

STUDENT LIFE

Courtesy Uldaho Memes for Scott's Tots | Ethan Dale

Meet the meme team

The student-run UI memes page provides laughs and free expression

> Nicole Hindberg ARGONAUT

It used to be UIdaho Memes for Spuddy Teens, now it's UIdaho Memes for Scott's Tots.

The recent name change came with the announcement of President C. Scott Green, University of Idaho's newest president. Even though the name has changed, the purpose for this page has remained the same.

According to the meme Wikipedia page, a meme is "an idea behavior or style that spreads from person to person within a culture, often with the aim of conveying a particular phenomenon, theme or meaning represented by the meme."

Current admin and fourth-year student, Ethan Dale, designed the new banner students recognize as soon as they see it. The banner previously depicted former UI President Chuck Staben, but once Green was announced as president, they needed a new banner and a new name.

The name of the page ends in the phrase "Scott's Tots" and because of this, Dale said he decided to incorporate a tater tot in the banner. With this in mind, Dale said he used his creative liberty to make the new banner.

The Facebook meme page, which is not officially associated with the

which are students or alumni from UI. These members can post memes and share them with other students, but all posts must be approved by admins. One of the current admins, Dawson Hill, third-year student at UI, knew the students who originally started the page and has been an admin since the end of his first year.

Along with approving the posts submitted by students, admins monitor those who want to join the group. This makes sure all members in the group are students or are affiliated with UI in some way.

While the current admins have a group chat where they vote on questionable posts submitted to the page, not all of the admins have met each other because each of the current admins were added by a graduating admin, Hill said.

Hill said he believes the page gives students a platform to discuss what's currently going on at the university.

"I think it gives students an opportunity to have a way to openly express themselves," Hill said. "Not necessarily criticize, but poke fun at some of the things the university chooses to do and it's not all about that."

Some of those other posts include topics such as the gnats that flooded campus last week, which made student's trips to class more difficult than it usually is, at least according to the memes posted on that day.

Dale said he enjoys being an admin because it allows him to see all the different memes students create in response to things going on at the university, allowing



Corporate needs you to find the differences between this picture and this picture.

They're the same picture.

SEE MEMES, PAGE 4

Courtesy Uldaho Memes for Scott's Tots | Annika Essau

ADMINISTRATION Student enrollment sees slight increase

11,372 - 2015	11,780 - 2016	12,072 - 2017	11,841 - 2018	11,926 - 2019
766 - 2015	662 - 2016	710 - 2017	747 - 2018	652 - 2019

Total enrollment

International enrollment

Increase comes from firsttime freshmen, non-degree and graduate student enrollment for 2019

> Ellen Dennis ARGONAUT

UI enrollment numbers for fall 2019 increased slightly to 11,926 students, up 85 students since fall 2018.

The increase comes from firsttime freshmen, non-degree and graduate students, according to a report by UI Director of Communications Jodi Walker.

Total undergraduate enrollment dropped 4% from 2018 to 2019 due to a decline in retention, or the continuing student population. Idaho resident undergraduate enrollment is down 4.2% (full-time and part-time) from fall 2018, off-set by a slight increase in non-resident undergraduate enrollment, Walker said.

The overall first-time, full-time student retention rate for fall 2018-2019 is 77.3%, down from 80.7% in 2017-2018.

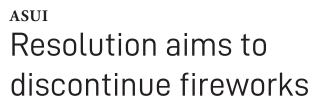
International student enrollment declined this fall, down 95 students since last fall, due to challenges in federal immigration processes, Walker said.

The university continues to implement strategies to improve retention, including enhancing student financial support and the implementation of VandalStar, a webbased advising tool which functions as a streamlined communication platform to offer faculty and staff support to all students.

"Given national demographic challenges, we are pleased with the enrollment increase in our freshman class," said University of Idaho President Scott Green in a news release. "We recognize that unmet financial need is an issue with our continuing student population and are committed to addressing this over time through Vandal Promise Scholarships as our fundraising priority."

Ellen Dennis can be reached at arg-news@uidaho.edu or on Twitter @edennis37

IN THIS ISSUE -



Homecoming committee members oppose resolution

Rachele Catt ARGONAUT

Homecoming committee members rallied at Wednesday's ASUI meeting to oppose a recent resolution regarding the discontinuation of the long-standing tradition of Homecoming fireworks.

ASUI presented a resolution Wednesday to discontinue the Homecoming fireworks show over health and environtmental concerns.

Marie Duncan, co-advisor to the Homecoming committee, spoke during the meeting's open forum on her and her committee's disappointment in the ASUI resolution to discontinuing fireworks. Duncan said she felt the fireworks helped make Homecoming the success it has been for years.

She said before the first fireworks show in 2007, both Serpentine and the bonfire did not require the crowd control, road closures or police escorts currently needed.

Although she thanked everyone for their work and updated the ASUI Senate on the increased participation in homecoming events, Duncan said she felt "disillusioned" about the amount of effort put in by the committee only to be met with opposition to the fireworks.

"Students put a lot of work into the whole week, a lot of even and safety planning," Duncan said in an interview after Wednesday's meeting.

SEE FIREWORKS, PAGE 4



Soil Stewards gives students the opportunity to find their green thumb. LIFE, 5



Idaho volleyball builds around freshman talent Kyra Palmbush.

SPORTS, 7

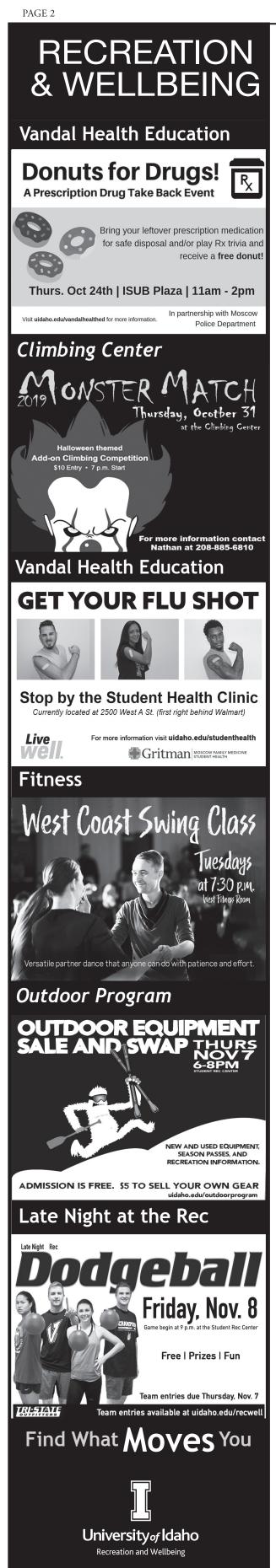


Memes at UI are not a phase — they are a lifestyle. Read our view.

OPINION, 9

University of Idaho

Recyclable



uidaho.edu/recwell

A Crumbs recipe Pumpkin rice krispy treats



Prep time: 30 minutes Servings: 12

Across

38 Moses' brother Tokyo, formerly

40 Big name in Giants history 41 Everglades wader 42 Sleeper's woe

39

44 Master

49 Hideous

46 Verv. in music

50 Christmas tree

earthquake?

55 Used to be

59 Kind of arch

62 Breakfast staple

63 Asia's shrinking

Sea

60 Kick out

58 Loyal

decoration after an

Ingredients

- 5 cups Rice Krispy cereal
- 1 bag of marshmallows
- 1/4 cup butter
- 1 pack of Rolos candy
- Red and yellow or orange food coloring

Directions

- 1. Melt butter in large pan
- 2. Add marshmallows, melt with butter
- 3. Add food coloring, about 12 drops of yellow and four drops of red, or until desired color
- 4. Mix in cereal
- 5. Cool slightly
- 6. Form into balls, forming into pumpkin shape
- 7. Unwrap Rolos and stick on top of pumpkin to make stem
- 8. Enjoy!

