THE ARGONAUT

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THE VANDAL VOICE SINCE 1898

COMMUNITY





Kira Hunter | Argonaut

Drag queen Misty Boxx performs on stage and applies lipstick backstage prior to the TabiKat Drag Show held in Pullman Saturday.

Don't be a drag, just be a queen

Moscow's TabiKat Productions celebrates 21 years of drag shows

Lyndsie Kiebert Argonaut

Kathy Sprague and her best friend David Henson came out to one another on Sprague's 18th birthday.

Her 28th birthday was Henson's funeral. He died of HIV complications.

"So for my 30th birthday, since my 28th was so lousy, I decided I would have a drag show," Sprague said. "We rented a hall, I convinced a batch of friends to put on dresses and it was crazy. It was a lot of fun."

Six weeks later Sprague and her friends put on another show, this time to celebrate the late Henson's 30th birthday. Soon the shows became frequent, and what began as parties soon became the premiere queer event of the Palouse.

Saturday night's TabiKat Productions drag

show, held at the BellTower in Pullman, marked 21 years since the first show.

The music was loud, the dance floor was crowded and genders were ambiguous — and even over two decades later, the show brought the same judgment-free zone that TabiKat founders Sprague and her wife Tabitha Simmons strive to define the shows with.

Before the night's performers hit the stage, Sprague took the microphone and reminded guests how far the drag shows have come.

"We were it for the queers," Sprague said in reference to the lack of LGBT support in the area when the drag shows first began.

The crowd of people young and old, sitting stacked on the floor, in pews and against the walls, cheered wildly.

"When Tabitha and I got married last October, we started getting messages from people who had gone to the drag shows when they were in college, saying 'You kept me alive," Sprague said. "And that safe space was so important in those days. It's still important, but it used to be your one chance — and it was one night a month."

Then, to an eruption of approval, she added, "Now we're gonna have fun." What ensued encompassed glamour, sparkle and Spanx in a montage of diva drag queens, country drag kings, Pokemon variations and even a rockabilly bioqueen (a woman doing drag as a woman), and performers both new and experienced. Dollar bills waved in the hands of audience members, soon to be scooped up by a performer dancing amidst the crowd — either by hand or mouth.

Drag queen Aquasha DeLusty, known offstage as Gordon Mellott of Essence Salon in Moscow, emceed the anniversary event and performed three times, much to the delight of an audience accustomed to DeLusty's crude humor and over-the-top performances.

SEE DRAG, PAGE 5

Friday, February 5, 2016

ASUI

Rethinking redistricting

ASUI senators decide fate on the redistricting resolution

Jessica Gee Argonaut

After months of discussion, the proposed ASUI redistricting resolution culminated in a lively debate and a 6-6 vote. Without the majority vote needed, the resolution failed.

Resolution \$16-01 would change the redistricting aspect of ASUI from organizing by living groups to dividing representation among the colleges.

ASUI senators debated the bill for 15 minutes before they voted. Sen. Mckenzie MacDonald sponsored the document and said she had put a lot of work into it.

"I was under the impression that the majority of the senate was on the same page of redistricting by college," MacDonald said. "We have had that conversation before, but maybe we just weren't having the right conversation."

She said the conversation about redistricting will likely continue in ASUI senate, but they may approach the topic in a different way.

During the debate about \$16-01, Sens. Tanner Beymer and Joe Madsen both vocally expressed their opposition to the resolution.

Beymer said the resolution may limit students from certain colleges.

IDAHO

Demystifying the gender gap

Researchers explore why more women go to college than men

> Carly Scott Argonaut

Fifty-three percent of Idaho women go on to pursue higher education immediately after high school, compared to only 38 percent of Idaho men, according to a study produced late last year. The study, commissioned by the University of Idaho McClure Center for Public Policy Research said that while this gender gap isn't unique to Idaho, it is significantly higher than the national average of 9 percent.

Patricia Salant, director of the McClure center, said she attributes the gender gap to two main aspects. First, there are more jobs available to male graduates than female right out of high school. Salant said for example, many men go directly into the military. She said because of this, men may feel that there is a greater economic advantage to going straight into the workforce.

SEE GAP, PAGE 5

Wearing red to fight heart disease

Alpha Phi's Take it to Heart Week raises awareness of women's heart health

Katelyn Hilenbeck Argonaut

University of Idaho freshman Emily Pinkney lost one of her best friends to heart disease a few years ago. She said that's why when she saw the passion the women of Alpha Phi had for their philanthropy, the Alpha Phi Foundation for women's heart health, her decision to rush the house was easy.

"I had an idea of where I wanted to be," said Pinkney, now the Alpha Phi Red Dress chair. "I broke down that day in recruitment."

One-in-three women die of heart disease, making it the No. 1 leading cause of death in women, according to the American Heart Association.

Pinkney said her friend's death was unexpected because young women don't often think about heart health.

"Especially when you're young, you don't know," Pinkney said. killer in women

By the

numbers

No. 1

women die of heart disease each year

Every 1 minute someone dies of heart disease

SEE **RED,** PAGE 5

FACULTY SENATE

GREEK LIFE

Leaving family leave alone Faculty Senate postpones vote on leave policy after friction with administration

Erin Bamer

Argonaut Faculty Senate once again postponed voting the revisions made to the University of

on the revisions made to the University of Idaho's employee leave policy by the Faculty Affairs Committee.

UI Provost and Executive Vice President John Wiencek had a few concerns with the proposed changes, which led to the vote being pushed back until further notice.

Wiencek, who was absent at the previous Faculty Senate meeting when the revisions were first introduced and discussed, took issue with the portion of the policy that covers

how employees can take extra leave when their allotted parenting leave period runs out. The policy states that an employee can use a combination of annual leave and unpaid leave after they run out of their time for parental leave and sick leave.

Wiencek said there are financial risks involved with allowing employees to leave their annual leave unspent, and asked Faculty Senate if there were any situations where an employee would want to take unpaid leave over annual leave anyway.

"Why would anyone want to not be paid?" Wiencek said.

Wiencek also had a had concerns with the portion of the policy that would grant Family Medical Leave Act (FMLA) benefits to em-

ployees from their first day on the job, because he said that applies to all types of leave even though the proposed policy is supposed to just address parental leave.

Faculty Sen. James Foster said situations like this — when the president's council won't allow change because they don't fully understand why faculty want the change — can damage faculty morale.

SEE ALONE, PAGE 5



Vandal football inks 18 signees, including a trio of three-star recruits

SPORTS, 6



IN THIS ISSUE

Students should prioritize their health while they're young. Read our view.

OPINION, 9



The UI fencing club provides an encouraging enviroment for students

RAWR

Volume 117, Issue no. 37

PAGE 2



CRUMBS

A Crumbs recipe

Garlic egg min-sandwiches

Sometimes, Sunday mornings demand more than Pop Tarts for breakfast. With a little extra effort, this recipe could provide a flavorful punch to kick-start any lazy day.

Ingredients

Directions

- 5 eggs
- 1 can refrigerated biscuits
- 1 6-ounce package Canadian
- bacon slices ■ 1 cup shredded cheese
- 1/2 cup milk2 small cloves garlic, diced fine
- Alpine Touch, or any other all-
- purpose seasoning of choice
- Butter to grease pan

1. Preheat oven to temperature on biscuit package and spray a cookie sheet with non-stick spray

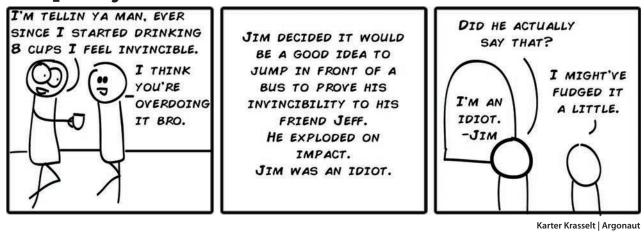
- 2. Spread biscuits evenly on cookie sheet and cook according to package instructions
- 3. Meanwhile, in a small bowl, whisk eggs, garlic, milk and spice 4. Grease a large frying pan with butter and scramble the eggs

5. Once eggs are almost done, scoop to one side of the pan and throw down as many slices of Canadian bacon as will fit. Warm in pan until they begin to brown slightly

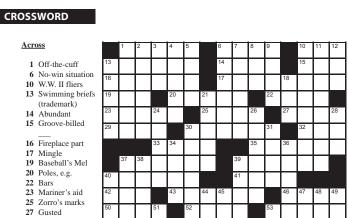
6. Remove biscuits from oven and assemble a garlic egg minisandwich – split biscuit in half, lay down a piece of Canadian bacon then scoop eggs on top, adding cheese and more spice to taste, then put half of biscuit back on top 7. Serve while still hot

Lyndsie Kiebert can be reached at crumbs@uidaho.edu

Completely Unrelated



FOR MORE COMICS, SEE COMIC CORNER, PAGE 10



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41	Gusteu																
29	Actor		54			55		56			57			58			
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THE FINE PRINT

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Advertising (208) 885-5780 Circulation (208) 885-7825 Classified Advertising (208) 885-7825 Fax (208) 885-2222 Newsroom (208) 885-7715 Production Room (208) 885-7784 PROFESSIONAL JOURNALISTS Associated cnbam College Press MEMBER IATE MEMBER

Non-profit Identification Statement: The Argonaut, ISSN 0896-1409, is published twice weekly during the academic school year and is located at 301 Bruce Pitman Center, Moscow, ID 83844-4271.

