

# Argonaut

THE UNIVERSITY OF IDAHO

FOR, OF AND BY THE STUDENTS SINCE 1898



**'YOU DON'T HAVE TO BE SOMEBODY ELSE TO FEEL INCLUDED'**

Alex Brizee | Argonaut

Diversity Scholars with OMA (left) Nallely Gonzalez, Pepe Maciel, Lizette Almanza and Yanet Rosales, pose outside the Student Diversity Center Wednesday.

**DIVERSITY**

*UI students, administrators reflect on the benefits and challenges of diversity, inclusion funding*

Alex Brizee  
ARGONAUT

Yanet Rosales is far from home — 399 miles to be exact.

Rosales, a third-year Diversity Scholar with the Office of Multicultural Affairs at the University of Idaho, is from Gooding, Idaho. A proud, first-generation Mexican-American student, Rosales made the decision to leave home for a higher education at UI because of the Office of Equity and Diversity.

There are five units to the Office of Equity and Diversity — College Assistance Migrant Program, LGBTQA

Office, Native American Student Center, Office of Multicultural Affairs and the Women's Center, said Chief Diversity Officer and Executive Director of Tribal Relations, Yolanda Bisbee.



Yolanda Bisbee

With five varying offices, the priorities stay in line as the staff is trained on cultural competency and culturally responsive education, which focuses on the inclusion of language, culture and history.

The goal for these programs? To decrease the equity gap, because from a national perspective, ethnic and diverse groups' equity gaps are higher,

leaving more students unlikely to graduate. The difference between equity and equality can sometimes be misunderstood, said Lizette Almanza, a third-year Diversity Scholar with OMA.

One of her advisors, Jesse Martinez, OMA Director, explained the difference to her in a way that is more understandable.

"Everyone has a shoe, that's equality" Almanza said. "But we all need different sizes — things we can use for the shoe. Different people need different necessities to be successful."

Which is where programs like the OMA and CAMP come in for these students.

For UI's students, the retention rate from freshman to sophomore year is 81% during the 2017- 2018 school year according to UI's new freshman retention and graduation rates.

But for students under the Office of Equity and Diversity, that rate was 92%, Bisbee said.

"And I feel like if it wasn't for these

programs, I mean, I'm wondering if a majority of Hispanics or Latinx communities or any other community would actually graduate from this school?" Rosales said. "Because if they don't feel safe, if they don't feel like that connection, would they still be able to continue their education?"

It is an issue that has found its way to southern Idaho — Boise to be specific.

This past July, Boise State University's diversity programs were challenged by 28 state legislators, encouraging new BSU President Marlene Tromp

to defund programs in support of diversity, according to an article by the Idaho Statesman.



Bill Goesling

SEE SOMEBODY ELSE, PAGE 4



Zack Kellogg | Argonaut

Pro-choice protesters surround pro-life demonstrators.

**CAMPUS**

**Anti-abortion group sparks campus protest**

*Campus counter-protests broke out at anti-abortion demonstration on Wednesday*

Ellen Dennis  
ARGONAUT

Student counter-protests were met with police intervention during Wednesday's anti-abortion demonstration in the Idaho Student Union Building Plaza.

The demonstration, organized by the Center for Bio-Ethical Reform (CBR),

featured signage depicting graphic images of seemingly aborted fetuses with captions such as "American Killing Fields" and "The Body Inside Your Body Is Not Your Body."

The counter-protest efforts were organized earlier in the week on various social media outlets. Protesters gathered at the plaza throughout the day to circle the demonstration, holding signs and chanting in unison while feminist music blared on speakers in the background.

SEE ANTI-ABORTION, PAGE 4

**ADMINISTRATION**

**Professor Denise Bennett fired**

*Bennett plans to appeal President Green's decision*

Ellen Dennis  
ARGONAUT

University of Idaho tenured professor Denise Bennett has been fired, eight months after being placed on administrative leave.

In a letter dated Sept. 10, UI President C. Scott Green fired Denise Bennett, citing the Dismissal Hearings Committee's recommendation that "adequate cause for termination" of her employment exists.

"The charges against you, as outlined in the letter from Provost Wienczek to you dated June 13, 2019, include unprofessional conduct, actions in violation of directives, unsatisfactory or inadequate performance of duties, admission of criminal conduct, and actions in violations of policies," wrote Green.

Bennett's last official day is Sept. 21, according to UI spokeswoman Jodi Walker.

Bennett said in an email to The Argonaut that she intends to appeal Green's decision.

Bennett, who has worked as a tenured professor in the department of Journalism and Mass Media since 2006, was placed

on paid leave Jan. 24 after two incidents with UI employees that administrators characterized as unprofessional conduct.

The day before being placed on leave, Bennett had a verbal confrontation with a UI employee. Two days prior to her leave, Bennett sent an email with expletives to university administrators and others.

On Jan. 30, an emergency text and email alert, called a Vandal Alert, was sent out to students, faculty and staff, which read, "Denise Bennett has been barred from Moscow Campus. Recent admittance to police of meth use and access to firearms. If seen on campus, call 911."



Denise Bennett

In her email response to Green, Bennett said the alerts "demonstrate zero good faith effort on the part of UI administration."

"The calculated alerts were also obviously timed to shut down a student protest of UI administration on my behalf," she added.

Bennett formally requested an appeal of Green's decision to the Faculty Appeals Hearing Board, citing "extraordinary circumstances" surrounding her dismissal.

Ellen Dennis can be reached at arg-news@uidaho.edu

**IN THIS ISSUE**



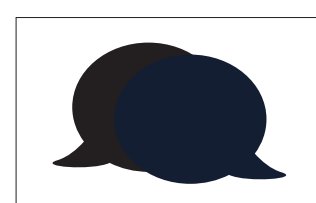
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*It may have been graphic, but it was the right decision. Read our view.*


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# RECREATION & WELLBEING

## Vandal Health Education

### MENTAL HEALTH FIRST AID FOR FACULTY/STAFF & STUDENTS



**Faculty/Staff**  
September 24 & 26  
8:30 am - 1:30 pm  
SRC Classroom

**Students**  
October 28 & 29  
4:00 pm - 8:30 pm  
SRC Classroom  
*\*Dinner included with training*

Pre-registration required at:  
[www.uidaho.edu/mentalhealthfirstaid](http://www.uidaho.edu/mentalhealthfirstaid)

## Outdoor Program

### OPEN KAYAK POOL SESSION

7-10 p.m. at the U of I Swim Center



**Dates: Sept. 25 & Oct 2**  
**Cost: \$5** (pay at pool)  
visit at the Outdoor Program Office for more information

## Intramural Sports

### ENTRY DUE DATES

<b>Kickball</b>	<b>Oct. 15</b>
<b>Indoor Soccer</b>	<b>Oct. 15</b>
<b>Floor Hockey</b>	<b>Oct. 15</b>
<b>Volleyball</b>	<b>Oct. 15</b>
<b>3 on 3 Basketball</b>	<b>Oct. 20</b>

For more information and to sign up:  
[uidaho.edu/intramurals](http://uidaho.edu/intramurals)

## Outdoor Program

### INTRO TO FLY FISHING

**Trip: September 29**  
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**Students | \$100 All others | \$150**

Sign up at the Outdoor Program Office

## Outdoor Program

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bike to and stay at Bald Lookout Mountain

**Trip: October 5-6**  
**Students | \$50 All Others | \$75**

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## Outdoor Program

### RIVER CANYON BACKPACK

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Hells Canyon, Idaho

**Students | \$40 All others | \$60**

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## Find What Moves You



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[uidaho.edu/recwell](http://uidaho.edu/recwell)



UI Recwell

# A Crumbs recipe

## "Peanut Butter Cup" Instant Oatmeal

Here's a recipe for those early mornings where your normal instant oatmeal feels too boring ... or the times in the office when you're hungry, but there seem to be few palatable food options in sight. This is perfect for both busy students and overwhelmed parents.



