

THE ARGONAUT

THE VANDAL VOICE SINCE 1898

argonaut.com

Friday, August 22, 2014



George Wood Jr. | Argonaut

The University of Idaho Vandal Marching Band stops to perform the Vandal Fight Song on an afternoon march around campus Thursday.

Flooding the Palouse

Amber Emery
Argonaut

About 11,000 students flooded the University of Idaho campus this week to move into residence halls, Greek houses and off-campus housing for the upcoming school year — turning a dormant town into a thunderous one.

UI President Chuck Staben said the feeling associated with the end of summer break and the start of a new year is positive, thanks to an abundance of students buzzing around campus once again.

“Students are really the lifeblood of the university,” he said. “It’s almost like a rebirth when students come back to the campus. I think this is one of the most exciting times of the year.”

Returning members of the Greek system made their way back to Moscow about two weeks ago to prepare for formal recruitment, an annual event that brings in a new class of students to each Greek house.

Assistant Greek Advisor Megan Harre said about 600 students participated in formal recruitment this year, including 303 women and nearly 300 men.

“We’ve had a lot of positive feedback so far about the recruitment process,” she said. “Right now everyone’s just pumped up to be joining and for school to start this week, so there’s just been a lot of energy and excitement within recruitment.”

Sorority recruitment began last Thursday when participating students moved into the Wallace Complex with Rho Gammas — a group of current Greek members who served as recruitment counselors.

Harre said this year’s recruitment followed tradition and had a “conversation day” where students got to visit each sorority house and meet with current members, a “house tour” day for students to view the inside of each sorority, a “philanthropy day” that further identified the missions of re-



Photo by Philip Vukelich | Argonaut

Sam Roberts, freshman, receives help moving into the Theophilus Tower on Thursday. The arrival of residence hall students on Thursday follows sorority bid day on Tuesday and the start of fraternity rush on Wednesday as the migration of students to Moscow continues.

spective sororities, a “preference day” where participating students had to narrow down their favorite houses and then recruitment ended on Tuesday with “bid day,” where students filled out their bid cards and officially

locked in with a sorority.

“The process was smooth and I think everyone came out feeling pretty happy and confident,” Harre said.

Fraternity recruitment is a lot more

casual, Harre said. It started on Wednesday and will wrap up on Saturday when participating students fill out their bid cards.

SEE RETURN, PAGE 9

Save money, dance on

Ryan Tarinelli
Argonaut

The University of Idaho’s Vandal Entertainment team is on a mission this year to save money while keeping the crowd on its feet.

Chair of Vandal Entertainment Lauren Pinney said they will accomplish both on Saturday by booking electronic-pop artist Mystery Skulls as the Palousafest headliner.

Pinney said the California-based act is

an affordable option that will save Vandal Entertainment about \$15,000. She said the saved money will go toward booking a high-profile artist for Finals Fest in May of 2015.

“\$15,000 can be a yes or no from a major artist,” she said. “Where ever I can conserve money, that’s where it’s going.”

SEE PALOUSAFEST, PAGE 10

Presidential perseverance

Amber Emery
Argonaut

Sporting silver and gold, University of Idaho President Chuck Staben participated in Idaho’s premier cycling tour this month, Ride Idaho, where he biked among the state’s farmlands, rivers and rocky landscapes. Being new to Idaho, he said the cycling event was just one of the activities he did over summer break to get his bearings in before beginning

his first fall semester as UI president. “It’s an incredibly beautiful state with lots of geographic diversity from craters of the moon, to Lake Pend Orielle — I’m happy to be here,” Staben said.

Staben said he also spent the summer visiting agricultural research stations, extension offices and education centers across Idaho.

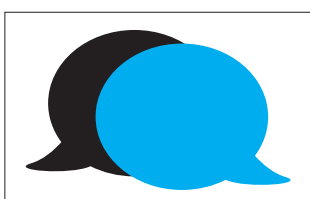
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No winner in final Idaho football scrimmage in fall camp

SPORTS, B1



Start the new year off right. Read Our View.

OPINION, B7



This week in rawr: Meet the man behind headliner Mystery Skulls.

RAWR, INSIDE

Campus Recreation

Student Rec Center • Intramural Sports • Outdoor Program • Sport Clubs • Wellness

Late Night at the Rec



Fri, Aug 22 • 9pm
at the Student Rec Center

Join us for food, fun & activities for all new UI students.

Wellness Schedule

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Intramural Sports

Upcoming Entry Due Dates

Sand Volleyball	Thurs, Aug 28
Ultimate Frisbee	Tues, Sept 2
Whiffleball	Tues, Sept 2
Flag Football	Wed, Sept 3
Soccer	Wed, Sept 3
Dodgeball	Wed, Sept 3



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CRUMBS

Dad's Hamburger Gravy

Claire Whitley
Crumbs

My dad used to make the best hamburger gravy when I was still at home, and he would never let us know how he did it. Ever. Then, one day as I was trying to figure out how I was going to survive through the next year of college, he told me his secret. And now I'm telling you. But don't let him find out.

For an added flavor, add brown onions into the mix. Or switch it up and serve it over mashed potatoes instead.

Ingredients:

- 1 cup rice
- 2 cups water
- 1 pound ground beef
- 1 beef bouillon cube
- ¼ cup of water
- 1 tablespoon flour
- Water
- Italian seasonings and



Claire Whitley | Crumbs

garlic salt, to taste
Sprinkle of salt and pepper, to taste

Directions:

1. Boil the rice and 2 cups of water. Once boiled, turn down to low heat, cover and simmer 20 minutes.
2. Brown beef in 10-inch skillet, season with

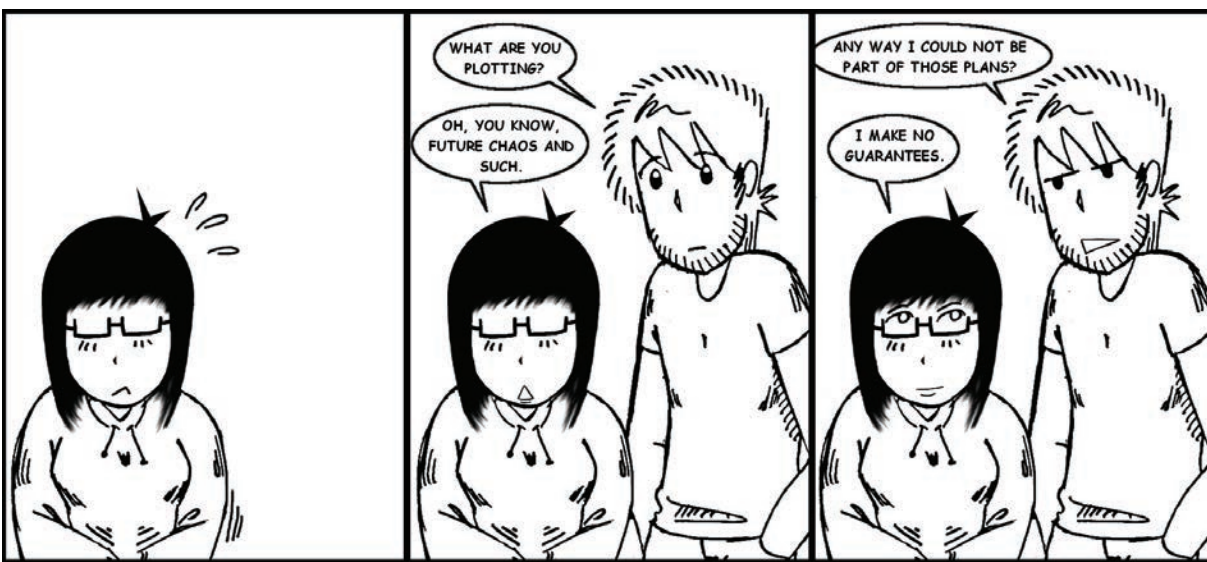
garlic salt, Italian seasonings or whatever seasonings you'd like.

3. While beef is being cooked, let one cube of beef bouillon dissolve in about ¼ cup of water.
4. Push all the meat to one side of pan.
5. Add flour and bouillon mixture to

clear spot in the pan, stirring constantly.

6. Keep adding water until the gravy looks to be the consistency you prefer.
 7. Stir all of the beef into the gravy.
 8. Serve over rice.
- Claire Whitley
can be reached at crumbs@uidaho.edu

High Five



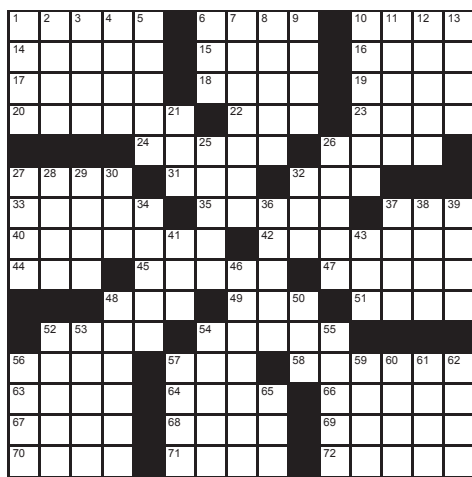
Shane Wellner | Argonaut

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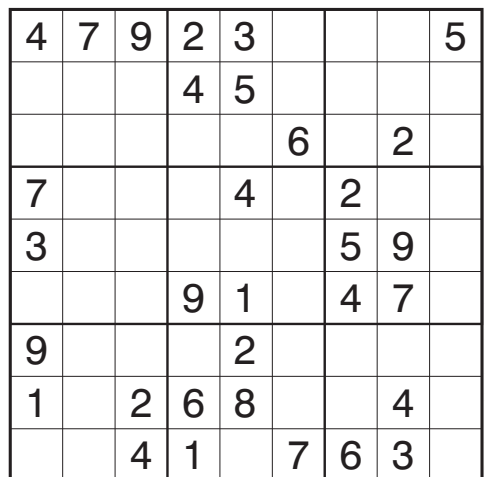
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SUDOKU



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Corrections

Find a mistake? Send an email to the editor.

UI Student Media Board

The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office on the SUB third floor.

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The opinion page is reserved as a forum of open thought, debate and expression of free speech regarding topics relevant to the University of Idaho community. Editorials are signed by the initials of the author. Editorials may not necessarily reflect the views of the university or its identities or the other members of the Editorial Board. Members of the Argonaut Editorial Board are Theo Lawson, editor-in-chief, Kaitlin Moroney, managing editor, Ryan Tarinelli, opinion editor and Aleya Ericson, copy editor.

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- Letters should be less than 300 words typed.
- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.
- Letters must be signed, include major and provide a current phone number.
- If your letter is in response to a particular article, please list the title and date of the article.
- Send all letters to: 301 Student Union, Moscow, ID, 83844-4271 or arg-opinion@uidaho.edu

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ALS ICE BUCKET CHALLENGE



Ryan Tarinelli | Argonaut
University of Idaho Dean of Students and Vice Provost of Student Affairs Bruce Pitman takes the ALS Ice Bucket Challenge Wednesday outside Memorial Gym.

Life around fire

Daphne Jackson
Argonaut

The Northwest is on fire. There are more than 10 large wildfires — classified as a fire burning more than 100 acres of timber or more than 300 acres of grassland — burning across the Northwest, many of which have damaged thousands of acres, according to the Northwest Interagency Coordination Center.

University of Idaho student and resident firefighter Jamie Wees said the fire season in the Northwest begins in late summer, so this year's season is just getting started.

"I think (it was) last Wednesday, we had a pretty good storm roll through," Wees said. "I'm not sure how many fires it started, but some of the guys on the crew were going to four different fires a day — you fly in, cut some line around it, and then you fly out and go to another one."

During the school year, Wees is a resident firefighter and a crew boss for one of the five shifts worked by 24 full-time students who are also enrolled in the Moscow Volunteer Fire Department's resident firefighter program. He said resident firefighters respond to most incoming calls for medical assistance, and all of Moscow's fire calls. In exchange for their work in the program, students receive training and free housing in the fire stations.

