraps and turning them into valuable compost could save New York City up to \$100 million a year. Composting just makes sense. But there's another side to this story, other than major cost savings. Climate change.

Think about it, how much food do you actually throw away?

It might shock you to find out that the average American throws out almost 50 percent more food than the average American in 1970. This amounts to 40 percent



Embrace the goodness that can come from composting with the Food and Farm Program.

**Wieteke Holthuijzen,**  
Sustainability Center Director

of what our farmers grow, and averages 20 pounds of food per household per month.

So the next time you're at the Idaho Commons, don't look at your food scraps with disgust. Embrace the goodness that can come from composting with the Food and Farm Program. Plus, composting will make cows like Bessie all the happier as they peacefully graze the Palouse hills fertilized by your compost.

Without the help and support of UI Dairy, Campus Dining, Agricultural Life Sciences and ASUI, Bessie wouldn't be able to enjoy all the compost from UI students like you and me.

Wieteke Holthuijzen can be reached at [uiscc@uidaho.edu](mailto:uiscc@uidaho.edu)

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Thursday 6:30-8:30 p.m. - CROSS-Eyed at the Commons Panorama

Friday 6:30 p.m. - every 2nd and 4th Friday U-Night worships and fellowship at The CROSSING

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