

# Argonaut

THE UNIVERSITY OF IDAHO

FOR, OF AND BY THE STUDENTS SINCE 1898



MEN'S BASKETBALL

## CONQUERED IN COWAN

COUGARS - 78 VANDALS - 65

Elizabeth Carbajal  
ARGONAUT

The annual rivalry of the Palouse hit Moscow Wednesday when the Vandals hosted the Cougars in the Cowan Spectrum.

The Vandals dropped their third straight game in a 65-78 loss to the Cougars.

The last time the Vandals hosted the Battle of the Palouse two years ago, the Vandals won 91-64. But this time was a different story.

The Vandals finished out the first half down by just eight. After the halftime break, the Vandals came back on to the court seeming a bit unsettled.

Early in the second half, WSU was able to take a big lead after a 13-4 run that would deal enough damage to bring down the Vandals.

The Vandals made the effort to make

a late run towards the end of the game but the early deficit in the second half would prove to be the deal-breaker.

“We gotta make practices more like games,” junior forward Scott Blakney said. “We gotta make practices harder than games and that’s going to lead to us not feeling so sped up and not throwing the ball away as much as we did tonight.”

Eight players were ineligible to play in the game due to injuries.

Quinton Forrest left during the second half on an injury that was still unknown by the end of the game.

SEE BATTLE, PAGE 8

Saydee Brass | Argonaut

ADMINISTRATION

## UI proposes potential \$3 million savings plan

*Proposed voluntary employee furloughs could partially offset budget deficit*

Ellen Dennis and Meredith Spelbring  
ARGONAUT

University of Idaho employees have the option to take voluntary unpaid leave, or furlough, between now and late spring of 2020. If all 2,458 of those eligible were to take five days of furlough, the university would save an estimated \$3 million.

The university opened up voluntary furloughs to eligible employees in response to an additional \$1 million in cuts, UI President C. Scott Green said in a memo sent to faculty and staff Nov. 20.

Those eligible may take as little as one hour and as much as five days of furlough, provided it is pre-approved by their respective supervisors.

The additional \$1 million in cuts comes from a request from Gov. Brad Little for all state agencies to reduce their budgets in Fiscal Year 2020 by 1% and 2% by Fiscal Year 2021, Green wrote in the memo.

The university’s Fiscal Year 2020 shortfall now adds up to \$15 million. The initial \$14 million in reductions for Fiscal Year 2020 go to the university, while the added \$1 million go to the state.

Green said the decision to move forward with voluntary furloughs comes following repeated suggestions from the community.

“While volunteering for furlough is no small thing, it is an expedient and immediate way for employees to help the

university reduce costs and there appears to be strong interest from our employees to contribute,” Green wrote.

Green and 95% of his cabinet will participate in voluntary furlough, he said in the memo. Green plans to take five days, which will save the university \$8,000 alone, UI Communications Director Jodi Walker said. If the 95% were to do the same, the university would save approximately \$70,000 in total, Walker said. However, the expected salary savings are more in the range of \$40,000 due to varied furlough durations of cabinet employees.

In addition to voluntary furloughs, the university will open up voluntary separation incentive as well as optional retirement incentive programs for eligible employees, Green said in a memo sent to faculty and staff Nov. 22.

Voluntary Separation Incentive Program (VSIP) will be available for employees who have worked at the university for 10 years without an already-approved resignation or retirement announcement. Employees would receive 33% of their budgeted salary for Fiscal Year 2020.

The separation payments would begin at the start of Fiscal Year 2021, according to the memo.

Optional Retirement Incentive Program (ORIP) is an option for employees who are 55 years or older, have worked a minimum of 20 consecutive years for the university and do not have an approved retirement plan, among other criteria. This option

would pay the retiree 20% of their Fiscal Year 2020 budgeted salary (from any source except ARES, FUR, IGS, WWAMI, WIMU-VetMed) annually for five years, Green said in the memo. Retirement separation payments would begin after the start of Fiscal Year 2021.

Applications for the VSIP and ORIP programs are due Dec. 13, 2019.

Green said the university is continuing to look into other areas of savings, including program prioritization in academics, among others in non-academic areas.

“There is no expectation or pressure that employees apply for these programs, but it is important to provide options for those of you who decide voluntary separation or retirement makes sense,” Green said in the memo. “We appreciate your hard work and leadership as we continue to unite in our purpose — bringing our expenses in line with our revenue and creating a sustainable financial model that will carry our great university well into the future.”

Green said as he and his team continue to look into cost-saving options, UI community members are encouraged to submit ideas on the online community feedback page.

Ellen Dennis and Meredith Spelbring can be reached at [arg-news@uidaho.edu](mailto:arg-news@uidaho.edu)

THE NUMBERS

**2,458**

employees eligible for voluntary furlough

**630**

employees eligible for voluntary separation

**221**

employees eligible for optional retirement

IN THIS ISSUE



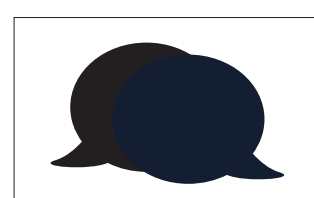
UI's printmaking club gives artistic experiences.

LIFE, 5



The 2019 football season is a wrap for Idaho. Here's what we learned.

SPORTS, 7



Idaho athletics needs to follow the lead of the rest of UI. Read our view.

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# RECREATION & WELLBEING

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UI Recwell

# A Crumbs recipe

## Thanksgiving leftover sliders

Now that Thanksgiving is over and extended families have left the house, it's time to figure out what to do with all the leftover food. Here's a simple recipe that utilizes some of the most common Thanksgiving leftovers.



Alexis Van Horn | Argonaut

### Ingredients

- 2 Kings Hawaiian rolls
- 2 spoonfuls cranberry sauce
- 2 spoonfuls stuffing
- 2 small slices of turkey

Prep time: 2 minutes  
Servings: 1

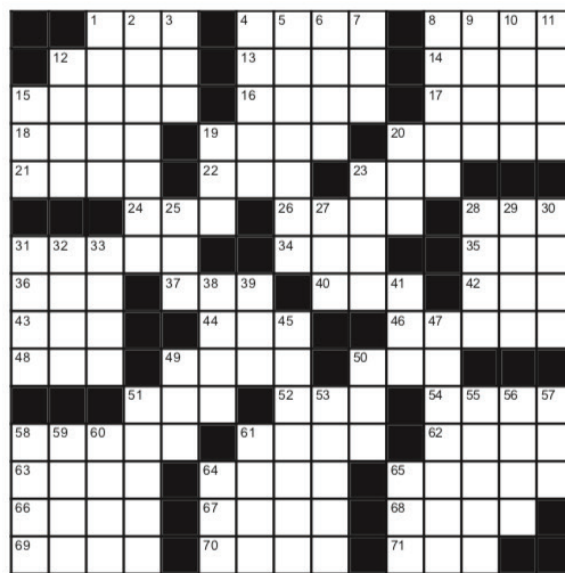
### Directions

1. Pinch the rolls in half
2. Place 1 spoonful of cranberry sauce on half of each roll. Repeat with the stuffing and turkey.
3. Place opposite half of the roll over the top-pings.
4. Microwave individual sliders for 1 minute.

