

Argonaut

THE UNIVERSITY OF IDAHO

FOR, OF AND BY THE STUDENTS SINCE 1898



A view of Mary E. Forney Hall where the counseling and Testing Center is housed, Wednesday.

CAMPUS

CTC fills psychiatry void

Counseling and Testing Center fills vacancy for full-time psychiatric care position

Ellen Dennis
ARGONAUT

The University of Idaho Counseling and Testing Center (CTC) hired a new board-certified psychiatric nurse practitioner in August after five months with no full-time psychiatric care-provider. Three new staff members were also hired late summer.

The newly hired practitioner, Clint Emmett, began seeing patients in mid-August. He will work year-round with an estimated 375 students to prescribe treatments and field questions about psychiatric treatment options, CTC Director Greg Lambeth said.

The CTC currently has 17 full-time clinicians with the additions of Emmett and other new staff members.

“Emmett will also be working with us on some of our outreach and programming around stigma and help-seeking behaviors as well,” Lambeth said. “He’s very excited about being out in the campus community, meeting with student groups, doing presentations and interacting with students in various ways.”

The former psychiatric nurse practitioner, Jennifer Wilkinson, resigned last March, leaving a vacancy which took the university five months to fill. During this transition period, recent UI retiree and board-certified psychiatrist William Cone returned March 18 with a contract to provide part-time psychiatric services on campus two days a week through the end



Clint Emmett

of August. The CTC also partnered with Moscow Family Medicine and Gritman Medical Center to ensure complete service, Lambeth said.

The average wait-time for a counseling appointment at the CTC is currently two weeks, with over 1,300 students served and 10,000 appointments scheduled each year, he said.

Wait times can vary day-to-day based on openings and cancellations.

There are additional resources available to promote health and safety for campus community members. In addition to scheduled appointments, the CTC has a clinician specifically assigned to meet with students for walk-ins nine hours a day. In the case of a crisis occurring after hours or on a weekend, students have phone access to 24-hour clinicians if they call the CTC main phone line. In these instances, the CTC will reach out to follow up with students the next day it is open.

“There’s a program we contract with to provide this overnight coverage,” Dean of Students Blaine Eckles said. “If the student calls in at 2 a.m., they can talk to someone (a clinician) on the phone, then that person will typically send a report back out to the counseling center the next day for additional follow-up.”

If a student sees a campus community member in distress or danger, they can file a VandalCARE Report online or via phone, processed through the Dean of Students Office.

“We have staff that are designed to immediately review those (care reports) and follow up and respond,”

Eckles said. “Many times students don’t know how to help someone, but they want to let someone know, they just don’t know how to do it. Filing a care report is really important.”

Every September, the CTC partners with Vandal Health Education, the Women’s Center and the Dean of Students Office to recognize National Campus Safety Awareness Month to host a series of events, workshops and presentations around campus. This year, the university renamed September Katy Benoit Campus Safety Awareness Month to honor former student Katy Benoit, a victim of interpersonal violence.

If you or someone you know is in crisis, call the National Suicide Prevention Lifeline at 800-273-8255, text HOME to 741741 or the UI Counseling and Testing Center Emergency Crisis Intervention at 208-885-6716.

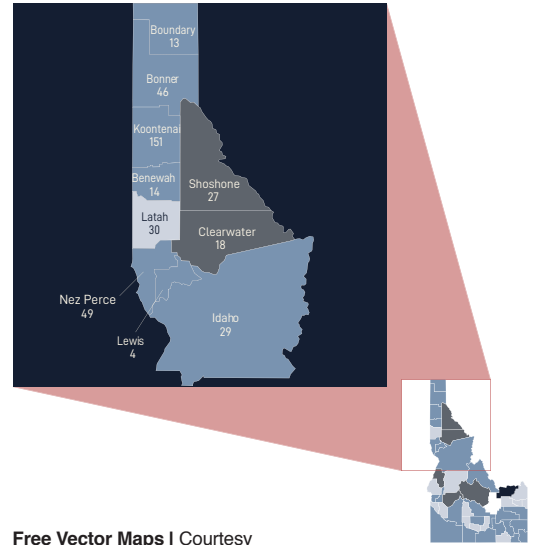
This week is also National Suicide Prevention Week. Vandal Health Education and other campus organizations have partnered to organize several health and safety events.

“As Vandals we look out for one another. We’re a part of the Vandal family,” said Eckles. “Students are a huge part of helping address the mental health concerns we have here on campus, so if they see something, they need to say something.”

Ellen Dennis
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Information provided by the Idaho Department of Health and Welfare

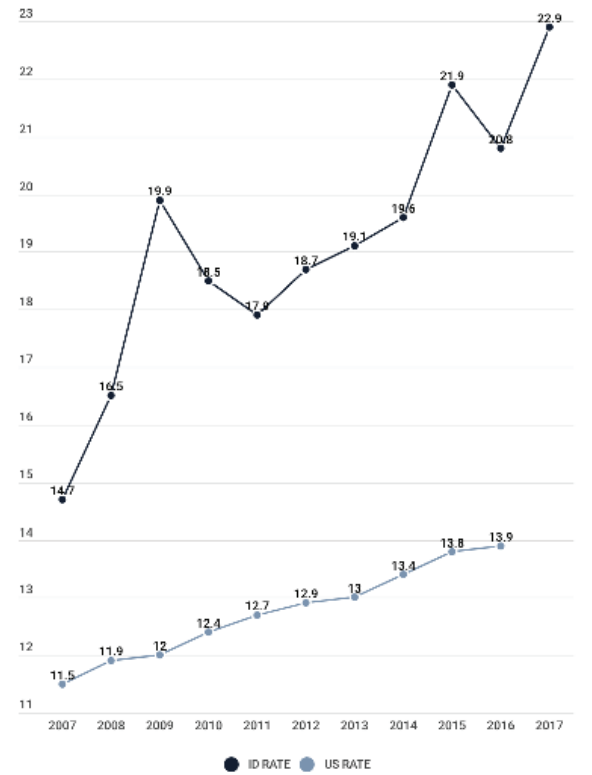
Idaho suicide rates per county from 2013 - 2017, with number of suicides per county



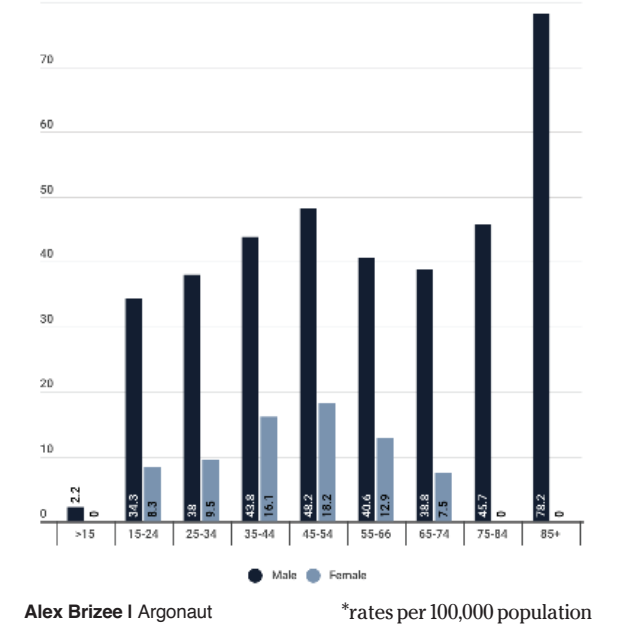
Free Vector Maps | Courtesy



Idaho & US suicide rate compared from 2007 - 2017



Idaho suicide rates by age and gender from 2013 - 2017



Alex Brizee | Argonaut

*rates per 100,000 population

CAMPUS

UI employees to expect higher rates for healthcare coverage

Important benefit changes are coming to university employees in January 2020

Angela Palermo
ARGONAUT

Along with a slew of changes the new year brings, University of Idaho employees will see one significant difference — an increase in their healthcare costs.

