COME OUT OF HIBERNATION



These western Leaders agreed that:
This should be a sharing camp, with no distinctions of leaders from campers or pupils from teachers.
This should be a fellowship separated from any sponsoring institution and self perpetuating by some process of democracy.
Goals must be for the enrichment of all life and not merely to add skills and information to already busy folk.
Recreation Laboratory would invite attendance from diverse vocations and never seek uniformity for its campers.
Those who gather here assume cooperation in complete sharing as a way of life.

Now you are a part of Chatcolab.
This is notebook number 37
It is a record of a precious week together. WITH TRUE APPRECIATION we dedicate it


TO ALL THOSE WHO HAVE HERE ENRICHED OUR LIVES.

# CHAJCOLAB LEADERSHIP LABORATORY PHiLOSOPHY 

CHATCOLAB LEADERSHIP LABORATORY is designed as a stimulating experience for people who are interested in recreation.

## THE LAB IS GROUP LIVING

in which there is an exchange of ideas and techniques in the field of recreation.

THE LAB IS A RETREAT FROM DAILY ROUTINE Group unity grows as individuals develop together in work and play.

MAJOR EMPHASIS IS PLACED IN JOY AND FELLOWSHIP.
NEW KNOWLEDGE AND ABILITIES
gained through the sharing of creative activities
lead to mental, emotional and spiritual growth.
AS A RESULT OF LAB EXPERIENCE individuals recognize opportunities for good living......
by Sharing one's self freely!
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## 1985 COMMITTEEE

## June 9-15, 1985

Chairma Dick Schwart ..... 1986
Vice Chairman-Chat Chat Editor-man-mMar ..... 1985
Secretary Jean Barincer ..... 1986

Assistant Treasurer Betty King--------------- ..... 1987
Pat Davis (Bvelyn Sutton) ..... 1986
Rosemary Gouchenour ..... 1987
Maureen King- ..... 1987
Barbara Mechels (Diana MacRae)1985
LaRele Stephens ..... 1985
Alternates:----------------------Evelyn Sutton 2nd-----Angelo Rovetto
3rd------Diana. MacRae
Lifetime Heavenly Member------------Dwight Wales
Lifetime Member---------------------Leila Steckelberg
Honorary Members--------------------Vernon Burlison Don Clayton Marge Grier
1986 COMMITTTEE
June 8-14, 1986
Chairman----------Jean Baringer ..... 1986
Vice Chairman-chaf chat Elitor--liaureen King ..... 1987
Secretary Rosemary Gouchenour- ..... 1987
Treasurer-----------------------------Leila Steckelberg Leila Steckelberg---------------
Assistant Treasurer-----------------Betty King ..... 1987
Scholarship Committee Betty King ..... 1987
Eddie Santeford ..... 1988
Leila Steckelberg
-John Headrick ..... 1988
-Dick Schwart ..... 1986
-Evelyn Sutton ..... 1986
-Sonya Watts- ..... 1988

Terry Haynes
Sally Heard Dawne Warner
Lifetime Member--------------------Leila Steckelberg Honorary Members----------------------Vernon Burlison Don Clayton Marge Grier



## A TRIBUTE TO DWIGHT WALES by <br> Vern Burlison

A child develops into a man, Imprinted, as it were by all That is a part of his world; Yet not as if formed from a mold, But more a new creation, Born a different creature From any other that hes ever been, To be further nurtured by the caring, But bruised, perhaps, by the selfish; And in turn to nurture or to bruise According to the compassion of his heart, The force and direction of his strength, The wisdom of his mind, And the truth of his spirit.

0 Dwight,
Our brother in the Spirit of Chatcolab, We will long remember your gentle visage, Your quiet enthusiasm and unassuming mien, Your unselfish devotion and effort To make Chatcolab a beautiful growth experience For every person who yearned to make improvement.

You, Dwight,

With your drums and tepee, Your smiling face and compassionate nature, Surely your imprints on others were All the nurturing kind, leaving each one You encountered a better person For having felt your touch.



Something to "Always" remember: PEOPLE LEARN WHAT THEY LIVE
If a person lives with criticism He learns to condemn.
If a person lives with hostility, Hie learns to fight.
If a person lives with ridicule, He learns to be shy.
If a person lives with shame,
He learns to feel quilty.
If a person lives with tolerance,
He learns to be patient.
If a person lives with encouragement,
He learns confidence.
If a person lives with praise,
He learns to appreciate.
If a person lives with fairness,
He learns justice.
If a person lives with security,
He learns to have faith.
If a person lives with approval,
Ho learns to 1 ike himself.
If a person lives with acceptance and friendship,
He learns to find love in the world.
Some Peace End Happurwss to ale,



ADDRESS WHILE LAB IS IN SESSION:
CHATCOLAB
Camp Larson
General Delivery Worley, Id 83876 (208)689-9250

CARETAKERS:
Chet \& Dorothy Baird
Camp Larson
Worley, ID 83876
(208)689-3220

```
            ROSTER
    " Gouchenour, Don (BD: 5-6)
    Star Route, Box 39
    Ledger, MT 59456
    Tel: (406)627-2311
12 Gouchenour, Pauline (BD: 3-22)
    Star Route, Box 39
    Ledger, MT }5945
    Tel: (406)627-2311
13 Gouchenour, Ray (BD: 8-10)
    Star Route, Box 39
    Ledger, MP }5945
    Tel: (406)627-2308
14 Gouchenour, Rosemary (BD: 11-11)
    Star Route, Box 39
    Ledger, MT }5945
    Tel: (406)278-3853 -(Conrad)
        (406)627-2311 -(Ranch)
    8 So. Virginia
    Conrad, MT }5942
15 Harlan, Joyce (BD: 6-2)
    ll717 S.E. Linwood Ave.
    Milwaukie, OR 97222
    Tel: (503)654-8667
    16 Haynes, Terri (BD: 10-16)
    902 Avenue C N.W.
    Great Falls, MT }5940
    Tel: (406)4
I4 Headrick, John (BD: 5-27
    18766 So. Lower Highland Road
    Beaver Creek, OR 97004
    Tel: (503)656-5027 (messages)
        (503)632-3188 (Home)
18 Heard, Sally (BD: 3-27)
    1 6 2 1 ~ 3 r d ~ A v e n u e ~ S o .
    Great Falls, MT }5940
    Tel: (406)453-2088
19 Higuera, Jane (BD:10-3)
1 0 \text { Gouchenour, Charles "Chaz" (BD: 10-10) Route 14, Box 441}
    Star Route, Box 39
    Ledger,MT }5945
    Spokane, Wa 99204
    Tel: (509)244-3295
```

    Tel: (406)627-2311
    Roster cont'd.
Page 2
20 Houtz, Ginny (BD: 6-30)
19051 Lomita Avenue
Orange, CA 92669
Tel: (714) $538-7958$ (Home)
(714)633-7400 (Work)
29 Moe, Ruth (BD: 9-3) 205 Corthell Road Laramie, WY 82070
Tel: (307)745-7227 (Home) (307) 766-5170 (Office)

21 King, Betty (BD: 8-20)
14705 Seattle Hill Road
Snohomish, WA 98290
Tel: (206) 337-4017
30 Newby, Bill (BD: 10-24)
2190 S.E. Ist Avenue Canby, OR 97013
Tel: (503)266-8303
22 King, Dale (BD:6-13)
14705 Seattle Hill Road
31 Olver, Loren (BD: 11-23) 22000 S. Tonya Ct. Beavercreek, OR 97004 Tel: (503)632-6596
23 King, Maureen (BD:2-17)
42281 S.E. Shipley Road Sandy, OR 97055
Tel: (503)656-5027 (Message)
Home 668-4402 Hospitil 280-4224
24 MacRae, Diana (BD: 7-?)
P.O. Box 226

Rivonia, Transvaal 2128
SOUPH AFRICA
Tel: (Affica) 27 (Joberg) 11-803-1631 (206)774-6301 (sister)

Auàrey Boardman (Sister)
4306 Maple Street
Lynnwood, WA 98036
$25^{-}$Main, Gwen (BD: 9-7)
660 West Main Road
E1 Centro, CA 92243
Tel: (619) 352-3446
26 Main, Roy (BD:8-17)
660 W. Main Road
E1 Centro, CA 92243
Tel: (619)352-3446
27 McLain, Dayanthie (BD: 6-3)
10123 S.E. Linwood
Milwaukie, OR 97222
Tel: (503) 775-0789
28 Michaels, Sherri (BD: 8-30)
16 Scenic Drive
Montesano, WA 98503
Tel: (206)249-5947 (Message)
(206)943-1753 (Home)

32 Santeford, Barb (BD: 11-20)
7012 6lst Avenue S.E.
Snohomish, WA 98290
Tel: (206) $334-4238$
33 Santeford, Eddie (BD: 1-23)
7012 6lst Avenue S.E.
Snohomish, WA 98290
Tel: (206)334-4238
34 Schuld, Betty (BD: 8-8)
5603 S.E. Aldercrest
Milwaukie, OR 97222
Tel: (503)654-3608
35 Schwartz, Dick (BD: 7-29)
5678 s.E. Harlene
Milwaukie, OR 97222
Tel: (503)654-7593
36 Sharpe, Dave (BD: 10-15)
4610 Jackson Creek Road
Bozemon, MT 59715
Tel: (406)994-2962 (office)
(406)586-3701 (home)

37 Smith, Joan (BD: 5-9)
Box 74874
Fairbanks, AK 99707 or
Box 213
Milltown, MT 59851
Tel: (406)258-6635 (message MT) (908) 456-1604 (home AK)
Roster cont'd,
Page 3

38 Steckelberg, Leila (BD: 7-30) 9406 164th Street IN.E. Arlington, WA 98223 Te : (206)435-3075

39 Stout, Elaine (BD: 5-13) 631 Warner \#23
Lewiston, ID 83501
Tel: (208) 743-1673
40 Stratton, Lorraine (BD: 1-4) 5907 S.E. Hill Street Milwaukie, OR 97222
Tel: (503)654-2469
41 Sutton, Evelyn (BD: 9-20)
675 Tetrautt Road
Kalispell, MT 59901
Tel: (406) 752-3219
42 Warner, Dawn (BD: 12-18)
810 Halfmoon Road
Whitefish, MT 59937
Tel: (406) 892-3387
43 Watts, Sonya (BD: 4-14)
1423 Jackson
Falla Tala, WA 99362
Tel: (509) 529-1635
44 White, Mary M. (Pancich) (BD: 3-3)
3931 S.E. Avon Street
Portland, OR 97202
Tel: (503)232-0662
45 White, Stewart E. (BD: 4-1)
3931 S.E. Iron Street
Portland, OR 97202
Tel: (503)232-0662

DROP INS:
Packard, Dan
PSC\#2 Box 419
(Home)
Fairchild AFB, WA 99011
Hays, Todd
PSC\#2 P.O. Box 431 (Home)
Fairchild AFB, WA 99011
3612 CCTS/CPFA
Fairchild AFB, WA 99011 (Work)
Tel: (509)247-5401

Salyer, Brian
P.O. Box 2180

Klamath Falls, OR 97601
(no phone, just moved)


Jean Baringer is from Conrad, Montana. Her family includes Jack (who is a county extension agent), Jeff is almost 13 years old and Jennifer is 10. A dog and two cats add interest, too. Jean is a $4-H$ leader, involved in her church work, a bowler and likes to play pinouchle, Her favoaite activities are crafts of many kinds and she keeps busy keeping a good inventory of crafts for her craft business..

Loren is from all over Oregon, but lists Milwaukie as his home town! He is a professional galley slave (dishwasher,etco) at SizzlerfenciFamily Steak House on McLoughlin. He is a first year labber, but plans to change that. He is also going to be a counselor for $4-\mathrm{H}$ camp in Clackamas County is July! He likes to sing (thank's to Chat for getting me restarted) and loves to eat, and joke around. Rosemary says "Terriffic kitchen help!"

Barb Santeford is from Snohomish, Washington, transplanted from Minnesota 13 years ago. Wife of Eddie Santeford, mother of Leslie 8 and Lorinda 6. She is a homemaker and part time bookkeeper.

Mary White is from Portland, Oregon (originally from Great Falls, Montana). I'm a graduate in Home Economics using my skills as an assistant manager in fabric retailing. I've kept busy as secretary for the Fireman's Muster Association of Oregon and with promoting Chat as Vice-Chairman. I have other interests in gardening, furniture refinishing, calligraphy, cooking and of copse my dearest interest Stewart White who I met here at lab.

My name is Dale E. King from Snohomish, Washington. If you don't know me by know please come back next year. Happy Birthday $\subseteq$ - ed.

I'm Evelyn Sutton from Kalispell, Montana. This is my third year here. I like to sew or creat with my sewing machine, I also like to garden, cook, grow flowers and ride hourseback. I'm involved in Grange, 4-H and church.

Rosemary Gouchenour -- I'm part of the reason everyone goes home from Chat with a "stomach ache" . Don and I are the cooks. Seriously, it has been a worthwhile experience to be of service to such a grateful group group of real people. This year we brought three new labbers to camp and they are excited! (Pauline, Chez and Ray all family members) We are from Montana near Conrad.

## The Purple Den is Bearable!

Stew White - Portland, Oregon Firefighter/Paramedic, husband of Mary White, festorer of an dider house which is our home. Studies are indir continuing (for too many years) toward a Fire Science "two, year" degree. Come join us at your local fireman's muster!

Scott Davis - Lake Oswego, Oregon Student in T.V. Production/Mass Communication with a minor in Elementary Education. Leader in 4-H Outdoor Club. Teacher of children at a local state park. Students are people too!

Dayanthie Mclain - Milwaukie, Oregon Senior at LaSalle high school. I play guitar. I have been a counselor at Outdoor School. Origenally I didn't want to come here, but I'm glad I did!
Diana MacRae - Known as Yahoo because her Day Campers (and counselors) could not say her Indian name Ya ewa no wh, which means "a tree" Survivor of the Democratic Convention in San Francisco last year and South African politics since. Secretary-photographer for a is foreign journalist. Living in Johannesburg. Enjoying our we wonderful Purple Den and special long-time Chatcolab friend from Fairbanks, Alaska.

Gwen Main -- Fram sunny southern California a retired school teacher. Love dancing, especially square and folk, music and traveling.

Marianne DuBois - of Julian, California; teacher (with a special interest in thinking skills and reading), summer employee of California State Parks System. Interests? anything active, adventurous, companionable.


## Featureing:

> Bil Ginbear --Ginny Houtz from California Papa Bear -- Vernon Burlison from Idaho Mama Bear -- Miriam Beasley from Oregon Scooby Doo -- Bill Newby from Oregon Raine Bear -- Lorraine Stratton from Oregon Bloomie Bear -- JanaiHiseuera from Washington Sunshine -- Betty King from Washington Lovey -- Ruth Moe from Wyoming

We are the Share Bear Family from five states!
Ruthie Lovey Share Bear - state $4-\mathrm{H}$ staff, $4-\mathrm{H}$ recreation and natural resource specialist.

Lil Gin Share Bear - Rehab secretary, $4-\mathrm{H}$ volunteer and summer camp councelor training coordinator.

Raine Bear Share Bear - Biology, computer and photoraphy subsitute (looking for full time!), Photographer, AmHCutdoor-Pegrams Advisory Board Secratary and lover of the outdoors!

Sunshine Share Bear -- Contractor, Program Assistant, Homemaker, Wife, Mother, and Grandmother.

Papa Share Bear --Gooperated with Smokey Bear for many years to conserve forest resources. Now retired. Papa Share Bear lives in Idaho while Mama Share Bear lives in Oregon. They have not usually seen each other oftener than once a year, but apparently that has been enough!

Mama Share Bear -- Formerly taught first grade lovey bears and camper bears and counselors at Clackamas County (Oregon) 4-H Camp. Now enjoys her husband, four children and 10 grandchildren.

Scooby Doo Share Bear -- Clackamas County 4-H Camp staff member, Teaching sors young share bears archery. When not ducking misguided arrows, I sometimes work as a Clackamas County Deputy Sheriff.

Bloomie Share Bear -- Spokane County 4-H volunteer, mother of seven, wife of one, pleased nèwi.grandmothar, children, sharing, joy and growing are her concerns.




The B B B Bears (Big Bad Bine Bears)

Maureen King, alais Sunny Bear has a den in Sandy Oregon and prowless the Portland area. I persues my job as a nurse. I had six bearscubs and I love to square dance and have fun. I am a 4-H leader at Clackamas a County 4-H Camp as their nurse.

DawnE Warner, Hugabear has hibernated from Columbia Falls, Montana and works in te forest of Kalispell. Where she is a bee and jam finder at the local TV station which she plans to continue on TV Communications, with a minor in Public Relations. This is to keep all we bears togeter in our den. This Hugabear has been very active for 12 years in $4-H$. She has attended many trips from state $4-H$ Congress, to nation wide trips to Washington D. C., National Hourse Judging winner in Chicago, and rinict.e
:- winning \$1,000 scholarship withat National $4-\mathrm{H}$ Congress held in Chicago, This is my second year at Chat and plan to be continues in the following years to come. Want to thank and show my appreciation to everyone who attended this year. Your all great and my love will be with you. Hope Hope to see yah all next year.

John Headrick -- a four year lavver that has missed the last two. I am presently living in Oregon City, but have a permanent address in Beavercreek where I receive my mail. Hy interests include anything that is outdoor, camps of all kinds, planning camps, I am a four year 4-H 1-4.:; leader, youth advisor for my Church Youth Group. Special interests includ include: Photography $4-\mathrm{H}$ camp, and publicationsamanager for Clackan $\overrightarrow{\text { s }}$ County $4-\mathrm{H}$ Camp Committee.

Leila Steckelberg -- "Honey Bear" -- Home Economist ( former Home Economics teacher); Professional District Director/Camp Director Camp Fire (first ACA accredited camp director in Washington State), directed Camp Kirby nine years; and recrection resource. My interests are my husband Dale, son David (professional actor), family people, Chatcolab for 33 years, dancing, fockhound, silversmithing, camping, traveling, recreation and crafts,etc. I have worked with many youth groups including including; 25 years as a $4-\mathrm{H}$ leader, Cub Scouts, Camp Fire, Degree of ju Honor Juniors, and Sunday school. Dale and I have been foster parents for abused kids also.

Sherri Michaels -- Good Luck Bear - Tumwater:Valley Swim Coach and anything else as required. I play at being a master swim team member, rintin an triathleloner (swim, bike, run), socializing with friends (lots), and generally living life.

Joyce Harlan "Yogi" - My interests are my job as a teacher, my friendship with Dick S. and my children. I have four children, two boys and two cirls. All are married except my oldest son. I enjoy going to the Oregon Sympony, skiing, fishing with Dick and entertaining friends. I love to travel whenever I can afford it. I'm expecting my first grandchild in the very near futture: In fact, I'd hoped to hear from my son in Denver during Chat that I was a grandma.

Pappa Bear --My first year to be at your Chatcolab Camp. It sure is a pretty place and enjoyed all the friendship here and all the activity. I really enjoyed the Boogie Song! Hope to see you all again! Ray Gouchenour from the Big Sky Country.

## Blueberry Bear

Name- Main, Roy -- the guy they name the streets after -- so, I live on Main road in sunny (I mean sunny) El Centro, CA, 12 miles from the Mexican border. Our driveway has a sign by the mailbox "Main Entrance". Ene wife- three grown children - six grandchildren. Love and life to all! Roy


HUG-A-BEAR


VANDER-BEAR GE

## SHARE BEAR



THE ORANGE POOH BEARS
When the clan of Chatcolab Bears had their annual gathering in June of 85 the family of POOH BEARS came riding in on their HIGH HORSES, led by Papa Pooh (Jim Beasley), followed by Terry Typist, Betty Schould, TerriHaynes and our new bears, Dave Sharp, Chaz Gouchenour and Elaine Stout. They all came with orange bandanas tied over their faces for they were intent on stealing all the honey. Then Dave got his elbow stuck in the honey jar and Chaz was the only one to sink the ball. Ha.......so much for their physical prowess. They did excel in the hand ringing, electrifying game of heads or tails as they managed to outsmart the BIG, BAD, BLUE BEARS just in the nick of time. Now if they can only find out where all of the honey is hidden, they might be able to pull off the hoist of the year and become known as the mighty robber Bearons.

Terry "TypistCarson: Enjoys the "DEVIL" out of not working. However now have more projects than ever. Love having lots of kids \& their friends around. Enjoys sewing, refinishing furniture and the challenge of keeping the "Cookie Jar" full.

Jim Beasley: Father, husband, grandpa Goat, Church, golf, Chat \& laying on a cot in the grass

Betty Schuld: Mother, grandmother, 4-H resource person from Clackamas County, Oregon.

Terri Haynes:- Great Falls, it. Newlywed, Hobbies - new husband and kid- Budde (cocker spaniel), Branch Manager of Golden Triangle Federal Credit Union

Dave Sharpe: Community Development Specialist Montan State University Cooperative Extension Service ( the length of your title is inadvertently related to your importance) fly fisherman, outdoorsman \& adventurer.

Chez Gouchenour: Student, athletic, hard worker, cheerful, nice \& advisor
Elaine Stout: Retired Medical Technologist in Portland and Eugene Or. Now from Lewiston, Id. Widow, does volunteer work in library four days a week. Loves the mountains, lakes, rivers and seashore. Loves reading, gardening and friends.



## HISTORY OF RECREATION IABORATORIES

The recreation laboratory idea was born in the carly thirties at Waldenwoods, Michigan. A meeting had been scheduled for recration leaders, and all arrived ezcept the people to conduct the meeting. A snow storm prevented their arrival. The group decided to carry on that mecting by exchanging their own ideas and experiences and by practicing and developing recreation methods and ideas for their own croups.

They spent several days tofether beiore the roads were cleared for them. At the end, in analyzing what they had done, they decided that their method had been so effective in the sharing of information, ideas, and the techniques that had been userul in their work, that they decided to hold anothermecting. Their onthusiasm for the "laboratory" method was so great and contagious that others heard about it. Applications came fron many people who wished to share this experience with then.

In several years time, the group had grown so large the originators felt that it was necessary to reduce its size because they felt that its maxinum usefulness and effectiveness could be obtained only in small groups that could be quickly integrated into sharinc situations in lab. Consequently, they asreed to break up and form other laboratories entirely separate except in incpiration from the parent froup. Some of these labs made ereat progress while others were less successful.

One of the labs originating in this process are Camp Idhuhapi at Loretta, Minnesota, which lator became the Morthland Recreation Leaders Lab. This in turn was the inspiration for others, one of which was formed by a croup principally from Ilobracka, North and South Dalkota and liontana. Twenty seven interested people donated a dollar, and with this §27 a committee plonned the first lab to be in October 1946, at Box Elder Camp in the Black Hills near Nemo, South Dakota. They decided on a fall lab, usually the end oi September, since Northland was held in the spring.

The Black Hills Lab drew its recistrants from an over widening circle in the west, midivest, and southwest, and cenerated such enthusiasm that many of itsmembers returned home determined to bring a similar experience to ereater numbers of people in their area by establishing other labs. Such was the foundation of Chatcolab in northern Idaho in 1949 established in the Northwest-held in Hay at Heyburn State Park on Lake Chatcolet. Also the Lonchorn Recreation Lab, which was soon after organized in Tcxas. Fron the same Black IIills Lab came the inspiration for the Southwest Lab in New llexico, and the Great Plains Lab in Nebraska. The Black Hille also inspried the nucleous from the east who set up another lab in Michigan, called the Great Lakes lab and indirectly influenced the ectablishment of a lab in Haine, the Downeast Rec. Lab.

At the Black Hills Roc Leaders' Laboratory in 1948, some of the "out westerns" got to saying, "Houdn't it be great to have a camp like this further west?" It was at this time that Don Clayton was moving to Moscow, Idaho, from Mavre, Montana. There were a few from southern Idaho who had attended Black Hill's Lab and Don's move was the incentive to try to start a new lab here in the northwest. Black Hills labbers contributed $\$ 58$ toward oreanizational expences and a comittee of six people was formed. I sub-comittec made up of people from Oregon, Washington, and Idaho who wore intorested in people and recreation and were also drafted
to complete the new organizational committec. The winter meeting held durine Christras vacation (over really icy and snow packed roads) with AI and Louise Richardson at Corvallis, Montana, blew the "53 but enthusiam was even greater to get this lab off the ground. Resource people from the aroa wore secured and and old C.C.C. camp was chosen as the site. Ongood authowity by an old timer, the best weather in May was always the second week--Hay 11-18, 1249, was the target date. This mecting was followed by lots of letters, phone calls, and news releases inviting and urcing recreation leaders to participate.

