ARGONAUT

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Wednesday, July 20, 2016

STUDENT LIFE

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Representing students



Nick Eastman-Pratt | Argonaut

ASUI President Austin Karstetter discusses his goals for the upcoming academic year, as well as advice to incoming students.

ASUI president sets goals for the 2016-2017 academic year

Claire Whitley Argonaut

For ASUI president Austin Karstetter, it all started in high school.

Karstetter said he wasn't always as outgoing as he is now. Until high school, Karstetter attended a private school in his hometown of Quincy, Washington. His parents decided to enroll him in public high school, which made Karstetter feel like a fish out of water.

"I went from a class size of like eight to one of 300," Karstetter said. "It was a

Karstetter said he was shy at first and his advisor suggested he participate in drama classes to become more confident. Karstetter said his mother, who was always very involved, also encouraged him.

During his senior year of high school, Karstetter was the ASB vice president of his school and has since participated in several organizations on campus and risen to leadership roles with them. Karstetter said he held a leadership role in his fraternity Phi Gamma Delta — FIJI as well as in organizations such as Student Alumni Relations Board, Homecoming Committee, the Moscow Chamber and ASUI senate. Finally, the senior organizational science major was elected ASUI president during the spring semester.

SEE **ASUI**, PAGE A8

eginning again

Convocation marks the beginning of academic year

> **Claire Whitley** Argonaut

A student's college career has both a ceremonial beginning and ceremonial end. Before the first day of classes, students are invited to the convocation ceremony, which University of Idaho President Chuck Staben says marks the beginning of the new academic year, and, for freshman, is the beginning to their entire college experience.

"It's a ceremonial beginning to the ceremonial end — convocation," Staben said.

Staben also said convocation is the first shared experience for students at a university. It sets the tone of expectation for the year, as well.

Staben said students and parents are invited, and encouraged, to attend the event that will be held at 8:30 a.m. Aug. 19 in the Kibbie Dome.

Staben said this year's convocation will be his third as UI president. He said speakers are usually picked because of their inspiring stories that students can identify with. This year's speaker, Hattie Kauffman, is an Idaho native of the Nez Pere tribe. Staben said Kaufman's education changed her life, and wants that message to be conveyed to the students.

Staben said Kauffman may have an interesting perspective being a Native American and a female news journalist. He said students need to find their own voice and hopes that people see the significance of listening to these types of speakers.

Staben said he encourages students to attend because they will be the ones to con-

struct their college experience. "Convocation is the start of a new year,"

Staben said. "It has a renewal aspect."

Claire Whitley can be reached at arg-news@uidaho.edu or on Twitter @Cewhitley24

Returning to her roots

UI Vice Provost of Student Affairs accepts position with State University of New York

> **Corrin Bond** Argonaut

Jean Kim lived among students in the LLCs, held monthly dinners to help the student body connect with the administration, worked to implement enrollment initiatives, such as Enroll Idaho and UIdaho Bound, and after two years serving as the University of Idaho vice provost of student affairs, her favorite part of living on the Palouse is still the students. Kim, who will not be returning to the university in the fall, said interacting with students and working with her colleagues are among the things she'll miss.

"I generally enjoy our students here," Kim said. "I find our students to be very engaged, down-to-earth, caring, respectful and just really easy to (work) with."

Kim first assumed the role of UI vice provost in 2014. She accepted the position of vice president of student affairs at Purchase College, or SUNY Purchase, one of the 64 universities that compose the State University of New York (SUNY) network, in late spring.

"It's a similar role and actually, that's been my work for the last 30 odd years, managing and leading student affairs divisions," Kim said.

Before UI, Kim worked at the Univer sity of Massachusetts, Amherst, where she lived close to her family on the east coast. Now, she said she's returning to her roots.

"My family is still on the east coast, my mom is in Rhode Island, my older daughter is in Manhattan, and my younger daughter is in Boston," Kim said. "I'm essentially going back and rejoining important people in my life."

SEE **RETURN**, PAGE A8

CAMPUS LIFE

Orient yourself before you wreck yourself

IN THIS ISSUE

Students will have exciting and informational new student orientation

Kevin Neighbors

Welcome new students, to the University of Idaho. UI has a small, beautiful campus with rolling hills as far as the eye can see and two arboretums one of which looks like an ancient forest. New students have signed up for classes and it's time to begin. Soon, the place students have called home for 18 or more years will become their home away from home. They just have to orient themselves first.

The first step for students is the new student orientation hosted by the Dean of Students Office. Orientation runs Thursday,

August 18, through Saturday, August 21 and will begin early evening that Thursday after student move-ins are complete.

"It is an expectation that new students attend new student orientation," said Coordinator of orientation programming, Ashley Morehouse.

Morehouse and the Dean of Students understand that at the UI the student population is diverse and allows exceptions for new students with different circumstances. The Dean of Students Office will be hosting an orientation, for students with different circumstances like, veteran status, adults with children, students taking care of parents in need of support, and other situations. This alternative orientation will be held 2 p.m. to 5 p.m. Saturday, August 21.

"Students should have a very good time

and learn a lot about the University of Idaho, from rules to our awesome traditions," Morehouse said.

The Dean of Students Office has planned three days of fun, education on university culture, and information about student academic resources. A complete calendar of all events can be found on the UI website under new student orientation. The first item on student's schedules for orientation will be meeting their orientation leaders. Each orientation leader will guide a group of new incoming students through their activities over the three-day orientation.

"Its a friendly face offering any help they can and making their first experience a positive one," said Morehouse

Orientation leaders are hand selected by the Dean of Students Office and go through vetting and interview process before granted the position. Once the leaders have been selected they receive training from spring into the summer before orientation begins Morehouse said.

'The orientation leaders are their to give students resources and to answer any questions they may have," Morehouse said.

If a leader doesn't know the answer to a particular question, they will still be able to point them in the right direction to somebody who can help them. For instance, a leader may tell them about a new student where the transportation center is to help them select the right parking pass or to the Counseling and Testing Center for academic and emotional support, Morehouse said.

SEE **ORIENTATION**, PAGE A8



A new generation of Pokemania quickly spreads with the app Pokemon Go.



Idaho men's basketball team grows its bench with a trip to China.

SPORTS, B1



Welcome to campus and welcome to the Vandal Family Read Our View.

OPINION, B9

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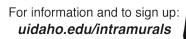
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CRUMBS

A Crumbs recipe ===

Roasted broccoli

Broccoli is not one of the most enjoyed vegetables by many, but this recipe is sure to change the opinion of any broccoli hater. This recipe is easy to make, and goes great with any cooked meat. While a fan favorite for dinners, this dish is also fantastic for a mid-day snack and unlike many meals, it tastes great when re-heated in the microwave. Give this recipe a go and you just might find your new favorite snack.

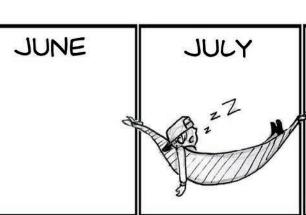
Ingredients

- 1 1/2 pounds broccoli, cut into florets
- 3-4 tablespoons olive oil
- Juice from half a lemon, about 1 tablespoon
- Kosher salt
- 2-3 garlic cloves, minced ■ Freshly ground pepper
- 1/4 cup grated parmesan cheese
- Directions 1. Pre-heat oven to 425 degrees Fahrenheit
- 2. In a large bowl toss the broccoli florets and minced garlic with olive oil and lemon juice until lightly coated
- 3. Arrange broccoli in a single layer on a lightly greased baking sheet
- 4. Sprinkle desired amount of salt across the broc-
- coli then place the baking sheet in the oven 5. Roast broccoli for approximately 16-20 min-
- utes, until cooked and nicely browned
- 6. Put the roasted broccoli back in the bowl and toss with lots of freshly ground pepper and parmesan cheese
- 7. Serve while hot, and enjoy

Lindsey Heflin can be reached at crumbs@uidaho.edu

Snapback





AUGUST

Megan Hall | Argonaut

CROSSWORD

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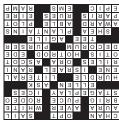
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THE FINE PRINT

Corrections

Find a mistake? Send an email to the editor

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Letters should focus on issues, not on personalties

· Send all letters to: 301 Bruce M. Pitman Center Moscow, ID, 83844-4271 or arg-opinion

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Finding an atmosphere for life

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Graduate student studies life beyond earth and the effect of atmospheres on distant moons.

Kevin Douglas Neighbors

Argonaut

Imagine a moon like the Earth's moon, but with an atmosphere. A moon that has an ocean not like the Earth's ocean, but an ocean that flows underneath a bed of ice, unbelievably thick, covering the surface of the entire moon. A moon with volcanoes that spew not molten magma, but ice particles.

These moons are a reality and they are currently in orbit. Their names are Titan, Enceladus and Europa. The faculty and graduate students of the University of Idaho study these cosmic wonders, hoping their observations will lead to the discovery of microorganisms in some of the furthest depths of the Solar System.

"On Titan the game is the same, but the players are different," said Shannon Mackenzie, a graduate student of UI studying physics.

Mackenzie didn't always want to be a physicist. She said she watched a lot of "Star Trek" when she was a child and that inspired her to explore the depths of the solar system, but what really landed her in the world of science was someone telling her she couldn't do it. She took that as a challenge and has found herself a nice chunk of success in the field.

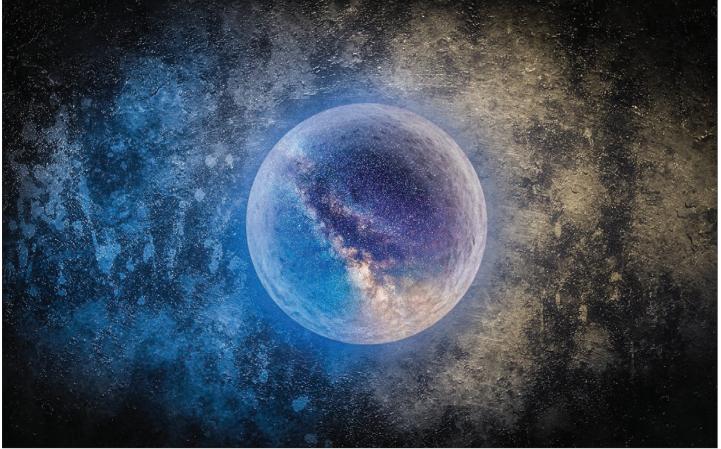
Although she enjoyed fantasizing about space and the final frontier, Mackenzie has found the real science stuff is so much cooler than some of the stuff anyone can think up.

"It is a very exciting time," Mackenzie said. "We think there are a couple different targets in the solar system to find life."

Mackenzie is one of the researchers investigating these wonders of the solar system. Mackenzie's academic focus is on Saturn's moon Titan. She believes between Enceladus, Europa and Titan, Titan exhibits the most promise to shelter microorganisms.

In order for life to thrive, an environment must have liquid water, chemistry and energy, Mackenzie said. Titan has all three. Titan's atmosphere contains carbon and hydrogen. The only component missing is energy.

'Water isn't that uncommon, there is a ton of water ice in the solar system," Mackenzie said. "What's uncommon is liquid



Nick Eastman-Pratt | Argonaut

water. Titan has a liquid ocean under its crust."

Titan is 10 times farther from the sun than Earth, therefore it only receives a small fraction of the sun's rays, which provide just

enough energy to possibly support extremely basic plant life, Mackenzie said. However, the sun is not the only potential source of energy that can provide life. On Titan the gravitational friction between Saturn and its unique moon produce enough energy to generate life, Mackenzie said.

"If you can get these to work together you have all the things you need to make life: water, chemistry and energy," Mackenzie said.

Mackenzie said Enceladus and Europa also contain liquid water. What sets Titan apart from Enceladus and Europa is its atmosphere.

"Titan is the only one with an atmosphere," Mackenzie said. "It is the only one with methane and ethane.

Because Titan has an atmosphere, precipitation is enabled by way of liquid methane.

Liquid methane rains down from the atmosphere creating methane lakes and rivers, it then evaporates and returns to the atmosphere where the cycle continues, Mackenzie said.

"My thesis is about Titan and how its

surface interacts with its own atmosphere," Mackenzie said. "What's cool is that it's really not that complex because it's a lot like Earth." Titan's atmosphere is only a little thicker

than the Earths. The Earth's atmospheric pressure is measured at 1 bar and Titan's measures in at 1.5, Mackenzie said.

"If we find out how much chemistry to carbon there is, if the right temperatures are there, if the pressure is okay, then you know

whether or not an environment is inhabitable by Earth life," Mackenzie said.

The evidence Mackenzie and her colleagues have found has been based on careful observations, and well formulated, highly educated, theories, about the genesis of life.

'We do not fully understand the genesis of life, how things come to be," Mackenzie said. "But we are finding life in seemingly uninhabitable environments on Earth, so we think maybe its possible elsewhere."

By studying the possibilities of life on other planets Mackenzie and her peers hope to discover more about Earth. If they can understand if life can or cannot exist outside of Earth they can then reach a deeper understanding of life on Earth.

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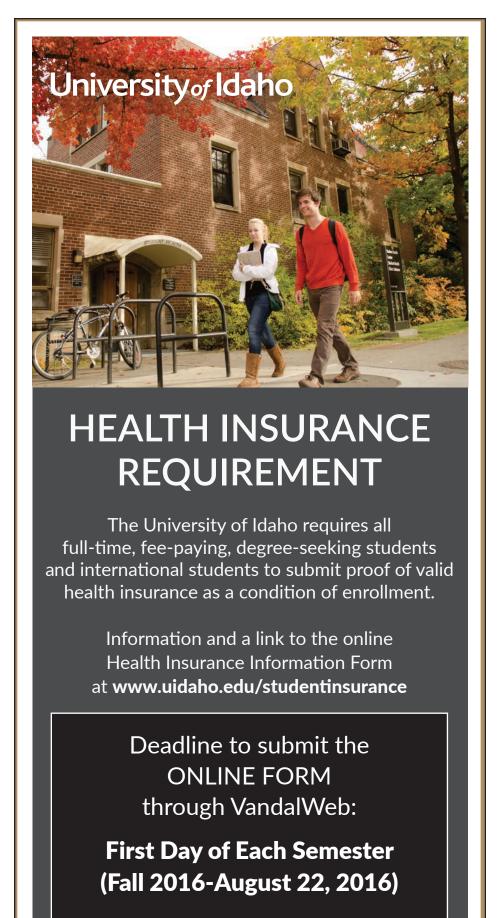
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Flipping houses, flipping lives

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Local non-profit provides affordable housing opportunities

Jack Olson Argonaut

Home ownership benefits both the individual and the community. Not only does it stabilize housing expenses, but according to Nils Peterson, director of the Moscow Affordable Housing Trust, it also stabilizes communities.

"Where renters dominate, the character and care of the area is different than if owners dominate," Peterson said. "Owners have an investment. They participate in civic activities, government, all those things that build community."

The Moscow Affordable Housing Trust is a state and city funded organization that seeks to provide affordable home ownership opportunities to individuals and families with a lower than average household income. The trust purchases and rehabilitates, or simply builds from the ground up, a home and sells it to a qualified buyer. The trust works with people who have a household income of 50 to 80 percent of the Area Median Income. Because of this, Peterson said they must sell a home for between \$155,000 and \$165,000.

The process looks like this — first, the Idaho Housing and Finance Association provides seed money and a line of credit to the city of Moscow with a general idea of how much affordable housing can be created with that capital. The city, through the Fair and Affordable Housing Commission, provides that capital to the trust, which, with the direction of Pe-

terson, creates a plan of what can be bought, rehabilitated or built.

The trust then works with realtors, bankers and contractors to finish and sell the house to the qualified buyer. Finally, the money the buyer pays for the house goes back to Idaho Housing to be used again.

To find and educate interested buyers, Peterson holds a seminar called "Finally Home." The seminar gives interested buyers the chance to connect with realtors, bankers and financial professionals from the community to help better prepare them for buying a home.

Peterson said the course greatly reduces the chance of foreclosure, which he said was something to be intent on avoiding.

"It's messy," Peterson said. "Everybody loses money and you're out of a house."

Moscow City Council member John Weber said he was selected by the trust to sit on its board as an elected official. Because of the legal limitations of the city's Fair and Affordable Housing Commission, Weber said the trust exists to do the things the commission cannot.

"If there's three people who all want to buy the house and we have to pick one and say 'you get it,' we can't do that at the city," Weber said.

Peterson said the trust sold its first home in April. He said it was a rehabilitated house between Moscow and Troy. He said the trust can't rehabilitate any old

house, though. Only homes built in 1978 or later are eligible because of lead paint risks in older homes, and because of the small range at which the final house must sell, the initial house must fit in the budget.

The rehabilitation market in and around Moscow is small for the trust. Peterson said two-thirds of homes are disqualified because of their age.

Age is no issue with a new house, however, and Weber said the trust is beginning construction on a new one on Morton Street in Moscow. Weber said buying the lot is often the largest single expense in building a new home. He said if the trust can't lower the price, many opportunities are closed off. Because there is no actual profit made for the city once the house is bought and all surplus money goes back to the state, Weber said it behooves the trust to build as much quality as possible into the house, rather than ending under-budget.

Peterson said for middle-income people, buying a home is the biggest investment they could make toward retirement. He said home ownership stabilizes housing expenses, meaning a landlord could never raise rent unexpectedly.

Once the house is paid off, Peterson said

a person could live there paying nothing but taxes. Peterson emphasized the role that debt can play in buying a home.

"The ideal buyer has zero other debt. That buyer doesn't need my help," Peterson said. "The real buyer's ability to borrow is limited by their debt-income ratio."

He said his buyers cannot have more debt than 41 percent of their annual income, and that having too much debt could prevent anyone from buying a home.

Peterson said student loan debt is especially problematic. He said it is a special form of debt from which an individual cannot declare bankruptcy and walk away. Peterson strongly recommended college students borrow as little as possible and be frugal during those years, or else they could be burdened with that debt for many more years. He also suggested college students learn about and begin building their credit

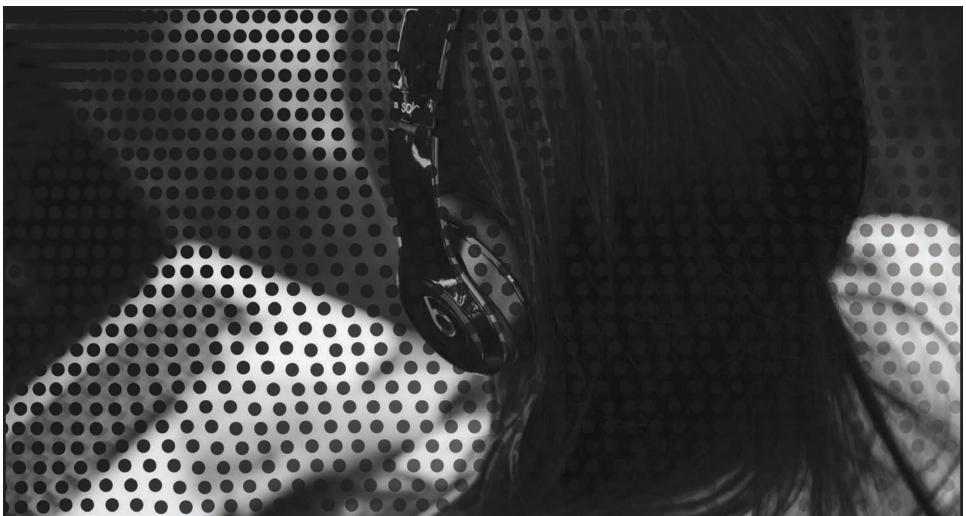
Unfortunately for students, Peterson said Moscow has lower wages and higher rent and housing prices than what would be expected for the area. He said it is because Moscow is a resort community, and college students are the resort goers.

"When people bring in money from beyond what's local, they bid up rent and housing prices," Peterson said. "There are low wages in Moscow because there's a glut of students taking low wage jobs."

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Looking out for each other

Crime rates in Moscow lower, but police encourage students stay safe

Jack Olson

Crime rates in Moscow plummeted in 2015. There were 25 percent fewer offenses reported and 40 percent fewer arrests than in 2014, continuing the downward trend of crime in Moscow over the last several years.

Captain Tyson Berrett of the Moscow Police Department heads the campus division and he credits this trend to education and prevention programs, as well as more responsible alcohol consumption.

Berrett said a vast majority of simple assaults are alcohol related. He said thefts and vehicle prowls are largely driven by the economy and availability of jobs. Berrett said nearly all of these are crimes of opportunity, not smash-and-grabs, and hiding valuables and locking doors could prevent that most.

Of these thefts, Berrett said many are committed by non-locals, which means they are often not caught. He said someone might fill up a shopping cart at Wal-Mart and walk out.

"You'll get video, but they're not local," Berrett said. "We don't know who they are."

Minor in Possession and Minor in Consumption of alcohol offenses were reduced in severity this summer, as well. On first offense, someone will receive an infraction rather than a misdemeanor. Berrett said he was concerned this would lead to increase in underage drinking because people may perceive the issue as less serious.

