

# THE ARGONAUT

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Tuesday, March 8, 2016

## RECREATION



Kira Hunter | Argonaut

Logan Fletcher, a Western Washington University student, competes during the Palouse Climbing Festival at the Student Recreation Center.

## ADMINISTRATION

### Processing the price

JFAC endorses 3 percent employee compensation increase for UI faculty, staff

Corrin Bond  
Argonaut

University of Idaho President Chuck Staben presented the university's financial priorities for the upcoming academic year earlier this semester to the Idaho Joint Finance-Appropriations Committee.

Among the priorities outlined was a 3 percent increase in employee compensation.

UI Vice President for Finance Brian Foisy said following Staben's address, the Idaho legislature decided to endorse the proposed increase.

"It's what's called a CEC, which stands for change in employee compensation," Foisy said. "JFAC recently endorsed a 3 percent CEC package. There is still water to flow under the bridge at this stage in the game, but it's safe to assume that's what's going to happen."

The endorsement, however, isn't the end of the process.

Now, Foisy said the increase needs to be formally approved in an appropriations bill that goes through both the Idaho House and the Senate.

Financial matters like CEC packages involve a number of different organizations, including the State Board of Education, the Legislative Service Office and the Division of Financial Management.

When it comes to figuring out how much of an increase in compensation UI employees will receive from the legislature, Foisy said the university plays a minimal role.

Foisy said the administration starts off by calculating how much a 1 percent increase in employee compensation will cost.

"We kind of go through this effort to establish the cost of a 1 percent change in employee compensation," Foisy said.

## Chalked hands and challenges

The Palouse Climbing Festival brings together schools across the Northwest

Corrin Bond  
Argonaut

The Student Recreation Center became a hotspot for camaraderie and collaboration Saturday, at the University of Idaho's annual Palouse Climbing Festival.

Students from across the Northwest gathered in the SRC Climbing Center to watch peers with chalk hand prints patterned on their pants climb various routes without a harness.

On one of the four rock climbing stations, one student found herself wedged horizontally between two walls while pursuing a route tagged with green tape. On another, a man in a neon yellow T-shirt pulled himself up, muscles quivering, with three of his fingers on his right hand as his left reached for another rock.

Routes were arranged on the four walls participants could climb from, each marked with a different color tape.

Elise Clausen, who helped organize the event, said the competition's scoring system



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was dependent upon the routes participants completed.

"There are different divisions — we have beginning, intermediate, advanced and open categories and they're all dependent upon how difficult of climbs you can do," Clausen said. "For each route, I bring in an outside person to set up new routes and holes and they score it by its difficulty so as folks climb routes they get points for the routes they climb."

SEE CHALKED, PAGE 5

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## ASUI

### Fresh take on senate

ASUI Senate elects two new senators

Jessica Gee  
Argonaut

After a two-week application process, Danny Buggingo and Mattie Cupps were elected as the new ASUI senators by the senate Wednesday.

Senators Buggingo and Cupps are replacing former senators Katelin Bartles and Kailey Holt, who resigned earlier this semester. Their terms will last for the remaining eight weeks of this semester, but both Buggingo and Cupps said they plan to run in the coming Fall elections as well.

Buggingo is a first-year student from Portland, triple majoring in computer science, French and international studies. He is a part of the University of Idaho Mock Trial Team, The Argonaut, National Society of Black Engineers, Black Student Union as well as other student organizations.

Buggingo said diving into these campus organizations and ASUI has

helped him adjust to his new residence, which is one reason he chose to apply for ASUI senate.

"When you live in the Tower your first year, most of your classes are in the TLC (Teaching and Learning Center), so you just usually walk from the TLC and then back to your dorm. You don't really get to see much of campus," he said. "I really want to broaden my experience."

He said he was intimidated during the senator interview process, but is excited to begin making a change at UI. One way Buggingo said he plans to do this is by improving the advising system on campus.

"People just see their advisers as someone you go to every semester to pick your classes, but they really should be more than that," Buggingo said. "They're supposed to be the person you go to when you're struggling in a class or the person you see when you're trying to decide on a major and that's just not what it is."

SEE SENATE, PAGE 5

## CITY

### Determined to reach goals

New martial arts studio aims to teach a love of the sport

Diamond Koloski  
Argonaut

Nicolae Cury, head coach and program director of the V7 Martial Arts Studio in Moscow, has a black belt in Judo, started Brazilian Jujitsu in 2006, and has 13 professional Mixed Martial Arts (MMA) fights under his belt.

Cury tried to make the Brazilian Olympic team twice during his young adulthood, but after the second time he decided to move to the states and start fighting professionally.

"It's always been about starting my own school, but it's very hard to find the right resources, timing, and right place," Cury said.

V7 opened four weeks ago on Troy Road. He said the Palouse seemed like the perfect fit, because there weren't many martial arts options in the area, and his wife, Cathy Harbour, is originally from

Pullman. She runs the management aspect of the business.

"Our job is to make (students) fall in love with the sport, first and foremost," Cury said.

Cury said the training, based on Judo principles, focuses on coordination, athleticism, flexibility as well as stimulating coordination and the mind, especially with younger students. He said the children's courses also teach proper falling techniques that can also be applied to other activities, such as falling off a bike.

"Judo is supposed to be one of the best sports for kid's initiation, so it's a lot of coordination," Cury said. "It also helps with discipline, and we are always challenging them, their mind, and their bodies with the tasks we are giving them."

Students aged 13-14 and 15-17 have the option to choose between Judo or Brazilian Jujitsu.

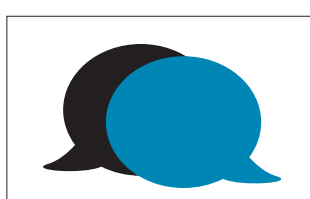
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Department of Student Involvement

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Wednesday, March 9th 7-8 pm  
Commons Whitewater Room

**CRUMBS**

# A Crumbs recipe



## Strawberry lemon sangria

It is getting closer to spring break and for those of you who have consume copious amount of alcoholic beverages on your list of things to do, this is a recipe that tastes great. For the rest of you, this is still a good recipe to save for another occasion.

### Ingredients

- 2 lemons, sliced
- 1 apple, cored and sliced
- 1 cup strawberries sliced lengthwise
- 1 bottle white wine
- 1/2 cup light rum
- 4 cups lemon lime soda

### Directions

1. Add lemons, apples and strawberries to a large pitcher
2. Add white wine and rum to the pitcher, then cover pitcher and refrigerate for about 4 hours
3. Add lemon lime soda and server cold

Jordan Hollingshead  
can be reached at  
crumbs@uidaho.edu

## Completely Unrelated

Karter Krasselt | Argonaut

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**CROSSWORD**

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**Corrections**

Find a mistake? Send an email to the editor.

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The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office at the Bruce Pitman Center on the third floor.

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## MAN BEHIND THE MASK



irish Martos | Argonaut

"Joe Vandal" reveals himself to be Rob Gibson, a UI graduate student, in front of a rambunctious crowd at Saturday night's basketball game against Idaho State University.

### CAMPUS

# Reconciling beliefs

'Why Are We Here?' event asks the big questions

Marisa Casella  
Argonaut

Determining the meaning of life is a difficult task, but discussing your beliefs with someone who disagrees with you can be even harder.

An atheist philosopher and a Christian chemist did just that Thursday in the Idaho Commons.

At the event, titled "Why are we here?" and mediated by New Saint Andrews College philosophy teacher Mitch Stokes, Bert Baumgaertner and Troy Van Voorhis discussed what they believed the human purpose was along with their own personal beliefs.

When Baumgaertner was asked to participate in the forum, he said he requested that it wouldn't be a debate. Instead Van Voorhis and Baumgaertner discussed their differing viewpoints without trying to influ-

ence the other's views.

Van Voorhis is a professor of chemistry at MIT and a Christian. Van Voorhis compared some general religious beliefs to the study of chemistry, saying both had "unseen truths," and if one follows these truths, they can be cured of illness. In terms of chemistry, the unseen truths can be something such as molecules, and the study of these truths can lead to the creation of medicine, which can cure illness.

Van Voorhis said the Christian faith and science interact. He said Christianity is about more than just observable facts, but giving those facts shape and meaning. He said science is observing facts, interpreting them and giving them meaning.

Van Voorhis went on to say that the most important questions in life, such as life's

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purpose, often have multiple layers of meaning.

"If there's only one answer to a question, it's a pretty uninteresting question," Van Voorhis said.