The Argonaut is printed on newspirit containing 24-40 percent post-consumer waste. Please recycle this newspaper after reading. For recycling information, call the Moscow Recycling Ho-tline at (208) 882-0550.

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If your letter is in response to a particular article, please list the title and date of the article. 301 Bruce Pitman Cente

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Bruce Pitman Center on the third floor.





Benjamin Hardcastle, co-manager of recently-incorporated Howard Hughes Video, stocks shelves Wednesday evening.

Austin Maas | Argonaut

A local treasure lives on

Howard Hughes Video is transitioning into a cooperatively-owned business

Hailey Stewart Argonaut

Howard Hughes Video is a rarity to Moscow, with the disappearance of similar stores over the years. Yet for over 20 years, the film-loving community members of Moscow have rented movies from the Main Street video store.

Early last year, however, the owners

tors signed the bylaws. The co-op will begin operating under its new name, The Main Street Video Cooperative, by March. Pannkuk said that will be their soft deadline to raise \$60,000 to ensure the store can remain a cooperative.

"Right now we are just trying to put the word out there, and sell memberships," Pannkuk said.

The transition from business to co-op didn't happen overnight. The owners announced early last year they were exploring options for restructuring the store, and were seeking community members interested in taking over the project. University of Idaho law professor Monique Lillard, a long-time customer of Howard Hughes, said she heard the news and became interested. She said she invited other Moscow residents to her home to discuss what could be done to keep the store afloat. when Melinda Schab, general manager of the Moscow Food Co-op, got involved.

Schab, now the Main Street Video Co-op president, said the owners initially traveled down many roads before arriving at

the idea of making the video store into a cooperative.

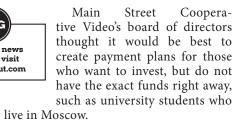
ARG

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"I eat, sleep and breathe co-op," Schab said. "In passing, one day I just said, 'maybe we should consider converting the store to a cooperative ownership."

The idea was left on the table for the owners, and eventually, the decision was



"If you care about the Moscow community, it is in everyone's best interest to support local business in any way you can," Schab said.

Lillard said investing in the cooperative is both an investment in the store as well as Moscow as a whole.

decided it was time to move on.

Yet current manager Ian Pannkuk said the owners were determined not to let that be the end of Howard Hughes.

"They (the owners) are in a place in their lives where they might be thinking about moving, and there just aren't that many people that are interested in buying a whole movie store," Pannkuk said. "Being incorporated is really the best option."

As of Dec. 4, Howard Hughes officially became a co-op when the board of direc-

"I had become really aware that the store is a treasure to Moscow and it was something that I didn't want to go away," Lillard said.

The driving force behind the transition to a cooperative, Lillard said, came made that the video store should be run as a cooperative. After the decision was made, the administrative and legal work for the board of directors began.

The board's main goal is to make sure all community members who would like to be a part of the cooperative have the opportunity.

The cooperative is currently selling equity investments and looking for three hundred investors. A single investment paid in full is \$200. Eight payments of \$25 can be made on a quarterly or annual basis. Much like Lillard and other community members who have invested in the cooperative, Schab too says that the video store is a large part of Moscow's history.

"The video store is a piece of the community's history first and foremost," Schab said. "I believe that the stronger the cooperative community here, the stronger and the more enduring it will be."

> Hailey Stewart can be reached at arg-news@uidaho.edu

Campus

Reasons for hope disc the

Marisa Casella Argonaut

Danish Ambassador Rolf Holmboe stressed the complexity of the Middle Eastern conflict during his speech Tuesday at this year's Martin Forum.

The Visiting Practitioners of International Affairs is held annually by the Martin Institute and provides a forum for experts to exchange ideas with an audience.

According to the Martin Institute, Holmboe earned a Master's degree in political science and a supplementary degree in Arabic studies from Aarhus University in Denmark. He began working as a career diplomat in 1992, and has been on temporary leave from the Danish Foreign Service since October 2015. During that time he has worked as an independent consultant and Middle East expert. Holmboe has worked with political and development interventions in fragile states and taught conflict studies.

Holmboe's speech dealt primarily with the conflict in Syria. ISIS, Holmboe said, is in crisis. He said that ISIS's internal cohesion is weak with its extremist views create external and internal enemies, and the balance between attraction and repression is tipping. He said he believes there can be a victory over ISIS in Syria after a political solution is reached.

"What will need to go into a peace process, into a political solu-

tion, so it's not just an empty shell that cannot be implemented from the ground, but rather a sustainable solution that can be implemented and can lead to some kind of stability?" Holmboe asked.

The process, Holmboe said, will take a long time — about 30 to 50 years.

One of the main challenges of forming this political solution is that there isn't just one conflict, Holmboe said, but several overlapping conflicts going on in Syria. He said Syria is fragmented into at least five entities. There are also the radical groups, such as ISIS, that pose a threat. Holmboe said ISIS wants to sabotage the peace process because if the rebels and regime unite, ISIS will be destroyed.

He said he believes that there will be more terrorism after ISIS disintegrates because it'll be more spread out.

Holmboe said he remains hopeful about the situation in Syria due to what he has seen

Danish Ambassador discusses violence in the Middle East

from the youth there.

"You have youth who I call 'the Third Way," Holmboe said. "In-between the sides, who have engaged in trying to mitigate the effects of the conflict on normal Syrians."

These youth have joined volunteer organizations, such as The White Helmets, who help victims of bombings and soldiers from both sides of the conflict, and Holmboe said their work is purely humanitarian. He said the youth still maintain a positive outlook on Syria's future.

"If you read the media, there is a very black and white approach to the standing of many things, to understanding the regime and the rebels to understanding what is good, what is bad," Holmboe said. "When you look at it from the region itself, there is no black and white, it is a grey world you look in — sometimes you find some rays of hope, and you find some reasons for optimism."

> Marisa Casella can be reached at arg-news@uidaho.edu or on Twitter at @marisacasella1

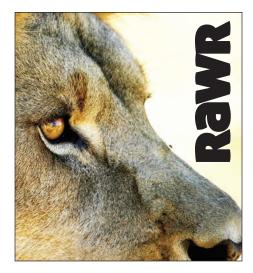
News briefs

Celebrating culture

Performers from across the west will sing, dance, slam and more at the annual Shades of Black multicultural showcase, at 5 p.m. Saturday in the Bruce Pitman Center. This year's theme is Battle of the Sexes.

According to the UI Office of Multicultural Affairs, the showcase is intended to explore different textures and dimensions of cultural experience and personal identity.

Admission is free, and guests are encouraged to arrive early as seats fill up quickly.





Signing up for service

Students prepare to queue up for spring ASB registration

PAGE 4

Austin Maas Argonaut

Spring break is the perfect time to find adventure — and Jessica Darney, an Alternative Service Break Coordinator at the Center for Volunteerism and Social Action, said service trips are an excellent way to do that.

Spring ASB Registration Day will begin at 8 p.m. Tuesday in the Whitewater Room of the Idaho Commons.

CVSA Coordinator Natalie Magnus said students should arrive early and anticipate waiting in line. "We encourage people to get there early because some trips will fill that night," Magnus said.

