

# THE ARGONAUT

THE VANDAL VOICE SINCE 1898

uiargonaut.com

Friday, February 13, 2015



Genie Tran | Argonaut

UI students and Moscow community members gather in the Nicolls building Wednesday to attend a meditation class taught by UI psychology professor Jamie Derrick.

## HEALTH

# Sharp relief

Acupuncturists treat locals, healing together

**Jake Smith**  
Argonaut

Moscow acupuncturists have been providing trauma-relief clinics to build bonds between locals and help repair the community in the wake of the January shootings that killed three and left one injured.

Acupuncturists Kameron Schott, Cass McLean and Naomi Brownson administer the clinic, where Schott needles patients' ears to help relieve insomnia, anxiety, depression, irritability and other symptoms common to those who have suffered from feelings of shock and loss, McLean said.

"When a tragedy like (the recent shootings) occurs, you scramble," McLean said. "You look through your toolbox to find what you have to give help, and with acupuncture we happen to have a lot of

really great tools."

The trauma-relief clinics have been in session for four weeks, and McLean said they intend to continue administer them a while longer.

The protocol used in the clinic targets the sympathetic nervous system and organ systems most affected by post-traumatic stress disorder, McLean said.

"After a significant tragic event, some people get stuck in the sympathetic nervous system Fight or Flight cycle," she said. "When your body is in a Fight or Flight mode, your parasympathetic nervous system starts to under-function and you start to experience symptoms like insomnia, anxiety, and depression."

Schott said patients can be relaxed, invigorated or even

SEE SHARP, PAGE 5



Jake Smith | Argonaut

Kameron Schott, a licensed acupuncturist in Moscow, placed five needles in Shirley Murillo-Ulate's ear. Each needle is smaller than a human hair.

## Meditate stress away

UI professor to offer mindfulness meditation classes

**Kelsey Stevenson**  
Argonaut

A University of Idaho faculty member is offering students the chance to escape from homework, class and other responsibilities for 25 minutes a week.

Jamie Derrick, assistant professor in the psychology department, recently began leading free mindfulness meditation sessions from 12-12:25 p.m. Wednesdays in room 012 of the Nicolls Building.

"It's to bring attention to your emotional state," Derrick said. "What does it feel like

in your body? Being aware of your thinking and being slightly distanced without getting too caught up in the emotions and thoughts helps with difficult and painful thoughts."

Derrick said mindfulness meditation is a practice where an individual can use their mind and body to enter a mode of consciousness and feel content. She said practicing mindfulness meditation can help in every aspect of life, including problem solving, increasing test scores, reducing distractibility and increasing overall mood. She also said it leads to a stronger immune system.

Derrick said there are several approaches to mindfulness med-

SEE STRESS PAGE 5

## A helping hand for health

Health coordinator reaches out to students, shares knowledge

**Corrin Bond**  
Argonaut

According to Virginia Solan, coordinator of violence prevention programs, the current University of Idaho Vandal Health Education coordinator embodies the qualities necessary to help students learn about their health — warmth, compassion and the drive to make a difference.

"Health is really something Emily has a passion for and something she loves teaching others about," Solan said. "She just cares so much, and that's essential."

Emily Tuschhoff, who

assumed the position of health education coordinator in the fall of 2014, said she hopes to help students become more actively engaged in understanding their health.

"My ultimate goal is to be in a place where I'm empowering people to make their own decisions about health," Tuschhoff said. "I want to help communities be well, stay healthy and have power over their own choices."

Tuschhoff said when she joined a prevention science research group while completing her undergraduate degree at Washington State University she found her passion for teach-

SEE HAND, PAGE 5

## CITY

# Latah County to reissue same-sex marriage licenses

**Hannah Shirley**  
Argonaut

The marriage licenses issued to the first six same-sex couples in Latah County last fall will not be filed, according to a letter received by the County Clerk's office Jan. 27 from the Idaho Bureau of Vital Records and Health Statistics, said Henrienne Westberg, county clerk.

Westberg said the reason given by the bureau was the stay issued by Gov. C. L. "Butch" Otter halting same-sex marriages in Idaho was effective immediately.

Westberg said she informed each of the couples of the state of their marriage Tuesday afternoon.

"They all took it very well," she said. "They were very understanding, and appreciated that I

had called them, and appreciated that we were sending out a copy of the letter. My main concern was I didn't want them to read it in the paper — that's just wrong."

Westberg said she stands by the former clerk's decision to issue marriage licenses when she did, and said her office would be happy to reissue marriage licenses free of charge to the six couples. Ad-

ditionally, Magistrate Court Judge John Judge agreed to officiate the marriages for free.

Mark McLaughlin, who was among the first six same-sex couples to be married four months ago, said he's hesitant to marry his partner again — at least this way.

SEE MARRIAGES, PAGE 5

## PROVOST SEARCH

# Hearing Hendrey

Second provost finalist visits UI

**Amber Emery**  
Argonaut

The second of five finalists vying for the position of University of Idaho provost and executive vice president will visit campus Friday for an on-site interview and open forum.

Elizabeth Hendrey is currently the acting provost and vice president for Academic Affairs at Queens College, City University of New York. Hendrey's open session will take place at 3:30 p.m. in the Vandal Ballroom of the Bruce Pitman Center, formerly the Student Union Building.

The finalists were announced Tuesday after a national search. Katherine Aiken has been the interim provost and executive vice president



Hendrey

SEE HENDREY, PAGE 5

# Miller on modern education

First candidate talks ideas, innovation

**Ryan Tarinelli**  
Argonaut

While universities are steeped in tradition, innovation will be their future according to Fayneese Miller, a candidate for the University of Idaho provost and executive vice president position.

"If we allow tradition to be the sum total of how we operate, we will miss opportunities to change and to move forward," Miller said, speaking to students, staff and faculty at an open forum Thursday.

Miller currently serves as dean of the College of Education



Miller

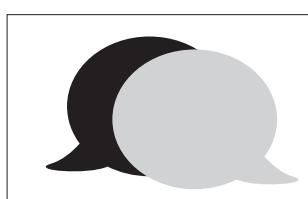
SEE MILLER, PAGE 5

## IN THIS ISSUE



Men's basketball beats Portland State 87-76 Thursday in the Cowan Spectrum.

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Gun permits still needed in Idaho. Read Our View.

OPINION, 9



A real life cupid delivering cookies and flowers.

RAWR



# Campus Recreation


Student Rec Center • Intramural Sports • Outdoor Program • Sport Clubs • Wellness

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|---------------------|---------------|
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| Singles Racquetball | Thurs, Feb 19 |
| Doubles Racquetball | Thurs, Feb 26 |
| 4 on 4 Volleyball   | Mon, Mar 9    |



For more information and to sign up:  
[uidaho.edu/intramurals](http://uidaho.edu/intramurals)

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february 21, silver mt (\$57) includes lift ticket and transportation

**february 28, lookout pass**  
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Student Recreation Center

For more information or to register visit the Campus Rec Office located in the SRC (208) 885-6831

## SRC Hours


..... SRC HOURS .....

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SRC: 11am - 11pm  
CLIMBING CENTER: NOON - 6PM  
NO WELLNESS CLASSES

[uidaho.edu/campusrec](http://uidaho.edu/campusrec)