"Getting to live in the station is really nice," Wees said. "We don't have to pay for housing in exchange for running calls. It cuts down on the housing budget quite a bit not having to pay for dorms, or renting a house, or anything off campus."

Wees said students in the program also take classes in fire essentials and EMT training, and it's possible for a student to receive both a fire training certification and an Idaho EMT license before starting a second year in the program.

Wees started fighting wildfires in the summer following his freshman year of college as part of a district crew of 20 people in the North Fork of the Clearwater River. While he said it was memorable working on the Clearwater, he said he enjoyed spending this summer working as part of the Salmon, Idaho, rappelling crew even more.

"Personally, I would say I like the

rappel crew just because the amount of initial attack experience you get is pretty awesome," Wees said. "The amount of experiences you get to improve yourself, and to open up new task books and get more qualifications are why I like rappel crew."

For most of his summer, Wees worked as part of a large fire support team that flew helicopters to large fires in devastated areas of Arizona and Nevada to deliver supplies, drop water on flames and carry firefighters to designated firefighter posts.

"With the bucket work, we don't necessarily change what we do too much, because they call us in, like 'hey, we'd like a water drop right here' so our pilot would fly over, and just drop the water right where they wanted it," Wees said.

Wees said one of his favorite parts of the summer was attending an eight-day rappel training academy in Salmon, Idaho, alongside rookies from fire rappel crews across the US. He said successfully repelling requires quite a bit of strength due to the intensity of using a rope to move up an incline. He said before someone is sent out on a fire, one must go through training that starts on the ground and works up — first to a 25-foot tower, and then to one that's about 49 feet.

"I was standing up in that simulator, and one of our helicopters came over, and it couldn't have been more than 100 feet above my head, and I could feel it, and it was pretty sweet," Wees said. "I'd say that was the coolest moment going through rappel academy."

Wees said the academy helped him feel prepared to rappel in real-life wildfire situations, something that he did about 30 times over the past few weeks.

"It's peaceful. Everything was so ingrained into us in the academy that it's almost second nature. You know exactly what you're doing, and you just do it," Wees said. "And the next thing you know, you're on the skids looking down, checking your rope, and you're 250 feet above the ground."

Wees said although the Northwest usually faces difficult late-summer wildfire seasons, he's glad there are training programs that prepare men and women to join the fight against them.

Daphne Jackson
can be reached at
arg-news@uidaho.edu



VANDAL SPIRIT FRIDAYS

Every Friday wear or display your silver and gold for all to see.

WEAR IT...

Dress in your favorite Vandal bling. Adorn Fido in Vandal gear.

DISPLAY IT...

Hang a banner of silver and gold. Wave a Vandal flag. Slap on a Joe Vandal sticker. Sip morning coffee from a Vandal mug. Decorate your office in Vandal colors.

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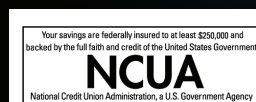
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A new age of integration

George Wood Jr.
Argonaut

The construction of the Integrated Research and Innovation Center will commence at 10:30 a.m. Friday with an official groundbreaking ceremony featuring University of Idaho President Chuck Staben.

The IRIC marks the first time UI has broken ground on the Moscow campus for a research facility since the Biotech building in 2001.

Upon completion, the IRIC will host selected researchers of varying disciplines to work on high level, multi-year projects.

At the head of this new development is UI Vice President for Research and Economic Development Jack McIver, who said he appreciates the cross-disciplinarian approach to research that this facility will uphold.

"The IRIC will create opportunities to integrate student and faculty members from diverse disciplines so that they can create innovative solutions to the complex problems facing Idaho, the region and the world," McIver said. "The possibilities are unlimited, and the results will undoubtedly surprise us."

The IRIC building, which will be constructed between Brink Hall and the College of Natural Resources Building adjacent to Line Street, will provide 69,000 square feet of additional technologically advanced research space to the UI campus. McIver said the IRIC will not only feature labs that support studies produced across a range of disciplines, but also state of the art conference and visualization rooms among several other flexible facilities to be utilized by select researchers for decades to come.

Space in the IRIC building will be allocated as per a meritorious system that rewards exceptional faculty members, graduate students and post-doctoral



Heavy machinery tears up the future site of the Integrated Research and Innovation Center. Workers have already begun preparing the property for construction of the building. The official groundbreaking ceremony will take place today at 10:30 a.m.

Nathan Romans | Argonaut

candidates who are leading particularly impactful integrated research projects.

McIver said that they seek to improve the overall UI experience for all affiliated with the university. He said the completed IRIC building will enhance research possibilities for the university with the addition of more physical room for research and advances in technological capabilities.

He also said the IRIC will attract and retain faculty and graduate students of astute mind and

qualified merit in their field, and create a more prominent environment of interdisciplinary research among the varied colleges of UI.

McIver said university bonds will cover most of the estimated \$49 million cost of the IRIC project, with about \$5 million covered by state and university appropriations. He said construction on the building should be completed in approximately two years.

Constructing the IRIC represents the signature endeavor of the ongoing campaign, "Inspiring

Futures: Invest in the University of Idaho," a \$225 million UI initiative that aims to increase private investments to support UI students, faculty, programs, and facilities.

McIver said Inspiring Futures follows a record-high established by UI in 2013 of almost \$95 million spent on research expenditures. UI set a precedent for funding research in 2012, with the university generating approximately 66 percent of all research dollars spent by public universities within the state of Idaho. McIver doesn't

foresee this level of support for research wavering any time soon.

"Our robust research enterprise has never been stronger," McIver said. "We plan to build on this momentum by significantly increasing our competitive research funding to \$150 million by 2020."

McIver said the IRIC building will only further UI's instrumental success in modern research capabilities.

George Wood Jr.
can be reached at
arg-news@uidaho.edu

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LGBTQA

OFFICE



SAVE THE DATE! Fall 2014 Events

- Lavender Lunch (weekly starting Aug. 28)
- LGBTQA Office Open House (Sept. 3)
- OUTLunch (Sept. 18, Oct. 16, Nov. 20)
- National Coming Out Day Carnival (Oct. 10)
- LGBTQ History Month Keynote-Wade Davis (Oct. 22)
- Transgender Awareness Week (Nov. 17-21)
- World AIDS Day (Dec. 1)

Check out our website for more events!

EVERYONE IS WELCOME!

OUR MISSION

is to provide a safe and welcoming space for students and other members of the University community to explore aspects of sexual orientation and gender identity/expression in an open and non-judgmental atmosphere.

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Intramural Sports

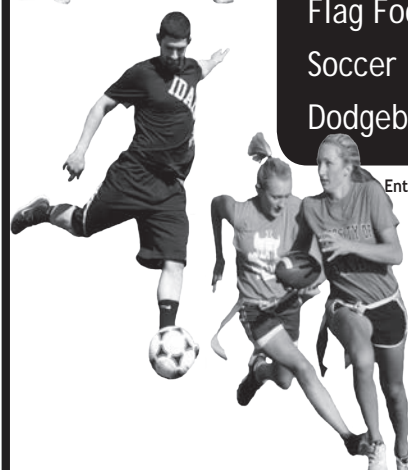
Fall 2014



Upcoming Entry Due Dates

Sand Volleyball	Thurs, Aug 28
Ultimate Frisbee	Tues, Sept 2
Whiffleball	Tues, Sept 2
Flag Football	Wed, Sept 3
Soccer	Wed, Sept 3
Dodgeball	Wed, Sept 3

Entry forms are available on-line or at the Campus Rec office in the SRC.
Entry deadlines are due by 6pm.



uidaho.edu/intramurals

FFF gets green light

SBOE approves UI program prioritization proposal unanimously

Hannah Shirley
Argonaut

The University of Idaho's Focus for the Future program prioritization proposal was approved with a unanimous vote by the Idaho State Board of Education last week — but not without scrutiny. Members of the SBOE expressed concern over UI's proposal, as it appeared the university had evaluated only a fraction of the programs that Idaho's other higher education institutions had evaluated.

UI President Chuck Staben said UI's understanding of the mandated program prioritization process was that the result-

ing proposal would be brief. Subsequently, the UI proposal was six pages long, which contrasts drastically with Boise State University's 200-page document.

However, Interim Provost Katherine Aiken said she doesn't believe the brevity of UI's proposal is indicative of a lack of rigor or thoroughness in the process.

"We're feeling pretty positive about the usefulness of this process in terms of being financially more efficient," Aiken said after the board expressed concerns at the meeting. "In terms of the number of programs, we understood the definition of programs to be collections of activities — it was just a definitional

difference. We didn't actually evaluate fewer programs."

For example, Aiken explained to the SBOE that although UI has over 70 extension programs, extension was treated as one program throughout the process.

"I do not think the number is a reflection that we actually evaluated fewer activities, rather a difference in how we chose to define what a program was," she said.

Aiken said UI has already saved \$260,000 by closing the campus pharmacy and \$480,000 by closing the Office of Community Partnership.

Idaho State University, Boise State

University and Lewis-Clark State University also had their program prioritization proposals approved last Wednesday.

The SBOE mandated all Idaho four-year higher education institutions to reexamine the efficiency of academic and non-academic programs in May 2013. Now that the SBOE has given the institutions the green light on their proposals, each institution will begin to implement their action plans for the upcoming academic year as early as this month.

Hannah Shirley can be reached at arg-news@uidaho.edu

Building community through the Common Read

Students share opinions on this year's Common Read

Erin Bamer
Argonaut

Each year, all incoming freshmen at the University of Idaho are asked to read the same book for their Integrated Seminar class in a program called the Common Read. The purpose of the Common Read is to engage incoming students with the Moscow community and create a common ground of conversation for incoming students.

This year, the book chosen for the Common Read is "Stealing Buddha's Dinner" by Bich Nguyen.

Critics say the story adds a twist to a classic assimilation plotline often seen in literary works. The author, who grew up in a Vietnamese family in the mid-20th century, writes about her desire to become a 'real' American, and further translates that desire into a passion for popular American foods.

Food becomes a metaphor of her struggle to fit in, with some chapters being

named after popular foods such as "Pringles" and "Toll House Cookies."

In conjunction with the Common Read, Nguyen will give a keynote address at 7 p.m., Sept. 24 in the International Ballroom of the Student Union Building. The event is free and open to the public.

In recent years, the Common Read has been integrated more narrowly in ISEM courses. In most classes, students are expected to write a reflective essay on the book and engage in classroom discussion about it.

UI freshman Ana Aldazabal said she began reading the book recently and has found it hard to get through because it starts off slow. But, she thinks the overall concept of the book will make it more interesting for her later on.

Another freshman, Maddie Dahlquist, is about halfway through the book and said she wasn't sure what to expect from the description of the story at first, but was pleasantly surprised as she started flipping through the pages.

UI freshman Jacey Arnzen is making her way through the book as well. She said the book had the opportunity to be strong, but has yet to grab her attention.

"I usually like reading but it wasn't really catching my interest," Arnzen said. "I actually like history, so I thought that lots of little details in it were cool, and how she has personal experiences, but overall, the plot wasn't very moving."

Although Arnzen didn't find the story interesting, she said it taught her about differences in various cultures. She said reading about how Nguyen's family wasn't allowed in certain shops and restaurants because of their ethnicity opened her eyes to the struggle many immigrants face.

"It's about a Vietnamese girl growing up and moving," Dahlquist said. "I mean, I never had that experience, but I guess it gives us empathy or a better understanding of people who have had to move to another country because of war."

One of the aspects of the Common Read program is the application of a single book into a variety of different subjects areas.

Aldazabal's ISEM is called "The Crime-Terror Continuum." She said she isn't sure how her professor will apply the book to the curriculum, but looks forward to seeing what connections are made.

"I think it's kind of weird, because all the ISEM classes are so different and you all have to read the same book," Aldazabal said. "But then again it's kind of cool, because somehow it's going to be incorporated into everything."

