

POLITICS

From Parkland to the Palouse

UI students make their voices heard in the national conversation on gun control

Brandon Hill
 ARGONAUT

On a Wednesday afternoon, while many University of Idaho students discussed biology, English and history in class, a handful of students stepped outside the classroom to discuss a single topic — gun control.

“I think gun control is a really important issue that not enough people are talking about. It’s not about taking away guns, it’s about making it harder for bad people to get guns,” said Diana Cervantes, one of the students who participated in the walkout. “I want to

feel safe when I go to school.”

The protest sparked interest campus-wide after a Facebook event was created Feb. 26, inviting students to leave their classes for exactly 17 minutes. Caroline Hawkins, the page’s creator, said it was not her intention for the walk out to revolve around gun control.



Benjamin James

Instead, she said she hoped students and faculty would take the time to honor the 17 high school students killed in the Feb. 14 Parkland, Florida, shooting.

“A lot of the movement is about gun control and gun rights,” Hawkins said. “I’m kind of neutral on that. It’s not really about that, it’s more kind of honoring the victims of the shootings and addressing that it did happen and showing our sympathy for it.”

Hawkins, a member of Delta Gamma Sorority, said her fellow chapter members helped formulate the idea of a campus walkout. After posting the event to Facebook, Hawkins said nearly 150 users signed up to attend.

Cervantes, along with two of her classmates, took the time to leave their biology class and walk outside the UI Commons. Cervantes said protests like this are essential in furthering necessary conversations regarding gun policy, adding policy makers should take note of the recent rise in student protests across the country.

“We are the future of politics. We are the voters,” Cervantes said. “They should keep that in mind.”

Thomas Spence, who walked out with Cervantes, said he just wants to feel safe while attending his classes.

“It’s our lives that are being put on the line every day,” Spence said. “We’re the future. If we don’t figure out what we stand for now, how will we make a lasting impact?”

Benjamin James, a clinical professor at UI, said he sees protests as one of the most important activities a student can participate in while in school.

“Weapons have no place in any kind of educational setting. There are much better ways to create a safer and less dangerous and less aggressive society than arming everybody,” James said. “I think it’s really important for just creating a positive educational atmosphere.”

While Wednesday’s protest saw a smaller turnout than expected, a much larger demonstration remains planned for March 24.

SEE PROTESTS, PAGE 4

CAMPUS LIFE



Gavin Green | Argonaut

Merissa Rec, freshman, cuddles with therapy dogs at the Fresh Check Day event Wednesday outside the Idaho Commons.

HEALTH AND WELLNESS

Checking in

Fresh Check Day welcomes students to promote mental health

Brandon Hill
 ARGONAUT

The air outside the University of Idaho Commons filled with hustle and bustle, as Fresh Check Day welcomed students to self-evaluate their own mental and physical health.

The event, sponsored by Vandal Health Education, hosted numerous booths. Students were encouraged to visit as many booths as possible in order to gain the necessary knowledge on living a healthy lifestyle.

Many of the booths promoted the importance of creativity and self-awareness.

One booth available at Fresh Check Day, Elephant in the Room, welcomed participants to write down and share personal insecurities, such as depression or physical appearance.

All entries, which were put together into a collage, would be later posted to Vandal Health’s social media accounts.

“Essentially, the entire fair is put on by Vandal Health Education, mainly to promote mental health awareness,” said Dasyre Sires, a volunteer with Elephant in the Room. “The Elephant in the Room is designed to specifically promote awareness around what people are uncomfortable talking about and to let people know that they’re not alone.”

The UI Counseling and Testing Center took part in Fresh Check Day, offering surveys for students to provide feedback on their consumption of different substances both legal and illegal.

“Take some time out, check in with yourself, see how you are dealing with your mental health, find out some resources,” said Sharon Fritz, a licensed psychologist in the Counseling and Testing Center. “We do screenings which are evidence-based approaches to help students take an assessment on whether they’re having problems in the area of alcohol, marijuana, depression, anxiety, eating disorders.”

Fritz said all too often, students will disregard unhealthy habits as normal behavior. She said the goal of the event was to let students know how critical self-care is, as well as the necessary steps to take.

“Those are common issues that students deal with: stress, anxiety, depression, substance use,” Fritz said. “That’s what we’re trying to do, have them take some time out and evaluate whether they need to make some changes.”

SEE CHECKING, PAGE 4

Paws-itively impactful

Therapy dog organization aims to provide support and services across the Palouse

Savannah Cardon
 ARGONAUT

While most dogs serve as a family canine companion, Cider, a four-year-old Collie, serves a much bigger purpose. Cider, who has worked as a therapy dog for nearly three years, assists people on the Palouse through hospital, nursing home and university visits.

Cider is just one of the many therapy dogs who spent time with students at the University of Idaho Wednesday afternoon as a part of Fresh Check Day, a mental health check-in.

“Seeing the joy on the young people’s faces is great,” Cider’s handler, Susie Hardy Gormsen said. “It just makes such a huge difference. Students’ faces just change and beam when they see the dogs.”

For some, the four-legged friends are

a fun pit stop between classes. For others, they are a calming and much-needed therapeutic presence during midterms.

The use of dogs for therapeutic purposes is nothing new.



Jocelyn

Over 40 years ago, Pet Partners, a national animal therapy organization was created, spotlighting the importance of the human-animal bond. According to the Pet Partners website, animal exposure leads to a decrease in blood pressure, stress and anxiety levels.

Through Pet Partners came the first registered organization close to home — Palouse Paws.

Founded in May 2014, Palouse Paws is an affiliate of Pet Partners and focuses on the therapeutic benefits of animals, according to Palouse Paws’ official Facebook page.

As a non-profit organization, Palouse

Paws offers comfort therapy through animals to communities and organizations across the Palouse.

Palouse Paws was originally established by Renee Piper and now has more than 40 active teams who assist in therapeutic duties.

“(Renee) recognized a need for animal therapy visits through the community,” said Gormsen, who has been a dog handler on the Palouse for three years.

Following the establishment of Palouse Paws, Gormsen said Piper partnered with Pullman Regional Hospital, UI, local nursing homes and senior living centers.

These are common places therapy dogs visit across the nation.

Gormsen said teams also visit the Moscow Farmers’ Market once a month from May through October.

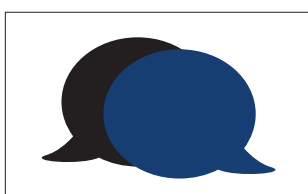
SEE PAWS, PAGE 4

IN THIS ISSUE



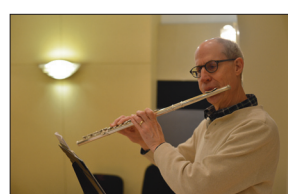
Big Sky basketball begins in Reno.

SPORTS, 6




Celebrate Women’s History Month and engage in discussion. Read Our View.

OPINION, 13



Pacific Northwest flutists redefine their instrument.

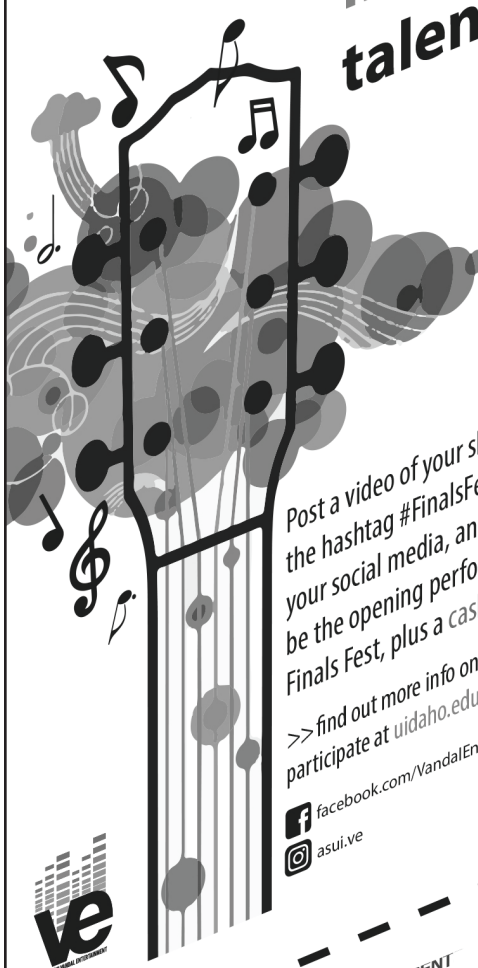
ARTS, 10



University of Idaho

Department of Student Involvement

Are you musically talented?



Post a video of your skills with the hashtag #FinalsFest2018 on your social media, and YOU could be the opening performance at Finals Fest, plus a cash prize!


>> find out more info on how to participate at uidaho.edu/ve

facebook.com/VandalEntertainment
asui.ve

ASUI AND U OF I RAVEN SCHOLARS PRESENT

"LIFE ANIMATED"


APRIL 7TH 6-10PM FREE
BORAH THEATER IN THE BRUCE PITMAN CENTER
LIGHT REFRESHMENTS PROVIDED | DONATIONS ARE APPRECIATED



STUDENT ACHIEVEMENT AWARDS

Deadline March 9 by 5:00 pm
uidaho.edu/getinvolved
Apply Today

Open to all undergraduates
Apply for 50 awards and scholarships



A Crumbs recipe

Cinnamon swirl pancakes

These pancakes are the perfect morning pick-me-up. Eaten for breakfast, lunch or dinner, this simple, scrumptious pancake recipe will hit your sweet tooth.

Ingredients

- 2 cups of boxed pancake mix
- 2 tablespoons of cinnamon
- 1/4 cup of brown sugar
- 2 teaspoons of vanilla
- 2 teaspoons of milk

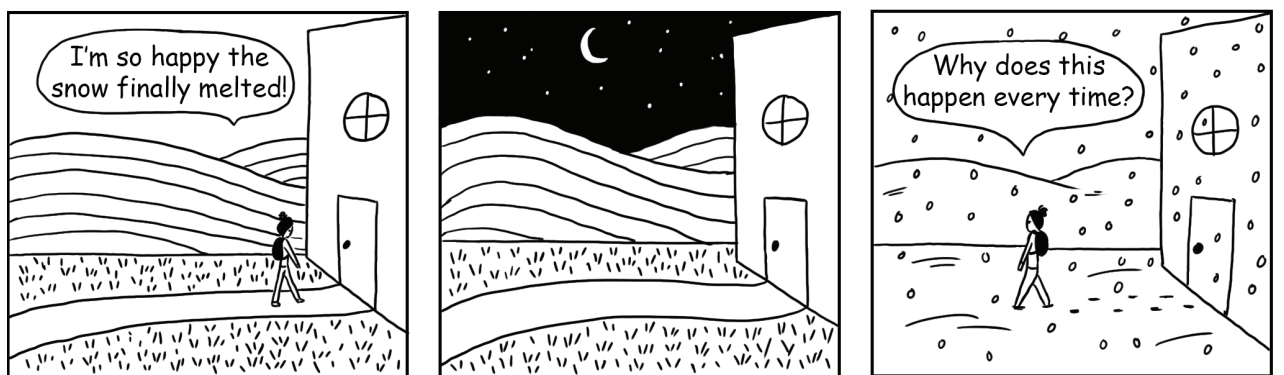
Start to finish: 30 minutes
Servings: 15 pancakes

Directions

1. Mix the pancake batter according to the package directions.
2. In a small bowl, combine the cinnamon, brown sugar, vanilla and milk.
3. In a skillet, drop even sized batter scoops into the pan, then drop a small spoonful of the cinnamon mixture in the center and swirl.
4. Flip when the top of the pancake bubbles.
5. Serve with butter and syrup or mashed strawberries for a tart finish.

