

# THE ARGONAUT

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THE VANDAL VOICE SINCE 1898

Wednesday, January 20, 2016



Tess Fox | Argonaut

Clockwise from left: Junior Anne Hightower climbs Hello Walk Tuesday morning. One way sign directs traffic behind The Bruce Pitman Center and holly leaves soak up morning sun.

## IDAHO

# Life after high school

*UI study highlights causes of Idaho's low go-on rates*

**Carly Scott**  
Argonaut

It can be a tall order to ask educated youth to pursue higher education in a state with one of the lowest national go-on rates. That's why University of Idaho President Chuck Staben commissioned a study to better understand why Idaho students aren't pursuing higher education. The UI McClure Center for Public Policy Research released the study in early January analyzing the causes of Idaho's low go-on rate.

The study found that only 53 percent of Idaho female students and 38 percent of male students enrolled in a college or university

the fall following high school graduation. The survey also found that not all young adults believe that postsecondary education pays off, and that male and female students think about college differently.

Priscilla Salant, director of the McClure Center for Public Policy Research, accounts this issue mostly to social issues. She said prior to this the study, many thought go-on rates among Idaho teens were low due to inadequate access to information about college.

Salant said it's actually more of a socialization issue.

"In the minds of the students themselves, the problem is not information," Salant said. "It's more about attitude, beliefs and culture."

Salant said the study suggests money is being funneled into the wrong resources for students.

Salant said there are many state programs designed to increase Idaho's go-on rates focused more on information accessibility. However, Salant said not a lot of them are working. She said there needs to be an overhaul to see which programs are working and which aren't.

For Salant, one of the most disturbing aspects of the study was the 15 percent gender gap between the rate at which male and female students go on. The national gender gap is 9 percent.

She said one of the main causes of the gender gap is the large population of Mormon men who attend missions after high school and the higher availability of jobs directly after high school graduation for men.

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## AGRICULTURE

# Dealing with decline

*Idaho experiences dip in agricultural revenue*

**Corrin Bond**  
Argonaut

Many businesses move in cyclical patterns, with periods of highs and lows, of growth and stagnation. The agriculture industry is no exception.

After five straight years of revenue increases in Idaho farm cash receipts, Garth Taylor, University of Idaho professor of agricultural economics, said farm cash receipts for the state of Idaho in 2015 are down by about 9 percent compared to 2014.

Taylor presented UI's annual "The Financial Condition of Idaho Agriculture" report to state legislators Jan. 8 with UI associate extension professor, Ben Eborn. Taylor said although there were some successful crops, the majority of commodities experienced a decrease in revenue.

"We had very few bright spots last year in 2015 for Idaho agriculture," Taylor said. "Sugar beets were up and beef prices were up, but the rest of the commodities were by and large down."

Of all the commodities, Taylor said the greatest decline came from milk products, which make up about 30 percent of all cash receipts. "When milk makes up well over a third of the cash receipts from agriculture in the state, then that really hits the revenues," Taylor said.

Eborn said the primary reasons for a decline in milk sales are an overproduction of the product paired with a decrease in the rate of international exports.

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## ADMINISTRATION

# A change in scenery

*New UI controller settles into her new job and life*

**Erin Bamer**  
Argonaut

After spending nearly eight years working in Washington D.C. for the National Education Association, Linda Campos and her husband decided it was time for a change.

"I always wanted to go back to a higher ed environment that was a small town, really close campus community," Campos said.

The University of Idaho fit the bill.

Campos started her job as UI's new controller earlier this month. As controller, most of her responsibilities involve financial management and reporting. Campos said she expected to have a lot of catch-up work since her position hasn't been filled at the university for a while, but said she was pleasantly surprised — everything seemed to be running smoothly from her first day on the job. She said it helps that she and UI Vice President for Finance Brian Foisy



Campos

have a shared vision.

"We seem to be in really close alignment with where we want to go and what my role needs to be," she said. "And what's really great right now is that the controller's office and all the departments underneath are running really well."

Campos said she plans to spend a few weeks learning more about the university and its financial state. She said she hopes after she has learned enough she will be able to bring a fresh outlook based on her previous experience in finance.

Campos graduated from Washington State University with a degree in Business and Administration. After graduating, she worked in Pullman for a few years before moving to financial management for nonprofit organizations. Then, she moved to Boise, where she spent 12 years and started her career at the Idaho Education Association.

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## DIVERSITY

# Garza's dream

*Black Lives Matter co-creator discusses fight for social justice*

**Erin Bamer**  
Argonaut

Like Martin Luther King Jr., Alicia Garza also has a dream.

"In my dream, we would live in a world where all of us are valued, respected, able to hold our heads up high, proud of ourselves for what we accomplished together," Garza said. "In my dream, we would live in a world where our humanity is guaranteed."

Garza, the keynote speaker for the University of Idaho's Martin Luther King Jr. celebration, addressed a packed crowd on the fourth floor of the Idaho Commons Friday.

A co-creator of the Black Lives Matter movement, Garza's speech focused on the roots of her passion for social justice and the fight against inequality.

"The first thing I think is important to know about Black Lives Matter is that it is in and of itself a love letter," she said. "It is a powerful declaration of how deeply, deeply I love my people."

Garza said the movement was partially inspired by the death of Trayvon Martin in 2012. She said the incident stood out to her not only because of the act of violence, but because of the reactions it spurred from people online.

"I'm not sure that there's anything more egregious than taking the life of a child," Garza said.

As the trial went on, Garza said it drew her attention even more because she said it seemed to be more of a trial on Martin than on the accused George Zimmerman. Garza said she watched fascinated as questions arose about what Martin did to

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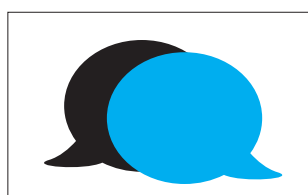
Taylor

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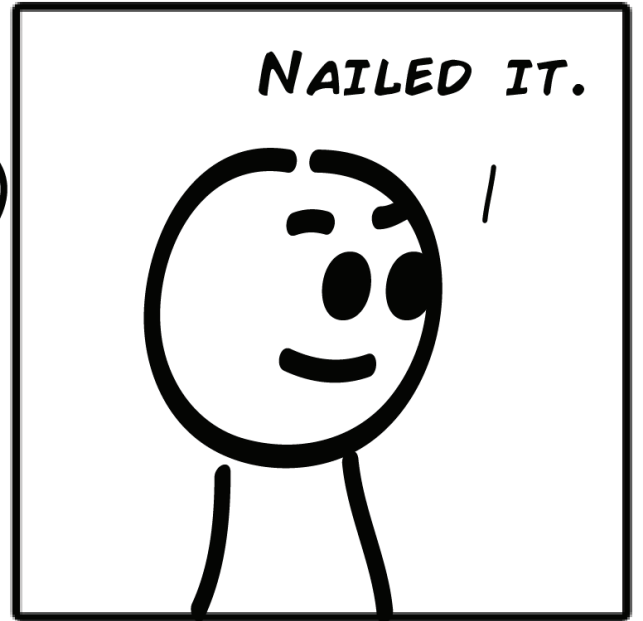
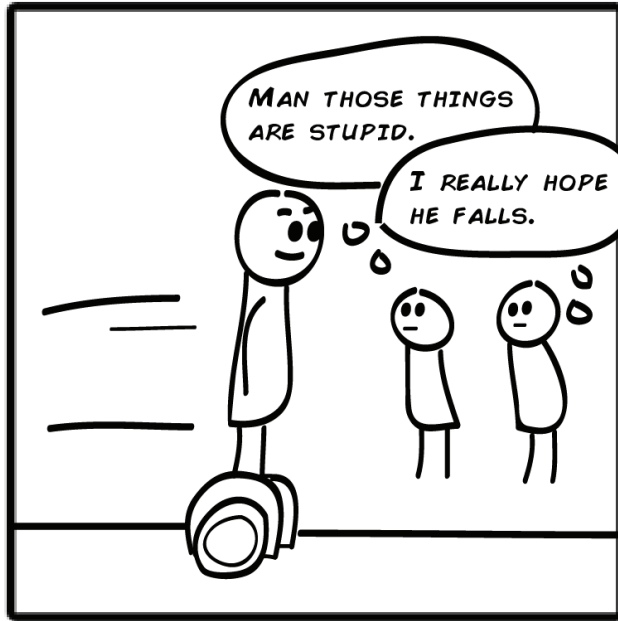
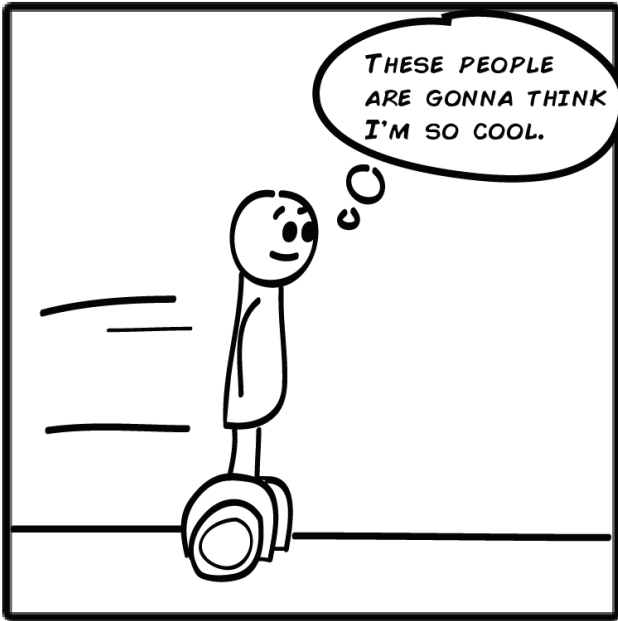
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Completely Unrelated



