

THE ARGONAUT

From campus, with love

Some things your parents, teachers can't tell you

Claire Whitley
Argonaut

The move from the comforts of home to a university environment can be a difficult one for first year students.

Here is some advice from those on campus that have been here and done that, as well as some words from the home front.



Bruce Pitman
Dean of Students

"Take advantage of the resources on campus. Don't be bashful in asking for support and assistance. Advisers, counselors at the Counseling and Testing Center or your resident hall adviser. Don't wait until you get behind to ask for assistance. Use the resources. It is sometimes hard and humbling to admit that you need help, but that's what these resources are here for. The folks in these offices are here because they want to help."

"You are here to be a student first and foremost, but you should still get outside your comfort zone. Get involved on campus, go explore the Moscow community. There is much more here than just the University of Idaho campus. Go downtown and take in the Saturday farmers market, do service projects in the area. And learn how to throw a Frisbee."



Nate Fisher
ASUI president

SEE CAMPUS, PAGE A10

To bring or not to bring

Nate Fisher, ASUI president, helped create a list of items that every freshman actually needs.

What do you really need in a dorm?

- | | | |
|--|--|--|
| <input checked="" type="checkbox"/> School supplies — pens, pencils, notebooks, stapler, Post-its etc. | <input checked="" type="checkbox"/> Small backpack | <input checked="" type="checkbox"/> Rain boots/waterproof shoes |
| <input checked="" type="checkbox"/> Thumb tacks/sticky tack/painter's tape | <input checked="" type="checkbox"/> Posters | <input checked="" type="checkbox"/> Umbrella |
| <input checked="" type="checkbox"/> Clothes hangers — there is way more closet space than drawer space in the dorms. | <input checked="" type="checkbox"/> Alarm clock | <input checked="" type="checkbox"/> Cell phone |
| <input checked="" type="checkbox"/> Frisbee — college is full of people who play ultimate Frisbee or at least throws around a disc | <input checked="" type="checkbox"/> Speakers/good sound system | <input checked="" type="checkbox"/> Clothes/personal items |
| <input checked="" type="checkbox"/> Some kind of goofy costume — one never knows when you'll need a goofy costume | <input checked="" type="checkbox"/> Fan | <input checked="" type="checkbox"/> Towels, bathrobe, shower caddy/shoes/accessories |
| <input checked="" type="checkbox"/> Laptop — even though you can't use this in a surprising number of classes, there are still online assignments. | <input checked="" type="checkbox"/> Electric blanket | <input checked="" type="checkbox"/> Bottle opener |

Campus firearm law *Prep for the coming school year and campus firearms*



Andrew Jensen | Argonaut

Journalism and Mass Media Director and professor Kenton Bird speaks with General Counsel Kent Nelson following the guns-on-campus forum. Nelson and Public Safety and Security Director Matt Dorschel hosted the open forum.

Claire Whitley
Argonaut

Firearms are allowed on Idaho campuses as of July 1, 2014. Come fall, campus is going to be just the same as it was last spring or the fall before that.

"If people are compliant with the law, you are not going to see a weapon," Moscow Police Lieutenant David Lehmitz said. "I don't see any change in the physical appearance of campus."

Director of Public Safety and Security and Chairman of the Gun Task Force Matt Dorschel believes that this new law will have very little to no impact on campus security. Dorschel did support opposition to the Guns on Campus law because it could potentially increase the likelihood of accidental discharge or gun theft.

However, steps are being taken to work with the new legislation. The idea is that people should still call 911 if they see a firearm, even though people could have all the paperwork they need to have the gun on campus.

"We are having security officer training so they know how to properly respond to an

armed individual," Dorschel said.

Campus security officers will also remain unarmed. The Moscow Police Department is on campus as it is, and Dorschel is confident in their abilities.

"We are committed to maintaining the working and learning environment as well as campus security," Dorschel said.

ASUI president Nate Fisher believes that this law will accomplish what it is supposed to accomplish which is increased campus security. Fisher said he believes the new amendment to the law, allowing institutions to have control of their campuses, will help significantly.

Fisher said he agrees with the choice to leave campus security guards unarmed.

"No one is looking to run headlong into a battle for vigilante justice," Fisher said. "This law just allows the option of being able to stop someone if you are backed into a corner."

Fisher said gun or no gun, the main thing to do in order to stand against people

SEE FIREARM, PAGE A10

IN THIS ISSUE



Take an early look at Vandal football.

SPORTS, B1



Open letter to class of 2018.

OPINION, B9



Bust some notorious freshman myths.

INSIDE

CAMPUS
FROM PAGE A1



Daniel Gentile
sophomore computer science student

"Do all of the homework, even if it is a small percent of the grade. Homework is what prepares you for the tests."



Brice Frank
sophomore accounting student

"Stay on top of the homework, have a little bit of fun without conflicting with academics, and be sure to make friends because they help to make college a lot more fun."



Andrew Hendrickson
sophomore art student

"Sit in the front of the class and get to know your teachers. If you care, most of them will."

"Don't room with your best friend. They will no longer be your best friend."



Jesse Wegley
sophomore engineering student



Patricia Hinkelman
high school English teacher

"Find a group of people you don't know. Maybe it's a team, maybe it's a band, it doesn't matter, make friends. Staying in the same group as high school ruins freshman year."



Pam Falzon
mother of archaeology sophomore

"Don't forget your parents. They will support you. Freshmen seem to want to have all the fun and freedom of leaving home. Home is where most will be returning. Parents want to hear from you because they are worried about you. Don't forget to call. Especially in the first few

"Study a lot, do your homework when you get it, try and be friends with everyone because college is one of the few times you're thrown in with some random people all with the same goal, step out of your comfort zone."



Zach Zerrade
sophomore architecture student

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FIREARM
FROM PAGE A1

threatening campus is for everyone in an area to come together and fight as one.

Not everyone is as hopeful. Boise State alumna Emily Walton has helped create the Coalition to Keep Guns off Campus. The group helped the Guns on Campus bill gain national press and collected nearly 3,000 signatures as well as hundreds of letters and thousands of phone calls to legislators in opposition to the bill.

"Hundreds of people stopped and talked to me," Walton said. "One even said that he has guns in his house, but still strongly believed that guns should not be on campus."

Walton's main fear of this law is that many students that she talked with had the idea that if someone brings a gun to campus, they will have to bring a gun to campus.

"It's like our institutions are competing in the next arms race," Walton said.

Walton strongly believes that this law will not do anything to help campus security, however she thinks the most important thing for institution leaders to do is educate the people on campus what this means. Concealed means that no one is supposed to know you have it, Walton said. And she feels that this is important to make sure students and faculty know.

"We have a safe campus," Fisher said. "I'm confident in the administration to create an effective security plan which will help the safety of all of those on campus."

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Police probing switch of flags on Brooklyn Bridge

Associated Press

NEW YORK (AP) — Police are searching for four or five people they believe scaled to the top of the Brooklyn Bridge's two towers in the dead of night, disabled lights illuminating two large American flags and then replaced the flags with bleached-white ones.

The security breach at one of the city's most secured landmarks didn't appear to be the work of terrorists or even a political statement, said the police department's deputy commissioner for counterterrorism and intelligence, but was likely done by people familiar with climbing or bridgework who may even have scaled the bridge before.

"We don't take these things lightly, or as a joke, or as art or within the realm of speech," John Miller said. "These are issues of trespass — they put themselves in danger, they put others in danger — and that's why we investigate it."

Video footage of the security breach shows the unidentified people walking on the bridge's footpath at about 3:10

a.m., and 20 minutes later the light on the bridge's Brooklyn tower flickers and goes dark, Miller said. The same thing happens about 12 minutes later on the Manhattan tower, he said.

Locked gates midway up the main cables leading to the tops of the towers didn't appear to have been tampered with, suggesting the climbers scaled them to reach the top, Miller said.

Two police cars sit at either end of the bridge, which stretches the East River connecting lower Manhattan and Brooklyn, and are fed real-time security camera footage trained on areas affecting the structural integrity of the bridge, Miller said, but those cameras didn't capture the flag bandits.

At about 5:30 a.m., construction workers noticed the white flags, apparently American flags about 20 feet by 11 feet and perhaps commercial grade, with faded stars and stripes, police said. Police removed the white flags just before noon.

The flags fly from above the pillars year-round and are replaced by transportation workers when they become frayed about

every two months, police said. They are lit from the bottom by a lamp at the base of each tower at night — lights that were covered by aluminum foil cooking sheets secured with zip ties, Miller said.

More than 120,000 vehicles, 4,000 pedestrians and 3,100 bicyclists cross the Brooklyn Bridge every day, said the city's Department of Transportation, which maintains it.

Tourist Johan Lund, from Stockholm, Sweden, crossed the bridge Tuesday and did a double take when he noticed the white flags flapping in the wind.

"Wasn't there an American flag there yesterday?" he said to himself.

High-profile breaches have been made before.

In April, a street artist who filmed his effort scaling the Ed Koch-Queensboro Bridge as part of an art installation was arrested on criminal trespass and other charges. And in March, four skydiving enthusiasts were charged with reckless endangerment for sneaking into 1 World Trade Center, the nation's tallest building, months earlier and filming their jump from atop it.

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Dodgeball	Wed, Sept 3



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CRUMBS

Mango pineapple smoothies



Nurainy Daron | Crumbs

Nurainy Daron
Crumbs

There are healthier alternatives when craving a smoothie. Substitute ice cream with fat free vanilla yogurt, and there is no need to add sugar, unless you really want to.

One of my favorite fruits is mango — not only does mango have a high percentage of vitamin C, but also it tastes delicious. This tropical mango pineapple smoothie is a great alternative for hot summer days, rather than spending money on ice cream. Not only is the smoothie healthier, it also satisfies your sweet tooth.