Arnzen's ISEM is called "Sports and American Society." She said it's going to be interesting to see a book like "Stealing Buddha's Dinner" incorporated into a class about sports, but later recognized that there may be some parallels in American sports to the metaphor Nguyen used with regard to American foods and the desire to fit in.

Overall, Dahlquist said she's interested in the Common Read program because the high school she attended had a similar program that yielded success. She's now anxious to see how the program at the college-level influences her first year at UI.

"If it's anything like what I had in high school, it will give you a better understanding," Dahlquist said. "I don't know what ISEM is like, but I think it's good for someone who is entering high school, or college in my case."

Erin Bamer can be reached at arg-news@uidaho.edu

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Return to campus



Philip Vukelich | Argonaut

Hundreds of new University of Idaho students made the move to campus this week and are preparing to start the year.

Remembering Reynolds

UI sophomore dies in southern Idaho car accident

Amber Emery
Argonaut

University of Idaho sophomore Amanda Reynolds, 19, died on Saturday, August 9, from injuries sustained in a single-vehicle accident south of Nampa.

Reynolds, hailing from Kuna, was an agricultural economics major who deputies say was driving home from a friend's house just before 1:30 a.m. on Saturday when her green Toyota 4runner drifted off the right shoulder of road and crashed into a power

pole.

Sergeant Doug Daniels of the Canyon County Sheriff's Office said the first deputy on scene found Reynolds had been ejected from the vehicle when it rolled after the initial collision. She was not wearing a seatbelt.



Amanda Reynolds

The Sheriff's Office does not believe alcohol was a contributing factor in the crash.

UI Dean of Students Bruce Pitman said Reynolds' passing will be felt throughout the university community, and students affected by the tragedy should take advantage of the counseling resources available at UI.

"We are deeply saddened by Amanda's death," Pitman said. "Please remember her family during this difficult time."

Reynolds is survived by her parents, Dave and Karla, her siblings Mac (Michelle) and their children, her grandmother and two godmothers.

Services were held last Saturday at St. Paul's Catholic Center for Reynolds' family, friends and loved ones.

In lieu of gifts, the family asks for incoming donations to be made to one of Reynolds' favorite programs — the FFA scholarship fund at Kuna High School.

Amber Emery
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arg-news@uidaho.edu

Former CBE dean dies at 66

George Wood
Argonaut

Jack Morris, former College of Business and Economics dean and professor emeritus, died from a heart attack at his home in New Meadows, Idaho on Saturday, August 16.

Morris served the University of Idaho in several capacities, but was first employed by UI in 1974 as a business and economic development planner through the Center for Native American Development. Following his ascension as acting director of CNAD in 1979 and 1980, he then changed course by adopting the role of professorship, earning many awards and accolades for his contributions to the university.



Jack Morris

UI CBE Dean Mario Reyes was a close friend and former colleague of Morris, and said he will be greatly missed.

"Jack Morris was an educator and academic leader, who impacted so many lives," Reyes said. "To me, Jack was a co-author, mentor, IBC collaborator and then boss and coach."

Morris retired in December 2011 after serving as the dean of CBE from 2006 to 2011. He continued to be active in university affairs post-retirement, serving as a member in various UI-affiliated committees, including serving on the Board of Directors for the National Professional Golf Management Program.

Morris was an avid outdoorsman who enjoyed spending time hiking, fishing, chukar hunting and snow skiing. He participated in many of these activities with close friends and his wife, Linda Morris.

There will be two memorial services held in Jack Morris' honor, one in Moscow, and one near his home in New Meadows. The Moscow service will be at 11 a.m. Saturday, in the UI Auditorium, with a reception will follow in the courtyard outside of CBE. The second memorial service is at 4 p.m. Sunday, at 2992 Round Valley Road, at the Circle C Ranches' meadow overlooking Mt. Pollock — a place where Morris used to work daily.

George Wood
can be reached at
arg-news@uidaho.edu



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Nathan Romans | Argonaut

Due to the Student Health Building re-piping project, the Student Health clinic has been temporarily relocated to the Moscow Family Medicine Main Street Office, 623 South Main St. The State of Idaho Department of Public Works began construction May 19 on the Student Health Building.

Student Health Services hasn't disappeared

Student Health Building undergoes construction

Danielle Wiley
Argonaut

The University of Idaho Student Health Services building is closed due to a pipe replacement project, and students are left without a pharmacy or an on-campus physician to start off the academic year.

According to Dr. Steven Fischer, a Moscow physician for Student Health Services, UI students can schedule all doctor appointments through Moscow Family Medicine until the re-piping project is completed in December. Fischer said Moscow Family Medicine and the student health clinic have a contract that allows each clinic to see and treat each other's patients.

Most other Student Health Ser-

vices functions are still located on campus. For example, the student psychiatrist is located in the Counseling and Testing Center.

The Student Health building is one of the oldest buildings on campus and is even listed on the library's historic register. To maintain the building, UI received a grant last year to help re-pipe the building, which Fischer said is a project that's long over due.

"Decades-old hot and cold water, sewer pipes and steam pipes that heat the building need to be replaced. They're basically changing all the piping in the whole building," he said.

Once the project is complete, Student Health Services will resume in its original locations on campus, with the exception of the student pharmacy.

In May, UI decided to close down the student on-campus pharmacy. Greg Tatham, assistant vice provost of Student

Affairs, said in April that the decision to close down the pharmacy was made due to increased costs to keep it running and a lack of revenue.

"We felt that students would still have many pharmacies to choose from. We know there's convenience, but the costs would be redirected towards the students," Tatham said.

Talk of closing of the pharmacy was brought to the table when the university knew it would have to re-pipe the Student Health building this year.

Tatham stated in April that the pharmacy was also losing clientele to larger pharmacies like Walmart, Rite Aid and Walgreens. Additionally, the Affordable Care Act caused certain prescriptions to become free to the public, which led to an increase in purchasing costs for UI.

The closing of the pharmacy also led to changes in the Student Health Insurance Plan, known as SHIP. Tatham suggested that students review the terms of their personal

insurance plans or SHIP to see where they can pick up their prescriptions in the coming academic year.

There are no current plans to re-open the pharmacy, Tatham said.

Lori Krasselt, UI's Student Benefit Specialist, stated in April that students can download their SHIP insurance cards online and print them out to use at off-campus pharmacies.

Students who have questions about their SHIP plan should go to the Idaho Commons, room 406.

In addition to accessing the clinic, UI has many available options for students who are suffering a wide array of health problems. For example, UI has an on-site psychiatrist and campus dietician to assist students in their mental and digestive health.

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NOTICE OF AVAILABILITY PULLMAN-MOSCOW REGIONAL AIRPORT Draft Environmental Assessment Runway Realignment Project

The Pullman-Moscow Regional Airport (PUW) has completed a draft Environmental Assessment (EA) to comply with FAA Design Standards, meet runway length requirements, improve all-weather reliability, and terminal improvements. The draft EA has been prepared to fulfill the requirements of the National Environmental Policy Act of 1969. This document will be made available for Public Review beginning Wednesday August 20, 2014 at the locations listed below.

The implementation of this Proposed Action will address the following needs:

- Meeting FAA design standards for the runway
- Providing adequate runway length and width to meet requirements
- Improving the ability to operate to and from the Airport during inclement weather
- Providing terminal capacity and functionality

Comments received during the public comment period will be used by the Federal Aviation Administration (FAA) in making an environmental determination on the project.

Document Availability: The draft EA will be available for review at the following locations:

Federal Aviation Administration
Northwest Mountain Region
Airports Division
1601 Lind Avenue, S.W., Suite 250
Renton, WA 98057-3356
Hours of operation: Monday through Friday, 8 A.M. to 5 P.M.

Pullman-Moscow Regional Airport
Executive Director's Office
3200 Airport Road
Pullman, WA 99163
Hours of operation: Monday through Friday 8 A.M. to 12 P.M. and 1 P.M. to 5 P.M.

City of Pullman
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Moscow Public Library
110 S. Jefferson Street
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Hours of operation: Monday 10 A.M. – 8 P.M., Tuesday and Wednesday 10 A.M. – 6 P.M., Thursday 10 A.M. – 7 P.M., Friday 10 A.M. – 6 P.M., Saturday 10 A.M. – 5 P.M.

Public Comments: The public comment period will extend from Wednesday August 20, 2014 through October 6, 2014. Comments may be submitted in writing through U.S. Mail or email to the following address throughout the public comment period.

Mr. Kevin Mulcaster, AICP
Project Manager
Mead & Hunt, Inc.
9600 NE Cascades Parkway, Suite 100
Portland, OR 97220
Kevin.Mulcaster@MeadHunt.com

All written or emailed comments must be received by 5:00 p.m. on October 6, 2014, the last day of the public comment period. The FAA will consider all pertinent comments received on the EA prior to project approval or disapproval. Pertinent comments received on the Draft EA will be addressed in the Final EA.

Public Hearings: Two public hearings are scheduled. Meeting dates, times, and locations are listed below.

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Moscow parks get vandalized

A rise in graffiti vandalism hits Moscow

Amber Emery
Argonaut

Moscow police detained a 15-year-old male last week in connection with a rise in graffiti vandalism in Moscow city parks, Moscow Police Chief David Duke said. Since August 1, there have been more than ten reported graffiti defacements in parks throughout Moscow, concerning police and the Moscow Parks and Recreation Department alike.

Duke said the rise in graffiti is uncommon in its scope and its locations.

"It seems like they're targeting park structures and it's all occurring during the late evening hours. Based on this, there seems to be a pattern," he said. "Every once in a while we'll get tagging over a set period of time and most of it has occurred in the downtown area."

Vandalism reports heightened when a shelter wall at Hordemann's Pond was spray-painted overnight. Additional van-

“

It seems that they're targeting park structures and it's all occurring during the late evening hours.”

David Duke, Moscow Police Chief

dalism reports were taken over the next several days at East City Park, Ghormley Park, Herons Hideout and Lena Whitmore Park.

"We believe the person or persons responsible using the spray paint walked through the different parks late at night," Duke said. "The different cases are probably connected in some manner because in a few of them there were words drawn that didn't make much sense other than them being scripted words. There were also some signs made that really couldn't be identified and there was some vulgar genitalia painted."

Although there were no leads at first,

the juvenile detained at 2:47 a.m. Aug. 14, is being charged with two counts of vandalism — one at Lena Whitmore and one at East City Park where he was caught.

"I'm glad the police have apprehended somebody," said Tom Grundin, the parks and facilities manager with Moscow Parks and Recreation. "It might mean no more new cases of vandalism. In the past when we've had these kinds of things happen, we put the person to work cleaning up messes like the ones they made, and that usually deters them from doing it again."

The Moscow Parks and Recreation Department is the entity that is tasked with the care and maintenance of city parks. Grundin said the cleanup process for these cases of graffiti have been expensive when the department takes into account the cost of cleaning supplies and time spent at each location.

In fact, he said it was especially troublesome when the defacement at Hordemann's Pond was repeated again after the initial cleanup.

Duke said the detained juvenile was forwarded to youth services due to his age. He also said there is a lack of evidence to support the juvenile's involvement in

more than two of the open graffiti cases.

"Charges have been forwarded to youth services but these are the only charges. At this time we have not connected any of the previous vandalism to him. Since the 14th no new additional graffiti has been reported in the City parks," he said.

Duke said adults who are accused of defacing property — with graffiti in particular — are usually charged with the misdemeanor offense of malicious injury. But, Duke said if the police are able to tie together most of the vandalism cases, then it's possible it could escalate to a felony charge.

"We're getting close the felony level if we can tie them together, but at this point we don't have enough direct relationship to say that this is the same person because they're all different in the way they were defaced," Duke said.

Grundin asks that members of the Moscow community pay attention to the activities happening at city parks, and if anyone sees anything suspicious, report it to Moscow Police.

