

Joleen Evans | Argonaut

Barry Bilderback of World Beat ensemble dances to the drums during Africa Night Saturday in the Bruce Pitman Center International Ballroom.

STUDENT LIFE

Experience Africa

Students, community members pack Africa Night

Tess Fox
Argonaut

Upbeat, African dance music filled the International Ballroom of the Bruce Pitman Center Saturday for Africa Night.

The night of food, drumming and dance is organized annually by the African Students Association (ASA). The theme for Saturday's event was Litawhid, Africa. "Litawhid" is Arabic for unite.

"We just want to emphasize the importance of unity," emcee Dorothy Apie said.

Apie's fellow emcee, Adonay Berhe, said the goal of Africa Night is to always promote unity.

"It's always been celebrating diverse cultures for what they are," he said. "That's why we make sure each part of Africa is represented. As much as it's important to recognize the individuality of each

country, it's also important to understand we are all African."

Berhe said the ASA chose an Arabic word to show support for the Muslim community.

The event officially began with a presentation of the flags of Africa. The flags came out a few minutes later than the event was supposed to begin.

"We're starting in a very African style," Berhe said.

While students entered in traditional dress, graduate student Paola Branco and non-degree student Brian Hanson went around the room to alter the decorations.

Hanson laser-cut stand-up elephant decorations for each table. The two visited the tables during the event, ripping off the tusks and writing, "Don't buy ivory," on the elephants. Accompanying the decoration was a piece of paper with facts about

elephant poaching.

According to the paper, 96 elephants are killed for their ivory tusks every day — one every 15 minutes.

Branco completed research in Africa, tagging and tracking elephants. She is studying natural resources at the University of Idaho.

"They're going to go extinct in the next 10 years if something's not done," Hanson said. "Right now, we're just trying to raise awareness. This is only 42 tables, and there's 96 killed a day. So we hope that everyone's going to be sad that their cute little elephant is dead on their table."

Students performed Rawa, a traditional Nigerian dance, with beaming smiles at the event.

The audience clapped along. Parents

and small children left their seats to dance in the aisles.

By 6 p.m., the event was standing room only, while ASA members pulled out extra tables.

Detour, a dance group from Washington State University, performed an Afrobeat dance.

Berhe went around the room and introduced audience members wearing traditional African clothing.

Junior Emily Botterbusch attended the event to support a friend.

"My friend helped put it on and she's doing a dance," she said. "I feel like I'm learning a lot already about all the different countries and the dances are really cool."



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COMMUNITY

Prepare for take off

Pullman-Moscow Regional Airport plans to extend runway, expand passenger travel

Hailey Stewart
Argonaut

The Pullman-Moscow Regional Airport is soaring toward new growth with the planned expansion of its runway.

Although the airport sits in Washington, Moscow Mayor Bill Lambert said it has been one of the most critical pieces of Moscow's infrastructure since its development in 1939. That was the year Moscow and Pullman entered into an agreement to share both the costs and benefits the regional airport has to offer.

"We need to be forward-looking with the airport," Lambert said. "We started that hub in 1939 and with these plans we are looking to 2039, a hundred years later and even more."

The executive director of the Pullman-Moscow Regional Airport, Tony Bean, said aircraft have become so large, they have essentially outgrown the airport.

He said for the past 10 years the airport has been running under an exemption waiver provided by the Federal Aviation

Administration (FAA), because it has a runway that does not provide the needed room for larger 737 aircraft models. When larger planes land at the airport, Bean said the airport holds a different requirement than most.

"This is currently our driver to expand — meeting the standard," Bean said.

Bean said the runway's projected completion is set for 2018, but not every aspect of the planned expansion will be done until 2019.

"All of the hangars and terminals have to be connected, the grading is going to be lifted higher — it's a large project," Bean said. "It is the highest priority project in the Northwest region."

Lambert said the airport is growing, and along with that growth is the amount of passengers passing through to the Palouse.

"Every year, our passenger growth has been steadily moving upward by 20 percent," Lambert said.

Of those passengers, Lambert said it would be beneficial for sports teams and students in general to have direct access to larger transportation hubs.

SEE PREPARE, PAGE 5

ROTC

Time for turkey

UI Army ROTC hosts annual Turkey Shoot

Taylor Nadauld
Argonaut

Before students take off for Thanksgiving Break, they may want to see if they can also take home a free turkey to roast.

Thursday, the University of Idaho Army Reserve Officers' Training Corps (ROTC) will host their annual Turkey Shoot, and spots are filling up fast.

Jared Clark, the officer in charge of this year's event, said 83 of 90 available spots are already filled.

The Turkey Shoot is a rifle-shooting contest open to all students, staff, faculty and family members who can compete in three categories — adult male, adult female and children ages 12-17. Winners in each category will receive a turkey.

UI Army ROTC Public Affairs Officer Jesse Frantzich said he knows some people are not aware the ROTC exists on campus, and said he hopes to bring recognition to the program.

Every year, the Turkey Shoot has been

completely booked, Frantzich said. Most of the time, university staff and faculty from different colleges fill a majority of the spots.

Clark said the event will go from 1-7:30 p.m. Ten slots open every 30 minutes, which is why many people sign up in groups. Capt. Chris Greenleaf, executive officer for the program, said the event serves as a team-building exercise for faculty members who come in groups.

"The event's kind of gained a following, I guess," Greenleaf said.

He said participants should bring one non-perishable food item to enter. The food will be delivered to a local food bank. In the past, Greenleaf said they usually fill the bed of a pickup truck with donated food.

The event may seem simple, but Clark said that is not the case.

Event staff make sure participants know about gun safety and that the weapons are functional and easy to use. Volunteers will go through the event with all 90 participants, Clark said.

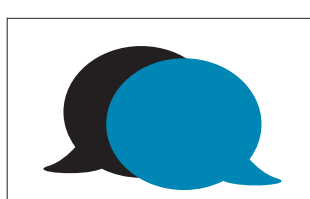
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A Crumbs recipe

Spicy guacamole

Nothing serves as a better appetizer than a classic guacamole dip and chips, and it's even better with a little spice.

Ingredients

- 3 avocados
- 5 garlic cloves
- 1 small tomato
- 1 1/2 tablespoons of cumin
- 1 pinch of salt
- 3 tablespoons of olive oil
- 1 chopped jalapeno
- pepper
- 1 teaspoon of white vinegar
- Chopped yellow or red onion
- Chopped cilantro
- Pepper flakes
- 1 teaspoon of dried basil

Directions

1. Cut open avocados and place into a mixing bowl
2. Mash avocados with mortar or wooden spatula
3. Add olive oil
4. Add vinegar
5. Whisk until smooth and creamy
6. Chop garlic and onions finely
7. Heat up a skillet and grease with olive oil
8. Cook onions and garlic in a skillet
9. Place cooked onions and garlic in the bowl of avocado
10. Add salt
11. Add cumin
12. Finely chop jalapenos
13. Add jalapenos to avocado
14. Finely cut the cilantro leaves
15. Discard cilantro stems
16. Add basil
17. Mix all ingredients together thoroughly
18. Refrigerate for 30 minutes
19. Serve and enjoy

