

Argonaut

THE UNIVERSITY OF IDAHO
FOR, OF AND BY THE STUDENTS SINCE 1898

POWER FROM THE SUN



Student-led project will bring solar panels to campus

Ellen Dennis
ARGONAUT

Solar energy could come to the University of Idaho campus as soon as next spring, provided a fundraising initiative goal is met.

A student-led UI Sustainability Center team is working in collaboration with UI Facilities Services on a plan to install nearly 400 solar panels on the roof of the Integrated Research and Innovation Center (IRIC) Building. The panels will be

constructed in an array system — a grid-like structure which holds the panels — supplying the building with 145 kW of energy, Sustainability Center Director Jeannie Matheison said. This will provide 15% of this energy-intensive building's annual demand, with close to 100% of its overall demand to be met during the summer months, Matheison said.

Kylie Cutler — Sustainability Center Program Manager and third-year civil engineering student — is one of the co-leads for this project. “This solar array is the way that I personally, as well as everybody on campus and everybody in the community, can contribute to a large-scale solution to the climate crisis,” Cutler said. “It’s a step that needs to be taken everywhere, and to have it

starting here on a smaller scale and then eventually building it up, it’s just a great way to, as an individual, contribute to a large-scale solution in a meaningful and tangible way.”

The IRIC was chosen for this project from a list of 15 potential rooftop and ground-mount locations due to its structural integrity, beneficial orientation to the sun and other criteria.

“We conducted the solar site assessment and found four locations that fit these criteria the way we wanted them to,” Cutler said.

The first choice was the VandalStore roof, which was ruled out after structural analysis revealed it’s not built for current snow loads, said Cutler. The IRIC was the second choice, so Cutler and her team selected its rooftop.

The project is estimated to cost \$365,000 in total,

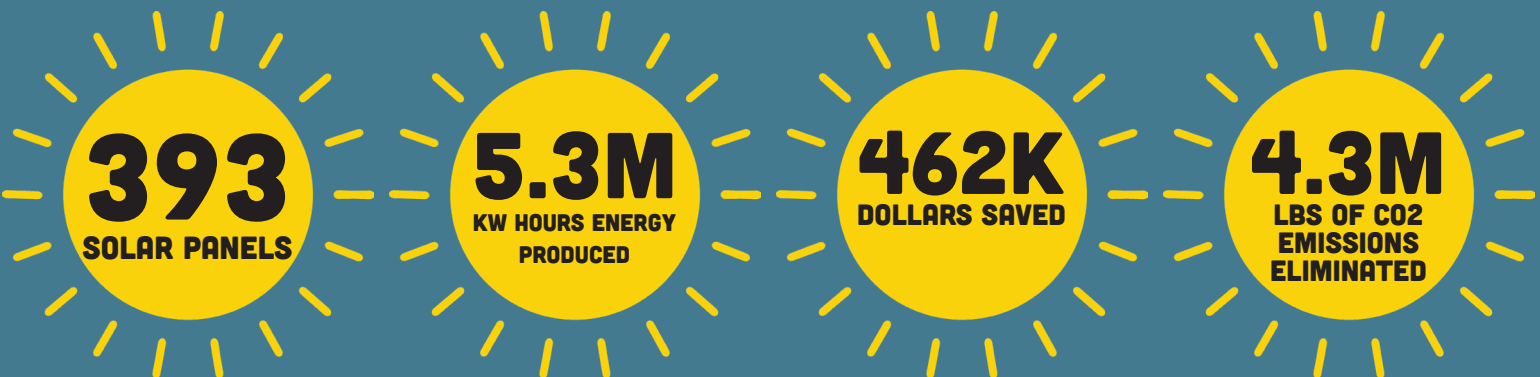
Matheison said. Roughly 56% of this cost has already been raised by the Sustainability Center in partnership with UI Facilities and ASUI.

Stakeholders from the Sustainability Center and Facilities contributed roughly \$180,000 and student fees contributed roughly \$25,000.

A student activity fee of \$1.75 was recently awarded by ASUI to the Sustainability Center — the equivalent of \$25,000 a year. Student activity fees come out of student tuition increases which are approved and are allocated to campus projects at ASUI discretion.

Project managers have turned to crowdfunding efforts to raise the remaining 44%.

SEE SOLAR PANELS, PAGE 4



CAMPUS

Management to change at the VandalStore

Outside firms may be managing the Vandal Store

Haadiya Tariq
ARGONAUT

University of Idaho I will potentially outsource the VandalStore’s management in the coming year.

Director of Contracts & Purchasing Services Julia McIlroy said UI has been debating different options for the store for over a decade — this discussion began again about two years ago.

The VandalStore currently operates under UI management with UI employees.

“The VandalStore is a department with the University of Idaho,” McIlroy said. “The building structure itself is just like any other building at the University of Idaho. The individuals that work for the VandalStore are University of Idaho employees.”

McIlroy said the main contenders for outsourcing are Barnes & Nobles, which has been operating WSU’s bookstore for over 15 years, and Follett. Both firms have said that if they are selected, they will hire all current workers who are currently employed by UI while maintaining the

same rate of pay and benefits, McIlroy said. Employees will also keep the credit for the years worked prior, their previous experience being acknowledged.

“Additionally, we don’t want anyone to lose their jobs, so even though they wouldn’t be working for the University of Idaho, they would be working for... the same rate of pay.”

An outsourcing evaluation board has formed consisting of campus and VandalStore employees. The board will consider three proposals for different potential outcomes to their decision.

The board may decide to stick to the status quo of how the store is currently run and change nothing, McIlroy said. Management under UI with university employees would remain the same.

As a middle-ground option, the store may begin to outsource only textbooks. Other merchandise purchased would still be sourced by UI and employment would as well. Textbooks would be run through an outside firm, which would allow for greater access to a variety of books.

SEE VANDAL STORE, PAGE 4

CAMPUS

ISUB/TLC closure displaces workers, classrooms

Largest building on campus remains closed with no set reopening date

Rachele Catt
ARGONAUT

With the TLC remaining partially closed and the ISUB completely closed, many students, faculty and staff are required to readjust.

With some relocations still in place, people affected are understanding of the university’s current situation.

Efforts to install the new transformer on the northside of the building began Nov. 12. The installation is estimated to take two weeks. The new transformer will be a permanent installation to replace the transformer that was damaged Nov. 1 from flooding in the basement caused by a failure of the water filtration system. The ISUB/TLC should fully reopen by the first week of December.

“It should continue as planned as long as they can get the concrete down,” said Jodi Walker, UI director of communications. “As long as the weather holds, and they don’t run into

any unforeseen problems, it shouldn’t take longer than two weeks,” Walker said.

Walker also said that the rooms for relocated classes, which can be found on the university’s class schedule website, will remain the same for the duration of the semester.

University employees with offices in the ISUB/TLC have also been relocated during the closure. Their temporary offices may remain until the end of the semester, but that is still undecided, Walker said.