## Find What Moves You

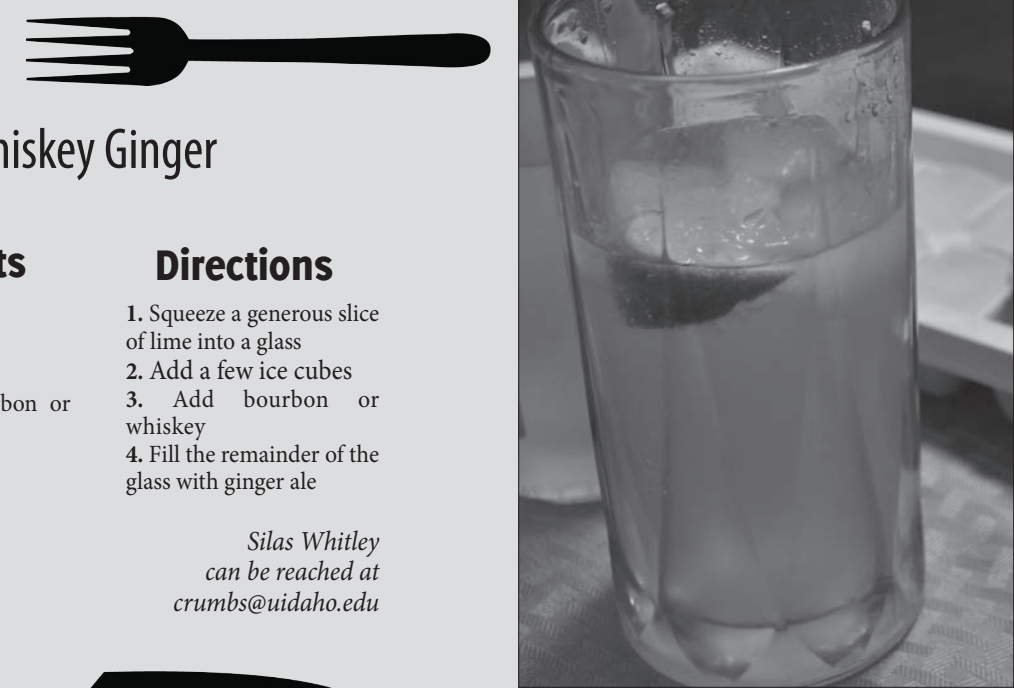


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UI Campus Rec

## CRUMBS

# A Crumbs recipe



## Whiskey Ginger

### Ingredients

- Ginger ale
- Lime
- Ice
- 1.5 ounces bourbon or Irish whiskey

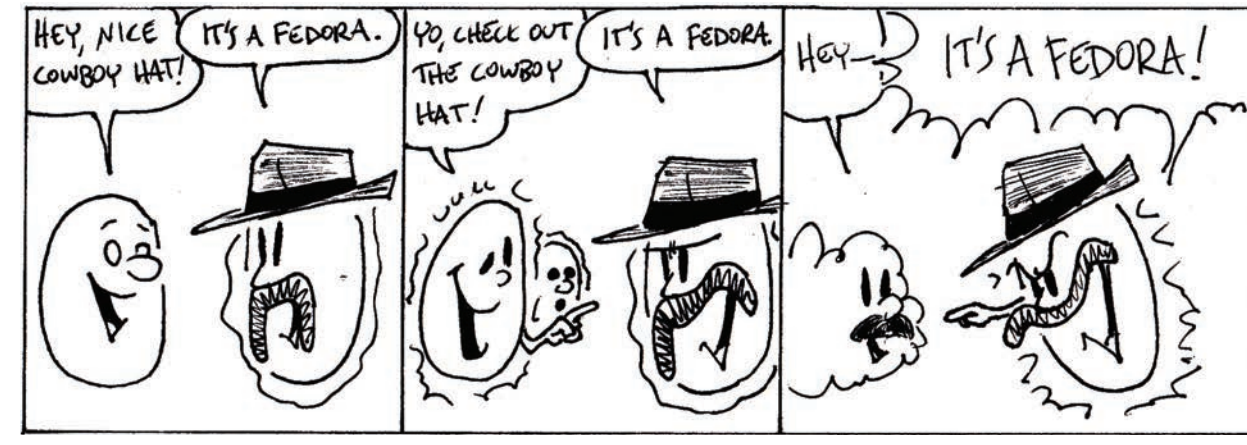
### Directions

1. Squeeze a generous slice of lime into a glass
2. Add a few ice cubes
3. Add bourbon or whiskey
4. Fill the remainder of the glass with ginger ale

Silas Whitley  
can be reached at  
[crumbs@uidaho.edu](mailto:crumbs@uidaho.edu)

Daphne Jackson | Argonaut

## Cloud Nine



HEY, NICE COWBOY HAT! IT'S A FEDORA. YO, CHECK OUT THE COWBOY HAT! IT'S A FEDORA. HEY! IT'S A FEDORA!

Andrew Jensen | Argonaut

FOR MORE COMICS SEE COMIC CORNER, PAGE 10

## CROSSWORD

**Across**

- 1 Flower holder
- 5 Cold one
- 9 Certain colonist
- 12 "Be-Bop-\_\_\_" (Gene Vincent hit)
- 13 Rajah's mate
- 14 LummoX
- 16 Plateaus
- 18 "Do \_\_\_ others..."
- 19 Farm female
- 20 Scatter seeds
- 21 Third wife of Henry VIII
- 23 Leave slack-jawed
- 24 Scout group
- 25 Hazy
- 27 Underclassman
- 30 Plugs
- 31 Music genre
- 32 Welcome site
- 34 Court game
- 35 Go up and down
- 36 Nettle
- 38 B & B
- 39 June honoree
- 40 Soft thin cloth woven from raw silk
- 41 Bionic man
- 44 Antenna
- 45 Great time
- 46 Variety of chalcidony
- 47 Idea
- 51 Make tracks?
- 52 Romania cash
- 55 Eye layer
- 56 Listens in
- 59 Sound of laughter
- 60 Completely botch
- 61 Wish granter
- 62 Dashboard abbr.
- 63 "Let it stand"
- 64 Business V.I.P.
- 11 Dancer's dress
- 12 Devoured
- 15 High rocky hill
- 17 Frowns
- 22 Hankering
- 23 Water collector
- 25 Mustang
- 26 Crackers
- 27 Old Testament book
- 28 Alpha's opposite
- 29 "Bolero" composer
- 30 Greek letter
- 31 Pea jacket?
- 33 Driving need
- 35 Groceries holder
- 36 Oatmeal
- 37 "Idylls of the King" lady
- 39 Sewing materials dealers
- 40 Mountain tops
- 42 Words to a jittery person
- 43 It's found in banks
- 44 Green light
- 47 Trophy
- 48 Walkie-talkie word
- 49 Half-moon tide
- 50 Stretched tight
- 52 Kind of wolf
- 53 "Paradise Lost," e.g.
- 54 Bring into play
- 57 Compete
- 58 Roman title


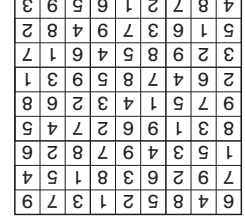
**Down**

- 1 Deli side
- 2 Toothpaste holder
- 3 Building annex
- 4 Old masters
- 5 Muscular
- 6 Dashed
- 7 Cuts off
- 8 Learned, in a way
- 9 Graduates
- 10 Faux pas

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## SUDOKU

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|---|---|---|---|---|---|---|---|---|---|---|---|
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| 4 | 7 |   |   |   |   |   |   | 5 | 9 | 3 |   |

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## Corrections

Find a mistake? Send an email to the editor.

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The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office on the Bruce M. Pitman Center third floor.

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The Argonaut welcomes letters to the editor about current issues. However, The Argonaut adheres to a strict letter policy:
 

- Letters should be less than 300 words typed.
- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, label and clarity.
- Letters must be signed, include major and provide a current phone number.
- If your letter is in response to a particular article, please list the title and date of the article.
- Send all letters to: 301 Bruce M. Pitman Center Moscow, ID, 83844-4271 or [arg-opinion@uidaho.edu](mailto:arg-opinion@uidaho.edu)

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Non-profit Identification Statement: The Argonaut, ISSN 0896-1409, is published twice weekly during the academic school year and is located at 301 Student Union, Moscow, ID 83844-4271.

The Argonaut is printed on newsprint containing 24-40 percent post-consumer waste. Please recycle this newspaper after reading. For recycling information, call the Moscow Recycling Hotline at (208) 882-0590.



GREEK

# Greeks address risk

*Greek speaker talks drinking behaviors, lowering risks*

**Graham Perednia**  
Argonaut

College can be a time of exploration and discovery, said Lori Hart, a keynote speaker for CAMPUSPEAK. She said college should not be a time of recklessness and unnecessarily risky behavior.

CAMPUSPEAK is a nationwide provider of educational speakers and workshops. Hart, Director of prevention education for the national Pi Kappa Phi fraternity, has been with CAMPUSPEAK since 1999 and specializes in sorority and fraternity life and campus drinking cultures.

Hart spoke at a seminar Monday where University of Idaho Greek chapter presidents, risk managers, social chairs and chapter advisers learned about ways to reduce risks while still having a good time.

Risk management is important to the Greek community because it keeps the charter open, Hart said. It prevents Greek members from getting alcohol poisoning or going to jail. It also prevents a Greek organization from getting sued.

"At the end of the day, the word I use is 'safety,'" Hart said.

Hart has a Ph.D. in higher education from Georgia State University and is an active volunteer in the nation's Greek community. She was in a sorority when she was an undergraduate student and now

speaks to fraternities and sororities about some of her experiences.

Years ago, when one of her fellow sorority members was the subject of a disciplinary hearing, Hart said the subject was behavior. Now, she said the subject of many contemporary issues is what an individual posts on social media — the risky behavior is still there, but it is not being addressed, Hart said.

"Are we addressing the behavior, or are we monitoring social media?" Hart said.

One of the riskiest activities is drinking, according to Hart and a majority of students at the seminar agreed. Not every event put on by a fraternity or sorority has alcohol, yet she said it's still a major part of college life and should be consumed safely.

Hart said in order to combat some of the risks of drinking at parties, people should bring their own alcohol and check it into a storage area when they arrive — or a third party vendor should be hired to provide the alcohol to people who are over 21 years old. She said doing this would allow people to know exactly what they are drinking and how much alcohol is in each drink.

Hart said the problem is not alcohol, but instead that men and women have a fear of talking to the opposite sex without alcohol.

"(Men and women) are always going to socialize together," Hart said. "(You) are scared to death to have a conversation and get to know each other without alcohol."

The environment and the people in the environment dictate



CAMPUSPEAK presenter Lori Hart speaks to greek housing leaders during the Risk Management Training event Monday in the Bruce Pitman Center Vandal Ballroom, formerly the Student Union Building.

drinking and interpersonal behavior, Hart said. If a party is full of people who like to drink just to get drunk, then more people at the party will drink excessively, which she said is a classic example of peer pressure.

"Our behaviors are the results of our beliefs," said Marty Anderson, chapter adviser for Lambda Chi Alpha.

In order to prevent drinking

from becoming a problem, Hart said she suggests Greek members host an event and come up with activities to break the ice without the use of alcohol.

"Y'all have gotten pretty damn lazy creating environments where the only thing to do is get drunk," Hart said.

At the end of the day, it all comes down to risk management, Hart said. If a fraternity or sorority

follows the rules and makes sure everyone is safe at the events, it will go a long way toward solving some of the problems the Greek system faces.

"We have a lot of problems in fraternities and sororities," Hart said. "There is a lot we can do in this community to focus on safety."

Graham Perednia can be reached at [arg-news@uidaho.edu](mailto:arg-news@uidaho.edu)

DIVERSITY

# V-Day a different way

*UI Women's Center to host play Any one of Us: Words from Prison*

**Emily Mosset**  
Argonaut

Seventeen years ago, a feminist playwright launched the first V-Day campaign to demand an end to violence against women and girls.

Now, many years later, the movement is stronger than ever — even at the University of Idaho.

While UI hosted the award-winning play for many years in celebration of V-Day, this year will be different.

The UI Women's Center will convey the expressions of fierceness and honesty of women who experienced violence in their life by hosting a production of "Any One of Us: Words from Prison," another play written by Eve Ensler, the creator of "The Vagina Monologues."

