

THE ARGONAUT

THE VANDAL VOICE SINCE 1898

uiargonaut.com

Friday, February 19, 2016

COMMUNITY

BODY POSITIVE WEEK



Stephanie Bunney | Courtesy

Volunteers work on framing Stephanie Bunney's Habitat for Humanity house. Her house was completed in January.

Her body of work

'All bodies are good bodies,' said UI Alumna Amy Pence-Brown

Erin Bamer
Argonaut

When University of Idaho Alumna Amy Pence-Brown stood in the middle of a busy Boise market in just a black bikini and blindfold, she said it was one of the most important moments of her life.

"It seems as though my whole life was leading up to that moment, and this moment," said Pence-Brown in her keynote speech for Body Positive Week Wednesday evening in front of a packed International Ballroom.

From early on, Pence-Brown's weight fluctuated. She said she had never really been thin when she was growing up — she was slightly chubby as a child, curvy as a teenager and was fat in high school.

"Boys call me the fat cheerleader," she said.

As a student at UI, Pence-Brown minored in women's studies, which lead her to read "The Feminine Mystique" and "The Second Sex." Both books played an important role in her life, she said.

But what Pence-Brown said really kicked her feminist and activist spirits into high gear was becoming a mother. She realized that she was happy with her life at 250 pounds. She didn't feel the need to change despite the conflicting messages she observed in the world around her.

After doing her research online, Pence-Brown came across the blogs, "Curvy Fashionista" and "Fat Hef-falump." These inspired her to go forward with her own activism, and eventually she started the Facebook group, Boise Rad Fat Collective.

SEE BODY, PAGE 5

From the ground up

Habitat for Humanity dedicates house to UI's Stephanie Bunney and her three daughters

Corrin Bond
Argonaut

In the rental Stephanie Bunney and her three daughters lived in, the monthly payments were high, the house was small and the heating system didn't quite work.

After three year's worth of encouragement from family members, Bunney, the academic coordinator for electrical and computer engineering at the University of Idaho, decided to apply to become one of Habitat for Humanity's Partner Families.

When her application was selected and she heard the news that she and her daughters would soon begin the process of building their own house, Bunney said she began to cry.

"I cried just because my personal history has not been necessarily, I mean, I make the joke if it weren't for bad luck I wouldn't have any luck," Bunney said. "It's just that ev-

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It's just that everything requires a lot of work, everything comes at a price — that's why I didn't apply for so long. I didn't think I would get it.

Stephanie Bunney,
academic coordinator

everything requires a lot of work, everything comes at a price — that's why I didn't apply for so long. I didn't think I would get it."

While the process to become a partner family with Habitat for Humanity begins with an application, Bunney said there are a number of requirements applicants must meet to be selected.

"You have to fall within certain income guidelines and so for me, I was in the top three or four families they were looking at," she said. "They came and looked at the rental I was living in because

the qualifications are income guidelines and you also have to demonstrate that you have inadequate housing."

Bunney, who is a single mother to her daughters, ages 12, 10 and 6, said not only had she and her family been moving every two to three years because of rent increases, but the current rental she had been living in was too small and had heating problems.

"The heating costs were just outstanding and we think the selling point of the (committee) was in the living room, when they were visiting, they were comfortable," Bunney said. "But when they moved to my dining room table because they wanted to look over documents with me, there were three ladies there and two of them had to get up and get their coats it was so cold."

After an applicant is selected, Bunney said they are required to put anywhere from 300 to 500 hours into building their new home.

Despite the 300 hours Bunney needed to put toward the house, she said the labor wasn't the

hardest part. Instead, it was not being able to help the volunteers who were contributing to the house on Thursdays, one of Habitat for Humanity's two designated building days.

"It was hard sitting at my desk on Thursdays knowing there was a group of people building my house and I can't be there to help," Bunney said. "I tried to make an effort to thank every one of the volunteers that came out, so knowing there was a group of people I didn't interact with so I didn't even get to tell them thank you, that was very challenging."

William Parker, an electrical engineering major at UI and Engineers Without Borders president, was among the students who volunteered for the project.

Parker and many other engineering students know Bunney personally and he said it was a great experience being able to come together with other community members to build her home.

SEE GROUND, PAGE 5

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ASUI

Funding a festival

ASUI senate passes bill concerning money allotted to the Hemingway Festival

Jessica Gee
Argonaut

ASUI approved a \$350 contribution to the seventh annual University of Idaho Hemingway Festival at the senate meeting this week.

Hemingway Festival Director Jennifer Hawk told the senate she decided to make some changes this year that require extra funding.

The four-day festival will be held the first week of March, and will feature events which promote literature in the community, Hawk said.

"For the past couple of years we

have hosted a Hemingway Foundation award-winning author who will do readings for the public," Hawk said. "We also bring in editors from the Hemingway Review who will give workshops to people who are interested in publishing or working for scholarly journals."

One of the changes Hawk said she made this year was incorporating Moscow High School students into the festival.

"Our faculty members are going to conduct workshops for high school students so we get the opportunity to work with them directly," Hawk said.

She said the Hemingway Festival conducts a writing contest for juniors and seniors at Moscow High School

SEE FUNDING, PAGE 5

ADMINISTRATION

Many moving parts

Spread Pay Task Force develops pay options for employees

Erin Bamer
Argonaut

When considering options for spread pay for University of Idaho employees, Head of the Spread Pay Task Force Becky Tallent said there are many different things to consider.

"There are just so many working parts when you're talking about a university and pay systems and departments," Tallent said.

She said the task force is looking into three possible

options for employee payment processes.

One option is for the employee to bypass spread pay altogether and stick with payment over nine months starting in mid-August. The second option is to begin spread pay on the start date listed on an employee's contract and continue it for the duration of the year.

Tallent said the task force researched and agreed upon the first two options. The third option was proposed recently and members of the task force are still in the process of researching it. The third option

would be spread pay through an employee's financial institution, like a bank or credit union.

Each pay period,

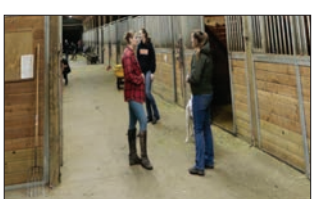
money would be given to an employee's financial institution to put in their savings account, or somewhere similar, Tallent said. Then it would be up to the employee to work with their financial institution to set up the rate that their money would shift from their savings account into their checking account. This way, the money in the savings account can build interest.

SEE MANY, PAGE 5

ARG

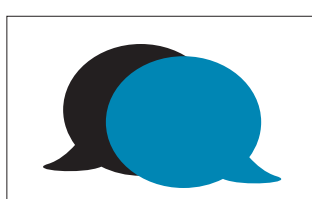
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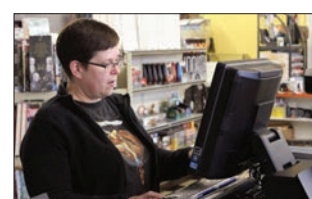
Idaho women's horse polo fights through diversity.

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UI should encourage students to volunteer. Read our view.

OPINION, 9



A day in the life of the co-owners of popular comic store Safari Pearl.

RAWR

Campus Recreation

Student Rec Center • Intramural Sports • Outdoor Program • Sport Clubs • Wellness

Late Night at the Rec

DodgeBall

Free | Food | Prizes

ACTION STARTS
FRI FEB 19
9PM AT THE SRC



Outdoor Program

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Friday, April 1



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Co-Rec Basketball	Mon, Mar 7
Softball	Tues, Mar 8
Roller Hockey	Tues, Mar 8
Co-Rec Ultimate	Wed, Mar 9

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Outdoor Program

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CRUMBS

A Crumbs recipe



Crispy shrimp pasta


Shrimp and Cajun are two things that go hand in hand. Add a little bit of pasta, and it becomes a meal. This dish is an easy way to impress someone without spending too much time in the kitchen.

Ingredients

- 4 ounces fettuccine pasta
- 1 pound raw shrimp, peeled, deveined with tails removed
- 1 teaspoon kosher salt
- 1 teaspoon freshly ground pepper
- 2 tablespoons flour
- 1 tablespoon olive oil
- 1 tablespoon butter
- 1 1/4 cup low-sodium chicken broth
- 1/2 cup whipping cream
- 1/2 teaspoon Cajun seasoning

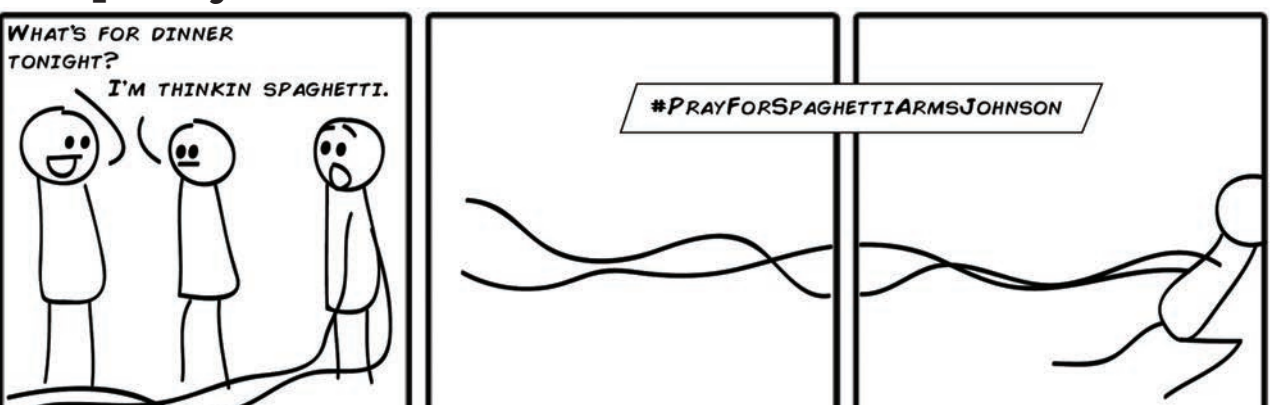
Directions

1. Cook pasta according to directions on package
2. Sprinkle shrimp with salt, pepper, and toss to combine
3. Sprinkle 1 tablespoon flour over the shrimp, and toss to coat the shrimp
4. Sprinkle 1 more tablespoon flour and toss to evenly coat the shrimp
5. Melt butter and heat olive oil in a large skillet over medium high heat
6. When hot, add the shrimp in a single layer and cook on each side, flipping once, until golden brown, approximately 2-3 minutes per side. Remove to plate.
7. Pour the chicken broth into the skillet and cook for about 5 minutes, whisking the bottom of the pan to deglaze
8. Reduce heat to medium and pour in cream, whisking constantly
9. Cook sauce over medium heat until it begins to bubble and the mixture starts to thicken, about 5 minutes
10. Taste the sauce and add seasonings as desired (salt, pepper, cajun seasonings, etc.)
11. Add the drained pasta and shrimp to the sauce, and stir to combine
12. Serve hot