Baumgaertner is an assistant professor of philosophy at UI. Baumgaertner said he likes to describe himself as a "recovering Christian" rather than as an atheist.

Baumgaertner said people have a tendency to believe the first thing they are exposed to. "How things seem don't always reflect how they are," Baumgaertner argued.

Baumgaertner said he believes that being aware of life's frailty makes it that much more special. He said it gives a sense of humility to realize how "small and insignificant" our lives are compared to the universe and that we only have these "fleeting moments."

Van Voorhis and Baumgaertner went on to discuss their ideas with each other, with Stokes providing transitions to keep the conversation going.

A main subject of their discussion was how morality was determined for those who are religious and those who are not. Baumgaertner said he believed good and bad can be determined by how one determines pleasure and pain. Van Voorhis rebutted saying he doesn't believe in using pleasure and pain as a way of determining good and bad since there are pleasurable activities that aren't necessarily good. Van Voorhis said that he does believe that atheists can develop a good moral code apart from God, but to Christians, God is the good.

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### WELLNESS

## Employing a healthy lifestyle

UI Benefit Services begin program to highlight health, wellness in 2016

Hailey Stewart  
Argonaut

From healthy selfies to wellness bingo, the Wellness 365 Challenge, offered by the University of Idaho's Benefit Services, encourages employees to engage in healthy activities.

The challenge is a yearlong calendar of wellness activities for university employees to participate in with other faculty and staff.

Mandy Brocke, a Benefit Services Technician, said the Wellness 365 program is a way to engage employees in all of the services that are available to them.

Brocke said the program was launched early last month and has already attracted quite a bit of participant interest.

"Its main goal is to highlight awareness of certain health and wellness issues," Brocke said. "We want employees to get involved with the activities and challenges that are in place."

According to the Benefit Services department the yearlong challenge is split into four quarters. The main activity for each quarter is based on a certain type of health. Challenges over the year will focus on mental, physical and emotional health.

Brocke said the program was split into four quarters to make it easier for employees to track their wellness while engaging in the challenge.

The program also connects with certain months of awareness. In February, during American Heart Health month, the program brought attention to heart health with the use of selfies.

"In February we asked employees to send in a 'healthy selfie' of them doing something that helps their heart health," Brocke said. "Whether it was cooking healthy foods or going for a walk, anything helps."

Those who sent in a photo were entered to win a prize.

The main challenge of the program's first quarter is the Wellness Bingo Challenge, which is split into four weeks. Each week focuses on a different theme of wellness, such as nutrition, relaxation, refreshment and movement.

Brocke said the themes are spread out so that they vary and differ to help give a bal-

anced month of wellness.

"The goal is to complete as many bingo activities as possible for the week and once you turn in the card you are entered to win a goodie bag," Brocke said.

Online bingo cards can be found on the UI Benefits website.

Along with weekly and quarterly challenges, Benefits Services has also found that bringing the university health coach to campus has helped a great deal in promoting wellness.

Brocke said UI's employee health coach, Chelsea Stone from Blue Cross of Idaho, aids in helping with wellness programs and encouraging health amongst university employees.

Stone said she met with employees face to face to talk about wellness in January and often speaks with them on the phone or by email to continue communication about health and wellness.

"We talk about certain goals they want to achieve and how to achieve them," Stone said. "Whether it regards stress, sleep, nutrition or physicality, we create a personal plan that will best benefit them."

Stone said the Wellness Bingo Challenge is a great way to engage employees because of the incentive involved along with the involvement of co-workers.

"When fellow employees are in the mix it makes achieving certain goals and sticking to plans a lot more attainable," Stone said.

Stone said the Wellness 365 program was created with the idea that it is difficult in the workplace to keep a healthy lifestyle. But, through encouragement, the program hopes to provide beneficial information to better the health of university employees.

Brocke said people often choose healthy options without even realizing it, but the incentive is what keeps the healthy lifestyle going.

"These challenges are an extra little thing that you can get out of your workday," Brocke said. "The small things take minimal effort, but in the long run, they make such an impact on your wellness when they all add up."

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## MAKING A HOUSE A HOME



Joleen Evans | Argonaut

A crowd gathers around the Delta Zeta sorority house Saturday for house tours following their dedication ceremony.

### CAMPUS

# Life lessons from a man with a plan

*DESL speaker said anyone can attain success*

**Alex Brizee**  
Argonaut

Success comes from five key points, Maurice Petty told young engineers Thursday — planning, leadership, attitude, risks and belief.

“I’ve always had a plan,” Petty said. “But that plan will change when the next opportunity comes.”

Petty, the director of New Services, Global Business Unit at Hewlett Packard, was the speaker at the ninth annual Dynamic Engineers Lecture Series, hosted by the University of Idaho chapter of the National Society for Black Engineers. He graduated from Indiana University with a Bachelor of Music Education.

Petty said his path was always music, but by the time he graduated, he had decided to become the world’s greatest accountant.

“Understanding who you are and really accepting yourself what you do well and what you don’t do well I really think is a path to success for all of us,” Petty said.

Petty described leadership as something that can bring people together to make things happen while helping others achieve their goals. He said attitude is important, and has the power to influence both work and life.

He said he starts every day by going for a run, and always tries to have a positive

“

Understanding who you are and really accepting yourself what you do well and what you don’t do well I really think is a path to success for all of us

**Maurice Petty,**  
Hewlett Packard  
director of New  
Services, Global  
Business Unit

outlook on the day, even if his schedule is full of things he doesn’t want to do.

Petty also said he believes courage can give you the ability to go do things, even if you’re afraid to do so, whether it’s changing jobs or trying something new.

He emphasized success does not happen automatically, and it’s something that must be learned and developed.

“My personal belief is that we have everything we need within us to be successful,” Petty said.

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Alex Brizee | Argonaut

Keynote speaker Maurice Petty, Hewlett Packard director of the New Services, Global Business Unit, speaks at the Dynamic Engineers Lecture Series in the Bruce Pitman Center Thursday.

### WOMEN'S CENTER

# For women, by women

*Women's Center hosts 11th LunaFest Film Festival*

**Marisa Casella**  
Argonaut

Female directors are rare in the film industry, said Bekah MillerMacPhee, which is one thing the LunaFest film festival seeks to address.

MillerMacPhee, Women’s Center assistant director for programs, said the film festival consists of a series of short films that are 15 minutes or less and are made by women, for women, about women.

This will be LunaFest’s 15th year, and its 11th year in Moscow.

For the third year in a row, LunaFest accepted submissions from local filmmakers and will be showing two films made by UI filmmakers.

The films will be shown at 7:30 p.m. Tuesday at the Kenworthy Performing Arts Centre in downtown Moscow. The

pre-show reception begins at 6:30 p.m. and offers appetizers and an open bar for those 21 and over. There will also be raffle tickets for a dollar with prizes including gift certificates, earrings and feminist notecards. The raffle will be drawn during intermission at 8:30 p.m.

General admission for both the reception and films is \$12, and \$6 for students. For just the films, general admission is \$6 and \$3 for students. Tickets are available at the UI Women’s Center and at the door.

The proceeds go toward the Breast Cancer Fund, which works primarily on research of environmental causes of breast cancer.

MillerMacPhee said the Women’s Center usually breaks even with the event, but when there are leftover funds, the Women’s Center puts that money toward the Betsy Thomas Scholarship Fund. The Betsy Thomas

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Scholarship fund is a scholarship for UI students who show dedication and commitment to gender equality.

While the films are based on women, MillerMacPhee said men are encouraged to attend the festival as well.

“A lot of issues that specifically affect women do affect men as well,” MillerMacPhee said, referring to breast cancer, choosing a career and other issues that might affect the female loved ones in men’s lives.

MillerMacPhee said she believes it will be a meaningful experience for all who attend, and she hopes the audience will leave with a new perspective in mind.

“It’s really fun and enlightening to go and see stories about women told from the perspective of women,” MillerMacPhee said.

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# GEAR UP



## VandalStore

The official store of the University of Idaho  
MOSCOW | BOISE [www.VandalStore.com](http://www.VandalStore.com)



William Parker | Courtesy

University of Idaho Junior Courtney Sell works with UI's Engineers Without Borders chapter in Carani, Bolivia, in August of 2015.

**CHALKED**

FROM PAGE 1

Although they stopped officially keeping track a few years ago, Clausen said the festival is in its 15th or 16th year.

"It started as a way to promote friendly competition in a university setting," she said. "It's always been hosted at the Rec."

