THE UNIVERSITY OF IDAHO ARGONAUT

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THURSDAY, MARCH 21, 2019

CAMPUS LIFE

'Everybody makes mistakes'

Jadzia Graves speaks about life as an engineering student

Brianna Finnegan ARGONAUT

adzia Graves turns on the grinding and polishing machine to prepare the samples for her projects.

"I'm individually comparing how the micro structures look," Graves said.

She takes samples of different materials, looking at them under a microscope, and compares their properties through transformations. She is working with two different samples. One is an aluminum-based material with several elements combined. The other is an iron-based material.

Graves went to the Mineral Metals and Materials Society Conference in San Antonio, Texas March 11 to present her research through a poster she's made to overview her work. As individuals travel between lectures in the conference, they had the opportunity to stop and view Graves' research and judges gave out awards at the end of the day.

"I didn't ever really consider doing anything that wasn't in STEM (Science Technology Engineering and Mathematics)," Graves said. "In my physics class in seventh grade, we were told to find a STEM career where we would want to work. I said, 'you know what sounds really awesome is mechanical engineering' and ever since the seventh grade I wanted to be a mechanical engineer."

While Graves said she loves engineering, entering a field known for being primarily male has its drawbacks.

"It's not that women are discouraged from doing it, it's that they're not encouraged," Graves said. "Guys will be just okay at math, decent at science and like engines and everyone will say 'you should be an engineer'. While women have to really want it — I've never heard of a woman who just casually chose engineering."

Graves also explained that once women are in the field, it's easy to get discouraged.

While being a woman in the engineering field isn't easy, Graves encourages women to enter the field.

"Just try," Graves said. "Put yourself into situations you didn't think you would enjoy being in, put yourself out there, try new things. For women going into engineering, yeah, it's difficult, but there's a lot of really good guys in engineering and there's a lot of people who want to be really helpful."

Graves mentioned several women within the engineering field, both students and professionals, that she feels inspire her the most because they show her it is okay to struggle and okay if she fails.

Graves is a double major in mechanical engineering and materials engineering. She said she wants to use her degrees to work as an aerospace or astronautical engineer for NASA, which would involve developing aircraft and spacecraft. Graves already has an internship lined up with NASA for the summer.

"You take a piece of metal and looking at it under a microscope plus deforming it in a couple of different ways will tell you all the properties, that as a mechanical engineer I can then use to design something," Graves said.

Engineering it isn't just a subject Graves studies, but it influences her life in a big way. She works a tutor with Think Tank Tutors through the College of Engineering. Graves is also a member of four clubs on campus.

She is the Outreach Chair for the Society of Women Engineers, which introduces high school girls to the College of Engineering on the University of Idaho campus.

She serves as the Imaging Team lead—gathering images and video from their work—for the Vandal Atmospheric Science Team, a NASA affiliated organization that sends objects of varying weights up to 10,000 feet in the air to gather data. Graves is also a part of Materials Advantage, a materials science and engineering club, and the Grand Challenge Scholars program, a group that focuses on helping students with research projects.



"You have to put yourself into this situation that is uncomfortable, when you're one of three women in the room and there's eighty guys," Graves said.

Being a mechanical engineering student, Graves said she sees the disparity between men and women in the engineering field even more so than other disciplines.

"Mechanical engineering has the most men and the least women. Other engineering disciplines are more even," Graves said. "Everyone makes mistakes, nobody is perfect. Engineering is difficult but somehow we have fun anyways," said Graves. "It is OK to fail you just have to get yourself back up and learn from your mistakes."

> Brianna Finnegan can be reached at arg-news@uidaho.edu or on Twitter @BriannaFinneg8

Brianna Finnegan | Argonaut Jadzia Graves uses the grinding and polishing machine March 5.

ICCU Arena plans move forward

The Idaho State Board of Education approved UI's funding request, contingent on approval

Kyle Pfannenstiel & Meredith Spelbring ARGONAUT

As summer inches closer, the University of Idaho moves closer to solidifying plans to break ground on the latest campus addition.

The Idaho State Board of Education voted unanimously March 14 to approve the University of Idaho's funding request to build the planned Idaho Central Credit Union Arena.

The project is contingent on approval from State Board Executive Director Matt Freeman in consultation with the new UI president, who will be named by April.

In approving the agenda item, the Board approved UI's total budget of \$46 million to construct the facility, allowing the university to move forward with the bidding and construction phases of the project.

Breaking down the funding

Of the total \$46 million cost for the arena, UI currently has secured a planned \$43 million, which is comprised of private gifts, donations and sponsorships as well as student fees and an internal loan. The project will use roughly \$25 million in fundraising fees, with \$16 million already raised. The remaining \$9 million are projected to come from gifts, pledges and sponsorships.



SEE ICCU, PAGE 11

Courtesy | University of Idaho A projection of the ICCU arena, home to Idaho basketball.

 IN THIS ISSUE

 IN THIS ISSUE

 Ul community

 remembers Col

 in Sather.

 SPORTS, 11

Find out our pick for UI's
next president.
Read our view.
OPINION, 16

DancersDrummerDreamers
blends dance
and sound.
ARTS, 7

Arts, 7 Sports, 11 Opinion, 16

University of Idaho

Volume 121, Issue no. 25

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University of Id



PAGE 2





Lemon blueberry poppy seed muffins

The sun is out. The snow is melting. And the warmer temperature means it's time to break out a sunnier set of recipes. Bring a bit of spring into your kitchen with this lemon poppy seed muffin recipe. It's great as a snack on the go or as a quick breakfast.

Ingredients

- Regular muffin mix
- 1 1/2 lemons
- 2 cups of frozen blueberries
- 1/3 cup of poppy seeds
- 2 teaspoons of vanilla extract
- 1 cup of maple syrup
- 1 tablespoon of butter

Directions

- 1) Prepare the muffin mix according to package directions.
- 2) Add in the poppy seeds, juice of one lemon, zest of half a lemon and a teaspoon of salt.
- 3) Coat the blueberries in flour to avoid settling before folding them into the batter.
- 4) Evenly distribute the batter into lined muffin tins.
- 5) Mix the syrup with half the juice and zest of a lemon.
- 6) Brush the tops of the muffins with the syrup mixture.

Hailey Stewart can be reached at crumbs@uidaho.edu

UIdaho Bound

Start to finish: 30 minutes

Servings: 16

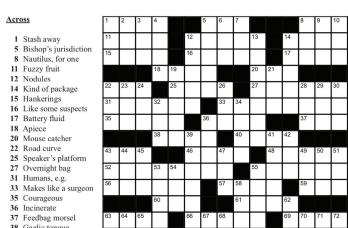






Avery Alexander | Argonaut

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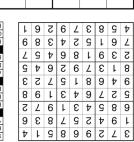
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Editorials are signed off by the whole of the Editorial Board. Editorials may not necessarily reflect the views of the university or its identities. Members of the Argonaut Editorial Board are Brandon Hill, Hailey Stewart, Meredith Spelbring and Max Rothenberg.

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LETTERS POLICY

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The Argonaut welcomes letters to the editor about current issues. However, the Argonaut adheres to a strict letter policy.

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PREVIEW Covering climate change

New York Times climate change reporter Kendra Pierre-Lois to speak at annual ethics symposium

Alexis Van Horn Argonaut

Severe inclement weather has almost become a norm these days. From polar vortexes to record-breaking heat waves, the evidence is there and most scientists agree — climate change is real and it's happening now.

This year, UI's School of Journalism and Mass Media will use the Oppenheimer Ethics Symposium as an opportunity to branch out and explore climate change reporting instead of political reporting.

According to Kenton Bird, UI associate professor of journalism, the Oppenheimer Ethics Symposium began in 2011 as JAMM's signature event. The UI College of Law's annual Bellwood Memorial Lecture and the Martin Institute's Borah Symposium — two events that draw on their schools' strengths while educating the community on important issues — inspired Bird to create the event.

"I wanted to shake up the topic a little bit," Bird said of this year's symposium. "Our

reporters recently have come from a variety of backgrounds, but we've sort of had a politics and government angle to the last couple of speakers."

New York Times climate change reporter Kendra Pierre-Lois will headline the event this year. Bird said he feels climate change is one of the most pressing environmental issues of the modern era. Pierre-Lois will

discuss the unique ethical issues related to reporting on climate change — including the balance between covering skeptics and scientists.

"One of those (ethical issues) is how do you provide balanced coverage that is respectful of all the viewpoints without giving too much credibility to the minority of climate skeptics and climate deniers?" Bird said. "There's a challenge to journalists called false balance where you feel you need to give equal time or equal space to a different point of view even if the number of people who hold that view is small."

Bird said another goal is to provide



Kendra Pierre-Lois | Courtesy

Pierre-Lois a chance to interact with students and climate scientists at UI.

Bird said he looks forward to hearing Pierre-Lois talk — he described her as an "energetic, vibrant, provocative and stimulating speaker." He said he thinks her mix of youthfulness and experience will help journalism students and the public

connect to her lecture.

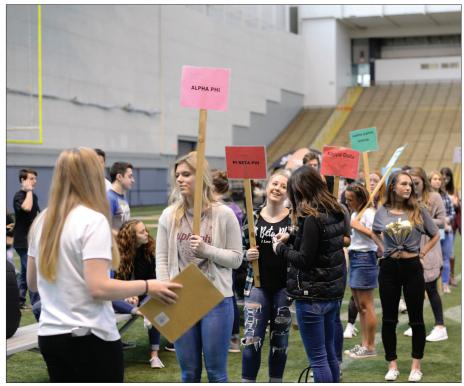
"We as journalists need to know about climate change and we need to know ways to tell the story in a compelling way that doesn't alienate audiences," Bird said. "That's why she titled the talk 'Is Gloom my Beat?' because most of the news about climate change is discouraging

and overwhelming. People tune it out because it's not getting any better. I'm hoping that she can guide us to different approaches because there are stories of hopeful developments."

Pierre-Lois will speak 11:45 a.m. MT, Wednesday March 27 at the City Club of Boise and at 7 p.m. PST Thursday, March 28 in the Administration Building Auditorium. She will be on the Moscow campus throughout the day Thursday to meet with students and faculty.

> Alexis Van Horn can be reached at arg-arts@uidaho.edu

CAMPUS LIFE



Jolene Evans | Argonaut

Sorority members prepare to give tours of their houses during Uldaho Bound March 2018.

The freshmen are coming

Uldaho Bound has a few changes this year to scheduling but is still the same

Kali Nelson Argonaut

UIdaho Bound is fast approaching for incoming freshmen and the staff of the admissions office.

This year, both UIdaho Bound weekends will be back to back, said Sierra Crow, a campus visit assistant. The first one is Saturday, March 23 and the second one takes place March 30, along with a few over the summer, according to the University of Idaho website.

Students who attend UIdaho Bound can register for classes, take tours of campus, meet other students and pick where they want to live.

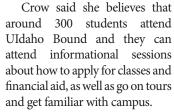
From 10 a.m. to 2 p.m. Saturday, there will be a tabling event for UI clubs and departments so incoming students can see how they can get involved.

There have also been slight changes to the schedule—instead of transfer students

being mixed in with incoming high school students, they will now have a separate schedule, Crow said.

"With our schedule, we have a first year traditional student schedule and those without incoming college credit. We have another schedule that same Saturday for anyone with college credit and the schedules are basically re-

the schedules are basically reversed," Crow said.

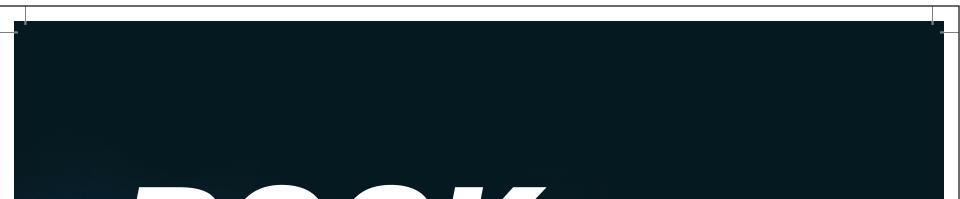


"It just allows them to get their foot on campus, see where

they might be living because we do have a first-year live-on requirement. And with signing up for classes, they do get to visit the college as well," Crow said.

> University of Idaho

Kali Nelson can be reached at arg-news@uidaho.edu or on Twitter at @kalinelson6





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ADMINISTRATION

A new grading scale

UI Faculty Senate passed new plus and minus grading system Tuesday

Gavin Green Argonaut

The University of Idaho Faculty Senate approved a proposal to change the academic grading system Tuesday at their meeting.

Sanjay Sisodiya, a faculty member in the College of Business and Economics speaking on the behalf of the university curriculum committee, introduced the proposal to the Senate. Sisodiya explained the new grading system would include plus and minus grades, instead of only letter grades.

The original proposal was drafted by the teaching and advising committee and did not include the grades A+ and D-, according to Faculty Senate Secretary Elizabeth Brandt. However, when this proposal was brought before the university curriculum committee, they decided to add A+ and D- to the draft.