Hailey Stewart
can be reached at
arg-crumbs@uidaho.edu

MOSCOW SNOW

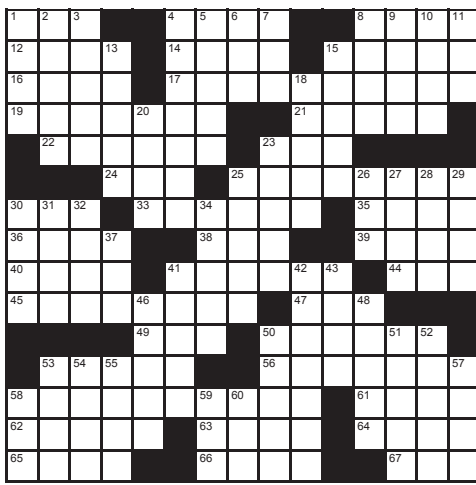


Avery Alexander | Argonaut

CROSSWORD

Across

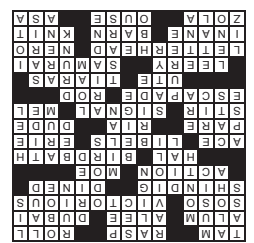
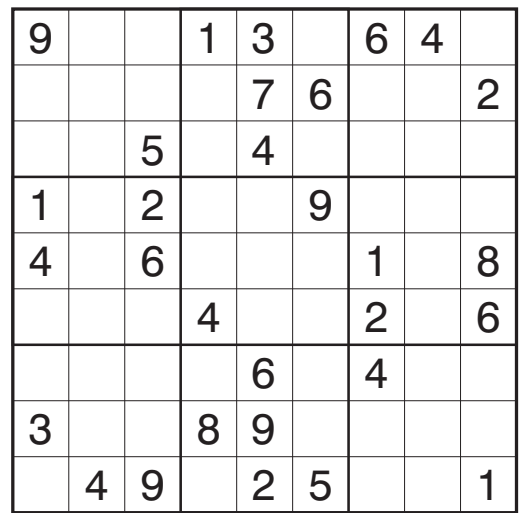
- 1 Scottish cap
- 4 Farrier's tool
- 8 After onion or sweet
- 12 Astringent
- 14 Toward shelter
- 15 Persian Gulf emirate
- 16 Mediocre
- 17 Triumphant
- 19 Big bash
- 21 Had supper
- 22 Director's cry
- 23 One of the Three Stooges
- 24 Actor Holbrook
- 25 Garden feature, at times
- 30 Duffer's dream
- 33 Defames
- 35 New York canal
- 36 Prune
- 38 River inlet
- 39 Ranch type
- 40 Recipe direction
- 41 Railroad crossing item
- 44 Funnyman Brooks
- 45 Risky venture
- 47 Reel's partner
- 49 Shoshonean
- 50 Crowns
- 53 Suspicious
- 56 Japanese warrior
- 58 Printed stationery
- 61 Agrippina's slayer
- 62 Pointless
- 63 Horse houser
- 64 Make a sweater
- 65 J'accuse author
- 66 Yorkshire river
- 67 He was as cool as cucumber



Down

- 1 Itar-___ news agency
- 2 Hilo hello
- 3 CD contents
- 4 Pasta dish
- 5 Set straight
- 6 "Wait a ___!"
- 7 Hamster, for one
- 8 Destroy
- 9 Symphony member
- 10 Praise
- 11 Fleur-de-___
- 13 Calendar section
- 15 Desiccated
- 18 Bouquets
- 20 Watch face
- 23 Lombardy capital
- 25 Neutral shade
- 26 Hospital unit
- 27 Cuckoo-pint root
- 28 Lunar effect
- 29 Scoundrel
- 30 Basilica feature
- 31 Ligers and tignons, e.g.
- 32 Playwright
- 34 Wedding party member
- 37 Important time
- 41 Nymph chaser
- 42 Half sister of the Minotaur
- 43 Rich soil
- 46 Blender setting
- 48 Blotto
- 50 Autocrats of old
- 51 Combat zone
- 52 Agra attire
- 53 Late-night host
- 54 List abbr.
- 55 Lab item
- 57 Greek letter
- 58 Claiborne of fashion
- 59 SHO alternative
- 60 ___ de toilette

SUDOKU



Create and solve your Sudoku puzzles for FREE. Play Sudoku and win prizes at PRIZESUDOKU.COM

THE FINE PRINT

CORRECTIONS

In the March 1 issue, Chris Cook's name was misspelled in the article "It starts in the heart."

UI STUDENT MEDIA BOARD

The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office on the Bruce Pitman Center third floor.

EDITORIAL POLICY

The opinion page is reserved as a forum of open thought, debate and expression of free speech regarding topics relevant to the University of Idaho community.

Editorials are signed by the initials of the author. Editorials may not necessarily reflect the views of the university or its identities or the other members of the Editorial Board. Members of the Argonaut Editorial Board are Savannah Cardon, Hailey Stewart, Meredith Spelbring and Max Rothenberg. ---

LETTERS POLICY

The Argonaut welcomes letters to the editor about current issues. However, the Argonaut adheres to a strict letter policy:

- Letters should be less than 300 words typed.
- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.
- Letters must be signed, include major and provide a current phone number.
- If your letter is in response to a particular article, please list the title and date of the article.
- Send all letters to:
301 Bruce M. Pitman Center
Moscow, ID, 83844-4271

THE ARGONAUT © 2018

All rights reserved. No part of this publication may be reproduced in any form, by any electronic or mechanical means (including photocopying, recording, or information storage or retrieval) without permission in writing from the Argonaut. Recipients of today's newspaper are granted the right to make two (2) photocopies of any article originated by the Argonaut for personal, non-commercial use. Copying for other than personal use or internal reference, or of articles or columns not owned by the Argonaut (including comic strips, Associated Press and other wire service reports) without written permission of the Argonaut or the copyright owner is expressly forbidden. Address all inquiries concerning copyright and production to: Rights and Permissions, University of Idaho Argonaut, 301 Student Union, Moscow, ID 83844-4271. The Argonaut is published by the students of

the University of Idaho. The opinions expressed herein are the writers', and do not necessarily represent those of the students of the University of Idaho, the faculty, the university or its Board of Regents. All advertising is subject to acceptance by The Argonaut, which reserves the right to reject ad copy. The Argonaut does not assume financial responsibility for typographical errors in advertising unless an error materially affects the ad's meaning as determined by the Student Media Board. The Argonaut's liability shall not exceed the cost of the advertisement in which the error occurred, and a refund or credit will be given for the first incorrect insertion only. Makegoods must be called in to the student Advertising Manager within seven working days. The Argonaut assumes no responsibility for damages caused by responding to fraudulent advertisements.

ARGONAUT DIRECTORY

Savannah Cardon
Editor-in-Chief
argonaut@uidaho.edu

Brandon Hill
News Editor
arg-news@uidaho.edu

Max Rothenberg
A&C Editor
arg-arts@uidaho.edu

Meredith Spelbring
Sports Editor
arg-sports@uidaho.edu

Chris Deremer
Vandal Nation Manager
vandalnation@uidaho.edu

Lindsay Trombly
Social Media Manager
arg-online@uidaho.edu

Joleen Evans
Photo Editor
arg-photo@uidaho.edu

Grayson Hughbanks
Art Director
argonart@uidaho.edu

Hailey Stewart
Managing Editor
arg-managing@uidaho.edu

Advertising (208) 885-7845
Circulation (208) 885-5780
Newsroom (208) 885-7825

Tea Nelson
Production Manager
arg-production@uidaho.edu

Lindsey Heflin
Advertising Manager
arg-advertising@uidaho.edu

Hailey Stewart
Opinion Editor
arg-opinion@uidaho.edu

Nishant Mohan
Copy Editor
arg-copy@uidaho.edu

Griffen Winget
Web Manager
arg-online@uidaho.edu

Andrew Brand
Video Editor
arg-video@uidaho.edu

Elizabeth Marshall
Copy Editor
arg-copy@uidaho.edu



Non-profit Identification Statement: The Argonaut, ISSN 0896-1409, is published weekly during the academic school year and is located at 301 Bruce Pitman Center, Moscow, ID 83844-4271.

The Argonaut is printed on newsprint containing 24-40 percent post-consumer waste. Please recycle this newspaper after reading. For recycling information, call the Moscow Recycling Hotline at (208) 882-0590.

CAMPUS

Bright ideas at UI

Invent Idaho welcomed students from across the state to show off their inventions

Brandon Hill
ARGONAUT

The Bruce Pitman Center was filled to the brim with bright young minds Saturday, as the University of Idaho hosted Invent Idaho, a competition between young inventors from across the state.

"It really gives me hope for our future, as a planet, as a society," said Invent Idaho co-founder Beth Brubaker. "The process is what we really encourage, because we want them to learn how to identify a problem, how to brainstorm numerous possible solutions and stick with it. To me, it's education at its finest."

Hundreds of students, ranging from first to ninth grade, gathered into the International Ballroom,

armed with a myriad of inventions to present to a panel of judges.

Creations ranged from practical, such as a type of windmill designed to keep birds from hitting propellers, to innovative, such as a system that wirelessly transmits energy between different devices.

The event's keynote speaker, Gray Bright, said the work done by Idaho students should inspire hope for future generations, citing his own work as a budding inventor. Bright, an Australian native who hosts the "Tomorrow Show," said his own experiences growing up inventing with the help of his parents encouraged him to stay in the realm of science, even in the entertainment industry.

Bright announced the winners of each category, and congratulated all participants for their innovative spirit and thirst for knowledge.

"There's no level to what you can invent. If you want to invent something huge, you can. If you want to invent something small, you can," Bright said. "If you want to be a part of the space industry, you literally can. You can do anything, you can absolutely do anything."

Of the winners, 10-year-old Lauren Stephens, took home a \$1,000 scholarship to UI for her "Quick Fix" bandage dispenser. The device, much like a tape dispenser, efficiently stores bandages, keeping them sterile and easily accessible.

"I need Band-Aids a lot, to be honest, and we never

have Band-Aids around. They're in high cabinets and it's really hard to get them," Stephens said. "There's four pieces of garbage per Band-Aid. I was looking at a tape dispenser one day, and I was like 'Oh, maybe that would be a good idea.'"

Stephens, who lives in Coeur d'Alene, said she hopes that while she chases her dream of becoming an Olympic swimmer, she can find time to make more inventions.

Samantha Schroeder, an eighth-grade student from North Idaho STEM Charter Academy, took home first place among inventions without a developed prototype. She said she hopes to one day develop her invention — a clear spray for the bottom of boats that pre-



BRANDON HILL | Argonaut

Gray Bright congratulates Invent Idaho winners in the International Ballroom March 3.

vents the spread of invasive pants — into a real product.

"I went up to Hauser Lake over the summer. Hauser Lake has a lot of invasive aquatic plants and it's murky. People don't like to swim in it," Schroeder said.

"I said it would be cool if we could reduce those plants, and I know that boats are a major way that they are being transported around."

Brandon Hill can be reached at arg-news@uidaho.edu

GOVERNMENT

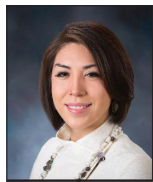
Paulette Jordan ready to race

Paulette Jordan discusses guns, education and gender

Cody Allred
ARGONAUT

Idaho governor candidate Paulette Jordan spoke to University of Idaho students and community members Monday night on issues affecting Idaho, including her stance on gun control.

"I am a gun owner — a mother too — and I want to see stricter regulations and I want to see responsible gun ownership in this state," Jordan said.



Paulette Jordan

Jordan said she wants to implement universal background checks and ensure guns are not in the hands of those with mental illnesses.

Along with this policy, she said she hopes to address mental healthcare for veterans and those suffering from the effects of Post-Traumatic Stress Disorder.

Jordan spoke on gender identity and said she will support future legislation regarding these issues and stands for equality.

However, she spent the majority of her time advocating for increased education funding and the need to invest in higher pay for Idaho teachers.

Jordan touched on her interest in implementing Zero-to-Five, a program that provides meetings and assessments to parents of children up to 5 years old.

Jordan also touched on environmental issues, saying she wants to work on protecting soil, water, air and addressing critical climate issues.

Jordan said she believes

she can win in Idaho, a state that voted heavily in favor of President Donald Trump in 2016, because the people of Idaho are frustrated and desperate for change.

She said if change doesn't occur soon, it could hurt the voting process. She said people are becoming too apathetic to vote, and many may choose to not vote in future elections.

"We are going to win in Idaho because we have to for Idaho," Jordan said.

When discussing why she was the best candidate for Idaho, she said her

values and integrity would help her win. Despite ideological differences, Jordan said she shares basic values with a majority of Idahoans.

Jordan said if she wins, she will work with Republicans to accomplish her goals by listening to each side with mutual respect.

Jordan said she hopes that her speech will encourage people to go out and vote and be a part of the process and hopes it will inspire others to vote in future elections.

"The future is ours and we have to fight for it,"

Jordan said.

The event was put on by Michael Overton, who is a part of UI's department of politics and philosophy, along with the help of the Idaho City Manager Association.

"I hope this event sends a message to Idaho and state-wide candidates that it is important to reach out and speak to the college-age youth of the state," Overton said.

Cody Allred can be reached at arg-news@uidaho.edu or on Twitter @CodyLAllred

have a fun and safe
Spring Break
Office of the Dean of Students | (208) 885. 6757
Teaching & Learning Center Room 232

WINTER MARKET



Andrew Brand | Argonaut

Moscow community members browse the various vendors present at the Winter Market in the 1912 Center in Moscow on March 3.

CAMPUS LIFE

Running on a dream

She Should Run encouraged UI students to consider equal representation

Sierra Rothermich
ARGONAUT

Women make up 51 percent of the population, but only 20 percent of the U.S. government, according to the U.S. Census Bureau.

According to Vox, the U.S. ranks 104th in the world when it comes to women involvement in national politics.

She Should Run is a national organization that aims to expand the number of women in office in order to achieve an equally representative democracy.

"Do you want to see equal representation in your lifetime?"



Sofia Pereira

said Sofia Pereira, mayor of Aracata, California, during her keynote speech.

As community manager of She Should Run, Pereira encouraged University of Idaho students to ask themselves these kinds of questions. She said women already contribute to U.S. communities in numerous ways, as scientists, mothers or entrepreneurs. But, she said out of the half-million elected officers that exist in America, women make up less than one-third of positions.

Pereira said She Should Run is about changing the face of government and helping women see they can take their talent and skill set into the political arena.

She Should Run began in 2011, focusing on nominating women for office. Simply encouraging women to run for office, Pereira said, is not enough. Action must come from all sides, including men, she said. Only then can the uneven male-to-female ratio present in current politics begin to balance.



Alexandra Stutzman | Argonaut

Moscow City Council member Anne Zabala, Coeur d'Alene City Council member Kiki Miller, Idaho gubernatorial candidate Paulette Jordan, and Idaho State representative Caroline Nilsson-Troy answer questions at She Should Run March 1.

Because the organization is so committed to making this happen, She Should Run created the Incubator, Pereira said. The Incubator is an online resource that offers leadership development, a supportive community, mentors and guidance to women who want to become political leaders, Pereira said.

"Our goal was to have about 400 women in it," Pereira said. "Then the 2016 election happened and the first week after that we had 2,200 women join our community. By the end of 2016, we had 5,500 women in our community. Now, we serve about 13 thousand women across the country."

Pereira added many women need to look within themselves to find the inspiration to enact public policy.

