

*Leila*

# CHATCOLAB



**LEADERSHIP  
CAMP 1974**

# Reservation

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

Deposit (\$10.00) \_\_\_\_\_ Full fee \_\_\_\_\_

A deposit, required with reservation, is due by April 15 to avoid a late payment fee of \$5.00. This is refundable up to May 1.

There is no discrimination because of race, sex, color, creed or national origin.

Send to: **ELORENCE J. WELLS**  
Route 4, Box 1603  
Hoquiam, WA 98550  
~~Betty Schuld~~  
5603 S. E. Aldercrest Rd.  
Milwaukie, Ore. 97222

What are your areas of interest?

Personal Development \_\_\_\_\_ Crafts \_\_\_\_\_

Party Planning \_\_\_\_\_ Ceremonies \_\_\_\_\_

Dance (what kind?) \_\_\_\_\_

Games \_\_\_\_\_ Other \_\_\_\_\_

People you would like to have Chat Information sent to:

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_



*Chatcolab*

5603 SE Aldercrest Rd.  
Milwaukie, Ore. 97222

YOU ARE INVITED TO.....

**Northwest Leadership  
Laboratory**

# Chatcolab



**NEW IDEAS IN  
LEADERSHIP**

## What Chatcolab?

Chatcolab is a leadership laboratory; a week filled with leadership development opportunities for everyone under the guidance of skilled resource leaders. Each day's program activities are planned and carried out by those who attend.

The lab is non-profit and has no sponsor. It has been carried on since 1948 by those who take part. An elected board is the executive body, and does the general planning and making of arrangements for each year's session.



Chatcolab is

a stimulating, learning experience for group leaders.

an experience in group living where there is an exchange of ideas and techniques in group recreation.

a retreat from daily routine which refreshes leaders as they work and play within the lab group.

an avenue through sharing abilities in creative activities, to new levels of mental, emotional and spiritual development.



## Objectives of Chatcolab

- To help us develop our leadership abilities.
- To enable us better to understand ourselves and others.
- To develop creative skills and to become acquainted with new recreation methods and materials.
- To have a week a wholesome fun with about 100 wonderful people.

## Daily Activities

Discussions on leadership philosophy, concepts, methods and techniques.

Assistance with your personal leadership development in the areas of group games, planning, group discussion, folk and square dancing, outdoor cookery and demonstrations, planning and carrying out evening parties, ceremonies, campfires, and participation in a festive closing dinner.

Sharing of a variety of crafts, such as painting, copper enameling, gem polishing, jewelry making, fly tying, leather work and macrame'.

## Who Attends ?

Any professional or volunteer who is interested in working with youth and/or adult groups such as Boy Scouts, Girl Scouts, YMCA, YWCA, Camp Fire Girls, 4-H, Church and Senior Citizens.

Those leaders aged 15 through 17 must submit two letters of recommendation and a signed medical release.

## Cost

The lab fee of \$75.00 (subject to change) includes basic camp expenses and one copy of the Notebook. Shirts, additional Notebooks, craft supplies, etc. are extra.

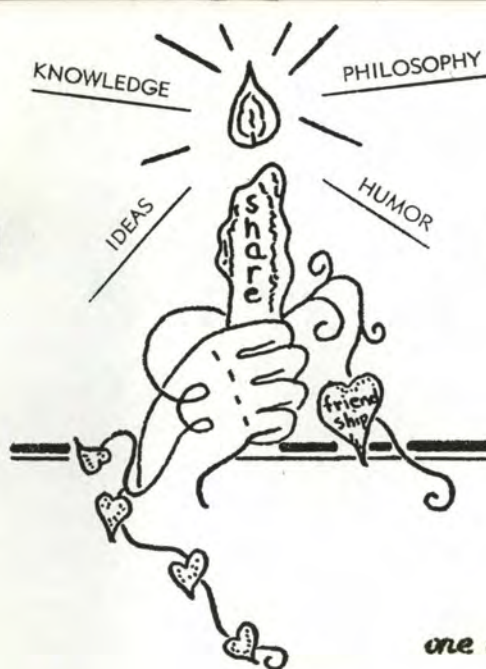
Campships are available. If you desire one submit a letter of request with your reservation.

## What to Bring

Plenty of warm and comfortable camp clothes, personal toiletries, bedding, and a flashlight.



Chat is held at Camp WSU on Coeur d'Alene Lake near Worley, Idaho. It starts the 2nd Sunday of May with registration between 2 & 5 p.m. and ends with breakfast the following Sunday.



NORTHWEST LEADERSHIP LABORATORY

THE  
SPIRIT  
OF

CHATCOLAB

THIS NOTEBOOK is the outcome of  
one week of sharing experiences. The material  
was gathered, typed, mimeographed, and assembled  
during the camp.

These Western Leaders agreed that:

This should be a sharing camp, with no distinctions  
of leaders from campers or  
pupils from teachers.

This should be a fellowship separated from any  
sponsoring institution and self perpetuating  
by some process of democracy.

Goals must be for the enrichment of all life and not  
merely to add skills and information to already  
busy folk.

Recreation Laboratory would invite attendance from  
diverse vocations and never seek uniformity  
for its campers.

Those who gather here assume cooperation in complete  
sharing as a way of life.

Now you are a part of Chatcolab.

This is notebook number 26

It is a record of a precious week together.  
WITH TRUE APPRECIATION we dedicate it  
TO ALL THOSE WHO HAVE HERE ENRICHED OUR LIVES.

Leda,

Thanks for being the  
wonderful person you are,  
much love,  
"Little" Nell

# CHATCLAB LEADERSHIP LABORATORY PHILOSOPHY

CHATCLAB LEADERSHIP LABORATORY is designed  
as a stimulating experience for people  
who are interested in recreation.

THE LAB IS GROUP LIVING  
in which there is an exchange of ideas and  
techniques in the field of recreation.

THE LAB IS A RETREAT FROM DAILY ROUTINE  
Group unity grows as individuals develop together  
in work and play.

MAJOR EMPHASIS IS PLACED ON JOY IN FELLOWSHIP.

NEW KNOWLEDGE AND ABILITIES  
gained through the sharing of creative activities  
lead to mental, emotional and spiritual growth.

AS A RESULT OF LAB EXPERIENCE individuals recognize opportunities  
for good living.....  
BY SHARING ONE'S SELF FREELY!

CHAT  
COLLEGE  
OF  
KNOWLEDGE  
'74



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(Number your pages and fill in the blanks)

1974 Administration

May 12-19, 1974

Chairman	Brad Bradley	1975
V. Chairman and Publicity (Acting Chairman)	Robert (Beaz) Beasley	1975
Secretary	Leila Steckelberg	1974
Treasurer	Marge Grier	Honorary
Assistant Treasurer	Cy Corlett	1976
	Bruce Elm	1975
	Jim Martin	1976
	Jerry Kimes	1974
	Charles Voss	1974
	Lawrence Yee	1976
Chat Chat Editor	Dwight Wales	Honorary
School Representatives	Stewart White	1974
	Julie Hooker	1974
Alternates 1st	Sonya Watts	
	2nd	Bill Headrick
	3rd	Al Harmon
Advisor	Vernon Burlison	

THE 1975 BOARD MEMBERS

Chairman	Vernon Burlison	1977	
V. Chairman	Bruce Elm	1975	
Secretary	Sonya Watts	1976	
Treasurer	Marge Grier	Honorary	
Assistant Treasurer	Joan Smith		
Notebook Editor	Leila Steckelberg	Honorary	
Kitchen Facilitator	Marge Grier	Honorary	
Chat Chat Editor	Dwight Wales	Honorary	
	Robert (Beaz) Beasley	1975	
	Brad Bradley	1975	
	Cy Corlett	1976	
	Al Harmon	1977	
	Jim Martin	1976	
	Nancy Schwartz	1977	
	Alternates 1st	Joan Smith	
		2nd	Maurine Bell
		3rd	Jean Baringer





These people were asked in these specific areas.

Many other labbers (students) contributed resources in numerous ways!

Thank you all!!!

1974 "Faculty"

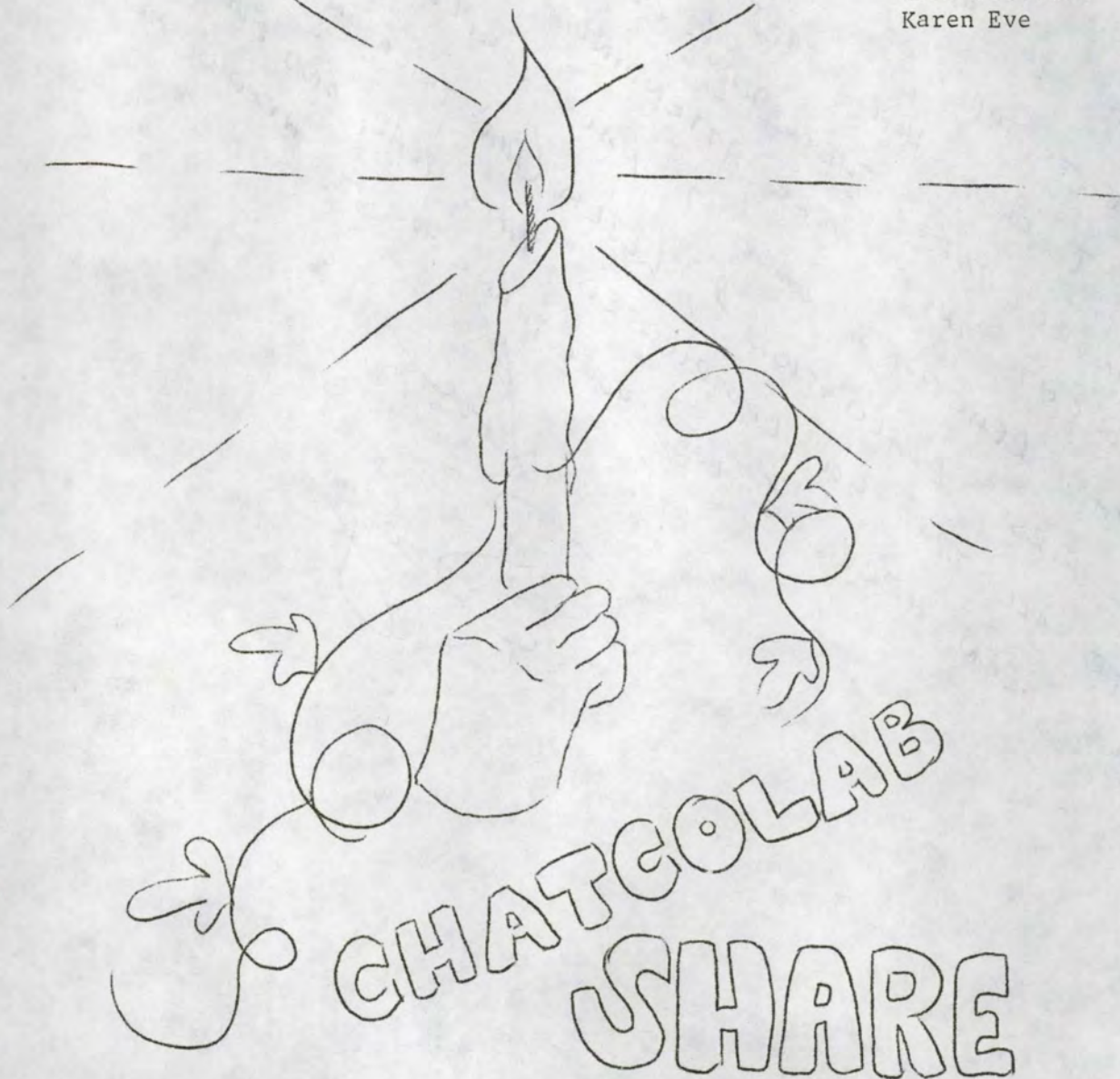
- Philosophy of Leadership & Music. . . . . Don Clayton
- Dance & Games . . . . . Bruce Elm
- Party Planning. . . . . Bruce Elm & Leila Steckelberg
- Ceremony Planning . . . . . Vernon Burlison
- Chat Chat Editor & Tormentor. . . . . Dwight Wales
- Chatcolab Blab. . . . . Scooter Finnegan
- Notebook
- Editor . . . . . Leila Steckelberg
- Production Manager. . . . . Diana MacRae
- Typists . . . . . Debby Lovel  
Norma Dobler  
Trudie Bishop

Illustrators and Helpers. . . . . Rick Low  
 Dick Headrick  
 Donna O'Brien  
 Florence Wells  
 Betty Schuld  
 Karen Fox

Mimeograph Operators. . . . . Dwight Wales  
 Diana MacRae  
 Steve Schwartz

Kitchen Facilitator . . . . . Marge Grier  
 Cooks . . . . . Genie Townsend  
 Ethyl Fox  
 Ruby Carpenter

K.P.s. . . . . Meg Bradley  
 Peg Whalen  
 Dick Headrick  
 Karen Eve



LEILA,  
THANK YOU FOR ALL  
OF YOUR SUPPORT THIS YEAR.  
I APPRECIATE IT SO MUCH THAT  
I EVEN LEARNED HOW TO SPELL YOUR  
NAME THIS WEEK (BET YOU DIDN'T EVEN NOTICE)  
FOR MY LIMITED KNOWLEDGE OF WHAT IS INVOLVED IN  
RUNNING A LAB, I THINK THAT YOU AND THE REST OF THE  
BOARD TO MAKE THIS YEARS LAB A FANTASTIC JOB IN WORKING  
A DIFFERENT TYPE OF SUCCESS THAN ANY LAB I HAVE BEEN TO  
BEFORE. I ONLY HOPE THAT WE DIDN'T SEND TO MANY PEOPLE HOME  
DISSAPPOINTED THAT THEY DIDN'T GAIN MOST OF THE THINGS FOR WHICH  
THEY THOUGHT THEY WERE ATTENDING FOR. I GUESS I'LL KNOW MORE  
OF THE REACTIONS ONCE I HAVE COMPLETED THE EVALUATIONS  
OF THE FIRST EVALUATION & LEILA (THAT'S TWICE IN A ROW) I SINCERELY  
APPRECIATE ALL THAT YOU CONTRIBUTED THIS YEAR, AND EVERY YEAR  
YOU HAVE BEEN HERE. I LOVE YOU, THANK YOU FOR HELPING ME GROW.

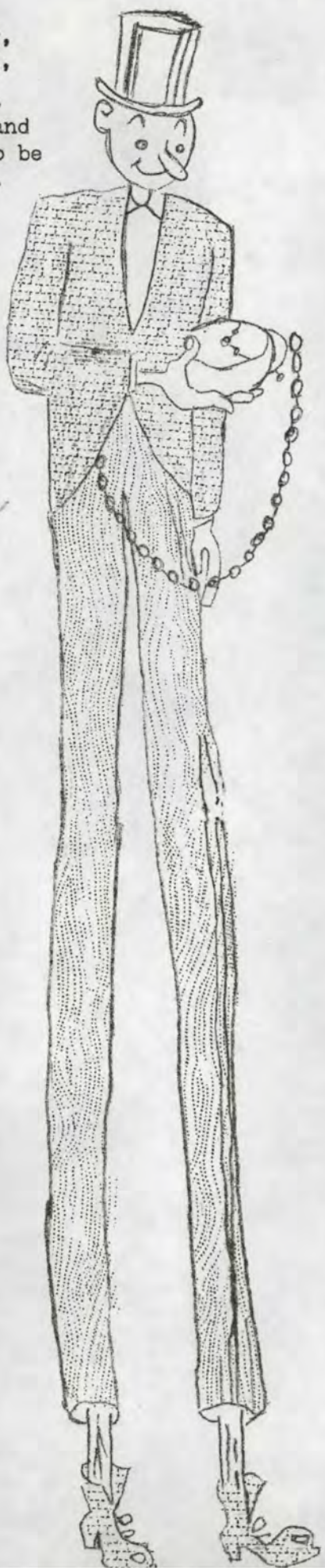
Love,  
Jay

WALDO STANLEY  
SHARE

THOUGHTS FROM THE CHAIR

Loving,  
Caring,

LAB IS...  
Sharing and  
Daring to be  
Yourself.



Dear '74 Labbers,

Thank you for working so well together in making this year's Lab an exceptional experience for all of us. I am ever grateful for all the love you have given me this year and all the cooperation in running this year's Lab. I believe YOU have done an outstanding job. It was a great honor and privilege for me to have been elected to the Board at the end of the '72 Lab. Being our Board Chairman this year has been an exciting opportunity. You are all fantastic, and you ARE the LAB !!! This 26th Lab has been for me truly a joy, and with all the help you have given me, I have had more time to enjoy all of you, than I thought possible for a Board Chairman.

Lab means many different things to many different people, thank God, we are all different so that our personalities are able to harmonize together to make Lab the beautiful living experience it has always been. The weather the first part of the week only contrasted with the radiant inner beauty of all of you, both individually and as the invaluable group which is this year's Lab. Now that the sun has finally come out and the lake is once again placid and peaceful I am able to reflect some of my feelings to you. I feel a strong inner peace while sitting here contemplating the week's development. The new labbers, fresh, anxious, alive and searching for the answers to those many questions that arise from the time they leave home till the end of Lab week. The experienced labbers, greeting, giving and sharing love. Then the molding of a group, into this year's labbers, with no distinctions between new and old, youth or age, man or woman. What a powerful thing we have here. May some day come the time when we can share and live what we have here with the rest of mankind? If we keep working on Love, it will happen, and we all will have contributed. Thank you all for being you and allowing me to touch and be touched by you. You are the greatest family anyone could ever have. Go forth in Peace and let the Love of our Lord reflect through you in all ways. I love all of you. Love, Prayer & Peace,

BEAZ



THE LAST WORD FROM THE EDITOR

*My love will be  
with you always! Leila*

Wow!! What a terrific week! Neither rain nor snow nor chilly weather could dampen the warm, loving spirit that has prevailed throughout this week. May this glow carry you back again next year!

Just as all of you made the week happen, all of you have helped make this notebook a reality! May all who use this book enjoy it as much as we have enjoyed doing it with and for you. It is a book never to be duplicated any other time or place, for it is the record of our week together. I hope it will help recall many happy memories!

"And though I have no gold to give, and only love must  
make amends, my only hope is while I live  
God make me worthy of my friends."

I would like to share my favorite prayer with you!

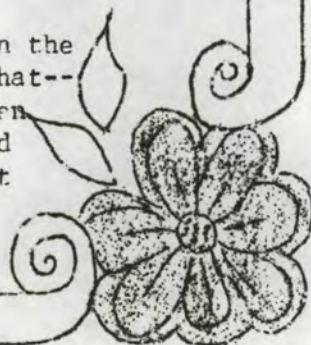
O, Lord grant that each one who has to do with me today may be the happier for it. Let it be given me each hour today what I shall say and grant me the wisdom of a loving heart that I might say the right thing rightly. Help me to enter into the mind of everyone who talks with me and keep me alive to the feelings of each one present.

Give me a quick eye for little kindnesses that I may be ready in doing them and gracious in receiving them. Give me a quick perception of the feelings and needs of others, and make me eager hearted in helping them.

AD FINEM:

Half the joy of life is in little things taken on the run. Let us run if we must—even the sands do that—but let us keep our hearts young and our eyes open that nothing worth our while shall escape us. And everything is worth its while if we only grasp it and its significance.

Victor Cherbuliez



*My love will be  
with you always!  
Lillian*



"Well, that's a terrific week! Neither rain nor snow  
nor chilly weather could dampen the warm, loving spirit that  
has prevailed throughout this week. May this give carry you  
back again next year!"

Just as all of you made the week happen, all of you have helped  
make this notebook a reality! May all who use this book enjoy it as  
much as I have enjoyed it with and for you. A book never  
to be duplicated any other time or place, for it is the record of our  
lives. It will help recall happy memories.

*Inventory for 1975*

- Used 52 reams white*
- 48 reams white*
- 6 reams gold*
- 10 reams salmon (dividers)*
- 40 fasteners*
- 130 fasteners*

*Need Scotch tape  
paper clips  
tacks  
felt pens  
scissors*

Give me a quick eye for little kindnesses that I may be  
ready in doing them and gracious in receiving them.  
Give me a quick perception of the feelings and needs  
of others, and make me ever hasten in helping them.

AD PINNELL:  
Half the joy of life is in little things taken on the  
run. Let us run it as much as we can do that--  
but let us keep our hearts young and our eyes open  
that nothing worth our while shall escape us. And  
everything is worth the while if we only grasp it  
and its significance.  
Victor Chepuruk



## WHERE THE LAB MEETS

The lab meets at the Heyburn State Park Youth Camp on the west side of lower Coeur d'Alene Lake on Chatcolet Lake. (Hence the lab's name of CHATCOLAB.) Between Plummer and St. Maries in northern Idaho, turn north at the sign to Chatcolet.



## WHEN THE LAB MEETS

The lab starts at dinner time on the second Sunday in May. Plan to be in camp by 5:00 p.m. The camp ends at breakfast on the following Sunday.

## PURPOSE

The lab is designed as a stimulating experience for people interested in recreation where they may share ideas with other leaders and gain aid from a resource staff in many areas.

## BACKGROUND

A number of years ago, a small group of people met with a common concern about the training needs of leaders (both volunteer and professional) working with youth and adult organizations. They organized the Northwest Leadership Laboratory. Because the lab met on the shores of the beautiful Lake Chatcolet, it soon became known as CHATCOLAB.

Chatcolab has no sponsoring institution, but is supported solely by those who attend the lab. A board of directors is elected from the lab members by the members. Each director serves a term of three years. It is this board, one-third of which is elected each year, which gives the camp its continuity. The board members serve without pay, and even pay their own lab fees. The number of labbers who return year after year and their willingness to serve as board members is testimony of their belief in the value of CHATCOLAB.

## WHO COMES

Any adult is invited to attend, especially those interested in recreation leadership. The majority of the labbers are volunteer leaders working with 4-H, Campfire Girls, Boy Scouts, Girl Scouts, church groups, granges, and other organizations. Teenagers (16 years old and up) who are recommended in a letter from their sponsoring organization are welcome.

Mailing address:  
Chatcolab, Inc.  
P.O.Box 542  
Moscow, Idaho 83843

CHATCOLAB

**YOU** are invited  
To Join in the Fun With Us



As We Gain —

- ★ Knowledge
- ★ Ideas
- ★ Philosophy
- ★ Skills

While at Chatcolab you  
will share with us by:



Taking part in LEADERSHIP DISCUSSIONS where the solutions to typical camp problems are exchanged and the PHILOSOPHY of recreation leadership is presented both by trained resource staff members and by the labbers themselves.



Sharing IDEAS with other campers. By so doing, your camps at home will be brightened with new ideas brought together from all parts of the country.



Participating in the fun and humor of new games. The parties, games, programs etc. provide a vehicle for a laboratory experience in recreation leadership where new ideas may be tried in an experimental atmosphere.



Learning many leadership SKILLS such as story telling, song leading, party direction, etc. All of this is accomplished by PARTICIPATION in all forms of recreation from nature study to dance, singing, crafts, ceremonies, and MORE!

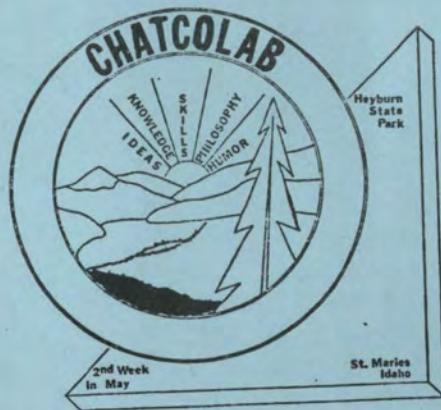


## Cost

The cost of the lab is \$55.00. This covers all your necessary camp expenses and one copy of the lab notebook. The cost of any crafts you may do is not included. To maintain an informal atmosphere, the size of the lab is limited. This also allows the individual to be emphasized more in the program. To assure yourself a place at the lab, you should mail your deposit or full payment by April 25.

## Date

The 1974 Chatcolab starts on May 12 (supper will be served at 6:00 p.m.). The camp ends at breakfast on May 19.



## Thoughts of Chatcolab

"At home we are false people in a real setting. Here we are real people in a false setting."

-College Prof. from Chicago, Ill.

"The people here are the greatest!"

-Campfire Girls leader from Arlington, Wash.

"Some people may wonder what I'm doing here since I'm a teamster, but I just enjoy myself here as I do nowhere else."

-Teamster from Oregon City, Ore.

"Where else can you meet with other leaders and share ideas as you can here?"

- 4-h leader from Moscow, Ida.

"The first two days I was confused and didn't really enjoy the camp, but by the end of the week I was completely sold. I'll be back next year."

-Boy Scout leader from Provo, Ut.

"These kids are the greatest! Almost all of them are really trying to be good leaders, and they are doing it! We adults have to be on the ball to keep up with them."

-Deputy Sheriff from Beaver Creek, Ore.

"I hate to leave. I feel like I'm going to cry."

-Teenager from Great Falls, Mt.

Come

Register

In Our

KOLLEGE

of

KNOWLEDGE



At The  
1974  
Chatcolab

# Registration Form

Name \_\_\_\_\_ Adult \_\_\_\_\_ Teenager \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
Occupation \_\_\_\_\_ Phone Number \_\_\_\_\_

Organization you work with in recreation (if any) \_\_\_\_\_

Special interests or talents (Don't be too modest to tell us about yourself!) \_\_\_\_\_

Full fee enclosed (\$55.00)

Deposit enclosed (\$10.00)

Send to Marjorie M. Grier, N. 1108 Oberlin Road, Spokane, Washington 99206

.....tear here.....tear here.....tear here.....

This schedule will probably never be followed exactly as it is, but is given here only to show the type of activities which may be expected.

The lab does not have a rigid camp schedule, but rather a framework around which the lab is built to meet the needs and wishes of the participants. For this reason no two years have exactly the same experiences. Of course, there are some activities which are retained year after year, but only as long as they are meaningful and enjoyable to those at the lab. This lab is your lab and what happens there is partly determined by YOU.

## Lab Activities

A typical day might be as follows:

Breakfast	-	7:30- 8:30
Group singing	-	8:30- 9:00
Leadership discussion	-	9:00-10:00
Crafts	-	10:00-12:00
Lunch	-	12:00- 1:00
Special features	-	1:00- 2:00
Nature study		
Camp skills		
First aid		
Etc.		
Snack time	-	2:00- 2:30
Recreation leadership	-	2:30- 4:00
Dance leadership	-	4:00- 5:30
Supper	-	6:00- 7:00
Evening activity	-	8:00-10:00
Party		
Campfire		
Night hike		
Etc.		
After party		10:00- ??

## What To Bring

You will find that almost anything is brought to the lab. This ranges from those who bring only the bare necessities to those who bring a trailer load. The following list, then, is given as a guide to the first-time labber.

### BEDDING

A sleeping bag is recommended. You may bring blankets if you prefer, or you may rent bedding at a small additional charge. Be sure to indicate that you wish bedding on your pre-registration if that is your wish.

### Clothing

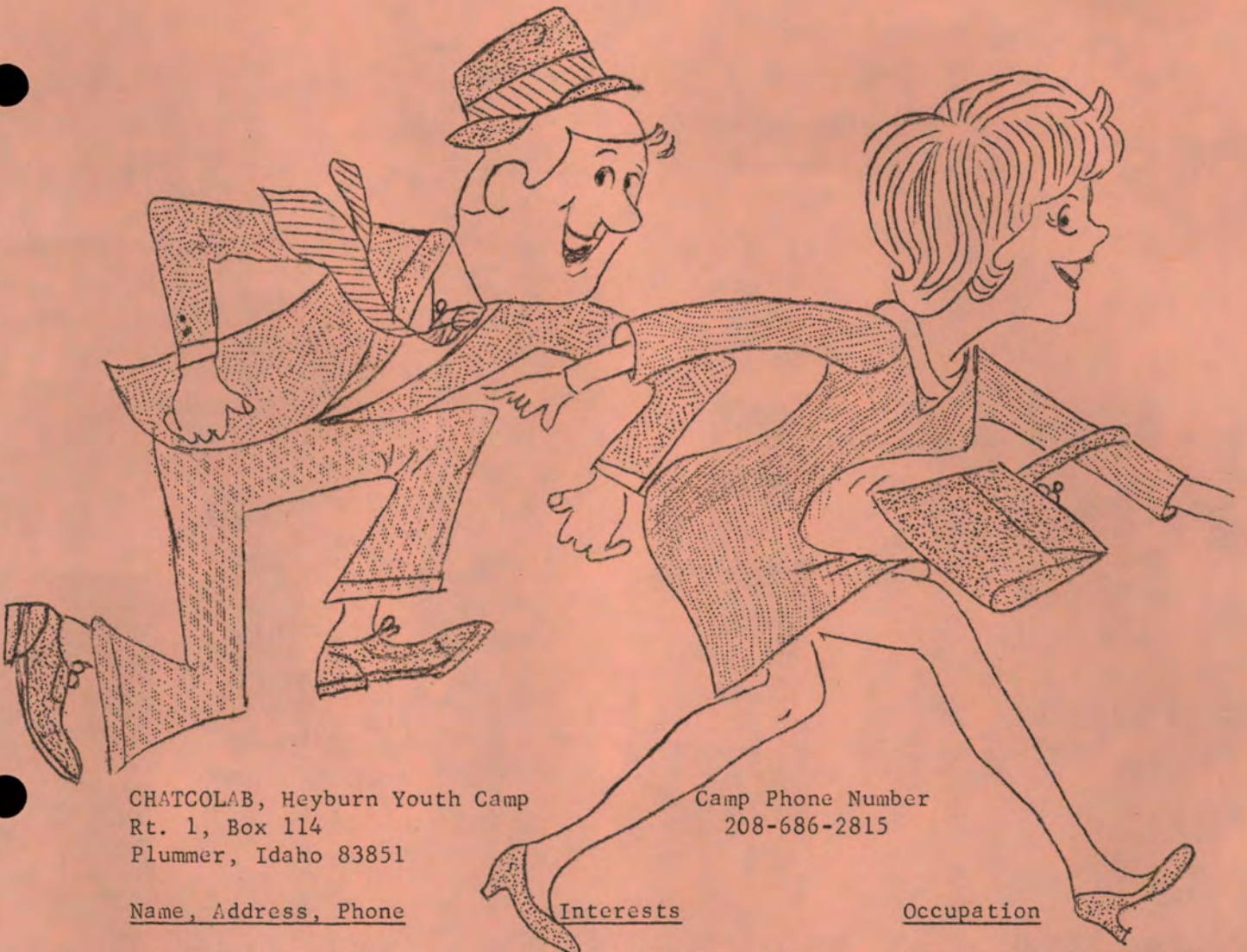
Be sure to bring warm comfortable camp clothing. The nights can be quite cool, so be prepared. You may wish to include camp boots if you have them.

### PERSONAL ARTICLES

You will need a towel, toiletries, etc.

### MISC.

Musical instruments are very welcome in camp. Don't forget your camera (the scenery is beautiful!). If you have a special craft, game, or other talent you would like to share, bring what you will need to show it. Often there is a costume party during the lab. You may wish to come prepared, or you may make your costume in camp as many others do. Don't forget your happiest smile!



CHATCOLAB, Heyburn Youth Camp  
 Rt. 1, Box 114  
 Plummer, Idaho 83851

Camp Phone Number  
 208-686-2815

Name, Address, Phone

Interests

Occupation

Baringer, Jack (2)  
 Box 1489  
 Conrad, Montana 59425  
 406-278-7716

Golf, hunting and  
 something new

County Extension Agent

Baringer, Jean (8)  
 Box 1489  
 Conrad, Montana, 59425  
 406-278-7716

Jayceens, crafts,  
 Child development  
 Chat.

Homemaker, wife,  
 mother

Baritell, Jackie (1)  
 1050 Scotts Lane  
 Walnut Creek, CA 94596  
 415-935-5245

Writing, education,  
 kids, hiking, cooking  
 sharing, giving,  
 learning from others

Searching

Beasley, Chris (3)  
 6231 22nd N.E.  
 Seattle, WA 98115  
 206-523-1876

Children and all  
 people

Caring

Beasley, Jim (12)  
 14515 S. Clackamus River Dr.  
 Oregon City, OR 97045  
 503-656-5027

Church, golf

Teamster

<u>Name, Address, Phone</u>	<u>Interests</u>	<u>Occupation</u>
Beasley, Robert (Beaz) (4) 6231 22nd N.E. Seattle, WA 98115 206-523-1876 (home) 206-524-8660 (office-24 hrs.)	People, loving caring & sharing umpire	Real Estate salesman
Bell, Maurine (5) 1457 Alpowa Moscow, ID 83843 208-882-5929	Skiing, reading people & honky tonk piano playing, dancing A.F.S. Co-Chairman	Housewife & secretary
Bishop, Trudie (1) Box 2447 Great Falls, MT 59403 406-452-6406 (office) 406-452-6267 (home)	Singing, guitar, folk dancing	Director of Education Montana Farmers Union
Bowling, John I. Star Route Hale Center TX 79041 879-2281	4-H Clubs	Board of Texas 4-H Development Board
Boots, Barbara (1) 550 Pataha Street Pomeroy, WA 99347 843-1146	Campfire Girls	
Bradford, Greta (1) 405 South Tracy Bozeman, MT 59715 406-586-6342	Piano, guitar, people	Student, 4-H Club Work with retarded
Bradley, Margaret (2) 9929 14th Avenue S #E-1 Seattle, WA 98108 762-6083	Arts & crafts, knitting indoor gardening, the Great Outdoors people, music	Social worker Probation Officer N.W. Alpine Guide Service
Bradley, Meg (2) 9929 14th Ave. South #E-1 Seattle, WA 98108 503-762-6083	Arts & crafts, outdoors, animals (people & other), books, cooking talking, listening, cribbage, plants, Chat	Student, Guide for N.W. Alpine Service
Burlison, Dorothy (1) 704 North Lincoln Moscow, ID 83843 208-882-3891	Bridge, Math. Crocheting	Housewife
Burlison, Vernon (21) 704 North Lincoln Moscow, ID 83843 208-882-3891 (home) 208-885-6356 (office)	Camping, nature back-packing, people	Extension Forester
Carpenter, Ruby ( ) Livingston, MT. 59047 Box 174 406-222-1068	rock, youth work, plastic crafts, camping, hiking	Labor

<u>Name, Address, Phone</u>	<u>Interests</u>	<u>Occupation</u>
Christiansen, Steve (1) 3230 9th Ave South Great Falls, MT 59401 406-452-4616	Crafts, singing rap sessions	Cook
Clayton, Don (24) 359 Oakwood Street Park Forest, IL 60466 312-747-2249 (home) 312-964-3100 (office)	People, singing, camping, travel	Teacher
Corlett, Cy (3) 4930 9th Ave. South Great Falls, MT 59405 406-454-3507 (home) 406-761-6700 Ext. 301 (office)	People, music outdoors	County Extension Agent
Davis, Pat (1) 18 Smelter Hill Great Falls, MT 59401	Skiing, people, guitar	
Dobler, Norma 1401 Alpowa St. Moscow, ID 83843 208-882-3318	Hiking, sewing, grandchildren	Secretary, State Legislator
DuBois, Marianne (2) Sierra Madre 30N, CPSU San Luis Obispo, CA 93407 805-546-4453 Summer months: c/o James Martin 9/15/74: 190 California Ave. #205 San Luis Obispo, CA 93401	Guitar, poetry, people backpacking, sewing gardening, outdoors, jelly beans, sports	Cal. Poly Rec. Dept. ...Major
Eve, Kay (2) 1620 5th Ave., North Great Falls, MT 59401 406-453-0422	Camping, hiking, water skiing, outdoors	Student
Eve, Karen (1) 1620 5th Ave., North Great Falls, MT 59401 406-453-0422	Music, guitars, singing, people, animals, outdoors, camping, hiking, sports, bike riding, motorcycle riding, traveling, sewing, etc.	<u>Student</u>
Eve, Lonnie (1) 1620 5th Ave. North Great Falls, MT 59401 406-453-0422	4-H Leader 4-H, my family, sewing, camping	Housewife
Elm, Bruce (7) 635 West 980 North Provo, UT 84601 801-373-3760	Canoeing, hiking, bird study, motor- cycling, dancing	Computer Processing

<u>Name, Address, Phone</u>	<u>Interests</u>	<u>Occupation</u>
Fern, Karen (1) 15515 S.E. Wallace Rd. Milwaukie, OR 97222 503-654-6218	people, camping, skiing, partying, music, hiking, boys 4-H	Student
Finnigan, Joyce (2) 15714 10th Street South Seattle, WA 98148 246-7049	People, backpacking horses, guitar	Revenue Office
Fox, Ethyl (6) 10625 S.E. 362nd B-27 Boring, OR 97009 503-663-5150	camping, hiking, reading, 4-H, Girl Scouts, grandchildren	Housewife
Fox, Karen (1) 1121 Key Street (school) Bellingham, WA 98225 206-734-3653 2829 Parkview Dr., (home) Longview, WA 98632 206-423-3781	Swimming, camping, learning, cooking kids, friends, being alive	Student Western Wash. St. College (future professional recreationist)
Foy, Lynne (2) 1235 N.E. 153rd Ave Portland, OR. 97230 503-256-4664	Backpacking, counseling survival instructor, people, animals	Student
Foy, Peggie (1) 1235 N.E. 153rd Ave. Portland, OR 97230 503-256-4664	Arts & crafts, pottery photography, survival backpacking, macrame woodcarving, insects, bicycling, singing, wildlife	Backpacking Instruc- tor, writer, photographer
Grier, James (4) N. 1108 Oberlin Rd. Spokane, WA 99206 509-926-8395	Trailering, fishing hiking, rockhound	Retired
Grier, Marjorie (25) N. 1108 Oberlin Rd. Spokane, WA 99206 509-926-8395	Travel, rockhound hiking, crafts	Housewife
Harmon, Big Al (2) 3867 Meadowlawn Loop S.E. #5 Salem, OR 97301 503-399-0933	Music, kids, outdoors	Teacher
Havelhurst, Terri "Fred" (1) 14316 S.E. Upper Aldercrest Dr. Milwaukie, OR 97222 503-659-9537	singing, horses, people	College Student
Headrick, Dick (2) Route 1, Box 352 Beavercreek OR 97004 503-632-3188	Backpacking, ham radio fishing, hiking	Student

<u>Name, Address, Phone</u>	<u>Interests</u>	<u>Occupation</u>
Hooker, Julie (2) 136 14th Ave., South Great Falls, MT 59401 406-761-0659	Music, art, people	McDonalds Student
Hungerford, John T. (3) 16333 S.E. Dagmar Milwaukie, OR 97222 503-654-5810	Track, 4-H, money reading	Student
Hungerford, Nancy (1) 16333 S.E. Dagmar Milwaukie, OR 97222 503-654-5810	Arts & crafts	Student
Jacobs, Dean (1) Eden Route Great Falls, MT 59401 406-736-5522	Riding horses, ranch work	Student
Jones, Debbie (1) Route 2 Ledger, MT 59456 406-627-3440	Sewing, cooking 4-H	Student
Khammoungkhoun, Boonpheng J. 110 N. Polk St. Moscow, ID 83843 208-882-5460	karate, stamps judo, boxing, music 6 languages	Student
Kraus, Theresa (1) 11600 S.E. Stanley Milwaukie, OR 97222 503-654-7167	Music, sports, 4-H people	Student
Lovel, Debby (4) Route 1, Box 145 Troy, ID 83871 208-835-4192	Music, dancing, horses	Legal Secretary
Low, Howie (4) Rt. 2, South, Box 869 Great Falls, MT 59401 406-454-1282	Rodeo, cycling, music leather craft	Student
Low, Rick Rt. 2, South, Box 869 Great Falls, MT 59401 406-454-1282	Rodeo, horsebacking, girls (in that order)	Student
Luru, Tony (3) 509 22nd Ave., N.E. Great Falls, MT 59401 406-453-2881	Drama, motor cycles Forestry	Student
Martin, James (2) 7502 East Evans Road Rogue River, OR 97537 503-582-3610	Young people, camping teaching outdoor ed.	Rancher & bus driver

<u>Name, Address, Phone</u>	<u>Interests</u>	<u>Occupation</u>
MacRae, Diana (8) c/o Terry MacRae #1 Captain Dr. 355 Emeryville, CA Meagher, Kelly (1) 1627 Nord Ave. Chico, CA 95926 916-342-3100	Teaching crafts with meanings, religions	Traveler
Midkiff, Sharon (1) 16 18th Street S.W. Great Falls, MT 59401 406-452-4030	Sewing, outdoor sports swimming, reading, people	Student
Mossey, Carla (1) Hilger, MT 59451 406-538-3135	Sports, horses, 4-H	Student
O'Brien, Donna (1) 2317 W. North View Oak Harbor, WA 98277 206-675-6790	Camp Fire	Housewife/ Maid/ Volunteer
Parent, Dennis (1) 1001 East 61st St. Tacoma, WA 98404 206-474-6407	Backpacking, wood carving music, snowshoeing, social work in recreation	Counselor, Student
Pyfer, Randy (1) Box 921 Three Forks, MT 59752 406-285-6706	4-H	Student
Richardson, Daphne (2) *18 1820 Mollalla Ave. Oregon City, OR 97045 503-655-0505	Bugle, guitar, sharing smiles, singing backpacking, song writing	College student
Rollins, Lisa (1) 19325 S.E. Kay Street Milwaukie, OR 97222 503-656-7753 (mine) 503-656-3669 (parents)	People, 4-H, music partying & enjoying life boys	Student
Rovetto, Elaine (14) 2504 Butterfield Road Yakima, WA 98901 509-453-2339	Travel, people customs	wife & mother
Schuld, Betty (2) 5603 S.E. Aldercrest Rd. Milwaukie, OR 97222 503-654-3608	4-H, people, outdoor activities	wife & mother
Schwartz, Nancy (3) 5720 Harlene Dr. Milwaukie, OR 97222 503-654-7593	People, 4-H school staff, wrestling, etc.	Wife, mother, nurse



Name, Address, Phone

Interests

Occupation

Schwartz, Philip (2)  
5720 Harlene Dr.  
Milwaukie, OR 97222  
503-654-7593  
Air Force Academy (after June 30)  
Colorado Springs, Colorado

wrestling, math, girls

Student  
Air Cadet

Schwartz, Richard (1)  
5720 Harlene Dr.  
Milwaukie, OR 97222  
503-654-7593

fishing hunting

Father, husband  
Inspector general,  
Safety engineer

Schwartz, Steve (1)  
5720 Harlene Dr.  
Milwaukie, OR 97222  
503-654-7593

People, loving,  
outdoors, sports

Student

Smith, Joann (7)  
Rt. 4, West Riverside  
Missoula, MT 59801  
406-258-6226

Rafting, cooking, people  
nature study

Sell life insurance

Stark, Mary (1)  
40139 N 90th St. W  
Leona Valley, CA 93550  
805-947-4029

Redwood Lab  
Recreation, weaving  
sewing

Student  
Camp Counselor

Steckelberg, Leila (22)  
Rt. #5, Box 452  
Arlington, WA 98223  
206-435-3075  
206-733-5710 (office)  
(Summer address - June 23 to August 12)  
Camp Kirby  
288 Samish Point Road  
Bow, WA 98232  
206-766-3616

Family, people, folk &  
square dancing, crafts,  
rockhounding, camping,  
4-H, Scouts, Camp Fire  
Girls

District Director  
Camp Kirby Director  
Samish Council of  
Camp Fire Girls &  
Home Ec. Teacher  
Everett Comm. Coll.

Stephens, Clarence (8)  
204 28th St. N.  
Great Falls, MT 59401  
406-452-1427

People, wood working  
old cars

Dentist

Stephens, LaRele (Doc) (19)  
~~S. 2810 Pittsburg~~ *So. 4221 Ivory*  
Spokane, WA 99203  
509-624-3453

People, Chat, Rocks

Physician

Stephens, Renee (2)  
925 North Modoc  
Medford, OR 97501  
503-773-1555

Outdoors, people

Student

Stephens, Velma (7)  
S. 2810 Pittsburg  
Spokane, WA 99203  
509-624-3453

All people,  
Environmental Improvement

Homemaker

Name, Address, Phone

Interests

Occupation

Townsend, Robert (L)  
Rt. 3, Box 1030  
Gresham, OR 97030  
503-665-5876

Hunting

Truck driver

Townsend, Genie (13)  
Rt. 3, Box 1030  
Gresham, OR 97030  
503-665-5876

Wild flowers  
hunting, 4-H

Housewife

Thomason, Dottie (1)  
4215 B Cedar St. N.W.  
Tacoma, WA 98439  
206-588-7908

Backpacking, outdoors  
youth, sewing

B.S.A. Training  
Wife, Mother  
Camp Fir Girls  
Resident Camp  
Director, Cub Scout  
Roundtable Comm.

Wait, Barbara (1)  
634 Addison Avenue W. (office)  
Twin Falls, ID 88301  
208-733-6214  
1196 Juniper St. North(home)  
Twin Falls, ID 83301  
208-734-5296

Backpacking, people  
explore new ideas

Executive Director  
Camp Fire Girls

Wales, Dwight (16)  
Rt. 4, Box 286  
Arlington, WA 98223  
206-435-3865

Chat, 4-H  
Camp Fire

Retired  
girl caller

Watts, Dennis (1/2)  
1423 Jackson  
Walla Walla, WA 99362  
509-529-1635

Hiking, bird watching

Social Therapy  
Program, WA  
State Penitentiary

Watts, Sonya (2)  
1423 Jackson  
Walla Walla, WA 99362

People, nature &  
Indian lore, bird  
warching, philosophy  
Hatha Yoga

Professional  
volunteer, Camp  
Fire Girls  
Social therapy,  
WA State Pen.

Wells, Florence (1)  
Rt. 4, Box 44  
Hoquiam, WA 98550  
-532-2287

Camping, backpacking  
teen-agers

Mother-wife

Whalen, Peggy (2)  
2601 3rd Ave., N.  
Great Falls, MT 59401

nature, hiking  
people, sunshine & life

Student

White, Stewart (3)  
12805 S.E. 172nd  
Boring, OR 97009

Anything, everything,  
anyone, the world and you

Student

Wilson, Nell (2)  
Rt. 3, Box 261  
Melalla OR 97038  
503-651-2247

Hiking, swimming  
Chat people

Student

Name, Address and Phone

Interests

Occupation

Yeoman, Sue (2)  
6500 Hiway 66  
Ashland, OR 97520  
503-482-3606

People, 4-H, hiking  
life

Student  
nurse-aide

87

LATE COMERS:

Cheryl Roche and Audrey Ingalli People  
4110 SW Raymond  
Seattle, WA 98136

Betsy and Fred Jozovich  
Box 187  
Wise River, MT 59762

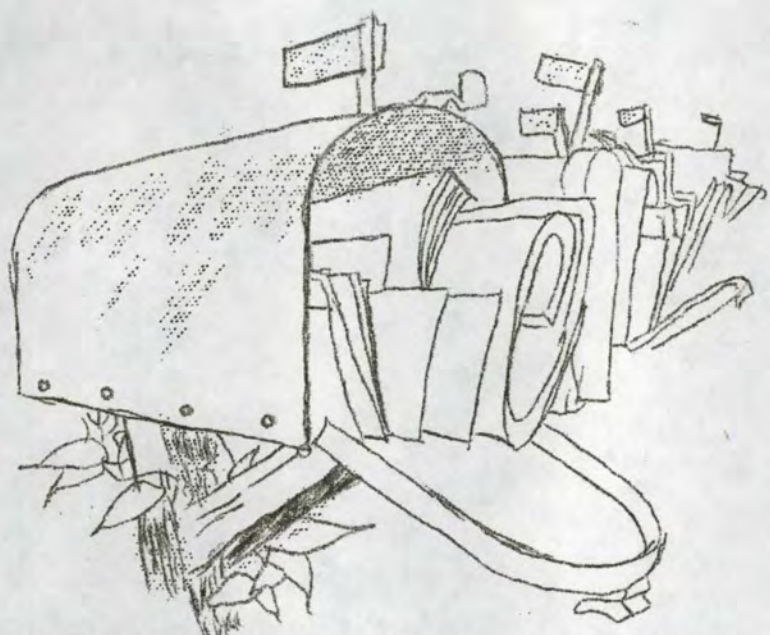
Rob Fischer  
2800 Jefferson Way  
Corvallis, OR 97330

Flying, Water-skiing, 4-H Student

John Beasley  
14515 S. Clackamus River Dr.  
Oregon City, OR 97045

Student

TO ALL OUR LABBERS  
WHO COULD NOT JOIN  
US AT CHAT THIS YEAR:



Picture a circle, or, if you wish, a globe; but do not see a static figure, for the circle of which I speak grows internally. The circle grows internally, and its contents never spill for the perimeter is constant and cannot be broken. This is a special circle filled with friendships, friendships old and new, the love that is Chat.

May you know that your absence and distance are only physical measurements and that as we

embrace each other at Chat this year, so we are including you and embracing you in all our growing and loving. A circle is a unity and in this unity our thoughts and our hearts can never be parted. We love you.

Mark Patterson  
1745 Proctor Dr.  
Santa Rosa, CA 95404  
707-545-8974

Billie Marie Studer  
5512 Confield Pl. N.  
Seattle, WA 98103  
206-ME2-6106  
206-442-4579 (office)

Little Bill Hedrick  
Rt. 1, Box 352  
Beavercreek, OR  
503-632-3188

Betsy Jozovich  
ABox 187  
Wise River, MT59762  
406-839-2138

Patty Barnum & Sue Harman  
Adventures Unlimited Camps (summer)  
Buena Vista, Colorado  
3633 Hacienda Dr. (winter)  
Santa Rosa, CA 95405  
707-542-1303

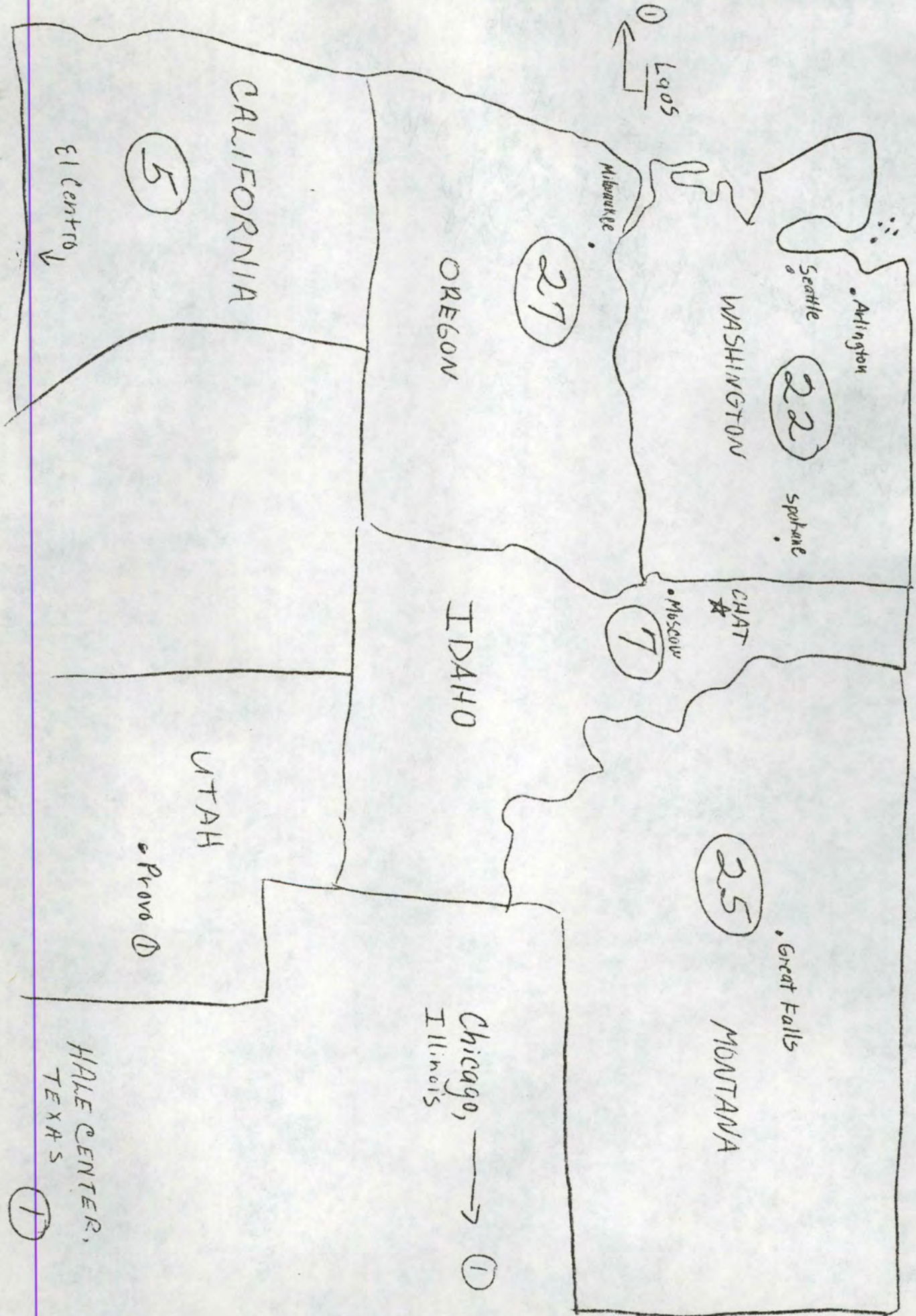
Larry & Kathy Yee  
#2 Lyle Way  
Santa Cruz, CA 95060

Helen Moore  
P.O. Box 731  
Soap Lake, WA 98851

"Kathy and I both send our love and hope for a truly glorious lab. Please, if possible, save a copy of the notebook for us. We will be with you in spirit!  
HAVE FUN, GANG !!!!!!!

