

**SECURITY**



Blake Coker | ARGONAUT

# Phishing for data

*UI enhances security in response to phishing*

**Max Rothenberg**  
 ARGONAUT

In late October, when University of Idaho students, faculty and staff opened their inboxes, they found a notice informing them of the threats to email security UI accounts had been receiving.

"In the last two years, we have had 165 accounts comprised that we know of," ITS Chief Information Officer Mitch Parks said.

In response, UI recently mandated multifactor authentication (MFA), making

all accounts require a user verify their identity with another device.

"The thing that we've seen has been about protecting peoples' paychecks and their personal information on VandalWeb, but it's also (about) protecting all kinds of university data," Parks said. "Attackers are after research data, they're after whole library periodicals that we have access to, or they're trying to use our accounts to attack someone else."

Parks said that phishing in particular has been an ongoing problem for many years.

"College students are inexperienced in life and cash strapped," UI junior Avery Brock said. "We

are all looking for golden opportunities and we don't always ask ourselves if something is too good. We are also prime targets as we often don't know how to monitor our credit, or how to ask the right questions to make sure we are secure."

"The attackers have gotten better and better, and people's ability to detect that it is a phish has only improved a slight amount, so even the best users on campus sometimes will fall victim," Parks said.

A phishing email is a message that is trying to trick information out of you, he said. While often they are trying to get your username and password, there are other kinds of

phishing where they might ask you for other data directly.

There is no telltale sign of a compromised account, which makes the process of finding these accounts more difficult and time-consuming, Parks said.

"It may be that we get a phish reported to us, so we take a look at those and say 'Oh, that was sent to 300 people,' and then we go look and try and see if anything suspicious is happening on those accounts, and try to purge out that message before they can click," Parks said. "Probably the number one way is people reporting it."

SEE PHISHING, PAGE 4

**RESEARCH**

## Genes, drugs and mice

*UI-led research working to treat brain disease injuries*

**Kyle Pfannenstiel**  
 ARGONAUT

Researchers led by a team of students and faculty at the University of Idaho discovered how adult brains may be able to more easily create new neural connections, potentially providing insight for treating neurological diseases and injuries.



**Peter Fuerst**  
 ARGONAUT

To do this, scientists from three universities analyzed how certain genes in adult mice prevent and foster the creation of synaptic connections, or the brain's communication pathways between neurons, said Peter Fuerst, research team lead and UI associate professor of biology.

"We combined different mouse genetic backgrounds and we added a drug to deactivate certain genes," he said. "When we deactivated those genes, we saw that the neurons were able to make new connections, showing that the genes themselves (and) their protein products, were preventing new connections from being made."

The study was published Nov. 7 in the Journal Proceedings of the National Academy of Sciences and is titled "DSCAM-Mediated Control of Dendritic and Axonal Arbor Outgrowth Enforces Tiling and Inhibits Synaptic Plasticity," according to a UI news release.

Similar to a mouse's gene preventing the formation of new connections, as humans get older, Fuerst said it becomes more difficult to make new neural connections because the neural system is stabilizing, which is when it is done creating a large amount of connections.

This becomes problematic for people with injuries and diseases affecting the central nervous system, he said, because it prevents the brain from recovering and repairing through forming neural connections.

SEE GENES, PAGE 5

**CAMPUS LIFE**

# Opening the dark door of horror

*UI professor teaches students what the real monsters are*

**Sierra Rothenmich**  
 ARGONAUT

Horror can be tremendously useful today, when monstrous things seem to creep around every corner, said Benjamin James, screen writer and clinical assistant professor for the University of Idaho's English department.

"I've learned a great deal from film," James said. "It's a medium of light that comes alive in the darkness."

James said in 1997, when he was 17, his father, Jon James and stepmother, Camilla Carr, traveled to Grozny, Chechnya to run a center for children who had been orphaned in the Russian invasion. He said his father and stepmother were kidnapped and tortured. After 14 months, they were released and returned to the United Kingdom, he said.

"What was happening to my parents in captivity was invisible to me and that invisibility conspired with my imagination," said James. "This scary story stuck so I did everything in my power to shut down that storytelling part of myself, my imagination."

James said his imagination was his greatest source of joy and creativity, so by shutting it down he became depressed.

James said a dark door symbolizes repression. He said he believes people repress issues they can't deal with because so much horror exists in the world. He said the dark door is something from the past upsetting the present that is damaging and dangerous like a ghost.

"The dark door is something that we all need to open because there is something down there, something that we can't bare to face," James said. "And that's exactly why we need to face it."

James said when he asks his students whether they are more afraid of sharks or bees, the majority of them will say sharks.

Yet, he said, in the U.S., last year one person was killed by a shark and 56 people died from being stung by a hornet, wasp or bee. People overwhelmingly fear the shark because our culture reinforces this fear through media like Jaws and Shark Week, James said.

James said a Chapman University survey from 2016 reported 41 percent of Americans were afraid of a terrorist attack. He said this echoes the sharks and bees activity.

James said that according to the United States Center for Disease Control and Prevention, the total number of deaths caused by terrorism between 2001-2013 is 3,380.

SEE DARE, PAGE 3



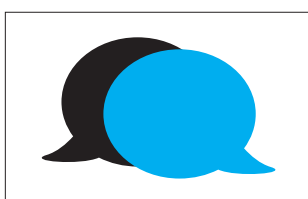
University of Idaho | Courtesy

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# Campus Recreation

Student Rec Center • Intramural Sports • Outdoor Program • Sport Clubs • Wellness

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UI Campus Rec

# A Crumbs recipe

## Pecan banana french toast

With the cold weather taking over the Palouse, a warm, filling breakfast is the best way to start the day. This sweet and crunchy french toast recipe is so delicious it will be more than just a Sunday morning routine.

### Ingredients

- 4 pieces of thick white bread
- 2 cups of milk
- 2 eggs
- 1 teaspoon of vanilla extract
- 3 tablespoons of brown sugar
- 1 teaspoon of lemon juice
- 1/4 cup of chopped pecans
- 2 bananas

### Directions

1. In a bowl, combine the milk, eggs, cinnamon and vanilla extract.
2. Soak the pieces of bread in the mixture for 5 minutes, or until the liquid has been soaked up.
3. In a frying pan, sautee the chopped bananas and pecans in the brown sugar and 3 tablespoons of milk. Bring to a light bubble then remove the heat.
4. Place the soaked bread in another frying pan and cook until the bread forms a crisp outer coating.
5. Drizzle the banana and pecan mixture over the top of the french toast and serve.

Serves: 2 people

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### CHRISTMAS TUNES



Cecil Milliken | Argonaut

### CROSSWORD

Across

1	2	3	4	5	6	7	8	9	10		
11				12			13		14		
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63	64	65		66	67	68		69	70	71	72
73				74				75			
76					77				78		

Down

1	Maven
2	Deteriorate
3	Wan Kenobi
4	He loved Lucy
5	Unkind look
6	20's dispenser
7	Lulu
8	Small pouch
9	Shirt part
10	Diminutive
12	World record?
13	Most wonderful?
14	Photo finish
19	Artful move
21	Lassie portrayer
22	Tummy muscles
23	Gym unit
24	La Brea goo
26	Drench
28	Greek letter
29	Shoat cote
30	Informal wear
32	Glass component
34	Conceal
36	Uttered
39	Smorgasbord
41	Battery part
42	Groove
43	Shamus
44	Cigarette's end
45	Rocks, to a bartender
47	Cambodian coin
49	Party bowlful
50	Animal with curved horns
51	Pudding ingredient
53	Sharp narrow ridge
54	Tavern
55	Head coverings
58	Opus
62	Loafer, e.g.
63	Quick-witted
64	Bleacher bum's shout
65	Compass dir.
67	Lobster
	Diavolo
68	Painter's medium
70	Samovar
71	Sign of summer
72	Morning hrs.