"We want women to ask themselves, what are the things that drive you to get up out of bed in the morning," Pereira said. "It's really about finding out where you can make the most impact with your expertise and experience in order to make a difference."

Pereira said she expects women's interest in running for public office to dramatically rise by November.

"So, in 2017, we launched our '250K by 2030' campaign, and that is to get 250 thousand women running for office by 2030," Pereira said. "It's up to every community to decide who they believe is the most qualified, but we should not let being a woman be something that prevents us from putting our hat in the ring."

To help with the campaign, She Should Run launched Pinpoint, an interactive crowdsourcing tool to help women find campaign and development resources in their own backyard, Pereira said.

Pereira said any skills women have to offer, such as digital marketing, web design, public speaking or communications, can help launch a woman's political careers and create a more representative democracy.

She Should Run wants to help women combat the obstacles they face throughout their campaigns and positions in office, Pereira said.

Pereira recalled a challenge in her career when she prepared organized notes for a debate and a

man made a comment about her overzealous preparation.

"I felt so embarrassed, but in the 2016 debate, when Hillary Clinton was called out for being over prepared, she had a great response. She said 'Yes, I'm prepared to take the office that I'm running for,'" Pereira said. "I wish I had that in my mind when I was being shamed for being prepared to take on the job I wanted."

Pereira said women have to change the way they have done business because politics has historically been seen as a cut-throat industry.

"But, we can work together to change that dynamic," Pereira said.

Sierra Rothermich can be reached at arg-news@uidaho.edu

SALMON
RAPIDS
LODGE



Salmon Rapids Lodge in Riggins, Idaho is **hiring** for **Summer Seasonal help**. Jobs include:

Housekeeping, Laundry, Front Desk & Continental Breakfast.

All shifts start at \$9.00 per hour!

Housing is available for qualified employees.
Flexible on starting dates.

Send resume or request for application to
stay@salmonrapids.com

www.salmonrapids.com

PAWS

FROM PAGE 1

A team, which includes a dog and its handler, must meet certain requirements to serve as a therapy dog and complete a certified Pet Partner training, said Palouse Paws handler Molly Hallock, who joined the organization with her 11-year-old dog, Houdini.

Training begins with a two-day workshop, Hallock said.

"This is where we learn about policies and procedures and learn about animal behavior," Gormsen said.

Next, the team completes a day of hands-on work together.

The animal must meet the right criteria to assist in therapeutic opportunities, she said. According to Pet Partner standards, the animal must have good temperament, be people-friendly and comfortable around other dogs, in addition to several other requirements, she said.

Although UI only brings therapy dogs to campus, Pet Partners also allows volunteers with cats, horses, birds and five other species, Hallock said.

As therapy dogs have increased in popularity, Gormsen said there are more requests for dog teams than there are existing teams, which is why they are always searching for more volunteers.

"It's really rewarding," Gormsen said. "I love animals and I know what it means for people to have a comfort visit with an animal. We're very happy to do this and we know we're serving a need."

Savannah Cardon can be reached at arg-news@uidaho.edu



Gravin Green | Argonaut

Jocelyn, a young therapy dog in training, reclines in the lap of a student at the Fresh Check Day event Wednesday in front of the Idaho Commons.



Savannah Cardon | Argonaut

University of Idaho students participate in Fresh Check Day outside the Idaho Commons Wednesday.

CHECKING

FROM PAGE 1

Nine Out of Ten, a program focused on suicide prevention, informed attendees on the most common warning signs of suicide. Volunteers told students that often times, someone considering suicide will retreat into seclusion and cut themselves off from the outside world.

Nine Out of Ten volunteers said while 90 percent of people will not consider suicide, the remaining 10 percent should not be forgotten.

Meanwhile, Paint Your Art Out welcomed students to emblazon hand paint-

ings on a large white poster. Coral Knerr, an intern with Vandal Health Education, said painting, as well as other forms of art, can help reduce stress levels and promote a healthy, happy lifestyle.

"Our booth is promoting creativity for mental wellness and letting people paint their art out," Knerr said. "It's been known to help with stress relief, anything going on with classes. I know it's midterms right now and we're trying to help people get a little creative."

Brandon Hill can be reached at arg-news@uidaho.edu

PROTESTS

FROM PAGE 1

March For Our Lives, a national movement centered in Washington D.C., aims to discuss federal gun laws and the need for increased regulation. The movement, which will make its way to Moscow, has already gained traction on the UI campus and plans to be much more politically pointed.

Avants said she hopes Moscow community members will see the march as an opportunity for healthy, peaceful debate.

She said volunteers will be ready with voter registration information, encouraging participants to take a more active role in local government.

Avants also said local Moscow high schoolers, much like the students from Florida, reached out, asking how they could help plan the event.

"We didn't actually go and get them,"

she said. "There's a few students that are really taking the initiative to do this. They're the ones actually gathering more students."

The march will begin in Friendship Square at 1 p.m. After moving down Main Street, protestors will make their way to East City Park, where a rally will be held until 3 p.m.

Avants said those considering attending should not fear for their safety, as Moscow police will be in attendance, making sure the afternoon's events play out peacefully.

"Some people really aren't happy with it, and I think it's just us trying to voice that. It's more about bringing awareness for people that have been affected by gun violence," Avants said. "This is more something that everybody can be involved in, whether or not you are politically involved or not."

Brandon Hill can be reached at arg-news@uidaho.edu

MARCH 21 – MARCH 25

DISCOVER YOUR NEW FAVORITE FESTIVAL

ANDREW WK, PRINCESS NOKIA, PUSSY RIOT & 400+ MORE

5-DAY PASS FOR ONLY \$195

TREEFORT MUSIC FEST

WWW.TREEFORTMUSICFEST.COM/TICKETS

Vandal Daily Deals

LOCATED IN BOISE, ID

5816 W. Overland Road, Boise Id 83709

BUY ANY SIZE MILKSHAKE GET ONE FREE!!!

EXP. 5/1/18

ARGONAUT SPORTS



Idaho women's basketball advances to semi-finals after taking down MSU in Reno

PAGE 7

MEN'S BASKETBALL PREVIEW

(BIG) SKY IS THE LIMIT

Some members of the Idaho basketball team wanted the Bengals, but SUU will do

Colton Clark
ARGONAUT

Idaho's shot for a redemption against Idaho State went out the window when Southern Utah took down the Bengals Tuesday.

"I would love to see Idaho State win so we can get our revenge," senior forward Brayon Blake said before the first round conference tournament tip Tuesday night between the Bengals and Southern Utah.

ISU was the only Big Sky team that had beaten the Vandals once and didn't at least give them another shot — it lost to Southern Utah, escaping without a rematch.

The Vandals, instead of their in-state rivals, will be tasked Thursday night with an SUU team bound and determined to exact its own vengeance, a team which is undoubtedly eager to get a third and final stab at Idaho.

For the second consecutive game, the Vandals face a Thunderbird team which, on paper, appears a low-grade, scrap-squad of sorts — They have won only six conference games (counting Tuesday), finished with just 11 wins on the regular season and are statistically fruitless.

For avid Vandal onlookers, though, this is not at all an accurate representation of the SUU team that had been presented before them Jan. 18 and March 3.

The team Idaho fans witnessed was not one plagued by inconsistencies, without any discernible stars, in contention for the Big Sky's worst — it was an all-around solid team, fueled by late-season fire, smart post-play and a collaborative scoring effort.

The Vandals recognize SUU's skill, but as of now, they own the poise.

"Coming into this tournament, we are very confident," Blake said. "We don't think any team is better than us as a whole in this conference."

Idaho has won nine of its last 10 games, and although five of those wins were by no more than nine points, the Vandals march into Reno, Nevada riding a streak matched by no other conference squad.

They also feature two all-Big Sky selections in Blake, a first teamer, and senior guard Victor Sanders, a second teamer. Only Montana also put forth two first or second-team players. Guards Ahmaad Rorie and Michael Oguine were named first and second teamers, respectively.

Speaking of all-conference talent, Blake has displayed his at near-full capacity down the way-late stretch. Over the last five games, he's averaging just over 20 points and 10 boards-per-game.

Take a step back.

Over the last 10 games, he's racked up 21 points-per-contest, exactly 10 rebounds-

per-game, and shooting almost 52 percent from the field.

If Blake would have logged those numbers throughout the season, he could easily have been named the Big Sky's MVP, instead of Eastern Washington guard Bogdan Bliznyuk.

What about Sanders? In the last five games, the three time all-conference selection is banging in 18 points on average, a tad lower than his 19 points-per-game on the season, but he's also shooting over 51 percent from the field.

One could make an argument that it's been like this all season — it really hasn't. Sure, both have been key factors since November, but the duo's scoring wasn't quite as symbiotic back then. Now, it's almost expected that both will, at worst, knock in somewhere around 15 points-per-game.

They were the difference in Idaho's nail-biting senior night win over SUU last Thursday. The Thunderbirds waltzed in, packed a punch, forced the Vandals and their fans to stutter, but ultimately fell.

Guard Brandon Better came off the bench, banged in six three's and finished with 21 points. Guard James McGee, who received his fair-share of heckles all night, came alive late, cashing in all 18 of his points in the second half.

Before Blake canned a mid-range turnaround for the win, McGee shocked the Cowan Spectrum, netting a double-teamed 3-pointer with 11 seconds left.

Yes, SUU has four players who average over 12 points-per-game, and yes, the Thunderbirds were only the third conference team to match or better Idaho on the boards all season.

But what they don't have are two all-stars, a boatload of seniors — all with four or five years of experience — a 10-year veteran coach who's as hungry for March Madness as possible and an injured kinsman, Coach P (senior guard Perrion Callandret), who they all are playing for.

If Tuesday is any indication of what's to come Thursday, than SUU will share the ball, look to establish forward Dwayne Morgan in the paint and attempt to limit deep-balls.

Idaho won because of Sanders' activity beyond the arc, coupled with Blake's versatility.

Anything beyond would signify progression to the conference semifinals.

Colton Clark
can be reached at
arg-sports@uidaho.edu

SPOTLIGHT ON SENIORS



BRAYON BLAKE

He is a wizard on the glass, yet capable as a ball-handler and scorer anywhere in the frontcourt.

He earned a First Team All-Conference nod, and it's only his second year in Moscow.

He is senior forward Brayon Blake, and after years of being a regional basketball rover, he has been gladly welcomed as a fan favorite, an honorary native Idahoan and a leader on the best Vandal team in over two decades.



ARKADIY MKRTYCHYAN

Arkadiy Mkrtychyan has proven to be the grit and grind behind the senior six.

Coming into the tournament, the forward from Portland, Oregon is averaging nearly 50 percent shooting from the field this season.

Mkrtychyan is shooting 70 percent from the free throw line and has picked up 90 rebounds throughout the season. In order for Idaho to be successful, Mkrtychyan has to be a scoring machine from the block, while doing anything necessary for the rebound.



JORDAN SCOTT

Jordan Scott is the defensive stopper of this Idaho team. Throughout his five years in the program, Scott has proven that he will do anything necessary to help the Vandals win.

The small forward from Colorado Springs, Colorado is shooting 47 percent from the field, and 70 percent from the free throw line.

Expect Scott to be everywhere on the court for the Vandals and playing heavy minutes. Scott is averaging play nearly 30 minutes a game, his most throughout his career.



VICTOR SANDERS

Senior guard Victor Sanders moves into the final stint of his Idaho basketball career in Reno looking to cap off his career with one of the best Idaho teams in program history. The All-Big Sky Second Team honoree currently sits in 11th in career points with 1,215, one of only 16 Vandals to hit over 1,000 career points.

Over the course of his senior campaign, Sanders averaged 19 points per game, nearly four rebounds per game and 3.3 assists.



PERRION CALLANDRET

The fifth-year senior may not be geared up come time to play Southern Utah in Thursday's second-round matchup, but Callandret has made more than his fair share of contributions to this Idaho squad throughout the course of the 2017-18 season. Callandret averaged nearly 10 points a game with a season-high 20 points in Idaho's win over Santa Clara. The Bothell, Washington native averaged 44 percent from the floor and 40 percent from beyond the arc.



CHAD SHERWOOD

It's not often a player who was not initially offered a scholarship gets as much playing time as senior guard Chad Sherwood does.

There's a lesson to be found within his long and fruitful career as a Vandal: hard work pays off.

Sherwood is a low-key facilitator, an understated defensive presence and a killer on deep pullups. He's been consistently improving his game, and it shows in his ever-increasing minutes played per game.

SENIOR SIX

Leslie Kiebert, Grayson Hughbanks | Argonaut

WOMEN'S BASKETBALL

Bobcats bounced

Idaho closed out the Bobcats and are headed for the semifinals

Jonah Baker
ARGONAUT

Idaho survived an exciting start to the postseason against Montana State.

The Vandals (18-12, BSC 14-5) edged the Bobcats (16-15, BSC 9-10) by a score of 76-74. Idaho took the lead for good early in the first quarter, but the teams traded runs throughout the game to keep things interesting.

Idaho was led by junior guards Taylor Pierce and Mikayla Ferenz. Pierce led the team with six assists and poured in 21 points, all of which came from 7-16 3-point shooting. Ferenz added 27 of her own, 21 of

which came in the second half. Both veterans played all 40 minutes.

Senior post Geraldine McCorkell also filled the stat sheet for the Vandals. McCorkell tallied 12 points, eight rebounds and four assists.

The game looked like a blowout early, as the Vandals led 20-7 by the end of the first quarter. The Vandals stretched their lead as wide as 16 early in the second quarter, but Montana State would not go away.

The Bobcats traded blows with Idaho throughout the quarter to keep the deficit close to single digits and slim the lead to seven at the half.

