

University Communications | Courtesy

The Idaho Arena, as drawn by Patano Studio Architecture. The arena is set to host basketball and volleyball games as well as other entertainment events on campus.

All the right reasons

The Idaho Arena project fills the need for a medium-sized venue at UI

> Tess Fox Argonaut

University of Idaho President Chuck Staben, Athletic Director Rob Spear and Special Adviser to the President Michael Perry have worked quietly since summer 2015 on a 50-year-old idea.

The idea is to create a student space on campus, a middle ground between the International Ballroom of the Bruce Pitman Center and the Kibbie Dome.

The Idaho Arena will have about 4,700 seats, built on the north side of the Dome and will offer a home base for volleyball and basketball. In addition, the arena could host lectures, concerts and other events.

At 4,700-5,000 seats, the arena would be smaller than regional venues. Beasely Coliseum at Washington State University seats more than 11,000, Montana States Washington Arena has more than 7,000 seats and Perry and Staben began working on the Reese Court at Eastern Washington University has 6,000 seats.

There will be a main gym, practice

gym, conference space and offices inside the building.

The building will be constructed using Idaho wood and Idaho-based contractors.

"The wood industry is thirsting for a project that size," Perry said. "There are regulations right now that say, 'If you're going to build a building, it can't go over five stories with wood.' It's partly fire protection, other things along that line."

Perry said the arena will show off the versatility of the wood.

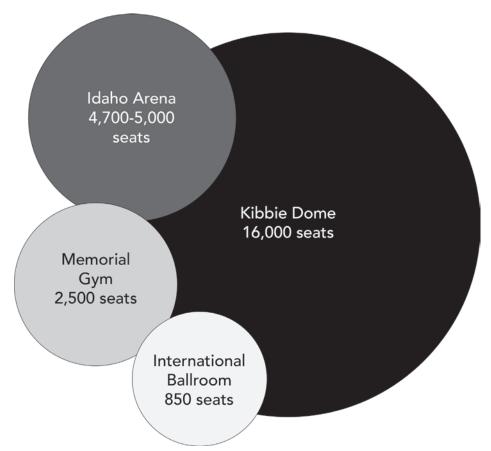
Staben said discussions about building an arena began back in 1969, but he is confident the arena will finally be built this time.

"We're resolved, we're going to do it," Staben told Moscow High School students in October. "We're going to get the money and we're going to do it. You'll get to go to a game there in 2020."

The quiet phase

Perry works on special projects for Staben. His first assignment was the arena. project in August 2015.

SEE **REASONS**, PAGE 4



A senator blossoms

Catherine Yenne takes on her latest role at the University of Idaho as a senator

Taylor Nadauld Argonaut

Catherine Yenne's calendar is an assortment of colorful boxes that schedule her day hour-by-hour. It leaves little room for any blank spaces, but that is the way Yenne likes it. She lives to fill in those spaces.

"I enjoy it. I get kind of antsy if I don't have enough to do," Yenne said.

Yenne, a French, political science and international studies major, is one of the latest senators to be elected to the ASUI Senate along with six other students earlier this month.

Yenne already had a couple months of experience in that role after she took up a senator position in the midst of four vacancies at the start of the school year.

Now that her role is solidified, Yenne said one of her main goals is to create living group video reports that would inform groups that ASUI does not already reach out to — including students living in family

housing and off-campus — about upcoming events.

Yenne said fellow senator Michael Lejardi, who was appointed at the same time as Yenne but not reelected, came up with the idea and presented it to her early on during their time in the senate. She said she is working on the project with him and ASUI Communications Board Chair, Sarah Solomon.

"I'm really excited to continue working on that project and hopefully get the ball rolling," Yenne said.

This is not Yenne's first time in a leadership position, nor is it her only current position. Yenne served as secretary treasurer for the Associated Student Body at Vallivue High School in Nampa her senior year, where she helped plan homecoming and prom activities and budgets.

From there, Yenne said it was an easy step to UI, where she said she had a family of alumni. But Yenne said it was also Director of University Honors Program Alton Campbell who convinced Yenne that UI was the place for her.

SEE **SENATOR**, PAGE 4

HEALTH

Big stress, big solutions

For more news

University resources available during stressful finals season

Carly Scott

Sharon Fritz, a licensed psychologist at the University of Idaho Counseling and Testing Center, knows a thing or two about reducing stress.

She said for students, stress comes from a variety of places. Although stress levels are higher around finals week, Fritz said they're present year-round.

"Certainly (stress comes from) academics, but also in from finances, relationships and work. It's mostly in terms of trying to juggle everything and go to school," Fritz said.

Emily Johnson, mental health program coordinator for Vandal Health Education, said stress can also come from social expectations as well.

Fritz said even things as distant as the presidential election can contribute to the stress-level on campus.

Johnson said stress levels are extremely

high at UI when compared with the national average. Fritz said she guesses this could be because of many factors, including the fact that UI is in a rural community and is largely a resident campus. This causes students to be away from traditional

support systems. Fritz said managing stress successfully is something that should start on

the first day of the semester — not just right before finals.

"You know that you're experiencing stress, but you don't have a plan," she said.

Fritz said managing stress varies on an individual basis, and the first step is for the student to figure out what their goals and priorities are. She said this step can be difficult for some students.

'Sometimes we buy into we can have everything we want all the time. There are consequences to that, and one of those consequences is stress," she said.

Fritz said often students are feeling overwhelmed by responsibilities and shouldn't be afraid to let some things go.

SEE **STRESS**, PAGE 4



The Idaho football team earned its seventh win Saturday.

SPORTS, 5



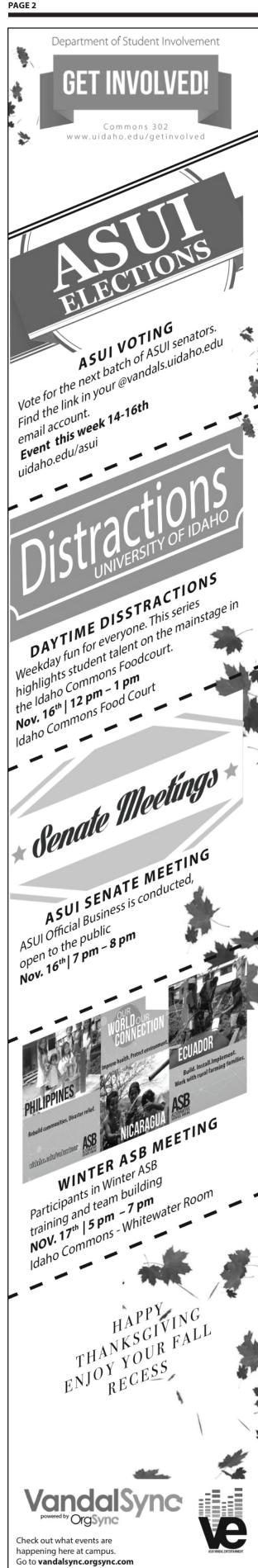
Dead week is not so dead at UI. Read Our View.



The Prichard Art Gallery demonstrates the atrocities of war through art.

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IN THIS ISSUE



A Crumbs recipe

Microwave ramen supreme

Being a poor college student sucks, especially at the end of the semester when funds are low. But, that doesn't mean eating ramen has to suck nearly as much as it does. Try enhancing your ramen with some fresh ingredients, and for heavens' sake, throw away the flavor packet.

Ingredients

- 1 package of Top Ramen
- 2 tablespoons minced
- 2 mushrooms of anykind (other vegetables
- or fungi) ■ 1 1/2 teaspoons ground ginger
- 3 tablespoons soy
- 3 tablespoons olive oil
- 1 teaspoon sesame oil ■ 1 teaspoon rice or
- white vinegar
- 1 stock green onion finely chopped
- 1/3 bunch chopped cilantro (use whole leaves)
- Pepper flakes optional ■ 2 tablespoons lemon
- or lime juice

Directions

- 1. Chop mushrooms into slices
- 2. Chop whole leaves of cilantro
- 3. Chop green onions
- 4. Place half of the mushrooms, cilantro and
- onions on the bottom of a microwave-safe bowl
- 5. Mince fresh garlic or use prepackaged garlic 6. Open package of ramen,

break in half and place in

- microwave safe bowl 7. Throw away the flavor
- package
 - 8. Fill bowl with water until the ramen is covered
 - 9. Add soy sauce
 - 10. Add ginger
 - 11. Add sesame oil
 - 12. Add vinegar 13. Add lime
 - 14. Mix ingredients in bowl
 - with an eating spoon 15. Microwave for 2-3
 - minutes

17. Eat and enjoy

16. Let sit for four minutes

Kevin Neighbors can be reached at

crumbs@uidaho.edu

Snapback





Lee Hall Argonaut

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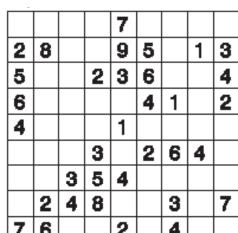
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THE FINE PRINT

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Diamond Koloski **Luis Torres** Photo Editor Video Editor







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WINTER WONDERLAND



Diamond Koloski | Argonaut

Blue skies radiate above snow-covered trees outside the Wallace Complex December 2015.

FACULTY SENATE

Fighting for fairness

Hrdlicka takes on grand challenges as Faculty Senate vice chair

> Nishant Mohan Argonaut

Before joining Faculty Senate, Patrick Hrdlicka was what he would call a "disgruntled faculty" at the University of Idaho.