Ingredients:

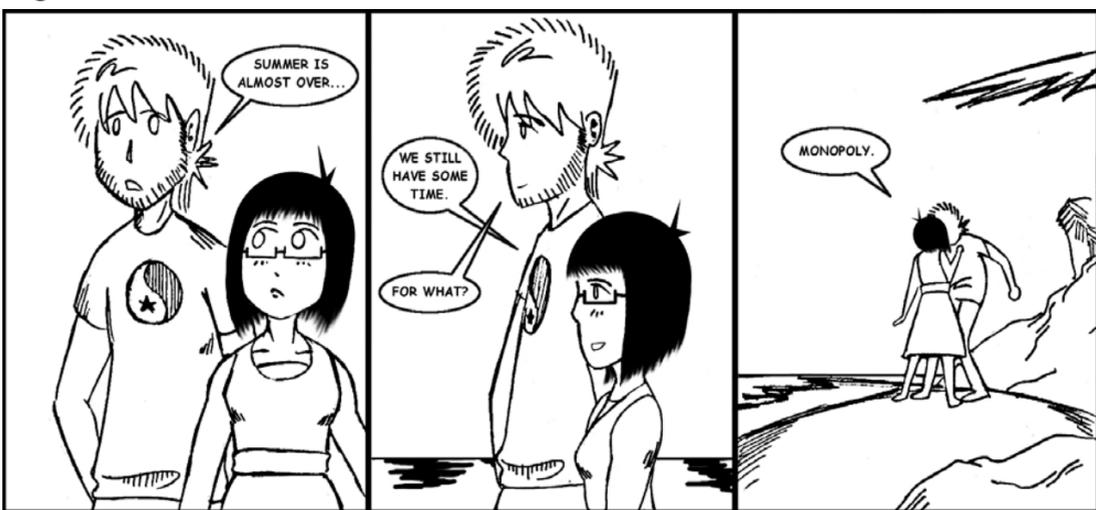
- 1 ripe mango, peeled, seeded and chopped
- 1 cup vanilla yogurt
- 1 cup chopped pineapple
- 1 teaspoon lemon juice (optional)
- ½ cup free fat milk
- Ice cubes

Directions:

1. Blend all the ingredients until smooth.
2. This recipe serves two.

Nurainy Daron
can be reached at
crumbs@uidaho.edu

High Five

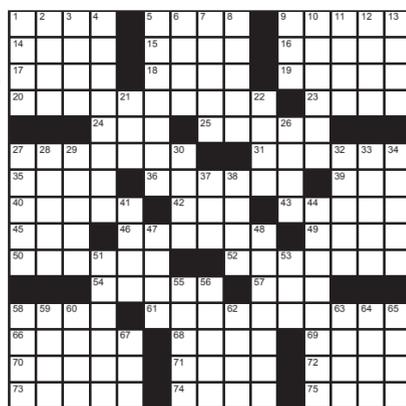


Shane Wellner | Argonaut

CROSSWORD

Across

- 1 Like many a cellar
- 5 Fair share, maybe
- 9 Microbes
- 14 Viva-voce
- 15 Anon's partner
- 16 "Middlemarch" author
- 17 Dandy
- 18 Danish toy company
- 19 Kind of finish
- 20 Become a rabid supporter
- 23 Chick's sound
- 24 Break bread
- 25 Circus features
- 27 Machine gun noise
- 31 Aspirations
- 35 Hibernia
- 36 Corrupt
- 39 Kind of part
- 40 Goes after the game
- 42 Actor Alastair
- 43 Postpone
- 45 Presidential nickname
- 46 Bather's bane?
- 49 Pine dropping
- 50 Sews together, loosely
- 52 Paid the bill
- 54 Rocket type
- 57 Psychic's claim
- 58 Gaucho's weapon
- 61 Mover and shaker?
- 66 Circumvent
- 68 Tip-off
- 69 Air holder
- 70 After video and mind



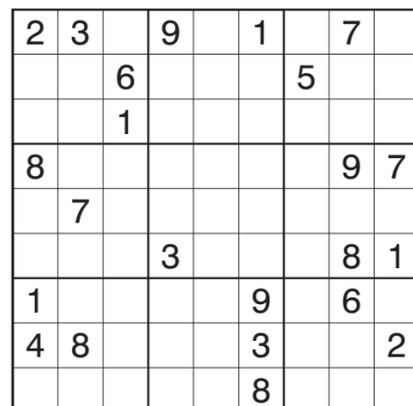
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- 12 Bit of dust
- 13 Part of a process
- 21 Scolding syllable
- 22 Some football players
- 26 Waste allowance
- 27 Post-op time
- 28 Oranjestad's island
- 29 Prongs
- 30 ___ Trueheart of "Dick Tracy"
- 32 Monastery head
- 33 Pooh's creator
- 34 Knight's need
- 37 High school class, for short
- 38 Last of a Latin trio
- 41 Snick and ___
- 44 Mexican cliff diving port
- 47 Bone (Prefix)
- 48 Warm up the oven
- 51 Swapped
- 53 Shingle abbr. in the UK
- 55 Gets ready to play pool
- 56 Lowest deck
- 58 Panhandles
- 59 Race track shape
- 60 Weak, as an excuse
- 62 Sandwich fish
- 63 "___ Lang Syne"
- 64 On bended ___
- 65 Inflatable things
- 67 Twisty turn

Down

- 1 Remove, as a hat
- 2 Song for Carmen
- 3 Educator Horace
- 4 Enjoyable
- 5 Chopper's spot
- 6 With, in Paris
- 7 On the up and up
- 8 Got stage fright
- 9 Jewel
- 10 Pass, as time
- 11 Bar mitzvah, e.g.

SUDOKU



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Corrections

Find a mistake? Send an email to the editor.

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The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office on the SUB third floor.

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New students, new process

New Student Orientation welcomes new students, changes process

Andrew Jenson
Argonaut

A new school year is right around the corner. For incoming students, that means New Student Orientation is also just around the corner. But incoming students are not the only new additions this year. The orientation process now includes an online education program and an automatic fee.

Orientation will take place August 21 through 24. It will feature a variety of events that will allow new students to become more acquainted with the faculty, fellow students and workings of the University of Idaho.

Among the events are the University Convocation, an official welcome to UI featuring Keynote Speaker Sean Astin, and a campus tour in which students will participate in tree planting, watershed restoration, food drive efforts and other service projects.

Palousafest, a campus and community fair; and Vandal Walk and President's Barbecue, in which UI President Chuck Staben will lead students on a walk from the Kibbie Dome to the Administration Building for a barbecue dinner.

While students may choose not to participate in these and similar orientation events, all incoming students will be required to complete Think About It, an interactive online education program focused on sexual assault and substance abuse prevention.

According to Orientation Programming Director Cori Planagan, this is the second year UI has required students to complete the program. Planagan said Think About It was successful in its trial run last year, and the university plans to continue using it in the near future.

"It's a pretty dynamic and impressive program," Planagan said. "It gives (students) good information about making informed choices about a variety of situations that they'll find on a college campus."

Even though the program is a requirement, Planagan said UI has received mostly

positive feedback from students who have completed it.

Senior Orientation Leader and UI graduate student Jenna Putnam said the program is practical and insightful.

"It gives you a lot of practical knowledge ... like if you are the sort of person who wants to drink, here's all the factors that go into how fast you get drunk and that kind of stuff," Putnam said.

Putnam said the program goes further with information about relationships, and allows participants to work through ways of handling various situations.

"(It has information) on how to recognize abusive relationships as well as what is sexual assault, what is rape," Putnam said. "It actually makes you go through scenarios and, like, what would you say in this situation, how would you react and what is the legal way to react."

However, this isn't the only recent change for orientation. Planagan said this year students are automatically charged for New Student Orientation. Planagan said automatically charging students seems to influence their participation in orientation.

"The fee is automatic this year and it's part of an automatic charge all new students incur on their fees and tuition," Planagan said. "It's going to happen – the charge is going to happen no matter what. So I think that that is changing folks, the way they think about how they are going to participate in orientation. That they should do it because they're going to be paying for it anyway."

Despite these changes and requirements, Planagan said students are not required to attend orientation.

"So orientation is not required, although it is strongly recommended. And

really, students need to attend orientation," Planagan said.

Planagan said she enjoys being a part of the orientation process and seeing students begin their college careers.

"It's wonderful to see the new students come in who are excited to start on this educational journey," Planagan said.

Putnam said orientation is a great way to immerse oneself in UI and Moscow life before school begins.

"I think it's really good for just making people feel comfortable at UI. Because, odds are, you are not from here, you've probably never been in Moscow," Putnam said. "And so, it's kind of a more structured way to say, 'Here are all the things that can help you, here's where everything is.'"

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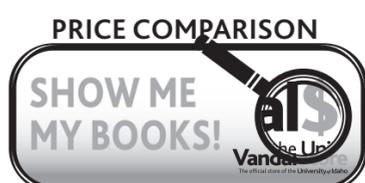
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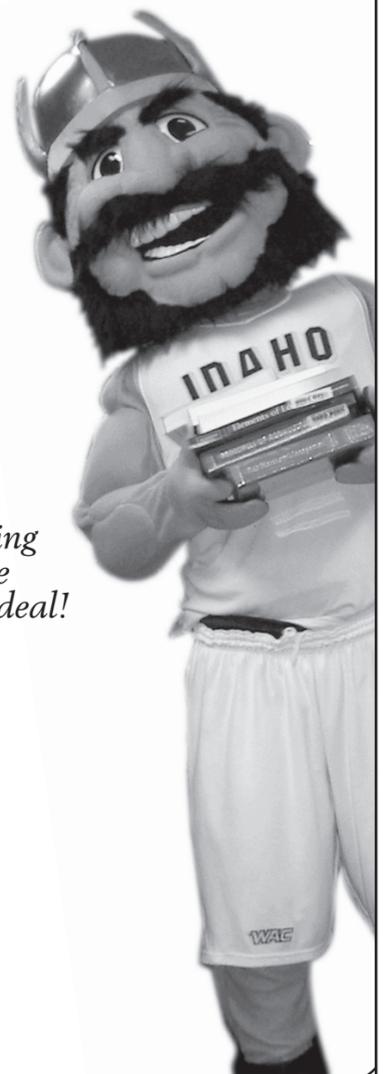
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UNEXPECTED SURPRISES



Forrest Dickison checks out a mountain goat in the Enchantments, a series of lakes near Leavenworth, Wash.

Cy Whitting | Argonaut



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Vandal Health Education, www.uidaho.edu/VandalHealth
Office of the Dean of Students, www.uidaho.edu/dos

New and improved

Providing students a more enjoyable residence hall experience

Karter Krasselt
Argonaut

University of Idaho Housing has recently made changes to the way students apply for housing.

"Our application changed this year," marketing coordinator for UI housing Cara Lehman said. "Students are now self-selecting, meaning they get to choose their floor and room."

Lehman said students that have formerly lived in the residence halls will notice that this is a substantial change. Previously, rooms were randomly assigned, with each student only being able to request one other roommate. With the new changes, students can choose their floor and room, and they are able to see the names of other students in those rooms. Students should act fast though, as the process is first come, first serve.

University Housing is also working toward creating a more welcoming experience for freshmen in the dorms.

"We're going to have two first year experiences in Wallace this year. Two of the floors in Willey have changed to freshmen only. We're doing a lot more that's focused on freshmen students," Lehman said.

Students can apply for housing by calling the housing department, or through VandalWeb. Lehman also noted that students must be accepted and enrolled

to apply.

"In the application, students are asked 15 questions about themselves. Anything from study habits, sleeping habits, what they like to do, what they like to do on the weekends, just really a big overview of interests and personality," Lehman said.

This information is then displayed when students are looking for a roommate, creating a sort of matchmaking system, Lehman said. This is a big improvement over the previous applications that only asked if the student was a smoker or non-smoker.

Once students move in on August 21, they are encouraged to look into joining community council. Each building — LLCs, Wallace Complex, Theophilus tower — has their own student government. Within those buildings, each floor has a hall representative that attends weekly meetings and helps to make decisions.

"It's a good way to get involved in leadership without a huge time commitment. A big thing is that it's in your building. If students want to get involved, but are worried about time commitment, this is a great place to start," Lehman said.

The housing staff hopes to provide a fun, welcoming environment for students that choose to join residence halls.

*Karter Krasselt
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Taking temperatures

Climate change addressed by science, also humanities and arts

Hannah Shirley
Argonaut

Climate change isn't just for climatologists anymore — a \$20 million grant is funding the study of local agriculture, the Regional Approaches to Climate Change (REACCH) Coordinated Agricultural Project, brings together three universities and numerous disciplines, including agricultural science, entomology, applied economics, sociology, visual arts and interpretive music.