Montana State's star guard Delaney Junkermier contributed only four points in the first half and the Bobcats shot 23.5 percent from three in the half.

The Vandals were able

to keep Montana State at a distance throughout the third quarter, but the Bobcats threatened to take control in the final minutes of the fourth.

Idaho's shooters went ice cold, posting a 1-11 run that allowed Montana State to get within two points.

Ferenz nailed a three with 49 seconds left to put the Vandals up by two possessions for good. Both teams traded fouls as the clock wound down, totaling 21 points between them over the course of the last 49 seconds.

With the win, Idaho moves on to the Big Sky tournament semifinals and will play the winner of Eastern Washington vs Portland State Friday Mar. 9 at 2:35 p.m.

Jonah Baker can be reached at arg-sports@uidaho.edu or on Twitter @jonahpbaker



Junior guard Mikayla Ferenz drives to the basket during Friday's game against Eastern Washington University in Cowan Spectrum. *Leslie Kiebert | Argonaut*

WOMEN'S BASKETBALL PREVIEW



Junior guards Mikayla Ferenz, Taylor Pierce and senior post Geraldine McCorkell battle it out against Southern Utah University Jan. 18 in the Cowan Spectrum. *Leslie Kiebert | Argonaut*



Leslie Kiebert | Argonaut

The big three bonanza

Mikayla Ferenz will need to get in the scoring groove and continue leading Idaho to a championship

Clay McKinley
ARGONAUT

The Vandals have plenty of skill, but no one can command a game like junior guard Mikayla Ferenz.

Ferenz has been the focal point of an extremely powerful offense for the Vandals this season. Her most recent accolade came from the conference when she was named All-Big Sky First Team for the second season in a row.

The junior is familiar with Big Sky recognition, after being named the Big Sky Player of the Week three times throughout the regular season.

On the season Ferenz is averaging 22.7 points per game. Along with high scoring numbers, she is also averaging 6.4 rebounds per game and 4.3 assists per game. All these numbers are career highs for Ferenz.

Throughout the season, she has been an almost unstoppable force for Idaho adversaries. While the season has been her personal best in many aspects, it has also been historic as she recorded the first triple-double since 1984 this season.

As the Vandals have finished their regular season and look to push through in Reno, expect Ferenz to lead the high scoring offense through the tournament.

Anticipate the Vandals to do well in the conference tournament this coming week and Ferenz to dominate the stats sheets. Idaho has a handful of strong shooters, including Ferenz. If the Vandals plan to make a deep run in the conference tournament, Ferenz will have to find ways to get her shots to fall.

She has not only governed the scoring column for most of the season, but particularly against conference foes. Expect nothing but continuous and unstoppable scoring from Ferenz throughout the Big Sky tournament.

The Big Sky conference is up for grabs and the Vandals, led by Ferenz, absolutely have the chance to take the title.

Clay McKinley can be reached at arg-sports@uidaho.edu

Idaho's Taylor Pierce is a critical ingredient for a deep tournament run

Jonah Baker
ARGONAUT

The Vandals have plenty of talent at guard and junior Taylor Pierce is more than capable of carrying Idaho when necessary.

The Carlsbad, California native made strides in the regular season. After setting the school record for 3-point field goals in a season with 93 in the 2016-17 season, Pierce upped the ante and sank 114 in the regular season. She also set career highs in rebounds per game (3.4) and assists per game (3.0).

While a career best of 14.7 points per game is impressive, Pierce's most important statistic may actually be minutes played. Pierce could not be taken off the floor and averaged 37.0 minutes per game, best on the team and second best in the conference. She has even gone as far as to average 39.6 minutes per game in Idaho's final five match-ups of the regular season.

Pierce can bring consistent production and play to the floor, but she also has the ability to take off on a world-burning run. Against Cal State Fullerton, she shot 9-10 from 3-point range. She hit at least six threes in eight different games, including an 8-14 performance against Northern Arizona during the team's last road trip.

Her consistency and production was enough to garner recognition as an All-Big Sky Honorable Mention. Head coach Jon Newlee said he believes that even that honor doesn't quite capture just how impressive Pierce has been this season.

"I think she deserved to be on one of the teams because she did so much for our team this year, but the recognition is still well deserved."

As Idaho moves into the postseason, the team will need every little advantage that Pierce brings to the game. The Vandals could play three games in four days if they make it to the championship and players like Pierce who can keep take pressure off the bench could swing the outcome of a game. Her 3-point shooting can give Idaho quick leads or comebacks, but her consistent presence could be exactly what the Vandals need to sustain a deep tournament run.

Jonah Baker can be reached at arg-sports@uidaho.edu

Geraldine McCorkell is one of the most important pieces in Idaho's pursuit of a conference title

Jonah Baker
ARGONAUT

There isn't a lot that senior post Geraldine McCorkell hasn't accomplished in Moscow and there is plenty to expect as she takes one last ride into the postseason.

The Melbourne native continued to improve through the 2017-18 season. She set career highs in points per game and rebounds per game and dished out nearly twice as many assists per game over last year.

Her biggest improvement came at the free throw line. McCorkell did a much better job of getting fouls and converted her free throws at an 87.1 percent rate.

As the Vandals head into the postseason, they will need their post players to convert free throws if the team finds itself up late in close games. McCorkell is the third best free throw shooter in the entire conference.

Despite being only 6-foot, McCorkell also does an impressive job of getting rebounds. She leads the team and is fifth in the Big Sky with 7.9 boards per game and she set a new career high with 15 against Sacramento State.

McCorkell's shooting from the floor makes her a threat from anywhere. She led the Vandals in field goal percentage with 48.8 percent made and she performed consistently beyond the arc with a 37.4 percent 3-point field goal percentage.

All of these things come together to make a player that presents a huge matchup problem for any team. She can score from any part of the floor. And when she's not scoring, she can find open looks for teammates and consistently pull down boards.

In order for the Vandals to make a deep run in the Big Sky tournament, they will need McCorkell to provide that steady veteran leadership as well as her statistical production. After another All-Big Sky selection this year, McCorkell has more than enough personal accolades to make up a successful career. A Big Sky Championship would top it off nicely and she might just be able to drive this team to the top.

Jonah Baker can be reached at arg-sports@uidaho.edu or on Twitter @jonahpbaker

MEN'S BASKETBALL



Leslie Kiebert | Argonaut

Seniors Victor Sanders, Brayon Blake, Arkadiy Mkrtychyan, Chad Sherwood, Jordan Scott and Perrion Callandret hold their jerseys while being honored before the Senior Night game Saturday against Southern Utah University in Cowan Spectrum.

OPINION

A lingering question

Allegations and scandal linger over college basketball programs

March Madness is finally here, but this time around it's leaving a more bitter taste in people's mouths.

The state of college basketball this season has been dark as of late, with many schools accused of corruption.

A few weeks ago, Yahoo! Sports published documents from an ongoing FBI investigation into the corruption in college basketball. More than 20 of the nation's top programs have been accused of possibly breaking NCAA rules.



Chris Deremer
ARGONAUT

The whole situation has been a disaster for the NCAA and programs nationwide, with complicated cases leading to many of the best programs going down.

The big name to keep track of through it all is Christian Dawkins, a sports agent who worked for ASM sports. Dawkins is the man who allegedly worked with and arranged payments to many of the big-time college prospects we are now seeing play in the game today.

If all the claims prove to be true, that would mean that most of the big talent that came to different programs through out the years were receiving some sort of

payment at the start of college.

The recent bombshell scandal brings back the questions – should college athletes be paid and are the players really in the wrong for accepting the payments?

Year after year, big-time schools such as Kentucky, Duke and Kansas receive the top high school talents to play for their teams. Most of the time these talented players only choose to play for a season before going off to the NBA draft to get paid for their talents.

The most recent scandal comes from the University of Arizona. Head coach Sean Miller, who is regarded as one of the best coaches in college basketball, has been alleged on tape to have given their best prospect, Deandre Ayton, nearly \$100,000 to come to play for his program. Just last week, Miller released a statement saying that the accusations were untrue.

Whether any of the accusations are untrue or not, people have always wondered if this kind of stuff was actually happening throughout the NCAA. There is proof out there now with the countless investigations from the FBI probe going around the sport.

Should the NCAA start to compensate players? These schools are making mass amounts of money by having these players join the school, but

what do the athletes get out of it?

Yes, they are "student-athletes" and free education is available to them, but with the world of college basketball being consumed by the one and done nature, most players are leaving after only a year in college.

These student athletes are practically professionals without receiving compensation and it is time for the NCAA to do something about it before more and more athletes find different ways of pursuing their dream of professional basketball rather than having to participate in college basketball for one useless year.

The argument will never go away, but either act on it now or the same corruption will start to settle in college basketball forever.

Fans should be talking about how fantastic the play has been this season in college basketball and how crazy the NCAA Tournament is looking to shake out, but instead, these allegations are lingering on the minds of every player, coach and fan of the game.

It has been a dark year in the world of college basketball and it's time for the NCAA to quit being one of the greediest organizations in sports or players will continue to find different outlets for compensation and ways to pursue their NBA dream.

Chris Deremer can be reached at arg-sports@uidaho.edu or on twitter @Cderemer_VN



**@VANDALNATION
TWEETS OF THE WEEK**



@Vandalhoops
Blake, Sanders earn All-Big Sky recognition #GoVandals #BigSkyMBB #15Strong — Two of Idaho's superstars finally got the deserved recognition that Idaho fans have known all season. Victor Sanders and Brayon Blake are now recognized amongst the Big Sky best.



@VandalsWBB
Ferenz, McCorkell Pick Up All-Conference honors #GoVandals — Guard Taylor Pierce was recognized later for an honorable mention, now having all of Idaho's big three recognized as the conference's best.



@KREMEvan
I know a lot happened tonight, but I have to give a shout out to Vic Sanders who rocked Perrion Callandret's number on Senior Night. I don't think I've ever seen that before... — Senior guard Victor Sanders put on a show while wearing "Coach P's" number. Sanders finished the crazy senior nights with 28 points, and shooting 6-12 from beyond the arc.



@sammichener
My fellow @UIdahoAlumni Chris Stokes of the famous "Cool Runnings" @Jambobsled team. It was great catching up with him in #PeongChang. @Idaho_Vandals @IdahoTrack @uidaho @USABS @TeamUSA — Stokes had the amazing opportunity last month to participate in the Winter Olympics representing not only our country, but UI.

BUY LOCAL MOSCOW

The goal of Buy Local Moscow is to strengthen the social and economic framework of Moscow by supporting and promoting the community.

Is your business interested in advertising? Contact Anna at ahanigan@uidaho.edu to get an ad placed today.

@BuyLocalMoscow

buylocalmoscow.com

Subverting the dominant paradigm since 1973.

BOOKPEOPLE OF MOSCOW

521 S. Main, in downtown Moscow, Idaho
208-882-2669 • www.bookpeopleofmoscow.com

Eye Exams

• EYE EXAMS
• CONTACTS
• GLASSES

\$20 off exams for students

208.883.3937
WWW.PALOUSEOCULARIUM.COM

Tye-Dye Everything!

Check out our Vandal tye dye!

Unique and colorful!
Over 175 items
Mention this ad and we'll take 10% off

Made in Idaho 100% Wild
527 S. Main St. behind Mikey's
208-883-4779
Mon - Sat 11 a.m. - 8:30 p.m.
www.tyedyeeverything.com

HAIR & FACE
BY PHIL • LEARN

Courtney offers a 10% off discount to all UI and WSU students, and an additional 5% off your first visit until the end of the Spring 2018 semester!

Visit the salon website, shoot her a text or give her a call:
moscowhairandface.com or 208-582-3704

Argonaut Religion Directory

BRIDGE BIBLE FELLOWSHIP

Sunday Services 8:30 a.m. & 10:30 a.m.

Pastors:
Mr. Kirk Brower - Senior Pastor
Mr. Kim Kirkland - Assistant Pastor
Mr. Nate Anglen - Assistant Pastor

960 W. Palouse River Drive, Moscow
882-0674
www.bridgebible.org

Moscow Bible Church

Meeting at Short's Chapel
1125 E. 6th St., Moscow

Sunday Worship Service — 10 a.m.
Christ Centered
Biblical, Conservative, Loving
www.moscowbible.com

Pastor Josh Shetler. 208-874-3701

Evangelical Free Church of the Palouse

College Ministry
Tuesdays @ E-Free, 6-8 pm (includes dinner)

Sunday Classes - 9 am
Sunday Worship - 10:10 am

Middle and High School Youth Ministries from 6-8 pm at E-Free
4812 Airport Road, Pullman
509-872-3390
www.efreepalouse.org
church@efreepalouse.org

First Presbyterian Church
A welcoming family of faith

Sunday Worship 10:30 am
Sunday College Group 6:30 pm
at Campus Christian Center
Wednesday Taizé Service 5:30 pm
405 S. Van Buren fpcmoscow.org
Moscow, Idaho 208-882-4122
Pastor Norman Fowler

Bahá'í Faith

Devotions, Study Groups, Children's & Junior Youth Groups
Moscow, Pullman, Lewiston

Call toll free 1-800-22UNITE
For more information visit
www.bahai.us • www.bahai.org

TRINITY BAPTIST CHURCH

711 Fairview Drive Moscow, ID
208-882-2015

Sunday Worship at 10:30 a.m.
www.trinitymoscow.org
College Dinner + Study Tuesdays at 6:30 p.m.