The competition, which ran from 9 a.m. to 3:30 p.m., was open to anyone who was interested in participating.

Clausen said she not only appreciates the diversity of the festival, but also the collaborative nature of the competition.

"My favorite part is seeing so many people come from so many different places," Clausen said. "We have students here from the Oregon and Washington coast, so they travel a long way to come out and everybody is pretty friendly."

In addition to UI's climbing team, students from Eastern Washington University, Washington State University, Whitman College, University of Washington and University of Oregon came out to compete.

Katie Ringer, a UI freshman and climbing team member, said the competition was based on bouldering, which involves climbing shorter heights without a harness.

While Ringer said she prefers top roping, or climbing greater heights while wearing a harness, she said bouldering is better for climbing competitions.

"The competition was pretty hard," Ringer said. "The routes were a lot harder than the ones I'm used to doing, but bouldering requires a lot of technique."

The Palouse Climbing Festival was the first climbing competition for UO freshman Gavin Maxwell's.

"When I first got here, I noticed a lot of

problems were really technical," Maxwell said. "The routes require weird moves."

While top roping requires endurance and strength, Maxwell said the bouldering routes needed more mental planning.

"You need to have the strength to climb, but to complete the routes you need to be technically sound and you have to be present," Maxwell said. "It's almost as mental as it is physical."

Jesse James Castleberry, a University of Washington climbing team member, said that despite the independent nature of the sport, there's still the support and encouragement of a team.

"I like that I can climb independently," Castleberry said. "It's entirely dependent on my own performance."

Although the competition was based on individual performance, Maxwell said he appreciated that everyone, including strang-

ers, were providing each other with support and encouragement.

"Everyone is really friendly with each other, the vibe is really positive," Maxwell said. "Everyone is collaborating to solve a problem."

Clausen said at the end of the day, the Palouse Climbing Festival is not just a competition, but also an open and supportive environment in which everyone is encouraged to climb.

"It's a really fun atmosphere," Clausen said. "A great place to meet new people and if you're interested in climbing don't be afraid to come because everyone is really friendly, nobody judging you."

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**PRICE**

FROM PAGE 1

"Let's say it costs one million bucks, then we can say, 'If they want to consider a 2 percent change, then we can just double the numbers and then you've got your cost,'" Foisy said.

After that, the numbers are sent to the SBOE, the legislature and the executive branch of the governor's office.

The governor then decides how much of an employee compensation he wants to recommend and the legislature chooses what they will support.

Foisy said a 3 percent employee compensation increase comes out to about \$3 million.

Trina Mahoney, UI budget director, said

while any increase in employee compensation is a good thing, 3 percent is about the annual average.

"The state's gone through economic struggles, so we've had many years where we've had nothing," Mahoney said. "If you really looked at our average over time and factored in some zeroes, it's less than 3 percent, but 3 percent is pretty common."

Although JFAC endorsed a 3 percent increase, Foisy said only a portion of the approved money will be allocated to the university.

"They go back and look at the way the institution is funded overall and we're funded in part by legislature, we're in part funded by tuition we collect from students," Foisy said.

Mahoney said the funding split is about 60/40, with 60 percent of employee compen-

sation funding coming from the Idaho legislature and 40 percent of the funding being drawn from student tuition.

CEC packages and employee benefits are two primary reasons for the university's annual tuition increases, Mahoney said.

However, students are able to have their voices be heard in this process.

"We figure out how much of a tuition increase we need, then we do what's called an initial notice to students saying here's what we intend to do in the form of a tuition rate increase for the coming academic year," Foisy said.

Foisy said the university will hold a public forum at the beginning of April where students can ask questions and discuss the pro-

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posed tuition increases before the budget becomes finalized.

Foisy said although he appreciates all increases in employee compensation, he also hopes to provide employees with even better compensation in the future.

"If we're only ever going to see a 2 or 3 percent increase every year, we're never going to make progress toward getting our employees to where they should be paid," Foisy said. "While we're very appreciative of the 2 or 3 percent, we need to find some other ways to be creative and increase employee salaries in the long-term."

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**SENATE**

FROM PAGE 1

Although he only has eight weeks left in the semester, he said he hopes to make an impact, and Buggingo said he can provide a fresh take on senate since he is non-Greek and in the College of Engineering.

"I'm seeing a completely different group of students on my day-to-day basis," he said. "I see different interests and complaints from them and I think that gives me a different perspective."

Cupps is a third-year student majoring in chemical engineering from Boise. Cupps said though she has not been a part of ASUI in the past, she looks forward to contributing to future projects.

"I'm really excited to implement some of my ideas and work with the other senators," Cupps said. "I know I can't achieve a lot because it is just a semester term, but I am also running for next year so hopefully this will set me up for what I'll be doing next year as well."

She said her priority for this term is to establish better representation for students in the College of Engineering.

"I feel like we don't have that much of a voice on campus and our facilities are really lacking," Cupps said. "One thing I really hope to do is work to get better desks, better facilities and better classrooms for us."

Cupps said the biggest challenge will be having a positive impact before the end of the term, and said she is excited about working out the details of redistricting with her fellow senators.

"Working with so many people with different ideas and different backgrounds is going to be really fun," Cupps said. "I'm excited to see what we can accomplish."

*Editor's note: Danny Buggingo is an Argonaut columnist and reporter. Jessica Gee can be reached at arg-news@uidaho.edu or on Twitter @JessicaC\_Gee*

**GOALS**

FROM PAGE 1

Adults, aged 18 and up, are able to choose between Judo, Brazilian Jujitsu and MMA.

One of the studio's members is University of Idaho instructor Travis Cowles, who has been practicing Brazilian Jujitsu for about 10 years.

"I started gaining weight in my undergraduate, so I decided I needed to do something active, but just couldn't bring myself to go to the gym," Cowles said.

His undergraduate school had a MMA club. Cowles said

that's where he fell in love with Brazilian Jujitsu.

"Brazilian Jujitsu and Judo are both great ways to get exercise, and they aren't boring," Cowles said. "It really takes some thought and practice."

Cowles said when Cury opened the gym, it seemed like a great place to go for instruction and practice.

"(Cury) is just a really nice guy," Cowles said. "He seems invested in trying to make everyone better."

Cowles said the encouraging nature of Cury's practice con-

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tinues outside of the gym. He said some of his friends who train with Cury often receive encouraging text messages from

him after classes. "We want everyone to be safe and we take every person's goals and try to help them reach those," Cury said. "We want to work with each person on whatever they are aiming for."

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# SPORTS



Cheer squad seniors reflect on years with program

PAGE 7

## MEN'S BASKETBALL



Irish Martos | Argonaut

Sophomore guard Victor Sanders looks to pass the ball against Idaho State Saturday at the Cowan Spectrum.

## Defense wins championships

*Defense leads Vandals to top spot in conference*

**Brandon Hill**  
Argonaut

When the buzzer rang Saturday night at the Cowan Spectrum, it signaled another Idaho victory.

The Vandal seniors concluded the regular season with 20 wins and a dominating performance on Senior Night.

The team utilized contributions from seniors Chris Sarbaugh, Paulin Mpawe and Nashon George, but Saturday's game was much more than a bittersweet send off for the seniors.

The Vandals have a bright future ahead of them with a core group of young players. With sophomore Victor Sanders

VN

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and junior Perrion Callandret draining baskets on the court, any Big Sky opponent will have a tough time stopping an Idaho squad whose stars are earning valuable experience.

Sanders showcased some of that stardom Saturday against Idaho State. His five 3-pointers and 25 total points were a huge boost for the Vandals in the final stretch.

The performance resembled that of NBA superstars, but it was not the only performance Idaho had in its favor. The team's defense thwarted Idaho State time and time again.

Idaho head coach Don Verlin said defense would be key for the upcoming Big Sky Conference postseason tournament.

"I really believe that the team that is going to win this tournament at the end of the day is the team that defends the rebounds the best," Verlin said. "Hopefully we can continue to do that like we have been doing all year."

The Vandals' chances are as good as any team in the conference. Idaho has dominated the rebounding battle in recent games, collecting 50 boards against Weber State. When this statistic is combined with the team's 812 defensive rebounds on the season, Idaho seems poised to take the tournament by storm.

The Vandals will be the third seed in the tournament and will enjoy a first-round bye thanks to the three home wins at the season's conclusion. The Vandals will begin play Wednesday against the winner of the Eastern Washington and Northern Arizona game.

Despite earning the No. 3 seed, the team was more excited Saturday night about earning the 20th win of the season.