Alexis Van Horn  
can be reached at  
[crumbs@uidaho.edu](mailto:crumbs@uidaho.edu)

### Across

- 1 Blah-blah-blah
- 4 Ready for business
- 8 Urban renewal target
- 12 He sang "I've Got You Under My Skin" with Frank Sinatra on "Duets"
- 13 Supergarb
- 14 Effortless
- 15 Placeholder
- 16 Kind of cut
- 17 Losing proposition?
- 18 Old 45 player
- 19 Purple shade
- 20 Like Siberian winters
- 21 Teaspoonful, maybe
- 22 Eur. land
- 23 He's a doll
- 24 Asian holiday
- 26 Kind of cloth
- 28 Anomalous
- 31 OPEC land
- 34 Toothed tool
- 35 Go a-courting
- 36 High card
- 37 Sleazy paper
- 40 Taradiddle
- 42 Outback runner
- 43 Jailbird
- 44 Highball ingredient
- 46 Viper
- 48 Eliminate
- 49 Butts
- 50 Kind of deposit
- 51 Chest protector
- 52 Water source
- 54 Wither away
- 58 Intense hatred



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- 7 Current
- 8 Alternative to a convertible
- 9 Animal shelter
- 10 Manipulates
- 11 Fable
- 12 Vivacity
- 15 University conferral
- 19 Plum's center
- 20 Egg warmer
- 23 Fuzzy fruit
- 25 Musical aptitude
- 27 Bonehead
- 28 Was in the red
- 29 Volcano feature
- 30 Sullen
- 31 Shoestrings
- 32 Screen symbol
- 33 Road turn
- 38 Burnoose wearer
- 39 High school class
- 41 Slot machine symbol
- 45 Little sound
- 47 Football squad
- 49 Glass component
- 50 Saturn's wife
- 51 Explode
- 53 Large antelope
- 55 Show flexibility
- 56 "Jurassic Park" actress
- 57 Compass dir.
- 58 Iridescent gem
- 59 Fjord explorer?
- 60 Flower with a bulb
- 61 Champagne designation
- 64 \_\_\_-relief
- 65 Put in stitches

### CORRECTIONS

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CAMPUS LIFE

# ISUB/TLC back to full function

*Building reopened after a month of partial closure*

Angela Palermo  
ARGONAUT

When flooding in the ISUB/TLC damaged a transformer in the basement, it affected electricity in the entire building, including heat, lights, outlets and AV usage. Once a new transformer was located and installed, which required the pouring of concrete outside to hold it, lines from the transformer were routed into the building, and systems were slowly brought back up to ensure

everything was functional.

“As we finished final repairs, a fuse was needed. Neither UI nor Avista had the fuse,” UI Director of Communications Jodi Walker said. “Ed Schweitzer from Schweitzer Engineering and his team located one in Portland and had a plane returning from Denver rerouted to Portland to pick up the part.”

Final testing of all systems happened over Thanksgiving break and the building fully reopened on Dec. 2.

“Bringing a large building like the ISUB back on-line requires diligence and patience to ensure stability and safety,”

Walker said.

With everything tallied, the repairs are estimated at \$75,000 to \$100,000 and will not impact the overall university deficit, Walker said. The cost is paid through the facilities annual budget for maintenance and operation that exists to pay for repairs of a similar nature.





All employees, student and otherwise, were relocated and continued to work during the closure, while food service workers were relocated within Sodexo. Many workers forced to move to new spaces during the closure expressed a sense of camaraderie with other

displaced employees.

“For me it showed how important it is to have a central student location on campus,” ASUI President Jacob Lockhart said. “We take these spaces for granted sometimes and I think this showed us to be more appreciative of the space we have and to recognize that it makes a huge impact for people.”

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angelap@uidaho.edu  
or on Twitter @angelapalermo7

## Event Calendar

 <p>5</p>	<p><b>Alternative Giving Market of the Palouse</b> 1912 Center   5 p.m.</p> <p>Moscow community members are invited to make donations to Palouse Habitat for Humanity’s Home Repair program this holiday season. Proceeds will go towards purchasing ramps for low income disabled individuals in Latah County.</p>
 <p>6</p>	<p><b>Holiday Delights</b> Best Western Plus University Inn, 1516 W Pullman Road   6 p.m.</p> <p>Gritman Medical Center Auxiliary will host the 51st annual Holiday Delights. The evening will include wine tasting, hors d’oeuvres and a silent auction with a wide variety of items. All proceeds will support projects at Gritman such as educational scholarships and medical equipment. Tickets are \$30 per person and attendees must be at least 21 years old.</p>
 <p>7</p>	<p><b>Cocoa, Craft &amp; Cinema</b> Moscow Public Library, 110 S. Jefferson St.   1 p.m.</p> <p>The library invites people of all ages to create gifts for the holiday season. A self-serve gourmet cocoa bar will open at 2 p.m. The library will screen a favorite holiday film as well. The event is free and open to the public.</p>
 <p>8</p>	<p><b>Food Not Bombs Community Meal</b> 405 S. Van Buren St.   4 p.m.</p> <p>Food Not Bombs will provide a free vegan/vegetarian meal to the community. Attendees are encouraged to bring Tupperware to bring some food home as well. Food Not Bombs requests attendees enter the Presbyterian Church using the door to the basement off the parking lot.</p>

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SAFETY

# UI Campus Security discusses clear bag policy

Administration explains reasoning behind new policy

Alexis Van Horn  
ARGONAUT

University of Idaho will implement a clear bag policy for all events in the Kibbie Dome or with an expected audience of over 500 next year. Starting Jan. 1, backpacks, large purses, oversized tote bags, reusable grocery bags, drawstring bags, camera bags, printed plastic bags, fanny packs and diaper bags will be prohibited at relevant events.

According to the clear bag policy available on the UI website, the only permitted items will be clear bags no larger than 12-by-6-by-12-inches with no zippers, small clutch bags no larger than 4.5-by-6.5-inches, resealable clear plastic bags and seat cushions no larger than 18-by-18-inches with no zippers, pockets or backs. Each person may only bring one clear bag and a small clutch.

Backpacks and bags that do not meet the requirements will not be stored at the Kibbie

Dome gates or outside the relevant venue. Bags left unattended will be removed and their contents discarded.

Campus Security Manager Bruce Lovell, who began working for UI in January, said the policy had been under consideration before his arrival, but progress on implementing the policy had stopped. He said similar policies and guidelines are common across the U.S., and adding the policy will bring UI safety standards up to par with those around the rest of the country.

Director of Athletic Communications Joe St. Pierre said while he does not know official numbers, the clear bag policy is common across the U.S. but it is not yet standard across the Big Sky Conference.