Karter Krasselt | Argonaut

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CRUMBS

A Crumbs recipe



Easy Banana Chip Muffins

One of the best flavor combinations is fruit and chocolate, and it becomes even better when baked into a fluffy muffin. Whether you are looking for a simple breakfast food or a quick afternoon snack, these banana chip muffins are perfect for any craving.

Ingredients

- 1 banana
- 1/2 cup creamy peanut butter
- 3 tablespoons honey
- 1 egg
- 1 tablespoon vanilla
- 1/4 teaspoon baking soda
- Pinch of salt
- 1/4 cup mini white and milk chocolate chips

Directions

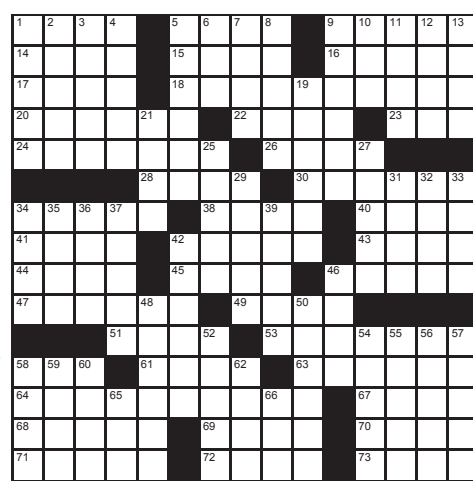
1. Preheat oven to 400 degrees Fahrenheit
2. In a blender, or with a mixer, blend all wet ingredients together
3. Add dry ingredients one at a time and mix well
4. Pour the batter into a mini muffin tin
5. Top each muffin with a few chocolate chips
6. Bake for 10 minutes
7. Makes 24 mini muffins

Hailey Stewart can be reached at [crumbs@uidaho.edu](mailto:crumbs@uidaho.edu)

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Corrections

Find a mistake? Send an email to the editor.

UI Student Media Board

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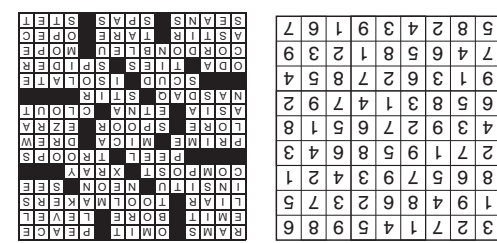
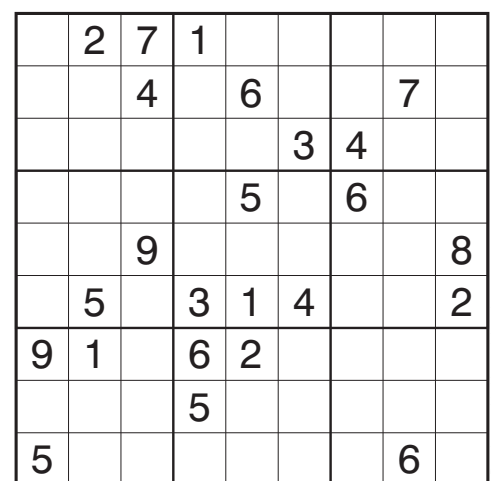
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DIVERSITY

# Spread happiness

No matter the hardships in life, he persevered

Claire Whitley  
Argonaut

It was miserable. It was a place where people labored, day in and day out, carrying boxes of potatoes from one end of the warehouse to another — it was the place Luis Aleman spent a year in order to raise money to go to college.

"I remember thinking 'Is this what hell feels like?'" Aleman said.

Aleman, a junior at the University of Idaho studying French, Spanish and international studies, said he worked alongside his mother in a potato factory in southern Idaho for a year after he graduated high school. Aleman wanted to further his education, but knew neither of his parents — who worked as farm workers to support him and his siblings — could afford to help him through school. Aleman knew there were bills to pay and he didn't want to take any opportunities away from his younger siblings.

Aleman said it was his mother who persuaded him to apply to UI. She told him high school was nothing and that he needed to further his education so he could live a better life than she and his father had. Aleman said there was an expectation to always do better, and education was the way his mother felt he could do that.

Aleman's mother heard about a presentation from Jesse Martinez, then the director of the College Assistance Migrant Program (CAMP) at UI. After attending the session, she convinced Aleman to apply.

He did.

He was denied.

Aleman said the first time he applied and was denied, he was angry — at himself, and in that moment at his mother.

But she didn't give up.

Aleman said his mother told him that even if she had to work like a dog, he would further his education. Aleman said his mother did indeed work hard, but it wasn't like a dog — it was like a machine.

"A lot of people think it is easy to be treated like an object, to work like a machine, a robot," Aleman said.

Aleman said once, a doctor insinuated to his father that the only reason to work on a farm was the money. Yet Aleman said he saw his parents sacrificing their bodies just to help him and his siblings survive.

Yet despite long hours and the physical toll it inevitably took on his parents, to Aleman and his family, farm work was about more than just the money. It was about building better lives for their children, and eventually their children's children. Every day, Aleman said he wonders if his parents are OK. Every day he hopes that their injuries don't get worse. To him, his parents are the definition of silent heroes, and to him, attending school is his way to pay them back for the sacrifices they made.

The road to Moscow was a long



Tess Fox | Argonaut

University of Idaho international studies, French and Spanish junior Luis Aleman enjoys a sunny winter day in Moscow.

one. Yet to Aleman, the first step is the one that matters. Aleman's first step was in Guadalajara, Mexico, where he was born.

Guadalajara, the second-largest city in Mexico, was not a peaceful place to live and raise a family. Aleman said the neighborhood his parents lived in was violent, with high rates of gang activity. He said he attended school during the afternoon and thought snow was something that only happened in the movies.

Aleman's parents migrated to the U.S. when Aleman was 11. His father had worked on a farm for years before Aleman and his mother and two younger siblings joined him in the U.S.

Aleman said that the trip to Idaho went on forever. They just kept driving. Aleman's father never actually told him where they were going, only that he would see when they arrived.

When they finally stopped in Idaho Falls, the first thing Aleman learned was that children went to school from 8 a.m. to 3 p.m. He said his 11-year-old self was not excited.

On his first day of school, Aleman said he didn't understand anything. The teacher would ask him questions, and the only thing he would do was nod. The other Latinos in the class were cocky about being able

to speak English when he could not, Aleman said. They also made Aleman self-conscious of having an accent — something he continues to try to control.

It was a year before Aleman first spoke in English. He said his teacher had asked if he needed an assignment.

"I already have it," Aleman remembered responding.

Aleman said his teacher was shocked because it was the first time she had ever heard him speak in class.