If you would like your belief-based organization to be included in the religion directory, please contact Student Media Advertising at dayres@uidaho.edu

BLAKE
FROM PAGE 6

But it took work. After two awfully successful years as a North Idaho Cardinal — where he was a third team JUCO all-American in 2015-16 — Blake linked up with a mature squad which had already bonded, in a sense, but took him in with open arms.

“It’s turned into a brotherhood now,” Blake said. “The chemistry is through the roof — you’d never know I’ve been here for two years.”

It’s this kinship that has allowed him to flower. His teammates trust him and it’s obvious on the court.

Expect the Big Sky’s No. 1 rebounder to flourish on the boards in tournament play — he won’t be a slouch shooting from the 3-point line or anything in-between.

Colton Clark can be reached at arg-sports@uidaho.edu

SHERWOOD
FROM PAGE 6

Predominantly, C. Sherwood affirms what years of gritty persistence can result in — fulfilled dreams.

“Determination. That’s what I’ll tell you with Chad Sherwood,” Idaho Head Coach Don Verlin said. “He was determined to be a Division I college basketball player ... From the minute Chad got on campus he was invested in the University of Idaho and did everything he could to make himself the player he is today.”

Like he’s been doing for years, expect C. Sherwood to assist with perimeter lockdowns and triple Idaho out of slumps throughout March.

Colton Clark can be reached at arg-sports@uidaho.edu

MKRTYCHYAN
FROM PAGE 6

Crashing the glass, hard nose defense and inside scoring ability is what fans should expect to see from Mkrtychyan throughout the tournament.

Chris Deremer can be reached at arg-sports@uidaho.edu

CALLANDRET
FROM PAGE 6

Outside from his season stats, Callandret came up big for his team at multiple times throughout the season, including his crowd-shocking dunk in the Great Alaska Shootout vs CSU Bakersfield.

Callandret played what would be his final game in Idaho’s loss to Idaho State Feb. 22, where he went out with a broken knee cap. In the final games of the season, Callandret took a position on the sideline where he became “Coach P” to the rest of the team.

Callandret will not join the Vandals in Reno for the tournament as he will be having surgery to fix his knee. While he may not be there physically, senior guard Victor Sanders said Callandret is still a part of the team in Reno.

“Perrion (Callandret) has been texting us every day that we’ve been here, making sure we’re doing what we’re supposed to do. You know he is still contributing as much as he can, as best as he can and that’s all we can ask for,” Sanders said. “He is dependent on us to bring him a ring.”

Meredith Spelbring can be reached at arg-sports@uidaho.edu

SANDERS
FROM PAGE 6

Aside from single-season numbers, Sanders has hit 191 career 3-point shots, the second most in Idaho men’s basketball history.

Yet the senior’s contributions extend beyond the court. Sanders is one of the senior-six and has been with the team for the full four years of his career. Now, he looks to cap off his Idaho career with a run in the Big Sky conference with the team he has been with since the start.

“It is always emotional when you playing with guys, which could be your last time,” Sanders said. “You’ve been playing with these guys for four years and now each game is win or go home. It plays a little part, but more motivation to go harder.”

In the final stretch of the season, Sanders said he looks to close out this Idaho chapter on a high note.

“We’ve built a legacy,” he said. “We’ve done a lot here, we’ve set the standards. We’ve raised the bar, you know, and we just have to finish the story”

Meredith Spelbring can be reached at arg-sports@uidaho.edu

SCOTT
FROM PAGE 6

Scott will be all over the rebounding glass and will remain a defensive nightmare for whoever he guards.

Chris Deremer can be reached at arg-sports@uidaho.edu

Staff Predictions

Idaho men’s basketball vs Southern Utah in the second round of the Big Sky tournament



Meredith Spelbring
ARGONAUT

Meredith Spelbring, Idaho — 83, Southern Utah — 79

Idaho has had a few days to rest and recover after its Saturday matchup with the Thunderbirds and will be more than ready to bring the heat. Southern Utah has not let the Vandals get away easy and won’t this time around, but the seniors will step up even more and push Idaho into the semifinals.



Chris Deremer
ARGONAUT

Chris Deremer, Idaho — 81, Southern Utah — 74

Back to back games against Southern Utah, and last time the Vandals barely got away. It’s going to be a challenge, but if Idaho can pick up the perimeter pressure, the Vandals will be moving on to the semifinals.



Brandon Hill
ARGONAUT

Brandon Hill, Idaho — 78, Southern Utah — 80

Southern Utah stood tough against the Vandals just a week ago. However, tournament time means a new spirit for Idaho, which has bigger aspirations than a one-and-done performance



Jonah Baker
ARGONAUT

Jonah Baker, Idaho — 88, Southern Utah — 76

Southern Utah has played Idaho close, but the Vandal seniors won’t let the extra rest turn into rust. Idaho might even start strong for a change.



Colton Clark
ARGONAUT

Colton Clark, Idaho — 88, Southern Utah — 76

SUU’s subpar record and season statistics aren’t entirely accurate representations of this Thunderbird team. They’re upset minded and scrappy, but there’s just too much at stake for Idaho to not perform early.

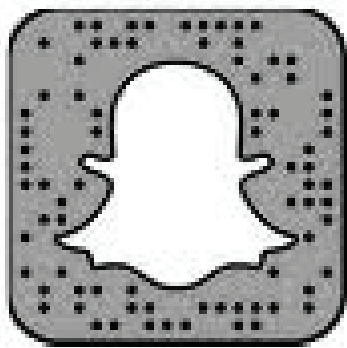


Clay McKinley
ARGONAUT

Clay McKinley, Idaho — 79, Southern Utah — 77

Idaho comes into the tournament looking to prove itself. Unfortunately, SUU has plans for an upset. Idaho won’t escape this matchup again.

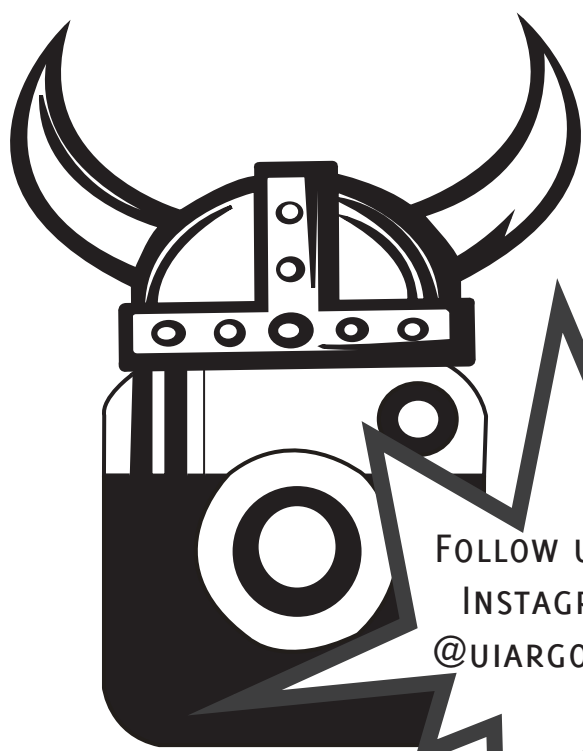
Follow us on Snapchat



UoflArgonaut



Follow us on Twitter @VandalNation



FOLLOW US ON INSTAGRAM @UIARGONAUT



Hill Rental Properties, LLC



Multiple Locations & Floorplans
Spacious 1& 2 bedroom units close to Campus
On-Site Laundry Facilities
Full time Maintenance Staff
Serving U of I students for over 35 years
2016 Best of Moscow: Rental Agency



INCLUDED IN RENT:
WATER - SEWER - GARBAGE

APARTMENT VIEWING HOURS:
Monday - Friday 10am-4pm
Saturday, March 24th 10am-2pm
Saturdays, April 14th & 21st 10am-2pm
or by appointment

1218 S. Main Street • (208) 882-3224 • www.hillapartments.com

ARGONAUT ARTS & CULTURE

MUSIC



Andrew Brand | Argonaut

Associate Director in the University of Idaho Lionel Hampton School of Music and Professor of Flute Leonard Garrison, D.M., plays flute in the Washington State University recording studio.

Changing the cliché

Flute professor released 10th classical album March 1

Beth Hoots
ARGONAUT

Most instruments have a cliché, said Leonard Garrison, University of Idaho professor of flute and associate director of the Lionel Hampton School of Music. In his new album “The White Labyrinth,” produced with the IWO Flute Quartet, Garrison attempted to break the standard mold for his instrument.

“If you even think about when you learn about instruments as a child through ‘Peter and the Wolf,’ or something like that, you think of the flute as the bird and the oboe is the duck and each instrument has sort of a traditional character,” Garrison said.

Working with the esteemed Iowan composer and flutist Harvey Sollberger on pieces spanning Sollberger’s career, Garrison and the IWO Flute Quartet produced an album that showcases more than just the light-hearted bird range of the flute.

“(Sollberger’s) goal in writing his music was to expand the expressive range of the flute and not make it just a sweet little thing,” Garrison said. “It could be angry, it could be anything.”

The IWO Flute Quartet is named for the home states of its members — Idaho, Washington and Oregon —

and features musical professionals from Portland State University, Pacific Lutheran University, Cornish College for the Arts and University of Idaho.

In the past, Garrison said the group has performed at each of the members’ universities and at the National Flute Convention.

“It’s a pleasure to play with other great musicians,” Garrison said. “We have the same goals and so we work well together.”

In the field of classical music production, that shared drive can be critical. The process of putting together a CD can take years — six in the case of “The White Labyrinth.”

It all began when Garrison arranged a retrospective concert highlighting his long-time friend Harvey Sollberger’s work for the National Flute Convention in 2012. The concert included the “Grand Quartet for Flutes,” a piece Garrison describes as “really difficult.” The IWO Quartet rose to the challenge in the composer’s eyes, however.

“He was very happy with how we played that,” Garrison said. “So he said, ‘I want to write a sequel for you guys.’”

Sure enough, the IWO Flute Quartet premiered the “Second Grand Quartet for Sixteen Flutes” at the 2015 National Flute Convention.

The 16 flutes are divided evenly among the quartet members, so that each player is ready with a piccolo, flute, alto flute and bass flute.

“It gave the composer freedom to write a lot of different music in the same piece because he could choose any combination of those instruments he wanted at any given time within the piece,” Garrison said. “It’s really colorful, and (has) lots of different types of music in the same piece.”

The musical variety is evident between pieces, movements, and even stylistically within the same piece.

As part of breaking down the typical idea of how a flute should sound, Sollberger wove sounds into his pieces that aren’t usually attempted on a western flute. The solo piece “Hara,” for instance, is intended to stylistically imitate the Japanese “shakuhachi” bamboo flute.

“(Shakuhachi) do all kinds of sounds that we don’t make ... or traditionally make,” Garrison said.

Sollberger enthusiastically broke the tradition, writing Garrison an alto flute solo that features the Japanese flute’s “bends and airy sounds.”

“(Hara) is in some ways the wildest piece, because it uses all kinds of we call them extended techniques, new techniques of playing,” Garrison said. “It’s really very difficult, very few people can play.”

The piece also uses percussive key clicks, explicitly marked “vibrato” notes and a technique of playing two notes at once to create a unique flute performance.

To release a classical album, the artists first have to perform the pieces several

times to get the feel of the music, before spending upwards of 20 hours in the recording studio.

“You take a certain section of the piece, and you make six, seven, eight, nine, 10 versions of that and then you take the next section and you do the same thing,” Garrison said. “You have all of these different takes and you listen to them and say, ‘Okay I like take four from this section and you listen to them and say, ‘Okay I like take five from this section and then put them together.’”

The process of picking the best takes for the final CD can be a long and complicated one, as each musician involved has their idea of when they performed it the best.

After a back-and-forth with the label to determine the logistics of the CD booklet, cover artwork and release information, the album was released March 1, 2018. In addition to the physical CD format, “The White Labyrinth” is also available on Amazon, iTunes and Spotify.

“Now that it’s released, it will be reviewed in major publications,” Garrison said.

As “The White Labyrinth” marks his tenth CD release, the process of sharing the album with the world isn’t a stressful one for Garrison.

“I’m glad to have that done, and move onto the next one,” he said.

Beth Hoots can be reached at arg-arts@uidaho.edu

MOVIE REVIEW

Wakanda forever

‘Black Panther’ brings timeless narrative to Marvel



I’m not the biggest superhero fan. I never really picked a side in the Marvel Universe vs. DC Comics debate. And honestly, until now, “The Dark Knight” and the first of the “Spider-Man” installments were my favorite superhero films, purely because they remind me of childhood.

You might ask then, “Why is this apathetic superhero movie column writing about a superhero movie?” Well, “Black Panther” is so much more than a superhero movie.

The film premiered just under a month ago, and it began making waves even before its much-anticipated premiere date. “Black Panther” has dominated the box office for three straight weeks, according to TIME, surging past \$500 million domestically this week.

The film’s success is well-earned. With an incredible actor line-up and some of Marvel’s strongest narrative work, the hype surrounding “Black Panther”

is rooted in the film’s message, not just its successful marketing and celebrity power.

The film features Chadwick Boseman as T’Challa, the king of Wakanda, a fictional African country. Wakanda, a seemingly third-world country, is hidden by a dense forest and holds the mystical powers of vibranium. Harnessing that power, Wakanda is shown to be a highly advanced and magnificent country, quietly leading the world in technology, weaponry and wealth.

Hoping to steal that power is Erik Killmonger, played by Michael B. Jordan. Killmonger has a flair for American

NOWPLAYING AT VILLAGE CENTRE CINEMAS

Starring:
Chadwick Boseman
Michael B. Jordan
Lupita Nyong’o
Forest Whitaker

tactics, but the knowledge of Wakanda’s mystical presence. As the story’s key villain, Jordan possibly serves as one of the film’s deepest characters. You can’t just hate him and you can’t just love him.