"They took any real teeth they had in that code and minimized it," Barrett said.

Since Washington decriminalized recreational marijuana use in 2014, Berrett said he has not seen a change in marijuana use in Moscow. He said people may see it as less serious now, which could lead to increased usage. He said he will enforce Idaho law in regards to marijuana until the legislature changes it, which he said he doesn't expect to happen soon.

Brian Dulin, coordinator of the Alcohol and Other Drugs Program (AOD), said Washington's laws have lead to a lower perception of harm of marijuana, which he said will mean an increase in use. He said marijuana has never been more available.

"Since I went to school the price of tuition doubled, but the price of a bag of weed is the same," Dulin said.

Dulin said the earlier in someone's life they begin using marijuana, the more difficult it will be for them to quit or cut back later. He said 9 percent of users become dependent.

The proportion of UI students that said they have never used marijuana dropped from 66 percent in 2013 to 59 percent in 2015. Reported non-prescribed painkiller use rates went from 7 to 5 percent during that time, but reported use of stimulants, such as Adderall, grew from 5 to 9 percent and develop policy or ideas around it. of total students.

'We can talk to students about alcohol and weed and how to stay safe," Dulin said. "When it comes to prescription drugs, cocaine, there isn't a way to stay safe."

Dulin said the focus of AOD is to teach students about the pros and cons of alcohol use and ways to minimize risk while socializing. He said they recruit undergraduates to go into Greek houses, residence halls and classrooms to talk about alcohol and how to look out for friends.

AOD holds many workshops such as "Alcohol 101" which teaches students pouring demonstrations, tracking standard drinks, estimating blood alcohol content and how to identify alcohol poisoning, among other things.

"We're not saying 'not use,' but use responsibly and look out for each other," Dulin said.

Other programs seeking to reduce crime and risk are available for students, too. Alive at 25, House Party, National Night Out, Take Back the Night and the Red Watch Band all help students learn how to help themselves and others stay safe.

Online services like E-chug and E-toke, allow students to anonymously report their habits and get feedback, such as how they compare to the rest of the population and other data on their habits. The university can look at aggregate data from those reports

Dulin said most crimes in Moscow involve alcohol or other drugs in some way. He said increased drinking means an increased risk of arrest, involvement in sexual assault and alcohol poisoning.

Dulin said while there are increased risks in some living groups, such as Greek houses, there are also protective factors there that mitigate the risk, such as designated risk managers and internal accountability.

In a survey, 67 percent of UI students said they consumed zero to four drinks the last time they partied or socialized, which Dulin said illustrates a responsible drinking culture. Dulin and Berrett both said that drinking in Moscow is going down.

"Students today tend to drink less than students 10 years ago," Dulin said. "And they drank less than students 10 years before them."

Berrett said Moscow is one of the safest cities with one of the safest universities in the U.S. Dulin said there hasn't been a student death for three years. He credits that to students looking out for each other. He said AOD will continue developing strategy and policies to keep students safe.

"UI is a fun school," Dulin said. "We don't want alcohol and other drugs to get in the way of that."

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Soft drinks switching franchises

Argonaut

After about 15 years, the University of Idaho is changing from a Pepsi campus to a Coca Cola campus. As of July 1, UI started a five-year contract with Coca Cola, Alan Coker, Assistant Vice President of Auxiliary Services, said.

Coker said both Pepsi and Coca Cola reapplied for the campus, but Coke won the contract. Coker said the decision was the closest one he has seen. Part of the decision was based on Coke's willingness to work with UI.

"Pepsi has been a great partner," Coker said. "But the selling point was a willingness to be on campus and participate in campus events."

Coker said the contract is known as a pouring contract which means that after five years, there is a chance to renew the contract. There is also a stipulation in the contract that allows the university 90/10, meaning that on campus there is a 10 percent freedom to place other products that are not Coca Cola. The 10 percent, Coker said, will be in places like the Grid, the VandalStore and the Vandal Express

convenience store in the Idaho Commons. "So we can put Pepsi and Red Bull in those places, Coker said.

to Coca Cola

With private companies such as One World Cafe on campus, they will also make the transition to Coke products as part of their contract with the university is through the food service provider Sodexo, Coker said. Sodexo is also making the transition between Coke and Pepsi.

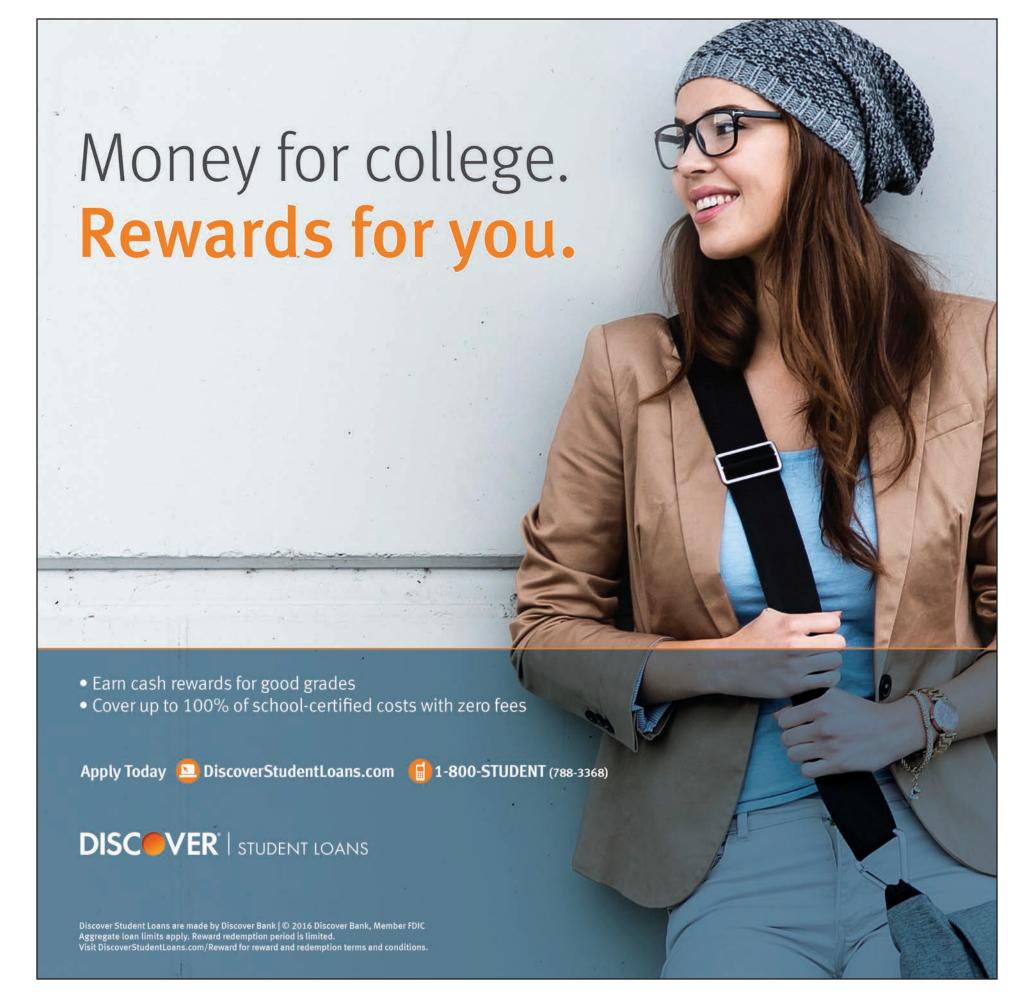
After two weeks in transition meetings, Coker said Coke is beginning to put machines around campus. Coker said they will be setting up freestyle machines and

fountain installations by the beginning of August. Vending machines are also being brought in and replacing the Pepsi machines throughout the week, Coker said.

Campus soft drink contract switches from Pepsi

Coker said Coke will also be a sponsor Vandal Athletics, meaning the program will be receiving new coolers and banners for the Kibbie Dome. Also, with the switch from Pepsi to Coke, the athletic program will switch from Gatorade to Powerade.

SEE COKE, PAGE A8



CAMPUS LIFE

No need to hesitate

Counseling and Testing Center works to create safe environment for students

Jack Olson Argonaut

Students come into the Counseling and Testing Center (CTC) for many different reasons. One of the most common is to seek help for academic difficulties.

The CTC's new director, Greg Lambeth, said that is true not just in Moscow, but around the country. He said students can come in to talk about any issue, even if it's not clearly defined.

"If things are not going well, that's sufficient reason to come into the counseling center," Lambeth said.

Licensed psychologist and counselor at the CTC, Sharon Fritz, said students should never be afraid or hesitant to seek counseling.

"It's not like you have to come to therapy," Fritz said. "We're here to help you solve your problems."

Fritz said the mission of the CTC is to support students' academic success. She said they do this by helping students with issues that are preventing them from achieving success. She said personal and interpersonal issues, drugs, alcohol, relationships and stress can all inhibit a student's success.

She said the main thing to know about the CTC is that services are free and completely confidential. Once contacted, the center cannot share any information about the student's meeting, not even to parents.

"It's a protected relationship," Fritz said. "I often ask people 'What's the good of me talking to your parents?""

In recent years, Fritz said she has seen a higher rate of students with homesickness. She attributed this to the higher connectedness between students and their parents. She said with more ways to stay in contact, a student's ability to let go of home and make Moscow their new home can be

GET INVOLVED!

hindered. She said contact with parents could be part of a student's distress.

"In college, students will take on different behaviors that may conflict with what their parents think," Fritz said.

Fritz encouraged any student who is thinking about seeking counseling to do so. She said people will seek treatment for a cold or flu nearly immediately, but may leave personal issues affecting their mental health lingering for a long time.

"People don't see struggling the same way," Fritz said. "People have this misconception that you have to be really ill to seek help. We don't want people to wait until that issue gets so big. We want them to come in before it gets big."

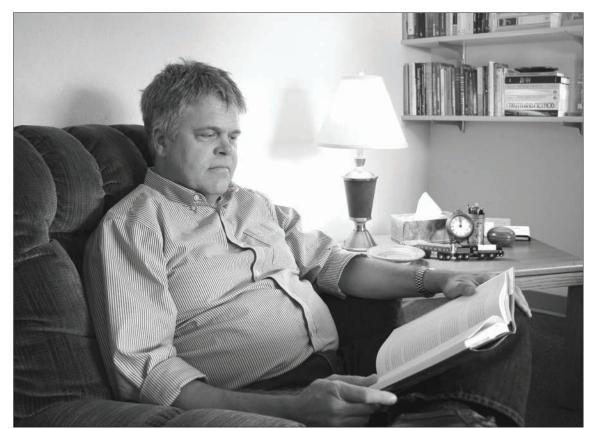
Lambeth joined the center this summer as director after 22 years in different roles at the University of Illinois Urbana-Champaign. He has been a staff licensed psychologist at their counseling center since 1994. He is replacing Joan Pulakos, who is retiring after 33 years at the CTC, 14 of which she served as director.

Lambeth said he likes Moscow and is thrilled to be here. He said he thinks it is important for a new director to come in without an agenda.

"I think really your job coming in early on is to do your best to know and understand the center and the culture and the staff," Lambeth said. "One of my goals is to retain the strengths the center has."

Lambeth said another goal is to make sure the services are accessible. He said services can be inaccessible for many reasons, such as not being inclusive or because of the stigma attached to seeking counseling.

He said the challenge with providing meaningful treatment is to balance the demand of students seeking treatment with providing



Yishan Chen | Argonaut

Greg Lambeth joined UI as the new director of the Counseling and Testing Center this summer.

meaningful treatment to the individual student.

"It's a tough balance to achieve," Lambeth said. "I think this center has been able to do that."

Lambeth and Fritz both said they'd like to better connect the CTC to students. Lambeth emphasized the importance of building relationships with other campus offices and student groups because personal endorsements or connections can help a student seek help.

"I think students are far more inclined to go if someone they already trust, trusts someone else," Lambeth said.

Fritz said the CTC partners with other UI organizations and often puts on events to help educate students and get the center's name out. She said they partner with Greek houses for the House Party, an event along with

Moscow police to teach students about alcohol and other drugs and how to be safe at parties. She said they are also partnering with Beta House for a suicide prevention walk.

Fritz said she is excited for a program called Sources of Strength, a peer-focused program that is actively recruiting college students to help. The program helps people identify eight areas of strength they can access.

"The more strength, the more resources you have, the more successful you'll be," Fritz said.

Fritz said the Alcohol and Other Drugs Program moved this year from the CTC to Vandal Health Education. She said she started the program with grant money, but that it made more sense to have the university's preventative services under the same

umbrella.

"Alcohol and Other Drugs is more for prevention, counseling is more an intervention," Fritz said.

Fritz said the most common time in someone's life to develop a mental illness is in their late teens and early 20s, right when many people are going to college. Fortunately, the CTC puts on screening programs for several different issues. Fritz said it is a good way for a student to take their temperature as far as potential mental health or substance issues. She wants students to know that there is help.

"People don't have to suffer the way they do if they seek help," Fritz said. "Going to college is stressful, and they don't have to do it alone."

Jack Olson can be reached at arg-news@uidaho.edu



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COMMUNITY

Politics and incentives

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Tensions rise over new Idaho lawsuit regarding wolf conservation

Catherine Keenan Argonaut

Although wolves were reintroduced into Idaho in 1995, they remained on the Federal Endangered Species List until spring 2011. Today, Federal Wildlife Services and Idaho Fish and Game monitor 786 wild wolves.

This summer, five independent conservation groups filed a lawsuit against the United States Department of Agriculture's Wildlife Services, and the Idaho Fish and Wildlife Department for mishandling a wolf-killing program, which is aimed at keeping wolf populations in check. The lawsuit includes several former employees testifying about inhumane wolf trappings and shootings in the forest regions of the North Fork, Clearwater and the Lolo Hunting Zone.

Gary Macfarlene, director of one conservationist group behind the lawsuit, Friends of the Clearwater, said helicopters were

used to exhaust the wolves before the animals were shot from the air. Macfarlene said traps that are regularly set out for the wild canines also failed to hit the target and instead caused inhumane injuries.

"This is the only case that I am aware of where Wildlife Services has been called in to kill a native species that we used to have enlisted under the Endangered Species List," Macfarlene said. "That's why we think that this program is one of the reasons that we, as an organization, joined with this lawsuit."

Section 73 of the lawsuit states, "In 2014, Idaho Wildlife Services killed 24 wolves by shooting them from helicopters, five wolves by neck snaring them and 20 wolves by trapping them in foothold traps, where they either died of exposure or were later shot."

The lawsuit has four clauses explaining why the case has become a legal issue. An 2011 environmental assessment estimated an overpopulation of wolves in Idaho, which justifies controlled killings of wolf populations.

Talasi Brooks, a representative associate attorney for the Advocates of the West, said she the first claim of the lawsuit is that an 66

This is the only case that I am aware of where Wildlife Services has been called in to kill a native species that we used to have enlisted under the Endangered Species List

Gary Macfarlene, Friends of the Clearwater

Environmental Impact Statement is what the state needs instead.

Brooks said that an EIS is an analysis statement that requires further information about wolf killings, behavior and overall population based on segmented locations, which could help shed light on the overpopulation debate. The lawsuit's second claim is that a 2011 wolf environmental assessment was an insufficient general analysis and

failed to look at alternative solutions to Idaho wolf numbers.

Brooks said the third and fourth claims correlate with each other and are about evaluating elk populations.

"Idaho Fish and Game, and to a smaller extent, Wildlife Services are making an assumption that killing wolves is the right way to increase elk population," Brooks said.

However, MacFarlene said that elk populations are not only threatened by wolves, but also by bears and cougars. In addition, he said other factors, such as disease and loss of habitat, can impact the number of

elk in the state.

Jim Hamleck, an undercover weapons permit instructor and hunting enthusiast, said finding a balance between populations is key.

"They need to manage both animals," Hamleck said. "When one population grows it affects the other population. They're not independent of one another. The predatorprey is not independent of one another."

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Making an old campus new

Some campus construction projects come to a close, progress is made on others

> **Jack Olson** Argonaut

The University of Idaho had a busy summer of construction and renovation, with many projects being completed by the time school starts.

The Wallace Residence Center has 10 floors being given a new look. The construction on Integrated Research and Innovation Center will be finished and ready for classes spring 2017. The College of Education renovation has been completed and will be ready for classes this fall semester.

The Wallace refresh

The Wallace Residence Center was built in 1963, and nearly all of the building has been updated since then. This summer, 10 floors consisting of 280 rooms are undergoing some improvements.

Courtney Hatton, recruitment coordinator for Housing and Residence Life, called the improvement a cosmetic 'refresh.'

Refreshed rooms have new carpets, new wood doors and locks, new sinks, faucets, vanities and GFCI outlets. The countertops are Corian, which Hatton said is more sanitary and more durable than the previous surfaces. The desks have outlets with USB functionality and the windows have new blackout curtains.

Hatton said rooms have new LED lights, which in addition to being brighter and using less energy than other lights, also emit no heat, keeping the room cooler.

'If you've been in the residence halls over the summer, you don't want any additional heat going on," Hatton said.

Hatton said the bathrooms received a spray-on refinishing on the floor and in the shower. She said it's non-slip, and looks

The refreshed hallways have new paint and Hatton said the carpets were replaced

Hatton said nearly every student will stay in a residence hall and a great number will stay in Wallace. She said refreshing the rooms means students have a better time.

"It made sense to start there to invest in making the student experience the best it can be," Hatton said.

Once the renovations are complete, the second and third floor of the Stevenson wing will be the only rooms untouched by a recent update.

"They're what we call vintage Wallace," Hatton said. "We do not have plans to have students living on these floors."

Director of Architectural and Engineering Services, Ray Pankopf, said the Wallace renovation is a completely schedule-driven project. He said two shifts of contractors have kept the work going on in Wallace from 6:30 a.m. to nearly 1 a.m. the next morning every single day since May 15, even on Independence Day.

"There is no wasted time in that project at all," Pankopf said.

Pankopf said the courtyard on the south side of Wallace is being redone as well. He said broken and settled asphalt and shrubs are being replaced. While the work was being done, he said facilities removed a dilapidated water tank from under the court-

IRIC nears completion

The Integrated Research and Innovation Center (IRIC) is slated for substantial completion in November, at which final checks will be made of the building and its systems



The Integrated Research and Innovation Center (IRIC) first underwent construction two years ago. It's slated to be completed November of this year, in accordance with the two-year time span alotted for construction.

before moving equipment and faculty in. It is on schedule to hold classes in January.

Pankopf said the IRIC is designed to be a flexible and robust space for science and research.

He said it supports collaborative efforts and is different from any other science or research facility on campus. What makes this center unique is that it was not constructed with specific sciences or researchers in mind, as most facilities are. Pankopf said any lab space in the facility needs to be able to support almost any sort of science.

"It's not tailored to any one department," Pankopf said. "We can't go through and say 'it's a chem lab, it needs this, this and this."

He said this flexibility required a robust facility with potential redundancy, which leads to some of the complexity and cost associated with the project. He said some sciences need a 'wet lab,' which the IRIC does not provide. He said he is pleased with the progress and the process of construction.

"IRIC has been almost scary in terms of how smooth it has been," Pankopf said.

He attributed that success to adequate funding. He said there often aren't enough funds to meet the desired scope of a project. He also said using a process called 'Construction Manager At Risk' helped substan-

CMAR works well for projects in the center of campus because the contractors and the university work much more closely together, which Pankopf said makes for a smoother process on a project that impacts students' daily lives. He said CMAR gives a greater understanding of each parties' needs. It reduces conflict and allows a project to be completed faster and for less money.

College of Education opens its doors

Since closing its doors two years ago to begin renovation, the College of Education was stripped nearly to the bones. Now it is the most advanced building on campus.

crossin

Sunday

Jim Gregson, acting Dean of Education, said the old building had major problems. He said it was dark, it leaked, pests entered it at will and asbestos was laced throughout the building. He said

the building didn't feel good.

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"A lot of people would enter the building, do what had to be done inside the building and exit as soon as possible," Gregson said. "It wasn't a place people wanted to hang out and have conversations you want to have at a university."

Gregson said education in America has been under the microscope recently. He said parents are concerned if their child wants to pursue a career in education because of news of low pay, tough working conditions and teachers who spend their own money for school supplies then get harshly critiqued. The old building only increased

"New students and parents would enter the building and go 'huh, I guess education must not be valued," Gregson said. "This helped contribute to that stigma."

Gregson said he believes the new building symbolizes the university's and the state's commitment to trying to change that dynamic. He said the building won't be the silver bullet for education, but he said there is now a deeper understanding of how education prepares K-12 educators, who impacts the students who go and pursue a post-secondary education.

"We want to leverage this building to address those problems," Gregson said.

The idea of a 'learning community' runs through the whole building. Gregson said it was designed to be a space where students can engage with others easily. The hallways don't just facilitate movement from place to place, but they are spaces for students and faculty to spend time in as well.

Gregson said he worked previously in corrections education.