While medical plan rates for most employers in the area have steadily increased over the last few years, the amount paid for university medical coverage has stayed the same, until now.

“The changes affect faculty and staff

who are benefit-eligible and covered by the University of Idaho Employee Health Plan,” said Brandi Terwilliger, university director of Human Resources.

These adjustments, effective Jan. 1, 2020, include higher annual deductibles, cost-share maximums and co-pays, along with changing the amount university employees will pay for medical, dental and vision coverage. The extent of this increase is still being determined, but will be announced when annual enrollment begins Oct. 21.

The increase in costs is largely due to a projected general education budget deficit of \$14 million in the coming year. State health insurance funding to the university is expected to decrease by \$1.2 million and

employee benefit expenses are expected to go up, to the tune of \$5.9 million.

“Rate increases for 2020 are necessary to keep up with claims experience and address a state budget reduction to the university for benefits,” Terwilliger said. Annual enrollment for 2020 benefits will be Oct. 21 to Nov. 5.

Angela Palermo
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arg-news@uidaho.edu



A view of the UI Student Health Center. Valerie Blackburn | Argonaut

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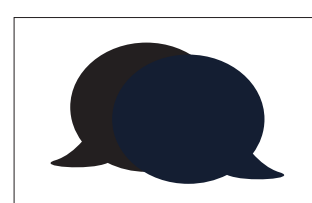
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CTC takes step in right direction, but could do more. Read our view.

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RECREATION & WELLBEING

Vandal Health Education

Register at uidaho.edu/5k

Saturday, Sept. 14

Fun run/walk starts 10 a.m. at the Student Rec Center

Cost: \$7 | U of I Students \$12 | Non-Student

Outdoor Program

OPEN KAYAK POOL SESSION

7-10 p.m. at the U of I Swim Center

Dates: September 18, 25 & Oct. 2

Cost: \$5 (pay at pool)

visit at the Outdoor Program Office for more information

Intramural Sports

ENTRY DUE DATES

- Cornhole** Thurs, Sept 12
- Doubles Tennis** Thurs, Sept 12
- Frisbee Golf** Thurs, Sept 12
- Spikeball** Thurs, Sept 12

For more information and to sign up:
uidaho.edu/intramurals

Outdoor Program

Women's River Canyon Backpack Trip

Selway River, Idaho

Trip: September 21-22

Cost: \$40 | Student \$60 | All others

Sign-up at the Outdoor Program Office located in the Student Rec Center

Vandal Health Education

MENTAL HEALTH FIRST AID FOR FACULTY/STAFF & STUDENTS

Faculty/Staff
September 24 & 26
8:30 am - 1:30 pm
SRC Classroom

Students
October 28 & 29
4:00 pm - 8:30 pm
SRC Classroom

*Dinner included with training

Pre-registration required at:
www.uidaho.edu/mentalhealthfirstaid

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University of Idaho
Recreation and Wellbeing

uidaho.edu/recwell



UI Recwell

A Crumbs recipe

Veggie and couscous bowl

Being a college student is rough enough, now try being a broke vegetarian college student. It's not easy, but this meal is. This quick veggie and couscous bowl will have you eatin' healthy and save some much needed money.

Ingredients

- 1/2 cup couscous
- 1/4 onion
- 2 cloves of garlic
- 1/2 green pepper
- 1 veggie sausage
- 1/4 can of chickpeas
- 1/2 cups of water
- Verde Sauce

Directions

1. In a saucepan cook onions, garlic and peppers.
2. Bring a pan of water to boil.
3. Once onions, garlic and peppers cook add in chopped veggie sausage — or whatever meat you might like — and chickpeas.
4. When water reaches a boil add in couscous and turn off heat. Letting water and couscous steam under a lid.
5. Once couscous absorbs the water use a fork and fluff it.
6. Add couscous and veggie sausage mixture together in a bowl.
7. Dab Verde sauce to your liking.



Prep time: 20 minutes
Servings: 1-ish

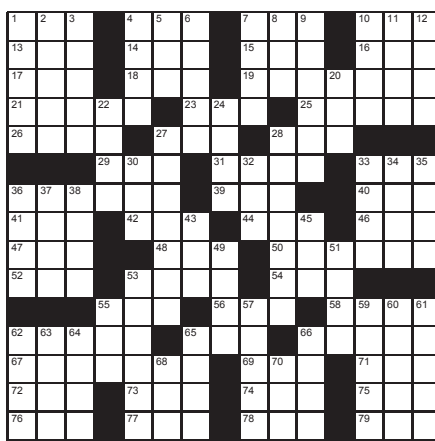
Alex Brizee | Argonaut

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crumbs@uidaho.edu

CROSSWORD

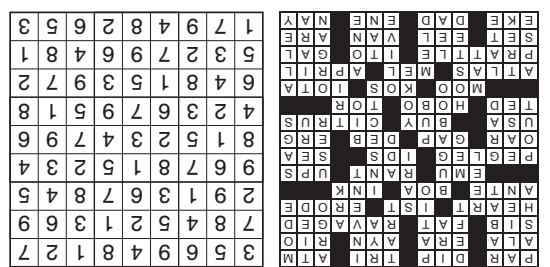
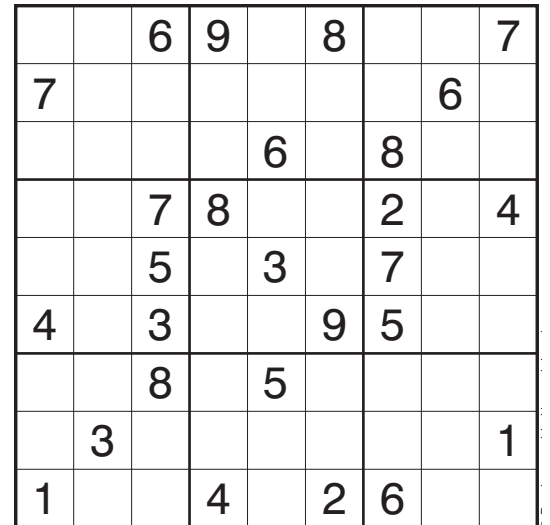
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SUDOKU



LETTERS to the EDITOR

Send Us A 300 Word Letter, Voice Your Opinion

Arg-opinion@uidaho.edu

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CORRECTIONS

THE FINE PRINT

UI STUDENT MEDIA BOARD

The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office on the Bruce Pitman Center third floor.

