

Argonaut

THE UNIVERSITY OF IDAHO
FOR, OF AND BY THE STUDENTS SINCE 1898



It's in the wastewater

The process can serve as an early-warning system for new outbreaks on campus

Haadiya Tariq
ARGONAUT

Aside from random satellite testing and temperature checks in certain spaces on campus, another measure implemented by the University of Idaho has helped combat COVID-19 outbreaks by analyzing wastewater from several strategic locations.

Operating out of the Buchanan Engineering Laboratory, the wastewater testing team has taken on this project over the past year. The tests look for the presence of SARS-CoV-2, the virus that causes COVID-19.

Erik Coats, a professor of civil and environmental engineering, leads the university's wastewater testing efforts on campus.

Last spring, Coats' team was contacted about trying out SARS-CoV-2 wastewater testing. With some seed money for materials, and a partnership with other departments, the project was soon up and running.

"We all jumped into it and started working through the protocols, methods and quality assurance," Coats said.

Cindi Brinkman, a civil and environmental engineering researcher, tests the majority.

"At first, we were just going to tinker," Brinkman said.

It took roughly three months before the team was prepared to begin testing for the virus.

"Testing for the virus in wastewater is tremendously more difficult than testing for the virus in humans," Coats said. "Clinically, you either have it or you don't."

With the ever-changing contents of wastewater, the tests measure for concentration instead of the presence or absence of the virus. It can't pinpoint the number of COVID-



Angela Palermo | Argonaut

(Top) Elmer Johnson, water systems manager at UI, reaches into a maintenance hole near the Bruce M. Pitman Center (Above Left) Johnson carries tubes of wastewater samples (Above Right) Matthew Ligan, stormwater systems manager, pours a wastewater sample into a container

19 cases, but a higher concentration can be indicative of an outbreak.

To test different areas on campus, 10 locations were mapped out where water samples could be taken from the sewage system.

Residence halls are divided up to focus on specific areas.

The Living Learning Communities are split by south and north, Wallace Residence Center by east and west, and Greek Row is broken up into four sections. Sewage systems from McConnell Hall and Theophilus Tower are also tested.

On Mondays and Thursdays the team uses a cup strapped to a long rod to reach into the manholes and grab samples. This process can take several hours a week with a variety of locations to visit.

According to Coats, this method of manually collecting the sample can miss wastewater from infected people later in the day.

"If you were ill but weren't using the bathroom at the time, we didn't catch you," Coats said. "So grab samples can be a hit or miss."

A number of factors can also impact the makeup of the wastewater, like how often people showered that day, students' diets or the

addition of rainwater.

There are also 24 hour automatic pumps used for sampling. These pumps take samples every five minutes throughout the day, but the team only has two pumps to cover the 10 locations. One stays at the western Wallace location while the other rotates. "Especially on Tuesdays and Thursdays, the classes are a little later and we're out there sampling at 8:30 a.m.," Brinkman said. "You can tell by the samples' color whether a lot of people have used the bathroom or not."

After wastewater samples are collected by a team on the ground, they're brought back to the lab to be analyzed.

The wastewater is filtered to separate sediment and large bacteria from the mix, then filtered again to concentrate the virus within the remaining liquid. This allows for the detection of SARS-CoV-2 within the larger collection of wastewater.

Next, RNA from the sample is extracted in order to replicate it.

"The COVID-19 testing people have is PCR based," Brinkman said. "That's a way to amplify, to make more of what you have."

This polymerase chain reaction test detects the genetic material of an organism, and in this

case, of SARS-CoV-2. By replicating the RNA, the equipment is able to detect the virus where low amounts may go unnoticed.

The process cycles through replication and tracks the amount of SARS-CoV-2 present.

"The earlier it's detected the more is there," Brinkman said. "Because it started out with more."

Replication takes about four hours from start to finish.

When testing for the virus, positive and negative controls are used to compare the wastewater tests with the actual virus.

Parts of the water testing are done in separate rooms to limit cross-contamination. Equipment is carefully sterilized to not interfere with test results. Ultraviolet lights are used to kill other organisms.

A fridge at -80 degrees Celsius is used to store virus samples because the RNA degrades easily.

To read more of this article visit us online at uiargonaut.com

Haadiya Tariq can be reached at arg-news@uidaho.edu or on Twitter @haadiyatariq



Erik Coats

Greek chapters in COVID-19 quarantine

The University of Idaho is isolating individuals who tested positive

Angela Palermo
ARGONAUT

An uptick in COVID-19 cases on the University of Idaho's campus is likely isolated to a few Greek chapters and on-campus apartments, according to a memo from UI President Scott Green.

The university reported 61 positive results for last week – a sharp increase from just four new case numbers the week before, according to UI's COVID-19 website.

"We are seeing an increase in COVID-19 positives after the recent long weekend and subsequent snow closure in Moscow," Green stated. "We are working quickly to identify and test those who have been in contact with anyone who has tested positive."

The outbreaks on campus caused two Greek chapters and one portion of a residence hall to lock down, according to UI Director of Communications Jodi Walker. Students who have tested positive are being quarantined in Targhee Hall.

Outbreaks in the Greek community last semester caused

eight chapters in quarantine, according to reporting from The Argonaut. That number quickly grew to 14 chapters in quarantine, making live-in Greek houses a primary source of spread, being "four times more infected" than other students living on campus.

"We started to see an increase in the PCR test results, and then did wastewater sampling in those areas," Walker said. "It corroborates what we're seeing."

The university returned 802 test results last week, with 7% of them being positive. That's more than double the number of total

tests conducted the week prior. According to UI's website, results include random surveillance testing and targeted surveillance of known close contacts and others living with people who've tested positive.

"I assume people had some downtime and were hanging out together," Walker said. "That's the reason the cases we're seeing are in pods; they're in groups of people. It was pretty easy to see where those gatherings had occurred."

According to Walker, the affected Greek chapters have been proactive in making sure they don't have broader spread within their houses.

"We reach out to them and help them understand what's going on, and then try to get them in for testing as soon as possible," Walker said. "They've all been very responsive and responsible."

With just two weeks until spring break, the university is encouraging testing for anyone wanting peace of mind before heading home.

To read more of this article visit us online at uiargonaut.com

Angela Palermo can be reached at arg-news@uidaho.edu or on Twitter @apalermotweets

IN THIS ISSUE



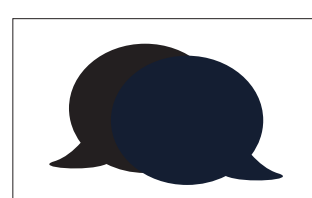
The Black Student Union has more to show about Black History Month than its past

LIFE, 5



A look at what international students on UI's Tennis team are doing this season

SPORTS, 7



The University of Idaho hasn't been consistent with their COVID regulations

OPINION, 9

RECREATION & WELLBEING

Outdoor Program



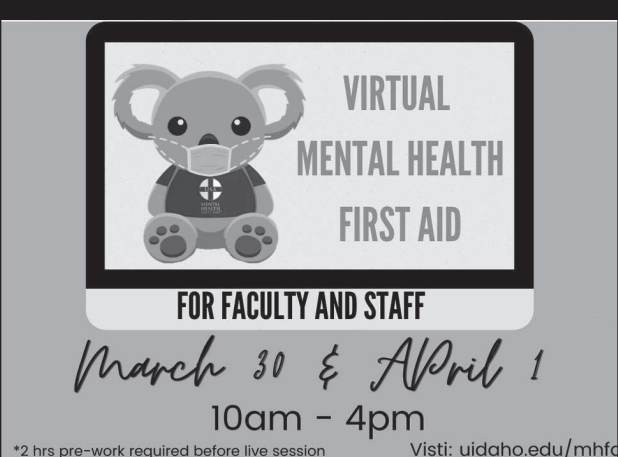
Vandal Health Education



Intramural Sports



Vandal Health Education



Outdoor Program



Vandal Health Education Vandals for Recovery



A Crumbs Recipe

Vegetarian Meatball Pasta

If the recent Campbell's advertisement featuring their Cream of Mushroom soup made you crave meatballs like I did you're in luck! No need to feel left out because Beyond Meat makes a plant-based spicy Italian sausage that you can use as an alternative to satisfy those cravings.



Bailey Brockett | Argonaut

Ingredients:

- 1 link of Beyond Meat spicy Italian sausage
- ½ can of Campbell's Cream of Mushroom soup
- ½ cup of sliced mushrooms
- ¼ cup of milk
- ½ cup of pasta of choice
- Olive oil
- Parmesan cheese

Directions:

1. Cut sausage into one-inch slices.
2. Roll slices into a ball.
3. Spread olive oil over a pan and turn heat to medium.
4. Add meatballs to pan and flip every 30 seconds until brown.
5. Lower heat, add more olive oil if necessary and add mushrooms to pan.
6. Add pasta to a separate pot of boiling water and cook until soft.
7. Add mushrooms to pan and saute.
8. Add milk and soup to pan and stir.
9. Strain pasta and add to pan and stir until thoroughly mixed.
10. Top with parmesan cheese and enjoy.

Cook time: 30 minutes
Servings: 1

Bailey Brockett
can be reached at
arg-life@uidaho.edu

Across

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15				16				
17				18				19				
20				21				22				
23				24				25				
26				27				28				
29				30				31				
32				33				34				
35				36				37				
38				39				40				
41				42				43				
44				45				46				
47				48				49				
50				51				52				
53				54				55				
56				57				58				
59				60				61				
62				63				64				

Down

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15				16				
17				18				19				
20				21				22				
23				24				25				
26				27				28				
29				30				31				
32				33				34				
35				36				37				
38				39				40				
41				42				43				
44				45				46				
47				48				49				
50				51				52				
53				54				55				
56				57				58				
59				60				61				
62				63				64				

Copyright ©2021 PuzzleJunction.com

				2	1		8					
5					4							
2	3				8	5	7					
3		7										
		5	9				4	1				
							7		8			
	9	3	8						5	6		
					9						7	
	1			4	6							

N	E	B	E	N	E	G	E	S	S	M	A	S	6	8	2	9	4	5	1	7		
L	O	O	L	O	O	I	E	E	R	E	R	E	7	7	1	3	5	6	8	2	9	
W	A	D	A	V	A	R	O	N	A	V	E	R	9	5	2	7	1	8	3	6	4	
O	G	O	S	E	E	L	I	E	R	E	F	A	M	9	5	2	7	1	8	3	6	4
N	U	R	U	L	I	E	S	T	P	U	T	S	8	6	7	5	4	3	2	9	1	
L	A	V	A	R	I	E	L	E	N	E	S	E	8	6	7	5	4	3	2	9	1	
D	O	C	O	L	E	T	E	U	N	E	G	N	O	3	1	4	6	7	2	6	5	8
E	G	A	V	A	R	O	N	A	V	E	R	I	3	1	4	6	7	2	6	5	8	
L	A	V	A	R	I	E	L	E	N	E	S	E	5	5	2	9	6	8	7	1	8	3
N	U	R	U	L	I	E	S	T	P	U	T	S	5	5	2	9	6	8	7	1	8	3
O	G	O	S	E	E	L	I	E	R	E	F	A	M	1	1	1	1	1	1	1	1	1
L	A	V	A	R	I	E	L	E	N	E	S	E	2	2	2	2	2	2	2	2	2	2
N	U	R	U	L	I	E	S	T	P	U	T	S	2	2	2	2	2	2	2	2	2	2
L	A	V	A	R	I	E	L	E	N	E	S	E	2	2	2	2	2	2	2	2	2	2
N	U	R	U	L	I	E	S	T	P	U	T	S	4	8	3	1	2	5	6	7	9	7

CORRECTIONS

THE FINE PRINT

UI STUDENT MEDIA BOARD

The UI Student Media Board meets at 4:30 p.m. the second Tuesday of each month. All meetings are open to the public.

