# ARGONAUT

THE VANDAL VOICE SINCE 1898 uiargonaut.com

Tuesday, March 3, 2015

ADMINISTRATION

# New Dean of Students resigns; FIJI lawyer says sanctions dropped

UI to redo investigation of FIJI fraternity hazing allegations, lawyer says

> **Kaitlyn Krasselt** Argonaut

University of Idaho Dean of Students Craig Chatriand confirmed Monday he will resign from the university effective March 9.

Chatriand said his decision came after a conflict could not

be resolved with the alumni of the Phi Gamma Delta fraternity, more commonly known as FIJI. FIJI

lawyer John Bradbury confirmed Monday that sanctions previously levied against the house by the Dean of Students Office have been dropped and the incidents that led to them would be reinvestigated.

In his role as dean of students, Chatriand oversees the Greek advisory office. The Dean of Students Office confirmed last week that FIJI had been sanctioned by the Greek office following an investigation of hazing allegations. Greek adviser Brittany Bowles declined comment last week on the individuals involved or the details of the allegations, but said FIJI house leadership accepted the sanctions imposed Feb. 19 by the Dean of Students Office.

Despite the house's initial acceptance of the sanctions, FIJI continued to explore options relating to the sanctions and the process by which they were arrived, contacting Interim Provost and Executive Vice-President Katherine Aiken.

We were extremely disappointed in how this process was

handled," Bradbury said. Bradbury said the university's

SEE **DEAN**, PAGE 5



Moscow resident James Demars works in the back of the Hope Center. Demars will soon graduate from the Hope at Work program, an employment training program aimed at helping struggling community members re-enter into the work force.

# Working on hope

Jake Smith Argonaut

Several bins of donated items sit in the back room of the Hope Center, waiting to be sorted by the center's employees.

One man in particular is hard at work sorting through both the thrift store's donations and his

James Demars is an employee at the Hope Center and a member of its employment training program.

The Hope Center, a local thrift store in Moscow, offers employment and support counseling for those who cannot secure or maintain long-term employment. Deemed the Hope at Work program, it helps community members regardless of circumstance, including those dealing with a felony on their record, homelessness or sub-

stance abuse. Demars said the Hope at Work program gives people a

Work's not our priority all the time — it's people. That's what's different.

**James Demars, Hope at Work** program member

second chance and helps them get back on their feet, no matter where they're at in their lives.

Local thrift store offers program for life skills

> "Work's not our priority all the time — it's people," Demars

> said. "That's what's different." Before Hope at Work, Demars said his life was a rollercoaster ride of jail time and living on the streets. Since joining Hope at Work, he said his life has taken a 180-degree turn.

> DeDe McReynolds, service coordinator at the Hope Center, said because Hope at Work is

> > SEE **WORKING**, PAGE 5

### Vandals teach tolerance

UI students come together to learn about oppression

**Katrina Hicks** 

The University of Idaho is a place to embrace diversity through awareness and understanding of the struggles our peers face every day, said Julia Keleher, director of the LGBTQA Office.

Boxes and Walls, a UI event promoting such qualities, is a way for students to experience the discrimination others may feel firsthand in a safe and educational environment. Keleher said it's an event meant to teach students about what it means to empathize.

Boxes and Walls is an interactive display on oppression and discrimination," Keleher said.

Boxes and Walls will take place from 1-7 p.m. Thursday and Friday, on the first floor of Gooding Hall in the Wallace Complex. According to Keleher, there will be 18 rooms open for the event and each of which will contain a student-made environment illustrating a specific discriminatory issue. For example, a heterosexual student could enter a room and learn about the struggles a bisexual student may face — a feeling they would never be able to experience on their own.

SEE **VANDALS**, PAGE 5

#### IDAHO LEGISLATURE

### More seats for medical students

JFAC supports WWAMI increase

> George Wood Jr. Argonaut

BOISE — The Joint Finance and Appropriation Committee (JFAC) approved funding for five additional seats to be added to the WWAMI program for Idaho medical students Friday morning with a 19-1 vote.

By approving the budget recommendation, JFAC fulfills year three of a four-year plan to fund five additional WWAMI seats available to Idaho students annually. The plan was first introduced in 2009, when the Idaho State Board of Education (SBOE) recommended doubling state funded WWAMI seats from 20 to 40.

Sen. Dan Johnson, R-Lewiston, motioned to send the budget with a "do-pass" to the House and Senate floors for approval. He said the four-year WWAMI program is a "good partnership" with the University of Washington.

"It benefits Idaho students primarily that they get to spend more time at home in Idaho, and I think that increases the possibility ... to come back to Idaho and practice, so I am very excited by that," Johnson said.

According to the Association of American Medical Colleges, Idaho is 49th in the U.S. for the number of doctors per capita, and more medical practitioners are expected to retire in the coming years.

Rep. Jason Monks, R-Meridian, was the lone legislator to reject the budget. He said since 1975, only 50 percent of WWAMI students have

It benefits Idaho students primarily that they get to spend more time at home in Idaho.

Sen. Dan Johnson, R-Lewiston

returned to Idaho to practice medicine, which he said "isn't sufficient."

JFAC's approval mirrored the State of the State recommendation given by Idaho Gov. C.L. "Butch" Otter to increase WWAMI seats. The budget has to be passed by both the House and Senate, and be approved by Otter for it to go into effect.

SEE **MEDICAL**, PAGE 5

#### **News brief**

#### **Provost search update**

Tuesday is the last day to submit feedback on candidates vying to become the next provost and executive vice president.

Feedback can entered through online form found on the provost and executive vice president website. The online form will close at the end of the business day Tuesday, according to Katherine Aiken, interim provost and executive vice president.

Videos of all the candidates' open forum sessions can be found online.

Aiken said the videos allow faculty, staff and students who could not make it to the open forums to comment on the candidates.

She said the search committee would also give its impression of the candidates to University of Idaho President Chuck Staben. She said the search committee acts in an advisory role and the final decision is up to Staben.

Aiken said the search committee picked the candidates based off their abilities as an administrator.

She said Staben would make his decision after the feedback period ends. She said she anticipates a decision before the end of the academic year.

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Connor Hill leads Idaho to win last game in Moscow.

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UI students should support homeless community. Read Our View.



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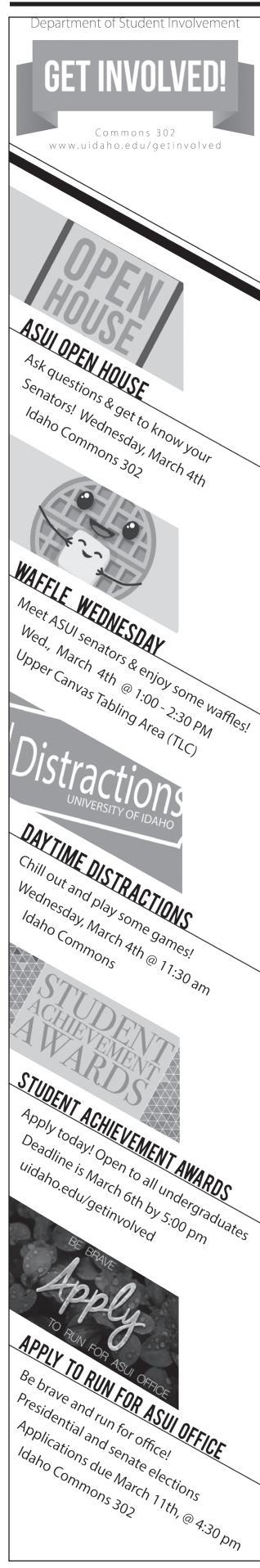
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University of Idaho

Volume 116, Issue no. 46

Recyclable



#### CRUMBS

### A Crumbs recipe



### **Gummy bear drink**

Silas Whitley

This drink tastes like gummy bears, without having to dissolve the candy in vodka for days.

#### **Ingredients:**

- Strawberry daiquiri margarita mix
- Pomegranate vodka
- Sprite or club soda
- Orange Juice



Silas Whitley | Crumbs

#### **Directions:**

- 1. Add ice to a glass
- Add 1.5 ounces pomegranate vodka
- Add 3 ounces daiquiri mix
- Fill with Sprite or club soda until near the rim
- Top with orange juice

Silas Whitley can be reached at crumbs@uidaho.edu

#### **Cloud Nine**



Andrew Jenson | Argonaut

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#### THE FINE PRINT

#### **Corrections**

Find a mistake? Send an email to the editor.

#### **UI Student Media Board**

The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media

at 885-7825, or visit the Student Media office on the Bruce M. Pitman Center third floor.

