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Tuesday, March 7, 2017

COMMUNITY

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The Fabulous Kingpins perform during Moscow Mardi Gras celebrations at Mingles Saturday night.

Diamond Koloski | Argonaut

A changing tradition

The Palouse community goes downtown, celebrates Mardi Gras

Catherine Keenan Argonaut

Despite the piles of snow that filled down-town Moscow Saturday night, students and Palouse locals endured the weather to celebrate Mardi Gras.

Enjoying the nightlife and the live music, many ended the evening smiling. But most did not know Moscow Mardi Gras Inc. changed its traditional plan for this year's events.

Instead of scheduling day events, the nonprofit organization held a single event with several bars at 9 p.m. Saturday in downtown Moscow.

The celebration was held at the Garden Lounge, John's Alley, Mingles and Moscow City Hall.

The Intentions band musician Jim Boland said before the band's performance at the Garden Lounge to bring enthusiasm to the event.

"Come out to Mardi Gras and have a great time," Boland said.

The local Mardi Gras celebration started in the late '70s and has been around for nearly 40 years. Parades and fashion shows were the spectacle of the event, said Genevieve Bode, president of Moscow Mardi Gras. The traditional celebrations like the float parade and day events were removed this year due to lack of funding from last year.

"Trying to get the parade going ... it was a hassle," said Jeff Spellman, event volunteer and City of Moscow accountant. "Mardi Gras is so much more than that."

Bode said the nonprofit wants to revamp the event and rename it the Palouse Youth Project

for next year to bring the fundraising efforts back to its roots.

"The funds that we raise go to youth organizations," Bode said. "It goes to kids' organizations to help them. It's going back within the community."

She said the fundraising committee is already strategizing on introducing new events for 2018, like day events to involve children — the main focus of the fundraiser.

"We're going to make some structural changes this year," Bode said.

She said the fundraiser will still have the Moscow Mardi Gras annual event.

Spellman said he has volunteered at the event for the past 10 years, and he wants to keep the tradition going.

SEE **TRADITION**, PAGE 4

VOLUNTEERING

Being a savior

Education is the best way to combat irresponsible volunteer practices

Carly Scott Argonaut

For David Catts, a University of Idaho sophomore, the idea of being a savior manifests itself in many aspects of his life.

Catts, who plans on helping refugees as part of his career, said people often comment on the nobility of what he is doing.

"There's nothing noble about it. I feel like it should be an expectation that I go out and do what I can," he said.

He said there is a stark contrast between helping people and saving people, and people should aim for the former.

"The idea that you're somehow a savior for doing something you should already be doing is strange for me," Catts said.

Catts recently participated in an Alternative Service Break (ASB) trip to Nicaragua. He said he felt the trip was more of a collaboration between the students and the locals, rather than a takeover.

"These are things that they already would have been doing in the first place. We went there and helped them doing something they were already going to be doing faster," Catts said.

Rachel Davis, ASB coordinator, said people should evaluate their reasons for wanting to volunteer.

SEE **SAVIOR**, PAGE 4

ASUI

The ability to enact change

ASUI to hold meeting for UI students interested in open positions

Olivia Heersink Argonaut

ASUI will hold a mandatory candidate meeting at 6 p.m. Thursday for students interested in running for a position within student government at the University of Idaho.

Students must complete an election packet and submit it the night of the meeting to ASUI Election Coordinator Taylor Falk.

The packets are available in the ASUI office, Room 302 of the Idaho Commons.

"At the candidates meeting, students will learn the ASUI Rules and Regulations for the election process and tools to help them run a successful campaign," Falk said.

Falk said students will have the opportunity to run for president and vice president, as well as any of the eight open senate seats.

Falk also said students must be registered full-time at UI and have a GPA of at least a 2.75 or a previous semester of a 3.0

to be considered eligible.

Director of Student Involvement Shawn O'Neal said he encourages anyone with a desire to enact change for the benefit of the student body to consider applying for a position.

"ASUI is the students' voice ... it can be very easy for 9,000 students to be on campus and to remain silent, so it's ASUI's job to properly represent student interest by providing an outlet that allows undergraduates to be heard," O'Neal said.

O'Neal said he believes individuals who are part of ASUI get exposed to differing perspectives daily that allow them to see the university on a grander scale because of the variety of people they have the opportunity to interact with.

"Our entire job here at the University of Idaho is to populate the state with engaged people who care and want to do the right thing to better society," O'Neal said. "I think that working at ASUI allows people to see the full student experience, which in turn, helps them to become the type of person we are trying to create at UI."

SEE **CHANGE**, PAGE 4

WOMEN'S CENTER

A reason to celebrate

content, visit

LunaFest returns to Moscow for its 12th year

Taryn Hadfield Argonaut

Incarcerated women performing standup comedy, elderly women creating a synchronized swimming routine, a Syrian refugee teaching her siblings how to read — these are some of the images that filled

the screen of the Kenworthy Performing Art Centre Thursday night, bringing the audience both to laughter and tears.

"What I love about this night is that these films share stories of women living different lives, in

different countries, coming from different backgrounds," said Bekah MillerMacPhee, the assistant director of programs for the Women's Center. "It's all about finding common ground."

LunaFest returned to Moscow for its 12th year, showcasing short independent films by, for and about women. The event is a traveling nationwide festival hosted by Luna, a company that manu-

factures whole nutrition bars.

In Moscow, the Women's Center hosts LunaFest and raises funds primarily for the Breast Cancer Fund. The center also uses extra funds to put toward the Betsy Thomas Gender Equality Scholarship, which is awarded to two University of Idaho students each year for their efforts in gender equality justice.

MillerMacPhee said the event is beloved by members of the Moscow and UI community. The films shown at LunaFest can't

be seen anywhere else. With the gloomy weather and midterm exams in early March, she said the festival is a reprieve and a way for the members of the community to reconnect with each other.

"The festival gives people living in Moscow the chance to see and enjoy films they normally wouldn't find in a town as small as Moscow," MillerMacPhee said.

In addition to the films selected by the nationwide festival, Moscow's LunaFest showcases films made by local students and filmmakers in the Palouse area.

SEE **CELEBRATE**, PAGE 4

– in this issue



Junior Kendall Gray looks to lead by example this season.

SPORTS, 5



Spring commencement shows JAMM some love. Read Our View.

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OPINION, 10



UI hosts the 16th Annual Climbing Festival.

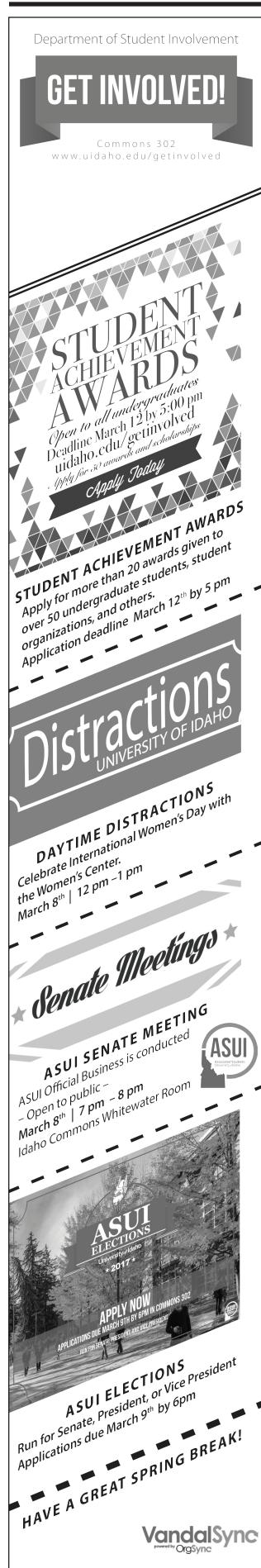
A&E, 8

Volume 118, Issue no. 39

News,1 Sports,5 A&E,8 Opinion,10

University of Idaho

Recyclable



A Crumbs recipe

Taco Lasagna

Time is the most precious commodity, after money. This taco lasagna is perfect for the college student struggling to have enough of both, as it is easily microwaveable and stays delicious days after being cooked.

Ingredients

- 1 pound ground beef 1/2 cup chopped green pepper
- 1 cup chopped onions
- 1/2 cup water
- Packet of taco seasoning ■ 1 8-ounce can black beans
- 4 tortillas
- 1 8-ounce can refried beans
- 4 cups shredded cheese



Directions

- 1. Heat oven to 350 degrees Fahrenheit and grease a 9-inch square baking dish. 2. Cook the beef, green peppers and onions using medium heat. Drain when the meat is thoroughly cooked.
- 3. Add water, taco seasoning, black beans and tomatoes. Simmer on low for five to eight minutes.
- 4. Place one tortilla in the

baking dish. Heat refried beans until warm and spread 1/3 over the tortilla. 5. Spread on 1/3 of the meat mixture and sprinkle on one cup of cheese.

