

Bonn, 10, 4420 CHAJCOLAB LEADERSHOP LABORAJORY PHILUSOPHY

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(HAT CULAB LEADERSHIP LABORAT CRY is designed as a stimulating experience for people who are interested in recreation.

THE LAB IS GROUP LINING in which there is an exchange of ideas and techniques in the field of recreation.

THE LAB IS A RETREAT FROM DADLY ROLTINE Group unity grows as individuals develop together in work and play.

MAJUR EMPHASIS IS PLACED UN JUS IN FELLUNSHIP.

NEW KNUWLEDGE AND ABOLITIES

gained through the sharing of creative activities lead to mental, emotional and spiritual growth.

AS A RESULT OF LAB EXPERIENCE individuals recognize opportunities for good living ..... BY SHARING UNE'S SELF FREELY!

De THE SPIRIT

PHILOSOPHY

KNOWLEDGE



THIS NOTEBUCK is the outcome of

one week of sharing experiences. The material was gathered, typed, mimeographed, and assembled during the camp.

These Western Leaders agreed that: This should be a sharing camp, with no distinctions of leaders from campers or pupils from teachers.

This should be a fellowship separated from any sponsoring institution and self perpetuating by some process of democracy.

Goals must be for the enrichment of all life and not merely to add skills and information to already busy folk.

Recreation Laboratory would invite attendance from diverse vocations and never seek uniformity for its campers.

Those who gather here assume cooperation in complete sharing as a way of life.

Now you are a part of Chatcolab.

This is notebook number 25

It is a record of a precious week together. WITH TRUE APPRECIATION we dedicate it TO ALL THOSE WHO HAVE HERE ENRICHED AIR LIVES.

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### 1 9 7 3 COMMITTEE

May 13-19, 1973

Chairman V. Chairman Secretary Treasurer Assistant Treasurer		Alice Berner Betsy Jozovich Leila Steckelberg Marge Grier Robert (Beaz) Beazley Brad Bradley Bruce Elm Jerry Kimes Diana MacRae Charles Voss Dwight Wales	1973 1973 1974 Honorary 1975 1975 1975 1975 1974 1973 1974 Honorary
School Representatives	100-	Hart Wilson Howie Low	1973
		Bruce Green	1973
		Joan Smith Angelo Rovetto Vernon Burlison Betsy Jozovich, Brad Brad Bruce Green, Joan Smith Dwight Wales Leila Steckelberg	iley,
THE 197	4 BC	ARD MEMBERS	
Chairman V. Chairman & Publicity		Brad Bradley Robert (Beaz) Beazley	1975 1975
Secretary Treasurer Assistant Treasurer		Leila Steckelberg Marge Grier Cy Corlett Bruce Elm Jim Martin Jerry Kimes Charles Voss Lawrence Yee	1974 Honorary 1976 1975 1976 1974 1974 1976
Alternates	Lst	Dwight Wales Sonya Watts Bill Headrick	Honorary
	3rd	Al Harmon Vernon Burlison Dwight Wales Leila Steckelberg	

These people were asked in these specific Many labber. Contributed resources in Countless ways !! Thank you all ??

Philosophy of Leadership Crafts

Dance, Games Chat Chat Editor & Tormentor Notebook Editor "Couldn't do without", notebook helper Super duper typists Bruce Elm Dwight Wales Leila Stecke Geneva Paroz Debby Lovel

Mimeograph Operator Illustrators & Helpers

Kitchen Facilitator Asst. Kitchn Facilitator Cooks Don Clayton Mary Fran Bunning Anderson Jean Baringer Chuck Voss Billie Marie Studer Helen Moore Diana MacRae Doc Rock Stephens Bruce Elm Dwight Wales Leila Steckelberg

Geneva Paroz Debby Lovel Norma Dobler Dwight Wales Meg Bradley Dick Headrick Richard Green Sydne Ward Marge Grier Geneva Paroz Genie Townsend,J Ethyl Fox Richard Green, S Bradley

Laurel Mulder Velma Stephens Billie Marie S. Cathy Yee

Genie Townsend, Joan Smith Ethyl Fox Richard Green, Sydne Ward, Meg

K.P.s

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K.P.S

## THOUGHTS FROM THE CHAIRMAN .....

As I sit under the trees on this beautiful day, my head is swimming with thoughts and emotions. The problem now is to put them into words with the same feeling.

Its been an honor and pleasure to serve as your Chairman. Chat '73 has been one of those indescribable experiences that one does not soon or perhaps ever forget. I find myself in this position.

This past week reminds me of the story of the flower. Each of us may be likened to a flower.

And just as flowers of the same species are different; so, too, are we all individuals, different from one another.

From the moment we are conceived, we begin to grow and should continue to do so until physical death. Growing is learning--acquiring knowledge, developing understanding, achieving compassion--and we should be doing it all of the time.

But for one reason or another, we sometimes may stop growing. Something that happens to us, a situation we have to face, or someone whom we encounter dauses us to go into a shell. We then become like the popular song says: "I am a rock, I am an island" because we build fences, erect barriers, wear masks (in a metaphorical sense) that are meant to protect the real person inside; but the world is shut out when we do this. Or perhaps we know of a person who thinks he has learned everything--has reached the zenith of personal growth.

Chatcolab seems to be the kind of a place where we can pause to look at ourselves, measure our growth and decide what we will do in the future. My hope is that it was such a resting place.

Everyone who has attended Chatcolab knows the true and deeper meaning of the beautiful quote:

"There is a touch of two hands that foils all dictionaries." So to all of you, thank you for this week and its been great!

Betsy

Love "N" Prayers,

#### THE CRITIC

A little seed lay on the ground And soon began to sprout. "Now which of all the flowers around," It mused, "shall I come out?" "The lily's face is fair and proud, But just a trifle cold; The rose, I think, is rather loud, And then, its fashion's old. The violet is all very well, But not a flower I'd choose; Nor yet the Canterbury Bell-----I never cared for blues." And so it critized each flower, This supercillious seed, Until it woke one summer's hour And found itself ---- a weed!!!!

# The Editor has the East Word

Our week here is rapidly drawing to a close. To me, this week has been a miracle--the best lab I have ever attended! There has been more love, respect, trust, fun, and many other things exhibited here than I've ever experienced. before in my life.

"Because We Care", our theme for the week, couldn't have been more appropriate or more fully developed. It has been a beautiful thing to see and to experience. Thank you all for coming and being <u>you</u>! If every one of you had not come to Chat this year, this wonderful week could not have happened!!

Just as all of you made the week happen, all of you have helped make this notebook a reality. May all who use this book enjoy it as much as we have enjoyed doing it with and for you. It is a book never to be duplicated any other time or place, for it is the record of some of the experiences and learnings ocurring here. I hope it will help recall many happy memories!

> "And though I have no gold to give, And only love must make amends, My only hope is while I live God make me worthy of my friends."

> > The Fabric of Life

The fabric of life is not woven Of only the bright strands and gay For now and then mixed with the golden They find just a few strands of gray! And as they blend into the pattern They add depth and help make more clear The lovely design in life's fabric That all of us weave, year by year.

#### IN MEMORIAM

Realizing that LOVE has no end but that mortality does, we find ourselves wishing to perpetuate the memory of former Chatcolabbers or their loved ones in a living lingering way. If you remember some of these people and think that helping toward a scholarship to Chatcolab would be a fitting way to express the love you still feel, you are invited to place a contribution in a container in the notebook room. The directors of Chat will choose a school aged person whom they feel will benefit from financial aid in attending lab, and if this can continue from year to year all of us will feel enriched.

> "Here in our hearts a light does shine That is not yours alone nor mine; But held in trust for all of time That everywhere this light may shine.

#### IN MEMORY OF

#### PRUDENCE BURLISON

#### BORN May 3, 1915

#### PASSED AWAY December 13, 1972

How can I put more than 30 years of sharing into one short tribute? Prudie Burlison was a friend -- perhaps no more than that need be said, but many volumes would be required to tell of the fruits of her friendships.

The lines of a poem go something lik e"I love you, not only for what you are, but for what I am when I am with you." Prudie was an inspiration to all: her quiet "Of course you can do it!" sent many a student on to achieve "impossible" goals.

In spite of physical handicaps Prudie gave herself in unselfish devotion to others. Typically, that day last fall when she was wrestling with a life-and-death decision (whether to let the struggle for life end swiftly or whether to enter the hospital and fight for a brief reprieve on a kidney machine), Prudie took time out to help a little neighbor girl prepare her 4-H demonstration for district competition.

Prudie's friendship circle encompassed the whole world as, through the years, many foreign students returned to their native lands with fond memories of the kind lady in Moscow who mothered them through their years at the University of Idaho.

As a mother Prudie gave her all in loving care and wise guidance. As a church worker she made christianity become a reality for many young people and she was a leader among the adults. As a professional she was a master teacher first in elementary school and later as an English instructor at the University. Many a student rated her "tops". Prudie Burlison's love and concern included people everywhere. The world has lost a precious friend.

#### Norma Dobler

For me the memory of a loving, gentle woman. She had depth of feeling, seeing and understanding. She gave of herself so many ways to so many people. One could feel her love of husband, family and the students she touched and strengthened. I remember special sharings with Prudie during little Chat at Irondyke walking, talking and feeling the reality of that day, that time, that moment. That's a long time ago, but a time I shall always keep in memory. Another in Devaki Uthurusamy. Deva came to Chat a girl from India who came into the loving, sharing of CHAT so full: and gave herself to all of us because of Prudie and Vern. These thoughts interwoven with all the pieces and parts of memory stand out, but there was so much more. Mostly her gentle loving ways will stand as a tribute to Frudie.

#### Elaine Rovetto

I am sure that Prudie would not have counted me as one of her close friends -- still, our occasional encounters in Moscow were pleasant and meaningful. Although I knew that her health was fragile and she was working too hard; I also knew that she would insiston preparing at least one meal for the Chat Board when I was planning each Year's November planning session. Many young people will remember her guidance and example in church and 4-H groups. I was more fascinated by her deep, personal concern for the welfare of each of the foreign students enrolled at the University of Idahol In October I had my last telephone visit with her when she called to invite our young Vietnamese friend to an international get-together. Even as her own life ebbed out, she used her fleeting strength to make happier the life of another. This is the way I will remember Prudie.

Velma Stephens

Prudie was an inspiration to everyone who knew her. She faced tremendous difficulties through the last years of her life as health problems affected her endeavors. However, she returned to the University, obtained her masters' degree and taught English for several years. My son, Steve, had her for classes and said she was the best English teacher he had ever had.

I knew her as a gracious hostess, always anxious to please her guests but in such a relaxed way. Often she had the Chat group in her home during the board meetings in Moscow. Always, there was a delicious meal, good conversation and a friendly atmosphere.

She was a true friend to many foreign students in Moscow. Prudie had no race prejudice -- Indian students, Vietnamese students -anyone who was far away from home and family were the concern of Prudie Burlison.

I would like to quote from Wordsworth, but I do not mean to infer

that Prudie's service was "small". Probably it was a series of "small" services that made her life and her example GREAT because Prudie knew no one too unimportant to help, when they needed help.

> "Small service is true service while it lasts; Of friends, however humble, scorn not one; The daisy, by the shadow that it casts, Protects the lingering dewdrop from the sun."

#### Maurine Bell

"If a child is to keep alive his inborn sense of wonder .... he needs the companionship of at least one adult who can share it, rediscovering with him the joy, excitement, and mystery of the world we live in."

Rachel Carson

The above words are to me a description of Prudie and her relationship with her own children and grandchildren and those children of others with whom she associated and especially the Foreign students whom she taught, mothered, and befriended.

Our ten plus years of steadfast friendship -- with its loving, caring, and sharing -- the trips, books, discussions are and will stay a part of me. Thanks God for sharing with us such a beautiful person.

> How can words convey The feelings of my heart? Thinking of a friend Long of my life a part. Who has passed away During this past year Memories are clear And she remains dear.

#### Miriam Beasley

Prudie was one of the sweetest and gentlest people I have ever known. Though she was never a registered labber, she came for the final celebration every year and was hostess to the board for at least one meal every fall. We all came to love and cherish her. She will be deeply missed!

Leila Steckleberg

To hear of the death of a friend brings a small gasp. "Oh! Life is finite. My friend is gone. Our relationship can no longer grow." For this moment I accept my finiteness.

Specific memories of the deceased go through my mind, I choose intentionally or otherwise the memories I want to keep. Before long my thoughts move from my own personal thoughts of finiteness and personal loss to the loss to the family, the loss of potential of the departed and fantasies of thoughts unspoken and things that were left undone.

Sometimes my thoughts move on to the challenge to use my potential, to accept and to share my sadness, to reach out to the living.

Ann Beasley

#### OF PRUDY --

She was one who knew how to be strong and true; to be generous in praise and appreciation of others; to impute worthy motives to all she met; to give without expectation of return; to make the best use of time and opportunity; to keep the mind pure and the jugement charitable; to extend sympathy to those in distress; to cultivate quietness, to seek truth and righteousness, to work, love, pray and serve daily, to aspire greatly, labor cheerfully, and take God at His word.

#### IN MEMORY OF ROGER SMITH

About Roger Smith -- these are recollections by some who knew him: "Roge" he was called.

A lean, wiry man, filled with boundless energy, Ouiet, honest, stable, willing to help others. His emotions ran deep but were not always visible. His work would become almost an obsession, Driving him to long extra hours on the job. No matter whether it be ranch work, Bronco busting, running a pack string, Operating a radar post in Japan (With such efficiency that won for him A citation of merit), driving a truck, Or operating his own trucking business. His main concern was his family's welfare. Some of the things he enjoyed were: The outdoors, especially the forest, Exploring woods trails with a good companion Talking with close friends, doing even Things unenjoyable for him to help those he loved. He liked to cook, especially breakfast. He delighted in working with horses. And he derived pleasure from the work Necessary to keep his trucks in good running order, Especially when his wife, Joan, stood by assistant.

Roge departed this life January 5, 1973. Memories of him will long persist.

Cachoeiro de Itapemirim

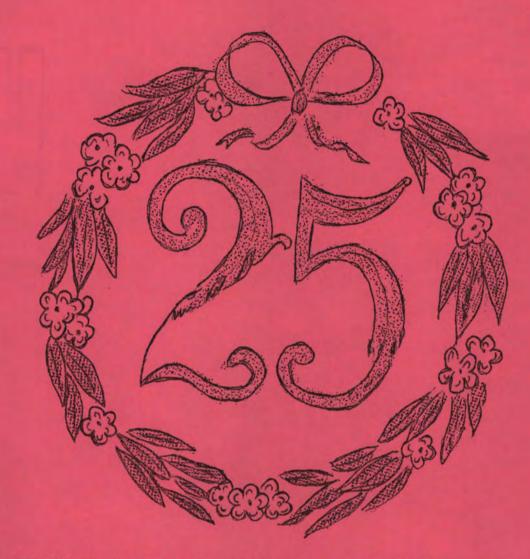
Aquèle abraço queridos Chacolabers (My embrace to'you Dear Chatcolabbers)

I live in Cachoeiro de Itapemirim, that is situated about 7 hours drive north from Rio deJaneiro. Cachoeiro has 100,000 inhabitants. It is not an industrial center, but the economy is based on cement, shoes, clothes, marble, buses, factories, and so on. I'm the youngest of my family. My father works as a manager of a Hospital Construction. My mother used to be a teacher. I worked as a volunteer in the "CEMIC" (Center of Study of Minors and Integration to the Community). We've found that the orphans had all the material things that they need, but more than that they need lowe. My friends and I used to spend time with them, playing, talking and being their big brothers and sisters. We also help a poor community to have better recreation. We have 12 years of High School, but there are some differences in the system. Like in my High School the students who change classrooms -- instead the teacher. We have a lot of School dances, and thy don't start before 11 o' clock and they last till 4 a.m. if it is a regular dance. During the "Carnival" that is a traditional 3 day holiday, there are dances all over during the three nights and they last longer. After the dance, if you liver on the coast, the bands come playing from the c clubs followed by the people to the beaches where underneath the beautiful sun rise, we dance on the beaches and finish by swimming. The most popular sport is soccer, followed by basketball, handball, swimming, volleyball, etc. We do have leadership workshops in Brazil as well as Boy Scouts and Camp Fire girls. I've been to several leadership workshops, either in Brazil and the

USA, but Chatcolab is the greatest I've been to. Auêle abraço queridos Chacolabers (My embrace to you, Dear

Chatcolabbers), and thank you for sharing so much love with me.

Love,



CHATCOLAB, Heyburn Youth Camp Rt. 1, Box 114 Plummer, Idaho 83851

#### Camp Phone Number 208-6862815

### Name, Address, Phone

#### Interests

#### Occupation

Anderson, Mary Fran Bunning (19) "The world is so full of a 3618 Parkmoore Village Dr. Apt.E number of things" I love them Colorado Springs, CO 80907 all. 303-59704988

Baringer, Jean (Stephens) (7) Jayceens, crafts, Mother & child develop- wife Box 1489 Conrad, Montana 59425 406-278-7716

Beasley, Ann (4) 3328 SW 12th Portland, OR 97201 223-5238

child develop- wife ment, Chat!

People, garden- Probation ing, art, swim- Officer ming, outdoors (temp.)

Name, Address, Phone	Interests	Occupation
Beasley, Chris (2) 6231 22nd N.E. Seattle, WA 98115 206-523-1876	Children & all people	Caring
Beasley, Jim (11) 14515 S. Clackamus River Dr. Oregon City, OR 97045 503-656-5027	Church, Golf	Teamster
Beasley, John (1) 14515 S. Clackamus River Dr. Oregon City, OR 97045 503-656-5027	Children	Student
Beasley, Miriam (8) 14515 S. Clackamus River Dr. Oregon City, OR 97045 503-656-5027	Grandsons, people, camp	Mother-wife & Teacher
Beasley, Robert (Beaz) (3) 6231 22nd N.E. Seattle, WA 98115 206-LA3-1876	People, loving, caring & sharing	
Bell, Maurine (4) 1457 Alpowa Msocow, ID 83843 208-882-5920	Skiing, reading, people & honky tonk piano dancing	
Bradley, Brad (2) 9929 12th Ave. S. Apt El Seattle, WA 98108 503-762-6083 or 5165	Climbing, back- packing, people, ski touring	Guide
Bradley, Margaret (1) 9929 12th Ave. S. Apt #E1 Seattle, WA 98108 503-762-6083 or 5165		worker,
Bradley, Meg (1) 9929 12th Ave. S. Apt #El Seattle, WA 98108 503-762-6083 or 5165		Student for N.W. Guide Ser-
Broehl, Diane (1) 6608 S.E. Queen Rd Milwaukee, OR 97222 503-654-5360		Title Ex- aminer
Burda, Mimi (1) 18316 N.E. 50bAve. Vancouver, WA 98665 206-695-8462	Scouts, books, ecology	Lother & wife

10	Name, Address, Phone	Interests	Occupation
1	Burlison, Vernon (20) 509 N. Lincoln 704 N. Moscow, ID 83843 208-882-3891 Office 885-6356	Reading, hiking, hunting, fishing, people & how they get along w/each other.	
1	Butcher, Lonnie (1) 302 4th St. S.W. Great Falls, MT 59404 406-761-8350	Swimming, teaching, skiing	Dish wash- er, student
4	Clayton, Donald (23) 359 Oakwood St. Park Forest, IL 60466 Home-312-747-2249 Office-312-964-3100	People, Singing, camping, travel	Teacher
	Corlett, Cy C.(2) 102 American Ave. Great Falls, MT 59401 406-454-3507	People, outdoors, music	County Agent
	Dobler, Norma (5) 1401 Alpowa Moscow, ID 83843 208-882-3318	Hiking, prof. vol.	Secretary
	DuBois, Marianne (L) 903 W. Ross Rd. El Centro, CA 92243 714-352-4604	Singing, loving, living, JOY! outdoors, too!	Student
5	Elm, Bruce (6) 635 W. 980 N. Provo, UT 84601 807-373-3760	Canoeing, hiking, bird study, motor- P cycling, dancing	
	Eve, Kay (1) 1620 5th Ave. North Great Falls, MT 59401 406-453-0422	Hiking, camping, Tennis, astrology	Student
	Fox, Ethel (5) Rt. 1, Box 566 B-27 Boring, OR 97009 663-5150	Camping, hiking, reading, 4-H	Housewife
	Finnegan, Joyce (Scooter) (1) 15714 10th South Seattle, WA 98148 206-246-7049	People, backpack- ing, hiking.	Profes- sional Scout
	Foy, Lynne (1) 3139 S. Stage Rd. Medford, OR 97501 503-773-4832	Backpacking, Horses, loving people	Student



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C	Name, Address, Phone	The	
/		Interests	Occupation
, 7	Green, Bruce (2) 1296 Chase Eugene, OR 97402 503-688-3120	Carpentry, teaching	Building a tuna boat
B	Creen (Beers), Sharon E.(1) Same address above.	water frogs, arts	teacher in elementary school
1 and	Green, Richard (1) 672 Ewald S.E. Salem, OR 97302 503-364-3920		Gold smith
H	Grier, James E. (3) N. 1108 Oberlin Rd. Spokane, WA 99206 926-8395	Marge	Retired
t	Grier, Marjorie M.(24) N. 1108 Oberlin Rd. Spokane, WA 99206 926-8395	Travel, rockhound	housewife
H	Gooderham, Deanna (1) Rt. 2, Box 102 Corning, CA 96021 916-824-5913	4-H, Girl Scouts Outdoor cooking	Waitress
	Hall, Lydia (1) 320 N. Jackson Moscow, ID 83843 208-882-0704	Dancing, parties	Beautician
	Harmon, Big Al (1) 1530 Chemeketa St. N.E. Salem, OR 97301 503-581-4570	Music, Kids, outdoors	Teacher
-	Headrick, Bill (8) Rt. 1, Box 352 Beavercreek, OR 97004 503-632-3188	Fishing, outdoor recreation, 4-H	Deputy sheriff
	Headrick, Dick (1) Same address as above	Backpacking, fishing, ham radio	Student
	Hooker, Julie (1) 134 14th Ave. South Great Falls, MT 59401 406-761-0659	Painting, Tennis, people sion care	al child-
	Hungerford, Eric (1) 16333 S.E. Dagmar Milwaukee, OR 97222 503-654-5810	Skiing, tennis, swimming, reading, singing	Student

#### Name, Address, Phone Occupation Interests Hungerford, John (2) Track, 4-H, money, Student reading, goofing 16333 S.E.Dagmar Milwaukee, OR 97222 off 503-654-5810 Director of Singing, recrea-Johnson, Gloria (8) tion, people, group Resident c/o Housing Office S.O.C. stuff, horses, tennis Hall Pro-Ashland, OR 97520 482-3934 (Home) 482-6371 (Office) anyting that turns me on. gram Student Johnson, Keith (2) 4-H, Hunting, 2313 3rd Ave. S. fishing, conser-Great Falls, MT 59405 vation 406-452-6039 4-H camp, arts Mother, Johnson, Maryanna (1) & crafts homemaker, 17850 Cornell Place 4-H ext. Gladstone, OR 97027 aide 503-656-3333 4-H, hiking & Student Johnston, Doreen (1) 5150 Brownsboro Hi'way horses, swimming Eagle Point, OR 97524 Homemaker Recreation, cro-Jozovich, Betsy A. (5) cheting, working -Mother-Box 187 w/young people Wise River, MT 59762 406-839-2138 Kauffman, Greg (1) 15264 S. Carus Road Politics Student Oregon City, OR 97045 Jewelry, crafts, Kimmell, Laurie (1) Student 5843 Monroe St. (S.E.) Milwaukie, OR 97222 Clerical aide people 654-6311 Skiing, horses, Legal Lovel, Debby (3) 815 West A travel, people secretary Moscow, ID 83843 208-882-2478 Motorcycles, ro-Leather Low, Howie (3) Rt. 2 South tooler, deos, guitars, Great Falls, MT 59405 leather tooling ranch helper 406-454-1282 Motorcy. racing, Student Luru, Tony (2) traveling, fores-

try, music, drama

509 22nd Ave. N.E. Great Falls, NT 59404 406-453-2881

#### Name, Address, Phone

MacRae, Diana (7) P.O. Box 212 Santa Rosa, CA 95404

Martin, James H. (1) 7502 E. Evans Creek Rd. Rogue River, OR 97537

Loore, Helen W. (5) Box 731 Soap Lake, WA 98851 246-6391

Mulder, Laurel (1) 406 Riverview Ave. Selah, WA 98942 509-697-7940

Murphy, Chloe (1) 102 American Ave. Great Falls, MT 59401 406-454-3507

McIntyre, Lisa J. (1) 9304 Menlo College Menlo Park, CA 94025 206-422-6121

McLean, Jim M. (1) Star Route, Box 42 Brady, MT 59416 627-3243

McLean, Jack (1) Same address as above 624-3243

Paroz, Geneva (3) Rt. 1, Syringa Mobil Park Moscow, ID 83843 208-882-2170

Patterson, Mark (2) 1745 Proctor Dr. Santa Rosa, CA 95404 707-545-8974

Richardson, Daphne (1) 12006 S.E. Juniper Ave. Milwaukie, OR 97222

Riste, Donald E. 1103 Lake Washington Blvd. Seattle, WA 98122

#### Interests

#### Occupation

Teaching crafts w/ Indian book meanings, religions dealer

Teaching outdoor Rancher & ed., camping, hiking Bus Driver

People, arts & crafts & camp Fire Girls

4-H, psycology, fishing, homemaking, hiking, camping, my job

Director of Senior Center & Secr. of C. of C.

> Field w worker for special projects for the Handicapped Teacher

Camp Fire Girls, Student camping, scuba diving

4-H. Conserva-Student tion. Music

4-H, singing & Student piano, horticulture

Dancing, helping people in many different ways

County heart chairman

Student

Music, backpack- Student ing, listening, Temp. unempld!'s sharing & everything else

Backpacking, bugling, friends, singing

Singing, oriental Retired philoso., sharing from Voc Rehat Counsl. for the Blind.

Name, Address, Phone	Interests	<u>Occupation</u>
Roche, Cheryl (3) Rt. 1, Box 190 E. Arlington, WA 98223	Music, painting drawing, leather and people	Student, custodial aide
Rosa, Lutero O. (1) Rt. 4, Box 337 Moscow, ID 83843 208-882-0445 (I will be leav in Julynew address) Anacleto Ramos, 55 29300-C. Itapemirim	swimming, camping F:	American ield Service Student
E.S. BRAZIL phone-3134 Rovetto, Angelo (13) 2704 Butterfield Road Yakima, WA 98901 509-453-2339	Travel, people, customs	Business- man
Rovetto, Elaine (13) Same address as above	People, 4-H, handicrafting	wife & mother
Rowen, Kathleen Rt. 1, Box 117 Gerber, CA 96035 916-385-1590	Many and varied	Dairyman's wife & helper
Schuld, Betty (1) 5603 S.E. Aldercrest Milwaukee, OR 97222 503-654-3608	4-H, people, out- door activities	wife, mo- ther
Schwartz, Nancy (2) 5720 Harlene Dr. Milwaukee, OR 97222 503-654-7593	People	Wife, mother, nurse
Schwartz, Philip (1) Same address as above	People, athletics, academics	Son, stu- dent
Smith, Joan (6) Rt. 4 W. Riverside Missoula, MT 59801 503-258-6226		Trying to t like a man being
Steckelberg, Leila (21) Rt. 5, Box 452 Arlington, WA 98223 206-435-3075 (Summer June 24-Aug. 14 the Camp Kirby, Rt. 1 Bow, WA 98232 (Office) 206-733-5710	Family, people, folk & square dan- cing, crafts, rock- hounding, camping following address)	
Stephens, Clarence (7) 204-28th St. N. Great Falls, MT 59401 406-452-1427	People, wood work- ing, old cars	Dentist



	Name, Address, Phone	Interests	Occuparion
	Stephens, LaRele (Doc) (18) 620 Ridge Road Moscow, ID 83843 208-822-4985	People, Ecology, rocks, wood	Physician
	Stephens, Lois (5) 204-28 St. No. Great Falls, NT 59401 406-452-1427	People, dis- cussions, crafts, recreation + 3 grandchildren	County HEC agent
	Stephens, Velma (6) 620 Ridge Road Moscow, ID 83843 208-882-4985	people r	wife, nother, ndmother
	Stephens, Renee' (1) 925 N. Modoc Medford, OR 97501 773-1555	Outdoors, people	Student
×	Studer, Billie Marie (9) 5512 Canfield Pl. N. Seattle, WA 98103 206-ME 26106 or 442-4579	Campfire-Crea- tive Arts-hiking backpacking, yoga ski touring	Fed. clerk typist
	Townsend, Genie (12) Rt. 3, Box 1030 Gresham, OR 97030 665-5876	Wild Flowers, Hunting, 4-H	Housewife 4-H judge —
<	Voss, Chuck (6) 8615 W. 32nd Tacoma, WA 98466 206-L04-9282	Leathercraft, fish- ing, golf, crisis interv. wlunteer service	
×	Wales, Dwight (15) Rt. 4, Box 286 Arlington, WA 98223 206-435-3865	Chat, 4-H, Camp Fire gi	Retired rl caller
	Ward, Wydne (2) 2421 6th Ave. S. Great Falls, MT 59405	Horses, people, outdoors, swim- par ming	Student, t-time sales clerk
	Watson, R.J. (1) 19900 S. Rd. Meyers Oregon City, OR 97045 503-655-2387	Young people, music, the Arts, sharing, 4-H	Student
<	Watts, Sonya (1) 1423 Jackson Walla Walla, WA 99362 509-529-1635	People, philoso- phy, nature & In- dian lore, bird watching, people watching therapy	Profession- al volun- teer Camp Fire Girls Social Wash. St. Pen.

	Name, Address, Phone	Interests	Occupation
	Wermling, Sherry (1) 3516 lst Ave. South Great Falls, NT 59401 453-3941	Meeting everyone & anything outdoors	
	Whalen, Peggy (1) 2601 3rd Ave. N. Great Falls, NT 59401	Sports, nature, people	Student
	White, Stewart E. (2) Rt. 2, Box 600 Boring, OR 97009	Anything, every- thing; anyone, ev- eryone, the world	Student
	Wilson, Amy (1) 2111 Hi'way 234 Eagle Point, OR 97524	& you!! Music, Hiking, piano, counseling swimming	Student
	Wilson, Hart (1) 2111 Hi'way 234 Eagle Point, OR 97524 826-2414	4-H, phtogr., swimming, making friends	Student
	Wilson, Nell (1) Rt. 3 Box 261 Molalla, OR 97038 503-651-2247	Fishing, Swim- ming, singing, meeting people	Student
	Yee, Lawrence (1) P.O. Box 241 Butte Falls, OR 97522	Outdoor Ed., Ecology, People	Mill worker forester camp di- rector
	Yee, Kathleen (1) Same address as above	Crafts, songs, new ideas for working with and exciting kids!	Vista volunteer
(#)	Yeoman, Sue 6500bHiway 66 Ashland, OR 97520 482-3606 Years attended Cha	Outdoors, people, hiking, spots hi	Student Camp & king couns.



Jim Grier Jim Beasley Keith Johnson Mark Patterson Marianne DuBois Betsy Jozavich Bruce Elm Billie Marie Studer Scoote Finnegan Angelo Rovetto LaRele Stephens Sydne Ward Brad Bradley Sharon Beers-Green Peggy Whalen Julie Hooker

STRAIGHT

#### ROW 3

James Martin Lynne Foy Jack McLean Larry Yee Kathy Yee Kathleen Rowen Diane Broehl Little Bill Headrick Laurei Mulder Elaine Rovetto Vernon Burlison Joan Smith Diana MacRae Chuck Voss Margaret Bradley Ethyl Fox Helen Moore

#### ROW 4

Miriam Beasley Don Clayton Chris Beasley Phil Schwartz Betty Schuld Sherry Wermling Lisa McIntyre Eric Hungerford Debby Lovel Meg Bradley Richard Green Dick Heacrick Maryanna Johnson Lutero Rosa Sue Yeoman Hart Wilson Geneva Paroz

#### ROW 5

ROW

Don Riste Mimi Burda N NII

Amy Wilson

Beaz Beasley

Cheryl Roche

Nell Wilson

Sonja Watts

Bruce Green

Marge Grier

Renee Stephens

Velma Stephens

Daphne Richardson

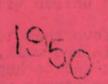
Clarence Stephens

Deanna Gooderham

Jean Stephens Baringer

Leila Steckelberg R. Jay Watson Greg Kauffman Stew "Bird" White "Big Al" Harmon Laurie Kimmell John Beasley John Hungerford Dwight Wales Kay Eve Howie Low Cy Corlett Tony Luru Nancy Schwartz Lon Butcher Maurine Bell Doreen Johnston Genie Townsend

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# CORRIDOR OF NATIONS

NO particular theme was stated at the front of the book, but one of the main ceremony themes was PIONEERS to the West, so we borrowed that name for this year.

1950

(103)Labbers registered, 21 resource people offered Camp craft, Leather and metal, Music, Indian Lore Dancing, Photography, Games, Program Planning Aluminum etching, Creative Painting, 2 cooks and 2 stenos did the hard work, wwhile the rest had FUN.

#### CAMP CREED

I believe in the wonder of the out-of-doors. In the inspiration of the star, And in the allurements of life in the open.

I believe in the strength of the hills, in the silence of the night, and in the music of the birds and trees.

I believe also, that my body was made for action. That my mind was made for thinking, And that my heart was made for loving, In unison with the life in nature.

I believe that to laugh and sing, To swim and walk, to sudy and play To eat and be happy, to be kind and free, To grow strong and good is my God given right.

I believe, too, that to be happy I must be good, That to be worthy, I must be kind, That to be loved, I must think love.

II

A camp gives freedom which is a vacation. It offers the best natural environment in which to give us guidance. We are away from daily routine. We respond more naturally to situations. A camp is a self-governing body. This adds to the free spirit as do the wholesome programs, flay, hikes, crafts, vespers, campfires, and all the surrounding scenic beauty. Camps are filled with rich experiences for everyone.

#### III

Life is sweet just because of the friends we have made, And the things which in common we share; So we ought to live on--not because of ourselves--But because of the people who care. It's the living and doing for somebody else, On that, all life's splendor depends: And the joy of this world when you've summed it all up, May be found in MAKING FRIENDS!!!

#### The Permanent Vioneer People

Sunday evening, by a fantastic stroke of luck, the Prioneer People got together and really hit it off. In this group we had Bob and Chris Beasley from Seattle Washington, (by way of Oregon City), Kay Eve, from <u>Great</u> Falls, Jontana, Sonya Watts, from Walla Walla Washington, Laurie Kimmel from Milwaukee Oregon, Liza McIntyre, from Menlo Park, California (by way of Sedro Mooley Washington, and Hell Wilson, from Ashland Oregon, (by way of Molalla Oregon).

Sunday night, the "Temporary" Pioneer People sang "The Wife of a Pioneer" covering gallantly for fearless leader Beaz, who blew it royally.

Vednesday morning, after a fabulous fish fry, (who caught all those trout, anyway?) the Pioneer People entertained the labbers, radio style. KRAP -- that's the one??

Thursday at noon, the Pioneer People decided to have a pionic in the middle of the lake. Unfortunately, the wind rose up, and started blowing our group out into the middle of the lake. After a lot of rowing, and a few choice words, Bob courageously brought our little group back to the nearest shore. Then fearless leader, Bob towed us a mile back to the dock, his red legs shining all the way. So much for the p ioneer spirit, eh chicken legs?

The permanent Pioneer People presented a Friday party to end all parties. It stretched from the lake to Indian Cliffs, volley ball courts and various areas in between. Unfortunately due to darkness and a late dinner the volleyball tournament championship game was postponed till Saturday morning and the do-it- your-own-way party was shorter than anticipated.

Friday night for the ceremonial, the Pioneer People led the camp fire, sang songs while everyone gave them special friend a hand crafted luck stick, highlighted by a special emotional presentation and explanation of the luck stick by Jim Martin to the F President of the High Country Club, Sue Yeoman.

The growth of the Permanent Pioneer People was a week long evolving process. After planning for the first half of our experience, we noticed a definite lack of interest from a group stand point in reference to the rest of the group week. The cure we found for this dilemma was to simply cancel Friday on Thursday which finally really got us together. We may have bloomed a little late, but ended on a beautiful relaxed caring atmosphere. Thank you LAB for being so fantastic!!!



1111122 When 7 persons gathered 6 from the bade state and county for their 1st CHATCOLAB experience there was no altermative but to call them the NEOPHYTES.First thought was to dissolve the group each individual merging with another because we were all new. We thought it good to have a few old ideas mixed 1-) with the new. However, we really didn't wish to disband because we though we could work well together. The WICOS, a more experienced group of people asked us if we would like to combine, so we did. With 3 kBeasleys now in our group, we did feel this a bit selfish...so we SHARED by keeping Mama 8 and kicked out the other two. Next order of business was to :.. change our name ... so in combining initials from each state we added Montana becoming thus the WICOMS. Out interlocking symbol the interlocking s SEXAGONS has one side for each group. The group has had some delightful leadership experiences atready so our endeavors in co-operation have paid off for each person involved herein. MARYANNA JOHNSON MEG BRADLEY JACK MELEAN, GREG KAUFFMAN, AN HARMON, RICHARD GREEN, HELEN MODRE, CHUCK VOSS, JIM and MIRIAM BEASLEY, KATHLEEN ROWEN, BILLIE MARIE STUDER and GENEVA PAROZ. Became the WICO family derived from initials of four states represented .Each had chosen #7 on the"triple choice" sheet. (To be alive from year to year, One returns to those who are dear. Since Chatcolab can really fill MY cup, MY plea continues: Please fill "er up!!) When we met we were not neccessarily dissippointed in our companions but felt a need for communion with the younger members and were overjoyed when they approached us suggesting a merger. Our mutual interaction was beautifully stimulating and we have enjoyed remarkable and joyful companionship throughout this busy week and consider that we all have contributed to our own group as well as gaining much from varied camp activities that allowed us to each do our own thing. Having chosen a septagon for our symbol for 7 persons it was easy to adjust when we lost 1 and gained 6 to change to SEXAGON and join/

The symbols. With Montana now

#### WICOM PERSONAL GROUP EVALUATIONS OF THEIR CHATCOLAB RECREATION LEADERSHIP LABORATORY EXPERIENCE

My family consisted of familiar faces and reunions were joyful, but I missed the challenge of adjusting to fresh personalities, so I was enthused when younger folks decided they too would enjoy sharing themselves with us. We've had delightful planning sessions with spontanaity bubbling over and exciting results which have frequently differed from our original conception of events so there were "surprising" successes. Pulling together was easy and assignments were graciously coordinated by Miriam 8. and Chief Greg...Thank GKoodness!!! I have loved every moment of sharing with my <u>Dizzy Dozen</u>. Bless them all for helping me to achieve a "HIGH" this fabulous week Billie Marie Studer. CHAT '73

I was anxious to have our two groups join mainly because my group was almost all from Clackamas County and young.I felt very pleased with the way our group worked together. After we joiined groups, the combination of experience and youth was most rewarding. The luau was a great effort. Everyone worked hard to make certain it would be a success, All my LOVE to CHAT! Big Al Harmon CHAT'73

Thank Heavens! for willing hands and young people++ Kathleen Rowen CHAT '73

When I came into the WICOM group, I felt just a member in name of another "group", but soon found an enthusiastic energy buoyingb me up to get going and I couln't help but become an active participant and "ONE" of them.

Chuck Voss CHAT '73

When I came into the WICOM family I had ideas that I wanted to express and share. As the days of this CHAT week rolled along I found out how my family thrived and grew on IDEAS that we all expressed. My week here at CHAT is ending with the feeling of LOVE and GREAT FRIENDSHIP to all those that lived with and ate with me. Richard Green CHAT '73

As I first came to this WICOM Family, I was greeted with great friendliness. Never before had I bee greeted this way by so many peacple. Cooperation between all members was really fantastic to see. If a member said that they would do somethins, you could count on it being accomplished.

Meg Bradley CHAT '73

In the beginning I thought the small groups were going to be very deep discussion type groups. This was fine, except I wasnt sure this was what I wanted. Needless to say, I was rather pleased to find we were more of an action type group...and I feel the merging of our groups was a super good idea 'cause the WICOs gave the NEOPHYTES a feel for the kinds of action we could take and the NEOPHYTES added their ideas and inspirations.

I really enjoyed working with my group...perhaps because we worked well together and we sort of got the feel for what we could expect from each other. The WICOMS WERE JUST NEAT!!!

DIANE BROEHL 1 CHAT '73

#### WICOM PERSONAL GROUP EVALUATIONS (continued)

Coming to CHAT I expected a great deal. Much to my surprise now that I am going, I have discovered my new facets to myself and many new sides to LIFE. I know I have contributed some and gotten a great deal more.

Greg Kauffman CHAT '73

When I first joined the family group, I didn\*t now what to expect, but everyone else was also new at CHAT. They were so friendly and eager that even all the introductions on the first night went easily and were fun. Later having experienced CHATTERS to work with us, brought forth even more ideas and involvements. The group worked well together. It was exciting to see the results that came from our group efforsts. Best of all was meeting and spending time with new people...both inside and beyond the family group, then have time to carry outside plans and togetherness to the fullest. I LOVED IT!

Maryanna Johnson CHAT ' 73

When I entered my family group I was very lost at first. 'having heard so much about CHAT, 'pamily groups, ceremonies, etc. I just couldn't imagine how it all nappened at once, so smoothly and so on. This past week I sure have found out ! I've been extremely impressed with Chat and the way everyone gives themselves totally to every project. It seemed unbelievable to me that each family would work so hard for only a few hours '.of party fun, or a brief ceremony and that the EASEERS cooperated so well with costuming, leis, wish boat making, etc. With that kind of dedication and cooperation, Chatcolab couldn't help but be great!! Jack McLean CHAT '73

When I came into this family group I found mostly older people who had been to "CHAT" in other years. It seemed like a group that would be congenial and work well tegether. We were approached by the younger first-times and decided to merge our groups and talents These younger people offered many new ideas and innovations which truly gave us a challenge and a very vital group this year. Helen Moore CHAT 73

When I came into this family, they greeted me with open arms. It made me feel as though, maybe I had something hidden inside 1995 myself that really could be shared and let out here. I have felt very close to each of my family members because they are interested in me as a person, as I am in each of them. The knowledge they have given is great and I'm hoping in some way to have been able to hand out some of my feelings ,too. Geneva Paroz CHAT - 73

As an absent-minded beautitian who forgot her family name, I sortof got lost at first in the midweek shuffle, but I enjoyed the "STRANGE" atmosphere and visited with the "Corny Stompers. I've never been to "CAMP" before but will sur the back next year!! And I love everybody in my "family".

Lydian Hall CHAT '73

When I ca<sup>M</sup>e into the coup called WICCMS, I felt a friendly and open acceptance. As we planned the LUAU and the CERMEMONY for Wednesday and the HERB TEA for Thursday, a flexible, but strong bond developed. I feel a closeness with every one withingout family group.

Miriam Beasley CHAT '73

#### The MOWI Group

Sherry Wermling Howie Low Sue Yeoman Phil Schwarz Margaret Bradley Elaine Rovetto Maurine Bell Velma Stephens

At our first dinner the eight of us discovered that we were evenly divided as to the geography of our home bases. Sherry and Howie hailed from Montana; Sue and Phil had arrived from Oregon; Margaret and Elaine were Washingtonians; and Maurine and Velma quickly claimed Idaho residency. When pressed for a skit for the first evening's party, we decided that the recitation of our reason for calling ourselves the MOWI family could be quickly done in rhyme.

M is for Montana where the skies are big and blue; O is for Oregon where fish are quire large, too; W is for Washington where your apples gr W;

I is for Idaho -- potatoes for your stew.

On Monday morning we were joined by Lonnie Butcher and John Beasley for our first planning meeting and the remainder of the week's activities.



#### THE SEPTEMVARI DWARFS

Once upon a time there was a group of people who formed a "thing" called Chatcolab. During the 25 years since its formation a lot of people have attended this unique gathering. 8 The Septemvari Dwarfs is composed of nine people, all but one having been to Chatcolab before. We started as a group of seven and added two more later.

Septemvari is Greek for "seven" and is generally associated with the seven highest fellows in scholarship listing in a group.

Hi-Ho, Hi-Ho, it's off to work we go--With a pick and a shovel and a song in our Hearts, Hi-Ho, Hi-Ho. The Septemvari Dwarfs are:

Bashful	Stewart White
Grumpy	Betsy Jozovich
Sneezy	Dick Headrick
Sleepy	Jean Baringer
Happy	Ethel Fox
Doc	Genie Townsend
Dopey	Sydne Ward
Snow White	Marge Grier
	ingClarence Stephens

Hi-Ho, Hi-Ho, it's off to work we go.....

At our next meeting we decided to plan a party for Tuesday eveng--the Mardi Gras





#### 10 OFFTRACK SOUNDS

We started our existence at Sunday dinner as eight new labbers: Marianne DuBois, Mimi Burda, Amy Wilson, Hart Wilson, Jim McLean, Jay Watson, Renee' Stephens, & Lynne Fox. In trying to organize for a name and skit, we all talked at once so we chose Offtrack Sound as our name. For our skit we announced our name, were silent for five seconds and then all talked at once.

Monday we were joined on the dock by two second year labbers, Bruce Green and Brad Bradley. We decided to put on a water rodeo at 2:30 on Wednesday. The following events were offered: Sweat shirt relay, log run, 2 man log roll, rowboat race without oars, broad jump, and underwater swim. A good crowd participated in this free afternoon program in spite of the cold water. The following were awarded medals (cardboard) for their performances.

Event Sweatshirt relay:	Results 1st, Bruce Green & Lonnie Bucher, 2nd, Eric Hungerfad & Stew White
Log Run:	lst, Eric Hungerford, 2nd, John Beesley, 3rd Stew White
2-Man log roll:	lst, Jim Mclean, 2nd Lynne Foy

Rowboat race w/out oars: 1st Howies, 2nd Wicoms.

Individual group lacings: 1st John Beasley

2nd Stew White Jay Watson Eric Hungerford John Hungerford Amy Wilson Bruce Green Howie Low Julie Hooker Richard Green

- Running Broadjump--1st Stew White 2nd John Beasley 3rd Phil Schwartz
- 3rdLu Rosa<br/>Kay Eve<br/>Laurie Kimmel3rd Phil SchwartzUnderwater Swim--lst Eric Hunger-<br/>ford, 2nd John Beasley<br/>3rd Bruce Green

"All about ourselves"

Our water rodeo behind us we are exploring new areas of our relationships, Chatcolab and the outside world. Following is a rundown on our group members.

Dear Labbers,

4-H is what got me here, and 4-H is what has occupied my sparetime and interests for the past 9 years. Related interests include conservation-ecology, Music (drum & guitar), meeting new people and politics (student government, etc.) I am going into my sophomore year at Carroll College in Helena, Mt. & hope to use a social work degree in the Cooperative Extension Service after (if) I graduate. (Cont. 10 Offtrack Sounds)

R. Jay Watson

1. What does the R stand for? 2. Where do you get Jay? 3. R is for Robert and Jay is from Jacob. In my immediate family there are three or four Roberts to begin with, so they needed a switch. 4. Now to who is Jay.

He is working on letting everyone be an individual, along with himself. He feels to do this, working through a recreation program of camps, such as Chat, and summer 4-H camps, beginning with young people through the Over the Hill gang, that people can become their own individuals. Liking music, psychology, philosophy, and learning about life, love, sharing, and people, Jay feels that he can and should do a fair job of letting people break down the barriers to self.

#### Renee' Stephens

A sophmore at Medford MidHigh School. My activities include things which mainly have to do with outdoors and people, such as: Camp Fire Girls (Rogue Valley Hiker), 4-H Hi Country hiking gang, and a 4-H horse club. I found out about Chatcolab through the Hi Country club. Besides hiking, this club also counsels people on thikes, and trains counselors for 4-H camp. I am so glad to have been able to come to Chat, and I'm looking forward to coming in future years. Everyone here is so beautiful.

#### Amy Wilson

As a freshman at Eagle Point High School I had to write for special permission to come to Chat. It was well worth it. I'm a member of the Hi County Hiking club from Jackson County. I figured the lab would help me to deal with people as a hiking and camping counselor. I was right, it gave me insight into other people's thoughts on recreational activities. Chat is an unstructured camp in which what is offered is given by the campers rather than a group of directors. I was raised on a ranch as the youngest of 4 kids. The directions I plan to head my life towards are recreational and musical.

#### Brad Bradley

Hiker, back packer, moutain climber, snow shoer and cross country skier, lecturer on all of the above, and writer for "Better Camping" on back packing equipment. Husband of Margaret and Father of Meg (and non-Chat labbers Linda, Nancy, and Doug.) Hobby and business are the same. A family operated guide service. In this, my second year at Chat, I am learning more about myself, making new friends and exposing myself to new ideas. Chat has helped me break down some of the walls I had around me so that I can meet new people much easier than previously and offer to share my skills with confidence that I have valid values to offer.

#### Hart Wilson

This is my first year at Chat. I heard about it from Jim Martin, our Hi-Country 4-H Club. I'm a junior at Eagle Point High School and active in the National Honor Society, French Club, Math Team, and Advanced Choir. I've had sheep in 4-H for seven years and I've been a Hi-Country and 4-H Camp Counselor for two years. This summer I plan to lifeguard and teach swimming at our 4-H camp. I came to Chat to find out what it was like, and now that I know, I don't ever want to leave.

#### Bruce Green

My life has, for the most part, been varied and bounteous. My father is an engineer, and his work caused us to live in Texas, New Jersey, Maryland and California. Before we moved to California, when I was in the 7th grade, he determined not to live in the city, but to buy some land near Santa Cruz and be a gentleman farmer-Christmas trees and grapes. The work and living experience on this land has had much to do with the formation of character in myself and my brothers and sister--Richard, David and Marion.

While in high school, I received an American Field Ser-vice scholarship to Argentina for a year. This experience was so good that after college I joined the Peace Corps for service in the Andes of Peru as a pseudo-extension agent.

While in Peru I was strongly influenced by the demands for relevant education in the U.S. After leaving Peru I entered a Master in Teaching program at Antioch College in Ohio. The next year I taught 7th and 8th grade social studies in a town nearby.

After the administration and I decided that out teaching philosophies were not compatible, I started travelling with the idea of eventually ending up in Canada. However, on the way I got a job with the Multnomah Co., Oregon, Outdocr Education program, met a good woman and stayed in Oregon. While living in Eugene, I also got to know Sharon. Eventually, life progressed to the point that Sharon & I decided that marriage would be a particularly satisfying stage for our future growth. It has been good.

At this moment in my life I'm very involved with carpentry. Most recently I remodeled a garage and then became involved in building a tuna boat. It's more than likely that this will evolve into an exciting adventure this summer-tuna fishing in the Japanese current off California & Mexico.

Perhaps next year Sharon and I will develop a team approach to lighten her teaching load at the elementary school. I might be convinced that it's worthwhile to do the classes I need for an elementary certificate.

#### (Cont. 10 Offtrack Sounds) Mimi. Burda

I came to the Northwest after growing up in the Bronx. After marriage the intervening years have been filled with a family of four children. I'm interested in people the outdoors, in preserving it, music and dancing. I came to Chat to try and get a better understanding of myself and relations with others.

Marianne DuBois--desert rat and jelly bean conosieur-

I like <u>BIG</u> dogs and music (old and new) hiking and biking, bowling and tennis--living, every minute of every day, and people. P.S. I'll try anything (almost) once. I believe Labs bring out the best in people-and I'll <u>never</u> miss one "because I don't fell like going."

This year I'm at Imperial Valley College-lovingly called Reject Tech-as a recreation leadership major. Next year (fall '73) I'm going into Cal Poly, San Luis Obispo, Ca., and someday I want to direct a camp for the handicapped (blind).

#### Lynne Foy

My name is Lynne Foy, and I came to Chat through Hi Country, a 4-H Club of trained counselors that take kids aged from 8-100 out on overnight hikes. Hi Country is sponsored by the Jackson County Parks and Recreation in Jackson County, Oregon.

I have learned a new love and respect for other people and myself through this, my first year of Chatcolab. I plan to return every year and I want to thank everyone for giving me a new meaning to life.

## The Bear Hunters

Once again I say:

I don't know why I came but I wouldn't miss it for anything.

But, I am here because of Loving-Caring-Needing-Giving Being-Doing-Getting-Remembering.

> Angelo Welcome to <u>Yakima</u>, Wa. GL3-2339

I brough six girls from Jackson, Co, Oregon that are in the Hi Country 4-H Club. This is the first time for all of us, but will not be the last. We came to learn more about working with others, to Share, to Learn, to Teach, and to Love. No one could come to Chatcolab and leave without learning

No one could come to Chatcolab and leave without learning all those and much more. May the Great Father above, and your your Mother, the Earth, always take care of you, and Bless you and yours always.

Jim Martin We have a hard time meeting, because we are all in demand and helping in all actvities.

Jim Martin brought many with him to camp from his home in lower Oregon. He has all types of outdoor activities. Leila is in charge of the Chat Notebook and a member of the board.

We are the Bar Hunters:

Jim Beasley Jim Martin Jim Grier Don Riste Peggy Whalen Julie Hooker Leila Sehehleburg Daphne Richardson Norma Dobler Sam Angelo Rovetto

A few missing grey hairs but it appears that this phenomena exposes the brains. Him to: A ray of Montana sunshine Beautiful but not!! nag, nag, Nag!!!! Ideas--more than one Late comer--appreciated He came & went our "Fearless" Chat leader



Once upon a time, for no reason at all, an alleged human was born and grew up to be called Don Riste. In a singing and a traching family -- both came naturally, but he soon quit the teaching. Wanting all the kinds of experience, he was a hard rock miner (powder monkey) hardware salesman, sergeant in World War I, Standard Oil employee -- and in 1940 got to "doing his THING -- Matching Men and Jobs. Employment service, Employer contart man, Occupational Analyst, and finally, for about ten years, Vocational rehabilitation counselor for the blind. Retiring in 1960, activities have been too many and varied to try to list. Recently, chief interest has been the organizing of Story Telling Groups for elderly people in Seattle.

The insistant salesmanship (excuse me saleswomanship) of Billie Ma Marie caused him to come to Chatcolab this year -- something for which he will be eternally grateful.

Beautiful people in beautiful country.

Did some one ask about his religion?

LOVE NEVER FAILS



#### EIGHTEEN HANDS AND 9 HEARTS

Ya-hoo Mark Patterson Don Clayton Cheryl

Tony Sharon Keith Eric and Nurse Nancy

Gathered together for purpose of exploring further trust, love, and deeper communications.

Sunday night the group presented itself to the assembled Labbers with the song

- Of my hands I give to you my friends Of my hands I give to you my friends I give to you, will you give to me? Of my hands I give to you
- 2. Of my heart I give to you my friends Of my heart I give to you my friends I give to you, will you give to me? Of my heart I give to you

Much of time was spent planning "The Quarter Century Club" for Thursday's direct dinner and evening entertainment. The Club was decorated for a 25th Anniversary celebration, complete with candle-lit tables and a soft-red center stage. Dinner was served by highly skilled and carefully trained waiters and waitresses, and consisted of:

a fancy fish dish (cold by good" mushroom souffle relishes by the score (that was some centerpiece, Larry!) turkey, stuffing and scored potatoes beverages and a flaming dessert pudding

"Big Al" the proprietor of the club started the evening off in his typically unbeatable style (remember the Luau, anyone?) Entertainment (intersperced with a little cheek-to-cheek included singing by the Hi Country Choraleers, a solo by Lisa and her guitar (by the way, Lisa, we hope your cough is better!), and a total group sing with Big Al himself! Jim and Jack did a nifty dance routine, and two brothers (?) showed everyone why little boys take so long getting to sleep at night. The whistlers appeared for the first time in several years, thank goodness (hey Doc, never knew you were such a cutie!) Three acrobats tried their best but the finished touch of the evening was definitely.

Dancing continued far into the night (what doesn't here at Chat?). For a club that opened and closed all in one evening, it was a considerable success!

Eric and his quintet singing "The Anniversary Waltz" while Betsy and Bruce El. waltzed around the floor. Flaming dessert concluded the club's program.

#### T H E CRAZY EIGHTS !!!!##\*%¢&!!

Boom, Boom, aint' it great to be c-r-a-z-y! Our goofy group the Crazy 8's consists of Jughead John, Dwight Dumbunny, Dingbat Debby, Doreen Dumpkof, Lazy Larry the Lunkhead, Clodhopper Cathy, and Vernon Vinegarjug.

Boom, Boom, aint' it great to be c-r-a-z-y! Silly and foolish all day long, Boom, Boom, aint' it great to be crazy.

My uncle he sells socks, A nickel a pair, a penny a box, The longer you wear them the stronger they get, Wade in the water and they wont' get wet!

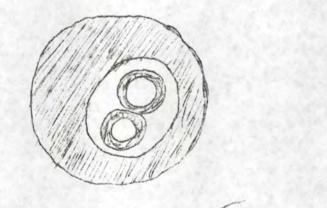
(Chorus)

Way down where bananas grow, A fly stepped on an elephant's toe. The elephant cried with a tear in his eye, Why don't you pick on someone your size!

(Chorus)

Up to Idaho came the crazy 8's, They're a little goofy but that's their fates. They don't know dis from dat, And that's why they're here at Chat!

Boom, Boom, aint' it great to be c-r-a-z-y! Boom, Boom, aint' it great to be c-r-a-z-y! Silly and foolish, all day long, Boom, Boom, aint' it great to be crazy!!!!



# MORELANCE A FILME PERSON

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and annumber of boundaries statistics

# ON BEING A REAL PERSON

1951

the star and an a

## ON BEING A REAL PERSON

DEPENDABILITY is possible only in so far as the whole personality achieves a staunch unity that can be counted on.

The process by which real personality is thus: attained is inward and spiritual. Harry Emerson Fosdick Selected by Don Clayton

88 Labbers registered 7 Resource 2 stenos 2 cooks

TABLE FUN

"On Being a Real Person through Community Acitivites"

Within the community raising money is always a problem. Setting the stage for such activities are necessary. The KING'S TABLE was set in the dining hall. Special (?) silver, flowers on a very special table, and the special service of a butler and maid...this privilege was auctioned off to the highest bidder. (Larry Thie, Coupeville, Wa.) The king or queen selected his partner to live in state. Special music and entertainment were provided.

> LAMENT a la Larry When I was King, I used to dine On tidbits dainty and delicious; While slaves and singers hovered near, To gratify my regal wishes But oh, that woe I came to know When royal hands bathed peasant dishes!!!

"The process by which real personality is thus attained is inward and spiritual"

"Dependability is possible only in so far as the whole personality achieves a stanch unity that can be counted on."

"A real person is integrated"

"A real person achieves a high degree of unity within himself. He does not remain split and scattered but gets himself together into wholeness and coherance."

"The process of personal synthesis starts early, and if the rudimentary reflexes are compared to notes in the musical scale, tunes are soon heard, intermittent, but indicating that composition has begun."

### THEMES OF PAST YEARS

		THEMED OF FAST LEARS
	1949	Northwest Folk Festival
	1950	Corridor of Nations
	1951	On Being A Real Person
	1952	Our Heritage
	1953	To Know Is To Care, To Care Is To Share
	1954	Peace Through Participation
	1955	Menu For Fun
	1956	Family Fun Fest
	1957	BU Roundup
	1958	SS Friendship
	1959	Loggers Jamboree
	1960	Discovery Days
	1961	Within US One World
	1962	Bridges To -
	1963	Expanding Orbits
	1964	From These Seeds
	1965	The Music Of Friendship
•	1966	Leadership-Key to the Future
	1967	Carving A New Image
	1968	Count Down For Tomorrow
	1969	Beginnings
	1970	New Horizons
	1971	The Unfolding Process
	1972	Leadership is Relationship
	1973	Because We Care
		Sal

AR.

#### History of Recreation Laboratories

#### Leila Steckelberg

The recreation laboratory idea was born some 42 years ago in hichigan at Walden Woods, where a group of recreation leaders, disappointed in the non-arrival of a lecturer, be cause of a snow storm, decided to carry on their meeting by exchanging ideas and experiences and by practicing and developing recreation methods and ideas for their own groups.

They spent several days together before the roads were cleared for them. At the end, in analyzing what they had done, they decided that their method had been so effective in the sharing of information, ideas, and the techniques that had been useful in their work, that they decided to hold another meeting. Their enthusiasm for this "laboratory" method was so great and contagious that others heard about it. Applications came from many people who wished to share this experience with them.

In several years tile, the group had grown so large the originators felt that it was necessary to reduce its size because they felt that its maximum usefullness and effectiveness could be obtained only in small groups that could be quickly integrated into sharing situations in lab. Consequently, they agreed to break up and form other laboratories entirely separate except in inspiration from the parent group. Some of these labs made great progress while others were less successful.

One of the labs originating in this process was Camp Idhuhapi which later became the Northland Recreation Leaders Lab. This in turn was the inspriation for others, one of which was formed by a group principally from the Dakotas and montana. This lab, organized in 1946, has its site in the Black Hills of South Dakota, and is held in the fall, usually the end of September. The Black Hills Lab drew its registrants from an everOwidening circle in the west, midwest, and sputhwest, and generated such enthusiasm that many of its members returned home determined to bring a similar experience to greater numbers of people in their area by establishing other labs. Such was the foundation of Chatcolab in northern Idaho in 1949 established in the Northwest-Held in May atHeyburn State Park on Lake Chatcolet. Also the Longhorn Recreation Lab, which was soon after organized in Texas. From the same Black Hills Lab came the inspiration for the Southwest Lab in New Mexico, and the Great Plains Lab in Nebraska. The Black Hills also inspired the nucleous from the east who set up another lab in Michigan, called the Great Lakes lab and indirectly influenced the establishment of a lab in Maine, the Downeast Rec. Lab.

