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THE VANDAL VOICE SINCE 1898

Friday, October 16, 2015

STUDENT LIFE

Love at first swipe

Online dating apps are a new way to play an old game

> **Hannah Shirley** Argonaut

Online dating hasn't changed the game but it has changed the rules.

"Humans have been doing this since we began," said Erin Chapman, a University of Idaho professor of child, family and consumer sciences. "It's just the new tool. The new matchmaker for young people."

Chapman said 30 years ago, dating someone was much more intentional. To talk to someone, people had to pick up the phone and call them or go to their house, and a couple was "official" when people saw them holding hands.

Now, she said the process is more ambiguous.

"Dating? Hanging out? Hooking up? Just texting? What do those mean?" Chapman said.

For students looking for love on the other side of a screen, there are many avenues they can take, but some are more common than others.

Most students are familiar with Tinder, a dating application that gives users the option to swipe right on a person's profile they like, or swipe left and take a pass.

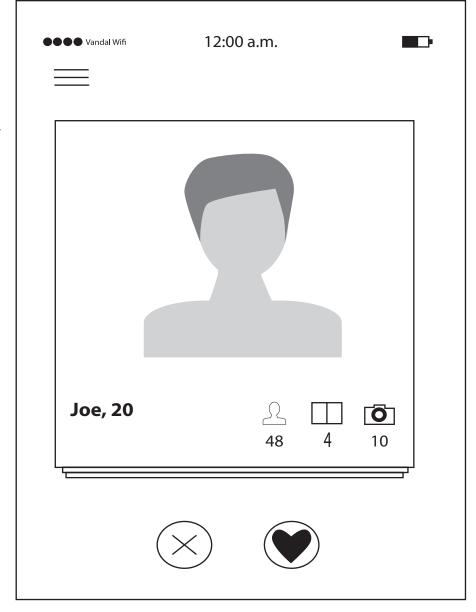
Users who swipe right on each other are then given the option to chat.

OkCupid, another dating application, has thousands of "match" questions, covering a wide range topics from politics, to taste in movies, to sexual preferences. Ok-Cupid's algorithms generate a compatibility percentage for each user based on how they answer questions.

Grindr is an app geared toward gay men. Users select one photo, fill out a short bio and then see other users sorted by how nearby they are.

"Every generation has put their own spin on what dating looks like," Chapman said. "In the '50s, it was going to a drivein, and you had to go up to the door to get your date. In the '80s, we had personal ads in the newspapers. In the '90s, there was speed dating."

Chapman said there will always people who decry the new generation's methods for meeting people. Despite what some might say, Chapman said people have always sought out causal re-



lationships somehow, and young people hook up as often as their parents and grandparents did.

Now that society is so immersed in technology, Chapman said dating in the digital world is here to stay.

'I went through 500 to get to the good one'

Mimi Price, 21, said the match questions and the compatibility percentages are the best part about OkCupid. She said they give you a chance to "get to know" another user before ever having to talk to them.

"They'll ask you questions like, 'Do

you like watching sports?' or 'Do you like cats?' If you answer a lot of them you can get some really specific results," Price said. "My boyfriend had a 98 percent match to my questions."

Price said during the first month, women can expect to be bombarded with bad pickup lines and awkward sexual advances.

After a few weeks, Price said she learned how to work the process. She learned to ignore and block people who harassed her and figured out how to identify profiles that weren't compatible with her own.

SEE **SWIPE**, PAGE 5

As prepared as possible

Vandals feel safe despite recent college shootings

Hannah Shirley

Argonaut

Wei He transferred to the University of Idaho from China two months ago. The cultures are certainly different, especially when it comes to guns, he said. In China, there is a total ban on owning firearms.

Yet, he said he doesn't feel unsafe in Moscow.



"I've met a few people who are really into guns, and who say they have big collections," He said. "I'm like, 'OK ... ' It's kind of weird, but it's not bad."

He said though his roommates have told him about recent mass shootings, he just can't envision

something like that happening at UI. Unfortunately, Moscow Police Lt. Dave Lehmitz said a mass shooting can occur anywhere.

"Moscow is not immune to an active shooter," Lehmitz said. "We've had them here. It's happened here twice."

Lehmitz was referring to the shooting spree that took three lives earlier this year and the 2007 murder-suicide in which a Moscow police officer was also shot and killed.

Lehmitz said he has worked closely with Matt Dorschel, UI executive director of Public Safety and Security, to create crisis-training videos for each college. Most of the videos are primarily informational and aim to teach people about red flags.

"If you see something, say something," Lehmitz said. "A lot of people don't understand what that means."

Dorschel said recent headlines prove mass shootings can happen anywhere, from big cities to small communities. After any mass shooting makes national news, he said he always sees people being more aware of odd, disruptive or aggressive behavior in their community.

There is no mandatory active-shooter training offered by the university, but Dorschel said he's confident in how the community would react to a crisis.

"We're prepared to the extent that you can be," he said. "It doesn't eliminate the potential of it happening or the potential for bad outcomes, but we value and embrace the openness of our university environment."

SEE **PREPARED**, PAGE 5

LIBRARY

An all-night space

First floor library set to be open 24-hours

Kristen Bertoloni Argonaut

Students will have a new place

to pull an all-nighter for a test this spring. When the first floor of the University of Idaho library reopens following renovations, it will become a place where students can enjoy a coffee shop and study comfortably.

Much like the library's "Fishbowl," the first floor of the library will be open 24 hours a day, excluding Fridays and Saturdays. The library will be open 8 a.m. to 9 p.m. Fridays and 8 a.m. to midnight Saturdays.

The Fishbowl is expected to open during February or early March right around the time second semester midterms are taking place.

"The improvements that are

coming with the renovations have been met with great enthusiasm from everyone we have talked with," said Ben Hunter, associate dean of University Libraries.

Hunter said this project has been in the works for a few years, and

library staff has worked closely with student groups such as ASUI to ensure the new space will offer students things they need and enjoy.

Besides 24-hour access to the first floor, the renovation

bring new furniture, new carpet, improved lighting and increased natural light.

The first floor will also feature four study rooms, classroom space and office space for privacy, a new Special Collections and Archives reading room as well as a new store in the Fishbowl that will offer food and drink, Hunter said.

SEE **SPACE**, PAGE 5

Title IX transcripts take step forward

For more news

ASUI passes resolution in support of marking transcripts with expulsion

Nishant Mohan

To Senate Adjutant Tanner Beymer, the Title IX transcript policy is the most important piece of legislation ASUI has ever created.

At Wednesday's ASUI Senate meeting, the policy passed with a unanimous vote.

"Passing it shows students are putting priorities where they need to," Beymer said. "And we're ready for the administration to do the same thing."

The senate passed a resolution supporting the creation of a policy to mark transcripts with disciplinary expulsion when a student is expelled, particularly in cases of sexual assault, to prevent repeat offenses.

ASUI Senator Mckenzie MacDonald, who wrote the resolution, introduced it to the floor and encouraged the senate to pass it. She said she joined the project soon after joining the senate earlier this fall and that ASUI President Max Cowan asked her to write the resolution.

"I think it is really important for other institutions to know," she said. "It's about making not just our campus safe, but campuses around the nation."

MacDonald, who also sits on the Student Disciplinary Review Board, said she wrote the reso-

IN THIS ISSUE

lution because she thinks that sexual assault is an overlooked national issue.

Beymer temporarily relinquished his position as parliamentarian to speak in support of the resolution.

'We heard a rather graphic Title IX case," said Beymer, who also sits on the Student Disciplinary Review Board. "And we always find that it is unfortunate that we can't do more to alert other people of the history of certain students on this campus."

> The resolution came shortly after Cowan received over 450 responses to his poll on the issue, with 83 percent in favor of the policy. Cowan said this boosted his confidence that ASUI was doing the right thing.

Beymer said the point of the resolution is to communicate to the administration that a majority of students support marking transcripts with expulsion. He said he thinks Cowan is qualified to take this project to the right people, and that the resolution gives Cowan some backing when talking to administrators.