Mary Fran (Bunning)  
Mrs. Kenneth Ingvolstad  
Decorah, Iowa

Geneva (Paroz)  
Mrs. Cy Davis  
No. 325 Larry  
Pullman, WA 99163  
509-332-7125



CENTRO  
↑

CALIFORNIA

(5)

OREGON

(27)

WASHINGTON

(22)

Milwaukee

Laos  
↑

Arlington  
Seattle  
Spokane

IDAHO

(7)  
Moscow  
CHAT

UTAH

Provo (1)

(25)

Great Falls

MONTANA

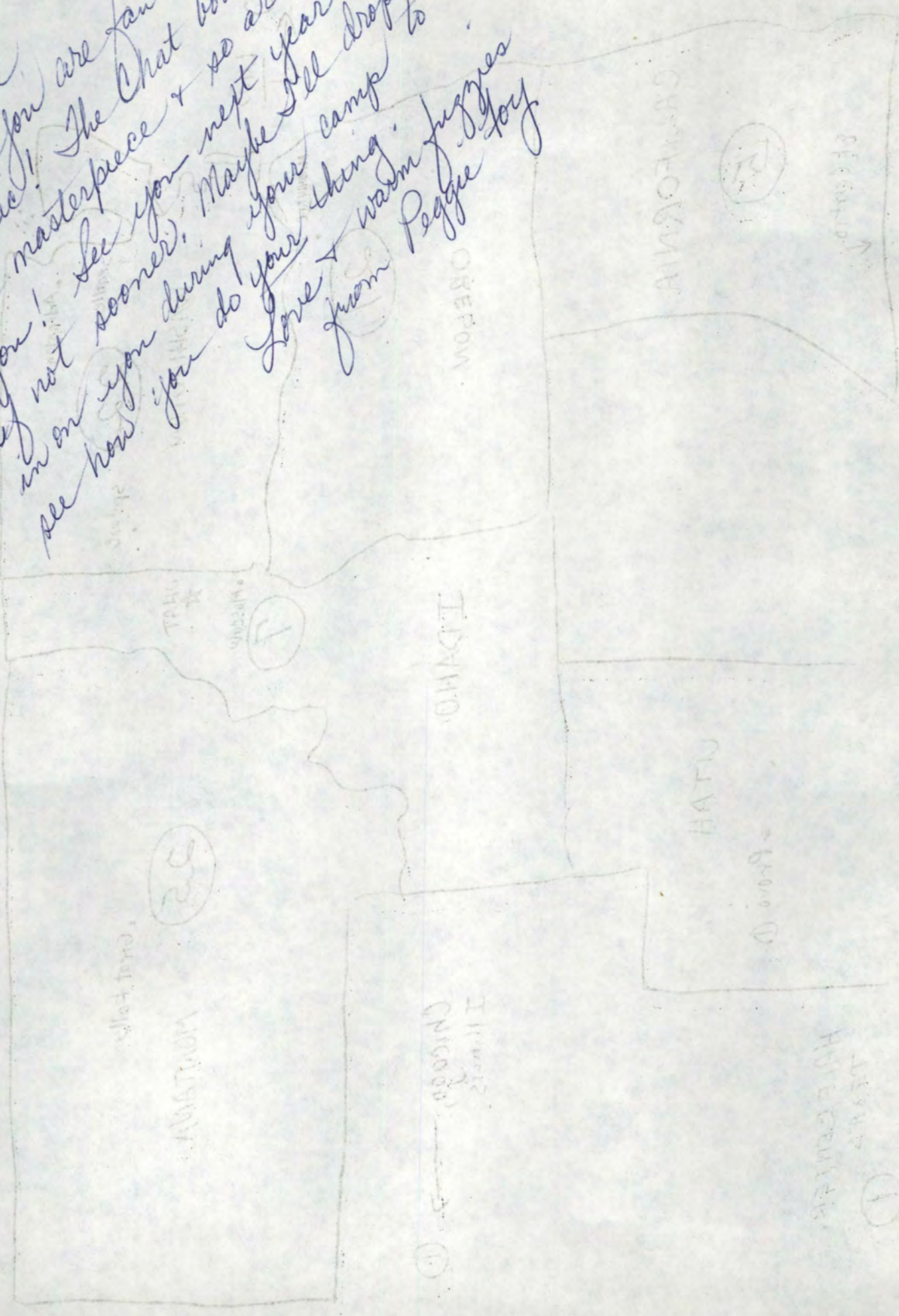
Chicago, Illinois

(1)

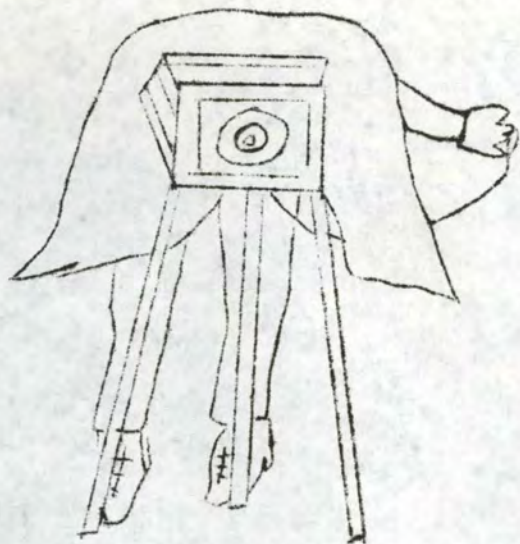
HALE CENTER, TEXAS

(1)

Seela  
 You are fan-  
 tactic!! The Chat book  
 is a masterpiece & so are  
 you! See you next year  
 if not sooner. Maybe I'll drop  
 in on you during your camp to  
 see how you do your thing.  
 Love & warm fuzzies  
 from Peggie Joy



HOTEL CENTER  
 1



Look Who's  
Here!!

FRONT ROW

Carla Mossey  
Karen Fern  
Karen Fox  
Beaz Beasley  
Chris Beasley  
Leila Steckelberg  
Dick Headrick  
Lisa Pollins  
Lonnie Eve  
Jim Beasley  
Nancy Hungerford  
Betty Schuld

SECOND ROW

Dick Schwartz  
Peggie Poy  
Kay Eve  
Sharon Midkiff  
Karen Eve  
Bruce H. Elm  
Donald W. Clayton  
Maurine Bell  
John I. Bowling  
Jim E. Grier  
Marjorie M. Grier  
Jackie Baritell  
Kelly Meagher  
Dottie Thomasson  
Genie Townsend  
Ruby Carpenter

THIRD ROW

Scoter Finnegan  
Diana MacRae  
Joan Smith  
Cy Corlett  
Debbie Jones  
Donna O'Brien  
Renee Stephens  
James Martin  
Sue Yeoman  
Clarence Stephens  
Jack Baringer  
Jean Baringer  
Flaine Poyetto  
Florence Wells  
Barbara Wait  
Mary Stark  
Marianne DuBois  
Bob Townsend  
Ethyl Fox

FOURTH ROW

Phillip Schwartz  
Nell Wilson  
Trudi Bishop  
Lynne Poy  
John Hungerford  
Theresa Kraus  
Vernon Burlison  
Dorothy Burlison  
Sonya Watts  
Greta Bradford  
Dennis Parent  
Meg Bradley  
Dwight Vales  
Margaret Bradley

FIFTH ROW

Pandy (Tank) Lyfer  
Pick Low  
Dean Jacobs  
Big Al Harmon  
Daphne A. Richardson  
Debby Lovel  
Howie Low  
Boonpheng J. Phammoungkhoun  
Stew White  
Barb Boots  
Terri Havelhurst  
Peggy Whalen  
Steve Christiansen  
Nancy Schwartz  
Tony Luru  
Pat Davis  
Julie Hooker & Steve Schwartz







fraternities

## MOR-E-IDA-WAS

We are the MOR-E-IDA-WAS or just plain Group #2. MOR-E-IDA-WAS is the Indian word for "To talk abundantly, rapidly and with unbelievable stamina" and that is what this group mainly does. After all, isn't that what Chat's all about? Learning from each other. We have very interesting discussions in which rather surprising, if not obscene things, come up.

The MOR-E-IDA-WAS did the table fun for Monday's dinner in which everyone spoonfed the person to their right. This proved with startling quickness that not many people are adept with a spoon when Stew bird got a peach stuck in his beard.

We also plan to spend one night together in which we will talk ourselves to sleep. It is theorized that this will give us time to relate to or learn from each other.

These are the accurate accounts of our Family group's history --

Scooter, Stewart, and Lynne met at a large well to pick apples and take a bath, but they decided to eat the worms so they all lived together.

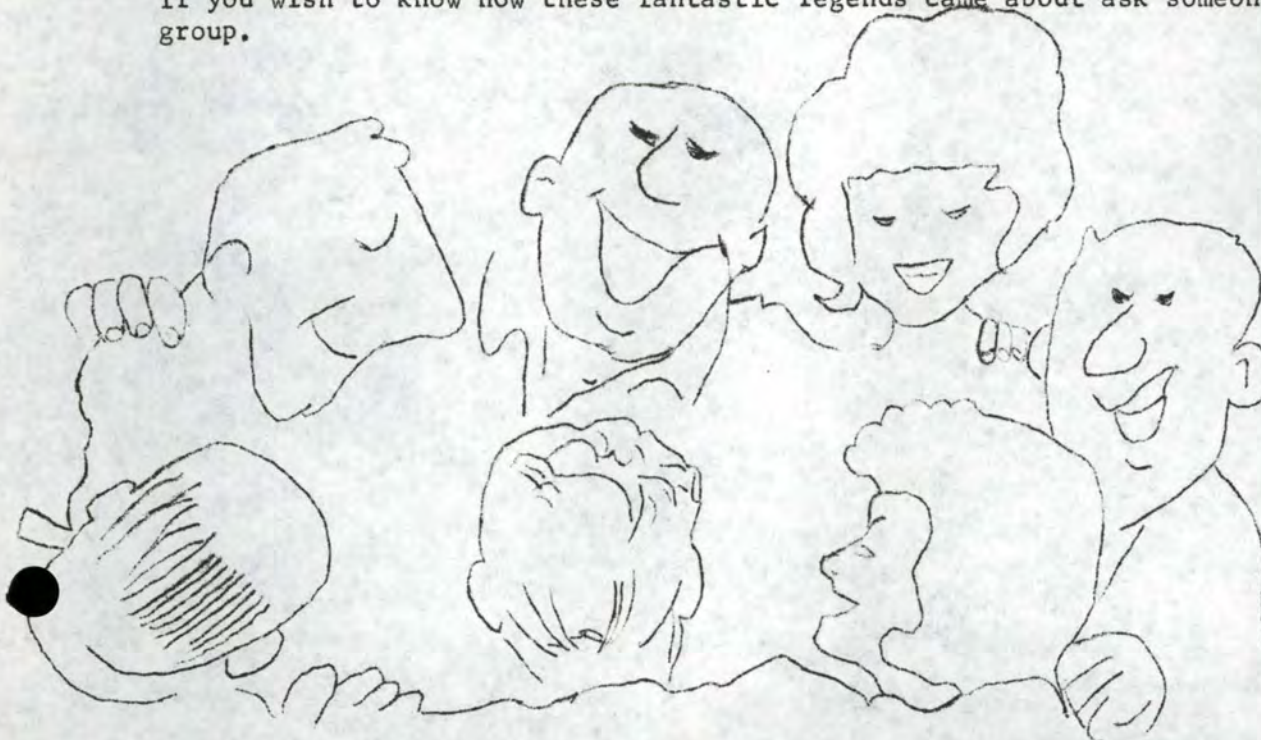
Greta, Scooter and Leila met at the Austrian Alps to try on a girdle, but they decided to go fishing instead. So, they burnt their socks in the nearby bonfire which was blazing higher and hotter every minute.

Nancy, Leila and Barbara met at Twin Forks Junction to get some sleep, but they decided to go skinny dipping, so they got arrested.

Elaine, Pat and Jack met at the Olympia Brewery to practice mountain climbing. But they decided to do some smiling, so they went through the looking glass.

Steve, Barbara and Lynne met at a house for singles only to drink, but they decided to try streaking instead. So, they went dancing.

If you wish to know how these fantastic legends came about ask someone in our group.



# SIGNA PHI NOTHINGS

Compounds of hydrogen and oxygen combined in the ratio of 2 to 1 flowing with profundity tends to do so with no visible signs of translocation. (For those not of our fratority, in plebian terms -- "Still water runs deep.")

To pledge the Signa Phi Nothings, the members had to streak the Chatcolab Nudist Colony COMPLETELY dressed, overcoats and all.

Spontaneous combustion took place when we first met. Ignited by firey spirits and warm smiles, the Fratority managed to stay in hot water all week, proving to be a great boon (Boon???) to ecology...Save water, shower with the Signa Phi Nothing Fratority.

The group became very close in this time and we began to consider all other just as if we were all a very close and loving family. We all put some various thoughts about the other members in the group and would like to share those with you:

BRUCE ELM -- Here is the entire Utah delegation and our intrepid dance instructor. A "Brain Stormer" par excellence who can think of anything under the sun and always makes it beautiful! He is a great asset to our Fratority and we love him lots!! As one of our members put it, "This man had everything going for him; he has more talents than President Nixon."

FLORENCE WELLS -- A Hoquiem, Washington mother of five, and here for her second year, she is our "top fig" for getting acquainted games. She is a true Labber as she is always willing to share and share. Beautiful smile, personality, and all in all a great person. Her ideas are good and she's the kind we need here every year. You can't help but love her because she is so neat.

RICK LOW -- He's OUR tall radish in a cowboy hat. One of the members said that Rick could easily pass as a skyscraper or a sidewalk because he is so tall and skinny. He is a favorite of ours and he always has a smile and a story to tell. He is always ready to help with that big warm smile of his. One of the Oregon members said, "Ricky - you sure belong in your Oregon family. We love you!!" I think that says it for all of us.

KAREN EVE -- Days would not be as sunny without our Karen Eve and her "Zip, Zap, Zoom." She always has a big, warm smile on her face and although she's rather shy at first, she is a joy to all. As one member put it, "Karen is the type of person you can only visualize, and until you meet her you can never know there is a person like this." We all love her and she is a GREAT hugger!!

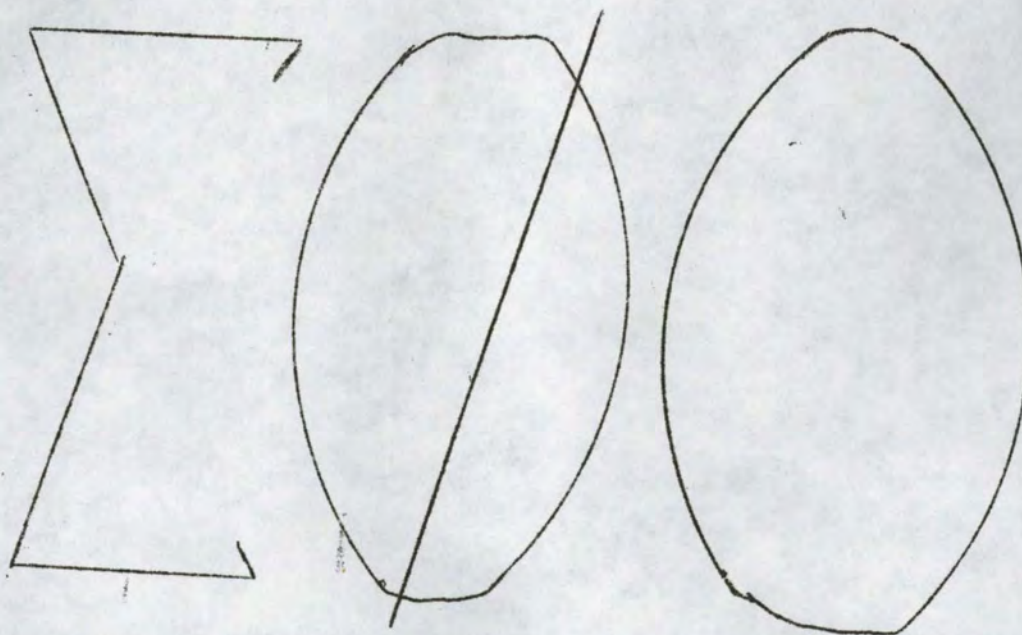
TRUDI BISHOP -- Trudi is truly on the ball every minute. With her, there's always time to get acquainted. A real neat person with a great personality and a beautiful smile. Someone said, "A fanastic brain stormer - great gal - a gal with a smile that would melt even the coldest heart."

DOC ROC -- Our Chatcolabber Supreme! Our Spokane doctor and rockhound whose example can keep everyone young. He could not spend the entire week with us because of work, but he is still one of Chat favorites. One said, he is her "favorite secret pal of years gone by."

TERRI HAVELHURST -- Better known as "Fred Freckles" or simply "Fred". She is a lot of fun, has a ready smile, a sense of humor, and willing hands to work. She has a lot of what makes the world go round, and is one of the sweetest people. "She is like my daughter - more precious than gold and jewels - more lovely than the sunrise. I love her."

DICK HEADRICK -- Ole Deadeye (as he is called in Oregon) is an exuberant participant in our fraternity. He is the best grub slinger we know and Chat would not be the same without him. He's a super neat guy who we all think of as part of the family. One member described him this way, "He put the zing in everyone's life here." We all agree.

NANCY SCHWARTZ -- Our own "Nurse Nancy" (whose job, an IV nurse, is in vein -- your vein, my vein) who always has a warm smile, shoulder to cry on, or gives a needed back rub. She is everyone's "Mom", and just makes you feel super good and always loved. She loves Chat and shows it and especially loves the people of Chatcolab. One explained his/her feelings for Nancy as her being the "most genuinely warm person I've known."



## THE WELL WISHERS



Dennis Parent  
 Margaret Bradley  
 Randy "Tank" Pyfer  
 Debby Lovel  
 Karen Fox  
 Ruby Carpenter  
 Peggy Whalen  
 Big Al Harmon  
 Boonpheng J.  
 Khammoungkhoun

B "Love is like a magic penny, if you hold it tight, you  
 won't have any. Lend it, spend it, you'll have so many, they'll  
 roll all over the floor."

Upon tossing your penny in the Chatcolab well, we hope all your wishes come true, and here we'd like to share some of our wishes, with you.

My wish is for all of us to apply the freedom and happiness we found at Chatcolab to our everyday experiences. (Dennis)

My wish for everyone is that the sharing, caring and love experienced at Chat may continue throughout each lifetime so that many other lives may be likewise enriched. (Margaret)

I wish and pray that the priceless experiences we have gained this week can be conveyed to our people at home and in our communities so they too can be exposed to the ideas and ways of Chatcolab. (Debby)

I wish the Love that is shown at Chat could be shown around the world. (Tank)

I wish you the joy of a hundred bubbles and the time to see and share them. (Karen)

I wish you sunshine and happiness, laughter and love, and the spirit of CHAT forever. (Peggy)

My wish is that all the love you have shared with me this week will be taken home and shared there. The world will be by far a better place because of the Love that you give to others. Never be afraid to say, "I love you."  
 (I love you! Big Al)

IN OUR BUSY WORLD SPECIAL FRIENDS THERE ARE FEW

By: Boonpheng Jaraslangsiehol Khammoungkhoun

(AFSer from LAOS)

NOBODY CAN LIVE WITHOUT LOVE, FRIENDSHIP, AND PEACE.

We the people of the World would not let the World War III happen on our Earth anymore. We want to have peace around the World. The EAST and WEST will keep friendship and Peace forever.

I was born in Houa Phan Province North part of LAOS. In my family there are ten people; two younger sisters, one older sister and two younger brothers and one older brother. My father and two older brothers were killed by Communist soldiers in Lao Government Army. When I was twelve and ten months of age I had served in Lao Government Army until on September 16, 1968, I got wounded and resigned from the Army.

My hobbies are: collecting stamps, boxing, karate, judo, reading, soccer, and playing Lao musical instrument (Kane). I'm interested in science (physics and chemistry), political government, and law. I am planning to be involved in politics and laws. I like to have friends, and I like to keep promises with people.

This year is my wonderful year in the United States which I have never had before. I am so interested in American people, American society, customs, government and education. The people of the United States are so kindly, and friendly to me. I can say the country with **prosperity** and greatness is the United States; the people with sweetness and generosity are American people.

This week I really have obtained good knowledge, ideas, philosophy, and skills from Chat. The **ideas** and experiences which I have gotten will be **worthwhile** properties for my life and my future. When I go back to Laos, I will share the experiences which I get from the United States with my country people. And would like to thank God for helping us to have wonderful times and I **really** appreciate all the Chat people. I hope I'll come to Chat someday in the future.



LOVE CHAT!

LAO  
KAN

PEACE

BOON

SHIP

A  
S

F  
I  
S  
H

Hand-drawn musical notes and symbols on the left side of the tree's base.

Hand-drawn musical notes and symbols on the right side of the tree's base.

The MDOG Family

Just a little story about our "family tree" - the MDOG's, which means the "Most DisOrganized Group". However, we are having lots of fun trying to get organized. So, today we'll have fun, tomorrow we'll get organized. Our greatest accomplishment of the week was organizing the trip to the nursing home in Ceour d'Laine. For the academy awards we did our version of "Hi-NOON". Quite different than Gary Copper's version, but we did very well considering. Our party was Chatlag 26, signifying the 26th year of Chat, and the great opportunity there is for escaping from one's own inhibitions. All these things were thought of like about an hour before we were supposed to be there, but turned out great anyway. We couldn't even decide on the name of our family until almost the end of Chat. We laughed and philosiphized and just got to know each other real well, and get to be real good friends.

Our family tree consists of:

- "Good Grief" Phil Schwartz - an amazing all-around person. He's been appointed to the U.S. Air Force Academy, so, girls, he's unavailable for marriage for four years.
  - "Bad, Bad, Navy Blue Bart" Bob Beazley - He's a little league umpire, plays golf, and pretty hair and a sweet but kookie wife.
  - "Loco-motive" Peg Foy - Born on the wrong side of the tracks, likes to holler "Train!" and join everyone running down to the train tracks to wave at the train. She loves back-packing...survival instructor ...works with the YWCA and 4-H
  - Prudence Pureheart" Betty Schuld - she loves everything - jack of all trades and master of nothing, has three children, chicken, 3 dogs, a cat, a horse and a garden (The horse really belongs to her youngest daughter).
  - "Benny Goodbuddy" Dwight Wales - a retired hog caller. Loves Chat, and has been coming back for 16 years. Jim Martin presented him with the "Coyote Award" for his many years of service to Chat.
  - "Sharing Sharon" Sharon Midkiff - she gets to go to Washington D.C. this summer for a Citizenship short course through the 4-H organization. She loves rummage sales and digging around for junk.
  - "Lovable Lonnie" Lonnie Eve - who must be loving, because she is the mother of 5 girls and 2 boys, and they are her amin interest. Also active in 4-H
  - "Red" Kelly Meagher Was sick the night of the big show and ended up with no name but we love her anyway. She likes to hug everybody. She has a German Shephard and a Bassett Hound, and is single and unattached, but does not want to be a housewife for 10 years or more.
  - "Slimy Slim" Carla Mossey - she loves sports, horses, cows, dogs, etc, etc,.....
  - Tiny the Terrible" - Theresa Kraus. Loves the outdoors, and wants to organize her own camp for kids who never get a chance to enjoy the outdoors like she does. Says she won't live long enough to learn all the things she wants to.
  - "Meg )"Lodian" - Megan Bradley - she won the distinguished "Dishpan Hand" award. Likes doing dishes, I guess. She did a lot of them at Chat this year. anyway. Guides people around, and plays cribbage well enough to teach a class an it.
  - Cheryl Roche and Audrey Ingalls joined our group on Fridy evening and were guards for the Chatlag 26 party.
- Well, that's us, and we all organized ourselves into a geal great bunch of fun-lovers.



## M.D.O.G'S

Hi! We're the M.D.O.G.'S. That's us-the Most Dis Organized Group.

First of all, I'll introduce you to the group. On the left is Phil Schwartz from Milwaukie, Oregon; Benz Bensley from Seattle, Washington; Theresa Kraus from Milwaukie, Oregon; Peggie Foy from Portland, Oregon; Betty Schuld from Milwaukie, Oregon; Kelly Meagher from Chico, California; Lonnie Eve from Great Falls, Montana; Dwight Wales from Arlington, Washington; Sharon Midkiff from Great Falls, Montana; Megan Bradley from Seattle, Washington; and Carla Mossey from Lewistown, Montana.

To show how organized we are: it took us five days to pick a name!

Here are some comments from the M.D.O.G's on Chat:

Phil - If all the world were like Chat, man would have regained Paradise.

Beaz - Chat is people, Chat is love, People at Chat are lovely. Thank you all for being real.

Theresa - I feel that we need more places with a Chat atmosphere before we can begin to realize a world peace.

Peg - Chat is Chat!!

Kelly - This place is fantastic! The people are marvelous. They are very warm, very alive and most important of all, very human. I love everyone here. I wish everyone could be so accepting and so open and besides all of that, the food is delicious!

Betty - There's no place like Chat, I have to get enough to last all year.

Lonnie - Chat is great - The best chance I've had to learn recreation and how to get people involved.

Dwight - Chat is just as much my religion as my church is.

Carla - Chat is a very, very friendly place with the most lovely people I know. I haven't ever seen a place with so much love in it. I love it and I think everybody should come and share their love.

Megan - People at Chat are individuals, yet a whole. A mutual trust exists here and an almost immediate acceptance. It's the only place in the world, a totally unique experience.

Sharon - I think that Chat is the greatest, most worthwhile trip I've ever been on in my life. The people are so full of love.

THE ORIGINS OF THE HUG-EES

Listen, Friends,

It was in the fifth month  
of the fourth year  
of the seventh decade  
of the twentieth century

that a far-flung family of people in need had their first union. It is important at this point for us to note that this family could not at this time have a reunion because they had never had a union. And this earlier mentioned need was an inherent one that each possessed; The need for a daily dosage of no less than four "E" hugs.

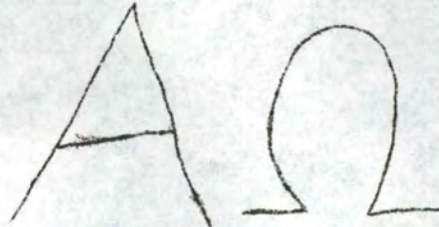
Through hearsay, fantastic brochures, tales of past healings, and pressures from gentle people, the members of this family gathered at a place called Camp Heyburn, located deep in the forest of northern Idaho, rather astride the U.P. tracks, and bounded snugly on the west by the highway to Chatcolet. Strangely (you may think) they came to this place not even knowing they were a family. They came because of the aforementioned need-insufficient hugs.

It is most appropriate at this point to note who these needy people were:

Now there was not a one from old San Francisco, but there was Marianne (Stubby) DuBois from San Luis Obispo. And from the Expo City that is somewhat near came that likeable older youth, Jim Grier. Then from Great Falls, Montana, they did receive Gay Julie Hooker and sweet Kay Eve. From Gresham down around the bend hailed, "Oh, there's nothing impossible," Bob Townsend. And expressing herself only on the gentlest tones from Ledger, Montana came cute Debbie Jones. When the next arrived, the men became gawky to see lovely Lisa Rollins from dear ol' Milwaukie. Then from that same town for the union did come "Unplugger" Dick Schwartz to make things really hum. And with a spirit as lovely as the spring flowers aroma came darling Dottie Thomasson from the town of Tacoma, Washington. The final member-now, wouldn't you know-was "Blue Pidgeons" Vernon from hilly Moscow. Now, your author refrains from further verse. Because before it improves, it could get a lot worse.

They gathered, as I said, at Camp Heyburn, all looking for fulfillment of that lack-of-"E"-hugs need. It was this need that almost instantly welded together these seekers into a family known as the HUG-EES. To their great delight they discovered immediately or sooner that others who had gathered at this same forest retreat were understanding, loving, and most willing to dispense endless numbers of hugs of the "E" type and many others.

And there dwelt the HUG-EES for one full week in that fulfilling and stimulating Chatcolab atmosphere, being soon confident they could not only receive but also give hugs with sincere friendship, and being firmly resolved that neither height nor depth nor any other creature could prevent them from a reunion at Chat '75.



(ALPHA & OMEGA)  
Beginning and End

THE LIVING ENDS

Group Slogan:

"We don't know if we are coming or going!"

Group Members:

Jim Martin, Karen Fern  
Joan Smith, Jean Baringer  
Marge Grier, Chris Beasley  
Howie Low, Don Clayton  
Rene Stephens

THE FAMILY TREE

History of Ten Rings (People)

The Family tree got off to a great start, ten people from different places and backgrounds working and thinking together, sharing experiences, growing in knowledge, awareness and understanding.

Beginning with the younger branches of our tree, we have Tony, a long tall drink of water from Montana. This is year number three at Chat for him. He will be attending Montana State University next fall where he plans to study Drama. He wants to get a B.A. in teaching, teach a while, try for a Masters and then go on into professional acting. Right on, Tony, and lots of luck on your journey.

Sweet Sue was raised as a Brat (Air Force) and had a lot of fun traveling and living with her family in a lot of different locations. Would you believe that on a sunny August 31st she was born in Mt. Clemens, attended and awaited by a four-year-old sister. A brother and another sister followed. Next stop-Hawaii, then California (Southern, by the way) then across the U.S., visiting in Kansas and settling at Sumter, South Carolina. But the very best move was yet to come. Seems the family had always dreamed of becoming webfoots (feets), and so made a final move to Oregon. There Sue paddles away her time in service clubs and 4-H. Chat has been good this year, she says.

Leaving this branch, lets see what's been happening with Jackie. She has lived all her life in or near Walnut Creek, California (Northern). She graduated from U. of California, Davis, in June 1973 with an A.B. in Psychology. However, she's kind of hanging around trying to decide how to spend what's shes sure will be an exciting future. What it will be, no one knows for sure, but we have it on good authority that it will be communications, education, or recreation. But her fondest wish is to be a writer. Among her most valuable experiences were two trips to Europe. More luck to Jackie.

Getting off the Fems for a while, we come to Steve. Upon his arrival at camp he immediately took up an old feud as to who was the best volleyball player. This was accomplished by seeing who could bean the other with the ball. We thought he was a tough guy, but as we got to know him it turns out he's a real cream puff, you know...hard on the outside, soft on the inside. He's from Montana, is currently the President of the Special Education Youth Organization, working with the mentally handicapped. He wants to be a poet, and that's a little hard to believe because we think he already is a poet. There's a lot of beautiful thoughts inside Steve.

Daphne is the branch of our family who sings as lovely as the flower she's named for. Currently living in Oregon City, going to school, wants to study English and recreation, hopes to attend Oregon State. Hummmmmmm another webfoot in the family.

Getting on to some of us older, mossier branches, there's Jim, dirty old man (he told me to say that) Grandfather Goat, All-Around Church, Chat, and Family Man, with four kids, two grandkids and a real PROBLEM wife. (Don't hit me Mother B, he told me to write that, too.)

(Continued Family Tree)

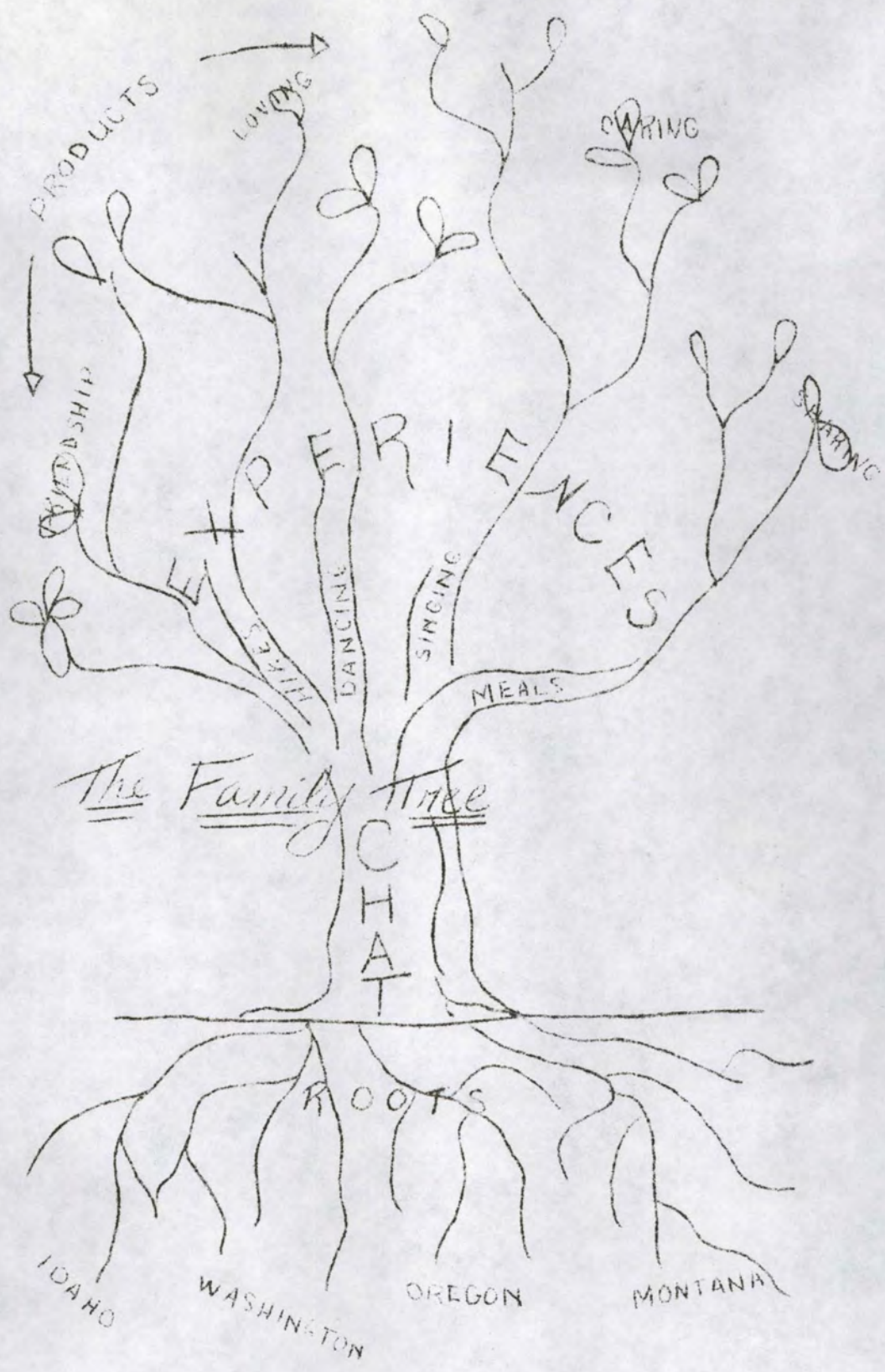
Donna, just retired after 22 years in the Navy, was with us from Oak Harbor. Really it was her husband who retired, but after all that she can still say she likes to sail. Also, she likes to read, has six children, one grand-daughter who we hope will grow up to be a Camp Fire Girl because that's another interest of Donna's. She serves on the Samish Council Board. She's another that we thought would be a little difficult to get to know, but she turned out to be a real warm human being.

One of our branches split about the middle of the week, but we enjoyed John I. from Hale Center, Texas. He has itchy feet or something because he has traveled around the world several times. But the best thing about John, is that he is doing great things for 4-H.

Foxy Ethyl Fox spent most of her time in the kitchen cooking great meals and at various times we would trickle in to keep her up to date on what the ol' Tree was up to. She's been cooking at Chat for 3 years, cooks for 4-H camps, and cooks for....would you believe this lady is a COOK? and she must be a good one, too. (We all know this last to be true, right?) She spends all this time cooking at camps and then tells us that she likes to go camping. She likes to read, too. Keep cooking, Ethyl, keep cooking.

Then there's yours truly, the editor of this little missal, Sonya. Among other things I can be found hiking, bike-riding, bird watching, gardening, or just about anything that can be done outside. Other times I can be found in prison. Of course, everyone knows about Washington State Penitentiary in good old Walla Walla, Washington. I volunteer in a Drug Rehab program there. Having some hopes for going back to college, but like Jackie, I can't quite put my finger on what it is I want to do. In the meantime, I'll keep doing business at the same old stand.

A flash from our last limb, Yahoo. "I have had a most understanding family this year. I have not been able to attend to it faithfully because of other lab duties and personal commitments, but I am proud of their activities, enthusiasm and thoughtfulness in keeping me informed. God keep you all well and safely through the coming year 'till we meet again."



# Chatco Lovers

Cy Corlett  
 Maureen Bell  
 Mary Stark  
 John Hungerford  
 Barbara Boots

Dean Jacobs  
 Clarence Stevens  
 Dot Burlison  
 Nell Wilson  
 Genie Townsend

We are the Lovers -  
 Loyal  
 Organized  
 Vivacious  
 Energetic  
 Resourceful  
 Skillful

1. There was a county agent named Cy  
 Who couldn't let a girl pass by  
 In June he was wed  
 What more can be said  
 We can tell that Cy's flying high!

2.. In our family this gal is the belle  
 She helps bring new labbers out of their shell  
 A F S is her joy  
 Boon was her boy  
 That's right-it's Maurine, She;s swell!

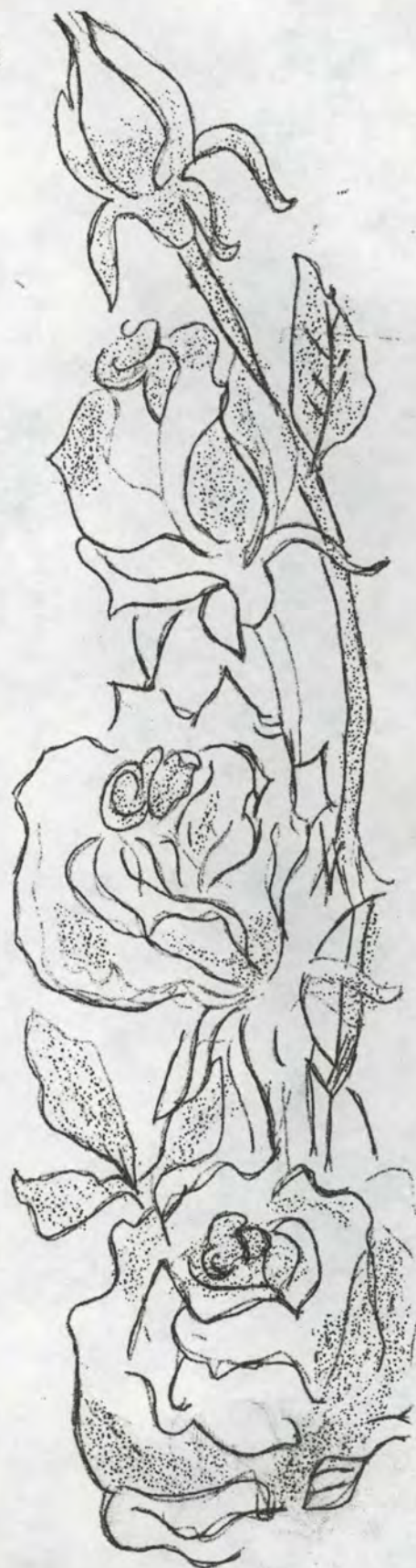
3. The alphabet hugs came to Chatco with Mary  
 The "a" was Okay, but the "E" was more "share-y"  
 Everyone tried it--  
 And everyone liked it  
 And that's why the people at Chat are so merry

4. There once was a John who ran  
 He was an extraordinarily happy man  
 He came to Chat for three years  
 And shed many happy tears  
 So that's why he's king of the lan!

5. This year as a labber is Barb's first  
 For knowledge she felt a great thirst  
 She left a husband at home  
 And came here to roam  
 And her enthusiasm has her ready to burst

6. There was a young fellow named Dean  
 Who thought roping cows was real keen  
 He roped everything in sight  
 Working even at night  
 And that's why the range is so clean

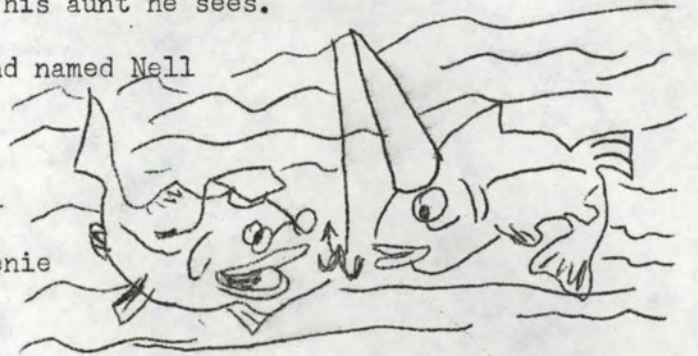
7. A man who likes antique car buying  
 Is Clarence who is always trying  
 Not to be very Hammy  
 He's a cudly lamby  
 Who ended the week as a liar



8. Dot's story sounds fishy, but she's Pisces  
 She'd never met any great crises  
 Then she married again  
 Is brother-in-law kin?  
 Now when her son looks at her, 'tis his aunt he sees.

9. There's a short firl from Ashland named Nell  
 All pig farmers know her quite well  
 She smells like dead rot.  
 A sex pot she's not  
 But if she is, I know she won't tell

10. Thirteen years as a labber is Genie  
 She certainly is not a meanie  
 She is a very good cook  
 With admiration we look  
 Because her meals are fit for a queenie



LOWE!



time out  
at the  
sub

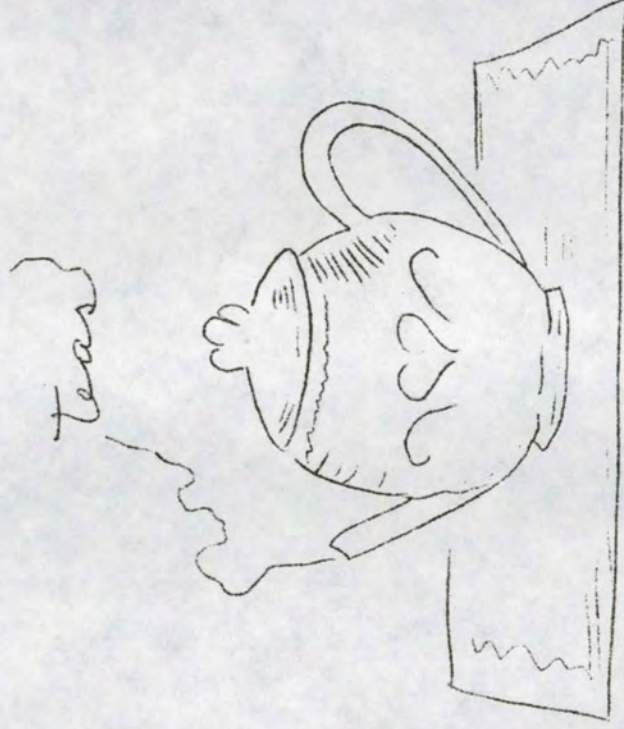


Cocoa

Tables were set with cups of cocoa, plates of graham crackers, and  
boxes of evergreen with colored scented candles. The time was in  
honor of the One on which with a team of "quackers" and cocoa.

Dottie Thomason  
Margaret Bradley

Blaine Lovetto  
Sonya Watts



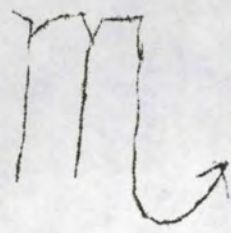
Thursday Tea Time

We decided on a tea-tasting party. Served five kinds of  
tea -- English Breakfast, Spearmint, Lemon Soudier, Mate,  
and Lone Lip. Using five tables, with a pot on each table, a sign  
with the name of the kind of tea, and a plate of sandwiches, there  
being graham crackers, plain cookies, and cinnamon toast. The  
people participating were given a "taster" of each of the five  
teas in turn. As the tea was hot there was lots of time for  
visiting and fellowship.

Helpers helping to serve the tea were Blaine Lovetto,  
Betty Schulz, Aurea Bell, Harry Havelmurst, and Sonya Watts.

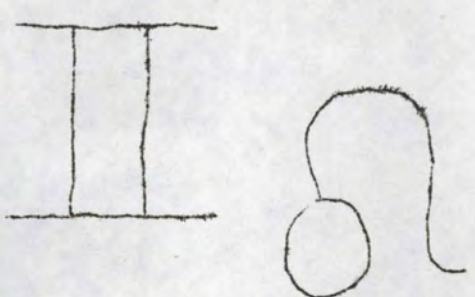
Graham Crackers

## SCORPIO



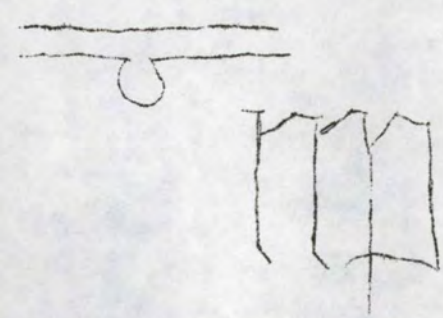
Upon our table and by design  
 This is what we happened to find  
 A branch of fir, and by the power  
 It was loaded with staminate flowers.  
 And then a knot, as you can see,  
 Plucked from the heart of a fallen tree.  
 And a piece of bark, upon our souls,  
 It was perforated with tiny worm holes.  
 And long, green needles, slim and lone,  
 We recognized them from Ponderosa Pine.  
 Lastly a piece of driftwood, and glory be  
 It resembled broken knee.

## GEMINI AND LEO



There once was some wood and some fir,  
 That graced the table of dinner,  
 And a little black plug-that resembled  
 a bug  
 We didn't know what it was fir!

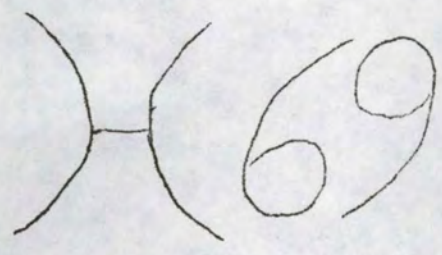
## LIBRA AND SERGO



Oh, Tank was a man from Montana  
 Who wore pine boughs instead of Pajamas.  
 He let out a moan, when he rolled on  
 a cone  
 and his room-mates thought he'd gone  
 bananas.

PISCES AND CANCER

There once was a tree at Chat  
Whose cone didn't know where it's at  
The wood and the bolt  
Gave us all quite a jolt  
And we put the bark in our hat.



The signs of Pisces and crab  
Were nestled together at Lab  
And surrounding our food  
Were pieces of wood  
And others that suited the tab

ARIES AND SAGGITARIUS

There once was a munchkin hiken,  
Who found a burnt tree full of lichen.  
While pondering his tweed,  
He fell in a seed,  
And now he's grown taller than I can.

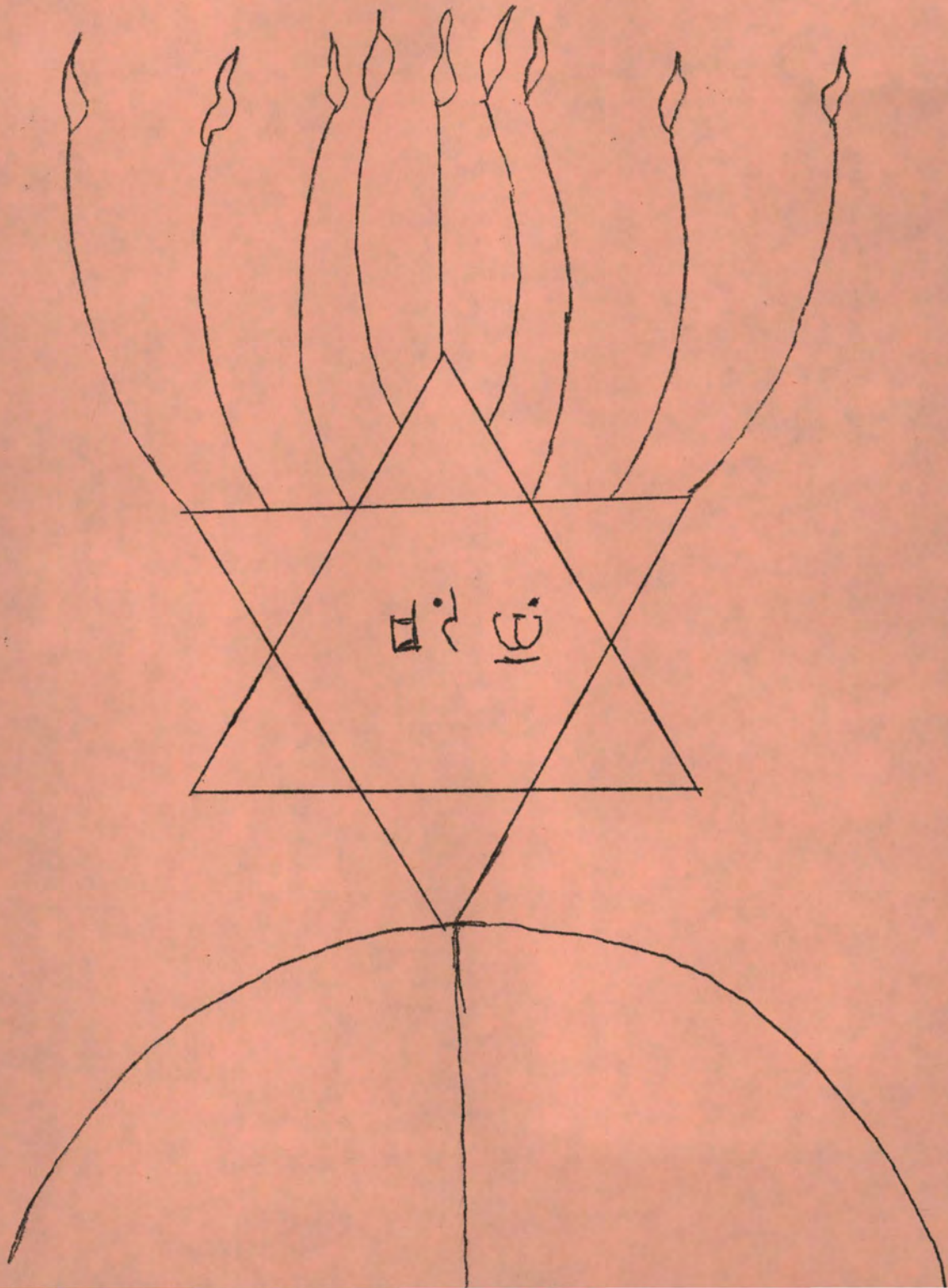


TAURUS

Just how fir would Douglas go  
With drift wood in his washer  
Don't nail me - I don't know  
Go and ask his Mausher.



# CHANNUKAH



SATURDAY PROGRAM

General Theme: The Jewish Holiday - Hanukkah

The parts of the program are as follows, not necessarily in the order of happening:

- Slide show of a trip to the Holy Land by Jim and Marge Grier.
- The telling of the miracle of Hanukkah by Steve Schwartz.
- The story may be found in the Bible in one of the books of Maccabees which is part of the Apocrapha.
- Other resources are available in libraries, etc.

The telling of the customs surrounding the celebration including the ceremony of lighting the Menorah candles.

Dancing and singing appropriate to the holiday.

Decorations for meal-time and program.

These consisted mostly of posters with appropriate symbols, the seven-branched candle stick, six-pointed star of David, etc. The napkins were decorated with stars also. Some Hebrew words and letters were also printed as posters and hung in the dining hall. Yarmulkahs were made for all the men. (This is a tiny pray cap) and doily caps were made for the women. Decorations are only limited by time, resource and imagination. The Menorah was used as a center piece for the serving table.

Menu:

- Appetizers -
  - Pomalo (Citrus drink)
  - Deviled eggs
  - Carrot and Celery sticks
  - Olives and Tomato slices
  - Smoked venison
  - Cheese Fingers (cheese wrapped in bread and toasted in the oven)
  - Smoked sausage
- Main course -
  - Cabbage Rolls (Dolmas)
  - Potatoe Pancakes
- Dessert -
  - Baked Apples

SOCIAL

EVENTS



Thursday Afternoon

48

### NURSING HOME OUTING

On Thursday afternoon three cars full of enthusiastic Chatcollabbers drove to Coeur d'Alene to visit the Sunset Nursing Home.

Don Clayton led the group in a square dance accompanied by a piano rendition of "Beer Barrel Polka." (the piano player didn't know the music for a square dance). One elderly lady requested "Five Foot Two, Eyes of Blue."

Each member of our group got acquainted with several of the patients and introduced each one to the audience, telling the name, place of birth, etc., of each person.