Claire Whitley
can be reached at
crumbs@uidaho.edu

Completely Unrelated



WHAT'S FOR DINNER TONIGHT?
I'M THINKIN SPAGHETTI.

#PRAYFORSPAGHETTIARMSJOHNSON

Karter Krasselt | Argonaut

FOR MORE COMICS, SEE COMIC CORNER, PAGE 10

CROSSWORD

Across

- 1 Taro root
- 5 Absorbs, with "up"
- 9 Iraqi city
- 14 Discomfit
- 15 Samoan cash
- 16 Ordinary
- 17 Chick warmer
- 19 Durable fabric
- 20 Rubicon crosser
- 21 Floppy
- 23 Drops on blades
- 25 Mark of perfection
- 26 Angler's basket
- 30 Black ink item
- 33 Educ. group
- 36 Robust
- 37 Ranch, maybe
- 39 Pocketbook
- 40 Support person
- 41 Shamu, for one
- 42 Fabricated
- 44 Sag
- 45 Juicer
- 46 High point
- 47 Surrealist Max
- 48 Court do-over
- 49 Weep
- 51 Computer list
- 56 Mess up
- 61 Circumvent
- 62 Looking to get ahead
- 64 Teaser
- 65 Send packing
- 66 Juncture
- 67 Breezing through
- 68 List abbr.
- 69 Bohemian

Down

- 1 "Beowulf," for one
- 2 Comedian Carvey
- 3 Backgammon equipment
- 4 Cross to bear
- 5 It may be fixed
- 6 Cheerios grain
- 7 Trudge
- 8 Rami's wear
- 9 Pails
- 10 Pallid
- 11 Legal action
- 12 Diatribe
- 13 Lily family member
- 18 How Junior behaved
- 22 Have the helm
- 24 Maori "woman"
- 26 ___ salad
- 27 Sine or cosine
- 28 Expel
- 29 Modify
- 31 Bubbly drinks
- 32 Refines, as ore
- 33 Evita, for one
- 34 Fiesta fare
- 35 Show flexibility
- 38 Unit of pressure
- 40 Blood carrier
- 43 Shipping hazard
- 44 Introduction
- 48 Weighed down
- 50 Bay window
- 51 God in Vedic mythology
- 52 With, in Paris
- 53 2004 Queen Latifah movie
- 54 Hotel convenience
- 55 Give off, as light
- 57 Isinglass
- 58 Decant
- 59 Craving
- 60 Catch sight of
- 63 Victoria's Secret item

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SUDOKU

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Corrections

Find a mistake? Send an email to the editor.

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The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office at the Bruce Pitman Center on the third floor.

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The opinion page is reserved as a forum of open thought, debate and expression of free speech regarding topics relevant to the University of Idaho community. Editorials are signed by the initials of the author. Editorials may not necessarily reflect the views of the university or its identities or the other members of the Editorial Board. Members of the Argonaut Editorial Board are: Katelyn Hilsenbeck, editor-in-chief; Claire Whitley, managing editor; Erin Bamer, opinion editor; and Corrin Bond, Rawr editor.

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Argonaut Directory

Katelyn Hilsenbeck
Editor-in-Chief
argonaut@uidaho.edu

Claire Whitley
Managing Editor
arg-managing@uidaho.edu

Hannah Shirley
News Editor
arg-news@uidaho.edu

Tess Fox
Photo Editor
arg-photo@uidaho.edu

Corrin Bond
Rawr Editor
arg-arts@uidaho.edu

Josh Grissom
Sports Editor
arg-sports@uidaho.edu

Luis Torres
VandalNation Manager
vandalnation@uidaho.edu

Jack Olson
Broadcast Editor
arg-radio@uidaho.edu

Jake Smith
Web Manager
arg-online@uidaho.edu

Tea Nelson
Production Manager
arg-production@uidaho.edu

Phillip Barnes
Advertising Manager
arg-advertising@uidaho.edu

Erin Bamer
Opinion Editor
arg-opinion@uidaho.edu

Austin Maas
Copy Editor
arg-copy@uidaho.edu

Lyndsie Kiebert
Copy Editor
arg-copy@uidaho.edu

Jessica Bovee
Video Editor
arg-video@uidaho.edu

Jordan Hollingshead
Crumbs Editor
crumbs@uidaho.edu

Advertising (208) 885-5780
Circulation (208) 885-7825
Classified Advertising (208) 885-7825
Fax (208) 885-2222
Newsroom (208) 885-7715
Production Room (208) 885-7784

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Moscow residents go nuts over the weather



Tess Fox | Argonaut

A campus squirrel poses in the mud Thursday afternoon. University of Idaho squirrels are always ready for a photo-op.

CAMPUS

Cents for sense

Barista tips fund student scholarships at VandalStore

Katelyn Hilsenbeck
Argonaut

The tip jar at the VandalStore Starbucks serves a different purpose than most. Tips there are accumulated and placed into a scholarship fund for VandalStore employees.

Keith McIver, VandalStore sales manager, said because of the federal funding the University of Idaho receives, it is not allowed to collect tips in the traditional sense.

"It's really Vandals giving back to Vandals," McIver said.

Students first received scholarships for spring term 2014. Three student employees who have worked at the VandalStore for at least six months receive the \$100 VandalStore Book Scholarship each semester.

"Being a student and having a part-time job is a big commitment," he said.

This semester's recipients, Veronica Smith, Presley Stewart and Madie Brown can testify to the balancing act.

Smith, a senior psychology major, began working at the VandalStore in 2014. The

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Being a student and having a part-time job is a big commitment.

Keith McIver,
VandalStore sales manager

Moscow native now spends most of her time in the VandalExpress in the Idaho Commons. "It's very fast-paced," Smith said. "You get to know some of the regulars."

Smith juggles working about 20 hours a week during the semester for the VandalStore with being a full-time student, as well as at least five hours at her church's nursery.

"They are incredibly flexible with students," Smith said of the VandalStore.

Smith said she had already paid for her textbooks when the scholarship arrived, but it helped to offset some medical bills.

"It came at the perfect time," Smith said.

Brown, a senior nutrition major, had a history in clothing retail before starting with the VandalStore in August 2015. She said her experience has come in handy.

"They trust me and they give me the leeway to decide where to put stuff, within limits," Brown said of clothing placement within the store.

She said she had worked retail jobs on the Palouse before, but said the VandalStore provides the best options.

"This is the job where I feel like I have the best work balance," Brown said.

Brown said students have a lot of stressors, but the VandalStore is full of nice and funny coworkers.

"They want work to be a place where we can step away from that," Brown said.

She said she didn't know what the scholarship was when she received it, but she was excited nonetheless.

"It's not everyday a \$100 falls in your lap," Brown said.

Stewart, a senior marketing major, said

unlike Brown, she knew of the scholarship before she received it.

"I was excited. I had been here for a year and a half," Stewart said. "When I got to get it this time, it was pretty cool."

Stewart said she enjoys that the VandalStore closes early, because she has time to work on group projects after work. Like the other two scholarship recipients, she enjoys the work environment.

"I became really good friends with most of my coworkers," Stewart said. "It's fun to be able to work with people our age and who are going through some of the same things."

McIver said the students bring a lot of energy to the store leading to a great working environment.

"Our employees are very special to us," McIver said.

Katelyn Hilsenbeck can be reached at arg-news@uidaho.edu or on Twitter @Katelyn_mh



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ASUI



Alex Brizee | Argonaut

ASUI Senator Zachary Spence speaks at the ASUI meeting Wednesday. The ASUI senate amended a bill regarding spring election campaigning length.

Ensuring campaign equality

Capping ASUI Senate campaign lengths

Jessica Gee
Argonaut

Candidates running during spring ASUI elections have traditionally had one extra week to campaign, since elections overlap with spring break. A bill amended by the ASUI Senate Wednesday sought to address that discrepancy. ASUI Election Coordinator Brianna Larson said she has been working to ensure the spring elections are in compliance with the Rules and Regulations.

"The Rules and Regulations hasn't specified how long candidates can campaign for in the past," Larson said.

She said during ASUI Communications Board meetings this semester, she helped analyze the

Rules and Regulations document to make sure spring elections adhered to it. About three weeks ago, Larson said they noticed the discrepancy between the fall and spring elections and decided to take action.