Kevin Neighbors
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Cat Demon



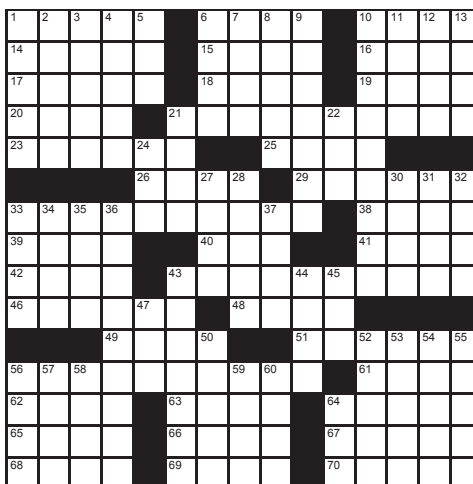
Lars Roubidoux | Argonaut

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CROSSWORD

Across

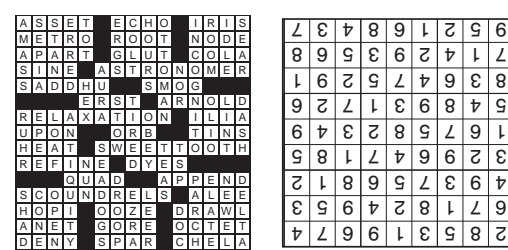
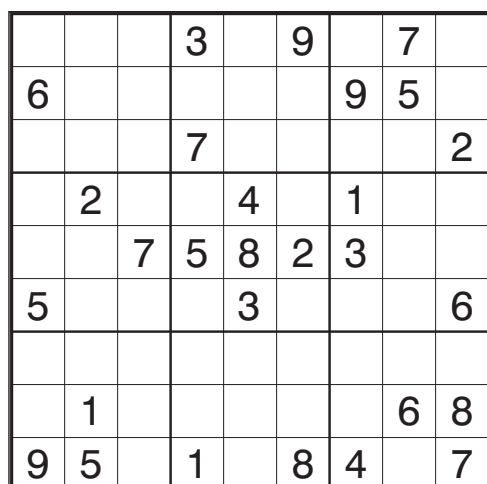
- 1 Long suit
- 6 Canyon effect
- 10 Rainbow goddess
- 14 Part of MGM
- 15 Tooth part
- 16 Lymph bump
- 17 Not together
- 18 Oversupply
- 19 Bubbly drink
- 20 Trig function
- 21 Stargazer
- 23 Hindu ascetic
- 25 Kind of alert
- 26 Formerly, once
- 29 Noted traitor
- 33 Vacationer's aim
- 38 Pelvic parts
- 39 Fairy tale's second word
- 40 Heavenly body
- 41 Cookie containers
- 42 Kind of wave
- 43 Appetite for candy
- 46 Make more precise
- 48 Salon supplies
- 49 Campus area
- 51 Add
- 56 Rogues
- 61 Direction at sea
- 62 Pueblo dweller
- 63 Exude
- 64 Speech pattern
- 65 Dill seed
- 66 Horror film staple
- 67 Square dance group, e.g.
- 68 Say it ain't so



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- 69 Trade punches
- 70 Pincer
- 11 Latitude
- 12 Inactive
- 13 Scorch
- 21 Heavenly glow
- 22 ___'easter
- 24 Witch's work
- 27 Put in the hold
- 28 Out of gas
- 30 Assortment
- 31 Washday problem
- 32 Short run
- 33 Rhine tributary
- 34 Fencing sword
- 35 Vegetable
- 36 Way back when
- 37 Follow orders
- 43 Mariners
- 44 Afternoon affairs
- 45 Recipe amt.
- 47 Mother Teresa, for one
- 50 Sag
- 52 Dry out
- 53 Gladden
- 54 Staircase post
- 55 Mississippi ___
- 56 Spawning fish
- 57 Traffic marker
- 58 Dentist's directive
- 59 Poet Pound
- 60 Suggestive look
- 64 Disney dwarf

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- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.
- Letters must be signed, include major and provide a current phone number.
- If your letter is in response to a particular article, please list the title and date of the article.
- Send all letters to:

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WOMEN'S CENTER

Design with a side of feminism

UI student combines feminism and graphic design to promote equality

Savannah Cardon
Argonaut

It's 10:30 a.m. on a Friday, and freshman Lauren Birch sits down in her gray chair behind the front desk at the University of Idaho Women's Center for another day at work.

She picks up her pen, a piece of paper and begins sketching designs. Her work day includes advocating toward equality and feminism, while drawing up graphic design ideas for upcoming events.

For Birch, graphic design has always been a way she has enjoyed expressing herself.

Working for the Women's Center is just one way Birch said she found she is able to combine her graphic design skills with promotion for equality and inclusion for all.

"I've always felt very strongly about helping people and recognizing those that are often ignored in society," Birch said. "I always felt a strong urge to participate and be civically involved and fight for what I believe in."

Bekah MillerMacPhee, assistant director of programs for the Women's Center, said she has worked with Birch almost every day since August and has noticed some of her individual qualities and characteristics.

"It's so nice to have somebody here with that artistic vision, who can combine their passion for feminism and art together in such a cool combination," MillerMacPhee said.

Birch first discovered her enthusiasm for design when she was a kid. She learned about it when she joined her mom at her work as a graphic designer at the local newspaper in Teton Valley, Idaho.

Birch said during long days in the newsroom as a child, she would play on Adobe Illustrator and Paint to pass the time. Birch said her mother's critiques helped her to shape her own designs.

Birch pursued her interest in design throughout her life, taking graphic design classes during high school and working for multiple newspapers, including her school's and the Teton Valley News.

With a major in art and an interest in design, Birch said working for the Women's Center has become the perfect opportunity to find ways to express her ideas in an interesting and creative style.

"I feel like being an artist and a designer, the best way you can do that is work for the Women's Center," Birch said.

Birch said she designs and hand-draws all of the flyers and posters for events put on by the Women's Center.

"Throughout my conversations with her, it's become very evident that she is committed to the mission at the Women's Center," MillerMacPhee said. "She's very passionate and articulate about gender justice and gender equity."

Birch said her design ideas she is working on either occur on a whim or come from her

inspirations and co-workers at the Women's Center.

"I try to draw inspiration through everything I see and I'm always really inspired by the people that go out of their way to work for something or fight for something, even if it doesn't directly impact them," Birch said.

As an art major at UI, Birch said she is focused on becoming a professional freelance artist after graduation, making flyers for events and concentrating on things she believes in as her main focus. Along with becoming a freelance artist, Birch said she would also enjoy working as a gallery curator.

"I look forward to expanding my ideas of what art is and how an artist approaches projects," Birch said. "The Women's Center is perfect for me because it really helps me to be active in the community and that's what I like doing ... I like to get out and try new things."

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ARG

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STAFF

Constructing a new system

Staff prepares for changes in compensation and employee status

Andrew Ward
Argonaut

The University of Idaho's Staff Council continued preparations for the upcoming changes in compensation and the Free Labor Standards Act (FLSA) during a Nov. 9 meeting.

UI Vice President of Finance Brian Foisy said he attended the staff meeting to give updates on market-based compensation and how the changes in the FLSA will affect staff at the university.

"I'd say at this stage of the game that the conceptual approval for market-based compensation is already done," Foisy said. "The administration, and just about everybody we've talked to are on board with the concept."

Because of the positive feedback from the UI community, Foisy said the university has prepared an item for approval for the State Board of Education (SBOE) that is set to be reviewed in December. Foisy said

he and his colleagues recently completed a presentation to the SBOE Budget and Audit Human Resource Committee. He said the committee's response was comforting.

"I thought this was something where we'd be peppered with a thousand questions from people who were skeptical," Foisy said. "But don't think that there was anything we discussed that was even the slightest bit controversial, or outside of the norm."

Foisy said the committee did not have a single question for their proposal. He said this has only reaffirmed that UI can build a better compensation system.

"I think that was the best possible outcome," Foisy said. "So, we are queued up to take this to the state board for full approval, and hopefully on Dec. 16 you will have a new compensation system."

Foisy said now that full approval for market-based compensation is within reaching distance, the main focus is to find and solve

every contingency for a broad variety of scenarios with UI employees.

"There are a thousand questions — like what if somebody works here and then leaves, and returns a year later in a slightly different position," Foisy said. "So, we're down in the weeds grinding through stuff like that."

Foisy said the university is finding acceptable solutions to almost every questionable scenario that has been brought up so far.

Foisy also discussed further updates and what to expect in regard to the changes in the FLSA.

Staff Council Chair Greg Fizzell said the change to the FLSA requirements will raise the minimum salary test to determine if an employee would be classified as exempt or nonexempt starting Dec. 1.

Wesley Matthews, director of Human Resources, said something that affects a large group of people takes time to work out the exact specifics. But if the university does

everything in the proper order, it will yield the best answers to employee's questions. He said the process of determining every employee's specifics is going smoothly, but it is a lengthy procedure.

Both Foisy and Matthews said all business in accordance with the recent FLSA amendments are going as expected or better.

"We are trying to minimize the impact in as many ways as we can," Foisy said. "Everybody from the president, to the provost, to the SBOE have been very supportive in our plea to not impact the employees as much as possible."

Foisy said there has not been any kind of conflict in trying to protect the benefits of UI employees.

"We've simply had to make our case, and everybody has agreed," Foisy said.

Andrew Ward can be reached at arg-news@uidaho.edu

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TRANSPORTATION

Riding on the road again

Things to keep in mind while driving and parking during Thanksgiving break

Jack Olson
Argonaut

The first extended school break in months is coming, which means a deluge of students are chomping at the bit to get out of town.