A lot of crazy stuff as well as serious thoughts were expressed by Jim Martin, and an Indian story was told by Dwight Wales.

One woman asked one of us where we were all from and I said, "Washington, Oregon, Idaho and California." She added, "Well, I understand that man over there who seems to be in charge (Don Clayton) came all the way from Chicago."

There was a poignant scene in the farewell saying but all of us got as much out of it as the patients, I believe. Someone has said, "Happiness is a rare perfume you cannot put on someone else without getting a drop or two on yourself."

On the way back to camp we stopped at a shopping center to buy some pop and the members of camp made a group in the mall in the shopping arcade and sang a few songs. That's Chat!!

### More Reflections on the Outing

The trip to the nursing home was a little apprehensive for me. I wondered what we would be doing exactly and if we really would have a good visit there or if we would have to try and it would be a little stiff and distant. We were welcomed by the staff and the faces of the residents were open and waiting and when we began an impromptu Virginia Reel, they showed enjoyment and joy in their faces. Soon the introductions began and I found a lovely lady who expressed pleasure and emotion at being asked her name and she began telling about her husband and where she had lived. She obviously enjoyed our being there - the pleased expression and smile told it. She and the others were enjoying the music and the singing and it was pure pleasure to see the response to the individuals who were singing and in the end it was sad leaving and going away from these people who had shared a short, but really sweet time and it was a time for me of revelation. I hadn't gone on this particular experience before and really am glad to have shared it. Those people and our own sharing were real and beautiful. As Don Clayton says, "not faky."

Elaine Rovetto



More on the Nursing Home Visit:

The MDOG's submit the following for the board's consideration for future chats. They unanimously endorse these comments by Betty Schuld:

"The trip to the nursing home in Coeur d'Alene planned by the MODG's was the highlight of my Chat Week. I was apprehensive about going and not at all sure I could be of any benefit to the group. As it turned out it was the most thrilling, exciting hour that I had the pleasure of participating in for some time. Although the people in the home are physically disabled they were so vital and had so many fascinating experiences to relate and so enthusiastic about even the simplest things that it was a joy to spend our all too short time with them. I hope that we at Chat will be able to return next year. The reward of bringing a few moments of happiness and pleasure to these people is very stimulating and satisfying."

Activities leading to the success of the visit:

1. Handing out name tags with personal contact
2. Introductions of ourselves and themselves
3. Starting out with a Virginia Reel
4. Asking for requests and including them in our songs.

Activities needing improvement:

1. Better organization and planning of transportation and eating for our group.
2. Should have had a definite master of ceremonies.
3. Select a group in the audience to be your personal responsibility to introduce and then sit with them between acts or during some songs.

The concensus of the group was that the experience of planning and executing this program is a valid, useful, and stimulating activity that enriches the laboratory in all areas of leadership and recreation.

Address of nursing home we went to:

Sonya Huber, Director of Activities  
c/o Sunset Terrace  
210 La Crosse Ave.  
Coeur d'Alene, ID 83814

# KOLLEGE OF CULINARY ARTS





Saturday Night Supper for 30

Spaghetti & Meat Balls  
Tossed Spring Salad  
Tropical Pear Bars  
Tea, Coffee, Milk

Sunday Breakfast for 30

Pineapple Juice  
Hot Cakes & Eggs  
Dry Cereal  
Tea- Coffee- Milk

Sunday Noon for 30

Corn Casserole  
Grapefruit & Orange  
Sa ad  
Cherry Crisp  
Tea- Coffee- Milk

Sunday Dinner

Beef Stroganoff  
Green Beans - Onions  
& Bacon Bits  
Pineapple and Cottage  
Cheese Salad  
Chat-co-cake  
Tea- Coffee- Milk

Monday Breakfast

Apple Juice  
Bacon & Eggs  
Hot and Cold Cereal  
Toast and Jam  
Tea- Coffee- Milk

Monday Lunch

Creamed Dried Beef on  
on Baked Potatoes  
Crunchy Spring Salad  
Fudge Cake with  
Whipped Cream  
Tea- Coffee- Milk

Monday Dinner

Pork Steak and  
Mushrooms  
Bean Salad and  
Onion Rings  
Diced Potatoes  
Peaches and Cookie  
Tea- Coffee- Milk

Tuesday Breakfast

Stewed Prunes  
Sausage and Scrambled  
Eggs  
Toast and Jam  
Tea- Coffee- Milk

Tuesday Lunch

La Sagne  
Cole Slaw  
Gingerbread with  
Topping  
Tea- Coffee- Milk

Tuesday Dinner

Baked Ham with  
Baked Potatoes  
Peas and Carrots  
Hard Rolls  
Apricot Crisp  
Tea- Coffee- Milk

Wednesday Breakfast

Fried Western Trout  
at the beach  
Corn Bread  
Oranges  
Coffee

Wednesday Lunch

Swedish Meatballs and  
Gravy  
Baked Potatoes  
Halfport Salad  
Pineapple Squares  
Tea- Coffee- Milk

Wednesday Dinner

Chicken & Noodles  
Baconed Potatoes  
Cole Slaw  
Strawberry Shortcake  
with Toppin  
Tea- Coffee- Milk

Thursday Breakfast

Orange Juice  
Bacon and Eggs  
Hot and Cold Cereal  
Toast and Jam  
Tea- Coffee- Milk

Thursday Lunch

Miners Stew  
Dressed Spring Salad  
Hot Biscuits  
Fruit Jello with Toppin  
Tea- Coffee- Milk

Thursday Dinner

Barbeque Turkey  
and Ham  
Potatoe Salad  
Celery, Carrots  
Olives, Pickles  
Deviled Eggs  
Ice Cream and Cookies  
Tea- Coffee- Milk

Friday Breakfast

Rhubarb Sauce  
Sausage and Eggs  
Toast and Jam  
Hot and Cold Cereal  
Tea- Coffee- Milk

Friday Lunch

Lentil Soup with  
Meat Pieces, Crackers  
Shrimp and Lettuce Salad  
Apple Pie - Cheese  
Tea- Coffee- Milk

Friday Dinner

Baked Halibut Creole  
Vegetable Jello  
Green Beans and Bacon  
Plain Puddin' with  
Hard Sauce  
Tea- Coffee- Milk

Saturday Breakfast

Fruit Juice  
Sausage-Bacon and Eggs  
Hot and Cold Cereal  
Toast and Jam  
Coffee- Tea- Milk

Saturday Lunch

Left overs  
Cold Slaw  
Date Orange Cake  
Tea- Coffee- Milk

Saturday Dinner

? ? ? ? ?

Sunday Breakfast

Bacon- Sausage- Eggs  
Hot Cakes - Syrup  
Juice  
Tea- Coffee- Milk

Anyone wanting to make lunches for the  
return trip is welcome to use the leftovers

# Give Yourself

Ye Olde Editor's Favorite  
Candy



## a Treat

- 1 cup butter
- 2 tbsp corn syrup
- 2 tbsp water
- 1 C. sugar
- 1 1/2 C. walnuts

8 oz. Hershey Bar

Put butter, syrup, water and sugar in saucepan in that order. Do not stir! Cook on low heat to 288' F.

Put 1 1/2 C. walnuts or almonds on foil in pan about 12" x 18" Cut hershey bar into pieces and spread over nuts. Pour syrup over top and cool. Break into pieces.

Leila

(Recipe corrected from past years.)

Demo by Marge Leinum:  
Dipping Chocolates

### Lon Bons

#### DATE ORANGE CAKE

- 3 C. sugar
- 1 C. oleo
- 3 eggs
- 3 C. buttermilk
- 3 tsp. vanilla
- 6 C. flour
- 3 Esp. soda
- 3 C. nuts
- 1 C. dates

Mix and bake 40 min.

Pour TOPPING over warm cake and serve:

Heat juice of 3 oranges (a little rind) 3 lemons & 3 C sugar Pour over warm cake. Or serve cold after setting at least 24 hours.

*CHARM: is the ability to make someone else think both of you are wonderful.*

#### CENTER

- 2 C. crunchy peanut butter
- 4 Tbsp butter
- 2 C. chopped nuts
- 2 C. cut-up dates
- 2 C. powdered sugar

#### DIP

- Melt 1 pkg chocolate chips
- 1 pkg. butterscotch chips
- 1/4 slab parafin

Keep pan warm over hot water.

Roll "Center" into small balls and dip in chocolate mixture. Place on Waxed paper

A knitting needle or other sharp instrument would be helpful in dipping.

*A Labber, late for breakfast, gave his order as he went through the kitchen: "Toast-- not too brown, not too light. Coffee hot but not boiling. A white egg cooked exactly two and a half minutes, and in an egg cup if possible. Add hurry." "Just one question," Marge said. "The hen's name is Isabel. Will that be alright?"*

RECIPE FOR A HAPPY DAY

1 cup of friendly words  
 2 heaping cups of understanding  
 2 heaping teaspoons of time and patience  
 pinch of warm personality  
 dash of humor

Instructions for mixing: measure words carefully, add heaping cups of understanding, use generous amounts of time and patience. Cook on the front burner but keep temperature low. Do not boil. Add generous dash of humor, and a pinch of warm personality. Serve in individual molds.

HOME MADE NOODLES

Beat up very lightly:  
 30 egg yolks and 10 whole eggs  
 5 tablespoons salt  
 2 cups of cold water.  
 Stir in 10 cups flour.

WALKING SALAD

Take a nice big apple and core out the inside. Use a teaspoon to do this. Take out as much of the inside as possible, without breaking the outside peel. Then fill "salad bowl" with chopped celery, raisins, nuts and mayonnaise. Enjoy your salad as you hike -- or when you get to your camp site. You'll enjoy eating your salad bowl as you eat your salad. Use no spoon -- but beware, you may end up with mayonnaise on your nose!

CREAMED SHRIMP

1 gal. peas  
 8 cans shrimp  
 2 doz. boiled eggs  
 salt to taste  
 4 finely chopped onions  
 Mix into 6 gal. cream sauce  
 Serve over toast.

OATMEAL COOKIES

3 cups shortening	3 tsp. vanilla
3 cups white sugar	3 tsp. salt
2 cups brown sugar	3 tsp. soda
6 eggs	6 cups oatmeal
4 cups flour	walnuts

Drop from teaspoon. Bake at 350° for 15 minutes.

ODE TO OUR KITCHEN HELPERS

Thank God for dirty dishes,  
 they have a tale to tell:  
 while others may go hungry,  
 we've eaten very well.

With home, health, and happiness  
 I shouldn't want to fuss.  
 By the stack of evidence,  
 God's been good to us.

PICKLED BEAN SALAD

- 1 gallon green beans
- 1 gallon yellow wax beans
- 3 cans kidney beans
- 3 cans garbanzo beans
- 4 or 5 onions, sliced
- 1 cup sugar
- 2 teaspoons salt
- 3 cups vinegar
- 2 cups salad oil
- dash black pepper

Drain juice from beans.  
 Combine drained beans, pepper, and onion.  
 Add remaining ingredients and toss.  
 Refrigerate several hours before serving.

\*\*\*\*\*

FLAMING FULDING

- Sift together: 18 cups sifted flour
- 5 teaspoons soda
- 5 teaspoons salt
- 5 tablespoons cinnamon
- Mix in: 5 cups raisins
- 5 cups finely cut citron
- Mix and blend in: 5 cups ground suet
- 5 cups sweet or sour milk
- 5 cups molasses

Pour into well greased molds, steam for three hours. Serve hot with hard sauce. To make hard sauce: cream 2 pounds butter, blend in confectioner's sugar and 6 teaspoons vanilla until sauce is firm.

\*\*\*\*\*

APRICOT CRISP

- 10 cups flour
- 8 cups sugar
- 4 cups butter

Crumble and spread over fruit.  
 Bake at 400°F. until brown. \*\*\*\*\*

CRISS - CROSS POTATOES

Do not peel potatoes, but cut in slices, longwise, about 3/4 inch thick. Score criss-cross with fork on one side. Rub with oil and with sprinkled paprika.

POTATO FILLED MEAT ROLL

- 8 cups cracker or bread crumbs
- 8 cups milk
- 20 pounds hamburger
- 16 eggs, slightly beaten
- 6 onions
- 4 tablespoons salt
- 2 tablespoons pepper
- 6 cups grated cheese
- 4 cups cracker crumbs
- 3 quarts mashed potatoes
- 1 gallon tomato puree or soup

Soak the 8 cups crumbs in milk. Combine with meat, eggs, onion, salt, pepper, and 4 cups of grated cheese.

Sprinkle the 4 cups cracker crumbs on wax paper. Pat meat on crumbs, spread with potato and the remaining 2 cups cheese. Carefully roll up like jelly roll. Put in shallow baking pan. Bake at 350°F. for 45 minutes. Pour the puree (or soup) over meat and continue to bake another 45 minutes.

STROGANOFF (80 servings)

Heat 3 C. oil  
Cook: 10 C. chopped onions  
in the oil until brown.  
(golden--that is.)

Add: 25# hamburger and cook  
until brown.

Add: 1/2 C. (to taste) SALT  
1/4 C. (to taste) nutmeg  
1/8 C. pepper or less

ADD: 6 small cans of mushrooms  
(stem and pieces)

Add: 3 - 50 oz. cans mushroom  
SOUP and cook 15 minutes  
when ready to serve, spread  
about 4 cups powdered butter-  
milk over top and stir gently.  
Serve on rice.

HUNTER'S STEW

Brown hamburger and onions  
Add raw, sliced potatoes  
Add canned vegetable soup.  
Cook, covered, on top of  
stove until vegetables are  
done.  
Refrigerate, and warm when  
needed.

MEXICAN CHILI

Cook 5# kidney beans  
(can buy gallon cans)  
Mix: 2 Qt. #10 cans tomato  
soup.  
2 C. chopped onions  
4 oz. chili powder  
4 oz. salt  
Sear 10# ground beef  
1/4 C. suet  
Water to make 24 qt. volume  
Simmer together 3 hours, with  
the beans.

( VARIATIONS FOR THURSDAY CAKE ) ICING

Use pineapple juice in the icing  
Other fruits in season; Rhubarb,  
cherries, strawberries, apricots  
etc., can be used for the filling.

1 C. powdered sugar  
1 tsp. butter  
2 Tbsp cream or milk  
1/2 tsp. vanilla

Drizzle over hot cake.

BUTTERMILK HOTCAKES

8 C. flour sifted with:  
4 tsp salt  
4 tsp soda  
3 tsp Baking powder.  
4 Tbls. corn meal  
4 Tbsp. sugar  
Add 8 eggs  
8 C. buttermilk  
4 Tbsp. melted shortening.  
Yield 80 hotcakes.

THURSDAY'S CAKE  
Pineapple Squares

Filling:  
1/2 C. sugar  
3 Tbsp cornstarch  
1/2 tsp. salt  
1 can crushed pineapple--  
(3 1/2 cups, 1# 14 oz. size can)  
1 egg yolk  
Cook all together and cool to  
lukewarm.

DOUGH:  
2/3 C. scalded milk  
Add: 1 tsp. sugar  
Dissolve 1 pkg. active dry  
yeast in  
1/4 C. warm water, add to the  
cooled milk.  
Add 4 egg yolks slightly beaten  
4 C. flour  
1 C. margarine

Mix as for pie crust. Stir  
in yeast and milk mixture.  
Blend thoroughly--divide in  
half and roll out on floured  
board to fit pan 10 x 15",  
overlapping edges. Spread  
with filling--roll remaining  
dough to cover, seal edges  
snip top with scissors for air  
to escape. Cover, let rise in  
warm place 1 to 1 1/4 hours.  
Bake at 375 degrees.

(YUM, YUM, MARGE!)



1 gal. creamed corn  
 2 cans cond. milk  
 ¼ lb. crackers  
 Little pig sausages for each member

## BAKED BEANS--for 80

8 lbs. Navy Beans cooked.  
 1 qt. molasses  
 3 cup brown sugar  
 2 bottles of catsup  
 4 tlbs. prepared mustard  
 ½ cup vinegar  
 Bake 1½ hr. or till done

## SWEDISH MEATBALLS--for 8 to 10

1 lb. ground beef  
 ½ lb. ground lean pork  
 ½ cup minced onions  
 ¾ cup dry bread crumbs  
 1 tlbs. snipped parsley  
 2 tsp. salt 1/8 tsp. pepper  
 1 tsp. Worcestershire sauce  
 1 egg  
 ½ cup milk  
 ¼ cup Gold Medal Flour  
 1 tsp. paprika  
 ½ tsp salt  
 1/8 tsp pepper  
 2 cups water  
 ¾ cup dairy sour cream

Mix thoroughly and shape into round balls and brown and cook meat balls in oil remove meatballs -keep warm.

Blend flour, paprika ½ tsp. salt and 1/8 tsp. pepper into oil in skillet. Cook over low heat stirring until mixture is smooth.

Remove from heat and stir in water. Heat to boiling stirring constantly. Boil and stir 1 minute. Reduce heat and gradually stir in sour cream. Mixing until smooth. Add meat balls, heat thoroughly.

DAFFYNITION: Cookbook----- A volume brimfull of stirring passages.



ENGLISH SCONES

Recipe by Maurine Bel  
for very special Chat  
people.

- Scald 1 cup milk
- Add 1 cube oleo (1/2 cup) No. 1
- 1/2 cup sugar
- 2 tsp salt

Meanwhile:

Slightly beat 2 eggs in large bowl,  
add 1 Tbs. dry yeast diluted in 1/4 cup  
lukewarm water..

Then: add 1 cup cold water to mixture #1, No. 2  
then add it to mixture #2. Cool before  
adding yeast and eggs.

Beat in 4 cups flour (it will be soft and runny).  
Let stand 20 minutes. Add 1/2 cups of flour, maybe  
a little more and stir well. Let rise about 2 hours.  
Divide into two parts, use the softer dough to make hot  
rolls (after letting rise about 40 minutes in well-greased  
muffin pans). The remaining mixture should be stirred and  
add about 1/2 cup more flour until it can be handled  
without being too sticky (grease hands). This latter is  
the mixture to be used for scones.

Fry scones in medium hot oil about 1 inch deep, turn  
once. (about 350 degrees if using an electric fry pan.)

This recipe can be made ahead and put in the refrigerator.  
If planning on scones for breakfast (delicious with  
butter and jam) take dough out of the refrigerator the  
night before, cover with wax paper or foil.. Or---if  
you forget, take it out of the refrigerator in the morning,  
wait about one-half hour and take small pieces of dough  
about the size of a small egg, form into a flat rectangle  
and FRY. Enjoy. Only a few calories...

P.S. If you are too lazy to make the above, buy frozen  
bread dough, let rise and fry. They are not as good  
but they are better than toast.



## OATMEAL CAKE

Pour  $4\frac{1}{2}$  C. hot water  
over 3 C. oatmeal and  
3 cubes butter or oleo.  
Let stand 20 min.

Add 3 C. white sugar  
3 C. brown sugar  
6 eggs beaten  
 $1\frac{1}{2}$  C. raisins

Add  $4\frac{1}{2}$  C. flour  
3 tsp soda  
3 tsp cinnamon  
 $1\frac{1}{2}$  tsp baking powder

## TOPPING:

3 C. sugar  
Melt 3 cubes butter  
Stir in 3 eggs  
3 c. coconut  
 $\frac{3}{4}$  C. Evaporated milk  
Boil 2 minutes  
Add 3 tsp vanilla

Bake 30 minutes 350'  
(30-40 min.)

## GINGERBREAD

6 C. flour  
6 tsp baking powder  
 $\frac{3}{4}$  tsp soda  
5 tsp ginger  
3 tsp cinnamon  
 $1\frac{1}{2}$  tsp salt  
1 C. shortening  
 $1\frac{1}{2}$  C. sugar  
3 eggs  
2 C. molasses  
 $\frac{2}{4}$  C sour milk  
Sift dry ingredients 3 times,  
cream shortening and sugar,  
add eggs to molasses, and dry  
ingredients with milk.  
Bake 30-40 minutes at 350'

## BAKING POWDER BISCUITS

16 cups flour  
 $\frac{1}{2}$  C baking powder  
3 T salt  
2 C lard  
 $1\frac{1}{2}$  C milk

Bake 12 minutes at 450'

## BARBECUE SAUCE

2 C. chopped onion (about 4)  
 $1\frac{1}{4}$  C. brown sugar  
 $\frac{1}{4}$  C. paprika  
 $\frac{1}{4}$  C. salt  
 $\frac{1}{4}$  C. mustard  
 $2\frac{1}{2}$  Tbsp chili powder  
 $1\frac{1}{4}$  Tbsp cayenne pepper  
 $\frac{1}{2}$  C. Worcestershire sauce  
10 C. tomato juice  
 $2\frac{1}{2}$  C. vinegar  
 $2\frac{1}{2}$  C. catsup  
5 C. water.

Makes enough for 40 # of chicken.

## CORN BREAD

4 EGGS  
7 CUPS BUTTERMILK  
2 TSP SODA  
2 CUPS FLOUR  
6 CUPS YELLOW CORNMEAL  
4 TSP. SUGAR  
5 TBSB BAKING POWDER  
4 TSP SODA  
1 C SHORTENING

400' 40 min.

## FUDGE CAKE for 40

Cream together:  
 $1\frac{1}{2}$  C. shortening  
4 C. sugar  
6 well beaten eggs  
Add: Mix together  
4 oz. chocolate (melted) or 5 oz. cocoa

$1\frac{1}{2}$  tsp. soda  
 $1\frac{1}{2}$  C. hot water  
 $1\frac{1}{2}$  pints milk  
Add this liquid alternately  
with 7 Cups flour.  
Bake 25-30 min. at 350'  
Makes 6 - 9" layers.

## APPLE PIES

Crust for 7 pies:

10 C. flour  
 $3\frac{1}{3}$  C. shortening  
4 tsp. salt  
 $1\frac{1}{4}$  C. water  
6 gallons canned apples makes  
20 pies.



### Refrigerator Fruit Cookies

- 1 c. white sugar
- 1 c. brown sugar
- 1 c. marjarine 1/2"
- 1 c. lard
- 3 beaten eggs
- 1c. flour
- 1 tsp. soda            Sift these 3 together
- 1 tsp. cinnamon

- Add 3/2 c. more of flour
- 1tsp. vanilla
- 1 c. nuts
- 1 pkg. fruit cake mix

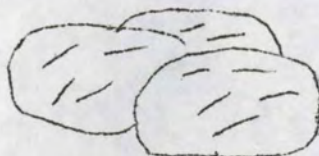
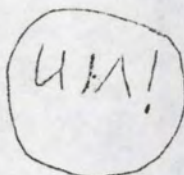
Mold into 3 loaves--refrigerate over night. Slice thin, bake 400 degrees for 8 to 10 minutes.

### Silver White Cake

- 10 c. flour
  - 6 c. sugar
  - 14 tsp. baking powder
  - 2 tsp. salt
  - 2 c. shortening
  - 4 c. milk
  - 4 tsp. flavoring
  - 16 egg whites (about 2-3 cups)
- Blend flour, sugar, baking powder and salt, add shortening, 2 c's milk and flavoring, beat 2 minutes at medium speed. Add rest of milk and egg whites. Beat 2 more minutes. Bake 350 degrees for 40-50 minutes. Serves 50

### English Cookies

- 2 c. brown sugar
  - 1 c. lard or shortening
  - 2 eggs
  - 1 c. of raisins and nuts
  - 1/2 tsp. salt
  - 1 tsp. soda
  - 1 tsp. Baking Powder
  - 3 c. flour
  - 1 tsp. cinnamon
  - 1 tsp. nutmeg
- Cream shortening and sugar, add well beaten eggs then coffee and sift dry ingredients and add to mixture. Add raisin and nuts last. Drop from spoon and bake in moderate oven (350) about 10-12 mintues.



KOLLEGE

OF



HUMANITIES

History of Recreation Laboratories

Leila Steckelberg

The recreation laboratory idea was born some 42 years ago in Michigan at Walden Woods, where a group of recreation leaders, disappointed in the non-arrival of a lecturer, because of a snow storm, decided to carry on their meeting by exchanging ideas and experiences and by practicing and developing recreation methods and ideas for their own groups.

They spent several days together before the roads were cleared for them. At the end, in analyzing what they had done, they decided that their method had been so effective in the sharing of information, ideas, and the techniques that had been useful in their work, that they decided to hold another meeting. Their enthusiasm for this "laboratory" method was so great and contagious that others heard about it. Applications came from many people who wished to share this experience with them.

In several years time, the group had grown so large the originators felt that it was necessary to reduce its size because they felt that its maximum usefulness and effectiveness could be obtained only in small groups that could be quickly integrated into sharing situations in lab. Consequently, they agreed to break up and form other laboratories entirely separate except in inspiration from the parent group. Some of these labs made great progress while others were less successful.

One of the labs originating in this process was Camp Idhuhapi which later became the Northland Recreation Leaders Lab. This in turn was the inspiration for others, one of which was formed by a group principally from the Dakotas and Montana. This lab, organized in 1946, has its site in the Black Hills of South Dakota, and is held in the fall, usually the end of September. The Black Hills Lab drew its registrants from an everwidening circle in the west, midwest, and southwest, and generated such enthusiasm that many of its members returned home determined to bring a similar experience to greater numbers of people in their area by establishing other labs. Such was the foundation of Chatcolab in northern Idaho in 1949 established in the Northwest-Held in May at Heyburn State Park on Lake Chatcolet. Also the Longhorn Recreation Lab, which was soon after organized in Texas. From the same Black Hills Lab came the inspiration for the Southwest Lab in New Mexico, and the Great Plains Lab in Nebraska. The Black Hills also inspired the nucleus from the east who set up another lab in Michigan, called the Great Lakes lab and indirectly influenced the establishment of a lab in Maine, the Downeast Rec. Lab.

It was at this time that Don Clayton was moving to Moscow, Idaho, from Havre, Montana. There were a few from southern Idaho who had attended Black Hills Lab and Don's move was the incentive to try to start a new lab here

in the northwest. Black Hills labbers contributed \$58 toward organizational expenses and a committee of six people was formed. A sub-committee made up of people from Oregon, Washington, and Idaho who were interested in people and recreation and were also drafted to complete the new organizational committee. The winter meeting held with Al and Louise Richardson at Corvallis, Montana, blew the \$58 but enthusiasm was even greater to get this lab off the ground. Resource people from the area were secured and an old C.C.C. camp was chosen as the site. On good authority by an old timer, the best weather in May was always the second week May 11-18, 1949, was the target date.

This camp was built as a C.C.C. camp in the 1930's. During WWII, it was used as a Convalescent camp for pilots stationed at Spokane. Then Chatcolab was first held here, the camp was in a sad state of disrepair. Don brought students from Moscow and many others in the area contributed much time, materials, and money to repair the camp so it could again be used. A wall was built between the kitchen and the dining area and many pictures were painted in the walls to enhance the building. The trays, carts, and many other things were brought from Farragut Naval Training station on Lake Pend Oreille.

The first lab was a great success with 87 people attending. Chatcolab has been held in the same location-Heyburn State Park on Lake Chatcolet-ever since 1949. The name Chatcolab was derived from the name of the lake and the fact that this a laboratory situation.

In 1955, a group of three California people, came to Chatcolab in Idaho and became so enthused with the idea that they were determined to set up a similar organization in California. Over a three-year period finally culminated in starting the Redwood Lab.

In May, 1956, the topmost section of the Chatcolab Candle, which represented sharing and was presented to Mary, Kay, and Carl for the beginning of the new lab. A committee had been formed in 1955 and the members met at Camp Sylvester (Stanislaus Co. 4-H Camp) on Nov. 12-13, 1956 was set for the first Redwood Redrecreation Laboratory to be held at Camp O-ONGA in Southern California. This lab was cancelled one week before scheduled to start due to inadequate registration.

Mary Regan and Emily Ronssee returned to Chatcolab in May, 1957, bringing their section of the candle with them. It was placed back in the Chatcolab candle and again presented to Mary and Emily at the closing ceremony of lab. They came back to California more determined than ever for Redwood to become a reality. And so it did! Jones Gulch, south of San Francisco was the location of the first Redwood Lab in April, 1958. The sharing section of the Chatcolab candle became the base of their Redwood Candle with a real redwood trunk. Chatcolabbers Walt and Sally Schroeder, and Leila Steckelberg went

down to help the new lab off to a flying start. There were 43 labbers including staff and resource that year.

In April, 1959, the second lab was held at Mendocino Woodlands, eight miles inland from Mendocino City, with 50 people attending. Not even an Asian flu epidemic, a "fast" trip down a very narrow rough, and crooked mountain road late at night because of a broken collar bone, dampened the enthusiasm of those attending.

The first two labs were held in the redwoods, but in 1960 the decision was made to hold the lab at Old Oak Youth Camp. It was also there in 1960 where a free will offering was taken to purchase a beautiful piece of gold bearing quartz which Ken Hoach presented to the Chatcolab board in May (to be placed in the new recreation hall fireplace) in appreciation for all of the moral and financial help and support that we had given this lab.

Since the center section of our original cradle became the base of the Redwood Candle, in 1958 the remaining part of it was melted down and molded into a new large candle and 4 small ones to represent the "Spirit" of Chatcolab"-knowledge, philosophy, ideas, humor, and sharing. These are the candles we still use.

Through the years, Chatcolabbers have strived to make improvements in the camp so that it will be a better place when we leave.

Recreation Laboratories offer a unique opportunity for all those involved in recreation of all types, whether on an amateur or professional basis. Its uniqueness stems from the extent of complete involvement of the individual in the imaginative planning and sharing of all aspects of the recreational program. An atmosphere is created for discovering within oneself the latent abilities that ones normal environment never uncovers. In this discovery, anyone can become a better man or woman, a more efficient leader. The wide opportunity to gain manual skills and training experiences, though of lasting value, shall be considered secondary to the foregoing.

Thus, these basic objections were formulated years ago and still hold today:

"Participants in Chatcolab Recreation Laboratory have the opportunity to uncover, utilize, and share those talents in themselves which are perhaps laying dormant by:

1. Getting to know intimately, by working together, others similarly involved in working with people.
2. Encouraging participation in "trying-out" situations.
3. Sharing recreational experiences and skills with both amateurs and professionals.



The basic idea which brought so much enthusiasm out of so many people can be expressed in one word - SHARING. The learning at lab has never been by or for specialists. It has been an effort to stimulate and enthuse by exposure to methods and ideas. Stress has been placed upon learning by participation and encouragement. The sharing of duties was encouraged whenever possible by having the lab in a camp site situation where duties and problems made practical application of chore sharing a neccessity. Leaders have been chosen very often, not as true experts in their fields, but rather as guides to help other leaders on the way.

\*\*\*\*\*

I want to be on friendly terms with everyone I know;  
 I would admire and trust them all,  
 As here and there I go.  
 But life is filled with many folk,  
 So where should I begin  
 To judge the qualities of each--  
 These friends I wish to win?  
 Myself! Ah, there's a starting point!  
 How good am I? How true?  
 Would others like, admire, approve  
 The things I say and do?  
 And so I'll start my friendship list  
 With the person known to me,  
 And teach myself the traits I'll like  
 In other friends to see.

\*\*\*\*\*

IF I KNEW YOU

If I knew you and you knew me;  
     if both of us could clearly see,  
 And with an inner sight divine,  
     the meaning of your heart and mine.  
 I'm sure that we should differ less;  
     And clasp our hands in friendliness;  
 Our thoughts would pleasantly agree,  
     If I knew you and you knew me.

If I knew you and you knew me,  
     as each one knows his ownself, we  
 Could look each other in the face,  
     and see therein a truer grace.  
 Life has so many hidden woes,  
     So many thorns for every rose,  
 The "Why" of things our hearts would see  
     If I knew you and you knew me.

. . . . Author Unknown

## CHATCOLAB HISTORY

as related by Charlie Scribner at 1965 Sunday Night Ceremony.

The older buildings here were constructed in 1934 as a CCC camp; the messhall, the old "Rec." hall, barracks #4, the office, and bathhouse. (The office has been removed and a new building in 1968)

After their occupancy by the CCC was ended, the Heyburn Camp Association, a group consisting of the county agents from several counties in northern Idaho and eastern Washington leased the site from the state for outing facilities for 4-H groups. When Chatcolab was organized they applied for and were granted a week before the 4-H clubs needed it. The old buildings were designed for only three years use originally, so considerable maintenance was required to keep them in condition for use, or at least somewhere near that condition. Due to the short time lease, it was not felt that more than the barest of maintenance was justified.

Then, eight years ago the law was changed to make possible a 7 year lease with renewal clause. This made the future of the camp for our use secure. The counties concerned built the newer small barracks (names engraved), razed several of the most dilapidated of the old buildings. The board, including the committee of Chatcolab, promoted and moved the present recreation hall-- Shanabrook-- from the Diamond National Company at their logging camp east of Bovill. Volunteer labor, chiefly county agents and those others who they could inveigle, erected it.

The camp is presently used by ten county 4-H encampments, Chatcolab, a western forestry training camp, one church group, and a sort of summer retreat for part of the faculty of the University of Idaho.

Locally there are some interesting natural and historical points. In 1843 Father Point erected St. Joseph's Mission on the foothill on the north side of the river almost directly east of our camp. This was the first church erected in Idaho. It was located at an ancient Indian encampment and on a much used trail between the Tensed area and the upper Coeur d'Alene River. Late high water made the fathers dissatisfied with this location.

Therefore, in 1846 they moved to the site of the Cataldo Mission, just off Highway 10 and slightly west of the village of the same name, under the direction of Father Nicolous Plant. This is easily accessible and very much worth the effort and time needed for a visit. The huge timbers, moved in and erected by manpower alone, are rather awesome. Small poles were inserted between them. Grass was woven between these; then a coating of mud was applied. Excellent finger prints of these old workers are still plainly visible. In 1877 the mission was again moved to the present site at Jesmet, but a week-long summer encampment is still held each summer at the old site.

In 1958 Captain John Mullen started to build a military road from Valla Valla to Fort Benton, Montana. His road came down the point just beyond the village of Chatcolet. Traces of this old way can still be seen. He crossed the outlet to Lake Chatcolet which he called Four Lake then followed up the south bank of the St. Joe River to the site of old St. Joseph's Mission. Here he built a ferry of sorts, then took a route to the Coeur d'Alene River which is closely approximated by State Highway 3. This route was troubled by high water for considerable periods so in 1863 the good captain constructed a route through the present city of Coeur d'Alene, thence eastward near the present route of Highway 10. He camped during July 4th period just east of the Fourth of July Summit (continued)

(as now called). Near his camp the date, July 4, 1863, was carved on a white pine tree and this is still legible. The tree itself was twisted off in a windstorm some years ago, but the base remains, protected by an iron fence.

The sharp peak to the east was a popular hunting and berrying camp for the Scioumi (Coeur d'Alene tribe), probably venerated by them as today by those who dwell under its spell. Just beyond and slightly to the north is a rockslide on which a number of stone monuments have been erected. Some of these still remain in good condition. They are of interest because of a custom of the Sucoimi. When the boys reached or approached young manhood they were stripped of all clothing and other gear except a knife. They were required to make their way from the encampment, wherever it might be, to this mountain, erect a suitable memento, have a dream, and return to their home, living from their own resources during the entire journey. Upon their return they reported to the elders on the monument they had placed. On the fall hunt these elders inspected the marker, and if it was found to be satisfactory they were admitted to warrior status. They reported their dream to the medicine man who interpreted it from various omens and talismen, then bestowed upon them a name.

Directly west of the camp, on a trail that leads up the watercourse, in the talus alpoes will be seen some mounds and depressions that are conjectured to have been made for use as concealment when the Scioumi were watching for game to approach. Certainly they were man made. Farther along the trail climbs to a plateau known locally as Indian Cliffs, from which a gorgeous view of the valley is obtained. The trail reaches the road just toward camp from the railroad.

While we were up on the cliffs we could hardly help noting one of the remarkable phenomena of the St. Joe River--"The River That Runs Through the Lake" (Robert Ripley). Here the river flows for several miles between banks that are several feet high--dry enough for a road most of the year. A very fine view of this is afforded from any overlook on the way to St. Maries, some half a mile east of the railroad underpass.

NOTE: Chatcolab, on the Northwest Leadership Laboratory, has always been held here at Camp Heyburn. It serves four states for the most part: Montana, Idaho, Oregon, and Washington, but some people from other states attend every year. The lab is planned each year by an elected board or committee of nine members that serve 3 year staggered terms. Three new members are elected each year.



When you tell about CHAT ---  
Here is a Brochure to pass on  
to someone you hope will come  
to CHAT next year.  
This is one of the ways  
CHAT is perpetuated.

TO  
CARE  
AS  
TO  
SHARE

### WHAT IS CHATCOLAB?

To me, it is the chance to share, the chance to grow.

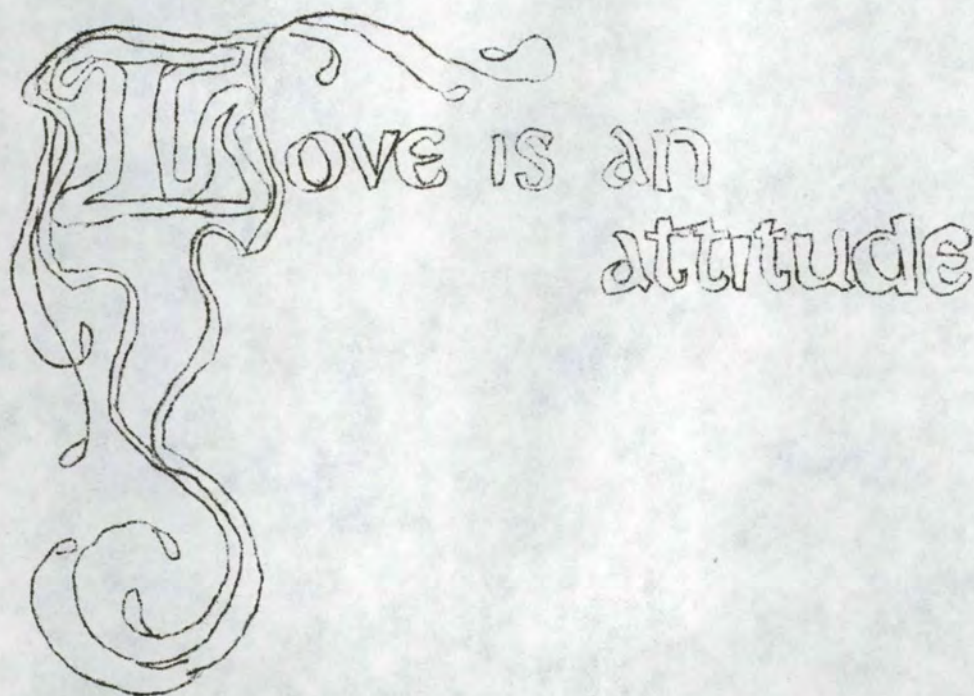
It is the ever present feeling that one can share one's feelings and not be afraid of being reprimanded for showing your inner feelings.

Watching new labbers reach out to old and new labbers; watching old labbers reach out to new labbers and all the while expanding their relationships with each other, even when they are not there.

Sharing, caring, loving, taking part in late night bull sessions, taking part in early morning and afternoon organized and impromptu discussions (both large and small groups), and above all else always telling the truth as we see it.

Openly communicating with people from many different parts of the world, sharing our culture and theirs in an openness like we have never known before.

Stew White

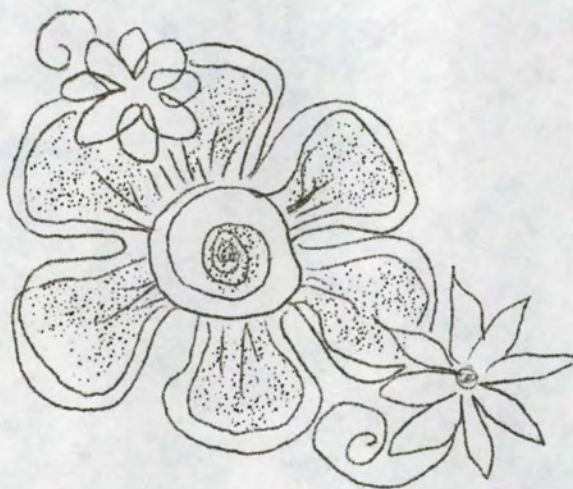


## PHILOSOPHY OF CHAT

When I first came to Chat, I didn't know what to expect of what I wanted to happen. But when I arrived and took in the beauty of the camp, and later, the beauty, peace, and love of the labbers, I felt I now knew, in a way, what I had needed and wanted and that it had been found here. It is reassuring to know you can be accepted and loved for who you are and not who you ought to be. We also learn that we can do the exact same to others.

What did I find at Chat? I started putting myself together, finding out where things are at. I'm on the way to become MY TRUE SELF. Most of all, I have learned that when we love someone-we love them for themselves and shouldn't be afraid to share our love. Chatcolab is SHARING.

...Fred.



As the week of Chat begins to come to a close, I start to look back, back on all the various experiences that I have been a part of and I realize just how much the camp, people and the week in general have meant. During one week, I have discovered how very close and how very much you can learn to love others. These experiences all add up to the final feeling I will have at the end of the week. Although right now I am not absolutely sure of the total feeling, I have a pretty good idea that it will be a very fulfilling one for me. I only wish everyone could experience some thing like Chat, and maybe the world would be a better place for it. And yet, if we feel so moved and strong enough we should be able to go to our many various homes and start to spread our own Chat around. If it has given us such a moving experience, as it has to me, then I want everyone else to share the love and beauty I feel and see. The feeling is not something we can push on others, but they themselves have to be ready and willing to accept the experiences and the consequences. Because of our sharing this past week, I feel each and every one of us, for the most part, are ready to do this. And if we are not ready right now, we will be soon. Just always remember the love we share at Chat and let others share it with you. Don't be sad as we leave this place, as we are not saying good bye to the camp or the people. We are only saying, "take care 'til next year. We will meet again right here, with more friends and even new strangers, to learn the experience of Chatcolab. All I can say is, "Thank you for a beautiful week, for being you and letting me be me. Try to share our unique experience with all you meet, work with, go to school with, and just love in general. To make things happen, you have to want them to happen. God bless you all through this coming year, be happy, and see you all next year, if not sooner. I love every single one of you.

Terri "Fred" Havelhurst

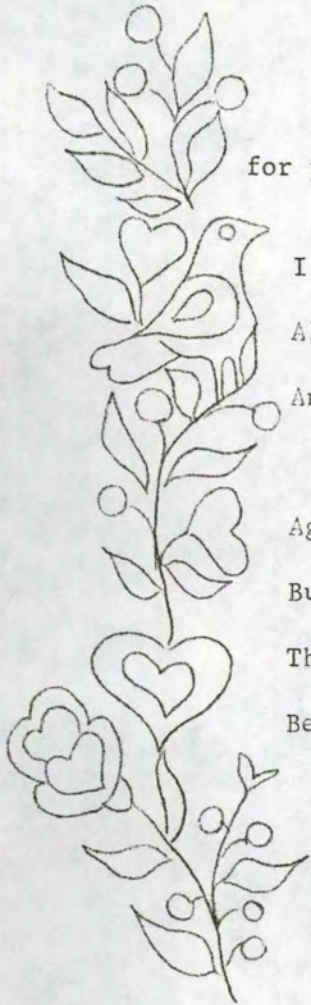
I had the privilege to find a very exceptional book in my school bookstore and I would like to share some of the poetry with the 1974 Labbers and anyone else who loves people and nature as we have learned to do this past week. May we always be able to share the beauty of love and nature with all.

Excerpts from "Come into the Mountains, Dear Friend" by Susan Polis Schultz

The Introduction is appropriate as it reads, "The world turns around, new people grow up, and still the inhuman forces that society imposes against the individual are present. I believe that we can eliminate these evils through love and friendship.

Come into the mountains, dear friend, to seek out the beautiful things in the world so that you can use these positive forces to create a new and better world.

s.p.s.



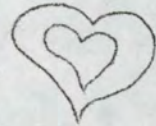
for you....my friends at Chat.

I could not bear to see the happy end sad...and so I  
ran away.

Alone - I climbed high into a tree.

And without ever trying, I became a part of the tree,  
and the tree, a part of me.

Again, I could not bear to leave...and so I ran.



But this time, not away.

This time I ran back to you...no longer afraid to leave  
Because when I leave, I will take you and the tree along  
with me.



--Karen Fox

karenfox



THOUGHTS

THOUGH it is late I felt that I should clear my mind of those things which cloud my mind and hinder my interaction with my fellow labbers and friends. I have a temperment that I have tried to control for the last several years, and which I am very sorry to say, poorly.

I say poorly because I very clumsily have managed to hurt those people that are dear to me through my non-thinking verbal, physical, and body (language) responses. Most of the pain which I have inflicted upon these friends was NOT deserved, for which I apoligize wholeheartedly. Some of it was truly well deserved and for the pain which I caused in these few instances, I apoligize doubly.

Though I may be the recipient of someone's dislikes, poor feelings, bad mood, or just their unthinking carelessness I have absolutely no reason and absolutely no right to release my disccmfort and try to make them feel bad as I do. Even when someone you love very, very much drops something in your lap that makes your stomach start to churn and thoroughly masses your mind up, there is no excuse for trying to hurt them.

Instead you should contain those impulses to hurt and strive to understand what it is that you should do to make this situation resolve itself. If you can but learn to control your own end of any interaction, you will be better able to help others maintain their common sense and their wits until they know for sure exactly what happened and how they can better the situation.

stewart e. white

A BLANK

When written upon  
    It is filled.  
When drawn upon  
    It is colored.  
When divided  
    It is torn.  
When left alone  
    It is blank.  
  
My mind was like a blank;  
    It was written upon.  
My life was like a blank;  
    It was drawn upon.  
My future is like a blank;  
    If it is divided, it may tear.  
I am like a blank  
    If left alone, I will be blank.  
  
Please, don't leave me blank.

SMILE

SMILE LIFE IS BEAUTIFUL,  
JUST LIKE A RAINBOW.

sew, esq.

## Y O U

There's nothing to fear---your're as good as the best. As strong as the mightiest, too. You can win in every battle or test, for there's no one just like you. There's only one You in this world today-so nobody else, you see, can do your work in as fine a way! You're the only You there'll ever be - so face the world and all life is yours to conquer and love and live and you'll find the happiness that endures in just the measure you give. There's nothing too good for you to possess, nor heights where you cannot go - your power is more than belief or guess, it's something you have to know. There's nothing to fear - you can and you will - for you're the invincible you! So set your foot on the highest hill--there's nothing you cannot do!

Author Unknown.

Contributed by Leila

## Satisfaction

There is no thrill in easy sailing,  
 When the sky is clear and blue.  
 There's no joy in merely doing  
 Things which anyone can do.  
 But there is some satisfaction  
 That is mighty sweet to take,  
 When you reach a goal  
 That you thought you couldn't  
 make.

## Values

He paused to see a rose in  
 bloom in June,  
 With dew drops glistening  
 in the early morning sun.  
 Its beauty calmed his soul.  
 He was late to work, and  
 missed a deal--  
 Which cost his firm commission.  
 But, he saw a rose in bloom  
 in June,  
 With dew drops glistening  
 in the early morning sun.  
 Its beauty calmed his soul.

## The Fabric of Life

The fabric of life is not woven  
 Of only the bright strands and gay  
 For now and then mixed with the golden  
 They find just a few strands of gray!  
 And as they blend into the pattern  
 They add depth and help make more clear  
 The lovely design in life's fabric  
 That all of us weave, year by year.

BEYOND REGRET (HAVING GROWN)

I called him to be free,  
beside me;  
to reach out for the stars,  
beside me:  
to sleep in peaceful love,  
beside me.

He recoiled in hasty fear,  
before me:  
in question of himself,  
before me:  
in confusion of my love,  
before me.

And now he travels on,  
without me:  
on to find his life,  
without me:  
on for another love,  
without me.

I look beyond regret,  
within me:  
I look for all our joys,  
within me:  
I see his growth and mine,  
within me.

.....I know that there is love about me.

Jackie

A LETTER

Dear friend,

You're there;

So am I.

I'm here;

So are we.

You are here, I am there,

For together we are everywhere.

Jackie

At Christmas time the world is changed,  
For then men stop and leave their cares.  
The world becomes a Chatcolab  
As each one in his own way shares.

In one short week a Chatcolab  
We'd learned to love and truly cared;  
And shells broke off and we were free  
To do the things we'd never dared.

We sang, we ate, we danced and played.  
We joked, we laughed and shed a tear.  
Yet though we knew that it must end,  
We wished that we could stay all year.

Now each of us has felt, I'm sure,  
That part of him remained in Lab,  
But, that's not true, it couldn't be  
For now the camp is cold and drab.

Without the people, there's no Lab;  
And so, dear friend, I'm sure you see  
True Chatcolab is in the heart  
And part of me you'll always be.

Bruce Llm  
(his Christmas card, 1973,  
reprinted by special permission)

Christmas  
Has  
Recalled  
In  
Some  
The  
memories  
And  
Songs  
  
And  
The  
Cherished  
Hours  
At  
The  
Camp  
Of  
Love  
  
And  
Brotherhood

to Bruce and all of you--

"I am wealthy in  
my friends."

thanks secret  
pal,  
karen fox



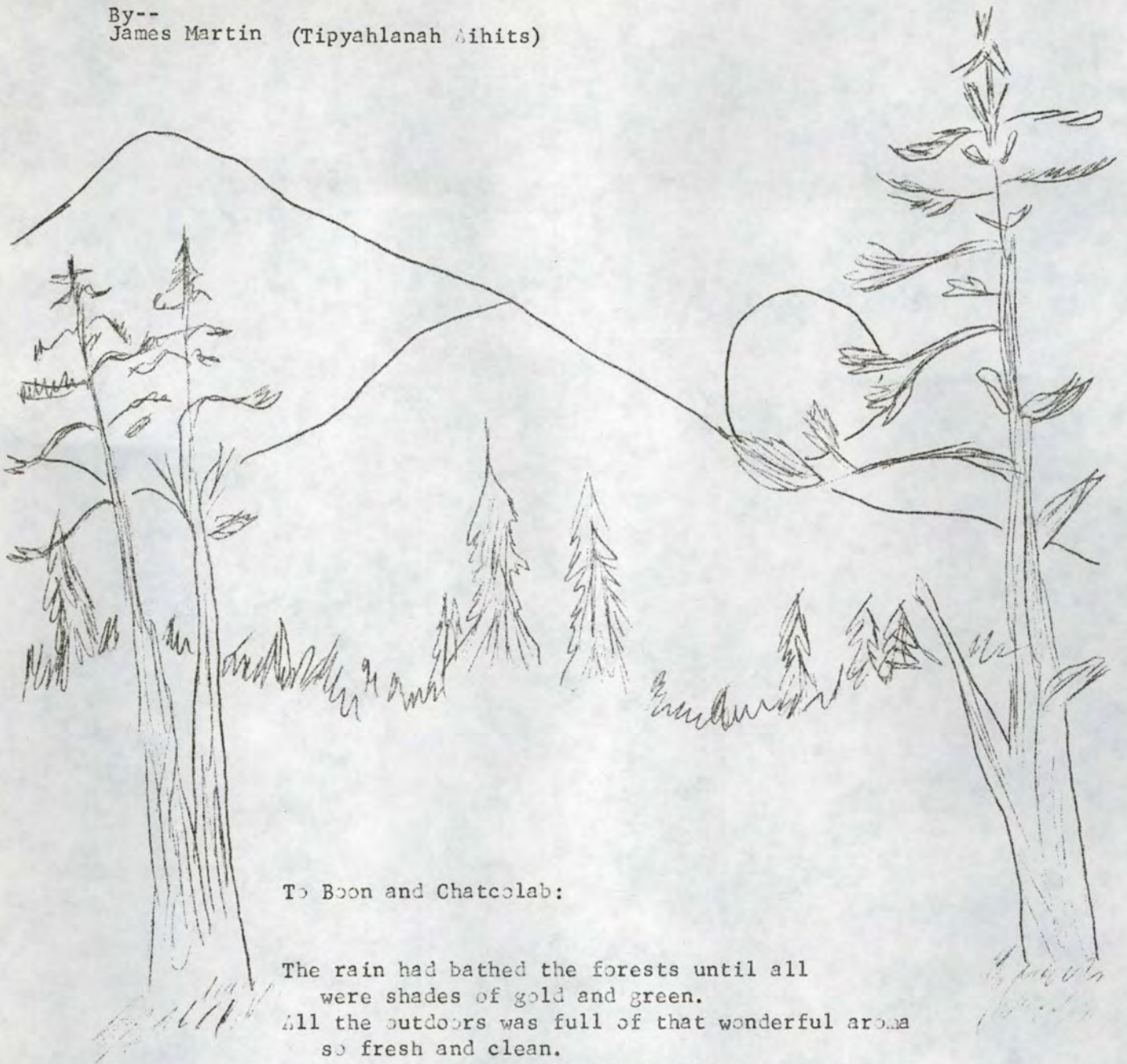
Oh Great Spirit, This I ask;  
 In Beauty may I walk.  
 In Love, and in Wisdom may I walk.  
 Through the returning seasons may I walk.  
 Beautifully will I possess again,  
 The Beautiful Mother Earth,  
 The Beautiful High Country  
 The Beautiful Mountains and Lakes,  
 The Beautiful Joyful animals and Birds.  
 On the Beautiful trails may I walk  
 With my Friends about me may I walk.  
 With light and nimble feet may I walk  
 With young and happy heart may I walk  
 With the Trees and Flowers around me may I walk  
 In Old Age, wandering on a trail of Beauty,  
 Lively, May I walk.  
 In old age, wandering on a trail of Beauty,  
 Living again, May I walk  
 With my young Hi Country Friends, May I walk.  
 With Love and Beauty May we walk together.  
 With Love and Beauty of Chatcolab may each of you walk throughout the  
 year.