"The stairwells in prison are scary, horrific," Gregson said. "Ours in the past were comparable to those."

mmerse

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Bible Study•Fellowship•Events

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(Look for Trinity's maroon van)

10:00am, at LLC bus stop

(returning shortly after Worship)

The main stairs in the renovated building have floor to ceiling windows and no doors, which Gregson hopes will encourage people to use the stairs more than the elevator. In fact, the whole building has floor to ceiling windows in nearly every exterior wall and many interior walls. Most offices are located on the inside of the building and have window-walls that look directly to the outside windows. There are so many interior walls made of floor-to-ceiling windows, some have had opaque designs added to prevent people walking into them.

"We wanted to democratize that natural light," Gregson said.

Around half of the classrooms in the building are registrar classrooms, meaning they are used for courses across all colleges, not just Education. There are also team rooms that can be checked out for use by any student and their group.

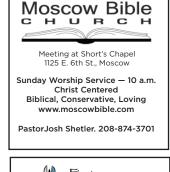
The building boasts the most high-tech classrooms currently on campus. Two Technology Enhanced Active Learning (TEAL) rooms have several monitors for use by students or faculty. The Doceo Center moved into the building's third floor and has completely new technology, such as split-screen monitors and panoramic cameras to make online teaching better.

One of the largest additions is a health clinic and exercise room on the first floor. Gregson said they wanted to increase the connection between the College of Education and it's neighbor building, the Physical Education Building. More than half of the education students are not involved in teacher preparation, but rather exercise science and athletic training. Gregson said it's been like that for decades and he hopes this addition will make that connection more visible.

The clinic is free for any student, faculty or community member who wants to use the service. The building was designed to promote a healthy lifestyle, inside and out.

SEE **NEW**, PAGE A8

Argonaut Religion Directory





Norman Fowler, Pastor



"Fueling passion for Christ

Service Times

9:00 am - Prayer Time

9:30 am - Celebration 6:00 pm - Bible Study

hat will transform the world'





Pastors:



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BIBLE

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Karstetter said he wasn't originally going to apply to UI. He said he was looking into colleges based on how involved students could get. Karstetter's aunt was a Vandal, which was what originally brought him to the campus. Once he got to Moscow, Karstetter said he knew it was where he wanted to go to school.

"I like how personable UI is," Karstetter said. "I asked 'how do I get involved?' And my first step was joining a fraternity."

Once he was elected ASUI president, Karstetter said he had to step down from some of his other roles in order to devote his time to students at ASUI.

Karstetter said the ASUI president is the face of student government on campus. It is his job to hear what students want and to try to give them what they want. Karstetter said he attends many meetings, but he also tries to fix any problems brought forward by students or administrators. He said he hopes to show students what ASUI is this year.

One of the goals for this year is to bring the Idaho student association back together, to unite students from across the state. Karstetter said he wants to link up with Boise State and Idaho State in order to work together as a collective student group on bigger projects, especially on the three big things Karstetter wants to focus on. He said his focus this year will be on college affordability, mental health and sexual assault on campus.

A platform that is already in the works is a bill for mandating professors use open source textbooks to make college a little more affordable. Karstetter said he and his team are working with Emily Tuschoff at Vandal Health to increase awareness about

student mental health. One of the things Karstetter said he is looking to change is 8 a.m. classes and creating sleep spaces on campus, since students are getting less sleep now than ever before. Karstetter said he also plans to relaunch the "It's on Us" campaign to raise awareness about sexual assault on campus.

Other changes Karstetter is implementing to ASUI is an addition of three cabinet positions for ambassadors from the satellite campuses in Couer D'Alene, Idaho Falls and Boise. He said he hopes this will bring issues from the other campuses to ASUI and the administration's attention.

"We are all Vandals," Karstetter said. "The focus shouldn't just be on the Moscow campus."

One of the things Karstetter said is most important to himself and his vice president Cruz Botello, is having an open door policy. Karstetter said he plans to be accessible most of the time and transparent with anyone who comes in asking questions. He said that one of the things that drives him crazy about government is not knowing what is going one, so he hopes to remedy that during his term.

We are always willing to do whatever we can to help," Karstetter said.

Karstetter said he advises new students to avoid 8 a.m. classes, but on a serious note encourages students to get involved. He said he believes involvement is important for students. It works as a resume builder as well as helps students network.

"People think they can't be involved, but there are so many opportunities," Karstetter said. "I have met people I would never have met otherwise."

Claire Whitley can be reached at arg-news@uidaho.edu or on Twitter @Cewhitley24

RETURN

FROM PAGE A1

Kim said she wasn't looking for a different position, but she had been thinking about moving closer to her family in the coming years. When she received a call from a search consultant about the opening at SUNY Purchase, she decided to seize the opportunity.

"I wanted to be closer to my family, so the timing was sort of miraculous," Kim said. "I wasn't looking, it happened sooner than I had anticipated, but I responded to an opportunity that presented itself and it's an opportunity to assess the division out there and bring me closer to my

Provost and Executive Vice President, John Wiencek, said that while he's sad to see Kim leave, he understands her reasons behind the move.

"I wish her well," Wiencek said. "I think it's a great fit for her and it makes a lot of sense, the way she explained her rationale."

When Kim first assumed the position of vice provost in 2014 she had big shoes to fill. She was to assume half of the responsibilities of former Vice Provost of Student Affairs and Dean of Students, Bruce Pitman, whose role was divided into two separate positions following his retirement from his 40-year-long career with UI.

"I was following a person, the former vice provost and dean of students, who had been here for something like 40-some odd years," Kim said. "I thought it would be an interesting challenge and also, the university was looking to improve and enhance enrollment, which I was excited about."

Despite the challenge of settling into a new university, Kim said she enjoyed working with students and colleagues to implement new enrollment initiatives. Shortly after, Kim also temporarily took over dean of students responsibilities following the resignation of Craig Chatriand

"I felt like the folks in the dean of students area and the division of student affairs as a whole were really welcoming and excited about, you know, moving to a different stage of institutional growth," Kim said. "Then, shortly after I got here, we lost the Dean of Students that was here, Craig Chatriand, then I did dean of students work and vice provost work, so it was an exciting time."

Wiencek said he and the administration are grateful for the work that Kim put in during that time as well as the efforts she made to increase enrollment and connect with students while at the university.

"She's added a lot of value to the team," Wiencek said. "She did a lot of work in the first six months she was here — we're fortunate to have had her and we're sorry to see her go."

Weincek said a search for a new vice provost of student affairs will be conducted in the coming weeks, but the administration is considering hiring internally for a more permanent solution.

Corrin Bond can be reached at arg-news@uidaho.edu or on Twitter @CorrBond

COKE

Coker said the logistics of the financials are private, but Coke was willing to give UI a percent of the commission.

"A commission is a percentage of growth sales," Coker said. "So the university will get a portion of the sales to put back into the university."

Coke will also have two student ambassadors on campus to help work during events such as fall move in, which Coker hopes will help Coke get involved with students on campus. Coker said the university also worked out a part of the contract that allows the university to get new Coke products first.

Coker said the Cola is one of the most sought after drinks in this region. He also said Cola has a big social media presence, which he hopes will connect with students on campus.

"We are bringing in the best product that is the most beneficial for the university and the students," Coker said. "Coke will be a great corporate partner who will contribute back to the university."

Claire Whitley can be reached at arg-news@uidaho.edu or on Twitter @Cewhitley24

ORIENTATION

FROM PAGE A1

"A lot of our leaders end up being friends with new students. We have two right now, where one was the orientation leader of another and now the former new student is a leader as well and she is doing it because they became friends," Morehouse said.

Generally, the Dean of Students Office tries to match new incoming students with leaders of their same major. Though it does get difficult with more students than leaders, but they make it as close as they possibly can Morehouse said.

Students can take the opportunity to get to know not only their leaders, but also the other new students within their groups. It is a great way for students to make some of their firsts friends upon arriving to the UI.

One of the new events for student ori-

entation this year is the Vandal Scramble.

"There will be a lot of running in Vandal Scramble," said Morehouse.

Students will be fed various meals throughout the three days including, Einstein's Bagels and the president's barbecue.

Students will have sessions about the ins and outs of academic success and how to deal with the stress that comes with being a college student. They will also discover how to make campus a healthy environment for all students, and other helpful information to help students make their first year at college comfortable and successful Morehouse said.

"I would encourage students to reach out if you have issues or anxieties. There are thousands of people available to help them," Morehouse said. "Remember that all of the students are feeling the same way."

Kevin Neighbors can be reached at arg-news@uidaho.edu



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NEW FROM PAGE A7

"We're interested in the whole person," Gregson said. "It used to be probably stereotyped as a granola thing or something, mind, body, spirit, but you know, I think we are developing a deeper understanding of these relationships."

A moment for Targhee

Targhee Hall served as a residence for students studying liberal arts for years, but was repurposed two years ago. Education faculty and staff needed somewhere to stay while their building was being renovated.

Pankopf said the timing was perfect that Housing and Residence Life expressed a desire to move students out of Targhee at that time, at least temporarily. This allowed Education members to use Targhee as office space for the last two years.

Pankopf said Housing wanted to con-

solidate the residence halls into the neighborhood near the LLCs and Wallace. He said there are no plans to move students back into Targhee, and that as for the building's future, all options are on the table.

Lecture hall improvements

Jansen 104, a large capacity classroom, is being renovated during the fall semester. Pankopf said it is part of a longer-term project to renovate one or two old large capacity rooms every year.

Because nearly every student will take a course in a large capacity classroom, Pankopf said renovating them will impact the lives of a vast majority of students for a relatively low cost. He said the greatest example of which was Ag Science 106, which hadn't received any renovation since it was built in 1951.

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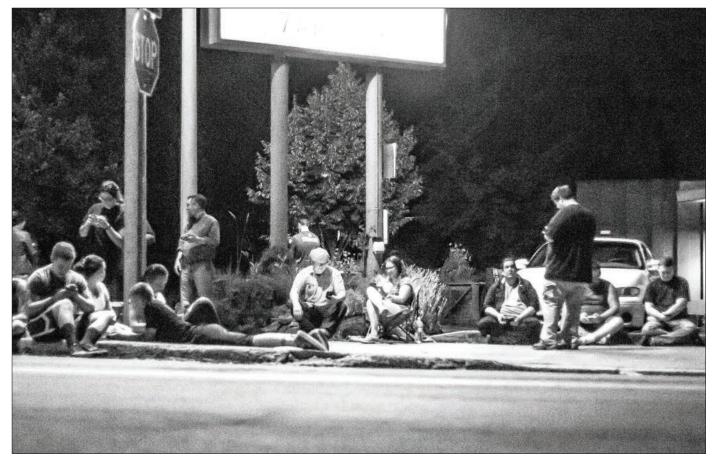






Christina Salvatore's buzzer-beater propelled Idaho to victory in the WNIT Tournament.

Choosing Pikachu Pokemaniac With almost no warning, '90s



Nick Eastman-Pratt | Argonaut

Citizens of Moscow, who are players of the app Pokemon Go, gather around a corner in order to visit Pokestops.

Pokemon Go is here, the world seems to have a love-hate relationship

Kevin Neighbors Argonaut

Recently, tiny monsters with magical powers have begun lurking in the corners of homes and outside office buildings, and parks and landmarks are infested with these miniature monsters people are calling Pokemon, if privacy existed before it sure as hell doesn't now.

After a year of anticipation, Pokemon Go has finally arrived. The mobile platform game was announced summer of 2015. Gaming company, Niantic and the Pokemon Company have been executing a limited release to countries around the world. Australia, New Zealand and the U.S. were the first to receive Pokemon Go in early July 2016.

The game landed in the U.K. July 13 for Android and July 14 for iOS, almost two weeks after the first launch. Over the July 16 weekend, Pokemon Go became available to 26 countries in Europe and Canada. Pokemon and Niantic will continue to expand the game to more countries.

"Its very innovative game technology," Brynna Soth, a student of the University of Idaho, said. "It feels like it's a precursor for more virtual reality stuff to come out."

Soth has been a Pokemon fan since she was a child. The games, characters, and television shows captured her heart and made her feel like she wasn't alone Soth said.

"When I was a kid the first pokemon game came out and it was all imaginary now its something you can play with your friends."

With Pokemon Go, fans can now do what they have always dreamed of, catch pokemon in their backyards and the streets of their cities, Soth said.

"This game brings people together," Soth said. "People from all walks of life are playing this game together and meeting each other."

Social media has boosted the game's popularity and enhanced the comraderie the game offers its players. Pokemon Go groups have been popping up all over Facebook, from groups for the entire city to groups specific to the red, blue, or yellow teams available in the game.

"People who normally wouldn't talk to each other are excited to talk to each other and social media is expediting that."

New Pokemon Go "trainers," are even sharing tips on pokemon locations, game mechanics, and Pokemon Go hidden secrets over Facebook.

"It very much captures the spirit of Pokemon," Soth said. "You teach me and I'll teach you.' It's a lesson and culture we can all experience and it's real this time."

The influx of this video game has students, children and adults running around town catching Pokemon — it is brilliant. Business owners have been taking advantage of the opportunity. Frontier Pizza in downtown Moscow painted on a chalk sign a picture of a Pikachu eating a pizza inviting "trainers" into their restaurant.

"I've noticed an influx in business at

certain times when we are usually dead," said Nikolaos Lagos, owner and manager of Last Frontier Pizza.

"I like video games, but I had no idea this would be this big, I thought it would be more for kids, but I might see more adults playing,"

When he noticed the game was drawing people to Moscow landmark, Friendship Square, outside his restaurant, Lagos decided to take the opportunity to further his business. One of his employees showed him the app and taught him to use lures to attract "trainers" to the area outside the restaurant.

Despite the fun, moderation and common sense are important in the equation.

"Things concerning me are people walking around blindly on their phone," said Corporal Paul Green of the Moscow Police. "Most people who stare at their phones bump into stuff."

Nothing overtly terrible has happened in Moscow yet, Green said. However, that doesn't mean something won't happen. There have been odd happenings across the world as a result of Pokemon Go.

"I'm afraid of people playing the game trespassing on peoples property or being hit by car," Green said. "You can't walk on to peoples property without permission."

Green said he didn't know people were playing the game until recently and it hasn't become a problem yet, but they are keeping an eye out to make sure people are remaining safe.

> Kevin Neighbors can be reached at arg-arts@uidaho.edu

pokemania comes back in full swing



Pokemon Go is a hot topic among young adults and businesses. For 20-somethings, this is a throwback to childhoods filled with Ash Ketchum and the Indigo League, to Gameboy's Pokemon Green and Red, released

in Japan in 1996, or Pokemon Red and Blue released in North America in 1998. And even more so than that, there is a throwback to the original pocket monster trading card

As a child, my elder brother and I collected cards. Not the silly eX cards that could be used with a Gameboy or something, either. No, we collected the originals. I still have some of them, even some Japanese ones, in a card sleeve at my parents' house.

From Bulbasaur to Larvitar, Evee to Espeon, I have a spattering of first and second generation cards. We even used to have the counter tokens and a Lugia coin for when we would duel each other. My brother and I sold packs of extra cards at craft fairs like the farmers' market.

This newest installation in the Pokemon universe is something fans have desperately wanted since the dawn of time. Albeit, anyone could have easily taken their Gameboy Color, deck of cards or 3DS outside and made an event out of it. However, something that Pokemon Go does that is often underappreciated by critics, is show players sights they might have never seen otherwise.

Here in Moscow people who play can challenge a gym at the University of Idaho's Idaho Commons, or deep within the Shattuck Arboretum, while going for a workout at the Student Rec Center or waiting for a performance to start at the Hartung Theatre. And that is just campus.

Pokestops decorate downtown. One World is a place to pick up a cup of coffee and a few pokeballs or maybe even an egg on the way to downtown or to campus. Players can take a break on a bench on either side of friendship square and not only catch a few wild Pokemon but also pick up more pokeballs.

The biggest thing players need to remember is to stay aware. Sure it is really cool that Last Frontier Pizza has a pokestop, but if the plan is to stay a while, visit the store. Maybe grab a cup of coffee or a slice of pizza. Pick up a book on indigenous or exotic animals from BookPeople. It is nice to simply share a little common courtesy in the midst of trying to catch that elusive Vulpix.

The dream of every '90s fan of Pokemon was to go on an adventure with Pikachu. And while this may be a step back detaching millennials from their smart phones, at least they are getting outside and walking around to play their video games.

Ten kilometers a day keeps the doctor away, and hatches a Charizard if you're lucky.

Claire Whitley can be reached at arg-arts@uidaho.edu or on Twitter @Cewhitley24

HOROSCOPES

Hailey Stewart | Argonaut

₹ Aquarius 1/20-2/18

The hills on campus get the best of us. So, prepare yourself by learning to roll up and down

)(Pisces 2/19-3/20 Pisces, you share a sign with Rihanna and Justin

Bieber. It is obviously time to become a music

↑ Aries 3/21-4/19

A new love is in store for your first semester. However, they can't tell if it is with your bed or your Netflix account.

🎖 Taurus 4/20-5/20

Make sure you soak up all your parents cooking and ready yourself for ramen.

Ⅲ Gemini 5/21-6/20

Don't worry that you aren't very athletic. Once you become a college student, you simultaneously become a great frisbee player.

69 Cancer 6/21-7/22

Before leaving for school take the time to cuddle your pets. On second thought, just sneak them in your suitcase.

6 Leo 7/23-8/22

The stars say that you should invest in a pair of Heelys and start a new semester trend on campus.

W Virgo 8/23-9/22

Wearing pajamas may not have flown in high school, but college is a beautiful land that truly does not care what you wear.

₩ Libra 9/23-10/22

You really shouldn't tell your parents that you are skipping out on college to travel the country and catch every single Pokémon.

|||₄Scorpio 10/23-11/21

In college, cereal for every meal is totally acceptable. Start stocking up on all that sugary goodness now.

★ Sagittarius 11/22-12/21 Before coming to school, get used to small spaces. Elevators are a savior from the hills, but with your luck, they will get stuck.

6 Capricorn 12/22-1/19

If you find out your future roommate has a fascination with voodoo dolls, it might be a good idea to find a single dorm.

Unlike larger cities, Moscow has few clubs and venues that stay open into the wee hours of the night, serve alcohol, and allow for the presence of people under the age of 21. Fortunately, that doesn't mean Moscow's night life is exclusive to those who are of legal drinking age.

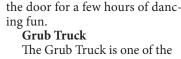
Pool at Mingles

Whether you're a seasoned pool shark or simply looking to try out

a new hobby, Mingles Bar and Grill provides individuals who are 18 and older with the opportunity to shoot pool until 9 p.m. Students under 21 will then be asked to leave, but dinner and a couple of rounds of pool with friends is good way to spend the night.

CJs Country Swing Night

This night is popular with community members and students. Swing dancing nights start at 9 p.m. every Wednesday and are held at the Moscow Social Club above CJ's Nightclub in downtown Moscow. Dancers of all experience levels are welcome. Sometimes, people who frequent the event will even offer lessons to



newcomers. There's a \$3 charge at

town's weekend evening food staples. The truck can be found at 10 p.m. most Friday and Saturday nights in downtown Moscow. You might not be able to grab a drink at the bars, but you can still take a trip downtown and eat delicious,

> reasonably-priced gourmet mac, tacos and more. Grub Truck is a Moscow must.

Star Gazing

Corrin Bond

Sometimes, a quiet night under the stars is exactly what students need after a long week of classes. Moscow Mountain, off of

Tamarack Road, might be

a bit of a drive, but the view of the stars so far from town is worth the trip. For those without cars, there are several places around campus to sit down and watch the stars as well. Lay down some blankets on the Administration Lawn or settle down with some snacks at Ghormley Park, located on Home Street near the Student Recreation Center.

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21 and under Students 21 can still indulge in nigh life

THEATER

The passion of Puerto Rico

Corrin Bond Argonaut

The day before the scenes for the Kennedy Center American College Theatre Festival's (KCACTF) student directing competition were announced, AnaSofia Villanueva was introduced to a new play — Jose Rivera's "References to Salvador Dali Make Me Hot." The University of Idaho senior had no intention of competing in the festival, but changed her mind when she discovered that a scene from the play she had fallen in love with the day before was viable for the competition.

"Â friend of mine had given me the play and said, 'This play is you,' and I read the scenes and thought, 'Oh my God, I love this play," Villanueva said. "The next day, they announced scenes for the competition and one of them was for this play, so I thought, 'Aw, never mind, I guess I'll do it."

After she directed 10 minutes of a scene from the play, Villanueva said she knew she had to produce a full-length version of the play.

"We won the competition with this scene, it was a partial scene, but we won, which was very exciting," Villanueva said. "I was at a point where I wanted to explore the play even further."

UI Senior Shalonia Rosen, who played the lead female role of Gabriela for the KCACTF competition, said she also fell in love with the play about a couple struggling to understand their identities. Rosen will assume the role of Gabriela for the fulllength production.

She said the play, set in Puerto Rico, revolves around Gabriela and her husband, Benito, who she married as a teenager.