But there are several things students should know for the break to ensure the best possible traveling experience.

Most silver and purple parking lots on campus will not be enforced for parking permits said Robert Mitchell, information specialist in Parking and Transportation Services (PTS) at the University of Idaho. He said an academic break overnight parking map is available on the PTS website, which shows parking lots that will not be enforced by tickets.

Mitchell encouraged people who leave their cars on campus to keep them locked and hide any valuables to prevent theft.

"The Moscow Police Department (MPD) will be doing extra patrols, but it does get dark in parts of campus," Mitchell said. "Best not to have anything worth stealing in plain view."

Corporal Casey Green of the MPD said students should take note of the possessions in their dorm rooms or apartments and communicate with their roommates to lock doors and windows. He said after break, there is typically an uptick in theft reports.

"Usually break is a calm time," Green said "What comes after break is usually more interesting."

When it comes to prepping for the road trip, Mitchell said students should check the weather for snow and plan an appropriate route. He said students should also make sure their car is in good working order.

"If you haven't really driven your car

lately, don't wait until you have it loaded up with stuff when you're going home to try and start it," Mitchell said. "So when it's time to take off and go home you're not faced with a dead battery or a flat tire."

There is usually an increase in requests for jump starts as students leave for break, but Mitchell said PTS can only do so many at one time. Green said students should drive their cars beforehand and check the lights, windshield wipers, tires and gas levels.

Once on the road, Green said students should practice safe driving skills. He suggested students not play with the radio or streaming devices, because it is distracting. He said talking with a phone up to their ear is also distracting, and is illegal in Washington. Texting and driving is illegal in both Idaho and Washington.

Green said there will be increased law enforcement patrols on highways during the

break, especially going west into Washington and around southern Idaho.

"Not because we're looking for more targets, just because we know there's more people moving around, so we're there to help them if they need help," Green said.

Green and Mitchell said students should allow themselves extra time to get where they're going. Green said driving fatigued can be dangerous and the extra time gives students a chance to pull over and take a nap if they need to. Mitchell said the extra time allows for issues with the weather or the car.

"For safety, it's just like parking — the more time you allow yourself to find a parking space before you have to be in class the better," Mitchell said. "Same thing with your trip home."

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RESEARCH

The elephant in the room

UI researchers work on human, elephant interactions in Mozambique

Carly Scott
Argonaut

A 16-year civil war left the elephant population at Gorongosa National Park in Mozambique, Africa, decimated.

University of Idaho graduate Paola Branco and mentor Ryan Long are seeking to revive the population. Over the last two years, Branco and Long have been involved in resolving human-elephant conflict in Mozambique.

Long had the idea for the project while completing a post-doctorate in Mozambique. Having recently received a position at UI, he had start-up funds to bring a student on board.

"We had the opportunity to initiate the project right away, without a large grant or anything," Long said.

Long said Branco, formerly a veterinarian in Brazil, was the perfect fit for the project.

"The elephant population is being surrounded by communities of people, they eat their crops, and there are a lot of bad encounters between elephants and people,"

Branco said.

The restoration of elephants is critical, Branco said, because they are a keystone species. A keystone species is something the rest of the ecosystem relies on and cannot live without, she said.

Long said one example of this is the fact that elephants are so big they often knock down trees. By doing this, they open up the grassland for other grazing organisms.

Branco said one of the major conflicts between humans and elephants is crop raiding. Crops are the only resources for villagers and the elephants often consume it.

"Of course the elephants don't know how they should behave. The crops are much tastier — they go and raid the crops," she said.

Long said one of the first steps in the project was collecting accurate information about how big of an issue crop raiding is.

"By late spring, early summer next year, we'll have a pretty good idea how big of a problem this actually is," he said.

Armed with this information, Branco and Long said they will travel back to Mozambique this summer to try to implement some solutions.

Long said working with elephants poses unique challenges.

"The biggest challenge is a combination of funding and logistics. Doing hands-on

research on a species as large as elephants is both really expensive and logistically difficult," he said.

Branco and Long said they now have 12 collared elephants and can collect data on their behavior at half-hour increments

Though Long and Branco's work is about elephants in Mozambique, Branco said elephant conservation is a worldwide problem.

"If we think about elephant populations as a whole species, the main threat for elephants is poaching," she said.

Branco said the ivory trade is what mainly fuels poaching. Because elephants are so distant to many people, she said it is hard to get others to care about the problem.

"People don't always correlate this beautiful piano with elephants being killed," Branco said.

She is also working as part of a larger campaign called 96 Elephants, which is a Wildlife Conservation Society campaign. She said 96 elephants are killed every day — hence the name.

Branco said if people want to keep elephants alive and maintain the species, they need to be better educated about the issues.

"If people are willing to buy, there is always someone else willing to kill (an elephant)," she said.

Long said in Mozambique, ivory is not a motivator for elephant poaching. He said

“

The elephant population is being surrounded by communities of people, they eat their crops, and there are a lot of bad encounters between elephants and people.

Paola Branco,
graduate student

during the civil war, all of the elephants with large tusks were hunted. This left only elephants with little ivory in Gorongosa.

Branco said at the conclusion of the civil war in the 1990s, there were less than 100 elephants left in Gorongosa National Park. Now, she said they are nearing a population of 600.

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FEEDING THE VANDALS



David Huson | Argonaut

Students enjoy a meal that corresponds with their assigned social class at the Hunger Banquet at 6 p.m. Thursday in the International Ballroom.

AFRICA
FROM PAGE 5

World Beat Ensemble, comprised of students, faculty and community members, gave a dancing and drumming performance.

While the audience was turned to the stage to watch and children scurried between tables, students ran back and forth at the back of the ballroom to set up food stations.

The main course was Libyan jasmine rice, Jollof rice and Ghana potato porridge. It was accompanied by goat soup, grilled chicken, spinach sauce and African tomato sauce.

The smell of spices saturated the entirety of the second floor of the Pitman Center.

Berhe said the planning process was crazy, but worth it.

"I'm still behind on assignments from a month ago," he said. "It's really worth it.

One of the things we tried to do is reach out to Greek societies and different groups that don't normally show up to these things. Exposure is everything. You don't come to college to stay in your own little bubble."

Berhe said he understands events like Africa Night can be uncomfortable for some individuals.

"Especially at this time, something racial, something Afro-centric can be something of a sensitive topic," he said. "We want to say, come. Experience Africa, regardless of what party you're voting, regardless of who you stand by, regardless of whether you think America is great or not. This is African culture and we're always welcoming everyone."



Tess Fox can be reached at arg-news@uidaho.edu or on Twitter @tesstakesphotos

PREPARE
FROM PAGE 5

"It is kind of interesting that incoming sports teams fly into Spokane and ride the bus over here, and international students have a great deal of connecting flights to get here," Lambert said. "But these problems are what we plan on fixing."

Other than passengers, Lambert said there are many products that must be trucked out of Moscow and filtered into Spokane and Lewiston for air travel. He said once the airport has the ability to easily fly out and bring in larger aircraft for product transportation, it will only strengthen Moscow's economy.

"In relation to the airport, we have several companies and businesses that help with the growth of our air travel and economy," Lambert said. "We need that kind of growth for our infrastructure to be sound and stable."

Bean said it is important that both Pullman and Moscow make use of the airport as much as they can because of how close they are and how key each university is to its city.

"The airport is used equally by both cities in the sense that it is an economic engine owned by Pullman and Moscow," Beans said. "With heightened existence of air service in the region, that money can move across the east and the west."

Lambert also said he finds that events at both universities — especially Moms' Weekend and Dads' Weekend and holidays — make air travel fluctuate, which aids the local economy.

"It's more money for schools, it's more money for business and it keeps the economic cycle going strong," Lambert said.

Hailey Stewart can be reached at arg-news@uidaho.edu or on Twitter at @Hailey_ann97

TURKEY
FROM PAGE 5

He said around 25 students and all three of the ROTC's cadre will be there to help out.

Participants will meet in the ROTC conference room in the basement of the Memorial Gym. From there, they will watch a PowerPoint presentation on how their 30-minute session will go, the principle teachings of marksmanship and the fundamentals of weapon safety. There will also be a dummy rifle for participants to get a hands-on experience, ask any questions and get comfortable with the weapon before going to the Memo-

rial Gym Rifle Range to compete for the turkey.

From there, an instructor will give commands to the shooters to guide them and add safety to the event.