If it is finished in Love and Beauty,  
 It will be finished in Love and in Beauty.  
 Then on the Great White Trail,  
 I will walk in Beauty, I will walk in Love  
 Forever I will walk in Beauty,  
 Forever I will walk in Love.



Jim Martin





To Boon and Chatcolab:

The rain had bathed the forests until all  
were shades of gold and green.  
All the outdoors was full of that wonderful aroma  
so fresh and clean.  
The sun was shining, fondly drifting over the  
land with His warm golden glow.  
The trees were nodding sleepily, steam was rising  
from the forest floor below.  
The hills wore jaunty caps, made of a  
fluffy grey or white cloud,  
They stood there smiling at the world, looking  
so strong and proud.  
As I listened I could hear all nature singing  
a song so sweet and clear,  
They were singing their praises to God, thanking  
Him for being so near.  
Across the sky, from the East to the West, was  
a large beautiful Rainbow  
Put there by God, as He promised; to let  
all the world know  
That He loved each one of us dearly, regardless  
of the color of our skin,  
When He is in need of help, He will open  
the Door and let one of us in.

## C H A T ' 7 4

What moment did I feel Chat had welcomed me?  
When someone really listened to my song...  
and answered  
by taking my hand  
and telling me everything  
was all right.  
Thank you for being my friend.

daphne annie

Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed.

Booker T. Washington

The making of friends, who are real friends, is the best token we have of a man's success in life.

Edward Everett Hale

It is not flesh and blood, but the heart, that makes brothers.

Schiller

Whenever two people meet there are really six people present. There is each man as he sees himself, each man as the other person sees him, and each man as he really is.



So now, Little Man, you've grown tired of grass,  
L.S.D., goof balls, cocaine and hash;  
And someone, pretending to be a true friend,  
Said, "I'll introduce you to Miss Heroin.

Well, honey, before you start fooling with me  
Just let me inform you of how it will be.  
For I will seduce you and make you my slave,  
I've sent men much stronger than you to their graves.  
You think you could never become a disgrace  
And end up addicted to poppy seed waste.

So you'll start inhaling me one afternoon;  
You'll take me into your arms very soon.  
And once I have entered deep down in your veins,  
The craving will nearly drive you insane.

You'll need lots of money (as you have been told)  
For, darling, I'm much more expensive than gold.  
You'll swindle your mother; and, just for a buck,  
You'll turn into something vile and corrupt.  
You'll mug and you'll steal for my narcotic charm,  
And feel contentment when I'm in your arms.

The day when you realize the monster ypu've grown,  
You'll solemnly promise to leave me alone,  
If you think that you've got the mystical knack,  
Then, sweetie, just try getting me off your back.

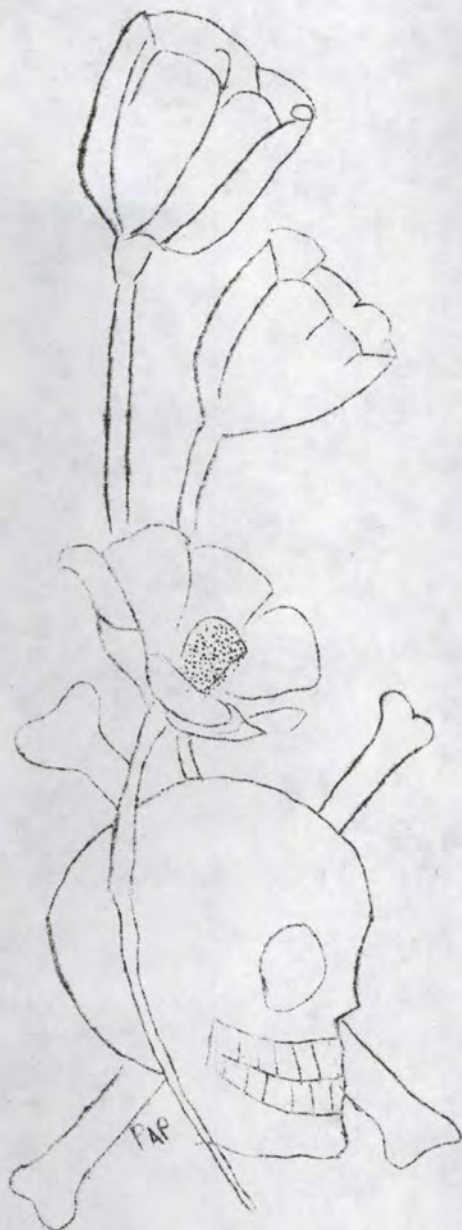
The vomit, the cramps, your gut tied in a knot,  
The jangling nerves screaming for just one more  
shot--

The hot chills and cold sweat, the withdrawal pains,  
Can only be saved by my little white grains.  
There's no other way, and there's no need to look;  
For deep down inside, you'll know you are hooked.  
You'll desperately run to the pusher and then  
You'll welcome me back to your arms once again.

And when you return (just as I foretold!)  
I know that you'll give me your body and soul.  
You'll give me your morals, your conscience,  
your heart,  
And you will be mine until DEATH DO US PART.

-- Anonymous Addict.

(From the McGuire AFB, New Jersey, "Air Tide")



## C I R C L E

Dennis Parent

There is a feeling going 'round  
 Which time and weather doesn't change  
 We grasp it as we are able

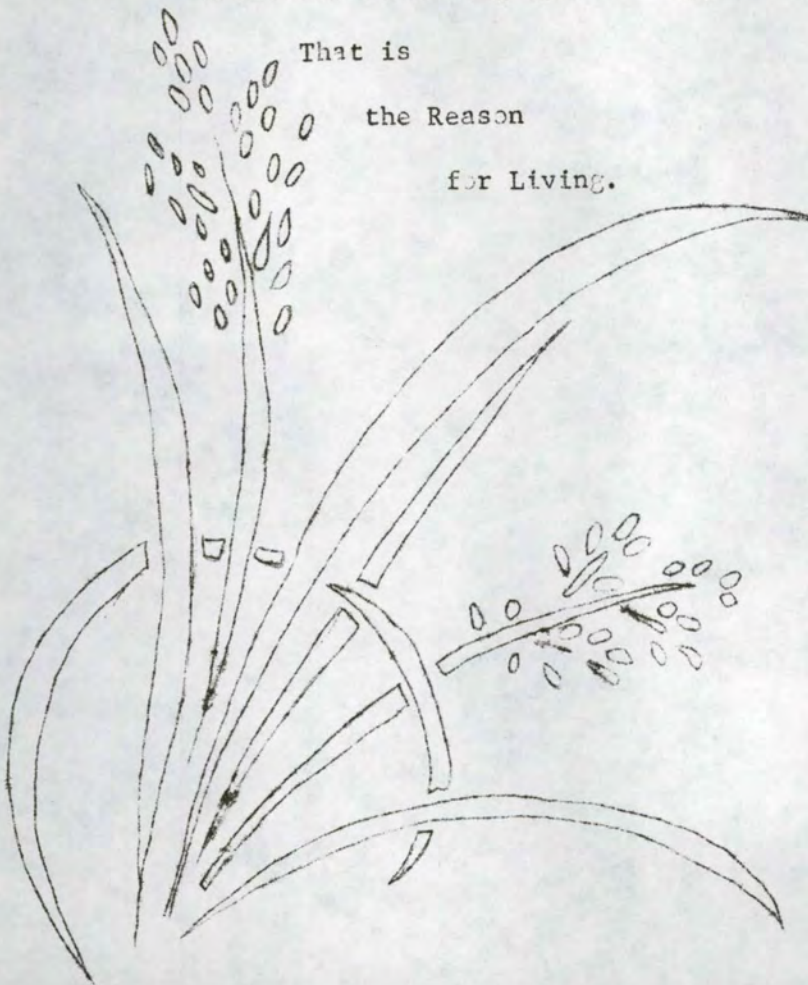
There is a feeling going 'round  
 We're blooming, freer, more alive  
 Like springtime in the hills

Yes, there is a feeling going 'round  
 We are accepting, we are accepted  
 We are we, and so it flows.

## A Poem by Meg Bradley

I believe in Life; it is the greatest gift.  
 I believe in Love; it is life's balm and elixir.  
 I believe in Trust; it is the knower that frees us.  
 I believe in Health; it is our divine inheritance.  
 I believe in Joy; it is the strength of individuality.  
 I believe in Peace; it is the hope of the World.  
 I believe in Harmony; it is the music of the spheres.  
 I believe in Giving Myself Away;

That is  
 the Reason  
 for Living.



"Come into the mountains, dear friend  
 leave society and take no one with you  
 but your true self  
 get close to nature  
 your everyday games will be insignificant  
 notice the clouds spontaneously forming patterns  
 and try to do that with your life."

"Knowing that you are always here to understand and accept me, helps me get along in the confused world. If every person could have someone just like you, the world would become a peaceful garden."

"you know how i feel  
 you listen to how i think  
 you understand...  
     you're  
       my  
       friend"

"Man is forced to be alone by the very nature of society. But if you meet a person who is not envious, who loves and believes in other than himself, then to this rare person offer a lifetime of friendship."

"Your heart is my heart  
     your truth is my truth  
         your feeling is my feeling  
 but the real strength of our love  
 is that we share rather than  
 control each other's lives"

"I have been lonely  
 talking and thinking to myself  
 I now realize how essential it is  
 to have someone to share oneself with"

"what is life to you?  
 the butterflies among the tulips  
 the children rolling down the grassy hills  
 the sun feeding the seeds of fertility  
 finding someone whose sensitive expression  
 makes you cry...."

"our special spot  
 where the clear sky forms a roof  
 over the greens and browns:  
 nature's unplanned blending.

the peaceful dining of the birds  
 makes us forget the world outside  
 and i only want to live in this environment  
 with our love as pure and beautiful  
 as nature surrounding us."

"surrounded by the  
     fragrance of blossoming grass  
       i am alive with a love  
         of life and a feeling  
           of oneness with  
           the earth."

Poems by Steve Christiansen

A Lesson I learned from John I.  
 Who seemed individually shy.  
 Though this man was extremely clever  
 He expressed it not ever  
 Because of restriction  
 That hampered his diction  
 And some inhibitions of time.

So we must recall  
 We're members all  
 And though we listen to men of glory,  
 The humble too have their story

(You just have to listen harder)

*And,*  
*When we are over*  
*the good feelings of love,*  
*sometimes things that we use*  
*craving over the thoughts of how*  
*long we go on without giving or receiving*  
*it.*  
*Love*  
*ya*  
*Steve*

As a cone of the ponderosa pine--

From the beginning its outward growth;  
 maturing, becoming full of life, love & warmth

Sometimes abruptly, torn from the tree before its time  
 by strong winds

Other times the cone seems ready to spread its life  
 and love for that life but is not able to  
 free itself from the large pine.

Finally on a very warm day, it breaks free  
 overly full infant like life-it bursts  
 open throwing radiant happiness in all directions.

Contributed by WE NEED TO FEEL MORE  
 Margaret Bradley

- We need to feel more to understand others.
- We need to love more to be loved back.
- We need to cry more to cleanse ourselves.
- We need to laugh more to enjoy ourselves.
- We need to see more other than our own little fantasies.
- We need to hear more and listen to the needs of others.
- We need to share more and own less.
- We need to look more and realize we are not so different from one another.
- We need to create a world where everyone can peacefully live the life they choose.

(From COME INTO THE MOUNTAINS, DEAR FRIEND,  
 by Susan Polis Schultz)

A Poem by Sonja

Finkle, finkle little twin,  
Who the heck you are I think.

I am not drunk as thinkell beep  
I'm just a little snort of sheep

I am not under what they call  
The alcofluence of inkohol.

Tee martoonies make a guy full of  
feelish I don't know why. So fill  
her up just once more, I got all  
day sober to Sunday up!

My Favorite Poems

Contributed by Maurine Bell

Give us, O God,  
the vision which can see  
Thy love in the world in  
spite of human failure.

Give us the faith, the trust,  
the goodness, in spite  
of our ignorance and weakness.  
Give us the knowledge that we may continue to pray  
with understanding hearts,  
and show us what each  
of us can do to set forth  
the coming of the day  
of Universal peace.

Amen.  
(First prayer from space, Apolla 8, Christmas Eve)

The most lovable quality that any human being can possess is tolerance.  
It is the vision that enables one to see things from another's viewpoint.  
It is the generosity that concedes to others the right to their own  
opinions and their own peculiarities. It is the bigness that enables us  
to let people be happy in their own way instead of our way.

Perspective

When I measure myself by the grasses  
Then I am good and tall;  
When I measure myself by the mountains  
I do not exist at all.

\*\*\*\*\*

It is very, very curious  
How one may either be  
A cat, that nibbles a moment,  
Or a mouse in eternity.

Have you learned lessons only of those  
who liked you and were tender with you  
and stood aside for you?

Have you not learned greater lessons  
from those who rejected you and braced  
themselves against you or disputed the  
passage with you?

Walt Whitman

## VIEWS OF BOUNDARY CABIN

Oh, say, have you seen her in curlers  
Have you seen her with face all agleam,  
With lotions and potions-not telling what notions  
Of cleansing and pore-cleaning cream?

Oh say, have you seen her unpowdered  
Unrouged on the cheeks and the lips  
Have you eyed her untied and a good bit more wide  
And not gathered in at the hips?

Oh say, have you seen her in the morning  
In garb that is comfy and old  
In slippers like kippers and slacks that  
aren't zippered  
And her nose all adrip from the cold?

You haven't, dear fellow here's hoping  
Your nerves are as steady as a rock  
For when I got my first view  
And realized it was true...  
I almost passed out from the shock!!!

Anonymous



POEMS are made by fopls like me  
 But only God can make of Tree.

T. S. Elliot

It's true but, not true  
 Real, but it won't last  
 Another year, and  
 We'll be back  
     Some, not all  
 S Sixty people, more or less  
 Learning, loving, sharing.

Sunday we go our own way  
 New ideas, and feelings learned  
 The world's hostile,  
 The people need help  
     Some not all  
 Billions of people, the world over  
 Lying, dying, cheating.

Life goes on, time won't stop  
 Help someone, share the time  
 Give your love, and  
 you'll get more back  
     All, not some  
 The lowest on earth, is the highest in heaven  
 Learning, loving, sharing.

Written for Betty Schuld

By: Her secret friend

## HOW TO STAY YOUNG

Contributed by James Martin

YOUTH is not a time of life . . . it is a state of mind.

Nobody grows old by merely living a number of years; people grow old only by deserting their ideals. Years wrinkle the skin, but to give up enthusiasm wrinkles the soul. Worry, doubt, self-distrust, fear and despair... these are the long, long years that bow the head and turn the growing spirit back to dust. \*\*Whether seventy or sixteen, there is in every being's heart the love of wonder, the sweet amazement at the stars and the starlike things & thoughts, the undaunted challenge of events the unfailing child-like appetite for what next, and the joy and the game of life.

You are as young as your faith, as old as your doubt; as young as your self-confidence, as old as your fear; as young as your hope, as old as your despair.

EXERCISE IN EGO DEFLATION

YOU cannot do everything.  
You have to learn to say "NO."  
Others have talents and ideas  
Plus incentives to make everything go.

Feeling important,  
Your ego in bloom?  
Taking it for granted  
You're best qualified in the room?  
Sometimes when you feel  
That your dropout  
May leave an unfillable hole...  
Go ahead...Think it...  
Be active, contribute, don't copout.  
But consider this simple instruction  
To see how it humbles your soul:

Go down Chatcolet Lake to the water  
Put your hand in up to the wrist...  
Pull it out  
And that "Hole" that's remaining  
May measure how much you'll be missed.

Splash all you wish to  
Stir up the water galore...  
But when you stop, in a moment  
It appears the same as before...

Moral of the quaint example is:  
Just so the best you can,  
Be proud of yourself and be helpful  
Keep promises and lend a hand.  
But remember there is  
No indispensable Woman or Man.

Billie Marie Studer  
1974

To my Secret Friend--  
  
Through this week I have  
watched you move.  
Through this week I have  
watched you grow.  
You have grown as a person,  
You are my life long friend.  
I love you.  
Stew White

"If only all the  
hands that reach could  
touch."

submitted by  
Theresa Kraus



## FROM CALIFORNIA SPRINGTIME TO IDAHO

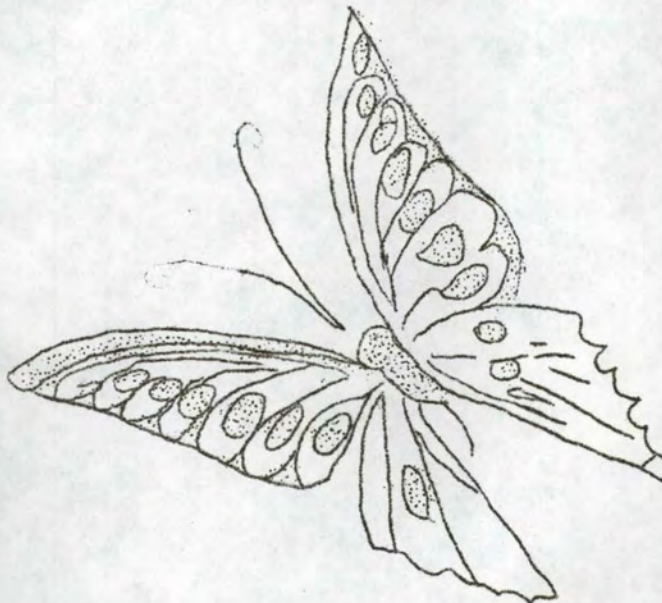
Yesterday            the sun shone;  
   the poppies smiled;  
   and so did I.

The hills were calling for me to run upon their velvet down;  
the ocean spoke in gentle tones;  
and I fell, immersed in this great splendor,  
into a pocket of dreams,  
sewn roughly by eternity  
and bound in glory.

Today  
                                 the air bites:  
   the ground is damp;  
   and I am warm.

A nettled down now lies beneath my advancing steps,  
the senses are alerted to different delights,  
but the rainbow spans the universe,  
and I know it is all one  
its beauty grows eternally.

Jackie



THE THEORY of the DIPPER and the BUCKET

You have heard of the cup that overflowed. This is the story of a bucket that is like that cup, only larger; It is an invisible bucket. Everyone has one. It is always with us. It determines how we feel about ourselves, about others, and how we get along with people. Have you ever experienced a series of very favorable things wich made you want to be good to people for a week? When this happens your bucket is full to overflowing.

A bucket can be filled by a lot of things that happen. When a person speaks to you, recognizing you as a human being, your bucket is filled a little -- even more if he calls you by name. If he compliments you on your dress or on a job well done, the level in your bucket goes up still higher. There must be a million ways to raise the level in another's bucket.

But remember, this is a theory about a dipper and a bucket. Other people have dippers and they can get their dippers in your bucket. Let's say I am at a banquet. Nice tablecloth, china, real silver, everyone is dressed up -- had a bath. While I am visiting I inadvertently upset my coffee. A big, brown spot appears, steam coming up from it. I'm embarrassed, I turn redder than I am usually red. The doffee keeps crawling right toward the lady across from me, Finally it does it! Dribbles on her. She just jumps a little, but she is really just being nice because it is HOT!

Now I am so embarrassed I would like to stop the world and get off. The "Bright eyes" right down the table from me says: "You upset your coffee." I made a mistake; I knew it first; and then he said "You upset your coffee!" HE GOT HIS DIPPER IN MY BUCKET!

Think of some of the times a person makes a mistake, feels terrible about it, only to have someone tell him about the mistake as though he did not know it had happened.

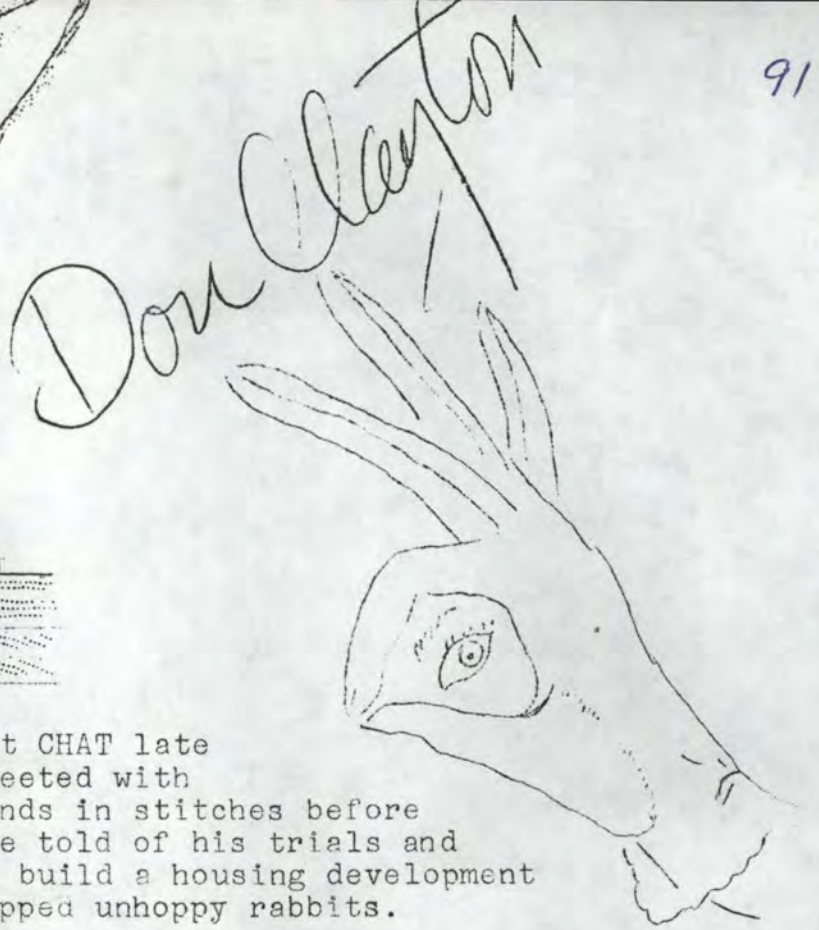
Buckets are filled and buckets are smptied. When a person's bucket is empty, he is very different than when it is full. You say to a lady whose bucket is empty; "That's a pretty dress you are wearing today," and she may reply in an irritated way: "What was wrong with the dress I wore yesterday?"

The story of our lives is the interplay of the dipper and the bucket. . . . Everyone has both. The mystery of the dipper and the bucket is that the only way we can fill our own bucket is to fill someone wlse's bucket. Civilization has been trying to learn this for a long time. The question is whether we will learn it soon enough.

The next time someone is right about what is wrong with you, and you already know it, you can say, "Hey, you have your dipper in my bucket!" Or better yet, when you hear others "dipping" somebody else you can say, "We are getting our dippers in his bucker. We ought to be filling his bucket instead of dipping," and in doing this, you can experience the mystry of the dipper and the bucket.

Miriam Beazley

One of the best things about Chat is making sure that every one goes home with a full bucket, full and overflowing. Betty Schuld



Maximilian Rabbit arrived at CHAT late in the week. But he was greeted with enthusiasm and had his friends in stitches before he was here two seconds. He told of his trials and tribulations as he tried to build a housing development for defenseless, 3% handicapped unhoppy rabbits.

He had been re-elected president of the Vegetable Eaters Club (an unheard of thing) so he had to be very careful to disguise his unfortunate problem of running out of his ranch-house type cave on top of the hill and he COULDN'T help himself as he scampere~~d~~over~~th~~waving~~fi~~elds~~of~~grain and GRABBED a poor little defenseless, hopless rabbit and BEATING HIM OVER THE HEAD 3 TIMES! Then he would be so ashamed, he would go back home to his ranch-house type cave on top of the hill, and sit in the refrigerator to cool off-- anyhow, everyone knows a Westing-house is a good place for tired webbits.

Anyhow, the Fairy Godmother was all eyes, and she saw Maximillian the 3 thousand, three hundered and thirty third, and she told him what would happen if he did this one more time! (you know coming out of his cave on top of the hill, running down some hill, and over~~th~~waving~~fi~~elds~~of~~grain and all the rest.) Sometimes he just couldn't stand it, and ran the wrong way, and you know what happens if you run the wrong way in a cave. Well-- we must tell you the moral of our story----



HARE TODAY AND GOON TOMORROW.



From Ann Landers...

In Love With Life - or How It Would Be If I Were Killed in An Automobile Accident

Agony claws my mind. I am a statistic. When I first got here, I felt very much alone. I was overwhelmed with grief and I expected to find sympathy.

I found no sympathy. I saw only thousands of others whose bodies were as badly mangled as mine. I was given a number and placed in a category. The category was called "Traffic Fatalities."

The day I died was an ordinary school day. How I wish I had taken the bus! I remember how I wheedled the car out of Mom. "Special Favor", I pleaded. "All the kids drive." When the 2:50 bell rang I threw my books in the locker. I was free until 8:40 tomorrow morning! I ran to the parking lot - excited at the thought of driving a car and being my own boss. Free!

It doesn't matter how the accident happened. I was goofing off - going too fast. Taking crazy chances. But I was enjoying my freedom and having fun. The last thing I remember was passing an old lady who seemed to be going awfully slow. I heard a deafening crash and felt a terrific jolt. Glass and steel flew everywhere. My whole body seemed to be turning inside out. I heard myself scream.

Suddenly I awakened. It was very quiet. A police officer was standing over me. Then I saw a doctor. My body was mangled. I was saturated with blood. Pieces of jagged glass were sticking out all over. Strange that I couldn't feel anything. Hey, don't pull that sheet over my head. I can't be dead. I'm only 17. I've got a date tonight. I'm supposed to grow up and have a wonderful life. I haven't lived yet. I can't be dead.

Later I was placed in a drawer. My folks had to identify me. Why did they have to see me like this? Why did I have to look at Mom's eyes when she faced the most terrible ordeal of her life? Dad suddenly looked like an old man. He told the man in charge, "Yes - he is our son".

The funeral was a weird experience. I saw all my relatives and friends walk toward the casket. They passed by, one by one, and looked at me with the saddest eyes I've ever seen. Some of my buddies were crying. A few of the girls touched my hand and sobbed as they walked away.

Please - somebody - wake me up! Get me out of here. I can't bear to see my Mom and Dad so broken up. My grandparents are so racked with grief they can barely walk. My brother and sister are like zombies. They move like robots. In a daze. Everybody, No one can believe this. And I can't believe it either.

Please don't bury me! I'm not dead! I have a lot of living to do! I want to laugh and run again. I want to sing and dance. Please don't put me in the ground. I promise if you give me just one more chance, God, I'll be the most careful driver in the whole world. All I want is one more chance. Please, God, I'm only 17.



KOLLEGE

OF

PHILOSOPHY



Don Clayton

MONDAY DISCUSSION

The basic, always recurring business confronting a recreation leader is the business of getting started in the new situation. This is what we right here are involved in at Chat. This is true for old-timers as well as for newcomers here.

One writer in the field of interpersonal relations has called this the basic issue of inclusion. There are a number of emotional fears and misgivings as well as expectations that often hold sway during the getting started period.

People have different styles of getting started. Some move in quickly and highly verbal manner like someone who races into the water and discovers after they're in it it is too deep or whatever. Others stay timidly on the edge and dabble in a reserved, somewhat defensive style. For example, the newcomer to Chat may want and enjoy the practice of embracing that they see going on here. But not too soon, others may feel that this kind of activity and expression goes too far for them. The recreation leader cannot place program for the beginning of a program on the basis of his or her own personal style of getting included. Recreation activities which invite, break the ice, get acquainted, etc., need to be thoughtful of the range.

Leadership then is not just located in a person designated as such or in someone who possesses certain characteristics and skills--the element of the setting and the situation is a strong influence in influencing behavior.

The smallest deed is better than the grandest intention.

Always put off until tomorrow the things you should not do  
today.

To be of use in the world is the only way to place  
them.

Men do less than they ought, unless they do all that they  
can.

They conquer who believe they can.

The method employed for dealing with the issue of program planning in recreation was to have five selected people who had had some experience in program planning and leadership sit at a table with the discussion leader. The group was sitting in a horseshoe arrangement very close to the table. Two recorders were selected to identify and outline the flow of information coming from the panel and others. Spaces were left for members of the larger audience. The instructions were that anytime that anyone from the larger group wanted to say something related to the discussion, they could come to the center table and sit in at one of the end places after saying his (or her) piece he (or she) would return to place. A number of the labbers used this opportunity to speak and to make significant contributions.

At check points along the way the observer/summarizers were asked to read and explain their recordings on the news sheet.

The outline by these two members is as follows:

Brainstorming

total involvement

all ideas - don't buy the first idea because it is first, buy an idea because it is best

Need for a theme

pulls the group interest into play  
draws participants into activity  
open and free expression  
use of daydreams and daily thoughts

Flexibility

don't say "this is all that is possible;" look for improvements.  
express your ideas, share your understanding  
involve everyone in everything - provide the opportunity for the one that is reluctant to speak  
as the leader, treat the group and its feelings with fairness and equality  
keep track of possible bottlenecks, objectives, ideas, etc. such as  
over or under success  
failure at game  
lack of participation

I. Buildup (invitations)

II. Setting of "Stage" (Last 20-30 minutes)

III. Central Flow of activity

IV. Food

V. Sense of closure

Reports from five small sub-groups (15 minute discussions) on phases of planning:

- I. Tricky letters (one onside the other: #1 open Mon. #2 open Tues..)  
Suspense buildup, stir interest by over informing and confusion  
Personal (& personalized) invitation  
Several forms of media, not just one.

- II. First contact: advertising invitations begin to set the stage. Involve participants in activities as soon as they arrive. When first person arrives, party has begun.
- III. Pace the events by how long it will take rather than should take. Involve partakers in group entertainment.
- IV. Use imagination in naming and making.
- V. Clsoing/tapes/termination, sense of closure. Quieter and more serious than main party. Should provide a quiet sense of pleasure and good feeling toward the events of the day.



Ours is a Special  
Kind of Love



H U G S

Hugging and touching one another is a very important form of expression. Everyone needs to be held everyday so they may feel wanted and not develop a hopeless case of "skin hunger".

There are five basic types of hugging --

Hug "A" - an A-frame hug. Two people lightly embrace with only shoulders touching. This is a timid hug and used as a courtesy hug. It is not very expressive or dynamic.

Hug "B" - a burpy hug. The two people lightly grasp each other and rapidly pat each other on the back.

Hug "C" - the wallet hug. This hug is usually between two men, but not necessarily so. The two people involved stand side-by-side and bump their "wallets" together.

Hug "D" - the one-boobie hug. Here the participants stand with arms around each other, standing sideways and gently hug.

Hug "E" - a super-doooper everything hug. It is done in many ways, but the major characteristics are that it is uninhibited, firm and enjoyable for both parties.

To prevent skin hunger a person needs 4 "E" hugs per day, or 1 hug every 6 hours, 4 hugs every day, 28 hugs every week, 1,460 hugs every year, 109,500 hugs every 75 years.

This explanation of hugs is a gift of affection from the California Redwood Recreation Lab to Chatcolab.

--Mary Stark

THURSDAY DISCUSSION

The discussion subject was centered on the commonly referred to but highly complex concept of Trust.

To prepare small groups for their discussion a few remarks were made in an attempt to give some focus.

Trust involves a risk of rejection and/or ridicule by another. The subjective side of trust also involves becoming aware of one's own self and a degree of self-acceptance in the relationship.

We have been talking about the need for giving or self-disclosing something of ourselves as essential to good relationship and more specifically to effective recreation leadership.

To self-disclose meaningfully one must trust that the other(s) in the relationship will respond in a way that will not hurt my feelings or make me feel rejected. Other people will have a higher or lower threshold for handling this same hurt of rejection.

Some of the kinds of questions we are dealing with might be:

Can I risk the possibility of being rejected in order to build for a close relationship?

What does it mean to be trustworthy?

When or how do we violate another's trust?

How do you recognize trust when you see it?

When is one trusting and when is one not?

What does it feel like to trust another?

The large group was then broken into dyads who in turn got together with two more dyads-making sixes.

Groups of six were instructed to:

1. Concentrate on what elements and feelings are involved in Trust. Explore ~~these~~ ideas in some depth.
2. After twenty minutes draw (with non-dominant hands) develop a skit, a human sculpture, or what have you, which symbolically represents the concepts as your group conceived them.

Try to be creative and expressive.

Each of the groups gave their expressions.

Submitted by Don Clayton

Chat 26  
1974 Evaluation

- 1. Do you feel the lab experiancehas been good for you?  
 Excellent  Good  Fair  Poor  No Reaction
- 2. What would you like to see changed in next years Lab?

Why?

Suggestions and comments-

What would you like to see done the same in future Labs?

Why?

Suggestions and comments-

KOLLEGE  
OF  
KNOWLEDGE



CHAT KOLLEGE OF KNOWLEDGE

\*School of Recreation:

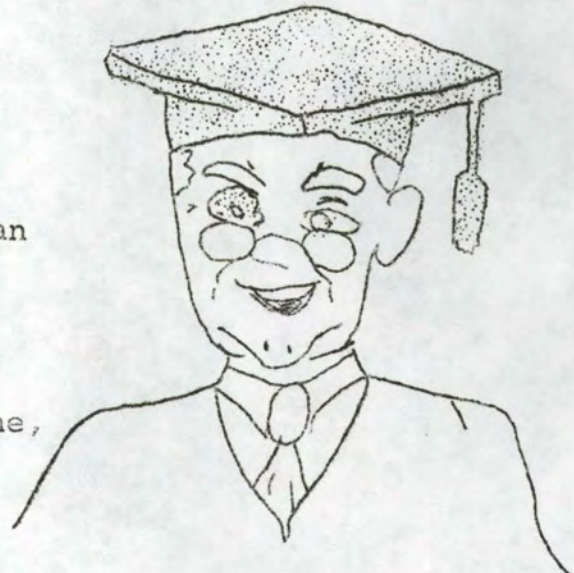
<u>Subject</u>	<u>Professor</u>
Volleyball	Theresa Kraus
Volleyball	Tank Pyfer
Volleyball	Group Z

\*School of Camp Facilitating

<u>Subject</u>	<u>Professor</u>
Camping Administr.	Leila Steckelberg
Kitchen Craft	Marge Grier
Fund Raising	Big Al

\*School of the Outdoors:

<u>Subject</u>	<u>Professor</u>
Outdoor Camping	Joan Smith
Nature Study	
Ecology-Tree I.D.,	
Nature, general	Vernon Burlison
Back Packing-	
Survival	Peggie Foy
Nature walk-	
survival, Plant I.D.	Dwight Wales
Basic First Aid	Scooter Finnegan



\*School of Music

<u>Subject</u>	<u>Professor</u>
Songs, new and old	Daphne, Marianne, Big Al

\*School of Physical Therapy:

<u>Subject</u>	<u>Professor</u>
Oriental Backwalking	Maurine Bell
Hathn Yoga	Sonja Watts
Backrubbing	Terry Havelhurst, Steve Schwartz, Nancy Schwartz, Stew White

\*School of Arts & Crafts:

<u>Subject</u>	<u>Professor</u>
Four-strand braiding	Elaine Rovetto
Finger weaving & Macrame	Florence Wells
Fuzzy Friends	Kay Eve
Candle Making	Leila Steckelberg
Warm Fuzzies	Stew "Bird" White
Bottle Cutting	Jean Baringer
Sand Painting	Bruce Elm
Introduction to Cribbage	Megan Bradley
Magic	Barb Boots
Martial Arts	Boon
The Snap in the Grape	
Homemade Wine	Jack Baringer

\*School of Philosophy:

<u>Subject</u>	<u>Professor</u>
Laotian Culture	Boon
Redwood Pec Lab Summary	Mary Stark
Value Awareness	Karen Fox
Awareness-Surroundings, Feelings, Self, others	- Sue Yeoman
Writing as Communication	- Jackie Baritell
Setting Priorities by Group Participation	Barb Wait
Enrich the Lives of the Aging	Clarence Stephens
Basic Transactional Analysis	Cy Corlett
Communications and Self Awareness	Dennis Parent



Hatha Yoga is the physical branch of yoga, with emphasis on the health of the body. It is disciplining the body with various postures, stretching and strengthening muscles, and stimulating internal organs, so that the whole body functions better. Hatha Yoga can be used for weight control and relaxation.

There are probably as many ways of practicing the postures as there are teachers. There are many books that can be used, but I would recommend "Yoga for Beauty and Health" by Eve Diskin. It is very detailed and has good illustrations and photographs. It also outlines various programs of exercise for various purposes.

There are hundreds of postures, many of them good for the same kinds of things, e.g. there are several postures that stretch the stomach and upper thigh muscles. So if one gets weary of doing the same posture or doesn't particularly like to do a certain posture, there is another one that will accomplish the same aim.

It is not the purpose of Yoga to be able to attain all the postures. The important thing is that one continues to attempt them if he so desires. The body benefits in the attempt just as much as if the full posture were accomplished. It is better to learn the limits of the body and do the postures that will be the most beneficial. Personally I do not plan on ever being able to attain the Lotus posture. It hurts my knees, and does more damage than good.

In attempting the postures one should concentrate completely on what is being done. The body needs the mind telling it what to do. The muscles need the mind telling them to stretch, or relax as the case may be. Some balancing type postures are impossible to even attempt without full concentration. This serves as a form of rest for the mind also. While one is concentrating on improving the body, the days problems and worries have to take a back seat. It is a way of "turning off" the every day thinking for a while, and can be a very refreshing experience. (This is one of the facets of meditation; to be able to turn off your spinning mind when it won't allow you to sleep or stay with the task at hand.)

The following postures are simple warm-ups and basic postures for relaxation and weight control.

Begin standing with your feet comfortably close together. Raise your arms and stretch them over your head, reaching as high as you can. Then begin to bend forward, again slowly, until you are in the position of your hands reaching for your toes. Do not strain to reach the floor, but just let the weight of your upper body stretch and pull the muscles of your back and legs. Return to a standing position..

Side stretch for that top-of-the-girdle bulge. Still standing comfortable, raise your arms over your head from a side position, lock your thumbs together with the backs of your hands touching. Slowly bend sideways as far as you can without hurting yourself. Hold the furthest position for about five seconds. Return to starting position. Repeat on the other side. Extend the stretch and time held as it is comfortable for you. Once a day will do the trick on this one.

Hatha Yoga-- con't

!! Neck Roll

This exercise will relieve tension in the neck and help loosen the muscles in preparation for more difficult postures. Sit on the floor in a comfortable position, simple cross-legged Indian style. Slowly allow your head to drop forward until your chin touches your chest, if possible. Then slowly rotate your head, letting it roll around on your shoulders in a full circle. Do this four times or so each direction. Try to keep your shoulders loose and time your breathing so that you inhale or exhale on each round. Ten seconds for each round is good.

Leg pumps

This is a multi-purpose warm up that will loosen the muscles in your back and at the same time strengthen your abdominal and upper thigh muscles. Good for tightening that sagging stomach. Assume a prone position on the floor, on your back. Use a folded blanket under your back to provide padding for your spine and shoulders. Slowly raise one leg as high as you can, keeping your leg as straight as you can. When you have raised it as far as you can, bend you knee, reach to clasp your knee with both hands and attempt to draw your knee to your chest. Don't strain. Slowly return to starting position. Repeat with the other leg and then do them both together. Strive to take ten seconds to raise your legs to the verticle position. Don't jerk your legs up in a quick motion. This will detract from the proper effectiveness of the exercise. Keep your head on the floor at all times. A variation of this exercise is to try to touch the nose the the knee after the position is reached. This will allow a greater stretching of the back muscles.

Cobra

This posture is great for stretching the abdominal and upper thigh muscles and giving the back a healthful stretch in a different direction. Lay on your stomach for this one, hands and arms at your sides, feet together as much as possible, nose on the blanket. Behin by rolling your eyes up as though you were trying to see out the top of your head. Pretend that someone has attached strings to your eyes and is standing behind you pulling you slowly back. Raise your head. Imagine the muscles raiseing your vertebrae one at a time. When you have your torso as far as your muscles can, slowly bring your arms around and place your hands, fingers pointing in towards each other, palms outward, about where your chin was when you started. Push back with your arms and so raise your torso as far as is comfortable. Hold your furthest position for ten seconds in the beginning and if you wish, try to increase the time as you go along. Reverse the procedure and return to starting position. Don't strain. If your back starts to hurt stop immediately and slowly return o starting position. As your muscles limber up you will be able to move the position of your hands further back in line with your shoulders or chest and thus lenghten the stretch. Rest a few minutes after this one.

Shoulder Stand

This has been called the supreme exercise, especially for women. It reverses the gravity pull on the body, relieves the strain on the leg: veins, allows your abdominal organs to fall back into a normal position, gives the brain and thyroid an extra supply of enriching blood and thus increases the dfficiency of the metabolism, helps return the body to what would be normal preperitions for the individual.

Begin as you would for the leg pumps, hands at your sides, palms down, feet together. Raise both legs at once and when y' can't



Hatha Yoga-- con't

Begin as you would for the leg pumps, hands at your sides, palms down, feet together. Raise both legs at once and when you can't lift them any further, push with your palms to raise your buttocks and back from the floor. Keep your chin tucked down on your chest as best you can. Try to assume a straight up and down posture. When your back is as far as you can raise it, put your hands up to your back to support your body and then straighten your legs towards the vertical as best you can. You should be resting on your head, shoulders, upper arms and elbows. This is similar to the "bicycle" position in regular exercises. At first your back will not be strong enough to raise your legs up straight and your neck will not be stretched enough to allow you to assume a vertical position. Don't force it. The important thing is that you keep trying and over a period of time the strength and flexibility will come. Hold your furthest position for 30 seconds, counting to yourself, and trying to stay as still as you can. Don't wobble around if you can help it. You have to really concentrate on this one. Return to starting position by first folding your legs down so that your knees are hanging over your face. Then return your arms to starting position. Then as slowly as you can unroll your body until your buttocks are on the floor and then slowly lower and straighten your legs until they are on the floor. The slower you can do this, the more benefit to your stomach muscles. Rest. Repeat three times if you wish, resting between postures. A maximum of three minutes is recommended to get the full benefit of the posture.

Plough

This posture also strengthens the stomach muscles, stretches all the tension out of the back, helps realign the spine, stimulates internal organs, and trims down back pouches, in other words, big fannies! Also good for the thyroid.

Begin as you would for the shoulder stand, but instead of raising to a vertical position, try to touch your toes to the floor behind your head. Keep your legs straight at all times. Move very slowly or you could strain tight muscles. Don't worry if you can't attain the full posture. Don't push or wobble or wiggle. Just let the natural weight of your legs gently stretch out your back muscles. This is a difficult posture for the neck also, so be careful not to ever do it. You will also experience some difficulty in breathing as you are all folded up. This will pass with practice. When you have reached your furthest stretch, move your hands, one at a time, up until you can clasp them over the top of your head. Hold this position as far as is comfortable and that won't be long at first, then return your hands to starting position, fold your legs so that your knees are at your nose, as in the shoulder stand, and then return to starting position, also as you did for the shoulder stand. Keep your head on the floor at all times. Move slowly. This may be repeated three times if you wish, rest between repetitions. 30 to 60 seconds is sufficient for the total time.

## Hatha Yoga-- con't

## General Hints

Wear loose clothing, remove belts and shoes, empty pockets. Do your workout in a quiet place where you won't be distracted.

Use a folded blanket unless you have a thick rug under you. Move slowly and carefully at all times to get the maximum benefit and avoid hurting yourself.

Remember it's the effort and attempt that counts and not the ability to attain the full posture.

Rest at least five minutes after completing your workout.

Lay on your back on your blanket and talk your muscles into relaxing and think beautiful thoughts.

It's a beautiful world and a relaxed well functioning body can help you enjoy it just that much more.

## THE ART OF BACKRUBBING

Professors Stew White, Nancy Schwartz,  
Terri Havelhurst, and Steve Schwartz.

A warm room, warm oil, warm hands, comfortable surface, and warm heart are the main ingredients of a good backrub. It is helpful to have a flat low surface so that the back-rubber can get over the rubbee.

Start at the base of the spine, using long smooth strokes with the use of the ball of the thumb to relax the large muscles on either side of the spinal column. Using the whole hand, work the back with a kneading motion, work outward from the center, and gradually upward from the hips to the neck. After the back is relaxed, concentrate on the neck muscles which are usually much stiffer. Work up toward the head and gently knead the neck and shoulder muscles. Use again a gentle outward rotation of the thumbs and gradually increase pressure. Then gently let the pressure fade until you are stroking the back and neck. Finally, cover the back with a warm cloth.

The real secret of a good back rub is caring about doing a good job--- concentrate on what feels best for both people involved!!!

## FOUR STRAND BRAIDING

This is a flat braid that makes a narrow belt or tie for medallions, etc. If done in heavy yarn it is better in texture than four-ply yarn. You can make a long strip and use macrame knots to create a hanging planter or candle holder. It goes fast once the basics are learned.

Measure four pieces of yarn three-quarters as long as you want your project to be and tie at the top. Beginning at the right, weave the yarn over and under the other three strands and hold to the left. Taking the furthest strand to the right, weave it to the left and continue until you have your braid finished. Belts can be knotted or finished with metal tips.



Elaine Rovette



FINGER WLAIVING

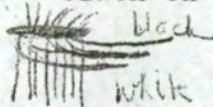
professor Florence Wells

## Materials:

- 8 strands of yarn of one color
- 8 strands of yarn of another color
- (each strand about 1 and 1/2 times as long as you want the finished article)

## Directions:

- Tie tightly together all strands at one end.
- Divide colors---black on top, white in bottom.



- Take left white strand and lay across white strands to the right (core).

Lay black strands over top.

Alternate colors---black down and white up, etc.



- When you get to the left side, repeat with the black core.
- Then, white, black, etc.

(Be sure to bring your core down each time.)

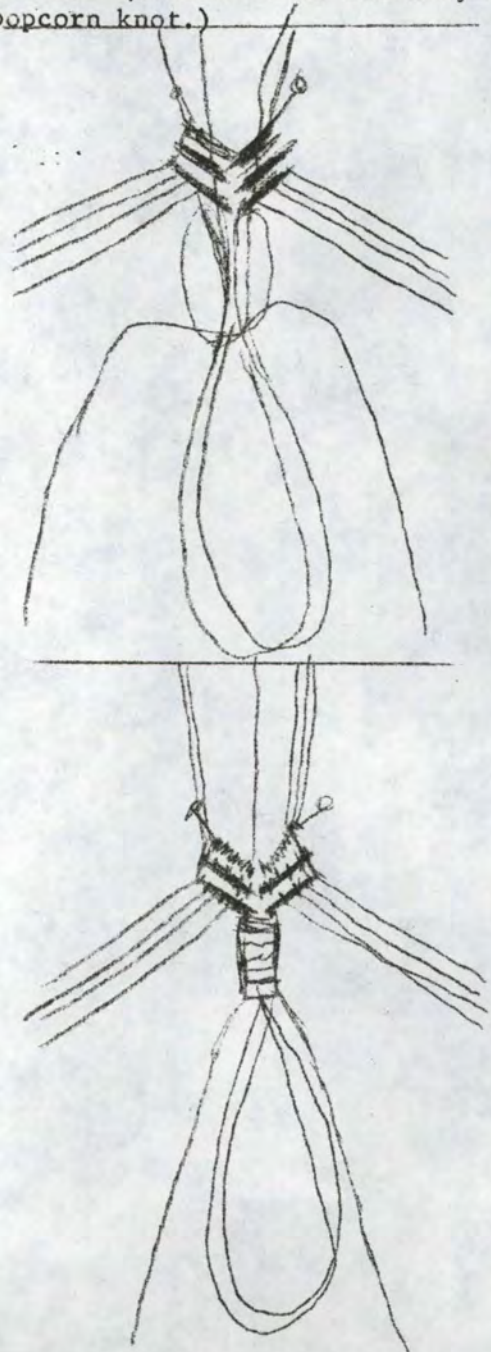
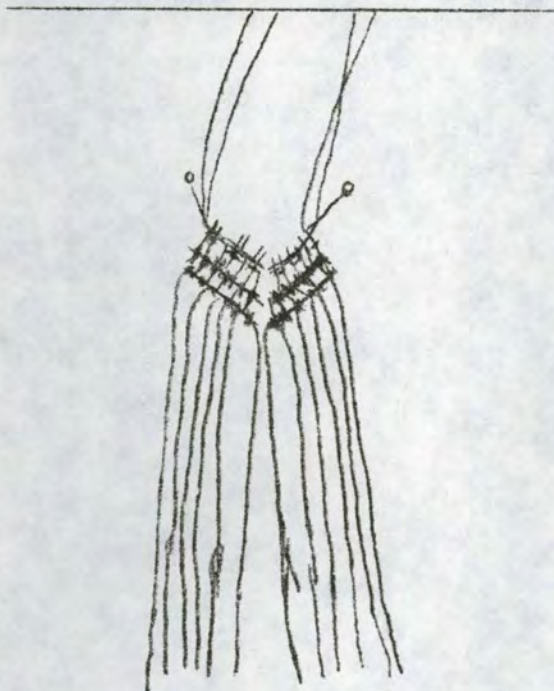
MACRAME AN OWL NECKLACE

Instructions:

Can be made from any cord or yarn; finished size varies with the weight of cord, Jute cord, rug yarn, Speed Crosheen, cotton seine twine are good. You'll need 15 yards plus two beads with holes big enough for your cord. Measure 2 lengths 3 yards and 6 lengths 1 1/2 yards.

1. Attache the center of each of the 6 shorter cords to the center of the 2 long cords by mounting with lark's head knots, side by side. Pin to knotting board in a wide V shape.
2. Using one cord from each of the outer edges as a holding cord, tie a row of double half hitches in toward the center. Repeat with a second row, again from outer edge to center. These two rows should be knotted firmly and directly below the V line of the mounting knots.

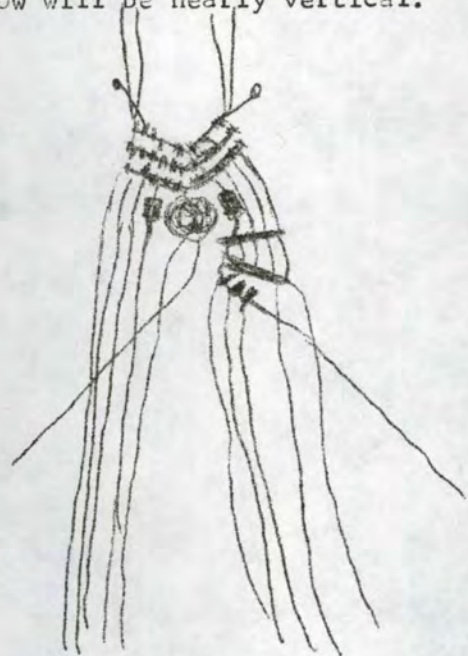
3. Beak: Use 4 center cords. Make a half knot, but don't pull it tight. Pull each core cord up from below through the loop above it, leaving some behind to work on. Draw the half knot up tight and complete a square knot on the TOP layer of core cords. Tie 3 more square knots, on these core cords. Pull the looped-up ends of the core cords tight, forming a knob; then pull them down around the knob and use them as the knotting cords to tie a square knot over the 2 former knotting cords. (This knot is commonly called a popcorn knot.)



4. Eyes: Thread a bead on each 4th cord from the outside edge (next to the beak).

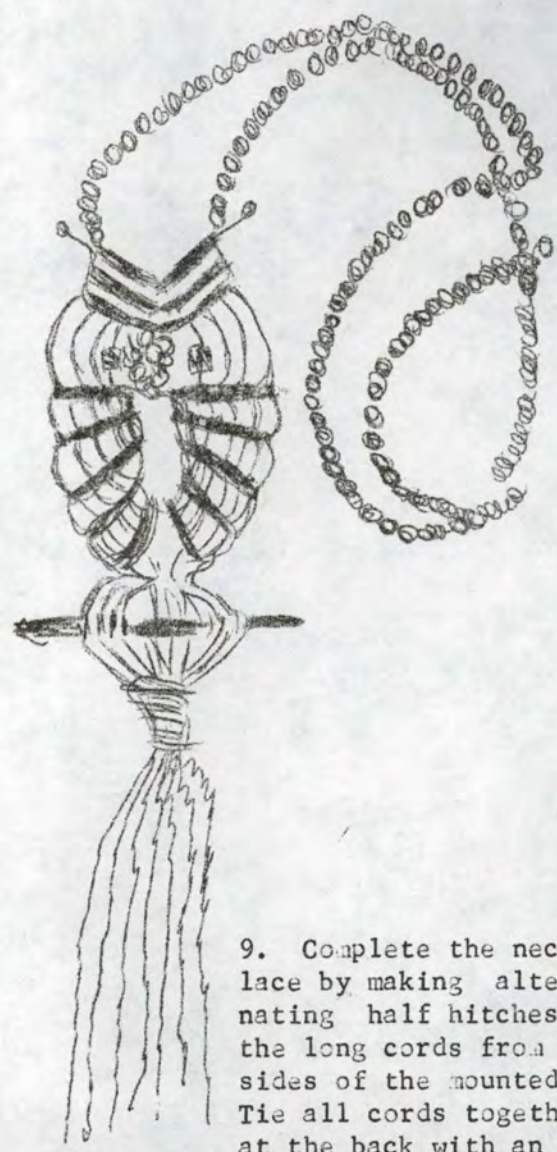
5. Body: The two center cords, one held to each side, are used as holding cords to tie a row of double half hitches from the center to outer edge. The first row will be nearly horizontal. In each of 4 additional rows, a new holding cord is used from the center and the holding cord from the previous row becomes a tying cord. These rows should radiate as spokes in a wheel, closely spaced near the center and separated from the previous row as they reach the outer edge. The last row will be nearly vertical.