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### SUDOKU

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	6		5						1
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The Book's Source of the Argonaut

### THE FINE PRINT

#### CORRECTIONS

In the Nov. 14 issue of The Argonaut, due to an Argonaut error, the article titled 'Breaking boundaries' mislabeled Shelby Linafelter as the Society of Women Engineers president, she is the vice president.

#### UI STUDENT MEDIA BOARD

The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public.

Questions? Call Student Media at 885-7825, or visit the Student Media office on the Bruce Pitman Center third floor.

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The opinion page is reserved as a forum of open thought, debate and expression of free speech regarding topics relevant to the University of Idaho community. Editorials are signed by the initials of the author. Editorials may not necessarily reflect the views of the university or its identities or the other members of the Editorial Board. Members of the Argonaut Editorial Board are Savannah Cardon, Hailey Stewart, Meredith Speilberg and Nina Rydalch. ---

#### LETTERS POLICY

The Argonaut welcomes letters to the editor about current issues. However, the Argonaut adheres to a strict letter policy.

- Letters should be less than 300 words typed.
- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.
- Letters must be signed, include major and provide a current phone number.
- If your letter is in response to a particular article, please list the title and date of the article.

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## CAMPUS LIFE

# Technology in the classroom

The Doceo Center held a workshop on screen casting Monday afternoon

Kali Nelson  
ARGONAUT

As technology becomes ever more present in the education system, the University of Idaho is hosting workshops on how to use the new technology in the classroom.

In the Doceo Center, located on the third floor of the Education Building, a small group of professors gathered around a computer to learn about screen casting and how they can use it in classes.

Screen casting is a way to record the screen on a computer or tablet, said Cassidy Hall, director of the Doceo Center. It is often used for making tutorials, explaining difficult topics and for answering frequently asked questions professors get from students.

Tips on making good screen casting videos came from the University of Notre Dame, and included that videos should stay under 10 minutes and that each video should cover only a single topic. The link to the complete list can be found on the Doceo website. Other tips were to talk

slowly and enunciate words, Hall said.

The tool Hall recommended for screen casting is Screencast-O-Matic, which is free to use if videos are under 15 minutes long. There is an initial download, but after that, it is as simple as going to the website and clicking launch, Hall said. For longer videos, Hall said Zoom, a video conferencing tool, would work best. There is also an app called ShowMe, which is free and is for recording on tablets.

How to put those videos on YouTube was another topic Hall covered. Screencast-O-Matic can automatically upload the videos onto YouTube or it can save them as a variety of file types, Hall said. Zoom, on the other hand, can save its recordings as a video or an audio file, depending on what the user is looking for. Next came a tutorial on how to embed the videos into BBLearn for the students to access.

Hall demonstrated how to make videos unlisted or private and said she made hers public because it was just her in the videos and because they were all tutorial-based. It is possible to see unlisted videos if the creator shares the link to the video, Hall said.



Doceo Center Director Cassidy Hall teaches how to record a screen or webcam during the screencasting workshop Monday.

Nancy Deringer, an assistant professor in the School of Family and Consumer Science, said she attended because of the online class she teaches. The most important piece of information Deringer said she learned is to keep the videos short and prepare a script.

For more tips and tutorials, Hall recommends going to the Doceo Center webpage at [uidaho.edu/ed/academics/doceo-center](http://uidaho.edu/ed/academics/doceo-center).

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## GENES

FROM PAGE 1

"In a person with autism you might not know what exactly is going on, but you might know this person has a mutation in this gene," Fuerst said. "We can go in and use mice to figure out specifically what's happening in the nervous system to try to help the person communicate better or whatnot, based on the mice. So, sort of basic research building to translational research."

The discoveries made in the mouse model study may allow for scientists to identify signaling pathways in the human brain and use drugs that target those pathways to combat neurological diseases, or to foster growth in injured brains, Fuerst said.

Drugs like this already exist, he said, and are sometimes used in cancer therapy.

Another researcher involved in the project, assistant professor at the University of Louisville School of Medicine Bart Borghuis, said they are currently developing a list of drugs they believe are worth testing for performance relative to completely removing a gene they identified as

responsible for inhibiting change in the brain's synapses, or synaptic plasticity: the down syndrome cell-adhesion molecule, or Dscam.

"In a human right now, it's not feasible to just manipulate genes freely. You certainly just don't want to knock something out," Borghuis said. "Fortunate thing is, we have quite a bit of knowledge about the signaling pathways ... There are a couple of candidates that we think are important downstream signaling molecules of the Dscam. And for those, we can make use of available pharmacological agents, or drugs, that can simply block, or inhibit, some of those Dscam protein targets."

The research was funded by a \$400,000, two-year grant from the National Institute of Health (NIH), and their plan is to turn it into a 5-year NIH project. Borghuis said they are planning their next experiment and are considering looking at more genes and signaling pathways.

"When you start a project like this, you rarely start it because you have one question," he said.

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## DARE

FROM PAGE 1

Yet, the total number of deaths caused by firearms is 406,496, James said.

"Now that's a scary story," James said.

James said the fact that he moved to the United States from the United Kingdom might explain why he's unable to understand how this is allowed to happen.

"Is there a good reason?" James said. "Or do we keep the deaths of those children behind a dark door that we do not dare to open?"

He said he understands why Americans can't bare to open it since he has stood in front of the dark door himself and has been too afraid to open it because it means facing things that are too powerful to deal with alone.

James said if he's learned anything from horror, it's to never split up. He said he believes people can open these dark doors together and drag their monsters into the light beyond the movie theater.

James said that horror reflects historical content and society's values. He said women are overruled by the men in horror films time after time, until they are all dead.

He said he believes horror films teach us what happens when we ignore women and deprive them of their voice.

James said his parents were able to empathize with their captors because they thought of them as humans instead of monsters. He said that it is empowering for the survivor to understand how a human is made monstrous.

He said horror monsters are people who have been crushed by society, ignored and disregarded to the degree that they have no choice but to react with violence. James said the Russian invasion had deprived his parents' captors of their livelihood, community and family members.

He said these men had nothing but hatred in their hearts — stories of how the West turned a blind eye when they needed help and became programmed to be violent.

James said it can be frightening to attempt to be fearless, but that fearlessness isn't violence or aggression — it is open-heartedness and transparency.

"Horror shows us that when we look past the face of terror, behind the mask, we can actually see something far more unsettling in our own community as worthy of our scrutiny," James said.

He said "Get Out" does a great job of opening that dark door by using the lie of living in a post-racial society.

James said history shows a cycle of fear-based culture. He said the '60s counterculture wanted to undo straight, white patriarchy, so the mainstream culture had a conservative backlash. James said he believes this happened in the '70s too, when

the second wave of feminism threatened the established order and ideology. He said that in film, culture and politics, there is a white male backlash appearing now.

James said when there is challenge to the established order, there is a desire to reassert dominance through aggression and fear. He said this is shown through trying to criminalize certain groups and not focusing on groups that are clearly dangerous and violent.

He said invisibility gives monsters their power, just as invisibility gives social injustice its power. James said there is obviously no silver bullet for social issues, but we can begin to solve them by trying to understand them.

"The more engaged we are, the more chance we have to make a difference," James said.

James said his biggest fear is doing nothing of any value. James said he wants to help people have the exciting, stimulating and fascinating experiences he's had with film, whether it's through his teaching or screen writing.

James said society has a brilliant way of making people act out of fear.

James said people should open the dark door and not be afraid of their monsters and people should address their fears and deal with them together.