"I sat down with Communications Board Chair, Austin Karstetter, and we wrote the bill," Larson said. "Then, I talked to the Rules and Regulations Committee Chair, McKenzie MacDonald, and she was on board with it and sponsored the bill when it went to senate."

Larson said she was supportive of this bill because in the past spring election candidates have had an advantage since they had the opportunity to campaign for an extra week.

"Candidates in the spring have been getting Spring Break to campaign online, which isn't fair to the people who campaigned in

the fall," Larson said. "Bailey Brown, who is the other Election Coordinator, and I decided that two weeks was an appropriate amount of time to campaign."

In the future, if senate believes three weeks is better than two for campaigning, Larson said they always have the ability to change the length by amending the Rules and Regulations. However, she said this new bill will not negatively affect spring candidates.

"Normally senate candidates have not run for senate before, so it shouldn't affect the way they run their campaigns," Larson said. "Presidential candidates may be a little upset, but they had the opportunity to speak out against the legislation on the senate floor last night and they didn't."

She said this addition to the

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Rules and Regulations will ensure fairness among candidates in the fall and spring elections.

"We've been working to make sure ASUI is more effective as a whole," Larson said. "Making the fall elections equal to the spring elections is a great way to make sure we have the best candidates for senate every time."

ASUI President Max Cowan said establishing fairness in both the fall and spring elections is vital.

"We've seen how having extended and drawn out campaigns have deteriorated the level of dialogue on the national scale," Cowan said. "I think we do ourselves a service by ensuring that campaigns are of a measured length and substantive in nature."

Cowan said the decision between two weeks or three week

of campaigning isn't a critical factor in this bill. The legislation establishes clarity and consistency, which Cowan said was the importance of passing this legislation.

"We've had problems in previous elections with misunderstandings about the length of campaigns," Cowan said. "This has led some candidates to believe that they are allowed to campaign before others."

Cowan said this bill gives stability and transparency to ASUI elections, which is why he said he is supportive of it.

"In the past, some candidates took the opportunity to campaign longer than other candidates," Cowan said. "We want to make sure everyone begins their campaign at the same place."

Jessica Gee can be reached at arg-news@uidaho.edu or on Twitter @JessicaC_Gee.

FACULTY SENATE

Backed into a corner

Faculty Senate discusses problems with employee, supervisor training modules

Erin Bamer
Argonaut

Members of the University of Idaho faculty voiced their grievances regarding the new training modules for employees and supervisors at the Jan. 26 meeting of Faculty Senate.

"It certainly has not been without its growing pains," said Brian Foisy, vice president of Finance.

Foisy attended the previous Faculty Senate meeting to address senators' concerns and assure them appropriate changes would be made.

"What we rolled out was version 1.0," Foisy said. "Not without bugs, certainly it wasn't absolutely perfect."

All employees are required to complete three training modules by April 5 — Our Inclusive Workplace, UI Stewardship of Resources and Ethical Conduct, and UI Mission and Goals. University supervisors

are required to complete four additional modules by April 5 — Performance Management, Performance Evaluation, Navigating the Employment Legal Landscape, and Strategies for Selection and Hiring Success. Employees will be required to complete refresher trainings every three years.

Much of the criticism from Faculty Senate focused on the format of the modules. Many senators said they and other faculty in their departments were frustrated when they found they couldn't skip forward to look at more content, and had to listen to the audio instructions that addressed subjects they had already read about.

"I think the biggest complaint I've heard is that it's a very inefficient training mechanism," said James Foster of the College of Science.

Other issues Foisy said he heard from faculty was that portions of the modules were overly specific and only applied to a few faculty

members in certain departments.

Foisy said the State Board of Education requires that UI has a compliance program, and the training modules fit part of the requirement. The training modules were also developed in response to a request based on a campus and work climate survey in 2013 that showed staff were unsatisfied with the supervisory environment.

"Like it or not, that was the perception in 2013," Foisy said

Foisy was open to criticism of the current modules, and even said it would likely be beneficial to the process of improving them in the future.

"To some extent we are backed into this corner," he said. "But I will also say that even if we weren't backed into this corner I think there are institutional opportunities where I would want to be in a corner anyway."

Erin Bamer can be reached at arg-news@uidaho.edu or on Twitter @ErinBamer

ARG

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Police log

Feb. 11

1000 block West A Street, 1:06 a.m.

Officer arrested female for battery. She was upset because her boyfriend had been on a date with another woman, so she hit him in the face multiple times.

Feb. 12

East 4th Street, 10:24 p.m.

Friend was worried that a person at a party had overdosed on something. She said she was unaware of what he had taken but said he was showing serious symptoms.

Feb. 13

Champion's Bar & Grill, South Main Street, 12:58 a.m.

Reporting party said another male was hitting him on his shoulder repeatedly and wouldn't stop. Reporting party had slurred speech. The conflict ended before officers arrived.

Gritman Hospital, South Main Street, 2:40 p.m.

Two brothers were fighting and apparently threats were heard. Nothing drastic happened.

Feb. 14

200 block Baker Street, 1:02 p.m.

Caller reported a radio had been stolen from their unlocked vehicle.

600 block Deakin Avenue, 1:02 p.m.

Caller requested assistance in finding his wife, who he believed to be missing with their young child. He had last seen her leave church, but didn't know where she was going and was very concerned. She was eventually located back at church chatting with friends and feeding her baby.

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Tess Fox | Argonaut

University of Idaho Alumna Amy Pence-Brown addresses a full audience about body image activism at the Body Positive Keynote Speech Wednesday.

BODY
FROM PAGE 1

The people who joined the group helped Pence-Brown prepare for what she did last year in Boise and create a video of it to post on social media. Pence-Brown said the video now has over 130 million total views.

But Pence-Brown said she had no idea what type of response she would get just from her initial act alone. She had told no one what she was planning to do except the people in the Boise Rad Fat Col-

lective, and said she was nervous the night before.

"I was scared that the police might ask me to leave, the people would yell mean things, that I'd stand there alone and crying for, you know, minutes that felt like hours," she said. "But none of that happened, except for the crying part."

From the moment she stripped down to her bikini, she said the effect was instantaneous. She stood in the middle of the market for almost an hour, and people hugged her



Like looking in the mirror, I think selfies really help you examine and help you love yourself. See what you want, don't want, and embrace all of it.

Amy Pence-Brown

and drew hearts and wrote words all over her body so by the time she took her blindfold off she was covered. She said she knew it was time to stop when a stranger told her that her markers had run out of ink.

Pence-Brown works to spread the message that all bodies are good bodies, and she encourages people to be kinder to themselves, even though she admitted that some days, it can be hard. She en-



couraged the audience to exercise for fun, to hide or throw away their scales, to start reading and to take more selfies.

"Take all the selfies you want," Pence-Brown said. "Like looking in the mirror, I think selfies really help you examine and help you love yourself. See what you want, don't want, and embrace all of it."

Erin Bamer can be reached at arg-news@uidaho.edu or on Twitter @ErinBamer

GROUND
FROM PAGE 1

"The houses come together with a lot of people from the community," Parker said. "We were a small part of the volunteers, but it was a lot of fun. A lot of the members know Stephanie personally too, because she's been the secretary for electrical and civil engineering departments."

While Engineers Without Borders only comprised a small number of volunteers, Parker said he appreciated the ways in which the project brought together community members.

"It was heartwarming to see. You see people move into a house and a lot of times it's a good thing," Parker said. "But it's neat to see that happen because of the community coming together to help someone do something they might not be able to afford otherwise."

Bunney said she is tremendously grateful for the many student and community volunteers who helped build the house.

Despite the large number of hardworking volunteers, Bunney said



You see people move into a house and a lot of times it's a good thing. But it's neat to see that happen because of the community coming together to help someone do something they might not be able to afford otherwise.

William Parker, UI student

there's still a public misconception regarding Habitat for Humanity, and many people believe the organization gives free homes to individuals in need.

However, in addition to the application process and required manual labor, Bunney said Partner Families also need to save a \$1,000 down payment as well as make mort-

gage payments for their home.

"I think that so many people don't know, people that have lived here forever, don't know there's a Habitat store," Bunney said. "That's kind of like a thrift store. For me, it's been like, 'Wow, there's really a lot of people who don't know about Habitat in the community.'"

The house was dedicated to Bunney and her daughters Jan. 30 of this year, and although fulfilling the time commitment that came with building the house was difficult at times, Bunney said she and her family couldn't be happier.

"Throughout the process of course it got old that every Saturday I had to go and build," Bunney said. "There were rough points where (my daughters) were like, 'Oh gosh,' but as they saw it look more and more like a house, I kept saying, 'It will all be worth it,' and now they're really super excited to get unpacked and start thinking about what color they want to paint their rooms."

Corrin Bond can be reached at arg-news@uidaho.edu

FUNDING
FROM PAGE 1

and she wants to host a celebration for the winners March 3 at the VandalStore. There, she said the winners will be announced and awarded prizes, including a VandalStore gift card.

"What I would like to do is make sure every high school student who attends gets to walk away with some Vandal gear," Hawk said.

ASUI Sen. Kate Ricart, the only senator who voted against the bill, did so because she said it did not directly benefit ASUI constituents.

"We are elected and paid through student fees, so our constituents are current students of the university," Ricart said. "The money for this bill does not go directly toward benefitting the students whose money we're currently using."

Ricart said ASUI senate has a budget of around \$11,000 each year, which is acquired from student fees. She said the \$350 for the festival will come from the general reserve.

Yet, Ricart said she did see an upside.

"In a way I'm glad it passed," Ricart said. "It



may turn out to be a good investment and could get people excited to come to UI."

This is the first year ASUI has provided funds to the Hemingway Festival, and Hawk said this partnership is an ideal one.