8. Below the perch, use an 8 inch length of cord to gather the cords together and whip as you would the end of a rope. Trim cords at a length that appeals. Fray the cords, if you wish.



6. Use 2 outer edge cords from each side to tie a square knot over remaining cords. This brings the 5 rows of double half hitches into a final body shape.

7. Using the same 4 knotting cords from the square knot, make a clove hitch with each on a perch; the remaining cords go behind the perch.



9. Complete the necklace by making alternating half hitches in the long cords from both sides of the mounted owl. Tie all cords together at the back with an overhand knot.

## WARM FUZZY FRIENDS

Professor Kay Eve

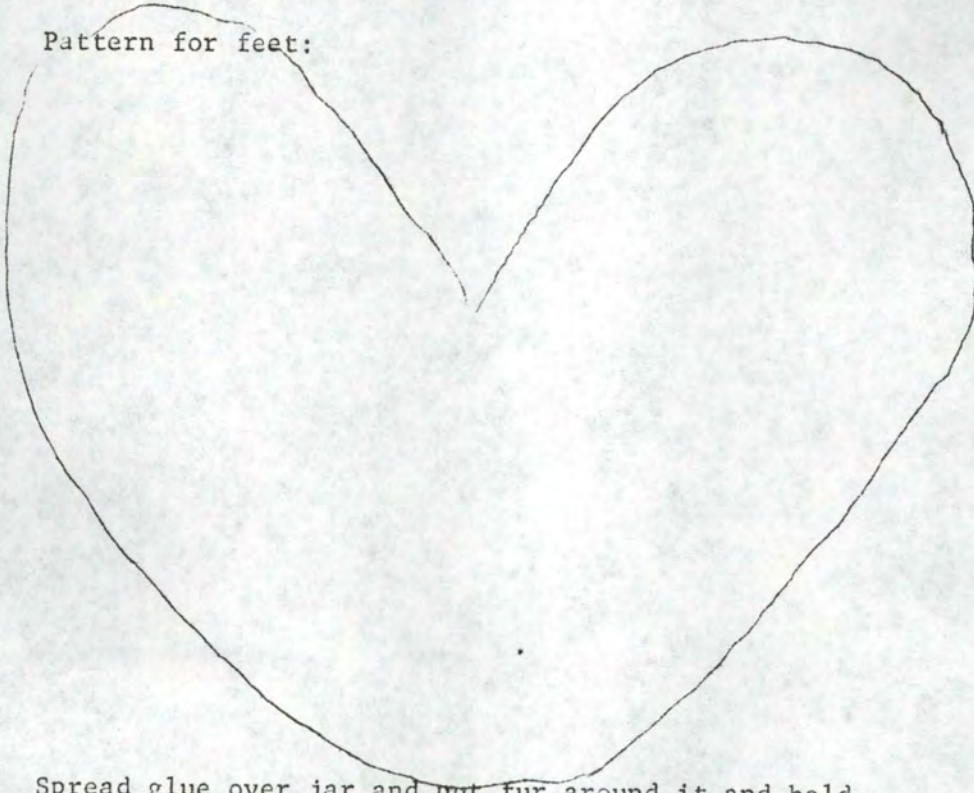
## Materials:

Baby food jar  
3 1/2 x 7 " piece of fur  
felt - different colors  
hat to cover jar lid

## Four Easy Steps:

1. Cut feet from felt and glue to bottom of jar.

Pattern for feet:



2. Spread glue over jar and put fur around it and hold.
3. Glue hat to top of lid.
4. Cut out eyes, nose and mouth or whatever decorations you would like to make from felt or fur (mustache, bow ties, glasses, etc.) and glue in place.





## GLO-CANDLES

Professor -- Leila Steckleberg

Waxcraft, which dates back to a period in early historical times, is the presentation in wax of figures, ornaments, candles, and etc. The candle has continued most important in religions and other ceremonies. Candle light, a beautiful soft light, creates a happy atmosphere, which helps make your parties, banquets, etc. a delightful and successful affair.

This newly popular candle craft, and old craft with new development, has real charm because of the illumination of the whole candle when you touch a match to the wick, thus its name "Glo-Candle". Placed on mirrors and arranged with flowers or greenery, your Glo-Candle will create an even more attractive effect. This craft is simple to master, inexpensive, more fun, and a solution to your decoration problems for the home, the church, the school, and clubs of all kinds. You will find the making of candles a very happy and satisfying craft and an outlet for expressing your own ingenuity and new ideas. It brings a great deal of pleasure to create a thing of beauty -- something that would cost you a great deal if you could purchase it.

## I. Materials Needed:

- A. Glo-Candle wax (comes in 11 pound blocks): This is a special candle wax which is free from stearic acid, as it must be in order for your candles to glow. Do not use paraffin! Paraffin burns at too low a temperature, also you will find that the candles melt much faster as you burn them. They are more apt to smoke when made from paraffin. Four standard quart size candles can be made from 1 block of wax.
- B. Wicking: Can be either buy, use old wicking from melted down candles, or make your wicking by soaking cotton typing cord overnight, in a solution of 2 tablespoons borax, 1 tablespoon salt, and 1 cup of water. The smaller wicking is better because it gives sufficient light but less heat so your candle will not melt down so fast.
- C. Coloring Material: Glo-Candle color (either powder or solid) or crayolas -- only oil soluble colors can be used. Water soluble colors such as cake and fruit coloring will not mix with the wax. Old lipsticks can be used but are not very satisfactory. Old colored candles can be used, but due to the stearic acid in most of them, your candle will not glow. Use any amount of coloring, depending on the depth of color desired, but the deeper colors will not glow as well. A 3/4" piece of the standard size red crayola will give a nice red color for a quart size candle.
- D. Pictures: from greeting cards, wrapping paper, etc. Parchment type pictures are best since the light can pass through easily. Hold your picture up to the light and you can see how they will look on your candle. The brighter and darker colors shows up best through the picture in a way that makes it look as though the lights were on in the church, shining through the window.
- E. Glitters, sequins, flowers, small cones, perfume, etc. -- Glitters are better if they are very fine and are easier to use in shakers. Be sure silver glitter is the type that will not tarnish.

F. Candle perfume or fragrance, if desired.

II. Equipment.

- A. Containers for melting wax: Always melt wax over hot water. An old double boiler or a No. 10 can or gallon for the hot water and tall juice cans or 2 pound coffee cans for the wax. Do not use good kettles - cans work just as well and do not have to be cleaned up. Put a metal screw band from a fruit jar in the bottom kettle to hold the can with the wax up from the bottom. Remember that Hot wax is inflammable and care must be used in handling! Do not spill or pour over open flame. Using the screw band will help the wax from getting so hot and will enable you to have more water in the lower can -- thereby eliminating some of the danger of boiling dry. Have a large can (Larger than the 2 cans together, if possible) or a pan lid handy, just in case. If the wax should catch fire put the lid or can over the container and the fire will go out. Do not throw water on flaming wax as it will scatter the fire. Do not leave unattended!
- B. Egg beater to beat the wax. Ordinary dover egg beater is most practical. Use an old one.
- C. Forks to apply the frosting.
- D. Ice pick, skewer or knitting needle to make holes for wicks.
- E. Teaspoon (bowl bent forward where it and handle meet), and gravy ladle are handy.
- F. Molds: Tin cans, cake pans, glasses, vases, jello molds, sections of irrigation pipe, plastic containers, rubber ball cut in half, or waxed cardboard. When tin cans are used, the cans must have perfectly smooth sides. Any tiny crease or rough edge will make it impossible to remove the candle from the mold. Plastic, if it has a slick inside finish and is tempered to stand heat, is excellent, as its flexibility aids in removing the candle from the mold. Milk cartons are all right but be careful that they do not collapse when you pour the hot wax into them. Wrap string around them to maintain the shape or tie in different ways to make irregular shaped candles, i.e., pull two sides of top together and fasten. Use a wick in each side.

III. Steps in Making a Candle.

- A. Melting the wax.
- B. Molding the candle.
- C. Removing candle from mold.
- D. Putting wicks in candles.
- E. Applying pictures.
- F. Beating wax and applying frosting.
- A. Melting the wax.

Always melt wax over hot water! Do not get the wax too hot. Add the color, and perfume, if you want it, after the wax is melted. Pictures are best put on the uncolored candles. Use colored frosting, if desired.

B. Molding the Candle.

Molds may be found everywhere. As you make more candles, you will find more and more pleasing and interesting molds. If you are using a glass mold, wash it with very hot water just so that the hot wax will not break the glass. Oiling the container helps in removal. Pam spray is fine.

Fill the mold with the melted wax. Let stand overnight, cooling at room temperature. If you want unusual effects, try cooling the candles quickly in the freezer. A pit will form in the center of the candle as it solidifies so be sure that you save plenty of the same wax, if colored, to fill the hole later. Use the ice pick and make a few slanted holes in the depression before you fill it with hot wax. - the holes help the hot wax and cold wax fuse together. If this is done, many times the two will not stay together.

C. To Remove Molded Wax from the Container.

Press the bottom of the carton with your thumbs. Tap the sides of the carton, then turn the container upside down and shake. If the candle does not come out easily, put it in the freezer for several hours or overnight. The extreme cold will shrink the candle enough to slip out easily.

If you are using the 2 halves of the rubber ball to mold a snowball, you will have to mold these two pieces together. As you beat the wax for frosting, when the wax is at the frothy stage, fill the holes in the center of the two pieces with the frothy wax, put them together quickly, give them a twist and you will have a good joining.

D. To Insert the Wick:

1. Do not put in the wick until after the candle has been taken from the mold because many times the top of the candle in the mold will be the bottom of the candle (ie. a bell shaped candle). Do put the wick in before decorating the candle. A piece of wicking may be stiffened by dipping it in hot wax. Lay wicking on waxed smooth surface to cool. The wick does not need to extend all the way through the candle; no deeper than you expect to burn the candle. When the hole burns quite deep in the big candles, just fill up the hole, put in a new wick and it's like new again. Heat an ice pick and melt a hole through the center of the solidified candle. When melting this hole, you must tip the candle at an angle in order to allow melted wax to run out of the hole being made. Do not force the pick or you may break the candle. Insert the waxed wick to depth desired, cut off, and then fill the hole with hot wax with the bent teaspoon. If you like perfumed candles you may either add the perfume to the melted wax before you pour the candle (takes quite a lot of perfume this way) or add the perfume to the small amount of wax that you dip the wick in to make it stiff and use that same perfumed wax to fill up the hole made for the wick.

2. Another method is with an ice pick make an opening for the wick in the candle (if the top of the candle in the mold will still be the top of the candle when unmolded) while the wax is in the semisolid state. Insert the wick and fill the hole with melted wax. A metal knitting needle can be used instead of the ice pick.

3. Dip a piece of wick into the wax several times. Stick small pieces of concentrated coloring at  $\frac{1}{2}$  inch intervals along the wick, alternating the colors. As the candle burns and the flame reaches the colors, they will drip down the sides of the candle with beautiful effect. Use for candles not over  $1\frac{1}{2}$  inch in diameter.

E. Applying pictures.

There are several different ways of putting the pictures on candles. If you want the picture to look like parchment, hold the candle over a large can of hot wax away from the stove, and with the gravy ladle, dip the hot wax over one side of the candle several times and quickly put the picture on. This must be done very quickly since the wax sets so fast. Care must be taken not to get wax on the front of the picture. If you want to have the picture look as if it were painted on the candle, quickly dip the picture in the hot wax and put on the candle. Be extremely careful when removing a picture that is pasted to other paper, thin spots will show since they let more light through.

F. To Frost the Candle.

Melt the wax in a 2 lb. coffee can is especially nice for beating the wax because the wax will not splatter so badly when beaten in the deep can. Let it cool until quite a thick coating forms on top of the wax. Do not use too much wax at a time as it takes too long to cool until it can be whipped. Stir the wax with your fork to loosen the cooler wax from the sides and bottom and then beat with the egg beater until fluffly like divinity. You may achieve two different effects by using the whipped wax either while it is still glossy or beat it until it loses its gloss. The latter will give a snowier, fluffier effect. Keep a can of hot wax handy as you are frosting - then if the frosting gets too hard, add a little hot wax, beat a bit, and you can go on frosting.

Now you are ready to frost your candles. If it is one with a picture, frost around the picture first with a fork or your fingers, daubing or tapping it gently on the candle. Be sure to leave open spaces. The irregular size and shape of the open spaces adds to the beauty of the candle. Do not press the frosting against the candle as this will leave unsightly fork marks. Continue frosting around the candle until entirely frosted. Last, build the frosting out around the top of the candle so as to leave a pit in the center around the wick. Unfrosted edges around top of candle are most unattractive.

If desired, sprinkle with glitter or sequins while still warm. Choose a color that matches the picture. Silver or gold glitter used with the colored glitter gives added beauty.

When frosting several candles, you will find that if you frost a little on each one and add the glitter as you go, the frosting will have a chance to harden as you work and it will be easier to hold the candle to finish frosting it without crushing any of the frosting.

Decals, Christmas seals, and colored sugar also may be used. Frost approximately  $\frac{1}{2}$  of the candle at a time and then sprinkle on the sugar. Having the colored sugar or glitter in shakers is a big help.

Set the candle on a paper doily or paper towel to protect your furniture when using.

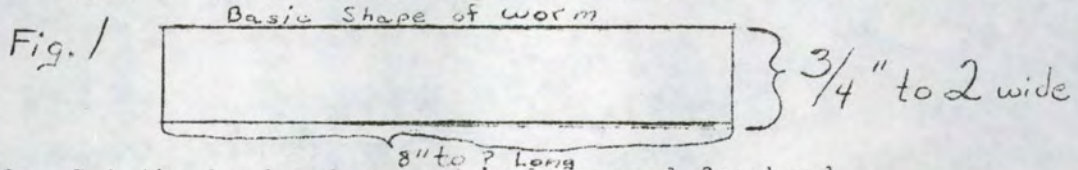
WOOLY WORMS

Professor Stew White

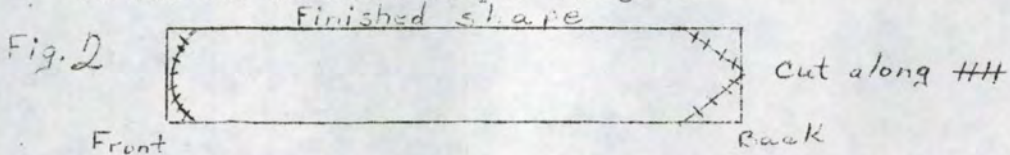
Materials:

- Sewing Scissors (Art scissors)
- Ruler and Pen
- Clean sheep pelt (any color)
- Stiff brush
- 1 pair of eyes/worm
- Elmers Glue

1. With sheep pelt laying wool side down, lay out basic shape of worms. (Fig. 1)  
The worms are 3/4" to 2" wide and vary in length from 8" to the full length of the pelt.



2. Cut the basic shape out and proceed freehand to cut the finished shape. (Fig. 2)



3. Using a stiff brush (or comb) comb the wool towards the Back end of the worm. (Fig 2)
4. Place the eyes on the front end (woolside) of the worm where you want them. Glue the cys on.
5. Wait until glue dries. Lay the worm pelt side down on a piece of cloth and lightly brush with hand from front to back.



## Professor Jean Baringer on "Bottle Cutting"

There are many possibilities for this project, as many of the materials cost nothing and others are minimal. Those on the ecology kick should enjoy this project.

Materials needed:

1. Some type of bottle cutter (there are many kinds).
2. Glass jars, bottles.
3. Candle.
4. Running cold water.
5. Knife or a "tapper".
6. Sanding equipment.
7. Modge podge, fun podge, etc.
8. Paint brush.
9. Used gift wrapping paper, paper napkins.
10. 3-D beads, glo beads
11. Hair spray.

Steps in making the candle containers:

1. Wash labels off jars or bottles.
2. Adjust cutter to desired position for cutting bottle.
3. Score bottle by twisting or turning glass against cutter -- makes the sound of tearing tissue paper.
4. Use a knife handle, screwdriver or stick and gently tap the scored line.
5. Hold jar in both hands and slowly turn (scored line on bottle) over candle flame -- about 3-4 slow turns.
6. Immediately hold jar under cold running water and turn slowly. Hold both ends with both hands as you may otherwise drop and break one of the two parts.
7. The glass should separate without forcing. If not, repeat the candle flame-cold water treatments again.
8. Sand down edges of cut glass. This can be done by using graphite paper, sand paper, or if available an electric sander.

## TO MAKE CANDLE HOLDERS

9. Cut out wrapping paper size of jar.
10. Paint jar with 1 coat of Modge Podge, Fun Podge or similar substance. (This is not the same as Elmers glue.)
11. When 1st coating has dried (10-20 minutes) paint on a second layer of Mod Podge and put on wrapping paper. Smooth out wrinkles, clip bottom edge of paper every  $\frac{1}{2}$  inch to fold around curved portion. Trim excess off top edge.
12. Paint on 3rd layer of Mod Podge, pour 3-D beads onto painted jar before it dries. Make sure this is over a pie pan or something to catch the excess beads to be re-used.
13. When this layer has dried lightly brush off excess beads. Spray candle holder with hair spray or clear plastic to keep beads on longer.
14. Add a candle and enjoy it.

"BREAD DOUGH" MUSHROOMS

(Jean Baringer)

Recipe for the Special Formula:

Trim crust from slice of bread. With your fingers (or toes if you prefer) work 1 tablespoon of Elmers Glue into bread slice, until evenly mixed and it pulls away from fingers easily.

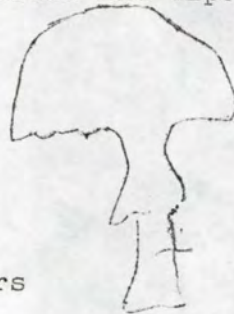
Cut 2" or 3" lengths of thin wire (or a pipecleaner). Make a tiny hook at one end. Pull off a piece of dough and make a "worm" in your palms about as fat as a pencil and 1½" or 2" long. Push wire through dough "worm". With a toothpick or fingers make ring or markings. Push dough up hook.

Pick off a ball of dough about the diameter of a large pea. Squish the ball and curve in the palm of your hand. Put this cap on top of the stem. Allow to dry overnight.

To color, use a small amount of oil paint and a dot of linseed oil. Brush on with brush and wipe off excess with cloth.

These may be used in----

- a terrarium
- a "glass setting" with moss
- in combination with bead characters
- with figurines (frogs, turtles, snails, etc.)



SAND CRAFT

Bruce Elm

- Materials needed: Board on which to do the sand painting
- Glass the size of the board
- Plastic tubes to hold the sand
- Spring clips to hold the board and glass together
- Sand of various colors
- Elmer's glue
- Water
- Small paint brushes
- Thin material (such as cardboard) which can be used to push the sand where it is desired to be.

First, coat the board with full strength Elmer's glue. After it has dried completely, clamp the glass to the board with the spring clips. There should be a narrow strip of cardboard spacer around the glass on the two sides and the bottom to allow a space in which the sand may fall.

Fill some plastic tubes with the colors of sand to be used first. (One end of each tube should be sealed to prevent the sand from running out. Take one tube of sand with the color of sand you wish to be the ground color of the area in the foreground. Spill some of this sand out of the tube into the space behind the glass. Put streaks of a contrasting color randomly about to add interest.

To make hills, one method is to take two tubes at a time, one with dark sand and one with light sand. The dark sand will make that side appear as if it were in shadow. Holding the tubes about an inch or so apart, slowly spill the sand into the space behind the glass while moving the tubes from side to side. The more movement there is of the tubes, the more streaking will be accomplished. To make hills with a pronounced streaking, use only one tube at a time. A small amount of sand is dumped from one tube, then a small amount of sand from the other tube is dumped slightly to the side of the first, allowing the colors to overlap. This is continued until the desired height of the mountain is reached.

Sky should be started by mixing white sand with a little blue sand. As the sand gets higher in the sky, there should be more and more blue. Streaks of lighter blue can appear in the darker areas to suggest clouds.

When the sand reaches the top of the glass, the board should be laid flat and the glass carefully removed. By carefully placing the glass back on the sand so that the spacers are up, and slowly drawing the glass across the sand, the sand can be drawn out to the edge of the board over the area where the spacers were. If the sand does not quite reach to the corner, drop some sand from the fingers onto the blank area.

The sand should be then dampened with water from a spray bottle that will deliver a fine mist. After dampening, the sand should be sprayed with a diluted Elmer's glue. The glue should be diluted just enough to make it able to be sprayed through a fine mist sprayer. The glue should be continued to be sprayed until the sand shows a milky whiteness from the glue.



After the glue is dry, additional embellishments may be added, such as clouds, trees, rocks, etc. There are three main ways to accomplish this. The first is to paint the area to be covered with the next color of sand with water. Then sprinkle the area with the sand. Dump the sand back into a box. Sand will remain stuck to the area painted with the water. This is then sprayed with glue as the entire painting was before. Additional shadings may be added in the same way.

A second method is to paint the area to be covered with a new color of sand with glue. The process is the same as that for water, except that you do not spray the area after dumping the excess sand off. The disadvantage of this method is that it is difficult to remove errors.

The third method is to drop the sand from the fingers as the Indian sandpainters do. This is then sprayed with glue as was done before. This is especially good for adding shadings and clouds.

When the paintings are done, it is a good idea to spray them again with glue. This is not necessary, but it makes it easier to keep the painting clean.

White sand may be purchased from most lumber yards by the sack for about \$1.75 for 100 pounds.

For additional information you may write to:

Sand Arts Inc.  
P.O. Box 2572  
Salt Lake City, Utah 84111

or

Philo Allen  
1929 Champagne Ave.  
Salt Lake City, Utah 84118

## SAND PAINTING

Basically sand painting consists of putting some glue on the base board and sprinkling some sand of the right color on this spot of glue. The sand sticks where the glue is--and nowhere else. The surplus sand which didn't stick is poured off the board. Now you have a spot of sand at that place on the board. This process is repeated again and again until the picture is finished. Let the glue dry a few minutes before painting with a different colored sand adjacent to the area that has just been painted, as the glue there is still wet and will pick up some sand of the wrong color. As with all skills, your ability will improve with practice, so don't be discouraged at the very beginning. Very beautiful work can be done using these procedures.

1. Do the easier ones first. Select a design and transfer it to the white side of a board. For the kachina or the thunderbird, use the carbon paper. If you get a smudge from the carbon paper on the board, for these two pictures it won't matter as the entire board is to be covered with sand. However, for the other 4 pictures, don't use the carbon paper (as carbon smudges are hard to erase). Instead, rub the back of the design with a soft lead pencil (such as a No. 1). This will act as a sort of carbon paper, and any smudges from it can be removed with a soft eraser. Use small tabs of Scotch tape to hold things together while transferring the design. Go over the design with a ball point pencil to make the transfer. Use a ruler for the straight lines.

2. Make a mixture of 1 part Elmer's Glue and 1 part water. Put it in a small tea cup or custard dish. A half teaspoonful is plenty. Mix up more as needed. If this mixture seems to be a bit too thick, add a little water; if it seems to be too thin, add a bit more glue.

3. Areas on the designs bear numbers which correspond to the sand colors

- |           |           |         |          |           |
|-----------|-----------|---------|----------|-----------|
| 1. Black  | 2. Brown  | 3. Blue | 4. Green | 5. Red    |
| 6. Orange | 7. Yellow | 8. Gray | 9. Flesh | 10. White |

4. Determine what colors you are going to use on the design. Pour about a teaspoonful of the proper sand into a tablespoon laying face up on the work table. Work with the board flat on the table. Place a piece of paper under the board to catch the loose sand that develops as you work. Don't get this sand contaminated and it can be used over again.

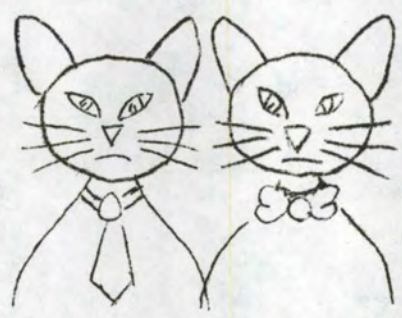
5. Select a brush for the area you are going to paint--the large brush for the large areas and the small brush for the smaller areas. Apply an even coating of the glue mixture to an area of the design on the board. Take a pinch of sand from the tablespoon and sprinkle it on the glue. Tip the board up and pour off the surplus sand. Continue this way until you

(CONTINUED SAND PAINTING)

have done all the areas of this particular color.

6. Let the glue dry several minutes and start on another color. After the picture is finished, go over all of the areas with a second coat of sand. It takes two coats to get proper coverage. Wash up the brushes and glue dish when finished.

7. If you frame the picture don't use glass as it spoils the beauty of the texture of the sand. If you enjoyed the Beginners Kit, why not try the more advanced kits which involve larger boards, more detail, shading, relief effects, etc?



THE SAND CATS  
PO Box 15084  
Lakewood, Colo. 80215

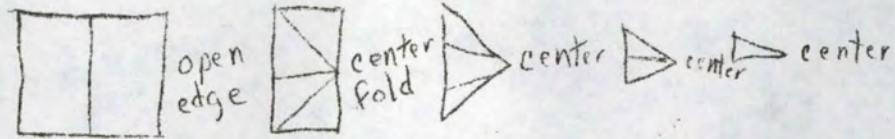
BRIGHT AND SIMPLE WALL POSTERS

Professor Karen Fox

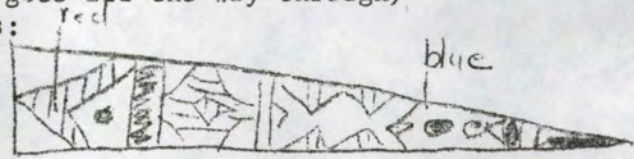
Materials--silk span paper (any size, any shape)  
food coloring (as many colors as you like)  
newspaper (to protect table)

Steps--1) Fold the silk span paper in a symmetrical way (any way that is even will do)

Example:



2) Starting from the center, press three different colors of food coloring (be sure it goes all the way through)  
It may look like this:



(no matter how awful it looks when folded, every unfolded paper I've seen turned out beautifully)

3) Unfold immediately--dries in less than five minutes.

Makes: bright wall decorations  
stained glass windows  
wrapping paper

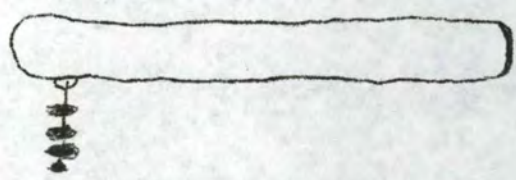
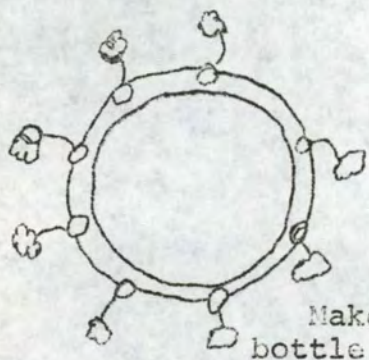
You can also dilute the food coloring with water to make various degrees of pastels.

These will fade in water.

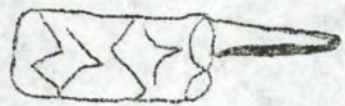
MAKE YOUR OWN RHYTHM INSTRUMENTS---Dwight Wales

Make a tambourine:

Take an old tin pie plate, bore eight or ten holes around the edge, tie bottle caps by strings through the holes. Rattle, rattle, bang, bang.



Make a rattle: take a handy-sized stick: thread some bottle caps on a nail, drive the nail sideways into one end of the stick. Rattle-rattle.



Another rattle: An empty tin can - from beer size to quart - stick a handy-sized stick from one edge of the top to the other edge of the bottom - slide in a few pebbles before the stick. Cover with pasty paper.

Decorate your instruments.



Another rattle: To use up old light bulbs. Take one and form over it a layer of wet paper, then more layers of strips of paper soaked in paste made of flour and water - quite soft. six or eight layers. If you wish, add a handle. A stick at the socket end wrapped in the same paper. In a few days when the instrument is dry, hit the bulb on a sharp corner. Rattle-rattle.

VALUES AWARENESS WORKSHOP

Karen Fox

Each day each one of us is faced with one or more decisions that must be made. The choice that a person makes is the "right" choice for that person--based on a personal value system.

But what are your values? Are they really your values? And are what you think are your values, really your values? Also, are those values you maintained when you were growing up, or last year, or last week, or even yesterday still your values today?

This workshop will present one way in which you can answer these questions. (There is no size limit for the workshop. The large group will be divided into sets of three. Each trio should try to be as diverse as possible--by age, sex, interests, and et cetera. The trios will remain the same throughout the whole workshop. The length of the workshop can range anywhere from 1 hour to a full day session.)

This workshop will begin with several short strategies in which the trios will get to know each other, get used to sharing and expressing their personal views (values) with each other, and become prepared to look deeply into a personal value system on which each individuals values are based. First four small strategies will take place: (After introduction in trio--name and one thing about self.)

- 1.) Heroes and Heels--chose a person with a quality you like  
--chose a person with a " " you dislike
- 2.) Week's Happy and Sad--chose the happiest time of the past week  
--chose the saddest time of the past week
- 3.) Tellin Telegram--Write a 10-word telegram to a friend and tell that person something you would like to tell in person but haven't got the "guts" to yet.

---in each of the above strategies (done one at a time) after thinking about them, share your results within your trio. (5 to 10 minutes per strategy--depending upon interest of trio.)

The next two strategies are announced to the group--in other words, you are sharing your values with the whole workshop.

- 4.) Your Public Choice--One side of the room is designated as one extreme to the issue and the other side the opposite extreme. For example, "all those who are MacDonald's Men go the to the front of the room, and all those who eat like Gormet Gus, go to the back. (you may chose to be undecided by staying in the middle)  
--several of these are done
- 5.) Values Continuum--In front of the whole group, volunteers are asked to mark their view on certain issues. The issue may be: How do you feel about T.V?

No-knob Nancy-----Blurry-eyed Bill  
(won't touch the TV) (doesn't turn it off)

--volunteers (as many as willing) are asked to go forth and place their standing where they feel they belong on the continuum.

(Another strategy that belongs before #4 is Rank Order--a list of items is announced, like loyalty, honesty, and generous-ity and the trios are to decide, first individually, then as a consensus, which is most important in a friendship.)

(There are many more strategies that can be used and are available in a book entitled Values Clarification. The author is unknown at this time--for further information, write Karen)

Next, the two main strategies are presented. (These are personal tasks, but may be shared if desired.)

A.) Ten Loves List--(10 or 20 or any chosen #)

First, list your 10 favorite ways to spend your time.

Second, AFTER listed, then rate them in columns according to:

- 1.) Can you do it after your 65 (/5 or whatever)?
- 2.) Does it cost more than \$2?
- 3.) Did you learn it through formal education?
- 4.) Do you need people to do it?
- 5.) Is it environmentally sound?
- 6.) Have you done it in the past week?

Sample--

My Favorite Things

- making others happy
- running
- Hiking
- riding my bike
- swimming
- sharing with family
- cooking for friends
- learning new things
- growing
- being loved
- making friends
- laughing with people
- creating
- being alone to think and be

\* AFTER 65%  
 COST 2%  
 FORMAL ED  
 \* NEED PEOPLE  
 \* ENV. SOUND  
 \* DONE IN PAST WEEK

*			*	*	*
*	*		*	*	*
*			*	*	*
*			*	*	*
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*			*	*	*
*			*	*	*
*			*	*	*

These ratings show that my loves or the things I value are mostly life-long activities, non-monetary, non-academic, both dependent on people and independent, environmentally sound, and most of the things are acted upon.

(These ratings and/or the subject of the list can vary greatly, according to your purposes.) (Do Not rate until the list is finished because it may influence the loves.)

B.) Values Clarification

What is a value?

- 1.) A value is freely chosen
- 2.) It is chosen from alternatives.
- 3.) It is chosen after the consideration of alternatives.
- 4.) It is personally cherished.
- 5.) You are willing to express it in public.
- 6.) You act upon it in public.
- 7.) You act upon it repeatedly.

Each participant is given issues. They take their own personal stand on the matter and then rate in according to the above criteria.

For instance, the subject is littering. Tara choses to take the stand that her value is that littering is wrong. As we rate her we see that (1) no one forced the choice so it was freely chosen; (2) it was not her only choice so it was chosen from alternatives; (3),She chose it after considering the alternatives; (4) it is personally ~~acted upon~~ cherished;

5.) she is willing to express her value publically and does so; 6.) she acts upon her value publically by not littering and by picking up litter when she sees it; and 7.) she acts upon it every time. (Now had she made it successfully through each criteria for a value except she suddenly remembered that yesterday she throw down her candy wrapper --so what she thought was a very highly valued standard, really isn't-- by this definition.

A sample checklist for determining a value:

Value--								
Littering								
Premarital sex								
God								
Racial prejudice								

Remember--

- 1.) It is not the issue that is rated, but rather, each individuals own personal value on the issue.
- 2.) Any issue can be chose, like the whole workshop, to relate to the subject or purpose at hand or merely for general purposes.
- 3.) These should remain personal values unless the individual wishes to share.
- 4.) This definition is only one of the many. You may disagree or have another that suits your purposes better. This one proves to be a utilitarian construct for this workshop.
- 5.) It is up to the leader to "size up" his group and gage the strategies to their situation and state of mind. (If they are uneasy with the tasks, then hold off on the public presentations. Play it by ear.)

To end the workshop, discussion or more strategies may be used. (The reference book, Values Clarification has 101 or you can invent your own.) I like to end the session by having each trio share among themselves how they felt about the experience as a whole, and then share something positive about the workshop and/or something they appreciated about individuals, trios, or the workshop, (For example, "I liked the way you, Joe, made me feel at ease in the trio after I got flustered during my answer to the question about my personal habits.) This way the workshop ends on a happy note--what better way is there to end?



WRITER'S WORKSHOP: WRITING AS COMMUNICATION

Professor -- Jackie Baritell

"...If we were not something more than unique human beings, if each one of us could really be done away with once and for all by a single bullet, storytelling would lose all purpose. But every man is more than just himself; he also represents the unique, the very special and always significant and remarkable point at which the world's phenomena intersect only once in this way and never again. That is why every man's story is important, eternal, sacred; that is why every man, as long as he lives and fulfills the will of nature, is wondrous, and worthy of every consideration." from Demian, prologue by Herman Hesse.

This class is a discussion group aiming to explore writing as a valid and lasting form of communication available to every individual and a gift to all. Words such as "communicate", "create" and "impart" will be examined. Hang-ups typically encountered with expression in this medium will be brought up, and hopefully, their fallacies will be exposed.

Every individual is unique and precious; every one has their unique selves to share and a lot to give to others; writing is basically a means of sharing and giving, of meeting another person with yourself.

I Determining Program by group participation

- A. Each person writes his own goal for the group at the bottom of a sheet of paper.
- B. Pass the paper to the next person who writes down the way he would fulfill that goal at the top of the paper. Fold the paper back so the answer cannot be seen, but the goal is still visible.
- C. Pass the paper to the next persob who writes down the way he would fulfill the goal at the bottem of the paper. Repeat until each person has had a chance to state the way they would fulfill each goal.
- D. Read goals and "answers". You will have a variety of suggestions for ways to do the things your group really wants to do.

II. Planning a Calendar by group participation

- A. Make a list of every idea - good ones, silly ones, even improbable ones. Use brain storming and write responses on a sheet of paper that the whole group can see, if possible.
- B. Take a second look at your list and cross out the ones that are really impossible because of not enough time, skill, money, transportation, etc.
- C. Place a "1" in front of those items that you can do without much prepatation.
- D. Place a "2" in front of those items that take some planning and preparation (short termed projects).
- E. Place a "3" beside the projects that take a long time spend to accomplish.
- F F. Mark a "4" by the items that are special events or seasonal occasions that must be done at a specific time
- G. Place a "5" by activities that are already set or predictable.
- H. Next, ask yourself if you feel you can do all of the things on your list, or is it too long. The group may decide not to do some of the things.
- I. Place all #5's on your calender, then take 4, 3, 2, and 1's in that order and fill them in.

You now have a calender planned by your group. It should , however, remain flexible throughout the year.

ENRICH THE LIVES OF THE AGING - A Discussion Group

Professor - Clarence Stephens

Our senior citizens have needs to be fulfilled. Many are retired and have time on their hands and plenty of talent or skills for doing something for others. Others are in need of help to do the things that need to be done for them to make their retiring years more pleasant. Both of these groups also involve others of all ages as givers and as receivers.

A number of examples of how these contacts have been made were recounted. A service club provided a free travelogue to three retirement homes once a year. RSVP (Retired Senior Volunteer Persons) gives the retiree opportunity to be of service to others.

Spades, a youth organization, among other services, visits the elderly.

Campfire girls visit rest homes and often take cookies and conversation. Organizations deliver one hot meal a day to those living alone and not able or inclined to have adequate food.

Crafts are taken to those who wish to have something to do to occupy their time. Substitute grandparents give pleasure to some of the elderly.

Some 4-H Clubs have invited grandmothers (not necessarily their own) to a special meeting honoring them.

One club installed benches along a four-block walk between a rest home and downtown.

Telephones have been installed in the homes of the

(Continued Enrich the Lives of the Aging)

elderly living alone, so that a check can be made each day to know they are O.K.

Some organizations have gone to rest homes to play cards with the residents and give them an evening of pleasure.

Some groups have gone to the homes of the elderly to take down or put up screens or storm windows or clear the yard.

INTRODUCTION TO TRANSACTIONAL ANALYSIS

Cy Corlett

First, I want to emphasize that this course is not designed, nor is the instructor qualified to delve deeply into Transactional Analysis (T.A.) It is merely to call to your attention the existence to T.A. and hopefully to encourage you to explore the subject more thoroughly.

T.A. is a relatively new psychological theory on the factors responsible for human behavior. Some of the background research includes experiments showing that the brain retains "tape" of virtually all things we have experienced. Electrodes precisely inserted into the brain can cause recall of previous events even including emotion such as laughter or tears.

As a demonstration of the influence our previous experience(s) on us, try the following exercise:

Close your eyes and imagine yourself in your mother's kitchen--peeling a lemon--a great big, juicy yellow lemon. Peel it just like you would an apple. Oh, oh, you dropped a piece of peel on the floor. But that's okay. Just grind it into the floor with your feet and keep on peeling.

After you finish peeling, take a great big bite--

Hopefully, you will have felt some of the influences of the "tapes" from your past experience. Many people will have qualms about grinding lemon peels even imaginarily, into their mother's floor. Almost all will get a burst of saliva and a puckered mouth from the thought of biting a lemon.

To explain T.A. theory a little further, the "tapes" are classed into three ego states: parent, adult and child.

Parent tapes are recorded in the young mind from about the time of birth from experiences with your "parent" figures.

Some indications of the Parent Ego state include body language such as:  
finger pointing  
crossed arms  
looking down your nose  
and phrases such as:

If I've told you once, I've told you a thousand times--  
For the love of Mike  
Why don't you grow up?  
Hey, stupid

In contrast, the Adult Ego State, is the calm, logical, reasoning state illustrated by statements such as:

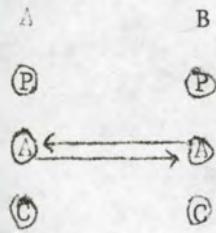
What time is it?  
It is now 4 p.m.  
Please pass the salt.

The child tapes on ego state is the emotional, feeling state and is typified by statements such as: whee, wow, okay, in the case of O.K. child feelings or oh dear, O.K. sigh! and the body language of hanging your head or wringing your hand, in the case of the not O.K. child.

Introduction to T.A. (continued)

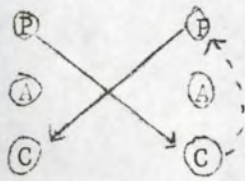
In order to analyze transactions between two people, the following diagrams are used:

Transaction: A-Please pass the salt.  
B-Here it is.



In this case, both people are in their adult.

Transaction: A. Why don't you grow up?  
B. Because I don't want to be a grown-up like you.



In this case A speaks to B from A's parent, hooking B's not O.K. child. The not O.K. feelings cause B to react from the parent to hammer awsy at B's child.

Again this description is way too sketchy to be practical for you to bry to use, the concepts of T.A. can be a great help in understanding one's self and others. I highly encourage each of you to look further into the subject. Suggested reading might be I'm O.K., You're O.K. and Born to Win.



For everyone who loves me and allows me to love them in return I am richer and more alive.

The soul is born old and grows young--That is Life's Comedy: the body is born young and grows old--that is Life's Tragedy!

Whatever you do for people, or to them, or don't do to or for them, you help them best by loving them.

I thought I had given you everything, but when I gave you me I found it was a gift to myself.

COMMUNICATIONS WORKSHOP I

Professor Dennis Parent

Well, a group of 40 of us got together and basically we did three activities and discussed each one afterward as a group. Here they are:

NON VERBAL GREETING:

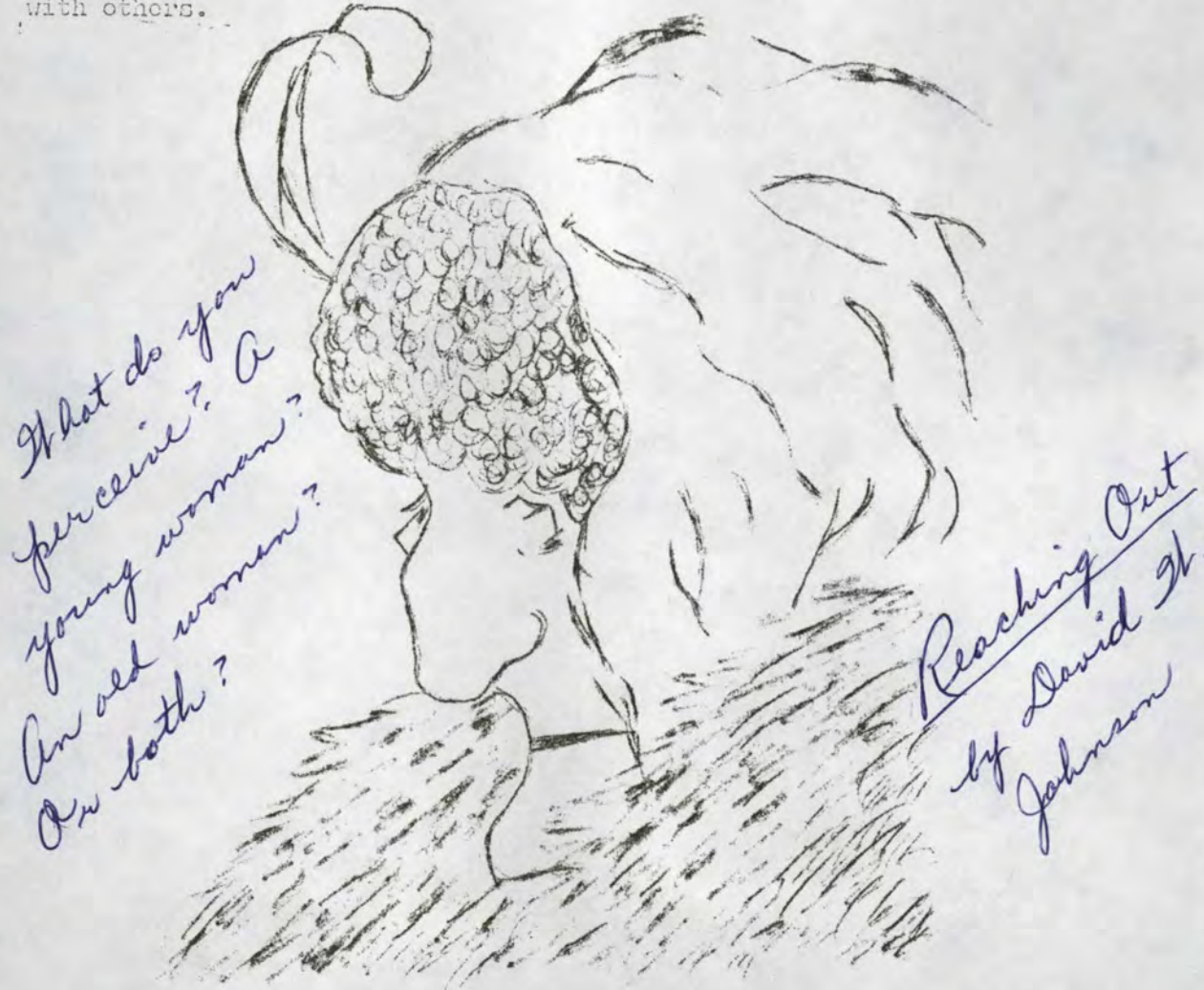
Upon arrival the group formed a loose circle, and then approached one another and exchanged non verbal greetings in whichever way felt right. You could tell that they were Chatcolabbers by the abundance of spontaneous "E" hugs.

NON VERBAL BLIND HINGIE:

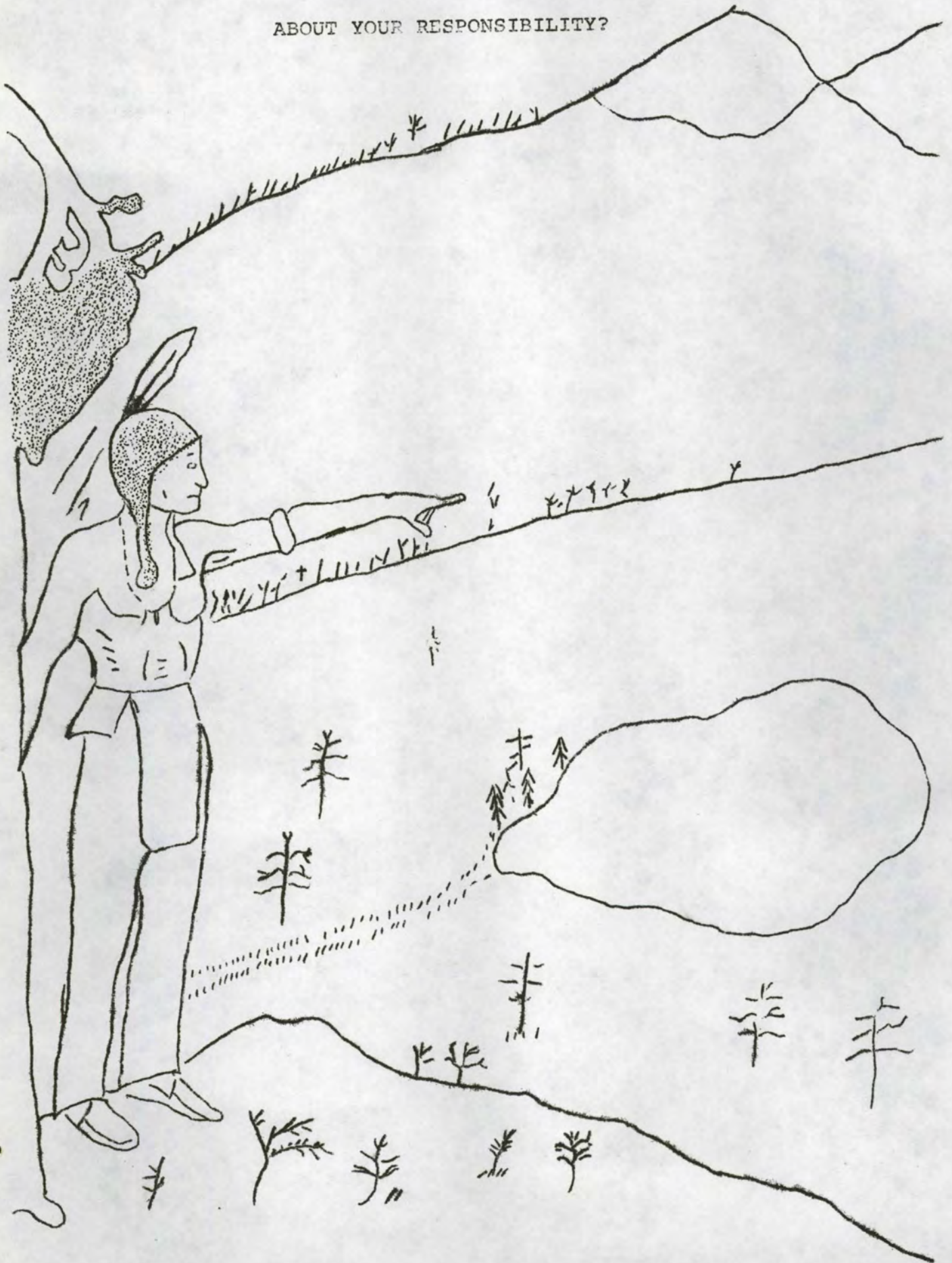
Again, people formed a loose circle, and then closed their eyes and walked toward the center of the room where they slowly milled around and made physical contact. Feedback I received included warm feelings about the contacts made, awkwardness and uncertainty about unexpected contact, and anxiety about ending up on the outside of the bunched up group. This exercise is good for uncovering basic feelings.

SHARING

Here, people wrote down five qualities or characteristics they see in themselves and then shared them verbally with two other people. It seems that so often people tend to focus on their weak points and overlook the strong. This exercise gets people to tune in to positive characteristics often overlooked and also to take a risk and share them with others.



WHAT ARE YOU DOING  
ABOUT YOUR RESPONSIBILITY?





The Red Man stood in silent, reverent awe, looking for the first time at the beautiful land before him.

He listened to the song that the Wind and the trees were singing.

As he listened he heard that birds, and then all Nature join in this song, the most beautiful song on this Earth.

He looked at the trees, the lakes, the river and streams, with Love and Compassion.

He heard an Elk bugle, then an answer in the distance. He heard the ducks and geese singing their song.

Old Coyote joined in with his exciting Wild Melody. Then the Wolf, the most beautiful wild, lonesome music of all the animals.

The Red Man sat down. He lovingly stroked the Earth, then standing, he raised his arms high over his head. Looking up into the Heavens, he spoke: 'Oh Great Spirit: I thank you for your trust. I thank you for what you have provided for us.

The river and lakes, with their suns of fish for our food, their waters for us to drink, and as a means of travel, and to keep us clean and refreshed.

The trees, to furnish us poles for our lodges, woods for our bows and lances, for our fires, and protection for us, and our brothers, the birds and animals.'

'We thank you for our Mother the Earth. For the animals and birds, to furnish us with food, clothing, and covers for our lodges.'

'We know you put everything here for a purpose. That it is not ours to own, or to sell. It is ours to use for our needs.'

'We know we must use it wisely, that we must not destroy it. We are trusted to take care of it for the future Generations to come.

"We thank you, Oh, Mother Earth.  
We thank you, Oh, Great Spirit  
We thank you for your Love and your Trust."

'This is beautiful just gorgeous. Said the White Man, as he stood transfixed by his first sight of this 'Wilderness' with its crystal clear streams, its rushing river, and beautiful lakes.

He listened to the wind singing through the mighty pines and those giant Firs.

He stood listening to the sweet wonderful music for the moment at peace with himself and the World.

He heard an Elk bugling in the distance, the clear, lonesome call of a goose. Then that exciting wild answer of a Coyote.

All around him the air was filled with the singing of birds, the humming of insects.

He watched the butterflies flitting from flower to flower running competition with those belligerent nites, the Humming Birds.

He stood there for sometime looking, listening, and thinking.

Beautiful, just beautiful. the man said. The good Lord really knew what He was doing when He made this.

'How lucky I am. It is just the way He made it.'

"I wonder, how has it stayed this way for so many centuries?

How lucky I am to find this.

This is what everyone today is looking for.

"I can build roads into here. There is a good place, over there is another. One can come in across the Valley.

Those trees think of the lumber they will make. If the land is clear cut, think of the homes that could be built.

"The river can be dammed right over there, that looks like a perfect place.

There is a lake that would be easy to drain then be made into a golf course.

"Over there is a perfect place for a shopping center.

"I can see it now. People will come by the thousands to buy here.

"I will buy and develop this.

I will make millions.

How lucky I am.