The Inland Pacific Northwest is one of three studies being funded by the National Institute of Food and Agriculture (NIFA). Funds are dispersed between UI, WSU and Oregon State University to conduct an integrative five-year project. It's currently in its fourth year.

The universities have partnered with the Agricultural Research Service and the USDA to study the long-term impacts of rising temperatures on local wheat production. Wheat in the inland Pacific Northwest is grown under unique conditions, and makes up 12 to 18 percent of national yields annually — that's why it was selected as the site of one of three NIFA projects across the country.

REACCH Director and UI Soils professor Sanford Eigenbrode is an entomologist, but he coordinates a team that includes specialists of cropping systems, agronomy, plant protection, wheat pathogens, soil and atmospheric scientists.

The diversity of the monstrous interdisciplinary team is appropriate, since the issue they're tackling is monstrously complex Eigenbrode said.

According to Eigenbrode, the project looks at a timeline through the year 2050, when average annual temperatures are projected to have increased significantly. Understanding how

these temperatures will affect agriculture, especially in regions like the Palouse, where wheat production is an integral part of the economy, is crucial.

"Because we're dealing with means, you have very different years," Eigenbrode said. "There could be some pretty unusual, difficult years for farming, and other years that look pretty much like today. It's hard to convey that to farmers, but it's what we think. It's our mission as climate land grant scientists to pay attention to these trends on behalf of our stakeholders."

Hilary Davis is a UI graduate student studying applied economics, and has been working with REACCH since it began four years ago. She's tasked with conducting annual surveys with local producers in order to create a baseline understanding of current conditions, including yields, pests and farmers' issues.

When it comes to climate change, most farmers, according to Davis, are skeptics.

"It's hard when you watch the weather every day," Davis said. "Most of us look at the weather and we care about it, but we haven't spent our lives really, really looking at it and having our livelihood based off of it."

Watching the same thing every day makes it harder to see it change, and farmers have been watching the weather for generations. This, Davis said, is what makes it hard for many farmers to accept rapidly rising temperatures. However, climate change may prove to be a relatively minor issue for farmers for just this reason.

"Eventually, climate change will change wheat production as we know it," Davis said. "But weather changes are something (farmers) have had to adapt to over the years, so I don't think climate change will be a dramatic issue for them."

REACCH has made many conclusive strides, including discovering a previously unknown pest in the region and determining the effects of climate conditions on certain fungal pathogens of wheat. However, according to Eigenbrode, scientists have a long ways to go to understand fully how climate change will impact local agriculture. In the meantime, Eigenbrode said, they're putting great emphasis on community education.

"By the end of the project, there'll be 60 undergraduates who will have gone into the project and learned about climate change and agriculture and the big picture," Eigenbrode said. "We also have high school stuff going on — we've devoted lesson plans and curricula for teachers to use to incorporate agriculture and climate into lessons, whether they're science or ag teachers. We also conduct workshops for teachers every summer. We've visited K - 9 classrooms, but nothing really focused ... however, we're not done yet. We still hope to adapt some of the things we've done for elementary ages."

REACCH will conclude next year, and the results of the study will be presented at a three-day conference slated to take place early this March. Many events at this conference will be open to the public, including keynote talks, an art exhibit with pieces produced by university students and an interpretive performance inspired by the study and composed by UI music professor Dan Bukvich.

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Crews make gains on massive Washington wildfire

Associated Press

SPOKANE, Wash. (AP) — Firefighters and local authorities are heartened by weather forecasts that call for continued cooler temperatures and higher humidity as they battle a destructive wildfire that has charred hundreds of square miles in Washington state and is the largest in state history.

They just hope that the "lightning watch" also forecast this week doesn't ignite new fires.

"We don't need any more lightning," Okanogan County Sheriff Frank Rogers said Monday night.

"Right now there's honestly no wind," Rogers said, noting that rising evening winds complicated earlier firefighting efforts. "I'm hoping this is helping."

The Carlton Complex of fires in north-central Washington had burned about 379 square miles, fire spokesman Andrew Sanbri said Monday. That would make it the largest wildfire in the state since record-keeping started.

"There is optimism in the air, but we don't want to give the impression that all is good," Sanbri said. "Things are improving."

The fire was just 2 percent contained Monday.

Fire crews quickly attacked a new fire east of Tonasket on Monday, Rogers said. A half-dozen homes were briefly evacuated, but the fire burned past them with no destruction.

Residents of a couple of dozen additional rural homes were told to leave Monday, but Rogers said that was just a precaution.

At 243,000 acres, the Carlton Complex is larger than the Yacolt Burn, which consumed 238,920 acres in southwestern Washington in 1902 and was the largest recorded forest fire in state history, according to HistoryLink.org, an online resource of Washington state history. The Yacolt Burn killed 38 people.

Rogers has estimated that 150 homes have been destroyed already, but he suspected that number could rise. The fire is being blamed for one death.

Firefighters were hampered by the loss of electricity in the area due to downed power lines and poles, which hurt communications. There was no estimate on when utilities would be restored.

The forecast for Tuesday called for lighter winds and lower temperatures, said Spokane-based National Weather Service meteorologist Greg Koch.

Then on Wednesday a vigorous front is expected to cover Washington, bringing rain to much of the state. But it will also bring lightning, Koch added.

"We may get some rain where we need it, but we may also experience some lightning that could cause some new ignitions," he said.

The fire has created smoky conditions and reduced air quality in much of eastern Washington and northern Idaho.

One man died of an apparent heart attack while fighting the fire near his home, Rogers said.

Rob Koczewski, 67, was stricken on Saturday while he and his wife were hauling water and digging fire lines near their home. Koczewski was a retired Washington State Patrol trooper and U.S. Marine, Rogers said.

There are more than 1,600 firefighters battling the flames, assisted by more than 100 fire engines, helicopters dropping buckets of water and planes spreading flame retardant, Sanbri said.

Many towns in the scenic Methow Valley remain without power and have limited landline and cellphone service. Fully restoring power to the area could take weeks, Okanogan County Public Utility District officials told KREM.

SEE CREWS, PAGE A9

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Building for the biggest problems

Research building aims to raise interdisciplinary research

Claire Whitley
Argonaut

Another construction project is taking place on the University of Idaho campus this summer. Not only are Deakin Street and the College of Education under construction, but a new building is also being added to the campus.

The Integrated Research and Innovation Center (IRIC) will be a modern space for large research projects involving many different areas of study. The IRIC will be a space for interdisciplinary studies that includes new labs and rooms where interaction between different disciplines is the main idea, Jack McIver, vice president for research and economic development, said. Designing plans aim to make the IRIC as green and energy-efficient as the budget will allow.

The IRIC has been a project plan for several years, and it is just now beginning its first stages of construction.

McIver said that the need for such a building is greater now than it was five years ago. This need aided the decision of building it now.

The facilities that UI has now are relatively old facilities, and the research that is being conducted needs a more modern space, McIver said. However, costs of renovation would be more than the cost of building a new research facility, he said.

"There is also the right line-up of administrative faculty interested in doing this," McIver said. "We also have certain types of projects that require us to be able to bring large groups of people together."

Groups for large projects can come in from the government, interested private sectors, UI students and faculty as well as researchers from other universities.

"It is more shared space. People are thrown together to make sure they interact," he said.

The research facility will have higher technology capabilities. McIver said there will be better video conferencing



Nathan Romans | Argonaut

A sign depicts the proposed future site of the Integrated Research and Innovation Center. Groundbreaking for the new building to be located across from the Janssen Engineering Building began early July. Completion is set at approximately two years.

and better visualizations so a number of people can be in the room looking at the data together. This visualization core may even have 3D capabilities so researchers can look at the data and be able to physically move it and play with it, McIver said.

McIver said projects will be a mixture of hard and social sciences.

"Social sciences are a necessary aspect of these projects because you have to understand what happens when you put a certain policy in place," McIver said. "You need to know how the public will react or

how they perceive things."

McIver said the 21st century research building would help the university thrive. With the space to work on broader issues, more large research proposals can be selected, which will help increase the university's research funding.

The IRIC ground-breaking started in July and construction will last approximately two years. The IRIC will be located between the College of Natural Resources and Phinnie Hall where the Navy Classroom Building used to be located.

The project will be partially funded

by university of appropriations and bonds. The total cost is estimated to be \$50 million.

Students and community members can expect to be affected by the first stages of construction. Carl Root, director of Public Transportation Services, said that the early stages of construction would affect pedestrian and vehicle flow along 6th Street, and Moscow residents can expect to see more detour signs.

Claire Whitley can be reached at arg-news@uidaho.edu



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Ending construction season

Deakin Street traffic calming construction



Nathan Romans | Argonaut

Construction crews continue working the Deakin Street speed table, or raised roadway. The speed table is intended to help slow the flow of traffic.

Claire Whitley
Argonaut

Summer is winding down to a close and so is construction season.

Work began May 19 on the \$150,000 to \$250,000 Parking and Transportation Services traffic-calming project on Deakin Street.

Shawna Bertlin, parking information specialist for PTS, said the goal of the project is to increase pedestrian safety.

“The focus for pedestrian safety is not solely on modifying pedestrian behavior as much as it is raising awareness of mo-

torists that they are entering a pedestrian area,” she said.

The finished project will feature narrower roads, new signs and raised speed tables to slow down drivers and increase safety, Bertlin said.

A similar project will take place on 6th street, but construction there will not begin until summer 2015 due to other priority projects on campus.

There will also be a number of installations aimed at increasing the beauty of the streets, such as planted medians at the Deakin location.

“The intent is to enhance the area much like Friendship Square,” Bertlin said.

Carl Root, director of PTS said the traffic calming project on Deakin Street in front of the SUB and the VandalStore has three functions.

“The nice thing about this project is that it will not only make pedestrian safety better, but add a real enhancement to the area,” Root said. “A third function is that it connects the two buildings better. This will increase the human interaction between the two.”

The Deakin Street construction is expected to be finished by August 15. Until

then, detour routes have been set up around College Avenue and 6th Street.

UI has taken advantage of the quiet streets to complete other campus improvement projects this summer, such as construction of the new Integrated Research Innovation Center, which began in July.

The abatement process of the College of Education should start in mid-August, and the demolition of the Kiva Theater will begin late-summer or early fall, project manager Guy Esser said.

Claire Whitley can be reached at arg-news@uidaho.edu

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University of Idaho



Preventing stress Taking care of oneself and knowing how to prioritize will help to prevent stress

Nurainy Darono
Argonaut

Being away from family and moving to a new place can be stressful for first-year students, but there are positive things to do to prevent stress before coming. Carl Dindo, a counselor at the University of Idaho Counseling and Testing Center said that self-care and time management are the main keys to

prevent stress.

“First and foremost really is about time management to organizing,” Dindo said. “A lot of the freshmen coming in for the first time being on their own — there’s a lot of responsibility, there’s a lot of kind of adjustment in the sense of you have to be independent.”

Dindo said an example of managing behaviors would be getting organized by

using a planner, talking with advisors, prioritizing works and settling down before school starts. From another standpoint, he said, relaxation exercise is recommended when the feeling of stress appears. He said doing things that students find relaxing to them is important.