Clark said the event is popular in the community of Moscow. He said he knows a lot of people look forward to the Turkey Shoot every year.

"People really do have fun. It's not about winning the turkey, but it's just coming out with their friends and just having a fun time shooting a rifle," Clark said.

Taylor Nadauld can be reached at arg-news@uidaho.edu or on Twitter @tnadauldarg

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SPORTS



Read a summary of the weekend's Sun Belt games.

PAGE 7

VOLLEBALL



Tess Fox | Argonaut

Sophomore setter Haylee Mathis and sophomore middle blocker DeVonne Ryter block the ball during Saturday's game against Montana State in the Memorial Gym.

Vandals keep rolling

Idaho, the underdog, advances to the Big Sky tournament

Luis Torres
Argonaut

The Idaho volleyball team grabbed the eighth and final spot in the Big Sky Tournament with wins over Montana and Montana State Friday and Saturday in the Memorial Gym.

Idaho started the weekend with a 3-0 win (25-21, 25-19, 25-18) against Montana (5-21, 2-14) Friday.

Sophomore setter Haylee Mathis led the team with 25 assists.

Mathis said the win put Idaho in a good spot to make the tournament.

"Our passing was spot on," Mathis said. "We passed pretty high and it helped our offense a ton. It gave our pins and middles the opportunity to put balls away."

The Vandals earned a 3-2 win in a grinding five-set match against Montana State (25-14, 25-18, 20-25, 20-25, 18-16) Saturday in the Memorial Gym.

Senior defensive specialist Terra Varney said winning on Senior Night was an amazing feeling.

"I'm so glad that we pulled it out," Varney said. "I couldn't have asked for a better way to end it in our home gym."

Varney led Idaho with 20 digs, bringing her career total to 1,454.

The Vandals needed to win their last two games of the season to have a shot at the eighth seed.

After Sacramento State beat Weber State

3-0 Saturday, Idaho needed a win to advance.

The Vandals took the first two sets, while the Bobcats seized sets three and four.

Montana State (3-13, 5-20) led the fifth set 8-5. Idaho rallied back with kills by junior middle blocker Torrin Crawford and outside hitter Becca Mau to seal Idaho's 18-16 victory.

Idaho coach Debbie Buchanan said she is proud of her team.

"We definitely started the first two games really strong but we didn't come out after the break," Buchanan said. "Montana State did a good job of coming out with energy, serving tough and being aggressive. If we would've played like we did at the end of set five, we would've ended it a lot sooner."

Sophomore outside hitter Sarah Sharp

ended the game with career-high 24 kills.

Idaho faces No. 1 seed North Dakota 7 p.m. Thursday in Grand Forks for the first round of the tournament.

The Vandals defeated the Fighting Hawks 3-2 Nov. 19, 2015.

"We wish it was a better seed but we're going to take it," Buchanan said. "It's no different than last year, we've played North Dakota in the tournament and haven't beat them in conference play. We turned it around and beat them in the tournament last year. I think our team is getting better and have the ability to win."

Luis Torres can be reached at arg-sports@uidaho.edu or on Twitter @TheLTFiles

ARG

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FOOTBALL

Idaho reaches six

Idaho defeats Texas State to become bowl eligible

Brandon Hill
Argonaut

The Idaho football team reached six wins this season against Texas State Saturday, making the Vandals bowl eligible for the first time since 2009.

"It was all gas and no breaks," senior tight end Trent Cowan said in a press conference. "It was a lot of fun."

Idaho (6-4, 4-2) gave up 14 points in the first quarter, but kept the Bobcats (2-7, 0-5) from scoring for the rest of the game to win 47-14.

Texas State scored first after an Idaho punt led to a 1-yard touchdown run by tailback Stedman Mayberry.

Idaho fought back with a quick three-minute scoring drive. Senior tight end Deon Watson hauled in a 57-yard pass on a wheel route to the left on the first play. Cowan scored the touchdown on a wide-open 6 yard pass in the end zone.

It took Texas State three plays to respond. Mayberry put the Bobcats in position to score off a 28-yard reception. Quarterback Tyler Jones delivered a deep strike to receiver Thurman Morbley in the end zone. Idaho head coach Paul Petrino broke out some creative play calling on the next drive.

Senior defensive lineman Tueni Lupeamanu lined up as a fullback

and muscled his way into the end zone on a one-yard run, tying the game at 14. It was the first touchdown of Lupeamanu's collegiate career.

Freshman running back Denzal Brantley scored again for Idaho after junior quarterback Matt Linehan snuck a 25-yard pass to Cowan.

Sophomore running back Isaiah Saunders broke through the Bobcats' front line and dashed 24 yards for another Vandal touchdown late in the second quarter.

Senior kicker Austin Rehkow put up three points on a 25-yard field goal. At the half, Idaho led Texas State 31-14.

Linehan picked up his first rushing touchdown of the game on a 10-yard scramble. He dove for the left pylon with his arms fully extended seconds before the Bobcats could catch him.

The Vandal defense came up with a turnover on the next drive. Jones tried to pick up a few yards but senior defensive lineman Kevin Shelton ripped the ball out and junior defensive end Aikeem Coleman recovered on the Bobcats' 44-yard line.

Offensive mistakes plagued Texas State. On the Bobcats' next drive, the opening snap flew over Jones' head and bounced through the end zone, resulting in a safety.

Idaho ran six minutes off the clock but could not score. Rehkow's punt was swatted down and cornerback Dila Rosemond ran it into the

“

It was all gas and no breaks.

Trent Cowan, tight end

end zone. An illegal block by the Bobcats negated the score.

Lupeamanu scored his second touchdown as a fullback on another goal-line push for the last touchdown of the game.

"Coach gave me the chance to score," Lupeamanu said. "I knew we were going to call that at least once."

Along with his two rushing touchdowns, Lupeamanu had four total tackles and two sacks for a combined loss of 15 yards.

Linehan finished with 336 yards and a 79 percent completion rate. Idaho gained 154 yards on the ground, led by Saunders.

The win was a sloppy one for Idaho, as the Vandals committed 14 penalties for 103 yards.

"They came through a lot," Petrino said. "But they stayed focused and kept fighting."

Idaho returns to Moscow for the remaining two games of the season. The Vandals kick off against South Alabama 12:30 p.m. Nov. 26 in the Kibbie Dome.

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MEN'S BASKETBALL

Strong start

The Idaho men's basketball team opens nonconference play

Mihaela Karst
Argonaut

The Idaho men's basketball team kicked off nonconference play Saturday, defeating Corban 90-67 in the Memorial Gym.

"It's always good getting that first win," Idaho head coach Don Verlin said in a news release.

Four Vandals posted scores in the double digits, with junior guard Victor Sanders leading with 19 points and four rebounds.

"It was a great team win tonight," junior forward Brayon Blake said in a news release.

Blake earned his second double-double with 13 points and 11 rebounds.

"I thought (Blake) played a really solid basketball game tonight," Verlin said. "Eleven rebounds is good work on any night."

Sanders said Blake helped fill the hole alumni Chris Sarbaugh left in the paint.

"Now (Blake is) going in and grabbing those rebounds, and that's a big part of the team and a big part of our emphasis and what we want to do," Sanders said.

Senior guard Perrion Callandret and junior forward Arkadiy Mkrtychyan posted 14 and 12 points respectively.

Idaho finished the first half ahead 39-32.

The Vandals shot 48.3 percent from the field and 83.3 percent from beyond the perimeter. Corban finished the half at 35.5 percent from the field and 33.3 percent from behind the 3-point line.

"We made some adjustments at halftime and they executed," Verlin said.

Idaho outscored Corban 51-35 in the second half to round out the victory 90-67.

The Vandals shot 50 percent from the field in the second half compared to Corban's 37.9 percent.

"It was fun to see us share the ball and battle with a very good NCAA Division 1 program for such long stretches," Corban head coach Austin Johnson said in a news release.

The Vandals proved their dominance in the paint, out-rebounding Corban 49-26 and outscoring the Warriors 42-16 in the paint.

A few Vandals found themselves in foul trouble throughout the game.

Verlin said the foul calls were silly.

"Some poor discipline on the defensive end got us into those positions, with the foul trouble, and we had to fight through it," Verlin said.

The Vandals play Northern Illinois 6 p.m. Wednesday in DeKalb, Illinois.