Darney said the event is a great opportunity for students to discuss what service each trip will provide, view housing arrangements and pick up an itinerary. The student or faculty leader who will lead the trips in the spring will be at registration to represent the trip.

Darney said each ASB trip will be displayed on a table where interested students can get help making their final decision.

"If they don't know what they want to do, they can walk around and see all the different trips," Darney said.

CVSA Outreach Social Justice

Coordinator Courtney Stoker said the event was successful last year and is expected to be even larger this year.

"Last year it was very exciting," Stoker said. "It went very smoothly."

Stoker said registration day gives students the chance to see all the details of their trip and make a more informed decision about what kind of service they will be doing.

"I think it allows people to have more ownership of their trip," Stoker said.

Stoker said last year several of the trips filled up right away, but each trip has a waitlist.

To register for a trip, students must pay a \$50 deposit, which will contribute to the total cost of their trip. Spring trips all cost \$150.

"Once you put your name down and pay your deposit, your spot is reserved," Stoker said.

Magnus said if a student is unable to attend the event they are free to stop by the volunteer office located in room 301 in the Idaho Commons and look through the remaining options. The remaining spots will also be posted on the UI website and on the Volunteer UIdaho Facebook page.

"We really make sure that all of our trips are great," Magnus said. "We set them up with the intention that they will be doing really hands-on service and social justice-focused."

After securing a spot in their trip

of choice, Magnus said students will fill out paperwork and begin collaborating with their service group.

Groups will meet three times before their trip to participate in team-building exercises and learn about their social justice issue. Magnus said one of the three meetings will be a "fun meeting" where members of each group will learn more about each other before traveling together.

"We've never had a student come back from a trip and say they wish they hadn't gone," Magnus said. "It's always been wonderful feedback."

Moscow community discusses the culture of African-American hair

Austin Maas can be reach at arg-news@uidaho.edu or on Twitter @austindmaas

'An extension of you'

Erin Bamer Argonaut

Raised by two adoptive white mothers, University of Idaho sophomore Jessy Forsmo-Shadid found a hairdresser who best fit her needs when she was just eight years old.

"She's like my auntie," Forsmo-Shadid said.

Forsmo-Shadid, junior Izaiah Dolezal and senior Olivia Balemba led the "Standards of Beauty Workshop: Behind the Afro" Wednesday in the Idaho Commons. The workshop addressed cultural perceptions of African-American hairstyles in today's world.

After a short presentation where the students covered the history of black hair as well as the connections between black hair and employment, social interactions and other scenarios, the workshop shifted to a discussion-based lesson with audience interaction. One of the questions first asked by the presenters addressed the instant judgments made by strangers when they see someone with a classic African-American hairstyle, such as afros, cornrows or dreadlocks.

"When you see someone with dreadlocks, do you automatically assume that they smoke weed?" Dolezal asked.

Dolezal said the stigma that dreadlocks smell bad stems from people of other ethnicities putting their hair into dreadlocks even though their hair isn't built to have them.

Recalling her childhood, Forsmo-Shadid said her hair was put into cornrows by her hairstylist when she was a little girl, and she was made fun of at school because her hair was different from the other children. She said she remembered a rumor that she glued her braids onto her head because her scalp was visible. Ironically, she said, cornrows are now a popular style.

One of the guests of the workshop said though many people of other races and cultures are now taking on common black hairstyles as a "revolutionary" fashion statement, when actual African-Americans go out with the same hairstyle it's seen as a negative thing.

Forsmo-Shadid said many classic hairstyles worn by African-Americans are becoming popular again, including dreadlocks, cornrows and afros. She even said the flattop, a haircut that was popular in the '80s, might be making a comeback.

"I think the flat top should stay respectfully buried," Dolezal said.

The workshop also covered the struggles of African-American people in Moscow. Balemba said she mostly ordered her hair products online because there are so few options in any local stores. Dolezal said he doesn't even get his hair cut in Moscow — he goes to Lewiston.

A trip to the barber uiargot shop is no small affair either, Forsmo-Shadid said. She said one hair appointment can last

a whole day. "It's like an all-day process," Forsmo-Shadid said. "I have to bring water. You have to be prepared to be there all day. Clear your schedule."

A guest said most people in Moscow and in Idaho don't know how to approach subjects like this, even though many are curious. Forsmo-Shadid said when people come up to ask if they can touch her hair, she uses the opportunity to educate the person about herself and her culture.

Forsmo-Shadid said it's im-



portant for people to ask permission before touching someone's hair. She said many times complete strangers have touched her hair without asking. Forsmo-Shadid

said she isn't sure why some think that's an acceptable thing to do.

Forsmo-Shadid said she loves her hair. She said her hair is a reflection of her personality, as it is for many people. The African-American culture has long held pride in their hair, and people should continue to love their hair no matter how they choose to wear it.

"You can tell a lot about someone from their hair," Dolezal said. "It's an extension of you."

> Erin Bamer can be reached at arg-news@uidaho.edu or on Twitter @ErinBamer

Police log

Friday, Jan. 29

2:23 p.m. East D Street

Caller reported a Christmas tree in the roadway. Officers responded but could not locate it.

8:10 p.m. North Highway 95

Caller reported a vehicle traveling down

11:34 p.m. South Jefferson Street & East 6th Street Caller reported possible drunk driver who

Caller reported possible drunk driver who was swerving and driving slowly. Officers could not locate the vehicle.

Saturday, Jan. 30

12:07 a.m. North Jefferson Street

Caller reported that there was a jeep and truck in his driveway, and a loud party

4:51 a.m. Pintail Lane

Caller reported a vehicle that seemed to travel around her residence. Officers responded. The subject was delivering newspapers. **3:36 p.m. Kouse Street**

Caller said there was a vehicle parked outside her house with two kids in the back seat and an adult in the driver seat who seemed to be sleeping. Officers could not find the vehicle.

Sunday, Jan. 31

9:30 a.m. Northwood Drive

Caller reported her purse and spare key were taken out of her unlocked car sometime last night.

Monday, Feb. 1

1:08 p.m. North Grant Street

Caller said a vehicle has consistently blocked his mailbox. Officers responded

said. She said she isn t can last that's an acc Forsmoprocess" her hair Sh

the center of the road. Officers responded but were unable to locate the vehicle. **8:29 p.m. Taylor Avenue**

Caller reported someone knocked on his door because they were afraid of a dog running in the area. Officers took the dog to the shelter. nearby. Officers warned one male. 2:16 a.m. North Jefferson Street

Same caller reported an intoxicated male had come into his house about 10 minutes ago. The man left on foot, the officer gave the subject a courtesy ride to the station. His friend picked him up.

4:39 p.m. East Palouse River Drive

Officers responded to a burglary/intrusion alarm. The alarm had been canceled by an authorized person.

6:29 p.m. West Pullman Road

Caller missed their turn and got stuck in the grass while commuting to Walmart.

and talked to the neighbor.

Tuesday, Feb. 2

5:16 p.m. Shelby Lane

Person called to complain about a moose in their yard. The moose later continued on its way.



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DRAG

FROM PAGE 1

"When I first met (Sprague) I was just a shy little boy," DeLusty said.

DeLusty, who has been with TabiKat for 13 years, said being a part of the shows has built confidence in both her performance skills and outside career.

"I see myself old and decrepit, still doing drag," DeLusty said of her future as Sprague acted out a hypothetically old, cantankerous DeLusty at the 50th anniversary TabiKat show, nagging her husband Rob to help her put on her pumps.

With a laugh, DeLusty admits, "That's probably really accurate."

Chris Bailey, seen sitting beside the dance floor before the first set watching his wife spin wildly to the music, said they come to TabiKat's shows often to see friends perform.

"(TabiKat Productions has) been very welcoming to us as a heterosexual couple," Bailey said. "They want everyone to feel comfortable."

Bailey noted that while other drag shows he and his wife have attended err on the side of raunchy, TabiKat shows tend to be milder, allowing the younger performers' parents to

comfortably attend.

Still, as with many events in the queer community, parent apprehension is common, said Kristen Jones, UI's Delta Gamma housemother.

Jones said she has been attending the TabiKat drag shows for nearly 12 years. She first attended a show when her daughter came out to her and started performing as a drag king, she said.

