

SPORTS



Idaho men's and women's tennis players sweep 'Athletes of the week'

UIARGONAUT.COM



Parker Wilson | Argonaut

The Idaho club lacrosse team sets up for a passing drill Wednesday during practice on the SprinTurf. The Vandals beat Gonzaga 14-9 Sunday in Spokane to improve to 5-3 on the season. The team plays Oregon on Saturday in the Kibbie Dome for a Support Our Troops charity game. It will be the first time Idaho has played in the Dome in five years.

Idaho lax garners fifth win

Vandal lacrosse trumps Gonzaga, improves to 5-3 on season

Stephan Wiebe
Argonaut

The Idaho club lacrosse team handed Gonzaga its first loss of the season Sunday in Spokane. The Vandals improved to 5-3 on the season with the 14-9 victory over the Bulldogs.

"I thought for us, this was probably our most complete game," first-year Idaho coach Sammy Seidenberg said. "Today, we put it all together from the defense to the offense.

We played really well on the defensive end. Then we were going on the offensive end, scoring the ball, getting good shots."

Seidenberg said the win was the largest-scoring margin over Gonzaga in the team's recent history. He said the Bulldogs usually play really tight, but Idaho was able to control the pace — which contributed to the win.

"This was very much a team victory. If you look at the stats, it was so spread out,"

Seidenberg said. "We had six goal scorers and everybody really contributed ... A couple big moments in the game, we went a man down for a couple minutes and we were able to kill the penalty and then come out and score three quick goals, which is really huge — a big momentum shift as well."

Idaho's offensive and defensive players of the game were Harrison Sawyer and Craig Patrick respectively. The Vandals have

struggled with the faceoff this season, but Sawyer topped Gonzaga's faceoff player on Sunday, Seidenberg said. On the defensive side, Patrick snagged 16 saves.

Other Vandal standouts include Patrick Tunison with four goals, Colton Raichl with three goals and Deric Wilson with two goals and three assists.

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Spring football underway

Chalich takes slight lead in two-quarterback battle in spring practice



Parker Wilson | Argonaut

Idaho offensive coordinator and wide receivers coach Kris Cinkovich directs the Idaho wide receivers in a practice drill on their first day of spring practice Sunday at the SprinTurf. Former quarterback Josh McCain, right, is practicing with the receivers this spring. Idaho's first scrimmage is 10 a.m. Saturday.

Sean Kramer
Argonaut

Idaho coach Paul Petrino wanted the competition he has at multiple positions to create an infusion of energy for the start of spring football practice.

The second-year Idaho coach got so much of it on Sunday on the SprinTurf that he had to stop practice momentarily to make sure that energy was being directed properly. A light scuffle late in the practice, followed shortly thereafter by a hard hit by a secondary player, made Petrino bring his team to a huddle to make sure players weren't going to get hurt.

"There were just a couple of silly things. I want the energy, I don't want it to stop but we don't need to be getting anybody hurt when we don't have full pads on," Petrino said.

"That was good, I don't think I ever had to do that last year. It was good that the energy was like that, they were flying around and getting after it, just have to keep improving. And I want it to be that, but at the end of stuff, don't get each other hurt."

Position battles at offensive line, the secondary and at quarterback were at the forefront of the first spring practice.

Redshirt sophomore quarterback and incumbent starter Chad Chalich had a slight advantage over redshirt freshman Matt Linehan in the quarterback battle on day one. Chalich didn't have any turnovers and completed a majority of his passes during team and skeleton drills. Linehan showed good command of the offense, but that was underscored by two interceptions thrown during drills.

"On day one, it looks like Chad

had a little better day — you're never sure until you watch the tape. But we're just light years ahead of last year, they both are, because they've both been in the offense for a year," Petrino said. "I thought both of them played way better than anybody did the first couple of days last year. Chad probably had a better day today, but Matt did some good things today. I thought they both did some good things."