"She's been with him for 11 years and he joins the army and he goes off to war," Rosen said. "He's about to come back from the field for the first time since the war ended and he's just a completely different person."

Villanueva said one of the most challenging parts of directing the performance is helping her actors connect with characters of a different background.

"They are playing characters who are

older, which is always a challenge," Villanueva said. "They're playing out an 11-yearlong relationship that is loving and meaningful, but struggling. They're also playing Puerto Rican characters played by white actors — that's something we really grappled with."

Villanueva said not being able to cast Puerto Rican actors for the roles almost prevented her from producing the play.

Ultimately, she said it was the universal messages within the play that prompted her to move forward with the production.

"On the one hand, we're not going to deny that the characters are Puerto Rican, but on the other hand, it's a story that's really universal," Villanueva said. "It's a story of two people growing up together in this world that's really beautiful and brutal."

Rosen said that assuming the role of Gabriela for a second time has allowed her to better understand her character's perspective and the complexity of those she interacts with.

"It's 100 percent relatable, everything

that this character is struggling with and everything all these characters are struggling with," Rosen said. "It forces you to not hide, you can't hide from these characters, they're so human, they have this rich yearning and want, this fight for life and I think that's true in everybody."

UI students present Jose Rivera's

"References to Salvador Dali Make Me Hot"

Despite the complicated plot and nuance of the play, Villanueva said she believes it's a story that a diverse range of people can connect with.

"There's a lot of complexity, but at the heart, it's really about a loving, meaningful, long-term relationship," Villanueva said. "I think everyone will connect to it. It's an important play, it's a meaningful play, it's a story that needs to be told."

"References to Salvador Dali Make Me Hot" will be performed at 8 p.m. Thursday, August 25 and Saturday, August 27 at the Palouse-Clearwater Environmental Institute Nature Center. Admission is free.

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COMMUNITY

Underappreciated but important

Carly Scott
Argonaut

Art is often regarded as less important than science, though it greatly improves quality of life. A world without art would be not only boring, but also utterly depressing. The arts have a greater value than their aesthetic appeal.

"I don't know that [people of Moscow] really take into account and realize what art brings," said Roger Rowley, director of University Galleries at UI.

Rowley said arts bring unique charm and economic opportunities to Moscow. These aspects of the field are often overlooked by the general public.

According to Eric Stuen, Associate Professor of Economics at UI, the arts only account for 0.4 percent of Latah County's economy. However, Stuen recognizes that some aspects of art are unquantifiable.

"There is the added bonus of the arts bringing the community together at gatherings such as Art Walk and the Renaissance Fair, which creates intangible economic value in the terms of social stability and networking," Stuen said.

Gina Taruscio, Director of the Moscow Chamber of Commerce, commented that any additional exposure for businesses in Moscow from the arts enhances their profits. According to Taruscio, this is important in regards to tourism.

"The average visitor spends \$147 a day here," Taruscio said. "Anything that enhances our community, adds beauty, adds interest, anything that causes visitors to linger longer is a plus."

One of the cultural events in Moscow is the Art Walk, an event where local businesses display art and the city hosts a street fair.

Rowley said that over 1750 people came through the Prichard Art Gallery at this year's event. This is no small potato in a town with a population of just over 20,000 people.

"The entire street is filled with people,

the businesses, the restaurants. The people become far more aware of what those businesses are and what they do," Rowely said.

Rowley pointed out that the most value "Artists get the

Arts play an important part in Moscow's

Rowley pointed out that the most valuable part of the Art Walk is that it allows people to establish a rapport with business-

"It makes people feel far more comfortable going into them. It's hard to translate that into a dollar value," Rowely said.

Kathleen Burns, City of Moscow Art director, said that Art Walk is not only good for businesses, but also for local artists.

"We have a lot of emerging artists. It's great exposure for them," Burns said. "It really stresses the importance of the arts in Moscow. It brings everyone out, it's a big event for our city."

Though businesses benefit from a great art scene, the economics are not always as good for the artists, Rowley said.

"You can only do so much for giving those [exposure] opportunities in a town of our size," Rowely said.

Burns said she looks at these opportunities in a different light. Instead of seeing Moscow as limited, she sees it as a launching platform for local artists.

"Artists get their feet wet, get a little established, and usually move on," Burns said.

She noted that as the quality of life continues to improve more art will develop.

"They work in synergy," Burns said.

The arts and business have a mutually beneficial relationship. The more businesses present in a city the more arts are attracted to them and as the arts continue to grow, new businesses open up around these new cultural hubs. It becomes easier for both to exist and they continue to grow side by side. It is a symbiotic relationship.

"There are a couple ways to think about the economic value of the arts," Stuen said. "One is the actual 'market value.' The second is how much the arts contribute to the wellbeing of the community. That's all the things you can't put a price tag on."

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ODINION

Eating pennies

Eating healthy is worth the effort

College works up an appetite. Between studying, exercising, socializing and participating in clubs and organizations — coupled with the fact students in college are not done growing — it is essential to stay well nourished.

Students may quickly discover it is challenging to keep their stomach's full and their bodies and minds working at a high enough caliber to get through their four or more years successfully. Particularly when students are trying to eat on a budget just above or sometimes shy of fifteen dollars a week. Students can stock up on ramen, Cheetos and Mountain Dew but these

can stock up on ramen, Cheetos and Mountain Dew, but these food items will not satisfy their deep stomachs and worse can leave them lacking nutrition.

The food on campus that can

be included in university housing meal plans for students is decent, but it is not always the best. University food is often high in fats and carbs that don't give the body everything it needs. They offer high calorie intake as a substitution for a lack of nutrition. Students won't be hungry, but they won't necessarily be healthy either.

Junk food is delicious. It's salty and heavily seasoned to mask the fact that it is not sustainable food for a healthy person. It is grossly deficient of necessary proteins, vitamins, minerals and beneficial oils and fats. This lack of nutrition applies to fast food restaurants and quick, easy and inexpensive packaged meals at the grocery store.

It is easy to get stuck eating junk food. When these habits are developed, students can become jaded to their body's response. They often don't know the difference between when their bodies are healthy and when they are not. But when students keep a good diet they will notice the difference.

If students absolutely have to eat ramen or other packaged foods high in carbs for an extended period of time, they should consider altering the recipe a bit. Avoid using powdered or liquid seasoning packets. They are very high in salt, sometimes containing MSG and can be dangerous if too much is consumed.

Instead create your own sauce using water, juice from an acidic

66

Junk food is delicious. It's salty and heavily seasoned to mask the fact that it is not sustainable food for a healthy person.

ruit, a little bit of soy sauce, siracha, poly and mono saturated oils, vinegars, and whatever over-the-counter seasonings you can find that are not high in salt. Mix these

ingredients together with a little flour or cornstarch to thicken it up. Get vegetables at the store, chop them up and throw them into the microwave or on the stove with the packaged food as you cook it. It will add flavor and sustenance to the meal. Chicken and tofu are inexpensive means of obtaining protein. Cook those up as well if the means are available. Eating this

way doesn't always feel ideal, but it is better than straight ramen noodles.

Despite popular belief produce is completely affordable and will actually save money over buying processed foods. Moscow's Winco grocery store is right across from campus and the most affordable destination to stock up on food. They offer a large selection of bulk grains and pastas that often carry a smaller price tag than processed foods. It is also good for students to stock up on nuts, and dried fruit to snack on throughout the day so hunger doesn't distract them from school.

Winco's produce and bulk selections are very decent and won't take too much out of students pockets. Eating raw vegetables and fruits is a good practice to help students retain nutrients in their body. And brown rice bought in bulk can be less expensive than a case of ramen and provide more sustenance.

Students should gather friends, go to the grocery store, purchase produce and find a place to cook and make meals together. It will bring relationships closer and leave them feeling fresh and capable of tackling their days.

Kevin Douglas Neighbors can be reached at arg-arts@uidaho.edu OPINIC

Same sound, new era

Hailey Stewart

Blink-182 is back with a strong album and a new tour

The name blink-182, for some, may conjure up distant memories of a few popular albums and the late '90s. For others, the band name still pops up on their daily playlists. No matter where one falls on that blink-182 spectrum, one thing is for sure, blink-182 is back and just as strong as before with a new tour and a new album reminiscent of

and a new album reminiscent of its early years.

The band released its first album in five years and it came out swinging in early July, hitting both the U.S. and U.K. charts at No. 1. The album, cleverly titled "California" pays homage to the band's west coast roots in its home state of California. Just as the album

name brings the three-man-band back to its beginning, the contents of the album do as well. Although band members have come and gone since blink-182's start in 1993, "California" boasts song titles and lyrics that keep perfectly in line with what the band set out to do 23 years ago.

As an on-again, off-again, fan of the group, blink-182's newest and seventh album brings back a sense of nostalgia. The release of "California" has brought both die-hard, devoted fans and casual fans to the same realization — favorite bands from long ago can age right along with their followers.

Even though blink-182 has released several albums since the days of popular albums like "Enema of the State" ('99) and "blink-182" ('03), the most recent albums before "California" have fallen short. Comebacks are hard, and fans have seen that struggle time and time again with their favorite bands. Especially the past's ultra popular bands in an age before pop music became the go-to on every playlist. Their new album is a culmination of

each album before it. Along with what the band has learned in its long history as a leading punk rock band. "California" is a great example of how rock bands can age smoothly and artistically.

Each individual track on the 16-song album has a unique and contemporary feel, but in conjunction with one another, the songs give off a noticeable throwback vibe. One of the first tracks on the album, "Bored to Death," definitely carries a very

'90s feel in the intro, then develops into a more modern twist. Tracks "California" and "San Diego" are two of the smoother, slower songs on the album, which really show the band's ability to strip down its heavy rock sound.

Blink-182 will be headlining its largest tour in years, showcasing "California." With a whopping 57

stops in the U.S. alone. The tour looks like it will be one big exciting showcase of the best the band has to offer. The blink-182 will travel with four different openers: A Day To Remember, The All-American Rejects, All Time Low and DJ Spider.

This album brings back what many enjoyed about blink-182 in the first place — a solid American rock sound. In a music world that is now dominated by pop and electronic genres and artists, it is a gutsy move for blink-182 to stay in a music industry that often pushes aside the rock genre, but the payoff for fans and the band is too great to shy away from.

Long time fans will never pass up a chance to listen to old hits like "All the Small Things" and "I Miss You." However, college students who grew up on '90s teen comedy soundtracks and a lot of punk rock music, the throwback feel of "California" is greatly appreciated and brings back the fondest memories.

Hailey Stewart can be reached at arg-arts@uidaho.edu or on Twitter at @Hailey_ann97



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C R U B S https://uicrumbs.wordpress.com



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Welcome, New Vandals!

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Fraternity and Sorority Life: joining the Greek system and the recruitment process

New Student Orientation: learn more about your new campus and the "Think About It" campus safety program

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Your Rights and Responsibilities as a student: learn more about the Student Code of Conduct and how to get assistance addressing concerns or questions while enrolled as a student

You can find us in the Teaching and Learning Center (TLC), Room 232, or contact us by emailing askjoe@uidaho.edu or calling 208-885-6757.

Go Vandals!



Student's premiere play, set

UI student has his first play premiere this August

Catherine Keenan

In the first week of July rehearsal began for the full-length play, "(Dis)closure." Written by University of Idaho junior Tanner Collier, the play takes on a dark undertone about a man named Eric who suffers from schizophrenia, a mental disorder that causes delusions and paranoia. Eric tries to face his demons from the past in order to mend the relationship with his son, Tate, who he hasn't seen in three years.

"My situation, in October, was what inspired everything that happened in the story," Collier said. "I was going through a time last year where I was dealing with things in my life."

The play was first written in October 2015. The first draft of the script took two months to finish said Collier. He asked peers, mentors and friends to help him improve the script.

The play script went through several stages of editing. He was not sure what the play-script really needed until he saw actors do stage readings of their lines. That was when he realized what the story needed and what parts were unneccesary said Collier.

"Now it feels like I'm reading a different play from when I first started," Collier said. "It feels more cohesive throughout the whole thing.

Collier has written other scripts that have been used for stage readings and rehearsals, but this will be his first time producing a full-length play. Collier is recieving help from Cornerstone Theatre Troupe, a student-run theater organization through the UI to produce the play. The organization typically produces theatrical plays or projects that are iniated by students.

'(Dis)closure" was designed intentionally to be a low cost production, so that any group of people interested could produce the play at any location.

It would be interesting to see how other enthusiasts would play each scene from a different perspective.

"I never expected that this story was going to be a thing, I was just writing it for me," Collier said. "Then...I really wanted to tell this story. I got a group of people together, and it's amazing watching these people do these scenes that I envisioned in my head"

His play benefited greatly from the talent of students and their willingness to help make his story come to life said Collier. The first showing will premiere 7:30 p.m. August 15 at the Lodgepole North American Kitchen between Main Street and First Street. Tickets will be sold late July at Lodgepole.

"Come to the show with an open heart and an open mind," Collier said.

Catherine Keenan can be reached at arg-arts@uidaho.edu

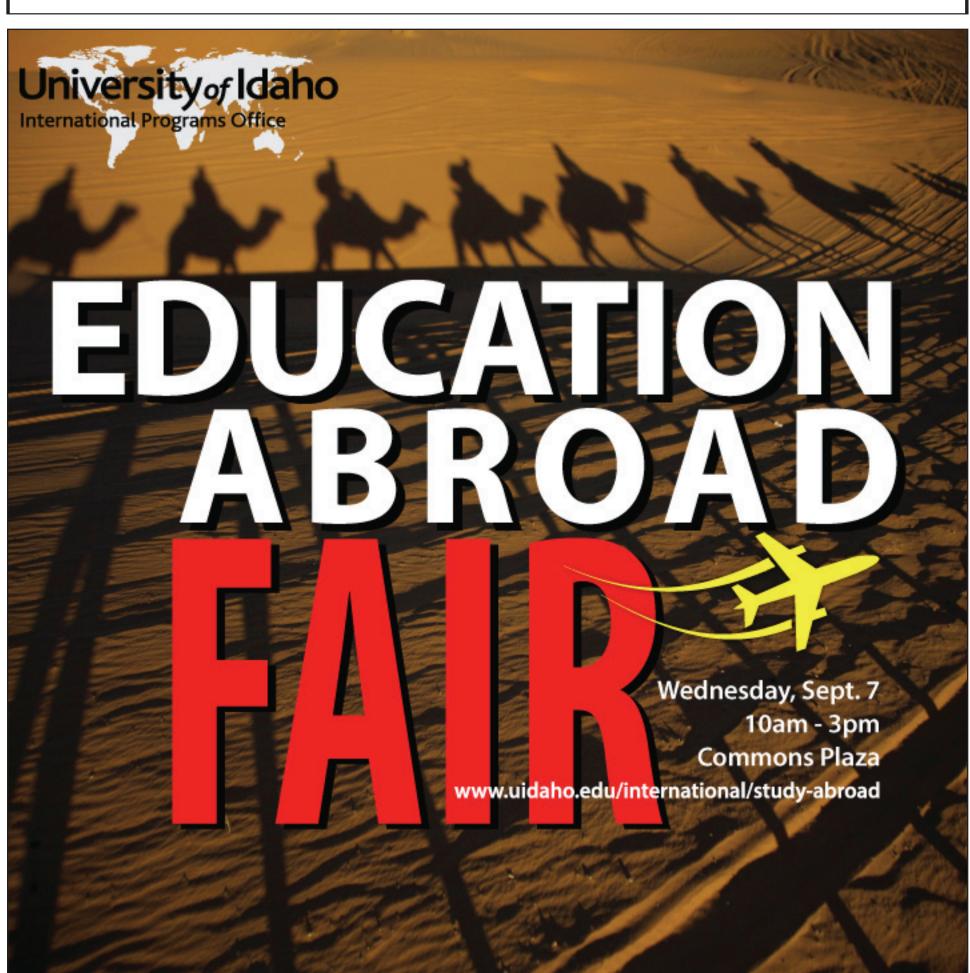


Nick Eastman-Pratt | Argonaut

Students Gail Harder, Tanner Collier, Brynna Soth and Cesar Garcia conduct a readthrough of Collier's play "(Dis)closure."



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SPORTS



Football & soccer uniforms bring back the silver.

MEN'S BASKETBALL

To the Atlas Challenge

Argonaut

A typical tournament road trip does not involve silk and calligraphy. But the Idaho men's basketball team aren't visiting typical destination. The Vandals are in Suzhou, China playing in the Atlas Challenge.

The team arrived June 10 for practice and to take advantage of the culture. During their down time, the Idaho team has been touring local schools, gardens, silk factories and learning calligraphy.

Teams are allowed by the NCAA to take international trips once every four years to enrich the athlete's experience and help grow the game globally.

The Challenge began on June 14. For the opening round-robin play, teams are broken into two groups of four. The top two teams advance to the winner's bracket, the bottom two make up the loser's bracket.

Last year's Challenge ended in a victory for China, second place to Iran and Lithuania in third.

The Chinese and Lithuanian teams have qualified for the Olympics in July.

Despite taking a spot in the loser's bracket, Idaho has made significant strides.

June 14 - Lithuania, 71-69

The Vandals started the Atlas Challenge with a last-second win against Lithuania's National Team B.

With Lithuania in the lead 69-68, senior point guard Pat Ingram stole a pass and scored the game-winner. He was fouled on the play and connected his free throw for the 71-69 win.

Junior small forward Jordan Scott scored 11 points on 4-of-6 from the field. Scott also tied the team-lead with five rebounds and two assists.

Junior guard Victor Sanders and sophomore power forward Nate Sherwood finished with 10 points each.

The NCAA 3-point line is 20.75 feet from the basket to the center of the arc. FIBA rules and court dimensions bring the line to 21.65 feet out. Despite the difference, Idaho show 42.1 percent from deep while Lithuania came in at 30.5 percent.

Lithuania's National Team B was sent to the Atlas Challenge for a tune-up before the Rio Olympics. The young squad fea-

tures professional players from across Europe, as well as veteran Arvydas Eitutaviciu. Eitutaviciu played for American University in the early 2000's.

June 15 - Iran, 71-62

The veteran-packed, Olympics bound national team from Iran gave Idaho its first loss of the tournament. Sanders led with 18 points, despite shooting 31.3 percent from behind the arc. Junior forward Arkadiy Mkrtychyan filled in the gaps with 10 points. Senior point guard Pat Ingram brought eight rebounds.

Iran outrebounded Idaho

Freshman Trevon Allen saw his first Vandal minutes, chipping in four points, one rebound and a game-high three assists.

Iran's roster boasted five athletes who played in the 2015 FIBA Asia Championships and eight who competed at the 2014 FIBA World Cup in Spain. The team will likely be competing in the Olympics come July.

Iran center Hamed Hadadi scored 14 points and eight rebounds for the win.

June 16 - Macedonia, 69-67

Idaho will move into the loser's bracket for the remainder of the Atlas Challenge, after a close loss to Macedonia Thursday.

The loss puts Idaho 1-2 in the Challenge. While the team begins to find its new rhythm, the Vandal bench has come up big during the Challenge.

Junior Victor Sanders led Idaho with 11 points.

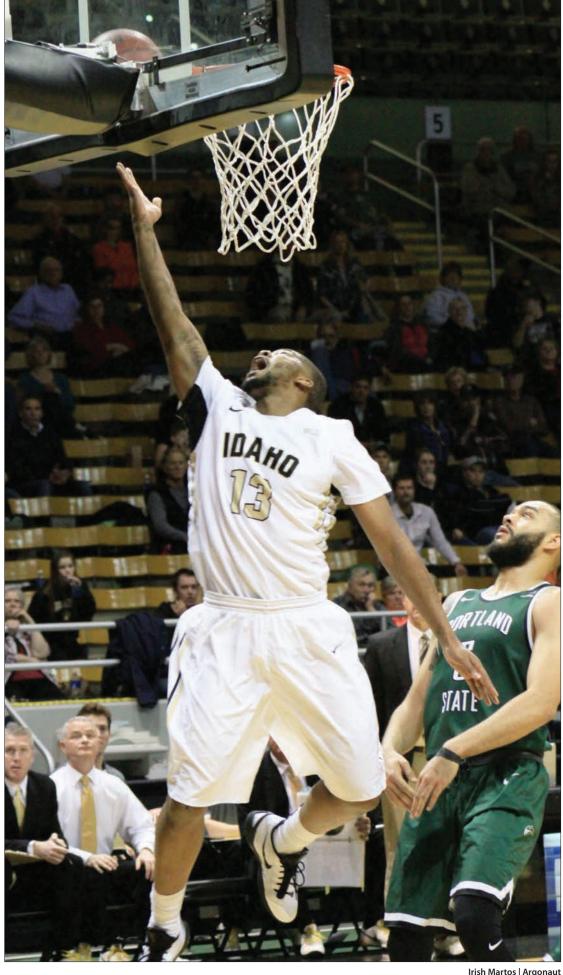
Sophomore Tyler Brimhall saw his first minutes for Idaho. Making good use of his time, he scored five points and five rebounds in 13 minutes. Senior Ty Egbert came from the bench to add 10 points. Senior Nick Blair, also from the bench, scored nine points, nine boards and three assists.

