

THE ARGONAUT

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Tuesday, May 5, 2015

SPECIAL REPORT

Short on support

Declines in state support for mental health services evident on the Palouse

“

Often we see people who take their medication and think they're healed so they stop taking it, then it's just a downhill slide.

Paul Kwiatkowski, Moscow Police Lt.

Moscow police spent hours responding to mental health crisis calls for the woman.

“When she was on her meds, she was one of the most productive people I've ever met,” Kwiatkowski said. “But when you're battling that type of illness, it's a cycle. Often we see people who take their medication and think they're healed so they stop taking it, then it's just a downhill slide.”

Cases like this have become more common in the Moscow area in recent years, after statewide support for mental health was reduced in the early 2000s, and again following the 2009 economic recession. The decline in support caused the Idaho Department of Health and Welfare (IDHW) to reduce statewide services for adult mental health patients, according to Ross Edmunds, administrator for behavioral health for the IDHW.

Kwiatkowski said what used to be only 12 or 13 cases a year turned into 50 or more calls related to mental health crises, not including calls related to suicide and depression. Kwiatkowski said the department struggles to keep up with the demand for assistance in such cases.

This problem — the struggle to meet the growing demand for mental health resources — is one that plagues the community, as well as the University of Idaho and the rest of the state, and is one that won't be easy to solve as need continues to increase.

Funding mental health

This year, for the first time since the economic downturn that led to budget cuts in every department, the state made an investment in improving mental health services.

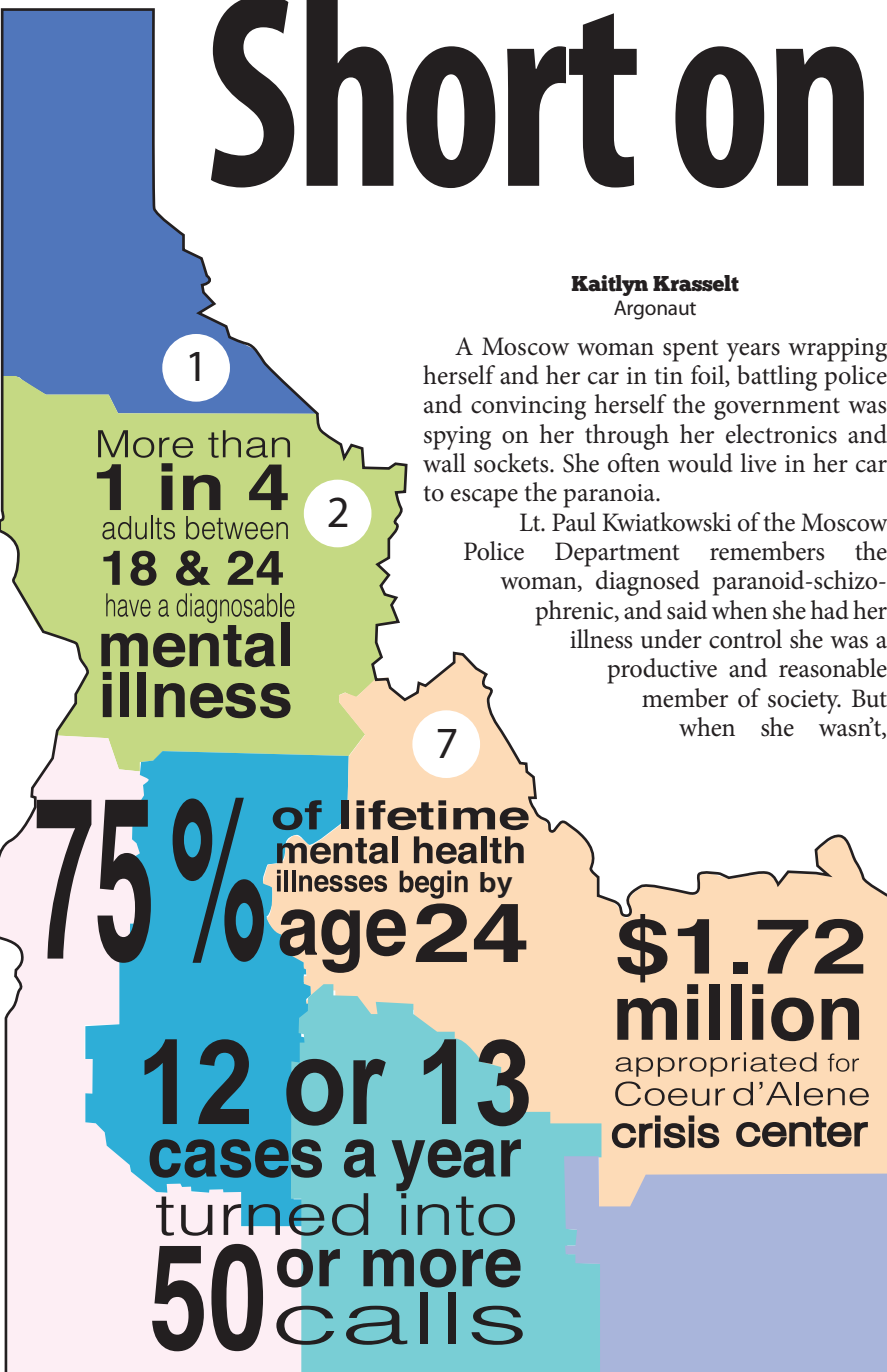
Idaho Gov. C.L. “Butch” Otter requested \$1.52 million in state funding to start a second mental health crisis center in the northern part of the state to complement the one that already exists in Idaho Falls. Ultimately, it is Otter's goal to have a crisis center in all seven regions of Idaho.

Idaho lawmakers on both sides of the aisle supported Otter's request and appropriated \$1.72 million for a North Idaho crisis center expected to open in Coeur d'Alene within six months.

“This is the state's first large general fund investment in behavioral health in a number of years,” Edmunds said.

Edmunds said the behavioral health board for Region 2 (the five-county area that includes Moscow and Latah County) wrote a letter in support of the crisis center's Coeur d'Alene location because although it is a different region, the city had already been working toward a plan for a mental health crisis center.

SEE SHORT, PAGE 5



Kaitlyn Krasselt
Argonaut

A Moscow woman spent years wrapping herself and her car in tin foil, battling police and convincing herself the government was spying on her through her electronics and wall sockets. She often would live in her car to escape the paranoia.

Lt. Paul Kwiatkowski of the Moscow Police Department remembers the woman, diagnosed paranoid-schizophrenic, and said when she had her illness under control she was a productive and reasonable member of society. But when she wasn't,

When a crisis arises

Care for mental health patients often falls to law enforcement in Idaho

Kaitlyn Krasselt
Argonaut

Moscow police respond to a call of someone acting strangely — wrapping themselves in tin foil, for example.

When they arrive, it's clear they are law enforcement with their marked cars, uniforms and holstered weapons. But in many cases, a crime hasn't been committed, and officers are responding to provide assistance in a crisis and avert a tragedy.



Kwiatkowski

“The thing is, they're not a criminal,” Kwiatkowski said. “They're a patient. They're in crisis, they might be hearing voices or be in a state of paranoia, and it's scary for them. We have to put them in handcuffs in the back of the car for our safety and theirs. They're suffering from this illness, but they didn't do anything wrong, and now they feel like they did.”

Officers look for three things in a mental health crisis: Is the person an imminent danger

to himself? Are they an imminent danger to others? Or are they gravely disabled, meaning they cannot currently take care of their daily needs?

Kwiatkowski said if the answer to any of these questions is “Yes,” the person is taken into custody.

Once taken into custody, patients are transported to Gritman Medical Center, where they undergo a psychiatric evaluation. If patients are deemed by a doctor to be in a state of crisis — in other words, they haven't recovered from their paranoia during the

trip to the hospital — officers write a probable cause affidavit to hold patients for 24-72 hours in a hospital for evaluation and care.

According to Gritman spokesman Eric Hollenbeck, the hospital hopes to add mental health and psychiatric services through a partnership in a new building they plan to construct at the corner of Jackson and South Main Streets.

But as of now, Gritman does not offer psychiatric services other than an emergency evaluation. As a result, the hospital is prohibited by law from housing mental health

patients for the 24-72 hour period following the initial evaluation.

So, patients are placed back in the hands of Moscow police officers, who are responsible for transporting them to St. Joseph's Regional Medical Center in Lewiston, or if St. Joseph's is full, to Kootenai Medical Center in Coeur d'Alene.

Officers are also responsible for returning to retrieve patients at the end of their holding period.

For a department that may only

SEE WHEN, PAGE 5

ADMINISTRATION

Finding a dean of students

Three dean of students candidates give presentations this week

Ryan Tarinelli
Argonaut

Three candidates for the open dean of students position will visit campus this week to interview for the job and present at an open forum.

Candidates will be on campus Tuesday, Wednesday and Friday, and all open forums will be held from 11 a.m. to 12 p.m. in the Whitewater room of the Idaho Commons.

Former Dean of Students Craig Chatriand resigned in March after about two months in the position, following the retirement of longtime Dean of Students Bruce Pitman.

Blaine Eckles is the associate dean of students at Boise State

University and will be on campus Tuesday, followed by Ryan Greene, director of the International Student Center at Seattle University, who will give a presentation at an open forum Wednesday.

Neil Cohen, who currently serves as associate vice president for Student Affairs/Student Life at Broward College in Fort Lauderdale, Florida, will be the last candidate to make his pitch for the position at an open forum session Friday.

As associate dean at BSU, Eckles manages disciplinary hearings, coordinates Title IX investigations and oversees academic integrity processes.

In the position, Eckles also serves as chair for the Campus Assessment, Resource and Education (CARE) team, which aims to find solutions to dangerous behaviors

on campus.