### Ingredients

- 2 packets instant oatmeal, flavor of your choice
- 2/3 cups hot water
- 1 teaspoon peanut butter
- 1 tablespoon hot cocoa mix

Prep time: 5 minutes  
Servings: 1

### Directions

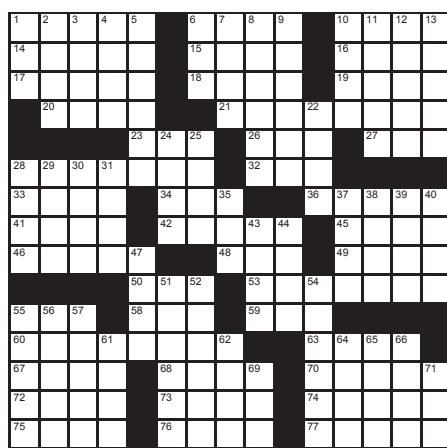
1. Add instant oatmeal to bowl or mug
2. Add hot water and stir
3. Add peanut butter and hot cocoa mix, adjusting amounts to taste if desired

Alexis Van Horn | Argonaut

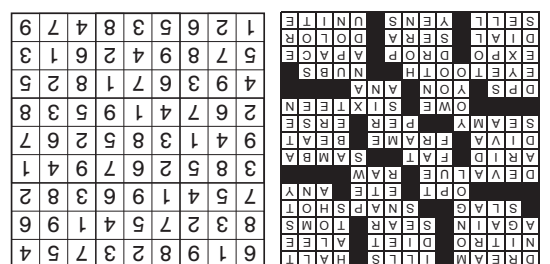
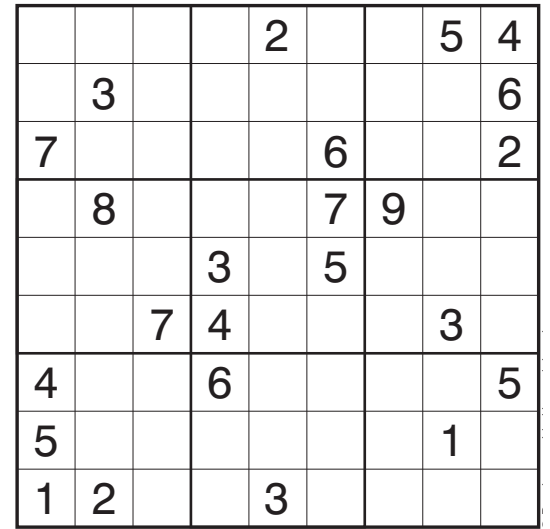
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can be reached at  
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## LETTERS to the EDITOR

Send Us A 300 Word Letter, Voice Your Opinion

[Arg-opinion@uidaho.edu](mailto:Arg-opinion@uidaho.edu)

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### CORRECTIONS

An article in the Sept. 12 issue, "UI employees to expect higher rates for healthcare coverage" has been updated with a photo that accurately reflects the content of the article.

### THE FINE PRINT

### UI STUDENT MEDIA BOARD

The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public.

Questions? Call Student Media at 885-7825, or visit the Student Media office on the Bruce Pitman Center third floor.

The Argonaut welcomes letters to the editor about current issues. However, the Argonaut adheres to a strict letter policy:

- Letters should be less than 300 words typed.
- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.
- Letters must be signed, include major and provide a current phone number.
- If your letter is in response to a particular article, please list the title and date of the article.
- Send all letters to:  
301 Bruce M. Pitman Center  
Moscow, ID, 83844-4271  
or [arg-opinion@uidaho.edu](mailto:arg-opinion@uidaho.edu)

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COMMUNITY

# U of I archaeologists hold excavation at Moscow High School



Brianna Finnegan | Argonaut  
Connor Weygint examines pieces found at the dig site Saturday.

*Local high school and college students join forces for research dig*

Angela Palermo  
ARGONAUT

University of Idaho students and their cohorts at Moscow High School have the opportunity to be involved in an archaeological dig right here on the Palouse.

Led by a group of archaeologists from the UI, high school and college students are conducting a public excavation on the high school campus in hopes of finding artifacts dating back to some of the earliest parts of Moscow.

“We’re doing the dig to provide opportunities for students to get field experience outside of the classroom,” said Professor Mark Warner, an archaeologist in UI’s Department of Sociology and Anthropology. “If we’re treating this as an educational opportunity, what better place to do this than at a high school?”

Warner and Assistant Professor Katrina Eichner are leading the excavation along with their students. Students from MHS, coordinated by Lee Anne Eareckson, a faculty member at the school who teaches biology, French,

and world languages and cultures, will also take part. “Normally archaeology field schools are offered during the summer months because they require travel to a remote location,” said Eichner. “Students have an opportunity to learn employable job skills while still maintaining a normal academic schedule. They also have an opportunity to learn transferable leadership and mentoring skills through their work with the MHS students.”

Artifacts found at the excavation site are to be cleaned and sorted by students at the university and then used for research by both high school and college students.

Warner said he hopes to identify small objects that can tell bigger stories. Specifically, they’re looking for trash associated with almost a century of high school history and also domestic trash — ceramics, toys, utensils, clothing or anything else left behind dating back to the 1890s, if not earlier. Objects as simple as utensils can help archaeologists make inferences about what kind of food was being eaten and what the quality of life was like for the people who discarded them.

Work on the site began Friday Sept. 6 and will continue through approximately Oct. 5, depending on what’s coming out of the ground.

Located at 402 E 5th St. in Moscow, it will be open to the public from 3-5p.m. each Friday and 8a.m.-4p.m. each Saturday.

Funding for the dig was provided by the Department of Sociology and Anthropology as well as the John Calhoun Smith Memorial Fund in the College of Letters, Arts and Social Sciences, which funds the preservation of history in Washington, Oregon, Idaho and Montana.

Angela Palermo  
can be reached at  
arg-news@uidaho.edu



Brianna Finnegan | Argonaut  
Jay Gaines, Rian Mirley, and Chelsea Pincock look for artifacts at Moscow High School Saturday.

CAMPUS

# MPD to students: Keep your dogs on leash

*Students reminded to keep dogs on leash on campus and in city limits*

Meredith Spelbring  
ARGONAUT

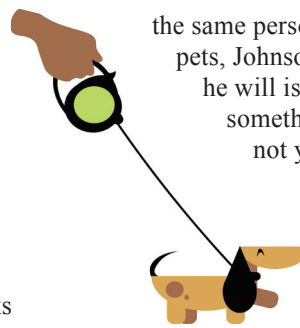
After an ever-increasing rate in reported dog bites, Moscow Police Department wants to remind students to keep their dogs on-leash.

Alan Johnson, code enforcement officer with the Moscow Police Department, said he has reminded several students in the early weeks of fall dogs are not only required to be on-leash on University of

Idaho campus, but within Moscow city limits.

Johnson said in 2019 there have already been 18 reported dog bites, compared to 18 total in both 2017 and 2018.

Johnson said his typical approach when he sees someone with a dog off-leash on campus is to simply approach them and have a conversation, pointing them in the direction of the two dog parks in town. After several conversations with




the same person about off-leash pets, Johnson said that is when he will issue a citation — something he said he has not yet had to do.

Dogs off-leash within city limits is a violation of city ordinance, therefore a misdemeanor

violation.

Johnson recommended those wanting to let their pups run free go to one of the two local dog parks: Mountain View Dog Park, located at 2052 W Mountain View Road or Moscow Dog Park at 2019 White Avenue.

Meredith Spelbring  
can be reached at  
arg-news@uidaho.edu  
or on Twitter @mere0415



**University of Idaho**

Join students and faculty in promoting campus safety by attending the

**Katy Benoit Safety Month Keynote Address**

**Stalking: Know it, Name it, Stop it**

given by


**Jennifer Landhuis, Director of the Stalking Prevention and Resource Center**

Vandal Ballroom in the Pitman Center

Tuesday, September 24th

7:00PM

“Everyone deserves to be safe in all aspects of their lives.”



# Vandals in Focus

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Send your cover letter, resume to [vandalsinfocus@uidaho.edu](mailto:vandalsinfocus@uidaho.edu) by October 1, 2019.





**SOMEBODY ELSE**

FROM PAGE 1

Representative Bill Goesling of District 5, which includes Latah County, was one of those 28 state legislators who signed the letter.

Goesling said he wanted to represent his constituents, who he said were very concerned with taxpayer money.