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Letters should focus on issues, not on personalties.
The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.
Letters must be signed, include major and provide a current phone number.
If your letter is in response to a particular article, please list the title and date of the article.
Send all letters to:
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ACIII

# Starting early

Freshman senator grows in leadership position

Hannah Shirley Argonaut

ASUI President Pro Tempore Michael Ryan said he never wanted a career in politics.

A foray into agricultural education led Ryan from his hometown of Estes Park, Colorado, to the University of Idaho, but a childhood enchantment with lights and sirens carried over into his future plans.

The sociology major hopes to go into law enforcement because he thrives in intense situations and wants to make an impact. Ryan said he ran for ASUI Senate for the same reason.

"In law enforcement, you need to be strong and reasoned with your morals," Ryan said. "I bring that to the senate. I'm willing to be reasoned with and make the decision in the best interest of the students."

Ryan, a freshman in Phi Delta Theta fraternity, was elected last fall after his roommate, Sen. Cameron Cochems, said he should run. Ryan said he was involved in student government in high school, but saw student government at the collegiate level as an opportunity to have a more profound effect in students' lives.

"The things we talk about on a day-to-day basis are very tangible, and they're directly impactful for students," Ryan said. "When you pay tuition dollars, part of that is student fees and that goes to student government so they can do things that are impactful upon other students. And we all pay a lot of money to be here, so it kind of made sense to get involved in an organization that had impact on others, as well as my own tuition dollars."

During his first semester in ASUI, Ryan said he did a lot of work addressing Safe Walk — a security program at UI where security officers escort students across campus — and volunteered to be the senator assigned to the Tobacco Task Force, where he represented ASUI to the committee of UI community members.

"That's what absorbed a lot of my semester," Ryan said.

When former ASUI President Pro Tempore Austin Karstetter's term ended last semester, Ryan was nominated to fill the position. He was elected over Sen. Katie Cramer with a 9-7 vote.

Since assuming the position at the head of the ASUI Senate, subordinate within the senate only to ASUI Vice President Sarah Vetsmany, Ryan said he's had to get comfortable conferring with people like the university president and provost. While he said it was intimidating at first — being a first year student in a leadership position — he's become accustomed to the job and can't imagine not being involved at UI.

"It was difficult coming in as a first year student — my views were still very first

Nathan Romans | Argonaut

ASUI President Pro-Tempore Michael Ryan participates in the ASUI Senate meeting at 7 p.m. Feb. 11 in the Whitewater Room of the Idaho Commons.

year-oriented — but ASUI opened me up to the whole spectrum," Ryan said. "(Being a freshman) is definitely a hurdle and you have to overcome your fears, but I haven't really thought about the difficulties."

After what he said was about a six-week learning curve, Ryan said he feels like he hit his stride, and is excited to see what he can accomplish in the next three years.

"Government teaches you about being versatile," Ryan said. "You could at one

point be talking to a fellow senator, then to a constituent, then the vice provost of Student Affairs and back to a constituent, and going forward, those are things that are valuable as a law enforcement officer—being able to talk to a diverse amount of people, and that's something I'll take away from ASUI in a tangible way."

Hannah Shirley can be reached at arg-news@uidaho.edu

STUDENT LIFE

# Inebriation education

UI community to focus on alcohol harm reduction

Patrick Hanlon Argonaut

Most University of Idaho students have never thought about attending a house party in the President's executive residence on Nez Perce Drive — until now.

According to Brian Dulin, UI Alcohol and Other Drugs coordinator, students are invited to

House Party, an event hosted by many university partners focused on alcohol harm reduction. Dulin said the event will reflect the authentic look and feel of a house party.

"We recognize that alcohol is a part of many students lives on our campus," Dulin said. "We just want them to be safe and not let alcohol interfere with their goals and careers."

Participating students will move through four 15-minute sections and explore motivations for drinking and set their own safer drinking strategies with the support of Ul's Alcohol and Other Drugs program,

Vandal Health Education, Office of the President, Dean of Student's Office, Counseling and Testing Center and the Moscow Police Department. The event has also been coordinated with the help of Sigma Alpha Epsilon Fraternity and Kappa Delta Sorority.

Vandal Health Education Coordinator Emily Tuschhoff said the idea of throwing a "house party" stemmed from looking at similar programs at other universities, and adapting it to fit UI.

"Some campuses don't have the program in an actual house" Tuschhoff said. "We knew we wanted the real house aspect to get a better situational feel."

Dulin said in the first section, students would encounter safer drinking strategies including pouring demonstrations, calculating blood alcohol content, learning sobering strategies and focusing on the positive and negative impacts of drinking.

Tuschhoff said the second station would inform students on how to be an active bystander in a situation where someone has severe alcohol poisoning.

Peer Health Educator Sam Berg said the second section would discuss the bystander effect and how it produces safer drinking habits when students are faced with a drinking dilemma on or off campus.

"We know that students face these problems," Tuschhoff said. "So let's talk about it before the party and

look at that situation to help students make their own decisions."

Dulin said the third section would focus more on the judicial consequences side of drinking alcohol and be led

mostly by the Moscow Police Department.

Lt. Dave Lehmitz said the participating officers would inform students of the consequences of drinking while underage, how minor in possession charges arise and the diversion program offered for first-time offenders.

The final section will bring attention to drinking patterns and include feedback from the students participating in the program. Pizza will also be provided

#### More info

House Party will begin at 6 p.m. Thursday in the Presidential Executive Residence on Nez Perce Drive. Reservations are required and can be made by emailing Brian Dulin at braind@uidaho.edu.

for students who participate.

Although UI President Chuck Staben and the Office of the President wasn't involved in the planning process for House Party, Staben said he strongly supports the alcohol and drug education programs for students because the ongoing campaigns bring awareness to over-consumption and establish informed choices.

Dulin said the party targets freshman specifically, but has reached out to all living groups. He said he has contacted all fraternities and sororities and has done presentations to promote the event in the Living Learning Center and other dormitories.

Dulin said he recognizes one out of four students on the UI campus chooses not to use alcohol, and he acknowledges it as the safest strategy.

Patrick Hanlon can be reached at arg-news@uidaho.edu

#### HEALTH

### Vandals grab kitchen utensils

## Students and chefs compete in cook-off

Patrick Hanlon Argonaut

Kitchen Stadium, a popular venue for competitions on Food Network's "Iron Chef America" is once again on the University of Idaho campus.

Bob's Place will host the fourth bi-annual Iron Chef competition Wednesday, and two teams of two students each will be randomly chosen to cook a dish — with assigned ingredients — to impress the judges. The student Iron Chef competition will start at 5:30 p.m. and the Vandal Dining chef competition will immediately follow.

According to Marissa Rudley, campus dietitian, after the student competition, two Vandal Dining chefs will compete to create a tasty dish with the ingredients left over from the previous competition.

"This is a great event to show off your skills," Rudley said. "Most people don't get the chance to show off abilities in the kitchen."

Rudley and Vandal Dining spokeswoman Katlyne Clark, as well as the Residential Housing Association and Vandal Nutrition will host the event. Rudley said she plans to commentate during the competition and play music with announcements beforehand.

While Rudley won't mention the secret ingredient, she said the theme of the competition is vegetarian. She said the theme highlights a shift at Bob's Place this semester with improving vegetarian options.

"It's a chance for students to think outside the box about how to make high protein meals that are more plant-based," Rudley said.

Rudley said the competition is open to all interested students and all cooking levels are welcome to compete. The Iron Chef event is meant to be fun but also instructive for students, she said.

The student contestants have the chance to receive a wide variety of prizes, such as Vandal Dining gift cards and VandalStore gift cards, among others.

After a close competition last semester, Vandal Dining's reigning Iron Chef Sarah Campbell will defend her title against a fellow Bob's chef in what Rudley said is a slightly more difficult competition.

Patrick Hanlon can be reach at arg-news@uidaho.edu

## Oppenheimer ETHICS Symposium



# Daring to Care: A Journalist's True Ethic

Thursday, March 5, 2015, 4:30 p.m. College of Law Courtroom 711 Rayburn St., Moscow

Jacqui Banaszynski is a Pulitzer Prize-winning writer and internationally recognized writing coach. She will challenge false notions of objectivity and distance, and instead call on journalists to get involved in life with passion, purpose and professionalism. She will reflect on what 40 years in the field has taught her about being human — and how



The Oppenheimer Ethics Symposium is sponsored by the University of Idaho School of Journalism and Mass Media. It is underwritten by a gift from UI graduates Douglas F. Oppenheimer, president of Boisebased Oppenheimer Companies, and Arthur F. "Skip" Oppenheimer, chairman of the board.

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# Clams invade Idaho

waters

*UI research team addresses* problem with invasive clams

They're small — growing no more than a couple inches in length — but they're many.

Each one is capable of singlehandedly creating 350 more every reproductive cycle and they're taking over bodies of water across Idaho.