Questions? Call Student Media at 885-7825, or visit the Student Media office on the Bruce Pitman Center third floor.

The Argonaut welcomes letters to the editor about current issues. However, the Argonaut adheres to a strict letter policy:

- Letters should be less than 300 words typed.
- Letters should focus on issues, not on personalities.
- The Argonaut reserves the right to edit letters for grammar, length, label and clarity.
- Letters must be signed, include major and provide a current phone number.
- If your letter is in response to a particular article, please list the title and date of the article.
- Send all letters to:

875 Perimeter Drive MS 4271
Moscow, ID, 83844-4271
or arg-opinion@uidaho.edu

All rights reserved. No part of this publication may be reproduced in any form, by any electronic or mechanical means (including photocopying, recording, or information storage or retrieval) without permission in writing from the Argonaut. Recipients of today's newspaper are granted the right to make two (2) photocopies of any article originated by the Argonaut for personal, non-commercial use. Copying for other than personal use or internal reference, or of articles or columns not owned by the Argonaut (including comic strips, Associated Press and other wire service reports) without written permission of the Argonaut or the copyright owner is expressly forbidden. Address all inquiries concerning copyright and production to: Rights and Permissions, University of Idaho Argonaut, 301 Bruce M. Pitman Center, Moscow, ID 83844-4271. The Argonaut is published by the students of the University of Idaho. The opinions expressed herein are the writers', and do not necessarily represent those of the students of the University of Idaho, the faculty, the university or its Board of Regents. All advertising is subject to acceptance by The Argonaut, which reserves the right to reject ad copy. The Argonaut does not assume financial responsibility for typographical errors in advertising unless an error materially affects the ad's meaning as determined by the Student Media Board. The Argonaut's liability shall not exceed the cost of the advertisement in which the error occurred, and a refund or credit will be given for the first incorrect insertion only. Makegoods must be called in to the student Advertising Manager within seven working days. The Argonaut assumes no responsibility for damages caused by responding to fraudulent advertisements.

Argonaut Directory

Zack Kellogg
Editor-in-Chief
argonaut@uidaho.edu

Angela Palermo
News Editor
arg-news@uidaho.edu

Emily Pearce
LIFE Editor
arg-life@uidaho.edu

Anteia McCollum
Sports/Managing Editor
arg-managing@uidaho.edu
arg-sports@uidaho.edu

Cody Roberts
Vandal Nation Manager
vandalnation@uidaho.edu

Anika Nicoll
Web Editor
arg-online@uidaho.edu

Andres Barrera
Marketing Manager
argonaut@uidaho.edu

Advertising
Circulation
Editor-in-Chief
Newsroom

Emilie Darney
Production Manager
arg-production@uidaho.edu

Richard Pathomsiri
Photo Editor
arg-photo@uidaho.edu

Katy Wicks
Advertising Manager
arg-advertising@uidaho.edu

Carter Kolpitcke
Opinion Editor
arg-opinion@uidaho.edu

Savanna Rynearson
Copy Editor
arg-copy@uidaho.edu

Evelyn Avitia
Social Media Manager
arg-social@uidaho.edu

(208) 885-5780
(208) 885-7825
(208) 885-7845
(208) 885-7715



Vandals take on the Tundra

UI Glacier Dynamic Lab teams up with Boise State University to understand glacier

Emily Pearce
ARGONAUT

The Turner Glacier in south Alaska used to move at stable speeds until 2020. Now, the glacier charges forward 65 feet a day, bulldozing sand and debris into the ocean.

University of Idaho researchers set out for Alaska to understand glaciers and how they move through their environments.

The big question they're looking to answer is how glaciers react to water input and understand glacier surging.

Funded by the National Science Foundation, researchers at the UI collaborated with faculty at Boise State University to begin the UI Glacier Dynamics Lab project. Timothy Bartholomaeus, glaciologist and assistant professor at UI and Chris Miele, a Ph. D. student in the Department of Geological Sciences, teamed up with the University of British Columbia and Ellyn Enderlin and Dyland Mikesell at BSU.

The glacier they studied happened to be in the perfect location, because it was relatively accessible from Idaho. Bartholomaeus said Alaskan glaciers are changing very quickly and create great opportunities for science. It was also easier to travel there than to glaciers in Greenland.

Staying in the small village of Yakutat, traditionally a Native Alaskan settlement right on the Pacific Ocean, they were flown in via helicopter to the glacier's exact location.

There were challenges while doing fieldwork during COVID-19, Miele said. During their stay, they socially distanced and always wore masks.



Courtesy | Chris Miele

Chris Meile in the Alaskan tundra while completing research with the team

"We were doing as much as possible to be isolated from each other while actually staying in the same Lodge," Miele said.

The team visited the glacier for five to six days during their stay in Alaska. Before traveling, they viewed the glacier over satellite imagery and found it was going through a surge. When they arrived, they saw how pervasive and fractured it actually was.

During their study, they focused on figuring out how glaciers move and how water moves through glaciers. Because the glacier was moving at fast rates they were able to dive further into their research question than originally anticipated.

When a glacier surges, it accelerates at a rate 10 to 100 times faster than its usual pace, according to the National Snow and Ice Data Center. Typically, glaciers move around three feet a day, but the Turner Glacier was moving around 65 feet a day. The behavior happens around seven years and is rare; only around 1% of glaciers

surge.

Along with abnormal behavior in this glacier, many glaciers around the world are retreating.

"People have long suspected glaciers getting smaller since the 1990s, and I think scientists are seeing air temperature rising globally," Bartholomaeus said. "When you put carbon dioxide into the atmosphere, the planet gets warmer. About 60% to 70% of glacial retreat can be explained by this temperature change."

They had an array of tools they used, including advanced GPS receivers and hand drills found in someone's garage. They used a measuring app on a cell phone to measure the glacier's push between markers along with an earthquake monitoring equipment seismometer that people use to track earthquakes. Sensitive GPS receivers drilled into the glacier to measure speeds. A radar antenna to see how much water is in the glacier using radio waves and cameras, taking photos every hour to

time-lapse its movement.

Miele said the most useful tool they had was the helicopter and a skilled pilot, bringing them to the glacier's location that would be impossible to access otherwise. Without proper equipment, research can become challenging out in the field, and although they were equipped, there were still had situations when they had to think on the fly.

"We had to power all of the devices we set up on the glacier and decided to use aerosol batteries powered by oxygen," Miele said. "If these batteries get buried under 10 meters of snow, the entire system you set up is going to die from loss of power. The weird little creative things we did was by taking pieces of hose and constructing snorkels that would go out of the battery box several meters in the air, the batteries would get a flow of air."

Eventually, the team will have to go up to the glacier and collect data and their equipment. The information they've collected will allow other glaciologists a better understanding of the connection between water flow through glaciers, ice sheets and glacier movement.

Traveling back to the glacier will give new opportunities to Ph. D. students to gain experience in field work. Their next study in spring 2021 will observe the Wolverine Glacier. Bartholomaeus is looking to hire another student researcher to carry out the Turner Glacier project in the fall and push data analysis forward. More information can be found on the project's website.

Visit us online at uiargonaut.com for a full profile of Chris Miele.

Emily Pearce can be reached at arg-news@uidaho.edu or on Twitter @Emily_A_Pearce

Moscow City Council approves new mountain biking trail

Revisions to the Moscow Farmers Market rules and the sale of the Haddock Building were all approved during Monday's meeting

Daniel Ramirez
ARGONAUT

Moscow City Councilors voted unanimously Monday to pass a series of proposals, including a new mountain bike trail, revisions to the Moscow Farmers Market 2021 Handbook and sale of the Haddock Building.

Council members approved the construction of a new mountain bike path supported by the Moscow Area Mountain Bike Association. The proposed path would be constructed at the Virgil Phillips Farm County Park.

The path would be suited for beginners who are looking to get into mountain biking.

"Beginning or intermediate bikers need some safe places like that," Moscow resident Diana Armstrong said during the public comment period.

With the new trail, there was concern about the safety of those in the park.

John Wenz, president of MAMBA, said city ordinances make motorized vehicles on these kinds of trails illegal. Signage

promoting trail etiquette where bikes are allowed exist as an additional precaution. The trail will be located away from hiking trails within the Virgil Phillips Farm County park, not posing any danger to those hiking.

"This is such an asset," City Councilor Gina Taruscio said. "This is great in my opinion."

The council also unanimously approved a proposal to adopt a new iteration of the Moscow Farmers Market 2021 Handbook. The new version of the handbook includes revisions on two policies and the addition of a new policy.

The first revision is in the market operation policies involving refunds. The market will not issue out refunds if the vendors cancel their attendance or do not show up to the market. As an exception, if weather or public safety cancels the market, vendors can request a refund within two weeks of such closures.

The second revision bans generators. Instead, the market recommends using portable battery units or propane, as many food vendors do already.

To read more of this article visit us online at uiargonaut.com

Daniel Ramirez can be reached at arg-news@uidaho.edu

Extra credit offered to students causes tension in the legislature

Representative Troy proposed bill to ban extra-credit in universities for elections

Sierra Pesnell
ARGONAUT

Professors extending extra credit to University of Idaho students was initially intended to get students out to vote. Now it's being reevaluated for its effectiveness and lawful use.

Idaho House of Representatives member from district five, Representative Caroline Nilsson Troy, has proposed a resolution against providing students with extra credit for voting. The resolution was introduced Feb. 24 and would clarify that employees of public higher education institutions should not

offer extra credit for voting.

Back in 2018, the Associated Students University of Idaho

passed a bill supporting the opposite of Troy's proposal-extra credit opportunities for students who vote.

Members of ASUI were concerned with voting turnouts for midterm and general elections and wanted to entice students.

The original intention of the extra credit incentive was due to the lack of nearby voting locations for UI students and to motivate them to participate in state democracy despite this barrier. The Kibbie Dome has previously been utilized as a polling location, but was later

removed, leaving the Latah County Fairgrounds and the Hamilton-Lowe Aquatic Center to serve voters.