It was at this time that Don Clayton was moving to Moscow, Idaho, from Havre, montana. There are a few from southern Idaho who had attended Black Hills Lab and Don's move was the incentive to try to start a new lab here in the northwest. Black Hills labbers contributed \$58 toward organizational expenses and a com ittee of six people was formed. A sub-committee made up of people from Oregon, Washington, and Idaho who were interested in people and recreation and were also drafted to complete the new organizational committee. The winter meeting held with Al and Louise Richardson at Corvallis, Montana, blew the \$58 but enthusiasm was even greater to get this lab off the ground. Resource people from the area were secured and an old C.C.C. camp was chosen as the site. Cn good authority by an old timer, the best weather in May was always the second week May 11-18, 1949, was the target date.

This camp was built as a C.C.C. ćamp in the 1930's. During WWII, it was used as a Convalescent camp for pilots stationed at Spokane. Then Chatcolab was first held here, the camp was in a sad state of disrepair. Don brought students from Moscow and many others in the area contributed much time, materials, and money to repair the camp so it could again be used. A wall was built between the kitchen and the dining area and many pictures were painted in the walls to enhance the building. The trays, carts, and many other things were brought from Farragut Naval Training station on Lake Pend' creille.

The first lab was a great success with 37 people attending. Chatcolab has been held in the same location-Heyburn State Park on Lake Chatcolet-ever since 1949. The name Chatcolab was derived from the name of the lake and the fact that this a laboratory situation.

In 1955, a group of three California people, came to Chatcolab in Idaho and became so enthused with the idea that they were determined to set up a similar organization in California. Over a three-year period finally culminated in starting the Redwood Lab.

In May, 1956, the topmost section of the Chatcolab Candle, which represented sharing and was presented to Mary, Kay, and Carl for the beginning of the new lab. A committee had been formed in 1955 and the members met & Camp Sylvester (Stanislaus Co. 4-H Camp) on Nov. 12-13, 1956 was set for the first Redwood Redreation Laboratory to be held at Camp O-ONGA in Southern California. This lab was cancelled one week before scheduled to start due to inadequate registration.

Mary Regan and Emily Ronssee returned to Chatcolab in May, 1957, bringing their section of the candle with them. It was placed back in the Chatcolab candle and again presented to Mary and Emily at the closing ceremony of lab. They came back to California more determined than ever for Redwood to become a reality. And so it did! Jones Gulch, south of San Francisco was the location of the first Redwood Lab in April, 1958. The sharing section of the Chatcolab candle became the base of their Redwood Candle with a real redwood trunk. Chatcolabbers Walt and Sally Schroeder, and Leila Steckelberg went down to help the new lab off to a flying start. There were 43 labbers including staff and resource that year.

In April, 1959, the second lab was held at Mendocino Woodlands, eight miles inland from Mendocino City, with 50 people attending. Not even an Asian flu epidemic, a "fast" trip down a very narrow rough, and crooked mountain road late at night because of a broken collar bone, dampened the enthusiasm of those 'attending.

The first two labs were held in the edwoods, but in 1960 the ecision was made to hold the lab at OLd Oak Youth Camp. It was also there in 1960 where a free will offering was taken to purchase a beautiful piece of gold bearing quortz which Ken Hoach presented to the Chatcolab board in May (to be placed in the new recreation hall fireplace) in appreciation for all of the moral and financial help and support that we had given this lab.

Since the center section of our original cnadle became the bas. On the Redwood Candle, in 1958 the remaining part of it was melted down and molded into a new large candle and 4 small ones to represent the "Spirit" of Chatcolab"-knowledge, philosophy, ideas, humor, and sharing. These are the candles we still use.

Through the years, Chatcolabbers have strived to make improvements in the camp so that it will be a better place when we leave.

Recreation Laboratories offer a unique opportunity for all those involved in recreation of all types, whether on an amateur or professional basis. Its uniqueness stems from the extent of complete involvement of the individual in the imaginative planning and sharing of all aspects of the recreational program. An atmosphere is created for discovering within oneself the latent abilities that ones normal environment never uncovers. In this discovery, anyone can become a better man or woman, a more efficient leader. The wide opportunity to gain manual skills and training experiences, though of lasting value, shall be considered secondary to the foregoing.

Thus, these basic objections were formulated 23 years ago and still hold today:

"Participants in Chatcolab Recreation Laboratory have the opportunity to uncover, utilize, and share those talents in themselves which are perhaps laying dormant by:

- 1. Getting to know intimately, by working together, others similarly involved in working with people.
- 2. Encouraging participation in "trying-out" situations.
- Sharing recreational experiences and skills with both amateurs and professionals.

The basic idea which broucht so much enthusiasm out of so many people can be expressed in one word - SHARING. The learning at lab has never been by or for specialists. It has been an effort to stimulate and enthuse by exposure to methods and ideas. Stress has been placed upon learning by participation and encouragement. The sharing of duties was encouraged whenever possible by having the lab in a camp site situation where duties and problems made practical application of chore sharing a neccessity. Leaders have been chosen very often, not æ true experts in their fields, but rather as guides to help other leaders on the way.

4

#### \*\*\*\*\*\*\*

I want to be on friendly terms with everyone I know; I would admire and trust them all, As here and there I go. But life is filled with many folk, So where should I begin To judge the qualities of each--These friends I wish to win? Myself! Ah, there's a starting point! How good am I? How true? Would others like, admire, approve The things I say and do? And so I'll start my friendship list With the person known to me, And teach myself the traits I'll like In other friends to see.

\*\*\*\*\*

#### IF I KNEW YOU

If I knew you and you knew me; if both of us could clearly see, And with an inner sight divine, the meaning of your heart and mine. I'm sure that we should differ less; And clasp our hands in friendliness; Our thoughts would pleasantly agree, If I knew you and you knew me.

If I knew you and you knew me, as each one knows his ownself, we Could look each other in the face, and see therein a truer grace. Life has so many hidden woes, So many thorns for every rose, The "Why" of things our hearts would see

If I knew you and you knew me.

. . . . Author Unknown

#### CHATCOLAB HISTORY

as related by Charlie Scribner at 1965 Sunday Night Ceremony.

The older buildings here were constructed in 1934 as a ((C camp; the messhall, the old "Rec." hall, barracks #4, the office, and bathhouse. (The office has been removed and a new building in 1968) After their occupancy by the ((C was ended, the Heyburn (amp Association, a group consisting of the county agents from several counties in northern Idaho and eastern rashington leased the site from the state for outing facilities for 4-H groups. Then (hatcolab was organized they applied for and were granted a week before the 4-H clubs needed it. The old buildings were designed for only three years use originally, so considerable maintenance was required to keep them in condition for use, or at least somewhere near that conditon. Jue to the short time lease, it was not felt that more than the barest of maintenance was justified.

Then, eight years ago the law was changed to make possible a 7 year lease with renewal clause. This made the future of the camp for our use secure. The counties concerned built the newer small barracks (names engraved), razed several of the most dilapidated of the old buildings. The board, including the committee of (hatcolab, promoted and moved the present recreation hall-- Shanabrook-- from the Diamond National (ompany at their logging camp east of Bovill. Volunteer labor, chiefly county agents and those others who they could inveigle, erected it.

The camp is presently used ; by ; ten county 4-H encampments, (hatcolab, a western forestry training camp, one church group, and a sort of summer retreat for part of the faculty of the University of Idaho.

Locally there are some interesting natural and historical points. In 1843 Father Point erected St. Joseph's Mission on the foothill on the north side of the river almost directly east of our camp. This was the first church erected in Idaho. It was located at an ancient Indian encampment and on a much used trail between the Tensed area and the upper (over d'Alene River. Late high water made the fathers dissatisfied with this location.

Therefore, in 1846 they moved to the site of the (ataldo hission, just off Highway 10 and slightly west of the village of the same name, under the direction of Father Nicolous Flant. This is easily accessible and very much worth the effort and time needed for a visit. The huge timbers, moved in and erected by manpower alone, are rather awesome. Small poles were inserted between them. Grass was woven between these; then a coating of mud was applied. Excellent finger prints of these old workers are still plainly visible. In 1877 the mission was again moved to the present site at Desmet, but a week-long summer encampment is still held each summer at the old site.

In 1958 (aptain John hullen started to build a military road from valla Valla to Fort Benton, Montana. His road came down the point just beyond the village of (hatcolet. Traces of this old way can still be seen. He crossed the outlet to Lake (hatcolet which he called Foun Lake then followed up the south bank of the St. Joe River to the site of old St. Joseph's mission. Here he built a ferry of sorts, then took a route to the (oeur d'Alene River which is closely approximated by State Highway 3. This route was troubled by high water for considerable periods so in 1863 the good captain constructed a route through the present city of (oeur d'Alene, thence eastward near the present route of Hiway 10. He camped during July 4th period just east of the Fourth of July Summit (continued)



(hatcolab History, according to (harlie (2)

(as now called). Near his camp the date, July 4, 1863, was carved on a white pine tree and this is still legible. The tree itself was twisted off in a windstorm some years ago, but the base remains, protected by an iron fence.

The sharp peak to the east was a popular hunting and berrying camp for the Sciuomi (Coeur d'Alene tribe), probably venerated by them as today by those who dwell under its spell. Just beyond and slightly to the north is a rockslide on which a number of stone monuments have been erected. Some of these still remain in good condition. They are of interest because of a custom of the Sucoumi. When the boys reached or approached young manhood they were stripped of all clothing and other gear except a knife. They were required to make their way from the excampment, wherever it might be, to this mountain, erect a suitable momento, have a dream, and return to their home, living from their own resources during the entire journey. Upon their return they reported to the elders on the monument thay had placed. On the fall hunt these elders inspected the marker, and if it was found to be satisfactory they were admitted to imarrior status. They reported their dream to the bestowed upon them a name.

Directly west of the camp, on a trail that leads up the watercourse, in the talus alpoes will be seen some mounds and depressions that are conjectured to have been made for use as concealment when the Scioumi were watching for game to approach. (ertainly they were man made. Farther along the trail climbs to a plateau known locally as Indian (liffs, from which a gorgeous view of the valley is obtained. The trail reaches the road just toward camp from the railroad.

Thile we were up on the cliffs we could hardly help noting one of the remarkable phenomena of the St. Joe Riber--"The River That Runs Through the Lake" (Robert Ripley). Here the river flows for several miles between banks that are several feet high-- dry enough for a road most of the year. A very fine view of this is afforded from any overlook on the way to St. Maries, some half a mile east of the railroad underpass.

NOTE: (hatcolab, or the Northwest Leadership Laboratory, has always been held here at (amp Heyburn. It serves four states for the most part: I ontana, Idaho, Oregon, and Nashington, but some people from other states attend every year. The lab is planned each year by an elected board or committee of nine members that serve 3 year staggered terms. Three new members are elected each year.



# OUR HERITAGE 1952

 INDIANS 1952



No THEME subject was named for early CHAT notebooks, at least, for no great single subject was so named...However,

DR. ERNEST HUBERT, University of Illinois, was the main speaker. His lifetime hobby has been regarding Indian Legends and Sign Language. FRANK GUARDIPEE, Chief AH KOO IN STAH MI, of the Blackfeet Indian tribes, and EMMA POHIPE of the Shoshone-Bannock Tribe added much to the authenticity of folk-lore and costumes.

Mr. Guardipee was a frequent visitor and Resource Man at many Chatcolab sessions. He was a very interesting and vital person, always ready with energy and information an nature hikes and with Indian stories breathlessly listened to by all. (Those who did not know Frank missed a great personality.)

EMMA POHIPE explained designs and patterns are symbolic of and characteristic of each tribe. The women were always busy and prepared their own dyes from tree moss for yellows, red, from berries, and blues from roots. Food was never wasted, for all "appreciated" the hard work of attaining it. Mothers taught daughters their skills. FIRE preservation and utilization was emphasized.

A leader is best When people barely know that he exists. Not so good when people obey and acclaim him. But of a good leader, who talks little When his work is done, his aim fulfilled They will all say, "We did this ourselves." LAO-TSE.

I am only One. But I am one. I can't do everything But I can do something What I can do I ought to do And what I ought to do By the grace of God I will do.

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will do. Canan Farran

FRANK GUARDIPEE, reminded us to observe our fellowman and not make a hasty formed opinion of his type, character or worth, but to get acquainted, be understanding and to gain spiritually from every single contact. An Indian saying: "Let me not judge from every single contact. An Indian saying: "Let me not judge my friend or my enemy until I have walked with him for ten suns.

### FROM DAN WARREN 1952

The idea of a northwestern recreational work shop that developed into CHATCOLAB in 1948, (first planning meeting in fall of 1948 at Corvallis, Montana. First LAB in May, 1949) --seems to have been basically sound. The committee and the campers who have participated may well feel proud of their accomplishments. Attendance is good .. and the program seems to fit the needs of the people. I have gained a great deal of valuable experiences. I have also enjoyed watching other campers develop their abilities. Some have attended the Lab expecting to learn a few particular crafts or special interest but have soon discovered the value of sharing their talents with others ....

Campers are people who are willing to attend the lab to share their experiences, abilities and personalities with other people. The philosophy of camp is that everyone regardless of experiences or position in life have something that is needed and can be gained by sharing with other people.

IT IS HARD TO EXPLAIN to others who have not attended a lab of this kind, just exactly what it is like, as it is something that is FELT after EXPERIENCING the life of the camp.

### BILL BUNNING on HOBBIES

A letter from a Labber:

I went to Lab primarily to get some new ideas for teaching crafts, and dancing. I wanted to give the boys and girls in my county all the shortcuts I could. But while I was at Lab I began for the first time in my life to realize that I had been in a rut. That while urging others to have a hobby, I really didn't have one myself.

There isn't such a thing as a "best" hobby. Individual likes and natures differ, but we can say that generally, a hobby ought to be in a different field than one's occupation. A professional blackjack dealer isn't going to find relaxation in his off hours by playing in a poker game. Stamp collecting may not appeal to the postman ... but nature photography which took him outdoors in a different environmen might be just the thing he found absorbing.

Another value in crafts... the proof to ourselves that our eyes and muscles and reflexes aren't hardening up... The mental and physical flexibility to master something new are rewarding. Social Contacts. People are willing to listen, clubs and groups who can share ideas and knowledge .... Craftwork won't make every old grouch a happy paragon of sweetness and light, but you've got him on the way with an interest.. and you MAY have a completed piece of work to be

proud of. EMMA POHIPE WORE THE COLORFUL INDIAN COSTUME WHICH IS PART OF THE DISPLAY CONSISTING OF E CHARGE INDIAN PICTURES, BEADWORK, BASKETRY, ETC., CONTRIBUTED BY MRS. WILBUR VALLANCE. HAMILTON, MONTANA.

(Today, beaded costumes are valued at \$3,000 or more.)

member

(o) The Chatcolab experience that I remember with greatest feeling is a "This Is Your Life" program sprung on me by the Idaho Cowbelles who named me Father of the Year in 1959. I was given no previous warning, but was asked to give a short talk on conservation for the evening program. When I got on the stage and started my talk, Charlie Beeman .' stepped" up and told me I was on "This is Your Life". Then my wife and children, my step-dad, two of my brothers and their families, some of my closest friends in Moscow, and the Dean of the University of Idaha College of Forestry were brought out to tell stories about me. They had all been brought into camp and expertly coneealed from me until the time they were called on the stage. After the story telling was finished, the President of the Idaho Cowbelles presented me with the Father of the Year Award. Though I have had many memorable things happen to me at Chatcolab, I believe this one tops them off.

Vernon Burlison

I, too, remember the 1959 Lab (along with others), but for a very different reason. Needless to say, I do remember the presenta-Vern describes above and my first meeting with his family. The 1959 Chat was my first, and it goes without saying insofar as all of you are concerned the VERY FIRST time is a BIG event. Daughter Ann, Nan Johnson and I had come from Oregon. The weather was a bit blustery here and there -- mostly just cloudy. The sharing, caring, loving and interactions provided, thereby, was evident. Ann wasn't well the first part of Lab -- concerned people rallied. The very most outstanding of that Lab for me was bwing bid "Goodbye by Sally Schroeder and Mary Fran Bunning -- both of them in tears. Having become acquainted with Mary Fran just that week I was amazed! The same firm friendships have been added each year that I have been privileged to be a part of the Lab. Miriam Beasley

Three years ago I married me a "CHAT" widow, so she ... A dragged meaalong. Now, it's in my blood! Whoopee!" Jim Grier

I remember when Dec Rock told me "Never cross a bridge before the concrete is dry." Don Clayton

Reme mber when Velma Stephens preferred stay ing home to coming to Chat? Then -- she came one year and ended up on the Board and this year she ended up on the TRACK (railroad). (Western skit, in case you) have forgotten). 1971 was my first year at Chat as this year is for some of you. How can I explain my feelings and thoughts of that year or rather that week. In all my life I have never seen or experienced the Low that I found in that one week. When I walked into camp I walked into a new world, a make believe world that I had dreamed about but never realized could exist in reality. We shared a lot that week and I came to know people as I never had before. Of course, there were the precious moments. The quiet times where no walls existed and we were surselves, which for me was a very rare experience -- one I shall treasure always in my heart.

I hope that maybe as you read this you are able to read between the lines and see the words of love, peace, and joy which I. ... unable to express, but which are here within me longing to be shared with each and every person I meet.

Cheryl Roach

I REMEMBER ..... and once more will never forget my "adventure" of riding into Moscow, Idaho with Geneva Paroz.

Never having been to Moscow, it was enticing when I heard out of the corner of my ear that someone was going to "town" and asking if I could go along. She was very obliging as well as downright friendly.

This was only the beginning!!! Going into town with a man's white shirt on which was hyroglyphics printed in the most obvious spots is not the usual sight in the Moscow bank. This did not daunt Neva's spirit, though, and even the grocery store was "invadedD.

The "boo boo" of the day came when Neva appeared with a treat for both of us. What else but dixie cups without spoons? This would not have been bad except that the container was plastic! Have you witnessed two Chatcolabbers driving along trying to extract sundaes from such a container??????? Needless to say, Neva, ended up with ice cream and butterscotch topping on glasses, face hands .... and whatever.

It was a fun trip, though, Neva. Nice knowing ya!

Laurel Mulder

You just have not lived until you have had the experience of steeping in the teepeeewoth "Enic Hungerford!!!... Would you believe that ha screnades you inchis sleep in one of the six languages in which he knows song lyrics??????

TALK BITS

Overheard the first day of Chat. (Two cute newcomers talking:) "Can you believe it, someone told me there was one doctor here, one dentist, and a woman that walks on people's backs." (Chat started out with a bang this year with a lot of crazy people, didn't it?) Remember when we went with Doc Rock to dig opals and Little (?) Bill crawled into a hole on the side of the mountain to dig opals and got stuck? Head first, yet. Wonder why?

CHATCOLAB IS TO ME by Jean Baringer

Chatcolab is a setting -- a place with nature's beauty all around -- water, driftwood, grass, trees, plants, mountains, rocks, field mice, birds, frogs, Indian Cliffs.

Chatcolab is a collection -- ofmany types of things -- costumes, materials, projects, varied activities, ideas, thoughts, equipment, feelings.

But most of all

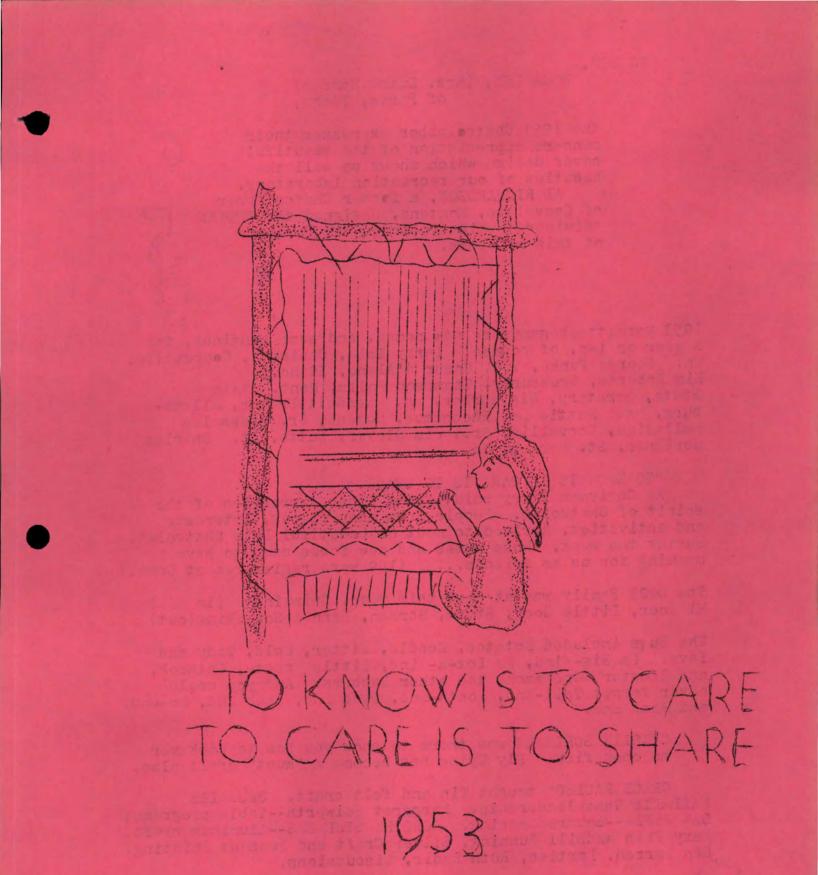
Chatcolab is people from all walks of life -- rich man, poor man, doctor, lawyer, Indian Chief, homemaker, teamsteer, teachers, seamstress, cook, professors, students, young and old, sheriff:

Many things have happened at Chat and many people have been involved. Those Chatcolabs that I have attended and remember are: 1965, 66, 67, 68, 71, 72 and 73, and have included the following memories in no particular order: Little Chief, Alura and Don Dodd, Marie Gjersee, Charlie Scribner, Alice Bernert Marge Bevan, Ruby Carpenter, Sarah Arndt, who are not with us this year, as well as all the dear friends here at this lab. And, there's the numerous and unique rock hunts, "Tiny Tim" and the burning forest, Beryl, the goat, the happy whistlers, the blin d party, looking for morel mushrooms, floating candles on the lake, the last nights at camp, special walks with friends, the party given for the Sunset Rest Home in Coeur-d'lane, the night Ramona Ray was carried on stretcher down Indian Cliffs, the professor who came to dinner, the all-too-early camp board meetings, board meetings in Moscow, roast pigs, Little Bill and the opal cave, 3 Blue Pigeons, Maximillian, and many more.

I know there will be many great memories of this lab, the 25th. The can forget the Polynesian necklaces! the discussion on trust! the Quarter Century Night club, Leila's surprise, the "private" walks, Hawaiian Luau, the high level of participation and emotions so early in the week, the full moon, great weather, and especially all the wonderful people full of lovely things to share.

#### DO YOU REME BER?

Do you remember many years ago atop Indian Cliffs one night that charming Ramona Ray from Mossy Rock, Mashington became too enthusiastic with the gymnastics and broke her leg. A runner was sent down the long trail in the dark to get medicaton from Doc Rock. When some husky men carried her down the hill into the Rec Hall on the improvised stretcher, the pills began to make her sleepy but the <u>friendly</u> Chat people were so darned friendly and talkative she couldn't go to sleep. (She recovered and is alive and well and we would like to see her again-- she is a good sport!) Come back Ramona!



ROSA LEE, (Mrs. Duane Hansen) of Paris, Idaho,

the 1953 'Chatcelabbor expresses their sincere appreciation of the beautiful cover design which shows so well the beauties of our recreation laboratory. AL RICHARDSON, a former Chatcolabber of Corvallis, Montana, designed the INDIAN "dividers" which indicate the sections of this notebook.

1953 Committee began some new names, and some continue, for a year or two, of course. Larry Thie, Chairman, Coupeville, Wn. George Funke, V.C. Coeur d'Alene, Idaho. Kim Roberts, Treasurer, Thompson Falls, Mont. Betty Stutz, Scretary, Gig Harbor, Wn. Wendell Prater, Ellensburg, Wa. Hattie Mae Rhoenemus, Eugene, Or. Jessalee Mallalieu, Corvallis, Or.; Jim Glover, Butte, Mt. Charles Scribner, St. Maries, Id.

"TO KNOW IS TO CARE IS TO SHARE."

As Chairman Larry said: What finer expression of the spirit of Chatcolab. People from many places, interests and activities, arrived to meet on beautiful Lake Chatcolet. During the week, those names and new faces came to have meaning for us as friends... (109 were registered at Camp.)

The DOOR Family was at Chat this year...Swinging' (in a) Hi door, Little Door, Storm, Screen, Barn & Squeeking(out)

The Bugs included Potatoe, Doodle, Jitter, Gold, Lady and Love. Pa Big-Wind, Ma Lot-A-wind, Little Breeze, Chinook, and Bluster were among the other Labbers. And you could never forget Tail-End, Month-End, Dead End, week End, No-end, and Book End.

CHARLIE SCRIBNER was there to show you how to cook over an open fire. Fly Tying has become a "must" craft also.

GRACE PAULSON taught Tin and felt craft. JESSALEE MALLALIE Game leadership. Margaret Neiwerth--Table programs; DAN FYFER--Square Dancing. DOROTHY STEPHENS--Aluminum craft. Mary Fran andBill Bunning, Silver Craft and Peasant Painting. Dan warren, Parties, Ruth Radir, Discussions.

## menu

Saturday Night Supper for 25 Spaghetti and meat balls Tossed spring salad Pears and cookies Tea-Coffee-Milk

Sunday Breakfast for 25

Juice Hot Cakes Eggs Dry Cereal Tea- Coffee- Milk Sunday Noon

Tamalie Pie Grapefruit and orange Cherry Crisp Tea-Coffee-Milk Beef Stroganoff Green beans, onions with bacon bits.

Sunday Dinner for 90

Pineapple and Cottage cheese salad Bread Chat-Co-Cake Tea-Coffee-Milk

Monday Breakfast Apple Juice Bacon and Eggs Hot and Cold Cereal Toast and Jam Tea-Coffee-Milk

Tuesday Breakfast Orange Juice Sausages and Scrambled Eggs Toast and Jam Tea-Coffee-Milk Honday Lunch (reamed Dried Beef on Baked Potatoes (runchy Spring Salad with dry cereal squares (hocolate (ake with Thipped (ream Tea-Coffee-Milk

Tuesday Lunch (hicken and Homemade Noodles Cole Slaw Gingerbread with Thipped Cream Tea-Coffee-Nilk Nonday Dinner Pork Steak and Mushrooms Bean Salad with Onion Rings

Diced (reamed Potatoes Peaches and cookies Tea-Coffee-Milk

Tuesday Dinner Baked Ham Baked Potatoes Feas and Carrots Hard Rolls Apricot Crisp Tea-Coffee-Milk



2 Menu

Vednesday Breakfast V Fried Vestern Trout--at beach Cornbread- Syrup Oranges Coffee

Hednesday Lunch ch Hobo or Mountain Stew cooked at beach Walking Salad Canned Pop

Thursday Breakfast

' Stewed Prunes Hot and Cold Cereal Sausage & French Toast jam, syrup Tea-Coffee-Milk

Friday Breakfast Rhubarb Sauce Bacon and Eggs Toast Jam Hot and Cold Cereal Tea-Coffee-Milk

Saturday Breakfast Fruit Juice Sausage & Eggs Hot and Cold Cereal Toast- Jam Coffee-Milk-Tea

> Sunday Breakfast Hot Cakes and Eggs

Anyone wanting to make lumches for the return home trip are welcome to use the leftovers.

#### Thursday Lunch

Texas Goulash & Mashed Potatoes Tossed Salad Hot Biscuits Strawberry Shortcake Thipped (ream Coffee-Tea-Milk

Friday Lunch Vegetable Soup & Crackers Shrimp & Lettuce Salad Apple Pie and Cheese Tea-Coffee-Milk

Saturday Lunch Potato Meat filled Roll (ole Slaw and Pineapple Orange (ake

#### Vednesday Dinner

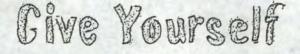
Bar-B-qued chicken Potato Salad Garlic French Bread Pickles & Olives (elery & Carrot Sticks Ice Cream & Cookies Thursday Dinner

Tomato Juice Roast Beef au jus Browned Potatoes, carrots and onions cole slaw

Jello fruit with Ihipped (ream Cookies Friday Dinner Baked Halibut (reole Baked Fotatoes Vegetable Jello Salad Green Beans Flaming Steamed Pudding Nith Hard Sauce Tea-Coffee-Milk Saturday Dinner









#### Ye Olde Editor's Favorite Candy

- 1 cup butter
- 2 thep corn syrup
- 2 toop water
- 1 C. sugar
- 13 C. walnuts

8 oz. Hershey Bar

Put butter, syrup, water and sugar in saucepan in that order. Do not stir! Cook on low heat to 288' F.

Put 1 C. walnuts or almonds on foil in pan about 12" x 18" Cut hershey bar into pieces and spread over nuts. Pour syrup over top and cool. Break into pieces. Leila

(Recipe corrected from past years.)

Demo by Marge Leinum: Dipping Chocolates

Bon Bons

DATE ORANGE CAKE

3 C. sugar 1C. oleo 3 eggs 3 C. buttermilk 3 tsp. vanilla 6 C. flour 3 tsp. soda 3 C. nuts 1 C. dates

Mix and bake 40 min.

Pour TOPPING over warm cake and serve:

Heat juice of 3 oranges (a little rind) 3 lemons & 3 C sugar Pour over warm cake. : Or serve cold after setting at least 24 hours.

(HARM is the ability to make someone else think both of you are wonderful.

CENTER DIP 2 C. crunchy peanut butter 4 Tbsp butter Melt 1 pkg 2 C. chopped nuts chocolate chips 2 C. cut-up dates 1 pkg. butterscotch 2 C. powdered sugar chips 1 slab parafin

> Keep pan warm over hot water.

Roll "Center" into small balls and dip in chocolate mixture. Place on Waxed paper

A knitting needle or other sharp instrument would be helpful in dipping.

> A Labber, Late for breakfast, gave his order as he went through the kitchen: "Toast -- not too brown, not too light. (offee hot but not boiling. A white egg cooked exactly two and a half minutes, and in an egg cup if possible. Add hurry. "Just one question," Marge said. "The hen's name is Mabel. Will that be alright?"







Refrigerator Fruit Cookies

1 c. white sugar 1 c. brown sugar 1 c. marjarine 1/2" 1 c. lard 3 beaten eggs lc. flour 1 tsp. soda Sift these 3 together 1 tsp. cinnamon

Add 31/2 c. more of flour ltsp. vanilla 1 c. nuts 1 pkg. fruit cake mix

Mold into 3 loaves -- refrigerate over night. Slice thin, bake 400 degrees for 8 to 10 minutes.

Silver White Cake

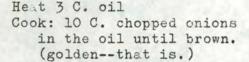
English Cookies

10 c. flour 6 c. sugar 14 tsp. baking powder 2 tsp. salt 2 c. shortening 4 c. wilk 4 tsp. flavoring 16 egg whites (about 2-3 cups) 3 c. flour Blend flour, sugar, baking powder and salt, add shortening, 1 tsp. nutmeg rest of milk and egg whites. Boat 2 more minutes. Bake 350 degrees for 40-50 minutes. Serves 50

2 c. brown sugar 1 c. lard or shortening 2 eggs 1 c. of raisins and nuts 1/2 tsp. salt 1 tsp. soda 1 tsp. Baking Powder 1 tsp. cinnamon 2 c's milk and flavoring, beat Cream shortening and sugar, add 2 minutes at medium speed. Add well beaten eggs then coffee and sift dry ingredients and add to mixture. Add raisin and nuts last. Lrop from spoon and bake in moderate oven (350) about 10-12 mintues.



#### STFOG NOFF (80 servings)



- Add: 25# hamburger and cook until brown.
- Add: ½ C. (to taste) SALT ¼ C. (to taste) nutmeg 1/8 C. pepper <u>or less</u>
- ADD: 6 small cans of mushrooms (stem and pieces)
- Add: 3 50 oz. cans mushroom SOUP and cook 15 minutes when ready to serve, spread about 4 cups powdered buttermilk over top and stir gently. Serve on rice.

#### HUNTER'S STEW

Brown hamburger and onions Add raw, sliced potatoes Add canned vegetable soup. Cook, covered, on top of stove until vegetables are done. Refrigerate, and warm when needed.

eueu.

MEXICAN CHILI

Cook 5# kidney beans (can buy gallon cans) Mix: 2 Qt. #10 cans tomato soup. 2 C. chopped onions 4 oz. chili powder 4 oz. salt Sear 10# ground beef ¼ C. suet Water to make 24 `t. volume Simmer together 3 hours, with the beans.

#### ( VARIATIONS FOR THURSDAY CAKE) ICING

Use pineapple juice in the icing Other fruits in season; Rhubarb, cherries, strawberries, apricots etc., can be used for the filling.

1 C. powdered sugar 1 tsp. butter 2 Tbsp cream or milk ½ tsp. vanilla Drizzle over hot cake.

#### BUTTEPHILK HOTCAKES

- 8 C. flour sifted with:
- 4 tsp salt
- 4 tsp soda
- 3 tsp Baking powder.
- 4 Tbls. corn meal 4 Tbsp. sugar
- Add 8 eggs 8 C. buttermilk 4 Tbsp. melted shortoning. Yield 80 hotcakes.
  - THURSDAY'S CAKE Pineapple Squares

Filling: % C. sugar 3 Tbsp cornstarch % tsp. salt l can crushed pineapple-- (3% cups, 1# 14 oz. size can) l egg yolk Cook all together and cool to

lukewarm.

DOUGH: 2/3 C. scalded milk Add: 1 tsp. sugar Dissolve 1 pkg. active dry yeast in ¼ C. warm water, add to the cooled milk. Add 4 egg yolks slightly beaten 4 C. flour 1 C. margarine

Mix as for pie crust. Stir in yeast and milk mixture. Blend thoroughly--divide in half and roll out on floured board to fit pan 10 x 15", overlapping edges. Spread with filling--roll remaining dough to cover, seal edges snip top with scissors for air to escape. Cover, let rise in warm place 1 to 1¼ hours. Bake at 375 degrees.

(YUM, YUM, MARGE!)

#### OATMELL CAKE

Pour 4½ C. hot water over 3 C. oatueal and 3 cubes butter or oleo. Let stand 20 min.

Add 3 C. white sugar 3 C. brown sugar 6 egss beaten 1% C. raisins

Add 4½ C. flour 3 tsp soda 3 tsp cinnamon 1½ tsp baking powder

TOPPING: 3 C. sugar Melt 3 cubes butter Stir in 3 eags 3 c. coconut 3/4 C. Evaporated milk Boil 2 minutes Add 3 tsp vanilla

Bake 30 minutes 350' (30-40 min.)

GINGERBREAD

6 C. flour 6 tsp baking powder 3/4 tsp soda 5 tsp ginger 3 tsp cinnamon 11/2 tsp salt 1 C. shortening 1½ C. sugar 3 eggs 2 C. molasses 21/4 C sour milk Sift dry ingredients 3 times, cream shortening and sugar, add eggs to molasses, and dry ingredients with milk. Bake 30-40 minutes at 350'

#### BAKING PO'DER BISCUITS

16 cups flour 1/2 C baking powder 3 T salt 2 C lard 1/2 C milk

Bake 12 minutes at 450'

#### BARBLOUL SAUCE

2 C. chopped onion (about 4)
1¼ C. brown sugar
¼ C. paprika
¼ C. salt
¼ C. mustard
2½ Tbsp chili powder
1¼ Tbsp cayenne pepper
½ C. Worcestershire sauce
10 C. tomato juice
2½ C. vinegar
2½ C. catsup
5 C. water.

Makes enough for 40 # of chicken.

#### CORN BREAD

4 EGGS 7 CUPS BUTTERMILK 2 TSP SODA 2 CUPS FLOUR 6 CUPS YALLO" CORNMEAL 4 TSP. SUGAR 5 TBSP BAKING POWDER 4 TSP SODA 1 C SHORTENING

400' 40 min.

FUDGE CAKE for 40 Cream togethor: 1½ C. shortening 4 C. sugar 6 well beaten eggs Add: Mix together 4 oz. chocolate (melted) or 5 oz. cocoa 1½ tsp. soda 1½ tsp. soda 1½ C. hot water 1½ pints milk Add this liquid alternately with 7 Cups flour. Bake 25-30 min. at 350' Makes 6 - 9" layers.

#### APPLE PILS

Crust for 7 pies:

10 C. flour
3 1/3 C. shortening
4 tsp. salt
1¼ C. water
6 gallons canned apples makes
20 pies.



#### PICKLED BEAN SALAD

1 gallon green beans	1 cup sugar
1 gallon yellow wax beans	2 teaspoons salt
3 cans kidney beans	3 cups vinegar
3 cans garbanzo beans	2 cups salad oil
4 or 5 onions, sliced	dash black pepper

Drain juice from beans. Combine drained beans, pepper, and onion. Add remaining ingredients and toss. Aefrigerate several hours before serving.

#### \* \* \* \* \* FLANING FULDING

Sift together:	18 cups sifted flour 5 teaspoons soda	5 teaspoons salt 5 tablespoons cinnamon
Mix in:	5 cups raisins	5 cups finely cut citron
Mix and blend in	: 5 cups ground suet	5 cups molasses

Pour into well greased molds, steam for three hours. Serve hot with hard sauce. To make hard sauce: cream 2 pounds butter, blend in confectioner's sugar and 6 teaspoons vanilla until sauce is firm.

5 cups sweet or sour milk

\*\*\*\*

AP ICOT CUTSP

CRISS - CROSS POT TOES

10 cups flour 8 cups sugar 4 cups butter Do not peel potatoes, but cut in slices, longwise, about 3/4 inch thick. Score criss-cross with fork on one side. hub with oil and with sprinkled paprika.

soup

Crumble and spread over fruit. Pake at 400°F. until brown.

#### POTATO FILLED MEAT LOLL

8 cups cracker or bread crumbs	2 tablespoons pepper
8 cups milk	6 cups grated cheese
20 pounds hamburger	4 cups cracker crumbs
16 eggs, slightly beaten	3 quarts mashed potatoes
6 onions	1 gallon tomato paree or
4 tablespoons salt	

Soak the 8 cups crumbs in milk. Combine with meat, eggs, onion, salt, pepper, and 4 cups of grated cheese.

Sprinkle the 4 cups cracker crumbs on wax paper. Pat meat on crumbs, spread with potato and the remaining 2 cups cheese. Carefully roll up like jelly roll. Put in shallow baking pan. Pake at 350°F. for 45 minutes. Pour the puree (or soup) over meat and continue to bake another 45 minutes.

#### SCALLOP CORN--for 25

1 gal. creamed corn
2 cans cond. milk
¼ lb. crackers
Little pig sausages for each
member

BAKED BEANS -- for 80

8 lbs. Navy Beans cooked. l qt. mclasses 3 cup brown sugar 2 bottles of catsup 4 tlbs. prepared mustard ½ cup vinegar Bake 1½ hr. or till done

SWEDISH MEATBALLS -- for 8 to 10

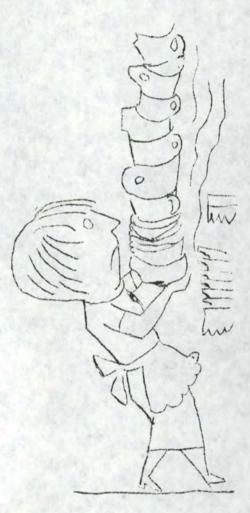
1 lb. ground beef ½ lb. ground lean pork ½ cup minced onions 3/4 cup dry bread crumbs 1 tlbs. snipped parsley 2 tsp. salt 1/8 tsp. pepper 1 tsp. Wbrcestershire sauce 1 egg ½ cup milk ¼ cup Gold Medal Flour 1 tsp. paprika ½ tsp salt 1/8 tsp pepper 2 cups water 3/4 cup dairy sour cream

Mix thoroughly and shape into round balls and brown and cook meat balls in oil remove meatballs -keep warm.

Blend flour, paprika ½ tsp. salt and 1/8 tsp. pepper into oil in skillet. Cook over low heat stirring until mixture is smooth.

Remove from heat and stir in water. Heat to boiling stirring constantly. Boil and stir 1 minute. Reduce heat and gradually stir in sour cream. Mixing until smooth. Add meat balls, heat thoroughly.

DAFFYNITION: Cookbook---- A volume brimfull of stirring passages.



#### RECIPE FOR A HAPPY DAY

1 cup of friendly words 2 heaping cups of undersranding 2 heaping teaspoons of time and patience pinch of warm personality dash of humor Instructions for mixing: measure words carefully, add heaping cups of understanding, use generous amounts of time and patience. Cook on the front burner but keep temperature low. Do not boil. Add generous dash of humor, and a pinch of warm personality. Serve in individual molds.

#### HOME MADE NOODLES

Beat up very lightly: 30 egg yolks and 10 whole eggs 5 tablespoons salt 2 cups of cold water. Stir in 10 cups flour.

#### WALKING SALAD

Take a nice big apple and core out the inside. Use a teaspoon to do this. Take out as much of the inside as possible, without breaking the outside peel. Then fill "salad bowl" with chopped celery, raisins, nuts and mayonnaise. Enjoy your salad as you hike -- or when you get to your camp site. You'll enjoy eating your salad bowl as you eat your salad. Use no spoon -- but beware, you may end up with mayonnaise on your nose!

#### CREAMED SHRIMP

1 gal. peas £ cans shrimp 2 doz. boiled eggs salt to taste 4 finely chopped onions Mix into 6 gal. cream sauce Serve over toast.

#### OATMEAL COOKIES

3 cups shortening3 tsp. vanilla3 cups white sugar3 tsp. salt2 cups brown sugar3 tsp. soda6 eggs6 cups oatmeal4 cups flourwalnutsDrop from teaspoon.Bake at 350° for 15 minutes.

#### ODE TO OUR KITCHEN HELPERS

Thank God for dirty dishes, they have a tale to tell: while others may go hungry, we've eaten very well. With home, health, and happiness I shouldn't want to fuss. By the stack of evidence, God's been good to us.

#### How To Stretch A Mushroom

To Feed 50 People

We did have more than one mushroom but not many more. All told we had about a pound and a half of Morels picked by every labber that went into the woods.

Start out by cleaning and mincing the mushrooms, while this is being done peel as many onions (six nice ones). Mince these and saute in butter along with the top of five celery stalks for flavoring. Next, add one loaf of bread soaked in water and mixed in. All this goes on while the onions are sauteing.

Remove mixture from the fire. Toss in about two dozen eggs, salt, and pepper to taste. Then fry like pancakes in a buttered grill.

The more mushrooms you have and the less people you add less substitutes...

The ideal is three parts mushroom one part onion a few green leafs of celery one slice of dry bread one egg

Follow directions as above. I hope you enjoy it!

Angelo Rovetto







MORE RECIPES

Mimi's Ice Cream

3 c. sugar3 bananas (cut & mashed)3 c. milk3 small lemons3 c. whipping cream3 small oranges.

This is the easiest recipe for homemade ice cream I've ever found. This will serve 8 ice cream lovers.

Combine in manual freezer. Crank. Fill with ice and salt. Crank until hard to turn. Let set to cure. (30 minutes) Open and dive.

One can be flexible and substitute strawberries or any other fruits in season.

#### Bana Boats

Slit bananas, stuf with chocolate chips and miniature marshmallow Seal in foil, fold drug store style. Set in coals. Cook about 20 minutes. Yum\*\*\*\*\*

### PESCE CAMPIONATE ITALIAN FISH CHAMPION WITH CHINESE INFLUENCE

Fry rapidly and thoroughly all your trout. Set aside. Take 1 part vinegar to 1 part water (sufficient to cover fried fish. ( Do not put on fish.) Add onion (liberally), rarsley, nutmeg, clove. Then add gracious. ly the essence of China (soy sauce). Bring to a boil. Now pour over fish. Let set overnight. Will preserve indefinitely, but should be eaten in two years.

Larry Yee - China Angelo Rovetto - Italy (Cooperators)

COOKING!

How to stretch a mushroom pattie. Get all your mushrooms - clean and cut them in small pieces. Estimate how many people this would feed; then subtract this from the number of people to be fed. Now you can go from 1 to 1, to 1 to 5 with onions, (by weight). Now add 1 to 2 celery tops and green onion tops. Subtract this from the number you had left Now eggs should be enough to let all ingredients swim in them.. If this still isn't enough continue adding bread crumbs and eggs. Salt and pepper to tagte.

Angelo Rovetto

MORE RECIPES

#### Brownies

- 1 1/2 cup shortening 2 1/2 cups sugar
- 6 eggs
- 1 cup cocoa
- 2 1/4 cups flour
- 2 cups chopped nuts

1/2 cups sugar
3 tsp. vanilla
1 1/2 tsp. baking powder
1 tsp. salt

Mix shorteming, sugar, eggs and vanilla. Add sifted dry ingredients. Fold in nuts. Bake in a greased pan for 20 to 30 minutes at 350°.

No-Bake Chow-mein noodle cookies

1 pkg. chocolate chips 1 pkg. butterscotch dhips 1 can chow-mein noodles 1 cup peanuts.

Melt chips. Add other ingredients. Drop on waxed paper.

Fudgies

2 cups sugar 1/2 cup milk 1/4 lb. butter of margarine 3 tbs. cocoa 1/4 tsp. salt.

Mix above ingredients in pan and boil one minute.

Add

l tsp. vanilla 3 cups quick oats.

Mix well. Drop from spoon on waxed paper.

#### The Sexagon Punch for Hawaiian Luau

Billy Marie Studer.

# PEACE THROUGH PARTICIPATION 1954

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# 1954 PEACE PARTICIPATION

My People:

For you are my people as much as my own tribe, for once again you have proven your friendship to an Indian who walks alone. You have shown your belief that Peace IS possible when people believe in one-another. God speed and keep you always.

> AH koo in stah mi Chief Blackfeet Tribe (Frank Guardapee)

A Plantation Party, "Under the Big Top"

Swedish Christmas (told by Marie Neilson, who formerly lived in Visby, Gotland, Sweden) the SMORGASBORD Field Day, and World Cruise were the party themes

National Committee on Boys and Girls Club Work, United States Rubber Co. McCall's Craft Publications, Printed books were in the Lab notebook this year.

Painting, (Penn. Dutch Designs) Stenciling Leathercraft Silk Screen and Block Printing! Along with illustrated directions from the wonderful Resource People at Chatcolab. You Can't LOSE!!!!!

#### "OWED" to CHATCOLAB

1954 By Helen Stickley

We came to CHATCOLAB on the 12th of May. Packed and dressed for a full week's stay. With a handshake and smile we were greeted at the gate Whether we were early or among the late.

They gave us a map--a diagram of the grounds, Then our time was ours to look around. Posters were nailed to stumps and trees Telling of parties, plans and sprees.

We found the dorms where we were to bunk, Unloaded our bedding, crafts and junk Then settled down to meeting friends new; After two or three hours, the new ones were few.

The camp is scenic, beautiful and clean. If there were time, one would relax and dream. But there is always something which to do So everything gained is up to YOU!

There are crafts: jewelry, electricity and etching--Some of the results are really quite fetching. We also have leathercraft, painting and games. Besides all this, we have our family names.

Our Nature Boy, Frank, reports in the mornings On the weather forecast, fair or storm warnings He knows the trees and flowers, better than a book--Ask him what is this, he knows with just a look.

We have ceremonials in the woods at night Singing folk songs by the camp fire light; With a contented feeling, our day is done--At peace with ourselves, the problems are won.

I'll be sorry to go, my stay has been well And the knowledge I've learned, I'm anxious to tell The friends I've made, I'll never forget. Just parting and leaving, my only regret.

I AM THE SPIRIT OF CHATCOLAB. I have lived at the Lake Cahtcolet for 6 years. Portions of me have gone to all parts of the world, during this time...to enlighten, to enhance the lives of all those who have come into contact with this spirit.

I have been here in the past--I am in the present--and using the tools of today, I am building for the future. In building for the future, I take into consideration the accomplishments: its heartaches, its failures, which I hope will not occur in the future. I am using these tools to accomplish friendship, peace and understanding throughout the entire world..The Spirit of Chatcolab lies not in the accomplishment of the individual, but in the achievements of all the members of Chatcolab in their own worlds.... (John Moss)

#### THEME: BECAUSE WE CARE

Welcoming songs were familiar rounds and fun songs to set a cheery mood after a delightful dinner for about a hundred Labbers half of them newcomers to the Camp Heybrun site on Chatcolet Lake in sunny Idaho.

Chairs to Mend, Little Known Facts, Horse Foot rhythm round, additional verses to the Bear Echo Ditty, See Yah Nah Indian Round and Music and Joy Shall Live plus lively games at each table to get acquainted.

The evening party lead-up was an invitation to attend in casual dress. Having initialed a white shirt upon registering each entrant to the dining hall was to find his own shirt stapled to the wall and answer a series of pertinent questions to let themselves know in a few pertinent pen-marked words scribbled on the back of their own shirt.

FAVORITE COLOR ? Parody of PRETORIA TUNE We are marching on to Chat-FAVORITE TYPES OF SONGS ? colab. Chatcolab, Chatco-FAVORITE ACTIVITY ? lab. We are marching on to Chat-HOBBIES ? colab, Chat-Co-Lab To-day! WHERE FROM ? Happy Days pg 59 Pink Song-(10 words or less) book WHY ARE YOU HERE? I love the mountains-WHAT CAN YOU SHARE ? SKILLS ? Yellow songbook pg 28 WHAT IS YOUR PERSONAL GOAL THIS WEEK?

> After filling out shirts-they were worn and fancily autographed. Mixing activities for the brief Sunday evening party included: Balloon volleyball done on the knees with net of ribbon between chairs at one end of the recreation hall. There was also an amusing balloon burst with couples' rump to rump endeavoring to break the balloon with gyrations and what have you. A motion-packed experience. Then various bean games to mix and introduce party goers to each other. The "Pussy Cat Game was climaxed w/songs.





Table Fun

SUNDAY EVENING:: First evening songs for the table fun were familian rounds and rowdy tunes.

Bruce and Marianna led "Chairs to Mend" "Little Known Facts"

Lisa led "Horsefoot Stomper"

Mariane led new Bear version

Billie Marie led a round "See Yah Hah"

Joyce led "Music and Joy Shall Live"

#### TUESDAY LUNCH ====INTERNATIONAL SING

Lunch was started off with a Scottish grace. (Kathleen Rowan) Our group was introduced as the Crazy Eights. After lunch was well under way, Lutero Rosa asked Dwight Wales if he could show his sign. He was told to sit down and not to bother anymore. German songs were sang by Eric Hungerford, Debby Lovel and Peg Wallen. Lu butted in again. He was told to take his sign away. A Finish song was sang by Miriam Beasley. Angelo and Elaine Rovetto sang an Italian song. Lu returned again still he was turned down. Dwight sang a Swedwsh spng.' Lu didn't bother to interupt with his sign,he samg a song in Portugese. Don Riste sang a French song. Last but not least was an Israeli song by Mimi Burda and Phil Schwartz. The International Singing was finished when Lu was allowed to show his sign which said "THE END"

#### THURSDAY NOON

Campers were each given the name of a flower or herb upon entering the dinning room. The tables were labeled with corresponding labels. Everyone was then requested to sing to the tune of "I Have a Doggie" filling in with the things listed on signs on the table and with their own gestures.

-		-		
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Mint teaPossum
Rose Hip Tea Hippie
Darjeeling Cow
Yarrow Buffalo
Catnip Kitty
Red Clover Bunny
Cam Rabbit
Sassafrass Rooster
Hibiscus Hawaiian
Ginger Ginger

P.S. Might add an interesting little bit of information; Under the able direction of Velma Stephens, the Hawaiin table made a lei !!!??

#### CORRESPONDENCE

At lunch on Thursday in her most solemn, matter of fact tones, Leila read to us the following letter:

Dear Friends at Chat:

This is a poor substitute to being there in person. Know you are all having a wonderful time on your 25th Anniversary.

Gloria Johnson and I were talking today about how much we would love to be with you ---

At which juncture to the accompaniment of squeals of joy and recognition from the kitchen rushed Mary Fran Bunning and Gloria Johnson. Our red haired editor had ably concealed Mary Fran's plans from all of us even though she had known for a WHOLE week. Congratulations, Leila. It must have seemed like an eternity! Gloria's arrival was a surprise to Leila, too.

Mr. Willis W. Headrick & Son Chatcolab c/o Heyburn Youth Camp Plummer. Idaho

Dear Mr. Headrick & Son (& Associates ???) This is to acknowledge receipt of letter of Monday, May 14 and telephone communications of May 13 and 14.

Regarding weather conditions in this area: fair & warm (some might say hot!)

Please be informed that two of your grapes have begun to leaf out.

Will plan to meet your scheduled return at approximately 9 P.M. on Sunday, May 20 at the residence of Mrs. John Headrick of Gladstone.

Please convey my best regards to all present.

Sincerely,

(Mrs.) Margaret C. Headrick

& Associates!

P.S. Do I leave you with the feeling that my last year's communique was "juicier"?

Mama B reported at dinner on Friday,' that there had been quite a contest to see who would be allowed the HONOR? of reading the letter to the Lab, but since she had addressed Bill's letter of May 14 and put a stamp on it, too, she won out. Courespondence (cont.)

Dear Labbers,

Well here it is the end of my second year at CHAT. The feelings and memories that I have received here can never be explained to someone that has not experienced the love and understanding that I have received this year and last.

Even to you I can't really tell how much Chat means to me, but I can hope that you, too, feel the way that I do. Maybe this part of a passage from <u>GIFT OF PLACE</u> will show you what I mean ; . . .

"In the special places of our lives we live those relationships most dear to us. There

in those secret corners, we discover ourselves; We take our places in the greatest of all creations.

These images are events from the childhood which surrounds me. I know that image cannot match reality, but it can become an offering from memory to life, one person to another, me-you, eye level."

All I can say is CHAT IS FARMING OUT!

Love and peace be with you

Keith Johnson

Verbal Jea Time May 17th

One of several successful activities which the WICOM Family sponsored was "TEA TIME" on Thursday afternoon. The combination of home made tea and a tray full of different crackers and cookies proved very popular with the LABBERS.

Soon after the WICOM's planned the TEA they also chose to utilize talents and environment and collect local natural herbs to make their own teas, as well as using some commercial teas which included hibiscus blossoms, apples peel, orange and lemon peel, and rosehips.

Two days before the tea, the group went on a short hike finding several different herbs for making tea, including Rose leaves, Yarrow leaves and buds, and Ginger roots. After the collection the herbs were spread out to dry in the sun for two days, which sees adequate for the rose leaves, but the yarrow will needed to dry more. If it were repeated, it would be better to collect the yarrow sooner. Ginger roots were just washed and kept fresh.

After drying the herbs were crumbled and added sparingly to the hot water till strengthened to taste.

WICOM's were worried that this tea time might not be too well attended, as it was the first sponsored all week, and so they decided to have meat time fun to make Labbers mor aware of the planned teatime, in hopes of increasing attendance and bringing it to the attention of campers. Mealtim activities focussed around a short song versions of GREEN BAY TEA with variations which went:



"I HAVE A LABBER, MY LABBER HAS ME, I FEED MY LABBER ON HERBAL TEA. MY LITTLE LABBER GOES HA HA!

With 11 different tables at our mealtime, we chose 11 different herb teas (1 for each table), thus there were 11 verses to the above song with each table responsible for sharing their one verse. Each person coming to the meal was given a slip of paper with an herb on it.

were asked to sit at the table labeled with same herb as on their ticket.

· > 1". . . . . .

Each sang their creative in their own way. For example those with <u>Hibicus Herb</u> and Hawiian ", they" PUN-ished us by LEI-ing down on the floor when they finished their song version.

Table with CAMOMILE and RABBIT ended their version with the Bunny-hop;





Thursday Jea Time continued

SASSAFRASS table with their ROOSTER Ended their song with the actions of a RACK-a-Rrack-A R-rack of a Brazilian Rooster taught us previously by Exchange Student Lutero, which everyone appreciated.

The table with RED CLOVER TEA ended their song with an imitation of a Bunny sniffing. Till

Those pepole with ROSE "HIP TEA and their HIPPIE Bumped around after a very slow freaked out version of the tune.

Those persons with GINGER TEA and a GIRL ended theirs wild motions.

WHere any other less original would have merely sung "MEOW" this table with the CATNIP TEA ended by hissing and scratching like cats.

MINT TEA drinkers began the whole competition but ended theirs by "playing dead like their POSSUM animal.

THose with YARROW and BUFFALO imitated a Buffalo. DARJEELING TEA table with their BRAHMA COW surprised us be miling it and going swish swish swish shish etc.

JASMINE and POODLE imitated the yipping puppy...where any other same group would have howled 80W-WO-Wow-wow WOM-MOM-MOM-MOM-MOM-MOM !

The teatime fun was extremely effective with good fun and excellent publicity as later proved by the attendance of most campers delighted with such midafternoon fare on a hot day.

Held in the sideyard the tea was definitely a success with commercial scarlet hibiscus tea served with ice, as iced tea and Hostess Geneva Paroz beautifully clothed servedo hot and unsweetened "herbalhteaserbal teas. Iced tea were sweetened or unsweetend with lemonslice garnish looking lovely floating on the scarlet liquid.

Variety of snack crackers also seemed to ad much to general entiment

Another idea which really aided serving and added a neat touthe was freezing water in the bottom of the tea glasses so wasa filled with tea the frozen water would loosen and rise to gool the tea.

MENU FOR FUN

# 1955

## IN 1955 - 100 LABBERS CAME TO SEE WHAT A

## MENU FOR FUN HADTO OFFER

Many of the "Old Names" were still on the Roster, and many new ones were being added every year. Some names sounded mysterious and foreign! But were just good ole American people. But thanks to Moscow and Pullman colleges so close, we did have many foreign students as guests most of the week. So Friday night ceremony was on the theme of "Fellowship around the world," and many told first hand experiences of life and customs in many countries...Pat Galman, Rizal, Philippines, Catherine Cesar, Italy; Walt Schroeder, Germany; Netherlands, Joyce Merrell; Marjorie Hattan, Norway. Art Ries, IFYE to Israel in '52 told of his interesting travels and the people he met. Jessalee Mallalieu, of Korea. The many cultures of India, told by Raya Reddy; of Austria by Herbert Feichter.

NOTEBOOK DIVIDERS were made by Labbers with Silk Screen Printing. Heretofore, few dividers were used, some original drawings, some printed with our own block prints, now. (witness the lovely Indian design on PROGRAM PLANNING, ('68) We'll be using them again.

On Tuesday, a CHATCOLAB NEWSPAPER was started by Sarah Arndt, with items about people and events at Chat. A newspaper party and ceremony developed from this. Even a "real" TV program...Sarah's was a one page affair, and I can't remember who wrote "LETTERS FROM A CHATCOLAB REPORTER." But it seemed to start a trend of fun and information message givers.

DIETITIONS WITH SPECIALTIES Still included Good Old Faithfuls Don Clayton, Mary Fran and Bill, Frank Guardipee, Charlie Scribner, and newcomer Seth Norris with wood carvings, Mrs. J.J. Kapell, Coeur d'Alene, with numerous SMALL CRAFTS, Patricia Rowe, Folk Dancing, and Ted Alexander, Square Dancing, Nettie Barber and Joyce Ann Merrell were Office Staff.

HAT BOXES containing materials prepared ahead of time by the party committee, contained a variety of materials and basic things like crepe paper, scotch tape and string. After dinner, each table working as a group, created a hat from the materials. The hats were returned to the boxes to be modeled at the style show later in the evening...Modeled to appropriate descriptions read by MARY MCKENZIE, worn by the men in fetching costumes to harmonize with the hats. If you want a fun time... Utilize this information as given in the 1955 notebook:

TOYS made from inner+tubes were among the crafts demonstrated, by Leila Steckelberg. "Real" PUPPETS and a puppet show were given by Gwynne Brady.

#### SATURDAY EVENING MENU

GUD VELSIGNE VORT CHAT (God Bless our Chat)

#### Smorgasbord

#### APPETIZERS

Fickled Herring Clam chowder Hot sausages Cheese Plate Celery sticks Carrot sticks and curls Tomato sections Fried clams Dried beef & creamed cheese Rolls Deviled eggs cottage cheese Home made wine Sweet pickles Olives Radishes and green onions.