Lovell said many local groups were involved in implementing the policy, including Event Services, Risk Management, Moscow Police Department and more. The team used information from a safety training in October and research on policies from across the country to create a policy best suited to UI.

“When we decided to do this, we wanted to miss football season,” Lovell said. “Numbers-wise, it draws the most people consistently in the season, so when we decided to implement it, we said, ‘You know what? Most schools worry about football, it’s a bigger draw than basketball or volleyball or other sports, so let’s wait until that ends, we’ll get the word out at the last big event, at basketball games, volleyball games. We’ll have that message out while the crowds are manageable.’”

The policy will help security staff identify potential dangers and suspicious behavior more effectively with this policy, Lovell said. Previously, leaving a backpack outside a venue was not considered suspicious behavior because students would attend events after attending classes. With the new policy in place, police will more easily be able to identify abandoned bags left for malicious reasons.

St. Pierre said the athletic department fully supports the new policy. He said most events hosted by athletics will be affected by the policy, but he doesn’t expect too much of an impact on the general public.

“I don’t think it’s going to be a shock,” Lovell said. “It’s hard for me to describe how I think (the public) is going to react, I think it’s mostly just going to be acceptance. I don’t think they’re going to be happy about it, but I also don’t think they’re going to be upset.”

St. Pierre said the athletic department is working with the VandalStore in hope that fans will be able to buy branded clear bags for events locally. He also said there could be a possible giveaway of clear bags at a future athletic event but did not have more details.

For more information on the bag policy, visit [uidaho.edu/clearbagpolicy](http://uidaho.edu/clearbagpolicy). Those with additional questions are invited to call 208-885-2223.

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or on Twitter @AlexisRVanHorn

## Beginning January 1, 2020

### PERMITTED BAGS

**Clear Bags**  
No larger than 12" x 6" x 12"  
No zippers permitted  
One snap button in the middle permitted

**Plastic Storage Bag**  
1 Gallon resealable, clear

**Seat Cushion and Seat Cushion with back**  
No pockets or zippers  
18" or less in width

### PROHIBITED BAGS

**Backpacks**

**Large Purse**

**Oversized Tote or Mesh Bag**

**Reusable Grocer Bag**

**Drawstring Bag**

**Camera Bag/Binocular Case**

**Printed Plastic Bag**

**Fanny Pack**

**Diaper Bag**

For more information about our clear bag policy visit: [www.uidaho.edu/clearbagpolicy](http://www.uidaho.edu/clearbagpolicy)

Courtesy | University of Idaho

## Letter TO the Editor

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## ADMINISTRATION

# Staben's back

*Staben to teach at UI next semester*

Ellen Dennis  
ARGONAUT

Former UI President Chuck Staben is officially out of the running for the presidential position at University of North Dakota, according to the UND website.

UI Director of Communications Jodi Walker confirmed Staben will teach a UI Biology class next semester as listed in the class schedule.

Staben will teach Biology 454: Biochemistry II, according to the schedule.

Ellen Dennis  
can be reached at  
[arg-news@uidaho.edu](mailto:arg-news@uidaho.edu)  
or on Twitter @edennis37

Courtesy | University of Idaho  
Former university president, Chuck Staben.

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# Life

LIFESTYLES, INTERESTS, FEATURES AND ENTERTAINMENT



The steps of the printing process.

Nicole Hindberg | Argonaut

## STUDENT LIFE

## Gaining experience and community

*Club and annual sale prepares artists for life outside of college*

Nicole Hindberg  
ARGONAUT

Located in the basement of the Art and Architecture North building on the University of Idaho campus is a studio not many students outside of the College of Art and Architecture have been to before, — the Printmaking Studio.

Many students who use this studio are members of the club, The Vandal Print Guild (VPG).

UI fourth-year student and president of the club, Nash Johnson, has been a member of the club since last year. He is a secondary education major with an art emphasis.

"Printmaking is definitely my favorite art medium," Johnson said. "And so, I've really tried my best to learn as much as I can about it and be as involved as I can be."

VPG faculty advisor, UI Assistant professor and Art and Design program director of graduate studies, Michael Sonnichsen, has been the advisor for the club for six years. Each of those years, the club has put on their annual Student Print and Ceramics Sale at the Prichard Art Gallery.

The majority of students in VPG are Bachelor of Fine Arts students. Sonnichsen said the reason the majority of students in the club are BFA students is because they need experience dealing with printmaking techniques and tools.

"If we do a project in studio, we sort of require that the person has had a printmaking class because there is some safety and technique issues," Sonnichsen said. "We like to be able to think about activities for the general public, and invite people in. In the past we did the Steam Roller Print event."

That event was in 2016 when Master of Fine Arts alumnus Reinaldo Gil Zambrano organized the Vandal Steam Roller Project. For this project, VPG used a steamroller to print large-scale artwork created by UI Students, Washington State University Students and Whitman College Students.

Sonnichsen said because VPG is a smaller club they do not have many events. But the Student Print and Ceramic Sale is their biggest event each year.

"The participation from the ceramics area and students has really come to equal the amount of print work available," Sonnichsen said. "And with that kind of selection of work, viewers or guests that come in almost always find something that makes a great gift, even for themselves."

Sonnichsen and Johnson said the sale is successful each year and is busy for most of the day.

"People around here know their art pretty well and love art," Johnson said. "And student work is something I think is valued and that's why we get as many customers as we do."

Johnson said the club is not only an opportunity to connect with other artists, but it also gives them experience for what it's like to be an artist.

"This is kind of a prequel to what life (as) an artist is going to be. And so that's probably, I think, the biggest benefit coming from the student perspective," Johnson said.

Sonnichsen and Johnson said the unique thing about this club, and about printmaking as a medium, at UI is the camaraderie aspect of it through the shared space and tools used in the medium and studio.

"The thing about printmakers is that we share a studio. We're not off, you know, isolated," Sonnichsen said. "And the community and camaraderie that builds up by late nights and projects and stuff like that is a thing that is specific to print, I think it's almost unique."

Johnson said sharing the studio is not the only opportunity for students to build a community among each other.

"Helping each other in areas of printmaking where we might need help or haven't tried something before, that's an area where another student can step in and assist the other," Johnson said.

Sonnichsen said because of the nature of printmaking, artists are able to make multiple copies of an original piece. This allows the artists to trade and sell copies while keeping the original if they choose to do so.

The Student Print and Ceramics Sale is Saturday Dec. 14 from 11 a.m. to 5 p.m. at the Prichard Art Gallery.

"It's the quickest, easiest way to see a lot of work in a quick exhibition type of venue, because we don't have things pinned up on the wall, we have them laying on the table," Sonnichsen said. "But we have the work of dozens of students, and each student has a number of works. And it's informal as far as an exhibition or framing. But it's a great way to feast your eyes on what the students have been doing in the past couple semesters."

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can be reached at  
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or on Twitter @Hindberg-  
Nicole



Sam Bruce | Argonaut

Artists perform bluegrass music at One World Cafe Dec. 3.