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Memorial Gym weight room no more

Few remaining attendees will need to look elsewhere for physical fitness

Karter Krasselt
Argonaut

For the few people that used the Memorial Gym Weight Room over the last four years, its removal will simply mean a change in location for their daily exercise.

The weight room, located on the first floor of the University of Idaho Memorial Gym, consisted of a few strength machines that were moved from the Kibbie Dome concourse upon its renovation in

2010. There were no free weights, and according to Vice President of Finance and Administration Ron Smith, just a handful of people used the machines on a regular basis.

For these reasons — and the need for additional office space — the gym was closed and the old equipment was removed from campus altogether.

"We took a look at where we could put people, and we found that where the weight room is, we have very limited use," Smith said. "We have four to six people that regularly work out there."

Smith said the few individuals who still used the weight room regularly for exercise are encouraged to continue their routines at the safer, up-to-date Student

Recreation Center located on the opposite end of campus.

Those who were using the now ex-weight room — along with faculty and anybody enrolled in the university with a valid Vandal Card — have unlimited access to the SRC.

"We have a lot of space challenges on campus right now. We had to find some temporary space for the faculty at the College of Education. (Memorial Gym) was identified as a good space, especially for movement science and physical education classes," Smith said. "We have equipment that is old, so there is a cost there, and it's a risk management issue."

Though not yet permanent, Smith said there's a good chance the new office

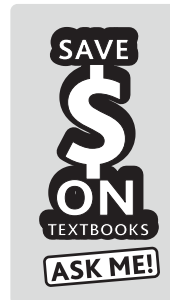
functions of the room will remain in the space even after the College of Education remodel. In a few years, Smith said university staff would reevaluate the space and fill it accordingly.

The SRC building is set to return to its regular academic-year hours beginning Monday. The building offers cable machines, free weights and other exercise equipment such as treadmills and elliptical machines. On top of using this equipment, Smith said attendees are encouraged to try out the rock climbing wall and sign up for one of a variety of wellness classes, such as spinning and Zumba.

*Karter Krasselt
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arg-news@uidaho.edu*

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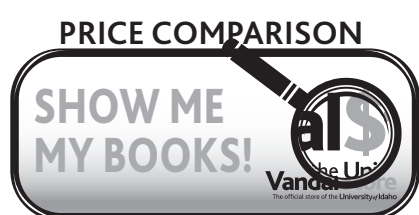
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PRESIDENT

FROM PAGE 1

Richard Garber, the director of government and industry relations in the College of Agricultural and Life Sciences, road alongside Staben in the Ride Idaho event and said his experience with Staben outside of a university capacity shed light on the kind of leader Staben can be for UI.

"There was no need for concern, 83 miles in 105 degree heat and another day in pouring rain made no difference, he was ready for whatever the terrain or weather presented," Garber said. "We had lots of time to visit along the way and I'm convinced that if he leads the University in the same manner he bikes, strong and steady, we are in very good hands going forward."

Staben was selected to serve as UI president last November by the Idaho State Board of Education, following a national search. As the provost and vice president for Academic Affairs at the University of South Dakota, he was one of five finalists in the running. Staben ultimately came out on top and took helm of UI on March 1.

Since then, Staben has visited with the university community, the Idaho legislature and statewide industry leaders and stakeholders.

However, Staben said this semester is about switching gears.

"I wanted to spend about the first three months sort of listening and learning, and though I don't intend to stop listening and learning, it's really time to start leading as well," he said.

Staben said while there are several tentative items on the agenda for the fall semester, he first wants to actively engage with students, faculty and staff in celebrating the kickoff to the new academic year. He said he plans on attending Convocation and the Integrated Research Innovation Center groundbreaking, among other events.

"I view all of those as important points of communication with the campus," Staben said.

In lieu of listening, Staben said there are a few priorities already on his radar — increasing student enrollment and the upcoming provost search process.

In May, Staben said the university was looking to increase student enrollment over the next several years with the final goal of increasing UI's numbers from about 11,000 students to 15,000 students.

"I don't think it's my goal, I think it should be a university goal," Staben said. "It's something that's obvious to me that would benefit the university and benefit the students of Idaho."

Although there's no timeline attached to the plan, he said the internal conversation is ongoing.

"We're still talking about how exactly we can grow enrollment and at what pace," Staben said.

Another matter the president will pay close attention to this semester is the upcoming provost search. The university provost is the senior academic administrator tasked with closely communicating with college deans. Currently, Katherine Aiken is the interim provost where she's led UI through the SBOE program prioritization mandate.

UI Spokeswoman Stefany Bales said the search for a new provost would officially begin after the search committee meets in September, with potential candidates able to apply in early October.

Staben said the president and the provost are an important partnership and work together to advance university-wide goals. He said he's hopeful the search committee will find a competent pool of applicants and the right person will be chosen to serve alongside him in the coming years.

He said the provost must have a sense of how to move academics forward while still building a strong faculty and attracting students.

"So we're looking for a person with creativity, imagination, experience, ability to work with peers and the ability to work with deans," Staben said. "It's a tough position, but I'm confident that we can get somebody who can do well at that."

Amber Emery can be reached at arg-news@uidaho.edu



Chuck Staben

RETURN

FROM PAGE 1

University Housing Spokeswoman Cara Lehman spent a portion of her Thursday driving a UI golf cart around campus bringing ice to the residence hall sign-in tables to help keep things cool.

"Something that Housing and Dining did this year was get water bottles for everybody," Lehman said. "So just jazzing it up by having Vandal water bottles and just making sure everyone is comfortable while they're moving into their new rooms."

Lehman said the move-in process was successful and efficient thanks to about 200 community volunteers who came out to assist students with moving in.

The University Housing

move in process centralizes each building so new students have an easier time finding out where they need to go and sign in.

"We also have a lot of engagement going on, on the (Theophilus) Tower lawn," Lehman said. "We have a bunch of businesses out selling items specific students moving in, we have (Resident Hall Association) out here with some inflatables and just having a lot of energy out here for people to enjoy after they've moved into their rooms."

A common word of advice from the president's office, University Housing and the Greek office is for new and returning students get involved and engage with the

campus community.

"I think the primary thing that a student should do when he or she is new to the university is really engage with the university," Staben said. "Go to class, speak to the people that are in your class — the faculty and the students — engage in some activity that you enjoy, it could be intramural athletics, it might be a club of some sort and it might just be hanging out with your friends. But, do something that engages you with people on campus because there's a lot of really interesting people and you can learn in the classroom and you can learn outside of the classroom here."

Amber can be reached at arg-news@uidaho.edu



University of Idaho

The State of Idaho Department of Public Works will begin construction on the Student Health Building re-piping project May 19, 2014. Below are the department locations and contact information during the project. Hours of operation and additional information will be posted at www.uidaho.edu/studenthealth

STUDENT HEALTH SERVICES

DEPARTMENT	RELOCATION ADDRESS
Student Health Clinic, 208-885-6693	Moscow Family Medicine Main Office, 623 South Main Street.
Student Health Pharmacy	No longer open for business.
Student Health Insurance (SHIP) 208-885-2210 www.uidaho.edu/SHIP	Idaho Commons, Room 406 E-mail: health@uidaho.edu for information or to schedule an appointment.
University Psychiatrist. 208-885-6716	Counseling & Testing Center Mary E. Forney Hall, Room 306 1210 Blake Avenue
Campus Dietitian, 208-885-6717	Student Recreation Center
Student Health University Business Office 208-885-9232	Email: health@uidaho.edu for information regarding health related charges or payments on student accounts.

Sean Astin to speak at convocation

Staff Report
Argonaut

The official start of the 2014-2015 academic year kicks off with the annual University of Idaho Convocation featuring award-winning actor Sean Astin at 8:30 a.m. Friday, at the ASUI Kibbie Activities Center.

Astin, 42, is well known for his role as Samwise Gamgee in the Academy Award-winning "Lord of the Rings" trilogy. Additionally, he's taken lead roles in popular Hollywood films such as "The Goonies" and "Rudy."

ASUI President Nate Fisher said he's looking forward to hearing Astin speak because it

will be both inspirational and aspirational in providing insight on succeeding in one's chosen area of study — an ambition most UI students have.

Aside from his Hollywood fame, Astin has shown his devotion to the art of film by producing many short films. In 1994, Astin directed and co-produced a short film titled "Kangaroo Court," which was nominated for the Best Live Action Film Academy Award.

Currently, Astin and his wife are working on a full-length feature film based on the Newbery Medal-winning novel, "Number the Stars," by

Lois Lowry.

Astin is also a published author. He released his memoir, "There and Back Again," in 2004, in which he wrote about his experiences on the set of "Lord of the Rings," and how the trilogy defined his career. In addition to acting, Astin is also a director, producer and voice artist known for his speaking role as Raphael in Nickelodeon's "Teenage Mutant Ninja Turtles," TV series.

Astin is also active in politics. He has publicly supported Democrats in presidential elections, and even worked as a campaign manager for a California Democrat in 2011. He also worked

in a federal capacity as a Civilian Aide to the Secretary of the U.S. Army and former President George W. Bush even appointed Astin to the Council on Service and Civic Participation.

The "Lord of the Rings" actor has also been vocal in supporting non-profit organizations and has unwaveringly advocated for literacy and mental illnesses such as bi-polar disorder.

He is the son of Academy Award-winning actress Patty Duke and actor John Astin. Assistant to the President Kevin Ketchie said Duke is a proud supporter of UI's College of Letters, Arts and Social Sciences, and an-

tipates her son to show the same love for UI.

"He'll bring the message of starting off on a journey and relaying that message of getting started in a business in a positive way," he said.

Fisher said UI aims to have engaging programs, and it's important for students to attend the Convocation so similar events can continue in the future. He said incoming freshmen should attend the event because it fosters an environment that promotes unity and success, and will help freshmen connect to resources they may not know about otherwise.

PALOUSAFEST

FROM PAGE 1

Pinney was able to hire Mystery Skulls for \$3,500 — which is significantly less than past Palousafest performers, such as Eric Hutchinson (2013) and We The Kings (2012).

She said many students are not concerned with having a big name play at Palousafest, but instead want a band they can dance to while having fun with their friends.

Pinney said while choosing an artist for Palousafest is important, more pressure from the student body is placed on booking the Finals Fest artist.

She said a visible challenge in last year's Final Fest was getting students to attend a concert on a weekday night during dead week, as opposed to a Friday or Saturday night.

Pinney said although there were low-ticket sales for last year's Finals Fest, it will not affect this year's entertainment budget.

Mystery Skulls is scheduled to perform from 8:15 to 10 p.m. Saturday on the lawn outside of Theophilus Tower. The act is comprised of one man, Luis Dubuc, who signed with Warner Bros. records last year, and is most widely known for his singles, "Ghost" and "Paralyzed."

Cuff Lynx, a Western Washington electronic band, will open for the headliner at approximately 7:30 p.m.

Pinney said she selected Mystery Skulls because she hopes Dubuc's combination of electric-pop, funk and indie tones will get students to dance.

"We knew we wanted to take an electronic route," she said. "We noticed the people on campus love to dance."

She said although Mystery Skulls plays electronic-pop music, students attending the event should not expect an intensive rave atmosphere.

Even though most may not recognize the performer, Pinney said students should expect a high-energy performance that will not disappoint.

The live performances are only one aspect of Palousafest — an afternoon full of activities located outside of the residence halls along Sixth Street.

There will also be an informational fair from 5:30 to 7 p.m. that will feature 180 community organizations, including UI departments, faith communities and student organizations.

Sadie Hanigan, an organizer for the event, said the fair is a great way for students to see all of the ways they can get involved both at UI and in the greater Moscow community.

"It's excellent for brand new students — to just say 'welcome to our community,'" she said.



Courtesy

Mystery Skulls will perform in front of the Theophilus Tower at 8:15 p.m. on Saturday as part of Palousafest.