"I am sick and tired of sexual assault being passed off as just another issue," Beymer said. "If we declare a student unfit for our community, why should it be OK for us to send them off to another institution where they do the exact same thing?"

Nishant Mohan can be reached at arg-news@uidaho.edu



Michelle Kim earns third Big Sky golfer of the week honor.



UI should enact more emergency drills. Read our view.



Moscow community members congregate for peace.

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University of Idaho

Volume 117, Issue no. 17

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Campus

Student Rec Center



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Friday, October 16 & Saturday, October 17

Intramural Sports



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CRUMBS

A Crumbs recipe



Greek grilled cheese

Grilled cheese can be done a million different ways, but have you ever imagined Greek grilled cheese? Feta, Kalamata olives and pesto make for an extra salty rendition of the classic sandwich.

Ingredients

- Bread (the heartier, the better)
- Butter
- 1 rotisserie chicken
- 6-ounce jar Kalamata (Greek) olives
- 3 mozzarella cheese sticks ■ 8-ounce jar pre-made
- pesto sauce ■ 1 cup shredded mozzarella cheese
- 1 cup crumbled feta cheese

Directions

- 1. Place a skillet over medium heat and butter one slice of bread
- 2. Place the bread butter-sidedown in the skillet
- **3**. Spread pesto over the bread in the skillet
- 4. Tear off a few pieces of the rotisserie chicken
- 5. Place evenly over pestocovered bread
- 6. Slice up a few of the Kalamata olives (depends on how salty you want your sand-
- wich) and place evenly on bread in skillet
- 7. Sprinkle mozzarella and feta over the bread, evenly covering
- all the ingredients 8. Place another slice of bread on top (buttered), and make sure the bottom of the sandwich is golden brown before
- flipping it 9. Grill other side of sandwich until golden, then enjoy your Greek version of grilled cheese

Lyndsie Kiebert can be reached at crumbs@uidaho.edu

Completely Unrelated

LET'S SEE HOW OUR FRIEND DAYE RESPONDS TO PEER PRESSURE.



SOLID WORK. DAYE.

Karter Krasselt | Argonaut

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THE FINE PRINT

Corrections

In the Oct. 13 edition of The Argonaut, the article titled "Athletes of the week," should have read Alyssa Lloyd was an athlete of the week for soccer. Lloyd headed the ball for the goal, while Joselin Daggs earned the assist on the play. It should have also read Lloyd has four

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The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media

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please list the title and date of the article. Send all letters to 301 Student Unior Moscow, ID, 83844-4271

or arg-opinion@uidaho.edu

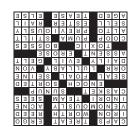
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HOMECOMING

A week of Vandal spirit

Homecoming Week full of traditions and events

Diamond Koloski

Argonaut

University of Idaho students, faculty, staff, alumni, and Moscow community members will fill the campus next week for one of the biggest events of the school year.

UI Homecoming Week will start out with kickoff 5 p.m. Sunday outside the Vandalstore. This year's theme is "A Hero's Homecoming.'

The kickoff event will include the photo scavenger hunt, a Yell like Hell event and the announcement of the eight homecoming royalty candidates.

Ayla Neumeyer, kickoff chair on the Homecoming Committee, said she believes this year's kickoff will be one to remember.

"Kickoff should be extremely fun this year. We are hoping to bring everybody together, to have it be a more spirited, excited event, just a great launch to one of the biggest weeks on campus," Neumeyer said.

Homecoming Committee Monday, members will hand out maps and bags to help groups distribute the list of needed supplies to be donated to the Moscow Food Bank starting at 2 p.m. Along with this, the homecoming competition groups will paint the windows of local storefronts downtown in accordance with the hero they have chosen to represent

Emily Rasch, Homecoming Committee chair, encourages students to check out the scene.

"It's so great to just walk around downtown and look at how the groups have represented their heroes on the businesses," Rasch said.

Homecoming Week continues Tuesday with a blood drive in the Teaching and Learning Center and a promotional event outside of the Idaho Commons from 11 a.m. to 2 p.m.

There will be an obstacle course set up, tables with music and a photo booth, Rasch said. Students can expect to get free items, including cozies, buttons and posters, she said.

The festivities will continue Wednesday



Alex Brizee | Argonaut

Homecoming Commitee Chair Emily Rasch looks foward to Vandal Jingles during Homecoming Week.

with Vandal Jingles, which will begin at 6:30 in the Bruce Pitman Center International Ballroom.

Every group will get on stage and perform a song or skit that incorporates the homecoming theme, Rasch said.

"(Jingles) is one of my favorite events," Rasch said. "It's incredibly fun and energetic."

On Friday, Serpentine will begin at 8 p.m. The Vandal Marching Band will start playing by the President's Residence and will wind around campus all the way to the Kibbie Dome parking lot.

The Kibbie Dome parking lot will be home to the bonfire rally and the crowning of homecoming royalty.

Evan Barton, assistant Homecoming Committee chair, is especially excited for this event and said its one of the week's biggest events.

"It'll get people really excited for the football game that'll be on the next day," Barton said.

The Latah Federal Credit Union Fireworks Extravaganza and the Tower Lights show will follow the bonfire.

The morning after, UI students and community will take part in the Homecoming Parade at 10 a.m. along Main Street. The Idaho Fan Zone will open at 11 a.m. followed by the homecoming game against the University of Louisiana-Monroe.

Whether it's kickoff, Serpentine or the game, Neumeyer said students should be able to get involved in homecoming in some way.

"Its so amazing to see how all of these different people who are on different places on campus and around the country ... come back to visit," Neumeyer said. "... There's always something new for our students and alumni to enjoy."

> Diamond Koloski can be reached at arg-news@uidaho.edu or on Twitter @diamond_uidaho

STUDENT LIFE

Supporting troops through softball

FIJI softball tournament will raise funds to donate to the troops

Diamond Koloski Argonaut

The Phi Gamma Delta fraternity will host its annual philanthropy softball tournament, At Bat for the Troops, at 11 a.m. Saturday in Ghormley Park.

All proceeds from the event are donated to United Service Organizations, a nonprofit organization that offers services and programs to members of the U.S. military and their families.

Skyler Wilburn, senior and philanthropy chair for FIJI, is coordinating most of this year's events and outreach.

"A lot goes into planning this event. We have to reserve the field for our certain time, distribute information to sororities on campus, plan the barbecue, order food, buy charcoal and get the grill ready and make

I'm really looking forward to the turnout, hoping to see a lot of participation from Greek Row.

> Skyler Wilburn, FIJI philantrophy chair

up the brackets for the teams participating," Wilburn said.

FIII member Chris Skidmore, who loved baseball, started the annual event four years ago. He decided to start the event to incorporate his love for baseball — through softball and his desire to help give back to the troops.

"This event is important because (the troops) are out there doing their thing, so that we are able to do all the things that we want to do," Wilburn said. "It feels good to give back, since they've been giving so much for us."

Wilburn said they aim to help military families by donating to USO.

Although the fraternity doesn't get to see the reactions of families who receive donations from the USO, it is still worth it, Wilburn said.

"It's just supporting our troops, so I feel like it's something that we should want to do," Wilburn said. "It feels good to be giving back to the families who sacrifice so much for us," Wilburn said.

Usually, the event raises between \$500 and \$700, and all the proceeds are donated directly to the USO through their website, he said.

Each team pays a \$50 fee and some sororities often have two teams, instead of the typical one team.

"We try to get all the sororities involved to try and raise as much money as possible," Wilburn said.

The fraternity is aiming to raise around \$1,000 this year.



ARG

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push through a new philanthropy event for the spring semester. Wilburn said some sororitie

Wilburn said they are trying to

raise as much money as possible

through this event, and hopefully

have initiation this week and next week, so they may not be able to participate.

"Hopefully we will have most of them," Wilburn said.

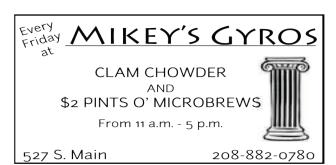
It never hurts to get some support from the community, Wilburn said.