6. Put on another tortilla and repeat two more times. 7. Sprinkle the last cup of cheese on top of the last

8. Bake for 20-35 minutes or until heated through.

> Nina Rydalch can be reached at crumbs@uidaho.edu

Average joe







Grayson Hughbanks | Argonaut

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- 1 School grp 4 Reverse, e.g. 8 Breakfast, lunch
- and dinner 13 Fix, in a way 14 Regatta
- 15 Two-seater bicycle
 16 Capt.'s guess
 17 Sicilian erupter
- 18 Deep blue 19 Scarf bandage
- 21 Mike holder 23 Unit of thermal
- 24 Elder
- 26 Talk like Daffy 28 Sgt.
- Yukon 31 Exhort
- 35 Henpeck
- 38 Legendary creatures of the Himalayas
- 39 Told a whopper 40 Go up against 42 Obstruct
- 44 Twinge 45 Cuzco's country
- 46 Edible fruit 48 Filmmaker Snike
- 50 Repulsive
- 52 Wassailer's song 54 Not abundant 58 Kind of chamber
- 61 High point64 Decorate
- 65 Sound system
- 67 Once, long ago 69 Court do-over 70 Like some
- effort 75 Blue hue Down

72 Canal site

- 1846

71 Reid of "American

73 Ruhr Valley city

- Newspapers 2 Sir or madam
- 4 Pope from 1831 to
- 5 Consume6 Teen affliction 7 Paper purchase
- 3 On the other hand
- at times 29 Not mobile

- 30 Clocked 32 Omani money

9 Armageddon

11 Danish toy

20 Small bite

25 Kind of organ

27 Juice ingredient,

15 Link

- 33 Heredity unit
- 34 Nose out 35 Siestas 36 Eve's son

47 Mexican

51 In a funk

53 New Jersey county 55 Cameos, e.g.

peninsula 50 Marsh wader

- 63 Sting operation 66 Manhattan
- 59 Elevator inventor 62 Tennis units

56 Floorboard sound

58 Catalina, e.g.

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· If your letter is in response to a particular article, please list the title and date of the article. · Send all letters to 301 Bruce M. Pitman Cente

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A community of vulnerability

Annual Hemingway Festival holds reading with local authors

> Olivia Heersink Argonaut

The eighth annual University of Idaho Hemingway Festival held a Sneak Peeks Reading Friday with local authors.

The writers gave short readings from their unpublished, upcoming work.

The event was held at BookPeople of Moscow and featured readings from Kim Barnes, Mary Clearman Blew, Peter Chilson, Sayantani Dasgupta, Debbie Lee, Paul Lindholdt, Michael McGriff, Alexandra Teague and Joy Passanante.

The nine local authors read from poetry, essays and novels — all of which had never been heard publically.

UI English professor Kim Barnes said she had not originally considered writing, but credits her career path to a love of reading and an isolated upbringing that allowed her to be surrounded by the works of a variety of authors, like Louisa May Alcott, Daniel Defoe and Ernest Hemingway.

"I had always been a reader, but it never dawned on me that I could write," Barnes said. "It wasn't until my college years that I realized not only could I read these creations, but I could create them myself."

Barnes said she never saw herself within the stories she read, so that is what led her to create a world that expressed her perspective through writing.

Barnes said she has published a variety of essays and short stories, as well as two memoirs and three novels. She also said she has read much of her writing, yet she was nervous to read at the



Diamond Koloski | Argonaut

PEN/Hemingway Award winning author Ottessa Moshfegh signs books and chats with fans at the Moscow Public Library on Saturday.

Hemingway Festival's event.

"The Sneak Peek is really contrary to how published authors work, we do not trot out our green ponies because what if it's a flop," Barnes said. "I've given readings all over the world and what I read has always been published, it's been vetted and deemed worthy, so when I get up there to read something that hasn't been heard publically, I can't help but feel nervous."

Barnes said despite the nerves, she does love the chance to get up

there and share her work with the public. She said she's been working with the Hemingway Festival since its inception.

"It's not just exciting because it's material that's never been published or read before, but because it creates a community of vulnerability," Barnes said. "I think it is a great experience for our students or other emerging writers to see us get up there and take the chance of just bombing."

UI English professor Sayantani Dasgupta said it was her first time reading at the Hemingway Festival. "The opportunity to

ARG

read was really fun and nerve-wracking — it was nice to hear the variety of voices UI, as well as WSU, has to offer," Dasgupta said. "I thought I needed 500 glasses of water before going up, but now that it's done, I am relieved that that wasn't the case."

Dasgupta said she wrote a version of her piece a few weeks prior, but put in the final revisions the night before the reading.

UI junior Abby Tesnohlidek said she did not know what to expect from the reading and was pleasantly surprised at the

"I originally attended the reading because it was required for a class, but now I think I would definitely go again," Tesnohlidek said.

diversity of pieces she heard.

Olivia Heersink can be reached at arg-news@uidaho.edu or on Twitter @heersinkolivia

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University of Idaho

SAVIOR

FROM PAGE 1

"A lot of people volunteer because it makes them feel good, which is completely valid," Davis said. "I think that is an approach that fixates on yourself, though."

She said growing up, people are often fed the message that other communities need to be "saved" just because they aren't

"However, when you go abroad, you realize that everything you've been fed is not necessarily true. You go out and discover that these people have a life and community and a richness of culture that you never would have known about had you not gone," Davis said.

Davis said they work with Green Empowerment to set up the trips. Catts said Green Empowerment believes in a grass roots, ground-up approach to volunteerism.

"They employ a grass roots, or bottomup strategy of development. Rather than coming into a community and saying 'This is what we think you need, they collaborate with the communities and ask them what they think they need," he said.

Davis said this mirrors the approach and the goals of UI's Alternative Service Breaks.

"That's very much what ASB believes in, you're just working alongside the community. You're not going in and saving anyone," Davis said.

Davis said one of the biggest aspects that lends itself to sustainable volunteering is incorporating the community in the effort.

In Nicaragua, Catts helped install solar panels. He said several community leaders helped install the panels, which in turn educated the community on the maintenance and upkeep of the technology.

"I think it is a responsible method of development, because it creates long-term effects," Catts said.

Davis said she had a similar experience when she volunteered in the Philippines.

"When I was in the Philippines, a lot of the experts on the water technology were people from that community and live there. That made all the difference because Green Empowerment and the ASB team are not going to be there forever, and they're certainly not as quali-

fied as they are," she said.

Davis said this is important because when the volunteers leave, there are still educated, invested people in the community.

Volunteering is one way to combat the savior complex, Davis said. Another, simpler way is just focusing on education. She said before a student goes on a volunteer trip, they should educate themselves on the culture of the people they're going to see and about healthy volunteerism practices.

'Realizing that you're just one person going to support a cause, going into that trip with that mindset helps," Davis said.

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CELEBRATE

FROM PAGE 1

Hunter Funk, a UI student studying broadcasting and digital media, entered her film, "Girls Academy," into the festival.

Funk captured footage of her sorority hosting a retreat for girls at Moscow Middle School. The retreat, called Girls Inspiring Respect Leadership and Service (GIRLS), focuses on building self-confidence and leadership skills through different activities and workshops.

Funk said she loved watching her film on the big screen in front of an audience.

"I couldn't stop smiling," Funk said. "The reaction from the crowd and the mood it put in the room was amazing. I'm honestly still smiling."

Friday night was the third time Moscow's LunaFest featured local films. Lysa Salsbury, the director of the Women's Center, said the center wanted to give local filmmakers a chance to share their talent in front of a large audience, because renting a theater can be expensive.

While there are a few festivals in town open to local submissions, Salsbury said these must go through a jury process. At Moscow's LunaFest, Salsbury said they show nearly all the films submitted and align with LunaFest's message, opening the opportunity to many local artists.

"It's always been a community event, a feel-good event," Salsbury said. "That feels good for people to support because they are supporting their friends and their neighbors."

Salsbury said LunaFest is an important event for Moscow to support because

women are underrepresented in the film industry at all levels. She said women make up less than 10 percent of producers and directors in the industry.

Even the content of films themselves lack a female perspective, Salsbury said. Referencing the Bechdel-Wallace Test, she said most mainstream films never have scenes where two female protagonists are talking about something besides a man.

"That's the product of male filmmakers, which makes this event so important," Salsbury said. "We need to highlight women's work, raise it up, give it an audience and celebrate it."

Claire Manley, a UI student, attended LunaFest for the second time this year. She said the film that most struck her was "Free to Laugh." The short film was a documentary telling the stories of women who had been incarcerated in prison and participated in a stand-up comedy workshop.

"When they said the crimes they did, I immediately judged them at first," Manley said. "But when I heard their stories, I got a whole new perspective and they seemed like completely new people. It showed me that laughter really is the cure to everything."

Salsbury described the night as a "celebration."