SEE DEFENSE, PAGE 8

# Road to Reno

*Vandals finish third in conference play by overcoming Idaho State Saturday*

**Mihaela Karst**  
Argonaut

The Idaho men's basketball team finished the regular season with a 82-68 victory over Idaho State Saturday.

The victory clenched a third place finish in conference play as the team enters the Big Sky Conference tournament this week with a first-round bye.

"I thought we played really well and Idaho State is a good basketball team," Idaho head coach Don Verlin said. "They were scrappy and they played that matchup zone all night long. I thought we did what we had to do to get it done tonight."

The Vandals had a slow start in the first half, as the two programs exchanged the lead every other minute. An early 3-pointer and a following jumper from sophomore Victor Sanders sparked the Vandal offense to take control of the game.

The Vandals entered halftime with a 37-29 lead over the Bengals.

Idaho shot 25 percent from behind the three-point line and 42.4 percent from the field.

The Bengals finished the half shooting 22.2 percent from the perimeter and 50 percent from the field.

Idaho State junior Ethan Telfair scored 10 first-half points for the Bengals.

"Ethan Telfair is a good player," Verlin said. "He's really

“They were scrappy and they played that matchup zone all night long. I thought we did what we had to do to get it done tonight.”

**Don Verlin, coach**

hard to guard and it's really hard to keep him in front of you."

Telfair's quick ball handling and his ability to move to the basket and draw fouls proved difficult to defend for the Vandals. Despite his offensive power, the junior found himself in foul trouble on the defensive end, earning a technical foul near the end of the second half.

Idaho senior Chris Sarbaugh said the tension on the court between Telfair and Sanders was evident, but it worked in the Vandals' favor.

"There are two things that can happen when you start talking to someone: either they get worse or they get better — and when you talk to Vic (Sanders) he gets better," Sarbaugh said. "It defi-

nately got his confidence up and he hit huge shots."

Sanders went on to finish the game with 25 points as Idaho added to its lead down the stretch.

The Vandals ended the night shooting 48.3 percent from the field and 37.5 percent from the perimeter.

Idaho State ended with 41.5 percent from the field and 22.2 percent from behind the three-point line.

Saturday night's win was Verlin's 20th victory this year. The win marked the first time the coach accomplished this feat since joining the Vandals.

The team congratulated Verlin with a Gatorade bath in the locker room after the final buzzer.

"It feels great, and I really feel good for this basketball team," Verlin said. "But these 20 wins aren't about me, it's about them. Vandal fans should be proud of these boys to put on the Vandal uniform because they stand for everything Vandals should stand for. They have high character, they work their tails off, they come to practice and they fight every single day to get better."

The game proved the final opportunity for the Idaho seniors to step onto their home court. Sarbaugh finished the game with

VN

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four points, two assists and one steal. Senior forward Nahshon George posted three points and collected four rebounds, while senior Paulin Mpawe

finished with three points and three rebounds.

Sanders said the team is ready to leave their mark in the conference tournament.

"We worked hard all summer to shine all winter," Sanders said. "March Madness is coming up and this is where you make your mark. One game could be the end of your season so we just got to take one game at a time and keep believing in our system and play together and we'll be alright."

Verlin said he's confident in the team's ability as Idaho enters the tournament.

"I think it's wide open. We've beaten the two teams at the top of the conference. We've beaten everybody in the top five of the conference," Verlin said.

Sanders said defense is key for the Vandals in tournament play.

"We're reliant on our defense, day in and day out, regardless of whatever happens," Sanders said. "We believe in our defense and we'll play our defense against the best offense."

**Mihaela Karst**  
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## Staff predictions

*The Idaho men's basketball team enters the Big Sky postseason tournament with the No. 3 seed. The team will begin play Thursday after receiving a first round bye*

### Prediction: Semi-finals

The Vandals enter the Big Sky tournament with a starting lineup that is finally healthy. Multiple starters battled lingering injuries throughout the conference season, including leading scorer Victor Sanders, who suffered a broken shooting hand earlier in the year. The sophomore guard exploded for



**Josh Grissom**  
Argonaut

25 points against Idaho State Saturday, proving he is back to his old form. While the Vandals have won six of their last seven, the team faces stout competition in Reno. Idaho should make a solid run through tournament play, before falling in a semi-final matchup.

### Prediction: Finals

Idaho's success in the tournament will depend on shooting from the field and the reduction of turnovers. If the team can handle these issues, I see the Vandals reaching the tournament championship. Idaho has beaten several top teams throughout the season, and nothing appears to negatively impact the team. Idaho head coach Don Verlin deserves a lot of credit and consideration for Big Sky Coach of the Year after leading the Vandals to the team's first 20-win season in 23 years. However, Weber State appears to be a potentially



**Luis Torres**  
Argonaut

difficult opponent for Idaho, so strong defense and fewer errors will be key if the Vandals are to win.

### Prediction: Finals

The men's basketball team will find itself in the championship game at the conclusion of the Big Sky Conference tournament. Despite hot shooting from sophomore Victor Sanders and junior Perrion Callandret, the defining factor for the Vandals will be defense. Idaho has beaten the top five teams in the conference, so it should come as no surprise if the team is able to claim victory over much of the competition in Reno.

### Prediction: Finals

Idaho head coach Don Verlin said defense will be key in the Big Sky tournament, after the team posted a commanding victory over Idaho State. The Vandals possess one of the best defenses in the

conference and are entering Reno with a three-game win streak. Eastern Washington and Montana could potentially derail Idaho's conference hopes, but the team should be able to secure a victory. The Vandals will find success due to rebounding and scoring late in close matchups.

### Prediction: Second round

Sophomore Victor Sanders and junior Perrion Callandret may be on the court again, but the team has created success and rhythm without the pair. The team will have to adjust to another starting lineup, which will prove to be its downfall. Sanders and Callandret will lead the offensive charge, but defensively the team will fall flat and exit the tournament early.



**Brandon Hill**  
Argonaut



**Mihaela Karst**  
Argonaut



**Tess Fox**  
Argonaut

## CHEER

# Eat, sleep, cheer, repeat

Seniors reflect on time spent with cheer program

**Jack Olson**  
Argonaut

The University of Idaho cheer team has a season that lasts 10 months, practices that occur six days a week and one reason team members are dedicated to the sport.

"They do it because they love it," said senior Michael Ruby.

Ruby is in his fourth year of cheer at Idaho and has been a captain of the squad for two years. He joined the program as a walk-on during the winter of his freshman year and immediately joined in the tumbling and stunts.

"You can blow people's minds with stunting," Ruby said. "We're literally stacking human beings for people to watch."

Ruby said he enjoys every aspect of cheer — coaching, being a teammate, developing athleticism, maintaining community relationships and performing in front of the crowd.

He said the team is used in publicity stunts such as photo shoots with the College of Agriculture on a tractor or with

University of Idaho engineers in a newly constructed vehicle. Ruby said the team performs in the Idaho Commons or at the Gritman Medical Center as a way to publicize the program.

The senior said many people do not realize how much work goes into cheerleading activities. He said confidence is key, but members often need 100 to 150 repetitions with a move before it can be used in front of a crowd.

"Everyone thinks I'm a 'rah-rah' cheerleader who jumps and touches my toes," Ruby said. "People don't understand how hard a sport it is ... people tell me I'm not an athlete, but there's a lot of athleticism in it." The senior stressed the importance of trust between team members in order to prevent dropping anyone during routines.

Ruby said he once was with the squad in Las Vegas for the Western Athletic Conference basketball tournament performing a routine in front of alumni, donors and fans. He said he threw a girl up in the air, but that it was at the wrong angle and she began to fall.

Ruby said he was able to catch her before she hit the floor, but

the stunt was ruined.

"We won the WAC tournament, the team threw the Gatorade on the coach and everything," Ruby said. "She was running across the court and slipped in the puddle and hit her head on the ground. I ran up to her and asked if she was OK and if she was hurt. She looked at me and said, 'Not as much as when you dropped me.'"

Ruby said her comments left a lasting mental impact.

"I didn't throw for two months after that," he said.

Chelsea Averno, another four-year member of the Idaho cheer program, said the team uses an all-year schedule consisting of practice and workouts.

"We don't do it for the popularity," Averno said. "We wouldn't put in the time if it was just bragging rights."

Idaho cheer head coach Bobby Meador said the team practices, performs or works out every single day of the week except for Mondays, when many students have obligations to their Greek house.

"These kids want to be here," Meador said. "Other than a love for the program, there's not

much holding them here. We're having a good time."