It was a no-pads, no-contact practice, which was good for the quarterbacks and running backs, who would have been hit multiple times in the backfield, if defensive ends Maxx Forde and Quinton Bradley were allowed to tackle. Both were constantly in the backfield, bringing the attacking mentality Forde

SEE FOOTBALL, PAGE 8

Not just happy to be there

Idaho WBB will head into next season hoping to go further in NCAA Tournament after two straight appearances

Sean Kramer
Argonaut

The tone in Idaho coach Jon Newlee's voice showed a hint of disappointment when recanting how Idaho ended its season. A historic season for Idaho women's basketball came to an end in Iowa City on March 23 when Idaho fell to Louisville 88-42 in the first round of the NCAA Tournament.

The task Idaho was up against that afternoon was massive: to attempt to become the first No. 14 seed in the history of the tournament to knock off a No. 3 seed. To do so, Idaho needed to beat a 30-4 team and one that was ranked No. 4 in the nation in the AP Poll.

Despite fighting for much of the first half before Louisville was able to pull away and the task turned out to be too large for Idaho to handle. For Newlee, that result

doesn't tell the story of Idaho's season — a historic 25-win season in which Idaho clinched back-to-back NCAA Tournament appearances for the first time in program history.

"We left that league (the WAC) knowing that we were the powerhouse and that was nice and satisfying and that's what we need to take away from this year. Twenty-five wins is a lot of wins at this level and everyone should be proud of that," Newlee said. "Everybody in the program and our fans and our alumni should take that as we accomplished some great stuff and let's not let one loss in the NCAA Tournament detract from that."

Powerhouse would be an appropriate term to apply to Idaho's 2014 performance in WAC play. Newlee may have

SEE HAPPY, PAGE 8

Soccer opens spring

Vandals, Cougars kick off spring season

Joshua Gamez
Argonaut

Before starting Saturday afternoon, Idaho and Washington State had both already played a game. The Cougars played Gonzaga, Idaho coach Derek Pittman's former team, earlier in the day and the Vandals had a scrimmage against an alumni team before

they traveled to Pullman for the game.

The Pittman era of Vandal soccer got off to a rough start, as the Vandals gave up two goals in the first 15 minutes of the game before holding the Cougars scoreless for the rest of the game. WSU won the game 2-0.

SEE SOCCER, PAGE 8

OPINION



In 300 words or less, tell us what's on your mind. Write a letter to the Editor.

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OUR VIEW

Empty forum

Tuition and fees open forum should not have been so vacant

The sound of crickets chirping would have been an appropriate ambience during the tuition and fees open forum on Thursday in the Horizon Room of the Idaho Commons. During the presentation by University of Idaho Executive Director of Planning Keith Ickes discussing the proposed 4.7 percent tuition increase, there were less than 20 students, faculty and staff members in attendance.

Of those few people there, only one student was not affiliated with GPSA, ASUI or SBA — senior Rachael Studebaker. Hats off to Studebaker for taking time to attend the event, but low attendance numbers show a disturbing trend of student

disinterest regarding important changes.

The open forum was an opportunity for students to learn about how the proposed tuition increase would be spent and for UI leadership to collect feedback from students. The forum was also the last step in the tuition and fee setting process before the April State Board of Education meeting.

UI leadership demonstrated openness to students, faculty and staff by providing them with a chance to be included in the tuition and fee setting process. Since students will be shouldering the burden of paying for the tuition increase, it's unfortunate that students did not take the

chance to learn where their money was going. Next time a student complains about rising tuition, they should remember that when given the chance, they've chosen not to participate in the process, learn about what is going on or to make their voice heard.

It's great fun to complain about things after they're put into effect, but the fact remains that very few students at UI do anything other than complain. As last week's forum shows, they certainly don't take action to educate themselves on campus issues.

At the forum, Ickes performed the critical function of breaking down the general education budget — \$180 mil-

lion of UI's \$370 million budget — and detailed the challenges UI hopes to address with the tuition hike. UI wants to use the tuition increase to fund part of the 2.2 percent increase in Change in Employee Compensation, address rising medical expenses for employee insurance and address mandatory and decision-based obligations.

Most students, faculty and staff members missed a great opportunity to learn about the tuition increase from those who created it. In the future, everyone affected by important issues such as tuition increases should take the chances offered by UI leadership to communicate concerns and ask questions.

—AE

OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

Summer daydreams

I spent my whole shift at work daydreaming about the beach and going fishing for cat fish ... I need summer.