James R. Martin

May 1, 1974

"WE WERE THERE"

I will always remember that totally black and stormy night. When from behind the clouds, beautiful Lady Moon broke forth, shining so bright. Suddenly, we could see. We could see the Lakes winking from the basin below,

And old Devil's Peak standing there, huddled in his blanket of snow.

We could see the ridges, proudly displaying their beloved trees, so tall and slender. Then we looked up in awe at the Heavens, in all their glorious splendor.

We stood trembling, and clinging to each other, watching in deep appreciation, for it was as tho we were there, at the very first Dawning of Creation.

Then we knelt, and humbly offered a prayer to that Great God above, The One who created us to be Equal, and bathes us all in His Love.

James H. Martin

October, 1973



I Am My Brother

Within us all beneath the layers of inhibitions that come with growing up. . . shielding our feelings against hurt. . . a love for fellow man does exist. . . perhaps only as an ember. . . but it can--and will spark glow. . . illuminate. . . drawing others in their need to us. . . pulling us to others in our wish for oneness.

In the fractured world of people. . . alienated  
distrustful  
unsure  
hurt. . .

Love is  
How else could we explain in the moments of longing. . . the trembling within. . . the sad pangs for something lost . . . and the sudden leap of the spirit for something found. . . the burst of joy when we look into another's eyes and see our common spirit.

It must be I am my brother and my brother is me. For we are one and cannot separate common feelings. . .  
thoughts  
dreams  
of life.

We are life and life is us. Life is people. . . not such things as buildings, cars, washing machines, roast beef. . . life is breathing, smiling, laughing, crying, singing . . . the anger, fear, joy, compassion. . . life is the love that reaches out . . . building bridges across gulfs of uncertainty. to touch  
hands  
hearts  
souls. . . in the experience of union.

No man is an island. . . any man's death diminishes me, because I am involved in mankind." If then we believe in the goodness of ourselves. . . we will believe in the goodness of others, . . . for all our equal in our beliefs of Chat. . . all labbers possess inner beauty not always seen on the surface. . Some of us are masked sometimes

with silence  
arrogance  
anger.

Thus when meeting people from Chat we cannot judge the package by its wrappings. . . at Chat we can only accept the contents as having value. To care about others gives my life meaning. . if we speak to strangers. . . and listen too. . . if we aren't afraid to show that we care. . . then we find that what we give to the lives of others returns to our own. . . and love begets love. Love is man, even in his sin--for that love. . is the summit of love on earth."

No one says it is going to be simple  
east  
effortless

or a breeze. . . .

and yet to understand the blessings of selfless love. . . to cherish the essence of each individual. . . to me is to know an inner joy beyond words.

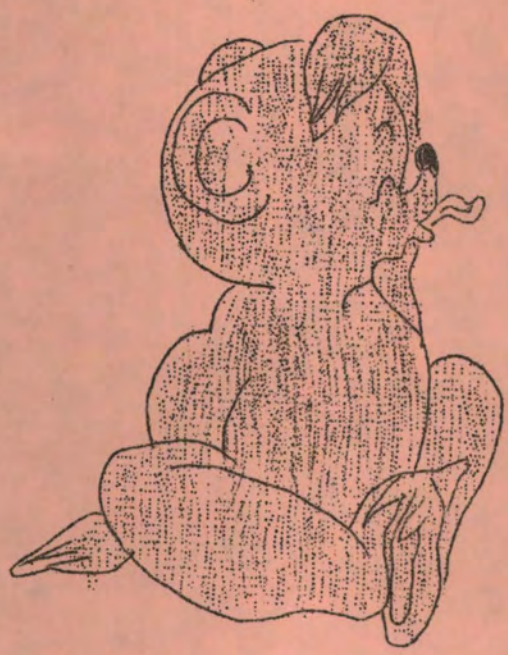
Only so long as we can love one another can we be truly alive; can we be truly happy. . . can we know an inner peace. . . can we truly anticipate tomorrow.

We share this world. . . as we share the treasure of each other. We can move closer together by our human hands. . . working towards a common goal. . . our minds thinking toward common ideals. . . our hearts loving toward a common existence. If only we remember. . . I am my brother and my brother is me.

Quotations by  
John Donne & Dostoenski and

Written by  
Scooter

# KOLLEGE OF THE OUTDOORS





"WARM FUZZIES"



Long ago only little people lived on the Earth. Most of them dwelt in the little village of Swabeedoo, and so they called themselves Swabeedoo-dahs. They were very happy little people, and went about with broad smiles and cheery greetings for everybody.

One of the things the Swabeedoo-dahs liked best was to give warm fuzzies to one another. Each of the little people carried over his shoulder a bag, and the bag was filled with Warm Fuzzies. Whenever two Swabeedoo-dahs would meet, each would give the other a Warm Fuzzy. Now, it is an especially nice thing to give someone a Warm Fuzzy. When you have a Warm Fuzzy held out to you, when you take it and feel its warmth and fuzziness against your cheek, and place it gently and lovingly in your fuzzy bag with all the others, it's just extra nice. You feel noticed and appreciated when someone gives you a warm fuzzy, and you want to do something nice for them in return. The little people of Swabeedoo loved to give Warm Fuzzies and get Warm Fuzzies, and their lives together were very happy, indeed.

Outside the village, in a cold, dark cave, there lived a great green troll. He didn't really like to live all by himself, and sometimes he was lonely. But he couldn't seem to get along with anyone else, and somehow he didn't enjoy exchanging Warm Fuzzies. He thought it was a lot of nonsense. "It isn't cool," was what he would say.

One evening the troll walked into town, and he was met by a kindly little Swabeedoo-dah.

"Hasn't this been a fine Swabeedoo-dah day?" asked the little person with a smile. "Here, have a Warm Fuzzy. This one's special, and I saved it just for you, for I don't see you in town that often."

The troll looked about to see that no one else was listening. Then he put an arm around the little Swabeedoo-dah and whispered in his ear.

"Hey, don't you know that if you give away all your Warm Fuzzies, one of these Swabeedoo-dah days of yours you're gonna run out of them?"

He noted the sudden look of surprise and fear on the little man's face, and then added, peering inside his fuzzy-bag: "Right now I'd say you've only got about two hundred and seventeen Warm Fuzzies left there. Better go easy on handin' 'em out."

With that, the troll padded away on his big green feet, leaving a very confused and unhappy Swabeedoo-dah standing there.

Now, the troll knew that every one of the little people had an inexhaustible supply of Warm Fuzzies. He knew that, as soon as you give a Warm Fuzzy to someone, another comes to take its place, and that you can never ever run out of Warm Fuzzies in your whole life. But he counted on the trusting nature of the little Swabeedoo-dahs, and on something else that he knew about himself. He just wanted to see if this same something was inside the little people. So he told his fib, went back to his cave, and waited.



Well, it didn't take long. The first person to come along and greet the little Swabeedoo-dah was a fine friend of his, with whom he had exchanged many Warm Fuzzies before. This little person was surprised to find that when he gave his friend a Warm Fuzzy this time, he received only a strange look. Then he was told to beware of running low on his supply of Warm Fuzzies, and his friend was suddenly gone. That Swabeedoo-dah told three others that same evening: "I'm sorry, but no Warm Fuzzy for you. I've got to make sure I don't run out."

By the next day, the word had spread over the entire village. Everyone had suddenly begun to hoard their Warm Fuzzies. They still gave some away, but very very carefully. "Discriminatingly," they said.

The little Swabeedoo-dahs began to watch each other with distrust, and to hide their bags of Warm Fuzzies under their beds for protection at night. Quarrels broke out over who had the most Warm Fuzzies, and pretty soon people began to trade Warm Fuzzies for things, instead of just giving them away. Figuring there were only so many Warm Fuzzies to go around, the Mayor of Swabeedoo proclaimed the Fuzzies a system of exchange, and before long the people were haggling over how many Warm Fuzzies it cost to eat a meal at someone's house, or stay overnight. There were even some instances of robberies of Warm Fuzzies. Some dark evenings -- the kind the little Swabeedoo-dahs had enjoyed for strolling in the parks and streets and greeting each other to exchange Warm Fuzzies -- it wasn't even safe to be out and about.

Worst of all, something began to happen to the health of the little people. Many of them began to complain of pains in their shoulders and backs, and as time went on, more and more little Swabeedoo-dahs became afflicted with a disease known as softening of the backbone. They walked all hunched over, or (in the worst cases) bent almost to the ground. Their fuzzy bags dragged on the ground. Many people in the town began to say that it was the weight of the bags that caused the disease, and that it was better to leave the bags at home, locked up safely. After awhile, you could hardly find a Swabeedoo-dah with his fuzzy-bag on.

At first the troll was pleased with results of his rumor. He had wanted to see whether the little people would feel and act as he did sometimes when he thought selfish thoughts, and so he felt successful with the way things were going. Now, when he went into town, he was no longer greeted with smiles and offerings of Warm Fuzzies. Instead, the little people looked at him as they looked at each other -- with suspicion -- and he rather liked that. To him, that was just facing reality. "It's the way the world is," he would say.

But as time went on, worse things happened. Perhaps because of the softening of the backbone, perhaps because no one ever gave them a Warm Fuzzy (no one knows), a few of the little people died. Now, all the happiness was gone from the village of Swabeedoo, as it mourned the passing of its little citizens. When the troll heard about this, he said to himself: "Goxh! I just wanted them to see how the world was. I didn't mean for 'em to die!" He wondered what to do. And then thought of a plan.

Deep in his cave, the troll had discovered a secret mine of Cold

Pricklies. He had spent many years digging the Cold Pricklies out of the mountain, for he liked their cold and prickly feel, and he loved to see his growing hoard of Cold Pricklies, to know that they were all his. He decided to share them with the Swabeedoo-dahs. He filled hundreds of bags with Cold Pricklies and took them into the village.

When the people saw the bags of Cold Pricklies, they were glad, and they received them gratefully. Now they had something to give to one another. The only trouble was that it was just not as much fun to give a Cold Prickly as a Warm Fuzzy. Giving a Cold Prickly seemed to be a way of reaching out to another person, but not so much in friendship and love. And getting a Cold Prickly gave one a funny feeling too. You were not just sure what the giver meant, for, after all, Cold Pricklies were cold and prickly. It was nice to get something from another person, but it left you confused, and often with stung fingers. The usual thing a Swabeedoo-dah said when he received a Warm Fuzzy was "Wow!" but when someone gave him a Cold Prickly there was usually nothing to say but "UGH!"

Some of the little people went back to giving Warm Fuzzies, and, of course, each time a Warm Fuzzy was given it made the giver and receiver very joyful, indeed. Perhaps it was that it was so unusual, to get a Warm Fuzzy from someone when there were so many of those Cold Pricklies being exchanged.

But giving Warm Fuzzies never really came back into style in Swabeedoo. Some little people found that they could keep on giving Warm Fuzzies away without ever having their supply run out, but the art of giving a Warm Fuzzy was not shared by many. Suspicion was still there, in the minds of the people of Swabeedoo.

You could hear it in their comments:



"Warm Fuzzy, eh? Wonder what's behind it?"

"I never know if my Warm Fuzzies are really appreciated."

"I gave a Warm Fuzzy, and got a Cold Prickly in return. Just see if I do that again."

"You never know about Mabel. A Warm Fuzzy one minute, a Cold Prickly the next!"

"If you won't give me a Cold Prickly, I won't give you one. Okay?"

"I want to give my boy a Warm Fuzzy, but he just doesn't deserve it."

"Sometimes I wonder if grandpa has a Warm Fuzzy to his name."

Probably every citizen of Swabeedoo would gladly have returned to the former days when the giving and getting of Warm Fuzzies had been so common. Sometimes a little person would think to himself how very fine it had felt to get a Warm Fuzzy from someone, and he would resolve to go out and begin giving them to everyone freely, as of old

But something always stopped him. Usually, it was going outside and seeing "How, the world was."



## HINTS FOR LEADING INFORMAL GROUP SONG SESSIONS

Don Clayton

**KNOW** your songs well enough to be free to relate positively to the group and the situation.

(If we aren't secure in the role of song leader because we don't feel we know our material very well, the fear of failing tends to preoccupy us to the point where we are not free to size up the situation with both its opportunities and its limitations.)

**BE** enthusiastic and show it

(except when a situation is most solemn the leader inevitably provides the contagious element which sparks the group and involves them in the free and full experience of singing together.)

**SET THE STAGE** for the session and the individual songs by relating the music on the story behind the "Here and Now" of the occasion that all are a part of.

(It is important that selections be integrated into the experience of the participants)

**AVOID** the use of crutches and props unless you are sure that they will help the situation.

(accompaniment, pitch pipe, individual books or song sheets, microphone and public address system often get in the way of or detract from the success of a singing experience. When we are in the spotlight of the song leading role we are often tempted to depend upon gadgets, instruments and other people because we are worried about ourselves rather than because we have carefully evaluated the situations and the kinds of aids that are essential.)

Generally speaking, Open the session with a familiar song and one which has a lively tempo.

A song that takes too long to practice and learn before the group can really sing it or one which is known and therefore sung by only some of the group means that the group is deprived of a beginning mood setting experience which promises a satisfying experience in song.

**BE READY** to capitalize on and adjust to the unexpected

It is impossible to anticipate all the elements and demands on the opportunities that are in a situation before you actually get into the process of the occasion. Therefore it is impossible to eliminate or avoid the unknowns and the challenge that they often offer.

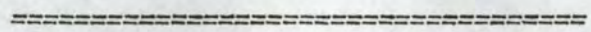
Learn to roll with the punches and learn to both accept and admit that a leader has the right to be wrong about what he expects of himself and the group situation. Don't be afraid to change the selections, the sequence or the time planned for singing if the condition suggests it.

**VARIETY IS THE SPICE** of a singing experience before tapering and termination the session.

Then singers can predict what will be sung and how songs will be led and sung, the enjoyment of the experience is dulled greatly. The same kinds of songs or songs with the same tempo or key are poorly selected if they are grouped together. Certain songs seem to do a better job than others and so should be selected and placed with that in mind. The song or songs you choose to conclude the session should be such that people sense a kind of completeness in their experience of being delightfully bound in music. (cont.)

SET THE STAGE for that which is to follow  
(So often the very important matter of helping the participants make a transition in mood and attention to the next item on the program is not taken care of and unfortunate results are invited. The song leader can often do this quite logically and easily through the choice of closing songs and the remarks he makes to relate them to the kind of event that is coming up.

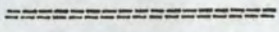
REMEMBER THAT: Your main task is to fashion a group experience of discovery and satisfaction through doing something just for the enjoyment of it.



Mother was watching as the little girl lay on the floor, singing to herself. Every so often she would roll over. Finally the mother asked her why she was doing that. She said: "I am a record ' and I have to roll over to play the other side."

FOLK SONGS

The Ballad, or Folk Song, is the world's first newspaper and informal history book--- a record of battles, adventures, and scandals in the days when an illiterate community depended for its news on the minstrels who roamed the countryside. The minstrel having much news to report, could not rely entirely on his memory. A ballad stanza by its rhyme scheme and general circumscribed framework helped him to supply details which might otherwise be forgotten-- to give accurate versions of names and times and places, and to recall the sequences of an event as it really happened.....Local songsters added tricks of phrasing; additions of verses demanded rhythmical changes as new wordings were added. Only the best elements in the songs continued as the songs became popular.



TUTORIAL

A way :unknown, a book unread,  
A tree with fruit unharvested,  
A sea unsailed, a word unsaid.  
A house with rooms untenanted,  
a tale untold, a tear unshed,  
A reel unrolled of colored thread  
A field untilled, a friend unfed,  
A loaf unbaked of living bread,  
A song unsung, a hill ahead,  
A beauty spot unvisited,  
A web unspun, a wing unspread.  
A hope as yet unheralded,  
A fight unfought, a fear unfled,  
A conqueror with uncrowned head.

THE MAN WHO COMES AROUND

BY Dwight Wales

CHORUS: The man comes to our house every single day.  
Papa comes home and the man goes away.  
Papa does the work and Mama gets the pay  
And the man comes around when papa goes away.

The man comes to our house to bring my mama ice  
He walks into the kitchen and talks so very nice.  
But the little teeny weeny piece soon melts away.  
So he has to come back again later in the day.

CHORUS: The man comes to our house to take away the trash,  
With a little white jacket and a little black moustache  
It's all very friendly but it always seems to me  
He's a lot more familiar than a trashman ought to be.

CHORUS: The man comes to our house to bring the baby milk  
He walks into the kitchen and he talks as smooth as silk  
I have to hold his horsie out by the gate  
He stays so so long at our house, the horse don't want  
to wait.

CHORUS: When I grow up I don't want to be a doctor or lawyer,  
no siree,  
I don't want to be a dentist with an office downtown,  
I just want to be the man who comes around.

\*\*\*\*\*

"WHITE SOCKS" (Tune: White Wings) (1. Time)

White socks that never get dirty-  
The longer you wear them, the  
stiffer they stay.  
Night comes, the toes get all curly,  
I stand up my white socks,  
And sleep far away.

PASS IT ON

It only takes a spark to get afire going  
And soon all those around can warm up in its glowing  
That's how it is with Chat's love  
Once you've experienced it  
You spread its love to everyone  
You want to pass it on

What a wondrous time is spring  
When all the trees are budding  
The birds begin to sing  
The flowers start their blooming  
That how it is with Chat's love  
Once you've experienced it  
You want to sing it's fresh as spring  
You want to pass it on.

I wish for you my friend  
This happiness that I've found  
You can depend on this  
It matters not where you're bound  
I'll shout it from the mountain top  
I want my world to know  
The love of Love has come to me  
I want to pass it on.

(From "Tell it like it is" with a variation)

IT IS MY JOY

It is my joy in life to find,  
At every turning of the road,  
The strong arm of a comrade kind,  
To help me onward with my load.  
But since I have no gold to give  
And love alone must make amends...  
My only prayer is while I live,  
God make me worthy of my friends.

SONG FOR CLOSING CEROMONY

Tune: Brahms Lullabye

Holding hands of dear friends  
Forming circles of friendship  
Meeting eyes all so true  
Ever brings me thrills anew  
Though we part, 'Tis with joy  
For we'll always remember  
Chatcolab - for work & play  
Hope we meet again some day.



*Aren't  
songs a great  
means of expressing  
what we  
feel!*

## "Heartbreak"

Words and music by Al Harmon

There was, a lonesome boy,  
 Wandering through, this world of joy.  
 He'd never a had, a girl to love,  
 So he prayed, to the stars above-  
 And like a bolt from the blue,  
 They sent to him you.  
 Then the world was a, better place  
 To live in day to day.  
  
 They were told, it wouldn't work out  
 But they both, had their doubts.  
 Things seemed, to go fine.  
 But then came, that sad, sad time.  
 She told him, they were through,  
 And that she had, someone new.  
 He just smiled and said, "That's OK,  
 Please don't cry, be on your way."  
  
 He was really, hurt deep inside,  
 But he told her, please don't cry.  
 "You've made it easy" he heard her say  
 On the journey home, he cried all the way.  
  
 She had told him, that they were wrong,  
 The way they had been carrying on.  
 He knew that she was, probably right,  
 But that didn't help him through that night.





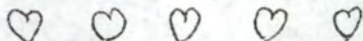
Al's "Heartbreak" (continued)

Now there is, a lonely boy.

Wandering again, through this world of joy.

He has tried, at love and lost.

Will his path, again it cross?



SOMEDAY I HOPE TO TELL YOU

By Al Harmon

I guess that I will always be,<sup>Em</sup>

A guy<sup>C</sup> just like I am.<sup>D7</sup>

Taking<sup>G</sup> life the way<sup>Em</sup> it comes,

And making<sup>C</sup> no demands.<sup>D</sup>

But someday when I get<sup>A7</sup> a chance,<sup>D</sup>

I hope<sup>G</sup> to find someone,<sup>Em</sup>

Who will love me as a man and not a friend.<sup>D7</sup>

I always seem to be the type,  
Who makes friends with great ease.  
But friendships sometimes turn to love,  
And now I ask you please.

How does one who is like me,  
Tell them how I feel,  
And not lose the friend that I once had?

It seems that every time I try,  
I just can't find the way.  
To make a person love me,  
In that special way.

I guess I shouldn't take the chance,  
It's easier that way,  
So I'll pretend my feelings don't exist.

I know that it must be quite hard,  
To put them on the spot.  
So rather than to do that,  
I'll just go without.

Telling of my feelings,  
And what I want to say,  
And keep them as a friend another day.

Maybe the day will come,  
When I will feel at ease.  
Telling of my feelings,  
Exactly like I please.

And if and when that day does come,  
I hope she'll understand,  
And never, ever, leave me, as a friend.

\*\*\*\*\*

PLEASE CONTINUE AS MY FRIEND

By Al Harmon

<sup>C</sup>Forgive me for <sup>A<sup>m</sup></sup>what I said to <sup>E<sup>m</sup></sup>you,  
And please <sup>F</sup>say you'll <sup>G</sup>continue as my <sup>C</sup>friend.  
<sup>C</sup>I wanted to believe <sup>A<sup>m</sup></sup>you felt the <sup>E<sup>m</sup></sup>same,  
But I <sup>F</sup>guess it's time my <sup>G</sup>feelings now to <sup>C</sup>end.

I misunderstood what I heard,  
And thought that you had given me a sign.  
But now I understand and I know,  
It's someone else's love for which you show..

<sup>F</sup>I guess that I was just <sup>D<sup>m</sup></sup>hoping,  
That what <sup>G</sup>I felt would be, <sup>C</sup>  
The <sup>F</sup>starting of new happy <sup>D<sup>m</sup></sup>times,  
<sup>G</sup>Both for you and <sup>C</sup>me.

But now I want to say that I know,  
And hope you will forgive me as I go.  
Please don't say that it's the end,  
At least will you continue as my friend.

## I WANT TO SAY I LOVE YOU

By Al Harmon

<sup>C</sup> There's something that I've got to say, <sup>Em</sup>  
<sup>Dm7</sup> But I can't find the words to say it, <sup>G</sup>  
<sup>C</sup> You've enriched my life for years, <sup>Em</sup>  
<sup>Dm7</sup> But I'm afraid to tell you my feelings, <sup>G</sup>  
<sup>F</sup> years have come and years have gone, <sup>Em</sup>  
<sup>Dm7</sup> And still I feel the same. <sup>C</sup>  
<sup>C</sup> So I want to say I love you, with this song. <sup>Em</sup> <sup>Dm7</sup> <sup>G</sup> <sup>C</sup>

You set my mind at ease,  
 You really know how to reach me.  
 With you, I'm always at peace,  
 I can't see being without you.

But how do I tell you how I feel,  
 and not get the meaning wrong.

I hope that I can do it, with this song.

I know I never mentioned,  
 How I feel about you.  
 But I've been afraid I'd lose you,  
 And I don't want to live without you.

Your friendship is just not enough,  
 to last my whole life through.

So now I want to tell you, I love you.

I think I know the reason,	I guess I'd rather go on living,
Why I haven't said this before.	Just the way we are,
Because I didn't want to lose you,	Than to tell you how I feel,
By telling you the way I fell.	And live without you.

LASSIE THE WONDER DOG

By--Al Harmon

Lassie the wonder dog--she's here to save the day.

If in need, just call for help--and she'll be on her way...

While sitting on a hill one day, just looking all around  
Tim and Lassie were quite surprised and here's what they had found.

Down in the valley there below, lying on her back  
His mother had just been tied down, to a railroad track.

Fearing that his mother, could not bare to stand the pain,  
Tim sent Lassie on her way to save her from the train.

(Chorus).....

While walking in the woods one day, much to Tim's surprise,  
A grizzly bear came after hime , who was twice his size.

Now lassie who was close at hand, came to save the lad,  
And you can bet your bottom dollar, Timmy sure was glad.

(Chorus).....

Now Tim made just one bad mistake, as he started down,  
He stepped upon a broken limb and fell upon the ground.

He then sent Lassie on her way, for help that's far from here,  
But two hunters mistakenly, shot her for a deer.

They tried to take her to the vet, to make sure she would mend;  
But Lassie would not go with them til help was brought to Tim.

(Sing the chorus twice.)

The above is the theme song for the Well-Wishers Lassie presentation  
at the Chatcolab Academy Awards.



## Rose

<sup>C</sup> I married Rose in 21, <sup>C7</sup> we bought a little <sup>F</sup> farm,  
<sup>C</sup> The first year out the barn burnt down, and I broke my good right <sup>G, G7</sup> arm.  
<sup>C</sup> From then on in things got bad, but <sup>E</sup> I guess they could have been worse, <sup>C</sup>  
<sup>C</sup> But seeing Rose dressed in <sup>E</sup> rags all day, just made me want to curse. <sup>Am</sup> <sup>F</sup> <sup>G</sup> <sup>C</sup>

<sup>C</sup> Chorus: That's ok, Rose would say, <sup>C7</sup> <sup>quack</sup> <sup>E</sup> Don't you worry none. <sup>G, G7</sup>  
<sup>C</sup> We'll have good times by and by, next fall when the <sup>Am</sup> works all done. <sup>G</sup> <sup>C</sup>

I watched her hands grow rough and red, from working in the fields,  
 And puttin' up in mason jars, what little the crops would yeild.  
 I'd find what jobs there were in town, most times there were none,  
 But Rose would still have supper waitin', at night when the work was done.

Chorus

Our first born had a face like Rose, and I guess a temper like mine,  
 She'd sleep all day and cry all night, but she grew and married fine.  
 Our only son went off to fight, in 1940 and 4,  
 Year went by; telegram said, he ain't comin' home no more.

Chorus

Then one winter night in 59, Rose, she took a terrible chill,  
 She went to sleep and didn't wake up, I guess she's sleeping still.  
 But you know sometimes when the wind is a singin', high in the China berry  
 tree,

It seems it's not the wind at all, but Rose a singin' to me.

Chorus 3 times. Start softly and each one gets louder.

A PLACE I KNOW

By Al Harmon

There is a place I know, where people go.  
 They come to learn and share, they come to grow.  
 Our heads start to get straight, we know where we're at,  
 Good things like this shouldn't only, happen at Chat.

Chorus

I'm gonna miss, the good times we've had,  
 And every one of you.

We've talked to our friends, we've listened too,  
 Share with your fellow man, is the only rule.  
 We lift our hearts in song, feelings have begun..  
 We've learned to love each other, a victory's won.

Chorus

Chat is a wonderful place, we all know,  
 Here we meet old friends and, new friendships grow.  
 But then all too fast, the week flies by.  
 But just remember this, it's good night and not good-bye.

Chorus

I hope you also feel, the way I do,  
 That when this week is done, it's not all through,  
 This love we've nurtured here, it's only fair,  
 We take back to our homes, and start to share.

Chorus

HEART CANYON GAP

Songs by Daphne Richardson

<sup>G</sup>I haven't seen your <sup>Am</sup>face in a long, <sup>F</sup>long time <sup>G</sup>  
 I can't <sup>Am</sup>reach out <sup>C</sup>and hold you <sup>G</sup>near  
 The <sup>C</sup>writing on my <sup>Am</sup>heart says it's all over <sup>F</sup>now <sup>G</sup>  
 But I can't <sup>F</sup>seem to live without you here. <sup>G</sup>

You'd never believe how much I long to see your face  
 Or how many times I'll wake at night  
 Calling out your name to my dark and empty room  
 Without you nothing's ever right.

Chorus'

<sup>C</sup>I miss you...  
<sup>Am</sup>Believe me...  
<sup>F</sup>I want you here  
<sup>G</sup>Where I can hold you near  
<sup>F</sup>Together we could run with the wind.

Remember the times we spent beneath the trees  
 Or hiking along the mountain's ridge  
 You're on the other side of that canyon now  
 And I can't get to you for there's no bridge.

Chorus

The only way that you'll come back to me  
 Is under the golden summer's sun  
 And if I close my eyes, well -- it's only a dream  
 But I'm in love again and you're the one

Last Chorus

I miss you  
 Believe me  
 Someday I might awake  
 It's a chance I'll have to take  
 Oh will we ever run with the wind?

(Repeat regular Chorus)

## I'VE GOT TO GO

Daphne Richardson

<sup>G</sup>Hey young man, I've <sup>C</sup>given up on you  
 Seems I've run out of <sup>C</sup>things that I can <sup>G</sup>do  
<sup>A</sup>And I've learned we're not <sup>G</sup>destined from above  
<sup>A</sup>There's just no way you can <sup>G</sup>buy a young man's love.

## CHORUS:

<sup>F</sup>Young man, I've <sup>A</sup>got to go  
<sup>F</sup>My heart is broken  
<sup>A</sup>And you'll never know  
<sup>C</sup>How much I just <sup>G</sup>wanted you near  
<sup>A</sup>Now I've got to <sup>F</sup>get away from here. <sup>G</sup>

Hey young man, it never did begin  
 And it seems that I can never win  
 I guess no matter how hard I try  
 A young man's love is something you can't buy.

Hey young man, this is my last song  
 I've let you know, and I feel that I was wrong  
 I tried so hard, but love is not that way  
 I'll say, "I love you" and then I'm on my way.



WOULD YOU LISTEN?

There are so many times I want to tell you how I feel  
 But I just can't grasp the words that are real  
 And if I really told you, would you really listen  
 Or would you just walk away again?

Chorus:

I <sup>C</sup>want to take <sup>Am</sup> your hand  
 I want to hold you <sup>G</sup>close  
 If I <sup>C</sup>told you that <sup>Am</sup> I love you  
 Would you <sup>G</sup>listen?

Sometimes I want to be alone with you and you alone  
 I want to take your hand and hold it in my own  
 But I'm afraid to do it, you might pull away  
 And never give me the chance again.

Today you took my hand, I thought it was a dream  
 My heart and yours then shared love in a stream  
 But - is that really what you gave me,  
                   or just my imagination  
 I wish that you would let me know.

This song I'm singing to you, it's really supposed to say  
 That I guess I love you in a very special way  
 And if you understand, will you take my hand  
 And tell me everything's all right?

BEFORE YOU GO

Time is so short here, a day isn't long  
 There's no time to talk, soon you'll be gone  
 I tried to tell you  
 I wanted you to know  
 Just understand one before you go.

Chorus:

Give me a moment  
 Give me a chance  
 Talk to me, listen  
 I need you... to understand

You mean so much, I can't really say  
Just how much I love you, more every day  
I'm trying to tell you  
I want you to know  
Try to understand me before you go.

I've tried with a smile, I've tried with a song  
But I guess I've just gone about it all wrong.  
I'm telling you now  
You've just got to know  
Please understand me before you go.

\*\*\*\*\*

TRIBUTE TO MONTANA COWBOYS

CHORUS:

I never<sup>G</sup> seen him ride<sup>C</sup> a horse  
Or rustle<sup>G</sup> up a steer<sup>D7</sup>  
But<sup>G</sup> by the way he talked<sup>C</sup> and the way he walked  
What<sup>G</sup> he was<sup>D7</sup> was pretty clear.<sup>E</sup>

He had a tough scarf 'round his neck  
A high crowned hat on his head  
Beechnut tucked into his cheek  
'Swallowed when it was dead.

He plays guitar, he tries to sing  
It twangs right through his nose  
Cracks his whip with a shotgun snap  
The dead will never doze.

His boots are tall, his legs are long  
His knees just never meet.  
You can see all the way to the end of the road  
When he walks right down the street.

He'll cuss and he'll spit, but he ain't all bad  
I just want you to know  
'Cept oh my dear, if you're from North Dakota  
Then I think you better go.

Well a Montana Cowboy's good to find  
And darned hard to forget  
Dontcha never try to walk away from him  
'Cause he's handy with a lariat.

for Howie & Rick Low  
Cy Corlett & Dean Jacobs  
by Daphne Richardson

# KOLLEGE OF RECREATION



games

PLANNING FOR SOCIAL RECREATION & GAMES

By Bruce Elm

Before a good leader can plan any type of social function, he must have some method of classifying the activities which he might possibly use. There are several methods that might be used. One might classify activities into active and non-active, or indoor and outdoor. Neither of these systems really tells the leader too much about the activity though. A better method might be to classify the activities by type according to the following criteria:

- |                        |                   |
|------------------------|-------------------|
| 1. Brain teasers       | 7. Musical mixers |
| 2. Group contests      | 8. Puzzles        |
| 3. Group stunts        | 9. Relays         |
| 4. Guessing games      | 10. Skill games   |
| 5. Individual contests | 11. Dances        |
| 6. Leader stunts       | 12. Songs         |

This method tells the leader much more about the activities, and is therefore, a better system. A second reason that it is a good system is that there are no more than about 15 (in this case 12) categories.

Another good system might be the following classifications in which the criteria is based on the use of the activity.

- |                          |                        |
|--------------------------|------------------------|
| 1. Pre-openers           | 5. Changing formations |
| 2. Starters              | 6. Resters             |
| 3. Get-acquainted games  | 7. Just for fun games  |
| 4. Partner pairing games | 8. Finales             |

This second system is also a good classification system. It, however, gives the leader completely different information than does the first example.

In practice, probably the best system is a combination of these two systems, plus the inclusion of information, such as the formation the activity is done in, the number of people that may participate, the age group for which it is appropriate, the equipment used, and special uses (such as at campfires, swimming pools, etc.)

Before examining the sytem referred to above, let us first define the terms of the two examples above.

Classification by Type of Activity

1. Brain teaser -- a recreational quiz or problem in which the correct answer may be arrived at by logical deduction.

2.

2. Group contest -- an activity (not included in any other category) in which each team competes against one or more other teams.
3. Group stunt -- an activity in which a group of people performs for the amusement of others (very little rehearsal needed).
4. Guessing game -- a recreational quiz or problem in which the correct answer may not be arrived at by logical means.
5. Individual contest -- an activity in which each person competes against all other contestants on an individual basis.
6. Leader stunt -- an activity done by one person for the entertainment of others. "Volunteers" from the audience may be used, but they need to rehearsal.
7. Musical mixer -- an activity done to music in which the participants change partners, but without rigid step patterns as in a dance.
8. Puzzle -- an activity in which objects are manipulated to fit a pattern or to achieve a desired result.
9. Relay -- a race in which each member of a team performs a certain action over a prescribed portion of the course (or racing area).
10. Skill game -- an activity which involves a great degree of athletic dexterity. (All sports are included in this area.)
11. Dance -- an activity done rhythmically (usually to music) with a prescribed motion pattern.
12. Song -- any vocal utterance done by all participants (usually with a prescribed word or sound sequence). With this loose interpretation, chants are included as songs.

#### Classification by Use of the Activity

1. 're-opener -- an activity to keep the guests active until all have arrived.
2. Starter -- an activity which signifies the beginning of the party. It should be one in which there is no division into groups, and one in which everyone can participate.

3. Get-acquainted game -- an activity which requires exchanging names, and may include some way to learn something about other people.
4. Partner pairing game -- an activity used to get the group paired off with partners. It may or may not end in a special formation.
5. Changing formations -- an activity which moves the group smoothly from one formation to a second formation.
6. Rester -- an activity which allows the participants to catch their breath (mentally or physically).
7. Just for fun games -- an activity with no special purposes other than fun.
8. Finale -- an activity similar to a starter, but quieter in nature, signifying the close of the function. (Many songs lend themselves to this.)



## GET ACQUAINTED GAMES

### MEET MRS. WIGGINS

#### Supplies needed:

- 1 salt shaker
- 1 dining table with matching set of people

#### How to play:

The first person picks up the salt shaker, turns to the person seated at his right, hands him the salt shaker and says, "My name is John Smith (or whatever his real name is) and this is Mrs. Wiggins." The next person now turns to his right and hands on the salt shaker. "My name is \_\_\_\_\_, John Smith says that this is Mrs. Wiggins." Play continues around the table to the right. Each person adds his own name and repeats the names of previous players in correct order until Mrs. Wiggins is returned to the first player.



### GET ACQUAINTED GAME

1. Find your double: Each person has a paper or notecard and pencil Number 1 -10 on the left side. At the signal each person is to find someone who has the same
  1. Color of eyes
  2. Color of hair
  3. Same height
  4. Color of shoes, sox, shirt or such
  5. Same month of birthday
  - 6 - 10 - Same town, car, brothers, etc
 First on finished may call all others with a "same feature" to the front of the room.
  
2. Name Bingo - Each person is given a pencil and paper. Draw a 6" or 8" inch square. Divide into 16 or 25 smaller squares like a Bingo card. Each player is to get the signature of a different person in each square. When all have finished, or a given time has elapsed, play Bingo. The first person finished may call the name of another person, who stands up when name is called. 11 players having his name cover, or cross his name on their card. He then calls another name. Play Bingo until all names are called; someone has a Black Out, or desired time has been used. In a large crowd, it may be too time consuming to call all the names.

# Get Acquainted Games

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## ZIP, ZAP, ZOOM

This is a get-acquainted game. Have all the people playing, sit in a circle of chairs, but have one less chair than people. This is so that one person will always be left in the middle. ZIP is the person to the right. ZAP is the person to the left. ZOOM means "run to the chair opposite the room". ZING means yourself. When the person is in the middle, he has to go around and point to someone and yell either zip, zap or zing. If he yells "zip" to that person, within ten seconds he has to say the person's name to his right, "zap" to the person to the left, and if he says to that person "zing", he has to tell him his own name. If the person who is being pointed at, can't say the name within ten seconds, then he must trade with the person in the middle. After about three tries, that person in the middle yells "zoom" and everyone must get up and quickly sit in the chair opposite of them. The person left standing goes in the middle. (All members should take off their shoes so it won't be so easy to run to the opposite side of the room.)

## CLOCK GAME

Materials needed: Pencils and paper.

Give each person a piece of paper and a pencil. Instruct them to draw a circle on the paper and to number it like a clock. Each person is to circulate around the room and make "appointments" with people they are most unfamiliar with. Then the leader calls out a number and a subject such as: "Why did you come?", "If you were to be recycled, what would you be recycled into?", "What is a friend?", etc. The people are to meet the person they have an appointment with at that time and to discuss the subject given for about 30 seconds to a minute. This is an excellent way for people to get acquainted.

## Get-Acquainted Activity:

Everyone is to group around a table or in a circle.

Part I -- Each person thinks of a food that starts with the same letter as their name. The first person says their name and food, i.e., I am Rick Radish. The next person says their name and food plus the first person's, i.e., I am Carol Carrot and this is Rick Radish. So on around the circle until everyone has said their name and food and the name and food of everyone before them.

Part II -- Think of a piece of furniture in their home that you would most like to be and why. Share this with the group.

Part III -- If you could be returned as an animal, which one would you pick and why?. Share this with the group, also.

--Signa Phi Nothings



KOLLEGE OF  
RECREATION  
SCHOOL  
OF  
DANCE



ADANCE  
THEME =  
idea  
LEPRECHAUN  
LEAD



SO.... YOU LIKE TO DANCE!  
(by Louise Brownson)  
\*(From an article in  
HEALTHWAYS Magazine)

Have you ever been spellbound watching an Indian ceremonial dance in a New Mexico pueblo? Or enjoyed a visit to village folk dances in European countries (Or imported into World Fairs)? Or been entranced watching an oriental dance with its measured body rhythms and exquisite hand movements? Or the Hawaiian hula? Or by a gypsy Flamenco performance?

Perhaps you've "sashayed" your partner in a Western square dance and swung your partner in a "do-si-do."

But of course you've waltzed! Nearly everybody has waltzed! For hundreds of years people have..Italizn, French, German.. and now the American version with all its countless variations.

Perhaps the forever fox-trot is your treat... or you like the gay skippety-hop of the Polka, now happily revived. Maybe you're one who "digs" jazz...or swing's your specialty, or rock 'n'roll.. Or you burn out your energy on the groovy NOW dances of the young. (Remember yesterday's FAD dances-- the Charleston and before that the ragtime, bunny hug and many others. Yes, and the "twist."

And don't you just love the roll of the rumba, the precise, syncopated cha cha, or the sultry sweep of the tango----

Curious... throughout the centuries it has proved impossible to stop people indefinitely from dancing. It seems there's an irrepressible rhythm in the blood and bones of human beings.

In earliest times, dances started as a very earthy expression of man's emotions, at times working into orgies, often connected with pagan religious festivals. Later, Greece brought grace and distinction to the dance and developed the art of choral dancing. Socrates, Plato and other philosophers condemned the art. Then, the Romans turned dancing into Bacchanalian spectacles which the church, and the state outlawed.

During the Dark Ages peasants and trade people had their pantomimic dances accompanied by sung parodies. In medieval times group round dances came into favor, gay and informal. The European courts took up the dance and cultivated it, from the very lively to the stately minuet.

The court dances tended to become formalized in exact deportment. But to avoid the monotony, there were always new styles breaking through as the result of new musical forms to inspire them----  
For dancing is the result of music,

~~It dances tended~~  
Did anyone ever tell you, Marty, you have two left feet?  
MM  
Pixies by Wahl

(cont.)

from primitive drum beat, through sung folk music, to more sophisticated forms and instruments, to full orchestra. Nearly all the world's leading composers have either consciously or unconsciously been inspired by their own folk music, principally by the mouth music which accompanies the people's festivals, rituals and dances.

Folk dances performed together are coordinated by common rhythms and sounds. The patterns made by the dancer's feet help to describe something of the development of the society in which a dance is performed.

Geographical and climatic conditions dictate the quality of the movement to be performed, and somewhat the accompanying rhythm. In the hottest countries, movements are fluid, flowing easily from one part of the body to the other. An accented step is not as abrupt as the same type of step in a cold country, where more energetic movements are made. Where there is swift change of temperature between day and night, as in Spain, there is usually a clear distinction made between hard and soft movements-- languorous steps abruptly alternated with clear and vigorous stamping and footwork.

In Germany, France, and especially England, movements and rhythms are equalized. Here, there's a similarity to all the dances, except for the interesting floor patterns. The tempo of the dance, however, is not dictated by climatic conditions; it varies at all times and in all places.

IN AMERICA, Puritan rule prohibited dancing among the settlers, but eventually some English and European folk dances appeared in the more liberal South. There were country square dances, jigs and reels-- with music by fiddler or a Negro slave strumming the banjo.

With the growth of towns into cities, the dance became more formal. Boston, N.Y., Philadelphia and Washington were the scene of elaborate balls, dance "assemblies." Dancing masters were employed by the best society to refine the dance-- and the manners of the people! Our first president danced the minuet with elegance.

Came the waltz, the Polka and the schottische. After the stately minuet these dances were considered by some to be scandalous, the waltz especially, as it was really the first couple dance with body contact. Then, with the turn of the century, there was a whirl of gay new dances, including the outrageous ragtime, inspired by "Alexander's Ragtime Band." The fox-trot became American classic, and the "Castle Walk" with its inovator Irene Castle made more beautiful the whole concept of the dance. And so America danced on.. and still does.

A leading school of ballroom dancing estimates that today about 30% of all Americans practice social dancing as a cultural art. One studio manager says: "People don't take dancing lessons to learn to dance; they take lessons for what the dance will do for them." Which is different things to different people, it's true, but in all cases it's an exercise for muscle tone, flexibility and coordination. It offers recreation, a rewarding development of natural rhythms and skilled footwork, a release from tensions and a sense of exhilaration of mind and body while interpreting music; and there's the satisfaction of social participation. And the male attitude about it?...Actually, historically, many of the earlier dances were performed by men alone-- complete with boots and sword!

TEACHING SQUARE DANCE

The first requirement of any teaching is for the instructor to completely understand what he is going to teach. Therefore, the square dance instructor must not only know the individual movements he will present, but he must not only know a sequence which may be used to have the dancers practice the movement. The following is a minimum which a recreational leader should know successfully teach even the most elementary dancer.

- 1- The square formation and its parts (partner, corner, heads, sides, couples, 1,2,3 & 4)
- 2- Swing
- 3- Allemande left
- 4- Do-sa-do
- 5- Promenade (Oh Johnny)
- 6- Ladies or men promenade inside the ring.
- 7- Allemande left
- 8- Right and left grand (Alabama Jubilee)
- 9- Ladies chain (Coming Round the Mountain) (Just Because)
- 10-Lead right and circle four, then pick up two-circle six, pick up two - circle eight. (Hot Time In The Old Town Tonight)

The names in the parenthesis are singing calls which might be used at that point in the program. There is a very good long play album, "The fundamentals of square dancing", called by Bob Ruff of Whittier, California, which is intended for beginner dancers. It assumes that there will be a teacher demonstrate the calls to be used, but that the teacher may not be a caller himself. There is a guide sheet which gives the sequence to be used in the demonstration. This record is available by asking for record number LP 6001 from -

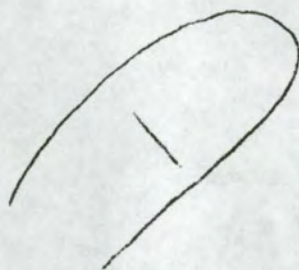
- . Sets in Order
- Robertson
- 462 North Blvd.
- Los Angeles, California 90048

The company listed above is the outstanding authority in the country today on square dancing and would be glad to answer any questions about obtaining any materials on square dancing. They also publish the leading square dance magazine.

If the above record is not used, then use the figure on the record you are going to use as a guide to the demonstration and the walk thru. Be sure to use the simpler calls first. It is wise to try to choose records that have many of the calls already learned on them so as to not have too much time spent teaching. The aid of the suggestions of an experienced square dancer or caller would help in this selection. The sequence of movements given at the first is a good teaching sequence if one wishes to use the records listed. The records are standard ones and should be available for many years. They are listed in the sequence I would use them, but this is by no means the only logical sequence. It is merely a suggestion.



AUCING



## Jingle Bell Rock

Music: Jingle Bell Rock  
Record: Decca 30513  
Rhythym: 4/4

Leila Steckleberg  
Formation: Double Circle  
Position: Hands joined  
Footwork: Opposite

Measures	Step	Description
1-2	Walk and Brush	Forward left right left, brush right, forward right left right, brush left,
3-4	Rock	Rock forward left two count, back right two counts. Repeat
5-6	Grapevine	Side left, cross right behind, side left, swing right over left, Repeat to right.
7-8	Walk and Turn	Man in four slow steps turns left in a semi-circle to the next girl behind him while the girl turns one complete turn in place with four slow steps.

Round Dances

Salty Dog Rag Record: Decca 27981

Formation: Couples in promenade position scattered about the floor. All start on the right foot.

1. (Grapevine out and in)side, behind, side hop, side, behind, side, hop (progress forward) step, hop, step, hop, step, hop, step, hop, repeat
2. (Pull the girls across to the other side) fwd, fwd, fwd, hop (twirl) step, step, step, hop. (Join right hands for a wheel) step, hop, step, hop, step, hop, step, hop.
- Repeat.
3. (Heel step in place) right heel forward, together, left heel forward, together (with feet together) move heels out and in (pigeon toe fashion) stomp right, stomp left. (progress forward) step, hop, step, hop, step, hop, step, hop
- Repeat

Repeat entire dance.

Patty Cake Polka Record: Any good polka

Formation: double circle, men on inside, partners facing. Start on man's left and lady's right foot.

DANCE

1. Heel, toe, Heel, Toe  
Slide, slide, slide  
Repeat on man's right
2. Partners clap right hands  
Clap own hands  
Partners clap left hands  
Clap own hands  
partners clap both hands  
Clap own hands  
Clap own knees
3. Polka turn for four polka steps

Hillbilly Mixer Record: Hi Hat 801

Formation: Couples in semi-closed position, facing CCW around the circle. Start on the man's left and the lady's right foot.

DANCE

1. Walk, walk, step close step  
Repeat beginning on right foot
2. Side point, side point, side point, side point  
(away and together from partner, face partner on last point and join both hands)
3. Side, together, side, swing (right foot swings across left foot)  
Repeat starting on the right foot
4. Back away from partner four steps
5. Walk forward four steps to the dancer to the right of your partner

Repeat dance with new partner.

## JIFFY MIXER

Music: Jiffy Mixer  
 Record: Windsor 4684-A  
 Rhythm: 2/4

Formation: Double Circle  
 Position: Two-Hand  
 Footwork: Opposite

The dance is described for the man, the lady's part is the same on the opposite foot.

Measures	Step	Description
1-2	Heel-Toe	Touch the left heel to the side, then touch the left toe to the floor at the instep. Repeat.
3-4	Side Close Side	Step to the side with the left foot, close the right to the left, step to the side with the left foot, touch the right toe beside the left foot.
5-8	Repeat	Repeat the above starting on the right foot.
9-12	Chug-Clap	With both feet together, chug backwards on count one and clap on count two. Repeat three more times.
13-16	Swagger	With four slow steps (two counts each). Swagger to the next partner to the dancer's right.

DOUDLEBSKA POLKA

Nationality - Czechoslovakian  
Record - Folk Dancer MH3016  
Steps - Polka, walk.  
Formation - Couples in shoulder-waist position any place on floor.

Pattern in Brief - 16 polkas in LOD  
2. Form stars.  
M in circle face center and clap while W polka around outside.  
4. Repeat entire dance.

PATTERN

Meas

1-4 Introduction, no movement.

I

1-16 Take 16 polkas, LOD, anywhere on the floor. Partners turn CW as they move CCW around the dance floor.

II

1-16 M make a L-hand star, retaining hold of partner with R arm around her waist. W's L hand is on M's R shoulder. (It is preferable to make many small stars rather than one large star. If all M go into one star, it is necessary to put L hands on L shoulders of M in front.) Walk around singing "Tra-la-la-la-la-la" to the rythm of the music.

III

1-16 M face center and clap own hands twice on cts 1, &. On ct 2, extend hands to side and clap hands of M on each side once. W reverse LOD (CW) and take 16 polka steps around the circle of M as they clap. When the music starts over, W dances with the M in front of her as he turns to find new partner.

Repeat entire dance with new partner.

Hints for Learning

An easy way for the class to learn the polka is to form a single circle, facing the center. Then do the following: (1) Slide six times facing center of circle, turn R with a hop and slide six times facing the wall. Turn L to face cent. Repeat this sequence. Use the same techniques, doing only 4 slides, then do it with only two slides. (2) Perform the two slides progressing CCW around the hall. (3) Repeat the second routine in time with a polka record. While practicing the step, slowly eliminate the definite turn from center to wall.



Dancing

Bruce Elm

ROUND DANCE

The Race Is On

Record: Belco B-221-A

Formation: Mass

Footwork: All start on left foot

Two-step to the left  
Two-step to the right  
Walk and snap

Forward, close, forward  
Forward, close, forward  
(Turn 1/4 to the left) Forward,  
forward, forward, forward  
(snap fingers between each step.)

Repeat three more times to end  
facing original direction.

Clap step

Clap as follows, right to knee,  
hands together, twirl hand above  
head, left to knee, hands together  
twirl left hand above head.

Repeat.

Ten Pretty Girls

Record: Folkcraft 1036

Formation: single circle facing, in, couples in mass, or  
lines

Footwork: All start on the left foot.

Note: The rhythm throughout is "slow, slow, quick, quick,  
slow."

Cross and grapevine

Point left foot across in front,  
point left foot to side, cross  
left behind, side right, forward  
left.

Repeat cross and grapevine starting  
on right foot. Repeat on both left  
and right feet.

Walk forward

Forward, forward, forward, forward,  
forward (the second set of five  
forward steps should be done back  
if done in a single circle facing in)

Kick and stamp

Kick left foot forward, kick left  
back, stamp left, right, left.  
Repeat starting the kick with the  
right foot.

Repeat entire dance.

TETON MOUNTAIN STOMP

Music: Teton Mountain Stomp  
Record: Windsor 4615-A  
Rhythm: 4/4

Formation: Double Circle  
Position: Two-Hand  
Footwork: Opposite

Measures	Step	Description
1-2	Side & Stomp	Step left with the left foot, close the right to the left. Step left with the left foot. Stomp the right foot next to the left foot. Repeat to the right.
3-4	Step Stomp	Step left with the left foot, stomp the right foot next to the left. Step right with the right foot and stomp the left foot next to the right foot. Repeat.
5	Right Side Walk	Turn so the men face counter-clockwise and the ladies face clockwise around the hall. The men walk forward and the ladies walk backward four steps.
6	Left Side Walk	At the end of the above step, the dancers turn towards their partner turning half around so that the men face clockwise. They continue around the circle with the men backing up and the ladies walking forward.
7	Right Side Walk	Repeat the action of measure 5.
8	Ladies Arch	The ladies arch under the men's raised left arm going counter-clockwise around the the next man for a new partner in four walking steps.

SPANISH FLEA

Right kick  
 Left kick  
 Grape-vine on right foot (turn 180° on last  
 kick and kick left foot)  
 Grape-vine (start on left foot)  
 Right kick  
 Left kick

PATA PATA

Folk Dance  
(African)

Formation: Mass  
 Position: Individual  
 Footwork: Right Foot

Record: Pata Pata  
 Company Reprise  
 Number: 0732

Meas. Call  
 Intro 3 (wait 12 counts)  
 1 ALL TOGETHER POINT NOW  
 Dance 1 POINT TOGETHER, OUT IN  
 1 OUT, OUT, IN, KNEES  
 1 UP, DOWN, NOW KICK  
 1 KICK, BACK, POINT NOW

Description:  
POINT - Point to right with right  
 foot, bring right foot next to left.  
 repeat on left foot.

OUT IN - weight on heels spread toes  
 apart, weight on toes spread heels  
 apart. Keeping weight on toes bring  
 heels together, weight on heels  
 bring toes together.