Hanigan said organizers are looking into expanding the number of organizations able to table the fair in the next few years due to a high demand from community organizations to partake in the event. She said about 5,000 people are expected to attend this year's Palousafest throughout the day.

In addition to the informational fair, there will also be a mechanical bull, inflatables and face painting, along with free pizza provided by Campus Dining.

Hanigan will be an advertising representative for Student Media in the fall.

Ryan Tarinelli can be reached at arg-news@uidaho.edu

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IT'S GOOD

SPORTS



Idaho soccer first fall team to start season Friday at Seattle U

PAGE 7



Tight end Justin Podrabsky catches a touchdown pass during the August 16 Vandal football scrimmage. Idaho coach Paul Petrino said both the offense and defense were equal in the scrimmage — Idaho's second of call camp.

Receivers need to step up

When Idaho receiver Dezmon Epps was dismissed from the Idaho football team over the summer for violating team rules, he left a major void at the wide receiver.

Epps led Idaho in receptions last season with 79 catches for 980 yards. His skills earned him a Biletnikoff Award watch list nomination mid-season.



Stephan Wiebe
Argonaut

With Najee Lovett out of eligibility, Idaho starts the season without its two top players from last year. Lovett added 36 receptions and

429 yards of his own last year.

New wide receivers coach, Charley Molnar definitely has his hands full trying to find a replacement, or several, for Epps and Lovett. Coach Paul Petrino and Molnar need returning starter Deon Watson and crew to step up and make major strides this season.

Watson, a sophomore, performed well as a freshman last season and is a big target at 6-foot-4-inches. He also brings consistency in his route running and has a knack for hauling in passes if they are within his reach. Still, despite starting 10 games, he only had 24 receptions for 279 yards and one touchdown in 2013.

"Deon is deceptively fast," Molnar said. "What Deon's strengths are is he's tremendously smart, he's a precision route runner, he's got awesome hands and plays with great energy."

Watson should still be a star, but he can't do things alone. Another player who more resembles the speed of Epps is converted quarterback, Josh McCain. McCain took over starting quarterback duties in 2013 when Chad Chalich went down with an injury before suffering an injury of his

SEE RECEIVERS, PAGE B6

No gain, no loss

With final fall scrimmage over, Vandals turn attention to Florida

Korbin McDonald
Argonaut

Neither the offense nor defense won the final scrimmage of fall camp on Saturday. Idaho coach Paul Petrino said the scrimmage was good, but both sides of the ball needed to be more consistent.

The inconsistency showed in the final stat tally, as the defense forced four interceptions and didn't allow a touchdown for seven consecutive series. The offense, however, scored 12 touchdowns and accumulated 849 total yards on 128 plays.

"Walking off the field, I would say it was pretty equal," Petrino said. "We missed a couple open touchdowns and the defense got a couple stops and some interceptions, so I thought that was really good on their part — but we can't be turning the ball over like that."

In the past two scrimmages, the defense held the offense to 336 less yards and forced six more turnovers compared to the final two scrimmages in the spring. The defense showed improvement, but it was the secondary that made the biggest leap forward.

Last season, Idaho's defense finished with only 10 interceptions — during the two fall scrimmages, it forced seven. Junior cornerback Jayshawn Jordan said it was their goal for fall camp to breakup more passes and create turnovers.

"We made plays," Jordan said of the defense. "Even though we're on the same team, when it comes to the game, it really helps out the offense a lot and just gets the whole team going."

The defensive line impressed, too. The group finished with six sacks, which could have been a lot more if defenders were allowed to tackle quarterbacks.

"We just had a good day," said defensive end Quinton Bradley. "A lot of sacks did not get called today, but coach told me the offense still has to get work, so I understand that."

The defensive line's performance might raise concern for the offense, but Bradley sees it as a positive. He said both units rely on each other to get better.

SEE LOSS, PAGE B6



	COMP/ATT	YDS	TD	INT
Chalich	15/22	195	2	2
Linehan	19/33	263	2	2

Irving Steele emerging as defensive leader

Junior college linebacker hasn't been in Moscow for long, but he's already emerging as team leader for Idaho defense

Korbin McDonald
Argonaut

A leader is defined as a person who leads or commands a group. Not everybody is cut out to be one, and some players would rather follow instead. Irving Steele is not a follower — he started leading the first time he stepped onto a football field.

"I've been playing since I was seven — I love to lead," Steele said. "I like to try and be the best. I'm not the biggest, I'm not the fastest, but if I can be the best and get guys to follow me doing the right thing, that's what I do."

Steele hails from Fort Lauderdale, Fla., but came to Idaho this past spring after spending two seasons at Ellsworth Community College in Iowa Falls, Iowa.

In his first year at Ellsworth, Steele was team captain and earned first-team All-Conference honors in the Midwest Football Conference. He repeated those feats as a sophomore and finished the season with 110 tackles, which ranked eighth among all junior college defenders.

The transition from junior college to Division I is no easy

task. Steele said the speed has been the biggest difference.

"It's a lot faster but the thing is football doesn't change," Steele

“

Football got me here and I'm loving it. I'm meeting new people and it's really humbling, it's changing me and making me a man.

Irving Steele, linebacker

said. "As long as you're working hard, competing and keeping up with the competition, football is football."

Steele hasn't been in Moscow long, but his impact can already be seen. Idaho coach, Paul Petrino, said Steele has already emerged as one of the best leaders

on defense.

At 6-foot-1 and 222 pounds, Steele isn't the biggest linebacker, but he quickly proved his worth, as he led the team with 38 tackles in the three spring scrimmages.

"You can't lead if you're not playing good and he's been playing good," Petrino said. "He plays with great effort, flies around and we're just really happy to have him."

The new linebacker is a welcome addition to a defense that surrendered an average of 46.8 points per game last season. Steele said the defense has made huge strides since spring and has grown closer as a unit, which has led to everybody making better plays.

"We're definitely brothers out there," Steele said of his teammates. "In the spring we had a couple of players acting like they didn't want to be here, but it's different now and I really think we're going to be a good team now."

With his transition on the field going smoothly, the biggest

SEE IRVING, PAGE B6



Irving Steele catches a pass during pregame warmup drills before the scrimmage Saturday. Steele, a junior college transfer, is emerging as a leader on Idaho's defense.

Nathan Romans | Argonaut



File photo by Hannah Sandoval | Argonaut

Former Idaho basketball player Alyssa Charlston defends during practice Thursday, Jan. 30, in the Cowan Spectrum. Charlston signed a professional basketball contract with Amicale Steinsel in Luxembourg over the summer.

Summer sports briefs

Idaho athletics didn't let up over summer months

New era in Vandal athletics

On July 1, 2014, Idaho began a new era with its move to new conferences. The Vandals are now football only members in the Sun Belt, while the other sports — except for swimming and diving, which remain in the WAC — compete in the Big Sky.

UI spent the previous nine years with the WAC, with the exception of football, which spent eight years in the conference and was an independent last year.

Idaho was affiliated with both conferences for its inaugural years. The Big Sky was founded in 1963 and the Vandals spent 32 years there before leaving in 1995. The Idaho football team was with the Sun Belt for its first year in 2001, and left the conference in 2004.

The football team's first conference game is on Sept. 6, at Louisiana-Monroe.

2014 Hall of Fame class announced

The Idaho athletic department announced its 2014 Hall of Fame class.

- Bob and Jan Cowan: The namesake of the Cowan Spectrum.
- Jake Scott: Played offensive guard on Idaho's 2000-03 football teams and was selected by the Indianapolis Colts in the fifth round of the 2004 NFL Draft.
- Russ Winger: Six-time NCAA All-American as a thrower on Idaho's 2004-08 indoor and outdoor track and field teams.
- Jackie Ross: Owns the school record for the outdoor triple jump and was Big Sky Indoor Field Athlete of the year in 1990, 1991 and 1992.
- Sherrie Crang: The 1982 AIAW National Champion in the 3,000 meters.
- 1966-73 Men's Tennis teams: Won seven consecutive Big Sky titles.
- 1937-41 Cross Country

teams: Won four consecutive Pacific Coast Conference titles.

The class will officially be inducted on Sept. 12, with a banquet at the University Inn-Best Western. They will also be recognized the next day at the football game, when Idaho takes on Western Michigan.

Rivals return to Guy Wicks

The Vandal soccer team will welcome rival schools, Boise State and Washington State to Guy Wicks field this season.

"Anytime we can play them as an in-state rival is exciting for us," Idaho coach Derek Pittman said of Boise State. "Hopefully that game will continue each and every year."

The 20-game schedule features nine home games with the home opener on Aug. 24, against TCU. BSU and WSU come to Moscow on Sept. 5 and Sept. 14, respectively.

Alyssa Charleston goes pro

The former women's basketball standout is taking her talents to Luxembourg to play for Amicale Steinsel.

Located in Steinsel, Luxembourg, Amicale is one of eight teams in the Luxembourg Total League. In 2012, Amicale won the Vainqueur Coupe des Dames, which translates to Ladies Cup Winner. The team, however, has struggled in recent years, and finished sixth last season.

Charlston set a school record for consecutive games played with 130, finished fifth in career points with 1,587, and fourth in blocks and rebounds with 128 and 855, respectively.

"My coaches really have made me the player that I am today," Charlston said. "I didn't even know that playing overseas was going to be a completely viable option. I always dreamed about it, but I didn't know it would actually happen."

Charlston will join Amicale in September for the start of preseason — the first regular season game is Oct. 4.



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WELCOME BACK VANDALS!

Coaching carousel

Several Idaho teams went through coaching changes heading into 2014

Stephan Wiebe
Argonaut

Apparently, 2014 is the year other teams and organizations came calling for Idaho coaches. Out are the soccer team's winningest coach in program history Pete Showler, 16-time WAC title winner Wayne Phipps of track and field and cross country and men and women's tennis' Jeff Beaman who led both his teams to WAC Championships in the spring. In are Derek Pittman, Tim Cawley and Mariana Cobra as Idaho heads into a new conference in the Big Sky. Football coach Paul Petrino also added some new faces to his staff as his team heads into its first season back in the Sun Belt.

Soccer

Out: Pete Showler, assistant Ashley O' Brien

Showler left Idaho with more soccer wins than any coach before him, but he also leaves with a losing record of 50-119-9. He coached the Vandals from 2005 to 2013 with his final team earning a 4-16-0 record. Showler, originally from England, left to take the position of sporting director at Eastside Timbers in Gresham, Ore, a youth development program for soccer players ages 5 to 18.

O'Brien, an assistant under Showler, took over as interim coach when Showler departed but has since taken an assistant position with the soccer team at Brown. O'Brien coached at Idaho for four seasons.

In: Derek Pittman, assistant Josh Davis



Derek Pittman

Pittman became the fourth coach in Idaho soccer history when he was hired in February. He coached the Vandals through the spring, and now his team opens the official fall schedule Friday. Before joining the Vandals, Pittman was a four-year associate head coach at Gonzaga. He has a total of 13 years of collegiate coaching experience on

his resume.

"I think the biggest thing we tried to focus on since day one when we got here was just changing the overall mentality," Pittman said. "Changing the culture to get the players to believe in themselves and believe in their teammates and do things as an entire unit. The situation I walked in to was a little bit disjointed. Players being a little bit too individual so we've really tried to hone in on working on that culture and making sure everybody's bought into our team goals ... our team identity — everything that we want to basically portray when we're on the field."

Pittman also hired new assistant Josh Davis over the summer. Davis was most recently an assistant coach at Indiana University-Purdue University Fort Wayne in 2013. Pittman also retained assistant Laura Jackson from Showler's former staff.

"Josh (Davis) has been a great addition to our staff," Pittman said. "Ashley O'Brien was fantastic in my transition here. We obviously wish her well at Brown and her shift to the East Coast, which is closer to her home, but the opportunity to get Josh in onboard and to work well myself and Laura Jackson, our other assistant coach, has been tremendous."