"A lot of the work we do at the Women's Center can be very heavy and difficult, focused on bringing awareness to the hardships and challenges of women," Salsbury said. "This night is always so positive and upbeat, and we need that. We need a reason

> Taryn Hadfield can be reached at arg-news@uidaho.edu

CHANGE

FROM PAGE 1

ASUI Vice President Kelsy Briggs said joining ASUI was the one of best choices she could have made in her collegiate career. **ARG**

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Briggs said she got involved with ASUI as a freshman after hearing the then vice president, Sarah Vetsmany, speak about the organization and all of its opportunities.

Briggs said she talked directly with Vetsmany about joining because she thought her age and lack of experience was a deal breaker. However, she said Vetsmany told her, "What's the worst thing that could happen — you don't get it? So what, then you try again next year."

Briggs said she decided to give it a shot

after the conversation with Vetsmany and ended up with a position on the executive side that year and was, ultimately, hooked on ASUI after that, becoming the vice president two years later.

Briggs said she encourages students to take the same leap she did three years prior because again, "What's the worst thing that can happen?"

"ASUI for me has been a fabulous experience, not only

has it created great friendships, but it has given me connections across the university into the Moscow community, as well as the Idaho legislature," Briggs said. "I really don't see a negative side to it."

Olivia Heersink can be reached at arg-news@uidaho.edu or on Twitter @heersinkolivia

TRADITION

"I just help the committee every year," Spellman said. "I had a buddy that used to do this for the committee ... then he just kind of turned it over to me."

He said it is good to give back to the community, especially for children's fundraisers.

Bode said she wants to emphasize who the funding would go toward. She said one source is the Washington State University Palouse Area Therapeutic Horsemanship (PATH). PATH helps disabled individuals mental and physical health through therapeutic horseback riding.

Bode said the event pours more funding for youth nonprofits like PATH.

"So it's going back into the community for the kids," Bode said. "Yes, (the event) takes place in the bars, but it's really about the kids."

> Catherine Keenan can be reached at arg-news@uidaho.edu or on Twitter @Ckeeneye

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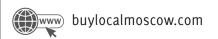
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SPORTS



Idaho seniors end regular season on a high note

WOMEN'S GOLF



Diamond Koloski | Argonaut

Junior Kendall Gray has learned to balance the hectic life of a Big Sky Conference collegiate athlete and the class load of a mechanical engineering major.

Leading by example

Junior Kendall Gray looks for incredible future success

> **Colton Clark** The Argonaut

For student athletes, time to focus on school is limited, so choosing a major is challenging.

Some student athletes, like junior Kendall Gray, have a high probability of becoming a professional but also put themselves through an intense time in school.

Gray said she plans to graduate with a mechanical engineering degree by spring 2019.

Because golf is a full time job, Gray will finish her last year of golf eligibility in 2018 but remain at the University of Idaho for an extra year in order to accomplish

Golf is a love of hers, like baking and her kitten, Lucy, but it requires multiple hours per week to consistently shoot under par.

Despite the perception of golf being a peaceful, methodical sport, Gray's sched-

ule is none of the sort. She must have all of her classes done by 12:30, because Idaho's course is not open yet, the team must take a van to Lewiston to get the daily fourhour practice in. Tuesday and Thursday mornings are mandatory team workouts, which means Gray has to wake up to exercise at 6:45 a.m.

Her major does not make it any easier. Gray has three hours worth of engineering classes each morning. After the team returns home from Lewiston around 5 p.m. each day, she uses the little free time she has to finish homework.

Tournaments are between two to four days long, and there are at least two tournaments a month. The NCAA also allows a maximum of 20 hours of practice per week for every golf team, and odds are every golf team uses every hour.

So why choose a major like mechanical engineering? Gray has her reasons.

"My dad works at Boeing in Seattle so I've always liked math and science," Gray said. "I really just wanted to challenge myself. It's really tough with a sport."

Gray said her father has been the role-model in her life, pushing her to be successful. She said he introduced her to golf when they were living in Fife, Washington.

"I was six when my dad first took me to the driving range," Gray said. "At first, he didn't want to go because he thought I'd run around and be crazy but then he said 'Wow, you have a nice swing,' so we decided to keep going."

She said she was hooked after that with a driving range only a short distance from her home, she took her small set of clubs and practiced almost every day.

"My favorite tournament was in Las Vegas last fall, when I shot 67 for the first time - my lowest round ever and in competition," Gray said. "Apparently, and my dad was freaking out, yelling 'Kendall's five-under now' and calling my mom every hole."

Gray is now a teacher and leader of the team, one of the two "team moms," as Idaho head coach Lisa Johnson described her and her roommate, senior Amy Hasenoehrl. Being one of the only two upperclassmen of the eight golfers on the team, Gray said she takes responsibility for making sure the un-

derclassmen are doing their best. Her favorite benefit of the team are the great friends she has made in her teammates. But Kendall does not mind acting as a mentor, whether by making sure they are not late or simply helping wherever she can.

'Kendall tends to be more of the serious type of leader. She's going to lead by example but she's always very encouraging of all her teammates," Johnson said. "She always puts the team ahead of herself. She does a terrific job for us."

Gray said she plans on attending the my parents were watching the live-stream LPGA's qualifying tournament Q-School. Her ultimate goal is to compete at a professional level once she graduates.

Colton Clark can be reached at arg-sports@uidaho.edu

WOMEN'S TENNIS

Vandals rebound

Idaho fell to the Cowgirls for a second time this season

Brandon Hill

Argonaut

The Idaho women's tennis team escaped the snowy weather over the weekend and headed east to take on two opponents in Wyoming.

First, the Vandals fell 5-2 to the Wyoming Cowgirls Friday. Idaho fell to Wyoming 1-6 in February during the first game of the spring season.

Idaho bounced back Saturday, defeating Hastings College.

Wyoming got out to an early lead in doubles play. Sophomore Marianna Petrei and junior Lucia Badillos defeated Tessa van Der Ploeg and Elisa Koonik 6-1. Freshman Jessica Brzozowska and senior Claire Yang fell in the next match, bringing the doubles score 1-1.

With the opening point on the line, it was up to sophomore Maria Tavares and junior Ana Batiri to keep Idaho from suffering an early deficit. However, the two Vandals failed to defeat Dorottya Jonas and Ana Tkachenko.

The Cowgirls extended their lead heading into the singles matches. Jones earned another quick victory, defeating Brzozowska 6-2, 6-2.

Petrei, the Big Sky Player of the Week, earned her sixth singles win in a row Magdalena Stencel.

Badillos did her best to tie the match at 2-2, but van Der Ploeg came out on top in a contested back-and-forth.

Tavares saved the Vandals from an early loss by beating Milka Genkova in a tie-breaking set 6-1.

Tkachenko finally put the nail in the coffin by beating Yang 6-1, 6-3 on court No. 6.

The next day, the Vandals faced Hastings College. The smaller, Nebraska based school proved no match for Idaho. The Vandals cruised past the

In a change of pace, Idaho jumped out to an early lead in doubles. The Vandals swept all three matches, and no team gave up more than one point.

Badillos earned Idaho's second point of the day after she beat Christy Baily in two 6-0 sets, setting a trend for the rest of the matches.

Tavares also won in a blowout match, as did Brzozowska. Petrei, normally the Vandals' most dominant and consistent player, was the only one of her teammates to drop a game. After a convincing 6-0 win in the first set, she lost two games against Kelsey Brown in the second. However, Petrei still came out on top, winning the second set 6-2.

The win put Petrei at 9-1 on the season in singles. Yang and Batiri closed out the day with two blowout matches of their own.

Idaho sits atop the Big Sky Conference, followed by Northern Arizona and Montana State.

The Vandals get back to conference competition against Eastern Washington March 8 in Cheney.

Brandon Hill can be reach at arg-sports@uidaho.edu or on Twitter @brandonmtnhill

Top-Flight

For more sports

Vandal women's golf team place third at Gold Rush tournament

Colton Clark

Argonaut

The Idaho women's golf team shined bright in California at the Gold Rush tournament in Seal Beach Monday and Tuesday.

Sophomore Sophie Hausmann finished first in the second tournament, shooting a 12-under-par 204. The Vandals finished third

"In the second-round, our ballstriking improved and we made even more birdies," Idaho head coach Lisa Johnson said before the third round of the play. "I'm extremely pleased with how well we look coming out of winter."

Hausmann carded a 2-underpar 70 to finish the first round in a tie for second place. At the oneseed for eventual tournament champions, San Jose State senior My Leander shot a 3-under-par 69 in round one to take the slight lead.

Leander shot a 3-under-par 69 in each of the three rounds to finish in second place.

Hausmann carded an eagle on the sixth hole, a 473-yard par-5, and came in with a 7-under-par 65 to edge out Leander by three strokes in the third round.

As a team, Idaho finished with 880 total, only three strokes behind second-place BYU. Three Vandals placed in the top-20, shooting under par in five of the nine rounds between them.

Sophomore Michelle Kim finished her first round at par, tied for seventh place. Kim recorded a 75 on both the second and third days. She finished the tournament tied for 13th with a 6-overpar 222.