Mihaela Karst can be reached at arg-sports@uidaho.edu



Sun Belt

Round up

Louisiana-Lafayette 33 - Georgia Southern 26



The Ragin' Cajuns prevented a fourth quarter rally from the Eagles offense in the final minutes of Thursday night's matchup to keep postseason hopes alive.

Louisiana-Lafayette quarterback Anthony Jennings went 17-of-26 through the air for 210 yards. Jennings added a rushing touchdown and 96 yards on the ground.

The Ragin' Cajuns limited the Eagles' formidable ground game to 52 rushing yards on 28 attempts.

Quarterback Seth Shuman provided strong offense for Georgia Southern with 228 passing yards and a touchdown on 21 completions. Receiver B.J. Johnson hauled in nine catches for 127 yards in the loss.

The Ragin' Cajuns and Eagles need to win two games each to reach bowl eligibility.

Louisiana-Monroe 37 - Georgia State 23



The Warhawks used five rushing touchdowns from tailback Thomas Koufie to prevent postseason elimination.

Koufie finished with 201 rushing yards on 31 attempts and averaged 6.5 yards per carry. Warhawks quarterback Caleb Evans added 193 yards on 17-of-31 passing.

Quarterback Conner Manning led the Panthers offense with 422 passing yards and three touchdowns on 19 completions. Receiver Glenn Smith hauled in four catches for 123 yards and a touchdown.

The Warhawk defense held the Panther ground game to 42 rushing yards.

Arkansas State 41 - New Mexico State 22



The Red Wolves remained unbeaten in Sun Belt play with a resounding win over the Aggies Saturday.

Arkansas State quarterback Justice Hansen threw two touchdowns, an interception and went 20-of-27 through the air for 257 yards. Receiver Kendall Sanders collected six receptions for 101 yards and two touchdowns.

Tailback Larry Rose III supplied most of New Mexico State's offense with 168 rushing yards and a touchdown on 25 carries. Receiver O.J. Clark added nine catches for 70 yards.

The Aggies went 2-of-15 on third down and were given nine penalties.

Troy 28 - Appalachian State 21



With 1:13 left in the fourth quarter Saturday night, tailback Jordan Chunn plunged into the end zone from 10 yards out for a home victory.

The win brings Troy closer to the Sun Belt title and drops the Mountaineers to third in the conference.

Chunn finished with 129 yards and two touchdowns on 31 carries, while quarterback Brandon Silvers added 229 passing yards and a touchdown for the Trojans.

Appalachian State running back Jalin Moore tallied 91 rushing yards and two touchdowns. Receiver Shaedon Meadors caught six passes for 58 yards.

Sun Belt Standings

- * Troy (8-1, 5-0)
- Arkansas State (5-4, 5-0)
- * Appalachian State (7-3, 5-1)
- * Idaho (6-4, 4-2)
- Georgia Southern (4-6, 3-3)
- Louisiana-Lafayette (4-5, 3-3)
- South Alabama (4-5, 1-5)
- Louisiana-Monroe (3-6, 2-3)
- Georgia State (2-7, 1-4)
- New Mexico State (2-7, 1-4)
- Texas State (2-7, 0-5)

* Bowl eligible

Current Bowl Projections

- Troy - New Orleans Bowl
- Arkansas State - Camellia Bowl
- Appalachian State - Dollar General Bowl
- Idaho - Arizona Bowl

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CROSS-COUNTRY

Fall closing

Women take 13th, men take 21st at NCAA Regionals

Tess Fox
Argonaut

The Idaho cross-country team finished the fall season at the NCAA West Regional meet at the Haggin Oaks Golf Complex in Sacramento.

The women's team finished 13th of 35 teams with 405 points.

Gonzaga took 16th, Washington State made 18th, Eastern Washington grabbed 20th and Sacramento State finished 27th.

Tim Cawley, director of track and field and cross-country, said the team made a nice improvement.

"The women were ranked 15th coming in and we always preach to them to try to beat your ranking," he said in a news release. "They went out and did that and finished 13th. The women finished 17th last year and 21st the year before that."

Redshirt freshman Kara Story was the women's top finisher at 51st in 20:43.5. Junior Sierra Speiker took 62nd with a time of 21:00.4.

Senior Halie Raudenbush finished 81st at 21:19.9. Sophomore Andrea Condie grabbed 101st with a time of 21:38.4 and freshman Emily Wesseling took 117th in 21:49.17

"Kara went out and led the team, looked fantastic," Cawley said. "She ran like she

had all year long, with a lot of confidence and poise. Sierra was right there, they led the team the right way. The whole women's team ran solid races. They ran relaxed and confident, that's a big reason they had the success they had."

The men's team finished 21st overall with 606 points and as the top Big Sky finishers.

"The men ran well," Cawley said. "We were a little beat up coming into this one, but they went out and ran tough. They finished strong, I'm very proud of all of them. We didn't bring the full men's team last year and they came back this year and performed well."

Freshman Grayson Ollar took 86th with a time of 31:39.5.

"Grayson had an amazing season," Cawley said. "He was the 10th best freshman today, as a true freshman, that's incredible. This was his first 10k. He's really talented and he's going in the right direction."

Senior Nathan Stark took 99th in 31:54.8. Senior Tim Delcourt grabbed 107th at 32:05.7. Redshirt freshman Drew Schultz finished 153rd in 32:50.3. Sophomore Austin Fred took 167th at 33:30.1.

The indoor track and field season begins with the Vandal Indoor Invitational Jan. 12-13 in the Kibbie Dome.

Tess Fox can be reached at arg-sports@uidaho.edu or on Twitter @tesstakephotos



University of Idaho
Department of Student Involvement

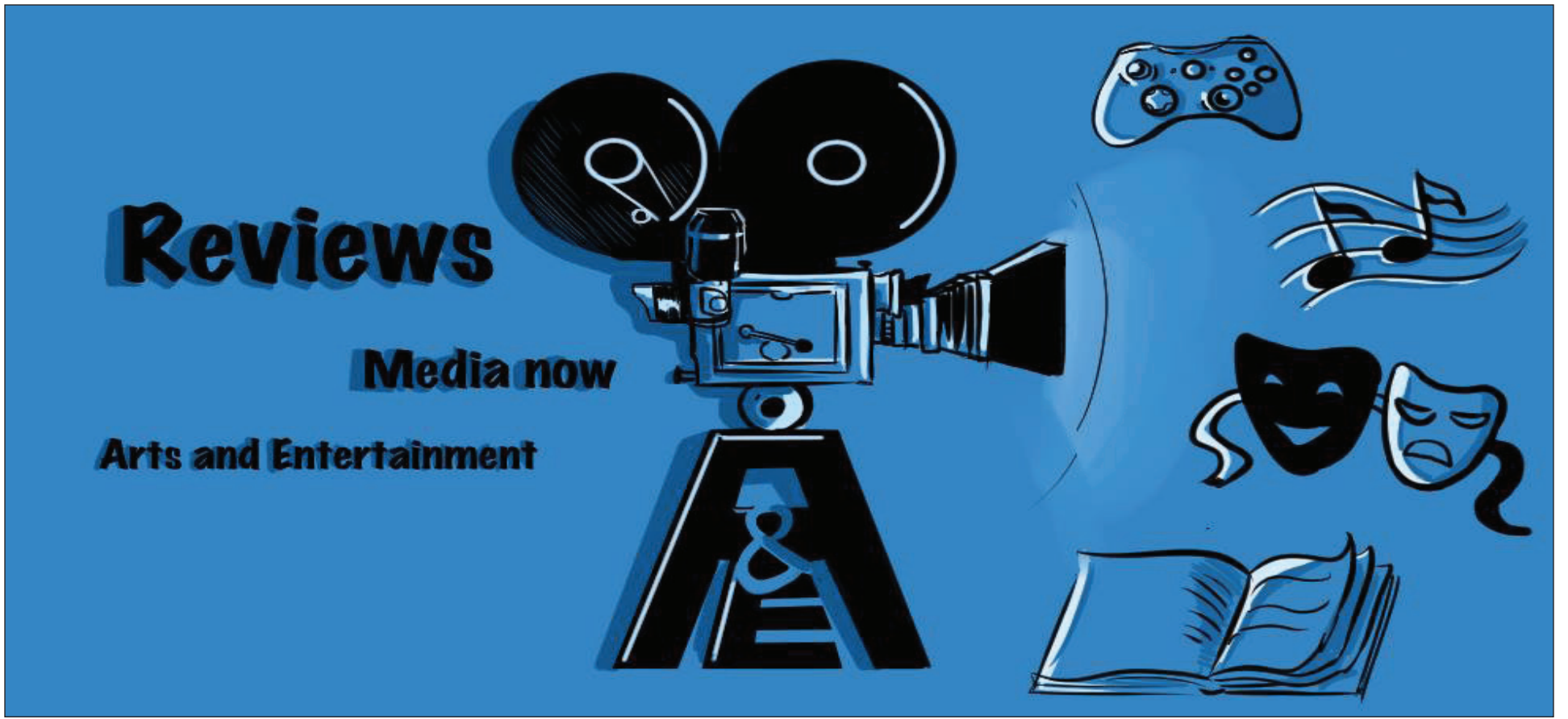
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A&E

QUOTE OF THE DAY

“No one is useless in this world who lightens the burden of another.”
— Charles Dickens

COMMUNITY



Photos by Philip Vukelich | Argonaut

Moscow citizens write notes on the banner of the truck carrying the Capitol Christmas Tree to be displayed in D.C. this Christmas during a pit stop in Moscow.