Emilv Fales can be reached at

crumbs@uidaho.edu

LOOK, A BEAR! LOOK, HVMANS! nos th Jethro Shorman | Argonaut

9 1 3 1 Hat-tipper's word 5 Balkan native 9 Not hearing 7 13 Yoga practitioner 14 Ornamental handbag 4 5 15 Highest point 16 Choir voices 17 Rural route 2 1 18 Paranojac's worry 19 Hit the slopes 20 Orca 6 4 23 Graceful bird 25 Pays to play 26 Various places 4 32 Grownup 33 Yell 34 Slovenly person 6 37 Fleur-de

21 Night spot

24 Electrifying

swimmer

27 Computer menu

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29 Midafternoon

30 Bronx cheers

31 Ages and ages

34 Thrifty

Rings figure

26 Light ring

option

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64 Ill-tempered 10 Plaudits 35 Brain wave 36 Hockey score 11 Detergent plant 65 Breather 12 Celebrates 38 Gone by 66 Stag 67 Notices 13 Owns 41 Border lake CORRECTIONS An article in the Oct. 10 issue of The Argonaut incorrectly identified Brian A. Balazs in the article, "Community remembers Adam Seo." In an article in the Oct. 3 issue of The Argonaut, Lindsey Brown's, with the Office of the Registrar, name was misspelled in the article, "Having our names validated" **UI STUDENT MEDIA BOARD** The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public. Questions? Call Student Media at 885-7825, or visit the Student Media office on the Bruce Pitman Center third floor. The Argonaut welcomes letters to the editor about current issues. However, the Argonaut adheres to a strict letter policy: Letters should be less than 300 words typed. • Letters should focus on issues, not on The Argonaut reserves the right to edit letters for grammar, length, libel and clarity. Letters must be signed, include major and provide a current phone number. • If your letter is in response to a particular article, please list the title and date of the article. Send all letters to: 301 Bruce M. Pitman Center Moscow, ID, 83844-4271 or arg-opinion@uidaho.edu

Down

1 Condensed

trade

3 Big deal

5 Peddle

8 Coffin

6 And others

(Abbr.)

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4 Aquatic rodent

7 Mysterious letter

9 Strauss opera

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ELECTION Where to vote in the Moscow City Council Election

Early voting location within walking distance of UI campus, unlike day-of polling locations

Ellen Dennis ARGONAUT

The City of Moscow will hold an election on Tuesday, Nov. 5 to fill three open Moscow City Council positions, each of which will be a four-year term.

Early voting is currently open to all eligible voters until Nov. 1 and can be done at a location within walking distance from the UI campus, unlike day-of-election voting.

The polling location for early voting is housed at the Latah County Auditor's office on 522 S. Adams Street, Room 101. The office is open from 8 a.m. to 5 p.m., Monday through Friday, as well as Saturday, Oct. 26 from 9 a.m. to 1 p.m.

This location is roughly six blocks from the UI campus.

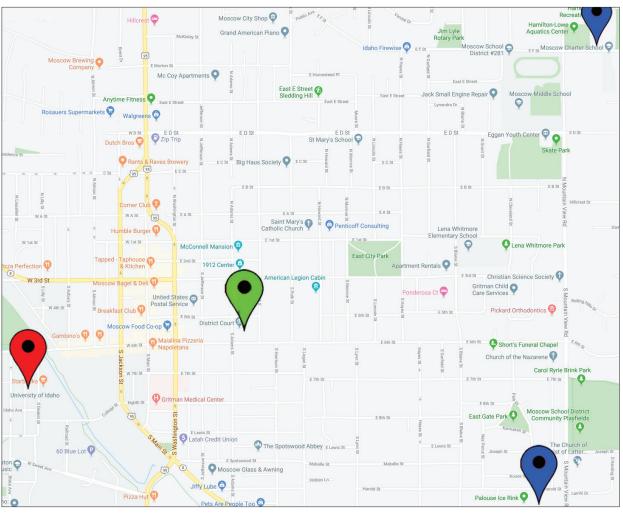
The two day-of polling locations will be open 8 a.m. to 8 p.m. on Nov. 5, both situated on the eastern edge of town, over 15 blocks from campus. These will be at Latah County Fairgrounds on 1021 Harold St. and Hamilton Indoor Recreation Center on 1724 E F St. These buildings will each house polling locations for different Moscow precincts.

Voters can identify their precincts by using a map on The City of Moscow website in the "Election Information" menu under the "Government" tab.

Voters can register at the polls for both early and day-of voting. To do so, a valid ID and proof of residence (i.e. power bill) must be supplied.

The Argonaut will continue to report on the upcoming Moscow election.

> Ellen Dennis can be reached at arg-news@uidaho.edu or on Twitter @edennis37



An overview of Moscow showing the various polling locations.

Courtesy | Google Maps

Early Voting

Event Calendar

UI Campus



F-word live! poetry slam

Vandal Ballrom, Bruce M. Pitman Center | 7 p.m. The Women's Center will host a poetry slam Thursday, Oct. 24, to "showcase relationships to and perspectives of feminism, gender equality, and patriarchy through spoken word," the Women's Center website stated. Tickets are free for UI and WSU students with student ID and \$5 for non-students. The Women's Center stated proceeds will benefit violence prevention.



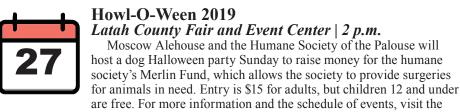
Africa Night

International Ballroom, Bruce M. Pitman Center | 5 p.m. The African Student Association will host their annual Africa Night on Saturday. The event will feature a talent showcase, dancing, cultural performances and authentic African food. Tickets are \$10 at tabling events, the Office of Multicultural Affairs or at the door and \$13 online. Children are admitted for free.



Farewell party for Bekah Millermacphee *Women's Center, Memorial Gym room 109 | 2 p.m.*

The Women's Center staff invites the UI community to join them as they thank Bekah MillerMacPhee for her years of work with the Women's Center. Refreshments will be available.



Howl-O-Ween 2019

Latah County Fair and Event Center | 2 p.m. Moscow Alehouse and the Humane Society of the Palouse will host a dog Halloween party Sunday to raise money for the humane society's Merlin Fund, which allows the society to provide surgeries

Moscow Chamber of Commerce event page.



Mental Health First Aid for Students: Part 1 Student Recreation Center room 103 | 4 p.m.

University of Idaho undergraduate women are invited to register for the fall Women's Base Camp Trip. Participants will travel outdoors, learn about service and leadership and build their confidence. Only nine spots are available and can only be reserved inperson. Trip dates are Friday Nov. 8 through Sunday Nov. 10.



Spooky Science Show Renfrew Hall room 112 | 6:30 p.m.

The College of Science Ambassadors will host a spooky science show for the community. All ages are welcome at the event.



Moscow City Council Candidate Forum *Renfrew Hall room 125 | 5 p.m.*

The departments of Sociology & Anthropology and Politics & Philosophy will host a forum for students, staff, faculty and community members Tuesday evening. Attendees will have the opportunity to listen to city council candidates discuss their vision of Moscow's future. Questions can be submitted by emailing volunteer@uidaho.edu



Escape the ISUB

Summit room, Idaho Student Union Building | 7 p.m.

Vandal Entertainment and Puzzle IQ will host several escape rooms in the ISUB. Multiple rooms, each with a different theme, will be set up throughout the ISUB and the Phi Alpha Theta History Honor Society will host a trivia game while attendees wait for escape rooms to open.

Halloween ESCAPE & S with Puzzle IQ

7-9p.m. | 4th Floor ISUB

Multiple rooms each with a different theme! Trivia with Phi Alpha Theta History Honor Society

Day of voting

MEMES

FROM PAGE 1

"It's kind of a unique situation, memes started out as jokes and now they're almost like a form of communication now," Dale said.

Dale said every meme has brought a "chaotic" response in the comments, saying there's "at least one interesting discussion raised by each meme."

Alicia Treichel, a third-year student at UI, has been a member of the page since her first year on campus. She started liking pages related to the university and Facebook eventually sent her another meme page called University of Idaho Memes. After she liked that page, she was suggested the UIdaho Memes for

Scott's Tots page.

The University of Idaho Memes page has over 12,500 people who like and follow it, however it is significantly less active than UIdaho Memes for Scott's Tots.

Treichel posts very frequently with only one of her memes being denied by the admins to be posted in the page. During the flood in Moscow last April, Treichel decided to make a meme about it. She laid down in a puddle and captioned it "When ya roommate takes too long in the shower but the weather's got your back.'

She said she was never told the reason why the post got denied. But that has not stopped her from continuing to post frequently.

"Right now, I use (the page) to kind of give my take on what's going on around campus," Treichel said. "I'm definitely a comedian by nature. So, making jokes

about everything that happens on this campus really came naturally to me."

The meme page has grown because people like making memes in order to make light of various issues happening on campus and in the community, Treichel said.