Freshman Clara Moyano ended just two strokes behind Kim at 224. Moyano finished 9-over-par after round two, but a 1-under-par 71 to finish out the tournament lifted her to a tie for 19th place.

The Vandals look to remain hot in warm weather as they travel to the Kaneohe Klipper golf course in sunny Kailua, Honolulu for the Dr. Donnis Thompson Invitational tournament March 14-15.

Colton Clark can be reached at arg-sports@uidaho.edu

WOMEN'S BASKETBALL



Leslie Kiebert | Argonaut

Senior guard Agueda Trujillo fights for a loose ball in Cowan Spectrum on Friday against Southern Utah University.

Sealing the deal

Idaho pulls off a big win against Southern Utah on the seniors' final home game

Meredith Spelbring

Argonaut

The Vandals played their final game of the regular season in the Cowan Spectrum, where they put away another win, defeating Southern Utah 76-61.

For some Vandals it was more than the last game of the regular season — it was the last regular season game as a Vandal.

Seniors Karlee Wilson and Agueda Trujillo were honored to kick off the game.

Idaho head coach Jon Newlee said he liked the way the team played to send off the seniors.

"I think they did a great job," Newlee said. "I think they rallied around, you know (Wilson) obviously had a great night tonight, it's a good way to go out as a senior. Everybody wants their seniors to go out with a win and I think everybody realized again they are going to have to play a little harder than they were playing in those first couple of minutes, if we wanted to beat this team."

The Thunderbirds struck first to kick off the game, taking an early 6-0 lead. The Vandals gave up a lot of rebounds in the opening minutes, allowing Southern Utah to take control of scoring.

The game began to turn the Vandals way after junior post Geraldine McCorkell knocked down a clean 3-pointer to put Idaho on the board.

A 3-point shot from sophomore guard Taylor Pierce pushed the home team up 13-12. Idaho held the advantage for the remainder of the quarter and into the second.

Idaho held control of the game with help from McCorkell, who put up seven points in the early second quarter, pushing the margin out to 28-23. The Thunderbirds battled back to bring it within three with less than two minutes to the break, but a long three from Pierce gave the Vandals a 33-29 lead in the first half.

McCorkell came out for the bulk of the Idaho offense, putting up 12 points in her 14 minutes off the bench.

Idaho head coach Jon Newlee said he thought the team started slow but picked the pace up to send the seniors out on a

"I thought we started out pretty sluggish," Newlee said. "Again, it was kind of like Thursday where after the timeout, we talked about picking up our effort and our energy and I thought from that point forward we did a much better job, you know, as a group."

Wilson said the team backed her in achieving her personal record-setting night.

"I think my teammates did a great job of finding me," Wilson said. "Most teams put a lot of emphasis on like Geri, Taylor and Mikayla, so they were really helping off me tonight particularly, and Brooke. So, they did a really good job of finding us. We were knocking down our shots, moving the ball really well in the second half. My team gave me a lot of confidence at half to just keep shooting, I mean they were all cheering me on so I had to do it

In the closing 10 minutes of the game, Vandals fought for each rebound and score. Wilson made back-to-back trips to the free throw line, where she added an extra five points to her career-high 20point game. She was pulled off the court for the remainder of the game, but not before a warm round of applause from the senior's fanbase. The Idaho bench finished off the game before they won out 76-61.

Wilson finished her final home game as a Vandal with a career-high 20 points and eight rebounds in her 30 minutes of play. Yet she wasn't the only Vandal to finish with top marks. McCorkell, Pierce and Reilly all finished in the double-digit point range. McCorkell put up 16 points and eight rebounds, Reilly with 11 points and five rebounds and Pierce with 13 points.

The Southern Utah offense was headlined by Jessica Richardson with 17 points.

Newlee said they are ready to play in the exciting and unpredictable Big Sky Conference.

"Oh, we feel good," Newlee said. "I mean again, it's cliche but everybody is starting 0-0 out in Reno and it's anybody's game out there, man, anybody's game 1-12."

The Big Sky Conference tournament kicks off March 6 in Reno, Nevada.

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COMMENTARY

Senior stand out

Senior had stellar performances in last home game

Zack Ozuna

Argonaut

The Idaho women's basketball team's regular season came to a close Friday with an 86-83 win against Southern Utah. But for seniors' point guard Karlee Wilson and guard Agueda Trujillo, the game had a different meaning.

It was the last time Wilson and Trujillo would play for the Vandals at the Cowan Spectrum. Four seasons of playing in front of an energetic Idaho crowd are in the past, replaced by four years of memories.

It's not easy saying goodbye, but Wilson and Trujillo must feel gratified to end their final regular season at home and as winners.

Before the game, Wilson and Trujillo were the main attraction. The seniors were honored prior to the game, with family and friends present for a ceremony. Once the lights shut off, the introductions began.

Wilson was the first player introduced. The crowd's cheers grew louder as she made her way from the bench to the court. A cardboard

cutout of Wilson's face was even in the crowd. Tonight would be special. When Trujillo was an-

nounced, the crowd did not lack enthusiasm. She came off the bench, acknowledged her fellow teammates and engaged in a well-crafted handshake.

The lights lit up again. For the last time, these seniors took the court in front of their home crowd. Someone cued the Idaho fight song.

Southern Utah opened on an 8-0 run; everyone seemed to wait for the Vandals to hit their stride. The team's start was not ideal, but great things take time.

With the opening quarter nearly in the books, Idaho made its way back to claim a 13-12 lead. The lead was then extended to 16-12, following a clutch 3-pointer by, who other than, Wilson. From there, her night began.

As a guard, its Wilson's job to command the game. So, it was only fitting that she would have one of her best games on this honorary night.

On the offensive side of the ball, Wilson had eight assists and scored a season-high 20 points. Even if she wasn't assisting on the play, she was often somehow involved.

Wilson's eight rebounds tied a seasonhigh, and her defensive game added an even more threatening element. There was not much Wilson didn't do in the Idaho victory.

The amount of contact a basketball player can handle is constantly tested on a charging foul. It must be a frightening realization knowing that an inevitable crash into the hardwood floor awaits.

Wilson took a charge during the second half that surely challenged the amount of

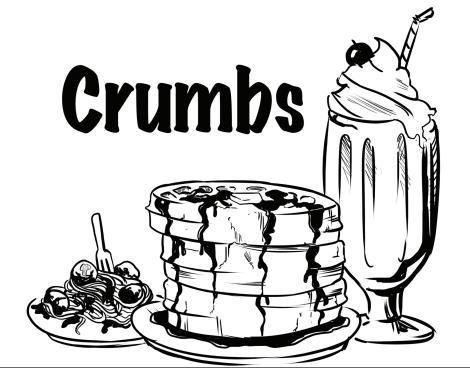
contact she could handle. Teammates rushed to her assistance. She rose from the floor and walked it off.

As the game came to an end, head coach Ion Newlee substituted Wilson out of the game.

She made her way to the bench, and the crowd gave her a standing ovation.

The regular season may be complete, but the Big Sky Conference begins March 6. The Vandals enter the conference tournament as the fifth seed.

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OPINION

Climbing to the top

Argonaut

As the 2020 Tokyo Olympics draws closer, its newest sport in rock climbing grows in popularity

Growing up, all of my friends had their own sport they dedicated their time to — I always wanted that. I found rock climbing in seventh grade.

I went to visit a small gym in the Portland suburbs and after several minutes of talking with the coach I was sucked in. I practiced three days a week and found my way into the gym anytime I could. I climbed for five years as a member of the competitive team.

I was always eager to share my sport. I loved taking people with me and showing them the ropes, literally. Yet surprisingly, I struggled to find others outside of the gym who were willing to go give it a try with me.

It is only in the past several years that climbing seems to have boomed. Many college kids arrive on campus in the fall and almost immediately take to the wall. People I never could convince to go suddenly mastered the lingo associated with the sport and started hitting the gym five

Given the recent spike in popularity, it makes sense that there has been a big push to add climbing on the international stage.

This sport was one of new games added to the upcoming Tokyo 2020 Olympics.

This leads many people wondering how Olympians would compete in rock climbing. Often, the initial assumption is by speed, which, depending on the venue, is not entirely 100 percent wrong.

In rock climbing clubs across the country, a normal competition has several three-hour time slots, where climbers can ascend and compete on their own schedule. Different routes are worth different point values.

But it will look a bit different in 2020. Each country will be represented by four athletes — two male and two females. These athletes will compete

over the span of four days, where the climbers will compete in sport climbing, bouldering and speed climbing. The medals will be given to the climbers who perform the best overall in the three different categories.

But why now? Climbing is a sport that has been around for long time, yet it is just gaining attention. This is at least in part due to increasing accessibility. It used to be that climbers could easily access outdoor climbing spots, yet in recent years the indoor climbing gym has been converting people from rock to plastic.

The majority of younger climbers even get their start on plastic myself included.