"I tried internally within my department to improve issues, but at some point I couldn't anymore," Hrdlicka said. "I ran for senate to make this a better place to work."

But Hrdlicka, now in his second year on Faculty Senate and first year as the vice chair, said he has found solving those challenges to be a difficult and slow process.

"I'm not a patient person," Hrdlicka said. "It's a strength and a weakness."

Hrdlicka said he joined Faculty Senate with the hopes of raising the salaries of graduate students to help recruit and maintain the teaching and research assistants critical to research.

With UI President Chuck Staben's goal of raising UI's research Carnegie Melon classification from R2 to R1, other UI researchers have highlighted low teaching assistant pay as a barrier.

"The one case that riled me up was fairness for graduate students," Hrdlicka said. "We have aspirations to become an R1 institution, but we are offering R3-level stipends."

Hrdlicka is co-chair of the recently-formed Faculty Compensation Task Force, a part of a larger move to transition faculty and staff salaries up to average market value nationally. Hrdlicka said he feels he was likely one of the driving forces behind the creation of the task force.

"There is no reason TA's

should be left out of marketbased compensation," he said.

Hrdlicka said he has not made any actual progress, but he thinks he has raised awareness about the issue, laying the groundwork for change. He said he hopes to support a proposal to the University Budget and Finance Committee to fund fee waivers for graduate students.

Though making change has been difficult, Hrdlicka said he finds the efforts to listen and work toward improvement by UI Provost and Executive Vice President John Wiencek and Vice President of Finance Brian Foisy to be encouraging.

Now as vice chair of Faculty Senate, Hrdlicka said he has more ways to influence change.

"It's a challenge I'm starting to embrace," Hrdlicka said. "Like it or not, your voice carries more. I can provide genuine input in the process."

He said he is vocal in the Faculty Senate leadership group along with Wiencek, which were opportunities given to him by his new position.

Hrdlicka said the experience has given him a better idea of the university's inner workings.

"You get to see administrators as people rather than symbols," Hrdlicka said. "I've learned to appreciate a diverse set of opinions that can be hard with my lack of patience. I've learned to be more diplomatic."

He said he thought getting administrators like the provost involved in solving issues would be more difficult. He said instead, administrators tend to be generous with their time.

Nishant Mohan can be reached at arg-news@uidaho.edu or on Twitter @NishantRMohan

STAFF

Vandals helping Vandals

Staff Council awards the most recent Staff of the Month

Andrew Ward Argonaut

Emilie McLarnan, a new hire to the University of Idaho, hasn't wasted any time making a good impression.

McLarnan is the most recent recipient of the Staff of the Month award. She began her position as the coordinator of Violence Prevention Programs back in July.

Although she is new in her roll at UI, McLarnan said she has worked within the Palouse for about 10 years.

McLarnan lived in Ohio before settling in Moscow. She said she decided to leave Ohio in order to be closer to the man whom would later become her husband.

 $\hbox{``The reason I was looking for a job out here}\\$

is because the guy who I was in a long-distance relationship with lived out here," McLarnan said. "And now we have two little boys."

McLarnan said she worked with Alternatives to Violence of the Palouse for almost 10 years. She said she worked as a domestic violence and sexual assault advocate for the majority of her employment, but it wasn't until this summer that she was hired by the university.

Working in the Office of the Dean of Students, McLarnan said her main goal is to lower the number of violent altercations in the community.

"The overall goal has been to reduce the number of incidences of sexual violence, domestic violence and stalking," McLarnan said. "We also want to make sure that there is a good coordinated and consistent response for survivors of violent acts."

McLarnan said her job is to be an advocate to some extent, but she also works with survivors to make sure they are in easy contact with every recourse available to them. She said being educated

about these subjects is crucial.

"It's great that we can treat
these topics as seriously as they
deserve to be treated and at the
same time help people become

engaged, and not threatened by these sensitive subjects," McLarnan said.

She said being able to engage with stu-

She said being able to engage with students, staff and faculty around violence issues is her favorite part of her job because it is so important in a college community to do so.

Sam Koesters, a management assistant in the College of Graduate Students, was the one to nominate McLarnan for Staff of the Month earlier in the semester.

"I nominated Emilie — back in the beginning of the semester for her outstanding involvement with two events that we host the weekend before school starts in the fall," Koesters said.

Koesters said over the summer he reached

send a 300-word letter to the editor



tion to the Teaching Assistant & Research Assistant Institute and those in attendance for New Graduate Student Orientation.

out to McLarnan to give a pre-

sentation about Violence Preven-

Koesters said her presenta-

tions were beneficial to graduate students, as many of them don't know about all of the resources on campus. He said since these graduate students are in leadership roles within the classroom, they now have the ability to help undergraduate students who may be in potential trouble.

McLarnan said she appreciates the UI mentality of "I got your back" for people in need.

"I believe that Vandals are looking out for Vandals," McLarnan said. "We're able to help each other, and people here are able to step in and help their fellow students."

Andrew Ward can be reached at arg-news@uidaho.edu



REASONS

"We finally have a president who has embraced it, embraced it for all the right reasons," Perry said.

Perry said he has been working with donors to reach about half of the project's cost since then.

"If you can't get to about the halfway point in your private, quiet phase, you're not going to see success," he said. "It's too big a hill to climb. Once you get into the (30-60 percent) range, you're going to be OK."

Perry said \$15 million has been put toward the project in private donations. The project's full price tag is \$30 million.

Spear said the price won't go down — it could rise depending on final costs.

"We think \$30 million is the bare minimum," he said. "If anything, we want to be so successful fundraising so if it goes to \$35 (million), we have that option to handle it."

Staben set a goal to increase enrollment at UI by 50 percent by 2025. Perry said creating a vibrant, residential campus will help Staben reach this goal.

Perry acknowledged the various other things UI needs on campus, but said he can't think of a better venue that is as versatile as

The arena will give the university a medium-sized facility for games and other entertainment events.

"As we went through the preliminary planning process, we found out that a lot of the bands that are popular in this day and age like to play in smaller venues," Spear said. "They don't like to play in 10,000 or 12,000seat facilities. It'll be a niche building."

The size allows enough seats to feel full, while creating demand for seats, Spear said.

Director of Architecture and Engineering Services Ray Pankopf said there are still many questions regarding the arena.

'Where we're at this point is we have a sight selected," he said. "We know we want to do an arena at that site. There's a lot of

open space to it, but we haven't the architectural design yet."

Pankopf said there won't be any parking spaces lost at the Dome. However, there is a chance some RV spots could disappear.

"We're building on top of, what is today, a very underutilized recreational field," he said. "So underutilized to a point they put the Idaho Fan Zone tailgating area out there and left the gravel down. That's being used as an RV spot. I assume that when the arena goes down, that temporary gravel pad ... will come away."

Pankopf said the budget is tight and limits any exterior development projects.

"If the budget were to be expanded and if there is some sort of exterior entry plaza or anything like that, there might be some small loss in parking," he said.

50 years in the making

On Spear's desk, a spiral-bound, mustard yellow booklet holds drawings for several combinations of potential facilities. The idea for an arena was introduced in the 1950s. Instead of building several spaces, the university opted to only build a domed stadium.

Pankopf said the planning began in the late '60s and early '70s and a 1972 plan showed an 8-10,000-seat arena.

In 1983, plans were built for an addition to the east end of the Dome. The addition is now the Vandal Athletic Center, home to a weight room and strength and conditioning program.

That was built in 1983 when it became obvious the university didn't have the funds to do a giant arena," he said. "The east end was the compromise."

The first time Pankopf saw serious consideration for an arena was in 1997 with the sports recreation special events master plan.

"That master plan was the plan that led to the Student Recreation Center," he said. "As part of that master planning effort, there was this notion of building some kind of arena."

In 2004, Pankopf said the department focused in a project for the Dome, which culminated in renovations done from 2009-2011. That plan showed the addition of an arena.

"It's been something that's been on the university's thought process for a number of years," he said. "I think it all goes back to recognition that Memorial Gym is too small and too costly to renovate."

The Memorial Gym currently hosts all home volleyball games and the first two months of basketball season. The 12,000 square-foot building opened in 1928 and was renovated in 1954.

To make the 2,500-person capacity arena work for larger crowds, Pankopf said it would need serious reworking once again.

"That's problematic, because the gym is on the historic register," he said. "Trying to get about (2,500) persons in there and not being disrespectful or changing the gym ... would be really, really difficult."

Moving basketball into a separate facility clears the Kibbie Dome for other sports and activity groups.

"You're going to have a period from December on, where basketball won't be set up," Spear said. "It will give that entity and the Dome to attract other types of events."

The Lionel Hampton Jazz Festival, which usually disrupts the basketball schedule, would have exclusive use of the Dome floor during the event.

Other options

School of Journalism and Mass Media faculty member Kenton Bird said he likes the idea of a medium-sized venue on campus.

"I like the idea of something that's bigger than the SUB Ballroom but not as big as the Kibbie Dome to have lectures, to have concerts, some public events," he said.

Associate Director of Competitive and

Recreational Sports Butch Fealy said he thinks the arena will give club and intramural teams For more news content, visit uiargonaut.com more gym time.

"I don't know impact-wise how it will affect (Campus Recreation)," he said. "What I think it

will do is relieve stress on Memorial Gym and the large and small PEB to give students more opportunities for recreational activities. Gym space is pretty tight all across campus, especially come October, November when volleyball and basketball are both in season."