—Danielle

Slipping through the cracks

I've never let procrastination get this bad before. It's starting to scare me.

—Emily

Beast Mode

My dad has completed yet another triathlon. 1,500-meter swim, 40-km bike ride, 10-km run; what a monster. Nice job, dad!

—Jessica

Baseball Season

Just started and I can't be more excited. It's going to be an exciting seven months.

—Ricky

Happy April Fools' Day

I enjoy satirical writing a lot, so I couldn't pass up the chance to write a satire in the opinion section that would be published on April Fools' Day. In a related thought, I am wondering if it is a bad thing that one of my dream jobs is to write for the Onion.

—Aleya

Quickly, now

Glancing over my calendar for the next month, I realize April is going to go by incredibly quickly. Which is good, because I'm already over it.

—Kaitlin

Dear 'How I Met Your Mother,'

I just wanted to let you know that it's been real and I'll miss you dearly.

—Hannah

Native advertising

They are everywhere and what makes it great is that people don't realize when they are actually reading, seeing or hearing the advertisement.

—Rainy

Jake Browning

No Sark, no problem. University of Washington keeps racking up the elite quarterback.

—Sean

Not bad

The Cardinals won the opening game of the MLB season 1-0. Now there are just 161 games left before another postseason run to the World Series.

—Stephan

Not impressed

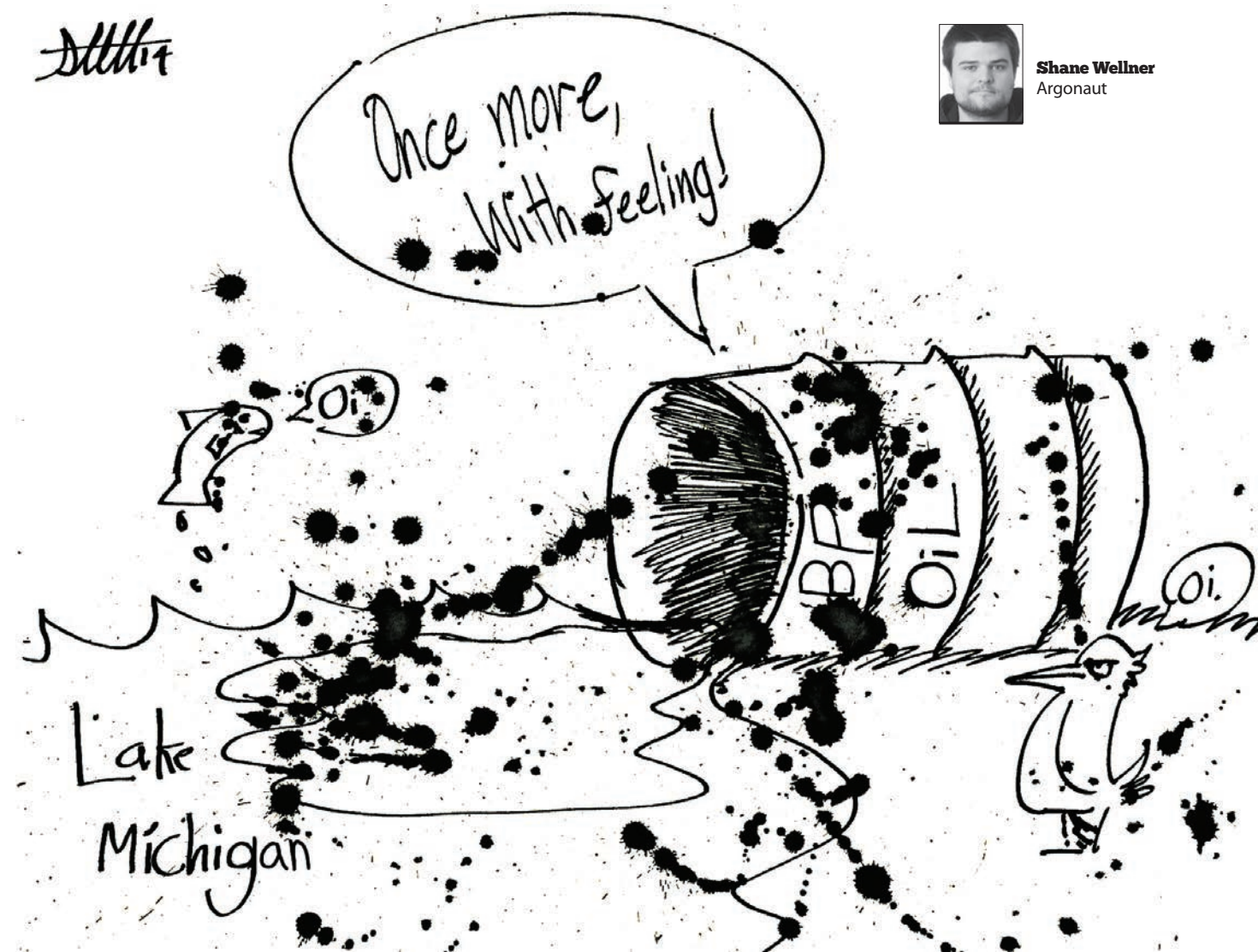
Students like to complain to their friends and on the Internet, but when given the opportunity to actually learn about the things they complain about and voice their opinions in a public forum, not one is in sight. Well, maybe just one.