Bekah MillerMacPhee, assistant director for programs at the Women's Center, said while she recognizes the importance and prominence of "The Vagina Monologues," it was time for the community to try something new.

"All of the characters in this play have experienced violence before they went to prison," MillerMacPhee said. "It's more fierce and raw."

The show started Thursday, and will con-

“

All of the characters in this play have experienced violence before they went to prison.

**Bekah MillerMacPhee,**  
Women's Center assistant  
director of programs

tinue to be held at 7 p.m. through Saturday in the Bruce Pitman Center International Ballroom, formerly the Student Union Building. Tickets are \$8 for students and \$10 for the general public.

V-Day promotes events like Any One of Us to raise money and renew the spirits of existing anti-violence groups while bringing more attention to fighting violence against women and girls, MillerMacPhee said.

Proceeds will go to organizations that help aid V-Day's mission to end violence against women and girls. Alternatives to Violence of the Palouse, which is also supporting the V-Day event, is the main recipient of the fundraiser. Other sponsors of the event include the Office of the Dean of Students, Planned Parenthood of Greater Washing-

ton and North Idaho, the Martin Institute, Moscow Wild Art and Provost and Executive Vice President Katherine Aiken.

Ensler's process of writing Any One of Us came from visiting a women's prison in New York, MillerMacPhee said. It was there she interviewed women about their experiences with violence in prison. She led the incarcerated women through a series of writing workshops, producing the pieces that would later form the play.

To make this production more significant to the Moscow community, MillerMacPhee and director of the Women's Center, Lysa Salsbury, contacted Latah County Probation Services to extend an invitation to any woman or girl who served time in Latah County to submit pieces like the monologues Ensler made into the play. Two women sent in their works, MillerMacPhee said, so two of the nine actresses will portray women from the community.

The cast and crew include nine actresses, directors Meg Licht and Samantha Opdahl and stage manager Samantha Hansen.

The nine women were chosen after the directors held open auditions in Shoup Hall in October. Rehearsal for the play started in November and the team of women have been working to perfect the show since then.

Licht and Opdahl said when she first began to work on the play, she wanted the final showing to be performed in a "round," which means the audience would surround the performers on all sides. Opdahl said the performance would be more intimate in this arena.

"Because of the sensitive material in the monologues and because of the fact that these are real people's words, these are real experiences," Opdahl said. "It adds an intimacy that kind of breaks down the barriers around these sorts of situations and it puts the audience in the thick of it and it helps to make them really aware of what's going on."

Licht said she hopes audience members will be emotionally touched by the stories the actresses will share.

"All these stigmas that we put on convicts or people that are incarcerated are based on a lot of bad stereotypes," Licht said. "That they are violent and angry, drug user and all these things that aren't necessarily inherent within a person, but brought about by circumstances that are not in their control ... so just more of a tolerance and understanding, and definitely not a pity, but a sympathy."

Emily Mosset can be reached at [arg-news@uidaho.edu](mailto:arg-news@uidaho.edu)

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University of Idaho

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Kenworthy Performing Arts Centre  
508 South Main Street Moscow

Running time 100 minutes. Rated R.

Sponsored by: Office of Multicultural Affairs & Black Student Union

For more information please contact the Office of Multicultural Affairs at 208.885.7716, [oma@uidaho.edu](mailto:oma@uidaho.edu) or visit our website at [www.uidaho.edu/oma](http://www.uidaho.edu/oma).



## IDAHO LEGISLATURE

# Fueling benefit funds

Bill introduced to cope with rising costs of UI employee health benefits

George Wood Jr.  
Argonaut

BOISE — An Idaho Senate committee voted unanimously Thursday to introduce a bill to curb a \$6 million increase in a support account tied to University of Idaho employee health benefits.

The balance for the university's reserve and surplus account has been determined using the same equation since UI began self-funding the medical, vision, dental and pharmaceutical benefits offered to its faculty and staff in 2008.

According to UI Legislative Liaison Joseph Stegner, who brought the proposal to the legislature, a bill passed in 2013 will change the calculations used to determine the amount going into the reserve and surplus account, and the change will mean a

sharp increase in costs to the university.

"On July 1st of this year, because of the 2013 bill, the University of Idaho is faced with having to increase our reserve surplus balance to over \$9 million, an increase of over \$6 million," Stegner said. "That's money we have to find elsewhere in the system to sink into an account that we can't use for any other purpose, unless we terminate the plan."

Sen. Roy Lacey, D-Pocatello, moved to unanimously give the proposal a hearing within the committee.

The original model, Stegner said, calculated the balance of the reserve and surplus account by recording the number of incurred claims that had not been paid out by the university. This model would be replaced by another method of calculation July 1, if the 2013 bill goes into effect without adjustment.

If Stegner's proposal passes and the original

reserve and surplus calculation are reinstated, Stegner said the account is estimated to retain about \$3 million of university funds.

"Over the past several months, we've had discussions with the Department of Insurance ... They have expressed to me that they do not plan to oppose this bill," Stegner said. "Likewise, we have had discussions with key legislators and modified our request here based on their input and we are unaware, at the moment, of anyone opposed to this option."

He said multiple options are available should the proposal get shut down, such as drafting other proposals to present before the legislature or UI switching its employees over to a state health insurance plan.

Stegner's proposal was approved by the State Board of Education Wednesday. Stegner and UI General Counsel Kent Nelson, Director of Budget Keith Ickes



George Wood Jr. | Argonaut

UI Legislative Liaison Joseph Stegner proposes legislation Thursday that would curb a \$6 million increase in a support account tied to UI employee health benefits.

and Vice President Ron Smith drafted the proposal.

In accordance to state law, university self-funding employee health benefits are required to maintain a reserve and surplus fund that pays any residual claims if a university decides to terminate

its self-funded health plan in favor of a more traditional health insurance plan.

Stegner said UI is the only public post-secondary institution in Idaho that chooses to self-fund employee health benefits. He said this was because self-funding proved

to be more cost effective for UI than insuring through the state, which is the route Boise State University, Idaho State University and Lewis-Clark State College took.

George Wood Jr. can be reached at [arg-news@uidaho.edu](mailto:arg-news@uidaho.edu)

## FACULTY SENATE

## Addressing faculty appeals *UI general counsel's role in process draws discussion*

Katelyn Hilsenbeck  
Argonaut

University of Idaho Faculty Senate members discussed concerns regarding the Faculty Appeals Hearing Board process Tuesday, following a presentation by Sarah Nelson, the board's chair.

The Faculty Appeals Hearing Board (FAHB) is in place to advise UI President Chuck Staben in instances where faculty members disagree with institutional decisions, Nelson said.

Nelson said the process for making appeals and the hearing itself is concerning to some faculty.

"There's a feeling when faculty come to the FAHB ... that we're somehow an arm of the university upper administration," Nelson said.

The point of concern among many was centered on how involved UI's general counsel is in the hearing processes.

Three particular points of concern Faculty Senate members addressed were where legal counsel are seated in hearings, who can be

present at the deliberative process and how the report is presented to Staben.

Nelson, who has been a member of FAHB for three years, said the seating arrangements for legal counsel have differed over the years. Nelson said typically, UI General Counsel Kent Nelson represents the FAHB panel during the hearing and UI Senior Associate Debra Ellers represents Katherine Aiken, UI provost, who presents the administration's point of view.

"I think that there seems to be a lot of lawyers in the room," Nelson said. "The person who's bringing the appeal sort of feels like the only person that doesn't have their lawyer."

The seating arrangement for the counsel was brought into question, suggesting seating the counsel in a secondary row to suggest their advisory position so it doesn't appear as though there are lawyers stacked against the faculty member.

Aiken said the counsel should be put in the front because of the role they play in the hearing. The counsel provides notes, keeps

time and is available for questions during the hearing.

"If they were sitting behind us, they couldn't do any of that," Aiken said.

Nelson questioned the necessity of having counsel present at all.

"I feel there could be more distance between the way the faculty hearing board proceeds and the counsel's office," Nelson said.

Nelson said appeals hearings take about two hours and are followed by private deliberation of the panel. UI Counsel is only present if questions arise, which she said does not happen often.

Don Crowley, faculty secretary asked why a representative from UI was allowed to enter and present opinions during deliberation if a representative for the faculty member was not.

Allan Caplan, Faculty Senate member, said inviting UI Counsel into the room could bring into question how much influence the counsel had on the board's decisions.

Nelson said it might be favorable for

the FAHB hearing process to not involve counsel in its current format.

When it comes time for the board to provide advice to Staben, Nelson said the panel does not have rules about a majority or unanimous decision, but rather the board writes reports to reflect how the panel felt. The written report of their thoughts is then delivered to Staben's office.

Faculty Senate members discussed having a representative explain the FAHB's advice to Staben in person. Caplan said someone from the counsel or an ombudsman would be logical choices.

"Your perception of a case when it's presented to you in person versus reading a two to three page report is different," Nelson said.

Crowley said if it is determined there are necessary changes needed for the FAHB policy, committees would draft the changes and present them to Faculty Senate.

Katelyn Hilsenbeck can be reached at [arg-news@uidaho.edu](mailto:arg-news@uidaho.edu)

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**SHARP**  
FROM PAGE 1

tired for the rest of the day following treatment. McLean said she knows some people are afraid of needles, and it's usually the people who have only been exposed to shots and intravenous (IV) techniques. Victoria Seever, a member of the Moscow community since 1968, said the auricular acupuncture treatment sent a pleasant, tingling, electric sensation through her body. McLean said she uses stainless steel needles that are thinner than a human hair and 10 of the needles could fit inside a hypodermic needle.