"I'm really looking forward to the turnout, hoping to see a lot of participation from Greek row," Wilburn said. "I'm especially looking forward to everyone coming together for the betterment of others, which will also raise awareness for our armed forces."

> Diamond Koloski can be reached at arg-news@uidaho.edu or on Twitter @diamond_uidaho

Local Moscow



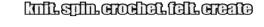




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WOMEN'S CENTER

Auditioning for activism

'The Vagina Monologues' auditions take place this weekend

> Nina Rydalch Argonaut

Vagina is a word that can make people uncomfortable.

"The Vagina Monologues," aims to break down that feeling by covering topics women often have had difficulty speaking about in public, said Courtney Kersten, director of this year's production.

Themes of the play include domestic violence, pubic hair and anger, Kersten said.

Kersten, who received her bachelor's degree in theater, said she has since decided to work only in plays with an activist component. Kersten herself has performed

in "The Vagina Monologues" twice, and said she is excited to be directing it this year.

"I love the play because I think it talks about a lot of issues that women maybe wouldn't talk about publicly. But putting it in a public forum, which is not only making it not so mysterious but also empowering," Kersten said.

Auditions for the play will take place from 5-7 p.m. Friday, and 10 a.m. to noon on Saturday. Both auditions will take place at the Arena Theater in Shoup Hall.

Instead of the monologues last year, Kersten performed in the play "Any One of Us," which was by the same playwright, Eve Ensler.

Although some of the monologues are new this year, Ensler, a well-known activist, transcribed the monologues years ago, Kersten said. She said this year's performance even includes a monologue from the perspective of a transgender woman.

Stories come from Ensler's interviews with women from all over the world, ages 6 to 70, which are transcribed and performed internationally as part of the V-Day Campaign, said Rebekah MillerMacPhee, assistant director for programming at the Women's Center. The monologues have been performed in over 40 languages, MillerMacPhee said.

A global activist movement, the V-Day Campaign aims to raise awareness about violence against women and about women's issues in general, Kersten said.

The campaign not only involves plays about women's issues, but also includes workshops and educational presentations, MillerMacPhee said.

She said the V-Day campaign was originally brought to the Uni-

versity of Idaho by FLAME, a feminist organization, which also helped organize "The Vagina Monologues" at the university. The first production at UI took place in 2002, Miller-

MacPhee said.

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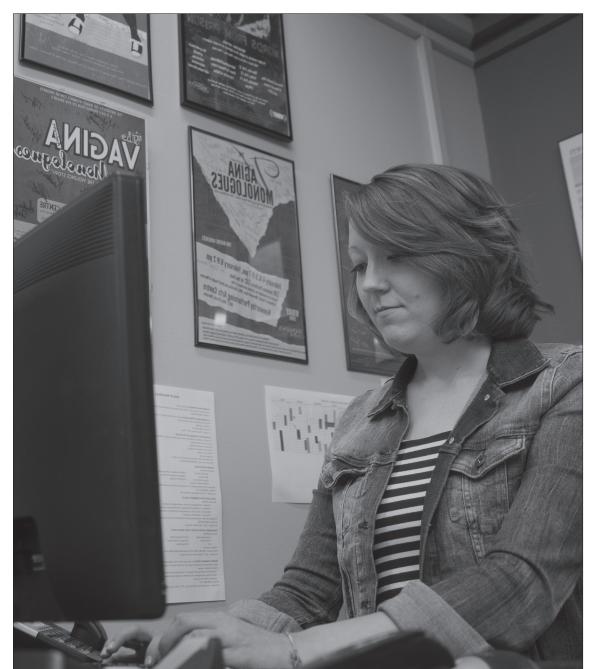
After FLAME died out for a period of time, VOX took over the play until 2009, at which point the Women's Center took on the responsibility of the production. The Women's Center has produced the "The Vagina Monologues" every year since, with the exception of last year, MillerMacPhee said.

MillerMacPhee has been involved with "The Vagina Monologues" for the past eight years, both at Washington State University and UI, but this is her first time producing it.

"It's a really cool way to engage in activism because it really does make a significant difference to people right here in our community," MillerMacPhee said.

The large majority of proceeds raised by show will go to Alternatives to Violence of the Palouse or fund the operations of the Women's Center, while a smaller portion will fund the V-Day Campaign, MillerMacPhee said.

Performances are scheduled from Feb. 18-20, and include about 15-20 performers, Kersten said.



David Betts | Argonaut

Rebekah MillerMacPhee is the assistant director of programs for the Women's Center.

MillerMacPhee Kersten said those involved want anyone who is interested and identifies as a woman to audition. This means students, university staff and community members, Kersten said.

"We're really making an effort to make this open to everybody, and let people know that we're interested in how they feel about it and interested in their involvement," MillerMacPhee said.

Those who audition should be able to discuss why they want to be involved in the production, but otherwise do not need to prepare

anything, Kersten said of the auditions. She said it is fine if people auditioning would like to prepare something in advance, but cold reads will be provided.

> Nina Rydalch can be reached at arg-news@uidaho.edu

Outdoor program offers outlets for adventure

Outdoor program provides discounted rentals, outdoor adventures

> **Taylor Nadauld** Argonaut

Located in the University of Idaho Student Recreation Center, the Outdoor Program Office somewhat restricts the view of a warehouse full of thousands of items of recreational gear for rent.

The office advertises weekend surfing excursions on the Oregon coast and boasts one of the largest climbing wall of any college campus in the country.

The program sponsors an outdoor recreation leadership minor through the university.

Despite those facts, rafts and tents. Outdoor Program Director, Trevor Fulton said many students don't know the program exists.

"I would love every student to walk in the door at some point," Fulton said.

UI senior Emily Renzini walked through the door last year not knowing what she wanted to major in or what she wanted to do as a career.

It wasn't until she visited Outdoor Program Office at the advice of a friend and applied for an internship that she realized she had a passion for recreation and decided to make it her major.

Working for the Outdoor Program office, Renzini said she has learned different outdoor safety skills including how to repair

She said she's excited to learn how to tune skis this winter.

"I get to experience, like, a lot of different things," Renzini said. "Just having that knowledge, I think it's

good to have? Earlier this school year, Renzini, along with a group of students, woke up bright and early to drive to Cannon Beach, Oregon, where the group camped out and surfed.

"We have everyone from, you know, 'I've never gone surfing before and I can kind of swim,' to 'I've surfed my whole life," said Outdoor Program Coordinator, Elise Clausen, who also went on

The Cannon Beach trip is

one of many offered time to dedicate to recreto students at a relatively low cost by the program. For more news content, visit uiargonaut.com Other trips include

open kayak pool sessions, Mountain Bike Mondays and avalanche safety courses.

said Fullton common concern among students is cost. But the cost, Fullton said,

is not much different than that of a typical Saturday night in Moscow.

the bar that you don't do, and you could go surfing for three days," Fulton said. A typical activity ranges in cost from \$5 to \$85 de-

pending on the time and equipment required. And for students wondering if they have enough

Full-time students with their own climbing equipment use the climbing wall 'That's one night out on for free. The program offers activ-

normal cost.

country skills and avalanche safety course. All students

are eligible to apply.

ities for all experience levels, Fulton said. Upcoming events include an Idaho Canyonlands backpacking trip and a back-

ational activities, Fullton

said it's never easier for

students to participate than

right now, when they can

rent gear and participate in

activities at a fraction of the

the outdoor program is

available for rent to the

community, but students

get exclusive discounts.

Recreational gear from

Fulton said the college experience does not come solely from the classroom. He recommends students take advantage of opportunities on campus while they have time.

"Go whitewater rafting. Rent equipment and do a ski trip with your friends. Those are the types of experiences that you're going to remember as a student when you're looking back on your college experiences," Fulton said.

For more information, visit the Outdoor Program Office located in the SRC, open from 9 a.m. to 5 p.m. Monday through Friday.