The coach said there are no scholarships available to students, and that each member has to fundraise \$200 as part of the team.

Meador said the purpose of the cheer team is to get the crowd involved at athletic events. He said it is important that the team capitalize on crowd momentum and perform the right chants at opportune moments.

Averno said teams will play better if they know they are supported by school fans. She said spectators and athletes may not thank the cheer members for their contributions, but fans would notice if the squad was not at the game.

Averno said one of her favorite moments with the team is when young children want pictures with members.

"There's one family that comes up and says 'My girl looks up to you,' and I'm just thinking 'You don't even know me,'" she said. "But it's so cool that she wants to become that."

Ruby said what brings him joy

is hearing that children are inspired by his position with the team.

"You never know who's watching," Ruby said. "You never know whose life you're going

to touch."

Ruby and Meador both said they experienced discrimination in high school and were routinely called "gay" for being male cheerleaders.

Averno said the stigmatization for men in cheerleading has changed throughout the years, and that it is now trendy to be a male cheerleader.

"They get to know the athletes," Averno said. "They get access to the weight room." Ruby said he has an internal drive to teach younger team members about leadership. He said he wants his peers to become even better than he is at the sport.

The senior said he would miss cheer after performing with the team for four years.

"Everything I can do for this program I will," Ruby said. "I would never give it up for anything."

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## WOMEN'S BASKETBALL

## Hot shooting burns Vandals

Idaho slips in final game of regular season

**Josh Grissom**  
Argonaut

A hot shooting streak carried Idaho State to an 89-68 victory over the Idaho women's basketball team Friday night in Pocatello.

The loss drops the Vandals (21-9 overall, 13-5 Big Sky) to the No. 3 seed in the conference postseason tournament this week.

"Hats off to Idaho State, they made their shots," Idaho head coach Jon Newlee said. "When they were open they knocked them down."

The Bengals (15-14 overall, 8-10 Big Sky) held the Vandals to 14 points in the first quarter, as Idaho State exploded for 25 points to take an 11-point lead.

The Vandals responded with 20 points

in the second quarter, but the Bengals entered halftime with a 45-34 lead.

Idaho shot 34.2 percent from the field in the first half of play, while Idaho State converted 17-30 shots from the field.

"I have never seen them shoot like that all year and we have seen a lot of their games," Newlee said. "They were home on Senior Night. That is what happens here."

Senior guard Christina Salvatore scored five points in the first half for the Vandals, while senior post Ali Forde collected four rebounds. Junior guard Brooke Blaire contributed 11 points for the Bengals in the first half.

Idaho State continued its offensive success in the second half, scoring 44 points en route to a 21-point victory over

the Vandals.

Forde finished as the Vandals leading scorer with 17 points. Freshman Mikayla Ferez contributed 14 points, while senior post Renae Mokrzycki added another 13 points.

Blaire led all scorers with 24 points for Idaho State. Senior guard Apiphany Woods added another 21 points, while redshirt sophomore forward Lindsay Brown finished with 16.

The Bengals shot 55.4 percent from the field during the game, compared to 31.3 percent for the Vandals.

The regular season finale loss dropped Idaho to third in the conference standings, as the Vandals went 4-3 in the last seven games.

Idaho finished the year with a 21-9 overall record and 13-5 record in conference play.

The team will play in the Big Sky postseason tournament Tuesday after earning a bye during the first round of play Monday. The Vandals are scheduled to face the winner of the first round matchup between No. 6 Weber State and No. 11 Portland State.

"The real prize is Reno and we are well aware of that," Newlee said. "We will regroup and get ready to play in the tournament."

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## MEN'S TENNIS

## Kovacs' thrilling win

Idaho men's tennis escapes Cheney with a 4-3 win over NAU

**Luis Torres**  
Argonaut

A week off for the Idaho men's tennis team didn't slow the program's performance against Northern Arizona Saturday.

Victory did not come easy for the Vandals, as the meeting came down to the final match of the afternoon.

A demanding three sets in singles play determined the victor, as sophomore Mark Kovacs defeated Jackson Lee 7-5 in the final set to clinch the 4-3 win for Idaho in Cheney.

Idaho improves to 2-1 in the Big Sky Conference and 7-2 overall as a result of the win. The victory also marked Idaho's second straight win.

Idaho coach Abid Akbar said the game was intense during the final stretch.

"Today was a roller coaster," Akbar said. "It was as close as they get. It is nice to start our conference stretch with the 'W.' We have three consecutive Big Sky matches to follow. Three more 'W's' to get."

Northern Arizona coach Ki Krill said the loss was frustrating and Northern Arizona would need to respond in the team's next game.

"It was a tough loss for us today," Krill said. "We'll need to rebound against a hungry Eastern Washington team."

Idaho's Kovacs and freshman Lucas Coutinho began the intense matchup with a 6-2 win in doubles on the No. 3 court to

snag the early advantage for the Vandals.

The Lumberjacks responded by winning the next two meetings to earn the point in doubles.

The Vandals bounced back momentarily in singles play as senior Odon Barta defeated Tim Handel 6-0, 6-4 on the No. 1 court.

A 6-3, 6-2 win by Northern Arizona's Felix Schumann over Artem Vasheshnikov regained the advantage for the Lumberjacks.

Senior Jackson Varney and sophomore Felipe Fonseca responded with consecutive singles wins to give Idaho a 3-2 lead.

Coutinho began his matchup with Northern Arizona's Thomas Fisher on the No. 6 court with a 6-3 set win. But Fisher changed the momentum of the meeting and won the next two sets 7-5, 6-3 to tie the two programs 3-3.

The competition came down to Kovacs and Lee on the No. 5 court to determine the match winner. The Idaho sophomore struggled in the opening set with a 6-2 loss. But Kovacs bounced back to win 6-2 and tie the match.

Both competitors fought back and forth to get the final singles point. Kovacs earned a 7-5 win in the third set to clinch Idaho's seventh victory of the season.

The Vandals will face Southern Utah at 1 p.m. Thursday in Lewiston. Idaho will travel to Montana for two conference meetings over the weekend.

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## WOMEN'S TENNIS

## Three in a row

Idaho women's tennis earns third consecutive win

**Brandon Hill**  
Argonaut

The Idaho women's tennis team has had difficulty this spring scheduling a competition at home because of inclement weather.

On Saturday, the team had to move their match to the indoor facilities at Lewis-Clark State College due to weather concerns.

The Vandals knocked off another Big Sky opponent attempting to halt the team's win streak.

Idaho swept the doubles point early in the meeting. Freshman Mariana Petrei and sophomore Lucia Badillos came out strong against Idaho State, defeating their opponents 6-2. Sophomore Ana Batiri and senior Belen Barcenilla followed the duo with a 6-1 win to claim the doubles point.

Idaho head coach Mariana Cobra said securing the doubles point has been a goal of the team in each match.

"Idaho State came in hungry and prepared just like every Big Sky team we have faced," Cobra said. "Winning the doubles point definitely gave us the momentum."

With a 1-0 lead in the match, Idaho took the momentum into singles competition. Svenja Tegtmeier of Idaho State held off Bermudez on the No. 2 court to help the Bengals keep pace with the Vandals.

The Bengals' hot streak did not last long, as Petrei defeated opponent Kasey Bacon in two sets. The victory marks Petrei's 11th

straight in singles matches this season.

Freshman Maria Tavares propelled Idaho to a 3-1 advantage by winning two sets after losing the first.

Wiebke Boeckmann of Idaho State gave the Bengals a breath of life on the No. 3 court in a match against Ana Batiri that ended in a tie-breaker.

The victory turned out to be Idaho State's last, as Celine Koets won two straight sets against Lara Theus and Barcenilla picked up another singles victory to earn a 5-2 win for the Vandals.

Cobra said she was proud of her team's ability to come through when they need it most.

"We had to dig deep and stay focused on the big points today," Cobra said. "We were able to do a good job of that."

Except for a February loss to Gonzaga, the Idaho women's tennis team has found success midway through the season.

Idaho now boasts a 4-1 Big Sky Conference record, as the Vandals sit third in the Big Sky standings. The team trails Montana and Sacramento State, both of which have played less than three conference matches.

"I am very proud of how we continue to get better after every match," Cobra said.

The Vandals will travel to Reno Wednesday to take on Nevada in a non-conference meeting.