At the beginning of the semester, Treichel decided to make an event to get students together after seeing a meme about a college in Sweden. The meme outlined an activity a Swedish college did, which was screaming in unison to relieve stress.

Even though only around 30 students showed up to the event, students enjoyed the experience. Because of this success, Treichel is planning another screaming in unison-type event closer to finals week to relieve the inevitable stress of finals.

Treichel said members of the group

can find information on the page about the next screaming event in the near future. She is currently planning on how to raise awareness for this event in hopes that more students will show up than last time.

Treichel said the page allows members to meet like-minded people in a way they might have not before. Treichel said she has met a few people in the past year because of the page.

The page continues to grow, and many posts are added each day.

"I think a lot of people like making memes," Treichel said. "I love them making them too and to get that (creative) energy out."

> Nicole Hindberg can be reached at arg-life@uidaho.edu or on Twitter @HindbergNicole

ADMINISTRATION Added language to VandalCards "I happen to see a copy of The Argonaut

Language added to VandalCards legitimizes LGBTQA community

Alex Brizee ARGONAUT

The VandalCard Office allowed printing of VandalCards again Monday, printing a person's preferred name, after going on a hiatus Oct. 3 due to legal issues brought forward by the Office of

General Counsel. The legal issues were brought

to the attention of Dan Ewart, vice president of information and chief information officer, after the General Counsel read a previous Argonaut article on the name change policy. As of Oct. 21, VandalCards will be printed with additional language, Ewart said.

The language added to the front of VandalCards will read "Not for official identification" and the back of VandalCards "The name shown on this card may not be the holder's legal name," Ewart said. On Oct. 21, all cards began to be printed with the additional language regardless if the student, faculty or staff uses a preferred name or not, Ewart said.

Ewart has been working with the Office of General Counsel, Office of Diversity and Equity and Dean of Students on the language of these cards to make sure it is sensitive to students, especially those who identify as transgender or non-binary.

"There's a lot of consideration with that language. We certainly don't want it to cause any issues for people, but we have to at the same time protect the university's interest as well," Ewart said.

Amber*, UI student and transgender woman, said she knew of the preferred name change planned to come to campus before the hold on VandalCards was announced.



Dan Ewart ARGONAUT

And so, I walked in and we got it changed while I was waiting," Amber said. "I didn't realize that it would be the last opportunity to get it done." Amber said when she found out about

and was like, 'Oh yeah, they're doing that.'

the hold, which took place later in the day on Oct 3., she was livid - and she said she still is. For herself and the trans

community on campus, Amber said it felt as though they were promised respect for their names and then it was pedaled back.

"I don't think people who aren't trans necessarily know how big a deal that is," Amber said.

By having the ability to use their preferred names, it allows the transgender community to acknowledge "that we have the

right to decide who we are,"

Julia Keleher, director of the LGBTQA Office, said she knows names are important.

Keleher has been working with Yolanda Bisbee, chief diversity officer and executive director of tribal relations on the specific language of the VandalCards, so the cards will not spotlight transgender students.

> appropriate or makes it seem like their name is not important than that delegitimizes their experience," Keleher said. "I know that wasn't the intention of the hold and the change in language, but my job really is to ensure that both parties are met."

Keleher's main focus has been making sure all VandalCards going forward will have the

Before the hold, three students received updated VandalCards, Ewart said. The students have been asked to come back to the office starting on Monday to receive their updated VandalCard with the additional language. "We won't inactivate someone's card and block their access to door access, meal plans - we're not going to do that," Ewart said. "We will encourage them to come in get the new card."

this, they're not reprinting IDs for all 10,000 students, they're only doing this for the three trans students," Amber said.

Brandon Krous, student technology center supervisor, said students will need to make sure to bring in their previous VandalCards when they come in for a preferred name change.

If any student who wishes to put their preferred names on their VandalCards do not bring in their old

And then all of a sudden this stops

it and has to change it in a way

that makes you feel like, 'Well,

why is my identity not important

enough to have this continue

forward?'

JULIA KELEHER

DIRECTOR OF LGBTQA OFFICE

one, they will be charged with a lost or stolen fee of \$25, Krous said. Krous said

he and his team were the ones to originally allow students to use a preferred name. "We all kind

of just sat down and were like, 'Why don't we just change the name on the VandalCard? It makes no sense that we can't.' So, we

ended up changing names, that was really the only process," Krous said.

How it plays out legally

Amber said she doesn't understand why they have to use the terminology saying her VandalCard may not reflect her legal name and instead couldn't the office just state VandalCards aren't legal IDs.

Amber said she would like to see VandalCards modeled after Washington State University's CougarCard, as WSU allows students to use their preferred name.

WSU allows students to enter their preferred name on WSU's online system, 'myWSU,' and once that is done, students can ask for their name to be changed on their CougarCard, according to the WSU website tah 'Gender Identity/Expression and Sexual Orientation Resource Center.'

university's intent was not to devalue transgender students but understands why students are upset.

'Students are upset, and I think rightfully so," Keleher said. "It's hard to have situations where certain policies or procedures changed to benefit you. And then all of a sudden this stops it and has to change it in a way that makes you feel like, 'Well, why is my identity, not important enough to have this

> continue forward?"" While there has been talk of UI's programs obtaining the ability to use a preferred name like Banner, which runs pages like VandalWeb and Blackboard Learning - there is no official date for when those features will roll out, Ewart said.

"The university has been very active in trying to find ways to incorporate

preferred name options for students, for employees, for everyone," Ewart said.

Athene Peterson, a transgender woman, said she is glad to hear VandalCards for a preferred name change will be allowed again and knows other steps are being taken to allow students to use their preferred names.

"I do know some of these people are afraid that they're going to go back there, give them the card and they're going to get a card with their dead name back," Peterson said. "I think it's kind of fair. It's like they just don't want to lose this.'

A dead name is the name those in the community used before they transitioned.

Keleher said these students are scared polices may switch back and not allow them



Julia Keleher

Amber said. The importance of names

"If the language is not

additional language.

Amber's last name is withheld at her request to protect her identity.

Amber was headed to the Bruce M. Pitman Center on Oct. 3 to speak with the Office of the Registrar about policy changes revolving around preferred names as she's been working with the Registrar on these policy changes this fall. Amber is working with the Registrar to test these name changes on her own pages to trial run before preferred name changes take effect to everyone.

Amber, as one of the three students who received updated cards, said she doesn't understand why they are the only ones who have to get new VandalCards.

"They're not asking anybody else to do

While a VandalCard is not a legal ID, Idaho state statues still accept student identification cards in some instances, Ewart said.

Those instances include being used as one form of identification on an I-9, a form used to verify someone's identity and employment authorization when you are hired for a job in the U.S. and identification at voter polls. among others.

The future of preferred names Keleher said she recognizes the

to have the ability to use their preferred names but she hopes when the process does returned, more students will be willing to take advantage of this.

"We're talking a lot about like policies getting really into like the nitty gritty of how this works - but I really want to bring it back to this idea that trans students are valued," Keleher said.

> Alex Brizee can be reached at arg-news@uidaho.edu or on Twitter @alex brizee

FIREWORKS

FROM PAGE 1

Sponsor of the resolution, ASUI Sen. Joe Garrett, said the resolution is not a ban, but a political statement of the student body. Garrett also said there will be amendments made to address the concerns.

Garrett gave reasons for the support behind discontinuing the fireworks.

"We need to recognize the harmful effects they bring," Garrett said.

Garrett named polluntants, unintended health consequences, noise affecting PTSD victims and wildlife harm as the harmful effects.

Resolution creator, ASUI Sen. Mary Alice Taylor, emphasized the point from Garrett that amendments need to be made to the resolution before the vote takes place during next week's meeting at 7 p.m. Oct. 30. Taylor said the Homecoming committee should look for alternatives to the fireworks

"Tradition is Homecoming in and of itself, not just the fireworks," Taylor said.

She said she would like the community to understand the resolution is saying Vandal pride can still be shown without fireworks. Duncan responded by saying the Homecoming committee is open to suggestions for replacements, but these suggestions come with their own obstacles.

"There is a lot of coordination and moving pieces around that would need to be considered," Duncan said.

There were questions from the ASUI senate regarding the resolution as well. ASUI Sen. Aaron Bharucha began a colloquy, or discussion, with Taylor to address his questions regarding the resolution. During this discussion it was revealed the Homecoming committee did not have this resolution shown to them prior to the ASUI meeting.