The Asian clam, like many invasive species, is a serious problem in bodies of water like Lake Tahoe in California and Illia Dunes in Washington. A University of Idaho research team is testing a possible solution in Lake Pend Oreille, which

the research team, "In November, they were able to find that the clams are still very localized to the marina areas in Ellis Port Bay.

getting rid of the clams.

Christine Moffitt, the main researcher of the project, said outreach with those who live around Lake Pend Oreille was a

the public, because you could

to decrease the clam populadifferent treatment ideas. The first, sodium hydroxide, came from another graduate student project to treat ballast water in ships, which Braker said could be a starting point for an invasive species.

"It's easily accessible and it causes mortality to Asian clams and possibly other invasive species that might be sucked into ships' ballast tanks when they are crossing the ocean and could inadvertently be released in American waters, and therefore cause an infestation," Braker said.

Based on the research in the project, Braker said sodium hydroxide is an effective way to kill Asian clams, because it kills the larvae within hours and fullgrown clams within 10 days.

The other half of the process is rubber pond liner, which is already used to control an invasive plant species in Lake Pend Oreille. Braker said similar barriers used in Lake Tahoe resulted in a 90-100 percent mortality rate for the clams. She said the situations are different, which is where the sodium hydroxide is involved.

The researchers started the research project about a week ago, placing small burlap sacks filled with sodium hydroxide on the bottom of the lake, before trapping the chemical with the rubber pond liner.

The combination creates a contained area between the sediment on the bottom of the lake and the rubber pond lining. Braker said it would allow a quick increase in the pH of the isolated area of the lake, killing the clams quickly. She said there would be no long-term negative effects on the lake because sodium hydroxide reacts with carbon dioxide in water to form an inert salt.

Moffitt said the research team planned to cover the whole affected area at the same time, but ran into unexpected problems with high water and would finish treating the infestation after spring break. She said the halt illustrated a common occurrence with fieldwork.

"In the lab, it's wonderful, because you can control the environment, you can set what you want and even that can have great failures," Moffitt said. "But you go out in the field, and what happened to us last weekend was that the

It's kind of an alarming thing and there's very little that's actually been done to try to get rid of the Asian clams.

Elizabeth Braker, research team member

water levels were a whole lot higher than they're supposed to be this time of year in the lake."

Braker said the clams have a big impact on the water quality if left unchecked.

"If they reach densities like they did in Lake Tahoe of up to 3,000 Asian clams per square meter, then suddenly you have an extremely good water filtration so good that you'll have crystal clear water to begin with, and then when there's no more food, then you see massive die-offs," Braker said. "They basically filter themselves out of their nutrients."

Braker said Asian clams are hardy creatures that are so good at surviving, they displace native organisms by taking all the food. She said a single clam can filter through five gallons of water every day. Asian clams are hermaphroditic, meaning a clam can reproduce independently.

While large boats can be responsible for spreading invasive species, Braker said, it's possible for them to spread from small boats, or even waders.

"I think it's important to note where this infestation is," Braker said. "It's off of two very popular marinas. So it stands to reason that the clams got there via a boat that didn't properly clean, drain and dry their hull, their tanks. And they come and they put in there at the ramp, launched at the ramp and all it would have taken is one little veliger, one clam larvae, to grow this population."

> Daphne Jackson can be reached at arg-news@uidaho.edu

Anti-bullying

bill introduced

Bill to reduce bullying in Idaho introduced, under scrutiny

IDAHO LEGISLATURE

George Wood Jr. Argonaut

BOISE - Rep. Ilana Rubel, D-Boise, introduced a bill to a House committee Tuesday in an effort to decrease bullying in Idaho schools.

Rubel said she promised an eastern Idaho mother she would create anti-bullying legislation after her son committed suicide due to bullying, an act Rubel referred to as "bullycide." She said since creating the

legislation, hundreds of Idaho parents announced their support for the bill.

'We want kids to stay in school and stay engaged in school, and bullying is a serious obstacle to all of that," Rubel said. "This bill will of course not stop all bullying ... but studies show that good school based intervention programs can very meaningfully decrease the incidents of bullying."

Rubel said bullying can lead to children dropping out of school, changing schools, depression, anxiety and in the worst cases, bullycide.

According to Rubel, Idaho is sixth in the country for student suicide rate and in the last months, three students committed suicide due to bullying.

HB 191, introduced to the House Education Committee, provides an amendment clarifying a student caught bullying "shall be guilty of an infraction."

Additionally, the legislation would add a new statute requiring school districts and charter schools provide training materials for the intervention mitigation of bullying to faculty and staff.

All K-12 schools and charter schools would also be mandated, if the bill passes, to file all cases of bullying and send annual bullying reports to the Idaho State Board of Education (SBOE).

'The main focus of this bill is to take reasonable steps to address the bullying, including intervention training school personnel and informing them of the best practices for identifying and responding to bullying," Rubel said.

While the committee introduced the bill without objection, the bill received scrutiny from various legislators.

Rep. Lance Clow, R-Twin Falls,

infraction was a strong punitive measure for bullying, and Rubel said an infraction was the lowest form of punishment that could be enacted.

currently has a smaller infestation of the clams. 'It's kind of an alarming thing and there's very little that's actually been done to try to get rid of the Asian clams," said Elizabeth Braker, a graduate member of

They've extended south along the shore, but they haven't spread to any other areas of the lake that we know of." Braker said knowing the infestation route is important in trying to establish a method for

crucial aspect in getting started. "You have to engage with

have the greatest idea, but if the public doesn't understand it, or if they don't buy into it, it's not going to fly," Moffitt said. Braker said the research team is using a new process

tion, a combination of two working with Moffitt on a

said he is concerned an

Clow said he was also against reporting and logging reports of bully-

ing, as a record attached to a student who once bullied could "haunt them forever." "I'm a little concerned that this

report of a third grader is going to follow them for the rest of their lives, so that when they run for president of the United States, someone is going to dig back and say, he was a third-grade bully," Clow said.

Rubel said schools already log incident reports of bullying, but new legislation would send the records to SBOE to calculate which schools report the most incidents.

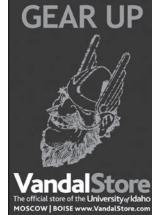
Rep. Ryan Kerby, R-New Plymouth, said his concerns about the bill lie in the new section charging school districts to take "all reasonable efforts" to disseminate bully intervention training tools. He said the effort may present a liability to schools, should someone file a lawsuit asserting the school did not take all reasonable efforts.

"If a student is harmed on school premises, the school is potentially exposed to liability already and the law of negligence." Rubel said. "The goal here is to actually protect them from liability by reducing the likelihood that it would actually happen."

The House Education Committee will vote on the bill in the near future.

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#### **JUGGLING TO THE FINISH**



Nathan Romans | Argonaut

Members of the Sorensen Juggling Team perform during the Idaho men's basketball game halftime Saturday in the Memorial Gym. Idaho beat Montana State 80-73 on Senior Day.

#### **MEDICAL**

FROM PAGE 1

The four-year WWAMI program is a partnership between the University of Washington School of Medicine and the five states the program's acronym represents: Washington, Wyoming, Alaska, Montana and Idaho.

Currently, Idaho offers 30 first-year medical students each year the ability to complete the first year of the WWAMI

program taking courses at the University of Idaho and at Washington State University.

Upon completion of the first year, Idaho WWAMI students transfer to University of Washington for their second year of study. The third and fourth years consist of clinical rotations in different locations within the region comprised of WWAMI-affiliated states.

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#### WORKING

FROM PAGE 1

an employment training program, employees do not stay at the Hope Center longterm, but rather build up personal skills and experience to attain long-term employment elsewhere.

The program recruits individuals faced with a barrier for getting or maintaining employment, McReynolds said.

She said potential employees have to agree to comply with budget coaching, support coaching, drug and alcohol testing, employment training, GED tutoring and attendance at Celebrate Recovery, a faithbased 12-step recovery program to help people overcome hardships.

McReynolds said despite any existing or scheduled drug programs outside Hope at Work, employees are expected to be members of Celebrate Recovery. She said the program stems from a national, interdenominational ministry and the steps are essentially the same as Alcoholics Anonymous and Narcotics Anonymous — except a bible verse is paired with each step.

"The other way that it's very different from Alcoholics Anonymous and Narcotics Anonymous is that while it addresses alcohol and drug dependence, it also addresses other hurts, habits and hang ups," McReynolds said.

Demars said he had issues with substance abuse in his past, which led him to seek help at the Hope Center. After attempting to turn his life around previously, he said Celebrate Recovery is the only recovery program that has worked for him.

McReynolds said Celebrate Recovery also address the struggles and issues any normal human being can encounter, such as anger, anxiety, finances, relationships, family disfunction and sexual abuse.