This carnp was built as a C.C.C. canp in the 1930 's. Durine W II, it was used as a Convalescent camp for pilots stationed at Spokane. Then Chatcolab was first held here, the camp was in a sad state of disropair. Don brought students from Hoscow and many others in the area contributed much time, materials, and money to repair the camp so it could again be used. A wall was built between the kitchen and the dining area and many pictures were painted in the walls to enhance the building. The trays, carts, and many other things were brought from Farracut liaval Training Station on Lake Pend' Oreille.

The first lab, May $11-13$, 1949, was a great success with 88 people attendine in full spirit and form. Financially it was solvent, morally it was clean, and physically it was capable of growth and sustained lifc. Chatcolab was hold in the same location-Heyburn State Park on Lake Chatcolet-from 1949 through 1975. The name Chatcolab was derived from the nane of the lake and the fact that this is a laboratory situation.

In 1955, a croup of threc California people, came to Chatcolab in Idaho and became so enthused with the idea that they were determined to sct up a similar organization in California. More than a three-ycar period finally culrinated in starting the Redwood Lab.

In Hay, 1956, the toprost section of the Chatcolab Candle, which represented sharine was presented to Mary, Kay, and Carl for the beginning of the new lab. A comittoc had been formed in 1955 and the nembors mot at Carm Sylvester (Stanislaus Co. $4-\mathrm{H}$ Camp) on Hov. 12-13, 1056 was sct for the first Redwood Recreation Laboratory to be held at Camp 0-OIIGA in Southoun California. Th:s lab was cancelled one week before scheduled to start due to inadequate registration.

Hary Regan and Enily Ronssee returned to Chatcolab in May, 1957, bringing their section of the candle with them. It was placed back in the Chatcolab candlc and again presented to Mary and Emily at the closing cercmony of lab. They came back to California more deternined than ever for Redwood to becone a reality. And so it did! Jones Gulch, south of San Francisco was the location of the first Redwood Lab in April 1958. The sharing section of the Chatcolab candle becane the base of their Redvood Candle with a real redwood trunk. Chatcolabbers Valt and Sally Schroedor, and Leila Steclelbore (who made the Redwood Candle at that first lab) went dow to help the nev lab off to a fyling start. There were 45 labjers includinc staff and resource that year.

In April, 1959, the second lab was held at Mendocino Woodlands, eight miles inland from Hendocino City, with 50 people attending. Not oven an Acian flu epidemic, a "Iast" trip down a very narrow rough, and crooked mountain road late at night because of a broken collar bone,
dampened the enthusiasm of those attendine.
The first two labs werc held in the redwoods, but in 1960 the decision was made to hold the lab at Old Oak Youth Camp. It was also there in 1960 whore a frec vill offoring was taken to purchase a beautiful picce of gold bearing quarte which Ken Iloach presented to the Chatcolab board in llay (to be placed in the new recreation hall fireplace) in appreciation for all of the moral and financial help and support that he had given this lab.

Since the contor section of our oricinal candle became the base of the Redwood Condle, in 1958 the romaining part of it was melted dow and moldod into a new larege candle and 4 small ones to represent the "Spirit" of Chatcolab-knowledge, philosophy, ideas, humor, and sharing. These are the candles we still usc.

Throuch the years, Chatcolabbors have strived to make improvements in the camp so that is will be a better place when we leave.

The poscibilities of becoming an incorporated group was discussed at the October 168 board meeting in lloscow, Idaho, with the board accepting the proposal. Vorn Burlison was most instrumental in getting the corporate matters completed so that on llay 15, 1969 during Chatcolab the articles of incorporation wore notarized at St. Maries, Idaho.

As can happen in any orcanization the plans and expectations were becoming too caught up in the past and "getting in a rut." The "fanily groups" were gettinc too stronc and activities were based on duties, rather than people. Don Clayton, one of the original planners of Chatcolab, now of Illinois, attended the October ' 69 planning board meeting in lloscow, Idaho to help re-cvaluate the goals of Chatcolab. Recalling that we learn through sharing not merely in getting, and that labbers need to feel the warnth and love of the croup to be ready to learn and experience leaderchip, plans were made to create an atmosphere where labbers are more willine to try things on their ow, During the May '70 lab, when Chat becark of age (21) the lab program was people-centered and activities were filled in to suit the noeds, rather than an activity progran firct, filled in by people. This presented a challenge for labbers to usc thoir ideas in a sclf discovery.

Chatcolab '72 sam the introduction of C.H.A.T. (College or camp of Hidden Arts and Talents) classos allowing cvery labber an opportunity to cive more of himself by sharing some ability.

The celebration of the 25 th anniversary brought 91 labbers to Chat. lary Fran Bunning Anderson (who along with her husband, Bill) instrumental in forming the carlicr years lab's leadership erowth, attended her 19th lab and shared menories of past labs. Naree Leinum Grier (24), Leila Steckelberc (21), Don Clayton (23), Vernon Burlison (20), who all had each attended at least 20 years also added their memoires. Labbers colobratcd by enjoyinc birthday cale, the anniversary waltz, reminjisced and enjoyed other activitios.

N11 good things to come to an end sometime and our use of Heyburn Youth Carp ended (last lab there was 1975) by the Idaho State Health Dept.
declaring the facilities unfit and closed the facilities unless they could be brought up to recgulated health standards. This was almost an impossibility for the agine facilities to be updated.

Vern Burlison and Leila Steclelvere were instrumental in finding a nev location, deciding on Easter Seal Camp at Worley, Idaho, not far from Heyburn. There was much nostalsia carry-over and yearnint for Indian Cliffs, the colorful dininc hall, the glorious trees, the daily train, the many menorics there, but we found a new home, because Chatcolab is not just a place, more importantly - people! The wishine well at IIeyburn was purchased at the dispersal auction and will someday be rebuilt as a remembrance of our "youthful years." Easter Seal Camp (VSU) has satisfied our needs and now foels like home.

Recreation Laboratorics offer a unique opportunity for all those involved in recreation of all types, whether on an anateur or professional basis. Its uniqueness stoms fron the extent of complete involvement of the individual in the imaginative plannine and sharing of all aspects of the recreational procran. An atmosphere is created for discovering within onesely the latent abilities that ones normal environment never uncovers. In this discovery, anyone can become a better man or woman, a more efficient leader. The wide opportunity to gain manual skille and trainine cxperiences, through of lasting value, shall be considered secondary to the forogoing.

Thus, these basic objections were formulated 23 years ago and still hold today:
"Participants in Chatcolab Recreation Laboratory have the opportunity to uncover, utilise, and share those talerts in thomsclves which are perhaps layine dormant by:

1. Getting to know intinately, by working together, others similarly involved in working with people.
2. Encouraging participation in "trying-out" situations.
3. Sharinc recreational experiences and skills with both amateurs and proiessionals.

The basic ided which brought so much enthusiasm out of so many paple can ise expressed in onc vord - SHARIIIG. The learnine at lab has never been by or for specialists. It has been an effort to stimulate and enthuse by exposure to methods and ideas. Stress has been placed upon learning by participation and encouragement. The sharine of duties was encouraged whenever possible by having the lab in a camp site situation where duties and probleme made practical application of chore sharing a necessity. Icadors have been chosen very often, not as true experts in their fields, but rather as guides to help other leaders on the way.

At the Great Lakes Recreation Leaders Laboratory held May 5-10, 1973 at Camp Pinewood on Echo Lake ( 15 miles east of Huskecen, Hichigan) the "true" story of the birth of recreation labs was made know. This story follows:

The many fine Rec Labs now being held all over the United States reccived their inspiration and becinnine years ago in Chicago.

Iynn Rohrbaugh, Owen Grec, Choster Dower and Chester Graham (all ministerial students) decided that the National Recreation Ascociation was not meeting the needs of the churches and other non-professional groups. So they organized the first Educational Recreation Institute held in Chicaço in June, 1926-27. It was moved to Wheeline, W. Va. in 1928-29, Iake Geneva, Wisconsin and then to Waldenwoods (near Howell, Michigan) fron 1231 through 1934.

As the eroup grew larger and poople became eager toshare the inspiration, training and fellowship with poople in their own localities, it was decided to diccontinuc the meeting in Valdenwoods and Eive people an opportunity to start new lavs.

The llichigan eroup mot for two yoars at the Folk School in Grant, Hichigan. Niter that the IIichican area did not have a Lab until Arden Peterson, arian IIermance, Bernice LaFreniers, Gould Pinney, Ray Lamb and Jin Ifalm went out to the Black Hills Recreation Lab in 1951 and came back with such ercat enthusiasm that a :reat Lakes Recreation Leaders Lai was started at Twin Lakes in 1952.

The "ryyth" of the snow storn is still preferred by labbers because it is symbolic of the philosophy of Chatcolab. When put in such situations (a "leader" does not arrive) we should be prepared to take over and not be dependant on someone else. Through Chatcolab experiences, we strive to be able to become dependant upon ourselves.

> NOMTMEST RECREATION CAMP
> Plumer, Idaho
> Hay $11-18,1949$

1948 Comittee - served in 1949

Don Clayton, Hoscov, Idaho Chan.
Emil K. Eliason, Havre, Montana Treas.
Louise K. Richardson, Corvallis, Montana Sec.
Ruth Radir, Pullnan, Wash.'
A. I. Richardson, Corvallis, IIt.

Dan Warren, Moscov, Idaho
Goorge Gustafison, Bozeman, Nont.
Evelyn Sainsbury, Great Falls, Mont.
Esther Teskerud, Corvallis, Ore.
1949 Comittce - served 1950 camp Term Expires
Don Clayton, Chr. 1952
Dan Varron, V. Chra. 1952
Geo. Gustaison, Treas. 1951
Louise K. Richardson; Sec. 1951
Jin Iuntley, Olympia, Wash. 1952
Evelyn Saincbury, Salen, Or. 1951
Lillian Timer, Hoccasin, Hont。 1950
John StottsenberE, INez Perce, Id. 1950
Elizabcth Buch, Okanayan, Wash. 1950
(Chatcolab history rowritton and updated during the 1978 lab by Ieila Steckelberg and Jcan Baringer, with the help of those who could "remember when.")

- aERIENLOGY CHART OF NON-PROI IT RECREATION LABORATORIES

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Malden Noods
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Not Determined - Eastern Cooperative Recreation School - New York Join C. Campbe11 Folk School - North Carolina Kentucky Recreation Workshop

## CHATCOLAB HISTORY

Chatcolab had it's beginning in 1949 as a result of Don Clayton having attended the Black Hills Lab and returning home enthused about what he had experienced. There were a few people from Southern Idaho who had attended Black Hills Lab and Don had just moved from Havre, Montana, to Moscow, Idaho. His move was the incentive to try to start a new lab in the northwest. Black Hills labbers contributed $\$ 58$ toward organizational expenses and a committee of six people was formed. A sub-committee made up of people from Oregon, Washington and Idaho who were interested in people and recreation were also drafted to complete the new organizational committee. The winter meeting held with Al and Louise Richardson at Corvallis, Montana, blew the $\$ 58$ but enthusiasm was even greater to get this lab off the ground. Resource people from the area were secured and an old C.C.C. camp was chosen as the site. On good authority by an old-timer, the best weather in May was always the second week in May, and May 11-18, 19/9, was the first lab session with 87 people attending.

The 1948 Committee who served the 1949 Lab were: Don Clayton, Moscow, Idaho Emil K. Eliason, Havre, Montana Louise K. Richardson, Corvallis, Montana Ruth Radir, Pullman, Washington Al L. Richardson, Corvallis, Montana Dan Warren, Moscow, Idaho George Gustafson, Bozeman, Montana Evelyn Sainsbury, Great Falls, Montana Esther Teskerud, Corvallis, Oregon
The first campsite was built as a C.C.C. camp in the 1930's. During WWII, it was used as a Convalescent Camp for pilots stationed at Spokane. When Chatcolab was first held there, the camp was in a sad state of disrepair. Don brought students from Moscow and many others in the area contributed much time, materials and money to repair the camp so it could again be used. A wall was built between the kitchen and the dining area and many colorful pictures were painted on the walls to enhance the building. The trays, carts, and many other things were brought from Farragut Naval Training Station on Lake Pend 'Oreille.

Chatcolab was held in the same location - Heyburn State Park on Lake Chatcolet (from 1949 to 1975). Thus, the Northwest Leadership Laboratory became officially known as Chatcolab, deriving the name from the name of the lake and the fact that this is a laboratory situation.

In 1955 a group of California people came to Chatcolab, became enthused with the idea, and over a 3 year period started the Redwood lab. In 1957, on a second try, a section of the Chatcolab ceremonial candle was presented to Mary Regan and Emily Ronssee who returned to California to start the first Redwood Lab in April 1958 at Jones Gulch south of San Francisco. They, in turn in 1960 presented the Chat board a piece of gold bearing quartz.

Since the Center section of our original candle became the base of the Redwood Candle (a large redwood tree crafted by Leila Steckelberg at that first lab), in 1958 the remaining part of it was melted down and molded into a new large candle and 4 small ones to represent the "Spirit of Chatcolab - knowledge, philosophy, ideas, humor and sharing. These are the candles we still use.

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The celebration of the 25 th Anniversary in 1973 brought 91 labbers to Chat. Mary Fran Sunning Anderson (who along with her husband, Bill) was instrumental in forming the earlier years lab's leadership growth, attended her 19th lab and shared memories of past labs. Marge Leinum Crier (24) Don Clayton (23), Leila Steckelberg (21) and Vernon Burlison (20) who all had attended at least 20 years of the lab were honored. Labbers celebrated by enjoying birthday cake, the anniversary waltz and reminiscing.

All good thingscome to an end sometimes as our use of Heyburn Youth Camp ended (last lab there was 1975) by the Idaho State Health Department declaring the facilities unfit and closed the facilities unless they could be brought up to regulated health standards. This was almost an impossibility for the aging facilities to be updated.

Vern Burlison and Leila Steckelberg were instrumental in finding a new location, deciding on the Easter Seal Camp at Worley, Idaho, not far from Heyburn. There was much nostalgia carry-over and yearning for Indian Cliffs, the colorful dining hall, the glorious trees, the daily train, and the many memories there, but we found a new home, because Chatcolab is not just a place but more importantly PEOPIE!!! The wishing well at Heyburn was purchase at the dispersal auction with hopes that someday it could be rebuilt as a remembrance of our "youthful years". Easter Seal Camp, Camp WSU and now known as Camp Larson has satisfied our needs and now feels like home.

Camp Larson was first established in 1950, known then as Camp Manitowish, for the benefit of handicapped children. It moved to its present location in 1956 and now serves handicapped adults as well. The campsite is on a waterfront offering many opportunities for activities, can handle up to 160 people, and all but a few of the counsellors cabins are accessible by wheelchair - no steps.

During the 1978 Chatcolab annual meeting it was announced by several Californi labbers that Chat "was pregnant" with hopes to start a lab in southern California. This pregnancy lasted 3 years. During the 1981 lab, a white Chat ceremonial candle was presented to Jackie Baritell, Gwen Main, Mark Patterson and Brian Salyer who took it to the first Chaparral Recreation Education Leadership Laboratory in November, 1981.

The years of Chatcolab have come and gone with many memories - like the year a pet goat was thought to have been barbequed for a meal, the time we almost starter, a forest fire during an outdoor evening ceremony, of the many Scandinavian Smorgasbords or the Hawaiian Luau with all the trimmings, backwards parties and who could ever forget the Mouse Party?, the meetings by the wishing well, the traumatic move to a new camp, and the many people who have come and gone.

A new stepping stone is before us - a meeting of people from many labs around the United States - a first "National Recreation Lab" at the "birthplace" of them all - Waldenwoods, Michigan. May great things come from this get-together of representatives from many other labs.

Stritten in 1983 before the National Recreation Lab, OAt. 19-23, 1983. treluded in that priest niteboal.

# Chatcolab <br> Northwest Leadership Laboratory 

## Chat-Chat

 NEWSLETTERMary M. White, Editor

## CHATCOLAB NORTHWEST? LEADERSHIP LABORATORY 1985

## JUNE 9-15, 1985

(PLEASE TAKE SPECIAL NOTE OF THE NEW DATES!)

CAMP ROGER C. LARSON

COME OUT OF HIBERNATION!

AILL-LAB LEADERSHIP DISCUSSIONS with:

Dave Sharp, Montana State Extension Service

WORKSHOPS
Survival
-US Air Force
-Rosemary Gouchenour
Folk, Square, \& International Dance -Roy \& Gwen Main
Ceremony, Pary \& Program Planning
-Leila Steckelberg
-Ruth Moe
Song Leading Techniques -Jean Baringer
Environmental Awareness -Vern Burlison
World Wide Games -Harold Strobe

NEW IDEAS IN LEADERSHIP



DON'T TAKE A NAP! COME TO CHATCOLAB! IF YOU HAVE BEEN HIBERNATING AND HAVE MISSED LAB FOR 1 OR 2 OR MAYBE EVEN 5 YEARS---DON'T MISS THIS YEAR! COME ALIVE! COME AND SHARE YOU!! If you can't attend lab, drop us a line anyhow. If there has been a particular reason you haven't returned to lab for several years, let us know. We need your help to plan Chatcolab so that Chatcolab grows and provides the necessary training and skills development you need in your area(s) of leadership and recreation and personal development!

In Chat Spirit, Mary M. White, Editor

Dear Friends,
Happy 1985! Our changing of the Chat date from the second week in May to the second week in June was done to allow people involved in educational schedules to more easily join us. Chat has a serious need to increase its rolls so that each year's program is able to reach out to more people, making the reason for Chat more meaningful.

If attendance does not increase above the 1984 head count, Chat's ability to be financially solvent will be seriously tested in 1985. Chat 1986 may not reach reality!

We now have a set of slides as well as brochures to help in promoting Chat to groups. If you can make use of these in you area, please contact Mary White or myself.

If you are unable to join us this June, make the effort of contacting someone you know who can join us. Thank you! Hoping to see you in June!

In Memory of Dwight N. Wales Date of Birth, November 22, 1898 Date of Death, September 18, 1984

Leup apter lend. Nower after flower
some in the drumn of day.
same in the after haur.
Alive they flourish.
and alive they fall and the eauth that sustrined them receines them all.

Funeral Services \& Internment September 28, 1984 Arlington, Washington

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Sincerely,
Dick Schwartz (1985 Chairman)
(503) 654-7593
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HERE S LOOKING AT YOU!
CHATCOLAB NWLL SLIDE SHOW!


For
Mary M. White
Info 3931 SE Ivon Portland, OR 97202
(503) 232-0662

REGISTRATION CONFIRMATION
9406 164th NE Arlington, WA 98223
(206) 435-3075


Your preregistration fee has been received and you have a reservation to UCome out of Hibernation" at Camp Larson, June 9-15!

IMPORTANT REMINDERS:
REGISTRATION: Lab opens with registration from $1-4 \mathrm{pm}$, Sunday, June 9. Plan to arrive by 4 pm so you don't miss the all-lab welcome, orientation and dinner. (Only board members should plan to arrive before lab opens. Labbers whose travel arrangements necessitate riding with board members arriving early should plan to pay extra ( $\$ 10.00$ ) for Saturday evening room and board.)

Lab closes with breakfast, Saturday, May 19.
COST: The cost of Chat ( $\$ 115.00$ or $\$ 85.00$ ) covers all necessary lab expenses, one copy of the lab notebook and a one year Chat-Chat newsletter subscription. Other costs you might consider include:
-an extra notebook (\$5.00)
-special section notebooks ( $\$ 1.00$ ) (i.e. - crafts, games, ceremonies, etc.)
-all lab picture
-Chatcolab sweatshirts or t-shirts.
-songbooks or songtapes
-crafts - (craft instructors may need to be reimbursed for materials you use.)
-fund raising activity - (to support lab scholarship fund)
ACCOMMODATIONS: Separate cabins are arranged for men and women. Cabins are heated and have shower and toilet facilities inside.

## FEATURED at LAB:

Beveloping Effective Communication Skills, Dave Sharp, Community Development Specialist, Montana Extension Service

Environmental Education, Vern Burlison, Retired Forester, Idaho Extension Service
--Information and techniques to better understand environmental problems
-Effective methods for developing appreciation for the environment using short encounters such as nature walks, hikes, $4-\mathrm{H}$ summer camp activity periods, etc.

Crafts, JB's Attic Crafts
-Wheat Weaving
-Cross Stitch
-Crayon Art
-Scrimshaw, Leila Steckelberg
-Rock Polishing, LaRele Stephens

Folk Dancing, Gwen Main, Folk Dance Leader -Recreational dances for one night uses with $4-\mathrm{H}$, campfire, church groups, etc. including folk dance, early American dance and country western

Program/Party Planning, Ruth Moe, Black Hills Recreation Leaders Lab, Leila Steckelberg, Chatcolab -Brainstorming, goals
-Time Management, rules of thumb
Song Leading, Jean Baringer
-Realize value of group singing in various programs
-Explain methods of teaching songs
-Provide experience in leading songs
Survival, US Air Force, Rosemary Gouchenour -Basic Survival Skills
-Individual Survival Kits
-sleeping bag or bedding and pillow
-warm comfortable casual camp clothes with a change or two for warm weather -- rain, snow, etc.
-you may want to bring a dress-up outfit
-towels, toiletries, flash light, alarm clock
-costume and costume materials are optional, but may be useful
-*bring crayons (old, short, broken ones) for melting
-any prose, books, songs, stories or poems you'd like to share with others
-a t-shirt or sweatshirt you'd like the Chatcolab logo silkscreened onto -- some printed shirts will be available -- price unknown
-any fresh produce, dried fruit, preserves or baked goods would be greatly appreciated as a fun way to share and save on food costs -any materials for sharing or teaching a special prepared craft, skill informational topic at a Chat class -- (Such materials should include for the notebook: a written description of the class presentation, directions or guidelines for the project or learning experience, a listing of materials needed, and copies of any handouts used. Plan to submit these materials to the notebook personnel at the beginning of lab. Additional material covered can be written up at lab for printing.)

MOST IMPORTANTLY: BRING YOURSELF . . . YOUR TALENTS . . . YOUR IDEAS . . . AND YOUR ENTHUSIASM!!!

NEED A RIDE? CONTACT:
Montana: Jean Baringer Conrad, MT (406) 278-7716

Oregon: Stewart White Portland, OR (503) 232-0662

Washington: Leila Steckelberg Arlington, WA
(206) 435-3075

California: Pat Davis Berkeley, CA (415) 549-1607

Idaho: LaRele Stephens Spokane, WA (509) 448-0329

## EMERGENCY INFORMATION:

There is a pay phone at
Camp Larson -
\# (208) 689-9250

Thank you for submitting your preregistration materials. Lab would be un"bear"able without you. We are anxious to have you with us. See you June 9th!


- "Real History of the R ocreation Lab. Movement (as told by Chester A. Grahem at the Natilonal Rec. Lab. gathering at Waldonwoods, Michigan, Octobor, 1983)

Lymn Rohrbough wroto his graduation thesis at Boston Theological sominary on Church-Centered recreation. On recommendation by other sominary students Lynn published that matoricl ns a Recreation Handbook. That handbook bocame known as Blue Handy. It foaturod typical party gamos like Musicol Chair and Drop the Handkerchief. After graduation Lynn sorved as Rocre tion Director for Chiengo Girl's Club. In Chicago, Lynn and his wife Kithorine cultivated a koon intorest in community rocreation on the part of the National Office of the Mothodist Church. Also, thoy organized n notionwido Rocroation Followship which mot annually.

In í 930 , Margaret and I wero invitod to introduce folk dancing at tho annual conforonco of Recroation Followship at Conforonce Point Camp on the shoro of Lake Goneva in Wisconsin. During that woek wo led the group in folk dances and folk songs from many countrios. Chestor Bower reported that when he was in the U.S. Navy, he saw poople playing a game with pebbles in the sand on the seashore at Alexandria, Egypt. He loarnod that the gane was called Whri and he got the directions for playing the game. Ho copied the pattorn from the sand and mdo a Wari board. Wo playod Wari during the Conforence. When Katerinc and Lymn moved to Dolawaro, Ohie, they published Red Handy featuring folk songs, folk dancos and othnic table games from many countries.

Folk rocroation becme a minjor intorest in futura meotings of Rocroation Followship at Waldonwoods. Porsons involved in the meetings included: Viola armstrong, Dir. Rec. Dopt., Detroit; Goorgo Burchan, Wosloy Found. Northwestorn Univ. at Evanston; Willian Cook, Gon. Socret. MMCA of Canada; Gono Durhan, Wesloy Found of Cornell Univ.; Rev.V.C. Grant, Mothodist Church, Codar Rapids, Iowa; Bill MoGiffort, Wosloy Found, Univ. of Calif, Los angelos; Sclan Monroe, State Home Domonstration Agent, Kentucky; R.C. Sidenius, Roc. Dir., Providence of Ontario, Conada; and the following Heads of Dopartiments in the Nationel Office of the Moth dist Church; Chester Bower, Recroation; Owon Gider, Epworth League; John Irwin, Ministry in the Local Church and Otto Nall, Publicati ns. and let us nut overlock the fine contribution made by Retha Bower, Rugh Geer and other spouses.