"I've always tried to support my children and all they've done," Jones said.

This philosophy began to transcend supporting her own children when Jones began taking kids who had come out to unsupportive parents under her wing. As a result, she is fondly known as "Mom" to the TabiKat crew.

"I found it so hard to understand. People are just people — all going through the same struggles, all trying to find love," Jones said. "So when Kathy first asked me to come support the kids whose parents never came, I came, and I brought cookies."

Jones said when she mentions drag, people often cringe, but that the TabiKat shows are a joyous place.

"(The shows) have opened my eyes to so much fun. I am proud to call these people my friends," Jones said. "I am so blessed to have this in my life."

UI sophomore Michael Edwards began attending the drag shows over a year ago and recently began performing at TabiKat's bingo nights at One World Cafe the second Monday of every month.

Edwards, whose drag persona is Virginia Mary, said he has seen TabiKat's genuine concern for LGBT acceptance and safety during his short time performing drag. Once, after a bingo night, Edwards had planned to walk back to campus alone and Sprague wouldn't have it.

"They really care," Edwards said. "They didn't want one of their queens walking home alone after 10 at night."

Creating safe spaces for the LGBT community is something Sprague highlighted in her closing remarks following the second set of performances. She

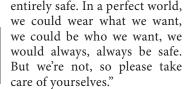
placed an empty chair front and center and said it represented everyone who couldn't be at the show that night — Henson and anyone else lost to viruses, hate crimes or suicide.

"That's the legacy I wanna leave. I want you to have a good life, I don't want to fear like I did when I was younger. (Tabitha) turned around and

" I found it so hard to understand. People are just people — all going through the same struggles, all trying to find love.

Kristen Jones, Delta Gamma's housemother

kissed me at the Garden Lounge one night and I feared for our lives," Sprague said. "So remember, every freedom you have, somebody worked for. It's safer, but it's not



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GAP FROM PAGE 1

Second, she said there is a large population of the Church of Jesus Christ of Latter-Day Saints in Idaho.

"Young men in the LDS church often go on missions," Salant said.

Salant said the McClure Center study is still too new to track the college attendance of returning missionaries.

Yet Cathleen McHugh, principal research analyst from the Idaho State Board of Education, said she thinks the gender gap runs deeper than Mormon missionaries.

McHugh, who conducted a similar study into the go-on rates across Idaho up to three years beyond high school graduation, said the gender gap persists across all regions of Idaho. So, she concluded that the gap cannot be entirely due to missions.

Her study, "Idaho's gender Gap in Go-On Rates," perpetuates the idea that more women than men are attending college, even up to three years after graduation.

According to the study, 70 percent of Idaho women went on to college within three years of high school graduation compared to only 57 percent Idaho of men in 2012, showing that men returning from missions may not be enrolling in college.

McHugh said she did take large LDS populations into account. She said when analyzing the regions of Idaho, she hypothesized that southeastern Idaho, which has a much more prominent LDS population, would be more affected by gender-based differential go-on rates than other regions, including northern Idaho.

However, the study's data showed that there is only one

region of Idaho where there is consistent evidence that men simply chose to go on to college later than women. Across the board, in all regions, McHugh said the gender gap persists. The fact that this happens in all regions, McHugh said, is what supports the fact that missions are not one of the significant causes of the gender gap.

"(The study) has shown the gap does not go away as more time elapses from gradua-



ARG

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Salant said there is a significant difference in the rationale between female and male college students. Salant said girls see the opportunities that college will present more often than boys.

The McClure Center study found that 75 percent of high school students said their parents most influenced their post-high school decisions.

tion," she said.

Yet Salant said the McClure Center study found the go-on rate problem was less about access to information, and more about personal ideology or beliefs.

> *Carly Scott* can be reached at arg-news@uidaho.edu

RED

FROM PAGE 1

Pinkney and rest of the women of Alpha Phi are hosting Take it To Heart Week this week to increase awareness of heart disease.

"We're very passionate about this week," Pickney said. "We're excited to be spreading and raising awareness about women's heart health."

"We're very passionate about this week," Pickney said. "We're excited to be spreading and raising awareness about women's heart health."

Friday is national Wear Red Day, created by the American Heart Association. The

women of Alpha Phi will sell chocolate roses in the Idaho Commons Friday to fundraise for the cause. For those in a Greek house, the roses will be hand-delivered, and anyone else can pick up their roses when purchasing.

UI Greek houses can also compete to be the winners of Take it to Heart Week by accumulating points, which can be earned by taking part in various activities throughout the week.

Houses can also win points by posting pictures with #UITakesItToHeart.

UI Greek students can also participate in Alpha PhiFa, a five-on-five soccer tournament 9 a.m. to noon Saturday at West Park Elementary.

There, they will have buckets with each

house's name for donations. Adding cash to your house's bucket increases your points, while adding change to another house decreases their points, said Alpha Phi Vice President of Mar-

Stopher said they raised about \$3,000 last year, but hopes to raise more money this year with the addition of the soccer tournament as an event.

said there are five known lifestyle factors that can affect the chances of developing heart disease: smoking, alcohol consumption, diet, physical activity and weight.

Rudley said people should avoid smoking,



eat a Mediterranean diet, do some sort of physical movement daily, maintain a healthy weight and only consume alcohol in moderate amounts — about a glass a day for women.

"All those things are pretty universal," Rudley said.

Even a student's smallest decisions today can help prepare them for a healthier future, Rudley said.

"Those really add up and pay back over a lifetime," Rudley said.

> Katelyn Hilsenbeck can be reached at arg-news@uidaho.edu or on Twitter @Katelyn_mh

keting Kendal Stopher.

Marissa Rudley, UI campus dietician,

REDISTRICTING

FROM PAGE 1

"It creates a barrier to entry for other qualified candidates to come into the senate," Beymer said. "When you are restricted by the number of students that can come from colleges, you're still potentially denying the opportunity for one student of being elected because of the requirements that vou have set forth."

Beymer said he believes at-large districting would be the best form of representation on campus.

"It's not our job to force students through the door to be represented in ASUI," Beymer said. "It's our job to make sure that the door is open to them so that if they want to step through, they are willing, welcome and able to."

Sen. Madsen said the current system is not restricting colleges from reaching out to ASUI, so the resolution is not imperative.

"Just because we don't have a diverse senate does not mean that we have a broken system," Madsen said. "All it takes is a conversation with college representatives to represent the colleges."

Sen. Rachael Miller, who supported the resolution, said a major problem with the districting system right now is that it pits living groups against each other.

"We are currently Greek versus non-Greek, which is not only misrepresentative but also offensive," Miller said.

Sen. Kate Ricart also spoke out on this issue during the senate meeting in favor of the resolution.

It's not our job to force students through the door to be represented in ASUI. It's our job to make sure that the door is open to them so that if they want to step through, they are willing, welcome and able to.

Tanner Beymer, ASUI senator

"I don't think this is forcing students at all, I think this is just encouraging them more," Ricart said. "I don't think the system is broken, but it can always be improved."

ASUI President Max Cowan said he is supportive of S16-01 and believes it would benefit the university.

"The university administration is organized around colleges, so it makes sense for us to organize ourselves similarly," Cowan said. "Not only would students be engaged, but faculty would be more invested if they had an ASUI senator who represents their college."

Sen. Madsen said the resolution is unnecessary and addresses an imaginary problem.

"I think the discussion begins with the question: do we have a fundamental problem?" Madsen said. "That is where I part from the resolution's logic."

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ALONE FROM PAGE 1

"I think the message that people are getting is that 'We, the administration, will tell you what sorts of benefits we think you should have, and we're going to do as little as we possibly can," Foster said.

Wiencek said he thinks it won't cause a decrease in morale. He said the presidential cabinet is the group that brought up the topic of improving the university's parental leave policy in the first place. He said he isn't against many of the ideas mentioned in the revisions either, but said they need to be discussed separately from parental leave.

"It will only have a negative impact, because Faculty Senate will make it a big deal that this happened," Wiencek said.

Faculty Senate Vice Chair Liz Brandt said Wiencek made some good points, but she was still concerned by the lack of communication between the administration and the rest of the faculty. She said she felt discussing Wiencek's concerns right before Faculty Senate's vote on whether to accept the changes upset

the process.