After a few years in the U.S., things began to fall apart in Aleman's family, and Aleman said the divorce was sudden. One day his mother's things were in the house, and after school they were all gone.

Aleman said he saw the shift it caused in his siblings' lives, which was what made him so angry and hurt. Watching his siblings in pain caused Aleman to become depressed and began to consider suicide. Each time he was tempted, however, he said he reasoned he needed to remain as a buffer between his parents and his siblings.

Aleman's sister Yajaira also developed depression. Yajaira said she didn't want to talk to anyone, but Aleman's mother convinced her to see a psychologist.

One day, Aleman said Yajaira's

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psychologist told him the only reason she was still here was because of him. All her strength came from him. Aleman said hearing that made him feel human — like he had a purpose to better his life and his siblings' lives. Aleman said that was the turning point in his own depression.

After that, Aleman took it upon himself to get better. He started reading about ways to overcome depression, and began to think more positively.

"Through thick and thin, there is always a reason to smile," Aleman said. "Happiness is always there."

Aleman would take Yajaira out to movies or to a park or to just do something. Then one day, Yajaira didn't take her antidepressants.

"I asked her why she wasn't taking them — she should be taking them," Aleman said. "She took the bottle of pills and threw them away and told me 'I don't need artificial happiness.'"

Aleman smiled through tears as he said he had never been more proud of his sister than in that moment. He saw her adopt the same foundation that he himself had taken and had tried to spread to his entire family — to be positive and always find the beauty in life.

"My siblings are my pride and

joy," Aleman said. "They always will be, no matter where they go in life."

Yajaira said through everything, her brother has been her closest friend, and he is always outgoing and positive.

"He has gone through so many things," Yajaira said. "Most people would have given up, but he didn't. He wanted to succeed and he is doing that."

Yajaira said their cousins did not understand why education was so important, or why Aleman seemed to care. Yajaira said he told them to watch and see him succeed.

"And now I'm here," Aleman said. "This is my dream, and I am living it."

Aleman said he is not sorry that he went through all the challenges in his life, because without that experience, he wouldn't have the drive that he has today.

Yajaira said nothing can hold her brother back, not even the hardships from their childhood. She said he was the one who helped her through everything and the one she has tried to model herself after. His motto, she said, would be to stay positive and don't give up no matter what life throws his way.

"We have so much against us, so much to fight for, we can't give up," Aleman said.

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## IDAHO LEGISLATURE

# Came a tribe from the north

For UI lobbyist Joe Stegner, the tables have turned

**Katelyn Hilsenbeck**  
Argonaut

University of Idaho lobbyist Joe Stegner may be in Boise now, but the Vandal alumnus' roots are just down the Lewiston hill.

Stegner serves on the President's Cabinet, and his main responsibility is to advise UI President Chuck Staben on state government, as well as and how the politics and political players might affect UI.

"My role is to try to help educate the legislature about what the University of Idaho needs and what they've requested," Stegner said.

With this year's legislative session just beginning, it's a busy time for Stegner.

"My focuses are concentrated on the legislative session, the budgeting process, what goes on in the legislature, what bills are being produced, what impacts the University of Idaho," Stegner said.

Stegner said he begins his days with budget committee hearings and various other presentations, business lunch meetings and often evening meetings as well. Stegner is tasked with keeping track of what is being proposed and UI's stance on each proposal.

He talks to members of the Idaho legislature, legislative staff, reporters, the State Board of Education staff or the governor's office routinely to inform them of what UI is interested in and happenings at the university.

"My day is filled up with keeping track of that kind of stuff," he said.

The tables turned for Stegner four years ago. Before he became the person informing others about UI's priorities, he was the one being informed.

"Joe really brought a wealth of internal knowledge to the university in this role," said Kent Nelson, UI General Counsel. "He has significant experience having been a state senator for a number of years. He knows the ins and outs."

After graduating from UI, Stegner operated a grain elevator business in Lewiston. He then moved on to represent Lewiston in the Idaho Senate for 13 years, holding titles of assistant majority leader and chair of the Local Government and Taxation Committee.

When UI offered him his current position, Stegner said he resigned from the Idaho legislature and prepared to move to Boise full-time with his wife.

"It's not very easy to pick up an entire household and move it," he said.

Since stepping into his role at UI, Stegner said he keeps busy year-round by working on various projects working closely with UI's vice presidents and general counsel.

"I thought I knew what I was getting into, but I didn't know exactly," Stegner said. "Because of the good presidents I've worked for so far, they've been very kind in including me in a variety of other processes that run the university. I didn't know I would be involved in a lot of that stuff and I'm very grateful I've been included in that."

"I enjoy working with stegner a lot," Nelson said. "He's very good at what he does."

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Stegner



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ASUI lobbyist Nate Fisher is ready for the challenge

**Erin Bamer**  
Argonaut

Nate Fisher has the advantage of extra insight going into his new position as ASUI lobbyist since his father, Nate Fisher Sr., works as a lobbyist himself.

"I caught the public policy bug, so to speak, from him," Fisher said. "But my intrigue even started a long while ago. Ever since I started in ASUI as a senator it sounded like a pretty interesting position."

Fisher started his work as ASUI lobbyist last week and will spend the entire semester in Boise working with Idaho legislators to represent ASUI and the University of Idaho student body.

He said he is excited by his vital yet challenging responsibilities this semester.

For the first time that he knows of, Fisher said ASUI is working to get a bill through Idaho Congress. The bill would grant medical amnesty, which would remove or eliminate repercussions in the case of underage drinking when there is a medical emergency involved. Though Fisher said ASUI has done a lot of preparation, he has no doubt that pushing the bill through the Idaho legislature will be challenging.

"No piece of legislation passes through both chambers and to the governor's office without a lot of scrutiny and due process

and a lot of consideration," Fisher said.

Other priorities for ASUI and for Fisher include efforts to make higher education more affordable to students. Fisher said ASUI is on board with some of the education programs Gov. C.L. "Butch" Otter outlined in his State of the State Address, such as state-funded scholarships.

Fisher said he also wants to establish connections with people he meets in Boise and make relationships with people in public policy that he could potentially utilize after he graduates.

"This is truly an incredible opportunity individually to make some connections down at the statehouse and within local government," he said. "My career interests have always been public policy-focused and this is invaluable experience."

Along with his work as ASUI lobbyist, Fisher is also taking two online courses while in Boise.

"To be the ASUI lobbyist and to represent the students of the university, you certainly need to be a student yourself," Fisher said.

Fisher said he said he hopes to graduate in the spring of 2017. Though he is currently listed as a part-time student and scheduled lighter class loads in order to make time for work, he said the experience is well worth it.

"I hope it's beneficial to students at the very least," Fisher said. "I'm having too much fun anyway."

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Fisher



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## COMMUNITY

## Eight miles of organic food

Moscow Food Co-op owners look to Pullman for growth

**Claire Whitley**  
Argonaut

About two years ago, the Moscow Food Co-op's owners decided two of their highest priorities were supporting local food producers and growth of the cooperative.

Since the second-highest number of co-op owners are from Pullman, General Manager Melinda Schab said she began looking west. She said she began researching options and discovered that opening a branch in Pullman was within the budget.

When the co-op opened in 1973, Schab said sales were about \$800 in their first month. This past December, 42 years to the month since the co-op opened, Schab said the sales were about \$950,000.

The idea of growth didn't come directly from the high sales, though. Since about 26 percent of owner sales come from Pullman, and with some customers driving to Moscow from Colfax, a Pullman branch would be just as, if not more, successful, Schab said.

Schab said the Moscow co-op employs over 120 people and buys around \$500 million in locally-sourced products annually. With

another location, Schab said they could put even more money into the local economy.

"Growth is a way to increase our impact," Schab said.

Schab said she hopes college students and people of the community recognize the power of spending money locally. Choosing to buy from the co-op benefits the whole community, Schab said.

Schab said she and the co-op board are in the process of finding a suitable location for the Pullman store. She said she is looking into everything that is available, from empty lots to useable buildings to buildings that would have to be razed and built on top of.

"The city of Pullman and the Pullman Chamber of Commerce have been very helpful," Schab said. "They also seem excited to be working with us."

