

THE ARGONAUT

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THE VANDAL VOICE SINCE 1898

Tuesday, February 9, 2016

GREEK LIFE



Erin Bamer | Argonaut

Executive Chef of Kappa Delta sorority Bashir Rahman prepares waffle sandwiches for dinner.

Setting the mood for the food

Kappa Delta house chef provides a quality taste of different cultures

Corrin Bond
Argonaut

It's late morning at the University of Idaho's Kappa Delta sorority house, where sunlight filters through large windows and the smell of hamburgers fills the air. From the kitchen comes the subtle sounds of chopping knives and the quiet sizzle of the grill.

Bashir Rahman, known throughout the house as Chef B, monitors the prep work in the kitchen as Foreigner's "Hot Blooded" plays in the background.

It's hamburger day, so of course, the music must be rock and roll.

Rahman, the executive chef of Kappa Delta who first began serving Greek houses 15 years ago, believes that the true dining experience isn't just about the food, but about the music too.

"If I'm bringing you something different from a different part of the world, I want you to feel that while you're eating it," Rahman said. "I want you to experience the food with

“

I literally bring Greek houses the world. It's not just cheeseburgers, but I bring them Asian food, Italian food, Middle Eastern, African, here at Delta.

Bashir Rahman,
executive chef of Kappa Delta

the music behind it, the culture, so you get the whole package.”

The chef, from Lincoln, Nebraska, by way of Chicago, first came to UI through Upper Crust, a company that caters to Greek houses.

Rahman said he not only enjoys cooking for the sorority members of the house, but that he also likes to expose students to as many different flavors as he possibly can.

“I literally bring Greek houses the world,”

Rahman said. “It's not just cheeseburgers, but I bring them Asian food, Italian food, Middle Eastern, African, here at Delta.”

Music, Rahman said, is an integral part of serving a good meal, too.

“That's the general reason to play music, to set the mood for the food, let you sit down and enjoy your food,” Rahman said. “With all the studying you guys do, when it's time for you to sit down and eat, you want to be able to enjoy it.”

When it comes to combining culture and music, Rahman, who grew up with a German mother and an African father, said his house was always full of both, and the practice of playing music while cooking developed as a natural habit over the years.

“I thought of it sort of like this — when I go into a Chinese restaurant, they're usually playing some Asian music,” Rahman said. “If I go into an Italian restaurant, they're playing Italian music. Over the years I've brought that with me, it feels culturally right to eat an Italian dish with some Italian music.”

SEE FOOD, PAGE 5

ASUI

UI says yes to free textbooks

UI partners with open source textbook program in effort to cut costs for students

Jessica Gee
Argonaut

In an effort to make college more affordable to students, the University of Idaho signed onto OpenStax, an open source textbook program, according to a memo released by UI Provost and Executive Vice President John Wiencek last week.

Annie Gaines, the UI Scholarly Communications librarian, said the program will allow students to access textbooks for free online. Gaines said she has worked toward an open-source textbook system since late last year, and the initiative finally took off once she got the go-ahead from Wiencek and UI President Chuck Staben.

“I met an OpenStax representative at a conference,” Gaines said. “It was presented to me as a potential solution to the extremely high cost of textbooks.”

She said OpenStax is a non-profit, grant-funded organization committed to lowering the amount of money spent on textbooks by offering free information online.

“Open-source textbooks take the idea of openly licensing work to make it freely available to anybody,” Gaines said. “We don't pay them any money and they don't pay us.”

She said the books are free on the internet, but students can also buy a hard copy if they wish. Gaines said the cost of the physical books are still affordable, as often students only pay the price to have the book printed — Gaines said the most expensive book she has seen was \$50.

Instructors at UI have the opportunity to contribute as an author to the OpenStax library as well, she said.

“This partnership really helps me to make these connections with faculty and streamline the process of getting them to consider using these textbooks for their courses,” Gaines said.

SEE TEXTBOOKS, PAGE 5

IDAHO

Idaho in good hands

WWAMI program aims to reshape medical education

Jessica Gee
Argonaut

Idaho's only medical school has received a fair amount of attention for the reforms and expansions it has recently made.

Dr. Jeffrey Seegmiller, director of the Washington, Wyoming, Alaska, Montana and Idaho (WWAMI) program, said this program gives Idaho students the opportunity to attend medical school without paying out-of-state tuition.

The University of Washington has partnered with these states in an attempt to offer affordable medical education to students who aren't Washington residents, Seegmiller said.

“It's great because the University of Washington is a top medical school ranked No. 1 in primary care,” Seegmiller said.

WWAMI has been expanding its number of seats for students, and Seegmiller said he hopes the legislature continues to fund and expand it until

they reach a total of 40 seats.

In addition to the expansions, Dr. Dustin Worth, WWAMI clinical medicine coordinator, said the program has also recently undergone a transformation to better educate medical students.

Worth said in the past students would learn basic science in Idaho and then complete their second year of medical school in Seattle, where they learned clinical aspects.

“This is the first year we have an integrated curriculum which combines the basic science and the clinical side from the beginning,” Worth said.

Seegmiller said reshaping this program has condensed two years of medical school into an 18-month model.

“For example, rather than have a separate class in anatomy and microbiology, they talk about clinical cases in class that involve both disciplines,” Seegmiller said.

This change means students spend less time in the classroom and more time doing homework outside of class and online, Seegmiller said.

SEE IDAHO, PAGE 5

INFRASTRUCTURE

More than a pretty space

‘Great Value Colleges’ lists UI as one of 35 most beautiful campuses

Ryan Locke
Argonaut

The University of Idaho was recently ranked No. 30 on Great Value Colleges' list of 35 Great Value Colleges with Beautiful Campuses.

Charles Zillinger, director of Landscape and Exterior Services, said it's an honor to be featured on this list, and he's glad this aspect of the university is getting attention.

“It is always an honor to be selected for any achievement, and for the campus to be noted for its landscape and outdoor activity potential is certainly a bonus for the U of I,” Zillinger said.

Zillinger said over the years, a lot of effort has been put into building and maintaining campus.

ASUI President Max Cowan said a campus that is aesthetically pleasing provides a real benefit to students. He said

there is plenty of evidence that attractive architecture and public spaces have a positive impact on student morale and helps the university's image.

Cowan said making a good first impression is key to attracting new students, and having an attractive campus is a big part of that.

“First impressions mean a lot,” Cowan said. “They change the way people interact with the university and with each other, and I think that making a strong first impression is vital to serving our students well.”

Zillinger said the Administration Lawn and the Academic Mall are two focal points of the university, and so receive dedicated maintenance and enhancements.