Junior Paden Putnam supports the project because he said it will give students unique opportunities.

"At college is when I'm the most active because those opportunities are available," he said. "I get to go rock climbing and play racquetball and basketball. I don't have access to that at home, and it's neat to have that available."

Putnam said he hasn't been to any Idaho basketball games, but he said a new arena would sway him into attending one.

Senior Keegan Russell said he supports the project, but there are other buildings on campus that need attention as well.

"I'm an art major, and we get stuck in the basement with crappy lighting," he said. "In the winter it gets cold (in the classrooms), but other it's not that much of a downfall."

Russell said the investment could be beneficial for basketball.

We've invested in our football program and they're doing better this year," he said. "Why not pour (money) into basketball?"

Sophomore Ryder Magnaghi agreed some places on campus could use work. "I don't think it should take away from

the Idaho Arena," he said. "I think that's the priority." Colton Clark, Brandon Hill, Ella Fredericks and Mihaela Karst contributed to this report.

> Tess Fox can be reached at arg-news@uidaho.edu or on Twitter @tesstakesphotos

SENATOR

"He was kind of the guy that convinced me that U of I would be where I wanted to be, and I haven't looked back since. I really love it here," Yenne said.

The two have known each other for three years. Campbell said it was Yenne's essays that stood out to him her freshman year, calling her writing "unusually good."

"She came in civic-minded, with engagement, wanting to make a difference," Campbell said.

He said Yenne's confidence has grown since her freshman year, something both Yenne and her friend, Alyssa Baugh attested to.

Baugh, a self-described introvert, and Yenne both lived in McCoy Hall their freshman years. Though Baugh said she and Yenne share little in common politically and academically, they were brought together by the Honors Program, where they both served as Honors Ambassadors, and have been friends ever since.

"As long as I've known her, she's always been very involved," Baugh said.

Baugh said she would vote for Yenne in the latest ASUI elections a first time for Baugh, who said Yenne is the only person she would ever get political for.

Yenne described herself as shy, especially her freshman year when she said ASUI was definitely not on her radar. But as she

began to branch out in her personal life, Yenne branched out in other ways to get involved at UI.

Yenne spent her entire sophomore year in Lyon, France, where she studied French and European politics.

"That was really hard going to another country where you don't speak the language totally fluently," Yenne said.

But Yenne said she found relief from unfamiliarity when she introduced herself to the director of her program in Lyon, who told Yenne she had taught at UI before.

Yenne said her experiences abroad gave her footing to branch out this year and apply for the senate.

When Yenne is not busy working on the Senate Finance Committee, attending Honors Leadership Council meetings, working as deputy campaign manager for local political campaigns or as the Vice President of Idaho Young Democrats, Yenne said she looks forward to the end of the day, when she can hang out in the Scholars LLC building with

"One of my favorite parts of the day is coming back home and we all sit in front of the fireplace and just talk and do homework and I really enjoy that," Yenne said.

Taylor Nadauld can be reached at arg-news@uidaho.edu or on Twitter @tnadauldarg

STRESS

FROM PAGE 1

"What happens is we just keep piling things on, we don't take things off," she said.

Fritz and Johnson said it is important for students to take care of themselves both mentally and physically. Fritz said it's important to treat the body right and not to rely too much on caffeine or alcohol.

"Self-care is a big component, taking care of yourself both physically and mentally is important. It's important to challenge your-

self to do things because you want to - not because you have to," Johnson said.

She said exercising, getting outside and improving nutrition can help combat stress.

Johnson said one of the biggest misconceptions from students is that they don't need help and can handle it on their own. She said reaching out for help is one of the biggest ways to feel better about stress.

Johnson said the university also offers many programs to help students. One of the most popular programs is therapy dogs, she said.

"We know the health benefits that go along with therapy animals are proven and helpful," Johnson said.

She said that not only is it easy to coordinate, but also it reduces stress levels and helps with homesickness.

"It's nice to have a relief for a little while," she said.

The therapy dogs are the next program offered to de-stress students starting Nov. 30.

Carly Scott can be reached at arg-news@uidaho.edu or on Twitter @Idaho_Scotty



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Argonaut Religion Directory



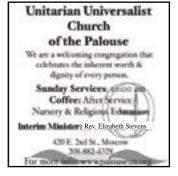
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SPORTS



The volleyball team ends the season on the road.

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'We can win ball games'

Idaho fights to the end in a thrilling fourth quarter victory

Brandon Hill Argonaut

Time and time again, Idaho football head coach Paul Petrino has repeated the same mantra-find a way to win in the fourth quarter.

The Vandals accomplished this Saturday against South Alabama in theirits first home game in a month.

Idaho's offensive attack cumulated 407 yards, which was enough to overcome the Jaguars 38-31.

"It's exciting to see that no matter what is going on, we're confident we can win ball games," junior quarterback Matt Linehan said.

Trouble in the passing game began early for Idaho (7-5, 5-2). During the Vandals' first drive, Linehan was intercepted by Jaguar cornerback Jalen Thompson.

South Alabama (5-6, 1-6) had turnover issues when receiver Tyrone Williams lost the ball after a hit from senior safety D.J. Hampton. Receiver Sam Harris recovered the fumble, saving the Jaguars from a turnover.

Idaho came up with a takeaway four plays later. Sophomore linebacker Tony Lashley blocked the Jaguars' punt and recovered on the opponent's 18-yard line.

Sophomore running back Isaiah Saunders made the most of the short field with a 14-yard touchdown run.

Sophomore linebacker Kaden Elliss set up Idaho's next score when he intercepted quarterback Dallas Davis.

Linehan hit senior tight end Trent Cowan for 37 yards and a touchdown two plays later.

Davis found the end zone on a 3-yard quarterback keeper for South Alabama on the next drive. At the end of the first quarter, Idaho led 14-7.

Linehan was intercepted again less than a minute into the second quarter. Idaho's defense came up with an interception courtesy of freshman safety Ty Graham to keep the Jaguars from advancing.

Idaho took the ball and drove to South Alabama's 7-yard line, but could not punch it into the end zone and settled for a field goal.

A 75-yard pass from Davis to tight end Maaseiah Francis on the next play resulted in another Jaguar touchdown, cutting Idaho's lead to three.

Linehan connected with senior receiver Callen Hightower on a 41-yard touchdown pass to extend the Vandal's lead.

South Alabama struck back with efficient passing by Davis. Tight end James Bynes caught a pass and put the Jaguars

within three.
At the end of the half, Idaho led 24-21.
Davis took a quarterback keepper into the right side of the end zone and put South

Alabama in front 28-24.
Saunders answered by battling his way through defenders and into the end zone.

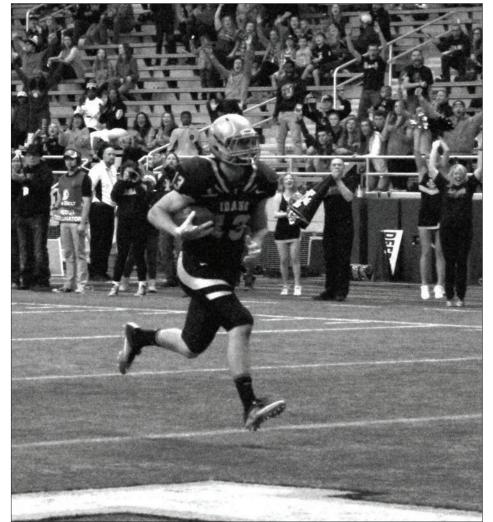
After a pair of punts, the Vandals put together a 15-play drive that ended with Saunders again bursting through to the end zone.

A Jaguar field goal put South Alabama within seven. The team got the ball back with 2:08 remaining in the game. Idaho's secondary prevented the Jaguars from advancing past the Vandal's 33-yard line.

With the clock ticking to zero, Davis attempted a last-ditch pass to the end zone. Idaho senior safety Russell Siavii was there to bat the pass down and seal the win for the Vandals.

Linehan finished with 231 yards, three interceptions and two touchdowns. Saunders led the run game with 142 yards on 23 carries and three touchdowns.

Lashley led the defense with 14 total



Diamond Koloski | Argonaut

Senior tight end Trent Cowan scores a touchdown Saturday in the Kibbie Dome.

tackles and eight solo tackles. Sophomore linebacker Ed Hall had three tackles for a loss of 11 yards.

"We've all been through some tough times together," Petrino said. "The more tough times that you've went through makes you tougher. Iron sharps iron. We're a pretty darn tough team right now."

The Vandals face off against Georgia State 2 p.m. Saturday in the Kibbie Dome. Brandon Hill

Brandon Hill can be reached at arg-sports@uidaho.edu or on Twitter @brandonmtnhill

WOMEN'S BASKETBALL

Thanksgiving blues

For more sports content, visit

thevandalnation.com

Ferenz, McCorkell, Reilly lead Idaho in 3-1 week on the road

Staff report Argonaut

The Idaho women's basketball team had a rough road trip over Thanksgiving break. With just one win in five games, the Vandals still have several weeks of nonconference road games before a second home game of the season.

Idaho plays Oregon State 8:30 p.m. Friday in Corvallis.

Idaho 88, California State-Fullerton 86 - Nov. 14

Idaho's second nonconference win marked the program's 600th win.

The Vandals and the Titans fought through the first half, with Fullerton leading by as many as nine points.