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Letter to the Editor

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 ASUI SENATE MEETING  
 ASUI Official Business is conducted  
 - Open to public - November 29 | 7 pm - 8 pm  
 Idaho Commons Whitewater Room



### PHISHING

FROM PAGE 1

However, accounts will not always be reported in time to prevent a further breach.

When attackers have copied the UI login page, they have a much higher success rate, so the university investigates those more thoroughly, Parks said.

"Sometimes we don't find out until that compromised account sends out their own batch of phish or spam, and we get those reported to us," he said.

Even if a UI account is reported, the full extent of the breach may not immediately be known.

"A good number of the ones we know that have come after us have been after direct deposit," Parks said. "And that's a direct thing that has affected some folks. We had almost 30 direct deposits changed in the last year from attackers. And if we hadn't been very vigilant on getting passwords changed on accounts we knew were compromised, it could have been a lot higher."

Concerns can be even greater for faculty accounts, since there is not only direct deposit and W-2 information on VandalWeb, but student information as well.

Faculty and staff comprised 81 percent of the compromised accounts, Parks said.

"Partially (this is) because all of our directory information is more public than the students', at least that's what we attribute it to," he said. "Unfortunately, it only takes one compromised account

inside to pretty much get that whole list of usernames."

Parks said sometimes one compromised account is then used to phish other UI accounts, and sometimes even accounts not tied to the university at all.

"They may know that a particular department at UI is working with some other organization and might trust their emails," he said. "And so they are after one of our accounts so they can attack someone else." While MFA might not be the quintessential solution, it acts as a strong deterrent.

"The phishing can still happen," Parks said. "The username and password may be compromised, but they won't be worth as much to the attacker because there is a multi-factor authentication going on there, and unless they can trick you into approving their login, even with username and password they're not going to be able to get in. So one of the results of that is attackers will just move on from us to somebody else."

This cycle could continue to repeat, being completely dependent on the different security measures of each institution.

Parks said the university took good steps back in 2009 to increase the password length. Long passwords only help for brute force attacks, where someone tries to guess the password repeatedly, he said.

While the university continued to become more protected, attackers found more ways to exploit security.

"It is much easier for attackers to just ask for your password with a phishing

message, and once you give it away, it doesn't matter how long it is," Parks said. "We've had compromises where the user gave away a beautiful long password that the attacker used to do other things with."

Brock said this was not the first time he heard of a phishing attack on campus.

"We saw this last year when a phishing job post made it to Vandal Handshake and was emailed to every student," he said. "All students should be informed that the US government will never call you," Brock said. "If they email you, it will be something unimportant, and if the email address is not .gov, it is fake. All government addresses and emails and phone numbers can be easily verified. There should be a class, if not a handout or section of freshman orientation that covers how to spot phishing offers."

Parks said the preferred method for MFA is the Duo mobile application. Duo alerts you to either approve or deny the login on your phone when the notification comes up.

Upon doing this, checking the "remember me" box on the web browser for most UI websites will then remember a user's login for 14 days.

On Jan. 31, students who have not enrolled in MFA will be prompted to enroll upon login.

Parks said there are currently over 1000 students who have already enrolled, and that number is likely to rapidly rise on the last day of January.

Students who do not

have access to a cellphone can receive their code over a landline, or pickup hardware tokens to log in with a number. These tokens are available at the Student Technology Center.

"It's a pretty simple little device, you just press the button and it gives you a number," Parks said. "The number is only good once and it'll get you in. We'll have a bunch of tokens in mid-December, and hopefully that'll be enough to address everyone who needs one."

Parks said that while the token is a good alternative, students should still try to use the mobile app.

Parks said phishing emails are reported to the university almost every day, and over the past year there were over 1000 reports of phishing emails.

"It's easier for an attacker to get our information," Parks said. "It's more public as opposed to just a general Gmail account where they don't know what they're getting."


For many students who are not familiar with phishing or other threats, it still remains easy to fall victim. There is always a possibility that information is at risk, but steps will be continually taken to prevent this.

"This is a step to improve all of our account security, all of our data security," Parks said. "It's a changing world, and this is a really key component to improving account security. There's a feedback form on the website, or you can send an email"

Max Rothenberg can be reached at [arg-news@uidaho.edu](mailto:arg-news@uidaho.edu)

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**CRUMBS**  
on page 2

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## BASKETBALL

# A feast of tournaments



File photo by Leslie Kiebert and Diamond Koloski | Argonaut  
Senior guard Victor Sanders (left) shoots against George Fox Nov. 13 and junior guard Sarah Bersang goes for the layup against Lewis-Clark State in Memorial Gym Nov. 5

*Idaho wraps up Great Alaska Shootout with a win in the third-place game*

Meredith Spelbring  
ARGONAUT

## IDAHO VS CAL POLY

Idaho men's basketball claimed third place in the Great Alaska Shootout Saturday following a 75-66 win over Cal Poly.

"I was proud of our guys," Idaho head coach Don Verlin said in a news release. "Last night was hard on us, no question about it, giving up the game-winner, but we bounced back and played pretty hard. I thought we had a few lax minutes there in the second half but I was happy with the way we played and very happy with the outcome."

The Vandals wasted no time getting an advantage, building a solid 10-point lead midway through the opening half of play. A jump shot from junior power forward Nate Sherwood further extended the Idaho lead out to 11 points.

The Mustangs managed to bring the game within three points, but were not able to reign it in any closer. Idaho went into the break with a 37-29 advantage.

Senior guard Victor Sanders led the team at the half with 11 points.

The Vandals continued to remain comfortably ahead of the opponents, expanding their lead to as many as 18 points in the second half.

Cal Poly closed the gap just a little before Idaho clenched the nine-point 75-66 win.

SEE MEN'S PAGE 8

*Idaho got off to a hot start, but failed to carry it on the offensive front during for the majority of the game in its final round*

Joseph Sandoval  
ARGONAUT

The Idaho women's basketball team lost the championship game in the Warner Center Marriott Thanksgiving classic against Texas Christian University 86-76 Saturday.

The second quarter threw the Vandals for a loop, as they missed important shots that allowed TCU to go on a 21-7 run in the first seven minutes of the first quarter. TCU took the lead early and never let it go.

"I thought we attacked their pressure right from the start. I thought we did a great job of moving the basketball," Idaho head coach Jon Newlee said in a news release. "Everyone was getting their looks. Geri started out extremely well. Taylor hit some shots early. We were really executing our offense. Defensively, we had some breakdowns."

In the first five minutes, Idaho went on a 19-8 run, but in the remaining five minutes the Vandals saw their lead disappear. TCU held the lead 25-22 after the first quarter.

Idaho was able to box out TCU well from the paint in the first quarter, holding off TCU's center Jordan Moore for two points.

Meanwhile senior post Geraldine McCorkell shot two-for-two from three and scored 11 points in the first.

SEE WOMEN'S PAGE 8

## FOOTBALL

# An Aggie advantage

*The Vandals suffered their seventh Sun Belt loss of the season by one possession*

Chris Deremer  
ARGONAUT

Idaho suffered another tough 17-10 loss to the New Mexico State Aggies in Las Cruces Saturday, after trying to overcome an early 14-point deficit.

The Vandals (3-8, SBC 2-5) found themselves in a hole early after falling behind by 14 to the Aggies (5-6, SBC 3-4).

Sophomore quarterback Mason Petrino struggled early, throwing an interception on the opening drive of the game. New Mexico State followed with a quick six play drive ending in an early touchdown for the Aggies.

This led to the debut of true freshman quarterback Colton Richardson for the Vandals. The first possession for the Richardson-led Vandals ended in a fumble by senior wide receiver Alfonso Onunwor.

The Aggies answered again with a five-play touchdown drive to take a 14-0 lead with a little over eight minutes left in the first quarter.