## 'CHATS'

# Cafe chats: bluegrass community jam Moscow

*Community members come together to perform 'rippin, good, fun, old timey music'*

Sam Bruce  
ARGONAUT

*This week on Alley Chats we're changing things up a little bit. Sam Bruce wrote about a show at One World Cafe instead of a show at John's Alley Tavern.*

Community members around the Palouse brought their banjos, guitars, mandolins and fiddles to One World Cafe Dec. 3 night to jam together — bluegrass style.

The event is called "Bluegrass Sessions — Moscow's Community Jam" and it happens the first Tuesday of every month.

Over 15 people came to play this time and even more came to watch and enjoy the wholesome bump of the string instruments playing smoothly together.

A few of the musicians who played were KFRP radio chair Al Chidester (Fiddlin' Big Al) on the fiddle, University of Idaho alumnus Austin Sass on mandolin, UI student Tyler Sass on guitar, Lawrence Huntley on the hammer dulcimer and Pick Axe Bluegrass' Sam Schumacher on banjo.

Schumacher has held the event at One World for seven months. The event used to be hosted twice a month, but bluegrass players from around the Palouse had a hard time making it to both.

Sometimes 20 people would come out, and sometimes no one would. So,

Schumacher decided to host it once a month to get a more consistent turnout.

Schumacher likes bluegrass as a genre because acoustic instruments are more portable than their electric counterparts, it provides a warm sound and feeling to the audience and players and it lacks a stringent production quality.

There is no limit to how many people can jump in and play a song. Bluegrass is also about going out, playing with other people and sharing songs with one another, wherever that may be.

"Why I specifically like bluegrass, is because you can sit around in a living room, you can sit around in the woods — all that stuff — and have a live music dynamic," Schumacher said. "People know production music a mile away and they

know like — you know — ripping, good, aggressive, fun timey music."

Schumacher said bluegrass is inherently live music and is more forgiven in a studio production sense. It's meant to be played live, from people's hearts and hits audiences more sincerely. Also sincere are the people who play it.

"There is a definitive quality of people. The people who do it are seemingly, in my 30 almost 40 years on this planet, they're more sincere, they're kind, they're also good timey," Schumacher said. "They're the people who will drink a beer and stomp and pick music shamelessly, and that's a beautiful thing."

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## PUPS ON THE PALOUSE

# Pups: Meet therapy dog Houdini

*Escape artist pup from Palouse Paws visited campus Tuesday*

Brianna Finnegan  
ARGONAUT

*As The Argonaut Staff and lovers of puppies, we took to the Palouse to find the best pups you have to offer. No matter the size, color, breed or pawverty level — all pups are the best and we are here to find them. Missed us this week or want your pup (or other furry creature) to be featured in next week's Pups on the Palouse? Send us an email at arg-life@uidaho.edu.*

On this week's Pups on the Palouse we met local therapy dog, Houdini. Houdini was visiting campus through Palouse Paws for a Vandal Health therapy dog event Tuesday.

Houdini has been working as a

therapy dog for 10 years now, starting in elementary school reading programs after his departure from the 4H program.

He got his name due to his escape artist behavior. His current human adopted him as an 8-month-old after the shelter he was at began considering putting him down for his numerous escapes.

"He constantly escaped from everything we tried to put him in to," his human Molly Hallock said. "He can chew through cables, break out of cages, climb fences and just disappear. Even if he's standing next to you all of a sudden, he's gone."

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or on Twitter @briannafinnega8



Houdini rests in the ASUI lounge Dec. 3.

Brianna Finnegan | Argonaut

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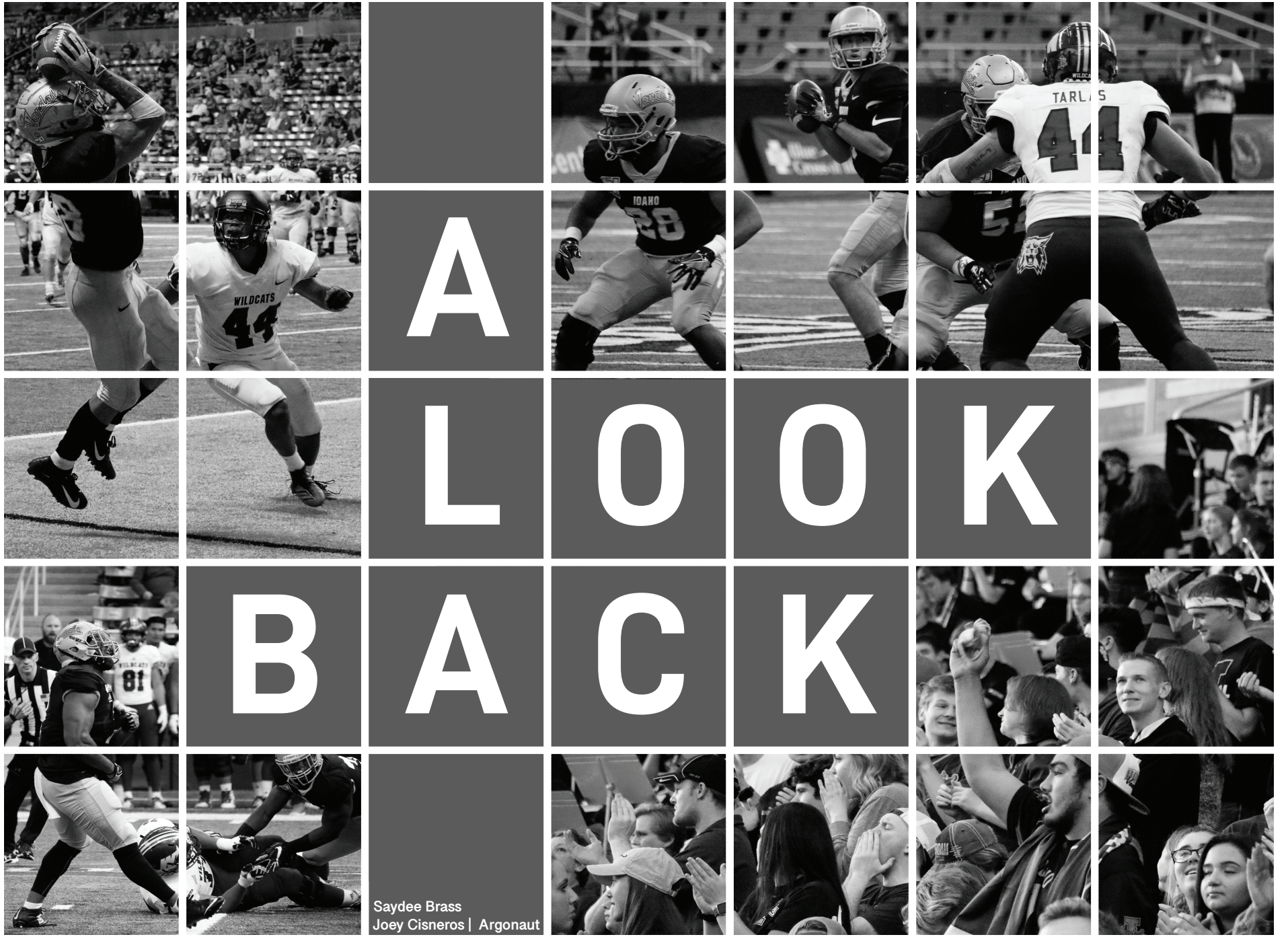
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# Sports



Saydee Brass  
Joey Cisneros | Argonaut

**FOOTBALL**

## Roller coaster ride comes to an end

*Vandal football experienced a bumpy, yet sometimes entertaining, journey in 2019*

**Chris Deremer**  
ARGONAUT

Optimistic, hopeful, stunning and upsetting are just a few descriptions for how the 2019 season played out for Vandal football.

