

THE UNIVERSITY OF IDAHO
ARGONAUT

FOR, OF AND BY THE STUDENTS SINCE 1898

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THURSDAY, FEBRUARY 1, 2018

CAMPUS LIFE



Gavin Green | Argonaut

Students Ayo Kayode-Popoola and Dami Olape serve authentic Nigerian food Saturday evening at the Cruise the World event in the International Ballroom.

GREEK LIFE

What a rush

Taking a peek at some differences in rush seasons

Andrew Ward
ARGONAUT

With spring quickly approaching, it is important to note the differences that accompany the change in season.

Ian Sanabia, president of the Alpha Kappa Lambda Fraternity, said there are a few notable differences in rush seasons worth keeping in mind.

"It's a lot more stressful in the fall because there are about 250 people who are rushing," Sanabia said. "You're trying to get the biggest pledge class that you can with most quality guys that you can. In the spring there's usually about 20 people — so it's a lot less stressful and a lot less formal."

Sanabia said his experience with fall rush was more extensive and intense, but worth it.

"At first, I did not know much about rush. I was convinced to do it by one of my friends," Sanabia said. "We visited every single house on the first day. It was pretty exhausting to go through every house — but I chose Alpha Kappa Lambda (AKL) because I felt really comfortable here. There were a lot of guys I could relate to."

Sanabia said he recommends rushing in the fall because of the broader exposure to campus Greek life and potential friends.

"I personally think going through fall rush is more fun," Sanabia said. "If you go through spring rush, you're not able to see all the houses like you would during fall recruitment. You're not made to visit all the different houses — instead you're just meeting guys with flags on a table."

Sanabia emphasized the lack of connections freshmen get to make when they choose to rush in the spring.

"One of the disadvantages I think is that you don't get to meet as many people in the spring rush," Sanabia said. "A lot of the people you meet during fall rush, even if they go into different houses, still become really good friends and allows you to have connections in other houses."

Lake Campbell, an undeclared freshman who snapped to AKL this semester, said he didn't want to wait for spring rush because he already knew the type of house he wanted to join.

"I didn't really enjoy the dorm experience," Campbell said. "Brotherhoods are also important to me. I had a lot of friends in Sigma Chi, so I would spend a lot of time over there. I saw what they did, and I knew I wanted to be a part of something like that."

Shannon Brink, a senior at Kappa Kappa Gamma Sorority, offered her point of view from the sorority perspective. She said rushing can be intense no matter the time of year, but eventually the experience becomes comfortable.

"It's super overwhelming," Brink said. "You're walking into a house with a hundred singing women, and you're stressed — probably a little self-conscious. But they're very welcoming, and they make you feel right at home."

Brink said that one of the main differences between rush seasons is the way houses recruit.

"With spring recruitment, you are promoting on social media, you are trying to talk to girls in class or anywhere else on campus," Brink said. "But with fall recruitment you don't really know anybody that's coming. So, there are massive social media efforts looking for anyone who is interested."

Brink advocated for people to be their genuine selves when they rush.

"In recruitment everyone is trying to put on their best show," Brink said. "Obviously you'll be talking to them about real things, but you're not seeing anybody at their worst yet either."

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Global cruising

Cruise the World event brings global cultures together in Moscow

Beth Hoots
ARGONAUT

In the fastest commercial plane, a non-stop trip around the world would take nearly two full days to complete. For those with a little less time and money on their hands, the Cruise the World event provided a convenient alternative, bringing together 32 international and cultural student organizations last week in the

International Ballroom of the University of Idaho's Bruce Pitman Center.

The event was set up with booths loosely organized by global region. Central and South American nations lined the east wall of the ballroom opposite rows of Asian and Middle Eastern booths.

Geographical and social boundaries were shattered across the room — the Nigerian table sat alongside the team representing Panama. The Isle of Man set up shop next to a Chinese booth and the Muslim Student Association of UI table faced the Indian

booth. The event featured a wide variety of nationalities and cultures, but still managed to celebrate each individually.

For the first time, Cruise the World was offered to the public as a free event. In the past, organizers have charged admission fees. Morgan Gardner, outreach coordinator for the UI International Programs Office, said she hoped the change would enable visitors to spend their money on food and crafts at cultural booths.

"I think the intention of it being free is that more people will come inside and purchase food," Gardner said.

Gardner also said she hoped not charging admission would attract more visitors to explore the diversity offered at Cruise the World.

"Everybody seems to love this event, so it's pretty easy to get people involved," Gardner said.

This year, Gardner used social media to promote the event and reach vendors and performers on the Palouse.

"We have 15 performers this year, which is crazy because the event is one hour shorter," Gardner said.

ADMINISTRATION

Hooked on a fee-ling

Student Fees Committee discusses increased department funding

Kali Nelson
ARGONAUT

The Associated Student Fees Committee met Jan. 24 to hear from university departments seeking an increase in funding.

The committee decided on students' activity fee, which currently stands at \$577.98, said Trina Mahoney, budget director and non-voting member of the fees committee. The requested increases were put in terms of amount per full-time equivalent student, meaning the increases would only affect full-time students, Mahoney said.

The amounts requested at the meeting were not set in stone, as the committee will debate the increases and recommend which departments should receive increases to University of Idaho President Chuck

Staben. Staben will then take the requests to an April meeting of the Idaho State Board of Education, Mahoney said.

Rob Spear, director of athletics, asked for an increase of \$3.41 per full-time student. Spear said the increase would go toward ensuring adherence to the UI strategic plan, helping provide a competitive, integrity-based athletics program and sustain recent success.

Rusty Baker, clinical assistant professor in the Department of Movement Sciences, requested a \$2.43 increase to help cover the cost of employee salaries so the Integrated Sports Medicine and Rehabilitative Therapy (ISMaRT) clinic can meet the increased demand from the student body. ISMaRT services include standard care in athletic

training and physical therapy. Baker said the clinic could increase appointment opportunities and staff availability to students with the additional funds.

Student-Athlete Support Services asked for a \$6.15 increase to help cover the cost of an academic coordinator and 37 cents for change in employee compensation. Greg Tatham, assistant vice provost of student affairs, requested an \$11 increase for the Campus Recreation Center. The fee is broken up into sections, with \$2 going to an increase for temporary help staff, \$2 to sports clubs, \$2 for the outdoor program and \$5 for maintenance and improvements to the center.

SEE HOOKED, PAGE 4

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Campus Recreation

Student Rec Center • Intramural Sports • Outdoor Program • Sport Clubs • Wellness

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3 Point Shootout	Thurs. Feb 15
4 on 4 Volleyball	Mon, March 5

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A Crumbs recipe

Cinnamon apple swirl muffins

This muffin recipe is the best way to start your morning. With a few ingredients and quick preparation time, this recipe is the perfect breakfast or snack. Crunchy cinnamon swirls and soft apple filling make this recipe worthy of breaking out the baking supplies.

Ingredients

- 1 package of cinnamon swirl muffin mix
- 1 tablespoon of vanilla extract
- 1 cup of brown sugar
- 2 cups of cubed red apples
- 1 teaspoon of cinnamon
- 1 teaspoon of lemon juice
- 1/4 stick of salted butter

Directions

1. Prepare the muffin mix according to package instructions and add the extra tablespoon of vanilla extract.
2. In a saucepan, melt the butter and stir in the brown sugar. Bring to a light boil.
3. Add the apples to the butter and sugar mixture and let simmer. Fold in the cinnamon and lemon juice.
4. Remove the apples when tender.
5. Once the muffins are cooled, cut a hole in the center and fill with the apple mixture. Place the muffin cutout back on top.
6. Let cool completely before serving.