“The things we always talk about here in Counseling and Testing Center are deep breathing — or relaxation breath-

ing and even things like mindfulness can come in handy,” Dindo said.

He said self-care is another portant element in stress management, which often comes from different dimensions in someone’s life — it’s more than just exercise and eating healthy.

SEE STRESS, PAGE A9



Plan on an increase

UI looks to increase enrollment on Moscow campus, new recruiting strategies

Ryan Tarinelli
Argonaut

University of Idaho President Chuck Staben has announced plans to increase enrollment on the Moscow campus from 11,000 to 15,000 students. He said the planned enrollment number is a tentative figure, and he will have to discuss the plans with a number of administrators before arriving on an official timeline.

“This is certainly a preliminary discussion on my part without having yet consulted fully with those who need to be consulted with on campus,” Staben said. “We have to have a lot more discussion on how we will do this, and what is practical.”

Staben said most enrollment change at a university takes a minimum of four to five years.

Staben said an enrollment boost would bring more revenue to UI, as approximately 50 percent of UI’s general education budget comes from student tuition and fees.

“That will allow the university to have the resources that it needs to do many of the things it wants to do,” Staben said.

He said an enrollment increase would also coincide with the Idaho State Board of Education’s goal of raising the number of Idaho citizens with a post-secondary degree from 36.1 percent to 60 percent by 2020.

Jeffery Dodge, interim vice president of enrollment management, said even though there is no time frame attached to the enrollment figure, UI is already taking assertive steps to raise enrollment numbers.

“It’s an aspirational preliminary goal, I will say though that the university is taking rather aggressive steps to get a handle on problems related to enrollment,” Dodge said.

He said UI has seen an increase in the number of admitted students over the past few years, yet enrollment numbers have stayed level.

“There has been sort of a disconnect between the number of students that we admit through the application process, and growth in the number of enrolled students,” Dodge said.

To close this gap, Dodge said the new enrollment strategies will focus on increasing communication to potential students, and providing them

SEE INCREASE, PAGE A9

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STRESS

FROM PAGE A8

"It's essentially kind of finding ways to care for yourself in a lot of different dimensions," Dindo said. "Specifically dimensions are physical self-care, psychological self-care, emotional self-care, spiritual self-care, relationship self-care and academic self-care."

Dindo said first-year students should find a balance within all of these dimensions, not just one, then apply them in everyday life.

"It's easy as you come in to college, and got really caught up in 'I need to do really well, I need to make this relationship...I got to party, I got to enjoy college, all those good things,'" Dindo said. "So, those things are important, but also it's really important to make time for the self-care."

Dindo said that self-care should be intentional and purposeful, encouraging people to do them on purpose, not just once in a while.

UI sophomore Madi Bertagnole said to prevent stress she does fun things with friends like going swing dancing, playing in the snow during winter and watching movies.

"As for stress, when I'm studying for something really important, I try to break it down into manageable sections, and take breaks for comfort food and maybe an episode of a cartoon," Bertagnole said.

"For larger projects, break it down into mini deadlines for yourself."

UI sophomore Gaby Franco said getting

involved in student organizations and intramural sports has helped adjusting into college life and preventing stress to occur. While Bertagnole studies Spanish, Franco studies accounting. Both said that being organized, having a to-do list or a planner, is helpful while students are on their first year of college.

“

It's essentially kind of finding ways to care for yourself in a lot of different dimensions

Carl Dindo, UI counselor

"Another thing is working out when I feel too stressed," Franco said. "Also finding a study place — a good place you can study at."

The common problems Dindo noticed about first-year students are adjusting to college life, being away from parents for the first time and academic struggles. Red flags of stress and depression can be found differently from one person to another, but Dindo said commonly, students would feel overwhelmed, nor will they sleep and eat well.

"A lot of them are the basic self-care stuff," he said. "You might notice that physically people notice their stress, people will start panicking in certain situations, they might start feeling muscle tension and physical symptoms."

There are many resources on campus that students can utilize when the feeling of stress appears, such as Student Health Center, Counseling and Testing Center, Student Support Services and many others, Dindo said.

The Counseling and Testing Center is a free service for students and confidential.

Nurainy Darono can be reached at arg-news@uidaho.edu

INCREASE

FROM PAGE A8

with more information about UI academics and student life.

Staben said the university needs to be more effective in communicating with potential students, and emphasize the value UI can provide to students.

"One of the first things we need to do is look at our recruiting strategy, and ensure that people throughout Idaho and regionally understand what an excellent value and what excellent quality the university offers," Staben said.

Dodge said UI does a good job of setting up events for committed students, but needs to increase the amount of communication it has with students after they are admitted.

"We have those event specific communications, but after we have admitted you, we don't continue to tell you why you should choose the university," Dodge said.

UI enrollment management started an email campaign last year that sent out

general and specialized emails to prospective students, Dodge said. He said UI also started contacting the parents of admitted students in an effort to show them the benefits of having their student attend UI.

In an effort to increase enrollment next year, Dodge said UI accepted and reviewed the applications of 700 to 800 prospective students, even though they failed to pay the application fee. He said the admitted students will have the unpaid application fee deferred to the fall when they pay tuition.

Staben said UI will need to expand residence hall space and increase the number of course sections to accommodate an additional 4,000 students on campus over the next several years. He said there will be many factors to take into account with additional students on campus.

"There are a lot of consequences to enrollment growth that have to be planned," Staben said.

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CREWS

FROM PAGE A5

The towns of Brewster, Pateros, Twisp and Winthrop were temporarily powering water systems and sewer services by generator, Mark Clemens, a spokesman said at the state Emergency Operations Center. The state estimates that about 7,000

electricity customers are without power, Clemens said. The population of Okanogan County is about 40,000 people.

More than 100 Washington National Guard soldiers are supporting state Department of Natural Resources firefighters, Clemens added. National Guard helicopters have dropped more than 500,000 gallons of water on the fires.



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SPORTS



Former Idaho Director of Tennis Jeff Beaman hired associate head coach at Washington State.

PAGE B2

Early look *Vandal football is quickly approaching — here are the previews of weeks one, two and three*

Korbin McDonald
Argonaut

Idaho football begins a new era as it enters the Sun Belt Conference this upcoming season. Below are parts two and three of the early look series from thevandalnation.com, where we preview each team on the 2014 Vandal football schedule.

Week one preview of Florida

When the sun starts to set on the late summer evening of Aug. 30 in Gainesville, Fla., the Vandal football team, in its first game of 2014, will enter the toughest environment it will see all season. It will be hot and humid, the crowd of 88,000-plus will be deafening and the opponent, University of Florida, will be motivated.

The Vandals are clearly underdogs, but don't think Idaho coach Paul Petrino is using that mentality to motivate his team.

"You can only say the underdog stuff so much," Petrino said. "The most important thing for us is to get better every single day. All through fall camp, all summer and go in there and compete our tails off. We need to be tough, hit hard and let the cards fall where they may."

Florida will look to bounce back this season after it finished 2013 with the disappointing record of 4-8.

Entering his fourth season, Florida coach Will Muschamp has a record of 22-16. In the past, that has been below the standard for the athletic department, who fired Ron Zook back in 2004, after he went 23-14 in three seasons.

With a defense that only surrendered an average of 21.1 points per game last season, which ranked 15th in the nation, the problem for Florida has been on the other side of the ball.



The offense was anemic last season and even finished with numbers worse than the Vandals. The Gators ranked near the bottom of most offensive categories, notably 110th in passing yards, 89th in rushing yards and 114th in points.

Along with quarterback Jeff Driskel returning from a broken leg, which sidelined him nine games last season, Muschamp

hired new offensive coordinator Kurt Roper during the offseason.

Roper, formally offensive coordinator at Duke, brings his unique up-tempo, spread attack to Florida. The new scheme will be a change of pace from the pro-style, ground and pound offense Muschamp tried to implement in his first three years.

"They're very talented," Petrino said. "I

mean anytime you go play in the swamp, you're going to play a bunch of four and five star players. So we just got to have a great fall camp, improve everyday and go in there and just expect to play our very best."

The Vandals list seven players on its roster who hail from Florida. You can bet they return home with a chip on their shoulders.



Week two preview of Louisiana-Monroe

It's a cliché used by every coach — "We're going to take the season one game at a time."

But for Idaho head coach Paul Petrino, the temptation to look past a tough first game against Florida and focus on the second opponent Louisiana-Monroe, will be hard to resist.

At a glance, UF might seem like the more exciting game, but on Saturday, Sept. 6, a new era of Vandal football begins.

"It's our first conference game," Petrino said. "It's a team we have worked hard on as a staff all winter and summer."

After spending last season as an Independent, Idaho now enters the Sun Belt Conference as football only members. ULM is the first conference opponent of 2014. Last season the Warhawks finished 6-6.

Hired in 2010, ULM head coach Todd Berry has compiled a 23-26 record. In 2008, he led them to the Independence Bowl, which is still the only bowl game appearance in school history — ULM lost to Ohio University, 45-14.

"They're a good team and always have been," Petrino said. "They do a good job, but they did lose their quarterback, and I think that will help us."

Berry will need to replace 2012 Sun Belt Offensive Player of the year, Kolton Browning. The four-year starter passed for 10,263 yards and 81 touchdowns during his collegiate career.

Senior quarterback Pete Thomas, who recently transferred from North Carolina State, is the front-runner to take over. Coming out of high school, the former four-star recruit originally committed to play for Colorado State, but after two years, Thomas transferred to NCSU. In 30-career games the 6-foot-6 quarterback, passed for 5,936 yards, 22 touchdowns and 30 interceptions.

With a new quarterback, five starters returning on offense — four of which reside on the offensive line — and a dynamic one-two punch in the backfield with Tyler Cain and Centarius Donald, the run game will be the main weapon in early season.

The Warhawks defense returns nine starters and five of them play up front in the unique 3-3-5 defensive scheme. While the front six looks to be the strength, ULM's secondary isn't far behind with four returning starters.

"This is definitely a game we need to go play well in and try to win our first conference game in the Sun Belt," Petrino said.



Week three preview of Western Michigan

The Kibbie Dome was once a place where students were deafening and the stadium was filled to capacity. But during the past few seasons, the dome has become quiet.

Idaho coach Paul Petrino knows the importance of having a good home field advantage, and on Sept. 13, he hopes a victory in the home opener versus Western Michigan can fuel fans for the rest of the season.

"Anywhere you start a good program, you need to have a home game winning streak," Petrino said. "To be able to turn a program around, you need to win all your home games."

The Kibbie Dome has its fair share of unique quirks. It's the largest dome in the country that is made predominately of wood, goal posts aren't dug into the ground but instead attached to the end zone walls and well, it's a dome.

Even with unique quirks, when it's filled to capacity, the Kibbie Dome becomes one of the better home field advantages in college football.

"You have got to make it tough for people to come play there," Petrino said. "That's a game you have to be able to win."

Like Idaho, WMU is rebuilding and the two programs almost mirror each other with similarities. Both head coaches will enter their

second year, both have a strong incoming recruiting class and both went 1-11 last season.

"It will be two evenly matched teams," Petrino said. "They have their leading receiver back and have some good skill on defense. It's another big game and another one we've worked really hard on."

Another similarity with Idaho is WMU doesn't know who will start at quarterback.