One of the most recent enhancements to the admin lawn are the Hello Walk Steps, built in 2011. He said the university has been working to replace aging stairs across campus to improve safety, ease of maintenance and beauty.

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OpenStax makes college more affordable for students. Read our view.

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SPRING GET INVOLVED FAIR

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Senate Meetings

ASUI SENATE MEETING

Business is conducted
and is open to the public!
Wednesday, Feb. 10 @ 7-8 pm
Commons Whitewater Room

CRUMBS

A Crumbs recipe



French toast sticks


Why make entire slices of French toast and have to drown them in syrup when you can make French toast sticks to dunk in syrup? This recipe is easy to make and even easier to eat.

Ingredients

- 8 slices thick cut Texas toast
- 4 eggs
- 1 cup heavy cream
- 2 1/2 teaspoons cinnamon
- 1 tablespoon sugar
- 1 tablespoon vanilla extract
- 2 tablespoons unsalted butter


Directions

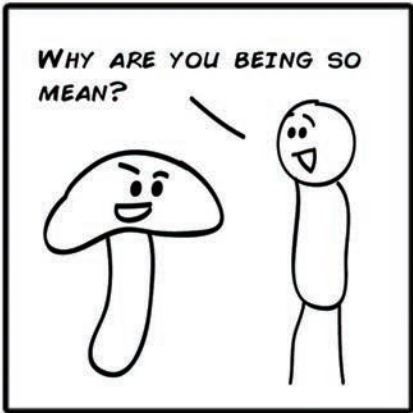
1. Cut Texas toast slices into four sticks each
2. In a large bowl mix together the eggs, heavy cream, cinnamon, sugar and vanilla
3. Dip each bread stick in mixture, coating both sides
4. Heat a large pan over medium heat and add butter
5. Once butter has melted place coated bread sticks in a single layer in the pan
6. Cook one side until golden brown, flip them over and cook until golden brown and crispy
7. Serve warm and with maple syrup




Jordan Hollingshead
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crumbs@uidaho.edu

Completely Unrelated







Karter Krasselt | Argonaut

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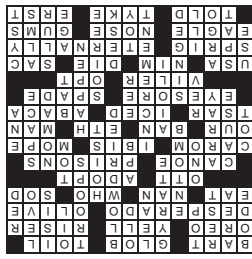
65 Part of a Happy Meal

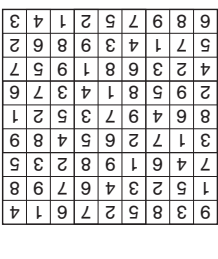
66 Ripen

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SUDOKU

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6					2		4	3





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Corrections

Find a mistake? Send an email to the editor.

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The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office at the Bruce Pitman Center on the third floor.

Editorial Policy

The opinion page is reserved as a forum of open thought, debate and expression of free speech regarding topics relevant to the University of Idaho community. Editorials are signed by the initials of the author. Editorials may not necessarily reflect the views of the university or its identities or the other members of the Editorial Board. Members of the Argonaut Editorial Board are Katelyn Hilsenbeck, editor-in-chief, Claire Whitley, managing editor, Erin Bamer, opinion editor, and Corrin Bond, Rawr editor.

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 COLLEGIATE MEMBER

 MEMBER



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CITY



Martin's Smokehouse owner Ken Austin works on payments Tuesday. The new restaurant is located at 115 E. 2nd St. in Moscow.

Yishan Chen | Argonaut

New to the barbecue business

Martin's Smokehouse offers a new flavor as old favorites disappear

Carly Scott
Argonaut

When entering Martin's Smokehouse, the welcoming smell of barbeque wafts out the door to greet you.

Martin's Smokehouse, is a relatively new feature of downtown Moscow. Owner Ken Austin said it has been open since Dec. 21.

Martin's Smokehouse isn't the only change on the block of Main Street and East Second Street downtown. Two doors down from Martin's used to be Last Frontier Pizza, which recently moved into the Old Moscow Hotel.

Around the corner, an empty storefront stands where long-time Moscow fixture New Hong Kong Cafe, used to be.

Above the bar at Martin's Smokehouse, there's an old newspaper article about the business that previously occupied the space: Martin's Auto Service, a family repair store that had been passed down through generations.

Austin said the dining room of Martin's Smokehouse used to be the showroom of the auto shop.

The newspaper ad, from 1989, details the quality of service from the auto shop, as well as the tradition of generations.

Austin said there was no better place to open the smokehouse. Austin, a long-time Moscow resident, is new to the restaurant business. Before owning Martin's Smokehouse, Austin was a contractor. After a drop in business, he and his partner decided to try something else.

"It sounded like fun," Austin said.

Austin said they often smoked fish and

other meat. He figured that as they became good at it, they might as well open a restaurant. He said it took a little over a year for them to do so.

Though the shift seems drastically different, Austin said he has been a barbecue connoisseur his whole life.

"We traveled the world and the country and (have) eaten at a lot of barbecue spots, especially down south," Austin said.

Austin claimed the best barbeque he has ever had was from the New Orleans area. Yet he said Martin's Smokehouse barbecue has a unique consistency.

"The way we smoke it, it's the same every time," Austin said. "We use the same wood every time, it's pellet-fed, there's no fossil fuels."

Rachel Downing, Martin's general manager, said her favorite dish is the ribs.

ARG

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Austin on the other hand said he has had his fill of barbeque for a while.

"I don't really have a favorite," Austin said. "Honestly I'm tired of it all. I've been eating it for the last year, trying new things."

Downing said she loves everything about working at Martin's Smokehouse.

"We've always got something cool going on," she said. "We fill up pretty big on the weekends. That makes things fun."

She said at Martin's, they serve good food, have a fun crew, and generally have a good time. Downing said that's not the best part for college students, though.

"Our biggest appeal is definitely \$3 PBR pitchers on Saturdays," Downing said.

Carly Scott can be reached at arg-news@uidaho.edu

FACULTY SENATE

Showing her practical side

Jodie Nicotra brings her English background to the table at Faculty Senate

Erin Bamer
Argonaut

When Jodie Nicotra was in college, she was a double major in English and biology, even though her first love was always English.

"My parents said, 'You need to do something practical,'" said Nicotra, now a University of Idaho English professor. "Well, of course biology is really no more practical than English is, but none of us knew that at the time."

Nicotra has been at UI since 2005, but this is her first year serving on Faculty Senate.

Nicotra said being an English professor impacts the issues she is interested in discussing. Since her department utilizes

video conferencing equipment in some distance classes, she was involved in the discussion on technology in classrooms led by Dan Ewart a few weeks ago.

She said she is glad to be a part of a group at UI that can bring important issues like these to a meaningful place.