“Well, obviously I’m not in my office,” Jessika Glover, administrative assistant two for the university’s advising services and academic support programs, said. Like many others with offices in the ISUB/TLC, Glover was relocated due to the closure.

Glover also said that this experience overall has been one of adaptability and change. Glover and her colleagues are now located in the Vandal Ballroom of the Pitman Center.

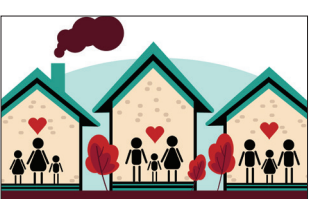
SEE FLOODING, PAGE 4

IN THIS ISSUE



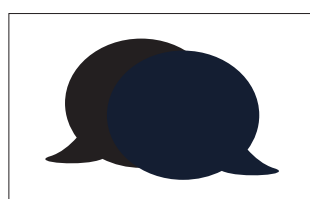
Vandal seniors prepare for their final game inside the Dome.

SPORTS, 5



Parent-family weekend inclusive to all types of families.

LIFE, 8



Celebrate UI's Parent and Family Weekend. Read our view.

OPINION, 10

RECREATION & WELLBEING

Fitness

Healthy Holiday
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UI Recwell

A Crumbs recipe

Creamy cheese mashed potatoes

What is Thanksgiving without the mashed potatoes? My Dad has been in charge of making our family's mashed potatoes for years because he always manages to find the right combination of cheese, milk and potatoes to make a delightfully creamy dish. This is my attempt to recreate his recipe.



Alexis Van Horn | Argonaut

Ingredients

- 6 medium potatoes
- 1 cup Velveeta cheddar cheese (shredded)
- 3/4 cup milk
- 1/4 cup butter
- 1/4 cup sour cream
- 3 green onions
- Water for boiling

Directions

1. Wash each potato and slice in half
2. Place potatoes in a pot and fill with just enough water to cover the potatoes
3. Bring water to a boil
4. Reduce heat, cover and simmer potatoes for 20 minutes
5. Drain potatoes and mash
6. Heat milk in the microwave for a minute and a half in 30-second intervals
7. Heat butter in microwave for one minute
8. Wash green onions and chop into small pieces
9. Add cheese, milk, butter, sour cream and green onions and mix well
10. Serve and enjoy

Prep time: 30 minutes
Servings: 4-plus

Alexis Van Horn
can be reached at
crumbs@uidaho.edu

Across

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Down

6	Jai	35	Nukes
7	Stood up	37	eastern
8	Gossip tidbit	39	Bud holder
9	Chances	42	Sicilian resort
10	Not quite right	45	Fish hawk
11	Lyra's brightest star	50	"What was do?"
12	Big party	52	Writer LeShan
15	Brain wave	55	Dry riverbed
20	Fall behind	56	Desiccated
22	Three (Ital.)	57	Lasso
25	Helpful	59	Aerobic bit
26	Helpful	61	Records
28	Contradict	62	Comic Sandler
29	Type of renewal	63	Loafing
30	Stable color	65	Hot springs
32	Gulf of Spain	67	Concert
33	Hacienda brick	68	More, in Madrid
34	Military meal	70	Toothed tool

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CORRECTIONS

An article in the Nov. 7 issue of The Argonaut, "UI set to move forward with outsourcing as early as this week" was updated to correct and clarify the following: to clarify the RFP process is an exploratory process, and to reflect no student employment would be impacted by potential outsourcing.

An article in the Nov. 7 issue of The Argonaut, "ISUB/TLC to be closed through Sunday" was corrected to state administrative offices have been relocated through the week of Nov. 10.

UI STUDENT MEDIA BOARD

The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public.

Questions? Call Student Media at 885-7825, or visit the Student Media office on the Bruce Pitman Center third floor.

The Argonaut welcomes letters to the editor about current issues. However, the Argonaut adheres to a strict letter policy:
• Letters should be less than 300 words typed.
• Letters should focus on issues, not on personalities.
• The Argonaut reserves the right to edit letters for grammar, length, libel and clarity.
• Letters must be signed, include major and provide a current phone number.
• If your letter is in response to a particular article, please list the title and date of the article.
• Send all letters to:

301 Bruce M. Pitman Center
Moscow, ID, 83844-4271
or arg-opinion@uidaho.edu

THE FINE PRINT

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Angela Palermo | Argonaut

Former Congress members, Rep. Brian Baird (left) and Rep. Bob Inglis (right), give talk in the University of Idaho College of Law courtroom.

CLIMATE CHANGE

Two former members of Congress talk climate change on campus

Speakers discuss their bipartisan solutions with each other

Angela Palermo
ARGONAUT

Two former members of Congress, one republican and one democrat, spoke about bipartisan solutions to global climate change Wednesday evening in the courtroom of University of Idaho's College of Law.

Rep. Bob Inglis, a republican who served six terms in the U.S. House of Representatives from South Carolina, was joined by Rep. Brian Baird, who represented western Washington's 3rd District for six terms.

Their public presentation titled "Crossing Party Lines for Climate Action" detailed the importance of tackling climate issues regardless of political affiliation.

"Climate change is real and we must do something about it," Inglis said. "There's a way to get there, and we think it's through a carbon tax that's revenue neutral."

More than 40 governments worldwide have adopted some sort of extra price on carbon, either through taxing fossil fuels directly or through cap-and-trade programs, which are intended to gradually reduce pollution by giving companies incentives to invest in clean alternatives.

Baird also expressed support for a carbon tax.

"We're going to need an incentive like

a carbon tax which will help drive and reward technology," Baird said. "We're going to need personal behavior change, international agreements, economic structures and we have to fund the hell out of innovation."

He said the Trump administration has tried to zero out innovative research that would create new solutions to climate change.

Baird and Inglis are old friends and share a history of working together in the house — Baird chaired the subcommittee on Energy and Environment, part of the Science and Technology committee, while Inglis served as the ranking republican.

Inglis emphasized "coming together to find a solution."

In addition to the evening talk, Baird and Inglis met with faculty members who study and teach about climate change, as well students at the UI and Moscow High School. They will speak at a Pizza and Politics program in Pullman Nov. 14 at 12 p.m. in Bryan Hall room 308.

Their visit to the Palouse is sponsored by the UI's Sustainability Center, along with four student groups: the Society of American Foresters, the Economics Club, the Federalist Society and the Environmental Law Society.

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SOLAR PANELS

FROM PAGE 1

Matheison said the solar initiative was, in part, inspired by a sustainability plan the administration set for itself. The UI Climate Action Plan, ratified in 2010, outlines options the university may employ to reach its goal of “climate neutrality by 2030.” Part of the plan is to reduce greenhouse gas emissions through transitions to alternative energy, as two-thirds of the university’s current greenhouse gas emissions come from electricity generation, Matheison said.

The plan outlines three renewable energy source options, one of which is solar energy. Solar energy was not considered the most viable option in 2010 when the plan was

created, as large-scale solar projects did not have the technological capacity to be cost-effective at the time.