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We find ourselves in February of this second year of this process, saying we need to have more communication," she said. "And I guess I'm struggling with that a lot."

Faculty Secretary Don Crowley said he agreed with Brandt. He said he reached out to the administration much earlier on and was ignored until he spoke to Wiencek directly. Wiencek acknowledged that communication between the administration and faculty should



be better on this issue. Though Faculty Senate did not set a date to discuss the leave policy in the future, Wiencek asked if it was still pos-

sible to address the issue again this semester and Teal confirmed that it could be brought up again before the end of the academic year.

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www.PullmanMovies.com www.EastSideMovies.com howtimes Effective 2/5/16-2/11/16

PAGE 7



Women's soccer adds seven recruits, two from Spokane area

FOOTBALL



Josh Grissom | Argonaut Idaho head coach Paul Petrino discusses the program's latest recruits during a press conference Wednesday afternoon.

Vandals ink several three-star recruits

Idaho football signs recruiting class of 18, including a duo of offensive threestar recruits at Morningside High School in California. The defensive end was listed as a three-star recruit on Scout.com.

"(Cornerbacks coach) Aric Williams did a great job in recruiting him," Petrino said. "He's big, he's physical and he can really run."

On the offensive side of the ball, the Vandals recruiting class will be led by wide receiver J.J. Wills of Clovis, California.

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great vision and make that cut in the hole and come to balance," Petrino said.

The Vandals also signed several notable regional recruits.

Pullman High School quarterback Mason Petrino and Clarkston High School tight end Dylan Beeler will join the Vandals this upcoming season.

"Really excited about Dylan ... just a really good football player," Petrino said. "Possibly could end up playing our Buck (linebacker) or going into fullback."



I want them all thinking that they are going to play this first year, and then if they are not physically or mentally ready then we redshirt them. But if they are,

and cornerback, Mason appears to fit the description. "He can throw it, he's really accurate," Paul said. "My brother has always said

"My brother has always said "My brother has always said he thinks he's a receiver. All those years I coached with my brother, (Mason) would be out there running drills with the receivers." Mason played in nine games for the Greyhounds last season and accumulated 1,992 passing yards and 18 touchdowns. The senior finished the year with a 106.4 quarterback rating.

Like father, like son

Mason Petrino signs letter of intent for Vandals

Josh Grissom Argonaut

Pullman High School quarterback Mason Petrino signed a national letter of intent to play football for the University of Idaho this fall.

The son of Idaho head coach Paul Petrino verbally committed with the Vandals last week and officially signed with the team Wednesday morning.

"It's kind of been a dream of mine, the whole time, to coach him one day," Paul said. "It's pretty special."

The addition of Mason to the Vandals roster will likely provide the team with extended depth at the quarterback position.

Quarterback Matt Linehan earned the starting role for the Vandals last year and threw for 2,972 yards and 16 touchdowns during his sophomore season.

Freshman Jake Luton also saw some time on the field for Idaho, throwing for 403 yards and rushing for five touchdowns.

Mason will likely take the place of dual-threat Kareem Coles, who requested a release from the Vandal football program after seeing the field for just six games. According to Sean Kramer of the Spokesman Review, Paul said in a December press conference that the program would attempt to sign an athletic quarterback who could possibly play other positions. As a high school quarterback

The University of Idaho announced the signing of a trio of three-star athletes amid a talented 2016 football recruiting class.

Josh Grissom

Argonaut

The Vandal football program received a total of 24 national letters of intent during the official NCAA signing period Wednesday.

"I wanted to go out and sign guys that were physical, hardnosed players and I think we did just that," Idaho head coach Paul Petrino said.

In an effort to boost the team's defensive line presence, Petrino and the Idaho coaching staff inked 11 defensive players, including six defensive linemen.

Charles Akanno emerged as one of the key pickups for the Idaho defensive line.

Akanno boasts a 40-yard dash time of 5.05 seconds and recorded 126 tackles and 8 sacks during his senior season Wills contributed to the aerial passing attack of Clovis High School with 1,161 receiving yards and 11 touchdowns. The senior averaged 16.4 yards per catch and 89.3 receiving yards per game.

"His dad played at UCLA," Petrino said. "He came to our camp last year. Just a great kid."

The Vandals will also receive a boost in the running game from newly signed recruit Dylan Thigpen.

The running back collected 1,855 yards on the ground and found the end zone 18 times as a senior at Damien High School in La Verne, California.

Thigpen was listed as the No. 80 overall prospect at running back, according to Scout.com.

"He can really cut and has

Mason Petrino threw for 1,992 yards and 18 touchdowns his senior year with the Greyhounds, while Beeler accumulated 440 receiving yards and four touchdowns in 11 games for the Bantams.

Petrino said that he expects the recruiting class to come in and make an immediate impact with the program.

"I want them all thinking that they are going to play this first year, and then if they are not physically or mentally ready then we redshirt them," Idaho head coach Paul Petrino said. "But if they are, then we are going to play them."

According to CBS, the Vandal 2016 recruiting class

then we are going to play them.

Paul Petrino, coach

ranks 121st nationally and eighth in the Sun Belt Conference. The Vandals posted a better recruiting class than conference opponents Louisiana-Monroe, Georgia State and New Mexico State.

"I think this is the best class that I've signed since I've been here," Petrino said

The Vandals are scheduled to kick off the 2016 season on Sept. 1 when the team hosts Montana State at the Kibbie Dome.

In the days since the

two programs last met, the

Victor Sanders. Despite

the loss of the sophomore

guard, the Vandals have

regained their offensive

energy down low with Ty

Josh Grissom can be reached at arg-sports@uidaho.edu or on Twitter @GoshJrissom The newly-signed prospect also ran for 203 yards and two touchdowns during the 2015 season.

Mason said that he will attempt to play either quarterback or wide receiver at the collegiate level in an interview with The Lewiston Tribune.

"I'm going to go in as a quarterback and just be an athlete after that," Mason said.

SEE SON, PAGE 8

Staff predictions

The Idaho men's basketball team faces Northern Arizona in the program's second road game this week

Prediction: Idaho 64 -Northern Arizona 58



The Vandals travel to Flagstaff this weekend to face off against a Northern Arizona program that finds itself at the bottom of the Big Sky Conference rankings. Idaho is playing without its two leading scorers, but the team needs a victory in order to avoid falling in the standings. The Vandals will likely step on the court with a lot of intensity that will ultimately propel the team to a crucial road victory.

Prediction: Idaho 77 -Northern Arizona 70

The Vandals will have their first conference rematch against Northern Arizona, who they beat earlier this season. I believe sophomore guard Chad Sherwood has de-

veloped into an important addition on the perimeter and will put up some good numbers in the matchup Saturday. I expect the Vandals to sweep the Lumberjacks in a relatively high-scoring game.

Prediction: Idaho 85 -

Vandals suffered numerous injuries on the perimeter, including leading scorer

Northern Arizona 62

Tess Fox Argonaut

Argonaut

Egbert and on the perimeter with the Sherwood brothers. Overall, Northern Arizona does not have the defensive personnel to slow the Idaho offense.

Prediction: Idaho 88 -Northern Arizona 72

When these two teams met in January, the Vandals controlled the game from tip-off to the final buzzer in an 83-76 victory. In this matchup, the Vandals are missing the team's top two perimeter shooters in Victor Sanders and



Argonaut

Perrion Callandret. Despite the loss of the two guards, sophomore Chad Sherwood and redshirt freshman Nate Sherwood will lead the Vandals to another victory over the Lumberjacks.

Prediction: Idaho 80 - Northern Arizona 52



Argonaut

The Vandals will be entering Flagstaff as part of a two-game Big Sky Conference road trip. The Lumberjacks are currently last in the conference standings, which means that the Vandals have a relatively easy matchup this weekend. The Vandals will easily overpower the

Lumberjack defense and gain momentum before returning to Moscow next week.



SOCCER

PAGE 7

California tsunami

Idaho women's soccer signs seven recruits, five from Southern California



Josh Grissom | Argonaut

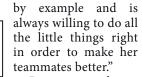
Idaho soccer coach Derek Pittman speaks with the media during a press conference Wednesday afternoon. The women's soccer program recruited seven high school players for the fall season.

tional League Championship in each of the last three seasons.