With minutes left in the half, sophomore guard Mikayla Ferenz sunk a three and put

Idaho up 38-36.

The Vandals held a 43-38 lead at the conclusion of the half.

Idaho stepped up during the second half and led the game until the closing minutes.

Fullerton took an 82-81 lead with just 1:43 to play.

Junior post Geraldine Mc-Corkell scored five consecutive points and put Idaho up 86-82. Sophomore guard Taylor Pierce and senior point

guard Karlee Wilson made free throws in the closing seconds of play to secure the Idaho win.

McCorkell played a record-breaking game, scoring a career-high 30 points. Wilson earned five points and 10 assists. Pierce totaled 18 points.

Senior guard Agueda Trujillo earned 17 points in 18 minutes off the bench.

The Vandal bench outscored Fullerton's 26-17, while the Titans outrebounded the Vandals 42-37.

Idaho head coach Jon Newlee said he was pleased with the win.

crazy on us. She had a great game against

San Diego and continued it tonight. I

thought Daylee (Hanson) did a good job

"It was tough tonight," Newlee said in a press release. "Hats off to Cal State Fullerton. They shot the ball well tonight, a lot better than they have. (Iman) Lathan went coming off the bench and defending her."

Washington 105, Idaho 53 -

The Emerald City has eyes only for Washington, as the Vandals fell in a blowout game to the No. 15 Huskies in Seattle.

Junior post Brooke Reilly led Idaho with 13 points. Sophomore guard Mikayla Ferenz earned 10 points.

Idaho coach Jon Newlee said he doesn't expect a repeat of Idaho's performance.

"We knew we were going to get some great looks," Newlee said. "They were making their shots and we were not. Our best shooters go 3-for-22 from 3-point range. We are not going to have too many games like that."

The Vandals broke the school record for 3-point attempts, with 52. Washington and Idaho combined for an NCAA-record 97 3-point attempts.

Idaho struggled from 3-point range, going 0-8 early in the first quarter. The

Huskies took the period 35-8.

Washington kept Idaho scoreless for over two minutes after two free throws from Reilly.

Senior point guard Karlee Wilson ended the drought with a steal. Wilson passed to Ferenz, who attempted a layup.

Washington center Deja Strother fouled Ferenz and the layup was deemed good.

Ferenz sunk a 3-pointer with 40 seconds left in the half.

Junior post Geraldine McCorkell continued Idaho's momentum with a layup. Idaho took a 9-2 run before Washington guard Kelsey Plum topped off scoring for the half at 54-29.

"I liked that we were pushing the basketball in the second," Newlee said. "We started attacking the rim more and then kicking the ball out. I liked our transition. I loved our second quarter. I thought that was more like the game was going to go for us, unfortunately, we just did not keep it going."

The Washington offense dominated the

court, pulling away 79-42 at the end of the third quarter.

Idaho went scoreless again for the last four minutes of the period.

SEE **BLUES,** PAGE 7

MEN'S BASKETBALL

Too many turnovers

Shooting and turnovers hurt Vandals on the road

Josh Grissom

The Idaho men's basketball team (3-2) went 2-2 over Thanksgiving break, falling on the road to Northern Illinois and Sam Houston State.

Little Rock, South Dakota State and Sam Houston State all appeared in the 2016 NCAA Tournament.

The Vandals play San Jose State 7 p.m. Tuesday in the Memorial Gym.

Northern Illinois 63, Idaho 49 - Nov. 16

Shooting woes plagued the Vandals in a 63-49 nonconference loss in DeKalb.

The Vandals went 41 percent at the free throw line and missed 22 shots from the perimeter.

"The bottom line tonight, we didn't shoot the ball well," Idaho head coach Don Verlin said in a news release.

The Vandals went 1-of-8 from the field to start the game. Idaho tied the score at 5-5 during a five-minute dry spell for Northern Illinois in the first half.

After missing nine straight shots from the perimeter, the Vandals took their first lead of the game on a 3-pointer from junior guard Victor Sanders with two minutes left in the half.

Despite a three-quarter court press from the Idaho defense, Northern Illinois tied the game 21-21 before break.

Both teams shot 2-of-20 from behind the arc in the first period.

"I thought we played well in the first half, I thought we did a great job of getting back in transition, we did a great job of rebounding the basketball," Verlin said. "We executed those two points of our game plan all night long."

Northern Illinois guard Laytwan Porter gave the Huskies a 35-27 lead. Several minutes later, Sanders and sophomore power forward Nate Sherwood fouled out.

"What got them the lead was a couple of defensive errors that led to a couple of 3-point shots," Verlin said. "And then we fouled them too much."

Junior forward Brayon Blake made a putback dunk and deep 3-pointer late in

the half to no avail. Husky forward Levi Bradley contributed 10 points in the win.

Blake and Sanders combined for 31 points in the loss. Scott finished with eight boards.

Idaho 65, Little Rock 57 -Nov. 18

Defense was key in Idaho's second nonconference win in Arkansas.

"First and foremost, I talked to them in the pregame about sticking to our bread-and-butter and our bread-andbutter is defense and rebounding," Verlin said in a news release.

The Vandals held the Trojans to 31 percent from the field and 20 percent from the perimeter.

"Now, because of all the missed shots they really got us on the offensive boards," Verlin said. "But I thought we did a great job of really defending their guys."

Little Rock competed in the 2016 NCAA Tournament.

The Vandals finished the game at 42.9 percent from the field and 40 percent from the back court.

Junior guard Victor Sanders led the Vandals with 20 points, four rebounds and four assists. Junior forward Brayon Blake posted seven points and 12 rebounds.

The Vandals were without senior guard Perrion Callandret, but others filled the gap.

Freshman guard Trevon Allen earned his first collegiate start and added three points to the victory. Freshman guard Myles Franklin collected four points and four rebounds, adding to Idaho's 39 total boards.

"I talk to the guys all the time about this being a 15-man lineup and every guy on this team is going to help us win and Trevon and Myles stepped up tonight and played well," Verlin said. "They protected the ball and they did what they needed to do."

Idaho's victory ended Little Rock's 18-game home winning streak, the eighth longest in the nation.

Idaho 96, South Dakota State 89 - Nov. 21

Senior guard Perrion Callandret

SEE **TURNOVERS**, PAGE 7

Volleyball ends in North Dakota

Luis Torres

The Idaho volleyball team's journey to the Big Sky Conference Championship ended early at the hands of No. 1 seed North Dakota.

The Fighting Hawks won their ninth consecutive game, defeating the Vandals 3-0 (18-25, 20-25, 17-25) Nov. 17 in in Grand Forks.

Idaho coach Debbie Buchanan said the team needs to control the ball better.

'Offensively we did not do what we needed to do tonight," Buchanan said. "North Dakota played real steady. We were in each of those sets for the most part. I thought our middles did a good job tonight. We just needed to get more productivity out of our pin-hitters."

The Fighting Hawks started the first set with a 10-6 lead.

The Idaho offense picked up the tempo with multiple kills and cut the lead to 17-13.

North Dakota regained control as the

Vandals committed several attack errors. A 5-0 run by the Fighting Hawks earned them the set.

Idaho (11-18, 6-10) led set two but North Dakota came back with a 5-0 run.

Kills from sophomore middle blocker DeVonne Ryter and sophomore outside hitter Kaela Straw put the Vandals back in front 9-8.

The set was tied at 14-14 and the Fighting Hawks pulled away with a 6-0 run. North Dakota won set two 25-20.

The Vandals were unable to recover from the losses. North Dakota took set three 25-17 to advance in the tournament.

Idaho committed 25 errors including 10 in the third set.

Straw earned a match-high 11 kills.

Sophomore outside hitter Haylee Mathis earned her 10th double-double with 18 assists

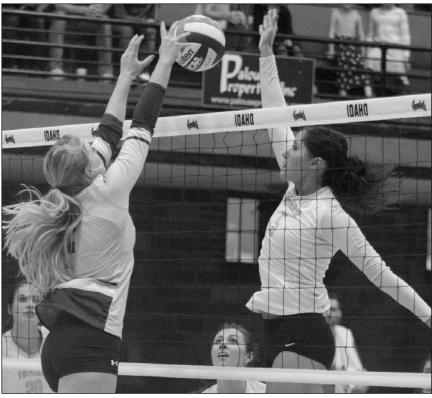
Senior defensive specialist Terra Varney grabbed 23 digs during the game and 1,477 digs in her career.

Varney is the only senior, leaving 15 returners on the roster.

Buchanan said the season had its share of ups and downs.

"We had a lot of injuries and adversity this season yet we were still able to reach the tournament," Buchanan said. "This is the hard part, being in the locker room at the end. We now need to make sure we are getting ready for this next year."

> Luis Torres can be reached at arg-sports@uidaho.edu or on Twitter @TheLTFiles



Sophomore setter Haylee Mathis blocks the ball Nov. 12 in the Memorial Gym.

COMMENTARY

A hopeful start

Ella Fredericks

The Idaho men's basketball team makes progress, despite losses over Thanksgiving break

The Idaho men's basketball team had a bumpy, but promising, start to the 2016-17 season.

In the three away games over Thanksgiving break, Idaho won one.

The Vandals seem to play their best in the Memorial Gym. Idaho (3-2) has claimed victory in both of its regular season home games, as well as two exhibition matches.

The exciting, overtime win over South Dakota State instilled confidence in fans and players.