“So instead of spending money recruiting from foreign land or whatever don’t we owe those monies,” Goesling said. “And that’s what I heard from my constituent base.”

Goesling described his constituent base as having three different sides, from liberal to extremely right-leaning Republicans.

While Goesling’s voice may not be the same as some of UI’s students, he said he is happy to sit down with students and talk about issues, as he has in the past.

Nallely Gonzalez, a second-year CAMP and Diversity Scholar with OMA, attended the protest in Boise, when the controversy happened between BSU and diversity funding.

“These education systems weren’t created for people like us,” Gonzalez said.

According to numbers provided by UI Director of Communications, Jodi Walker, in the 2019 Fiscal Year UI spent a total of \$685,488 on general education spending between the Office of Equity and Diversity and the Office of Tribal Relations and \$291,257 on student fee spending.

“When you look at that total dollar and the number of students we serve it’s probably only about 1% of the total general ed and student fee budget,” Bisbee said.

“(CAMP and OMA) offer academic support, financial support and cultural support,” said Pepe Maciel, a second-year CAMP and Diversity Scholar with OMA. “And so, what they do is they connect us with a lot of like offices here on campus and give us like, materials we need in order to succeed.”

A large benefit for Maciel of these programs is the feeling of not being alone. As UI’s breakdown is predominantly white, having programs like this not only creates a sense of community for these students but helps educate others on being culturally aware.

The Office of Equity and Diversity strives to educate others and those within their programs on being culturally aware and using culturally responsive programming, Bisbee said.

By being inclusive of language, culture and history, the office is able to recruit and educate their students appropriately.

An example of how they use these three concepts is, when recruiting students, they make sure to recruit in Spanish to the students and their families.

“We know that our Latino families are very closely engaged, and that they need to be included within that recruitment initiative in order to be a part of those who are supporting their students come to school,” Bisbee said.

The reason this is important is that historically those who don’t speak English as their first language are not included and if recruiting is only available in English those parents won’t be able to part of the conversation when it comes to their children and higher education, Bisbee said.

“

These education systems weren’t created for people like us.

NALLELY GONZALEZ  
UI STUDENT

“I owe a lot of my success to them (CAMP and OMA), because they really pushed all of us to succeed and put ourselves out there,” Maciel said. “Especially in a university that wasn’t made for us just to like, use our privilege being here to be able to do what our parents wildest dreams are basically.”

Maciel, Almanza, Gonzalez and Rosales are all first-generation students who might not have been able to attend UI without inclusive programs like CAMP and OMA, so when programs of diversity come under scrutiny it can be life-changing for students.

Bisbee recognizes the importance of

these programs and believes that others are learning that too.

“It’s not only in Idaho that these programs are important, its nationwide,” Bisbee said. “Nationally there is a growth in these programs because that’s the fastest growing population (diverse groups) nationally.”

While the programs are growing nationally, if they were to lose funding and Bisbee had to make the hard choice of where to cut, she said the only place they would really look that would hurt the program is staffing.

Bisbee said she doesn’t want to think of that now as that may not be a concern.

“Where we’re seeing that we need to be more effective is after the sophomore year,” Bisbee said.

With their limited staff, the offices use the majority of their services they offer to first-year students to help them stay engaged and then hoping that those students will be driven in their later years.

Despite the programs and different offices, Almanza said she believes UI should do more to support programs of diversity and equity.

“When we look at how many ethnically and diverse students have come and crossed that stage in order to get their degree and been part of our programs,” Bisbee said. “That speaks for itself.”

*Ellen Dennis contributed to this report.  
Alex Brizee  
can be reached at  
arg-news@uidaho.edu*

**ANTI-ABORTION**

FROM PAGE 1

The images depicted on the CBR signs offended people, said Lauren Grove, UI student and counter-protester.

“I just really want to show our side, which is pro-choice,” Grove said. “It seems like these posters are viewing all of our counter-points as if they don’t make any sense. It’s kind of fear-mongering and it leaves people with horrible images to think about, and that might resemble guilt, when they really have nothing to feel guilty about.”

CBR representatives wearing body cameras occupied the plaza behind a police barricade that was created after student-protestor, David Catts, stole a CBD sign and removed it from the premises. Police seized

the sign and returned it to the CBR group without arresting Catts, then constructed and monitored a metal barrier between the counter-protesters and the CBR group.

The group continued to hand out anti-abortion information pamphlets and field questions to passersby.

“The message we’re trying to convey is that the preborn are human, fully human, not potential humans, but actual humans, and that abortion is an act of violence that kills those human beings,” said Kevin Olivier, CBR Director of Operations.

The CBR, founded in 1990, is an educational, privately funded corporation with its headquarters in Lake Forest, Ca., according to its website.

*Ellen Dennis  
can be reached at  
arg-news@uidaho.edu*



Alex Brizee | Argonaut

Pro-life supporter hands out pamphlets to UI students Wednesday.



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# ARGONAUT LIFE

LIFESTYLES, INTERESTS, FEATURES AND ENTERTAINMENT

COMMUNITY

## 'A space and place for all'

Brianna Finnegan | Argonaut

*The Kenworthy is known to be a place for all including its resident ghosts*

Alex Brizee  
ARGONAUT

The Kenworthy Performing Arts Centre's mission statement is, "to be Moscow's premier historic, downtown, community performing arts venue and cinematic art house dedicated to hosting and providing high quality arts experiences to residents of and visitors to the Palouse Region," according to their website.

But Christine Gilmore, summed it up into a few words: "The Kenworthy is a space and place for all."

When she took her first steps into the Kenworthy, she felt she could run the place one day — though Gilmore views that as a bit arrogant now — she was moved by the Kenworthy as it reminded her of a hometown theater.

And she wasn't wrong — she is now the Executive Director of the Kenworthy.

But before Gilmore started working at the Kenworthy, a reggae performance was held and the transformer for the street block blew broke causing them to close down for a week.

While most may think this was just a technical issue, Gilmore quickly learned it was one of the two ghosts who lives in the Kenworthy. That ghost is known for his hatred of reggae music — knowing this information they have not had

any reggae shows since.

"Every time we have had a little bit of, you know, Rasta here or there, something has inexplicably broken," Gilmore said.

The other ghost is referred to by Gilmore as her "little poltergeist," and lives near the lobby or balcony area and does not adapt well to change.

"Anytime I hire a new person something breaks, at first you're like, 'Oh it's just a coincidence' but after being here for eight-years something has always broken once we hire a new person," Gilmore said.

Jamie Hill, operations director, believes the 'little poltergeist' is trying to keep an eye on things and just wants everyone to not forget about her.

SEE GHOSTS, PAGE 6

COMMUNITY

## Kenworthy renovations aim to 'make sure it's here for years to come'

*The Kenworthy will undergo renovations to extensively change its flooring and seating*

Grayson Houston  
ARGONAUT

Christine Gilmore, executive director at the Kenworthy, is excited to start breaking ground for the new renovations that are coming to the theater in November.

The Kenworthy Performing Arts Centre originally began as the Crystal Theater when it opened its doors in 1908 and has seen many renovations throughout its time.

One of those renovations was in the late twenties to early thirties when the theater was expanded twenty feet to the south.

The one change that most visitors will notice is the blue chairs, which have been a

part of the Kenworthy since the eighties, will be removed.

They will be replaced with seating that Gilmore said will be more historically and aesthetically accurate to the space. The preservation of the style and history of the Kenworthy is one of their main goals.

"This space is old, and this space has seen a lot of things happen to it and we want to make sure it's here for years to come," Gilmore said.

Other changes that are planned for the theater is the replacement of its flooring, carpet and adding lights to the isles so guests have an easier time moving around while the lights are low.

As the Kenworthy is a non-profit group, all of its money is gathered through donations from the community either through their website or in person when the theater is open.

The Kenworthy is known to have some other-worldly visitors with their spirits and poltergeists. And while they have not made any actions against these renovations, Gilmore is not sure if they will object to them once they break ground.

To give themselves adequate time for these renovations, they will be shutting down for eight weeks starting Nov. 11. They plan on holding a

grand reopening on Jan. 10 — if everything goes to according to plan — where they will have a ribbon-cutting ceremony and a special showing.

Gilmore said the renovations will not affect the price of attendance.