When attendance incrensed beyond capacity of facilities at Waldenwoods, a decision was made to hold annual state meetings of the Fellowship. Margaret and I woro appointed to provide folk dance leadership in state gathorings in Illinois, Indiana, Iowa, Michigan, West Virginjia and $W$ isconsipt and in Hamilton, Canada.

A difficult problem was our need to got music for folk dances. Margarot bought ring-back notobook ruled for copying nusic. Then sho could copy music for folk dances. Viggo Bovbjerg, enployod by Chicago Rocreation Cormission, arranged for us to participato in recreation parties of othnic imrigrant groups in Chicago. Thus we could actually learn folk dances and Margaret could copy the zusic in her notebok. One step in teaching folk dances to new groups was the work of key people to copy the music for dances frou Mrgaret's folk dance music handbook.

In 1924, National YWC. published two volumes of folk songs translatod froa foroign languages. Mova Boyd uf Northwostorn Univ. publishod a booklet of "Folk Dances of Bohoaia." Mary Wood Hinman and Elizaboth Burchonol published shoet zusic for a fow dances. Finally the Mothodist Church prepared a sot of folk danco records undor the titlo ${ }^{4}$ World of Fun". Ono music publisher in Now York City began to produce and distributo folk danco rocorls. Cooperativo Rocroction Servico at Dolaware, Ohio becarlo tho focal point for folk recreation for pany yoars.

Much of tho growth in folk recrontion up to 1941 was undormined during Unitod Statos ailitary intorvontion in Southonst asin. Wam slaughters poople and was als tonds to undormine the quality of life in socioty.

## W.LDENHOODS * .. DRE.aM COME TRUE (about the rosort)

In 1844 the grandfother of J. Robort Crouse acquired from the government the property now known as Woldonwoods. It's dovelopment from beautiful public resort and conference center is a reflection of the life of J. Robert Crouse and his forily. He was born in Hartland, then roved to Cleveland where he graduated from high school and went into o lanp business.

In 1924 Mr . Crouse built the first lodge, Cromaine Hall, on the fomily homostead, south of Hartland. He called the 150 acro spring fod lake Walden Lake, and the property Waldonwoods, due to his aduiration f Honry Thereau. Waldonwoods was originally a moeting place for Mr . Crouse and his business associated, but was expanded to 1500 acros and has beon open to the public, yoar-round, for conventions, peotincs, public dining, and parties.

The Lake Waldon Carnpground was started just nine yoars ago and in 1985 will reopon as a "ti:ne share" nembership club. There are presently 100 spacious sites for recrentionnl vohicles and it will be expanded to a total of 200 sitos the next your

The lake front and hillside cottages are svailable for spring, surmer, and fall farily vacations, and Sunshine Lodge is available for got away wookends including sbrunch and dinner.

The Waldenwoods property has reaained with the Crousc fanily sinco the carly yoars. Mr. R obert C. MacBride, the founder's grandson, is the present manager.

In hin own words, Mr. Crouse oxplnined, "Waldenwoods is dedicated to the proposition that the radiant spixeit of friendship may become glowing inspiration of the association of individuals, companios, competitors, and trados, even as the lifogiving sunshine is the crowning glory of this beautiful countrysice .. zay we play and work together, not only with our heads and hands, but with our hearts as woll."

Octobor 19-231983 at the Waldenwoods Conference Center in Hartland, Michigan ( 48 ril N.H. of Detroit) a gathering was held with reprosentatives froz many labs round the country. Chatcolab was represontod by Mary and Stew White, Leila Steckelberg, Marianne DuBois, Jackic Baritell and Jean Baringer.

It's beginning purposes and objectives were to share news and information between the lobbers who any in some way trace their belongings back to Woldenwoods or some other part of the folk recrention movement in merics in the menntize.
all people will wonder and appreci te the co:mittee that got us together for this long overdue celebration, a trip back to our "roots" or at least one of the foci of our beginnings. Ruth Moe, Wyoming, Marianne DuBois of California, and David Bone of Michican did a lot of the work to get it all together.

Back in 1977 Marianne attended the Black Hills and in visiting with Ruth Moe has said ..."wouldn't it be great to have a National Lab where people of all the labs could get together and share ideas and prograis." These two continued to dreain about it for several years until about 1982. .t our Chat lab in 1982 Marianne presented a questionnaire of possibilities to consicer and by the 1983 lab we had information on the National Lab to be held. WOW!

Two of the "originals", Fred Saith, Wisconsin, and Chester Grahnm, Michigan led one of the meetings about the beginnings. Marianne and Ruth led the sessions in planning our agenda based on the "stuff" we all brought in our heads. The first night ceremony was a candlelighted trip through fifty years of how the lab spirit has spread across the country into different states and in the different forms of the labs today.

During the four day conforence, we worked hard at sharing the different ways the different labs present their advertising, schedules, administration, resource persons, objectives, and many of the unique fentures of each lab. The labs cover a wide range of purpose and style, some focusing on lendership and skills development and training, and others on zore general huan development. We talked of the future and did a lot of creative sharing of songs, crafts, and dance. There wasn't a single dissenting voice about the value of this gathering.

We called this effort and gathering a National Rec. Lab, knowing there were other names of the Labs, Workshops, Schools or Gatherings. There will be an effort made to cowe up with a name that fits all the groups. Whatever the name, the goals and objectives are the sarle and will work to the future of recreation education in a "hands on" situation that we know as "Rec La,b".

The creative dynamics of our zeeting in Michigan moved out in several directions. But first, lot us explain sowe of the good things about the first National Rec, Lab.
. . The plezsure of good fellowship wong Rec Labbers from 14 different lebs from the west to the aast const of the U.S.
-. .Sharing ideas and philosophy, the likenesses and differences of the labs.
-. .Broadening horizons.

- . Piecing together, with the help of Fred Suith and Chester Graham, the historical background of the rec lab novement and its start.
- . .. balanced progran of discussions on lab organization information with the typical activities of a lab - dining, singing, crafts, dancing, etc.
- . .. wealth of useable ideas to take houe to our local labs.
- . .Open endedness of planning and sharing the progran, and the extremely talented rec labbers who so willingly participated.


## Suggestions for the next National Lab

. . That there be another national lab in two or three years.
. . . .n elected comittee designated to see that the idea of a nat'l lab be continues.
2.. . Iraportant that sessions be included on "how to run a rec lab", board dynanics and leadership styles.

- . The physical activity, "'be interspersed with discussion time.
. . That another lab be in a central part of the nation.
. . That an effort be zade to get all late represented.
. . Somewhat structured progran, but still flexible to include the needs of those attending, and their various labs.
- . Continuation of promotional visuals and presentations, of different lab displays, library naterials, of resource people fron our own group, not outsiders.

Suggestod objective for a national rec lab

- . Sharing of philosophies, prograns, and resource lenders.
- . Provide training for lab board neabers and other nembers.
- . .un information gathering dispersal to help inprove labs.
- . Comunications vehicle between labs.
. . National promotional efforts.
-. .Not to be an entity to itself, but rather to be a service to rec labs.

Specific results.

1. David Bone, Michigan will use his skills with computers to compile and circulate various resource personnel that neabers of the various labs would share and have found effective. Write: 1564 Walnut Ridge, Canton, Mi. 48187.
2. Fred Smith has recruited a dozen helpers that represent several labs which put together a new songbook for general use in the various labs. Jean Baringer has sowe of these songbooks for anyone to purchase for $\$ 2.25$.
3. A comittee of five was elected to get us together in two or three years. They will function without a budget via mail and phone to propose a plan and get us there. David Bone is to be the convenor. Mary Lea Bailey, Jack Worthington, Ruth Moe and Marianne DuBois are the others on the corrittee.

## National Rec. Lab. report, cont. 3

4. A quarterly newsletter to help the jabbers share and stay in touch over tho years in between meetings. Write to Jinn Mchesney, Lyndale at Groveland, Minneapolis, Minn 55403.

We all care home from this meeting with a feeling no wanting to return to another gathering like this.

Miry and Stew wised the airlines for travel plans.
Leila and Jean traveled together by car and would do it again For three nights on the road each way we paid a total of $\$ 34.00$ ( $\$ 20.00$ of it being a donation to Folklore Village.) We had an enjoyable evening zeal and overnight stay with Don and Dorothy Clayton, stayed one night with Jane Farwell and toured Foolklore Village, shopped in the Scandanavian and Swill stores in Mt. Horeb, New Glasur in wisconsin. One night we even slept in the car in a rest stop along the interstate, and the other nights with relatives. The other otravel expenses (gas and food) came to about $\$ 370$ for the two of us. and we even got a. $\$ 10.00$ discount on gas at a station around Chicago.

We did enjoy the trip and would possibly consider another jaunt to another"gathering of the clan."

Some of the activities presented at the lab this year were gleaned from the national lab, so we were able to put sous of these things to use.


## SCHEDULE OF EVENTS

WEDNESDAY, OCTOBER 19
4-6 p.m. Registration, move in, set up 7:00 a.m. Breakfast Lab displays--publicity, promo- 8:30 tion items, history
6:00 Supper and orientation, plan the program
8:00 Get acquainted party Ceremony

THURSDAY, OCTOBER 20
7:00 a.m. Breakfast
8:00 Discussions or swap shops
--resource ideas and people
--program ideas and trends
--fund raising projects and concepts
--lab publications
--promotion
--leadership
11:00 Dancing
12:00 Lunch
1:30 p.m. Craft ideas and demonstrations
5:00 Free time
6:00 Supper
8:00 Evening activity Ceremony

12:00
1:30 p.m.
Singing, music
Enviponmental act.
Therapeutics
5:00 p.m. Free time
6:00 Supper
8:00 Evening activity Assemble notebooks Ceremony

SUNDAY, OCTOBER 23
7:00 a.m. Breakfast

Clean up and pack up
Closing ceremony
Farewell \& safe
travels!
7:00 a.m. Breakfast
8:00 Discussions or swap shops
12:00 Lunch
l:30 p.m. Dancing, games, crafts, etc.
5:00 Free time
6:00 Supper
8:00 Evening activity Ceremony

DIRECTORY AND CONTACTS OF LEADERSHIP, RECREATION \& CREATIVE LIFE LABORATORIES, WORKSHOPS \& FOLK SCHOOLS

Baptist Sunclay School Board Rec Lab Wencall licmman
1:SI: 166
Nashville Ti: 37234
Florick, Kentucky, liev licwico \$180-280

Black Hills Recreation Leacer's Lab Ruth Hoc , Executive Director . Inc. Great Plains Recreation Leaders Lab 205 Corthell Rc.
Laranic, WY 82070
(307) 745-7227

Placerville Camp, SD
Sept. 23-29, 1984 $\$ 120$

Buckeyc Recreation Vorkshop, Inc. liary Brenner
16721 Hertfore Rd.
Sunbury, OH 43074
(614) 965-2042

Pilgrin liills, Brinkhaven, OHI
:arch 16-21, 84
\$110
Chaparral Rec Ec. \& Leacership Lab, lariannc Dubois
PO Bo: 703
Julian, CA 92036
(619) 765-2211

Camp Ceciar Glen, Julian, CA
liovember.7-11, 84
\$85
Chatcolab if Leacership Lab
Leilá, Steckélbere
2406 164th NE
Arlington, WA 98223
(206) 435-3075

Camp Lerson, Worlcy, ID
Junc 9-15, 85
\$110
Esstern Coop Rec School
E.C. Moyer

RR 趽 1
1:i11mont, PA 17845
Crystel Lake Camp, Hughesville, PA
Aug. 21-28,83
\$105

Great Lakes Rec, Lêrs Lab
Lauric Spczia
1102 Remsgate 4
Flint, III 48504
Twin Lakes Conf Center
Traverse, 1 II
April 27-1:ay 2,84
lirs. Henry Schncicer
Cociy, IB 69211
Nobraska
Hawkeyc Recreatory
Pat Tullis
2728 Sherican Ave
Des Noincs, IA 50316
Iova 4-1l Camping Center, Nadric, IA
1arch 11-17,84
\$115
Hoosicr Recreation Workshop
Eric Behrman, Ext. Agent, Youth, 4-H
205 N. College Ave
Graham Plaza
Eloomington, IN 47401
(812) 332-2360

Bradford Woocs, Martinsville, In:
April 6,7,8, 84
\$55
Kansas Recreation Workshop
largucrite Bishop
1601 E. Glenn Dr.
Lawrence, KS 66044
Rock Springs Ranch, Junction City, KS
liarch 25-29,82
\$90
Keystonc Recreation Lab
Janct Rice Flynn
434 Nontview P1
Pittsburg, PA 15221
Pennsylvania
Laurcl Highlanc Creative Lifc Lab Nancy Reed
3814 Blossom Terrace
Eric, PA 1650.6
(814) 838-9222

Jumonville Training Center, Hopwood, PA
April 29-May4,84 (10th yr.)
\$160

NRLL DIRECTORY CONT.

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Lcisurecraft/Counscling Camp
lirs. lmomi Deker,
R1 E BOX }4
West York, IL 62478
4-11 Camp, lonticc11o, IL
April 29-1Hy 4,04
$87.50
```

Longhorn Recreation Laboratory Jim Devis
400 Timber College Station, TX 77843
Texas 4-11 Center, Brownwooc., TX Harch 11-16, 1979 \$75
licthocist SE Jurisciction
Leisure Recreation Workshop
1259 Ralph I'cGill Blvc NE Atlanta, GA 30308
Camp Sumatanga, Gallant, AL April 23-28, 1984 \$150

Missouri Recreation Workshop Jack Kenvare?
PO Box 7305
Kensas City, 10064116
usually in June
family recration focus
Morthlanc. Recreation Lab
Jo Hecht
34:20 48th Place
Des ioines, IA 53010
Camp St. Croix, Hucison, WI
April 26-1:sy 3, 84
$\$ 150$
Ozarks Creative Life Lab
Jim Ecciy
Hound Rilige Camp
RR 2 Box 54
Cook Station, 11065449
Iounc. Ricige Camp, Cook Station, 110 October

Presbyterian Annual REc Morkshop
Evelyn Bannerman
1218 Palmyra
Richmonc., VA 23227
Assembly Inn, Hontreat, NC
ikay 2-7, 83
$\$ 66.75$
Rewwooc. Rec L'rship Lab
Jin Slakey
2718 Brentwoci Dr. Lacey, WA 98503
San Lois Obispo, C $\Lambda$
larch 26-April 3, 83
$\$ 22.50$
Showme Recreation Leacers Lab
RR 4 BOX 192
Oaklanc: Heights
Ro11a, 100 65401
Kivanis Camp Wyman, Eurcka, 10
1:arch 14-18, 84
$\$ 110$
Southeast Leisure/Recreation Workshop
(Methosist)
Ann Harton, Chairperson
616 Jackson Strect, SE
Decatur, NL 35601
Southwestern Recreation Leacers' Lab
lirs. Jackic licleroy
710 W. Halscll
Dimmitt, TX 79027
New licxico compus
Winter Creative Lifc Lab
Galen Cain
332 SE Eighth Ave
Forest Lake, IN 55025
Camp Onamic, Onamia, 12 :
February 5-10, 1984
\$115

The Interlab Quarterly WRLL Hevsletter
Jim licChesncy, ECitor 3025 \%. Fairview Ave. Roseville, 17! 55113
(612) 636-8881

In 1950 Mr . Bryan Hankins, Executive Director and Vera McCord of the Washington Society for Crippled Children and Adults, told Al Smick, Extension Specialist in Community Organization at the State College of Washington that the society was willing to provide funds for a camp or teacher's institute for the benefit of handicapped children in the summer of 1950 .

A sub-committee called the Working Committee was established. Members were Gordon McCloskey, Delmar Oviatt, Roger Larson, and Ruth Radir, all members of the State College of Vashington. Roger Larson was elected as the first Camp Director. His major responsibilities included finding a campsite, employing all personnel and making all other arrangements in the physical make-up of the camp. Ruth Radir of the Extension Service was program director.

Up to this time camps for the handicapped were limited to children with the same type of handicap. The committee decided that this camp would include both those who were handicapped and those who were not. Non-handicapped children were limited to one for every four who were handicapped. Handicapped children had to be orthopedic cases who were ambulatory and mentally acceptable in the public school. The handicapped came from all over the state of Vashington, the non-handicapped from Pullman, Washington. The camp became a reality on July 16, 1950 with 39 children and 12 counselors. It was called Camp Manitowish meaning "Wish of the Great Spirit," and it was located at Point McDonald on Coeur d' Alene Lake.

The owners of the campsite, The Episcopal Church, served notice that they would rent the camp to the Society for the last time in the summer of 1955. An advertisement appeared in the Sunday Spokesman Review for the sale of property along the lake. The property appeared to be a good site for a camp but if earnest money were not put down immediately, the chance of buying the site would be lost. Four men, Golden Romney, Reser Larson, Victor Dauer, and Glen Galligan, put down the earnest money and then had the task of persuading the Board of Regents of Mashington State Univerity that the school should purchase the site. Iven with a site, the Camp looked doubtful since there were no available facilities for campers or counselors. Within a year $\$ 29,000.00$ had been collected; a kitchen, an infirmary, and a cottage for boys donated; and various equipment acquired. In 1956 a total of 162 campers roughed it with the help of 22 counselors. Tents were used to house, feed and provide recreation.

That first year would always be called the "Miracle of Cottonwood Bay" but the new camp was given the name of Camp Easter Eal by the camp committee.

A cabin expecially designed for the wheelchair camper was completed in 1961. Known as the Kiwanis Hall, it was the first winterdzed sleeping cabin at the camp. In October of 1969, a caretaker was hired by the College.

Always popular with the camper were the waterfront activities swimming, boating, and fishing. Canoes, rowboats, and floatboats of a variety of boating possibilities. In the early years campers would. hike to nearby areas. With the extensive developement of the area, places to hike became harder to find. The floatboats provided the answer. It allowed an overnight camp out with lessons on tent pitching, wood gathering, and cooking on an open fire.

Games at the camp included archery, riflery, volleyball, softball, tetherball, ping-pon, checkers, chess, cards or reading.

In 1968 a day camp for adult handicapped persons was held. This reaulted in 1969 of a regular camping session for adults only. In 1970 a special session for mentally retarded children was started. The facility was worth over $\$ 200,000.00$ in 1970. Around 360 campers with 60 counselors use the camp in the summer. In addition the camp site is rented to outside groups, mainly churr

In June of 1980, the name was changed to Camp Larson in honor of Roger Larson, the First Camp Director.





Pastry for 2 crust $8^{\prime \prime}$ pie
20 single soda crackers 1 cup water

1 $\frac{1}{2}$ teaspoons cream of tarter
1 Tablespoon butter
3/4 teaspoon cinnamon
${ }^{1}$ teaspoon nutmeg.


To dress up your pie, sprinkle top crust with a couple of
Tablespoons of sugar mixed with a generous dash of cinnamon and nutmeg just before baling.

This makes a good April Fool dish for family or friends.
There are no apples in Alaska or in this pie. (Tastes exactly like
"Apple" Pie though)

## delivered with Love From

--Joan Smith


TABLE FUN

## Thursday Breakfast Grace

Neath these tall green trees we stand Asking blessings from thy Hand

Thanks we give to thee above
For thy health and Strength and love

> A-men

Someday they'll
realize how wonderful we are.

(Sung to the tune of "Edelweiss")
Bless our friends, bless our food,
Come 0 Lord and be with us.
May our days, glow with grace,
May your love surround us.
Friendship and love may it bloom
Bloom and grow forever.
Bless our friends, Bless our food
Come $O$ Lord and be with us.

> We're great, but
> no one knows it, no one knows it so far.

We're great, but
no one knows it,
but they will
someday!


This is a bear
An American Black Bear
He is not always black.
He comes in different shades of yellow. Pretend that he is your pet.
He has thick, shaggy fur.
Big, sharp teeth.
Bigger, sharper claws.
And almost no tail at all.


CARE AND FEEDING OF YOUR PET
Bears eat everything.
Fruits, vegetables, bugs, leaves, grass and mice.
Even pinecones and clam shells if they're really hungry.


For a treat, have mom fix squirrel stuffed 6 with carrots and covered with honey gravy But don't let him eat too much. Squirrel is very fattening.

Once every year or so youll want to groom your pet.
This is very simple
Cover him with mud. Let it dry.


Then let him scratch it off.
This gets rid of old fur.
And new fleas.
It also helps take some of the stink off.

Your bear will need a quiet place to sleep.

A cave is best. Or a basement.

Or perhaps you have a hollow tree?


He could sleep with you, but he's a very messy roommate.

Besides, it might make your teddy jealous.

If your bear is young, he's smaller than you are.
.. fall as your dad.
Think about where you will put your bear.


Your bear can't see or hear very well.

So don't bother taking him to movies.

And say "no" when he asks to drive (your (bike)
Two things really scare your bear.
Porcupines ~ and quick sand.
So before he moves in, hide your mother's pincushion. And ask dad to drain the swamp.

Play with your bear. He likes tag. And tumbling. Bot his favorite game, is "Hide N'seek" (because he finds you every time)

He dearly loves to swim.
No one's better at catching fishand he doesn't even need a pole.


Yellowstone Park. So if you 90 , take him along for a visit.

With a little training, your bear can be very useful. He can dig a dandy hole...g give your friends some wild "bear-back" rides.... sniff out Mom's hiding places for candy and gum . . .
hug Aunt Gertrude for you.


Hell eat all the foods you hate.. scratch itchy places on your back... and make the scariest monster on Halloween.

# Best of all, your bear can make your brother do W-H-A-T-E-V-E-R you want him to! 



Your bear is a pretty good limber. So he can put baby birds back up in trees.


If you get lost in the forest, your bear will find food. Nuts. Berries. And other wild things. He may even share with you. These are only a few of $x$ If you take good care of him, your bear will live maybe 25 years.

And he'll be the best pet you ever had.


Geography may not be your strong suit, but if you have an ear for music, you may know more about the world's cities, states, countries - and even some streets - than you imagine. Match each sentence with the appropriate location in the adjoining box.

## American States

1. Where the cotton and the corn and taters grow.
2. There's a waltz named after this state (not Missouri)
3. And a polka named after this one.
4. It's best to be here in the morning.
5. Where bowers of flowers bloom in the sun.
6. Rogers and Hammerstein collaborated on this musical.
7. In "Oh, Susanna," the singer with the banjo on his knee hails from here.
8. Home of the Yellow Rose.
9. A very popular girl knocked 'em dead in the 1920s; this state names and calimed her.

American Cities
10. There's a pawnshop on the corner here.
11. Referred to as the land of dreamy scenes, it has Creole babies with flashing eyes.
12. Tony Bennett left his heart here.
13. Where Mamie $0^{\prime}$ Rome tripped the light fantastic.
14. A famous shoeshine boy worked here.
15. Referred to as Big D.
16. A woman promised to dance the hootchee-koochee with her husband at a fair in this town.
17. To Oklahoman, this place had all the features of the "modern" world; gas buggies, skyscrapers, and inside privies.
18. In this town you might see a man dancing with his wife Foreign Affairs
19. Where to go by slow boat.
20. They're askin' how 'tis back in the old hometown.
21. Precipitation here usually occurs in the flatlands.
22. Where the walls came tumbling down.
23. Mozart's Symphone No. 38 in D is popularly called by the name of this European capital.
24. In summer, this place sizzles. In winter it drizzles.
25. The high road and the low raod lead to this country.
26. French children sing of this town's famous bridge.
27. The everlasting light shines in the dark streets of this town. Here and There
28. After you give my regards to Old Broadway, remember me to $\qquad$ .
29. A singer lost a lover here by courting to slow.
30. This place should be remembered along with the girl that has loved you
31. Old times here are not forgotten. so true.
32. An old ballad calls this a rolling wiper.
33. This San Francisco street looks down from Chinatown.
34. In the movie GO INTO YOUR DANCE, Al Jolson is introduced to a Spanish-style dancer, She's not from Madrid or Hanava, She's from $\qquad$ .
35. Ruby Keeler did a tap dance on the top of a taxicab here.
36. Where the grain is amber, and the mountains are purple.

$$
\text { See purge } 226
$$



Table Fun
This test does not measure your intelligence, your fluency with words and certainly not your mathematical ability. It will however, give you some gage of your mental flexibility and creativity. In the three years since we developed the test, we've found few people who could solve more than half the 24 questions on the first try. Many, however, reported getting answers long after the test had been set aside--particularly at unexpected moments when their minds were relaced and some reported solving all the questions over a period of several days. Take this as your personal challenge.
INSTRUCTIONS: Each equation below contains the initials of words that will make it correct. Find the missing words. For example: ( $9=\mathrm{L}$ of a C) $9=$ Lives of a Cat.


Answers elsewhere!
Shared by Terry Carson

## INTELLIGENCE TEST

shared by Jean Baringer
Table Fun

1. If you went to bed at $8: 000^{\prime} c l o c k$ at night and set the alarm to get you up at 9:00 $0^{\prime} c l o c k$ in the morning, how many hours of sleep would you get
2. Do they have a 4 th of July in England? $\qquad$
3. How many birthdays does the average man have? $\qquad$
4. If you had only one match and entered a room in which there was a kerosene lamp, an oil heater and a wood-burning stove, which would you light first?
5. Why can't a man living in Winston-Salem, N.C. be buried west of the Mississippi River?
6. Some months have 30 days, some have 31 , how many months have 28 days?
7. If a doctor gave you three pills and told you to take one every half hour, how long would they last you? $\qquad$
8. A man builds a house with 4 sides to it and it is a rectangular shape: each side has a south exposure. A big bear wanders by-what color is the bear? $\qquad$
9. How far can a dog run into the woods? $\qquad$
10. What four words appear on every denomination of U.S. coins?
11. What is a minimum number of active baseball players "on the field" during any part of an inning? How many outs in an inning?
12. I have in my hand only 2 U.S. coins which total 55 cents in value. One is not a nickle. Please bear this in mind. What are the two coins? $\qquad$
13. A farmer had 17 sheep. All but 9 died. How many did he have left? $\qquad$
14. Divide 30 by $\frac{1}{2}$ and add ten. What is the answer? $\qquad$
15. Two men were playing checkers. Each played five games and each one won the same number of games. No draws. How can you figure this? $\qquad$
16. Take two apples from three apples and what do you have? $\qquad$
17. An archaeologist claimed he found some coins of gold dated 46 B.C. Do you think he really did? $\qquad$
18. A woman gives a beggar 50 cents. The woman is the beggar's sister, but the beggar is not the woman's brother, How come?

## PAPER CLIP AND STRIP TRICK <br> (and Tongue Twister)

Before you even try this trick, say the name three times-fast. Paper Clip and Strip Trick, Paper Clip and Strip Trick, Paper Clip and Strip Trick. Say it without reading the words. If you can do that, the rest of the trick is simple.

As with so many tricks, knowing a good magic word can help. You might try the standard "Abracadabra" or "Hocus Pocus" or maybe say "Paper Clip and Strip Trick" three times. Your own made-up magic word will sound more convincing.

## CONSTRUCTION AND WORKING

Cut or tear a strip of paper a few inches wide and a foot or so long. The exact size isn't important. (Paper for an adding machine works well.) Curve one end of the paper strip around until it touches the strip just past the middle. Fasten it in place with a paper clip. Now curve the other end around the back side of the strip and fasten it in place with a second paper clip as shown in the illustration. Using both hands hold the two ends of the paper strip firmly. (You might have a subject from the audience hold one of the strip ends for you.) Say the magic words and briskly pull the two strip ends in opposite directions. If the magic works, the paper strip will pull flat and the two paper clips will shoot in the air and hitch themselves together. Let your audience inspect the connected clips and try to figure out how it was done. If you want to figure it out, repeat the trick for yourself but pull the strip ends slowly

and watch how the clips attach. Of course, tell your audience that the magic words made the trick work.

The only practice you may need is knowing how hard or fast to pull the paper strip ends: not too fast, not too slow. Practice a few times until you get the "feel." Then you are ready to perform. Should the trick fail-and sometimes even the best magic words don't help-just set it up and try again.

these are as old as the hills,
BUT CAN YOU ANSWER THEM?


-A. Flashlight

- B. Umbrella
-C. Radio
-D. Shoes
-E. Watch
-F. Motor
-G. Lumber
-H. Baby clothes
-I. Auto tire
- J. Gold
- K. Drinking glass
- L. Rake
- M. Women's hose
- N. Hat
-0. Rifle
-P. Typing paper
-Q. Screen
-R. Fuse plug
-S. Trousers
-T. Light bulb
-U. Movie film
-V. Thread
-W. Dress
-X. Shirt
-Y. Nails

Once upon a time
in the land of Hush-a-bye
around about the wondrous days of yore they came across a sort of bos bound up with chains and locked with locks and labeled "Kindly do not touch, it's war." A decree was issued aroundabout all with a flourish and a shout and gaily colored mascot tripping lightly on before.

Don't fiddle with this deadly box or break the chains or pick the locks and please, don't ever play about with war. Well, the children understood children happen to be good and they were just as good around the time of yore.

They didn't try to pick the lock or break into that deadly box. they never tried to "play about with war. Mommies didn't either sisters, aunts, or grannies neither they were quiet, sweet, and prety in those wondrous days of yore.

> Well very much the same as now not the ones to blame, somehow, for opening up that deadly box of war. But some one did. Some one battered in the lid and spilled the insides out across the floor.

## A sort of bouncy, bumpy ball

made up of guns and flags and all
the tears and horrors and the death that goes with war.
It bounced right out and went bashing all about
and bumping into everything in store.
And what was sad and most unfair is that it didn't really seem to care much 'who it bumped or why or what or for. It bumped the children, mainly, and I'11 tell you this, quite plainly。 It bumps them every day and more and more.
It leaves them dead and burned and dying. Thousands of them sick and crying 'cause when it bumps it's really very sore.

Now, there's a way to stop the ball. It isn't difficult at all.
All it takes is wisdom and I'm absolutely sure that we can get it back into the box and bind the chains and lock the locks
But no one seems to want to save the children anymore.
Well, that's the way it all appears
'cause it's been bouncing round for years and years in spite of all the wisdom wizzed since those wondrous days of and the time they came across that box yore. bound up with chains and locked with locks and labeled "Kindly do not touch, it's war".

LEADERSHIP and PHILOSOPHY



## THE ALLIGATOR RIVER STORY

## PURPOSE: To demonstrate the evaluative process in compromising values.

## PROCEDURE: 1. Read the following story.

2. Rank the five characters from one to five, one being the person you feel is the best person, and five being the person you feel is the worst.
3. Get into small groups and discuss your ranking.

There once was a woman named Abigail who was in love with a man named Gregory. Gregory lived on the shore of a river. Abigail lived on the opposite shore of the river. The river which separated the two lovers was teeming with man-eating alligators. Abigail wanted to cross the river to be with Gregory. Unfortunately, the bridge had been washed out. So she went to ask Sinbad, the river boat captain, to take her across. He said he would be glad to if she would go to bed with him. She promptly refused and went to a friend named Ivan to explain her plight. Ivan said he did not want to be involved at all in the situation. Abigail felt her only alternative was to accept Sinbad's terms. She went to bed with him and he then fulfilled his promise and took her across the river to Gregory.

When she told Gregory about her agreement with Sinbad, Gregory cast her aside. Heartsick and dejected, Abigail turned to Slug with her tale of woe. Slug, feeling compassion for Abigail, sought out Gregory and beat him brutally. Abigail was pleased to see Gregory getting beaten up, and as the sun sets on the horizon, we hear Abigail laughing at Gregory.

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Lateral Specialization of the
Cerebral Cortex Hemispheres


Dave Sharp June 13

## DISCUSSIONS

Outdoor Barbecue/Games
Square Dance
Teddy Bear Picnic
Whole Pig Barbecue
Wine Tasting
Ice Cream Social
Surprise
Dinner
Family
Jigsaw Puzzle
Table Games
Fold Dance Festival
Zoo w/ Cotton Candy + Monkeys
Beach
Boating + Swimming
Birthday Celebration
Bon Voyage
Pot Luck
Outdoor
Homemade Music
Luau
Candlelight, Koses, Music - Dance
Cozy
Hiking - Nature Study
Christmas
Seasonal
Block or Neighborhood
Task OrientedOutdoor Music Festival
Sit-on-the-porch Watch Sunset
Luncheon
Rainbows + Flowers
Poker
Fishing
Orgy (see Roy)
Wake (also see Roy)
That have a purpose to understand eachother or situation
Small groups of friends
Picnics
Dancing $\overline{\mathrm{e}}$ all comers
Supper
Native Culture-Nat'l. or Internat'l
Background Music Only
Family
Birthdays
Card
Theatre
Swimming
Tupperware - Commercial
Costume
Skating - Ice or Roller