Although Eckles has been a Bronco since 1997, he received his doctorate in adult, organizational learning and leadership from University of Idaho Boise in 2011.

Before beginning his associate dean position in 2011, Eckles was the director of the Office of Student Rights and Responsibilities at BSU, a position he held for six years.

As director, Eckles developed the overall vision for the office and oversaw student conduct proceedings, which included the resolution of over 400 disciplinary cases a year.

While at BSU, Eckles has also served as associate director of Student Affairs, student conduct officer, special services coordinator

SEE FINDING, PAGE 5

ASUI

Fisher seeks efficiency

ASUI Senate to vote on eliminating multiple positions

Mary Malone
Argonaut

If the bills proposed by ASUI President Nate Fisher at last week's meeting pass through Senate on Wednesday, it would mean the end of multiple ASUI positions that Fisher said have become unnecessary to the operations of ASUI.

The four proposed bills, if passed, would eliminate the director of sustainability and community relations coordinator positions, as well as abolish the ASUI Recreation Board and most of the Idaho Commons and Union Board (ICUB).

“With all of these, we found that these positions and some of these boards were a little bit unnecessary and they're often filling services that already exist,” Fisher said. “It seems to me that ASUI positions can create some redundancy that inhibits efficiency within government.”

Fisher said the director of sustainability's job is to work in conjunction with the University of Idaho Sustainability Center as a student liaison between ASUI and the Sustainability Center, and to help with programming.

Fisher said the Sustainability Center is good about putting on events without need or assistance from ASUI, and he said the

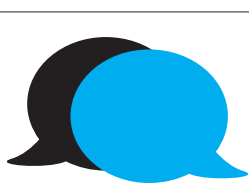
SEE FISHER, PAGE 5

IN THIS ISSUE



Four Vandals sign as undrafted free agents in NFL.

SPORTS, 6



Mental health needs more funding and support. Read our view.

OPINION, 9



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Department of Student Involvement

GET INVOLVED!

Commons 302
www.uidaho.edu/getinvolved



CHANGE THE RAPPER

Doors open at 7 pm, show starts at 8 pm
Tuesday, May 5th @ The Kibbie Dome
Tickets can be purchased at the door
\$20 UI Students, \$35 public

Distractions

UNIVERSITY OF IDAHO

DAYTIME DISTRACTIONS

Chill out and play some games!
Wednesday, May 6th @ 11:30 am
Idaho Commons

Senate Meetings

ASUI SENATE MEETING

ASUI Senate meets to discuss and vote on legislation. Open to the public!
Wednesday, May 6th @ 7 - 8:00 pm
Idaho Commons Whitewater Room



SENIOR APPRECIATION DAY

Congratulate graduating involved seniors on Friday, May 8th!

CRUMBS



A Crumbs recipe

Simple pancakes

Claire Whitley
Crumbs

There is nothing quite like a complete breakfast in the morning, but who has extra pancake mix lying around? Pancakes are easy to make from scratch and are way better homemade than a mix. This recipe is also easy to double for more cakes.

Ingredients:

- 1 1/3 cups flour
- 3 teaspoons baking powder
- 1/2 cup sugar
- 1/2 teaspoon salt
- 2 eggs, beaten
- 1 cup milk
- 2 tablespoons oil

Directions:

1. In large bowl, whisk dry ingredients together
2. In a separate smaller bowl, mix eggs, milk and oil
3. Add wet ingredients to the dry and stir until moistened. Be careful not to over mix, as the batter will become lumpy
4. Pour about 1/3 cup of batter onto hot griddle or frying pan
5. Cook until golden brown on both sides



Claire Whitley | Argonaut



Cloud Nine



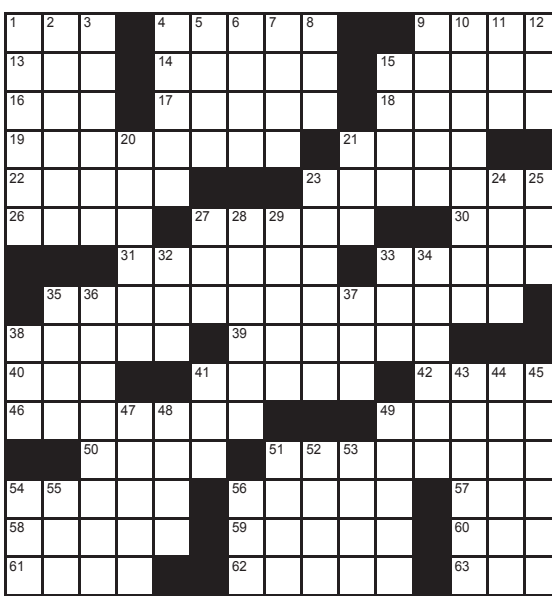
Andrew Jensen | Argonaut

FOR MORE COMICS SEE COMIC CORNER, PAGE 10

CROSSWORD

Across

- 1 Psychic power
- 4 Fragrant oil
- 9 Tom Cruise flick, *Good Men*
- 13 Tarnish
- 14 Oar pin
- 15 Musical mark-up
- 16 Sorority letter
- 17 Enticed
- 18 Hesitate
- 19 Berate
- 21 Make, as a CD
- 22 Sandwiches for dessert
- 23 17th century English Protestant
- 26 Kitten's plaything
- 27 Romeo's rival
- 30 Bio bit
- 31 Reddish brown horse
- 33 Bonehead
- 35 Olive branch
- 38 Eyelashes
- 39 More docile
- 40 Draft pick
- 41 Wilkes-____, Pa.
- 42 Duds
- 46 Formulates
- 49 Home of the brave
- 50 In the center of
- 51 Dreadful
- 54 ____ point
- 56 Bay of Naples isle
- 57 Elephant grp.
- 58 Oafs
- 59 Bay window
- 60 Fr. summer

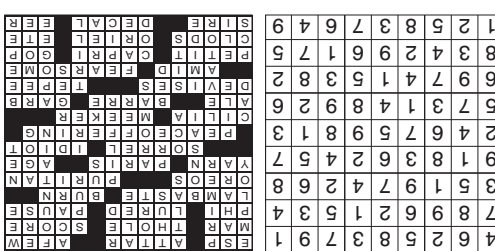
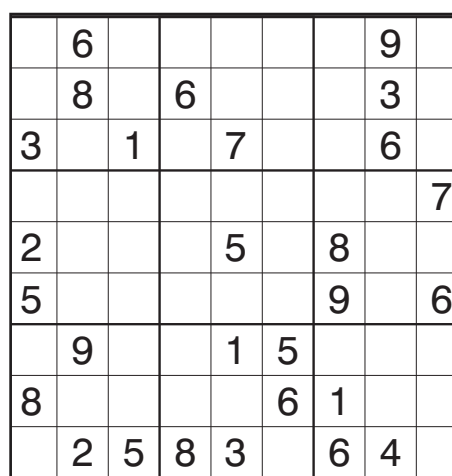


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Down

- 1 Wield
- 2 1943 Bogart film
- 3 Undercoat
- 4 Rand McNally product
- 5 As a result
- 6 Suit material?
- 7 Downwind
- 8 Like roses
- 9 Mites
- 10 ____ of youth
- 11 Hosp. units
- 12 Diminutive
- 15 Egg on
- 20 A dwarfed ornamental tree
- 21 Greyhound vehicle
- 23 Lift, so to speak
- 24 Bug-eyed
- 25 Butterfly catcher
- 27 Historic beginning
- 28 Scents
- 29 Direct elsewhere
- 32 Wood sorrel
- 33 Dander
- 34 Laments
- 35 Stack
- 36 Lifting device
- 37 ____ out a living
- 38 Real heel
- 41 Fourposter, e.g.
- 43 Highest point
- 44 Way off
- 45 Pager
- 47 Ammonia derivative
- 48 Poses
- 49 Warble
- 51 Meter reading
- 52 Kind of proportions
- 53 Bailiwick
- 54 Mac rivals
- 55 Yale student
- 56 Atlantic food fish

SUDOKU



Corrections

Find a mistake? Send an email to the editor.

UI Student Media Board

The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office on the Bruce M. Pitman Center third floor.

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The opinion page is reserved as a forum of open thought, debate and expression of free speech regarding topics relevant to the University of Idaho community.

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- Letters should be less than 300 words typed.
- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, label and clarity.
- Letters must be signed, include major and provide a current phone number.
- If your letter is in response to a particular article, please list the title and date of the article.
- Send all letters to:

301 Bruce M. Pitman Center
Moscow, ID, 83844-4271
or arg-opinion@uidaho.edu

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DIVERSITY

A demonstration with denim

UI Women's Center observes annual sexual assault awareness day

Corrin Bond
Argonaut

Virginia Solan, coordinator of violence prevention programs at the University of Idaho, said Denim Day serves as a means of prompting discussions about the root causes of sexual assault.

"Denim Day gets people talking about the roots of sexual assault — the fact that rape is not about sex, but rather power and control," Solan said. "Everyone wants to ignore these roots, but change can't happen if we don't start really talking about how pervasive victim blaming is in our society."

UI participated in the globally recognized awareness day last Wednesday in the Idaho Commons where students, staff and faculty members wore and signed denim to bring awareness to sexual assault.

Women's Center Office Manager Christina Valazquez said Denim Day began in 1978 as a protest against an Italian court ruling in which a perpetrator of sexual assault escaped a jail sentence because of the victim's clothing.

"A young lady in Italy was taking driver's education classes when her instructor raped her and left her in an alley," Valazquez said. "She went to the police and they charged him, but when the case

went to court, he got away clean because the courts claimed the victim's jeans were too tight."

Valazquez said the courts decided her attacker couldn't have taken off her jeans without her assistance because they were so tight, and by her helping him remove them it made the act consensual.