Matheison said solar research has now progressed enough to make such investments cost-effective, especially considering the rising cost of electricity. Trends show electricity prices are increasing by 5%, per year — the equivalent of millions of dollars, she said.

“When you purchase a solar array, it’s like buying your energy in bulk for the next 30 years or longer at a fixed price,” Matheison said. “There are tremendous cost savings associated with that.”

Over its lifetime, this system will save the university an estimated \$462,000 and eliminate over four million pounds of CO2 emissions, Matheison said.

The system will also serve as an educational tool, providing data and a real-world solar energy classroom to university students and researchers. Matheison said the team plans to install a data screen in the IRIC, displaying the building’s energy demand side-by-side the solar array’s energy production in real time. Students and faculty would have access to that data for grant proposals and curriculum usage.

Construction on the array is set to begin as soon as next semester, provided the Sustainability Center reaches its remaining funding goal of \$160,000. If this goal is not met in the next couple of months, the center will make a decision about whether it wants to move forward to install the solar array in two phases or continue fundraising to install it all at once on a later date, Matheison said.

The center is currently accepting donations to the project via U&I Give, an online crowdfunding platform designed for UI projects. Donations of \$166 support the purchase of one solar panel, however donors may contribute to the project on any level.

“Every dollar that we spend installing this array will be paid back to the university, through energy generation, and then after that we receive energy free for many years,” Matheison said. “There is the potential for this array to be one node on a micro grid that the university is establishing.”

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FLOODING

FROM PAGE 1

In order to find private areas to have conversations with students, Glover said that facilities’ employees and other employees of the Pitman Center have been very helpful with finding these private spots.

Despite this difficulty, Glover is impressed with the way the situation has been handled.

As the ISUB is still entirely closed, so are the restaurants within that portion of the shared ISUB/TLC building. Walker said that Vandal Dining is putting up a large tent to provide food services. It will be open at 8 a.m. Thursday morning. Future working hours will be Monday through Friday, 8 a.m. to 4 p.m.

These services will have limited Chick-Fil-A and Qdoba offerings 11 a.m. to 1 p.m., snacks all day, and will accept all forms of payment. Seating will be offered inside of Einstein Bros. Bagels.

Walker said Sodexo is working to keep all restaurant employees who were displaced with the closure working in temporary job reassignment. The employees will return to their original positions within the ISUB/TLC once the building is reopened.

“It’s a university-wide effort with lots of people pitching in to make sure everyone is taken care of,” Walker said.

Student employees who worked within the ISUB/TLC’s offices continued to work through the building closure. Walker and Glover both said students within the offices may have been reassigned tasks but continued to work.

“We also have some student employees that usually cover our main front desk, so

the biggest issue there is being able to find things for them to do,” Glover said. Although there is concern for giving these student employees enough hours, Glover said they are working through this issue.

“There is a hidden impact,” said Professor Ann Abbott, instructor for the Departments of Mathematics & Statistical Science.

Her graduate-level class, Statistical Analysis, was relocated the week of Nov. 4 due to the ISUB/TLC Closure.

Abbott said the biggest inconvenience was that she forgot the room her class was relocated to did not connect to the u-drive. She was unable to access the software needed for the class, but due to her experience teaching the class, Abbott was able to teach the class regardless. “Had I remembered, Engineering Outreach would’ve helped out,” Abbott said.

A couple students expressed some inconveniences they are facing.

Anna Stewart, a student with one class relocation during the week of Nov. 4 on Tuesday and Thursday, said it was unfortunate she had to go to a building she had never been to before.

“It’s inconvenient to not have a real open date, but they’re doing their best,” Stewart said.

Alex Newton, a student with one class relocation during the week of Nov. 4, said the relocation does not really affect him, other than the fact he walks to a different building. “It’s not really a big deal,” Newton said.

Regarding the how the university is handling the situation, Newton was impressed with how hard everyone was working.

“They came out with the relocations like the next working day,” Newton said. He felt



Ellen Dennis | Argonaut

Cori Planagan, UI Tutoring and College Success Director, works at her relocated office space in the Bruce M. Pitman Center.

the university was doing everything well.

Other campus community members have expressed frustration with the lack of information updates from the administration. Professor Ann Hoste, chair of Theatre Arts, said. Hoste had her Play Analysis class relocated due to the ISUB/TLC closure the week of Nov. 4.

“More advanced notice would’ve been helpful,” Hoste said, but she understands the university’s priority is to fix the problem first.

On Monday, Hoste said she saw about double the amount of absences she typically anticipates. She said she thought the absences were due to students being unable

to find the new classroom in time.

One complaint Hoste has heard from students is that transit times from class to class have increased due to the relocations. Other than this, Hoste said students and faculty are staying positive and working through the situation together.

“Bricks and mortar don’t — they’re not the classroom. The students create the learning environment, and when they’re comfortable, it’s a great environment,” Hoste said.

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VANDAL STORE

FROM PAGE 1

The third option is to completely outsource the store’s operation. This would leave management and the purchase of textbooks and merchandise in the hands of the firm chosen.

When considering the outsourcing of the operation, finalist firms have presented to the UI evaluation board. Managing hundreds of college bookstores, these firms bring benefits to campus with their experience.

“(These firms are) coming up with ideas or looking at clothing and they have replicated them on many different campuses,” McIlroy said. “They just have the greater resources because they’re a larger company.”

In the interest of students, even with potential changes, textbooks for classes will remain the same, still determined by curriculum. With outsourcing, students would have access to a greater variety of options when for rental and used books.

As of now, the initial evaluation board is near the end of their

consideration process. Next, the evaluation board will make a recommendation to a second UI council. If the final decision is to outsource, it will be announced in early 2020.

The final decision will come into effect next fiscal year on July 1, 2020.

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Ashley Green | Argonaut

Sam Dial, owner
University of Idaho class of '98

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VANDAL ENTERTAINMENT

Sports

FOOTBALL

Finishing on a high note

On senior day, the Vandals are faced with their toughest task in this season's final home game in the Kibbie Dome

Chris Deremer
ARGONAUT

Going into the last home game of the 2019 season, the Vandals hope to send off their seniors with another upset win inside the Kibbie Dome.

Idaho (4-6, BSC 2-4) will have to hold off the sixth ranked Sacramento State Hornets (7-3, BSC 5-1) if the Vandals want to bring in a victory on Senior Day.

Top level competition: The Vandals have possibly had one of the toughest schedules this season.

After difficult non-conference games against Penn State and Wyoming, the Vandals were able to upset the Eastern Washington Eagles at home.

Since then, Idaho has faced two top-10 FCS teams this season, and will play another top ten team Saturday.

The team's worst Big Sky loss came a week ago to the currently fifth-ranked Montana Grizzlies by a score of 42-17 on the road in Missoula.

The last time Idaho faced a top competitor inside the Dome, the Vandals lost by six to Weber State.

The Vandals clearly play well in the Kibbie Dome, and that spark will be needed against possibly their toughest opponent yet — the Hornets.