What began with a 72-point loss at Penn State to start the season ended in a miraculous 60-53 overtime victory at Northern Arizona to claim the Vandals' first road victory in two years.

Despite the loss to the Nittany Lions, the Vandals started the season potentially as a force to be reckoned with through the next three games of the season.

Senior quarterback Mason Petrino proved in Idaho's first win of the season against Central Washington he deserved to be the team's first-string quarterback.

"When you face adversity, you just have to get through it," Petrino said in a September 2019 interview. "If you just have that mental toughness and believe in yourself, I think you can get through anything."

The Vandals hit the road again for a matchup against the Wyoming Cowboys, who at the time were coming off a stellar 2018 performance. Playing in the highest

elevation stadium in all the NCAA, the Vandals narrowly lost to a gritty Cowboys team 21-16.

Despite the loss, momentum was in the Vandals favor. With the confidence they could compete with some of the best teams, the fuel was ready for a revenge game against the Eastern Washington Eagles.

The Vandals came out swinging to hold a 28-0 lead at halftime over the National Championship runner-ups, eventually pulling off the stunning victory inside the Kibbie Dome.

"Last year was personal you know with the way (Eastern Washington) played," Idaho junior linebacker Christian Elliss said after the game in September. "We wanted to destroy them, we wanted to bury them, we wanted to put them in the dirt."

With conference play ahead of the Vandals, expectations were high after taking down the 2018 Big Sky champions. Instead, old habits began to slip back in place for Idaho football on its path toward a downward trajectory.

Idaho was stunned on the road against a winless Northern Colorado team where Petrino threw three interceptions against the Bears, ending in a fourth quarter collapse by the Vandals to lose on the road.

The following week back inside the

Dome, the Vandals hung around with the No. 5 Weber State Wildcats, ultimately falling 35-27 in the Dome. Petrino fumbled three times, giving him six turnovers in the past three games.

Then the injury bug hit the Vandals hard. Star defensive end Charles Akanno had his season cut short with a leg injury, and the following week against Portland State, Petrino was sidelined due to a concussion leading to him being out during the second half against the Vikings and the homecoming game against Idaho State.

Idaho would go on to win three of its next five games with the final two losses being against top 10 opponents.

Despite the rocky road toward the end of Big Sky play, there were still memorable moments throughout the season.

The Vandal defense played possibly their best game of the season against the Bengals on Homecoming Saturday, scoring 28 points off of turnovers with three defensive touchdowns.

Then in the final game of the season, Idaho put on an offensive clinic against the Northern Arizona Wildcats.

The Vandals finished with 738 yards of total offense, with Petrino finishing with 491 yards passing and six touchdowns, the best performance of his career.

Senior wide receiver Jeff Cotton finished his Vandal career with a tremendous performance as well with 17 catches for 223 yards.

The win was just what the Vandals needed to end the season. Claiming their first road victory in two years.

The future for Vandal football is unclear now more than ever with notable talents like Petrino, Cotton, safety Lloyd Hightower and guard Noah Johnson all finishing up their final season as a Vandal.

The last remaining faces of the 2016 bowl team are now gone, with uncertainty surrounding the program going into the 2020 season.

The Vandals were able to pull off some magical moments this season at the most unexpected times, and once again played even better when playing in the Kibbie Dome.

Mediocrity is the best way to describe this Vandal team that entered the FCS two seasons ago, playing up to their level of competition, good and bad.

Going into year three back in the Big Sky, let's see if the Vandals can climb over that hump.

*Chris Deremer can be reached at arg-sports@uidaho.edu or on Twitter @chris\_DEREMER*

**MEN'S BASKETBALL**

## Not enough fuel to keep up with the Cougars

*A look at the Vandals lost in the Battle for the Palouse*

**Zack Kellogg**  
ARGONAUT

The Battle for the Palouse, the oldest rivalry west of the Mississippi, occurred Wednesday night with two coaches meeting for the first time.

Washington State (4-4) proved too much for Idaho (3-6), coming away with the 77-65 win.

Things started off a bit unexpected, with the Vandals coming in with a sense of urgency.

Hands high and flying around on defense, with good ball movement and quality midrange shots to start off the first half.

The Cougars started off sluggish, with Idaho taking the lead at 8:01 in the first half.

Although it was just two points, it would be just one of two leads the Vandals had, which lasted for under one minute all night.

It was a sight for sore eyes and ears, with Cowan Spectrum having real noise in it for periods in the first half, giving the Vandals a home court feeling that has been absent in recent seasons.

An and-one play by junior guard Keyshaad Dixon sparked life going into halftime, with Idaho being down by just eight going into the break.

But the start of the second half would be the downfall for Idaho.

Washington State came out with a mission, outscoring Idaho 13-4, pushing its lead to 18.

The Vandals simply couldn't find the bottom of the net, scoring just nine points through the first six minutes of

the second half.

This would be the beginning of the end, as Idaho was not able to bring it back within double digits for the final 18 minutes.

There was a brief spark late, with Dixon and junior guards Damen Thacker and Chance Garvin putting on an 11-2 run, but it was too little too late.

Neither team was able to get the ball to go from beyond the arc with any real consistency, with Idaho shooting 26% and WSU with 24%.

Old-school fans of the sport would be thrilled: tough defense, midrange jumpers and second chance being a rarity.

Turnovers plagued both teams Wednesday night, Idaho having 18, slightly above WSU's 16.

On the battle for the glass, Washington State had the edge all night long, using its superior height and length to end

possessions and push the ball with speed.

The Vandals continued to struggle from the free-throw line, shooting below 60% for the third time this season.

Scott Blakney had a return to form tonight, leading Idaho with 13, shooting 62.5% and grabbing six boards.

Dixon finished with a double-double, having 10 points and 10 rebounds, his first as a Vandal.

Idaho continues the trend of starting off hot before going cold in the second half.

With 10 days to rest up, Idaho looks to get healthy and prepare as the non-conference season begins to wind down, and just two games until the start of the Big Sky season.

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COLUMN

# A bumpy adventure



**Chris Deremer**  
Column  
ARGONAUT

*Idaho's season didn't go as some may have hoped, but it was still a fun ride*

Vandal football wrapped up their 2019 season last Saturday, giving fans an amazing send off despite their troubles throughout the year.