In the 2020 general election, students were able to vote at the Student Recreation Center on campus.

Clayton King, a UI law school student, spoke on his experience of the bill being drafted while he was working as ASUI's director of policy.

"We were seeing really low numbers on students actually going out and voting in midterm elections and general elections," King said. "We wanted to look at ways to potentially encourage students."

To read more of this article visit us online at uiargonaut.com

Sierra Pesnell can be reached at arg-news@uidaho.edu



Caroline Nilsson Troy

Argonaut Religion Directory

First Presbyterian Church
A welcoming family of faith, growing in Jesus Christ, invites you
Sunday Worship Online 10:30 am
www.facebook.com/moscowfirstpres/
Visit our website for latest updates
405 S. Van Buren, Moscow
208-882-4122 • <http://fpcmoscow.org>
Norman Fowler, Pastor

Lutheran Campus Ministry
at the University of Idaho in The Center at 882 Elm St
Our usual events - dinners, bible studies, worship, and conversation - will be adapted this year due to Covid-19.
Follow us on social media or contact us for current information
Facebook: @lcm.uidaho
Instagram: @luminuidaho
Karla Neumann Smiley, campus minister
lcm@uidaho.edu
(208) 882-2536
ELCA

Bridge Bible Fellowship
Pastors:
Mr. Kirk Brower - Senior Pastor
Mr. Kim Kirkland - Assistant Pastor
Mr. Nate Anglen - Assistant Pastor
960 W. Palouse River Drive, Moscow
208-882-0674 | www.bridgebible.org

Trinity Reformed Church
SUNDAY MORNING WORSHIP SERVICES
8:30 am & 11:00 am
101 E Palouse River Dr.
208-882-2300
www.trinitykirk.com
office@trinitykirk.com

If you would like your belief-based organization to be included in the religion directory, please contact Student Media Advertising at arg-advertising@uidaho.edu

'Jean'ne is in a class by herself'

Distinguished professor celebrates 60 years of work at UI

Carter Kolpitcke
ARGONAUT

Distinguished Professor Jean'ne M. Shreeve recently celebrated 60 years of continuous work at the University of Idaho. But she doesn't plan to stop there.

Shreeve was hired by renowned UI scientist and former Head of Physical Sciences Malcom Renfrew in 1961. According to Shreeve, he was the world's best boss. His vigorous encouragement and high standard of success consistently pushed Shreeve and others under his wing.

"He opened so many doors," Shreeve said. "Every day of his life, until he stopped driving in 1955, he would come to my office and say, 'what have you done since yesterday?' Just constantly pushing. He didn't just do it to me, he did it to everyone."

Shreeve's career started at the university on a whim. Graduating with a Ph. D. from the University of Washington, Shreeve applied for a one-semester temp job to fill the spot of a staffer on sabbatical leave.

All things considered, "it turned into one incredibly long semester," Shreeve said.

Since then, Shreeve moved up the ranks quickly. After becoming a full professor, she was promoted to the Department of Chemistry Chair, which she worked for 14 years. Following that, she worked as the vice president of research for 12 years. Nowadays, she just calls herself a "girl chemist."

Shreeve spends most of her time doing research, roughly 70 hours a week. She insisted the interview had to finish at 5 p.m. so she could go home and make supper, just to return to

the office later in the evening.

Her hard work paid off. Shreeve, along with her fellow researchers, have published 700 scientific papers in several journals throughout the years. A scientist publishing 100 papers in their career is an achievement of its own, according to UI Department of Chemistry Chair Ray von Wandruszka.

"As far as research proficiency is concerned, nobody can touch her." Wandruszka said. "When we think about how good a scientist or researcher is, we look at how many publications they have and nobody can touch hers, really."

Wandruszka has known Shreeve for 33 years. Though they've never exactly worked with each other, their professional relationship is filled with nothing but respect.

"She's never stopped working," Wandruszka said. "Jean'ne is Jean'ne. Jean'ne is in a class by herself. That's the only phrase I can use to describe her because you can't really say it in any other way."

Those who have been lucky enough to meet or work with Shreeve only have great things to say about her character and professional career. Fortunately, if you haven't met her, you still have time. She doesn't plan on stopping any time soon.

"I'm going to keep working as long as possible," Shreeve said. "I have such a good time and I hope my students and coworkers do also. We'll keep working and having fun. That is my main thought. You do all of this because it's fun. If it's not fun, for heaven's sake, don't do it."

Carter Kolpitcke can be reached at arg-opinion@uidaho.edu or on Twitter @carterkolpitcke



Jean'ne M. Shreeve

Masks worn in the time of vaccines

Even as more people are vaccinated, maintaining COVID-19 precautions remains important

Haadiya Tariq
ARGONAUT

Despite the rollout of vaccines, health experts are urging people to continue exercising caution against COVID-19.

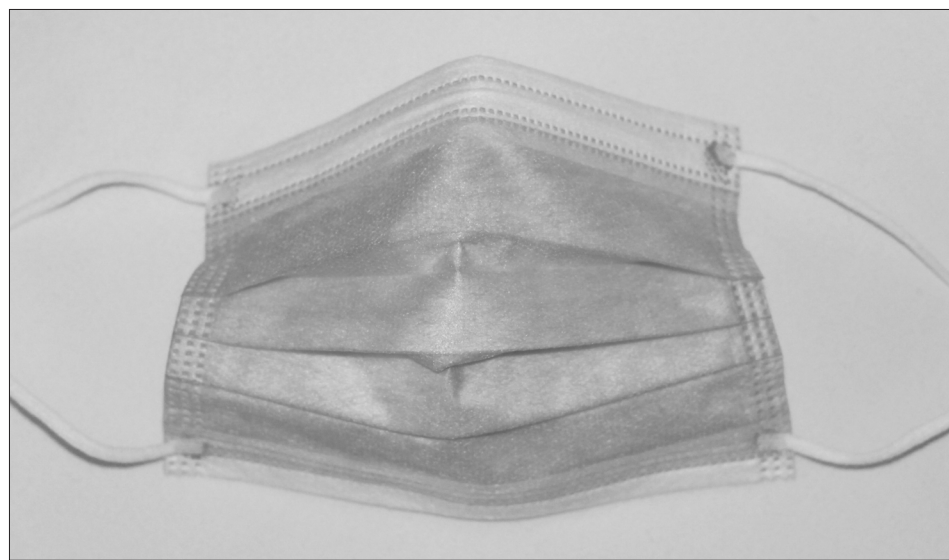
According to the Idaho COVID-19 resources page, 126,995 Idahoans have received their second vaccine dose. But in a state of 1.8 million people, this is a fraction of the general population.

Public Information Officer Scott Schlegel of Public Health Idaho North Central District explains that while vaccines show promise, other measures still need to be followed. The effects of vaccines are still being studied with some remaining unknowns.

"There may be the possibility that a fully vaccinated person may be able to be infectious and asymptomatic," Schlegel stated in an email. "So wearing a mask would continue to reduce the likelihood of virus spread."

However, there is not solid evidence of how likely it is for a fully vaccinated person to be contagious.

Herd immunity from COVID-19 is reliant on the distribution of vaccines. With vaccines hopefully providing immunity to the illness,



Angela Palermo | Argonaut
A blue surgical mask rests on a table

having 70% of the population vaccinated would achieve herd immunity.

Maintaining a smaller population that's susceptible to illness would make the disease less likely the disease would spread and result in a larger outbreak. This is what health care professionals are hoping for, but precautions must be taken until then.

"The CDC is continuing to recommend, even for people who've completed the full vaccination series, continue to wear masks when in public places around others," Schlegel said.

Masks are mainly worn for the protection of others around the mask wearer, not the individual themselves.

"The greatest protection is to those who are in close proximity to an infectious person," Schlegel said. "Depending upon the mask it is thought that there is also

a benefit to the person wearing the mask by filtering out some larger droplets and particles that may contain the virus."

Peter Mundt, director of community relations and marketing at Gritman Medical Center, said those vaccinated are being told to continue taking COVID-19 safety protocols seriously.

"The safety protocols that we've been talking about for many months are still very much in place," Mundt said.

"The wearing of face masks are critical as is maintaining social distance and limiting indoor gatherings."

Moscow's mask mandate was extended to June 9 back in December, coinciding with the end of the academic year and with consideration of vaccine rollouts.

"Our advice to the community is to continue to mask after vaccination until the Centers for Disease Control and Prevention advises it is no longer necessary," Mundt

said.

Idaho's North Central District has confirmed 8,621 cases as of March 1 with 2,751 cases in Latah County. According to the page's regional risk summary, Latah County is at a higher risk when compared with other counties in the health district.

"All of those things we have been talking about continue to remain important through the phases of vaccination until we reach a point where urologists and immunologists are able to determine we are at a safer point," Mundt said.

Idaho Public Health advises people to keep a lookout for changing health guidelines and recommendations. Such changes would be announced through national and local resources.

Haadiya Tariq can be reached at arg-news@uidaho.edu or on Twitter @haadiyatariq

Faculty Senate tables statement for Capitol riots and university values

Senate hesitates for fear of timeliness and Idaho Freedom Foundation report

Cody Roberts
ARGONAUT

University of Idaho Faculty Senate introduced a drafted statement of values condemning the Capitol riot and any form of violence and terrorism. While Senate seems to agree on the values, the timing of the statement was questioned.

Francesca Sammaruca, the Faculty Senate secretary, said the statement of values from the Faculty Affairs Committee was to be posted on the website and to be part of the university's official records.

The values of the document were nonpartisan, focusing on education and "should be the foundation of any institution of education," Sammaruca said.

The senate brought up a concern about how the statement might clash with a recent report from the Idaho Freedom Foundation, which stated UI's "Social justice education poses a threat to education in America and to the American way of life,"

and accused UI of funding Chinese espionage.

Alistair Smith from the College of Natural Resources said his constituents feared by making the statement, UI could be "playing into (Idaho Freedom Foundation's) hands which could really hurt us in terms of funding from the state board."

Another concern questioned how timely this statement might be, coming nearly two months after the Jan. 6 Capitol riots. Smith said some individuals expressed how a late response might be perceived, comparing our delayed response, and no official response from administration, to an immediate response by neighboring Washington State University.

To read more of this story visit us online at uiargonaut.com

Cody Roberts can be reached at arg-news@uidaho.edu or on Twitter @CodyRobReports

WASTEWATER

FROM PAGE 1

"It's almost flash frozen, so you don't get any frozen particles," Brinkman said. "The freeze-thaw-freeze-thaw of DNA will break it up." Results from the lab's tests are summarized and sent to the university twice a week.

"It factors into the decisions they make when it comes to clinical testing," Coats said. "My understanding is that our data really helped the university."

Last semester, wastewater testing revealed a high concentration of cases in Greek Row. This allowed the university to isolate those students and

test them for COVID-19.