```
Ship Cruise
Good in-depth Discussion
Rallies
Farewell
Barbecue - Campfire
Teas
Pre-parties for Events
Golf Tourneys
Holidey (4th July)
Showers
Weddings - Anniversaries - Baptisms
Western
Graduation
Coctail
```

Visit w/friends
Variety Parties
Seashore Cook Out
Fomily Parties
"Ain't It a Nice Evening" Party
U.N.O. Baby Shower

Reunion Party
Dinner Party
Magic Party
Barn Raising
Surprise Dinner
Potluck
Tour "Last Nite" Party

Theme or special event party
Dance
Small Parties
Progressive (more than one place)
Dock Party
Choir Christmas Party
Food Party (Pizza, Ice Cream)
Talent Shows
Theatre/Dinner Parties (candle light/wine
Active Parties Activities
Costume Parties
Canoe Party
Wine Tasting Party
Rock Hunting
Luaau
Outdoor Barbecue
Participation Parties
Overnight, Campout, Ricakfast Party
Bicrling Party
Fireman's Muster
County Fair Party
Christmas Party
A Close Knit Party (no clicks)
International Dinners
Lights Out Party
Western Dance Party
Birthday Party
Children's Party
Swimming Party
All Night Party
Card Party
Street Dance
Beach Party
Candle Light Dinner
Boating \& Water Skiing Party

## ACTIVE LISTENING DISCUSSION TOPICS

1. WOMEN SHOULD PAY MORE INTO SOCIAL SECURITY BECAUSE THEY'LL PROBABLY LIVE LONGER AND DRAW MORE OUT.
2. The death penalty should be abolished,
3. There should be a freeze on nuclear weapons.
4. SMOKING SHOULD BE PROHIBITED IN PUBLIC PLACES,
5. WOMEN SHOULD BE REQUIRED TO REGISTER FOR THE DRAFT,
6. ABORTIONS SHOULD BE OUTLAWED.
7. SUB-DIVISION OF PRIME AGRICULTURAL LAND SHOULD BE PROHIBITED,
8. VETERANS SHOULD HAVE PREFERENCE OVER ALL OTHER APPLICANTS FOR PUBLIC JOBS.
9. GRIZZLY BEARS SHOULD HAVE PREFERENCE OVER LOGGING, GRAZING and recreation on Forest Service Lands.
10. The Coal severance tax should be reduced.

Relate items to an "on the job" situation.
Instructions: In items 1 through 30 choose either A or B, (in 6ther words the statement that best describes your behavior). Go as quickly as you can. Don't spend too much time contemplating on one answer.

1. A. There are times when I let others take responsibility for solving the problem.

- Rather than negotiate the things on which we disagree, I try to stress those things upon which we both agree.

2. A. I try to find a compromise solution.
B. I attempt to deal with all of his and my concerns.
3. A. I am usually firm in pursuing my goals.
B. I might try to soothe the other's feelings and preserve our relationship.
4. A. I try to find a compromise solution.
B. I sometimes sacrifice my own wishes for the wishes of the other person.
5. A. I consistently seek the other's help in working out a solution.
B. I try to do what is nece'ssary to avoid useIess tensions.
6. A. I try to avoid creating unpleasantness for myself.
B. I try to win my position.
7. A. I try to postpone the issue until I have had some time to think it over.
B. I give up some points in exchange for others.
8. A. I am usually firm in pursuing my geals.
B. I attempt to get all concerns and issues immediately out in the open.
Q. A. I feel that differences are not always worth worrying about.
B. I make some effort to get my way.
9. A. I am firm in pursuing my goals.
B. I try to find a compromise solution.
10. A. I attempt to get all concerns and issues immediately out in the open.
B. I might try to soothe the other's feelings and preserve our relationship.
11. A. I sometimes avoid taking positions which would create controversy.
B. I will let him have some of his positions if he lets me have some of mine.
12. A. I propese a middle ground.
B. I press to get my points made.
13. A. I tell him my ideas and ask him for his.
B. I try to show him the logic and benefits of my position.
14. A. I might try to soothe the other's feelings and preserve our relationship.
B. I try to do what is necessary to avoid tensions.
15. A. I try not to hurt the other's feelings.
B. I try to convince the other person of the merits of my position.
16. A. I am usually firm in pursuing my goals.
B. I try to do what is necessary to avoid useless tensions.
17. A. If it makes the other person happy, I might let him maintain his views.
B. I will let him have some of his positions if he lets me have some of mine.
18. A. I attempt to get all concerns and issues immediately out in the open.
B. I try to postpone the issue until I have had some time to think it over.
19. A. I attempt to immediately work through our differences.
B. I try to find a fair combination of gains and losses for both of us.
20. A. In approaching negotiations, I try to be considerate of the other person's wishes.
B. I always lean toward a direct discussion of the problem.
21. A. I try to find a position that is intermediate between his and mine.
B. I assert my wishes.
22. A. I am very of ten concerned with satisfying all our wishes.
B. There are times when I let others take responsibility for solving the problem.
23. A. If the other's position seems very important to him, I would try to meet his wishes.
B. I try to get him to settle for a compramise.
24. A. I try to show him the logic and bonefits of my position.
$\sqrt{\text { B. In approaching negotiations. I try to be considerate of the other person's }}$ wishes.
25. A. I propose a middle ground.
B. I am nearly always concerned with satisfying all our wishes.
26. A. I sometimes avoid taking positions that would create controversy.
B. If it makes the other person happy, I might let him maintain his views.
27. A. I am usually firm in pursuing my goals.
B. I usually seek the other's help in working out a solution.
28. A. I propose a middle ground.
B. I feel that differences are not always worth worrying about.
29. A. I try not to hurt the other's feelings.
B. I always share the problem with the other person so that we c-in work it out.

Circle the letters below which you circled on each item of the questionnaire.

| Competing <br> (forcing) | Collaborating, <br> (problem solving) | Compromising <br> (sharing) | Avoiding <br> (withdrawal) |
| :---: | :---: | :---: | :---: | | Accomodating |
| :---: |
| (smoothing) |



Total number of items circled in each column:
$\frac{0}{\text { Competing }} \frac{8}{\text { Collaborating }} \frac{6}{\text { Compromising }} \quad \frac{7}{\text { Avoiding }} \quad \frac{7}{\text { Accommodating }}$

Your profile of scores indicates the repertoire of conflict-handing skills which you, as an individual, use in the kinds of conflict situations you face. Your score profile can be graphed on the next page entitled, "Your Scores on the Themas-Kilmann Conflict Mode Instrument."

The five modes are represented by the five columns labeled "competing," "cellaborating," and so on. In the column under each model label is the range of possible scores on that mode -- from 0 (for very low use) to 12 (for very high use). Circle your own scores on each of the five modes.

Each possible score is graphed in relation to the scores of managers who have already taken the Thomas-Kilmann Conflict Mode Instrument. The horizontal lines represent percentiles -- the percentage of people who have scored at or below a given number. If you had scored some number above the " $30 \%$ " line on competing, for example, that would mean that you had scored higher than $80 \%$ of the people who have taken the Thomas-Kilmann Conflict Mode Instrument -- that you were in the top $20 \%$ on competition.

The double lines (at the 25 th and 75 th percentiles) separate the middle $50 \%$ of the scores on each mode from the top $25 \%$ and the bottom $25 \%$. In general, if your score falls somewhere within the middle $50 \%$ on a given mode, you are close to the average in your use of that mode. If your score falls outside that range, then your use of that mode is somewhat higher or lower than most of the people who have taken the Instrument. Remember that extreme scores are not necessarily bad, however, since your situation may require high or low use of a given conflict-handling mode.

YOUR SCORES ON THE THOMAS-KILMANN CONFLICT MÓDE INSTRUIENT

*Scores are graphed in relation to the scores of 339 practicing managers at middle and upper levels in business and governemt organizations.

## WORD MATRIX

b.



After ranking all ten sets, read how to determine your score on the next page.
Total of
above
20
272
CS AS AR CR 100

## Scoring

1. Add Across. Add across the "a." row of words in the first five sets. Put that total in the top " $a$ " column box. Do the same for the " $b$ ", " $c$ " and " $d$ " rows of the first set. Next, do the last group of five sets, putting the row totals in the bottom group of boxes.

## Example


2. Add Down. Add the top and bottom box in each scoring column to get the total for that column. 3. Check. If your combined total scores of CS (a), AS (b), AR (c) and CR (d) is greater or less than 100, please recheck your addition. All four columns should total exactly 100.

## Graphing

Use the Style Profile below to graph your scores.

1. On the verticle axis leading toward 12 o'clock (Concrete Sequential) place a large dot by the number which corresponds to your total CS (col.a) score.
Example:

2. On the horizontal axis leading toward 3 o'clock (Abstract Sequential), place a large dot by the number which corresponds to your total AS (col.b) score.

## Example:


3. On the vertical axis leading toward 6 o'clock (Abstract Random) place a large dot by the number which corresponds to your total AR (col.c) score.
Example:

4. On the horizontal axis leading toward 9 o'clock (Concrete Random) place a large dot by the number which corresponds to our total CR (col.d) score.
Example:

5. Now join the dots with straight lines to form a foursided figure.
Example:


AR
STYLE PROFILE

You now have a graphic representation of your dominate (27-40 points), intermediate (16-26 points) and low (10-15 points) style, or "mediation," channels.


## STYLE COMPARISON

Following are brief synopses of the style characteristics of the four dominant channels.


## COOPERATIVE EXTENSION SERVICE MONTGUIDE

# SETTING GROUP GOALS 

by
Dave Sharpe, Community Development Specialist

## Why Set Group Goals?

One measure of group effectiveness is how well a group accomplishes its goals. Initially, all groups were established to satisfy some common need of the members or to pursue a common cause. But, as time passes, group members frequently lose sight of their goals.

Russell Robinson contends that groups start by increasing in effectiveness until their first goals are accomplished and then decline in effectiveness unless new goals are set. Failure to periodically set new goals leads to stagnation or termination.


Typical response when effectiveness declines is to turn inward and devote energies to clinging to what is still left, often continuing in a state of stagnation.

Setting group goals also helps a group determine which activities to conduct. Goals are the ends group members hope to accomplish, and activities are the means to those ends. Thus a good measure of the worth of any activity is the extent to which it helps a group reach its goals. If a group
is not sure of its goals, it will have difficulty deciding which activities do the group the most good.

## Procedures

Setting group goals is basically a process of generating a number of alternative concerns the group might pursue and then selecting a few top priority concerns the group feels it can address. The brainstorming, nominal group and force field analysis techniques presented here have proven successful in helping groups generate alternatives and select a few as priority goals.

## Brainstorming

One of the best known techniques for produceing new ideas, insights and potential group goals is the brainstorming method developed by Osborn back in the 1930s. It has the advantages of stimulating a large number of alternatives in a brief amount of time. Further, participants are encourage to come up with far-out ideas so creative new approaches may be suggested.
The technique has several major drawbacks. It is difficult to involve more than 10 participants. Ideas are not tested against reality. Skillful leadership is required to create an atmosphere in which the quality of opinions is not judged and in which all members feel free to participate. Group discussion is more likely to get off on a tangent than with the nominal group technique.

## Steps:

1. A specific task is given to the group, i.e. "think of all possible goals for our group."
2. The facilitator helps warm the group up with a nonsense task, i.e., "Let's list all the ways we could improve on the design of an armadillo."

# CHOOSING LEADERSHIP STYLES 

by
Dave Sharpe, Community Development Specialist

The leadership style you adopt in different situations can influence both how well your group accomplishes its goals and how well it maintains itself.

Your leadership style in a given situation consists of your behavior patterns as you deal with the group. These patterns emerge as you succeed or fail in confronting group events. Eventually, most of us develop a dominant style for all group situations. Through experience, group members expect-even predict-certain behavior patterns from us. Our style is the one that they perceive us to display when we lead. It is not what we believe our style to be that is important, but what our followers believe it to be. They react according to their concept of our style.

## Leadership Studies

The focus of leadership studies has shifted considerably over the last century. Early studies attempted to determine inherent traits of leaders that set them apart from the general public. These attempts resulted in lists of "essential" leadership traits. However, the "essential" traits varied considerably from list to list and there were exceptions to all the essential traits.

By the 1940s general dissatisfaction with the failure to isolate essential leadership traits led researchers to change their focus from the leader to the situation in which leadership occurred. They realized that different people might emerge as leaders in different situations and that a person who was successful in one leadership situation might not be in another. A successful business leader might not be as successful serving as a P.T.A. president or as commander of a combat unit. A person might be a leader at work and a follower at home. Researchers saw that different situations called for different leadership styles.
The concept of shared leadership was born. Leadership came to be seen as the property of the group
rather than of a designated leader As group conditions changed, various group members assumed positions of leadership. The success of the group in accomplishing its goals and maintaining itself became the responsibility of the group instead of a single leader. Groups became teams in which the contributions of each member affected the success of the whole. During the late 1960s and early 1970s, business and military groups were reorganized into teams whose members played assigned roles. (For discussion of group member roles, see MontGuide 8402.

Still, in many groups a designated leader is expected to lead under a variety of situations. For these leaders to be most effective, they must switch leadership styles as the situation demands. Several theories of leadership style were proposed during the 1970s to help leaders match style to situation. The theories can be roughly grouped into three categories: autocratic vs. democratic leadership, task vs. maintenance leadership, and leadership role typologies.

## Autocratic vs. Democratic Leadership

One way of differentiating among leadership styles is to put them on a continuum ranging from autocratic to laissez-faire.
autocratic
democratic laissez-faire


At one extreme is the autocrat who makes all decisions, then tells sub ordinates how to implement them.


# TALK ABOUT LISTENING 

by<br>Dr. Robert W. Lind and Dr. Jeffry H. Larson*

"There is one sure way to convince the other fellow that you are one of the wisest, most intelligent persons he has ever met. Listen, and pay attention to what he has to say" (Les Giblin).

> "The biggest block to personal communication is man's inability to listen intelligently, understandingly and skillfully to another person. This deficiency in the modern world is widespread and appalling. In our universities, as well as elsewhere, too little is being done about it." (F.J. Roethlisberger)

It has been said, "You aren't learning anything when you're talking." To learn, you have to read or hear someone else's words and thoughts, someone whose knowledge and experience differs from yours. At school, the teacher was getting after little Melvin because he so rarely took part in any of the class discussions. Melvin explained his reticence by saying, "I think Ill learn more if I just listen. Anything I would say, I already know!'"

## The Tip of the Iceberg

Most of us, when the subject of communication comes up, make the automatic assumption that the spoken word is in fact the subject at hand. But talking, speaking, oral communication-whatever we choose to call it-is just one form of communication. The spoken word is "the tip of the iceberg" of interpersonal communication.

The part of an iceberg which projects above the water represents about one-ninth of the iceberg's total mass; the rest lies out of sight below the surface of the water. The Titanic was not sunk by the tip of the iceberg with which she collided, but by that greater mass below the water line. We, too, are frequently "sunk" by an important but often
unseen aspect of communication-listening.
We spend much more time listening than speaking. Of course, speaking is important. It is one of the critical skills of life, well worthy of serious study and practice. But there is a world of truth in the humorous old saying, "God gave us just one mouth, but two ears, as a sign that we ought to listen twice as much as we talk."


There are moments in our lives when we are not involved in any sort of communication with others. Therefore, the various skills of communication do not constantly play an active role in our life. Yet, in another sense, communication is so vital an aspect of our humanity that if we lack the ability to communicate with others, it will affect our personality and our attitudes. Scholars have found that for those times when we are in-

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## ENVIRONMENTAL AWARENESS WORKSHOP

A Brief Summary of Content
Introduction focused chiefly upon a common understanding of environment, and upon the scope of the workshop as being the natural forest environment of Camp Larson.

Plant identification was concerned only with the trees and a few common shrubs of the area:
ponderosa pine -- 3 needles in a bundle; spines on the cone scales; inhabitant of the drier areas.
western white pinc - 5 needles; long, curved cones; requires more moisture than ponderosa.

Douglas-fir - needles about 1 l/8 inch long, borne singly, stand out all around the twigs; cones about $21 / 2$ inches long, with exerted 3 -pronged bracts; needs more moisture than ponderosa pine but not as much as western white pine.
frand fir - leaves (or needles) linch or more, borne singly, arranged in two ranks, one on either side of twig, shiny green on upper surface, whitish on under surface; cones fall apart at maturity; moisture requirement about as high as western white pine.
western hemlock - leaves short $1 / 2$ inch and under of uneven lengths, borne singly; cones small $3 / 4$ inch length; moisture requirement generally greater then white pine.
western larch - leaves deciduous, 1 I/4 inches length, borne singly in close arrangement on short spur twigs so have the appearance of being in bundles; cones 1 1/4 inches long; moisture requirement about the same as Douglas fir.
western red cedar - leaves scale-like, brachlets with frond-like appearance; very small cones, $1 / 2$ inch length; moisture requirement high, similar to western white pine.

Deciduous trees mentioned were northern black cottonwood and birch. Shrubs included were ninebark, syringa, serviceberry, thimbleberry, cascara, snowberry and the vine honeysuckle.

On a short forest walk, some brief demonstrations were tried on how we perceive:
(1) Everyone closed eyes for one minute while standing in a forest setting. Through sharing afterwards, it became evident that our hearing is sharpened when we cannot use our sight.

Environmental Environment Workshop contd.
(2) Group divided into subgroups of five. In each subgroup one person closed his/her eyes and others brought items that could be felt or smelled. Discussion brought out that we can broaden our perception of the nature of things within the forest through feel (or touch) and smell.
(3) Each member in the group chose one object and concentrated solely upon it for one minute. Subsequent discussion revealed that concentrated observation on one item in nature makes characteristics become evident that had heretofore been overlooked, and it also stimulated thoughts of creative nature.
(4) An exposed soil profile was used as focal point to stimulate questions and comment.
(5) f log in an advanced stage of decay was the focus for discussion of Nature's recycling system.
(6) Each group member named a food and these food names were listed on a large sheet of paper. Then guided discussion brought out that soil is a source of all foods. Other basic sources; water, air and sunlight.

In the second session, the behavior of water poured on a small bared plot of forest land was compared to that of water poured on a plot with undisturbed litter. Discussion on the importance of protection of topsoil against erosion.
(1) All group members were asked to get in a close circle, each person with his/her hands on the shoulders of the one in front. Then all assumed a sitting position, each sitting on the knees of the person behind. Every person represented one of the essential eomponents of habitat for any wildlife species: food, cover, water and space. As a matter of demonstration, it became very plain that it would be impossible to extricate any members representing any one component of habitat without wrecking the shole system.
(2) An exercise in becoming familiar with environment nomenclature or vocabulary was carried out by handing each member a $3^{\prime \prime} \times 5^{\prime \prime}$ card with an environmental term on it. Then on call each person (insofar as time permitted) defined or commented on the term he/she had.
(3) All members of the group were asked to stand in a circle. Each was given a name of some species (such as snowberry, coyote and blueback) living in the general vicinity of Camp Larson. Then one member was asked to name another in the circle with whom there was a fairly important relationship. The first was given the end of a ball of twine and the ball was then passed to the second who names a third, and the ball was passed on to that person. This was continued until every person (species) had a relationship with another indicated by a connecting string between. Then the term web of life was discussed, with the conclusion that all living things in a forested area have relationships with one another, and nothing can happen that seriously affects one species without there being some effect on every species.

Environmental Awareness Workshop cont'd.
(4). Every member of the group was given a question sealed in and envelope. To the extent that time permitted, the questions were answered and comments made regarding the importance and application of their answers. The questions all dealt with some aspect of forest environment.


## OJBECTIVES:

1. To demonstrate techniques for teaching and leaving songs so that workshop participants develop skills in song leading.
2. To provide opportunities for workshoppers to practice those skills in the session, and later with the entire lab.
3. To teach and encourage the use of songs that are easy to learn and easy to teach.
4. To encourage labbers to be excited enough about music to include it in various ways to their programs back home.
5. To affirm (or reaffirm the beauty and joy of a capella singing with groups of people - anywhere, anytime.
6. To encourage sharing of songs among the participants in the sessions.
7. To introduce the labbers to a variety of songs, recalling the old, learning some new, that lend themselves to group teaching and singing.
8. To have a good time. It is important to feel relaxed and confident in your ability to teach and lead songs for your audience to enjoy what you are doing. When you enjoy what you are doing - the rest comes easy!



MUSIC SHALL LIVE (Song Leading)
"One song leads to another, on friend to another friend, so I'll travel along with a friend and a song . . . I'll travel along." Gibson

Long before one understands the actual meaning of the words, one grasps the spirit and mood of the music - of lullabies, play songs and folk music. Children and adults respond to music spontaneously and naturally. Music is meaningful when it is first caught, not taught.

The average person enjoys good music. Ones task can be made lighter or a day made happier with a bit on song ("whistle while you work", "I whistle a happy tune.... and no one knows that I'm not afraid.") Witness the boy whilsling as he spades the garden, or the firl humming as she does the dishes, or someone singing in the shower. Music is an effective was of communicating ideas and feelings. It adds to the poetry of words the same was color adds to a black and white painting.

Like smiles and children, music is international. It is the universal language of all people.

In times of peace, in hours of stress, at play, work and worship, east, west, north, south, everywhere sometime the world sings. Wherever life is, music is also. Music has been used to entertain, tell stories, record history, and as part of religious celebrations. Today music may not be so important in recording historic events but millions of us are addicted to "music in the "background" and have withdrawal symptoms when we have to do without it.

What can group singing do for your group???

1. a means for drawing people together - fellowship
2. its fun!
3. help relieve tensions and to free inhibitions
4. help bring about a feeling of participation
5. can catch the group's attention - to start a program help create a mood
can be a source of inspiration

can help us know and appreciate the fine music of our own and other countries
6. fan enhance other activities - such as dramatics, dancing, hiking, camping, traveling.


The joy of singing comes with knowing many songs may fill freely from the heart."

Being a song leader involves careful planning just as any form of recreation does. BE PREPARED Here are some things to consider when planning and leading music for your group.
I. EINJOY WHAT YOU ARE DOING Enthusiasm can tell the dumbest ditty:
A. Smile! Smile!
B. Use your whole body, not just your hands.
II. KNOW YOUR SONG
A. Be prepared as to WHAT you will lead or teach.

1. Teach songs you know. It's hard to teach others a song when your nose is burried in a book.
2. Have a song list written down.
3. Select a variety of songs.
4. Have extra songs listed in case you need them, but don't go overtime into someone else program.
B. Begin with familiar, easy songs everyone can sing or might know, and for the final song, choose one that will make an appropriate, effective ending.
C. Know HoW you're going to teach the song. Will you use:
5. Song books, song sheets, slides, posters, etc, to refer to.
6. By rote - say a line, have group repeat it back. or
7. Sing it for the group first (short songs or chorus only) or
8. Sing a line, have group sing line back, or
9. Use records or tape recorder to replay, or combinations of all. (More of this in detail on another page)
D. Know pitch to begin song.
10. Don't be afraid to stop the group and start over in a better key if needed.
11. If you are a soprano and sing higher, remember to pitch songs lower for the majority of singers, or vice versa.
III. KIVOW YOUR GROUP Choose songs to fit that group.
A. Age
B. Situation - campfire, club meeting, banquet, worship, etc.
C. Type of group - background
12. What songs would they enjoy?
13. What would they appreciate, or may find offensive?
14. Take care not to ridicule or stereotype a person or group.
D. Physical state and mood.
15. Are they tired? Sing something peppy, with actions, or quiet?
16. Listen to their enthusiasm and watch expressions.
17. Be flexible to change, if necessary.
E. People who are handicapped have special needs
18. Don't leave them out.
19. Adopt songs to their needs (see another page for ideas)
IV. USE OTHERS TO HELP LEAD with rounds, harmony or large groups.
A. Give them forewarning, when possible.
B. Use promising yaung leaders and not always the same old reliables.
V. TECHNIQUES FOR SONG LEADING
A. Announce your songs (and page) clearly. If you use books. allow time to find right page and to get set.
B. Make a definite start to the song.
20. Use hands to head signal.
21. Use vorbal cue - "ready" "begin"
C. Use your hands to communicate
22. Show melody line by moving hands up or down.
23. Show beat or syncopation.
24. Hold a note longer, cut off a note, bring in parts.
25. Song dragging, start clapping hands faster.
26. Change volume - loud or soft signals with hands.
27. End the sone.
D. Do not neglect any part of your audience during the leading of the song.
VI. ENHANCING THE SONGS
A. Some songs may use props - stuffed animals, costumes, etc.
B. When the history or background is known, relay it on to help understand the song.
C. Explain words that may be unfamiliar to the group as to their meaning.
VII. KNOW WHEN TO STOP Don't overdo. End a song or songsession when aroup is at a high point and enjoying it, not when it's dragged out so feng they are unhappy.


To be a song leader you don't have to hold a degree in music!!!
Some effective song leaders can't carry a tune in a bucket, but they can lead the group in getting started on songs the others sing. And, they have enthusiasm!

Songleaders usually have some resources to draw upon. Start a collection of your own - now. Save songsheets and songbooks. They are valuable. One good way to remember the tunes is to make a tape recording.
"Use what talents you possess, the woods would be silent if no birds sang but those who sang the best."

## TEACHING NEW SONGS

Page 5

1. Sing it alone through once so others know what it is, if it isn't too long.
2. If it is a long song you may want to teach only the chorus, if it has one.
3. Say the words, in short sentences or phrases and have group repeat them back.
4. Do this several times in parts, then repeat several times all together.
5. Hum or sing tune in phrases, using hands to show ups and downs, holds, etc.
6. Have group hum tune till you feel they know it, paying attention to any problem areas.
7. Sing words and tune together in parts or phrases a few times, then together.
8. When song is learned - sing it more than once - do it several times to get it set in their minds.
(Some of these steps may be combined if you feel more confortable doing so.)

## HANDICAPPED PEOPLE HAVE SPECIAL NEEDS

A. Non-ambulatory

1. Use actions that have arm movements, nod head, tap feet.
2. Help individuals with these motions.
3. Slow down the song.
4. Allow the individual to decide to what degree they can participate.
B. Blind
5. Explain the motions of songs when you demonstrate.
6. Slow down the songs.
7. Give some sound for starting the song (tap table, ring a bell, clear throat).
8. Snap finger, or clap with the beat, tap feet.
9. Use braille or large print song books.
C. Deaf
10. Use rhythm instruments, tone bells.

Emphasize sense of touch.
3) Have an interpretor or translator.
a 4. Use both voice and sign language.
5. Stay in clear view of all so they can watch your lips.
6. Use of posters with words and beat would help.
D. Mentally handicapped (educable)

1. Use songs with repetition.

2. Pronounce very clearly.
3. Take time teaching the songs.
4. Have patience.

## PROGRAM PLANNING



The most successful recreation leaders are only as good as the programs they plan. A successful party doesn't just happen, it's planned with care and foresight. The larger the group, the more careful must be your planning.