"We want high school students to come to UI and we hope that the incoming freshmen class consists of some of the people who will be participating in our writing contest," Hawk said. "We want to surround them with Vandal gear and show them the pride we have in our university."

Hawk said awarding the winners with Vandal gear may increase the likelihood of the participants attending UI in the future. She said she is grateful senate approved the funding and hopes ASUI members participate in the festival to greet the potential Vandals.

"They're ready to make the decision on what university they're ready to go to, and I can't think of a better place for them to attend than UI," Hawk said. "I want them to walk away feeling good and hopefully they will decide to join the Vandal family."

Jessica Gee can be reached at arg-news@uidaho.edu or on Twitter @JessicaC_Gee

MANY
FROM PAGE 1

The idea of this third option is to give employees the ability to fully control their money, if they choose to.

"I think it will have a certain appeal to some folks," Tallent said. "Especially those that like the idea of having their money work for them through gaining interest."

Tallent said right now, the task force may consider proposing all three options and allowing employees to choose which one they want. She said before they officially propose the idea though, they want to get input from faculty and staff.

"If we're on the wrong track, tell us, please," she said. "If we're on the right track,

tell us, please."

Tallent hopes to make a survey on the options available to university employees, and said she's planning to hold open forums to get direct feedback. She said she takes this responsibility seriously.

"I know how important it is to know your family is secure," she said.

UI Provost and Executive Vice President John Wiencek said the task force should be ready to propose their idea by the end of the semester. Tallent agreed, but said it wouldn't be until the 2016-2017 academic year when the change is implemented.

Erin Bamer can be reached at arg-news@uidaho.edu or on Twitter @ErinBamer

On stands March 7

TOTAL

GEAR UP

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Moscow
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- Deadpool
R (3:40) (4:50) 6:20 7:30 9:00 10:00
Sat-Sun (11:45) (1:00) (2:20)
- How To Be Single
R (4:40) 7:20 9:55
Sat-Sun (1:50)
- Zoolander 2
PG-13 Daily (4:30) 7:10 9:40
Sat-Sun (2:10)
- Kung Fu Panda 3
PG Daily (3:50) 6:10 8:30
Sat-Sun (11:00) (1:30)

Pullman
509-334-1002

- Race
PG-13 Daily (3:40) (6:40) 9:30
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Sat-Sun (10:40) (1:20)
- The Witch
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Sat-Sun (12:00) (2:30)
- Deadpool
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Sat-Sun (2:10)
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PG-13 Daily (4:20) 7:00 9:40
Sat-Sun (1:25)
- Hail, Caesar!
PG-13 Daily (4:10) 6:50 9:20
Sat-Sun (1:40)
- Kung Fu Panda 3
PG Daily (3:50) 6:10 8:30
Sat-Sun (11:00) (1:30)

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www.EastSideMovies.com
Showtimes Effective 2/19/16-2/25/16

SPORTS



Freshman sensation Maria Tavares provides spark for Idaho women's tennis

PAGE 8

CLUB SPORTS

Small but mighty

Idaho women's horse polo winds up for preliminary competition despite setbacks

Tess Fox
Argonaut

Paradise Stables sits down a winding gravel road, several miles outside Moscow.

The privately owned facilities sit in a quiet field surrounded by few residents and a spread of tall trees. Tucked away here is the home of the Idaho women's horse polo team.

With just five students on the varsity roster, the team competes across the region with programs like Stanford, Westmont and Oregon State.

The organization is a student-run club, with members responsible for the care and upkeep of the horses.

The team has faced a number of challenges this season, ranging from a small budget to having a long-distance head coach. Despite this, club president Sara Holtz has produced a winning program.

The game consists of three players on the field for each team at a time. The horseback players use mallets to guide a ball to goals on either end of the facilities.

"(It's) a mix of hockey and soccer on horseback," Holtz said.

Many of the rules in horse polo concern the safety of both the horses and riders. The last player to have hit the ball is given the right of way, and it is illegal for another player to enter their path.

Blocking from alongside is acceptable, as long as the path stays clear for the riders.

Players hold mallets in their right hands, which means that left-handed players may be less accurate, but are better at steering their horse because they can use their dominant hand.

The umpire also rides on horseback during competition.

At the professional level, horse polo is held outdoors on fields that are three to four times the size of a football field.

Holtz said most Californian schools have arenas that are regulation size, depending on the school.

"We go down there and we (struggle)," Holtz said. "We don't know any of their horses and it's way harder and way more fast-paced."

The biggest competition for the Vandals is Westmont College, a private Christian university in Santa Barbara. Many of the players at Westmont have several years of prior experience before they enter college.

Westmont is currently ranked No. 2 in the nation. The team won the National



Championship in 2013.

The majority of the Idaho roster had not played the sport before attending the university. Holtz was one of the few additions with previous experience.

"I found horse polo in high school," Holtz said. "I was one of the few people who actually came in and wanted to play."

Holtz's English-style riding background allowed her to excel on the field and lead the Vandals.

Most players enter the sport with experience in the Western style of riding. An English-style saddle does not have a horn, giving the rider more range of movement, but less security.

"Your balance has to be really good to play," Holtz said. "You need the freedom of movement. You'll be up, you'll be reaching and doing all this stuff."

The club owns six horses that they share with Washington State. The program receives a donation of two or three horses each year. All six of the team's current horses were donated to the program.

"They all know how to play polo," Holtz said. "They come from an outdoor polo experience. People are either getting out of polo or bringing in new horses for themselves."

The tack and polo gear is all donated as well.

A typical practice includes warm-ups and scrimmages, as well as maintenance of the horse stalls and general care of the animals.

One of the team's biggest challenges is the cost of travel — the transportation of several 800-pound animals would be too expensive on any team's budget.

As a result, the host school provides horses for the visiting team, as well as sleeping arrangements.

"When we went to Cal Poly in January, we stayed at their members' houses because we can't afford hotels," Holtz said. "We do the same when they come see us. We find floor space for them and that's how we get to know them."

As a sports club, Idaho's women's horse polo team receives funding from the Sports Club Federation. The program receives an average of \$7,000 per year.

"One stipulation of that is we have to fundraise that much every year," Holtz said. "Between our member dues and donations to the



Tess Fox | Argonaut

Idaho team captain Sara Holtz moves the ball down the field during practice Tuesday.

club, we match that. We get \$14,000 in a good year."

In addition to the challenge of maintaining a club program with high costs, Idaho's head coach currently lives in Texas.

Mason Sideroff, an Idaho horse polo alum, coaches the program from a distance. Sideroff's horse Duke lives at Paradise Stables and has participated in local 4-H competitions.

"We only know what we've been taught," Holtz said. "It's such a struggle for us sometimes to be able to coach ourselves and do all

this all by ourselves."

Holtz sends Sideroff video segments and clips of games in order for the coach to provide advice and guidance to players.

Holtz said playing against teams from Stanford and Westmont can be disappointing due to the disadvantages Idaho has. These programs have daily practices with a full coaching staff, and oftentimes these coaches play professional polo during the summer season.

"In that aspect, it's also so rewarding to know that we can do it by ourselves without

supervision," Holtz said.

The Vandals have already earned two pivotal victories this spring. In January, the team clinched a 12-11 win over Oregon State, and last week the program took down Montana State 14-11 at the Paradise Stables.

The path to national competition is long and windy, much like the road to Paradise Stables. The team must play two games with two separate programs to qualify for preliminaries.

"We have to win preliminaries in order to go to regionals," Holtz said. "Then

you have to win Regionals to go to nationals."

Holtz says that the team usually reaches regional competition before losing.

"That's when we get to play the California schools, and they just cream us," Holtz said.

This season marks the final year that the team will run out of Paradise Stables. Holtz says the team is looking for a new arena for the 2017 winter season.

Tess Fox
can be reached at
arg-sports@uidaho.edu

Staff predictions

Idaho women's basketball team hosts Sacramento State in a pivotal Big Sky matchup at Cowan Spectrum Saturday



Josh Grissom
Argonaut

Idaho 86 – Sacramento State 69

With a top seed in the conference post-season tournament at stake in the final weeks of the season, every victory counts. The Idaho women's basketball team will be hosting an inconsistent Sacramento State program that has had difficulty with offensive production. Head coach Jon Newlee will push the Vandals to compete at an

even higher level in an attempt to leapfrog Eastern Washington for second place in the conference standings. The Idaho offense will overwhelm the Hornets Saturday and produce another key win for the Vandals.



Luis Torres
Argonaut

Idaho 96 – Sacramento State 57

The Idaho women's basketball team has been phenomenal all season, and now the team enters the crucial stretch where all four quarters matter. Lately, the Vandals have had difficulty playing consistently throughout an entire game, but the team has earned several victories in tight matchups. However, the team will not need to worry in Saturday's matchup, because the productive Vandal offense will enable Idaho to blow by Sacramento State with relative ease.

Idaho 95- Sacramento State 79

The last time these two programs met, Idaho emerged with a 98-88 victory. The Vandals are currently ranked third in the

Big Sky, while Sacramento State sits in the middle of the pack at seventh place. Between the scoring power of senior Christina Salvatore and freshmen Mikayla Ferenz and Taylor Pierce, the Vandals will produce another high-scoring victory.



Brandon Hill
Argonaut

Idaho 89 – Sacramento State 61

The Idaho women's basketball team will play their final home game of the season against Sacramento State on Saturday. The Vandals are currently third in the Big Sky standings and show no signs of slowing down. Meanwhile, the Hornets have had trouble maintaining consistency, especially during road matchups. There seems to be little doubt that the Vandals, with an 11-3 home record, will have any trouble controlling the tempo of the game. The team will likely have a high-light-filled night and earn another conference win.