All the preliminary data Schab has collected in terms of projected sales and time to construct was based on a building of a similar size to the Moscow co-op — approximately 15,000 square feet. Some of the owners have said they would like a similar look and structure to the Moscow location,



Alex Brizee | Argonaut

Elise Clausen and Sadi Grossum enjoy a cup of coffee in the Moscow Food Co-op.

but Schab said everything will depend on the site they can purchase and the space allocation for that site.

The owners in Pullman said they would like a downtown location, Schab said, but the main concern with that is there isn't much property for sale and parking in down-

town.

"We want to make the best decision," Schab said.

After they announced the possibility of opening a branch in Pullman, Schab said people in Lewiston contacted her asking if they could be next to get a co-op. Schab said while she was pleased they

asked, she and the co-op board want to focus on the Pullman project for a few years.

Schab said she would like to see the Pullman branch open in the next 18-24 months.

Claire Whitley can be reached at [arg-news@uidaho.edu](mailto:arg-news@uidaho.edu) or on Twitter @Cewhitley.24

# Argonaut Religion Directory

**immerse**

**Collegiate Ministries**

Bible Study • Fellowship • Events

**Sunday Morning Shuttle Service:**  
(Look for Trinity's maroon van)  
**10:00am**, at LLC bus stop  
(returning shortly after Worship)

sponsored by  
**Trinity Baptist Church**  
208-882-2015 [www.trinitymoscow.org](http://www.trinitymoscow.org)

**BRIDGE BIBLE FELLOWSHIP**

Sunday Worship 10:00 a.m.

**Pastors:**  
Mr. Kim Kirkland Senior Pastor  
Mr. Nathan Anglen Assistant Pastor

960 W. Palouse River Drive, Moscow  
882-0674  
[www.bridgebible.org](http://www.bridgebible.org)

**Moscow Bible CHURCH**

Meeting at Short's Chapel  
1125 E. 6th St., Moscow

Sunday Worship Service — 10 a.m.  
Christ Centered  
Biblical, Conservative, Loving  
[www.moscowbible.com](http://www.moscowbible.com)

Pastor Josh Shetler. 208-874-3701

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**Service Times**  
Sunday  
9:00 am - Prayer Time  
9:30 am - Celebration  
6:00 pm - Bible Study  
Thursday  
6:30 - 8:30 pm - CROSS - Eyed at the Commons Aurora room  
Friday  
6:30 pm - Every 2nd and 4th  
Friday U - Night worship and fellowship at The CROSSING  
715 Travis Way  
(208) 882-2627  
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**Minister:** Rev. Elizabeth Stevens  
420 E. 2nd St., Moscow  
208-882-4328  
For more info: [www.palouseuu.org](http://www.palouseuu.org)

**Evangelical Free Church of the Palouse**

**9am** — Sunday Classes  
**10:15am** — Sunday Worship  
**Tuesdays:**  
**5pm** — Marriage Architect Class  
**6pm** — College Ministry

4812 Airport Road, Pullman  
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[church@efreepalouse.org](http://church@efreepalouse.org)

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Moscow, Idaho 208-882-4122  
Pastor Norman Fowler

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Reconciliation: Wed. & Sun. 6-6:45 p.m.  
Weekly Mass: Mon. - Thurs. 8:30 p.m.  
Saturday Mass: 9 a.m.

Phone & Fax: 882-4613  
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**DREAM**  
FROM PAGE 1

provoke Zimmerman to fatally shoot him, or what Martin's parents had done wrong in raising him.

When the jury announced that they found Zimmerman to be not guilty, Garza was with her friends in an Oakland bar. She said they had discussed what the result would be as they waited for the announcement, debating the sentence Zimmerman would receive, but no one considered that there would be no sentencing at all.

"The entire place went quiet," she said. "And when it did and I looked around, almost as if I was in a dream, and what I saw was everyone trying to grapple with what had just happened."

Frustrated and confused by the jury's decision, Garza said she went to social media for a way to understand, but was disappointed by the reactions of others. This led Garza to make a post of her own on Facebook.

"I got really upset," Garza said. "I was like, 'Really? That's what we're saying? Trayvon was murdered because he was wearing a hoodie? Or was Trayvon killed because there is a fear of black people that is irrational, without merit?'"

Friends of Garza shared her post and were inspired to create social media pages and draw support. Eventually, the Black Lives Matter movement was born. Garza said it has since expanded across the U.S., but has stirred up a fair share of controversy.

Garza addressed some of the main arguments against the Black Lives Matter movement, such as that Black Lives Matter advocates for violence. Garza said that simply isn't true.

"I've never been in a fight in my life," she said. "I don't advocate violence, and I don't glorify it either. I love life. I can't imagine taking a life and I would never advocate for anybody else to take a life, especially when my people live in fear every day that our lives will be taken."

Garza also addressed the rebuttal hashtag, All Lives Matter. She said if she didn't believe that all lives mattered she wouldn't be doing what she does now, but she doesn't believe the world we live in is one where all lives matter to everyone. She said anyone who says otherwise simply isn't telling the truth.

"If we believe that all lives matter, then we're going to fight like hell for the lives that don't currently matter so we can get to the place where all lives matter," Garza said.

Garza also had a response for those who claim Martin Luther King Jr. wouldn't approve of Black Lives Matter.

"Well we don't know because he was killed because somebody didn't approve of what he was doing," she said.

She said many stories told about Martin Luther King Jr. now aren't entirely accurate and are retold by people who seek to rewrite history to serve their own interests. Garza gave an example of the perception that Martin Luther King Jr. was a passive leader when in fact she said he was a radical one. Garza said Martin Luther King Jr. called the entire system of society into question at the time, and today's society needs people to do the same now.

"This is not a time to sit on the sidelines," Garza said.

*Erin Bamer can be reached at arg-news@uidaho.edu or on Twitter @ErinBamer*



Alicia Garza, a co-creator of the Black Lives Matter movement, speaks to University of Idaho students Friday in the Summit Room of the Idaho Commons. Garza addressed the issues of Trayvon Martin, Martin Luther King, Jr. and why black lives really do matter.

Alex Brizee | Argonaut

**CHANGE**  
FROM PAGE 1

"That was the longest I've ever been in one place," Campos said. "So Idaho kind of became my new home."

Eventually, Campos moved from Boise to Washington D.C to work for the National Education Association. She said she and her husband loved living on the east coast, but she always wanted to work in higher education. When she finally decided to pursue it, she was instantly impressed with the culture and atmosphere of Moscow and UI when she arrived for her interview.

"Everyone was so nice and so welcoming and just seemed to

have the right culture," she said. "Like welcoming, and 'we want to work together.' I really appreciate the teamwork environment here and atmosphere."

Campos said she is loving life in Moscow's small-town environment, so much so that she said she doesn't want to spend the majority of her time as controller behind a desk.

"I'm a numbers person, obviously — I'm an accountant," she said. "But my last years of my career have been working with non-accountants to really help them understand how to get the information they need to be able to make decisions. So I really



enjoy that part of my work, really working with people outside of my department."

As a people person, Campos said she wants to interact with the campus and show the university community that she is a resource. She said students, faculty and staff should not hesitate to reach out to her if they have a problem.

"That's how I'll know I've been successful," Campos said. "If I really can say I've met a vast majority of the people on campus that I need to meet and work with."

*Erin Bamer can be reached at arg-news@uidaho.edu or on Twitter @ErinBamer*

**LIFE**  
FROM PAGE 1

"Girls see that their job opportunities will be significantly higher if they get a degree," she said.

The gender differences are perpetuated in most K-12 school systems, Salant said. In general, she said that schools are not designed as well for boys, and some studies theorize the K-12 systems somehow cause boys to disengage from education. At this point, however, Salant said the specifics remain hypothetical.

Moscow High School principal Erik Perryman said at MHS, it's a different story. Perryman said the go-on rate of MHS is a lot closer to 70 percent. As far as the gender gap goes, the MHS's go-on rate is nearly 50-50.

Perryman said he attributes

much of this to the area.

"College is a big part of our community," he said. "We have a pretty highly-educated community here about the value of education."

MHS also hosts several events throughout the year that encourage the pursuit higher education. These include a career fair attended by over 70 businesses and colleges, a financial aid night and a college night.