Terry Grieb, the vice chair of the Faculty Senate, motioned to remove A+ and D- grades from the proposal. Grieb's motion was supported by 17 senators and opposed by two, so it passed.

Aaron Johnson said the Senate still needed to discuss and vote on the proposal to change UI's grading scale to a plus/minus system without A+ and D- included.

The senate voted 14-5 to pass the plus/minus grade scale proposal, without A+ and D-.

Brandt said the proposal still has to be discussed at the University Faculty Meeting May 1 and be passed by the president before a plus/minus grading system is implemented.

"It's not a done deal yet," Brandt said.

In debating the changes, Sisodiya explained why those two grade options were added to the proposal. He said the university curriculum committee members believed being able to signal that a student excelled in a class by awarding them with an A+ instead of just an A was important. Sisodiya said in this proposal, an A+ and A both result in the same GPA but the A+ would simply signal to anyone looking at the student's transcript that they had done well in a class.

"Almost like a gold star," Sisodiya said.

The addition of the D- was a change added simply because UI peer schools having similar systems. Sisodya said WSU and Boise State are also considering implementing a plus/minus grading system and they are including the D-. Receiving a D- instead of a D would have an impact on GPA but still would be considered a passing grade.

Sen. Alan Caplan voiced concerns about the addition of A+ to the grading scale.

"I think it is a mistake to try to distinguish per-

fection from really great," said Caplan. "I think these are false discriminations that exceed the precision of the measurements."

Caplan said in many cases, grading can be subjective and trying to be overly precise with distinctions between grades can do more harm than good. He added he did not believe this would be supported by many students.

Clayton King, the ASUI faculty senate representative, agreed with Caplan, saying the results of polling and his interactions with students have suggested that very few UI undergraduates want the plus/minus grading system to be implemented because they fear it will be detrimental to their academic success and make it especially difficult to maintain 4.0 GPAs.

Brandt contributed her perspective on the issue. "As somebody who has been on the admissions committee at a law school and looked through hundreds of applications, I think that an A+ that is not a part of GPA will make our transcripts a little opaque. People aren't going to get what that is," said Brandt.

Sen. Barbra Kirchmeier said she feared students may become frustrated if they receive an A instead of an A+ or a D- instead of a D. Kirchmeier said she wouldn't want to be put in the position where she had to explain to a student why they didn't get the better grade because the distinction is so small.

Sisodiya admitted he didn't have a response for any of the senator's concerns.

"I'm just the messenger on this one," said Sisodiya. Sen. Clinton Jeffery said even if the plus/minus scale is passed, it isn't required that professors use them. He said they could continue to use the fourletter grade system.

Sen. Chantal Vella said if professors can use different grading scales as Jeffery suggested then that could be even more frustrating for students, especially if there are different professors were teaching the same class but using different scales.

Grieb responded to Vella's question by saying that problem can already exist even with the four-letter grade scale because professors can have different numerical grading scales. For example, he said, one professor could decide a 90 or above is an A but another could choose to make an 85 and above an A.

> To read the full version of this story head to www.uiargonaut.com

This week in brief

Ellamae Burnell ARGONAUT

Grad School 101

The College of Graduate Studies will hold two seminars to discuss everything one should know when applying to grad school. The event is from 3:30 p.m. to 5:30 p.m. on March 21 and 22 in the Commons Clearwater room.

The seminar will cover the benefits of getting a graduate degree, application process, letters of recommendation and submission requirements.

Those who wish to attend can choose whichever date they prefer.

Vandal Trivia with Dean Eckles

Multiple campus groups have teamed up with Dean of Students Blaine Eckels to host two Vandal Trivia Nights.

Students are invited to test their Vandal and University of Idaho knowledge at 7 p.m. on March 22 and 29 in the Bruce Pitman Center International Ballroom.

Winners will receive Vandal gear among other prizes and snacks and drinks will be provided.

Eckles partnered with Vandal Entertainment, the Residence Hall Association and the Student Alumni Relations board to host the events.

Questions can be emailed to hagenhunsaker@uidaho.edu.

Health Hut

Vandal Health Education is holding a Health Hut to provide resources on the go from 11 a.m. to 2 p.m. March 26 in the Commons Lobby. The Health Hut will focus on suicide prevention and how to help a friend.

Questions should be emailed to vandalhealthed@uidaho.edu.

Accepting calls for proposals

The Malcolm Renfrew Interdisciplinary Colloquium is accepting calls for proposals for the lecture series.

Every semester, faculty and graduate students from across the University of Idaho apply to present at the Malcolm Renfrew Interdisciplinary Colloquium. Held every Tuesday afternoon, the colloquium introduces students, staff, faculty and community members to contemporary research.

"We would love to have teams of graduate students working with a faculty member or faculty members from multiple disciplines — like people who have worked across departments or across colleges," said associate professor Kenton Bird. "(We're) trying for a diversity of colleges."

Bird said CLASS graduate students and faculty apply to speak often, but people outside of the humanities are more than welcome to apply. Bird specifically mentioned those in agriculture, life sciences, natural resources, engineering, business and education should consider applying.

"(Applying) is pretty straight forward," Bird said. "It's not like a formal conference that requires lots of (materials)."

According to Bird, nominations and proposals should be sent to him by March 29 for fall 2019. Include a short title, an abstract that summarizes the research to be presented and a onesentence biography in an email to kbird@uidaho.edu. Preference is given to people who have not presented before. Spots are reserved on a first-come, first-served basis, so Bird recommends submitting as soon as possible.

> Ellamae Burnell can be reached at arg-news@uidaho.edu



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WELCOM FUTURE VANDALS

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ADMINISTRATION

President to professor

Chuck Staben still considering tenured biology position

Ellamae Burnell ARGONAUT

If University of Idaho President Chuck Staben chooses to stay on as a tenured faculty member, he will be the first of 18 presidents to do so.

According to UI Director of Communications Jodi Walker Staben has not yet decided if he will accept the faculty position, and is still evaluating his options, although he must alert the State Board of his decision before his contract terminates on June 15.

The Idaho State Board of Education approved an academic transitional leave for Staben "to prepare for a teaching assignment in January (2020)," according to board materials Feb. 14.

According to Staben's contract, he is entitled to a tenured position in a department where he has the knowledge and competence to teach. The materials also state Staben would earn an estimated \$160,000 a year in the position. Staben would earn about half that amount during the transitional leave period, according to chief communications officer for the State Board, Mike Keckler.

"At this point, the Board assumes Mr. Staben will become a faculty member," Keckler said. "There is no provision requiring the board to be notified ahead of time if he chooses to lead the university."

Keckler said he does not know if a tenured position will be available to the next president, as provisions are negotiated for each contract

Staben last taught biology at the University of Kentucky in 2007. He served as a professor of biology for just one year. Prior, he served as an associate professor in 1995 and assistant professor in 1989. He received his bachelor's in biochemistry from University of Illinois, Champaign-Urbana and his PhD in the same field from University of California, Berkley.

The classes he taught at University of Kentucky included Principles of Biology, Bioinformatics and an assortment of graduate and undergraduate seminars in molecu-



Brandon Hill | Argonaut UI President discusses Denise Bennett's administrative leave before the Faculty Senate Feb. 5.

lar biology and genetics.

According to Staben's curriculum vitae, all other positions he has held have been administrative roles, before coming to UI he served as provost and vice president for academic affairs from 2008 to 2014 at the University of South Dakota.

In 2012, he unsuccessfully applied to the president position at Wichita State University. He was also a finalist for the

University of New Mexico president position in 2017. In his CV, Staben notes that he "no longer conducts active research." He has authored 30 papers, the most recent published in 2009.

According to the State Board, the period of leave would also be used to evaluate Staben's research and if it could be incorporated to existing research programs or if Staben would develop alternative research programs.

"Given the advances in this field, Dr. Staben believes it would be in his best interest and that of his future students to allow him time to prepare for such an assignment," according to State Board materials.

> Ellamae Burnell can be reached at arg-news@uidaho.edu or on Twitter @EllamaeBurnell

CAMPUS LIFE

Twenty minutes once a week

Drop-in Mindfulness Meditation

going on five years," Derrick said. Derrick said she put out flyers and did little else to announce her meditation sessions, something she still does.

When she first started the sessions, program since it began in 2014, now Derrick offers Zoom opportunities for students who want to join but are not on campus. "I've just started including Zoom drop in so people can dial in so it makes this accessible to people on our satellite campuses in Boise and Coeur d' Alene and it also makes this accessible to people who don't want to come to campus that day," Derrick said. Derrick said she has recorded a few of her sessions to put up online once she gets a chance to edit them. "I visit departments or living groups and sometimes organizations and just do a little education around mindfulness and introducing people to the practices," Derrick said.

There have been a few changes to the mindfulness retreat in Los Angeles for teens and a local meditation retreat in the fall

hits five years and still going

Kali Nelson ARGONAUT

Mindfulness Meditation Drop-in turned five years old in January and Jamie Derrick marked the date by doing the same thing she has always done — holding her weekly session.

"On a January Wednesday about five years ago, I got a room, put some advertising up and about 70 people showed up," said Derrick, an associate clinical faculty in psychology.

Now five years later, there is a steady flow of students, faculty and staff who go to the sessions regularly.

"I've offered it every year since, so this is

"I had no idea when I put up those posters and put up a slide in the Commons, that anyone would come."

Once she showed up, there was standing room only. Derrick said she started the program after attending a class to become certified in mindfulness at University of California, Los Angeles (UCLA).

She said the program here was formed after the drop-in meditation at UCLA.

"I've just kind of let the program flower over the last five years, I've done a 21 day mindfulness challenge pretty early on into the program and about 600 people participated," Derrick said.

But leading the Mindful Meditation sessions is not all Derrick does. She helps lead a

The fall retreat is about three and a half days and is usually comprised of about 50 to 60 people Derrick said.

Meditation has been part of Derrick's life since her 20s and she compares it to a foundation.

"Meditation creates the foundation for learning, developing those skills I was talking about, of focus and self compassion but bringing those skills into the world and making them part of life is really what it's all about," Derrick said.

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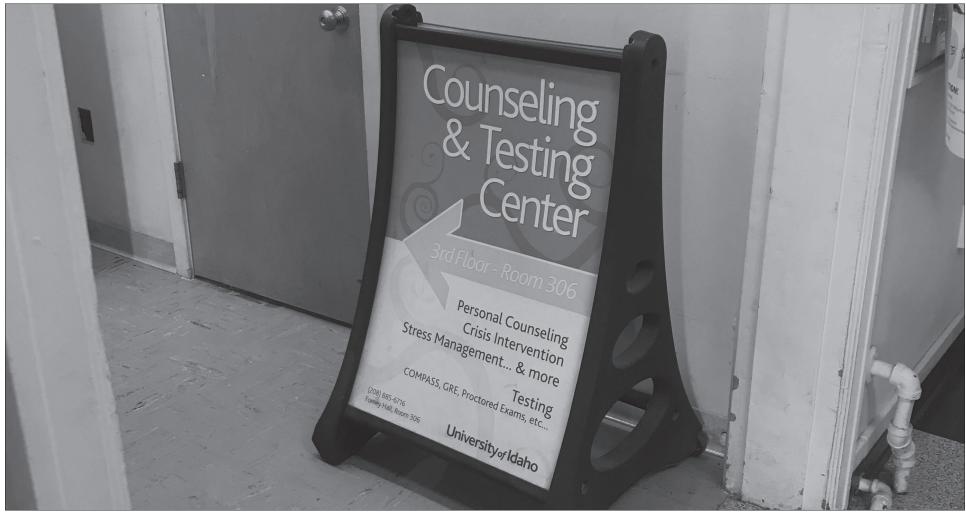




Uidaho.edu/landscape



CAMPUS LIFE



The University of Idaho Counseling and Testing Center is located on Baker Avenue on the UI campus.

Nicole Hindberg | Argonaut

CTC is covered for now

CTC search for provider continues, retired psychiatrist comes back to help fill in gap

Jordan Willson ARGONAUT

The University of Idaho Counseling and Testing Center's psychiatric nurse practitioner resigned, with her last day March 8. But recent UI retiree and board-certified psychiatrist William Cone returned March 18 with a contract to provide psychiatric services on campus.

He will work two days a week through the end of August 2019, said Greg Lambeth, counseling center director. The psychiatric nurse practitioner who resigned, Jennifer Wilkinson, worked at UI for less than one year.

"We will have enough coverage to meet all psychiatric service needs that we have through the start of the fall semester," Lambeth said. "He was here two days a week during the summer for the last 16 years, and he'll be here two days a week this summer."

Dean of Students Blaine Eckles said when looking to see what the university could do as a temporary fix for Wilkinson's departure, Cone was "very open" to providing additional assistance.

"(Cone) is very committed to the university, very committed to our student body," Eckles said. "Some individuals may worry that lack of full-time means lack of support and service, but that is not the case."

Lambeth and Eckles said the counseling center is also working closely with Gritman Medical Center and Moscow Family Medicine, so there is no gap in service. Lambeth said they have been working on Wilkinson's transition out, so Cone does not need to take over her entire case load.

"We feel really confident we are going to be able to continue on without missing much of a beat for our students going forward," Eckles said.