—Kaitlyn

My little bronny

My love for "My Little Pony" is only matched by my love for not remembering to write my OTC.

—Phil



Shane Wellner
Argonaut

What wouldn't Jesus do?

World Vision boycott eschewed past ideas of compassion

Conservative Christian groups heroically rallied to boycott World Vision — a Washington-based non-profit Christian relief organization — after a company policy change on March 24 was announced to allow the hiring of legally married gay and lesbian employees.

According to World Vision president Rich Sterns on Thursday following the announcement, approximately 5,000 sponsors withdrew sponsorship for needy children across the globe to protest the change. Monthly sponsorship of a child costs \$35 a month, so it is estimated that the loss of sponsorship could cost World Vision \$2.1 million a year.

World Vision's child sponsorship program provides needy children across the world with access to clean drinking water, nutritious food and education. The Christians who chose to object to World Vision's decision by removing funding from the program emulated one Jesus' most famous miracles — the attempted feeding of 5,000 with few loaves of bread and some fish, which immediately stopped at 2,000 when a gay couple was

noticed in the crowd.

Starving children who would have otherwise received food can now sleep easier with the comforting knowledge that their empty stomachs mean a Christian lesbian couple can't get a job. Because a mere two days after the policy change, World Vision buckled under pressure from donors and reversed the decision.

Now the company will go back to a much more familiar "don't ask don't tell" policy in the hiring process. As Sterns pointed out, employees of World Vision are only required to believe in the Apostle's Creed and statement of faith, so it is likely that there are gay and lesbian employees on staff already.

Threatening the welfare of impoverished children to achieve one's goals represents an important ideological shift for America. Far too often, the rhetoric has been to "think of the children" when any issue surfaces. Since children are cute and something everyone agrees on, they have been used as the "poster child" for everything from climate change to the fail-

ing economy.

Now with the brave action of some, we can put that ideology squarely in the past. Instead of thinking of the children, we can now discard them as collateral damage.

For example, instead of worrying about childhood obesity, the country should adopt a modified version of Jonathan Swift's central idea in "A Modest Proposal." In the infamous essay, Swift proposed that the impoverished Irish sell their children as food to the rich to help them out of poverty. Modern parents of obese children can easily benefit from selling their fattened morsel to America's upper class. After all, if cuts to the food stamp program and poor economic gains continue, parents may soon not have another choice.

Even before the boycott of World Vision made throwing children under a bus acceptable, the Idaho Legislature was an important trendsetter in this movement. Despite Idaho being ranked second to last in education spending per pupil in the U.S. by the Census Bureau in 2010-11 for the sixth successive

SEE JESUS, PAGE 10

Millet: a great grain alternative

GUEST VOICE



Sarah Clark
Vandal Health Intern

March is National Nutrition Month and in honor of this, let's take a peek at a little-known nutritional powerhouse — millet.

Millet is a gluten-free, high-protein, high-fiber whole grain that is slightly larger than quinoa. Millet is an excellent source of B vitamins, folate and several important minerals including magnesium. Magnesium is not only important for heart health and decreasing blood pressure and risk of heart attacks, but also has been shown to help reduce the frequency of migraines and severity of asthma. It is also highly alkaline, making it soothing to the stomach.