Taylor Nadauld can be reached at arg-news@uidaho.edu or on Twitter at @tnadauldarg





Police log

Oct. 15

3:32 a.m. North Main Street

man reported someone who he did not know punched him.

Oct. 14

5:49 a.m. Queen Road

Police arrested a woman for aggravated assault because she threatened her mother with a knife.

11:07 a.m. **Jackson Street**

First Class Vapor reported \$200 worth of merchandise stolen over the last two months. This is the first time they have reported it.

Oct. 13

5:29 p.m. Homestead

Caller got in an argument with their roommate's friend who was over while his roommate was not home. The caller reported the friend filled a jug with water.

Oct. 12

1:26 p.m. South Logan Street

Caller reported someone stole tools and a barbeque from the back of his pickup.

STANDING IN SUPPORT



Ryan Tarinelli | Argonaut

Planned Parenthood opened a temporary clinic on Grand Avenue in Pullman Monday after an arson fire damaged their permanent location. Planned Parenthood supporters stand outside of the temporary clinic Monday.

SPACE

FROM PAGE 1

More than anything, Hunter said the renovations are meant to help students who want a place to study at any time of day.

The map room and the Special Collections and Archives reading room, where students and faculty can access special collections, will also reopen following renovations.

Hunter said he think most students understand that the current inconvenience will lead to a place that is meant to benefit them.

Hunter said the renovation has been thought out and planned so students will enjoy the improvements.

Kristen Bertoloni can be reached at arg-news@uidaho.edu

PREPARED

FROM PAGE 1

UI student Jake Henggeler was always around guns growing up in rural Idaho. He said firearms can be valuable in the hands of stable people, but when they get into the hands of someone who's unstable, it's a problem.

Henggeler said he takes comfort in seeing campus security patrolling all the time, but would feel safer if he knew they were armed.

UI student Leila Riley agrees that guns are only dangerous when they fall into the hands of someone unstable. That's why she thinks more money should be funneled into mental health.

Lehmitz said something certainly has to change, but he tries to stay out of the gun control debate.

"If I had the answer, I probably wouldn't be working here," he said.

Riley said she tends to be paranoid, but she's never felt unsafe walking across campus. Still, she said she remembers how shocked the community was in the wake of the mass shooting in January.

"Our community is so tight-knit," Riley said. "It's not something we think of as a reality."

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SWIPE

FROM PAGE 1

She said she also learned how to be more straightforward with people she thought she might be interested in.

When she first met her boyfriend, Price said she wasn't that impressed.

"I thought, 'This guy looks really flippin' weird. I don't know if I want to talk to him," Price said

But after they started talking, Price said she genuinely enjoyed his company and before long they were talking all day, every day.

Now they've been together two years, and Price said he moved back to Idaho with her so she could finish school. She said the pair plans to move back to California when she graduates

"You do have to keep in mind that you eventually need to bring it off the website and into real life," Price said. "I had some pretty bad experiences, but I went through 500 to get to the good one."

'I'm as optimistic as anyone

It can be hard being a man on a dating site simply because there are so few women, said Christopher Harlan, 19.

Harlan said he doesn't let that discourage him.

"I'm as optimistic as anyone else," Harlan said of his experience on OkCupid. "I probably have more of a chance meeting someone than if I weren't really into online dating."

Harlan said he created a Tinder account when he arrived at UI as a freshman and quickly learned it wasn't really a dating app.

"The girls I talked to were all looking for something else," he said.

While Harlan said he's not against hookups, they're not his style. He said he's hoping to make a more genuine connection with someone.

He switched to OkCupid earlier this semester, and said he appreciates the more scientific approach to meeting people. He

said his impression was that more people were there for the reason he was — to meet other down-to-earth people looking for authentic conversation.

On both Tinder and OkCupid, Harlan said women almost never send messages first. He said it's one of

send messages first. He said it's one of the few old social conventions that are still noticeable in this new approach to dating. He doesn't mind initiating conversations, though.

"It's harder to meet people in real life," Harlan said. "It's definitely easier to go online and say 'hello."

'It's like a game'

When Alanna Dolsen, 23, wrote her first Tinder bio, it was simple: "If you can't be 'just' friends with someone unless they have a significant other, stay far away."

Dolsen said romance should come long after a genuine connection, and that someone with dating constantly on their mind wasn't the one for her.

"People act like they're looking for 'the one' to complete them when in reality, they just have to get to know a person as a friend," Dolsen said. "Their perfect girl isn't out there. She doesn't exist."

While Dolsen said she's serious about meeting new people, that's not the only reason she's on Tinder.

"It's kind of fun," she said. "It's like a game."
Before she joined Tinder, Dolsen said she saw it as just a hookup app. She said there's certainly still a stigma attached to the dating app.

Yet, since she downloaded it a month and a half ago following a breakup, Dolsen said she has realized Tinder is a place for a wide variety of people to come together to make connections with each other.

"Tinder isn't something to look down upon," Dolsen said. "It's not all one group of super creepy guys. There's a lot of people in the world trying to find something better."

Dolsen said she still gets her share of boring or creepy messages, but she said she appreciates how selective you can be about who you talk to. In fact, she said she just started talking to someone whose company she so far enjoys.

"The first thing she asked wasn't like, 'Do you like to wear heels?' It was, 'How are you?' and 'What

kind of art medium do you use?" Dolsen said. "We've only exchanged a few messages, but so far, it's all good feelings."

'It's something you can't replace with an app or a website'

After Emma Scott, 19, broke up with her boyfriend last summer, she thought she would reactivate her Tinder account and try looking for hookups.

It didn't go as planned.

ARG

For more news

content, visit uiargonaut.com

"I'm not even using it anymore," Scott said. "It's kind of pointless to have. I'd rather meet people in person."

Scott said she thought she wanted casual sex, but once she started swiping, she said she lost her confidence. She said it's much easier for people to misrepresent themselves online, and she was raised to be cautious of that type of thing.

She said messaging strangers was also off-putting, because they didn't feel like real interactions.

"A lot of them were like, 'Hey, what's up?' or 'Oh, I like your hair' or something right off the bat," Scott said. "They weren't genuine. They didn't seem real."

Scott said she only used the app for a couple weeks before she deactivated it.

"I'm going to stick to traditional dating. I wouldn't go back," she said. "I would definitely recommend traditional dating experiences, it's real, and it's something you can't replace with an app or a website."

Scott said she sees the value in apps like Tinder because they alleviate the awkwardness of having to approach someone in a coffee shop or at a party. But, she said she would rather feel a little awkward than be surprised.

"You're not put off by an image that that person gives you at first, and then you meet up with them and say 'Oh, it's not how I expected," Scott said. "It's nicer to just cut all that stuff out when you meet someone."

'It's just a part of life now'

When Nathan Austin, 22, created his Grindr account two years ago, he had only been out a couple weeks.

"It was intimidating," Austin said. "I hadn't been exposed to any sort of gay community or culture growing up, my parents were very Christian, so I was nervous and excited to meet other gay men."

Austin said that most gay men he knows have a Grindr account, and that they use it to find dates, find hookups, find someone to talk to or find someone to get drinks with.

The app gives both out and closeted gay men a good avenue to connect with each other when they might not be as free to meet in public as other people, Austin said.

"Maybe this is me not being gregarious or outgoing enough, but it's hard to approach men at bars up here unless you already know them," Austin said. "You can't really flirt with other guys super openly ... Grindr makes it easier to actually find people who are gay."

When he first created his account, Austin said the whole process was exciting. Now, he said, he's gotten used to it.

"Everyone on there is an actual person," Austin said. "I think it's great that it exists, but it's just a part of life now, and it feels like it'll be there forever."

Austin said while online dating isn't necessarily for everyone, it's certainly not something to write off and he said he thinks it's here to stay.

"I would encourage people to try it," Austin said. "Be careful and skeptical to a degree, find out if it's something you enjoy or not, but it does depend on the person."

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SPORTS



Idaho beats Montana in five sets Thursday night in Missoula.