The search for a full-time psychiatric nurse practitioner is ongoing, Lambeth said, and Cone stepping in gives the counseling center time to be optimistic about being successful in the search.

"Given the challenges, it's a great place for us to have landed," Lambeth said. "It's

the best outcome for our interim plan that I could've asked for. It's not just a viable plan, it is an ideal interim plan to give us time to run a search."

Lambeth said he is optimistic, confident and thankful for the outcome of the transition.

"Dr. Cone is amazing, and we couldn't be any luckier that he agreed to come back and help us," Lambeth said. "Because it's Dr. Cone, he has worked with students on this campus for 16 years. He can step in and from day one it'll be seamless, and it provides 100 percent of the coverage that we need for right now."

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HEALTH Mind, body and stress

Health Huts across campus help students to learn about available resources

Brandon Meyer Argonaut

Every college student knows how stressful midterms can be, but not as many know how to deal with that stress or get help when they need it.

This is where the Health Huts come in. Vandal Health has many outreach programs, but few are as visible to the students as the Health Huts. They are set up in high traffic areas around times where they can reach the most students. The Health Hut March 5 was right outside of Einstein's in the University of Idaho Commons.

Emily Tuschoff, director of Vandal Health, said their focus was two-fold, promoting Fresh Check Day and raising awareness about stigmas surrounding

mental illness.

Every Health Hut is planned and staffed by a student member of Vandal Health, said Gabi Stone, Health Hut volunteer. They are known as peer educators

"Health Huts are ran by peer educators for students," Tuschoff said. "They plan different health topics, health awareness topics and then develop some kind of interactive way to engage students in that topic."

Nearly every other week, there is a new Health Hut with varying focuses for the students. Katy Everts said Vandal Health has five main focuses with the Health Huts which double as community outreach and student education, including sexual health and safety, mental health, safety with alcohol and drugs, nutrition and general

wellness. Every Health Hut is planned with one of those five focuses in mind, she said.

Sydney Miller, a student who interacted with the Health Hut March 5, said she appreciated the opportunity.

"I always like seeing their booths all the time, and I try to get my friends to come to them. ... Their cooking class was really fun," Miller said. "I love to go when they have dogs in the well space, when they did it in the Vandal Lounge like seeing the puppies was like really cute."

Health Huts also provide helpful and effective therapy that many students mistake as playing with dogs.

The Handbook on Animal Assisted Therapy says therapy sessions with animals in college are one of the most useful ways to provide therapy to the large group of college students who need it.

The dogs work because they can provide quality social interaction inside a positive environment, all while reducing stress and improving mental health for students, according to the handbook.

Tuschoff said the mission for Vandal Health is to give students the resources to make the journey through college easier. If that a student is experiencing any symptoms or knows one who is, there is help available at the Counseling and Testing Center.

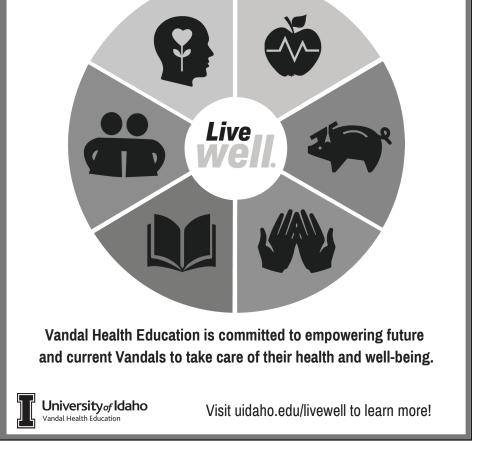
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A R G O N A U T NRTS & CULTURE

DANCE



Alex Brizee | Argonaut Students practice for DancersDrummersDreamers in University of Idaho Physical Education Building March 4.

Claiming the stage

DancersDrummersDreamers offer sights, sounds for the eyes and ears

Kyle Pfannenstiel ARGONAUT

The sound of hail beating down on the roof fills the room.

The performers walk slowly across the stage, intermittently clapping their hands above their heads and snapping.

Then, the performance takes a turn. They begin slapping their hands on their thighs, heads and the floor.

Soon they're off to the next piece. They flail shiny, silver space blan-

kets in the air, crumpling them as the performers spin. A low hum of drums banging begins to fill the room.

Then to the next.

Four performers walk on stage donning beach towels and flip-flops. They place their sandals at the front of the stage, before returning to the back to start the performance.

Towels laid on the floor, they strut across stage spray-

This collaborative show — working together with dance and music programs - results in a performance described as a modern Vaudeville show, according to Walker.

She said the music is unique to each piece, as choreographers and composers work together to create them.

Blending movement and sound

When Walker and Dan Bukvich, codirector and UI percussion professor, created the show in 1991, they wanted to blend movement and sound.

"So, the musicians would move and the dancers would make sound," she said. More than 50 performers have worked night and day for the past few

months preparing for the performance. They share that sense of awe of a collab-

orative experience.

Aleks Day, a dance student, is in her fourth year at UI. A dancer and choreographer for DDD, organized Day a set dancers

roller boards with

Belle Baggs

my immediate thought was something that slams and jingles and can give my dancers a way to travel that the audience wouldn't be expecting," said Day, who last year used ballet bars on stage in the piece she choreographed.

A collaborative experience

Day appreciates the collaboration between music and dance, reminding her of her days of dancing to jazz as part of a Lindy Hop dance group years ago in her training.

to refine that groove ... it was really fun at the same time as being a really intense process," she said, referring to the week in which dancers worked with a guest artist to create a nine-minute piece.

That guest artist, Erinn Liebhard, said DDD is undoubtedly of

its own.

"From my experience in dance in higher ed, it's really something I would have loved to have but it's unusual ... because dance and music programs have such different goals most of the time, it can be hard to create a situation where collaboration is

possible," said Liebhard, a jazz choreog rapher from the Minneapolis-St. Paul region in Minnesota.

Diane Walker

FILM Intelligence in all its forms

Intelligent Lives to screen on campus Friday for Developmental Disability Awareness Month

> **Alexis Van Horn** ARGONAUT

In order to showcase the injustices people with disabilities often face, Dan Habib - a project director and filmmaker at the University of New Hampshire - created "Intelligent Lives," a film aimed at changing societal perspectives. Hosted by the Idaho Center



Lynsey Fenter

on Disabilities and Human Development, this film will show at the University of Idaho Friday as part of Developmental Disability

Awareness Month. "I'm really excited to be able to show the capability that people with developmental or intellectual disabilities have," said ICDHD employee Lynsey Fenter. "I feel like there's a stereotype that society has placed, saying that they are 'incapable' or that they need an exorbitant amount of help in order to actually function as a normal human being, which is completely false."

According to Fenter, several organizations will have booths on the Bruce Pitman Center's second floor, where they will share information with attendees from 4 p.m. until 4:50 p.m. The groups include the Center for Disability Access and Resources, Office of Multicultural Affairs, LGBTQA Office, Disability Action Center NW, Idaho Division of Vocational Rehabilitation and the Moscow chapter of the Idaho Self Advocate Leadership Network.

"I feel like there's this disconnect between students and the Moscow community, especially (with) the supports that are in the community," Fenter said. "Moscow is a really wonderful area where we have a bunch of different support systems and safety nets that are in place, especially for individuals with disabilities."

Intelligent Lives will play in the Borah Theater starting at 5 p.m. After, ICDHD will host a panel discussion for attendees to ask questions of CDAR Director Amy Taylor, education professor Andrew Scheef and a mystery third panelist.

"The documentary itself is incredibly well done," Fenter said. "It's a fantastic film that really makes you think and it brings up a lot of really important points that you might not think (of) on a day-to-day basis."

Habib said the film shows people what is possible with the right opportunities and support for people with disabilities. The accompanying campaign -Opening Doors — advocates for the creation of a more inclusive world through equal opportunities.

Fenter hopes the film will show the community the capability of people with disabilities and how

featuring gliding across the stage on

"Just being able to return to that and

ing water in the air, complementing it with a light "chh."

Performers in DancersDrummers-Dreamers (DDD), an annual show at the University of Idaho in its 28th year, employ unusual methods to create sound with objects and themselves, culminating in a work that titillates the eyes and ears.

'We do the whole thing in four months," said Diane Walker, co-director of the production and a UI professor emerita of dance. "Which is really a mammoth undertaking because everything is created, everything is original."

four-wheels on them. "By senior year, you've got to shake it

up," she said. At times, they even do cartwheels

with the boards. "I have really tried to think out of

the box on these. I want to come up with something that the audience has never seen," said Day, who performs in multiple pieces.

Day's mother works with elementary school students, which gave her the inspiration to use the roller boards.

"I wanted something unique and

Liebhard's residence was funded by the Lionel Hampton Jazz Festival, the College of Education Health and Human Sciences dean's office, and the UI Dance program.

Belle Baggs, co-director of DDD and UI dance professor, said the show's directors always aim to serve a familyfriendly audience.

SEE CLAIMING, PAGE 10

hurtful stereotypes can be.

The resources at the tabling fair are tailored for students, but the general public is welcome to attend. She said she looks forward to sharing the film, as well as these resources with students and the community.

The Intelligent Lives event begins at 4 p.m. Friday in the Bruce Pitman Center Borah Theater, ending around 7 p.m. The screening is free and open to the public, but there is a limit of 150 attendees.

For more information on the event, visit the Eventbrite or Facebook pages.

> Alexis Van Horn can be reached at arg-arts@uidaho.edu

HEALTH To juice or not to juice?

Local business owner, UI nutritionists provide differina perspectives on juice cleansing

Allison Spain ARGONAUT

Toni Salerno decided 13 years ago to turn her life around with an organic, healthier lifestyle to cure chronic sickness and bloating. Her solution to better health? Juicing

and a combination of organic fruits and vegetables.

"I have done research nearly every day over the last 13 years about juice cleanses, and I can personally testify that short term juice cleanses help restart and reenergize the body," Salerno said. "Juice cleansing is the removal of all solid foods to eliminate digestion all together so that nutrients and enzymes are absorbed directly into the blood stream."

Salerno, co-owner of Palouse Juice in downtown Moscow, has seen more benefits than problems with juice cleanses. She said the cleanses she sells are not found on a shelf in the store because they do not contain unnatural sugars, pesticides and other preservative chemicals.

"We are very passionate about restoring gut health and nutrient health," Salerno said.

But not everyone agrees with her position.

Two experts at the University of Idaho see potential risks and few benefits to juice fasting. A campus dietitian and assistant professor of nutrition urged caution to anyone considering a juice fast.

UI campus dietitian Mindy Rice said

juice cleanses can be a popular fad diet to lose weight, but there are some implications.

"As a dietitian, we are taught to eat a balanced diet and focus on moderation," Rice said. "When people go on a juice cleanse, they are still lacking certain vitamins and nutrients from eating whole foods."

Katie Brown, UI assistant professor of nutrition, said there is

a lack of convincing evidence in the small body of current research to suggest benefits of juice cleansing. She said the human body does a naturally good job of detoxing itself, using the liver as an example.

"While cleanses offer concentrated vitamin doses, they are not nutritionally sound because they are missing nutrients like fats, proteins and whole grains," Rice said.

Rice said if someone wants to try a cleanse, he or she is more likely to become malnour-



Palouse Juice | Courtesy Palouse Juice, owned by Toni Salerno, is located in downtown Moscow on Main Street.

ished the longer the cleanse is. She said juice cleanses have been around for a long time with some religions promoting fasting and juicing — but it is not meant to be long term.

Salerno said Palouse Juice offers three, five, seven and 10-day juice cleanses that include six juices a day to drink every few hours.

"The juices from Palouse Juice are 100 percent organic, made solely from fruits and vegetables without any additional preservatives or sugars," Salerno said. "A juice cleanse regenerates your cells within 72 hours, and you feel amazing afterwards."

She said juice cleanses her business sells cost approximately \$45 dollars per day, with the overall costs varying from \$135 to \$450.

"The start of a juice cleanse does bring withdrawals and often times a pity party because your body is craving what you would normally eat, but once I got in the right mindset the first time, I became motivated and able to have self-control," Salerno said. "I felt like a rock star for overcoming that mental challenge."



Katie Nelson

LGBTQA

Returning to the rodeo

Professor earns \$50,000 fellowship for Gay Rodeo Oral History Project

Alexis Van Horn ARGONAUT

Rebecca Scofield spends her time traveling to rodeos sponsored by the International Gay Rodeo Association, recording oral accounts and the histories of their participants.

Scofield, a University of Idaho history professor, recently received a fellowship to expand upon that research - the Gay Rodeo Oral History Project.

The \$50,000 Whiting Foundation fellowship will allow Scofield to bring students with her as she travels to these rodeos, providing students the opportunity to gain experience ethically interviewing minority populations and documenting oral histories.

"(Students will learn the importance of) needing to be flexible because rodeos are not ideal situations to interview people," Scofield said. "Often, you're squeezing something in between bronco riding and pole bending, and they have five minutes to give you. (There's) terrible recording conditions. Sometimes, we're outside on hay bales next to horse trailers, sometimes I'm in a hotel lobby. But it's really organic and lets people meet me where they're at."