#### MAIN COURSE

Turkey German Potato salad Scalloped potatoes Ham Fruit salad

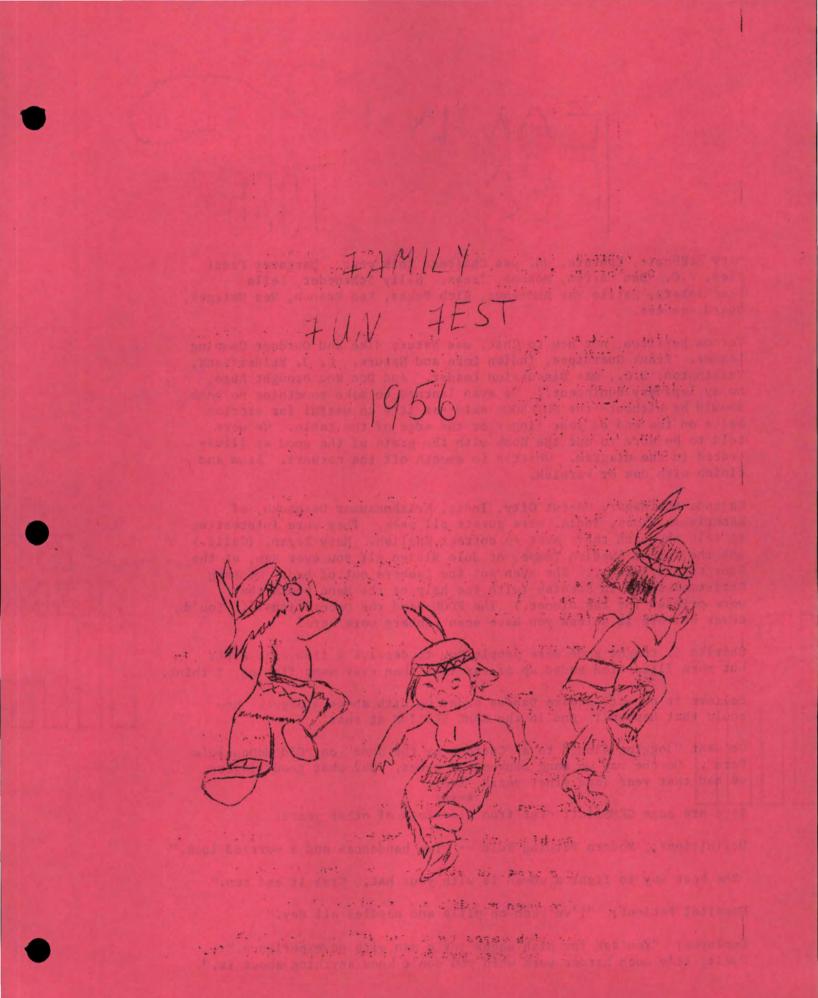
Desserts and Breads

Swedish Limpa Raisin bread Crackers Fruit soup Cookies

#### Beverages

Coffee - Tea - milk

After dinner mints.



Mary McKenzie, Ephrata, Wn. was Chairman this year. Margaret Faust Ries, V.C. Dan Warren, Moscow, Treas. Sally Schroeder, Leila Steckleberg, Hattie Mae Rhonemus, Rich Bakes, Ken Branch, Wes Metzger, board members.

Vernon Burlison, not new to Chat, was Nature Hike and Outdoor Camping Leader. Frank Guardipee, Indian Lore and Nature. E. J. Neiderfrank, Washington, D.C., was Discussion Leader. And Doc Roc brought huge, noisy lapidary equipment!' We even learned to make something no home should be without--the NOTEBOOK said--as it's so useful for storing belts on the end of your finger or the edge of the table. We were told to be sure to cut the hook with the grain of the wood as illustrated in the diagram. Whittle to smooth off the corners. Sand and finish with wax or varnish.

Rajenda Bhatnagar, Meerut City, India, Krishnakumar Deshmukh, of Rankrishma Niwas, India, were guests all week. They were interesting to talk to, with their ever so correct English. Mary Regan, (Calif.) was the cutest Swedish Tompe, or Jule Nissen elf you ever saw, at the Smorgasbord feast... She even got the Labbers out of bed. We sang Christmas songs in Swedish (with the help of the Menu books that were printed for the dinner.) The FOOD--and the Decorations!!! You'd never believe it unless you have seen Labbers work here!

Charlie S. taught some more people how to deceive a fish with a FLY but more flies tied ended up as earrings than ever went fishing, I think.

Believe it or not, Square Dances ended up with about 6 pages. How could that happen?? And in the GAME SECTION at that!

We went "Jogging Along" to a "Cottage by the Wood" on "Old McDonald's Farm". On the way we sang many other songs. Oh! what good singers we had that year (and other years, too).

Here are some GEMS%left over from gleanings of other years:

Definitions: Modern Bathing Suit -- "Two bandannas and a worried look."

"The best way to fight a woman is with your hat. Grab it and run."

Hospital Patient: "I've been on pills and needles all day."

Employer: "You ask for high wages for a man with no experience." "Well, it's much harder work when you don't know anything about it."

#### FUN SONGS

## The BEAR

Leader: The other day.. Group: The other day.. L: I met a bear, G: I met a bear ..

(After each line, group repeats what leader sings. So only one line is given from here on...)

The other day, I met a bear, Up in the woods, Away up there.

He looked at me, I looked at him he sized me up I sized up him.

He says to me "Why don't you run? I see you ain't Got any gun."

And so I ran Awah from there But right behind the was that bear.

And then I saw Ahead of me A great big tree O Lordy me.

The nearest branch Was ten feet up I'd have to jump And trust to Luck.

And so I jumped Into the air And missed that branch Away up there.

But that's okay Now don't you frown I caught that branch On the way back down.

That's all there is There ain't no more Unless I meet That bear once more.

## SIFFING CIDER

(Sung to same tune, in the same way as the BEAR song) (or sing a whole verse at a time) The prettiest girl I ever did saw Was sippin'cider through a straw.

( Repeat above)

I said to her That you doing that fer' Just sippin' cider through a straw?

She said to me That's all I know Just sippin' cider through a straw.

With cheek to cheek And jaw to jaw We both sipped cit der through her straw.

And somehow then That straw did slip And I sipped cider from her lips.

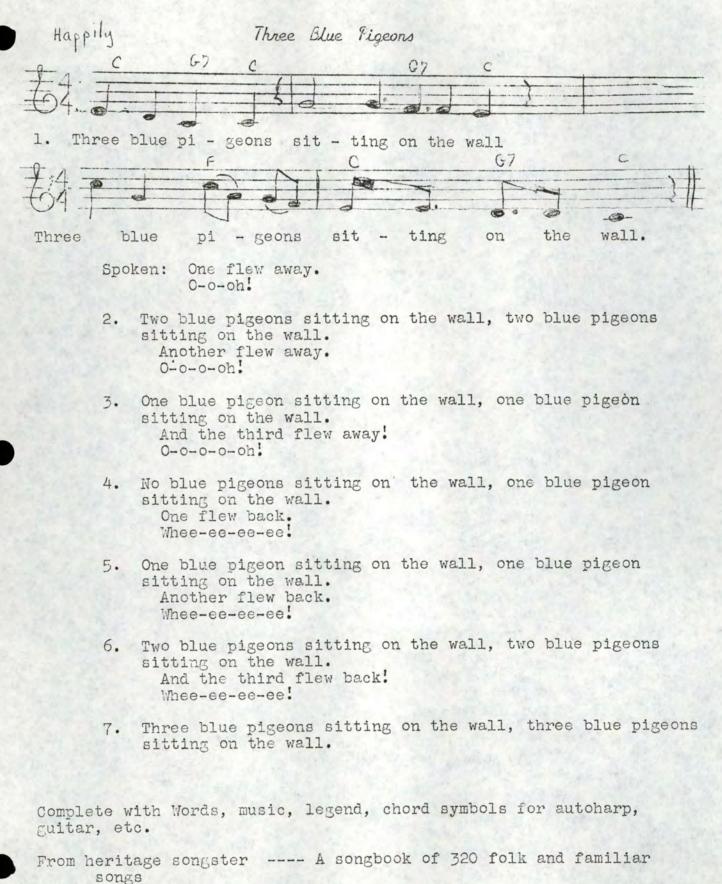
That's how I got My mother-in-law From sippin' cider through a straw.

Now 49 kids All call me apw From sippin' cider through a straw.

If you don't want no mother-in-law Don't sip no cider through a straw.

The moral of this sad, sad joke Is don't sip cider, Sip a coke!





Leon & Lynn Dallin Wm. C. Brown, Publishers, Dubuque, Iowa.

"A GOOD TILE NAS HAD BY ALL Tuesday night after a very impressive ceremony, when a few of the more ?? talented?? singers of (hat stayed around the campfire for a few beautiful renditions of our old camp fav-orites. These included such songs as "The Ants Go Marching In, Little Bunny Frou-Frou- Ninety-nine Bottles of Beer, and other equally serious tunes. with very little trouble. A down-to-earth discussion of philosophies,

and the world at large followed the singing.

#### A Song from South Africa

The baboon (b-boon) climbs the hill lith a sickle tail, with a sickle tail, The b-boon climbs the hill With a sickle tail, with a sickle tail. The farmer watches till he has come much , closer still,

Then he grabs him by his little sickle tail

CHORUS: Stop your groaning, stop your moaning, The Stellenbacher boys are here, Stop your groaning, stop your moaning, The Stellenbacher boys are here.

#### Oh, Brandy

a horus:

Oh, brandy, leave me alone Oh, brandy, leave me alone Oh, brandy, leave me alone Remember I must go home.

1. My gal has another fellow, I don't know the reason why I say, "hello, dear;" she says: "Hello and good-bye--" ((horus)

2. Last Saturday I stopped to see her I knocked at her door all day, Then I stood in the rain, With my dying bauquet. ((ho.)

from Josef Marais and Miranda Revisit the S. African Veld.

hike Early

God Bless My Underwear

God bless my; underwear, My only pair Stand beside them and guide them to the washing machine over there.

Through the washer, Through the wringer, and the dryer, full of lint. God bless my underwear, My only pair.

#### THE WIND IS BLOWIN'

The wind is blow in and the rain is fall in And joy is fillin' the air. Troubles and sorrows are gone forever, And love abound everywhere. We're all together now, Makin' friendships that will last. Sing and be happy now, For time goes TOO fast.

(ricket-Outdoor School '67

\*\*\* another verse to brandy ...

HI HO HI HO

(May be ; used as a dismissal song after meals.)

le are as starved as starved could be Hi ho, hi ho, hi ho, hi ho, But now we've had enough to eat Hi ho, hi ho, hi ho. A rig-a-jib jig and away we go, Away we go, away we go. A rig-a-jig jig and away we go Wel U soon be back again.

\*\*\*\* My home is so far away.. repeat 3 times) Really I cannot stay.

## EACH CAMPFIRE LIGHTS ANEN

Each camplire lights anew The flame of friendship true. The joy we've had in knowing you Till last our whole life through.

And as the embers die away, We wish that we might always stay, but since we cannot have our way We'll come again some other day.

(Verse 3 by Bill Eurning)

Within our hearts there burns a flame That is not yours alone nor mine, But held in trust to carry far... That everywhere its light may shine.

Here in our hearts a light does shine That is not yours alone or mine But held in trust for all of time That every where this light may shine.

(verse 5 used and taken from the (amp Fire Girls)

And though we are far apart I'll hold you in my heart, Until we meet again... God keep you safe 'til then.

### STANISH WORDS FOR ALOVE SONG:

Cada reanion reviva mas' La amor que aqu'e se siente La amor que aqu'e se siente For siempre durara'. A song from your editor ----

#### A Few of My Favorite Things

Campfires and treetops and marshmellows toasting.

Hillsides and long walks and corn meant for roasting.

Cabins and tents and a bird on the wing These are a few of my favorite things.

Teepees and ropebeds and targets for shooting.

Lean-tos and camp-outs and hoot owls a-hooting.

Cook-outs and camp-outs and magic rings

These are a few of my favorite things.

When the snow blows and the ice forms and I'm feeling sad I simply remember my favorite camp and then I don't feel so bad.

#### A TABLE PRAYER

(Tune: "Edelweiss")

Bless this house. Bless our food. Come, O Lord, to sit with us. May our hearts glow with peace; Come with your love to surround us. Friendship and love may they bloom and grow, Bloom and grow forever. Bless our friends. Bless our food. Bless all mankind forever.

#### FLICKER OF CAMPER

Flicker of a campfire Wind in the pines Stars in the heaven, the moon that shines. A place where people gather Meeting friends of all kinds, A place where old man trouble Is always left behind.

Chorus: So give me the light of a campfire, Warm and bright. And give me some friends to sing with, I'll be here all night. For love is for those who find it I've found mine right here, Just you and me and the campfire And the songs we love to hear.

#### A PLACE I KNOW

There is a place I know, where people go. They come to learn and share, they come to grow. Our heards start to get straight, we know where we're at. Good things like this shouldn't only happen at Chat.

#### Chorus:

I'm gonna miss the good times we've had And everyone of you.

We've talked to our firends, we've listened too. Share with your fellow man, is the only rule. We lift our hearts in song, feelings have begun. We've learned to love each other, a victory's won.

Chorus:

Chat is a wonderful place, we all know Here we meet old friends, and new friendships grow. But then all to soon, the week flies by. But just remember this, it's good night and not good-bye.

#### Chorus:

I hope you also feel, the way I do, That when this week is done, its not all through. This love we've hurtured here, it's only fair. We take back to our homes, and start to chare.

by Al Harmon

#### TAKE A CAMP - to tune of "Round 'n Round"

Take a camp, and give it skies of blue, Add the sun, the rain, and a cloud or two. Add a moon and sprinkle stars on high, And some memories that never die.

Take a hike along a mountain trail, Watch the sunset shining through the trees. Hear the mountains tell their ancient tales, And the mystic call of the breeze.

Light a fire, and let it shine out bright, Gather friends around in a welcome light. Sing a song, and share a friendship true, Chatcolab, all of this is you. Chatcolab, all of this is you.

Marianne DuBois

MAGIC PENNY

Chorus: Love is something if you give it away, Give it away, give it away, Love is something if you give it away, You'll end up having more.

It's just like a magic penny Hold it tight and you won't have any, Lend it, spend it, and you'll have so many, They'll roll all over the floor.

Chorus:

So let's go dancing till the break of day, If there's a piper, he will play. Love is something if you give it away, You'll end up having more.

#### SPIDER SONG

Last night my little spider died, Cha-cha-cha Some say he died to spidust Of spider meningitis. Cha-cha-cha! He was a nasty old spider Anyway, Cha-cha-cha! I ate him!!



VORDS:

Aaaaahhhh through all of section L Konish konish pa-lo-sha Chi-ca-ben chi-ca-ben pa-kO-ka

1. (lap soft rhythm of 1-2-1, 2, 3 (repeat)

2. Add singing of "aah" to Fart 1, continue clapping (repeat)

3. Sing words to Fart 11 and change clapping to, single beat.

4. After two beats of clapping sing Part I with "aah".

5. Now hum Fart L

6. Conclude as you began (clapping without singing.)

Massau the Forty-Second

Nassau the forty-second Nassau has gone to war, Nassau the forty-second Marching through the brambles braw.

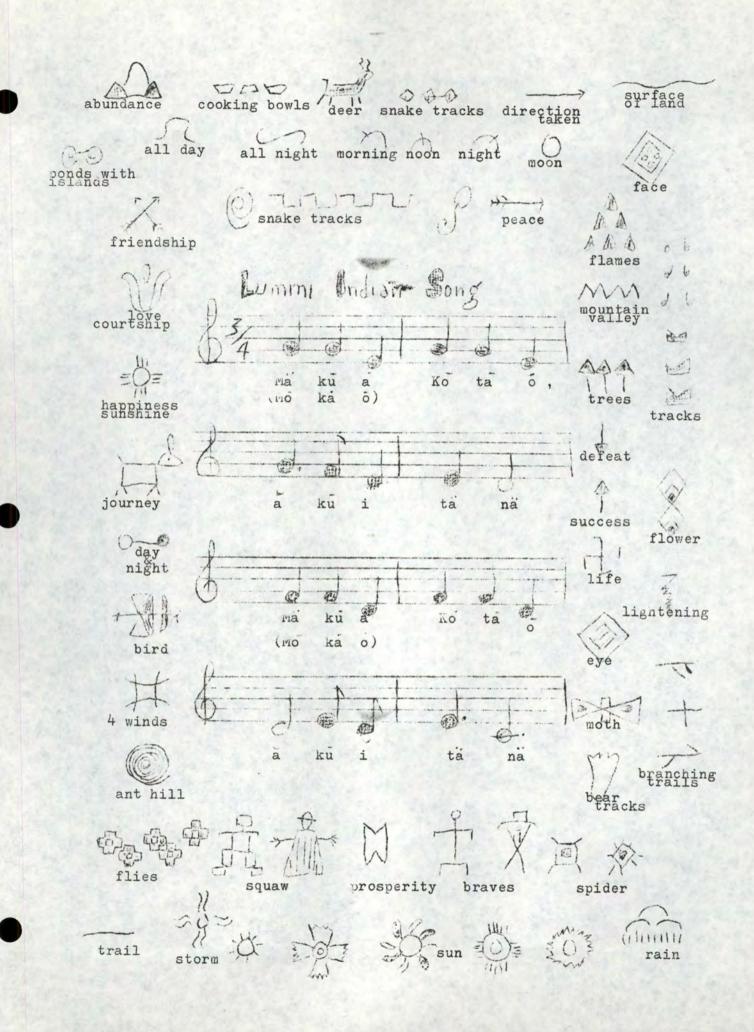
Jithin our hearts there burns a flame That is not yours alone, nor nor mine, But held in trust to carry That everywhere its light may shine.

Aum da diem got boots and stockings, Aum da diem got none at all Zum da diem got boots and stockings, Marching throught the brambles braw.

Zum-Zum-Zum-Zum----

The Zums should be sung by part of the men, while the rest of the companys sings the song again.





#### HERE WE ARE

CHORUS:

Here we are, all together as we

Sing our song joyfully

Here we are, joined together as we

Pray we will always be.

Verse 1.

Join we now as friends and celebrate the Brotherhood we share all as one Keep the fire burning kindle it with care And we'll all join in and sing.

#### CHORUS

Verse 2.

Freedom we do shout for everybody And unless there is we should pray that Soon there will be one true brotherhood Let us all join in and sing.

#### CHORUS

Verse 3.

Glorify the Lord, with all our voices Show him we're sincere, by all our deeds Shout the joys of freedom, everywhere And we'll all join in and sing.

#### CHORUS

Verse 4.

Happy is the man, who does his best to Free the troubled world, from all its pain Join we with that man and free the world As we all join in and sing.

#### CHORUS

Verse 5.

Let us make the world an Alleluia Let us make the world, a better place Keep a smile handy, have a helping hand Let us all join in and sing ---

#### PENNY WHISTLE MAN

#### CHORUS

I hope you meet the peddler, with the feather in his hat, The penny whistle man, with the crange colored cap. Bells on his toes and a raggled, taggled kind of grin. He'll teach you how to love if you believe in him.

In a misty, mystic land, beneath dark hills The penny whistle peddler lives, and there he weaves his magic spells If you ever hear his piping, coming from some far off glade, Open up your hearts and love and never be afraid.

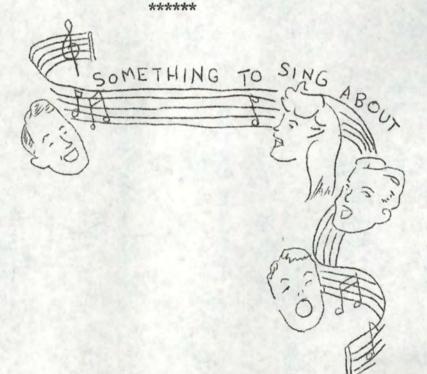
#### CHORUS

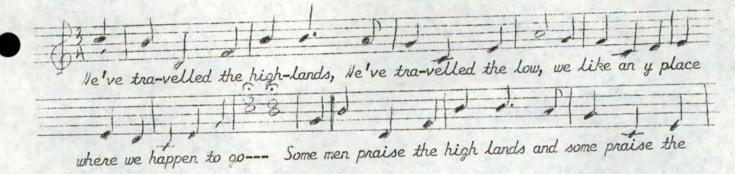
They've never heard of war in the place he dwells, There's music and laughter, and magic are the tales he tells. No one's ever nasty, snakes and dogs don't ever bite. Little children never cry--they're happy day and night.

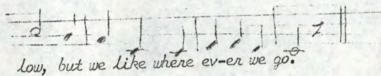
#### CHORUS

We're sad to have to tell you, the whistle man is gone. Today you never hear of him--the sounds of hate and war have come. But if children love each other, and narrow minds all pass away the penny whistle man will come back some day.

CHORUS







### SWISS BOY

Ch, a swiss boy went yodeling on a mountain so high, Then along came an avalanche interrupting his cry. Ch-lee-a, oh-lee-a- ka-hee-a, oh-lee-a koo-koo (motion) Ch-lee-a ka-hee-a, oh-lee-a- koo-koo (motion) Ch-lee-a ka-hee-a, oh-lee-a- koo-koo, (motion) Ch-lee-a ka-hee-a, oh-lee-a- koo-koo, (motion)

2nd verse substitute grizzly bear for avalanche

3rd verse substitute jersey cow

4th verse substitute Swiss hiss

Lotions are "swish" for avalanche, "orr" for bear, "squirt-squirt" for cow, and "kiss-kiss" for Swiss Triss. After each verse, add the motion to the motions of the previous verses in the chorus.

#### TCOAY

Today while the blossoms still cling, to the vine, I taste your strawberries, I'll drink your sweet wine. A million tomorrows may all pass away. er' I forget all the joy, that is mine today.

I'll be a dandy and I'll be a rover, You'll know who I am by the song that I sing. I'll feast at your tables, I'll sleep in your clover Who cares what the 'morrow shall bring. I can't be contented with yesterday's glories.

I can't live on promises Winter to "Spring. Today is my moment, and now is my story. I'll laugh and I'll cry, and I'll sing.

#### PASS IT ON

It only takes a spark to get afire going And soon all those around can warm up in its glowing That's how it is with 'Chat's love Once you've experienced it You spread its love to everyone You want to pass it on

What a wondrous time is spring When all the trees are budding The birds begin to sing The flowers start their blooming That how it is with Chat's love Once you've experienced it You want to sing it's fresh as spring You want to pass it on.

I wish for you my friend This happiness that I've found You can depend on this It matters not where you're bound I'll shout it from the mountain top I want my world to know The love of Love has come to me I want to pass it on.

(From "Tell it like it is" ith a variation)

#### IT IS MY JOY

It is my joy in life to find, At every turning of the road, The strong arm of a comrade kind, To help me onward with my load. But since I have no gold to give And love alone must make amends... My only prayer is while I live, God make me worthy of my friends.

SCNG FOR CLOSING CEROMONY Tune: Brahms Lullabye

Holding hands of dear friends Forming circles of friendship Meeting eyes all so true Ever brings me thrills anew Though we part, 'Tis with joy For we'll always remember Chatcolab - for work & play Hope we meet again some day.

and and the

#### VP WITH PROPLE!

It happened just this morning, I was walking down the street, The milkman and the postman And the policeman I did meet. There in ev'ry window, At ev'ry single door, I recognized people I'd never noticed before.

Chorus

Up! Up with people! You meet 'em where ever you go! Up! Up with people! They're the best kind of folks we know. If more people were for people, All people ev'ry where There'd be a lot less people to worry about, And a lot more people who care! There'd be a lot less people to worry about, And a lot more people who care!

People from the southland, and people from the north, Like a mighty army I saw them coming forth. 'Twas a great reunion, Befitting of a king! Then I realised people were more inportant than things.

#### Chorus

Inside ev'ry body there's some bad and there's some good, But don't let anybody start attacking people hood. Love them as they are, But fight for them to be, Great men and great women, As God meant them to be.

Chorus

#### Born Free

Born free. As free as the wind blows, as free as the grass grows, Born free to follow your heart. Live free and beauty surrounds you, the world still astounds you, Each time you look at a star. Stay free, where no walls divide you, You're free as a roaring tide, so there's no need to hide. Born free. And life is worth living, but only worth living 'cause You're born free. From Yahoo --

When I stand on Indian Cliffs and gaze upon the lake and the St. Joe and beyond to the mountains I am reminded of Rev. 22; 1. "And he shewed me a pure river of the water of life, elear as crystal proceeding out of the throne of God and of the lamb."

To me this river of life is as the current of love that flows through the lab and carries us beyond the human apprehension of its origin to a divine comprehension of its true nature.

#### I'd LIKE TO TEACH THE WORLD TO SING

I'd like to build the world a home and furnish it with love, Grow apple trees and honey bees and snow white turtle doves. I'd like to teach the world to sing in perfect harmony I'd like to hold it in my arms and keep it company.

I'd like to see the world for once all standing hand in hand And hear them echo through the hills for peace throughout the land.

That's the song I hear, let the world sing today A song of peace that echoes on and never goes away Put your hand in my hand, and help me find the way.

I'd like to teach the world to sing in perfect harmony. I'd like to hold it in my arms and keep it company. I'd like to see the world for once all standing hand in hand And hear them echo through the hills for peace throughout the land.

#### OVER MY HEAD

Over my head, there's music in the air Over my head, there's music in the air Over my head, there's music in the air My God is everywhere

Song may be continued with other words than music such as "Lovin', Friendship, Spirit, Singing, Praying, etc."

#### SWEET VIOLETS

There once was a farmer who took a young miss In back of the barn and he gave her a Lecture on horses and chickens and eggs And told her she had the most beautiful Manners that suited a girl of her charms The one that he wanted to take in her Washing and ironing and then if she did They could get married and raise lots of Chorus: Sweet Violets, Swetter than all the roses Covered all over with sweet violets, The girl told the farmer that he'd better stop Or she'd call her father and he'd call the Taxi and get there before very long 'cause Someone was doing his little girl Right for a change and so that's why he said If you marry her son, you're better off Single and that's always been my belief Cause marriage can bring a man nothing but Chorus: My Thank You Song I reached for your hand and found it there, I reached for your heart you gave me a share, You gave me your smile, You gave me your hand, Only you seemed to understand. You built a bridge that spanned the gap, You freed my heart from a binding trap, You listened, you knew You made me see .... In your circle of arms you set me free. And that was the moment you became my friend. You taught me that love knows no end; So I thank you for knowing for wanting to care, And for that I have you and for that I care. To all the someone's who understand! Daphne Anne

#### RED BALLOON

Give me a red balloon on a long black string I'd be richer than any king with my red balloon on a long black string I can whistle and I can sing.

#### CHORUS:

Laughs are many and tears are few, Life's exciting and always new. In a world of girls and boys In a world of simple joys.

Give me a paper kite on a windy day And I think I'll fly away With my paper kite on a windy day, Oh, yes I'll fly away.

#### CHORUS:

Give me a bright spring day and an apple tree, Look up there and you'll see me A As I look out from my apple tree There is nothing that I can't see.

CHORUS :

#### PIONEER SONG

If I had the wings of a pioneer, pioneer, Into the woods I would fly, would fly, There to remain as a pioneer, pioneer, There to remain til I die. Chorus

Ch, oo-la la, oo-lala, oola la. Again. oo-lala, oo-lala la repeat. oo-lala, oo-lala, oo-lala, once more. co-lala, oo-lala la. Second verse.

If I had the axe of a pioneer, pioneer, Into the woods I would shop, would chop, That a to remain the subsect, pioneer, These to remain table 1 drop. Thorus

Chorus: (sing theory, and at and say Thrid verse.)

If I had the wife of a piones, bionest, Into the woods I would flee, would flee, There to remain as a pioneer, pioneer, There where she couldn't catch me. Chorus.

Chorus: (Sing through and say it the end, The End, the very, very end)

#### DOWN IN THE OLD CHERRY ORCHARD

Down in the old cherry orchard, Under the old cherry tree, Every night in the pale moonlight He/she sang sweet love songs to me; That's where I first knew I loved him/her, That's where he/she said he/she loved me, Down in the old cherry orchard, Under the old cherry tree. (sway to beat, holding sway when you hold a note)

#### KOHEN-KERRY KEESE

Kohen kerry keese, kerry kes, kerry keska, \*Umpa-ta-o, Umpa-tah, \*Very very ves, very ves, very vespa, \*Umpa-ta-o, Umpa-tah, O-nay-pah-shay, O-nay-pah-shay, Umpa, umpa, umpa, umpa \* new round begins

#### DAVENPORT - tune of Harrigan

D-A-V-E-N-P-O-R-T, spells davenport, davenport That's the only decent kind of love seat, love seat. That's the kind they really makes your heart beat, heart beat. D-A-V-E-N-P-O-R-Y you see It's a hug, and a swueeze And an 'Oh, George, please! ' It's davenport, for me.

#### EGGS AND MILK

We had some chickens, no eggs would they lay. We had some chickens, no eggs would they lay. My wife said, "Honey, we're losing money. We have some chickens, no eggs will they lay.:

One day a rooster came into our yard, And caught those chickens right off their guard. They're laying eggs now jutt like they uster ever since that rooster come into our yard.

We have a milk cow, no milk will she give. We have a milk cow, no milk will she give. My wife said, "Honey, we're losing money. We have a milk cow-wow. No milk will she give."

One day that rooster, came into our yard, And caught that milk cow-WOW right off ber guard. She's giving egg nog in glass containers Ever since that rooster come into our yard. GRACE----

Tune: Gillette Shaving Commercial se present at out table, Lord! Be here and everywhere adored. These mercies bless and grant that we, May feast in fellowship with thee.

AMEN

"Thank you--for giving us this moment Thank you--for teaching us to share Thank you--for giving us each other Thanks for being there." Nancy J. Rice

Praise God from whom all blessings flow, Praise Him all creatures here below, Praise Him above.ye heavenly host, Praise Father, Son, and Holy Ghost.

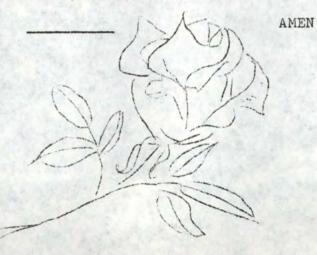
AMEN

Back of the bread is the flour, And back of the flour is the mill, And back of the mill is the wind and the rain, And the Father's will.

AMEN

God has created a new day Silver and green and gold, Live that the sunset may find you, Worthy his gifts to hold.

-....r



SCOTTISH GRACE

(This was the song used for the noon meal on Tuesday for the International meal.)

Some hae meat, but na can eat, And some they hae not any; But we hae meat, and we can eat, And so dear Lord we thank Thee.

Kathleen Rowen

#### BEAR SONG (Additional verses)

The cutest bear (repeat) I ever saw (repeat) Was standing in the road (repeat) With a sandwich in his paw (repeat) The cutest bear I ever saw Was standing in the road With a sandwich in his paw.

I asked him if He'd Pose for me He said he would For a nominal fee.

I walked right up To look at him He opened his mouth And shoved me in.

So here I sit Inside this bear I need some help And a little fresh air.

#### Marianne DuBois

#### CAMPFIRE'S BURNING

Campfire's burning Campfire's burning Draw nearer Draw nearer In the gloaming In the gloaming Come sing and be merry!

(Four part round) Kathy Yee

You bad leetle boy, not moche you care How busy you're keepin' your old granpire

1. Tryin to stop you every day
Chasin de hen around de hay.
Why doan you give him a chance to lay
Off an de fiel' you faller de plow
Den wen your tire, you scare de cow
Sickin do dog till dey jump de wall
So de milk aint good for nothing at all
And youre only five and a half dis fall Little Bateese

Too sleep for sayin de prayer to night Never min, I sposezit'll be alright. Say dem tomorrow? Ah dere he go

He's asleep in a minute or so And he'll stay lak dat till de rooster crow Little Bateese

Den wake us up right away tout'siute Lookin for something to eat Makin me tink of dem long leg crane Soon as dey swallow dey start again I wonder your stomack doan get no pain Little Bateese

Jus see him now, lyin dere in bed Look at de arm underneath his head

Ef lu grow lak dat till he's twenty year I bet he be stronger dan Louis Cyr And beat all de voyageurs leevin' here Little Bateese

But Little Bateese pliz doan forget We're rader you're stayin de small poyyet So chase de chicken an mak dem scare And do what you lak wid your ole granpere For when you're beeg feller, he won be dere Little Bateese

La vêm o seu Mane

La vêm o seu Mané Commandando o batalhão Macaco vêm montado na cacunda do leão

O gato faz miau Miau, miau Cachorro faz au au Au, au Peru faz glu glu Carneiro faz mé mé E o galo garninze Qué, qué ré qué qué qué. Lutero Rosa

#### VI GA OVER DAGSTANKTA BERG

Vi ga over dagstankta berg, fa-la-ra, Som lant af smargden sin farg, fa-la-ra, Sorge ha vi inga Vora glada visor klinga Sa klart over daggiga berg, fa-la-ra.

De gamla och kloka ma le, fa-la-ra, Vi ara ei forstandiga som de, fa-la-ra Men vilka skola sjunga for varen den unga Um vi vora kloka som de, fa-la-ra.

Sa gladslikt hand uti hand, fa-la-ra Nu ga vi til fagel foenix land, fa-la-ra Til et sago land som skjiner Af kristala och rubiner Nu ga vi til fagel foenix land, fa-la-ra.

# 1957

"Be what your friends think you are Avoid what your enemies say you are And go right ahead and be happy. For there are no two people alike And both of us are glad of it."

Have you ever watched a person That you liked extremely well? Admired her voice, her smile, her poise, And knew that she was loved so well? Have you tried to imitate her, Copy things that she would do; Then discouraged, you soon discovered That your actions seemed untrue? Be Yourself.

Don't you know that unseen power Is resting deep down in you, too? And sometimes whispers something fine That you are sure is very true? Now if you know 'twill do no ill, And you can give it birth; Shout it to the house-tops! Improve this good old Earth. Be Yourself.

\*\*\*\*\*\*

Use what language you will, you can never say anything but what you are.

ESPECIALLY DEDICATED TO DON CLAYTON:

If a female soldier is a WAC, and a female sailor is a WAVE, what is a WOC? A WOC is what you fwow at a wabbit, silly.

\*\*\*\*\*\*

RICH BAKES and KEN DOWNING demonstrated an electronic range... Paper plate cooking eliminates dish washing. How about that for camp?? Baked potatoes in 4 minutes and cupcakes in 2! I come to CHATCOLAB, not to gain a particular skill or ability, but to gain general leadership ability and to associate with the wonderful people who come to CHATCOLAB. Each year I find that I gain something new. While new ideas and new friends are great, the most important thing I gain is a renewed self-confidence in my ability to handle leadership responsibilities.

2.After the first time I came to CHATCOLAB I couldn't stay away.

3. The fullness of life that is portrayed in a life-time is passed in review in one week. This is a stirring stimulating thought inspiring - life renewing experience. This is CHAT to me.

4. I came to LAB because I remember what I was like before my first CHAT and how shallow I was. Here at LAB I have met the most wonderful people in the world -- people who really care about one another, who accept and love each one for what they are and not for what they want them to be. They have taught me so much and helped me grow, but I still have a great deal of learning and growing to do. Everyone here has so much to give. Someone said "CHAT is real people in an artificial world, at home we are artificial people in a real world." Here at Chat we can come out from behind our masks and be <u>real</u> people. I want to get to know more <u>real</u> people and CHAT is where it is at!

5. You wonder why I return? Every time I think about'WHAT' my heart within me seems to burn. The friends I meet, the things I learn. Has been the way to life anew So I'd like to share these feelings with you.

6. CHAT offers me an opportunity to make new friends, exchange ideas and grow in leadership capabilities. It is learning experience --I learn more about myself as well as others. It is a sharing experience -- others share with me far more than I can share with them. It is a strenuous relaxation from the "Madison Avenue" world that gets me away from T.V., telephone and the other veneer trappings of the asphalt and cement jungle. It brings me back to basic people in person to person relationships. This why I come to CHAT. I expect to tear down old walls so that new personal relationships may flourish as in Oscar Wilde's Giant's Garden. I want to give and share with others and make new friends.

7. To be alive from year to year One returns to those who are dear.

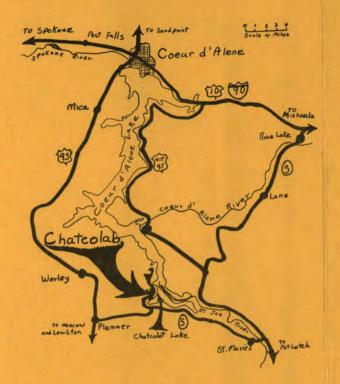
CHATCOLAB can really fill my cup My plea continues "FILL 'IR UP"

- It 's more than just a place to be A way for us to live - you'll see.
  - A place where we can pass the test For being real --- EACH SELF IS BEST.
  - It's much more than mere vacation Verve for living -- RESTORATION.

1.

## WHERE THE LAB MEETS

The lab meets at the Heyburn State Park Youth Camp on the west side of lower Coeur d'Alene Lake on Chatcolet Lake. (Hence the lab's name of CHATCOLAB.) Between Plummer and St. Maries in northern Idaho, turn north at the sign to Chatcolet.



## WHEN THE LAB MEETS

The lab starts at dinner time on the second Sunday in May. Plan to be in camp by 5:00 p.m. The camp ends at breakfast on the following Sunday.

## PURPOSE

The lab is designed as a stimulating experience for people interested in recreation where they may share ideas with other leaders and gain aid from a resource staff in many areas.

## BACKGROUND

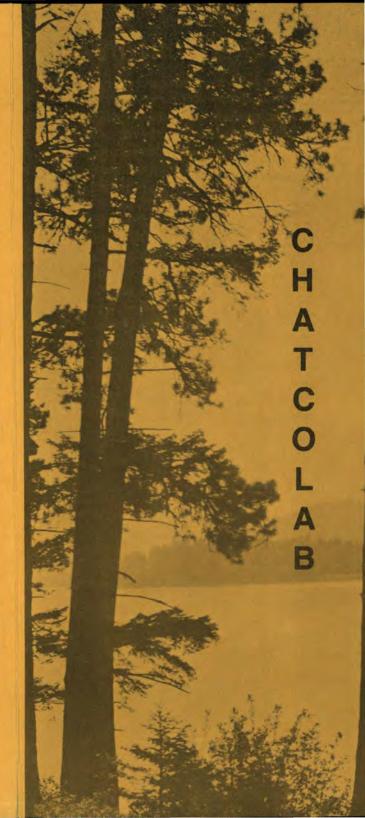
A number of years ago, a small group of people met with a common concern about the training needs of leaders (both volunteer and professional) working with youth and adult organizations. They organized the Northwest Leadership Laboratory. Because the lab met on the shores of the beautiful Lake Chatcolet, it soon became known as CHATCOLAB.

Chatcolab has no sponsoring institution, but is supported solely by those who attend the lab. A board of directors is elected from the lab members by the members. Each director serves a term of three years. It is this board, one-third of which is elected each year, which gives the camp its continuity. The board members serve without pay, and even pay their own lab fees. The number of labbers who return year after year and their willingness to serve as board members is testimony of their belief in the value of CHAT-COLAB.

## **WHO COMES**

Any adult is invited to attend, especially those interested in recreation leadership. The majority of the labbers are volunteer leaders working with 4-H, Campfire Girls, Boy Scouts, Girl Scouts, church groups, granges, and other organizations. Teenagers (16 years old and up) who are recommended in a letter from their sponsoring organization are welcome.

> Mailing address: Chatcolab, Inc. P.O.Box 542 Moscow, Idaho 83843



YOU are invited To Join in the Fun With Us



As We Gain — ★Knowledge ★Ideas ★Philosophy ★Skills

# While at Chatcolab you will share with us by:



Taking part in LEADERSHIP DISCUSSIONS where the solutions to typical camp problems are exchanged and the PHILOSOPHY of recreation leadership is presented both by trained resource staff members and by the labbers themselves.



Participating in the fun and humor of new games. The parties, games, programs etc. provide a vehicle for a laboratory experience in recreation leadership where new ideas may be tried in an experimental atmosphere.



Sharing IDEAS with other campers. By so doing, your camps at home will be brightened with new ideas brought together from all parts of the country.



Learning many leadership SKILLS such as story telling, song leading, party direction, etc. All of this is accomplished by PARTICIPATION in all forms of recreation from nature study to dance, singing, crafts, ceremonies, and MORE!

8. The reasons I come to CHATCOLAB

CHAT has helped me to learn to know myself, to better understand others; and therefore, I feel that I am more loving and more tolerant than I was before I had the experience of CHAT.

CHAT HAS helped me learn enough af the nature of leadership that I am more effective in helping individuals and groups define and achieve their goals. I am also clearer about my purpose in life.

CHAT has afforded me the opportunity to meet many wonderful people and to make some friends who mean more to me than I can find words to express.

9. Why I came to the '73 CHAT:

Reason that got me here: to learn and gain skills that will enable me to work with out-of-doors' groups (i.e. kids).

HIDDEN MOTIVES: (1) I'm scared to work with large groups of kids out-of-doors until I've proven to myself that I can do it.

(2) I needed a vacation!

(3) People told me CHAT was a really open place -- honest and full of people who were real.

(4) The wildlife and woods help me to regain an inner peace and happiness that often wears thin in the city.

(5) I hope someone will be a little happier because of my presence. I want to share my love of life.

10. All year long I am busy responding to the needs of others first. When I come to the LAB I respond to my own needs first. Selfish? No, I just need a turn to care for myself.

11. As a returning labber, I have had a whole year to let ideas grown. The highlight of the year is to share these ideas in a deeper way with those who have come to share theirs.

12. I don't know why, but I wouldn't miss it for anything.

13. Often I de-emphasize talent or thought I have simply because I feel that others may not care to know about it, or because I believe they already know that I possess it.

CHAT can be an event that results in me discovering some skills, philosophy, talents or ideas that I was not aware I possessed.

Self-discovery during CHAT can result in self-knowlddge and self-appreciation.

14. I hope to make new friends here and renew acquaintances.

15. One representandgaa first year CHATCOLABBER: I came to CHAT as a result of being associated with people wha had been to CHAT in previous years and at LITTLE CHAT happenings which I have had the opportunity to attend. I found that people from CHAT, when observed with other CHAT people, seem to have something which I haven't observed very often in the world away from CHAT. I was into it observed very often in the world away from CHAT. I was into it would have to get involved to find out for myself what it was all about. 16. I came to CHAT for an experience in life and people through to basic communication with the people who make up this year's lab. I need the time away from the year round world and hope to graw a great deal on a personal level through the communication opportunities of CHAT.

17.I came to CHATCOLAB to learn new ways to communicate. In today's world people keep hurling words at one another, often in anger, yet they cannot seem to understand each other.

People who are having fun together, either in play or working together, seem to communicate very well.

I hope to deepen my understanding and improve my skills in communication with people in many ways - particularly in different recreational activities.

18. I want to be able to sit and talk and <u>listen</u> to everyone at LAB. This way I'm sure to accomplish both of my main goals - (renewing acquaintances and making new friends.)

I hope to have a few discussions on ecology and what each of us can do as our part. To quote our group:"If we don't help with our nation's ecology, we won't be able to philosophize." I hope to be able to throw a little philosophy into this week.

In this week, I hope to be able to work in a few small crafts; not only to take back home, but to be able to wnjby these myself -something I can do while listening and walking around.

Last, but certainly not least, I hope to be able to find an inner peace. I'm hoping that this will help me to better understand myself and in turn, help me to understand others -- both hereat lab and home.

19. I came to GHAT merely because I want to show off all the wonderful people to my friend.

20. I came to CHAT because I like people. I like recreation too, and I think these two go together very well.

21. I came to CHAT a year ago not knowing ouite what to expect. I came away knowing a lot more about myself and about how to relate to others. I guess if I had to pick out one thing that meant most to me it would be trust. I found out what it is to really open up and take off my mask and that beautiful things happened when I did. This year I really didn't know what I would find, but I think I want to feel the special love, that kind that isn't found too easily. I call it God's love and I think that it's really expressed at CHAT. I want to be with people who reflect this spiritual love. There's something about the whole CHAT experience that I can really dig. I guess I came to be with the kind of people who would come to a place like CHAT. This year I don't really know what I'll learn, except that it's going to be a lot different from last year because I learned some things so well that I won't have to relearn them. I've got room and time to learn new things this year. I'm looking forward to sharing this learning experience with my old and new friends because, well, people is what Chat's all about!

#### MONDAY DISCUSSIONS

The purpose of the Monday discussion period was to inform the newly constituted family groups regarding their part in determining the program and learning experiences that would be offered at Chat for the rest of the week. The following periods were offered as times which family groups might choose to use for carrying out some idea, activity or plan in any way that they might desire:

#### Before-Breakfast Activity

The time when we break our fast and get started as a total group. A morning period for communication around issues, ideas, experiences,

evaluation, etc. (about one and one-half hours) The noon-time eating and fellowship time (about one hour) The mid-afternoon period often called tea-time (one-half hour) The dinner hour.

The evening get-together time which could be tied in with the dinner hour and/or the closing fellowship.

Closing and reflective time (usually about one-half hour) Unofficial, after hours doings.

Groups were invited to utilize these times as opportunities to provide very real and needed program for very real and human playerpersons - meaning those of us attending Chat this year. This was conceived as a central approach to our learning through our own planning, designing, performing and participating.

A second purpose of the discussion was to identify the many and various resources that were available for our use. In addition to those people selected by the Board to act as resource in designated areas, the wealth of resource in all the membership was referred to. Additionally, the natural setting and its unusually and prolific resource was outlined. A basic principle for effective recreation leadership was proposed as "The Full and Creative Utilization of Resources."

Following this exposure and outline the family groups were asked to meet for a period of approximately forty-five minutes with the task of getting together to explore their group interests as to what kinds of things they wanted to do when they met during their regular morning and afternoon sessions and possibly other times.

They were then asked to return to a general session for reporting any progress that they had made. It turned out that each of the groups had chosen to develop a program or 'happening' for one or more of those periods designated as available.

The remaining fifteen minutes was used for the family groups to meet and organize in terms of selecting a chairman or representative contact person plus recorders. The purposes sought for the session were:

- To experience a sense of interrelationship in a wholeness through the medium of group singing.

- To have individual members get in touch with their inner feelings, with the natural setting and interpersonally with others they did not know.

- To appreciate the importance of getting started in a situation.

The session began with some group singing. Songs were: "Ram Sam Sam", "I'll Sing a Song", "Dona Nobis Pace", "Hola Hi Hola Ho", "Lord Make Me Holy."

PROGRESSIVE MILLING: The instructions were to mill around in the meadow or the immediate woods area (We were meeting behind the Rec. Hall). Each person was to move aimlessly, not caring where they moved to. They were to be inwardly directed - trying to stay in touch with how they were feeling (avoid thinking or concentrating on what one ought to feel or do). Let that center or area where your feel/experience life dictate where you go.

After approximately ten minutes an instruction was given asking that members continue to move from their inward focus to the natural setting. Each was to focus on some object of nature that atracted him and to try to connect in or establish a relationship. Even try to become that object and try to feel what it would be like to be that object.

The participants were next invited to congregate in the open area near the baseball backstop and told that they were to mill around in the Chatcolab village square. (This was still non-verbal)

- At first they were to move steadily among the others but were to avoid any contact. They were not to look at anyone as they busily moved about in the village square.

- Next, as they continued moving at a fairly brisk pace, there was a noticing of others eyes as they passed. No talking or hesitating as they moved about in their busy way.

- Now they were to look more deeply and notice the color of people's eyes.

Then some quick contact of touching on the shoulder or handshake.
They were asked to speed up the pace a bit and tuck an earlobe or shake both shoulders, etc.

Instructions were to move faster and faster until the pace was pretty hectic and noisy chatter and laughing was dominant.
They were then asked to FREEZE, close their eyes and be quiet for a minute. Upon the request to open their eyes again individuals were asked to become aware of how they were feeling.

GROUP CONVERSATION: Members were asked to look around them and to get connected into a short term relationship with several people of this community that they have not yet come to know.

- They were asked to mill around, connect with someone and spend about ten minutes processing or talking about their early experience when they were letting their inner feelings and their experience with a selected object of nature.

- After milling and connecting in with another "stranger" they were asked to talk for about three minutes each on such subjects as which began with the phrase : Tuesday Discussion - 2

When I was a child I used to have fun playing ...

Fcople think of me ...

Nothing is so frustrating as ...

In groups when I have something to say ...

The best way to measure success is ...

Marriage can be ...

Loving someone ....

Ten years from now ....

(Only a few of these were selected, due to a shortage of time.)

Before the final pairing the participants were reminded of the process they had been going through of having to either initiate or respond to another person about getting into a relationship. They were asked to be thinking about how they tended to negotiate a beginning relationship as they went about getting paired up this last time. They were then instructed to talk about how they see themselves getting "connected-in" and how comfortable or difficult this is for them.

#### FINAL ALL-GROUP DISCUSSION

The group then discussed this business of getting started, both as individualis.and groups, a something that happens to us every time we feel we are involved in a new situation. The different styles of entering in were illustrated and the issues of dependency upon others to open doors and sometimes push for us to get into new situations. Inclusion and invitation were identified as basic issues. The task of the recreation leadership in planning and leading the first or opening phase of any event or happening as crucial to the success of that which follows was stated as a priority skill and sensitivity capacity.

#### WEDNESDAY DISCUSSION

The purpose of the Wednesday discussion was to identify feelings that people involved in leadership situations view as significant and those defenses people use in response to these feelings.

After establishing these issues as important and influential to actual behavior we tend to exhibit in various leadership situations it was suggested that the entire group participate in preparing a lecture on feelings and defenses. The planning was to be unstructured except that two persons were to take notes and record them on newsprint so that all there could read the listing or outline.

After receiving and sometimes asking for clarification of ideas from a number of the group members a volunteer was asked for who would give the lecture. Greg Kauffman volunteered and proceeded to give an effective tenminute lecture using the notes that had been recorded on the newsprint:

#### Wednesday Discussion - 2

# Lecture for Leaders (Feelings and defenses)

Problems: feelings of responsibility - getting people there frustrayion nervousness when things don't go right inadequate to task fear-panic-defenses (repetition, boredom) having to deal w/ negative attitudes (of yourself and others in group)

Helpful suggestions: lead in w/ songs have a good outline (and outlook!) available -be prepared and organized by your own standards be flexible believe in what you say!! be enthusiastic! know what you're talking about vary your emphasis

Group support helps! use of parables peculiar to group you're addressing (relate to your audience on a feeling level) flattery gets you anywhere(?) (say something nice about where you are.)

Visual Aids (use of):

This was followed by a general discussion and a few summary remarks by the discussion leader.

#### THURSDAY DISCUSSION

The purpose of this discussion was to become more aware of importance of trust in the business of caring and sharing.

After a few minutes of general discussion wherein the characteristics of this element in our lives called trust were identified and how and where the lack or loss of trust influences one's effectiveness, the members of the group were asked to consider the place that their sensory system has in terms of being able to experience and relate.

Members were asked to pair up with someone they had come to know here at Chatcolab. One of the two was to be the eyes for the other for a period of fifteen minutes and to lead them in the immediate natural surrounding to experiencing their own movement and contact with things through touch, hearing, and smelling. They were to concentrate on their role of helping the other to experience things fully yet providing that measure of guidance and safety necessary to get around and get related to. Upon a signal they were to then reverse their roles for a fifteen-minute period.

After this they were brought into the area and given about ten minutes to process this experience with each other. A too short general discussion of t the trust issue and the application to leadership relationships followed before the members went off to Family Group Meetings.

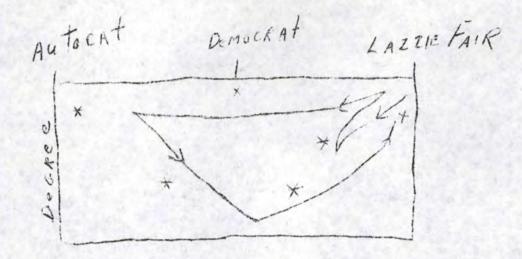
# FRIDAY DISCUSSION

The purpose of this discussion was to identify the factors of situation and function as well as personality traits in leadership, and to consider the kinds of leadership styles that might be effective or out of place in various situations.

The leader first introduced the subject of leadership by telling the "Mean Little Rabbit" story. This was followed by a short discussion centered around some of the situational factors we confront and the roles that groups tend to "push" one or more of their members into, rather than individuals initiating effort with definite intention of wanting a specific leader position.

This was followed by breaking the larger group into small groups of six to eight in number with the request that each member indicate where they saw themselves operating on the leadership continuum of Autocratic-Democratic-Laissez Faire. Each group was given a long piece of string which was to be attached to the rafters. Then each person in the group pasted their piece of masking tape to that place on the string where they thought they tended to operate. About twenty minutes of discussion followed in the small groups as to how they felt about this leadership, where they would prefer to operate, situational factors, their versatility of style, feedback on how they saw others differently than they saw themselves, etc.

The group as a whole came back together and the groupings on the string continuum were compared with other small group clusters or dispersions. After a few more minutes of general discussion on situational, functional and personality style factors the discussion ended. Friday Discussion



No one necessarily is completely any one of these represented as a star but more as a line placing us in different positions in different situations. Note line of action for a given period---self in a particular situation.

Saturday Morning Leadership Discussion

In the interest of providing an opportunity for us to evaluate this last week, Don asked us to divide into groups of four and brainstorm what services Chatcolab might provide next year.

The points emphasized were:

- 1) Maintain an atmosphere of love and : . understanding.
- 2) Provide relief from the real world.
- 3), Eliminate the "free" day.
- 4) Keep the free day .....
- 5) Expand the outreach of the lab.
- 6) Maintain the atmosphere of sharing.
- 7) The unstructured method of living was used. The end result showed that a schedule was not necessary for some things to work!
- 8) There is no need to cons tantly live by a "clock".
- 9) The subject of the effectiveness of the family groups was much discussed at this time and later. The points mentioned in this portion were:
  - a. There needs be more time for and/or emphasis on family group interactions in unn-task situations.
  - b. There should be smaller discussion groups for more personal interaction.
  - c. Family groups should be stressed more as living groups than as dumb planning committees! Family groups should have a variety of ages, interests and Chat experience.

In the general discussion that followed these ideas were expressed:

- 1) We need a way to build in more evaluations (how 'A" felt to us) of the various learning experiences (table-time, parties, etc.) that occur. Then these evaluations should be communicated to the Lab.
- 2) We need re-evaluation times frequently during the week. The than just on Saturday.
- 3) On the subject of communicating and remembering things:
  - a. Re-examine the purpose and use of the notebook
  - b. Have each faimly handle the notebook for a day.
  - c. Use cassette tapes for recording songs and ideas. These tapes can either take place of parts of the notebook or can be an adjunct to it.
  - d. Have a sign-up sheet for a slide-exchange among the labbers.
- 4) Kill the Clock! Kill the Buzzer!!

Do we need to expect to have Parties and Ceremonies <u>every</u> night?? 5) There has been poor utilization of the resource people. On this subject, Bruce Tree felt that Dance as a leadership class should be eliminated unless it can be arranged that the class doesn't conflict with other activities.

6) Many felt that the objective of learning new dance steps, songs and leadership techniques was not met. Bruce Tree suggested that a new structure should be implemented for next year. This would be a compromise between a rigid schedule and one that flows with the immediate desires and needs of the labbers.

For instance: Sunday, Monday and Tuesday would have a rigid schedule of planned leadership classes and other activities. The hope would be to provide the iedas and techniques necessary to properly organize the rest of the week. On Wednesday, the schedule would be cleared for any improvisations that come up. (I hope I caught this idea right, Bruce.)

However, Ann Beasley disagreed. She felt that if the lab was too structured, then we would lose the possibility of developing the responsibility of our own involvement.

Hart Wilson disagreed with Ann by saying that if we don't have a structure, then the new labbers might not know how to best become involved.

Don Riste thought that the theme for part of the week should be "Creativity."

Don Clayton admitted that he made the mistake of putting too much emphasis on task planning, and therefore the groups didn't have any continuity beyond task planning.

 7) This led us into a discussion of the formation and utilization of the "family groups." The ideas coming out of this were:

 a. he idea of the family being responsible for activity planning should be avoided.

 b. The family group must be developed as a <u>living group</u>, and committees formed for activity planning.

c. The family could be given the opportunity to stay in the same cabin. An alternative to this would be to place the men from two families in one cabin and the women from the same two families in an adjacent cabin. This could provide an opportunity for interaction in the mornings and evenings that doesn't exist now. The married couples would be allowed to stay together.

d. The board should have a method of division into family groups that would avoid homogeneity in the groups. For instance, divide up those from the same areas and those from past Labs.

e. A method should be developed to encourage inter-family interaction.

8) It was felt that the Lab could provide an opportunity for individuals to gain an insight into changing the course of their future life. Don Clayton offered (notice this Board Members!!!) to develop a series of exercises called "Lifeplanning and Renaissance." As part of this it was suggested that early in the week the whole Lab should have the opportunity to hear why individuals have come to Lab.

It is hoped that the Board will be able to use the ideas and suggestions brought out in the discussion to plan next year's Chatcolab. ANYTHING IS LIABLE TO HAPPEN when MARCIA SKAER is Notebook Editor--(or just in camp!) If you don't believe it, read the condensed happenings of the crew on the----



1958

# MARCIA SKAER'S

# CHATCOBLAB 1958

Passengers and crew for the good ship FRIENDSHIP arrived late Sunday afternoon to embark on their annual cruise. They came by train, plane, and car, and Ken Branch arrived insa small wheeled vehicle that looked as if it had been put together by a committee.

LINDA BROWN arrived in triumph with Bert and Dot Price. She had spent weeks organizing a snow job to sell them on Chatcolab-what it could do for them and what they could do for it. When they finally announced they could come, Lida was overjoyed. "Wonderful," she crowed, "We can take your station wagon."

Capt. Vern Burlison was NOT on hand to greet the newcomers. He obviously has learned that a good executive is one who keeps a worried expression on his Assistant's face.

JANE GATES greeted the labbers at the top of the gang plank and accepted--I mean extracted--the registration fees. As Tom Macho reluctantly parted with his \$55 She muttered plaintively, "Now I know how a cow feels at milking time."

....Don Clayton is worth listening to any time--even when he is asleep. His nocturnal and nasal symphony--"Snoring in Rhythm--Opus in A. Minor" has kept some of the musical critics in camp thorougholy aroused. Before camp is over Don will probably learn-"Laugh and the world laughs with you, snore and you sleep alone"--in the brush. However, sleeping in the brush is no new experience for Don for he and his razor have parted company since coming to camp and he is rapidly producing a bumper crop of unhappy hairs.

I know now why they name hurricanes after the female sex. Only a terrific holocaust could produce such havoc and strewn wreckage as on display in the room inhabited--to use the term loosely by Judy, Gig, Myrna, Karen, Peg, Frances, Katherine and Stringy. It has that lived-in-look, and in another two days they're going to need a Geiger counter to find their beds.

It's amazing the knowledge we share at Chat. Taking off the shoes at the Japanese Tea revealed that:

 Rhea Cone has a hole in the toe of her sock
 Joe Morris has a very strong personality and should make a date to go foot-soaking with Sally Schroeder. However, I would like to say that there's nothing wrong with Joe that Reincarnation wouldn't cure.

Minnie the Mermaid, in the person of MARY YOUNG undulated into our fascinated line of vision Monday night. Her costume complete with fin, made us all realize that hers is an hour glass figure, and not one second of it was wasted. (Cont. Marcia Skaer's CHATCOBLAB 1958)

DWIGHT WALES was eliminated for being wasty around the middlethe penalty for exceeding the feed limi at camp. There may be a destiny that shapes our ends but Dwight proves that our middles are of our own chewing.

HICCUPING HIP Charlie BEEMAN, a shake in the grass if there ever was one, hula-ed around the hall shedding charm and pieces of his costume simultaneously. His charm outlasted his costume and at the end of the parade, he was going so good that it took him the rest of the evening to shift back into low gear.

However, DAN GARBER won the beauty contest, hands down and pant up to display his dimpled knees. I must say though, that he has other attractions--a classic profile and an Ipana smile that sends the girls and a cream colored convertible that brings them back.

BILLIE MARIE has the right system. Whenever Vern gets up to make a speech, she tunes in to a different wave length. She says it's wonderful, for blessed are the deaf for they do not have to listen to the dumb.

JOHN MOORE almost killed himself when he hurtled do n the gang plank...I hope he finds that toilet paper he's been looking for before he kills himself. ED CUSHMAN feel too. Sure nice to have a lot to fall back on. IZORA BOWERS was talking by the well the other day and she said she weighted 100 odd poinds. We wonder which ones she considers odd. And WALT SCHROEDER... I'm sure his knees were <u>his</u> <u>secret sorrow</u> until he shared his problem with us by appearing in those Alpine BVD's. And then there's chubby little Don CLAYTON...People were wondering where he put all the food he's been consuming. His shorts were tight enough to remove all doubt...but everybody knew anyway that he's been one of the camp's biggest assets.

Most of us are average guys this year at old Chat Harbor. But then there's that handsome hunk of man Dan Gable--I mean Garber.

Tall an fat, slim or lean at Chat we rendezvous And all this week we/ve worked together, a merry happy crew. But the cruise is almost over, and before the cut the line, Chat your course, my sailor friends--Back to Chat in '59.

LETTER FROM former Labber:

Ahoy There, I've been shipwrecked in Calif...Distress signals are up...no rescue in sight.

With the help and inspiration of the Chatco Crew, we built and launched our first REDWCOD Recreation Laboratory. She looks solid, is built of strong timbers, and she'll stay afloat for years to come! ..It was a wonderful experience to know that from Chatcolab came the inspiration and beginnings of a NEW LAB & a new experience for many people...Your years of growth has produced a far reaching beacon encircling the globe with sharing, warmth, and friendship. So let the trade winds blow for high adventure! Mary Regan

# CAMPS CAN SHOW SCHOOLS WHAT EDUCATION IS

It is always a pleasure to consider education with people who have the chance to do the real thing. The greatest difficulty is to discuss education with people that do not know what it is--for instance, most school people. Education is a different thing from what was done to you in school. I do not say that the camp has a 100 per cent chance, but I do not know anything that has a better chance. I do not know anybody that has a fairer chance than the camp leader has. But unless camp leaders understand what education is, what it is about, what it is driving at--they may miss the point.