Hailey Stewart can be reached at arg-crumbs@uidaho.edu

Servings: 16 muffins

DINNER WITH DOGS



Can I have some?
Go away.

Avery Alexander | Argonaut

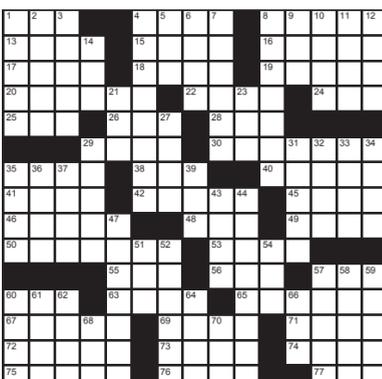
CROSSWORD

Across

- 1 "Polythene" (Beetles song)
- 4 Multivitamin supplement
- 8 California's San Bay
- 13 Made a touchdown
- 15 Pews' place
- 16 Once more
- 17 Lady Macbeth, c.g.
- 18 Prepare to swallow
- 19 Wheel on a spur
- 20 Martial art
- 22 Sheet music symbol
- 24 Foxy
- 25 Hoosier humorist
- 26 Camel hair fabric
- 28 Kind of tax
- 29 Face-to-face exam
- 30 Vine support
- 35 Frock
- 38 Harbor craft
- 40 Poker play
- 41 Part of the eye
- 42 Be theatrical
- 45 What icicles do
- 46 Excavation find
- 48 Calendar square
- 49 How Phileas Fogg traveled
- 50 Falsehood
- 53 Like Jack Sprat's diet
- 55 Grassy area
- 56 Medium claim
- 57 Chicken king
- 60 Before now
- 63 Prefix with legal
- 65 Leaning to the right

Down

- 1 Winter wear
- 2 One way to read
- 3 Pooh's creator
- 4 Sit on eggs
- 5 Encouraging word
- 6 Walkie-talkie word
- 7 Most up-to-date
- 8 Associate
- 9 I, to Claudius
- 10 Birds noted for thievery
- 11 Cambodian money
- 12 Orishon tune, "the Lonely"
- 14 Two-year-old sheep
- 21 Wide's partner
- 23 Knight's title
- 27 Astringent substance
- 29 Walking
- 31 Weighed down
- 32 Turkish dough
- 33 Mother of Horus
- 34 Fall mo.
- 35 Know-it-all
- 36 Pizzeria fixture
- 37 Whip mark
- 39 Pantheon member
- 43 Something to spin
- 44 Vision
- 47 Perpetrator
- 51 Darjeeling or oolong
- 52 Needle continuously
- 54 Pertinent
- 57 Standoffish
- 58 Vernacular
- 59 Part filler
- 60 Terra, finely pulverized gypsum
- 61 Misses
- 62 Waist circlers
- 64 Fit of fever
- 66 Punching tool
- 68 Formula
- 70 Wood sorrel

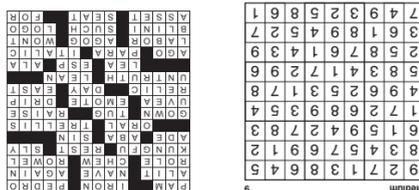


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SUDOKU

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The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public.

Questions? Call Student Media at 885-7825, or visit the Student Media office on the Bruce Pitman Center third floor.

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The opinion page is reserved as a forum of open thought, debate and expression of free speech regarding topics relevant to the University of Idaho community.

Editorials are signed by the initials of the author. Editorials may not necessarily reflect the views of the university or its identities or the other members of the Editorial Board. Members of the Argonaut Editorial Board are Savannah Cardon, Hailey Stewart, Meredith Spelbring and Max Rothenberg. —

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The Argonaut welcomes letters to the editor about current issues. However, the Argonaut adheres to a strict letter policy.

- Letters should be less than 300 words typed.
- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, label and clarity.
- Letters must be signed, include major and provide a current phone number.
- If your letter is in response to a particular article, please list the title and date of the article.
- Send all letters to:
301 Bruce M. Pitman Center
Moscow, ID, 83844-4271

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CAMPUS LIFE

Expanding students' horizons

Alternative service breaks help students promote social justice

Sierra Rothermich
ARGONAUT

University of Idaho students interested in social justice and leadership experience should look no further than the Alternative Service Break (ASB) program.

The ASB trips during summer, spring and winter involve servicing a wide range

of social problems such as environmental issues, urban poverty, domestic violence and struggling refugees.

"You're learning just as much as you're giving," said Rachel Davis, lead alternative service break coordinator.

Davis said ASB teamed up with the Leadership Development Department to create a new program of offering free weekend service trips. Nine women at UI will receive the opportunity to participate in a special

weekend trip servicing the development of women's confidence and leadership.

Sign-ups for the 2018 spring ASB trip, a week-long experience based in the Pacific Northwest, are at 8 p.m. Feb. 6 in the White-water Room of the Idaho Commons.

ASB wants students to sign up for the service they are most passionate about, so they release the location of the trip after the teams are signed up, Davis said.

"When you spend time

in cities and towns, you lose connection with the environment, so we want people to have that connection in order to get motivation to support change," Davis said.

Davis said the outdoor learning experience helps students gain knowledge in environmental sustainability.

UI student Jacob Kodanko learned about trail maintenance at the Tillamook National Forest over the 2017 spring ASB trip. Kodanko said the best part was being able to interact

with a diverse group of UI students.

"There were students from different backgrounds that might not associate with each other usually, but it was amazing to see how much all of us had in common," Kodanko said.

Davis said whether it's resettling refugees or people who have been incarcerated, students have assumptions that are quickly shattered.

Davis said having that expanding experience and seeing different perspectives

is so impactful.

Davis said sometimes people change their major or career goals after their ASB trips. Davis has gone to the Philippines to work with health and sanitation, to Pittsburgh to repair homes and to Ririe, Idaho, to support education.

"You're here to learn from your community and it has a lot to offer," Davis said.

Sierra Rothermich
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TRIBAL NATIONS NIGHT



Leslie Kiebert | Argonaut

A member of a local Native American tribe dances during halftime of the Tribal Nations Night basketball game Saturday in the Cowan Spectrum.

ASUI

A fresh new face

Teja Sunka wants to improve students' lives through ASUI

Kali Nelson
ARGONAUT

A race against the clock takes place every morning for Teja Sunka. The University of Idaho freshman is up and ready for his week and the start of his classes by 9 a.m. Sunka studies computer science and statistics at UI.

Originally from Redman, Washington, just outside of Seattle, Sunka is a member of the ASUI Senate. Sunka ran last fall for a spot on the Senate and is one of the four new ASUI senators this semester.

Sunka said he ran to help improve the lives of freshmen and all students on campus. Sunka said he decided to run because he felt he had a responsibility to try to improve the lives of his fellow classmates.

Improving student life is important, Sunka said, because student life can make or break a person's college experience. If a person is not happy it can make it difficult to get through college, Sunka said.

"I wasn't thinking necessarily that I would get the position when I ran, but I was thinking it was important I ran and try to do my best," Sunka said.