Idaho leaves its mark on D.C.

Idaho pine tree chosen as the Capitol Christmas Tree

Nina Rydalch
Argonaut

Idaho spirit will pervade through the U.S. Capitol this winter with the “People’s Tree,” also known as the Capitol Christmas Tree, a more than 50-year tradition, said Kim Pierson of the National Forest Service.

As the tree travels across the country, it will stop at multiple locations along the way, allowing people throughout the nation to see the tree and leave short notes on the banner on the side of the truck. From 2-5 p.m. Thursday, the semi-truck carrying the tree stopped at the Kibbie Dome parking lot at the University of Idaho for students and community members in the Moscow area to do just this.

This is one of the first stops the tree, joined by the National Forest Service and the Big Idaho Potato Tour, has made on its long journey to Washington D.C.

“We start off with a week in Idaho, so they always tour around the state that it’s from,” said Ellis Nanney of the Idaho Potato Commission.

UI President Chuck Staben kicked off the event by welcoming attendees and discussing the symbols associated with the tree, Pierson said. The UI Marching Band and the Vandaleers each performed shortly after. University dining services provided hot-chocolate, coffee, snack mix and tree-themed cookies.

The Big Idaho Potato Tour and the National Forest Service also provided activities for children in the parking lot.

“We go around the country celebrating Idaho potatoes, reminding people where the

best potatoes come from everywhere we go,” Nanney said as children played ‘potato hole’ next to the giant potato.

She said Idaho last provided the Capitol Christmas Tree in 2003. This year, the tree comes from the Payette National Forest near McCall, Idaho, she said. Pierson said it is also up to Idaho to provide decorations.

“We have over 18,000 ornaments that go along with the tree that were made by Idahoans. We provide 70 additional companion trees that are coming from Northern Idaho that go to Congressional offices, and it really represents the spirit of Idaho and the people who live in and work here,” she said.

Nanney said all the ornaments on the 84-year-old tree are made from recycled materials which mitigates waste when the season is over.

The lighting ceremony will take place Dec. 6 in D.C. after going to an Air Force

“

We go around the country celebrating Idaho potatoes, reminding people where the best potatoes come from everywhere we go.

Ellis Nanney,
Idaho Potato Commission

base to be tested for threats to safety, Nanney said. Updates on the tree’s location will be posted on the Capitol Christmas Tree website.

Nina Rydalch can be reached at arg-arts@uidaho.edu

COMMUNITY

Tasting Thursdays

Moscow Co-op presents Tasteful Thursdays

Bradley Burgess
Argonaut

The Moscow Food Co-op is known for presenting students and the community with unique and healthy alternatives to their normal diets. Now, it is showing its flavorful options off to the entire city.

On Thursday nights, the co-op hosts Tasteful Thursdays, a weekly event that showcases the best the co-op has to offer. This free event features live music, booths for local food purveyors and free massages for patrons. The Co-op also offers free samples of local cheeses, wines and unique products like lentil brownies.

“Tasteful Thursdays is a way to bring the community together to celebrate the changing of the seasons and enjoy these new tastes and flavors that we have going on as we transition from fall into winter-time,” said Co-op Outreach and Education Coordinator Misty Amarena.

Amarena said their goal is to connect the community with those who produce the food or the products they use.

This yields many benefits for local producers like Amber Park of Cru Selections, a wine house and distribution company from Woodenville, Washington. Park offered samples of ciders and beers from local breweries to Co-op customers.

“It’s nice to be able to get the word out,” Park said. “Cider is a really fast-growing market. They’re a little higher price point, so it’s nice to pour before the

“

Tasteful Thursdays is a way to bring the community together to celebrate the changing of the seasons

Misty Amarena, Coordinator

consumer commits to buy something that’s a little pricey.”

Co-op customers Angelina and Chris Slaysman, who only three weeks ago moved to Moscow from Texas, have been frequenting the Co-op since they moved to town.

“The quality up here is just phenomenal,” Slaysman said.

Angelina said she liked the different food tastings offered.

“Different recipes for you to try out, different local products to try that are all organic and homemade,” Angelina said.

Park said she believes it is important to connect with local customers.

“Their values in what they’re buying are in line with what we’re selling. I don’t sell to Safeway’s and corporate stores... they just don’t have the consumers that are interested in the products that I’m selling. This is right up my alley,” Park said.

Tasteful Thursdays are free to the public every Thursday night from 5-7 p.m. at the Moscow Food Co-op.

Bradley Burgess can be reached at arg-arts@uidaho.edu

COMMUNITY

Art in the barnyard

Local award-winning art is hidden in an unlikely place

Sam Balas
Argonaut

Of all the places to find award-winning art, Uniontown, Washington, may be the most unlikely. A small town nestled deep in the heart of the Palouse, Uniontown carries one of the regions greatest secrets: the Artisans at the Dahmen Barn.

The Artists at the Dahmen Barn are a group of local artists who use the 81-year-old barn as a location to cultivate and hone their crafts. The 13 studio spaces are shared among 22 artists who work on their projects while visitors watch and enjoy their work.

While the 22 in-house artists develop artwork for display or commission, nearly 120 local artists display additional art for sale.

This month, the barn will host an exhibit by the Palouse Watercolor Socius. According to their website, the Socius began in 1974, when students at the University of Idaho decided to create a group for watercolorists in the Palouse area.

The influence of the Palouse region is obvious in the work featured in the barn. Many of the pieces are portraits of everyday life on the Palouse. Abandoned barns, old farming equipment and wind-swept grain fields are all expressed through the watercolor paintings adorned on the wall of the ancient, wooden building.

The infusion of painted art displayed in a rustic, folksy building introduces a new dimension to the accessibility of the pieces.

Beside the main exhibit, the barn also hosts several local functions of varying forms of alternative art.

Every Wednesday at 6 p.m., the barn invites prestigious chefs from the Palouse region to teach adult culinary courses, which is just one of the many courses and classes offered in the barn.

Potential students also have the option of taking classes in pottery, craft making and even fly rod building.

When the barn isn’t busy with instructional classes or displaying art, it hosts various local musical groups like the Spokane based bluegrass band Bluestreak, who will perform there on November 19th.

Additionally, curious patrons in a buying mood have the chance to purchase many of the pieces on display, in addition to the various items offered at the barn gift shop, such as soup mixes, locally produced sweets and other goods.

Although the barn attracts many visitors from the region, it still relies on a healthy support network to remain active. The official Artisans at the Dahmen Barn website pays tribute to dozens of supporters from around the Palouse who have made the financial contributions necessary to sustain the growth and longevity of the project.

The same website also illustrates how the project has grown into what it is today. The artisan group first inhabited the barn in October 2006, and since that date they have been renovating and adding to the space to benefit their needs.

It is heartwarming to see such hard work come to fruition. The group’s dedication to introducing high quality local art to a region where such art is rarely seen is a testament to the passion of those who have spent years seeing to the barn’s success.

Sam Balas can be reached at arg-arts@uidaho.edu

MUSIC



Jinrong Lei | Argonaut

Brian Bielanski and Bethany Graham play award-winning music at One World Cafe in Moscow, Idaho, on their Angwish world tour.

Rocking with Angwish

One World welcomes alternative rock band on world tour.

Jinrong Lei
Argonaut

The award-winning alternative rock band Angwish from Charlotte, North Carolina, rocked the night at One World Cafe Friday. Angwish introduced their new album, "United States of Angwish."