I should like to start out with life itself. Life is continually presenting us with new situations, one right after the other, and these situations never repeat themselves exactly. When life puts a situation in front of you, you have got to deal with it. If you say, "I won't deal with it," that's your way of dealing with the situation. Life is continually presenting situations and we deal with them on some basis or other. If we are alert and awake we try to manage the situation to suit us. Whenever you try to manage a situation, if you are in earnest about it you study the situation. What do I mean by study? You look at the situation and ask yourself what it is; what shall I do this time. If it is a difficult situation, you look at the difficulties, look at the possibilities, and you manage your way of dealing with that situation by using the possibilities to overcome the difficulties. So you have to study each situation. If you do not know the difficulties in the situation, you are not going to deal with it very well.

Let us take the case of a boy who wants to go on a rather obscure trail. He has never been on that trail before. He faces the situation. He has to deal with it. He has to use his resources and he has to deal with the difficulties. Does he study? Certainly he studies. If he has any "go" in him at all he is going to study the signs so he will get onto that trail. When he comes to a place where the trail is pretty dim, he looks to see where it leads--this way or that way. Is it studying? Certainly it is studying. What do we mean by study? Whenever one faces a situation, study is his conscious effort to grapple with that situation to manage it. Life presents us with situations; we try to manage them. Study is the way to bring intelligence to bear in managing them.

It is a very curious thing--in school you may learn or you may not learn, but in life you always learn. You may not learn the best, but you always learn something. You learn whether you can manage this thing or not. If you do manage it, you know what you do, more or less, that enables you to manage it. If you think about it you can be better ready to deal with a thing like this again next time. If you really study each case, each situation, as it comes you can be better ready to deal with the situation somewhat like it next time. Suppose you failed. If you have really tried, you will know the signs next time and you will say, "Well, I must try this another way," or you may say, "It is too difficult for me to try. I won't try it.: You have learned and if you are intelligent you have learned well. Even if you have learned that it is too big a job for you and next time you will not try it--that is a good thing to learn. Sometimes you have learned that you probably could manage it if you would try differently. Whatever it is, if you are intelligent in your study you come off learning.

I want to consider two other things. One has to do with thinking, thinking in comparison with habit or skill: thinking on the one hand--habit and skill on the other hand. Some people have talked to you about education, and in schools some people work on you as though education consisted of information and habit and skill. Those things have to do with it, but there is more to it than that. I am thinking about life now and how to manage the situations of life as they come up. I should like us to consider together how thinking and habit fit into this way of trying to manage a situation. Thinking uses a habit just as you use a tool. A good habit is obedient to thinking. We control it. I am very, very dubious of learning any habit or any skill or any information or anything except through thinking. I do not want to learn it any other way because I do not want any habit to get in the way of behaving by itself; I want every habit to get in the way of being controlled by thinking all the time. Thinking controls habit and skill.

Take the musician: if what the musician wishes to express does not control the technique, then I will show you a bad player. The technique is controlled by soul, otherwise you have a mechanical player. The technique does not control the player, the player controls the technique. The artist controls his skill. The skill of the artist, if he is a real artist, is obedient to the touch of the master. The master has the finest sense of beauty and moves the brush according to what he feels. The skill is obedient to his sense of beauty--thinking is the control.

Then if we are going to take these boys and girls into camp, we want to get them every day and all the time to think what they are doing and build the habits and skills accordingly.

This brings us to the question of what they are to think about and how they are to think. We want to get these boys and girls to the place where they will think more broadly before they act, and more surely act appropriately because of their thinking. Think broadly and act appropriately. If they will think broadly they will be considerate of other people. Everyone always has this problem. When you or I face a situation there will be certain elements in that situation that will appeal to us directly. "I'd like to do this," one says. Some people just go ahead and do the thing they would like to do without stopping to think what difference it makes to other people. Education means that these boys and these girls ought to grow in the power and disposition to think about all the things involved before we act. If we build the proper character we build more and more the disposition to ask ourselves, "Now what is really at stake here?" and not simply do the first thing we feel like doing. We ask ourselves about what else and who else is involved.

Education consists in getting boys and girls as they grow older to take more of these things into account before they decide. It is that kind of thinking that makes the intelligently moral person. So that not only oght habits to be obedient to thinking but the wishes of people ought to be obedient to their thinking. They ought to think. What is involved in this thing?--not merely, what do we wish? How would that affect these other people? I should say, then, that education consists in meeting each situation, thinking about it better than you did the last time, thinking about it in terms of things you have learned in the past and bringing these things to bear on this situation and acting accordingly. This is education.

Do you not see that what I said at first was that school is not the place to get an education? The school, as most of us know it, is the last place to get an education. They have those separate desks, you just sit there and learn some lessons that someone tells you to learn. What is that? Nothing. It is life that educates--it is facing situations one after the other meeting those situations squarely, meeting them with full responsibility, thinking through what is involved in each, acting according to your best thinking. When you do that today and tomorrow and the next day and accumulate the results and bring the results to bear on each succeeding situation--that is education. You people in camp have the best chance of almost anybody because your boys and girls all the time are meeting situations. They begin in the morning, "Shall we get up on time?" That is a situation; thinking it through they act accordingly. "Shall we be properly ready for breakfast?" That is a situation. When they come to the table you see them act with reference to each other. Shall each one reach out and get what he wants or shall they act considerately with reference to each other's feelings. This again is a situation. It is a question of whether they are going to think in terms of the larger aspects or in terms of the narrow and immediate aspects. When they get out to play they are facing situations all the time. Are they going to get into quarrels with each other or think the thing through?"

The place to get an education is where life is going on, real life, life presenting life situations. We older people may help the children get an education. All we can do is to help them face those situations so that they face each one better because we are there to help them and so that the next time they can face a like situation better still. That is education. Do you not see that education goes on forever? It never is finished any more than life is finished, and if education is the right sort of thing it continually grows.

One of the main reasons that I am interested in camping is that I hope camp leaders will make such a good job of it that people will see what a real education can be and what real opportunities there are in camp for education, so that when they watch the camp they will come back to the schoolteachers and say, "Now look here, we have had enough of your kind of education .: I want the camp to set an example to the school so that they will reform and have the kind of school that brings education in, instead of setting it up so that it is hard to get an education there at all. How many people do you know who took a long time to get over school? You used textbooks in schools. How many people do you know that keep on using textbooks? If it is a good thing to do in, why is it not a good thing to do out? It isn't a good thing to do in. A textbook is an abomination: it is a substitute for thinking; it is a substitute for life; it talks about life. What we want to do is to live --we want the children to live. But, mind you, if they live narrowly, selfishly, then they are being educated into narrow, selfish people; and I am sorry to say a great many people have that kind of education.

Education then has to do with life, with meeting the different situations that life presents to us. Study is the intelligent effort at grappling with a situation, and if we do grapple intelligently we are bound to learn. Life is happy, life is successful, life is rich in the degree that we learn how to take more into account and then learn how to act accordingly. This is life, this is grappling with life, and the accumulating result is education always going on. You, therefore, as camp leaders and counselors should help these young people to make a better job of it. For it is what they do that educates them, and it is your job to help them do it better.

William H. Kilpatrick

# THE CAMP OF THE FUTURE

In the camp of the future children will be given a chance to initiate and to choose, and a chance for creative activity, self-expression, co-operative living, spontaneity in play, and the use of their imagination. Education is a continuous process. A child's education is going on hourly whether the child is in school or not. Real education--that is, education for living--is perhaps best achieved outside the schoolroom. Leisure-time education will command the attention of educators more and more in the future. Since the summer camp affords the finest possible opportunity for leisuretime education, and for the kind of education that enables men and women to meet the common everyday problems of life, the camp of the future will hold a place of real importance in the educational program of American boys and girls.

The camp of the future will be a child-conscious camp and will have a child-centered program. The program will be built around the child and his needs and his desires. There will be less regimentation. Directors will not be so much concerned about which activities are offered, but they will be deeply concerned about the way activities are conducted. Incentives for participation will be the winsome personalities of understanding men and women and the inherent interests of the campers in activities of their own choice, rather than medals, emblems, cups, and competition. No artificial stimulus will be needed to motivate participation when children are permitted to initiate, choose, plan and direct. These are the things we expect them to do as men and women, and the camp of the future will give them opportunities to exercise such powers as children. To reward the members of a boys' gang for building a cabin which they have conceived, planned, and constructed by themselves for their own use, would be like rewarding a mother for caressing her own child.

In the camp of the future the personal element will play a bigger role. Children will be dealt with individually rather than en masse. There will be more personal counseling and individual guidance. The life and personality of the counselor will be of primary consideration. Counselors will be "foremost companions," leaders who teach by example. Common tasks and common experiences will be shared on a friendly basis. Such a camp will be a school of personality with opportunity for training in the art of living at one's best. Character outcomes will be sought indirectly as the by-products of a full, free life lived in a happy, harmonious society. Where there is physical and mental health, emotional integration, and wise guidance there is no need to worry about character. Character is the by-product of right living.

The camp of the future will emphasize the importance of appreciations: appreciation of nature through contact with nature under the most favorable circumstances; appreciation of music by participating in the listening to good music; appreciation of people through association with fine personalities; appreciation of God through a revelation of God in nature, worship, and the best in human personality. In such a camp children will be inspired to worship beauty in nature as a manifestation of God, goodness in people as a manifestation of God, truth wherever found as a manifestation of God.

C. Walton Johnson

# A CAMP IS A CHILDREN'S COMMUNITY

Even the best of today's adult communities fit children poorly. They are grown-up in size snd operate at grown-up tempo. More important, for educational purposes, they are operated for and by grownups. This means that children cannot participate, theirs is the role of submission to the mandates of adult society.

Our towns and cities grow larger and more complicated by the day, and sociologists are expressing concern over the difficulty even grownups have in identifying themselves with their communities. Thoughtful educators are even more concerned. Children, whose citizenship learning experiences depend almost entirely on what is done in the home town, find it even more difficult to feel, "This is my community; I have a part in making it what it is."

Granted that a good home is a kind of community, even the best of modern homes lacks many features of the true community. Its greatest handicap is its lack of numbers of people. Modern schools, aware of the problem, have made much progress through such innovations as student government and teacher-pupil planning; but they, too, labor under real difficulties. Schools are part-time institutions--part day, part week, and part year. As such, they lack the totality which characterizes camps.

And because camps have these problems they have the unique opportunity to teach children about the problems--and some of the answers. Here children can, if camp directors will let them, face some of the puzzles which will be theirs for the rest of their lives. Here, in the controlled environment of a children's camp, communities can operate at near-ideal levels. The young citizens can participate in making it good. As only craftsmen can, they'll learn to respect their own handiwork. And, in the process, campers can but become better citizens.

The camp community is small. Camps, like cities, can become so large as to be incomprehensible. When a camp director finds himself resorting to various mechanical devices because people are getting in other people's way, he has already reached that point. Problems are solved in the director's office because that is the most expedient way; children are not thinking participators, they are automatons.

Camps should be small, too, because for many children they provide the first "home-leaving" experience. This experience will be made easier for the child, and he will feel more secure if he can find in camp a somewhat homelike atmosphere.

Just how big is too big will be determined by many factors. Each director will have to decide for himself. For our own purposes we have assumed that our pattern simply will not operate efficiently with more than eighty campers.

The camp community is permissive. It let children have experiencds. Itkencourages them to face problems. It may even leave some organizational problems unsolved in the precamp conference! Permissiveness as here used does not imply anarchy or laissez faire. Rether, it implies a responsible attitude toward problem solving.

But, there's another side to the coin. The camp which truly believes in allowing children to face community problems will consciously refrain from

doing anything for children which they can reasonably do for themselves. All those community services in which children can participate will be so organized.

The camp community is active. Activity is probably the outstanding characteristic of child nature. Whatever else he is doing, you may be sure he'll be active! It follows, then, that the community planned for children will be one in which a great premium is placed on activity--not activity for activity's sake but thoughtful, rational, purposeful activity toward the end of better living in a better community.

The camp community is real. Children are realists. They want and need no "busy work" or fake motives. Any camp which accepts its community responsibilities has plenty of real problems. All it needs to do is to decide to let the camper face reality.

The camp will let children plan, work, and solve the real problems which abound in this simple community.

The camp community is idealistic. Because of its relative smallness and because it is a controlled environment, the camp should, while being real, be idealistic, too. No one would suggest that in an attempt at reality, we duplicate in camps the conditions which breed delinquent behavior. Yet few of us envision how far we may go in the opposite direction.

Here, in a place specifically designed for children, we can apply everything we know about what is good for children. We can create a well-nigh perfect physical environment. Even more important, we can, through careful selection of personnel and good staff training, create a warmly human social environment.

The camp community is a place of work. Many campers evaluate their work experience as "more fun" than anything else they kdo. Under wise leadership, the adult distinction between work and play simply doesn't exist for them.

The camp which, for instance, has ready-cut firewood for the campers is missing a real educational opportunity. These campers not only miss learning a valuable skill but, more important, they lose the sense of accomplishing something for the community. Woodpiles grow in camps where children begin to feel the social implication of the old woodsman's maxim: "Always leave some firewood for the next fellow."

The camp community is a benevolent place. Kindness and regard for human dignity should characterize the social climate of the camp. Here, where the child is both king and subject, is the ideal opportunity to demonstrate that goodness is both good and possible.

Too many camps, almost military in philosophy, go far to the other extreme. The individual is subjugated, meekness becomes the desirable social trait, and initiative is squelched. Little wonddr that these camps become "every man for himself" communities. The "devil" of undiluted self-interest can easily take more than the "hindmost" in such an environment.

The camp community is a spiritual community. Here, amid the wonders and mysteries of the out-of-doors, exists an unparalleled opportunity to share with young citizens the "why" of it all. A sense of reverence, of humility, of worship comes easily because here the master plan can be seen, unobscured by the complexities of civilization. Mature leadership can make the camp a richly rewarding spiritual experience.

The camp community is fun. The deadly serious tone of the foregoing does not imply that children's motives are the same as those of the adults who plan camping experiences for them. Children have always gone to camp for fun. We suspect they always will. And there's nothing wrong with it.

Adults go wrong in planning for children when they assume that fun is purpose rather than method. Wise camp leaders will exploit the fun impulses of children for all they're worth. And, if they're truly good leaders, they'll have fun, too!

Lou and George Donaldson

### FIREFLIES

She never had seen a firefly And she was nearly nine! Just fancy, tucking a child in bed Before the fireflies shine Summer after summer Till one is nearly nine!

Now if she had missed the fairies You perhaps might understand, For fairies are quite exclusive--A shy and timid band, But fireflies glow like stardust O'er all the meadow land.

I wakened her from slumber And led her down the hill, The grass was wet with dewdrops And everything was still, When suddenly all through the Glen We saw the darkness fill.

"Oh see, they're at a party!" Excitedly she spoke:

"I never dreamed that there could be So many Firefly Folk.

It's like the sky turned upside down--And can't you smell the smoke!"

What would you give to be nearly nine And to fare abroad some night Into a world of magic

Lit by a firefly light,

Wouldn't you forfeit your grown-up world For that thrill of sheer delight?

#### ON BEING A COUNSELOR

The camping experience at its best is, I have discovered, a delicate blending of two enjoyments: that of being out of doors and that of being with people. This particular combination has no lure for some persons. They prefer to take each experience straight. Others, however, find that these two goods reinforce each other.

If you find that you take delight in this combination of the out-ofdoors and people, and if, furthermore, you have a zest for learning how to blend these two experiences; how to make a group one with a night out of doors, a day on a river, how to blend persons with persons, individuals with groups, individuals with the solitude of the woods--if you find that you reach with enthusiasm to such possibilities, you have in you the raw material for the making of a skillful counselor. Furthermore, the job of being a counselor will be one of the most satisfying experiences of your life.

The first satisfaction is within the reach of all: the spontaneous pleasure of living out of doors and of finding at hand congenial people to accompany your various selves on every sort of expedition. My first summer as a counselor astonished me completely. I had never been in a summer camp before, had never seen days run so swiftly into evening, nor evenings step so softly into night, nor nights climb so gaily into mornings. It was then that I first knew evening and morning. I had never till then come upon the fauna and flora east of the Mississippi, never met a buttercup outside of literature, never heard of a whale except in the Bible, never watched a fog roll in from the Atlantic. In fact, as I said, the amazement has never left me. I look now at boneset on my side hill, at selfheal, pearly everlasting, pink spikes of hardhack, and know that I belong to them, and shall forever.

A second pleasure is that of discovering that you have some special kind of contribution to give to a group which will add zest to the group and which will make you a part of the group.

I knew a counselor once who had a talent for adventuring in a camp and beyond a camp, and also the ability to make every one of a hundred vacationists feel that each had a special part in every exploit. When a good-sized Nor'easter struck that coast with special emphasis in the night, she would get into rubber boots and fisherman's slicker, and flash her searchlight into every camper's tent. Discovering erstwhile efficient, white-collar workers of Boston and its environs huddled in their tents under umbrellas, she would ask them what they were doing under their umbrellas on such a fine night. Before she had finished tidying them up for the storm, they would see that it was just this kind of experience that made a two-week vacation a unique affair, just the thing to refer to back at the office.

She could spot a schooner halfway over to Spain, or smell a whale washed up on shore nineteen miles away. She knew by instinct when the fishing was good in far waters, when the blueberries were ripe on distant hillsides, and when the lobster sandwiches were at their best two islands away. Great indeed was her gift for adventuring.

Once there was a counselor who took her violin to camp to practice in her spare time for a fall concert. She would go off into the woods to rehearse and campers would gather out there to listen. They would lean against trees or lie in the grass till she had finished. She began to make little tunes to play outdoors in the evening when everybody had come home from where they had been. I have known nights when nobody would go to bed till she had played her arrangement of "Rock-a-by Baby in the Tree Top". You could not fully know a tree or wind at night till she had put them into music.

One camp office executive in a girls' camp had a passion for sewing and began experimenting with new ideas in shirts and shorts. Soon, you could not step in that camp for scissors, patterns, yard goods in assorted colors, yellow, green, blue, salmon pink. There never was such a shirt pattern as that office executive invented. Campers still ask if anybody knows who has that shirt pattern. It is not anywhere any more. It is now just a remembered feeling around the shoulders on an overnight hike, an unforgettable satisfaction of perfect pockets.

The third pleasure is not one that I experienced as a counselor, but one I might have if I had been more aware of people. I have to learn and relearn it, and so often in the hard way.'

I shall tell you how I came upon it. I was beginning to teach a writing class on Monday evenings in a city winter. I thought it well to begin by telling them what a person ought to know who was planning to write. I spoke of things that should be learned, paragraphs and unity, and all that sort of thing. I read them good pieces of literature. We discussed what made them good. The group sat politely. No pen stirred.

On an evening just before spring began, I noticed as I walked crosstown some left-over snow huddling in a corner. It was a very sad piece of snow that made me shiver as I ducked my head into that drafty side street. I remember Robert Frost's poem, "A Patch of Old Snow." I did not, however, speak of Frost's poem, but asked the group rather casually what they thought of when they saw old patches of snow.

I was surprised at their interest. Everyone wanted to say how she saw it. "Why not write it?" I asked. They did write it. For three weeks they wrote about the retreat of winter. They wrote poems and personal essays. They went far afield. I remember one essay that began: "Today is the winter's first thaw and that means that Earl is already poring over his seed catalogs. Right after Christmas he starts sending away for them, so that by early March there is sure to be a nice stock of them beside the radio in the sunroom. And woe unto mother if she touches them while 'redding jp.'"

When they had about written themselves out as to old snow, I read aloud Frost's poem. "Oh," said one, "did Mr. Frost write about snow, too?" Another observed, "He used the word 'grimy.' That's better than soiled. Soiled sounds like dirty laundry." Another: "Old snow <u>could</u> be like a newspaper flapping in the March wind. Funny we didn't think of that."

As I listened to them talk that night, I knew that this was the chief pleasure in working with any group--this freeing of their own creative energy to make something in their own image, a world, a continent, a sea, a garden, a poem about snow that has outstayed its time.

The pleasures of the camp counselor then are three: to get acquainted with the earth firsthand, to live with it so closely that no city-bound year can ever take it from you, and to have at hand good companions; to blend whatever skill you may have with the life of the group so that they will remember not so much the skill as the group enjoyment created; to discover how to awaken campers to the delight of using the self-starter power latent within them.

For such counselors and their campers, the light of campfires will never grow dim. All the winters of their life Orion will move in bright benediction above them.

Abbie Graham

#### THE ROMANTIC TEMPER

Years ago a small boy sat in a little school on an April morning. He had seen twelve snows; and twelve times the Great Mystery had wrought before his eyes the miracle called spring. But never before had that miracle seemed so marvelous as now. Books were blank and barren things; the gray walls of the school were prison.

Through the open window there came a sound which made the blood within him surge, a sound from far up in the sky--the honking of wild geese flying northward, calling new things to life. Something within the boy's soul responded, and was stirred, something deep and irresistible. Something called him to run, to dance, to fly away northward. He arose and slipped through the school door and was gone.

How the wild geese trumpeted that day! One great spreading V after another sailed northward, telling of boundless forests, of trackless wilds and lonely hidden lakes, of battle and conquest, adventure and thrill, of wind and water and sky and sun-of joy and life.

Last night I heard the wild geese clang again. Out of the night the bugling chorus came, far up in the blackness of the sky. The years since that day in school have not dimmed the magic of the honkers' song.

To study-weary youth, the call to camp is the call to life and conquest and adventure. The wild free self awakens again in a life rich in simple and colorful things. From the prose of school and city, youth turns to the poetry of the wilds.

Sleep in the woods." Sleep that house-dwelling folk can never know! Sweet, healing, restoring rest. The cool sweet-scented night air, close to the damp earth, fragrant with the incense of the things that grow. Over the tent where the Woods-child sleeps passes the Spirit of Night, hovering in the darkness for a moment to bestow her blessing--calm sweet sleep, the woodland's perfect rest, reviving, restoring and making strong for the battles of life.

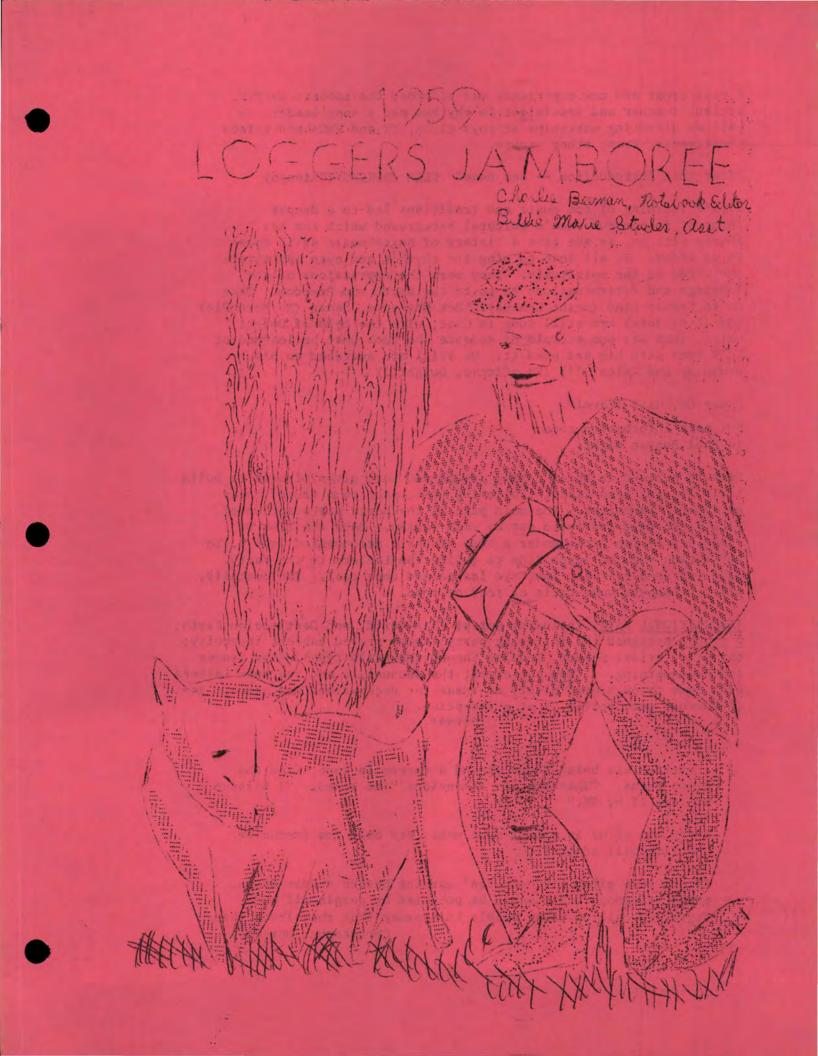
Comes spring, and anew is kindled the romantic temper. There are woods unexplored--mysteries unsolved. And the youthful heart is restless with a compelling urge to go...

Within the hearts of all men is the romantic temper, and if it but smolders in the adult, it flames to the point of pain in youth. And as adult leaders, we must never forget that camps are run for youth. Let us keep the camp in tune with the wilds, let us take the campers deep into the heart of the living, growing earth-things. Let us so fill the camp with color, with picturesqueness, with romance, that it bids strongly and irresistibly to imagination at every turn.

"Yonder the long horizon lies, and there by night and day The old ships draw to home again, the young ships sail away; And come I may, but go I must, and if men ask you why, You may put the blame on the stars and the sun and the white road and the sky!"

Submitted Lawyee

Author Unknown



A real treat and new experience was afforded the Labbers as T.V. artist, teacher and specialist in rhythms and a song leader, as well as directing workships at boys clubs, YW and YMCA and Y-Teen conferences, among other groups.

After that introduction -- her name? ELLA JENKINS (Chicago)

Ella's learning of the music and traditions led to a deeper interest in her own race's cultural background which she has shared with us, as she gave a istory of Negro music as it comes to us today. We all love to sing the rhythms and even appreciate the words of the spirituals. They were the expressions of the longings and determinations to go to the North and Freedom. Take Me to Caanan Land (meant Canada). Her Nonsense Chants (No More Pie) and (Long John) are still sung in Chat, with the help of 'Dwight Wales, (who was one example of someone who took what he learned at CHAT home with him and used it. We still are awakened to his drumming and Wales????) (No offense, Dwight!!)

"Have Ox, Will Travel"

For more information come to Paul Bunyan Night.

Campers arrived in their family groups and were given minutes to build their logging camp sites. Following that, each camp toured their neighbors' campsites. The main part of the party was a series of TALL TALES told and acted out by each family. Babe the Blue Ox (depicted by two girls under a blue blanket) accompanied Paul B. to the dining room at lunch time to invite the Labbers to the party. Babe was complete with long eye lashes and rope tail. Incidentally, all the Labbers wore tails of reed or rope.

<u>INTERNATIONAL FAIR</u>, including Out of This World, and Destination Earth; <u>5 groups</u> assigned the following party themes proved Labbers ingenuity: Hay Ride, Bridal Shower, Wedding Shower (Mountain type), Baby Shower and Housewarming. <u>You can expect the unusual...</u> and you know Labbers will come through with plenty of ideas for decorations and games. Refreshments were served as at a reception.

A visitor was being shown around a museum in Rome, from the Roman ruins. "What are its dimensions?" he asked. "I believe it is a II by IV."

Every one of us is a self-made man. But only the famous or the rich will admit it.

If one were given five minutes' warning before sudden death, every telephone booth would be occupied by people all over trying ro call up other people to stammer that they loved them. Christopher Morley



SPECTRUM OF LOVE

"I love you."

There is a much greater motivation than simply my spoken words.

For me to love, is to commit myself, freely and without reservation. I am sincerely interested in your happiness and well being. Whatever your needs are, I will try to fulfill them and will bend in my values depending on the importance of your need. If you are lonely and need me, I will be there. If in that loneliness you need to talk, I will listen. If you need to listen, I will talk. If you need the strength of human touch, I will touch you. If you need to be held, I will hold you. I will lie naked in body with you if that be your need. If you need fulfillment of the flesh, I will give you that also, but only through my love.

I will try to be constant with you so that you will understand the core of my personality and from that understanding you can gain strength and security that I am acting as me. I may falter with my moods. I may project, at times, a strangeness that is alien to you which may bewilder or frighten you. There will be times when you question my motives. But because people are never constant and are as changeable as the seasons, I will try to build up within you a faith in my fundamental attitude and show you that my inconsistency is only for the moment and not a lasting part of me. I will show you love now. Each and every day, for each day day is a lifetime. Every day we live, we learn more how to love. I will not defor my love nor neglect it, for if I wait until tomorrow, tomorrow never comes. It is like a cloud in the sky, passing by. They always do you know!

If I give you kindness and understanding, then I will receive your faith. If I give hate and dishonesty, I will receive your distrust. If I give you fear and am afraid, you will become afraid and fear me. I will give to you what I need to receive.

The degree of love I give is determined by my own capability. My capability is determined by the environment of my past existence and my understanding of love, truth and God. Spectrum of Love cont.

My understanding is determined by my parents, friends, places I have lived and been. Each experience is fed into my mind from living.

I will give you as much love as I can. If you will show me how to give more, then I will give more. I can only give as much as you need to receive or allow me to give. If you receive all I can give, then my love is endless and fulfilled. If you receive a portion (part) of my love, then I will give others the balance I am capable of giving. I must give all that I have, being what I am.

Love is universal. Love is the movement of life. I have loved a boy, a girl, my parents, art, nature. All things in life I find beautiful. No human being or society has the right to condemn any kind of love I feel or my way of expressing it, if I am sincere; sincerity being the honest realization of myself without hurt or pain for my life or any life my life touches.

I want to become a truly loving spirit. Let my words, if I must speak, become a restoration of your soul. But when speech is silent, does a man project the great depth of his sensitivity. When I touch you, or kiss you, or hold you, I am saying a thousand words.



os am

BUTTOTTE

Maximilian Rabbit arrived at CHAT late in the week. But he was greeted with enthusiasm and had his friends in stitches before he was here two seconds. He told of his trials and tribulations as he tried to build a housing development for defenseless, 3% handicapped unhoppy rabbits.

He had been re-elected president of the Vegetable Eaters Club (an unheard of thing) so he had to be very careful to disguise his unfortunate problem of running out of his ranch-house type cave on top of the hill and he COULDN'T help himself

as he scamperedoverthewavingfieldsofgrain and GRABBED a poor

little defenseless, hopless rabbit and BEATING HIM VER THE HEAD 3 TIMES! Then he would be so ashamed, he would go beck home to his ranch-house type cave on top of the hill, and sit in the refrigerator to cool off-- anyhow, everyone knows a Westinghouse is a good place for tired webbits.

Anyhow, the Fairy Godmother was all eyes, and she saw Maximillian the 3 thousand, three hundered and thirty third, and she told him what would happen if he did this one more time! (you know coming out of his cave on top of the hill, running down

seme hill, and overthewavingfieldsofgrain and all the rest.) Sometimes he just couldn't stand it, and ran the wrong way, and you know what happens if you run the wrong way in a cave. Well-- we must tell you the moral of our story----HARE TODAY AND GOON TOMORROW.



"WARM FUZZIES"



Long ago only little people lived on the Earth. Most of them dwelt in the little village of Swabeedoo, and so they called themselves Swabeedoo-dahs. They were very happy little people, and went about with broad smiles and cheery greetings for everybody.

One of the things the Swabeedoo-dahs liked best was to give warm fuzzies to one another. Each of the little people carried over his shoulder a bag, and the bag was filled with Warm Fuzzies. Whenever two Swabeedoo-dahs would meet, each would give the other a Warm Fuzzy. Now, it is an especially nice thing to give someone a Warm Fuzzy. When you have a Warm Fuzzy held out to you, when you take it and feel its warmth and fuzziness against your cheek, and place it get gently and lovingly in your fuzzy bag with all the others, it's just extra nice. You feel noticed and appreciated when someone gives you a warm fuzzy, and you want to do something nice for them in return. The little people of Swabeedoo loved to give Warm Fuzzies and get Warm Fuzzies, and their lives together were very happy, indeed.

Outside the village, in a cold, dark cave, there lived a great green troll. He didn't really like to live all by himself, and somethimes he was lonely. But he couldn't seem to get along with anyone else, and somehow he didn't enjoy exchanging Warm Fuzzies. He thought it was a lot of nonsense. "It isn't cool," was what he would say.

One evening the troll walked into town, and he was met by a kindly little Swabeedoo-dah.

"Hasn't this been a fine Swabeedoo-dah day?" asked the little person with a smile. "Here, have a Warm Fuzzy. This one's special, and I saved it just for you, for I don't see you in town that often."

The troll looked about to see that no one else was listening. Then he put an arm around the little Swabeedoo-dah and whispered in his ear.

"Hey, don't you know that if you give away all your Warm Fuzzies, one of these Swabeedoo-dah days of yours you're gonna run out of them?"

He noted the sudden look of surprise and fear on the little man's face, and then added, peering inside his fuzzy-bag: "Right now I'd say you've only got about two hundred and seventeen Warm Fuzzies left there. Better go easy on handin' 'em out."

With that, the troll padded away on his big green feet, leaving a very confused and unhappy Swabeedoo-dah standing there.

Now, the troll knew that every one of the little people had an inexhaustible supply of Warm Fuzzies. He knew that, as soon as you give a Warm Fuzzy to someone, another comes to take its place, and that you can never ever run out of Warm Fuzzies in your whole life. But he counted on the trusting nature of the little Swabeedoo-dahs, and on something else that he knew about himself. He just wanted to see if this same something was inside the little people. So he told his fib, went back to his cave, and waited. Well, it didn't take long. The first person to come along and great the little Swabeedoo-dah was a fine friend of his, with whom he had exchanged many Warm Fuzzies before. This little person was surprised to find that when he gave his friend a Warm Fuzzy this time, he redeived only a strange look. Then he waw told to beware of running low on his supply of Warm Fuzzies, and his friend was suddenly gone. That Swabeedoo-dah told three others that same evening: "I'm sorry, but no Warm Fuzzy for you. I've got to make sure I don't run out."

By the next day, the word had spread over the entire village. Everyone had suddenly begun to hoard their Warm Fuzzies. They still gave some away, but very very carefully. "Discriminatingly," they said.

The little Swabeedoo-dahs began to watch each other with distrust, and to hide their bags of Warm Fuzzies under their beds for protection at night. Quarrels broke out over who had the most Warm Fuzzies, and pretty soon people began to trade Warm Fuzzies for things, instead of just giving them away. Figuring there were only so many Warm Fuzzies to go around, the Mayor of Swabeedoo proclaimed the Fuzzies a system of exchange, and before long the people were haggling over how many Warm Fuzzies it cost to eat a meal at someone's house, or stay overnight. There were even some instances of robberies of Warm Fuzzies. Some dark evenings -- the kind the little Swabeedoodahs had enjoyed for strolling in the parks and streets and greeting each other to exchange Warm Fuzzies -- it wasn't even safe to be out and about.

Worst of all, something began to happen to the health of the little people. Many of them began to complain of pains in their shoulders and backs, and as time went on, more and more little Swabeedoo-dahs became afflicted with a disease known as softening of the backbone. They walked all hunched over, or (in the worst cases) bent almost to the ground. Their fuzzy bags dragged on the ground. Many people in the town began to say that it was the weight of the bags that caused the disease, and that it was better to leave the bags at home, locked up safely. After awhile, you could hardly find a Swabeedoo-dah with his fuzzy-bag on.

At first the troll was pleased with results of his rumor. He had wanted to see whether the little people would feel and act as he did sometimes when he thought selfish thoughts, and so he felt successful with the way things were going. Now, when he went into town, he was no longer greeted with smiles and offerings of Warm Fuzzies. Instead, the little people looked at him as they looked at each other -- with suspicion -- and he rather liked that. To him, that was just facing reality. "It's the way the world is," he would say.

But as time went on, worse things happened. Perhaps because of the softening of the backbone, perhaps because no one ever gave them a Warm Fuzzy (no one knows), a few of the little people died. Now, all the happiness was gone from the village of Swabeedoo, as it mourned the passing of its little citizens. When the troll heard about this, he said to himself: "Goxh! I just wanted them to see how the world was. I didn't mean for 'em to die!" He wondered what to do. And then thought of a plan.

Deep in his cave, the troll had discovered a sectet mine of Cold

Pricklies. He had spent many years digging the Cold Pricklies out of the mountain, for he liked their cold and prickly feel, and he loved to see his growing hoard of Cold Pricklies, to know that they were all his. He decided to share them with the Swabeedoo-dahs. He filled hundreds of bags with Cold Pricklies and took them into the village.

When the people waw the bags of Cold Pricklies, they were glad, and they received them gratefully. Now they had something to give to one another. The only trouble was that it was just not as much fun to give a Cold Prickly as a Warm Fuzzy. Giving a Cold Prickly seemed to be a way of reaching out to another person, but not so much in friendship and love. And getting a Cold Prickly gave one a funny feeling too. You were not just sure what the giver meant, for, after all, Cold Pricklies were cold and prickly. It was nice to get <u>some</u>thing from another person, but it left you confused, and often with stung fingers. The usual thing a Swabeedoo-dah said when he received a Warm Fuzzy was "Wow!" but when someone gave him a Cold Prickly there was usually nothing to say but "UGH!"

Some of the little people went back to giving Warm Fuzzies, and, of course, each time a Warm Fuzzy was given it made the giver and receiver very joyful, indeed. Perhaps it was that it was so unusual, to get a Warm Fuzzy from someone when there were so many of those Cold Fricklies being exchanged.

But giving Warm Fuzzies never really came back into style in Swabeedoo. Some little people found that they could keep on giving Warm Fuzzies away without ever having their supply run out, but the art of giving a Warm Fuzzy way not shared by many. Suspicion was still there, in the minds of the people of Swabeedoo.

You could hear it in their comments:

"Warm Fuzzy, eh? Wonder what's behind it?"

"I never know if my Warm Ruzzies are really appreciated."

"I gave a Warm Fuzzy, and got a Cold Prickly in return. Just see if I do that again."

"You never know about Mabel. A Warm Fuzzy one minute, a Cold Prickly the next!"

"If you won't give me a Cold Prickly, I won't give you one. Okay?"

"I want to give my boy a Warm Fuzzy, but he just doesn't deserve it."

"Sometimes I wonder if grandpa has a Warm Fuzzy to his name."

Probably every citizen of Swabeedoo would gladly have returned to the former days when the giving and getting of Warm Fuzzies had been so common. Sometimes a little person would think to himself how very fine it had felt to get a Warm Fuzzy from someone, and he would resolve to go out and begin giving them to everyone freely, as of old.

But something always stopped him. Usually, it was going outside and seeing "How, the world was."

# LITTLE BILL'S HOBBY

First let's see what kind of hobbies the group has.... some have hunting, fishing, girl watching, horseback riding, etc.

My hobby is a little different than most because my hobby is SPIT!!! Why, I can spit g r e a t big l o n g ones and little bitty short ones, great big c i r c u l a r ones, and little bitty spiral ones and besides that I can spit both in and out of the window.

Now that you know about my hobby let me tell you of an experience I had when I was in high school. Seems a new girl moved into our town and I kinda wanted to meet her and saying "My name's Headrick, I guess you know yours" didn't seem to work too well so I made arrangements to be properly introduced by a mutual friend.

Her name was Mary (that's noe her real name but we'll use it to protect the guilty) and when we got introduced I could tell by the gleam in her eye that she was most pleased and surprised, but a little more pleased than surprised. Well as we talked I asked her if she would like to go into the local drugstore and have a coke (I only had a nickel so she didn't know I meant one coke between us) but when I asked her to have a coke with me I could tell she was most pleased and surprised, but a little more pleased than surprised. As we sat there drinking our coke I asked her I says, "Mary, do you have a hobby?" I could tell by the gleam in her eye that she was most pleased and surprised, but a little more pleased than surprised. She told me that her hobby was SPIT. I was most pleased and surprised but a little more pleased than surprised. She said she could spit great big long ones, little bitty short ones, great big round ones and little bitty spiral ones and besides that she claimed she could spit both in and out of the window. Man, I was most pleased and surprised, but a little more pleased than surprised. Naturally I had to have proof of her particular and peculiar habits so I asked her to show me how she spit.

This made her most pleased and surprised but a litte more pleased than surprised. She actually did spit like she said she could and this made me most pleased and surprised but a little more pleased than surprised.

Finally she got around to asking me my hobby and I told her which made her most pleased and surprised but a little more pleased than surprised. Well, when she asked me to show her how good I could spit it made me most pleased & surprised but a little more pleased than surprised. Well, I got off that stool, stood there and gulped down the last of that coke & backed off about 20 ft. and got a great gob of spit in my mouth & hauled off & spit. Why I spit right between her eye&her eyeball!! Of course this made her most pleased and surprised, but a whole lot more surprised than pleased.

Fron Sharon to Cheryl

On this earth ther is a oneness---... a rhythmix flow of life through everything that lives...

the things with roots & stems & leaves
... the things with shells & fins & furs
 the things with wings
 with which to fly

the things that craul... and those that walk...

each thing must eat & breath - and rest each thing must seek.. and each is sought for

each has a birth .. a purpose to fulfill to each an end ... and then...a new beginning ... from Gqen Frostic's <u>These Things</u> <u>Are Ours</u>

Changes going on Time moving forward Never enough

Strong feelings Warm arms wrapping Love in the air

Songs repeating thoughts Not all spoken But all shared

Chatcolab: People living together People sharing. This one accompanied Al Harmon's Christmas party.

Iknow not to whom this goes, But I want to tell you that I LOVE YOU

(Love is Life's most treasured gift) And because it is "Christmas" I want to give the gift of Love to you

The nicest thing about this most precious gift, is that it is Free

Once you have received this gift you may give it away but still retain it.

Not too often can you Find some: thing that does so much good for so little effort.

You'll find that "love " is like a snowball. It Keeps growing as you roll along in life... the more you give away--The more you will receive.

There is just one thing I'll ask of you in return for this gift.... "Would you pass it on to someone else.

> MERRY XMAS Big Al

mb

# Lembre-se

Se você esta triste, porque perdeu seu amor, Lembre-se daquêles que não tiveram um amor para perder;

Se você reclama que a comida está mal feita, Lembre-se daqueles que angutiados morrem de fome;

Se você está cansado de trabalhar, Lembre-se daqueles que angustiados procuram um emprego

Se você está triste, porque foi decepcionado Lembre-se daquêles cujo nascimento foi uma decepção

Se você têve um amôr para perder, Se você teve comida para reclamar, Se você teve um emprêgo para te cansar, Se você teve uma decepção, Lembre-se de agradecer a Deus, Porque têm muitos que dariam tudo para estarem no seu lugar.

# Remember

Translated from Portugese by, Lutero Oliveira Rosa (Lu) Corræted by Maryanna Johnson

If you are crying because you lost your lover, Remember those that didn't have a lover to lose;

If you compain about the food, because it isn't the way you like it, Remember those that are starving to death;

If you are tired of working too hard, Remember those that are in anguish looking for a job;

If you are sad, because you've been deceived, Remember those who's birth was a deception;

If you have lost your Lover,

If you have food to complain about,

If you have a job to make you tired,

If you once were deceived,

Remember to give thanks to God,

Because, there are many people that would give anything to be in your place.

#### ONLY A SUGGESTION

I thought as I sat by the shore of the sea What a wonderful, beautiful thing it would be If the Briton, the Teuton, the Gaul and the Slav Should take all the guns and the tanks that they have And sink them out there in the infinite main And then begin building them over again. For no one, you know, is desirous to fight, They are only protecting the TRUTH and the RIGHT. And nothing but armaments endlessly made Can stop Unemployment and benefit Trade And the Heart of a Nation as never before is united when making Munitions of War.

Now happy the state of the world when it finds, What is simple to all mathematical minds. That you cannot go on making gun after gun... Because there is nowhere to put them when done, And the largest of factories and even the Banks Would refuse in the end to find storage for tanks. But a little more trust between nations, I think, Would all them to meet every August and sink In a suitable place they could easily settle Enormous supplies of explosives and metal. And a cup would be given--the winner to count For the one that got rid of the largest amount, And could soonest return to the Blessings of Peace Which are instantly doomed should rearmament cease.

\* \* \* \*

I thought as I sat by the shore of the sea What a wonderful, beautiful thing this would be For Commerce and Culture, and Friendship and Cash: And the children, no doubt, would be pleased by the splash!

> Evoe in PUNCH 1933 Newspaper

(Written about 1922-23)

Feace Solution!

#### THIS MEMORY

I find myself dreaming and reminicing As though it were many years ago. Especially of many friends and ecperiences I just can't seem to let go

The friendships and memories are imprinted, Like statues, deeply upon my mind. But also like great statues. They are dwindling away in time.

But there is a great struggle, To keep our friendships anew. But millions and nillions of letters, Can't mean as much, As just once again seeing you.

This memory isnt't of just a little fun. It is a memory of experiences,too. They keep reoccuring in my mind, And reminding me of you.

The last day we did our best, When the parting of friends was in view, To try to somehow express the idea Of never forgetting you.

Part of our friendships seem to dwindle away, Like statues at the passing og time, But there are "specials" you can't forget People that you are really glad To think, that you have met.

The "specials" neverdwindle away. For these are the people I neet, In my dreams, When I dream and reminice each day.

Note: This peom was put to music and very slightly revised by Rose Gbijek and has sort of a blues and folk song tune.

by Jack McLean

The H's Four (National 4 H Song)

I pledge my head to clearer thought That in the life I foce I'll make my home, my bountry, and My world a better place

I pledge my heart to loyalty That I may surely be A.Champion.of justice For all Humanity

I pledge my hands to service That I may alway try To give my courage and my stregth Tothose with less than I. Four H (cont)

I pledge my health to living Alife in which I dare To reach out for my brother's hand To love and hope and care.

I take my stand, I make my pledge And each day it means more And from now on through all my life I'll pledge the H's Four

Sometimes I've felt this way Because I'm gradually learning that even the lonely frightening things have answes and I can learn more about why I never need be frightened

If I'll only uncurl

PT Larnum

Philosopy

Today is Yesterday's TOMORROW To all the wonderful people at Chatcolab.

I love you not only for what you are but for what I am when I am with you.

I love you not only for what you have make ofyour self, but for what you are making of me

I love you because you have done more than any creed could have done to make me good, and more than any fate could have done to make ne happy.

You have done it without a touch without a wor, without a sign.

You have done it by being yourself. Perhaps that is what being a freind means, after all.

Anonyneous

Compline ts of Miriam Beasley

Submitted by Sue Yeeman



#### LOVE

I Love You Not only for what you are But for what I am When I am with you.

I Love You Not only for what You have made yourself, But for what you Are making of me.

I Love You For the part of me That you bring out; I Love You For putting your hand Into my heaped-up heart And passing over All the foolish, weak things That you can't help Dimly seeing there And for drawing out Into the Light All the beautiful belongings That no one else had looked Cuite far enough to find.

I Love You Because You help me to make Of the lumber of my life Not a tavern But a temple, Out the works Of my everyday Not a reproach But a song.

I Love You (\*) Because you have done More than any creed Could have done To make me good, And more than any fate To make me happy.

You have done it Without a touch Without a word Without a sign You have done it By being yourself. Perhaps that is what Being a friend means, After all.

## "THE FRIEND"

By DR. FRANA CRANE

A FRIEND is the person who is "for" you," always, under any suspicions. He never investigates you.

When charges are made against you he does not ask proof. He asks the accuser to clear out.

He likes you just as you are. He does not want to alter you.

Whatever kind of coat you are wearing suits him. Whether you have on a dress suit or a hickory shirt with no collar, he thinks it's fine.

He likes your moods, and enjoys your pessimism as much as your optimism.

He likes your success. And your failure endears you to him the more. He is better than a lover because he is never jealous.

He wants nothing from you except that you be yourself.

He is the one being with whom you can feel SAFE. With him you can utter your heart, its badness and its goodness. You don't have to be careful.

In his presence you can be indiscreet; which means you can rest.

There are many faithful wives and husbands; there are a few faithful friends.

Friendship is the most admirable, amazing, and rare article among human beings. Anybody may stand by you when you are right; a friend stands by you even when you are wrong. The highest known form of

friendship is that of the dog to the master. You are in luck if you can find one man or one woman on earth who has that kind of affection for you and fidelity to you.

Like the shade of a great tree in the noonday heat is a friend.

Like the home port, with your country's flag flying, after . long journeys, is a friend. A friend is an impregnable citadel of refuge in the strife of existence.

It is he that keeps alive your faith in human nature, that makes you believe it is a good universe.

He is an antidote to despair, the elixir of hope, the tonic for depression, the medicine to cure suicide.

When you are vigorous and spirited you like to take your pleasures with him; when you are in trouble you want to tell him; when you are sick you want to see him; when you are dying you want him near.

You give to him without reluctance and borrow from him without embarrassment.

If you can live fifty years and find one absolute friend you are fortunate. For the thousands of human creatures that crawl the earth, few are such stuff as friends are made of.

BYGENEVA

- It doesn't matter if it is night or day.
- It doesn't matter if you have lost your way.
- It doesn't matter if the night is dark and cold.
- It doesn't matter if you are timid or bold.
- It doesn't matter if the trail is narrow and dim.
- It doesn't matter if the river you have to swim.
- It doesn't matter if the mountain is steep and tall
- If you always have Love and Faith you will conquer them all.

Jim Martin

I think that I love most, the Green Glorious spring When new life bursts forth, and the birds begin to sing.

Or perhaps it's the summer, with her warm balmy days With the fragrance of flowers, intermingled with new mown hay.

Could it be that beautifully dressed up and crispy fall With the bugling of the elk and the lonesome wild goose call.

How about the winter, all wrapped up in a blanket of snow When it's so quiet and peaceful and the north winds blow.

Now is it the spring, the summer, the winter, or the fall? No! it is the whole year through that I love most of all.

Jim Martin

Only you and I can help the sun to rise each coming morning. If we don't it may drench itself out in sorrow. -- Joan Baez

I'll let you be in my dreams if I can be in yours -- Bob Pylan

Gratitude takes three forms: a feeling in the heart, an expression in words, and a giving in return. -- Anonymous

And the flowers that we planted in the seasons past Will bloom on the day you return -- Joan Baez

#### SEVEN

We touch. Shoulder-to-shoulder. You can't do more when crossing streets with mannequins in windows looking back.

I try to match your step-that way I'm sure of staying close. You smell like love. That must be so for what I smell is dear to me and new.

And so a little walk through town becomes a journey a love vacation from ourselves but with ourselves.

Everything you say is funny or beautiful.

Rod McKuen for Tony Luru

#### EIGHTEEN

I stood watching as you crossed the street for the last time. Trying hard to memorize you. Knowing it would be important. The way you walked, the way you looked back over your shoulder at me.

Years later I would hear the singing of the wind and that day's singing would come back. That time of going would return to me every sun-gray day. April or August it would be the same for years to come.

Man has not made the kind of bromide that would let me sleep without your memory or written erotically enough to erase the excitement of just your hands.

These long years later it is worse for I remember what it was as well as what it might have been.

-- Rod McKuen

A smile is rest to the weary, Delight to the discouraged, sunshine to the sad, and nature's best antidote for troubles.



#### LESSONS

When you discovered the sunshine and came hopping and dancing in to tell me how gayly it shone I laughed and said "I've noticed that before," And you crept off sad to know you were not the first to discover it. And when you found laughter behind the stars and rushed, giggling in to tell me the news, I laughed and said "I've noticed that before." And you turned and did not bother to tell me of the toads between the grasses the contests of the crickets of the way the wind spoke.

I am sorry Forgive me Please, could you show me the wind?

-- Peg

WHAT IS THE TIE?

What is the tie that bind us? Friends of the long, long years Just this:

We have shared the weather We have slumbered side by side And friends who have camped together Shall never again divide.

\*\*

It is my joy in life to find At every turning of the road the strong arm of a comrad kind to help me onward with my load, And since I have no gold to give And love alone must make amends, My only prayer is: While I live, God make me worthy of my friends.

O God, make the door of this camp wide enough to receive all who need human love and fellowship: narrow enough to shut out all envy, pride, and strife.

#### CAMP FIRE GIRLS PRAYER

For nights with stars For paths to follow For hills to climb For love to cast its glow into deeply shadowed places.

For all the poignant beauty of the spring For gay red autumns to be happy in For friends who speak our language And who understand

For all these wonderfully glorious things, We thank Thee, Lord.

#### FRIENDS

If nobody smiled and nobody cheered and nobody helped us along If each and every moment looked after itself and good things all went to the strong If nobody cared just a little for you and nobody thought about me And we all stood alone in this battle of life what a dreary old world it would be. Life is worth living for the friends we have made and the things which in common we share. You want to live on not because of yourself but because of the people who care. It's giving and doing for somebody else on this all life's splendor depends And the joys of this life when you've summed it all up is found in the making of friends. -a Beaz contribution

#### FRIENDS WHO SAIL TOGETHER

There are friends who pass like ships in the night, who meet for a moment, then sail out of sight, with never a backward glance of regret--Friends we know briefly, then quickly forget... There are other friends who sail together Through quiet waters and stormy weather, helping each other through joy and through strife-and they are the kind who give meaning to life!

"An ounce of love is worth a pound of knowledge."

#### WHAT IS THE TIE?

What is the tie ' . . .

Friends of the long, long years Just this: It is my joy in life to find at every turning of the read, the strong arm of a conrad kind To help me unward with my load. And since I have no gold to give and love along must make amends

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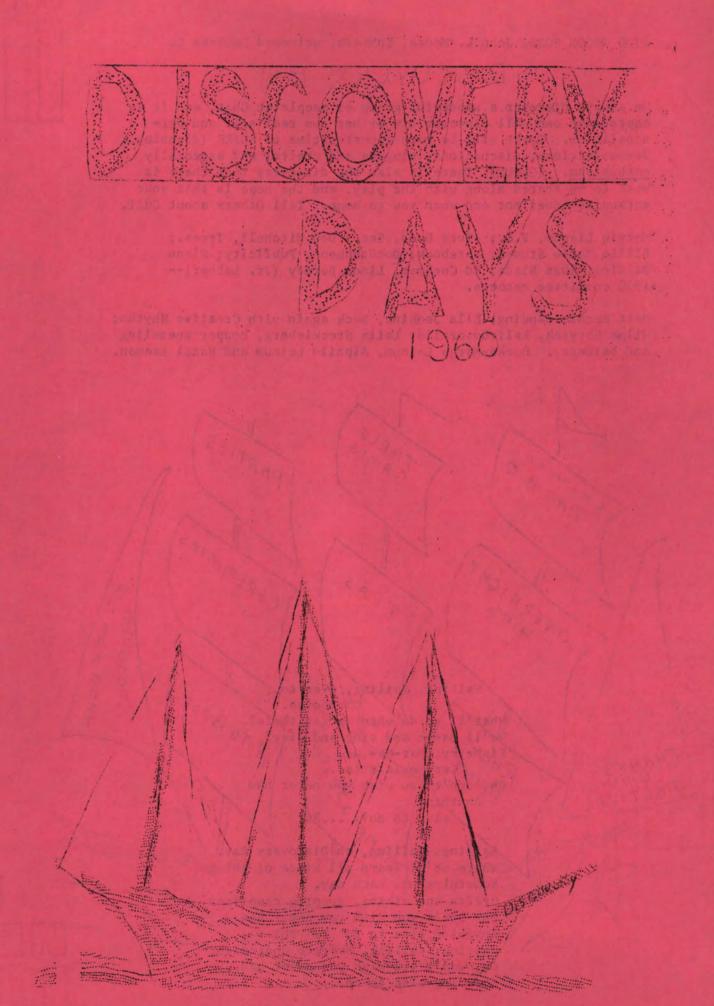




#### THE RABBIT AND THE HORSE

What is real asked the Rabbit one day when they were lying side by side Does it mean having things that buzz inside you and a stick out handle. Real isn't how you're made said the skin Horse It's a thing that happens to you. When a child loves you for a long time not just to play with, but Really loves you then you become Real. Loes it hurt asked the Rabbit Sometimes, said the Skin Horse for he was always truthful When you are Real, you don't mind being hurt. Does it happen all at once or bit by bit. It doesn't happen all at once, you become. It takes a long time. That's why it doesn't often happen to people who break easily or who have sharp edges or who have to be carefully kept. Generally by the time you are Real most of your hair has been loved off and your eyes drop out and you get loose at the joints and very shabby. But these things don't matter at all because once you are Real you can't be ugly, except to people who don't understand.

Cowboys' Prayer When The Boys LAY lie Down to Rest And LAY My Spurs Across My Chest MAY I HAVE One Last Request · Please ... Go Turn My Morses Free Amen A AL -AR BRAN Contraction of the second seco By Howie aut By Daphne & Howie OD W



1950 WAGON BOSS, John L. Moore, Ephrata, welcomed Labbers to

### DISCOVERY BAY

We always discover a wonderful group of people at Chat, and it is hoped each one will discover his or her own real self and personalities. There will be many opportunities to SHARE (Planning, demonstrations, discussions, singing and crafts) and especially <u>enthusiasm</u>. (GLOOM) There is also the discovery that there is work to be shared along with the play, and the hope is that your enthusiasm does not end when you go home. Tell Others about CHAT.

Margie Lienum, V.C.; Alura Dodd, Sec.; Don Mitchell, Treas.; Billie Marie Studer, Notebook; DocStephens, Publicity; Glenn Dildine, Russ Slade, Ed Cushman, Linda Berney (Jr. Labber)--1960 committee members.

Wait Secor, dancing; Ella Jenkins, back again with Creative Rhythm; Wilma Shryack, kaliedoscrolls; Leila Steckleberg, copper enameling and basketry. Cooks-Marge Leinum, Alphild Leinum and Hazel Beaman.

TABLES

TEAS

CHICKER Q

THANKS-GIVING OVERNICHT

PARTIES

CEREMONIES

OUTOBOR

EA

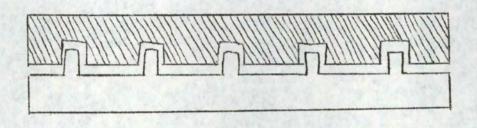
KERST

Sailing, Sailing, Over to Chatcolab. What'll we do when we get there? We'll dance and sing and play! Fish-fry, Bar-be-que, NO Ceremonials too. Oh, don't you wish you never had Anything

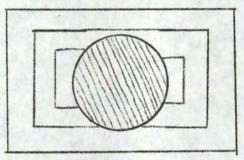
else to do? ... But

Sailing, Sailing, on Discovery Bay Where we'll learn all kinds of things, Something new each day. Crafts and hiking, evening campfires, too Oh--Don't you wish you never had Anything else to do ... BUT Sailing, sailing, over to Chatcolab, Oh, don't you wish you never had... Anything else to do....

## JHINK BIJS



Sometimes people fit together



and sometimes they don't

YOU can make the difference !!!

COMMUNICATION: UNDERSTANDING AND BEING UNDERSTOOD. Leadership is learned ..... not born.

#### WHAT IS CHAT?

Many times I have asked myself this question. Chat is a combination of many faces, activities, emotions. There seems to be a special aura surrounding Chat, one which cannot be defined by any words, and can be felt only in the heart of each labber. It is fascinating to find a large volume of people so compassionatte, and full of sharing. Sometimes, to thenew labber it seems to be overwhelming. To the outsider, a labber must seem strange. A group of people who lead each other around blindly on a beautiful sunny day, or a group of people all merrily celebrating Xmas on a hot May evening. Yes, they must surely look strange, but the feeling that is carried in their hearts is magnificent. God Bless Chat.

#### Joyce Scooter

The Blind Report by that Masked Bird Man, Stew "Bird" White

I sincerely hope that most, if not all of the Chatcolabbers can, at some time in their future, experience the sensation of being handicapped for a short period of time. This paper is being typed while my vision is impaired through the use of a blindfold. I hope that this simple act of coordinating memory and physical abilities, will provide a look into the possibilities of future hope for people with varying handicaps.

By my personal experience it should be possible for a person to know, at least to a limited degree, what it feels like to be partially restricted with our senses. To coin a phrase "experience makes the difference". I hope you try it.

Friday night at midnight ---- two stars shone in the kichen --Billie Marie with home-made ice cream (many willing crankers) and some cranks; and Angelo and his Omelet ala Italienne - lots of wild mushrooms in it and chopped green onions, tops and all. It was the "piece de resistance".

#### Generalization

#### By Lutero O. Rosa

I'd lide to share with you a big lesson, that I learned when I came to the U.S.A.

We tend to make a lot of generalizations about people and cultures.

Let's suppose that you meet me today and I'm an unpleasent fellou. So you generalize all Brazilian are elike, not because you are prejudist, but becuase it is a natural reaction to stereotype a cerain group of perple by one of their member.

I've learned that where vou go you are going to find bad people as well as a lot of real nice people.

#### Time of Life

Life is the most treasured possetion a person has yet in our active life we remember this on least of all. We live our life from day to day never giving a thought to the life it self-- we are after all the only creature of this earth that thinks remanices and dreames of things to come yet we do not ------

Let each of us devote two minutes a day to out life. This sounds rediculous what can be accomplished in TWO MINUTES.

THE CREATION OF A NEW YOU YOUR INER SELF THE TRUE YOU THAT YOU ALWAYS WANTED TO BE.

REMEMBER every computer is trying to be a you. When they are turnedout from the factor they are a new bornbabe----enpty and in active, Not even waiting but seting until a man(you) begin to fill it up. What we put in it is what we are not more no less.

Then come the great power to preplan what we want in it this is a later life experence so many time sour desires of what we want to be are in coflict with what had previously been put in this is conflick that can not always be over come come but the secret is

#### \$

Give yourself two mimutes a Day looking at yourself telling yourself so to speek that this is what I want to be. This does not make you thw worlds ideal butYOURIdeal and at peace with ones self.

This is what the world was now we have come to a new are of life we can and do and have done the instilling of ideas into ones self totaly HAPHAZARDLY and in our younger days we have not control over this but now today we have. The Regulate your ouwn input some are so gortunate that they can wipe out ( set aside some of the past imput) and this changes the entire programing.