Sacramento State: The Hornets have won five of their last six games after escaping with a win against Northern Arizona a week ago.

The balance on both sides of the ball can be tricky for the Vandals, with the Hornets ranking in the top three in total offense and defense among all of the Big Sky.

The Hornets score nearly 38 points per game this season and hold their opponents to nearly 23 points.

In three of the four Idaho wins this season, the Vandals have scored over 30 points. Senior quarterback Mason Petrino and the rest of the Idaho offense will need to find a way to score against the stingy Hornet defense.

Senior Day: On Saturday, many Vandals will be playing on the Kibbie Dome turf for the final time.

Offensive lineman Noah Johnson, Petrino and defensive back Lloyd Hightower are just a few of the big names Vandal fans will see for a final time this season.

Leading the Idaho offensive line, Noah Johnson has brought reliability and stability to the Vandals for the past four seasons.

In his freshman season, Johnson became an immediate starter and was named to the Sun Belt Conference All-Newcomer Team. The following season, he was named to the All-Sun Belt Second Team.

In his junior season, Johnson won All-Big Sky First Team honors and was named to the HERO Sports All-America Third Team, becoming the first All-American Idaho offensive lineman since Mike Iupati in 2009.

This season, Johnson has continued to become one of the biggest leaders on the offensive side of the ball for the Vandals.

On the other side of the ball, Hightower emerged as one of the many defensive threats for the Vandals in the secondary.

In his junior season, Hightower experienced a breakout season, finishing with 13 pass breakups on the year, the third best player in the Big Sky and the eighth best in the FCS.

This season, Hightower ranks eighth in the Big Sky in passes defended and ninth in interceptions, with possibly the highlight of his season coming against Idaho State to pick up two defensive touchdowns for the Vandals.



Vandal Athletics | Courtesy

Senior quarterback Mason Petrino scrambles for the run against Cal Poly.

Behind Hightower's veteran leadership, the Vandals have turned around their secondary unit to become one of the more respectable ones within the Big Sky Conference.

The Vandal career will finally come to an end for Petrino as well, who experienced possibly one of the most roller-coaster careers an Idaho quarterback has ever faced.

The quarterback turned wide receiver then back to quarterback has experienced maybe the most criticism by fans over the past four years, but has progressed into being a vital asset for this team when fully healthy.

Two of his top career performances have been inside the Kibbie Dome.

Last year's comeback win over North Dakota solidified his place at quarterback after leading the offense downfield in the final minutes of the game to pull off the upset win.

This season, Petrino brought revenge for the Vandals against Eastern Washington, throwing for 240 yards and hauling in three touchdowns.

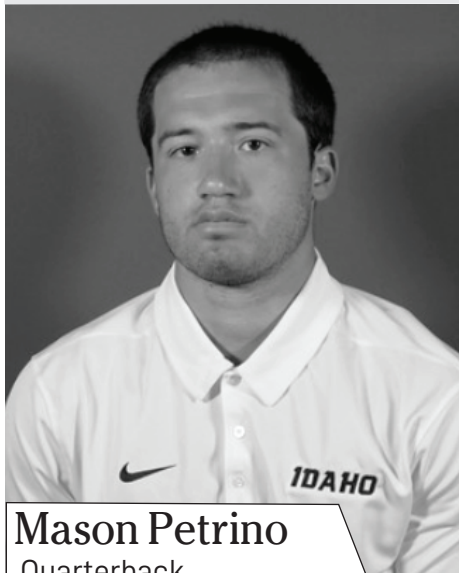
Many of the current Vandal seniors have experienced memorable moments throughout these past four years, and aim to make a few more against Sacramento State Saturday.

When/Where: Idaho will play Sacramento State 2 p.m. Saturday inside the Kibbie Dome.

Follow Vandal Nation for live tweets throughout the game and takeaways after Saturday's action.

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Notable Senior Players



Mason Petrino
Quarterback

Career touchdowns: 29
Career passing yards: 3817
Rushing touchdown: 5
Best moments: 2018 win over North Dakota, 2019 Win over Eastern-Washington



Noah Johnson
Offensive Lineman

2016 Sun Belt Conference All-Newcomer Team
2017 All-Sun Belt Second Team
2018 All-Big Sky First Team
2018 HERO Sports All-American Third Team



Lloyd Hightower
Defensive Back

Solo tackles: 76
Total tackles: 108
Passes defended: 28
Forced turnovers: 6



Jeff Cotton
Wide Receiver

Career touchdowns: 12
Career receiving yards: 1567
Career yards per game: 78.4
Receiving yards this season: 911



Leslie Kiebert | Argonaut

Sophomore middle blocker Nikki Ball goes for the spike against Montana.

VOLLEYBALL

Claiming their place

The Vandals take on Northern Colorado after tough losses at home

Connor Swersey
ARGONAUT

During Idaho's senior night, the volleyball team will take on the leader of the Big Sky who has only one loss during conference play so far.

The University of Northern Colorado Bears (13-1) have lost only one game during conference play against Northern Arizona (9-5).

The Vandals had a tough few weeks building up to this senior night game.

Season Recap: The Vandals (9-6) were in a tough battle for the second seat in the Big Sky, but after losses to Sacramento State, Montana State and University of Montana, they now sit in fourth place.

Tuesday's victory against the Eastern Washington Eagles solidified them a spot in the Big Sky Championship, but they have a tough end of the season to play through still.

"We have been a little up and down lately," head coach Debbie Buchanan said. "We are ready to go do some damage in the tournament."

Last week, the Vandal's home court was taken over by both Montana teams. In a surprise upset, the Montana Grizzlies overtook Idaho in five sets, beating them 2-3.

"We had too many errors where we were not taking care of the ball," Buchanan said.

Vandal fans were surprised to see the now 4-10 Grizzlies overtake the Vandals.

The momentum against Idaho kept rolling as the Montana State Bobcats swept the Vandals on their home court 0-3 last Saturday. These were the first two games Vandal fans saw Idaho lose in the Memorial Gym during conference play.

Idaho got the ball rolling again with a win against the Eagles this week and have the positive momentum rolling into Friday's game.

Northern Colorado Bears: Northern Colorado is led by sophomore outside hitter Kailey Jo Ince, hitting 26% with 375 kills and 398 points this season. Idaho needs to work hard to shut down Ince on Friday.

While the Bears have only lost one game during conference play, Idaho had previously beaten the Northern Arizona team that swept them. Idaho

also played a very strong game against the Bears during their first match, with a commanding victory in the first set.

"I think we surprised them the first time we faced them," Buchanan said. "I think we are better than the first time we played them, but it's our home court and we need to come out to play."

Junior outside hitter Avery Housley said the first match was very good and they have what it takes to beat the Bears.

"We need to find that energy that we had in the first set again," Housley said. "We played great and we played as a unit and we need to come out with some fire and passion."

Consistency is the problem Idaho has been facing in the past weeks.