Macedonia's roster featured a number of former-NCAA ballers. The four athletes contributed 53 of Macedonia's 69 points.

While Idaho was able to hold off Macedonia for a majority of the game, a 10-0 run put Mac nia over the edge for the win.

Idaho shot 27.2 percent from the extended 3-point line, 32.1 percent from the paint and outrebounded Macedonia 42-32.

SEE **ATLAS**, PAGE B8



Junior point guard Pat Ingram lays in the ball during a January 30 game against Portland State at the Cowan Spectrum. Idaho won 56-55 over the Vikings.

TRACK & FIELD

The final stand

Idaho track and field competitors earn Second Team All-America in the NCAA championship

> **Luis Torres** Argonaut

Postseason competition started with five Idaho track and field athletes competing at the NCAA Outdoor Track and Field Preliminaries in Lawrence, Kansas. Two Vandal athletes qualified for the NCAA Finals in Eugene, Oregon June 8-11. When the final jumps had been marked and finish lines crossed, both competitors earned All-American Second Team honors, and then some.

Senior distance runner Kinsey Gomez earned a personal-best and 10th place in the 10,000-meter race with a time of 33:18.00.

Redshirt sophomore Arphaxad Carroll placed 16th in the long jump, after being ranked in 20th place.

Idaho track and field director Tim Cawley said he was pleased with both competitors performances in Eugene.

"Both competed fantastic at the college career with a personal-

NCAA Finals," Cawley said. "It best, I couldn't have asked for could have gone much better but I was proud with both of them. To watch them represent Idaho in that level was pretty exciting."

Gomez's time also broke the school-best time she set at the Stanford Invitational earlier in the season.

Senior Dominique Scott of Arkansas won the 10,000-meter run with a time of 32:35.69.

Scott and seven other women finished the race in less than 33 minutes, the largest quantity of competitors to achieve this feat in NCAA history.

Gomez said she enjoyed competing against 23 other women in Eugene.

"It was amazing to race with such talented field of women," Gomez said. "It was a great cap off to my senior year and it left me hungry for more. I can't wait to continue to improve in this sport and see what I'm more capable of."

Distance coach Travis Floeck said Gomez's gutsy performance was the perfect way for her to end her time at Idaho.

"Anytime you can finish your

more," Floeck said. "I was very proud of Kinsey especially that it was the biggest stage she's ever competed in. To run her best under the most amount of pressure and it shows the kind of competitor she is to finish 10th."

In addition to the record, Gomez was named the female recipient of the NCAA Elite 90 Award.

The Elite 90 Award is given to one athlete of each gender with the highest cumulative grade-point average in each of the NCAA's 90 championships events. Gomez earned a perfect 4.0 GPA and graduated in May with a bachelor's in general studies.

"Kinsey embodied what a track student-athlete should be in Idaho," Cawley said. "She's a talented young lady that's done the right things and has her priorities in order. It was neat having her around and I know there's a chance that she may be a volunteer coach next season. So she may hang around a little bit longer and I'm excited for it."

SEE **FINAL**, PAGE B8

Deutschland

Idaho Basketball player Ali Forde graduated this spring and will play professional basketball in Germany for the Bad Aibling Fireballs next season.

Forde leaves the U.S. August 25 and will play for the team until the season ends in March or April. She said it has always

been her goal at Idaho to go on to play professional basketball. "When I was a freshman I told coach I wanted to play overseas," Forde said. "He built me into that."

Forde said agents contacted her coach, Jon Newlee, and were interested to recruit her. With good research and trust in her agent, Forde found the Bad Aibling Fireballs.

Bad Aibling is a town of 18,000 people in southern Germany. Forde said the team moves up a division into the German "top

league" this season. "It's super exciting, but kinda nervous, too," Forde said. "I

know no German." Idaho coach Jon Newlee said he is proud of Forde, and that

she came into this season with the goal to play professionally. "This season she put everything together, both offensively and defensively," Newlee said. "She has a great op-

portunity in Germany." Forde said playing should be a challenge, but she is excited

to play in Germany. 'This has been my dream for so long, since I was little," Forde said. "I'm at this stage in my life where I can get paid to travel and play basketball."

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OBINION

Climbing to the Summitt

The rise of women's basketball started in the laundry room at Tennessee

I didn't grow up watching, playing or even thinking about basketball. So when I opened Twitter June 28 to post after post about the death of Tennessee Lady Vols Pat Summitt, the event didn't faze me. At first.

She amassed eight NCAA championships, 1,098 career wins, eight coach of the year awards and was inducted into the Basketball Hall of Fame. President Barack Obama awarded her the Presidential Medal of Freedom. Not to mention, she has a 100 percent graduation rate among players who finished their eligibility. Oh, and she has played on and coached the

Olympic team. Is she superhuman or what?

When Summitt started at Tennessee, her duties including coaching, driving the team to away games and washing the team's uniforms. It was 1974 and women's basketball was not sanctioned by the NCAA.

The year 1982 brought the first NCAA women's basketball championships.

Summitt became a fixture at the tournament until the 2000s.

As a fan of women's basketball and proponent for gender equality in sports, I appreciate the way she fought tirelessly for her team and their right to play.

The Orlando Sentinel published several anecdotes detailing her fight for equality.

In the 1970s, the Lady Vols went into overtime against Louisiana State. The men's teams were scheduled to play next.

Dale Brown, Louisiana State men's coach, wanted the women to play the overtime in an auxiliary gym. Summitt refused.

Repeatedly, Summitt was asked by Tennessee officials if she would be interested in coaching the men's team. Her reply: "Why is that considered a step up?"

Summitt had to work to fill the gym for her team's games.

Bob Kesling, the voice of Tennessee football and men's basketball on the radio, was starting his career in 1979. He started announcing the Lady Vols games.

As her career took off, Summitt and the Lady Vols drew huge crowds.

Obama had this to say about Summitt: "Her legacy, however, is measured much more by the generations of young women and men who admired Pat's intense competitiveness and character, and as a result found in themselves the confidence to prac-

tice hard, play harder and live with courage on and off the court."

Now that I know the reach of her influence, I'm incredibly sad Summitt is gone. The world of sports will never be the same because of Summitt. Her dedication to women's basketball is one of the reasons I am able to report on the Idaho women's basketball team.

The sports world is far from being equal for women. The U.S. women's soccer team is suing for equal pay, the WNBA is a joke to many. However, without Summitt, there would be more jokes and probably fewer players to pick in the draft.

The best way to continue her legacy and honor her commitment is to continue to change the world for the better.

Tess Fox can be reached at arg-sports@uidaho.edu or on Twitter @tesstakesphotos

OPINION

Missing spark

Tosh Grissom

USA Basketball roster lacks notable star power

The Dream Team had Michael Jordan.
The Redeem Team had Kobe Bryant. The
Supreme Team had LeBron James.

This year, the U.S. Men's National Team will be led by Jimmy Butler, Carmelo Anthony and Harrison Barnes?

Team USA once again enters the Summer Olympics as the heavy favorite, but a lack of premier talent has resulted in a general lack of interest from fans around the country.

To be fair, there are some highly recognizable names on the roster for the red, white and blue. NBA Finals champion Kyrie Irving handles business at the point guard position, while recent Golden State Warriors signee Kevin Durant returns as the team's leading small forward.

But beyond the previously mentioned players, it's hard to find a true NBA superstar on the roster.

James declined to travel to Rio de Janeiro in order to rest after a historic playoff run with the Cleveland Cavaliers. NBA MVP Stephen Curry provided a similar response after injuring his knee, and Oklahoma City point guard Russell Westbrook chose not to accept a roster spot after speaking with his family and friends.

As a young kid, I used to be thrilled to see basketball legends suit up in our coun-

try's colors to represent the United States during the Olympic Games.

Neighborhood children would spend summer afternoons gathered around the

television to watch Vince Carter's electrifying dunks or Dwayne Wade's ball-handling abilities. Afterward, we would gather in the driveway to play pickup games and pretend we were playing for a gold medal.

The magic of that moment seems to have been lost throughout the years, as an increasing number of NBA superstars decline spots on the Olympic roster.

While many prominent athletes have voiced their concerns regarding the conditions in Rio de Janeiro ahead of the Summer Games, the opportunity to represent one's country should still inspire the best in the business to take the court.

I also understand the need for NBA teams to protect an investment by resting key players during the offseason, but even multimillion-dollar athletes in other sports wouldn't dare miss the chance to take part in such a historic event.

When the U.S. Men's National Team kicks off play in early August, I will be watching. But with a lackluster roster of second tier talent, you can bet that my attention will be limited.

Josh Grissom can be reached at arg-sports@uidaho.edu or on Twitter @GoshJrissom WOMEN'S TENNIS

First round loss

For more sports content, visit

thevandalnation.com

Third time wasn't the charm for Idaho's women's tennis team

> **Tess Fox** Argonaut

May 13 marked the third time the University of Idaho women's tennis

team competed in the NCAA tournament. The Vandals (19-9) lost the first round to Pepperdine (22-2) in Malibu.

Despite the loss, Idaho women's tennis coach Maria Cobra was pleased with her team.

"The girls carried themselves very positively," she said. "I think we had a good run. We definitely left it all (on the court)."

Idaho started behind, giving up the doubles point to Pepperdine. Freshmen Celine Kotes and Maria Tavares lost the first doubles match 6-1. Senior Belen Barcenilla and sophomore Ana Batiri lost their match 6-2. The last match was less one-sided. Junior Claire Yang and freshman Marianna Petrei lost by just two points, 5-3.

Cobra called Pepperdine an incredibly solid team.

"They play good doubles and got that early scoring," she said. "Everything was close."

The game became closer in singles play. The Waves earned the first three

singles points. Michaela Capannolo won the first point, with a 6-1, 6-0 on the No. 6 court against Yang. Dzina Milovanovic won 6-2, 6-2 over Batiri on the No. 3 court. Despite an early lead, Petrei was unable to overcome Luisa Stefani of Pepperdine. The 6-3, 6-2 loss on the No. 1 court gave Pep-

perdine three points over Idaho. Stefani is ranked as the sixth ranked player in the country.

Tavares won her first match 6-4, but ultimately lost the point to Pepperdine.

Kotes lost on the No. 2 court 6-3, 6-2. Barcenilla fell 7-6, 2-0.

Petrei was named Big Sky Player of the Year this season, boasting a 22-3 record. She broke the school record for highest winning percentage, .885. Mary Pat Wheeler set the previous mark of .862 in 1979. Petrei and Badillos tied the record for double winning percentage, .993, finishing 14-1. They will share the mark with Sunel Nieuwoudt and Jessica Hubbard, who set the record in 2005.

Cobra is confident that the team will return next year.

"When you play a good team like that, they don't drop," she said. "Overall we had good matches."

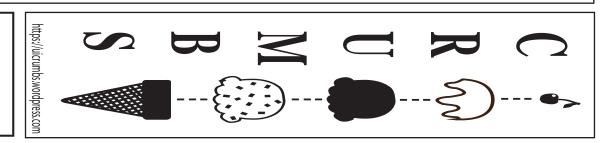
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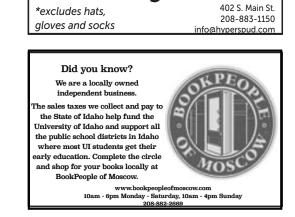


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University of Idaho home games

Sep. 1 - Football vs. Montana State, 6 p.m., Kibbie Dome Sep. 17 - Football vs. Washington State, 11 a.m. (Pullman)

Aug. 21 - Soccer vs. Grand Canyon, 1 p.m., Guy Wicks Field Aug. 26 - Soccer vs. Gonzaga 5 p.m., Guy Wicks Field

Sep. 30 - Soccer vs. Northern Colorado, 4 p.m., Guy Wicks Field





Sep. 9 - Volleyball vs. George Washington, 9:30 a.m. (Pullman) Maryland Eastern Shore, 5 p.m. (Pullman)

Sep. 10 - Volleyball vs. Washington State, 1 p.m. (Pullman) Sep. 15 - Volleyball vs. Wyoming, 4:30 p.m., Memorial Gym

Sep. 16 - Volleyball vs. Tennessee Tech, 12:30 p.m., Memorial Gym

Oregon State, 7 p.m., Memorial Gym

Sep. 29 - Volleyball vs. North Dakota, 7 p.m., Memorial Gym

Nov. 11 - Big Sky Championships, TBA, U of I Golf Course



Sports briefs

Three more years

The Idaho State Board of Education approved a three-year contract extension for Idaho head football coach Paul Petrino June 17.

When Petrino was hired in 2012, his contract expired December 31, 2015. It was renewed for two years, set to expire in December 31, 2017, pursuant to the terms of the original employment agreement. The newest extension adds three more years, securing Petrino's position through 2020.

The extension brings Petrino's annual base salary from about \$175,000 to \$178,526.40. His media payment of \$215,000 remains.

Last year's 4-8 season was the best of Petrino's head coaching career. After two more years in the Sun Belt Conference, Idaho will join the Big Sky Conference in 2018.

Petrino has several bonuses up for grabs \$25,000 for a minimum of seven regular season wins, \$10,000 for winning conference coach of the year, \$25,000 for reaching a non-BCS bowl game and a monthly car allowance of \$400.

score exceeds 940, Petrino will receive an

additional \$10,000. If the score exceeds 960, he will receive \$20,000. The scores are out of 1,000.

Idaho earned a score of 904 for the 2014-2015 school year.

Petrino is the second coach to receive a contract extension this year. Idaho women's soccer coach Derek Pittman signed a threeyear extension in April.

Ready, set, run

The Idaho cross country team released their five meet schedule this week.

The season begins at the Clash of the Inland NW September 1 in Colfax, Wash. Next, Idaho faces Gonzaga in a dual meet September 17 in Spokane. The Vandals will head to Seattle for the Washington Invitational against the Huskies October 1. The regular season closes with the Montana Invitational October 15 and the Inland Empire Classic October 28 in Lewiston.

Idaho will host the 2016 Big Sky Cross Country Championships October 28 on the UI golf course.

All that Utah Jazz

Former Weber State power forward Joel If the team's Academic Progress Rate Bolomboy was selected by the Utah Jazz

Draft June 23.

Bolomboy is the 17th Wildcat to join an NBA team. The last was Damiak Lillard, who was drafted by the Portland Trailblazers in 2012.

Bolomboy is the Big Sky all-time rebound leader with 1,312 career rebounds. He is ranked fourth in blocks and fifth in field goal percentage.

The Wildcats won the Big Sky tournament championship last year and took a trip to the NCAA tournament. Bolomboy earned conference MVP and Defensive Player of the Year.

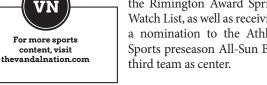
Another arrest

Idaho center Steven Matlock was indefinitely suspended in June after being cited an alleged theft.

Matlock has been accused of leaving Rosauers grocery store at 8:54 p.m. June 21 after not paying for two 30-count cases of Keystone Light worth \$42.38 according to Moscow Police.

Matlock, who turned 21 on June 30, has been "suspended until the matter is resolved," University officials said.

He was recently selected for the Rimington Award Spring Watch List, as well as receiving a nomination to the Athlon Sports preseason All-Sun Belt



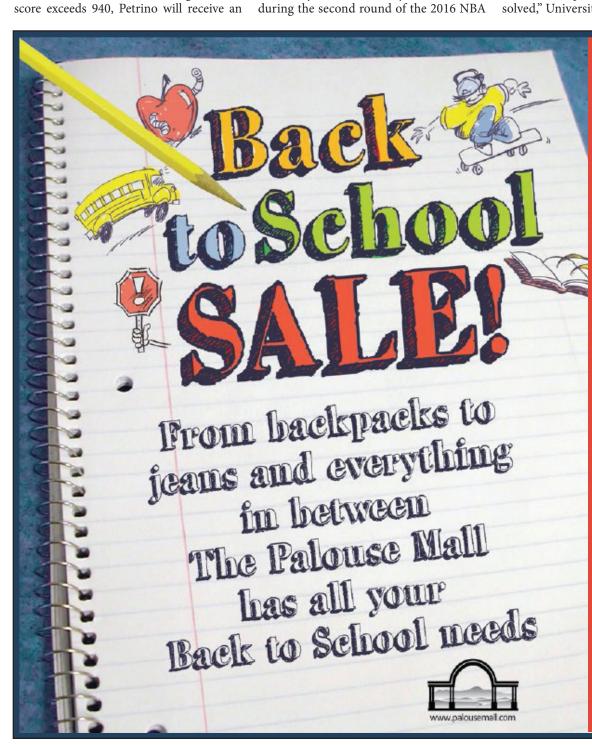
Honors for three golfers

Three members of the Idaho women's golf team were recognized for academic excellence by the Women's Golf Coaches Association. Freshman Sophie Hausmann, sophomore Kendall Grey and junior Amy Hasenoehrl have been named All American scholars.

To receive the award, players must have at least a 3.5 grade point average for the fall and spring semesters. 828 players across all divisions earned the honors for 2015-2016.

"I'm proud of the girls because this recognition has the toughest criterion of any of the various coaches association's academic awards" said coach Lisa Johnson.

Hausmann won the individual Big Sky Conference Championship. The women's golf program has had perfect 1000 APR scores for the past five years.



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ODINION

Women's basketball projected starters

Idaho women's basketball team will receive starting shakeup

The Idaho women's basketball team will return two of its five starters from last season. The team will be looking to fill the voids left by Christina Salvatore, Connie Ballestero and Ali Forde. With no forwards on the roster, Idaho is left with a plethora of guards and posts.

This could require current players to shift their roles, or a new team member to step up into a starting position.

After winning the Big Sky Tournament and punching a ticket to the big dance, Idaho will be vying for another trip to the big leagues.

Karlee Wilson - Point guard

Wilson started in every game last season. She moves the ball down the court at breakneck speed, a skill that comes in

> handy against bigger, stronger Big Sky opponents. Last season, she set a career-high 51 steals. Wilson will be one of the team's senior leaders this year.



Pierce provided Idaho with a steady stream of buckets as soon as she stepped on the court. She's second in school history for the most three-point shots, 88, which is 21st in the NCAA. Pierce also scored the gamewinning buzzer beater to help Idaho win

86-83 over Weber State and advance to the Big Sky Tournament semifinals.

Mikayla Ferenz - Guard

Ferenz came up huge for Idaho throughout the season as another steady hand from three. Ferenz was awarded Big Sky Tournament MVP with 67 points during the tournament. The sophomore has already proven herself to be a huge asset to the team.

Geraldine McCorkell - Post

McCorkell has proven a force to be reckoned with. Her strong play on both sides of the ball often transcends her given position of post. Because of this, McCorkell's role could transition to forward. Currently, Idaho's roster has

no forwards. If she remains a post for Idaho's starting lineup, the last spot will need to be filled by a forward, possibly a freshman or transfer student.

Brooke Reilly - Post

If McCorkell's role does shift, this fifth spot on the starting lineup will open for a post player.

Before taking a redshirt during the 2015-2016 season, Reilly reached double-digit scores in rebounding eight times and blocks twice during the 2014-2015 season. Even if McCorkell remains a post, it's likely Reilly will still be part of the starting lineup with her ability to defend the basket.

Tess Fox can be reached at arg-sports@uidaho.edu

Men's basketball projected starters

Idaho men's basket basket returns a majority of starters

The Idaho men's basketball team is fortunate because the program returns four of its five starting members for the 2016-2017 season.

However, the team will look to fill the role left behind by senior transfer guard Chris Sarbaugh, who helped drive the squad through rough waters.

Perrion Callandret -Point Guard

Despite suffering a foot injury midway through the season, he finished as

the team's second leading scorer. As a senior, Callandret will need to provide a leadership role for Idaho's young talent.



Josh Grissom Argonaut

Victor Sanders -Guard

The sophomore was the surprise of the Big Sky Conference last season. Sanders finished as the team's leading scorer and averaged 15.9 points per game for Idaho last year. The sophomore

guard's hot hand from behind the arc often proved to be a deciding factor in the closing minutes of many conference matchups. Fans should expect even bigger numbers from Sanders next year.

Chad Sherwood - Guard

The sophomore stepped up in a big way for the program. Sherwood shot 42.2 percent from 3-point range as a starter in 13 games for Idaho. The Vandals possess many talented guards, but Sherwood's performance has established him as the frontrunner for the third guard position.