It makes it easier. You can be a part of an outdoorsy sport and live in the middle of a metropoli-

According to the Climbing Business Journal, commercial climbing gym growth went up

10.9 percent from 2012 to 2013. The growth spiked in 2015 with the addition of 37 new gyms across the country for a grand total of 414 commercial climbing gyms nationwide.

I see more and more people around me with climbing gear and paraphernalia and the 2020 games are still three

I pulled back from the sport after several years. I climbed so much and for so long, I began to forget why I loved it in the first place. But after watching the dozens of climbers come from around the area to compete in the Palouse Climbing festival, I began to remember why I was drawn to it in the first place.

Climbing forces an athleete to get stronger physically and mentally. It is a puzzle on the wall — it exercises the body and mind. As cliche as it sounds, I cannot think of a better way to explain the sport in simple terms.

I am not one to bandwagon but maybe it is time for me to jump back on with a sport that only continues to grow.

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MEN'S BASKETBALL

Ready for Reno

Vandals seal fourth seed position heading into playoffs following a win against Southern Utah

Meredith Spelbring Argonaut

Idaho finished its regular season with a win at Southern Utah, defeating the Thunderbirds 84-75. Following the win, Vandals secured a fourth-seed position and will kick off the tournament against No. 5 seed Montana.

Idaho head coach Don Verlin said he is proud of the way the team has fought through the season.

"I thought our ball moved extremely well," Verlin said. "I could not be more proud of these guys. When we started this deal at 1-3, you would've never thought we'd be 12-6. We had one heck of a run and it's just a tribute to the guys in the locker room."

Verlin said the successful season is due in part to the friendships on the team.

They've gotten tough, they've gotten together, they've worked like crazy," Verlin said. "The thing I like about this team, probably better than any other team I've had here, is that they really like each other. They care about each other, and that's going to give us a chance to win the Big Sky Tournament."

The Vandals struggled as both teams fought for the lead. The opening half of the game held nine of the 14 lead changes throughout the game. A good layup from junior forward Arkadiy Mkrtychyan kickstarted the game scoring to give Idaho an early two-point lead. But it didn't last long.

The lead was quickly stolen by Southern Utah just a minute later. It continued to go back and forth for the remainder of the half until another layup from Mkrtychyan tied the game at 25-25, with a little more than two minutes left to play.

Junior guard Victor Sanders pushed the Vandals up with a clean three-point shot to go ahead 28-25. Idaho was able to hold on

to finish the half with a 37-29 advantage.

Mkrtychyan finished with the bulk of the Idaho offense with 11 points and two rebounds.

Verlin said the defense stepped up to pull off the win.

"I thought our defense finally wore them down," Verlin said. "We played a defense we hadn't seen in a while, I thought that kind of threw us out of our rhythm a little bit, but ... we didn't lose our defense. They had a couple of seniors step up and make some big shots, but I thought our defense was solid tonight, to say the least."

Idaho held control for the majority of the second half but then Southern Utah took over just five minutes into the half.

The score continued to bounce back and forth before a 7-0 Vandal run half-way through the final 20 minutes to reclaim the top spot. Idaho fought through the rest of the game, expanding the advantage to as

many as 16 points.

content, visit

thevandalnation.com

The Thunderbirds pulled it within nine points but were not able to recover allowing the Vandals to finish the game with a win. Sanders lead the charge with 22 points,

seven rebounds and five assists. Following the win in Utah, Sanders becomes the 12th all-time scorer in program history with a total of 1148 points. Mkrtychyan had a career night with

21 points for a new record and eight total rebounds. Junior guard Chad Sherwood rounded out the double-digit club with 13 points on the game.

Verlin said Mkrtychyan performed a great game with some assistance from

"Great game for Ark," Verlin said. "We knew he had to be really good tonight. Our guys did a good job of getting the ball down low to him. I thought Ark did a very nice job of scoring the basketball, no question about it."

Vandals begin the Big Sky Tournament against Montana Thursday in Reno.

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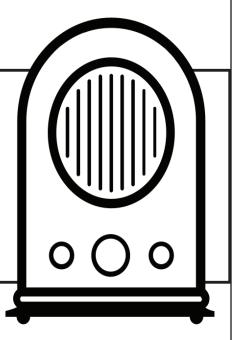


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MARCH 22 Chinese Student Mobility: Trends around the USA and at the University of Idaho

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QUOTE OF THE DAY

"Life beats down and crushes the soul and reminds you that you have one."

— Stella Adler

STUDENT LIFE

A foot on the wall

UI hosts the 16th annual climbing festival

> Jinrong Lei Argonaut

A heavy snowy day visited Moscow Saturday, but it did not stop the approximately 200 climbers from taking part in the Palouse Climbing Festival.

The University of Idaho Climbing Center hosted the 16th annual festival.

This year, the climbers included students and non-students, from professional climbers to amateur climbers, Outdoor Program Coordinator Elise Clausen said. She said this competition adopted a method of self-evaluation.

"Each route is worth a certain number of points," Clausen said. "All the climbers have their own scorecard with their names on it. They have to record which route that was, how many points that was, and how many times that took them to climb it. They can climb as many as they want. It's only the top five they count. So we take the five best [scores]."

Laura Pianowski, a second-year Washington State University graduate student, competed at the festival. Pianowski said she began climbing when she was a sophomore in college. Now she has been climbing for six years, and she falls under the advanced level.

Pianowski said climbing is good exercise and requires thinking and concentration.

Pianowski treated the indoor climbing festival as practice and preparation for outdoor climbing, and enjoys the friendly nature of this competition, she said.

Climbing can release body strains and mental worries, build up muscles and is a good replacement for running and walking, 60-year-old recreational competitor Vaiden Blach said.

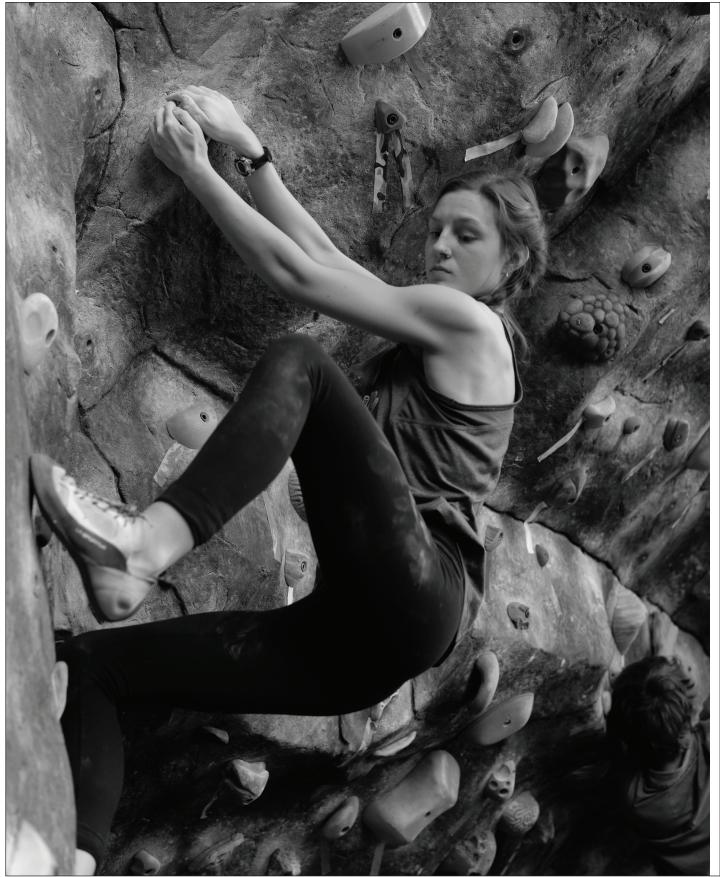
Blach said climbing is a great way to push oneself, but emphasized the importance of knowing one's limits.

Pierce Franklin, a Chemical Engineering freshman at UI, said he has been climbing for about seven years and is part of the UI climbing team. Franklin said he is an advanced climber.

"For me, it is a way to push myself and continue to improve myself," Franklin said.

He said strategy is the most important aspect of climbing.

> Jinrong Lei can be reached at arg-arts@uidaho.edu



Joleen Evans | Argonaut

Sophomore Gillian Freitas competes in the Palouse Climbing Competition Saturday at the UI Climbing Center.

Lighting up the Oscars

"Moonlight" wins Best Picture for its look at several controversial topics

> **Kara Billington** Argonaut

Barry Jenkins' 2016 film "Moonlight" was awarded Best Picture at this year's Academy Awards. After an announcement mix up, "Moonlight" was presented as the winner for its insightful look into controversial topics like homosexuality, racial issues, rough neighborhoods and drugs.

Based on the play "In Moonlight Black Boys Look Blue" by Tarell Alvin McCraney, the film looks at the life of Chiron, a young African American man living in Miami, as he explores his sexuality and struggles to connect with his mother, all while searching for his place in

The film follows Chiron through three chapters of his life — an innocent kid known as Little, an angsty teen and as a grown man working the streets as a drug dealer named Black.