As a professor of rhetoric and composition, Nicotra said she values supporting her ideas in these discussions with facts to back them up.

"I think it's important that when faculty bring forth potentially contentious topics that they really need to provide evidence and data for them," she said. "They can't just say, 'Oh, I feel like this would be a good thing to do.'"

Nicotra said some topics are more controversial than she expected. She was surprised by how much the topic of family leave was argued at recent Faculty Senate meetings, but acknowledged she was not a part of the initial discussions the previous academic year.

"That surprised me," she said. "Some issues are way more contentious than I think."

Yet Nicotra said she was pleasantly surprised by how open UI Provost and Executive Vice President John Wiencek seemed in past Faculty Senate meetings about university administration.

"There seems to be a new transparency to what's happening in upper administra-

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tion," she said.

Nicotra said she has enjoyed working on Faculty Senate so far and loves to see how seriously some faculty members take certain issues that she also puts value in.

"The good thing about shared governance at the university is that faculty from various departments bring a really on the ground perspective of what the needs of the university are," Nicotra said.

Erin Bamer can be reached at arg-news@uidaho.edu or on Twitter @ErinBamer

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CAMPUS

Questioning coverage

Campus Conversation
addresses Oregon militia

Austin Maas
Argonaut

Armed ranchers occupying the Malheur National Wildlife Refuge in Harney County, Oregon, have demanded the federal government cede its ownership of the refuge since Jan. 2. The occupation, which erupted in violence late last month, has sparked debate about the media's use of the word "terrorist," as well as treatment of various ethnic and religious groups by media and law enforcement.

This was the topic of the latest Campus Conversation event, attended by a handful of University of Idaho students, faculty and community members Jan. 29.

The event, led by Outreach Social Justice Coordinator Courtney Stoker, began with a mind-mapping exercise. Stoker said this was the first time they had started the event with a mind map and she believed it was an effective way to kick-start discussion.

"I think it gave us a chance to see what everybody's concerns were with such a big topic," Stoker said.

Attendees discussed similarities between this conflict and other protests that have occurred, including the fatal conflict on Ruby Ridge in 1992 and the Ferguson, Missouri protests of 2014.

Jake McGinnis, a UI graduate student, was invited to speak at the event.

"We have to question where there are parallels between various protests, and how it's racially coated," McGinnis said. "The first question is, 'How would this have been different if these guys weren't white?'"

Discussion during the event suggested that the attendees generally supported the movement but believed the tactics used were distracting and led to sensational-



Austin Maas | Argonaut

Courtney Stoker (right) led the discussion on media coverage of the Malheur National Wildlife Refuge at January's Campus Conversation.

ized headlines in the media.

"There was some good coverage," McGinnis said. "But then again, maybe there was too much coverage."

Interim Director of Student Involvement Shawn O'Neal said the tactics used by the Oregon militia, while mostly justifiable, were abnormal.

"Effective movements show the power they have without using violence," O'Neal said.

The radical nature of the movement and the representative demographic have drawn the attention of national news. Discussions during the event displayed varying opinions regarding media coverage related to this topic.

"I think general media outlets are doing a pretty good job," O'Neal said. "This is a uniquely western issue, and I think traditional media has done a good job educating people about it."

O'Neal suggested that the sensationalized material related to this topic may have originated from social media. He said a large portion of today's news is viewed via social media platforms — which anyone can contribute to.

"Any student is almost a producer of media — by the links they share, by the comments they make on Facebook and by the comments they leave on Twitter," O'Neal said.

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While social media may lead to unreliable material at times, Stoker seemed to suggest that the issue lies elsewhere.

"I think Shawn and I differ in our opinions on the media coverage just a little bit," Stoker said. "I think the media coverage for this issue has been very convoluted."

Stoker said she believes it isn't social media that has distracted from the issue at hand, but rather the demographic involved. She said she believes if this were a minority group protesting it would have received far less media coverage to begin with.

Stoker said it's important to have conversations, especially with

people you may not agree with.

"There are ways to talk to people you disagree with and have a legitimate discussion with coherent discourse about a topic, without resorting to anger or hatred," Stoker said. "One of the reasons we started the program was not necessarily to change people's minds on certain topics, but just to make sure they have all the facts before they form an opinion."

Stoker said Campus Conversations is a way to provide a platform for people to discuss uncomfortable topics when they don't necessarily feel able to do that.

Austin Maas can be reached at arg-news@uidaho.edu or on Twitter @austindmaas

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CAMPUS

Accessing technology

ITS Media Center provides
students with free technology
equipment rentals

Diamond Koloski
Argonaut

Tucked away in room 131 of the Idaho Commons, the ITS Media Center serves as a fairly unknown student resource.

The center allows students and faculty to check out various forms of technology for use in classes or class projects.

Lee Cantrell, media center supervisor, believes more students would take advantage of the system if they knew it was there.

"This is a really great resource for students and faculty, but a lot of people don't even know we exist," Cantrell said.

He said students can check out equipment by providing an authorization form signed by a teacher, while staff and faculty have to provide a budget

number in order to cover lost or damaged equipment, and ensure it is used for university functions.

The center provides short-term audiovisual equipment, as well as services to process video and change formats.

Cantrell said the most popular item students check out are the cameras, but they also have many other items.

A few of those items include projectors, projector screens, audio outputs, adapters of many sorts and laptop computers.

The standard checkout period is three days, but Cantrell said they work with students who may need items for a longer period of time.

Journalism and Mass Media professor Justin Barnes said he used the media center as a graduate student, and now recommends his students take advantage of the service.

"A big part of the reason I like those guys so much is when there is something I don't have, they can provide it," Barnes said. "Or if I want to buy some-

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thing, I'll go ask them about the general costs and where I can buy it, and they point me in the right direction."

Barnes also said he tells members of the Advertising Team, which he advises, about the services available through ITS media center.

"I tell my students, 'Hey, if you don't have this, you can go over to the ITS media center to check the devices or cords out, and use them as a resource,'" Barnes said. "I think just letting them know that it's there is pretty helpful."

He said he's noticed that students with Mac laptops especially appreciate the attachments available to plug in their computers to classroom systems and projectors, even in classes that may only have PC capabilities.

Cantrell said he hopes that once more people know about this program, more people will take advantage of it.

Diamond Koloski can be reached at arg-news@uidaho.edu or on Twitter @diamond_uidaho

RAWR

HEAR THE ROAR. FRIDAY. INSIDE THE ARGONAUT.

FOOD

FROM PAGE 1

Andrea Rupe, Upper Crust sous chef, said not only is Rahman a great cook, but he also values his staff.