Bryan Bielanski, lead singer and guitarist, named his first band "Anguish" when he was an angry 17 year-old who played heavy rock and sought out happiness.

"(My sister) was my hero. She was very much in the rock-and-roll. I kind of got a lot of taste of music from her, and she was the first person to encourage me. I started to play guitar before she passed away. It's one of the reasons I got the band name too," Bielanski said.

A few years later, he changed his band name to "Angwish," which carries a more

positive attitude.

"Somehow I play music as a way for me to keep a happy memory of my sister. It's easy to get sad when ... people go through personal tragedies, but I think doing something positive and constructive can," Bielanski said. "Remembering the good things when you lose someone instead of swallowing sadness ... because this just a part of life."

By holding such an active mind, Bielanski is able to get through many tough moments. The spirit of his sister continues to encourage him to play in the band.

Bryan said that Andy Kaufman and Vincent van Gogh are two big non-musicians influences for him.

"Anything that's outside of the box, non-conformance. Things take a broad perception of the world. Those are the kind of things inspired me to play music," Bielanski said.

This year, Bryan made a tough decision to rebuild Angwish while planning

to travel around the country while playing the music.

Before this journey, Bryan played abroad in many many different countries, including France and China.

Bielanski invited the current drummer, Bethany Graham, to join Angwish and play on tour. Supported by her family, Bethany said she is very excited to work with Bielanski.

"We're really proud of this new album. ... I like to play with Bethany, it's really a good fit," Bielanski said.

Bielanski and Graham have been friends for 10 years, but they played for different bands. Graham said that the new Angwish has been working together since May, and this is their fifth week on the trip. She also said that this is her first tour.

"This is really a big deal for me. ... Cause there are so many things you encounter on the road, the different people, and different place. Some times are great, some times are not so great, but you learn how to adapt

too. When we're behind those instruments and play, like there is nothing better in this world. All these loading and unloading, and dealing with driving and everything, that's what we do," Graham said.

Graham bought her first drum set in college and has been playing for the past 25 years. She learns from practices and plays in different bands.

"There are not a lot of female drummers out there, I felt very comfortable," Graham said. "And there are other female drummers along the way inspire me, like Paddy Sherlock."

Angwish won two "Best Alternative Rock Band of the Year" awards this year. One is from the 2016 Charlotte Music Awards and the other from the Hollywood Music Media. Bielanski and Graham will attend the event this week in Hollywood.

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MOVIES

It's the time warp again

Film industry has a knack for predicting future

No one knows what will happen in the future, but some people can guess much more creatively than others.

Movies and television shows have been predicting the future for decades, some with more success than others. Here's a rundown of some fantastic films that have called the coolest devices of today.

Back to the Future Part II

While director Robert Zemeckis claimed in an interview that movies predicting the future are always wrong, irony set in 2015. Hoverboards, though far less capable than those in the film, are literally floating

around, Nike is selling self-lacing shoes, and of course, the Chicago Cubs won the World Series. Not so inaccurate now, huh?

Minority Report

Steven Spielberg's grim vision of the future turned out to be one of the most predictive films of the decade. Interactive advertisements, though not as annoying as those in the film, are real now on a lesser scale. Eye scanning is a reality as well, proving that Big Brother is watching.

Star Trek

One of the most influential science fiction shows of all time spawned several cool

inventions based off the classic series. The original series communicator inspired the first flip-phone, before smartphones developed video communication, much like the screens on the bridge of the Enterprise.

Wall-E

Pixar's brilliant robot-flick predicted that humanity would become so plugged in by the newest technologies that people would hardly engage with each other. Thanks to social media, this prediction is on its way to coming true, albeit on a lesser scale.

I, Robot

Robots were once the stuff of cheesy sci-fi films of the 1950s. After this, Will Smith's film predicted that robots would integrate

themselves into society, and some robots are already being developed in modern labs, not to mention robotic limbs for amputees and self-aware operating systems. This film's logic is undeniable.

The Island

This chilling vision of a world where society will do anything to prolong life, including growing clones as a source of replacement parts, did call a few things right. Organs are being printed and recreated by top labs and 3D printers, hopefully so people don't have to kill their own clones.

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Bradley Burgess
Argonaut

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Idaho Commons
Whitewater Room

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September 21

Haifeng Liao, Ph.D.
"Dragon multinationals in the United States: Spatial diffusion, locational determinants, and strategic implications for the State of Idaho"

October 19

Scott Slovic, Ph.D.
"Ziran da mei: Pursing the Environmental Humanities in China"

November 16

Sanjay Sisodiya, Ph.D.
"Open Innovation in China: The Evolving Landscape for New Product Development" (Crest Room)

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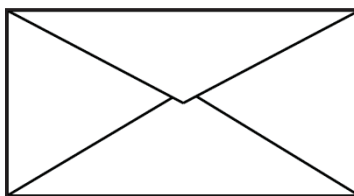
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OPINION



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OUR VIEW

Stuck in the mud

University continues to delay crucial renovations to soccer pitch

On Oct. 23, the Vandal women's soccer team celebrated a 4-0 victory over Southern Utah that secured the No. 1 seed in the Big Sky playoffs and the right to host the conference's postseason tournament.

But when Idaho took to the pitch for a Nov. 4 playoff match against regional rival Eastern Washington, the game was not in Moscow. Instead, the Vandals were on the road in Cheney, despite the lower ranking of the team's opponent.

Why was Idaho on the road for a pivotal showdown in the conference tournament instead of playing at home in front of hundreds of fans? The answer is mud.

Rainy October weather and drainage issues at Guy Wicks Field produced soggy field conditions that made the pitch difficult to play on. As a result, the Big Sky deemed the

field surface unplayable, forcing the Vandals to relinquish hosting rights to rival Eastern Washington. The Eagles capitalized on the home-field advantage by winning the post-season championship and advancing to the NCAA Tournament.

The loss of home-field advantage impacted not only the Vandal soccer team, but the Moscow community as well.

When Idaho hosted the conference tournament last year, nearly 1,000 spectators arrived to watch the championship match against Northern Colorado. That means local hotels and restaurants in Moscow potentially lost hundreds of potential customers who instead traveled to Cheney.

In addition, head coach Derek Pittman was denied the opportunity to showcase the UI campus and soccer facilities to prospective recruits who would be in attendance at the tournament.

This leads many to wonder why no ac-

tion has been taken to fix Guy Wicks Field. According to Dan Ewart, the vice president of infrastructure, the university opted to prioritize the proposed the \$30 million Idaho Arena over renovations to Guy Wicks Field, which are estimated at \$300,000.

A collegiate program that has won back-to-back regular season titles should not be forced to watch as its home field rapidly deteriorates. Instead of building up a program that has displayed an unprecedented level of success, the university is turning its attention away from Guy Wicks Field in favor of a controversial project that is still \$15 million away from reaching its goal.

Athletic success should be rewarded, no matter the sport. UI administrators need to worry about taking care of the facilities that are already in place, rather than distracting Vandal fans with sketches of a decades-old project.

- JG

OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

The end

Some things come to an end and another journey begins.

- Luis

A pleasant irony

A holiday all about being thankful for the good things in our lives could not come at a better time, given all of the division and hatred that seems to be taking over the country right now. Happy Thanksgiving.

- Erin

Dutch loyalty

While reading reports about Starbucks cups not being holiday-ish, I'm over here sipping on some Dutch Brothers coffee.

- Catherine

Thanksgiving

This season I'm very grateful, especially for The Argonaut photographers who make this paper look great, and the law enforcement officials of Moscow and the country who fight for our safety above all else, including their own.

- Diamond

Domestic violence

It can happen to men, too.

- Josh

Treasure Valley Christmas

I think I am most excited to feel the atmosphere in the valley. I love Moscow, but I cannot get home fast enough.

- Mihaela

60 Minutes

Trump looked into the camera during his interview and told supporters to stop attacking people. Not the move I expected, but it's appreciated nonetheless.

- Tess

Meta pie

Sometimes you think life has gifted you with a pleasant surprise, like pie and ice cream. Then you realize that you are oblivious and life doesn't care enough to surprise you with good things.

- Griffen

Fall break plans

Spend time with family, bring home a month's worth of leftovers and raid the Christmas decoration section of Target.

- Hailey

Home sweet home

This break couldn't come at a better time. I need to be home.

- Tea

Vacations with Mom

It's half red meat and half vegan food. And it's all wonderful.