"These programs make kids see there's a possibility for their future," Perryman said.

He said the major stumbling blocks for students attending college are family circumstances and the cost factor, but steps are already being taken by the Moscow community to combat these issues.



In parallel to the study's findings, MHS's high go-on rates could be attributed to the many dual credit classes offered there. MHS offers

over 30 potential college credits and the study found that students enrolled in dual credit classes were 73 percent more likely to be enrolled in college after high school.

UI is also working with the state on initiatives such as Complete College Idaho and the Direct Admissions program to increase college continuation rates.

"The next step is to dig deeper into the data we already have," Salant said.

*Carly Scott can be reached at arg-news@uidaho.edu*

**DECLINE**  
FROM PAGE 1

"We had a record high production across the state and across the country," Eborn said. "And milk exports to other countries have been slowing down."

Not only were milk sales and exports low, but Eborn said crops like wheat, down by 17 percent, and hay, down by 12 percent, also saw a decline in sales for the same reason.

Eborn said the decline in international exports is primarily due to the strengthening of the U.S. dollar, which makes dairy products more expensive to the rest of the world.

Although the 9 percent decrease in total farm cash receipts may come as a surprise after years of success, Eborn said the decline in state agricultural revenue is a largely cyclical phenomenon.

"The last five or six years have been really good for Idaho agriculture," Eborn said. "There's always a cycle in agriculture — we've had our turn of the upper cycle, now it's our turn at the lower end of the cycle."

While Taylor and Eborn don't view these coming "off years" for Idaho agriculture as permanent, Eborn said farmers will still need to take extra precautions to ensure they stay in the black.

"It's like any business, so when times get tough you have to tighten down your management skills," Eborn said.

"Monitor cost production, be frugal in expenses and work as hard as you can."

Despite the projected decrease in agricultural revenue for the state, Taylor said students pursuing careers in agriculture don't have to worry about finding jobs.

"Ag students are getting great jobs now, especially those in agronomy," Taylor said. "They're getting fabulous paying jobs."

Taylor said for agronomy students, or individuals who study the production of crops, the decrease in revenue might even be beneficial, as the tight situation could encourage large farmers to hire more crop consultants.

"Farmers cannot afford to make these little teeny mistakes that cost millions of dollars," Taylor said. "They need to have a person that is really well-educated in crop consulting or things like that."

Although Eborn projects that Idaho will continue to see a decline in agricultural revenue over the next couple of years, Taylor said at the end of the day, the agricultural industry will remain stable.

"We've been on a record run in agriculture, we've had years of breaking records in the state of Idaho and nationally," Taylor said. "Making food to feed the world is big business and this is not going to go away because of low milk prices."

*Corrin Bond can be reached at arg-news@uidaho.edu or on Twitter @CorrBond*



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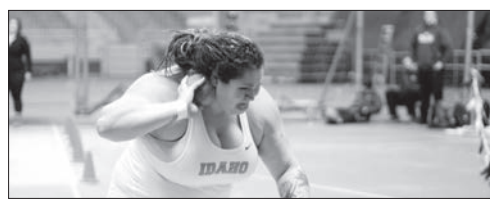
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# SPORTS



Four Vandals punch ticket to Big Sky Conference Championship

PAGE 7

## MEN'S BASKETBALL



Irish Martos | Argonaut

Sophomore guard Victor Sanders drives to the hoop for an easy basket against Southern Utah on Saturday. Sanders finished with 29 points, but Idaho fell to SUU 85-83.

## Vandals fall in overtime thriller

*Vandals lose second Big Sky game, Sanders drops 29*

**Josh Grissom**  
Argonaut

Sophomore guard Victor Sanders followed up a career night Thursday with 29 points Saturday evening against Southern Utah.

Despite the sophomore shooting 50 percent from 3-point range, Idaho fell to Southern Utah 85-83 after a tense overtime matchup.

"Well obviously we're very disappointed," Idaho head coach Don Verlin said. "I thought Southern Utah dictated the tempo of the game. I thought they played harder than we did."

Southern Utah (5-11 overall, 2-3 Big Sky Conference) began the game with a shooting streak. The Thunderbirds shot 57.1 percent from the field and converted 4 of 7 shots behind the arc during the first twenty minutes of play.

Victor Sanders led Idaho with 12 points in the first half, while senior forward Nahshon George collected 4 rebounds and provided another 5 points on offense.

The Vandals (11-7 overall, 3-2 Big Sky Conference) made 9 of 22 shots from the field and converted two treys during the first half.

The Thunderbirds relied on 8 points from junior guard Trey Kennedy to grab an early 36-33 lead over the Vandals as the two teams entered halftime.

The Big Sky opponents traded baskets throughout the second half, resulting in a tight matchup that went down to the final minutes.

Southern Utah took a 3-point lead when Kennedy hit a mid-range jumper with 35 seconds left in the second half to put the Thunderbirds up 70-67.

Sanders attempted a late 3-pointer for Idaho, but was fouled during the shot with 20 seconds left in regulation. The junior converted all three free throws to knot the

**VN**  
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game at 70-70.

After last-second shots from Kennedy and junior guard Race Parsons missed the hoop, the two teams entered a five-minute overtime period.

The Vandals began overtime on a 6-0 run after a 3-point play by junior point guard Pat Ingram and a trey from Sanders.

The Thunderbirds responded with a run of their own, scoring 13 points and holding the Vandals to just one free throw during the next three minutes to take a 83-77 lead with just over 30 seconds left to play.

Senior guard Chris Sarbaugh responded with a 3-point play to cut the Thunderbird lead to 83-80 with 16.7 seconds left.

A foul by Idaho sent Kennedy to the free throw line, and the junior hit both attempts to stretch the Thunderbirds lead to 85-80.

Ingram answered for Idaho with a quick layup to cut the lead to 85-82 in the waning seconds of the matchup.

A full-court press by the Vandals forced a

Southern Utah turnover during the following inbounds play, giving Idaho possession of the ball with 5.0 seconds to play.

Sophomore guard Chad Sherwood attempted a buzzer-beater 3-pointer, but was fouled by junior guard Juwan Major of Southern Utah to force three free throws with 0.1 seconds left.

Sherwood made just one of the free throws, and the game ended in the 85-83 victory for the Thunderbirds.

"For whatever reason, they came in with a little more of a chip on their shoulder," Verlin said.

Sanders finished with 29 points for the Vandals, while sophomore forward Arkadiy Mkrtychyan was the next leading scorer for Idaho with 12.

Idaho is scheduled to face Montana at 6:05 p.m. Thursday in the Dahlberg Arena.

Josh Grissom can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu) or on Twitter @GoshJrissom

## WOMEN'S BASKETBALL

## Idaho digs a hole, climbs out to win

*Despite first quarter woes, women's basketball claims victory over SUU*

**Tess Fox**  
Argonaut

Saturday's match wasn't the first time that the Vandals found themselves trailing by a large deficit, but it was the first time the team had staged a memorable comeback.

The Idaho women's basketball team beat Southern Utah 62-51 to earn its fourth Big Sky Conference win.

The victory was Idaho's second road win of the week, and the team's first sweep during a travel week since 1993. The Vandals (12-5 overall) are now 4-1 in Big Sky play, while the Thunderbirds (3-12 overall) drop to 0-5.

Sophomore post Geraldine McCorkell led Idaho with 14 points, while freshman guard Mikayla Ferez provided another 13.

Senior post Ali Forde earned her 17th career double-double

with 11 points and 10 rebounds, and also provided four assists for the Vandals.

Freshman guard Taylor Pierce started just the second game of her collegiate career, replacing senior guard Connie Ballester.

Forde scored the first points of the game with a layup to spark Idaho's offense.

The initial offensive success for the Vandals began to fade after the opening minutes.

The Vandals shot 19 percent during the first quarter, allowing the Thunderbirds to take a substantial 19-8 lead.

"We dug ourselves a big hole there," head coach Jon Newlee said. "Early on I thought we had some good looks that we usually hit. They just were not going down."

Idaho began a 13-point comeback by notching 13 rebounds and scoring 15 points during the second quarter.