The Argonaut welcomes letters to the editor about current issues. However, the Argonaut adheres to a strict letter policy:

- Letters should be less than 300 words typed.
- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, label and clarity.
- Letters must be signed, include major and provide a current phone number.
- If your letter is in response to a particular article, please list the title and date of the article.
- Send all letters to:
301 Bruce M. Pitman Center
Moscow, ID, 83844-4271
or arg-opinion@uidaho.edu

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Create a HEALTHIER and SAFER campus environment

KATY BENOIT CAMPUS SAFETY AWARENESS MONTH

*How to Let Someone You Know
you CARE by Filling a CARE Report*
Commons Clearwater Room
Tuesday, Sept. 17th, 10-11am

Sex In The Dark: Healthy Sexuality
Wallace, C-26
Tuesday, Sept. 17th, 6:30-8pm

Alcohol Screenings
Commons
Wednesday, Sept. 18th, 10:30am-2:30pm

Take Back the Night
Ag Sci 106
Thursday, Sept. 19th, 7-9pm

Responding to Disclosures of Interpersonal Violence Training for Faculty & Staff
Commons Whitewater Room
Tuesday, Sept. 24th, 8:30-10:00am

Katy Benoit Safety Month Keynote Address
Jennifer Landhuis, Director of the Stalking Prevention & Resource Center
Vandal Ballroom
Tuesday, Sept. 24th, 7pm

Dating and Relating in a Different Culture
Commons Clearwater Room
Wednesday, Sept. 25th, 6:00-7:30pm

Queer Convos: Safety & the LGBTQA Community
Student Diversity Center, TLC 229
Wednesday, Sept. 25th, 8:15pm

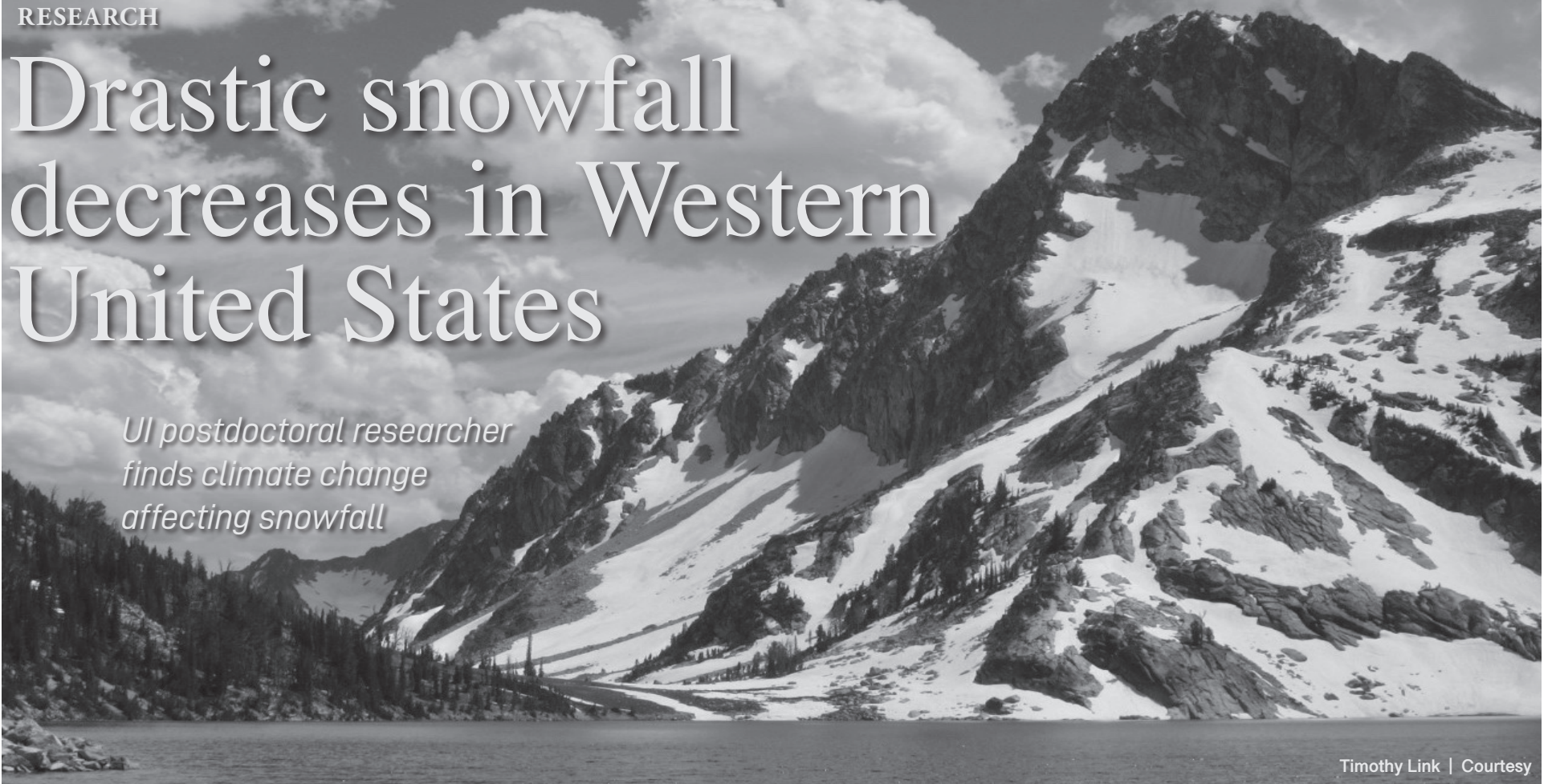
Light Up the Night: Campus Lighting Audit with Dean of Students, Dr. Blaine Eckles
Commons Rotunda
Thursday, Oct. 3rd, 7:00pm



RESEARCH

Drastic snowfall decreases in Western United States

UI postdoctoral researcher finds climate change affecting snowfall



Timothy Link | Courtesy

Alexis Van Horn
ARGONAUT

Earlier this month, postdoctoral researcher Adrienne Marshall's study was published in Geophysical Research Letters, an academic journal. University of Idaho hydrologist Timothy Link, UI climatologist John Abatzoglou and University of California Berkeley-based Christopher Tennant co-authored the paper.

The team found snow droughts, a phenomenon where so little snow falls that it historically only happened once every four years or less, are becoming increasingly common. The frequency of snow droughts depends on location, but multi-year snow droughts are becoming six times more frequent in the western United States overall, Marshall said.