TRACK & FIELD

Leader of the pack

Sprinter Ben Ayesu-Attah battles through injuries to qualify for conference championships

Luis Torres
Argonaut

A handful of Idaho track and field athletes will travel to Bozeman next week to compete in the Big Sky Indoor Championships.

For senior sprinter Ben Ayesu-Attah, the journey to reach this event has been anything but easy.

Last season, Ayesu-Attah was sidelined with Achilles tendonitis, a common injury for runners who increase the intensity of their runs.

"It hindered my performance and what I was able to do last year," Ayesu-Attah said. "Since then, I wanted to be able to focus on being good for the whole season so I can compete better every time I race."

Idaho track and field head coach Tim Cawley said he has not seen any negative impact from the injury since Ayesu-Attah returned to the team.

"He's been pretty motivated for the most part since returning," Cawley said. "When you take a year off, it makes you miss it and want it more."

Ayesu-Attah has already had a significant indoor season. His times in the 200m (21.90) and 400m (47.82) races at the Vandal Indoor Invitational were just the beginning of a noteworthy season. He was one of the first four Vandal athletes to qualify for the conference championships.

In Ayesu-Attah's most recent meet at the Husky Classic in Seattle, the senior finished sixth in the 200m dash and earned third in the 400m with a time of 47.76 seconds.

The sprinter's best performance this season came during the Husky Invite, when he won the 400m and set a personal best of 47.22 seconds.

Idaho coach Tim Cawley said Ayesu-Attah's performance this season has been incredible.

"He's very confident, works hard and bought into what (assistant sprints) coach Cathleen (Cawley) is doing and we've seen the result," Cawley said.

Cawley also said Ayesu-Attah's times at the Husky Classic showcase the difference between indoor and outdoor racing in the 400m.

"It's easier to run the 400 outdoors than indoors," Cawley said. "You run the same lane outdoors while indoors you're running your lane for half the race and then there's a break in the second half."

Cawley said that the sprinter had a slower time than usual because of the fact that Ayesu-Attah was racing indoors.

"This past weekend, we

were primed he would run a faster time," Cawley said. "But when the break came in, another guy slipped under and he was boxed behind two guys. He couldn't get around them and that's not going to happen outdoors."

Ayesu-Attah said his main goal in preparing for the conference championships is to remain healthy.

"Taking care of your body is the most important thing at this point of the season," Ayesu-Attah said. "I've been practicing hard and eating healthy, so I want to be 100 percent ready at conference and be mentally prepared on getting better for my races."

Ayesu-Attah said he wants to go out with a bang in his final season for the Vandals.

"I want to try and prove that I can win conference this year," Ayesu-Attah said. "I focus more on my starts and maintaining my form throughout the race."

The sprinter has been a member of the team since his freshman year, when Idaho was part of the Western Athletic Conference. Ayesu-Attah said his favorite moment came during that season, when the Vandals won the conference title in both indoor and outdoor.

"We came out there and won by three points indoor and we dominated outdoor," Ayesu-Attah said. "It was definitely one of my favorite moments and an overall great year for the team."

The senior said there were some noticeable differences between the Big Sky Conference and the Western Athletic Conference.

"It's my first year in the Big Sky, but the competition is tough," Ayesu-Attah said. "We're more cohesive and supportive as a group. We're going to bring it in the Big Sky championship."

Cawley said opponents will be watching Ayesu-Attah because the sprinter is ranked No. 1 in the conference for his events.

"He can't rest on the No. 1 position because those guys are coming after him," Cawley said. "They usually run pretty solid when it comes to Big Sky runners. There's a lot of good coaches and athletes, so for him to win the conference will be great."

Cawley said that he will measure Ayesu-Attah's success at the Big Sky championships by the effort from the senior.

"For Ben to go out and run some solid races, hopefully win some races will be successful," Cawley said. "But success isn't necessarily wrapped up in the outcome as much as him racing and seeing him put out everything out on the line."

Luis Torres
can be reached at
arg-sports@uidaho.edu
or on Twitter @TheLTFfiles

MEN'S BASKETBALL

Callandret returns to court

Vandals have experienced perimeter guard on court

Josh Grissom
Argonaut

Saturday's game against North Dakota proved rewarding for the Vandal men's basketball team in more ways than one.

In a move that came as a surprise to the majority of spectators at the Cowan Spectrum, Idaho head coach Don Verlin substituted junior guard Perrion Callandret into the game for the Vandals.

The team's second leading scorer last played in a 74-60 loss on Jan. 9 to Eastern Washington, and had spent the previous nine games on the bench in a medical boot as he battled a lingering foot injury.

In a press conference earlier that week, Verlin said that Callandret was not ready to play and would spend the next two games recovering from the injury.

Callandret checked into the game for the Vandals several minutes into the first half. Idaho was losing 9-1 at the time, and Verlin said he thought Perrion could jumpstart the Vandal offense.

The junior guard immediately made an impact for the Vandals by draining a 3-pointer from the edge of the Idaho logo at half court to beat the shot clock. Although officials eventually waved off the basket after a video review, Callandret's shot provided

a spark for the Vandals offense and sent the home crowd into a frenzy.

Backed by a spirited home crowd and the presence of the junior on the floor, the Vandal offense exploded to earn a thrilling 65-64 win over the Fighting Hawks.

Callandret finished with nine points on 2-5 shooting from the floor and although his impact was not obvious in the statistics, the return of the guard could not have come at a better time for Idaho.

With just four games left on the regular season schedule, Idaho has the opportunity to battle for an automatic bye in the first round of the postseason tournament next month.

Callandret's presence will prove to be a key factor if the Vandals are to secure one of the top four seeds in the Big Sky tournament.

The junior is responsible for 240 points this year, averaging 14.1 points per game and shooting 39 percent from the field.

Before Callandret's injury, the Vandals were averaging 69.6 points per game and had a 10-6 conference record. After the guard went down with the injury, the team went 5-4 against Big Sky opponents.

The Vandals were also devastated by the loss of leading scorer Victor Sanders, who suffered a broken right hand before Idaho's matchup against Montana State last month.

VN

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OPINION

Waiting in anticipation

University of Idaho President Chuck Staben addressed Sun Belt officials via conference call Monday to campaign for the Vandals to remain as a long-term football-only member of the conference.

Staben's 19-slide presentation focused media markets in Boise and Spokane and attendance history as key reasons why Idaho should receive a contract extension from the conference.

Despite Sun Belt Commissioner Karl Benson's comments that the presentation was "well done and well received," Idaho fans still remain uncertain about the future of Vandal football.

With an upcoming decision to be made by the conference presidents on March 10, Idaho officials have remained fairly quiet regarding the stance of the university, with the exception of a candid interview by Staben about the Big Sky Conference.

There will be critics of every possible scenario for the program. Even if the Vandals were to remain in the Sun Belt Conference, fans would passionately contend that the travel costs for road games are too expensive.

If the Vandals are not offered a contract extension and choose to go independent, the university would be upset over the lack of revenue from out-of-conference road games. The Vandals would also experience difficulty scheduling future opponents, because many programs play a conference schedule during the second half of the season.

If Idaho chose to make the move

to the Big Sky Conference, pandemonium would likely ensue.

As the first modern program to make the move to the Football Championship

Subdivision (FCS), the Vandal football program would be viewed in a negative light. In addition, there's no guarantee that Idaho would automatically compete for a conference title immediately after joining the Big Sky.

As a student at the University of Idaho, I am unsure which option is best for the future of the Vandal football program.

A major staple of any university is a competitive football team that competes at the Football Bowl Subdivision (FBS) level. A surprising number of high school students select a college based on this very aspect.

As a member of the Sun Belt Conference, the Vandals would continue to play at the FBS level. However, the majority of Idaho opponents would be from the southeastern region of the country, making it difficult for fans to attend road games.

As an independent program, Idaho would retain its FBS status. But the downside is that the university would receive a drastic reduction in revenue and experience difficulty in scheduling opponents every year.

An upside of independence is that it could potentially result in unique matchups for the Vandals against nontraditional opponents. But Staben has said that independence is not an attractive option for the football program, which reduces the likelihood

VN

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Josh Grissom
Argonaut

Future of football depends on Sun Belt presentation

of this scenario.

As a traveling student journalist, I am intrigued by the possibility of a drop down in divisions to the Big Sky Conference. The Big Sky provides an improved regional fit for the Vandals and allows fans in the northwest to travel with more ease for conference matchups.

But a drop in divisions means a drastic reduction in available scholarships for the football program, and will possibly result in the loss of a television deal with ESPN3 for the broadcasting rights of home games at the Kibbie Dome.

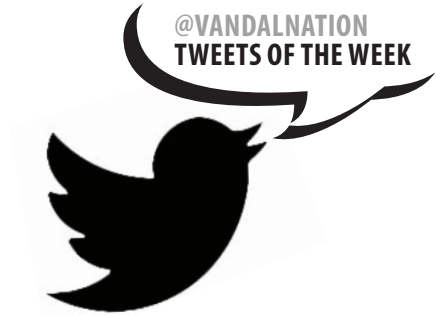
The best possible news for the Idaho football program would be a contract extension offer from Sun Belt officials next month. This would maintain the status quo, allowing the Vandals to remain in the FBS while possessing a semi-permanent conference affiliation.

With the Vandals showing improvement on the gridiron, the team deserves more time to prove that it can be a contender in the Sun Belt. Idaho showed signs of this last year when the team knocked off conference opponents Troy, Louisiana-Monroe and Texas State.