1 CLE THE LESS THE STATE OF CALL ANT MARKED TRUE ANT ANT ANT ANT ANT ANT

Five most important words in life "I am proud of you"

Four most important words in life "What do you think?

Three most importnant words in life "If you please"

Two most important words in life "Thank you"

Least important:

#### Safety Hint:

Cur YMCA aquatic director thought up a nifty way to use a whistle when lifeguarding. Use  $\frac{1}{2}$  or 3/4 inch elastic that just reaches around your wrist and whip the ends together. Then just sew the whistle to the elastic. This is much safer than using a whistle around you neck because a panicky wictim could very easily strangle the lifesaver with his whisltle. Its easoer to use on the wrist because you only have ot slip it dour your hand and its right t er to use.

#### HUMOR

#### as seen by Stew White

One of man's most redeeming qualities is his Gid given ability to stand with a smile on his face following his own defeat. To rise form the destruction of hid hopes and fears; to see that with which he can cintinue his most precious gift of life, and to see all that which the world has to offer: to smile, laugh, to reach out to live life to the fullest.

Humor can relax oneself, put one at ease in times oftrouble and relieve the anziety of daily toil. Humor brings people of all walks of life together on common grounds and disbands all fears of another.

This gift is truly a God given gift, regardless of what ones's idea of God may be. Thoughout the human race humor is the main supporting strut of society and provides man with the will to cope with his environment,

I live in a world based on humor, and yet I fine myself occassionally leaning toward a fight with my fists clenched. Part of Chat is dedicated to sharing each other's humor and help people to turn the other cheek with a smile on it. By sharing our love, trust and humor the world may eventually come to know love and peace forever.

FASTEST THERAPY "ME" TURN THE 'M" OVER 'WE

We are the unwilling dead be the ungoelful to do the unnessareary for the ungreatful.

Love is why some of us live and why part of us die.

Trust is a warm fuzzy.







No see a world in a rain of s nd 44 And a heaven in a wildflower: Hold infinity in the palm of your hand And eternity in an hour.

William Blake

#### My Creed is This:

hAPPINESS is the only good The place for ha piness is Here. The time for ha piness is NOL. The way to be happy is to help make others so.

Robert Ingersoll

From Gibran's RC HIT

"The teacher who walks in the shadow of the tem le, a ong his followes, gives not of his wisdom, but rather of his faith and Lovingness.

If he is indeed wise he does not bid you enter the house of his wisdom, but rather Leads you to the threshold of your own mind."

"For the vision of one man Lends not its wings to an ther man."

He alone os great who turns t e voice of the wind into a song made sumeter by his own Loving. uotes for Labbers during a discussion

Before trust can be generated you have to have an openness.

Larry Yee

Trust is Love. You can't teach or you can't learn unless you have trust

Jim .artin

Trust is a Warm Fuzzy, not a cold prickly

Lynne Foy

Kindness in words creates confiden ence. Kindness in thinking creates profoundness. Kindness in giving creates LOVE. Lao Ise

Happiness sems hade to snared.

Write on your hearts that every day is the best day of the year

Ralph Valdo Amerson

Joy is not in things; It is in us.

Wagner

If only all the hands that reach could touch....

A friend may well be reckoned the masterpiece of nature

Laerson

#### The Cabin That Finally Got Together

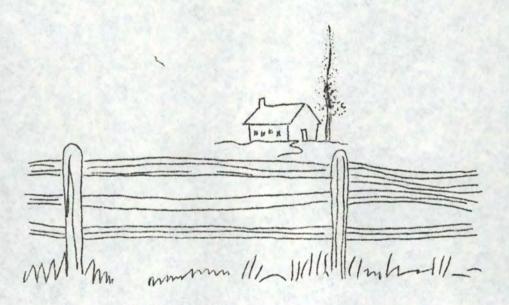
It seems that it took one cabin until Thursday night to "get together." What is meant by getting together is that all the residents of this cabin were together in the cabin and awake! The occasion was celebrated by joyous strains of Hip--hip hoorah!!! and the exchanging cordialities.

The climax of this evening was the offer to tell a ghost story. After several moments of giggling, it was discovered that the offerer didn 't even have a ghost story!!

Wasn't it great getting together.....finally.

An Occupant

. .



Definition of CHAT: An unknown quanity and quality.

Patience is nothing else but faith spin out.



The art of awareness is the art of learning how to awaken to the eternal miracle of life -- with its limitless possibilities.

It is a searching for beauty everywhere -- in a flower, a mountain, a machine, a sonnet, and a symphony. It is developing the deep sensitivity through which we may suffer and know tragedy ---but through which we will also experience the grandeur of human life.

It is identifying yourself with the hopes, dreams, fears, and longings of others. It is learning to interpret their thoughts, feelings and moods.

It is keeping mentally alert to all that goes on around you, it is in being curious, observant, imaginative that you may build an ever increasing fund of knowledge of the universe. It is striving to stretch the range of the eye and ear: it is taking time to look, to listen, and to comprehend. It is through a growing awareness that you stock and enrich your memory -- and as a great philosopher has said: "A man thinks with his memory."

#### from THE ART OF LIVING by Wilfred Peterson

A friendship will be young after the lapse of half a century; a passion is old at the end of three months. Madame Swetchine

There are no rules for friendship. It must be left to itself. We cannot force it any more than love.

William Hazlitt

LIFL - THOUGHTS Stuabling Blocks are LOVE Stepping Sto es I LACE to Success POISE PO' LR Our Frienda Are Sclect d JOY By the Virtues which We Attribute To Them and Sui es In Such Such Persons e See LCYALTY Makes numans UNDERSTANDING, Heir to Unli itless DEPENDABILTY, Illu ination a d. Brichter Lives CUNAR , JIARIE, AND EMPATHY. From Then We Derive Encouragement and Inspiration ..... And They From Us. When faced with a mountain, I will not quit! I will keep on striving until I cilub over, find a base through, tunnel underneath or simply st y and tern the mountain into a gold mine. Thoughts of First Time Laboer-ChAT "73" This week slipped by On monday I saidlike water over woss "Its only Monday?" gone forever On Friday I thought\* to the ocean of the minds "Its Friday already?" here did If I've learned Tuesday two things this week-Wennaesday and they must be; Thursday LO? Now time is o by a ecory in my heart "MERY CHRISTMAS in Chat is Many Kis US: and if you make a "lei" it's done the Polyn sian ay! If we have love in our hearts, isdom is to know Myself ..... disagreement will do us no harm. Courage is to change wyself .... If we have no love in our hearts, Serenity is to accept wyself ... agreence will do us no good. Men and fishes get into trouble because they don't keep t eir wouth "Yesterday is only a memory Tomorro: is still a drea ".... shut Year of the Women's Lib But today is everyt ing, Cive it all that you are able to give Women were born intelli ent -and you will be repaid a thousand fold men have to acquire it. Betty Schuld - the Barhunters Remember, today is the tomorrow you worried about yesterd y When a man finds anyother man that loves anyother man he finds God and God has found a real Man.

Love is the feeling of need be fulfilled

#### WHEN YOUR EGO'S IN FULL BLOOM

SOME TIME WHEN YOU'RE FEELING IMPORTANT SOME TIME WHEN YOUR EGO'S IN BLOOM SOME TIME WHEN YOU TAKE IT FOR GRANTED YOU'RE THE BEST QUALIFIED IN THE ROOM SOME TIME WHEN YOU FEEL THAT YOUR GOING WOULD LEAVE AN UNFILLABLE HOLE JUST FOLLOW THESE HULBLE INSTRUCTIONS AND SEE HOW THEY HUMBLE YOUR SOUL: TAKE A BUCKET AND FILL IT WITH WATER PUT YOUR HAND INI IT UP TO THE WRIST PULL IT OUT AND THE HOLE THAT'S REMAINING IS A MEASURE OF HOW YOU'LL BE MISSED. YOU CAN SPLASH ALL YOU WISH WHEN YOU ENTER YOU MAY STIR UP THE WATER GALORE BUT STOP, AND YOU'LL FIND THAT IN NO TIME IT LOOKS QUITE THE SAME AS BEFORE. 9 THE MORAL OF THIS QUAINT EXAMPLE IS DO THE BEST THAT YOU CAN. BE PROUD OF YOURSELF, BUT REMEMBER 彩石 "THERE'S NO INDISPENSABLE MAN."

Anonymous

#### ORDER OF THE FISH

The fish is an ancient symbol for the Savior. The Greek word for "fish" IXCYC (pronounced Ikthus) formed a "rebus" with the followin meaning:

Indovs	-	Jesus
XPictos	-	Christ
Geos	-	God's
Yios	-	Son
Cwtnp	-	Savior

Early Christians drew the symbol on the door-posts of their homes, on the walls of catacombs, and generally used it as a means of identifying themselves as those who belonged to the Lord.

Upon meeting strangers, Christians would sketch a fish in the dust of the road as they squatted there visiting with them. If the stranger was a Christian he immediately recognized the symbol

-

If he was not a Christian the symbol looked like innocent doodling in the dust.

A few years ago a church group of young women on the east coast decided that they wanted to do something for others in their area such as shopping for the ill, handicapped or elderly; baby-sitting; furnishing transportation; giving aid in emergencies, etc. They wereon call twenty-four hours a day. In searching for a name for themselves, they decided "The Order of the Fish" would be very appropriate for their Christian service group. They passed the symbol on to other groups as well as individuals. This is how it came to me. I felt it was appropriate to pass it on to you.

Blead without take Blead without take comentations Many have a good aim in life, but they fail to pull the trigger.

PHILOSOPHY Angelo Rovetto

The art of joyfull living.

First we must realize that the life we have lived to this moment is a philosophy and it is a fact we are here.

We were born we have existed. But, have we ever reviewed our life?

To judge for ourselves (and this is the ultimate judgement) Now take a pen or pencil and without too much thought quickly write down five memorable events of your life. Now you are your own analysis. Your character could be:

> Joyous Serious Antagonistic Loving Virtuous

Now without further though turn over the sheet and in ten words write the type of person you want to be.

If this should coincide with what you analyzed yourself, what a fortunate person you are.

CONCLUSION:

Fill your live and mind from this moment forward with happy memories, loving thoughts.

-3 AWARENESS OF MENTAL POTENTIAL

THE MIND IS A TREMENDOUSLY POWERFUL RESOARCE WHICH CAN BE DITILIZED AND DEDELOPED BOTH ON THE CONSCIENCE AND SUB CONSCIENCE LEVELS. USE IN LOVE AND GOOD HEALTH?

WHAT MAN CAN CONCIEVE HE CAN ACHIEVE YOU SIMPLY HAVE TO WORK AT IT.

BEAZ

P.S. THIS WAS A DISCUSSION ORIENTED COURSE, THE ABOVE CAPSULE IS JUST A STIMULATOR.

I.K.B.

#### HATS OFF TO THE ART OT GETTING ALONG

Sooner or later, a man, if he is wise, discovers that life is a mixture of good days and bad, victory and defeat, give and take.

He learns that it doesn't pay to be a sensitive soul; that he should let some things go over his head like water off a duck's back.

He learns that he who loses his temper usually loses out.

He learns that all men have burnt toast for breadfast now ans then, and that he should't take the otherfellow's grouch too seriously.

He learns that carrying a chip on his shoulder is the easiest way to get into a fight.

He learns that the quickest way to become unpopular is to carry tales and gossip about others.

He learns that buck-passing always turns out to be a boomerang, and that it never pays.

He comes to realize that the business could run along perfectly well without him.

He learns that it doesn't matter so much who gets the credit so long as the business shows a profit.

He learn that even the janitor is human and that it dossn't do any harm to smile and say "Good Moring" even if it id raining.

He learns that most of the other fellows are as ambitious as he is, that they have brains that are as good or better, and that hard work and not cleverness is the secret of success.

He learns to sympathize the youngster coming into the buiness, because he remembers how bewildered he was when he first started out.

He learns not to worry when he loses an order, because experience has shown that if he always gives his best, his average will break pretty well.

He learns that no mea ever got to first base alone, and that it is though co-orperative effort that we move on to better things.

He learns that bosses are not monsters, trying to get the last ounce of work out of him for the least amount of pay, but that they are usually fine men who have succeeded through hard work and who want to do the right thing.

He learns that folks are not any harder to get along with in one place than another, and that the "getting along" depends about ninety-eight per cent on his own behavior.



# BRIDGES TO

CHATCOLAB

An old man going along a highway Came at the evening cold and gray To a chasm vast and deep and wide. The old man crossed in the twilight dim. The sullen stream had no fear for him. But he turned when safe on the other side And built a bridge to span the tide.

"Old Man", said a pilgrim near,

"You are wasting your time with building here. You never again will pass this way Your journey will end with the close of day.

You have crossed the chasm deep and wide Why do you build at eventide?"

The old man lifted his old grey head "Good friend in the way that I've come, he said "There followeth after me today A youth whose feet must pass this way. This stream, that has been as naught to me

To the fair-haired youth might a pitfall be. He, too, must cross in the twilight dim. Good friend, I am building the bridge for him."

Will Allen Drongoole

The 1962 theme "Bridges To\_\_\_\_" gave way to a wide range of activities for the year. Some were very new and were truly bridges to something new. Q. Why don't you haul the onion over the bridge? A. Because I don't want to see the Bridge over the River. Kwai

GEMS FROM THE 1962 ROCK-HOUND RAMBLES--Don't they sound like a lot like 1968? "It should be diamonds at the end of this safari!" "Hey Doc, you took the wrong turn. We've crossed into Montana." "No, this couldn't be Montana. It hasn't rained this much in Montana in years." "Are we half way yet? I'm afraid to ask!" "Hey, Doc, we want to go on the short rock hunt!" "Doc, did you say you could get your feet wet?" "Someone told me about rock hounds. Now I believe them!" "That garnet business is a bug--sorefeet, sore back---"

THE CRUISE OF THE SEEWEEWANNA, a very special activity for '62 began at 4:15 p.m. with singing and a walk to the dock. Everyone boarded the cruiser and were off. "Ne went toward the St. Joe River and down the shadowy St. Joe which runs through the middle of Lake Chatcolet. We traveled rapidly and smoothly toward the town of St. Maries. Before reaching St. Maries, however, we turned about and headed home. Along the way we saw several Osprey nests and in one we saw one of the majestic birds. Also we spotted a blue Heron flying off to the left of the boat....We had a lovely afternoon on the lake and on the river. The evening which followed with its singing, dancing, and its tree planting Nature Ceremony was the beautiful end to a beautiful day."

OUTDOOR COOKING, ADVANCED PHASE, by Charlie Scribner was a favorite of labbers. One recipe featured the use of a reflector oven and a common wildfruit of the area, huckleberries. The HUCKLEBERRY CAKE RECIPE was: 1 egg, 1 cup sweet milk (powdered OK), 3 tbls sugar, butter size of egg (margarine or bacon grease OK), tsp salt, tsp soda, 2 tsps cream of tartar (baking powder will do as well), 3 cups flour, 2 cups huckleberries. Mix sugar in egg, melt butter & and add with rest of ingredients, then flour & huckleberries. Bake half an hour or until brown in moderately hot reflector. U-m-mm!

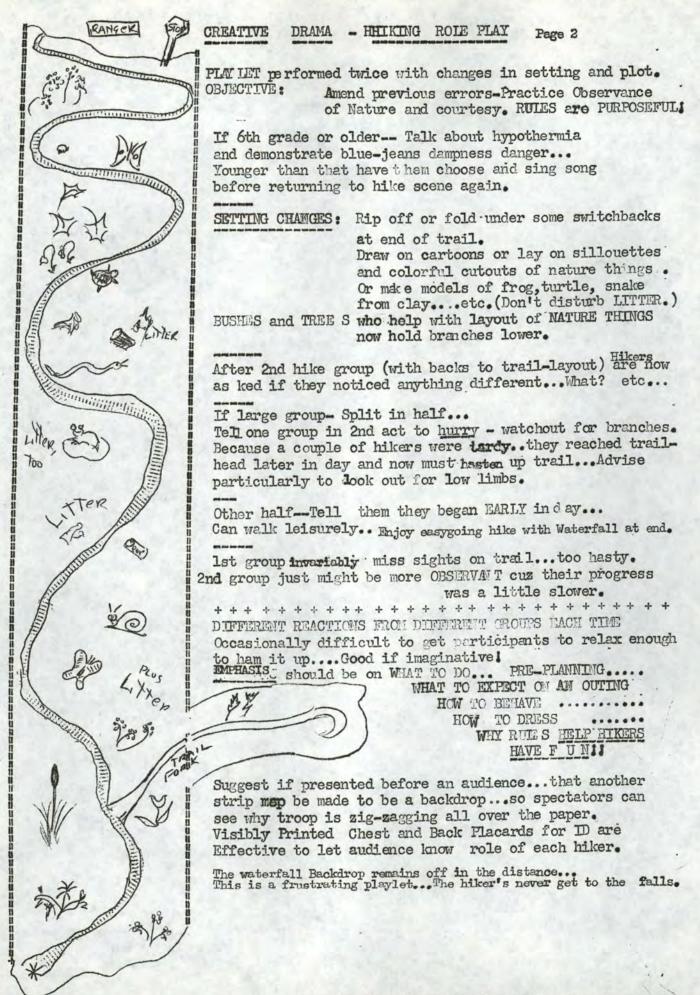
THE GHOSTS FROM INDIAN CLIFFS----"The usual evening activities of free day at Lab were disrupted when the two veteran guides to Indian Cliffs evidently lost their way to this out of the way all night camping area. Since the new labbers couldn't find their way unguided, they returned to camp very disappointed and retired very early...In the early hours of the morning the campers were awakened by the noises of ghosts of former labbers who had awaited till midnight for the arrival of the over night on their traditional march to Indian Cliffs. They felt this action was justified as all new labbers should have this camping experience at Chatcolab....The ghosts found the veteran campers widely dispersed over the camp area as if they were expecting something very unusual to happen this very dark and dreary night..Several campers were accused of these activities but remain innocent until proven guilty. The 1962 Ghost Writer"

The last day's discussion centered around an evaluation of Chat. One question brought up by the group was "How can this organization improve its sensitivity to the individual people attending Lab: Some of the responses to this were:

"At Lab we soon learn that the only way to really gain what there is, is to work it as one individual and participate with the trial and error method of the scientist.. I never cease to be amazed at the resource available in the people & things abund us." "Chatcolab has been a very broadening experience for me. At first I thought a week would be more than enoughtime to do the things that are offered. But, I have found each day has brought more Idea created by Mariana Winn, Camp Fire Expert-Snohomish County MA Aided-Abetted by Billie Marie Creative Dramain 2-Parts. PRE-HIKE ROLE PLAY Studer CFG

WAIT (TIME : '2 Hr to 45 Minutes ) PROPS: LONG WRAPPING PAPER STRIP (20-30 Feet) CUE CARDS For active participants and (Nobody stands around!!) CHEST-BACK SIGHS - good if performed EQUIPT: before an audience. DARK MARKER PEN or CMALK directly onto floor. BRANCHES - FIRIS - FIR - CEDAR BOUGHS FLOVER or Two HOOFPRINTs Cutout DRAW OFTO or LAYOUT CUTOUT Pictures or Modeling CIAY INAGES of SMAIL, SMAKE, BUTTERFLY, DISECT, FROG TURTLE . LEAF .... PAPERBAG -Net-crumpled with sloppy lunch MATERFALL PAINTING - prop up in distance. of Paper Switchbahl PLASTIC BAG Containing Orange peels, popcan Bottle caps, Candy-wrampers , Foil etc for LITTERBAG. £4 35 PRESE TATION requires a DIRECTOR\_RANGER and involves 8 to 15 persons who pretend to hike along "PAPER-TRAIL" to a waterfall ... making many errors on this beginners HIKE .... Take small steps and ham it up. TRIES - BUSHES along trail are holding branches. HIKERS include: IEADER: with whistle who blows at, trail end to count hikers ... then uses 3-blast emergency signal.to TWEEKER: Snaps trigs\_pull leaves off bushes. TWITCHER: Pulls leaves along trail PLUCKER - Pick only flower seen on this trail. SHORTCUTTER - (Follows dotted lines) Doesn't use proper switchbacks thus eroding 2nd SHORTCUTTER trails - creating landslides-rockslides. HOT\_DOGGER - Rudely bypasses everyone RUNNING up trail Slips-Trips scraping knee. needs ba dage. NOVICE HIKER - Didn't listen at planing meeting ... wears sandals -loses paperbag lunch --limps homeward. TAIL-GATER - Laggard stops to tie shoe, takes wrong Take tiny tippy-toe steps fork in trail -- shortening hike as others must search for her (Noral: Count off as she sits crying. -use buddy LITTERBUG - Empties lunch bag on way back down trail... Strews. RANGER - End of trail - 2nd Act - Informs Hikers when they reach end of Pa per strip 2nd time-"SORRY - 3 mile hike shortened to 2 miles -- Only Skilled Htn Climbers now allowed to go to Falls as slides and erosion dangerous and impassable." makes rest of traiL 

PLAY IS DOME TAILCE - -q. ickly last time ... Never do get to Scenic Waterfall.



Effective Educational idea from Mariana Winn-Lynnwood, WA collaborator...Billie Marie Studer

Attitudes Tollerance Knowled with dence EXPANDING

ORBITS " 1963

the second party of the second s

Pullman Barbara (Purdy)

This poem by a Labber expresses the thoughts of most of us, at least our first visit to Chat. But it isn't long before we realize "our feeble light coom burns brighter", as Chairman ANGELO ROVETTO stated, "I see the lanterns come together one week each year, and watching them blaze up through the week into a torch makes the darkness of living a joy... " and we readily see how our lives, at Chat and at home are truly

#### EXPANDING ORBITS as we share.

Dalice Finley, Notebook Editor, and Hazel Beeman, assistant, had a routine (???) job ahead of them as they typed and typed, as other Editors have so graciously done, and will do, we hope. For what would Chatcolab be without the precious notebook of information and memories?

TRAAR

"The trouble with being a parent is that by the time you're experienced, you're unemployable" \*\*\*\*\*\*

Chat Poets outdid themselves this year--witness this gem by JOE SMITH

DO YOU KNOW? Have you really found yourself Do you know where you are going? Have you found your niche Have you influenced someone in some unknown way? If you have You know your abilities and weaknesses You have a dream or a goal You have a dream or a goal You have a reason for doing things You have found your niche in God's scheme You may unknowingly have been someone's ideal You have faith in yourself and others. This is the real you!

Many Labbers "find themselves" inwardly, as well as various hidden talents. Many notebook dividers have been created in various mediums by labbers. Some years definite projects have been a burst of inspiration and things fell into place to match the theme of the Lab or the day. Other times completely different tracks have been taken, and that is the charm of Chat. Anything can happen and often does!

The Rock Hounds and Indian Cliff Dwellers weren't too tired to enjoy the Chicken Bar-B-Q. And some strange guests usually arrive sooner or later in the week... Like Dwight's "Long John" (chant) and that MEAN----Little Rabbit who grabs poor little defenseless UNHOPPY Rabbits and beatsthemovertheheadseventimes.....

#### NEWS RELEASE!!!!

from the CORNY STOMPERS

#### MEDNESDAYS ASSAULT OF THE MATTAHORN

Led by our fealess leader, Doc Rock, 17 labbers braved the elements for an assault on the Mattahorn. Toothpicks were in order (to keep eyes open) for the 5:45 a.m. "bash." Trailblazing was done by the Corny Stompers and friends who had "stomped" into the wee hours at the Mardi Gras celebration, the night before.

Very interesting species of plants, minerals, and nature-plus scenic view of Lake Chatcolet and St. Joe River looking west toward camp.

Some interesting pictures were snapped of Little Willie on all fours probing the secret entrance to Doc' and Velm's "Little Hydaway Trail." Dee Gooderham lost her bet of Laurel falling over the side, with arms ladened with "Luck Sticks", pine cones, locust shell, puzzle bark, wild flowers, coat and camera.

Breakfast was gratefully accepted on our return.

Laurel Mulder

#### -SPECIAL EVENTS-

#### Wednesday Morning Hike

Bruce Elm

Doc Rock told some of the "Corny Stompers" of a hike that led to a beautiful overlook of Lake Chatcolet. He described it as being a short walk through the woods--no harder than walking through a city park. We former labbers should have known about Doc Rock and his estimation of hiking difficulty. We had forgotten that his estimation of difficulty is near that of a mountain goat or a big horn sheep. I have seen a few city park trails that start out near vertical, then narrow to a wide ridge of crumbling rock and end with a series of switchbacks up the side of Mount Everest.

When the summit was reached, it was indeed a beautiful view. Lake Chatcolet was spread out to the east of us and stretched its long arms out of sight to the north. Through the center, the shadowy St. Joe River serpentined its course through the lake with Round Lake on its far side. To the south, Lake Benewah was nestled among the tree-thatched hills. Behind us, birds were singing, squirrels made their chatter, and over the lake the magnificent ospreys shrilled their high pitched cry. Below we could see our cars and the highway searching its way between the hills and the blue mirror of the lake. The occasional lumber truck muscling its way along the road far below us seemed far apart from the world in which we found ourselves for those few minutes.

Doc then said that there was some big trees just over the hill behind us. Not having learned our lesson about his estimation of trail ease, we followed him. Surprisingly enough, it turned out just as he had said, a pleasant, beautiful walk over a seldom used trail to some of the most magnificent trees in the area. It took three labbers stretching as far as they could to encircle one of the stately giants. The tree showed scars of its past. It was charred by a fire, probably the fire which ravaged this area near 1910. It had the claw marks on it : from the climbing of a bear. High up the tree were broken branches, possibly broken under the weight of winter snows.

The hiking group, which included 18 people, were so impressed by the beauty of these forest giants that boisterous talking was left behind us and we talked in quiet tones. On the return hike an interest in the flowers was kindled and many interesting species were identified from tiny forget-me-nots to the large skunk cabbage.

It was with great reluctance that we returned to the cars, to camp for we all knew that we had found a special place indeed.



Good Morning -- This is your old buddy, Bashful Beaz, introducing the Neates Station in the Nation, RADIO KRAP-F.M. (sometimes in stereo), featuring the Von Krap Family Singers and our Sing Along Gross Out Hour. Now join the Von Kraps in our rousing opening song, "Rise and Shine"... ... Now wasn't that refreshing? And now that old familiar station identification jingle ... K - R - A - P -- That's the one serving you with lots of fun. KRAP - F.M. (since 1949) and doing fine

And now a word from our Old Deniable Sponsor CRUST DENTIFRICE, Guaranteed to Frisk your Dentist... "Daddy, Daddy, I only have one cavity!" ... "Yes, I know dear, it's too bad there aren't any teeth in it to help fill it up!" ... "Yes folks, Crust Dentifrice is so effective in reducing tooth cavities it has cleaned out her whole mouth."

And now back to our exciting program -- Oh, I see by the old watch on the wrist that it's exactly 8:30 p.m. and time for the Von Krap Family Singers' first special serenade of the day. Join us, please (You might drown us out). HIT IT GANG! ... "Betsy" (to the tune of Georgie). And now for another World Premier and KRAP - F.M. exclusive...as sponsored by the Benewah Boat Builders... the most exciting coverage of the most exciting mariners' sport in the world--that sport so demanding of Daft and Daring Skills, the World Championship Elimination Series of the Silver Anniversary Chatcolab Yachet Races Extraordinare... and to the lake where all the action will be brilliantly described for all of our listening audience by our super-sportscaster with <u>all</u> the action, the Great Ms. Nellie Belle. Take it away nellie!

Aren't those Benewah Boar Builders something else? Allowing KRAP - FM to carry (PUSH) exclusive coverage of the world championship yachet races on Beautiful Lake Chatcolet. Remember... Benewah Boat Builders bore better boards, build better boats, to be beached on better beaches and banks.

Now that lovely little voice you've been listening for, one of your alltime current favorites POLAK PATZ with Eggs and Milk doing her famous rendition of the Rollicking Rooster here in our studio live and in person to titillate your radio waves -- Hit it Patz!

Now Ray-O-Krap users and non-users -- another letter from a disgruntled customer: Dear KRAP Call for Action, I just wanted to write this letter to congratulate you on misadvertising another of your KRAP sponsor's products. Three months ago I bought two of those Ray-O-Krap Reliability Cells and put them in the bashflight I use every night to guide me to our fashionable two-hole outhouse. About a week ago I staggered out to the John at about 3:00 a.m. (the call of nature being what it is, demanding. I got safely to my seat, but in my haste I put down my bashflight in a manner which caused it to roll across the bench and fall down the second hole. Do you know that that darned thing landed pointed straight up, and it still wasn't gone out. You guaranteed that Ray-O-Krap super cells would not burn for more than 72 consecutive hours. I do have to admit one thing though, I have the only lit outhouse in my neighborhood. Sincerely, Mrs. I. P. Freely-und-Often.

And now for a word from another of special supporting sponsors, Ray-O-Krap Super Cells... "Reach for Ray-O-Krap Reliability"... (Ray-O-Krap Commercial).

Now for the news that didn't make the news (anywhere but here) and remember that you heard it on KRAP-FM. First the Farm and Resource Report: This looks like a bad year for the evergreen needle industry, with the newly increased minimum wage laws and equal rights amendments, and the low margin of profit in the needle industry in general, some 300 million needles are waiting to be harvested. Them 60-year old trees seem to be producing more than ever--another step forward for the Senior Citizen Movement. Poultry and livestock markets have been basically inactive for some time now due to the ever-rising prices of feed sacks and a greatly increased financial interest in vegetarianism, looks like both. Elsie and Flossy will be around for another Christmas (even if it is in December next time). A news flash came on Bl Pony Express that just last night another sighting of Super-Chicken Legs was made at Chatcolab during a Mardi-Gras, cleverly disguised as "Super Hands" (or was that Hand) by normally unreliable sources.

Chatcolab is enjoying the fruits (and I use that term loosely) of a greatly successful off-season recruiting campaign concentrated in the Beaver State and Brazil. The Lab, now 85 strong, with the arrival of #85 Tuesday afternoon, had it so together by the time #85 got to Lab that the Registration Committee had totally disbanded into the Pool of Emotion (a good cry never hurt anyone). Since Oregon represents better than half of this year's lab, there is a strong movement to hold Little Chat '73 near Salem, Oregon, either the weekend of July 28-29 or August 3,4 and 5. Can you imagine those experimentalists have already celebrated Christmas this year? It's true, and St. Nick showed up right on schedule on Monday May 14. Those people have gone on such a youth kick the Chairman of the Board is an unheard of 23 years old and FEMALE. (What's this world coming to--is there no Chauvinism remaining anywhere?)

Now back to the yachet course and another in depth (up to her armpits) report from KRAP-FM sportcaster Nellie Belle... ... And now for a word from our newest sponsor ATLAS SUPER TISSUES, with a live uncut uncensored demonstration right here in our radio studio... and now those performers of mirth and miracles, the Family Von Kraps, presenting another in the series of sing along sensation, The Dickey-Bird.

This is your Hippy Dippy Weatherman with all the Hippy Dippy Weather, Man... As you may have noticed by observing the high cirrus yesterday afternoon, we have a front moving in back of the high, high, high, which has helped keep us so high, high, high, and with sunshine to boot. (I'll bet you got a kick out of that) As may be expected from this type of cloud action we may expect some change in our close-in atmospheric conditions toward the end of the week, but nothing worse than liquid or frozen sunshine is expected, whether from eye or sky. Temperatures are expected to be above normal to 70, a hot air mass holding steady over Heyburn Youth Camp, the range to be between 45°F and 55°F nights and 65°F to 80°F depending on how close to Camp Heyburn you may be at the time. This is your Hippy Dippy weatherman with all the Hippy Dippy weather, man, reminding you that if you want to retain our current sunny conditions you may have to let Raw know that he is sincerely appreciated. Let's hear it... "Raw, Raw, Raw, Sis Boom Bah, Yea Sun!"

And now a word from our most prominent sponsor, the fabled Casey's Cozy Coffin Company... "John Brown's Body"... Featuring the Casketeers...

And now back to the exciting finale of the yachet world championships... Take it Nell...

#### ... Pit Stop ...

Have you noticed a certain <u>Air</u> about you? Do friends seem to pass you by? Do your underarms have a tell-tale drip? Surgery is not necessary. What you need is Pit Stop, antidrop and super duper slippery pit remover. Pit Stop not only stops the slushies, it kills the hair there too. So next time you are in Poland get a can of Pit Stop and remember, Pit Stop stops sloppy pits.

FLASH: Hot off the presses -- there has been some activity with our long dead sponsors, namely the ten off-track sounds; and now for that special report, KRAP-FM Eyewitness News puts in the action with newscastress Laurie Kimmel covering this unique resurrection: bring them in Laurie...

... Now wasn't that refreshing! It is really fantastic to see new growth coming out of supposedly dead items.

One further note from the Editorial Desk -- it seems Chatcolab was graced by the presence of Polynesian Royalty last night at dinner, but Chief Kumonawanalayya didn't eat. I guess the peasant class is beneath his Royal Highness' dignity.

This station KRAP-FM signing off before it gets shut off. Thank you for joining our staff and the Von Krap Family Singers in the sing-a-long and Gross Hour. Just time for one more sponsor before our station identification closing jingle... Roto - Rooter KRAP Jingle.

# A FANTASTIC EXPERIENCE

On Thursday evening an exciting and novel experience took place at the Lab--Little Bill AND Liela took a moonlight canoe ride on the lake. Now you may think that these two would never be caught in the same canoe at the same time but to this writer's knowledge they weren't really caught! It seems that, due to the exhausting pace of the notebook editing, Leila was getting weary and needed to get away from it all for a little while. Well, it seems that Little Bill, in a state of near mental exhaustion himself, actually asked her to go for a canoe ride with him. Much to the surprise of both, she agreed. But there was some question as to the time our busy editor could tear herself away from her desk to make such a trip into the unknown world of canoing. Finally it was agreed that if the canoe was available after the nonexistent ceremony of Thursday evening, it would be fun to try a moonlight ride around the lake. After a little difficulty in finding the canoe, which according to Little Bill was left at the wrong dock, the voyage was about to begin.

With the gallant assistance of Little Bill, Leila was loaded into the small and tippy craft...facing the rear and sitting on the paddle, which was all right as Leila said that Bill had asked her to go for a ride and hadn't even mentioned that she would be expected to paddle. The trip did finally get under way, and as it turned out Little Bill was a competent canoist and was able to propel the craft through the liquid solution with no further help from his lovely passenger. The full moon was so bright that it was difficult to find a place to park and sppon while drinking in all the moonlight--you thought I was going to say "moonshine" didn't you? The lake was beautiful, and except for just a small spot in the center, just as smooth and calm as any water either had been on for some time. Fortunately the moon was bright enough that a dock was spotted just as Leila decided that she had had enough of that tippy cance, Fantastic Experience - 2

but unfortunately it was again the wrong dock, so another haven had to be located. Through the fantastic seamanship and chattering done by Little Bill and the advice from Leila, the small group was safely returned to the proper dock, the canoe secured and the wayward twosome returned to camp--apparently not even missed; but much richer in the sharing of a small, but oh so precious, period of time that these two apparent deathly enemies could get together and enjoy the company of each other.

This humble writer feels that this was an experience that both parties will treasure for many moons to come and at least one of them will think about whenever the moon is full. --

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# SPONTANEOUS AFTER HOURS PARTY

ICE CREAM PARTY FRIDAY MIDNIGHT

3 batches made ..l. vanilla, chocolate, and banana-van flavors each. BASE: 1 quart whipping cream, 1½ cups sugar 1 can evaporated milk, 6,-8 eggs, 2 packages of instant pudding, and additional milk filling cannister 4 inches from the top to allow for expansion.after dosing batch with extra tablespoon or two of vanilla extract.

(Last batch was without raw eggs for benefit of Alergic Larry Yee and Also without benefit of whipcream or canned milk..we ran out)

Nonetheless all three batches dissappeared into 5 dozen assorted icream cones and cups.

Helping hands turned the freezer 10 to 12 minutes or total of 1200 - 1500 slow strokes.

Chopped ice was packed in layers with PLENTY of SALT (Rock salt is cheap-be generous.)

We poked holes in botton of larg can to drain the ice each each tim to conserve the l salt and labor of smashing frozen milk cartons of ice.

All this created achieved and absorbed within an hour and a half.

NOTE : in a sharing experience--so evdryone interested has a HAND in it allow 300 to 500 strokes each..F U N!!

HOE DOWN PARTY INFO:

PLAYLET:

Mowi starts off with greeting at the <u>cattle gaard</u>. A warm western Welcome.

Then the Mellerdrama unfolds..... 1, Melodrama Stars: Howie Law--Black Bart

> John Beasley--Good Guy Little Bill (Special guest) Pretty girl. Lennie Butcher-Bartender Sherry Wormling--Bar Girl Sue Yeoman--Har Girl Tony Luru -- Cowboy

II. O Johnny O lead by Bruce ELm and a few others.

III. Spoon game relay lead by Maurine Bell and helpers Elaine Rovetto and  $V^E$ lma Stephens.

IV. Patchwork taught by Margaret Bradley, Also Referee.

- V. Dancing and cavorting occurred and Everyone had
  - a stompin good time.
- VI. HOE DOWN ended with Howie Low, Big Al , CY Corlett Guitarists par excellence.

MOWIGROUP ELAINE ROVETTO MARINE BELL VELMA STEPHENS MARGARET BRADLEY HOWIE LOW PHIL SCHWARTZ JOHN BEASLEY LON BUTCHER SHEPPY WORMING

#### PERSPECTIVE

God and I raised a flower bed. He really did the most I guess. We used His soil His air, His water, His life, His sun. My part seemed so trivial that I said, Lord, You take those bulbs and make them grow right there in the box out in the garage. You don't need me, Lord You can do it by yourself Oh, no, He said --I want to do My part, I'm waiting to begin. But you must do yours, too You'll have to dig the bed, bury the bulbs, pull the weeds. So I did my feeble part. And God took that bulb -burst it with life, fed it with soil, showered it with rain, drew it with sunshine Until we had a beautiful flower. And then He seemed to say,

Your life is like a garden and if you'd like, we'll make it a beautiful thing. I'll furnish, He said-the soil of grace the sunshine of love, the rains of blessing, the wonder of life. But you must do the diggin'.

Lord, I said, you just go ahead, Make me what You want me to be make me a saint, give me great faith, fill me with compassion. Oh, no, He said, you've got to keep your heart tilled, hoe the weeds of evil, chop away the second-best. I'll make you anything Pure Clean Noble, Useful, Anything you want to be --

From The

Anything you want to be --But only if you dig. "one can think happy thoughts, say happy things, and seek in every way to put joy into people's lives. The more enthusiastically you do this, the more strength you will give to others, the better you will help to make the world, and the more surely you will keep your own spirit high." Dr. Norman Vincent Peale.

There is no better way to describe the activities of another CHAT than to quote from the CHATCOBLAB of Marcia Skaer, editor, that "all the Super Seeds of the N.W. turned their backs on the dubious delights of civilization and forsook their Beauty-rest mattresses and electric heat and T.V. sets to attend the Annual Harvest at Chatcolab. There was quite a collection of old sturdy stock and also a few young sprouts that will bear close watching.

Doc Stephens, Chairman, was feeling his oats and sowing a few wild ones as he rushed about getting camp under way. Don Clayton arrived hale and hearty for he never seems to wither on the vine. He surprised us all this year by importing a tender young blossom from Germany--Anka Gerdes.

Dwight Wales arrived beating his drum and gums simultaneously and is still going strong.

Charlie Scribner looked fit to be tied as he chugged in with his assortment of feathers (swiped from the finest chicken yards in St. Maries). If you wander down to the lake and smell coffee, join Charlie. If you don't smell anything, Charlie isn't there.

If you see Don Dodd with his arm around someone other than his wife, it isn't that he's overamorous-- it is just that he is so thin he feels secure anchored down to something solid.

The absence of "curtains" is evident in the cabins, but I have decided that most have reached the age where if they all remove their bifocals, there will be no invasion of privacy."

\*\*\*\*\*\*

In spite of the fun in many areas, including Chatcolab's own Hootenany <u>Discussions</u> sessions produced much food for thought. WHY VOLUNTEER...Competition IS Character building Discussion on WHY ARE YOU HERE? ...a need for experiences that one does not get at home; Ideal living condition that allows us to relax and be ourselves. No pressures from the outside world With people of common interest. For games and parties --Use of natural resources and creative ability. How do you get young club members working without crabbing? More leaders! What are parents for? How can a new leader keep the youngsters interested until she knows what SHE is doing?

A sin fest isn't a workshop to test out new songe like the book said...Oh, well, misteaks are fun sometimes and part of a big job put out by many willing hands at CHAT. Festival of Lights was the wedding party (India style) theme.

## PLANNING FOR SOCIAL RECREATION & GAMES

## By Bruce Elm

Before a good leader can plan any type of social function, he must have some method of classifying the activities which he might possibly use. There are several methods that might be used. One might classify activities into active and non-active, or indoor and outdoor. Neither of these systems really tells the leader too much about the activity though. A better method might be to classify the activities by type according to the following criteria:

1.	Brain teasers	7.	Musical mixers
	Group contests	8.	Puzzles
3.	Group stunts		Relays
4.	Guessing games		Skill games
5.	Individual contests		Dances
6.	Leader stunts		Songs

This method tells the leader much more about the activities, and is therefore, a better system. A second reason that it is a good system is that there are no more than about 15 (in this case 12) categories.

Another good system might be the following classifications in which the criteria is based on the use of the activity.

1.	Pre-openers	5.	Changing	formations
2.	Starters	P	Resters	

- 6. Resters
- 3. Get-acquainted games 7. Just for fun games
- 4. Partner pairing games
  - 8. Finales

This second system is also a good classification system. It, however, gives the leader completely different information tian does the first example.

In practice, probably the best system is a combination of these two systems, plus the inclusion of information. such as the formation the activity is done in, the number of people that may participate, the age group for which it is appropriate, the equipment used, and special uses (such as at campfires, swimming pools, etc.)

Before examining the sytem referred to above, let us first define the terms of the two examples above.

## Classification by Type of Activity

1. Brain teaser -- a recreational quiz or problem in which the correct answer may be arrived at by logical deduction.

- 2. Group contest -- an activity (not included in any other category) in which each team competes against one or more other teams.
- 3. Group stunt -- an activity in which a group of people performs for the amusement of others (very little rehearsal needed).
- 4. Guessing game -- a recreational quiz or problem in which the correct answer may not be arrived at by logical means.
- 5. Individual contest -- an activity in which each person competes against all other contestants on an individual basis.
- 6. Leader stunt -- an activity done by one person for the entertainment of others. "Volunteers" from the audience may be used, but they need to rehearsal.
- 7. Musical mixer -- an activity don to music in which the participants change partners, but without rigid step patterns as in a dance.
- 8. Fuzzle -- an activity in which objects are manipulated to fit a pattern or to achieve a desired result.
- 9. Relay -- a race in which each member of a team performs a certain action over a prescribed portion of the course (or racing area).
- 10. Skill game -- an activity which involves a great degree of athletic dexterity. (All sports are included in this area.)
- 11. Dance -- an activity done rhythmically (usually to music) with a prescribed motion pattern.
- 12. Song -- any vocal utterance done by all participants (usually with a prescribed word or sound sequence). With this loose interpretation, chants are included as songs.

## Classification by Use of the Activity

- 1. 're-opener -- an activity to keep the guests active until all have arrived.
- Starter -- an activity which signifies the beginning of the party. It should be one in which there is no division into groups, and one in which everyone can participate.

- 3. Get-acquainted game -- an activity which requires exchanging names, and may include some way to learn something about other people.
- 4. Partner pairing game -- an activity used to get the group paired off with partners. It may or may not end in a special formation.
- 5. Changing formations -- an activity which moves the group smoothly from one formation to a second formation.
- Rester -- an activity which allows the participants to catch their breath (mentally or physically).
- 7. Just for fun games -- an activity with no special purposes other than fun.
- 8. Finale -- an activity similar to a starter, but quieter in nature, signifying the close of the function. (Many songs lend themselves to this.)



# A Sample Card File System

Probably the most meaningful system is the classification by type of activity. A card file set up on this system might include cards somewhat as follows:

Name of activity	Type
Vse	Age
Equipment	
Formation	
Number of people	
Special used	
Evaluation	

The card should be filed according to its activity type. To help for special occasions, a color code might also be included. Red might indic te campfire activities, blue for swimming activities, green for picnic activities, yellow for indoor party activities, and brown for nature study activities. This color could be the color of card on which the information was entered. The age group could be indicated by a dot of color in the upper left hand corner of the card. The explanation of the activity is on the back of each card.

The main disadvantage of this system is that it requires each card to be in a certain place in the card file. The following system overcomes this problem.

## The Edge Punch Filing System

A superior system is the edge-punch or unisort filing system. In this system, each characteristic is assigned to one of the pre-punched holes along the four edges of the card. The example below shows one form of assignments that might be made with the filing system on the preceding pages.

Brain teaser	Less than 15
Group contest	15 25
Group stunt	25 35
Guessing game	35 50
Individual contest	50 75
Leader stunt	75 100
Musical mixer	100
Fuzzle	Pre-school
Relay	Lower elem.
Skill game	Upper elem.
	Jr. high
Fre-opener	High school
Starter	College Adult
Get acquainted	Senior citizen
Partner pairing	Senior Citizen
Changing formations	"It" game
Rester	
Finale	Tag game Classroom
bingle circle	Playground
Double circle	Gymnasium
Lines	Swim pool Can
Threesomes	Campfire
Small group	Picnic
Mass	Boat (motor)
Feam	
Special	Canoe, row boat, etc.
	Winter game
	Dinner party
	Dance

As in any card filing system, each activity is placed on a different card. In this system, however, the description of the activity is placed on the front of the card. The characteristics of the activity (type, use, formation, number of players, age range, and special uses) are identified by notches cut into the edges of the card. In the diagram above, these are indicated by the dark wedges on the edge of the card.

With notches such as this in the card, finding an activity for a specialized activity is a simple matter. Let us say that we wished to find an activity which would be a pre-opener for 28 people of college age. We would take the card which had been previously filled out as the card in the diagram above, and place it on the front of our stack of activity cards. Then we would run a spike through the hole indicated as being for pre-openers. The spike would a inserted far enough so that it went through the entire stack of cards. Then, lifting all the cards and shaking them slightly, we would find that all pre-openers would fall out the bottom of the stack because they would have notches cut into them at this position to indicate that they were pre-openers. We would then put aside those cards remaining on the spike and take those that had fallen and run the spike through the hole indicating

5.

25 to 35 people because the size of our group, (28), falls into this category. Again, putting the cards remaining on the spike aside, we would take the ones that had fallen from the stack and finally run the spike thro gh the hole indicating college age. The cards falling this time would be those meeting our requirements, and all that would be left to be done would be to find the activity that appealed to us the most.

Some activities may fall into more than one category within a classification area. For instance, a game might be one which 50 or more people could play. In that case, both the 50 to 75 and up holes would be notched on the card for that game. There is no limit to the number of notches that may appear on one card.

As you can see, the main advantage of this system is that there is no reason to put the cards in any special order. Also, because of this characteristic, an activity may be classified into many different categories at the same time on the same card.

## PLANNING A PARTY

If a group will be arriving at different times, the party should begin with a pre-opener. This activity will serve two functions: first, it will make the party seem well organized and eliminate the "dead" time that precedes many parties. Second, it sets the mood for the rest of the party. In addition, with the proper selection of activity, it may also be a get-acquainted method as well.

The second activity, or the first activity if the group all arrive at the same time, should be a starter. This an activity in which the entire group participates and should be one which builds group unity. Individual contests done in a large circle fit well here. There should be no division into teams as yet, this should come later in the program. Other good starter activities might be simple dances (Preferably those without partners); a grand march, chain line, or Faul Jones type activities; or lively songs.

At t is point in the program it would be well to have some group contests. Small groups allow the guests to get to know one another better. These should be varied from active to quiet games.

From this point until just before the end of the party is the most flexible portion of the program. The leader should be sure that there is a variety of types of activities, adequate time to catch one's breath, and a smooth transition from one formation to another.

At the end of the party there should be an activity which tells the people that it is over. This should be a somewhat quiet activity for most parties, though some parties would

6.

be ended best with the crowd at a high pitch of excitement. Some good finale activities include: songs, round dances, square dancing done in a large circle, etc.

## TECHNI UES OF LEADING AN ACTIVITY

It almost seems unnecessary to say it, but the most important thing about leading any activity is for the leader to be thoroughly acquainted with the rules of the activity. So often, however, leaders try to lead an activity, only to find that they must ask someone else for a definition of some point of the activity.

The second requisite is enthusiasm. Notice the last four letters of the word "enthusiasm". They stand for "I am sold myself". Occasionally a leader will be asked to lead an activity which he does not really care for. In this case the leader should be a good actor. Without saying it, the good leader gives the crowd the impression that what they are about to do is the most interesting thing which they could be doing at that time.

When it comes to actually leading the game or activity, the leader should first use some activity to get the crowd into the formation he wants them to start the game. Then he should stand where all can see him and DEMONSTRATE AS HE DESCRIBES the game. So many leaders describe the activity, then demonstrate it and waste time, thereby losing the interest of the crowd.

The demonstration and description should be complete enough that everyone can participate without the necessity of a question period. The goal is fun, not perfection, so do not worry about slight mistakes. The demonstration should emphasize what the starting signal (if any) will be and how teams (if any) should signify that they have completed the assigned task.

At the conclusion of any social function, the leader should evaluate the activities to see which went over, and which did not. The mere fact that the group enjoyed the activity or ot is not sufficient, but why did they react to it as they did? Was it their age, sex, the leadership, or other factor which led to the success or failure of the activity? These observations should be noted and compared with previous observations about the same activity for future reference. Do not discard an activity because one group did not like it. Ferhaps they were too young or too old for the particular activity. Maybe they were too tired for the activity when it was presented to them and it should have been presented earlier in the program. Or perhaps the crowd simply was not at a point where their enthusiasm was high enough to like that particular activity yet. At any rate, do not discard an activity until you are sure that it was the activity itself that did not win over the crowd.

11 1

e 2

Games Using No Equipment

- Fish & net Three players are chosen to join hands and form the "net". They to encircle other players. Players thus caught must join the "net" and help to capture the other players. The last one to be caught is the winner.
- Focket Rope The group is divided into groups of from eight to ten people. They are told to use anything they have with them to make a rope. They might use belts, shirts, shoe-strings, etc. The group with the longest rope wins. Placing a time limit on the time to construct the rope adds an interesting challenge.
- Get there first Divide players into teams and form parallel lines. Then call for specific items the players might have with them to be placed at a designated spot. For example, when you call for a black shoe, the team that can place the black shoe in the designated spot first gets a point. Be sure to select items the players will, for the most part, have in their possession.

## Games Using Balloons

- Balloon bat Divide group into two teams. Each player on both teams is given a balloon which he blows up. On a signal from the leader, each tries to bat his balloon over the heads of the team members on the other team facing him. (Teams should be in lines facing each other about five feet apart.) No player may move his feet. The team with the fewest balloons behind it when all balloons are out of reach is the winner.
- Big Wind Each contestant is given a balloon and is told to blow it up until it breaks. With large groups this usually works better if each team sends a representative rather than having the entire group all participate at one time.

Rockets Each contestant is given a balloon and told or jets Each contestant is given a balloon and told to blow it up, but to NOT tie it. They then try to aim their balloon towards a target laid out on the floor in such a manner that when they let it go, it will fly to the target. The person whose balloon lands coming closest to the target is the winner.

Balloon basket-ball

The group is divided into two teams. At each end of the hall is a hula hoop or other suitable hoop. The players from both teams distribute themselves about the floor as they wish. Two players, one from each team, meet in the center where the leader tosses up a balloon to start the play as in basket-ball. The object is to bat or blow the balloon to go through the hoop designated for that particular team. (similar to basketball) Keep score as in basketball. Some leaders set up free-throw lines" and give freethrows as in regular basket-ball. If this is done, however, do not call too many fouls.

10.

Players take hold of hands in a circle. Ball poison A large ball (volleyball, beach-ball etc.) is placed in the center. Around the ball is drawn a circle about half the diameter of the circle of players. On a signal from the leader, the players try to pull the other players into the inner circle. Any player stepping into the inner circle is given a point. Any player stepping into the inner circle should pick up the ball and throw it at any other player. Players entering the inner circle and not hitting another player with the ball each receive an additional point. Any player being hit by the ball also receives a point. The player with the least number of points wins the game.

Overtake The group is divided into two teams. They then form a single circle with alternating members of the two teams around the circle. A member of team "A" is given one ball and a member of team "B" who is opposite that player is given another ball. On a signal from the leader, the teams pass the ball to their team members (tossing the ball so as to skip one's own team member is not allowed.) The object is for one team's ball to overtake the other team's ball by passing it quickly around the circle.

Center ball Players join hands in a circle. "It" stands in the center holding a ball. He then passes the ball to any player in the circle. That player must then place the ball on a mark in the center of the circle and then chase "it". "It" must try to to touch the ball in the center of the circle before being tagged by the other player. If he does so, the other player becomes "it" and the former "it" joins the circle.

Dizzy relay The group is divided into teams of 10 to 12 players. Each team forms its own circle. One member of each team is given a ball. He must turn completely around, then pass the ball to the person on the right who repeats this action and so on around the circle.

Catch 10 The group is divided into two teams. One team is given a ball. The players scatter about the playing area randomly. The team with the ball tries to complete 10 successful passes of the ball from one team member to another without the other team intercepting the ball. Each time the ball is caught, the team in possession of the ball shouts out how many times the ball has been caught. (except on interceptions) When the ball is intercepted, the count starts over again. The first team to successfully complete 10 safe passes wins.

Guardian Leader This is a form of dodge-ball in which one member of the team dodging is designated as the guardian. He tries to block his team-mates from being hit by the ball thrown by the other team. Count the number of throws until the entire team except the guardian is eliminated, then change roles of the two teams. The team who put out the other team in the least number of throws is the winner. Bounce ball

This is very similar to volley-ball except that instead of keeping the ball off the floor, it must be bounced. The ball may not go over the net directly from a player's hands, but must be bounced over. Also, a player passing the ball to a team-mate must bounce the ball to him. This game is especially good when some players are overly skilled at regular volleyball and thereby make the other players have no chance at winning. It is particularly suited to younger players.

## Games Using Beans

- UP down up Each player is given a number of beans as he enters. The object is to take part of the beans and put them in one hand. After rolling the fists around, player "A" says to player "B". "Black Hills Lab up down up". Player "B" then attempts to guess whether the beans are in the top or the bottom of player "A's" stacked fists. If he guesses correctly, he gets the beans in player "A's" hand. If he misses he must give player "A" a like number of beans.
- Odd or even Similar to the above game, except that guessing player tries to guess whether there is an odd number or an even number of beans in the other's hands.
- Yes and no Yes and no is used with either of the above games. "hile playin, the above game, the players try to get other players to answer a question "yes", or "no". Any player so answering must give the other player a bean. (Answers such as, "affirmative", "I believe so", etc. are acceptable.)

Introductions This game is also used with the first two games in this section. Any player neglecting to introduce himself before talking to another player must give that player a bean. If two players separate and then later come back together, they must reintroduce themselves.

\*\*Note: All four of these games may be played simultane neously. When this is done, either of the first two games plus the introductions should be used to start the activity. Then the other activities should be added... one at a time.

12.

# Games Using Chairs

Cover the chair

The person chosen as "it" leaves his chair vacant. He then calls, "shift left", or "shift right". The player with the empty chair to his left must take that chair when "shift left" is called. Then there is another person with an empty chair to his left, so he must shift also, and so on around the circle. Of course, the action would be similar if "shift right" were called. While the players are shifting, "it" tries to sit in an empty chair. When he succeeds, the erson whose chair he stole becomes the new "it". To make it easier for "it" to gain a seat, the direction of the shift can be changed often to add confusion.

How do you like your neighbor? One person is chosen as "it" and stands in the center of a circle of seated people. He goes to one player and says, "How do you like your neighbor?" If the player answers, "All right", all players must shift one seat to the right. If he answers, "All righteous" all players must shift anywhere in the room at least three seats away from his present position. If he says, "I don't", "it" then asks, "whose neighbors do you like?". The player then names another player whose neighbors he would like. The named player's NEIGHBORS must change places with the ... NEIGHBORS of the player responding to it". As any position changes are made, it tries to get a seat. The person left without a seat becomes the new "it".

## Games Using Paper

Tearable art Each player is given a piece of paper. The group is then told that they are artists and are to create works of art representing any given subject. Subjects might be such things as their favorite sport, person or any other somewhat general subject. Then they are told to put their handsbbehind their back and tear the paper into the desired shape. They may not look at their creation until they are finished. It may be desireable to display the art pieces ad award prizes for the most original, prettiest, farthest out", etc. Fashion Show When each guest arrives, give him a stack of old newspapers and tell him to create a costume for himself. Tape or staples should be used to hold the costumes together. A grand march should be held so that everyone can see the other creations.

Airplane Each player is given a piece of typing race paper or notebook paper and is told to fold his best flying paper glider. The players then fly their gliders in a race over a course in which there are several spots in which their glider must land. It is a good idea to have these places far enough apart so that the gliders will have to be thrown three or four times to go from station to station.

## Games Using a Record layer

Paul Jones

This activity is in reality directed mixing done to music. The leader chooses any movement similar to the ones listed below which do not need to be taught. To start, the people usually promenade single file about the floor:

- 1. Walk single file
- 2. Men to the center
- 3. Girls turn around, go the other way
- 4. Find a partner and swing
- 5. Promenade in couples
- 6. Promenade in fours
- 7. Face the other couple
- 8. Do sa do the other guy's gal
- 9. With the same girl swing
- 10. Promenade in couple
- 11. Join hands circle left

12. Reverse and promenade single file. This list is by no means an exhaustive list. Variety can be achieved by the leader inventing movements of his own. As a suggestion, star figures work well here too.

Lha

- Back to back Players are in couples scattered about the floor. The leader gives various directions such as, "elbow to elbow" or "foot to foot". The players follow the action given. when the leader says, "back to back", all players must stand back to back with a NEW FARTNER. This is repeated as often as desired.
- Clap mixer Using any strong 3/4 rhythm record or song, the dancers clap with their partners three times with both hands, then three times on their knees. This is repeated except

that instead of clapping their knees, they clap their own hand three times as they go in search of a new partner. The entire sequence is repeated as often as desired.

# Activities Using Whiz Rings

\*\* NOTE: Whiz Rings are light rings similar to frizbees except that there is a larg hole in the center. They have two distinct advantages over Frezbees. First, they are lighter and will not break things indoors. Second, they cost less than the Frizbee. (about 1/3 the price)

- Accuracy Set up targets to be aimed at such things as hula throw hoops on the ground or a blanket with a small ball in the center as an aiming point.
- Throw for This could either be measured, or markers distance could be put down where each player's ring lands.
- Space race This is a relay with each team divided with one half of the team lined up single file one behind the other facing the other half. The ring is shuttled back and forth between the halves of the teams which are about 15 to 20 feet apart. Each person catches the ring and then throws the ring. (The first person to throw the ring catches the last person's throw.)

# Games Using Miscellaneous Equipment

Bucket Brigade This activity requires two bottles for each team. One bottle is filled with water and the other has a mark on it just below the point where the water would come if it were pour d from the first bottle. The bottles should have the same size necks and hold the same amount of water for each team. The teams are in single file. The bottle full of water is in front of the leader of each team, and an empty bottle at the . end of each line. On a signal, the team leader fills up his cup with water from the full bottle. He pours the water into the cup of the next layer (each player has a cup). He in turn pours it into the next player and so on to the 1. to who pours it into the bottle at the end of the line. This process is repeated until one team has emptied the front bottle and filled the last bottle up to the line. Note: If the water is spilled, it is possible the team will be unable to reach the mark even though it empties the front bottle. The first team to fill its bottle at the end of the line to the mark is deal red the winner.

Ball and For this game six empty pop bottles are bottle relay placed in front of each team in two groups of three bottles. These groups are separated by perhaps 6 to 10 feet. On top one group of three bottles are placed three ping-pong balls. It a signal, the first player from each team runs to the bottles with the balls on them and removes the three b lis, and places them on the bottles that are further eway. He then runs back and touches off the secon player who brings the balls back to the original bottles. This continues until all players have run.

Line up players for a rolly race. The first Raft race player in each line is the "skipper". He stands with each foot on a large pad of newspapers. The second player is the "passenger and he stands on the same papers with his skipper. On signal, the skipper bends over ind rasps the papers with each hand. By shifting their weight and sliding th. papers forward, the two boys maneuver themselves to the goal line without stepping off the pads. On reaching it, the possenger runs back to his team with the newspayers and brings the next boy across the river. The first team across the river wins.



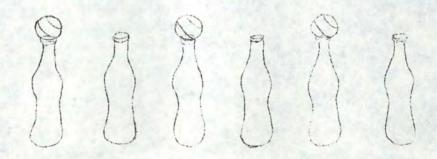
16.

end of each line. On a signal, the team leader fills up his cup with water from the full bottle. He pours the water into the cup of the next layer (each player has a cup). He in turn pours it into the next player and so on to the 1 t who pours it into the bottle at the end of the line. This process is repeated until one team has emptied the front bottle and filled the last bottle up to the line. Note: If the water is spilled, it is possible the team will be unable to reach the mark even though it empties the front bottle. The first team to fill its bottle at the end of the line to the mark is deck red the winner.

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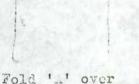
Raft race

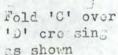
Line up players for a relay race. The first player in each line is the "skipper". He stands with each foot on a large pad of newspapers. The second player is the "passenger" and he stands on the same papers with his skipper. On signal, the skipper bends over ind rasps the papers with each hand. By shifting their weight and sliding the papers forward, the two boys naneuver themselves to the goal line without stepping off the pads. On reaching it, the pessenger runs back to his team with the newspapers and brings the next boy across the river. The first team across the river wins.