Arkadiy Mkrtychyan -Forward

During the preseason, Mkrtychyan was touted as one of the prominent forwards in the Big Sky Conference. A knee operation set him back considerably. Despite this, Mkrtychyan was able

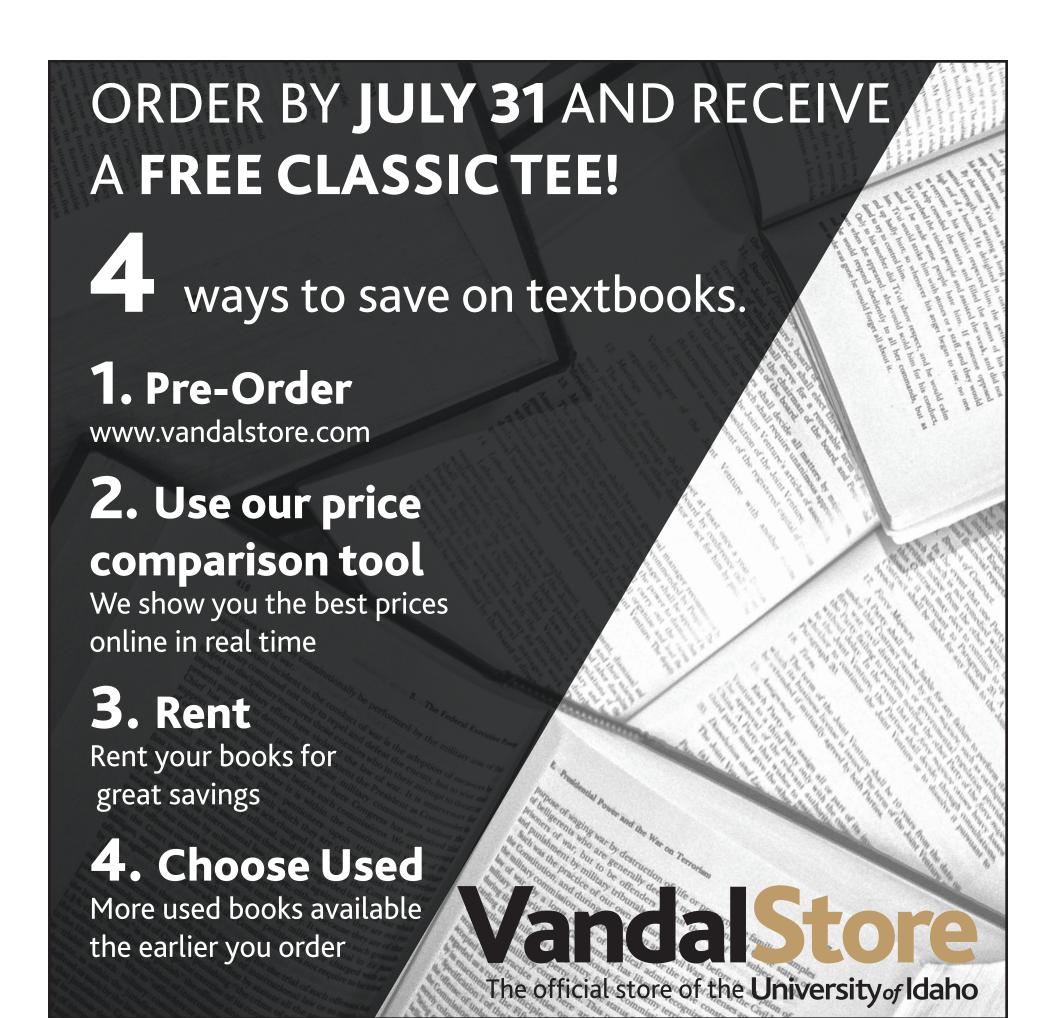
to provide strong performances. He finished the season with 227 points and 117 rebounds.

Ty Egbert - Forward

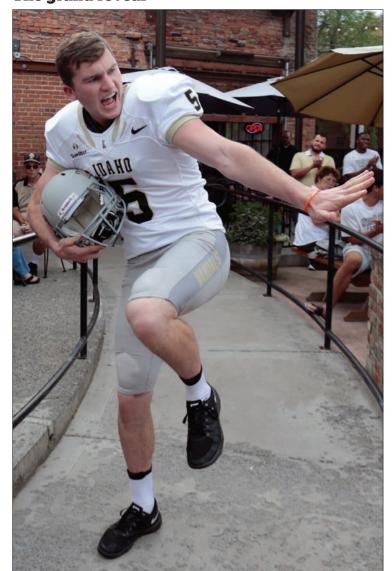
The final roster spot will prove to be a tough decision for Idaho head coach Don Verlin, as both junior forward Ty Egbert and redshirt power forward Nate Sherwood have shown promise within the team's system. Verlin will likely go with Egbert.

The junior walk-on exceeded expectations last year, averaging 6.6 points per game and shooting 55.4 percent from the field.

Josh Grissom can be reached at arg-sports@uidaho.edu



The grand reveal





Left: Senior kicker Austin Rehkow poses for a photo at the Vandal Jersey Reveal Monday at Martin's Square. The event showcased soccer and football uniforms for 2016. In a brief statement, head coach Paul Petrino told the crowd to expect to buy bowl tickets this year. Right: Amanda Pease and Elexis Scholssarek model the senior soccer kits.

One best under 30

Assistant coach is nationally recognized opportunity will really help her in her growth for excellence in coaching

> **Tess Fox** Argonaut

Idaho assistant soccer coach Laura Jackson has been noticed for her achievements. Jackson was named to the National Soccer Coaches Association of America (NSCAA) as one of the best "30 under 30" coaches in the nation.

The program recognizes 30 young coaches, male and female, from the club, junior college and collegiate levels.

"It's an amazing honor to be recognized by the NSCAA as one of the top young coaches in the country," Jackson said in a press release. "I look forward to using this opportunity to help teach and learn from others across the nation as I continue to develop as a coach and as a person."

The program is a year-long mentorship and educational opportunity for those who have made coaching soccer their career. It aims to support new coaches and foster growth in the early stages.

Idaho women's soccer head coach Derek Pittman said he is thrilled for Jackson.

"I'm proud for Laura to get the opportuty to be included in the NSCAA 30 Under 30 program," said Pittman in a press release. "She Oregon 5 p.m. August 15 at Guy Wicks Field. is an up-and-coming coach that is very hard working and deserving of this honor. She is a tremendous asset to our program here at Idaho and is always seeking ways to improve herself. This

as a coach as well as benefit all of us as a part of Vandal soccer."

The 2016 season will be Jackson's fourth with the Vandals. Jackson helped lead Idaho to their best season in program history in 2015, winning the Big Sky Regular Season Championship. The team set school records for goals, assists, points and shutouts. Eight Vandals earned All-Big Sky accolades and five were placed on an All-Big Sky

She holds an NSCAA Premier Diploma, a USSF D coaching license and the FA GK Level 1 diploma. During her first year at Idaho, Jackson worked with goalkeepers before transitioning to field players her second year on.

Jackson began her collegiate soccer career at Syracuse, where she started 18 of the 19 games as a freshman. She transferred to Iona College. Jackson was voted team captain as a senior and earned two All-MAAC selections. After graduating with her bachelor's degree in biology, Jackson came to Moscow. She graduated from Idaho with her master's degree in Neuroscience in 2015 and is working on a PhD in Sports Psychology.

Jackson is originally from London, England. The Idaho women's soccer team kicks off its season with an exhibition game against Eastern

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WOMEN'S BASKETBALL

Pros down under

Vandals sign international professional basketball contracts

> Tess Fox Argonaut

Former Vandal posts Renae Mokrzycki and Tayla Corrigan have returned to their native Australia to begin their professional careers.

Mokrzycki is playing with the Sandringham Sabres of the Southeastern Australia Basketball League. So far, she has averaged 6.3 points and 5 rebounds per game.

As a Vandal, Mokrzycki averaged 7.3 points per game and played in all 34 games for Idaho. She had a 5.14 field goal

Mokrzycki transferred to Idaho from North Idaho for the 2014-2015 season. She set career-highs with 20 points against Texas Tech and 15 rebounds against Abilene Christian

"Renae had by far her best year for us," Idaho women's basketball coach Jon Newlee said in a press release. "No matter what she did, she was productive."

Both received general studies degrees in May.

Corrigan is playing for the South Adelaide Panthers in the Adelaide Premier League.

She has played three games since joining and scored a career-high 15 points in her first game.

"Tayla came in from junior college with the goal to go home and play professionally," Newlee said. "Her accomplishment of that goal shows how much depth we had on this year's championship team. She did not always get a ton of minutes, but she was a worker."

Corrigan played 23 games for Idaho and set a career-high of five rebounds against Idaho's first game against Portland State.

Corrigan and Mokrzycki are the second and third graduates from the class of 2016 to sign international contracts. Ali Forde signed with Bad Aibling of the German Bundesliga in June.

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And the team goes to...

Rehkow leads Idaho with a first team selection, awards lists

> Tess Fox Argonaut

Nine Idaho football players have been selected for the Athlon Sports' preseason All-Sun Belt football team. Senior kicker/ punter Austin Rehkow was named to the first team list for both positions.

Rehkow is the all-time punting average leader at Idaho. In 2015, he led the Sun Belt in field goals per game, punting average and ranked second in field goal percent.

In addition to his first team selection, Rehkow has been placed on the watch list for the Ray Guy Award and the Lou Groza Award.

He was a Guy Award finalist during his sophomore year. During Rehkow's junior year, he was a semifinalist for the Groza Award, listed by both the Guy and Groza awards.

This year's Groza award list is made up of 30 kickers and 27 punters on the Guy award list. Austin Seibert of Oklahoma is the only other player on both lists.

Senior receiver Callen Hightower, senior tight end Buck Cowan and junior lineman Jordan Rose received second-team rankings.

Cowan finished last year's season fourth in the nation with 48 receptions for 624 yards and four touchdowns. He has received mention on the Mackey Award Watch List, which honors the best collegiate tight end.

"Trent is very deserving of this honor," Idaho head football coach Paul Petrino

said in a press release. "He is a very dedicated player. His work ethic and attention to detail serve as examples of how to do things right."

Hightower averaged 5.2 catches per game. He was ranked fourth in the league and 56th nationally.

Senior center Steven Matlock, redshirtfreshman linebacker Kaden Elliss and senior defensive back Jayshawn Jordan qualified for the third-team.

Matlock was recently named to the Rimington Award Watch List. He is one of four Sun Belt players and among 58 FBS players to make the spring watch list. The list recognizes the nation's top center annually.

After becoming a starting linebacker, Elliss was the second-leading tackler for Idaho.

Jordan was injured for the 2015 season and will return in the 2016 season.

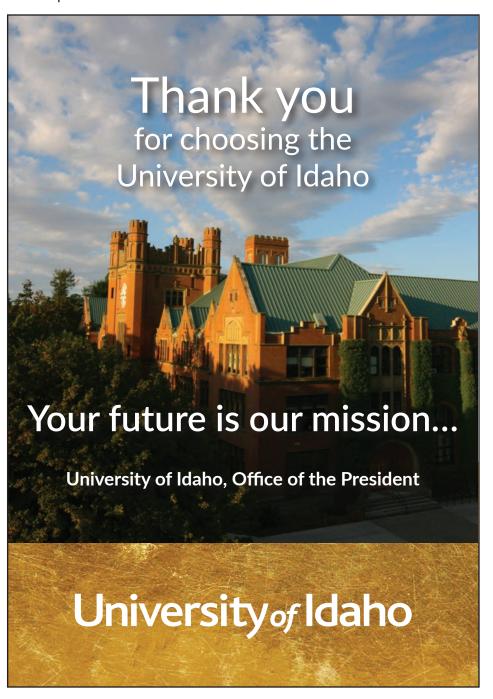
Junior quarterback Matt Linehan and senior tight end Deon Watson were chosen for the fourth-team.

Linehan led the Sun Belt in completion percentage, completions per game, total passing yards, passing yards per game and total offense per game. He ranked third in yards per pass attempt and fourth in pass efficiency.

Watson was the fourth-leading receiver with 551 yards on 42 catches and seven touchdowns.

The Vandals kick off the 2016 season against Montana State 6 p.m. September 1 in the Kibbie Dome.

Tess Fox can be reached at arg-sports@uidaho.edu or on Twitter @tesstakesphotos



WOMEN'S GOLF

Canadian contribution

International phenom earns recognition as member of Idaho women's golf team Mihaela Karst

ihaela Karst Argonaut

Michelle Kim has provided a strong cornerstone for the Idaho women's golf program during her freshman season with the team.

Kim joined the squad as the No. 1 junior golfer in Canada and ended her first year as the Big Sky Conference Freshman of the Year.

"She's been extremely steady and she's a solid ball-striker and a great putter," Idaho head coach Lisa Johnson said. "She's very even emotionally on the golf course, and all of that has translated into good play this year." Kim said she was prepared for the jump from junior golf to the NCAA because of her strong performances during her senior year of high school.

"It's always a big step to go to the next level," Johnson said. "But her teammates really helped out with that and helped ease her mind when she came to college and helped show her the ropes."

Kim said the inviting atmosphere of Moscow and the chemistry with her teammates have allowed her to grow during the transition to collegiate golf.

Johnson said Kim has helped strengthen the team's overall dynamic.

"She fits in with the team very

well," Johnson said. "She's very positive and she's an extremely hard worker, so she leads by example." Johnson said Kim's short game has greatly improved over the course of the year. She said one aspect the freshman has struggled with is distance.

"The things that I always stress with Michelle — and that I really hope she'll continue to work on as she gets older — is playing her own game and playing within herself to get rid of all that noise," Johnson said. "The more she can believe in herself and trust in herself, the better she'll score as she gets further into college."

Kim said training with the Vandal program will allow her to reach her personal goals, which include earning an individual

title and her pursuit of a professional career.

"I'm slowly starting to experience a higher level of competition for sure," Kim said. "I feel like college golf is slowly helping me prepare for the professional life

that I want to go into after I graduate." Johnson said the freshman has the talent and potential for a professional career.

"You have to be extremely confident in your game and have a very strong technical game, but you have to put in lots and



File photo by Tess Fox | Argonaut

Freshman golfer Michelle Kim was selected as the Big Sky Freshman of the Year in May.

lots of hours of practice,"
Johnson said. "Michelle is a hard worker, but in a college environment it's not as easy to practice as much as you do once you get into the professional level."

Johnson said Kim's experience as a member of the Canadian National Women's Golf team provides the freshman with a new realm of coaching guidance.

"She has a national team coach and they go to training camps in the South for

the winter and they're required to play in certain events, so she gets a whole new level of coaching," Johnson said. "She's a very coachable person."

Kim said she hopes to improve herself as an individual during the remaining three years of collegiate competition.

"I really want to use these next three years to help me prepare for turning professional," Kim said. "I know the University of Idaho women's golf program can help me get there."

> Mihaela Karst can be reached at arg-sports@uidaho.edu

WOMEN'S BASKETBALL

Freshman to MVP

Josh Grissom Argonaut

When Walla Walla High School basketball standout Mikayla Ferenz began her college recruiting, she said she wanted to find a program near her hometown in Washington state. It did not take the recruit long to settle on the Idaho women's basketball team.

"It was really important to me that it was close to home, because I wanted my parents and siblings to come watch me play," Ferenz said.

After stepping foot on the Moscow campus, Ferenz said she knew she had found the right school.

"When I visited, I felt like I would fit in very well here," she said. "There was no drama, and all of the team members were very close with one another. It was really what I wanted."

The Walla Walla recruit said she was also drawn to the program by the success under head coach Jon Newlee.

"I saw that the team had won the WAC two years in a row and had gone to the NCAA Tournament," Ferenz said. "That was always a dream of mine — to play in the NCAA Tournament."

Ferenz saw that dream become a reality in March, as she stepped onto the court in Waco, Texas, to face No. 1 seed Baylor in the tournament's opening round.

"It was so cool to be there," she said.
"The atmosphere was incredible, even though the fans weren't cheering for us.
It was truly something special."

The freshman guard's journey to the NCAA Tournament initially began on

the sidelines. Although Ferenz saw consistent minutes on the hardwood for the Vandals, she spent most of her time on the bench during the first half of the season.

Ferenz's transition to a key contributor to the Vandal offense began midway through the season, during the team's Feb. 6 meeting against Northern Arizona. Ferenz led the Vandals with 25 points on 9-16 shooting in the 76-59 Idaho victory.

The freshman would then start in seven of the team's 11 remaining matchups, including all three of Idaho's games in the Big Sky postseason tournament.

"I did not expect to play much when I first came here," Ferenz said. "Obviously I hoped for it, but I didn't think I would get as many opportunities as I did. I think that really helped with my confidence."

Ferenz would anchor the team during the Big Sky Tournament, leading all competitors with 67 points to earn tournament MVP honors. The freshman hit 16 treys during conference postseason play and scored 18 points in the team's 67-55 victory over Idaho State in the championship.

"I was so nervous," she said. "I could barely eat before the game. But once I got into the game, I was fine. Usually the more nervous I am, the better I play."

Ferenz said she could not describe her emotions after the final buzzer rang in the tournament. "It was the greatest feeling of my life," she said

The sharp-shooter said she is excited to develop a further chemistry with freshman teammate Taylor Pierce.

"At first it felt like we were kind of

Freshman transitions from bench player to key component for Vandal women's basketball offensive drive

66

...once I got into the game, I was fine. Usually the more nervous I am, the better I play.

Mikayla Ferenz, freshman guard

competing for the same spot," she said. "But I feel like we both kind of found our role on the team. And now we just feed off the energy of each other."

Ferenz said her favorite memory was the team's road trip to compete in the Cancun Challenge. The team faced Duke, Texas State and Iowa State during the trip.

"We were playing against nationally-ranked teams, but that wasn't the only thing," Ferenz said. "We got to swim with dolphins and we were right on the beach. It was just so fun."

The freshman said she was hesitant to face national powerhouse Duke during one the first games of her collegiate career.

"Our seniors were really good about telling us that it doesn't matter who they are and that we can compete with anybody," she said. "To actually play with them and only lose by six gave us a lot of confidence."

Ferenz said she hopes to help incoming freshman easily adjust to the atmosphere of college basketball.



File photo by Tess Fox | Argonaut Mikayla Ferenz scored 67 points during the Big Sky Women's Basketball Tournament in March.

"I want to try and build their confidence, because I know that I didn't have a lot of confidence coming in," she said. "I want to encourage them and show them that I messed up all the time and got yelled at, but you just have to learn how to not take it personally."

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WE CAN HELP WITH ...

- Successful Transition to College Life
- Academic Success
- Celebrating Multicultural and Diverse Communities
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- Opportunities to meet new friends and community members

ATTEND ...

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- Open House (August 31; 2-4 p.m.; TLC 229 & 230)
- Campus Wide Cultural Programming
- Workshops, Trainings, Discussions, and More
- PACE (Peer Advising on the College Experience) Mentor Program

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- Multicultural Greek Life
- Academic and Professional Student Organizations
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THE STUDENT DIVERSITY CENTER INCLUDES ...

- Student Lounge and Study Area
- Meeting and Conference RoomComputer Lab and Printer
- Kitchen Area
- Study Table Hours
- Vandal Food Pantry Site

WOMEN'S BASKETBALL

lowa to Idaho

New post coach settles into Moscow after stints in California, Iowa

Jack Olson

Idaho Women's Basketball has a new assistant coach. Steven Fennelly joins the Vandals'



coaching staff and will focus on development of post players, video editing

and scouting opponents. Fennelly comes from three years of assistant coaching at California State Fullerton and considerable basketball video

experience at his alma mater, Iowa State. He said he is excited to join the Vandals.

"This program has had great success," Fennelly said. "Going in the right direction, and being around good people. It's something I've always wanted to be a part of."

Fennelly said his time will be mostly spent editing and organizing video. He said he should be able to have any scouted video the coaches or players may need.

"If they say, 'I want to see the six best offensive plays from so-and-so, I'm able to have everything organized, and at the drop of a hat, whatever anyone needs on staff, I can get it to them," Fennelly said.

He said the coaching staff and everyone he's met in Idaho athletics has been welcoming and is getting him exciting for the upcoming year. He said he met five of the players.

"Obviously, they have some skill.

They can play basketball, and even more of a point, they're good people.

Steven Fennelly, Vandals

They can play basketball, and even more of a point, they're good people," Fennelly said.

Fennelly said he had always heard great things about Idaho coach Jon Newlee, and that when he talked to him on the phone, it just felt right. Newlee said he was thrilled to bring Fennelly onto the team.

"I really love his level of energy," Newlee said. "His basketball IQ is fantastic for being such a young coach. We are excited to have him help this program continue to climb and keep winning championships."

Once the season starts, Fennelly said there probably won't be a day he doesn't go home and watch video. He said video is a huge part of getting ready to play an opponent. In addition to scouting and post-player development, he will also oversee equipment and camp.

He said Moscow reminds him of his home in the midwest.

"I love Moscow," Fennelly said. "I'm definitely very excited for the opportunity and happy to be part of such a winning and successful program."

Jack Olson can be reached at arg-sports@uidaho.edu

Sports briefs

Goodbye

Quarterback Jake Luton announced July 6 he will be transferring to Ventura College in a Twitter post. Luton did not cite a reason for his departure.

"First and foremost I want to thank all my teammates, coaches and advisors that helped me throughout my time at Idaho," Luton said in a tweet announcing his departure in June. "I want to thank all of the fans for supporting both myself and my team. I wish Vandal nation nothing but the best in this upcoming season and in the future. I will forever appreciate my time spent in Moscow." Luton led the first-team offense during the spring season, as junior quarterback Matt Linehan watched from the sideline with an injury.