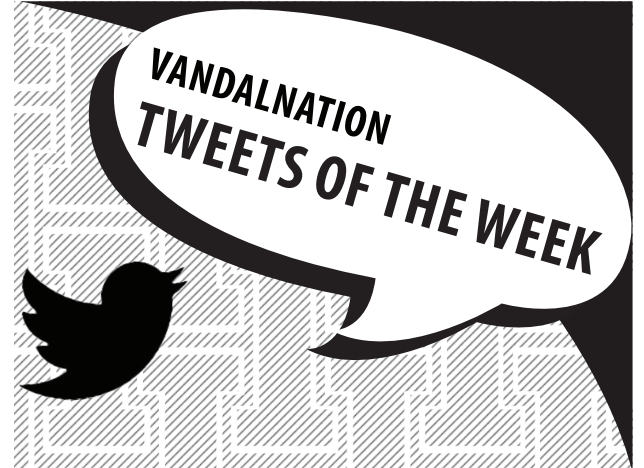
"It takes all 16 of us," Housley said. "Everyone needs to be ready and we need to have that mindset that we are going to go out and do our job."

When and where: The Vandals will take on the Bears this Friday at 6 p.m. in Memorial Gym.

Connor Swersey can be reached at arg-sports@uidaho.edu



Visit thevandalnation.com for a recap and takeaways of Friday night's action against the bears



@IdahoVolleyball:

"We'll see you in Sacramento!! #GoVandals | #FWF"
— The young Vandal team continues to roll this season, claiming their spot in the upcoming Big Sky Conference tournament.

@VandalsWBB:

"Welcome to the Vandal family, Sydney! #GoVandals | #FWF"
— The Vandals add another young guard during early signing period and will join the team during the 2020-2021 season.

@LewTrib_Sports:

"Officially official. Former @Idaho_Vandals AD now in charge at @USC_Athletics"
— The former athletic director from 1998-2003 winds up being the head person in charge of USC athletics.

@IdahoPubRadio:

"@IdahoTrack men and women XC teams are prepping for the 2019 NCAA West Region Cross Country Championships, which is being held at the Colfax Golf Club this weekend."
— Idaho track aims to win the NCAA West Region this upcoming weekend.

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- Current Wars**
PG13 Daily (3:50) 6:20 8:50 Sat-Sun (11:00) (1:20)
- Doctor Sleep**
R Daily (3:40) 6:45 9:50 Sat-Sun (12:30)
- Playing with Fire**
PG Daily (4:10) 6:35 9:00 Sat-Sun (11:30) (1:50)

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- Doctor Sleep**
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- Midway**
PG13 Daily (4:05) 7:05 10:00 Sat-Sun (10:10) (1:05)
- Last Christmas**
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PG Daily (3:30) 6:20 9:05 Sat-Sun (12:40)
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PREVIEW

Fighting for momentum down south

Idaho basketball prepares for the next three games on the road in Arkansas this week

Chris Deremer
ARGONAUT

Vandal basketball looks to get back on track during the Red Wolves Classic this upcoming week.

Idaho will travel to Arkansas to play the next three upcoming games.

This will be the first true road test for this newly constructed team, with hopes of coming away with a win streak before returning home to Memorial Gym.

Staying even: The Vandals have gotten off to a rocky start this season, but interim head coach Zac Claus will try to push this team in the right direction throughout non-conference play.

After claiming their home opener 88-82 win over Evergreen State College, the Vandals dropped their first road game this season in a 58-51 loss to UC Riverside.

Throughout the first few games of the season, Idaho is averaging 69.5 points per game and shooting nearly 42% from the field.

The Vandals have struggled shooting the ball from beyond the arc, shooting only 25% from 3-point range making 10-40 3-pointers on the season so far.

The chemistry will continue to build within the new team, but cutting down turnovers early can help elevate the Vandals as a whole.

Idaho is averaging ten turnovers per game and if it wants to win these next few games on the road, not turning the ball over will be key.

UC Davis: Idaho will first play the UC Davis Aggies Thursday, who also enter this game with a win and a loss.

The Aggies average nearly 79 points per game this season, and allow nearly 73 points against opponents.

UC Davis has four players averaging points within double figures. The Vandal defense will need to step up with each member of the Aggies posing a potential

scoring threat.

VMI Keydets: On Friday, the Vandals will play Virginia Military Institute in their first back-to-back this season.

The Keydets are currently 0-3 on the season and average 67 points per game.

While this could be a trap game for Idaho after what could be a tough outing against UC Davis, the Vandals should have enough in their arsenal to pull off the win against VMI Friday.

Arkansas State: After a day of rest the Vandals will play Arkansas State, the hosts of the Red Wolves Classic, Sunday.

The Red Wolves average 54 points per game and hold their opponents to 60.

As a team the Red Wolves shoot nearly 33% from 3-point range and if the Vandals aren't careful they could run into a three-point barrage against Arkansas State.

Arkansas State averages 17.5 turnovers per game so far this season, which could provide as an opportunity for the Vandal defense to step up on Sunday.

Players to watch: Senior guard Trevon Allen has led the way so far this season for Idaho, averaging 19 points per game on 35% shooting.

Junior guard Ja'Vary Christmas, sophomore guard BJ Simmons, junior forward Scott Blakney and Allen all average in the double figures for Idaho this season.

If the Vandals want to gain momentum early, Allen and Blakney need to play efficient.

With the lack of height on the roster this season, Blakney will need to be reliable on the boards to give Idaho possession to allow Allen to push the pace.

Like last season, this team will go as far as Allen will lead them, and will be a key contributor to the team this weekend.

When/Where: The Vandals will first play the UC Davis Aggies 3 p.m. Thursday in Jonesboro, Ark. to tipoff the Red Wolves Classic.

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OPINION

Is it a sport or just a game?

Cornhole, underwater hockey and water polo announced as sports



Nicole Hindberg
Column
ARGONAUT

Have you ever heard of underwater hockey? Me neither.

But, next month at the Southeast Asian Olympic games, underwater hockey will be played as an Olympic sport.

This variation of hockey requires much skill and talent in order to perform, and it should be recognized for its merit.

Other unknown sports are starting to be recognized as sanctioned sports, such as water polo. Recently, the University Interscholastic Committee approved water polo as a sanctioned sport that will begin competition in the 2021-2022 academic year.

This is great for representation of lesser known sports.

However, I recently discovered cornhole is classified as a professional sport. In fact, there are three professional leagues in the United States.

This seems a little excessive to me, because cornhole is not a sport — it's a game. It's just a fact.

But those who participate in these leagues see the sport classification for cornhole as a victory and recognition for what they view as a sport.

A sport is defined as "an activity involving physical exertion and skill in which an individual or team competes against another or others for entertainment."

A game is defined as "a form of play or sport, especially a competitive one

played according to rules decided by skill, strength or luck."

The key difference is physical exertion. Playing cornhole doesn't require physical exertion.

Equal representation of sports is important. For instance, many people don't think sports such as cheerleading are real sports. But they're wrong, because cheerleading requires much physical ability in order to participate.

Water polo and underwater hockey, as strange as they may seem, require a great amount of physical exertion which makes them sports as well.