She said women in the Italian parliament protested the day following the ruling by wearing jeans, and their protest became an annual event aimed at bringing awareness to the prevalence of sexual assault worldwide.

"Women all over the world wear denim on this Wednesday in April now to show support for survivors and victims of sexual assault," Valazquez said. "It's important to know that sexual assault is real, that it happens all over the globe and that it can happen to anyone."

Solan said although the court ruling happened years ago, Denim Day is still an important event because of how relevant the story is today.

"It would be nice if we could look back at that court case and say 'Wow, isn't it hard to believe something like that once happened?' But Denim Day is still going strong, because that's not the case," Solan said.

Solan said the conversations she and the Women's Center hope to start through Denim Day will encourage others to question the ways they have been taught to think about sexual assault.



Zoe Marko (left) talks to Mimi Price and Katie Estey about Denim Day Wednesday.

Yishan Chen | Argonaut

"People try to simplify sexual assault by blaming the victim for what they were wearing instead of focusing on the fact that someone made the choice to take advantage of another person in a vulnerable situation," Solan said. "It's important to ask ourselves why we, as a society, focus more on the victim's actions than the perpetrator's."

Solan said Denim Day and the remembrance of the case is

crucial, because not only does the court case serve as a tangible example of victim blaming, but it also prompts a conversation about the root causes of sexual assault.

Solan said although the event only happens once a year, its impact and the conversations it begins will help shape the way society regards sexual assault now and beyond.

"We need to say 'Hey, let's

talk about how insane this is and not just for women, but for men too," Solan said. "We cannot hope for change until people start talking about what sexual assault is really about ... Through starting these conversations, we can help prevent assault and also help victims heal."

Corrin Bond
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arg-news@uidaho.edu

CITY

Sidewalk for safety

Moscow to construct new sidewalks along Polk Street this summer

Graham Perednia
Argonaut

The City of Moscow will construct a sidewalk and curb on North Polk Street this summer.

The new sidewalk will run from E Street on the west side of Polk Street and connect with an existing sidewalk at Rodeo Drive.

"This corridor is highly used by people," said Scott Bontrager, assistant city engineer. "Right now, people just have to walk on the shoulder of the road."

The amount of foot traffic has increased in the area because of the new apartment buildings and business development, City Councilman Wayne Krauss said. He said it was important to him to build a sidewalk along Polk Street.

At first, Krauss only wanted a sidewalk in front of the city shop, which is located on Polk Street. But federal funding was found to have a sidewalk connecting E Street to Rodeo Drive.

The project will cost \$300,000, Bontrager said. Most of the funding comes from the federal government, with the city having to pay about \$28,000 because matching grants is part of the city budget.

"(The council) always puts money in capital improvements in order to match grants," Krauss said.

Although the area is ready for construc-

tion to begin, Bontrager said Moscow will hire a private contractor, because the city does not have a workforce to handle a project of this size. Project bidding will begin within the month and construction is expected to begin in July, Bontrager said.

The project will also create a gutter system, which will collect storm water, Bontrager said. "Everything will be captured and placed into the existing storm drain system," he said.

Krauss does not foresee any complications with the project and believes it is a solid improvement for the area.

"It's going to be a great project," Krauss said. "It will be a positive improvement for the pedestrian traffic on Polk."

The city requires developers to build sidewalks as part of construction development, but some areas were developed before the requirement was put in place, Krauss said.

Krauss said he believes it is the responsibility of the city to build sidewalks in areas where there is already development and no sidewalks.

"In my opinion, it is the right thing to do," Krauss said.

Krauss said he encourages citizens to look out for areas that could use improvement and bring it to the attention of the city council.

"You folks are the ones who travel around Moscow," Krauss said. "You can be the eyes for the council."

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Krauss

STUDENT LIFE

Studying with snacks

ASUI to provide snacks to students in the library during dead week

Katrina Hicks
Argonaut

With finals week approaching, students are encouraged to take a well-deserved break from studying to enjoy free snacks and school supplies this week during Kram for the Exam, an event hosted by ASUI, the University of Idaho Library and Campus Dietician Marissa Rudley.

"We want to encourage students to begin studying for finals early in the week with an enthusiastic start to dead week," said Alysha Van Zante, ASUI spokeswoman.

The event will take place from 6:30-8 p.m. Monday through Wednesday in the library. Van Zante said Kram for the Exam is designed to help students during dead

week as they study for their finals and to make the library a little homier this time of the year.

ASUI students will hand out healthy snacks, school supplies and coffee, according to Beth Canzoneri, UI librarian. Canzoneri said the purpose of the event is to support students as they prepare for their finals.

"Kram for the Exam is a three-night event to provide goodies to students studying in the library during dead week," Canzoneri said.

It is expected students will already be studying for finals, Canzoneri said, and Kram for the Exam will help students stay motivated during those first few nights of studying in the library.

"(The benefits) will be sustenance for a long night of 'cramming' for their exams," Canzoneri said.

Students often need some encouragement to start studying early in the week for finals, Van Zante said, and Kram for the Exam is meant to support them

and provide them with extra inspiration to get a head start on studying.

The event is funded by the library and ASUI and IdaVend donated more than 700 snacks, according to Van Zante

The event has been happening biannually for the last three years, according to Canzoneri. She said former ASUI Communication Board Chair Hayley Lydig came up with the idea spring 2013. Due to the success of the first event, the library and ASUI decided to continue hosting the event for every finals week, twice a year.

The event has been gaining popularity for the last six semesters, according to Canzoneri.

Canzoneri said the library enjoys working with ASUI to make the event happen, and the library encourages all students to come out and enjoy some free snacks while they study for finals.

Katrina Hicks
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CITY

The first of the season

Moscow Farmers Market begins again

Graham Perednia
Argonaut

The Farmers Market returned to Main Street in downtown Moscow Saturday, as local farmers, cooks, artists and crafters took to the street to sell their goods.

This year will be the fourth year at the market for Ray Templeton, owner and creator of a unique line of homemade seasonings called Redneck Seasonings.

"My main thing is to be different," Templeton said.

His newest flavor is honey habanero, and Templeton said what makes it unique is the powdered honey in the base of the seasoning so the jerky he makes with it has been soaking in the honey flavor for the entire process.

Templeton is just one of many community members who contributes to the Farmers Market. The market will be open every Saturday through

October on Main Street.

This season marks the 10th year Yinghua Wang has been selling his Chinese calligraphy at the market. He currently has quotes for Mother's Day and for each Chinese Zodiac sign in addition to famous historical quotes he has written using calligraphy. He also takes requests.

Wang moved from China to Pullman in 1997 and said he has been practicing calligraphy for most of his life.

"This is art that takes a long time," Wang said. "(And) I can write whatever you want."

There wasn't much fresh produce at the market last Saturday because it is early in the season. However, farmers like Pat Allan, owner of the Allen Family Farm, had starter plants for sale that can be replanted in a home garden.

Allan also had fresh eggs and apricot jam from his farm and he said later in the

season he will have lettuce, corn, tomatoes, peppers and many other kinds of produce.

"In June we have tons of produce," Allan said.

After being a middle school and high school teacher for 26 years, Allan moved back to the Palouse to pursue his dream of farming. He has a six-acre farm east of Pullman, where he hopes his family will continue to work on the land.

The Allan Family Farm is also participating in Community Supported Agriculture (CSA), a program where people can pay \$100 a month or \$350 for the season to help support a local small farm and each week they get a return on their investment.

"Every week they will get something from the farm," Allan said. "Typically, people get more than they can eat."

Graham Perednia
can be reached at
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DIVERSITY

One hundred years later

Community observes 100th anniversary of Armenian Genocide at lecture

Shannon Kelly
Argonaut

University of Idaho history professor Richard Spence argued at a lecture last week that the mass killing of Armenians in 1915 was the 20th century's first genocide and ought to be recognized as such.

"After a starting population of 2 million Armenians in the Ottoman Empire on the eve of World War I, up to 1.5 million died during the genocide between 1915 and 1923," Spence said. "Over a million were forcibly deported during that time."

Last Monday, students and community members from across the Palouse area filled a Teaching and Learning Center classroom to listen to a lecture by Spence about the Armenian Genocide and its 100th anniversary, a historical event he said is often overlooked.

Spence spoke of the ethnic cleansing as being a significant component of World War I and explained that the Ottoman Turks, desiring an ethnically pure Turkish national state, sought to reduce Armenians and other groups in the region who did not fit into their vision.

Spence said April 24, 1915 is considered the starting date of the eight-year genocide, because it was when officials gathered Armenian intellectuals and leaders in the Ottoman capital of Constantinople — now Istanbul — and subsequently tortured

and executed them.

"Between 1915 and 1923, Armenians were forced from their homes, left to starve in the desert, sent to concentration camps and/or flat out killed," Spence said.

Spence said although the word "genocide" was not coined until 1943, the atrocities against the Armenians fall under the criteria for genocide under the Geneva Convention, a series of treaties to protect persons in times of international conflicts.

UI senior Ruben Tsarukyan was born in Armenia and spoke at the lecture. He said he and his family immigrated to the U.S. in 1997 due to civil unrest that followed the collapse of the Soviet Union. Tsarukyan, like many Armenians, has direct links to the genocide.

"My great-grandfather, Sirekan Sarian, was a survivor of the Armenian Genocide as a result of the Near East Foundation, but his parents and brother all fell victim to the massacres," he said.

Proud of his heritage and culture, Tsarukyan said he is dedicated to educating others about the Armenian Genocide.

"It is my moral obligation as an Armenian to disseminate the history of my ancestors and to honor them in any way I can," he said. "Educating others about the Armenian Genocide would be one way to do that."

Spence said the Armenian Genocide was one of Adolf Hitler's blueprints for the Holocaust of World War II.