The team continued using defense to hold Southern Utah to

just one offensive rebound during the second quarter.

The Thunderbirds took a 31-23 lead into halftime.

McCorkell jumpstarted the Idaho offense by scoring seven points in the third quarter.

A 3-pointer from Ferez tied the game 39-39 midway through the period. Two free throws from senior post Renae Mokrzycki evened the score again as the two teams entered the final quarter locked in a 41-41 tie.

A layup from Ballester gave Idaho a two-point lead that the Vandals built on in the final minutes of the game.

Ferez scored eight points while McCorkell added another seven to carry the Vandals to a 6-51 victory.

Idaho is scheduled to face Montana at 6 p.m. Thursday at the Cowan Spectrum.

Tess Fox can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu) or on Twitter @tesstakephotos

**VN**  
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## Athletes of the week

### Victor Sanders - Men's Basketball

Idaho sophomore guard Vic Sanders had a career-high 33 points in Thursday's 83-76 home victory over Northern Arizona. Sanders shot 9-14 from the field and 4 of 7 from the perimeter, and also collected five rebounds. During Saturday's game against Southern Utah, Sanders provided 29 points in the 93-85 overtime loss to the Thunderbirds. The sophomore had two rebounds and he shot 8-17 from the floor, tallying four baskets from behind the arc.



Sanders

### Belen Barcenilla - Women's Tennis

Idaho senior Belen Barcenilla led the women's tennis team as they faced off against Montana State Sunday, playing a key role in the Vandal's first victory over a Big Sky Conference opponent. Petrei defeated Bobcat junior Jessica Brycki in two sets 7-5, 6-2. The win by the Spanish native gave Idaho a point in the Vandals 5-2 victory over Montana State. The Idaho women's tennis team travels to Eugene, Oregon Jan. 30 to take on the University of Oregon.



Barcenilla

### Ben Ayesu-Attah - Track and Field

The senior sprinter made the most of his return to the track after a redshirt season last year, claiming a victory in both the men's 200 and 400-meter events. Ayesu-Attah won the 200 with a time of 21.90 seconds and the 400 with a time of 47.82 seconds. The times by the senior were good enough to earn a qualification for the Big Sky Conference Indoor Championship Feb. 25-27 in Missoula, Montana.



Ayesu-Attah

## TRACK &amp; FIELD

# Explosive performances for indoor track, field

Four Vandals earn spot in Big Sky Conference Championship

**Luis Torres**  
Argonaut

Months of preparation for the 2016 season paid off Saturday as the Idaho indoor track and field team began the season on a positive note.

The Vandals took top honors in 12 out of the 28 events at the Vandal Indoor Invitational in the first competition of the year.

Idaho coach Tim Cawley said he was proud of the team's exhilarating efforts Saturday.

"They competed fantastic for our season opener," Cawley said. "We're starting off the season strong and I'm excited for where we are."

Senior sprinter Ben Ayesu-Attah returned to the track after redshirting last season and made the most of his reappearance.

Ayesu-Attah was victorious in the men's 200 and 400 meters, with a time of 21.90 seconds and 47.82 seconds respectively. Both times were good enough to earn a spot in the Big Sky Conference Indoor Championship Feb. 25-27 in Missoula, Montana.

"It feels good to be running again," Ayesu-Attah said. "I haven't raced in couple of years and it feels good to qualify for conference. Now I feel comfortable going through the season to start bettering my qualifying mark."

Along with Ayesu-Attah, senior Matt Sullivan will advance to the Big Sky championship tournament after winning pole vault for men's by clearing a height of 4.95 meters.

In the men's 60 meter hurdles, the Vandals swept the podium with junior Drew Thompson, senior Jesse Villines and freshman Zion Stuffle finishing in the top three respectively.

Thompson and Villines also qualified for the conference championship tournament.

As a result of the Vandal Indoor Invitational, four Idaho competitors have punched their ticket to Missoula.

"Having four guys qualifying for five events right off the bat was good," Cawley said. "They're veteran competitors. They came out and got it done Saturday and I'm excited."

Sophomore Tim Delcourt went the distance and held off Gonzaga's Jerry Sicalo and Idaho teammate Santos Vargas to win the mile by nearly one second in a photo-finish.

The women runners also showcased their dominance on the track.

Two out of three Vandal winners were true freshmen, as Kaleala Bass won the 400-meter dash and Victoria Goetz claimed the 200-meter dash. Junior Marquita Palmer also won the 800-meter with a time of 2:17.4.

In field competition, the freshman class also took top honors with Reed Richardson winning the triple long jump and Cecilia Watkins clearing 3.35 meters in pole vault.

Sophomore thrower Lauren Cooper and junior Kolcie Bates finished in the top two respectively in women's weight throw.

Last season, Cooper was injured and said she was surprised at how well she did Saturday.

"This was a great improvement for me," Cooper said. "I was hoping we come out strong and everyone has done really well. That motivates me to do really well myself."

Despite Saturday's results, Cawley said that the team would need to work on being more consistent in their events.

"We will continue to work on consistency," Cawley said. "It is a process, and competing is a process, so managing the intensity and the competition will come as the team grows."



Freshman Cecilia Watkins sails over the bar. Watkins took first in the women's pole vault with a clearance of 3.35 meters. Tess Fox | Argonaut

"Some of the ones who have great meets can't get overexcited, so they have to stay within themselves and keeping moving forward," Cawley said.

With one meet in the books, the Vandals will resume action at the Washington State University Open Jan. 22-23 in Pullman, Washington.

The WSU Open will be the first of four straight meets in the Evergreen State.

"We're in a good position to do some good things," Cawley said. "Now we just

have to let the season play out and see if we can finish strong."

The Vandals will then travel to Seattle for the UW invite from Jan. 29-30.

Luis Torres can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu) or on Twitter @theLTfiles



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## WOMEN'S TENNIS

# Vandals earn Big Sky win

The Idaho women's tennis team turned things around with a 5-2 win against Montana State

**Luis Torres**  
Argonaut

A 7-0 loss to Washington State Saturday didn't stop the Idaho women's tennis team from bringing the pressure in the team's next match.

In Sunday's Big Sky Conference season opener, the Vandals rallied from losing two doubles matches to defeat Montana State 5-2 in Pullman, Washington.

Sophomore Lucia Badillos clinched Idaho's conference opener with a triumphant two-set win (6-2, 6-2) over Shelby Cerkovnik on the No. 5 court.

Idaho won five out of their six singles matches.

Idaho coach Mariana Cobra said the team's competitiveness was shown in Sunday's win.

"We showed our toughness today," Cobra said. "We did not get the doubles point, despite our strong efforts. It was good to see the team fight back in singles and continue to play hard the entire match."

The Bobcats began the day by taking two out of the three doubles matches as Jessica Brycki and Angelina Phillppova emerged with a 6-1 win over Belen Barcenilla and Maria Tavares.

Laura Middel and Naomi Holopainen defeated Idaho's Claire Yang and Rita Bermudez in a 6-2 effort. The two doubles victories gave Montana State an initial 1-0 lead over Idaho.

Badillos and Ana Batiri's 6-4 win in the third doubles match prevented Montana State's Molly Crum and Linda Vink from sweeping doubles.

"Doubles is the hardest and the last thing that comes together as a team," Cobra said. "We have four first-years with us, so our doubles combination is going to be the

trickiest part of our team and that's exactly what I expected."

"For the next couple of weeks before we go to Oregon, we're going to spending a lot of time on double pairings and putting down our game for doubles," Cobra said.

In singles, Idaho had a stretch of dominating play, which began with freshman Marianna Petrei defeating Laura Middel (6-1, 6-1) to earn Idaho's first point Sunday.

A win by Tavares over Holopainen gave Idaho the lead for good, as the freshman won her match in three sets (5-7, 6-4, 6-4). Senior Rita Bermudez defeated Vink in two sets (6-1, 6-4) to wrap up Idaho's 5-2 victory over the Bobcats.

Cobra said Idaho's singles competition was an indication of the depth of the team Sunday. Cobra also said that her team should not underestimate their opponents, especially during conference plays.

"Everyone in the Big Sky wants to beat Idaho," Cobra said. "It doesn't matter if Montana State was picked seventh or we were picked second, Montana State competed very well. We have to be able to play our opponents and be ready to put ourselves in position to play."