KNEES - Weight on left foot, bring  
 right knee up and slightly across  
 to left. Put right foot to floor  
 in original position. Repeat.

KICK - with left foot, kick forward  
 and turn 1/4 right then back up  
 3 steps.

SPANISH FLEA

Music: Spanish Flea  
Record: A&M 792  
Rhythm: 4/4

Formation: Single Circle  
Position: Individual  
Footwork: None (use hands)

Start with the left foot forward and the weight on the right foot.

Measures	Step	Description
1-4	Rhythm	Bunce slightly on the right leg tap the left toe.
5	Clap	Clap both hands to right hip twice, then clap hands together.
6	Miss	Pass right hand over left fist twice, then pass left hand over the right fist twice.
7	Fists	Hit fists together twice with the right fist on top, then twice with the left fist on top.
8	Elbows	Hit right elbow with the left fist twice, then hit the left elbow with the right fist twice.
9-10	Swish	Pass both hands to the right side, then up to shoulder level, pass one hand on each side, then back up pass both hands to the left side, then back up, and finally pass one hand on each side and back up.
11-12	Twirl the rope	Twirl right hand above head as if twirling a rope. (four counts) repeat with the left hand. Note: The second, third and fourth times through the left hand twirls for four counts.
13-14	Swim	Imitate the action of swimming for eight counts.
15-16	Chug-Clap	With both feet together, chug backwards on the first count and clap on the second count. Repeat three more times.
17-18	Hitch-Hike	"Hitch-Hike" with the right hand for four counts then with the left hand for four counts. (Cont.)

19-20 The Bug

Grab with left hand as catching a bug.  
(two counts) Put bug on right hand  
(two counts). Smash bug with left hand  
(two counts). Blow away bug. (Two counts).

Repeat dance three more times. At the end of the last time, do the rhythm step for five counts then hands twice.

I LOVE YOU MORE AND MORE  
EVERY DAY

INTRO-CLOSER

You join your hands and circle round the ring. Now you circle left around the ring you go then face your corner, left allemande the corner a right left grand around the ring you roam.

You meet you maid and promenade beside her you take her home and there you're gonna swing and whisper as you walk along beside her I love you more and more every day.

FIGURE

Head ladies chain, go straight across the ring now then chain them back, it's right home they go. You face your corner, and do-sa-do that lady you come back home and swing your own sweet girl.

Well join yor hands circle left around the ring now you swing your corner lady once or twice around and then you promenade and whisper ther beside her I love you more and more every day.

Note: Tis is not the call which comes with the record. This is my own version simplified for beginners.

" Her dancing I fear, far from  
divine.  
She's light on her feet, but  
heavy on mine."

## Round Dance

## JAVA

Formation: Double Circle  
 Position: Two-hand  
 Footwork: Opposite

RECORD: Java  
 Company: RCA Victor  
 Number: 477-0712

## Part A

Meas.

Call	Description
READY, TWO-STEP	
1 step-close STEP, <u>small circle</u> NOW	<u>two-step</u> - sideward two-step
1 WALK AROUND, <u>two-step</u> AGAIN	left and right.
1 step-close STEP, <u>small circle</u> NOW	
1 WALK AROUND, <u>back-up</u> NOW	<u>small circle</u> - walk in a small
1 BACK, BACK, <u>FORWARD</u> NOW	circle returning to place in
1 WALK, WALK, back-up AGAIN	four counts.
1 BACK, BACK, <u>FORWARD</u> NOW	
1 NEW GIRL <u>two-step</u> NOW	<u>big circle</u> NOW <u>back-up</u> - back away from partner
<u>end it</u> NOW	four steps.
	<u>FORWARD</u> - walk forward four steps
	to a new partner to the right.
Part B	
2 Walk, 2,3,4,5,6, <u>back-up</u> NOW	<u>big circle</u> - walk in a large circle
1 BACK, BACK, <u>FORWARD</u> NOW	returning to place in 8 counts.
1 NEW GIRL <u>two-step</u> NOW	

## Ending

WALK, WALK, arch the GIRLS  
 ARCH, ARCH, HITCH

end it - walk in a small circle  
 (as above) then arch the girl  
 under a left right arch. Then  
 hitch away from each other.

Sequence: A, A, B, A, B, A, ENDING

THE GRAND COLODEL MIXER

Leila

BY: JOHN & WANDA WINTER, 609 Warren, Garland, Texas 75040

POSITION: Open facing LOD, inside hands joined.

FOOTWORK: Opposite

INTRO: Wait 2 meas.

MEAS

- 1 - 4 WALK, 2, 3, 4 (FACE): SIDE, CLOSE, SIDE, CLOSE; WALK, 2,3,4 (FACE: SIDE, CLOSE, SIDE, CLOSE: 1-2 M starting L walk fwd LOD 4 steps L,R, L,R face ptr joining both hands; step side L LOD, close R to L, side L LOD, close R to L while turning to face LOD INSIDE HANDS JOINED); 3-4 REPEAT MEAS 1-2; (end feg ptr & wall)
- 5 - 8 BACK UP, 2,3,4; SIDE CLOSE, SIDE, CLOSE; WALKOUT, 2,3,4; SIDE, CLOSE, SIDE, CLOSE; 5-6 M starts on L backing into the ctr L,R,L,R (W walk fwd 4 steps R,L,R,L); Side L, close R to L, side L close R to L; 7-8 M walks out L,R,L,R (W W backing out R,L,R,L); SIDE L, Close R to L, side L, close R to L;
- 9 - 12 REPEAT MEAS 1-4 END FCG PER M FCG wall W COH.
- 13-16 RT ELBOW AROUND, 2,3,4; (FACE) BK AWAY, 2,3,4; DO-SA-DO, (R SHOULDER AROUND) w,c,r; 5,6,7,3; 13 M starting L in R elbow hook walk clock wise 4 steps L,R,L,R end feg ptr & wall; 14 Back apart in 4 steps L,R,L,R; 15-16 M starting L do & 3 count do-sa-do L,R,L,R; L,R,L,R with the lady to the R of your original ptr (M moves one place to RLOD & W to LOD join inside hands with new ptr to start over);

DANCE GOES THRU 5 TIMES & ENDING

ENDING: WALK, 2,3,4; (FACE) BACK APART, 2,3, Bow;

PRODUCED BY: KALOX BELCO LONGHORN RECORDS, INC. 2832 LIVE OAK DR., MESQUITE, TEXAS 75149

THE GRAND COLODEL SPIN

KALOX BK-1112

BAND: KALOX RHYTHM BOYS

OPENER, BREAK, ENDING:

DANCE & CALLS BY: HARPER SMITH

P.O. BOX 44, CELINA, TX 75009

ALLEMADE IN ALAMO STYLE BALANCE THERE  
 SWING THRU TWO BY TWO THEN BALANCE THERE  
 SWING THRU TWO BY TWO TURN PARTNER RIGHT HAND ROUND  
 ALLEMADE THE CORNER GIRL WEAVE AROUND THE TOWN  
 WEAVE 'EM IN WEAVE 'EM OUT PARTNER DO-SA-DO  
 FULL AROUND AND THEN PROMENADE THEM HOME  
 PROMENADE GO ROUND THE BLIND TAKE THEM HOME AND THEN  
 WHEN YOU'RE HOME EVERYBODY GRAND SPIN- SIDES FACE GO

FIGURE OF GRAND SPIN AS FOLLOWS:

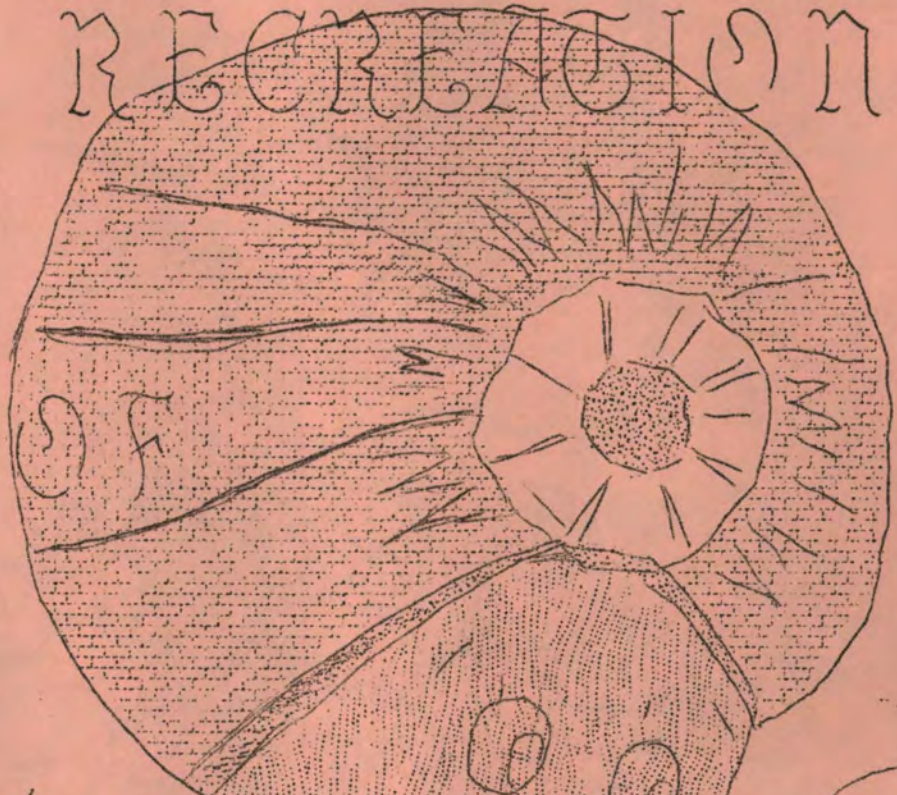
SIDES will face as in GRAND SQUARE, back up 3 steps & turn on 4th step, go forward then DO-SA-DO then star thru, you are now the new heads. HEADS will starthru, then spin the top, then star thru, end facing the vacated sides position, then take a good step forward & calif. twirl & face, HEADS you are now new sides. Repeat 3 more times and you are home. The HEADS & SIDES are working at the same time as in the grand square.

NOTE TO CALLERS FROM HARPER:

I have felt for a long time that some of the dancers feel like they could do a few things on their own without the caller telling them every step to take, and the GRAND COLODEL SPIN does this for them. It is timed perfectly if you are dancing to the beat of the music so dancers show what you can do, and have fun with it. This can be speeded up & still dance good. CALLERS THIS IS ALSO A GREAT GRAND MARCH RECORD.

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parties





Leadership Experience in Organizing and Conducting  
Social Activities

Leila Steckelberg  
Recreation with Youth Groups

Social recreation is any social occasion where people get together for fun and fellowship; to play, to dance, to laugh, to compete in the spirit of a game, to join in the theme of a party.

This social occasion may be at any age level from two to one-hundred-- may be any age separately, or all ages together. It may be any size from a handful of friends at home to a group of several hundred at a conference or camp. It may be any length from thirty minutes of games to a three-hour dance or rally. All have one thing in common--a group of people who have the same general interest in sharing some time together in one or more activities.

The party-type recreation is not a special luxury for the few far down on some priority list. Rather, it is one of the most needed mediums for healthy personality development in our modern day. It offers a necessary balance to one's work life, as it promotes and teaches wholesome self-expression in a group, encourages the development of creative talents, gives constructive release of tensions, offers many opportunities to gain a sense of being accepted just for what you are, and all in a gay and friendly atmosphere. A good party may not always be an educational program as far as providing intellectual stimulation and factual knowledge, but a good party never fails to educate one's emotions by helping the participant to experience more confidence in right human relationships with others and with himself. And who of us can deny this need for people to learn cooperative, friendly, intermingling socially. It is an art that requires much practice and participation in wholesome, friendly, and democratic situations.

Having a party doesn't mean that you have to spend a lot of money or hours making decorations and favors, nor does it have to come on some special day. A good party is merely any social recreation centered around one idea or theme. It is a program of events that is unified, has movement gives new twists to old games, stunts, or dances, provides friendly mixing, offers variety in group participation, comes to a climax and tapers off to a mellow close.

When you volunteer, (or someone asks you), to help plan a party, you need not be apprehensive. One of the great educational experiences in democratic living is to serve on a party-planning committee. Many committees have more fun getting the ideas and doing the planning than those who finally attend the "super" affair itself. This fact in itself reveals one of the key secrets to a successful party; that is, that the more the committee and the leaders can do to get those attending the party to help make it, the more fun they will have! The success of a party is to a large degree dependent upon how many people are involved in "putting it on."

The only prerequisites for being a successful and productive member of a party-planning committee are a genuine interest in, and love for all people, a liking for parties, and, most of all, boundless enthusiasm!! A knowledge of the principles and techniques of planning and conducting social recreation will be a great help in bolstering confidence in your abilities and capabilities. In order to be a relaxed leader, it helps to be aware of leadership techniques for planning well, choosing and arranging materials carefully and the conducting of activities for the enjoyment of all. Only you can provide the prerequisites; some of the principles and techniques I shall attempt to bring to you here.

## 2--Recreation with Youth Groups (continued)

Good parties are not automatic--they don't "just happen." Just getting people together is not enough. This need not be frightening, however, since it does not take a magician to provide the ingredients necessary. Good parties need to appear relaxed and effortless. This means planning down to the smallest detail. A well--planned party agenda, with dependable and enthusiastic people on hand to help, and everything ready to go well before the party begins, means security for the leader and results in a relaxed, smiling happy person who can proceed with confidence. The result will be genuine enjoyment for the guests and the leader as well. It is also the responsibility of the leaders to create an atmosphere where the guests will be at their best. Under certain circumstances and atmospheres, people are shy, self-conscious, afraid, or inhibited. Under other circumstances and different atmospheres, these same people are friendly, relaxed, and cooperative. They are happy, contributing, and spontaneous. It is the objective of the planning committee to find the right combination of circumstances to set the stage. PLANNING FOR, and WITH, EACH SPECIFIC GROUP of PEOPLE is the magic formula for any party-planning committee. Finding the right circumstances is a matter of answering a few questions and building the party around the answers.

## 1. THE TYPE of party will be determined by:

## A. WHO will be attending?

1. Age of participants?
2. Sex of participants?
3. Proportion of men, women, children?
4. Abilities or limitations of participants
5. Special interests of participants?
6. Prejudices, if any?
7. Size of the group--number attending?
8. Type of group: (Church, 4-H, etc.)
9. Experiences this group has had.
10. Do they know each other?

## B. WHAT IS THE OCCASION for the party?

1. Why is the group getting together? Will help set the theme.
2. How will they be dressed?
3. What type of party will it be?

## C. WHEN is the party being held?

1. Time of day?
2. Season of the year?
3. Weather?
4. How long will it last?
5. Will party include a meal of some kind of refreshments?

## D. WHERE will party be held?

1. Location? (Indoors? Outdoors?)  
Size of facility? Kind of place?
2. Facilities available?
  - a. parking?
  - b. hanging wraps?
  - c. Lavatory?
  - d. Fireplace, etc.?
  - e. Electricity?
  - f. Heat & ventilation?
  - g. Kitchen facilities?
  - h. Chairs and tables?
  - i. Waste baskets
  - j. What is the floor like?

3-- Recreation with youth groups: (continued)

- 3. What equipment is available?  
P. A. system? Record player? Piano?
- 4. Regulations?  
How early can you get in? how late to stay?  
(Any cleanup requirements, or decoration regulations?)
- E. How much is the budget? Its resources?

II. THEME (The theme is an idea or hook on which to hang a variety of spontaneous and interesting ideas and events.)

Where does the theme originate--past, present, future; History-- events or people? Activities, sports, circus, Occupations? Geographical areas (Countries, customs, traditions, celebration dates or days? Fiction or make-believe? seasons, nature?

WHERE DO THE IDEAS COME FROM?

- 1. Sometimes an already determined by the occasion.
- 2. Brainstorming (saying the first thing that comes into your head whether it makes sense or not).  
List ALL ideas suggested, eliminate by democratic procedures.
- 3. Make final decision on mutual interest (even combine themes)

III. PARTS OF A PARTY

A. BUILD-UP -- to create enthusiasm, to stimulate interest to want to come to the party.

INVITATIONS, POSTERS, SIGNS, ANNOUNCEMENTS (radio and TV for public events sometimes free)

State clearly the date, time, place, theme; whether the guest is to wear costume or bring anything special.

Should have element of mystery or surprise. A clever committee will create a variety of things to keep interest alive and stimulate "looking-forward" to the party.

B. ATMOSPHERE -- to create more enthusiasm.

Decorations should accent the theme and be appropriate; need not be elaborate, gaudy, or expensive. May be done pre-party activity, or ahead of time by committee.

C. PROGRAM -- the program IS the party!

- 1. The program is concerned with:  
Choice of activities -- what kind, how many, order of events.
- 2. Transition from one activity to another.
- 3. Relation of activities to the theme -- change the names of activities (games, dances, etc.) to suit the theme.
- 4. Appropriate activities according to "who" is attending.  
FUN! FUN! FUN! ENTHUSIASM! ENTHUSIASM!

## 4--Recreation with youth Groups: (continued)

Program continued:

2. The program may be made up of any, or all, of the following activities:

GAMES: Ice breakers, defrosters. Get-acquainted. Mixers. Active. Quiet. Relays. Pencil & paper. Musical.

DANCES: Western-Squares. etc., Popular, Interpretive.

PRE-PARTY ACTIVITIES: something easily and readily provided to participants, with very little explanation necessary, as they arrive. Don't let your guests have a moment of bewilderment about when the party will begin--it has begun the moment the first guest arrived! These activities must be of the type that can be used for any number of people; does not upset the whole group when a new person arrives; and is easily terminated.

1. Decorations 2. Costumes 3. Name tags 4. Competitive types of things such as each group building something pertaining to the theme of the party -- such as a space vehicle for travel on the moon, dressing another member as a scarecrow, animal, etc.

GROUPS should be kept small so that they may get acquainted if need-be, and share the fun rather than be isolated:

Contests, entertainment, skits, stunts, music, singing, slides and films (and equipment needed!) stories, visiting.

3. Preparation of the program--some general leadership directions

- a. have a definite program planned; however, be flexible and have substitute activities available, and be willing to change if necessary.
- b. An hour and a half is plenty of time for a program of organized social recreation activities especially if the activities are quite active.
- c. Always plan more activities than you can use, for something may not prove popular and you may want to change activities sooner than you expected, or some may not take as much time as you planned. On the other hand, some activities may take longer than you planned, so be willing to drop or skip some of the program--don't drag it out to the bitter end!
- d. A pre-party type of activity should come first in an organized program and should be the type which involves everyone--individually or in groups--as soon as they arrive.
- e. The second activity should be one which includes everyone together as a group. This may be a get-acquainted, ice-breaker, or mixer type of game or dance, and should be lively, fun, and one of the leader's surefire activities since this event can set the tone of the entire party.
- f. The next activity should be in a similar formation but contrasting in terms of action--if the first was noisy and active physically, this one can be less active or more quiet. Be sure to have something at the beginning to get everyone started and with a certain laugh--active participation will usually take care of itself after that. Do make it easy for late-arrivals to enter into the activities by choosing those that are simple, and easy to start participating in at any stage of the game. Save the more complicated for later in the party.

## 5--Recreation with Youth Groups: (continued)

- g. Now a change of position or formation is needed. Plan for one activity to have some relationship to the next--winner of the last be captain or "it" for the next activity. Move smoothly from one activity to another with a minimum of time lost--but don't push! Confusion can be kept to a small degree if you can end one game in the formation required for the next activity, or use a game to get into the new position (Choo-choo, circles, Grand March, etc.)
  - h. Vary the program--use ideas from those listed previously....
    - 1. Active and quiet. 2. small group activities and whole-group activities. 3. Participant and spectator.
  - i. A climax activity should bring the whole group back together. This leaves the group happy or exhilarated from good participation.
  - j. The closing activity should be snappy and gay, including everyone. It should send guests home singing, laughing, and chatting about "a good time." Or, you may prefer a "tapering off" type of activity which will unify the group into a mood of fellowship. Real fun is not merely a surface feeling or a whimsical "fling." Good party fun goes deep into the heart of a person and brings to one some of that joy in friendly fellowship that one cannot help but someday realize to be his most priceless possession. A party committee would do well to do some experimenting with some short, but well conceived and planned, closing to their parties. A simple, ceremonial type of affair that takes ten or fifteen minutes and which, through music, poetry or simple dramatics, seeks to present (without preaching) a serious, or humorous but meaningful, note on the party theme may prove to be most effective.
  - k. Be sure that the closing activity is done in such a way that people are aware that this is the last activity without having to say "That's all folks!"
    - 1. Give some consideration to the order of events in regards to ease of setting up the materials. Do not run two consecutive events requiring different materials to be passed out.
  - m. When planning a party around a theme, any activity can be changed or renamed to fit into the atmosphere you wish to create.
  - n. Have a master list of events with leaders (and materials if needed) posted in some inconspicuous, yet accessible, place so that those who are going to lead can check at any time to see when they are due to perform.
- B. REFRESHMENTS** may be served any time, beginning, during--as a part of the regular flow of activities, or at the close. Plans include some activity leading into the serving and also for leading back into the other program activities, if served during the party. May be **PLANNED ACCORDING TO THE THEME**. Keep in mind the comfort of the guests, ease of handling and eating what is served.



A SUGGESTED PARTY COMMITTEE ORGANIZATION WORKSHEET

PLACE \_\_\_\_\_ DATE \_\_\_\_\_ TIME (Start) \_\_\_\_\_ NO. EXPECTED: \_\_\_\_\_  
(Close) \_\_\_\_\_ Male \_\_\_\_\_  
Female \_\_\_\_\_

PARTY THEME \_\_\_\_\_

GENERAL CHAIRMAN \_\_\_\_\_

THEME SUGGESTIONS \_\_\_\_\_ WORK COMMITTEES: (Each committee does its own clean-up)

Interest Promotion: Invitations, posters, build-up, etc.)

Atmosphere: (Decorations, costumes, facilities, etc.)

Program Events: (Games, dances, entertainment, leaders)

Refreshments:

Closing Fellowship: (For a more elaborate closing)

OTHER NOTES

TIME	ORDER OF EVENTS	LED BY	MATERIAL NEEDED
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			

THE MORNING AFTER  
(A Suggested Evaluation Sheet)

Rating: 10 Excellent; 8 Good, 6 Average; 4 Mediocre;  
2 Uninteresting; 0 Negative Effort

GENERAL LY SPEAKING: TOP SCORE 50

- Did everybody seem to have a good time? \_\_\_\_\_
- Was the theme practical for shaping a successful program and atmosphere? \_\_\_\_\_
- Was there plenty of opportunity for group expression and participation? \_\_\_\_\_
- Did the party move easily from one event to another to its climax? \_\_\_\_\_
- Did the work of several committees dovetail? \_\_\_\_\_

ADDITIONAL COMMENTS: \_\_\_\_\_ TOTAL: \_\_\_\_\_

INTEREST PROMOTION: TOP SCORE 40

- Were the invitations inviting? \_\_\_\_\_
- Was the build-up unique and a curiosity arouser? \_\_\_\_\_
- Was there adequate build-up? (All things considered) \_\_\_\_\_
- Were the interest promoters in keeping with the theme? \_\_\_\_\_

ADDITIONAL COMMENTS: \_\_\_\_\_ TOTAL: \_\_\_\_\_

ATMOSPHERE: TOP SCORE 40

- Was there something significant to do when people arrived? \_\_\_\_\_
- Did decorations, costumes, etc. help to create good atmosphere? \_\_\_\_\_
- Did the party beginning succeed in mixing & unifying the participants? \_\_\_\_\_
- Did everybody feel that they were included? \_\_\_\_\_

ADDITIONAL COMMENTS: \_\_\_\_\_ TOTAL: \_\_\_\_\_

PARTY PROGRAM: TOP SCORE 50

- Was the balance and variety in the program good? \_\_\_\_\_
- Was there enough partner changing and "mixing"? \_\_\_\_\_
- Was the order of events a good arrangement? \_\_\_\_\_
- Did the program taper off to a good sense of mellow fellowship? \_\_\_\_\_
- Did the party end at the right time? \_\_\_\_\_

ADDITIONAL COMMENTS: \_\_\_\_\_ TOTAL: \_\_\_\_\_

REFRESHMENTS: TOP SCORE 30

- Was the method of serving in keeping with the theme? \_\_\_\_\_
- Was the type of food in keeping with the theme? \_\_\_\_\_
- Was it served at the right time? \_\_\_\_\_

ADDITIONAL COMMENTS: \_\_\_\_\_ TOTAL: \_\_\_\_\_



# CHAT ACADEMY AWARDS

Nancy and Steve at the front door to do greeting...  
(dancing, drinking, and getting acquainted starts first)  
possibly a game....

\*all are seated, judges to their tables and labbers to their benches

Welcome ladies and gentlemen...to the 1974 Chat Academy Awards...  
This is the night when many highly skilled people come together in their  
acknowledgment of skills and crafts...

This is the evening that all the glitter and tinsle of Chat come into  
being and each person is judged on his skills and ability to function  
separately and harmoniously...

(Pat and Stu, Joyce to the podium -- on the floor should be Greta and Lynne)

\*Tonight we have an honary award, an award that is dear to our hearts and  
other things... Would Dick Hedrick and Peggy Foy please come to the  
stage (pause) -- We would like to present you with the "Sewer Rat" award.

\* We would like to show you some excerpts of some of the top films of the  
year. The first being a scene from: Wizard of Chat produced by Chatco-  
lovers.

\_\_\_\_\_

And now for a commercial

\_\_\_\_\_

\* We would like to present to you one of the songs up for nomination  
this year ... "Proud Mary" by Cy Corlett

The next song up for nomination is "The Caller" presented by Bruce Elm

\_\_\_\_\_

\* We will now view excerpts from the move up for nomination ...  
"High Noon" produced by The MDOG'S.

\_\_\_\_\_

\* The next movie was a highlight of old and young alike. The name of  
the film is Lassie Produced by Wellwishers.

\_\_\_\_\_

\* And now for a commercial.....

\* Another song which made a great success this year was called "The  
House of the Rising Sun" played by Cy Corlett.

\_\_\_\_\_

\* This movie won many awards, such as the Tony award for excellence,  
among many others...now ladies and gentlemen, let's watch excerpts of  
Fiddler on the Roof produced by the Signa Phi Nothings.

\_\_\_\_\_

Academy Awards - continued

\* The next movie was put up for nomination because there was a general theory that being together in harmony was a tradition lost with time itself. We will now watch the following excerpts from MASH, produced by the Living Ends.



\* And now for another Commercial....



\* We saved the nomination for this movie till last due to the box office volume. Over 80 people have viewed these fine actors and actresses... Let us now watch the excerpt from the movie The Yellow Brick Road to Emerald Chat produced by the Huggies.



\* The next song up for nominations is a very new and current theme of today called Indian Reservation played by Cy Corlett.



\* We saved the last song because we felt that it should go up for nomination also... There were many press articles on this album release and here is one that we would like to do for you... The name is Gloria produced by Mor-e-ida-was.....



\*And now comes the part that everyone is waiting for

Academy Awards - continued

\*The first award is called the "Bunk Rat Award" and is being given to the person that the judges felt got the most sleep around camp. The envelope please.....The Winner is.....Chris Beasley.

\*The next award we call the horse shoe award and is being given to the person that the judges felt played the best horseshoes.....THE ENVELOPE PLEASE.....The winner is.....Bob Townser.d.



\*The next award was very appropriately named the Dishpan hands award.... THE ENVELOPE PLEASE.....And the winners are.....Peggy W., Meg B., Dick H., and Kay E.

\*The next award that we are presenting was because this person was sent into town after some very strange things. We call this award the Beech-Nut Bunny Award.....THE ENVELOPE PLEASE.....The winner is Kelly M.



\*The next award was very difficult to decide upon as there were so many eligible people in Chat that we felt deserved this award. The Dirty Old Man Award.....THE ENVELOPE PLEASE.....The winners are.....Don C., Dwight W., and Jim B.



The next award is being given in recognition of the many hidden talents that some of our people at Chat have.....This award is called the Fairy Award.....THE ENVELOPE PLEASE.....The winners are Bruce E. and Stew W.

\*The judges had great difficulty making this decision but as I understand, the decision for the Pink Worm Award has been made..... THE ENVELOPE PLEASE.....The winner is Dottie T.!

\*And now for the big moment....We would like to give out the award for the best theme song of the year....Are the judges ready?....THE ENVELOPE PLEASE.....The winner is The House of the Rising Sun by Cy Corlett.

\*We would now like to present the award for the best costume and most imagination.....THE ENVELOPE PLEASE.....The winner is Clarence Stephens.

\* And now the award for the best produced movie of the year.....THE ENVELOPE PLEASE.....The winner is the Wizard of Chat by the Chatco-lovers.

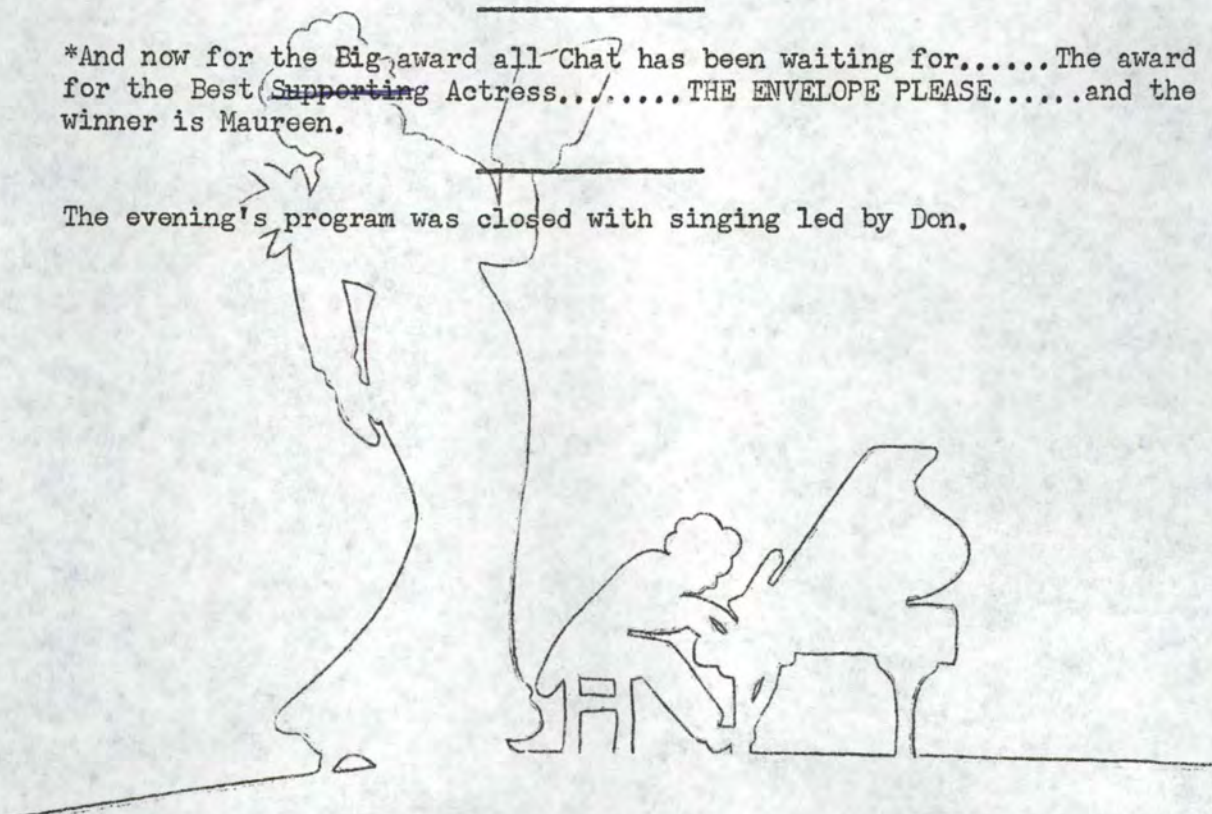
\*The next award was being judged for the best supporting actor..... JUDGES, THE ENVELOPE PLEASE.....And the winner is Dennis Parent.

\*The next award goes to the woman that all Chat will be proud of as the best Supporting Actress..... THE ENVELOPE PLEASE.....And the winner is Nell Wilson.

Now come the biggies.....The next award is for the Best Actor of the Year.....THE ENVELOPE PLEASE.....The winner is John T.

\*And now for the Big award all Chat has been waiting for.....The award for the Best ~~Supporting~~ Actress.....THE ENVELOPE PLEASE.....and the winner is Maureen.

The evening's program was closed with singing led by Don.



## ACADEMY AWARDS -- The Family Tree

Family Tree assisted in the Academy Awards by providing commercials between acts. These short spots are good ways to involve people who don't feel comfortable with big parts or longer skits. All it takes is using a little imagination on commercials all people are familiar with.

Example: Product, "Rexlax." The announcer states the name of the sponsoring product and says this product helps you stay loose. The rest of the group is organized into a cheering section with a cheerleader. Flags can be made with the product name. The cheerleader leads the section in the RexLax cheer, "Give me an R!" with group shouting "R" and so on through the letters, concluding with: "What does it spell?", "RexLax!", "What does it mean?", "Clean 'em out!". At this point the cheerleader begins to look perplexed, bends over clutching stomach and runs from the room. The cheering section spends about 10 seconds eyeing each other suspiciously, then they too, get up and run from the room!! The end of the message.

### The Chatcolovers

On Thursday, the Chatco-Lovers presented the World Premier performance of the "The Wizard of Chat." "Once upon a time, in a place far away, even farther than Montana, lived a little girl name Dorothy and her dog Toto..."

The performance won five oscars for the company, almost sweeping the field, with Dorothy(Nell Wilson) taking best supporting actress, the Wicked Witch(Maureen Bell) best actress, the Cowardly Lion(Clarence Stephens) best costume, and the Good Fairy(John T.) taking best actor. The entire performance was rated best of the year and awarded the purple oscar of excellence.

### The HugEEs

The HugEEs presented an outstanding performance for the Academy Awards night. Our interpretation of the Wizard of Oz named the Yellow Brick Road to Emerald Chat. The following parts were played by: Wicked Witch -- Dottie Thompson, Good Witch -- Marianne DuBois, Scarecrow -- Bob Thompson, Tin Man -- Dick Schwartz, Lion--Julie Hooker, Toto -- Kay Eve, Forest -- Lisa Rollins, Dorothy -- Debbie Jones, and Narrator -- Vernon Burlison.

FRIDAY EVENING'S PARTY

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By - the MDOG'S

Theme: Chatlag 26. This is our 26th year for Chatcolab. We are prisoners within ourselves, and we escape from our inhibitions.

The party started out by the prisoners being captured by the guards in the old rec hall, and being taken to prison, which was in the new rec hall. The Kernel, Kernel Klunk, who was really Phil Schultz, made the prisoners put the benches in the middle of the floor, and they all had a talent show, which brought out some real great talent from each of the families. The girls all came dressed as men and the boys dressed as women, as there are usually no women in a prison camp. Don Clayton made such a beautiful blonde woman, especially when Sargeant Schultz, who was really Tank, ordered "her" to sit on his lap and the chair caved in. The "guards" kept everything in order. While the talent show was going on. They were Mein Inhibishionz, Igno Rance, Jaloozy, Sigmund Fraud, Guten Greedy, Zelf Konshusness, Justice Freedman. They were captured just before the "refreshments" were served. That being water and crackers. Then the prisoners escaped, over to the old rec hall, where we had our last talent of the night. Then back to the new rechall for the ceremony, and some "real" refreshments of cookies and kool-aid.

For a party that was planned at the last minute, and felt very disorganized, it turned out to be a real great party. Thanks to the great ad-libbing abilities of Phil and Tank, and Peggy's clever ideas and abilities. Others who organized this party were Beaz, Carla, Meg, Kelly, Theresa, Lonnie, Dwight, Betty, Sharon, Cheryl, and Audrey.

You can make more friends in one week by becoming interested in other people than you can in one year by trying to get other people interested in you. Asbestos.

An educated mind is a valuable asset, but an educated heart is more valuable still. For it is the heart rather than the mind that wins and keeps friends.

Edith Johnson, Portland Oregonian

The happiest miser on earth--the man who saves up every friend he makes.

Robert E. Sherwood

ESP GAME

(Friday Night)

Leader: We have in our midst some potential informers. The group with whom I'm working have special ESP powers. They will now be blindfolded (or leave the room). I shall then ask a volunteer in the room to stand so that everyone in the room can see him and we'll pretend he is the informer. He will then sit down and my group will demonstrate their ability to identify him.

(Informer is identified to audience and ESP group returns)

Leaders:

ESP Group:

Is it this man?

No

Is this woman the one?

No

This prinoer with the beard?

No

This one by the door?

Yes

Solution: Leader identifies informer to his group by using the word "one".

By the Chatco Lovers



Friday night party.

CHAT 26 Prison - presented by the HUG-EE fa

Represented by Marianne DuBois  
Dick Schwartz  
Vernon Burlison singing "My Gals a Corker"

"My gals a corker, she's a New Yorker, I'd buy her anything to keep her in style."

"Shes got a:  
head of hair just like a grizzly bear  
pair of eyes just like two apple pies  
a great big nose just like a garden hose  
a pair of lips just like potato chips  
a set of arms could reach around two berry farms  
a set of hips like two battleships  
a pair of legs just like two whiskey kegs  
a pair of feet just like the navy fleet

Oh, boy thats where my money goes---"

\*\*\*\*\*

#8 The Living Ends:

We, the wardens of Sing-Sing feel that due to our prison experiences we are so lonely that we want company. We went to Sing-Sing because we were so far out of context so thereupon were sent to a concentration camp!

The prison guards went scouting around to find the culprits who hadn't been working for the Sing-Sing but against! Using our magnifying glass to check finger prints of all the culprits of singing monotone or off-key were found and put in the line up, chained handcuffed and a number slapped before them. The interrogation took place --to the tune of "The 12 Days of Prison." Guards questioned and the culprits answered!!

Guards- On the first day of prison, the warden gave to you...

Answers-The yellow spotted running 'bare' flue  
k

Guards-On the second day of prison, the warden, etc.....

Answers - 2 hanging ropes                    5 holey socks  
              3 tin plates                        6 back issues of playboy  
              4 water pistols                    7 last years license plates

- |    |                  |    |                  |
|----|------------------|----|------------------|
| 8  | friendly spiders | 11 | cups of water    |
| 9  | unwound watches  | 12 | broken saw files |
| 10 | soggy crackers   |    |                  |

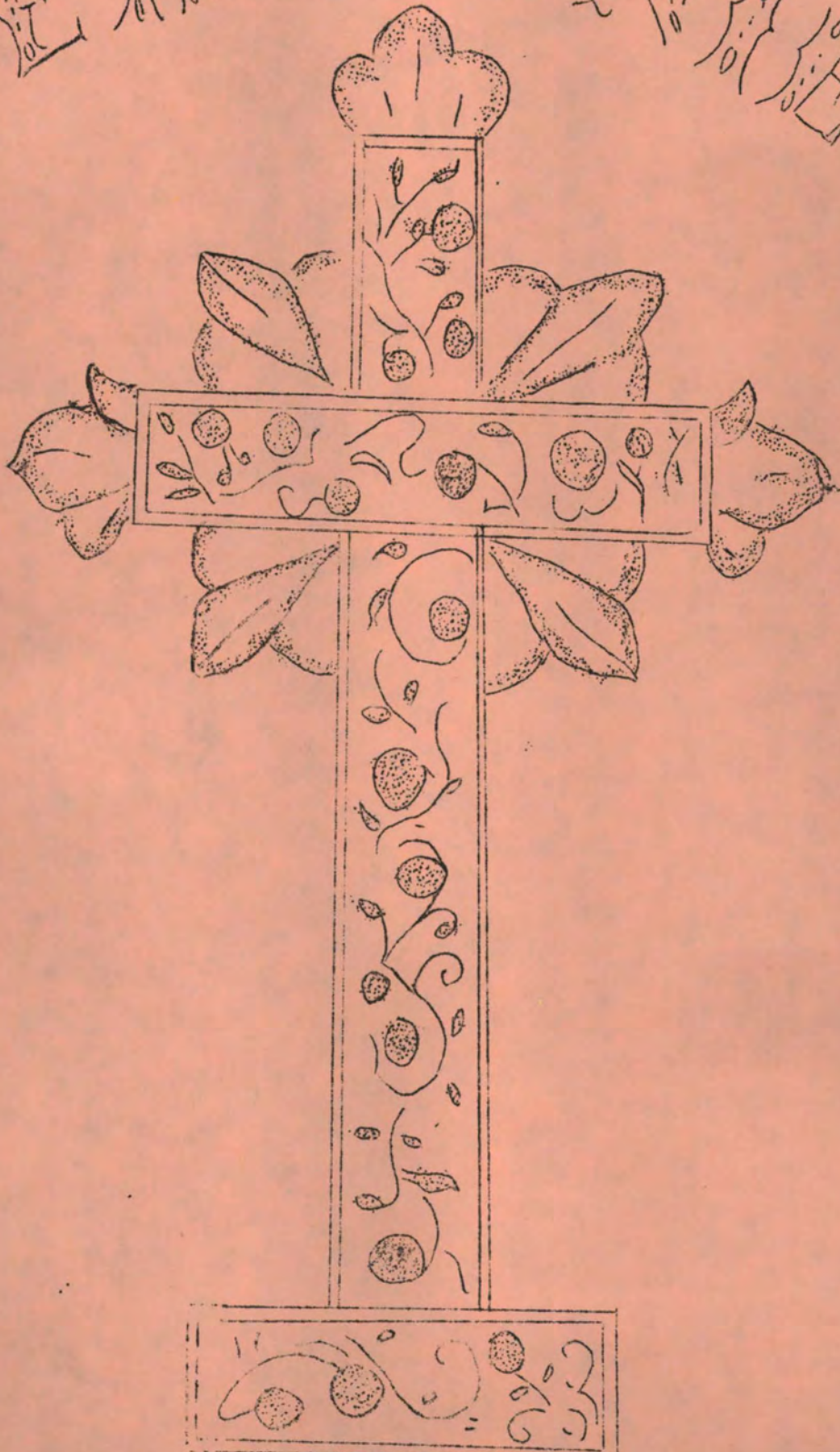
They were all found guilty and sentenced to Sing-Sing for life!

Sentenced were:

1. Bruce Elm
2. Jacqueline Baringer
3. Betty Schuld
4. "Clare" Stephens
5. Nancy Schwartz
6. "Dixie" Schwartz
7. "Johnnie" Hungerford
8. Maurine Bell
9. Margaret Bradley
10. Bob Beazley
11. Doc Roc Stephens
- 12.. Cy Corlett



Hand-drawn decorative letters in an arch, possibly spelling out a word like "EARTH" or "HEAVEN".



SOME THOUGHTS ABOUT PLANNING CEREMONIES

Vernon Burlison

I wouldn't want you to infer that I believe myself an authority on planning ceremonies. My intent here simply is to pass on to you some convictions I have acquired through experience.

To me a ceremony is expression of a belief, a philosophical contention, a concept, or a principle that is important (i.e., heartfelt) to the planning group. The purpose of a ceremony usually is to make its subject as important to a larger group as it is to the planning group -- to transfer the feeling of the planners to the audience. Symbolism frequently is used to help do this. A successful ceremony will ordinarily turn out to have three parts:

\* Lead-in. This introduction sets the stage for the main expression. It is to set the mood within the whole group so that it will be both attentive and receptive during the main body of the ceremony. Prior conditioning (i.e., by announcement before the ceremony), soft music, group singing, sound effects, and lighting effects are some means that can be used effectively as lead-in.

\* Main Expression. In this main body of the ceremony is where the transfer of belief, thought, and feeling takes place. The planners can use whatever media that seem appropriate and are available. Dramatization, symbolism, sounds and costuming are media commonly used. Narration frequently is needed to provide explanation and make plain the relationship between the ceremony and real life experiences or situations.

\* Closing. This part does two things: 1) Briefly summarizes and re-emphasizes the main thought of the ceremony and 2) Lets the audience know that the event is over. When it is feasible, the closing should quietly dispatch the audience to the next area of activity. Appropriate songs or other music are useful in the final part of this step. Also, if the audience is to go to some other point (for refreshments, perhaps), guides from the planning group may be used to make the transition quiet and orderly.

There are two general classes of ceremonies: the "canned" that is planned by someone other than those who carry it out and the "original" that is planned by the group that also has the responsibility of conducting it. A canned ceremony can be well performed, given a patient and hardworking director, but it seldom has the meaning for the performing group as an original ceremony is likely to have. For that reason I recommend that ceremonies be original -- i.e., planned by the groups that give them. It scares some leaders to think about planning a ceremony with a group of 10-year-olds, but can be successfully done. I have helped both volunteer and assigned groups of that age to plan and to conduct their own ceremonies. (Volunteer groups are the most enthusiastic and responsive.) None has been a bust, and most have been of such quality that they brought much satisfaction to the planners because of the good reactions from the audience.

Here are the planning steps I try to follow when I help a group of younger persons plan a ceremonial:

1. Getting Comfortable. Try to find a location where the group can work in physical comfort without distractions. In camping situations when weather and insects permit, an outside place at or near the camp perimeter somewhat

isolated from other activities is good. Another important part of this first step is to try to be sure that every member of the group understands what a ceremony is. Most young people have seen one of the following take place: a marriage, a christening, baptism, or graduation. This experience can help them understand better what they are attempting to do.

2. Searching. To help a group start offering subject or theme ideas for a ceremony, I usually ask each to think about what is important to him. This nearly always brings out a number of suggestions, of which the following would be examples: family, friends, love of nature, the meaning of 4-H, and the golden rule. It is well to be prepared so that all suggestions can be listed where the group can see them.

3. Selecting. The next question posed to the group is this: As you look at our list of suggestions which do you feel could be made most meaningful for our whole camp (or other mother group)? Have the members tell why they feel as they do regarding the topics they think would be most meaningful. Then pose the question: Do we seem to be leaning toward one particular suggestion more than to others? Discussion will usually bring consensus that one of the suggested topics really is best for the present situation. Take a vote if it seems desirable.

4. Embellishing. Develop the topic selected. What setting do we want --out around a campfire? In the rec-hall? Other? What main ideas or thoughts need to be expressed to get the main theme across? In what ways can they be expressed effectively? What is their logical order? What props can we use? Answering these questions will usually get agreement within the group regarding how they want to present the ceremony.

5. Finalizing. This answers the question: Who will do what? Who takes the speaking or acting parts? Who will get firewood, candles, costumes, or other materials needed? Who will do the follow-up -- put out the fire, return tools, etc? This step includes a rehearsal if the group feels one is needed.

A ceremony should be brief. Twenty minutes for younger groups is a suggested length. Thirty minutes is acceptable for adults. Make the ceremony short but allow those who would wish to continue enjoying its effect do so if no other activity is to follow -- i.e., those who desire may remain in the setting for the ceremony and sing or visit, but others can feel free to go.

To make a ceremony have its greatest value, get the planning group back together after the performance and discuss how it went over. What could they do to improve it if they were going to repeat the ceremony?

Now who can say there's no such thing  
As a magic spell and a "fairy ring"?  
For kindness of heart begins where it ends,  
As it goes the rounds through a  
Circle of friends.



A NEW LABBER'S IMPRESSIONS  
 OF  
 THE CHURCH SERVICE AS WRITTEN  
 TO A FRIEND

By Jackie and Scooter

The church service was lovely and elevating. The warmth of the fire before us was matched and then surpassed by an inner warmth. I know we each have a different outlook, beliefs, interpretations, yet I strongly felt love and sharing uniting us. Yahoo read from the Bible and we talked of God's promises. I feel so good about being here so much embraced with all around me in God's love. Daphne sang a song she had written at the Lab last year and had shared at the end of that week. This year she shared it at the beginning and gave us a feeling for the love which had been extended to her at Chat then, a love already growing here again. The Chat badge has the word 'SHARE' on it, it was a friend's sharing his experiences at Chat which encouraged me to come here and I feel the essence of God's love is alive here and waiting to grow this week. We all have that love between us . . . . .

Most of the early comers to Chat worshipped together at church services Sunday morning in the old recreation hall. Services were led by Diane McRae. The text was from Genesis & Psalms with hymns homogenated in a simple but inspiring service. a rugged wooden cross above a warm crackling fireplace added to the glowing and harmonious presence. Jim and Marge Grier shared some of their moments of the trip to Israel with us... it was a typical growing experience of our lab.....The cross was made from driftwood by Bob Townsend.



Knowledge, skills, ideas, and philosophy are some of the major benefits each of us should receive from the lab. They illumine our own lives, but they do not achieve their full potential for us until we share them with others. Since these facets of the lab brighten our lives and enable us more adequately to give life to others, light is a fitting symbol for them. As candles are lighted that symbolize these important facets of the lab, listen to how each becomes a part of the whole.

Vernon Burlison

KNOWLEDGE

Knowledge is an essential part of Chat. Knowledge is gained in several ways; both through courses taken in the College of Knowledge and through personal experiences. The knowledge of knowing that one can be accepted for themselves without putting up false fronts. The knowledge of knowing the love we will share at the end of the week--if we don't already know.

Big Al Harmon

SKILLS

Skills are a very real part of Chatcolab. Each one of us has some skill or talent to perform--give backrubs, a craft, lead singing or dancing, can listen to someone, painting, knitting, tell about nature around us or what ever you can do well.----" A talent imised os a debt tp ,anlond." So don't hide under a bush - let us know what you can do and share yourself here at Chatcolab.

Jean Baringer

## Continued Sunday Evening Activities

## I D E A S

Ideas are the enrichment in our lives. The ideas, the thoughts we will share together this week are not new with any of us. Somewhere deep in our past, someplace far from here perhaps, we have grasped an idea or a technique from an experience, a friend, or an association. From a hundred campfires far away we have carried with us a glowing spark. Here at Chat we want to fan these sparks to a flame and give them fuel to burn higher and brighter, so that each of us can carry in his heart always the flame of high inspiration by sharing our ideas!

Leila Steckelberg

## PHILOSOPHY

The inspiration we receive from each other at the lab is like a food tasting party. The recreation about it is the fun of trying all kinds of philosophies and finding out that the different labels we have put on things, somehow don't fit like they used to. The play is as we each make our own determinations, about the philosophies, no one's giving the brand completely away because it might spoil the fun for everyone. Because the party lasts a week, we must have the balance of trials and struggles, games and quiet, or we risk becoming intoxicated with inspiration or we risk becoming intoxicated with inspiration to the place that we are no longer useful to ourselves or other, because we have not proven our products.

As the 1974 Chatcolab unfolds to you individually, let us remember that not all philosophies are the same to everyone, so if you brought an idea that not everyone likes very well, don't be dismayed, you may find just one who can hardly wait to enjoy the whole thing.

Diana MacRae

## SHARING

These four selected elements of the lab have a certain characteristic and quality in their own right yet they are only parts of a larger oneness. A major key to what is termed a laboratory, which means experimenting, doing, active participation, is the joining, connecting quality of sharing.

The lab is not organized into some who do the giving and some who do the getting. Sharing requires an interacting of both giving and receiving. It involves a relationship that recognizes and utilizes this basic human need and process by which one learns and grows. Through the genuineness of sharing the parts and the pieces get united into a larger entity. Each one, in the mutuality of sharing takes on the richness and strength of that which is us--our week of fellowship in a new year of Chat.

Don Clayton

## MONDAY NIGHT ACTIVITIES

An argument developed between Nancy Schwartz and Rick Low concerning the relative interest of the evening's activities. Rick maintained that they were too steeped in tradition, while Nancy insisted that the new ideas were not wanted at this time. Whereupon, Rick got so agitated that he led all of the first-time labbers out of the building! Nancy, not to be outdone, led her friends (the former labbers) out in a protest march also. Repenting of their evil thoughts, they returned to the building. Meeting in the darkened room, they asked each other who they were. Upon finding that it was their rival faction, they each tried to get the other to join their side. A voice from on high said that they should meet on a common ground in the middle and share their experience of tradition and the new ideas as well.

The group then mingled by doing a right and left grand movement around the room until there was a new labber between each pair of former labbers. Joining hands in a friendship circle by reaching past the ones next to themselves, they sang "Make New Friends, But Keep the Old" and "The Magic Penny". Then the group was directed by the voice to release those hands they were holding and to hold the hands of the person on each side of them. It was explained that making new friends is often just that easy; it often takes only making contact with your neighbor in a meaningful way. The song "No man is an Island" was then sung. Following this the group sang many spontaneous songs.

--Sigma Phi Nothings



## TUESDAY EVENING ACTIVITIES

## The Well-Wishers

"The East and West shall meet and be one," was the theme of the spectacular dinner and evening gala on Tuesday last.

Chatcolabbers entered the spacious dining area and were awed by sweeping tapestries, romantic candle-lanterns and were given a cordial welcome by the future prime minister of Laos (incidentally a member of the Well-Wishers).

The atmosphere was climaxed with exotic Far-Eastern melodies via an elaborate sound system imported from Japan (Sony - \$12.95).