Schott said bleeding and bruising doesn't normally occur at the point of insertion, but are possibilities. She also said she has yet to see a patient receive needle shock, where in rare circumstances the patient can pass out from treatment. McLean said, overall, acupuncture reduces inflammation in the body, boosts the immune system, reduces pain, releases endorphins in the brain and affects the nervous system — both the sympathetic and parasympathetic portions. She even said acupuncturists can reset the nervous system. Schott said acupuncture activates bodily systems that might not be functioning optimally.

In terms of how quickly pain relief occurs, McLean said acupuncture depends on several factors including the type of pain, pain severity and the age of the person. "You can walk in with pain and walk out and never have the pain again," McLean said. "It can be that powerful, but it's really dependent on the person and how functioning they are when they come in." McLean said she tells her patients the full effects of the treatment will activate within 24 to 48 hours. Schott said this type of medicine is believed to have originated in China. Acupuncture was part of an overarching branch

of medicine including meditation, Chinese herbs and nutrition. Schott said acupuncture hasn't been practiced in the U.S. for long, and to her understanding, acupuncture was starting to be well known in the West around the time when President Richard Nixon was in office. Schott trained at the Oregon College of Oriental Medicine in Portland, Oregon, where she received her master's degree. McLean received her Master's of Science in Acupuncture and Oriental Medicine from Bastyr University. *Jake Smith can be reached at arg-news@uidaho.edu*

**HAND**  
FROM PAGE 1

ing others about the importance of health. "I joined this group, and the research we conducted really opened my eyes," Tuschhoff said. "There are so many health problems people face going into adulthood, and I thought to myself, 'Wow, it would be amazing if we could prevent all of these future issues before they even start.'" Although Tuschhoff coordinates the health education program, she said the program would not be where it is today without its student staff members and interns. "While I'm the coordinator, this is really about the students,"

Tuschhoff said. "They're the ones who come up with new ideas to reach students, the ones who really put all the pieces of this program together to make it a success." Tuschhoff said through the development of the health education program she has seen the value of peer education. "It's more effective to have students out there interacting with their peers to help them make their own decisions," Tuschhoff said. "I work with the peer educators to discover new methods of reaching out to students that will help them become more engaged." Solan, who first met Tuschhoff during a Green Dot facilitator training session, said she is

amazed by what Tuschhoff has done with the health office's peer educator program. "Emily has taken our fledgling peer health educator program and done incredible things with it," Solan said. "She is getting students excited about their own health and encouraging them to reach out to others ... It's really great work." Solan said she views the health education program as something that will aid students in all walks of life. "What Emily does is so foundational to our students being successful," Solan said. "An understanding of health and how to make good health-related choices is something that will serve students in their aca-

demical and personal lives." Marissa Rudley, UI campus dietician, works under Student Health Services in addition to the Vandal Health Education program. She said Tuschhoff is expanding the program to be more diverse. "It's a great program to provide resources for students on campus, and Emily has a lot of good ideas on how to expand it," Rudley said. "She's building the program to cover a diverse range of health issues like sexual and mental health." Rudley said Tuschhoff also aims to partner with other departments that focus on alcohol consumption and nutrition to create a more holistically inclusive program. Tuschhoff said she hopes the

Health Education Resource Room will one day serve as a safe place where students can feel comfortable asking questions about their health. Although the program is still young, Tuschhoff said she has hope for the future development of the health education office and its peer educator initiative. "The peer educators and I are constantly working to improve this program and find new ways to reach out to students," Tuschhoff said. "I'm so grateful to be a part of this program ... I feel like what we're doing here is really making a difference and we're heading down the path to empower students." *Corrin Bond can be reached at arg-news@uidaho.edu*

**MILLER**  
FROM PAGE 1

and Social Services at the University of Vermont and has held the position for a decade. She is one of five finalists vying for the position at UI. Miller said she is attracted to UI because of its land-grant mission of providing students with a quality education. "Part of our mission is to create opportunities for all of our students, regardless of their economic background, that resonates with me," she said. Miller said she is also drawn to UI because of its focus on research and the goal of growing enrollment. "I want to be a part of some-

thing that is building, something that is growing," she said. Like Vermont, Miller said Idaho has a difficult time convincing high school students to continue their education into college. She said UI should focus on increasing conversion to grow enrollment and recommended connecting with K-12 partners throughout the state to close the bridge. While Miller said growing instate enrollment is important, UI should look toward recruiting students from outside of Idaho as well. Miller said higher education institutions face challenges at the national and state level, and will need to analyze its operations to succeed. On the national level, she

said federal funding for science in higher education has dropped at the detriment to universities. "Funding is going down," Miller said. "The amount of money those agencies are receiving is a lot less than we need in order to do the kind of research, scientific research that we need on our campuses." Taking questions from the audience, Miller said she has a strong commitment to diversity and placed a high priority on hiring diverse candidates at her college. As a faculty member at Brown University, Miller was the director of the Center for the Study of Race and Ethnicity in America and chaired the univer-

sity's Affirmative Action Monitoring Committee. "I strongly believe in the importance of diversity for making an institution stronger than it already is," Miller said. Taking a question from a staff member, Miller said staff members play a critical role in the quality of an institution, and should be represented in faculty governance. "I tell my staff all the time, 'I can't do my job without them, and neither can the rest of the faculty,'" Miller said. "We need staff." To connect with new students, Miller said UI should continue to invest in distance education and train professors on how to navigate an online classroom. She

said universities like UI have to compete with for-profit universities on the web. She said UI should strive to have a strong presence in this market. Miller's presentation received a warm response from John Mangiantini, manager for employer relations and communications in the Career Center. He said Miller had a good grasp on the issues affecting the university and would be a positive contribution to UI President Chuck Staben's cabinet. "I think she just gets it," Mangiantini said. *Ryan Tarinelli can be reached at arg-news@uidaho.edu*

**STRESS**  
FROM PAGE 1

itation, and the sessions will vary from week to week. Derrick said she hopes everyone will at least give meditation a try. UI student Carlie Beasley attended Wednesday's meditation class and said she will definitely return for another session. "It was really awesome," Beasley said. "I didn't really want to come out of my little Zen moment. I feel good ... I'll come back for sure." The class is free and drop-in, so no experience is required. Although Derrick said mindfulness meditation requires consistent practice, she wants people to come when they can and not feel pressured to come every week. At Wednesday's session, Derrick asked participants to put themselves in a comfortable but strong position, relax and close their eyes. Derrick facilitated the session by asking participants to focus on their breathing and notice how the air was moving through their nose and lungs. She also asked participants to notice different parts of

their body, specifically where there was tension or discomfort. The point of these sessions, Derrick said, is to direct attention to what's happening in a participant's body and mind. Derrick asked participants to notice when their minds wandered to anything other than their breathing, and to gently bring their attention back to breathing. After the Wednesday class that filled the classroom, Derrick said she thought everyone being together and meditating together created a beautiful and comfortable experience. "It looked like people were really benefiting and participating," she said. UI student Eve Weston also attended Wednesday's class, and said she really enjoyed the session. "I think anytime you can come and pay attention to right here and right now, it's a really valuable moment," Weston said. "I think it helps out the whole community, too, when you're taking care of yourself and you can be a more mindful person all the time." *Kelsey Stevenson can be reached at arg-news@uidaho.edu*

**HENDREY**  
FROM PAGE 1

since 2012, after former provost Doug Baker accepted an offer as the president of Northern Illinois University. Hendrey has a 26-year tenure with Queens College, working her way up from assistant professor to dean of the College of Social Sciences, to her current interim position. Hendrey received a bachelor's degree in economics from Princeton University, where she graduated cum laude and moved on to Duke University to attain her master's and doctorate in economics. Throughout her career, Hendrey served in visiting professorships at the University of North Florida, Hamilton College and the University of North Carolina, among others. She even spent a year abroad as a visiting fellow for the

University of Essex in the United Kingdom. At Queens College, Hendrey held nearly 10 different positions over the years and served the college in leadership roles for the last 15 years. Hendrey continued to work on projects throughout her tenure, including founding the College of Social Science's Dean's Young Professional Program, leading the Queen College's Strategic Development Plan and expanding international partnerships with countries such as South Africa, Japan and Brazil. In her most recent leadership positions, Hendrey increased enrollment, hired many tenure and tenure track faculty and oversaw multimillion-dollar budgets. *Amber Emery can be reached at arg-news@uidaho.edu*

**MARRIAGES**  
FROM PAGE 1

"I feel like if we got remarried, it would invalidate our first ceremony," McLaughlin said. "In our eyes, we're still married." McLaughlin said he and his partner, Jeffrey Dodge, associate dean of the University of Idaho College of Law, have been in contact with the other five couples in Latah County affected by the bureau's decision. McLaughlin said together, they will weigh their options before moving forward. "It seems like there are three options," McLaughlin said. "There's the ideal — which is to just fix it — pursue legal action, or let it go and get remarried." Westberg said she will continue to keep lines of communication open with the bureau to find out why it took so long for her office to be notified, why the bureau will not file the licenses and what other options the couples have. *Hannah Shirley can be reached at arg-news@uidaho.edu*

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# SPORTS



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## Hill leads Vandals

*Hill doesn't miss 3-pointer in second half of Idaho win*

**Korbin McDonald**  
Argonaut

Idaho already gave Connor Hill his own T-shirt giveaway night, but after his performance against Portland State Thursday, the school might want to give him his own bobble head.

After he went into the second half with just eight points and his team down two, the senior from Post Falls, Idaho, found his shot in the second half as he didn't miss any of his six 3-point attempts.

Hill finished with a team high 28 points and led the Vandals to an 87-76 victory over the Vikings.

"If I make three, four or five in a row, I kind of want to shoot another one," Hill said. "I think some of them are maybe not great shots, so I need to be careful of that, but if I make a few in a row, I'm looking to shoot it again because I got the flame."

Hill might have made the shots, but he gave credit to his teammates for finding him when he was open.

