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CRUMBS

A Crumbs recipe



Simple, spicy chicken teriyaki

Sometimes Asian food can seem like too much effort. Especially for the really good stuff. Well here is a simple, quick way, to enjoy some of those Asian flavors.
For those who want a less spicy dish, skip the red pepper and cut the Sriracha in half.

Ingredients

■ 1 tablespoon olive oil

■ 1 chicken breast

■ 3 cloves garlic

■ 1 teaspoon ginger powder

■ 1/2 teaspoon ground red pepper

■ 2 tablespoons soy sauce

■ 2 tablespoons Sriracha

■ 1 package Knorr Teriyaki Noodles

Directions

1. Prepare Knorr Teriyaki Noodles as directed on the package

2. Heat olive oil in small frying pan

3. Saute garlic until golden brown

4. Cook chicken in the pan

5. While cooking, combine all remaining ingredients with chicken

6. Combine in one easy, 10-minute teriyaki bowl

7. Optional: saute some vegetables in order to have a more balanced meal



Claire Whitley
can be reached at
crumbs@uidaho.edu

Completely Unrelated



Karter Krasselt | Argonaut

FOR MORE COMICS, SEE **COMIC CORNER**, PAGE B15

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THE FINE PRINT

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STUDENT LIFE

Final days a freshman

The Argonaut followed four students through their freshman year. This is the third and final installment.
Editor's note: The fourth student profiled in this series could not be reached to be interviewed. Members of his fraternity confirmed he left school after midterms. According to U.S. News and World Report, as many as one in three first-year American college students do not return for their sophomore year.

A year of soul-searching

Katelyn Hilsenbeck
Argonaut

Although freshman Danielle Payne said coming to the University of Idaho was a good decision, she's taking a year off.

She will depart in September for a trip to South America with Youth With a Mission, an interdenominational non-profit organization, to learn more about God and participate in outreach.

"I didn't think that I was ready last year," Payne said. "(Now) I know that I could do it. I have more faith in myself."

She said she is nervous about speaking Spanish, which she added to her nutrition major.

She said she would spend at least six months abroad and return to UI after a year off. Payne said she doesn't imagine returning to school will be difficult.



Payne

"I don't have enough knowledge to be as useful as I want to be in the world," Payne said. "I'm just excited to learn more about the world."

Payne said her ultimate goal is a lofty one.

"My end goal is basically to end world hunger, whatever I can do to do that," she said.

While home over the summer, she said she will revisit the relationship with her boyfriend — the couple was attempting a long distance relationship.

"Things haven't really worked out," Payne said noting the difficulties of long-distance relationships.

Some relationships, however, have worked out. Payne said her relationship with her roommate has remained strong over spring semester.

"She's awesome. She's my best friend," she said.

Payne said she intends to stay in touch with friends while she is on her mission, but is curious to see which friendships remain in tact when she returns.

"It's going to be really hard to leave," Payne said.

She said she has avoided calling Moscow and her dorm room "home" this year even though it has turned into one.

"It definitely is a home away from home," Payne said.

She has gotten used to being 12 hours away from her home near Medford, Oregon, she said.

"It feels pretty normal to be away from home now," Payne said. "I don't know what restrictions my parents will place on me (while home)."

Although she said she had trouble breaking out of her shell at first, she found friends and joined various organizations, including Jazz Choir, marching band and the astronomy club.

"I can tell that I've grown a lot as a person," she said, "Just being more responsible and understanding other worldly things."

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See you again soon

Claire Whitley
Argonaut

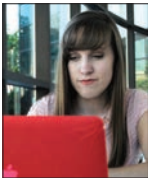
Leah Uptmor, a University of Idaho public relations major, said she cannot believe her freshman year is over.

She said she won't be able to go swing dancing every week, or see her best friend and roommate, or eat the meals prepared by the Kappa Delta chef.

"I don't want to leave Moscow," Uptmor said, putting her head in her hands.

Uptmor said she has a summer job with the Idaho Forest Service working a graveyard shift in order to help pay for her next year at UI. She also has summer plans to go to the Watershed Music Festival, a country music festival, at the end of July, before coming back August 5 for Greek recruitment in the fall.

"It's weird to think they will be younger," Uptmor said. "I'll have my own Little."



Uptmor

Uptmor was originally an economics major, but switched to public relations and is considering a minor in communications. She said her introductory communications class was a great class and the professor encouraged her to continue in the field. She said she is happy to almost be done with her general education credits, and that she no longer needs to take math or science classes.

"I'm ready to get rid of gen-ed credits and start getting into actual classes," Uptmor said.

During the spring semester she said her favorite classes were her yoga class and her country swing class.

"While doing (yoga), you don't realize it's a workout," Uptmor said. "You get up the next day like, 'Oh, I'm actually sore now.'"

Some of Uptmor's favorite memories are uploaded in a Facebook photo album of freshman year, she said. She has photos of the formals she attended, Emerald and Black Diamond, Moms' Weekend, first campout of the spring, homecoming and her first-ever concert.

Uptmor said she went to see Luke Bryan, Dustin Lynch and Little Big Town in concert, and visited Montana State University's Alpha Gamma Rho.

Uptmor said she is a lot more open-minded than when she came to UI. She also said she is much more flexible and relaxed as she has started to figure things out. For next year, Uptmor said she is excited to help freshmen as well as getting her Little.

Her most recent life motto is "take it easy, but work hard, and look at the big picture." She said this will help get her through the three months of hard work, but it will pay off next semester.

"I'm excited for what's coming up," Uptmor said.

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Playing to her own tune

Hannah Shirley
Argonaut

When University of Idaho freshman Andrea Falk dropped her cello performance major just after midterms, everything seemed to fall into place.

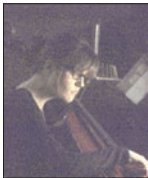
"I was very content," she said. "Much happier."

Falk came to UI in August as a cello and vocal performance major. She was nervous, excited and uncertain whether she'd make friends.

While Falk found her rhythm quickly, the load of a music major quickly began to wear her down, and by fall midterms, she was spiraling.

By the end of fall semester, she had regained her positive outlook. By dropping her cello major shortly after this, she said she was simplifying — no longer did she have to focus on her instruments.

"I could just be a musician," she said.



Falk

She said while her love of vocal performance began in high school, it was only enriched by her first year at UI. She said being in performances, meeting barbershop quartets and learning about singing styles she'd never heard of made her want to push her vocal performance to new heights.

"I knew I couldn't do that as a cello major," she said. "And that was what I wanted."

She said with the move, she will be able to focus in on what she really wanted to be learning — she said she might even add a jazz studies minor.

Since then, Falk said she has been busy without feeling overwhelmed. She picked up a job working at Patty's Kitchen and still enjoys hanging out with her friends in the music department. With finals winding down she said she looks forward to working and spending time with her family in Moscow this summer — particularly her younger brother.

She said she has matured dramatically this year, and feels now she can better relate to her brother.

"And ever since I dropped my cello major, my personality has kind of come back," she said. "I can enjoy being around them more."

Falk said if this year has taught her anything, it's to let things go. While it was certainly a yearlong process, she said in retrospect, her freshman year feels like one big learning experience.

Now, she said, she's looking ahead. She's tired, ready for a break and ready to be done being a freshman. Even so, she said the transition will be bittersweet — as hard as the year was at times, she said she still had the chance to create wonderful memories.

"It's not going to be the same," she said. "Just go with that. It's not a bad thing."

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GRADUATION

‘My story is my story’

UI graduate student overcomes traumatic brain injury

Katelyn Hilsenbeck
Argonaut

When Aubrey Shaw was 6 months old, she went flying through the air. Still strapped to her car seat, she was ejected from her family’s car when a semi-truck collided with it.

Soon after, paramedics found her on the side of the road. She was airlifted to Denver, Colorado, where she underwent surgery to repair a two-inch tear in her brain. Her mother, Debra, remained at a hospital in Wyoming where the crash occurred.

“That was really rough on us because we were all separated from each other,” Debra said. “They did say that they were not sure that she would be able to walk or she might need a walker. They weren’t sure she would be able to speak or speak very clearly.”

Now, Aubrey’s left side is stronger than her right. She has an abnormal gait and her right wrist sits at an atypical angle. She may have to read things a few extra times — and on May 14, she will earn her second college degree.

“My story is my story, but it doesn’t define who I am,” Aubrey said. “I wake up in the morning and I say, ‘Let’s go.’”

She began her undergraduate studies at the University of Hawaii before transferring to UI and graduating with a bachelor’s degree in psychology. Aubrey is

preparing to graduate with a master’s degree in movement and leisure sciences. Then, she will continue studies at UI for a doctorate.

In Hawaii, she said people would look at her differently. When she told her mom, Debra said it was because they noticed. Aubrey said her response was, “Notice what? Nothing is wrong.”

Sharon Stoll, professor in the department of movement sciences, said she noticed Aubrey’s disability because a family member has a similar physical manifestation of a traumatic brain injury.

Stoll said she encouraged Aubrey to continue on for her doctorate after having her in classes and hearing her story. For one assignment, she said Aubrey wrote a paper on her love of sports.

“She was always separated out, and that separation out is not a good thing, because young people who have these injuries or limitations or whatnot want to play,” Stoll said. “When I read that, I thought ‘Wow, what a voice. What a voice to make a difference.’”

Stoll said she sees a future for Aubrey being an advocate in the field of movement sciences for treatment and perception of people with disabilities.

“In my eyes, my disability is invisible,” Aubrey said. “If you’re looking for it, you can see it.”

However, Stoll said she’s had debates with Aubrey for quite some time about the visibility of her disability.

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“We’ve had this argument going on forever,” Stoll said. “The whole point of being a voice is to know that you have it.”

Debra said she has seen Aubrey do a bit more self-reflection, especially since she began at UI. As the youngest child in the family, Aubrey said she was expected to keep up with her sisters.

“We made her do what her sisters did and she wanted to do that ... She wanted to keep up with her sisters,” Debra said. “We just treated her like we treated the other girls, our other daughters, and they treated her like they treated each other.”

Debra said she and her husband raised all their children with the same philosophy — work hard, do what you need to do and try your best.

“I was raised as if nothing ever happened,” Aubrey said.

Debra said when Aubrey’s sisters were studying she studied, too.

“When I was a kid, I didn’t want to do it,” Aubrey said. “As I got older, I understood what they were saying.”

Although Aubrey said she never wanted to do her schoolwork, especially not math, she fell in love with psychology and helping others.

“She’s a charming person, she’s very bright and hard-working, but she had to work herself there,” Stoll said.

Debra said attending college was something Aubrey had wanted since she was about 7 years old. She said they visited the University of Minnesota and had to push

buttons and wait for a walk signal to cross streets on campus — something foreign to their small hometown.

Debra said Aubrey looked at her and said, “Oh my gosh this is so cool, I can’t wait to go to college.”

“We are so proud, so proud of her, because school was a struggle for her, but it’s something she never gave up on,” Debra said.

Aubrey is one of more than 200 UI students to use the Disability Support Services office on campus.

Aarika Dobbins, assistive technology specialist, said there is a wide range of options available for students with disabilities, including note-takers, proctored test with time extensions and class caption writers. Aubrey said she uses the note taking service and extended time for exams.

“It’s nice to know you can have someone in the class getting the notes if you miss something,” Aubrey said.

She said she usually assesses class the first day and then decides if she will need help with notes.

“I know that someone else some place else might need that,” Aubrey said of the note-taking service.

Aubrey said that over her lifetime, including her time as a student athlete through her high school years, she has not struggled with how people perceive her.

“If there was a perception issue, I was never aware of it,” she said.

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CAMPUS

Rocks are how they roll

UI to host Geological Society of America Rocky Mountain Section Conference

Carly Scott
Argonaut

This May, the University of Idaho will be swarming with rock stars. While their specialty may not be music, the Geological Society of America’s (GSA) Rocky Mountain Section conference draws in some of the best and brightest geologists.

The conference, which will be held May 18-19, draws roughly 400 attendees from across the nation, including over 30 UI students, said conference co-chair Leslie Baker.

“Most of them are senior geology majors at UI presenting research and volunteering,” Baker said.

One of these students is UI senior Megan Aunan, a hydrogeology major who will present her senior thesis at the conference.

“I’ve been a member (of the GSA) for four years now, and I went to the annual conference two years ago and didn’t present,” she said. “Since it was going to be here, it was a great opportunity to present my research.”

Aunan is also a member of the UI Geology Club. The club will be volunteering throughout the conference, as well as selling t-shirts.

In the past, attending the Rocky Mountain Section of the conference has always been an issue for UI geology students.

“The Rocky Mountain Section is always the week after graduation,” Aunan said. “For a geology major, you have to attend two summers of field camp that start the week after

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finals week.”

Because of that, this is her first opportunity to attend this branch of the conference. UI postponed field camp by a week so students were able to attend this year.

Baker said the conference is an excellent opportunity for students.

“There are a lot of opportunities and workshops to build career skills,” she said.

It’s a way to network with hydrologists and academics and further build professional relationships, Baker said.

Yet Aunan, like many people, said she is most excited for the field trips. Field trips are offered before and after the meeting, said conference co-chair Brian Yanites. There are 11 different trips attendees can opt to attend, ranging from a jet boat trip up Hells Canyon to looking at the Miocene Fossil Beds.

“This is a collection of geologists from the Rocky Mountain Region and beyond coming together to work on geologic problems,” said Yanites.

The conference has a wide range of sections to attract the interest from any geologist.

“There’s everything from mineral and oil and gas deposits in the West to the erosion and creation of the topography and the history of life through fossils,” he said.

The meeting itself is only two days, Yanites said, and most science meetings are longer than that.

“It’s a time when you can bring scientists with similar interests together into a smaller setting,” he said.

Carly Scott
can be reached at arg-news@uidaho.edu or on Twitter @Idaho_Scotty

The UI Department of Chemistry Congratulates our Spring 2016 Graduates

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Jacob J. Dalton

Luke A. Davies

Paul K. Hanna

Jessica D. Lake

Amber LaVigne

Jieun Lee

Ann K. Miller

Brady K. Rinaldi

Adam R. Valaydon-Pillay

Ph.D.

Deepak Chand

Ebenezer Jones-Mensah

GRADUATION

The art of playing with fire

Fire juggling theater student to graduate with BFA

Austin Maas
Argonaut

David Lenz began juggling fire for a fire dancing troupe when he was 18 years old. Though Lenz began juggling as a hobby when he was young, it wasn't until he was 18 that he began to use it as a performance art.

Lenz said his first experience performing with fire was with the use of a prop called poi.

"Basically (poi) is a chain with a kevlar wick on the end and the chain straps to your hand so you can do all kinds of cool spins and tricks with it," Lenz said.

Lenz said though he had practiced with the prop without it being lit, the first time he actually lit it was quite intimidating.

"It's an adrenaline rush, but eventually once the adrenaline wears off and you calm down it's just this beautiful, very unique art form that is very close to my heart," he said.

Lenz's career is not without its burns. He said his most embarrassing moment as a performer happened while he was performing in England. Lenz said he was spinning poi while delivering a speech about the dangerous but beautiful nature of fire when

something went wrong and the prop collided with his face.

Lenz said, "It singed my beard, my eyelashes and eyebrows, and because (the poi) were chained to my hands I couldn't just drop them."

After taking some time away from school to work as a street performer and study in England, Lenz came to the University of Idaho to study theater.

Lenz will graduate with a Bachelor's of Fine Arts degree in theatrical performance.

For his next performance, Lenz will set down the fire and focus on a more intimate type of storytelling. His final project as a UI student is a play titled "Heartstrings" that he is both directing and starring in.

"Part of the reason I came here was because I wanted to learn what it takes to tell a story in a theatrical sense," Lenz said. "I wanted to use the skill that I already have, such as the juggling, the fire dancing, the magic, whatever, as a form of theater. So this is project to find out if I can do that."

Lenz said he also wanted to try to perform an entire play without any words.

"There's no dialogue in the actual play itself, it's all movement-based," he said.

Joining Lenz on stage will be second-year MFA student Chris-



Ausitn Maas | Argonaut

Graduating senior David Lenz and graduate student Christina Holaday rehearse his play "Heartstrings."

tina Holaday who will be playing the part of Annie, Lenz's character's love interest.

Holaday said in preparation for the play the two have had to study dance and martial arts to deliver the message of the play.

"I'm really interested in movement pieces and physical theater and telling a story with our bodies. So it's been really challenging but in the best way," she said.

Holaday said working with Lenz has been extremely rewarding. She said Lenz is motivational and she can tell he cares deeply about the meaning of the play.

Lenz said the play's inspiration is rooted in both his story, and the story of his sister. He said he wanted to honor his sister, who is pregnant, and her husband. Lenz said the couple recently learned that their child has anencephaly

and won't live long past birth.

"And I'm way over here and I can't be there to support them so I'm sticking to what I know and I'm doing this in their honor," Lenz said.

"Heartstrings" will be performed at 7:30 p.m. Saturday in the Forge Theatre.

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or on Twitter @austindmaas

WELLNESS

Finding a happy place

Fair aims to educate students about college stress

Katelyn Hilsenbeck
Argonaut

Colorful footprints emblazoned with inspirational phrases and helpful hints led the way to various Mental Health and Wellness Fair activities Tuesday afternoon. Starting in the sunshine of the Idaho Commons Plaza, stations weaved through the commons.

Stations included a photo booth, stress ball creation station and a hydration station.

"What we're doing today is finding healthy outlets," said Michelle Fischer, a junior psychology student and suicide prevention center peer educator.

Fischer was manning a dance video game station in the food court. She said she became involved with the Campus Suicide Prevention Center after seeing its employees around campus last year.

"Suicide is something that hits kind of close to home for me," Fischer said, referencing the deaths of multiple childhood friends. "We try to educate students about de-stigmatizing mental illness."

Students also had the opportunity to participate in a mental health screenings or bio-feedback testing.

"The biofeedback is a way for people to manage their own stress and anxiety," said Counseling and Testing Center psychologist Chuck Morrison.

Morrison said students are given cards to test their own stress levels, which also allows for gauging if stress-management tactics are working.

If students are stressed, Morrison said they have a choice on how to handle it.

"They have to kind of decide if they want to work on something for a long time or a short time," Morrison said.

His advice for students that have a class that scares them or causes increased anxiety is to practice relaxation techniques before studying, intermittently throughout and before the test.

"You don't want to be asleep, but you don't want to be so anxious you freak out," Morrison said.

More info

A full list of De-Stress Fest activities can be found at: <http://www.uidaho.edu/current-students/vandal-health-education/events/de-stress>

Steve Saladin, Counseling and Testing Center psychologist, said students who stopped by the mental health screening station were mostly curious about what was happening.

"Frankly, most of the students who stop by are just doing it to see what it's about and don't have a major issue," Saladin said.

However, the screenings are a way for students to see if the stress and emotions they are feeling are in a fairly normal range or something to be concerned about.

"There are services available if you're feeling down, stressed or out of sorts," Saladin said.

Good habits such as exercise and being mindful of mental health are important to develop, said Mykaela Robinson, Vandal Health Education intern.

"This is a time in a life we'll build resources and habits for the rest of our life," she said. "I'm so passionate about both the mind and the body — both are so connected."

For students heading into finals, Saladin said to follow common test-taking advice.

"Diet and sleep are two of the big things students often neglect going into finals," Saladin said.

Resources such as mental health screening and biofeedback testing are available through the Counseling and Testing Center throughout the year, Morrison said. He said students could request the biofeedback testing without going through extensive counseling.

"It's really up to you for what you want to work on," Morrison said.

Saladin said it's important to relax as much as possible with the stress of finals approaching.

"This is a stressful time of the year, but it will soon be over," Saladin said with a chuckle.

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GRADUATION

Habits of a humanitarian

Graduating MFA student Jessica McDermott leaves a legacy of social justice

Austin Maas
Argonaut

For graduating MFA student Jessica McDermott, social action is a way of life. During her three years as a graduate student at the University of Idaho, McDermott has led and coordinated a seemingly endless list of projects to promote social justice and philanthropy.

“I’ve found that there are always ways to help make a difference,” McDermott said.

She said during her time at UI she worked as a DJ for KRFP for a year and a half. She said her radio show consisted of hour-long interviews with women who were doing empowering work, followed by an hour of music from female artists.

“I had never done anything like that with radio before and I learned a lot,” McDermott said. “I’ve also tried to find ways to mix art and activism.”

She said she participated in the Feminist Poetry Slam last year and acted in this year’s production of “The Vagina Monologues.”

McDermott also said she was involved in a project called Boxes and Walls.

“The point of Boxes and Walls was to be able to step into a room and be able to step into someone else’s reality,” she said. “In our room we tried to recreate what a sex trafficking victim’s room would look like.”

McDermott has also spearheaded multiple projects to help refugees and educate communities against xenophobia. To do this she said she hosted a Campus Conversation event through the Center for Volunteerism and Social Action. McDermott said the event was intended to allow a safe space for discussion in regard to the recent refugee crisis.

She said her continued work related to the refugee crisis led her to meet Frank and Frances Rodriguez, who are both active social justice advocates in the Moscow community.

Frank is a member of the Palouse Peace and Justice Coalition and Frances is a member of the Latah County Human Rights Task Force.

McDermott said she, Frank and Frances have collaborated on a number of events including a community event in which McDermott gathered panelists to speak to an audience of over 60 Moscow community members.

Frances said the event worked very well because it provided some form of unity between the Moscow community and concerned students on campus.

“There were some students and a lot of community members, which was nice, because often what happens on campus and what happens in the community don’t have a common ground,” she said. “Most students feel that the campus is their world and they don’t really venture off of that very often.”

Frank said McDermott’s work has been helpful in connecting the Moscow community and the UI student body.

“A student like Jesse is exactly what we need in the community because she acts as a bridge in some ways,” he said. “It’s really a pleasure to have someone like her around and I hate to see that she’s leaving.”

Frank said that McDermott’s awareness and knowledge of social justice topics makes her special and her presence will be missed.

McDermott said after graduation she plans to move to Pittsburgh, Pennsylvania, and continue pursuing social justice.

“I think (social justice) is important for me because it’s a way of life that I don’t think I would be as happy or feel as fulfilled if I didn’t live this way,” McDermott said. “If you care about social justice it can’t just be something you care about while you’re at work or when you’re with a certain group of people. It’s a way of living, and I think for me I’ve found it’s the only way I want to live.”

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STAFF

Doing his job

Staff Award winner reflects on 16-year career

Ryan Locke
Argonaut

The University of Idaho’s arboreta, the Shattuck Arboretum and the Arboretum and Botanical Garden, together constitute an area of 77 acres and contain hundreds of trees, bushes, shrubs and other plants. For the past 13 years, most of the day-to-day management of these sprawling grounds has been performed by one man — Paul Warnick. Warnick recently received a 2016 Staff Award.

Warnick spends much of his time traversing the grounds of the arboreta, rumbling along the gravel pathways in a 1990s Ford pickup truck clad in the distinctive white paint of official facilities vehicles, observing and tending his expansive domain. The flowering trees are in full bloom this time of year, which Warnick said makes working especially nice.

Warnick said he doesn’t think he did anything extraordinary to get the award — he just performed his regular duties just as he always has.

“I did my job, I guess,” Warnick said.

Warnick said he has a long history with the arboreta, having worked with the arboreta in some capacity for nearly 16 years. Warnick said he was first hired by the university as the arboretum horticulturalist in July of 2000. Warnick said in 2003, when the arboretum director retired and that position was eliminated, his position was then upgraded to horticulturalist and superintendent, a title he has held since.

Warnick said getting a Staff Award this year was largely an effort by the Arboretum Associates Board, the volunteer group that

oversees fundraising for the arboreta.

“I’m honored to get it, and I appreciate the nominators that went to the effort to do it,” Warnick said.

Warnick said he is the only full-time arboretum employee, so everything that happens in the arboreta is either done or at least overseen by him if delegated to someone else.

Warnick said his primary focus remains being the Arboretum Horticulturalist, maintaining and caring for the arboreta and their extensive collection of plant life, but in addition he works on a broad spectrum of other arboretum-related duties. Warnick said these include working with classes, giving tours and labeling the arboretum’s collection to enhance the arboretum’s educational value.

Warnick said that although the old Shattuck Arboretum has been going through some highly-publicized troubles with a beetle infestation, which necessitated the removal of about 50 trees in April, the award was not given in response to the recent crisis. However, Warnick did say the project went smoothly, and both he and the rest of the facilities department are happy with the results.