“Chef B is the best boss I’ve ever had,” Rupe said. “He barely knew me when he started working here, but he saw I was a hard worker, he sees that I’m a valued employee.”

Rupe said before Rahman arrived, the food wasn’t as good and the chefs received fewer breaks. Now, she said the food is easier to prepare, but tastes better and the overall environment of the kitchen has changed in a positive way.

Rupe said she appreciates the changes Rahman has made to the kitchen as well as the ways in which he supports his staff and encourages other

chefs to grow in their culinary practices.

“I’ve gained more knowledge since working with him,” Rupe said. “He’s pushed me to do things I didn’t think I could and he’s pushed me to grow more in my career as a chef.”

Rahman has had about 30 years of culinary experience and said that although he’s worked for restaurants and hotels in the past, he values being able to provide students with tasty and nutritious meals.

“I’ve done restaurants and hotels, but I’m really a fan of the home cooking,” Rahman said. “The thing I like about being a father and having children in school is I know it’s important for the food to be good — when you’re full, you study well.”

The father of three said he is



an advocate of children pursuing higher education and is happy to be helping students grow and fuel their studies.

“I like cooking for the Greek houses because I’m cooking for the future of America,” Rahman said. “I’m very big on education, so why not be involved with it in some way?”

Rahman said he might not be a professor or work as an administrator, but he does enjoy that he is still able to mentor and encourage students to pursue culinary arts while also providing them with nutritious meals.

“That’s what I get out of it,” Rahman said. “The satisfaction of knowing I can help someone in a positive manner.”

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TEXTBOOKS

FROM PAGE 1

She said she has worked with faculty and students to get on board with the initiative. She said ASUI President Max Cowan is one of her biggest supporters.

“This agreement with OpenStax has the potential to save students hundreds of dollars on textbooks,” Cowan said. “Both students and faculty could benefit immensely if we start using open textbooks.”

Cowan said ASUI launched an online petition for open textbooks earlier this semester, which he said hopes inspires faculty to use the new resource.

Gaines said faculty can customize the open textbooks to include the content they plan to cover in a course.

“Big publishers are making textbooks for a very wide audience, so they are pretty generic,” Gaines said. “With open textbooks you



can put in the exact content that will be used in the course.”

Even though there are only 19 books online, Gaines said there are other organizations like OpenStax that provide free textbooks.

She said the next step is getting faculty members to use the free textbooks, which may prove to be difficult.

“I am planning on doing a couple of workshops in the next year to broach the topic and raise awareness to show faculty how easy it is,” Gaines said.

Once instructors start using these textbooks, she said, students will be able to utilize the new system to its full potential.

“Textbooks are such a large out-of-pocket expense that sometimes the choice is between groceries or textbooks,” Gaines said. “I would rather our students not have to make that choice.”

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SPACE

FROM PAGE 1

Zillinger said many landscaping projects are less noticeable, but no less important — for example, the university is working on upgrading the roughly 50-year-old irrigation system on admin lawn.

He said this project, completed in phases over the last six years, is slated to be completed this summer. He said this will allow for more efficient use of water, while also keeping the admin lawn lush and attractive.

Zillinger said on the Academic Mall, the courtyard between Brink and Phinney Halls was recently redone. A decade ago, the space that is now a courtyard was a small parking lot. Though various construction projects on the nearby buildings delayed its completion until 2015, today Brink and Phinney Halls have a landscaped courtyard, which will also be visible from the soon-to-be completed Integrated Research and Innovation Center (IRIC) next door.

Zillinger said new landscaping is also planned for the IRIC, including a green roof section on the building and a landscaped water retention area on the grounds.

Zillinger said various studies show that an attractive campus landscape can be a determining factor for students and faculty when deciding where to study or work, and he hopes that appearing on this list will bring positive attention to the university.

“My hope is that this rating will be read by many students and their families when they are making a decision on which school to attend, and

“

My hope is that this rating will be read by many students and their families when they are making a decision on which school to attend, and this ranking may help induce more students to attend the UI.

Charles Zillinger, director of Landscape and Exterior Services

this ranking may help induce more students to attend the UI,” he said.

Cowan said that while having a beautiful campus is a nice point of discussion, UI is more than just a pretty place — it also provides a superior quality of education.

Cowan said the university is a vibrant community, an affordable place to study, an institution with a mission to ensure every student has access to a quality education, and a place that provides one of the best educations in the region.

“It really sends the message that we’re an institution of higher learning who takes our land grant mission in this state seriously, who recognize our importance and our history, and all of that, I think, greatly improves the quality of the student experience here at the University of Idaho,” Cowan said.

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IDAHO

FROM PAGE 1

“Students used to have to sit in class from six to eight hours a day and hope that they remember what their instructor taught,” Seegmiller said. “Now they come to class for four hours a day with maybe an hour of lecture and then three hours of case-based, small group learning.”

Seegmiller said he is convinced this is the way medical education should be carried out.

“Looking at the educational research,” Seegmiller said, “Learning retention and the outcomes are better.”

In the beginning of this reform, Seegmiller said there were a lot of skeptics about this change in curriculum, but eventually faculty and students came to see the benefits.

“To watch a faculty member that’s an expert teacher completely reinvent what they do and teach differently has been very rewarding,” Seegmiller said. “Now I have faculty come in and tell me they wouldn’t do it any other way.”

Marlane Martonick, WWAMI program manager, said medical school graduates often want to return to Idaho to practice.



“Our rate of return is 51 percent for just the Idaho students who come back,” Martonick said. “When adding the group of students from other states in the WWAMI program with Idaho students that come back to Idaho, that number goes up to 75 percent.”

Yet Worth said at times there aren’t enough Idaho residency programs offered to medical school graduates.

“This is a rural state, so we’re especially looking for people interested in practicing rural medicine,” Worth said. “Usually hospitals offer residency programs, but the biggest challenge is funding for them, which is done through federal government programs.”

Worth said Idaho is nationally-ranked low for physicians per capita, and said the number of residency programs may take a toll on that number.

“The more residency spots we offer in Idaho, the easier it will be for us to keep physicians in Idaho,” Worth said. “WWAMI doesn’t have a direct role in increasing residency spots, but I think it’s important for the students that we’re training.”

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SPORTS



Men's basketball falls at the buzzer against Northern Arizona

PAGE 8

WOMEN'S BASKETBALL



Senior post Ali Forde dodges Northern Arizona's Alyssa Rader at the Cowan Spectrum Saturday.

Alex Brizee | Argonaut

Confident Vandals cruise to victory

Shooting woes cannot stop Idaho from winning fourth straight

Luis Torres
Argonaut

Averaging over 90 points per game has become the norm in the last three games, resulting in victories for the Idaho women's basketball team.