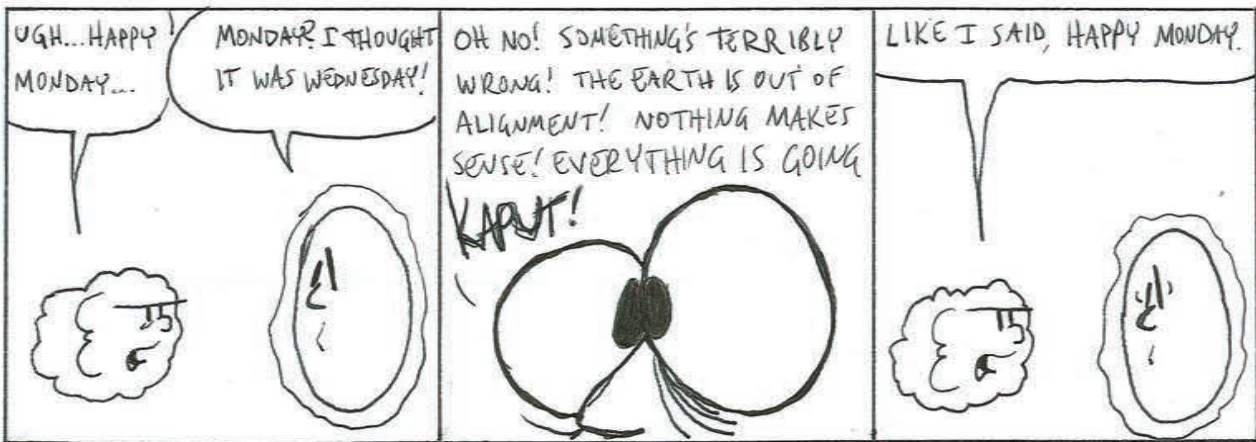
Millet is an ancient grain, originally cultivated in Neolithic China and Africa. During the Middle Ages in Europe, it was more popular than even wheat. It is currently a staple grain and food in developing nations and Eastern European nations. Millet is used most often in bird seed in North America and Western Europe, however it is quickly gaining attention and popularity.

Millet is a versatile food that can

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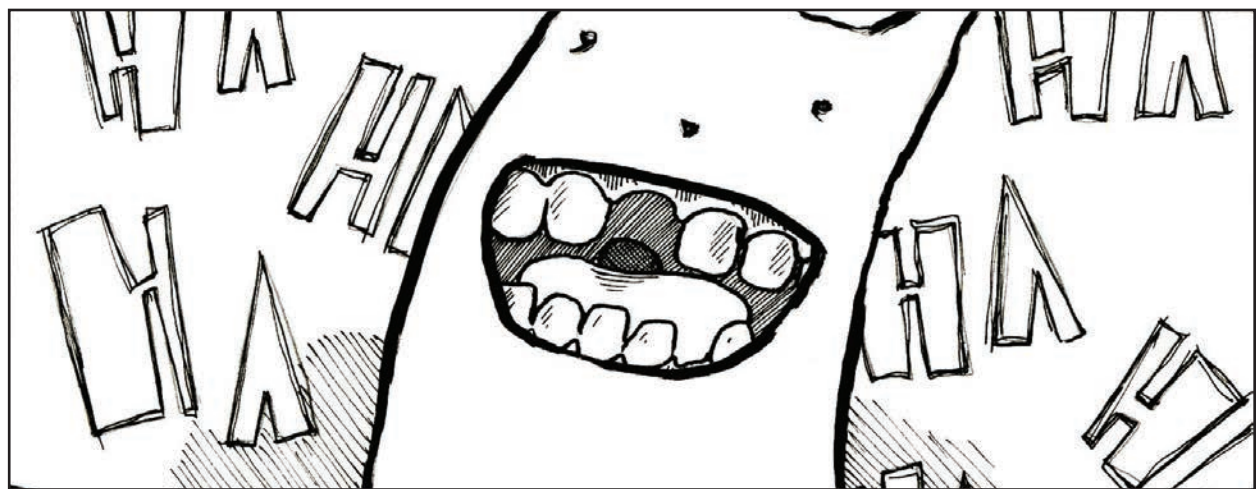
COMIC CORNER