Kim finds groove again

Michelle Kim awarded Big Sky Women's Golfer of the Week for third time this fall

> Mihaela Karst Argonaut

Idaho freshman golfer Michelle Kim led the Vandals to a second-place finish at the Pat Lesser Harbottle Invitational earlier this week in Lakewood, Washington. Idaho finished the three-round tournament with a 32-over-par 896.

Kim placed third with a 3-over-par 219. Her performance earned her the Big Sky Women's Golfer of the Week honor for the third time this fall.

'She (Kim) is a confident player and she brings a lot of international experience," Johnson said.

The Washington Huskies won the invitational, finishing with a 1-overpar 865. Washington freshman Julianne Alvarez took the individual title, shooting a 5-under-par 211.

Idaho played two rounds Monday (36 holes) and the final round was Tuesday.

The Vandals stood in fourth place after the first round, but kicked it into gear in the second round.

"We played the first nine holes pretty poorly," Idaho coach Lisa Johnson said. "It was wet and cold in the morning, and we started on difficult holes. As we continued playing, we hit more fairways and were able to hit more greens."

The Vandals adjusted and their scores lowered. Johnson said the players needed to adjust their game to the course they were playing.

"We were trying to play perfect golf, and that isn't the type of golf course we were playing," Johnson said. "We just needed to focus on one shot at a time.

"We needed to make the process a little more simple and start the second round with a fresh mentality," Johnson said.

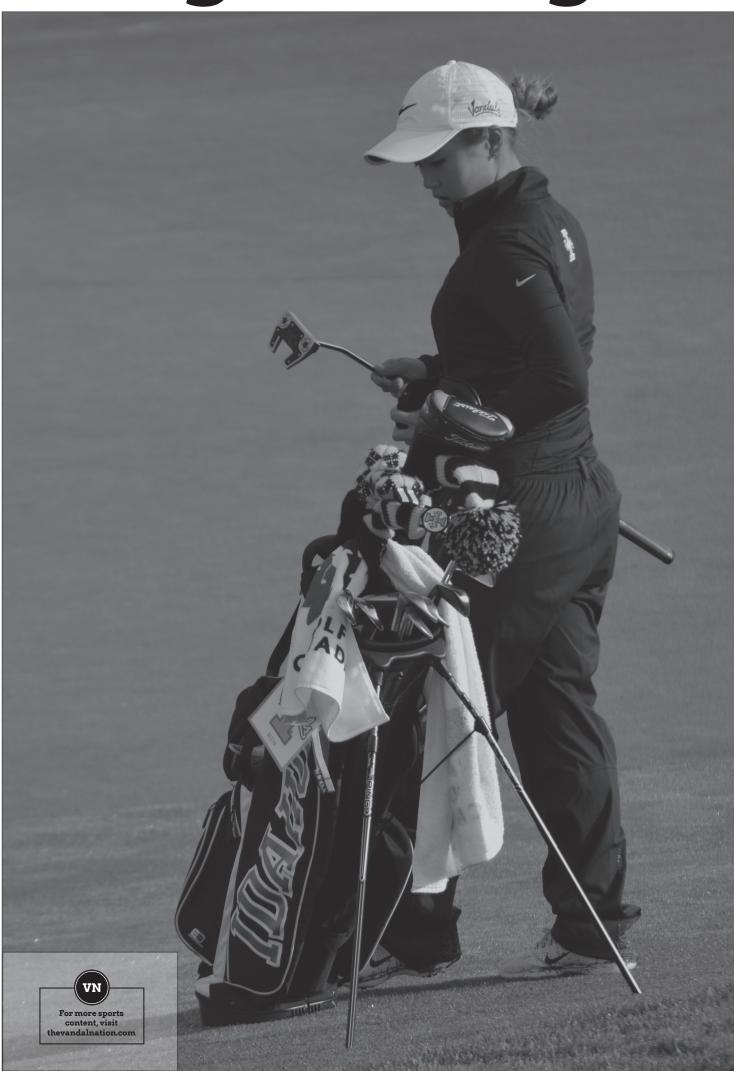
Idaho freshman Sophie Hausmann finished in 12th place, shooting a 9-over-par 225 and sophomore Kendall Gray finished in 14th, finishing with an 11-over-par 227.

Idaho senior Cassie McKinley tied for 18th with a 13-over-par 229 and senior Kristin Strankman tied for 49th with a 22-over-par 238. Junior Amy Hasenoehrl, who played as an individual, tied for 44th, finishing with a 20-over-par 236.

The Vandals competed against some Big Sky Conference schools, including Weber State (seventh), Sacramento State (eighth), Eastern Washington (ninth), Montana (tied 13th) and Portland State (tied 13th).

"We are extremely confident," Johnson said. "We believe we are the best team in the Big Sky and we've beat all of the schools in the conference."

SEE KIM, PAGE 8



Idaho freshman Michelle Kim holds her putter at the Washington State Cougar Cup Sept. 22 at Palouse Ridge Golf Club in Pullman. Kim earned her third Big Sky Golfer of the Week award this week after finishing third at the Pat Lesser Harbottle Invitational in Lakewood, Washington.

Home and away

Idaho soccer team will go for sixth straight win Friday

> Josh Grissom Argonaut

The Idaho soccer team continued its success on the pitch Sunday afternoon, defeating Montana 3-1 and improving its win streak to five games.

The Vandals (9-4-1)overall, 5-0-0 Big Sky Conference) also claimed sole possession of first place in the Big Sky Conference standings last Friday, following Eastern Washington's loss to Montana

Idaho will look to extend its lead in the conference with two upcoming matches against Southern Utah at 3 p.m. Friday at Guy Wicks Field and Northern Arizona at 1 p.m. Sunday in Flagstaff, Arizona.

The Vandals end a fourgame homestand on Friday

a match against a Southern Utah team that has had difficulty producing victories in recent games.

However, the Thunderbirds (6-6-1, 1-3-1) surprised Big Sky soccer fans by handing Northern Colorado its only conference loss this season, proving Southern Utah is an opponent the Vandals should not take lightly.

"The Big Sky is a very even conference from top to bottom," Idaho coach Derek Pittman said. "We know we have a tough opponent in Southern Utah to get ready for, and they are going to be coming in looking to steal some points on the road."

Following Friday's game, the Vandals travel to Flagstaff, Arizona, to kick off a three-game road trip. The Lumberjacks (7-6-1, 2-2-1)



push in the Big Sky to try and snag a qualifying position for the upcoming conference tournament

in November.

"It's not going to be easy going into Northern Arizona," Pittman said. "But we will be ready for it and stay focused in order to get a result on the road Sunday."

Pittman said the Vandals' defensive presence has been strong in recent games. He said it has helped propel the program forward during its current winning streak.

"We've been very good on the defensive side of the ball," Pittman said. "It's been a big focus of ours to limit opportunities against our goal, and I think our whole team has bought into that.'

SEE **HOME**, PAGE 8

Vandals on to Troy

For more sports content, visit

thevandalnation.co

Luton has game experience under his belt, Linehan questionable for Saturday

Garrett Cabeza

Sometimes a bye week can disrupt a team's momentum, but for the Idaho football team, it may have come at the right time.

The Vandals had their bye week last week after they lost to Arkansas State 49-35 Oct. 3 in Jonesboro, Arkansas. It was Idaho's second loss in a row, and they have been dealing with

injuries to key players for a few weeks. One of those injured players was sophomore quarterback Matt Linehan, who sat out the Arkansas State game because of an

ankle injury. Idaho coach Paul Petrino said he thinks

Linehan will be ready to go against Troy at 12:30 p.m. Saturday in Troy, Alabama. If Linehan is healthy enough to play, Idaho quarterbacks coach Bryce Erickson said both Linehan and redshirt freshman

Jake Luton will take snaps Saturday.

Erickson said Idaho needs both quarterbacks to win the football game.

"We're going to play both of them and there's certain things that Matt does good and there's certain things that Jake does," Erickson said.