ASUI Vice President Catherine Yenne said Sunka is currently working with other senators on projects such as bringing a mental health awareness group called Active Minds to

campus. He is also trying to contact a group that is trying to reduce the cost of rape kits in Moscow.

Yenne said the Active Minds project aligns with ASUI's initiative to promote mental health awareness and healthier habits.

"Teja is one of those rare people that will jump headfirst into a brand-new task. He signs up for all volunteer opportunities through ASUI and is always willing to help a teammate if they need it — a fantastic quality," Yenne said.

Currently, Sunka is on the Senate Standing Committee on Rules and Regulations and Other Governing Documents. This committee is tasked with maintaining the rules and regulations of ASUI, Yenne said.

Yenne said Sunka has either asked questions or provided input during senate meetings, something she and many senators struggle with their first semester.

However, there is more to Sunka than his position on senate.

Sunka said he is part of the Gender and Sexuality Alliance (GSA). This club is dedicated to promoting a positive and inclusive atmosphere for all people.

Sunka said he also likes to read, gravitating toward fantasy and sci-fi novels.

Sunka said he does not have a favorite food, but appreciates his mother's cooking more after having been away.

Kali Nelson
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arg-news@uidaho.edu or
on Twitter @kalinelson6

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HOOKED

FROM PAGE 1

Katie Dahlinger, assistant director of the Department of Student Involvement, requested a \$1 raise for ASUI Vandal Entertainment to help cover the cost of bringing more well-known artists to campus.

Dahlinger said the increase would bring the total amount of student fees that go toward entertainment to \$13.

Savannah Rogers, tutoring program coordinator, and Cori Planagan, manager of tutoring and college success, asked for a \$1.70 increase to cover three priorities for drop-in tutoring. One dollar of the increase would go toward paying tutor wages.

To avoid reducing drop-in tutoring hours, the number 10 cents would go toward recovering the reallocation amount from program prioritization. The last 60 cents would go toward launching an online tutoring service for students who cannot attend drop-in tutoring.

Greg Lambeth, director of the Counseling and Testing Center (CTC), requested \$1.07 per student which would help with 24-hour counseling and crisis intervention services.

Julia Keleher, director of the LGBTQA Office, requested a 75-cent increase, which would bring the total fee amount to \$4.67. Keleher said this increase would help to pay the director's salary and benefits and allow for an operating budget to increase the effectiveness of events and services the LGBTQA Office provides.

Jessie Martinez, director of the Office of Multicultural Affairs (OMA), requested a \$1.25 per full time student increase. This increase would go toward both the change in employee compensation and expanding

campus-wide cultural programming, Martinez said.

Director of the Women's Center Lysa Salsbury requested \$1.03 per student to help cover the change in compensation and an increase in programming. Salsbury said the increase could help lower the price of some programs the Women's Center offers.

Barry Johnson, director of veteran and military family services, asked for \$2 for the department, which receives no money from fees. Johnson said the increase would help the department bring in national speakers and send two students to conferences. It would also allow for the department to conduct training for faculty and staff each semester on veteran and military affiliated student issues and give aid to veterans with mental and physical health issues.

Director of the Office of Undergraduate Research David Pfeiffer requested a 30-cent increase to help fund more student research. Pfeiffer said undergraduate research at UI is not limited to just science or engineering but can also include majors such as dance or theater.

This committee does not have control over any other parts of what a student pays, Mahoney said.

The total amount of all requested increases, if all were accepted, would raise the student activity fee by about \$30.

ASUI President McKenzie MacDonald said the committee will meet to discuss the proposed increases and decide what is feasible for students.

*Kali Nelson
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GLOBAL

FROM PAGE 1

Throughout the event, the main stage played host to a variety of musical performances and cultural presentations, from a Bangladeshi lyrical solo, to a martial arts demonstration, to the UI Korean Student Association's "Super Spicy Noodle Challenge."

UI freshman Tanner Reathaforf responded to a call put out on social media for the event.

Reathaforf played blues charts on his guitar for visitors and said he hopes to continue performing at future Cruise the World events.

"It's awesome to see the international community here," Reathaforf said. "I definitely will come back next year."

In between featured performances, eventgoers had the opportunity to meet and learn from representatives at each of the cultural booths. Many of the represented countries displayed traditional clothing and food in addition to national currency, art forms and religious symbols.

Attendees could try a cup of Arabic coffee from the Saudi Arabian table, receive authentic henna body artwork at the Indian booth, see traditional stitched art from the Guna people of Panama or make a simple origami creation with guidance from representatives of Japan.

"It's a lot of fun," UI senior Jaime Shaffer said.

Shaffer spent her time at Cruise the World volunteering with the Japanese booth.

"I'm really happy that we can share this with everybody," she said.

Shaffer said the event provided a chance for the Moscow community to experience cultures from around the

“

"I think it is just really great to see all of these cultures from around the world. It makes the world feel like a really inviting place."

*Patrick Determan,
UI engineering adviser*

world. Visitors to the Japanese booth were openly curious about the country, according to Shaffer.

"We've had questions about culture, food... we had a question earlier about Japanese history," Shaffer said.

Cruise the World had opportunities for visitors to experience cultures from around the globe with food and activities they might not be able to try anywhere else in Moscow.

"The tea at the Nepal booth is so good," Patrick Determan said.

A member of the UI faculty, Determan had been to past Cruise the World events and remembered asking for the recipe for a Nepali beverage last year.

"It's pretty exciting to see how many people there are (here) this year," Determan said.

Reaching out to more members of the Moscow community may be a vital step to the event's continued success in celebrating diversity and multiculturalism

"I think it is just really great to see all of these cultures from around the world," Determan said. "It makes the world feel like a really inviting place."

*Beth Hoots
can be reached at
arg-news@uidaho.edu*

RUSH

FROM PAGE 1

Brink said her main reason to rush in the fall would be people may still be unsure of exactly where they want to go.

"In fall recruitment, you have all of the houses. You can have exposure in every single house," Brink said. "You don't have that in the spring. You may love everybody in the house that you chose, but maybe there was another house you weren't able to see that was a better fit for you."

However, Brink said she recommends

rushing, no matter when, to anybody considering it.

"It's not for everybody though, absolutely not," Brink said. "But I'd advise if you are thinking about rushing in the fall or spring, you should do it. Even if it doesn't work out there is always room in the residence halls, and there's always going to be a place for you. It's an awesome experience to learn a little bit more about yourself."