Warnick said that like any job, the job of managing the arboreta has its ups and downs, including occasional significant troubles like the beetle infestation, but he likes the job he’s been doing all these years and said the enjoyment far outweighs any difficulties.

“Most days, it’s the perfect job,”

Warnick said.

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CITY

Building a better sandwich

Stax to close in Moscow for summer, open in Lewiston

Claire Whitley
Argonaut

A local favorite will be absent from the restaurant scene this summer.

Stax will close May 16 for renovations, but will open a location in Lewiston in the early part of June.

Stax general manager Andy Severson said they hope to be finished with renovations by early fall. The building will be completely demolished and remade into a three-story business and apartment complex, Severson said. The ground floor will be for two businesses, Stax being one of them, and the top two floors will be apartments.

“We likely won’t be open before school starts, but hopefully soon after,” Severson said.

Severson said he thinks the owner just wants to update the building since it is outdated.

Stax opened in Moscow in 2009, and Severson said he likes to think of it as if it were a budding franchise. A McCall branch opened in 2012, and Lewiston will have a branch in 2016.

“I’m nervous about being closed, but in the long run it’ll be better for us,” Severson said.

Stax currently operates in a 700 square foot space, and Severson said the new space will be around 900 square feet. He said he worked directly with the architect in order to create a space that fits Stax’s needs.

“This building wasn’t meant to be a restaurant,” Severson said. “It was meant to be an office, and before us that’s all that it was.

It was a Christian bookstore at one point, but I don’t know how that worked.”

Severson said the new space will be very similar to Stax now, but it will be more open and easier to navigate for customers and employees. The menu will stay the same with some possible new introductions due to having the ability to create new foods. He also said they will still have some outside seating, even though it may be a little less than what they have now.

The Moscow employees have arrangements being made for them, Severson said. For those staying in the area, Severson is working on setting up carpooling options down to Lewiston and employees are more than welcome to live in McCall for the summer and work at the store there.

“At Stax, our employees are like a family,” Severson said.

Severson said there are things he will miss about the old Stax building. Behind the menu, there is a board with employee names on it, dating back to when Stax originally opened in 2009, and the bathroom closet door was painted by an employee.

“You can bet I’m taking that board with me,” Severson said. “And the bathroom closet door.”

Severson said there’s nothing planned yet, but by the time fall rolls around, there might be a grand re-opening in the works.

“I hate that we’re going to be closed,” Severson said. “But stick with us. You’ll be really happy when we are back.”

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Congrats to the Plant, Soil and Entomological Sciences Department for winning the CALS Harvest for Hunger Competition!

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GRADUATION

A graduation 40 years in the making

72-year-old alumnus to walk 40 years after he earns degree

Katelyn Hilsenbeck
Argonaut

During the University of Idaho commencement ceremony of 1976, Gordon Snyder, 72, was in Montana in the middle of a forestry lab.

On that day 40 years ago, Snyder was supposed to receive his doctorate on water quality. On May 14, Snyder will be hooded for his degree by his former professor Mike Falter, who would have done the honor 40 years ago.

“From about the middle of April to the end of May, we had water sampling ... we were out in the field with our teams,” Snyder said. “There was no way I could interrupt what I was doing over in Montana to come back for graduation.”

At the time, he said he wasn’t too torn up about missing the ceremony.

“The only graduation I ever remember attending was my eighth grade one,” he said. “So, it wasn’t high on my list.”

Several years ago, Snyder said his wife, Chris, returned to school to become a nurse practitioner. That’s when Snyder said he began to think about what he missed.

Six months ago, Snyder said he gained his “robo-knee,” which would allow him to walk across the stage. So, he set the wheels turning.

“My grad school said that would be no problem, we’ll figure it out,” Snyder said. “It’s been a crazy idea that’s turned into a lot of fun.”

When he began to tell people about his plan, he said everyone thought he was crazy — that is until they thought about it.

“At first, my wife rolled her eyes, and then after a moment or two of laughing at me, she thought it was a good idea,” Snyder said.

The day of commencement is Falter’s 75th birthday. When Snyder gave him a call, he said Falter had the same response as everyone else.

“It took him a couple of minutes and then he was like, ‘Oh what a hoot, let’s do it together,’” Snyder said.

Falter said the decision was simple.

“It was a request I couldn’t turn down because he was one of my earliest graduate students,” Falter said.

He said he enjoyed working closely with the approximately 60 graduate students he had during his more than 30 years at UI, which he officially retired from in 2002, although he’s having trouble staying away.

“It was a good feeling of camaraderie

and everyone working together,” he said.

Falter said Snyder was a cut above in terms of maturity, perhaps because he had out-of-classroom experience before entering the program.

“Sometimes I had to persuade him, try to persuade him, for ways to do things and sometimes I learned from him,” Falter said. “We had a good time. He was hell-bent on going to work for the Forest Service, and he did. That was a real good start to his career.”

Snyder and his wife have two children, Brooke and Barry.

“My daughter will be there, Chris will be there, two field technicians that I worked all those years with will be there,” Snyder said. “We’ve got some of the old core together which is pretty much a hoot.”

Initially, Snyder said he came to UI for several reasons. He was raised and completed his undergraduate years in California, which meant he hadn’t seen snow.

“I just thought I would head this way if I had the opportunity, to get out of the desert,” he said.

When he graduated in 1967, drafting for the Vietnam War was in effect, but he said his employer was able to secure a deferment for him.



He then looked to get out of a laboratory and into the field, which UI allowed him to do while studying water quality. He said his fieldwork resulted in life-long friends.

“It was good times, really good times. I used to say, ‘people are paying me to do this,’” Snyder said. “You’re out there working and you’re out there having fun, but it’s also very dangerous if you’re not careful.”

He earned his master’s degree in watershed science in 1974 and then completed his doctorate in 1976. He spent time at the Forestry Sciences Laboratory before starting his own consulting company, which included work for companies such as NASA.

Now, he has a variety of projects, including helping students with science fair projects around the Seattle area.

“Some of them have gotten scholarships based on their science projects,” Snyder said.

He said he had simple advice for graduates, and it comes from Pink Floyd — “Shine on, you crazy diamonds.”

“You’ll probably end up doing something better than what you thought, but you won’t if you never tried,” Snyder said.

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THE DEPARTMENT OF PSYCHOLOGY AND COMMUNICATION STUDIES PROUDLY ANNOUNCES ITS SPRING 2016 GRADUATES

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Kristin Beghtel
Sarena Brown
William Chapman
Anna Connolly
Emily Cutler
Jordann Doler
Lirrah Duke
Koryn Dumond
Ariel Dunn
Tiara Eagle
Hailee Egurrola
Kelly Ferguson
Rebekah Fisch
Kandi Frey
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Karina Gallegos
Andrew Gibson
Cassie Greenwald

Jody Groehler
Jessica Gunning
Leah Hahn

Hailee Henggeler
Lexie Hepworth
Lauren Heryford

Jacob Jasper
Anneliese Joy
Megan Kennedy
Samantha Kennedy

Lauren Koon
Ashley Kuznia
Edwin Latrell

Katheryn Lindquist
Jordan Lockard
Christine Locker

Rose Loomis
Peyton Lutzke
Amanda Maneck

Marshall Masingale
Hannah Meyerhoeffer
Natalie Millett

Lisa Newton
Alyssa Nicholson-Lamb
Sierra Pagel
Tiffany Pedersen

Dominic Perez
Hannah Peters
Samuel Piekarczyk

Kimberly Ramirez
Brooke Reese
Silvia Robles

Courtney Rose
Andrew Schaffer
Jocelyn Schelske

Reilly Scott
Michelle Shannon
Elizabeth Sheldon

Stephanie Sipes
Julia Smith
Angelica Soto

Aaron St George
Angela Stafford
Sera Stinson

Kelsey Symons
Keiko Takeshita
Savannah Tobias

Antonio Villanueva
Abigail Villeneuve
Brandon Welch

Amanda Williamson
Kaela Zion

PSYCHOLOGY BACHELOR OF ARTS

Bone Yolanda
Duncan Caree
Fisher Makayla
Perkins Danielle
Sanchez Jenny
Sullivan Matt

PSYCHOLOGY MASTER OF SCIENCE

Butler Ryan
Davis Shane
Hauck Christopher
Hester Michelle
Ince Hilary
Meyer Mark
Morrissey Erin
Roome Nicholas
Spielman Zachary

GRADUATION

Once a Vandal, always a Vandal

Vandal graduates to join 127-year-old legacy

Diamond Koloski
Argonaut

When Chance Wilson and Crystal Wilson (Halstead) first met, they were freshmen at University of Idaho and were meeting up with a group of friends to go to a football game.

Now, over 20 years later, they live in Boise with their three children, and have a tradition of attending homecoming as a family each year.

“We’ve made it a goal to go to homecoming,” Crystal said. “It’s been a great experience for our family, our children love seeing where we lived and hearing about how we met, where we took our classes, and we’ve also been trying to expose them to life after high school.”

Crystal has three degrees from the university and visits Moscow once or twice a year professionally.

“For me, Moscow feels like another home,” Crystal said. “When I go there I just feel at peace.”

She said she’s been especially impressed with the students on campus being respectful and friendly around her young kids, who were ages 3, 5 and 7 when they started going to homecoming

each year.

“When we go to homecoming, we like to walk around campus and visit all of the places we used to go to,” Chance said. “There’s such a great campus life that I think some other colleges don’t get.”

The couple said it’s refreshing to come to north Idaho from Boise because they don’t get as much grief for wearing Vandal gear. Instead, they notice an instant connection with fellow Vandals and get high fives and various enthusiastic chants.

Vandal alumnus Eric Turner visited Moscow for homecoming in 2015 and was reminded of that same instant connection.

“It’s extremely non-verbal,” he said. “It’s a feeling you get — words cannot describe it — that’s Vandal Pride.”

When he chose to go to UI, it was simply because he wanted to get out of the Treasure Valley without leaving the state.

“Then once I got to Moscow, my eyes were opened,” Turner said. “I’m so glad I decided to go there because it’s the most beautiful campus in the nation.”

Since graduating from the School of Journalism and Mass Media in 2008, Turner has worked through the obstacles and now runs his own business, which specializes in videography and visual storytelling at weddings.

“If you can find a job that you really love doing, you’ll never work a day in your life,

and that was my goal from the day I graduated,” Turner said.

He said several of his upper-level professors, specifically UI journalism professor Denise Bennett, helped him realize his true potential and figure out the educational path for his goals.

“I knew that I needed to push myself if I wanted to get to where I needed to go, but I was kind of stuck,” Turner said.

He said initially, he went to Boise State University, but left because he didn’t like it and took a year and a half off to sort through his thoughts.

“As soon as I got to Moscow, everything was put into place,” he said. “I could see where I was supposed to be and Moscow was a key component.”

He said his visit last fall was extremely nostalgic, and it felt great for him to be back.

“I was so happy I went back up there because all the traditions were continuing and still strong, so it made me feel like I was coming home,” Turner said.

UI alumnus Pohley Richey lives in Boise with her Vandal husband and two children, and often visits friends in the Moscow area.

“The campus is beautiful,” Richey said. “It is what a quintessential university looks like — old brick buildings, beautiful tall

More info

This year, UI graduates will join a Vandal family of over 100,000 people worldwided.

trees, seamlessly intermixed with tasteful new buildings and the newest technology and amenities for students.”

Richey was an ambassador for the College of Agriculture during her time as a student, which she said helped her overcome her fear of public speaking, learn more about the university and her college, and helped shape what she wanted to become in her career.

Richey’s advice to graduating students is to remember how important networking is, and that the connections made during and after college can be a tremendous help to students.

“Vandal pride is real,” Richey said. “Living in the Treasure Valley, I think it is even more prevalent here when you meet a fellow Vandal. I have always gotten a very warm reception when I identified as a fellow Vandal.”

Diamond Koloski can be reached at arg-news@uidaho.edu or on Twitter @diamond_uidaho

CITY

Wanderers welcome

Wanderers’ Tavern offers community atmosphere

Claire Whitley
Argonaut

Moscow is a transient community. It is a town of wanderers, as students are constantly moving through. There is now a space just for those drifters, dreamers and doers.

After nearly two years of renovation and remodeling, the Wanderers’ Tavern is now open. Nicole and Thando Dzowa officially opened their new location April 1.

Originally Wanderers’ Tavern was a hookah bar across from City Hall, but now the tavern is a bar for people to enjoy music and participate in the arts, Nicole said. There are music improv nights, open mic nights, karaoke nights and all kinds of daily events.

“We wanted it to be like the taverns of the past,” Nicole said. “A community place to find out what’s going on.”

The relocation and renovation was to increase space and improve their ability to serve high quality drinks and food. Wanderers’ right now has craft beers all made in Idaho, and sake cocktails with sake made in Washington, Nicole said. She said their food is made from scratch as much as it can be.

Nicole said Wanderers’ is about doing, in all aspects.

“The place really feels most like itself when everyone is here doing what they do,” Nicole said. “It’s nice to see them do a good job and care about what they are doing.”

Nicole said the renovations aren’t quite done. The first floor is the bar and a space where people can participate in arts from music to poetry to any creative endeavor, and upstairs will eventually be an art gallery.

More info

To keep up to date on Wanderers’ Tavern events check out facebook.com/ WanderersTavern

Nicole said they plan to create an outdoor beer garden and stage as well.

“It’s really a work of art,” Nicole said. “That’s how we have been treating it.”

Nicole said there will likely a final grand opening when students arrive back in the fall.

Even though there is still work to be done, Nicole said during Finals Week, Wanderers’ Tavern will host their 24-hour Shh! Study Sessions. They will be open Tuesday through Thursday all day, serving coffee and pastries.

Nicole said there also might be some surprises throughout the day and night to keep people engaged and awake while they study. Nicole said they will be playing some good music all night and there will be internet access as well.

“This is where the party is at — shhh!” Thando said.

Thando said Wanderers’ will be a good, quiet space for students to study. The levels will be kept quiet and people are more than welcome to engage in open conversations about their finals or anything they want, Thando said.

Wanderers’ Tavern is located at 310 W 3rd St. and is open daily from 4 p.m. to close.

Wanderers’ is a place that needs to be nourished, Nicole said. She said they are grateful for the opportunity to have the space, and for all the wanderers who have wandered through.

“Wanders’ is a living entity, a growing entity,” Nicole said. “It has a life of its own.”

Claire Whitley can be reached at arg-news@uidaho.edu or on Twitter @Cewhitley24



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Congratulations 2016 SPRING Graduates!

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Phillip Barnes	Alexandra Grube	Ryan Locke	Will Rigby
Matthew Becker	Alexander Hamilton	Kassidy Long-Goheen	Dineka Ringling
Mason Bilger	Anna Hammons	Margot Loza	Samantha Sander
Jonathan Bradley	Andrew Harrington	Laurien Mavey	Nikolas Schwartz
Morgan Cain	Katelyn Hilsenbeck	Rachel McHail	Matthew Scott
Ana Campos	Kelsey Hogue	Scott Mckay	Benjamin Shannon
Miranda Carter	Paige Holland	Cassandra Michaud	Faith Shier
Taylor Caswell	Jacob Hruska	Sydney Newton	Andrew Stark
Mitchell Cline	Michelle Kissik	Samantha O'Neill	Josiah Whiting
Kathryn Collins	Hannah Kycek	Samira Obeid	Sabra Wilson
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GRADUATION

Into the Wyoming wild

UI graduating senior receives research fellowship

Will Meyer
Argonaut

Katey Huggler is one student who can vouch for the importance and power of their education.

Huggler, a graduating senior at the University of Idaho, has been involved in myriad clubs and organizations in her time in Moscow. She was recently awarded a competitive fellowship for her master's degree in wildlife resources.

"I grew up in a family where all we did was outdoor activities — hunting, fishing, trapping," she said. "You name it, we probably did it. I guess I just developed a passion for it, and figured I might as well get paid to do it."

Huggler said she found out about the Graduate Research Fellowship Program while at a conference for an internship she had two years ago.

"One of the leaders of the internship was talking about it, and was trying to get people to do it, so I just decided I would apply," she said. "I worked with the adviser I'm going to have (in the graduate program), and we worked together on some of the ideas that he had had from his larger project, and I built a proposal based on some of the ideas he had given me."

The research Huggler proposed and plans to work on while obtaining her degree is concentrated around predation relationships between elk and mule deer. Her research will be a piece of the larger project facilitated by her adviser, Kevin Monteith.

"It's a grant that funds my living expenses and my end of the stipend that grad school would normally give me," she said. "I'm graduating with a bachelor's degree at UI, and then I'll be moving to Laramie, (Wyoming), and working under

Dr. Monteith."

Janet Rachlow, Huggler's adviser, said the fellowship is extremely competitive.

"It's from the National Science Foundation, and (the fellowships) are really nice, because it funds students at a nice level," she said. "It's a very prestigious award to receive, because there aren't very many of them. Only highly qualified students receive them."

Rachlow said receiving this fellowship is an honor, and will ensure her education and research is well-backed. She said that although there are few awarded in all spectrums of science specialties, there are even fewer awarded to those working in wildlife resources.

"She not only creates opportunities for herself, but also for other students as

well," she said.

She said Huggler is the type of student her department often asks to do things in terms of recruitment and student relations, as well as the type the department likes to highlight due to her personality and passion for her studies.

Rachlow said in order to obtain the fellowship, a board not only looked at the achievements of Huggler personally, but also judged the quality of her research proposal and the potential it had.

"She's exceptionally hardworking, organized, and has been really involved in clubs and activities," said Rachlow. "She is absolutely a phenomenal student."

Will Meyer
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Congratulations

College of Education Spring 2016 Graduates

UNDERGRADUATE

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Michaela Kayline Allen
Vincent Grant Allen
Kaylee R. Andreason
Jessica Ann Bailey
Brett Carrick Ballard
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Catherine Evins Ashe
Katie Lynn Bandy
Kevin James Barker
Paul Franklin Bartell
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GRADUATION

Forty-three thank yous

Multicultural seniors celebrate their academic accomplishments in seperate ceremony

Marisa Casella
Argonaut

The multicultural graduation ceremony is a more “intimate setting” than the traditional senior graduation, said Leathia Botello, program coordinator for the Office of Multicultural Affairs.

She said multicultural students invite their friends and family to the bilingual event to recognize these seniors’ accomplishments and help non-English speaking families feel fully engaged in the occasion.

The Diversity and Human Rights Unit has put together the multicultural graduation, or the Diversity and Human Rights graduation, for the last two years. The unit is made up of the College Assistance Migrant Program (CAMP), the Office of Multicultural Affairs, the Native American Student Center, the Women’s Center and the LGBTQA Office.

Each student will be recognized for their major with a senior photo. Jeff Dodge from the College of Law, who has worked with many of the multicultural students, will be the keynote speaker for the event.

Evelina Arevalos, the CAMP director at the University of Idaho, said the event started out very informal. She said it was a small celebration among the multicultural students and the faculty they worked with and over the years grew to become the formal event it is today.

Director of Multicultural Affairs Jesse Martinez said the most meaningful part

of the event for him is when the students have the opportunity to thank those who supported them throughout their academic experience.

“It is very important to have a kind of moment,” Martinez said. “To have the families and students coming together, faculty and staff, to come together and actually give that space for our students to not only take it all in but also say a few words.”

Forty-three students will participate in the multicultural graduation, more than ever before. Each will have their picture displayed along with their favorite quote and will be allowed time to give their thanks to their families, the faculty and their friends.

“It’s very emotional,” Martinez said. Bekah MillerMacPhee, program coordinator for the Women’s Center, has taken the lead in helping everyone know what they need to be doing for the event.

MillerMacPhee said the majority of the multicultural students are first-generation graduates, so they really appreciate everyone who helped them “make it to the finish line.”

MillerMacPhee said this can have a great impact on the younger siblings of the graduates, and often seeing their older sibling being recognized for their accomplishments can inspire them to pursue a college degree.

The multicultural graduation will be held at 6 p.m. May 13 in the Vandal Ballroom of the Bruce Pitman Center. The event is open to multicultural students and guests who have reserved their place at the event.

Marissa Casella
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DIVERSITY

Opening up

Events around campus seek to diversify and integrate

Will Meyer
Argonaut

With a growing number of racial, sexual and social identities represented at the University of Idaho, many are striving to recognize this change.

One of the steps recently taken was the Cultural Literacy and Competence Symposium held late last month. Executive Director of Tribal Relations Yolanda Bisbee said that in the panel, student voices discussed micro-aggressions and shared stories about their experiences with them on campus.

“We then turn around and say, ‘What are we doing at the university to make sure that these things aren’t happening, and how can we, as a campus, be better at supporting our students?’” she said.

Bisbee said the President’s Diversity Council and its six sub-committees advise UI President Chuck Staben on diversity issues. She said that this council was present at the symposium to listen to student and faculty voices, engage those concerns and take note of such experiences.

“The conference (was) about listening,” Bisbee said. “About having those difficult conversations, and then figuring out ‘Well what do we do about that?’”

Bisbee said the first symposium was held in 2014 and dedicated to Jane Baillargeon, a staff member who worked to create the symposium but passed away before it took place. She said that those in charge of the event intend for it to be held annually in the future.

“We’re already thinking of things that we need to be doing next year,” she said. “In order to be strategic, you’ve got to make sure you’re doing it.”

Looking toward the future is another reason why students such as Izaiah Dolezal, ASUI director of Diversity Affairs, have gotten involved in events like the symposium.

“In an area like this, it’s important to remember our place in the world,” Dolezal said. “At the advent of the internet and globalization, we’re interconnected whether we want to be or not.”

Dolezal said working with people from all over the world is something more and more jobs require, and although this connectedness seems to mean all are working toward a common goal, it is important to bring differences to the surface and recognize and respect them.

“It’s the diversity that we bring to the table that make a program better, because you then have all these different view-points and perspectives,” he said.

Dolezal said that as the director of Diversity Affairs, he creates an event each semester that offers cultural competency training to all members of UI. He said this semester, he chose to collaborate with others such as the Office of Multicultural Affairs, The Women’s Center and the LGBTQA Office to build this year’s symposium.

“Building Inclusive Communities’ is a sub-caption of the symposium,” Dolezal

said. “It’s essentially learning how to work together, and keep your uniqueness, but remember that you’re a part of something else as well.”

Embracing our individual differences, and using those differences to build inclusive communities is what Adonay Berhe works toward.

“At the end of the day, no matter how hard you try to relate to someone, you really can’t,” said Berhe, UI junior and president of the National Society of Black Engineers (NSBE). “It’s important to get the ‘customer’s point of view’ so that we’ll be able to give the proper feedback, and correct the thing that need correction, or embellish the ones that are already working.”

Berhe said that, as a member of the student panel at the symposium, he continued to discuss transitions that have already been discussed with Staben, such as creating more space for the Office of Multicultural Affairs.

“You would have all these different offices, and though you share common ground like the lobby so you’re still promoting unity, but at the same time, you’re still giving space and recognition to the different ethnic groups, and not mixing them all into one office,” he said.

Berhe said plans such as these are continuing to be considered, and events like the symposium ensure that student voices can be heard on such propositions.

Properly acknowledging individual cultures is something that Paul Dania, 2016-17 president of NSBE, said he recognizes as especially important.

“We always want to associate with one-another, and we want to be able to refer to someone who really understands us on a different level,” he said. “So it’s really important to have that connection with people, and that’s why I decided to join organizations like this.”

Julia Keleher, director of the LGBTQA office, said she the university also hosts a similar Transgender 101 training every semester.

“It is just going to be a general training for faculty and staff, as a way to provide basic info and knowledge on how to create welcoming and inclusive spaces for transgender and gender non-conforming students on campus,” she said.

Keleher said the event is part of the ‘Safe Zone’ program that helps staff properly accommodate LGBTQA students and ensure that each student feels safe and comfortable in university environments.

“I think that the campus is becoming more and more welcoming to LGBTQA people, and more and more faculty go through training every year,” she said. “There’s an interest (in the events), and that’s a big deal. I’m seeing people from all over the campus including other facets that I traditionally hadn’t seen so much of in the past.”