"They can't test everybody, every week," Coats said. "The idea is our data might point them in certain directions."

While interest in wastewater testing peaked as a result of the pandemic, UI's wastewater lab existed long before COVID-19. Coats began building the wastewater team back in 2006. Brinkman joined soon after in 2007.

"We are proud to be a part of this bigger success story," Coats said. "But it has impacted our research group."

The prioritization of wastewater testing combined with limited equipment and time derailed some of the other research at the lab. Over

the last year, the lab has been used to train master's and Ph. D. students in wastewater treatment.

"It takes up quite a bit of my time," Brinkman said.

Despite the added work, Brinkman says the project has connected the lab to other parts of the university.

"A lot of people don't realize there's molecular biology in civil engineering and wastewater," Brinkman said. "So our connection with biology and those up at life science, we could never really get connected because they didn't really understand we had the capabilities."

Haadiya Tariq can be reached at arg-news@uidaho.edu

Lower hunting costs and fees for out of state students

ASUI Senate showed support for VandalStar at their

Carter Kolpitcke
ARGONAUT

ASUI Senate unanimously passed a resolution that would encourage hunting costs and fees to be lowered for out-of-state non-resident college students who attend Idaho colleges.

The resolution, written by Senator Mark Currier and sponsored by Pro Tempore Jackie Uhling, argues the popularity of hunting and fishing in Northern Idaho should perpetuate an equal and fair opportunity for all University of Idaho students to participate in the activity.

Idaho residents pay a total of \$38.75 for hunting and fishing license annually while a nonresident must pay \$264.

ASUI Senate also unanimously passed a resolution encouraging faculty, staff and students to utilize the VandalStar program.

The VandalStar program "is a tool to help you connect and thrive personally and academically at UI. It is a system platform designed to provide you a centralized, online location to connect people who care and services to help you achieve your academic goals."

The resolution argues the tool is an excellent resource for new and first-generation students to use during their early navigation of college.

Students can use the program to schedule meetings, find important information, list available extracurricular activities, etc.

A resolution stating support for "Idaho State Senate Bill No.



Bite-Sized News
ASUI

1030 and actions taken to promote inclusivity in Idaho institutions" was briefly introduced. The bill addresses discrimination based on sexual orientation or gender identity. Director of Legislative Affairs Katie Hettinga offered her support for the bill during open forum.

"People have been fighting for LGBTQ+ rights for over a decade,

to no avail," Hettinga said. "I'm asking for you to join the fight on behalf of just one marginalized community that has little to no voice in our state government and in our student government."

Carter Kolpitcke can be reached at arg-news@uidaho.edu or on Twitter @carterkolpitcke

Life

LIFESTYLES, INTERESTS, FEATURES AND ENTERTAINMENT

The future of black excellence on display

The Black Student Union has teamed up with Shelley Carr to create a library

Paige Fiske
ARGONAUT

Even though it's called Black History Month, the students of The Black Student Union do not want people to focus only on what is in the past. Instead, Black Student Union Communications Director KT Turner has decided to shift the focus toward the present and what will come of it with her theme, "The Future of Black History."

"Black Future Month" is written in big bold letters on a whiteboard that also features a quote from Amanda Gorman, and a few flyers. This whiteboard is just the backdrop for the lineup of books on display, each carefully selected by the people involved.

"We wanted to focus on the future and where things are headed, as well as multiple disciplines like the arts, the science ... anything that we could really put our hands-on," Turner said. "This display

contains any and everything from literature to physics to theater to music."

One specific element of the display has personal significance to The Black Student Union Vice President Princess Kannah—the Kente cloth.

This article originated in Ghana as a textile practice that symbolizes "cultural affiliations." Kannah said each color has its own meaning. Black is spiritual strength, maturity, mourning and funeral rites. Red symbolizes blood, death, political passion and strength. Blue is peace, love, unity and harmony. Gold symbolizes wealth and royalty. Green is growth, harvest and renewal, white is purity, cleansing rites and festive occasions and purple are for Mother Earth, healing and protection from evil.

"When I moved to Moscow last fall to attend the university, I brought with me my mother's Kente cloth that came from her mother as a form of comfort," Kannah said. "And when we were looking for Kente cloth to put in the display, I knew I had to volunteer mine. Now

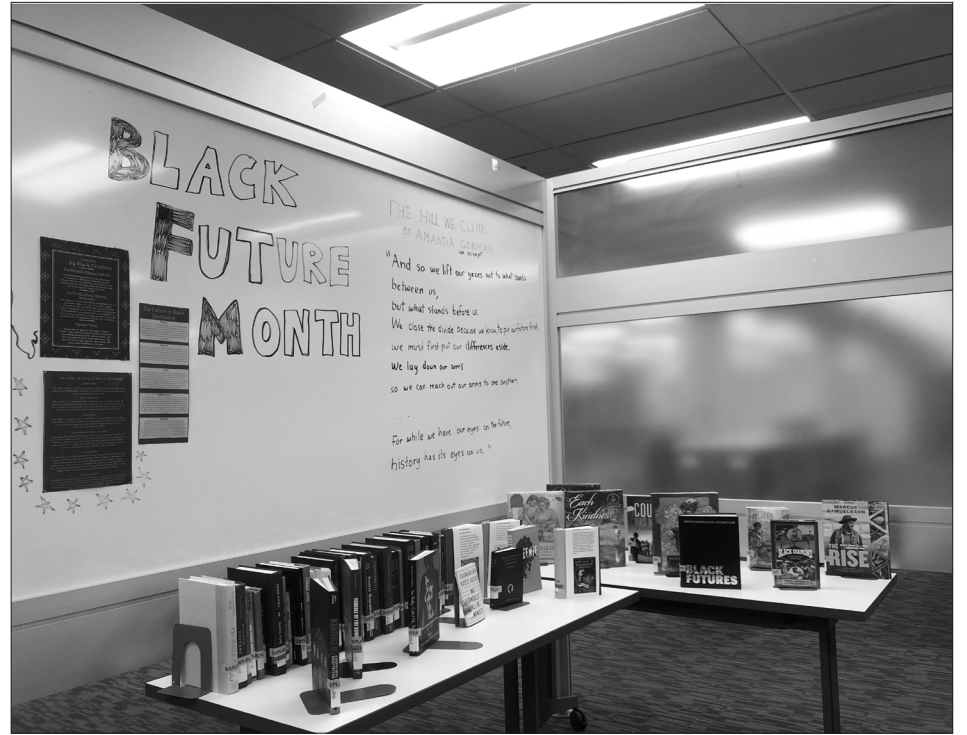
it's on display in the library for all to see."

These collaborative displays are a project of Access Services Librarian Shelley Carr, who is a co-chair for the Diversity, Equity and Inclusion Committee of the Internal Library and has worked for the University of Idaho for about seven months now. Carr had these monthly displays at her former library and decided to bring them to UI as an outlet for her passion for diversity, equity, inclusion and social justice.

"The black experience is not monolithic, so I wanted to have a lot of different materials," Carr said. "I've got fiction, I've got non-fiction, I've got some historical materials, contemporary materials, art, musicians ... I've got funny children's books."

Each of the students had a say in what was put on display and there were so many noteworthy pieces of African American literature to choose from that not all could be featured directly.

"There's a lot of books that I do recommend people to read as they carry a lot of knowledge that is beneficial



Emily Pearce | Argonaut

Black Future Month written behind the display of literature, art and history

to have and appreciate and just know on those topics," President of the Black Student Union, Alphonse Crittenden said. "We stopped early too. There were even more they were looking into putting up."

Crittenden was unsure if his own favorite book,

"Freedom is a Constant Struggle" the autobiography of Malcolm X, made it in the display. After checking the extensive and inclusive list, he noted that it should be there or on its way.

The display is up throughout March and all people involved encourage

students to check out the display, both physically and literally because all the display books are available to check out from the library.

Paige Fiske
can be reached at
arg-life@uidaho.edu

Alumni winner of 2020 American Fiction Award hosts book talk at a local library

Author of "Sins of the Bees," hosts virtual event with Latah County Library

Rebecca Pratt
ARGONAUT

Annie Lampman, author of the award-winning novel "Sins of the Bees," hosted a virtual book talk and reading with the Latah County Library Tuesday. During the online event, Lampman read from her novel, winner of the 2020 American Fiction Award for thriller crime, and participated in a question and answer with her audience.

Lampman's book setting isn't the only thing local about the novel. She is from the Latah County area, more specifically the Fraser Prairie located in North-Central Idaho, and is a University of Idaho graduate. Lampman earned her Masters of Fine

Arts in creative writing from UI and said she has many memories and nostalgia attached to the area. She is currently an associate professor of honors creative writing at Washington State University and is still writing.

"Knowing this area so well, it's been so awesome to have my book release at BookPeople because I remember going there as a kid to look at books," Lampman recalled.

"Sins of the Bees" is a geographically conscious text and according to Lampman, this was intentional in her writing and research. Her novel focuses on an extreme religious cult with militia-type activity, but her main point, from cover to cover, is the metaphor of a healthy bee colony juxtaposed to an unhealthy cult society.

Lampman said one of her favorite passages in her novel is the "beekeeping

passage because it's whimsical and fun to read," but also because beekeeping "is an overarching theme throughout" the novel. According to the author, the bees are the healthy wholeness because of their symbolism of community, whereas the cults and child brides are "the dysfunction in a healthy community."

"It's a deeply feminist novel, though I'm not sure if everyone catches it," Lampman said. "I mean not a lot of people know this, but with honeybees all the worker bees are female."

Lampman said her book raised examples like child brides, sexism and sexual assault as evidence for the book's relativism today. Along with that, in "Sins of the Bees" she mentioned the recent events to unfold at the Capitol Building on Jan. 6 and its resemblance of ideology and groups she touches on in her novel.

"It's like the Paradise groups in the real world are similarly becoming very militant," Lampman said. "To see it reach

this fever pitch and frightening reality is like art imitating life and life imitating art at the same time."

Lampman said she believes her novel is a precursing example of what happens before a riot at the capitol, even making connections between her novel's cults and "disturbing groups in the USA" such as "The Oath Keepers," a far-right anti-government militia group that participated in the planning and execution of an attack against the capitol.

"I'm afraid we are in a deep state of dysfunction with these militia groups," Lampman said.

"Sins of the Bees" is available at BookPeople in Moscow, Amazon, Audible, Barnes and Noble, Indie Bound and Simon and Schuster. The award-winning author has a poetry book set to release in late spring to early summer of 2021, titled "Burning Time."