The Vandals failed to hit that offensive mark Saturday, as solid defensive play from Northern Arizona held the Vandals under 80 points.

But the end result remained the same, as the Vandals earned a season sweep of Northern Arizona with a 76-59 victory at the Cowan Spectrum.

The victory marks Idaho's fourth straight conference win as the team improves to 9-2 in Big Sky Conference play and 17-6 on the season.

Idaho coach Jon Newlee said despite some offensive stutters, he liked the team's effort on both ends of the court.

"Defensively, after the first five minutes, we did a great job on executing the game plan," Newlee said. "Everyone is helping each other and playing good defense, which gets our offense going."

Four Vandal players finished the night

“

Defensively, after the first five minutes, we did a great job on executing the game plan.

Jon Newlee, coach

in double figures. Freshman guard Mikayla Ferenz led the Vandals with a career-high 25 points that included five treys.

Out of the five 3-pointers, Ferenz beat the buzzer for two of those shots. The first came in the second quarter as Ferenz sunk a shot from the wing, while the second came from the top of the key in the third quarter.

"Mikayla really came in and jump started the offense," Newlee said. "Once she knocked her first three, her confidence level was back where it should be. She attacked the rim hard and finished while being really active on both ends."

Ferenz credited her teammates for giving her open opportunities on the court.

"It felt really good," Ferenz said. "Ali (Forde) in the second quarter and Christina (Salvatore) in the third found me at the end of each play."

Ferenz said that Northern Arizona's pressure on seniors Ali Forde and Christina Salvatore often left other teammates open.

"The teams just worry so much about Christina and Ali because they're so good," Ferenz said. "With that in mind, I find myself being open a lot when making those shots."

Despite five treys from Ferenz, Idaho only converted 33 percent (9-of-27) of its 3-pointers Saturday. The Lumberjacks ended the game with a 60 percent (9-of-15) shooting percentage from behind the arc.

Newlee said he was not concerned with the team's shot selection early in the game.

"Even if the shots weren't falling, they were still good shots," Newlee said. "It's when we have good looks in our shot selections that were forced is where it can go bad for us. People got to keep the confidence level up and I saw that in the second half."

In the fourth quarter, Idaho shot 62.5 percent (10-of-16) from the field while the Lumberjacks struggled shooting the ball. Northern Arizona ended the quarter shooting 33.3 percent.

Salvatore finished the game with five assists and 12 points, while Forde earned her 18th career double-double. Forde contributed 15 points and led Idaho with 12 rebounds.

Reserve stands out

Ferenz's role with Vandals grows as team approaches postseason tourney

Josh Grissom
Argonaut

Freshman guard Mikayla Ferenz sprinted down the court, trailing teammate Christina Salvatore, who was leading the fast break offense for the Vandals.

As several Northern Arizona defenders met Salvatore, the senior swiveled and passed the ball back to Ferenz. The freshman caught the ball and immediately set her feet for the deep-range shot in a fluid motion — eerily reminiscent of Golden State Warriors guard Stephen Curry.

The shot found the net and gave the Vandals a 49-40 lead in the third quarter of Saturday's game. The 3-pointer prompted the Idaho bench to jump up in celebration, with many of Ferenz's teammates holding outstretched arms, hands forming the "three" symbol.

While the 5-foot-10-inch guard from Walla Walla may not look like the reigning NBA MVP, Ferenz was hitting shots like the superstar Saturday afternoon at the Cowan Spectrum.

The Vandal freshman posted a career-high 25 points and went 9-16 from the field to lead Idaho to a 76-59 win over Northern Arizona.

"It felt really good," Ferenz said. "But all the credit to my coaches and my teammates, they found me open."

Ferenz converted on 50 percent of her 3-point attempts and collected five rebounds to spark the Vandal offense in the matchup.

VN

For more sports content, visit thevandalnation.com

Throughout the season, Ferenz has solidified her role as one of the leading reserve players for the Vandals. The guard averages 7.6 points per game and has contributed a total of 174 points this season for Idaho.

Senior forward Ali Forde said that Ferenz made an immediate impact for the Vandals during her first practices with the team.

"Man, I love watching this girl play," Forde said. "She's always on balance when she catches the ball."

Forde said one of the reasons why Ferenz has so much success at the collegiate level is because of her moves on the perimeter.

"The shot fake, one-step and dribble to the side," Forde said. "And she drains those 3-pointers. It's awesome to watch, especially with her as a freshman."

With the Vandals poised to make a run at the top seed in the Big Sky Conference tournament next month, the presence of Ferenz on the court will play a key role in the team's success during the final stretch of the season.

In Idaho's previous three games, the team averaged 93.6 points per game.

But at the start of Saturday's matchup, the team struggled to find the net. The Vandals trailed 17-9 at one point in the first quarter.

While the Vandal starters were slow to find the hoop, Ferenz stepped up and sparked the Idaho offense with seven points in the first 10 minutes of play.

The offensive presence of reserve players will play a key role for the Vandals as the team prepares for the postseason tournament in March. If offensive production on the court is low, the depth of the Idaho bench will allow the Vandals to compete down the stretch.

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TRACK & FIELD

Vandals wrap up Cougar Indoor

Vandals use weekend event as stepping-stone to conference championship

Mihaela Karst
Argonaut

With only one competition left until the Big Sky Championships next month, the Idaho track and field team traveled to Pullman over the weekend to compete in the Cougar Indoor against athletes from Washington State.

The Vandals finished the meet with fifteen personal records.

“I thought we competed great today,” Idaho head coach Tim Cawley said. “There were quite a few (personal records) today and that is always what you’re trying to do.”

On the women’s side of competition, 10 Vandals finished in the top 10 of their respective events.

In the 200-meter dash, the Vandals snatched the top two spots, with redshirt sophomore Meghan Palesch taking first with a time of 26.18 seconds and junior Andrea Pikes finishing second with a time of 26.27 seconds.

Pikes also finished fifth in the 60-meter dash with a time of 7.88 seconds.

Idaho junior Kolcie Bates had another successful weekend, finishing third in the shot put with a throw of 12.48 meters. The distance marks a personal record for the athlete.

Bates also had a sixth place finish in the weight throw with a distance of 13.65 meters.

On the men’s side of competition, two freshmen set personal records.

Drew Schultz finished the mile run in 4:22.58, which was good enough for a seventh place finish.



Spencer Farrin | Courtesy

Redshirt senior Matt Sullivan attempts a vault during Saturday’s competition. Sullivan won the pole vault with a height of 5.00 meters.