At Celebrate Recovery, McReynolds said there is a large group component on worship time, lessons and small group meetings. There are four groups separated by gender for two topics: mixed issues and substance abuse issues.

In groups, members seek personal answers to their problems by addressing emotions and issues without cross-talk or

interruptions, she said.

You can throw as much advice on someone as you want to, but if their own mental belief system doesn't change, then it's not going to do anything for them," McReynolds said. "If they can verbalize and realize and accept what their situation is and see their belief system ... then that is going to bring a change into their

Demars said the Hope Center gives him a safe place and the support he needs to take care of various necessities, such as getting a vehicle, driver's license and a place to call home.

Support coaches, all of whom are voluntary, meet one-on-one to mentor and counsel members of Hope at Work. The support coaches offer an outlet for dialogue about life problems, goals and advice, McReynolds said.

Hope at Work program employees are provided 36-38 hours of employment each week where they answer to employment managers, McReynolds said.

She said employment managers first address the basics of employment, including attitude, speaking with customers, coworkers and hygiene. Employment managers then move toward self-direction and initiative, critical thinking and supervis-

Hope at Work also provides budget coaches and match employees' savings toward stability-oriented goals, McReyn-

The Hope at Work program started more than 10 years ago as a benevolence ministry through the Nazarene Church, McReynolds said. The benevolence ministry was a food bank and clothing closet, and also provided financial aid to struggling community members.

The Hope at Work program opened in the Hope Center approximately four years ago, she said. She also said the program offers a new social, financial and life community for members of the program to build.

McReynolds said "hope" is an acronym for "helping others pursue excellence."

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#### DEAN

FROM PAGE

new investigation will begin with review from the Greek Community Standards Board.

Aiken declined to comment on either investigation or the removal of the sanctions. She said she was informed of Chatriand's resignation by his supervisor Jean Kim, vice provost for Student Affairs and Enrollment Management. Kim did not return a request for comment on the situation as of press time.

"I have been grateful for his service," Aiken said of Chatriand.

Chatriand would not discuss details of the initial investigation but said he believed he was not being allowed to do the job the way he saw fit.

"There's situations that involve campus safety that I'm not able to address in the way they need to be addressed," Chatriand said. "It's better to have a person in this seat who can do that more effectively than I have been able to."

Chatriand took over the position at the beginning of January following the retirement of long-time Dean of Students and Vice Provost for Student Affairs Bruce Pitman. He previously served as the associate dean of students beginning in 2012, and prior to that served as the assistant director for student success for University Housing.

Chatriand said he will work through the end of the week to wrap up any loose ends related to his job.

"I have enjoyed working with UI students tremendously," Chatriand said. "I have enjoyed the colleagues and opportunities available here ... But when we feel we can't do the foundational work of our job, it's time to step away and let someone else try."

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#### VANDALS

UI students put each room together, Keleher said. While Keleher said most students are volunteers, some students from sociology and gender classes are participating as well.

The topics the rooms will cover this year are poverty and privilege, powerbased violence, language, ability and access, and identity and stereotype.

Leathia Botello, coordinator for the Office of Multicultural Affairs, said one of the great things about Boxes and Walls is it is an opportunity for students to learn from other students, rather than students learning from a professor or a teacher.

"It's an interactive display where students have the opportunity to create rooms based off of oppressions that they may face, and want to educate other students about those causes," Botello said.

This weekend's event marks the second year it's being put on. Keleher said Boxes and Walls has doubled in size in one year, and is becoming more known to people on campus and in the community. Keleher said groups from all over campus, including ASUI and Green Dot are involved in the planning of Boxes and Walls.

At the event, there will be tours every 30 minutes, each lasting an hour and

We are becoming aware of (the issues) now, and we can help make change.

> **Leathia Botello, Office** of Multicultural Affairs

a half. Students can show up as they please, but it's recommended they RSVP on the website, uidaho.edu/boxesandwalls to guarantee a spot in their desired time slot.

Botello also said counselors will be available to meet with students after the tours. The creators of Boxes and Walls realize some of the rooms may include triggers for certain students, so any student who feels emotional or unstable after viewing the rooms has a resource available to talk to and get help from.

"Students inform and educate others about oppressions and diversity issues," Botello said. "We are becoming aware of (the issues) now, and we can help make change."

Katrina Hicks can be reached at arg-news@uidaho.edu



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MARCH 3, 2015 PAGE 6

# SPORTS 7



Dylan Watts' pole vault win highlights indoor track and field championships

# Victorious on Senior Day

Hill bests former teammate on Senior Day

> Stephan Wiebe Argonaut

When the final buzzer sounded in Idaho's 80-73 Senior Day win over Montana State, Marcus Colbert went over to his old high school teammate Connor Hill and congratulated him.

"He just said 'A heck of a career, I love you,' and I told him I love him back," Hill said. "We've been through a lot together."

Hill led Idaho with 21 points on 5-of-13 shooting from beyond the arc. His former Post Falls High School teammate Colbert finished with a game-high 26 points, but the Bobcats (8-20, 4-13 Big Sky) couldn't contain the Vandals (13-14, 8-8).

The Senior Day victory puts Idaho in a solid position to qualify for the Big Sky Tournament heading into the final road stretch of the season. The Vandals play at Weber State Thursday in Ogden, Utah, and Saturday against in-state rival Idaho State in Pocatello.

But the Senior Day win didn't come easy for seniors Bira Seck, Mike Scott, Hill and their teammates. Idaho went up 9-3 five minutes into the game, but it was a back-and-forth battle from there and the teams went into halftime tied at 39.

For much of the game, it was a scoring battle between Hill and Colbert. The former teammates each had 17 points before any other player made it to double digits.

"It was a lot of fun," Hill said of playing his old teammate. "He played very well. We were just going back and forth for a while there — he hit a shot, I hit a shot, he went down and hit a shot — kind of back and forth."

SEE **VANDALS**, PAGE 8



	1st	2ND	TOT
MSU	39	34	73
IDAHO	39	41	80

**TOP PERFORMERS** 

SECK, WIGGS — 6

**UP NEXT** 

AT WEBER STATE 3/5

AT IDAHO STATE



Senior guard Connor Hill dribbles down the key during Idaho's 80-73 Senior Day

win over Montana State Saturday in the Memorial Gym. Idaho plays Weber State at 6 p.m. Thursday in Ogden, Utah, and Idaho State at 6 p.m. Saturday in Pocatello.

# Big Sky Roundup



#### Sacramento State (19-8, 13-3)

If the Hornets can hold on for the last two games of the season, the Big Sky Conference Tournament might be held in Reno, Nevada. Sacramento State controls its own destiny now in the race for the top seed and hosting rights for the Big Sky Tournament. Since the Hornet's Nest in Sacramento is too small

of a venue to host the tournament, the Biggest Little City in the World will be the likely host city for the championship.

#### Montana (17-11, 13-4)



The Grizzlies bounced back from a double-overtime loss to Idaho to beat another team vying for the top seed in the conference tournament — Eastern Washington. Twenty-four points from

the conference's best big man, Martin Breunig propelled Montana to a one-point win over the Eagles, but it might not be enough to overcome Sacramento State in the standings. Montana lost to Sacramento State 70-69 earlier in the season.

#### Eastern Washington (21-8, 12-4)



Losing three of their last five games bumped the Eagles out of first place in the conference and down to third. The nation's leading scorer Tyler Harvey and the Eagles better find their

groove again by the conference tournament if they want to play in the NCAA Tournament later in March.

#### Northern Arizona (16-13, 11-5)



NAU couldn't ask for a better position at this point in the season. After a losing record in nonconference play, the Lumberjacks are No. 4 in the Big Sky and have secured a spot in

the conference tournament heading into the final week of the regular season. They should have a winnable game as a No. 4 or 5 seed in the first round of tournament play.

#### Northern Colorado (14-14, 9-8)



The Bears are one of the most accurate teams in the nation. They rank No. 20 in the nation in field goal percentage at 48.1 percent. The team's accuracy propelled them into a guaran-

teed spot in the Big Sky Tournament with one last game to play against North Dakota.

SEE **BIG SKY**, PAGE 8

#### WOMEN'S BASKETBALL

## Tournament hopes dwindling

Idaho loses at Montana State, final two games this week in Moscow

> **Garrett Cabeza** Argonaut

It was the type of game you would expect between two teams fighting for a Big Sky Conference Tournament berth.

The Idaho women's basketball team entered Saturday afternoon's game against Montana State in ninth place in the Big Sky while Montana State held the eighth and final spot for the Big Sky Tournament. The game was within single digits throughout, but the Bobcats fought off the Vandals to win 71-62 in Bozeman, Montana.