"We want to make sure that the Kenworthy is still family-affordable," Gilmore said.

The Kenworthy's affordability keeps things in with the views of the founder of the building, Millburn Kenworthy and the Kenworthy family.

"Millburn Kenworthy was known for his generosity and for his commitment to the community," Gilmore said.

Kenworthy's generosity was well-known during World War II where he would have a student write him an IOU if they could not afford something.

But, he never collected those IOUs.

And to express that kind of loving gesture, the Kenworthy plans on having a special reduced or free cost for its special showing for their grand re-opening in January.

Grayson Houston can be reached at [arg-life@uidaho.edu](mailto:arg-life@uidaho.edu)



**GHOSTS**

FROM PAGE 5

“Sometimes it’s very comforting if I’m here late at night all of sudden I feel (like), ‘Oh, I’m fine,’” Gilmore said.  
 In the past the Kenworthy has had staff members who did not believe in ghosts. Gilmore believes the ghosts will not show themselves to non-believers.  
 “We had an actor here who had keys to building and he was doing a run through of his one-man show on stage he had all the lights on at 11:30 at night, he felt like

he kept seeing something,” Hill said. “He finished, and sure actors want to hear all the applause, but he was convinced that he heard really faint applause.”  
 Though a ghost might not seem like the ideal resident, it is a well-known good luck charm in the theater community to have a ghost around.  
 Hill started working at the Kenworthy in 2013 as a popcorn scooper and has worked her way up to operations director.  
 After graduating from UI, Hill went

to graduate school where she worked at a Regal Cinema and fell in love with film. Though she came back to Moscow for a different job, Hill figured she might as well apply at the Kenworthy — and has worked there ever since.  
 “Hands down my favorite thing is the people — we have a very solid community in Moscow specifically but even tighter the Kenworthy has quite its own crowd,” Hill said. “We have a set group of people who always come to Sunday movies, that

is its own crowd but that doesn’t mean new random people can’t show up and if they do they’re immediately part of the crowd. It’s this ever-changing, morphing and growing group of individuals and that what makes the Kenworthy work.”  
*Alex Brizee can be reached at arg-life@uidaho.edu or on Twitter @alex\_brizee*

**COLUMN**

# How to get the most out of your sleep

*Sleep tips and tricks from one sleep deprived college student to another*

**Emily Fales**  
ARGONAUT

As college students, we all desperately need sleep, but never seem to get enough.  
 Madie Brown, Assistant Director for Health Promotion and Alcohol and Other Drug Initiatives for UI’s Vandal Health Education, gave some facts and tips on sleep.



Madie Brown

The numbers of hours needed for students isn’t the same for everyone but Brown recommends “the great eight.”  
 While some may only need seven hours, some may need up to nine hours. But no matter how many hours you may sleep, Brown said to go to sleep as close to the same time every night and wake up at the same time every morning.

Yes, this even means on weekends. If you need some extra sleep on a weekend, only sleep in about an hour.

Staying on a consistent sleep schedule is important because it allows the body to settle into a rhythm.

During sleep, the brain shuts down all major muscles in the body, except for the heart, diaphragm and eyes. Because the brain doesn’t shut off completely, this means that sleeping is an active process, rather than passive.

This doesn’t mean you can get your exercise in by simply taking a nap, it means that the brain keeps working after your eyes shut. The brain uses this time to convert all the short-term memories into long term memories, processing all

of the “waste,” like the million (or two) thoughts you had during the day.  
 An important pastime for college students in between classes is napping. When taking these naps, keep them to a short 20 minute power nap or an entire hour and a half. These lengths are due to what is called the Rapid Eye Movement, or REM cycle.  
 “(REM Cycle) a period of rapid eye movement, when the body is actually most awake,” Brown said.

This is where you may sleep talk or sleepwalk. Getting the full REM cycle takes an hour and a half, so in order to have a productive nap it is important to follow the guidelines that Brown outlines — and if you sleepwalk, lock your door.  
 And sleeping during the day can mess with sleep patterns — only nap if you need it. The circadian rhythm for sleep in the body is activated when it is dark, and this is when the body releases the sleep hormone, melatonin.

“Get the same amount of sleep no matter what,” Brown said when I asked her about the night before a big exam. “Don’t study all night long and try sleep during the day.”

These are simple tricks and quick information on sleeping. For a more comprehensive course, contact The Health and Wellness Center at UI for Sleep 101 workshops. Any living groups on campus can request them.

And stay tuned for this upcoming series on healthy college tips — from one sleep deprived college student to another.

*Emily Fales can be reached at arg-life@uidaho.edu*

**ZRGR**

# LINK’S AWAKENING: A TERRIFIC HANDHELD

*Zack’s Retro Game Reviews take a look at Link’s Awakening before its remaster release on Friday*

**Zack Kellogg**  
ARGONAUT

Well what do you know, we return to find our favorite Hylian back in action, this time on the Game Boy Color.  
 The Legend of Zelda: Link’s Awakening was released originally on the Game Boy in 1993 and released on the Color in 1998.

It was eventually put on the Nintendo Virtual Console on the 3DS handheld system, a service allowing customers to buy retro games to play on the modern consoles, in 2011 — the version I played.

With the remaster, a complete update from the ground up of the original, coming out Friday on the Nintendo Switch, it seemed as good a time as ever to look back on the fourth game in the historic franchise.

This game is a direct sequel to A Link to the Past, a game I previously reviewed in this series.

Our titular hero, Link, is sailing across the ocean when a storm hits his raft, capsizing him and knocking him unconscious after a bolt of lightning strikes. Link gets washed onshore on a mysterious island by one of the citizens, Marin, who takes Link to her house.

After Link wakes up and is handed his shield, he heads down to the beach to find his sword.

An owl then swoops down and talks to Link telling him of the Wind Fish who sleeps in an egg on top of the island’s mountain, who the owl says must be awakened by you and will be the only way you can leave the island.

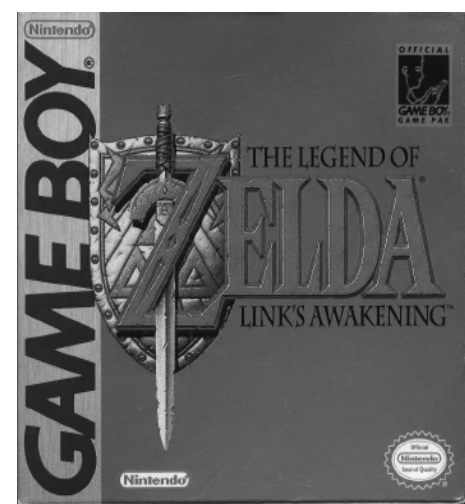
The way you must do this is by collecting eight different instruments, each in the eight of the series’ unique dungeons, each one with challenging enemies, mini-bosses, bosses and most importantly, the puzzles.

Although I did not end up completing the game, the story is still solid enough and kept me interested, not making me bored or wonder why I was playing.

The story is also helped by the impressive side characters on the island. Despite this being an 8-bit game on the Game Boy Color, I was very interested in exploring every nook and cranny of the island, finding new characters, secrets and just seeing what I could find.

It’s almost an open-world experience, except you don’t have total freedom to explore the island, you just unlock new sections when you obtain new gear.

The gameplay is tight and exactly what I have come to expect with the franchise.



Each time you gain a weapon or piece of gear after a dungeon, you just go out and find just how many places you can put it to use.

You can see a bit of the age in certain aspects of the game, which is one of the only negatives. One major example is any time you walk into an object without the power bracelet, you get the message, “Wow! This looks pretty heavy! You won’t be able to lift it with just your bare hands...”

And since you are only allowed two have to pieces of equipment at a time, including your sword and shield, you have to open and shift your items every couple of minutes.

This can be a hassle and the only main complaint I have with the game.

The music is top-notch and if you appreciate retro music, you’ll love this game. The musical team was able to cram a lot of music into the game, but if you’re not into it, it will just sound like noise.

This game is very much a blast from the past. This is present in its appearance, the way the game pauses as each section loads and the overall presentation.

It was still a great time, giving me a challenge with puzzles that will leave you scratching your head a little.

Link’s Awakening gets a 3.5/5, being not as good as A Link to the Past, but still a solid outing from one of Nintendo’s flagship franchises.