Sports like these should be recognized, because they fit the criteria of a sport and have a demand for people to both watch and play.

However, games like cornhole should not receive the status of a sport, because that's not what they are.

Just because someone possesses a skill for a game and there is a professional league does not automatically warrant sport status. There are plenty of professional chess players out there, but no one would call them athletes.

Not everyone possesses the talent to play sports and that's OK. What's not OK is demanding sport recognition for a game that does not fit the criteria of a sport.

Sports hold their status for a reason and classifying games like cornhole as sports takes away some of the status sports have.

Nicole Hindberg
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Parents & Family Weekend to-do list:

- Take a walking tour of the University of Idaho
- Make dinner reservations at a local restaurant
- Meet the roommates
- Read the Argonaut
- Tailgate the football game
- Stock the fridge with delicious and healthy Co-op food
- Save the date for next year's visit!



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Riley Helal | Argonaut

STUDENT LIFE

A weekend of inclusion The first parent's weekend since the '90s makes a comeback

Nicole Hindberg
ARGONAUT

Parents and Family Weekend, beginning Nov. 15, will be a time for students to enjoy the University of Idaho with everyone in their family regardless if they are a parent of the student or not.

Since the '90s UI students have only known Mom's Weekend and Dad's Weekend but prior to the '90s the weekends were only known as Parent's Weekend.

Vice Presidents of Operations for the Student Alumni Relations Board (SARb) and UI third year Jacob Milleson said as a result of an uptick in divorces in the U.S. in the '90s, the split of Mom's Weekend and Dad's Weekend was created. Many wanted separate weekends if their parents were divorced or separated.

"More recently we transitioned back (to a parent's weekend) because of across the

U.S. our peer organizations, they have been switching to a parent and family weekend, it's more inclusive. So, if you have a non-traditional family you feel more welcome to come," Milleson said.

Milleson said even though it was a Mom's Weekend or Dad's Weekend, everyone was welcome to go and no one was excluded — not just mom's came to mom's weekend and not just dad's came to dad's weekend.

Milleson said having that name of Parent and Family Weekend allows for more inclusivity to those who may not have a mom or dad.

As Vice President of Operations, Milleson oversees many of the day to day operations within SARb and he said he is the go to person for Parent and Family Weekend. Although many in SARb have roles in the weekend, Marie Duncan, advisor to SARb, said she helps plan logistical work of the

weekend that students may not be able to do. However, she said the members and leaders of SARb do "the majority of the leg work".

Duncan said she wouldn't call this weekend a change from Mom's Weekend or Dad's Weekend other than a name change. She said the intent of the weekend remains the same.

Some of the event names have changed to reflect the inclusivity of the weekend. For example, the event Donuts with Dad has changed to Builders & Bagels.

"We're just trying to really like get as many people as we can up here," said President of SARb and UI fourth year student Alexis Murray. "We don't want just moms or just dads to come up here. We want everyone to come and enjoy the university and enjoy the events that we've put on."

In the future, SARb is hoping instead of doing a Mom or Dad

of the Year, a yearly award given at Mom's Weekend and Dad's Weekend, they are working toward creating an award that is either Parent of the Year or Family of Year. Milleson and Murray both said that has not been decided yet but will be decided in the future.

Milleson said as a result of an article posted by The Argonaut last year titled "Farewell to Dad's Weekend" there has been much confusion surrounding this weekend. He said many were concerned they were getting rid of Dad's Weekend and UI would only have one weekend like this instead of two.

They will be having Parent and Family Weekend each semester. Spring Parent and Family Weekend will be held April 16-18.

Murray and Milleson said they would like clubs and organizations to know if they

have events during Parent and Family Weekend they want SARb to promote on their event page they should email them at sarb@uidaho.edu.

"We want everyone to feel welcome on campus so regardless of what your family looks like we want to encourage whoever to come up," Milleson said. "Even if it's not your true mom or dad or it's a parent guardian or grandparent, they're welcome to come up and enjoy the weekend with you."

Because Parent and Family Weekend for the University of Idaho falls on the same weekend as Washington State University's Dad's Weekend this year, Milleson said the closet lodging to the UI is Coeur d'Alene.

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DESIGN CONTEST

Women's suffrage commemoration design

Winning design to be given out during all Idaho elections

Nicole Hindberg
ARGONAUT

The "I Voted" sticker, a simple yet meaningful sticker demonstrates a person has completed their civic duty.

Next year, that simple design will have a different look, at least for elections in Idaho. Next year, the "I Voted" sticker will demonstrate a special meaning regarding women's rights.

The nineteenth amendment was ratified on Aug. 18, 1920. Next year, marks 100 years of women's suffrage. In order to commemorate this, the Idaho Association of County Recorders and Clerks and Idaho Women 100 are sponsoring a sticker design contest.

The contest is to design a special edition of the "I Voted" sticker. The winning design will be given out during all elections in 2020 in Idaho, including national and local elections.

"We're thrilled to have IACRC participate in the Idaho Women 100 campaign and create a centennial anniversary sticker," said Amanda Visosky, Idaho Women in Leadership Program Director and Idaho Women

100 partner, in a news release. "It's a wonderful way to commemorate the women's suffrage movement and Idaho's early role in the national suffrage movement. We appreciate that so many different organizations are collaborating to celebrate this momentous occasion."

This contest is open to all Idaho residents and is currently accepting submissions.

Deadline to submit a design is Nov. 24 at 11:59 p.m. Designs must be submitted online at <https://adacountyelections.com/sticker-contest>. The design must be submitted as either an Adobe Illustrator or Photoshop file.

Multiple entries can be submitted but must be submitted on separate forms.

The winner will be announced on Dec. 9 by IACRC. IACRC will contact the winner through the contact information provided by the contestant's form.

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Idaho Commemorative Sticker Design Contest | Courtesy

REVIEW

“Double Tap” falls double flat

Anticipated Zombieland sequel disappoints

Ryan Hill
ARGONAUT

When there’s a successful movie, chances are there will be a sequel to it. Fans always want to know what happened to their favorite characters.

However, when a movie takes 10 years or more to be made, that’s when it falls into the danger zone. While fan support for a sequel may be strong, the studio risks the following: either making an amazing movie that was well worth the wait or making a terrible movie. The first “Zombieland” came out in 2009. Now that 10 years have passed, it is in the danger zone.

While I was excited by the movie once the trailer dropped, the final product was disappointing. The movie kicks off by acknowledging 10 years have passed, and now there are four new types of zombies roaming around. Aside from the opening sequence, you only really see three of the zombies, and they are fairly underutilized.

After 10 years, main characters Columbus, Tallahassee, Wichita and Little Rock are still together surviving. In a classic nod to the original, the movie opens with slow motion action sequence. But instead of the music of Metallica, the gang is killing zombies on the White House lawn to the song, “Master of Puppets”.