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Kyle D. Knapp (Spanish minor)

Jessica D. Lake (B.S. Chemistry, MSE minor)

Jieun Lee (B.S. Chemistry, B.S. Math)

Emily Mariner

Ty J. Moroney

Felix C. Nwanne

Jeffery B. Porter - Cum laude

Brady K. Rinaldi (B.S. Chemistry, Math minor)

Josh Roper

Jeffrey W. Siddoway

Adam J. Spencer – Magna cum laude

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Sydney M. Tracy

Morgan A. Wood

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Mark Aikey

Qasem A. AlNasser

Isaac I. Curtis (Physics minor) - Summa cum laude

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ATHLETICS

Setting up for success

Tutor Doctor sets aside \$1 million to help athletes after graduation

Mihaela Karst
Argonaut

Being an NCAA college athlete requires extreme dedication, motivation and passion — yet while these qualities may create success on the field, they don't always translate to a typical nine-to-five corporate desk job.

This issue was brought to the attention of Frank Milner, president of in-home tutor franchise Tutor Doctor, and Lina Taylor, two-time Olympian athlete and former University of Idaho volleyball player.

Together, the two created Athlete2Entrepreneur, a program that will help graduating college athletes transition into the business world through entrepreneurship rather than being pushed into a static career sitting at a desk.

"I think when you're a college athlete, you are really driven by a certain thing," Milner said. "You are driven to achieve, you're competitive and striving toward a goal, and there's a tremendous amount of challenge associated with that."

Milner said often when a former athlete enters the working world, they can lose their sense of drive for what they are doing, which ultimately affects their level passion.

"It winds up being a really difficult transition for many of them because it's such a change of pace," Milner said.

The life of a collegiate athlete is filled with a dynamic schedule constantly filled with early morning practices, classes, an afternoon workout, followed by classwork — only to be repeated day after day.

Taylor said athletes often struggle with transitioning from a block schedule for four years to typing at a computer from 9 a.m. to 5 p.m. Entrepreneurship, she said, is an easier way to start in the business world.

"Business ownership allows an athlete to continue that dynamic lifestyle," Taylor said.

In addition to that, she said entrepreneurship allows the athletes to take their passion, drive and other qualities they've acquired throughout their athletic career and focus it on their own business.

Milner said qualities like having discipline, committing to goals, having a quick learning mentality and being goal-oriented are necessary to succeeding in the business world.

"In order to be successful in your own business, you need to be disciplined, work hard and put in a lot of hours," Milner said. "It takes a high degree of dedication."

Another aspect of college athletics that is missing from the business realm is the teamwork atmosphere, which is something Taylor is really focused on incorporating in to the Athlete2Entrepreneur program.

"The environment is hugely motivating — you are a part of the team and you have goals and are given a system on how to reach those goals," Taylor said. "It really mimics the team atmosphere, just in a business sense."

Taylor said the program emphasizes a flexible schedule for the athletes while still providing a support system to stand behind the athletes.

Taylor's passion for this program stemmed from her own desire to help others.

"One of the things that really motivated me to jump on board is the aspect of helping other kids who are looking to improve their education, and making a difference in their life through education," Taylor said.

Former athletes who participate in the Athlete2Entrepreneur program are given the opportunity to be trained in a way that will prepare them for owning their own business.

Individuals can begin the application process by simply showing an interest in the concept. Once they complete that, they are able to begin the interview process and complete various online training modules, eventually leading to completing personal training at the company's corporate office.

Taylor said this lengthy, multi-step process is to ensure that the Athlete2Entrepreneur is the right decision for the athlete, and that they would enjoy the overall environment.

"It can really help athletes, and I think it can really impact them in their lives and through the next chapter of their lives," Milner said. "We want to see them get really passionate about it. When you're really passionate about something, it's easy to get out of bed at six in the morning and get out there with excitement and optimism."

Taylor said this program helps with one other issue that is rarely addressed and often underestimated in the college athletes after graduation — the void they feel when their athletic careers are over.

"They find it hard to relate to non-athletes," Taylor said. "For anybody who's thinking about starting their own business, I think this is a really good opportunity to see what being your own boss is like and what running a business is all about."

While young graduates are eager to begin their business endeavors, the lack of funding often hinders their ability to truly pursue it.

To remedy this problem, Milner and Tutor Doctor have set aside \$1 million in funds to help former college athletes begin their entrepreneurship.

"We want to create an excitement and passion, and we've definitely seen success in our college students," Milner said. "We believe we'll see even more success in athletes."

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GRADUATION

Move to adjourn

Graduating ASUI senators discuss their student government experience

Jessica Gee
Argonaut

ASUI Sens. Kate Ricart and Joe Madsen may have heavy hearts as they look ahead to graduation, but they said they have bright outlooks on their futures.

Ricart said she decided to run for senate on a whim because she wanted to be more involved on campus. Though her decision to run was random at the time, Ricart said it was one of the best decisions of her college career.

As a studio art and design major with an emphasis in painting, Ricart said she hadn't given much thought to pursuing a political career. After two years of being on senate she said ASUI has influenced her to work for the government after graduation.

"Immediately after I graduate I'm going to be traveling to Australia, New Zealand and Indonesia throughout the summer and then my plan is to work for two years while I apply to law schools," Ricart said. "After that I'll be going to law school for the next three years."

Ricart said she plans to study international law and dreams of being a diplomat for the U.S. and Cuba, where she studied abroad.

Besides inspiring her to work for the government, Ricart said being a senator has given her confidence in professional settings and the opportunity to enhance her community. One way Ricart said she has benefitted the community is through the ASUI Art Festival.

"Zoe (Ball), who used to be a senator, and I decided we wanted to do something to exhibit students' creative skills so we put on the first Art Festival last year and this year I've been running it," Ricart said. "We thought it would be something cool for not just the Art and Architecture students but for everybody to be able to come and sell their work and make a little bit of money and to be

able to show their talents. So it's cool to be able to directly see the influence we can have on students."

Madsen said his decision to run for ASUI senate was an easy one since he has always had a passion for politics. As a political science and history major, Madsen said he wanted to be a part of student government because he believed it would provide him with skills pertaining to his major.

Madsen said though he has obtained a great number of skills from being on senate, the people he worked with at ASUI have been his favorite part of student government.

"There's definitely a distinguishable character that works in ASUI and it's really fun to work with people like that," Madsen said. "Students are really highly motivated, social and good at what they do so it's empowering being around people like that."

He said these types of people are what makes attending senate meetings interesting because of the varying opinions on issues. One thing Madsen said he hopes the future senate will maintain institutional memory after he graduates.

"Ideally we'd have senators implementing policies on the same trajectory we have already established and in the past we have struggled with that," Madsen said. "I don't want everything that we have done so far to be forgotten."


Being a senator has given Madsen life skills that he says have better prepared him for the real world. Madsen said he plans to go to law school and would preferably like to work for the state department of the CIA.

Madsen said students should be more involved on campus and be a part of student government.

"I think it's a great way to better your personal skills and your community as a whole," Madsen said. "It's a great avenue to become a better person while also helping those around you."

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John 10:10b (REB)

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STUDENT LIFE

Exchange of culture

Weekly Arabic classes teach participants culture, language

Diamond Koloski
Argonaut

When Husam Samkari first moved to America from Saudi Arabia, he knew only a few simple English words. Now, just four years later, he is helping instruct a class of English-speaking students interested in learning the Arabic language and culture.

The class, held this semester every Wednesday night in the administration building, is intended to give people an introduction into all things Arabic, said Samkari, who is an electrical engineering student.

“The focus is to learn a little bit that you could use if you were to travel to (an Arabic country),” Samkari said.

He said when he moved to the area four years ago, he learned English by listening to English music, watching the news, reading children’s books, speaking with Americans and trying to learn from them. He is taking a similar approach to the class.

“When you like music, you search the lyrics to find out the words,” he said. “So it works the same, so that was one of my ways to put my life in English feel.”

He said so far in the class, they’ve discussed the differences in cultures, such as how to greet each other and begin conversations, and the language basics, such as how to introduce oneself and ask basic questions.

The class began right before spring break and concluded May 4. Samkari said the class regularly had about 15 students.

“I told the students, ‘I want you guys to have this interest — it’s a cool and common language. If you have this interest, I’ll show you the basics and general rules, then you can build on it and start to develop it on your own,’” Samkari said.

One of Samkari’s students, senior

Alonso Arteaga, is fluent in several languages, and believes Samkari’s approach to the class is what makes it so helpful.

“The first day we focused on learning a letter of the alphabet, then vocabulary that goes with that letter,” Arteaga said. “I think that’s a better approach than most language courses. It makes you learn faster.”

He said learning the basics first has been essential because it has given him a solid foundation.

When Samkari first thought of bringing this class to UI, he enlisted the help of fellow instructor Shadi Alzanbagi, and with the help of International Outreach Coordinator Erin Rishling, they brought their idea to life.

“Chinese and Saudi students are the two largest minorities on campus, so it seemed really important to have something for students to get to exchange with the culture,” Rishling said.

She helped them find a classroom space, advertise the class and get approval to start it. Both Samkari and Alzanbagi are volunteer instructors, and she said they help the class flourish.

“This class is a perfect platform for people to go in and just learn more and meet some really great people,” Rishling said. “That’s what I think makes this class possible — it’s really accessible.”

She said it’s important for people to be able to understand other cultures, so when interacting with people from other areas of the world, there won’t be preconceived ideas obstructing a potential connection with that person.

“It’s a new class. It’s one that I would recommend to community, faculty, staff, students, anyone who has an interest and is wanting to pursue it,” Rishling said. “The instructors are friendly, welcoming and the group is really fun. It’s a winning combination.”

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HOUSING

Finding the right room

Popularity of interest-based living groups fluctuates year to year

Corrin Bond
Argonaut

The University of Idaho’s housing isn’t just about providing students with a place to live. It’s also about helping students make connections that will benefit them socially and academically — something Corey Ray said he believes is achieved through interest-based living groups.

The associate director of housing and residence life said university housing has always provided living groups based off of different themes.

“In the past we had a lot of interests, we had a floor for if you were interested in outdoor activities, we had a 24-hour quiet floor, things like that,” Ray said.

While interest-based living groups have been common in the past, Ray said different groups come and go based on their popularity with students.

“Other interests come and go. We don’t see a need for the 24-hour quiet floor anymore — we don’t get a lot of requests for it,” Ray said. “In the past, you had your stereo and that would be too loud but I think nowadays, everybody just plugs in.”

Currently, Ray said consistent communities include the halls for engineering students and the college of natural resources. There is also a scholars building in the Learning Living Community (LLC) as well as an honors floor in the Theophilus Tower.

Some new additions include a floor for first-year women in science, technology, engineering and mathematics fields (STEM).

“We have the WISE program — Women in Idaho in STEM,” Ray said. “It’s fairly new, it’s only in its second year. The reason why is we have an interest at our university to support our female students who are in science and engineering.”

Tommy Burke, president of the Resident Housing Association, said there are also interest-based living groups such as the social justice floor for students who are passionate about social issues, and Mosaic, a living

group for international students and those looking for a more multicultural experience.

Burke said academic groups such as the scholars and engineering living groups have been particularly successful. However, he said he’s also heard good things about other interest-based floors and halls as well.

“I don’t know if there are any that are outstanding,” Burke said. “But they all do have a good number of people who live in them and get something out them.”

These living groups can develop in a number of different ways. Ray said sometimes faculty members and students approach housing about adding new interest-based halls.

“What really drives these groups is interest,” Ray said. “If no one is signing up for those communities it tells us, ‘OK, this is the

third year in a row no one is signing up for this, we need to rethink this community.”

Ray said he believes the interest-based living groups have been more successful because of the dual benefit or providing academic and social connections.

“If I’m an engineer in the College of Engineering hall, it’s nice to be in the same community,” Ray said. “Those students tend to do academically better than other engineers because your neighbor’s studying what you’re studying — it’s about finding those social connections.”

Although the popularity of interest-based living groups fluctuates throughout the years, Burke said he believes they can provide a valuable experience for students. He said ultimately, when it comes to choosing an interest-based living group or not, it’s all about personal preference.

“Everyone has different needs. Some people want the smaller community, the integration they have in fraternities and sororities,” Burke said. “Some people want to be more free bird and do whatever so they live in residence halls and off-campus. Within our halls, having these different specialties, they’re common interest things that get kids closer together.”

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RHA

Home away from home

Outstanding students and faculty to receive trophies at event Friday

Ryan Locke
Argonaut

The Residence Hall Association (RHA) will hold its annual end-of-year award ceremony, The Golden Joes, to honor exceptional staff and students within the residence halls.

RHA President Tommy Burke said the Golden Joe, a bronze trophy in the shape of a Vandal, is awarded to the people who were the most involved in RHA. Burke said the award honors people who encouraged the most students to get involved in the community, putting on the most events, doing the most to spread awareness of RHA, or working to build a better sense of community in their building.

He said RHA staff include Resident Assistants (RAs), Academic Peer Mentors (APMs) and Area Coordinators.

RHA National Communications Coordinator Allison Stevens said the award principally recognizes the students, so there are a lot of awards for them. There are nine awards for students for the various positions they can hold in the community council, which represents each residence hall. Stevens said there is also a Faculty Member of the Year Award and a Program of the Year Award.

Burke said there are currently 94 people in RHA, which is the most there have ever been — last year, by comparison, RHA had 42 people. Burke said there were a lot more people involved in the nomination and awarding process this year, and about

180 people submitted a nomination for the different awards.

Stevens said the ceremony has grown significantly just in the last few years, going from having 30 or 40 nominations to 161 nominations for this year’s award. Stevens said this year’s event will be the largest ever.

Stevens said there are three nominations for the program of the year — the LLC Olympics, a three-day competition between the Living Learning Communities; the Tower Trick or Treat, which has been nominated every year since it started; and the Yule Ball, a large dance party at the beginning of the semester.

Stevens said she’s been planning the ceremony for the last eight months. Stevens said she reserved

three ballrooms in the Best Western University Inn, and the ceremony will be a formal attire dance and reception. Stevens said the doors will open at 5 p.m. and dessert will be served.

Stevens said that after the award ceremony the RHA will swear in their new executive board, which was elected a couple of weeks ago. The ceremony will be followed by a dance.

“I think it’s just noteworthy that five years ago this ceremony, as it’s called now, was people meeting in the Whitewater Room with it set up like a classroom, receiving printed-off certificates, and it’s turned into a full on banquet with extremely expensive catering and full on trophies and medals that we hand out instead of just a little piece of paper,” Stevens said. “It’s definitely grown a lot.”

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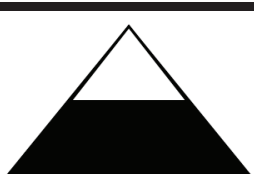
Anne Zabala	Katelin Bartles
Aran Burke	Laura Ehman
Bri Larson	Lauren Pinney
Caitlin McDevitt	Max Cowan
Clarie Holcomb	Nick Wren
Courtney Stoker	Phillip Barnes
Dineka Ringling	Ryan Tarinelli
Edwin Latrell	Samantha Tanigawa
Heather Colwell	Stefan Jarocki
Katelyn Hilsenbeck	Stetson Holman
Jessica McDermott	Taylor Jacobs
Joe Madsen	Vivi Gonzalez
Kailey Holt	Zoe Ball
Kate Ricart	

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Anna Pratt
Jacob Stevens
Ryan Tarinelli
Taylor Walker
Natalie Wren
Nick Wren

ASCEND

OUTDOOR PROGRAM

In search of new adventure

Outdoor Program offers unique outdoor opportunities

Diamond Koloski
Argonaut

For most students, college is a chance to learn about themselves and the world around them — the University of Idaho Outdoor Program provides several ways for students to do just that, said Director Trevor Fulton.

Fulton said between the rental center, rock wall, classes and clinics, nature trips and special events, the Outdoor Program gets about 25,000 participants each year.

“It’s a great place for students who want a non-traditional workout or want a new activity they can do, or a great avenue for people to learn climbing skills that they can then take outside,” Fulton said.

The most recent trip offered through the program was last weekend, when about 12 people traveled to Cannon

Beach, Oregon, to surf.

“It’s really cool that they organize a bunch of events, because I think that it gets people out of their comfort zone and stuff they think might be cool but normally wouldn’t try on their own, and it’s really affordable,” said UI sophomore Abigail Keon, who went on the Oregon trip.

The Moscow native said she longboards and snowboards, so she thought surfing would be similar. She said it took a long time to be able to stand up on the board but that everyone had a blast on the trip.

“It also introduces students to people who are in different majors, people you wouldn’t otherwise talk to, and it kind of unites and connects people in a really casual, fun way,” Keon said.

Fulton said the rental center is the backbone of the program, because the equipment allows them to conduct many of their classes and trips, and helps students try things on their own.

“Funding (for the rental center) is

mainly from student fees, so students get the best discounts we have, and prices are pretty much on a break-even basis,” Fulton said. “We aren’t trying to make a profit — we look at it as a resource for students who want to try new things but don’t have room to store equipment.”

He said students can rent equipment such as rafts, kayaks, canoes, water clothing, camping gear, climbing equipment and snow gear. The trips and classes available usually have to do with snow sports, hiking and biking trips, women’s activities and water events.

He said the Outdoor Program employs over 40 students, who start at all levels of experiences and go through a training before becoming a group leader for trips.

“The leaders are also very helpful, and they take lots of pictures and are really helpful resources,” Keon said. “If you want to go out and do it on your own, they’ll

give you information and help you set up whatever you need.”

She said she also went on the program’s ski trip to Whitefish, Montana, over President’s Day Weekend.

Keon said the camp in Oregon was especially fun because their site was setup just 20 feet from the beach. She said she still talks to people she went on the trips with and considers them to be long lasting friendships with people she probably wouldn’t have talked to without the Outdoor Program.

“If anyone is curious or interested, go in and ask what’s going on,” Keon said. “Whether or not you decide to sign up, it’s good to check it out, and everyone is super friendly, you’ll have a good experience.”

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STAFF

Splashes of patriotism

Scott Oplinger wins Outstanding Staff Award for work with student veterans

Erin Bamer
Argonaut

One side of Scott Oplinger’s office in the Veteran’s Center is marked by splashes of patriotism — a small American flag hung on the wall and a red, white and blue University of Idaho sticker at his desk.

On another wall hangs a plaque Oplinger recently won, the Outstanding Staff Award for secretarial or clerical work.

Oplinger has worked at UI for three and a half years, but said he has lived in Moscow for much longer. He moved to Idaho from Oregon in 1998, a few years after leaving his service in the army in 1992. His two children both went to school in Moscow, and his son attended Gonzaga University while his daughter was a UI student.

“She was married in the Admin auditorium, because that was the only place that I liked,” Oplinger said.

He started working at the university just after the Veteran’s Center opened at UI. He said the need for a space for veterans came about when a GI bill was passed that gave veterans more reason to pursue a higher education. He said his boss, Daniel Button, and former Dean of Students Bruce Pitman were instrumental in creating the space.

Much of Oplinger’s job involves working with



Oplinger

veteran students. He said he helps advise the approximately 300 veterans enrolled at UI, and the customer service portion of his role is his favorite.

Oplinger said he remembers many of the students he’s worked with. A meeting with the daughter of a veteran sticks with him years after the memory took place. He said as they discussed her future, the student asked if Oplinger wanted to see her tattoo.

“She turned around and pulled the hair off the back of her neck, and on the back of her neck is said ‘Made in USA,’” Oplinger said.

There are some stereotypes surrounding student veterans, Oplinger said, but UI actually sees a lot of diversity in the number of students who have also served.

There are currently 80 females, 100 married students and 116 dependents. He said there are also a number of graduate students, and the red, white and blue honor cords are the only kind of honor cords graduate students are allowed to wear during commencement.

Though Oplinger said UI employees are paid less than other higher education institutions, he enjoys his job. He said recognizing staff through their work and giving them awards like the one he won could to a lot to increase morale among staff at UI.

“It’s nice to be appreciated like this,” Oplinger said.

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POLICE

Rising through the ranks

Campus division of Moscow Police Department welcomes Captain Tyson Berrett

Diamond Koloski
Argonaut

For members of the Moscow Police Department, getting to know students and citizens is a vital step in making the community safe.

MPD Captain Tyson Berrett, newly-appointed captain of the campus division, graduated with a criminal justice degree from the University of Idaho.

Since served as a reserve officer, patrol officer, detective and sergeant. He has worked in the campus division for a year and a half, and has been a captain since January 2015.

As captain of the services division, Berrett said he oversaw the records manager, property manager, parking enforcement specialists, the code enforcement officer and the investigation unit of the department.

Now, as captain of the campus division, Berrett said he serves as the liaison between the city and university, which includes working on student conduct issues, campus conduct and ways to make campus safer.

“My job and my goal is to make my face known to as many people as I can. Let them know that if they need anything from the police department, we do have campus police,” Berrett said. “Making sure that they know where we are and that we are a resource for students.”

James Fry, the previous captain of



Berrett

the campus division, was recently selected as the Chief of Police. He said former chief David Duke was one of the people who decided Berrett would be the right person for the campus position.

“(Berrett) is a highly motivated individual. He has moved through the ranks, which I think shows a lot about his drive,” Fry said. “He is a perfectionist in a lot of ways and wants to make sure things are done right, so I think what the university is going to see if that they’re getting somebody who is very professional, very talented and will hold a high standard.”

Fry said right now the three people at the top of the chain of command started as reserve officers, including himself and Captain Berrett.

“I think the volunteer phase of law enforcement tells a lot about a person,” Fry said. “If you’re willing to do it for free and for the community, it really does give that service characteristic of people.”

One of the tasks on Captain Berrett’s list is to work toward an initiative that started as Fry’s idea to get to know students better.

“I wanted to get out there and meet the students, because I know it can be intimidating at times with my badge and gun and authority,” Fry said.

His solution was to find a random student of the week, go talk to them, introduce themselves, and explain that officers are really just human beings.

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He ended up designing challenge coins, which are a strong part of the police department dynamic, because they are passed back and forth as tokens of appreciation.

“We used the quote ‘legacy through leadership, education and relationships,’ meaning that not only with staff but also with students because we are trying to leave a legacy through our work at the university,” Fry said. “So I wanted something that we could give out on special occasions that really represented who the MPD was but also that tied it to the university.”

Corporal Casey Green, who works in the Idaho Commons booth, entered the police academy at the same time as Berrett, and has worked with him for many years. Green said he is eager to work with him within the campus division.

“He’s always been an exemplary officer, he has always been very knowledgeable and the kind of person to provide guidance and help you do things correctly that you didn’t know of or think about,” Green said.

Officer Mitch Running is also stationed in the commons booth, and is looking forward to working with Berrett toward the common goal of making campus a safer place.

“It’s a very important contract that we have with the university, and I imagine he will do a very good job,” Running said.

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Valerie Stevenson
Patti Syvertson

M.S. Athletic Training

Jamie Emerson
Dalton Harmon
Kalyn Hasenoehrl
Joshua Lavigne
Amanda Nyberg
Kristen Prosser
Ashley Seaton

M.S. Movement & Leisure Sciences

Angela Bjorklund
Mark Blickenstaff
Bryan Derraw
Erin Hento
Justin Nadeau
MacKenzie Schneider
Aubrey Shaw

M.Ed. Physical Education

Paul Alderete
Sherry Croston

B.S. Dance

Amy Owings

B.S. Education (Physical Education)

James Schultz

B. S. Exercise Science and Health

Brett Ballard
Eli Campbell
Alex Conley
Victoria Cossairt
Megan Cox
Melissa Damele
Devin Drummer
Danielle Gamel
Justin Hackett
Samantha Hendricks
Britney Hoffer
Taylor Johnson
Bradley Kruger
Christopher Masciotra
Ashtin Mitchell
Matthew Newland
Keaton Orr
Kori Palmer
Katelyn Peterson
Leila Riley
Mykaela Robinson
Nathan Stark
Daniel Taylor
Cortney Thomas

B.S. Physical Education (Exercise Science & Health)

Amanda Cruse
Spencer Klingenberg
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LEGISLATURE

Legislative session in the books

ASUI Lobbyist reflects on 2016 legislative session

Jessica Gee
Argonaut

A visit from ASUI Lobbyist Nate Fisher at last week's senate meeting gave members in attendance an idea of just how successful ASUI has been in the Idaho State Legislature this legislative session.

Fisher said one of these accomplishments included the push for a 3 percent increase in employee compensation for university employees. He said this was a priority going into this legislative session and is something the university should be proud of.

Higher education funding is now only seven years behind, Fisher said, with the state now restored to 2009 levels. He said this has provided an increase in scholarship funding at UI.

However, the main focus of Fisher's discussion with senate was the success

of medical amnesty, otherwise known as House Bill 521.

"However, it does have a three-year sunset clause attached to it, which was a concession we had to make with some of the senators who were concerned about the policy being abused and spiking drinking rates," Fisher said. "So we need to make a conservative effort to track those statistics and make sure there aren't issues with the policy and in three years time we will have to opportunity to review that and hopefully eliminate the sunset clause which will effectively keep the policy on the books."