Pittman said Davis' primary role is working with goalkeepers and the defense, but he also brings recruiting ties from California.

Cross country, track and field

Out: Wayne Phipps

Phipps left Idaho with 16 total WAC Championships over men's and women's cross country and men's and women's indoor and outdoor track during his time with the program. Phipps moved eight miles west to take over the coaching roles for Washington State's cross country and track and field programs. He was with the Vandals for 19 years and held the title of director of track and field/cross country from 2010 to 2014. Phipps also earned 14 conference coach of the year honors while at Idaho. Associate

head coach Julie Taylor and assistant coach Allix Potraz-Lee joined Phipps at WSU.

In: Tim Cawley



Tim Cawley

Cawley took over Idaho's cross country and track and field teams after spending 11 years as an assistant track and field coach at Colorado State. Cawley has also coached at the highest level coaching Olympian Janay DeLoach to a bronze medal in the 2012 London Olympic Games.

"We are very fortunate to have attracted Tim Cawley to lead our track and field and cross country programs," said Director of Athletics Rob Spear after the hire. "Track and field is a very technical sport. Tim is known as one the best technical coaches in the entire country and has coached athletes at the highest level. As we transition into a much stronger track and field and cross country conference it was important to hire an experienced coach to lead our program."

Tennis

Out: Director of Tennis Jeff Beaman

Beaman was the second Idaho coach to head to WSU over the summer, taking the spot as associate head tennis coach. Beaman left Idaho after eight seasons with the Vandals where he accumulated a combined record of 269-158. He led both the men's and women's teams to WAC Championships in 2014. Beaman coached both teams after women's coach Myriam Sopol left for UTEP.

In: Mariana Cobra



Mariana Cobra

New women's tennis coach Mariana Cobra said Idaho is still in the process of hiring a new men's tennis coach. Since Cobra was hired under former Director of Tennis Jeff Beaman, she also has to re-apply for the new

women's coaching position. She currently holds the interim coaching role. Assistant Art Hoomiratana is also helping coach the men and women's tennis teams heading into the fall season.

Cobra joined Idaho after most recently holding the coaching position at Northern Iowa where she also played collegiately. Cobra, originating from Sao Paulo, Brazil, recently spent time back at home working for a recruiting agency before taking coaching job at Idaho.

"I think Idaho women's tennis had a great season last year and so did the men," Cobra said. "So obviously it's a pleasure to be here with them. It's not any women's team or men's team that's a top 50 in the country. Obviously having the season we had last year — winning the WAC, going to nationals — I think it's a very strong place to be. We should be very strong this year if not better than last year."

Football

In: Assistants Charley Molnar and Ashley Ambrose



Charley Molnar



Ashley Ambrose

Football coach Paul Petrino also added a couple assistants to his staff over the summer. Charley Molnar joined as Idaho's wide receivers coach after most recently being head coach at Massachusetts. Ambrose, a former NFL standout, joins as Idaho's secondary coach.

"We're a work in progress but I think our guys have improved over the course of camp," Molnar said. "We still have a long ways to go to be game ready but I think we have just enough time to get our skills sharpened that we can go out and do our very best."

Stephan Wiebe can be reached at arg-sports@uidaho.edu

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CyWhiting | Argonaut

The Idaho soccer team huddles up at the start of practice on Wednesday. The soccer team is the first Vandal team to start the fall season when they play at Seattle U Friday in Seattle.

Pittman, Vandals ready to kick off 2014 season

Idaho starts fall with familiar Seattle U team

Joshua Gamez
Argonaut

After netting 14 goals in seven games during the spring, the Vandal soccer team now is setting its sights on its first opponent of the 2014 fall season, the same team it saw three times to end the 2013 season, the Seattle U Redhawks.

In each of the three Seattle U versus Idaho contests, the Redhawks bested the Vandals by a combined score of 12-2, including a 6-1 defeat in the opening round of the WAC Tournament.

Despite the familiarity the two programs share after being conference rivals in the WAC before Idaho left to return to the Big

Sky this summer, both teams look different this fall. Both teams graduated a number of starters and Idaho coach Derek Pittman is preparing for his first full season with the program after taking the job this winter after long time head man and all-time winningest coach in school history, Pete Showler, resigned after last season.

With such an influx of young talent the first year head coach is unsure of how exactly everyone will fit onto the field, but with very few upper classmen, only two seniors and four juniors, the Vandals should be athletic and strong this season, Pittman said. Many of the younger players have come in hungry and ready to compete right away, he said.

The few upper classmen on the roster have been more than welcoming to the younger players. They have been very

helpful in teaching them the ins and outs of the program and how to adjust to being Vandals, Pittman said.

Despite having two games this weekend against two tough opponents in Seattle U and TCU respectively, he said the focus is more on how the Vandals play and what they can control, rather than what the opposition is doing. If the team takes care of everything they can control, there is no reason they cannot come away with favorable results, Pittman said.

"My expectations are for us to go out and work our tails off. We are going to put in the effort and attitude to represent the Vandal soccer program in the right way," Pittman said. "If we can control what we can control, there is no reason we cannot put ourselves in the position to get a win."

The season opener with the Redhawks is

the first of nine consecutive non-conference tilts to start the season before the Vandals open their Big Sky schedule on Sept. 26 at home against Northern Colorado.

However, the Vandals are not worried about any of that just yet, Pittman said. They first must get past the Redhawks and then their second opponent and first home opponent of the year in TCU, making its first ever trip to Guy Wicks Field on Sunday.

In total the Vandals will play on Guy Wicks Field nine times this fall, including five times in Big Sky play.

After hosting the Horned Frogs, the Vandals will not be back on the field before hosting Eastern Washington next Friday.

Joshua Gamez
can be reached at
arg-sports@uidaho.edu

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TWEETS OF THE WEEK



@Idaho_Vandals

Moscow, Idaho, Named one of the 10 Best College Towns, 2014. #GoVandals
- **Livability.com** recently ranked Moscow the No. 8 best college town of 2014.



@bobbycowan13

Blessed for another opportunity to play this game I love! Let's do this Ram nation!
- **Former Vandal punter Bobby Cowan** was signed by the St. Louis Rams to compete for the starting punter job.



@VandalsSoccer

Gold edge the game over Silver 1-0! Looking like a great season ahead for #vandalsoccer.. Thanks to all the fans that came out #govandals

- The Vandal soccer team played its annual Silver and Gold game Aug. 10.



@Idaho_Vandals

The last time Idaho VB was in the Big Sky it walked away with its 4th consecutive conference title. #tbt #GoVandals

- The 1995 Idaho volleyball team won the Big Sky championship, and will look to do that again, as they rejoin the Big Sky this year.

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Katelyn Peterson, right, attempts a dig during Idaho's 3-1 victory over Cal-State Bakersfield Sept. 28 in Memorial Gym. Idaho starts the 2014 season next Friday against Oklahoma. File photo by Philip Vukelich | Argonaut

Big, Sky-high hopes for Vandal volleyball

Depth and passing a focus for Vandals in 2014

Conor Gleason
Argonaut

The Idaho volleyball team is coming off of a successful 2013 season where it won 19 matches — the most by the Vandals since 1996.

In 2014, Idaho coach Debbie Buchanan expects better results as the Vandals try to forget the bitter taste of the heartbreaking 3-2 defeat to New Mexico State in the WAC Championship last fall.

Idaho is predicted to finish third in the Big Sky Conference in the preseason poll by the conference coaches. All Idaho sports teams, aside from its football squad and swimming and diving team, made the transfer back to the Big Sky after an 18 year absence.

"We're always going to play a really competitive preseason, which we have this year," Buchanan said. "I think obviously with the

Big Sky we're going to be playing a new set of teams where you're not as familiar with them. We're trying to do a lot of research on what those teams are doing, the style of play they play and their players that are coming back that are supposed to be their go-to players."

Buchanan noted that moving back to the Big Sky will benefit Idaho fans and players as its opponents are closer in proximity than in the WAC.

"The one thing that's going to be great though is that we're closer to home," Buchanan said. "I mean, last year in the WAC we had nine teams in nine states. I think the fans will be able to associate with the teams in the West a little bit better than when we were going to New Mexico State or Chicago State. I think that from that standpoint, there's going to be some good rivals that are going to form."

The Vandals welcome six incoming freshmen to the team, and Buchanan said she plans to redshirt at least three of them. Backup setter Sami Parris and outside hitter

Becca Mau are among the two freshmen expected to see some playing time.

"Becca Mau came in and played really high club volleyball," Buchanan said. "She has the experience and can do some things. Sami Parris, the backup setter, is doing a really good job at running that other side, and if she had to jump into a match, I think she could."

Senior middle blocker Alyssa Schultz said it's exciting to have new freshmen on the team to motivate the seniors.

"They bring in more depth to our team," Schultz said. "They bring enthusiasm, they're excited to play and it kind of gives us a fresh start almost having so many of them. They're pushing us to show our experience and pushing us to be the leaders we're expected to be."

Idaho has two senior middle blockers in Alyssa Schultz and Stephanie Hagins that Buchanan said could be the difference if the team has strong passing.

"I think passing is always going to be the

difference," Buchanan said. "We've got two senior middles that are pretty dynamic. I think that if we can get them the ball, push it up there, it's going to open a lot of things up for the style of play that we want to play. I think for this year anyway, we really want to be able to pass the ball. If we can pass, we're going to be able to do some things at a very high level."

Schultz is excited for the upcoming season and expects to finish strong in the Big Sky.

"We have a ton of experience on the court but it's nice to having all these girls come in and add depth," Schultz said. "The freshmen definitely have a chance to compete with us. We do have a lot of experience on the court so I expect this year to be very competitive in the Big Sky."

Idaho will begin regular season action on Aug. 29 against Oklahoma in Gainesville, Fla., for the Active Ankle Challenge.

Conor Gleason can be reached at arg-sports@uidaho.edu

New club sports director a familiar face

Butch Fealy adds "director of club sports" to his job title

Karter Krasselt
Argonaut

With the recent departure of Gordon Gresch, current Idaho Director of Intramural Sports Butch Fealy is stepping in and adding director of club sports to his business card.

Fealy will oversee the many club sports offered at Idaho, as well as maintain his involvement with intramurals. He encourages students to get out and try at least one of the two, whether it's for the athletic or even the social opportunities the programs bring to the table.

"Anybody who is interested in sports or just getting to know a good chunk of the campus community should try intramurals," Fealy said.

The only cost associated with the program is a \$10 per team fee. The process of getting involved with intramural sports usually begins with living groups or even students who simply share the same classes getting a team together for recreational or competitive levels of activity, he said.

"Students can try something new, like our outdoor 3-on-3 basketball, or our traditional flag

football, soccer or ultimate Frisbee. Most of the sports in the fall and winter are men versus men and women versus women, and a lot of the co-ed activities are in the spring," Fealy said. "We'll have entry forms all over the place and online. If someone doesn't have a team but wants to play they can come in and sign up as a free agent and we'll get them on a team. Forms can be turned in to the desk at the campus recreation office."

Fealy is eager to begin his new job as director of club sports, and as with intramurals, he strongly encourages students to get involved. Sport clubs

are teams such as the club baseball team that represent the UI and play other universities in their specific sport. The clubs generally practice a couple of times a week as well as travel and play other teams from around the Northwest, Fealy said.

"You'll see a lot of the teams out at Palousafest (on Saturday) and if you fill out an intro sheet we'll get it to the club president and they can contact you," he said.

Club sports offer a unique chance to build leadership qualities and get to know people with similar interests. The sport clubs receive some money from UI through student

fees, but in most cases they must also fundraise to make up the difference that they need, Fealy said.

Some of the more popular clubs include lacrosse, baseball, hockey, rugby and ultimate Frisbee. There are also some unique outdoor sports such as trapshooting and skiing/snowboarding that students can get involved in. Anybody interested in any of the sports listed above or even starting a new club can contact Fealy or visit him in his office at the Student Recreation Center.