Dwain Stucker completed the 3000-meter run in 8:54.5 to earn a fourth place finish.

In the 60-meter dash, senior Ben Ayesu-Attah finished second with a time of 6.99 seconds and senior Jesse Villines finished fifth with a time of 7.02 seconds.

Idaho redshirt senior Matt Sullivan cleared five meters to earn first place in the pole vault.

Two Vandals collected personal records in the shot put over the weekend. Junior Juan Medina’s mark of 15.30 meters was far enough for fourth place, while

freshman Quinn Mitchell finished eighth with a mark of 14.59 meters.

“I thought we came out fresh,” Cawley said. “Our team was crisp over the two days and I really feel our team is clicking at the right time.”

The track and field team will

travel to Seattle to compete in the Husky Classic Friday through Sunday. The Husky Classic will serve as the team’s last meet before the Big Sky Championships in Bozeman.

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MEN’S TENNIS

Portland extends winning streak

Portland sweeps men’s tennis, Vandals face first spring loss

Luis Torres
Argonaut

When the Idaho men’s tennis program opened the spring season with a sweep of UC-Riverside, it seemed as though the Vandals would carry that momentum into its next meeting.

Portland had other plans Saturday afternoon.

The Pilots swept Idaho 7-0 Saturday at the Louisiana-Pacific Center in Portland, dropping Idaho’s spring season record to 1-1.

The victory marks the Pilots’ second win of the week and improves the program’s record to 3-3.

Portland coach Aaron Goss praised Idaho’s competitiveness and said he was surprised that his team did not give up a set win.

“We definitely respect Idaho,” Goss said. “They are always talented and we usually have close, competitive matches. I think our guys were ready to go today.”

Brazilian sophomore Felipe Fonseca was the only Vandal to allow a Pilot player to contest a set win above six points. Pilot sophomore Mathieu Garcia eventually claimed the win over Fonseca 7-5, 7-6.

It was Garcia’s game that clinched the victory for the pilots.

Idaho freshman Artem Vasheshnikov stayed competitive in his match with sophomore Pierre Garcia, as he lost in two sets at 6-4, 6-4.

Although the Vandals did not score a team point, Idaho’s Fonseca and Hungarian senior Odon Barta snatched a win in doubles with a 7-5 victory over senior

Kent Andreasen and freshman Carlos Donat. It was the Vandals’ only win on the day against the Pilots.

The game’s deciding point occurred when Garcia and sophomore Michail Pervolarakis defeated Vasheshnikov and senior Jackson Varney 6-4.

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Vandals overpower Redhawks

Idaho men’s tennis rebounds with road win in Seattle

Josh Grissom
Argonaut

The Idaho men’s tennis program ended a weekend road trip with a commanding 6-1 victory over Seattle University Sunday. After falling to Portland 7-0 the previous day, the Vandals responded with strong performances from the entire roster.

The Vandals (2-1 spring season) earned the doubles point and took five of six singles matches to claim the victory over the Western Athletic Conference opponent.

“Idaho is a very good team,” Seattle head coach Adam Reeb said. “They came out strong in doubles and never really relinquished control of the match.”

The Vandals began play by claiming two of the three doubles matches against the Redhawks.

To begin doubles play, freshman Artem Vasheshnikov and senior Jackson Varney earned a 6-2 victory over Seattle pair Matt Alderson and Tanner Berkabile.

Senior Odon Barta and sophomore

Felipe Fonseca defeated Redhawk duo John Stormans and Connor Leahy 6-3 to claim the corresponding doubles point.

On the singles court, Barta led the Vandals by claiming the No. 1 court match against Ian Clare 7-5, 6-2.

On the No. 2 court, Fonseca defeated Stormans 6-3, 6-1 to provide the Vandals with immediate momentum in the matchup and stretch the lead to 2-0.

Vasheshnikov and Varney both defeated their respective opponents in two sets, with Varney’s match ultimately claiming the victory for the Vandals.

Freshman Lucas Coutinho needed three sets to defeat Tanner Berkabile in a tight contest 7-6, 6-7, 10-7.

Leahy claimed the lone point for Seattle with a 6-1, 6-2 victory over Idaho freshman Peter Shin.

The Vandals are scheduled to face both Lewis-Clark State College and Whitman in Lewiston Saturday.

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Sports briefs

Idaho women's tennis clinches wins over Whitman and Lewis-Clark Sunday

The Idaho women’s tennis team earned consecutive 6-1 wins on Sunday against Whitman and Lewis-Clark State College (LCSC) in Walla Walla.

The Vandals claimed victories in 10 of the 12 singles matches.

Senior Rita Bermudez, freshman Marianna Petrei, senior Belen Barcenilla and freshman Maria Tavares all contributed in doubles play

as the Vandals earned both points against the two opponents.

On the No. 5 court, Bermudez earned a 6-1, 6-1 singles win against Lewis-Clark’s Hanna Uhlenkott. The senior also clinched a 6-1, 6-2 victory over Whitman’s Allie Wallin later in the day.

Tavares took down her Whitman opponent with a 6-2, 6-0 victory in singles play on the No. 2 court. The freshman also earned a 6-1, 6-1 singles victory over her LCSC opponent.

Junior Claire Yang won consecutive matches in singles play on the No. 6 court to propel the Vandals to the commanding win.

Idaho will travel to Las Vegas Friday to take on Youngstown State.



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MEN'S BASKETBALL

Lumberjacks topple Vandals

Men's basketball falls on the road, last-second heave misses mark

Josh Grissom
Argonaut

For the fifth time in seven games, an Idaho men's basketball matchup came down to the final possession.

A last-second heave from half court for the Vandals missed the basket Saturday afternoon, giving Northern Arizona a 72-70 victory in Flagstaff.

The loss drops the Vandals to 6-5 in Big Sky Conference play, while the Lumberjacks claimed their second conference matchup.

"Credit to Northern Arizona, but I didn't think we were tough enough tonight," Idaho head coach Don Verlin said. "I thought they were able to do some things that we were trying to prevent tonight."

Northern Arizona (4-18 overall, 2-9 Big Sky) began the game with a cold shooting streak, converting two of its first 14 shots from the field. The Vandals (14-10 overall, 6-5 Big Sky) took advantage of two blocks from freshman Nick Blair to grab a 16-8 lead over the Lumberjacks.

Northern Arizona responded with a 10-0 run to regain momentum and enter halftime with a 34-32 lead.

Junior forward Ty Egbert led the Vandals in the first half with 8 points and four rebounds. Freshman strong forward Nick Blair contributed another six points while redshirt freshman power forward Nate Sherwood collected six rebounds.