Luton started against Arkansas State, completing 24 of 42 passes for 166 yards and throwing three interceptions. He also rushed for

three touchdowns. "I thought he did a great job of running the ball, a great job of reading on some of the zone

reads," Petrino said. "So that was something he did better than I knew because he really just hasn't been live tackle(d) enough to be honest with you."

Erickson joked when he talked about Luton's rushing touchdowns.

"Well first of all I taught him everything he knows," Erickson said. "All those moves and where to hit it — we went over that, we stayed up late Friday night and I taught him all those moves cause that's kind of how I used to roll back in the day."

SEE VANDALS, PAGE 8

WOMEN'S TENNIS

Vandals impressive early

Idaho women's tennis advanced five athletes in singles play at ITA Mountain Regional Tournament Wednesday

Josh Grissom Argonaut

When the Idaho women's tennis team traveled to Las Vegas Tuesday, it was hoping to make a splash in one of the largest collegiate preseason tournaments in the nation.

After the first day of play, the team succeeded in accomplishing that goal.

The Vandals opened up the ITA Mountain Regional Tournament by advancing five players in the singles tournament during the first

Idaho also went undefeated in doubles play on Wednesday, with three Vandal duos advancing to the second round of the tournament.

Sophomores Ana Batiri and Lucia Badillos each defeated their respective opponents in two sets, reaching the second round of singles play. The pair also combined for a victory in doubles play, defeating Jessica Brycki and Angelina Philippova of Montana State 8-6.

Senior Belen Barcenilla and freshman Maria Tavares also combined for a victory in doubles play, defeating Northern Arizona duo Emelia Box and Jordan Denesik early Wednesday morning. In singles play, both advanced to the second round after defeating top opponents from Utah State and Colorado State.

Overall, the Vandals went 5-1 during singles matches Wednesday, placing the program in a strong position to advance several players deep into the tournament this weekend.

The team also rebounded



Alex Brizee | Argonaut

Idaho sophomore Lucia Badillos prepares to backhand the ball during practice Sept. 30 on the tennis courts behind the Memorial Gym.

from its struggles in doubles play at the Washington State Invitational two weeks ago, as all three Vandal duos emerged victorious in tightly contested matches.

The ITA Mountain Regional Tournament is comprised of 128 players from 18 different programs, all vying for an opportunity to showcase their skills and improve their current rankings.

The winners of the singles and doubles championships will advance to the National Intercollegiate Indoor Championships in Flushing, New

York, Nov. 6. The Vandals are one of four



ticipating in the regional tournament. Other Big Sky programs include Montana State, Northern Arizona and Northern Colorado, who are all

Big Sky programs par-

hoping to represent the Mountain Region at the national championship next month.

The tournament is set to continue throughout the weekend, consisting of elimination matches Friday and Saturday. The tournament will conclude Sunday with the singles and doubles championships, as well as consolation matches.

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Another five-set match win

Another late-match rally by Idaho leads to Vandal win against Montana

A showdown between two Big Sky Confrom the North Division resulted in the Idaho volleyball team's third straight five-

set match win. The Vandals got the win 3-2 (25-22, 22-25, 25-27, 25-22, 15-13) Thursday night in Missoula, Montana.

Luis Torres

After a career-best 15 kills and a .560 hitting percentage Saturday against Sacramento State, redshirt freshman outside hitter Sarah Sharp backed it up by surpassing her career mark with 18 kills Thursday night, including the match-winning kill.

Sophomore outside hitter Becca Mau, who earned no kills and sat out most of the game Saturday,

also had 18 kills Thursday. It's Mau's first 10-plus kill game since Sept. 26 against

> Montana mitted errors

attack attempts. After Idaho won the

For more sports content, visit thevandalnation.com

poised to win the match. But back-to-back kills

Idaho's momentum

North Dakota.

Idaho narrowly defeated hitting percentage and comless despite earning fewer kills and

opening set, the Grizzlies won the next two and was

by Mau and a block by Mau and freshman middle blocker Laine Waters in the fourth set started a 4-0 run for the Vandals, putting them up 14-12. The run helped Idaho regain its momentum over the Grizzlies and kept its hopes alive by winning the set.

carried into the fifth set.

Idaho freshman DeVonne Ryter (14) and redshirt freshman Kaela Straw (8) try to block the ball against Sacramento State Saturday at the Memorial Gym. Idaho plays Montana State at 6 p.m. Saturday in Bozeman, Montana. which was highlighted by are now 4-3 in the Big Sky three kills by Mau. their

straight win, the Vandals

third

and 7-12 overall.

Idaho continues its week at the Treasure State Saturday as it plays Montana State at 6 p.m. in Bozeman, Montana. The Vandals won their last match against the

For more information please contact (208) 885-6381

Luis Torres

can be reached at



arg-sports@uidaho.edu The Student Rec Center will be open until 11pm on Fridays & Saturdays! October 16 & 17 | October 23 & 24 | October 30 & 31 | November 6 & 7

VANDALS

FROM PAGE 6

Erickson said Luton has a natural feel for running the ball. He said the Idaho coaches were impressed after Luton scored his first rushing touchdown, so they decided to call the play two more times when the Vandals neared the end zone.

"You can't stop Jake Luton," Erickson said. "You can only hope to contain him."

Luton and the Vandals couldn't have started better against the Red Wolves. Luton helped guide Idaho down the field on an 11-play, 75-yard drive that ended with a oneyard touchdown run by senior running back Elijhaa Penny.

"We came out rolling and we were hitting on all cylinders really," Luton said. "That was fun. We just need to do that every drive. We need to bring that intensity and that execution every single drive."

Luton got his first collegiate playing time against Southern California Sept. 12 in Los Angeles. He said that playing time against USC helped him against Arkansas State.

Pregame, I had a little bit of nerves, but once I was out there it was just football," Luton said about the Arkansas State game.

Erickson said he wants Luton to read defenses better and improve the passing game. He also said he wants him to get a good pre-snap and post-snap read and anticipate a little more.

Erickson said he was impressed with Luton's poise in his first start.

'He's not a real up and down guy," Erickson said. "He kind of stays even keeled and then both quarterbacks — we got to stop throwing interceptions ... We got to stop forcing it in certain situations.

Garrett Cabeza can be reached at arg-sports@uidaho.edu or on Twitter @CabezaGarrett



Idaho senior running back Elijhaa Penny carries the ball during practice Tuesday.

HOME FROM PAGE 6

The Vandals have also been aided by the play of freshman goalkeeper Amanda Poertner, who has already recorded six shutouts this season, tying Idaho's all-time single season record.

If Idaho continues its conference success and ends the season atop the Big Sky standings, then the Vandals will host the Big Sky Tournament on their home turf.

But Pittman said the program should remain focused on the upcoming schedule and take things one game at a time.

"We know the possibility of hosting is out there," Pittman said. "But there's still half of the conference season to be played. Our goal from the very get-go was to make the conference tournament. Right now, we just want to make sure that we keep handling our business in the remaining games."

Josh Grissom can be reached at arg-sports@uidaho.edu or on Twitter @GoshJrissom



Yishan Chen | Argonaut

Idaho junior forward Kavita Battan moves the ball down the pitch against Montana Sunday at Guy Wicks Field. The Vandals play Southern Utah Friday at Guy Wicks.

Vandals aim to attack

Josh Grissom

The Idaho Vandals travel to Troy Saturday to face a team that limps into the matchup with

only one victory through the first five games of the season.

The Vandals (1-4) are coming off of a bye week and hope to take advantage of a

battered opponent that has already faced three separate power five conference opponents early in the year. The Trojans (1-4)

completed road trips against a power-five trio that included North Carolina State, Wisconsin and Mississippi State. All three of those teams have four wins this season, highlighting the difficult schedule that Troy has faced to date. Meanwhile, Idaho

is entering the matchup after a much-needed bye week, following a 49-35 loss to Arkansas State in which the Vandals showed resilience in the face of several injuries.

Quarterback Matt Linehan sat out against the Red Wolves because of an injured ankle, prompting head coach Paul Petrino to start redshirt freshman Jake Luton, who rushed for three touchdowns in the game.