"The Ottoman Turks were allies with Germany during World War I and had observers on the ground in Turkey while this was going on," Spence said. "Many were revolted by



Nathan Romans | Argonaut
Professor Richard Spence lectures April 27 in observance of the 100th anniversary of the Armenian Genocide.

what they observed, but some also agreed with what they considered the extermination of a 'weaker race.'

The modern nation of Turkey, the successor of the Ottoman Empire in Anatolia, denies the Armenian Genocide ever happened. Spence said many people residing in Turkey are uncomfortable with discussing the Armenian Genocide. In fact, Spence said he once met a couple from Turkey who were highly educated and seemed to be liberal minded, but even they seemed to dismiss the genocide.

"After discussing everything cultural, I decided to brave it and ask about the Armenian Genocide," Spence said. "Their un-

comfortable response was that it wasn't a big deal and that the Armenian people were pests on the land anyway."

Spence said the current government of Turkey tries to distance itself from parts of the Ottoman legacy, although many leaders have links to the Ottoman government, as well as the genocide.

"It made for an awkward subject that did not fit with the idealistic nationalist narrative of the founding of modern Turkey," he said.

Spence said many in Turkey are afraid if the country officially recognizes the genocide, Armenians would demand reparations similar to what many Jewish sur-

vivors of the Holocaust did in Germany following World War II.

Tsarukyan said educating people about what happened to the Armenians is relevant and important, and he would continue to do so until it is largely recognized.

"The Armenian Genocide is still important because some nations refuse to use the term 'genocide' when they refer to the atrocities Armenians faced under the Ottoman Turks, even though Idaho as a state recognized it in 2004," Tsarukyan said. "In order to prevent future genocides, nations have to acknowledge past genocides."

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Police log

Thursday, April 30

6:03 p.m. 900 block Paradise Creek Street

Caller reported a male climbing up an awning onto a roof. He was gone when officers arrived.

6:54 p.m. East First Street; North Monroe Street

Female called upset that someone had parked in front of her house, but it was a public street so there was nothing the officer could do.

9:34 p.m. 1600 block South Blaine Street

Caller reported a vehicle with three people in it just sitting in the parking lot. The vehicle was gone when officers arrived.

Friday, May 1

2:28 p.m. South Main Street; East Sixth Street

Caller reported a male carrying a handgun on his waistband. Open-carry is legal, so no report.

5:15 p.m. 2400 block West Pullman Road

Report of a shoplifter cited and released at Wal-Mart for stealing approximately \$80 worth of electronics — mostly MP3 players.

6:18 p.m. Cherry Street; West C Street

Animal control had responded to a complaint earlier in the day of dogs running at

large. Upon contacting the same female at this time, she pushed the animal control officer and was arrested for battery of an officer.

Saturday, May 2

2:23 a.m. Baker Street; West A Street

Caller reported hearing a female scream. Upon arrival, the officers didn't hear any screaming but there were several groups of people walking around in the area.

8:03 a.m. 300 block Baker Street

Caller reported an intoxicated individual in the parking lot. Officers contacted the male and he was escorted back into his apartment.

2:42 p.m. 1700 block West Pullman Road

Report of shoplifting at Winco — \$8 worth of items taken.

7:33 p.m. 700 block South Meadow Street

A female was arrested and charged with possession of heroin.

Sunday, May 3

5:04 p.m. West Sixth Street

Caller reported a car driving around and the passenger throwing water balloons out the window.

Monday May 4

5:29 a.m. 800 block Troy Road

Caller reported a male standing around outside of Tesoro and thought it was suspicious. Officers were unable to locate the male.

Vandals Dining wishes you
Good Luck on
Finals!



SHORT

FROM PAGE 1

“Coeur d’Alene is really ready to go,” Edmunds said.

He said this increase in funding for mental health services is a further recognition of the state’s desire to take care of its citizens who suffer from some sort of mental illness.

“People who are dealing with these issues every day are struggling to get out of bed every day or hear voices telling them to be productive or unproductive or destructive, and it’s a chronic illness they can’t control,” Edmunds said. “The state is making an investment and an effort to deal with some of these issues.”

But as Kwiatkowski points out, crisis intervention is only one aspect of treating mental health. Diagnosis, assistance and non-crisis services still suffer from the budget cuts imposed years ago.

Mental health at UI

UI offers mental health resources through the Counseling and Testing Center (CTC), but just as in the rest of the state, those resources have been stretched thin

in recent years.

While the demand for counseling center resources has increased, financial support to the department has not improved fast enough to meet the need, said Sharon Fritz, one of eight licensed psychologists at UI. She said demand has consistently increased since 2003.

“There is the rare exception that I am not busy every hour that I’m at work,” Fritz said.

Fritz said counseling center officials would like to expand services to assist more students and meet the increased demand. But without the financial resources to do so, the department is working at capacity.

Unless a student is in crisis and needs immediate attention, Fritz said the wait to meet with a counselor is usually two to three days, and at peak times during the school year, can be up to a week.

Fritz said students in crisis can also call the CTC phone number after regular business hours and be directed to a counselor, and she said if there is a student she is really concerned about it’s not uncommon to give them her private number.

CTC officials primarily focus on

helping as many students as possible, and making sure students and their professors know about the resources at their disposal.

“We value outreach because I see that as prevention and a way to reach a group of students who may not know about our services,” Fritz said.

A lot of time and effort goes into outreach through events on campus, in-class presentations and cross training for faculty members, all provided by university counselors and student volunteers, Fritz said. But, she said, the department does prioritize meeting with students individually over outreach if necessary.

“Our services are stretched to the max, especially given that we try to do a lot of outreach,” Fritz said. “We’re trying to get out there, tell people what’s going on, strategies they can use to manage it.”

Fritz said it’s important for students to know about the CTC services because they are free, confidential and of great quality. She said if students were to seek help from a community provider, the wait for an appointment is often weeks instead of days.

“We put a high priority on

meeting the need,” Fritz said.

Law enforcement and mental health

Issues of mental health often come with a stigma — it’s an unwritten don’t ask, don’t tell situation for those affected and it stops many from seeking necessary help, Kwiatkowski said.

For those who seek help, a lack of local services and medical professionals certified to address mental health issues puts much of the burden on UI, the Moscow Police Department and the few mental health service providers in the area.

When mental health services were reduced in Idaho following the economic recession, Kwiatkowski said the annual rate of serious mental health related calls, just in Moscow, nearly quadrupled. He said that is not counting the almost daily calls relating to suicide and depression.

“Sometimes, we only have three officers on duty,” Kwiatkowski said. “We sometimes get really backed up, and usually when you’re dealing with these mental health cases you need more than one officer there.”

Kwiatkowski said aside from

suicide-related calls, the most common mental health crises the department confronts are people dealing with one of the various forms of schizophrenia — usually accompanied by some form of paranoia.

Moscow police respond to all mental health crisis calls whether they come from campus or elsewhere in Moscow.

During the school year, the population in the area increases by a third, and with that comes an overall increase in need for police services not related to mental health. Kwiatkowski said when officers must spend several hours transporting and dealing with mental health cases, it puts a greater strain on the department, as well as other community resources.

“If we have three officers on duty and two are spending several hours of a 10 hour shift responding to and transporting a mental health patient, that’s that much less time they’re responding to other calls and patrolling your neighborhood,” Kwiatkowski said.

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FISHER

FROM PAGE 1

center has its own student coordinators who put on a lot of the programming. The Sustainability Center gets funds from the student activity fund and the ASUI director of sustainability is paid, so Fisher said they are paying twice as much as needed for sustainability projects.

“We all value and understand the importance of sustainability and making sure that we are always striving to be a green university and one that is sustainable, but this position probably isn’t the best way to go about doing that,” Fisher said.

Another bill would eliminate the ASUI community relations coordinator position.

“They attend a lot of meetings,” Fisher said. “They are our liaison between students and the community. That position hasn’t been very well developed in recent years.”

He said the coordinator is asked to go to city council meetings and other important events happening around the city, but the position has been underutilized and is unnecessary. The ASUI Communications Board is already made up of

five or six members, so the roles of the community relations coordinator could be absorbed by other board members, he said.

Another bill would eliminate the ASUI Recreation Board made up of two members — a chair and a vice-chair. Fisher said the two are responsible for working in conjunction with Campus Recreation and some of the larger programming events, such as the Spirit Sprint in the fall and the Vandal Fitness Challenge each spring.

“We are not necessarily getting rid of the programs themselves,” Fisher said. “The board — its scope and its vision — wasn’t necessarily broad enough for us to be hiring on two additional people and for this board to really continue to exist.”

He said what would happen with the two positions’ previous roles is at the discretion of Max Cowan and Stetson Holman with next year’s ASUI administration, but Fisher said it is his understanding that the plan is to delegate the responsibilities of the Recreation Board to the ASUI director of athletics and the ASUI director of health and wellness.

Another bill would serve to eliminate the Idaho Commons and Union Board, although Fisher said the board

would just be cut from three people to one because there is not enough duties for the board members to justify having three members. He said the duties of the board are to work on building and development projects and to make sure the Idaho Commons and the Bruce Pitman Center are satisfying student interests and needs.

“The chairperson this year mentioned to us that she felt it was almost more work to think of tasks to delegate to the rest of the board than it was to actually accomplish the work that she needed to do,” Fisher said.

The ASUI Senate will discuss and vote on each bill Wednesday. Each position up for elimination is a paid, one-year position, Fisher said. He said eliminating the positions would make student government more efficient and would also save ASUI approximately \$7,650 in a fiscal year.

“We want to operate a lean government but still be able to provide students the opportunity to get involved and be leaders, but when that starts to interfere with some efficiency, we have some issues,” he said.