However, the Vandals' loss to Sam Houston State Saturday in Huntsville, Texas has overshadowed the early success.

Idaho simply did not come ready to play and left out details like points in the paint and turnovers.

Idaho had 15 turnovers to Sam Houston's 14. Normally, this wouldn't be significant, but the Bearkts scored 18 points off turnovers.

The final scores were separated by seven points. Limiting turnovers could have given Idaho the game.

The Jackrabbits also led Idaho 20-14 in points

These small, yet important, details are what ultimately led to Sam Houston State's victory. Winning or losing is as simple as a few turnovers.

scored inside the key.

Idaho head coach Don Verlin said For more sports content, visit thevandalnation.com he did not adequately prepare the team for the game against the Bearkats. Even if the team wasn't ready, Idaho has scraped through these rough road games with the

help of a few individual players. Junior guard Victor Sanders led Idaho with 29 points versus South Dakota State and a team-high 14 points in Saturday's low-scoring game against

Sam Houston State. Senior point guard Pat Ingram scored a career-

The exciting, overtime win over South Dakota State installed confidence in fans and players.

high 23 points off the bench against South Dakota State. Ingram was responsible for Idaho's

brief lead against Sam Houston State, a lead that quickly disappeared, but a lead nonetheless.

Freshman guard Trevon Allen played 21 minutes against Sam Houston State and finished with a careerhigh ten points.

Allen has stepped into the role of point guard, with senior guard Perrion Callandret out for the past three games with a lingering knee injury.

Looking at Idaho's home record, playing in the Memorial Gym is a real advantage.

Previous seasons confirm this.

During the 2015-16 season, Idaho went

11-4 at home and 8-7 away. Idaho, like most teams, has a higher level of comfort and confidence playing

Historically, the Vandals struggle away. In 2014-15, Idaho went 2-12 on the road.

The Vandals take on San Jose State 7 p.m. Tuesday in the Memorial Gym.

Ella Fredericks can be reached at arg-sports@uidaho.edu or on Twitter @ellabfred

Desert destination

Arizona Bowl the likely postseason destination for Idaho football

It's been an eternity since the Idaho football team reached a bowl game. The last postseason appearance for the Vandals was the 2009 Humanitarian Bowl. Idaho posted a thrilling 43-42 victory over Bowling Green at Albertson's Stadium in Boise.

A postseason destination in December marks the third bowl appearance in program history. The first Idaho appearance in the postseason was in 1998 under former head coach Chris Tormey. The Vandals emerged with a 42-35 victory against Southern Mississippi in Boise.

Idaho reached bowl eligibility Nov. 12 with a 47-14 win over Texas State. The result generated a buzz among Vandal fans, excited to attend a bowl game.

But with 41 bowl games this winter, there may be some confusion when it comes to making travel plans.

Thankfully, the postseason picture for Idaho is fairly clear.

The Sun Belt Conference has a total of five bowl tie-ins: The New Orleans Bowl, Dollar General Bowl, Camellia Bowl, Cure Bowl and NOVA Home Loans Arizona Bowl.

The top two teams from the Sun Belt will be invited to the New Orleans Bowl and the Dollar General Bowl, which leaves three bowl games up for grabs.

The Arizona Bowl currently stands as the likely destination for the Vandal football team. The Orlando-based Cure Bowl would

force Moscow fans to travel more than 2,800 miles, while the Camellia Bowl has a history of recruiting Southern programs. Tuscon is just over 1,300 miles from Moscow.

In addition, the Arizona Bowl is tied to the Mountain West, mean-

ing Idaho would play a regional team.

A Dec. 30 appearance in Tucson seems most likely for the Vandals, but there is another option.

Idaho has a history with the Humanitarian Bowl, renamed the Famous Idaho Potato Bowl in 2011. A

game in Boise allows Vandal fans throughout the Pacific Northwest to travel a short distance for the postseason appearance.

Bowl swaps between conferences are fairly routine. It would not take much effort for Potato Bowl officials to schedule a switch.

However, the Potato Bowl's payout of \$325,000 per team is the second-lowest in college football.

The Arizona Bowl's financial information hasn't been released but one can assume the monetary amount exceeds the Potato Bowl. In addition, the Boise-based bowl is the only cold-weather bowl game in Division I football.

With one game remaining in the regular season, a date in the desert looms on the horizon for Vandal football.

Fans who are traveling in December should pack a bathing suit.

Josh Grissom can be reached at arg-sports@uidaho.edu or on Twitter @GoshJrissom

Idaho competes in Houston

Meredith Spelbring Argonaut

Over the course of three days, the Idaho swim and dive team competed against 11 teams from around the country at the Phil Hansel Invitational Nov. 18-20 in Houston. The Vandals finished in seventh place in their first invitational competition of the season.

Day one

The Vandals sent several athletes into the finals in the first day of competition.

Sophomore Leah Fisk and sophomore Aileen Pannecoucke advanced into the finals of the 500 free.

Fisk swam a 5:03.57 in prelims and a 4:58.04 in the finals. Pannecoucke swam a 5:03.05 in her final 500.

Sophomore Clothilde Peseux made finals in the 200-individual medley with a finals time of 2:04.9.

The diving competition wrapped up the first day of the meet. The Vandals found success with three divers in the final.

Junior Nikki Imanaka placed fifth, fol-

lowed by junior Hailey Kessler in sixth and sophomore Janelle Lucas grabbed seventh in the 1-meter dive.

Idaho head coach Mark Sowa said he was pleased with the results of day one.

"Our team got better today and we will look forward to being even better on Saturday," Sowa said in a press release. "Putting three divers in finals was awesome."

Day two

Peseux and Fisk advanced to the B final. Peseux finished with a time of 4:26.02 and Fisk close behind with 4:28.49.

Sophomore Emily Kliewer made a B final in 100 butterfly and finished 11th with a time of 55.56.

Idaho sent four swimmers into the 200 freestyle finals — Pannecoucke and sophomores Erica King, Sarah Hall and Emily

Lucas placed third in the 3-meter diving competition with a score of 298.70. Kessler finished fourth, Imanaka finished seventh followed by junior Maren Seljevold in eighth overall.

Sowa said the day showed potential.

"We showed moments of where we could be by the end of the year and we competed with conviction," he said. "Tomorrow we plan to finish like Vandals."

Day three

Junior Allie Magrino finished 16th overall in the 200 backstroke finals in 2:02.12.

The 200-breaststroke was a strong event for the Vandals, with six swimmers in finals.

Junior Cara Jernigan finished 16th, followed by Peseux in 17th, freshman Aimee Iwamoto in 21st, and sophomore Lauren Votava in 25th. Freshman Cassie Dallas took 30th and freshman Brianna Lucien fin-

In the 200-butterfly, sophomore Vivian Crow took 11th place. Her finish was onesecond faster in the finals.

Lucas led the divers with a first place finished in platform diving.

Imanaka followed in sixth with 186.60 points. Kessler took eighth, with Seljevold in 11th and freshman Heather Carbon in seventh against teams from around the country

The Vandals finish



We showed moments of where we could be by the end of the year and we competed with conviction.

15th place.

"Great meet, great finish, very happy with the effort and the competitiveness that we brought over the weekend," Sowa said.

The Vandals look forward to Winter Nationals Nov. 30-Dec. 2 and the Husky Invitational Dec. 2-4 in Seattle.

> Meredith Spelbring can be reached at arg-sports@uidaho.edu



Joleen Evans | Argonaut

Junior forward Brayon Blake shoots the ball Nov. 18 in the Memorial Gym.

TURNOVERS

FROM PAGE 5

remained absent in Idaho's game against the Jackrabbits, but it didn't appear to phase the Vandals.

Standout performances from senior point guard Pat Ingram and junior guard Victor Sanders helped the Vandals earn a third nonconference win at the Memorial Gym.

"It was a heck of a win," Idaho head coach Don Verlin said in a news release. "It was definitely a shootout tonight. I thought our guys showed a lot of character there."

The Jackrabbits (1-4) opened the game with an 8-2 scoring run featuring a pair of 3-pointers from senior A.J. Hess.

Senior A.J. Hess led South Dakota State during the first half with 16 points and 4-of-6 shooting from behind the arc. Junior Reed Tellinghuisen added 12 points. Sophomore Chris Howell collected three rebounds.

The Idaho bench outscored South Dakota State 19-2 in the first half.

The teams were locked 52-52 midway through the second half when Ingram connected on back-to-back 3-pointers, giving Idaho the lead and making seven consecutive shots.

With 47 seconds left, sophomore power forward Nate Sherwood made what appeared to be the game-deciding jumper, giving the Vandals a 76-73 lead.

But Hess drained a fadeaway shot from the perimeter as time expired.

The Vandals recorded an 8-1 run in the opening minutes of overtime. South Dakota State failed to rally back.

"They hit a desperation three there to force overtime and I thought our guys did an excellent job of changing the momentum of the game and fighting their tails off," Verlin said.

Sanders and Ingram combined for 52 points in the win. Junior small forward Jordan Scott grabbed seven rebounds.

Hess led all scorers with 31 points, including seven 3-pointers. Sophomore Mike Daum added 23 points and six rebounds in the loss.

Sam Houston State 69, Idaho 62 - Friday

The Idaho men's basketball team didn't hold a lead until the second half of Friday's game against Sam Houston State (4-2) in Huntsville, Texas. Once the Vandals took the lead, it didn't stick.