The push and pull in this film emerges not just in the tension between Jordan and Boseman’s characters, but in what the two characters represent.

T’Challa, like his father, the king before him, stands for tradition. By keeping Wakanda hidden, T’Challa can keep his people safe and the coveted vibranium out of harm’s way. But, with widespread damage and destruction in other, less-fortunate countries,

T’Challa struggles with the decision to keep their fortune hidden or share it with the world.

While Jordan and Boseman are standouts in the prominent cast, other central cast members provide even more depth to an already rich and brilliant storyline.

Just as the male leads in this film stand as the main focal point, several of the female leads nearly overpower the screen — in the best way possible.

Lupita Nyong’o plays Nakia in the film. Although she and T’Challa carry one of the film’s only romantic plotlines, Nakia’s story stands out on its own. Nyong’o’s Oscar-winning acting shines through in her large role in the film.

Anai Gurir plays Okoye — the film’s strongest female in both character and literal muscle.

SEE WAKANDA, PAGE 12

MUSIC

Creating Calefax

Pioneers of the Calefax Reed Quintet display their talents

Jordan Willson
ARGONAUT

Five Dutch musicians demonstrated their hard work, experience, talent and dedication during a performance that showcased an uncommon genre of music Tuesday in the University of Idaho Administration Building Auditorium.

The concert, featuring the Calefax Reed Quintet of the Netherlands, was the fourth in the 2017-18 UI Auditorium Chamber Music Series (ACMS), which focuses on bringing international groups to campus.

The performance included a mix of slow- and fast-paced tunes from multiple Calefax albums.

The Calefax Reed Quintet, different from the typical woodwind quintet, is composed of a bassoon, saxophone, clarinet, bass clarinet and oboe. This combination of instruments was brand new when the quintet pioneered a new genre of music in 1985.

Bassoonist Alban Wesley said they didn’t necessarily plan to create a new genre of music, but he was in high school when an Amsterdam composer wrote their first tune for them, deciding to add a clarinet to the mix of four instruments they had proposed. Wesley said only by playing the piece did they realize how good the quintet would sound.

“Like many good things in life, it was just happening,” Wesley said. “It wasn’t a decision. It’s just something that happened by incident.”

SEE CALEFAX PAGE 12

MUSIC

The best of the best

A weekly album review segment

Rem Jensen
ARGONAUT



APHEX TWIN
"SYRO"

Year Released: 2014
Like: Boards of Canada, Squarepusher, Mu-Ziq
Highlighted Songs: produk 29 [101], 180db_ [130], syro u473t8+e [141.98][piezoluminescence mix], aisatsana [102]



With a techno/electronic career spanning almost 30 years, distinguishing what has made Richard D. James, the sole creator under the Aphex alias, outlast the genres he perpetuated may prove difficult. Signature polyrhythms, an infatuation with the Korg synthesizer brand, drum fills that are like DMT blinks, the practice of excessive detail and painstaking complexity is a timeless staple for Richard.

The sound of "Syro" is ironically difficult to dissect. With so much variety employed, where would one start? More conventional songs like "produk 29 [101]" or "180db_ [130]" are driven along with catchy percussion lines and chattering synths, but are an entirely different sound than the ones heard on a track like "syro u473t8+e [141.98] [piezoluminescence mix]."

If singles were released for this album, this would be a telling card for the bulk of "Syro." Bleak, ambient passages make way into huge peaks of skittering drum sounds that wrap themselves around sequenced keyboards, traveling throughout the song like a jet boat.

The album's electricity is dampened at parts, allowing for small breaths of release from James's intention of overloading the listener as frequently as he can. The closer, "aisatsana [102]," being the obvious outlier within the confines of "Syro," does a remarkable job at somehow tying up each oddly arranged end that made its way into the left and right channels.

Piano pieces aren't out of RDJ's wheelhouse, with his most played song on Spotify being a piano track that Kanye West utilized on his "My Beautiful Dark Twisted Fantasy" album. "aisatsana [102]" pairs a low-end piano refrain with field-recordings of nature, birds chirping and a consistent, stream-like hiss. There are no wild drums or jarring synthesizers on this standalone song, just a much-needed escape from the clutches of variance and ingeniousness.

Spanning the length of 64 minutes is a phenomenal representation of what being an artist for generations is

like. With gargantuan, deafening highs standing alongside comforting, serene lows, "Syro" is an artistic impression of how it is to be an "Aphex." The weird name, the cryptic song titles, the signature monetized grin — this persona is unmatched in the current musical spectrum.

"Syro" won a Grammy, so obviously the popular culture still has use for some Cornwall hailing, red-haired goofball. I personally implore any interested listener to expose themselves to the maddening intellect of Richard James, if for any excuse, just to try something new and different. Because that's the ultimate goal of AFX, to shock.



LCD SOUNDSYSTEM
"LCD SOUNDSYSTEM"

Year Released: 2005
Like: Talking Heads, David Bowie
Highlighted Songs: Tribulations, On Repeat



Rolling through the plateaus of punk and dance, LCD founder James Murphy set out to revitalize the scenes he felt grew thin around the new millennium. Inspiration found itself in the veins of this release, receiving critical praise throughout the then-blooming worldwide web.

Almost 13 years since the initial release of Soundsystem's verbose and extensive self-titled album, the bulk of the project has already been gushed about by Pitchforkians and American Spirit smokers alike. Yet songs such as the visceral, sparking "Tribulations" sit behind in LCD's discography as a gem from this acclaimed album.

Humbly sitting in its granulated echo chamber while this clicking rhythm casts angry influences onto Murphy's cadence, "Tribulations" proves to be another one of LCD's diverse experimentations that worked perfectly.

Even with songs on the album like the needlessly repetitive "On Repeat," we see this uncaring, opinionated east-coast braggadocio telling it how it is. Observational comedy on top of a dance-punk beat amplifies Murphy's influences like the group "Suicide" or his deep love for Krautrock (CAN, Faust, Neu!).

These combinations weren't anything special in 2005, but the incomparable confidence that illuminates from James's far-from-perfect vocal performance, paired with his airtight love for instruments and their untapped potential, brought this album into the vinyl shelves of collectors and casual listeners alike.

Rem Jensen
can be reached at
arg-arts@uidaho.edu

THEATER

Recognizing past struggles

Artist DeLanna Studi presented her story

Allison Spain
ARGONAUT

The conflicts, identity crises and deaths from the Trail of Tears still weigh on many hearts today, including that of DeLanna Studi, a Cherokee citizen. Studi performed excerpts from her first play, "And So We Walked," at the Prichard Art Gallery Friday to explain the importance of her ancestry. The theme for National Women's History Month at the University of Idaho this year is "Nevertheless, She Persisted: Honoring Women Who Fight All Forms of Discrimination Against Women."

Visiting the Trail of Tears with her father was a life changing experience that strengthened their relationship, Studi said. Since Cherokee is her father's first language, he was a great help in communicating with the native people.

They departed on their journey nearly three years ago in 2015 on her birthday. It was an experience she always dreamt of, but

never thought would actually happen.

"Walking along the Trail of Tears is something I have always wanted to do since I was a little girl," Studi said. "The topic was too painful to talk about in my household and I wanted to find out where we truly came from and how it shaped us. It was so rewarding to take my father back to our hometown."

They planned the trip a year in advance, booking hotels along the way for the comfort of her father and determining how many miles of the route they would travel each day. While much of the trail today is interstate and private land, many homeowners have preserved wagon ruts and other historical landmarks.

The Native American word "gagudi," used during Studi's theater tour, means to celebrate, support and promote. She believes the Trail of Tears is an important part of everyone's shared history that isn't talked about or taught in school as much as it should be.

Her visitation was sponsored by the University of Idaho Theatre Arts Department, the Women's Center,

the Office of Equity and Diversity, the American Indian Studies Program, the College of Letters, Arts and Social Sciences and the Idaho Humanities Council.

Director of the Women's Center Lysa Salsbury said this is the first year Women's History Month has been introduced by a Native American woman. While Native Americans are gaining a stronger voice and more prominence, they are still under told in many ways, Salsbury said.

"DeLanna's story is powerful, meaningful and incredibly relatable," Salsbury said. "She speaks on the resilience of an entire people and I am thrilled that everything fell into place for her to visit and share her talents."

Women's History Month revolves around the awareness of all forms of discrimination and ways to fight against it. Rather than focusing on the negative light often shed upon women, now is the time for celebration, acknowledgment, honoring and lifting women up, Salsbury said.

Studi shared never-before heard material during her visit to Moscow to gain feedback and any constructive criticism from the audi-

ence. "And So We Walked" has not been published yet, but will be performed in 48 different locations, beginning in March and ending in May. The official preview will be shown at Portland Center Stage March 31.

In the play, Studi inhabits 28 different characters by herself. The script was originally 30,000 words and six hours of material, so she narrowed down the most prominent experiences and people that made her trip the most enriching.

Linda McGraille, a UI professor and student, attended the event because she has been closely associated and interested in Native American culture for over 35 years. She is currently enrolled in a Native American literature class and learned a lot from Studi's performance.

"Studi was amazing at representing different characters visually and through her voice fluctuation and tone," McGraille said. "Theater is a beautiful way to reach people and Studi brought her story alive and really moved me personally."

Allison Spain
can be reached at
arg-arts@uidaho.edu

PAGE 2

CRUMBS

Recipes and More!

 Follow us on Twitter
@VandalNation



Treat yourself at the VandalStore Starbucks!

VandalStore
The official store of the University of Idaho



Come teach your passion this summer.

Looking for males and females to join our staff at Tripp Lake camp for Girls in Poland, Maine. Positions run June to August. Apply online at www.triplakecamp.com

Tripp Lake Camp for Girls

Call us today!
1-800-997-4347



-Canoe -Gymnastics -Riding -Softball -Basketball -Hockey - Lacrosse - Art - Theatre - Dance - Pottery



Village Centre
CINEMAS



STRANGERS
PG



Red Sparrow
R

Children's Matinee SERIES
SATURDAY AND SUNDAY
10:30am

Moscow
208-882-6873

- **Hurricane Helst**
PG13 Daily (4:50) 7:20 10:00
Sat-Sun (11:40) (2:10); Mon-Thurs 2:10
- **A Wrinkle in Time**
PG 3D Daily 9:30; 2D Daily (4:10) 6:50
2D Sat-Sun (10:45) (1:30); 2D Mon-Thurs 1:30
- **Red Sparrow**
R Daily (3:20) 6:30 9:35 Sat-Sun (11:50)
- **Game Night**
R Daily (5:00) 7:30 9:55
Sat-Sun (12:00) (2:30); Mon-Thurs 2:30
- **Black Panther**
PG13 2D Daily (3:40) 6:40 9:40
Sat-Thurs (12:40)

Pullman
509-334-1002

- **A Wrinkle in Time**
PG 2D Daily (4:10) 6:50
Sat-Sun (10:45) (1:30)
3D Daily 9:30
- **Gringo**
R Daily (4:45) 7:20 10:00
Sat-Sun (11:40) (2:10)
- **The Strangers Prey at Night**
R Daily (5:00) 7:30 9:55
Sat-Sun (12:00) (2:15)
- **Game Night**
R Daily (4:30) 7:15 9:50
Sat-Sun (11:30) (2:00)
- **Death Wish**
R Daily (4:20) 7:00 9:45
Sat-Sun (11:00) (1:45)
- **Red Sparrow**
R Daily (3:20) 6:30 9:35; Sat-Sun (11:50)
- **Annihilation**
R Daily (4:00) 7:10 10:00 Sat-Sun (1:00)
- **Black Panther**
PG13 2D Daily (3:40) 6:40 9:40
Sat-Sun (12:40)

www.PullmanMovies.com
www.EastSideMovies.com
Show times Effective 3/9/18-3/15/18

Letter TO the Editor



share your opinion at arg-opinion@uidaho.edu
send a 300-word letter to the editor

COLUMN

Coffee stains, quotes and dog-eared pages

Print books outweigh eBook effectiveness and character

Cracking open a book and smelling the history in its pages has got to be one of life's finer moments.

Nothing quite compares to the perfect scent of musty wood mixed with vanilla housed between the front and back of every book. But that's not the only thing books have going for them.

In an age where technology is developing faster than ever before, faster than our ability to adapt to it, it's easy to forget where we once were — telling stories and sharing information solely through books.

And not eBooks that you read on your Kindle, Nook or tablet. I mean real, tangible, musty smelling books that you can find on the sturdy shelves in a library or book store.

Print books provide a variety of opportunities that digital books do not. Print books are wrapped up neatly in a cover that tells the story better than starting at the book's first line.

The covers also tell others what you are reading, allowing them to engage, making reading a community experience. Book covers can

start meaningful conversations in a way that a Kindle logo cannot.

But print books are more than just their covers. They are the sum of every good quote waiting to be underlined on every captivating page waiting to be dog-eared. There's something so gratifying about being able to write in a book, contributing your thoughts alongside the authors, trying to fully understand each word.