One good thing about this movie are the characters. All of which show character development, but they all have the same essence. Tallahassee takes the place as the overprotective

father watching out for Little Rock and smothering her with fatherly love. Wichita and Columbus are in a relationship, yet Wichita is a little worried about settling down for marriage. Yet they are still one big happy family.

What works about the movie is it introduces more survivors into the world. In the first “Zombieland”, we only saw the original group, along with Bill Murray. In this movie, we see that there are some humans around.

The only character who didn’t need to be there was Madison. Her character is essentially a dumb blonde. Her voice is annoying and the way she acts is just cringeworthy. I’m surprised they are still doing dumb blonde jokes, I thought those went out of style way back in the 2000s.

“Zombieland 2” does have some funny moments and the action scenes are great. There are plenty of callbacks to the first movie with quotes and references. While humorous at times, it is still fairly lazy. Callbacks are nice, but it seems they were relying on them too much to get a cheap laugh.

This movie isn’t really bad, it just could have been better. I would stick to the original.

This movie gets two and a half stars out of five.

Ryan Hill
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PUPS ON THE PALOUSE



Nicole Hindberg | Argonaut

Kaya’s human tries to contain her excitement.

Pups on the Palouse: Meet Kaya

Kaya’s human Alena talks about her chaotic energy

Nicole Hindberg
ARGONAUT

As The Argonaut Staff and lovers of puppies, we took to the Palouse to find the best pups you have to offer. No matter the size, color, breed or pawverty level — all pups are the best and we are here to find them. Missed us this week or want your pup (or other furry creature) to be featured in next week’s Pups on the Palouse? Send us an email at arg-life@uidaho.edu.

On this week’s Pups on the Palouse we met Kaya. Kaya is a German shepherd mix. Her human Alena

Perrigey-Krings has had her since she was four months old. Kaya turned one in October so she is still very much a pup.

“She’s a wonderful dog,” Perrigey-Krings said. “She has an endless supply of energy. We could hike and run and play forever and she’d never get tired. There’s no off button with this dog.”

When we met Kaya, she could barely contain herself with all the students walking by.

“I love high energy animals and that’s exactly what she is,” Perrigey-Krings.

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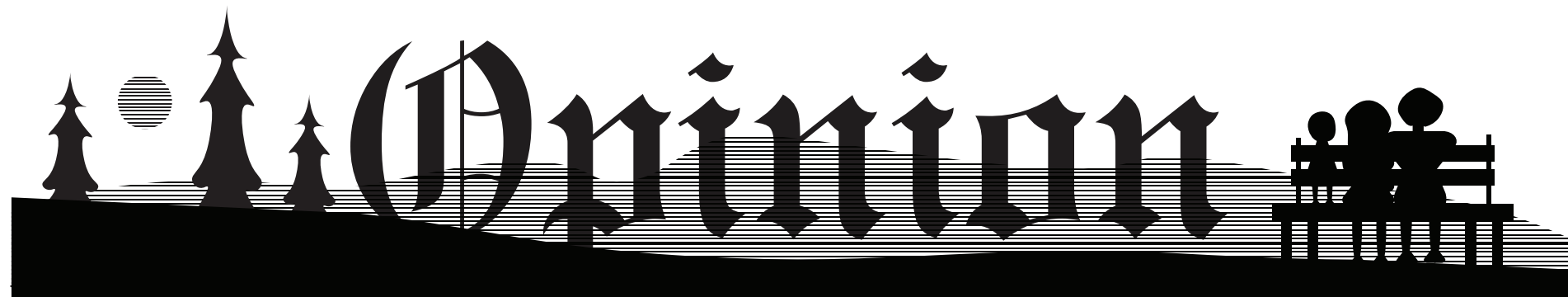
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Opinion

EDITORIAL

An inclusive change

A simple name change allows more loved ones to feel invited to the Idaho campus

With the 2019 fall semester coming to a close, the University of Idaho will take part in the newly renamed “Parent and Family Weekend.”

After having “Dad’s Weekend” and “Mom’s Weekend” for the past decade, the university has taken a step to be more inclusive when it comes to inviting students’ loved ones for the weekend.

For some students, it may have been easy to feel left out during the split weekends if they didn’t have a relationship with their mom or dad.

According to the 2016 United States Census Bureau, between 1960 and 2016 the percentage of children being in a family with two parents dropped from 88% to 69%.

Throughout the same time, the number of children living with only a single mother has almost tripled from 8% to 23%.

While the overall majority experienced a childhood with two parents, there are still many who grew up in different familial environments.

Making the simple change to “Parent and Family Weekend” is a smart move by the university to add more inclusivity to the Idaho campus.

This allows for students to not feel so alone amidst the busy weekend and be around their loved ones.

The name changes to “Dad’s Weekend” and “Mom’s Weekend” occurred in the ‘90s during a time when there was an uptick in divorce rates.

While divorces now seem to be increasingly commonplace, it’s a step in the right direction for the university to be more inclusive and make the name change to “Parent and Family Weekend.”

For some students, they might have a better relationship with other loved ones compared to just their parents.

When considering family and loved ones, some people have closer connections with outside relatives and friends than with their own parents.

The weekend is an opportunity for students to reconnect with loved ones and have a weekend to relax before the horrors of upcoming finals linger around the corner.

The university needs to continue making steps to allow more inclusivity through these events and more avenues for students to enjoy time around campus with their loved ones.

It’s crazy how a simple name change can make things feel more inclusive, but the university now needs to prove their actions in offering various events that includes all family members.

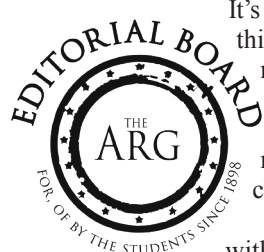
Some of those changes are already being made — Donuts with Dads, for instance, changed to Builders and Bagels.

Other inclusive activities include Paint with your Parents events and various concerts throughout the weekend.

Having the events be more inclusive also provides the opportunity for more people to visit the campus and participate in events. And most importantly, more people will pay for certain weekend events, including the Vandal football game.

Throughout the semester, the university has begun to make slight program changes to become more inclusive, and the name change to “Parent and Family Weekend” continues the smart step in the right direction for the University of Idaho.

— Editorial Board



GUEST VOICE

Reasons to eat a plant-based diet



Mikayla Stoffels
Peer Health Educator

How often have you heard someone report they are now vegan, pescatarian or some form of vegetarian? In today’s age, it seems many are striving to be healthy and choosing diet plans they believe will fulfill this goal.

It can be challenging to decipher the ideal diet when there are numerous options available, which all assert their credibility. While plant-based diets can vary considerably, all tend to emphasize replacing animal-derived products or meats with a plant-based substitute. On the extreme end, a vegan diet excludes all animal-derived foods, while a pescatarian excludes poultry and meats, but does allow fish.

Of the benefits associated with adopting a plant-based diet, research has supported a reduction in the risk of developing cardiovascular disease. In a meta-analysis conducted by Huang (2012), it was found that vegetarians have a 29% reduced risk of heart disease-related mortality.