The favorite is sophomore Zach Terrell. He started six games last season and passed for 1,602 yards, eight touchdowns and eight interceptions. But he isn't the leader by much. Incoming freshman, Chance Stewart, has already been deemed the quarterback of the future.

Stewart was highly recruited, rated four-stars and the 19th best quarterback in the nation coming out of high school according to ESPN.com. He chose WMU over high-profile schools Wisconsin and Illinois — both offered scholarships.

Head coach P.J. Fleck has been praised for his first recruiting class, which ranked 40th according to rivals.com.

"They had a really good recruiting class," Petrino said. "They're kind of like us, their coach was in his first year. I'm sure they will show great improvement everywhere."

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Epps dismissed from team

Karter Krasselt
Argonaut

After a disappointing 1-11 season last year, Vandal football fans were starting to think the only way to go was up. At least this was the case until Sunday afternoon, when coach Paul Petrino announced the dismissal of top receiver Dezmon Epps from the team.

Epps, who led the team last season in receptions with 79 catches for 980 yards, pleaded guilty in April on a DUI charge, and

was arrested again on a misdemeanor petit theft charge after shoplifting items from WinCo in Moscow Sunday.

Moscow Police were called to WinCo around 1 p.m. Sunday when employees observed Epps conceal about 10 items while putting others in his cart, said Moscow Police Chief David Duke.

"He then went through the cashier, paid for the items he had out, but did not pay for the 10 items he had concealed," Duke said.

Idaho's leading receiver in 2013 gone after multiple run-ins with law

This loss could prove fatal for the Vandals, who are trying to bounce back from an abysmal 2013-14 season. Epps averaged 6.6 receptions per game last year, which was the 12th most of any returning NCAA Division I player. Epps had his best receiving performance last year against Old Dominion where he made nine receptions for 175 yards and a touchdown. His second best performance, surprisingly, was against the national champion Florida State Seminoles where he made

seven receptions for 126 yards.

With Epps out of the picture, sophomore wide receiver Deon Watson and senior quarterback Josh McCain are slated to be the team's top playmakers. The pair finished last season with 279 and 445 yards respectively.

Epps is scheduled for pre-trial next week. He is already serving his two years' probation after pleading guilty to his DUI charge in June.

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OTC

FROM PAGE B7

Remember

Invest in a planner. Without mine, I surely would have drowned in the sea of things I forgot to do. Bonus points for color coding.
—Katelyn

Vitamin D

Soak up as much play time and sunshine as possible to make up for the lack of warm goodness during the school year.
—Hannah

Selfish

This is your time do to everything you want to, be who you want to be and work for yourself. College is for you take advantage of that.
—Danielle

TIPS

FROM PAGE B8

lend you a pencil. How much better can it get?

Do:

Get involved. Boom! Cliché of the day! It's true though. Being involved means being busy, it means having friends who mean more than a borrowed pencil. It means connections, relationships and experiences that have the potential to change your life. Boom! Second cliché. But seriously, college is crazy, if it doesn't change your life then something is probably wrong with you, or you just go to BSU.

Cy Whitting can be reached at arg-opinion@uidaho.edu

Dorm dos and don'ts

Dorm life only sucks if you let it suck

When I used to tell people who had lived in Wallace Residence Center that I'd decided to live there for freshman year, I was usually answered in one of two ways: "I loved it," or "I hated it."

I can speak from experience that dorm life is much less black and white than people will try to lead you to believe. The only way to find out what you'll be telling people in a year is to experience it for yourself. I am in no way master of dorm life, but what I can do is share experiences and let you learn from my mistakes.

For me, dorm life was a big change from how I had lived previously, but I enjoyed every minute of my independence. This is not to say there weren't things I disliked about the dorms, because if there weren't,

I'd be living there again this year.

The biggest downside of the dorms, for me, was the price. Because I'm paying for most of college by myself, dorm fees coupled with the required meal plan all but drained my bank account. This leads me to my first piece of advice for dorm-goers: manage your money.

That late night run to Taco Bell may seem nice at the time, but when your bank statement comes in the mail and your weight statement comes on the scale, you might not think you made such a great decision. If you're rollin' in the dough, this tip doesn't apply to you.

My second piece of advice for future dorm tenants is to stay on schedule with your laundry. Nobody likes the guy who's using all of the washing machines at once because he finally decided to wash his nasty clothes after wearing them six times each. Save yourself the stress of spend-

ing a whole day doing laundry and do it once a week. You won't regret it.

Next is probably the most important tip I can give to any first year student:

Get out, get involved and meet new people. You may think you have all the friends you need in the comfort of your dorm, but you're going to enjoy the freshman experience a lot more if you're constantly meeting new people.

There are thousands of students on campus, so statistically they're probably not all terrible. It took me too long to learn this, but once I did, I enjoyed college a heck of a lot more.

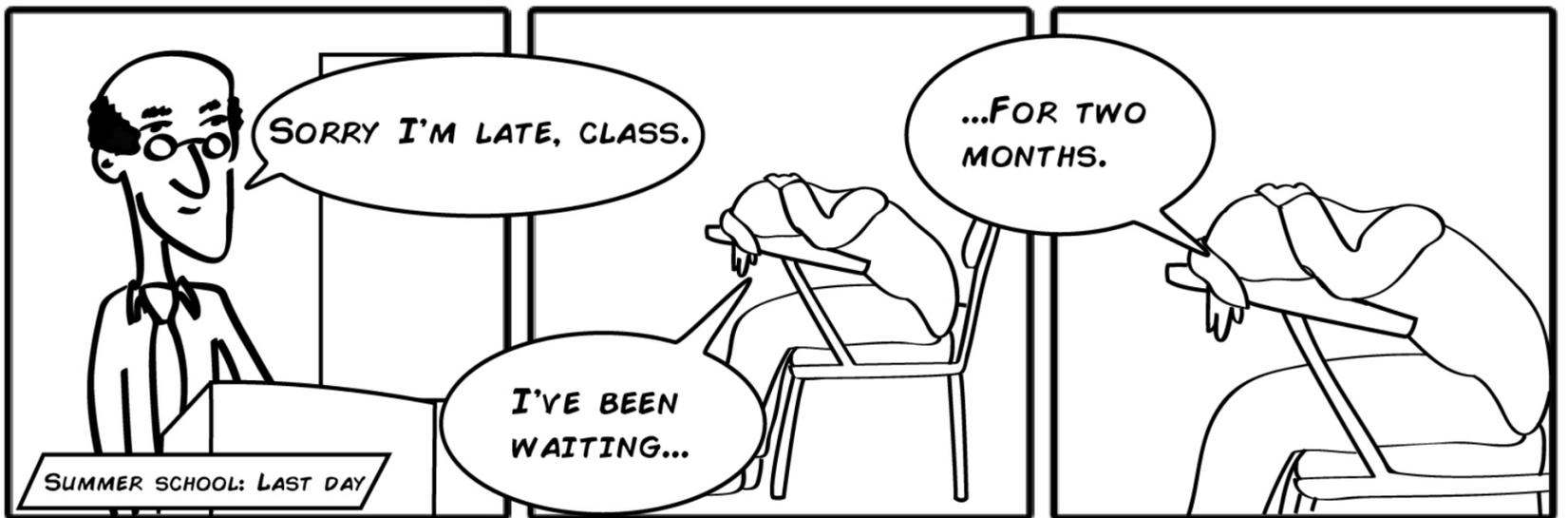
Overall, the biggest tip I can give is to keep your stress level low. This is done by staying on top of school work, and staying busy. Treat campus as your home, and your dorm as your bedroom. Chances are you won't even notice how small it is if you don't spend all day sitting around in it.

Karter Krasselt can be reached at arg-opinion@uidaho.edu



Karter Krasselt
Argonaut

Honest Professor



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Intriguing new hire

Idaho hires new wide receiver coach

Korbin McDonald
Argonaut

Charley Molnar, former University of Massachusetts head coach, accepted an offer earlier this month to be the next wide receivers coach at the University of Idaho, according to FootballScoop.com.

The position opened last month, when offensive line coach John Carvin left the program. To fill the void left by Carvin, assistant head coach and offensive coordinator Kris Cinkovich, who previously coached the receivers, switched position groups and took over as offensive line coach.

Molnar, 52, will bring a wealth of experience when he joins the Vandal coaching staff. The 2014 season will be his 30th consecutive year coaching college football.

His latest gig was at UMASS, where in 2012 he was named head coach and faced the task of taking over a program that was making the transition from the Football Championship Subdivision to the Football Bowl Subdivision — formally known as Division I-AA and Division I-A, respectively.

In his two seasons with the Minutemen, Molnar's teams lacked the talent to compete at an FBS level. In the 2013 season opener, UMASS received a 45-0 beat down from the Wisconsin Badgers. Later that season, against conference foe Central Michigan, Molnar's team failed to get on the scoreboard again and lost 37-0. In his two seasons as head coach, Molnar compiled a record of 2-22 — UMASS was his only head coaching gig.

Molnar started his coaching career in 1984 at his alma mater, Lock Haven University. He spent two years there and worked with wide receivers, tight ends, running backs and kickers.

In the 27 years prior to the UMASS job, Molnar was an assistant for 12 different programs and eight of those came after 2001. While it appears Molnar is a well-traveled coach, he spent the majority of his career in the Midwest at schools, such as Eastern Illinois — 2001, Eastern Michigan — 2002, Western Michigan — 2003-04, Indiana State — 2005, Central Michigan — 2006, Cincinnati — 2007-09 and Notre Dame — 2010-11.

It was in 2006 when Molnar's career started to gain traction. He was hired by Brian Kelly at Central Michigan, and followed him to Cincinnati and Notre Dame. Together they constructed one of the most potent offenses of that time.

Even though Kelly called the plays, Molnar was a key component to the success of the three programs. In 2006, CMU averaged 29.7 points per game. In three seasons at Cincinnati, the offense averaged 33.2 points per game and in two seasons at Notre Dame, 24.9 points per game.

Molnar coached receivers, quarterbacks and was the offensive coordinator throughout his six seasons with Kelly. In that time, they had four quarterbacks who passed for more than 3,000 yards in a single season, had a record of 59-21 and made two BCS bowl appearances.

Molnar is known for his wide-open spread offense. It will be interesting to see if head coach Paul Petrino adapts any of Molnar's schemes and integrates it into Idaho's offense — which consisted of various formations last year, everything from pistol, shotgun, ace, I-formation and others.

The hire of Molnar will surely come with intrigue and might have exceeded some people's expectations. Idaho, coming off a 1-11 season, an APR bowl ban.

Korbin McDonald can be reached at arg-sports@uidaho.edu



Argonaut File Photo

Meet the Vandal

Personal interview with Joe Vandal

Angelyn Cox
Guest Writer

Joe is Idaho's favorite Vandal. He stomps about, high-fiving fans, dances like a goof and spreads joy to everyone he greets.

"I'm given the authority to misbehave and to embarrass," Joe Vandal said. "To be a big absolute child at these events and get away with it and make people laugh."

The large Vandal isn't just a mascot, but a person. An average college student who lives day to day on campus making memories as he goes.