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FINDING

FROM PAGE 1

and testing coordinator, among other positions.

Greene, in his position as director of the International Student Center, oversees academic and social programs that aim to support hundreds of international students at Seattle University. Greene has been in the position since 2010.

In the position, Greene serves on Seattle University’s diversity task forces, acts as the school’s Primary Designated School Official and oversees an annual operating budget of \$360,000.

Before Seattle University, Greene was the director of the Office of Multicultural & International Student Programs at Hofstra University for four years. While at Hofstra, Greene developed a student life program for international and multicultural students and served as the primary adviser to a number of cultural clubs.

In past positions, Greene has served as an academic adviser and recruiter at the University of Maryland and a coordinator for residential education at Stevenson College in California.

Cohen has been at

Broward College since 2000 and has served in his current associate vice president role for 11 years. In this position, Cohen serves as the school’s deputy Title IX coordinator and is responsible for a budget of more than \$8 million.

While in the position, he developed policies that allocated activity and service funds in compliance with state rules. Cohen also oversees the Office of Disability Services, which provides services to more than 1,500 students a year.

Prior to his associate vice president position, Cohen was district director of Student Development Services for four years at Broward.

Before Broward, Cohen spent nine years at the University of South Florida and served in a number of positions, including director of operations for the student center and director of Student Activities.

The candidates will also meet with UI students each of the respective days from 3-4 p.m. in the Idaho Commons Panorama room.

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WHEN

FROM PAGE 1

have three officers on duty at certain times, such responsibilities can place a substantial burden on the officers and the community.

Kwiatkowski said sometimes the patients must be held in the emergency room at Gritman until more officers come on duty and the patient can be transported without leaving the department understaffed.

“In a lot of cases, especially if it’s a female patient and we have no female officers on duty, we send two officers for our protection as well as the patient’s,” Kwiatkowski said. “If we have to take them to Coeur d’Alene, that’s four hours those officers aren’t in Moscow, patrolling neighborhoods and responding to other calls.”

Because of the increase in calls, Kwiatkowski said officers have had to transport more patients to Coeur d’Alene.

“The Department of Health and Welfare is

strapped for cash and the Lewiston psych ward only has so many beds and same with Kootenai hospital,” Kwiatkowski said. “I don’t think there has been a time we’ve had to turn someone back to the streets, but it’s a possibility if the problem gets worse.”

Once a patient has been held for up to 72 hours and received a second psychiatric evaluation, a Moscow officer must pick them up from whichever psychiatric ward they’re being held in and return them to Moscow so they can appear in front of a judge.

If, after a second psychiatric evaluation, doctors feel the patient is not ready to return home, they’ll make their case before a judge. At this point, the judge decides if they should be committed to the state hospital in Orofino. The average stay at the state hospital is 45 days, but could be up to 180.

Kwiatkowski said the woman who lived in her car would often be committed to the state hospital in the winter when a judge

would determine she was gravely disabled.

“In the summer, when she lived in her car, it was warm so the judge would say she wasn’t gravely disabled,” Kwiatkowski said. “But in the winter when it gets so cold, they’d send her to the state hospital. This went on for several years. Now she lives in Coeur d’Alene, and I’ve heard she’s doing well.”

Kwiatkowski said there is concern for officers and patients when handling mental health crises. He said there has never been an issue of a situation being handled incorrectly because the department tries to send officers to as much mental

health training as possible, but because they are not trained medical professionals, there is still a concern they won’t know what to do in a given situation.

“It’s a sad situation,” Kwiatkowski said. “Mental health crosses all lines of society, from the wealthy to the homeless. It can happen to anyone. We do our best, but I don’t think we can continue treating mental health patients as criminals. Something needs to change at the state level.”

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SPORTS



Idaho men's golf team earns No. 10 seed at NCAA Tournament. See Sports briefs.

PAGE 7

FOOTBALL



Former Idaho offensive linemen Jesse Davis, left, and Mike Marboe, center, clear the way on a running play during practice Nov. 12 in the Kibbie Dome. Davis and Marboe, along with former tight end Justin Podrabsky, all signed undrafted free agent deals with NFL teams over the weekend.

From Vandal to Seahawk

Undrafted free agents

Former Idaho lineman Jesse Davis doesn't get drafted, signs with Seattle

Korbin McDonald
Argonaut

Jesse Davis was without a team when the seventh and final round of the NFL Draft came to an end Sunday — but he expected that.

"I kinda knew I was gonna be an undrafted free agent anyways," the former Idaho offensive lineman said of his draft stock.

Prior to the draft, Davis said his agent informed him he would have his choice of a few teams as an undrafted free agent. Davis said the two sat down and scanned a spreadsheet of the best possible destinations, which was determined mostly by the team's offensive line depth.

One team stood out among the rest. "Seattle was by far the best choice," said the native of Asotin, Washington. "I

mean, it's close to home, but it's also that their depth chart wasn't as deep as some of the other teams."

Davis, however, almost lost his chance to sign with Seattle as an undrafted free agent. In the final two rounds of the draft, Davis said he started to receive calls from another team.

"The (Houston) Texans were calling me saying 'Keep watching, we haven't picked up any lineman yet and we could grab you here in the sixth or seventh round,'" Davis said. "Seattle was also texting me ... and said 'If we don't pick you in the seventh, you can be a free agent and easily make it on this team.'"

The Texans decided to draft two defensive players and one running back with their last three picks, which was fine for Davis.

"I always followed Seattle because they were close to home," Davis said. "I've always liked them, and the style they've been playing

lately is just really fun to watch ... It'd be pretty fun to be a part of that experience. It's a Super Bowl winning program, which is really cool about it."

Without hesitation, Davis and his agent made a deal with the Seattle Seahawks.

Not only will Davis be close to home with his new team, but he will also have fellow Vandal, Tom Cable, as his position coach.

Cable was an offensive lineman at Idaho from 1982 to 1986, and was also the Vandals' head coach for four seasons from 2000 to 2003. After his departure from Idaho, Cable spent the next eight years bouncing around to different coaching jobs. Then in 2011, he landed in Seattle to join head coach Pete Carroll's staff as the assistant head coach, while also taking on the duties of offensive line coach.

Mike Marboe, C – Dallas Cowboys



The former Idaho center accepted an invitation to the Dallas Cowboys rookie mini-camp later this month. The native of Wenatchee, Washington, will be coached

by former Vandal quarterback Scott Linehan (1983-1986), who is currently the Cowboys offensive coordinator. In his four years at Idaho, Marboe never missed a start for the Vandals and was a second-team All-Sun Belt Conference selection last fall.

SEE VANDAL, PAGE 8

SEE UNDRAFTED, PAGE 8

FOOTBALL



Senior linebacker Marc Millan, left, prepares for the next play during the first spring practice of the year March 25 in the Kibbie Dome.

Linebackers could be strength

Linebackers are a mix of productive veterans and newcomers with potential

Stephan Wiebe
Argonaut

One of the biggest surprises from spring football might have been the stand-out play from newcomer Kaden Elliss.

The linebacker from Salt Lake City led the Vandals in tackles through the first two scrimmages, was second on the team in the third scrimmage and led the first-team defense in tackles in the annual Silver and Gold Game.

Many Vandal fans may not have known Elliss' name going into the spring, but now he appears to be someone who could be a difference-maker come the fall season. Elliss, who originally signed with the Vandals in 2014 before joining the team this spring, led his teammates with

19 tackles in the first scrimmage, 17 in the second and led the first-team with 11 tackles in the spring game.

"Kaden flew around, made a ton of tackles again — he's probably close to what he had that first scrimmage," linebackers coach Eric Brown said following the second scrimmage. "I've been impressed with him in live situations."

Elliss, who stands at 6-foot-3 and 209 pounds, joins a linebacking corps with veteran leadership already. Senior Marc Millan returns after leading Idaho with 102 tackles in 2014 and earning Idaho's co-Defensive Player of the Year Award with defensive end Quinton Bradley.

"I've tried to take all the young guys under my wing," Millan said. "Just let them know what's going on, show them the way and help them learn the defense."

The new 3-4 defense Idaho is deploying in the 2015 offers some new opportunities for the 6-foot-1, 218-pound Millan. It also

gets more linebackers on the field.

"He's going to have more opportunities to blitz, which is a good thing for Marc," Brown said. "Right now he's playing WILL and SAM and those are our two positions that blitz the most. He has good opportunities to do what he does best and kind of keep him out of the thing he doesn't do as well. It's a good defense for him."

Another veteran for the Idaho linebackers is Chris Edwards, although he didn't play linebacker last season. Edwards' spring season was cut short with an injury, but the 6-foot-2, 217-pound senior is expected to bring more speed to the linebacker position. He played safety for Idaho last season, where he grabbed two interceptions before leaving the team mid-season for unknown reasons.

SEE LINEBACKERS, PAGE 8

OPINION

Boxing needs a change

After boring MayPac fight, NCAA needs to bring back boxing

The hug fest between Floyd Mayweather and Manny Pacquiao last weekend, which was dubbed the "Fight of the Century," left boxing in an even worse place than it had been before.

Boxing had been struggling to stay relevant, and the fight labeled to be the savior of the sport just left people wondering why they wasted \$100 to watch the "fight" — if it can even be called that.

Let's be honest, more punches are thrown in your average middle school fight.

Boxing, however, used to be cool, especially at the University of Idaho.

Yes, believe it or not Idaho used to be a national power in the collegiate boxing world. From the 1930s to the 1950s, Idaho collected a total of 19 national championships in the sport.

Memorial Gym was the place to be, too. It was estimated 5,000 or more fans used to pack into the cramped gym to catch a glimpse of boxers like Rolly Shumway, who was Idaho's first national champion in 1937, or Ted Kara, who won three individual national championships in the early 1940s.