The Vandals came to life toward the end of the first half with the defense forcing an Aggie fumble to give Idaho possession in New Mexico State territory. The three-play drive ended in a 25-yard touchdown pass to junior wide receiver David Ungerer.

At halftime, New Mexico State led with the score being 14-7.



Connor McCaughan | Argonaut  
Junior running back Isaiah Saunders fights for more yards against the Cajuns at the Homecoming game Sept. 9.

Idaho's defense came out strong in the second half, holding the Aggies to two early punts in the second half. Idaho's second drive of the third quarter ended in a 34-yard field goal by freshman kicker Cade Coffey to bring the game to 14-10.

At the beginning of the fourth quarter, the Aggies went on a 11-play drive resulting in a 24-yard field goal to give New Mexico State a seven-point lead.

With less than seven minutes left in the ball game, senior defensive back Armond Hawkins came up with a big red zone interception to give possession back to the Vandals. Idaho got within the Aggies' 30-yard line before a big fourth down play. But Idaho did not get far with the advantage. Richardson was later sacked by the Aggie defense leading into a turnover on downs.

Richardson was sacked 11 times throughout the ballgame. The new Idaho quarterback finished the game 18-33 for 167 yards passing, adding one touchdown and a last play interception. Ungerer finished the day with six catches for 57 yards and a touchdown.

Idaho's running game could not get going with junior running back Isaiah Saunders and senior running back Aaron Duckworth combining only for 57 rushing yards. Idaho finished with 215 total yards, and New Mexico State finished with 403.

SEE AGGIE PAGE 8



## OPINION

# Home runs losing interest

2017 was a season where home run value began decreasing

This past MLB season surpassed a record of hitting the most home runs in a season that was held for seventeen years. In 2000, the record was set during a period of players notoriously taking steroids, decreasing the value of home runs.

In modern-day baseball, batters take a smarter approach at the plate, hitting the ball at a higher launch angle and exit

velocity which could also be known to decrease the value of home runs.

Fans have been witnessing players hit home run after home run, noticing that homers are no longer that extra base hit in the game of baseball.

Everyone who is a fan of baseball loves seeing players hit home runs — it adds an exciting element to the game.

But too much of a good thing could take away the excitement that comes with the home run. Homers that are hit at a high rate could lose the interest of fans, as fans

love watching a close game involving all aspects of the game and not just home runs.

A survey taken by the MLB showed 1.27 home runs hit by each team during the whole season, making it possible for a fan to see an average of 2.52 home runs during a single game and a total of 5,707 homers during the 2017 season.

The record from 2000 was set at 5,693 during an era where players had frequently taken steroids.

The use of steroids in the game diminishes the value of players and what they are capable of achieving. Any player juicing gives them an obvious advantage over

other players that are clean.

It ruins the game of baseball as players are cheating to become an overall better player than non-users.

Now, as more home runs are being hit, the value of homers will decrease as batters create new methods to get a base hit or extra base hits.

As the launch angle has been a focus for hitters in the past two seasons, the ideal angle for a hitter is 25 to 35 degrees, also known as the sweet spot.

There has been an emergence of launch angle players that hit higher launch angles. Daniel Murphy is a perfect example of this. The second

basemen of the Washington Nationals, who had an average launch angle of 11.1 higher in 2015 and increased in 2016 by 5.5 degrees.

Murphy's higher launch angle increased from .281 to .342, making this a .61 percent increase.

The game is seeing not just a select portion of the league achieving these feats, but everyone is, ranging from the rookie level to veterans. Rookies of the year Cody Bellinger of the Los Angeles Dodgers and Aaron Judge of the New York Yankees were able to hit 91 home runs combined.

Judge, right fielder for the New York Yankees, broke the

most home runs record with 52 that was previously set by Mark McGwire with 49.

Hitters hitting at a high launch angle and faster bat speed does not ruin the integrity of the game like steroids did, but home runs are going to be frequent with the new method hitters have in the modern era.

Baseball is heading in a direction where fans will no longer value home runs the way they used to. Home runs will be common in baseball just like a base hit has been ever since the start of the MLB.

Joseph Sandoval can be reached at arg-sports@uidaho.edu



Joseph Sandoval  
ARGONAUT



Zack Ozuna  
ARGONAUT

## OPINION

## See you later, Sun Belt Conference Vandals call on freshman debut against the Aggies

Saturday evening concluded a chapter in the Sun Belt Conference history books. Now, it's time to look toward the future of the Idaho football team in the FCS.

After the decision to move forward with a 10-team league, Idaho and New Mexico State have both been dropped from the FBS conference.

With the Vandals set to begin Big Sky Conference competition in 2018, all eyes should be on the future.

A major part of that future: freshman quarterback Colton Richardson.

Sophomore quarterback Mason Petrino left the game to injury, so Richardson was called upon for the first time this season.

Richardson handled quarterback duties the remainder of the game, and quite frankly kept the game manageable the entire time.

Any collegiate debut is a big moment, and Richardson's unexpected outing led to the first

touchdown of his career.

The situation alone presented adversity. Richardson getting thrown into live game action after the absence of the injured second-string quarterback was never the game plan. But when the athlete number is called, he does what is asked.

Aside from normal jitters and nerves, nothing Richardson did seemed too traumatizing to the Idaho offense. Most of his decisions seemed well-thought-out in his initial collegiate experience.

Prior to Richardson's debut, the

Vandals have undoubtedly struggled to find an offensive spark — several injuries to big-impact players have plagued the Vandals in the closing weeks of the season.

Idaho had a chance as the game neared its end. The early two-touchdown deficit was too much for the Vandals to overcome, but Richardson's outing should not be defined by the final result.

Despite the occasional errant pass attempt, nothing Richardson did put Idaho in a worse position compared to the stumbling start.

The majority of inexperienced

athletes would struggle when thrown into the situation, but Richardson's ability to keep calm provided Idaho receivers with certain opportunities. The success is a promising sign for the Vandals' FCS future.

Idaho could not repeat the bowl-bound success from a year ago, but the Big Sky transition will be here before we know it and Richardson will be at the center of the transitional process.

Zack Ozuna can be reached at arg-sports@uidaho.edu

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OPINION

# Lackluster leadership, soaring salary?

*Roger Goodell is asking for compensation he doesn't deserve*

As a general rule in professional sports, a player can earn a massive contract extension by exceeding expectations on the field and contributing to the team.

NFL Commissioner Roger Goodell is currently negotiating his own new contract, but he skipped over the part where the contract is earned.

CBS Sports reports that Goodell is asking for around \$20 million in salary and lifetime usage of a private jet for him and his family, among other benefits. The NFL's six-member compensation committee will finalize negotiations in the coming weeks, all but

ensuring that Goodell will remain in power for the foreseeable future with a hefty compensation plan.

Goodell does not deserve anything close to the package he is asking for because he has only served half of the league. He has done plenty to satisfy the revenue-hungry owners that technically have jurisdiction over him.

The NFL is ahead of schedule to reach its goal of \$25 billion a year in revenue by 2025, and expanding to international audiences in the United Kingdom and Mexico has produced impressive results.

The rest of the league has not seen the same kind of benefits from Goodell's term as commissioner. The players that act as the face of the league and its prime revenue source have seen

the owners and commissioner turn a blind eye to evidence of a connection between repeated concussions and degenerative brain disease.

Many players end up with careers shorter than four years without a real backup plan or benefits, and even the ones that do succeed are subject to poor money management and eventual bankruptcy.

Players' salaries may be higher than ever, but little to no job security and an inflexible set of skills can diminish all that these players have built in a short period of time. For most players, there is no real backup plan and there is no safety net provided by the employer either.