"I don't know what it was, but I feel like my teammates were very unselfish tonight," Hill said. "Finding me off screens and just looking for me, so that was great."

With the victory, Idaho improved to 10-12 overall and 5-6 in conference competition. The win also jumped the Vandals two spots in the standings from eighth to sixth place.

Thanks to a loss at Eastern Washington, Sacramento State now comes to Moscow Saturday as the conference's second-best team.

Conference standings didn't come up in the Vandals' locker room when they trailed by two at half, Idaho coach Don Verlin said.

The Vandals held a 12-point lead early in the first half, but Portland State battled back with eight first-half 3-pointers.

"It was an important game because they were ahead of us in the standings," Hill said. "They came all the way back and were up two at half, which was kind of surprising because we let another lead slip ... We did a good job after half, just coming out and making a run and getting stops on (defense). It was a good team win for us."

Verlin said the team talks about what they need to do better, and in this case, it was keeping up the tempo and playing better defense. The Vandals opened the second half with a 12-4 run and never trailed again.

"We felt like they were gasping for air a little bit," Verlin said. "We wanted to keep the pressure on them best we



The Chicago Boyz Acrobatic Team performed during the half time show Thursday evening at the men's basketball game in the Cowan Spectrum. They also did a thirty minute show following the game. Idaho won 87-76.

could. They were trying to pressure us, we were trying to attack their press."

The Vandals have struggled to hold leads late in games this season and a big reason for that is missed free throws. Against Portland State, Idaho went 16-of-19 from the charity stripe.

"There's a lot of basketball to be

played, we got seen more games," Verlin said. "What we gotta do is take one game at a time, one opponent at a time and if we take care of what we're suppose to do, we'll be fine."

*Korbin McDonald can be reached at arg-sports@uidaho.edu*

## Sports briefs

### Football roster loses 19, adds two players

The departure of quarterback Chad Chalich was well-known around the Idaho community, but he's not the only player from last season's football roster who had eligibility left and isn't on the current 2015-2016 roster. Including Chalich, 19 players from last season's team are absent from the latest Vandal roster. The reason why some of these players were left off is unknown. A full list of the athletes no longer on the roster can be found at thevandalnation.com.

Also worth noting, wide receiver Dezmon Epps, who was dismissed from the team prior to last season for violating team rules, looks to be back on the team. Not only is Epps on the current roster, he also appears to be enrolled at UI. Epps was a Biletnikoff Award finalist in 2013 after finishing the season with 79 catches for 980 yards.

Another name Vandal fans will be glad to see back on the roster is Chris Edwards. The safety from Detroit, Michigan, left the team for unknown reasons after he played in the first five games last season. Prior to his departure, Edwards led the team with two interceptions.

### Hunt chasing Olympic dream

Former Idaho diver Paige Hunt, a 2014 graduate and former WAC Diver of the Year, is continuing her career on the diving board by pursuing her dream of competing in the Olympics. Hunt competed in the USA Diving National Championships in the 1-meter dive Dec. 16 in Columbus, Ohio. She finished 22nd overall in the country with a score of 229.90 and just missed the top 8 cut by 24 points.

"My goal is to reach my potential and to see how far I can go

with diving," Hunt said. "I'm not only learning how to dive, but to be a better coach. Some day, I would like to be a Division I coach later down the road. My ultimate goal is to compete in the Olympic Trials. My coach here in Arizona is pushing me outside my comfort zone to achieve my dreams."

### Cross country earns honor

The U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) announced its Division I Scholar Teams of the Year for the 2014 cross country season last Thursday and both the Idaho men's and women's teams received recognition. The women's team had a collective GPA of 3.7, which was tied for 14th among NCAA Division I schools. The men's team had a collective GPA of 3.07.

"I'm proud of both the men's and women's team for getting it done in the classroom," Idaho coach Tim Cawley said. "That is a big part of the culture here at the University of Idaho — we would like to keep that going."

### Barr named Academic All-District

Senior guard Stacey Barr of the Idaho women's basketball team was named to the Capitol One Academic All-District Team by the College Sports Information Directors of America Feb. 5. Idaho is in District 7 with schools from Colorado, Idaho, Kansas, Montana, Nebraska, New Mexico, Oklahoma, Texas and Wyoming. Barr maintains a 3.47 GPA while studying exercise science and health and leads the Big Sky in scoring, averaging 20.4 points per game. She is also Idaho's all-time leader in 3-pointers made — a record she broke earlier this season.

## WOMEN'S TENNIS

# Heavyweights

*Idaho opens Big Sky play with the 13-time champions*

**Joshua Gamez**  
Argonaut

Last season, the Idaho women's tennis team ran through the WAC, claiming both regular season and conference tournament championships and punching their ticket to the NCAA Tournament.

That was where the winning ended as they were defeated in the opening round by USC in Los Angeles — a team that eventually advanced to the third round before being knocked off by Georgia.

This year is an entirely different season though. The Vandals no longer compete in the WAC as they now compete in the Big Sky, but they proved they are just as strong as ever.

After a disappointing season-opening loss to Washington State, the Vandals rattled off three straight wins, all in convincing fashion. They lost to the Cougars to start last spring as well, but then went on an 11-match winning streak to start their season.

Idaho coach Mariana Cobra said the team talks a lot about its long winning streak last season and despite it being

“This is our first year in the Big Sky, so we have heard of Sacramento State winning for the last 13 years, but we haven't seen them.

**Mariana Cobra, coach**

an entirely different conference, they feel they can hang with anybody.

But now Idaho shifts its focus to its first Big Sky match of the season and the Vandals couldn't have asked for a tougher opponent. Friday, they travel to Sacramento to take on the Sacramento State Hornets — the preseason favorite to win the conference.

"This is our first year in the Big Sky, so we have heard of Sacramento State winning for the last 13 years, but we haven't seen them," Cobra said. "So being able to see the technically best team in the conference in the first match is huge."

SEE HEAVY, PAGE 8

## OPINION

# Bigger than football

*Petrino honors scholarship, shows class on signing day*

National Signing Day came and went for Idaho and the rest of the college football world, but as many people have heard by now, coach Paul Petrino and the Vandals did something extra special for a certain recruit.

Jace Malek, a full-back from West Valley High School in Spokane, was diagnosed with Ewing's Sarcoma bone cancer just a week before signing day. Despite this news, Petrino kept the scholarship offer for Malek and he signed with the Vandals.

The diagnosis means Malek could potentially never play a down for Idaho, and it's almost certain he will miss his entire freshman season. The 2-star recruit began chemotherapy treatment this month.

There have been cases of football players with Ewing's Sarcoma persevering and coming back to football. Former Boston College linebacker Mark Herzlich had the same cancer as Malek, and after being diagnosed with it his senior season, he was able to come back, play in the NFL for the New York Giants up until this year and even win a Super Bowl along the way.

Petrino's commitment to Malek speaks volumes to the type of coach he is and how he wants the football program to be run. We have seen how little patience he has when it comes to off-field troubles. Just ask Dezmon Epps, who was dismissed from the team over the summer for violating team rules before being added back to the roster this spring. Honoring Malek is a just another example of the

type of culture Petrino is bringing to the team.

It would be easy for Petrino or any coach to tell Malek they cannot honor his scholarship due to the unfortunate circumstances, but this is clearly not how Petrino operates — at least not the Petrino at Idaho.

Bobby Petrino, the older brother of Paul and current Louisville coach, only further hurt his reputation this signing day by doing the opposite of his brother. Running back Matthew Colburn from South Carolina was told just two days before signing day his scholarship at Louisville was being pulled. Reportedly, it was Louisville linebackers coach Tony Grantham who pulled the scholarship, but obviously it wouldn't have happened without Bobby's say-so.

Bobby Petrino used to coach at Idaho as the quarterbacks coach and offensive coordinator from 1989-1991.

SEE BIGGER, PAGE 8



**Ben Evensen**  
Argonaut



## WOMEN'S GOLF

# Big expectations

Idaho women's golf No. 1 in Big Sky Preseason Coaches Poll

**Garrett Cabeza**  
Argonaut

Sometimes, the new kids on the block have a tough time earning the respect of their peers.

However, this is not the case for the Idaho women's golf team as it transitions from the WAC to the Big Sky Conference. The Vandals are the pre-season favorite to win the Big Sky Championship according to the conference's pre-season coaches poll. The Vandals finished second at the 2014 WAC Championship.

"That's a great honor to be chosen by the coaches to be viewed as the best team," Idaho coach Lisa Johnson said. "We are the best-ranked team in the conference, so it's not surprising. However, it's still nice to be recognized."

Often, high pre-season rankings put pressure on teams, but Johnson said she doesn't believe this will happen for Idaho.

"We're proud of it," Johnson said. "We don't see it as pressure at all.

It's exciting to be the best-ranked team."

Idaho earned eight first-place votes and 118 total points, while defending Big Sky champion Portland State finished second in the poll with four first-place votes and 114 total points.

Johnson said Portland State is a very good team and has been good for many years.

"They'll give us a good run for our money at the conference championship, especially if their No. 1 player A Ram (Choi) is healthy," Johnson said. "She's the No. 1-ranked player in the conference."

Johnson said Idaho senior Leilani Kim is ranked No. 2 in the Big Sky.

The Vandals begin the spring season Sunday when they compete at the Texas State-hosted Delta Gamma Challenge in New Braunfels, Texas. Johnson said the teams will play 36 holes Sunday and 18 Monday.

"We're one of the higher-ranked teams in this field as well, so

it'll be a good test for us to see how competitive we are, right out of the gate," Johnson said.

Johnson said the mild winter allowed Idaho to practice effectively, so she hopes it translates to a faster start to the spring season than in previous years.