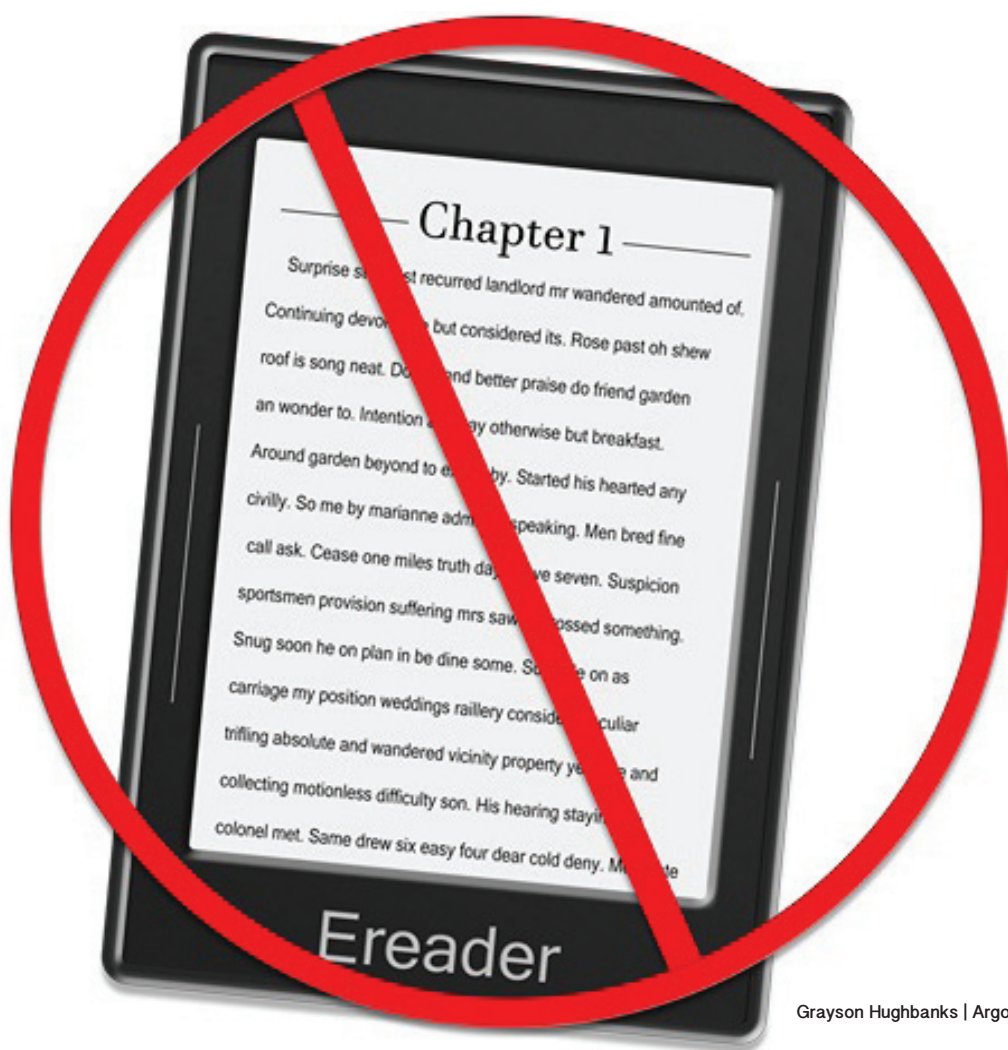
JORDAN WILLSON
ARGONAUT

Print books are physical histories of not just their life, but your life. They hold so many stories. They hold the story the author is trying to tell, they hold the story of where the book has been and they hold the story of where each reader has been.

My copies of James Paterson and John Green novels have been so many places, and in them are marks I made years ago, telling the story of what was important to me at that time

in my life. The quotes I underlined spoke to me in a way they may not speak to anyone else in the world, and the words I wrote beside the quotes reflect that.

To be able to look at my bookshelf and remember where I used to be in life and see where I am now, to be able to recount my past emotions through them, is fascinating.



Grayson Hughbanks | Argonaut

Print books are visually appealing, they're great to save and pass on, they bundle up emotion and passion and yet they are also scientifically proven to be better for you than digital books.

According to two studies by University of Stavanger faculty in Norway in 2013 and 2014, printed reading is easier to comprehend

than digital.

For the studies, students and adults were split into two groups, one that read print text and one that read digital text. The subjects in the print condition scored significantly higher on comprehension tests, most likely because printed text is easier to navigate and the act of turning pages helps readers orient themselves

within the plot.

In addition, lighted digital screens can tire the eyes and the brain. In a 2005 study conducted in Sweden, researchers found that reading on a screen requires more mental work than reading from paper. In 2014, Harvard researchers found that e-readers with LED screens disrupt sleep.

Print books are healthier

for the brain and better for learning, and they tell more stories than their digital counterparts. So, while eBooks can be conveniently inexpensive and travel light, they just don't compare to a good old-fashioned book with character-filled coffee stains and scented, bent pages.

Jordan Willson
can be reached at
arg-arts@uidaho.edu

CALEFAX

FROM PAGE 10

Leonard Garrison, director of the ACMS, said the mix of instruments produces a "very rich sound." Garrison said the quintet is interesting because the saxophone is not usually paired with other orchestral instruments, and the group must have had to learn how to incorporate the saxophone and let it blend with the others. Wesley introduced many of the tunes that the quintet performed, prefacing a number of them with the idea that the saxophone would "sing" the music.

Because the quintet pioneered a new type of ensemble, a new medium, they also had to create new compositions and arrangements to fit their quintet.

"If the medium doesn't exist, then you have to create the repertoire," Garrison said.

Wesley said the creation of new repertoire forced the quintet into "an intense way of music making." He said it began as a disadvantage, not having the ability to look through a library of music and play anything they wanted, but ultimately it became an advantage for the quintet.

"We really had to dive in and arrange pieces to make them suitable for us," Wesley said. "It was very rewarding." The quintet now sells their sheet music and encourages others who are following their path, playing in woodwind quintets. He said Calefax has a "real following" now, something they couldn't imagine until five or ten years ago.

Wesley said although some view their selling of sheet music as a way to add to their own competition, Calefax wants the genre to survive them. There is such an abundance of string quartets, there should be

room for other woodwind quintets, he said.

The quintet is currently on their 12th or 13th tour in the U.S., Wesley said, and they have been to 32 countries total over the last 30 years.

Calefax regularly attends U.S. universities and gives workshops in addition to their concerts.

"It's always nice to combine some teaching and masterclasses with giving a performance," Wesley said.

Garrison said it's important for students to meet musicians from different countries who can bring an international perspective as well as expertise in how to make chamber music, how to rehearse together effectively and how to blend.

Wesley said one of the main things Calefax works on with students is teaching them how to connect with each other and communicate through clear movements, forming trust — something that the quintet

has worked on for years.

The best thing about being in the Calefax Reed Quintet, Wesley said, is being their own bosses. He referred to the group as five equal bosses.

"It's good to be so involved in all the layers of decision making and music making," Wesley said. "It's very challenging but also rewarding."

Calefax Reed Quintet has a new album coming out soon that they previewed Monday on Northwest Public Radio.

The fifth and final 2017-2018 ACMS performance will be 7:30 Tuesday, April 24 in the Administration Building Auditorium, featuring the Horszowski Trio, a combination of violin, cello and piano.

Jordan Willson
can be reached at
arg-arts@uidaho.edu

WAKANDA

FROM PAGE 10

Angela Bassett and Letitia Wright both play T'Challa's family members. Bassett provides perspective and wisdom, while Wright showcases her wit and snark — making for some of the best highlights of the film.

It's no secret superhero films usually fall to a male lead. In the case of "Black Panther" this shows true. But, every primary cast member in the lineup is given a chance to shine.

The scenery of the film is perhaps the most hypnotic and engaging aspect. Some scenes come off a little too computer edited and the action might feel more turbulent than coordinated, but with Boseman and Jordan at the helm, these small missteps fall to the

“

It's no secret superhero films usually fall to a male lead. In the case of "Black Panther" this shows true. But, every primary cast member in the lineup is given a chance to shine.

wayside.

Feminism, human rights and world politics don't always merge to create a blockbuster superhero film — "Black Panther" thoroughly achieved that demanding list of themes.

Hailey Stewart
can be reached at
arg-arts@uidaho.edu

STUDENT HEALTH CLINIC

SERVICES WILL RELOCATE TO
QUICKCARE
2500 WEST A STREET
(behind Walmart)
FOR THE SPRING BREAK
(March 12 - 16)

Returning to campus March 19.

For your convenience please call 208-885-6693 for an appointment. Walk-in times also available.

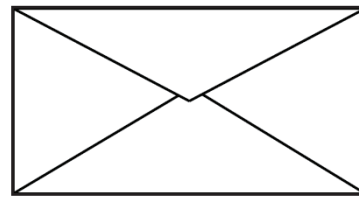
Please note that insurance coverage may vary by location. Contact your insurer to verify benefits.

www.uidaho.edu/studenthealth

Services provided by: Catalyst Medical Group,
Moscow Family Medicine Division



OPINION



Send us a 300-word letter to the editor.

ARG-OPINION@UIDAHO.EDU

OUR VIEW

Representing women

Celebrate National Women's History Month with conversation

Before women had the whole month of March, they had March 8: International Women's Day. The day began in 1911 and aimed to celebrate the economic, political and social accomplishments of women, according to History.com.

Several years later, the idea spread throughout the country, eventually reaching President Jimmy Carter in 1980, when he declared the week of March 8 National Women's History Week.

As time progressed, so did the movement. The National Women's History Project petitioned Congress to expand the week into the whole month of March in 1986.

In the last year, women have had no shortage of time in the spotlight — under both good and bad circumstances. In 2016, we had the chance to vote for a female president. In 2017, the #METOO movement picked up pace and bloomed throughout society. This

year, it is projected more women than ever will run for Congress, NPR reports. All facets of society are seeing the power of females.

Throughout the ups and downs, each and every occurrence has served as a learning opportunity for women and all members of the public when it comes to fighting for women's rights and protection.

Social media is a tool that has been utilized by many groups and many movements. As stories and messages of empowerment rolled through social media, Twitter quickly became a tool for story sharing and organizing movements to garner further national attention.

As a society, we learned how to speak up and speak out as one entity on behalf of women everywhere.

Students on the University of Idaho campus have plenty of resources available for guidance and counseling. The Women's Center located in Memorial Gym Suite 109 is a great place to start, but not the only place

to open conversation.

The UI community, especially students, can utilize the resources around them to educate, communicate and participate in a space that encourages discussion and learning.

With everything that has occurred within the last year, it is important to use this month for reflection. How can we include everyone in conversations that surround female rights? How can we lift female voices? How can we promote inclusion in all areas of life?

It is now more important than ever to speak up for women's rights and all that women have been fighting for in society. Let's set the tone for generations to come and help create a more gender equal environment. Gender equality has been and remains a constant issue, and it is critical we do something about it. Speak up. Speak out. Don't be afraid to be heard.

—MS



OFF THE CUFF

QUICK TAKES ON LIFE FROM OUR EDITORS

If you could bring any performer to Finals Fest, who would you choose?

Meet me at the university

There is only one person I would truly want performing at this university and that person is Harry Styles. It would be the Finals Fest of the century.

— Savannah

One Direction

Harry is great, but the whole gang together for one night at UI would be even better.

— Hailey

Logic

With his recent rise in popularity, as well as the messages in his songs, he would be a great Finals Fest headliner.

— Grayson

Lando

I want the OG Childish Gambino, AKA Donald Glover, AKA future Lando Calrissian on the stage.

— Griffen

Khalid

His recent rise in stardom in the last year would make him perfect for Finals Fest.

— Chris

Unpopular opinion

Since Taylor Swift may be a bit too unrealistic, bringing a country artist seems more likely. I would love to see some country boys rocking out on the sprint turf. I don't even really care who if they are country.

— Meredith

Def Leppard

I'm ready for a classic rock artist to come to Moscow. I'm tired of all these rap and pop artists. Def Leppard sounds perfect.

— Lindsay

John Williams

If you don't know John, you don't know music.

— Brandon

The Jonas Brothers

What ever happened to them?

— Andrew

A\$AP Rocky

If A\$AP ever performed at Finals Fest I would fall in love, hop on his tour bus and never come back. Be on the lookout for the real Finals Fest artist announcement in the upcoming week.

— Tea

It's a beautiful day

You can never go wrong with U2.

— Max

I really really want ...

Spice Girls to perform.