In order to truly see the beauty and diversity of her home, Scofield said she had to travel far away.

While pursuing a master's in regional studies centering on East Asia at Harvard University, she visited Tokyo. She was studying the impact of gender and race on the Tokyo acrylic nail industry.

As she explored the city, Scofield said she ran across a store selling Western-style clothing, and seeing the popularized Western wear made her think.

"I got to a moment where I was like, 'Man, I spend a lot of my time critiquing issues of race and gender in another country," Scofield said. "Maybe I should be a little bit more critical about my own."

In addition to the oral history project, Scofield has spent her time researching and writing her first book, "Outriders: Rodeo at the Fringes of the American West."

Scofield divided "Outriders" into four chapters, with the first focusing on female bronco riders from 1910 to 1920. The second studies the Texas Prison Rodeo, while the third focuses on African American Western performers and the last examines the International Gay Rodeo Association (IGRA).

"It's a history of ideas about the West from a particular perspective of embodied performance," Scofield said. "So, I look specifically at rodeo over the 20th century and how communities that we think of existing outside of the stereotypical notion of the cowboy actively interacted with that stereotype or icon. How did they contest it? How did they challenge it? How did they in some ways buy into the mythology and help shape it over the 20th century?"

Scofield said she feels her work recording the oral histories of IGRA members combats the prejudice against working in academia outside of the East Coast.

She said she had been told while working on her doctorate that "no one really 'rodeos." Nonetheless, she continued her efforts.

After she was hired at UI in 2016, her passion for the rodeo's histories gave life to the Gay Rodeo Oral History Project.

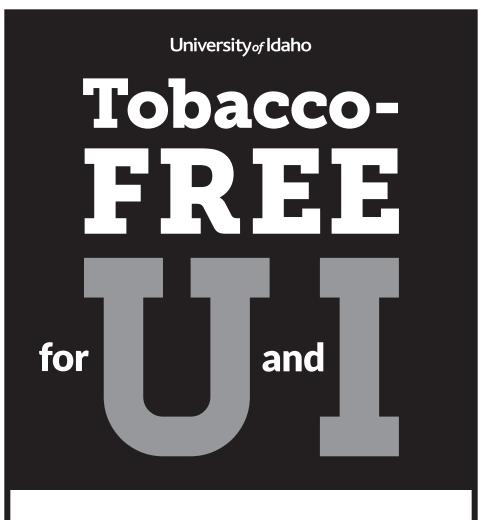
"So many people I've interviewed have cried when they talk

Olivia Heersink | Argonaut Rebecca Scofield selects a book from a shelf in the UI History Department.

about the role of the rodeo in their life," Scofield said. "How it gave them family, how it let them do something other than the

metropolitan version of gayness had not found that before." and let them be rural and let them like horses and let them dance to country music. They

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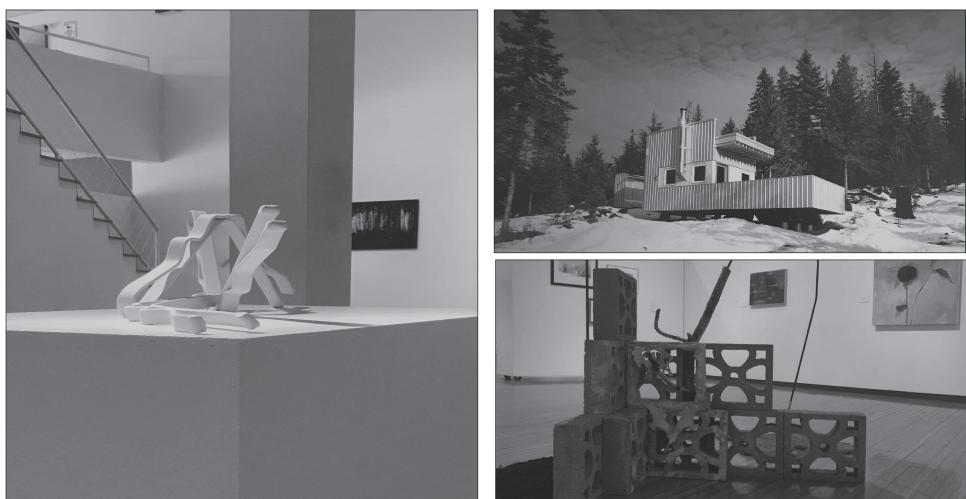
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ART



The Prichard Art Gallery is showcasing the works of the UI College of Art and Architecture faculty members until April 6.

Nicole Hindberg | Argonaut

Connecting through art

Nicole Hindberg ARGONAUT

The Prichard Art Gallery is showcasing the many talents of the University of Idaho College of Art and Architecture (CAA) faculty in various multimedia exhibits until April 6.

Roger Rowley, director of the Prichard Art Gallery, said he has curated this specific exhibit for so long he can't even remember the first year that he did it. But each

year he tries to showcase the faculty's talents in an interesting way.

"Every year, I pitch to the faculty that it's not just an art exhibit, it's open to all and all their research," Rowley said. "Some faculty's work is more intellectual that can't be displayed, so it's understood that not all faculty is going to participate, but we try to emphasize the fact that

it's meant to show what the faculty in the college does and all the areas of research."

The exhibit, which will become a biannual event, began with a reception. Rowley said more than 200 people attended, providing a glimpse of the support the community has for this specific exhibit and the faculty involved.

"There's not just current faculty members, there are people who are hired as temporary lecturers and we also have retired professors. We are trying to keep the continuity in time in order to keep the history alive. It also keeps them connected and shows where we were to where we are now," Rowley said.

There are many mediums within the exhibit, with each showcasing the talents and research of the CAA faculty members participating.

For example, one piece showcases David Griffith's research as a social-ecological scientist digitally.

"I'm interested in intersections and interactions in and between systems, whether that be among fungi and plants, insects and plants, or humans and the fungi and plants we forget surround us

There are also artists who focus on topics considered to be generally overlooked, such as Mike Sonnichsen's work centering on

"One aspect of my work is to redirect

mining what I consider interesting items plastic drinking straws (and) laundry detergent caps - for their beautiful and hidden design aspects, I am also aware of their unsustainable impact on the environment. I think the dazzling colors and forms may lure a viewer to study the images, but what any viewer takes away from the work ultimately reveals more about their own relationship with our present consumer society," Sonnichsen said.

Other faculty members, such as Randall Teal, use their knowledge from their research to create stunning photographs.

"This off-the-grid cabin in the St. Joe National Forest of northern Idaho was conceived as three living spaces connected to the surrounding forest through a singular architectural gesture," said Teal of his photographs.

The connection between their work and the faculty's art is not the only wellthought out connection within the gallery, Rowley said.

The layout of the exhibit connects the ideas and statements the art pieces make, beginning with art pieces that take everyday objects and transform them into

UI Prichard Gallery showcases art, research of CAA faculty

something else.

Roger Rowley

One art piece in particular showcasing past and present connections is the piece created by Roberto Capecci and Raffealla Sini. These two bought the home designed by Ted Prichard, the person whom the art gallery is named after and the first professor of architecture at UI. Prichard operated the college and hired other faculty members.

> "He was art and architecture for three decades. He created art and architecture at the University of Idaho," Rowley said.

> This art piece in particular showcases many of these people Prichard hired and their connections to each other. Cappecci and Sini connected each person with lines, mirroring the look of a criminal investigatory board.

"There's a narrative sense to the way the exhibit is set up and how people experience it. It's an intricate experience rather than just separated into the faculty, the lecturers, retired folks or whatever else," Rowley said.

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constantly," said Griffith.

plastic use.

attention to the overlooked plastic items from our domestic sphere. Utilizing this subject matter, I am torn because while I am

Wasteland of beauty



Brandon Hill Music critic ARGONAUT

It took half a decade, but the musical sensation that took the indie-rock scene by storm in 2014 is back.

Hozier — also known as Andrew Hozier-Byrne — succeeded in almost every possible way with his debut album "Hozier" five years ago. With the iconic "Take Me to Church" serving as the hit single, Hozier shot into stardom thanks in part to his diverse musical abilities. The rookie album had it all, from his signature style of gritty, imperfect blues like "Take Me to Church" and "Angel of Small Death" to smooth, almost angelic melodies like "Cherry Wine," complete with the soft chirping of birds in the background to really hit home the sense of inner peace.

But regardless of style, nearly all of Hozier's songs centered on one theme: despair. And while he keeps in time with that same sentiment in his second album — "Wasteland, Baby!" — he also explores new territory, which is what makes his sophomore success so unexpectedly enjoyable.

The album begins with easily the most powerful tour de force in Hozier's wheelhouse. "Nina Cried Power" celebrates jazz and rock and roll legends with odes to James Brown, Nina Simone and Billie Holiday. Mavis Staples provides the necessary soulful rasp to get even the most casual listener's heart pounding.

From there, Hozier only improves with "Almost," a single simply made for easy listening on warm spring days. The upbeat rhythm mixed with Hozier's beautiful drifting vocals makes "Almost" one of his all-time best tunes.

After the first two entries, the album seems to split between low-tempo acoustic melodies Hozier so well established in his first album interluded with upbeat, nearly hopeful songs that add just a dash of mainstream to his overwhelmingly indie style.

Would That I" begins with a similar sound to "Cherry Wine" with acoustic guitar softly drifting in between a powerful anthemstyle chorus. Meanwhile, the harsh piano hits in "To Noise Making" bring to mind the hits

of the early 2010s.

In 2014, I found myself downloading all but two of Hozier's songs from his first album. "Hozier" proved to be a great all-around success, something that on its own would be incredibly difficult to recapture.

Hozier shines in second album nearly five years after his strong debut

So instead of mimicking what made him successful, Hozier blazed new trails in his second album. The result leads to some missteps and forgettable tracks, such as "As It Was," but also gives the audience some of his best work yet.

The album altogether is both very different and eerily similar to his first foray. Both "Hozier" and "Wasteland, Baby!" shine as tributes to blues, rock and jazz. Hozier, in both albums, displays his talent for paying tribute to the genres that came before him while exploring new musical territory.

And while "Hozier" laid the groundwork for the musician best known for soft, understated melodies, "Wasteland, Baby!" hits the listener hard with powerful rhythms. The music is different, but the same. It's peaceful, but exciting.

At its core, this second album is a masterful experiment.

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PAGE 10

JUICE FROM PAGE 7

But Brown believes that moderation is unpopular, and diets such as juice cleanses are just society's "quick fix," she said.

"I get the sense that one reason why juice cleanses and other fad diets are popular is because individuals see themselves as 'hardcore' because they are abstaining from eating foods they want and foods others are eating around them," Brown said.

Salerno said cleanses offer cures for many autoimmune diseases, common sickness, alcoholism, depression and more, according to her own personal research of others' testimonies.

Because the human body uses a majority if its energy on digestion, it is important to give the digestive tract a break — plus, the body is composed of several pounds of built up fecal matter that weighs it down and causes bloating, she said.

"Juice cleanses re-energize the body, detox the body of metals and chemicals, aid in colon health and digestion, and more," Salerno said.

Salerno said health is wealth — someone will not be healthy without an engaged mind, body and soul relationship. She said even laughing 20 minutes per day will boost the immune system.

Salerno suggests doing cleanses periodically, roughly every six months, such as doing one in the spring and one in fall, or one in the summer and one in the winter.

"I feel and look better than I ever have before," Salerno said. "It is important to eat a healthy and balanced diet because restoring gut health means restoring everything else, too."

In one of her nutrition classes, Brown asks students to fill out a fad diet assignment that outlines the positive and negative aspects of a chosen diet. Some of the questions illuminate any red flags there might be — including whether it excludes any food groups, promises fast results such as losing 15 pounds in one week, or includes celebrity or testimonial support.

Brown said according to the USDA Dietary Guidelines, whole foods have more benefits than juice. For example, eating whole fruit has more fiber and nutrients than juice does, she said.

Slow weight loss is more sustainable and there are more benefits to food than just the nutrients, Brown said.

"We advocate juice fasting or feasting as a great tool to restore gut health in conjunction with a plant based diet," Salerno said. "We don't focus on weight loss as much as we focus on the flooding of nutrients for your body and the healing that takes place in the gut."

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Is Gloom My Beat?

Reporting on Our Changing Planet



Kendra Pierre-Louis

Education and advocacy

League of Women Voters empowers locals to partake in democratic process

Alexis Van Horn Argonaut

Women's History Month often highlights the historical achievements of women — especially those tied to politics.

The League of Women Voters (LWV) has served the country since before women gained the right to vote. Moscow's league is the largest in the state of Idaho with over 130 members, according to the organization's website.

LWV began as an activist group to help women "carry out their new responsibilities as voters" nearly 100 years ago, LWV Moscow's website notes.

Carrie Chapman Catt founded the national league at the 1920 National American Woman Suffrage Association convention, with the local Moscow branch beginning 32 years later in 1952.

LWV Moscow President Susan Ripley said the league's primary function is to register all types of voters, not just women. She said the group also encourages people to get involved in democracy through educating them on relevant issues.