Joe is constantly seen all over Idaho and the northwest, whether it be on car magnets or coffee mugs. The mascot himself is in high demand. He can be found everywhere from Vandal athletic games to elementary schools and public events — among other things.

"He is the face, everybody can recognize him. No matter what year it is, everyone wants to see Joe," said former cheerleader, Morgan Berriochoa. "He is the face of tradition, pride as well as school spirit. He is the whole package and what it is to be a Vandal."

Like Superman, Joe Vandal is sworn to secrecy and keeps

his identity hidden from the general public. Berriochoa said it is tradition for Joe Vandal to reveal himself at the final home game of his senior year, until then, he remains anonymous.

“

I'm given the authority to misbehave and to embarrass. To be a big absolute child at these events and get away with it and make people laugh

Joe Vandal

"No talking, the moment you talk, is the moment you lose the illusion," Joe Vandal said. "You don't tell people everyday that you're the mascot."

In order to obtain the position as mascot, one must become a part of the cheerleading team. Berriochoa said the applicant needs to be athletic, memorize routines and have an out-going personality and flexible schedule.

The Joe Vandal inter-

viewed, however, did not have all of these qualities. He said it was very hard to adjust because of his naturally shy personality. As a new college student, he was often timid around new environments.

"I'm definitely surprised on how much I enjoy [being a mascot] now," Joe Vandal said. "I was all out of my comfort zone so it made it hard for me to be a very cheery, happy-go-lucky mascot kind of figure."

Being the school mascot changes a person. Someone can be shy and uncomfortable with the position when first starting the job, but as time passes, the experience and memories build. They build confidence, flexibility and relationships.

"Things that I do, things that I get away with the interactions I have with people really puts a smile on my face beneath the giant smiling head," said Joe Vandal. "It definitely was a big 180 toward my experiences. My attitude towards Joe Vandal has changed from the beginning of the year to the end of the year. I realized that this job is extremely important to the university."

Angelyn Cox was a participant in the UI JAMM workshop.

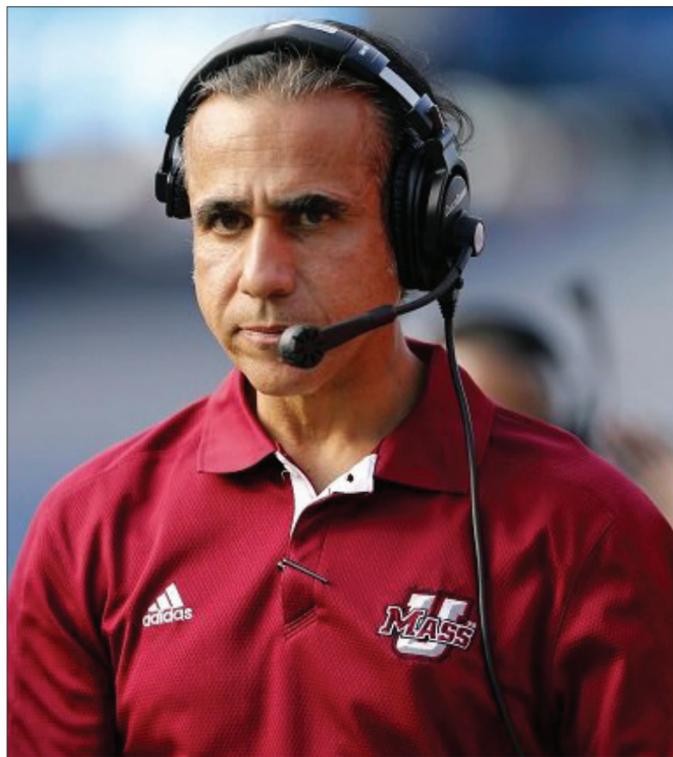


Photo courtesy of Yahoo Sports

Charley Molnar will be the new UI wide receiver coach

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June 25	Performance by Palouse Project	July 30	Astronaut and The Trees
July 2	Tie Dye	August 6	Performance by Palouse Project

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Luxembourg bound

Alyssa Charlston will join Amicale Steinsel of the Luxembourg Total League

Korbin McDonald
Argonaut

Alyssa Charlston is taking her talents to Luxembourg.

The former Vandal announced yesterday that she signed a professional basketball contract with Amicale Steinsel.

"My coaches really have made me the player that I am today," Charlston said. "I didn't even know that playing overseas was going to be a completely viable option. I always dreamed about it, but I didn't know it would actually happen."

Located in Steinsel, Luxembourg, Amicale is one of eight teams in the Luxembourg Total League. The team has struggled in recent years and finished sixth last season, but in 2012 Amicale won the Vainqueur Coupe des Dames, which translates to Ladies Cup Winner.

Each team in the league features two to three American players. Last season, former Montana player, Katie Baker, averaged 23.3 points per game for Amicale, which was a league best.

"They do value Americans," Charlston said. "They want you over there ... If I show that I work and play hard, I think I should get some decent playing time. Obviously, there are no guarantees, but I think it's expected that I play at a pretty high level."

Charlston played at a high level her whole college career. She set a school record for consecutive games played with 130, finished fifth all-time in scoring with 1,587 career-points and finished fourth in both blocks (128) and rebounds (855).

Next season Charlston will join former Illinois State player, Katie Donovan, and former Wisconsin-Milwaukee player, Lindsay Laur.

Amicale wasn't the only team trying to sign Charlston, but she said her agent was confident this was the best deal. She said her contract includes an undisclosed salary,

transportation, housing and meals — the team will also pay for the move to Luxembourg. Charlston added the majority of teams in Europe don't usually offer cars and housing.

If the contract wasn't enough, Charlston said the coach made an impression and sealed the deal.

"He seems like a really good person," Charlston said. "A lot of times when you go overseas, the coach is 100 percent about business and not really interested in you as a person."

One might think the time commitment for a professional basketball player is more than a college player, but Charlston said it will be the other way around.

"That's the nice thing," she said. "The schedule isn't too crazy. A lot of the teams in Europe have practices every day, but this one looks like it will have three or four practices a week, a game and then time off."

That means more time for travel. Luxembourg is located in the heart of Europe, right in the middle of Belgium, France and Germany. Being a broadcast major, Charlston said she plans on traveling quite a bit and will document all of it. She plans on starting a blog, which will include videos and photos of her experiences.

"I'll try to incorporate some of that over there," Charlston said of her broadcast major. "The location is amazing. It was overall the best situation and it seems perfect. It's a very clean and safe country. They are also one of the richest countries in the world."

Charlston added the language barrier in Luxembourg won't be hard to overcome as many locals speak English, along with French, German or the official language, Luxembourgish.

Even though she will be living in a different country, Charlston said she won't forget about her old teammates back in Moscow.

"Those girls are all my family," she said. "I've had a huge part of my life committed



File Photo by Philip Vukelich | Argonaut

Former Vandal women's basketball player Alyssa Charlston drives past a defender Feb. 15 against Utah Valley in the Cowan Spectrum. Charlston recently signed a contract to play professional basketball in Luxembourg with Amicale Steinsel.

to them and that program. There is no way I would just be able to completely drop it and not check up on them. I'm pretty interested to see how well they do."

Charlston didn't want to get in trouble with her old team by making a prediction on their upcoming season, but she thinks they will continue the tradition of winning.

"Those young girls, all they know is championships," Charlston said. "That is going to serve them really well, because they

have high standards for themselves. I have no question in their ability to do it again, and I can't wait to see what they do this year."

Charlston will join Amicale in September for the start of preseason — the first regular season game is Oct. 4. For information, stats, schedules and more head to www.eurobasket.com.

Korbin McDonald can be reached at arg-sports@uidaho.edu



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Idaho exits WAC on top

Commissioner's Cup provides validation for athletic department

Korbin McDonald
Argonaut

It's a common misconception that the success of an athletic department is dependent on the amount of wins earned by its football or men's basketball team.

In the years 1985 through 1992, the Vandal football team won five Big Sky conference championships. Idaho Athletic Director Rob Spear said people think those are the years the athletic department was at its peak.

"People look at that time frame and think it was so successful," Spear said. "But what it shows you is the significance of being good in football."

Spear, however, measures success differently. "As I've gone back and looked at our history, this is by far the most successful athletic year in the history of the University of Idaho," Spear said.

In the seven-year span from 1985 to 1992, Idaho won a combined seven conference championship trophies — this past year alone, Idaho won eight.

"I think it's a great indication of the overall quality we have," Spear said. "And that's how you should look at the overall success of an athletic program — of how all your sports compete."

Idaho was able to hoist a conference championship trophy eight times in seven different sports this year, which doubled

its previous total of four in a year, set back in 1965.

The eight championships earned Idaho the WAC Commissioner's Cup, which is awarded to the school that performs the best in each of the conference's 19 men's and women's championships — Idaho competed in 15 of the 19 sports.

"It's an incredible achievement," Spear said. "It really shows the overall quality of our athletic program."

The Commissioner's Cup is awarded to the school that earns the most points by year's end. Points are awarded in order of finish, equal to the number of teams that participate in each sport and are averaged between a team's regular-season finish and its WAC Championship finish.

Idaho won seven postseason titles in women's cross country, men's indoor track and field, women's basketball, women's tennis, men's tennis, men's outdoor track and field and women's outdoor track and field. The eighth title came from women's basketball, which won the WAC regular season championship, too.

Idaho finished with 105.50 points, nearly 20 points ahead of the second place school, New Mexico State, which had 86.00 points.

Idaho's 105.50 points is the highest ever achieved by any school in the 12-year history of the Commissioner's Cup.

The record-setting year came after Idaho finished second two years in a row — and lost by a combined nine points both years.

Spear said at the end of last year he had a meeting with all of the head coaches. He said he challenged them to win the Com-



Idaho Athletic Director Rob Spear holds the 2014 Commissioner's Cup trophy. Idaho finished first with 105.5 total points, nearly 20 points ahead of New Mexico State.

missioner's Cup in the school's last year in the WAC.

"And we did," Spear said. "Our coaches responded and more importantly, the student athletes did. It's really fulfilling and rewarding. It's a great indication of the quality and the work and effort of our coaches and student athletes ... I think it gives us great momentum as we go into the Big Sky."

While the Vandal football team struggles to fight its way back to relevancy, the rest of

Idaho's athletic department is flourishing — and winning the Commissioner's Cup solidifies that.

"What it says, is there is a commitment on behalf of this athletic department, for all of our programs. We want them all to be good," Spear said. "I think that has been validated by winning the Commissioner's Cup."

Korbin McDonald can be reached at arg-sports@uidaho.edu.