Cloud Nine



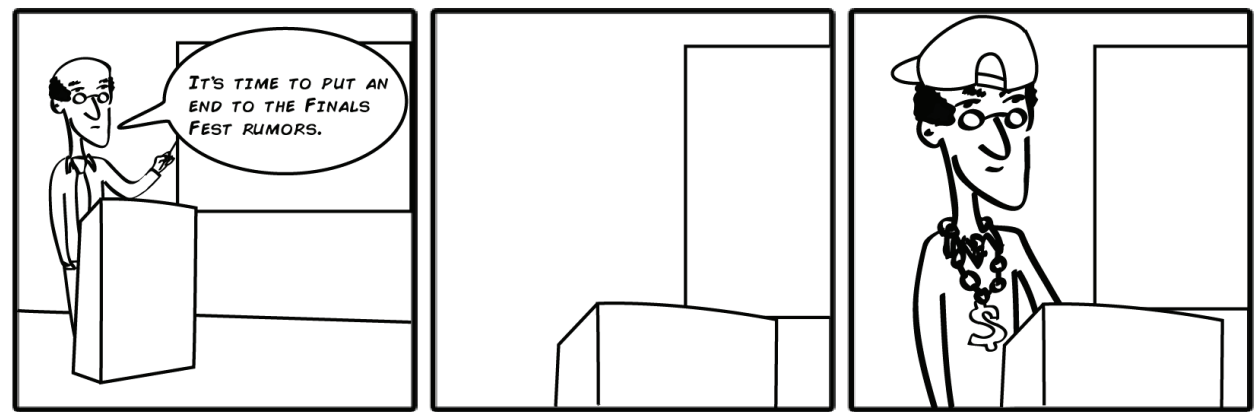
Andrew Jensen | Argonaut

Pigeons



Jesse Keener | Argonaut

Honest Professor



Karter Krasselt | Argonaut

MILLET

FROM PAGE 9

be used as a hot cereal similar to oatmeal and cream of wheat, or as a replacement to grains such as rice, quinoa and wheat products. It can be made as a sweet or savory dish, mixed with meat or veggies as a stand-alone meal, or used as side dish. It is cooked in a similar fashion to quinoa or rice, bringing water to a boil before adding the millet grain and leaving to simmer until all the water is absorbed. It will expand in size to about triple the volume. Millet should have a light and fluffy texture when cooked with this method. One can later add coconut, almond or regular milk to create a creamier texture and sweeter taste.

Recently I decided to explore this grain myself for the first time. The fruits of my labor were well worth stepping outside of my comfort zone — I'm officially hooked. Millet is relatively inexpensive and I was able to buy it from

the bulk bins at Winco. The first time I made millet, I substituted half the water for low-sodium chicken stock with herbs and garlic added for flavor and topped it with homemade chili verde. The millet itself had a very mild taste and took on the flavor of the chili verde nicely, while adding a good texture to the stew.

The second time I decided to try it breakfast style. Breakfast is my favorite meal of the day, so I had pretty high hopes for this experiment. I initially cooked the millet with just water. Then I added coconut milk to the cooked millet and reheated it, along with banana, cinnamon, nutmeg and a drizzle of honey. It was delicious. You can personalize this to whatever suites your personal tastes. So go ahead and deviate from your normal rice or noodles. Try something new, nutritious, wholesome and tasty. You will probably like what you find!

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JESUS

FROM PAGE 9

year, the Legislature has chosen to ignore this data for more important problems. Problems that have been correctly deemed more important and worthy of attention than the education of Idaho's future include: allowing guns to be openly carried on campus, permitting discrimination based on religion and increasing the interstate speed limit to 80 mph.

Children may be the future, but that

doesn't mean that we have to treat them like it. It is more efficient to continue the current status quo of disregarding future citizens and policymakers in favor of agenda pushing. After all, disregarding children teaches them an important lesson that Christians such as I hold dear — Jesus may say the kingdom of heaven belongs to the children, but the kingdom of Earth belongs to the cruel.

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