While an official decision will not be made for three weeks, anxious Vandal football fans will keep their fingers crossed in the hope that the Sun Belt Conference decides to offer a contract extension to Idaho.

Josh Grissom can be reached at arg-sports@uidaho.edu or on Twitter @GoshJrissom

@VANDALNATION TWEETS OF THE WEEK



Idaho Football — @IDS_Prater

Vandals Prez Staben has completed his 45-min. video presentation to Sun Belt leaders. Commish Benson: "It was well done and well received."

— Idaho Statesman sports editor Mike Prater tweets about University of Idaho President Chuck Staben's presentation to Sun Belt Conference officials Monday. Sun Belt Commissioner Karl Benson said an announcement will be made March 10 regarding a contract extension to the Vandals as a football-only member of the conference.



Idaho Men's Basketball — @VandalNation

Callandret has entered the game for Idaho. First appearance since Jan. 9.

Immediately makes an impact with buzzer-beating 3-pointer.

— The official Vandal Nation account tweets about Idaho junior guard Perrion Callandret returning to the court for the first time he sustained a foot injury. Callandret scored 9 points and collected four rebounds against North Dakota Saturday. Idaho won 65-64 and improved to 7-6 in the Big Sky Conference.



Idaho Women's Basketball — @VandalsWBB

Vandals sweep the season series against UND with Saturday's win. #RoadToReno

— The official Idaho women's basketball account tweets about the Vandals earning a regular-season sweep of North Dakota. Senior guard Christina Salvatore led Idaho with 20 points, including four treys. Senior post Ali Forde scored 11 points, collected six rebounds and earned five blocks. The Vandals improved to 10-3 in the Big Sky Conference and are currently third in the conference standings behind Eastern Washington and Montana State.



Idaho Men's Basketball — @MikeDugar

Bit of news from Idaho coach Don Verlin today. Skyler White is no longer on the team. Verlin says it was a coach's decision. No explanation.

— Moscow-Pullman Daily News sports writer Michael-Shawn Dugar tweets about the dismissal

of forward Skyler White from the men's basketball team. The announcement came during a press conference by Don Verlin Tuesday morning. Dugar said the decision from Verlin was based on a coach's decision and was not a violation of team rules. White appeared in nine games this year and scored 19 total points.



Idaho Football — @KTVBsportsGuy

Former Vandal & current Denver Bronco Shiloh Keo was arrested (DUI) this AM, per Ada County Sheriff's Off. website.

— KTVB sports reporter Jay Tust tweets about the arrest of former Vandal and recent Super Bowl champion Shiloh Keo Feb. 13 for driving under the influence. The Denver Broncos backup safety was taken into custody just after 2 a.m. and booked into the Ada County Jail.



Idaho Women's Tennis — @IdahoWTennis

Overall, successful weekend going 2-1 and beating a conference opponent. Next up, Utah State on Saturday. GO VANDALS!

— The official Idaho women's tennis account tweets about the team's weekend performance during a road trip to Las Vegas. The Vandals defeated Youngstown State and Southern Utah Saturday. The program improved its record to 6-4 overall on the season.

TRACK & FIELD

Confidence runs the world

Idaho thrower finds home, success in Moscow

Tess Fox
Argonaut

Junior thrower Kolcie Bates was unsure if she would be able to continue her throwing career with a collegiate track and field program.

As an underclassman at Weiser High School, Bates initially received little attention due to the small size of her hometown.

"I wasn't sure that I was going to be able to throw in college," Bates said. "Being from a small town, there's not much opportunity."

But after several strong showings during her senior year, Bates garnered some regional recognition.

Boise State recruited her, as well as Brigham Young and a multitude of community colleges after she won back-to-back Idaho State Championships in discus throwing.

However, Bates only wanted to attend one school — the University of Idaho.

"They hadn't recruited me, so I contacted the coach and made her know my name," Bates said. "I was pretty pushy, but it got me here. Sometimes being pushy pays off."

Bates was immediately added to the track and field roster as a freshman.

The thrower was a member of the 2014 Outdoor Western Athletic Conference Championship team. In addition, Bates won the discus throw at the Cougar Invitational in 2014 with a mark of 45.1 meters.

She set a personal record at the same meet in the javelin throw with 30.1 meters.

"It's nice to be in college with throwers who want to be competitive and want to excel," Bates said in regards to the transition from high school to college. "In high school, throwing is stereotypically the 'lazy kid' sport."

During the 2015 outdoor season, Bates won the discus event in three separate meets. She set personal records in the discus with a throw of 46.72 meters and in the hammer throw with 45.53 meters at the Border Clash.

In indoor competition, she set yet another personal record in the weight throw with a distance of 13.54 meters and earned twelfth place at the Idaho Vandal Indoor Invitational.

Tim Cawley, the director of Vandal track and field program, said he believes Bates is coming into her own as a player.

"She's very talented, she works hard," Cawley said. "To see all that coming together and the confidence meet up with that is exciting."

The Idaho coach has been working with Bates for the last year and a half.

"She's at that spot where she's starting to become an upper-classman," Cawley said. "Her role is transitioning into being a leader. That confidence is coming around."

Bates describes the Idaho track and field team as a family, despite the roster's large size.

"Sometimes you just naturally get on each other's nerves," Bates said. "But I love it. I know everyone has my back and it's nice to have that support system."

This season, Bates added shot put to her list of events.



Spencer Farrin | Courtesy

Idaho junior Kolcie Bates competes in shot put for the Vandal track and field team.

"I took about two years off and we just picked it back up this season," Bates said. "I PR nearly every week. It's nice when you take that big break because you can only go up from there."

Bates said her success in the event has allowed her to enjoy shot put, a throw she disliked as a competitor in high school.

"It all just finally clicked," Bates said. "You can only better



For more sports content, visit thevandalnation.com

yourself, so constantly bettering your marks is pretty cool. I get pretty competitive"

Last weekend, the junior finished first in the shot put with a mark of 12.61 meters at the Husky Invite.

During the 2016 outdoor track and field season, Bates will throw discus, shot put and hammer.

"I'm hoping to excel in all of them," she said. "It'll be

nice to continue shot (put)." Bates said her goal is to continue to improve on her distance with each event.

"I'm hopefully going to finish off the indoor season at the Big Sky Championship next weekend with another PR," she said. "Number one is the goal, but I definitely want to get another big PR."

Tess Fox can be reached at arg-sports@uidaho.edu or on Twitter @tesstakephotos

TENNIS

From Portugal to Idaho

Maria Tavares discusses journey from her hometown to Moscow

Brandon Hill
Argonaut

Freshman women's tennis player Maria Tavares is a long way from home.

Tavares' home country of Portugal is approximately 5,000 miles away from Moscow, yet Tavares made the decision to join the Vandals during the fall semester.

The freshman has made an immediate impact, dominating the court in both singles and doubles. Tavares also possesses one of the best individual records on the team.

The freshman said her experience at a young age allowed her to develop into the player that she is today. Tavares said her mother,

an avid tennis player, was the one who first sparked her interest in the sport.

"I started when I was six years old," Tavares said. "I played both tennis and basketball when I was a kid, but eventually I had to choose one."

Because her high school did not have a tennis team for her to play with, Tavares turned to private clubs.

Tavares dominated her competition and won seven regional championships. The freshman competed at events throughout several European countries: Spain, France, Denmark and Italy.

Tavares eventually earned

the No. 1 women's senior player ranking in Portugal and was heavily recruited by several universities.

Tavares chose to attend the University of Idaho after considering both her tennis career and the educational benefits.

Tavares said a strong draw to Idaho was the connection she had with Vandal head coach Mariana Cobra, who also speaks Portuguese.

The freshman has provided a spark for the Vandals this spring season, compiling a 5-3 individual record and a 6-2 record with doubles partner Rita Bermudez.

Tavares said she prefers to play in doubles, but she has recently seen a successful streak in

singles play.

Her strong performances have helped the Vandals overcome opponents such as Lewis-Clark State College, Whitman and Southern Utah. Tavares also played an instrumental role in doubles play in meetings with UNLV and Northern Arizona.

The highlight of her season was a shutout doubles match against LCSC, when she and partner Rita Bermudez routed Deanri Human and Jen Roux 6-0.

"I definitely like playing net," Tavares said. "I love being aggressive."

The freshman said her powerful backhand has enabled her success on the court. She said the ability is

a rare attribute for the majority of right-handed players.

"I really like to drive it down the line, where (the other team) can't hit it in time," Tavares said.

Tavares credits team meetings for allowing her to develop as a player, as her team discusses goals for each upcoming match.

Tavares highlights a freshman class of three players that joined the program after the team won the Big Sky title last year.

The Vandals currently have a 6-4 record on the spring season, with a 2-1 record in conference play.

Brandon Hill can be reached at arg-sports@uidaho.edu

Argonaut Religion Directory

immerse **Collegiate Ministries**

Bible Study • Fellowship • Events

Sunday Morning Shuttle Service:
(Look for Trinity's maroon van)
10:00am, at LLC bus stop
(returning shortly after Worship)

sponsored by
Trinity Baptist Church
208-882-2015 www.trinitymoscow.org

BRIDGE BIBLE FELLOWSHIP

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Pastors:
Mr. Kim Kirkland Senior Pastor
Mr. Nathan Anglen Assistant Pastor

960 W. Palouse River Drive, Moscow
882-0674
www.bridgebible.org

Moscow Bible CHURCH

Meeting at Short's Chapel
1125 E. 6th St., Moscow

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Christ Centered
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www.moscowbible.com

Pastor Josh Shetler. 208-874-3701

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Service Times

Sunday 9:00 am - Prayer Time
9:30 am - Celebration
6:00 pm - Bible Study

Thursday 6:30 - 8:30 pm - CROSS - Eyed at the Commons Aurora room

Friday 6:30 pm - Every 2nd and 4th

Friday U - Night worship and fellowship at The CROSSing

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We are a welcoming congregation that celebrates the inherent worth & dignity of every person.