Unfortunately, the NCAA discontinued the sport in 1960, and now all we're left with is memories.

But after witnessing last weekend's "Fight of the Century," which looked like two men learning how to dance for the first time instead of taking swings at one another, it's probably time for boxing to try something new.

Instead of paying boxers enough money to end world hunger, the sport needs to go to a different outlet — an outlet that's proved to be successful, even in small communities like Moscow.

The NCAA needs to bring boxing back because for all we know, it could be the sport's only hope (OK, probably not).



Korbin McDonald
Argonaut

SEE BOXING, PAGE 8

VOLLEYBALL

Striving to finish on top

From transferring to injuries, Bierma has overcome the odds

Luis Torres
Argonaut

After playing volleyball at two different schools and fully recovering from an anterior cruciate ligament (ACL) injury, outside hitter and incoming fifth-year senior Tineke Bierma of Canby, Oregon, said she is optimistic she will improve on and flourish as a volleyball leader going into the fall.

"This is my fifth year, which I didn't think I was going to have, so it's kind of a really cool opportunity that I get and this is kind of a second chance to step up and be a leader this year," Bierma said.

Idaho coach Debbie Buchanan said Bierma has made huge gains based on her determination to play volleyball.

"She's working super hard and it's really paid off," Buchanan said. "She's in her best shape since she's been here in Idaho and she's playing big right now over the net."

Buchanan said Bierma's 6-foot-3-inch presence and aggressive hitting on the net has challenged the team to swing high and move around more this spring, which Buchanan said will help the team entering fall.

"She's shutting us down a lot, but from the blocking and offensive side she's gonna be able to do some stuff," Buchanan said. "She has a killer serve when she's on it."

She said Bierma needs to work on her defense and ball control heading into fall, but she is doing an impressive job on the net.

Bierma's time as a Vandal hasn't been easy as she sustained a season-ending ACL injury in her third match at Idaho during a Washington State tournament in 2013.

"It's a scary thing, and it happened so suddenly and it definitely challenged me psychologically and having the confidence to get back on the court and going full out and not worrying about that injury maybe happening again," Bierma said.

Her injury sidelined her for the remainder of her junior season and she spent two weeks in physical rehabilitation to prepare for her surgery.

"Pretty much spent every single day in the training room, twice a day just rehabbing and trying to get my strength and stability back in my knee," Bierma said. "It was a really long process, but I honestly think that I'm a much stronger and better player now."

Buchanan said Bierma is dedicated to the



Bierma



The Idaho volleyball team huddles during practice April 4 at Memorial Gym. Vandal outside hitter Tineke Bierma, a fifth-year senior, has overcome transfers and injuries during her collegiate career and is one of the more experienced outside hitters for Idaho.

File photo by Yishan Chen | Argonaut

program, which shows as she would practice, workout and play when she didn't have to. Buchanan said she had her brace for nine months, which prevented her from making an impact on the team.

"With her brace, she wasn't at the top of her game, but she saw limited playing time," Buchanan said. "When that year was up, she was able to take the brace off and was training, she really went for it, and she's a completely different player right now than she was the last few years."

Bierma said the team is stronger than last season and sees her team chemistry continually growing after the spring season.

"We've really been able to come together as a team and with the people we have, we've been able to work together effectively and the teams we've played have been competitive," Bierma said. "All the matches we've played has been competitive and I think it's gone really well so far."

She said she felt the team's best match it has played this spring was against Gonzaga during its tournament three weeks ago, but she said

each game has been competitive.

Bierma and senior Katelyn Peterson are the most experienced outside hitters on the team with four incoming freshmen, including three who are redshirting, and sophomore Becca Mau.

Last season, Peterson and Jessica Hastriter played in all 29 matches to Bierma's 14 with Peterson earning all-tournament honors in their opening weekend at the University of Florida Active Ankle Challenge and finishing second on the team in kills with 234. Hastriter had 11 matches with 10 or more kills and earned all-tournament honors at the Idaho Nike Invitational last September. Bierma said her goal on team improvement is to finish on a strong note and remain consistent, which has been a problem for the team.

Bierma's 2014 season was highlighted with career highs in kills against Northern Colorado (22-11 in 2014, 12-4 Big Sky) with four and three digs at North Dakota (26-9, 12-4). She scored 15.5 points on the season. Bierma also had eight kills in 31 sets, six blocks and four service aces.

Bierma began playing volleyball during her freshman year at Canby High School where she was first-team all-league while competing in basketball and track.

Before playing for the Vandals in 2013, she played at Portland State and College of Southern Idaho. Bierma led CSI to its 10th National Junior College Athletic Association title in 2012 with 10 kills, four blocks, two digs and no errors in the championship match. Despite starting at an older age, Bierma said she still wanted to learn and improve on her performance to achieve her potential.

Bierma said she felt closer to the community and her team since transferring from two colleges.

Outside of volleyball, Bierma is currently majoring in nutrition and plans to go to graduate school afterward to pursue coaching. She said she hopes to work on nutrition education for kids and help incorporate her learning for her team in the future.

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Sports briefs

Men's golf players grab postseason honors

After winning the Big Sky Championship and sweeping the top three spots in the tournament, its not surprising the Idaho men's golf team earned a host of postseason honors. Tournament winner Jared du Toit took home Big Sky Player of The Year on top of earning first-team honors. The sophomore was joined on the first team by senior Aaron Cockerill and freshman Dan Sutton, who finished the tournament in second and third place, respectively. Sutton was also named Big Sky Freshman of the Year.

Beaman, Cobra named Big Sky Coaches of the Year

Idaho swept the Big Sky Conference Tennis Coach of the Year awards after sweeping the conference tennis championships. Jeff Beaman won on the men's side, while Mariana Cobra won on the women's side. The coach of the year honors were chosen by a vote from the conference's coaches. Beaman's Big Sky Coach of the Year honor comes a year after he won WAC Coach of the Year in 2014 for both the men and women's teams.

Barta, Bykova earn Big Sky MVP

Four players earned all-conference honors for the men's tennis team this spring. Big Sky MVP Odon Barta and freshman Felipe Fonseca each earned first-team honors, while senior Cristobal Ramos Salazar and freshman Mark Kovacs were honorable mention selections. On the women's side, sophomore Galina Bykova earned Big Sky MVP and first-team honors.

Senior Emmie Marx joined Bykova on the first team. Senior Sophie Vickers earned second-team honors and junior Belen Barcenilla earned an honorable mention. Both Vandal teams are back in action for the NCAA Tournament where the men's team will play USC Friday and the women's team will play UCLA Saturday.

Men's basketball adds transfer

Chris Sarbaugh, a 6-foot-3 guard, chose Idaho as his next men's basketball stop after graduating from San Diego. Idaho will be Sarbaugh's fourth team as he originally walked on at Gonzaga and spent time playing at North Idaho College before transferring to San Diego. Sarbaugh was the 2011 MVP of the Washington State 4A Tournament while playing for Gonzaga Prep in high school. He has one year of collegiate eligibility remaining.

"Chris is a dynamic player who has a great

feel for the game of basketball," Idaho coach Don Verlin said. "He also has a knack for penetrating and making plays for his teammates."

Men's golf

The Idaho men's golf team will be the No. 10 seed at the NCAA Regional Championship, which takes place May 14-16. The Vandals will stay on the West Coast, as they travel to Rancho Santa Fe, California, to play at The Farms Golf Club. The No. 1 seed in Idaho's region is Arizona State, a team coached by Tim Mickelson — the brother of PGA Tour legend, Phil Mickelson. According to Golfweek, ASU is ranked No. 6 in the country. The region also features No. 10 ranked Georgia Tech and No. 15 ranked Oklahoma. Idaho is the No. 57 ranked team. There are a total of 13 teams in Idaho's region, which is one of six, and the top five teams of each region will advance to the NCAA Championships, which will be held May 29 to June 3 at The Concession Golf Club in Bradenton, Florida.

Argonaut Religion Directory

Lutheran Church
Missouri Synod

Service Times
9:30 a.m. - Sunday School
10:40 a.m. - Divine Service

Ash Wednesday
[February 18]
Soup Supper - 6 p.m.
Divine Service - 7 p.m.

MessiahMoscow.ORG
A mission of Messiah Lutheran, Seattle, WA (LCMS)

BRIDGE BIBLE FELLOWSHIP

Sunday Worship 10:00 a.m.

Pastors:
Mr. Kim Kirkland Senior Pastor
Mr. Nathan Anglen Assistant Pastor

960 W. Palouse River Drive, Moscow
882-0674
www.bridgebible.org

RESONATE CHURCH

Exploring God is better in community

Sunday Worship Gathering 10AM
The Nuart Theatre
516 S. Main St. Moscow ID
7PM
SUB BALLROOM (U of I campus)

For more information:
509-880-8741
experience@resonate.com
facebook.com/resonatechurch

Crossing

"Fueling passion for Christ that will transform the world"

Service Times
Sunday 9:00 am - Prayer Time
9:30 am - Celebration
6:00 pm - Bible Study
Thursday 6:30 - 8:30 pm - CROSS - Eyed at the Commons Aurora room
Friday 6:30 pm - Every 2nd and 4th
Friday U-Night worship and fellowship at The CROSSing

715 Travis Way
(208) 882-2627
Email: office@crossingmoscow.com
www.crossingmoscow.com
Find us on Facebook!

Unitarian Universalist Church of the Palouse

We are a welcoming congregation that celebrates the inherent worth and dignity of every person.