And be on the lookout for the remake, hitting store shelves Sept. 20, which is a total rework of the classic game with a new art style as well — already receiving praise as a total improvement from its original release.

*Zack Kellogg can be reached at arg-lives@uidaho.edu or on Twitter @kellogg\_zack.*

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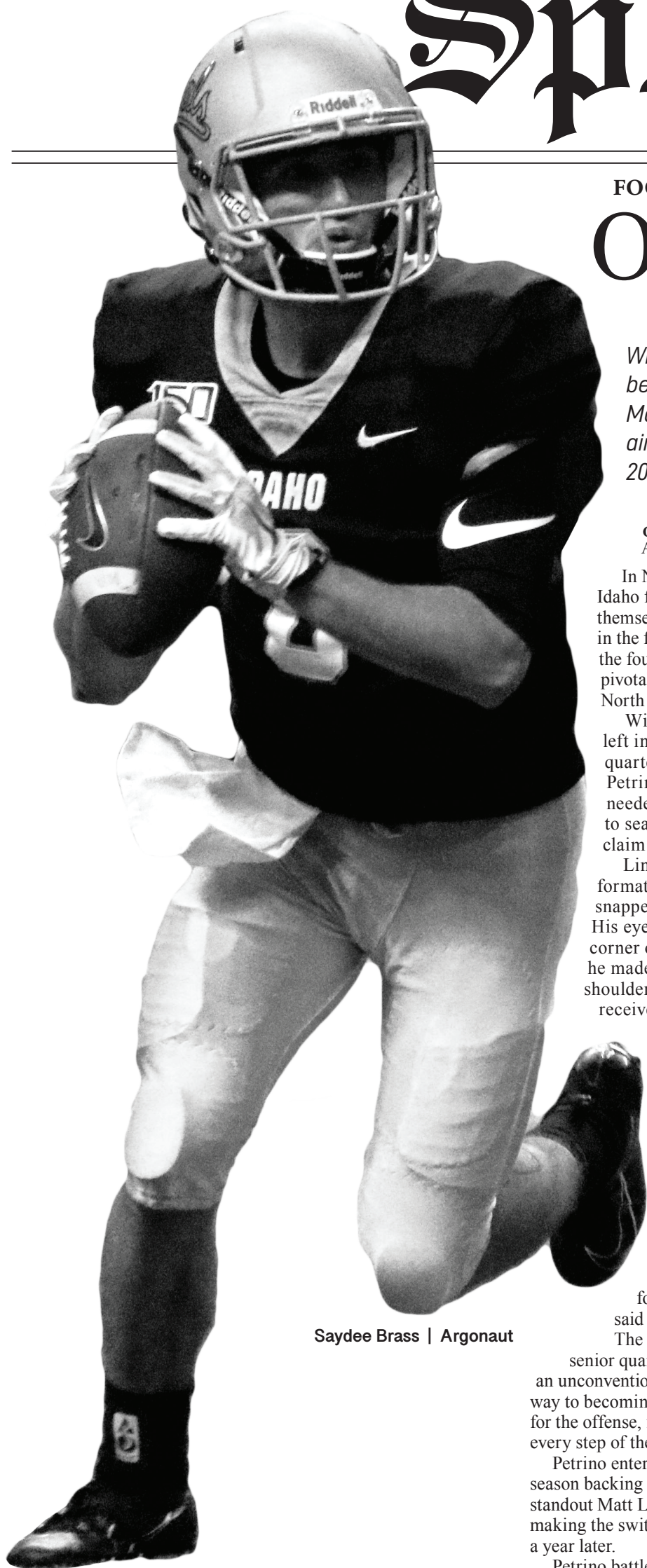
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# Sports

FOOTBALL

## Overcoming critics



Saydee Brass | Argonaut

*With adversity behind him, Mason Petrino aims for a strong 2019 season*

Chris Deremer  
ARGONAUT

In November 2018, Idaho football found themselves down three in the final minutes of the fourth quarter in a pivotal game against North Dakota.

With 29 seconds left in the game, Idaho quarterback Mason Petrino knew he needed to make a play to seal the win and claim the victory.

Lined up in shotgun formation, the ball snapped to Petrino. His eyes aimed at the corner of the endzone as he made a perfect back shoulder throw to wide receiver Jeff Cotton.

The touchdown sealed the win for the Vandals and became a pivotal moment for Petrino's athletic development.

"That definitely has to be one of the most memorable plays for sure," Petrino said in an interview.

The 6-foot, 208-pound senior quarterback has had an unconventional path on the way to becoming Idaho's leader for the offense, facing adversity every step of the way.

Petrino entered his freshman season backing up former Idaho standout Matt Linehan, before making the switch to wide receiver a year later.

Petrino battled shoulder

injuries throughout his sophomore season, separating his shoulder on multiple occasions.

After recovering from a separated shoulder to start his sophomore year, Petrino separated it again late in the season after finally having an opportunity to play quarterback in relief for an injured Linehan.

"That injury was just a bummer," Petrino said. "I just try to forget about that year."

Petrino said being back in the quarterback room for his junior season helped continue his growth at quarterback, despite dealing with the ailing injuries once again.

Petrino said the constant injury battle was the most difficult time of his life.

"When you know you're hurt, people are screaming at you, screaming at you for your job, telling you how bad you are, while working through every single last nerve of energy you got just to play. It was really frustrating," Petrino said.

The adversity continued — Petrino was thrown into a quarterback competition with Colton Richardson last season, leaving fans wondering when Idaho would find their full-time starter at quarterback.

"We were kind of told that we were going to use both of us," Petrino said. "I think it both helped us out and took the pressure off of us at certain times, but I think we both grew as players."

Despite being at a constant battle for a whole season, Petrino said there is no bad blood between the two quarterbacks.

"(Richardson) was probably my biggest supporter on the sideline at the Wyoming game," he said. "That says a lot about his character and who he is as a person... at the end of the day we both want what's best for each other and what's best for the team."

On Tuesday, Idaho head coach Paul Petrino made the announcement that Mason will be the starting quarterback for the Vandals, ending the battle that lasted since the beginning of the

2018 season.

Petrino said being more comfortable this season has helped him lead the offense.

"It's just a whole second year of playing, the game starts to really slow down for you," Petrino said. "You get a lot less cluttered which allows you to just play free."

Building the mental toughness and overcoming the obstacles thrown in front of him are what Petrino said he values most.

"When you face adversity, you just have to get through it," Petrino said. "If you just have that mental toughness and believe in yourself, I think you can get through anything."

As one of possibly the more polarizing players for Idaho football in recent memory, Petrino continues to not focus on his critics.

"I haven't been the most liked person in this town or this state, I've known that," Petrino said. "You just can't listen to them, because some will just get in your head and make your life miserable."

When his time ends here at Idaho, Petrino hopes to find a career in coaching, following in the footsteps of his father and grandfather.

"I've been around football all my life and just have been a coach's kid, coaching is just something I am really passionate about," Petrino said.

Even though Petrino has his future set, his initial focus is on the upcoming matchup against the regional rival — Eastern Washington Eagles.

"I want to kill them. I just want to kill them," Petrino said. "It's turned into a big rivalry for us and this has probably been the most fired up I've been for a game in a while."

Chris Deremer

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FOOTBALL

## A crucial opportunity

*Vandal football prepares for their most significant non-conference matchup on Saturday*

Chris Deremer  
ARGONAUT

One of the most anticipated matchups of the season takes place Saturday when Idaho football returns to the Kibbie Dome to face off against a regional rival.

The Eastern Washington Eagles visit the Vandals for the first time since Idaho has returned to the Big Sky conference, coming into the Kibbie Dome as one of the most explosive teams across all of FCS football.

**Magic of the dome:** The enchanted turf of the Kibbie Dome played to Idaho's favor once again two weeks ago, with the Vandals picking up their first win of the season.

The Vandals simply play better and seem to be more comfortable inside the familiar dome, which will be greatly needed if they want to pull off the upset against Eastern Washington on Saturday.

**Starting off hot:** In order to keep up against the high-octane offense the Eagles bring, Idaho needs to bring intensity and composure early on Saturday.