This was supported by Duncan, who said she was made aware of this resolution around 4 p.m. on the day of the meeting.

Regarding statistics to support her resolution, Taylor did not have concrete numbers to present to the Senate at the time. ASUI Sen. Travis Kerr asked if there were any statistics regarding negatively affected community members nationwide or locally. but Taylor said the website she looked at did not have any numbers to report.

Several of the senators voiced concerns over the wellbeing of individuals with PTSD and other disabilities triggered by loud noises. ASUI Sen. Julie Attinger reminded the meeting members a good portion of the student body and alumni are made up of veterans.

Duncan also said the Homecoming committee recognizes there are individuals with PTSD and other health concerns. The Homecoming committee releases warnings through event announcements to

the public regarding health concerns.

Regarding the environmental concerns, Duncan said they are required to follow every law connected to fireworks. They also have the environmental club from the high school do cleanup for the fireworks.

The Senate still has much to consider regarding amendments to the resolution before voting. If the resolution passes voting next week, it is an expression of the sentiments of the Senate, not an official ban law.

"ASUI should be reflective of the student body, and the committee feels that a resolution like that wouldn't accurately reflect the student body," Duncan said.

> *Rachele Catt* can be reached at arg-news@uidaho.edu or on Twitter @RACHELE_CATT

PUBLIC NOTICE

Pursuant to Idaho Code 55-405 the University of Idaho is providing notice of impoundment of 41 abandoned bicycles on the University of Idaho campus. Individuals wanting to claim their property should contact The University of Idaho Parking and Transportation Services at 208-885-6424 or at 1006 Railroad Street Moscow, Idaho. Photo identification and make/model details of bicycle will be required.

Unclaimed bicycles will be disposed of in accordance with the University's Property Policies and Guidelines 3 months from date of Notice to County Clerk. Public Notice Date: 10-17-19

Latah County Clerk Latah County Court House || 522 S. Adams Street Moscow, Idaho || 208-883-2249.



OCTOBER 24, 2019

THE ARGONAUT

LIFESTYLES TERESTS, FEATURES AND





Soil Student Stewards farm members work to set up for their event Oct. 19.

STUDENT LIFE Do you like gardens and farming?

The Soil Stewards Club allows students to get a hands-on experience.

Ryan Hill ARGONAUT Out behind WinCo on Farm Road sits a small farm full of pumpkins.

University of Idaho since 2004, said Faculty Advisor Alison Detjens. This farm is a resource for anyone, from

their crops to potential green houses. "The purpose of the farm is just be a teaching tool for anyone," Detjens

said. Kevin Guisasoloa, a UI geology major, has worked for the Soll Steward Student Farm for the past three semesters ..

get involved in the farming and harvesting process of crops producing an abundance of organically managed vegetables. While they are not certified organic yet they are working toward it in a few years Detjens said. The crops they plant include broccoli, potatoes

Ryan Hill | Argonaut



Emily Pearce ARGONAUT

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*Events this week to keep up with the Palouse* 

**OCTOBER** Lounge **PRICE:** FREE TIME: 8-9 p.m.

 $\diamond$ 

**OCTOBER** 

**Kenworthy PAC** 

PRICE: Tickets \$12

TIME: 9p.m. &

Midnight

 $\diamond$ 

This event is for those who are ready to test their trivia knowledge and are Harry Potter fans. Thursday, Vandal Entertainment and Moscow Manticores Quidditch Team ASUI Vandal Student are hosting a Harry Potter extravaganza. The event is free and there is a chance to win prizes. Come to ASUI Vandal Student Lounge to test your Harry Potter knowledge.

AGE 5

**OCTOBER One World Cafe PRICE:** FREE **TIME:** 7-10 p.m.

Friday, One World Cafe is hosting its monthly open mic night with many different types of skills showcased Friday. Sign-ups start at 6:30 p.m. and performances will start at 7 p.m. One World will also provide alcoholic and nonalcoholic drinks to make the night even more enjoyable. All ages welcome, come add some pizzazz to your Friday night.

The Rocky Horror Picture Show is back for another year. Whether it be the third time seeing the show or if you are a Rocky Horror virgin, it is not an experience to miss. Rocky Horror Picture is showing on two days, Friday and Saturday online, \$15 at the door night at 9 p.m. or midnight. Tickets can be bought online for \$12 or at the door for \$15.

#### **OCTOBER**

The Moscow Farmers larket is a staple to the

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fitting for the fall season.

It might not look like much, but during the spring it's full of ripe vegetables. This is the Soil Stewards Student Farm.

Students might have seen this organization selling their vegetables in the Idaho Student Union Building throughout the year. The Soil Stewards have been around the

"At the beginning, it was a lot of planting and making sure everything got into the ground in a timely manner," Guisassola said. "Later into the summer it was mostly weeding and running a market stand and making sure everything doesn't die." The club allows students to

carrots, onions and even turnips.

Typically the stewards plant in the spring and harvest during the summer, but are working to secure space a greenhouse space to plant crops for the winter.

SEE FARMING, PAGE 6

Main Street

PRICE: FREE

community. It is the star of Main Street every Saturday during warm weather and is a great way to kick off the weekend. While the seasons are changing and warmer weather has seen better days, the farmers market will go with it. Come enjoy the last farmers market of 2019.

TIME: 8 a.m. - 1 p.m.

Scorpio: Oct. 23 to Nov. 2 Costume: Vampire or Lawyer

Venus is in Scorpio for a while longer. You may feel your emotions swing intensely. However, Mercury is also in Scorpio. Be sure to keep a balance between intellect and emotions.



Taurus: April 20 to May 20 Costume: Toilet Paper Mummy

Don't bottle up your emotions. If you have a problem with something, say so. Being passive makes it harder to achieve your goals.

Sagittarius: Nov. 22 to Dec. 21 Costume: Mad Hatter or Genghis Khan

You're a wandering soul but keeping a solid friend group is important. Don't be afraid to rely on your friends if you need to talk through new ideas.



Gemini: May 21 to June 21 Costume: Chimera or sports announcer

Meditation is a good tool to center and organize thoughts. If your mind is in a whirlwind, take a moment to breathe and focus in on the task at hand.

Capricorn: Dec. 22 to Jan. 19 Costume: Demon or Homunculus

Don't step on too many toes on your way to the top. Keep other people's feelings in mind and understand teamwork makes the dream work.



Cancer: June 22 to July 22 Costume: Cthulhu or H.P. Lovecraft

Show people you care about them, but don't be overbearing. Embracing your love for life comes with embracing the fear. Go to one of the few haunted house events in the area, like the Haunted Palouse.



Sam Bruce ARGONAUT

> Costume: Aang from the Last Airbender

Don't let your pride get the best of you. Stay humble and engage with other people's thoughts and ideas. You're intelligent but allow others to have input.

Leo: July 23 to Aug. 22 Costume: Big Hair Band Rock Star

Stay in the real, don't get caught up in the theatrical aspect of life. Life is a stage but remember there are other performers on it with you.

Pisces: Feb. 19 to March 20 Costume: Mermaid or Merman

Empathy is important but don't become so absorbed you lose track of your own feelings. Make sure to have a clear separation between your own emotions and those of others.



Virgo: Aug. 23 to Sept. 22 Costume: Doctor

Accept life is a hot mess. Chaos is a natural ingredient in reality, and you have to learn to ride the waves. However, order is a part of life as well. If you see a friend struggling to get their life in order, offer some advice.

Aries: March 21 to April 19 Costume: Spartan Warrior

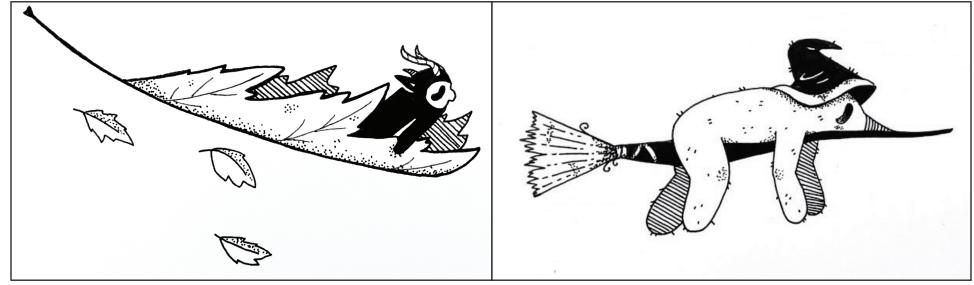
Be confident in who you are at the core. Be natural, you don't need to add flare to your personality to attract others. Your friends respect you for who you truly are.