ASUI Sen. Tanner Beymer voiced some concern about this, since it is uncertain what ASUI will look like in three years time.

"I would hate for those who are sitting in our seat three years from now to not have a good understanding of the conversation that pursued three years prior when it comes back up in the legislature," Beymer said. "I think this is a policy we have seen in several states that is a great policy to have and declines in

drinking rates while calls to 911 are increased."

Fisher said he has already begun working with ASUI president-elect Austin Karstetter to ensure future ASUI members will be on the same track.

Though there is still work to be done, Beymer said the work Fisher has done for ASUI in the state legislature is "fantastic."

"I've been around politics in this state for a very long time, but it really is unheard of for lobbyists who have been doing this for a significant amount of time to pass a bill like medical amnesty through the legislature on its first year of introduction," Beymer said. "Not only did Nate accomplish this, but he accomplished this on his own first year lobbying in the legislature. I'd say that's not a bad track record going forward."

Besides medical amnesty, Fisher said UI was able to secure funding for a computer science and cyber security program at the Coeur d'Alene campus. While he said this

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wasn't a priority of his, he said computer science and cyber security is a big industry and is proud UI has advanced in that direction.

One thing Fisher said he would have liked to see accomplished this legislative session was a tuition lock program. Fisher said he thought it was unfortunate the legislature did not take steps toward this initiative but has hope it will be brought up again in the future.

Fisher said ASUI reached many of its goals this legislative session, such as the push for medical amnesty, and he is looking forward to another year of lobbying for UI.

"I know a lot of senators were involved with legislative ambassadors, wrote letters to legislators and it's amazing to see what a group of students can do when we really set our minds to do it," Fisher said. "I think that's incredible."

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STUDENT LIFE

Something not quite like the others

Steel House offers alternative residence option

Carly Scott
Argonaut

For Tierney Heath, a University of Idaho sophomore, Steel House offered exactly the type of community she was looking for.

"This is the one place, the best place on campus for me," Heath said. "Since I've moved in I've become more open," Heath said.

The Steel House is a women's cooperative that houses a diverse range of girls and meets UI's freshmen residence requirements. From art to pre-med majors and

everything in between, everyone is welcome.

Residents say the house fosters a sense of community. During one of their lively dinners, residents discussed their favorite parts of living in the Steel House.

Some of the fondest sentiments were expressed toward the excellent people, laidback attitude and leadership opportunities available.

"There's lots of leadership positions you can run for," Heath said. "There's enough people to stay socialized, but not an overwhelming amount."

Del Hungerford, the house administrator, said on the surface level, a women's cooperative is a residence

in which the girls pitch in on cooking, cleaning and other chores in order to lower residence costs.

"In reality it's a place to learn life skills that the girls will carry over into running their own households," Hungerford said.

Hungerford said the house can hold up to 32 people in either single or double rooms.

She said Steel House is not like a sorority.

"In a sorority, you have to pledge, pay your dues every year and follow a national organization," she said. "The Steel House is still run the same way it was

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when I was in college. You sign a contract, you agree to do chores, and if there's space, you get to move in."

Steel House is one of a handful of cooperatives in the U.S. that is on a campus and independently run, Hungerford said. The average cost of living in Steel House is \$3,000 per semester including food, she said.

Hungerford said she lived in Steel House for three years while in college.

"I liked the freedom, I liked being able to do chores for lower fees because I am not afraid of a four

letter word called 'work,'" she said.

The house has scholarships to assist with living costs. There is a one-year residency requirement to be eligible, but after that options are available to receive compensation for cooking, running the janitorial staff, recruiting and website upkeep.

One of the biggest perks, Hungerford said, is the sense of family you get from living in the house.

"It's really like a large family," she said. "They come down into the main room and watch movies and play games."

Carly Scott
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Police log

- April 28**
West Pullman Road, Walmart, 12:52 a.m.
Local person has a habit of stealing Listerine for the alcohol content. Walmart employees reported him for loitering and stealing. He got a warning.
- West Pullman Road, Walmart, 6:23 a.m.**
Same man went back again and was arrested.
- South Main Street, Moscow Auto Service, 8:13 a.m.**
Someone had a disagreement about the price he was charged, so he took the vehicle without paying

- the total debt owed. Officers advised him to pay the amount then seek civil court for damages if he thought he was being defrauded.
- West C Street, 5:42 p.m., 6:28 p.m., 6:53 p.m.**
A vehicle burglar walked down the street and tried car door handles, three were unlocked and the burglar got into them.
- April 29**
Damen Street, 4:27 p.m.
A caretaker stole money from the person they were supposed to be looking after.
- Sweet Avenue and South Main Street, 11:20 p.m.**
Female was driving and arrested for DUI after she was stopped by an officer
- for not stopping at a stop sign.
- April 30**
Styner Avenue, 9:06 p.m.
Inattentive driver caused a two-car collision with several non-life-threatening injuries.
- West Pullman Road, 9:28 p.m.**
Reckless endangerment complaint. People who took pool noodles from a display at Finals Fest were on the sidewalk, throwing the noodles into the road.
- May 2**
North Main Street, Meineke, 9:35 a.m.
Squirrel was stuck in the dashboard of a woman's car. No one wanted to work to get it out, so animal services ended up helping.



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ADVISED

FROM PAGE 1

“I could have used a little more guidance from my math major,” he said. “I didn’t know I had a math adviser until the end of my sophomore year when I got an email.”

Seubert’s said initially when he came to the university, he was studying music, and it was his music adviser who helped him plot out his path to graduation as a music and physics double-major.

“We spent hours together working through options that would potentially work,” he said. “She ended up being the best adviser for that one semester I was a music major. My math adviser cared about what I did in physics but he was just like, ‘Well your physics adviser can advise you on that. I’ll just take care of your math stuff.’”

His physics adviser had a similar approach to his math degree. Seubert’s music adviser was the only one to sit down with him and work out a plan that included all of the possible options.

“That’s what an adviser should do,” Seubert said. “It’s not even a matter of knowing things. It seems like they just want to work within their department which is a little bit of a shame.”

The professional touch

University Advising Services Director Andrew Brewick said he believes UI has a nice balance between faculty and professional advisers.

“I think in terms of the model we’re using, we’re going in the right direction,” he said. “The way that most of the undergraduate college have been advising or will be advising students is through professional staff members for the first two years and then transitioning students to a faculty adviser.”

Brewick said this allows a consistent approach to a student’s schedule.

“We have students who have lots of different flavors of advising experience,” he said. “We’re trying to get that to be more homogenous in terms of the experience.” At the same time, Brewick said he wants to preserve the mentoring relationship that comes from a faculty-student advising team.

“(They) know what it feels like to be in that field, to do research in that area,” he said. “One of the leading objections to moving to a professional staff advising model is from faculty members who don’t want to lose the connection.”

Brewick said he wants to make sure

students have “expert generalists” to help answer questions and place students on the right track.

Of the 20 percent of students that responded to Brewick’s most recent survey, 76 percent rated their advising experience good or excellent.

“Now, were those responders motivated by a good experience to do the survey? It’s possible,” he said.

The Idaho State Legislature recently funded a UI proposal that would increase the number of staff advisers on campus. The funding from the Complete College Idaho initiative, part of the Go On Idaho program encouraging more Idaho students to receive a postsecondary degree, certificate or training. The money will go to staff advisers and Career Center liaisons for specific departments. Brewick and his staff have been working to hire advisers who will work in each college.

“I think that we will now have more of a consistent advising curriculum for our students,” he said of the shift to professional advisers.

Mitchell said he believes professional advisers would benefit students in every department.

In addition to taking a more individualized approach, professional advisers have the time to help understand where a student is in their development and the best course of action to develop them.

“Every single student I have ever met struggles with time management in their first semester,” Brewick said. “It’s a rite of passage that you’re going to forget something and it’s going to kick you in the butt. We can intervene in that critical moment and say, ‘Alright. We need to talk about changing your habits so you can be successful.’ It’s building the skills while the iron is hot.”

Brewick said many departments are transitioning to a model with two years with a professional adviser and two years with a faculty adviser.

“Once you get a student through four semesters of successful academic involvement, the remaining elements of the curriculum tend to be pretty well defined,” he said. “But in the upper division, there also tends to be a lot more elective options. If you have an adviser that doesn’t have that background in the discipline, they’re not the right person to help a student understand which electives they should be taking in their upper division experience based on where they want to go in their career.”

Brewick said he also believes staff advisers can help take the emphasis off class standing.

“We’re seeing huge numbers of students come in with a mountain of alternative credit,” he said. “And while all of that is very valuable, developmentally they are often still an 18 or 19 year-old moving away from a very rigorously organized environment to one they have to organize themselves.”

Regardless of class standing, Brewick said these students need to be informed of the resources available. He said maturation is a naturally-occurring process during college.

“With a consistent advising approach with specific individuals with caseloads of students, we are able to keep closer tabs on them,” he said. In the College of Engineering, Director of Student Services Maria Pregitzer acknowledges that there are challenges to faculty advising.

“They come from all walks of life and levels of academic competency,” she said. “Not every adviser is equipped to deal with those freshmen issues. I can advise for any of the majors and keep them on the right path. Until they’ve proven that they’re a student in good standing, I don’t want to bog down faculty advisers.”

Pregitzer works with undeclared engineering majors and students on academic probation — many of them freshmen — and admits that not every adviser is created equal.

“They’re not as equipped with knowing all the resources for (students on probation) to get help,” she said.

Pregitzer said a professional adviser is being added to the staff of Student Services. They will work with Pregitzer to advise students with special cases.

She said faculty members insist again and again that they would like to keep their advisees.

“Our advisers on the whole take that very seriously,” she said. “They want to have that connection with the students. They’re all in it for the students or else they wouldn’t be here.”

Despite the issues he’s had, Ream said he prefers faculty advisers because they know what students have taken in the past and how to navigate issues students have faced.

Debbie Moos is an undergraduate adviser in the College of Business and Economics. At the end of every semester, a bulk of her time goes into advising meetings with students. She and the other professional advisers help during Uldaho Bound and other recruitment events.

ARG

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“Either one of us will meet with any student that walks in,” she said.

Professional advisers work well in CBE. The first two years of a CBE degree is rooted heavily in prerequisites and general education classes.

“We train them how to use Degree Audit, to understand the curriculum so that by the time they meet with a faculty adviser they feel confident,” Moos said. “The faculty are great mentors for (the) field and internships. We don’t have that expertise in each field.”

Moos said the feedback they have received from faculty has been positive.

“They like that our students have an understanding of Degree Audit and Vandal-Web,” she said.

Moos said that students have responded well to the professional advising model.

“When I’m meeting with a student, they might have a major and I might suggest, ‘Did you know that if you add this others major it’s only two extra classes?’ Opens a whole new world,” she said. “I just happen to know that because I know a little bit about (all of the degrees).”

Moos said she believes this extra major or minor can give a student a competitive edge in the job market.

“Not to say that a faculty member might not know those things,” she said. “But I think we end up knowing it more because we’re not focused on one major, we’re focused on all of them in the beginning as well as the general education.”

She also helps students pick appropriate general education classes that will fill the requirement without taking too much time away from their degree coursework. This can also include encouraging students to take non-academic elective credits, like a workout class.

“Sometimes it’s in their best interest to work out, well, take a credit,” Moos said.

Some departments prefer to keep the faculty-student relationship open with advising.

While he believes there is merit to having professional advisers, Garrison prefers the current method.

“The dedicated advisers that are staff members, they’re not inside the professional community of any particular area,” he said. “I’ve been a performing musician all my life so I know that career, I know the world. So I’m able to share that with advisees.”

Tess Fox can be reached at arg-news@uidaho.edu or on Twitter @tesstakesphotos

MIRROR

FROM PAGE 1

years, and said he has been personally affected by many calls he has been on.

“When we go on calls, we kind of play the what-if game — even on traffic stops I’m looking for any kind of averted movement,” Lindquist said. “Sometimes you just get that gut feeling that something is really wrong, but you still keep going forward.”

He said being an officer can be stressful, and living with a constant fear that comes with being a person who has put people in jail can affect officers’ lives negatively.

“The average person doesn’t experience that,” Lindquist said. “They don’t experience walking out of work and having to look left, right, up and down because you’re looking for someone who could potentially attack you.”

Lindquist has a wife and three children, who he said have always

been supportive and understanding. His oldest child, University of Idaho senior Kaytee Lindquist, said she is proud of what her dad does, but that she is in constant fear for his safety.

“It’s terrible and wonderful all at the same time. I get to say what my dad does and be prideful about it and know that he makes a difference,” Kaytee said. “But it’s a rough life.”

She said her parents sent her to counseling in 7th grade to help with her anxiety and worry for her dad.

“(The counselor) dealt with it by sitting in a room and telling me my dad was going to die over and over again,” Kaytee said. “A week later the police officer was shot, so that caused a lot of issues for a really long time for me.”

That officer was Lee Newbill, who died in the line of duty in 2007. Kaytee said her family knew Newbill well, and the aftermath of his death was horrific for her, but that her dad handled it well.

“He got home at like 9 a.m. the next

day, I just remember him walking up and I didn’t know what to say to him for the first time in my life,” Kaytee said. “So I just gave him a hug and tried to be very numb with it all.”

When Lindquist got the call with the news of the shooting, he was put in charge of doing a background investigation on the suspect and working out a plan to negotiate with him.

“I actually blew the engine out that night because I was driving very fast to get in,” Lindquist said. “To get there and to try to distance yourself from the personal sorrow and a natural revenge was part of me doing my job that night.”

He said his kids all had issues with the event, and the stress of helping them through it was difficult in itself, but it also affected the department.

Lindquist said calls like that make him worry for his family.

“Most of the bad things I see I can deal with it, but when I try to extend it to my family as that possibly occurring to them, that’s where

it becomes stressful,” Lindquist said.

He said he and fellow Officer Casey Green were the first ones on scene after the murder of UI student Katy Benoit in 2011.


“I didn’t know her, but it was a young lady that lost her life and that was very sad,” Lindquist said. “She had the same first name as my daughter and was she getting ready to start college, so that was kind of scary in that aspect.”

Lindquist said he has seen many deaths and injuries during his career, but that he loves serving his community and can’t imagine doing anything else with his life.

“I’m proud of my dad because he spends his life protecting other people — especially the people who don’t deserve it,” Kaytee said. “It would be really easy to walk away from those people, and he’s never even wanted to.”

Diamond Koloski can be reached at arg-news@uidaho.edu

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Abby Mykaila Biedenbach

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Leonardo Quadros Luis

Ashley Reva Maes

Amy Elizabeth Maggi

Ronald Lee Mason

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•The Huntsman: Winter's War

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DEGREES

FROM PAGE 1

and potential for professional growth within a company. She said pursuing a higher education is also a way to learn how to overcome personal challenges, and is viewed as an investment in the future.

“So yes, we look at the cost as a challenge — prohibiting for some people — but most people find the investment does open some opportunities that would not have been available,” Stevenson said.

Stevenson said UI is doing many things to aid students while they adapt to find career opportunities in the current job market.

“I think that the university also provides other opportunities for students to get involved and sort of discern who they are and what they might like to do with their lives,” Stevenson said.

UI graduate Julie Williams said she knows the value of higher education on a personal and professional level firsthand.

Williams, who graduated from UI with

her Ph.D. in education, works as a science teacher and academic director at a private, residential treatment boarding high school in north Idaho called Northwest Academy.

Williams said her work required her certification, and her position would be unobtainable otherwise. She said in her line of work it is impossible to move up the ladder without proper certification.

“You just get stuck and are unable to progress otherwise,” Williams said. “As your situation changes and you want to be involved in leadership positions it just doesn’t happen without the degrees. You just end up getting stuck in support positions, which is not necessarily a bad thing, but you certainly don’t have employment options that you would otherwise.”

Williams said her degrees have given her professional diversity and allowed her to work in a broad range of professions. She said she also works as a professor at North Idaho College and is the assistant manager of Mirror Lake Golf Course.

Williams said even though her degree

was fairly specialized, it still has the potential to be used in a number of different fields and it was a great source of personal growth as well.

“The people I’ve met and the connections I’ve made through that, as well as the numerous mentors I’ve encountered in my educational process have been fantastic,” Williams said.

She said her experiences with higher education have permanently shaped the way she interacts with people. She said college established some of her most memorable experiences, whether that be a day trip with a friend to eat lobster near coastal waters, or a late-night fire drill spurred by someone’s inability to cook popcorn properly.

Williams also acknowledged that though college was the right choice for her, it is not the right choice for everyone.

“Not everybody should go to a traditional school for four, six, eight years — it just doesn’t make sense to do that unless your desires and circumstances are right,”



Williams said. “Certain people’s mindsets are open enough that they’re going to get something out of it. The people who are closed off and just go to get the job afterward must understand that that’s a completely different type of training.”

Williams said the first step for anyone considering going to college is to determine if it is the right direction for that person and whether or not they can afford it.

“Some people would do great in college but certainly won’t afford it, so they’ll be there for a semester or two and then have to drop out and be resentful of that experience,” Williams said. “It’s really a balancing act where you have to be determined enough to stick through the hard parts. It’s always going to be hard, but it’s that difficulty that makes it so rewarding.”

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AUTHORITY

FROM PAGE 1

After that, he completed helicopter flight school and served with the 271st Combat Aviation Company in the Republic of Korea and served one of four tours with the 160th Special Operations Aviation Regiment.

He served in Iraq and Afghanistan with the 10th Mountain Division, among many other assignments.

Most recently, he served as Deputy Commanding General for the U.S. Army Cadet before taking charge of the U.S. Army Special Operations Aviation Command in June of 2014.

UI President Chuck Staben, who ultimately selects the commencement speaker, said he interacted with Peterson at commencement last year.

“I was very impressed by him personally,” Staben said.

Peterson said he has been involved with ROTC events in years past.

“He is a highly decorated officer, a general, and a UI graduate,” Staben said. “I felt having him speak represented well the strong

tradition of military training at UI, a specific part of our land grant mission. I felt it likely he would be an inspiring speaker for students, speaking to issues of personal mission and motivation.”

As a high-ranking military officer, Peterson said giving speeches to large crowds is not out of his wheelhouse.

“I speak publically fairly often, so it’s not unusual,” he said. “The size of the crowd will probably be a little bit larger than normal.”

While he said he doesn’t want to reveal too many details about his speech, he said he would keep it brief.

“I looked back at my own experience 30 years ago and I’m very embarrassed to admit I remember nothing about my commencement speaker or remarks,” Peterson said. “I’ll endeavor to hold their attention for a few moments and then get on with the celebration.”

Peterson said he would address gradating students with a goal in mind.

“Essentially, I hope to provide them with a couple of challenges,” Peterson said. “The goal is to put in perspective where they stand.”

For Peterson, he said his

mentors at UI — including Pitman and former dean of the College of Science Maynard Miller, who he spent time with researching ice fields in Alaska — played a role in his success.

“I’m absolutely profoundly humbled by the opportunity to do this,” Peterson said. “It’s a unique opportunity and I feel very strongly about my ties to the university.”

Ceremony recognition

John Grossenbacher, retired vice admiral for the U.S. Navy and former director of the Idaho National Laboratory, will receive an honorary degree.

Sharon and Rich Allen, alumni and co-chairs of UI’s Inspiring Futures campaign cabinet will receive the President’s Medallion.

Sharon is currently the chair of the national YMCA board and was included on Forbes’ “100 most powerful women in the world” list four times.

Ford Elsaesser, UI alumnus from 1977, Mark Hedges, UI alumnus from 1985, and Brian Oswald, UI alumnus from 1992, will be inducted into the Hall of Fame.

Elsaesser co-founded Elsaesser Jarzabek Anderson Elliot & Mac-

More info

Commencement begins with a procession down University Avenue to the Kibbie Dome at 9 a.m. Saturday. The ceremony begins at 9:30 a.m. General admission is free. The ceremony can be streamed at www.uidaho.edu/news/ui-live

By the numbers

1,556

Degrees applied for

1,154

Baccalaureate degrees

102

Law degrees

48

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9

Specialist degrees

302

Masters degrees

115,187

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SPORTS



Chris Sarbaugh
rediscovers passion for
basketball as Vandal

PAGE B3

WOMEN'S BASKETBALL



Idaho senior post Ali Forde will leave the Vandal women's basketball team after setting numerous program records.

Forde won't break

Dual-sport athlete Ali Forde looks toward basketball career in Europe

Tess Fox
Argonaut

Ali Forde is not a forgettable woman.

The 6-feet-2-inch post would stand out in a crowd based on her height alone, despite the fact that she basically skips around campus with an infectious grin plastered across her face.

"She's really happy — always," said freshman basketball teammate Mikayla Ferenz.

As Forde makes her way down the halls of the Kibbie Dome, players, coaches and staff members all call out her name.

The entire time she bounces a basketball between her legs, poking fun at a football player when he tries to steal the ball.

Idaho women's basketball head coach Jon Newlee said the senior has always had a goofy personality.

"She's quirky," he said. "She's different in a good way. She's always looking at the silver lining of things."

Forde will be graduating in May with a bachelor's degree in management and human resources. She said she has been working with an agent to secure a spot on a basketball team in Europe.

Forde said Newlee has been an invaluable resource in her search for professional teams.

"I walked into his office freshman year and heard about other players who have (pursued professional basketball) and he was like,

"Yeah Ali this is something you can do," she said. "So he's kind of had it in the back of his mind that it was something I wanted to do, and he's developed me in the best way he can for that."

Newlee helped the graduating senior find an agent to serve as a liaison between Forde and potential teams in Europe.

"I'm in my agent's hands," Forde said. "I tell her where I want to go and the places I would not want to go, so she gets a feel of what I want and what kind of player they're looking for."

Forde said she hopes to play in either Italy or Croatia.

"Playing in college was the first step," she said. "Getting to travel and play the sport you love — I don't really see what could be better — especially heading into the next couple years of my life. It's nice that I don't necessarily have to have it all figured out right away."

Forde said that she knew she wanted to play collegiately after attending a basketball game at the University of Washington.

"I thought it was the coolest thing ever," she said. "In fourth grade I was like, 'This is something I want to do.'"

Forde joined an AAU basketball team soon after and committed more time to practice.

VN

For more sports content, visit
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SEE FORDE, PAGE B9

WOMEN'S GOLF

Strong and steady

Kristin Strankman's greatest improvement is mentality

Mihaela Karst
Argonaut

Vandal senior Kristin Strankman first heard from the University of Idaho women's golf team after a strong showing as a junior in high school.

The Richland High School recruit later received a scholarship offer from Idaho head coach Lisa Johnson and accepted the offer because of the school's short distance from her hometown.

"The town of Moscow is just really quaint and nice," Strankman said. "It was a great fit."

She said she enjoys the close-knit comradery of her teammates in addition to the atmosphere of the Moscow community.

"We're all pretty close because it is a smaller team," Strankman said. "We hang out all the time."

Johnson said Strankman developed into one of the team's leaders and brought the team together during her last year of collegiate competition.

"She's like, silently competitive," Johnson said. "You don't realize how competitive of a person she is, but she's really bought into what I've done here as a coach. She's worked extremely hard and improved a great deal over the last four years."

Strankman said her competitive psyche has improved drastically during her time with the program.

"When it comes to just the mental aspect of golf, I've grown leaps and bounds," Strankman said.

Johnson said Strankman was initially

“

She's been in the present more, and just letting things come as they come and manage each individual shot at a time.

Lisa Johnson, coach

critical of her own play when she joined the team, but as she developed she began to learn to search for the positives.

"She's not trying to make things happen so much," Johnson said. "She's been in the present more, and just letting things come as they come and manage each individual shot at a time."

Johnson said she also noticed an increased focus from Strankman during practices and tournament play.

"She's able to translate that into competition," Johnson said. "She's been able to be very focused when she's ready to hit a shot, but then after the shot is over she can relax and talk and kind of clear her mind until she gets to the next shot."

As her time as a Vandal comes to an end, Strankman said she will take with her all of the memories that she has made with teammates and friends throughout the years.

"Four years is a long time," she said. "I'm way different now than I was when I first came here as a freshman."

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VN

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CLUB SPORTS

From Grangeville to nationals

Senior setter Tanner Haage ends final season with club volleyball

Mihaela Karst
Argonaut

Trying to get involved in volleyball as a young boy in Idaho can be difficult, but it did not stop Idaho senior Tanner Haage from falling in love with the game during junior high.