Bona fide stars like Calvin Johnson and Patrick Willis have led a tide of early retirements from the NFL as they understood their employers treat them as pawns and that there are better things in life

than short-term glory and long-term pain. That trend will continue as long as the commissioner ignores the players' needs.

Goodell has failed in many areas beyond the treatment of the NFL's workers.

Discipline in the league has been a laughingstock for his entire tenure. From Spygate to the Ray Rice and Greg Hardy domestic violence scandals, the NFL under Goodell's leadership has failed time and time again to properly reprimand its players and coaches for cheating on the field and misbehaving off of it.

There is no real way to tell what is right and what is wrong off the field in today's NFL because the league's leadership has done a terrible job of enforcing its own rules. Some of the owners have even been so frustrated with Goodell's leadership that they have openly suggested replacing the man that

has played a big part in making their franchises so valuable.

Dollar values of NFL franchises have risen, but public opinion of the safety and ethics of the league and the sport have plummeted and Roger Goodell has accomplished nothing to stop that bleeding. The long-term future of the league is in jeopardy because Goodell has ignored concerning developments that don't yet show up in the owners' bottom lines.

Roger Goodell has proven to be very capable of making money for the National Football League and its owners. He has failed nearly every other group invested in professional football. Much like players in a contract year, Goodell needs to prove that he really is capable of fulfilling all of his duties before he is given a monumental contract extension.

*Jonah Baker can be reached at arg-sports@uidaho.edu*



Jonah Baker  
ARGONAUT

## Staff Predictions



Meredith Spelbring  
ARGONAUT

### Meredith Spelbring, Georgia State- 27, Idaho- 10

As much as I want to say Idaho will pull one more out in the season and FBS finale, this team has struggled to get anything going throughout the season and it is hard to imagine the team will find their groove this late in the year. Idaho goes out with a loss.



Zack Ozuna  
ARGONAUT

### Zack Ozuna, Idaho- 23, Georgia State- 10

The Idaho football team concludes its injury-ridden season this weekend at Georgia State. There has been virtually no offensive spark in most recent matchups, but I believe this contest will be different. The defense, again, will step up for Idaho, but this time the offense will answer the call.



Jonah Baker  
ARGONAUT

### Jonah Baker, Georgia State- 31, Idaho- 20

An Idaho team with nothing to play for will come out flat against a Georgia State team that is eerily similar to Idaho's.



Joseph Sandoval  
ARGONAUT

### Joseph Sandoval, Georgia State- 24, Idaho- 10

Idaho drops this one due to their lack of offense.



Chris Deremer  
ARGONAUT

### Chris Deremer, Georgia State- 24, Idaho- 7

With non-functioning offense, expect a final loss for the Vandals in the FBS.



Hailey Stewart  
ARGONAUT

### Hailey Stewart, Georgia State- 35, Idaho- 27

It will be a close game, but the Panthers will come out on top in this one.



Grayson Hughbanks  
ARGONAUT

### Grayson Hughbanks, Idaho- 27, Georgia State- 7

Richardson will make his true debut for the Vandals with a stunning performance and lead Idaho to a strong finish in the final game of the season.




Colton Clark  
ARGONAUT

### Colton Clark, Georgia State- 31, Idaho- 20


Georgia State is a surprise squad this year, and the Vandals are on a downhill slope. Richardson will likely turn some heads, but Idaho won't pull out an FBS finale win.

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## MEN'S

FROM PAGE 8

Senior guard Perrion Callandret came out with nine points in the second half for the Vandals and finished the game with 14 points.

Sanders came out on top for Idaho with a game-high 24 points and went 5-for-8 from the three.

Nate Sherwood had a big night as well, coming out with 17 points, four rebounds and three assists.

## Idaho vs CSU Bakersfield

The final seconds of play were the kiss of death for the Idaho men's basketball team, as California State Bakersfield hit a clutch three-pointer to take a 64-62 win.

Idaho took a close loss in the second round of the Great Alaska Shootout after leading for the entirety of the opening 20 minutes of play before letting the advantage slip early in the second half.

"I thought we lost our focus a little bit, in that stretch," Idaho head coach Verlin said "We're up 12 with about 16 to go and then with five minutes to go in the game we're down eight. They were able to score it pretty easily on us and then they were able to get to the offensive boards. They did what championship-level teams do, and that's find a way to get it done.

Senior small forward Jordan Scott struck first, hitting a shot from beyond the arc to get the Vandals on the board.

The Vandals didn't let the opponents get a glimpse of the lead for the duration of the opening half. The Roadrunners kept it tight throughout, only allowing Idaho to expand the lead out to eight points midway through the half before reigning the score back in to 32-38 at the break.

The beginning minutes of the second half looked similar to those of the first half. Idaho held a commanding lead, on top by as many as 12 points.

CSU Bakersfield went on a 17-0 run to steal the lead away from the Vandals and go up five with nine minutes left in the game.

Senior guard Perrion Callandret cut the Roadrunner streak with a three-point shot to bring the game back within two points.

Callandret continued to build for the Vandals with a dunk that brought fans to their feet in Anchorage, which cut the opponent's lead down to 55-49 after Idaho struggled to get any points on the board.

The Silver and Gold slowly chipped away at the Roadrunners' lead in the closing minutes of play. A free throw from senior guard Victor Sanders pulled the game to 61-59 at the 1:49 mark. Sanders rallied and made a deep-three to regain the lead, 62-61.

This was the last time Idaho would score, but the Roadrunners' Justin Davis sank a three with two seconds left to cement the win.

"You have to give Bakersfield the

“

I said in the pregame that whoever wins the rebound battle was going to win this game

Don Verlin, Head Coach

credit," said head coach Don Verlin. "I said in the pregame that whoever wins the rebound battle was going to win this game and that's exactly the way it played out tonight."

Perrion and Sanders continue to lead the team early in the season, each with game-high 18 points. After the game, Sanders now totals 1,322 career points and moves up to eighth on Idaho's all-time scoring list.

Senior guard Chad Sherwood made his 123rd career 3-point shot to move into 10th in Idaho program history in made three pointers.

"It's one of those things, it's early in the season, it's a young season," Verlin said. "You give me the Big Sky Championship with eight seconds to go and we're up one with Victor Sanders on the line and I'll take it every day. Twice on Sundays."

Idaho moves forward to face Nicholls State Dec. 3 in Thibodaux, Louisiana.

Meredith Spelbring  
can be reached at  
arg-sports@uidaho.edu

## WOMEN'S

FROM PAGE 8

During the second quarter, Idaho missed a total of 12 shots and TCU capitalized, extending their lead to 47-36.

With missed opportunities from Idaho, TCU started running away with the lead even more.

Idaho made a late comeback in the second, cutting TCU's lead 11 at the last buzzer in the quarter.

Pierce led the team in points with 23, shooting nine-for-nine from the free throw line and shooting 44.4 percent from three, making four out of nine attempts.

"That was certainly the most free throws she has ever taken here. Without a doubt. She did a great job of attacking the rim and staying strong with the ball. I loved seeing that from her tonight," Newlee said of Pierce.

The third was Idaho strongest as the team outshot TCU 23-17 as

Pierce earned herself 13 points, shooting 50 percent from three and a perfect nine-for-nine from the line.

All five starters combined for 35.2 minutes on the floor, and still it was not enough for them to defeat TCU. All five managed to score 66 points, making up 86 percent of the team's total score.

In the fourth, Idaho slowly scratched at TCU's lead. With .41 seconds left in the game, McCorkell scored a layup to bring the game to six points.

TCU got the ball back in final seconds when Idaho drew the foul and gave TCU the final points needed to seal the Vandal loss.

McCorkell was named to the All-Tournament team, averaging 23.5 points, nine rebounds and 3.5 assists.