Freshman guard Mike Green led the Lumberjacks in the first twenty minutes of the game with 12 points on 4-8 shooting, while freshman forward Corey Brown tallied six rebounds.

Late in the second half, Northern Arizona utilized a 9-0 run to take a 66-59 lead over Idaho with three and a half minutes to play.

With 57 seconds remaining in the game, sophomore forward Jordan Scott converted on a put-back attempt to cut the Lumberjacks' lead to 69-67.

On the ensuing possession, Idaho sophomore guard Chad Sherwood earned a foul with 32.4 seconds left as he attempted to fight through a screen. The foul was his fifth of the



Nick Canada | Courtesy

Northern Arizona guard Mike Green attempts to drive past Idaho guard Chad Sherwood in Saturday's game. The Lumberjacks claimed a 72-70 victory over the Vandals when Idaho guard Pat Ingram's shot from half court missed the basket at the buzzer.

game and sent junior guard Kris Yanku to the free throw line for two shots.

Yanku converted on only one of the two attempts, but junior point guard Pat Ingram turned the ball over on the following possession for the Vandals.

Nate Sherwood responded with a pivotal block on the resulting breakaway to prevent the Lumberjacks from scoring, but the Vandals were forced to foul, sending junior center Ako Kaluna to the charity stripe.

Kaluna made one of the two free throws to stretch the Northern Arizona lead to 71-67.

Idaho responded with an offensive push on the other end of the court.

Sophomore Arkadiy Mkrtchyan was fouled and hit a short-range shot with 3.8 seconds left in the game. The forward converted the free throw to cut the deficit to 71-70.

Idaho immediately fouled Northern Arizona upon inbounding, sending freshman guard Torry Johnson to the free throw line with 3.0 seconds in the game.

The first attempt rattled off the rim, but the Lumberjack freshman sank the second shot to extend the lead to 72-70.

Ingram received the inbounds pass for the Vandals and attempted a half-court shot as time

VN
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expired, but the ball clanked off the backboard, sealing the win for Northern Arizona.

"I thought that we turned them over, and our defense was good in that regard," Northern Arizona coach Jack Murphy said.

The third-year Lumberjacks coach credited his players for fighting through a mismatch in size against Idaho's roster.

"We were playing very small against one of the biggest and one of the most physical teams in the league," Murphy said.

Mkrtchyan finished the game with 15 points and six rebounds for Idaho. Nate Sherwood recorded a double-double with 10 points

and 10 rebounds.

Green finished with 17 points for the Lumberjacks, while Yanku went 12-15 from the free throw line to lead Northern Arizona to the win.

"We didn't do a good enough job of sealing our gaps," Verlin said. "We didn't do a good enough job of defending without fouling. We didn't do a good enough job of rebounding."

The Vandals return to the Cowan Spectrum to face Northern Colorado Thursday at 7 p.m. in Moscow.

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CONFIDENT

FROM PAGE 6

Forde's physical defense posed problems for Lumberjack center Alyssa Rader. The Lumberjack freshman had difficulty offensively and finished the game with two points.

Before Saturday's matchup, Rader averaged 14 points per game.

Forde said the Idaho coaching staff did a great job on scouting Rader before Saturday's game.

"I knew all of Alyssa's moves that she had coming at me and I played her well," Forde said. "She's a great player and if we could get her into foul trouble early that would be good for our team."

Newlee said part of his game plan was to have several players contain Rader.

"They took advantage of the game plan and made a couple of quick threes on us," Newlee said. "From there I said Ali can take Rader. I let her go one-on-one and everyone else starts filtering out to the three-point line."

With seven regular season games left, Idaho will be back on the road this week. The team faces Northern Colorado at 6 p.m. Thursday in Greeley, Colorado.

Forde said the team's effort is critical during the final weeks of conference play.

"This is the time of year where people are starting to get tired and we've done a great job on hustling," Forde said. "We've been having a lot of slow starts lately, so we still need to focus on playing 40 minutes of basketball."

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Athletes of the week

Nate Sherwood – Men's Basketball

Although the Vandals fell to Northern Arizona on the road Saturday, redshirt freshman Nate Sherwood recorded his first career double-double. The forward finished the game with 10 points and a career high 10 rebounds. In Thursday's game against Southern Utah, Sherwood contributed 9 points in the Vandal victory.



Sherwood

Mikayla Ferenz – Women's Basketball

Freshman Mikayla Ferenz proved to be a key contributor in the two women's home basketball games last week. In Thursday's game against Southern Utah, Ferenz posted 14 points and finished the game as the third highest scorer overall. In Saturday's game against North-



Ferenz

ern Arizona, Ferenz had a career-high 25 points off the bench to lead Idaho to a 76-59 win over the Lumberjacks.

Lucia Badillos – Women's Tennis

Sophomore Lucia Badillos was a standout on the tennis court this weekend as the Vandals women's tennis program faced Northern Arizona on the road. Badillos went up against Northern Arizona's Sara Brown on the singles court and won 6-3, 1-6, 10-7. Despite the team point from Badillos, the Vandals fell to the Lumberjacks 4-3.



Badillos

Cara Jernigan – Swim and Dive

Sophomore Cara Jernigan brought home a first place finish in the 200-meter breaststroke from Flagstaff with a time of 2:38.69. The swim and dive team also fell short against the Lumberjacks this weekend, as Northern Arizona earned a 169.5-102.5 victory in conference competition. The Vandals will travel to Houston Feb. 24-28 to compete in the



Jernigan

WAC Championships.

Felipe Fonseca - Men's Tennis

Sophomore Felipe Fonseca helped the Idaho men's tennis team rebound from a loss to Portland by providing wins on both the singles and doubles court Sunday. The Brazilian combined with senior Odon Barta to defeat Seattle duo John Stormans and Connor Leahy 6-3. On the No. 2 court of singles play, Fonseca earned a 6-3, 6-1 victory over Stormans to claim a point for the Vandals in the team's 6-1 win over the Redhawks.



Fonseca

Ben Ayesu-Attah - Track and Field

Senior sprinter Ben Ayesu-Attah led the Vandal track and field team at the Cougar Indoor this weekend with a personal record. The senior finished the 60m dash with a time of 6.99 seconds. The time earned Ayesu-Attah a second place finish and a new personal best in the event.