*Andrew Ward
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or on Twitter @WardOfTheWorlds*



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REGISTRATION NIGHT
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University of Idaho

Department of
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ARGONAUT SPORTS

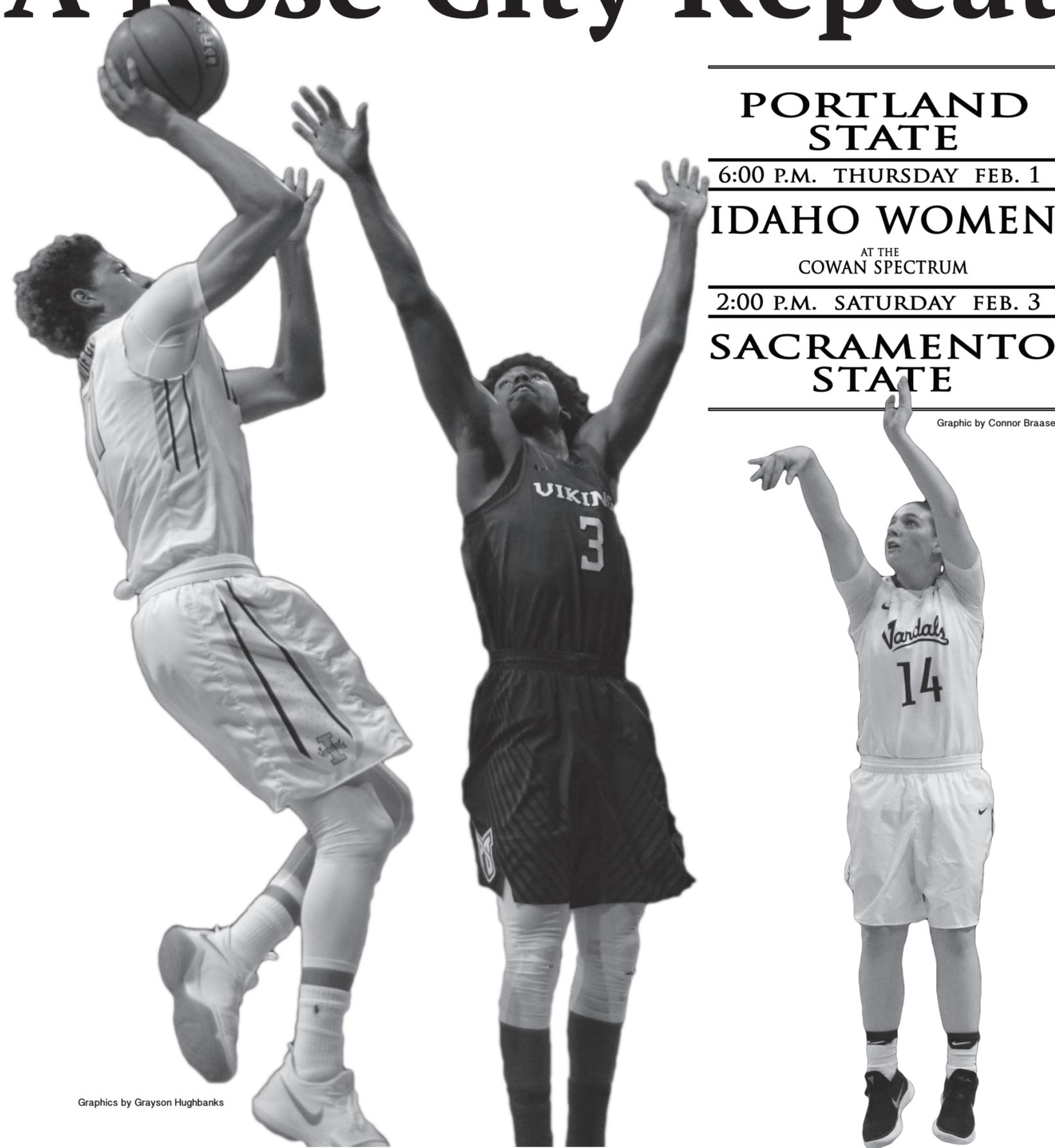


"They want to (climb) more so we could plant more trees."

PAGE 6

BASKETBALL PREVIEWS

A Rose City Repeat



Graphics by Grayson Hughbanks

PORTLAND STATE

6:00 P.M. THURSDAY FEB. 1

IDAHO WOMEN

AT THE COWAN SPECTRUM

2:00 P.M. SATURDAY FEB. 3

SACRAMENTO STATE

Graphic by Connor Braase

Idaho basketball travels to the Rose City in what is a trip home for many

Meredith Spelbring
ARGONAUT

For some of the athletes on the Idaho men's basketball squad, the Thursday contest at Portland State is a chance to seek revenge after a close loss earlier in the season. For another large portion of the team, it is a trip home.

Of the 15 men on the Idaho squad, five are from Oregon, three of whom are from Portland. Both senior guard Victor Sanders and freshman guard Geno West came out of Jefferson High School and senior forward Arkadiy Mkrtychyan played out his high school years at Columbia Christian High School in Portland.

There are plenty of cities and high schools teaming with athletes looking to make the jump from high school athletics to collegiate, yet time and time again Idaho has turned to Portland and found handfuls of success.

"We have had a lot of success in Portland and around the surrounding areas," Idaho Head Coach Don Verlin said. "I mean the Sherwood's are from Albany and Joe Kammerer is from Salem and you could go on and on with all the guys we've had from the Portland area or the surrounding areas so it is a big recruiting area for us."

The latest road trip is more than just another game off the home court, but a chance to connect with former Vandals and show their skills in front of a "home" crowd.

"I know our guys, especially our Portland guys will be ready to play, we've got

quite a few of them, if you save Geno and Sherwood's and Ark and Vic, we got a lot of guys from right in that area," Verlin said. "Stephen Madison (Jefferson High school alumni and Idaho athlete from 2010-2013) actually called me the other day and he is going to be at the game so it means a lot to those Vandals who live in that area."

Mkrtychyan will have no shortage of fans on his trip home. The senior has connections to friends and family members around the area vying for a chance to see him hit the court.

"I have a lot of people who want to come," Mkrtychyan said. "They're all asking me for tickets but unfortunately, I can only give two tickets, but hopefully going to see a lot of friends, a lot of people who supported me back in high school."

The Vikings got the best of the Vandals the last time around, overpowering the home team 73-72 in a heartbreaking loss for Idaho. Idaho travels to Portland coming off of a big win over North Dakota heading into February, the month Verlin said he considers the "dog days" of the basketball season.

"There is nine games left in this league season and it is what I call the 'dog days,' are here," Verlin said. "It's the teams that play well in February usually play well in March and that is going to be the emphasis this week moving forward."

Now it's time for Idaho to prove they will be the team to beat the rest of the season.

Heading into the rematch, Portland State and Idaho are closely contested in many statistical regards.

Idaho basketball can and should build on their recent string of success this weekend

Jonah Baker
ARGONAUT

The last time the women's basketball team faced off against Portland State and Sacramento State, the team was coming off of a 2-4 stretch that included a loss to Seattle University.

It is fair to say that things are quite different now.

Idaho (10-10, BSC 6-3) just finished a two-game road trip in which they knocked off Northern Colorado and North Dakota, teams that were 6-1 and 8-1 at home, respectively. These Vandals are nothing like the team that finished the preseason at 4-7.

Their home match-ups with Portland State and Sacramento State are prime opportunities to keep their four-game win streak going.

For the most part, Portland's trip to Idaho will be a tough one. The Vikings are one of only two Big Sky teams that are scoring more often than the Vandals and they are averaging almost the same quantity of rebounds per game.

However, Portland State does not defend the 3-point shot particularly well, giving up an average of more than nine made threes per game on 36.2 percent shooting. If there is one truth about this Idaho team, it is that they can put up threes in a hurry to widen a lead or crush a deficit. The Vandals put up 101 points on Portland State during their last meeting and fans could see another offensive outburst if the threes keep falling.

"Portland State was a shootout last time, and they're a great team having a great year," Vandal head coach Jon Newlee said. "We have to be ready to go and defend our own ground here. Both teams are very capable of coming in here and surprising us."

The Sacramento State contest will pose a different sort of challenge.