The Grangeville community did not provide Haage with many opportunities to play the game — he instead spent most of his time playing on the sand courts of his community. Grangeville soon created its own indoor club team, and Haage said he began to find a passion for the sport.

Haage said setting was where he felt the most comfortable, after trying out every position on the floor. The senior has been setting on the Idaho men's club volleyball team since he joined the program last year.

Haage began his college career at Lewis-Clark State College, where he found a mentor in one of the women's volleyball coaches. Together, they created a recruiting video in an attempt for Haage

to play collegiate volleyball.

"She told me that the club scene is just as competitive as the NCAA, without paying the \$13,000 in tuition," Haage said.

Senior Wesley Sjoerdsma said Haage has had a major impact for the team during the past two seasons.

"He's very quiet and he's very reserved, but he also loves the sport," Sjoerdsma said. "You see his biggest contribution come out in the energy output he gives in a specific moment, like bigger plays."

Sjoerdsma said Haage has been able to make plays for the Vandals both offensively and defensively.

"Tanner is a pure setter, he always has been," Sjoerdsma said. "He's a very athletic setter. He has a very good sense of the court and he's a defense reader. Before he sets the ball he kind of sees where the defense is at and then makes a decision on where he wants to put the ball."

Haage said because he is the only one that touches the ball every play, he is constantly trying to look past the pressure.

"All five of them are dependent on what I'm going to do," Haage said. "I try to let myself

“

He's a very athletic setter. He has a very good sense of the court and he's a defense reader.

Wesley Sjoerdsma

know that it's only one point at a time and I'll go from there."

Haage said one of the things he will miss most about the program is the feeling of competition.

"There's a weird feeling — when you get deep into a game and you're all playing really well — there's almost a high you get from just playing at that top level and having guys that can just crush the ball," Haage said.

The setter will be graduating in the spring of 2017, but said he will not be using his final year of eligibility with the club team.

Instead, Haage will be pursuing a career in professional volleyball in Europe.

"It's given me a lot of experience," Haage said. "I have certainly enjoyed myself here."

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Sports briefs

Women's tennis learns tournament seeding

The Idaho women's tennis team will face Pepperdine in the opening round of the NCAA Tournament May 13 in Malibu, California.

The Vandals (19-8) enter the tournament for the third consecutive year, after claiming the Big Sky title with a 4-0 sweep of Northern Arizona.

Idaho will face No. 8 seed Pepperdine (21-2) after the Waves won a fourth consecutive West Coast Conference Tournament with a 4-0 victory over Saint Mary's.

"Pepperdine is one of the best teams in the country," Vandal head coach Mariana Cobra said. "I expect our team to go give it their best and leave everything on the court."

The Waves possess two doubles pairings ranked in the top 25, while freshman Luisa Stefani is the No. 8 ranked singles player in the Intercollegiate Tennis Association.

The two teams will meet May 13, with the time to be determined at a later date.

Nuhn named Coach of the Year

Idaho men's golf coach David Nuhn was voted the 2016 Big Sky Coach of the Year after leading the Vandals to the team's second consecutive conference title with a seven-stroke victory over Sacramento State.

The former Vandal took over the program midseason after serving as a PGA apprentice with the university and a volunteer assistant coach at Washington State.

Under Nuhn's guidance, members of the Idaho program set the conference record for the lowest round in tournament history with a 271.

Junior Ryan Porch also shot the lowest round in the Big Sky tournament since 1997 with a seven-under-par 65.

The Vandals were the fourth program in conference history repeat as Big Sky champions.

Track and field adds jumper

The Idaho track and field program announced the signing of jumper Karina Moreland of Tualatin High School Tuesday morning. The Oregon recruit was named an all-state performer on several occasions, placing third in the triple jump during the Oregon State High School Championships last year. Moreland also finished

in seventh during the long jump that same year.

"Karina is going to be a great addition to the Vandal family, said Tim Cawley, Idaho director of track and field. "She is a solid jumper with good speed, she also does well in the classroom and is a great student."

Moreland is currently ranked second in Oregon in the triple jump.

"I chose the University of Idaho because of the family environment," she said. "The coaches and the team were very personable and great to be around, which is what I was seeking during my college search."

Moreland said she considered attending Western Oregon and Seattle Pacific, but ultimately chose Idaho because the university offers a family and consumer sciences major.

Moreland said her goal at the University of Idaho is to become a better athlete and jumper.

"Outside of sports, I want to grow as a person and embrace the environment," she said.

Floeck discusses Palmer's injury progress

After spending the last season as a red-shirt for the Idaho track program, junior Marquita Palmer has been working to rebuild her confidence following a knee surgery to repair loose cartilage.

"Since she's returned this season, I've just seen a growth in her confidence," Idaho assistant track and field coach Travis Floeck said. "Stepping on the line and knowing that she can put more out there and compete."

Floeck said he challenged Palmer to bring a more positive energy to the team as she sat out with her injury.

"She's approaching her days with a little more enthusiasm and positivity, and I think that's helped her a ton," Floeck said. "I think she's in a really great spot because of that. There's a lot there, it's just been more about having that confidence that she can compete at a really high level and race at a high level."

Floeck said Palmer has rebounded from her surgery and progressed to the point where her knee rarely hinders her running.

"Anytime you have a surgery, it kind of takes a while to come back from it," Floeck said. "It's just been really cool to see her get stronger and back to full health."

OPINION

Impact performers

With the 2016 college football season just four months away, the Idaho football team has wrapped up weeks of spring competition in preparation for the fall.

The Vandals will be looking to earn a berth in a bowl game for the first time since 2009, following a breakout 4-8 record last year in the Sun Belt.

The 2016-2017 Idaho schedule consists of eight conference games and four nonconference matchups, including games against Big Sky opponent Montana State and regional rival Washington State.

While the team will be looking to fill the void left behind by graduates Quinton Bradley and Elijah Penny, several athletes have already stepped up for the program and showcased their abilities this spring.

Matt Linehan - Quarterback

Quarterback Matt Linehan will be returning to the helm for the Vandal offense, despite a strong spring showing from sophomore Jake Luton.

The junior threw for 2,972 yards and 16 touchdowns last season, maintaining a quarterback efficiency rating of 135.

The quarterback showcased an improved intelligence at the position following his experience with the Vandal offense last year.

Injuries are the only detriment to the quarterback's performance.

Last year, Linehan missed the team's road game at Arkansas State with a foot injury. He also missed the entirety of the spring season recovering from foot surgery.

Despite the lack of spring repetitions, Linehan is projected to resume on-field activities this summer, providing the junior with an ample amount of time to prepare for the season. If he suffers another injury, the team possesses a strong backup in Luton, who has displayed growth and progression this spring.

Fans should expect Linehan to surpass the majority of his statistics from last season. The Vandals possess a deep core of wide receivers, providing the quarterback with a wide variety of receiving options to choose from.

Aaron Duckworth - Running back

With the departure of Penny, the Vandals entered the spring with a murky picture of the running back battle.

A trio of young running backs emerged as potential replacements for Penny. Idaho head coach Paul Petrino named junior Aaron Duckworth, redshirt freshman Denzal Brantley and sophomore Isaiah Saunders as the three main athletes competing for the role at the

beginning of the spring.

Duckworth's consistency in April, coupled with his previous experience on the college gridiron, provides the junior with the necessary tools to take the backfield for the Vandals this fall.

Duckworth rushed for 289 yards on 73 attempts for Idaho last season, averaging 3.6 yards per carry. The junior also recorded three rushing touchdowns over the course of the year.

While Idaho is primarily a passing-oriented offense, Duckworth's contribution to the running game will prove vital in establishing a balanced counterattack to catch opposing defenses off guard.

Deon Watson - Tight end/ wide receiver

Senior Deon Watson's versatility and speed provide the Vandals with a unique asset at tight end.

The senior is quicker than the majority of his peers at the position, allowing Watson to consistently line up outside as a receiver.

Idaho head coach Paul Petrino noted the senior has progressed in his blocking abilities, providing Vandal offensive line with an additional boost to the running game.

Watson had 42 receptions for 551 yards for the Vandals last year. The tight end also led the team with seven touchdown receptions.

Watson will likely combine with senior wide receiver Callen Hightower to provide the bulk of the receiving yardage for the Idaho offense in the fall.

Noah Johnson - Guard

In perhaps the most surprising performance of the spring, freshman guard Noah Johnson took the majority of reps with the first-team offensive line.

The 6-foot-4-inch Arkansas recruit joined the Vandals in January after graduating from Fayetteville High School the month before. Johnson was named the 7A West Outstanding Offensive Lineman during his senior season with Fayetteville.

Petrino has not been shy about starting young players who display a talent for the game, and Johnson appears to possess the skillset to contribute to the program in a starting role.

The young guard will immediately face a tough challenge during his first few games with the team. The Vandals travel on the road to face potential AP Top 25 teams in Washington State and Washington early in the season.

Johnson's performance against these Pac-12 powerhouse programs could allow fans to catch a glimpse of the team's future on the offensive line.



Josh Grissom
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2016 Graduates

MEN'S BASKETBALL

Northwest kid

Chris Sarbaugh
rediscovers passion for
basketball in final season

Josh Grissom
Argonaut

After five years and over 150 games of collegiate basketball, Idaho guard Chris Sarbaugh does not possess the stereotypical persona of a veteran athlete.

Instead of the reserved and serious mindset of many senior athletes, Sarbaugh can often be seen joking with teammates or flashing a beaming smile to students throughout campus.

On this particular spring day, Sarbaugh strides into a Kibbie Dome office sporting a retro Spud Webb jersey and baby blue basketball shorts. The Idaho senior guard props a foot up on the coffee table and leans back against his chair in a relaxed pose.

The easygoing demeanor of the graduate transfer is a stark contrast to the hardworking guard Idaho basketball fans saw on the court this past year.

Sarbaugh played a vital role for the Vandals during the winter, averaging 25.3 minutes on the court and leading the team with 109 assists. He also recorded 150 rebounds and collected 33 steals.

The guard said he was initially drawn to Gonzaga as a high school recruit because of the university's elite college basketball team.

"My family had season tickets there every year for 20 years," Sarbaugh said.

"My dad was also a professor at the school. I received an academic full-ride scholarship, and when they offered me a spot on the team, I knew something crazy would have to happen for me not to accept it."

Sarbaugh said he understood he would likely have to wait until he was an upperclassman to see the hardwood for the Bulldogs. "After a year of sitting the bench, I knew that I couldn't do it," he said. "I love playing too much. So I went to NIC and did well there."

Sarbaugh averaged 7.6 points per game for North Idaho and converted 37.3 percent of his shots behind the arc.

Sarbaugh was strongly recruited by the Vandals the following year, but chose to sign a letter of intent to play basketball at San Diego University.

"I loved Idaho and the program, but I had to get out of here," Sarbaugh said. "I had to get away from home."

As a redshirt junior with the Toreros, Sarbaugh averaged 15.3 minutes on the court and 3.2 points per game.

After he received his undergraduate degree from San Diego, the guard chose to return to the Northwest and attend the University of Idaho.

"I wanted to be on a team where I could have a significant role," Sarbaugh said.

"(Don) Verlin knew my style and the type of player I was. I think my relationship with the coaches and the knowledge of the program and the offense played a big part in the decision."

Sarbaugh said Moscow's close proximity to Spokane influenced his choice.

"I never thought I would be able to play 15 games in front of my family again," Sarbaugh said. "I loved being able to have my friends and family up there in the stands supporting me. I wanted that as much as I could, and I think that's what sold me on Idaho."

The transfer said he was initially unsure of how to approach his new teammates on the court during the summer.

"It took time, but I knew what I had to do to earn their respect," Sarbaugh said. "I came in every day and worked my butt off in the weight room. And then I needed to be a leader on the court and communicate nonstop to show them I knew the game."

Sarbaugh said he rediscovered his passion for the sport during his time with the Vandal basketball team.

"At San Diego I was dreading each practice my last year," he said. "But these guys really taught me how to enjoy the game again."

The newfound love of the game appeared to spark the senior's play during the season. Sarbaugh averaged 5.6 points and 4.4 rebounds per game for the Vandals. In addition, the guard averaged 49.6 percent from the field, the third highest mark on the team.

"I feel like I can score — and I'm able to do that — but I feel like I see the floor better," Sarbaugh said. "And so I just saw my role as a guy who would take what was given to me, who would make a play here or there for his team. I just try to do the things no one would notice."

Sarbaugh's presence on the court would prove to be a key component of the Vandal lineup after leading scorers Victor Sanders and Perrion Callandret went down midway



Nina Rydalch | Argonaut

Idaho senior Chris Sarbaugh led the Vandal men's basketball team through Big Sky Conference play after multiple injuries at the guard position.

through the season with separate injuries.

"When Vic and Perrion got hurt, I felt like my job was to make sure we were all organized," Sarbaugh said.

"That our team knew what play we were running or what defense we were in."

Despite the loss of the team's leading scorers, Sarbaugh led Idaho to a 4-3 record during a seven-game stretch of Big Sky Conference play.

"I know with most other programs, that if a team loses their leading scorer, they're not going to win half their games," he said. "That's a testament to our coaches and players."

The Vandals would eventually earn the third seed in the postseason tournament before falling in the semifinals to Montana.

"It really hurt losing to Montana, because I really felt like we had the best team in the Big Sky," Sarbaugh said. "Still finishing third after everything we went through, I'm so unbelievably proud of that."

The senior said his favorite moment with the program was the team's 82-68 victory over Idaho State on Senior Night.

Because it was Verlin's first 20-win season, the team dumped Gatorade on him in the locker room after the game.

"That was unbelievable," Sarbaugh said.

"Not only to be a part of the team with the best record that he has ever had, but to also have it be on Senior Night and see all the love and appreciation from the fans."

Sarbaugh will graduate next week with a master's of science in adult, organizational learning and leadership. He currently holds a 4.0 grade point average and was named the Scholar Athlete of the Month in March by the University of Idaho.

The guard said he will miss several components of the university when he graduates, but he'll specifically miss the staff associated with the program.

"The first is the people," Sarbaugh said. "Not only the team but everyone around the (Kibbie) Dome. It is a community where everyone supports the Vandals. It's very special."

Sarbaugh said he will miss his Vandal teammates the most.

"I will miss being with those guys every day," he said. "You get irritated with them one day, but then you come back and love them. They truly are your brothers."

Josh Grissom
can be reached at
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SOCCER

Backfield anchor

Defensive mentality drives
freshman to succeed on the pitch

Josh Grissom
Argonaut

Defenders have always been the unsung heroes of soccer, but freshman defender Kelly Dopke is looking to change that mindset.

The California native has excelled in the backfield for the Idaho soccer program, anchoring the Vandal defense as the team blew past Big Sky opponents with an unbeaten conference run last season.

"At the collegiate level, defense is huge," Dopke said. "It is of great importance, because defense is what wins championships. If the other team doesn't score, it at least ends in a tie."

The defensive mentality of Idaho head coach Derek Pittman is what initially drew Dopke to the Vandal soccer team as a recruit from Arcadia High School.

"As a defender, he said he wanted someone who would compete in the air, and that's what I do best," Dopke said. "I compete in the air really well because of how tall I am."

She said she also was encouraged by her exposure to the training environment of the program.

"When I came for my official visit, the atmosphere of the team was absolutely amazing," Dopke said. "Everyone was so united and were playing for each other."

That whole atmosphere made me feel like this would be a great place to come.

She said she was officially sold on the program after a discussion with Pittman as to the types of defensive recruits he was seeking.

"Defense is not all about playing tacky, it's about finding people wide and keeping composed," Dopke said. "That's what drew me in, because I am a composed player on the ball. If need be, I can kick it as far as I can to clear it, but I want to win the ball in the air and be aggressive."

She said the Vandals' defensive mentality is a huge component to the team's success.

"It's a huge impact, because despite being the ones not getting the recognition, you have to know your role on the team," Dopke said. "I don't care if I get any rewards or not. Stopping the other team from scoring is all that matters."

The Vandals finished the regular season with a 9-0-1 record, earning the Big Sky Conference regular season title.

“

We came a long way from the beginning of the season and summer, working as hard as we possibly could. It truly showed in our performance because we came together as a team and took off from there

Kelly Dopke,
freshman defender

"It was definitely something special," Dopke said. "We came a long way from the beginning of the season and summer, working as hard as we possibly could. It truly showed in our performance because we came together as a team and took off from there."

She said she was excited to be a part of collegiate program that exceeded initial conference expectations.

"I think it was really special to join a team that was expected to place ninth in the league and to come out on top," Dopke said. "It absolutely shows that people underestimate us as a group of individuals. It shows that when we come together as a team, anything is possible for us."

Dopke said the team is currently drawing inspiration from a penalty kick loss to Northern Colorado in the Big Sky postseason tournament.

"It was devastating at the time, but now we know what we are looking forward to," she said. "It was bittersweet — we didn't win it, but it shows us how close we are. With that much more effort, we can get the championship."

Dopke said the loss was a little easier to take once the team received conference championship rings last month.

"It's truly humbling to know that our program came this far," she said. "People didn't think we would be able to do it. It's just the icing on top of the cake, knowing we get the rings now, but next year we can try and earn some more."

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WOMEN'S TENNIS

Conquering struggle

Spanish tennis senior discusses rocky road to success in sport

Tess Fox
Argonaut

Belen Barcenilla's initial experience of college in the United States began with her arrival in Spokane during a frigid January afternoon. The cold winter weather was a stark contrast from her hometown of Leon, Spain. It wasn't the first time she had left Spain for the United States, but it was the first time she began to regret her decision to study internationally. Her teammates picked her up from the airport in Spokane and drove her to Moscow for her first experience at the university. "It was so cold," she said. "Everything I could see was snow. All I could see forever was snow and I was like, 'Where am I going? What have I done?'" Barcenilla said she did not enjoy her first week on campus. "Every freshman who comes from another country has some days where it's really tough," she said. "For me it was my first weeks. I got here and I missed my home so much. I was so homesick." Barcenilla lived in the Wallace Residence Hall without a roommate, and said she felt isolated. "I didn't have a roommate," she said. "I didn't have a computer. I didn't have a phone. I remember myself walking around Wallace at 2 a.m., it was horrible." Barcenilla said the language barrier proved another difficult obstacle to overcome. "I remember the professor talking and I couldn't understand a word," she said. "It was like Chinese for me. I didn't know what BBLearn was, I was so lost."

The final push

Barcenilla said she did not initially plan to pursue tennis after high school, let alone travel to the United States for a college education. The United States is one of only a handful of countries that offer collegiate athletic and academic programs. Students like Barcenilla, who want to play tennis and earn a degree, have to choose to become a professional athlete or pursue a degree if they wish to stay in their home country. "I remember when I was 15, my parents said there was another girl in my state that decided to come to America," she said. "My parents were like, 'Oh wow, that's a really good idea.'" She said her parents began searching for information on studying abroad. "My last year of high school they started talking to me about it," Barcenilla said. "At first I didn't want to come." Her parents told her that she should study in the country for one year, in order to play tennis and learn English. "There was another Spanish girl (at UI) and she started telling me how she was so happy here," Barcenilla said. "At that age I don't think you're mature enough to make a decision like this by yourself. You don't really know what it means to go to another country and learn the language. (My parents) gave me the last push to decide to come." Barcenilla said she cannot remember when she first began to play the sport, but said her parents were always her biggest supporters. "Every time I call my parents

crying like, 'I cannot do this anymore,'" she said. "My parents say, 'In the last years you have called a few times saying this is the best years of your life and it's been because of tennis. I just think about last year — winning conference. I called my mom and said, 'This is the best moment of my life.'"

Wake up call

Barcenilla said her Spanish coaches were never strict with her when she played the sport. "I never took the practice too seriously," she said. "I never thought it would have these consequences." Barcenilla said the tennis atmosphere back home was much more relaxed than collegiate athletics in the United States. "It's not like home where you can go or not go to practice," she said. "Here it's so much discipline. I didn't have discipline when I came here." Barcenilla said she initially struggled to meet the demands of student athletes on campus. "You're not the boss of yourself anymore," Barcenilla said. "You have someone who tells you what to do. At first it was really tough. I was used to doing whatever I wanted to do." Idaho women's tennis coach Mariana Cobra said she and Barcenilla often clashed on certain issues. "Players have personalities," Cobra said. "Belen is trying to push and that's great when it's on the tennis court. But when it's about discipline and rules, she learned that was not OK." Cobra believes she feels fortunate to have helped Barcenilla turn

her attitude around. "She actually got kicked off the team," Cobra said. "I think it took her to kicked off the team and realize that she was about to lose everything she had to really put it together." Barcenilla said she is a completely different individual now than when she first arrived on campus. "Those months out of the team changed me," Barcenilla said. "I never thought how my behavior could have consequences on my life. I think those months were really tough but they made a really big influence on me." The relationship between the player and coach improved significantly after Barcenilla's time away from the sport. "Last year she was a key piece to our success," Cobra said. "She does really well in doubles. I'm very proud of her, I think she's come a long way." During the 2015 season, Barcenilla earned a Big Sky Conference Honorable Mention. In 2014, she was named given Second Team All-WAC Doubles honors. Barcenilla also played a season with a broken arm, and would break the program record for most singles victories with a 30-8 record. "She's a grinder, she's feisty, loves challenges," Cobra said. "It's amazing how much she has to have that challenge to get better. If a referee tells her something she's going to get really mad and then she's going to try to prove them wrong. Even her bad matches, she doesn't give up." Cobra said she believes Barcenilla integrated smarter play

during her time at Idaho. "She wanted to be Roger Federer," Cobra said. "She wanted to hit the ball and she wanted to win pretty. I think she's finally understanding that you don't have to be playing your best to succeed and you don't have to play like Federer, hitting every ball. She can hit the high ball, she can slice, she has everything and she's willing to use it all now." While this is the last year of her eligibility, Barcenilla said she will remain at Idaho an additional year to complete an engineering degree. "I will keep in touch with tennis after this year but I'm not going to go pro," Barcenilla said. "Honestly, I don't think I can make it. Right now I think I want to stay in America and coach for a few years at least." Cobra said she told Barcenilla last year that coaching might provide the athlete with a suitable career path. "I was like, 'Coach, there's no chance. I've never thought about it, I don't want to,'" Barcenilla said. "She kept talking to me about it. She got into my head. And now that's what I want to do. I want to be able to share what I know with other people the same way my coach did." Barcenilla said Cobra inspired her in a number of different ways. "She made a big impact on my life — more than a coach," she said. "It inspired me to (think), 'Oh maybe I want to have this impact on other people's lives.'" *Tess Fox can be reached at arg-sports@uidaho.edu or on Twitter @tesstakesphotos*

OPINION

Transition of the NBA big man

Professional basketball has wrongfully devalued the role of the center

Scoring from beyond the arc is glamorous. It's a shot that requires incredible accuracy. The prolonged moment of anticipation as the ball floats toward the basket creates a collective breath among spectators. There is also the appeal of earning three whole points for only one shot — something made possible only after 1979. Three-pointers are glamorous, but three-pointers don't win championships. Rebounding wins championships. Defense wins championships. Free throws win championships. And the little things that don't show up on the stats sheet — those things win championships.



Lyndsie Kiebert
Argonaut

The thrill-factor that comes with scoring — and, largely, the guard position — can be blamed for the near extinction of a staple of basketball from an older time: the center. It's not simply the specific position that's disappearing either. The overall concept of post skills has been drastically devalued due to the overshadowing of behind-the-arc shootouts and the glorification of the point guard. Think about traditional centers still relevant in today's NBA. Tim Duncan is still a solid asset for the Spurs, but the old man is on his way out. Dwight Howard's contributions are undeniable, but he's no longer the icon he was with the Orlando Magic.