Rebecca Pratt
can be reached at
arg-life@uidaho.edu



Annie Lampman

Argonaut Religion Directory

First Presbyterian Church
A welcoming family of faith, growing in Jesus Christ, invites you
Sunday Worship Online 10:30 am
www.facebook.com/moscowfirstpres/
Visit our website for latest updates
405 S. Van Buren, Moscow
208-882-4122 • http://fpcmoscow.org
Norman Fowler, Pastor

Lutheran Campus Ministry
at the University of Idaho in The Center at 882 Elm St
Our usual events - dinners, bible studies, worship, and conversation - will be adapted this year due to Covid-19.
Follow us on social media or contact us for current information
Facebook: @lcm.uidaho
Instagram: @luminuidaho
Karla Neumann Smiley, campus minister
lcm@uidaho.edu
(208) 882-2536
ELCA

Bridge Bible Fellowship
Pastors:
Mr. Kirk Brower - Senior Pastor
Mr. Kim Kirkland - Assistant Pastor
Mr. Nate Anglen - Assistant Pastor
960 W. Palouse River Drive, Moscow
208-882-0674 | www.bridgebible.org

Trinity Reformed Church
SUNDAY MORNING WORSHIP SERVICES
8:30 am & 11:00 am
101 E Palouse River Dr.
208-882-2300
www.trinitykirk.com
office@trinitykirk.com

If you would like your belief-based organization to be included in the religion directory, please contact Student Media Advertising at arg-advertising@uidaho.edu

We're going to need a Bigger Boat

Local cappella group sings sea shanty and maritime songs

Emily Pearce
ARGONAUT

In 2012, a group of friends sprawled across different University of Idaho departments came together to form a band. They harmonize together, share jokes and laugh together. The band, Bigger Boat, sings sea shanty and maritime songs, performing across the Pacific Northwest.

The name of the band originated from the popular film "Jaws" as an inside joke toward Rochelle Smith, a librarian at UI, who is a huge fan of the movie.

"(Bigger Boat) is a quote from 'Jaws' in which Roy Scheider's character says, 'we're going to need a bigger boat,'" Smith said. "I think largely it's a way of mocking me because I'm a huge fan ... Everyone gets it, and it's a nice little joke."

Members of the band are spread across the university; Rob Ely is a professor in the math department, Ben James is a professor who teaches film studies, Smith works in the on-campus library and Dylan Champagne is the only person who doesn't work for UI but is a composer and musician.

Before the band started, Smith was introduced to Champagne and immediately started discussing their love for

sea shanties.

"There was a potluck welcome dinner for (Champagne and his partner) and I'm the librarian for the department so I attended, and our hosts introduced Dylan to me by saying, 'you both like sea shanties,'" Smith said. "She vanished and it was amazing. It was like, that's the best introduction anyone has ever done."

After that, Smith said, "Let's do a sea shanty band," according to Ely.

The band all has their own connections to sea shanties.

Champagne grew up partly on a houseboat where his mother would sing them to him, while James is from Forest of Dean, England, which is famous for supplying oak to the tall ship construction that happened in the 18th century. Smith is from the Caribbean who grew up with water all around a small piece of land. Ely is from Colorado, a landlocked state, but is a huge fan of folk music.

The band focuses on shanties in the English language, but shanties are found across France, Spain, Germany, Portugal and other countries, Smith said.

"The thing I really like about shanties is that they're very easy to sing along with," Ely said. "Strictly

speaking a shanty is a work song, and it has a repeated part. You'd be pulling up a sale, maybe a bunch of people would be on reps and they'd be doing it all at the same time ... it's a lot of fun because the audience can join in and sing along."

Shanties are a part of the tradition of work songs, and though they started in the 18th century, they are still being sang and composed today.

The band has performed in Moscow at the Farmers Market, at Rendezvous in the Park and at various venues. They have performed in Sandpoint and in Seattle twice at the Folklife Festival.

Because of the COVID-19 pandemic, the band has not performed for one year. It is challenging to practice over Zoom because the timing is off, so the band calls every-so-often to catch up and chat.

In quarantine, they have started quirky traditions by dropping off smoked herring and tequila at each other's doorsteps.

"Whenever we get together, we have a Poseidon adventure," Ely said. "We drink tequila with lime in it, and then eat a piece of herring."

Smith said tequila is what makes it an adventure, and no one expects tequila and herring at the same

place at the same time. The drink is a representation of their band because no one expects a sea shanty band in a landlocked state.

Recently, sea shanty has become a trend on TikTok with the song "The Wellerman" going viral. "I think there's a real hunger for things that feel like they are about togetherness, or about people, which I think is why sea shanties (are trending)," Smith said.

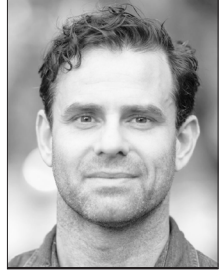
Toward the beginning of the pandemic there was a lot of ugliness that came out of people, like getting into fistfights over toilet paper, Smith said.

"I think sea shanties were an antidote to that and a bomb to remind us that people are not terrible," Smith said.

Ely said he is curious if people start getting more interested in sea shanties as a result because they are about singing together, but isn't convinced yet. He said someone watching TikToks for a minute exposed to sea shanties, their attention span is focused on one intriguing thing for a couple of seconds and then swipe away.

To learn more information about Bigger Boat, check out their Facebook page.

Emily Pearce
can be reached at
arg-life@uidaho.edu
or on Twitter
@Emily_A_Pearce



Ben James

Weekly horoscope March 1-7



Your weekly guide to consulting the stars

Rebecca Pratt
ARGONAUT



Capricorn: Dec. 22 – Jan. 20

You are very capable with your resources and do better managing your finances than other signs. This week you will come upon new opportunities involving risk. Weigh your options and know your numbers as you make choices. Do so carefully and cautiously but know you can figure out the next best move better than others.



Aquarius: Jan. 21 – Feb. 18

Discipline has never been your friend. You hate receiving it and refuse to hand it out to yourself or others. However, a little discipline in your life where you're lacking any will help you this week whether it is reeling yourself in, holding friends or partners to better standards or working through conflict in your family. It might feel unnatural at first, but shortly you will see the benefits to even the smallest amount of regulation.



Pisces: Feb. 19 – March 20

Temptation is waiting for you this week. The trick of what you may see as a new opportunity is deceiving. Investigate with caution, for the loss you will suffer will be of a personal nature. Tensions have been high in your personal life and it wouldn't take much for you to snap a few relationship ties. Be cautious Pisces and proceed this week with caution.



Aries: March 21 – April 20

Beware of conflict as you enter this new week. You are a classic fire sign with a fiery temper. Pair this with your natural confidence and your lack of self-awareness and you may set off a bomb you aren't aware of. Remember your strengths during conflict. You are naturally honest, decisive and dedicated. Use these to problem solve rather than letting your temper run wild.



Taurus: April 21 – May 21

Despite your creative mind, Taurus signs have a bad habit of getting stuck in a rut. Thinking outside the box is hard for you at times because of your love of tradition and somewhat controlling nature. Opening your mind to new things, ideas and people will do wonders for you this week if you're feeling blocked and will come pretty easy to you because of your sign's driven and confident demeanor.



Gemini: May 22 – June 21

Your ease with socializing and charming those around you has benefited you so much in your professional career. However, the same thing can get you in trouble in the workplace if you're losing track of mundane day-to-day tasks. This week be sure you are hearing and observing what others need from you in the workplace to avoid negative fallout.



Cancer: June 22 – July 22

Physical touch is very important to your sign when it comes to relationships. Cancers are very romantic and sensual in general, but your communication in the same realm is not as strong. This week your partner may be receiving mixed signals from any hinting and body language you rely on. Try using this as an opportunity to work on your communication skills. As a sensual sign, you will be happy with the reward that comes from honesty and clarity in your love life.

You can see Leo, Virgo, Libra, Scorpio and Sagittarius online at uiargonaut.com

Rebecca Pratt
can be reached at
arg-life@uidaho.edu

It's a family recipe

The annual Sausage Feed uses original recipe from generations and sells dinner to raise money for the community center

Ryan Hill
ARGONAUT

The Uniontown Sausage Festival has been operating since 1954. It was started to raise money for their school, which later became the Uniontown Community Building. They decided to sell sausage to raise money for the school. It proved to be fairly popular with people. Since then, it has become a yearly fundraiser that keeps the building operational for the local food pantry, youth groups, the American Legion and community events.

The sausage uses an old German recipe, that is seasoned and smoked to perfection. It is the best sausage in the region according to Julie Hartwig, the PR director for the event. Hartwig said that the Wolf family were the ones who crafted this recipe, and

since then their grandchildren have continued making this delicious sausage.

"All the guys in town volunteered to make sausage," Hartwig said. "There's usually a good group, at least 20 guys making sausage."

The men make 2,000 pounds of sausage every year for the Sausage Feed. It does not disappoint consumers. When asked what the secret ingredient in the sausage that makes it so good, Hartwig said, "I'd tell you, but I'd have to kill you."

It's a closely guarded secret that only the descendants of the family know. It proves to hold up after all this time because the original recipe is still used to this day.

Hartwig said that on a good year, they can get up to 1,500 people at their fundraiser. Hartwig said the line can stretch all the way around the local gym for people wanting their meals.

They aren't just getting sausage, the fundraising meal includes mashed potatoes, sauerkraut, green beans, applesauce, roll and pie. Hartwig said that people can choose up to five flavors, such as pecan, chocolate,

cherry, berry and pumpkin pie. The fixings have historically been included with the sausage since it was first introduced.

Normally, the Sausage Feed would be held in the community building, complete with a beer, garden and live music. However, this year they will be offering a drive-thru line to deliver people their meals. Hartwig said they were glad that they were able to host the Feed this year. It didn't get canceled last year, but a lot of people ordered takeout from the festival. Since November they had planning to make sure that the event was safe for everyone. Hartwig said that they were approved by the board of health.

People can purchase their dinners either online or in-person with either cash or check. The dinner is \$13, they ask that people have the correct change to make the line go faster.

The Sausage Feed is Sunday, 10 a.m. to 5 p.m. March 7, at the Uniontown Community Building.

Ryan Hill
can be reached at
arg-life@uidaho.edu



BUY LOCAL

The goal of Buy Local is to strengthen the social and economic framework by supporting and promoting the Moscow Community.

Tye Dye Everything!
Unique and colorful clothing in a downtown shop!

We have tyedye masks!

Headquarters for Medical Marijuana Initiative and Moscow Hemp Fest, 2021. Stop by for more information.

527 S. Main St. Behind Mikey's
Mon-Sat 11am-5:30 pm
208-883-4779
tyedye@moscow.com
www.tyedyeeverything.com

Follow us on Facebook

*mention this ad for a discount!

Getting you the books you want is always our highest priority

BOOKPEOPLE OF MOSCOW
www.bookpeopleofmoscow.com

521 S. Main, in downtown Moscow, Idaho | (208) 882-2669

Contact arg-advertising@uidaho.edu to purchase an ad today!