The Vandals pulled off a memorable 60-53 overtime win over Northern Arizona to claim their first road victory in two years.

While things may have not always gone the Vandal's way this season, there were many positive takeaways from the up and down season.

For Vandal fans, having a chance to watch this Vandal team this year in the Kibbie Dome, very rarely was there disappointment.

Two of the most memorable games of the season happened inside the Dome, with the magic sprinkling over in the Vandal's favor.

Fans expect for the Vandals to win and win now, which is understandable.

You would think the talent gap would vary significantly from FBS and FCS, but it hasn't.

It is going to be a continuous process for the Vandals to reach toward the top as the higher echelon of Big Sky play, but that doesn't mean we have to push away the memorable performances that happened this season.

Pulling the unthinkable over Eastern Washington and the Vandal defense coming up with three defensive touchdowns against Idaho State in a packed Kibbie Dome are possibly two of the best games I have ever witnessed during my last four years here at Idaho.

Then, finally, in the last game of the season the Vandals saved their best for last.

After two tough losses against two of the best teams in all of the FCS currently, there were many doubters of it being a "hopeless" season.

Idaho could have easily turned over in a pointless game, but they didn't. Throughout all the struggles the Vandals had this season, they always showed up when everybody least expected it.

The Vandals possibly had the best wide receiver in all of the Big Sky this season in Jeff Cotton, and he showed in the final game of the season why he was the heart and soul of the offense.

Cotton finished with 17 receptions, 223 yards and two touchdowns, shattering Idaho records along the way.

And after experiencing one of the most scrutinized tenures as a Vandal quarterback, Mason Petrino finished his career with his best performance as a Vandal.

Petrino threw 35-42 snagging 491 yards and six touchdowns. If there is any lasting memory to leave at Idaho, that may top the list.

On the defensive side of the ball, the Vandals showed glimpses throughout the season as to how dominant they can be as well. With linebackers Tre Walker and Christian Elliss both returning this upcoming season, their potential will only continue to grow.

Vandal football did this season what they always do best — tease your emotions, both good and bad.

Consistency has been something that this Idaho team has struggled with the past two seasons. Winning on the road seemed to be this team's kryptonite, but in the end, they were finally able to overcome that hurdle.

It seems as if Vandal football has been climbing a continuous mountain and I don't think any of us know when they will finally reach the summit.

What we do know is that it will be a surprise for many and unexpected, but that's what Idaho does best.

This season wasn't perfect, but soon enough the Vandals will reach the top of the mountain.

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COLUMN

# A year of promise ends with inconsistencies



**Zack Kellogg**  
Column  
ARGONAUT

*The Idaho football 2019 season, "what could have been"*

At the start of this season, I had an unusual sense of optimism for Idaho football.

I didn't know where the ceiling was, but I had a gut feeling there was at least a small chance for a big year.

Good transfers coming in, a rebuilt offensive line, solid offensive weapons and a young defense with a great sprinkle of veteran leaders. But all that came away was a five-win season.

The first four games of the year showed some promise.

After the "shocking" Penn State loss, the Vandals got the win against Central Washington, came just a dropped pass and offensive pass interference call from beating Wyoming, and pulled off what looked to be the game of the year, upsetting Eastern Washington at home in convincing fashion.

Fans, along with myself, got excited about this team. Vandals had a deep running back group, Mason Petrino played like a starting quarterback, and the defense got stop after stop. The \*big\* sky was the limit.

Idaho followed up this opportunity to take a foothold in the Big Sky and make a possible playoff run with three-straight losses, two on the road against Northern Colorado and Portland State, and a competitive back-and-forth against

highly ranked Weber State.

This painted the picture this Vandal team will be known for: playing to the level of your competition, also known as inconsistency.

Idaho played great against the great teams early in the year and looked like a deer in the headlights on the road and against the bad teams.

It is hard to project where this team is going after this year.

A new full-time starter at quarterback is on the way. To some Vandal fans this can be a bright spot, but Noah Johnson, Jeff Cotton and Lloyd Hightower are graduating. They are three of the best overall players on this year's roster.

There are going to be some big holes to fill come next season on both sides of the ball. Paul Petrino is expected to still be the head coach, and all we can do is wait and see if he can capture that 2016 Potato Bowl magic again, or just have another flat season where fans are put on a roller coaster.

A full culture change might be needed. There needs to be a new attitude to this team and how the fans on and off-campus feel. No one should come to the Kibbie Dome and be surprised that we have a chance to win.

Fans should be excited to see their school in action, representing the black and gold, but that hasn't been the case this season or in recent years.

I guess all we can do is kick back, watch some basketball and wait.

But hey, at least they got their first road win in two years with Mason having his best stat line as a Vandal. Cheers to you and what a game in Flagstaff.

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BATTLE

FROM PAGE 1

Quinton Forrest left during the second half on an injury that was still unknown by the end of the game.

Idaho Head Coach Zac Claus said with the amount of time that this team has off, hopefully most of the players will be able to recover and be a part of the next game.

The Vandals' next game is in ten days, giving this team a lot of time to heal, regroup and improve.

Though in the midst of wrapping up the first half of the scholarly year, Claus said he is well aware that there are other priorities as well.

"Hopefully, get guys healthy," Claus said. "At the same time, get guys in their noses in their books because we have finals coming up here shortly and we gotta finish that strong as well."

Claus was able to take part in the rivalry game for the first time as the Vandal head coach enjoying the challenge that WSU brings to the rivalry.

"It's a fun game, to compete against a PAC-12 team, to compete against your

rival that's across the street, this is why you sign up to coach, this is why you sign up to play at Idaho, it's to play in games like this," Claus said. "An awful lot of credit to Washington State for winning the game but we embrace the challenge like this, and look forward to doing it again next year."

There are only two games left before Big Sky Conference play begins with time winding down for to the games that matter the most.

The Vandals have their first conference game against another rival playing against Idaho State in Pocatello Dec. 28.

"I think it's just taking every game and learning and growing and knowing that when Big Sky play starts that's where it really all starts to count," senior guard Trevon Allen said. "It helps taking these games as lessons and being able to apply ourselves and get ready for conference play."

The next game is on Dec. 14 as the Vandals take on CSU Bakersfield 4 p.m. in Moscow.

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# EPIC GEAR EVERY DAY



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on page 2

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- Midway  
PG13 Daily (3:40) 6:50 9:45 Sat-Sun (12:30)
- Frozen II  
PG Daily (3:50) 6:20 8:50 Sat-Sun (10:45) (1:20)
- A Beautiful Day in the Neighborhood  
PG Daily (3:30) 6:10 9:00 Sat-Sun (10:10) (12:50)
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- Dark Waters  
PG13 Daily (3:45) 6:50 9:45  
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PG13 Daily (4:30) 7:10 9:50  
Sat-Sun (11:10) (1:50)
- Knives Out  
PG13 Daily (4:00) 7:00 9:55  
Sat-Sun (10:00) (1:00)
- Midway  
PG13 Daily (3:25) 6:25 9:20 Sat-Sun (12:30)
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# Opinion

## EDITORIAL

## A new chapter on the gridiron

*While women's sports shine, men's sports force fans to settle for mediocrity*

The University of Idaho opened a new chapter this year. Students returned to campus for the fall 2019 semester with new President C. Scott Green at the helm and Terry Gawlik taking over Vandal athletics.