The team measured snow amount in terms of how much water is available in a snowpack. Marshall explained while "snowpack" does not have a true scientific meaning, it is accurate to describe snowpack as how much snow is available in a specific location.

"In this study, we were looking both at how year-to-year variability of peak snowpack and timing of peak snowpack is changing," Marshall said. "And then specifically within that, we were looking at multiple years

of low snow in a row with the idea that if you have one poor snow year it creates some problems, but when you get multiple low snow years in a row, those problems start getting compounded."

Marshall said snow droughts can affect wildlife populations, forest health and water management. Some wildlife species, like wolverines, depend on abundant snow for their survival. Others may benefit from less snow and begin to alter the balance of the ecosystem.

Heavy snowfall serves as a natural reservoir for forests, Marshall and Link said. The snow keeps water in place for a longer period, allowing plant life of the forest access to constant hydration. Link further said the presence of snow decreases the risk of wildfires, and winter recreation could be affected.



Adrienne Marshall

An effect on river recreation and river health, along with lower river flow and warmer water temperatures, is also possible, he said. These effects could have implications on whitewater rafting season and fish habitats.

"One thing we did for this project is develop an interactive tool," Marshall said. "(We developed it) to sort of show our results and also, as (Link) mentioned, there are so many ways to look at this data that just having figures in a journal article didn't feel like quite enough." Marshall said while snow droughts are a problem

across the entire western United States, the problem may not be universal. The study did not investigate outside the West, but the team said they might see different stories based on locations around the world.

In order to prevent the low-snow problem from getting worse, climate change must be addressed, Marshall said. Solutions to climate change come in two categories: mitigation, or the prevention of climate change, and adaptation, or adapting to the irreversible changes which have already occurred.

To mitigate climate change, Marshall suggested individuals can reduce their carbon footprint and tell their representatives in government they care about climate change. To adapt to the changes, Marshall suggested those who work in fields where change will hit hard — such as farming, forestry, recreation and water resource management — learn how the changes will affect their area and how they can prepare.

The team's paper can be found as "Projected Changes in Interannual Variability of Peak Snowpack Amount and Timing in the Western United States" on the AGU publications online library. The interactive tool is available at www.snowvariability.nkn.uidaho.edu.

Alexis Van Horn
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5K

For Suicide Awareness

Cost: \$7 | UI Students
\$12 | Non-Student

First 200 to register are guaranteed a t-shirt.

Saturday, Sept. 14

Fun run/walk starts 10 a.m. at the Student Rec Center

Register at uidaho.edu/5k

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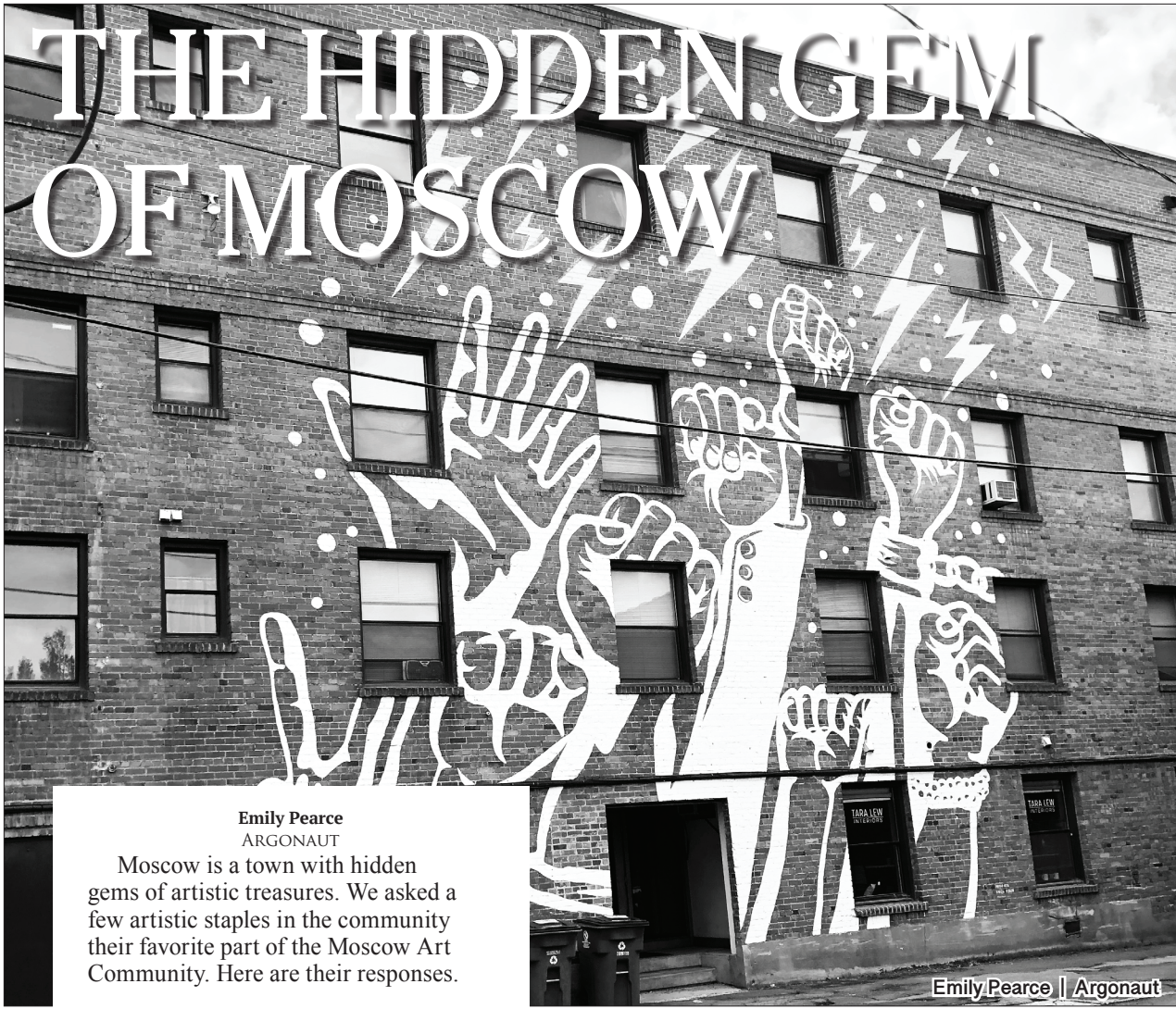
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Business	Library Science	Statistics
English	Mathematics	And More!