The Vandals have improved as a rebounding team and will probably grab more than 24 boards like they did in their first meeting. Idaho is averaging more than 32 boards per game over the past four games and creating a possession deficit plays right into Idaho's hand. The team will be able to drown the Hornets with quality shots off extra possessions if the team can keep up their emphasis on rebounding.

If Idaho's big players keep stepping up to lead the team like they have been, the results will rarely be in doubt.

Junior guards Mikayla Ferenz and Taylor Pierce and senior post Geraldine McCorkell just keep on contributing to lead the Vandals to victories. Ferenz fought through double teams to post the first triple double for the program since 1984. McCorkell torched North Dakota for a season-high 34 points. Pierce has settled into a secondary role as of late, but she has been on the floor for no less than 35 minutes in each conference game so far.

"We can't rely on one person, and luckily we're not a one-person team," Newlee said. "Our post guys had a great week and we're getting good play off the bench. We have full confidence in anyone on this team to knock down shots."

ROCK CLIMBING

A climb for the cause

Local climbers chalk-up for climate change

Meredith Spelbring
ARGONAUT

Students and community members from Moscow and the surrounding area spent their Saturday morning in the UI Climbing Center climbing for a cause at the inaugural Climb for Climate Change event.

The UI Sustainability Center and the Outdoor Program partnered up for the Climb for Climate change — an event targeted at increasing student involvement in climate change awareness, Event Coordinator and Sustainability Center employee Jace Hogg said.

For each top-rope route completed, the Sustainability Center pledged to plant a tree and participants were encouraged to donate to the Tree Fund, all in an effort to work toward the Sustainability Center's larger goal.

At the end of the event, a total 26 people participated with 176 completed routes.

"It has gone pretty good," Hogg said. "People have been pretty open to donating and been really excited about the cause. They think it is really cool we are doing this and working towards our goal of trying to make the University of Idaho carbon-neutral by 2030, so far the fundraising is going definitely very well."

Elise Clausen, outdoor program coordinator for the Climbing Center said the turnout for the fundraiser exceeded prior expectations.

"We've just had pretty consistent participation

since they started at 10 a.m. this morning and it's been good ... it's been a great turnout," Clausen said.

While the event was aimed at drawing Idaho students to the Climbing Center, Clausen said the group of people on the wall was a melting pot of Moscow community members.

"We have university students in here that are regulars that come in and climb and they are here to support the event and the Sustainability Center," Clausen said. "We have families that are in here, we have just regular community members that are in here as well, so it is a good mix of people, a lot of diversity."

The turnout came as no surprise to Hogg, who said he had a good idea of the excitement that built up around the event in the weeks leading up to it.

"I knew the climbing club was pretty excited to come out," Hogg said. "We ran into a couple people on campus, I don't know, throughout the last couple of weeks who said they were really excited so I figured there would be a decent turnout so I think there has been a pretty decent turnout so far."

The Climb for Climate Change generated excitement among both students and community members, all attracted to the Climbing Center with the hope of getting some time on the wall and doing their part to contribute to environmental protection.

Hogg said the notion of being able to climb while also helping the planet was quite intriguing to many participants at the event.



Sophomore Thomas Pence works to complete a route during Climb for Climate Change Saturday afternoon at the UI Climbing Center.

Joleen Evans | Argonaut

"I definitely see people's eyes light up when they come up and they are like, 'Oh wow, that is really awesome,'" Hogg said.

Hogg also said children were very interested in the event too.

Maraya Hanson, a participant in the new event

said that the main motivator for the people on the wall was a chance to get in the gym with friends with the thought that it also benefited the environment.

"It was in the back of people's mind in the sense that they want to do more so we could plant more trees, but I

think it was more the chance to hang out with their friends and then the added bonus of being able to help the climate," Hanson said.

Hogg said after a successful first installment, the Climb for Climate Change may soon be changing to an annual event.

"I definitely think this is a successful event," Hogg said. "We can definitely do (a Climb for Climate Change) in the future that people will be excited about."

Meredith Spelbring can be reached at arg-sports@uidaho.edu

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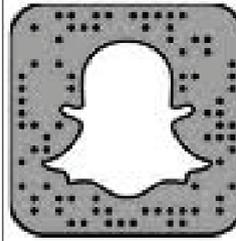
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SWIM AND DIVE



Joleen Evans | Argonaut

Freshman Alexis Schmidt competes in the 200 yard butterfly during the meet against UNC Friday afternoon at the UI Swim Center.

Returning to form

Idaho Swim and Dive resumed competition with a pair of weekend victories

Jonah Baker
ARGONAUT

Idaho Swim and Dive returned to the pool after a two-month break in their schedule.

The team has not lost a step, winning their meets against Northern Colorado and Oregon State over the weekend.

The Vandals (5-5) beat Northern Colorado 174-126 on Friday behind some strong performances from the seniors and the divers.

The dive team took the top three spots on the podium in both the one-meter and three-meter springboard events. Senior Hailey Kessler competed in both springboard events with scores of 294.15 and 290.92, respectively. Both scores were career bests for Kessler. Junior Janelle Lucas and senior Maren Seljevold rounded out the top three for Idaho in both events.

The swimmers did more than enough to hold up their end of the bargain.

Senior Cara Jernigan set the tone from the first race and never looked back. She managed a time of 28.81 in the breaststroke leg of the 200-yard medley relay, which was nearly a second and a half better than every other breaststroke in the event. Jernigan went on to dominate both the 100 and 200-yard breaststroke events in the same fashion that she owned the relay. Her next closest competitor in the 100-yard breaststroke finished a second and a half behind, and she finished the 200 a whole three seconds ahead.

Sophomore Leah Fisk rounded out the resounding win for the Vandals on Friday.

Fisk won the 100 and 200-yard freestyle races with times of 53.13 and 1:54.66, respectively.

She even managed to anchor the 400-yard freestyle relay team with a 52.37 leg that allowed the team to overcome a 1.48 second deficit.

The win was especially meaningful for Jernigan, Kessler, and Seljevold, as the team was celebrating its seniors in their final home weekend.

Idaho kept the momentum going against Oregon State at home again on Saturday.

The Vandals won nine of the meet's 14 events and won 174-86 when all was said and done.

Senior Maryann Kok Cher Ling anchored the 200-yard medley relay, erasing a deficit and cruising to a 1:48.99 to give Idaho the win.

Idaho secured three consecutive wins to take control of the meet, and Fisk continued her strong weekend to put the icing on the cake.

The sophomore won the 1,000-meter freestyle by 18 seconds and beat junior teammate Aileen Pannecoucke by a second to take first in the 100-meter freestyle as well.

In total, six different Vandals recorded individual victories and Idaho teams won both of the meet's relays.

Oregon State does not field a diving team, but Seljevold still managed to break a school record with a 337.7 on the three-meter springboard event which did not count toward the meet score.

Idaho will put their perfect home record on the line and finish out the regular season with a home meet against College of Idaho 11 a.m. Feb. 10 in the UI Swim Center.

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ROSE MEN

FROM PAGE 5

The Vandals currently rank No. 1 in the conference for rebounding defense, holding the competition to just 30.9 rebounds a game. On the other side, the Vikings come into the game as the No. 1 offensive rebounding team, grabbing an average 38 boards a game.