Two fresh sets of eyes to help move UI forward from issues that have faced the university in the past several years.

A lot has taken place on campus in the past year — from the chaos that stemmed from JAMM professor Denise Bennett's situation to UI's budget crisis and the ensuing reactions — and as a result, there has been plenty for campus to chatter about.

It would be easy and maybe tempting to forget other aspects of the campus experience when addressing this university, yet it would paint an incomplete picture. It would be easy to obsess over the budget deficits and the potentially treacherous path out of it.

While we have focused so heavily on specific areas of campus and demanded answers and solutions — and rightfully so — UI athletics have almost fallen completely out of the conversation.

Idaho is not a “sports school” — it probably never will be. But that doesn't mean students should have to settle for mediocrity year after year.

Bringing in Terry Gawlik to Moscow from the University of Wisconsin was an impressive move on behalf of the university. Gawlik can bring a lot to the table. Coming from Wisconsin as senior associate athletic director for sport and administration, Gawlik not only has over a decade of experience to her name, but expertise in areas Idaho has been desperately working to catch up in over the past few years, such as Title IX.

Her hire ignited a spark of hope and change in Vandal athletics, even for those of us who could be classified as middle-of-the-road Vandal ‘fans.’

Yet on the field we are still settling for mediocrity. After its second season in the FCS as part of the

Big Sky Conference, Idaho football once again failed to impress. Yes, there were some shining moments from the 2019 season, but you can only put so much lipstick on a pig — and this pig was not pretty.

Last season the team got something of a pass for its first season back in the Big Sky, finishing with an overall record of 4-7, going 3-5 in conference play.

This season looked like a near mirror image of last as the team finished 5-7 overall and 3-5 in conference.

This is not to dismiss the success of Idaho women's sports in recent years — from volleyball's runs in the conference tournament to the always dazzling performances from women's basketball's “Splash Sisters” Taylor Pierce and Mikayla Ferenz.

Yet for better or for worse, a fan base is often defined and rallied by the success of its football team.

Vandal fans have rarely had much to rally around in years past.

Jon Newlee and women's basketball will likely continue to be the shining stars of Idaho athletics and fans should relish their success and be there cheering them on along the way.

And as they do, UI must continue to prioritize success across sports and stop forcing fans to cheer on mediocrity in the men's sports.

Idaho football should no longer get a pass for slipping through a season with less than stellar records.

UI has new leadership and is well into the process of writing the next chapter of its story.

Maybe it's time for Idaho football to start doing the same.

— Editorial Board



## GUEST VOICE

## Hanger Danger



Malori Basye  
Vandal Peer health  
Educator

Your stomach is grumbling and you feel light headed. It becomes hard to think about anything other than getting food. Suddenly, someone bumps into you and your first reaction is to unleash the fury. Sound familiar? Most people can describe this feeling as being “hangry.”

Hangry describes the feeling of extreme hunger resulting in anger and is a combination of the words “hungry” and “angry.” So, what exactly is going on when someone is hangry and what can you do about it?

The good news is there is a legitimate reason why you might feel hangry. Although it is not an excuse to have an emotional outburst, there is science to back up this feeling. Eating regularly allows the concentration of sugar in the blood to remain steady. If you haven't eaten in a while, your blood sugar begins to drop resulting in a state called hypoglycemia. This can result in symptoms like shakiness, anxiety, irritability, sweating, fatigue, etc.

The feeling of “hanger” is often describing symptoms of hypoglycemia. Two researchers, Jennifer MacCormack and Kristen Lindquist, found that being hungry can increase your chances of viewing a particular situation as negative. This means that if you are hungry you may have a hard time seeing the “bright side” of a situation.

So, now that you know what hanger is and why it is caused, there are a few things you can do to address it. First, keep snacks on hand. As mentioned previously, feelings of hanger develop as a result of low blood sugar. The only way to keep your blood sugar regular is to eat!

When your blood sugar is low your body's natural response is to eat something

high in sugar like candy and cookies. However, there are other food choices that will keep you fuller for longer like almonds, jerky, and peanut butter. An added benefit to these foods is that you can easily throw them in your backpack so that you always have a snack on hand.

Second, eat regular meals. It can be tempting to skip meals when you have a busy schedule however, maintaining a regular eating schedule can help prevent your blood sugar from plummeting throughout the day. It may be helpful to eat at roughly the same time every day to ensure you never have to skip. If your schedule prevents you from being able to go home and eat, investing in a lunch box may be an option so that you can pack your lunch from home.

Finally, if you are having trouble with finding a schedule for eating or just want more information about your diet you can schedule a visit with the campus dietician, Mindy Rice RD. The cost of a one-hour visit is \$15, which will be billed directly to your student account. During your appointment you can work to create a dietary plan that works best for you.

If you are experiencing food insecurity or you feel that you may be, there are eight food pantries located around campus. An interactive map of the food pantry locations can be found on UI's website. The food pantry is open to everyone and no personal information is required to utilize the service.

Feeling emotionally volatile over an empty stomach is no joke. Hanger can and does get the best of us sometimes. Keeping food on hand, eating regularly, and maybe even scheduling a meeting with the campus dietician can help keep those feelings in check. So, snack on, Vandals!

## POLITOON



## CAMPUS LIFE

## The value of controversy



Alexis Van  
Horn  
Column

ARGONAUT

*We talked extensively about politics last issue, but why is it so important?*

It's an interesting time to be in the media — especially considering our current political climate.

The impeachment debates have been an overwhelmingly loud topic across the country. Tuesday, House Democrats released a 300-page document detailing information about the case. Wednesday, four constitutional law experts presented testimony regarding whether President

Trump's role in the Ukraine affair constituted grounds for impeachment.

It feels like every time I log on to Facebook, Twitter or other social media sites, that's all anyone can talk about.

And yet on campus, all I hear is silence.

The week before break, we posed the question, “Why aren't students politically active on campus?” If there ever was a time, I'd assume political groups on a university campus would be loudest now.

On one hand, it feels good to have somewhere to escape from national political scandals. Not many people can focus on such intense things every day without serious detriment to their mental health.

On the other hand, it is incredibly worrisome to me that conversations about our current political climate are the exception on this campus instead of the norm.

The point of college is to learn how to have conversations like these. Students are

here to learn how to ‘adult’ in a variety of contexts. This includes learning how to live with a roommate, how to handle money and perhaps most importantly, learning how to have conversations about controversial topics without attacking one another.