"She is a dynamic

Pittman said. "Our staff feels that she has the ability to play as an attacking midfielder or forward, because she is highly skilled, extremely quick on the dribble and can break down defenses with her technical ability or by simply running past helpless defenders."

The final Californian re-



Pittman said recruiting five Califor-

nians to play for the Vandals has built excitement within the program.

We've been doing an excellent job in the California area," Pittman said. "My assistant coach Josh Davis has a lot of recruiting ties to that area. He does an excellent job identifying quality talent."

Pittman said that there is a lot of potential talent in the Southern California area.

"For us to go there and discuss about the things that we're doing here in Idaho excites a lot of people," Pittman said. "We try to find players that may slip through the cracks or be unnoticed and they've been able to come here and be fantastic."

Pittman said last year was a prime example of how young players from California have become successful Vandals. Freshman Amanda Poertner of Fullerton won Big Sky's Goalkeeper of the Year.

"Those players are proving they can come here and make an impact right away," Pittman said. "We fully expect the same opportunity for the five kids from California."

The Vandals will have nine seniors on their fall roster compared to just one last season.

"We needed to prepared now for their departure in nine months," Pittman said. "We expect these young players to come in and challenge for playing time right away. It's going to bode well for the future of our program moving forward."

Luis Torres Argonaut

High School.

this year.

Pittman said the recruiting

process for Chambers didn't take

place until he became Idaho's head

coach in 2014. He also said the team needed an effective forward

with Reagan Quigley graduating

ability, pace and strength as an

attacking player," Pittman said.

"We feel she is a dual threat with

her ability to face up and attack

defenders on the dribble or play

back to goal to help hold the ball

Washington Interscholastic Ath-

letic Association Athlete of the

Week in 2014 when she played for Mead Senior High School.

recorded 19 assists during her

nian recruites Pittman discussed in Wednesday's conference was

defender Crosby MacKinnon of

Cathedral Catholic High School in

play over a year ago at a tour-

nament in Las Vegas. She's can fly from box to box, defend and

attack, so she's a talented indi-

vidual that we're looking forward

Oceanside saw a lot of success

at Oceanside High School. Brust

scored 13 goals and recorded 16

assists in her high school career and won Defensive Player of

the Year in her league in 2013

Defensive recruit Rebecca

Buratto has previous ties to Idaho.

Her grandfather Steven and grand-

uncle Stan both played football for

depth at the center back role

as well as playing as a holding midfielder for us," Pittman said. "She's very good in the air and

a good athlete. There's a lot of

potential for her to bloom into a

"She has an ability to add some

the Vandals in the 1960s.

Defender Taylor Brust of

"She's a good, talented outside back," Pittman said. "I saw her

Chambers scored 24 goals and

The first of the five Califor-

Chambers was named the

up in possession."

high school career.

Del Mar.

to having."

and 2014.

and compete."

"Alex has excellent athletic

Recruiting players is a grueling challenge for schools across the country, and the women's soccer program at the University of Idaho is no exception.

The anticipation of the recruitment season for the Idaho women's soccer team came to fruition Wednesday, when the team announced the recruitment of seven high school players for the fall season.

Idaho coach Derek Pittman said in Wednesday's press conference that being able to recruit seven players boosts the team's confidence after the program earned the Big Sky regular-season title with an undefeated record of 9-0-1 in conference play.

"The exciting thing about recruiting these players is that we now have a championship under our belt," Pittman said. "It's exciting for our players and the recruits that we're attracting into our program that they can see that trophy. We're in a great position to go to the NCAA tournament year in and year out."

Last season, the Vandals were a penalty kick shootout away from winning the Big Sky postseason tournament over Northern Colorado.

"It was a little bit disappointing but at the same time we know that we're right on the verge," Pittman said. "This is exciting for recruits and young players to come and be a part of our program because that's where they ultimately want to be playing in the tournament."

Pittman said his association with Gonzaga was a pivotal factor in recruiting Spokane Shadow Soccer Club midfielder Morgan Crosby and forward Alex Chambers.

"I'm excited about those two players and their fan base," Pittman said. "Our group of fans will get behind them a lot being they are relatively local players."

Pittman, a former assistant coach at Gonzaga, said he has kept an eye on Crosby since she was in middle school.

"Morgan was one of the first players I went after when I got the head coaching job two years ago," Pitman said. "It was exciting that we were able to keep her close to home. She's going to do an excel-

'Taylor comes from one of the top club teams in the country," player that is an ab-Pittman said. "She plays at the solute blast to watch highest level and I see her ultiwhen on the ball," mately fitting in as a center back. With Amanda Pease as a senior and Kelly Dopke as a sophomore, we fully expect Taylor to come in

cruited to play for the Vandals was midfielder Malia Morales of Santa Barbara. Morales earned All-Channel League First Team honors the last two years and won the Player of the Year award from the Santa Barbara Athletic Round Table.



lent job for us on the field."

Crosby was an All-Greater Spokane League player for the last three straight seasons at University

quality player.'

Midfielder Myah Merino of San Marcos played for Carlsbad United and led the team to the USYSA Na-

"The first time I saw her play, she outworked every individual on the field and then some," Pittman said. "She leads

Luis Torres can be reached at arg-sports@uidaho.edu or on Twitter @TheLTFiles



Men's Tennis — @IdahoPubRadio



@vandalstennis opened the dual season with a 7-0 win over UC-Riverside today in Lewiston. "An

– coach Abid Akbar ideal start"

The official Idaho Public Radio Twitter accounts tweets about the men's tennis season opener victory against UC Riverside Jan. 31. The match was Abid Akbar's first as the

Vandals' head coach and the team swept UC Riverside 7-0.

Football — @JimKleinpeter

#LSU football scheduled to play @ldaho in 2020 @lsufball, @vandalfootball, @geauxtigers,

@vandalnation

— The Times-Picayune sports writer Jim Kleinpeter tweets about the Idaho football team scheduling the LSU Tigers as an opponent in 2020. The game will take place on Nov. 21 at Tiger Stadium in Baton Rouge, Louisiana. The Vandals will reportedly receive \$1.4 million for the matchup.

Men's Basketball — @VandalNation



The buzzer beater misses, Idaho wins 56-55! -The official account

of Vandal Nation tweets about the final play of Saturday's game between Portland State and Idaho. Viking junior guard Zach Gengler attempted a last-second 3-pointer, but junior forward Ty Egbert rushed forward to defend the shot for the Vandals. Gengler's shot bounced off the rim, giving Idaho the victory.

Women's Basketball — @Vandals-WBB



Vandals cruise to big win, tie school-record with 17 3FGM #RoadToReno

- The official account of Idaho Women's Basketball tweets about Idaho's 94-65 win against Portland State on Saturday. The Vandals tied a school record of 17 treys, led by freshman guard Taylor Pierce with four.

Football — @VandalNation

"I like coaches' kids and former players'



kids." – Paul Petrino on recruiting players with Vandal ties.

 The official account for Vandal Nation tweets a quote from coach Paul Petrino's press conference Wednesday afternoon. Petrino was discussing his recruitment of players with Vandal ties.

Women's Soccer — @VandalsSoccer



Pittman - "Really excited about the group as a whole... Excited to have this group of seven

players."

The official Twitter account of the Idaho's women's soccer team tweets about head coach Derek Pittman discussing his recruitment of five players from California and two from the Spokane area. Pittman served as the assistant coach at Gonzaga in Spokane before joining the Vandals as head coach in 2014.





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OPINION

PAGE 8

Signing day earns no applause

Signing day at Idaho is focused on wrong sport

On the Moscow campus, there are hundreds of university events to celebrate every year.

I consider myself lucky to attend a school with a diverse array of events that include music, writing and culture.

As a sports reporter for The Argonaut, I have been exposed to a number of athletics-related events and press conferences each week.

My most recent assignment dealt with national

signing day: a media shindig that is given all the pomp and circumstance of graduation itself, a fluff event to create positive press for the university and its athletic programs.

In all honesty, I have never been a "sports" person. As a student with a passion for music, I have always felt like an outsider looking in on sports culture.

Celebrating feats of the human body through athletic endeavors has never been my style. If I'd known in high school that I'd become a college sports reporter, I would have laughed.

Before I dive into this column,

I admit that being a student-athlete is difficult and often burdensome for a number of players.