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## CLUB SPORTS

# Breaking even

Idaho women's club hockey goes 2-2 in second-place tournament finish

**Lyndsie Kiebert**  
Argonaut

It was a weekend defined by offensive aggression and scrappy play for the Idaho women's club hockey team, as the Vandals went 2-2 in tournament competition to earn a second place finish in the Chix with Stix tournament in McCall.

The Vandals (5-4 spring season) played in the upper division of the tournament, facing club teams from across the region. Games ran Friday through Sunday at the Manchester Ice Rink and Events Center in the 12th annual competition.

Idaho opened the tournament against the Boise Wildfire Friday night, coming away with a convincing 5-1 victory with goals from five different players.

What began as a back-and-forth game quickly shifted as the Vandals scored early in the first period. Left wing Anna Lau found the back of the net off an assist from center Keanna Hawk.

The Vandals then experienced a scoring drought, during which Boise's Kari Morlock scored a breakaway goal after finding a gap in the Idaho defense.

The goal marked the only offensive production for the Wildfire on the night.

Freshman Katie Sholty scored the second goal for Idaho with six minutes left in the second period, which sparked an aggressive trend that would carry the Vandals to the final buzzer.

"We were pretty stressed out because we were like, 'Alright, super tight game, we're definitely not used to this,'" Sholty said.

The Wildfire's goaltender worked constantly as the Vandals controlled the puck

“

We really needed all our players out there. I got a little frustrated, but sitting in the box I guess calmed me down a little bit.

**Brianna Smith, defenseman**

for the remainder of the game.

Idaho's Haley Smith scored before the buzzer to end the second period on a high note. Both Maurgan Scott and Alena Cenis contributed goals in the third period.

Cenis said playing on a regulation-sized rink was key in the victory. The junior said the Vandals typically practice at the Palouse Ice Rink, which is three-fourths official size.

"The open space has given us more room to do more passing instead of getting too exhausted skating coast to coast," Cenis said.

The Vandals also came away with a commanding win over the McCall Dangle Saturday morning.

The Vandals earned a goal one minute into the first period on a breakaway from Hawk to set the tone for a 4-1 victory.

"It's very important to get the first goal because it sets the tempo of the game," Hawk said.

Two goals from team captain Lizzie Jossie and one other from Cenis proved too much for the McCall, whose only goal came from

Deb Newstadt in the closing moments of the second period.

"McCall wasn't very spread out, which allowed us to find open areas of ice to attack," said Hawk.

The junior said the team had not yet competed in a hard-hitting matchup like they did Saturday.

"Sometimes scrappy is all you've got when you're tired," she said.

Fatigue seemed to play a role in Idaho's third game Saturday night, as the Vandals fell 4-1 to the Utah-based Provo Blades.

"After the first day we kind of start to get sore and slow down," Jossie said. "You have big bruises — I have a big blister on my foot. So you're just worn out."

Jossie said Provo was the best team the Vandals played this season. She said the Blades have been a consistently difficult opponent over the years.

The Vandals had several scoring opportunities throughout the game, but had difficulty getting it past the Blades' first line of defense, let alone Provo's goalie.

"I think it's mostly us not looking up, just rushing through the play, not trying to find open lanes," Jossie said. "It's something to work on."

Lau scored the lone goal for the Vandals with one minute left in the game.

Despite the loss, Idaho's 2-1 tournament record earned the team an automatic berth in Sunday's upper-division championship. The Vandals faced the undefeated Blades again, resulting in a similar outcome.

Idaho fell 3-0 to Provo to place second in the Chix with Stix tournament.

The Blades controlled the pace of the

game from the start, forcing the Vandals to spend the majority of the matchup on their end of the rink attempting to defend the net.

"(Provo) is just big and they get in your way and we couldn't get inside to cause any chaos in front

of their net," said Idaho goalie Liz Larson, who tallied over a dozen saves in the championship game. "That's what they did well, and we kind of needed to take a page out of their book and do that, but we didn't."

Idaho defenseman Brianna Smith was called for tripping and sent to the penalty box in the closing minutes of the matchup. While the team did earn a penalty kill during her time off the ice, Smith said it was not an ideal time to be taken from the game — especially for a call she said was invalid.

"I had all puck, so it shouldn't have been called," Smith said. "We really needed all our players out there. I got a little frustrated, but sitting in the box I guess calmed me down a little bit."

Regardless of the loss and the penalty controversy, the Vandals made the return trip to Moscow in high spirits.

The team was presented with the Silver Stick trophy following the game, which the entire roster then signed.

"I'm super excited about the Silver Stick," Jossie said. "We're all going sign it. It's going to be great."

The Vandals will travel to Seattle to face the University of Washington April 9-10.

Lyndsie Kiebert can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu) or on Twitter @lyndsie\_kiebert



## DEFENSE

FROM PAGE 6

Players celebrated the landmark for Verlin by dousing the coach in Gatorade after the game. The night served as both a bittersweet conclusion and the beginning of something much greater.

Despite the post-game festivities, Sanders said the team knows that there is much more work to be done. The sophomore said the combined defensive and offensive performances in the last three games are a great starting point for the team to begin playing their best basketball yet.

"For us, this isn't it, we're not complacent," Sanders said. "Twenty wins — that's nice, but we're coming for more. Much more."

Brandon Hill can be reached at [arg-sports@uidaho.edu](mailto:arg-sports@uidaho.edu) or on Twitter

## Athletes of the week

### Chris Sarbaugh - Men's Basketball

Senior Chris Sarbaugh played in the final two home games of his collegiate career, providing a key role in a pair of Vandal victories. Sarbaugh collected seven rebounds, earned two assists and posted four points against Weber State Thursday night. In the regular season finale against Idaho State, Sarbaugh contributed four points, collected one rebound and provided two assists.



Sarbaugh

### Rena Mokrzycki - Women's Basketball

Senior Rena Mokrzycki came off the bench against Weber State and sparked the Vandal offense. Mokrzycki scored eight consecu-

tive points and finished with 10 in the 77-70 win over the Wildcats. The senior posted 13 points and collected two rebounds Friday night against Idaho State. Despite her efforts, the Vandals fell to the Bengals 89-68.

### Odon Barta - Men's Tennis

Senior Odon Barta earned the first point in singles play Saturday in the men's tennis win over conference opponent Northern Arizona. Barta earned a quick victory over Northern Arizona's Tim Handel, sweeping him 6-0, 6-4 on the No. 1 court.



Mokrzycki



Barta

### Belen Barcenilla - Women's Tennis

The Idaho's women's tennis team

swept Idaho State this weekend in the indoor facilities at Lewis-Clark State College. Senior Belen Barcenilla defeated her opponent in singles play, 6-2, 6-2. In doubles play, Barcenilla and sophomore Ana Batiri combined to take down their Bengal opponents 6-1.



Barcenilla

### Alena Cenis - Women's Hockey

The Idaho's women's club hockey team competed in the 12th annual Chix with Stix tournament in McCall over the weekend, earning the Silver Stick trophy with a second-place finish. Junior Alena Cenis scored once in the Vandals 5-1 victory over the Boise Wildfire Friday night, and again in the 4-1 win over the McCall Dangle Saturday morning.



Cenis

# Argonaut Religion Directory

**immerse** **Collegiate Ministries**

Bible Study • Fellowship • Events

**Sunday Morning Shuttle Service:**  
(Look for Trinity's maroon van)  
**10:00am**, at LLC bus stop  
(returning shortly after Worship)

sponsored by  
**Trinity Baptist Church**  
208-882-2015 [www.trinitymoscow.org](http://www.trinitymoscow.org)

**BRIDGE BIBLE FELLOWSHIP**

Sunday Worship 10:00 a.m.

**Pastors:**  
Mr. Kim Kirkland Senior Pastor  
Mr. Nathan Anglen Assistant Pastor

960 W. Palouse River Drive, Moscow  
882-0674  
[www.bridgebible.org](http://www.bridgebible.org)

**Moscow Bible CHURCH**

Meeting at Short's Chapel  
1125 E. 6th St., Moscow

**Sunday Worship Service — 10 a.m.**  
Christ Centered  
Biblical, Conservative, Loving  
[www.moscowbible.com](http://www.moscowbible.com)

Pastor Josh Shetler. 208-874-3701

**CROSSING** "Fueling passion for Christ that will transform the world"

**Service Times**

Sunday 9:00 am - Prayer Time  
9:30 am - Celebration  
6:00 pm - Bible Study

Thursday 6:30 - 8:30 pm - CROSS - Eyed at the Commons Aurora room

Friday 6:30 pm - Every 2nd and 4th

Friday U - Night worship and fellowship at The CROSSing

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We are a welcoming congregation that celebrates the inherent worth & dignity of every person.