Sunday Services: 10:00 am
Coffee: After Service
Nursery & Religious Education
Minister: Rev. Elizabeth Stevens

420 E. 2nd St., Moscow
208-882-4328
For more info: www.palouseuu.org

St. Mark's Episcopal Church

All are welcome. No exceptions

Sundays
9:30 am Holy Eucharist
5:00 pm Candle Song - Taizé style chants & quiet (Is t - 3rd Sundays)
5:00 pm Welcome Table Alternative Worship (4th Sunday)
5:00 pm Evensong - In the Anglican tradition (5th Sunday)

Find us on Facebook
stmark@moscow.com

111 S. Jefferson St.
Moscow, ID 83843
"Red Door" across from Latah County Library

Moscow First United Methodist Church

Worshipping, Supporting, Renewing
9:00 AM: Sunday School Classes for all ages, Sept. 7- May 17.
10:30 AM: Worship
(Children's Activities Available)
The people of the United Methodist Church: open hearts, open minds, open doors.

Pastor: Susan E. Ostrom
Campus Pastor: John Morse
822 East Third (Corner 3rd and Adams)
Moscow ID, 83843

First Presbyterian Church

A welcoming family of faith

Sunday Worship 10:30 am
Sunday College Group 4:00 pm
at Campus Christian Center
Wednesday Taizé Service 5:30 pm
405 S. Van Buren fpcmoscow.org
Moscow, Idaho 208-882-4122
Pastor Norman Fowler

CONCORDIA LUTHERAN CHURCH

1015 NE Orchard Dr | Pullman
(across from Beasley Coliseum)
www.concordiapullman.org

Worship Services
Sundays | 10 a.m.
College Students
Free Dinner & Gathering
Tuesdays | 6 p.m.

Rides available by contacting Ann at ann.summers@concordiapullman.org or (509) 332-2830

ST. AUGUSTINE'S CATHOLIC CENTER

628 S. Deakin - Across from the SUB
www.vandalcatholics.com

Sunday Mass: 10:30 a.m. & 7 p.m.
Reconciliation: Wed. & Sun. 6-6:45 p.m.
Weekly Mass: Mon., Wed., Thurs., Fri. 12:30 p.m.

Mass in Spanish:
2nd & 4th Sunday of the month.

Phone & Fax: 882-4613
Email: staugusties@gmail.com

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Sunday Morning Schedule

Fellowship (coffee & donuts) - 9:30 am
Worship Service - 10:00 am

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If you would like your belief-based organization to be included in the religion directory please contact Student Media Advertising at 885-5780.

VANDAL

FROM PAGE 6

Despite the Idaho connection, Davis said he had never met Cable until he worked out with the Seahawks a week before the draft.

Davis said Cable has high expectations for his fellow Vandal and wants him to come to training camp prepared.

"He takes it to heart because he was once a Vandal and he coached for the Vandals, so you know he wants to see a tough guy come in," Davis said.

At 6-foot-6 and 300 pounds, Davis said

it sounds like Cable wants him to play offensive guard instead of his normal position of offensive tackle.

"My weight is lighter than what he wants for tackles because I think tackles over there usually run 325 (pounds), and I'm like 300 right now," Davis said.

After coming to Idaho as a defensive tackle, Davis made the switch to offensive tackle as a junior. Injuries kept him sidelined for seven games during his final two seasons with the program.

Cable has experience turning former collegiate defensive linemen into NFL of-

fensive linemen.

In 2012, Seattle drafted J.R. Sweezy, a defensive tackle out of North Carolina State, in the seventh round with the intentions of him becoming an offensive guard. Sweezy has been a mainstay on the Seahawks' offensive line and is in line to start this upcoming season.

While Davis was the lone offensive lineman Seattle signed as an undrafted free agent, the team selected three offensive linemen in the draft — San Diego State's Terry Poole and West Virginia's Mark Glowinski in the fourth round and Buffalo's Krist-

jan Sokoli in the sixth round.

Davis said he just wants to make the team.

"When it comes to second string and stuff, I mean, it's all up for grabs," he said of the competition at offensive line. "After (Sunday), it was really nice to have that feeling back where this is what I can look forward to, this is what my mind can get set to and plan for that."

*Korbin McDonald
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or on Twitter
@KorbinMcD_VN*

Athletes of the week**Jared du Toit – men's golf**

du Toit

He went into the Big Sky Championship as the favorite and he lived up to the expectations. Jared du Toit won the Big Sky Men's Golf Championship with an 8-under-par 208 Wednesday in Angels Camp, California. The sophomore from Kimberly, British Columbia, ran away with the title after shooting second and third round lows of 69 and 66, respectively. Du Toit's final round score tied the championship-course record. The Vandals won the championship by 21 strokes.

Dan Sutton – men's golf

Sutton

Having a freshman finish third at the Big Sky Championship is already an impressive feat, but it's even more impressive considering Dan Sutton did it after some drama with his clubs. Sutton finished third at the cham-

pionship with an even par 216 despite the airline originally losing his clubs. He eventually got his clubs late before the tournament only to realize his driver was snapped in half. Despite this, it didn't phase the freshman from Birmingham, England, as he cruised to a third-place finish only losing to two of his teammates.

Zach Trumbauer – track and field

Trumbauer

Zach Trumbauer improved on his No. 8 spot in the Big Sky in the hammer throw with a winning heave of 193 feet, 7 inches at the Border Clash Friday in Boise. The senior from Seattle improved to No. 6 in the conference with his new mark, which was also a career-best toss. Trumbauer has already qualified to compete in the Big Sky Championships May 13 in Cheney, Washington.

Valerie Mitchell – track and field

Almost eight seconds separated Valerie Mitchell and second-place finisher Lauren Mills from Utah in the 5,000-meter run



Mitchell

Friday at the Border Clash in Boise. The sophomore and Boise native raced in front of her home crowd en route to 17-minute, 40.91-second personal best. Mitchell's time didn't qualify her for the Big Sky Championship, but she has already qualified for the meet in the 10,000 — the longest race for outdoor track and field.

Aaron Cockerill – men's golf

Cockerill

If it weren't for his teammate Jared du Toit, Aaron Cockerill would have won the Big Sky Men's Golf Championship. The senior from Stony Mountain, Manitoba, finished the tournament in second with a 3-under-par 213. He was one of only two golfers to finish the tournament under par. Cockerill's performance helped Idaho win its first golf championship after returning to the Big Sky this season.

LINEBACKERS

FROM PAGE 6

Another solid lock to start at linebacker is senior Broc Westlake in the middle. At 6-foot-3 and 224 pounds, Westlake had 41 tackles for the Vandals last season.

To round out the linebackers, 6-foot-4, 240-pound junior college transfer Leonard Hazewood is expected to start at the BUCK spot, although he is listed as a defensive end on Idaho's roster. Cornerback Armond Hawkins also received some time as a nickel backer for Idaho this spring and used his new position to grab an interception in the second spring scrimmage.

"He's playing that right now and he did a good job," Brown said of Hawkins' new position after the second scrimmage. "He's athletic and that's what we're looking for at that position. He did a real good job of staying underneath ... and got an interception out of it. He's picked it up pretty quick, so I think he fits that position well."

The new 3-4 defense allows the Vandals to field more speed at the position, and if the spring is any indication, it will allow Idaho to put different players on the field depending on the situation.

Idaho had the 111th ranked defense in 2014, but the new 3-4 scheme that defensive coordinator Mike Breske — who is still currently a volunteer coach — is using could offer improvement, and it starts at the linebacker positions.

*Stephan Wiebe
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arg-sports@uidaho.edu*

BOXING

FROM PAGE 6

While boxing still exists in college athletics with the United States Intercollegiate Boxing Association, it's not the NCAA — even with all of its problems.

Again, let's be honest, nobody has ever heard of the United States Intercollegiate Boxing Association. It probably doesn't have a Scrooge McDuck-sized pool full of money like the NCAA does. In fact, NCAA President Mark Emmert is probably swimming in it right now.

Money is nice. It's a luxury many people and organizations don't have.

The NCAA has oodles of it, so why not spend some of it to rejuvenate a sport like boxing, which is in desperate need of rejuvenating.

Instead of showing drunken celebrities on television who have no intention of watching the fight, boxing needs to get back on college campuses. Show drunken college students losing their minds based on what is actually going on in the fight.

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UNDRAFTED

FROM PAGE 6

Justin Podrabsky, TE – Dallas Cowboys

The Idaho-to-Dallas pipeline continues with Podrabsky also getting an invitation to the Cowboys rookie mini-camp.

The former high school quarterback was Idaho's third leading receiver last season with 37 receptions for 380 yards and one touchdown. He finished his career with 44 receptions for 484 yards and one touchdown.

Quayshawne Buckley, DT – Tampa Bay Buccaneers

After Tampa Bay didn't select any defensive lineman in the draft, Buckley quickly landed with the team after signing as an undrafted free agent.

Buckley finished the 2014 season with 15.5 tackles for loss and four sacks. The native of Ontario, California, racked up 181 tackles and 16 sacks during his four years with the program.

At press time, Joshua McCain and Maxx Forde had not yet signed with a team.

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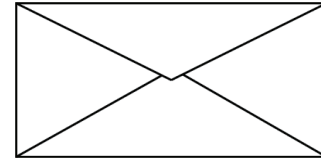
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OPINION



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OUR VIEW

Invest in resources

More mental health resources needed on the Palouse

In the state, in the community and at the University of Idaho, a limited number of mental health resources does not meet the growing demand for these services. For many, symptoms of mental illness can begin to show in early adulthood.

According to the National Alliance on Mental Illness, 75 percent of lifetime mental health illnesses begin by age 24 and more than one in four adults between 18 and 24 have a diagnosable mental illness. Yet many go undiagnosed and untreated.

According to Sharon Fritz, a licensed psychologist at the Counseling and Testing Center, 10 percent of UI's student population reported they have seriously considered suicide.

On the Palouse and across the state, mental health resources need

increased funding and further community support.