The Vandals are hoping Linehan will be healthy enough to make the start Saturday afternoon against the Trojans.

Linehan is averaging 277 passing yards per game and is completing 67.8 percent of his passes. His presence on Saturday could prove to be a deciding factor if his ankle is fully healed.

The Troy defense has allowed an average of 32.4 points per game this season, a statistic Trojans' defensive coordinator Vic Koenning will certainly be looking to improve entering the game against the Vandals.

The Trojans have been defending the pass well, only allowing opponents to average 185 yards through the air. However, Troy's defense has had difficulty stopping the run,

allowing an average of 200 rushing yards per game this season.

The key for the Vandals will be the ability to establish a productive running game early in the first half. If running back Elijhaa Penny and the Vandals are able to produce a presence on the ground, it will open up the opportunity for a passing attack from Linehan later in the game.

On the other side of the ball, Idaho's secondary will look to slow the only productive feature of the Trojans' offense — the passing game. The Trojans are only averaging 111 rushing yards this season, an aspect that will certainly motivate the Vandals' defensive line as they attempt to stifle the Troy running game.

The Vandals' defensive game plan will be to stop the Troy running attack in order to force a pivotal matchup between the Trojan receivers and the Vandals' secondary.

The game will likely boil down to an offensive slugfest in Alabama Saturday.

If Idaho is able to make several key defensive stops against the Trojans, then the team has a solid opportunity to emerge from Troy with a vital Sun Belt victory.

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KIM

FROM PAGE 6

The Vandals will compete in one more invitational this fall the Las Vegas Collegiate Showdown Oct. 25-27 at Boulder Creek Golf Club in Boulder City, Nevada.

"Everyone has had at least one, if not two, good events this year," Johnson said. "The compilations of the successes of the team will build our confidence up for Las Vegas." Boulder Creek Golf

Club is the same course the Vandals will compete at in the Big Sky Championship in April.

Johnson said this is an excellent opportunity to preview the championship course.

"We need to work a lot on our wedge game," Johnson said. "The golf course is pretty dry and firm and we need to improve for the longer par fours and par fives."

Mihaela Karst can be reached at arg-sports@uidaho.edu





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OPINION



Send us a 300-word letter to the editor.

ARG-OPINION@UIDAHO.EDU

OUR VIEW

Preparing for tragedy

UI should use campus-wide drills to prepare for tragic events

In the wake of multiple school shootings at institutions of higher education, such as those at Umpqua Community College, Northern Arizona University and Texas Southern University, the debate over gun control is inevitable.

Instead of debating over the future of guns, colleges should be preparing for how their community can respond should a similar situation occur on their campus.

We know Moscow — no matter how safe it seems — isn't immune from tragedy and shootings. In January, a shooting spree in Moscow left three dead and one wounded, and other incidents of violence have occurred in the past.

If an active shooter were to walk onto the University of Idaho campus, what is the university's plan?

In the mandatory crime and security report — The Clery Act — UI states that a "Shelter-In-Place" action would be issued in situations such as a hazardous materials

spill, an active shooter situation or a weather emergency.

On the UI website, there is a video provided by the Department of

video provided by the Department of
Homeland Security to help prepare for
an active shooter situation. UI also has
a Threat Assessment and Management
Team. The Clery Report states the purpose of
this team is to collaborate with the campus
community to establish preventative measures
and plans.

For more opinion
content, visit
uiargonaut.com
walked
immediately to a provide the purpose of this team is to collaborate with the campus
they eventually to a provide the preventative measures and plans.

The problem is that many individuals in the university community aren't aware of this information. UI administration needs to take a close look at how it can prepare the entire university for unthinkable tragedies.

Active shooter drills should be routinely present on campus. These drills would not only help students comprehend that such situations can occur, but they would also prepare students for any emergency involving an active shooter on campus.

The drills would allow for the entire campus community — students, faculty, staff and administrators — to practice procedures that

could end up saving lives.

They would also allow for UI to test its emergency alert systems for creating and distributing messages.

Practice makes perfect. It's a cliche, but it's applicable in this scenario. It's easy to panic and

forget what you've been told to do. Having walked through the steps without the fear of an immediate threat might better prepare people if they ever have to follow the procedures during an emergency.

Drills with the Moscow Police Department, and with the local police around each satellite campus, are an essential part of making sure law enforcement are familiar with campus and UI's emergency plans.

It's hard to think about tragedies happening in the close-knit community of Moscow. But we know they happen, and it could always happen to us.

It's time we, as the UI community, start talking about what we would do if tragedy strikes on our campus.

-KH



The public's right to police footage

How technology is bettering and complicating police departments

Eric Garner, Michael Brown and Ferguson, Missouri, are some people and places that may come to mind when discussing police wearing body cameras.

These headlines have sparked a large debate on ways police departments can better their interactions with civilians.

Even the police departments in Moscow and Pullman either plan on or currently are utilizing body cameras, according to a March report in The Argonaut. The use of this new technology is a win-win situation in most cases. They can help discourage police misconduct and benefit police if a citizen were to make a false accusation against them.

Usually, officers have cameras mounted on their cruisers, which capture only some parts of their interactions. Body cameras can move with officers and provide footage of their actions from more angles.

While there are many benefits of this technology, there are plenty of complexities that come with it as well. The next step is determining who should have access to the videos filmed by the body cameras.

According to Benton Smith at the Twin Falls Times, many states have made laws regarding these questions but Ideho is still in the process.

these questions, but Idaho is still in the process.
Some people who oppose body camera foot-

age being available to the public make arguments concerning privacy. They argue that the footage should only be used in a court of law if the case ends up going to trial.

This indicates that if anyone wanted access to the footage, they would have to have some sort of warrant or authorization to access it. Any video taken by police body cameras would be treated as evidence and not be released to the public.

The points made in this argument are relatively valid. For instance, if a police officer came to the front door of my house to speak to me, I would prefer the video of that interaction not be released. However, making this video private would be eluding the purpose of body cameras.

A police officer coming to my house to, let's say, warn me that I have received a noise complaint is a fairly insignificant event and

may seem unnecessary to release to the public. However, if that police officer had entered my house without a warrant, I would hope that it would be released as to expose the officer's misconduct.

I understand privacy is important to a lot of people, but transparency and accountability in institutions such as police departments is far more essential, especially when considering cases such as Brown and Garner's, where the misconduct was fatal.

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Police officers are employees of the public and the body cameras that police wear are paid for by the public. So why should police departments be in charge of deciding what should and



Police departments should not be regulating this issue, as the whole point of body cameras is to make them more transparent.

shouldn't be accessible to the public?
Police departments should not be regulating

this issue, as the whole point of body cameras is to make them more transparent. Keeping this footage filed away would likely allow for more secrecy.

Giving police departments the authority to regulate these videos would just result in another failed attempt at reforming the nation's distorted system. If anything, city and state legislators should be making policies on how police departments handle footage.

How footage would be made available to the public is still a topic that needs to be discussed. The important part is that the video is made public. This wave of police reform will be pointless if police departments are continually allowed to say "just trust us" with evidence that citizens should have the right to access.

Jessica Gee can be reached at arg-opinion@uidaho.edu



QUICK TAKES ON LIFE FROM OUR EDITORS

Midterms

After my last test I am watching copious amounts of Netflix and not moving my body from the couch.

– Tea

Midterm week

Sometimes college is about figuring out what you can skip.

– Ryan

#FeelTheChafe

Now there's a #Dem-Debate hashtag I can get behind.

– Hannah

The South

I know it's a business trip when the Idaho football team goes to the Southeast, like Alabama or Georgia, to play a football game. But it still must be cool to go to an area that is so different from Moscow and soak up that culture for a day or two.

- Garrett

Remember

Tend to the garden in your soul, don't just sit around waiting for someone to bring you flowers.

- Lyndsie

Bliss

I could seriously skip stones all day.

– Jessica

This is

A moment of appreciation for all of the wonderful people in my life, their health and happiness.