Idaho just couldn't keep up with the Bearkats.

Sam Houston State took the 69-62 win in the last minutes of the game.

"The bottom line is they played harder than us," Verlin said in a radio interview following the game. "I was disappointed in our effort tonight. We're a better basketball team than that."

The Vandals held a lead for just over four minutes of play, to Sam Houston State's 29 minutes.

Junior guard Victor Sanders led Idaho with 14 points.

Freshman guard Trevon Allen earned another collegiate start, with senior guard Perrion Callandret out for the third straight game because of a lingering knee injury.

Allen earned a career-high 10 points. Junior forward Brayon Blake finished

Junior forward Brayon Blake finished with eight points.

"At the end of the day it falls on me," Verlin said. "I've got to get them ready and I didn't have them where they needed to be, the right mindset going into this game."

Sam Houston State spent the first half pressing the Idaho defense.

Behind by as many as 12 points, the Vandals staged a comeback late in the

Sophomore guard Chad Sherwood dropped two 3-pointers and a free throw to chin away at the gap.

chip away at the gap.

The Vandals shot 40 percent from outside during

inside and 44 percent from outside during the first half.

Sophomore power forward Nate Sher-

wood earned his third foul in four minutes on the court to start the second half.

The teams battled back-and-forth during the second period, taking leads of two or three points, only to fall behind the other.

"We got a close game there in the second half," Verlin said. "Something we've worked on going into this game is making sure you keep your composure and make the right plays."

Idaho failed to keep composure, fouling on three straight plays and eventually falling to the Bearkats.

The Bearkats outrebounded Idaho 33-25. Idaho made 32 percent of its 3-point shots, to Sam Houston State's 24 percent. The Vandals finished with 15 turnovers.

"Tonight, this team outcompeted us," Verlin said. "That's unacceptable. We will bounce back."

The Vandals play San Jose State 7 p.m. Tuesday in the Memorial Gym.

Mihaela Karst and Tess Fox contributed to this report.

Josh Grissom can be reached at arg-sports@uidaho.edu or on Twitter @GoshJrissom

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BLUES

FROM PAGE 5

Plum and guard Amber Melgoza scored consecutive threes to extend the Huskies' lead 85-42 with less than eight minutes left.

Freshman post Isabelle Hadden closed scoring for Idaho with a three with 1:24 left. Hadden made her debut for the Vandals Tuesday and ended the night with five points

Washington shot 19-for-45 from outside and 50.6 percent inside.

Washington's Chantel Osahor made Husky history with a triple-double of 11 points, 21 rebounds and 10 assists.

Northern Iowa 76, Idaho 74 - Friday

Black Friday was a bleak day for the Idaho's women's basketball team.

The Vandals lost 76-74 to Northern Iowa during the Grand Canyon Thanksgiving Classic.

The Panthers won the tipoff and struck first on a 3-point shot by forward Hannah Schonhardt. Another layup by forward Taylor Hagen put Northern Iowa up 5-0.

Idaho made the board with a shot from sophomore guard Taylor Pierce.

The Vandals found themselves in a hole after the Panthers went on an 8-0 run and took a 13-4 lead.

Junior post Geraldine McCorkell, senior point guard Karlee Wilson and sophomore guard Mikayla Ferenz put Idaho within five. Senior guard Agueda Trujillo tied

quarter with Idaho's first 3-pointer of the game. Back-and-forth the lead went, tying

the game 15-15 near the end of the first

frequently with no clear leader.

Northern Iowa prevailed and went into halftime with a 34-29 lead.

Things began to change midway through the third period, when Ferenz and Wilson combined for 10 of Idaho's next 20 points.

With 37 seconds before the end of the third quarter, McCorkell made a layup up to put Idaho up by four.

Defense took over the fourth quarter, as neither team scored for a full minute.

Idaho was kept from scoring by offensive fouls, blocks and defensive rebounds.

Down by one, Morgan put the Bobcats in front with a long-range 3-pointer.

Idaho answered with a Pierce layup to tie the game 74-74 with 24 seconds left.

With time expiring, forward Megan Maahs drove down the court and laid in the game-winner.

Wilson led the Vandals with 15 points. She was 5-8 from the field with seven rebounds.

Idaho finished with a 57 percent shooting average. The Panthers, who took more shots than the Vandals, managed 41 percent.

Grand Canyon 64, Idaho 60 - Saturday

The Vandals (2-3) ended the Grand Canyon Thanksgiving Classic with a loss against the 'Lopes (3-2).

Sophomore guard Mikayla Ferenz led the offense for Idaho with 20 points and 43 percent shooting from behind the arc. Junior post Brooke Reilly earned her first double-double of the season with 16 points and a career-high of 16 rebounds. Sophomore guard Taylor Pierce recorded nine points.

Idaho started strong, shooting 50 percent from the field during the first period. Ferenz added nine points. The

Vandals outscored Grand Canyon 19-12 and held the 'Lopes to 4-of-17 shooting.

"I loved the way we started the game," Idaho head coach Jon Newlee said. "Our defensive intensity was night and day from yesterday. Offensively, we

were really moving the ball. That all went out the window in the second quarter, putting us in a big hole."

Grand Canyon started the second quarter with a 7-0 run. A 3-pointer from Pierce put Idaho ahead again, 22-19. The 'Lopes went on another run, this time scoring 18 straight points and took a 37-22 lead.

Idaho was behind 40-31 at the break. Ferenz and Reilly helped Idaho retake

the lead 41-40.

"We regrouped at the half and came ou

"We regrouped at the half and came out on a great run [to start the third]," Newlee added. "Our effort on the offensive boards fueled that. What ultimately decided this game was our carelessness with the basketball. We had 19 turnovers and the fact that we missed wide open looks from 3 and point blank put backs in the fourth hurt."

Idaho outrebounded Grand Canyon 46-27. Idaho scored 16 points on fast breaks. Meredith Spelbring, Luis Torres, Brandon Hill and Tess Fox contributed to this report.

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QUOTE OF THE DAY

"Procrastination is the art of keeping up with yesterday." — Don Marquis

Technology and war

Prichard exhibit explores link between technology, violence

> Sam Balas Argonaut

The inspiration and development of the Prichard Art Gallery's latest exhibit, "Real and Implied," did not arrive instantly.

"I had seen Suzanne's photographs more than two years ago and was really taken. I started thinking 'How do you put that in with something else?'" said Roger Rowley, director of the Prichard Art Gallery. "Then I saw 'The Artificial Killing Machine' and that notion of a different type of war, a way of minimizing what we are doing to soldiers, immediately I thought 'OK, there is something there."

'Real and Implied" features four main exhibits covering the subjects of war and technology. Visitors of the gallery are first introduced to a looping video of dance group ELEVENPLAY + Rhizomatiks Research's "24 Drones," which portrays several dancers choreographed together with an army of aerial drones.

"For me that's kinda like a setup," Rowley said. "It's kind of wonderful, awe inspiring and elegant."

Though he said he believes visitors will also find the video powerful, he said he finds an ostensible presence of danger within the production.

"Immediately there is some sense of danger, some sense that something could go wrong between the dancers and the flying drones. There is a sense of an edge to it," he said. "To me, that sets up the notion that we think of technology as a remote thing ... how you proceed through the exhibit brings the potential danger of technology into sharper focus."

Following the video, visitors are shown Jonathan Moore's "Artificial Killing Machine," an installation of several toy cap guns rigged to a computer monitoring all U.S. global drone strikes. When a strike is reported, one of the cap guns fires and a "receipt" detailing the strikes targets and estimated casualties is printed.

"Now we are talking about drones, but in a very different context," Rowley said. "Yet there is still a feeling of the technology being very remote. There's no threat of a bomb strike happening across the street in Moscow, it's nothing that impacts our lives."

After "Artificial Killing Machine," gallery attendees head upstairs to take in Rosemarie Fiore's "Gunflake Series," a series of gun rubbings configured in the shape of snowflakes.

shaped gun rubbing after the terrorist attacks of 9/11 that shook her native home, New York City. In retrospect, she sees the rubbing as a reflection of the anxiety she felt following the attacks, especially given that she was away from New York studying art in

New Mexico, she said. "I was away from my community, thinking about war and terrorism," Fiore said. "I went to a local gunshop in Roswell, New Mexico, and borrowed some guns for the rubbings. It became a peaceful object over a violent object."

Although now the correlation between the rubbings and the collective nation-wide



Sam Balas | Argonaut

The artificial killing machine exhibit at the Prichard Art Galery installed printing out reciepts every time an American drone strikes.

paranoia following 9/11 is obvious, at the time it did not occur to Fiore where her inspiration for the rubbings came from.

'When I was making the rubbings I didn't realize I was making something related to the war," she said. "I was away from my community. I was too close to understand why I was doing it. It wasn't until further self-reflection that I understood it's inspiration."

The last piece of the exhibit, Suzanne Opton's "Soldier" series, depicts Iraq and Afghanistan war veterans laying their heads

down on a table in massive photographic prints. The series is meant to offer an intimate portrait of the effects of war on those

that fight. Rowley feels that the portraits do an incredible job of portraying the soldiers in an often unseen light. The high-resolution images reveal details often hidden, such as hints of acne testifying to the youth of those sent to fight overseas.

"It's the soldiers that get sent off to fight the war. We got generals and presidents making decisions remotely about these

things," he said. "The trickle down effect is that we are sending out these individuals who have to do whatever strategy and tactics we say. They bear the history of that in the expressions you see in those pictures."