But the value placed on these players isn't the same as in the days of Wilt Chamberlain, or even later when Kareem Abdul-Jabbar represented a league of unstoppable big men. Now, younger NBA players who don't the "C" beside their names on rosters, like DeMarcus Cousins and Anthony Davis, grew up in a basketball climate where guard skills dominated. Watch any of Cousins' highlight reels — he often receives the ball far from the key, and utilizes ball-handling skills from a lifetime of training in guard-dominated environments to find his way to the basket. The center is no longer the center from my father's childhood, and I think it comes down to one overriding factor: a need for con-

sumer validation. The people tuning in and buying tickets don't get to outright witness the effects of having a talented center on the floor. Something a big man provides is the in-and-out game — the ability for guards to take open shots due to the need for defensive pressure on the blocks — and the impact that has on a team's overall offensive capabilities is huge. But it isn't on the stat sheet, and it's not on Sports Center. Aside from the occasional earth-shattering dunk or brutal block, the contributions of a post player are often intangible. Even an impressive game of rebounding is overshadowed by an impressive game of scoring. The media wants Stephen

Curry, not Marc Gasol. As a result, the game has changed in nature, starting with the young players who consume that media. It's a cycle that's made the five-spot on the floor almost obsolete. I'll appreciate a good face-up on the block or hook shot until my dying day, but the same doesn't go for much of today's basketball-consuming culture. Just because the contributions of the traditional post player aren't always flashy or even visible doesn't mean they aren't there. I'd like to see a renewed appreciation for the art of the center position on all levels. *Lyndsie Kiebert can be reached at arg-sports@uidaho.edu or on Twitter @lyndsie_kiebert*

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SOCCER

Leading by example

Senior provided encouragement for Vandal soccer teammates

Tess Fox
Argonaut

Senior forward Reagan Quigley has embraced a number of different roles for the Idaho women's soccer team.

The senior is a mentally aggressive soccer player on the field and a cheerleader from the sidelines.

"She was tremendous on the bench for us, keeping the other people on the bench focused," Idaho women's soccer coach Derek Pittman said. "(They) labeled themselves as the bench mob because they'd get so excited when our team would score. They were extremely supportive of the players on the field."

Pittman said that Quigley commits to her role, whatever it may be.

"Leading the best way she knew how, by example, by being extremely positive with the young players," he said. "She garnered a lot of respect from younger players because they wanted to be like her. They wanted to mimic her work ethic, they wanted to mimic her passion for the game."

Pittman said he also valued her perspective as the lone senior on the team.

"She wanted to do whatever she could possibly do to help our program be successful," he said. "If that meant coming off the bench and playing over half the game — great. If that meant she only played five minutes — fine."

Quigley hasn't limited herself to soccer. After graduating with an operations management and information systems degree, Quigley will be part of the procurement team at Boeing.

She said her job will be to purchase some of the wires and switches for planes through negotiations and contract writing.

Quigley also serves as the presi-

dent of the Idaho Student-Athlete Advisory Committee (SAAC), an organization for student-athletes.

"She truly bleeds for Idaho," Pittman said. "As we say, bleeds silver and gold. She is extremely dedicated to this program and the athletic department."

Quigley said knew she wanted to play college soccer at the age of 11.

"I was watching the NCAA championship game on TV," she said. "I was like, 'Oh my gosh, I want to do that. I want to be on TV and play well like these girls.'"

Quigley said her club soccer coach was the first person to invest in her career.

"She told me, 'We can get you there, we can make this dream a reality,'" Quigley said.

Quigley said she did not socialize as much as other high school students because of her rigorous tournament schedule.

"It was okay because you're with your team," she said. "I wouldn't take it back for anything."

Quigley said her coaches were key in helping the high school recruit find a path to Idaho. She said she wanted to stay close to her Northwest home of Woodinville, Washington, and study at a business school.

"My assistant coach went to Idaho and played here. She knew the coach who recruited me and it all fell into a series of events. Our business college is great and it worked out really well," Quigley said.

Pittman said he has appreciated Quigley's support of the program from the start.

"She was one of the first players to really believe in me as her head coach," he said. "She bought it from day one and helped bring the rest of the group along. She's been a huge influence on the turnaround of the program."

Quigley said she was unsure of



Tess Fox | Argonaut

Senior forward Reagan Quigley leaves Idaho soccer program as Big Sky Conference champion.

what to expect when the program signed a new coach.

"We got to see all the coaches come in and interview them a bit," she said. "Derek was definitely the hardest one of all. He had a set plan and was so set in his ways."

Quigley said her teammates thought he wanted to change too many things about the program. Pittman said he asked the girls to trust him and his vision for the team.

The team responded by posting an unbeaten run through the conference season to win the Big Sky regular season title.

Quigley said Pittman's presence and investment with the program was one of the biggest blessings for the college.

"It taught me a lot about trust and change," she said. "I don't

think you get that experience very often in your life. I'm glad I trusted Derek and everybody else, too."

Pittman said

Quigley has connected not only with him, but with his family as well. He said his daughter has grown fond of the senior.

"(She) gets so excited every time she gets a chance to see (Quigley)," he said. "What's been cool is when my kids and wife come to the games and see how hard Reagan works every time she's on the field. My seven-year-old just loves it."

Pittman said his daughter Emma often marvels at the work ethic of Quigley.

"(Quigley) was never the most



skilled, most technical player," he said. "What she lacked, there she more than made up for in her heart and passion and dedication to this program. For that we will be always and forever thankful."

Quigley said her senior season proved to be the perfect end of an incredible journey.

"To go undefeated and then win the Big Sky Championship 3/4 the whole year everyone was so amped up," Quigley said. "We were supporting each other and closer than ever had been before. I couldn't ask for anything more."

Tess Fox
can be reached at
arg-sports@uidaho.edu

Hats off to you Vandals! You did it!

A special Congratulations to our
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Nicole Lichtenberg, Kim Zambrano,
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VOLLEYBALL

Middle talent emerges

Volleyball standout sees strong showing in first year with program

Luis Torres
Argonaut

Vandal freshman DeVonne Ryter experienced her first major time on the volleyball court last August during Idaho's final game of the Rainbow Wahine Invitational in Hawaii.

Ryter said she entered the matchup with a sense of urgency to showcase her abilities on the court for the Vandals.

Although the team fell to Wichita State 3-0, the Arizona native left Honolulu with a new-found reputation after leading the team with nine kills and a .429 hitting percentage.

"I was trying to prove myself because there were three middles at the time, so I was competing for my spot on the court," Ryter said. "I wanted to work and play hard for my spot because my goal was to play. That's all I wanted."

Ryter continued to face challenges her first year with the program. Most middle hitters consist of tall players, but at 6 feet, Ryter is one of the shortest middle hitters in the Big Sky Conference.

Ryter said she is not fazed by the height differential and has pushed herself to achieve hits and block opposing balls.

"It's hard to compete with middles that are above 6-foot-2," Ryter said. "I have to push myself harder to jump higher and be faster, but there's always challenges in volleyball. By fall, I should be able to overcome this challenge."

The freshman quickly became one of the program's top blockers last year, ending the season with 67 blocks. Ryter also totaled 86 kills, recorded six aces and managed 22 digs for the Vandals over the course of the season.

Ryter's highlight performance came against Weber State Oct. 22, as the middle hitter had a season-high 10 kills and went 10-10 on the attack. Nine of those kills came in the final two sets of play, helping the Vandals secure a 3-1 win in Ogden, Utah.

"My old setter, (Meredith) Coba kept me pumped up and excited for the game," Ryter said. "I just remember going into the match

knowing that I was going to do good. I didn't really think about my performance, I just kind of did it and it turned out to be an awesome result."

Ryter said she has benefited greatly under the guidance of the team's senior members.

"Coba was just pushing me and pumping me up and saying, 'Hey you got this, just be a big blocker and be ready for my sets,'" Ryter said. "Jenna (Ellis) was always there to give me any comfort and motivate me. Tineke (Bierma) would always pump me up as well, we blocked so many balls together and it was great."

Ryter said senior Katelyn Peterson played an instrumental role in helping her adjust to the environment of collegiate volleyball.

"Katelyn is just a phenomenal athlete and I'm still aspiring to be like her," Ryter said. "I want to be super athletic, fast and motivated in that sense."

Although the Vandal volleyball team has experienced a plethora of roster changes this spring, Ryter said the team has gained chemistry on the floor.

"We've been working a lot better together and became more matured in our personalities," Ryter said. "We're growing into our own personalities on the court. It's great to see it translate and push each other so our chemistry continues to be there in the fall."

Ryter said she hopes to provide the team with an alternative option at offense next season.

"They saw me more of an offensive player because of my arm strength," Ryter said. "I have a pretty fast arm in the front sets. But not all of my kills were front sets, so the coaches are trying to have me work on more of the back sets where I can have more of a broad range on offense."

When she is not on the court, Ryter said she spends her time pursuing an organizational science major with minors in communications and interior design. She said her professional goal is to become a dental hygienist and part-time interior designer.

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or on Twitter @TheLTFiles



Joleen Evans | Argonaut

Freshman middle hitter DeVonne Ryter sees an increased role for Vandals after an impressive first season in the Big Sky Conference.

Sociology & Anthropology Department would like to congratulate the following Spring 2016 Undergraduates:

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Andreana Cortez
Kelcie Collings
Sean Cooper
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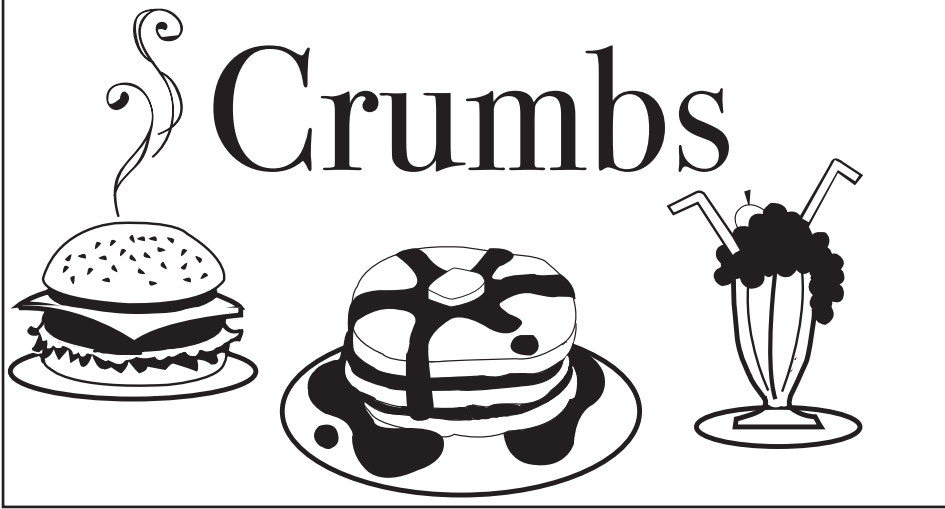
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Evan Wilson

MEN'S TENNIS

Wonder from down under

Senior Jackson Varney reflects on time with Idaho men's tennis

Brandon Hill
Argonaut

For senior tennis player Jackson Varney, college graduation is not the end. In fact, it is only the beginning.

Varney has traveled a long journey to reach Moscow and the Idaho men's tennis team. He was born in East Melbourne, Australia, and later spent his childhood in Canberra with his four siblings.

Varney left Australia for the United States to pursue a collegiate tennis career. His skills initially brought him to Prairie View A&M in Texas.

Varney was awarded Freshman of the Year and Player of the Year honors at Prairie View. The standout athlete went 5-0 at the SWAC championships in the No.1 singles position.

The following year, Varney transferred to the University of Idaho.

Varney said he was surprised at the level of competitiveness of the Vandal team when he arrived in Moscow.

"Here, people were a lot more into progression," said Varney. "There was a lot more determination, a lot more drive, and a lot more focus on success in the sport. It felt like I was in my element."

Varney finished the 2014 season with a 16-20 record in singles and 15-11 record in doubles. He primarily played in the No. 2 and 3 singles positions during his sophomore year. In the Big Sky postseason tournament, Varney beat his Northern Arizona opponent 6-4, 6-0 to win the conference championship.

Varney said he has grown close to his team-

mates during his senior season. He said he has connected with fellow senior Odon Barta to establish leadership roles on the team.

The senior can often be heard shouting support to his teammates across the courts during weekend competitions.

"I love hanging out with the boys socially," Varney said. "I never try to be above anyone. It doesn't matter if they're a freshman or a sophomore, I like everyone to feel comfortable out there."

Varney has seen two coaches while at his time at Idaho. After Jeff Beaman's departure, assistant Abid Akbar took over coaching responsibilities this year. Akbar said he has seen his team improve greatly throughout



the year due to the ability of the seniors to step up in crucial situations.

"(Varney) has done a great job of working hard and leading by example in the weight room, out on the court and in the classroom as well," Akbar said. "It's really important for the team culture for our seniors to be role models."

Varney said he is not remorseful about ending his senior season and collegiate career.

"When I got here, I had doubts on what I was going to do after," Varney said. "I found my love for the sport again and my drive for wanting to go pro after I leave. Being here has definitely meant a lot to me."

Brandon Hill can be reached at arg-sports@uidaho.edu

VOLLEYBALL

Fighting through the obstacles

All-time digs leader Jenna Ellis continues to strive for excellence in classroom

Luis Torres
Argonaut

Motivated and passionate are adjectives that describe former Idaho volleyball stand-out Jenna Ellis and her path to Moscow.

The former Vandal defensive specialist spent her post-volleyball life focusing on her career in nutrition, but said she has not forgotten about the sport that brought her to where she is now.

"There's been a lot of aspects about just being at the university and in Moscow that I've pretty much fallen in love with," Ellis said.

The transition from Century High School in Pocatello to Moscow was initially rough for Ellis. She said encouragement helped her get through the initial bumpy road.

"In life there's just ups and downs," Ellis said. "I got through it with my family telling me that I could do it and stick it out."

Ellis played all four years for the Vandal volleyball team and established herself as one of the top defensive specialists in program history.

She said the journey has not always been easy, as a shoulder injury nearly turned her away from the sport she played since the third grade.

"It made me fear certain aspects of the

game," she said. "But it was a minor thing, because I was able to get through it thanks to the support system I had."

The defensive specialist began to accumulate numerous career milestones during her senior season, as she became the program's all-time leader in digs Oct. 15 after passing Meghan Brown's record of 1,420 digs.

Ellis said she credits her team for helping her out to reach the career milestone.

"The accomplishment of achieving that many digs was really a team effort," Ellis said. "I had coaches that believed in me and put me out on the floor. To get that many digs, you have to be out there."

The excitement of the accomplishment came with the team's late-season charge.

The Vandals won the North Division of the Big Sky Conference after positing a +1.25 scoring differential against Northern Colorado as a tiebreaker.

Ellis played her final game for Idaho in the conference semifinal matchup against Idaho State. The Vandals fell to the Bengals 3-1 (23-25, 16-25, 26-24, 19-25) and ended the season 14-16 overall.

She said the emotions of playing her last game sunk in after Idaho State scored its

last kill.

"It hurt," Ellis said. "It hit me hard right when it happened because I realized, 'Wow this was my last game ever as a Vandal.' I felt like I left it all out on the floor and I would've been the happiest with my performance if we would've gotten the win."

Despite the loss, Ellis said she was happy with the team's performance and enjoyed the experience of her last collegiate appearance.

"I'm happy with how I left because I set a new standard for someone else to come in and beat my record," Ellis said.

Yet, her honors are not strictly confined to the court. Ellis has achieved academic success since arriving on campus four years ago.

"I would say the scholarships is what made college and playing volleyball possible for me," Ellis said. "I'm still using the scholarship to finish the school year."

Ellis said her post-volleyball career was a surprising change after the team's season ended in the fall.

"As soon as volleyball was over, I definitely took the time to have a break and took a couple of months off from playing volleyball," Ellis said. "Then I started to miss



it. I miss the team aspect and the girls, the practices — everything."

The former defensive specialist graduated with an undergraduate degree in nutrition, and is currently pursuing her master's degree in family and consumer science with an emphasis on nutrition. Ellis said she is hoping to earn a master's degree and then take the national exam to earn her credentials.

"I'm really passionate about nutrition and how it can influence everyone's life," Ellis said. "Anyone from an athlete to a young child. There's many ways you can go with a career in nutrition."

Ellis said she will leave the program with lasting memories and strong bonds with her teammates.

"I hope I showed them that anything is possible when you have God on your side," Ellis said. "If anything, I want people to know they should play volleyball because they love it. That's really what I want people to remember about me."

Luis Torres can be reached at arg-sports@uidaho.edu or on Twitter @TheLTFiles

Congratulations Graduates of the College of Business and Economics!

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WOMEN'S BASKETBALL

Bench player to MVP

*Freshman transitions
from bench player to
key component for
Vandal offense*

Josh Grissom
Argonaut

When Walla Walla High School basketball stand-out Mikayla Ferenz began her college recruiting, she said she wanted to find a program near her hometown in Washington state.

It did not take the recruit long to settle on the Idaho women's basketball team.

"It was really important to me that it was close to home, because I wanted my parents and siblings to come watch me play," Ferenz said.

After stepping foot on the Moscow campus, Ferenz said she knew she had found the right school.

"When I visited, I felt like I would fit in very well here," she said. "There was no drama, and all of the team members were very close with one another. It was really what I wanted."

The Walla Walla recruit said she was also drawn to the program by the success under head coach Jon Newlee.

"I saw that the team had won the WAC two years in a row and had gone to the NCAA Tournament," Ferez said. "That was always a dream of mine, to play in the NCAA Tournament."

Ferez saw that dream become a reality in March, as she stepped onto the court in Waco, Texas, to face No. 1 seed Baylor in the tournament's opening round.

"It was so cool to be there," she said. "The atmo-

sphere was incredible, even though the fans weren't cheering for us. It was truly something special."

The freshman guard's journey to the NCAA Tournament initially began on the sidelines.

Although Ferenz saw consistent minutes on the hardwood for the Vandals, she spent most of her time on the bench during the first half of the season.

Ferenz's transition to a key contributor to the Vandal offense began midway through the season, during the team's Feb. 6 meeting against Northern Arizona.

Ferenz led the Vandals with 25 points on 9-16 shooting in the 76-59 Idaho victory.

The freshman would then start in seven of the team's 11 remaining matchups, including all three of Idaho's games in the Big Sky postseason tournament.

"I did not expect to play much when I first came here," Ferenz said. "Obviously I hoped for it, but I didn't think I would get as many opportunities as I did. I think that really helped with my confidence."

Ferenz would anchor the team during the Big Sky Tournament, leading all competitors with 67 points to earn tournament MVP honors. The freshman hit 16 treys during conference postseason play and scored 18 points in the team's 67-55 victory over Idaho State in the championship.

"I was so nervous," she said. "I could barely eat before the game. But once I got into the game, I was fine. Usually the more nervous I

Tess Fox | Argonaut

Freshman guard Mikayla Ferenz ends her first season with the Vandals as the Big Sky Tournament MVP.

am, the better I play.”

Ferenz said she could not describe her emotions after the final buzzer rang in the tournament.

"It was the greatest feeling of my life," she said.

The sharp-shooter said she is excited to develop a further chemistry with freshman teammate Taylor Pierce.

"At first it felt like we were kind of competing for the same spot," she said. "But I feel like we both kind of found our role on the team. And now we just feed off the energy of each other."

Ferenz said her favorite memory was the team's road

trip to compete in the Cancun Challenge. The team faced Duke, Texas State and Iowa State during the trip.

"We were playing against nationally-ranked teams, but that wasn't the only thing," Ferenz said. "We got to swim with dolphins and we were right on the beach. It was just so fun."

The freshman said she was hesitant to face national powerhouse Duke during one the first games of her collegiate career.

"Our seniors were really

good about
telling us that it
doesn't matter
who they are
and that we can
compete with
," she said. "To ac-
tually play with them and
be by six gave us a
confidence."

Ferenz said she hopes to use her experience to help incoming freshman easily adjust to the atmosphere of college basketball.

"I want to try and build their confidence, because I know that I didn't have a lot of confidence coming in," she said. "I want to encour-

age them and show them that I messed up all the time and got yelled at, but you just have to learn how to not take it personally.”

The freshman said she is sad to see the seniors leave the program after their contributions throughout the years.

"I think that our seniors left a great legacy of winning that we really want to continue on," Ferenz said. "Our hope is to win more rings and go the NCAA Tournament again."

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-FCS School Faculty*

FORDE

FROM PAGE B1

“I was super dedicated when I was like 13 or 14 years old,” she said. “When I moved back to (Woodinville, Washington), I got put on a really good select team. Being on a team with good basketball players — it pushed me to come here.”

Family support

Forde described her family as intensely dedicated to sports.

“One of my earliest memories of my dad is playing football with him in the living room and getting yelled at by my mom to go outside,” she said.

Her father Brian, an alumnus of Washington State University, played four seasons with the New Orleans Saints from 1988-1991.

Forde’s older brother Maxx was a defensive end on the Vandal football team and currently plays for the British Columbia Lions, the same professional team his dad played for after college prior to joining the Saints.

Despite her lineage, Forde said she never felt pressured by her father to succeed in athletics.

“My dad was really cool about sports,” she said. “He was never pushy about anything. He wanted me and my brother to figure it out ourselves, whether we wanted to play.”

Forde said her father’s hands-off approach allowed her to view him as a parent, not a coach.

“It’s been really cool to have him as a support system because he’s gone through harder practices than I can imagine,” she said. “He’s always showed up my games. Every game he’s been able to be at he’s driven up here.”

Forde said she first became involved in the sport at the age of 5.

“The first game I was in, I wasn’t scoring any points,” she said. “I was playing really good defense and I’d steal the ball but I would never shoot. I just kept passing it. I came out on the bench and (my mom) said, ‘The point of the game is to put the ball in the hoop.’”

Forde said the anecdote is her mother’s favorite basketball story. She also said she was initially confused as a child about the change of baskets at halftime, and occasionally scored points for the other team on accident.

“Now I’m scoring for my team — not the other team,” she said.

Forde has improved her game significantly since her childhood days. The senior averaged 8.9 points per game for Idaho, including a 23-point performance against Sacramento State in February.

Dual-sport athlete

Forde said when it came to apply for colleges, she was heavily influenced by her brother’s decision to attend Idaho.

“My brother is one of my best friends,” she said. “When I was in high school and he came to (UI) I definitely missed him. I would go in his room and sleep in his bed sometimes because I missed him so much.”

Forde said another factor in her decision were the sports offered by Idaho — specifically volleyball and basketball.

“I’m that stubborn girl who when you tell me I can’t something, I do it,” she said. “Everyone was telling me, ‘Oh Ali you should probably choose basketball, you should probably choose volleyball.’”

Forde said she contacted schools who

had offered basketball scholarships and asked about the opportunity to play volleyball as well. Forde said Idaho was one of the schools to extend the opportunity, leading her to take the chance to play while attending school with her brother.

Newlee said he allowed her to pursue both sports because he thought it was important that Ali followed her dreams.

“We’d wait anxiously for volleyball season to be over to get her,” he said. “Once we had her full-time — you can see what we did with her this year.”

Newlee said Ali was able to play during the preseason for the first time this fall, allowing her to help build the team.

“I think that gave our team the confidence and gave her the confidence in what she can do,” he said.

Newlee said that the team could not have reached the level of success they did without the presence of the senior post.

“She’s always been our rock in the middle for four years,” Newlee said. “I know we lost some games during those three years she played volleyball, where if we had her I know we would have beat some people.”

Forde said having a strong support system was vital during her first three years as a dual-sport student athlete.

Newlee said he watched her struggle with balancing both sports, but was relieved when she chose to focus on basketball.

“I think she did a great job with it, but by the same token it’s so hard to play one sport, let alone two as well as she did,” Newlee said. “She could concentrate all on basketball and have somewhat of a life off the floor. We saw a different Ali on the floor, a more focused Ali.”

Forde said she experienced many of the same growing pains as other incoming freshmen when she joined the program.

“It was hard for me, coming up here and moving away from my parents,” she said. “I already had a support system here. You can’t really fall far from the tree when you have your big brother around.”

Forde said her brother provided an instrumental supporting role during her time at Idaho.

“Having my brother here was really cool,” she said. “I’d get done with practice after having a rough day and call him and be like, ‘I’m having a rough day.’ And he would just come chill with me in my dorm room.”

Forde said she believes she has grown as a person during her time at the university.

“It’s weird to look back at myself as a freshman because I was so young and naive,” she said. “I have kind of figured it out these past four years and grown and developed with my teammates. It’s just been such a great time. I have a lot of great memories.”

Ferenz said Forde has represented an important role model for her.

“I know that I can definitely get negative sometimes,” Ferenz said. “So to see that she’s positive all the time makes me want to be like that, because I know that has such a good effect on the team.”

Newlee said the senior pushed the team to succeed during the Big Sky Tournament.

“In those times when we were down, she was in that huddle going, ‘We are not losing this game,’” Newlee said. “I think everyone fed off that, her blocking and rebounding shots. It gave us a big lift. Everything about her I think we’re going to miss.”

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WOMEN’S GOLF

Canadian contribution

International phenom earns recognition as member of Idaho women’s golf team

Mihaela Karst
Argonaut

Michelle Kim has provided a strong cornerstone for the Idaho women’s golf program during her freshman season with the team.