Sports

UI Golf swinging for the fences

UI golf trains with a variety of resources to prepare for anything thrown their way

Ryan Hill
ARGONAUT

After a 11-month hiatus, the University of Idaho men's golf team is back in action and out to win. The team's latest accomplishments placed them in third out of 14 teams competing in some extreme weather conditions at the Joust at Goose

Creek tournament last week in Riverside, California.

Head coach David Nuhn said he is glad to see the team doing well after all the time they spent prepping for competition in any possible conditions.

"We've got a great group of guys, all nine guys really are on the same page about what our goals are as a team," Nuhn said. "Every single one of the guys on this team is a tremendous contributor to our success."

In order to get the men's team prepped and ready for the season, Nuhn has them training on a variety of golf courses in the area. They utilize not only the UI Golf Course but the courses at the Lewiston Country Club and at Palouse Ridge as well.

"It's definitely good having a variety around here," graduate student Sean Mullan said. "It gives us the opportunity to do

what we need to prepare and play well."

Mullan, from Englefield Green, England, tied for fourth place at the Joust and was named co-Big Sky Conference Men's Golfer of the Week in February. Mullan said he likes how the University of Idaho Golf course is tight, with not a lot of open space and plenty of trees.



David Nuhn

SEE GOLF, PAGE 8

Determination reigns with international athletes

Despite a few bumps with "low energy" and difficulties with practice, tennis looks forward to what's coming next

Cody Roberts
ARGONAUT

Both women's and men's tennis at the University of Idaho have started off their seasons and, while things have been challenging, coaches and athletes say there is a real determination from the teams and are looking forward to upcoming travel and matches.

Players

Most of the tennis athletes are international and the enrollment of international students is decreasing amidst the pandemic, according to past reporting from The Argonaut. These players, all coming from across the globe or the continent, have stayed to play tennis through a pandemic resulting in over 500,000 deaths in the U.S. alone.

Babar Akbar, the head coach of women's tennis, said this shows their conviction as student-athletes. Several of the players said being in the U.S. and their connection to tennis are intertwined.

"They're all internationals," Akbar said. "They came from all over the world. They came back to Moscow because they wanted to compete, and that says a lot about them."

"I've been playing tennis pretty much my whole life," Saffron Dowse, a freshman on the women's tennis team from East Sussex, England, said. "Since I was little, it's always been a dream of mine to come to the U.S. and compete at a university here."

Bruno Casino, a sophomore on the men's team from Santander, Spain, said being able to play tennis at UI helps with homesickness because it's a way of having "nice roots" from the beginning of his time here. Having a team to bond with, especially one with so many other international student-athletes on it, allowed him to establish himself in a country foreign to his own.

For the women's team specifically, "I've got six girls here who came from all over the world in a time where travel and everything is a bit risky," Akbar said. "They came. They showed up. They're ready to compete, and they're ready to play."



Cody Roberts | Argonaut

Laura Spataro plays in the match against Washington State University's Hikaru Sato in singles on Feb. 26, 2021

The desire to be involved in tennis at UI is the international nature of the sport, which is much more popular worldwide than other sports more popular in the U.S. like baseball and football.

"Football is almost purely American," Daniel Hangstefer, head coach of men's tennis, said. "With tennis being such an international sport, as a coach when I'm recruiting the whole world is my playground."

That being said, the competition for tennis can be world-class and difficult to find an opportunity to rise up due to the sheer amount of other players. According to Topend Sports, which compiled four years of data from Google, tennis is the most popular sport in the world.

"I feel like internationals appreciate the opportunity at Idaho more, so they compete a little harder. I feel like that has been my experience," Akbar said.

Acknowledging the wild times, Akbar said while this year hasn't been ideal because of all the wild times, he and the team are very fortunate to still be playing tennis.

The main struggle right now for the women's team, specifically, was practicing, Akbar said. The tennis team does not have access to their indoor gyms, so for every practice, they drive an hour round trip to Lewiston. On top of that, they

must travel to their matches.

All this travel can be taxing. "They are pretty long drives, which I'm personally not used to at all," Dowse said. "It's been okay, but it's just a long distance."

Akbar said after two long months of practicing in Lewiston, he hopes the weather will turn toward spring so the team will have a better experience. Mixed with the fatigue of travel is also some excitement. The men's team is looking forward to making a trip to California over spring break, where their goal is to compete, work and enjoy their time. Hangstefer said they don't intend on doing much except practicing and taking care of the school.

"I'm really excited to go there, for the change of weather at least, because here it's always cold," Casino said.

Matches

The women's team currently stands with one win and four losses. In their match against Washington State University last Friday, freshman Katherine Jhang garnered Idaho's only point in the competition, defeating Fifi Kumhom in the singles, 1-6, 6-4, 6-3.

"These are the first matches in a while, (and) I feel like there's just a bit of sharpness," Dowse said. "We're slowly getting it back. It's noticeable in training, I

feel like the team is coming more together recently, and we're building stronger bonds, so I feel like it will reflect in the matches coming up."

The men's team is tied up for wins and losses, having two of each so far this season. In their match against Lewis-Clark State College last Saturday, Idaho scored their second win of the season, sweeping their opponents in all doubles and singles, 7-0.

"We won in Seattle, (but) we didn't start as good with doubles. We didn't have good energy," Casino said.

The team "got after it" in the singles after Hangstefer talked to the team and told them to work on their energy, Casino said.

"In the next games, I think we are going to do well on energy in general." Francisco Bascon, another player on the men's team, said. "We have a good team, a good environment, and we got better as a team."

Women's tennis plays their next match at 11 a.m. this Saturday at Gonzaga University. The men's tennis team will compete against Seattle University at 5 p.m. this Saturday at the LCSC courts.

Cody Roberts
can be reached at
arg-sports@uidaho.edu

THURSDAY March 4	FRIDAY March 5	SATURDAY March 6	SUNDAY March 7	MONDAY March 8	TUESDAY March 9	WEDNESDAY March 10
Men's Basketball vs. University of Montana @ Missoula, MT CANCELED	Women's Basketball vs. University of Montana @ Moscow, ID 6 p.m.	Football vs. UC Davis @ Moscow, ID Noon Men's Tennis vs. Seattle University @ Lewiston, ID 5 p.m. Women's Tennis vs. Gonzaga University @ Spokane, WA 11 a.m. Men's Basketball vs. University of Montana @ Missoula, MT CANCELED	Men's Tennis vs. Boise State University @ Lewiston, ID 9 a.m. Volleyball vs. Montana State @ Moscow, ID 2 p.m. Men's Golf - Bandon Dunes Championships @ Bandon, OR All day Women's Tennis vs. Seattle University @ Spokane, WA 10 a.m.	Women's Basketball - Big Sky Conference Tournament @ Boise, ID TBA Volleyball vs. Montana State @ Moscow, ID 6 p.m. Men's Golf - Bandon Dunes Championships @ Bandon, OR All day Women's Golf - Jackrabbit Invitational @ Boulder City, NV All day	Women's Basketball - Big Sky Conference Tournament @ Boise, ID TBA Men's Golf - Bandon Dunes Championships @ Bandon, OR All day Women's Golf - Jackrabbit Invitational @ Boulder City, NV All day	Women's Basketball - Big Sky Conference Tournament @ Boise, ID TBA
@vandalnation 						

Exploring UI's ultimate club

Ultimate frisbee is a different kind of sport, a mix of traditional rules and personable community

Anteia McCollum
ARGONAUT

On the SprinTurf, there are a group of people that look like they are just throwing around a frisbee. But this group is more than regular students, they might just be the University of Idaho's men's and women's ultimate frisbee clubs, who gaggle together for practice twice a week year-round, rain or shine.

Ultimate frisbee is, as the captain of the men's ultimate frisbee team Trevor Griffin said, "soccer with a frisbee." Much like other traditional sports, ultimate requires quite a lot of movement, coordination and teamwork as players try to score by passing a disc in the end zones at either side of the field. But what makes ultimate stand out is the players are also self-officiating, meaning they decide where someone messed up rather than a referee.

"With basketball, if a foul was called and the referee didn't see it there was always a lot of hullabaloo in the stands, and people would get aggressive then players would get frustrated, especially if they felt like they were being wronged," Alicia Watson, the captain of the women's ultimate frisbee team, said. "Whereas in ultimate frisbee, because it's self-officiating, you can put yourself in the position to call out somebody or even yourself. I think it's a lot less frustrating that way."

What makes ultimate even more unique is the rule-bound emphasis on having fun and being respectful while still being competitive. One of the first guidelines in the USA Ultimate rulebook is the "spirit of the game" rule, where "highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed-upon

rules or the basic joy of play."

Both Griffin and Watson said they love ultimate for its fun-loving, flexible and competitive community. Watson said her favorite part about ultimate is the people she meets, particularly during tournaments where teams of people from all over the country group together for a day or two of solid competition.

"Thousands of people, who all love the same sport, come together for two days on a weekend and play," Griffin said.

The club competed against other schools in the Pacific Northwest, traveling to Washington and Oregon for a few days. Griffin said when they left, they wouldn't be staying in hotels. They were sleeping in other people's basements and crashing on the floors for the night. He said it contributed to the sense of community of ultimate frisbee.

However, the club has been bound to campus, unable to compete against anyone but themselves for about a year because of COVID-19. With the combination of the men's and women's clubs, there are around 25 total players, which is more than enough players to make the two teams of seven needed for a scrimmage.

Social distancing is easy when the sport being played is low-contact and outdoors. Griffin said the club members wear masks while they are at practice and usually have no problem staying more than six feet apart. Being outdoors also makes it easy to take advantage of the weather, good or bad, to teach the mix of experienced and new players how to play better.

"We usually love being outside when it gets really snowy because it means falling doesn't hurt," Griffin said. "So it's usually when we have our layout practice and we teach our players what it's like to really throw your body into the ground."

Griffin said practicing in adverse weather can sometimes drive away new recruits, especially during the cold weather when most people would prefer to stay inside where it's warm. Generally, the fall semester is dedicated to teaching people how to play and getting them involved in the sport, while spring is used to get a little more serious and prepare for upcoming tournaments. Without any tournaments this semester, the captains said they made sure to keep



Anteia McCollum | Argonaut

(Top) A member of the men's ultimate frisbee club throws the disc to his teammate as others rush to block the toss (Bottom) A player on the men's ultimate frisbee club walks by with the disc as the players set up for their next play

the same spring intensity they've always had.

Griffin said he grew up playing ultimate with his family, particularly his dad who still runs a local league today.

"Every week it was the same story, and you could honestly hardly call it ultimate because it's just big, deep throws with very little strategy," Griffin said. "But I was quite small. I was under three feet and everyone else is like towering giants, and my dad would call his little secret weapon because he would have me and my siblings run and stand in the end zone."

Watson said her journey with ultimate began in high school. She grew up in the Treasure Valley where many of the high schools have ultimate frisbee teams of their own, and she found a source of

self-confidence in the sport because of the community, self-officiating and testing her athletic abilities in a sport that doesn't involve a ball.