Rowley said the correlation between remote decision making and its effects on

real people is what tied the exhibit together. "Real and Implied" can be viewed until Jan. 28, 2017.

Sam Balas can be reached at arg-arts@uidaho.edu

MUSIC

A non-extinct band

Sam Balas Argonaut

"We just try and create an extravagant party atmosphere where you can't take your eyes off except to dance," said Eric Groseclose, the bassist and self-described ladies man of the future-pop band Digisaurus.

Digisaurus is a Columbus, Ohio, band touring across the West Coast. They recently made a stop in Moscow, playing at local coffee shop One World Cafe.

Packing their vast collection of various instruments and lighting equipment into the small stage inside the popular Moscow spot, they played a two-hour show while costumers sipped their coffee and listened attentively.

Although playing at a coffee shop in a small college town is a different experience than playing in more crowded music venues, Jeff Martin, the drummer of the band, said he enjoyed the experience.

"At the end of the day, if we had an official statistician who kept track of this stuff, I would guess that we sell more merchandise and make more fans in a small setting like

this than at a bigger venue," he said. "Small towns like this is what we thrive on."

This small town feel is what helps drive Groseclose to continue to work hard at perfecting his craft.

"I will take two people clapping and having fun over 40 people not listening any given day," he said.

Lead singer and producer James Allison said that he too enjoyed the more intimate setting that One World provided compared to busier venues.

"Opportunities like this are really good, we get to interact with the audience more," Allison said. "We have to be more open and honest about who we are and what we are doing, whereas in a bigger setting we can

be more mysterious and let the music speak for itself." Although the group is far from home, they have enjoyed their time spent in the Pacific Northwest, which to them is a far

different environment than their home. "I think people on the West Coast are more free spirited," Martin said. "They are more willing to listen to new music which is

great. It is a lot easier out here."

For their part, One World is more than happy to host great bands willing to play on their small stage, said Kendra Allgier, the music coordinator for One World.

Allgier said having bands play in One World allows them to appeal to a wider array of costumers.

"We like to be as diverse as we can," she said. "You can get your work done here during the day, but you can also have fun here at night. We like to be as versatile as possible."

Although the band hasn't achieved the notoriety they may like, Allison said he is just happy to be on the road playing music.

"You get to see everything. As a musician and an artist it is really important to experience the world around you in order to actually be creative," he said. "This is what kind of opens up the world for us in terms of song-

writing and this is fodder for us to work with." Not only does touring allow the band to perfect their craft on an individual basis, it also allows them to better as a unified band,

Martin said. "You get really tight as a band when you play live," he said. "We want to keep

playing live, build up a fan base and keep

Columbus band Digisaurus recently visited Moscow



I will take two people clapping and having fun over 40 people not listening any given day.

Eric Groseclose, Bassist

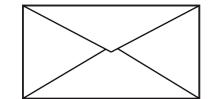
making art."

Although Martin said he hopes the band is successful enough to sustain their art, Martin said that he ultimately wants to see the band stay true to itself and not sell out.

"We want to connect with people, we don't want to be the social media stars," he said. "I think our goal is to be able to do this professionally to the best of our ability. We want to do our music, we don't want to be a fake band."

> Sam Balas can be reached at arg-arts@uidaho.edu

OPINION



Send us a 300-word letter to the editor.

ARG-OPINION@UIDAHO.EDU

Week of the living dead

Dead Week is not so dead at the University of Idaho

s the end of the semester inches closer, it's easy to spot students shuffling around campus and Moscow. There is a cold, dead look in their eyes during the two weeks leading into finals.

Traditionally, the week prior to finals is known as Dead Week. The original intent of the week was to make classes "dead" in order to give students time to study and finish up work for classes.

However, this isn't the case on the University of Idaho campus.

For many students Dead Week has become synonymous with papers and projects due, last-minute exams and an overwhelming feeling of dread.

Student stress levels run exceptionally high leading into Dead Week and Finals Week, which can often translate to damaging behaviors. Sleep deprivation from staying up all night to finish projects and papers, poor eating and consuming copious amounts of caffeine are very unhealthy habits.

There is also a risk of students turning to prescription amphetamines, such as Adderall or Ritalin, or other stimulants in order to stay focused. According to a study by the University of Kentucky's Department of Communication in 2008,

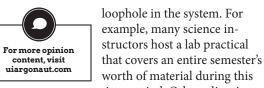
roughly 30 percent of college students use stimulants non-medically. The National Survey on Drug Use and Health reported in 2009 that full-time college students are twice as likely to have used Adderall for non-medical purposes.

A 2015 study from UI's Alcohol and Other Drugs program also reported 9 percent of students used stimulants such as Adderall. This is up from 5 percent who reported such use in 2013.

These numbers can look concerning, especially if it is a result of students being stressed or overwhelmed with work that they can't complete without the use of these stimulating drugs.

UI has changed the name of Dead Week to No-Exam Week. This idea is a good one in theory. Professors are not allowed to give exams in their classes during the week before finals. No-Exam Week is meant to be used for finishing course work and turning in papers.

However, some professors find a



time period. Others disguise exams by renaming them as quizzes or

Luckily, UI offers several ways to combat the ever-increasing stress levels during the final weeks of the semester. For example, there will be therapy dogs available to be played with in the Idaho Commons Whitewater room from 2-3:30 p.m. Wednesday thanks to Vandal Health Ed. During No-Exam Week, the SRC usually hosts free yoga classes as well as other forms of relaxation.

Students need the week before finals to sit down and study without worrying about attending classes or turning in homework assignments. Dead Week should be Dead Week, not a compromised No-Exam Week.

However, it isn't all bad. The countdown to the end is shorter every day. So finish strong. We're all in this together.

- CW

CUFF

QUICK TAKES ON LIFE FROM **OUR** EDITORS

Final stand

The end is near but I won't start slacking off. Finishing on a good note is better than crashing into a procrastination wall.

Fake news

Check the sources, fools. Credibility is important. Noobs.

- Erin

Bowl bound

This is the first time the Vandal football team will go to a bowl game in my college career. We expected, and we won. #StartTheBand – Jack

Currency Fun fact: Venezuelan currency is now weighed by shops to figure out worth be-

- Griffen



cause of hyper inflation.

The world is so much bigger than any single person, place, issue or success. Take time to look at the bigger picture and appreciate everything life has given you, but don't forget to look ahead and try to take advantage of every learning opportunity that may arise.

Snow

I get it. It's a recurring thing. It happens every year. It is almost December. But that doesn't mean I have to like the stuff. Claire

It's a love-hate relationship. I love it when classes get cancelled and hate it when my car is blanketed.

- Hailey

OTC curse

Over the holiday week, I thought of several ff-the-cuff statements and now my mind's a complete blank now that I'm finally able to put something down. I feel like this when writing a book or during a test. #Writerproblems

Holiday music

Lots of people like to say they don't listen to holiday music but they are also the people you always find singing along. Holiday music

- Tea

Shout-out

To all of the UI professors who put their final exams on Blackboard. You guys are the best.

– Josh

Preparation

Being prepared is key in active shooter situations, as demonstrated Monday at Ohio State. Thankful for the speedy law enforcement response. Go Buckeyes.

- Tess

Homestretch T-minus approximately 504 hours.

- Kevin

Cheer

If anyone is wondering why I look so cheerful walking to class, it's because there is Christmas music coming out of my headphones.

- Mihaela

Thanksgiving conversation

A woman told me over Thanksgiving dinner that truth is not a fundamental pillar of journalism anymore. I let her know how very, very wrong she was, and proceeded to talk at length about my excellent UI journalism education.

- Lyndsie



Land for you and me

One of the most prevalent resources this nation holds is in danger of disappearing, falling to the wayside only to be

squandered and forgotten. A vast majority of the land that the United States of America owns is part of an expansive system of nationally held public lands, which are used, cherished and owned by every tax-paying citizen.

The first real movements to ncer Colvin publicize lands for the members Argonaut of this nation to use and enjoy came about near the turn of the century, with the Conservation Movement, John Muir, Theodore Roosevelt and the rest of that ilk. Since the opening of the first National Parks there has been a continuous stream of land not turned over to private investors. Not to those whom can pay top dollar for a prime parcel of land, but rather to the public, who pay for all to have equal and fair use.

Public lands and their federal ownership was recently forced into the national light when, at the beginning of 2016, a sizable group of men and women gathered at the Malheur National Wildlife Refuge to protest the ownership of federal lands in Oregon and throughout the Western United States. The real issues came about when, rather than peacefully protesting, these individuals advocated for the release of the state-held lands

using force, taking the refuge at gun point and holding it in an armed standoff with local, county, state and federal law enforcement authorities.

> The heart of the issue — the same one these men and women advocate so endearingly for — is if these lands were to be sold, who would be getting the best of that deal?

> The vast stretches of national forest and sprawling watersheds protected in perpetuity as wilderness are a resource that any person, willing and able, can use.

It is the ability for an individual to access such an expansive and inclusive system that makes these lands so special to begin with. To think that someone with enough capital and legislative clout could strongarm these opportunities out of so many peoples' lives is a terrifying thought.

As a tax-paying citizen, I have helped purchase and preserve these refuges, forests and parks for the enjoyment of everyone. The ability of a faceless corporation to gobble up land for its own gain is a genuine fear. When people are denied a privilege as grand as open space and boundless landscapes, we are all worse off for it.