Idaho (12-15, 6-10 Big Sky) needs to win its final two games of the season and the Vandals need some help within the conference in order to make the Big Sky Tournament. Both games are in the Cowan Spectrum starting with Weber State at 6 p.m. Thursday and Idaho State at 2 p.m. Saturday.

"We got to finish the home stand strong for our seniors and for ourselves," Idaho coach Jon Newlee said. "You got to play with pride and passion at this level, and that has to happen every night, whether it's the first game of the year or the last game

of the year." Idaho beat Weber State (11-16 overall, 6-10 Big Sky) 67-60 Jan. 3 in Ogden, Utah, but the Vandals lost to Idaho State (13-14 overall, 8-8 Big Sky) 71-50 Jan. 1 in Pocatello.

Idaho led 32-30 at halftime against Montana State, but neither team took control of the game until Montana State went on a 10-0 run in the second half to put the Bobcats up 52-43.

Nine points was the largest lead of the game for Montana State. Idaho led by as many as five.

Newlee said it seems like there is always an opposing Big Sky player who has a low scoring average coming into the game, but who is able to step up and make a big scoring impact when she plays Idaho. He said Kalli Durham averages six points a game, but she scored 20 points Saturday.

"We let her get started, and that's what you cannot do and that's the problem right there," Newlee said. "But you have a six-point-a-gamer get 20. You get a one-point-a-gamer (Ausha Cole) get her points and it seems like the theme of this conference season for us is the nobodies are killing us."

Up until Montana State's big second-half run, the teams were trading baskets as neither team gained much momentum.

Newlee said missed layups have been a problem all season long for the Vandals, and Idaho missed some Saturday. He said there was a long stretch when it

That was the time to take this game by the throat, and for some reason we just don't have same kind of killer instinct it seems like this year

Jon Newlee, coach

was a two-point game, but he said his team didn't score while it was stopping Montana State on the defensive end.

"That was the time to take this game by the throat, and for some reason we just don't have same kind of killer instinct it seems like this year," Newlee said.

Idaho shot 36.4 percent from the field and 28.0 percent from the 3-point line, while Montana State shot 44.8 percent from the floor and 35.3 percent from behind the arc.

The Vandals cut the deficit to 59-57, but it was the closest they

Newlee said he's looking for someone to step up and make important shots at the end of games besides senior guard Stacey Barr.

SEE TOURNAMENT, PAGE 8

## Athletes of the week

#### Emmie Marx – women's tennis



Idaho demolished North Dakota Sunday in Pullman, winning 7-0. Emmie Marx was a huge reason behind the Vandals' success with her stellar play in the singles and doubles matches in highseed matchups. In singles, the senior from Mossel Bay, South Africa, who played at Illinois State before coming to Idaho, defeated Lacey Sprinkel in the No. 2 singles match. Marx won 7-5, 6-0 over the Big Sky opponent. In doubles, Marx paired up with senior

Beatriz Flores in the No. 1 doubles match. The Vandal duo defeated Sprinkel and Callie Ronkowski 6-4. Idaho now begins a tough road stretch, playing three road games in three days. March 6 they are at Utah State, then Idaho State the next day, followed by Weber State.

#### **Dylan Watts – track and field** The lone first-place finish for Idaho at the Big



weekend in Flagstaff, Arizona, came from Dylan Watts. The senior from Boise finished first in the pole vault, with a height of 16 feet, 11.5 inches. The

height was a career-best for Watts, who went into the meet as the top pole vaulter in the conference. "Dylan was great, he kept his composure over

Sky Track and Field Championships over the

the competition," Idaho coach Tim Cawley said. "He got pushed to new heights, and it was really exciting to see him on the podium with gold."

#### Christina Salvatore – women's basketball



The last two games in Montana did not go well for Idaho, as the Vandals lost to Montana Thursday and Montana State Saturday. Despite the losses, guard Christina Salvatore performed well in both games. The junior from Anaheim, California, scored 10 points, grabbed three rebounds and recorded three steals against the Grizzlies. Her steals were a team-high, while her points were the third highest for Idaho. Salvatore didn't miss a beat in

the next game against Montana State, scoring 13 points and pulling down five rebounds in the loss. Salvatore and the Vandals will return for the final two games of the season this week, hosting Weber State Thursday and Idaho State Saturday at the Cowan Spectrum.

SEE **ATHLETES**, PAGE 8

MARCH 3, 2015 PAGE 7

SWIMMING & DIVING

## Illness comes at wrong time

Idaho swim and dive team fights through illness, injuries to finish sixth at WAC

#### **Garrett Cabeza**

Argonaut

Saying not everything went right for the Idaho swim and dive team Wednesday to Saturday during the WAC Championships in San Antonio would be an understatement, but the team and Idaho coach Mark Sowa didn't use any of the illnesses or injuries as excuses.

Sowa said three of the Idaho athletes got food poisoning and one of those three went to the hospital to get treated for it. All three fought through their illnesses and competed.

Senior Rachel Millet and junior Jamie Sterbis were also injured, Sowa said. He said it was confirmed the week before the team left for San Antonio that Millet had a torn tendon in her ankle. Sterbis hurt her shoulder on the first day of the meet during a swim-off in the 50-yard freestyle. Despite this, Millet and Sterbis fought through their injuries to compete.

Sowa said he was impressed with the way his team performed.

"It was just one of these things where taking one of those things is tough, putting all of those things together was incredibly tough," Sowa said. "Yet, we were still in a position where we could have salvaged third place coming into (Saturday). I was so impressed with how these girls kept just picking themselves up, and they never used any of those

things as an excuse."

The Vandals took sixth out of eight teams in the meet. Northern Arizona won the WAC title for the second straight season.

"You never walk into a championship meet looking to get sixth place at all," Sowa said. "I believe and truly believe that we have a championship-caliber team here ... This program will not be sixth again, but I think we will learn a lot from this."

Despite the sixth-place finish, the team turned in some top three finishes.

Idaho took second in the 400yard freestyle relay with a team of Sterbis, senior Erica Anderson, junior Sami Hendricks and Millet. Anderson also placed second in the 50 freestyle, Idaho finished third in the 200 freestyle relay with a team of Anderson, Sterbis, Hendricks and Millet, and Millet took third in the 200 individual medley and the 200 freestyle.

Sowa said he was happy with how some of the freshmen performed and he's confident heading into next season.

Freshman Christine Renzini took fifth in the 500 freestyle and 1650 freestyle and freshman Allie Magrino took fourth in the 200 backstroke and fifth in the 100 backstroke.

The diving team was highlighted by freshman Hailey Kessler who took eighth in the 3-meter dive and ninth in the B Final of the 1-meter dive. Fellow freshman Nikki Imanaka took 12th in the B Final of the 1-meter dive and 11th in the B Final of the platform dive.

Sowa said he wanted to send



File photo by Jose Bendeck | Argonaut

Junior diver Delaney Peugh competes in the diving events Oct. 11 at the UI Swim Center. The Vandals finished sixth Saturday at the WAC Championships in San Antonio.

the seniors out with a WAC title, but he said the sixth-place finish isn't what they are going to remember.

"They're going to remember how they competed and what they did as Vandals," Sowa said. "They revitalized this program, and that's awesome. We did not take a step back tonight. If anything, we got better."

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**CLUB SPORTS** 

# Rough start to open league

Idaho drops league game against No.13ranked Simon Fraser

#### **Garrett Cabeza** Argonaut

The Idaho men's club lacrosse team established an offensive rhythm in the fourth quarter of Sunday's game against No. 13 Simon Fraser, but the late goals were too little too late as the Clan beat the Vandals 18-11 in a Pacific Northwest Collegiate Lacrosse League (PNCLL) contest in Moscow.

After winning its first two games, Idaho (2-2 overall, 0-2 PNCLL) lost its last two to the current top two teams in the PNCLL — Simon Fraser (5-1, 3-0) and Oregon State (4-0, 2-0). Oregon State was unranked when it beat Idaho 19-7 Feb. 21 in Moscow, but the Beavers are ranked No. 17 according to the Feb. 24 Under Armour MCLA Coaches Poll. A new poll is expected to be released Tuesday.

The Vandals will try to get back in the win column when they take on Great Falls at 6 p.m. Friday at the SprinTurf and Washington at 12 p.m. Sunday at the SprinTurf.

We got two big games next weekend," Idaho coach Sammy Vogel-Seidenberg said. "We got another big conference game next Sunday and we'll hope to rebound and get our first conference win. So, I'm pretty confident in this team still, and they got a lot of heart, and they got a lot of drive, so they'll get it back."

Senior midfielder Patrick Tunison led the Vandals with four goals against Simon Fraser.

"We were getting our butts handed to us until the fourth quarter, so it was a pretty rough game," Tunison said. "You can't come out like that against a top 25 team in the nation and hope to have a good result."