As a full-time student with three jobs, I can empathize with the time management skills needed to make it through one week. I can't imagine adding

hours and hundreds of miles of travel to that schedule every month. However, I feel that signing

day is an event that overlooks some of the more deserving programs on campus.

Athletes are given scholarships for their participation in sports,

and signing day celebrates these scholarships and the athlete's decision to attend the University of Idaho. But if an elite program on campus gets overlooked because of

the prominence of another sport, then I believe it shouldn't exist.

Signing day always places more emphasis on the football recruits rather than the soccer signees. The football team has made improvements in recent years, as the team won four games during the 2015 football season. However, several off-field incidents put a damper on the season and created negative press for the team.

During Wednesday's press conference, Idaho football head coach Paul Petrino's press conference was packed full of reporters, while several more joined in via conference call. The head of the Vandal football program fielded questions from reporters for a half an hour.

VN

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Meanwhile, women's soccer head coach Derek Pittman was met by just a handful of reporters during his press conference, and expe-

rienced an awkward moment of silence from reporters just minutes into the event.

It's not as though the women's soccer program is something to be ignored.

The Vandal soccer team won the Big Sky Conference regular season championship with an undefeated record in conference play. Eight athletes were placed on all-conference teams at the end of the season, and freshman goalkeeper Amanda Poertner set a new program record with nine shutouts.

Junior midfielder Clara Gomez also set the Big Sky single-season record for assists with 13. The Vandals also recorded more goals, shutouts and assists than in previous years.

Of the 26 Idaho athletes who earned All-Academic honors in the Big Sky Conference, 10 of those were soccer players, proving just how tirelessly these women work in the classroom and on the field.

I understand that football is a more popular sport than women's soccer. But shouldn't success of any kind be celebrated, especially when those athletes are excelling both on the field and in the classroom?

I find signing day to be an overhyped event that focuses on the wrong programs on campus. Instead of heaping praise and media attention on the football program, maybe we could show the women's soccer team some well-deserved recognition.

> Tess Fox can be reached at arg-sports@uidaho.edu or on Twitter @tesstakesphotos

WOMEN'S BASKETBALL

Industrial guarding

Luis Torres Argonaut

The defensive determination of the men's basketball team proved to be a major key Thursday night as the team defeated Southern Utah 68-44 Thursday in Cedar City.

The victory marked Idaho's seventh road win and improves the team's record to 6-4 in the Big Sky Conference and 14-9 overall.

Despite playing without lead guards Perrion Callandret and Victor Sanders, the Vandals put on a strong offensive performance. Six different Vandal players scored at least eight points.

Senior guard Chris Sarbaugh ended the night with eight points and shot 4-5 from the field.

Sarbaugh led the Vandals in rebounds with six, as Idaho outrebounded Southern Utah 37-23.

Sophomore forward Arkadiy Mkrtychyan was also 4-5 from the field and provided 10 points for the Vandals.

Junior forward Ty Egbert continued to impress from the post position. Egbert led Idaho in scoring with 12 points while earned two blocks and four rebounds.

The game marks the third occasion

Freshman small forward Nick Blair played multiple positions and contributed 10 points, notching five rebounds and two assists.

Junior point guard Pat Ingram finished with three assists for Idaho.

The Vandal offense converted on several early scoring opportunities to take control of the contest. Sarbaugh's aggressive play gave Idaho an early 6-2 lead as the senior provided two consecutive layups.

The Thunderbird offense began to find consistency near the end of the first half when Idaho turned over the ball four times in a five-minute span. Idaho ended the half with seven turnovers, compared to Southern Utah's

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six. Southern Utah junior guard Juwan Major hit a jump shot to tie the game at 20-20 late in the period.

Sophomore guard Chad

Sherwood showcased his strong presence on the perimeter for the Vandals by draining two straight shots behind the arc. The conversions kept Idaho in front of the Thunderbirds as Idaho went into halftime with a 28-22 lead.

Reserve guards showcase talent at Cedar City, Idaho earns Big Sky win

The Vandals outrebounded Southern Utah 16-11 in the first twenty minutes of play. Senior forward Nahshon George collected four rebounds for Idaho during that span.

Idaho shot 52.2 percent (12-23) from the field while Southern Utah's troublesome early half kept them at 45 percent (9-20).

The Vandals would open the second half with a strong offensive run to pull away from the Thunderbirds.

Southern Utah faced a deficit of 20 points midway through the first half. The Thunderbirds were 1-7 from the field while Idaho was 8-13.

When the dust settled in Cedar City, Southern Utah's deficit was too much to overcome. The loss drops the Thunderbirds to 2-8 in Big Sky and 4-16 overall.

The Vandals' perimeter shooting was more efficient in the second half. Idaho shot 55.6 percent (15-27) from the field while the Thunderbirds faltered at 27.3 percent (6-22).

The Vandals will face Northern Arizona Saturday at 1 p.m. in Flagstaff. *Luis Torres*

SON FROM PAGE 6

Paul said he believes Mason will make his mark on the Vandal football program.

"Obviously he is my son and he will do great things here," Paul said. "I have no doubt in my mind."

Mason said that he does not know what major he will pursue in college, but the Vandal recruit told reporters he will be attempting to follow his father into a career as a football coach.

"It's kind of the Petrino thing to do is be football coaches," Mason said. "I always joke around with my dad and always say we drink Coke, we get history degrees in college and we're football coaches." *Josh Grissom*

can be reached at

arg-sports@uidaho.edu or on Twitter @GoshJrissom





that Egbert has scored over 10 points in his last five starts.

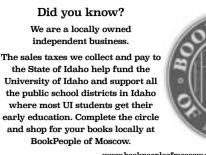
Sherwood ended the night with nine points, all from 3-point attempts.

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THE CUFF **QUICK TAKES ON LIFE FROM OUR EDITORS**

Signing day

I remember when I signed my national letter-of-intent to play college baseball in South Dakota as a high school senior. Congratulations to the newest additions to the Vandal family. – Josh

Unstoppable

I can do anything (with 10 hours of sleep). Nothing can slow me down (except below-50 temperatures).

– Hannah

Ice cream

Ben and Jerry's is now making dairy-free ice cream. So much for my new year's goals. - Tess

Mood change

As far back as I can remember, I've always wanted to date a dancer.

– Luis

Thought you should know

Snoop Dogg is apparently a voice option for TomTom GPS. - Jessica

How to feel renewed

Write. Hang out with friends who write. Take classes with friends who write. Write some more. Read.

– Lyndsie

Black Sabbath live

"I was born without you baby but my feelings were a little bit too strong."

– Jack

Groundhog Day

As much as I want it to be spring forever, consistently short winters are becoming an increasing concern. -Corrin

A head start on health

Students should start thinking about their health

≺oday is National Wear Red Day, which recognizes that heart disease is the No. 1 killer of women in the world.

Until recently, many people didn't know that heart disease was the leading cause of death for women, but according to the American Heart Association it kills one out of three women each year. Heart disease is the leading cause of death for men as well.

Most college students aren't concerned about heart disease just yet. This is understandable as the average college student is of an age where their body is at one of its strongest points. A good amount of students don't have to worry about suddenly going into cardiac arrest.

However, just because a majority of students don't have to worry about heart disease now doesn't mean students shouldn't prioritize their health. It's important for people to take care of themselves at any age, but in college it's easy for students to get distracted.

With the overwhelming responsibilities of college, it's easy for

students to forget to prioritize their health. In college, students can eat fast food all they want, get little sleep and forego exercise and they will still feel great, or at least be able to function, but that doesn't mean they won't pay for those decisions in the long run.

University of Idaho Campus Dietician Marissa Rudley said the decisions we make now will have an impact on us when we're older. If students take charge of their wellbeing now while they're young, they will reap the benefits when they get older. It's never too early to start making healthy choices, and it's not as hard as it seems. To start a more healthy lifestyle, all a student needs to do is explore the campus a little.

At UI, students have a ton of convenient



options to choose from to start taking care of themselves. Students have free access to the gym at the working out by signing up for an

Rudley is willing to meet with any student who wants to make their diet more nutritious as well. She, along with other employees and students, also teach cooking courses in the SRC that show students how to prepare healthy and affordable meals on their own.

Although partying and spending nights out on the town is fun, it's important to establish healthy habits to carry throughout life.