**Sunday Services: 10:00 am**  
**Coffee: After Service**  
Nursery & Religious Education

**Minister:** Rev. Elizabeth Stevens

420 E. 2nd St., Moscow  
208-882-4328  
For more info: [www.palouseuu.org](http://www.palouseuu.org)

**Evangelical Free Church of the Palouse**

**9am** — Sunday Classes  
**10:15am** — Sunday Worship  
**Tuesdays:**  
**5pm** — Marriage Architect Class  
**6pm** — College Ministry

4812 Airport Road, Pullman  
509-872-3390  
[www.efreepalouse.org](http://www.efreepalouse.org)  
[church@efreepalouse.org](http://church@efreepalouse.org)

**First Presbyterian Church**  
A welcoming family of faith

Sunday Worship 10:30 am  
Sunday College Group 4:00 pm  
at Campus Christian Center

405 S. Van Buren [fpcmoscow.org](http://fpcmoscow.org)  
Moscow, Idaho 208-882-4122  
Pastor Norman Fowler

**Moscow First United Methodist Church**  
Worshipping, Supporting, Renewing

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**10:30 AM:** Worship starts

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Pastor: Susan E. Ostrom  
Campus Pastor: John Morse  
822 East Third (Corner 3rd and Adams)  
Moscow ID, 83843  
<http://www.moscowfirstumc.com/>

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Sunday Morning  
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10:00 am - Worship Service

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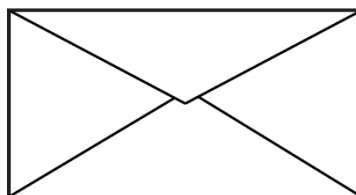
Sunday Mass: 10:30 a.m. & 7 p.m.  
Reconciliation: Wed. & Sun. 6-6:45 p.m.  
Weekly Mass: Mon. - Thurs. 8:30 p.m.  
Saturday Mass: 9 a.m.

Phone & Fax: 882-4613  
Email: [stauggies@gmail.com](mailto:stauggies@gmail.com)

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# OPINION



Send us a 300-word letter to the editor.

ARG-OPINION@UIDAHO.EDU

## OUR VIEW

# Woes of modern women

*Even in the 21st century, we can do more to promote gender equality*

March is Women's History Month, and the University of Idaho offers several opportunities for people to learn more about women's issues, such as Lunafest, a female film festival.

It seems as though a lot of progress has been made in the last century to further women's rights and end sexism. However, even in 2016 there are still things that need to be fixed.

The U.S. Census Bureau states that the average woman makes 78 cents for every dollar that a man makes. This excludes salaried workers as well as part-time employees.

Many suggest that the reason women are paid less is because they work less than men, so they have less work experience. People also argue that women often leave the workforce to raise their children and afterward look for jobs with more flexible hours.

While the statistic from the U.S. Census Bureau is a little misleading because it doesn't take into account that women tend to leave the workforce and raise families, the alternative statistic is just as bad.

The U.S. Labor Department's Bureau of Labor Statistics data shows that women who do not get married have virtually no wage gap. They earn 95 cents for every dollar a man

makes. Women who are members of unions make almost 91 cents compared to their male counterparts.

These statistics infer that if women want to be closer to pay equity, they shouldn't get married or start a family. In turn, that spreads discrimination and pay inequity and reinforces the gender stereotype that women are the only ones who can sacrifice a career for a family.

This is a struggle ambitious women across the country have to deal with. They walk fine lines between femininity and power, yet never seem to have both.

One piece of information that is key to understanding pay inequity and the discrimination against women in our society is the types of jobs women often take. Men tend to be paid more because more of them are in science, technology, engineering or mathematics fields (STEM), and not in a professorial or academic aspect.

In recent years, there have been movements and projects that are aimed at encouraging women to enter STEM fields. Professors at UI participate in programs that aim to help middle-school-aged girls learn coding and computer science and many sociologists are also researching how different learning environments impact different genders.

Women in the STEM fields often aren't treated the way they should be in male-dominated

fields. Sometimes they even feel the need to change how they act to fit into a more masculine environment. Young women studying at UI shouldn't have to feel like they need to change their outfits because they are "too cute" or "too girly." Women should never have to feel as though they are being ridiculed because of their femininity, no matter what job they are in.

Women shouldn't have to give up their families or their femininity in order to be taken seriously, and society shouldn't continue to perpetuate the idea that women are homemakers.

Promoting gender equality doesn't just benefit women. It benefits people of all gender identities. Societal expectations placed upon women can have a negative impact upon men, too. For example, men who enter into career fields that are characterized as feminine are often seen as outcasts. Men who choose to stay home and raise their children while their partners pursue a career are also looked down upon.

Breaking down gender stereotypes and working toward gender equality will help people of all gender identities and create a world in which a young girl with aspirations to be a neuroscientist or a game designer will be encouraged to accomplish her dreams.

— CW

For more opinion content, visit [uiargonaut.com](http://uiargonaut.com)



Nicole Moeckli Argonaut

# Embracing identities

I think I'm voting for Hillary Clinton because I'm black.

Election season is a rare moment when our culture accepts crude demographic labels. Ted Cruz woos evangelicals. Marco Rubio targets Hispanics. Hillary Clinton wins blacks.

It's the language of voter blocs and the big sort — and we use it because it works. People with similar identities tend to vote in similar ways.

I thought I was an outlier. Despite being young and idealistic, I was unconvinced by Bernie Sanders. But then Clinton rode black voters to commanding wins in primary elections across southern states.

Maybe there's something about the black experience that lets me overlook her scandals, lies and general awfulness, and appreciate her pragmatism. At least, that's what the polls say.

Similar people do more than vote similarly. They listen to the same music, talk the same way and live in the same cultural spaces. Our fragmented American culture gives us diversity with clear divisions, the salad bowl and not the melting pot.

So stereotypes flourish. People get glances at other cultures without fully immersing themselves. They develop images and associations. Asians and rice. Mexicans and sombreros. Blacks and fried chicken.

We are told that these stereotypes are false. After all, race does not matter — we are all American. However, this well-meaning sentiment brings measurable harm.

Idahoans struggle with people who neatly fit into stereotypes. I love basketball and hip-hop, and people have trouble squaring that with my black identity without becoming noticeably uncomfortable or overtly racist. I become an incomplete, one-dimensional self.

While I am a fan of basketball and hip-hop, I also like cooking and writing code. My mom wishes I would call her more. It bothers me when people don't close the door all the way. I keep having this dream where my house floods with milk and an octopus chases me.

I am a complicated person with way more going on in my life than basketball, hip-hop or any other black stereotype. But when I

*Stereotypes can be accurate, but disregard the complexity of the human condition*

tell someone how the new Kanye album changed my life, or invite them to ball out, I can feel myself shrink. No longer am I Danny, with opinions and fears and ideas. I am the black guy.

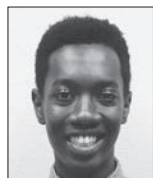
The problem with stereotypes is not that they are always false. Certain trends follow people with similar identities. It is when they become the only window into someone, narrowly define them and erase their complicated self, that stereotypes play a destructive role.

Racism is simple. It's easy to reduce people to one-dimensional caricatures. Compassion, however, takes time, effort and discomfort. Crossing cultural boundaries and seeing the complexity in other people does not come naturally, especially in a state with as little diversity as Idaho.

But compassion is humanity's crowning achievement. It is what raised us up from crowds of cavemen hitting each other to societies as complicated as the individuals they contain, with libraries and schools and laws — and elections.

Danny Bugingo can be reached at [arg-opinion@uidaho.edu](mailto:arg-opinion@uidaho.edu)

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Danny Bugingo Argonaut

## OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

### A sport of upsets

Miesha, Nate and the Lakers beating the poster child's in their profession. This means the likelihood of dating a girl before the year ends is possible, right?

— Luis

### #RoadtoReno

Our foes will be smeared on the windshield of the hype-train to Reno.

— Jack

### Little friends

Insects aren't always super convenient, but they're important for maintaining healthy ecosystems. Think twice before squishing a spider or swatting away a bee.

— Corrin

### The thing is

Spiders, bees and weird cricket things are not important for maintaining a healthy ecosystem in my apartment.

— Tess

### Spiders and bees

If I kill them, my girlfriend considers me her hero. I'm sorry about their population, but I'll take what I can get.