Senior goalie Craig Patrick had 20 saves for the Vandals. Patrick made some saves, especially early in the game, which appeared to be easy goals for the Clan. Instead, the senior from Eagle, Idaho, was able to either gobble the ball up or deflect it away from the net.

"He's the backbone of our team," Vogel-Seidenberg said of Patrick. "He's a big player for us. He's really important for us to be successful and he always keeps us in games, and we just got to do a better job at helping him."

Tunison put the Vandals up 1-0, but this was the only Idaho lead of the game. The Clan proceeded to go on a 5-0 run to take a 5-1 lead.

Freshman midfielder Charlie Dolar stopped the bleeding for the Vandals with a goal to make



Nate Mattson | Argonaut

Junior Deric Wilson dives to keep the ball inbounds during Sunday's game against Simon Fraser. The Idaho men's club lacrosse team lost the game 18-11.

the score 5-2. Simon Fraser led 8-3 at the half.

One of the bright spots of the game for Idaho came during the fourth quarter.

The Clan extended its lead to 16-5 after scoring the first four goals of the fourth quarter. However, Idaho found an offensive groove partway through the quarter as it ended the game on a 6-2 run.

While the Clan outshot the Vandals 34-17 in the first three quarters combined, Idaho fired 20 shots toward the opponent's net in the fourth quarter compared to Simon Fraser's eight shots on goal.

"I think guys just kind of

finally found their confidence and that goes a long way," Tunison said. "We really fluctuate in between confident and unconfident. So once people find their confidence we can really flow as an offense."

Vogel-Seidenberg one of the things he wants the Vandals to improve on is playing their own game.

"We're not playing our game," Vogel-Seidenberg said. "We're letting the other teams dictate how we play, and that's the problem right now."

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OPINION

## 'You the real MVP'

Behind gaudy point totals, Idaho senior deserves postseason recognition

In some cases, the most valuable player for a given conference is the best player on the best team, but in others it is simply the

player who is the most valuable to the team they play for. Of these two, the latter is true of Idaho and Stacey Barr.

The senior Australian guard is leading the Big Sky in scoring by nearly four points. She averages 21.1 points per game, and

this was with her struggling with an illness in January. To put this into context, the second leading scorer in the conference is Northern Colorado's Stephanie Lee who averages 17.5 points per game.

Barr's 21.1 points per game has her in the top 20 nationally in scoring and is less than four points per game shy of the national leader, Jasmine Mwajei from Wagner. This is an improvement on her junior season in which she averaged 18.2 points per game and was named WAC Player of the Year. She is now averaging more points and is playing in a much tougher conference. There is no reason why she shouldn't take home back-toback player of the year awards.

However, scoring isn't the only thing Barr does well. She also averages 6.7 rebounds per game and is averaging 32.6 minutes per game. The minutes she averages could be much larger too, had Idaho coach Jon Newlee not pulled her from a few games this season because of either illness, injury or because the score was out of hand so there was no reason to keep her on the floor.

Barr is currently fourth on the Idaho all-time scoring list. Despite Idaho's dwindling chances at making the Big Sky Tournament and a run at a third consecutive NCAA Tournament, her performance during her final year in black and gold is not something that should be ignored by the coaches and players in the Big Sky.

She was named the preseason player of the year, and despite Idaho underperforming slightly this season, it is no fault of Barr's.

The aforementioned Lee from Northern Colorado is joined in the Big Sky scoring top-10 by teammate D'Shara Strange with 16.4 points per game. The Vandals' second leading scorer is Christina Salvatore who is averaging a respectable 10 points per game. Idaho has no other scorer averaging in double figures.

Stacey Barr is the MVP in every sense of the word. Barr has been the Vandals' leading scorer in 19 of 27 games this year.

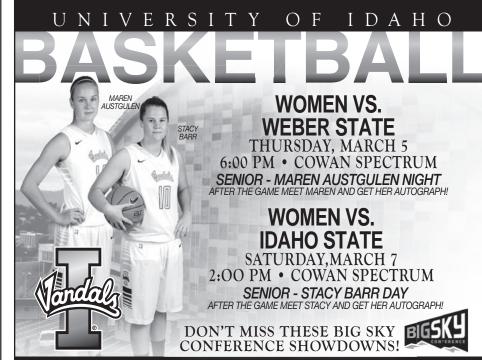
With Barr, the Vandals are 12-15. Without her, they may not have half as many wins, which is the epitome of most valuable player. While players like Christina Salvatore, Geraldine McCorkell and Brooke Reilly have all stepped up when Idaho's offense was struggling, they haven't shown the consistent scoring Barr has.

If she isn't named MVP, despite the Vandals' current position near the bottom of the Big Sky, it will be a slap in the face of the award.

Without question, the team will miss Barr after she graduates — especially if they end up watching postseason play from their living rooms this year after playing in the Big Dance each of the last two seasons. In the meantime, the Big Sky postseason award voters should do the true conference MVP a solid and give Barr the award she deserves.

Joshua Gamez can be reached at arg-sports@uidaho.edu





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#### **BIG SKY**

#### **Portland State (14-12, 8-8)**



Despite sitting in a respectable sixth place in the Big Sky, the Pilots have yet to secure a spot in the postseason tournament. A Saturday loss against Sacramento State didn't help their case either. PSU plays its last two games on the road, so some of the teams behind

them will be hoping the Pilots choke this week.

#### Idaho (13-14, 8-8)



The Vandals knocked off the top two teams in the conference in the month of February, but they also lost some games they should have won. If Idaho can overcome its road struggles this week at Weber State and Idaho State, the team could do some damage

in the Big Sky Tournament, but first they have to get there.

#### Weber State (12-15, 7-9)



The Big Sky's most athletic player Joel Bolomboy and the Weber State Wildcats might be headed to postseason play despite sporting a losing record. Weber State currently holds the eighth and final spot in postseason play, but they will need every

one of Bolomboy's 12.8 points per game and 10.2 rebounds per game to beat Idaho and Eastern Washington this week and keep the final spot.

#### **Southern Utah (9-18, 6-10)**



The Thunderbirds shocked some teams this year, but postseason play is likely out of the picture at this point with a 6-10 conference record and conference leader Sacramento State next up on the schedule.

#### North Dakota (8-20, 4-13)



Conference tournament play is out of the question for North Dakota, but the team will try to snap a seven-game losing streak in a nonconference matchup against Nebraska-Omaha Tuesday. UND coach Brian Jones would be more comfortable going into the

offseason with a win or two instead of a nearly double-digit losing streak.

#### Montana State (7-22, 4-13)



The Bobcats round out the season with a final game against in-state rival Montana. The heated MSU versus Montana game is a championship game of sorts for the Bobcats as the team has no hopes for any real postseason play.

#### Idaho State (6-22, 3-13)



A season finale against in-state foe Idaho is all the Bengals have to look forward to as the season comes to a close. ISU, which sits in last place in the conference, lost to the Vandals 77-54 Jan. 1.



File photo | Argonaut

Senior Dylan Watts clears the pole during the 2012 track and field season. Watts won the pole vault event at the Big Sky Indoor Track and Field Championship despite missing most of last year with a shoulder injury.

## **Turn down for Watts**

Individual win by Watts highlights indoor track and field championships

> Stephan Wiebe Argonaut

One year ago, senior Dylan Watts missed the indoor track and field season due to a scheduled surgery on his shoulder. Last Saturday, however, Watts won gold in the Big Sky Conference Championships in Flagstaff, Arizona.

He finished the event with a height of 16 feet, 11.5 inches. Watts' mark was a career-best and four inches better than the next competitor.

"Dylan did a fantastic job," Idaho coach Tim Cawley said. "He stayed composed. The conference kids he was going against did a fantastic job too — I think the top three or four guys in the competition all (got personal records) including Dylan. Dylan had to have his best day to win it."

Watts was the only Vandal to win an event out at the Big Sky Championships out of the small pool of Vandals who competed. He was also the only senior on the team without any outdoor track and field eligibility remaining.

The Idaho men's team finished the championship meet in 11th place with 14 points, while the women's team finished in 12th with 19 points. Northern Arizona won with 144 points on the men's side and Sacramento State won by less than two points on the women's side with 99.83 points.

Idaho's top performer on the women's side was junior Katelyn Peterson. The two-sport athlete finished second in the high jump with a mark of 5-6.5, which was also a career-best for her.

"Katelyn is the full package — a two-sport athlete, a tremendous student, just went out and competed, battled. She forced a girl to PR and the girl had to kind of have her best day to beat Katelyn. I think Katelyn pushed her to that level."

Other Vandals who earned points included sophomores Adara Winder and Ana Pardo Cofrades in the women's shot put and sophomore Dusan Jevtic in the men's high jump.