Libra: Sept. 23 to Oct. 22 Costume: Judge or Lady Justice

You may find yourself tempted by delicious sweets this week, but remember good health starts with a balanced diet. Don't be afraid to go into situations alone. Be independent, and don't rely on others to a fault.

INKTOBER



Riley Helal | Argonaut



Riley Helal | Argonaut

Inktober more than just drawing

As spooky season comes to a close, enjoy the last few days of Inktober

Alex Brizee ARGONAUT Inktober — a challenge to draw every day through the month of October.

With 31 days in October, that leaves artists with 31 drawings they did throughout the month.

You may have noticed these illustrations, drawings or whatever on your timeline, newsfeed or anywhere you live socially.

The #inktober and #inktober2019 hashtags have taken social media by storm and have delighted our feeds with beautiful artwork from the professional artists to new beginners. In 2009 an artist who is known as Mr. Jake Parker started the concept of Inktober when he realized he wanted to challenge himself, according to Uni-Ball's website on what Inktober is.

That in the heart of it is what Inktober is, a challenge to artists to make.

While most Inktober series, fall primarily to where the challenge started — ink and pen drawings.

It doesn't mean it's only for those in inking mediums. While you may want to challenge yourself to learn ink and pen drawings don't feel like that is all you can do.

A variety of my fellow artistically inclined peers have used Inktober as month to just make, whether it be a logo a day, drawings or conceptual work.

As an artist, people make this grand assumption that our lives our easy, and all we do is draw to make a living.

But loosing motivation is easy, especially with the pressure of work, school and whatever you else you have going on in life.

So use Inktober to guide you in whatever your favorite medium is and just make.

You've still got eight days. Make. Make. Make.

And don't let spooky season's ending be the reason your artistic abilities die out.

> Alex Brizee can be reached at arg-life@uidaho.edu

FARMING

FROM PAGE 5

While the club doesn't pay for the farm as it's UI property, funding for everyday planting is something they don't receive much of, Detjens said.

But their goal in the future is to be completely self-sufficient. At the moment to bring in funds, they sell their vegetables by the Idaho Student Union building, or at the Tuesday market. They also have a partnership with the Hub, where they are able to sell some of their vegetables.

"They've been fantastic to work with," Detjens said. "The executive chef is all about local food and about buying as much as he can from us."

This means the next time a student is eating a vegetable in the Hub, it could be from the Soil Student Steward Farm.

While selling at the Farmers Market would seem like a good fit, they don't want to compete with local farmers

aae Centre

trying to make a living, Detjens said. What makes this club unique is anyone can join regardless of the major. A student's major doesn't have to be related to farming or plants.

"Anyone can join, anyone can participate," Detjens said. "The point is to make food and farming accessible."

Brendan Kiele, a UI first-year, majoring in civil engineering, grew up in a rural area so he has some experience growing a garden. But he joined the club because it was something different than his major.

Camilla Ditton, a UI third-year student majoring in horticulture, has been a part of the club for two years. "I saw a thing for it at the Palousafest,"

Ditton said. "I got a gourd from them and I was pretty much hooked."

Ditton also weeds crops and picks flowers for the club. Her favorite time is when they get to pick flowers in mid-July and bring them to the Tuesday market. She said she hopes more people will join the club because right now they have anywhere from 10 to 15 members, and the more people they have the more work they can get done.

With all the people attracted to the club, Detjens said there are students who are hoping to do a student market. This would mean getting clubs such as animal science clubs, the Hydroponic Club and even their club. That is a plan for the future, and Detjens hopes it'll materialize for next year.

The Soil Stewards Student Farm meets at 5 p.m. every Tuesday at the Soil Stewards Student Farm behind WinCo. Anyone, regardless of the major, is welcome to join and learn how to farm.

Ryan Hill

can be reached at arg-life@uidaho.edu.



Alex Brizee | Argonaut Members and volunteers of the club stay warm during the event Oct. 19.



Countdswn

Moscow

•Zombieland: Double Tap R Daily (4:50) 7:20 9:55 Sat-Sun (11:50) (2:20) Mon-Thur (3:30) 6:10 8:45 •Maleficent: Mistress of Evil PG Daily (3:45) 6:30 9:15 Sat-Sun (10:10) (1:00) •The Addams Family PG Daily (4:00) 6:20 8:40 Sat-Sun (11:40) (1:45) Joker Bei Sun (4:10) 7:00 0:50

Joker R Fri-Sun (4:10) 7:00 9:50 Sat-Sun (10:30) (1:20) *Mon-Thur* (3:20) 6:10 8:50 **Hustlers** Daily (3:50) 6:40 9:10 Sat-Sun (1)

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www.PullmanMovies.com www.EastSideMovies.com how times Effective 10/25/19-10/31/19



Brett Benton and Arthur Ortega perform at The Alley Oct. 18. They've been performing 23-25 shows a month.

ALLEY CHATS Delta blues energy and Brett Benton

Not so bad blues music picked up the energy levels at John's Alley

Sam Bruce ARGONAUT

People were swing dancing, hollering, jigging and stomping to some dirty and gritty country blues at John's Alley Tavern last Friday night.

With Brett Benton on guitar and vocals with Arthur Ortega on drums, this duo picked up their roots and brought the delta blues to Moscow.

Ortega joined up with Benton in August 2018 as Benton's full-time drummer. Since then, the two have played over 230 shows together. Benton is also incorporating a bassist into the band, but due to scheduling, he wasn't at The Alley last Friday.

Benton and the band are busy,

playing between 23-25 shows a month. This August alone they played 25 shows throughout Washington. Some of their favorites places to play at are the now closed Highway 99 Blues Club, the Tractor Tavern in Seattle, Club Crow in Cashmere, The Saphire Room in Boise and the New Roxy in Clarksdale, Mississippi.

The two had heard of The Alley through friends who played there previously. In the past they've tried to play there but it had never worked out until last Friday.

The two enjoyed The Alley because of its atmosphere and stage placement as well. The stage is raised and hollow and the venue has a lot of wood which helps with sound.

Vertical Dave knows what he's doing with sound setup and management as well, Benton said.

When Benton is on stage and

playing for audiences, he hopes his music reaches people in different ways, but mostly hopes people are having a good time. For him too, playing country blues is a therapeutic experience.

"If anyone's having a bad day, I hope it makes them feel better," Benton said. "If anybody's having a good time, I want it to be that much of a better time."

Sometimes Benton and his band will have whole rooms jumping and moving to their music. Other times it's just a few people. But Benton doesn't mind when people aren't dancing because those are often the people who ask questions, give congratulations and buy merchandise during breaks or after the show. Just because they aren't up and moving doesn't mean they aren't engaged with the music, Benton said.

"Different people react differently to it," Benton said.

"And the influence of alcohol can sometimes make a difference on whether people get up too."

Benton always feels what he's doing on stage, and provides a real, heartfelt experience to his audiences. There aren't many people playing country blues, and Benton has modernized many old songs from the genre.

In the Northwest, Benton and his band are some of the only people playing this music, and certainly the only people playing it with their unique style, Benton said.

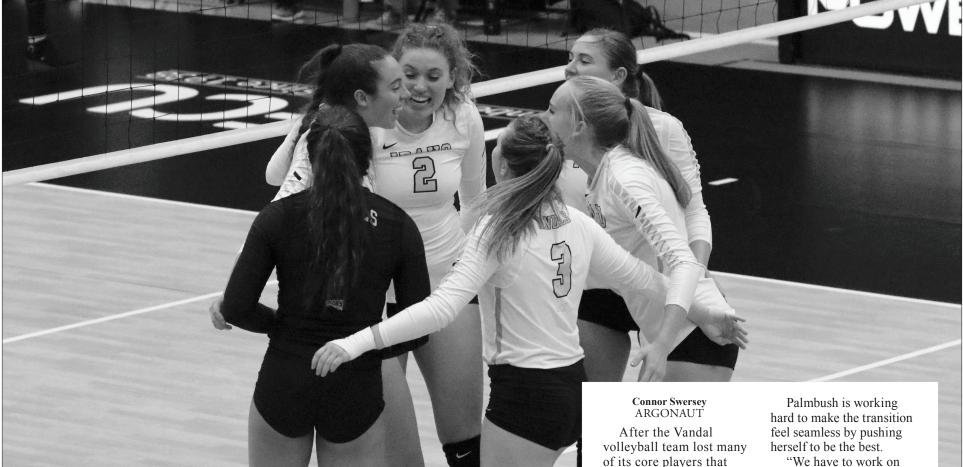
"I think it's a combination of those things for sure, but for different reasons I guess," Benton said. "Some people might be diehard blues fans, some people might not have ever heard it (blues) but they love that dirty, gritty sound."