So far this season, the Vandals have been outscored 6-20 in the first quarter and 21-55 in the second quarter.

Taking this game one quarter at a time will be key, and now with some consistency and clarity brought for the offense with the quarterback competition finally being decided, the Vandals need to convert red zone opportunities into touchdowns rather than field goals if the



Saydee Brass | Argonaut

Sophomore wide receiver Cutrell Haywood breaks a tackle and reaches for the endzone against Central Washington Saturday.

Vandals want to pull off the upset.

**Slow and steady wins the race:** Last week Idaho thrived against Wyoming because of the downhill running slow grind that Wyoming brought on offense.

The Vandals need to hold possession as long as possible and keep the Eagle offense off the field.

The defense will do its best against the national FCS runner-up from a year ago, so the game will come down to how senior quarterback Mason Petrino and the rest

of the offense can perform against a fast Eastern Washington defense.

**Preparing for the red scare:** Year after year, the Eagles have remained one of the most elite teams in all of FCS football.

This year, experience won't play to the Eagles advantage after losing 27 players this past year.

This means Idaho will have to adjust to the abundance of new talent that Eastern Washington will be bringing on Saturday. The adjustment with the new team

has brought troubles for the Eagles after experiencing a tough loss last week against Jacksonville State, blowing a 28-7 lead.

With the Eagles struggling during the opening part of the season, this may be the best opportunity for the Vandals to strike and steal a win from Eastern Washington.

**David vs. Goliath:** The return to the Big Sky for the Vandals last season didn't play out like many might have hoped for.

This season Idaho has a renewed focus, buying into the culture and aiming to become a better team this season.

Saturday's game will be the most pivotal of the season, giving fans a glimpse into what kind of Vandal team we should expect for the rest of the season.

If the Vandals can pull off the unthinkable on Saturday, the rise of success may be closer than many Vandal fans might have expected.

**Where to watch:** If you can't make it to the game, the renewed rivalry will be ROOT SPORTS first game of the week on Saturday, where the game being available on the network.

Idaho will play the Eastern Washington Eagles 12 p.m. Saturday in the Kibbie Dome.

Follow Vandal Nation for live tweets throughout Saturday's game and takeaways after Saturday's action.

Chris Deremer

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WOMEN'S VOLLEYBALL

# Comeback at the GCU Classic?

*Can the young Vandal Volleyball team bounce back after a tough season start?*

Connor Swersey  
ARGONAUT

Idaho looks to finish its preseason strong this weekend at the Grand Canyon Classic taking on Nebraska Omaha, Grand Canyon University and California State, Northridge.

The Vandals take to the road to Phoenix, Arizona this weekend for their last preseason tournament before they start Big Sky games against Portland State University on Sept. 26.

**A young team:** Idaho has a very young team led by only two senior athletes for this 2019-2020 season. Senior outside hitters Delaney Hopen and Paige Rupiper lead six true freshmen and two redshirt freshmen this season.

This team consists of many younger players who have only been playing together since the start of the season.

Idaho's inexperience has shown this season through lack of communication on the court and lack of trust towards other players on the team during key points in a match.

Head Coach Debbie Buchanan said that this is something that they are working on and will get better at with time.

**Following a legacy:** After the 2018-2019 team's tear through the Big Sky Conference culminating in a second-place championship finish, this young team has big shoes to step into and fill.

The transition from having six seniors to only two is a challenge, as the experience of playing together as a team is not there, but Buchanan said she is excited to see what this team will be as the season matures.

**Young talent:** Although this team is young, there is a high level of talent in many of these players. Junior outside hitter Avery Housely and sophomore middle blocker Kennedy Warren (who has been playing as a pin) have led the team's offense in scoring, as Idaho utilizes a pin heavy offense.

Freshman middle blocker Kyra Palmbush and redshirt sophomore Nikki Ball have stepped up the center offense and defense by taking control of the net in games that Idaho has won.

Idaho's setters, following last years senior setter Haylee Mathis, are learning to see the court and call a strong offense that exposes opposing teams' weaknesses.

**Preseason so far:** The Vandals have been busy preparing for Big Sky



Leslie Kiebert | Argonaut

Conference play since the end of August. This weekend will mark 12 games in just four weeks for this team. The Vandals (3-6) have a .333-win percentage with three tough 0-3 losses so far.

**GCU Classic competition:** The Vandals will not play any Big Sky competitors this coming weekend, but do have work to do against some tough teams.

Idaho first faces off against the Nebraska Omaha Mavericks (6-5), who have played more preseason games than the Vandals and have a better percentage to this point.

Idaho then takes on the GCU Antelopes (8-1) who have dropped only 10 sets in nine games. The Vandals have dropped 21 sets in the same amount of matches, so this will be a tough competition for the team.

Idaho finally plays the CSUN Matadors (3-6) who have played a few Big Sky teams. The Vandals have what it takes though as the Matadors lost to UNLV who Idaho won against this previous weekend.

**Where/when:** The Vandals begin play at 4:30 p.m. Friday against Nebraska Omaha at the Grand Canyon University Tournament.

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SOCCER

# Retooling ahead of final non-conference weekend

*Vandals go to Beavers and host Fighting Hawks in rare split weekend*

Zack Kellogg  
ARGONAUT

Idaho soccer struggles continue leading into the start of Big Sky play.

Now on a five-game losing streak after a road trip to Riverside in southern California, the Vandals are looking to regroup before their final non-conference games.

"I think we are in that little period where we still know that we are a good team and capable of great things, it's just not happening yet," Idaho Head Coach Jeremy Clevenger said. "It could take one little thing, one little spark, one game to get going and that's all we need."

With this coming weekend being a bit different, with a road and away game in just three days. Here is what you need to know.

**Injuries**

Idaho took a heavy blow this last weekend, losing two key pieces to the attack and defense.

Senior forward Myah Merino and graduate student defender Kayleigh Frederick both suffered injuries this past weekend and appear to be out indefinitely, although there is no official report out on the state of their injuries.

With this, the recent trend of roster movements will be happening more than ever, as the team tries to find a new formula for success with two veteran captains now out of the lineup.

"Our goal is to regroup and get ready for conference (play), and at the end of the day, that's what the non-conference is for, to get ready," Clevenger said.

With the defensive line already in a rebuilding state and the offense still trying to find the back of the net with consistency, not having a goal in their last four games. This appears to only add to the problem on finding who will work best together on the field come conference play next week.

**The clock is ticking on youth**

The young players have been showing a bright light among the latest set of losses.

Freshmen Hoku Schatz, Berglind Baldursdóttir, Emmy Moore and redshirt freshman Avrie Fox, all-seeing heavy sets of minutes through the preseason, expect that load to increase with more young players.

And with conference play around the corner, more newcomers and players with limited in-game experience are going to be asked to step up when the team needs them most — which happens to be right now.

**Oregon State**

The Beavers, who come from the tough Pac-12 conference, are currently undefeated on the year.

This team has taken big strides from 2018 on the offensive end.

With just one assist last season, the Beavers already have 17 through their first eight games.

The same goes for shots. The Beavers have taken 122 so far this year compared to having only having 131 all of 2018, led by first-year head

coach Matt Kagan.

Oregon State comes off a 5-0 win against Houston as well, making a team that is hot and vastly improved from a season ago a tough test for the Vandals on the road.

**North Dakota**

This weekend won't get any easier, having to travel back for a Sunday home game against the Fighting Hawks.

North Dakota sits at 6-1-1 and has outscored teams 22-3 in eight games.

Led by senior goalkeeper Catherine Klein, the Fighting Hawks' defense has allowed just three goals this season along with five shutouts.

Much like Oregon State, North Dakota is riding a hot streak just as they are about to play the Vandals. Junior defensive back Taylor Brust said the team follows a simple mission that they will need to execute in order to pick up wins this weekend.

"Score goals," Brust said. "That's just the focus right now. We just need to start putting goals in the back of the net, that's what it comes down to really."

Idaho will play Oregon State 4 p.m. Thursday in Corvallis, Oregon and North Dakota 1 p.m. Sunday in Moscow.

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or on Twitter @kellogg\_zack.