"What we have is, during the school year, a weekly speaker series," Ripley said. "We have speakers speak to us on various topics. It's open to the public and we get a lot of public attendance. It's on all different subjects. We've had both sides of the dam breaching."

Ripley said that LWV is a non-partisan group, standing for voter education and registration. In addition, LWV advocates for healthcare reform, immigration policy changes and protection of the environment, according to the national LWV website.

"Whenever the league advocates for something, they do not do that unless they have done a thorough, comprehensive study and decided on a position on that issue," Ripley said. "Once they have, then they will advocate. There's a lot of funding that goes into



Olivia Heersink | Argonaut Community members listen to a speaker at a League of Women Voters' event.

the issues before we come to terms that we're going to advocate on them."

In addition, Ripley said LWV encourages and educates voters of all genders.

"I think that a lot of people realize that we're non-partisan and that the League of Women Voters is not just for women," Ripley said. "Men can be members — 25 percent of our membership is male. We have more males in the Moscow league than others in the state, but it is open to men."

The Moscow league pays dues to the Idaho league and the national league, said Ripley. The local league runs educational opportunities and voting drives for the community, while the state league serves those functions for people that lie outside the boundary of a local league.

The state and national leagues run studies on political issues to determine the larger league's stance before advocacy can begin. The national and state leagues run annual conventions to keep their members informed and ideological uniformity throughout the organization.

The Moscow league watches leg-

islature, provides testimonies and voter guides, hosts voter registration events and an educational speaker series. Ripley encourages all community members to join LWV, whether by attending a speaker series event or joining the actual organization.

"Students can join and there's not a membership fee for them," Ripley said. "That gives them an opportunity at a low cost, because we know how hard it is for students to become a member."

The next annual meeting of LWV Moscow will be held 5:30 p.m. May 1 in the 1912 Center Great Room. Ripley said the event starts as a social potluck but attendees don't need to worry if they cannot bring a dish. Anyone is then welcome to sit in on the business meeting that follows.

Details about many LWV events are available on their Facebook page. Speaker series events are held noon Wednesdays in the 1912 Center.

> Alexis Van Horn can be reached at arg-arts@uidaho.edu or on Twitter @AlexisRVanHorn

CLAIMING FROM PAGE 7

The performance this year will feature a variety of objects used to emit sound, such as space blankets and Velcro.

"We have all different variations of that problem being solved," Baggs said. "We have some roller boards, we have hula-hoops, we have space blankets, voice and body percussion."

Baggs said dancers and musicians often have a lot of similarities, but they sometimes speak different languages, so this performance is unique in its collaborative nature.



Reporter, The New York Times

Kendra Pierre-Louis is an environmental reporter for The New York Times, where she covers climate change.

The 8th annual Oppenheimer lecture is sponsored by the School of Journalism and Mass Media in the College of Letters, Arts and Social Sciences with support from the Oppenheimer Companies of Boise.

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For more information: https://www.uidaho.edu/class/jamm/news/ oppenheimer2019

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"In many ways, dance and music are just really a lively pairing and can be really inspiring, I think, for both ways," she said. "Dance can be inspired by music and music can be inspired by dance."

Cole Hitesman, studying dance and exercise science with a focus on pre-physical therapy, is in his secondyear at UI. Like Day, Hitesman — a DDD dancer — was attracted to UI because of its dance program, and he appreciates the opportunity to collaborate with musicians.

"Most universities don't really have that opportunity to work with live music and to work with musicians to



Alex Brizee | Argonaut

Students practice for DancersDrummersDreamers March 4.

create pieces together," he said. "I enjoy how much of your own personal flavor you could add to it.

"With modern, you can add your own kind of taste to it, but with jazz music there's a lot of improvisation," Hitesman said. "You have to be able to think on your feet. You have to be able to really feel the music and just do what feels correct."

DDD has no down time between pieces, with performers entertaining the audience in between main pieces. Walker said this keeps the rhythm going throughout the show.

"What it does is it creates energy," she said. "And then the energy never drops because the audience isn't sitting there waiting."

Walker said her favorite aspect is the creativity in creating the show.

"It's not so much the product as the process," she said. "You're molding something."

> Kyle Pfannenstiel can be reached at arg-arts@uidaho.edu or on Twitter @pfannyyy

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S PORTS



Idaho basketball prepares to face Idaho State, Weber State over the weekend. PAGE 8

FOOTBALL Remembering Collin

UI community remembers Collin Sather

> Meredith Spelbring ARGONAUT

Just a month after finding out he had stage four kidney cancer, Idaho football's Collin Sather died Feb. 26.

Sather, a freshman wide receiver, was taken to the hospital with stomach pains Jan. 17, before transferring to Deaconess Hospital in Spokane Jan. 21.

"I was so angry that (Sather) didn't have the opportunity to beat cancer," said Treena Sather-Head, Sather's mother. "And then I realized — (he) would've been enduring cancer treatments and followups that he wouldn't have been able to live the life he wanted, and he did live the life he wanted, and the life he loved and for that I'm eternally grateful."

Sather did not appear in any games in Silver and Gold, but had a colored resume during his high school career at West Valley in Spokane. A triple-sport athlete, Sather was a two-time All-Great Northern League First Team pick at wide receiver, as well as receiving a varsity letter in both basketball and track.

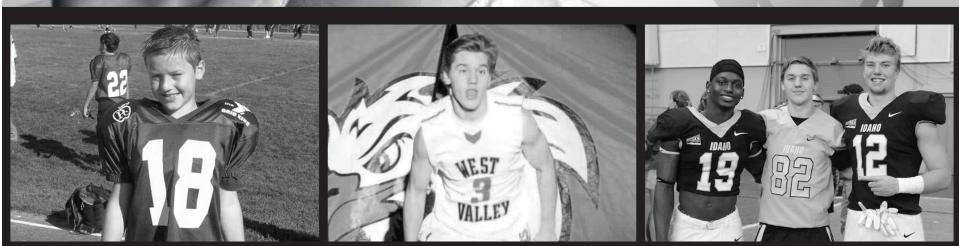
Outside of the 19-year-olds athletic accomplishments, friends and family remember him as someone who made people laugh, was kind and fiercely competitive, even through his final days.

"He was the kiddo that would always be a friend," Sather-Head said. "He was the kiddo that as someone was getting picked on or bullied, he would stand up for them and make sure they were looked after. He would do pretty much anything for a laugh, could always tell when you were having a difficult day and would make sure that he could do something to put a smile on their face, even if it was just for a moment."

Craig Whitney was not only Sather's high school football coach, but the father of Connor Whitney, one of Sather's closest friends. Whitney said he remembers Sather on and off the field for his positivity and fun-loving energy.

"My memories of him were just a tough, strong athlete who was very active and then it was tough to see him in pain, it was tough to see him laid up, it was tough to see him battling as hard as he could," Whitney said. "Honestly, it went so fast he really didn't even get the chance to battle, the cancer was at a stage that was tough for him to battle."

SEE REMEMBERING PAGE 15



Courtesy | Treena Sather-Head

MEN'S BASKETBALL

ICCU

The increased student fees, \$60 per year, will generate \$17.5 million over the next 35 years, the State Board said in a news release. The fee, which was originally implemented in April 2016, already brought in \$750,000. The Board will vote on the fee increase at its April 17 meeting.

The remaining \$17.5 million and \$9 million not yet in hand will come from an internal loan amounting to \$29 million as the rest is brought in over time.

The internal loan totaling \$29 million to cover the gap in funding from pledged awards and anticipated student fees will come from a pool used for short-term investments, separate from university reserve funds.

Opsis and Architects designed the project. Hoffman Construction has submitted a construction bid with an estimated cost of roughly \$37.6 million. The total estimated cost includes construction costs, as well as

design and support construction costs and administrative costs, among other financial aspects. The project is anticipated to be bid in sub-packages by Hoffan Construction, according to State Board materials.

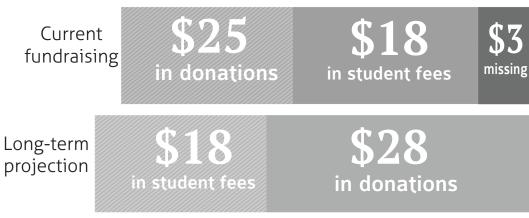
Final approval includes the authority for the UI vice president for finance and administration to implement all necessary requisite consulting and vendor contracts to implement the project, said Mike Keckler,

State Board spokesperson.

The plans

The facility's master plans date back to the mid-1950's, according to State Board materials. The project first moved forward in 2014 when Staben said he would develop a facility "suited to campus needs," the Board materials show.

The Board's vote allows the university to proceed with plans to construct the 4,200-seat arena in fall 2021, with groundbreaking anticipated to occur in the spring of 2019, granted it



*Dollar amounts in millions

gets proper approval from the next UI president and State Board executive director.

"The ICCU arena is much more than a basketball arena," said Chuck Staben, president of the University of Idaho, in a news release. "This unique facility represents an essential addition to our residential campus, offering a gathering

> place for students, athletes, faculty, staff, alumni and friends for generations to come."

Staben also thanked ICCU and the "many donors and partners whose support will make the arena a reality." ICCU donated \$10 million to help fund the facility, thereby earning the arena's naming rights.

The arena's planned site sits north of the existing ASUI Activ-

ity Center. The arena will feature a practice court facility, offices, locker rooms, alumni and conference facilities in addition to concourses, restrooms and concession spaces. The university intends for the facility to serve as a venue for court sports, provide additional offices for athletics staff and sufficient space for concerts.

The facility will feature engineered wood designed from Idaho forest products.

Gaging community reactions

In a poll conducted by Vandal Nation via social media, 56 percent of participants indicated they supported the increase in student fees for the arena, while 44 percent did not. A total 560 people participated in the poll, 302 on Facebook and 258 on Twitter. Participants on Facebook voted 51 percent yes and 49 percent no, compared to 64 percent yes and 36 percent no on Twitter.

ASUI President Nicole Skinner said the arena and proposal is part of a larger plan on the part of ASUI to create more student and university spaces, making the fee increase worth it.

"We have invested a lot in it already," said Nicole Skinner, ASUI president. "I was excited to hear they granted us the ability to move forward to the next step."

Idaho Athletic Director Pete Isakson said there will be checks and balances in place when a new president comes in, but the approval from the Board is keeps the project moving forward.

"We are very, very excited. We are able to keep the project moving on," Isakson said. "And we are excited for the 2021-2022 season when we should be playing basketball in the building."

Kyle Pfannenstiel and Meredith Spelbring can be reached at arg-sports@uidaho.edu

Cameron Tyson leaves

Idaho freshman guard Cameron Tyson announces transfer from program

> Chris Deremer Argonaut

Vandal men's basketball suffers another roadblock after a bumpy 2018-2019 season.

Freshman guard Cameron Tyson announced Tuesday he will be transferring from the University of Idaho.

Tyson made his announcement over Instagram on his decision to leave the program.

"I would like to thank the University of Idaho and the Vandal family for welcoming me with open arms," Tyson said in the post. "However, after much consideration my family and I have decided it is in my best interest to transfer."

Tyson was poised to be a leader for this Vandal squad for the remainder of his career, but now, his recruitment is open once again as he looks to take his talents elsewhere.

Despite the team's struggles, Tyson had a career year as a freshman, making 106 total 3-pointers, the second most in program history and breaking the Big Sky record for 3-pointers by a freshman.

The young player from Bothell High School in Washington will now try to find success at another program.

With the sudden news for Vandal basketball, only time will tell how much Tyson's departure will impact Idaho basketball in the seasons to come.

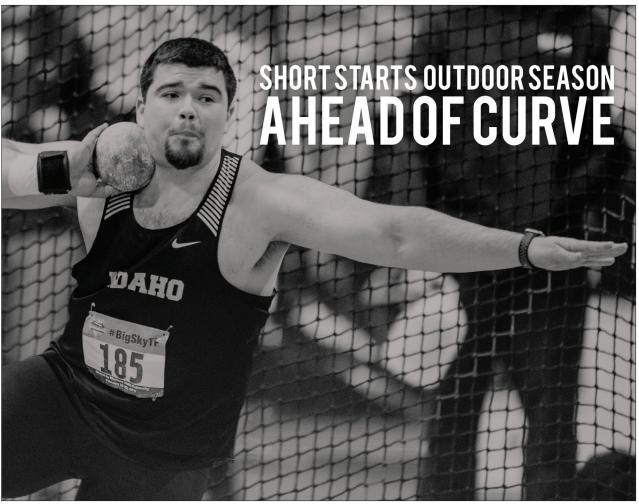
> Chris Deremer can be reached at arg-sports@uidaho.edu or on Twitter @chris_DEREMER



Chuck Staben



TRACK AND FIELD



MSU Photo Services, Alex Brizee | Argonaut

Idaho shotput athlete ready for season success

After a remarkable indoor season, Short looks to build upon success into the outdoor season

Meredith Spelbring Argonaut

Zach Short spent his 2019 indoor season moving from one personal best to another, eventually making his way to the 2019 NCAA Indoor Track and Field Championships. While the improvements themselves did not come as a

shock, Short said the numbers themselves did.