Ayesu-Attah

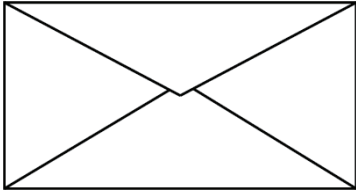


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OUR VIEW

Signing to save

UI is taking a step in the right direction by moving forward on with OpenStax

The life of a college student is one of never ending fees. From tuition to lab fees, parking passes to health insurance, a student's bill only seems to increase with each new semester. Fortunately, the University of Idaho's recent decision to sign on with OpenStax, an open source textbook system, will help students save money on a necessary, but overpriced, college tool — textbooks. The free platform not only provides free online versions of textbooks, but it also allows faculty to select chapters and topics from peer-reviewed curriculum to create textbooks that are customized to fit their course objectives. Although currently the program would only provide textbooks for first and second-year science and math courses, this is still a tremendous step toward alleviating some of the financial stressors placed on students. Introductory level courses are taken by a large

number of students each semester — and have infamously high book prices — which could lead to a large impact. After paying for tuition, housing and groceries or a meal plan, many students don't have any money left in their budget to buy textbooks every semester. A single textbook alone can cost \$200, and for students with full course loads, the money they put toward textbooks could easily cover months' worth of rent or other living expenses. As a result, some students take a chance and decide to not buy textbooks at all. While textbooks might not be crucial for some upper division classes that are more seminar-based, it's important that first and second-year students are able to tap into as many resources as they possibly can to build a strong foundation for their college career. A first-year student who barely has enough money to feed themselves is going to spend what little money they have to try to get by rather than on textbooks, leaving them disadvantaged in the classroom. While the OpenStax program doesn't



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mean free textbooks for every student all of the time, it is a huge step forward for the university. UI is among a handful of other colleges who are taking steps toward providing free online textbooks to their students. The fact that UI is taking this step, while other universities have yet to enact something like it, shows that the university is doing what it can to adapt to the needs of its students. For those who don't enjoy or aren't able to read PDFs off of a screen, physical copies of the textbooks available through OpenStax can be printed and bound at the VandalStore. The cost of a printed textbook from OpenStax is about \$40, which is far less expensive than the hundreds of dollars that physical copies of textbooks can sometimes be. Similar to eBooks or renting textbooks through companies like Amazon and Chegg, OpenStax falls into the category of inexpensive alternative textbook sources. While it won't eliminate the cost of textbooks entirely, it's definitely a step in the right direction.

– CB

FEBRUARY 9



Megan Hall
Argonaut

Priority blunder

Students are not walking pocket books, but judging by the newly released breakdown of the “Dedicated Student Activity Fee,” they might as well be. According to an email sent by ASUI, students pay \$550.75 per semester for the fee that covers the costs of various services and facilities on campus. To be fair, most of the facilities listed in the category make sense to put on a student's bill. Services like the Counseling and Testing Center, the LGBTQA Office and Student Health Services, as well as others, provide students with vital support throughout their academic careers. What caused many students, including me, to raise their eyebrows was the whopping \$127.96 per student allotted for Intercollegiate Athletics every semester. The largest portion of the Dedicated Student Activity Fee goes to 16 teams and 350 student athletes on campus. Keep in mind that athletes represent only about 3 percent of the students at the University of Idaho. As a student who isn't interested in sports, I find it hard to justify athletics as the top priority for student activity fees. I want to know how administrators quantified the worth of athletics over campus services and facilities that benefit a far greater number of students. Why does an extracurricular activity with

no academic value receive more funding than services that support students' academic careers? I am by no means demanding that Intercollegiate Athletics receives no funding from student fees. Instead, I suggest that only students who participate in athletics, either as players or spectators, fund them. For a moment, consider the students like myself, who never attend a single sporting event in their time at UI. Every semester, these students essentially pay for services they don't use. Though this statement probably applies to many of the programs funded under the Dedicated Student Activity Fee, athletics warrants special scrutiny for its aforementioned disproportionate funding. In an age where most students struggle with an astronomical amount of debt, the idea of charging students for an unused service strikes a nerve. No student deserves to pay fees beyond what is necessary for their individual education. Students should only have to pay for the services they choose to use while at UI. ASUI President Max Cowan's advocacy of publishing the breakdown of the Dedicated Student Activity Fee deserves much praise. UI's student body has every right to the in-



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Administrators release alarming distribution of student fees

formation about how administrators distribute their funds. I wonder what lies next in this progression of events. Will student responses change the way administrators disperse funds from this fee in the future? I hope so. I hope this act of transparency and accountability serves as a model for UI in the coming years. If administrators disproportionately distribute funds from a mere \$550.75 per semester fee, what are they doing with the rest of the thousands of dollars charged to students as part of their tuition and fees? Students need to demand more breakdowns of how their tuition and fees fund budget items around campus. Administrators need to ensure that such information is easily accessible to all current and potential students. Funds should be prioritized for programs that benefit the largest amount of students. Administrators need to be held accountable to the students they serve, particularly when it involves student accounts. After all, we are the reason UI exists in the first place.

Nicole Moeckli
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OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

Super Bowl Sunday

Pizza galore and a time to criticize the halftime show and the Panthers showboating.

– Luis

In a galaxy far far away

Astronauts threw a Super Bowl party in space on Sunday.

– Jessica

Sports

Ironic comment about how I did not watch the Super Bowl. Go team?

– Tess

National holiday

Sunday was a “national holiday,” yet I was the only person in my class to not watch the game.

– Katelyn

Puppymonkeybaby

Effective advertising is the kind that can terrify millions.

– Austin

Beast Mode

Marshawn Lynch announced his retirement on Twitter the other day. Even though it was expected, it still hurts.

– Josh

The most hated man

I don't believe charging people \$750 per pill is entrepreneurial. Especially not when it is AIDS medication that is needed to help people. Shkreli, you're what's wrong with capitalism.

– Claire

Bye winter

It's amazing what a little sunshine can do to brighten someone's entire mood for the day.

– Tea

Aleppo, Syria

It seems like the west is powerless to stop the disgusting destabilization efforts from Russia. This problem does not go away.

– Jack

Burritos

Hungry? Eat a burrito. Cold? Become a burrito. Sad? Eat a burrito while being a burrito.

– Hannah

Burritos

The best meals result from throwing leftovers in a tortilla. Left over pot pie? Toss it in a tortilla.

– Jake

Treat yo self

If you feel like you need to miss a class or nab an extra hour of sleep for the sake of your personal health, don't be ashamed. It's important to take care of yourself.

– Corrin

Discouraged voter

I am an informed young adult who looks forward to practicing her newly earned voting rights. Yet, I don't feel comfortable backing any of the presidential candidates. What's wrong with this picture?

– Lyndsie

Studying

I should be studying, but watching people on YouTube is better. It is sad when I learn more from YouTube than college.

– Jordan

Transparency

I appreciate how open ASUI and the upper administration is with the information they share with the rest of the university.

– Erin

Resources and where to turn for help