Some may say that this is a big "if." They'd be wrong. It has happened in A vast private timber stand owned by

eastern businessmen. Upon delivery of the deed, they immediately closed the mountains to all public access. Hundreds of hunters were left with unfillable tags, and recreators throughout the community were left wondering what the future would hold.

> Because in the end, it is not about me or any other single living person when I talk about protecting and preserving public lands. People of the present already have the chance to experience and explore these gems sprinkled through the West.

Keeping public land is

Because in the end,

it is not about me or

any other single living

person when I talk

about protecting and

preserving public lands.

Potlatch Corporation, in West Central

Idaho, was recently sold to a group of

to enjoy the wild

vital for future generations

The true victims of acts such as these are the future generations that will never get the change to experience the wonder of the American wild.

Spencer Colvin can be reached at arg-opinion@uidaho.edu

Along for the ride

Is it right to ask spouses to support each other, regardless of interest?

Melania Trump is in an interesting predicament.

After years of watching her husband flip-flop between pursuing a presidential bid or not, Donald Trump finally threw his hat in the ring and came out victorious.

The Trumps traveled an unconventional road to the White House, but I won't get into what Donald did. I'm here to talk about Melania.

There was plenty of sexism on the campaign trail, most of it aimed at Hillary Clinton. But, Melania had her fair share of sexist poo thrown at her and no one seemed to do anything.

Maybe it's because her husband is an unconventional, divisive candidate. Maybe it's because she wasn't born in America, is a beautiful, capable woman or maybe it's because people are really, really mean.

But let's get one thing straight Melania didn't choose the White House life, her husband did.

In doing so, he thrust her into the spotlight. Granted, she knew she'd be enduring a little spotlight when she married Donald. But the spotlight got bigger, brighter and nastier during the campaign.

This is what I think happened: Donald decided to run for president, mostly as an ironic, YOLOtype joke.

Melania listened quietly as Donald, laughingly, told her his plan to troll America.

Melania nodded, smiled and said, "Good for you Donald."

In her head, she thought, "I'm just not sure about being first lady and giving up my life."

She wouldn't have said this out loud, because she was supporting her husband, much like friends support friends, even if they get a tattoo of a Chinese character on their wrist.

Then he started winning. Until the Republican National Convention, Melania kept a low profile. She appeared impeccably dressed in public and smiled demurely at the crowds.

Melania has made it clear in interviews with multiple sources that her main focus is being a mother to her son. Before the campaign, she attended events and was a semiregular public figure, but has always preferred to focus on family.

> Full-on Melania bashing appeared after her speech at the Republican National Convention, where parts of her speech where plagiarized from Michelle Obama's 2008 Democratic National Convention speech.

Argonaut As one of my friends pointed out, the speech was about 90 percent underwhelming and 10 percent plagiarized, but it does not give anyone permission to criticize Melania's appearance, English proficiency, nationality or heritage.

Being an asshole is still being an asshole, even if the target belongs to a rival political party.

Melania made it clear her first duty was to be a mother, not to be a politician's wife. It makes sense too, because in 1998, she married a businessman, not a politician.

And as much as a spouse should support their husband, how far is too far? Should Melania give up her quiet life as Barron's mother and social event attendee to shake hands with diplomats and pose for photos?

Some would say yes. However, I disagree. She did not sign up for that lifestyle. In an interview with GQ, Melania made it clear she and her husband have defined roles in their relationship. She raises their son and he works. That is the life Melania chose and wanted.

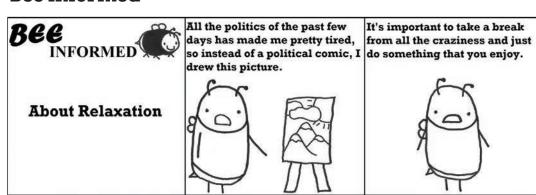
Now, there's no doubt Melania would pick some dope China patterns. But it's pretty clear she could care less.

While a Hillary Clinton presidency would have shattered large parts of the glass ceiling, I think Melania's first lady-ship will add some cracks in other areas. Future first women and men of the country could be free to create their own job description, their own life. And if that isn't the American dream, I don't know what is.

Tess Fox can be reached at arg-opinion@uidaho.edu or on Twitter @tesstakesphotos



Bee Informed



Kyle Harty | Argonaut

Animals for stress reduction

Furry friends are a great antidote for people handling stress, anxiety

Animals have been companions to humans for thousands of years. Dogs are believed to have been domesticated somewhere between 16,000 and 32,000 years ago, while cats are

believed to have been domesticated between 9,500 and 12,000 years ago. Dogs and cats are not the only animal companions that people love today, but they are the most popular. There is reason that people love

their animals so much. While dogs may have protected earlier humans from wild animals and attackers, they now help protect modern day people from stress. Cats were domesticated and worshipped in ancient Egypt, and have since become a popular pet throughout the world.

Using animals for therapy is a real thing, and it does not just include our canine and feline companions. Therapy animals can be any animal that provides comfort during emotional distress. That's right — these animals could even include miniature horses, lizards or even a pet duck.

The human body's nervous system is made up of the sympathetic and the parasympathetic systems. The sympathetic system is the "fight or flight" reflex that a person experiences when a stressful situation occurs. The parasympathetic system is the "rest and digest" portion of the nervous system.

The fight or flight response can be a useful tool in accomplishing tasks, as a little stress can help one focus. However, too much stress can impact one's overall health in a multitude of ways. Hormones can be out of whack, immune

system function can suffer, tension headaches can occur and patience can begin to fray. In order to stay happy and healthy, it is important to take the necessary steps to activate the sympathetic nervous system once in a while in order to kick back, rest and digest.

Animals have been scientifically proven

to counteract the sympathetic (fight or flight) response to stress. Having an animal to hang out with can lower blood pressure, decrease heart rate and stimulate the release of those feel good hormones in our brain (serotonin and dopamine). Animals have even been shown to decrease pain in people after surgery, reduce social anxiety and improve cognitive function.

Animals that make people happy do not have to be registered as therapy animals, nor do they have to go through the

training that therapy animals go through. However, if these animals are to be "working animals" and are taken through hospitals, nursing homes or group gatherings, they must complete training and be registered as a therapy animal.

The human-animal bond is a mutually beneficial relationship for both pet and human alike. While animals benefit from a warm place to sleep, free food and the occasional belly rub, people benefit from the companionship, exercise and social support.

For people interested in reducing stress and playing with some puppies, Vandal Health Ed is hosting Palouse Paws, who will be bring therapy dogs to campus on Wednesday, Nov. 30 from 2-3:30 p.m. in the Idaho Commons Whitewater room. So come, sit, stay and best of all, relax.

> Ian Middleton can be reached at vandalhealthed@uidaho.edu

The excitement of uncertainty Make post-college plans — but also don't

clean-cut plan.

Graduate high school with honors. Attend a four-year university. Graduate with a degree in a field where I can make money while enjoying my work.

That was it. That was the plan. It was indisputable — supported by my parents, my extended family and my entire community. The plan was a given.

Now, as I approach my final semester of college, there is no plan. There are only resumes, job postings and desperate networking — while my home address hangs in the balance.

This is my situation and the situation of countless other students. For the first time, I don't know where I'll be or what I'll be doing a year from now. It's a situation that warrants nervous uncertainty, but also excitement.

It's a situation I'm happy to be in. The further I've voyaged into my

My whole life, there has been a very college career, the more I've noticed the most important things I've learned haven't been

Lyndsie Kiebert

Argonaut

in lecture halls.

I've learned valuable lessons from my favorite journalism instructor, who taught me storytelling is an exhilarating, raw and virtuous calling. My adviser counseled me on more than my class schedule, getting to know me on a personal

level and urging me to pursue the work force post-college. Every friend and co-worker I've met along the way has helped shaped my perspective of myself, of

other people and of the world. When I leave Moscow, I will have a sheet of paper that says I am certified to be a professional writer. I will possess the skills to edit a publication, write a grant or work on a creative team. But where will I go? What will I do? What is the plan?

Granted no career falls in my lap



between now and May, it's safe to bet I could start applying for a handful of jobs in my field in a number of cities and towns. I could also learn to be a river guide in Montana, or wait tables

in an obscure Wyoming town during the mornings while I write the next great American novel at night.

I went to college to experience something new, something that would shape who I've become, and it undoubtedly has. That plan worked out.

And that's why people make plans — to work toward some goal, to reach success. I have found success in college, but what does success look like post-gradation? That's where the most important lesson I've ever learned comes into play: Success is relative.

People have no right to judge another's idea of success. Making a good amount of money could mean success to one person, while raising a large family is success to another. Both are common

Now, as I approach my final semester of college, there is no plan.

aspirations, and both are valid.

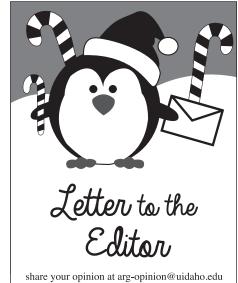
I have no idea what my success will look like. At this point my only plan is to continue learning, traveling and telling more stories. Other students in my situation — other seniors with their earlylife plans coming to fruition — should remember that sometimes the best plans aren't plans at all.

> Lyndsie Kiebert can be reached at arg-opinion@uidaho.edu or on Twitter @lyndsie_kiebert

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