He played in six games last season, completing 51 of 80 passes for 402 yards. As a goal-line rusher, Luton finished the season with five rushing touchdowns.

All the honor

More than 40 Vandal student athletes were honored with membership on the 2015-2016 Spring All-Academic teams. Eligibility is earned through participation in at least half of the team's competitions, a 3.2 cumulative grade point average at the end of the most recent term and completion of at least one academic term at the athlete's current Big Sky institution.

From the men's golf team, sophomore Ian Kim and senior Scott Riley were

Sophomore Kendall Gray, junior Amy Hasenoehrl, freshman Sophie Hausmann, freshman Michelle Kim, senior Cassie McKinley and senior Kristin Strankman represented the women's golf

Freshman Mack Baxter, junior Christopher Black, freshman Kaizer Gillispie, sophomore Ed Hall, redshirt sophomore Dusan Jevtic, redshirt junior Ian Middleton, freshman Skylar Ovnicek, freshman Drew Schultz, freshman Dwain Stucker, redshirt senior Matt Sullivan and freshman Levi Wintz represented the men's outdoor track and field team.

For the women's outdoor track team, junior Emma Balazs, freshman Kaleala Bass, junior Kolcie Bates, sophomore Nicole Carter, freshman Andrea Condie, freshman Lauren Curlanis, junior Ally Ginther, senior Kinsey Gomez, freshman Erin Hagen, redshirt sophomore Meghan Palesch, junior Marquita Palmer, redshirt junior Katelyn Peterson, redshirt freshman Jenna Phipps, sophomore Alex Siemens, freshman McCall Skay, redshirt freshman Sierra Speiker and freshman Kara Story qualified.

Men's tennis was represented by sophomore Mark Kovacs, freshman Artem Vasheshnikov and freshman Lucas Coutinho. The women's tennis team also added three athletes, freshmen Celine Koets, Maria Tavares and Marianna Petrei.

Almost 650 student-athletes across the Big Sky earned academic honors.

Above the mark

The Idaho women's swim and dive team has been honored as a Scholar All-America Team by the College Swimming and Diving Coaches Association of America.

"We are incredibly proud of these impressive young athletes," Idaho swim coach Mark Sowa said in a press release. "We try to recruit swimmers and divers who expect greatness in the pool and the classroom." The team posted a grade point average

of 3.37 during the spring semester. To qualify for the award, a program must have a GPA of 3.00 or higher. In addition, eight freshmen were recognized by the Western Athletic Conference for their success in the classroom. Freshmen Emily Bruneel, Vivian Crow, Sarah Hall, Erica King, Emily Kliewer, Janelle Lucas, Aileen Pannecoucke and Clothilde Peseaux earned their recognition by posting a cumulative GPA of at least 3.2 and competing in at least 50 percent of the team's meets. "This class has the potential to be among the best classes that have ever competed for the Vandals," Sowa said. "It was tremendous to watch them mature and grow in the water this year and it comes as no surprise that they bring that focus, desire and work ethic into the classroom

Another addition

Fabian Cardenas, of Umatilla High School in Oregon, signed with the Idaho Track and Field team June 14.

Director of Track & Field Tim Cawley said he is excited to see Cardenas compete for Idaho.

"Fabian is a talented young man with the ability to come in and have an immediate impact with our distance squad," Cawley said in a press release.

Cardenas is a seven-time Oregon state champion. He earned three track and field state championships in the 3000meters and two in the 1500-meters.

He ran the mile in 4:14.87 at the Pasco Invitational during his senior year. Cardenas will study exercise science, focusing on physical therapy.

A Vandal in Rio

Former Vandal Angela Whyte earned a spot on Canada's Olympic Team July 11. After finishing third in the preliminary competition, she took third in the final round to punch her ticket to the Olympics.

This will be her third trip to the Olympics. She competed in 2004 and 2008 and took sixth in the 100-meter hurdles in Athens.

Several other Vandals competed at the Canadian trials. Alycia Butterworth placed fifth in the 3000-meter steeplechase with a time of 10:05.90. Barry Britt earned sixth in the 5000-meters at 14:14.68. Russ Winger finished 12th with a throw of 54.11 meters. Melinda Withrow cleared 4.35 meters in the qualifying round of the pole vault, but was unable to pull through. Withrow tied for 11th after failing to clear 4.40 meters.

Olympic games begin August 5 in Rio de Janiero, Brazil.

Beyer attempts championship



After the collegiate season of track and field wrapped up in June, several athletes continued to compete in national and world championships.

Among them was sophomore thrower Austin Beyer.

Beyer finished 14th with a throw of 52.20 meters at the 2016 USATF Junior Outdoor Championships at the Veteran's Memorial Stadium in Clovis, California, June 24-26.

The meet served as a qualifying event for the IAAF U20 World Championships in Bydgoszcz, Poland. To qualify, an athlete must throw the javelin at least 68.70 meters.

The event was won by Arizona State's Hudson Keffer with a 70.05 meter throw. Keffer will compete in Poland July 19-24.

Beyer finished ninth in javelin at the Big Sky Conference Championships in Greely, Colorado May 13.

Shutout mindset

Defensive mentality drives freshman to succeed on the pitch

> Josh Grissom Argonaut

Defenders have always been the unsung heroes of soccer, but freshman defender Kelly Dopke is looking to change that mindset.

The California native has excelled in the backfield for the Idaho soccer program, anchoring the Vandal defense as the team blew past Big Sky opponents with an unbeaten conference run last season.

"At the collegiate level, defense is huge," Dopke said. "It is of great importance, because defense is what wins championships. If the other team doesn't score, it at least ends in a tie."

The defensive mentality of Idaho head coach Derek Pittman is what initially drew Dopke to the Vandal soccer team as a recruit

We came a long way from the beginning of the season and summer, working as hard as we possibly could.

Kelly Dopke, Vandals

from Arcadia High School.

"As a defender, he said he wanted someone who would compete in the air, and that's what I do best," Dopke said. "I compete in the air really well because of how tall I am."

exposure to the training environment of the program. "When I came for my

She said she also was encouraged by her



Kelly Dopke Defender

official visit, the atmosphere of the team was absolutely amazing," Dopke said. "Everyone was so united and were playing for each other. That whole atmosphere made me feel like this would be a great place to come."

She said she was officially sold on the program after a discussion with Pittman as to the types of defensive recruits he was seeking.

"Defense is not all about playing tickytacky, it's about finding people wide and keeping composed," Dopke said. "That's what drew me in, because I am a composed player on the ball. If need be, I can kick it as far as I can to clear it, but I want to win the ball in the air and be aggressive."

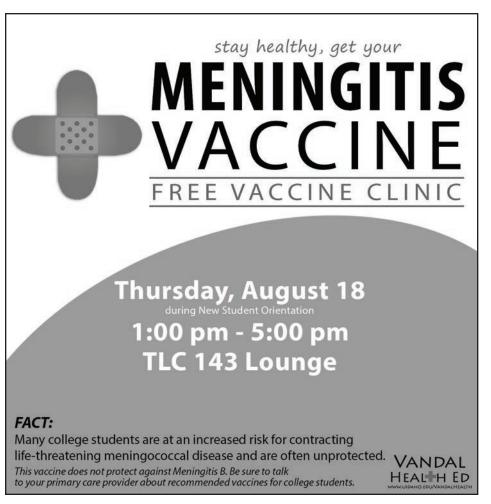
She said the Vandals' defensive mentality is a huge component to the team's success.

"It's a huge impact, because despite being the ones not getting the recognition, you have to know your role on the team," Dopke

The Vandals finished the regular season with a 9-0-1 record, earning the Big Sky Conference regular season title.

"It was definitely something special," Dopke said. "We came a long way from the beginning of the season and summer, working as hard as we possibly could. It truly showed in our performance because we came together as a team and took off from there."

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Ode to the big man Professional basketball has wrongfully devalued the role of the center

Scoring from beyond the arc is glamorous.

It's a shot that requires incredible accuracy. The prolonged moment of anticipation as the ball

floats toward the basket creates a collective breath among spectators. There is also the appeal of earning three whole points for only one shot — something made possible only after 1979.

Three-pointers are glamorous, but threepointers don't win championships.

Rebounding wins championships. Defense wins championships. Free throws win championships. And the little things that don't show up on the stats sheet —

those things win championships. The thrill-factor that comes

with scoring — and, largely, the guard position — can be blamed for the near extinction of a staple of basketball from an

older time: the center.

It's not simply the specific position that's disappearing either. The overall concept of post skills has been drastically devalued due to the overshadowing of behind-the-arc shootouts and the glorification of the point guard.

Think about traditional centers still relevant in today's NBA. Tim Duncan is still a solid asset for the Spurs, but the old man is on his way out. Dwight Howard's contributions are undeniable, but

he's no longer the icon he was with the Orlando Magic. But the value placed on these players isn't the same as in the days of Wilt Chamberlain, or even later when Kareem Abdul-Jabbar represented a league of unstoppable big men.

Now, younger NBA players who don the "C" beside their names on rosters, like DeMarcus Cousins and Anthony Davis, grew up in a basketball climate where guard skills dominated. Watch any of Cousins' highlight reels he often receives the ball far from the key, and utilizes ball-handling skills from a lifetime of training in guard-dominated environments to find his way to the basket.

The center is no longer the center from my father's childhood, and I think it comes down to one overriding factor: a need for consumer validation.

The people tuning in and buying tickets don't get to outright witness the effects of having a talented center on the floor. Something a big man provides is the in-and-out game — the ability for guards to take open shots due to the need for defensive pressure on the blocks — and the impact that has on a team's overall offensive capabilities is huge.

But it isn't on the stat sheet, and it's not on Sports Center. Aside from the occasional earthshattering dunk or brutal block, the contributions of a post player are often intangible. Even an impressive game of rebounding is overshadowed by an impressive game of scoring. The media wants Stephen Curry, not Marc Gasol. As a result, the game has changed in nature, starting with the young players who consume that media. It's a cycle that's made the fivespot on the floor almost obsolete.

I'll appreciate a good faceup on the block or hook shot until my dying day, but the same doesn't go for much of today's basketball-consuming culture. Just because the contributions of the traditional post player aren't always flashy or even visible doesn't mean they aren't there. I'd like to see a renewed appreciation for the art of the center position on all levels.

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ATLAS

FROM PAGE B1

Xavier Thames led Macedonia with 23 points. Thames plays in the NBA D-League for the Fort Wayne Mad Ants and played college basketball at San Diego State University.

Twymond Howard finished with 15 points and Honorable Mention All-Big 12 guard Jeff Newberry added eight points and three assists. Giovanne Woods, former Central Washington player, made seven points and four rebounds.

June 19 - Macedonia,

In a rematch, Idaho fell again to Macedonia Sunday in China.

After winning the first quarter 20-16, Idaho struggled defensively. Macedonia powered through the third quarter with an eight point lead to win the game.

Sophomore small forward Nick Blair was named to the All-Tournament Future Stars Team.

Junior forward Jordan Scott led Idaho with 15 points and eight rebounds. Senior point guard Perrion Callandret scored 12 points and four steals.

Freshman Trevon Allen finished with 11 points, and senior point guard Pat Ingram with 10 points.

Macedonia's Xavier Thames and Giovanne led both teams with 16 points each.

June 21 - Lithuania,

Idaho dominated the glass against Lithuania, outrebounding them 44-24 to grab an 83-61 win on June 21.

The Vandals outscored Lithuania in the first quarter 24-16 and were up by 15 points at the half. As the game progressed, Idaho continued to expand their lead.

Sophomore Tyler Brimhall led Idaho with 14 points, followed by redshirt sophomore Nate Sherwood with 13 points. Sophomore Jake Straughan added 11 points.

June 22 - Macedonia, 85-79

For the third time, Idaho fell to Macedonia 85-79.

After outscoring Idaho 18-10 in the second quarter, Macedonia took an 11-point lead into

Coming back from the locker room, Idaho fought back. They took the third and fourth quarters, but were unable to hold onto the lead.

Sherwood led Idaho with 16

Victor Sanders also finished with 16 points. Senior Perrion Callandret filled the box score with 12 points,

points and nine boards. Junior

Sophomore Tyler Brimhall went into double figures with 12 points.

four rebounds and five assists.

Macedonia shot 39.1 percent beyond the arc, with Idaho slightly behind at 36.7 percent.

The charity stripe made all the difference in this game. Macedonia attempt-

ed 23 shots, to Idaho's four. Macedonia's Xavier Thames led both teams with 25 points and Ratko Varda added 21 points.

June 23 - China, 102-94

China made the Vandals work. With their third game in three days, Idaho came up short and lost their final game to the Chinese National Team 102-94 in overtime.

The Vandals ended the first half ahead, 38-35. China leveled the score during the second half and forced overtime. The National Team proceeded to outscore Idaho 20-12 in the extra frame.

Sanders had his best night in China with 27 points, six rebounds and 100 percent shooting from the free throw line. Junior Arkadiy Mkrtychy-

an scored 18 points with five boards. Junior Jordan Scott and Sherwood added 13 and 11 points, respectively. China won the FIBA Asia

Championship last fall and will compete in the Rio Olympics in August.

Before their return to the States on June 25, the Vandals



visited the Great Wall of China. Scott said the experience was his favorite part. "You ski lift up, and then on the way down vou take a to-

boggan," he said in a press release. "It's this sledding lane, and you can go as fast as you want as long as you don't get yelled at."

He also enjoyed haggling with vendors at a silk market, but was not a fan of fried squid.

"I thought I could just throw it back, it'll be an experience," Scott said. "It was chewy, it had those things poking out. The texture didn't work for me."

Scott said the tournament was great preparation for the coming season.

"Seeing that we compete with teams like that really gives us a confidence boost going forward," he said. "If we can play eight games in 10 days in China we can play three games in three days in Reno. We showed that we can play well against some very, very good competition. That was encouraging. Even though we lost a few, we showed we could compete."

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FROM PAGE B1

Redshirt sophomore Arphaxad Carroll entered the meet and ranked 20th after the preliminary round in the long jump.

He ended his season with a 16th place finish and a leap of 7.40 meters June 8. Senior Jarrion Lawson of Arkansas won the event with a jump of 8.15 meters.

Carroll said competing in the NCAA finals was a learning curve and anticipates returning next year.

"It was a great experience to compete in Eugene around so much talent and I couldn't have asked for more," Carroll said. "I was glad to be competing and hope to be back in finals next season and hopefully win."

Cawley said Carroll's performance in the finals is just the beginning of what he can bring to the

"Arphaxad competed really well and is not afraid to compete," Cawley said. "He comes into any situation relaxed and is just a tremendous competitor. While I'm excited for his performance, he's not even close to his max potential. He was injured for most of the year, so he has yet to reach his maximal effort and we're both excited for next season."

> Luis Torres can be reached at arg-sports@uidaho.edu or on Twitter @TheLTFiles



CAMPUS PARKING PERMITS

All vehicles on campus require one by August 22nd!

Which permit color is right for me?

BLUE or RED = Off-campus commuter SILVER = Residential campus housing **GREEN** = Family campus housing PURPLE = Greek campus housing

How do I buy one now (and look at a parking map)? aims.parking.uidaho.edu

Questions? 208-885-6424 or parking@uidaho.edu

University of Idaho

July 20, 2016 PAGE B9

OPINION



Get acquainted with more opinions and follow us on Twitter.

@ARGOPINION

A warm welcome Students new to Ul will become a part of the Vandal legacy

ith July slowly coming to a close, fall semester is approaching. New students are sure to be looking forward to Aug. 22 with a mix of excitement and nerves. However, coming to the University of Idaho doesn't need to be daunting.

New students aren't alone. Not only are upperclassmen on campus willing to help new students, but there are also offices solely designed to support new students as they adjust to college life.

The Counseling and Testing Center offers free counseling services for students, and is a perfect place to go when the stress of classes becomes overwhelming or if a bout of homesickness sets in.

There are many other services offered through the university, from the campus dietician who assists students with their meal planning to the Student Recreation Center's wellness programs that offer quick training

courses for a wide variety of activities.

UI is a campus that is designed to benefit the students. Faculty, staff and administrators are all there to help. The student government, ASUI, is also open and willing to support students who are overwhelmed by adjustments that come with college.

Beyond campus, the Moscow community is a safe and amazing place where students can explore and ask questions. It is a place for students to discover new aspects of themselves and for them to try new experiences they never would have before.

UI is a place of discovery. With club sports such as equestrian polo, ultimate Frisbee and quidditch, or volunteer opportunities like Serving Your New Community (SYNC) and Make a Difference Day, there are so many organizations for students to be involved in.

Students will hear so many people in the coming month tells them to get involved

in campus life. Sometimes it can seem like it is just a catch phrase for the university. However, in order to meet new friends and learn what students like and dislike, it is important to take the stereotypical orientation slogan to heart.

Getting involved is one of the best ways to enrich the college experience, and UI offers clubs for students to be involved in and enjoy. All it takes to be involved is to ask for some direction.

College is an exciting, terrifying and all-around thrilling experience. There are official and unofficial resources out there to help new undergraduates, but what is important is for incoming students to know they are not alone in this journey. We are all Vandals, and we look out for one another.

Welcome to the Vandal family.

- CW

OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

Having a cat

10/10 would highly recommend. Tess

Cispus Magic

I miss camp and everything in it. Nobody here will ever understand why I love Mt. Triumph Leadership Camp. No one.

- Luis

Pokemon Go

Decided I would get on board with the growing craze, so I downloaded the app. Then I realized I'm in Alaska and there's no Pokemon up

- Josh

Constant reminder

Apartment goals

Decided to follow an ocean theme with my room decorations. It looks great and makes me want to go to the beach, then I quickly remember the closest one is eight hours away.

– Diamond

Watching HGTV for apartment inspiration may have turned me a little crazy. Who knew that hunting down the perfect throw pillow could be so exhilarating?

- Hailey

Summer days

First half of the day: investigative reporting. Second half: waiting tables. Equally taxing, both emotionally and physically. Journalism and lakeside dining are not for the faint of heart.

- Lyndsie

Breaking news

With how deadly this summer has been compared to past years, it's pretty clear we need to stop avoiding the important conversations we should have had a long time ago. At what point are these senseless tragedies going to be enough?

- Erin

If you see me

I'll probably be dancing. And you should probably be dancing, too.

– Jack

Summer bowling

As a long time golfer, I have never been so happy to have a score over

– Mihaela

Summer drag

With each work day blurring into the next, I think it's safe to say I am good and ready to return to Moscow and everything the small town has

– Tea

Becoming a Vandal

To those of you who will be coming to UI in the Fall, I just want to say welcome. You are now a part of the Vandal Family and the Vandal Legacy. Here's to new adventures. Claire

Moscow summer

My first summer in Moscow has blurred by in a spinning wheel of sunny moments, planting herbs, tea with friends, new AC, hiking, and reconnecting with nature.

- Catherine

Summer streaming

Decided I would utilize some of my summer hours catching up on popular television. Five first seasons later, of five shows, with six or more seasons — I'm in over my head. This will dip into the school year. And I still haven't finished OITNB.

Adults can be children too

Spent over half my summer managing staffs, and collaborating with students, peers, and mentors. It is now clear all adults are children - and I prefer to work with actual children, at least they call you out on your B.S.

- Nick



Megan Hall Argonaut

A time to explore

Almost every college freshman will, at some point in their first year of school, be told the same lie. Whether from a parent, a professor, a mentor or even a friend, chances are you will eventually hear the lie in

one form or another. The lie is most often told like this: "freshman year is the year where you will find yourself" or "this year you will plan what you want to do with the rest of your life."

Even worse, this daunting little lie doesn't stop being told after freshman year, just as a freshman isn't necessarily destined to "find" his or herself before their first year of college is over.

Argonaut

It is amazing how completely wrong yet believable those few words can be, but remember, don't take them to heart. College is a place to explore what makes you happy, but finding those things is never promised. Each semester is a chance to plan, but plans don't always go as expected.

If there is one piece of advice that you keep as you embark on a new experience at the University of Idaho, it is that you should take the time to explore every like and dislike and search for every possible in and out of the university to get the full college experience.

While in college you should set out to explore rather than find right away.

> Freshman year should be seen as a fresh start to learn, make mistakes and ride down any path you choose, even if it doesn't turn out to be the right one.

There is so much the UI campus has to offer. If you like the outdoors there are countless places to roam, and if indoor space is more your style, there are countless spots to take a break. Even if you find a place that suits all your needs of studying, relaxing and meeting up with friends, I urge you to break that routine and keep exploring the campus as long as you are there.

Although it may not seem like it, there is an entire world outside of the campus, and that world is the wonderful town of Moscow. Downtown Moscow really is the epitome of a college town. With shops, restaurants and cafes that fit every kind

of budget, there is something for everyone. It can become a habit to stay on campus or in your dorm most of the time, but don't let that be the case during your freshman year. The best part of college is having the freedom to go out and explore the new town you call home.