- Corr

Asking her out

"Why not?" isn't the most affirmative response, but I'll take it.

Low-key Thursday

Yesterday gave me a feel for how next semester will go. I like it a lot.

– Katelyn

Typing

Ever tried typing without being able to move your dominant hand's thumb? Or stretching your hand all the way across the keyboard? Yeah, it isn't fun.

– Claire

It's Friday, Friday

Best day of the week. If you're reading this, I'm probably still sleeping. Suckers.

– Erin

Where's my hairspray?

Sorry, I'm Jake and I'm too busy perfecting my already flawless coif to write my OTC this week.

– Jake

Still ain't mad

Feel better Korbin.

- K01

Ode to

The best girlfriend ever. She makes me food and writes my OTCs for me when I forget to.

rget to. **- Jordan**

$GR\Sigma\Sigma K$

$SP\Sigma\Lambda K$

A culture of acceptance

For more opinion

content, visit uiargonaut.com

A look at the transgender community within the Greek system

From the announcement of Caitlyn Jenner, to Emmy Nominated Laverne Cox, the transgender community has been receiving more and more attention by everyone lately.

With huge strides toward acceptance of the LGBTQA community, Greek houses have begun to create policies and take a bigger look around what it means to be a member, and their policies may be surpris-

Sigma Phi Epsilon, as reported by TFM, has opened its doors nationally to people who identify as transgender.

policy now states, "Any individual who identifies as a man is welcome to seek membership in the fraternity. This policy is intended to uphold the mission of Sigma Phi Epsilon as a fellowship of men and should not be interpreted as changing the all-

The organization's

or as a waiver of the Fraternity's exempt status under Title IX." In 2011, Elle Mallon, who identifies as a trans-woman, started her own gender inclusive Greek organization Theta Pi Sigma. A chapter of Alpha Sigma Phi Fraternity recently elected a transgender person as their president. Greek houses are already starting to address gender

male character of the Fraternity

identity inclusiveness. National headquarters for Greek organizations have the autonomy to establish their own membership standards.

This begs the question: What should those standards be? Should people who are transgender be brought into Greek living? Could people who are transgenderjoin a house

before transitioning?

There are a lot of unsolved questions, which has a lot to do with the fact that most people who identify as transgender have just chosen not to go Greek in the past.

As time passes, it will be interesting to see what houses will take this

topic on. Already, huge steps have been made toward people of different sexual orientations. It only seems fitting that people of different gender identities be treated the same.

It will be huge to see which

organizations follow Sigma Phi Epsilon's lead, and nationally become inclusive not only to people of different sexual orientations, but who identify with the opposite sex.

For Greeks who simply haven't considered this topic before, now is the chance to challenge our perceptions and

try to be more considerate. Try not to use gender specific language. Instead of asking if someone has a boyfriend or girlfriend, just ask if they are seeing anybody.

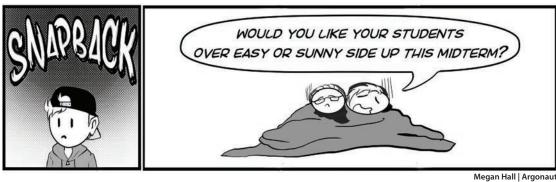
If we are to be the best Greeks we can be, it's time to adapt to the way society is shifting and begin the conversation locally of what it truly means to be a member of each Greek organization.

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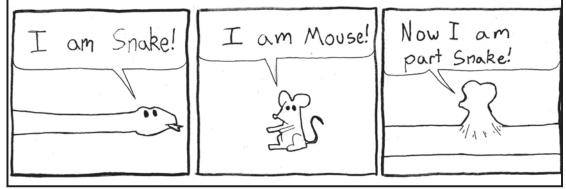




Snapback



Bad sense of humor



David Black | Argonaut

We're a stressed out campus

Why students should be more mindful of their stress levels

What is your stress level? Rate it on a five-point scale with one being no stress, three being average and five being tremendous stress.

This is a question from the 2015 National College Health Assessment, a national survey that collects data on thousands of undergraduate students. They found that campus stress levels are on the rise, with 53 percent of students having unhealthy levels of stress — defined as four or five on the scale.

Here on the University of Idaho campus, our numbers are even higher. As Vandals, 66 percent of us reported unhealthy levels of stress.

The demands of academics. finances and important relationships force hard choices on people. The feelings of dragging energy, pushing harder and harder, mounting anxiety, poor diet, lost sleep and emotional emptiness are widespread. Reaching for another coffee, another cigarette or another Snickers bar to get through the day is also widespread. Sound

Is this just modern life? Is stress at UI given?

Let's hope not. A recent paper by Harvard University researchers found that the eroded health arising from chronic workplace stress — and college certainly counts as work for students — leads to 120,000

> deaths per year. That makes workplace stress one of the six leading causes of death in the United States, outranking diabetes.

The time crunch of 15 credits or more plus a job and a relationship may be a reality of college life, but the amped up anxiety

and pressure of stress is optional. One of the great misunderstandings about stress, and its close friend anxiety, is that events and people in our lives are the main causes.

Sometimes what seems true by all appearances turns out to be misleading. Stress is mostly generated by what we think about.

Thoughts agitate us beyond what is actually happening. Yes, that paper is hard, and that thought turns into worries about your grade, about your assignments, about your degree, your career, your lifestyle. Pretty soon, vour entire life can be linked to this one paper and your heart-rate shoots to the

But don't believe everything you think. Mindful awareness practices can help us learn to keep perspective and reduce

Mindfulness trains our attention to stay focused and trains our attitude to be more relaxed and gentle with what is actually happening in our lives. Something magical happens when we sharpen our focus and resist the worrisome thought trains — we find more peace.

Take a deep breath, refresh your mind and discover what will help in this moment. Mindfulness is that first step.

The benefits of mindful moments often carry over into what we do next. Studies of undergraduate students have shown that brief meditation before class leads to better retention of material and higher test scores.

Perhaps try it and see for yourself. UI Mind, our campus mindfulness program, offers anyone-can-do-it, uplifting drop-in mindfulness practice to students and anyone from the community from noon to 12:25 p.m. every Wednesday in the Bruce Pitman Center Borah Theater. Drop by and trim your stress diet.

> Jamie Derrick is the founder of UI Mind. She can be reached at jamiederrick@uidaho.edu

Argonaut Religion Directory



Sunday Morning Shuttle Service: Look for Trinity's maroon van) (returning shortly after Worship)

Trinity Baptist Church

Moscow Bible Sunday Worship Service — 10 a.m. Christ Centered Biblical, Conservative, Loving www.moscowbible.com

PastorJosh Shetler. 208-874-3701



Sunday College Group 4:00 pm at Campus Christian Center Wednesday Taizé Service 5:30 pm 405 S. Van Buren fpcmoscow.org Moscow, Idaho 208-882-4122 Pastor Norman Fowler



Pastors Kim Kirkland Senior Pastor

960 W. Palouse River Drive, Moscow 882-0674 www.bridgebible.or



www.thecrossingmoscow.com Find us on Facebook! Moscow First <u>United Methodist C</u>hurch

Vorshipping, Supporting, Ren

9:00 AM: Sunday School Classes for all ages 10:30 AM: Worship starts

peple of the United Methodist Church: open hearts, open minds, open doors.
Pastor: Susan E. Ostrom
Campus Pastor: John Morse
322 East Third (Corner 3rd and Adams)
Moscow ID, 83843





RESONATECHURCH

Exploring God is Better in Community

Sunday Worship Gathering 6 PM SEL Event Center 1825 Schweitzer Dr. Pullman, WA

Adventure Village available for kids For More Information 509-330-6741 experienceresonate.com facebook.com/resonate

Unitarian Universalist

Church of the Palouse

We are a welcoming congregation that celebrates the inherent worth &

dignity of every person.

Coffee: After/Service

Sunday Services: 10:00







If you would like your belief-based organization to be included in the religion directory please contact Student Media Advertising at 885-5780.