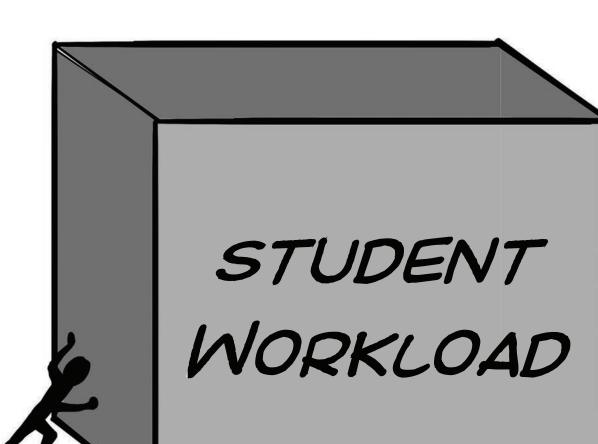
Students are in the prime of life right now, so they should take advantage of it and make sure they stay in their prime as long as they can.

– EB

Megan Hall

Argonaut

FEBRUARY 5





Student Recreation Center they can get academic credit for exercise class.

The key to healthy sex There's more to worr about than the awkward moments

When it comes to a healthy sex life, there is more to worry about than awkward moments or an unplanned pregnancy.

Half of all sexually active young people in the United States will get a sexually transmitted infection (STI) by the time they are 25, and most won't even know it.

According to the latest National College Health Assessment data for the University of

Idaho, 4.3 percent of sexually active students use condoms for oral sex, 48.7 percent for vaginal sex and 34.6 percent for anal sex. Using a barrier contraceptive, which includes the male condom, the female condom and the dental dam, is the only effective way to protect yourself from contracting an STI.

Many misconceptions get in the way of people properly protecting themselves. First, STI's do not discriminate. Everyone has the ability to contract one, curable or incurable. In fact, 20 million people in the U.S. contract an STI every year, not including the ones that aren't reported by the Centers for Disease Control and Prevention.

Second, you can't always tell if you or your partner has an STI. Many people are unaware that they have an STI because some don't show any noticeable symptoms. The only way to know for sure is to get tested and to make sure your partner has been tested as well.

Third, oral and anal sex are not safer than vaginal sex. STIs can be transmitted orally, especially if either person has an open sore

or bleeding gums. Unprotected anal sex also poses a STI risk. The anal cavity is comprised of permeable mucous membranes, which can provide an entry point for infection, and cuts or tears to the anal tissues can provide additional infection opportunities.

Not having sex is the only 100 percent effective way to prevent STIs. There are many things to consider before you choose to have

sex, so don't feel pressured to be sexu-

is your right to say yes. When you decide you are ready to be sexually active, you can lower your risk of getting STIs by limiting the number of people you have sex with and using proper protection every time.

You and your partner,

whether you are in a committed relationship or not, should have a conversation about your STI status and make sure you both have been tested before you have sex. It is safest to continue to use condoms

or dental dams correctly every time you have oral, vaginal or anal sex until you've both been tested, know your status and are in a mutually monogamous relationship.

It is also important to be honest with your healthcare provider about your sexual history so that he or she can provide you with the appropriate STI testing and prevention guidance. The Student Health Clinic on campus and other local clinics offer STI testing. Feel free to

There's more to worry

When it comes to a healthy sex life, there is more to worry about than awkward moments or an unplanned pregnancy.

stop by the Vandal Health Education Resource Room if you or a friend have any additional questions about safe sex, contraception and STI testing, or want free con-

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doms. Our peer health educators are happy to help you find the resources you need.

During Safe and Sexy Week, Feb. 8-12, we're bringing sexual health information to you. Stop by one of our events in the Idaho

Commons for free condoms, contraception and STI testing information and to talk to a peer educator. View the complete schedule at uidaho.edu/VandalHealthEd.

> Ashtin Mitchell is a peer health educator with Vandal Health Education. She can be reached at mitc9659@vandals.uidaho.edu

Spring time

Thursday was a beautiful sunshine filled day. But I wish there was still some snow. Our grasslands could use the extra water this coming fire season. - Claire

Poor health

I wonder what would happen if I set up an IV drip of 5 -Hour Energy.

– Jake

Red

Remember to wear red today for National Wear Red Day, which recognizes the impact heart disease has on women. - Erin

Celebrating

Happy birthday to the love of my life. A celebratory weekend is in store with an anniversary, too.

Katelvn

National Weatherman's Day

Today is the day we've all been waiting for.

- Austin

Need more hours

Busy weeks make us thankful for the days we get to lay around and complain about doing nothing.

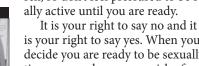
– Tea

Super Bowl

Trying to figure out how to have a Super Bowl party in a small dorm.







Empty seats

Despite athletic success, few students attend Vandal athletic events

Senior Christina Salvatore dribbles the ball down the court, the bounces echoing throughout the Cowan Spectrum.

The guard looks to her right and passes the ball to her teammate Taylor Pierce, who connects on a long range 3-pointer to increase the Vandal lead over rival Montana.

This impressive shot attempt is met with halfhearted clapping from a handful of fans scattered throughout the arena bleachers.

The Idaho women's basketball team is one of the premier programs in the Big Sky Conference, yet fans are noticeably lacking at games.

The women's basketball team is not the only program to experience the scenario.

During the fall semester, a half-empty Kibbie Dome consistently greeted out-of-state television audiences who tuned in to watch Vandal football on ESPN3.

On the pitch, the women's soccer program clinched the Big Sky regular-season title with an undefeated streak through conference play. But only a

small number of fans were in the stands to greet the team when the Vandals returned to Moscow for their following home match.

As a former college athlete and a proud Vandal, I'm sad to see the lack of student support for our university's athletic programs.

My brother attends college in Arizona and his university has fewer students than the University of Idaho. Yet, students on his campus consistently pack a sold-out arena to dance, chant and scream their team to victory.

As weekly videos of school spirit appear on my social media accounts, I am reminded that Vandal students don't possess the same fervor and spirit as other colleges across the country.

University athletics are an integral part of the college

> experience for any student pursuing a higher

education. Students can

take an hour or two of

their free time each week



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to funnel their energy and academic frustrations into supporting the

> teams on campus. Who doesn't love sports and all that they have to offer? Athletics provide entertainment value with unpredictable and thrilling play, as two teams battle it out to determine the superior program.

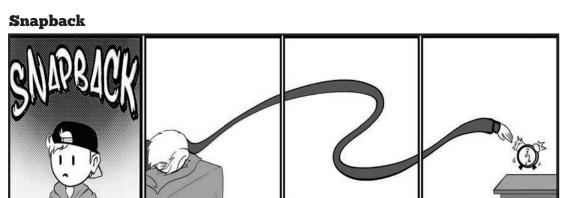
In addition, student-athletes on campus benefit from the visible support for their hard work and dedication to their sport. Imagine how an athlete must feel when he or she delivers an amazing performance and is greeted with empty seats and silence.

What's the harm in stopping by the arena once in a while to support your fellow Vandals? Even if you're not a sports fan, there are many opportunities to enjoy the atmosphere and

potentially earn free food or prizes during the game.

I highly recommend that students take some free time to explore this avenue. All Vandals have the opportunity to enjoy the atmosphere of college athletics and support the athletes who train year-round to be the best at their respective sports.

Josh Grissom can be reached at arg-opinion@uidaho.edu or on Twitter @GoshJrissom

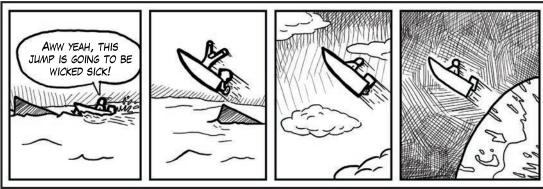


INDA SOBWER

Senka Black



Bad sense of humor





Samantha Brownell | Argonaut





Megan Hall | Argonaut

SPRING *get involved!* FAIR

WEDNESDAY, FEBRUARY 10

Idaho Commons CLEARWATER ROOM

11:00 AM – 2:00 PM



We welcome people from all backgrounds, orientations and abilities to participate. Should you require accommodation/services contact us. Department of Student Involvement www.uidaho.edu/getinvolved Commons 302