Little is bullied by his classmates for being gay and becomes reserved. His only friend, Kevin, teaches him how to stand up for himself.

After running from other children, he hides out in a popular drug hole where he is found by the drug dealer who runs that area.

Juan takes Little under his care and becomes his father-figure to him.

Through this heartfelt film, viewers get an intimate look into what it is like to be discriminated against for things

While "Moonlight" has a tough front, it takes an artistic look deeper into very personal moments.

people like Chiron have no control over. With the concern of racial discrimination at last years Oscars and the recent apprehension regarding the prejudice surfacing from the White House, "Moonlight" was a prime candidate and deserving victor of the award.

Chiron represents minorities and the under-privileged people around the country and the world who become victimized. With the apparent rise of discrimination seen around the United States sprouting from the country's leadership, a film highlighting several controversial topics winning such an important award provides some hope. While "Moonlight" has a tough front, it takes an artistic look deeper into very personal moments and emotions.

This tough, intimate structure presented in the film reflects Chiron's hard exterior and sensitive interior.

"Moonlight" rightfully won Best Picture because it dared to not just look at, but feature, such provocative topics as homosexuality and racial issues in this beautiful, personal cinematic endeavor.

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Thrill of the hunt

"Horizon: Zero Dawn" is a massive adventure

Despite being populated with menacing robotic dinosaurs, the post apocalyptic world depicted in "Horizon: Zero Dawn," the latest PlayStation exclusive game from developer Guerilla is beautiful.

The game brags on its graphics: ruins of

buildings and cars among massive jungles, hidden bunkers that hide advanced armor sets and numerous opportunities to take in the scenic views omnipresent in this colossal open world.

Thousands of years into the future, Earth is infested with robotic machines of unknown origin, who roam the lands while mankind has

reverted to their primitive ways. The game's story unfolds when Aloy, a determined young woman cast out from her tribe, sets out to conquer the Proving, a ritual to grant her the privilege to rejoin the tribe. But when tragedy strikes the ritual, Aloy must set out on a dangerous mission to find answers and seek revenge.

"Horizon: Zero Dawn" goes the extra mile to make sure players are never bored. The open world is absolutely massive with an abundance of quests for the player to craft their own adventure — if they can stop staring at the gorgeous graphics.

range of choices for the player with multiple ways to approach missions. There's genuine

The activities in the game present a wide

strategy involved with every encounter, re-

sembling a hunt where preparation is half

the battle.

"Horizon" presents a great deal of challenges to the player. This game takes serious skill. For players who aren't used to these types of games, it'll be a culture shock when they die. Adding to the challenge is the lack of autosave.

There's genuine strategy involved with every

encounter, resembling a

hunt where preparation is

half the battle.

Gamers must manually save their game at campfires spread throughout the world, forcing them to think carefully about when they want to

stop and save. And fast travel throughout the game's land costs in game currency, so players must always scavenge for precious resources.

Driving the game forward is its colorful protagonist Aloy, who is tough to not empathize with. As tough as she is, there's still a vulnerable side to her, showcased by early levels set during her childhood. She's less like "Tomb Raider's" Lara Croft and more like "Star Wars" Rey.

Beneath "Horizon: Zero Dawn's" gorgeous visage lies a classic heroine and some of the most jaw dropping moments gamers have experienced. It is a game all PS4 owners should own and should sell tons of consoles for gamers who are drooling over it.

> **Bradley Burgess** can be reached at arg-arts@uidaho.edu

THEATER

Act of friendship

UI Theatre Performance student takes alternate to first place for acting at theater festival

Kara Billington

Argonaut

Kylee Teal, a second year Theatre Performance B.F.A. student at the University of Idaho, came home with two Irene Ryan Acting Scholarship awards from the Kennedy Center American College Theatre Festival (KCACTF) last week. After her first time competing in the weeklong festival, Teal was awarded the Mark Twain Comedy Award and she is the Irene Ryan Regional Alternate.

Teal was one of 250 students from universities around the Northwest nominated to participate in the Irene Ryan competition at KCACTF.

For this competition, nominees choose two scenes and one monologue or song to present, said Teal, who picked the song "The Girl Who Drove Away" from the musical "The Unauthorized Autobiography of Samantha Brown" and scenes from the plays "The Kiss" and one of her favorites, "Belleville."

While the song was a solo act, Teal didn't have to take the stage alone for her scenes. With her acting partner and best friend Tanner Collier by her side, she said she was able to focus on having a good time.

"My favorite part (of the competition) was doing it with Tanner," she said. "I had so much fun with it because I got to do it with my best friend."

Teal says she owes her scene and song selections to her friends and classmates as they inspired and encouraged her in her choices.

'The song I did was actually per request of Hunter Price," she said. "Belleville' happened because it's a favorite of, of Tanner

She also said she picked "The Kiss" because she thought it would be the most fun to do with Collier.

Throughout the week, students like Teal

I had so much fun with it because I got to do it with my best friend.

Kylee Teal

attended workshops and auditioned in front of judges, receiving feedback and sometimes, facing criticism and doubt.

Teal said she experienced this firsthand and found it to be one of the hardest parts of the competition.

"Being told that this would be a good experience for me but that I wouldn't get anywhere with it was one of the hardest parts,"

Despite the criticism and doubt, Teal said she still had fun, learned some invaluable lessons and was able to do very well.

"I learned to stay humble through all this and to just have fun with it," she said. "I'm not one of those people who has to win it all, I just wanted to have fun."

Having fun was the most important takeaway of the competition she said.

"At some points I'd psych myself out and I'd have to remind myself that this is just a chance to share my work with others," she said.

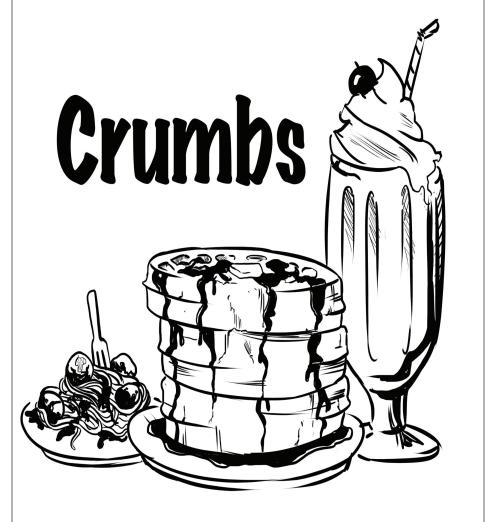
She also attributes much of her success to her partner, Collier, and their close friendship.

Tanner and I have such a deep bond that when we were up there, none of it felt fake, it felt natural and it was so easy to be with him," she said.

Teal will be ready to attend the KCACTF National Festival April 16 to 22 in Washington, D.C. if she is called upon as an alternate.

Kara Billington can be reached at arg-arts@uidaho.edu or on Twitter @K_Billington3





Directing from the heart

Senior theater student at UI named alternate in directing competition at theater festival

Kara Billington Argonaut

Hunter Price, a senior working toward a B.F.A in theatrer at the University of Idaho, took his directing skills to the Kennedy Center American College Theater Festival (KCACTF) and returned with two awards.

In his final year at UI and his first year participating in the competition, Price was awarded the Society of Directors and Choreographers (SDC) Meritorious Achievement Award for directing and was named the SDC Regional Alternate.

Price competed against 20 other student directors from the Northwest including three of his classmates.

In this competition, the students take on all aspects of directing a play, from casting to props to scheduling rehearsals. Participants in the SDC competition choose from a list of plays and are then given a section of that play to produce any way they choose.

Price picked the play "Rag and Bone" by Noah Haidle and was given the first three scenes to practice and present.

He said he was drawn to the play because he remembered reading it as a freshman and being deeply moved.

"I read through all the other plays on the list and I would always keep coming back to 'Rag and Bone," Price said. "I just went with my gut on it."

Price said he also felt a particular connection to the play as it mirrored his own personal journey.

"It's a play about people with hearts and without hearts, and what it means to feel and not to feel and what you feel for," Price said. "Trying to figure out what's going on with my heart while working on this play was very interesting."

Throughout the competition, Price said he received feedback and suggestions from the judges to consider and incorporate into his next presentation.

"Everything was always in process; we were constantly working on the play throughout the week," he said.



It's a play about people with hearts and without hearts, and what it means to feel and not to feel and what you feel for.

Hunter Price

Price said the hardest part was trying to take notes without changing the personal meaning behind the play.

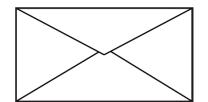
"I had to figure out how best to implement the notes without changing it to fit their vision, but using it to make the play better and tell the best story," Price said.

While Price was making adjustments all week, it wasn't all work and no fun for him.





OPINION



Send us a 300-word letter to the editor.

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Definitely Denis

Talk show host and former UI grad serves as perfect choice for commencement speaker

Thile the vast majority of Canadians may not be able to locate the University of Idaho on a map, the institution made a surprising impact on daytime television viewers in the country last week.