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Idaho State University	Boise State University

LIFE

LIFESTYLES, INTERESTS, FEATURES AND ENTERTAINMENT



Emily Pearce
ARGONAUT

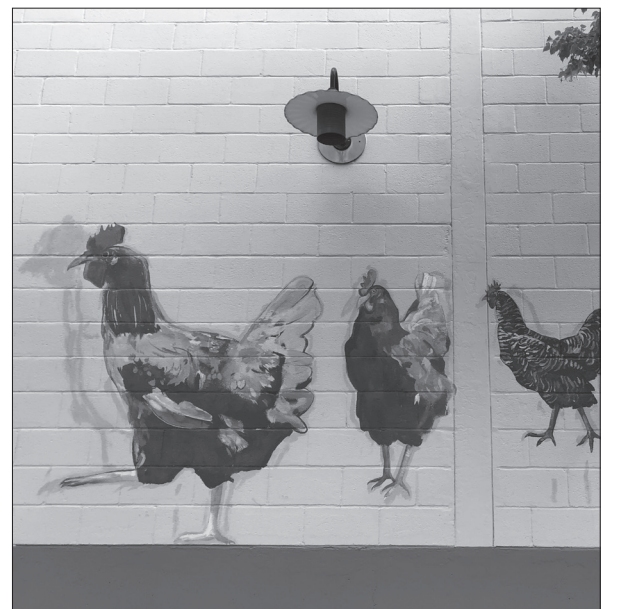
Moscow is a town with hidden gems of artistic treasures. We asked a few artistic staples in the community their favorite part of the Moscow Art Community. Here are their responses.

Emily Pearce | Argonaut

Can you locate these Moscow hidden gems?



Photos by Emily Pearce | Argonaut



“

It's not homogenous, it's not like everyone in Moscow is the same... There are conservative people here and there are liberal people here. And somehow there is enough different types of art that can kind of embrace all people.”

University of Idaho College of Art & Design Program Head Dr. Gregory Turner-Rahman doesn't live in Moscow — living eight miles down in Pullman — so he doesn't feel he can speak on the artistic scene, but he appreciates Moscow's tight-knit community especially when it comes to art.



“

I can't imagine Moscow without art. I'm an artist in a city that loves art, and that makes me feel right at home.”

City of Moscow Arts Program Manager Megan Cherry is surrounded by the arts on a daily basis. With her work with the City of Moscow and as a member of the Moscow Art Commission, Cherry focuses on bringing art programming events to Moscow and the facilitation of art within the community.



“

We do not look past local artists, but we also have a very expansive view of the artworld...We're just happy to present things that are weird and wonderful which feels comfortable and nurturing.”

Prichard Art Gallery Director Roger Rowley knows art and knows it well. Running the downtown gallery, Rowley believes the Prichard has created a venue for artists not just locally but nationally.



“

Our role, in our eyes, is to provide a place for people to play...Using art as that medium, it allows for people to express themselves creatively and visually. It's about the experience and product of the piece. We tell all our customers. We really try to bring people in and have a great time while playing with art.”

Jack Alexander, son of Wild at Art owner, said the shop gives people a place to just come and play. That their shop isn't about creating a finished piece but instead learning how to play with the medium.

L.I.F.E. HACKS

HOW NOT TO GET BORED IN MOSCOW THIS WEEK

Emily Pearce
ARGONAUT

With many things to do around Moscow, it can be hard picking out which to spend your time doing. Along with school and student life, it can be hard to get yourself out there right into the Palouse. Here are the best events going on this week — and a bit of hack into your life.

SEPTEMBER 13 The inner child inside of all of us is screaming at the fact there is a scooter trick competition Friday at the Moscow Skate Park. Fun to watch or participate, the city of Moscow is trying to see who has the best scooter skills. Will it be you?
SKATE PARK
PRICE: FREE

SEPTEMBER 14 Support your Vandals this weekend for a 5K run or a 2K walk for the “We Got Your Back” event. As a great way to get active and to support suicide awareness and bystander intervention as a part of UI's Suicide Awareness Week. The event will run from 10 a.m. to noon but make sure to arrive early to check-in by 9:45 a.m., starting at the Student Rec Center.
STUDENT REC
PRICE: \$7.00

SEPTEMBER 14 This Saturday, MTC-Reads is presenting classic plays to a new audience. The play will be “Mind Over Matter,” which is a comedy styled after “Second Honeymoon” by Claire G. Stifton, hosted by the Moscow Community Theatre. The table reading will start at 5 p.m. in Mikey's Gyros backroom.
COMMUNITY THEATRE
PRICE: FREE

SEPTEMBER 14 To end a great week, it is always encouraged to support local craftsmen, bakers and business owners of the Palouse by going to the Moscow Farmers Market. As always, the event will be on Main St. from 8 a.m. to 1 p.m. If you haven't gone already, the Moscow Farmers Market is a great scene that has fantastic food and entertainment.
MAIN ST.
PRICE: FREE

RETRO GAME REVIEW

THIS GAME HAD ME LOST IN THE TROPICS

RATING:



It's not a good game, but its not a bad game: definition of average

Zack Kellogg
ARGONAUT

For the first time in this series, I decided to not play an all-time classic game.

Although I stayed on a Nintendo console — since it's the only retro console I have — I wanted to try a game that was a bit out there compared to Zelda and Punch-Out.

"Joe and Mac 2: Lost in the Tropics" was released on the Super Nintendo Entertainment System in April of 1994 in North America.

The game was developed and published by the Data East Corporation, a company mostly known for their arcade games "Double Dragon" and "Platoon," neither of which I had heard of, but got decent reviews around their release.

The story: in the Kali Village, a caveman named Gork steals the chief's crown during the night. So the next day, Joe and Mac are asked by the chief to retrieve the crown but not until they first retrieve the seven rainbow stones, then they can confront Gork in his cave.

You go to different areas, collect the stones from different dinosaur bosses, fight Gork twice and beat the game, and that is it in terms of the story.

While there is nothing wrong with having a simple story, the lackluster gameplay and levels don't help either.

The levels are basic at best. You have the Snowy Rockies, the Deep Tropics, the Swampy Marshland and the Scarlet Carpet. While there are more levels, they are just as bland and basic as the others.

This is a 2-D platformer with a semi-open-world environment that allows the

player to pick which level they would like to play in any order.

There is also a small village where you get your password — which is how you continue if you get a game over and run out of continues — a shop, a way to quick travel to your village and a telescope to look at your house and Gork.

You can also upgrade your house and buy flowers for cavewomen — but it did not change anything in my playthrough.

The enemies you face are typical dinosaurs: little raptors, pterodactyls, piranhas and some of Gork's cavemen that can be beaten by swinging your club.

You can pick up a couple different weapon varieties, eat fruit, meat and peppers to gain a bit of health and get a spitting projectile. There are heavy clubs and an axe in difficult to reach places or secret areas of most levels that deal massive damage.

The boss fights are where the game looks to shine but it just comes up way short.

You fight different full-grown dinosaurs at the end of the game's main levels, but they can be beaten just by dodging a couple attacks and then button mashing.

There is nothing special to this game. Basic gameplay, levels, enemies and boss fights, and while it might look good for a 25-year-old game, it is easy to see why this game was lost in the tropics and to the sands of time.

I rate this as 2/5, not awful, but you won't be missing anything by not playing this relic of a game.

Zack Kellogg
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or on Twitter @kellogg_zack.