Name: HEAV I OR HELL Use: Rester Formation: Mass Equipment. Fice of paper folded as shown Number: Any number Agus: Highschool and older Evaluation:

Fre are paper folding s shown below.





's' creasing as shown

Fold flap 'E' up as shown

Fold 'F' behind IGI

the dotted lines tell where to tear when telling story Man's ticket

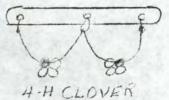
HELL

Bum's ticket

The story: A man died and went to heaven. When he got there, St. leter told him th t he needed a ticket to get into Hosven. Laying sside the usual rules, st. reter allowed the men to jo back to Barth to look for a ticket. The man looked all over the whol. world with no luck. Finally he sotted a bum with paper sticking out of his pocket. Thin ing this w saticket to Heaven the man took what he thought would be enough and left the rest for the sum so that the bum could get into Heaven also. (Tear t line "H".) On his way back to Heaven, the man decided that he hadn't taken enough of the ticket, so he went back and tore off a little more. (Tear at line "I".) Taking the torn pieces to St. Leter, he acked to be admitted to Heaven. St. Feter put the pieces together and found that the ticket was for the "other place". (arrange pieces as shown to form the word "Hell".) Just then the sum came up to the Fearly dates and St. Fater asked to see his ticket. Opening it, the bum was readily admitted. (Opening up the remaining piece to show the cross.)

# Small Wooden Games and Puzzles (larence and Lois Stephens

## LOVERS YOKE



ETC.

Bore three holes in a strip of wood, bone, plastic or stiff leather. Loop a strong smooth cord through the center hole; slip a bead or ring onto each string, then tie the ends through appropriate holes.

Object: to get both beads on the same side without removing the string or untying the knots.

Legend: There was once a wise old man with a beautiful young daughter who was courted by a handsome young man. Then the young man asked for the daughters hand, the father replied that he would lock the lovers in separate rooms. If they could get into the same room without unlocking the doors or breaking them down, he would give his consent to the marriage. THEY DID IT.

# SHUTTLE PUZZLE

A strip of wood about 8 or 10 inches long, with nine (9) holes, (approximately 2 inch apart.) Start the purchasistic of the inches long, apart.) Start the puzzle with four marbles of the same color at each end, a blank space in the center.

Object: to move marbles on right to extreme left, and marbles on left to extreme right.

You may move 1 marble 1 space, or jump 1 marble over 1 marble. You may NOY back up or jump more than one marble.

FRUSTRATION BLOCKS

Four colored cubes. See diagram below for painting schedule.



Object: to arrange the four blocks in a row with the four colors showing on all four sides. The order of the colors does not matter.

Red, Yellow Blue, Green



MEMBER I KNOW CLUB

From a nucleus of three members this organization provided a focal point of many discussions among those opening camp on Saturday and on Sunday as Labbers arrived. By Monday evening most everybody had joined the I know no "I's" Club.

#### GAMES

One of our games consisted of two relay teams. We asked two girls to volunteer for a sewing project. They were asked to choose four boys from the audience. We gave each boy a cotton patch. The girls sat on chairs in the front of the room and at a signal, one boy at a time would run up and sit across the girl's lap and she would sew the patch on the bottom of his pants (his seat). The girl should not be allowed to sew the patch on the back pocket however; that is too fast! Then the boy would return to the line and the next boy would go up for his patch to be sewn. This was a bilarious game. It should not go very long because it gets monotenous-abcut four boys in a row and two rows are enough. Find someone who has -

A				
descrip re uplicate	Red Shoes	Wire Fim glasses	Attended 15 Mabs or more.	Been married at least 10 years
n who fits the train the Aqua leer . So not de	At least 2 children	A relative here in camp.	Blue Eyes	Curly hair
	A September Birthday	Sideburns	Pigtails (Braids)	Buckle Shoes on
The person	Grand children	Blonde Hair	A birthday on the 5th of the month	attended college

	Find s	omeone wil	ho has -	
tion is	Red Shoes	Wire tim glasses	Altended 15 Chatcolabs or more	Been married at least 15 years
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The person	Grandchildren	Blonde hair	A birthday on the 5th of the month.	Attended college.

# THE MUSIC OF FRIENDSHIP 1965

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## THE MUSIC OF FRIENDSHIP

#### 1965

Family groups were made by the use of colors and a musical note. The # family had yellow as a color. Their motto

We're SuperCALLAFRAGALISTECEXPIEALIDOCIOUS!!!! We're Sweet Sixteen and never been missed!

> Green was the color for the green troll singers family. "Singing Trolls are Happy Trolls.

Theme for the Chatengales family was: "Two songs in every heart."

Be a friendly violet and never a shrinking violet" was the motto selected by the Friendly Violets family.

The Chatco Blues family had a most unusual saying, for the general camp theme: We would be blue if we didn't help you!

The Orange family named themselves "Oro Y Plato."

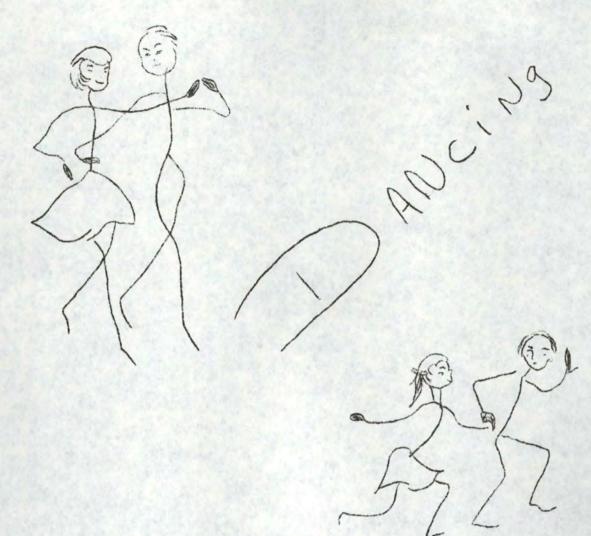
The musical theme carried over into the first evening's party. "Gay Notes"--that's what was flying around the recreation Hall. When the anticipated moment for the party arrived everyone rushed into the party only to be greeted by committee members handing out a piece of a broken record on which was drawn an original picture depicting the title of one of the great classics like: "The Old Oaken Bucket", "On Top of Old Smokey", "Working On the Railroad". After finding the other pieces of the record, we heard first releases of the great classics. # # # # # # # # # # # # #

In 1965 we made the divider pages for the notebook, mostly at meal time. These used various methods that could be applied to notepapers, cards, etc. One divider page was finger painting. So here is a recipe for cornstarch fingerpaint:

> 8 parts water 1 part cornstarch coloring Bring water to boil (colored slightly darker than desired paint). Dissolve cornstarch and stir two together. Bring water to boil again. Cooled paint will be slightly thicker.

> > \*\*\*\*\*\*

"A gem cannot be polished without friction, Nor man perfected without trials."



Jingle Bell Rock

Music: Jingle Bell Rock Record: Decca 30513 Rhtyhm: 4/4 Leila Steckleberg Formation: Double Circle Position: Hands joined Footwork: Opposite

Measures 1-2	Step Walk and Brush	Description Forward left right left, brush right, forward right left right, brush left,
3-4	Rock	Rock forward left two count, back right two counts. Repeat
5-6	Grapevine	Side left, cross.right behing, side left, wwing right over left, Repeat to right.
/-8	Walk and Turn	Man in four slow steps turns left in a semi-circle to the next girl behing him while the girl turns one complete turn in place with four slow steps.

# JIFFY MIXER

Music: Jiffy Mixer Record: Windsor 4684-A Rhythm: 2/4 Formation: Double Circle Position: Two-Hand Footwork: Opposite

The dance is described for the man, the lady's part is the same on the opposite foot.

Measures	Step	Description
1-2	Heel-Toe	Touch the left heel to the side, then touch the left toe to the floor at the instep. Repeat.
3-4	Side Close Side	Step to the side with the left foot, close the right to the left, step to the side with the left foot, touch the right toe beside the left foot.
5-8	Repeat	Repeat the above starting on the right foot.
9-12	Chug-Clap	With both feet together, chug backwards on count one and clap on count two. Repeat three more times.
13-16	Swagger	With four slow steps (two counts each). Swagger to the next partner to the dancer's right.

## ALUNELUL

## "little hazelnut"

Pronuniciation - Ah-loo-neh-loo Nationality - Romanian Record - Folk Dancer MH1120 Steps - Sideward step, stamp.

Formation - Single circle, facing center, with hands on the shoulders of the person next to you. Keep facing center throughout the dance.

Pattern in Brief - 1. Five steps and two stamps.

2. Three s teps and one stamp.

3. Step, stamp; step, stamp; step, stamp, stamp.

## PATTERN

# Measures 1 - 2 Step R to side, cross L behind R, step R to side, cross L behind R. Step R and stamp L heel beside R twice (no weight). 3 - 4 Repeat, starting with L ft and moving to L (opposite footwork). 5 - 8 Repeat from beginning.

Move R by stepping R, crossing L behind, and stepping R.
 Stamp L heel.
 Move L by stepping L, crossing R behind, and stepping L.
 Stamp R heel.

3 - 4 Repeat meas 1 and 2.

TIT

5-6 In place, step R, stamp L, step L, stamp R; step R, stamp L twice. Repeat action with L, stamp R, step R, stamp L; step L, stamp R twice.

7 - 8 Repeat meas 5-6.

HINTS FOR LEARNING

This is a good dance for learning to move lightly on your feet as you progress sideward. The stamps are light, and the entire dance should look effortless as you perform it. Remember to listen carefully to the music.

## DOUDLEBSKA POLKA

Nationality - Czechoslovakian Record - Folk Dancer MH3016 Steps - Polka, walk. Formation - Couples in shoulder-waist position any place on floor.

Pattern in Brief - 16 polkas in LOD

- 2. Form stars.
- M in circle face center and clap while W polka around outside.
- L Repeat entire dance.

#### PATTERN

Meas

Introduction, no movement. 1-4

Take 16 polkas, LOD, anywhere on the floor. Partners furn CW as 1-16 they move COW around the dance floor.

TT

M make a L-hand star, retaining hold of partner with R arm around 1-16 her waist. W's L hand is on M's R shoulder. (It is preferable to make many small stars rather than one large star. If all M go into one star, it is necessary to put I hands on I shoulders of M in fromt.) Walk around singing "Tra-la-la-la-la-la" to the rythm of the music.

III

M face center and clap own hands twice on cts 1, &. On ct 2, 1--16 extend hands to side and clap hands of M on each side once. W reverse LOD (GW) and take 16 polka steps around the circle of M as they clap. When the music starts over, W dances with the M in front of her as he turns to find new partner.

Repeat entire dance with new partner.

Hints for Learning

in easy way for the class to learn the polka is to form a single circle, facing the center. Then do the following: (1) Slide six times facing center of circle, turn R with a hop and slide six times facing the wall. Turn I to face cent .... "epeat this sequence. Use the same techniques, doing only 4 slides, then do it with only two slides. (2) Perform the two slides progressing COW around the hall. (3) Repeat the second routine in time with a polka record. While practicing the step, slowly eliminate the definite turn from center to wall.

Music: Spanish Flea Record: A&M 792 Rhythm: 4/4 Formation:Single Circle Position: Individual Footwork: None (use hands)

Start with the left foot forward and the weight on the right foot.

Measures Step Description Bunce slightly on the right leg tap 1-4 Rhythm the left toe. Clap both hands to right hip twice, 5 Clap then clap hands togehter. Pass right hand over left fist twice, 6 Miss then pass left hand over the right fist twice. Hit fists togehter twice with the 7 Fists right fist on top, then twice with the left fist on top. 8 Hit right elbow with the left fist Elbows twice, then hit the left elbow with the right fist twice. Pass both hands to the right side, 9-10 Swish then up to shoulder level, pass one hand on each side, then back up pass both hands to the left side, then back up, and finally pass one hand on each side and back up. 11-12 Twirl the Twirl right hand above head as if twirling a rope. (four conts) repeat rope with the left hand. Note: The second, third and fourth times through the left hand twirls for four counts. Imitate the action of swimming for eight 13-14 Swim counts. With both feet togehter, chug backwards 15-16 Chug-Clap on the first count and clap on the second count. Repeat three more times. "Hitch-Hike" with the right hand for four Hitch-Hike 17-18 counts then with the left hand for four counts. (Cont.)

Grab with left hand as catching a bug. (two counts) Put bug on right hand (two counts). Smash bug with left hand (two counts). Blow away bug. (Two counts).

Repeat dance three more times. At the end of the last time, do the rhythm step for five counts then hands twice.

I LOVE YOU MORE AND MORE EVERY DAY

# INTRO-CLOSER

You join your hands and circle round the ring. Now you circle left around the ring you go then face your corner, left allemande the corner a right left grand around the ring you roam.

You meet you maid and promenade beside her you take her home and there you're gonna swing and whisper as you walk along beside her I love you more and more every day.

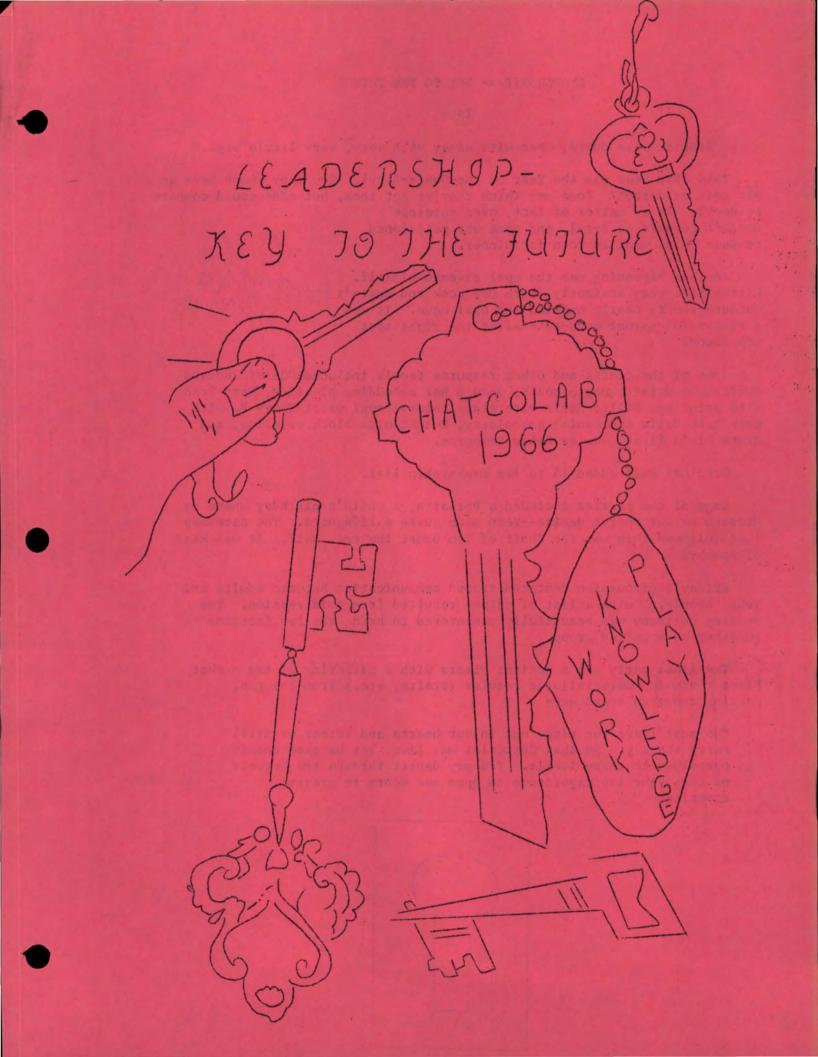
#### FIGURE

Head ladies chain, go straight across the ring now then chain them back, it's right home they go. You face your corner, and do-sa-do that lady you come back home and swing your own sweet girl.

Well join yor hands circle left around the ring now you swing your corner lady once or twice around and then you promenade and whisper ther beside her I love you more and more every day.

Note: Tis is not the call which comes with the record. This is my own version simplified for beginners.

" Her dancing I fear, far from divine. She's light on her feet, but heavy on mine."



## LEADERSHIP -- KEY TO THE FUTURE

1955

"Hearts, Like doors, open with ease, with very, very little keys."

This 18th year was the Year of the Goat--Beryl. How many camps have an old goat as mascot? Some may think they've got them, but none could compare to Beryl. As a matter of fact, even antelope doesn't compare to Beryl, and some who petitioned to save Beryl went to town for dinner.

Another happening was the opal caveman himself. Little Bill very anxiously, with Doc Rock and Angie's encouragement, nearly emptied the opal cave. It was a successful garnet hunt too--after the right spot was found.

Some of the crafts and other resource people included "Chief" Howard Morton & woodcraft, Doc & rocks, Jean & her embedding plastics, Mary Fran with painting, Billie Marie with glass chimes, sugi wire, Nancy B. with corn husk dolls and Danish embroidery, Dwight with block painting, and Bruce Elm's first year as dance resource.

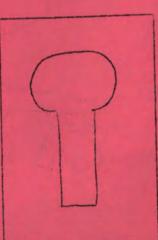
Cardinal Puff added 15 to its membership list.

Some of the parties included a Potlatch, a child's birthday where we dressed as our secret desire--Vern made quite a lifeguard. The ceremony that followed this was the Ghost of Tom under the rec. hall. It was kind of spooky!

Friday's discussion centered around communication between adults and young people. Ouite a list of gripes resulted from this session. The evening ceremony was beautifully maneuvered to bring the two factions together as a united group.

The final party was a Mexican Fiesta with a gathering at the Market Place reviewing materialistic results (crafts, etc.) from the Lab. Parting thoughts heard were

"We must leave the ring, but in our hearts and intent we still carry the key. So that Chatcolet may live, let us each commit ourselves to these ideals. You may depart through the keyhold of this your lab experience to open new doors to greater experience."





## Leadership Experience in Organizing and Conducting Social Activities

Leila Steckelberg Recreation with Youth Groups

Social recreation is any social occasion where people get together for fun and fellowship; to play, to dance, to laugh, to compete in the spirit of a game, to join in the theme of a party.

This social occasion may be at any age level from two to one-hundred-may be any age separately, or all ages together. It may be any size from a handful of friends at home to a group of several hundred at a conference or camp. It may be any length from thirty minutes of games to a threehour dance or rally. All have one thing in common--a group of people who have the same general interest in sharing some time together in one or more activities.

The party-type recreation is not a special luxury for the few far down on some priority list. Rather, it is one of the most needed wediums for healthy personality development in our modern day. It offers a necessary balance to one's work life, as it promotes and teaches wholesome selfexpression in a group, encourages the development of creative talents, gives constructive release of tensions, offers many opportunities to gain a sense of being accepted just for what you are, and all in a gay and friendly atmosphere. A good party may not always be an educational program as far as providing intellectual stimulation and factual knowledge, but a good party never fails to educate one's emotions by helping the participant to experience more confidence in right human relationships with others and with himself. And who of us can deny this need for people to learn cooperative, friendly, intermingiling socially. It is an art that requires much practice and participation in wholesome, friendly, and demecratic situations.

Having a party doesn't mean that you have to spend a lot of money or hours making decorations and favors, nor does it have to come on some special day. A good party is merely any social recreation centered around one idea or theme. It is a program of events that is unified, has movement gives new twists to old games, stunts, or dances, provides friendly mixing, offers variety in group participation, comes to a climax and tapers off to a mellow close.

When you volunteer, (or someone asks you), to help plan a party, you need not be apprehensive. One of the great educational experiences in democratic living is to serve on a party-planning committee. Many committees have more fun getting the ideas and doing the planning than those who finally attend the "super" affair itself. This fact in itself reveals one of the key secrets to a successful party; that is, that the more the committee and the leaders can do to get those attending the party to help make it, the more fun they will have! The success of a party is to a large degree dependent upon how many people are involved in "putting it on."

The only prerequisites for being a successful and productive member of a party-planning committee are a genuine interest in, and love for all people, a liking for parties, and, most of all, boundless enthusiasm!! A knowledge of the principles and techniques of planning and conducting social recreation will be a great help in bolstering confidence in your abilities and capabilities. In order to be a relaxed leader, it helps to be aware of leadership techniques for planning well, choosing and arranging materials carefully and the conducting of activities for the enjoyment of all. Only you can provide the prerecuisites; some of the principles and techniques I shall attempt to bring to you here.

## 2--Recreation with Youth Groups (continued)

Good parties are not automatic -- they don't "just happen." Just getting people together is not enough. This need not be frightening, however, since it does not take a magician to provide the ingrediente necessary. Good parties need to appear relaxed and effortless. This means planning down to the smallest detail. A well--planned party agenda, with dependable and enthusiastic people on hand to help, and everything ready to go well before the party begins, means security for the leader and results in a relaxed, smiling happy person who can proceed with confidence. The result will be genuine enjoyment for the guests and the leader as well. It is also the responsibility of the leaders to create an atmosphere where the guests will be at their best. Under certain circumstances and atmospheres, people are shy, self-conscious, afraid, or inhibited. Under other circumstances and different atmospheres, these same people are friendly, relaxed, and cooperative. They are happy, contributing, and spontaneous. It is the objective of the planning committee to find the right combination of circumstances to set the stage. PLANNING FOR, and WITH, EACH SPECIFIC GROUP of PLOPLA is the magic formula for any party-planning committee. Finding the right circumstances is a matter of answering a few questions and building the party around the answers.

- 1. THE TYPE of party will be determined by:
  - A. WHO will be attending?
    - 1. Age of participants?
    - 2. Sex of participants?
    - 3. Proportion of men, women, children?
    - 4. Abilities or limitations of participants
    - 5. Special interests of participants?
    - 6. Prejudices, if any?
    - 7. Size of the group--number attending?
    - 8. Type of group: (Church, 4-H, etc.)
    - 9. Experiences this group has had.
    - 10. Do they know each other?
  - B. WHAT IS THE OCCASION for the party?
    - 1. Why is the group getting together? Will help set the theme.
    - 2. How will they be dressed?
    - 3. What type of party will it be?
  - C. HEN is the party being held?
    - 1. Time of day?
    - 2. Season of the year?
    - 3. Weather?
    - 4. How long will it last?
    - 5. Will party include a meal of some kind of refreshments?
  - D. WHERE will party be held?
    - 1. Location? (Indoors? Outdoors?)
      Size of facility? Kind of place?
    - 2. Facilities available?
      - a. parking?
      - b. hanging wraps?
      - c. Lavatory?
      - d. Fireplace, etc.?
      - e. Electricity?
      - f. Heat & ventilation?
      - g. Kitchen facilities?
      - h. Chairs and tables?
      - i. Waste baskets
      - j. What is the floor like?

## 3-- Recreation with youth groups: (continued)

- 3. What equipment is available? P. A. system? Record player? Piano?
- 4. Regulations? How early can you get in? how late to stay? (Any cleanup requirements, or decoration regulations?)
- E. How much is the budget? Its resources?
- II. THEME (The theme is an idea or hook on which to hang a variety of spontaneous and interesting ideas and events.)
  - Where does the theme originate--past, present, future; History-events or people? Activities, sports, circus, Occupations? Geographical areas (Countries, customs, traditions, celebration dates or days? Fiction or make-believe? seasons, nature?
  - WHERE DO THE IDEAS COME FROM?
    - 1. Sometimes an already determined by the occasion.
    - Brainstorming (saying the first thing that comes into your head whether it makes sense or not). List ALL ideas suggested, eliminate by democratic procedures.
    - 3. Make final decision on mutual interest (even combine themes)

## III. PARTS OF A PARTY

A. BUILD-UP -- to create enthusiasm, to stimulate interest to want to come to the party.

> INVITATIONS, POSTERS, SIGNS, ANNOUNCEMENTS (radio and TV for public events sometimes free) State clearly the date, time, place, theme; whether the guest is to wear costume or bring anything special. Should have element of mystery or surprise. A clever committee will create a variety of things to keep interest alive and stimulate "looking-forward" to the party.

B. ATMOSPHERL -- to create more enthusiasm.

Decorations should accent the theme and be appropriate; need not be elaborate, gaudy, or expensive. May be done pre-party activity, or ahead of time by committee.

- C. PROGRAM -- the program IS the party!
  - The program is concerned with: Choice of activities -- what kind, how many, order of events.
  - 2. Transition from one activity to another.
  - 3. Relation of activities to the theme -- change the names of activities (games, dances, etc.) to suit the theme.
  - 4. Appropriate activities according to "who" is attending. FUN! FUN! FUN! ENTHUSIASM! ENTHUSIASM!

4--Recreation with youth Groups: (continued)

Program continued:

- 2. The program may be made up of any, or all, of the following activities:
- GAMES: Ice breakers, defrosters. Get-acquainted. Mixers. Active. Quiet. Pelays. Pencil & paper. Musical.

DANCES: Western-Squares. etc., Popular, Interpretive.

PRE-PARTY ACTIVITIES: something easily and readily

provided to participants, with very little explanation necessary, as they arrive. Don't let your guests have a moment of bewilderment about when the party will begin--it has begun the moment the first guest arrived! These activities must be of the type that can be used for any number of people; does not upset the whole group when a new person arrives; and is easily terminated.

1. Decorations 2. Costumes 3. Name tags 4. Competitive types of things such as each group building something pretaining to the theme of the party -- such as a space vehicle for travel on the moon, dressing another member as a scarecrow, animal, etc.

GROUPS should be kept small so that they may get acquainted if need-be, and share the fun rather than be isolated:

Contests, entertainment, skits, stunts, music, singing, slides and films (and equipment needed!) stories, visiting.

3. Preparation of the program--some general leadership directions

- a. have a definite program planned; however, be flexible and have substitute activities available, and be willing to change if necessary.
- b. An hour and a half is plenty of time for a program of organized social recreation activities especially if the activities are quite active.
- c. Always plan more activities than you can use, for something may not prove popular and you may want to change activities sooner than you expected, or some may not take as much time as you planned. On the other hand, some activities may take longer than you planned, so be willing to drop or skip some of the program--don't drag it out to the bitter end!
- d. A pre-party type of activity should come first in an organized program and should be the type which <u>involves</u> everyone--individually or in groups--as soon as they arrive.
- e. The second activity should be one which includes everyone together as a group. This may be a get-acquainted, icebreaker, or mixer type of game or dance, and should be lively, fun, and one of the leader's surefire activities since this event can set the tone of the entire party.
- f. The next activity should be in a similar formation but contrasting in terms of action--if the first was noisy and active physically, this one can be less active or more quiet. Be sure to have something at the beginning to get everyone started and with a certain laugh--active participation will usually take care of itself after that. Do make it casy for late-arrivals to enter into the activities by choosing those that are simple, and easy to start participating in at any stage of the game. Save the more complicated for later in the party.

5--Recreation with Youth Groups: (continued)

- g. Now a change of position or formation is needed. Plan for one activity to have some relationship to the next--winner of the last be captain or "it" for the next activity. Move smoothly from one activity to another with a minimum of time lost--but don't push! Confusion can be kept to a small degree if you can end one game in the formation required for the next activity, or use a game to get into the new position (Choo-choo, circles, Grand March, etc.)
- h. Vary the program--use ideas from those listed previously....
  l. Active and quiet. 2. small group activities and wholegroup activities. 3. Participant and spectator.
- i. A climax activity should bring the whole group back together. This leaves the group happy or exhilarated from good participation.
- j. The closing activity should be snappy and gay, including everyone. It should send guests home singing, laughing, and chatting about "a good time." Or, you may prefer a "tapering off" type of activity which will unify the group into a mood of fellowship. Real fun is not merely a surface feeling or a whimsical "fling." Good party fun goes deep into the heart of a person and brings to one some of that joy in friendly fellowship that one cannot help but someday realize to be his most priceless possession. A party committee would do well to do some experimenting with some short, but well conceived and planned, closing to their parties. A simple, ceremonial type of affair that takes ten or fifteen minutes and which, through music, poetry or simple dramatics, seeks to present (without preaching) a serious, or humerous but meaningful, note on the party theme may prove to be most effective.
- k. Be sure that the closing activity is done in such a way that people are aware that this is the last activity without having to say "That's all folks!"
- Give some consideration to the order of events in regards to ease of setting up the materials. Do not run two consecutive events requiring different materials to be passed out.
   m. When planning a party around a theme, any activity can be
- m. When planning a party around a theme, any activity can be changed or renamed to fit into the atmosphere you wish to create.
- n. Have a master list of events with leaders (and materials if needed) posted in some inconspicuous, yet accessible, place so that those who are going to lead can check at any time to see when they are due to perform.
- **b.** REFRESHMENTS may be served any time, beginning, during--as a part of the regular flow of activities, or at the close. Plans include some activity leading into the serving and also for leading back into the other program activities, if served during the party. May be PLANNED ACCOPDING TO THE THEME. Keep in mind the comfort of the guests, ease of handling and eating what is served.

6--Recreation with Youth Groups:(continued)

- E. CLEANUP -- If all has been planned well, each committee will take care of their own and no one will be stuck with the job. 1. It is a time when these who have worked together to plan the party enjoy sharing me fun, laughs, and good fellowship of clearing it away. 2. wave on hand plenty of waste baskets, brooms or mops, ladders, aish washing materials including hot water, and boxes in which to carry things away.
- F. PARTY POST-MORTEM -- E. O. Harbin, the outstanding American recreationalist, says that "a good recreation occasion ought to be enjoyed three times--in participation, in realization, and in retrospect." This is certainly true for a successful party, especially the last part, if we judge by vocal expressions alone. A good party always has a delightful party hangover, with people buzzing and exclaiming as they review the happenings and try to explain it to others.

Much could be learned from this kind of a reaction or even an adverse one, if a kind of supervised or controlled discussion were held after the party. At least, the party committee should indulge in some honest evaluation by looking at the party piece by piece and scoring the success, mediocrity, or failure of each event.

How will this material imporve your party planning? I have given you the "whole load" as the saying goes, now you must sift through and use the things which apply to your situation. There is much to learn about social recreation--I have only scratched the surface here.

# PLANNING EXCITING PARTIES IS EASY --

HAVE FUN, BE ENTHUSIASTIC!

BELIEVE IN YURSELF by Edgan 1. Guest

Believe in yourself! Believe you were made To do any task without calling for aid. Believe, without prowing to sconnfully proud, That you, as the greatest and least are endowed. A mind to do thinking, two hands and two eyes are all the equipment God gives to the wise. Believe in yourself! You're divinely designed and perfectly made for the work of mankind. This truth you must cling to through danger and pain; The heights man has reached you can also attain. Believe to the very last hour, for it's true, That whatever you will, you've been gifted to do... The wisdom of ages is yours if you'll read. But you've got to believe in yourself to succeed.



## SUME THOMAS TO CONSODER

From Mary Regen, o former Labber.

Place Available () Space: Lange, small? LIGHTING: Adequate outlets () Any other props necessary? VENTILATION: Good? Heat needed? Fan: ARE THERE PROVISIONS FOR REFRESHIERTS (preparation on serving?) (HAIRS: Movable? Stationary? (an you make noise? DECORATIONS: Is the room clean? Attractive? Are you allowed to put up decorations?

Need Piana Stage?

Everything like you found it in better.

You are very essential to the happiness of the world. Your little services to others may pass un-noticed but the sum of II such helpfulness is what makes the world better today than it was yesterd y and builds up our civilization. Anthony "ope.

Small kindnesses, small courtesies, small consideration, habitually practiced in our social relations, give a greater charm to the character than t'e display of great talent and accomplishments.

> "STAY" IS A C'ARMONO MOD IN A FRIEND'S VCABULARY. Alcott.

A SUGGESTED PARTY COMMITTEE OR	RGANIZATION WORKSHEET
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## THE MORNING AFTER (A Suggested Evaluation Sheet)

Rating: 10 Excellent; 8 Good, 6 Average; 4 Mediocre; 2 Uninteresting; 0 Negative Effort	
GENER LIV SPLAKING: TOP SCORE 50 Did everybody seem to have a good time? Was the theme practical for shaping a successful program and atmosphere? Was there plenty of opportunity for group expres- sion and participation? Did the party move easily from one event to another to its climax? Did the work of several committees dovetail? ADDITIONAL COMMENTS:	-1
INTEREST IROMOTION: Were the invitations inviting? Was the build-up unique and a curiosity arouser? Was there adequate build-up? (All things con- sidered) Were the interest promoters in keeping with the theme?	eestra
ADDITIONAL COMMENTS:	direkti dire. M
ATMOSFHERE: <u>TOP SCORE 40</u> Was there something significant to do when people arrived? Did decorations, costumes, etc. help to create good atmosphere? Did the party beginning succeed in mixing & unifying the participants? Did everybody feel that they were included? ADDITIONAL COMMENTS: <u>TOTAL</u> :	повіратию повидочатию порадокірація порадокірація порадокірація г
FARTY PROGRAM;       TOP score 50         Was the balance and variety in the program good?       ************************************	ngdauliong a ngaaliyong gaarang gaara gaarang gaarang Dimanasio
REFRESHMENTS:       TOP SCORE 30         Was the method of serving in keeping with the theme?	na na gana ang

Sunday Night Party

Upon arrival at the party, each guest located a shirt which he had written his name on earlier in the day and which was now located on the walls of the room. He then wrote on it with a felt pen such things as his favorite color, hobbies, why he came to Chatcolab, etc. After this was done, the shirt was put on.

Then the guest entered into the bean games which were in progress. These included having to introduce yourself or forfeiting a bean to the person being talked to and Up-Down-Up.

This was followed by a game of balloon hockey. After the hockey game, the groups introduced themselves to the other labbers through skits, songs, or what-have-you. After some community singing, the camp went to the ceremonial.

## MONDAY NIGHT PARTY

## "Christmas at Chat"

With the jingle of bells and the Ho Ho Ho of Santa Claus (Little Bill) our Holiday Season began. Santa appeared at the noon meal, Monday, announcing that it was Christmas Eve and everybody was to prepare for the big "Christmas Day" that night in the Rec Hall. Everyone was asked to make a gift to be given away on Christmas. A sock (clean!!) was to be taken to tea time, and to keep the Holiday spirit of good cheer brewing.

We had a beautiful Christmas dinner with ham and all the trimmings. The labbers were met at the door where they deposited an array of gifts. They then went to sit at the place which had their sock hung. The meal was brought to an end with jouous voices singing Christmas carols.

It was 8:00 at "Christmas at Chat" and Christmas was here. Everyone was greeted at the doorwith a kiss or a hug, for there was miseltoe right above the door way, and then entered into a beautifully decorated hall. When everybody had arrived the Christmas dancing began with Bruce Elm leading it. We took part in traditional Christmas dances such as the Alunelu and Christmas Hora and initiated a new dance, the Chatcolab Jingle Bell Hop.

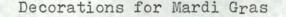
We then got in a big circle and sang Christmas carols hoping Santa would hear them and soon arrive. With a great jingle Santa rushed in with his bag over his shoulder Ho Ho Hoing loudly. The Christmas tree in the middle of the room was unveiled to reveal a quite unusual tree decorated with flowers and stars.

Now it was the time we had all been waiting for, the time of giving and receiving, it was time to open the presents. Everyone was divided into four groups sitting in a circle. The presents, which had been collected earlier were placed in the middle of the circle, one present for each person. Our Christmas time Chinese Auction (Scooter's idea) began. The first person in the circle picked a present and unwrapped it. The second person had the option to either take a present from the pile or to take the present of the first person, and so it continued each person either picking a present from the pile or from those previous to him. It turned out to be very successful with a great variety of gifts (and imaginaion) from pine cone mice to fuzzy animals to decoupage rocks, to painted bottles to Dok Rok's new blue wig.

We then formed another big circle joined hands and sang Christmas carols, ending with Silent Night. Refreshments were served and everybody went down to the lake for a campfire ceremony.

"Christmas at Chat" it brought out that warm special feeling of love and oneness, giving receiving, sharing. It brought out the Christmas Spirit in the middle of May.

ONIGHT .. WE RRDI Fill GRAS DDD 8:00 p.m. WERE AN APPROPRIATE Costume

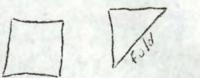




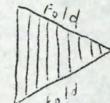
Cut out of a stiff paper--construction paper--vanilla paper. Put a strip of Elmer's glue on top of mask, sprinkle with glitter, dry, shake off excess glitter. Staple at an angle to a popsicle stick, put stick in a gum drop.

## CHINESE LANTERNS:

Start with a square piece of paper, flod diagonally twice. Cut slashes to within  $\frac{1}{2}$ " of fold parallel to unfolded edges.







Carefully unfold, pick up center and let rest spread out. Tape or staple to rafters, ceiling, etc.

## TUESDAY NIGHT PARTY

#### The Mardi Gras

Sponsored by the Septemvari Dwarfs featuring Snow White and Prince Charming

This fantastic affair was completely planned and carried out by the Dwarfs and a few other helpful hands (thanks, y'all) All were invited to dress up and attend, and true to the Chat tradition, produced a multitude of costumes and configurations!

As the guests arrived at the door they were asked to join a game of human Bingo which brought everyone a little closer together. Curly haired-blue eyed-sideburned-parents of two or more kids were counted among some of the squares.

Led by Grumpy (probably so 'cause she's the shortest of the Dwarfs) and her escort Cy (sigh) the Mardi Gras parade circled the hall winding past the three judges who were bewildered by the great number of costumes present. Games con-sisting of "If you love me honey, smile" and "Ring around the Rosy" which dampened the spirits of but a few desperate souls while waiting for the judges' decision on the Mardi Gras outstanding man, woman and joker.

Filling these dubious posts of honor are King, Don Ristes, Queen Cheryl Roche, and the jester Larry Yee. The Mardi Gras continued until the evening ceremonies interrupted Bruce Elm's presentation of dancing music. Thus lives on the memory of the 1973 Chatcolab "Mardi Gras".

MOWI Group Party GAME

WESTERN HOEDOWN Games consisted of two relay teams. Asked two special girls to volunteer for a sewing project. They were allowed to choose four boys from audience. We gave each boy a cotton patch. Girls sat on chairs in fromt of room and at signal one boy at a time would run up and sit across the girl's lap so she could sew patch on botton of his pants seat. Girl could not be allowed to sew pat on back pocket, however ... that is too fast and easy! Boy would return to line when his patch was sewn all around. Another would go up for his patch. This was a hilarious spectator experience. It should not go very long because it get monoenous.... About four boys in a row and two rows are enough. Sugest needles be threaded ahead of time and that thimbles be furnished or tape for fingertips as blue jeans are tough to sew and girls had punctured fingers at the end of this game. REWARD was kiss from each participant ... for winner.





HEY MANY -

low Look

TIRED!

1095

## WICOMJ LUAU

ALL NIGHT PUTTING Tuesday at dinner, the Lab was greeted by the envoy of the Polynesian King Komoniwanalaya, Greg Kauffma After a formal introduction, the king appeared. He, then, proceeded to invite the Lab to a luau for Wednesday dinner, providing that they "make a lay".

Wednesday at lunch, the King reap: peared, accompanied by his faithful right hand man, Al Harmon, and a guard, Jack McLean. The King reminded the crowd to bring their "Polynesian Necklace." He, then, stated that the menu would consist of roasted pig (with little wings and s funny tail), poy tato salad, and other delicacies.

After a few choice lines between his aide and the king KAMANIAWAWALAYA ... about who was going to be the chief after the next election, the King introduced a visiting guest, "Tex Fritter", the famous breakfast tysoon, from the USW (United Stateshell KING West). Tex announced that since they were the guests of the King at the luau, the whole island would be flown to the USW for a real Shindig (or kneedig Your WISH if you are short). IS MI MAND! The luau arrived that night with ( the pigs roasting away. The King was then paddled to the shore, where he met a warm welcome, DAVE they were short on pigs. After dinner, entertainment was provided by a group of tourists who learned to hula. The island was then (or shoveldown if you prefer), DOES A PIG Lunu! MARY THIS HAVEWME after which the closing ceremony was held back on the island where the Zuni Indian Nation was annexed due to the lack of an appropriately sw chant. 1111

YEA - ISPENT

of Excellance

Vestal

VIRGINSI

ON THE

TAPHINE

stew

Birds

Sec. ...... MOWIS\_WEDNESDAY\_NIGHT\_HOE -DOWN The Olde Rec Hall was fittingly decorated in the style of the Old West complete with bar ("No foul language--Complain to the Bartender OUTSIDE!) And WANTED POSTERS. Recognize any of these? REWARD! \$500 Dead or Alive ----- DOK\_BOCK\_Miscarriage\_of\_Justice REWARD! For capture of HOWLING HOWIE Dangerous Girl Watcher \_\_\_\_\_ REWARD! City Slicker Clayton Wanted for Singing Off Key -----REWARD! For capture of Jake and Jill alias SHARON and BRUCE WANTED for operating an illegal massage parlor. REWARD !! Alias Naughty\_Nurse\_Nancy for raising Temperatures 1 0 0.00 REWARD W A N T E D: Information on ANGELO the fillet fish peddlar. -----WANTED !!! MADAME MARGE GRIER Running a Cuestionable House. WANTED! NOTORIOUS LITTLE BILL For Impersonation of a LAW OFFICER WANTED !! INFORMATION CONCERNING LIBELO US LEILA Wanted for running a Slanted Press and the second and an and a second 16 ORSE ...... ------

## WELCOME

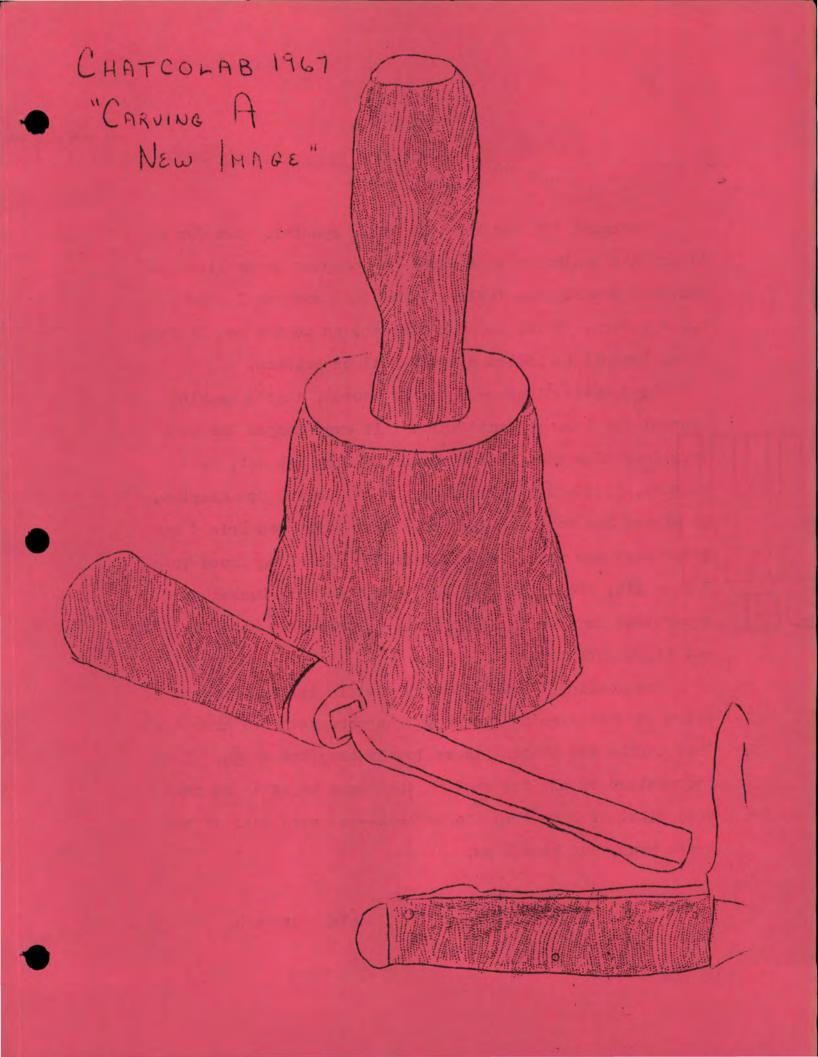
## to the

QUARTER CENTURY CLUB:

Please find your personal, individualized, handcrafted placemat (we enlisted the assistance of our finest artists:); and have a seat.

On your table before you, you will find marking pens of several varieties and colors. Task: With the help of your table-mates design the centerpiece of your choice.

Have a pleasant evening-dinner will begin shortly.



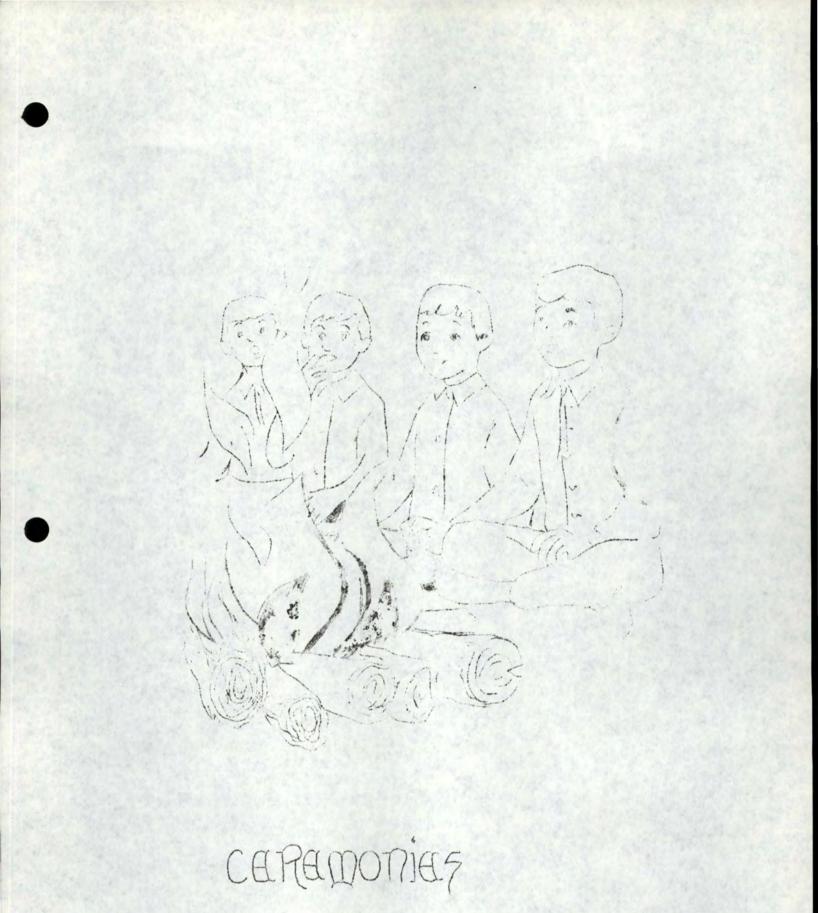
## CHATCOLAB 1967

Chatcolab '67 was like all Labs, special. But for me it was the beginning of a whole new chapter in my life. I remember clearly the feeling I had then and how I knew I would return. I too had the feeling, as do the new labbers here, that it is indeed a truly real experience.

What crazy times we had! Of course, that's nothing unusual for Lab. I don't think I'll ever forget the characters I met for the first time--Bruce Elm, Dok Rok, Mr. Beasley, Little Bill, Vern, Mary Fran, Leila, Don Clayton, Chief and Joe Morton. They were like very good friend and after only one week. Its so much fun reminding Bruce Tree, I mean Elm, about the rock hunt and a certain bucket of water that managed to land on him! There were other delights and highlights too.

One feeling I have now very vividly is the 7077% atmosphere at that closing ceremony. We were gathered around the Chat candle and singing those lovely campfire songs. I was overwhelmed by all the emotion that came together at that very time. I knew then I'd be back--not sure then of the exact year, but here I am.

Betsy Jozovich



# WHEN YOU PLAN A CEREMONJAL .....

It will be more meaningful to both planners and final participants if it is original. One ceremonial would be truly fitting only one time because ideally, it would come being as a creative experience of a planning group out of the situation in which they find themselves and the situation would never again be repeated in exactly the same way with the same people.

We use ceremonials in order to recognize, or minister to the need for spiritual expression that is in each of us, and somehow, after a day that is full of fun and activity it seems fitting to take a few minutes to think of the nice things that have happened and together, finish the day. Ceremonials provide an opportunity to symbolize our deeper feelings about ourselves and our group, usually with verbalization of these feelings by people in the ceremony.

Perhaps the most importand leadership quality necessary in planning a ceremonial is the ability to let the group work with ideas in discussion, until one idea "clicks" and everyone can see that this one is <u>right</u>, and this way is <u>best</u>. Quite often it'll take lots of discussing and there'll be much group frustration before the right one comes along. It would be so easy to pass out little "speeches" to everyone and certainly this is done often and can be impressive. But, how much more meaningful the ceremony, no matter how short, that originates on the spot from the real feelings of the people who are planning.

Ceremonies need not be only serious, but can be fun and light in nature, and still transmit the desired thoughts. Perhaps the most important single quality necessary to the planning group is <u>sensitivity</u>both to the needs of the entire group who will see the ceremony and in planning the details of the ceremonial so that the desired effect can be achieved in the best possible way.

Some questions to ask:

1. What does the group desire to express in the ceremony? Too many thoughts will be ineffective. What is the best way to say it?

2. How best can the transition from the evening's activities into the ceremonial be made, in order to change mood smoothly?

3. Where is the best place to hold the ceremony? The entire group can be moved without too much effort if another setting is desirable. (cont.) 4. What is the best way to symbolize the message?

5. How can we make the most of group feeling in the setting and in the positioning of the group in relation to the speaker and focal point of ceremonial?

6. How to best dramatize the ceremonial? Lights, water, music, and any other props are possibilities -- nothing need be excluded, and don't stick just to candles, because they're the most common!

7. What would be a fitting closing for the ceremonial? Don't forget that not only must the ceremony finish, but the group needs to know what to do next -- refreshments, go to bed, go.home, or stay and sing for awhile.

Ceremonials are not just seen or heard or spoken, ceremonials are a <u>feeling</u> deep within a person that he can live and love in a worthwhile way and that this day has been a good one. And the most wonderful thing, perhaps, is that one knows that he is sharing this feeling together with the people around him as they sing the closing song.

You have seen, heard, and felt the ceremonials we have created at this Chatcolab. They are reproduced here for enjoyment in rereading and remembering, but we hope that you'll just take the feeling and leave the words and help others to discover the joy of ding their own, unique, ceremonials.

Gloria Johnson

## THE BUSIMESS OF THE DAY

Patience Strong

It's just the way we carry though The business of the day That makes and molds the character, The things we do and say; The way we act when we are vexed; The attitude we take; The sort of pleasures we enjoy; The he kind of friends we make.

It's not the big events alone That make us what we are; And not the dizzy moments when We're swinging on a star; It's just the things that happen as Along the road we plod; The little things determine what We're really worth to God.

## WORSHIP SERVICE

Sunday morning at the lake's edge, 5-13-73

Psalms 84: 1-4 How Lovely is your Temple, O Lord of the armies of heaven. I long yes faint with longing to be able to enter your courtyard and come near to the Living God. Even the sparrows and swallows are welcome to come and nest among your alters and there have their young, O Lord of heaven's armies, my King and my God! How happy are those who can live in your Temple, singing your praises.

\* \* \* \*

These things are ours ... ... for God creates within our soul a mystic sense of wonder ...

That we may hear allegro tunes ... among tall swaying cattails ...

See splendor twinkling in a dewdrop ... and feel the freedom of wild wings

Watch clouds and winds ... ... and all eath's living things unfold ... ...each day ... a miracle ....

\*\*Gwen Frostic, These Things Are Ours

At Chat WE CARE. To me that means we also must love. 1 Cor. 13: 4-8 says of love:

Love is very patient and kind, never jealous or envious, never boastful or proud, never haughty or selfish or rude. Love does not demand its own way. It is not irritable or touchy. It does not hold grudges and will hardly even notice when others do it wrong. It is never glad about injustice, but rejoices whenever truth wins out. If you love someone you will be loyal to him no matter what the cost. You will always believe in him, always expect the best of him, and always stand your ground in defending him. All the special gifts and powers from God will someday come to an end, but love goes on forever.

Song, Holy Holy

- 1. Holy, holy, holy, holy holy, holy, Lord God Almighty; And we lift our hearts before you As a token of our love, Holy, holy, holy, holy.
- Gracious Father. Gracious Father 2. We're so blest to be your children, gracious Father;

And we lift our heads before you As a token of our love, Gracious Father, Precious Father.

- Precious Jesus, Precious Jesus We're so glad that You've redeemed us, Precious Jesus; and we lift our hearts before you As a token of our love, Precious Jesus, Precious Jesus.
- Holy Spirit, Holy Spirit
   Come and fill our hearts anew, Holy Spirit;
   And we lift our voice before you
   As a token of our love, Holy Spirit, Holy Spirit.
- 5. Hallelujah, hallelujah, hallelujah, hallelujah, And we lift our hearts before you As a token of our love, Hallelujah, hallelujah.

Poem by Betsy, "To You Love" --dedicated to all mothers on today, Mothers' Day.

Love is the creative fire, the inspiration that keeps the torch of progress aflame.

Love is the dynamic motivation behind every worthy purpose; it is the upward thrust that lifts men to the heights.

> Love is the dove of peace, the spirit of brotherhood; it is tenderness and compassion, forgiveness and tolerance.

Love is the supreme good; it is the overflowing life; the giving of ourselves to noble ends and causes.

Love is down to earth and it reaches to the highest star; it is the valey of humility and the mountaintop of ecstasy.

> Love is the perfect antidote that floods the mind to wash away hatred, jealousy, resentment, anxiety and fear.

> > Love, in the words of the Master, is the shining commandment: love one another.

The art of love is God at work through you. Comments from Ya-Hoo (Diana)

## Charity Begins at Home (1 Cor.13)

Though in the glamor of the public eye, I sway the emotions of men by my oratory, or by my silver singing, or by my skillful paying.. and then go home and gripe becuase supper is late, or because my clothes weren't ironed to suit me, I am become as sounding brass, or a tinkling cymbal.

And though I am able to impress others with my vast knowledge of the deep things of the word of God, and though I am able to accomplish mighty things through faith so that I become famous among men as a remover of mountains, and have not the love that sees the deep longings of the hearts around the family circle, and remove the barriers that grow up in shyand tender hearts, I am nothing at all.

And though in the glamor of public praise, I bestow all my good to feed the poor, and though I win the name and fame of a martyr by giving my body to be burned, and yet close up like a clam at home, or behave like a snapping turtle, knowing nothing of the glory of giving myself unstinted, self-denying service to those nearest and dearest, it profiteth me nothing. Love is never impatient, but kind; love knows no jealousy; love makes no parade; gives herself no airs.

Love never broods over wrongs; never exults over the mistakes of rights; is never resentful, never imagines that others may be plotting against her.

Love never broods over wrongs; never exults over the mistakes of others; but is truly gladdened by goodness.

Love suffers silently, is always trustful, always cheerful, always patient.

Home is the acid test of the truly yielded life, for in all other phases of Christian service there is a certain amount of glamor; but in the home, one is confronted with the bare facts of life, stripped of all glamor. The home is given to help every Christian "not to think of himsel! more highly than he ought to think." And, it is in the home that we have the privilege of demonstrating that the Christian life is "faith which worketh by love."

#### Source Unknown

When I came to the lab three years ago, I felt I was a pretty unworthy person. I did not have a very high opinion of myself.

Over the years I have found that the Father has loved me and never ceased loving me and that somehow I had to understand this kind of love. As I began to see God's love I found it also had a requirement. That I behold this love in every man. That God did not leave anyone out and neither can I, no matter what the situation appears to be. This has been a most priceless sense of peace and I thank him.

Song, Amazing Grace

- 1. Amazing grace, how sweet the sound that saved a wretch like me. I once was lost, but now am found, Was blind, but now I see.
- 'Twas grace that taught my heart to fear And grace my fears relieved; How precious did that grace appear The hour I first believed.
- 3. When we've been there ten thousand years Bright shining as the sun We've no less days to sing God's praise Than when we first begun.

As we begin the week at Chat, the new people here for the first time, the friends returning, all things beginning anew--these words have meaning for me:

The old log in the woods will never be a great tree again...things never go back...yet lying there...covered with moss...it is creating new life...which in turn will be great and beautiful....

The fish eats the insect...the bird the fish...the mammal the bird...and the insect the mammal...as each in a universal rhythm is creating new life...for there is no life except life which comes from life.....

Waters flow where daisies grow ... Threes grow where swans once swam ...

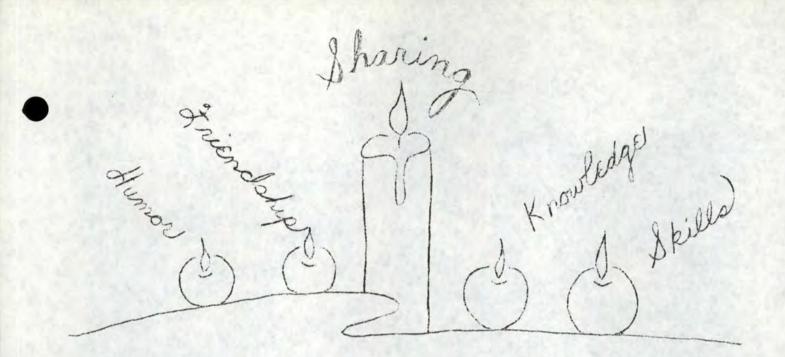
All things upon this earth are developing into new things.. from what is here must come what is to be...there is no other material...

This is the fulfillment of the promise of life... ....nothing can be destroyed.... everything is being created.....

> \*\*Gwen Frostic, These Things Are Ours

The service ended with spontaneous singing with Ya-Hoo on the autoharp & Marianne on the guitar.

Submitted by Sharon Beers-Green



SUNDAY NIGHT CEREMONY

The ceremony for Sunday night was given in two parts. The first was a scene of eight people sitting in a circle exchanging memories of their first time as Labbers.

The reminiscing was both humorous and of a serious vain. After singin a few old time songs the group was led in sepentine fashion while the scene was being changed into a "Now" situation.

Four small candles were placed in the center of the room, and were lighted along with the big Chat candle. Six Labbers expressed themselves as to the meaning and purpose of "Chat."

Leila told us of how FRIENDSHIP at Chat had been an influence on her life. "Friendship is one of the most important parts of Chatcolab. In one short week we make friends who become closer to us then Any people we have known all of our lives. It is the kind of love and caring that lasts through years of not seeing one another and then meeting and going on as though we were together only yesterday. It is a comfortable, loving, trusting friendship where we can put away our masks and be ourselves. There are not many places where we can do this. Too often, we are trapped in little boxes because of the way other people see us and they won't let us out of these boxes. Here at Chat, no one traps us and we are free to become friends-real friends.

I would like to share my favorite prayer with you--"O Lord, grant that each one who has to do with me today may be the happier for it. Let it be given me each hour today what I shall say and grant me the wisdom of a loving heart that I may say the right thing rightly. Help me to enter into the mind of everyone who talks with me and keep me alive to the feelings of each one present. Give me a quick eye for little kindnesses that I may be ready in doing them and gracious in receiving them. Give me a quick eye for little kindnesses that I may be ready in doingthem and gracious in receiving them. Give me a quick perception of the feelings and needs of others and make me eager hearted in helping them."

The friends I've made through the years here at Chat are precious gems to me and have really made my life full and exciting. "They pass this way but once and cannot retrace our steps or call back the days that are gone." Love never needs to say I'm sorry.

Adding a bit on HUMOR was Stu, representing the second candle.

The third one was for SKILLS expressed by Howie.

Veryone that comes to Chat has one skill or another. 'me people are quite sharp at what they do with there skills. O ers aren't. But, everybody that is here has something in COL on, they want to share there skills with other. In shaing the skills we do know we might learn something from some he also or we might better ourselves.

The forth one was for KNOWLEDGE, and Nancy told us:

Just at the candle of friendship can light the flames of love, hno, and skill so can it give light to knowledge. Chatcola-knowledge of life and love-freedom to live fully. Som many people here are so dear to me and have added so much to t life. May this years Chatcolab Bless us all with knowledge of ye, humor, and skills to take home and share wit. our loved mes and our community.

Vernon had every one stand simulder to shoulder while he summarized what had been said,

Four candle; have been lighted to symbolize our objectives for this lap--the benefits we can expect to receive if we ar: successful in our effort here this week. . are from many walks of life, from different backgrounan, of different ages, with various biliefs and viewpoints. But we re here because ve have a common objective: We seek to evelop ourselves as persons, as -eaders, so that we may petter serve the groups we work with in our respective communities. The extent to which we are successful depends upon the significance of this last cardle. It symbolizes sharing -- in love. We can share; but mless we share within the framework of a true concern for each other, we will not be as successful as we would like to be. So let us during our week here together let us share cur leadership talents in love for each other; and when we return to our families and communities, we will do so with a better understanding of ourselves and of other, with some new skills and added knowledge, with more confidence in purselves, and more turst in others, with a truer perspective of life--and we will be more ffective leaders; will remamber this week with joy.

Then all joined hands across in front of each other lifting their arms over and around the back, thus drawing every one into the circle.

Diana, Lisa and Dwight then presented a leaf for the big candle sent to us by Redwood Lab, with these appropriate words.

## WEDNESDAY CEREMONY

After the WESTERN HOEDOWN party, all the labbers walked quietly to the lake along a luminated lines path. Singing of quiet songs, moonlit and warm night created a perfect setting to conclude the evening with a Polynesian ceremony. Each Labber launched his own personal wishing boat sending the boats into the lake with individual wishes. A Zuni chant, in which all the labber joined, signalled the cance bearing his Royal Highness King Komoniwanalaya and his guard bearing torches. The torches were reflected in the beautiful lake. As the cance paddled farther out into the lake, the torches out, the group sang PEACE OF THE RIVER; thus closing the ceremony.