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2.	New Mexico State	86.00	6.00	3.00	1.00		9.00	5.00		6.00		5.00	8.50	5.00	5.00	8.00	8.00	5.00	6.00		5.50
3.	Utah Valley	79.75	5.00	8.00	4.75		5.50	6.00	5.00			2.75	7.75			3.00	6.00	4.00	7.00	7.00	8.00
4.	Seattle U	77.25	8.00	5.00	7.00	8.00	5.50	3.00	2.00	1.00	1.00	7.00	2.75	1.50	1.50	6.00	4.00	3.00	3.00	3.00	5.00
5.	Kansas City	75.75	7.00	6.00	6.00	2.75	4.50	8.00	4.00			3.50	4.00	3.50	3.50	5.00	5.00	4.00	4.00	5.00	
6.	Grand Canyon	60.50	3.00	2.00	2.00	0.50	1.50	9.00	6.00	4.00	4.00	3.50	3.50					3.00	8.00	6.00	4.50
7.	Bakersfield	52.25	2.00		2.00	6.25	8.00	1.00		5.00	2.00	7.25	4.25			1.00	1.00	1.50	2.00	2.00	7.00
8.	Texas-Pan American	52.00	4.00	4.00			2.00	4.00	3.00			4.25	2.75	3.50	3.50	2.00	3.00		5.00	4.00	7.00
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Conferences will challenge Vandals

Idaho is back in familiar territory but new conferences won't be easy

Returning to the conferences of old may seem like a downgrade in competition from the Western Athletic Conference but that shouldn't be the case for the 2014-15 Vandal teams. Instead, it will be a challenge.



Stephan Wiebe
Argonaut

Idaho returns to the Sun Belt for football and the Big Sky for all other sports this year. The Sun Belt hasn't seen the Vandals since 2004 and Idaho returns to the Big Sky for the first time in 18 years — before many of this year's incoming freshman were even born.

But moving back isn't quite what it seems. Idaho is leaving a WAC that is much different than the one it joined in 2005. The Vandals may have won the 2013-14 WAC Commissioner's Cup, but long gone were the Boise States, Nevadas, Fresno States and Hawaiis from conference competition.

In their place are Grand Canyon, Chicago State, Texas Pan-American and Utah Valley among other teams. In fact, the WAC in 2014 is almost completely revamped from the 2005 WAC, only New Mexico State remains. The competition level was not up to past standards for Idaho's 2013 schedule.

On the football side, Idaho was independent in 2013. While the new Sun Belt schedule may be easier than the tough independent slate that featured the likes of Florida State, new competitors like Arkansas State and Louisiana Lafayette won't be walkovers. In the recent Sun Belt coaches' poll, the Vandals were picked to finish ninth out of the 11 teams.

Though Idaho is joining arguably tougher conferences it doesn't mean the teams won't have success. Idaho's teams went 12-10 against Big Sky teams across all the sports last season, although some teams enjoyed more success than others. Idaho Coach, Jeff Beaman's men's and women's tennis squads went a combined 8-1 against Big Sky competition.

Other teams found less success with women's basketball and soccer going a combined 0-5 against their future opponents. Men's basketball went 2-2.

Although the competition will be stiffer, the move to the Sun Belt and Big Sky conferences should be looked at as a positive for Idaho. A conference home provides stability for Coach, Paul Petrino's football program while the Big Sky features much more regional completion. The Vandals will travel across the state borders to Montana and Washington for many games instead of trekking to Illinois, Arizona and Missouri.

The new conferences are an upgrade for Idaho's competition level but it shouldn't be too much to handle. We'll have a better picture of where Idaho ranks in the conferences in 2015 but for now, the Vandals can't take their new opponents lightly.

Stephan Wiebe can be reached at arg-sports@uidaho.edu



Nathan Romans | Argonaut

Hannah Whisenant practices ultimate frisbee at Guy Whicks Field Sunday, July 20. She's part of Palouse Ultimate, a group of athletes that get together to play, rain or shine.

A way to get active

Club sports offer alternatives to students

Joshua Gamez
Argonaut

It is virtually impossible to walk across any college campus in America without hearing about the latest football or basketball game. Many freshmen are still in "school spirit" mode from high school athletics. Supporting their college team is as close as it gets to being on the field, especially for the former athletes adjusting to life as full time students.

However, varsity sports are not the only athletic endeavors offered to students. The University of Idaho offers over 20 different club sport options as well as a vast array of intramural sports to all students. Odds are, if you are interested in a sport, UI offers it in one way or the other.

"It's a wonderful opportunity to meet new people, participate in a sport that you do have past experience or a passion for at a more flexible level," said Sports Club Director, Gordon Gresch. "It can also be an opportunity to try something new."

Most of the clubs have an open try out

period to give first time players a chance to give the sport a shot before committing to it full time. The clubs can only let potential players "try out" for so long before they need to find out who is interested or not, so they can focus on the competitive aspect of the club.

"Anyone is welcome to play, we have extra equipment in case you don't have any and you just want to try it out before committing fully," said Women's Lacrosse President, Willow Vero. In the case of the Idaho hockey club, which is technically a club sport, the level of competition is almost at a varsity level, Gresch said.

Gresch said the clubs won't deny anyone the chance to participate, but the level of experience many of these athletes have are from years of playing the sport as a child and most first time players will just never be able to catch up.

Not all sports clubs are as keen for competition, however. Many other clubs, including the Cycling Club, are more

about the social aspects of the sport than the competition, said Cycling Club President, Matthew Dabbs.

However, even with the focus more on social interaction and health benefits that come along with the Cycling Club, as a university funded sports club they are obligated to compete and put together a race squad, Dabbs said.

"If you've never raced or ridden with a group we don't care, we are always glad to have people out. However if you are interested in racing it is welcomed and we could always use more people on the race team," Dabbs said.

The Cycling Team competes with schools from Washington, Oregon and Idaho in the Northwest Collegiate Cycling Conference and most of the other clubs typically compete in similar conferences made up of clubs and schools from all over the region.

Joshua Gamez can be reached at arg-sports@uidaho.edu

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IT'S GOOD

Pittman preparing for Big Sky return

Vandals looking forward to new conference

Joshua Gamez
Argonaut

Coming off of a spring season that saw the Vandal soccer team net 14 goals in seven games, the Vandals have a better idea what to expect in their return to the Big Sky.

When Idaho coach, Derek Pittman was hired he had some freedom in the non-conference scheduling, which is for the most part comprised of all regional opponents.

"Any time we can stay regional and keep our rivalries relatively close to the Northwest is always good for our parents and fans that are fortunate enough to travel to watch us," Pittman said.

The team opens up at Seattle — who the Vandals saw three times at the end of last season — on Aug. 22, and then they will come back to Moscow to host Texas Christian in their home opener on Aug. 24. Afterward, a formidable non-conference opponent comes to town in the form of the Boise State Broncos on Aug. 29.

"Any time we can play here at home with our fans and environment it's going to be an advantage and we want to do our best to make sure that Guy Wicks Field is a place that is difficult for any opponent to come to town and the fact that it's Boise State, it's exciting," Pittman said. "It's a rivalry that both I and the Boise State staff want to continue—they had a really good year last year so it will be a good test."

“

Any time we can play here at home with our fans and environment it's going to be an advantage and we want to do our best to make sure that Guy Wicks Field is a place that is difficult for any opponent to come to town and the fact that it's Boise State, it's exciting.

Derek Pittman, coach

Although the Vandals got a glimpse of what to expect from their in-state rivals this spring, the early season non-conference affair will be a good test for the



Parker Wilson | Argonaut

Reagan Quigley dribbles between defenders during a spring game against Montana. The Vandals open the 2014 season Friday, Aug. 22 at Seattle. Their first Big Sky opponents is Northern Colorado on Sept. 26 at Guy Wicks Field.

young Vandals, Pittman said. But Pittman said he isn't looking past the TCU, which is always a competitive Big 12 team and should be another good test for them.

Among the more intriguing games for the Vandals is Gonzaga — Pittman's former team. The Bulldogs are a perennial West Coast Conference power that Pittman, through his relationship with the Gonzaga coaching staff, was able to schedule as an opponent. Although Pittman left Gonzaga to take the Vandal head coaching job last winter, he looks at it like any other game, according to Pittman.

"We were very fortunate that the Big Sky fell the way that it did, other than Sacramento State and Portland State towards

the end of the season. I would say that our conference schedule is relatively favorable in regards to travel," Pittman said.

The Vandals will mostly stay in the Northwest this season, but Pittman was able to line up a few trips outside of the region.

"I always want to take a decent trip out of conference and the trip to Arizona is a way for us to get out of town a little bit and test ourselves on the road, so we're excited about that trip, but even the trips against St. Mary's and Seattle U, it's definitely going to be an opportunity to test ourselves," Pittman said. "We finish up at Illinois State—which is a non-conference game that we wanted to pick up so that we don't have 10 to 12 days off before the Big

Sky tournament."

In total the Vandals will play nine of the 20 games on the schedule at home, and should the Vandals win the Big Sky regular season title they would also get to host the Big Sky Tournament.

"I am really excited about the Big Sky, there's been a lot parity from top to bottom, there have been five different conference winners over the last five seasons," Pittman said. "I feel like we will be able to get in there and hopefully make some waves and find our way into the conference tournament, and if that happens anything is possible."

Joshua Gamez can be reached at arg-sports@uidaho.edu

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Sports brief

Beaman leaves Idaho

Washington State University tennis coach Lisa Hart announced the hire of Idaho's Jeff Beaman as associate head tennis coach at WSU Monday. Beaman leaves Idaho after leading both the men and women to WAC Championships in 2014. Both Idaho teams also reached the NCAA Tournament where they each fell to USC.

Beaman, the former Director of Tennis at Idaho, had been with the Vandals since 2006. He took over coaching the women's team days before the season started after Myriam Sopol accepted the coaching spot at UTEP last season. Beaman's coaching accolades include 2014 ITA Mountain Region Women's Coach of the Year, 2014 WAC Men's and Women's Coach of the Year, 2013 WAC Men's Coach of the Year and 2011 ITA Mountain Region Men's Coach of the Year during his time at Idaho. His combined record at Idaho was 269-158. Beaman also coached Idaho's school record holders in both men's and women's career singles and men's career double victories during his time with the Vandals.

"I am looking forward to working with coach Hart and joining WSU Athletics," said Beaman. "We have had a great working relationship during my time at Idaho and I am also excited to have the chance to work with her great group of young women."

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OPINION



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UIARGONAUT.COM

OUR VIEW

Just do something

Students, listen to everyone who tells you to get involved on campus your freshman year

The first weeks of a new school year always go by in a blur — moving to Moscow, meeting thousands of new people, starting classes.

During that time everyone who's ever been a part of the Vandal family will offer loads of advice to new students — everything from professors to avoid to knowing what you're drinking at a party.

But the one piece of advice you'll hear more than any other is pretty simple: get involved.

Everyone from your Resident Assistant to your history 101 professor will tell you the same thing and it'll start to sound re-

petitive. You'll probably roll your eyes and move on with your life hoping that's the last time you had to hear that line.

But the truth is they're all right, and they shouldn't stop saying it because it's the best thing anyone will ever tell you in your four — or five, or six — years at the University of Idaho.

College is about stepping out of your comfort zone, meeting new people and trying new things. For a lot of UI students it would be easy to come to college and hang out with many of the same people you knew in high school. It would be easy to go to class and spend your free time playing

video games or partying in a basement with the same people you've always known.

Many students will be afraid to try something new on their own and end up missing out on events they might have really enjoyed. It's OK to go to a new club meeting without a friend by your side, and it's OK to attend a cultural event without a plus one.

So don't be afraid to branch out.

Get involved in the Greek system, meet everyone on your floor in the residence halls, join an academic club, play intramurals, talk to the people in your classes, volunteer, get a job, attend Vandal games,

see a play, dance at a Vandal Entertainment sponsored concert or simply find a community where you feel welcome.