"It's always interesting to see how we come out of the winter," Johnson said. "Fortunately, we've had very good weather this year, which has allowed us to practice very effectively, so I look forward to watching us come out of the gates a little bit quicker than we have in recent years."

Johnson said Idaho's starting five golfers for the Delta Gamma Challenge will be Kim, senior Kaitlyn Oster, junior Kristin Strankman, sophomore Amy Hasenoehrl and freshman Kendall Gray.

In 2014, Kim won the individual WAC Championship and was named WAC Player of the Year. Johnson said all eight



File Photo by Hannah Sandoval | Argonaut

Sophomore Amy Hasenoehrl and senior Leilani's Kim practice in the indoor putting room at the UI Golf Course on Feb. 19, 2014. The 2015 Idaho women's golf team enters the season ranked No. 1 in the Big Sky. The Vandals open the season Sunday at the Delta Gamma Challenge in New Braunfels, Texas.

Idaho golfers have improved since the fall.

"Kassidy (Long-Goheen), Mary (Sweeney) and Cassie (McKinley) have taken the most drives I would say over the course of the off-season," Johnson said. "It's exciting to see everyone

elevate their game to try to propel us to the conference championship."

The Vandals led the conference in average strokes per round with 298.39 in the fall season. Idaho's highlight of the fall season came in October when

the Vandals won the New Mexico State Aggie Invitational by 10 strokes over second-place Boise State. Oster finished in a three-way tie for first place at the invitational by shooting a three-round, 10-under-par 206.

Idaho competes in four invitationals this spring before competing in the Big Sky Conference Championship April 19-21 in Chandler, Arizona.

Garrett Cabeza can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu)

## TRACK &amp; FIELD

## Last chance to qualify

Track and field to compete in final meet before indoor conference championships

**Stephan Wiebe**  
Argonaut

Unlike the WAC where only a handful of teams competed in indoor track and field, the Big Sky features 12 teams with players vying for spots in the conference championship meet.

With so many teams in the conference, the last weekend before the championship meet is the last chance for athletes to sneak into the top 16 or get qualifying times and marks for the Feb. 26-28 Big Sky Championships.

The Vandals will compete at the Husky Classic Friday and Saturday in Seattle. The meet, hosted by Washington, will feature some of the best teams from around the country. Some of the more represented conferences are the Big Sky, Mountain West and Pac-12.

"We're just kind of getting into the main peak for the season, so it's just nice to give

them an opportunity and go out and see what they can do," Idaho coach Tim Cawley said. "It gives us a better chance to secure some different spots in the conference and helps us set up and see how potentially we want to enter people for the conference championships."

For Idaho, the main focus of the meet will be getting qualifying times and marks for the Big Sky Championships. Cawley said there are multiple Idaho athletes on the brink of being eligible for the championship meet, but other teams also have several players trying to get into the meet as well.

"Right now, I think we have the chance to get some good kids to go to conference," he said. "We already have a few in good positions and we'll kind of see how this weekend goes. See how it gets shaken up."

One Idaho athlete already in a prime position in conference play is jumper Emmanuel Panchol. The senior from Khartoum, Sudan,

currently ranks No. 1 in the conference in the triple jump and is tied for No. 5 in the conference in the high jump.

"We're looking really good, practices are going very well," Panchol said. "We're confident, so that's the best thing to have when you're going into competition. The coaches support us, lift us up, get us ready mentally and physically, so I'm really happy about that."

Panchol said he enjoys learning from an Olympic-level coach this season. Cawley coached Olympian Janay DeLoach to a bronze medal in London in 2012.

Another Idaho athlete in a good position heading into this weekend is thrower Ana Pardo. The sophomore from Madrid, Spain, currently sits at No. 5 in the conference in the shot put — two spots behind teammate Adara Winder.

"I'm thinking I can make finals," Pardo

said. "I know it's going to be hard. I'm going there thinking I know they can throw a little bit more than me, but I just want to be focused on me and know that I can do it."

As he's been saying all year, Cawley said this season is a process. He won't know who all will be competing in the conference meet until the Husky Classic is over.

"As much as you can look at past results and things, sometimes you just got to go through the year and get it figured out from there," Cawley said. "Every conference is a little different, so you're preparing for it or you're trying to optimize your schedule and season ... When we're done with the season we'll see how we prepared things, set things up and try to figure out if there's a way to optimize our opportunities better next year."

Stephan Wiebe can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu)

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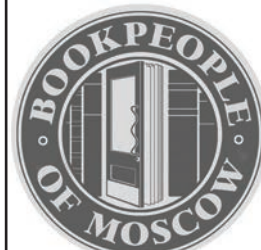
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## SWIM &amp; DIVE



Nate Mattson | Argonaut

Sophomore swimmer Mia Goodwin dives into the pool Wednesday at practice. The Vandals' next meet is Saturday against Utah.

# One more before WAC

*Idaho faces Pac-12 Utah in regular season finale*

**Garrett Cabeza**  
Argonaut

Postseason swimming and diving is almost here. The WAC Championships, where Idaho finished second last season, begin Feb. 23 in San Antonio.

But before Idaho makes the trip to Texas, it must first focus its attention on Utah. The Vandals finish their regular season at 8 a.m. Saturday when they battle the Utes at the UI Swim Center.

"I think they're going to be really good," Idaho coach Mark Sowa said of Utah. "They've swum well this year."

Sowa said the Utes have improved a lot since coach Joe Dykstra took over the program.

"Joe's a second-year coach there," Sowa said. "He did a tremendous job at North Texas and the Utes have gotten much, much better since he's been there."

Utah is the second straight Pac-12 team Idaho will compete against. The Vandals lost to Oregon State Jan. 31 in Corvallis, Oregon.

"It's nice to swim up in conference sometimes and the Pac-12 you can make

an argument is the best swimming conference in the country," Sowa said. "SEC might argue against that, but it's pretty darn good."

The Idaho swim team enters Saturday having won two out of its three meets since coming back from winter break. The Vandals beat New Mexico State and Grand Canyon at home, but fell to Oregon State on the road.

The Idaho swim team enters Saturday with a two-week break from competition. The Vandals competed against New Mexico State, Grand Canyon and Oregon State in three straight weeks.

Sowa said his team needed the break between Oregon State and Utah for a couple reasons.

He said one reason was illness spread throughout the team. The other reason, he said, was because the Vandals are in their final stretch of the season and they needed the rest after three duals in three weeks.

Saturday will be the last time the Idaho seniors compete against another team at the UI Swim Center. Idaho already had its Senior Day by honoring its seniors in its last home meet against Grand Canyon.

Jamie Sterbis was one of those honored on Senior Day. Sterbis is a junior, but she is graduating this year, so she may not

be back next season. Sterbis said it's not setting in that this may be her last meet at home.

"I can always come back and swim in it and I can always come watch," Sterbis said of the UI Swim Center. "But I think what's going to really be shocking is the last meet at WAC because when am I ever going to go to San Antonio and swim again? Never."

Sowa said the seniors have meant a lot and he thinks of them as one unit.

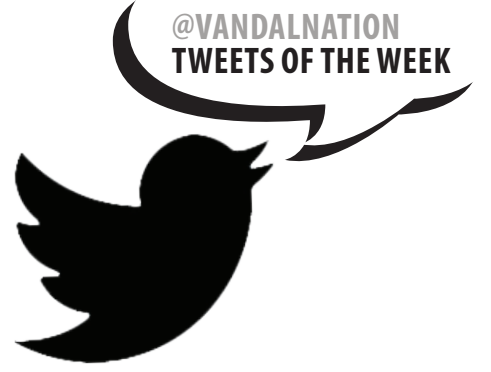
"They're just seven wonderful women who have done so much for this program over the last four years," Sowa said. "They are going to be missed, but that's the beauty of college athletics. You leave your mark. You take ownership of a team and then there's always somebody new to come along."

Sowa said the seniors have strong character, are competitive, have gotten better every year and have stuck together.

"They are seven very different personalities," he said. "But again, when I think of them, I think of them as a group because of what they've brought to the table for us. They are true Vandals."

*Garrett Cabeza can be reached at arg-sports@uidaho.edu*

@VANDALNATION  
TWEETS OF THE WEEK



@maxxforde

As you can tell from my last RT, I have accepted an invitation to the @CFL Combine. For my full statement,

check out <http://www.facebook.com/MaxxFordeFootball> ...!

**-Former Idaho defensive end, Maxx Forde who is currently training in Arizona for the possibility of a professional football career.**



@MattLinehan\_10

315 pg book to read and write a book report on by Thursday and then another book report due the week

after that #collegeizfun

**-Vandal quarterback Matt Linehan enjoying the college grind.**



@IdahoTickets

This Thursday there are halftime and post-game shows by the Chicago Boyz. Check them out

here: <https://www.youtube.com/watch?v=AO4isW65aHc> ... #GoVandals

**-The Chicago Boyz came to Moscow to perform their act at the Vandals vs Portland State basketball game Thursday night.**



@JoeyESPNalouse

Nearly 20 players aren't on the roster for the #Vandals. Does that concern you?

**-Local ESPN radio host Joey Jenkins asking the question most Vandal fans are pondering.**



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**-Idaho women's basketball on how ESPN SportsCenter ran a story on Idaho recruit Jace Malek who recently found out he has cancer.**

## HEAVY

FROM PAGE 6

The feeling of winning the WAC last year is still fresh in the minds of the Vandals, which could help going into the conference portion of the schedule.

Senior Beatriz Flores said the match will be a great chance to test their skills against the top team in the conference. Cobra said despite the conference switch, the Vandals still have their sights set on one goal — the NCAA Tournament. But before the tournament, first they need to win the conference.

"The girls talk about winning the Big Sky every day," Cobra said. "That is what we go to bed every day wanting to do and I think before we get to the tournament,

we gotta make sure we make it to the tournament. We talk about being a competitor in every match, whether it is conference or nonconference."