Kim joined the squad as the No. 1 junior golfer in Canada and ended her first year as the Big Sky Conference Freshman of the Year.

“She’s been extremely steady and she’s a solid ball-striker and a great putter,” Idaho head coach Lisa Johnson said. “She’s very even emotionally on the golf course, and all of that has translated into good play this year.”

Kim said she was prepared for the jump from junior golf to the NCAA because of her strong performances during her senior year of high school.

“It’s always a big step to go to the next level,” Johnson said. “But her teammates really helped out with that and helped ease her mind when she came to college and helped show her the ropes.”

Kim said the inviting atmosphere of Moscow and the chemistry with her teammates have allowed her to grow during the transition to collegiate golf.

Johnson said Kim has helped strengthen the team’s overall dynamic.

“She fits in with the team very well,” Johnson said. “She’s very positive and she’s an extremely hard worker, so she leads by example.”

Johnson said Kim’s short game has greatly improved over the course of the year. She said one aspect the freshman has struggled with is distance.

“The things that I always stress with Michelle — and that I really hope she’ll continue to work on as she gets older — is playing her own game and playing within herself to get rid of all that noise,” Johnson said. “The more she can believe in herself and trust in herself, the better she’ll score as she gets further into college.”

“

I feel like college golf is slowly helping me prepare for the professional life that I want to go into after I graduate.

Michelle Kim

Kim said training with the Vandal program will allow her to reach her personal goals, which include earning an individual title and her pursuit of a professional career.

“I’m slowly starting to experience a higher level of competition for sure,” Kim said. “I feel like college golf is slowly helping me prepare for the professional life that I want to go into after I graduate.”

Johnson said the freshman has the talent and potential for a professional career.

“You have to be extremely confident in your game and have a very strong technical game, but you have to put in lots and lots of hours of practice,” Johnson said. “Michelle is a hard worker, but in a college environment it’s not as easy to practice as much as you do once you get into the professional level.”

Johnson said Kim’s experience as a member of the Canadian National Women’s Golf team provides the freshman with a new realm of coaching guidance.

“She has a national team coach and they go to training camps in the South for the winter and they’re required to play in certain events, so she gets a whole new level of coaching,” Johnson said. “She’s a very coachable person and she’s very good at filtering what she likes from all of her coaches, which is the sign of a good athlete.”

Kim said she hopes to improve herself as an individual during the remaining three years of collegiate competition.

“I really want to use these next three years to help me prepare for turning professional,” Kim said. “I know the University of Idaho women’s golf program can help me get there.”

Mihaela Karst
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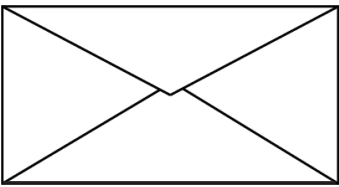
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OUR VIEW

Making their mark

Graduates join a legacy of greatness

Since 1889, a number of University of Idaho alumni have done great things after they graduated. To name a few, there was Lawrence Chamberlain, who became the dean of Columbia University, Dean Thornton, who was a Boeing executive, Michael Kirk, who helped create Frontline and Bobbie Thomas, who is a style editor for NBC’s Today Show. The UI class of 2016 is soon to be the most recent addition to the legacy. People before the class of 2016 have done great things, and now it is time for graduating seniors to follow in their predecessors’ footsteps. With a UI education, leaving behind a legacy isn’t difficult. Education isn’t just what is learned in a classroom or a book. It isn’t that simple. While going to college, especially at UI, it is im-

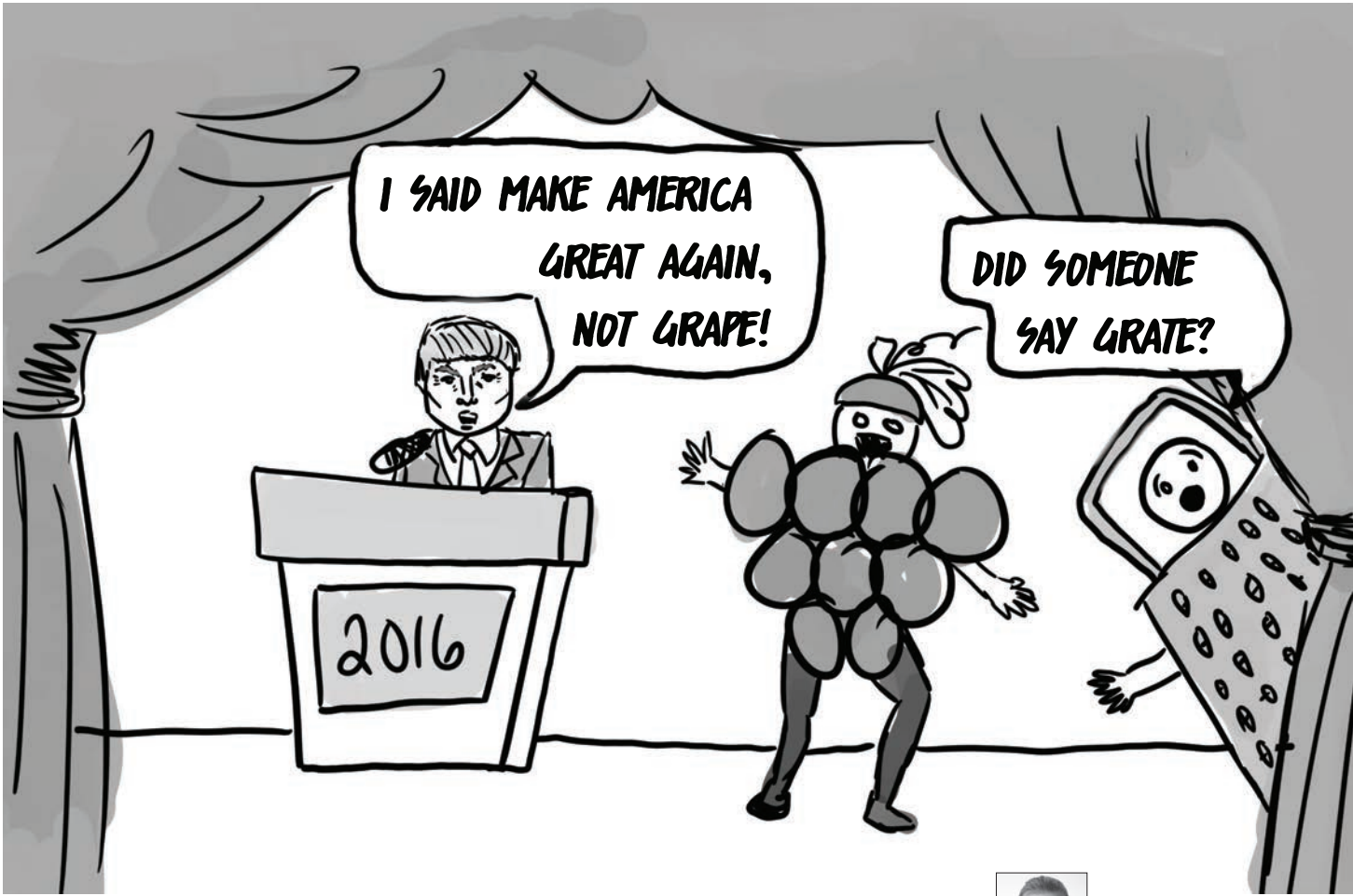
portant to make connections with peers, professors, administrators, alumni and community members. This is the era of networking and college is the perfect time to do that. Students have access to UI alumni all over the country. From Sharon Allen, who was named one of Forbes “100 most powerful women in the world” four times, to Brian Oswald, a leading professor in fire ecology silviculture and range management. There is a whole world of people out there to connect with and that is possible with help from UI alumni. Alumni aren’t the only ones who can help connect students to great job opportunities or internships. Professors are an excellent resource for connecting with professionals in specific fields of study and those professors can become academic advisers who take on students in research projects or help with

graduate school applications. Students who are still on campus should take charge of their education. There are the occasional complaints about advisers or advising season and how those times of the year aren’t beneficial, but a student has the opportunity to make the most of those situations. Professors in the field are more than willing to help students and become advisers. All students have to do is ask. This creates an entirely different situation from the college assigned adviser, who only meets a student twice a year. Students shouldn’t just passively accept a situation that makes them angry or annoyed. They are paying to get an education and so they should make the most of it. Mold the experience into something that fits, and ask for help, because there are plenty of people at UI who want to help students. Students have the power to

“There is a whole world of people out there to connect with and that is possible with help from UI alumni.

shape the course of their education and demand excellence from advisers, professors, the university administration and themselves. Students only have about four years on campus — to make connections, to get involved and to become a part of the Vandal family. Seniors have used those four years already, but those behind them should be more than willing to step up, no matter how many years they have left. It’s time to create a legacy of excellence.

– CW



Nicole Moeckli
Argonaut

A living industry

The Argonaut has been setting students up for success for 117 years

In 1898, The Argonaut was created. One man — one of about 100 students at the University of Idaho — took on the task of creating what nearly 117 years later is the paper I know and love. Guy W. Wolfe is a hero — and so is his father. He was the editor and business manager, who began publishing with only \$25. His dad covered the publishing bill the first year when Wolfe failed to raise enough revenue. The “University Argonaut” in its six-inch-by-nine-inch format hit stands once a month. What began as a small effort of one man has turned into the best part of my college experience. The Argonaut has given me — and all the editors that have come before — an incredible wealth of experience. I have led a staff of 60 to 80 people at any given time for a twice-weekly publication. It’s no small feat and a humbling experience. Every individual comes with a unique personality and needs as a staff member. Juggling an editing staff and helping them manage their own staffs is an experience I will take with me throughout my career.



Katelyn Hilsenbeck
Argonaut

As a transfer student, The Argonaut immediately became my home on campus. I was fortunate enough to have been hired before I arrived in Moscow, making my transition seamless. The people on staff are special, and being on staff together has a way of creating friendships that last a lifetime. UI felt welcoming to me from the beginning of my college search, but The Argonaut exemplified this. I’ll never forget the cold winter day in 2014 when I was questioning if I could handle the northern Idaho climate. Shawn O’Neal, the Student Media adviser at the time, showed me the office and pitched the program to me. He then set me up with the incoming 2014-2015 Editor-in-Chief Kaitlyn Krasselt, who spoke with me several times on the phone and showed me around Moscow upon my return. These are the people who make a difference. UI is filled with them, but I believe Student Media has some of the best. Surrounded by hard-working and passionate people, our staff is learning invaluable journalism and life skills at a

microcosm of reality at a professional organization. Journalism serves an important role in communities around the world, including at UI. Journalists are watchdogs, holding people in power accountable, but newspapers are also a place for information and entertainment. The world of journalism is evolving and so is The Argonaut. Contrary to popular belief, journalism is not dead, although its print component is shrinking over time. There will always be a place for journalism in the world and The Argonaut is evolving to accommodate the digital world. I’m thankful Wolfe and the UI community of 1898 saw its importance and support still exists today. I know that in five years or multiple decades, I will be able to look back at my time at The Argonaut with fond memories and know that it set me up for success. For that, I’m forever grateful.

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@Katelyn_mh

OFF THE CUFF

QUICK TAKES ON LIFE
FROM OUR EDITORS

Bittersweet goodbyes

The Argonaut has been my home away from home for the past two years. I will be forever grateful for the friendships, memories and experiences gained. It’s been an honor to lead such a great group of people this year.

– Katelyn

Numbers

I was told to make my last OTC count. 1, 2, 3, 4, 5.

– Tess

Tess

I o-t-see what you did there, friend.

– Jake

Journo friends

I joke that my only friends are the ones I see in the newsroom everyday, but it might be more accurate to say I’ve gained a bunch of siblings that I’m obligated to love. (JK guys, it’s real love.)

– Lyndsie

Arg family

I joined The Argonaut solely for the purpose of getting my words printed. Now, after thousands of my words have hit the page, it’s not the clips I value most. It’s the people.

– Austin

Dara Garcia

I don’t know who you are, or what your connection to UI is. But from the bottom of my heart, thank you for being The Argonaut’s No. 1 fan.

– Hannah

Senior?

Wait, what? I’m a senior? When did that happen? I mean, I’ve been waiting for the last day of classes for a while, but didn’t I just move into the residence halls like yesterday?

– Claire

To new adventures

I am beyond appreciative for my time with The Argonaut. I’m sad to be leaving the Arg editing staff, but I am so happy for next year’s incoming editors and the adventures that lie ahead of them.

– Corrin

Butterfly bandit

Apparently, there are dozens of butterflies missing from wildlife centers in Florida.

– Jessica

See you next fall

Rolls down the car window and bumps Will Smith’s “Summertime” on the drive back to Boise.

– Josh

What I learned in collegegarten was ...

- 1) It’s almost always worth the free food.
- 2) Be at least a little early.
- 3) \$5 sandwich Tuesdays.

– Jack

Go Cubs

I have been a Chicago Cubs fans since I was born and I can honestly say I have never been this excited to see them play. They definitely look like one of the best teams in baseball.

– Jordan

Be fearless

Often unpopular opinions are the most productive.

– Erin

Arg team

I’m excited to continue on next year with such a wonderful team leading The Argonaut crew. I’m positive we will do great things.

– Tea

Be yourself

Something that is often ignored is how to be authentic. If you can be an authentic person on a regular basis, happiness will come.

– Luis

Do not fear when graduation is near

*Graduating college is scary,
but Vandals are prepared*

For graduating seniors, four years have gone by. They've cried, they've laughed, they've cried some more, some have nearly gone bald pulling out their hair and questioning their very existence.

Now it's time for them to graduate. No matter what degree they walk away with or what their parents told them, all the crying, balding and self-loathing will pay off.

According to the 2015 U.S. Census, 36.1 percent of American citizens between the ages of 25 and 30 hold bachelor degrees. Whether the degree is in art, engineering, science or social sciences, it is an accomplishment. Many cannot afford or simply aren't given an adequate

opportunity to make this a reality.

That is not to say anyone with a college education is superior to a person without, but it is an accomplishment to be proud of — one that takes a lot of hard work, late nights, dedication and patience.

This year's University of Idaho graduates, as those who came before them, have waded through collegiate academics and the seemingly insurmountable expectations that come with it. However scary the four-year storm of homework, tests and group projects may have been, leaving it all behind appears much more terrifying.

A graduating senior does not need to look far to alleviate the anxieties of graduation and facing life in the working world. There are plenty of resources available.

The new Hire a Vandal website is mastered to make finding potential employers easy and almost fun. At a glance, there are

10,954 potential employers listed between public, private and government categories. Though all degree-holding graduates will not be applicable for every one of those employers, that is a large number and should put any graduate at ease.

Supplementary to Hire a Vandal, a quick Google search for jobs aimed at college graduates can further ease any post-graduation anxiety. Don't limit the search for jobs to positions only tailored to any specific degree, because many jobs are available to graduates from multiple fields. Ask current professionals in their respected fields what degree they held in college and the answer may seem surprising.

It is important to remember the most valuable skills college graduates leave the university with are not necessarily the specialized skills exclusive to a program's curriculum. A look at university syllabi from various colleges will reveal a

commonality between all of them — independence, critical thinking, problem solving, entrepreneurial abilities, leadership, ethical responsibility, the ability to listen and to peers or colleagues and more. Guidelines and expectations that are effective and pertain to all majors and programs.

Graduating from UI means those obtaining degrees have learned and can practice these principals, and graduates should feel confident doing so. UI believes in its graduates, and will provide needed support beyond graduation.

Seniors should be proud of their degree and be proud to be Vandals. Whatever comes next for them, they can go forth and take on the world.

*Kevin Douglas Neighbors
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Kevin Douglas
Neighbors
Argonaut



Q's & no real answers

When I walked into The Argonaut newsroom as a freshman three years ago, I started asking questions and never stopped. These are the ones I never got answers to.

Let's start with everyone's favorite topic — Vandal Athletics. Athletics Director Rob Spear has gone on the record saying a single criminal infraction is enough to remove a Vandal athlete from their team.

I'll assume former University of Idaho cornerback Dezmon Epps is the reason for this high standard, since it was clearly more lax when he was an active player — but looking forward, how religiously will the athletics department hold players to that standard in the future?

What people are really interested in right now is the UI football program's transition to Big Sky. Due to Title IX regulations, a significant amount of women's

athletic scholarships will have to be cut to match the men's scholarships lost in the move. Spear has said a women's sport will not be cut to achieve this — but if that's not the plan, what is?

Spear himself certainly has a long, checkered history with Vandal Athletics — he's done some great things for the university, and some not-so-great things, as anyone who has ever unironically used the hashtag #TossTheSpear will tell you.

Yet, going on year 13 with UI, he has remained athletic director for longer than almost any other AD at peer institutions — and his contract was just renewed for another five years. Good for him, but here's the question — why?

Remember the UI tobacco policy? The one that was such hot news on campus last year, and has been waiting for a final

say from the President's Office pretty much since then? Why hasn't there been a decision yet by UI President Chuck Staben or General Counsel?

To be fair, Staben is a busy guy. He's doing some pretty neat things to increase enrollment, in particular, which he hopes to hike up 50 percent by 2025. But how, exactly, will Moscow and the university accommodate so many more bodies? They have to go somewhere.

And infrastructural issues aside, how will university faculty handle so many more students? With morale devastatingly low and turnover rates sky-high, what will the university do to not only retain its professors, but rebuild its relationship with them?

While we're on personnel — what went down in the English department this semester? What could have happened to cause two rock star professors to leave their positions —

one indefinitely, one permanently
— almost without warning?

When Katy Benoit was murdered by a former UI professor five years ago, how much did the university actually know about the professor's history leading up to Benoit's death? Could more have been done to prevent it? Has anything really changed?

Finally, when Phi Gamma Delta fraternity's treatment of its freshmen came under scrutiny last year, was the correct process followed to impose sanctions? Is there a standard review process for investigating hazing allegations? Can the university do better?

When a student body completely turns over every four years, it's easy for huge chunks of institutional memory to be lost. Don't let these questions go.

Hannah Shirley
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arg-opinion@uidaho.edu



Hannah Shirley
Argonaut



****Congratulations Spring 2016****

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Our staff and faculty congratulate you, our outstanding, hard-working and talented graduates. We wish you the best in your next venture.

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Jesus Alejandro Arias
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Carly Anne Overton
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Dean Morgan Reitz
Kate Isabel Ricart
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Celeste Ellen Valle
Hunter Smith Van Bramer
Steven Carl Van Keulen
Peter Joel Wangler
Kyle T. Weage
Lindsey Marie Whittington
Cassandra L. Wight
Nina Christiana Wong
Ahmed Zahran

University of Idaho
College of Art and Architecture

THE VALUE OF MILLENNIALS

The lost generation

That’s my generation

Why our generation lags behind its predecessors

It was the summer of 2011, and the occupy movement was in full swing.

The participants were passionate, strong minded, bent on change and completely aimless. There were no goals, no leaders and absolutely no point to what was happening in parks across the country. The “99 percent” achieved nothing that summer, and rather than learning from their mistakes and adapting, they instead decided to adopt a new fad several years later named Bernie Sanders.

When it comes to understanding the hearts and minds of the current college-aged generation, known as Millennials, the Occupy movement is important to study. It showcases how our beliefs and ways of doing things differ from previous generations, such as the middle-aged, white, conservative Tea Party movement, which has been much more successful at almost destroying the country.

The Tea Party has an organized system of leadership and specific legislation they want passed. The Tea Party has purpose and drive — the movements of the younger generation have no such drive.

This aimlessness is most evident in how young Americans debate or otherwise move toward change. Screaming and complaining are the most popular forms of civil disobedience. Though temper tantrums might have worked on ineffectual and spineless parents, it works horribly on people with actual power.

The greatest civil rights activists, such as Ghandi and Martin Luther King Jr., accomplished wonders through brilliantly organized movements that changed the unfair power dynamics in their respective nations. Millennials would rather complain

loudly and then go home feeling better about themselves.

One great example of this is the Millennial-led Black Lives Matter movement, which has bizarrely decided to mostly back Bernie Sanders, despite the fact that Hillary Clinton’s husband proved extremely effective in turning around conditions for minorities in downtrodden inner cities. Older minorities recognize this and back Mrs. Clinton, the younger voters would rather place their trust in an aging senator from the mostly white state of Vermont than someone who knows what they are doing.

This isn’t to say the madness is confined to politics. America’s young adults have also done a fantastic job of destroying their own sense of self-worth and accomplishment. Rather than focusing on working hard and getting good grades, America’s average college student would rather have 300 likes on Instagram.

This selfishness comes from years of being told that everyone is “special.” Sure, everyone has the right to be important, but they must be important to themselves first.

Those who climbed the ladders of success to reach the top did so by understanding that the world owes them nothing and made the most of life. Instead, the youth of today would rather complain about how expensive college is.

The harshest fact of life is that it is notoriously unfair, something this generation cannot seem to understand. To borrow a sports term, sometimes the ball just doesn’t bounce your way. For years, the American people understood this and dealt with it, but the youth of today would rather spend their valuable time complaining.

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Sam Balas
Argonaut



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Millennials are constantly criticized for other generations’ inadequacies

Many people seem to think that Generation Y, or Millennials, are the worst generation America has ever seen.

We supposedly whine and cry about all the alleged injustices against us and expect people to hand everything to us on a silver platter. We are viewed as self-centered, self-obsessed children who know nothing of the world and its ways.

They are wrong. Millennials are some of the most accepting people. No matter what color someone’s skin is, how they dress, what religion they follow, or who they choose to marry, Millennials are there to support them.

We are hyper aware and exposed to the pain and suffering in the world thanks to the internet, and we try to do things about it. We join the Peace Corps, or take Alternative Service Breaks or serve with Teach for America. Millennials want to do some good in the world. We want to help heal the hurt that affects everyone.

Older generations say Millennials don’t know what it means to work hard, like they had to or their parents had to. But this generation has to work harder than most other generations have ever had to.

We don’t think success comes easily. In fact, we know it doesn’t. Millennials can see the economical firestorm that we are forced into straight out of college, which makes the post-collegiate job hunt all the more difficult. This doesn’t even account for finding a job where we can actually use the degrees we spent a small fortune on just so we could compete in the job market of today.

That’s another thing. Tuition and fees 30 years ago was a third of what tuition and fees are now for one semester, not accounting for inflation.

In order to pay for school, students

today would have to work just under 13,000 hours over four years at \$7.25 an hour, and that doesn’t include the cost of rent, food, bills, books or school supplies. That’s 3,450 hours a year, and 66 hours a week plus the time students spend as a student, which is at least 12 credit hours per semester.

Most people simply can’t do that, and now national student loan debt is up to about \$1 trillion.

To say Millennials don’t know how to work hard is a ridiculous stereotype. We have no choice but to work hard, not only to support ourselves but to support the generations older than us who are now on Social

Security and retiring to Florida. Not only do Millennials work hard, but most of this generation doesn’t accept the status quo. We challenge the system if there is something that needs improvement, like dating and gender roles. In generations prior to us, people got married and started a career almost immediately. We saw that approach led to high rates of divorce and unhappy people in their career field. While most Millennials probably want to get married, they want to do it right the first time, and they want to do the same with their careers.

We may not be the perfect generation, but which generation was when they were our age?

To those who criticize Millennials, I challenge you to do a little self-reflection. Maybe internet and Google didn’t exist while older generations were in their 20s and 30s, but I would bet that there were still older generations before now who thought the newest generation had it way easier than they did. Here’s the trick — it isn’t easier, it isn’t harder, it is different and we have to learn and adapt to the world in front of us.