Marilyn Denis, a UI graduate, was hosting a Feb. 28 broadcast of her self-titled show when the studio surprised her with a personal message from Andrew Kersten, the dean of the College of Letters, Arts and Social Sciences at UI. Kersten joked about Denis' academic history and student life at UI before relaying a heartfelt message from several of her colleagues.

Immediately after the message aired, Joe Vandal emerged on stage with two

big placards. They first announced that Denis would receive an honorary doctorate of humane letters from the university, while the second informed her that she would be delivering the commencement address during the gradua-

tion ceremony May 13.

The selection of Denis acknowledges the historic achievements she has accomplished as a pioneer for women in the broadcast industry.

Her roots at UI and Moscow stretch to her days as the first female broadcaster at KRPL. She also spent time as a member of KUID-FM/TV on the university campus, and later used this experience to land a job with several radio stations in Calgary following her graduation in 1980.

Denis' determination and drive for



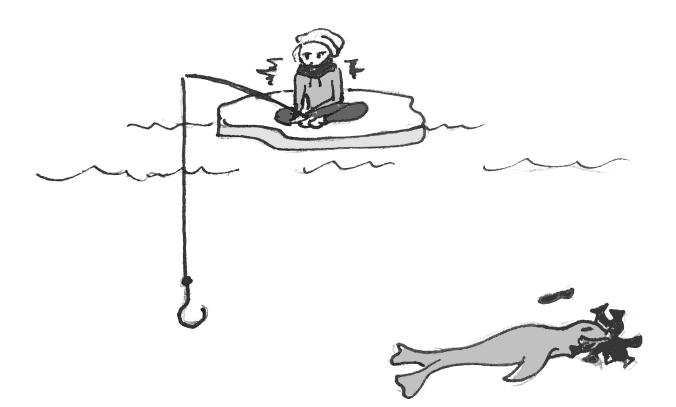
success embodies the Vandal spirit, as she blazed a path for Canadian women in broadcast professions over the course of her 37-year career. Her status as a prominent talk show host resulted in the Allan Waters

Broadcast Lifetime Achievement Award, which will be given to Denis during the Canadian Music and Broadcast Industry Awards in April. She is the first female broadcaster to be named the recipient of the renowned honor.

In an age where journalism and television programs are decried by many as "fake news," Denis' invitation to deliver the commencement address reflects not only a deep respect for the broadcast industry, but also a recognition of the need for workplace equality.

- JG

MARCH 7



UNDERGRAD JOB APPLICATIONS



Le Hall Argonaut

Consent is not enough

I prepared to write a column demand-

more female actors and singers whose

ing more women like Spalding. I wanted

careers continue after they reach 30 and

their sexuality appears to dry up in the

Choice is necessary but not sufficient for healthy sexual images

Esperanza Spalding performed magic on Feb. 25, plucking and smacking her upright bass at the Lionel Hampton Jazz Festival.

Spalding's wild hair leaped as her hands flew up and down the neck of her instrument. She danced and interacted with the audience, visibly enjoying herself — and God, her voice. It was measured and clean, but still expressive, filling the Kibbie Dome with songs in English and Portuguese about winter and Humpty

Dumpty and love.

I felt so proud: of my hometown, Portland, for producing such a talent and my school for hosting such a tremendous event, but more than anything, of a jazz culture that allows women to play music without acting sexy.

Spalding owned the stage and showed a woman can love her body without pre-

As we filed out of the performance,

senting it as a sex object.

eyes of popular culture. I wanted female athletes who wear clothes more practical than skirts or spandex. I wanted entertainment to build on talent and passion instead of sex appeal. But I kept running into the issue of choice: what about the woman who consents to being sexualized?

who must dress sexually to advance her career is not making a choice, just like a woman in Saudi Arabia who prefers not to drive is not making a choice. At the same time, I felt uncomfortable telling women who express themselves sexually they're internalizing sexism, just as

My initial response was that

choice is often an illusion. A singer

I feel uncomfortable telling Muslims in hijab they're oppressed. My discomfort comes from being

exposed to a liberal sexual ethics that worships consent. For decades, the left has been fighting for choice in the face of efforts to legislate morality, from archaic sodomy laws to current attempts to limit women's access to contraception. While these are noble fights, they've

had the effect of compressing sexual

ethics to consent: sexuality is unambiguously good when all parties are free to choose. This view is dangerous, particularly for unchurched young people like myself — outside a religious context, potential harms from consensual sexuality can go unnoticed. A Nicki Minaj concert is consensual, but it still devalues and degrades women.

Here, the left needs to make a distinction between law and culture. The government has no place telling people how to express their sexuality, but the culture must encourage women to see and enjoy their bodies as more than tools for sex.

Spalding neatly fit the mold of feminism shown to me by my sister, mother and countless other examples in my life: that women are powerful, creative, expansive minds worth treating with respect.

The law should allow women to choose less wholesome modes of expression, but the culture can and should encourage women to be their most thoughtful selves.

So I feel comfortable demanding more women like Spalding — more female actors and singers in their 40s and 50s, more female athletes in practical clothing and entertainment based on talent and passion instead of sex appeal.

> Danny Bugingo can be reached at arg-opinion@uidaho.edu

OUICK TAKES ON LIFE FROM OUR

I'm weird fyi

I wanted to fix computers when I was a

My spirit animal is Stephen Colbert's eyebrows.

I'm grateful for Shawn O'Neal.

- Erin

Learn about me

I wanted to be an Olympian. My spirit animal is a bobcat. I am grateful for Hailey Stewart.

-Mihaela

Now you know

A mermaid. A koala bear. I'm grateful for Mihaela Karst.

- Hailey

I get paid to do this

A doctor. Air Buddy. I am grateful for Hailey Stewart.

Random selfish facts

I wanted to be a unicorn as a kid. My spirit animal is a stag. I'm grateful for my car scraper.

- Catherine

The cheerleading moose

A Dallas Cowboys cheerleader. A moose.

I'm grateful for hour-long talks with my dad about writing craft.

- Lyndsie

Someday

I wanted to be a Hogwarts student as a kid. My spirit animal is Zoboomafoo. I'm grateful for March Madness.

- Brandon

A dog in space

I wanted to be an astronaut like my famous relative Gus Grissom. My spirit animal is a Golden Retriever. I'm grateful

Josh

Reasons for living

I always wanted to be a New York police officer, one that rides a horse. Foxes are my spirit animal. I am the most grateful for my wonderful friends.

– Claire

Life

A road construction worker. An emperor tamarin monkey.

I'm grateful for the opportunity to experience living in this beautiful world.

Andrew

Little dreams

A life goal from the age of 10 was to write and publish my own book. I'll let you know when it hits stands. I'm also so grateful for my little sisters.

- Tea

A science-man

Smart little kids wanna do smart adult things right? I'm a cuttlefish, just showing the colors I choose to. And I'm glad my heart shines through the mask sometimes.

The Diamond Standard

I wanted to be Hilary Duff's best friend and raise our kids together. My spirit animal is a dolphin — shy, loving, helpful and happiest in the water. I'm grateful for the journalists working tirelessly to rebuild/ uphold America's trust in media.

Oh, Kevin

I wanted to be a chicken. My spirit animal is a baboon. I am grateful for food.

Kevin

content, visit

Spring break safety Campus Recreation

The key to a successful break includes a safe and responsible atmosphere

It's finally reached that point in the semester — the time when the focus of students shifts from midterms and essays to sandy beaches and abundant sunshine.

Spring break provides an opportunity for students at the University of Idaho to de-stress from the hustle and bustle of academic life as they prepare for the final stretch of the semester.

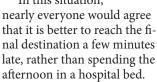
Despite negative stereotypes like raunchy partying and binge-drinking, spring break can serve as a chance for students to let loose in a secure and responsible manner.

Whether travel plans include an exotic destination such as Cancun, or a regional locale like Spokane, here are several tips that can help provide a safe and fun environment for vacationers.

Travel

Although it may be tempting to drive away from campus at the speed of light, the ever-persistent winter weather could produce dangerous road conditions. This is especially true for students traveling to the Boise region, as the high altitude near McCall has produced slick highways in recent weeks.

In this situation,



For those traveling internationally, it is important to relay flight and hotel information to family and

friends. Frequent check-ins with these individuals will also let them know if an emergency has arisen or if the trip is going smoothly.

Social life

Josh Grisso

Safety at bars and nightclubs has always been key for college students, but this aspect should be emphasized even more for those visiting another city.

As rudimentary as it sounds, implementing a buddy system can provide a protective and reliable atmosphere. Whether the schedule includes a night on the town or a quick run for fast food, a partner's

presence can provide extra peace of mind.

Drinking

Let's be real — the chances of sipping a margarita or two during spring break are fairly high. But

like all good things, alcohol should be enjoyed in moderation.