TO SEE MORE ABOUT BRETT BENTON AND HIS BAND VISIT **UIARGONAUT.COM**

THE ARGONAUT

Sportz

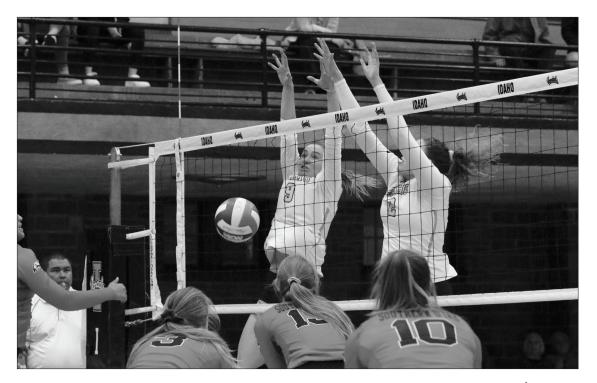
VOLLEYBALL



Saydee Brass | Argonaut Palmbush, No. 2, celebrates with her team after a score inside Memorial Gymnasium.

JUST THE BEGINNING

Palmbush aims to lead this young Idaho team to longterm success within the Big Sky Conference



After the Vandal volleyball team lost many of its core players that carried them to one game away from a Big Sky Championship last season, the team retooled.

Idaho freshman middle blocker Kyra Palmbush has started her Vandal career showcasing why she can become one of the next Vandal greats.

Playing volleyball since she was in middle school, Palmbush's motivation comes from not making her seventh grade volleyball team and working hard to prove those who doubted her wrong.

"I played through all of high school and came on my visit to Idaho and absolutely loved it." Palmbush said. "The team just has such great chemistry and all the girls love each other."

Idaho Head Coach Debbie Buchanan said she has been surprised by Palmbush's impressive start.

"Kyra (Palmbush) has had

"We have to work on getting better every day," Palmbush said. "We need to focus on the little things and have the confidence to do our jobs."

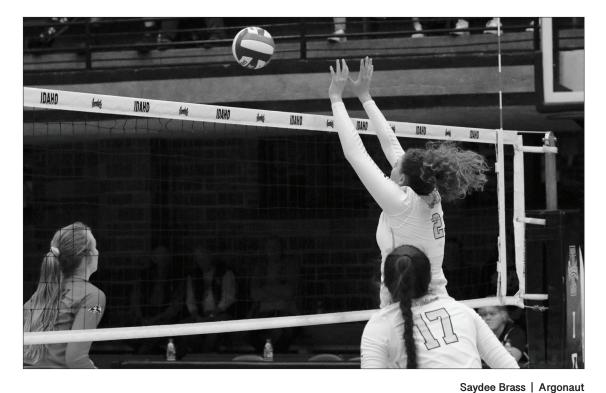
Volleyball isn't just about confidence, the mental part of the game is just as important. Palmbush always makes sure her teammates stay calm, cool and collected.

"If we aren't doing well in a game, she will get us all to come together," Hopen said. "That makes me feel really good as a leader when a freshman is able to communicate how she feels."

Buchanan said she is confident Palmbush will continue to progress in a positive manner throughout this season.

"Even in the past few weeks she is looking better," Buchanan said. "She has had good offensive and blocking numbers and we just have to work to get her the ball more."

Saydee Brass | Argonaut Paige Rupiper (left) and Kyra Palmbush (right) defend the net against Southern Utah.



Palmbush leaps for the block against Southern Utah in Memorial Gymnasium.

to step in and play a pretty big role," Buchanan said. "She has handled it well."

With Idaho featuring almost a new team with the return of only two seniors, Palmbush said it is on her and the fellow freshmen class to continue guiding the Vandals to success.

"It is about coming together and finding that leadership role since we are so young." Palmbush said.

One of the senior leaders for the Vandals, senior defensive specialist Delaney Hopen, had nothing but praise for the freshman middle blocker.

"I love Kyra (Palmbush) so much," Hopen said. "She is so aggressive and confident in herself and you can really tell that when you play next to her."

Palmbush doesn't have an easy job on the court. The middle blocker is an extremely fast paced position to play with many different aspects for athletes to think about all at once.

"Starting as a freshman, especially as a middle, the learning curve is huge," Hopen said. "She has had to learn so much and she works so hard every single day."

The transition from club volleyball in high school to college can be a difficult adjustment for most freshmen.

"It is a completely different game because it is faster, it is more physical, and our season run longer," Buchanan said. Palmbush has enjoyed the level of competition the Big Sky Conference offers and believes Idaho can once again be in contention for the Big Sky Championships.

"We know how to play and we deserve to be here," Palmbush said. "We are just coming for that confidence to be great."

Buchanan continues to push her team to take risks and reap the rewards.

"You have nothing to lose right now, it is many of these girl's first years and they will learn from mistakes," Buchanan said. "We are going to make some errors from being aggressive, but the only way that we are going to grow is by swinging and pushing them."

Palmbush is not afraid to swing either, leading the team in points this season at 185.

"These girls who are young aren't going to hit their full peak until their last year here," Buchanan said. "She is just going to keep getting better.

Palmbush has just began her time as a Vandal, but with the support from her teammates, the ceiling continues to grow for the young star.

"She is going to go so far," Hopen said. "I'm so happy she is here."

Connor Swersey can be reached at arg-sports@uidaho.edu PAGE 8



Vandal soccer huddles together during their 1-2 loss to the Northern Arizona Wildcats Oct. 18 in the Kibbie Dome.

Saydee Brass | Argonaut

SOCCER Vandals prepare for final road weekend of the 2019 season

Idaho soccer hopes to end the regular season strong with the final games on the road.

Elizabeth Carbajal ARGONAUT

With one weekend left to play in the Big Sky Conference, the Vandals are looking to finish off with a few more wins to end the regular season.

The Vandals hit the road as they take on Sacramento State and Portland State this weekend, coming off a split weekend at home.

Idaho lost to Northern Arizona University 1-2 Oct. 18, followed up by a 2-1 overtime victory Oct. 20 versus Southern Utah.

Sunday was worth a lot of celebrations, when the Vandals found their first win in almost a month. It was also a special one since it was senior night.

This hasn't been the ideal season anyone wanted, but it's not over just yet.

Idaho looks to gain some momentum, building from this last weekend going into the final games of the regular season.

"It's a season that just really hasn't gone our way," Idaho Head Coach Jeremy Clevenger said. "We haven't played bad, it's not like we're a bad team it's just things

haven't gone our way." The Vandals have a conference record of 1-4-2 and an overall

record of 4-11-2, currently ranking ninth in the Big Sky Conference. **Sacramento State:**

Sacramento State has done an incredible job this season. The Hornets have a conference record of 3-0-4 and an overall record of 9-1-6.

In the 16 games they have played, the Hornets have been able to score 25 goals, nine of which have come from forward Kylee Kim-Bustillos.

The other 16 goals have come from eight other players and some scoring multiple of their own and in the same game.

Sacramento State currently sits fourth in the Big Sky conference and has officially clinched a spot in the playoffs. Portland State: The Vikings have a losing

streak of three games currently as they prepare to take on the Vandals Sunday.

They have an overall record of 4-12-0 but a 3-4-0 record for conference. The Vikings currently sit sixth in conference standings and will have to be perfect if they want to play in the playoffs.

Only the top six in the Big Sky will be able to compete further for a championship.

The Vandals are going to have to keep an eye on the freshman midfielder Sienna Higinbotham, who has five goals so far in 2019. Another Viking who has racked up four goals this season is junior forward Rilee Castilla.

The Vandals will have a tough battle ahead of them when they go to Sacramento. But if they put up a tough fight then there's a possibility of the Vandals escaping with a tie.

When it comes to Portland State, the Vikings have a lot riding on the line and one mistake could end their playoff chances.