## DETERMINING OBJECTIVES

The specific ubjectives for a program will vary according to the type of grolip and the occasion. Unless you have your objectives clearly in mind as you plan, it's not likely that you will be completely successful. A few guidelines are standard with most planning. You can have a good program if:

There's group cooperation
Most of the group participates
Members enjoy the activities and ask for more Members develop in friendliness
Activities are carried home and to other meetings
New interests are stimulated and new skills learned

## THE COMMITTEE APPROACH

It's best to use a committee in planning a party. Even if you're capable of planning and conducting the event yourself, involving others has advantages. Each committee member learns from the experience. Group knowledge and suggestions usually result in a better party. It becomes "our" party, instead of "yours". And during the party itself, you'll have enthusiastic support ready to help make it successful.

Some basic decisions must be made before specific activities are chosen, or subcommittees assigned.

## PARTICIPANTS

## Number expected

Age, sex, : esources and limitations
Relationship of guests (are they acquainted? strangers?)
Activity preferences (anticipated likes and dislikes)
How the group will dress

## PLACE

Outdoor or indoor?
How much room is available?
Type of space and equipment on hand
Decorating possibilities
Seating arrangements
Transportation problems
Temperature and ventilation control

## TIME

Have a specific starting time, begin when the first person arrives.
Have a definite closing time. Never let the party die; end it while interest is high.

## THEME

A theme adds to the success of a party and is the skelton around which the party is planned. Decorations, invitations, refreshments and activities are more appropriate when planned around a central theme.

After the planning committee has agreed to the above factors divide into subcommittees. Be sure each understands its assignments and that the groups report back to the general committee. Check carefully to see that each group is func tioning, and give recognition for their efforts.

## SUBCOMMITTEE RESPONSIBILITES

## INVITATIONS should:

Be personalized
Be clever, unique, eye and ear catching
Fit the theme
Indicate time, place, theme, dress, cost (if any)

## DECORATIONS should:

Help set the atmosphere
Be inexpensive and simple
Be original
Not be too time consuming to make
Be suggestive rather than complete

## REFRESHMENTS should:

Fit the theme
Be served in a manner that allows conversation Be varied - There are other foods than punch and cookies. Not be the closing event - Serving refreshments leaves loose ends and is not a fitting climax.

## PROGRAM should:

Begin with the first arrival
Close when the last person leaves
Be well planned, but flexible enough to meet the unexpected
Include each of the following:


## MAJOR PARTY DIVISIONS

I. Pre-Party (activities for early arrivals)

Unless the social recreation event follows another program presented in the same building, it may take quite a while for all guests to arrive. This makes detailed planning difficult.
A. Present activities which:

1. Complement the general program
2. Huld the interest of early comers and make them think the party will be fun
3. Insure informality by mixing the group and. getting people acquainted
4. Can readily be ended when all have arrived
B. Many activites are suitable, but they should:
5. Be individualized - not highly organized

6. Be easily explained and entered into
7. Require no special skills
C. Suggested types of activities include:
8. Get-acquainted games
9. Guessing games
10. Games of skill
11. Conversational activities
12. Puzzles

## II. Starters

Up to this point the atmosphere has been informal. Now the leader must sell himself to the group, through the "starter," or first group activity. It should make the group feel at ease and responsive to the leader's suggestions. These should be total group activities, not individualized, nor done in very small groups.

Here are some guides for this phase of the program:
A. The activity should be comfortable for everyone to enter into
B. Use more than one total group activity if you need to build group spirit
C. Suitable activities include:

1. Grand march figures
2. Partner pairing activities
3. Accumulation games
4. Musical mixers
5. Large circle games
6. Get-acquainted games
III. Social Activities (just for the fun of it)

The group should now be at ease, eagerly responding to the leader's suggestions and anticipating more fun. Activities chosen for this phase of the party, and the way activities are organized, depend on the nature of the group, location, theme and time allotted. This is the fluctuating part of the planning outline.
A. Plan more than you think you'll need, but be prepared to change or cut short if needed.
B. Play all games in one formation before changing to another formation. When possible use games for ctranging formation.
C. This group of activities may be conducted in two sections if the program is long - the first following the starters, and the second following refreshments and "resters."
D. Arrange these activities so you don't wear your group out - alternate extremely active periods with quieter activities.
E. Suggested types of activities include:

1. Circle and line games
2. Relays
3. Musical mixers
4. Fun dances and ballroom dances
5. Group contests

## 6. Individual activities

## IV. Resters (quiet participation)

The group usually is seated during this phase of the program, which may come before, during or after refreshments. This is the time when an inexperienced leader can lose group interest. Keep definite control of the group, and keep things moving. Your players are physically relaxing but capable and usually anxious to keep mentally active. Total group activities with a minimum of moving about are best. If there's to be entertainment of any kind, this is the time.

Suggested types of activities include:
A. Leader stunts
B. Group stunts
C. Songs
D. Guessing games
E. Brain teasers
F. Entertainment by a group member

V. Finale

Never a.low a party to just die. Kill it. Always stop when thie group wants more. Let the group know when the party is over. The last activity should be easy, interesting and fun, soothing and quieting.

## Suggested types of activities include:

A. A "good night" dance
B. A short story
C. Inspirational material with deep meaning for the group

## REHEARSAL

After all subcommittees have completed their planning, draw the total committee together again. Talk over the entire party. Learn all games and activities that will be used. Informed committeemen can contribute much to the party's success by working with small groups. Outline all plans on a Party Planning Worksheet, and have it with you the night of the party.

## PARTY EVALUATION

Soon after the social, but not necessarily the same night, the planning committee should meet to discuss the affair. Committee members should take notes as a guide for future activities of the sponsoring organization. The leader should evaluate all parts of the program of activities. This eliminates tepeating the same mistakes, and establishes a record of uctivities that went over with a "bang."

The committee should discuss these questions:

## GENERAL EFFECT

Was the party successful? It was, if it met the objectives your group decided on during the planning.

Was the party fun for everyone?
Were the subcommittees well coordinated?
Was the theme retained throughout the party?
Was there sufficient publicity of and interest in the party beforehand?

Did each committee take care of its own cleanup and return of props?

## ATMOSPHERE

Was there something easy for everyone to do the minute he arrived?

Did these activites "set the stage" for the rest of the evening?

## PROGRAM OF ACTIVITIES

Did the party move smoothly from one activity and leader to another?

Was there a good balance of program for the kinds of people attending?

Was there a balance of leadership?
Did the party move along at a comfortable tempo without being rushed or getting "bogged down?"

Was too much use made of the "mike" as a crutch to get attention?

Did the leaders participate whenever possible in the activites?
Did the leaders retain control of the group?
Were directions simple enough to be quickly understood?
Did leaders' attitudes create a spirit of fun and enthusiasm?

## SUMMARY

A party that's well planned has passed the major essential for success. If proper activities have been selected and arranged in logical sequence, only poor leadership can cause failure.

If you've read this far, you already know a good deal more than many people who lead recreation. There are many excellent sources of games and activities. Collect them. And learn by observing other leaders.

But the best way to develop as a leader is to lead. Your first party will not be perfect (and neither will your last). Each time you lead, you'll improve your techniques, learn more, and experience more of the joy that comes from giving of yourself - the most important gift you can give.

## Inspiration



## Ceremonies



## Through



My heart is like a treasure chest Where precious jewels reside. Gems like faith and joy and love are tightly locked inside.

I long to open up my heart And set my spirit free! I'd unlock faith and joy and love If I could find the key!
from My Keys to Creative Ceremonies by Myra Nagel

35002-80
Wyoming


## Inspiration Through Ceremonies

"Lel's have a ceremony!"
Nearly every 4-H leader says that at one time or another--when it's time for an initiation, a recognition, the observance of a special day, or even the presentation of our American flag at regular meetings.

Do your 4 -Hers greet such a suggestion with enthusiasm? Or with groans? Is a ceremony sumething they have to do? Or is it something that really matters to them?

Chances are, the answer depends on your attitude toward ceremonies. Does your club have a ceremony to put on a show or follow a tradition? Or do you view a ceremony as a means of helping young people see how their week-to-week activities help them reach toward wider $4-\mathrm{H}$ goals? If its purpose is to focus on values, a ceremony must be more than a ritual or a repetition of memorized words; it must be a communication of the 4 -Hers' real thoughts and feelings about their ideals.

A ceremony should say something... something that matters. And the best way your 4 -Hers can make a ceremony say something that matters to them is to create it themselves.

## Creating Ceremonies

How do young people create a ceremony? Do they just search inside their heads and pull out ideas hidden there? It isn't that simple! They may look at you blankly and say, "We don't have any ideas!" Don't believe them! What they really mean is: "We have ideas, but we don't have the nerve to say them out loud." Or perhaps they just need to have some thinizing started.

Creativity grows like a morning glory on a slender thread of trust. To build that trust, you must foster an atmosphere in which each person feels confident to express an idea or opinion. Explain that each person has lots of ideas floating around inside his head. Some of them
are super, some are okay, and some are just plain no good. But the 4 -Hers' job is not to beat down bad ideas--it's to pull from their heads all the ideas they can find--good, medium, or bad. Then, choose the ones they like best.

Ask five leading questions to help the youngster's creativity blossom into a ceremony:

1. What is the ceremony's purpose?

The members might say, "We have a ceremony to put up a flag." Or, "We have an initiation ceremony." But the real answers should be, "We have a flag ceremony to honor our country." Or "We have an initiation ceremony to convey the values of our club to new members."
2. What's the theme?

Choose a theme that fits the need of the ceremony. For instance, the theme of a flag ceremony might be "my country", or the theme for an initiation or recognition ceremony might be the "motto", "pledge", or "goals" of our $4-\mathrm{H}$ club. But it's meaningful sometimes to choose a different kind of theme--one that grows out of members' activities. For example, a conservation project group might choose "our earth tomorrow"...a cooking group might create "a recipe for good citizenship"...4-Hers at camp might choose a theme from their setting, like "trees" or the "campfire". Special ceremonies like these help young people see idealism that underlies their day-to-day activities!
3. What are your thoughts and feelings about your theme?
Suppose it's "my country". How do you feel about your country? That you are proud to be an American? That you are thankful for the sacrifices others have made? That you would like to make the ideal of freedom a reality to every American?
4. Which one thought do you want to express in your ceremony?

Even though each person has many different feelings about complex subjects like "my country" or "the $4-\mathrm{H}$ pledge", the most effective ceremonies convey one central thought.
5. How shall you express your thoughts and feelings?
You can communicate either in many ways, both with and without words. Having your 4 -Hers list some of these ways will stimulate their imaginations and help them transcend doing the same old thing every time. To communicate with words, they might use poems, stories, discussions, prose, choral readings, plays, songs. Without words, they might try music, silence, touch, pictures, dance, pantomime.

To their list, you may need to add two very important communication aids--atmosphere and symbolism.

Atmosphere. Setting the right atmosphere puts people in the mood for serious reflection. Background music, a special place, or unusual lighting helps. Silence is essential. Some groups like a special signal for silence. "Sally and John will form a bridge with their arms. After you walk under it, you will remain silent." Or, "A touch, passed from one person to another, will signal silence."

Symbolism, Focus your ceremony with symbolism. A symbol is something that stands for something else. The $4-H$ clover is a symbol. Each leaf stands for one of the four H's. Using a symbol in a ceremony helps everyone see ideas and ideals in more concrete form. Light frequently is a symbol. What might the light of a candle symbolize? Oneness of purpose? The light of truth? The light of love? What might the light of a campfire symbolize? What else could be a symbol to represent your
ideas and ideals? A path? A tree? A star? A map, chart, or puzzle? Is the flag a symbol? If so, what does it stand for? How could you use these symbols in ceremonies?

## Ideas are Everywhere

Where do the ideas come from that can grow into ceremonies? From anywhere and everywhere! Perhaps in your camp you have a theme for the week or the day--built around a country or an idea or a person. These invariably suggest possibilities for a ceremony.

Suppose you have an evening party. It may have a theme that will offer a ceremony suggestion. Holidays, famous people's birthdays, or commemorative days all will give you ideas. The calendar is full of special days, a legend from a foreign land, a tale of your own neighborhood, a story about a person or place, a poem, a song--all of these will suggest significant ideas that may furnish the beginning of a ceremony. A brain storming session of your planning committee is sure to come up with countless sources of inspiration.

## Theme Ideas

Let your imagination get carried away. There are a million thoughts just waiting to be made into a ceremony. Some ideas include:
...Meaning of $4-\mathrm{H}$
...Patriotism
...Nature--trees, wind, river
...Fellowship
...Friends
...Sharing
...Vespers (religious)
...International
...Conservation
...Opening of camp
...Closing of camp
...Initiation
...Leadership
...Citizenship
...Just for today
...Achievement
...Warm fuzzies
...Love

## Physical Arrangements

Think about physical arrangements when planning a ceremony. If you plan to be outdoors, consider the weather. Will it possibly be too cold, too wet, or too windy for what you have in mind? If the group is to remain for any length of
time at one place, is there a place for them to sit?

If the group is indoors, is the room large enough? Is it comfortably warm? Are there chairs for sitting, or can they sit on the floor? Do you need a fireplace?


## Making Ceremonies Effective

There are many ways to make ceremonies special. Some ideas are:


## Music

Music can tell a story, and it makes an opportunity for everyone to participate. People like to sing, but be sure they know the words and tune. Special musical effects can be created by:
...Using a choral group.
... Having a bugler play in the far off distance.
...Soft background music with a record.
...A simple tune played on a toy xylophone, a stringed instrument, a flute-like horn, or a harmonica.
...Any music in the distance.
...A soloist, or someone reading the words as a group hums the tune or a record is played.

## Symbols

Symbols generally play a valuable role in preparing a ceremony. By means of symbols, a speaker can make abstract conceptions take on vivid reality.
 courage, faith helpfulnes tion, and leadership achieve new perspective when represented by a tangible object.

A symbol is something that stands for something else. Some examples include:

1. $4-\mathrm{H}$ clover--each leaf stands for an H: head, heart, hands, health.
2. A flag--patriotism or America.
3. Candle or light--oneness of purpose, light of love, light of truth, etc.
4. Campfire-camp as a whole, completeness of a group in an outdoor setting.
5. Tree--beauty, strength, deep roots, bend without breaking.

## Light

Light is symbolic of many things and so is effective in almost any ceremony. It also creates a soft muted atmosphere. Special effects can be created.
...Make candles by pouring liquid wax into a mold provided with a wick. Use a tapered milk carton as a lighthouse, or make an evergreen tree with a coneshaped drinking cup filled with green wax and add a brown trunk.
...Short candle stubs burned in tin cans give a muted, mysterious light which will create a perfect atmosphere for a ghost story session.
...For marking paths or for carrying in a procession, you will find "luminarios" or "faralitos" convenient and beautiful. These are brown paper bags, tops turned down for a bit of stiffening, with a couple of inches of sand in the bottom. Short candles are bedded in the sand, and the light they shed through the paper is soft and mellow. Used to outline the path of a procession, to mark the steps of a building, or to be held by campers in a circle, they are very impressive.

To be used as a symbol, arrange luminarios in a formation on a sloping hillside or other visible location. Place them to form a cross, a heart, a cloverleaf, a circle--any shape that will help dramatize the idea you are suggesting.

Used indoors, perhaps in a row down the table, decorate these paper bags with cut-out symbols or with designs made of heavy paper and glued to the bags.

For an even more dramatic effect, use windlights. These are candles in colored plastic cups. If you cannot get regular
windlights, you can get the same result by painting discarded water glasses with tempera paints or covering them with transparent colored paper. Windlights used over water on a still night will give you a second candle for every one you light.

Japanese-type lanterns, made by splitting construction paper and stapling into a tube, lend a gay and festive atmosphere to outdoor occasions. You can fit them with candles, but on a moonlit night they add atmosphere and charm with no light of their own.

Lanterns. Lanterns can be improvised from fairly large tin cans by anyone proficient with tin snips or a heavy knife. Cut a window in the side of the can for the candle light to shine through, and in the bottom make two crossed gashes (an X), which will enable you to fold up the metal for a most satisfactory candle holder.

Matches. For a brief, climactic moment at the end of certain ceremonies, you might have everyone light a wooden "kitchen" match simultaneously. The sudden flare of lights quickly winking out into darkness provides a dramatic moment which can be ended by the bugler playing "Taps".

## Atmosphere

Setting the right atmosphere will help you create effective ceremonies.
...A special place helps set an atmosfhere.

...Silence helps set an atmosphere. Walking urider a bridge of two people with arms joined together in an arch can be a signal for silence. A touch passed from one to another can be a signal for silence.
...Music helps set an atmosphere.

## The Campfire



No camp is quite complete without an outdoor campfire. In itself, it is the symbol of camp as a whole, the unity, the completeness of a group in the outdoors setting that is the essence of camp life. Most campsites have a campfire area, and in many cases, there is a permanent campfire circle with suitable seating arrangements.

Starting the fire. The fire should be laid carefully, well ahead of time, with enough heavy logs crisscrossed at the base to make it long-burning. It should have enough readily combustible tinder and kindling to make sure it will start quickly.

A magic fire. A magic fire, using chemicals that cause a fire to spring into being without visible human aid is always exciting. At the base of your tinder, place a shallow container with a tablespoon of potassium chlorate thoroughly mixed with a tablespoon of sugar. Above this suspend a glass vial containing an ounce of sulphuric acid. To this vial is attached an inconspicuous thread in such a manner that the vial can be easily tilted by pulling the thread. When a call is made for fire, the designated person draws on the string. The acid spills into the other chemicals and the fire blazes up immediately.

A somewhar slower-acting method is to use a tablespoon of potassium permanganate into which is poured a similar quantity of glycerine. It will be a minute or two before combustion starts, which gives the fire lighter time for his mysterious chants, dances, or supplications.

Another method, especially dramatic during an Indian campfire, is to have a costumed Indian brave standing outside the circle, shoot a fiaming arrow into the tinder.

The arrow, the head of which is kerosenedampened before lighting, is guided by a cord on which it is suspended by wire loops. It should not be shot too hard.

Be sure to take special care when using these various fire-starting methods. Practice ahead of time to be sure the chemicals are fresh enough to react well, and that the arrow is free to run on its cord.

## Vocalization

How much speaking should be done in a ceremony? Inevitably, this question rises during a planning session. The answer depends on several factors, including the age and experience of your campers. There are times when it is necessary to encourage inexperienced campers to say enough to treat an idea adequately.
At other times, speakers get carried away with their thoughts and can't seem to find a stopping place.

You might want to attempt a ceremony with no speaking whatever, relying on lights, props, and wordless action to build up the intended mood. But in doing this, make sure you have a definite and well thought out plan. Otherwise, your committee may find itself tangled in a maze of complicated arrangements that won't always cooperate to produce the effect you plan.

It should be realized that a ceremony is not the place for making a speech. Keep in mind that your speakers are not attempting to produce a closely reasoned, irrefutable piece of logic. Rather, their effort is to reach into the hearts and emotions of their hearers.

Some folks talk best if they have a chance to organize and perhaps even write out what they expect to say. Others speak with more meaning if they have less preparation. Still others find their most honest expression comes when they secure an apt quotation or a suitable poem which crystallizes their idea.


In a ceremony where you are trying to generate a "feeling", words are at their best when they are brief and effective.

It goes without saying that spoken words should be clear and distinct enough to be understood by all.

When a committee has determined its overall plan, it will be better able to determine what kind and how much verbal expression is required to suitably present the thoughts. In nearly every case, it will be best for the ones who are to speak to work out their own words--words and phrases they can feel sincerely and say easily.

## Narrufors

There are many legends and folk tales that can be acted out in simple dramatic
form to provide a ceremony. However, in camp life, there seldom is time enough to write a script, rehearse actors, or secure stage properties.

In such a case, use one or more narrators as a practical way of establishing background and making smooth transitions between scenes. Campers can act out or pantomime some selected portions of the story while the narrator carries the thread of the story.

## Storytelling

As a transition or tapering off period when it is desirable to lessen the hilarity of an active evening, there are few better ways than a quiet story told around a campfire or in front of the fireplace.

At the campfire, imaginations can be stimulated by telling a story around the circle with each person contributing his inventive bit to the narrative. Certain persons could be provided with a stone, a flower, a feather, or whatever comes to hand to serve as the basis for a creative story pertaining to the group.

In the more formal storytelling, it is worthwhile to arrange a focal scene to give visual interest as background for the story teller. It might be a grandmother telling the story to her grandchildren at bedtime. This could be done by lamplight, with the grandmother in her rocking chair and the children at her feet. The youngsters can ask questions or make remarks from time to time, particularly if it helps the story along.


## Hints for Good Ceremonies

1. Be sure you have ample time to plan, practice, and secure necessary props.
2. The program needs to be short, meaningfu1, and stimulate all the campers.
3. Those presenting the program need to speak slowly, clearly, and distinctly so that all may hear and see. (Use a microphone if there is trouble about everyone being able to hear.)
4. Involve everyone in the ceremony as near as is possible--perhaps a song to sing, everyone has his own candle, etc.

5. Lead into the ceremony by setting the mood or atmosphere.
6. Have all needed supplies or equipment, such as matches to light candles.
7. Think safety. Ceremonies often involve darkness, fire, and youthful enthusiasm.
8. Be sure everyone is comfortable and that all can see and hear. Have everyone seated for at least most of the ceremony.


[^1]

If you go down in the woods today, you're sure of a big surprise If you goo: down in the woods today, you better go in disguise, For every bear that ever there was is gathered there for certain because Today's the day the Teddy Bears have their picnic.

Picnic time for Teddy Bears, the little Teddy Bears are having a lovely time today
Watch them, catch them unawares, and see them picnic on their holiday
See them gaily gad about, they love to play and shout, they never have any care
At $6 o^{\prime}$ clock their Daddies and Mommies will take them home to bed, Because they're tired little Teddy Bears.

While awaiting lunch on Monday, we found phrases to songs on a square piece of paper at out places at the tables. We colored in what the phrases seemed to depict. When we finished, we walked around until we found the rest of our song group. They we rehearsed the song and presented the song -- with the pictures to all. The pictures ended up on the walls of the hall. This was a way to combine art and teaching a song at the same time.

from Yahoo


Have group sit cross－legged in a circle，knee to knee．In rhythm to song：
1．a．Hands pat knees，hands pat knees
b．Left hand to right knee；right hand to right neighbor＇s left knee
c．Repeat 非
d．Right hand to left knee，left hand to left neighbor＇s right knee．
e．Repeat through whole verse
2．a．Hands to knees
b．Cross hands to opposite knees
c．Repeat 非 1
d．Hands out to neighbor＇s knees
e．Repeat 非1
3．a．Slap hands on knees．
b．Left hand to nose．
c．At same time right hand on left ear．
d．Alternate nose and ear，slapping hands on＊knees in between

## WORLD TIDE GAMES

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## EACH CAMPFIRE LIGHTS ANE:

Each campfire lights anew
The flame of friendship true.
The jo u we've had in knowing you dill last our whole life through.
And as the embers die away,
Ne wish that we might always stay,
but since we carnot have our way
ve'll come again some other day.
(Verse 3 by Bill Burning)
Within our hearts there burns a flame
That is not yours alone non mine,
But held in trust to carry far...
That everywhere its light may shine.
Here in our hearts a light does shine
That is not yours alone on mine But held in trust for all of time
That every where this light may shine.
(verse 5 used and taken from the (amp Fire Girls)
And though we are far apart
Ill hold you in my heart,
Until we meet again...
yod keep you safe til then.

STANISH WORDS FOR AGCVE SONY:
Cada rearion neviva mas'
Ca amon que qu', e se sente
La amor que agu'e se siente For siempre durara ${ }^{\prime}$.


Oh, the man that comes to our house Every single day
Papa comes home and the man goes away. Papa does the work and Mama gets the pay And the man that comes around when Papa goes away.
(1) Oh! the man comes to our house

To bring my Mama ice
He walks into the kitchen
And he talks so very nice
But the little bitty piece Soon melts away
So he has to come back again Later in the day.
(2) Oh! the man comes to our house To take away the trash With a little white jacket And a little black moustache
It's all very friendly But it always seems to me It's a lot more familiar Than a trash man ought to be.
(3) Oh! the man comes to our house To bring the baby milk He walks into the kitchen And he talks as smooth as silk, I have to hold his horsie

Out by the gate
He stays so long at our house The horse don't want to wait. When I grow up, I don't want to be A doctor or a lawyer
Oh! No siree!
I don't want to be a dentist
With an office downtown I just want to be The man that comes around.

 a dentist




- Dwight Wales song...........


## Say When

C


* Say when will we ever meet again? G


Say when will we ever meet again?

C
Say when will we ever meet again?
G
C
Say when, dear friend, say when.

C

* Say where and I'11 meet you right there:

G
Say where and I'11 meet you right there:
C
Say where and I'11 meet you right there,

G
C

- Say where, dear friend, say where:

C

* Say who could I ever love but you?

G
Say who could I ever love but you?

C
? Say who could I ever love but you?
G
C
Say who, dear friend, say who.
.C

* say why does this party make me cry?

G
Say why does this party make me cry?
i. C

Say why does this party make me cry?
G
C
Say why, dear friend, say why.
C
G

* Say when, say where, say who, say why.

C
Say me.

You fill up my senses, like a night in the forest
Like the mountains in spring time, like a walk in the rain Like a storm in the desert, like a sleepy blue ocean You fill un my senses, come fill me again.

Come let me love you, let me five my life to you
Let me drown in your laughter, let me die in your arms, Let my lay dow beside you, let me always be with you, Come let me love you, come love me again.

## Me and My Dinosaur

> 1. One day when the weather was stor an and dray And I wished someone would cone over and play, I heard a "Knock-knock", and I opened the door And there stood the loveliest big dinosaur.

Chorus: Me and may dinosaur, I never had such a friend before. Big as a house, 20 tines and a half, And 50 times taller than any giraffe. Legs long as Sequoia trees, teeth bis as piano keys. No two people are buddies more than Me and my dinosaur.
2. We hopscotched to Africa quick as a breeze While leapfrossin; over the coconut trees. And when we got thirsty, wile after mile, In one great bis pulp we just drank up the Nile.

## Repeat chorus:

```
... Me and my dina,
    Nothing's as fine as
    Me and my dinosaur
```

Submitted by Marianne DuBois

A laugh is worth one hundred groans in any market.
Thinking well is wise; planning well, wiser; doing well, wisest and best of all. -- Persian Proverb

The man who makes no mistakes usually does not make anything. -- Edward John Phelps


TA RA. RA BOOM DEE BY
We have no school today, Our teacher passed away, She died of tooth decay. We threw her in the bay, She scared the fish away.
She's never coming out.
She smelled like sauerdrout.
(Repeat all 3 times, each faster_

*     *         *             *                 * \% * * * *

May the Roads Rise Up
lay the roads rise up to meet you. lay the winds be ever at your back. And may the sun shine warm upon your face. Hay the rains fall soft upon your fields.


If I were a butterfly, I'd thank you Lord for giving me wings.
And if I were a robin in a tree, I'd thank the Lord that I could sing.
And if I were a fish in the sea, I'd wiggle my tail and I'd giggle with glee.
And I'd just thank you Father for making me me. Ah huh huh. Oh!
Chorus: You geve me a heart and you gave me a smile. You gave us Jesus and you made me your child. And I just thank you Father for making me me. Ah huh huh. Oh 1

If I were an elephant, I'd thank you Lord for my finc trunk. And if I were a fuzzy wuzzy bear, I'd thank you Lord for my fuzzy wuzzy hair. And if I were a crocodile, I'd thank you Lord for my finc smile.
And I just thank you Lord for make me me. Ah huh huh. Oh!

## Chorus

If I were a wisc old owl, I'd thank Lord for letting me hoot. And if I vere a kangaroo, I'd hop right up to you. And if I were on octopus, I'd thank you Lord for my fine looks. And I just thank you Lord for making me me. Ah huh huh. Oh!

## Chorus

WE ARE THE WORLD
There comes a time when we heed a certain call.
When the world must come together as one. There are peoplc dicing and it's time to lend a hand to life, the greatest gift of all.

We can't go on pretending day by day that someone, somewhere will make a change.
We are all a part of Cod's great big family and life.
You know love is all we need.
Chorus: We are the world. We are the children.

- We are the ones that make a brighter day. So 1et's start givin! There's a choice we're makin'. He're savin' our own lives. It's time we meke a better day, just you and me.

We11 send them your heart so they know that someone cares.
And there lives will be stronger and free
As God has shown us by turning stone to bread.
So we all must 1 end a helping hand. (Chorus)
When you're down and out and there seems no hope at all.
But if we just believe, there's no way we can fail:
Just realize that change can only come
when we stand together as one. (Chorus)

A. poom lovely es a tree.

A tree whose hunery mouth is pressed
Against the earth's sweet flowing breast;
A tree that looks at God all day,
And lifts her leafy arms to pray;
A. tree that may in summer wear
$\triangle$ nest of robins in her hair;
Upon whose bosom snow has lain;
Tho intimately lives with rain.
Pcoms are made by fools like me,
But only God can make a tree.



Players are divided into 4 teams, each than's players standing side by side wit! their backs to one wall, facing the center of the room. All teams must be equi distant from the leader who stands in the center. Each team has its players standing in order of height, with the shortest player on the right and the tallest on the left.

Leader faces Team No. 1, Team No. 2 is to his left, Team No. 3 faces his back and Team No. 4 is on his right. Each team must always be in this order with with respect to the leader.

The leader pivots in place, being careful not to reveal; in what position he will end up. As soon as he completes turning and faces one team, all teams race to gain their proper position, lining up in order of height as outlined above. The first team completely in place and in proper position scores a point.

Teams must move individually. Team members are not permitted to hold hands. Judges should not assume that the team whose hands are up first are properly in place. Players frequently find themselves in the wrong line or on the wrong end of the line.

After several; rounds the leader may elect to move anywhere in room or on field. Teams must follow and reassemble as above.

## KNOTS

Knots is a game that gets people together by getting them apart. About a dozen players can tie on a good one.

To form a knot, stand in a circle, shoulder to shoulder, and place your hands in the center. Now everybody grab a couple of hands. If you ever want to get out of this, make sure that no one holds both hands with the same person or holds the hand of a person right next to them. It might take a bit of switching around to get the knot tied right.

Now comes the true test. You'11 probably notice that there are two basic approaches to untangling the knot. The Activists dive right into the problem-under, over, and through their teammates--hoping they' ll hit upon the solution. Instead, they might well hit upon one of the Analysts, firmly rooted, hands locked in a dignified tableau, carefully surveying the situation before instruct: ing each player precisely where to move and in what order.

Since you're all;in the same tangle together. you'll have to come to some agreemont as to which approach to follow. (Note: pivoting on your handholds without actually breaking your grip will add a lot of grace and eliminate the need for a chiropractor.) When at last the knot is unraveled you will find yourselve in one large circle or, occasionally, two interconnected ones.

Every once in awhile an Analyst will discover the one tangle which prevents the knot from resolving itself. At this point, no other remedy being possible, an Activist can administer emergency "knot-aid" (a momentary break in hands) so you can get on to the next game.

Everyone gets one balloon. The balloon should be purchased in as many different colors as possible; ecru, vermilion, puce, etc. Also, buy decent-sized balloons; small ones don't remain alft very long or provide enough action for the game.

Ask everyone to stand inside the "key" at the end of a basketball court (or fabricate your own round boundary area), and blow up their balloons just short of popping. (Have some spare balloons available.) Don't tie off the balloon's neck, just hold on and get together with other folks who have the same color balloon as yours.

One player, representing one team's color (you can have as many teams as you hay colored balloons) and standing within the circle area, lets go of his/her baloor allowing it to jet willyOnilly about. As the limp projectile comes to rest, another team member of the same color advances to that point with a filled balloon and releases the rubber missile in an attempt to further their team's distance from the circle's perimeter. Try launching your balloon like a football; it doesn't add any distance, but it makes you feel like you are doing some thing.

This sequence continues until all the balloons have been released. The team color champion is, of course, that final balloon which is the furthest from the circle. (Have a $50^{\prime}$ tape measure on hand for disputed distances.) There is practically no skill involved in this game, so no one seems to care who wins. The fun is in the doing.

## BOTTOMS UP

A one-on-one warm-up exercise that combines strength, balance, and a very odd position.

Sit on the turf facing one another and place the bottom of your feet against the bottom of your partner's feet. Legs should be bent, feet held high, and posteriors skootched fairly close to one another. Then attempt to push against your partner's feet (while putting all your weight on your arms), until both of your derrieres come off the ground. You will notice (poignantly) a lightening of the trice muscles in your arms, conside5able laughter, and not much movement on the first couple of tries.

If your bottom remains permanently welded to the ground, blame it on your partnet and find someone more your size to blame the next time.

## EGG ROLL

Sit on floor with bottoms of feet together and hands on feet. Rock knee to knee then roll clear around over back and up to sitting position. Can be done back to back with a partner and in sets of four; just be sure you all roll the same direction at about the same speed.

The entire group- sits in a single circle. Each person should learn the names of the people on either side of him. There is one person in the middle of the circle. Later on, 2 or 3 people in the center can add to the confusion and fun.

The leader in the center approaches someone and asks "Who are your neighbors?" The person has a number of replies from which to choose:

1. He may reply with the names of his two friends on either side.
2. He may call "boys left" or "boys right" whereupon all the boys shift to the next vacated position in the appropriate direction. Learn the new names quickly.
3. He may call "girls left" or "girls right". This time girls make the move. Don't forget the new names.
4. He may call "scramble". Everyone moves to a different position in the circle. Name please.
5. His last option is to pass by saying "Ask__ (e.g. Tom) Tom must be identified by his neighbors (the two on either side). They point to him and shout "Here's Tom". If there are two or three Toms in the circle it adds to the fun.

Tom, then, has all the options of the first person except that of passing to someone else.

If anyone makes a mistake then the leader takes his place and that person is the new leader. The leader may sneak into a seat during a boys or girls left or right call or during a scramble call.

The game continues with the new leader approaching someone else and asking "Who are your neighbors?"

## THE ALMOST INFINITE CIRCLE

Need: Strings or ropes cut into about 3 or 4 foot lengths
Object: To separate two loosely connected individuals from a seemingly impossible but engagingly simple, intertwinement of string.

Procedure: Tie each end of the string comfortably around the wrists of two people. One string should be looped through the other one so the two people are attached to each other.

Rules: The two intertwined must separate from one another without (cutting the rope; (2) untying the knots; or (3) slipping the knotted portion over their hands. Answer as many non-solution questions as the entwined pair ask and continually emphasize that there is a solution, because logic indicates that a sharp knife is the only answer.

## Solution:

1. Take a bight in the center of your partner's string.
2. Pass this bight under either of your wrist loops so that the bight portion is closest to your fingers.
3. Pull the bight through with your other hand and open it to a size that will accommodate your hand.
4. Pass the bight over your hand and
5. Pull it down and through the wrist loop.
6. You're free! You're not? Then let go of the atring'inith your teeth, check a dictionary to determine what a bight is and try again.

## CONCENTRATION: Sitting in circle; on floor or in chairs EQUIPMENT: NONE

1) number off, starting with leader as number 1.
2) Pat hands on knees, clap hands once, snap left fingers then right fingers in a 1-2-3-4 rhythm.
3) Number 1 starts by saying "one" when L fingers snapand another persons number when $R$ finger snap. Example: "one - six"; ; the number six must reply in rhythm six - (another number)
4) If someone does not respond in rhythm they must move to the "end" of the circle and everyone shifts to a new seat and number

KEYED UP: Sitting in a circle on chairs
EQUIPMENT: Key ring

1) Leader doesn't have a chair, all others seated. Leader walks about with a ring of car keys dangling in hand. They randomly take someones hand keep adding people to their line, walking inside the circke.
2) The leader drops the keys and everyone sits down ; the remaining person becomes the new leader.

THIS IS A DOG: In a circle - sitting, standing at a table, etc.
EQ IPMENT: Small objects, at least two.
1

1) Leader says to person on $R$, "This is a dog"
\#2 asks "A what??"
"A dog"
"Oh, thankyou"
2
2) Number 2 turns to number 3 and says'"This is a dog"
\#3 asks HAWWhat " ; \#2 turns to \#1 and asks "A what?"; \#1 says "A dog"
\#2 turns to number 3 and sझू耳्र "A dog't \#3 says "Oh, thankyou"
3) Continue on around circle
4) Start a "cat to the left - watch out for when the can and the dog cross paths!!

MY NAVE IS -- (Get acquainted)
Sit in circles of about 10 to 15 persons. Starting anywhere in the circle one person says, "ill name is $\qquad$ " (usually just a first name). Then the person on his left says about the one who has just spoken, "This is , and my name is ." Then the third person repeats the first two names, and adds his own. This proceeds all around the circle with each person having; to name all those before him. The last person has to name then all, of course.

A variation of this sane, is to add nicknames, or an interest, or whatever. An alternative is to then ask everyone to move to a different place and ask two or three persons to name thea all, just to be sure they remember their faces and not just the place in the circle.

This simplistic, by-the-numbers, macro-motor activity has been around for years because it's easy to teach and fun to accomplish.

Ask your large group to break up into smaller groups of 5-7. Meanwhile, have available enough comparatively soft, throwable objects (nerf balls, softies, bean bags, tennis balls), so that there are a few more than one per person. Have the group stand in a circle facing one another, and so that the circle's diameter is no more than 12-15 feet.

One person in a group of 6 keeps the throwable objects nearby and lobs one of them to a person across the circle. That person lobs the ball to a person opposite from him/her and this continues until a person-to-person sequence is set. Do not throw to the person next to you.

Once everybody knows whom to throw to and receive from, the initiator starts the ball again, but this time includes another ball and eventually another until there are six balls being kept aloft simultaneously. Try reversing the sequince; ie., throwing the person your formerly received from.

Try keeping seven objects going with only six people throwing--now that's juggling!

## EVERYBODY UP

Using this initiative exercise is a useful way to introduce the concept of group cooperation.

Ask two people of approximately the same size to sit on the ground facing one another so that the bottoms of their feet are opposed, knees are bent, and hands are tightly grasped. From this stylized sitting position, ask the duo to try and pull themselves into an upright standing position. If the pair is successfu. (most are), ask them to seek another partner and try standing up with three people, then four, etc., until the entire group eventually makes an attempt. Criteria for a successful attempt are: (1) hands grasped so that an electrical current could pass through the group, (2) foot contact with the same electrical setup, (3) all derrieres off the ground at the same time.

Something that began as a simple cooperative stunt becomes an initiative problem that includes the entire group.

An expanding group will soon find that the seemingly logical circular configuration of bodies cannot be continued beyond 8 or so. A change of thinking (initiative) must be employed to come up with a solution that allows large numbers ( 50 people or more) to complete the problem.

## BODY ENGLISH

A group tries to spell out the words to a well known proverb by using their bodies as letters. (Forming letters with the fingers is not allowed--to easy.) Another group tries to decipher what the first group is trying to say.

The groups switch roles from time to time so that everyone gets the chance to be histrionic and contorted. Body English encourages discussion, decision making, and cooperation.

## THE SAGA aF A LITTLE LOST SAILOR

(A story told with folded paper props)

## Directions for folding follow the story-

Once upon a time there was a little boy who was very unhappy with himself. He just couldn't decide what he wanted to do with his life. He thought of many occupations, but he couldn't make a choice. Finally, he decided that he should travel through the world, trying many different jobs, until he found the one he liked best. (The story teller is folding the first hat.)

So, one morning bright and early, he packed his bags and left home. Days passed, and soon he had his first job. Can you guess where he was? (Storyteller puts on hat \# I) Your'e right. He had made his way to the place where all good little boys end up: the military, service (and more specificly, the Army). He had a nice new uniform and a big new hat.

Well, he liked the Army all right, but he decided that the Navy sounded even better, so he transferred over, and wound up with a new hat. (H at \#2)

After a time he tired of all this "Hap two:" stuff, so he decided to move on. As he walked down the street, feeling like a new man, a shiny new fire truck went whizzing by. He thought about it for a minute, and decided that he would make a good fireman. He joined up, and again, he git a new hat. (Hat \#3)

Being a big, brave fireman was fun for atime, but after awhile it got pretty old too, and he began to look around for something new to do.

Horses and the Wild West draw many a young man, and our little boy was no exception. After a short time he was herding cattle and roping horses. of course, his hat made him feel like a real cowboy! (Hat \#4)

He got pretty hot and dusty riding and he began to think of going back to sea. So, he bought a fancy boat and a new hat-- definately-- a new hat. (Hat (5)

And, he began to sail the seven seas. He hadn't been out very long when a big storm came up. Now, he was a good commander, so when the wind blew off the mast, he went right on sailing. (Tear off piece and sail the boat over rough seas). Well, he had smooth sailing for awhile, but he soon found himself in another storm. (Maybe he wasn't as good as we thought?) Thistime the whole front end of the boat felloff. (Tear off the end of the boat) But he had a swinging boat, and it stayed ontop of the water. It stayed up, that is, until it hit on iceberg! (Tear off the other end, and sink the boat)

This was the last straw. The beautiful ship sank down, down, down. They sent rescue crews out to look for the little boy, but he was never seen again. The only thing they ever found was his little T-Shirt, floating on top of the water. (H old up the Shirt)

## DIRECTIONS FOR FOLDING THE HB G

Fold a double sheet of newspaper in half (1)


Then fold the top corners in, to form a triangle (2)


Fold the Dot tom flaps up next (2), and you have $H$ at \#I (4)



Lost Sailor, cont.

$$
\text { NavY \# } 2
$$

To make the firemen's hat, fold up one point of the Navy Hat $(6,7,8)$
(6)

(7)
hat)

(8)

$H$ at \# 4 begins by folding the other en er up (as in diagram 7), folding the very points of the flaps in (10), and pulling, very lightly, on the flaps to open the hat up. (11) (4)


$$
\# 4=\text { Cowboy }
$$



For the Sailor hat (\#5), unfold the points again (lookslike diagram 9). Grasp the points of the flaps, and by pulling out on them (12), you should end up with something like this: (13) (12)



The boat consjisis of Hat \#5 flattened and pushed in a rocking motion (like a roller coaster) over the waves.


For the storm "damage", tear out the top of the hat (14), and tear off both ends ( 15,16 ).

$(16)$


To show the T-Shirt unfold what's left, and you'll have the shape of a shirt.


> TLi'l-TCんL。
waori Stick Game or Lummi Sticks
（Maoris are Polynesian natives of © Zealand
RQUIPMENT：One pair of sticks for each player．Sticks are about 1 inch in
diameter， 15 inches long．Paint the set of 4 alike，each stick painted two colors（usually red and plabk）．The color change is at the middle of the stick．

POSIT ION：Sit on the floor in pairs， partners facing one another．One part－ ner of the pair reverses ends of his two sticks，thus making his colors opposite to those of his partner．

Basic Movements：One movement is made to each beat of the chant．There are five basic movements．The grasp of the stick is at the center．

L．Down，clap，right pass（right hand sticks exchange with part． her），Down，clap，left pass （ 8 times， 4 each hand）

2．Down，clap，right pass，right pass，down，clap，left pass， left pass．（ 6 times， 3 each）

Break：Down，hold，down，hold （tap top end of sticks gently on floor twice，for two counts

3．Down，clap，pass both sticks （one person passing outside， the other inside）， 4 times． （Then down on the last count and hold for two counts．）．

4．Down，clap，pass both sticks－ same as action ${ }^{4} 3$ ，but alter－ noting．（ 8 times）

Break：Down，hold，down，hold．
11．Clap：Hit own sticks together upright．

5．Same as action $\frac{14}{\sqrt{4}}$（ 4 times）， Down，hold for six counts．

6．Drum both sticks to the right flip，down pass right． drum ito the left，flip，down， pass left．（ 12 times）．

4．Whip：Toss the sticks into the air so ．． 4 they revolve end for end（one half of a full revolution）and catch them．

5．Pass：Pass sticks（or stick）to part－ nor with a straight across or slightly upward motion，so that it can be caught without its striking the floor．The sticks are passed gently in a vertical position．
3．Drum 略世 sticks on floor at side， allowing shafts to slide through the hand， ＋g\％anphg nearer the ends．

Break：same as before
7．Drum both sticks to the right flip，flip，down and pass ri－ bht．
Drum to the left，flip，flip， down，and pass left． Drum in front and flip，down， and hold six counts．
8. Drum both sticks to the right, flip, flip, pass right.
Drum to the left, flip, flip, pass left.
Drum to the right, flip, flip, pass right.
Drum to the left, flip, flip, pass left.
Drum to the fight, flip, flip, catch and hold.

Break: Down, hold, down, hold.
9. $R$ epeat sequence if 8 .
10. Down, change sticks in your own hands (right to left and left to right) Down, pass right to partner. Down, chance sticks in your hands (right to left and left to right) Down, pass left (6 times).
11. Down, change sticks in your own hands, twice, down, pass right. Down, change sticks in your own hands twice, down, pass left. (4 times).
Down, change twice, down, hold two counts.

Break: Down, hold, down, hold
12. Down, clap, pass right to partner's left hand, your left stick to your right, and catch partner's pass in your left. (4 times) Hold, two counts.
13. Down, clap, pass straight across with immediate return, one person to inside the other out. Partners sticks returned the same way they were received. ( 6 times)

Break: Down, clap, pass right, pass left, pass right.
14. Down, clap, pass right to partner's left and your left stick to own right, catch partner's pass in your left. Then reverse, going the other way. (3 times) End with down and hold 4 counts.
15. Down, clap, to two even counts (no music). Pass right, pass left - continue to exchange, passing alternately till end of music, (39 times,

For music order a 45 rpm record or cassette tape from

World Wide Games
P.O. Box 450

Delaware, Ohio
43015

## Story

The words of this song tell of a boy singing to his father and he says, "What I am doing may seem silly but I am reminiscing because of my departed sweetheart and counting the time of her return to me."

Then the father replies to his son, "You are silly because your sewwtheart may not return at all."
 (2) all day all night morning noon night moon isondandith


## PAPER CLIP AND STRIP TRICK <br> (and Tongue Twister)

Before you even try this trick, say the name three times-fast. Paper Clip and Strip Trick, Paper Clip and Strip Trick, Paper Clip and Strip Trick. Say it without reading the words. If you can do that, the rest of the trick is simple.

As with so many tricks, knowing a good magic word can help. You might try the standard "Abracadabra" or "Hocus Pocus" or maybe say "Paper Clip and Strip Trick" three times. Your own made-up magic word will sound more convincing.

## CONSTRUCTION AND WORKING

Cut or tear a strip of paper a few inches wide and a foot or so long. The exact size isn't important. (Paper for an adding machine works well.) Curve one end of the paper strip around until it touches the strip just past the middle. Fasten it in place with a paper clip. Now curve the other end around the back side of the strip and fasten it in place with a second paper clip as shown in the illustration. Using both hands hold the two ends of the paper strip firmly. (You might have a subject from the audience hold one of the strip ends for you.) Say the magic words and briskly pull the two strip ends in opposite directions. If the magic works, the paper strip will pull flat and the two paper clips will shoot in the air and hitch themselves together. Let your audience inspect the connected clips and try to figure out how it was done. If you want to figure it out, repeat the trick for yourself but pull the strip ends slowly

and watch how the clips attach. Of course, tell your audience that the magic words made the trick work.

The only practice you may need is knowing how hard or fast to pull the paper strip ends: not too fast, not too slow. Practice a few times until you get the "feel." Then you are ready to perform. Should the trick fail-and sometimes even the best magic words don't help-just set it up and try again.

## Straw horn

Some simple homemade toys, like classic jokes, seem to go on forever. Almost every kid learns how to make them, passing on their designs for yet another generation to acquire. The STRAW HORN could become such a standard. It all began with the advent of the plastic drinking straw.

By making a simple cut on one end of the straw, it becomes a real horn. The horn can be "tuned" to a different pitch by changing the length of the straw. The sound produced is a little strange-something between the moo of a cow, the screech of a crow, and the baa of a sheep.
nd like any good sound-maker, the STRAW
DRN is loud. It's not exactly a musical instrument, but with two or more "horns" and players you can produce harmonies, even crude melodies. School cafeterias beware.

MATERIALS
TOOLS
plastic drinking straw

## PLAYING

Put the reed end of the straw in your mouth, just behind your lips, and blow hard. Does the horn work? Sometimes you have to experiment with making the reeds-lengthening or shortening them-and with holding them in your mouth. But it's all very easy to do. The shorter you cut the straw, the higher the sound, and the easier it is to blow.



## HALLELUJAH