In the preseason Big Sky poll, Idaho was picked to finish second behind Sacramento State by conference coaches. The Vandals had 110 votes, eight fewer than the Hornets.

Last season, Idaho finished the spring season with a 10-1 record and a Big Sky Conference championship after defeating Sacramento State.

The Vandals title ended the Hornets' 13-year championship run.

The Vandals will have two weeks of rest until the team's next match against 62nd-ranked Oregon at 10 a.m. Jan. 30 in Eugene, Oregon. The match will mark Idaho's second Pac-12 Conference opponent in as many matches this spring.

Luis Torres can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu) or on Twitter @TheLTFiles



Sophomore Lucia Badillos practices with the women's tennis team in September. Badillos and the Vandals beat Montana State 5-2 on Sunday.

Alex Brizee | Argonaut

## FOOTBALL

# Former Vandal wins prestigious award

Ex-Vandal left guard named first recipient of renowned honor

**Josh Grissom**  
Argonaut

Former Idaho standout Mike Iupati was named the first recipient of the Polynesian Pro Football Player of the Year presented by Hawaiian Airlines.

The Arizona Cardinals left guard earned the distinction after he won the balloting over National Football League stars Marcus Mariota of the Tennessee Titans and Manti Te'o of the San Diego Chargers.

"As a proud Polynesian and Samoan, I am honored to be selected as the inaugural Polynesian Pro Football Player of the Year,"

Iupati said in a statement to reporters. "I would like to congratulate the other finalists ... they represent the very best of our culture and the National Football League."

The Polynesian Football Hall of Fame board of directors and selection committee voted to nominate Iupati as the first recipient of the annual award, which recognizes the most outstanding professional football player of Polynesian ancestry.

"On behalf of the Polynesian Football Hall of Fame Board of Directors and Selection Committee, we congratulate Mike on this historic accomplishment," said Ma'a Tanuvasa, the vice chairman of the Polynesian Football Hall of Fame. "Mike is a great

role model and inspiration for our youth around the globe."

Iupati played for Idaho from 2006-2009, earning All-American honors during his senior season under former head coach Robb Akey.

The standout guard was selected in the first round of the 2010 NFL draft by the San Francisco 49ers, earning a 2010 NFL All-Rookie selection. During the 2012-2014 seasons, Iupati earned three straight Pro Bowl appearances and played in Super Bowl XLVII, as the 49ers fell 34-31 to the Baltimore Ravens. In March of 2015, Iupati signed a five-year, \$40 million contract with the Arizona Cardinals as a free agent.

Josh Grissom can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu) or on Twitter @GoshJrissom



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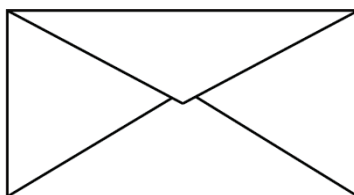


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# OPINION



Send us a 300-word letter to the editor.

ARG-OPINION@UIDAHO.EDU

## OUR VIEW

# Find your happiness

*UI is doing what it can to encourage education throughout the state*

For some students, college wasn't an option — pursuing a higher education was a certain and critical part of their future.

But for others, college wasn't an option. It was a dream — an almost improbable reality they had to struggle to achieve. Some students never thought about college and never will.

Not every student grows up in the same environment or with the same ideas about higher education, which makes it difficult to pinpoint exactly where problems like low "go-on" rates among the state's youth population begin.

Commissioned by University of Idaho President Chuck Staben, UI's McClure Center for Public Policy Research executed a study and released data earlier in January examining the foundation of Idaho's low go-on rate, or the rate at which the state's graduating high school students go on to pursue higher education.

Of Idaho's youth, the study found only 53 percent of females and 38 percent of males

enrolled in a college or university in the fall after high school graduation. An additional finding of the study was that not all young adults believe postsecondary education is worth the endeavor.

These low numbers are a state-wide problem, but it isn't being overlooked by UI administrators.

Not only did Staben commission the study as a means of understanding the reasons behind such low go-on rates, the university staff as a whole has also been working on a number of initiatives to increase student awareness of and interest in higher education.

In addition to a number of new recruiting events held by the university around the state and campus-wide construction projects aimed at creating more spaces for potential and incoming UI students, the university is part of developing state initiatives such as Complete College Idaho and Direct Admissions to help increase college enrollment and continuation rates.

Although higher education is one of the many ways to begin a career and serves as a tremendous, invaluable learning experience,

it's also not for everyone. University environments in particular can be stressful, anxiety inducing and not cohesive or accommodating to certain learning styles.

Not every young adult will thrive in an environment driven by grade-oriented academic performance. Some of the best and brightest minds hardly finished high school, and other individuals have found success in the job market by attending a trade or technical school or training for a specialized job under someone within their field of choice.

It's important that the university acknowledges these low go-on rates and does everything possible to encourage young adults to pursue a higher education, but it's also important to remember that college isn't for everyone, and that's OK. Whether it means taking a break from school and resuming later on, starting a job immediately after high school or going to college, at the end of the day, students should follow a life path that they feel like is best for them and will make them the happiest.

— CB



For more opinion content, visit [uiargonaut.com](http://uiargonaut.com)



Megan Hall  
Argonaut

## Getting your money's worth

At times, the dining options provided at Bob's Place on campus are great, but more often than not, students leave feeling hungry and ripped off.

Ask any student that has been living with a meal plan what they think of Bob's and they will undoubtedly have a list of complaints.

The drink machines are never full. The ingredients used in most meals are questionable, and by that I mean ketchup should never be considered pizza sauce. Meat, including poultry and pork, is often undercooked. On occasion it's even difficult to find clean dishes and cutlery to use.

Students who pay an arm and a leg to get in the door are frustrated by all of this and more. The cost of a meal at Bob's ranges depending on the meal plan, but regardless of the student's choice, it's a costly requirement. When paying for a meal without purchasing a meal plan, breakfast costs \$7, lunch costs \$9 and dinner costs \$10.

For the \$10 spent on a dinner at Bob's, a student could have an entire large Domino's pizza all to themselves. Pizza is not exactly a balanced meal, but neither are the overpriced meals provided at Bob's. The only healthy option offered consistently is a salad bar comprised mostly of wilted lettuce and previously frozen vegetables.

Not to mention all first-year students, who are required to live in on-campus housing, are also required to purchase a

meal plan regardless of whether they want to or not.

The amount of money spent on one meal at Bob's could feed a person for an entire day if they were given the freedom to eat wherever they wanted.

One of the most upsetting things about Bob's is the fact that students don't have the opportunity to look at the food options before they pay for them. Some students swipe their Vandal Cards and then resort to eating a bowl of cereal for dinner. When students can't see what they're paying for, it ultimately leads to frustration.

Many students end up taking whatever they can when they leave, much to the disapproval of the staff. Some staff members don't mind when a student takes an apple as they walk out the door, but others discourage students from taking anything at all.

Don't get me wrong, I have nothing but the utmost respect for the Bob's staff — they do the best they can with what they are given. But there is even a sign posted in Bob's that suggests taking a snack as you leave is a good idea.

While I'd like to argue that the staff shouldn't limit students from taking food, I understand that there's a fine line between getting your money's worth and stealing.

I can't count the number of times I've watched students walk out of Bob's with plates and cutlery, not to mention the time

*Bob's Place must provide better dining options for students*

“

The cost of a meal at Bob's ranges depending on the meal plan, but regardless of the student's choice, it's a costly requirement.

I watched someone fill an entire gallon bag with cereal and leave.

I desperately want to cheer these people on for demanding they get what they paid for, but I can't — it borders too close to theft.

Then again, I can't exactly discourage students from expressing their frustration and going after what's owed to them. I understand the disappointment of paying thousands of dollars for an outrageously expensive meal plan and still searching each day to find a hot meal.

When I began my time here at the University of Idaho, I didn't understand why Bob's had such a bad reputation, but I've grown to understand that until the options provided at Bob's improves, nobody can leave feeling satisfied.