"Ultimate frisbee is what you make of it," Watson said. "I had knee surgery and couldn't play for a long time, and I somehow killed my love for the game. Then I found it again and I think that it's totally just how you view it and what you take away from it."

Anteia McCollum
can be reached at
arg-sports@uidaho.edu
or on Twitter @antxiam5

VandalStore
The official store of the University of Idaho



**EPIC
GEAR
EVERY DAY**

WEEKLY WORKOUT

Nighttime stretches

Helpful moves to lengthen and relax before turning in

Anteia McCollum
ARGONAUT

Evening stretches before bed can help improve sleep and lengthen muscles before you lie down for several hours at once. Complete these nighttime stretches to feel their benefits.

These stretches can be done anywhere at any time, including outdoors or in the comfort of your room.

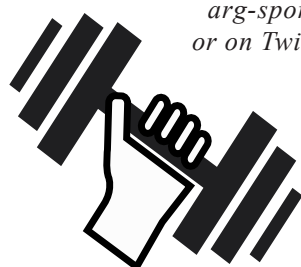
- Seated spinal twist
- Upward dog
- Pranayama (breathing)
- Seated forward bend
- Tree pose
- Three-legged dog

Remain in these positions for 10 breaths each, or about 30 seconds, to complete the series.

If the names are unfamiliar, give them a quick search and there are several helpful videos and websites that show what they are.

Stretch out, feel good, drink water and get some good rest.

Anteia McCollum
can be reached at
arg-sports@uidaho.edu
or on Twitter @antxiam5



GOLF

FROM PAGE 7

Mullan, from Englefield Green, England, tied for fourth place at the Joust and was named co-Big Sky Conference Men's Golfer of the Week in February. Mullan said he likes how the University of Idaho Golf course is tight, with not a lot of open space and plenty of trees.

Shots must be aimed carefully in order to not hit the trees or any other obstacles, requiring the golfer to adapt to new surroundings and be incredibly precise with their swings.

"Every golf course has its own specialty or difficulty," freshman Jose Suryadinata said. "We get the chance to practice a lot of different areas in our game."

Suryadinata said the variety of courses helps keep him on his toes and improves his game. He was named Big Sky Men's Golfer of the Week on Feb. 10 for his performance in the Nick Watney Invitational, which resulted in him placing third. He was back-to-back champion at the No. 1 and No. 2 Elite Indonesian Amateur Championships.

Because the weather in Idaho can change quicker than swapping socks, the team utilizes an indoor training facility on campus known as the Hall Performance Center. This nearly 5-year-old facility is especially useful during the winter months when the weather is especially unfavorable most of the time.

"Inside, we have about 30 feet by 15 feet putting green," Mullan described. "We have two hitting bays, so we can actually open up the garage doors and hit onto the course. Alternatively, there's a couple of nets in there with a projector and we're actually able to hook up the track mounts."

The track mounts simulate an actual golf course. Mullan said they are able to simulate how far the ball goes and factor in various obstacles, like wind, elevation and temperature. This prepares the team for extreme conditions during tournaments, so they'll be at their best when it comes time to compete.

Nuhn is hopeful that, with all their preparation and training, they will be going to the Big Sky Tournament. Their next tournament is the Bandon Dunes Championship March 7-9 in Bandon, Oregon. Nuhn said his team will be bringing their umbrellas, but they won't be stopped by a little rain.

Ryan Hill
can be reached at
arg-sports@idaho.edu

Opinion

University's priorities are all mixed up

Events on campus should not be in-person even if departments will receive monetary gain

The move University of Idaho Athletics made to allow fans into the football games was questionable. With so many people gathered into one indoor space, even one as large as the Kibbie Dome, it is a move that puts the safety of fans at risk.

Especially when so many of those fans are eating, touching the same handrails, sitting close to other groups not wearing masks, yelling and cheering. Frequently touched places, like handrails, are not being sanitized regularly or even at halftime.

As people left the stadium chatting about the game, which no doubt brought in a lot of money to Athletics after going so long without football, many fans walked out without masks. To make things even more unsafe, there have been outbreaks of COVID-19 on campus in the Greek chapters and cancellations to several basketball games, both men's and women's, due to COVID-19 protocols within the program.

How many of those students might have attended the football game last Saturday, before they had tested positive? Who knows. Athletics should not be

putting the safety of students and fans in our community, as well as Eastern Washington's community, in danger of infection just for the sake of getting funds from a few football games. Safety policies need to be enforced to keep fans safe, and if the university can't do that, we should go back to watching football from home.

Last month UI hosted the annual Lionel Hampton Jazz Fest, but unlike prior events, the festival was held online. Though the committee tried to keep the same spirits the festival usually has, there were drawbacks to the events that took place.

There were fewer concerts presented at the festival, many being pre-recorded. These drawbacks were the price we all paid for other's safety during the ongoing pandemic.

Outside of Jazz Fest, students at the Lionel Hampton School of Music have been experiencing their education differently. Concerts, recitals and performances have not been held in-person. Instead,

they are all held over Zoom, which is tough on students and professors alike. There are first-year music students who have not experienced these events in-person, or performed for a crowd in-person, which is an important aspect of their degrees and future careers.

revenue for the university and community, and holding all events online had to hurt earnings for the college. However, the decision was not made in consideration of finances, it was made in consideration of putting other's health first. Why can't Athletics do the same?

It's clear that there is a discrepancy within UI's decision-making process. There was a misstep somewhere along the line of making adequate COVID-19 precautions to allocating enough funding to keep the school afloat. There is an issue of priorities and consistency, with athletics taking the higher priority than music. And making money takes a higher priority than keeping the students safe.

We understand that UI needs to make money to function. We understand that football is an illustrious source of revenue. We don't understand why the university refuses to stick to their

script.

From the beginning of the pandemic to now, the university has sent email after email addressing the issue, simultaneously assessing the pandemic as it develops. As things change so do the restrictions. Functions occur, places open and adjustments are made.

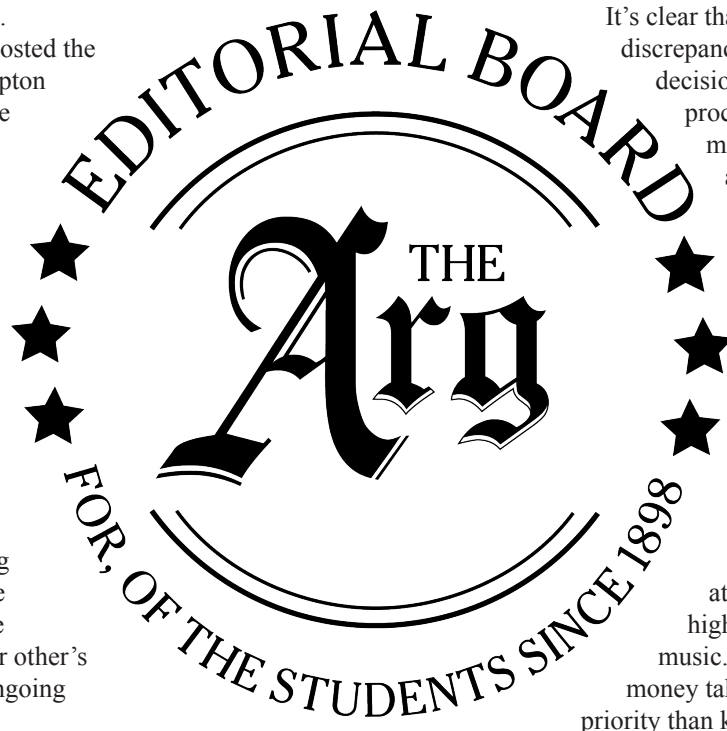
Why is this standard not the same across the board? If the CDC guidelines and advice from local health officials indicate that we can have in-person attendance to weekly football games, why can't people attend the Lionel Hampton Music Festival?

The answer is clear: one makes more money than the other.

Attempting to reopen school activities and return to normal campus life is a noble feat. However, it's discredited when they don't stick to a script.

UI needs to be consistent. Otherwise, what's the point of acting like they care about the health of their students?

The Editorial Board can be reached at arg-opinion@uidaho.edu



Pandemic pets relieve stress

Happiness spread all around, to you, your new pet and the shelters running out of animals

Pandemic pets. It's a phrase that would have sounded a little disturbing before COVID-19 rocked our world. But now, that phrase brings along feelings of love for a furry friend who helped get us through some of the most stressful times of our lives.

I was home alone for a majority of the time at the beginning of the pandemic. Being stuck inside attending Zoom classes without the ability to go have a social life really drained me. I needed some sort of companion to dote on and keep me company. After considering a dog, I decided my apartment was much too small and that I wouldn't have been able to spend quite the amount of time a puppy would need.

So, I got a cat. My fluffy, orange, dorky Crookshanks kept me sane throughout the pandemic. He wakes me up with cuddles in the morning and sits with me while I eat dinner. While I'm writing he brings me his favorite toy, a nerf dart, to play fetch. He's an easy-going cat who seems to want to play at just the right times and knows when I need a snuggle.

People all over the nation have found this sort of amity with their new furry friends as well. Pet adoptions saw a massive surge nationwide at the beginning of the pandemic and shelters are running out of animals to adopt out, much like grocery stores seeing a shortage in cleaning supplies, according to the Associated Press.

I followed this new trend and almost

immediately noticed I wasn't so stressed out over small things anymore. Not that I wasn't still stressing, but I had a cuddly kitty who was there to make me feel better. I felt this way because pets reduce stress and anxiety levels for their owners.

Pets provide companionship, motivation, social connections and comfort, according to the Mental Health Foundation.

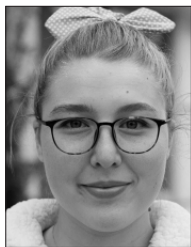
Dog owners can find their loveable pups motivating them to get out and exercise more, which is especially helpful for people with depression. Pets also provide a way to make social connections because who doesn't like to show off the new addition to the family, along with all the laughs they cause? Loneliness melts away when you have a furball to love on.

This trend of pandemic pets is one that's beneficial for everyone. There are fewer animals in shelters and more in a loving home. More people are happy and have a healthy way of coping with the stress and anxiety of the current world we live in.

So go to the shelter and adopt the cute puppy you keep ogling or the kitten who caught your eye. It's just as beneficial for you as it is for them.

The Humane Society of the Palouse is open by appointment only, Monday through Saturday 1-6 p.m. They are located at 2019 East White Avenue in Moscow.

Anteia McCollum can be reached at arg-opinion@uidaho.edu or on Twitter @antxiem5



Anteia McCollum
ARGONAUT

Icy horror climate show

Are Americans ready to talk seriously about climate change?

While we've been busy dealing with the stress of surviving a global pandemic, climate change has been simmering on in the background.