Jeremy Clevenger

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# STAFF PREDICTIONS

*The Vandal Nation staff make their predictions for the Eastern Washington versus Idaho football game on Saturday*

**MEREDITH SPELBRING —**  
**EASTERN WASHINGTON 45, IDAHO 21**

Eastern Washington has a high scoring offense, averaging nearly 40 points so far this season. While the Idaho defense held its ground last weekend, the Eagle offense will be just too much for the Vandals. It will be a fun one to watch in the Kibbie, but all signs point to the Eagles for this one.

**CHRIS DEREMER —**  
**IDAHO 31, EASTERN WASHINGTON 28**

Why not Idaho? Every part in my body is screaming that this is a bad take, but man this would be an incredible Saturday night if the Vandals pull off the upset. Even though belief in this team is running thin, they need it against one of the Big Sky's best.

**ZACK KELLOGG —**  
**EASTERN WASHINGTON 38, IDAHO 24**

Idaho will be looking for its second win of the season in the Kibbie Dome Saturday, but with the explosive passing game of the Eagles along with a solid run game. Idaho should be able to put up points thanks to a deep running back group and solid receiving core, but the Vandals won't be able to match point-for-point.

**MAX ROTHENBERG —**  
**EASTERN WASHINGTON 17, IDAHO 5**

Such a rivalry can only truly be summarized by the number of letters in each name. Idaho is no slouch, but Eastern Washington has something truly special. They've somehow managed to be East while simultaneously West of us. UI has no directional advantage, and therefore no clout.



# Opinion

## EDITORIAL

### LAYING FUTURE FOUNDATIONS

*It may have been graphic, but it was the right decision*

Wednesday was no ordinary day on the University of Idaho campus.

Sidewalks leading to the Idaho Student Union Building — formerly the Idaho Commons — were lined with precautionary signs, each notifying students of graphic pictures and displays ahead. A UI-staffed table provided free speech information to curious students. Poster-making supplies were made available at the Department of Student Involvement. Campus security stood vigilant nearby.

At the center of the commotion was something most students have already seen firsthand — a pro-life group demonstration.

These demonstrators were only armed with GoPros and signs held high, but many of these signs contained graphic language and visuals.

But students knew to look for the graphic visuals well in advance of the event. President Scott Green sent an email Tuesday afternoon detailing the upcoming event and the precautions in place, citing resources students could utilize and making it clear the university was not sponsoring the event in any form.

While Green's email may be seen as unnecessary or unfounded by some, it's an important step toward promoting peaceful demonstration and discussion. He makes it clear the university is home to anyone who wishes to express their opinions, as long as that expression is done properly.

Many students were not thrilled with the contents of the visuals or the message being distributed by the group on campus. The topic at hand, anti-abortion, is bound to be a sensitive one no matter where the conversation is held or the manner in which it is held. Bringing it onto a college campus by a group seeking controversy and conflict was particularly troubling and led many to question the administration allowing them on campus.

The message the images sent was strong, as were the emotions they potentially could spark. Yet the university's

willingness to allow them on campus is something students should be celebrating. The Center for Bio-ethical Reform has every right to be on this campus the same way a pro-choice group does, the same way any religious group does, the same way any student seeking to vocalize their opinion does.

In a time when free speech is receiving pushback from the president and his administration, the fact our administration is honoring it should be celebrated. Yet despite this, there's still more to be done.

If the university aims to promote heightened awareness and civil expression, both sides need to have firm groundwork. It shouldn't be acceptable to bait passerby students through verbal attacks and provocations, as was the case at times Wednesday. Protesting is one thing, but using unneeded explicit language toward university passerby is another entirely.

Students should feel safe when walking to and from classes, and while physical violence is most commonly referenced, there still seems to be a disregard for verbal attacks. Green even seems to fixate toward a "physically safe environment" the university is striving for, which is a great start but not all encompassing.

Where do we draw the line between free speech and escalating, non-physical actions? Wednesday's group had every right to be on campus, but at times seemed to border on disregarding that privilege.

Yes, the visuals were graphic and possibly disturbing. Yes, the protesters sought aggressive engagement. Green's email, sent Tuesday, made a point of noting exactly when and where the event was going to be held, so those not interested in engaging could simply avoid.

Whether it's a pro-life or pro-choice demonstration, free speech is free speech.

Some of Wednesday's images may have been needlessly graphic, but they shouldn't detract from the bigger picture.

We need to protect free speech at all costs — it is what allows us to do what we do. Protecting free speech, in this case, may have come at a cost — but at least it was protected.

— Editorial Board



## GUEST VOICE

### Stay one step ahead of the flu this season



**Ella Letica**  
Peer Health Educator  
GUEST VOICE

Ah, Fall semester, what a beautiful time of the year. The birds are chirping, the days are cooling, and the leaves start falling. Just as the leaves fall off trees, students can fall ill with the flu.

Now the flu is no common cold; the virus hides in respiratory droplets in the air and strikes anyone with a weakened immune system. And with the semesters' pace slowly speeding up and stress levels rising, students are the perfect environment for the flu to live in. Are you going to be its next victim?

To avoid getting the flu this semester, consider some tips and tricks to help you fight back. The basics are practicing healthy living, such as exercising regularly, eating nutritious foods, getting enough sleep, and staying hydrated. We also recommend staying away from anyone who is currently sick and handwashing regularly. If you develop a fever, it is recommended to stay home for 24 hours or until it subsides. If the fever persists, visit the Student Health Clinic currently located at 2500 W "A" St (behind Walmart), as it could be a more serious case. The best way to prevent the flu from slowing you down this semester is to be proactive and get the flu vaccine.

The university is offering several different opportunities to receive a flu vaccine this semester: Oct. 2 from 10 a.m. to 3 p.m. in the Idaho Student Union Building; Oct. 8 from 4-7 p.m. in Wallace; Oct.

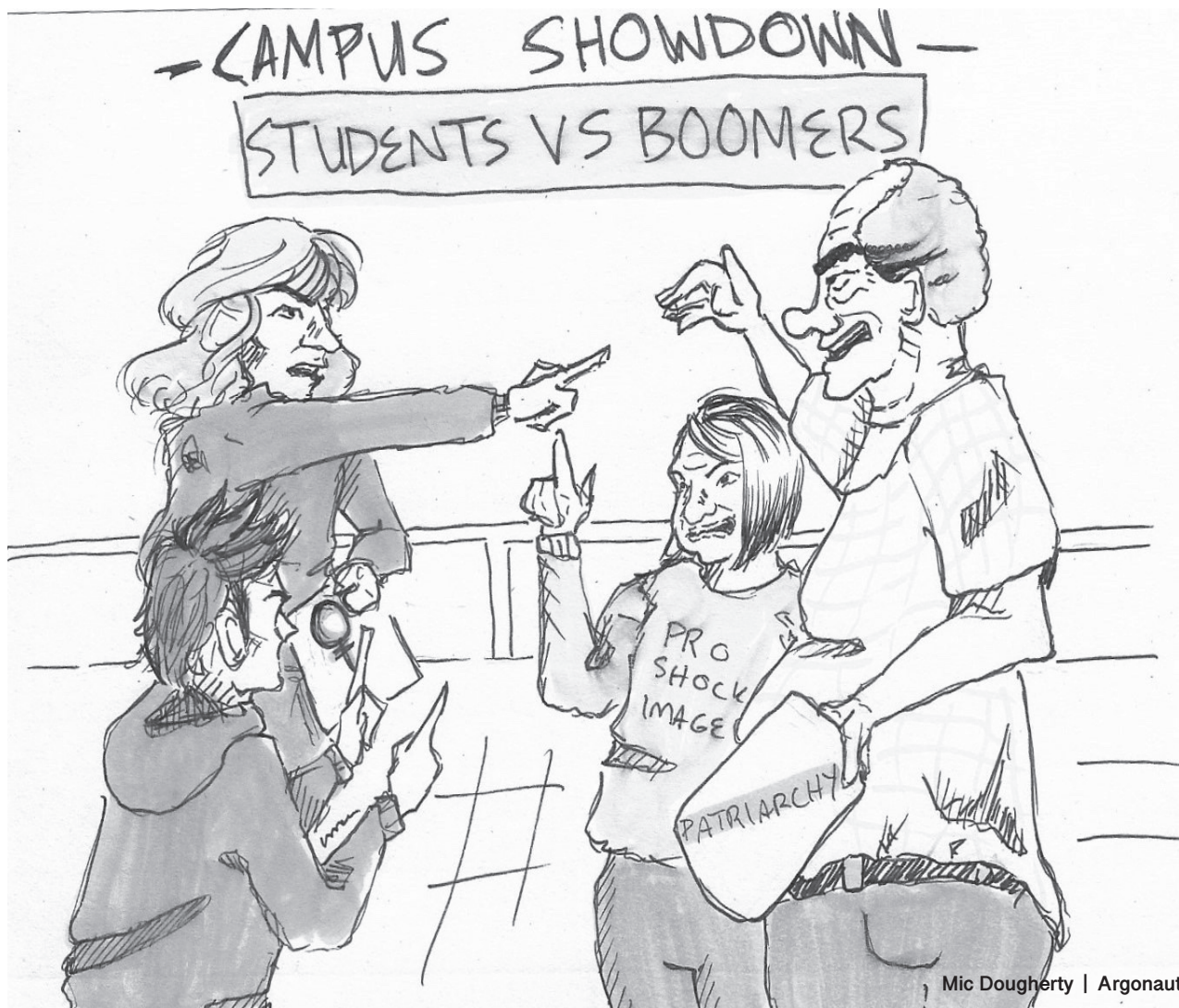
23 from 4-7 p.m. in the Kibbie Dome; and Nov. 6 from 10 a.m. to 3 p.m. in Wallace. And best of all, it's FREE for students! Just make sure to have your Vandal ID card on hand.