Karter Krasselt can be reached at arg-sports@uidaho.edu

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RECEIVERS

FROM PAGE B1

own. Now, he's expected to land a spot as a starting wide receiver.

McCain had eight receptions for 126 yards and two touchdowns during Idaho's two fall scrimmages. His reaching touchdown catch from quarterback Matt Linehan in the first scrimmage was one of the high-light plays of the day.

Another converted player has the potential to be a breakout player this year as well. Last year, sophomore Richard Montgomery primarily played running back. This year, he will also be catching more passes in the open field. Montgomery's speed and shiftiness make for big play potential.

Idaho needs McCain and Montgomery to live up to expectations to be successful in the passing game. Other receivers like Buck Cowan, Jacob Sannon and Rueben Mwehla also need to step up to add depth.

On the tight end front, Justin Podrabsky and Jared Klingenberg provide leadership as upper classmen and are potential red zone threats.

The potential is there. Now Idaho's receivers just need to step up and take the opportunities given to them in 2014 for Idaho's offense to succeed.

Stephan Wiebe can be reached at arg-sports@uidaho.edu

WINNER

FROM PAGE B1

"We gave them something to work on today," said the 6-foot-3-inch junior from San Antonio. "We really came out hard and showed them that they need to play hard every play ... because when it all comes down to it, that's our o-line."

On offense, Kris Olugbode made his case for the starting running back role. The senior from San Jose, Calif., had an impressive 58-yard run and finished with a team-high 158 rushing yards on 13 carries, with two touchdowns.

Emerging as a potential red zone threat was tight end, Justin Podrabsky. The 6-foot-6, 254-pound senior hauled in two touchdowns from quarterback Matt Linehan. Petrino said the two formed a connection during Sunday night scrimmages last season.

"Anytime the tight end can make plays like that, it really helps the quarterbacks out," Petrino said. "It's kind of their safety valve that they can go to."

With the final scrimmage in the books and the season just under two weeks away, Idaho will now turn its attention toward week one opponent, Florida. The game will be played 4 p.m. Saturday, Aug. 30, in Gainesville, Fla. Vandal fans not making the trip can watch the game on ESPNU or WatchESPN.

Korbin McDonald can be reached at arg-sports@uidaho.edu

Linebacks as strong as steel

Nathan Romans | Argonaut

Junior linebacker Irving Steele does pregame warmup drills with the Vandal linebacking corp. Steele and the Vandals open the season Aug. 30 at Florida.

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*Completely untrue, puns are grape

rawr

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IRVING

FROM PAGE B1

challenge left is getting comfortable with his new home. Idaho and Florida don't share a lot of similarities, but the biggest difference for him — mountains. Steele said he had never seen mountains before moving to Moscow and said that he's ready to go on a hike soon.

"Honestly, football got me here,"

Steele said of his journey to Moscow. "I would never have thought I would be on this side of the country. Football got me here and I'm loving it. I'm meeting new people and it's really humbling, it's changing me and making me a man."

Korbin McDonald can be reached at arg-sports@uidaho.edu

Welcome back students!

Did you know two-thirds (67.4%) of UI students tend to have 4 or fewer drinks when they party?*

1 standard drink = 12 oz. beer = 5 oz. wine = 1.5 oz. liquor.

1 standard drink increases your B.A.C. by .02.

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OPINION



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OUR VIEW

Welcome Vandals

Start the new year off right

There is palpable excitement around the University of Idaho campus this time of year. UI parents shuffle in and out of the Vandal Store, the line to the Vandal Card office stretches down the hall and the Vandal Marching Band can be heard throughout campus performing “Go, Vandals, Go.” For graduating seniors, it’s their

last opportunity to soak up UI traditions before embarking on their careers. For freshmen, it’s the beginning of their Vandal experience and all the anxiety that comes with the first few days of college. The beginning of the school year is a great time to set semester goals and prioritize responsibilities for the next 16 weeks. Students should not be afraid to reach out for help when problems arise. They will most likely find a warm smile and some good advice in return from administrators

across campus. UI has spent a tremendous amount of time and resources establishing various student services. From the Testing and Counseling Center to the Writing Center, school administrators are here to help the students. Freshmen should keep in mind that next week is syllabus week. Professors will hand them out and the wise will read them front to back — keeping them close at hand throughout the semester. Reading the syllabus can be the difference between a passing and failing grade. And while academics are im-

portant, it’s also critical to enjoy life outside the classroom. Get involved in a club, join the Greek system, find a place you feel comfortable — whatever it is, explore your interests and try something new. Find the balance between work and play. Take a night off and go out with your friends. Stay safe and know your limits, but enjoy every moment because these are the times you’ll look back on. Whatever you choose, this is your new home. Welcome back and welcome to the Vandal family. **-RT**

OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

Glad to be back

I love Moscow and I am glad to begin another year of college!
-Aleya

Video killed the radio star

But I’ll survive. Tune in and listen!
-Danielle

Recommendation

Instead of making wild accusations, why don’t we wait for all the evidence to come in? Then we can properly judge the Michael Brown case.
-Andrew

Becoming a local curmudgeon

Why are all the lines at Winco and Walmart so long? Where did all these people come from? Dang college kids.
-Claire

Busy bodies

This year is definitely going to be packed, but I don’t doubt it will be a blast! I suggest all of you get as involved as possible to make this year a memorable one.
-Erin

To quote Kenny Chesney

Life goes faster than you think. I cannot believe I’m starting my final year of college when it feels like just yesterday I was a baby Vandal moving into my dorm room. My goal for the year is to slow down and enjoy it because you only get these moments once.
-Kaitlyn

Freshmen

Just remember that 23 percent of you will drop out before your second year. Good luck.
-Ryan

So much to say

Set goals this academic year and hold yourself accountable to them. If your ambitions don’t make you afraid or nervous, then they are not ambitious enough.
-Amber

Good year for sports in the Northwest

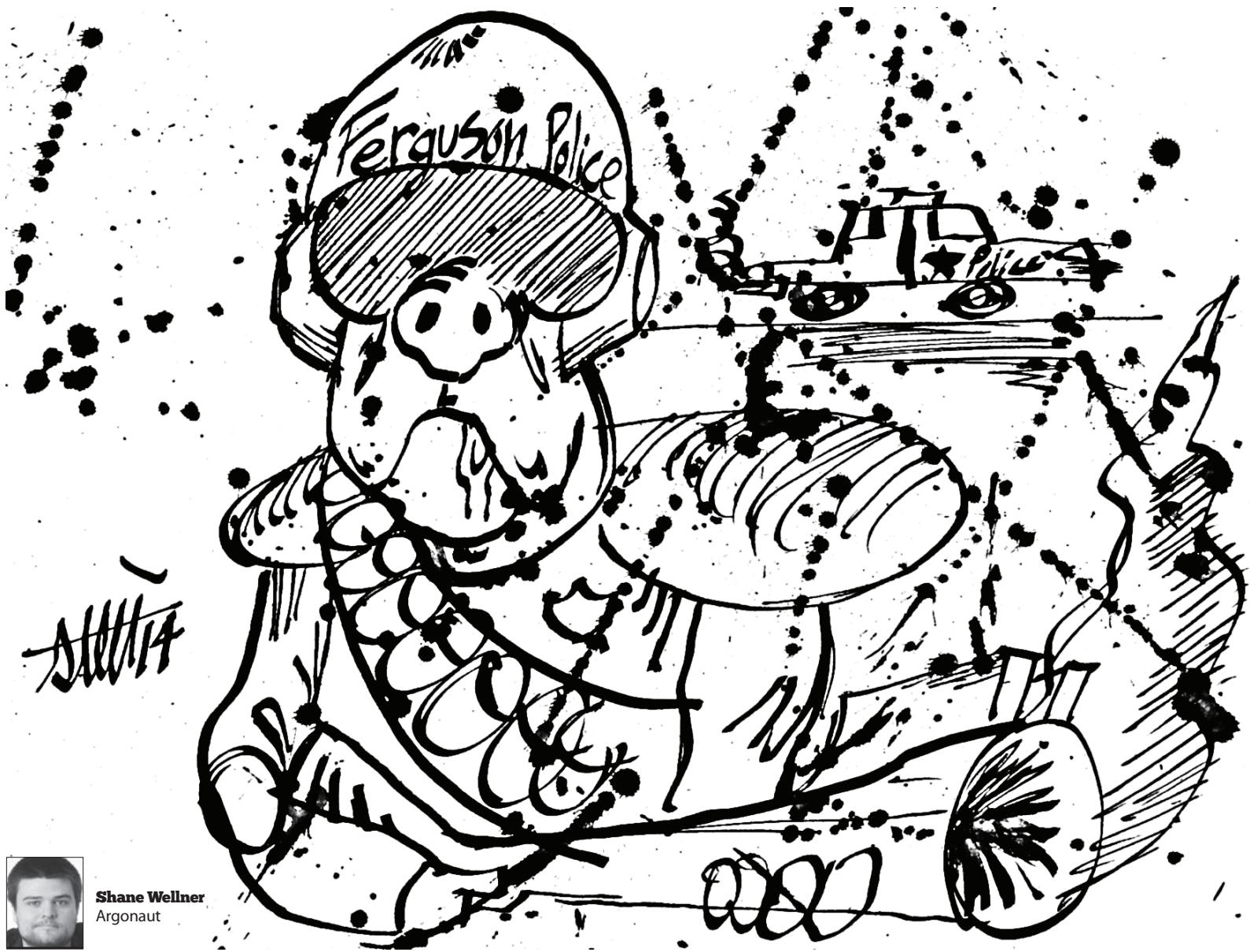
Seahawks win the Super Bowl, Mariners in the playoff hunt — the Vandal football team will catch the winning fever, too ... I hope.
-Korbin

No more WACy teams for Idaho

Excited for Idaho to face some new and more regional competition in the Big Sky and Sun Belt this year. Good riddance Chicago State and Missouri-Kansas City.
-Stephan

Marching to my own tune

I enjoyed spending the day with marching band!
-Daphne



Shane Wellner
Argonaut

Not killing the buzz

Non-drinkers still have a good time



Ryan Tarinelli
Argonaut

I don’t drink alcohol and before you ask, I’m not Mormon. I know it seems odd, especially in a place like Moscow, where alcohol is woven into the

fabric of social life. But for me, the decision not to drink was a personal calculation of risks and benefits.

Members of both my immediate and extended family have had problems with alcoholism, and when I came to the University of Idaho, I made the active choice to not drink.

Yet, what I find more interesting than my alcohol abstinence is the reaction I receive from fellow college students.

In many instances, people of varying degrees of intoxication have taken personal offense to my decision not to drink. They see it as a personal attack on their social habits and a refusal to have a good time. There is the implication that refusing to drink somehow makes me a snob or a prude who is looking to kill the buzz or ruin the party.

To be honest, I can’t really blame someone for thinking this. Refusing to drink has long been attached to religious elitism, and

“

Students must recognize that multiple reasons exist for not choosing to have “just one” shot.

the false notion that sobriety gives one the moral high ground.

Well, it doesn’t. Not drinking does not somehow make me a better or more responsible person.

I love hanging out with drunk people. It’s a good time going to a friend’s house on a Friday night to watch the tough guy in the room sing his heart out to “Sweet Caroline.”

Overall, most people I come into contact with who are drinking understand my decision, and I am grateful to have friends who respect it.

That being said, “Don’t be such a pussy,” and “Just drink one, it won’t hurt,” have been said to me on multiple occasions.

SEE BUZZ, PAGE B10



ANDAL VOICES

Q: What piece of advice would you offer this year's incoming college students?



Hilerie Harris

“Know how your checking account works and keep track of your finances. If you can, get a part-time job for spending money!”

“Have fun in the sun because winter starts in October.”

Anthony Joseph



Angela Easton

“Join clubs related to your degree. Ask your professors how you can get involved with their research. Volunteer. Take every opportunity to go above and beyond just passing the classes. That is what future employers will appreciate and be looking for.”