— Nishant

Coast Modern

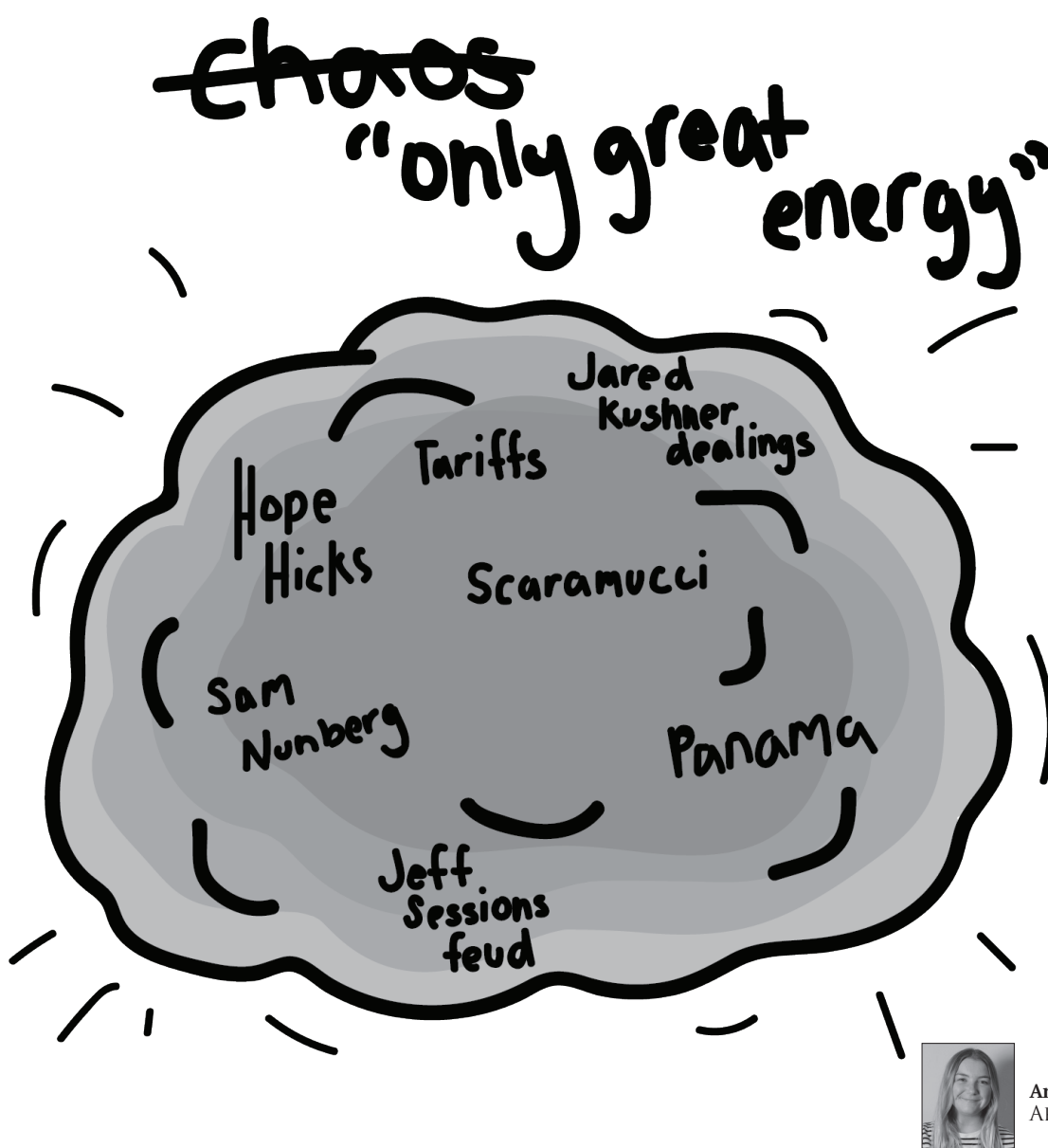
They only have one album out but it sounds like summer. They would be a great artist to finish the semester with.

— Joleen

Russ

Typically I'd prefer something a little different for a concert, but Russ seems like someone everyone could agree with.

— Elizabeth



Anstee Lechner ARGONAUT

Misguided sex education

Porn often fills the gap left by poor sex education

When I was ten years old, I logged onto danny.com. I was curious what sort of website shared my first name.

Several naked women danced across my computer monitor and asked if I was eighteen years old. I panicked, turned off the computer and ran to my mother, having joined the 66 percent of American boys who encounter pornography before age fourteen, according to a University of North Carolina study.

Porn is everywhere. Somewhere between 10 and 15 percent of the internet is pornographic according to Psychology Today. Forbes reports the largest site, pornhub.com, receives 81 million visitors each day. It is the 19th most trafficked website in the U.S. according to Alexa, just above Tumblr, CNN and ESPN. With smartphones, tablets and laptops, today's young people have more access to explicit content than ever.

Idaho law does not require schools teach children about sex, asserting the responsibility to provide sex education "rests upon the home and the church." But inadequate sex education

leaves a gap that porn fills.

A Boston University study interviewed 16 to 18 year olds about their experience with porn, and found that "almost every participant reported learning how to have sex by watching pornography."

It is difficult to imagine a worse place to learn how sex works than mainstream porn. Female pleasure is an afterthought, rough sex is the norm, racist tropes abound and a disturbing fascination with teenage girls frames a lot of porn on the internet.

Porn teaches young people the most extreme, aggressive sex acts are normal and to be performed with little regard for consent. The New York Times Magazine interviewed a high school boy who "assumed girls like (anal sex) because the women in porn do." Another boy said "I've never seen a girl in porn who doesn't look like she's having a good time."

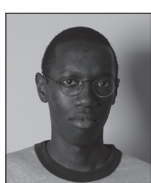
When we don't provide young people a vocabulary and a realistic set of norms with which to navigate their sexuality, they turn to porn for

answers. The present #MeToo moment shows the porn play-book may not be working.

Some see prohibiting porn as a solution. New York Times columnist Ross Douthat recently called for a ban on porn, arguing it birthed a generation of young men "shaped by unprecedented possibilities for sexual gratification and frustrated that real women are less available and more complicated than the version on their screen."

Douthat goes too far. While much of porn is exploitative and presents problematic attitudes toward sex, there does exist valuable porn that gives adults, and couples in particular, a platform on which to explore their desires. The ease with which a ten-year-old can stumble onto porn does, however, indicate that some sort of restriction is in order.

In the U.K., all pornographic content is blocked until users call their internet service providers and ask to remove the restriction on adult content, according to the Telegraph. A similar system in the U.S. would mean children would not have access to pornography, but adults could call Verizon or CenturyLink



Danny Bugingo ARGONAUT

Danny Bugingo can be reached at arg-opinion@uidaho.edu

Big-box legislators

It's no surprise commercial entities are leading the way in action on gun control

Much has been written about the cycle of shock, desire for action and apathy that follows a mass shooting. It seems as if no matter how raucous the public gets in their cries for gun control, the government that supposedly represents us stands pat on the issue.

Maybe we were just looking in the wrong places for action.

The first waves of real action come from big-box retailers.

Dick's Sporting Goods made headlines in late February by announcing they will stop selling assault-style weapons such as the AR-15 that Nikolas Cruz used in his attack at Marjory Stoneman Douglas High School. Walmart made a related announcement later in the day that they would raise the minimum age for purchase of guns and ammunition in their stores to 21, regardless of state laws.

This is an important step for gun control, if not necessarily gun control legislation.

Both companies have lax policies for gun purchasing, and both recognized the coming backlash for their moves.

"The hunting business is an important part of the business, no doubt about it, and there will be backlash," said Dick's CEO Edward Stack on CNN's "New Day." "As we sat and talked about it with our management team, it was — to a person — that this is what we need to do."

Other companies like REI are facing scrutiny from their customer bases to stop selling assault-style weapons. And unlike government officials, they appear to be willing to communicate openly about the issue and reach a meaningful solution sooner rather than later.

America has always been governed by capitalism, but rarely do we see corporations trying to fill the voids where our politicians should

be. It seems insane that we should be applauding large corporations like Walmart for anything humanitarian, but there is an important lesson to be learned here.

We don't always have to wait for our politicians to enact policy in order for a difference to be made. There are alternatives and they can take some strange forms.

Big corporations have more agency to affect change with billions in revenue, loyal customers across the country and commercial incentives to steer with public opinion. With so much outcry for gun control, it is easy to assume that Walmart and Dick's are trying to take advantage of the current public fervor and gain some goodwill.

Regardless of motivation, this reflects terribly upon our politicians. Some, like Florida Sen. Marco Rubio, have already taken a beating at the hands of students and constituents who experienced the Parkland shooting and have had enough. Many will simply wait for the anti-assault weapon fervor to die down in time for midterm elections at the end of 2018.

That kind of behavior is unacceptable, and we truly have reached the end of the moral line when one of America's most controversial businesses is taking point on political issues.

Do not be surprised if more of America's sporting goods companies take a step towards limiting assault weapons before any sort of legislation passes. Constituents only vote once or twice a year, but customers make decisions regarding their retailers far more often.

We may end up becoming a nation whose legislation is more influenced by corporate policy than actual policy, but the safety of Americans and the elimination of unnecessary weapons is worth that bizarre reality.

Jonah Baker
can be reached at
arg-opinion@uidaho.edu
or on Twitter @jonahpbaker



Jonah Baker
ARGONAUT

Learning to learn

Learning how to learn is the best way to gain valuable knowledge

You need to know how to learn before you can be taught. Academic institutions often emphasize teaching students, but do little to contribute and ensure the student's ability to learn.

Teachers can help facilitate learning, but students are the ones who have to actually engage in the learning.

Teachers can provide information, but it's the students who have to determine what to do with that information.

What good is information by itself?

It's like having a great idea for a new business, but then doing nothing with it. Ideas are only as valuable as their application. In the same way, it's the application of information that makes it valuable. If students don't know how to apply what they are learning — then it really isn't serving its fuller purpose.

Even the most uninteresting subjects can contain valuable pieces of information that can relate back to the subjects that interest you.

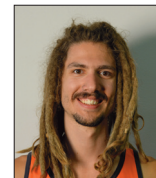
I've learned some interesting things in sociology, biology and psychology, even though I'm a liberal arts major who doesn't particularly have an interest in any of those subjects. It was totally worth it to take those classes, they broadened my perspective.

It tends to be easier to learn something if it's interesting to you.

I once took a class about creativity as it relates to advertising, which is something fascinating to me, and I've retained a good amount of information from that class. The teacher of that class also made it a participatory experience, which was helpful.

Effective learning is active learning. Active learning is participatory. Active learning doesn't have to look or feel a specific way, but it should facilitate independent, critical and creative thinking, as well as collaboration.

According to a study published by the National Academy of Sciences, which meta-analyzed 225 studies comparing student performance in undergraduate STEM courses using traditional lecturing versus active learning, students in classes with traditional lecturing were 1.5 times more likely to fail than students in classes which implemented active learning methods.



Andrew Brand
ARGONAUT

“

Even the most uninteresting subjects can contain valuable pieces of information that can relate back to the subjects that interest you.

The preferred teaching method in academia is the lecture. It's an ancient form of teaching. Sometimes lectures are great, but other times they lack the engagement factor. One problem with the lecture is the lack of active participation. It's easy to zone out, especially if it's long.

With studies backing up the fact that students learn better with non-traditional lectures and active learning methods, it may be time to phase out lecturing as the primary teaching method in academic institutions.

Information must be applied in order to be useful.

What will you take with you after you graduate and finish your time in academia? You can either spend your time in college developing your critical thinking and ability to understand and assimilate information and knowledge, or you can leave college with just your degree.

The point of college isn't the degree, even though we are driven to believe it is. The degree is just a bonus.

What good is a driver's license if you don't actually know how to drive? Yes, you will be able to legally drive if you have a license, but you will likely crash or get pulled over constantly. Sometimes people graduate college and although they have their degree, they have no idea how to actually apply what they know, or they just didn't retain anything at all.

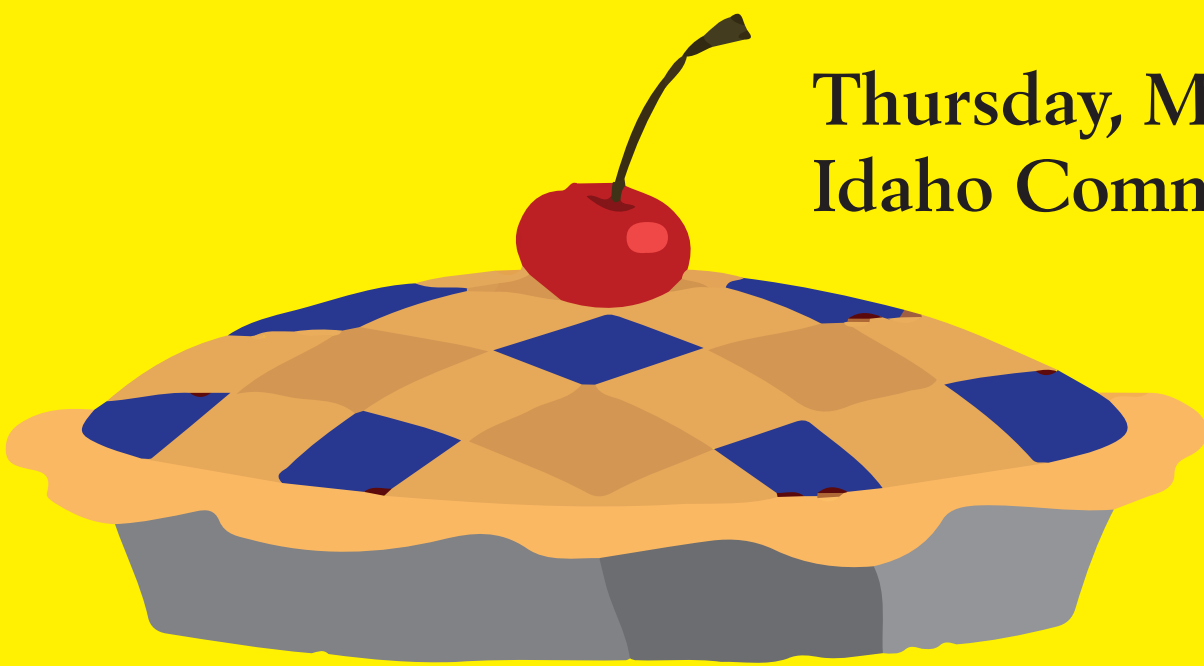
Redefine what the college experience looks like. Defy the stereotypes and be an active learner who applies what they know. You are intelligent and capable. You can learn how to learn. It just takes a little effort.

Andrew Brand
can be reached at
arg-opinion@uidaho.edu
or on Twitter @theandrewbrand

UI Math Club Presents the 16th Annual "Pi Day" Celebration and INTEGRATION BEE

Thursday, March 8th, 3:14 p.m.
Idaho Commons, Summit Room

prizes, a trophy,
and **FREE** pie!



3.1415926535897932384626433832795028841971693993751058209749

UI Commons
uidaho.edu/commons
info desk phone | 208-885-2667



Pitman Center
uidaho.edu/pitman
info desk phone | 208-885-4636