I don't want to hear about groups clashing to the point the police department needs to be called in, but I do think some form of conversation would be beneficial. College campuses are stereotypically liberal — and to my knowledge, this stereotype is decently accurate here. Moscow is a relatively conservative area. Political conversations here, while charged, can be incredibly interesting.

So back to the question we posed: Why aren't students politically active?

To be honest, I don't have the answer. I don't think anyone does. Maybe we all have some sort of hope that if we say nothing, nothing will happen — some sort of escapist fantasy we can hide in our little

bubble out in the middle of the Palouse, and pretend nothing will ever change.

But that couldn't be further from the truth.

Uncomfortable conversations — like the impeachment debate — need to happen. How can we claim to value diversity and varying opinions when there is a culture of silence surrounding the things that matter most?

If we truly believe in improving ourselves, our community, our country, our world, we need to emphasize the importance of conversation.

And uncomfortable topics need to be the norm, not the exception.

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## CAMPUS SAFETY

# Working toward a safer Idaho campus



**Anteia McCollum**  
Column  
ARGONAUT

*UI's strict gun policies make campus a much safer, happier place*

Gun violence is quickly becoming a more serious nationally addressed issue, but Idaho's gun laws are some of the most relaxed in the nation. Federal law prevents licensed firearm dealers from selling handguns or handgun ammunition to anyone under 21, but in Idaho concealed carry is legal without a permit for anybody over the age of 18.

Since 2018 the gun law reform movement has only been gaining momentum. Mass shootings are reported by almost every news outlet, and lives are affected by them now more than ever with the help of social media.

That is not the only part of the problem though. A recent report from the Center for American Progress states that the most pressing issue concerning firearms in Idaho is suicide. The report states that Idaho ranks fourth in the nation for gun suicide. That is 79% higher than the national average.

Even though the state's firearm laws may be relatively tolerant, carrying on campus is a totally different story.

In order to conceal carry on UI campus a person must be qualified for an enhanced concealed carry permit. That is not all there is to it though. According to the university firearms policy, anybody qualified to conceal carry on campus must keep their weapon concealed at all times until the absolute need for self-defense arises.

In addition to keeping the weapon concealed at all times, there are certain places on campus where absolutely no firearms are allowed, no matter what kind of concealed carry permit a person has. These places include student dorms, residence halls, and entertainment/sporting

facilities with seating for more than 1,000 people.

The university website makes it clear that they have a zero-tolerance policy toward the threatening use of concealed weapons. The site also states that while the university cannot tell qualified people to not carry, it is asked that anyone legally concealing a weapon be courteous and mindful that other people may be uncomfortable around firearms.

This is important in a diverse environment because college is a place where people from all over the world come together in one place to learn. Not all states or countries are as comfortable with relaxed gun laws as Idaho is, just like not every student at the University of Idaho is familiar with guns.

Keeping a tight rein on otherwise loose state regulations benefits everybody on campus, making it a safer and happier place.

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## MINDFULNESS

# Mindful department at UI deepens college experience



**Emily Pearce**  
Column  
ARGONAUT

*UI's mindfulness class gave me an insight into life through a semester*

My first encounter with mindfulness started when I had my first heartbreak in high school. I was so upset that it seemed impossible to find happiness again. I started to notice the small things like the joy of getting all green lights, stepping on acorns in the fall and the beauty in small, unnoticed things.

It wasn't until college I realized the mindful patterns I had developed.

When I saw an email at the beginning of the semester, Mindfulness and Well-being (PSYC 403) was not a course I originally planned on taking. It struck my interest, however, so I signed up for the course not knowing how helpful it would be.

Mindfulness and Well-being has given me such an insight into how different the same life can look. Throughout a stressful semester, Mindfulness and Well-being has given me coping skills I have applied to life outside the classroom — all was made possible through the curiosity and support of a mindfulness class. It is a class at the University of Idaho I highly recommend taking.

At the beginning of my college career, I wasn't aware of the course diversity the university offered.

Mindfulness was not a traditional class to me.

Along with other classes offered, a mindfulness class was the equivalent to fly fishing at the UI. I didn't know anything about it other than a BuzzFeed video I watched when I was 15 years old.

When looking at my course load, I thought it would be a good idea to add it to my schedule.

I didn't know how helpful this class would be.

While offering three credits to my required psychology electives, the course also offered a time every week to meditate and de-stress. It was also encouraged to meditate in your own mindfulness journey. The concepts taught were also very different than any other class at the university. There really is a method to everyone's madness.

Before this course, my life was a bit bland. Mindfulness has already started to influence my life and I hope to see more improvement in the future. Being considered a cheat sheet to life, mindfulness can enrich any way of living. It is interesting how a lot of my self-taught coping skills are brought to life in Mindfulness and Well-being. For any student at UI, this course is great to take. Dealing with stress is difficult and not all of us learn how on our own.

Supported by its faculty at UI, the course is very underrated. As stressful as a semester can be, Mindfulness and Well-being can offer help and also course credit. Mindfulness and Well-being has given me coping skills to use for stress both life and classes can produce. I hope this class benefits other students at UI as well.

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## ENTERTAINMENT

# Suspense over gore



**Nicole Hindberg**  
Column  
ARGONAUT

*Television series "You" to have a second season*

Last year, the series "You" dominated Netflix with over 40 million views in its first four weeks on the streaming service.

What many people didn't realize is the show tanked on Lifetime and was eventually put on Netflix after receiving low viewership while it was on television.

The first season is based off the 2014 novel "You" by Caroline Kepnes. The second season coming out on Netflix Dec. 26 is based on the book's sequel "Hidden Bodies."

The series is about a bookstore owner named Joe (Penn Badgely), who falls in love with an MFA student named Guinevere Beck (Elizabeth Lail), or Beck for short. Beck visits his store and Joe becomes obsessed with her.

After a short Google search, Joe is able to find out everything about Beck — from her living space to her daily schedule. From there, he stalks her and eventually begins dating her after killing the man she was sleeping with.

What I enjoyed most about the show was the suspense. I particularly liked how Joe was able to get into Beck's life and know everything about her, just through accessing her social media.

The way Joe was constantly in the shadows and barely avoiding Beck's gaze when he follows her kept me on the edge of my seat throughout the show.

The show cleverly tackled issues relevant to our society such as dating in modern times and how social media is taken out of hand.

I also enjoyed how the majority of the violence was done off-screen. During the first season of the show, Joe kills many people in order to get closer to Beck.

I liked that the violence wasn't shown, because the show wasn't about the killing — it was about the suspense of Joe stalking Beck.

When I heard "You" was picked up for a second season, I was a little torn. I enjoyed the storyline and the suspense of the show, but I knew things were going to be different.

One of the show's creators, Sera Gamble, said the show will be "gorier and scarier than anything in season one."

There's nothing wrong with gory horror. While it's not my cup of tea, it may resonate more with others.

I just hope the show sticks to what it does well, instead of trying to be something it's not in an attempt to gain more viewership. We'll just have to wait until the end of this month.

"You" can be streamed on Netflix starting Dec. 26.

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