Idaho finds pride in its ability to protect the ball and get the boards, but based on the stats, the Vikings love to slow down teams in that category.

In order to limit Portland State's scoring, Idaho will focus on guarding the glass and keeping the Vikings away from any second or third chance points.

Anyone who has watched this Vandal team knows they have an affinity for the 3-pointer. While Idaho consistently knocks in a selection of deep balls, the team knows how to stop opponents from doing the same. Idaho is No. 1 in the Big Sky in 3-point percentage defense while Portland is at the same spot on the conference leader board in number of 3-pointers made, averaging nearly 10 shots from beyond the arc in a game.

"What we gotta do against Portland State is we got to do a lot better job of taking care of our basketball, we have to do a lot better



What we gotta do against Portland State is we got to do a lot better job of taking care of our basketball, we have to do a lot better job of being tougher.

Don Verlin, Idaho head coach

job of being tougher," Verlin said. "We got some rebounds in there, we will take some of those rebounds away and turn them into layups. We just got to be strong and strong with the basketball and got to do a really nice job of guarding their personnel."

Regardless of what happened in previous matchups, location or supporting crowd, for the athletes it is just another game.

"We definitely got to get ready for this game but it's just every other game," Mkrtychyan said. "It is very important for us, we got to get ready just like a normal game we are not going to do anything special, just going to play our game and we are going to see what happens."

Idaho tips off against Portland State at 8 p.m. Jan. 31 in Portland, Oregon.

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ROSE WOMEN

FROM PAGE 5

With a remarkably close conference race more than halfway through the conference games, every matchup carries an extra importance. Six different schools are within two games of first place with about a month left before the Big Sky Tournament.

"This is the tightest race I've seen in the Big Sky in a long time," Newlee said. "It forces us to focus that much more and give it our best every game because two losses

could be enough to drop you out of the race."

If they can keep up their hot shooting and consistent rebounding, Idaho is primed to continue their win streak against Portland State and Sacramento State. They will need such a performance to stay on pace for the high seed they desire.

Portland State is up first for the Vandals 6 p.m. Thursday in the Cowan Spectrum.

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MOVIES

Films against fake news

Films to help reignite your passion for the free press

Hailey Stewart
ARGONAUT

Over the last year, I haven't gone a day without reading or hearing the phrase "fake news." I see it on Twitter. I hear it on the radio. And sometimes, I use it.

The phrase even became so big, the U.K.-based Collins Dictionary coined "fake news" as the word of the year.

It's a funny, contradictory phrase. News is meant to be truthful, but it is also new — there is always room for error in anything new.

I won't deny fake news exists. It exists in the form of the 21st century's misguided and ill-advised shares, likes, clicks and gossip. Most notably, it exists in the form

of 280-character Tweets straight out of the Oval Office.

News organizations haven't had it easy over the past year. And, they shouldn't. We should hold journalists to high and difficult standards. Journalists, both local and widely known, know they have chosen a demanding and often-thankless job. But, we know it's worth it.

Although it was often a discouraging year to produce and consume news, blockbuster films about news have yet to disappear.

Sometimes the best option is to sit back, relax and watch the greats do what they are great at.

Here are the best journalism films to reignite America's love for the free press.

"ALL THE PRESIDENT'S MEN"

Unless you have been living under a rock, without a TV or

without social media, you know exactly what went down the evening of June 17, 1972. The Watergate scandal took the nation by surprise, and the news media — specifically the Washington Post — was all over it. This coverage wasn't easy. Cover ups, hushed lips and possible President Nixon involvement created a difficult story to pin down. But that didn't keep reporters like Bob Woodward and Carl Bernstein away from searching.

It didn't take long for Hollywood to jump on the scandal and subsequent success of the two journalists to create an award-winning 1976 film.

"All the President's Men" follows journalist underdogs Woodward (Robert Redford) and Bernstein (Dustin Hoffman) through their arduous reporting process on the Watergate scandal.

If the click clacking sound of typewriters, the tight bell bottoms and the smoke-filled Washington Post newsroom doesn't get you

excited about triumphant and politics-altering news, then nothing will.

"SPOTLIGHT"

The title of this film says it all. The fact that it won Best Picture at the 2016 Oscars says it all.

Spotlight is exactly the kind of fist-clenching, edge-of-seat sitting film that "All the President's Men" was so many years ago.

The film follows the Boston Globe Spotlight team of reporters as they uncover decades-old abuse secrets in the Catholic Church. Much of the film centers around interviewing hundreds of sources and the push and pull of printing a delicate, life-altering story.

The 2015 film, starring Rachel McAdams, Mark Ruffalo and Michael Keaton, just to name a few, will put your faith back in reporters, if it was ever lost.

"THE POST"

How do you make a strong, historically accurate biopic that will

satisfy the masses in 2018? Ask Steven Spielberg to direct, hire Meryl Streep and throw in a dash of feminism.

Already widely successful, "The Post" hit theaters Jan. 12 and hasn't slowed down since.

This film about The Washington Post comes in during the early 1970s, right before Watergate. This time, however, The Post covers the infamous Pentagon Papers — classified documents describing the United States' shady involvement in Vietnam.

Katherine Graham, played by Meryl Streep, is the film's shining star. Graham begins as a timid leader, but as the show progresses, the full-on stoicism and strength of one of journalism's favorite publishers shines through.

I don't often sit with 50 other people at the end of a movie while simultaneously clapping and crying, but this film did just that.

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Hailey Stewart
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MUSIC

Auditorium Chamber Music Series welcomes Ying Quartet

The Ying String Quartet performed as part of the 2018 ACMS

Beth Hoots
ARGONAUT

The Administration Building auditorium was nearly filled to the brim Jan. 25 with Auditorium Chamber Music Series (ACMS) attendees ready to listen to a performance by the Ying String Quartet. The Ying Quartet performed as part of the 2011-12 ACMS season and their return to Moscow presented the opportunity to connect with the community further.

"It has been great to be a part of your community here in Moscow," violist Philip Ying said. "We thank you for welcoming us to your community."

Sharing music with the whole community was a priority in the Ying Quartet's residency this year. During their four-day stay in Moscow, the quartet played at senior living residences, hospitals, the Moscow Public Library, a chamber music workshop for high school students and a "rug concert" for young children.

Despite their long list of other events and commitments, the ACMS concert might be considered the centerpiece of the Ying Quartet's visit to Moscow. The quartet played three pieces, including Mozart's String Quartet

in D Minor and Dvorak's String Quartet No. 11 in C Major. The third piece broke the mold set by the other classical pieces, as it was composed specifically for the Ying Quartet and had previously never been performed.

"We just learned yesterday ... 'The Conference of the Birds,' it's a world premiere," Leonard Garrison, director of the Auditorium Chamber Music Series, said.

Ying confirmed Garrison's news, jokingly informing the audience that the piece was new to the Ying Quartet as well.

"We've never heard it before," Ying said.

The piece was composed by Christopher Theofanidis, a musician from Dallas, who studied at the Eastman School of Music where the Ying Quartet is in residency.

Violinist Robin Scott was quick to clarify that the group had heard the piece many times before in rehearsal, but had never heard it performed for an audience.

"We've been working on it for a couple of months, and it has been very difficult," Scott said. While introducing "The Conference of the Birds" for its inaugural performance, Scott encouraged the audience to listen to the silence in the piece and the echoes, just as if they were listening to bird calls in nature.