The Vandals will need to capitalize on any error from the Vikings to try to strike early against Portland State.

After this season comes to an end, the Vandals will be looking forward to regrouping and having a new mindset as they will begin to think about the 2020 season.

"Regardless of how this season finishes out, I know we'll be a better team next year," Clevenger said.

The Vandals will play at Sacramento State 3 p.m. Friday and at Portland State 1 p.m. Sunday.

> Elizabeth Carbajal can be reached at arg-sports@uidaho.edu

MEN'S BASKETBALL

Men's basketball begins exhibition play with a loss Tuesday

Vandal basketball drops an exhibition game inside Memorial Gym for the second straight season game-like scenario with all the game-like factors. No need to panic yet, definitely a way to learn and move forward."

After the end of the first half,

Once the second half was underway, the game for the Vandals as well as the first Vandals were able to come off strong. The Vandals were able to cut into the

Central Washington lead, but

game where this team was able to step onto the court with many new faces.

With all these new team members,



Elizabeth Carbajal ARGONAUT

Vandal basketball tipped off the season in a close loss, making for a rough start to the 2019 season.

The Vandals lost 88-81 against Central Washington Wildcats Oct. 22 inside Memorial Gym.

While there are a couple of familiar faces on this year's team, there were a lot of new faces.

"No need to panic yet," Idaho senior guard Trevon Allen said in a press conference after the game. "First game with first time all of us being on the court together playing somebody else in a

the Vandals were down 41-33. Central Washington knew the Vandals were continuously looking to Allen to see if he was open.

At several points there were three people guarding Allen. This gave an opportunity for redshirt junior guard Marquell Fraser and graduate student forward Quinton Forrest to tally up some points in this game. Six Vandals made their debut last night.

Forrest made the most out of his debut, finishing with 15 points in the game.

"Quinton Forrest, I think he's really aggressive and plays really hard," Allen said. "I think he had a great game tonight and I think he'll continue to do that this season."

ultimately fell short in the end.

"In terms of improvement, it's just a daily work ethic," Interim Head Coach Zac Claus said. "It's understanding that every little thing matters."

The Vandals were able to outscore the Wildcats in the second half, 48-41. But the damage was already done from the Wildcats'

impressive first half performance.

"I think defensively is what kind of hurt us throughout the entire game," Allen said. Even though the Vandals found themselves struggling, there are bright spots to take away after the close

exhibition loss. After all, this is the first exhibition it might be a while before they can truly connect, but for now the team will continue to learn how to build chemistry.

'Right now, it's the middle of October and we're still growing," Claus said. "We're going to improve and we got to do that collectively. We got to continue to compete defensively, work our tails off."

The Vandals will play at 7 p.m. Oct. 29 against Lewis-Clark State College inside Memorial Gym to close out exhibition play.

> Elizabeth Carbajal can be reached at arg-sports@uidaho.edu



If you would like your belief-based organization to be included in the religion directory, please contact Student Media Advertising Representative Danielle Ayres at dayres@uidaho.edu



THE ARGONAUT

Buttin

EDITORIAL Memes are weird, but that's why they're great

ARG

Meme culture is no longer just a phase — it's a lifestyle

In today's world, memes provide an opportunity to uplift communities in the strangest ways imaginable.

The University of Idaho's unofficial meme page gives students a creative outlet to voice concerns about the university, while also making sure members of the page can find a bit of a chuckle.

While meme phenomena are new to today's society, popularity in creating the next internet-breaking joke builds a plethora of internet memes to choose from.

"UIdaho Memes for Scott's Tots" currently stands tall at nearly 3,900 members, with 38 people joining the page within the past week.

And its popularity continues to grow, making the meme page community a giant conglomerate of a family.

The cover page photo beautifully sums up the essence of the page itself.

With the backdrop of the Idaho campus, Joe Vandal and President Scott Green recreate the iconic "The Creation of Adam" painting. But instead of symbolizing any religious tendencies the original painting conveys, Joe Vandal and President Green connect on the dependable and crucial tater tot.

The cover page photo symbolizes a university rallying around a new president, introducing him to UI's meme culture and never looking back.

If any campus issues might be bothersome, you can always rely on "Scott's Tots" to make light of the situation.

No dilemma or situation on campus is too big for the meme page to not include.

With today's current climate, being able to make light of and joke about a situation can help ease tension and even eliminate stress.

In a strange way, the memes provide a different outlet for students to receive their news on campus as well. If a certain topic is receiving multiple different variations of memes, then the topic must be a hot commodity on campus.

Students may even question the reality of the actual matter and want to make a change.

Are memes able to provoke powerful messages of change? Absolutely, and if not, at least a good laugh comes out of a possible terrible situation turned comedic.

RIAL BO own situations are relatable. Sometimes it can be a lonely feeling — thinking no the bas the "Scott's Tots" proves the UI community can relate to one another.

And to help the daily stressors people deal with throughout the week, sending a few memes out to the rest of "Scott's Tots" can help bring at least one smile a day.

Theorists say the original "The Creation of Adam" painting depicts that God created man in his own image. But in the reimagined Idaho meme of the classic painting, UI students have created a campus in their own image, with President Green and Joe Vandal as their meme catalyst.

Memes can provide a strange outlet for fun, news and stress relief, and the "Scott's Tots" meme page will continue to be a voice for the students at Idaho.

- Editorial Board

LETTER TO THE EDITOR Valuing diversity and inclusivity in November's elections

To all University of Idaho students:

For four or more years, Moscow is your home. As a permanent, non-UI affiliated Moscow resident, I know your presence enhances our town and I hope vou know how much many of us value the diversity and inclusivity of the university in our community.

This is the reason all of you must take note of the City Council elections coming up on Nov. 5.

The people on that council make a difference in your lives, in how you are perceived in the community, in how businesses receive you. It is important that you register and vote.

It is your voice that can help elect council members who support diversity, inclusivity and a strong relationship with the UI sector in the community.

To that end, I strongly urge you to vote for Kelly, Laflin and Zabala, each with actively demonstrated interest in your community. If you are not registered

to vote in Moscow, i.e. in Latah County, you can register at the Latah County Clerk's Office at 522 Adams, Moscow, ID, or at the polls.

Google Latah County elections, fill out the registration form ahead of time and take it to the polls.

The polling places will be across town from the UI at the Latah County Fairgrounds (1021 Harold Street, Moscow) or the Hamilton Lowe Center (830 N. Mountain View Road).

If you need transportation to one of the polling places, now is the time to start planning for how you are going to get there, and how to help others get there, on Nov. 5.

Start organizing carpools and transport assistance to make sure every UI member has an opportunity to help make and keep Moscow an inclusive, open-minded community. Voting is your right!

> Lvnn Ate. concerned Moscow resident



COLUMN The unsung heroes of UI's college campus



Ellen Dennis Column ARGONAUT

A guide to modern-day knights in shining armor

In the hustle and bustle of college life, chivalry is not offered up to students on a silver platter.

Consequently, we are forced to open our sleep-deprived eyes just a bit wider to find beauty in those little fleeting moments which so often go underappreciated.

Here is a guide to three types of subtle heroes just waiting to sweep you off your feet:

1. The person who notices you getting

up to leave in a crowded coffee shop and unplugs your laptop cord, saving you that awkward, reach-under-their-chair, Twister-esque maneuver.

2. The person who voluntarily holds the door open for not one, not five, but upward of 50 people filing out of a big lecture hall after class. Talk about taking one for the team.

3. The person in the bathroom who washes their hands right before you, grabs a paper towel then waves their hand to activate the dispenser motion sensor once more in order to leave another paper towel for the next lucky student.

Never forget to stop and smell the roses, kids — unless you're running late to class, in which case, power-walk like nobody's watching.

> Ellen Dennis can be reached at arg-opinion@uidaho.edu or on Twitter @edennis37

COLUMN Embracing my status as a survivor



Column ARGONAUT

The #MeToo movement was a start, but we need to do more

I stood outside in the brisk October air, wearing my pajamas and no shoes. My brother ran in circles screaming - his ear bleeding — while my mother caught her breath now that my stepfather's hands had released her neck.

I held the phone to my ear, remaining as calm as I could as I spoke to the operator waiting for the police.

October is Domestic Violence

Awareness Month, a cause that hits close to home for me and many others.

According to the National Coalition Against Domestic Violence, one in three women and one in four men have been physically abused by their partner.