"I was expecting to improve, but I wasn't expecting to PR as much as I did," Short said. "Throughout the indoor season, I think we were more shooting for success in outdoor and indoor went way better than I expected so I am not sure what to expect for outdoor, but I am hoping it is better."

Short started the season by crushing his previous personal record, throwing 18.97 meters at the Lauren Mc-Cluskey Memorial Open Jan. 12, breaking the Big Sky record for shot put as well. To follow it up, he set a new conference and personal record at the D1 Invitational Team Challenge with his first throw of 19 meters.

Then he did it just one more time at the Big Sky Indoor Track and Field Championships, with a throw of 19.81 meters.

"It is definitely a goal that I had for the next two years, I wasn't really shooting for it this year," Short said of his record-breaking performances. "But it happened and it just feels really good to be ahead of schedule in a way. Just to have those accomplishments, it's a good sign that I'm doing the right things and my hard work is paying off." Short's success, while exciting, did not come as a huge surprise to Tim Cawley, Idaho Director of Track and Field/Cross-Country. "He is a fantastic competitor, so it doesn't surprise me that he put it together when the meet came as well. I don't know if I fully expected 19.81 meters, but it doesn't necessarily surprise me. The whole goal was setting him up for outdoors, so we are a little ahead of the game from where we thought we would be right now." After breaking his own records throughout the season and a first-place finish in the conference championships, Short was the only Vandal to advance to the NCAA Indoor Track and Field Championships. "It was really neat. Just competing with the best in the nation, being at that stage and rubbing shoulders with the top guys and just seeing what they are doing," Short said.

"Just being at that big stage and competing, I think it is a great experience just for future competitions I may have at that big of a stage, I will know how to handle them, how to mentally approach things."

Short focused not only on training in the weight room targeted for throws, but focused on the mental component in the sport as well. Short said his mental preparation did not include shooting week-by-week for a new record, but keeping the long-game in mind and working to progress throughout the season.

'That was something I didn't really have last year," Short said. "I didn't really work at, talking with my coach, Brett (Olsen), just about the mental game changed it. It was just something I never done, but it helped a lot. It is kind of surprising how much of an important role that mental game really takes."

As the junior continues to grow and progress as an athlete, his leadership role and skills have grown in turn.

Short said he emphasizes leading by example, both on and off the field.

"Just learning from the experiences I've had, the struggles, all that, I can share it with my teammates and if they have similar experiences then I can be like, 'Well this worked for me, maybe it will work for you," Short said. "So just going through those experiences has just helped me a lot with my leadership and my team."

Now, he works to transition into the outdoor season

with the rest of the team.

After finishing fifth on the men's side and eighth overall on the women's side, Idaho's best finishes in the Big Sky since rejoining, the team heads into the next season with high hopes and added momentum.

"I think there is some excitement, a little more belief of, 'Hey we can make a little bit more noise here, score a few more points," Cawley said. "I think there is a little bit of excitement, a little bit of positive momentum moving in to outdoors."

As the outdoor season arrives, Short said the team as a unit feels strong and only continues to grow as it strides towards upward progression in conference.

"The environment has been getting better and better every year and we are all pushing each other and helping each other out, so I am really excited to just see kind of what that environment does for our competitions and stuff like that," he said. "I think it has been really good over these past few years and I think it is getting better."

Meredith Spelbring can be reached at arg-sports@uidaho.edu





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MARCH 21, 2019



Leslie Kiebert | Argonaut Junior defender Natalie Fischer takes the ball downfield during a game against Grambling State University.

Back and even better

Idaho soccer is heading to Pullman for the first spring game of the season

Zack Kellogg ARGONAUT

A couple months removed from an impressive 2018 season, Idaho soccer is ready to begin the growing process as the preseason arrives.

The Vandals finished last year as one of the top teams in the Big Sky conference, with stellar defense and goalkeeper play to go along with an explosive scoring attack under their first-year head coach.

"I'm thrilled of how the 2018 season went," Idaho Head Coach Jeremy Clevenger said. "Obviously we would have liked to have won the championship - but just reflecting on the staff coming in late, players and coaches trying get to know each other and implement new philosophies and structures, the players adapted well, and I thought we were playing some of our best soccer by the end of the year."

But that success is in the past now and the spring season is underway, with new goals and mindsets.

Idaho will now look to new leaders to step up within the program, having graduated nine seniors, including defenders Kelly Dopke, Anna Rose Wiencek, Claire Johnson, Josilyn Daggs, goalkeeper Makayla Presgrave and forwards Bridget Daley, Megan Goo, Kayla Watanabe and midfielder Jordyn Dion.

Clevenger said seniors Julia Byerlein and Morgan Crosby, along with junior Taylor Brust, will be tasked with filling the now vacant leadership roles, but anyone can step up to help lead this team during the learning process of spring training.

"When you lose a big and impactful senior class, I think there is definitely opportunities for people to step up and that is what we will be looking for, especially individuals in the upper class," Clevenger said.

The spring season does have a different feel compared to the fall schedule, with no stats recorded and records not carried over. It is a time to practice and work on skills in game-like environments.

"Spring ball is an opportunity, plain and simple," Clev-

enger said. "It is an opportunity for players to not necessarily hit the reset button but continue to find our identity and just grow as a team."

Spring season is not about wins or losses, but a chance to give all of the players action and get comfortable in the systems Clevenger wants to start seeing, along with simply bettering their skill sets.

Idaho will start off with what should be a solid test to get things started, going over to Pullman to meet with a talented Washington State squad, which ranked as one of the top-25

teams in the country.

"We have a lot of respect for Washington State - for us to play a team like that, it is going to be great for us," Clevenger said. "I think we can play with anybody in the country and I want our players to have the confidence to go into a game like that and be able to showcase their skills, get after it and compete."

Idaho plays the Cougars Sunday at 12:30 p.m. in Pullman. Zack Kellogg can be reached at arg-sports@uidaho.edu

ALUMNI Vandals in the big leagues

Former Vandal greats make their talents known across the globe

> **Chris Deremer** ARGONAUT

Over the past few seasons, Vandal athletics produced many great athletes who are trying to find their own paths to professional success.

Most notably, Idaho football and men's basketball's most memorable names have been making a splash in their respective leagues.

Mike Iupati — The one-time All-American guard for Idaho has been enjoying a wonderful career in the NFL. Iupati is a four-time pro bowler who was drafted by the San Francisco 49ers in 2010, playing in Super Bowl XLVII in 2012. In 2015, Iupati signed a five-year contract with the Arizona Cardinals where he earned Second Team All-Pro honors in his first season with the team. After battling injuries during the past few seasons, Iupati made his way back to the Pacific Northwest, signing a one-year contract with the Seattle Seahawks March 14. He now enters his 10th season in the NFL.

Matt Linehan — The former Idaho quarterback has finally found a home in the Alliance of American Football. After bouncing around the NFL, Linehan has found a spot on the Salt Lake Stallions in the AAF.

Led by former Idaho head coach and college football Hall of Famer Dennis Erickson, Linehan was able to provide valuable minutes early in the season for the Stallions. In his one game of action, Linehan completed seven of his 13 passes while throwing his first professional touchdown.

Austin Rekhow — The popular former Idaho punter has found his spot in the AAF as well, joining Linehan and Erickson on the Salt Lake Stallions. Rekhow sits as the starting punter for the Stallions, averaging 46 yards on 30 punts this season. Before finding his place in the AAF, Rekhow had a brief stint with the Buffalo Bills in the NFL.

Mike Scott — The former Idaho men's basketball point guard has been enjoying a career in the Poland EBL League playing for BM Slam Stal Ostrow. This season BM Slam is fifth in EBL Standings with a 15-7 record.

Scott serves as the second leading scorer in the team, averaging 12 points, 4 assists and 2 rebounds throughout the year.

Kyle Barone — Barone is making a name for himself in the ASEAN Basketball League for the Saigon Heat. Barone leads the team in points per game and rebounding, averaging 21 points and 13 rebounds. Barone also ranks third in the ABL in rebounds per game. The Heat stand at a 13-12 record and picked up a win on Sunday over the Singapore Slingers, where Barone finished with a double-double of 17 points and 11 rebounds.

Brayon Blake — A part of the former "senior six" who made a splash for Vandal basketball has found his path to playing professional basketball. Blake first found an opportunity in the NBA Summer League this past summer playing for the Cleveland Cavaliers. After his time in the Summer League, Blake signed a contract to play overseas in the Germany-BBL for Basketball Loewen Braunschweig. Blake currently provides valuable minutes off the bench where he averages nearly 10 points and four rebounds per game.

Chris Deremer *can be reached at* arg-sports@uidaho.edu



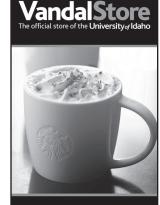
Jeremy Clevenger

PAGE 13

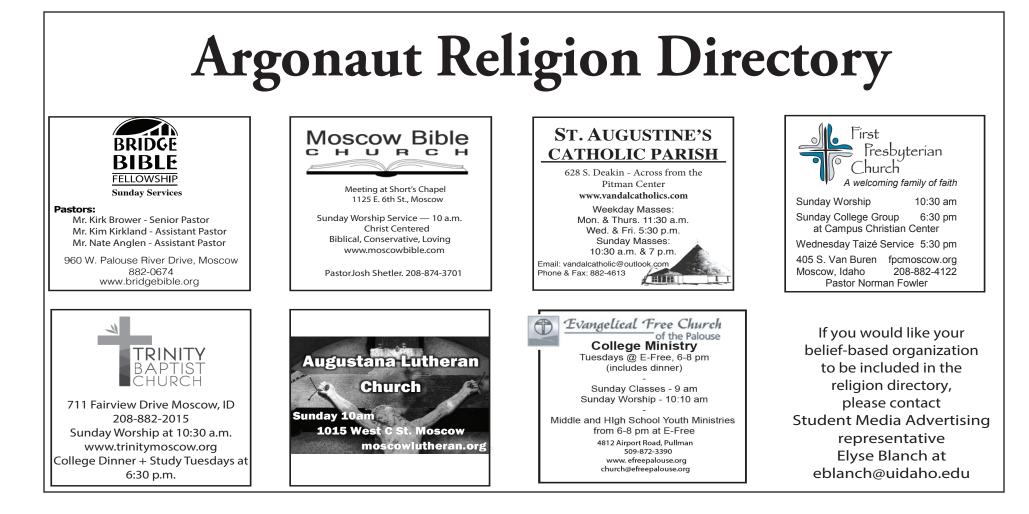
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WOMEN'S BASKETBALL **Postseason possibilities**Idaho returns to action for a second round of postseason play

Jonah Baker ARGONAUT

In spite of an early exit in the Big Sky Tournament, the Vandals are not done on the court just yet.

Idaho will play Loyola Marymount in the first round of the WNIT in Los Angeles. The Vandals were selected as one of the tournament's 32 automatic bids for each conference's regular season champion.

The berth is Idaho's second consecutive appearance in the WNIT and the fourth straight postseason invite for the Vandals.

"We couldn't be more excited to play in such a prestigious tournament as the WNIT," head coach Jon Newlee said in a news release. "I know Charity (Elliott) does a great job with her program and we are looking forward to playing such a talented and well-coached team."

Loyola Marymount started the season strong with wins over UCLA and Arizona, but struggled to find consistency in a remarkably rugged West Coast Conference. The Lions went 1-3 against NCAA Tournament qualifiers BYU and Gonzaga and they crumbled in the WCC Tournament to Saint Mary's with a 32-point loss in the quarterfinals.

The Lions ended the season as the sixth team in the WCC to get a postseason bid. Although not clearly superior in any statistical category, Loyola plays slow with the third-fewest points allowed per game and the fourth-fewest points scored per game in the conference.

A talented group of seniors leads the Lions in their first tournament appearance since 2004. The trio of Gabby Green, Bree Alford and Andee Velasco paced Loyola through a season full of injuries. Green missed half of the season, but her 13.5

points per game are second on the team to go along with 6.1 rebounds per game and a team-leading 2.7 steals per game. Alford leads the Lions on the boards with 9.1 per game, and Velasco facilitates the offense with a team-leading 4.5 assists per game.

lbring | Argonau

The real question for the Vandals lies in whether or not this team can recover from the devastating defeat it suffered a week ago against Portland State. The Vikings took the perfect approach to attacking Idaho and an especially off night from senior guard Taylor Pierce snuffed out any hopes of a comeback.

WOMENPREPAREFOR

FIRST WNIT MATCHUP

Finding the need for speed: In order for the Vandals to win their first postseason game since 2017, Idaho will need to be able to push their own tempo and force the Lions out of the slow pace that keeps them comfortable and successful. Much of the game will be determined early on, especially if the Vandals can break out of the shooting slump that doomed them in the Big Sky Tournament. Look for Mikayla Ferenz and company to come out with a vengeance in an effort to extend the season.

The Vandals will travel to Loyola Marymount to play at 7 p.m. Thursday March 21 in Los Angeles..