"They competed really well,"

Cawley said. "I think the majority of the athletes placed as high or higher than they what they came in ranked at. You can't really ask for much more than that."

The Vandals competed in the meet without Emmanuel Panchol. The senior high jumper from Khartoum, Sudan, was the favorite in the triple jump and a top-five seed in the high jump, but Cawley said he held him out of the meet on a coaching decision for reasons with the team.

With the indoor season concluded, the Vandals have a quick turnaround for the outdoor track and field season. Cawley said the team was already back practicing again Monday. The first outdoor meet will be the Vandal Jamboree March 28 at the Dan O'Brien Track and Field Complex.

"We'll raise the volume back up a little bit and get back to teaching some things and work our way down to the season and compete for outdoors," Cawley said. "It's pretty much that simple."

Stephan Wiebe can be reached at arg-sports@uidaho.edu

#### VANDALS

FROM PAGE 6

The Bobcats stuck with Idaho despite trailing for the majority of the game. Idaho found itself up by only three points with just over a minute remaining. Then, Scott pulled up behind the arc with a defender in his face and made a 3-pointer to give Idaho a 76-70 lead. MSU couldn't recover.

"That pull up 3-pointer by Mike was coldblooded, but hés been coldblooded all year," Hill said. "He's hit huge shots for us and I'm just thankful that he was the one that made that shot because he deserved it."

Scott finished the game with 14 points despite only playing 21 minutes due to foul trouble. Freshman Arkadiy Mkrtychyan added 11 points off the bench for the Vandals in the post.

The win was Idaho's seventh consecutive Senior Day win.

"It's always nice to finish with a win, especially on Senior Night," Idaho coach Don Verlin said. "We've been very fortunate since I've been here to do that every time, so it was a good feeling for Connor and Mike

Despite two straight home wins, Idaho still sits at seventh place in the conference standings and hasn't clinched a spot in the postseason tournament. Scott said the home wins give Idaho confidence going into the final two games of the season.

"We know we could sit real nice right now with two home wins, but Monday it's back to work," Scott said.

> Stephan Wiebe can be reached at arg-sports@uidaho.edu

#### TOURNAMENT

FROM PAGE 6

Montana State sealed the game with free throws. The Bobcats shot 13-of-17 from the free-throw line and the Vandals sank 7-of-9.

Barr led the way for the Vandals with 23 points, including 5-of-5 from the free-throw line. She also added six rebounds and three steals.

Junior guard Christina Salvatore scored 13 points and sophomore post Brooke Reilly had 10 points and 11 rebounds for a double-double. Junior post Ali Forde filled the stat sheet with eight points, eight rebounds and three blocks.

> Garrett Cabeza can be reached at arg-sports@uidaho.edu

ATHLETES FROM PAGE 6

#### Connor Hill - men's basketball



Last week featured the last two home games for one of the best shooters Idaho has had in school history as Connor Hill played his final time in Memorial Gym in Moscow. Thursday against Montana, Hill scored a team-high 23 points in the double-overtime upset of Montana,

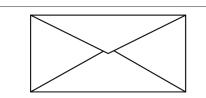
who is tied with Sacramento State for the Big Sky lead. In a packed Memorial Gym, Hill led the Vandals late and made some critical shots at the end. After being honored before the final game Saturday against Montana State, the Post Falls native dropped a team-high 21 points with two rebounds in the 80-73 Vandals win. His performances earned him Big Sky Men's Basketball Player of the Week honors.





MARCH 3,2015 PAGE 9

# OPINION



Write us a 300-word letter to the editor.

ARG-OPINION@UIDAHO.EDU

**OUR VIEW** 

# Recognize homelessness

Students should support homeless population, donate to food banks

Tust because you can't see it does not mean it's not there.

This is the case for Moscow's homeless and impoverished population. Unlike in larger cities, the homeless in Moscow don't stand on street corners. They are out of view from the general public and many residents forget there are any at all.

This doesn't change the fact that 27.9 percent of Moscow residents fell below the poverty level between 2009 and 2013, according to the U.S. Census Bureau. There is a problem, and it's

easy to do something to help.

There are Moscow organizations that offer housing options

for the homeless, such as Sojourner's Alliance. The local nonprofit also provides the homeless community with everyday materials — toilet paper, soap and facial tissues — many of which students purchase on a regular basis.

An easy way to help someone in need would be to purchase an extra item or two and donate it to one of the Sojourner's Alliance facilities.

The University of Idaho even has its own food bank to help students in need. The Vandal Food Pantry has six locations on campus at Student Support Services, Student Media, the Diversity Center, the Campus Christian Center, the Counseling and Testing Center and the Student Recreation Center.

Whenever a location is open, students can access the cabinets

filled with groceries and information sheets. There are no requirements to use the cabinets and no personal information is needed.

While food banks receive a tremendous amount of support around the holidays, food insecurity is a year-round problem and low-income residents need Moscow's continual support.

Small donations can go a long way for these organizations and the people they serve.

Students should help make sure fellow Vandals don't go to class hungry by dropping off donations at the Volunteer Center or the Counseling and Testing Center.

Boxes and Walls — a studentrun exhibit focused on poverty, power-based violence and stereotypes — will give students the opportunity to experience challenges others face. The event will be held from 1-7 p.m. in Wallace Gooding Hall on the first floor. There are also several community organizations focused on issues of homelessness and poverty in the region that can provide information and volunteer opportunities for those who want to learn more or give back.

For those who do not have to worry about a place to sleep or an empty stomach, it may be hard to imagine what others are going through.

It's important to support each other — both at UI and in the community — because Moscow is not immune to these serious issues, and homelessness and poverty should not be kept a secret when others can help.

-KH



Andrew Jenson
Argonaut

THE CONSTITUTIONAL CARRY BILL KEEPS THINGS CONSISTENT. IT'S NOT GOING TO CHANGE HOW WE VIEW OFFICER SAFETY.



BONNER COUNTY STERIFF PARYL WHEELER



# Fight for your rights

Q&A



Answers to questions regarding university policies, procedures or student life

#### I'm about to move out of my apartment and I'm worried I won't get all my deposit back. What I can do?

The hard truth is that the best time to ensure you get all of your deposit back is the first day you move in. While most reputable landlords or management companies will have you fill out a damage assessment when you move in to document the condition of your apartment, they have no legal requirement to do so.

If you did take photos and fill out a form, you are in great shape. Talk to your landlord about what they look for when you move out and clean your apartment thoroughly. This should ensure you get as much of your deposit back as possible.

Unfortunately, there are unscrupulous landlords who will try to keep your deposit no matter what. This is why you need to know your rights. If they want your deposit, they have to fight you for it. Assuming you actually didn't damage your apartment and deserve your deposit, you can win the fight.

Your landlord has to provide you with a list of the charges with justifications of why they should keep your deposit. If you think these are unjust, you can file a claim in small claims court. This is not as hard as it sounds. After telling your landlord you plan to file a claim, they may just return the portion of your deposit you are asking for.

The College of Law at the University of Idaho offers a free legal aid clinic and you can ask for advice. Filing a claim for the value of the unjust charges is relatively simple and you don't need a lawyer. Get your documentation in order, follow the process through and reap the rewards.

Filing a claim in small claims court seems extreme, but it may be necessary, as there are not enough renter protections in Idaho law. Other states and municipalities have laws ensuring landlords can't charge unjust fees. These protections include ensuring you have better access to information, as well as stronger requirements for the documentation of fees.

Making these protections law are steps the city of Moscow should take to help protect the thousands of students who live off campus. Nearly 70 percent of students live in off-campus housing,

Moscow needs stronger renter protections

driving the economy in the city of Moscow. With how much students contribute to the economic health of our community, stronger renter protections are something we deserve.

The city of Moscow understands the impact students have and they want to help us. There is a Fair and Affordable Housing Commission charged with ensuring renters are treated properly and finding ways to further fair housing practices. If you have thoughts or personal stories about how students could be better treated, step up and get involved.

In a small, close-knit community like Moscow, one person can make a huge impact. Many people forget the power local government has to make a difference in our lives. Take advantage of this opportunity, and even if you don't get your deposit back this year, you can help ensure next year may be better.

Max Cowan can be reached at arg-opinion@uidaho.edu

### OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

#### So far, so good

The first few days of March have been pleasantly mild. Sure, there are still 28 days left, but considering the month's previous track record with weather, I'll take what I can get. #spoketoosoon

–Erin

#### Foreshadowing

If Monday was such a terrible day, I feel like this week will be nothing but one firestorm after another. I think I'm just going to burrow to the core and campout there instead.

-Claire

#### Good Ole President Harrison

"Defending the faith, especially in university classrooms and college quads, will be one of the most difficult things you'll do." No kidding there.