Austin Maas  
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or on Twitter @austindmaas



Austin Maas  
Argonaut



For more opinion content, visit [uiargonaut.com](http://uiargonaut.com)

## OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

### Education

Your education is the one thing no man or government can take from you. The investment is painful, but worth it until the day you die.

— Claire

### Schedules

As organized as I am, I still need to find a consistent time period to be myself. It'll work out soon because I am that organized.

— Luis

### Stomach pains

Why do I repeatedly schedule classes before, during and after lunch time? I don't function when hungry.

— Jordan

### Trouble sleeping

I've learned that no matter how much I wanna go to sleep and can't, I have to keep a positive attitude. Being angry just makes the night slower.

— Jack

### Political correctness

I guess I'll work on it.

— Lyndsie

### Back at it

I couldn't be any more ecstatic about getting back to work after holiday break. Responsibility and purpose is a blessing.

— Jake

### Addiction

Is a powerful thing, and death by overdose rates are increasing in counties all around the U.S. Take care of yourself and your friends.

— Katelyn

### ESL

Even as a native speaker, I have trouble grasping the nonsense that is English. I have so much respect for those taking it on as a second language.

— Corrin

### Zero divided by zero

I asked Siri this and was not disappointed.

— Jessica

### Pet peeve

Professors that will not give out study guides for exams or post their class PowerPoints online. Thank you for making my life that much more stressful.

— Josh

### Naps

I've already started taking naps. It's week two. That's not a good sign.

— Tess

### Third year of college

And I still wait until hours before the first assignment is due to buy the textbook at full price from the bookstore. Amateur hour.

— Hannah

### Life

Learning that sometimes things just happen for no reason at all, just have to roll with it.

— Tea

### Four-day weeks

A welcome break for the average college student. A pain in the butt for me.

— Erin

### Scheduling

No planner can help me now.

— Austin

# Flu season upon us Flu vaccine is the No. 1 way to prevent the flu

Think it's too late to get your annual flu shot? Think again.

Active flu season usually begins in October, then peaks in January or February and runs until as late as May. Across the United States, millions of people experience fever, cough, sore throat, runny or stuffy nose, muscle aches, fatigue and miserable days spent in bed. Some may not realize that the flu also causes hundreds of thousands of hospital visits and thousands of deaths each year.

For college students, this can mean missed class time or assignments, missed work hours and missed activities with friends. For many students, missing a week or more of classes will lead to poor performance on exams, lower grades and

needing to withdraw from classes.

As long as the flu virus is circulating, typically until May, it is not too late to get your vaccine. So far this season, flu activity across the U.S. has been low, but health officials anticipate seeing a spike in the next several weeks. The flu vaccine is the No. 1 way to protect yourself against the flu virus and keep up with your coursework this semester.

In addition to protecting yourself from getting sick, benefits of the flu shot include protecting those around you who may be at an increased risk of getting sick, making your illness milder if you do get sick, and reducing your risk of more serious flu outcomes including hospitalization and death.

The Centers for Disease Control and Prevention (CDC) recommends everyone

over the age of six months be vaccinated unless they have an allergy to the vaccine or vaccine ingredients. If you have questions or concerns about whether the flu shot is for you, talk to your primary care provider.

Taking practical measures including staying home if you feel sick, washing your hands frequently and covering coughs and sneezes with your elbow can help prevent the spread of the virus. While maintaining a healthy lifestyle is critical to lifelong health and wellness, it is oftentimes not enough to ward off the nasty flu virus. Vaccination and these techniques are critical to curbing the spread of the virus across campus.

It's easy for myths about the flu shot to spread around campus, so when making your decision about getting

vaccinated, be sure to base it on facts. The flu shot will not give you the flu, the flu shot does not weaken your immune system and you cannot take antibiotics to fight the flu. Most importantly, don't let a prior

history of health keep you from getting the vaccine. The flu can strike in even the healthiest individuals.

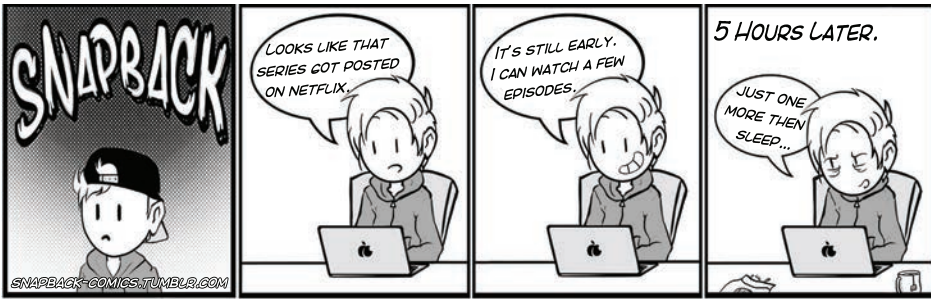
To make getting the flu shot easy and accessible, Vandal Health Ed has a free clinic scheduled on campus Wednesday from 11 a.m. to 3 p.m. in the TLC Lounge. Bring your Vandal Card and get a free meningitis vaccine if you haven't already.

*Emily Tuschhoff is the Vandal Health Ed Coordinator. She can be reached at [emilyt@uidaho.edu](mailto:emilyt@uidaho.edu)*



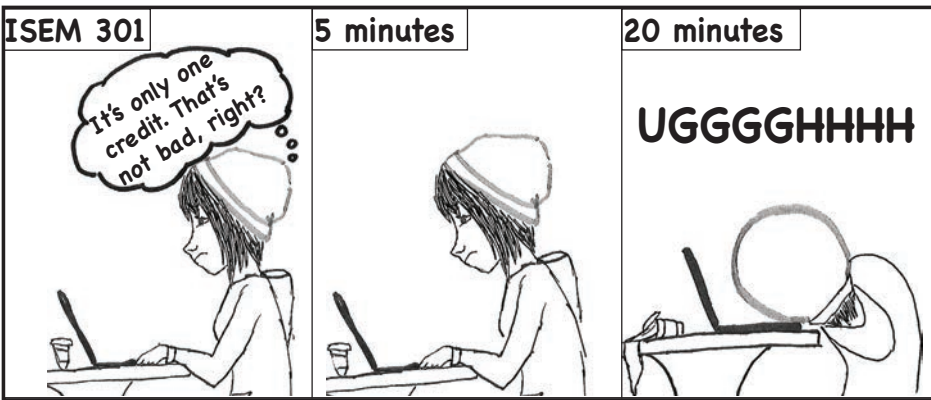
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### Snapback



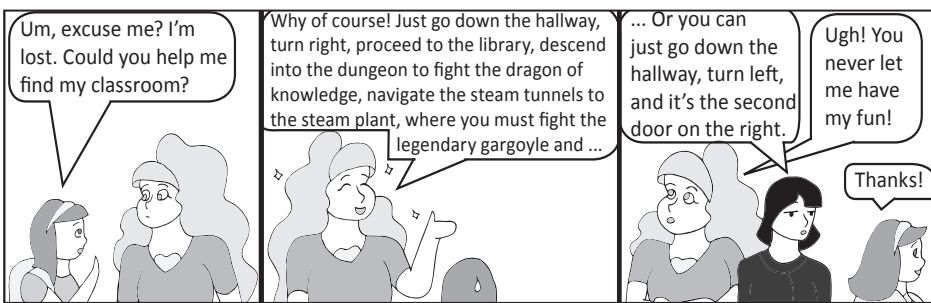
Megan Hall | Argonaut

### #collegelyfe



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### Senka Black



Samantha Brownell | Argonaut



## Welcome Vandals!

HERE ARE SOME STUDY TIPS TO MAKE COLLEGE A LITTLE EASIER!

- ATTEND CLASSES AND TAKE GOOD NOTES
- SET ASIDE DEDICATED STUDY TIME EVERY DAY
- STUDY YOUR NOTES WITHIN ONE DAY OF TAKING THEM
- HIGHLIGHT YOUR NOTES WITH DIFFERENT COLORS TO DIFFERENTIATE FACTS WHILE STUDYING
- GET PLENTY OF SLEEP! STUDIES SHOW THAT PEOPLE WHO AVERAGE 41 LESS MINUTES OF SLEEP PER NIGHT HAVE AN AVERAGE POST-FRESHMAN GPA OF 2.84

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