Even if it is an early season matchup between the preseason No. 1 and No. 3 teams in the conference, it could be a great tone-setter for the season, Cobra said.

The Hornets stumbled early this year, as they started the season 1-4, but if the last 13 years are any indication, they are familiar with a championship pedigree.

"I think we are prepared," Cobra said. "We have done everything we are supposed to do, so hopefully it puts us in a good spot."

*Joshua Gamez can be reached at arg-sports@uidaho.edu*

## BIGGER

FROM PAGE 6

2007, he famously left his job as the Atlanta Falcons head coach after a rough 3-10 start to his first season in just Week 14 to take the coaching job at Arkansas.

Later, Bobby was dismissed from Arkansas after he had an affair with his assistant, according to an investigation.

Case in point, after these two bad incidents Bobby now is getting slammed again for pulling Colburn's scholarship, all while his brother Paul honors one for a student with cancer. Colburn signed with Wake Forest after the debacle with

Bobby and Louisville.

The honoring of the scholarship also helps the school and program as a whole. For the first time in a long time, the University of Idaho and its football program were broadcast all throughout national media for a very positive story.

Despite the cancer, Malek will now get a chance to be a part of a college football program on scholarship. Petrino cannot be praised enough for honoring Malek's scholarship and with it he brings a needed positive light on the school and football team.

*Ben Evensen can be reached at arg-sports@uidaho.edu*

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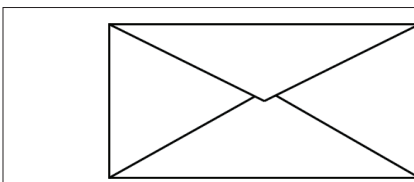
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food for thought from the argonaut

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# OPINION



Write us a 300-word letter to the editor.

ARG-OPINION@UIDAHO.EDU

OUR VIEW

## Permits needed

*Idaho should require concealed carry permits for state residents*

Last week, the Idaho House State Affairs Committee voted to move a bill to the Idaho State Legislature that could allow Idaho residents to carry a concealed weapon without a permit.

The bill, introduced by Idaho Second Amendment Alliance President Greg Pruet, would make it legal for any person over 21 years old to carry a concealed weapon in the state of Idaho.

The bill does not change the standards of eligibility for possessing a firearm. So felons, people with other criminal backgrounds, histories of mental illness, substance abuse, illegal immigrant status and other qualifiers still would not be permitted to carry a weapon.

The bill also warns that this is

a state-by-state issue, and federal and state laws differ, so people carrying weapons could still be prosecuted for those violations. There also remain some restrictions on when and where concealed carry is permitted, if the bill is passed.

Despite the fact the bill does not change who is eligible to carry a concealed weapon, passing "Constitutional Carry" would make it near impossible to regulate who carries concealed weapons in the state. The bill increases the chance that people who should not be handling firearms — be it because they are unstable, a convicted felon or simply haven't been properly trained to handle weapons — will be carrying them in public places and no one will know.

Permit-less open carry is already legal in Idaho, and as Idaho Code pertaining to concealed weapons is written currently, there are exceptions already in place that allow people to carry

concealed weapons in certain places without a permit, such as in a person's home or personal property. Changing the law to allow permit-less concealed carry everywhere only creates a more dangerous and unsettling state for everyone.

In addition, many Idahoans have already put in the effort to obtain a concealed carry permit. Eliminating the requirement for a permit would negate the value of the time and money many people spent on obtaining a concealed weapons permit in the first place.

The process to obtain concealed weapons permit requires a certain amount of training, meaning those who have obtained the right to concealed carry in public spaces are — in theory — trained and competent in handling weapons. So, requiring a permit makes those who handle weapons less of a threat to the safety of society because they are trained in proper gun

handling. Removing the requirement for a permit eliminates the requirement to be trained in properly using a weapon. Legislators in support of the "Concealed Carry" bill say it seeks to "align Idaho laws with the true meaning of the Second Amendment." This implies the existence of a permit requirement infringes on people's right to bear arms.

The thing is, it doesn't. Requiring that people go through brief background checks and a training class does not restrict people who could otherwise have weapons from doing so, it simply makes them safer.

This bill undermines the purpose of firearms training. In a time when gun violence is particularly rampant, training to carry a weapon — as well as the ability to verify that training — can only be a good thing.

—EB

### OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

#### Jon ... not John

I could really get behind a Stewart/Colbert/Fey/Poehler combo. This is probably just wishful thinking, but still.

—Kaitlyn

#### France

You were in the New York Times twice on Wednesday. One for having teachers teach nationalism to students. The second for sex parties and a high ranking official. #gofrance

—Claire

#### It's a secret

I wish I could indulge you in my Valentine's Day plans but my fiance won't tell me what they are. I am either going to go on a super date and will be blown away, or he has nothing planned and I am going to give him the silent treatment for a while.

—Amber

#### Kayla Mueller

Praying for her family. I really don't know what to say, except that it's frightening that her death was confirmed via a private message to the family from ISIS. Come, Lord Jesus.

—Andrew

#### Jon Stewart

I think the most disappointing thing about the news of Stewart leaving The Daily Show is the fact that now we'll never get his take on the 2016 presidential election. It was going to be so good. Why, oh cruel world, why?

—Erin

#### Rickie Weeks

So the Mariners signed Rickie Weeks. Now, along with Robinson Cano, the Ms have the two second basemen that I idolized in high school. Granted Weeks will hardly see his old position, still pretty cool.

—Korbin

#### Valentine's nay

The most complained about "holiday" of the year. If you're happy being single, why do you feel the need to poop on everyone else's party? The complaining on social media gets more ridiculous every year.

—Stephan

#### Love troubles

I know it's Valentine's Day this weekend, but Oregon Gov. Kitzhaber's love is sure causing him problems.

—Katelyn

#### Karaoke vs. school

I spent Wednesday night singing at CJ's with my Dad. I might regret that choice when I get Thursday's test back next week, but even so, it was absolutely worth it.

—Daphne

#### Yes

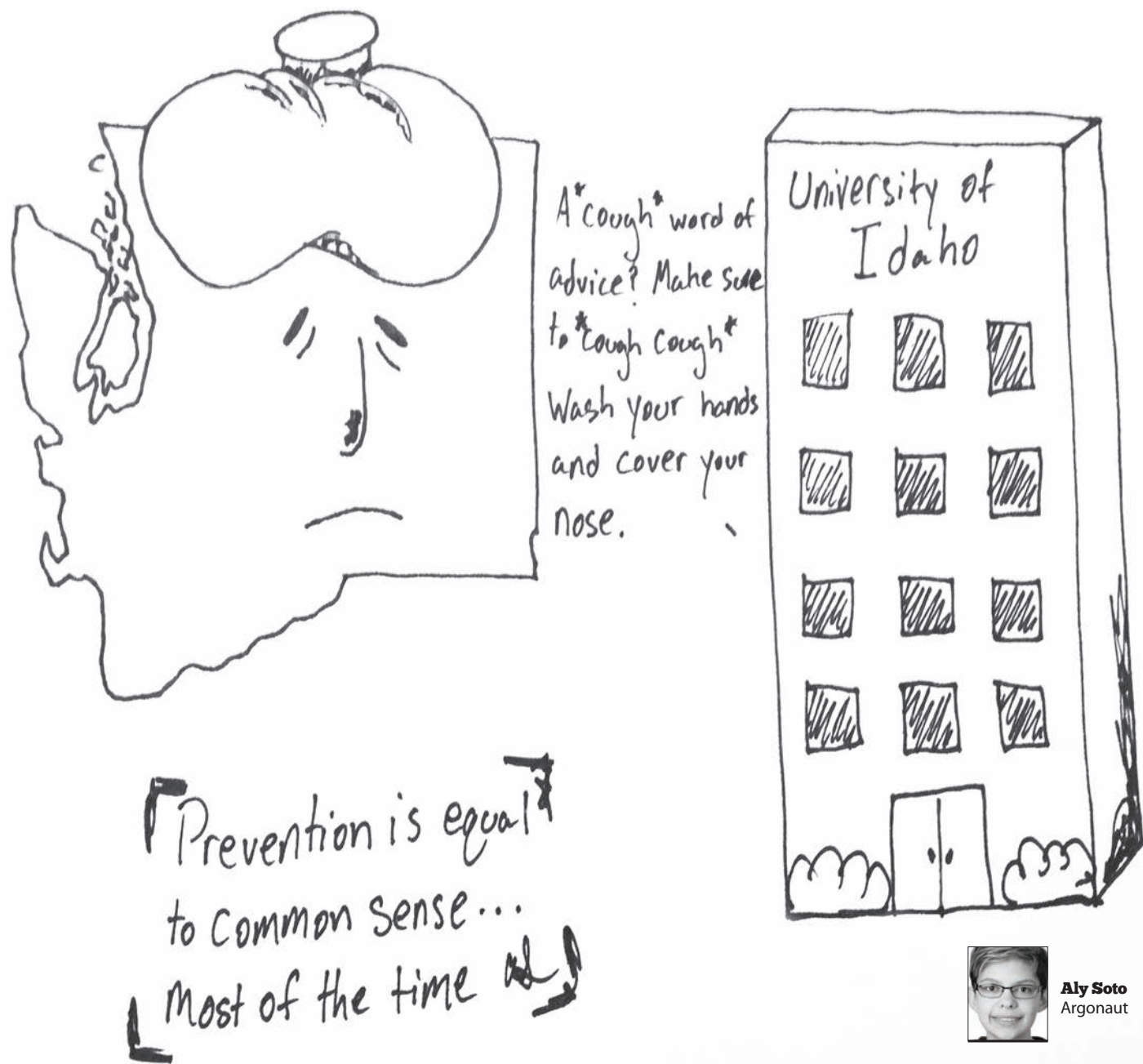
Going to see Herbie Hancock and Chick Corea in Seattle over spring break. Should be a great time to see two masters at work. I wonder if they will play "Spain?" #jazzjokes

—Ryan

#### Honesty hour

I hucked a horse once. Just once.