REVIEW

"Scream" Reboot Disappoints



RATING:

After years, the third season of "Scream" is finally here

Nicole Hindberg
ARGONAUT

Over three years of anticipation, the last season of "Scream," the TV series, left me excited to see what would happen next after the cliffhanger ending.

But, much to my surprise season three started with a new set of characters and storyline that didn't reference anything that happened in the earlier seasons.

I thought to myself, "Great a remake of a remake." But I decided to watch the six episodes that make up this third season anyways.

I quickly shuddered at this new season, the new characters stuck out to me the most, with the majority of their lines being flat and just plain awful.

As the series begins with the main characters in detention — a Breakfast Club style set up — my eyes rolled out of their sockets.

But what made it worse? The group named themselves the Deadfast Club after the murders started.

Beth, a horror movie fanatic who uses the tropes of horror movies to decide what the group will do next, was another aspect I had a problem with. Beth is a duplicate of a former character Noah Foster, and many characters this season follow this duplicate style.

The elements of the show that tried to mirror earlier seasons and the "Scream" movie franchise were the parts that felt the most awkward and forced.

We are in a time where things are being constantly remade and rebooted. I

get trying to introduce a beloved story to a new generation, but the remake has to be changed slightly from the original so that things don't feel awkward or forced.

This is why the first two seasons of the "Scream" TV series worked because it was different than the "Scream" movies. With multiple serial killers and the mystery of Emma's mom "dating" the serial killer who was loose when she was in high school made the show less predictable and actually enjoyable.

Don't get me wrong, the third season worked in some ways. The show would have been fairly decent if it hadn't tried so hard to be something that it just wasn't.

With aspects like a woman being the serial killer, which is unexpected as it is not overdone and gives the show a sense of diversity.

And characters who didn't try to mimic other characters in the franchise, like Kym, actually gave depth to the show and made it enjoyable to watch.

The show also explored some social issues that neither movies or the earlier seasons even touched. One of them being the racial issues that our country still faces today, as Kym is not taken seriously whenever she talks to authority figures as a person of color. So after that Kym always brings Beth with her to talk to the police officers, because as Kym says, "having a white girl around establishes credibility."

I would recommend checking this show out if you enjoy gory horror, but not if you are a diehard fan of the "Scream" franchise because you'll be disappointed like I was.

Nicole Hindberg
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Argonaut Religion Directory

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Blot Magazine Cover Art Contest

Prompt: What does it mean to be a Vandal?



Blot is looking for fellow Vandals (past or present) to show us what it means to them to be a Vandal.

Through drawing, painting, digital art, photography, whatever form you want, show us what it means to you.

The submission must be 8×10 inches in dimension. Selected pieces will be printed in the first issue of Blot magazine which will be released October 2019. The winning piece will be featured on the cover.

Submit your pieces as a PNG to blot@uidaho.edu by Sept 20th. In order to submit, you must be a current student or alumni of the university.

Sports

FOOTBALL



Wryyor Noil (left) and Michael Noil (right) practicing in the Kibbie Dome on Sept. 10.

Saydee Brass | Argonaut

‘It was just chaos’

Brothers Michael and Wryyor Noil reflect on life after Hurricane Katrina

Meredith Spelbring
ARGONAUT

Adversity to Wryyor and Michael Noil means more than overcoming a season setback or an injury.

The redshirt freshman wide receiver and redshirt sophomore defensive back reside in the inland northwest now but have not always. The brothers and their family moved out of their home state of Louisiana at the end of August 2005 — the day before Hurricane Katrina hit New Orleans.

“It was just chaos, panic,” Wryyor said of the evacuation. “Everybody was in shock. We moved before the hurricane actually touched down so that was probably more of a stressful position because everybody was getting out of the city was leaving, most of the state was evacuating. That was (really) stressful, not knowing if we was going to go. It was chaos.”

The family, including their five other brothers, left New Orleans the day before Katrina struck. After the storm had loomed for several weeks, it seemed that it was not going to hit the way it was originally anticipated to, Michael said, so when it hit land the impact was more than expected.

The family packed up the essentials in the time allowed, focusing on leaving before Hurricane Katrina hit.

“I know our mom lost our birth certificates and that, social security cards, it was a lot of stuff that was lost,” Wryyor said. “Just pack up what you need and leave.”

The family left for Mississippi that day, where they stayed for some time before returning to their home after the hurricane had done its damage.

“We were still so young, so really it was just debris everywhere, houses torn down,” Wryyor said of the aftermath. “Everybody see it on the news, and it was real, exactly what it looked like.”

Their home was gone, along with baby photos, birth certificates and all other items

that were left behind in the rush to flee the hurricane.

“Everything (was) destroyed,” Wryyor said.

After the storm hit, the family switched back and forth between Mississippi and Louisiana for several years before traveling out west to Portland, Oregon.

While the brothers and their immediate family are removed from hurricane paths now, the two still have family ties down south.

“Really just telling them to be safe. (I) talk to my family a lot around this time of year and make sure everybody is safe,” Wryyor said. “Then when something does hit, usually a hurricane hits, no matter the severity, about five or six of them a year. So just checking in on them around this time of year, making sure everyone is alright.”

The two both came out of Madison High School in Portland but sticking together to play collegiate football was not out of the plan, Michael said.

“It was really like gods plan,” Michael said. “We always talked about it though, we going to grow up, play with each other, and go to the League, play with each other.”

The hurricane that brought them to the Northwest only brought them and their family closer, Michael said. The family worked to make the most of their situation and keep their heads up, despite the adversity, Michael said.

A forced relocation due to impending natural disaster and football do not have much in common at surface level, but Michael carries it with him in his game.

“When I think about all the stuff, everything we been through, I just keep a chip on my shoulder,” Michael said. “I know what we went through, so I know that I’m already tougher than everybody out there so I just got to show it and I do the same thing in practice every day, just making sure I got a chip on my shoulder, making sure (Wryyor) keep that chip on his shoulder so we can go out there and show them, make them feel us.”

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WOMEN’S GOLF

Starting from the bottom

New head coach Lisa Ferrero's first tournament ended with Idaho tied for last place

Connor Swersey
ARGONAUT

Vandal women’s golf started their season this weekend at the Branch Law Firm/Dick McGuire Invitational, where Idaho Head Coach Lisa Ferrero made her first appearance.

The weekend might not have ended the way Ferrero planned for her debut, with the team finishing in a tie for last place.

After the top two seniors in the program graduating last year, Idaho is now lead by the All-Big Sky junior Valeria Patino. Patino is followed by sophomore Eddie Hsu. Experienced seniors Danika Palm and Laura Gerner are followed by Sophomore Vicky Tsai.

Patino led the Vandals shooting a 2-under 70 individually. Tsai followed behind her, finishing with a 3-over 75. Tsai birdied only three holes and her bogeys for the day brought her out of even territory.

Hsu and Gerner both finished the day with 4-over 76 to put the team at a 297 for the first round.