Sunday Services: 10:00 am
Coffee: After Service
Nursery & Religious Education

Minister: Rev. Elizabeth Stevens

420 E. 2nd St., Moscow
208-882-4328
For more info: www.palouseuu.org

Evangelical Free Church of the Palouse

9am — Sunday Classes
10:15am — Sunday Worship
Tuesdays:
5pm — Marriage Architect Class
6pm — College Ministry

4812 Airport Road, Pullman
509-872-3390
www.efreepalouse.org
church@efreepalouse.org

First Presbyterian Church
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Sunday Worship 10:30 am
Sunday College Group 4:00 pm
at Campus Christian Center

405 S. Van Buren fpcmoscow.org
Moscow, Idaho 208-882-4122
Pastor Norman Fowler

Moscow First United Methodist Church
Worshipping, Supporting, Renewing

9:00 AM: Sunday School Classes for all ages,
10:30 AM: Worship starts

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Pastor: Susan E. Ostrom
Campus Pastor: John Morse
822 East Third (Corner 3rd and Adams)
Moscow ID, 83843
<http://www.moscowfirstumc.com/>

emmanuel BAPTIST CHURCH

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10:00 am - Worship Service

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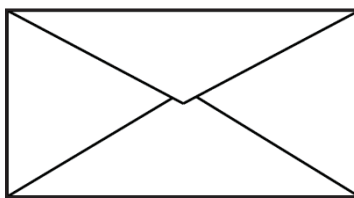
628 S. Deakin - Across from the Pitman Center
www.vandalcatholics.com

Sunday Mass: 10:30 a.m. & 7 p.m.
Reconciliation: Wed. & Sun. 6-6:45 p.m.
Weekly Mass: Mon. - Thurs. 8:30 p.m.
Saturday Mass: 9 a.m.

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OPINION



Send us a 300-word letter to the editor.

ARG-OPINION@UIDAHO.EDU

OUR VIEW

Volunteering for life

Requiring students to complete community service could provide unexpected benefits for everyone

Community service is more than donating a couple hours of the weekend — volunteering has the ability to make a real difference.

The University of Idaho should do more to encourage students to give back to their community, either on or off campus.

It's often said that life-long volunteers would never have started volunteering if their first efforts at community service had not been required of them.

Mandated community service is more common in high school. In college, students tend to get wrapped up in all of their other responsibilities, so they don't make time for volunteering.

There are many reasons why students don't volunteer, or only volunteer minimally, and many of them are usually understandable and are related to the balancing act of life and college.

But volunteering is a worthwhile experience. Perhaps if UI students were required to complete a certain number of hours in community service before graduating, more

Vandals would realize the value of giving back.

Finding the right number of hours to require for volunteering would take some work. It would need to be a long enough requirement to make the time worthwhile, but it also couldn't be too big of a burden on students.

It's also easy to assume that there are not many options to volunteer in such a small community, but that is far from the truth. UI's Center for Volunteerism and Social Action keeps track of and sponsors dozens of volunteer opportunities inside and outside of UI each month.

Alternative Service Breaks are perhaps one of the most visible opportunities for service. Within the Moscow community, there are volunteer opportunities with the Red Cross, the food bank at the Community Action Center and the Human Society of the Palouse, just to name a few.

Those within the Greek community have specific guidelines for service hours already established.

Implementing university-wide community service requirements would not be a one-step task. It would take some work, but the benefits

could outweigh the cost.

A university should of course prepare students for their future career, but it should also teach them how to benefit to society in other ways.

Forcing students to show up for an event they care little about is not likely to instill values of service in them. However, providing students with information on various opportunities and helping them pick an organization they are interested in could increase both their willingness to volunteer and the likelihood of them continuing to volunteer.

Opportunities are all around, but sometimes students need a little push.

When someone sees the difference they are making in a community or in the life of just one individual, it's hard to ignore and everyone benefits.

There are people struggling in Moscow and around the Palouse, as there are in communities all over the world. Starting the habit of volunteering in college could lead to better communities and lives everywhere, just because of students who truly care.

— KH



For more opinion content, visit uiargonaut.com

OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

Daytona, let's go away!

Nothing quite like seeing beautiful women, the pageantry and seeing 40 cars going at speeds of 200 mph. It's like Godzilla out there.

— Luis

Monotony

I wish I could plan for a Valentine's Day issue of Rawr every week. Other things are fun to cover too, but I miss having an excuse to fangirl over love stories.

— Corrin

Countdown to CZ

Moscow is great, but I'm ready to eat goulash, chill in museums and be annoying on Instagram. Hurry up, Fall 2016.

— Hannah

Apartments

Anyone else panicking about their future living arrangements? A stick hut in the forest doesn't sound like the worst idea anymore.

— Austin

Elections

I think I will move to Canada, but only because I'm sick of every aspect of American politics.

— Tess

Pretty cool

So there's an air purifier that turns smog into gem stones. I want one.

— Jessica

uiargonaut.com

Pretty much just call us Peter Parker because we've got a sick web.

— @uiargonaut

I could be topical

But I'd rather defend the glory that is Hawaiian pizza.

— Lyndsie

Sick days

What's the first thing I'm going to do after being sick for two weeks? Immune system: get sick again! Shove off, immune system.

— Claire

Sleep deprived

It's that time of the semester apparently.

— Josh

Starting the day

When you realize after an hour that your pants are on backwards, you realize that the day can only get better from there.

— Jack

Are you Christian?

The debate between Trump and the Pope is intriguing.

— Katelyn

Skipped

Sometimes skipping a day of classes does more good than bad. I got so much done today.

— Jordan

Fun

Off to McCall for a weekend getaway. Wish me luck skiing for the first time ever.

— Tea

Deny, deny, deny

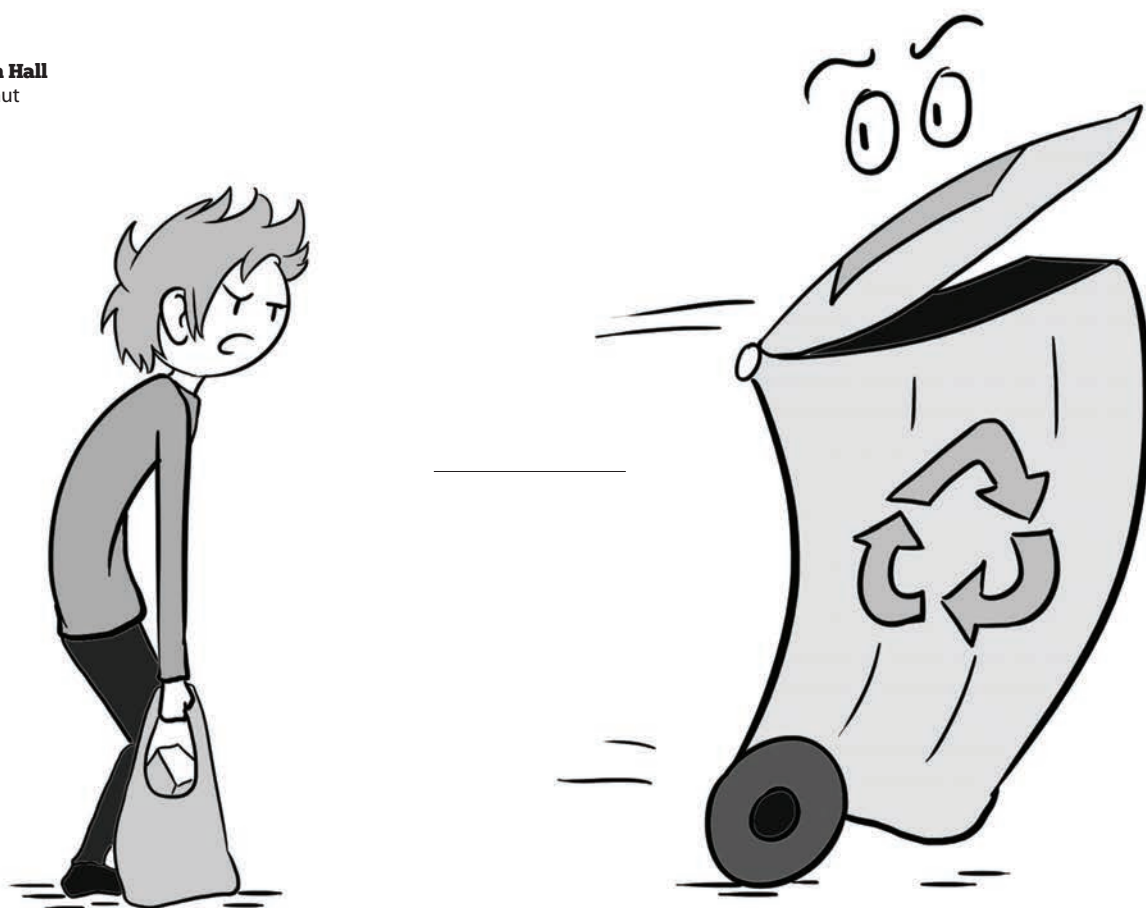
Still won't admit to myself that I'm well over halfway through my college education.

— Erin

FEBRUARY 19



Megan Hall
Argonaut



WHY ARE YOU ALWAYS IN WEIRD PLACES?
IT'S LIKE YOU MOVE AROUND YOURSELF.

Be Barbie positive

Mattel releases new Barbie dolls of all shapes, sizes, colors

Just in time for Body Positive Week, Mattel announced its new line of Barbies.