“Go to class and pay attention.”

Rob Allender



Masen Matthews

“Seriously though, don’t buy your textbooks until you know that you HAVE to have them. Dropping money on a textbook so that it can sit on your desk unopened all semester is the worst.”

SEE VANDAL, PAGE B10

Take a chill pill

Ice Bucket challenge isn't about you

Unless you've lived under a rock for the past month or are immune to the social media takeover, you've seen the ALS Ice Bucket Challenge and you've got a general idea what it's about.

The rules are simple: dump a bucket of ice water on your head or donate to the ALS Association and nominate a few friends to do the same.

While the challenge may seem silly, it's raised \$31.5 million for the ALS Association as of Wednesday. That's compared to only \$1.8 million raised during the same time (July 29 - Aug. 20) last year. It's also got thousands asking a question that's rarely heard, "What is ALS?"

Better known as Lou Gehrig's disease, ALS is a neurodegenerative disease that slowly impedes the brain's ability to initiate control over muscle movement. It progresses quickly and leaves patients paralyzed. There is no cure and the average life expectancy for someone diagnosed with ALS is two to five years, according to the association's website.

So yeah, it's a pretty terrifying disease and it affects thousands each year.

No, dumping a bucket of ice on your head won't solve the

problems of every ALS patient. But that's not the point.

The Ice Bucket Challenge was started to educate and raise research funds for a deadly disease that isn't a top medical research priority. And it's doing just that.

Yet people have already grown tired of the videos clogging their news feeds and have taken to complaining rather than listening.

The ALS Ice Bucket challenge isn't about you and what you find annoying. It's about people like Steve Gleason, a former Washington State University and New Orleans Saints football player, who now sits almost completely paralyzed in a motorized chair from his battle with ALS. It's about people like my childhood soccer coach Mike Sprenger, who has touched more Moscow lives than he knows and is bravely facing ALS daily.

The Ice Bucket challenge is getting people to talk about the disease. It's making them wonder what they can do to help, and it's making a difference in the lives of the people it's truly about. That's what awareness is, and it's working.

You don't have to dump a bucket of ice on your head to make

By the numbers
5,600
people are diagnosed with ALS each year

2 to 5
years is the average life expectancy for someone with ALS

\$31.5
million raised by the ALS Challenge as of Wednesday compared to last year's \$1.8 million

a difference, but you can donate to the cause via the ALS Association at www.alsa.org. If you're one of those who's skeptical of large research institutions, find a way to make a difference by donating to a local home health organization or meal service that can at least make life a little easier for someone you may know who is suffering from ALS.

If you do dump ice on your head, make sure you clearly understand and state what it's for, and if you can, try to donate as well. You're doing this for ALS, not to be apart of a viral web video. This isn't the Harlem Shake.

Whatever you do, don't just sit behind your computer screen and complain because I can say for a fact, you're not helping anyone.

Kaitlyn Krasselt
can be reached at
arg-opinion@uidaho.edu

Pushed to the extreme

Hyper individualism is dangerous to American society

Freedom and individuality are wonderful. Taken to extremes like anarchy or hyper individualism, they are terrifying.

Often, people throw around the phrases "agree to disagree," "that's none of your business," or, a personal favorite amongst liberals, "stop shoving your beliefs down my/our throat(s)." Similarly popular is out-of-context Biblical messages.

It's especially amusing to hear people scream about how Christ forgave the adulteress who was about to be stoned, saying "He that is without sin among you, let him first cast a stone at her," as an example of how Christians must "accept" everyone no matter what. Christ also told that same adulteress to go and sin no more. How very unaccepting of him.

Many Americans today use these tactics to encourage non-judgment and hyper individualism, and they can be difficult to fight.

In the face of these child-like arguments, non-religious

Americans often abide by their nationalistic beliefs in individuality, and Christians struggle with the out-of-context words of Christ. This mentality gives Americans an excuse to live as they see fit, within their own definitions of right and wrong.

All is relative or subjective, including morality and beliefs. If someone dares to say something people don't want to hear — especially those dogged fundamentalist Christians with their absolutes — then by golly, you're a narrow-minded hater who doesn't deserve to voice an opinion.

And so, freedom and individuality have turned into something perverse. Desire has taken the place of good, and that is harmful for free countries like ours.

This form of thinking surrounds us and has even invaded many churches. An example of this came with Ben Abbott and his play "Questions of the Heart," which he performed in Moscow on Aug. 12 and 13. The play examined what it means to be gay and Mormon. Abbott portrayed real gay Mormons he interviewed and

echoed their fondness for the Mormon Church. But, their fondness came as a matter of the self and not truth. Being actively gay was more important to them than following God — and it's certainly more comfortable to live in that regard rather than in the Spirit.

This hyper individualism doesn't just apply to homosexuals. It also applies to every American who believes and tells others they cannot judge them, who says you cannot criticize a woman's choice to abort her child, who believes various words and names should be condemned (i.e. the Washington Redskins' name, the word bossy), who says your opinion is illegitimate because of white privilege, and so on.

Christ or truth no longer matter, especially if they get in the way of our comfort and feelings — and thus we continue to undermine our liberty. No one can criticize, even in an effort to help one's neighbor, because we all live in our little bubbles where absolutes have no meaning and nearly everything can be considered "none of your business." This is a serious matter that we should ponder.

Andrew Jensen
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Andrew Jensen
Argonaut



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PROGRAMS AND EVENTS

- Orange is the New Black - every Monday lunchtime
- Got Sex? - once a month, Thursdays
- Women & Gender Brown Bags - once a month, Tuesdays
- FEMFest - Aug. 29
- The Empowerment Project - Sept. 9
- Take Back The Night - Sept. 18
- F-Word Live! Poetry Slam - Nov. 6

RESOURCES

- Comfortable lounge and study space
- Library, computers and printer
- Kitchenette for students' use
- Vandal Food Pantry satellite location
- Lactation area and baby changing station
- Scholarships
- Friendly, knowledgeable staff

GET INVOLVED

- Women's Mentoring Program
- Credit-bearing internships
- Home base for Women's & Gender Studies
- Service-learning & volunteer opportunities
- Women's Center Blog
- Affiliated Student Groups
- Leadership opportunities

Our mission is to promote and advocate for gender equity on campus and in the community through programs and services that educate and support ALL individuals in building an inclusive and compassionate society. EVERYONE is welcome in the Center!

Argonaut Religion Directory

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Pastors:
Mr. Kim Kirkland Senior Pastor
Mr. Luke Takio Assistant Pastor
Mr. Nathan Anglen Assistant Pastor
960 W. Palouse River Drive, Moscow
882-0674
www.bridgebible.org

RESONATE CHURCH
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The Nuart Theatre
516 S. Main St. Moscow ID
7PM
SUB BALLROOM (U of I campus)
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www.experience resonate.com
[facebook.com/resonatechurch](https://www.facebook.com/resonatechurch)

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9:30 am - Celebration
6:00 pm - Bible Study
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Friday 6:30 pm - Every 2nd and 4th
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10:15am — Sunday Worship & Children's Church
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Email: staugusties@gmail.com

If you would like your church to be included in the religion directory please contact Student Media Advertising at 885-5780.

Health is a choice *Utilize campus resources for maximum benefits*

Decisions surrounding nutrition, sexual health, mental wellbeing, alcohol and drugs influence your long-term health beyond college. For many students, college is a time of transition, from adolescence into emerging adulthood, and can be a time of increased risk taking.

In a 2011 study by the American Heart Association of young adults, nine out of 10 Americans between the ages of 18 and 24 believe they are living a healthy lifestyle, yet most engage in unhealthy lifestyle behaviors that

could put them at an increased risk of stroke later in life. These behaviors include, eating too much fast food, drinking too many alcoholic and sugar-sweetened beverages, smoking, not exercising regularly and eating a diet low in fruits and vegetables.

With all of the day-to-day decisions that college life involves, it can be overwhelming to even think about your future health. However, now is an ideal time to focus on paving the path for a healthy future. The small decisions you make toward develop-

ing a healthy lifestyle today will extend into later adulthood, long after your time at the University of Idaho. This means there is no better time than the present to reach your healthiest potential.

The first step is to be your own health advocate by prioritizing self-care. If you are not at your healthiest mentally, physically and emotionally, it will be difficult to excel academically. Use your resources on campus to help you achieve your health goals.

There are many services on campus with the goals of serving student's health and wellness. Visit the Student Health Clinic on Main Street when you are

struggling with a cold, flu or just not feeling 100 percent. Protect yourself from the flu and meningitis by taking advantage of free vaccinations on campus this fall, hosted by Student Health Services and Vandal Health Education. Take charge of your mental health by connecting with the Counseling and Testing Center on campus, which provides free counseling services to UI students. Get personalized nutrition counseling and individualized meal plans by appointment with the campus dietitian.

Enjoy a variety of outdoor and indoor activities at the Student Recreation Center. Check out the

Vandal Health Education Resource Room in the Student Recreation Center to talk with a peer health educator, receive health information or learn about resources on our campus and in our community. These resources are available to help you be your healthiest and happiest while on campus.

Remember that every small choice you make today toward a healthy mind and body will continue to benefit you in your future. Enjoy the beginning of another exciting semester at the UI. Here's to your health!

Marissa Rudley, MS, RD, LD is the campus dietitian and can be reached at mrudley@uidaho.edu



Marissa Rudley
UI campus dietitian

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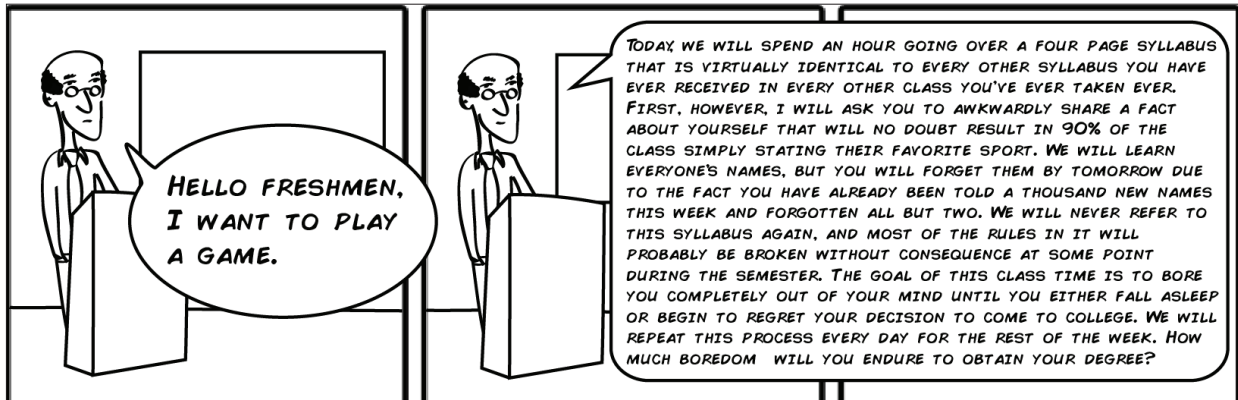
COMIC CORNER

Cloud Nine



Andrew Jenson | Argonaut

Honest Professor



Karter Krasselt | Argonaut

BUZZ

FROM PAGE B7

Students must recognize that multiple reasons exist for not choosing to have "just one" shot. After all, someone has to be the designated driver at the end of the night.

Does this mean I will never crack open a room-temperature Pabst Blue Ribbon or have a glass of boxed wine after a long week? Of course not. But I know when I decide to start it will be because I feel ready and confident in myself to handle the responsibility.

Ryan Tarinelli
can be reached at
arg-opinion@uidaho.edu

VANDAL

FROM PAGE B7

"Don't buy your books until you get a feel for the class!"

Tyler Tennison



"Enjoy your time! College goes by so fast — don't let it pass you by."

Kristin Batsel

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