The first month of school, although busy, is a time to join clubs and activities that you may or may not have thought about ever trying in high school. I encourage you to try as many club meetings as you can handle and narrow down what speaks to you the most.

If your schedule allows time for a hefty amount of extracurricular interaction then go for it, but if only one extra activity is what you can handle in the moment, then stick with that. It doesn't matter how many groups you are a part of, it only matters that these groups give you a chance to learn and experience what college can offer.

Along with clubs and activities come new friendships. The college setting brings together all majors, interests and walks of life. You might just find that you and your new best friend initially had nothing in common, but that is what makes

experiencing different friend circles so great.

Freshman year is a time to

learn about and explore

life as a college student

One of the most significant decisions you will make while at college is your course of study. Picking a major is a big decision that shouldn't be taken lightly, but don't let the pressure get to you. With help from professors and advisers, you will have no problem exploring all options. Even though it may seem easiest to stick with the first major you choose, remember that you should do what makes you happy — not necessarily the easiest path.

Explore. Don't be confined to one space, one club, one major or one lifestyle. Chances are there won't be an earth-shattering moment where you find yourself and everything falls into place, and if there is, let me know your secret.

College is the perfect place to keep on searching and exploring so that one day, not right away, you might find exactly what you are looking for.

Hailey Stewart can be reached at arg-opinion@uidaho.edu or on Twitter @Hailey_ann97

The right to feel safe Legislators put second amendment rights over general feeling of safety

As of July 1, it became legal to conceal and carry a gun in the state of Idaho without a permit. This means that citizens over 21 can carry a concealed weapon without the usual required training.

Before I go any further, let me say I'm all for the second amendment. I don't partake in many gun-related activities, but I've used guns and my dad owns several. He has always been responsible with the guns, keeping them locked in a safe and only allowing my brother and I to use them while supervised at a gun range.

Americans have the right to carry guns. I'm not disputing that. I am questioning how far this right should go. Even Republican Gov. C.L. "Butch" Otter questioned parts of the recent relaxing of the law.

According to a report from NBC, Otter said, "While \$1389 is consistent with the U.S. Constitution ... I am concerned about its lack of any provision for education

and training of individuals who choose to exercise the right to concealed carry."

To earn a conceal and carry permit, an Idaho resident would complete an eight-hour training consisting of instruction of the state firearms laws, basic concepts of safe handgun use, self-defense and life-fire training

where the participant would be required to fire a minimum of 98 rounds. Seems reasonable, right?

My favorite comparison is driving a car. No sane person would give someone the keys to car if they'd never had proper training.

I recognize that there is no amend-

ment granting citizens the right to drive a car. However, cars are deadly pieces of metal that people maneuver around at high speeds. It is important to know how to operate a car properly and the rules of the road — just like it's important to know how to operate a gun and the rules for owning one in Idaho.

Idaho also has an open-carry law, meaning citizens can carry firearms in plain sight. While this still seems dangerous, at least I know who's carrying a gun in my immediate surroundings. Then, if I feel unsafe or uncomfortable, I can remove myself from the situation.

But with a no-permit conceal and carry law, I have no idea who has a gun and who doesn't have any training. That makes me nervous — the lack of training part specifically. Maybe in a small, rural town,



where citizens grow up learning to handle guns responsibly, this isn't anything to worry about. But in a college town full of people with diverse backgrounds and where dumb young people make dumb decisions, it

is concerning. This bill won't be going away any time soon. Let's face it - this is Idaho, and Idaho is a red state. If my dad has taught me anything, it's that I can only control my actions. I will remain vigilant and cautious. But if there's anything that won't solve the

national problem of gun violence, it is less gun safety education.

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The mirror points back

Call it civil unrest, civil war or civil rights, the racial tension in the U.S right now is deplorable. It shouldn't have to be said anymore — yet it does — which is beyond reason. It is 2016.

There is no excuse for the U.S., or any country at that, to be so racially divided, especially considering genetic scientists have confirmed the perceived differences between the so-called "races" of humanity equate to no more than 0.012 percent in genetic variation — these differences being skin color, eye shape, hand size, trunk capacity and hair quality.

Point being, there is little to no difference. And the same 0.012 percent dissimilarities in DNA between races are often found in people who share the same "racial background." So why are people up in arms, scared and murdered over qualities that don't exist?

Innocent people are murdered seemingly every week now due to profiling on visual principles fabricated by a society

too afraid to look in the mirror and realize all humans are the same. Because if people get a glance at their own reflection then suddenly those murdered men

> and women become their own brothers and sisters and that is too much to bear. It is much easier to pretend they are somehow different — more dangerous, less sophisticated, incapable of possessing emotional intelligence or self-control.

Only to make matters worse, these men and women are slain by the same people sworn under oath to protect them. There is

the real crime. Regardless of whatever legal infractions the many now-deceased individuals may or may not have committed. In the U.S. they are innocent until proven guilty.

Death, before any amount of legal fault can be assessed, is unconstitutional. Police officers taking the lives of minorities because they supposedly fear for their own is an impediment on their victim's right to a trial by their peers, and their right to life

The recent Dallas shooting of five police officers: Michael Smith, Brent Thompson, Patrick Zamarripa, Michael Krol and Lorne Ahrens is heartbreaking and unjustifiable. These men were murdered and the blame lies at the feet of their killer.

The man who killed these officers were immediate threats to the life of the deceased, their fellow officers and citizens standing by. They deserve to be passed for judgment of their crimes and Americans need to mourn.

Police work is a dangerous occupation and officers have every cause to fear for their lives in many situations. However, the danger and fear of their jobs should not be deflected onto the citizens they protect. Officers are present to secure the safety of all citizens and that includes the men and women at the end of their crosshairs.

After this attack, it seems police officers have become targets of violence resulting in death, which is a tragedy indicating a larger issue. Why are police officers now becoming targets for violent crimes? Because a collection of American citizens feel as though they are targets of the police. Still, that doesn't warrant the murder of police officers. Fear, anger and mourning do not give way to rational thought and humans across the board are prone to irrational actions when under duress. This often leads to violence, as we have seen this month and months preceding. Officers targeting minorities

Racial tension heats up in the U.S., calling the relationship between police and minorities into question

feel the same duress because they fear the potential actions of persons belonging to a specific "racial group," which again, does not warrant murder. All people possess the basic right to life, and unless threats are made with plausible cause to believe the intent is legitimate, there is no need for lethal force.

Fatal force should not be a solution to a standard police stop. Frequent incidents over the last several years exhibit the contrary, bringing the issue to light. All Americans do not feel safe or secure and it is not the duty of the American people to ensure they feel protected by their own law enforcement.

That duty falls onto the officers and overhead who run law enforcement. If minorities, or any other people, feel safe by the police there is no need for violent or insubordinate action on their part dissolving the issue almost entirely, or at least the issue being protested.

It's a matter of trust and respect. To receive it, you have to earn it.

There will always be crime, but not every black male is a criminal who wants to shoot a police officer. If police officers want to be respected, celebrated and trusted, they need to step up. Take responsibility for their actions and occupational culture, and be the protectors for all citizens as they are meant to be regardless of the color of someone's skin.

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U.S. government struggles to take stand after Orlando shooting tragedy

Nicholas Eastman-Pratt Argonaut

On June 12, 2016 at approximately 2 a.m., an armed gunman opened fire inside Pulse nightclub in Orlando, Florida. By the end of the massacre when the suspect was killed, it was discovered that over 100 people had been shot, 50 of which did not survive, making this one of the deadliest mass shootings in U.S. history.

Brothers, sons, fathers, sisters, daughters, and mothers were slain without an inch of impunity. In the media, we are hearing constant references to terrorism, ISIS, LGBT intolerance and reactions on social media, varying from "in our prayers" to derogatory and obscene remarks about the LGBT community as well as praise for the shooter.

Twitter is ripe with differing degrees of perspective, but what is unfortunate is that so many professional media outlets' remarks want to cloud the urgency of this heinous act with gun rights propaganda and xenophobic rhetoric. What too few people in our government are talking about is that this was, in fact, one of the worst hate crimes in U.S. history as well.

What I would argue too many members of the LGBT community sometimes forget is that this movement towards free love and equal human rights for all was started in violence by police in a gay club raid known popularly as the Stonewall riots. Prejudiced task force commanders illegally infiltrated a business and began arresting customers — soon a violent brawl broke out in which gay, lesbian and transgender people literally fought for their right to live honestly.

Clubs offer more than just a party mentality, but are also a safe place for LGBT people to escape to. Back in 1969 drag queens were literally fighting in the

streets using their high heels as weaponry against the patriarchal agenda. After Stonewall, the gay movement was alive, but now the one safe place that our predecessors fought tooth and nail to defend has been attacked, and it is being used by the exact same political leaders who wish to repeal the national marriage equality legislation to further their war on terrorism and excuse their xenophobic choices of words.

After the events in Orlando, a movement in Congress to talk again about gun regulation was shot down by Rep. Paul Ryan, Speaker of the House. After a senator asked to open up a panel of discussion rather than a moment of silence, Ryan said that the congressional agenda did not allot any time to discuss this issue, effectively blocking any democracy from actually taking place.

The very man who cannot decide whether he still endorses Donald Trump or not is making it impossible for the actual process of democracy to take place, and selectively making a schedule that creatively excludes all talk of reform when it comes to weapons that can kill 50 LGBT people in Orlando, 12 movie goers in Aurora and 20 young children in Newtown, all in a matter of minutes.

As an openly gay member of the LGBT community, this news only makes me more scared to show any sign of affection towards my partner of two years outside the safety of our apartment — and I know of many others who share the same terrifying sentiment. I can't believe I am asking this, but who is fighting for us if our government isn't?

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Student space in question

Students need dedicated space at any university

What is the purpose of a university? Complex and multifaceted though the answer may be, it is incredibly relevant.

A university is the conglomeration of jobs, and pursuits of jobs — educations in progress, and educating in progress.

A diverse and com-Will Meyer posite campus provides room for not only education, but also acknowledgement. This includes the acknowledgement of anyone who relies on the university environment for livelihood, whether that be students, maintenance workers,

professors or librarians,

To recognize one aspect of a college campus, highlight it and imagine it to be the sole purpose for its entire existence would be nonsense. However, to cease

to recognize the largest group on campus, and the primary inspiration for its existence would negate the school's purpose.

On the University of Idaho campus, for many years, there was a building called the Student Union building.

Just over a year ago, this building was renamed to pay homage to a dedicated Dean of Students, and the building lost its original title, changing to the Bruce M. Pitman Center.

Surely there are few people who deserve respect and acknowledgement more than Bruce Pitman, who served UI so devotedly for over 40 years, but to acknowledge one man over an entire student body is questionable.

Further, as plans continue to develop over whether to further downsize student-devoted space in places such as in the Idaho Commons, it is possible to question whether university officials believe students deserve any designated space aside from the residence halls.

What do students do, exactly? Do we simply take from the university's many resources? Do we loiter along for year upon year until a diploma is handed to us? Anyone who has been a

student knows this is not the case, and there is probably not direct antagonism against the case for student appreciation and support fueling the renaming of the SUB or the dwindling student

space in the Commons. However, when the question is whether or not a group needs a space to study and receive support, it becomes a debate on more than a building's name. Each member of our campus

does their part to make UI what

it is, and each role should be

acknowledged as a piece of the

whole. Still, students absolutely bring the largest amount of diversity to the table.

We are a body composed of



more stories and backgrounds than any other entity on campus, and the youthful zeal that is a major characteristic of twenty-somethings is a powerful contributor

in the creation of the university environment.

Sure there are more important topics to consider than what to name an area, or devote a space to, but when a large majority of student space, sans residence halls, will cease to exist if plans are brought to life, there is reason to stand up for our role on this campus.

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Keep calm and don't rush rush

Students need to keep these things in mind for a successful fraternity and sorority rush

Congratulations new students. Welcome to the University of Idaho: home of the Vandals, proud bearers of silver and gold

and sometimes black — and sometimes black ... but that's not official.

Hopefully by this time new students have chosen a facet of oncampus living and are preparing for the big move to Moscow.

College is stressful. Having a safe, comfortable environment to call home and focus on school is essential to the success of current and incoming students alike. It's important that students select a living space free of distractions when necessary, but it is also appropriate that distractions are available when the stress and weight of school work become too much to handle. A bit of a contradiction, but with careful consideration, it is possible for students to secure this balanced living place early on.

Greek life is an excellent opportunity to find the balance

between academics and recreation. UI has a vibrant Greek community with 20 fraternities and 13 sororities. The majority of these Greek houses are social and can make living in a new town feel more like home with new brothers and sisters to fall

Having that place prearranged at least a month in advance is

an invaluable advantage with the opportunity to quell much of the initial stress of embarking on the new chapter. But for students choosing to take a shot at Greek life, unless they have participated in summer rush and already selected a Greek house to call home, this comfort can be fleeting.

New students who haven't chosen a house to live in can still find comfort in the fact that nearly 100 percent of students who participate in rush week, Aug. 10-14, receive a bid and find themselves a home fairly quickly.

Greek students form bonds with their pledge class and build friendships that many non-Greek students never get to experience. Not to say non-Greeks don't make friends, but there is something special about the friends made in a house.

As new students search for a sorority or fraternity, it is easy to feel lost in the sea of hopeful Greeks seeking a house — but don't. Remember the majority of students feel just as lost. Even without an inkling of where they might belong, new students will find a place to call home as long as they remain true to themselves and have fun during rush week. Finding a house that suits them is simpler than it may seem.

New students should remember there are several fraternities and sororities, and each student should give ample consideration to every house and avoid predisposed opinions. Every house has a unique personality and specific culture.

For students coming out of high school, it is common to rush with friends from the same graduating class. That is OK, but do not let it limit potential choices. If they join separate houses, friends will still likely remain friends after rush is over, bids are set and the school year begins.

No one should compromise their values or opinions to join a house. If a student joins a house for the wrong reasons they may not find the same sense of home as those who choose a house they genuinely vibe with.

When packing, take a close



The Greek community is larger than the bonds in a single house — it is every house.

Kevin Douglas Neighbors, **Argonaut**

look at the list of recommended items for rush students, found on the UI website under sorority and fraternity recruitment in the student life menus. The majority of the items are essential, and those that are not you will miss if you don't have them. Try to pack lightly, but don't leave too much behind. Bring the things that will give you comfort, whether it's posters or a few collectible items that have the ability to make adjusting to a new home more bearable. These items can also be good conversation starters.

When rush is finished and students have selected their houses, it is important to remember hazing is prohibited. Students should not do anything they do not feel comfortable with, and new Greek brothers or sisters should respect those

Active consent is required in all sexual interactions, even between

established partners

boundaries.

Finally, it is crucial to pick the right friends in a new house. Every house has their partiers and their bookworms — and it's OK to let loose now and again, but it is beneficial to befriend dedicated students. Collectively, productive study habits will raise the academic performance of an entire group. But still, don't forget to have fun.

The Greek community is larger than the bonds in a single house — it is every house. During rush new students will make friends in and out of their chosen houses and develop an unbreakable support system that will last all four years of college.

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y a backrub

Rape is a strong word. The general consensus is that it should be saved for specific situations, and that it should be followed by a series of questions — "What were you wearing?" "Were you drinking?" or maybe "Wait, but aren't you two dating?'

Rape might be a strong word, but it can be defined simply. Rape is sexual conduct without consent. No matter how the situation is dissected and scrutinized, rape is rape, regardless of the actions that led up to the assault. Despite a short skirt or a flirty disposition, neither of these constitutes an invitation.

Rape is still rape when it occurs within an established relationship.

It is often misinterpreted that accepting the label "boyfriend and girlfriend" or "husband and wife" means that rape can no longer take place between the couple, which is entirely untrue. No one in a relationship is entitled to sex with their established partner — consent is always required.

To consent is to actively agree.

With sex, this should involve enthusiastic engagement, both physical and verbal. It doesn't matter if a couple has been together for a month or for years. It doesn't matter if they share a bed or a bank account. Sex without active consent is abuse of a high account. In other terms, it's rape.

But the lines blur in long-established relationships — especially in relationships that last a year or more. The level of comfort is high, and sex drives naturally fluctuate between

partners. It is important to establish boundaries in which "no" means "no," not "maybe, if you feel me up."

Shouldn't sex with a significant other remain an activity of affection, not guilt? Over time, with the persistent pushing of one partner or another, sex could become less and less an act of passion and rather one with undertones of payment, where one partner "owes" something to the other for even partaking in the partnership, as if commitment is a constant sexual invitation. This is where the blurred lines ultimately result in sex without enthusiastic consent, and while rape may not feel like the correct term, it is not as far-fetched as some may assume.

Though rape is often talked about within the context of blacked-out college girls and underage assault victims, rape may be closer to home

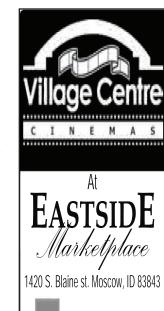
than most think. Rape is possible in all forms of relationships, and despite blurred lines it's easy to determine by asking one simple question. Was there consent?

While my intent isn't to make every instance when "Honey, I want a back rub," turns into sex sound like a form of sexual assault, it is important to realize that rape is a reality, even when the labels "boyfriend and girlfriend" and "husband and wife" are in use.

Drawing boundaries and understanding our comfort levels, along with our partner's willingness to accept "no" as an answer, can help eliminate the rhetoric of rape in established relationships.

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GUEST VOICE

Using time wisely

Alison Rogers Vandal Health

Here at the University of Idaho we are very fortunate to have a great amount of health and wellness resources to make our experience as students a positive one. With such a wide variety of opportunities, it's important to stay on top of everything that's out there.

Looking back on my four years at the University of Idaho, there are so many wonderful and helpful resources — especially when it comes to health — that I wish I would have known more about and taken advantage of during my first year here.

In terms of overall health and wellness, UI does a great job taking care of its students. The Student Health Clinic was a place I often frequented, and my experience was always quick and easy. Being in such a convenient location, it was always easy to get to when I was feeling under the weather and needed to see a doctor quickly. I could even stop in on my way to class.

Also, our campus provides a

number of opportunities to receive vaccines. Vandal Health Ed puts on many different events throughout the year that make it easy to stop in a get a flu shot or meningitis vaccine, and all you need to provide is a Vandal Card. Be sure to get your meningitis vaccine Aug. 18, 1-5 p.m. in the TLC Lounge. If you miss this clinic or the flu shot clinics later in the fall, just stop by the Student Health Clinic to be sure you're up

Vandal Health Education also organizes the annual Vandal Health and Rec Fair with over 60 health, wellness, and recreation vendors, free food, prizes, giveaways, and useful health information. This year, the fair is Oct. 12, 1-5 p.m. in the Student Recreation Center.

During my four years here I really tried to stay on top of my physical fitness, which is a huge challenge as a new student. Your daily routine has completely changed and you have to adjust your health habits accordingly. There are a few things I really wish I would have taken advantage of to help me ease into

staying healthy- physically and mentally- my first year.

The Student Recreation Center provides different wellness classes every single day. There is Zumba, yoga, cycling, weight lifting and many other fun classes. To take a class is only a few dollars, which can be charged to your student account. I also like that I didn't have to sign up and commit to a class, I could just show up to which ever class fit into my schedule and sounded fun that day.

I also always wish I had taken advantage of the personal training program we have at the SRC. Having your own personal trainer is one of the best ways to get on the right track staying fit, and our program is super affordable and easy to sign up for.

There are so many other health resources that our campus has available to students. My first year here I really felt the pressures of transitioning from high school to college. But I soon realized that everyone at some point feels lonely, homesick or overwhelmed, and it was apparent

that taking care of your mental wellness should come first and foremost. Luckily, UI offers counseling at the Counseling and Testing Center. All counseling services are free and confidential for students.

We also have a lot of important — and free — sexual health resources on campus. There are three locations on campus that always provide free condoms. UI also has easy access to STI testing and treatment on campus at the Student Health Clinic. If you choose to be sexually active be sure to take advantage of both of these resources to keep yourself safe.

Eating healthy is another one of those huge challenges I ran into during my first year of college. Vandal Health Education puts on a monthly cooking class open to all students called Vandalizing the Kitchen. The classes are taught by the campus dietitian, and demonstrate fun and budget-friendly ways to cook healthy meals at home or in a residence hall. The campus

UI provides many opportunities for students to prioritize health



dietitian also provides nutrition counseling for students, whether just a one-time meeting is needed or students are interested in regular appointments.

These resources are all things we can use as students to make our experience at UI more successful and healthy. Once you leave college, most of these services are hard to come by or very expensive, so try everything while it's available.

The first year as a college student at the University of Idaho can be a big change, and it is imperative that we remember to take care of ourselves and each other. If you're ever in need of more resources, stop in the Vandal Health Education Resource Room located in the Student Recreation Center, visit uidaho.edu/ VandalHealth, or e-mail vandalhealthed@uidaho.edu.

> Alison Rogers is an intern at Vandal Health

January blues