```
Record nay br obtained fro.n Wor'd.Wide fames P.O. BOX 45? Deleware
Ohio 430'5
srou, in a circer a ywher in a roo
    Ar as hi h - swing to left and to right (twicc)
    Walv. to right.4 steps
3 Arms high-- swing to left and to rirht. (twicr)
4. la/k to left 4 steps
5 la|k to center of circle (or straight ahrad) 4 steps (swing ar as highto
    at (.nd)
6. Back 4 steps
7. Stcp right left back cross right cross left
    Repoat
```

Yords To Sonw On Record
Ha ' c ujah sing a son:
Ha 'a ujah wo'll fow alon
Tith a sinple word a sincin: word
'Te'11 binss this sley thr trer thr bird
And we fill our hearts with joy
Hallolujah
Ha'Ir'ujah sounds of love
Ha' c'ujah the sunshin a'sov-
Ha 'r:ujah the b wi' ;o rin'
Ha lc ujah yos rin inj fro dawn ti'l nizht
Ha e ujah
Ha 'clujah day 'y day
Ha ujah don throw itgaway
F'y and sorcad your win s
Have a try b frer a ain i!e a utterfly
Cone along, and sin. with ne
Ha'le ujah
Hal'rlujah hand $i$ it hand
Hallelujah a'l over the and
Hallclujah let's try fron the start
And sing it wiyh all sur hrarts
Ha 'rlujah

## SLAP SLAP

Music: Any record with a good 4:4 rhythm can be used. I usually use the tune of "Ballin the Jack" (Gran 14207)

Formation: Partners facing anywhere on the floor.
Meter: 4/4


AMOS MOSES
Music: RCA 0896 "Amos moses" by Jerry Reed
FORMATION: No partners, all face the music.
INTRODUCTION: Wait 4

## MEASURES:

l - 2 R heel, stand (Place R heel forward and touch. Bring $R$ foot back and stand on it.)

I heel, stand (Place I heel forward and touch. Bring I foot back and stand on it.)

3-4 Grapevine Turn $1 / 4$ left with first step of the grapevine. (Step sideward with $R$ foot. Step behind $R$ with L f sot: Step sideward on R.)

Jump and turn $1 / 2 R$ (face opposite wall). Land with weight on both feet. Clap ifs desired.

Repeat till record ends.

## SALTY DOG RAG

Record: Decca 27981 - Salty Dog Ray
Presented by Gwen Main, Demonstrated by Kelley and Stew
POSITION: Partners in skaters or promenade position ( $R$ hand on top)

## MEASURES:

1-4 Grapevine $R$ and brush. (Both start on $R$ foot.) Step sideward on $R$ foot. Step behind $R$ foot with L foot. Step to the side on R foot, Brush L foot forward.

Grapevine L and brush. Step sideward on L foot. Step behind I foot with R foot. Step sideward on L. Brush R foot forward.

Walk forward four steps R, L, R, L
4-8 Repeat above.
9-12 Drop R hands, keeping $L$ hands joined. Man does grapevine R while woman goes to center of the hall with 3 walking steps R, L, R - then brush L foot forward.

Both turn L face, twirl with three walking steps and a brush ( $L, R, L$ brush) to exchange places ending in a $R$ hand star. (Woman twirls in front of man.)
Walk around with 4 steps still holding the star R,L,R,L.
12-16 Join L hands again and repeat measures 9-12.
Repeat all from the beginning.

Presented by Gwen Main
Demonstrated by Kelley and Stew

## BIRD DANCE

Record: "Avis Disk" AD831
Position: Solo or facing partner

PART I
4 Tweets - Elbows bent, hands in front, touch thumb \& fingers together 4 times.

4 flaps - Elbows bent, flap arms up and down 4 times.
4 claps

PART II
Join hands with partner and circle L
16 steps - Circle R 16 steps, or join hands with several people and circle L \& R

For variety skip $L \& R$ or make $R$ hand star, then I hand star.

It is fun to have everyone join hands in a single circle the last time you circle L \& R.

An easy no-partner country western lance for most groups teens to seniors.
Music: KCA 51084 BLVIIA - other country western tunes may also be used if you like a faster tempo.
Formation: Lines all facing sain wall. Thumbs hooked into belt or in back jeans pockets. $\frac{c^{2}}{1-8}$

Touch 2 heel fwd, step on $Z$ foot beside $I$. Touch I heel fwd. Step on I foot beside 2 . Repeat

II 1-4 Feet together, turn toes of both feet out, Turn heels out. Turn heels in. Turn toes in so that feet are together.

III $1-4$ Touch 2 heel fyrd. to I of $L$ foot. Touch $\mathbb{R}$ foot beside I foot. Touch $I$ heel fid. to L of I foot. Step on $\mathbb{R}$ beside I foot.

IV $\quad 1-4$ As you turn $\frac{1}{4}$ turn $R$ kick $L$ foot ford. Step backyard 3 steps L, R, L.

Repeat dance facing different wall.
COUNTAY POLKA or TEN STEP POLIA (country western)
This dance is the same as the Jessie Polka except that there are two more steps - 10 instead of 8 .
Record: Cotton-Zyed Joe - 4189-B. This record can also be used for the "newfangled" version of Cotton-DyedJoe. It's a lindsor record.

Place $I$ heel diagonally fwd $L$
Step on LT beside $2 F$
Touch $R$ toe in back
Stamp RF next to Li
Place $R$ heel diagonally fwd $R$
Suing in heel across in front of $L$ ankle
Place $R$ heel diagonally fwd $R$
Step on RF beside L
Place $L$ heel diagonally fud $L$
Swing L heel across in front of right ankle
Do four two steps or polka. steps or shuffle steps, as they say in country western dancing.
Dance may be done in varsouvienne position with couples or individually moving in LOD on the two steps. The Jessie Polka is often done in groups of $2,3,5 \mathrm{etc}$, with arms linked. This is fun done the same way. Do your own thing!
cts.
1-4 Grapevine R, hop (or scoot your boot)
5-8 Grapevine L - hop (or scoot your boot)
9-12 Step backward R, I, R - Hop
13-15 Lift $R$ knee across left leg making $1 / 4$ turn $L$ at the same time.

Begin dance again facing a different wall.
Variation I Steps same as above except on cts, $13-16$ pretend you are roping a steer-- R hand circling as if throwing a lasso.

Variation II on cts. 13-16 (Freeze part) put hands on hips, index fingers pointing like guns, as if you are shooting from the hip.

We usually do each part once around the square then start the dance from the beginning again etc.

CHAT/MAIN/85

TZADIK KATAMAR - Isreali circle dance by Jonathan Gabit.
Formation: Circle, hands held at shoulder level. Meter: $4 / 4$
Meas Pattern

1
2
3-4
5
$6 \quad 3$
7
8
9-12

Moving in LOD, step on $R, L, R, L$ (1-4)
Face ctr. Sway on $R$ to $R(1)$. Sway on $I_{1}$ to $L$ (2). Sway on $R$ to $R(3)$. Sway on L to L (4). Repeat action of meas l-2. Facing ctr, step on $R$ to $R(1)$. Cross $L$ in front of $R(2)$. Step on $R$ to side (3). Step on L crossing in back of $R$ (4). Make complete CV (right) turn with two steps R,L (1,2). Step on $R$ to $R(3)$. Step on L crossing in front of $R(4)$. Step on $R$ in place (1). Step on I to $L$ (2). Step on $R$ crossing in front of L (3). Step on L in place (4). Repeat swaying action of meas 2 Repeat action of meas 5-8.

## :LUNELUL <br> "little hazelnut"

Pronuniciation - ih-100-neh-100
Record - Folk Dancer MHll20

Nationality - Romanian
Steps - Sideward step, stamp.

Formation - Single circle, facing center, with hands on the shoulders of the person next to you. Keep facing center throughout the dance.

Pattern in Brief - 1. Five steps and two stamps.
2. Three steps and one stamp. 3. Step, stamp; step, stamp; step, stamp, stamp.

## PATTERN

## Measures

## 3

1-2 Step $R$ to side, cross $L$ behind $R$, step $R$ to side, cross $I$ behind R. Step $R$ and stamp $L$ heel beside $R$ twice (no weight).

3-4 Repeat, starting with L ft and moving to $L$ (opposite footwork).
5-8 Repeat from beginning.
IT
1 Move $R$ by stepping $R$, crossing $L$ behind, and stepping $R$. Stamp L heel.
2 Move $L$ by stepping $L$, crossing $R$ behind, and stepping $L$.
3-4 Repeat meas 1 and 2.
III
5-6 In place, step $R$, stamp $L$, step $L$, stamp $R$; step $R$, stamp $L$ twice. Repeat action with ${ }^{\text {, }}$, stamp $R$, step $R$, stamp I; step L, stamp R twice.
7-8 Repeat meas 5-6.

## HINTS FOR LE RUING

This is a good dance for learning to move lightly on your feet as you progress sideward. The stamps are light, and the entire dance should look effortless as you perform it. Remember to listen carefully to the music.

Redord: MH45-1.130 A
Position: No partners. Dancers are in a long line (or broken circle). A leader at the head of the line weaves serpentine figures as the dance progresses.

This is one of the most popular Bolivian folk dances and is danced at most festive occasions, especially during carnival.

Step 1. Schottishep step- Step R,I, R, hop then $L, R, L$, hop etc. On the first Schottische step the head and body are bent forward. On the second Schottische step the body is straightened up. Continue in this manner until music changes rhythm.

Step 2. Step - Hop, Step RF, hop -step LF hop. Use big joyous steps as dancers weave around the floor.

These two steps alternate throughout the dance which should be accompanied by much shouting and whistling.

CHAT/MAIN/85

TROPANKA
(Bulgarian)
Record: Shave this on tape \& failed to write down the record \#It is available from your folk dance record dealer.

Position: Line, no partners, hands joined at shoulder height.
Take five light running steps to the $R$. Stamp LF two times.

Take five light running steps to the $L$. Stamp/RF two times. REPEAT the above sequence ( $\mathrm{R}, \mathrm{L}$ )

Face center. Step on RF, hop, hat we same time swing LF across in front of R. Step on LF: hop, at the same time swing RF inrisont of LF at same time. Step on RF. Stamp LF two times. Repeat starting LF.

Repeat the shove sequence but move into the center on first step-hop pattern and move backward on the second step-hop sequence. (A shout (hep-hep) on the two stamps in the center helps to liven up the dance and make it more "Bulgarian")

## Isarcli Circle Dance

RECORD: Vorldtone 10015 or Vanguard 9118 - Israel Sines -band 7
FORIATION: Dancers in a circle, holding hands, facing to the right.

1ART I: Starting with right foot; walk forward 3 stops (R.L R) then stop back with loft. Walk forward two steps (R L) then do 2 steps bawd (RL) Repeat all
Dart ©I Face Contort: tap right too behind loft foot, brush right foot forward, tap right heel in front of loft foot, step on N . foot. Repeat all with loft foot.

Part III Stop to right side with R. foot, close Left to it, and swizzle and swizzle ( move knoss around) Report to Loft starting with Loft foot.

Part IV
Do a threo-stop-turn to the Right and close loft foot by R. but don't take wight Ropoat to I starting with Left foot.
(If using the Li (Vanguard) there is a four count interlude after the first sequence. Sway ReL. R. I. The dance is done 3 times on the LI



Gwen Main


This is a basic hora step which can be done to many hora records.
Formation: Line hands on neighbors shoulders or hands joined if you prefer.

Step:
Step sdwd on RF
Step on LF behind $R$ (Bend $R$ knee slightly)
Step $R$, swing $L$ in front of $R$
Step $I$, swing $R$ in front of $L$
This can also be done starting $L$. It is fun and looks spectacular done in concentric circles if you have a large crowd. Have one dircle move $R$, the next $L$, etc. 然筑

Intro: 8 cts

$\frac{\text { SAVILA Se Bela LozA, }}{\text { Serbia }}$


Facing $R$ take 19 Small running steps starting $R$ Hop on Ct 20 to change directions.
Repeat action moving $I$
Step said on $R$ (ct 1) close $L$ to $R$ ( ct 2)
Step sdwd on $R$ (ct 3) hop on $R$ (ct 4)
On the hop, free foot is swung slightly fwd


Repeat this pattern 2 more times
Formation: Line, no partner, hands joined, arms at side
Record: Carousel CR 701

This record also has three other easy dances on it.
Dance taught by Dawn and Bet at the Cruise Craft Party.

## HAVA NAGILA

Heva Nagila means "come let up be joyful."
A. Hava Nagila

Hava Nogila
Heva Nagila Venismecha
Repect A
B. Hava Neranena

Hava Neranena
Heva Neraneno Venismecha
Repeat B
C. Uru Uru Achim
D. Uru Achim Belev Samerch Repeat D three times more
E. Uru Achim

Uru Achim Belev Sameach

Let's be joyful
Let's be joyful
Let's be joyful
Let's sing
Let's sing
Let's sing and be joyful
Wake up, Wake up, brothers
Wake up, brothers, with a happy heart
Weke up, brothers
Wake up, brothers, with a happy heart

Music Record: Folkraft 1110, 1110X45, 1116
Formation: Double circle, partners facing, man's back to center, two hands joined. Pertners stand close together, elbows bent, and hands close in.

III. Clap, Hop, and Turn

C 1
Bend over to $R$ and clap hands to one's own $R$ side about knee level (cts.1-2). Repeat bending to left (cts.3-4).
2 : . Bend forward and clap in front (ct.l), gradually raise hands to outstretched arm position, in three upward lefts (ct. 2,3,4). Head follows hand positions. Hands on hips. Jump in place (ct.l). Take three hops on $R$, extending $L$ font forward (cts. 2, 3, 4).
4 Repeat getionof measures: 3, hopping on + Loot ext ed extending $R$. Repeat action of measures 3 and 4 . Repeat action of measures 3 letting I foot trail behind while turning CW around in place once on three hops.
8 Repeat action of measure 4, letting right foot trail behind while turning counterclockwise around in place once on three hops.

CHAT/MATN/85


Mixers

## WESTERN TRIO MIXER

Record: Folk Dancer - 45-2004 or any good 32 bar contra or hoedown record.

Position: Trios, WMW, around a big circle facing CCW, hands joined in the lines of three.

Walk 16 steps in LOD.
Center person lifts LH. RH person goes under the arch into the center of the hall and forms a circle with the other "center" people and move to the L 16 cts. At the same time the remaining two people buzz swing for 16 cts .

At the end of the swing, $M$ puts partner on the $R$ and gets another LH woman from the center of the circle.

Begin dance again.
CHAT/MAIN/85

LUCKY SEVEN MIXER English

Record: Any good English jig or reel.
Position: Couples in a single circle, hands joined.
I. Walk into the center 4 steps. Back out 4 steps. REPEAT
II. Do a grand right and left to the seventh person counting partner as \#1.
III. Swing new partner 8 measures ( 16 cts.) This calls for a buzz swing but if the group does not know this type, a RH, LH or two hand swing may be used.

Open to a circle for repeat of the dance.

## TENNESSEE SWIZZLE

Record: Tennessee Wig Walk - MCA 60051
Position: Double circle, partners facing. Hands are not joined.

Meas Cts
1 1-4 Each person moves to Own right with the following step: Step R, close L to R, Step R, clap.

2 5-8 Repeat to the L.
3-4 9-16 Repeat measures 1 \& 2 above.
5-6 17-24 * Swizzle 8 counts to R, to face new partner.
7 25-28 2 slow walking steps toward new partner.
8 29-32 Slap knees, clap own hands, clap partner's hands (Rest on ct. 4)

* Swizzle step - move toes to the $R$, then heels to $R$, etc. for 8 counts. If you really want to get into the spirit of the dance, move elbows up and down in "chicken".

This record may be ordered from the following address:

> Wagon Wheel Records
> 8459 Edmaru Ave. Whittier, CA 90605

The Pullman,
The original Hitch Hiker cance was originated by Jane Harris of Washington. We have adapted it slightly to be danced to "Tenessee Saturday Night". It can be adapted to any peppy two-step.

Starting position: Double circle, partners facing.

Meas. 1. Moving away from partner take two jumps (chugs), clapping on the off beat.
2. "Hitch hike" twice - Thumb over $R$ shoulder - $R$ toe twisting $R$ as thumb moves.
3. Repeat measure 1.
4. Repeat measure two with $L$ thumb and toe.
5. Repeat measure 1.
6. Repeat measure 2 with both thumbs and feet moving at the same time.

7-8. Do-sa-doe partner 8 steps - 1 step per beat.
9-10. Join inside hands and walk fwd, 4 steps (2 cts. to each step) (A cross-walk is fun to do here)
ll-12. Take four strut steps (2 cts, to each step--and really strut) as $M$ turns $L$ to meet the lady behind him for a new partner. W struts 4 step in place as the $M$ meets her to start the dance again.

# "DO-SA-DO MIXER" <br> (Round Dance--Mixer) <br> Windsor Nor 4697 

STARTING POSITION: Couples in a circle, partners facing with both hands joined, M's back teward COH

FOOTWORK: Opposite throughout, steps deseribed are for the $M$
INTRODUCTION
1-8 WAIT 4 meas; $\triangle$ APART, POINT; TOG TOUCH; APART, POINT; TOG, TOUCH; Step bwd on L foot, pt R ft twd ptr; step twd ptr on R ft, tch I ft to R; Repeat meas 5-6;

## DANCE

1-4 SIDE, CLOSE; SIDE, CLOSE; SLIDE, SLIDE, SLIDE: Step swd in LOD on L ft, close $R$ ft to $L$; swd again on $L$, close $R$ to L; do 4 slide steps swd in LOD side L close R, side L close R; Side L close R, side L hold keeping weight on M's L ft \& W's R ft;

5-8 SIDE, CLOSE; SIDE, CLOSE; SLIDE, SLIDE: SLIDE, SLIDE; Repeat action of meas l-4 in RLOD starting M's R ft;

9-12 SIDE, TOUCH (in bk); SIDE, TOUCH; SIDE, TOUCH; SIDE, TOUCH; Step swd in LOD on I ft, tch $R$ toe in back of $L$ heel; step swd in RLOD on $R f t$, tch $L$ toe in back of $R$ heel; repeat meas 9-10;
13-16 DO-SA-DO, 2; 3, 4; 5, 6; 7, 8 (to new ptr) Release hands and do a do-sa-do in 8 steps passing $R$ shoulders using 6 steps to go around own ptr and 2 steps diag to the $L$ for both ( $M$ twd LOD \& $W$ twd RLOD) to new ptr and join hands

PERFORM ENTIRE ROUTINE FOR A TOTAL OF EIGHT TIMES
Ending: After completing eight and last sequence thru meas 12, do-sa-do around ptr 6 cts \& ack.

THREE BLIND MICE
(Squaring the round)
Form a square (or two depending on the size of your group and the size of the hall). You may very the number on each side to accommodate your crowd. The sides sing and act out their lines when their time comes by doing the following actions.
"Three blind mice"----------4 steps to the center of the square.
"Three blind mice"---------4 steps bkwd. to original spot.
"See how they run" ---------Turn $R$ and march four steps
"See how they run" ---------March bkwd. 4 steps to original place.
"They all ran after the
farmer's wife"--------------Right turn in place 4 steps.
"They cut off their tails
with a carving knife"------L turn in place 4 steps.
"Did you ever see such
a sight in your life"----- Raise both arms, shake both hands overhead then slap thighs on word sight.
"As three blind mice"-------Put hands over eyes and sway from side to side.

The first side of the square begins. When they come to "See how they run" and turn $R$ to march, the second side begins singing and marching to the center. Then side three, then four perform. Do the routine the usual three times.

Before forming squares I like to teach the steps with everyone facing center in a line on one side of the hall, leader in front demonstrating steps.

Music: Jiffy Mixer
Record: Windsor 4684-A
Rhythm: 2/4

Formation: Double Circle Position: Two-Hand Footwork: Opposite

The dance is described for the man, the lady's pert is the same on the opposite foot.

Measures
step
Description

1-2 Heel-Toe

3-4 Side Close Side Step to the side with the left foot, close the right to the left, step to the side with the left foot, touch the right too beside the left foot.

5-8 Repeat
Repeat the above starting on the right foot.

9-12 Chug-Glap

13-16 Swagger
With both feet together, chug backwards. on count one and clap on count two. Repeat three more times.

With four slow steps (two counts each). Swagger to the next partner to the dancer's right.

As a variation, "Jiffy "ixer" may be done in a single circle, everyone facing in, hands joined. Everyone starts with $L$ foot and there is no partner change. This is especially good with children.
Another variation may be in teas. 13-16. Instead of a swagger or strut step, the leader may indicate various ways of walking such as --- walk like a duck - like a monster - like Miss America - walk like John Wayne like a bathing beauty. Be sneaky, etc.
The possibilitios are limitless. Use your imagination and have fun!

Music
Record: Emilia Polka, Victor 25-1013 Little Brown Jug, Columbia 36021 Beer Barrel Polka, RCA Victor 25-1009

Position
Formation
Partners Face, two hands joined. Double circle, man's back to center. DIRECTIONS FOR MIXER

Music 2/4 Note: Directions are for man; lady's part reverse,
 Measures I. Heel Tee Polka and Slide

1-2 Beginning left, place left heel to right, place left toe to right instep. Repeat.

3-4 5-8

9
10
11
12
13-14
15-16

Variation:
9
10
11
12

Clap partner's right hand three times. Clap partner's left hand three times. Clap partner's hands (both) three times. Slap own knees three times.


## SPANISH FLEA

Music: Spanish Flea
Record: A\&\&M 792
Rhythm: 4/4

Formation:Single Circle Position: Individual
Footwork: None (use hands)

Start with the left foot forward and the weight on the right foot.

Measures
Step
Description

| 1-4 | Rhythm | Bunce slightly on the right leg tap the left toe. |
| :---: | :---: | :---: |
| 5 | Clap | Clap both hands to right hip twice, then clap hands togehter. |
| 6 | Miss | Pass right hand over left fist twice, then pass left hand over the right fist twice. |
| 7 | Fists | Hit fists togehter twice with the right fist on top, then twice with the left fist on top. |
| 8 | Elbows | Hit right elbow with the left fist twice, then hit the left elbow with the right fist twice. |
| 9-10 | Swish | Pass both hands to the right side, then up to shoulder level, pass one hand on each side, then back up pass both hands to the left side, then back up, and finally pass one hand on each side and back up. |
| 11-12 | Twirl the rope | Twirl right hand above head as if twirling a rope. (four conts) repeat with the left hand. <br> Note: The second, third and fourth times through the left hand twirls for four counts. |
| 13-14 | Swim | Imitate the action of swimming for eight counts. |
| 15-16 | Chug-clap | With both feet togehter, chus backwards on the first count and clap on the second count. Repeat three more times. |
| 17-18 | Hitch-Hike | "Hitch-Hike" with the right hand for four counts then with the left hand for four counts. (Cont.) |

19-20 The Bug Grab with left hand as catching a bug. (two counts) Put bug on right hand (two counts). Smash bug with left hand (two counts). Blow away bug. (Two counts).