Jonah Baker can be reached at arg-sports@uidaho.edu or on Twitter @jonahpbaker

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OPINION Vandals Make WN

After a heart-breaking loss, Idaho seeks to get back on track in WNIT



ARGONAUT

Braedon Cain

Column

The Idaho women's basketball team received its third Women's National Invitational Tournament (WNIT) bid following a 20-11 campaign for the 2018-2019 season.

The Vandals came into the Big Sky Tournament as the top seed after posting a 16-4 conference record and also taking home the Big Sky Conference regular season title.

to take home the WNIT Championship.

The big difference between last year's tournament matchup and this year's is the opponents' overall talent and season record. Last year's UC Davis team had a record of 28-7 along with a 14-2 conference record – much more impressive than LMU's 18-14 conference record this year.

This is a favorable matchup this year for Idaho as the Lions gave up 65 points per game to their opponents and allowed 40 percent shooting from their opponents. But Loyola Marymount seems to excel at restricting teams from converting shots from behind the arc, only allowing their opponents to shoot 29 percent from the three-point line.

This could pose a problem for the Vandals, but with two of the best shooters in the nation in senior guards Mikayla Ferenz and Taylor Pierce, the Lions might have trouble keeping tabs on the Splash Sisters. Head coach Jon Newlee's offensive expertise might also give Loyola Marymount problems on the defensive end. The team is not coming off of a Big Sky Championship loss like last season. Getting that close to reaching the NCAA Tournament can leave a bitter taste in the mouth potentially taking away motivation to win a secondary postseason invite like the WNIT. Also, going out on a high note for Ferenz and Pierce in what could be their last games of their careers as Vandals will most likely play into how the Vandals perform against the Lions on Thursday. The WNIT games will be televised by the CBS Sports Network. Braedon Cain can be reached at arg-sports@uidaho.edu





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After an impressive victory over Northern Arizona in the quarterfinal game, Idaho moved on to face a stout Portland State team for the semi-final game.

Idaho struggled shooting from the floor in the matchup and the prolific Splash Sisters shot a combined 6-29 in the game.

The women were projected to win the Big Sky and earn an NCAA Tournament bid by ESPN and critics alike, making the loss even tougher to swallow.

The WNIT announcement came late that same night, finding out they will face Loyola Marymount University out of Los Angeles for the first round.

The Vandals also received a bid to the WNIT last year, losing to UC Davis in the first round. In their first ever WNIT appearance back in the 1986 season, Idaho swept their opponents



REMEMBERING

FROM PAGE 11

Junior quarterback Mason Petrino sat a couple lockers down from Sather in the locker room, but knew him outside of the quarterback-receiver relationship. Mason said Sather was consistently a positive and unifying character for the team.

"He just meant so much to the team, just the energy and charisma he brought around, always had a smile on his face," Mason said. "He's a tough sucker. You don't really think about people playing with cancer, you think about injuries. He played with cancer maybe his whole senior year of high school and then whole first semester of college, so he is one tough sucker."

As the news of Sather's quick death spread, support for his family and the program came flooding in from across the nation.

Washington State University and University of Montana sent flowers. Army football sent a signed football. Programs and conferences across the country reached out via social media and phone calls and messages, Idaho Head Coach Paul Petrino said.

"It just shows that everybody across the country cares about young student-athletes and everybody kind of tries to help each other," Paul said.

For Mason, the nation-wide support is a simple aide in the grieving process.

"It is just reassuring that there are other good people out there," Mason said. "College football athletes, there is not a lot of them, so it is kind of like a brotherhood. When people mourn for one, they mourn for all. It is good to see."

A painful reminder

After going through the mourning process for former Idaho football athlete Jace Malek, who also came out of West Valley High School in Spokane, Paul said Sather's death stirs up discussions of mental health and emphasis on asking for help when it is needed.

"It is something we have to keep bringing up all the time," Paul said. "It is hard to be a college student alone, and it is hard being a student-athlete. Then to get through times like this it is really hard, so we just have to keep doing everything we can to try to help everybody to our best ability we can."

After losing Malek and family members to cancer, Paul said the conversations he has had about Sather are conversations he has had before. But it is also a part of Paul and the athletic department's focus on keeping an open discussion on mental health.

"You see more guys ask for help," Paul said of the impacts of ongoing mental health focus. "The more that you see ask for help, I think the more that you know you're getting through to them a little bit. You're always just worried who is the one guy out there not asking for it that needs the help, so that is where you really try and talk to the players about look out for each other."

Working through grief

Days after Sather's death, Sather-Head made the trip to Moscow to visit the team that meant so much to her son, she said, wanting to give each athlete in the room a hug to thank them.

"I needed to tell each and every one of them in person thank you, for what they meant to my son and for how they never gave up on him, never saw losing him as an option," Sather-Head said. "It was in some ways more for me than for the team, because I wanted to meet the young men that meant so much to my son in such a short period of time."

Paul said he and the team spoke with Sather-Head, hoping to help her and her family in any way possible.

"Hopefully it helped her," Petrino said. "We will do anything we ever can to hopefully help the mom and the dad, brother, sister, step-mom, all of them. We don't always know exactly what to say or how to say it, but we are always going to do anything and everything we can because they are a great family and had a great son."

In March 2016, Idaho lost Malek to osteosarcoma a year after his diagnosis. Paul said with Malek, there was more time that simply did not exist for Sather.

Before each game, the team walks by a "Malek Strong" sign and dedicates the first game to cancer. This year, Paul said Sather will be honored as well.

"It is something that I hope that they do, because that is something that I am afraid of, that my son will someday be forgotten," Sather-Head said of the plans to memorialize Sather. "After talking with quite a few of his teammates and a lot of his friends, they assured me he most definitely will not."

A service for Sather will be held 4:30 p.m. March 29 at Millwood Community Presbyterian Church in Spokane.

> Meredith Spelbring can be reached at arg-sports@uidaho.edu or on Twitter @mere0415

STAFF PREDICTIONS March Madness

The Vandal Nation staff makes their picks for most anticipated March Madness matchup in the upcoming weeks as the tournament begins

MEREDITH SPELBRING - NO. 12 OREGON OVER NO.5 WISCONSIN

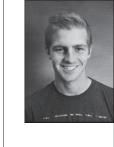
Maybe it is insanity, bu this game i Oregon adv to NCAA's. the Ducks a

Maybe it is not a huge matchup in the realm of the March Madness insanity, but anyone who follows Pac-12 basketball knows the fact this game is happening is wild. A month ago, no one would have bet Oregon advanced through the Pac-12 Tournament, let alone advanced to NCAA's. They have a toughness and fight about them that makes the Ducks a fascinating program to follow. My guess is they will be the team to beat for a couple rounds.



CHRIS DEREMER — NO. 13 NORTHEASTERN OVER NO. 4 KANSAS

Statistically, a 13-seed has beaten a 4-seed 24 out of 34 years, with two 13-seeds pulling off the upset last season. The Huskies are a veteran team who can shoot the ball well from behind the arc, and with the young Jayhawks struggling this season, Northeastern could pull off the unthinkable amongst the madness.



JONAH BAKER – NO. 7 WOFFORD OVER NO. 2 KENTUCKY

Assuming that both teams win their first-round matchups, the Terriers should be in a great position to upend the Wildcats in a second-round matchup. Wofford has not lost a game in 2019 and was the only team to win every conference game, and their canine mascot brings to mind another historic upset from last year's tournament. The Terriers are far more qualified than 2018's UMBC, and sharpshooter Fletcher Magee (yes, that is his real name) could flip any matchup.



ZACK KELLOGG – NO. 11 SAINT MARY'S COLLEGE OVER NO. 6 SEED VILLANOVA

Saint Mary's is in the prime position to take down the Wildcats in this first round matchup. Getting an upset win over a now one seeded Gonzaga team in the WCC championship game, thanks in large part of their defense, has put the Gaels in a terrific spot to pull of an early upset up the Wildcats. With Jordan Ford and Tanner Krebs being tremendous scoring threats to go along with SMC's stellar defense, expect Villanova to be out early.



JORDAN SMITH – NO. 13 UC IRVINE OVER NO. 4 KANSAS STATE

While there is a notable difference in the difficulty of schedules between these two, UC Irvine is riding a 16-game winning streak into the Big Dance, and has a great stage to showcase their veteran talent against a tough Wildcat team. Look for UC Irvine to play a high riskhigh reward style of play that can propel them into the Sweet 16.



The official store of the University of Idaho





@HEADSATHER TWEETED:

"Cancer took my baby, but my baby was able to give sight to someone because he was an organ donor, and cancer couldn't take everything from him - SO PROUD of that!"
— Sather's legacy will live on. As an organ donor, Sather's eyes will be donated to those in need.

@EVANDANIELS TWEETED:

"Sources: Idaho freshman guard Cameron Tyson will transfer. Averaged 13.5 PPG. Made 106 threes and shot 42.9% from behind the arc."

—It will be a difficult loss for the young Idaho team as Tyson seemed to be a future leader for the Vandals.



@VANDALSWBB TWEETED:

"Game on! Idaho is headed to LA to face Loyola-Marymount on Thursday, March 21. Time is TBD. #GoVandals #NotDoneYet #WNIT" —It was later announced the Vandals will play 7 p.m. Thursday, giving the

Splash Sisters another shot to play in the Silver and Gold.



@VANDALFOOTBALL TWEETED:

"About that time again! One week until spring practices start." —With spring football around the corner, the Vandals will have a chance to build off of last season and play for contention in the Big Sky.





G Ο Ν R А U Т JPINION

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Send us a 300word letter to the editor. ARG-OPINION@UIDAHO.EDU

EDITORIAL Callahan for president

UI saw strong candidates for the UI presidency, but Christopher Callahan is the president we need

It has been 300 days since we first learned of University of Idaho President Chuck Staben's "mutual decision" with the Idaho State Board of Education to step down as president by the end of the year.

Since then, students, faculty and alumni have all been wondering who will come next. Who will get the chance to pull UI out of its decades-long slump with university presidents, highlighted by a strenuous last two years at the administrative level?

DI TORIAL BO As the end of March draws near, the upcoming decision by the SBOE on who will take over as the University of Idaho president looms.

Before Spring Break, the UI community was given a brief glimpse into each of the prospective candidates bring to the table. And while Diane Chase, Elizabeth Spiller and Scott Green each gave intriguing arguments as to why they should be selected as UI's 19th president, only one candidate proved capable of leading UI into the future and beyond: Christopher Callahan.

The candidates brought an array of thoughts to the table during the week of visits, but Callahan brought something refreshing, honest and sincere — he wants to be one of us.

"I don't want to be a university president. I want to be the president of this university," Callahan said.

During his open forum, Callahan said he reached out to the

POLITOON

university rather than the search committee reaching out to him. Callahan saw something special in our community and he took the opportunity to learn more about it.

When Callahan fielded questions about presidential longevity, he asked us to look at his track record. A first-generation college student, Callahan worked at the University of Maryland, another land-grant university, for 15 years. For the past 13 years, he has been at Arizona State University.

The connection between a student-run newspaper and a candidate who served as founding dean of the Walter Cronkite

School of Journalism and Mass Communication at ASU seems like an obvious one, but Callahan's background as someone capable of growing academia from the ground up with transparency and care for all students is extremely important.

We understand the excitement surrounding a possible alumnus in Scott Green as this university's next president. And the possibilities of bringing female leadership to the highest position at the university with Diane Chase or Elizabeth Spiller would be wonderful for UI.

However, Callahan's genuine, engaging and charismatic personality brought a sense of renewed hope to a university dragged down by a stagnant administration.

Callahan embodies the tight-knit community values essential to Moscow along with the much-needed change this university deserves.

- Editorial Board





What's your favorite thing to do when spring arrives in **Moscow?**

Do you hear what I hear?

You know how sometimes silence can be deafening? I never really understood that until I experienced Moscow winters. The simple sound of birds in the morning lets me know warmer days are ahead. - Brandon

Warm grass, good books

The admin lawn — when it finally thaws — is my favorite spot to read this time of year. People watching and a good book is good for the soul. Just try it. – Hailey

Sunny days

When the sun comes out and the warmer weather hits, I love to sit out in the sun and work on homework. That way I get work done and get my vitamin D — oh and sometimes a sunburn.

Lindsay

Sun's out, Birks out

As the spring sun comes out more and more, so do my Birkenstocks much like the hibernating traternity men and their sound systems. Granted, my Birks still make an appearance in the winter, but now, I don't have to rock them with socks.

0000000 000000000000 Joe Idaho State **Riley Helal** Vandal **Board of Education** tion for Life

COLUMN

Bleeding for a cause Society needs to put a stop to the stigma, shame surrounding discussions of menstruation

Olivia Heersink Columnist Argonaut

Last month at the 91st Academy Awards, the film, "Period. End of Sentence," won for best short subject documentary.

Directed by Rayka Zehtabchi, it focuses on "the rural village of Hapur, outside of Delhi, India, (where) women hope to make feminine hygiene supplies easily available and end the stigma surrounding menstruation, which often results in girls having to drop out of school," the Oscar's website notes.

After the award was announced, Zehtabchi and producer Melissa Berton took the stage with other members of the crew.