-Andrew

#### The Underwoods

Francis and Claire's relationship is so interesting. They obviously use each other to maintain/increase power and to achieve limited political objectives ... but do they love each other? I would argue they do.

-Amber

#### March

It means madness. Tournament time is near.

-Stephan

#### Climate change

You know it's been an odd winter when everyone is surprised to see snow in Moscow at the beginning of March.

-Daphne

### March is good and all

But April is better.
Opening day of Major
League Baseball and the
Masters, both at the beginning of April — March
needs to just come and go
in a hurry.

-Korbin

#### Almost there

My schedule is lacking sleep. Spring break will be a welcomed change of pace.

-Katelyn

#### Patience

More than anything else I've learned in college, this is the skill I think is most important.

-Kaitlyn

#### Jazz Fest

What a week. I don't think I've ever met a player with a more organic approach to music than Stefon Harris. What an interesting guy.

-Ryan

#### Yep

Radio Disney is my jam. Seriously though, I can't get through the day without getting my fix of Nick Jonas.

-Jack

# Intimidating workouts

Ryan Tarinelli

Gym insecurities happen but SRC welcomes inconsistent gym goers

It seems contradictory, but the gym can be the most difficult place to workout.

The experience can bring a mixture of both physical and social insecurities to new gym goers.

I encountered the feeling firsthand when
I had one too many
Christmas cookies over winter break and decided to start working out again

— admittedly on a limited basis. Like many others, I encountered the wave of intimidation that comes with the thought of working out at the gym again.

The futuristic workout equipment looks impossible to handle and everybody else seems to know how to get a good workout in and how to look good doing it. The weight section is often filled with swol weightlifters going about their intense workout, staring at themselves in the many mirrors.

It's no wonder the gym environment deters many from working out.

But while the feeling of intimidation is understandable, it is ultimately a poor excuse for not exercising, especially at the University of Idaho.

The Student Recreation Center has done its part to address this perception and make the gym a more welcoming place.

The SRC offers a number of wellness programs, from cycling to yoga, which not only get people working out, but can also get them more comfortable with going to the gym in the first place.

The SRC even offers a program addressing intimidation in the weight room. During the program "Open Fitness," a personal trainer is on duty to answer questions and teach gym goers how to use weight equipment.

When a question comes up,

I found one of the best things to do is ask. Ask fellow gym goers, ask a trainer or ask a desk assistant. The staff is knowledgeable and they often realize when somebody is out of their element.

Becoming comfortable with exercise and gyms serves a greater purpose other than short-term benefits.

College is a time when students develop habits that will carry them throughout adult-hood. Setting up a positive relationship with exercise is a critical step forward in becoming a healthier individual.

It's also important to realize the gym is not the only outlet for exercise. Students can take part in an Intramural Sports team or go on an Outdoor Program trip. And although it is in the SRC, playing a pick up game of basketball or climbing up the rock wall is a fun way to exercise. These activities also serve as a way to exercise without the traditional gym experience.

It's also important to remember that as the temperature increases so will the opportunity to exercising outside.

Taking the first step is often the hardest, but getting over the initial awkwardness of the gym is something everybody can handle.

Ryan Tarinelli can be reached at arg-opinion@uidaho.edu



#### **The Honest Professor**



#### **College Roommates**



Aly Soto | Argonaut

#### Senka Black



Samantha Brownell | Argonaut

# Sleep when you're busy

Sleep when you're busy. Sounds University of Idaho National Colcan get adequate sleep and still what works for you.

counterintuitive, right? You may le be thinking, "How am I supposed 1" to sleep when I have to finish a project study for

finish a project, study for a midterm and work the late shift?"

In reality, it is a

balancing act, but it's doable with proper planning and dedication. Getting enough sleep, especially during those busy times, will allow you to be more alert and you'll likely perform better on tests, assignments and at work.

The National Sleep Foundation recommends young adults get seven to nine hours of sleep each night, and according to the University of Idaho National College Health Assessment data, only 11.2 percent of UI students report

getting enough sleep to feel rested in the morning six or more days of the week.

Lack of sleep and restfulness is not unique to UI. Americans are getting less and less sleep over the decades — and sleep experts have noted a lack of sleep impacts weight gain, car accidents, poor school perfor-

mance, depression and other issues.
The question about why Americans — in particular students at
UI — aren't getting adequate sleep
deserves significant attention.

What also deserves attention is the question of how students

have time for assignments, studying, class, work, clubs and friends. Luckily, there are some tips to getting a good night's rest.

### 1. Focus on time management

Oftentimes, lack of sleep is caused by "too much to do." Sleep is essential to keep our minds and bodies operating at peak performance, so even though your to-do list is adding up, it's essential to get enough sleep in order to finish those tasks.

#### 2. Keep a planner

Maybe a planner is not your thing, and you prefer to use your phone, iPad or sticky notes. Find what works for you. What system will allow you to be where you need to be on time and set aside time in your day for self-care?

### 3. Be realistic about time

Make health, sleep health in particular, a priority. Sometimes this means turning down other obligations in order to rest and take care of yourself.

#### 4. Set the mood

Your sleep environment is critical to a good night's rest. Live with a noisy roommate or several other peers? Investing in some ear plugs — not headphones playing music — and a sleep mask may help provide

the quiet, dark environment you need for a good night's rest.

Getting adequate sleep is

important for productive life

Still not enough? Try talking with your roommates about how their habits are influencing your sleep — they may not even realize they are keeping you up at night.

#### 5. Reach out for help

Never hesitate to talk about your sleep habits, time management skills and questions with your primary care provider, Student Health Clinic, Counseling and Testing Center or the Health Education Resource Room in the Student Recreation Center.

> Emily Tuschhoff is the Vandal Health Ed coordinator. She can be reached at emilyt@uidaho.edu

# **Argonaut Religion Directory**



What It Means To Bear the Cross Every Christian Bears the Cross Right Attitude for Bearing the Cross Mar.4

Messiah Moscow.org
A mission of Messiah Lutheran, Seattle, WA (LCMS)



astors:
Mr. Kim Kirkland Senior Pastor
Mr. Luke Taklo Assistant Pastor
Mr. Nathan Anglen Assistant Pastor

960 W. Palouse River Drive, Moscow 882-0674 www.bridgebible.org

Moscow First

*United Methodist Church* 

Worshipping, Supporting, Renewing

9:00 AM: Sunday School Classes for all age

Sept. 7- May 17.

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(Children's Activities Available)

The poeple of the United Methodist Church

open hearts, open minds, open doors.

mpus Pastor: John Morse

oscow ID, 83843

22 East Third (Corner 3rd and Adams)



RESONATECHURCH

Exploring God is better in community

Sunday Worship Gathering

10AM

The Nuart Theatre

516 S. Main St. Moscow ID

SUB BALLROOM (U of I campus)

Sunday Worship 10.30 am
Sunday College Group 4.00 pm
at Campus Christian Center
Wednesday Taizé Service 5.30 pm
405 S. Van Buren fpcmoscow.org
Moscow, Idaho 208-882-4122
Pastor Norman Fowler



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**CONCORDIA** 

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1015 NE Orchard Dr | Pullman

(across from Beasley Coliseum)

www.concordiapullman.org

Sundays | 10 a.m. College Students

Free Dinner & Gathering

Tuesdays | 6 p.m.

Rides available by contacting Ann at ann.summer

concordiapullman.org or (509) 332-2830

Worship Services

Unitarian Universalist
Church of the Palouse
We are a welcoming congregaton that
celebrates the inherent worth and dignity of
every person.
Sunday Services: 10:00 am
Coffee: After Service
Nursery & Religious Education
Minister: Rev. Elizabeth Stevens

420 E. 2nd St., Moscow 208-882-4328 For more info: www.palouseuu.org St. Mark's Episcopal Church

All are welcome. No exceptions

Sundays

9:30 am Holy Eucharist
5:00 pm CandleSong - Taizé style chants & quiet (is t - 3rd Sundays)
5:00 pm Welcome Table Alternative
Worship (4th Sunday)
5:00 pm Evensong - In the Anglican
trad lition (5th Sunday)

Find us on
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St. Jefferson St.
Moscow, ID 83843
"Red Door" across from
Latah County Library

ST. AUGUSTINE'S
CATHOLIC CENTER

628 S. Deakin - Across from the SUB
www.vandalcatholics.com
Sunday Mass: 10:30 a.m. & 7 p.m.
Reconciliation: Wed. & Sun. 6-6:45 p.m.
Weekly Mass: Mon., Wed., Thurs., Fri. 12:30 p.m.
Mass in Spanish:
2nd & 4th Sunday of the month.

Phone & Fax: 882-4613
Email: stauggies@gmail.com

If you would like your church to be included in the religion directory please contact Student Media Advertising at 885-5780.