The new dolls are called "Barbie Fashionistas," and they will be released throughout the year.

Time Magazine said this new line will "all be called Barbie, but it's the curvy one — with meat on her thighs and a protruding tummy and behind — that marks the most startling change to the most infamous body in the world."

This new line includes four body types, seven skin tones, 22 eye colors and 24 different hairstyles, according to the Barbie website. They are calling this the evolution of Barbie. Dolls will be available that are taller than the original Barbie, more petite and more "curvy." There will be dolls with super curly hair, straight blonde, bobbed and dyed blue.

In a promotional message released on their website, a senior director of product design said, "This is what our future looks like, because this is what the world looks like."

I have to give Mattel props for adjusting their image to fit the world around them.

The original Barbie has received generations of negative comments because no woman in the world could naturally look like Barbie. Her dimensions translated into actual body measurements would mean that the person wouldn't even be able to walk on two feet.



Claire Whitley
Argonaut

Despite this, several women have undergone extensive plastic surgery in order to look like Barbie. Young girls see these real-life Barbies, just like their dolls, and don't have a good image of themselves.

Bodies come in all shapes, sizes, dimensions and colors, and Mattel is doing what they can to capture that, even if it is a little on the late side.

Outrage has lasted years on Tumblr, Facebook and other social media. Researchers from all over the country have done countless studies on how Barbie has affected girls, and now in 2016, Mattel does something that shows they care and are a socially responsible corporation.

These developments aren't just about body

image, though. Mattel is also releasing dolls that feature more empowering roles instead of just nurses and vets. The Barbie Spy Squad, which features Barbie as secret agents, was released in late 2015. This summer, Mattel will release a game developer, career of the year doll as well as president and vice president dolls.

The good effects of this change probably won't be immediate. Girls may not even realize they are changing their attitudes. However, if Mattel can make the change, if they can risk changing their No. 1 doll in the world in order to change the view point of young girls, other corporations should follow suit. It isn't just about profits anymore, it is about taking responsibility and teaching young people that it is OK to be different.

Women should be empowered before they ever know what that means, and Barbie, a simple doll, has the ability to do that.

Claire Whitley can be reached at arg-opinion@uidaho.edu or on Twitter @Cewhitely24



For more opinion content, visit uiargonaut.com

Don't mind if I do

Pause the past, forget the future, pursue the present

Today in society, people tend to live life in the past and future, but rarely remember to live in the present.

For many, the majority of their day is spent agonizing over to-do lists, worrying about something they did or didn't do in the past, or going through the motions on autopilot. How often do you take time to live in the moment and focus on yourself?

A thousand-year-old technique has become increasingly popular in helping individuals to be present in the here and now. It can be practiced anywhere, anytime, and the only tool you need is your mind.

Mindfulness is a mental state of awareness that assists the mind in being present in the moment, without judgment. This awareness creates a focused recognition of how an individual is feeling, what they are doing and what they are thinking at that particular moment. When a person is aware of the present it allows them to appreciate life to its fullest potential, promot-

ing optimism, calmness and focus.

According to the American Psychological Association, there are multiple mind and body benefits for individuals who practice mindfulness. These benefits include a decrease in stress, an increase in working memory and an increase in focus. It can also promote cognitive flexibility, better sleep, increased immune functioning and enhanced relationship satisfaction.

In order to reap these benefits, there are countless techniques that can be practiced. However, a general rule of thumb when utilizing these exercises is to not criticize yourself.

When you begin employing mindfulness, your thoughts will go on a tangent, but it is critical to not judge yourself. Note that your mind wandered off and wasn't focusing on what it was supposed to, accept it and then move on. You will experience this multiple times, so it is important to not get frustrated because it is not a task that can be mastered



Mykaela Robinson
Peer Health Educator

Time to lower textbook costs

Students should sign the petition for open textbooks

As a senior in the English Department, I'm not immune to the high cost of textbooks.

This semester alone set me back more than \$250, and that's a drop in the bucket compared to other students. Whether it's a few huge, heavy textbooks or a dozen small novels, the cost of college textbooks is unaffordable for all of us. That's why I'm asking every student on our campus to sign a petition at uidaho.edu/open-textbooks.

ASUI is encouraging faculty to adopt "open textbooks" that students can download for free or print at a low cost by cutting out the middle man — publishing corporations. It's a win for students and professors alike, because professors can modify and edit these materials to suit their courses, providing a textbook that can be tailored to each course.

So how are open textbooks cheaper? Publishing companies receive more than 70 percent of the profit on each textbook we buy. This money does cover some of the basic printing costs, which accounts for about 30 percent of the cost of each book. The rest of the money pays for marketing, development of unnecessary new versions, pointless CDs and online materials, as well as all of the salaries and earnings for these companies.

I, along with many others, want to change this. This week, over 650 Vandals have signed the petition to reduce the cost of textbooks, and that number of students is still growing.

The online comment section of any website is a dark, sad place I would not normally venture, but reading through the comments on the petition, I saw students in unanimous agreement, who all had a lot to say.

Aimee Walsh wrote, "I am signing this because spending high amounts on textbooks can be hard for some people when they already struggle to pay for school. I have been

in a day.

Brief mindfulness exercises incorporated into a daily routine can slowly turn into a habit. This could begin when you wake up in the morning lying in bed, during lunch, when you get in your car or go to bed.

The first step is to put everything you're doing down for at least a minute. Focus on your breathing coming in through your nose and out through your mouth. Observe how you are feeling and thinking as various emotions wash over you. Realize that any emotion you experience is temporary, take note of it and then let it go.

Next, detect how your body is feeling. How is your posture? Are your socks itchy? Is hair tickling the back of your neck? Do your arms feel heavy? The observations you can make are endless.

This is just a start to staying in tune with your body. These steps can be progressed while walking, or adding in positive affirmations, and much more.

If you are interested in expanding your arsenal of mindfulness skills the

“

Observe how you are feeling and thinking as various emotions wash over you. Realize that any emotion you experience is temporary, take note of it and then let it go

University of Idaho offers free mindfulness and meditation classes every Wednesday from 12-12:30 p.m. in the Borah Theatre of the Bruce Pitman Center. The class is taught by Jamie Derrick, a UCLA certified mindfulness instructor. Take advantage of this lifestyle altering resource.

Mykaela Robinson is a peer health educator for Vandal Health Education.

She can be reached at vandalhealth@uidaho.edu

“

I doubt you could find one undergraduate student at the University of Idaho who disagrees that they are too expensive. The question is — what are we going to do about it?

in a place where I couldn't afford to buy the \$200 textbook and my grade suffered because of it”

Another student, Stephanie Moore, wrote, "I can't afford both books and food. I have to choose to either eat or pass my classes right now."

Olivia Dowling complained that this semester alone her textbooks cost more than \$1,000.

My personal favorite came from Colten Bernauer who said, "the last 8 editions have only changed the font"

Why should Bernauer be forced to buy the most recent, significantly more expensive version of a textbook that has only made minor changes over the years? Whether you don't buy the book and your educational performance suffers or you do and pay dearly, you lose. There's really no choice.

The problem isn't that there is an argument about whether or not textbooks cost too much. I doubt you could find one undergraduate student at the University of Idaho who disagrees that they are too expensive. The question is — what are we going to do about it?

Open textbooks is an affordable, practical solution. The more students who sign, the stronger our argument will be for bringing open textbooks to UI. If you haven't already, sign the petition today.

Anne Zabala is an ASUI Senator. She can be reached at azabala@uidaho.edu

GEAR UP



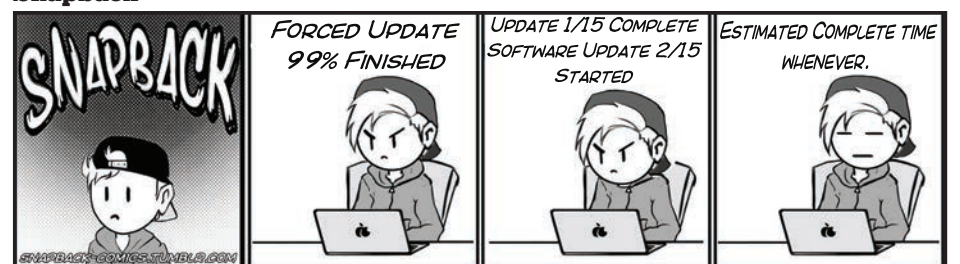
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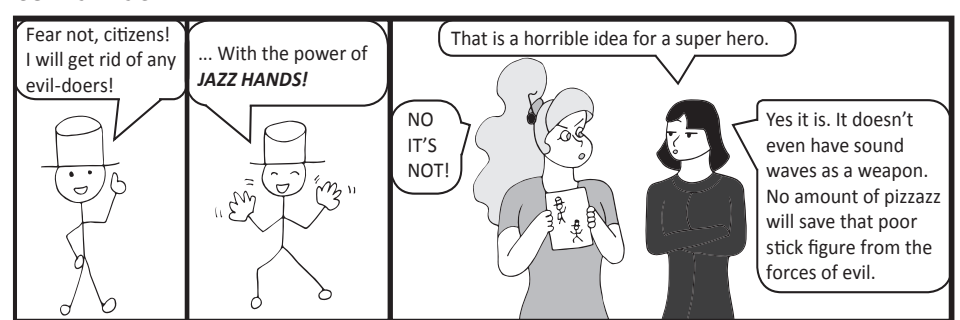
COMIC CORNER

Snapback



Megan Hall | Argonaut

Senka Black



Samantha Brownell | Argonaut

Bad sense of humor



David Black | Argonaut

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