Idaho returns home for the regular season home opener against No. 25 Washington Friday Dec. 1 in Memorial Gym.

Joseph Sandoval  
can be reached at  
arg-sports@uidaho.edu

## AGGIE

FROM PAGE 8

On the defensive side, junior linebacker Tony Lashley lead the defense with 16 total tackles. The defense finished with 92 tackles on the day forcing an interception and a fumble in the process while holding the Aggies to only three points in the second half.

"Our defense played their hearts out," Idaho head coach Paul Petrino

said in a news release.

"It's a shame for those defensive guys because I thought they played their hearts out and played really well. There were some guys on offense who competed hard, but overall as a group we're not playing well enough."

Idaho will play its final game of the season at Georgia State 2 p.m. Dec. 2 in Atlanta, Georgia.

Chris Deremer  
can be reached at  
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# ARGONAUT ARTS & CULTURE

## THEATER



Mother (Kylee Teal) and Father (Todd Quick) watch as Dylan (Nathan Loomer) opens a present in this promotional photo for "A Child's Christmas in Wales." UI Photo Services | Courtesy

# Christmas, but no carol

UI Theatre Arts Department will present 'A Child's Christmas in Wales'

Jordan Willson  
ARGONAUT

Christmas is looking a little bit different at the University of Idaho this year, at least for the Theatre Arts Department.

The department is presenting a new winter production, the holiday musical "A Child's Christmas in Wales." The show will be performed this weekend and next weekend at the Hartung Theatre.

The university has typically presented "A Christmas Carol" each winter, but many cast and crew members, including stage manager Robin Bonta, enjoy the change.

"I'm excited by the opportunity to go in a new direction," Bonta said. "In an academic environment,

it's been an amazing opportunity."

Bonta, a non-traditional senior at UI, was the stage manager for "The Dumb Waiter" and "Dead Man's Cell Phone" this year and the assistant stage manager for the production of "A Christmas Carol" last year. She said although she is excited for the change, she will miss "A Christmas Carol."

"It's a beautiful show," she said. "I will carry it with me for the rest of my life."

Bonta said "A Child's Christmas in Wales" is a memory play based on poems told from the author's perspective as an adult about Christmases when he was a child. She said the musical explores family traditions and what it is like to be a child during Christmas-time by developing a collage of memories which end up defining the meaning of Christmas.

"It's a play about remembering kinder and gentler times," Bonta said. "It's the rosy glow

part of Christmas."

Nathan Loomer, a senior playing the main character of the show, said he loves the joy his character gets from finding the little things in Christmas. Bonta and Loomer both said everyone can find a way the show relates to their own personal Christmases.

Bonta said she has loved watching the evolution of the show and the magic the director, Ricky J. Martinez, brought to the story. She said Martinez has taken what she thought was a dry play and made it come alive with humor and excitement. Bonta said UI's production of the show is different than other versions she has seen of it.

"It's fascinating, and it's inspiring," she said.

Neither Bonta nor Loomer had heard of the show before UI decided on doing it, but they both said they believe the show is unique. Loomer said the fact that the story takes place in Wales is

### 'A Child's Christmas in Wales'

**Times:** 7:30 p.m. Dec. 1, 2, 7 and 9  
2 p.m. Dec. 2, 3 and 10

**Location:** Hartung Theatre

**Cost:** Free for UI students  
\$10 for seniors and UI faculty/staff  
\$15 for adults  
\$5 for children

Tickets are available at BookPeople of Moscow, Room 201 in Shoup Hall, by calling 208-885-6465 or at the door 60 minutes before curtain.

interesting because the audience is able to see Welsh traditions and hear Welsh carols.

"It's not 'what makes this show unique?,' it's 'what doesn't?'" Bonta said. "It's magical."

Bonta said the best part about working on a show is when the cast is in actual performance. It's an exciting moment, she said.

Bonta said the musical can be enjoyed by both children and adults. She said it has great humor and wonderful songs.

"People will laugh," she said. "And they will probably be singing the songs for the rest of the season."

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## REVIEW

# 'An old-fashioned Thanksgiving'

A mouthwatering story that warms the heart

Griffen Winget  
ARGONAUT

In the past with my reviews, I've chosen stories that include interesting metaphors or have exciting twists.

That is not the case with Louisa May Alcott's "An old-fashioned Thanksgiving."

Much like Thanksgiving tradition, this story offers no surprise twists or deep metaphors.

Instead, it serves up a beautiful tale about children doing their best to prepare for Thanksgiving.

The reader follows the Bassett family, a troupe living in the hills of New Hampshire during the late 1800s.

The mother and the father, along with their children are busy preparing for the big feast on the following day.

The family soon receives word that their grandmother has fallen ill, and they should come as soon as they can.

The mother and the father leave the children and head to the grandmother's house.

Not to let Thanksgiving be ruined, the children take it upon themselves to prepare the food all on their own.

What follows is a heartwarming example of familial love.

They band together and end up cooking a wonderful feast, save for the "plum pudding and stuffing."

The mother and the father return home with the rest of the family in town.

The grandmother didn't fall

ill, and all is right with the world again.

Alcott leaves us that night as the family all drift off to sleep warm, full and happy.

Never have I felt the term "capturing the essence" embodied a story as much as I did in this one.

Alcott's tale seems more like a recounting of actual events than a story.

Her characters feel so alive they practically leap of the page. From the banter between siblings to the diligence and love with which they cook, Alcott captures exactly what Thanksgiving is about: not worrying about outside problems and instead focusing on time with the family and good food.

It is refreshing to read a story knowing exactly what you are going to get from it.

Alcott shows that stories like

this need not be dull and drab. Instead of relying on engaging plot, they can flesh out lifelike characters that engage the reader.

The lack of an overarching plot in this story makes the small problems more poignant.

For instance, Tilly, one of the daughters, takes it upon herself to make plum pudding.

She's seen her mother do it "a thousand times" so how hard could it be?

She starts off well until it comes time for wrapping the pudding and letting it expand.

The wrapping is too tight and makes the pudding hard as rock.

Normally, this small mishap would be lost in the sea of bigger problems, but because these bigger problems don't exist in this story, it allows the reader to relate to the large impact such a simple

problem can have on a child.

This effect also works with the conclusion. Instead of a climactic final scene, the reader is presented with a stereotypical happy ending. While this may seem like a letdown, the reader is invested in the children.

When the whole family comes marching over the hill, the reader is just as happy as the young characters are.

This means the grandma is well, and Thanksgiving can continue as planned. This time, even better than before — with the addition of aunts, uncles and cousins.

While some aspects of the story seem foreign due to the age, the core, timeless message of family and happiness still rings true.

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## THEATER

# A snippet of a play

Cornerstone Theatre presents a short version of "Death of the Ego"

May Ng  
ARGONAUT

The upcoming theatrical production "Death of the Ego" is a unique play that blurs the line between "performance" art and "performing" art.

The play, written and directed by University of Idaho MFA theater directing student Lindsay Mammone, will open at 7:30 p.m. Dec. 6 in the Forge Theatre.

Mammone graduated with a separate MFA in studio art in May and will fuse her expertise from both fields to create a powerful narrative.

The play involves a girl named Lina (Gail Harder), who goes through a spiritual transformation after the death of her father to find strength and peace.

Mammone said she initially wrote the piece as a poem upon her arrival in Moscow three years ago. She wrote it to heal from her own father's passing a year earlier.

"We did not have a relationship. Growing up without a father, all the baggage that came with it ... and when he died, I kind of had to deal with all the baggage that I had been carrying around, so I wrote a poem and constructed a video," Mammone said.

The production takes

audiences through what Mammone called "five planes of existence" — reality or the 3-D world, dreams or nightmares, hallucinations, spirit world and the high spirit world.