"The Conference of the Birds" is based on a twelfth century Persian poem of the same title. In



Photo by Andrew Brand | Argonaut

Phillip Ying performs in the Ying String Quartet Thursday at 7:30 p.m. in the Administration Building Auditorium.

seven movements, the piece takes listeners through seven "valleys of understanding" which represent spiritual completion.

Although stylistically different from the traditional chamber music pieces that opened and closed the concert, "The Conference of the Birds" resonated deeply with some audience members.

Music performance and music education student Ian Reilly said that he was inspired by the diverse

colors of the contemporary piece.

"Every part was integral," Reilly said. "Each note was integral to giving the same feeling."

"It was definitely more modern and more colorful," guitar performance student Jacob Orton said. "It had more of a story."

Orton and Reilly received tickets to the concert through their music classes, where they are required to attend a certain number of musical events each semester.

"Usually these (ACMS) concerts are pretty cool because they're more renowned artists," Orton said.

While the Ying Quartet left Moscow Jan. 28, there are still two more ACMS concerts in the 2017-18 season. Chamber music enthusiasts can catch the Calefax Reed Quintet March 6, and the Horszowski Trio April 24.

Beth Hoots can be reached at arg-arts@uidaho.edu

SEXPLOITATION

FROM PAGE 8

Beamish said Salisbury's presentation was helpful in teaching not to point a finger at a certain gender. Everyone needs to work together, she said.

"Often people are quick

to blame men for problems with objectification and violence, and the conversation about men being victims of aggression can be neglected," Salisbury said. That's why it's important to continue the dialogue, she said.

"I really like that (Salisbury) included the audience and made it a discus-

sion," said Riley Jorgensen, a member of the audience. "I think it's a really important subject for everyone to talk about comfortably."

Jorgensen, a Spanish and secondary education major at UI, said her friend encouraged her to attend the event, but she now plans on coming to every presentation.

Emily McLarnan will speak next about recognizing and preventing sexual assault. Other topics of discussion covered during the series will include the production and use of pornography and sex trafficking.

Beamish said she hopes for social change on this

issue and wants UI to be an environment without sexual exploitation. She said it's important for people to realize that even one person can make a difference, especially a student.

"College students have the heart for making a difference and want to produce

results," Beamish said. "I want them to learn and to be equipped to make a difference and to change this sexually exploited world into a world without sexual exploitation."

Jordan Willson can be reached at arg-arts@uidaho.edu

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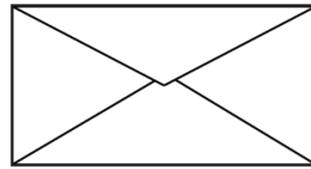
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OUR VIEW

The real state of our union

The condition of U.S. politics one year into a new presidency

If you were to walk up to someone on the street and ask, “how do you feel about the current state of our country?” you would probably get a shrug, maybe a puzzled expression or quite possibly a discouraged sigh.

These sentiments, however, were not directly expressed in President Donald Trump’s first State of the Union address Tuesday evening.

The lighting was good. The room was full. The audience applauded at all the right moments. Trump, known for abrasive and often off-script speeches, stayed on track during his address — a rather unexpected occurrence.

Trump began the speech by saying, “I call upon all of us to set aside our differences, to seek out common ground, and to summon the unity we need to deliver for the people

we were elected to serve.”

His speech included an array of topics. Trump spoke on Iran, North Korea and ISIS, spending time on the pursuit of nuclear capabilities.

“We are restoring clarity about our adversaries,” Trump said.

Trump touted tax reform and a growing economy along with military spending and infrastructure. All of these were framed with a positive spin and a suggested applause.

It is standard to hear a State of the Union address that highlights the positives and pushes aside the negatives. It would be unheard of to hear the president of the United States ramble about the shortcomings of the country for an hour and 20 minutes.

Many politicians on both sides of the aisle and news outlets called this speech one of Trump’s finest. However, one speech does not rectify the 365 days of hate speech and questionable morals from the Trump administration.

Sure, some things may have become bet-

ter in the last year, while others seem worse. But it is clear the nation, to many, seems more divided now than ever.

The America of 2018 did not need a speech filled with political agenda and how well Trump’s administration performed over the last year. Americans did not need the same old speech and praise. Americans needed real talk.

We needed to hear the state of our politics is worse than most have seen in a long time, but that it is fixable. Because, it is fixable — it has to be.

Hearing from the leader of our country is a great way to gauge where we stand. But we must remember to think outside the White House.

We probably won’t rectify the situations we have landed in by 2020 or even in the next decade. But chipping away at the country’s problems with physical action, rather than misguided speeches, is the only way to find real solutions.

— HS



Anslee Lechner
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More than a color

Race goes beyond skin color and appearance

When someone is described as “very white,” white people will often consider the paleness of their skin. When people of color think of “very white,” they think of the obsession with John Mayer, Dutch Bros. Coffee, backpacking across Europe, et cetera.

That is to say, white people often see race as appearance, where people of color see it as a broader construct. This construct encompasses music, food, fashion, dance and all sorts of signifiers of identity. With any generalization, there are countless exceptions.

This difference in how people perceive race is usually harmless and amusing, but it can lead to frustrating, superficial views on race from people who haven’t been forced to think about identity in a meaningful way.

If race is about appearance, then racism ends the moment one accepts someone who looks different. With a black friend — or a

black president — comes diversity, tolerance and all sorts of nice-sounding buzzwords.

A one-dimensional view of race centered on skin color reduces racism to explicit, cartoonish rejections of people who look different. It makes anti-racism as simple as professed colorblindness.

In truth, being racially tolerant means accepting differences beyond skin color. It means respecting people who speak differently, dress differently or listen to different music, and we struggle with this.

I deal with very little overt discrimination in my day-to-day life because I grew up in the suburbs, and can speak the same way as my white counterparts. My parents, on the other hand, face all sorts of assumptions about their worth and legitimacy because of their accents.

We need to combat racism and bigotry with specificity. When we see someone as a man from a city in Malaysia instead of some nondescript brown guy, it becomes more difficult to reduce him to caricatures

and stereotypes.

Only a view of race and identity that takes into account more than skin color can accomplish the difficult work of seeing people as complex individuals. If tolerance ends with skin color, the content of someone’s character can be crowded out by intolerance of how they dress, speak and live. This is not to say dress, speech or lifestyle cannot be indicative of character or open to criticism. It’s fine not to tolerate someone who swears every other word. But simply doing things differently from the dominant culture should not open one up to the sort of prejudice it does in our society.

In the end, racial differences are meaningless social constructions. People generally want the same things behind a thin curtain of cultural difference: a supportive community, a happy family and some time to pursue their interests.

Pulling back the curtain requires that we see race for what it is: more than skin color.

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OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

What is one talent you don't have, but wish you had?

Tax time

If I could thoroughly understand the ins-and-outs of taxes this year, I might actually feel like a real adult.

— Hailey

The anti-chef

I love food, but possess absolutely no cooking capabilities. Name any food, whether it be macaroni and cheese or ramen noodles, I will almost always find a way to ruin it. I really wish I could cook.

— Savannah

Timing is everything

I’m rather jealous of the Judeo-Christian God’s ability to exist outside of time. It’s not that I don’t have enough time to do things. I’m actually often early to things and have to awkwardly wait around. Would be sweet to get out of that.