—Jack



Aly Soto Argonaut

## From awareness to action

*It takes more than a T-shirt to end sexual assault*

### Q&A



Max Cowan Argonaut

Answers to questions regarding university policies, procedures and student life

**Question: I've been hearing so much about sexual assault on college campuses, and I'm wondering what these campaigns are all about?**

Sexual assault has been getting a lot of attention lately, especially with President Barack Obama pushing for college campuses to adopt the "It's On Us" Campaign

for the past year.

Campaigns like this one are designed to promote awareness about sexual assault and help change the college culture contributing to the statistic of one in four women who will be sexually assaulted during their college career.

These campaigns are great at making us come together and feel better about what is happening around us. Through signing a pledge, we feel like we are in this together, working toward ending sexual assault.

Unfortunately, these campaigns don't go far enough. It is unreasonable to think liking a Facebook page or wearing a T-shirt will really change people's attitudes and beliefs. This doesn't mean these campaigns serve no purpose, however.

They are a fantastic first step in getting individuals involved in important issues. But to pretend signing a pledge will single handedly end sexual assault does more to hurt the cause than help it.

Looking at the facts of sexual assault, we see what steps we need to take beyond building awareness. The majority of perpetrators of sexual violence are repeat offenders. These offenders average six rapes or attempted rapes each. A huge challenge is ensuring these acts of violence do not go unpunished.

To move toward more perpetrators facing repercussions, we need to make sure we have knowledge about the process of reporting sexual assault. This is more than just raising awareness about the issue itself, but the specific knowledge of who to go to when an assault occurs.

While reporting these crimes to the Dean of Students Office or the police ensures an investigation will take place, many survivors of sexual assault are wary of this path. There are many resources available for survivors for confidential advice and counseling. Students can learn more about these resources through the Violence Prevention Programs at uidaho.edu/vpp.

Further, we have the power to help prevent sexual assault. Most sexual assaults involve alcohol, making parties fertile ground for sexual assault. In these settings, we have the opportunity to be active bystanders, intervening when we see something concerning. Programs like Green Dot train individuals to recognize these warning signs and provide the skills necessary to intervene.

Awareness campaigns only go so far. We have to be sure we don't grow complacent by thinking these are a solution to the problem of sexual assault.

They are a fantastic first step and are absolutely necessary for getting more students to recognize our shared responsibility in ending sexual assault. From awareness comes action, and it is this transformation from passive understanding to active intervention that will help end the problem of sexual assault.

Max Cowan can be reached at arg-opinion@uidaho.edu



# Passionate activism

Telling the discrimination my family and I have endured is far too easy.

My siblings and I were multi-racial children adopted by a lesbian couple living in a small town in Idaho. We thought we were beautiful, but at some point, I found out the world felt a little differently.

I got into activism because I am a minority within a minority. I never liked the term "minority," but the fact is I am a black woman with an equal sign tattooed on my wrist representing my lesbian mothers. I am short and round and talk too much about racism, sexism and homophobia.

I can't tell you much about my first pride parade in Boise — I was 8 years old and burning up in the summer heat — but I watched with intent and came to understand what people were talking about years later.

Making a difference is all I really wanted, so I took every chance I had. I would write poetry often, got involved in plays and even challenged the school board's idea of protecting LGBTQA students.

I became an activist by standing up for my parent's equality, but developed my activism by getting out of my small town. In the past 2 years at the University of Idaho I have learned more about the LGBTQA community than I ever have before. I've read stories of people in the Civil Rights Movement whose names were never mentioned in my history books.

Feminism had never sounded so interesting to me. The fact

that there are so many people who cringe at the word has made me want to dig deeper at what feminism means to me. What does social justice in general even mean to me?

"The Vagina Monologues" have helped start my activism here at UI. I met so many wonderful people who deserve equal opportunity and equal rights.

The Women's Center, Black Student Union, Gay Straight Alliance (GSA) and Feminist Leadership and Movement to Empower (FLAME) are some of the groups at UI that have opened me up to the possibility of making a change. The people in these groups have given me personal stories of the discrimination they've been through and listed the reasons they protest today. They have given me history lessons about what their families went through and why they are here today.

The community in Moscow made me want to change things for the better. Getting involved with as many things as possible means I get the chance to grow into a more understanding and open person.

If history and political classes have taught me anything, it would be that if everyone was afraid, nothing would get done. No progress would be made.

Activism is the policy or action of using vigorous campaigning to bring about political or social change. I want to be this change, and I want to make a difference.

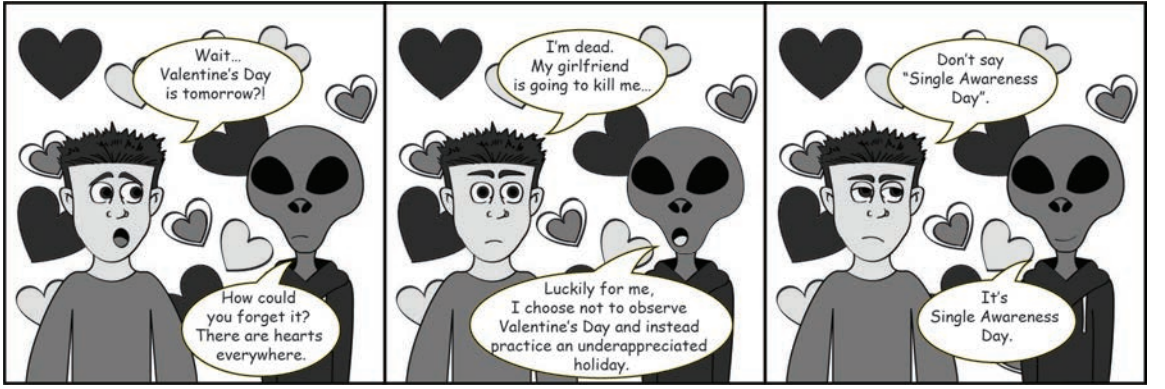
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Jessy Forsmo-Shadid Argonaut

# COMIC CORNER

## College Roommates



Aly Soto | Argonaut

## The Honest Professor



Karter Krasselt | Argonaut

## Senka Black



Samantha Brownell | Argonaut

# Gun bill protects natural right

'Constitutional Carry' bill is commendable, needs stronger statement of purpose

When it comes to the right to defend oneself, Idaho has been on the ball. Last year, it was allowing guns on college campuses. This year, it's the "Constitutional Carry" bill, aka HB 89, which was introduced to the House State Affairs Committee Feb. 5.

The stated purpose of the bill is to "align Idaho laws with the true meaning of the Second Amendment such that law abiding citizens may carry concealed weapons without a permit." While this bill would extend to all law abiding citizens who are at least 21 years old, it would still require residents to obtain

enhanced conceal carry permits to carry on college campuses. The bill would also not extend to those barred from firearms possession.

The citizens of Idaho, conservatives and liberals alike, should rejoice at the bill's introduction and pray it becomes law. States need to lead the fight to preserve the people's right to self defense — i.e. making bills like HB 89 law — especially as the people of this nation have grown timid about guns and left themselves open to various forms of gun control.

However, the bill's statement of purpose certainly could have been stated better. It's clearly try-

ing to get to the Second Amendment's roots, but it doesn't quite make it, relying too heavily on the amendment itself. While there is nothing wrong with referencing the Second Amendment, it isn't the Alpha and Omega of gun rights.

That is to say, even if the Second Amendment didn't exist, the right of the people to keep and bear arms still would. We do not possess the right to arms because of the amendment, but rather because we are human beings endowed by our creator with certain inalienable rights.

The Second Amendment is the protective shield of an inherent right — self-defense. Natural law informs us of this right, just as it

informs us of the right of free expression and practice of religion. When a human being attacks another, the victim has the right to fight back. Weapons make this task more effective and less life threatening for victims.

The problem with quoting the amendment alone is that Americans are unsure of its meaning. Without further explanation, the amendment is merely a set of words that can mean just about anything.

People have argued quite effectively that "well-regulated militia" references the right of state police or the National Guard to keep and bear arms, despite U.S. Supreme Court rulings like 2008's District of Columbia v. Heller. Many Americans forget the well-

regulated militias of the Founders' day were not comprised of police or military personnel, but of ordinary citizens who owned guns. It was because of those guns a revolution against Britain was even possible.

Instead of harping on the Second Amendment, the statement of purpose should have been re-worded to demonstrate the bill's reinforcement of the people's natural right to self-defense, as explained in the Bill of Rights. Granted, this rephrasing would likely do little to change minds, but it certainly would have made a stronger and more concrete case for the bill's existence.

Andrew Jensen can be reached at [arg-opinion@uidaho.edu](mailto:arg-opinion@uidaho.edu)



Andrew Jensen Argonaut

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Mass in Spanish: 2nd & 4th Sunday of the month.  
Phone & Fax: 882-4613  
Email: [stauggles@gmail.com](mailto:stauggles@gmail.com)

**St. Mark's Episcopal Church**  
All are welcome. No exceptions  
Sundays: 9:30 am Holy Eucharist, 5:00 pm CandleSong - Taizé style chants & quiet (1st - 3rd Sundays), 5:00 pm Welcome Table Alternative Worship (4th Sunday), 5:00 pm Evensong - In the Anglican tradition (5th Sunday)  
Find us on Facebook  
111 S. Jefferson St. Moscow, ID 83843  
"Red Door" across from Latah County Library  
[stmarkmoscow.com](http://stmarkmoscow.com)

If you would like your church to be included in the religion directory please contact Student Media Advertising at 885-5780.