Round two proved difficult for Idaho with no players shooting under par or even with par.

Patino again lead the team shooting a 2-over 74 with Hsu and Tsai close behind both shooting a 3-over 75. Gerner and Palm both shot 4-over 77 bringing the team total for round two at a 303.

The final round seemed to be the most challenging for Idaho this past weekend.

Gerner shot a 7-over 79 with Tsai and Palm both closely following with an 8-over 80 to finish off the third round.

Idaho finished in a tie for 14th place, with Colorado State at the bottom of the leaderboard for its first tournament.

The Vandals season with their new head coach can only go up from here.

Despite the rough start, Ferrero is the perfect coach to turn the early part of this season around, as she is known as a guru of turning around struggling golf programs.

Idaho is set to play in the WSU Cougar Cup Monday and Tuesday in Pullman, Washington.

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MEN’S BASKETBALL

Idaho assistant men’s basketball coach no longer with team

Earlywine is the second coach from the program to depart within the year

Chris Deremer
ARGONAUT

Idaho men’s basketball assistant coach Kirk Earlywine is no longer with the Idaho men’s basketball coaching staff, according to Idaho Athletics on Wednesday.

Earlywine was with the team for the past seven seasons.

He is the second coach from the program to depart within the year. Former Idaho Head Coach Don Verlin was fired after recent NCAA violations on June 14. Verlin was placed on paid administrative leave on May 28, before being fired June 14.

He joined the Vandals in 2012 as the

team’s director of player development, before becoming an Idaho assistant coach.

Earlywine spent many years in the college coaching carousel with over 30 years of experience on his resume.

Earlywine handled scheduling duties for Idaho and helped build the Vandals into one of the top defensive teams in the Big Sky from 2015-2018.

The Argonaut will continue to cover this story as more updates become available.

Chris Deremer

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arg-sports@uidaho.edu

or on Twitter @chris_DEREMER



Kirk Earlywine

SOCCER

LANCERS AND HIGHLANDERS PREPARE FOR THE VANDALS

Idaho soccer goes on its final road trip before Big Sky conference play

Zack Kellogg
ARGONAUT

The rigid start to the season for Idaho soccer continues with another strenuous road trip ahead this weekend.

Sitting with a 2-4 record, Idaho Head Coach Jeremy Clevenger is on his first three-game losing streak since taking over the program in 2018.

In their last three losses, the Vandals have been outscored 8-1, with back to back 0-3 losses to Seattle University and UC Santa Barbara.

There is no reason to hit the panic button just yet. The non-conference schedule is meant to be tough and comes with its fair share of losses.

Last year in Clevenger's first season, a loss to Washington State put Idaho at 2-4-1 before its final few games before conference play.

Granted, the Vandals had one of their most experienced teams in recent years, but it was still a time to learn, adjust and set themselves up for a big year in the Big Sky.

In the words of Green Bay Packers quarterback Aaron Rodgers, "R-E-L-A-X."

Here is what you need to know for this weekend road trip to Southern California.

Youth

It's been no secret there were going to be some growing pains this year with a large wave of new players playing this season.

With 16 newcomers making their way to Moscow, there certainly has been a period of players still getting

their feet wet during the non-conference schedule.

The positive is that the returning veterans have looked to be mixing well when the freshmen are on the field.

This road trip can be looked at as the perfect time to continue to build chemistry between the players, getting on the same page with play style and in game tendencies.

Roster Movement

One of the big surprises of the season was when junior midfielder Taylor Brust was moved to center defensive back midgame against UCSB on Sunday.

Brust, who has been a mainstay in the midfield position since coming to Idaho, flourished next to senior defender Kayleigh Frederick, interjecting new energy into the defense.

This move could pan out well for the Vandals, after the loss of All-Big Sky First Team defender Kelly Dopke. Frederick and Clevenger continue to find the right formula for the back line and return to the form of last year.

UC Riverside

The Highlanders are 1-4 in their first five games this season and had a tough time getting in the right direction. Starting the year 0-4, being outscored 11-2, non-conference play put this team to the test early.

After a 1-0 win against Houston last weekend, UC Riverside is heading in the right direction and looking to go on its first winning streak of the season.

The deciding factor of this game will come down to which team can limit the miscommunication in the backline, but also take advantage of mistakes and find the back of the net.

Cal Baptist

Coming out of the Western Athletic Conference, Cal Baptist is starting the year 3-2-1, similar to its dominant 2018 non-conference schedule, going 7-1-1.



Saydee Brass | Argonaut

Junior midfielder Taylor Brust kicks the ball upfield followed by a UCSB defender.

The Lancers have already found their offensive groove, scoring 10 goals through just six games, led by three forwards, junior Rola Badawiya, junior Amy Aquino and sophomore Ari Coronado, who each have two goals a piece.

This will test Idaho's defenders, who will not be able to afford miscues like against Seattle U and UCSB.

Idaho travels to UC Riverside 7:30 p.m. Sept. 13 and Cal Baptist 1 p.m. Sept. 15 in Riverside, California.

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WOMEN'S VOLLEYBALL

SPIKES IN SIN CITY

Idaho travels to Las Vegas for the UNLV Volleyball Tournament this weekend.

Connor Swersey
ARGONAUT

After a couple of tough losses in Portland, the Vandals aim to bounce back at the UNLV Volleyball Tournament in Las Vegas.

Idaho plays three matches this weekend against UNLV, University of the Pacific and Texas Tech, in hopes to turn around its 2-4 record after the first two tournaments of the preseason.

The Vandals dropped two games this previous weekend in Portland, with junior outside hitter Avery Housley not playing with a torn abdomen.

Housley led the offense with sophomore middle blocker Kennedy Warren during the Idaho Classic Volleyball Tournament. Warren led the offense in kills throughout the Portland tournament and is stepping into big shoes that Housley has left due to injury.

Both Vandal wins were highlighted by the Idaho middle blockers — sophomore Nikki Ball and freshman Kyra Palmbush.

Ball has held the highest attack percentage on the team with a .813 against Cal Baptist and has consistent high scoring games averaging around 10 points.

Ball and Palmbush will need to hold down the net and offset the offense of the opposing matchups.

The Vandals will first take on the UNLV Runnin' Rebels (3-3). UNLV is not in the Big Sky Conference but has had experience with Big Sky foes, including Weber State and Portland State.

The Rebels beat Portland 3-2 while the Vandals lost to Portland 0-3. UNLV also played Weber State, resulting in a 3-1 loss for the Rebels.

The UNLV game should be a very good gauge of how Idaho compares to schools in bigger conferences. If the Vandals can put up a fight with the young squad, the only way to move is upward for Idaho volleyball.

Idaho will then face the University of the Pacific Tigers (3-3). Pacific also have some familiarity with playing Big Sky teams, playing the University of Montana, winning 3-0.

The Tigers could pull some surprises with Pacific being the biggest wild card as to how far this team can push the Vandals this weekend.