There's even an entire department dedicated to helping students get involved — the appropriately named Department of Student Involvement is located in the Idaho Commons on the third floor.

In the end, it won't be the activities that matter but the people you meet and the connections that will last far beyond your time as a student. These are the experiences you won't regret.

So do something — do anything — and find what makes you proud to be a Vandal. — **KK**



Shane Wellner
Argonaut

OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

DotPotA

No, it's not as good as the critics or anyone says. It pales in comparison to the Rod Serling classic.

—Andrew

Pro Tip

Before applying for a scholarship, grant, job or anything that results in you receiving money, make sure that all of your information is correct and that your voicemail is not full. You may have received the job of your dreams, but will never know if the business cannot contact you.

—Aleya

Advice

Go to class, work hard, meet cool people and challenge your beliefs. Do these things and you'll have a good time.

—Ryan

My advice

Enjoy this last bit of summer before school starts. The next four years will go about 8 billion times faster than you think, so take the time to enjoy every second.

—Kaitlyn

Summer is over?

Wait, what? Classes are starting again? I thought they just finished? I haven't even gotten a vacation yet!! Where's my lawyer?!

—Claire

Home field advantage

I've heard stories about how loud the Kibbie Done used to get, but have yet to witness it. Please support the Vandal football team and make this happen.

—Korbin

Small talk

Though the weather is obscenely hot right now, I still try and enjoy it, because these days are numbered. The ice age will be back before we know it.

—Erin

Go for it

Join a club, take a sculpture class, audition for a play, have some adventures. This is probably the best opportunity you'll have to try new things, so make the most of it.

—Daphne

Started at the bottom

Now you're here ... back at the bottom. But don't worry freshmen, college is fun and you won't have to start paying off your college loans for four or five years.

—Stephan

Open letter

Dear class of 2018, have fun

This is not high school. This is nothing like high school — so take a deep breath. Calm down. No one here cares what your social standing was. No one cares about your GPA or SAT scores. It doesn't matter what clubs you founded, what teams you were captain of or how many hours — upon hours — you spent playing League of Legends alone in your bedroom.

Get all that out of your head now, Class of '14, because now you're Class of '18, and you're all on the same, level playing field, with nothing to defend yourself but a 24-pack of Top Ramen and only a general idea of how to buy laundry detergent.

Welcome to your fresh start. The great news is that college really is what you make of it. For those of you who are nervous you'll have to drink to fit in, no worries at all — there are so many people here who know how to have a blast without partying, and you'll find those people. There are few things bet-

ter than ordering a pizza, watching a movie and talking with your closest friends until 2 a.m.

For those of you seeing visions of "Animal House," no worries to you either — you'll find those people, too.

On that note, there are lots of things that come with college life than can either be really fun, or really bad, depending on how smart you are about it. Remember. One glass

of water for every drink you have. Hooking up with someone you live with is never — never — a good idea. Going out? Two words — buddy. System.

No matter which direction you decide to go in college — party route, or lower key — don't ever be the person who tries to tell someone that one is better than the other. To each his own, and all the power to him for doing what he likes. That said, constantly seek new experiences. Make friends with international students. Go to guest lectures. When someone invites you to do something, say yes.

Classes are not the most im-

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Classes are not the most important part of your college experience. Not by a long shot.

portant part of your college experience. Not by a long shot.

That said, it can be easy to get sucked into partying, a significant other or an extracurricular, and lose sight of why you're really here. Don't forget what you came here to do — thinking about the price tag can usually remedy that.

Speaking of price tags, go to class. Just do it. Drop your 8:30 a.m. class if you have to. Every single class costs about \$20. That means that if you skip just one day, it's like going to Einsteins, buying seven bagels with schmear, and throwing them away. The faster you get into the swing of treating your college career like a 9 a.m. to 5 p.m. job,

the better off you'll be.

A final note on academics: professors. They are your new best friends. Go to office hours, ask them questions and sit in the front of the class and get chummy with them.

Also, they'll try to convince you that you have to study 80 hours for every one hour you're in class to pass. I'm not saying that's true or anything, but I am saying you should probably study for one at least.

It's okay to be sad. These are some of the best years of your life, but also some of the most overwhelming. Every moment won't be a high. Remember, there are so many people here who care about you.

If you take one thing out of this, remember that college is about finding something you love, and owning it.

And if you take two: your mom worries about you; don't forget to let her.

Good luck, stay safe, don't forget to do you. I commend thee — you'll be great.

Hannah Shirley
can be reached at
arg-opinion@uidaho.edu.

Tips and tricks for getting back to class

What to watch out for when you come to school

Well, it has happened again, our tilted hemisphere is leaning away from the sun and school is coming once more to haunt or bless us. As long lazy days drift into dreary autumn and empty summer side-walks fill back up with swarms of students, it's time to go over a short refresher of do's and don'ts for the school year.

this triumph of free speech. Look at the numbers. Not everyone can sit in the front row. Sure, sitting in the front is good, but only because it implies you will pay attention. Teachers know this, which actually makes the front row one of the best places to sleep. Don't worry about where you sit, worry about how much you are getting from the class.



Cy Whiting Argonaut

Don't:

Hit on the teaching assistant. TA's are for teaching, not flirting.

Don't:

Buy all your books before school starts. This one is controversial. If your parents are buying your books, sure go for it. If not, I recommend waiting. A lot of teachers have copies put on reserve in the library or don't use the book at all. Go to your first day of class and figure out if you really need the book, then go and order the important ones. In the meantime, your new friends who are not TA's can help.

Don't:

Trust Moscow weather at all, ever. I realize you just got back from more predictable parts of the planet. All that means is your skills have been dulled and your senses weakened. Moscow likes to lull innocent freshman into security and then puke snow on them. Don't be a victim.

Don't:

Sit in the front row. This one goes directly against my editor, so if you are seeing it in print celebrate

Don't:

Skip class. Contrary to popular belief, college is not like a job. At a job you are being paid to go to work. At school, you are paying to go. And when you skip class you are not just hurting yourself academically, you're also losing money. Not a good combination.

Try to think of school like a swiftly melting ice cream cone. You paid for it, and every drop that slips away is pleasure lost. Attack school aggressively and use your tongue to lap up every last drop.

Do:

Bring supplies to the first day of class. As your mother probably told you, first impressions matter. You want to be the kid lending other people paper, not a leach from the very start.

Do:

Make friends. Friends are a good thing. They lend you paper. They let you borrow their book. Really good friends might even

SEE TIPS, PAGE B10



Shane Wellner | Argonaut

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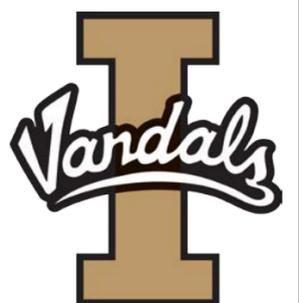
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Pros and cons of summer school

Is summer school for you?

What are two words that still fear in the minds of students everywhere? Summer school.

I know that when I was growing up just hearing those words sent a cold chill up and down my spine. I would do everything in my power as a youngster to make sure that I did not have to spend any of my precious summer vacation locked up in a classroom. It wasn't until I started paying tuition and attending college that I saw the benefits of sacrificing a few weeks of my precious summer in the classroom.

Among the benefits of summer school is that you get the same amount of credit in a lot less time— which is the single biggest reason why students decide to delay the start of their summer vacation.

In summer school, you are able to work ahead in the pursuit of your chosen degree by earning a full three credits per class in four week mini-semester — which is about a quarter of the length of the regular fall and spring semesters here at the University of Idaho. The university breaks up the summer semester into multiple four to six week semesters.

When summer registration first opened during the

spring semester I was looking forward to taking a few classes to get ahead in my degree and I was so headstrong about getting ahead I ignored the advice of my counselors.

They warned me that taking multiple classes during the same session of summer school isn't a smart idea.

Any student thinking about taking classes next summer should avoid taking multiple classes during one session. You will feel less stressed out down

the stretch. I never imagined that I would have to pull an all-nighter in early June to finish up my last few assignments for summer school, but a few short weeks ago I did. Also, unlike most classes during the school year that only meet two or three times a week, most summer classes meet four or five times a week and the meeting times are typically substantially longer and at times especially when the unpredictable Moscow weather is favorable, can seem to last forever.

Although the classes are substantially shorter, the tuition isn't substantially cheaper. And unlike the fall and spring semesters financial aid is severely limited. If you chose to take classes over the summer, you have to worry about the online fee as well. Not to mention the cost of textbooks which, much like tuition,

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Among the benefits of summer school is that you get the same amount of credit in a lot less time – which is the single biggest reason why students decide to delay the start of their summer vacation a few weeks.

is exactly the same as the regular school year. Knowing how expensive textbooks can be, it is understandable why summer school attendance is as low as it is.

Summer school isn't for everybody, and that is fine.

Many students work hard from August to May and they may be all schooled out by the time finals come around in the spring. If you are worn out, then by all means take a much needed summer vacation. But other students, like me, have found summer school to be a refreshing way to get a few extra credits over the summer, as long as you don't mind spending a few extra weeks in school-mode.

Joshua Gamez can be reached at arg-opinion@uidaho.edu



Joshua Gamez
Argonaut



Claire Whitley
Argonaut

Life starts now

Exciting and overwhelming

It's the end of July and that means August is just around the corner and with it comes classes. Excitement and anxiety are the two main emotions looking toward that not so distant first day of college. No parents, no past, everything is a new start.

Well, that's what movies and TV shows lead people to believe. The new students show up and are in awe. People are friendly and approachable, and all of sudden the main character has met their best friend, not-such-a-nice-girl roommate and the love of his or her life.

It's not nearly that glamorous. Not to say that the first day isn't full of jittery excitement, overly friendly orientation leaders and parents moving box after box up several flights of stairs. The excitement is definitely real. The first time being on your own, and no one can really tell you what to do. It's cool, foreign and a great responsibility.

It just isn't as fascinating or exciting as "Monsters University," "Pitch Perfect" or "21 & Over." There are ridiculous traffic jams, both on streets and in the Theophilus Tower lobby. Parents are snapping at each other and kids are acting like those aren't their parents. It's generally a hot, humid, gross day that no one wants to do work in, let alone carry boxes of an entire life up ten flights of stairs.

After all the boxes are moved in, the roommates have greeted and awkwardly moved in around each other, there really isn't a whole lot to do. Some students go to orientation because they fished out the \$100 for it, others aimlessly wander around campus clutching their schedules to their chests looking for the elusive Life Sciences Building and still others trudge along between their overly excited parents, who are sending their first baby off to college.

The past doesn't really disappear either. All people care about that first day is who you are, where you came from and what your back story is. Just kidding. The only thing people care about on the first day is your major. Even your name is unimportant. No one will remember it the next day as you have to reintroduce yourself to several people. They couldn't care less if you were the cheerleading captain, homecoming king or star quarterback. No one cares that you were voted prom queen your senior year. What ends up mattering is personality and character. Loyal, feisty, smart, cheeky, geeky and all around freaky, plus any other word that rhymes, are the things that matter.

All the parents leave, orientation starts and roommates figuratively cling to each other as they go to Bob's for the first time.

And that's it.

Welcome to college.

Claire Whitley can be reached at arg-opinion@uidaho.edu

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