- Jack

Super hero backstory

I've heard talk of a super atomic moon tonight into tomorrow morning. Hopefully this will be my opportunity to become a super-abled vigilante and stop the establishment once and for all.

- Kevin

Supermoon

It's a good thing it gets dark at 4:30 p.m. so I can actually have a chance to see the "super-moon." The next time it will be this close I'll be turning 40.

- Claire

Times like these

Are why we become writers.

- Lyndsie

NOVEMBER 15



Le Hall Argonaut

More than it seems

Autism is misrepresented in film and society, which needs to change

When people hear the word "autism," they have a hard time comprehending the implications it has on a person. This leads to the unfair notion that autistic people aren't valued.

The word autism is used in jokes where words like "awkward," "quiet" and "individuals with behavioral issues" are tossed into the mix.

This heinous reputation attached to autistic people is anything but true. Not everyone with autism functions the same, including myself.

For years, I've dealt with Asperger's Syndrome and kept it secret from everyone until I graduated from high school. Only a few people knew about my Asperger's Syndrome and I hid it from others because I wasn't going to let my hard-earned reputation fall down the toilet just because I'm autistic. It was a burden I couldn't keep any longer and I have since accepted my disability.

Autism is part of my life, but it doesn't define me as an individual.

We tend to have a hard time accepting other people's flaws, but that's what makes human beings unique. I don't need to enroll in special education and I don't need any as-

sistance because I made it this far without any. While I've been fortunate, it does irritate me when people think someone is autistic without knowing if he or she has autism.



Luis Torres Argonaut

Everyone with autism has a different story — we're not just shy people or individuals with bad attitudes. Instead of judging people or thinking they're autistic, take the time to get to know the person.

I'm sick of the notion that we're awkward or have behavioral issues because other people don't know what it's like to live every day with autism. Labeling or assuming only makes matters worse.

People are still searching for answers when it comes to autism, and the media doesn't do justice to what we go through.

The film "Rain Man" is an example where the media exposes people with autism in a realistic light. I couldn't bare the scenes where Dustin Hoffman rages in fear. Those scenes are cringe-worthy because they hit home — not so much for me, but for others who have similar behaviors. This Academy Award-winning film serves as a starting point for people who don't understand how autism impacts a person.



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However, "Rain Man" is a bit out of date because it came out in 1988. Also, Hoffman's portrayal isn't the only way autistic people behave.

The result is that autistic people are misrepresented in media.

There are films that have done a poor job representing them, like the 1999 film "Molly."

Elisabeth Shue portrayed a 28-year-old woman with autism who was recommended by a neurologist to have her brain cells genetically modified to be "normal." The film tanked in the box office and the depiction was inaccurate.

All of us want to be accepted. The best way to reduce the stigma is to recognize a person for who they are. People take the time to know others with all kinds of disabilities — why not autism?

I'm aware there are several awareness programs out there, but there is still room for improvement. Think of the countless stories that have yet to be told. There are some cool things out in this world that autistic people have done to better society. We are simply misunderstood.

Autism is a part of my life, but it's not how I let society define me.

Luis Torres can be reached at arg-opinion@uidaho.edu

GUEST VOICE

The winter blues

Students can beat seasonal depression at UI

With the recent time change, the days have become shorter and the nights are longer — tell-tale signs that we are headed into the winter season.

In north Idaho, the sun sets at 5 p.m., making the days go by so fast it can be difficult to get enough sunlight. Some people feel down or more easily upset this time of

year, every year. One of the most common mental illnesses associated with this time of year is seasonal depression.

According to the Mayo Clinic, symptoms may be irritability, low energy, oversleeping, appetite changes and a heavy feeling in the limbs.

While psychologists and doctors do not fully understand why this occurs, they believe it could be due to our biological clocks. The decrease in sunlight may cause a disruption to our internal clocks, leading to feelings of depression. Students at the University of Idaho are at a higher

risk because they live so far from the equator and receive so little sunlight each day.

Since we can't change our location

or the Earth's rotation, self-care becomes crucial. We can do things to make ourselves feel better, including waking up earlier to enjoy more sunshine, going for a walk outside, journaling, snuggling up and watching Netflix or anything that may help lift spirits. Opening up the blinds when you wake up and or talking to someone you trust may also help.

UI also offers self-help events throughout the semester. During Distress Fest, which is held the week of Dec. 5, Student Involvement brings animals to campus, Campus Recreation offers free yoga and Vandal Health Ed has a Health Hut focusing on self-care ideas where students can make a stress ball. Jamie Derrick also offers a mindfulness class once a week for credit that could be beneficial.

If the symptoms or feelings



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become severe enough to cause a disruption in a student's daily life, such as not going to classes or not hanging out

with friends, it may be time to seek professional help. The Counseling and Testing Center (CTC), located on the third floor of Mary Forney Hall is open five days a week, 8 a.m. – 5 p.m. It is free to students and completely confidential. Treatment for seasonal depression can include talk therapy or light therapy, which is a special light box that mimics natural sunlight and can cause a change in brain chemicals related to mood. Whatever a student may need, the CTC can help.

While our current environment may be dark, our feelings and mood don't have to be. Many people experience seasonal depression each year and there are options available that can help anyone find the light.

Kylie George is a peer educator can be reached at vandalhealthed@uidaho.edu



Kylie George
Peer Health Educator

A needed discussion

The university should prioritize funding for the Counseling and Testing Center

At this point in the semester, tensions are high. Whether it be course work, class registration, personal conflicts or politics, there are plenty of things that can stress students.

While these may seem like small obstacles to some, to others they are larger contributors to an overall sense of emotional and mental tension. And with tensions so high, many students are tackling the obstacles of their mental health.

Confronting one's mental health is not an easy thing to do and professional help is often required. For this reason, many will turn to the University of Idaho's Counseling and Testing Center (CTC) for the wide range of free services it provides. Unfortunately, though, those services may not be as attainable as necessary.

Depending on the time of year, business at the CTC fluctuates and the availability of appointments can be lacking. At its peak, students who go into the CTC can expect to wait several weeks before attending an initial appointment. This is disheartening for many reasons.

With mental illness as stigmatized as it is, it can be a difficult task for many to admit to themselves that they might need some form of help. Beyond admitting that it might be a problem, it's even more difficult to seek out a professional and actually get that help. There are countless opportunities for a person to convince themselves that their concerns are either unfounded or that they can manage it themselves.

Doesn't it make sense then to eliminate as many obstacles as possible from that person's path? How is a person supposed to respond when they make themselves vulnerable enough to ask for help, and are told that they must wait weeks before their struggles can be made a priority? When a person asks for help, they're not asking for help eventually — they're asking for help immediately.

The only other option for students

who are processing uncomfortable emotions is the campus crisis line. However, I take issue with this option. First, the crisis line should be left available for students who are at risk in an undeniably critical situation and it's not the proper space to confront common issues. Second, the name discourages those who might need it from actually using it. The word "crisis" is off-putting. Nobody actually thinks they are in a crisis situation until they take the time to reflect. Clearly a visit to the CTC is the best option for students who are struggling.

Speaking from the perspective of someone who has utilized the invaluable resources provided at the CTC, I am not attempting to diminish or devalue the work of those at the center. I am merely suggesting that the university should place these services as a higher priority. It is obvious that the services are being utilized by students. So why aren't they more readily accessible?

The CTC is wildly underfunded and understaffed. While this is a complicated issue to confront, it is a necessary conversation and a reevaluation of university funding is essential.

In my personal experience, I have encountered a number of instances of frivolous spending on the university's part, and I am not alone in noticing this misuse. On one particular instance I became very frustrated when leaving the CTC with hardly any appointment options, when I could walk into a university function to find napkins individually stamped with "The University of Idaho" in silver lettering. That said, I understand that the napkin budget is not going to single-handedly fund the CTC, but these small things add up in the long run.

Whether or not mental illness is a priority on an individual basis, it should be a priority for UI as an institution. Conversation regarding the potential benefits of greater funding for the CTC should be at the forefront of discussion.

Austin Maas can be reached at arg-opinion@uidaho.edu or on Twitter @austindmaas



Austin Maas
Argonaut

COMIC CORNER

Snapback



Le Hall | Argonaut

Have a stuffed Thanksgiving Break!

Fall Break Hours

November 19th - 20th: Closed

November 21st - 23rd: 7:00 AM - 6:00 PM

November 24th - 26th: Closed

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