Finally, Idaho will take on the Texas Tech Red Raiders



Leslie Kiebert | Argonaut

Sophomore Kennedy Warren goes up for a hit Friday against California Baptist University in Memorial Gym.

(4-3), providing a great opportunity for the Vandals to play against a mighty Big 12 conference opponent.

The young Vandal team is continuing to find a groove throughout the preseason eyeing to take another level of improvement under the bright lights of Las Vegas.

Idaho's defense and offense need to work very hard to compete with some high-level teams this weekend.

The Vandals will begin play 10 a.m. Friday against UNLV in Las Vegas.

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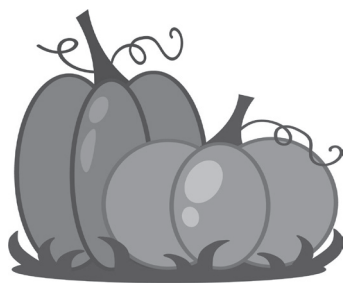
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Opinion

Send us a 300-word letter to the editor.
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EDITORIAL

A STEP IN THE RIGHT DIRECTION

A full staff at the CTC helps, but UI still needs to work on addressing student mental health needs

National Suicide Prevention Day was Sept. 10, midway through National Suicide Prevention Week.

It's 2019 — social norms are shifting and more long-overdue conversations are being had out in the open.

The conversation and stigma surrounding mental health is slowly shifting to one that is acceptable to be had out in the open.

According to the Center for Disease Control, suicide is the second leading cause of death for Americans aged 18 to 24 years old.

On a college campus, where the majority of the population falls within that age bracket, having the conversation is crucial to the health and safety of all students.

Aside from national phone numbers and resources for those who may be struggling with a mental health crisis, students have resources on the University of Idaho campus, primarily in the Counseling and Testing Center. There is a crisis hotline as well counseling services within the CTC.

Yet resources for those who are struggling with mental health and in need of counseling prior to the crisis point have been on the slim side in recent history — a shortage of staff available for counseling services makes seeing a counselor in a timely fashion a rare occasion.

To get an appointment, students have to wait about two weeks, according to CTC Director Greg Lambeth. This fall, the center has a full staff on hand to help keep the wait times down.

This window of time was by no direct fault of the university — a staff shortage is a staff shortage and something most departments on campus

face in some form or another.

While this shortage may not be completely unique to the department, the gap it creates within the university community and the needs of the students it serves is unique. Bringing on a full staff at the CTC would bridge that gap to a certain degree. However, a two week-plus waiting period can still be enough time for an individual's situation to escalate to the point of no return. While not all gaps are life and death, this one could be.

This is a particularly glaring gap given the immediacy students seeking this resource have. Roles in the Counseling and Testing Center have finally been filled.

This is about as much as students could ask for, assuming it truly does close the gap and make counseling and psychiatric services more available.

If nothing else, it is a step in the right direction. The purpose of counseling services at the CTC is to give aid to students in need before they reach the point of a crisis.

Having a collection of clinicians on tap to help students in a more immediate manner is a step toward fully addressing the mental health epidemic.

Mental health is not an issue that can be even remotely addressed with the bare minimum. Filling the gaps from the spring is a start, but mental health demands more than the bare minimum.

— Editorial Board

If you or someone you know is in crisis, call the National Suicide Prevention Lifeline at 800-273-8255, text HOME to 741741 or the UI Counseling and Testing Center Emergency Crisis Intervention at 208-885-6716.



Vandal



Voices

Quick takes from the Vandal community across social media

What are some of your personal tips/habits to help preserve and boost mental health during the school year?

Dumpster fire



— Matt Bonar

Meditation

Attending UI Mind's meditation Wednesdays.

— Tiffany Gunderson

Attendance

As an alumnus, my best advice is never skip class. Hungover go, up all night tired go, work not done go anyway, staying up to date on what's going on in class pays dividends/relieves stress. It also gives you credibility for if you need an actual sick day and/or need/want to peace out on Friday, come back late on a Monday. If the professor knows everyone is going to peace out anyway, they might cancel class.

— Gregory Tate

No surprises here

Use a planner so when you get stressed, it's not a surprise.

— Mary Hollenbeck

No title needed

Fish bowls.

— Jesse Basher

Dollar bills

Lmao, be independently wealthy.

— Tasia North

Lifesavers

My planner was a lifesaver in college. Too bad I can't figure out how to make one work for me as an adult.

— Melissa Shumake

POLITOOON



COLUMN

A pumpkin spice dilemma



Emily Pearce
Column
ARGONAUT

What would the world look like without our pumpkin spice lattes?

Get your cardigans ready, your messy buns revving and your coffees hot.

Summer is still going strong and Starbucks has already released a new pumpkin-spiced drink. Most would say the earlier the better and that it's so exciting to be back into the fall season and comfy with a warm cup of joe. Others, including me, would say it's too early to start off fall and also too early for pumpkin spice time. But we all know when pumpkin spice comes out, everything else follows suit.

Autumn doesn't start in August, so why should we be commencing it so early?

Pumpkin cream cold brew released Aug. 27. This is one of the first pumpkin-spiced

additions to be released after 2003, when Starbucks started to introduce pumpkin spice as a limited time flavor.

It's easy to think Starbucks would have released more pumpkin-spiced drinks earlier, especially when it comes down to marketing. Yet, we have waited 16 years to be blessed with another one of Starbucks' godsend.

Now, autumn begins Sept. 23. The pumpkin-spiced flavor set was released a month before fall even began. Saying the drink released too early is an understatement.

To inspect the new drink at Starbucks, I hustled through Moscow traffic to get the inside scoop on this pumpkin cream cold brew.

The drink is made with regular iced cold brew, two pumps of vanilla and a pumpkin cream topping with cinnamon on top, according to Starbucks' website. I thought the drink was going to be a lot sweeter because of the pumpkin cream on top. Once you mix it, the flavors balance out.

The drink was delicious and I would rate it four stars in taste. I do wish it had more of a pumpkin taste though.

The presentation was aesthetically pleasing — the cinnamon on top, the the slowly

mixed with the coffee, a solid five stars.

The cup also did not have a straw and had a nitro lid. It enhanced the drink's experience because the cream mixed with the coffee as you tipped the cup.

I would give this drink four stars overall because of the price. I believe Starbucks drinks are overpriced, especially limited-edition items. All in all, a very delicious drink I would recommend giving a try.

Fall is coming and there is little we can do about it. Starbucks has declared the pumpkin-spiced season gets an early start, which can be taken either positively or negatively. The only question people ask about Starbucks' new drink addition is why it took them so long in the first place to come out with another pumpkin spiced drink.

If you are willing to get through Moscow's traffic, getting the new Starbucks drink is worth every penny. Just try not to become addicted, since it's just that good.

Keep drinking your cup of joe and stay comfy, because it's already that time of the year again.

Emily Pearce can be reached at arg-opinion@uidaho.edu

TAKE BACK THE NIGHT

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