This winter ice storms and power loss following an autumn of deadly wildfires and a summer of hurricanes is a clear reminder that one crisis doesn't end just because another begins.

The world is starting to feel a little too much like a soap opera and there's way too much drama in this season. Could we please just fire the writers responsible for climate change plotline?

Most Americans are stuck watching the same horror show together without the privileged option of tuning out and flying to Cancún. This past year has given us so many startling examples of weather events we can expect to see more often under our changing climate.

It's not looking good. The people are suffering and there is nowhere to point fingers except back at our own government. For decades, our

policymakers have put climate issues squarely in the "not in my backyard" category, bringing them out only when it suits their immediate agenda. We've soldiered on with our unsustainable carbon emissions and pushed past a point of no return. Today, reducing our CO2 outputs is only part of the problem we need to address. It's probably the easy part.

Consequently, we are tasked with the social side of climate change: caring for climate refugees, building new infrastructure that can withstand more frequent natural disasters, providing for the safety of our coastal communities and safeguarding backup water and energy

stores so that no more Texans are left to freeze to death while racking up thousands of dollars a day on their electric bills.

Of course, carbon neutrality is an important step in protecting our human populations. Americans are the world's largest carbon emitters per capita, and other countries have long suffered from our refusal to take climate action. The Marshall Islands are slipping under rising seas and maybe completely uninhabitable by 2050. Glaciers are melting from Ecuador to Nepal, threatening future freshwater supplies. The Caribbean is devastated

on an annual basis by increasingly frequent and intense hurricanes. We owe it to ourselves and to our global community to reduce our carbon footprint and stop actively exacerbating an already overwhelming climate situation.

If we didn't believe it before, Americans must understand now that climate change is our problem. The hurricanes have swept away any sand for us to stick our heads in and we have nothing left to do but face the icy cold truth.

These natural disasters are only going to get worse and happen more often, so we need to prepare to care for our most vulnerable populations. It doesn't matter if we call it a Green New Deal or a Climate Plan — the name will never matter if we can get the social side of our climate crisis the attention and consideration it deserves.

We need to make plans to protect our communities from extreme weather events and to prevent a refugee crisis. We need representatives who understand science, who acknowledge the facts regardless of their personal agendas. We the people need to take charge of this climate narrative and weave some hope for our future into the storyline.

Beth Hoots can be reached at arg-opinion@uidaho.edu



Beth Hoots
ARGONAUT



Name-calling should have stopped in grade school

Is it so bad to be a Socialist or Communist in the USA?

Sticks and stones may break my bones, but words may ruin my political career. Certain terms in our countries current and historic political climate have this effect. Socialist and communist name-calling is being thrown around like poison darts in congress, but this is nothing new.

Not too long ago, the Senate in the 1950s had infamous Senator Joseph McCarthy. He made his name by twisting truths, spreading misinformation and encouraging a suspicious and fearful public to become more paranoid about communist threats within our government.

He can't take all the credit though because he began stirring the Red Scare pot in the middle of the Cold War. But now when we think of communism, we are told to fear China.

To make matters worse, when someone spits out the word communist as a clear threatening insult, they elaborate no more because honestly, not many people know why they are supposed to hate communism. It runs so deep in United States culture that

we hardly even think to recognize how hallow the term has become.

How about socialism? Yeah, it's different than communism. I'm sorry if this is a shock to you, but socialism is not a system in which you give all your money to the government and live in the same cookie-cutter home as everyone else. You don't dress in the same pastel washed-out uniform going to work every day in a cubical. We have a name for that here in the USA. It's called "suburbia," yet another gift from the McCarthy era.



Rebecca Pratt
ARGONAUT

Calling someone a socialist or a communist is not an insult. It's only perceived as a threat in the USA because no one understands that they are simply ways of running your economy and government.

Not to mention that true communism has never existed because it is impossible. The closest thing you can find to true communism up-close and personal is another system found here in our land of the free and home of the brave.

Two words, worker unions! Yes. Louder for those in the back. Worker unions and labor unions of all kinds are communist ideology in action.

Simply put, the workers run the show

and have the power. Business owners and investors do not get to control the way workers work, interact, their wages, work conditions, etc.

Socialism, much like its partner in perceived crime communism, has never been truly achieved. Even the United States in all its Texas-sized claims of being capitalist and free market based has not been true across the board.

Our economy has bits and pieces of capitalism, socialism and communism. We, like young grade-schoolers on the playground, don't understand half the words we use and throw out insults we don't understand in any capacity.

That's what it's really about at the end of it all, isn't it? Hurting the other side so we can get what we want.

We aren't learning or growing as a society when we use these pathetic misunderstood jabs to cut each other down.

If we could just start learning our history and the ideas throughout that history maybe we could avoid throwing these sticks and stones long enough to agree on some things.

Rebecca Pratt
can be reached at
arg-opinion@uidaho.edu

Music created me

Even though I stopped taking piano lessons, my love for this instrument hasn't ceased

Guitars strum, pianos dance and harmonicas sing.

Oh, what a beautiful trio.

Keys unlock the great mysteries of life. Strings bend and are resilient for years if treated properly.

Musical instruments are like hearts. They play beautiful music when happy, sad or serene. Calling out to those who will listen and appreciate the sounds they make.

I play the guitar, piano and harmonica.

Admittedly, the harmonica is a strange instrument to play. My mother taught my nephew and I how to play when we were around 12 years old.

I play harmonica occasionally and find it easy and pleasurable, though it takes lungs for longer songs.

I started playing piano when I was in junior high. I received lessons after school from my pastor's wife, learning basic but necessary skills for more complex pieces.

The lessons didn't last long, but my love for piano never ceased.

I no longer play songs from books. I graduated myself from them and continue to play by ear, which I find easier, or use an online app that plays the song while showing me the correct chord to play.

I've been playing guitar since I was around seven years old. I still frequently play, though when I am away at college, my musical escapades are put on hold until I go back home.

I've memorized many songs on guitar by heart and a few on piano, which I take pride in. Even though I may not have memorized as many songs as I would like to, I feel a deep sense of accomplishment in knowing what I know.

The more I play guitar, the more my fingers gain callouses. They become tougher to the push, slide and strum of skin on steel.

I work multiple parts of my brain when playing any instrument.

According to an article by Penn Medicine, the peripheral nervous system, which controls finger movements and motor skills get used to help them work together. The brain's executive function, which makes plans and decisions also gets used to focus on what's coming up next. Your brain gets a workout of sensory input because visual, emotional and auditory get used all at once.

I find it hard to remember things more now than I used to when I was a kid.

We focus less on memorizing. Why memorize when you can pull out your phone, open your laptop or turn on your computer and find the answer?

When I take a break from technology and focus on playing an instrument, I feel myself fall into the music zone like reading a book.

Everything around me dissolves except for the music playing in my earbuds and the instrument I'm playing. I'm no longer in the present world, only living and breathing for the sound.

I feel my mind healing and improving during my solo performance. It's an amazing feeling, like being reborn.

As Albert Einstein once said, "Life without playing music is inconceivable to me. I live my daydreams in music. I see my life in terms of music, I get most joy in life out of music."

Kim Stager
can be reached at
arg-opinion@uidaho.edu
or on Twitter @journalismgoals.



Kim Stager
ARGONAUT

Card reading during quarantine

Many gained unusual hobbies this year, some card reading

I developed multiple new hobbies throughout quarantine to take advantage of my extra free time. Though some people took up embroidery, painting or graphic design, I decided to pursue the more unusual route.

Card reading is the practice of obtaining specially designed cards, either Tarot or fortune, and finding patterns in the arrangements to answer specific questions about the past, present and future. The dealer picks random cards from the deck to answer a question for themselves or a client, arranges them in order and finds the meaning behind each of them. Each card represents a word, by themselves they mean little, but when paired up next to others,

they form sentences. Hence the phrase, "reading cards."

Obtaining a deck is simple enough. They're sold in multiple stores and online. Some people are strong believers that you must be given a deck as a gift, others believe you just need a strong inclination to purchase one.

I obtained my deck from a small tourist shop near the Oregon coast. The shop was called "Femme Fatale" and was stocked to the brim with spooky collectibles, incense and crystals. The entire store felt like a museum. Feeling overwhelmed,

yet wanting to support their business, my eyes landed on a small pink book titled "Madam Titania's fortune cards & meanings."

My Catholic guilt got the best of me when I purchased it. I decide to lock it away due to extreme superstition. However,

once I decided to test it out on friends and family, I found out it's not as scary or unusual as many claim.

I understand why many are skeptical of it and I understand why there's a stigma of it involving religion, some seeing it as a way to deter from God's designated plan. Yet I think when used casually, it can be little more than a fun exercise to do with friends or a good way to work towards a goal in the future.

Many find it odd that I have the interests that I do. I'll admit it is a little strange being religious but also interested in subjects such as astrology, palmistry, and card reading. When I started to use my deck, I realized the two are better combined than separated.

When used correctly and casually, card reading can help you and others gain guidance and support during needed times. Though it may not be factual, it's a fun exercise to do with friends. It's oddly comforting to see how actions

you're unsure of could play out. However, it's important to take it lightly and not interpret the readings as absolutes. Rather, they're merely a suggestion of things to look out for or traits to recognize in yourself.

A good portion of it is self-realization and understanding yourself. This concept is familiar to me in my faith. Being taught it frequently in the church. I would argue that dealing in astrology and card reading has made me a better believer.

I believe there's a balance between certain beliefs, but that there's no harm done in experimenting and attempting to learn ideas and methods that at first, may seem strictly in opposition. The world is fluid, and sometimes to better understand it, it's useful to dabble in other beliefs and cultures, to truly find a belief system that you resonate with.

Dani Moore
can be reached at
arg-opinion@uidaho.edu



Dani Moore
ARGONAUT


KUOI FM 89.3
STREAM ONLINE
KUOI.ORG

The Asotin County Conservation District is seeking a Resource Technician to join our team

The person in this full time position will work closely with local landowners, coworkers, conservation partners, and others to develop and implement voluntary conservation plans specific to each landowner's needs and natural resource concerns. Starting compensation will be \$15.00 per hour DOQ plus a competitive benefit package.

Job description and ACCD application instructions are available on our website at www.asotincd.org

Vandal Recovery
The Latah Recovery Center is hosting a student focused recovery group.

Meetings are Mondays 1-3 PM
at 628 S. Deakin St.

If you have any questions, contact
vista.latahrecoverycenter@gmail.com



CRUMBS
Recipies and More on Page 2!

Want to be a better writer?



Do you want to improve your writing in a professional work environment? Join the Argonaut family with opportunities for feature writing, event coverage and much more!

Apply online at
argonaut@uidaho.edu



*** IN PERSON MARKET *
SATURDAY MARCH 6**

10am to 2pm

At-risk from 9 to 10am

For community safety,
masks are required

1912 Center

412 E Third St, Moscow

1912Center.org

WINTER MARKET

@VANDALNATION