Statewide funding was reduced in the early 2000s and again in 2009 after the financial crisis. This year, the Idaho Legislature took a step toward expanding mental health resources by providing \$1.72 million to open a crisis center in Coeur d'Alene, and while the effort is appreciated and necessary, crisis centers are merely a temporary fix for the growing mental health crisis.

Crisis centers, while valuable, serve only to help a person who is posing a threat to themselves or others, but do not provide the everyday diagnosis and preventative treatment needed to avoid crisis in the first place.

Further efforts to provide more funding and additional resources for mental healthcare should be supported, and resources should be available in every region of Idaho, even if it means increasing state

taxes to fund these essential state-provided services.

If more people are able to access help, it lessens the burden on other city resources, such as the police department.

As a student, it's normal to experience stress, but if it is constant and interferes with your daily activities, reach out for help and find ways to relieve it.

Joining a club or playing an intramural sport are good ways to reduce stress.

But if changing the simple things doesn't make an impact, don't be afraid to ask for further help.

In a time where more people need help with mental health and resources are not able to meet the demand, students should take advantage of the free and confidential resources offered on campus.

The Counseling and Testing Center has a 24-hour crisis line and offers various types of coun-

seling appointments.

Faculty and staff should utilize the training and presentation options offered through the counseling center. There are several training sessions and an option to have the center do a presentation instead of cancelling class when an instructor isn't available.

These resources should be more widely used to help expand awareness to faculty, staff and students.

It's positive to know mental health issues are becoming a topic of conversation and not something swept under a rug.

The more we talk about it, the more the community will understand, and those suffering from mental health issues may realize they are not alone. It's now up to state leaders to provide Idaho citizens with the resources they deserve and need.

— KH

OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

LOL

Remember the days when professors didn't have tests or make big projects due during dead week? Yeah, me neither.

—Erin

Dead week

R.I.P. Claire Whitley, 1995-2015. She was a college student with too many papers, projects and finals. #worstjokeever

—Claire

A series of "lasts"

I'm already starting to feel nostalgic about all the things I'll do for the last time during the next two weeks. It doesn't help that every day brings about the end of something.

—Daphne

Dr. Ben Carson

I wasn't sure about his running in the GOP presidential race, but I'm glad to see that he is. He's right up there with Cruz, so he should make this interesting. Not to say, exciting!

—Andrew

Cinco de Mayo

And stuff.

—Stephan

Golf

All this sun just makes me want to golf. Screw it, I'm dropping out and training for the PGA Tour.

—Korbin

The Arb

It's so pretty right now.

—Jack

One day at a time

I plan to thoroughly enjoy my last two weeks of my undergraduate life. I hope everyone joins me in this adventure.

—Kaitlyn

Journey

My time at UI hasn't been long in duration, but it has been high quality. I can't believe the year is already over.

—Katelyn

It's a good feeling

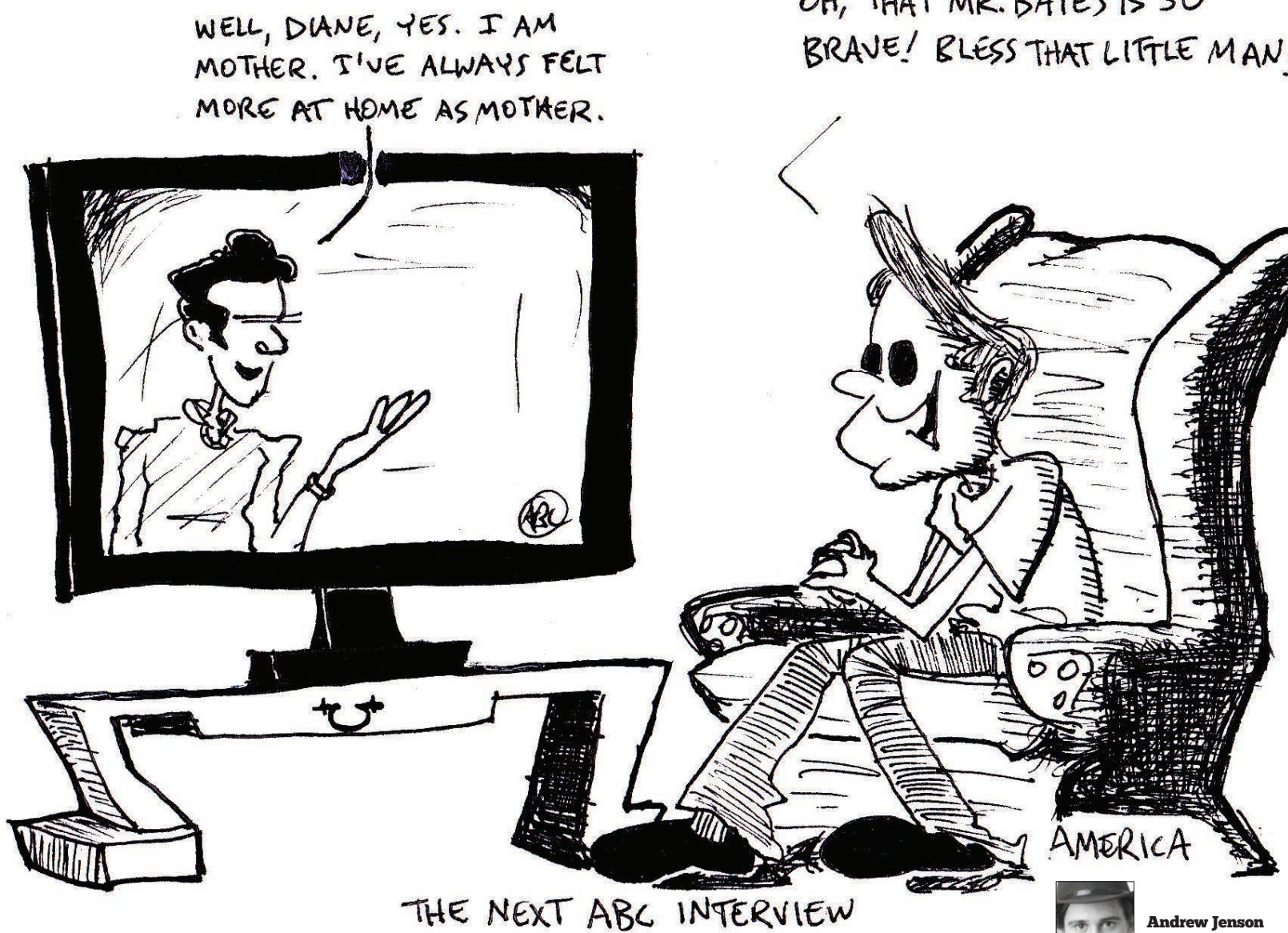
It still puts a smile on my face when I see a random student reading Blot.

—Ryan

Reparations

Congratulations to my wonderful husband-to-be Ray Lyon for the premiere of his film at Kino Fest last night. You are the future Spielberg, no doubt about it.

—Amber



Andrew Jenson Argonaut

Get talking, get tested

Gain knowledge and power by getting tested for STIs

Knowing you and your partner's sexual history is commonly overlooked before committing to having sex.

Imagine being in the midst of a new relationship and deciding to take the next big step. Can you guarantee you will not contract an STI? No one can. Yet there's a comfort and a power that comes with the knowledge gained about you and your partner's sexual health status. The only way to know for sure is to talk to your partner and get tested.

The Get Yourself Tested (GYT) campaign, put on by the Centers for Disease Control and Prevention (CDC), encourages young adults to get talking and get tested. At Vandal Health Ed, we want to make sure our peers have all the information they need to take care of their health.

A sexually transmitted infection (STI) is contracted through intimate

contact with someone who currently has an infection and is spread through bodily fluids including semen, blood, vaginal fluid and even breast milk.

In some cases, direct skin-to-skin contact is another method. Symptoms of STIs can be presented as a rash, warts, discharge, painful urination/sex, itching or a strong vaginal odor. Yet a majority of STIs are asymptomatic — present without symptoms — but once tested for, may be treated and even cured.

According to the CDC, 20 million new cases of STIs are reported each year, with half of these cases occurring between the ages of 15-25 years old. In addition, the World Health Organization reports a staggering 1 million people acquire an STI every day.

When committing to having sex with your partner, implementing an action plan is vital. The first action step is to get tested to rule out an

STI, and if diagnosed, obtain the proper treatment. Honest and open communication with your healthcare provider is important, because STI testing can only be done after you speak up and ask.

Now, the good news — if caught early, a majority of STIs can be treated and cured. Unlike other common medical tests, STIs cannot be massively tested to determine the culprit.

Instead, STI tests are dependent on a mutual decision between you and your healthcare provider. Getting HIV tested is highly recommended for individuals over the age of 13, as it can be treated. STI tests are simple, don't require much time and are fairly pain free.

If choosing to be sexually active, getting tested for STIs can be done at the Student Health Clinic located on Main Street in the building next to the fire station.

The clinic is open from 8 a.m. to 5 p.m., Monday through Friday and appointments can be made over the phone. Other places in the Mos-



Cortney Thomas Peer Health Educator

University of Idaho

Student Health Clinic

Returning to the Student Health Building
on campus for Fall 2015.

www.uidaho.edu/studenthealth

Student Health

Insurance Program (SHIP)

Information for 2015-2016 plan year will
be available in July.

www.uidaho.edu/SHIP

Health Insurance Requirement

Details of insurance options and forms
will be sent to the Vandal emails of all
registered students this summer.

REMINDER: DEADLINE FOR SUBMISSION OF THE
ONLINE HEALTH INSURANCE INFORMATION FORM
IS THE FIRST DAY OF CLASSES EACH SEMESTER.



Have a safe and healthy summer!
Go Vandals!