Nutrient density may also affect the markedly lower levels of heart disease seen in vegetarian groups. When compared to omnivores, vegetarians tend to eat higher levels of fiber, fruits and vegetables, and whole grains.

Plant-derived foods contain phytochemicals, which are thought to act as disease-fighting agents that can protect against a variety of diseases.

While vegetarians have lower incidences of heart disease, Type II diabetes is also significantly less common, which may in part be due to the decreased levels of obesity observed in the vegetarian population. Studies have also consistently found reduced rates of cancer when daily

consumption of fruits and vegetables are increased.

Based on data collected from NCHA surveys at the University of Idaho, the majority of students eat between one and two servings of fruits and vegetables per day, which is slightly lower than recommended by the Dietary Guidelines of America.

Though there are a variety of health benefits from eating a plant-based diet, there are also some concerns that should be addressed. Vitamin B-12 is an essential vitamin found in animal foods. If one entirely excludes animal products, as with the vegan diet, supplementation is vital.

One study found vegans had a B-12 deficiency rate of 52%, compared to 7% in vegetarians and only 1% in the omnivorous group. Eating plant-based diets may also lead to protein deficiency, but this concern is minimized when such diets are practiced correctly.

The key to a vegetarian or vegan diet is to eat a variety of protein-rich plant foods. Soy products can also help to minimize this concern, given that soy contains all nine essential amino acids.

Despite the disadvantages, research seems to suggest the benefits of a plant-derived diet outweigh the negatives. If you’re considering a plant-based diet, it’s just important to remember that it’s an entirely personal choice influenced by many factors.

One’s cultural background, personal belief systems or simply one’s preferences can play a vital role in developing a healthy diet plan. While there is no right or wrong diet, ensuring that all nutrients are obtained is key to healthy living.

To read the full story, go to uiargonaut.com.

POLITOOON



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COLUMN

The 2019 holiday go-getters’ seasonal boost



Emily Pearce
Column
ARGONAUT

November is here, seasonal holidays are near and so is the end of this year

With November quickly coming to an end, the holiday season’s beginning date is controversial. Christmas go-getters begin decorating the first week of November, while other holiday enthusiasts will wait until Thanksgiving has passed.

Being a Halloween fanatic, I am sad to see the spooky season go. Although I enjoy what October has to offer, this doesn’t make me a scrooge. I’m

excited to celebrate as the holidays go on — the question is when to start those celebrations.

It’s a smudged line where the holidays really begin. Corporations start distributing Halloween gear in early August while Valentines candies seem to come right after New Year’s. But it’s Thanksgiving and Christmas where the matter truly becomes controversial.

Walmart has no wait time when it comes to the holidays, setting out candy canes and decor already.

Other establishments have no chill when it comes to the holiday season as well. Einstein’s discontinued their pumpkin spice latte and Starbucks has already rolled out their six popular holiday drinks.

It makes me wonder, who calls the shots when it comes to deciding when the holiday season begins? Is it Starbucks or Walmart? Who decides when to start beelining toward the tinsel and lights?

Yes, corporations start setting out

holiday gear early for monetary purposes and marketing tactics. It is a given businesses are already setting up for holidays to come, as it’s all about profit. That being said, are we at the mercy of these corporations??

It’s as if everyone has an opinion on when to start celebrating the holidays.

Getting older and moving out of my hometown has really changed my perspective on the holiday season. I used to passionately hate Christmas and everything associated with the holiday. My parents’ over-enthusiastic reaction put a damper on the merry season, so much I had to move away to see what the excitement was all about.

Throughout the years, my opinion on when Christmas starts has changed. Younger me would just want to skip the holiday and go straight into the New Year. Now, I don’t mind Christmas stations on the radio right on Nov. 1. I’ve never been a fan of Thanksgiving.

To me, November is just a blur in the calendar. I don’t care when Christmas rears its head — tis the season, enjoy what you want when you want it.

In the end, it is your holiday. Take advantage of the kind kin, seasonal drinks and half-off Halloween candy.

It isn’t just the season that makes the holidays so great. Appreciate what makes you happy, whether its family, friends or cold weather.

Before we know it, the season will fly past us and it will be well into January. Whether it’s Christmas, Hanukkah or the Winter Solstice, make time to appreciate the things around you. Drinks at Starbucks never get sweeter.

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COLUMN

Being a pagan in a Christian community

Exploring my belief system and how it clashes with those around me



Alexis Van Horn
Column
ARGONAUT

I am pagan. While I may have dressed up as Persephone for Halloween last year, my beliefs themselves are no Halloween costume.

A pagan is defined as a person who follows any religion other than the main world religions. I have worked with ancient Norse gods before, but I mainly follow the ancient Greek pantheon. A more accurate descriptor for this belief is "Hellenic polytheism," or the belief in the ancient Greek gods.

I don't share this information lightly. I understand how crazy it sounds. A few years ago, I would have thought it was crazy, too. Sometimes, I still do.

The U.S. has no official religion, but 70.6% of American adults identify as Christian, according to the Pew Research

Center. The same study showed only 0.3% of American adults identify as pagan. This can make communicating my beliefs and connecting to others difficult. I do not attend a church. Clubs and organizations based on my beliefs are few and far between — and often Internet-based.

I have plenty of friends who are Christian. Most of them have no issue with my beliefs. They share their love of their God with me and I share my love of my gods with them. I love and appreciate these friendships and am grateful for the kindness and understanding they lend me, but sometimes I long to share a conversation with someone who has spoken with my gods the way I have.

I see my gods in technicolor. They are as real to me as the wind in my hair and the rain on my face. They whisper with the breeze and nudge me along my path.

In that sense, I never have to worry about being alone.

Recently, pagan pride festivals have begun to pop up across the U.S. People from a variety of faiths that fall under the pagan umbrella attend, sharing their experiences, selling religious items and enjoying time spent with others who share their beliefs.

The closest pagan pride festival I have found to Moscow is held in Seattle. This is an expensive drive to make for



Alex Chow | Courtesy

a college student whose gas-guzzler of a car costs \$100 per trip to the Puget Sound from here.

Understandably, I doubt I will be attending before I graduate.

An important part of my belief system is my practice of witchcraft. Yes, people practice witchcraft, and no, it's not like the movies. Witchcraft is more about placing your intention in an action and willing it to come true.

One common misconception is that witches and pagans are one and the same. Witches and pagans are kind of like squares and rectangles. Not all witches are pagans, but most pagans practice some form of witchcraft.

My practice of witchcraft allows me to channel my communication with my gods

with meditation and spellwork. I guess you could compare it to connecting with God through traditional church practices. The concept of connecting with the divine is similar — the method of connection is the only true difference.

I acknowledge, happily, that witches are a Halloween staple and I relish in the spookiness of the Halloween season. I joke about how stereotypically witchy I can get with my friends. All I ask is that people remember the nugget of truth underneath the wide-brimmed hat — that magic does exist, even though some may not believe in it.

Alexis Van Horn can be reached at arg-opinion@uidaho.edu or on Twitter @AlexisRVanHorn

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