FRIDAY NIGHT CEREMONIAL with an Indian or Friendship theme.

Earlier in the week names were drawn for secret pals. This was done about three days before the ceremonial was held in order to give everyone time to do nice things for their secret pal and also to make luc, or love sticks. A luck stick is something made and decorated and given to a special friend, along with a wish of some kind. The stick can be of any size or shape, anything. It can be drift wood, or a branched stick with decorations tied to the branches. Use your imagination. Luck sticks can be made and presented in the following manner or the camp or group may wish to make all the sticks for one person and present them at a special ceremony.

The Friday night ceremony was deliberately planned to be short. We decided to attempt to stay with a few friendship type songs and try to stay away from getting too emotional. Our setting was an outdoor fire with the people sitting on ables and legs. The program went roughly as follows: free singing until everyone had arrived, a song to set the friendship mood, a special solo with guitar by two people, presenting the luck sticks by family groups (could be done by cabins) an Indian story, a special presentation by another member, a poem reading, and then some more friendship type songs. The planned part of the ceremonial was concluded with an Indian prayer. The entire program lasted forty minutes, but such an atmosphere of friendship and sharing was created that no one wanted to leave and the singing continued for some time afterwards.

## MONDAY CEREMONY

A large majority of the labbers gathered around a bright fire near the lake shore. After a period of singing, Jim stood up with a rustic staff. He explained that his staff symbolized the Speaker's Staff that was used by some tribes of American Indians in their gatherings. When one came in possession of the staff, it gave that person authority to speak what he had on his heart that was important to the occasion. The staff was then passed around, and as each labber possessed the staff he spoke of those feelings he had at the moment.

In a very general way the comments made emphasized the value of the Chatcolab experience to those who desire to make personal growth in leadership ability, and that this value stemmed chiefly out of the friendly acceptance that was felt, the conviction by each one that he was among a group of people who really loved him.

## \* \* \* \* \*

All of the labbers gathered by the lake-side for group singing and a ceremony sponsored by the "crazy-lights". The group sat around a blazing bonfire and the evening was still and peaceful. We spontaneously sang quiet songs and were taught some new rounds by our song leaders.

Jim Martin told a story about his boyhood days and his memories of Chief Joseph, his great grandfather. The tradition of the speaker stick was explained and all of those present were invited to speak from their hearts. We told about our experience and needs, our hopes and fulfillments at Chatcolab! We all left with a feeling of unity and a better understanding of new friends.

14/11

K Yee

## Saturday Night Party and Ceremony

#### PARTY

- L. Leave dinning hall to Rec Hall.
- 2. When people arrive they are to find where their nametag piece of the puzzle fits into the whole board (Which has the symbolic words of Chat).
- 3. While people are fitting in pieces songs are being sung.
- 4. Several of the familiar dances are led by Bruce and others - Ring dance, Jingle Bell Rock, Hava Nagilla,
- 5:
- a waltz. An anniversity cake made by Joan was shared by all to celebrate the 25th anniversity.
- 6. Several birthday presentations were made to Don Clayton and Jim Martin.

Puzzle is moved and Chatcolab candles arranged and li

lit.

## Ceremony

- Labbers are invited to join in a circle and a 1. labber designated starts the singing. of Blowing in the Wind.
- 2. Daphnie 's song written at lab.
- 3. Howie, N ancy, Stwe Leila and Vern, who lit the candles Sunday repeat somewhat their parts. Vern invited each one as their candles are lit to say a few words if they wish.
- 4. B oard members are introduced, Betsy recognized for responsibilities as chairman and new board members introduced.
- 5. Song of Holding Hands of Dear Friends sung.
- 6. Song written and sung by Al.
- 7. Group leaves slowly , to reassamble in dinning hall to put together notebook.

Prayer given at the Friday night ceremony:

May I walk in beauty all the days of my life. With Beauty before me as I walk, Beauty behind me as I walk, Beauty on my left as I walk Beauty on my right as I walk, Beauty above me as I walk, Beauty below me as I walk. But most of all, Beauty within me as I walk. In beauty it is finished. In beauty it is finished.

All systems Condition Green For -- ... 1 .1 BOSSERIES BORNER TO ANERES The the little of the 11-1whistend to below the will -1× ¥ A # 2.7.7 "-Szerie "Desgrafter, Personal with asted wire internet 2023.23 try Esportant during this year the baildin in the state - wat to set ..... salta rol cals interest 1 X N RC beersed ov abneiti bio os F()Wey the many entrane, to to man bus planned, br a serie wan now allowere do cronigia isonal time and the and bet mil s hous 1 and a total is so and ot 113 SA Fa che sha CHATCOLAB 1968 thurs dansa

DU 1978 US PC

## OUTSTANDING BURPLE BLEEPERS

Alice, the bleeper engineer Chuck Voss, the Big Chief or Captain Angelo, the yellow launcher Velma, the space engineer Janet, atomic engineer Edythe, hot air technician Marge, navigator Paula, vaporizer

"Flashes of All Types Well Known by County Agents."

Copper Enameling of great interest illustrated by Leila Steckelberg. Basic steps and very important. Beautiful coiled wire jewelry.

Good Sound Solid Citizens are all very important during this year ---within us one world. Leather tooling outstanding among all Labbers. Many different crafts were taught and enjoyed.

The Kitchen Crew and Cooks shall not be forgotten-very outstanding people and important--for they are our mainsticks for life.

> "WHO WILL BE THERE?" We wonder ....

We who couldn't go, Because of distance, or work or...worse... Who didn't have the dough.

So many years have passed, too few letters to old friends. Yes, a reunion would be the time to maybe make amends.

And learn of all the many things, Well planned, or so by chance, That do transpire while you are there, ...Food, Crafts, and Song and Dance!

The fun around the campfire, Activities at the lake. Make us all remember and wish to participate!

So we say Hello, all Labbers, Best wishes we bestow, We'll try to make the next one, We who couldn't go.

Latrine

Sarah Arndt

Fran Lathoun

1968

## C'HAT KOLLEG'E O.F KNOWLEDGE (College of Hidden Arts and Talents)

Professor	Monday	Course Title
Doc Rock Billie Marie "Beaz" Angelo Bruce Elm Chuck Voss Laurie Kimmell Stew White Leila Helen Moore	Tuesday	Rocks, Jewelry, Wood Carving Wire Jewelry Awareness of Mental Potential Philosophy- Observation of Happiness Canoeing Put-put Golf Wire Jewelry Worms Tie Dyeing Inkle Loom
Jean Baringer Sharon & Bruce Brad Dick Headrick Jay & Marianne Bruce Elm Don Riste Diana MacRae John Hungerford Dick Green	Green	Bottle Cutting Swedish Massage Hiking Boots Ham Radio Volley Ball Technique Sand Painting Zen and Restated Oriental Philosophy Expanded Decoupage Magic Made Easy Jewelry
John Cook- Gues Sonya & Billie Diane & Big Al Meg Bradley & E Sonya Watts Kathleen Rowen Maurine Bell Mary Fran Dwight Wales Don Riste	Marie Friday	Willow Basket Weaving Lumi Sticks Songs For Fun Home Made Slides Hatha Yoga Quilt Making God's Eye Spanish Weaving Norwegian Folk Painting Rythm Singing The Oldies

The above courses were scheduled and met with mixed success. With such a variety to choose from it was difficult to make a choice. Once again it points up the abundant supply of talents available to be shared among the Labbers without bringing in special people.



#### COURSE: SWEDISH MASSAIGE

We started to write out detailed instructions for the various kinds of massage we taught, but it turne out ot be pretty difficult without making elaborate diagrams, etc. So, we thought we'd repeat a few general thoughts that were throun out at the "College" and let you write to us if you'd like some copies of the materials we left home (had to forget something, didn't we) Anyway, that seemed like a good way to get some nail too--Address: Bruce & Sharon Green 1296 Chase St. Eugene, Oregon, 94402

Use a firm surface on which to place your "victim" It's a lot easier on the person' giting has massage, and allows you to reach certain muscle groups more effectively. Try to use a table at least theigh-high or nhigher.

Use mineral oil to slightly Ugrease down" the person you are workin on. Add oil scents, hand lotin, or other nice smells to the mineral oil if you like. There's quite a few nice "woodsy" oio perfumes ofn the market now.

Always move from the extremities towards the heart to help the circular+ tion. Use as form a pressure as your fingers and arms can stand, but also be sensitive to the desired of the persond receiving the rub-down. If they hollar to loud, your doing something wrong!

Try to always by relaxing the whole body before you attack a particular problem area. Since the neck and the back are the hardest to effectively massage, do the hands and arms first to begin the relaxation process. It's hard to do that's all the time, because of time, but it's worth it to try Doing the feet and legs also helps relax the total body (Never give in to the temptation to tickle somebodies feet-- it's sure a hard challange to resist but if you don't ((resist)) your client tends to tense up agian, for some strange reason.) Massage t e shoulders, upper back-bone and neck while the person is on their back. Have then flip over to do their back and back-side of their legs. Finish up with a facial and scalp rub.

In Peace Bruce & Sharon

#### SINGING -- A GROUP ACTIVITY

#### Professors Diane Brochl and Al Harmon

Singing is an enjoyable activity. We wanted to share with everyone some of our favorite songs from Camp Colten, Oregon. One class dealt mainly with the introduction of songs which we felt were unique to our camp. We hope those who participated in this class got some of the same enjoyment from them.

#### ROSE

I married Rose in '21, we bought a little farm. First year out the barn burnt down and then broke my good right arm. From then on in, things got bad--I guess they could have been worse. But seeing Rose dressed in rags all day just made me want to curse.

#### CHORUS

"That's OK" Rose would say, "don't ya worry none," "We'll have good times by and by, next fall when the work's all done."

I watched her hands grow rough and red, from pickin' in the fields, And puttin' up in mason jars, what little the crops would yield. I found what jobs there were in town, most times there were none. But Rose would still have my supper waitin', at night when the work was done.

#### CHORUS

Our first born, she had a face like Rose, And I guess a temper like mine. She'd sleep all day and cry all night, but she grew up and married fine. Our only son went off to fight, in 1940 and 4 Years went by, telegram said, "He ain't comin'home no more."

#### CHORUS

Then one winter night in '59, Rose took a terrible chill. She went to sleep and didn't wake up: I guess she's sleepin' still. But sometimes when the wind is a howlin', high in the Chinaberry tree, Ya know it seems it isn't the wind at all, but Rose a singin' to me.

#### CHORUS

\*\*\*\*\*

An A<sup>‡</sup> Cricket, and a B<sup>↓</sup> Frog. Were in a thicket, in a pea soup fog. He could hear her crickin', she could hear him croak. And only they could understand the tender words they spoke. She called him over, with an A<sup>↓</sup> song. He was all in clover, as he hopped along. They were still together, underneath a log. But neither snow nor sleet nor smog, could hush the dialogue Of an A<sup>↓</sup> Cricket and a B<sup>↓</sup> Frog. But neither snow nor sleet nor smog could husth the dialogue.

#### Hatha Yoga

Hatha Yoga is the physical branch of yoga, with emphasis on the health of the body. It is disciplining the body with various portures, structhing and strengthing muscles, and stimulating internal organs, so that the whole body functions better. Hatha Yoga can be used for weight control and relaxation.

There are probably as many ways of practicing the postures as there are teachers. There are many books that can be used, but I would recommend "Yoga for Beauty and Health" by Eve Diskin. It is very detailed and has good illustrations and photographs. It also outlines various programs of exercise for various purposes.

There are hundreds of postures, many of them good for the same kinds of things, e.g. there are several postures that stretch the stomach and upper thigh muscles. So if one gets weary of doing the same posture or doesn't particularly like to do a certain posture, there is another one that will accomplish the same aim.

It is not the purpose of Yoga to be able to attain all the postures. The important thing is that one continues to attempt them if he so desires. The body benefits in the attempt just as much as if the full posture were accomplished. It is better to learn the limits of the body and do the postures that will be the most beneficial. Personally I co not plan on ever being able to attain the Lotus posture. It hurts my knees, and does more damage than good.

In attempting the postures one should concentrate completely on what is being done. The body needs the mind telling it what to do. The muscles need the mind telling them to stretch, or relax as the caseemay be. Some balencing type postures are impossible to even attempt without full concentration. This seves as a form of rest for the mind also. While one is concentrationg on improving the body, the days problems and worries have to take a back seat. It is a way of "turning off" the every day thinking for a while, and can be a very refreshing experience. (This is one of the facets of meditation; to be able to turn off your spinning mind when it won't allow you to sleep or stay with the rask at hand.)

The following postures are simple warm ups and basic postures for relaxation and weight control.

Begin standing with your feet comfortably colse together. Raise your arms and stretch them over your head, reaching as high as you can. Then begin to bend foreward, again solwlu, until you are in the position of your hands reaching for your toes. Do not strain to reach the floor, but just let the weight of your upper body stretch and pull the muscles of your back and legs. Return to a standing position..

Side stretch for that top-of-the-girdle bulge. Still standing comfortable, raise your arms over your head from a side position, lock your thumbs together with the backs of your hands touching. Slowly bend sideways as far as you can without hurting yourself. Hold the furthest position for about five seconds. Return to starting position. Repeat on the other side. Extend the stretch and time held as it is comfortable for you. O ce a day will do the trick on this one.

#### Neck Roll

This exercise will releave tension in the neck and help loosen the muscles in preparation for more difficult postures. Sit on the floor in a comfortable position, simpleucross-legged Indian style. I Slowly allow your head to drop forward until your chin touches your chest, if possible. Then slowly rotate your head, letting it roll around on your shoulders in a full circle. Donthis four times or so each direct tion. Try to keep your shoulders loose and time your breathing so tha that you inhale or exhale on each round. Ten seconds for each round is good.

#### Leg pumps

This is a multi-purpose warm up that will loosen the muscles in your back and at the same time strengthen your abdominal and upper thigh muscles. Good for tightening that sagging stomach. Assume a preme position on the floor, on your back. Use a folded blanket under your back to provide padding for your spine and shoulders. Slowly raise one leg as high as you can, keeping your leg as straight as you can. When you have raised it as far as you can, bend you knee, reach to clasp your knee with both hands and attempt to draw your knee to your chest. Don't strain. Slowly return to starting position. Repeat with the other leg and then do them both together. Strive to take ten seconds to raise your legs to the verticle position. Don't jerk your legs up in a quick motion. This will detract from the roose effectiveness of the exercise. Keep your head on the floor at all times. A variation of this exercise is to try to touch the nose the the knee after the position is reached. This will allow a greater stretching of the back muscles.

#### Cobra

This posture is great for stretching the abdominal and upper thigh muscles and giving the back a healthful stretch in a different direction. Lay on your stomach for this one, hands and arms at your sides, feet together as much as possible, nose on the blanket. Behin by rolling your eyes up as though yourwere trying to see out the top of your head. Pretend that someone has attached strings to your eyes and is standing behind you pulling you slowly back. Raise your head. Imagine the muscles raiseing your vertebrae one at a time. When you have your torso as far as your muscles can, slowly bring your arms around and place your hands, fingers pointing in towards each other, palms outward, about where your chin was when you started. Push back with your arms and so raise your torso as far as is comfortable. Hold your furthest position for ten seconds in the geginning and if you wish, try to increase the time as you go along. Reverse the procedure and return to starting position. Don't strain. If your back that starts to hurt stop immediately and slowly return o starting position. As your muscles limber up you will be able to move the position of your hands further back in line with your shoulders or chest and thus lenghten the stretch. Rest a few minutes after this one.

#### Shoulder Stand

This has been called the supreme exercise, especially for women. It reverses the gravity pull on the body, relieves the strain on the leg: veins, allows your abdominal organs to fall back into a normal position, gives the brain and thyroid an extra supply of enriching blood and thus increases the difficiency of the metabolism, helps return the body to what would be normal prepertions for the individual.

palms down, most together. Raise both legs at unce an when yre can't

Begin as you would for the leg pumps, hands at your sides, palms down, feet together. Raise both legs at once and when you can't lift them any further, push with your palms to raise your buttocks and back from the floor. Keep your chin tucked down on your chest as best ou can. Try to assume a straight up and down posture. When your back is asfiar as you can raise it, put your hands up to your back to support your body and then straighten your legs towards the vertical as best you can. You should be resting on your head, shoulders, upper arms and elbows. This is similar to the "bicycle" position in regular exercises. At first your back will not be strong enough to raise your legs up straight and your neck eill not be stretch4d enough to allow you to assume a vertical position. . Don't force it. The Amportant thing is that you keep trying and over a period of time the strenght and flexibility will come. Hold your furthest position for 30 seconds, counting to yourself, and trying to stay as still as you can. Don't wobble around if you can help it. You have to really concentrate on this one. Return to starting position by first folding your segs down so that your knees are hanging over your face. Then return your arms to starting position. Then as slowly as you can unroll your body until your buttocks are on the floor and then slowly lower and straighten your legs until they are on the floor. The slower you can do this, the more benefit to your stomach muscles. Rest. Repeat three times if you wish, resting between postures. Ameximum of three minutes is recommended to get the full benefit of the posture.

Plough

This posture also strenghtens the stomach muscles, stretches all the tension out of the back, helps realign the spine, stimulates internal organs, and trims down back porches, in other words, big fannies! Also good for the thyroid.

Begin as you would for the shoulder stand, but instead of raising to a vertical position, try to touch your toes to the floor behind your head. Keep your legs straight at all times. Move very slowly or you could strain tight muscles. Don't worry if you can't attain the fuul posture. Don't push or wobble or wiggle. Just let the natural weight of your legs gently stretch out your back muscles. This is a difficult posture for the neck also, so be careful not to ever do it. You will also experience some diffidulty in breathing as you are all folded up. This will pass with practice. When you have reached your furthest stretch, move your hands, one at a time, up until you can clasp them over the top of your head. Hold this position as far as is comfortable and that won't be long at first, then return your hands to starting position, fold your legs so that your knees are at your nose, as in the shoulder stand, and then return to starting position, also as you did for the shoulder stand. Keep your head on the floor at all times. Move showly. This may be repeated three times if you wish, rest between repitions. 30 to 60 seconds is sufficient for the total time.

General Hints

Wear loose chothing, remove belts and shoes, empty pockets. Do your workout in a quiet place where you won't be distracted.

Use a folded blanket unless you have a thick rug under you. Move slowly and carefully at all times to get the maximum benefit and avoid hurting yourself.

Remember it's the effort and attempt that counts and not the ability to attain the full posture.

Rest at least five minutes after completing your workout.

Lay on your back on your blanket and talk your muscles into relaxing and think beautiful thoughts.

It's a beautiful world and a relaxed well functioning body can belp you enjoy it just that much more.

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#### CANOEING

Bruce Elm

cano

Bruce Elm presented a demonstration of canoeing techniques. During this demonstration, the following strokes were presented: Note: Long lines in-

Draw--Pull straight back with the paddle (Used by bow-man & stern-man to progress forward.)

J--Pull straight back then hook awaykfrom the canoe with the paddle at the end of the stroke. (Used by a lone paddler to turn towards the side being paddled on.)

Modified J--Pull straight back then twist the paddle so that the leading edge of the paddle is towards the cance. (Used by a lone paddler to move forward.)

Sweep--Pull the paddle backwards in an arc, reaching as far away as possible with comfort. (Used by any canoeist to turn away from the side being paddled on.)

Bow-Rudder--The paddle is simply held against the gunwales at an angle away & forward from the cance on the side being paddled upon. (used by the bow-man to make a quick obstacle.)

Cross-Bow-Rudder--The paddle is held against the gunwale on the opposite side from which the canoeist is paddling w/the blade extending away & forward from the canoe. (This is an awkward stroke, but must be sometimes used to avoid an obstacle.)

Back-water--The paddle is pushed from the rear forward. (Used to back-up by a lone canoeist when two are paddling and the other canoeist is doing a sweep to turn the canoe within its own length.) Note: Long lines indicate direction of paddle movement, short cross-lines indicate paddle angle. Figure 8--The paddle is moved forward and back in a figure 8 pattern with the leading edge away from the canoe to move fowards from the side on which the paddling is done or with the leading edge towards the canoe to move away from the side being paddled on. (Used to move the canoe directly to the side.)

nieues

china

Canoe

Sculling--Somehwat similar to the figure eight, except that the movement of the paddle is away and towards the canoe and the lower hand is used to hold the paddle against the gunwale. The movement of the paddle is entirely contolled by the upper-hand. (Used to move silently through the water, as in stalking birds or animals.

moves

Unot



### LEATHER THONG NECKLACE

Materials: 72" leather boot laces small brass bells from India

The Square Crown Knot

- Take two 72" thongs, cross their centers so that you have four ends extending in opposite directions as in Figure 1.
- 2. Take the right-hand thong (A) and fold it back under left-hand thong (B) so that it points in the opposite direction and slightly below, forming a loop.
- Fold B thong back under all thongs leaving a small loop where it turns under.
- 4. Fold B thong down over all thongs and beside other end of B.
- Fold A thong over B and through the loop left by the first fold of B. Pull knot tight.
   Knots may be spaced however desired. Small

A

brass bells between knots are fun to use.

B

3.

#### MOD WIRE JEWELRY (SOLDERLESS)

Jigs:

Billie Marie Studer

Materials:

14-16-18-20 gauge wire, 8 to 12 Wire: feet per project

Galvanized or Black cheapest: 1¢ per foot in coils ... Anneal to soften Soft copper wire in spools or coils 2¢ a foot at hardware stores. Beads; steel wool, tape, abrasive carbidesandpaper, lacquer

Tools: Ring-nose pliers or needle-nose pliers or narrow-nose pliers, nippers, small hammers. Hand-gas-torch opt. (to soften worked wire)

Can be a pin, bit of doweling or a small pipe for wrapping circles same size. Block of wood with grooves notched with saw-blade helps novice craftsman keep links straight. INSTRUCTIONS:

Make a rough drawing showing size of circles to analyze number of pieces, coiling plan. Tape tips of pliers to prevent scratches on wire.

BASIC DESIGN OF DECORATIVE INTERTWINING CIRCLES:

BASIC LINK DESIGNS Jumprings

S-Link

#### FASTENERS: Last links

Attempt to create your curved-coil design the first time with pliers as wire becomes brittle if bent more than twice and will break. If pattern is complicated by intricacy or skill problems, then wire must be coated with fire-scale-off paste and completely heated to blue or barely rosey hue then dipped in water and rubbed clean with steel wool or dipped into diluted sulphuric acid solution with tongs while hot ... to restore color, This annealing softens wire for reworking-easier manipulation.

#### CREATE DECORATIVE BEAD SUSPENDERS --Or Plain Pendants.

Hammer end of 2-3inch wire to spatulate. Thread on bead then attach to appropriate part of design by hookin other end loosely then squeezing loop gently closed.

Spray finished copper jewelry-bracelet, necklace with lacquer to retain metalic shine.

Bead

First

Step

Choker

NOTE:

Allow 1-2 hourse per project in camp setting. Bracelets are smaller and quicker to produce. No two designs will appear alike. Use hatchets or axe for pounding surface but polish surface or flaws will spoilroughen pounded metal pieces



#### WEAVING

#### With an inkle loom

The colors found in New Mexico are reflected in the weaving done on the inkle loom, which dates back several hundred years to colonial times. The word "inkle" means a narrow band or strip of braid. The width of the strip is determined by the type of thread or yarn and the number of threads used is variable. All of the projects shown here are worked in strips and then used for belts, cummerbunds and hatbands, or sewn together for a fashionable poncho and shoulder bag. The combination of designs and geometric patterns is endless, depending on the way you thread the loom. The diagrams for assembling the poncho and shoulder bag appear on next page. Complete directions for setting up your loom, threading it and weaving, as well as a choice of weaving patterns, come with the loom.

- 1. Warping the loom, tie on a heddle warp first, then an open warp. Continue alternating back and forth until the warp is complete.
- 2. Warp is completed. We are preparing to weave. Tighten warp by placing wood block beneath bottom threads, turning it on edge, if necessary, to obtain proper tension.
- 3. Beat with a wooden paddle, comb or edge of shuttle.
- 4. Gently pull weft loop. Be sure it is taut so that edge of weaving is straight.
- 5. Pass shuttle through shed. Leave weft loose so your edges will remain straight.
- 6. Change to up shed and continue the rhythmic sequence.

#### GLOSSARY

<u>Warp</u>-Thread wound around posts. The lengthwise threads; <u>Weft</u>-Thread used to weave (cross threads); <u>Heddle</u>-Loop tied to post through which alternate threads are passed; <u>End</u>--Another word for one warp thread, i.e., 50 ends or warp threads; <u>Thread</u>-Yarn of any kind used for warp and weft; <u>Shed</u>-Space through which weft is passed. The shed is made by raising and lowering the series of warp ends above and below the warp ribbon; that is, through the heddles; Beater-Tool to push weft into place.

Important Principles:

- A. The inkle loom works with a continuous warp, so do not let any warp threads inhibit this circular movement. Warp threads should be of even tension. The warp tends to tighten as you weave due to "take-up," so be sure to release the tension a little when you need to do so.
- B. The fabric produced on an inkle loom is a warp-faced weave. This means that only the warp threads show. The weft is entirely covered by them, except at the very edge where it turns for the next shed. As you should use weft of the same color as the edge warps, the turn will be virtually invisible.

YARN ESTIMATING: To estimate the amount of yarn you need for a piece of weaving:

1. Measure a single heddle warp thread, including knot

allowance. On our loom (available by mail) this is approximately 6'6". On other looms it may be more, or less.

- 2. Multiply this figure by the number of warp ends for each color.
- 3. For a piece like the poncho (requiring several identical inkle strips), you then multiply the yardage for each color or yarn by the number of strips.
- 4. Weft estimates depend somewhat on the weave and on the weight of the yarn. A rug yarn may have perhaps 3 to 6 weft shots per inch, while a fine cotton may have from 12 to 20 shots per inch.
  - The best yarns for inkle weaving are strong, faily smooth, and not very elastic. Avoid yarns that are fuzzy, bumpy, or very soft. We recommend a goodquality, 3-ply rug wool. Pure acrylic rug yarss look dead when woven-so stick to wool if you can, or a mixture of wool and synthetics, for the woven articles.

#### PONCHO

WEAVING: Make 8 inkle strips. Each strip should measure 45/8" wide by  $33\frac{1}{2}$ " long, plus several inches of fringe at one end.

FINISHING: Sew strips together by hand, connecting the end loops of alternate rows. If you want a tighter joining, after you have finished working in one direction, then return, picking up alternate loops along the seam.

(A) Sew two sets of four strips together (See Fig. 1) Reverse every other strip to give a stonger looking stripe pattern.
(B) Even up fringe end and weave/sew in about every twelfth fringe yarn with tapestry needle. Cut fringe to desired length.
Ours is 1" long. (Detailed directions for making & finishing come with the loom.)

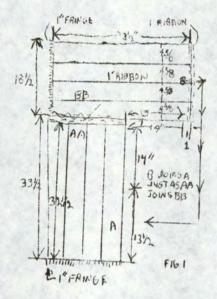
(C) Machine stitch the other end 1/8", then 1/4", in from end of weaving and trim off any fringe. Stitch dark purple gros-grain ribbon 1/4" from end (see Fig. 1).

(D) You now have 2 rectangular pieces, each measuring  $18\frac{1}{2}$ " wide by  $33\frac{1}{2}$ " long, plus 1" fringe.

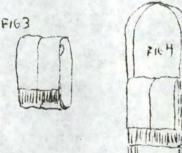
(E) Sew the two pieces together as shown in Fig. 1. Keep both ribbon bindings on the inside. At the ribbon end AA, overlap the side of BB for 1" of weaving. Sew the ribbon to BB with sewing cotton on the inside; turn to the outside and stitch along the edge of weaving (BB) with magenta yarn, through the two layers of weaving. Repeat by joining end B to side A in the same way. See Fig. 2 for finished poncho.

#### SHOULDER BAG

Weave one inkle strip  $4 1/8" \ge 54"$  (plus fringe), and one inkle strip  $1 3/4" \ge 54"$  (plus fringe) for strap. Cut the wide in half. Sew both halves together with fringe at the same end as described for sewing poncho strips together. Machine-stitch the cut edge  $\frac{1}{4}"$  in from end. If desired, sew l"-wide grosgrain ribbon inside bag at cut edge. Fold this stitched edge under with fringed piece flipping over as shown in Fig. 3. Sew on shoulder strap as shown in Fig. 4.



HAND HEM ON INSIDE



Professor Helen M.

FIG 2

--- BACK HAIF OF PONCHO ..... LINE OF STITCHING (NOT VISIBLE ON FILISHED FONCHO

#### COLLEGE OF KNOWLEDGE

#### Professor Jean Baringer on "Bottle Cutting"

There are many possibilities for this project, as many of the materials cost nothing and others are minimal. Those on the ecology kick should enjoy this project.

#### Materials needed:

- 1. Some type of bottle cutter (there are many kinds).
- 2. Glass jars, bottles.
- 3. Candle.
- 4. Running cold water.
- 5. Knife or a "tapper".
- 6. Sanding equipment.
- 7. Modge podge, fun podge, etc.
- 8. Paint brush.
- 9. Used gift wrapping paper, paper napkins.
- 10. 3-D beads, glo beads
- 11. Hair spray.

#### Steps in making the candle containers:

- 1. Wash labels off jars or bottles.
- 2. Adjust cutter to desired position for cutting bottle.
- Score bottle by twisting or turning glass against cutter -- makes the sound of tearing tissue paper.
- 4. Use a knife handle, screwdriver or stick and gently tap the scored line.
- 5. Hold jar in both hands and slowly turn (scored line on bottle) over candle flame -- about 3-4 slow turns.
- Immediately hold jar under cold running water and turn slowly. Hold both ends with both hands as you may otherwise drop and break one of the two parts.
- 7. The glass should separate without forcing. If not, repeat the candle flame-cold water treatments again.
- 8. Sand down edges of cut glass. This can be done by using graphite paper, sand paper, or if available an electric sander.

TO MAKE CANDLE HOLDERS

9. Cut out wrapping paper size of jar.

. 1 1.

- Paint jar with 1 coat of Modge Podge, Fun Podge or similar substance. (This is not the same as Elmers glue.)
- When 1st coating has dried (10-20 minutes) paint on a second layer of Mod Podge and put on wrapping paper. Smooth out wrinkles, clip bottom edge of paper every ½ inch to fold around curved portion. Trim excess off top edge.
- 12. Paint on 3rd layer of Mod Podge, pour 3-D beads onto painted jar before it dries. Make sure this is over a pie pan or something to catch the excess beads to be re-used.
- 13. When this layer has dried lightly brush off excess beads. Spray candle holder with hair spray or clear plastic to keep beads on longer.

14. Add a candle and enjoy it.

#### HAM RADIO

#### Professor Dick Headrick

Ham radio is one of the most exciting of all hobbies. It is the only one that is governed by international agreement. The only requirements are that you can copy Morse Code at a certain speed and pass the written test.

The easiest way to learn the Morse Code is to think sounds instead of "dots" and "dashes". When you are alone and need to practice, read a sign or book in code. A dot becomes "dit" and a dash becomes a "dah". Thus the word "the" would become dah di-di-dit dit.

The alphabet and some symbols will be given at the end of the paper.

Once you have the code down and the theory (written Part), you can go ahead and take the test. Most people start out with the Novice Class because it is the easiest. It requires a code speed of 5 wpm and a passing score on the simple, 20 question, basic rules test. The novice is a restricted license, as you can only use cw (code) and 75 watts and in small parts of the band. All other classes authorize voice and up to 1000 watts.

To get started in the hobby can cost from about \$75 to \$2000. My own rig, which includes antennas, microphone and transceiver, cost me \$400. It will run about 400 watts and is a very good rig.

Ham radio is a hobby that consists of many faces. Some hams like to see how many countries, counties, states, or continents that they can work (contact). Others like to work in contests to see how many people they can talk to in a certain time period. There are many awards and trophies that can be won and there is even one to go to the first amateur to carry on communications between the earth and Mars. My totals are about 10 certificates, 97 countries and all states and continents. I have made many friends from all over the world, only two of whom I have ever met. It fosters good-will between countries and even the USSR, Cambodia and Viet Nam have their hams.

For more information call you local ham or write to THE AMERICAN RADIO RELAY LEAGUE 225 Main Street Newington, Conn. 05111

#### THE MORSE CODE CHARACTERS :

Α	N	1	
B	0	2	
C	P	3 ,	
D	Q	4	
Ε.	R	5 /	
F	S	6	
G	Τ_	7?	
Н	U	8	
I	V	9	
J	W	Ø	
K	X	73 AND GOOD LUCK	
L	Y		****
M	Ζ	Prof. Dick Headrick	WATCCC

MATERIALS: 3 yards unbleached muslin, 45" wide (or any lightweight, 100% cotton fabric)

1 very large pot (3-5gallons)
2 wooden blocks cut is per diagram (or design
of your choice.
3 6" 0 Clamps (available at hardware store)
Liquid dye in color of your choice.

NOTE: Wooden blocks may be cut with a jig or sabre saw, from 1" thick pine, 2" or thicker plywood. The cutting can be done by a local lumberyard if you lack tools.

1. Wash the fourie to remove any sizing or finish. While still wet, by fabric out flat. Followingddiagram,1,fföld the fabric in half (working on the width of the muslin). Then fold in half again as in diagram 2 (the length is still three yards). Working lengthwise on the folded fabric, make 10" plo to from one and to the other (see diagram 5).

2. Iloco wooden block on top of the plented fabric. -ligh the second block directly below the first, conducting all the fabric between them (see dengrem 4). Clamp in place as tightly as possible, making sure locks remain aligned.

3. In a large pot containing enough hot water to completely cover the clamped fabric, dissolve % bottle liquid dye. Dye must be kept simmering but should never boil. Submerge fabric in block and damp in the hot dye both for one hour, stirring occasionally. Remove from dye. both. Rinse in cold running water until the water runs clear. Unclamp. Rinse thoroughly again. Iron while still slightly damp.

pila 3. 0 4.

#### SWITCH ON THE FASHION BRIGHTS--WITH DYE!

Tie-dye's the great young fashion of the '70's! It's the great color explosion...kaleidoscopic flashes of color, turning everything you dye into a special one-because it's completely your own thing! Dye supplies, the brightest grooviest colors ever...and you supply the imagination! It's so easy..you just tie off sections of the fabric, then dip into dye. The tied-off sections are prevented from absorbing the dye, giving you an uncolored pattern on a colored ground. There's no limit to the combinations of knots amd colors you can use! Have a "dye-in" with your friends... a wild color happening with each of you turning out the grooviest young clothes you've ever worn!

#### MATERIALS:

Clothing to be tie-dyed: You can dye all washable fabrics, except some polyesters and acrylics. For best color results, fabric to be dyed should be white or pale neutral. Wash all clothes before dyeing to remove sizing.

RUBBER BANDS:

Use wide bands for heavy stripes, then bands for fine, cobwebby lines.

DYE:

 $\frac{1}{4}$  cup liquid dye or  $\frac{1}{2}$  package regular powder dye to each quart of water.

PANS (GLASS, METAL OR ENAMEL):

They should be large enough to hold a completely immersed article of clothing without crowding.

STOVE OR HOT PLATE:

Dye solution should be kept simmering throughout dyeing process but never allowed to boil.

RUBBER OR PLASTIC GLOVES

-----

In the three large pots put one bottle of dye of the basic colors: navy blue, scarlet, purple, dark green, dark brown.

Fill the plastic squeeze bottles 1/3 full of: fuchsia yellow, evening blue, kelly green.

Participants can bring 100% cotton garments or pre-washed muslin ayrdage (unbleached).

NORTHWEST ALPINE GUIDE SERVICE P.O. BOX 80041 Seattle, Washington 98108

Brad Bradley

#### Ten Essentials

L) Whistle 2) Map 3.) Compass 4.) Flashlight 5.) Extra Food and Clothing 6.) Fire Starter 7.) First Aid 8.) Pocket Knife 9.) Sunburn protection - cream and glasses 10.) Waterproof. matches

#### CLOTHING

#### DITTY BAG

Wool pants Wool shirt (1) Long Underwear-wool, fishnet, waffle-weave or duo-fold Nylon wind breaker Waterproof poncho or rain suit Wool socks - Austrian thermal, Ripon thermal stretch, Wigwam Norway, Norwegian Ragg, Knicker Socks. Rain or wind pants, chaps Wool hat - toque or watch cap Brimmed hat (for sun protection) Wool mittens
 Long sleeved cotton shirt
 Shorts

Optional

Gaiters Walking Stick Down parka, sweater or vest Light weight camp shoes

(1) Leave these home in July and August; substitute (2).

#### OTHER ITEMS

Candle lantern Off Map case with maps & trail instructions Extra candles Squibb Rezifilm surgical spray dressing for blisters Extra food

Steel mirror Carborundum stone Extra shoe (boot) laces Clothes pin Emery board Ball point pen Whistle G.I. can opener Candle & matches in plastic bag Compass-Liquid filled Silva on neck cord Nylon cord-light weight-about 50' in plastic bag Plastic soap box w/soap Dark glasses Dark goggles Matches Pocket Knife Fire starter-2 film cans w/chemical charcoal starter Salt pills & aspirin Flashlight Extra batteries Extra bulb Facial & toilet tissue in plastic bag

#### FIRST AID KIT

Triangle bandage Roll gauze 1" & 2" Adhesive tape 2" Bandaids 6 Butterfly bandaids 8 Safety pins 3 Molefoam 1 pkg Zinc oxide Gauze pads 4-4"X4" Needle & thread Razor Blade Aspirin 12 Antiseptic salve -Antiacid 6 Antihistamine 4 Salt tablets6 Phisohex soap 1 oz.

#### RECOMMENDED BOOK LIST FOR THE BEGINNING BACKPACKER

Bunnelle: Food for Knapsackers & other Trail Travelers Cunningham and Hansson: Lightweight Camping Equipment and How To Make It Darvill: Mountaineering Medicine Disley: <u>Orienteering</u> \*Fear: <u>Outdoor Living</u> \*Fletcher: <u>The Complete Walker</u> Kjellstrom: Be Expert With Map and Compass Lathrop (Mazamas): Hypothermis, Killer of the Unprepared Manning: Backpacking: One Step at a Time Manning (The Mountaineers): Mountaineering, The Freedom of the Hills Rethmel: Backpacking Saijo: The Backpacker Wilkerson: Medicine for Mountaineering \*Wood: Pleasure Packing

#### PERIODICALS

#### BETTER CAMPING

#### WILDERNESS CAMPING

Woodall Publishing Company 500 Hyacinth Place Highland Park, Illinois 60035 \$4.00 per year (6 issues) \$6.00 per year (12 issues)

1255 Portland Place Boulder, Colorado 80302

1 cm

Check catalogues and local outdoot stores for trail guides and other books related to backpacking.

\*Highly recommended.

The important consideration here is that if you have a rough out leather top, it should not be split too thin or you will not get the protection, support, and life you need. The uppers should be attached to the soles by the sewn weld construction, and many of the more expensive boots are double or triple sewed.

When fewer seams are used in the construction of uppers, there are fewer places for water to get into your boots. This is usually reflected in the price tag of the boot also. The height of your boots can vary from about six inches to eight, depending on the protection you need. Boots come with or without elastic tops at the rear of the ankle. The elastic is designed to keep snow and loose rock out of the boot. It works with varying success for different people. A pleated sewn-in tongue will assist in keeping water and dirt out of the front of the boot.

Boots available in the stores today offer the consumer the choice of many different linings. If these are too thick they will be hot in the summer, but in the winter are good insulation against the cold. The addition of some padding around the top can make it much more comfortable on the ankle if you are not used to the higher type of foot wear. The laces that usually come in a new pair of boots are not of the best quality and need replacing with good nylon laces.

So now you are ready to buy a pair of boots! Where should you go? No single store can have the answer for everybody, so visit several stores and try on a variety of boots. Prices will vary from boot to boot and store to store, but generally plan to spend a minimum of \$20. An average boot runs from \$30-\$40 and beyond that the range goes up, and up and up.

When the clerk fits a boot (or at least picks one out for you to try on), first put your foot in the boot and before lacing it, slide your foot as far forward as possible, slipping your forefinger down between your heel and the heel of the boot. If the boot is the proper size, it will be a s g fit with your finger. Next lace the boot tightly and walk about the store for a few minutes. Now try kicking the toe against a kicking post (most stores have one) to see if your toes will touch the front of the boot. Another way to do this is to stand on the slope of the shoe fitting stool, but this is not as satisfactory as the kicking. If your toes touch the front of the boot, when you hike you will probably end up with some black and blue toe nails, so it is important to get the right fit. Consider that, if your toes do touch when you kick it, it could be that you have too wide a boot so try a narrower one.

My experience, (which is mostly limited to fitting boots to six family members during the past ten years) has led to the conclusion that about twenty percent of the time one cannot get a really good fit no matter how many boots are tried on, but almost always a fair fit can be obtained in one type of boot in some store. If this is your case, take the best fitting boot you can find and go with a happy mind because all is not lost. A pair of inner soles can help you get a better fit. More on this later.

So you have brought a new pair of boots home and now you can go hiking. Well, not quite. The boot manufacturer is making boots to sell. Boots which have not been water-proofed look better, and since he is not in the waterproofing business, he does not waterproof them. I have found that a large can of Sno-Seal is just about the right amount for a pair of boots. You can get about four applications from a can, and this is what it takes to really do the job.

Smear a thick coat of Sno-Seal on your new boots and then take a heat lamp or hair dryer in one hand a a boot in the other hand-applying heat only until the wax melts and you see it soak into the leather. Use it extra heavy around seams. This method will prevent you from heating the leather too much, which is one of its worst enemies. Now wear your new boots around the house and yard for a week or so to condition them gradually. Next take a couple of easy, short hikes that will break in the boots and not your feet.

If at this point you feel you do not have a completely satisfactory fit, it is time to take the boots in hand and go to a good boot repair shop. In the Seattle area I have found a good one to be Chick's Shoe Service on Mercer Island, and I am sure there are others. You can pour out your troubles to Chick and he will glue a pad here and a strip of foam there, and lo and behold the boots become a friend of the foot. Although he cannot be expected to work miracles (it only seems that way), in my experience several pairs of boots have been saved-and with them the feet-for many more glorious miles of backpacking.

From now on it is a matter of proper care of your boots. Clean and dry them after each trip. Dry them slowly, on a boot tree if possible, at room temperature. Never use heat that will destroy the life of the leather or shut them in a closet where they can mildew. Apply Sno-Seal after each use until the original can is emptied and then as needed to maintain their waterproof ability. With proper care your boots should give you many miles of carefree, bilster-free hiking.



#### FOOD & SANITATION

The twin problems of what kind of food to take on backpacking trips and how to cook and dispose of waste in the wilderness are very real problems.

Generally, there are three sources or types of food: freeze dried, dehydrated, and fresh. These can be additionally divided into food that must be cooked and food that can be eaten without cooking. On extended trips one becomes concerned with weight. So the first two types are used extensively, but on weekend forays usually depend on fresh food. Cost per serving is also a factor and you can be sure that freeze dried is the most expensive way to go and fresh food the most economical. Never experiment with new food on your trips-try it out at home first. This assures you of two things, food you like and the proper size portions.

Keep your meals simple. There are many tasty pot meals that can be cooked easily and quickly. Cooking time becomes increasingly important when considered in terms of carrying fuel. By packaging your food at home you can give variety to your diet and make many inovative dishes.

Mountain House freeze dried foods are pre-cooked and only need boiling water added (5 minutes reconstituting time on most items) to be ready to eat. In an emergency, they can be eaten as is with no water added, but drink plenty of water if you do this.

Dinner is the main meal so stop early enough to fix it and enjoy it. Lettuce will last several days for tossed salad along with carrots, celery, cherry tomatoes, avacados, and cucumbers. Carry your favorite salad dressing in a plastic bottle. On weekends take fresh meat by freezing in portion cuts several days in advance. It is thawed by dinner time. Make your own prepackaged vegetables, macaroni, rice and noodle packets that have flavorings (spices) and other items all ready added. Use your imagination. Dried dinners are available in outdoor stores. These require more extended cooking time but help give variety. For that extra something, try a Richmore blueberry cobler or fudge brownie mix.

Do your cooking on small propane (Bluet) or white gas (Svea, Primus, Optimus and others) stoves. It is actually easier cooking. Pack out <u>all</u> packaging materials. This includes all paper covered foil, cans, plastic and in many cases paper if it is too wet to burn completely. Burn small amounts of completely burnable waste as long as you do it in an area where it will not be destructive to the environment.

Waste water from washing yourself or dishes should be thrown into bushes or other areas not used by campers (on a steep bank) at least fifty feet from camp and <u>one hundred fifty</u> feet from <u>any</u> open body of water. Small food particles will deteriorate

#### BOOTS-

The foundation on which all hiking, backpacking and climbing enjoyment is built is a well--fitting pair of boots. No other item of equipment can give as much pleasure or pain, and yet all too few people really know how to select the proper pair of boots for their needs. It is just about impossible to tell another individual what pair of boots he should buy, but guidelines can be given to assist him in making his own choice.

The first determination that must be made is what the boots are to be used for and where they are to be used. It might be obvious that the occasional day hiker and the expedition climber have different requirements, but the backpacker of six or eight summer weekends and the year-round practitioner also have different needs. The trail traveler does not require as much help from a boot as the cross-country packer or climber. The amount of protection and expected usage will tell you what you need in a boot. Most people tend to go to one extreme or the other in choosing a boot. For the novice the variety of boots is certainly bewildering, but at least it gives one a choice and a chance to find a fit for foot and pocketbook.

The sole of your boot should be a lug-type that will provide traction necessary on any kind of trail or cross-crountry terrain. It should be firm enough to wear well. The most popular soles are Vibram which come in Roccia (the lightweight, soft, and flexible sole with shallow tread) and in Montagna (a firmer, deeper tread). The firmer tread will give the foot more protection.

There are also other soles available. Many less expensive boots, of which waffle stompers are one type, have soft rubber soles with tread designs to simulate Vibram soles but without the wear qualities. For those looking for extra long life in soles, and the protection that goes with long life, the Malo 2 sole is firmer and longer lasting than Vibram.

Above the sole should be a layer of leather. This midsole will vary in thickness depending on how much protection is desired for the sole of your foot--the rougher the ground you will be walking on, the greater the weight you carry, the more protection you will need. A steel shank is often added at this point to strengthen the sole and support the arch. This portion of the boot has great importance in preventing bruises to the soles of the feet--a most painful affilction when suffered many miles from the road. Ideally, enough mid-sole to protect your feet on the type of terrain you plan to hike is wanted, but no more than necessary, because extra weight can be a real burden.

The leather tops of your boots are another important part of the system for protecting your feet. The more that you and the equipment you carry weigh, the more work they will be required to do. Whether the leather has a smooth side out or a rough side out is not of great importance. Some excellent boots today have plastic cutside that is even more duable than leather. rapidly or be eaten by insects, birds, or wee beasties. If you plan your meals properly you should not have left over food, if you do, do not bury it because the wee beasties only dig it up.

Human waste falls into three catagories: liquid, solid, and fiber. At camp designate a spot and dig a hole six to eight inches deep, other dimensions depend on party size and length of stay. The hole is made this depth so that bacteria in surface soil can quickly deteriorate it. Do this carefully so as to save surface sod for replacing. Use this for both liquid and solid waste. This area should be at least <u>one hundred fifty</u> feet from <u>any</u> open body of water and camp. Bear in mind that it should be that distance from any area that others are likely to camp in. On the trail you do not need to dig a hole for liquid waste, in addition to the above go at least fifty feet from the trail.

The pads used by women during the menstrual period are made of fibers that do not easily breakdown so they should be packed out. Use individual plastic bags placed in a large plastic bag to prevent odors. At camp in bear country treat this in the same way as food - hang it in a tree away from camp.

REMEMBER - If you can pack it in you can pack it out empty!

#### SHELTER

The hiker's need for shelter varies with the season, location of the hike, and the weather. At times he can sleep under the stars and other times complete tentage is needed. Adequate shelter is that which protects the hiker from the elements enough to allow his body to maintain its delicate thermal balance. This is best done by keeping him and his immediate environs dry and out of excessive wind or sun.

In an emergency a hiker can improvise a shelter with bark, branches, or other vegetation. During the winter a snow cave or igloo would serve. The experienced backpacker recognizes the need for shelter and does not rely on such improvisions, but rather carries adequate shelter of some type with him, usually a tent or tarp.

The choice of tent depends on factors such as price, weight, area in which it will be used, frequency of use, and personal desires. Most popular for backpacking are two-man tents that come in hundreds of shapes, styles, weights, materials, and prices. A tent is made up of a number of parts and each must do its job to form a good tent. Your needs will vary from mine so we probably would each select a different tent for our own use.

The floor of the tent should be of waterproof material that will keep all water out and not puncture easily. It should also come up several inches on the sides and ends to make a watertight box. This keeps the occupants dry and eliminates the need for wilderness damaging tent ditching. The roof should be water resistent enough to withstand the hardest rain. The ends should have adequate screened ventilation to prevent condensation and to cool the tent in warm weather without letting the bugs in. I like fully zippered closures for the entrance.

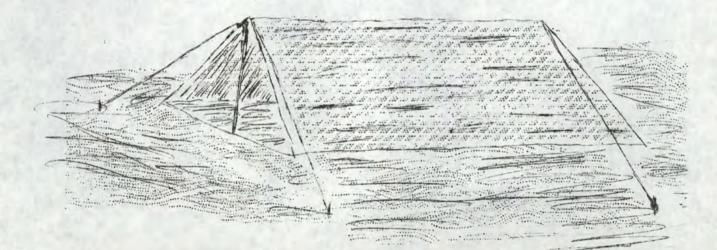
Condensation is a major problem in some climates. During the night condensation can amount to a quart of water and ventilation can not control this fully. The most satisfactory solution seems to be a double roof. The roof of the tent should be of breathable material which will allow the moisture laden air to pass through it. Above this a completely waterproof fly is used. Condensation takes place on the underside of the fly and runs down to drip on the ground instead of in the tent. In very cold weather a frost liner of absorbant material is utilized to prevent condensation.

The easier a tent is to erect and the fewer stakes and cords needed the better. Shock cords for all lines will lengthen tent life by reducing the amount of wind flapping. A tent that is well sewn of quality material will give you long service, if properly cared for.

For the novice the plastic tarp is often the only financially feasible way to go. This can be a plastic tube tent, plastic tarp or coated cloth, usually nylon.

The tube tent is a cylinder of three mil plastic about nine feet long that can be hung on a line to form a tent-like structure for sleeping. It is a light weight and inexpensive shelter. It is also a light weight plastic that tears easily and has a very limited life so that for the regular user it would become expensive tentage in time. A more popular item is a 9' x 12' four mil plastic sheet (I prefer six mil for longer life). With ten grommets this becomes a very versatile shelter. It can be erected in many ways and a few simple rules will enable you to enjoy many nights under the tarp:

- 1. Rig it close to the ground if the wind is a factor. You may need to anchor edges with logs or rocks.
- 2. Use shock cords on your lines to minimize wind flapping.
- Protect it when packing so that it will not be punctured and do not use it for a ground cloth as this can also put holes in it.





#### MAP AND COMPASS

United States Geological Survey Topographic Maps (Contour) are most useful for the backpacker, because they show geographic features and elevations as well as giving magnetic declination (degrees variation between magnetic and true north). They are often out of date as to roads and trails. The cost is 75¢ and can be obtained at outdoor stores or from the U.S. Geological Survey, Federal Center, Denver, Colorado 80225. Write for the free state index.

United States Forest Service planimetric maps are revised more frequently so are more up to date as to roads, trails, and other man made features but have no depth (contour). They are usually free, but in some cases a small charge is made. These are obtained from any Forest Service Office.

It is recommended that you have both types for the area you plan to be in.

Many compasses are available - we recommend a Silva type, liquid filled which features: See through plastic base with scaled straight edge and directional arrow. Compass needle with red end pointing to magnetic north. Rotating compass housing with degrees marked on top and orienting arrow on the bottom. Liquid filled to steady the needle for easier and more accurate readings.

These are good tools-not toys-you will use your maps often, and your compass seldom, but when you need it you had better know a how to use it. The best way to learn is by practicing.

1. Map orienting: Lay topo. map on ground or flat surface. Set your orienting arrow with the directional arrow. Then place compass on map so that arrows are over the magnetic north arrow printed on topo. Now rotate map and compass until compass needle points (red end) the same direction. Map is now oriented.

2. Locating your position on map: You may be able to do so close enough by visual check of features, but if not, locate at least two visual features in the landscape and on your map. Sight across your compass at one of the features and make note of the degrees on the side of the housing nearest you. Now



set the directional arrow of your compass on those degrees and place on map so that straight edge is on feature you noted and compass needle and orienting needle are pointing in the same direction. Draw a line along the straight edge. Repeat this with other feature. The lines drawn will cross at your location. A third sighting can verify your first two readings.

3. Setting a compass course. You are more likely to have to do this than to have to locate your position on the map. You generally know where you are, but fog or a snow storm can make cross country route finding by compass necessary. Plot your course on the map and set directional arrow on your course and take frequent readings as you go so you will not wander from course. If your goal is very distant you should set intermediate goals. This makes it much easier to remain on course and reach your ultimate goal. One can often aim for a general goal such as a river and then follow it to the bridge that is your specific goal. By setting a course to the river well above the bridge you can eliminate the possibility of not knowing which way to go to find the bridge when you do reach the river.

There is no substitute for practice.

Other reading:

Be Expert With Map and Compass by Bjorn Kjellstrom Mountaineering, The Freedom of the Hills edited by Harvey

Manning

Orienteering by John Disley Pleasure Packing by Robert S. Wood





#### COLLEGE OF PROPERTY INCOMMATION

COURSE: L.I.F.E.B.O.A.T (Group problem solving)

or

(Group decision making) Works well in counselor/camper group situation. 1- Identity problem - Get to the MEAT of the matter.

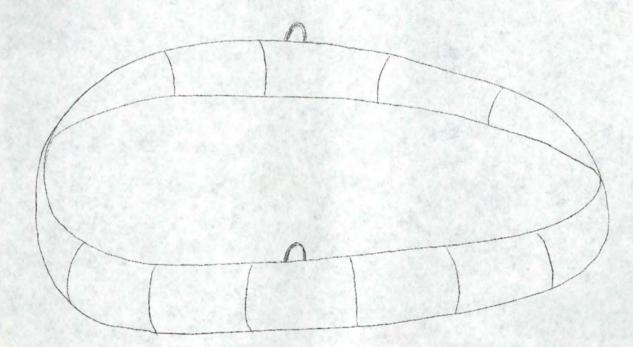
2. Examina all aspects surround problem.

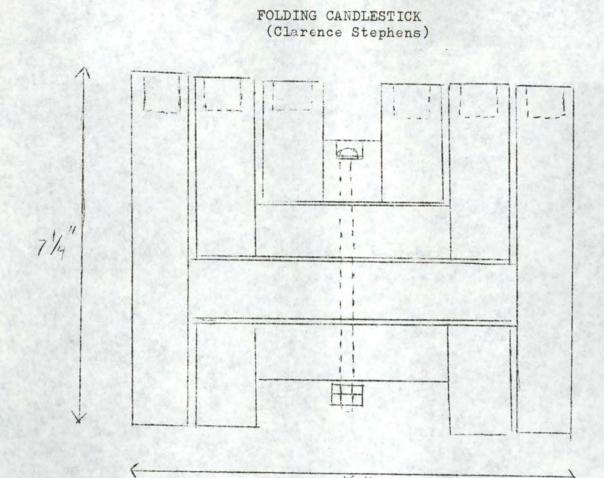
3. Determine all possible solutions.

- Remember every member of the group has something to offer.
- 4. Choose one of the solutions

5. ACT!!!

MANY TIMES PROBLEMS ARE NOT JUST INDIVIDUAL PROBLEMS. But are probes which arise from and interpresonal main relationships with others; Therefore they are a grave problems which can only effectively solved by by the group.

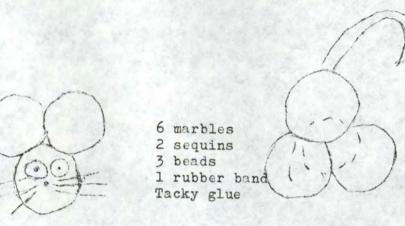




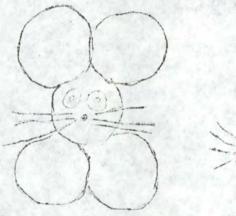
91/4"

Wood 1<sup>//</sup>/<sup>//</sup> square 5" X <sup>//</sup>/<sup>/</sup> round Head bolt Washers and two nuts Drill holes 7/8" for candles Candle cups can be ordered from:

Gager's Handicraft 3516 Beltline Blvd. St. Louis Park, MN 55416



Glue together 2 sets 3 marbles at points where marbles touch (See A & B). When glue has set, glue eyes, whiskers, nose, and tail into place. Allow to dry. Glue head (A) to body (B) at points where marbles touch.









#### WOOLY WORMS

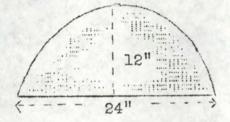
Professor Stew White

Materials: Sewing Scissors (Art scissors) Ruler and Pen Clean sheep pelt (any color) Stiff brush 1 pair of eyes/worm Elmers Glue 1. With sheep pelt laying wool side down, lay out basic shape of worms. (Fig. 1) The worms are 3/4" to 2" wide and vary in length from 8" to the full length of the pelt. Basic Shape of worm Fig. / { 3/4 " to 2 wide Cut the basic shape out and proceed freehand 2. to cut the finished shape. (Fig. 2) Finished shape Fig. 2 Cut along HH Back Front 3. Using a stiff brush (or comb) comb the wool towards the Back end of the worm. (Fig 2) 4. Place the eyes on the front end (woolside) of the worm where you want them. Glue the eys on. Wait until glue dries. Lay the worm pelt side 5. down on a piece of cloth and lightly brush

with hand from front to back.

# chief & mary fran

## HATS\_\_





Cut two pieces of material 12" X 24" one for right side and one for lining of hat.

Interlining of pelon or ioron on bonded interling is desirable but not essential.

Fut right sides together and stitch around rounded edge.

Turn and seam right sides of back seams together. (Straight edge of meterial form: back seam.)

Trim rounded edge seams to 1/4" and press back seams open.

Turn under seam allowance in back seam of lining and slip stitch by hand.

If used as a ski hat--ties may be attached on each side about 3" up from bottom edge hat.

#### BASKET WEAVING Visiting Professor, John Cook

John Cook, an 8 -year-old former logger and magician from Elk River, Idaho, demonstrated his skill at weaving natural reed baskets. He learned the weaving trade in his native Austria. John said he is aided by his dog, who accompanies him on his daily morning walks to gather willows and reeds. His baskets retain the natural green and brown coloring of the reeds and willows used in their construction. He takes care to select the right colors, coordinating each basket to get the right blend of color. Some baskets have strips or patterns woven into them. He weaves fruit baskets, fishing creels, clothes hampers, waste baskets, picnic hampers, baby bassinets, bread baskets, and Easter egg baskets.

John used alder, rather than willow, for his demonstration. Dogwood could be used. He gave the following directions:

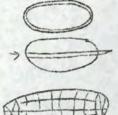
Use 3' to 4' long supple shoots, which must be collected either in early spring before sap comes up (March or February) or in the fall as leaves begin to fall. The willows should be cut back once each year. Use the new supple growth and remove all twigs leaving smooth long limbs.

Bundle the reeds or willows and store in a cool shady place (basement is good). Turn occasionally to cure properly.

Other materials needed include a good sharp knife, a 7" - 8" square of heavy leather to use strapped to the leg to protect clothing while tapering and notching the willow; waxed linen twine such as is used in automotive work (6 cd. Victor, 100% flax, Ludlow-Crop., Textile Div., Ludlow, Mass.) - for tying ends.

To begin basket select as long a shoot as needed to make circle or oval for the base. With knife, cut ends to a long taper, make notch needed near the end. Begin to make circle or oval slowly with shoot braced against your body. Work into desired shape. Then tie tapered ends together securely.

Place center limb across diameter - - - Taper notched ends, fold over and tie in place.



.......

Then insert necessary ribs and begin weaving shoots in and out of framework.

Shapes of baskets shown were shallow oval with convex bottom, oval or round with flat base.

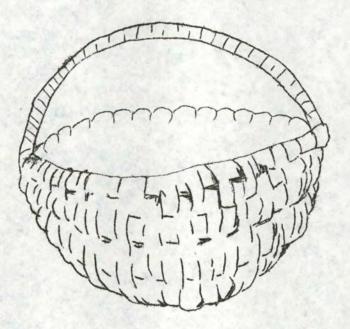


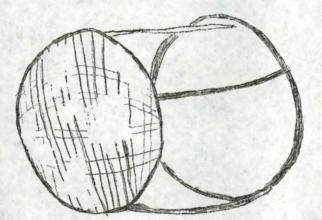
Basket Weaving - 2

Shellac keeps shoots from drying out completely and keeps cool. Shellac to keep the finished basket preserved from time to time. Split shoots to wrap rims of basket to make a finished top or base.