But what if you got the flu vaccine last year, does that mean you're good to go for this flu season? The answer is no. Just because you got the vaccine last year does not mean that you are protected this year. The flu is not a disease, but rather a virus with ever-changing strains from season to season. The strains that were contained in last semesters flu vaccines are not going to be the strains roaming around our campus this year. Therefore, being proactive and receiving a flu vaccine every year is highly recommended.

Before you get your vaccine, there are some things you should remember. The major symptoms to be wary of include a scratchy throat, blocked nasal passages, fatigue, and a low-grade fever. The symptoms tend to last a week if you have a healthy immune system, however it may be longer if underlying health issues are already present. The vaccine is a mixture of the few most common virus strains so there is a chance you may still get the flu even after taking the vaccine if you happen to catch a rare flu strain. However, this does not mean the vaccine is ineffective. Recent studies have shown that there is a 40-60% reduction in the flu breakout among people who have the vaccine (CDC, 2019).

Getting the vaccine not only decreases your risk of getting the flu, but for others around you as well. By getting the vaccine, practicing handwashing, and staying home if you get sick, you are helping to protect the Vandal Family immunity from the flu. Stay well this semester, Vandals!

## POLITOON



## COLUMN

### What are the limits we set for the things we love?



**Emily Pearce**

Column  
ARGONAUT

*I drove five hours to go to my favorite artist's concert*

We ask ourselves what we would do for music. How far do we go for the things we love and where do our limits rise and fall?

Fueled on fried rice and Red Bull, this past weekend left me asking that same question — but all because of the great memories it left for me.

I drove five hours to Seattle to listen

to my favorite artist perform. The concert was for three hours, while the remainder of the night was spent driving back.

Oliver Tree performed at the Neptune Theater, as well as Estonian rapper Tommy Cash.

The theater was beautiful and the music was better live than regularly listened to through headphones.

Now, I know the question one might have. Why would I spend my weekend driving 10 collective hours to and from Seattle?

From what is already described, it sounds like a great time. It's just such a long commute. I guess a better way to phrase the question is: was it worth it? The answer to that question is yes, it most definitely was.

Driving to Seattle and back to Moscow is a lot in one day. Even I can admit that.

By the time we got back, the sun was coming up. The mountain rain near the beginning of the drive wasn't kind either.

This is just one of many examples showing what we do for music and the artists we adore. Obviously, there are few boundaries I set for music. Driving is just an obstacle and tedious task that I overcome to see my favorite artists live.

As for limits, I often joke about how few I have.

Number one: the amount of queso I put on my burrito at Qdoba.

Number two: how far I will drive for a great concert.

Though both of these things sound very different, they both pose a similar amount of importance.

One is a quench of taste and the other is one for both the ears and soul. What's

important is both bring much joy.

It is not a big step to infer that music and art is what make most happy. For me, driving whatever distance to see artists live is what gives me great amounts of joy. Giving support to my idolized celebrities will always be as rewarding as what work they give back.

Whatever makes us happy, we must take an extra step to get there if that's what it takes.

Whether it's music, art or creating, it is important to take pride in and prioritize what makes you happy. What might one do for music and what limits are they willing to break for the things they love? The answer: anything, whatever it may be, love it that much.

*Emily Pearce can be reached at [arg-opinion@uidaho.edu](mailto:arg-opinion@uidaho.edu)*



## COLUMN

## A MODEST REVIEW



Max Rothenburg  
Column  
ARGONAUT

*There's a new pizza chain in town, but is it a welcome addition?*

Max Rothenburg  
ARGONAUT

Thursday marked MOD Pizza's grand opening, and it was a sight to behold. From my Papa Murphy's parking lot stakeout down the street, I observed a few shocking revelations within the initial hours.

First and foremost was the drive-through. Not only was I shocked to discover a pizza chain drive-through in the first place, but the lengthy line had my jaw hit the floor. It was never ending, a conga line of pizza consumers spending far too much gas and willpower awaiting their orders.

Shortly after my arrival in Moscow three years ago, I remember coming to terms with the fact that Subway had a drive-through. That revelation was disheartening enough, but MOD has taken this one step further. When does it stop? Will JAMMS be the next victim of a drive-through?

They could have visited me at Papa Murphy's instead and been in and out within minutes.

The second earth-shattering revelation came during a moment of profound clarity. From my Papa Murphy's perch, MOD Pizza wasn't the only pizzeria within my Apple-certified "one-minute walking distance." In my immediate vicinity was also Pizza Perfection, another Moscow classic.

This got me thinking — how much is too much? Let's recap some of Moscow's other offerings.

Pizza Perfection. Papa Johns. Dominos. Pizza Hut. Papa Murphy's. Maialina Pizzeria Napoletana.

One of these may not be like the others (looking at you, Dominos), but these offerings seem moderately excessive for a city of Moscow's size.

After some more investigating, it was time to try the MOD experience firsthand. I waved goodbye to Papa Murphy's and drove over to the busy locale, ready to relish in my own personal pizza.

And relish I did. MOD has plenty of specialty pizzas one can choose, but of course I decided to build my own. I couldn't even begin to recount the various toppings and ingredients I used, and after a certain point I started to feel bad for the employees.

All I remember are brief but quickly fading memories of spicy sausage, garlic and tomatoes I confused for peppers. I also had no choice but to sample the cheesy garlic bread and some of their house made drinks.

It was a great pizza — and

a cheap pizza too, relative to its size. The customized flavors hit all the right notes, and the crust was nothing to scoff at. But is a great pizza enough?

In a day and age where I can have a beautiful, garlic-filled Dominos crust or a Maialina's sampling of words I don't understand — toasted pine nuts, fennel pollen, prosciutto di parma, gorgonzola dolce and something suspiciously labeled as evoo —, I'm hard pressed to imagine how MOD fills in the blanks.

If I really want a pizza, there's still nothing stopping me from ordering takeout. Any of the other locations will likely be less crowded for quite some time.

There's something truly special about MOD's customizability, and it may appeal to many looking to scratch that Subway topping selection itch. I would even recommend everyone try it at least once for the experience alone.

But for me, at the end of the day it's just a circular dough topped with marinara, cheese and maybe a few other meats and veggies if I'm feeling adventurous.

I can't help but feel adding a seventh option to Moscow's already-growing pizza list wasn't the most advantageous or long-term solution. Prove me wrong, MOD.

Max Rothenberg  
can be reached at  
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A close-up look of the stool I sat on. — Max.

Alex Brizee | Argonaut

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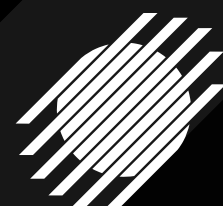
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