— Nishant

Gambit

Make me into Ryan Reynolds playing Gambit so I can make cards fly around my head all day. That’d be the life.

— Griffen

Concentration

I wish I could go a full sentence without totally changing the — wow, I can’t wait to watch the Super Bowl.

— Brandon

Backflips and stuff

I wish I was super pro at parkour and tricking. It would be so cool to break out some moves while walking to class.

— Andrew

Procrastination

I would like the ability to never procrastinate. I feel like this is every college student’s dream talent.

— Chris

Stick figures

I really wish I could draw. Everyone always makes fun of my stick figures. I’ve always been super jealous of creative artists.

— Elizabeth

Coding

I wish I didn’t think coding was boring and had the patience to learn it. The ability to code is awesome and would be a great skill to know.

— Grayson

Athlete of the year

If I could have just one athletic bone in my body I would be content. Just one.

— Tea

Smart me up

I have a tendency to have dumb moments. I’d like to be a genius and have those a lot less.

— Lindsay

Stem stem stem

I have never been one for math or science. I could barely do middle school math in middle school and the chances of me doing it now are probably lower. I have always envied those who are not only good at math and science but can actually muster up an interest in it.

— Meredith

Swimming

I don’t actually think I know how to swim, and this skill could definitely be useful to me in the future.

— Max

Stolen social media

Identity theft online has taken a new and dangerous form in copied profiles

Identity theft is often thought of as connected to credit card fraud that leaves financial futures in shambles. But recent developments in the social media world have revealed a new kind of identity fraud that is just as twisted as the old, with a decidedly millennial twist.

Anyone can be a victim, but new businesses are allowing anyone to become perpetrators.

The New York Times reported a slew of companies are taking advantage of public online profiles set up by young people. These companies make copies of Facebook, Twitter and YouTube accounts and follow certain entities with those copies in exchange for money. The copies carry over most of the same identifying information such as names and pictures, but have minor variations to avoid detection.

These companies claim they are simply providing a service, but do not be deceived. This niche industry is downright dangerous and undeserving of your business — it lifts the online identities of normal people and sells them off for pennies.

The main entity in the report, Devumi, claims to manufacture likes and follows on Twitter, SoundCloud or any similar social media that has a malleable algorithm.

Devumi essentially sells the services of bots that will amplify your social presence. With reasonably cheap payment plans, this may seem like a good idea for the budding musician who needs some more YouTube or SoundCloud traffic to boost their profiles.

But for students who are trying to increase their online footprint, more money does not equal more untainted influence.

While the fake profiles appear to be authentic with photos and bios, their activities are dead giveaways. Supposedly, English-dominant profiles will have long lists of favorites and retweets in a language a real person would not understand. Highly unprofessional decisions are made, such as the endorsing of adult film stars. For anyone whose profile is copied, their name is unfortunately associated with whatever

entity pays for their copy's endorsement on social media. The victims often have no idea their identities have been compromised until a potential employer or friend searches for their name online and gets the fake profile first.

This can be absolutely ruinous for job prospects and general existence.

One particular individual named Jessica Rychly in the Times report had her profile copied and sold by Devumi for more than three years. Her fake profile supported celebrities like DJ Snake and Kathy Ireland, and also retweeted unsavory accounts like @PornoDan. The ordeal was enough to make Rychly withdraw from social media entirely.

That same Times report found these companies had a wide customer base that included professional athletes and television stars as well as regular people just trying to boost their online profiles. Celebrities at every level of fame have bought these fake identities in order to boost their own profiles to hopefully obtain higher status and more lucrative speaking engagements.

So, who takes the blame in all of this?

Most of it falls on the social networks themselves. Facebook announced last year as much as 15 percent of the profiles on their site were bots designed to manipulate the platform's algorithm and make some posts more popular than they would be organically. Twitter doesn't even have an anti-spam verification for the creation of new accounts.

Obviously, there is little protocol for dealing with this kind of abuse, but more and more innocent people are falling victim to fake news and identity theft every day. If the social networks do not set out to fix the problems they have created, then the user bases that make them so powerful will disappear for fear of their own safety.

Buying followers in the first place comes off as shady and more of a desperate grab for attention than an honest effort to build a social footprint. There are better ways to spend your time and money, and most of them will not include potentially ruinous identity theft.

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Guilty institutions

The institutions that allowed Larry Nassar to continue practicing must be held accountable

After a seven-day hearing filled with tremendous emotion, Dr. Lawrence G. Nassar was sentenced to 40 to 175 years Jan. 24 in a Michigan courtroom for the abuse he inflicted on more than 150 young women throughout the course of his medical career, according to The New York Times.

Prior to last Wednesday's sentencing, Judge Rosemarie Aquilina opened the court to the women accusing Nassar of assault and allowed them, as well as their families, to give impact statements and publicly confront the once lauded doctor.

Several said they were as young as six when the abuse began and often had their parents in the exam room during the inappropriate procedures, The Times reports.

The former team doctor for USA Gymnastics had also been sentenced last December in federal court to an additional 60 years, following a guilty plea to multiple charges of child pornography, creating what Aquilina called his "death warrant," according to The Times.

Among the survivors voicing their stories were Olympic gold medalists Aly Raisman, Jordyn Wieber and McKayla Maroney, who each said Nassar molested them under the guise of providing medical treatments and then shaming them into silence.

"Nassar was not a doctor," Maroney said in a letter to the court, according to a Times article. "He in fact is, was, and forever shall be a child molester, and a monster of a human being."

Nassar served on the USA Gymnastics staff from 1996 to 2014.

During this period, he was also a faculty member and ran his own gymnastics clinic at Michigan State University (MSU) until 2016.

When trying to report their abuse to either organization, as well as their local authorities, several of the women said they were met with disbelief, convinced it was just a mistake and told they didn't understand their own bodies — a gross miscalculation that led a few to even commit suicide.

"I was a 17-year-old that reported your

abuse to police in 2004. ... you had the audacity to tell (police) I misunderstood the treatment because I wasn't comfortable with my body. ... Sadly they took your word instead of mine," said survivor Brianne Randall in court, according to a BuzzFeed article.

These women made every attempt to show people the dark side of the doctor, but no one was there to listen, leaving them suffering through cruel treatments in silence and shame.

USA Gymnastics, MSU and law enforcement were supposed to protect these young women, but instead these institutions sent them to the one person who enjoyed hurting rather than healing them. They are just as guilty.

"If they would have taken action when it was first reported, they would have saved me," said survivor Olivia Cowan in court, according to a BuzzFeed article.

Many of the survivors and their families called for the removal of those who allowed Nassar to continue working at MSU and USA Gymnastics, despite hearing several reports of sexual misconduct made against the doctor.

The Times reports some of the organizations have complied, firing several executives. However, it isn't enough to simply eliminate these individuals from power — that won't scrub the sport clean of Nassar's influence and it certainly won't prevent someone from doing something similar.

These institutions need to start from the ground up, analyze the entirety of their groups and conduct thorough investigations. But first, they need to apologize to the women they endangered and show a valid commitment to making sure it never happens again.

We, as a society, also must be committed to ending sexual violence against all people by believing those who come forward and treating their stories with the utmost importance.

Let's not wait until another 150-plus women are sexually abused before we sit up and take note. Listen the first time and act rather than asking "why," or this type of behavior will only continue and worsen.

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