— Jake

### Spiders

They don't bother me when I'm awake, but I keep getting chased by them in dreams. First person to lay some interpretation down for me gets a crisp high five.

— Hannah

### What bugs me

A week of tests and paper deadlines before a week of mountains and family. Who invented midterms?

— Lyndsie

### Phoenix

Spring break is just a few days away, and I'm already buggin' out.

— Josh

### Spring break

Please travel safe and come back in one piece.

— Erin

### A well-deserved break

A week full of tests before spring break always makes the break feel so nice. I can't wait for some time shooting in the mountains.

— Jordan

### Death numbers

Reading headlines from the Middle East makes my stomach turn. I get that these people are our "enemies," but 200 deaths in two headlines, not to mention countless others that go unreported? I think something is wrong with that picture. Violence only caters violence.

— Claire

### Oregon adventures

I am going to disobey TLC and chase some waterfalls this break.

— Jessica

### Tillamook, Oregon

I can't wait to visit. I've been told to pack nose plugs though. Apparently their cows put UT's to shame in the stench department.

— Austin

### Goodbye Peyton

Farewell to my favorite quarterback, the Broncos will never be the same.

— Tea

### To the women

Mrs. Reagan was an example of a strong woman. Let's take the time to celebrate and encourage each other to strive for success.

— Katelyn

# A stinging reality

The decline in bee populations should concern more than just scientists and beekeepers

When it comes to the relationship between people and bees, things are a little complicated.

While bees may be small and fuzzy, their Kamikaze death stings have a history of striking fear into the hearts of young children everywhere. Their unnerving disregard for personal space doesn't help either.

Despite their reputation for being buzzing, stinging, black-and-yellow death machines, bees play an important role in the food industry and international economy, and their sudden population decline — known as Colony Collapse Disorder (CCD) — should not be taken lightly.

According to the United States Department of Agriculture,

the number of bee colonies has decreased from five million in the 1940s to about two million today. Beekeepers are facing tremendous loss too. Beekeepers averaged 33 percent loss in bees between 2006 and 2011, with a third of these losses attributed to CCD.

Although this might seem like a problem exclusive to researchers and beekeepers, the reality is that a decline in honey bee populations affects everyone.

An article published by the BBC cited that one-third of all food is dependent upon pollination. Beyond that, bees pollinate up to 70 different types of crops and produce about 6,000 tons of honey every year.

When bee populations decline, the agricultural industry is impacted in a negative way. This could increase the price of certain foods and make it difficult to purchase them without breaking the bank. A lack of bees would also hurt the environment, as bees are an integral part of maintaining healthy ecosystems.

While little is known about CCD, many researchers, including University of Idaho professors within the College of Natural Resources, are working to learn more about the problem.

It's possible for college students to help as well.

Like bees, most insects that are feared, such as spiders, contribute to local ecosystems. While most people's first instincts are to

squish the spider on their wall or swat at a bee that's encroached upon their picnic space, there are better ways to interact with insects.

Non-poisonous spiders that have wandered into an apartment can easily be trapped under a cup and taken outside.

Honey bees don't often attack until they've been aggravated or swatted at, which means defusing honey bee interactions can be as simple as ignoring them or calmly walking away from the bee.

As the summer approaches, many bees often fly too close to bodies of water and drown in pools or lakes. If a bee is still on the surface or wriggling around, it's possible to fish it out of the

water and place it on a safe, dry surface where it can recuperate and continue on its way. As the warmer months approach and more insects start to appear, it's also important not to mistake honey bees for their much more aggressive counterparts, wasps.

While there's not much students can do, the little acts of kindness toward bees will help in the long-run. These buzzing black-and-yellow creatures may not be everyone's favorite insect, but they are undeniably important and the societal role they play should not be ignored.

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Corrin Bond  
Argonaut

# Safe sex and empowerment

Internal condoms are an equally safe way to have protected sex

When people hear the word "condom," typically the male condom is the first thing that comes to mind.

Vandal Health Education (VHE) is committed to giving students access to free condoms, because using condoms correctly and consistently is the most effective way to prevent STIs and unintended pregnancy.

The male condom isn't the only way to protect yourself, however. Vandal Health Education also has free female condoms. The female condom is an equally effective form of protection, and we want students to know more about them.

The female condom is a nitrile (synthetic rubber) pouch with a flexible inner ring. It looks like a larger male condom with a ring in the closed end. These condoms are inserted much like a tampon, and the inner ring holds the condom against the back of the vagina for stability. The other end of the condom rests against the female's vulva for extra skin-to-skin protection.

One thing to keep in mind is that someone needs to hold the condom down while the penis is being inserted, just to make sure that it is completely within the condom. Just like the male condom, the female condom can only be used once. Make sure to throw it away immediately after use.

Female condoms take a small amount of extra effort and commitment to learn how to use, but they have great pay-offs. When these condoms are used correctly, they are 95 percent effective for protecting against STIs and unintended pregnancy. Females should practice inserting the condom a few times before use, that way they feel comfortable using it when the time is right.

Female condoms empower women to

be in charge of their sexual health. According to Bedsider, a reputable sexual health resource, some women report boosted self-esteem when they use female condoms.

Because the internal condom can be inserted eight hours before use, females can be proactive about protecting themselves before they go out. Women should wear a snug pair of underwear to keep the outer part of the condom pressed to their body for extra comfort.

Internal condoms also ensure that women are protected with partners who are reluctant to use protection.

Everyone has the right to feel comfortable during sex and the right to refuse unprotected sex with a partner.

These condoms also have some sensual advantages. Some people report that the female condom increases pleasure. The outer ring of the condom rubs against the clitoris and the inner ring stimulates the head of the penis.

Because internal condoms are made of non-latex nitrile, they warm up with your body temperature and are safe for people with latex allergies. In addition to vaginal sex, they can also be used for anal sex as a great option for STI prevention. Just remove the inner ring for extra comfort and make sure to use a water-based or silicone-based lube.

For more information, talk to one of our peer health educators in the Health Education Resource Room, which is located in the Student Recreation Center. They are there to answer questions and make sure you feel comfortable with your choice of contraception. Vandal Health Education also offers various male condoms, including lubricated Lifestyles, Trojan Magnums, Trojan Enz, Trustex non-lubricated and Lifestyles non-latex for free.

Ashtin Mitchell  
is a peer health educator.  
She can be reached at  
vandalhealthed@uidaho.edu

## GUEST VOICE

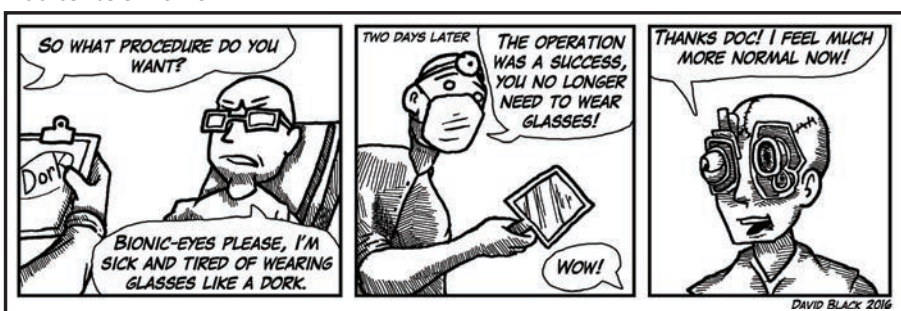


Ashtin Mitchell  
Peer Health Educator

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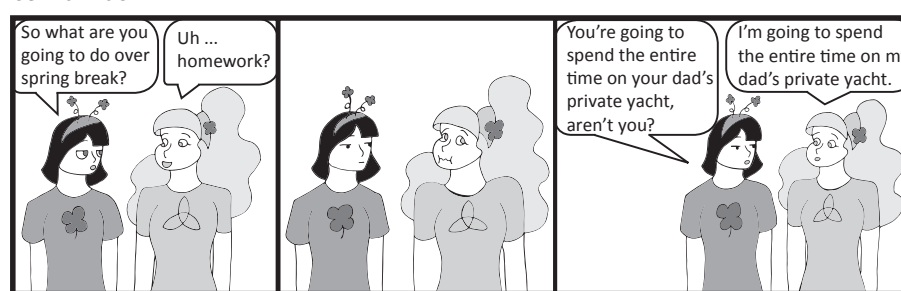
## COMIC CORNER

### Bad sense of humor



David Black | Argonaut

### Senka Black

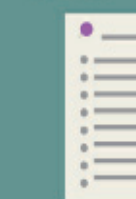


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