Mammone said this piece will feature an all-female cast that includes Lina, the Guide, the Angel and seven ritual mothers who reside in the spirit world. She said it was important for her to have an all-female cast as it provides a space for women and helps them find their voice in a world where women are underrepresented.

Danielle Capelli, a fourth-year secondary education art major with a minor in music and musical theater, plays Lina's subconscious and also one of the ritual mothers. She said playing the role of a subconscious was challenging for her.

"I am just this thing. It's not necessarily a physical person that I have to play. It's more like I'm a thought process," Capelli said. "Her state of being is really interesting to try to play."

Capelli said the ritual mothers help Lina throughout her spiritual journey. When Lina breaks down, they help Lina get through it and move on.

"Death of the Ego" is funded and produced by

the Cornerstone Theatre Troupe, a student-run organization that produces theatrical student work. Money collected from shows helps fund future productions. They also help with advertising for productions.

"People will come to us and say 'this is the show I want to do.' They kind of pitch it to us and then we as an organization decide if we want to invest in their show," Cornerstone Theatre Co-chair Taylor Caldwell said.

Caldwell said Mammone's caliber of work is "incredible" and she blew them away when she pitched "Death of the Ego" to Cornerstone Theatre. The board gave a unanimous yes to take on the project.

"This story, I feel is important to share because I know that there is so many people carrying around emotional baggage that they are afraid to confront and when you give yourself the opportunity to go through it, what you find is so much greater than what you thought possible," Mammone said.

Mammone made the distinction between performance art and performing art as one requiring a narrative while the other doesn't. Theater is a form of performing art that requires a narrative and an audi-



Taylor Caldwell | Courtesy Photo

"Death of the Ego" cast members pose for a shot in October at the UI Arboretum.

ence. Performers tell stories, utilizing various skills and tools that include voice, posture, movement, set and costume in order to tell a complete story.

In performance art, the body is the art. Everything encompassing the body — from breath to movement — becomes part of the work.

Mammone said performance art does not need a narrative or an audience for it to be considered a completed piece. Performance art can be carefully orchestrated or completely spontaneous, she said.

"When I decided to add

on a second MFA in theater, I knew that this piece had to become a play, so that I could really round out the investigation of what is the difference between performance art and theater art and how can they feed off of each other," Mammone said.

The full-length show will open May 5, 2018 at the Hartung Theatre.

Caldwell, who is also the stage manager for "Death of the Ego," said the duration of the play has not been finalized. During rehearsals, the preview took anywhere between 30 to 45 minutes.

"Trailers come out for

movies and video games and stuff like that, but never for plays, so I think this is a really interesting opportunity and it really aides to the idea of 'this is what's coming' and if this really catches your eye, then it makes it worthwhile to come in May," Capelli said.

Capelli said the show contains a myriad of musical elements, expression and symbolisms. She said the show will be unlike anything people have seen before.

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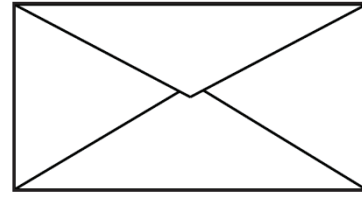
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# OPINION



Send us a 300-word letter to the editor.

ARG-OPINION@UIDAHO.EDU

## OUR VIEW

# After break, take a break

Take time to destress before dead week and final exams

As the fall semester comes to a close, many students will begin to feel an increase in the pressure of homework and impending exams.

It is important to stay on top of one's workload, but that doesn't mean spending every hour of every day pouring over books and homework in the library. In fact, studies have shown the best way to be productive involves taking a few breaks throughout a long study session.

On the University of Idaho campus this week, there are multiple activities available for students to participate in and refresh their minds. Take advantage of them and make memories that will extend beyond the classroom.

One of the best ways to relieve stress is to simply spend time with a furry friend. From 1:30 p.m. to 2:30 p.m. Tuesday, therapy dogs from Palouse Paws will be in the Clearwater room of the Idaho Commons. The event will include a discussion about how to destress —

something many college students can benefit from during this of the year.

Santa is also coming to town. Embrace your inner child and take a photo with Saint Nick sometime between 11 a.m. to 2 p.m. Wednesday or Thursday in the Commons Rotunda.

Also Wednesday, UI professor Jamie Derrick will offer a free drop-in mindfulness meditation from noon to 12:20 p.m. Mindfulness is perhaps one of the best ways to relieve stress, so acquiring mindful skills might come in handy in the coming weeks.

A number of relaxing activities including origami, coloring, holiday crafts and video games will be available from 12:30 p.m. to 3:30 p.m. Wednesdays in the MILL at the library. Not only can you relax, but you don't have to travel far to do so.

Consuming healthy food and exercising is also important when it comes to fueling a successful brain. Stop by the Vandal Health Hut between 10 a.m. and 2 p.m. Wednesday in the Commons for advice on how to stay healthy.

A quick workout at the Student Recreation

Center might also help your brain relax before getting the thoughts back to flowing. If you like caroling, ugly sweaters, cookies and making presents for your family, you might be interested in ASUI Vandal Entertainment's Holiday Extravaganza Thursday. From 7:30 p.m. to 9:30 p.m., students can stop by and partake in the festivities for free with their Vandal Cards.

For a longer break, see "A Child's Christmas in Wales." The UI Theatre Department production is free for UI students 7:30 p.m. Friday and Saturday this week and next and at 2 p.m. Saturday and Sunday this week and Sunday next week.

Music can also have restorative powers, and as per usual, members of the Lionel Hampton School of Music will have concerts this week. Students and/or ensembles will perform on Thursday, Friday, Saturday and Sunday.

Remember, a stressful time of the year can always be curbed with a touch of holiday and Vandal spirit.

—NR

## OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

**Who would you choose to be Time's person of the year?**

### The Gosling

I'm not really one to praise celebs, but Ryan Gosling absolutely killed it this year with every movie he's starred in.

—Blake

### My man

Gotta give it to my boy, Michael Cera. He's the person of the year every year.

—Griffen

### Harry Styles

Not only is Harry a beautiful fashion icon, he also released an album of the year that — I'm sure we can all agree — was perfection.

—Savannah

### Something new

I would be down to see Chance the Rapper on the cover of Time Magazine. We don't often see a great voice and social justice rolled into one celebrity.

—Hailey

### Find what feels good

Adriene Mishler from Yoga with Adriene inspires people daily to better themselves from within so they can then pay it forward to others. She also has a cute dog.

—Joleen

### Bill Gates

Not only is he just an awesome guy, but he and his wife recently announced their plans to further pursue a cure for Alzheimer's.

—Max

### Tobin Bell

After watching "Jigsaw" during fall break, my hat goes off to actor Tobin Bell for keeping up with a series I have loved for a while now.

—Lindsay

### The face of rap

Kendrick Lamar. K DOT. Kung Fu Kenny. Corn Row Kenny. King Kunta. America has known the top dog of Top Dawg Entertainment for years. It's time to finally make him person of the year.

—Kyle

### Begrudgingly

If we use Time's measurement — the person with the greatest positive or negative impact — I would have to go with Donald Trump, in spite of his saying they already "probably" chose him. But, then again, my own person of the year is Austin Lee.

—Nina

### Logic

His song "1-800" brought depression into the spotlight and is helping people understand that getting help is OK.

—Grayson



Emma Balderson  
ARGONAUT

# Fearing the unknown

The best ways to cope with the uncertainties of graduation

For many students, the end of their college career is only a few short months away.

The thought of finishing school evokes elation in some.

For others, however, it elicits a knot of stress in the pit of their stomach.