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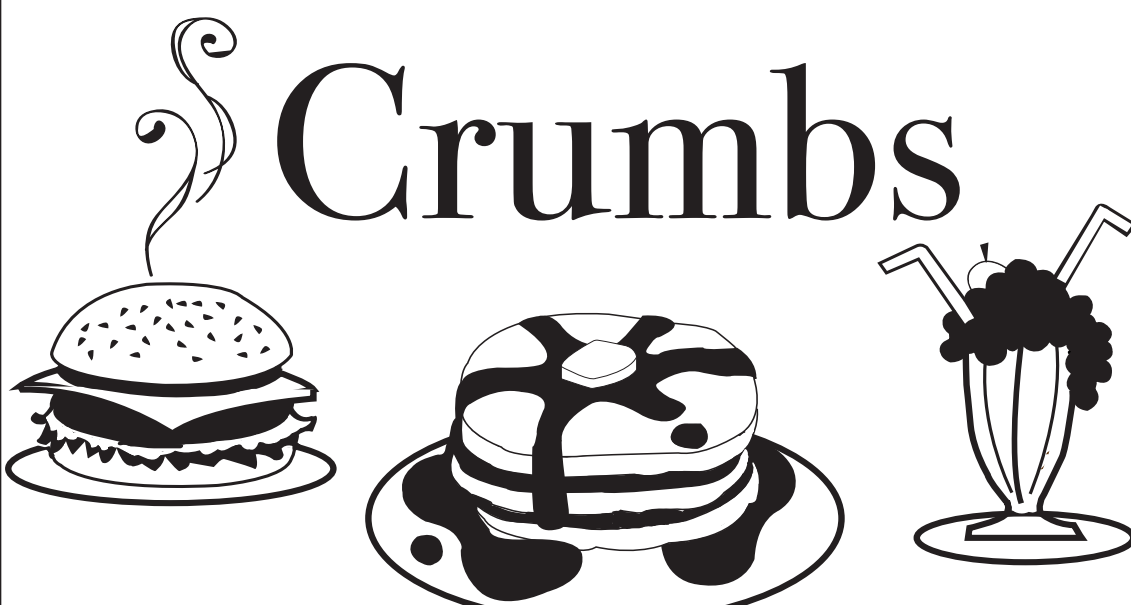


Claire Whitley
Argonaut



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Crums

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L Leticia Janet Garcia

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V Viví Gonzalez

C Cristina Gonzalez

K Kevin Tyler Green

M Mikayla Jean Groom

C Callen Ray Hannibal

L Lydia Kendall Hanson

H Hope DeGaia Harvey-Marose

Z Zoe Natasha Heinz-Odom

D Doug McMaken Hogan

C Caitlin Mae Jacobshagen

C Carly Ann Joerger

E Edwin Matthew Latrell

H Hailey Lynn Jelinek Lewis

L Levi Dalton Lobato

L Lulu Montenegro

S Sara M. Olson

C Colin Alejandro Orihuela

S Sarah Katherine Platt

S Scarlett Claire Richardson

D Dineka Lyn Ringling

A Abigail R. Sanders

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J Jana Marie Smith

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Casting away conventions

When it comes to navigating life as an adult, society doesn't always know best

Growing up, I had a plan. Or, at least, my parents and my peers' parents and American society had a plan that we were all going to follow. It was a multi-step process to life that led individuals to graduate high school, go to college, find a job, get married, buy a house and have children. Although it seems like a simple enough formula for adulthood, this kind of linear timeline to life is not for everyone. After high school, I took an uninten-



Corrin Bond
Argonaut

tional gap year before going to college. At the time, I wasn't able to afford a higher education and when I found out I wouldn't be going to college right away, I panicked. If I didn't go to college, I couldn't find a job or get married or buy a house or have kids or adhere to the timeline I'd been told my entire life. I had deviated from the narrative and still, I was OK. During that time, I moved and worked and met new people. When I enrolled at the University of Idaho one year later, I was equipped with a different plan. I felt like my life had a direction again and I was back on track — I would keep my head down, study hard, get good grades and go to law school. Over the course of four semesters, not even that plan would stick.

Three major changes later, I have no idea what I'll be doing with my life after I graduate next spring, and I wouldn't have it any other way. It isn't always a bad thing when the plan changes, and there can be tremendous value in stepping outside of what we think we're meant to do. For many students at UI, May marks the end of their first year in college. Some students may be happy with their field of study and the life they've made for themselves at the university. Others may feel like college isn't the right path for them. There's nothing wrong with either. For students who are graduating, it's important to remember that it's OK to follow a nonlinear timeline. Obtaining an



undergraduate degree and going on to attend graduate school is a great option, but so is finding a job or moving back home or taking time to travel. There is no single formula to life, no specific narrative that will work for everyone. The major a student is studying now doesn't have to be the one they graduate with. The person you're with doesn't have to be the one you marry. You don't have to have children and if you want to go your entire life without owning a house, that is OK. Confucius once said, "It doesn't matter how slowly you go as long as you do not stop." Similarly, it doesn't matter which path you choose, as long as it's the right one for you. Corrin Bond can be reached at arg-opinion@uidaho.edu

Let's both agree to get it on

Active consent is required in all sexual interactions, even between established partners

Rape is a strong word. The general consensus is that it should be saved for specific situations, and that it should be followed by a series of questions — "What were you wearing?" "Were you drinking?" or maybe "Wait, but aren't you two dating?" Rape might be a strong word, but it can be defined simply. Rape is sexual conduct without consent. No matter how the situation is dissected and scrutinized, rape is rape, regardless of the actions that led up to the assault. Despite a short skirt or a flirty disposition, neither of these constitutes an invitation. Rape is still rape when it occurs within an established relationship. It is often misinterpreted that accepting the label "boyfriend and girlfriend" or "husband and wife" means that rape can no longer take place between the couple, which is entirely untrue. No one in a relationship is entitled to sex with their



Lyndsie Kiebert
Argonaut

established partner — consent is always required. To consent is to actively agree. With sex, this should involve enthusiastic engagement, both physical and verbal. It doesn't matter if a couple has been together for a month or for years. It doesn't matter if they share a bed or a bank account. Sex without active consent is abuse of a high account. In other terms, it's rape. But the lines blur in long-established relationships — especially in relationships that last a year or more. The level of comfort is high, and sex drives naturally fluctuate between partners. It is important to establish boundaries in which "no" means "no," not "maybe, if you feel me up." Shouldn't sex with a significant other remain an activity of affection, not guilt? Over time, with the persistent pushing of one partner or another, sex could become



less and less an act of passion and rather one with undertones of payment, where one partner "owes" something to the other for even partaking in the partnership, as if commitment is a constant sexual invitation. This is where the blurred lines ultimately result in sex without enthusiastic consent, and while rape may not feel like the correct term, it is not as far-fetched as some may assume. Though rape is often talked about within the context of blacked-out college girls and underage assault victims, rape may be closer to home than most think. Rape is possible in all forms of relationships, and despite blurred lines it's easy to determine by asking one simple question. Was there consent? While my intent isn't to make every instance when "Honey, I want a back rub," turns into sex sound like a form of sexual assault, it is important to realize that rape is a reality, even when the labels "boyfriend

Rape might be a strong word, but it can be defined simply. Rape is sexual conduct without consent. and girlfriend" and "husband and wife" are in use. Drawing boundaries and understanding our comfort levels, along with our partner's willingness to accept "no" as an answer, can help eliminate the rhetoric of rape in established relationships. Lyndsie Kiebert can be reached at arg-opinion@uidaho.edu or on Twitter @lyndsie_kiebert

THE COLLEGE OF LAW CONGRATULATES 2016 GRADUATES

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GUEST VOICE

Know the facts about diabetes

When students are informed about diabetes, they can reduce the risk of developing it

As we transition from home to college, the experience is one of many new beginnings.

During this time, we break from familial routines and establish independence. We no longer have parents and elders around to provide guidance and limitations on our lifestyle choices. It's common for students who transition from home to college to put on a couple pounds.

As we get ready for summer vacation, we face even more potential new routines and patterns. Regardless of the situation, it is important to listen to your body's needs. Is it tired, full, hungry, sore or in pain?

It can be easy to develop unhealthy eating behaviors, but adding on pounds could lead to a much bigger problem. Individuals who are overweight are at a higher risk of Type 2 diabetes.

According to the World Health Organization, someone in the United States is diagnosed with diabetes every 23 seconds and 350 million people worldwide have diabetes. This number is likely to more than double in the next 20 years. Scary, isn't it?

So what is diabetes? There are three different types — Type 1, Type 2 and gestational. With Type 1 diabetes, the pancreas does not produce insulin or does not produce enough. Type 2 diabetes usually begins with insulin resistance, or an individual doesn't produce enough insulin to maintain a normal glucose level. Gestational diabetes can develop when a woman is pregnant and goes away after the baby is born. Overweight or obese women have a higher chance of gestational diabetes.

Why should we care? A study done by the American Diabetes Association in 2008 on 83,070 students from different colleges indicated that 23.3 percent of the sample did not exercise, 14.3 percent exercised only once a week, 16.9 percent exercised two days a week and 16.8 percent exercised three days a week.



Nanci Paz
Peer Health Educator

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The University of Idaho has many resources available to help students stay active and develop healthy lifestyles.

In addition, 34.1 percent indicated they were slightly overweight and 4.1 percent reported being very overweight.

It is particularly important to talk to college students about this, because it has been found that 70 percent of individuals in this population tend to gain weight their first year of school. This is due to engaging in poor nutritional practices, and frequently leading sedentary lives. Students who are at risk as well as those who are not overweight or obese could benefit from diabetes education at an early age.

Living a healthy lifestyle and adapting healthy habits such as eating healthier foods, quitting or reducing tobacco use and increasing physical activity can reduce the risk of Type 2 diabetes. These healthy habits can significantly counter even strong genetic risks for Type 2 diabetes.

The University of Idaho has many resources available to help students stay active and develop healthy lifestyles. The Student Recreation Center (SRC) has great programs available for students and the community, offering classes such as yoga, Pilates and outdoors activities. Campus Dietitian Marissa

Rudley, a registered and licensed dietitian, is available for nutrition counseling for all UI students. Whether you are interested in a one-time meeting or multiple sessions.

Stop by our Vandal Health Ed Resource Room in the SRC to talk to one of our peer health educators. We are there to answer questions and help guide you to the right resources.

Nanci Paz
is a peer health educator
with Vandal Health Education.
She can be reached at
vandalhealthed@uidaho.edu

Legal drug dealing

The U.S. should rethink how it handles drug abusers

Ever since President Nixon declared a war on drugs in the 1970s, the United States has struggled to reduce drug abuse across the nation.

From harsh drug policies to treatment programs, the U.S. has been working on this issue tirelessly. The use of heroin in particular has been on the rise since the early 2000s. The number of heroin overdose deaths increased nearly five times from 2001 to 2014, with 10,574 people dying from an overdose.

The state of Idaho does not record heroin-related deaths, and victims' death certificates often only put "overdose" as the determined cause. Despite the lack of data, which is a whole other issue to worry about, the Department of Health and Welfare said drug-related deaths are still increasing in Idaho.

So what has the United States been doing wrong to lead to these massive numbers?

There are many reasons why the levels of heroin use keep increasing, but cutting these numbers down may require the country to think outside the box.

Switzerland has taken an interesting and controversial route in treating citizens who abuse heroin. In 1994 the Swiss government developed a harm-reduction program, where addicts could obtain a prescription for heroin. This was an alternative to imprisoning heroin users and still allowed them to pursue a career.

The program has thus far been successful in lowering heroin-related crimes and the spread of diseases, such as HIV. The shocking part about the program is that there were no overdose deaths at these injection clinics, according to a report in 2010.

The idea behind this program is that when illegally taking drugs is no longer an addict's first priority, they can lead a normal life and contribute to society.

Critics of this program argue this just enables drug abusers and allows them to destroy their health.

Though complete abstinence from any drugs would be ideal, sometimes working with addicts rather than against them is the best approach.

According to Swiss doctor André Seidenberg, who treats drug addicts for a living, quitting heroin cold turkey is much different than other drugs.

"The death rate is three to four times higher for abstinent patients, compared to those prescribed heroin or methadone," Seidenberg said. "Repeated attempts to come off the drugs can trigger psychological difficulties that can then lead to self-harm."

The U.S. is far from creating these supervised injection clinics on a federal level, but it is definitely something lawmakers should evaluate considering the success of the Swiss programs.

In fact, Svante Myrick, mayor of Ithaca, New York, proposed the United States' first injection clinic in February. This shows that people in the U.S. are moving toward different and innovative approaches to the nation's drug problem, which is exciting to see.

Myrick compared this seemingly "outrageous" approach of injection clinics to the idea of providing teenagers with sexual education in the 1970s, which seemed horrendous at the time. The outcomes are quite different in these two examples, but it is a similar concept.

A major takeaway from these techniques is that focusing on the stability and treatment of an addict can often be more beneficial than punishing them with jail time.

President Obama worded it well during a statement at the National Rx Drug Abuse and Heroin Summit in March.

"The most important thing we can do is to reduce demand for drugs," Obama said. "And the only way that we reduce demand is if we're providing treatment and thinking about this as a public health problem and not just a criminal problem."

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Jessica Gee
Argonaut

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Mailbox

To the Greek community

Thank you so much for your generous support of the Moscow Rebels, the local team of Idaho Special Olympics. Through your fundraising efforts, this large donation will

assist with expenses of uniforms, equipment, rental facilities and travel to competitions.

Philanthropy is a hallmark of the Greek system, at the local as well as national levels, and we are grateful to be the recipients of your hard work.

If there is anyone who wishes to become more involved with Special Olympics, please contact jillkrinaldi52@gmail.com Moscow Rebels team.

Most sincerely,
Jill Rinaldi
The Moscow Rebels



share your opinion at arg-opinion@uidaho.edu
send a 300-word letter to the editor

Congratulations
Mechanical Engineering Graduates
BSME

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Jason M. Borth
Andrew A. Brackebusch
Jesse L. Caudle
Benjamin A. Clark
Michael T. Clark
Dustin T. Clelland
Kyle J. Cleveland
Marc A. Compton
Gregory B. Cotton
Trent W. Dalton
Ali Y. Dashti
Kirk A. Delmas
Jessica M. Drouin
Alan Edwards
Cristofer A. Farnetti
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Dillon M. Glover
Garrett A. Hall
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MSME

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Tyler S. Noble
Joseph M. Osborn
Jeremiah S. Schroeder
Theron O. White

CONGRATULATIONS
to our graduates at Career Services

Andrew Schaffer
Breann Bess
Kylie Johnson
Ana Campos

We would like to take the opportunity to thank you for your hard work and dedication. It is truly a pleasure to have you on our team!
—Your Fellow Career Services Staff

University of Idaho
Career Services



careerservices@uidaho.edu
208-885-6121
Idaho Commons, Room 334
uidaho.edu/career-services

OTC

FROM PAGE B10

Nail biter

The Republicans have only one candidate now since Cruz and Kasich have dropped out the race. Leaving He-Who-Shall-Not-Be-Named. I am excited to see the outcome for the Democrats. Bernie or Clinton?

– Catherine

Soaring forward

Just landed in Seattle, then onto Boise for the summer. I can actually see the sun, which makes me hopeful for what's to come in the months ahead.

– Diamond

Dear Mother Nature

Please stop teasing me with tank-top and shorts weather as I study in the library. It's kind of mean.

– Mihaela

Break the ground graduates

Another year of excellence from the students of the University of Idaho means another young group of changers, thinkers and leaders entering the workforce to make a mark, as big as those who cam before. Combined UI graduates contribute to a generation of groundbreakers. Be Vandal. Be proud.

– Kevin Douglas Neighbors

Lessons learned

The most important part of my freshman year was learning that if you join the right clubs, you will get free food and make amazing friends.

– Hailey

Riding the wave of dead week

Trying to stay afloat, but so many commitments, so little time. It's a wonder we all survive this.

– Nick

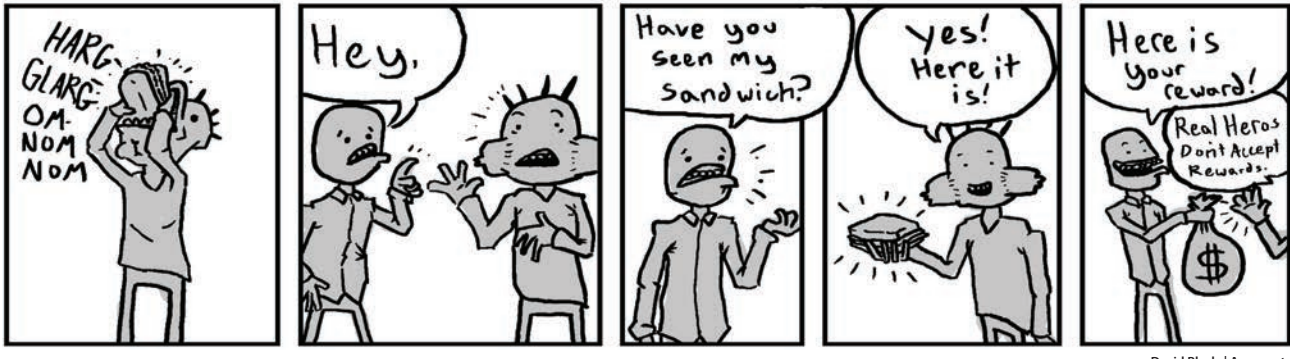
Snapback



Senka Black



Bad sense of humor



Don't enable bad behavior

Vandal Shuttle will be an inefficient use of university funding

Let me be the first to say that safety is important, especially on a college campus. Thankfully, Moscow is a pretty safe town. Even as a small female, I feel relatively safe walking alone at night. But there are bad people everywhere, and preventative safety measures should be taken. Vandal Shuttle is not a measure that works. ASUI President-elect Austin Karstetter ran on several platforms, one of which was the institution of the Vandal Shuttle program. It is a weekend bus that stops at a few places in Moscow to help students get around.



Tess Fox
Argonaut

Between the medical amnesty bill passed this year and this shuttle, ASUI seems to be sending a message that getting drunk and being reckless is OK, because there are a million ways to not get in trouble. Even if this message is unintentional by senators, that doesn't teach students to be responsible. The medical amnesty bill is great. It will likely have an amazing effect on the number of students who seek help for their friends and could possibly have a direct positive

impact on the number of student deaths. When a student makes the decision to consume alcohol, they should do it in a safe environment. If it's outside their home, they should arrange a ride or crash on a couch. If they're walking home, they should bring a coat and gloves. Sometimes attending evening social events requires some planning, something students seem unwilling to do. Thinking ahead has saved my butt several times. Gloves make a huge difference when walking around in December. There's a line between enabling bad behavior and providing options for students in a pickle. Aside from this, there are some other serious flaws with the shuttle program. If it's aimed at students who need a late-night ride, why does the shuttle start at 5 p.m.? I'm not old enough to go to the bars, but I think it's safe to say that most people don't go at 5 p.m. It's not late afternoons that are unsafe, it's night time. It would make more sense to start the shuttle between 9 p.m. and 10 p.m. The four hours between 5 p.m. and 9 p.m. seem like a waste of time for the drivers and a waste of money for students. If the funds are going to be relocated, there should be a

substantial number of students using the service to justify a need. The Vandal Shuttle program seems especially obsolete considering that Karstetter wants to cut the New York Times subscription on campus. The reason that I don't pay for a Times subscription online is because I have access to a paper every day on campus. The thought that students don't read the newspapers is false. I pick one up every day and skim through it during my breaks, or as a relaxing evening activity. Many times, I have to hunt for one because the bins are empty, which is a sign that people are taking the papers. Sure, I can get a discounted subscription to the Times online for being a student. But even at a discount, I've already paid for my print copy through student fees. Students would still have free online access to the Times, but nothing really beats the hard copy of such a classic. Call me old-fashioned, but I like touching newsprint. I grew up reading the newspaper on the living room floor, and nothing makes me more nostalgic than that smell. Accessing the news instantly on my phone is great, but if I'm going to drink tea and catch up on world news, my fingers better be slightly grey with



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newsprint ink afterwards. The Times is great for art projects. My art classes this semester have assigned several collage projects. Where was the first place I looked for materials? The New York Times bins in the Idaho Commons. Why go out and buy magazines when I could pick up a Times, located near the art building and already paid for by my student fees? Maybe instead of making the shuttle completely free, students pay between \$1 and \$5. This would eliminate the need to cut other deserving programs and maybe the shuttle would bring in revenue eventually. ASUI should not be supporting students' thoughtless decisions. In the real world, there is no safety net. There are no free shuttles waiting strategically for a ride home. Yes, this is college and it's not quite the real world yet. But students should learn how to make good decisions, even if it's the hard way. ASUI should provide students with the resources to make responsible decisions and learn what do when they mess up, not enable unsafe behavior. Tess Fox can be reached at arg-opinion@uidaho.edu or on Twitter @tesstakesphotos

Congratulations Engineering Undergraduates!

<u>B.S. Biological and Agricultural Engineering</u> Josie Flerchinger Alec Harrison Tao Jia Travis Soderquist Greg Standerford Jackson Stipe Nicholas Richards	<u>B. S. Civil Engineering</u> Abdullah Almakrab Colten Bernauer Chad Crow Delanie Cornwell-Domingue Greg Elmore Saroja Geibel Bret Grote Robert Hale Regan Hansen Daniel Holtzell Sean Hollenbeck Sean Iiams Katherine Keller Lukas Kury Jonathan Landa Meagan Larrea Taylor Lecates Paul Loska Abigail Messegee Noah Morris Nicholas Saras Justin Scheel Andrew Skinner Christopher Steinmetz Allen Taylor-Stiffarm Christie Wendle	<u>B.S. Computer Science</u> Abdulmajeed Alotaibi Jason Alves-Foss Casey Blair Christopher Goes Kendall Gregory Chase Guyer Morgan Holbart Tyler Jaszkwowiak Jason Kemp Charles Miller Sarah Munds Gabe Pearlhill Arthur Putnam Sean Shepherd Antonius Stalick Lance Wells Tyler Wittreich Zachary Yama David Klingenberg	<u>B. S. Electrical Engineering</u> Hatem Alatawi Majed Alkeaid Khalid Alotaibi David Arnett Jackson Bates Xihua Chen David Daigle Scott Damiani Dillon Downing Essa Essa Stephen Hanes Brian Hayes Diego Hernandez Evan Holbert Evan Lovel Bruno Loza Monte McKinnon Gavin Meyer Cody Moldenhauer William Parker Brian Patterson Joel Ratcliffe Ryan Ready Philip Richardson Robert Roman Daniel Schmalz Jordan Scott Kayden Scott Jacob Skaug Brian Tucker Chad Vorse James Wilson Samantha Woodman	<u>B. S. Mechanical Engineering</u> Joel Aguilera Jay Anderson Alexander Banks Jason Borth Andrew Brackebusch Jesse Caudle Benjamin Clark Michael Clark Kyle Cleveland Marc Compton Gregory Cotten Trent Dalton Ali Dashti Kirk Delmas Jessica Drouin Alan Edwards Cristofer Farnetti Christopher Fraser Alberto Garcia Ruiz Dillon Glover Garrett Hall Nicholas Howe Tyler Hutten Alexx Jensen Diego Juarez Anthony Keys Garrison Lewis Patrick Lutskas Chet McKinnon Nathan Mcleod Sally Mei	<u>B.S. Mechanical Engineering Continued</u> Kelly Moore McQuaid Murray Steven Nieuwenhuis Brionna Olenichak Austin Olsby David Park Robert Regent Jacquelin Remaley Zachary Robertson Andrew Roybal Steven Sainsbury Ethan Scott Chase Smith Austin Steiner Thomas Stewart Bryan Tiniacos Kylie Touchstone Michael Wanless Jace Westcott Kevin Woodruff
<u>B.S. Chemical Engineering</u> Faisal Abdulahadi Alhajri Jassim Alshammari Zachary Branter Allie Brown Adriana Carbon Jeremiah Dustin Kyle Knapp Jessica Lake Jieun Lee Emily Mariner Ty Moroney Felix Nwanne Jeffery Porter Brady Rinaldi Josh Roper Jeffrey Siddoway Adam Spencer Cameron Toskey Sydney Tracy Morgan Wood	<u>B.S. Computer Engineering</u> Joseph Ferguson Timothy Slippy Carlos Solis Nikolas Taylor Joseph Zabriskie	<u>B.S. Industrial Technology</u> Sheldon Christensen Jared Hibbert John Brush Justin Walters Robert Gomez	<u>B.S. Material Science and Engineering</u> Mark Aikey Qasem AlNasser Isaac Curtis		

University of Idaho

Student Health Clinic

SUMMER LOCATION: QuickCARE
2500 West A Street (Behind Walmart)
www.uidaho.edu/studenthealth

Student Health Insurance Program (SHIP)

Information for 2016-2017 plan year will be sent to students' Vandal emails this summer.

www.uidaho.edu/SHIP

Health Insurance Requirement

Details of insurance options and forms will be sent to the Vandal emails of all registered students this summer.

REMINDER: DEADLINE FOR SUBMISSION OF THE ONLINE HEALTH INSURANCE INFORMATION FORM IS THE FIRST DAY OF CLASSES EACH SEMESTER.



Have a safe and healthy summer!
Go Vandals!