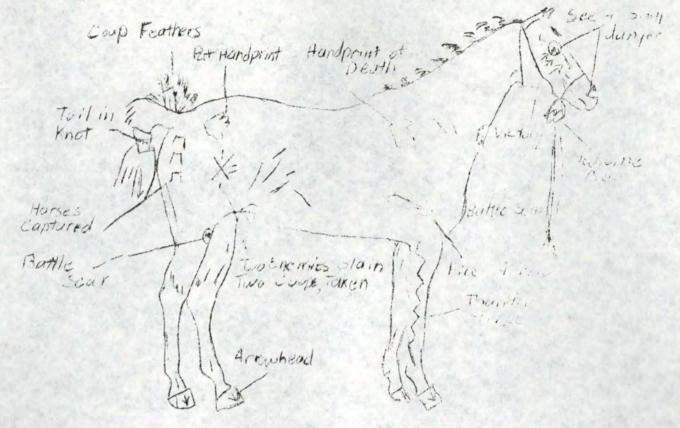
If it gets too dry, steam. Peeled shoots don't shrink -- those with bark on do.

Reported by Helen Moore





### THE WAP HORSE



INDIAN HORSE PAINTING

Here's what all those marks und signs meant to the Old West red man

By Lee Arlandson Submitted by Debby Lovel It won't be long until the horse shows are here every week. Not to mention those home town parades that folks are always holding to celebrate pioneer days, county fairs, rodeos, and the Fourth of July.

These events offer an excellent chance for you and your steed to represent a bygone era. And you can capture one of the most popular themes of yesterday by dressing up like a mounted Indian.

By doing a little research on Indian outfits at the library, it's not too hard for you to rig suitable gear for yourself. However, when it comes to decorating your horse---Indian style, most pale-faces make the mistake of using so many "gee-gaws" their mount appears to be something only a circus clown would ride! (Continued Indian Horse Painting)

So, to give your ol' Dobbin the authentic look of an Indian horse, the following points might help.

First, before you begin the task of decorating your horse, remember this: <u>do not use any paint material</u> that will be injurious to him, or that cannot be easily removed. Check with your veterinarian and your art and supply store.

Next, decide whether you're going to be riding a "war horse" or a "hunting horse"--ther's a vast difference between the kind of symbols each wears.

THE WAR HORSE (see preceeding page for illustration)

A warrior painted his fighting horse for several reasons: to give it protection by the Great Spirit; to show its courage and ability; to psyche the warrior before he went into battle; and to impress the enemy. Each symbol he used had a definite meaning.

As you paint your horse, try to remember their meanings because someone (like the show or parade judge) will probably ask you to explain your "artwork".

ARROWHEADS on all four hoofs makes him swift and nimble-footed.

FIRE ARROWS on his shoulders will cause trouble for the enemy.

A CIRCLE painted all around your horse's eyes and nostrils give him alert vision and enables him to smell danger.

ARROW POINTS in a line on his jaw will bring victory for him.

THUNDER STRIPES on his front less should please the God of War.

RIGHT and LEFT HANDPRINTS upon his chest shows he has knocked down and trampled the enemy.

BATTLE SCARS, painted red, tell of his past wounds. PAT HANDPRINT is a left print worn on the horse's right hip. It means he's taken his master into danger and has taken him home, safely. (The honor was won first by the warrior and awarded, thereafter, to his horse.)

A war-horse also carried the brave's personal battle honors.

PONY TRACKS over the mount's hips counted the number of ponies his master has stolen.

An X MARK with a short line at the top and bottom with two dashes at the right side meant two enemies killed and two scalps taken.

Most everyone is familiar with the UPSIDE-DOWN RIGHT HANDPRINT. It's painted red and is always placed upon the horse's right shoulder. (Only a warrior going out on a do-or-die mission for his chief used the coveted symbol.) The legend behind that handprint is an interesting one, and it came down from the Apache and Comanche tribes. They told of a furious battle in which a warrior was fatally wounded. Before he died, he patted his horse on the shoulder, leaving a bloddy handprint for all to see when the horse galloped back to camp with its "message of death."

Although the upside-down print was intended to be a warrior's badge of courage, it eventually became a symbol of revenge against Colonel Wright. This officer had been badly beaten by Indians riding Appaloosas. In retaliation for his humiliating defeat, Wright led his troops in the wanton killing and capturing more than 700 Appaloosa horses!

Later, the symbol was completely changed in appearance because of an ambitious, yellow-haired general. It now included a black heart, flowing hair lines and a circle slashed with coup marks. Its meaning: Get Custer!

Strangely enough, the latter symbol was <u>never</u> used by the Indians, nor on their horses. Some historians claim the reason for its taboo was based upon a war chief's orders "not to scalp Custer, or eat his heart."

To complete the decorating of your "war horse" attach a lucky charm to his bridle or braid coup feathers (death) in his tail and forelock. Be sure to tie his mane in clusters to prevent it from becoming entangles in your weapon "during combat." If his tail is bong, tie it up, using red cloth strips (this will keep the "enemy" from grabbing it and unseating you).

Cover your saddle with a bright colored blanket; help secure the blanket by tying it to the saddle horn with a piece of leather shoe lace.

You can use a war bridle on a "well-trained" horse, but only in the show ring--never in a parade.

Just in case you didn't have time to look for the information on what a warrior should wear-here's a few ideas: he usually dressed in a breechcloth, or leggings; put coup feathers in his hair; and a lucky charm around his neck. He carried a rifle, spear, or bow and a quiver of arrows. The symbols he painted on himself depended upon his prowess as a warrior. You could,, for example, put PONY TRACKS on your right leg, BATTLE SCARS down your left leg, and that aforementioned X MARK across your chest. (CONT. INDIAN HORSE PAINTING)

BUFFALO TRACK are over his hips and tell of other good hunts.

The hunting horse always had a hunting prayer drawn upon him--usually on his hindquarters. This prayer was the woman's plea for her brave's save return to camp with much buffalo meat.

What does a hunter wear? Very little. In the dangerous task of running buffalo an Indian could'nt be encumbered with too many clothes. He wore leggings; had a sweat band for his forehead; a sheathed skinning knife strapped to his thigh; and his weapon.

Drawing every symbol defined above may not be feasible for you, but keep in mind that to make your horse "authentic", his hunting and war symbols must not be interchanged. (According to Indian lore, mixing a horse's signs could bring the worst kind of bad luck!)

If you're a horsewoman, don't despair. Even though you can't be a warrior, or a buffalo hunter (biologically, that is) you can still decorate your horse by giving him the woman's touch--no coup feathers, no symbols, nothing masculine.

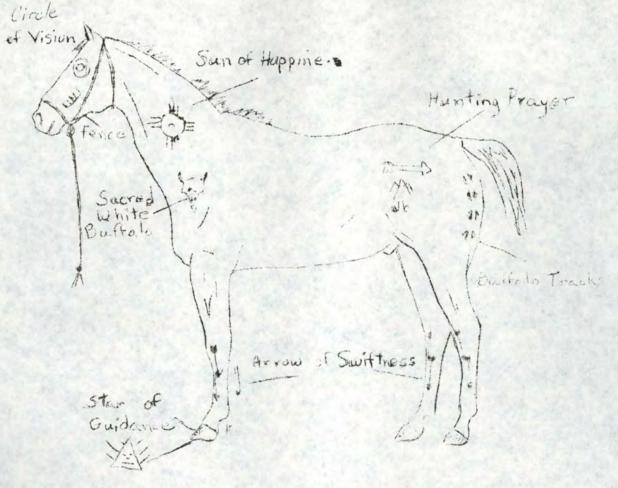
Try braiding colored yarn (extra thick skeins) into a matingale. Or, if you want to be fancy, sew beads on a band of cloth and use it in place of the yarn. Don't forget the colored blanket over your saddle; drape it so the stirrups won't show.

Most females like to gussy themselves in finery-the Indian woman was no different. So, resort to your feminine ingenuity, reative talent (and that library book information) for your costume. (Besides, after your husband or brother has "sweet talked" you into painting his horse, you'll no doubt be more than ready to spend time fixing yourself, instead of your horse)

The colors to use for horse decorating and Indian garb can be red, black, green, deep yellow, bright blue, and the natural shades of leather.

Speaking of color, the Indians liked to ride the bay, sorrel, roan, pinto, and the Appaloosa--which they called, "freckled rump." Whites and grays were painted to resemble pintos.

After you've finished decorating your horse, ride him with pride. His symbolic markings represent a serious form of art once practiced by a noble race of people: the American Indian!!



Now decorating your horse for "hunting" is to paint him in a very different way. All symbols for a hunting horse were supposed to aid him in finding the buffalo herd, and to invoke favors from the Great Spirit for him and his rider.

Incidentally, only the women painted a valuable hunting horse!

The most important sign is SUN OF HAPPINLSS (placed usually on the horse's neck). It will bring blue skies. Indians never hunted during stormy weather; it was unfair to the buffalo and to the Great Spirit.

CIRCLE OF VISION around the horse's eyes will let him be the first to see the distant buffalo herd.

FENCE symbol upon his neck will hold in good luck.

SACRED WHITE BUFFALO shows the Great Spirit that the rider is thankful for his past kills.

ARROW OF SWIFTNESS on your horse's legs will give him speed.

STARS OF GUIDANCE on his front hoofs will make him surefooted and take him straight to the buffalo.

# Mary Fran Bunning Anderson Folk Painting

Leila asked me to contribute a bit to the notebook for the folks who attended my "Capsule" demonstration of the Norwegina Folk Painting. With the press time deadline just 681/2 minutes away, perhaps it would be best just to dig in the old stencils and reprint some notes from former years.

For those of you who have just been introduced to Rosemaling, it is the Folk Painting of Norway. It was popular in Norway from about 1750 to the end of the nineteenth century when it died out. It began mostly with the elaborate painting of church interiors, and spread to the walls and wooden articles in the farm homes. Every bride started with a decorated chest, often made for her by her father, or repainted from the one that was her mothers.

It is interesting that the revival of the craft really started among the folks of Norwegian descent in America, and has spread again to their mother country. The old painted trunks and wooden utilitarian articles began to find their way back from the barn and into a place of prominence in the home.

There have been many books written recently on the techniques of this folk art, and stationery that has been imprinted with the old designs for those who want to become familiar with its unique style.

Leila asked that I suggest some books and I think the most helpful source I can give is the Norwegian American Museum at Decorah, Iowa. It is a small town, and this is sufficient -address. For those who are interested in keeping informed about Norwegian events, a membership is available for five dollars a year which puts you on the mailing list. Also they can furnish you with a list of books available, as well as cards and sources of design. The administrative assistant in charge of this is Mrs. Betty Seegmille

Note from Editor Leila: Mary Fran has a fine collection ofher designs for \$3.50. Write to her at Colorado Springs.

Montana Little Chat location: Go to Ovando, Montana, about 55 miles east of Missoula. Take the Forest Service road that is directly across the highway from the Ovando exit. Follow this road for approximately 7 miles to a bridge across the creek. Turn right just before crossing the bridge. The campground i very close. This campground has tables and fireplacees, but no running water (excepting the creek) nor electricity.

September 7,8,9 1973 You all come!

See you next year here at Chat Don't forget! May 12-19,1974 MARAMARAMANAMAN

Little Chat in Oregon will hopefully be held at the Oregon 4-H Center. (If the center is not available to us that week end, we will select another place and let you know via the CHAT CHAT.) To get to the Center: Take Highway I-5 to Salem. Take the first Salem exit. Follow signs to the Oregon coast. Take Bridge across the Willamette River. At the Y at the bridge take right exit into West Salem. Follow this road (Walker Road) for about 4 miles. You will come to a junction at Brush College. Turn left at the little store (only one there.). Continue to follow this road for about 5 miles. There will be a Big red barn on the right, Soon after a sign will tell you to turn left (sign says 4-H Center). You will run into it in about a mile.

July 27, 28 and 29th, 1973. Come! One and All:

## THE [HATCOLAB BLAB!

Tuesday May 15 1973

Greetings labbers...this is the last of the red hot three dot reporters...over-

heard an exchange between our madame chairman and a tree man, seems she is having trouble with her pants...One would be tempted to elaborate further but...

Oh the days are long-and the mornings seem to be arriving at an especially obscene hour...oh well, where else but chat could one be so lovingly awakened so lovingly by the beat of a drum and a blood curdling war hoop?...(yes larry, that really was Dwight that you heard this morning)...

Lunch time was tres exciting...(so much for the international flavour). This reporter feel compelled to comment upon Dwight's and Lu Rosa"s performance...TERRIFIC!!! CHAT seems to be one of the few places in the world where you can still find 85 seemingly normal (at least at first glance) persons pounding their forks and spoons on the table-and stamping their feet etc... (If they could only see us now)...

Rumour has it that LEILA STECKELBERG has a big secret that she's not SHARING with anyone... WHAT'S COOKING LEILA???...

\*\*\*\*

Have something rather special to share with all the labbers;

Welcome this day, this great today Live it with faith, hope and with love. It is the very heart of life itself Granted to you by the Great Faith above.

Tomorrow is still a vision and a dream Of what you would like to be or do How you live it and the memories left Is mostly all up to you.

Yesterday is now only in your memories A picture, and a page in your life's book For you to recall with either regret or joy Whenever you remember and take a look.

So live this great today fully, but wisely, Don't ever have anything to hide Then every morrow will be a vision of hope, And every yesterday, a memory of Joy and Pride.

by JIM MARTIN

#### FLASH

Don't forget the Mardi Gras....costume, and lots of enthusiasm....

Tomorrow morning special surprise for breakfast from the great pioneer people.

Tommorbows blab: special joke from Sonya Watts ...

### THE CHATCOBLAB

Wed. May 17, 1973

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1

Hello again all you Chatcoblabbers, here we re back again with our new and improved format bringing you the news before it's even news...FLASH: an unsuspecting labber was nearly killed lastnight at dinner when she was run over by a dish cart in the dining ruom...so much for some women drivers...

Leila is still trying to keep her big secret under wraps, but this reported has it from a very reliable source that the fued between our ravishing redhead and one unknown Santa Claus is all a coverup for less tempered goings on.. (Come one Bruce E. you shouldn't go around spreading rumours like that!!!!!)...Well Leila? Hey you early morning hikers-what do you mean by saying that Little Bill smells like a Billy Goat?

Our exclusive story for the day comes from Sonya...she heard it from a little bee that she met down by the lake ... according to the bee this is a true story: Once upon a time there was a moose who loved to eat beautiful flowers. Every morning he would go to the same patch of wildflowers and enjoy eating some of them. Now there was also this bee who liked wildflowers. He didn't eat them of course, but he liked them for the honey they made and every morning he would go to the same flower patch and sip the honey from the beautiful flowers. Not suprisingly, the moose and the bee lived peacefully together in that beautiful flower patch until one morning the both spied the same flower. Just as the bee settled down into that flower the moose took a mouthful, and there was the bee in the moose's mouth! Needless to say the bee was furious! He was so mad that he was going to sting that moose and fix him good! But before he could do anything the moose swallowed him and there he was in the moose"s stomach! Oh, he was really mad now! He was gonna sting that moose and fix him good. While he was still planning what he would do to that moose he became sleepy because it was so nice and warm and dark in there. So he decided to take a nap, but when he woke up he was gonna sting that moose and fix him real good! So the bee laid down to take a nap ... but when he woke up the moose was gone.

That's it for today...don"t forget to take a lei to dinner!! Let's keep all that juicy blab coming in!

Weather Forecast: Sunny, bright and warm and no r\_\_\_ in sight!

Stuff & Honsense MAW! MAN! I'M SHOT

(Skit done at ho-down dinner.)

The lines can be ad-libbed ---- the plot is as follows:

The <u>son</u> staggers into the kitchen where <u>Maw</u> is cooking. He has been shot and is in pain - he falls to the floor, Maw, waling and sobbing over the dead body. She calls the <u>doctor</u>, who arrives with a <u>nurse</u>. They check over the son -- check for life (eg takes pulse at ankle). They announce him dead -- Maw is hysterical, but calls the <u>mortician</u>. He arrives and measures son for the coffin. <u>Director</u> calls for "CUT" - and bawls actors out for rushing scenes and for showing no emotions.

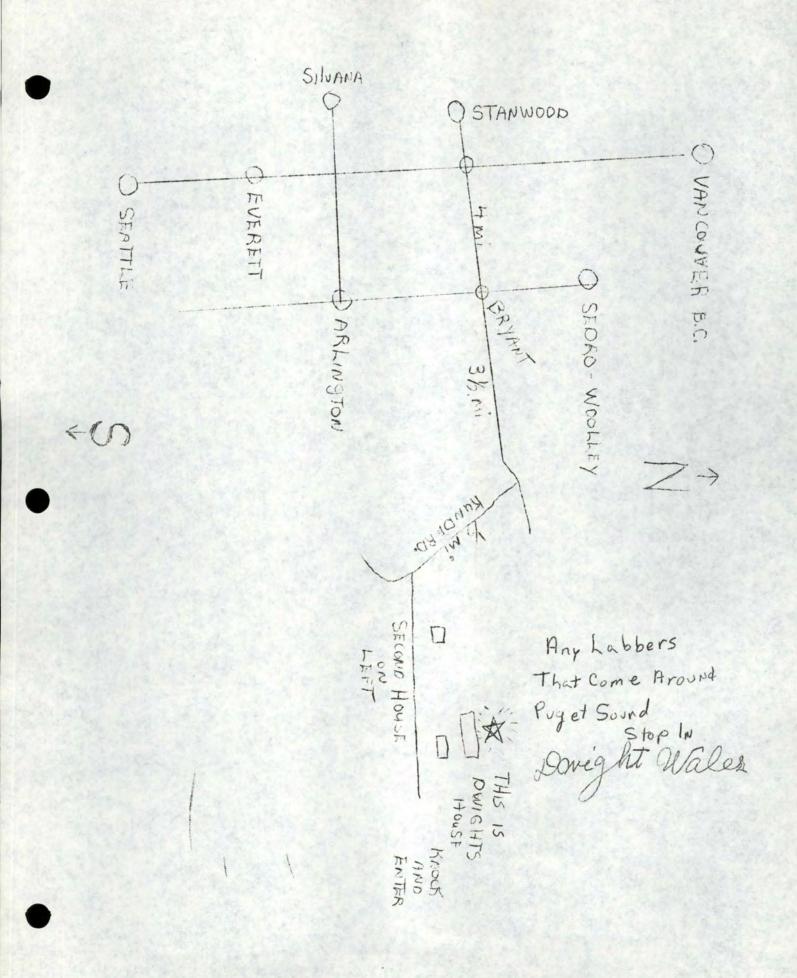
They start over -- only in <u>very</u> emotional slow motion. "CUT" is called again by the director. He tells them to put more life into it. They proceed after he tells them to <u>run</u> thru the play again. Doing as told, they repeat the scenes ---- this time going so fast they have the Dr. coming before the phone call etc.

The director finally gives up.

MORNING ATER A NIGHT AT CHATCOLAB!



111/200



#### CAMP CLEANUP

Saturday morning So now we wander over camp, The happy clean-up crew. Ne picked up more than we have left Among the pine and yew.

Along the trail, what's this I see? Gum wrappers, candy too,

A paper plate and cup and foil, Was that left there by you?

Ah, no, some of it's really old. From last years camp? you say? Well yes, there is a little mold;

But let's clean up today.

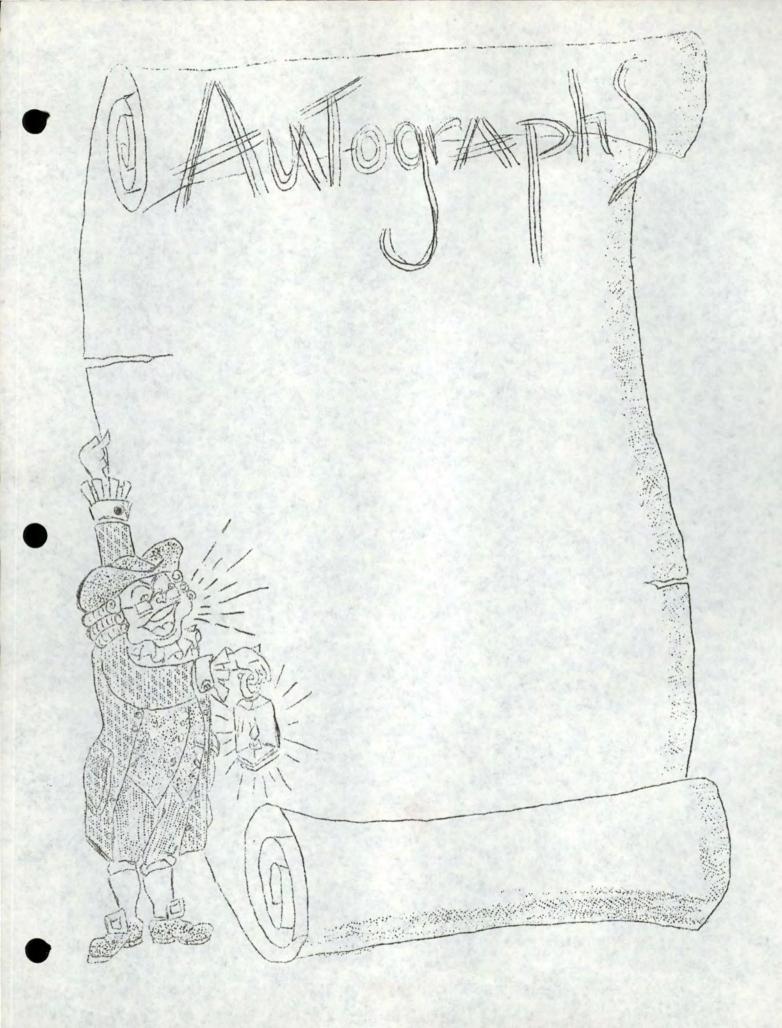
If everyone in all the world Cleaned just a little more,

It wouldn't be long before each park Would be cleaner than before.

And then the Green of flow'ring vine

And grasses, and the trees, Would be more beautiful to us Kissed by summers breeze.



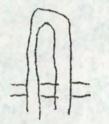


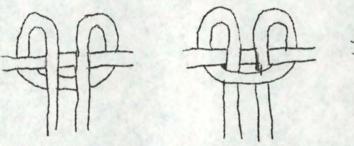
#### MACRAME'

#### CREATIVE DESIGN IN KNOTTING

by Leila Steckelberg

Lark's Head (Reversed Double Half Stitch)



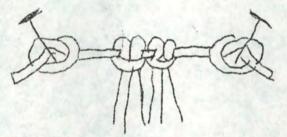


- Step #1. Fold the cord in half. It will be doubled.
- Step #2 Bring the top of the loop down.

Step #3 Pull the strands in front down through the loop.

Step #4 Pull knot tight.

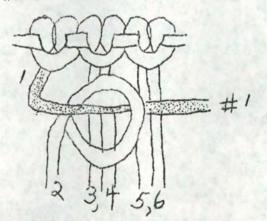
Step #5



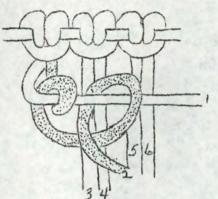
Two reversed double half stitches shown mounted on a holding cord. The two overhand knots meither side are pinned securely to the knotting board.

Step #6

To make horizontal rows: End #1 is knot-bearer.



Step #7 With end #2. Double half hitch



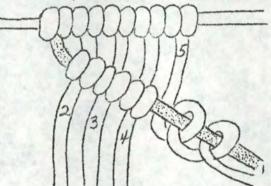
#### Complete row and return

Step #8 Reversed row is done with same steps but in opposite direction.

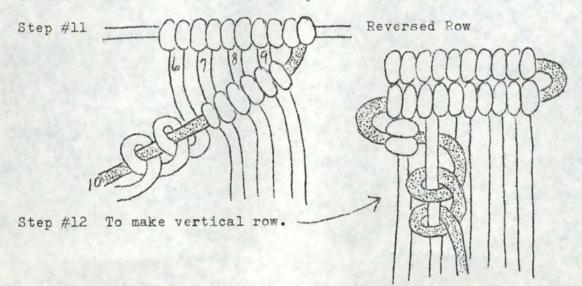
Step #9 To make diagonal rows

End #1 is Knot bearer

Step #10 With each end, make double half hitch.

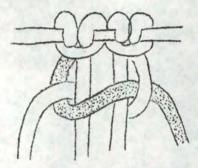


To make reversed row is done in op osite direction.



Continue as illustrated and then reverse row is done in opposite direction.

Step #13 Half Anot left-right

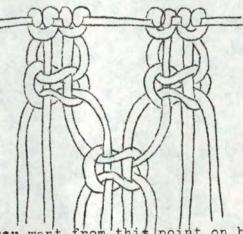


To make half-knot left-right, will turn only one way, from right-left will only turn another direction.

To make reversed row is done in opposite direction:

Step #14 Square knot left-right, and right-left, completed. Continue with series of Square knots.

Step #15 Alternating Square knots are featured knots in this project:



You can make any design, you want from this point on by using these different knots.

The types of thread used in macrame' instructions at Chat-

colab is "Seine Cord", 24 ply - 8 oz. - 352 feet long.

Many other different types of thread, twines and yarns are obtainable from Hobby and Craft Shops.

Belts, using three different colors are very beautiful finished.

Ropes, tie-backs, head pieces, and many different articles can be made from Macrame'.

1 k at Hobby and Craft Shops for free leaflets.

MACRAME' BIBLIOGRAPHY

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- ----Macrame' Start to Finish, Craft Course Pub. Inc., Temple City, Ca. 1971, (\$1.00).
- ----Simply Macrame', An Introduction to an Exciting New Craft, Mary & William Singleton, Betty & P. Wes Weber, Webton Enterprises, Berkelay, Ca. 1971 (\$1.00)

----Step-By-Step Macrame', Mary Walker Phillips, Golden Press, New York, Western Publishing Co., Inc. 1970. (\$2.50)

----Practical Macrame', Eugene Andes, Van Nostrand Reinhold Co., New York 1971. (\$3.95)

#### EXPANDED DECOUPAGE

<u>Purpose</u>: To bring a picture into maturity through refinements, using ideas that expand the picture beyond its obvious boundaries through individual expression.

Please read all instructions before beginning.

Materials needed:

1 piece of flat wood 1 to 11 thick

1 picture from any magazine, newspaper, etc.

1 cup hook

1 set acrylic paints (art supply or office supply store)

1 one inch brush for medium

1 small stiff artist brush for paints

1 jar Polymer Medium (Gloss) or Modge Podge

1 jar Lanolin Plus, or Balsom Creme rinse (cosmetic Dept)

1 piece medium and fine sandpaper

l rag

#### Optional:

Felt and Elmer's glue for back

Tools needed:

1 hammer

l file rasp

1 old plate or pallette

<u>Picture</u>: When choosing a picture be sure it is one that is special. Do not try to expand one that has no real interest. Avoid colored pictures with an all white or all black background unless planning to use only achromatic colors. Choose a board that is at least 1½" to 2" larger than the

Choose a board that is at least 12" to 2" larger than the picture. Check the grain of the wood to see which direction it travels. Then check the lines of your picture for flow, or what you wish to accent, and try laying the picture on the wood. If the top of the picture is to be expanded more, place the picture lower on the board, and visa-versa. Try to include any knot holes or texture in the arrangement. After the decision is made where the picture is to be, set the board aside.

<u>Preparing picture</u>: Tear around the edge of the picture so that the edges will not be a straight line. (This allows the added paint to flow in and out of the picture without being obvious.) With a brush, coat the entire fron of the picture with Polymer Medium. Let it dry for 15 minutes. (Be sure the back does not stick to anything while drying.) The coating gives the paper the strength of cloth, and makes it stronger to withstand the rolling. If the paper is very thin like newspaper), give the picture another coat of medium. Be sure the coating is dry before working with the picture again.

<u>Preparing Wood</u>: Decide how much of the grain of the wood is to be worked up into the picture. If you want some of it to come through where the picture will be placed, sand very lightly. If you want it smooth, sand heavily. At this time the back of the board should be sanded lightly. Leave the edges until the picture is mounted.

<u>Mounting Picture:</u> Get a <u>damp</u> rag and set aside. Coat the back of the picture with medium, and coat the board heavily with medium where the picture will be placed. Be sure to get in the cracks of wood. Arrange the picture in place, and roll it on from the center to the edges, hard, with a roller. Be sure to get out any air bubbles. Wipe off excess medium on edges only with the damp rag. If the board is rough, work the picture into the rough spots with your fingers while the picture is wet so that the grain will come through. Roll again and check for air pockets. If the picture, or roller becomes sticky before you are through, add some medium. If an air pocket develops, stick a pin in it, and roll again. Do not try to take the picture off the board and rearrange. When picture is mounted, set aside to dry, and wash roller and brush.

Deploying picture: When picture on the board is thoroughly dry, set the picture in front of you and study the lines of the whole scene. Decide what is to be brought forward and continued, therefore showing what should be diminished, such as behind mountains or trees:

Where the lines of the picture point, it may be accented by diminishing the edge or sky away from the point of interest. The limited outline of the board may be dissolved by varying the straight edge of the board. This gives the appearance that the picture may continue even beyond the artist's view. File with a sharp rasp.

Some pictures, such as canyons, will require deep filing. Others may be filed out for flow. Take into consideration any object that may come to you to be added to the picture, such as in a house picture, a chandelier above, or an afghan on a table. Work from the outside in, so that filing will be heavier on the edges. When the filing is finished, sand the edges of the board, and if you wish, the edges of the picture, gently.

Hammer in, part way, 1 or 2 cup hooks, depending on the width of the picture. Then screw them in the rest of the way. (At this point consider ways that the board could be hung maybe with rope, a ribbon from color in the picture, fish line, leather thong, etc.)

<u>Painting picture:</u> Use the plate or pallate on which to squeeze acrylics from tubes. Look at the picture and determine the background colors. On earth scenes, start with the color of the ground, then later can be added the things upon it. The same with a room. The furniture can be added later. Shadows and Tints may also be added later. (If this is a first experience with paints it is suggested that the definition of color be looked up in a dictionary and that a free color wheel be picked up at the same time the paints are purchased. This will help you to understand how colors can be mixed.) <u>Painting wash:</u> After the backgound color has been mixed, to make it a wash, pour in about 1/3 of the amount mixed of creme rinse, and mix it together with the paint. If the board is very porous, go over it first with creme rinse just before applying the wash. A brush or rag may be used. Take the background colors all the way over the edge of the board, as though the picture went right on. Set aside and wash brushes.

<u>Painting objects:</u> After the background is dry (about 2 hours) shades, tints and objects may be added. The shading or tinting may be done with the fingers dipped in creme rinse and color. If you need to take some paint off the picture, rub it with some creme rinse.

The color of the original sky can be added to or changed. As the painting proceeds, ideas naturally come into focus. (Don't forget the sides) If a tree develops, start with the base, trunk, branches and then leaves. Creation always has an order. Have fun mixing and trying different colors. If there is a mistake on the picture, wipe it off with more creme rinse on a rag and start again. When the painting is finished, wash brushed and pallate. If painting drys and there needs to be a change, paint over it. Hang the picture by the cup hook to dry. Be sure the back is wiped off.

Finishing Coat: When the picture is completely dry (overnight), quickly apply a coat of medium. If you already have a lot of texture, put the medium on thin. If you do not have much texture, put the medium on fairly heavy. Immediately take a small brush and with quick strokes, remove any bubbles, leaving brush strokes as an oil painting might have. The picture will dry to touch in about  $\frac{1}{2}$  hour. Dry overnight.

Optional: Cut a piece of felt the approximate size of the board, picking up a color in the picture. Trim it later. Coat the back of the wood with thinned Elmer's glue. Lay a piece of felt on the back and trim as you would a pie with scissors. Let dry.

<u>Title</u>: The picture should be titled. Often times a favorite poem, hymn, proverb or biblical quotation will bring forth the inspiration of the artist. Because the picture will not be entirely the work of one artist, the picture is presented by the name of the individual doing the expanded work. It may be typed thus, and glued on the felt and coated with medium.

Title:\_\_\_\_\_

source of title

presented by

For the teacher: If you are assisting the artist with the picture, it is important to remember to share the ideas, that you may see the whole expression together.

The manufacturer of acrylics has a gel they use for slowing

the drying as I have used the creme rinse, but it does not come off the fingers easily in water.

Shared by: Diana MacRae P.O. Box 212 95402 Santa Rosa, CA

After cones are prepared, fasten pin backs to each petal with epoxy. Let dry. Paint birds with either poster paints or acrylics Spray with clear varnish (Ecclesiastes 10:20)

"Coney Birds"

Materials: 1 large Coulter Pine Cone 1 1" pin back epoxy poster paints or acrylics Clear plastic spray

Preparing Cone: Place pine cone on a piece of aluminum foil on a cookie tray in a preheated oven 150'. Leave about 20 minutes or until the pitch on the cone is thoroughly melted. Do not do in a gas oven or put close to open flame because pitch is full of turpentine. Do not go away and leave. As the cone drys the petals will open. If petals are tight, leave in the oven longer to dry.

Remove the cone from the oven and as the pitch cools, it becomes like a varnish. Start removing the petals from the bottom. They should pull off in order.

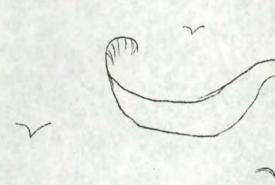
Reverse Transfer Prints

Materials:

Liquitex Gloss Polymer Medium (Available from artist's supply stores) Print Board or other surface to cover Brush Soft Cloth

Choose a picture without much white unless it is to be transferred to a light or white surface. Picture is most attractive if it covers the entire surface on which it is to be mounted.

Apply one coat of polymer to front of picture and surface to be mounted on. Let dry about 10-15 minutes. Aply another coat to picture and mounting surface and place print in proper position. Work out air bubbles and let dry 3-4 hrs. Wash paper away from back of picture with a wet cloth. Paint



surface with another coat of polymer. Let dry.

Wash brush in water after each use and dry thoroughbly with a soft cloth.

Remember this is a reverse transfer. Any writing on your print will be reversed.

#### SHADOW OR NOSTALGIA BOXES

Boxes can be constructed, but are most often purchased ready made, but unstained or painted. I find it is easier to work in those where the glass in front is removed rather than the back board.

Boxes are most often used to hold "treasures" collected over a period of time or filled with items representative of the room in which the box is to be hung, such as dry foods (macaroni products, beans, etc.); eating utensils and flowers for a kitchen; green felt background, dice, playing cards, and poker chips for a game room; or a picture of a ship, sea shells and a piece of fish net for a nautical decor.

Finish box with stain or paint to complement the decor of the room. Stain or paint the partitions and back of the articles or cover backs with pictures, felt, or textured cloth.

Mount items into cubicles either standing up or glued into position on back. Replace glass.

NATURE CRAFTS:

Materials:

Rocks, or "Beach Pebbles" from nursery or rock supply. Straw flowers, dried natural materials Bark, twigs branches. Artifacts such as: small ceramic animals, miniatures, etc.

USE YOUR IMAGINATION!!

#### Decal Transfers

Materials:

Transfer emulsion (Many brands available at craft & paint stores)

Brush

Soft Cloth - Print - Board or surface on which to mount print,

Paint surface of print with transfer emulsion. Let dry 10-15 min. Aply 5-6 coats letting dry between each coat. Allow to cure for several hours.

Place print into warm sudsy water and soak. Rub firmly until paper peels off. Handle carefully.

Apply a coat of transfer emulsion to the back of the transfer picture. This will seal and make the transfer transparent. Apply a coat of emulsion to mounting surface. Place print in proper position. Remove any bubbles by pressing firmly from center to sides. A small pin hole may be necessary to release some air bubbles. Clean brush w/sudsy water after each use.

#### LEATHER CARVING AND TOOLING Hazel Beeman & Chuck Voss

Leathercraft is one of the wost versatile of crafts. It is simple enough for the beginner or for children 6 years and up. It can also be a very creative art for the skilled craftsman. Simple tools can be used very effectively or the individual may choose from a very large variety of intricate tools. You can enjoy hours of pleasant relaxation, fun, and creativity with leathercraft with a few basic tools. For the leather artist it can also become a very lucrative hobby or business.

Sides and Skins are usually measured by the square foot. The leather is measured by special machines. The tlickness (or weight) of leaster is usually measured in ounces. One oz. equals about 1/64" thickness. For billfolds, comb or key cases and other small articles a 3 to 5 oz. is good. Forheavier articles such as purses, brief cases or light weight belts a 6-7 or 7-8 oz. weight is best. Western belts, gun cases, and similar large articles can be made from 8-9 or 9-10 oz. for longer wear. Leather kits are available at most leather craft stores and also for the beginner small scraps may be purchased by the pound. For those who plan to make a number of articles the most economical way to purchase is by the side or skin. A skin is the full hide of a small animal, the side is half of a large animal hide. The closer the leather is to the backbone of the animal the stronger it is and therefore the more expensive. This is often best to purchase if only belts, etc. are to be made. However, a full side is more economical if purses are to be made as the Belly section can be used for gussets and the overall cost is less per square foot.

(BRCK) (BELL

FULL SKIN

#### 2--Leather

You will need a few basic tools - others can be added as you desire. A Marblite Tooling Board or similar swooth, hard-surfaced piece of material to be used when using stamping tools. When punching or cutting place the leather on a piece of heavy leather, Poundo Board, linoleum or smooth board. For a water container it is best to use a glass, porcelain or enameled container for water and sponge for casing the leather. Many metal containers will stain the leather. Also be sure to keep the wet leather away from metal filings or steel dust.

The 7 basic tools you will need are the swivel knife, camoflage, pear shader, beveler, veiner, seeder, and backgrounder. Many designs can be made with even less. A metal stylus is helpful in tracing the design but a wooden orange stick or any sharp but smooth object may be used. Never use carbon paper or ball point pen or leather, though as it will mark the leather and cannot be removed.

Here are the basic steps in making your leather project. First the leather must be cased--dampened. If you are using heavy leather for belts, etc. it is best to immerse it in water until all airbubbles stop. Then place the leather in a plastic bag overnight or for a few hours to be sure it is evenly moist all the way through. A proximately 4 hours before it is to be worked the leather should be taken from the bag and let dry until the natural color begins to return. When the leather dries too much it can then be slightly dampened on both top and bottom sides with a sponge. The leather should be just damp enough to feel cool to the touch but never soggy wet. Light weight leathers can be "quick cased" by merely dampening them on both top and bottom

#### 3--Leather

"hen the leather is ready to work tape the pattern which has been drawn on tracing paper or tracing film to the leather and trace each line with a stylus or any sharp tracing instrument. Next cut the design with the swivel knife being sure to cut the foremost objects first. Also be sure to cut each line all the way to the joining line--but never cut across another line. To prevent stretching the leather on light weight articles it is best to cement it to heavy wrapping paper or cardboard with rubber cement and the paper can be removed when the project is tooled. A rawhide mallet is best for pounding the stamping tools but a wooden mallet or even a block of hard wood can be used.

The first stamping tool to use for most designs is the camouflage.

Always stamp the design away from you for better visibility. Space the impressions evenly. A REAL PROPERTY OF

Next use the beveler around the outside edge of each part of the design remembering to bevel the foremost objects first. The tool must be "walked" for smooth beveling. Use the pear shader to put depressions in petals or leaves to give a three dimensional relief. The seeder is used for flower centers or for trimming letters or making borders and the veiner to make decorative lines along the centers of leaves or on scrolls.



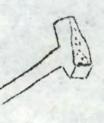


Pear

Shader







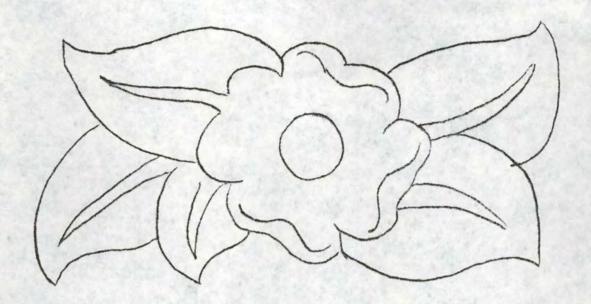
Beveler

Seeder

Trimmed with the Backgrounder Veiner

--Hazel Beeman

Here are a few simple patterns for key case or comb cases:









Many leather craft projects can be made quite inexpensively by buying scrap leather from hobby and craft s ops and making many tools on your own.

Tools can be made from a large variety of items. Some of them follow. (1) household tools such as nut pick, orange sticks (2) large nails filed to a desired shape on the sharp end work as stop tools, bevelers, (3) a half bolt soldered onto the end of a nail make an excellent background or natting tool. (4) numerous parts can be stuck into the end of a dowel or other piece of wood. A cog wheel from inside a clock or watch is a good example; it makes an attractive star pattern.

Along with your created tools it is wise to purchase a few that are hard to make substitutes for. Three of the most important are. 1. swivel knife 2. camouflage tool 3. veiner

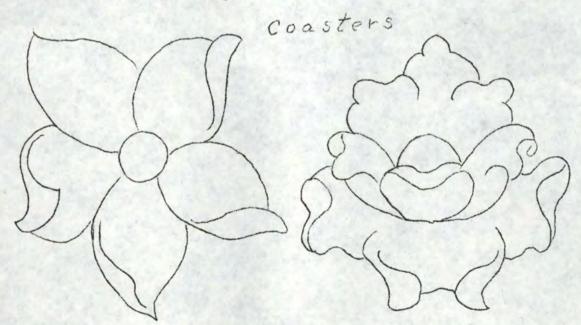
> overs nurse

Several items that would be simple enough for the beginner are listed here:

1. coasters	6. checkbook covers
2. comb cases	7. small coin purse
3. key cases	8. tie slip
4. key chain decorations	9. nail clipper case
5. name tags for luggage	

A new project that can be relatively simple is a set of bookend covers. To make them, cut from the pattern given. Use pattern flower given or any design desired. Tool eavy front piece first, then cut from lighter leather a piece of a out the same size and glue to the back. Glue together three sides ' leaving the bottom open. Next, lace the gland sides with the desired type of lacing. They are now ready to slip over any standard size metal bookends.

For easier cutting of patterns, cut first from a piece of heavy cardboard then keep this for a pattern. It saves much time and needless measuring.



and suggested design h More ideas for combrosos or bolts. For variation in holts reverse atternating sections. 12 -0-

#### SAND CRAFT

#### Bruce Elm

Magerials needed: Board on which to do the sand painting Glass the size of the board Plastic tubes to hold the sand Spring clips to hold the board and glass together Sand of various colors Elmer's glue Water Small paint brushes Thin material (such as cardboard) which can be used to push the sane where it is desired to be.

First, coat the board with full strength Elmer's glue. After it has dried <u>completely</u>, clamp the glass to the board with the spring clips. There should be a narrow strip of cardboard spacer around the glass on the two sides and the bottom to allow a space in which the sand may fall.

Fill some plastic tubes with the colors of sand to be used first. (One end of each tube should be sealed to prevent the sand from running out. Take one tube of sand with the color of sand you wish to be the ground color of the area in the foreground. Spill some of this sand out of the tube into the space behind the glass. Put streaks of a contrasting color randomly about to add interest.

To make hills, one method is to take two tubes at a time, one with dark sand and one with light sand. The dark sand will make that side appear as if it were in shadow. Holding the tubes about an inch or so apart, slowly spill the sand into the space behind the glass while moving the tubes from side to side. The more movement there is of the tubes, the more streaking will be accomplished. To make hills with a pronounced streaking, use only one tube at a time. A small amount of sand is dumped from one tube, then a small amount of sand from the other tube is dumped slightly to the side of the first, allowing the colors to overlap. This is continued until the desired height of the mountain is reached.

Sky should be started by mixing white sand with a little blue sand. As the sand gets higher in the sky, there should be more and more blue. Streaks of lighter blue can appear in the darker areas to suggest clouds.

When the sand reaches the top of the glass, the board should be laid flat and the glass carefully removed. By carefully placing the glass back on the sand so that the spacers are <u>up</u>, and slowly drawing the glass across the sand, the sand can be drawn out to the edge of the board over the area where the spacers were. If the sand does not quite reach to the corner, drop some sand from the fingers onto the blank area.

The sand should be then dampened with water from a spray bottle that will deliver a fine mist. After dampening, the sand should be sprayed with a diluted Elmer's glue. The glue should be diluted just enough to make it able to be sprayed through a fine mist sprayer. The glue should be continued to be sprayed until the sand shows a milky whiteness from the glue. Sand Painting - 2

After the glue is dry, additional embellishments may be added, such as clouds, trees, rocks, etc. There are three main ways to accomplish this. The first is to paint the area to be covered with the next color of sand with water. Then sprinkle the area with the sand. Dump the sand back into a box. Sand will remain stuck to the area painted with the water. This is then sprayed with glue as the entire painting was before. Additional shadings may be added in the same way.

A second method is to paint the area to be covered with a new color of sand with glue. The process is the same as that for water, except that you do not spray the area after dumping the excess sand off. The disadvantage of this method is that it is difficult to remove errors.

The third method is to drop the sand from the fingers as the Indian sandpainters do. This is then sprayed with glue as was done before. This is especially good for adding shadings and clouds.

When the paintings are done, it is a good idea to spray them again with glue. This is not necessary, but it makes it easier to keep the painting clean.

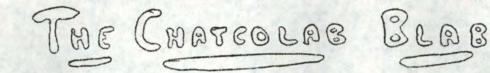
White sand may be purchased from most lumber yards by the sack for about \$1.75 for 100 pounds.

For additional information you may write to:

Sand Arts Inc. P.O. Box 2572 Salt Lake City, Utah 84111

or

Philo Allen 1929 Champagne Ave. Salt Lake City, Utah 84118





Chatcolab 1973 -Greg wants everyone to make and wear Leis (only!!??) for a Wednesday Luau. This editor wonders how many more announcements Greg will make during the course of Lab?

BULLETIN:: Looks like things are really taking shape for the week .....

MONDAY EVENING - Christmas at Chatcolab

TUESDAY EVENING: - The Mardi Gras

WESNESDAY EVENING: - Water Fun at the Lake

WEDNESDAY EVENING: Luau Supper

A Ho Down

THURSDAY EVENING: - A Night at the Night Club

FRIDAY: EVENING The Temporary Pioneer People have something going!

Did you hear about the North Dakotan who was standing in a pile of manure. He looked down and said - "Gosh, I'm melting."

During the canceing class, several people were standing on a certain section of the dock. As the number increased, the dock went lower and lower into the lake. Two or three labbers decided to move to higher ground or dock. The situation didn't get too much better. Little Bill chimed in with "I'll move but it's not going to help." As he stepped onto the next faft, the nearly submerged one rose approximately six inches!

We hope to publish a BLAB at least once each day. Any and all con-tributions are welcome,

So keep those cards and and letters coming .....

SMILE, IT MAKES THE EDITORS WONDER WHAT YOU'VE BEEN UP TO D

Folk painting on wood is a practical craft requiring a minimum of equipment and inspiring an endless challenge to the imagination : of those who dip that first paint brush.

Folk Painting is not limited to the artist or the professional, but belongs to all the folks who want to add a touch of beauty and color to the every day utilitarian things about their homes.

From just a little spark of desire, will come the two fold joy of doing and of having.

These notes will serve as a reference to those of you who attended the painting demonstration, and I hope an inspiration to those who were otherwise occupied, so they can carry it home as a useful idea.

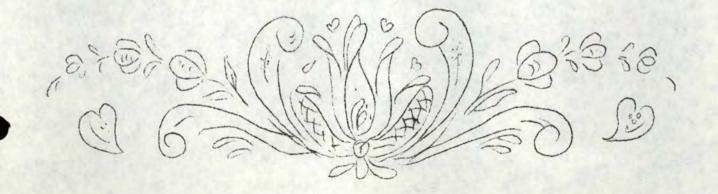
MATERIALS REQUIRED



Paints \*see next page Turpenti Brushes Varnish Sandpaper Shellac Pumice Tracing paper (see through kind) Charcoal pencil or whiting Linseed oil or crude oil Art gum eraser Something to paint

Turpentine Varnish Shellac or wood seal

rough kind) ting



PAINTS:

2

There are several types of paint which are commonly used for painting designs. The water base paints such as Poster or Tempera paints are generally used when working with children orwhere time is limited. Painting with this type of paint is done on wood that has been sanded but not sealed. If a stain is desired this can be done by mixing a wash of poster paint and water in the desired tone. Apply this with either a brush or a cloth, and polish lightly with a cloth as it dries. It is ready then to proceed with the painting of the design with poster paints. Water is used as a painting medium and for cleaning brushes. When buying tempera or poster colors you only buy the primary colors, Red, Blue, and Yellow, and in addition a jar of white. In the past few years there have been many new types of water paints come on the market and some that mix with either water or oil. If you have access to any of these, by all means, experiment with them.

For painting on wood that has been sealed or painted, it is necessary to use an oil base paint, or a casein type paint that will adhere to surfaces of wood or metal that have been sealed. The most familiar of these are the artist oil colors which are available in tubes from local art supply stores. Once again only a few colors will suffice, but if you can afford a few extras it is fun and informative to use some of the many beautiful pigments in the large range of artist oil paints. A few suggestions to start with would be:

Cadmium red medium, Cadmium yellow medium,

Prussian Blue, Titanium white, Burnt sienna, and Burnt umber ...

You can obtain a color chart of artist oil colors from your local art supply store, and choose a few extra colors that are pleasing to you. The painting medium we use for the oils, is a mixture of varnish and turpentine, about half and half. Clean brushes in turpentine or mineral spirits. Page 3

#### Brushes

For both temperas and oil paints, we suggest the use of red sable artisttype brushes. Good brushes, well-cared for are almost an accountial to good work. For a beginning, you will need at least three brushes. A good quality brush is Series 190 made by the Grumbacher Company. This is a standard brand of artist materials carried in most communities. / number 2 and a number 4 will serve the beginner for most purposes. Then you will need in addition to this, a lat blending brush, a number 4 or 5 in Grumbacher series 6268 or comparable. Good brushes are expensive, but they will last a long time if you take the proper care of them. Prushes should be wiped frequently as you work. Never, never allow a brush to stand in water or turpentine. After cleaning, press brush between thumb and finger to remove any paint collected in the bristles. If brush is improperly cleaned, and paint is allowed to dry in the brush, it will not taper properly and will not produce the brush strokes properly. It is extremely difficult and almost impossible for the beginner to produce good work with a poor or poorly cared-for brush. It is good to dip brush in mineral oil when storing between paintings.

#### SANDP APER

Use at least two different grits of sandpaper. One which will cut, and one very fine for finishing. A wet or dry type sandpaper is good for rubbing the finish between coats of vernish. Use 4004 Grit "wet or dry" sandpaper between coats and 600% Grit "wet or dry" for final coat. Very fine steel wool may also be used between coats. (Use sandpaper wet.) TRACING P PER

Obtainable at art supply or stationery stores in tablet form, rolls or sheet.

SHELLAC WOOD SEAL PUMICE TURPENTINE VARNISH LINSEED OIL These items are all available at your local paint store. Pratt Lambert #61 clear varnish is a very good varnish to use both as a painting medium and a finish. Valspar clear gloss varnish is also good. Remember that brushes used in varnish are cleaned in turpentine, and brushes used in shellac are cleaned in alcohol. If you should use any lacquer base paint, clean brushes in lacquer thinner. The label on the paint cans generally remind you of the thinner or cleaner so when in doubt check this.

#### SOMETHING TO PAINT

You need only to look around you with an observing eye and you will most surely be able to see a winter's work in one sweeping glance. Furniture, bread boards, salad bowls, boxes, canisters, candle holders and placques are just a few of the many things that add warmth to the home.

#### PROCEDUNE

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First sand the article to be decorated. If oil paints are to be used, the wood must be sealed or painted. When using tempera, you paint on the un finished wood. Metal articles must be done with oil paint as the surface is not compatable with water base paints.

Transferring the design: Draw or trace design on piece of tracing paper. On reverse side of design, retrace lines which are visible thru the tracing paper with a charcoal or carbon pencil. Placing charcoal side down on articl on which design is to be transferred, rub with a hard tool such as a spoon, and the design will then be transferred to the painting surface.

f you wish to transfer a design to a dark color or black, trace pattern with pencil. Rub reverse side with whiting or a commercial product known as lithopone, and placing this side down retrace lines of design, which will in turn imprint them in white on the dark background. Inother method is to rub

Page L

a piece of tracing paper with lithopone, and use this as you would carbon paper. You may fold the side with whiting or lithopone subbed into it and use it many times. (Lithopone is ground finer than whiting, and thus has a better clinging power where this is desirable.) To make an even clear imprint, rub face of tracing paper with cloth dipped in turpentine. Wipe off, and then rub in white powder and proceed as above.

2

COLOR MIXING Learning to understand color and color mixing and produce the tints, shades and intensities or chromos which are pleasing to you will add much to your joy of Folk Fainting. The three primary colors are red, blue and yellow. The mixture of any two of these primary colors produces a secondary color. These are red and yellow to make orange, blue and yellow to make green, and red and blue to make purple. In order to soften or cut the intensity of any one of these colors, we do so with what is called its complementary color. The complement of any primary color is the color produced by mixing the other two primary colors. For example to make the complement of blue, you mix the remaining two primary colors, red and yellow, and you will have orange, which is the complement of blue. By reverse, blue is the complement of orange. By the same process, purple is the complement of yellow and yellow of purple. Green is the complejent of red, and red of green. To soften any color use a little of its complementary color, and generally a little white is added to lighten the value. Equal portions of any complementary colors produce a brown or a neutral. By way of explanation, the word "complementary" means that these colors have the greatest degree of contrast possible between them. This is because no secondary color contains any of the primary color it complements. Rainbows, or light passing thru a prism always fall in the sequence of Red Orange Yellow, Green Blue and Violet. If you take the last three colors and place them beside the first three colors, once again you have paired your complements. By using this method, color can BRUSH STROKES

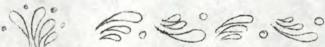
BRUSH STROKES Interesting variations in brush strokes may be achieved by changing the pressure you put on your brush. It is important to start with a clean brush, drawing it thru the paint on your palette, and as you do so, flatten brush so that you have both a flat and a knife edge. Then thinking of symbols such as

ole of

your "5" curve, produce long rhythmic strokes. To make the "S" curve brush stroke: Start by just touching the tip of the brush to the surface on which you are painting. Then start increasing the pressure thru what would be the middle portion of the "S", and then life brush gradually to produce the taper at the end.

To make the kparenthesis stroke: Place greatest amount of pressure at beginning of stroke: and then lift brush decreasing pressure until a long curved tail is formed:

00200



The brush stroke used for flowers such as this is accomplished by pressing the end of the brush between your fingers to flatten, or by using a flat blending brush. Hold the brush as if writing with a pencil, only more perpendicular. Roll the brush between the fingers to make a stroke similar to a horse shoe

CSU20

#### Page 5



#### ACCENTS :

The little "accents" or touches that we add when the basic painting is completed are just to break up areas, and add a lightness to the designs. By thinking back to the seven symbols, you will find many ways to use them for this purpose. There is no one right way for doing this --- just let yourself go.

FINISHING

Then the article you have decorated is dry, finish it with several coats of a good clear varnish. Rub lightly between coats with either punice, or a very fine sandpaper. Varnishing should be done, if possible on a dry day. If it is cool set the can of varnish in a little warm water and let it stand for a while before using. Pour a little varnish from the can in a small dish or can. This prevents the remainder of the varnish from picking up dust, etc. from the brush. If varnish is lumpy, strain thru a piece of nylon hose. Varnish may be thinned if necessary with turpentine. (Check lab) to be sure you are using the right thinner.)

MTIOUING

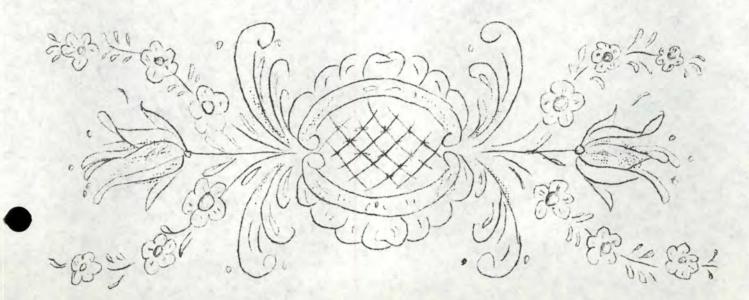
If an antique finish is desired, mix equal parts of varnish and turpentine to use as a glazing liquid. To this add some of your oil paing. (Burnt umber is the most commonly used color for antiquing). Coat article with this brown mixture, and then rub lightly with a cloth to remove what you do not want. Shade darker near edges around hendles or knobs, and in depressions. When this is dry finish with another coat of varnish.

Add: Antiquing is best done after one or two coats of varnish have been

applied.	- ilino	
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Orland.	:: · · ·	: A Maria

#### DESIGNS

A packet of 8 large sheets of designs "Folk Designs in the Morwegian Way" published by the Bunnings is available for 2.50 plus postage. Order from the Bunnings, 2830 Dawn Drive, Colorado Springs, Colorado 80907.



Page 6 SCROLL The joy of painting is increased by the ) CIRCLE () ability to create some of your own designs or to at least be able to add "S"Curve ( accents or boarders to a design you have Parenthesis ( copied. We have had happy results from the seven basic cymbols as out-Wavy Line \_\_\_\_ Zig-Zag /// lined in the book by Maugard "A Method for Creative Design". These help us to relate simple designs to familiar forms Straight Line such as letters of the alphabet, punctuation marks, etc. Her e are those symbols, and a few suggestions of how they may be used. Wavy line plus circles Wavy line plus leaf formed by two parenthesis drawn together Scrolls joined together Scrolls with leaves added Leaves made by parenthesis plus an "S" curve Forming a simple tulip from parenthesis and "S" curves ( () () () () () Forming a design by adding scrolls and circles C CUsing a circle plus parenthesis to o 8 ( 39. ) form a flower Adding scrolls to form a design S curves to form border S curves plus circles and leaves Porder s - using parenthesis, straight lines and circles Borders - using parenthesis, straight lines and circles Borders from zig-zeg lines Bird formed from S curves, parenthesis, circles and scrolls.

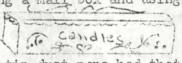
Collecting interesting articles and seeing their potential as "things or beauty" or "articles of usefulness", can be a fascinating hobby in its own right.

Thrift stores such as Goodwill and the Salvation Army, as well as second hand stores, and your own barn or basement can be a veritable gold mine, with a bit of digging and dreaming on your part.

For, in my experience, the things I have found in discards have earned a lasting warmth in kmy home and heart, for they first my idea and then my effort and this adds up to be a part of me.

Following are a few ideas to prime you Idea Pump:

Old Mail Boxes: Old mail boxes can be painted and decorated and used for many purposes. The old Early American Candle boxes were shaped much like some of the mail boxes which we use today When painted a color and hung is the kitchen, dining room or hall or even by the fireplace can be charming used as just such a candle box, or in the kitchen they can become a wonderful catch all for pencils, pads, tape, etc. (Just as a thought, there is no law to prevent decorating a mail box and using it as such.



Old Dust Pans Many old tin dust pans had that extra piece at the top to hold the dust. Painted and decorated and hung upside down they also make a nice holder for memo pads and pencils, hot pads, etc.

Stor Jaks

Old Scale Pans The tin pans that were once on scales can be used for charming bread or bun servers, as well as for a fruit bowl, flower arrangements, snacks, etc. Always a conversation.



tin or Mooden Scoops Also delightful for serving cookies, cakes, candies, snacks, etc.



a stucio à

Trays. Trays, plates, lazy susans of all sizes and descriptions can be restored and repainted.





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#### Page 8

Milk Pans The old tin kmilk pans, especially the ones with the seams are fun for serving, or arrangements. In New England where they restore a great deal of the old tin, they take articles, which have rusted thru, to the places where automobiles are repaired and have the holes filled in, and then decorate them, which is only to say, don't throw away something because it has rusted thru in a few places.

e. dele (- Lead -2. 5. J.

Tin Cans Coffee cans for cannister sets or cookie jars, juice cans for penci holders, larger cans for letter holders, etc. A tin can with a hole punched in the side or bottom makes a string holder.



Boxes Boxes have a million uses, and hold a million treasures. How about a new purse made from a wooden box and decorated?



Tin cups. Tin cups make charming candle holders with or without a chimney. You can use a metal lid from any discarded bottle and glue in the bottom of the cup with metal epoxy to hold the candle. Candle holders can also be made from tuna cans and a chimney (glass) added if desired.



Mooden Scraps or Odd Shapes .ny scraps of wood and a cup hook (or more) can find many uses. Some of these are: Key boards, holders for measuring cups or spoons, hot pads



Vooden Mug Boards One of the fun things we have been making are decorated boards which we hang vertically for coffee mugs. They take up less space in the kitchen, and once again, draw the favor of our friends.

Old Mash Boilers make wonderful wood holders for the fire place, or for newspapers, etc. Tin dish pans for popcorn for a crowd!





Film Boxes are for treasures, cookies, sewing needs and such like.

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Old Coffee Pots painted and decorated make lamps, containers for flower arrangements, or purely decorative shelf pieces.



Discarded Ring Notebooks Paint the covers, and line with contac paper or paint the inside. se as scrap books, guest books, recipe books, etc. (you can also buy "loose leaf" photography pages)



Old Silver Chests Old wooden silver chests painted and decorated are beauti ful for their intended use in the dining room, or fitted as sewing or jewelry boxes.



Picture Frames Paint and decorate old picture frames, and use with plywood or cork for a bulletin board, etc.





Cutting Boards can be cut from scrap lumber. These may also be used for breakfast boards, cheese boards, etc.



Odds and Ends Wooden spoons and forks with cup hocks for keys, spoons, etc. Tuckets for crayon holders for children, for serving chips, etc., and many other uses.



Furniture and Old Trunks Decorated and relined old trunks are happy things for blankets, linens, etc. Or perhaps a wood box for the basement or fun room fireplace. sFurniture painted and decorated, can unify a room that might otherwise be a grand mitture of odds and ends.

and with all this rambling....this is only brushing the surface. Happy Hunting! Carry on!!!