After 16 or more years of schooling, it should be obvious one would be ready to be done. They would want to move on to a real job and start their adult life. Post-graduate life does not always come easy to many students. I believe this is because of a widespread trait that many people have — a disdain for change and the unknown.

School in general is a known quantity. We choose which major we want and that comes with a set of classes that are usually static. Unless something drastic occurs, the curriculum doesn't undergo much change.

At the beginning of the semester we receive a syllabus that outlines everything the course will cover and each day is usually meticulously planned.

Over the course of one's education they'll have taken tests, completed assignments and given presentations.

After graduation, that all changes.

Tests become monthly performance reports, assignments become the day to day grind and presentations become sales pitches.

Of course, there are thousands of occupations that all have different responsibilities, but the baseline stays the same.

Landing a dream job isn't a given like attending high school, or even a university, to an extent. It requires hard work, self-promotion and often, a great deal of luck.

This abrupt change from a set schedule of classes to a scramble for work has many graduates on edge, myself included.

They have high expectations for themselves and want to be able to attain that "dream job" right away.

Most often, that doesn't happen right out of the gate. It may take two or three jobs before they find

one that best fits.

It is that fear of starting a job they won't like or even getting a job at all that most graduates face.

There are a few ways that help me to cope with this fear.

The first is utilizing the resources around you.

One of the best resources the University has to offer is the career fair. The career fair represents an amalgamation of opportunities all put together in one place. It can allow one to obtain valuable networking opportunities and possibly obtain an internship or job for the future.

The second, and most overlooked, resource is a professor. Students can look to people who are experts in their fields teaching them every day.

It is easy to forget that professors were once graduates unsure about the future, too. It doesn't matter whether you utilize a professor as a reference or as someone with plenty of advice to give. It is important that you reach out and start the conversation.

Graduation is both a daunting end and an exciting beginning. It signifies the end of sixteen

“

This abrupt change from a set schedule of classes to a scramble for work has many graduates on edge, myself included.

years worth of work. From learning simple multiplication to writing theses, we all have undergone a journey.

The graduates of today have grown and changed like the world around them.

Opinions have come and gone, dislikes and likes seeming to change every month.

But the core person is still inside them. The kid who wanted to be a policeman or teacher still walks beside them on that path.

A path with huge successes and equally as big failures. From here, all one can do is continue forward and take life's turns in stride.

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ARGONAUT



# Redundant recognition

*Time Magazine's person of the year award should not exist*

It is often said there are three certainties in life: death, taxes and Time Magazine picking a hyper controversial figure for person of the year.

While that last one may not necessarily be true, the track record suggests some truth.

The most recent winner, Donald Trump, follows a recent string of winners that includes Mark Zuckerberg, the average protester and former presidents George W. Bush and Barack Obama, who both won the award twice. Each of those people were selected because they had a profound effect on the world as we know it, and their selections were met with either controversy or disinterest.

However, there must be something better that a respected publication could be doing with their time and resources.

Time's person of the year award should not exist if it will only create strife.

According to Time's website, the award goes to the person that has had the most profound impact on the year, for better or for worse. It does not set specific guidelines like the Nobel Prize or similar field-specific honors, allowing for a wider range of options as the year winds down. Recognizing somebody as the most important person of the year accomplishes nothing except for an inflation of the chosen person's ego and a storm of unessential media coverage.

Because of this wide approach to nomination and the lack of general meaning stemming from selection, the Time person of the year award should not exist. It adds nothing to society and only generates further controversy in a world that needs no more quarrelling.

Time first presented the designation in 1927, to pilot Charles Lindbergh after he became the first person to fly nonstop across the Atlantic. That was undeniably an important event that deserved special recognition, and many others deserved recognition for their impacts on humanity. But, selecting a person of the year every single year diminishes the importance of the award itself and attempts to equate people like Mahatma Gandhi and Jimmy Carter. In 1979, Ruhollah Khomeini was chosen based on his leadership in the Iranian Revolution and subsequent actions as

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The award should not exist if it will only distract and drive people apart.

Ayatollah, but the stateside backlash was so severe that Time began to avoid figures that were perceived as controversial in the United States to preserve revenue.

If the magazine leaves out millions of people and only generates media storms when it is revealed, then why should it exist?

Trump's response to this year's award is a great example of why the award should not exist. His selection generated a new storm on Twitter and cable news, taking up air time that could have been used to highlight important issues. The magazine issue served to highlight Trump's activities through the last year, which anyone plugged in to social media or some news outlet would be well versed in.

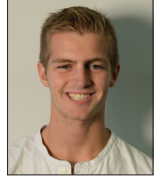
A year-in-review style of issue would work great if the award highlighted a variety of people in depth, but so much homage to one person just doesn't make any sense if it is only going to generate controversy that benefits close to no one.

If the award further distracts our president from his work along with the rest of the world then it should cease to exist.

As another alternative, Time could give an overview of award winners for recognitions that truly deserve to be recognized for advances in science, social justice or any other impact on the human race. In many different cases there have been individuals who deserve and need recognition more than whoever the sitting president happens to be, and highlighting those people would be a far more effective exercise than trying to pin one person down as the most important of all.

Our generation is often slandered for handing out too many participation trophies, but the Time Person of the Year has become just another way for the media to stir up controversy. The award should not exist if it will only distract and drive people apart.

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Jonah Baker  
ARGONAUT

# Work, study, repeat

*The three short weeks between fall break and winter break provide little for students*

“

It makes sense to just end the semester before fall break or at least entertain the idea.

It's that time of year when Christmas songs play on the radio, lights are glowing on people's houses and holiday decorations are strung up all around town.

Students, however, spend this time of the year listening to final lectures and cramming for finals week. Spending the measly three weeks between fall break and winter break studying for final tests is understandably prioritized over cheer.

Students just came back from a week free of classes on fall break where we could rest and spend time with family. And now, there is only one thing that stands in the way of winter break — three weeks.

A week of classes, dead week and finals week during December is what every student has to look forward to in fall semester.

But, what is the point in having these three weeks of school implemented in December when students are already getting burnt out of their fall classes — especially coming back from fall break?

Many students ultimately lose motivation after having a week off, and might not try as hard as they could, especially if they don't have much work coming back from a week of stuffing their face with turkey.

Some students take on a heavy amount of credits and a full three weeks might sound like a large amount of time. But for the many students not taking a heavy credit load, these three weeks trudge on with little to do. These students don't have many finals at all and really don't have a point in being in Moscow for finals week. Some of these students have the possibility of leaving town at the end of dead week to go home to their family festivities.

We are all equally stressed in these three weeks of school because professors pack on and assign big projects with tests to fill in our grades to complete for the semester. Ultimately, packing all of this within two weeks

can drive a student crazy.

To top that off, within all the studying and stresses, the gloomy weather can take a deadly turn for the worst in Moscow during the three weeks leading to winter break. Last year, the weather on the Palouse created some treacherous road conditions for winter travel. It was questionable if students would be able to make it back home, let alone travel back to the university in January. The weather hasn't taken that turn yet, but with North Idaho weather, we can never be too careful.

The snow hits the the mountain roads and creates black ice which makes driving conditions unsafe for students driving long distances home for winter break. If they can't drive home because of the weather, or because of how far away they live, the only option is to fly to their destination.

Depending on where a student is from, airplane ticket prices skyrocket, especially during the holiday season. Students don't always have the funds to make this trip home, and sometimes are stuck in Moscow for their winter break just like they were for fall break.

It makes sense to just end the semester before fall break or at least entertain the idea. In these three weeks, there are not many assignments left for students, we risk traveling again in the treacherous weather and most importantly we might get the chance to avoid the procrastination that takes over our bodies.

Ultimately, it is worth it to add those extra few weeks of winter break and replace that time somewhere else in the semester.

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Lindsay Trombly  
ARGONAUT

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