The following inspirational message was invoked by the future prime minister and was translated for the honored guests by the Well-Wishers' spiritual leader: This week is a wonderful week for all of us. We have renewed old friendships and gained new friends, we give thank to God in helping all of us to have fun and share ideas, knowledge and philosophy. Tonight we thank God as the East and West meet to share customs and food.

Guests were transported in illustrious style to be formally and cordially greeted at the ballroom foyer with warm "Sumbadi's" (and there were some bodies!!). They participated in authentic Eastern dance which required great skill and finesse. After several promenades, the guests were treated to and enthralled by a daring, dangerous, breathtaking, tintillating ceremonial sword demonstration.

Shortly thereafter, the honored guests were transported by train to the Far West where an authentic Indian ceremonial capped the evenings excitement, a most thrilling, fulfilling, and moving experience.

THE WEST by Group Eight - The Living Ends

Following the party in the Rec Hall, Chief Martin invited the East to join the West at his potlatch in the Longhouse. Dwight (Tananamus) led the call (with echos) to potlatch-the Zuni Sunrise Song. Following the Chief and drum the group relocated at the potlatch.

Upon entering the door everyone danced around the campfire to the Navajo Happy Song until everyone had assembled. Chief Martin again welcomed the East and West as a united group. As is traditional, the Chief gave away his daughter to the visitors (to Boon!).

Incorporating refreshments into the program, the princesses served maze (popcorn) and hot cider to the guests as a story by Yahoo was being told. Tananamus then related the story of how man came to have so many knuckles and toe bones.

Chief Martin then introduced the talking stick and it's powers to tell the truth. As the stick was passed along, each person had an opportunity to say (or not say) something about their true feelings.

Pitahwalnee (Don Clayton) led the Aztec Lullaby as the closing song for the ceremony. Other songs followed spontaneously.



(Continued Tuesday Evening Activities)

Background - Planning Session of the Living Ends

Our group was told by the party-planning group they wanted the talking stick passed around and some Indian lore, songs or whatever for the ceremony. Our duty was to work out the details. Whether being as it was an outside ceremony was not in order. We preferred a campfire so a makeshift one was built with (with beam flashlight, clear plastic marked with red and yellow felt markers put over beam, and piled with wood for effect.)

Also--as the stick was passed along we feared it could take 1 1/2 to 2 hours (1 minute for each person) the ceremony would be overdone. As Jim Martin had control as Chief, he could keep the stick moving along, not be held up too long anywhere or stop it as time allowed.

The group felt the goals of the ceremony were achieved with plans carried out as we had hoped.



Friday night ceremony.

Early in the week we drew names for secret pals, the idea being that people would have time to do nice things for their pal, and also to give them time to make a palonka or love gift to be presented at the Friday night ceremony.

Weather being more like winter this year, the ceremony was held in the Rec Hall. The benches were arranged in a circle. The Chat Candles were placed on a table in the middle of the circle. The large Chat candle was lighted throughout until the end of the ceremony. All participants were provided with a small candle.

The ceremony opened with a friendship song by Steve Christiansen and Marianne DuBois. A reading was given by Lisa Rollins. Then gifts were presented by family groups. As each group was called, those people would seek out their secret pal and present a gift. After all gifts were presented, we sang "Make New Friends."

At this point, the hall was darkened, four people came forward to light the four small Chat candles and from there carry the light to the other people. As the light was passed from person to person an excerpt from Kahil Gibran's "The Prophet" was read. When all the people had lighted their candles "Each Campfire Lights Anew" was sung.

Then the individual candles were extinguished, the same four people extinguished the small Chat candles, and then the large candle was extinguished leaving the hall in total darkness.

"Though the flame is gone, its warmth remains forever with us. May we all walk in the warmth of friendship."

The hall lights were turned on and the people invited to stay for refreshments.

Evaluation comments: Being this was the next to the last night in camp, an effort was made to keep this ceremony short and light. We succeeded very well in this.



HANNAKAH :

Celebrations began by a gathering in the dining hall of the guests to snack over hor'd orves. Steve S. gave the words of welcome to the holiday festivities and related background information as to the ceremonies involved, the symbolism of the Minora (9 candles holder). Nancy S. proceeded to light the candles in ceremonial tradition followed by Dick S. singing grace Hebrew style.

Following the meal, guests were invited to the recreation hall for a program. While the group settled in, Deorothy B. related her experiences of trust to the lab. Marge Grier then took us to Israel with a presentation of her slides. In Jewish tradition the Hava Nagella dance (or Horra) was done by all.

National songs as Vine & Fig Tree, Shalom Chaverim, Zim Gali Gali, were sung.

Leaving the rec hall, labbers walked to "Sing Your Way Home" back to the dining hall for the ceremony.

Upon entering the hall, the Chat candles were lit, and labbers stood in a friendship circle. Beaz gave a few remarks, introduced the board members and turned it over to the new board chairman who made a few comments on feelings at lab. Labbers had an opportunity to say a few comments followed by Al's closing songs.

KOLLEGE  
OF  
KOMMUNICATIONS





THE  
**CHATECOLAB**  
 "BLAB"



TUESDAY BLAB.

This reporter was innocently standing around a small campfire attempting to keep warm with other labbers when she discovered the most unusual pen. It said "stolen from Mabel's whathouse???...when needleknows newshound inquired as to how this pen was attained and could she get a hold of one for herself, the pen owner quietly whipped out another pen and proudly showed it to this reporter (NOW!!!) Check with Papa Beasley for further details.....

What is the difference between a woman streaker and a sewing machine??? Answer A sewing machine only has one bobbin....

I understand one of the young ladies in camp is having some nefarious dreams about a young gentleman in camp or so this needleknows overheard....Would that young lady kindly step forward and take a bow for being the dreamer of the year....?

Here is a thought for the day....

Trying to live up to the expectations of others in order to be accepted by them creates a compulsion to act in ways which may prevent you from fully expressing yourself.

From Strategy for Daily Living, Contributed by Betty Schuld

Riddle of the Week: Does anybody know what dragon milk is?

Answer The answer will be printed in the Saturday Elab.

A quote from Dwight after his beautiful awakening ceremony...  
 'Well...if they aren't awake now-they're dead...how many made it to breakfast???

Say, have you heard...the White House has got nothing on us...  
 We've got our own plumbers operation....

Another famous quote for posterity...Streaking puts color  
 in your cheeks!!!

# THE CHATECOLAB "BLAB"

(CONTINUED TUESDAY BLAB)

This reporter is a bit inquisitive...how did the group shower go???? Down the drain???

Yesterday...two anonymous persons woke a group of labbers up in a most unusual fashion...coming in the cabin and landing in the middle of someone's bed, kicking another labber in the head, dragging another labber out of the cabin while still in the sleeping bag...raising all sorts of fun and causing a general brawl...typical Chat good morning????

How often is a labber sent to town to buy "Beech-Nut Chewing Tobacco?" And whats it worth to you Howie????

Thursday's Blab will carry one page of streaker jokes...if you have any that you would like to contribute..be sure to check with needleknows newshound...

All the labbers were in for a real treat this morning when they came to breakfast...treat??? Thinking about Daphne's drill for hair setting...not to be outdone, Yahoooooo????, spent the whole night working on a wig so that she might attain an "E" hug from each labber...did you get your "E" hug in????

The Montana Cowboy Association challenged the Oregon Web Foot Association to a Volleyball game in the rain...end result was the Web Foots were caught without enough water and the Cowboys forgot to bring their horses and fencing pliers...strange game, hence many sore feet and wet feathers...

Well labbers...Chat is off and running..a very good year it seems to this reporter..if you have any bits of juicy gossip be sure to find the needleknows newshound...all jokes and tidbits will gladly be published....!!

# THE CHATECOLAB

## "BLAB"



Wednesday Blab...???

A portion of today's Blab is in acknowledgement to the many people and the things that enable Blab to be put into production....

Lord, Mr. Ford, what have you done without your great invention we wouldn't be here to have this fun....a special thanks to Henry K. for the petrol that put us here today....

We'd like to thank Washington State 'Dusty' police force for their kind attention for asking us for our contributions for road improvements...but just because out-of staters have gas in their tanks doesn't mean that they can afford to put money in Washington's banks....

Thanks to Don Clayton for his contemplation(?) and keeping the songs all in time...and teaching us to live in this old world of sin...and to forget you would be a crime...and here's to Big Al...our great big announcer as big as a bouncer...who fell on the ground, and came back with a bound...still he continues to strum, though his fingers are numb, and he's still the best accompaniest around....

FLASH!!! A certain notabook editor whose name we will not mentioned because you then could not determine face from hair, has been vandalizing the camp by placing her posterior on the floor with the force of a pile driver--the reported earthquake didn't occur but was instead reverberated to the trembling earth from the above mentioned impact....

One of the Cooks ran over to this reporter and informed me that she had a very special joke that she wanted to put in the Blab so here it is...Do you know why Betty Crocker went to the hospital??? Answer stampade into the kitchen, be sweet to the cooks and get an answer to this riddle....

The plumber's association reports, We're off and running, in fact everybody is off and running...



(Continued Wednesday Blab)

Tuesday evening, all labbers proved that although the grounds were dampened, their spirits were not...a couple of Spud-Nuts that walked through the door looked like branding irons were so assiduously used and were so generously painted with red paint that we could hardly tell whether they were branded or amputated....

Well, here we are at Chat again  
for us the glad walkin rings..  
'Cept the skeeters have sharpened their stings.  
In the dormitories have spread our bags  
On the same old creaky bunks  
But it's changed outside-for the skies  
  open wide  
And the weather pours down in hunks

How happy we are to be back at Chat where nature is at its best  
And we can oleo around until 5 a.m. and catch up on our rest.  
As we greet old friends with gladsome cries, we can see how  
time has flit  
For the stretch of the pants, tells at a glance that some  
cargoes have shifted a bit.

This reporter decided to sleep in the old recreation hall last night and found some very unusual situations...things were really bouncing along as Beaz sang the clear and mellow(???) tunes of songs for the young and old alike...heard some pretty neat comments about that Beaz!!

Just thought I'd rest my head a bit and along came two strong healthy young wrestlers doing their thing on old needleknow's head...the terrible part of it all was that the reporter slept through it all...Lunch this afternoon was very enter-taining with some stuff & nonsense...especially the three gheisha gals but what was that thing wiggling around behind them...

Do not forget to turn in your streaker jokes by Thursday morn-ing breakfast...

HOT FLASH FOR THE BOYS!!! This reporter was rambling around camp and found that something fantastic had finally happened that was really worth reporting...it was reported that the boys' cabins have been in disarray since they arrived but to highlight the whole situation was the fact that the Girls had had enough so they remedied the situation by displaying their talent on the boys cabins...well fellas?????

Chief of the Trail Clearing Comm. informs us that the trail is now clear and ready for use...which trail?????

# ASSOCIATED



Rt.1, Box 352  
Beaver Cree k, Oregon 97094  
May 1 4, 1974

Dear Chatco Friends,

It's been a year since I saw some of you, but it isn't that I am not thinking ab out you. I know that if I start mentioning names I will le ave some one out - especially since I haven't even met some of you before.

I wish I were there but as it turned ou t it is just as well (they tell me) that I am not. The day we should have left my Father-in-law went in for emergency surgery ( took out his gall bladder and also his spleen). Seems his spleen was 20 X it's normal size and his gall bladder had "died" and turned to gang green. Well, he is doing just great and the doctor says he can c ome home in a wee k or 1 0 days (if no complications arise).

Lets see - t hi s is Tue sday so Leila probably hasn't started her per- petual nagging yet but she wi ll get on that about tomorrow or so, I spose.

By the time you get this you will have had your Wed. Bar-B-Q or whatever and I wonder if King KomeonIwanalaya made it this year?

Speaking of Leil a - bought a heavy duty canoe this year so if she woul d like to come to Oregon we now have something to float her! I really was looking foreward to that noon-light canoe ride again this year.

I hope your weather is better than ours as it has been raining all week here.

If Debbie is there tell her that this probably isn't as interesting as the last two letters my wife wrote me (us).

Bon - thanks for showing Dick the "Big City" of Chicago when he was there - I understand he will be back there this fall.

Did Vern get back in time for lab? Just doesn't seem like it would be Chat without "Mr. Burlison".

How's the "Love Sick Kid" (R. Michael) doing in the kitchen? well, at least he is eating for this weel of his 60 day trip.

Woe! Loo k at this sexy second page! How come it soesn't match the first did I hear Velma say? Well, its like this - started this this morning at work and only had the plain white stuff and now it's 8:30 P.M. and I am home.

To get back to the Love Sick One - he got a letter yesterday which I forewarded today - that would be interesting I'll bet! You might tell him that ElMe (in case he has forgotten, that's his sister) says that his senior class has decided on a theme, flowers, etc., which I won't devuldge because I don't know it.

By the way Dick the other half of Momma's Mother Day thing was a pink Dogwood about 3' tall, she says she really likes it. Oh well, it sure surprised her - she was "Most pleased and supriced".

Maryanne- I don't know whether you stopped to see me or not Sat. because I wasn't there but I am told you didn't make it. Maybe some day we will get together.

When I started this I thought I would only write 10 to 15 pages but as I sit here thinking about all the Chatcolabber I know and love I get all choked up and my mind kind of goes blank.

I want you all to know that I am thinking about you and I sure wish I were there physically as well as mentally.

For some of you this will probably be "So long, until next May" but for others it's onl y so long until we meet again.

So long for now and  
May God Bless You All,  
Little Bill Headrick

A letter from Helen Moore:

A Special Hello to All of You,

I had hoped and planned to be with you this year but little things like "Grant" writing sessions, board meetings, dinner to honor Mr. and Mrs. Senior Citizen of 1974 in Soap Lake, sort of got in my way.

After my cancer surgery last summer and a minor reoccurrence and surgery a couple of months ago, all removed and nicely healed by now. I'm really feeling pretty good. Seem to have my weight stabilized at a nice slim me, I like.

After helping "Chat" celebrate "25" years last May and spending a week at an Arts & Crafts Camp in the Okanagan area in June--then with surgery and six weeks driving to Wenatchee daily for Xray and Cobalt treatments--plus taking some leave time and going to Port Angeles, my sick leave, "camp" time and annual leave all got used. So it takes time to build a little back log up again. About the only "camp" time I've built up was at a training session in Seattle last November which I lost the end of November as our fiscal year starts December 1st.

I'm still Director of the Soap Lake Senior Center which is funded by O.E.O. under Community Action Council--so funding, grant writing and such things get rather vital as to continuation of Center and do I still have a job and such details are concerned.

Please give my greeting and love to all. I really wish I was there with you. I could use that fresh outlook and refreshed, renewed spirit that a week of 'Chat' gives you.

Please make an extra 'Chat' book and send it to me. At least, I can read and share some of what happened. I'm enclosing five dollars--hope that will cover cost of book and mailing and etc., if more is needed let me know.

There are so many of you I really would like to see and visit with I don't dare begin to name names. So, I'll just repeat love and greetings to all.

Yours,

Helen Moore

From Billie Marie Studer:

It is only Tuesday....Betsy in Montana and I are really missing Chat.

Probably Brad is, too, on his lonesome in California. Enclosure is supposed to make ME feel better....But I can't help wishing I were there to Stomp in Chat's puddle...even though it really does not make all that difference....

But I miss the ego-satisfaction of making waves....Bless you all...

BUT TRULY...MOST OF ALL I'M MISSING MY LOVING FRIENDS

See you at Lil' Chat this summer maybe....

Love,

Billie Marie

From Patty Barnum

There is JOY in the gathering of friends, a joy that can be nothing but complete. I remember once approaching my lake, and wondering what the week ahead would touch. The lake told me a parable of a symphony. At first I listened to her silence and the peace it spoke of, then I became aware of the sound of the water lapping along rhythmically against the shore and learned of effortlessness. A quick, light, high bird call spoke of individuality expressed unafraid; the wind in the grasses and trees, of playfulness-freedom. One by one joyous birds joined in a chorus--childlike simplicity. The frogs began calling out of unity--the cricket joined them--what harmony! Then the lake told me that the symphony always played all those notes, even if the instruments were different. She explained that had the wind been silent I would have found playfulness in the sunlight skipping through the leaves, and freedom in the full-aired sky. Had the lake been still I'd have seen effortlessness in the graceful arch of a bulrush. As the week began I began missing some of you who weren't there--how could the week be complete? I remembered what my lake had said, and tried to find the complete symphony in different instruments, and it was certainly much better, but there still seemed to be something missing. I went back one night and asked my lake what more was to be done. From behind long silver clouds and a rippling bent moon she whispered a secret. I too must be an instrument--I could play the missing sound. Now, my lake is very wise. Maybe she really meant for me to add the finishing touch to the symphony. But maybe she sensed that once I felt the music within me, rather than as something apart, I would no longer have room within me for emptiness. Whatever her plan, the week was full, replete with the music of friendship.



If you get a chance, tell her hi for me.

I saw some of you in March. How special that was. How special that is! What a fine family we are at Chat. Anytime, anywhere we welcome each other with uncompromising love. It's a love like the smell of roses drifting in my window just now--It doesn't pick and choose, or hold back for fear of being unappreciated, but **blesses** all. Our roses reach out to all because it is their nature to reach out. (At this point Patty gave us a poem that she wrote as a duet, but for better presentation we have saved it for the Chat Chat.) Letter continues--  
Soon after arriving home, (Berkeley) I procured employment as the first female ice cream manufacturer a certain ice cream parlour has ever hired. (will that entice any of you California-wards?..)

I love the job--what learning there's been! Then, the last meeting of the Christian Science College Organization (where I'm "reader" this quarter--preside over the meetings) is 7:30 pm Tuesday, June 11th. At 8:30 I'll be Colorado bound--working at the same camp I worked at last summer and last December. eeyie! Rocky Mountains, get ready! I'll be there until September 12th. adventure/unlimited ranches  
Buena Vista  
Colorado, 81211

At which time hopefull sister Sioux (go ahead, tell them about Sioux, you didn't believe there could be 2 of us? go, tell them!) will come out and will do some traveling. See some of you? Hope so. After that, well God has some really fine things in store, but He hasn't let me in on all of it yet. (come on now, no fair keeping secrets!... or...as Miriam would say, "give me patience, Lord... but I want it NOW) If Dick gets his little radio buzzing, the best time to reach us (415-VIVID PM) is mornings before 8:30, evenings after 11:15 (I work late), Thursday night after 10 or 10:30--you have our express permission to wake us anytime of the day or night (wipe that evil grin off your face Little Bill, before, after or during Cod Bakes--we're leaving for the weekend Friday night. No phone where we'll be. If you let us know ahead of time Sioux could maybe rund down to where I work (415-841-6374) Wed. (not between 7:30-9:30) or Fridan evenings 5:30 a little after 11:00, and we could talk. 11:00 would be best for that, but home would be alot better. Lest I garble this further--

My love to you all---!

Dance with life--  
P.T. Bernum.

From Sioux Harmon

Not to mention calling us between 9 a.m. and 6 p.m. each day at 845-8600. Patty could dance down to my place of employment and we'd have three phones on which to talk-phew, musical phones does get exhausting, though.

Well, Little Bill, we've stayed out of jail yet so yoars can christen us--it's tough for two hoodlums like us to avoid getting canned--we break the speed limits racing (on foot-actually we never touch the ground at those speeds) to work and school down the hill from our house--we're always singing wildly inside and out of quiet zones, and we eat so much ice cream it must be a crime...

As soon as we returned from our enriching trip in March, I hiked right back into the middle of busy days at work, as our stationery advertises (Backpacking with MT Mountain traders), It was running a backpacking class for families--well it was a tremendous success. We finished the class with an overnight at Point Reyes Seashore (very close to PT and me--now will some of you come down?) And we had a 5 month old complete the course with flying colors and red cheeks. I was real ly hoping to make it to CHAT and visit the Oregon backpacking group and Brad...because of all things, this summer I'll be nature director and back pack director at a camp in Lake County, CA.

Sioux Harmon  
Camp Verdant Vales  
Box 476  
Middletown, Calif. 95460

and if you're near clear lake on a Wed. Night, camp is open to visitors and I'd love to see you!

I'm looking forward to the end of the summer when PT and I

can take another trip-wow-with what animation, vitality we have left, we'll bombard all our precious friends, You've given me so much!

"Finally, brethern, farewell. Be perfect, be of good comfort, be of one mind, live in peace; and the God of love and peace shall be with you." II Cor. 13:11  
with goodness

Sioux

P.S. Regarding telephoning- if you can't translate Berekeley code, our number is (415) 848-4376 and we're always home between 10:30p.m. and 8:30 a.m. maybe you shouldn't call at work because Patty's day is filled with classes and she might not want to dance down so graciously in the middle of German or Drama--(She might pull the Cajun routine Dwight!)

PPS. We just fixed our tape recorder and listened to your tape, Dwight--what fun. Thanks so much. If you let me know ahead of time I could zip down to Sioux place of work Thurs. afternoon..after 1:30. grins!

From LARRY & KATHY YEE

May 6, 1974

Dear Friends,

Kathy and I have waited till the last minute in hopeful anticipation that we would be able to return to Chatcolab this year. But with much disappointment, it seems fairly certain that we won't be able to make the trip.

During this last year, Kathy and I made a big move. We exchanged our relatively Walden-like existence, living on a big ranch near a small community in the mountains of South Oregon, for the more hectic and seemingly insane urban life of California. But here in Santa Cruz, we have the best of several worlds - the ocean of Monterey Bay, the ageless redwoods, and the advantages (not to mention the disadvantages) of the city. It sure is a 180 degrees from Butte Falls, Oregon. The two things which we miss the most are our close friends and neighbors (those Oregon folk are all right), and a sense of community which lends to the feeling of being a part of, and also binds things together. But it was time for Kathy and I to shift gears, since we had pretty much exhausted the world of Butte Falls for new challenges.

Kathy had been wanting to go back to school and she applied to both the University of California at Santa Cruz and the University of Oregon in Eugene. She was accepted to both places, and so it was a choice between Oregon rain or California sunshine. It looks like we ended with a compromise - Santa Cruz fog! Anyway, Kathy has returned to school and is in the community studies program hoping to concentrate in the field of recreation.

At the same time we are both submerged in a super-demanding job, which brings us to our excuse for not being able to return this year. Kathy and I are now house parents in a group home for emotionally disturbed foster kids. There are three homes in the program. We have two kids ( a boy 13, and a girl 14) in our home and there are seven kids in each of the other two homes.

(Continued letter from Larry and Kathy Yee)

Our home is like a halfway house since our kids are working toward returning to their real homes. On Wednesdays and weekends we substitute for the other house parents in the other two homes, in order to give them a little time off. It has turned out to be the most physically, mentally, and spiritually taxing job I have ever had. All the kids have problems from poor home environments and lack of parental love and guidance. Some have been abandoned, others are wards of the court, but most of them come from broken homes. Generally, problems arise when they lose control of themselves in anger, or frustration, or confusion, which results in tantrums, withdrawal, bedwetting, lying and stealing, and other such behavior. Most are very intelligent, but very behind in their education because of their behavioral problems. Anyway, it's been a real challenge, and Kathy and I are going to try to stick with it for awhile. We've become pretty committed to the kids and it's difficult for these kids to change from one set of parents to another (one ten-year-old boy has already been in 15 different foster homes). In this job, one really notices the disastrous effects of the loss of the nuclear family in our society.

I deeply regret not having been able to attend the board meeting, and am feeling worse about missing Chat '74. At this point Kathy and I could sure use a little merriment and good cheer. Just to let you know that I have not totally shrugged my responsibilities, I would like to pass on some suggestions for the lab for your consideration.

- 1) Build strong family groups. Elect a spokesman from each group and share group problems along with solutions and methods of solution with the entire lab. Constantly re-evaluate as the week progresses.
- 2) Encourage mixing of age groups!
- 3) Schedule more help for the notebook (maybe by families)  
"The impulse to do is in the doing."
- 4) De-emphasize amount of time spent on luck sticks. Maybe start that project during the last two days.
- 5) Have a College of Knowledge class on new directions for Chatcolab. Kick around some totally new ideas.
- 6) I'm sorry I won't be able to help with the scheduling which you assigned me. I have some ideas, but the schedule should meet the needs of the labbers attending and I know you'll come up with a great one! Try to allot more time for the College of Knowledge-- these are invaluable group sharing sessions. "Plans are important, but more important than the plan is the life people breathe into it!"
- 7) Above all, HAVE FUN GANG!!!!

Kathy and I both send our love and hope for a truly glorious lab. Please, if possible, save a copy of the notebook for us. We will be with you in spirit!

Love,

Larry & Kathy Yee



225  
May 16, 1974

Dear everybody!

I was sitting here, trying to study for a test I have tomorrow and my mind just started wandering up to Chat. It's really hard to concentrate when your thoughts become so undisciplined (but oh, so sensible!) to escape from the work at hand. It really doesn't do my studying any good, though it does me a world of good! Seeing that my studiousness is fighting a losing battle with my memory, I decided to give way, and do the only really sensible thing, and write you all a note. I just wish I was up there in Idaho instead of this piece of paper. (Letters are alright, I guess, but I'd much rather make a personal appearance! I thought about mailing myself up there, but the postage would be too expensive.) Every day this week I've thought about the Lab, and all those memories that thinking has conjured up sure is distracting. Especially around a town like Davis-- it's nice here, but really pretty unexciting. The most that happens around here is someone getting run over by a bicycle. Or you can watch them roll the awnings up at night at the State Market. Or you can watch (hear, feel, smell) the Amtrack run through at 10:30 p.m. Or you can bank on your neighboring apartment's wall and see if anyone responds (ask Jackie about that!). It's funny how, when thinking about the Lab, how clearly my mind's eye can see everything up there-- the lake, the dock, the bright blue swallows, the osprey, the view from Indian Cliffs on a full-moon night, all the flowers, the meadow by the girls' cabins. And it's funny how vividly the memories of all the good times I've spent around those things are. It's neat how many beautiful things you can remember from just one week out of the usually unexciting other 51; but when that one week is spent at Chat, the memories are strong and clear, and fill the heart, so that even a year (or more) later, those Chat memories can fill up the dark days with great joyfulness. What can I say but that the love shared at Chat is deep, and boy does it last! When people have such a chance to give so much, without ever being afraid, that touches, makes, and really becomes part of you. I suppose that even if I never go up there to Idaho again, Chat will always be a part of me. For all the longing I have in me to be up at the Lab right now, I know that it's not the place so many hundreds of miles away that I want to be at so much as it is all of you I want to be with again. But, then, how much closer can you all be to me than you already are? For all every one of you has given me, I hope I can sometime return. You've all filled me with such love----

I'd better get back to my studying. I'll run this down to the Post Office and hopefully it will reach you by Saturday. I hope I can hear from all of you soon; and remember you all have a standing invitation to stay with me here in California, and if anyone of you'd like a tour of San Francisco, I'd be glad to give you one!

Until then, take care, and may God bless you all.

Love,  
Mark Patterson

Debo Lila; this is <sup>226</sup>  
the best ever thanks  
Doc

# GRADUATION

the end



Chat 26  
1974 Evaluation

1. Do you feel the lab experience has been good for you?  
 Excellent  Good  Fair  Poor  No Reaction
2. What would you like to see changed in next years Lab?

Why?

Suggestions and comments-

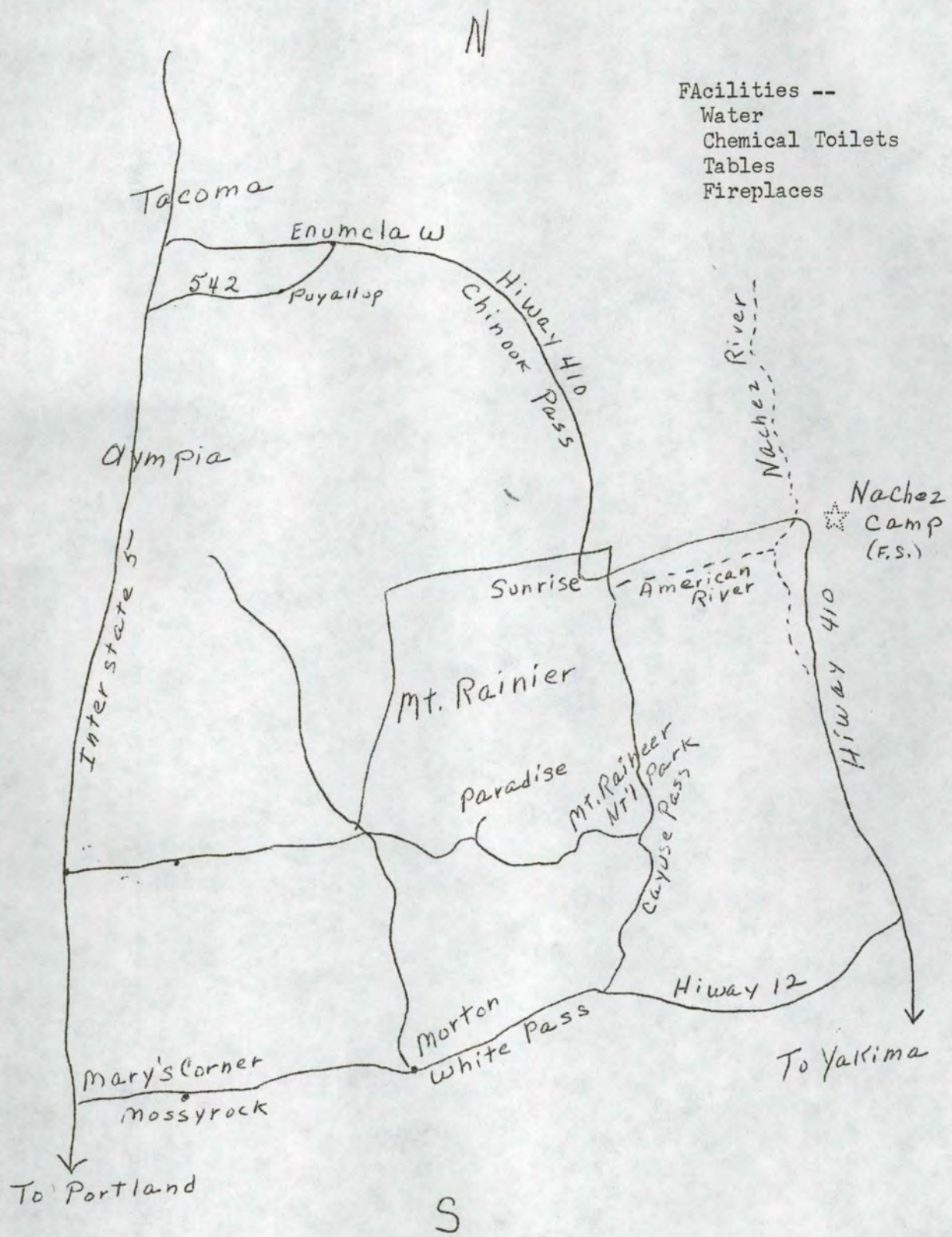
What would you like to see done the same in future Labs?

Why?

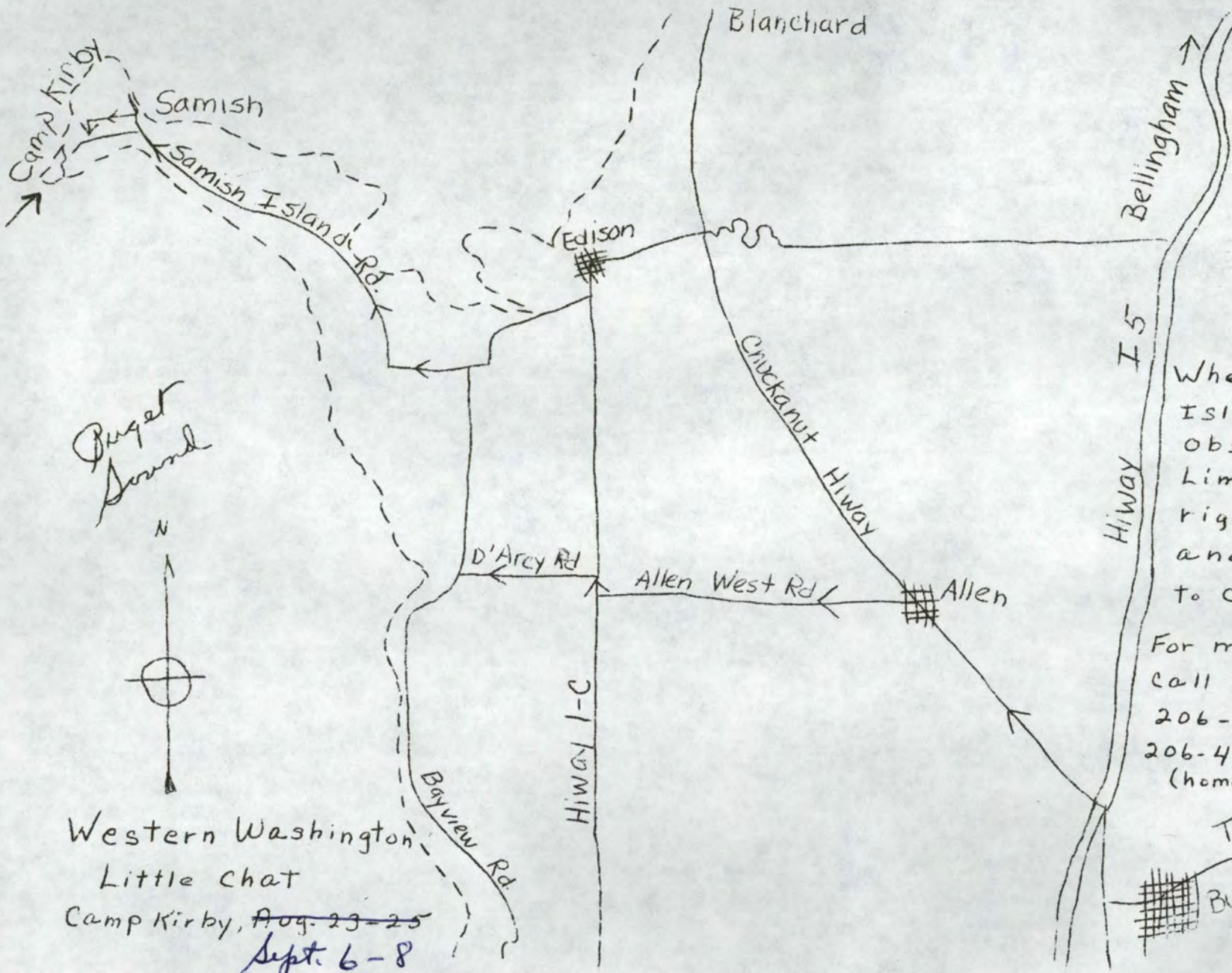
Suggestions and comments-

# WA-OR LITTLE CHAT - 1974

July 19, 20, 21  
Little Naches Campground



If you need more information call Angelo & Elaine Rovetto  
509-453-2339 or 509-453-9178 (office)

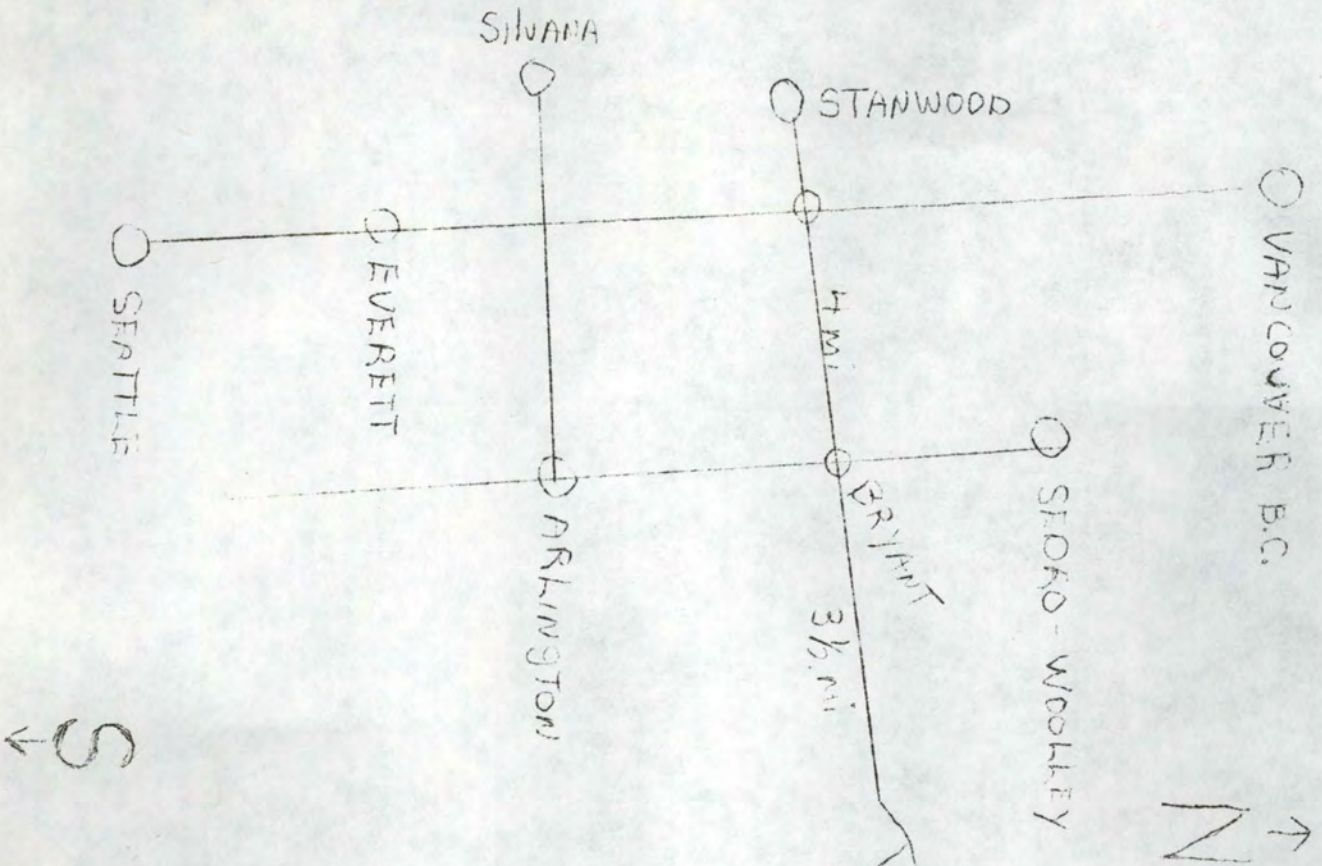


When on Samish Island, Please observe Speed Limits. Also, Turn right at Fire station and take BACK ROAD to camp gate.

For more information call Heila Steckleberg  
 206-766-3616 (camp)  
 206-435-3075 (home)

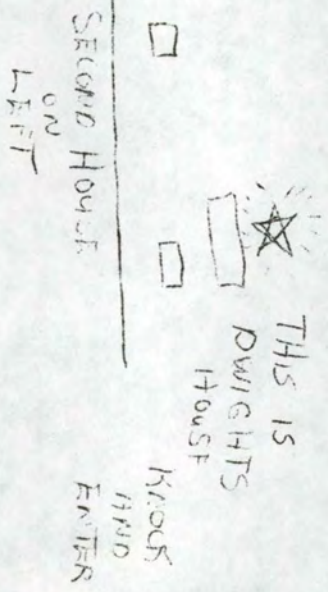
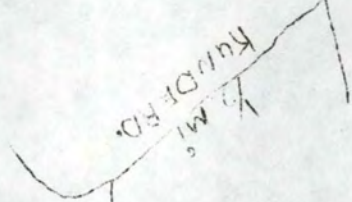
To Sedro Woolley →

Western Washington  
 Little chat  
 Camp Kirby, ~~Aug. 23-25~~  
 Sept. 6-8



S ↓

N ↑



Any Labbers  
 That Come Around  
 Puget Sound  
 Stop In  
 Dwight Wales

# OTHER LABS

Black Hills Recreation Leaders Laboratory -- October 5-12, 1974;  
Placerville Camp about 14 miles west of Rapid City, South Dakota, on  
highway 44. For pre-registration and further information, write:  
Mrs. Ruth Moe, 205 Corthell Road, Laramie, Wyoming 82070.

Redwood Leadership - Recreation Laboratory -- March 22-28, 1975 (the week  
before Easter); Old Oak Youth Camp, Columbia, California. For further  
information, write: Mary Stark, 40139 North 90th Street W., Leona  
Valley, California 93550.

Longhorn Recreation Laboratory <sup>held</sup> -- March 31-April 6, 1974; 25th Anniversary;  
Glen Lake Camp, Glen Rose, Texas.. For further information, write:  
Donna Brasher, Box 11, Grand Prairie, Texas 75050 AC214-262-7743.

Southwest Recreation Leaders' Lab., Inc. <sup>held</sup> -- April 15 - 20, 1974 -- 24th  
Annual lab.-- Camp Summer Life, Vadito, New Mexico. For further  
information, write John I. Bowling, Star Route, Hale Center, Texas  
79041.

Great Lakes Recreation Leaders' Lab., -- held end of April or first of May  
weekend, Twin Lakes 4-H Camp, Traverse City, MI. For further informa-  
tion, write Dorothy Buck, Freeland, MI 48623.

Great Plains Recreation Laboratory -- held in April, Nysted Folk School,  
Dannebrog, Nebraska. For further information, write Lavelle Johnson,  
Box 1, Mullan, Nebraska 69152.

Hawkeye Recreation Laboratory -- For further information, write Extension  
Recreation Specialist, Iowa State University, Ames, Iowa.

Indiana-Illinois Leisure Craft Laboratory -- For further information,  
write to Extension Recreation Specialist, University of Illinois,  
Urbana, Illinois.

Buckeye Recreation Laboratory -- For further information, write to Jane  
Farwell, Folklore Village Farm, Dodgeville, Wisconsin.

Other labs are:

Northland Recreation Leaders Laboratory (formerly Camp Idhuhapi, Minn.)

Downeast Recreation Laboratory, Maine.



Idaho-Montana Summer Chat  
 August 23 - 25, 1974  
 Georgetown Lake near Anaconda,  
 Montana. Watch the Chat-Chat  
 for further details.

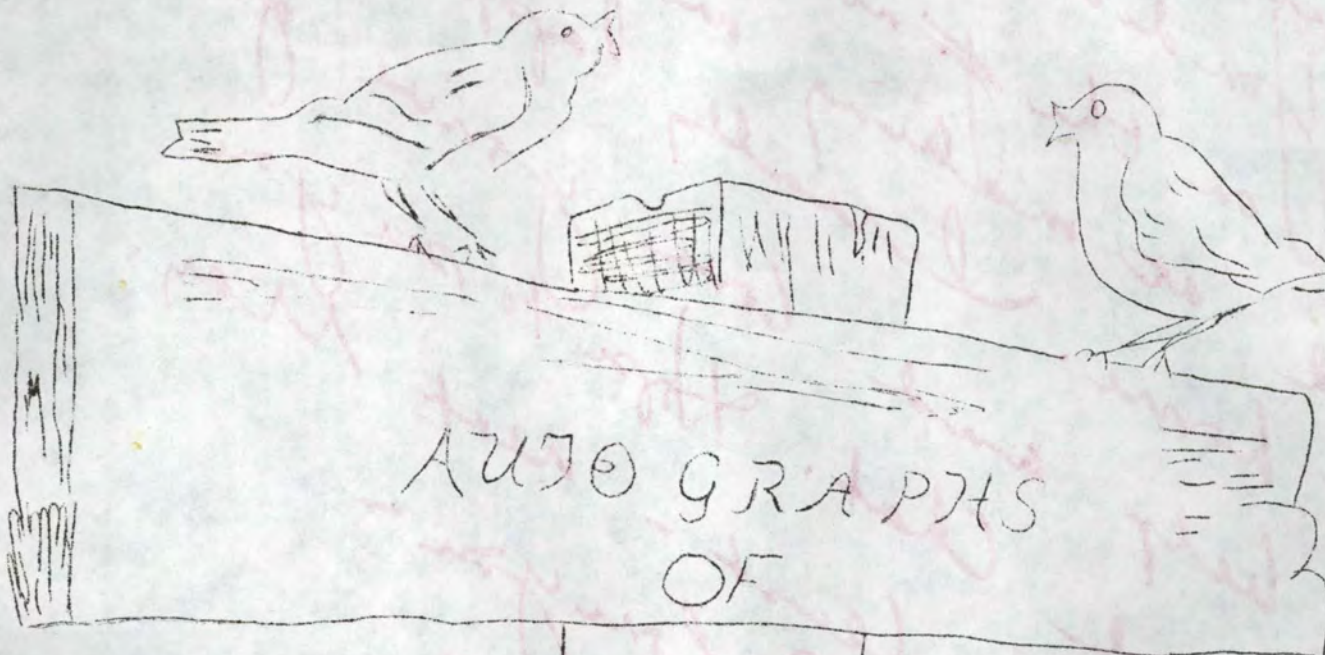


Leila,  
You're superb!  
Take care of  
yourself! Love  
Tony

Leila,  
I thank you for the  
memories and this book that  
refreshes my memories.  
Love you,  
Tony

Leila I don't know how  
you did it with-out  
spending much time griping & mopping  
and your hope but now did you  
much as I hope I ever do a good  
See you then I want to meet - fall.  
Tony  
Hawaii  
M.S.O.  
Bozeman, Mont.

Leila



AUTOGRAPHS  
OF

CHATCOLABBERS

Leila,  
 I can't write  
 on paper what  
 I feel so I'll  
 say as simply as  
 I can thanks for being  
 a part of CHAT because  
 you've become a special  
 part of me.  
 Love & sunshine  
 Jeff

2  
 3  
 4  
 5  
 6  
 7  
 8  
 9

Seila -  
You did a super  
job on the notebook  
and at home. I really appreciate  
the help and love you give  
from - or at least - next  
"Fred"  
How to see you  
May.

Seila -  
That was the thing I need-  
ed to make me realize  
a few things I need-  
ed to know about life.  
Thankx.  
Love,  
Sharon Mickiff

Lida,  
 This year  
 I sure enjoyed  
 got out and I  
 are A friend of this year  
 see you next year  
 will be back  
 love  
 This

Lida -  
 with another great job  
 see you at board !!  
 Love,  
 Jean B.

Well Sheila

here we are, at the end of  
another year - the book seems  
good - its certainly full of fond  
memories - especially of you getting a shot  
of paint - remover from Elaine (the bartender)  
Well - thanks for your patience with the  
Blub - I love you - God Bless you - we'll  
see you at "Little Chat" -  
Your Chat Friend  
Scooter

*[Faint, mirrored handwriting in red ink, likely bleed-through from the reverse side of the page]*

Leila,  
Even tho I didn't get  
to know you very well,  
I know you're a beautiful  
person. See ya next year!

Love,  
Theresa Kraus

Leila,  
I would not  
be here, probably,  
not even be writing  
in this notebook if  
it weren't for you,  
Thank you for you,  
love & our notebook!

Love,  
Mel  
Yeoman

Leila,  
Glad to have met you even  
if I didn't get to know you.  
Remember: An Act of Love May  
Tip the Balance. Love,  
Dibbi Jones

My love to a wonderful woman, editor,  
camp director, and friend, I ought  
to really be  
a terrific week and  
I sure hope to come  
back next year  
Donna

Thank

I am within 100 yds  
Book 2 my 2nd  
book not lost

Leila,  
you don't nag  
as much as everybody  
said.  
Love  
Rick

Leila  
Love  
Manny  
deLaney  
Leila hardest  
in camp if easier  
we need it that  
worker we made  
this year - not  
for you you  
order -

Sheila,  
 I wish you  
 had more time during  
 the week to spend with  
 us in the classes - but we  
 really do appreciate all  
 that you do - but we  
 miss the book - without it, we'd miss  
 you possibly!  
 Love,  
 Mary S.  
 Redwood, whenever  
 you possibly can!

Thanks for another  
 great note book -  
 the binder  
 has been gone to  
 be replaced by paper  
 binder - Love  
 Elly.

Sheila  
 Great job on the notebook,  
 great camp and best of luck  
 to you. See you in about  
 6 more years.  
 Jack Darrige

Mrs. William's  
 Goddard's  
 To John G.  
 1974





Leila -  
 Chat wouldn't be  
 the same without you.  
 Take care and I'll see  
 you at Little Chat. Take  
 care. Much love,  
 Megan B.

Leila,  
 Really a good  
 year and another  
 good experience -  
 even if Arg wasn't  
 here and the path  
 was rocky at times  
 it was well worth  
 the time and I'm  
 glad for the earnest-  
 ment of caring  
 love,  
 Elaine

Leila,  
 One of the hi-lites of Chat  
 is having you here. The pleasure  
 of your presence grows each year.  
 Thanks for being you.  
 Clarence

Leila -  
 Back to the very  
 beginning - thanks for  
 introducing me to CHAT.  
 I do hope we can  
 visit sometime in B'han  
 because I really see a  
 fine woman & I want to  
 know you.  
 Am looking forward to  
 next years, & until then  
 I take this love how to  
 the others I love.  
 Take my love,  
 Karen Fox

Leila:  
 It has been  
 a nice week  
 again here at  
 "Chat". Hope you  
 have a good trip  
 & safe return -  
 Love Henry

Leila,  
 I've love working  
 with you and look  
 forward to seeing  
 you next year. I  
 love you.  
 Lynne

Love,  
 M

Leila -  
 The notebook  
 is terrific. I hope  
 it was able to help  
 a little bit. This was  
 a wonderful me. Love,  
 Bob

This has been a great  
week, lots of laughs, love  
& learning. Hope to see  
you again soon.  
Florence

Leila,  
This week has  
been great. I love  
you. Thanks for  
the notebooks.  
Love,  
Ray Ewe

Leila -  
Thanks so much  
for this wonderful  
week. It's great. I  
love you. See you  
next year. If your  
ever in Montana, please  
come to our home. The  
rest of our family will  
love you, too.  
Love, Lonnie

Leila,  
I hope I can  
come back  
next year  
so I can  
get to know  
you better.  
Love,  
Dean

Leila,  
I'll see you next  
year because I know  
you won't miss Chat  
& you better know I  
won't. Thank you for  
putting up with me  
this week.

Love, N. P. Harker

live lots of good feelings about the Lab, and the steady warmth of smiles you've contributed. Till '75 Dennis

Leila,  
I've felt the feeling of Chat for just a day and I know I'll be back. I need to come back.

I'm glad I came to Chat and you helped make it better.  
Love,  
Audrey  
Steve Schwartz

really able to work with the little, even if only to be able to be in camp. Love Steve

Leila -  
Each year I look forward to seeing you - It's been a fun week.  
Much Love  
Maurice

Leila,  
This has been a good year. I'm sure I did go fast. I thank you for all the love and work you put into it.

Leila  
your concern, love and understanding plus much hard work made that what it was for me a wonderful experience I'll never forget. see you next year  
Dick Schwartz

Chat. Love you  
Janne

She alone is great who turns the voice of the wind into a song made sweeter by his own loving - guitar -

Leila - if any of you want to see the most beautiful what a great book for you  
I'll be glad to give it to you  
Love  
Maurice

When has all the time gone so quick your life when know all the long talk so many days ago  
I love you  
Cheryl

Leila  
This week  
has been a  
really great experience  
for me. I hope I can  
come to CHAT again and  
see you. Love always  
Karen Fern

Leila - Its great  
to know that Camp Fine  
has such neat people in its  
employ. I've enjoyed our week  
together and hope to repeat the experience  
next year.  
Much love, Barbara

Leila -  
For your  
"constancy" - Thank you!  
Valma S.

Leila,  
How are a fine  
pink lady whom I  
hope to know deeper  
next year. Love  
Hilly

Leila,  
You put a lot  
into CHAT, I really  
appreciate it. You  
do an excellent job.  
Love & Shalom,  
Judi

Leila,  
I hope we  
didn't part your work  
by not letting you say  
the much. My little Bill  
had been down he would have  
liked meeting this fine  
for Bruce

Leila -  
I hope you  
will be well  
and happy  
and that  
you will  
be able to  
visit us  
soon. Love  
Bill

1. Leila Steckelberg

I want to thank you for making this notebook and for including my drawings in it. Chat would be lost without it. I hope someday I may return, but until I do I will use my notebook to remind me that Chat is everywhere.

Love  
Phil  
Schwartz

P.S. I & your  
ever at the U.S.  
Air Force Academy.  
Look me up and I'll  
show you around.

Leila, this year Chat has been warm, and actually outstanding. The notebook turned out beautiful I think and we did it with a little help from our friends. Our friends! What wonderful people! If other can get out of school for Chat, I know I will. I'll keep in touch.

Leila, my baby,  
I wish you and  
penny your loved ones  
but that's all you'll see  
well for all you'll see  
you'll see if you, please  
next year if you, please

I never get to  
talk to you but I've  
always admired you. I  
pray that you have many  
more happy years at Chat.  
with love,  
Renée

Dearest Leila,  
you and I  
done for me and the  
May you always walk in  
May you always walk in  
all my love  
Love,  
Lisa  
you for your  
love,  
Lisa  
you for your  
love,  
Lisa

Leila  
you  
will  
this  
notebook  
will

I don't believe it No May May May  
others get out away early - you  
always great to be around.  
See you next year  
Love  
Keele