One drink per hour serves as a suitable guideline for those who want to avoid a pesky hangover, but many individuals know their limit. Despite the temptation to enter a tequilachugging competition, it is better to spend the night with a slight buzz not a blackout experience.

In addition, students should remember to never leave their drinks unattended. Even if the atmosphere seems casual and intimate, someone's true intentions might still be hidden.

There's nothing wrong with having fun and letting loose after a stressful round of midterms, but a safe and responsible environment will help students fully appreciate their experience as they deepen relationships and create lasting memories.

Josh Grissom can be reached at arg-opinion@uidaho.edu or on Twitter @GoshJrissom

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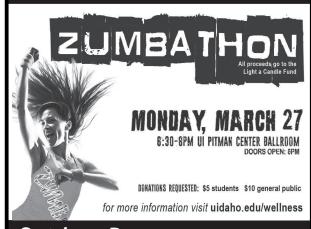
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Demons endured

Hard times breed better people

When the dark thoughts take control, and frustration seems like an understatement, it's impera-

tive to know there are others out there who understand these ailments of the mind.

Most people can recall a length of time when they've felt depressed, but in many instances these bouts with depression are relatively short lived. However, there are many people who live in a contemporary, seemingly never-ending war within themselves. Their minds contort in a battleground, and the only casualties are pieces of themselves.

From my own experience, depression is a ball and chain shackled to a person's ankle. Sometimes, if the day is kind, that ball and the chain just sits there.

However, it's always within close proximity, causing soreness for the ankle, but after enough time passes one could almost forget it was there — almost.

On other days, the weight of that restraint is all too noticeable. Some people are fortunate enough to find social interaction, making friends and enjoying life easy to do. For others, those same actions become nearly impossible, thanks to the weight around their ankle.

My childhood was a crucible for me. I only had a few real friends, no aspirations for the future and even less self-esteem.

My home life was plagued with emotional unrest, financial crisis and substance abuse. To me, the word "home" was

synonymous with a gutwrenching sense of anxiety for what might happen that day. Loud arguments, bill collectors calling at every hour and numbing

my mind with TV was all I expected while walking home from school.

Don't get me wrong — my parents are the best people on this planet. In the midst of an impossible situation, my

parents did the best they could with the tools they were given. They are still together, and share a bond with each other that I can only dream to find in with a person someday.

However, 11-year-old me didn't understand this at the time, the only thing I was aware of was my own shortcomings.

I knew I lacked stability, athleticism, friends, aesthetic appeal and the pageantries associated with having money. I felt like I had nothing, so therefore I was nothing. Instead of focusing on things that an average 11-year-old should be focused on, I expended my energy on figuring out how to be content with

Directionless and afraid, I found myself thinking about what it would be like to simply not exist. I never contemplated committing suicide, but I thought about not existing as if I had never been born. Before I was a teenager, I wondered what others lives would be like without my existence. I had little to no self-worth, so how much could my absence really affect anybody else?

My own personal social problems, combined with

Things that are worth having never come easy, and life is no exception.

the stress of financial crisis and depression manifested into something that ruled my life for years.

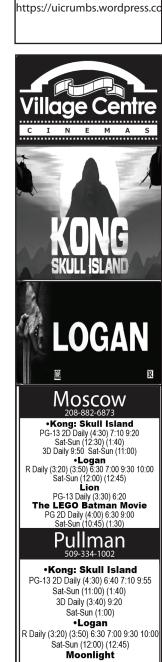
Fortunately, I was able to escape my own demons by moving away from the town I had resided in throughout my childhood. After moving I met my best friends to date, my family has since healed from the emotional beating we had endured, and we have all found our own ways to move forward from the past. I still bear my own metaphorical scars, but I won't let them dictate

my actions anymore. Unfortunately, there are many out there who can't escape themselves, no matter how far away they go. To those people, I admire the strength it takes to move forward every day. I know how excruciating a bad day can be, but I also know how blissful a good one is. Things that are worth having never come easy, and life is no exception.

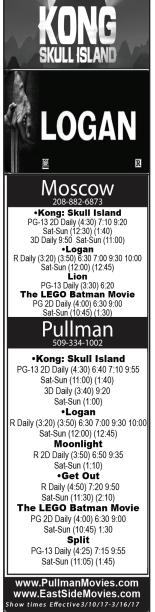
Depression is one heck of a beast to take on alone, and if I had stayed where I was I don't know if that's a fight I could have won. However, there are those who care, and those who can help.

chain will be so worth it on the day it can be taken off. Andrew Ward can be reached at arg-opinion@uidaho.edu

Dragging that ball and







The fascination with the fantastical

The fantasy genre is not just an escape

There is something incredibly intriguing about fantastical stories and worlds of fantasy. To be immersed in a world similar, yet distinct from reality, full of endless bizarre, imaginative and extraordinary possibilities — it can be an incredible experience.

In any medium, including movies, books or video games, fantasy has a way of engaging the participant like no other fictional genre.

We relate to the characters, but we also desire to share their journeys and experiences. Part of us wishes we could be them, even with all the challenges and trials they face. There is something irresistible about living in a world full of magic and mythical creatures, potentially venturing on an epic journey across unexplored lands filled with hidden treasures and secrets.

The world of fantasy doesn't need to be explained. It's a world that often doesn't make sense, and that's OK. The mystery of it is compelling — since we don't understand it, we want to spend time in it.

Mark Chadbourn, a fantasy author from the United Kingdom, said the genre is as broad as the imagination.

"The one defining characteristic is irrationality. The genre starts at the point where science ends," Chadbourn said.

It defies modern reasoning and presents an alternative universe with its own set of rules, which are fascinating to explore.

When we set the ego aside and temporarily suspend logic and facts in our minds, we can let ourselves simply sit in wonder marveling at the beautiful world and story of fantasy — free from the need to ratio-

nalize and criticize. Safe in the comfort of a theater, living room or bookstore, we can forget everything we know about science and enter into a universe where things are not as they seem.

Another UK fantasy author, Mark Newton, said fantasy offers us a chance to break out of mundane routines and moments.

"People like to explore greater themes themes that go beyond the limited palette that literary fiction claims to offer. Anything is possible in fantasy, and the genre can exercise our ability to think, and to wonder," Newton said.

Fantasy unearths the simple things that have been lost — truths, hopes, struggles and conflicts — which are challenges and triumphs experienced by all of humanity. It communicates the aspirations of society through symbolism and allegory in themes and stories that have been told and retold for thousands of years. As the critic, jour-



nalist and author Lev Grossman put it, "fantasy is a literature of

longing, a longing for things that are lost. Fantasy stories aren't only an escape from the monotony of

daily life, they are the catalyst

that unlocks wonder, imagination and hope inside the participant. They teach us to dream, to be filled with awe like a child, and to develop wisdom, courage and perseverance through challenges and adversity.

The stories of fantasy are the stories of humanity, and through them we can learn to be the everyday wizards, merchants, princesses and kings in our own reality admirable and bold, kind and compassionate, fierce and strong — ready to venture out on this grand quest called life.

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The guide to being offended I want my opinion coming out of your mouth

I consider myself very open-minded to topics, so long as they aren't offensive.

My life has changed for the better since I've learned how to take things more personally. I want to change lives. People's perspectives change the more I argue with them.

I get offended when you don't make eye contact with me or you stare at me too long. It feels as though I'm not important to you, or too important.

My arguments are never hypocritical because they are always right. If you see a contradiction there, that's only because you're the contradiction.

I want to preach my offensive gospel. Once everyone learns how to be offended, then the world can be a better

Politically correct

The most important thing is to censor people, so they know not to use certain words. It's important they aren't making false labels, so call them something that ends with an "-ist." Labeling helps them self-reflect more — just make sure they're not labeling you.

Animal and baby videos

If you're watching a cute animal or infant video, make sure every parameter is safe, and comment how unsafe it is, because no one else saw how unsafe it was. This way it won't happen again.

Don't agree to disagree No. They have to agree. This

is the No. 1 offensive rule violation. It's sad because they have no purpose in life and I'm the only who can make it better by changing their mind. If I change their mind, then I'm giving them purpose.

Religion

When someone says they believe in something, make sure to have a staring contest until they stop believing in it. Then argue about their belief with sources they don't believe in.

Injustice

If your friend throws away food, tell them about all the starving children in Africa. If they say they're vegan, mention how vegans are all alike and want to convert you to veganism.

Politics

If you see an outrageous news report, comment with a statistics report that proves you're right, but remain mysterious and don't leave any source. If you have to leave a source, make sure it's a biased source. If a politician acts in a childish way, point

out how eerily similar they are to an evil historical dictator. This will help people change their minds because they never saw that revelation in the first place.

History

When you state how evil a person is don't use figures like Mao Zedong or Stalin. No one knows who they are.

These proverbs have changed my life and opened me to new ideas. I'm just more authentic now than I ever was when I was compliant. I'm so laid back. People feel like they can be themselves around me.

What's this all about? I don't know. I just know I need to keep dividing people in order to bring unity.

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