"I can't believe a film about menstruation just won an Oscar," Zehtabchi said.

And truthfully, I couldn't either, which caught me off guard.

It's not that I personally, find the topic of periods difficult - quite the opposite actually. Menstruation has often been treated as a taboo subject, with both men and women being taught that it's inappropriate or gross to discuss despite being a natural part of life. While stigma surrounding periods exists in the United States, it's even more prevalent across the pond, especially in more religious nations such as India, which is shown in Zehtabchi's film.

Today reports, "Many women in India use old cloths for sanitary protection, often reusing them. And an estimated 88 percent of women in India sometimes resort to using ashes, newspapers, dried leaves and husk sand to aid absorption, according to a 2015 study on menstruation myths."

These women are forced to resort to these options — most unsanitary and potentially dangerous — because their culture perpetuates the belief that females are "impure when they are menstruating — (preventing) them from going to school, praying in public places or other parts of daily life."

"I studied until I reached middle school, but when I started having periods, it became really challenging," said a young woman featured in the Oscar-winning documentary. "When I got my period, it was very tough for me to change clothes. I had to go somewhere far off."

Again, people in these countries clearly are affected much more by the stigma around periods than us. But how can we expect to help women in countries such as Society needs to put a stop to discussions of menstruation

India if our own nation isn't comfortable having these conversations?

"A period should end a sentence — not a girl's education," Berton said during their acceptance speech Feb. 24.

And I couldn't agree more. So, let's start talking about them — all of us.

Documentaries such as Zehtabchi's are a step in the right direction, but again, these conversations need to be had by more than just the Hollywood Foreign Press Association.

No woman should have to feel shame in regard to something she has absolutely no control over, and everyone needs to realize that.

These changes don't occur overnight. They start small, but they also need to occur while people are young in order to foster an entirely new culture of belief.

Don't just teach young girls about periods, isolating them from their male peers. Talk to boys, as well.

If we are able to do that, then we can begin to affect changes across the globe in places such as India, or else we are just hypocrites and ignoring the plights of women everywhere.

Periods won't go away, so why not normalize them — finally.

Olivia Heersink can be reached at arg-opinion@uidaho.edu or on Twitter @heersinkolivia – Olivia

A bronzed goddess

Growing up in Miami I never had to deal with pale months or different foundations based on the weather. I'm ready to put down the nude foundation and let my olive skin glow like she's supposed to.

– Alex

A simpler commute

Snow and bumpy ice along the roads and walkways did not make for an easy walk to or around campus. I definitely enjoy not having to budget in "slip time" to my commutes anymore.

– Meredith

Dad status

There's no season like barbecue season. Burgers, kabobs, and just enough sun to justify breaking out the Wayfarers.

-Jonah

Stay motivated

It's much easier and more fulfilling to pick up food when the weather is warmer. Without scraping off ice or driving through snow, my Wendy's trip can be shaved down to about 10 minutes.

Still scamping



Jonah Baker Columnist ARGONAUT

It would be a stretch to say there may be no better time to be a scammer, but there certainly is no better time to be into scams.

The art of the scam peaked in the late '90s and early 2000s, but the recent escapades of Elizabeth Holmes and Martin Shkreli, among others, have reemphasized just how much America loves the story of a good scam. Obviously the tricks are getting more complex as our society progresses, but the fact that scams continue to hurt us and provide fodder for good documentaries implies that we just aren't learning enough from our mistakes.

Take for example the case of Theranos and Elizabeth Holmes. Now that we are hundreds of articles, a podcast series and a documentary removed from Holmes' billiondollar scam of investors and patients, it is remarkably clear that the general public is thirsting for the next healthcare silver bullet. There is no shame in trying to find the next thing that will improve our quality of life, but all the postmortem on Theranos indicates we as a society still jump the gun whenever the newest end-all for healthcare comes about.

Holmes had a grand vision for something that would be as revolutionary as the telephone itself. With a name reflective of such lofty ambitions, Theranos welcomed investors in with the supposed ingenuity of the Edison, a device that could run hundreds of tests with a noninvasive pinprick of blood. Rarely considering the leaps in technology that would be required for such a device, investors plugged millions into Holmes' scheme to the point that the Edison actually made it into practical use. Complete with dangerously inconclusive results, hundreds of patients trusted the device to give them critical information that was just not possible with Theranos' "technology." Holmes eventually faced the music and is nowhere close to the Silicon Valley wunderkind that she used to be, but why do we continue to

fall for scams like these?

Scams have come a long ways from the days of Bernie Madoff and Jordan Belfort. Although our regulatory agencies may not be the best at pro-action, they do a commendable job of trying to make sure the same mistakes don't happen twice.

Madoff's Ponzi scheme has had no rivals in the years since its discovery in late 2008, and instead our more modern "scam" comes from better intentions gone awry.

Holmes' vision was never going to come to fruition, as was made clear by plenty of Theranos defectors that were profiled in ABC's documentary, "The Dropout." In this case, it was the wealthy elite that got Theranos off the ground and allowed her company to sell the dream to the general public. From a regular person's perspective, why wouldn't you want access to technology that took an invasive and cumbersome process like blood drawing and made it cheap and accessible? Why wouldn't you want to believe that the next face of human innovation was a young woman? These are exactly the sentiments that Theranos and investors were

Years after Bernie Madoff, America still has much to learn about scam defense

betting on, and it worked for years until the results finally started to come in.

In this case, it was the powers that be that failed the public and allowed many patients to fall into a dangerous scheme that put their health at risk.

Theranos' technology never should have made it out of research and development, and even there it was failing. The possibilities of growth and profit were far too great to pass up, and people were hurt as a result.

The scams of today capitalize on our faith in systems within capitalism that should protect us from fraud like Theranos. That is a far cry from the far more personal frauds that ravaged life savings and families earlier in the century, and just like it took a considerable amount of time for us to understand how to identify and weed out those scams, long cons like Theranos will require extremely careful reflection to ensure that such things don't happen again.

Jonah Baker can be reached at arg-opinion.uidaho.edu or Twitter @jonahpbaker

Finding space for all students



Lindsay Trombly Columnist ARGONAUT

The ICCU Arena is set to be built at the University of Idaho next year. The building's purpose is host sporting events, host concerts and also provide conference facilities.

However, UI already has the Kibbie Dome as well as the Memorial Gym for sporting event purposes. While these might not be enough to house all sporting activities, a new arena seems like a rather low priority when compared to having a specific center for students.

UI doesn't have much of an official student union space. We generally assign the Idaho Commons as such because there are places for students to sit and there is a food court and a small lounge. That is not enough.

I recently spent time with a friend in Boise State's Student Union Building. It felt like a hangout spot specifically dedicated to students. There was not just a food court, but pool tables, air hockey and even a bowling alley.

This gives students the opportunity to take full advantage of their college life. Many students go to the Commons for lunch and then head home for the day. This is not a fulfilling college experience students pay for. Having a hangout spot on campus for Vandals would make it feel more like a Vandal family as well as enrich the college experience.

Years ago, the Pitman Center served as a proper student union building. It included a bowling alley and multiple dining options. This was all taken down and now the Pitman Center is home to ballrooms for events and offices. Other than tuition payments and financial aid, students have little need to go to the Pitman Center other than to pass through to the Starbucks across the street.

Even though the Commons may be what replaced the old student union — it is not a pure student union building. Offices and classrooms take up most of the space. It is not a student space.

The university should address this problem. Building a student-dedicated space would help make up for the lack of entertainment around the Palouse. There are few options for students under 21 to partake in Moscow on a regular basis, which could lead them to make unhealthy choices out of boredom.

Considering money is always an issue when it comes to new buildings, I can only imagine the cost associated with constructing something new on campus. However, the ICCU Arena is projected to cost \$46 million, according to Argonaut reporting.

Finding space for a student union building should be a priority at UI

When people care, the money can be found — even if it is difficult. The arena would largely serve athletes and sporting events, but it wouldn't be something for everyone to enjoy at all times.

A student union building should be something all students could use — whether they like playing games, watching movies, or playing video games.

Is space an issue as well? If lack of space is a problem, why not use the Tower Lawn? This would be the perfect space for freshman students to hangout and have fun not worrying about the locks on resident hall buildings. It would also give them a healthier outlet for entertainment.

Students are the heart of every university. It's important to give them a space of their own.

> Lindsay Trombly can be reached at arg-opinion.uidaho.edu









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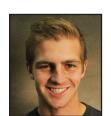


*furnishings not included

PAGE 18

COLUMN

Crass culture



Jonah Baker Columnist ARGONAUT

With another awards season behind us, it always seems prudent to look back on the year that was. The Grammys and Oscars allow us to trumpet the accomplishments of the arts, but rarely do we get such opportunities to chortle at the missteps as well as the masterpieces.

Now that we are a full two months into 2019, enough time has passed to look back on the worst of the worst in 2018. There were plenty of lows in a truly tumultuous year, so let us take this opportunity to celebrate the fact that these debacles are behind us.

Worst celebrity: Logan Paul

This one comes without debate. Logan Paul had arguably one of the worst years of any celebrity in 2018, which is all the more impressive when you consider that Mark Zuckerberg continued to be Very Mark Zuckerberg and Roseanne Barr torpedoed her return to fame in no fewer than three separate instances. Paul had already set himself up for disappointment based on the fact that his target audience is 12 years old while his antics call to mind the most unhinged frat bro ever. Even with that disadvantage, Paul made a fool of himself in January 2018 by uploading a video in

January 2018 by uploading a video in which he and his cronies found the body of a suicide victim in Japan and proceeded to make jokes and cause irreparable damage to Paul's brand and even put a strain on U.S.-Japanese relations.

Many lost subscribers and sponsors later, Paul proved to learn little and posted a video that included jokes about the tide pod challenge and cruel treatment of animals. YouTube temporarily suspended his advertising revenue and cemented his status as one of 2018's worst.

Worst film: Gotti

Feel free to forgive yourself if you don't remember this movie. I had to go back and sift through John Travolta's latest comeback attempt, but I must admit even the briefest of research will suffice for this category. The movie received a perfect 0 percent on Rotten Tomatoes and led all 2018 movies in Golden Raspberry nominations with six. The film resulted in a \$5.6 million loss for Vertical Entertainment and Movie-Pass Ventures, and just about everyone involved deserves blame.

It certainly feels as if mob boss biopics are always chasing the "The Godfa-

Last year's worst culture bombs can finally be put to rest

ther," but "Gotti" may be the furthest thing from an unrefusable offer. It seems impossible to believe that Travolta played such a polished role in "American Crime Story," but otherwise it seems impossible to bet on anything Travolta is involved in going into 2019.

Worst album: RECKLESS by NAV With an unmissable nasally voice, NAV spent most of 2018 trying to be taken seriously as another R&B artist from Toronto, not as moody as The Weeknd and not as preposterous as Drake. RECKLESS was the laborious result of his unfortunate approach. In an already overpacked scene, NAV brought nothing innovative to the table and clearly suffered without the co-authoring and producing help of Metro Boomin from his prior release. RECKLESS proves that there is no end to NAV's moodiness, and no feature is going to save an album that will ultimately prove easy to leave in 2018.

2019 has already brought us a fresh batch of controversy and conflict, but at least we can firmly say that the (relatively) new year will require zero attention paid to these works of 'culture.'

> Jonah Baker can be reached at arg-opinion@uidaho.edu or on Twitter @jonahpbaker

GUEST VOICE Lead by example

UI needs a president that will care more about the university community than the current administration



Ryan Benson

Broadcast & Digital Media Student

As a graduating senior at the University of Idaho, I've begun reflecting on my Vandal experience.

Fueled by the growing feud between the university and associate professor Denise Bennett, I'm frustrated with the way my school has represented itself. I'm concerned for the reputation of my education. I'm disappointed with the lack of administrative support for students and employees who speak up. I did not enroll at the University of Idaho to be held back and silenced.

Point-blank: I'm afraid for future Vandals.

Last year, the university spent over \$100,000 to "refresh" UI's brand, according to a Moscow-Pullman Daily News report. One may recognize the new logo or brighter gold color, but we also have newly redeveloped statements of culture: we are leaders, not dismissive. Open, not aimless. Agile, not disconnected. Do these values exist only in print, not practice?

The UI administration, led by Chuck Staben, has barred Bennett from campus for a year.

He effectively placed this on the honey-do list of the next president.

The university pulled the trigger on an alarming Vandal Alert hours after a depthless threat assessment meeting based on a months-old police report and speculation of mental health concerns. Why is there no internal push for Staben to clean up? Is this accountability?

The University of Idaho was founded before the state itself, launching a movement of groundbreaking leadership. Where has that gone?

This university has had 18 full-time presidents since being established in 1889. Five have served since 1995. As we prepare to welcome yet another president, I'm asking decision makers to commit to appointing a leader: someone accountable, who isn't afraid to learn from mistakes.

I can only hope that our administration truly invests in the Vandal Family — with more than just words.

Letters to the editor can be sent to arg-opinion@uidaho.edu

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Moment of Silence







Alexis Van Horn | Argonaut



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— Sy<mark>lvia</mark> Plath

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