With the recent #MeToo movement, issues such as domestic violence have been given more attention — a great start — but there is still room for improvement.

A topic as huge as domestic violence has so many different areas to address, ranging from victims' rights to funding the organizations that help begin the process of healing.

Unfortunately, many of these conversations fall by the wayside.

SURVIVOR

FROM PAGE 9

At the moment, society is so wrapped up in discussing the rights we should give to victims that we have not even begun to talk about helping them heal and find their status as a survivor.

The Monday after my stepfather was arrested, I went back to school and everything had changed. I felt like I was walking around with a giant sign across my forehead reading "VICTIM," an eternal symbol of what had happened to me and my family that would set me apart from everyone else.

It took years for me to process what happened. It took years for me to realize that instead of fearing the word victim, I should embrace my label as a survivor. It

took years of counseling for me to open up to people again — it's something I work on every day. But many survivors don't have the resources given to me.

After we left, my mother, brother and I were able to stay with my grandparents in Boise. We finished up the school year at our same schools and we had insurance that could cover the cost of therapy, but many survivors rely on services from organizations such as Alternatives to Violence on the Palouse (ATVP) — a local organization focused on providing resources to survivors - for access to the same care I received.

However, all around the country domestic violence shelters struggle to find enough funds and room to support the needs of their communities.

Before we moved in with my grandparents, my mother applied for shelter housing through the Women's and Children's Alliance (WCA) in Boise. We were put on a waitlist and they called two years later to let us know they had a spot available for us. By then, my mother would have died.

Organizations like the WCA are doing everything they can to support survivors, but without the proper funds, they're unable to expand their facilities or provide the care survivors need.

If more members of the community donated funds or items such as clothing and food to organizations like the WCA and ATVP, they would have so much more room to help those in need.

Society has begun to move in the right direction, but believing survivors should never have been an idea to contest. With the bar set so low on the expectations set for society, how will we ever begin to address the bigger issues?

This October we need to go beyond just seeing domestic violence as an issue and begin doing the work to truly help survivors. Brianna Finnegan can be reached at arg-opinion@uidaho.edu

Moscow's guide to birthday freebies



COLUMN

Emily Pearce Column ARGONAUT

I took to the streets of Moscow to find the ultimate birthday freebies

Nineteen years old - an awkward time in the beginning of adulthood where there aren't any pros associated to the number. Eighteen is the entrance into becoming an adult, which comes with all kinds of freedom and responsibilities. Twenty is what my parents call "finally an adult," exiting the long teen years into the early '20s.

Everyone knows the big 21. It's what everyone looks forward to, the freedom to drink freely and the up-roaring responsibility of how much "freely" really means.

Nineteen is just the middleman, as there's nothing really exciting or bad. The only perk I can think of is that it's the drinking age in British Colombia - which comes with the paperwork of getting a passport to enter Canada.

Because 19 can be a bit underwhelming, I decided to make the most out of the day, strolling around Moscow and Latah County establishments to find the best birthday freebies. There are surprisingly a lot in Moscow, so I decided to find which are worth spending the precious day achieving.

First off is Maialina Pizzeria Napoletana, a restaurant everyone in Moscow should be familiar with — if not, then you're really missing out.

At Maialina, a birthday comes with a complimentary pizza. I went for brunch and enjoyed it with a non-alcoholic mimosa.

Most coffee establishments give a free birthday drink. I choose Bucers, Dutch Bros and One World Cafe, enjoying a caramel latte at each. Starbucks and Red Star do not give away birthday drinks, unfortunately.

If it is a 21-plus birthday and you're craving a free alcoholic drink. One World Cafe, Tapped and other breweries around Moscow will give a complimentary birthday drink as well.

Free birthday desserts are common at most establishments, varying from the University Inn to Nectar, Wingers, Wendy's and many others. It was a tie between Applebees and La Casa Lopez for me, but I didn't feel like wearing a birthday hat.

I ended up getting a birthday brownie at Applebee's, which was enjoyable.

To debunk some offers I either read online or heard from people, Qdoba does not give a free birthday burrito or cookie. Smokey Mountain is sadly not in Moscow anymore, and a birthday coupon is required at Dairy Queen and Buffalo Wild Wings for free ice cream.

Overall, if I had to spend my latest birthday celebration somehow, this was the way to do it. Scavenging around Moscow to find birthday deals was very fun and a challenge — particularly with recent weather. Rain and mid-day snow was not particularly fun to walk in, going from one side of town to the other.

Although others may not consider these to be the best deals, my hunt to find the best birthday freebees is still underway just postponed until next year.

> Emily Pearce can be reached at argopinion@uidaho.edu or Twitter @Emily A Pearce

COLUMN Workplace tattoos



Industries are now allowing visible tattoos

If you have a tattoo, you'll never get a job at least we've been told that for many years. I was recently talking to my sister, who works in social work, about workplace tattoos. At her work, many people have sleeve and other visible tattoos, piercings and brightly colored hair. These are all things we have been told will never get us a job. Lately, there has

Nicole Hindberg Column ARGONAUT

> been a trend in the number of people who have visible tattoos. Many would attribute this to older people moving out of the workplace and

control, I don't see that as a reason to not hire someone. Just because someone has a tattoo or piercings

doesn't mean they can't do their job any worse or better than someone who doesn't. Body art doesn't signify anything about the type of worker you are.

I have a pretty detailed tattoo I love, but I can't see it without looking in a mirror because it's on my shoulder. If the stigma around tattoos and getting a job was so apparent when I got it, I would have gotten it in a more visible place. If an employer

can allow tattoos in an industry

GUEST VOICE Focus on your well-being in the Well Space



Whitney Sumner

The Well Space. What is it? Where is it? Who can use it? What is the purpose? It's designed to focus on wellbeing where students can

relax and de-stress. The Well Space is exactly project or meeting because it's always pretty quiet and there's plenty of seating.

If that doesn't entice you to check out the Well Space, we also have orbeez and kinetic sand. If you have never seen or played with orbeez, you are seriously missing out.

Orbeez are little balls that expand with water and they come in all sorts of colors. Kinetic sand is just like regular sand, but it's blue and has much better shape retention.

If vou've ever wanted to build a small, but grand

students. There's condoms, internal condoms and dental dams. If you have questions about any of those, peer educators are there to help!

Peer educators can also provide you with a map of where free condoms are on campus, as well as resources to access for your overall wellness. For example, if you don't know where the Counseling and Testing Center is, we can give you directions or explain how to make an appointment.

We can also help you find

people becoming more accepting.

But only a few still believe years ago, when I was majoring in exercise science and working at a physical therapy office, I was immediately asked with children. about possible

tattoos I have. We're always told that first impressions mean everything. But if someone's tattoos or piercings are offensive or out of or piercings.

Unfortunately, like social work, many employers commonly deemed a more otherwise. They "professional" may think tattoos industry than will be off putting to most, I think other some people or they employers should be will scare children able to follow suit. if the person works Eventually,

hopefully anyone In my sister's will be able to workplace, however, openly display they always work their tattoos without people with children and none of them have judging them. been affected by Nicole Hindberg can be reached at my sister's or her co-workers' tattoos arg-opinion@ what you want it to be within the realm of wellbeing. It is located in the Student Recreation Center immediately to your left once you walk through the front doors.

It's usually staffed by a peer educator between the hours of 10 a.m. and 6 p.m. Monday through Friday.

The Well Space can be used for a variety of well-being needs. There's a comfortable couch, so you can do homework or even take a nap. There's also a table and chairs if you prefer working at a desk.

This can also be a great place to meet up for a group sandcastle, now is your chance.

The supplies don't stop there either. The Well Space has coloring pages and colored pencils, so no need to supply your own. There's also a Rubik's cube if you want a challenging puzzle.

If that's not your jam. there's also regular puzzles you can solve. You can also test your abilities with our escape room game! If you have a snack you need to put in a fridge or heat up, we've got you covered with a mini fridge, a microwave and even a Keurig!

There's also a plethora of campus and wellness resources available to

the Student Health Clinic. which will be on campus again soon! If you need help finding something, we can help answer your questions or get you connected with resources.

We all need help finding certain offices, buildings, and resources sometimes, and we can help you!

The Well Space is a space to help you practice wellbeing in a way that works for you. If you stop by and have a great idea for another addition, let us know!

The Well Space is here to help you focus on your overall well-being and know that we are here for you.



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