Repeat dance three more times. At the end of the last time, do the rhythm step for five counts then hands twice.

## I LOVE YOU MORE AND MORE

 EVERY DAY
## INTRO-CLOSER

You join your hands and circle round the ring. Now you circle left around the ring you go then face your corner, left allemande the corner a right left grand around the ring you roam.
You meet you maid and promenade beside her you take her home and there you're gonna swing and whisper as you walk along beside her I love you more and more every day.

## FIGURE

Head ladies chain, go straight across the ring now then chain them back, it's right home they go. You face your corner, and do-sa-do that lady you come back home and swing your own sweet girl.
Well join jor hands circle left around the ring now you swing your corner lady once or twice around and then you promenade and whisper then beside her I love you more and more every day.
Note: This is not the call which comes with the record. This is my own version simplified for beginners.
" Her dancing I fear, far from divine.
She's light on her feet, but heavy on mine."

## LEADERSHIP EXPERIENCE IN ORGANIZING AND CONDUCTING SOCIAL ACTIVITIES

## Leila Stecke1berg

Social recreation is any social occasion where people get together for fun and fellowship; to play, to dance, to laugh, to compete in the spirit of a game, to join in the spirit of a game, to join in the theme of a party.

This social occasion may be at any age level from two to one-hundred two. It may be any age separately, or all ages together. It may be any size fron a handful of friends at home to a group of several hundred at a conference or camp. It may be any length from thirty minutes of games to a threehour dance or rally. All have one thing in common - a group of people who have the same general interest in sharing some time together in one or more activities.

The party-type recreation is not a special luxury for the few far down on some priority list. Rather, it is one of the most needed mediums for healthy personality development in our modern day. It offers a necessary balance to one's work life, as it promotes and teaches wholesome self-expression in a group, encourages the development of creative talents, gives constructive release of tensions, offers many opportunities to gain a sense of being accepted just for what you are, and all in a gay and friendly atmosphere. A good party may not always be an educational program as far as providing intellectual stimulation and factual knowledge, but a good party never fails to educate one's emotions by helping the participant to experience more confidence in right human relationships with others and with himself. And who of us can deny this need for people to learn cooperative, friendy, intermingling socially. It is an art that requires much practice and participation in wholesome, friendly, and democratic situations.

Having a party doesn't mean that you have to spend a lot of money or hours making decorations and favors, nor does it have to come on some special day. A good party is merely any social recreation centered around one idea or theme. It is a program of events that is unified, has movement, gives new twists to old games, stunts, or dances, provides friendly mixing, offers variety in group participation, comes to a climax and tapers off to a mellow close.

When you volunteer, (or someone asks you), to help plan a party, you need not be apprehensive. One of the great educational experiences in democratic living is to serve on a partyplanning committee. Many committees have more fun getting the ideas and doing the planning than those who finally attend the "super" affair itself. This fact in itself reveals one of the key secrets to a successful party; that is, that the more the committee and the leaders can do to get those attending the party to help make it, the more fun they will have! The success of a party is to a large degree dependent upon how many people are involved in "putting it on".

Leadership Experience-page 2
The only prerequisites for being a successful and productive member of a party-planning committee are a genuine interest in, and love for all people, a liking for parties, and, most of all, boundless enthusiasm!! A knowledge of the principles and techniques of planning and conducting social recreation will be a great help in bolstering confidence in your abilities and capabilities. In order to be a relaxed leader, it helps to be aware of leadership techniques for planning well, chooseing and arranging materials carefully and the conducting of activities for the enjoyment of all. Only you can provide the prerequisites; some of the principles and techniques I shall attempt to bring to you here.

Good parties are not automatic - they don't "just happen". Just getting people together is not enough. This need not be frightening, however, since it does not take a magician to provide the ingredients necessary. Good parties need to appear relaxed and effortless. This means planning down to the smallest detail. A well-planned party agenda, with dependable and enthusiastic people on hand to help, and everything ready to go well before the party begins, means security for the leader and results in a relaxed, smiling, happy person who can proceed with confidence. The result will be genuine enjoyment for the guests and the leader as well. It is also the responsibility of the leaders to create an atmosphere where the guests will be at their best. Under certain circumstances and atmospheres, people are shy, self-conscious, afraid, or inhibited. Under other circumstances and different atmospheres, these same people are friendly, relaxed, and cooperative. They are happy, contributing, and spontaneous. It is the objective of the planming committee to find the right combination of circumstances to set the stage. Planning for, and with, each specific group of people is the magic formula for any party-planning committee. Finding the right circumstances is a matter of answering a few questions and building the party around the answers.
I. The type of party will be determined by:
A. WHO will be attending?

1. Age of participants
2. Sex of participants:
3. Proportion of men, women, children.
4. Abilities or limitations of participants.
5. Special interests of participants.
6. Prejudices, if any.
7. Size of the group - number attending.
8. Type of group this is (church, 4-H, etc.).
9. Experiences this group has had.
10. Do they know each other.
B. WHAT is the occasion for the party?
11. Why is the group getting together?-will help set the theme.
12. How will they be dressed.
13. What type of party will it be.

Leadership Experience-page 3
C. WHEN is party being held?

1. Time of day.
2. Season of the year.
3. Weather.
4. How long will it last.
5. Will party include a meal or some kind of refreshments.
D. NHERE narty will be held?
6. Location.
a. Indoors.
7. Outdoors.
c. Size of facility.
d. Kind of place.
8. Facilities available.
a. Parking.
b. Hanging wraps.
c. Lavatory.
d. Fireplace, etc.
e. Electricity.
f. Heat and ventilation.
g. Kitchen.
h. Chairs and tables.
i. Waste baskets.
j. What is the floor like.
9. Equipment available.
a. P A system.
b. Record player.
c. Piano.
10. Regulations.
a. How early can you get in.
b. How late can you stay.
c. What are the decoration regulations.
d. Any clean-up requirements.
E. HOW MUCH is the budget?
11. Resources.
12. Fees-money raising event or tickets
II. THEME (The theme is an idea or hook on which to hang a variety of spontaneous and interesting ideas and events.)
A. Where does the theme originate.
13. Past, present, future.
14. History - historical events, people, etc.
15. Places.
16. Activities, sports.
17. Occupations (circus, loggers' jamboree, etc.)
18. Geographical areas and circumstances peculiar to them.
19. Special events.
20. Fiction.
21. Famous peop1e and places.
22. Make-believe.
23. Seasons.
24. Nature.
25. Special interests.
26. Countries, customs, traditions.
B. How is the theme arrived at - where do the ideas come from?
27. Sometimes already determined by the occasion. 2. Brainstorming (saying the first thing that comes into your head whether it makes sense or not). Stress not to be concerned with "how could we do this?" or "what would we do at this kind of a party?" but rather on just getting lots of ideas listed. One idea suggests another and another until the theme emerges from the entire group at the same time. This can only happen when there is lots of enthusiasm and each idea is accepted as good - never "that's no good", "that wouldn't be any fun", etc.
a. List all ideas suggested - if group bogs down, throw out ideas of where to find then from list above.
b. Vote on list and eliminate by democratic procedures.
c. Make final decision on mutual interest - you can't plan a good party unless all are enthuseiastic about the theme.
28. If group is evenly divided on two themes, Why not combine them? (Twist Beach Party, King Arthur of the Stone Age, Backwards Rock $\underset{G}{ }$ Roll, Surfing Party at Muscle Beach, etc.)
29. You can tell when the group has agreed and enthusiasm is running high - they begin to plan, in the large group. Now is the time to break up into smaller groups to plan the different parts of the party. Watching a party theme take shape is an amazing experience!
III. PARTS OF A PARTY
A. BUILD-UP -- to create enthusiasm, to stimulate interest to want to come to the party.
30. Invitations - can set the tone for the whole party. a. Should have some element of mystery, surprise, gaiety, or curiosity.
b. State clearly the date, time, place, theme, and whether guest is to wear anything special or bring anything.
Hay be made by mail, telephone, person-toperson, word-of-mouth.
31. Posters, Signs.
32. Announcements.
33. Advertisements.
34. News articles in newspapers, on radio or TV.
(sometimes free for public events)
35. Skits.
36. An element of mystery-surprise-question marks to build up excitement for the big event.
a. A clever committee will create a variety of things to keep interest alive and stimulate "looking forward" to the party. Each should restate, at least once, the date, time, place, and requirements of the party and be in keeping with the theme. (whether the guest is to wear a costume or bring anything special). The more people talking about the party, the greater the participation. If people "simply don't want to be left out," the build-up has been good.
b. These things may be started before the invitations are sent and continued right up to the day of the party.
B. ATMOSPHERE -- to create more enthusiasm.
37. Decorations - should accent the theme and be appropriate; need not be elaborate, gaudy, or expensive.
a. May be done before party.
b. May be done as a pre-party activity.
38. fiave plenty of materials available and have those arriving early pitch in to help provide decorations in keeping with the theme. To make it even more fun, have groups competing with each other in their decorating. An Animal Party might have the groups making a den, etc.
39. Physical arrangements - to help people become a part of a small group. a. Avoid a single line of chairs around the perimeter of a room, if possible. b. Strive for conversational groupings. c. The arrangement of the furniture is probably the most singularly important item in creating atmosphere.
40. Lighting - one of the most effective means of setting an atmosphere.
a. Lamp light or light from a fireplace, in contrast to bright flary light, is inviting.
b. Firelight attracts.
c. Dimness stimulates good singing.
d. Spot lights accent only certain attractive details.
e. Moving or flickering light is exciting.
f. Cutouts or silhouettes are good conversation pieces.
41. Costumes - allows everyone to get out of their everyday selves into a "party personality" with amazing results. a. Come to the party in the costume. b. Provide materials for folks to make their own costumes (to fit the theme) as they arrive.
42. Refresiments - it is well to relate them in some way to the party theme. And let's contrive a way to serve the refreshments without having the party guests line up and file past a serving area in cafeteria style.
C. PROGRAiri - The program is the party!
43. The program is concerned with:
a. Choice of activities - what kind, how many, order of events.
b. Transition from one activity to another.
c. Relation of activities to the theme - change the names of activities (games, dances, etc.) to suit the theme.
d. Appropriate activities according to "who" is attending.
e. FUN! FUN! FUN!
f. ENTHUSIASM! ENTHUSIASM! ENTHUSIASM!
44. The program may be made up of any, or all, of the following activities:
a. Games.
45. Ice-breakers.
46. Defrosters.
47. Get-acquainted.
48. Mixers.
49. Active.
50. Quiet.
51. Relays.
52. Pencil and paper.
53. Musical.
b. Dances.
54. Folk
55. Western - Squares, etc.
56. Popular.
57. Interpretive.
c. Pre-party activities - something easily and readily provided to participants, with very 1ittle explanation necessary, as they arrive. Don't let your guests have a moment of bewilderment about when the party will begin - it has begun the moment that first guest arrived! These activities must be of the type that can be used for any number of people; does not upset the whole group when a new person arrives; and is easily terminated.
58. Decorations.
59. Costumes.
60. Name tags, etc.
61. Competitive types of things such as each group building a shelter for their partio cular animal group; space vehicles for travel on the moon; dressing one of their members as a scarecrow, man from Mars, beatnick, animal, etc; decorating their section for the Olympic Gancs, Etc. The party theme will suggest an activity that may be used. Prizes are not necessary here (but do be sure that their efforts are used in some way - as their home base for several games, in a parade, as a way of selecting a "queen", etc.), the fun and the hilarity as well as the cooperation \& tean-work is enough! An enthusiastic introduction as well as an imaginative and vast assortment of materials and supplies available for their use will quickly bring about the desired results; their creativity and "genius" will produce most fascinating and fantastic creations - "out of this world," so to speak! As an added bonus, when people come to a party where they are not acquainted, the pre-party activity should serve to create a feeling of belonging. Groups should be kept small so that they will get acquainted (everyone is needed in a small group) and share the fun rather than be isolated. "Two heads are better than one" means in social recreation security and usually results in better participation and greater enjoyment.
d. Contests.
e. Entertainment.
f. Skits.
g. Stunts.
h. Music.
i. Singing.
j. Slides and films.
k. Stories.
62. V1siling
63. Preparation ot went program - some leadership suggestions pertinent to ile general selection of activities for it.
a. Ilave a definite program pı.... However, be flexible, have substitute acts. $1 e=$ available and be ready and willing to change fe necessary.
b. An hour and a half is plenty of time progran of organized social recreation a a divitactive.
c. Always plan more activities than you can use, for something may not prove popular and you may what to change activities sooner than you expected, or some may not take as much time as you had planned. On the other hand, some activities may take longer than you had planned, so be willing to drop or skip some of the program - don't drag it out to the bitter end.
d. A pre-party type of activity should come first in an organized progran and should be the type which involves everyone-individually or in groups - as they arrive.
e. The second activity should be one which includes everyone together as a group. This may be a get-acquainted, ice-breaker, or mixer type of gane or dance, and should be lively, fun, and one of the leadors sure-fire activities since this event can set the tone of the entire party.
f. The next activity should be in a similar formation but contrasting in terms of action - if the first was noisy and active physically, this one can be less active or more quiet. Be sure to have something at the beginning to get everyone started and with a certain laugh active participation will usually take care of itself after that. Do make it easy for late-arrivals to enter into the activities by choosing those that are simple, and easy to start participating in at any stage of the game. Save the more complicated for later in the party
$g$. Now a change of position or formation is needed. Plan for one activity to have some relationship to the next - winner of the last be captain or "it" for the next activity. Move smoothly from one activity to another with a minimun of time lost - but don't push! Confusion can be kept to a small degree if you can end one game in the formation required for the next activity, or use a game to get into the new position ("Choo-choo", "Circles", grand march, etc.).
h. Vary the program - use ideas from those listed previously.
64. Active and quiet.
65. Small-group activities and whole-group activities.
66. Participant and spectator.
i. A climax activity should bring the whole group back together. This leaves the group happy or exhilarated from good participation.
J. The closing activity should be snappy and gay, including everyone. It should send guests home singing, laughing, and chatting about "a good time". Or, you may prefer a "tapering off" type of activity which will unify the group into a mood of fellowship. Real fun is not merely a surface feeling or a whimsical "fling". Good party fun goos deep into the heart of a person and brings to one some of that joy in friendly fellowship that one cannot help but someday realize to be his most priceless possession. A party committee would do well to do some experimenting with some short, but we11 conceived and planned, closing to their parties. A simple, ceremonial type of affair that takes ten or fifteen minutes and which, through music, poetry, or simple dramatics, seeks to present (without preaching) a serious, or humorous but meaningful, note on the party theme may prove to be most effective.
K . Be sure that the closing activity is done in such a way that people are aware that this is the last activity without having to say "That's all, folks!"
67. Give some consideration to the order of events in regards to ease of setting up the materials. Do not run to consecutive events which require different materials to be passed out and cleared away.
$m$. When planning around a theme, any activity can be changed or renamed to fit into the atmosphere you wish to create.
n. Have a master list of events with leaders (and materials if needed) posted in some inconspicuous, yet accessible, place so that those who are going to lead can check at any time to see when they are due to perform.
68. A successful program - what makes a good party?
a. Enthusiasm of the planners - have fun yourself and show it!
b. Cooperation in planning.
c. Good theme.
d. Good leadership. The secret of a happy evening is to make everyone perfectly comfortable from the time he or she enters the door until they leave. Open the door wide as the guests enter, shake hands as if you mean it. Here are some tips on being a good party leader.
69. Be friendiy, enthusiastic, and interested in each person. (This isn't number one without reason.)
70. Be a good follower.
71. Enjoy everytining you do and show it! (Don't show annoyance!)
72. Be adjustable and ready to capitalize on unexpected happenings.
73. Don't rush your event and don't let it lag. Stop at the climax while all are still enjoying it and want more. Next time this activity is suggested, it will be welcomed with enthusiasm.
74. Start where the people are emotionally, physically, and socially.
75. Don't let your personality get in the way of what you're supposed to share.
76. Learn to like people for what they are. (Not what you would like.)
77. Speak clearly and jovially; explain yourself but don't talk too much.
78. Have a working knowledge, based on experience, of that which you are sharing.
79. Experinent in leveloping teaching techniques that convey the ideas and directions quickly.
e. Good leadership - A good game leader must have these qualifications.
80. He must like people! A gane leader must try to get everyone playing as part of the group, and often must smooth out personality difficulties to do it.
81. He must be enthusiastic! Sincere enjoyment in what you are doing is catching.
82. He must enjoy playing games! He must feel that the games are so much fun that others will enjoy playing them, too.
83. He must be willing to work hard, both before and during the leading of games! Much planning, practicing and preparation ahead of time go into the leading of games, and a great deal of energy is needed to put over games.
84. He must know many games! Start a collection of games and party plans from books, magazines, parties you have attended, and favorite games of anyone you know. Know whether it is a game that can be played indoors or out, with adults, children, boys, girls, mixed groups, what equipment is needed and whether it would be acceptable to the people you will be leading. It will be easier to plan a program of games for a specific meeting or party if you know many different types that can be used. Really know your games and the way that you believe best to teach them.
85. Be contagious! Radiate enthusiasm yourselfdon't portray annoyance or resentment.
86. He must be adjustab1e! Capitalize on unexpected happenings.
87. He must be "democratic!" Lead, don't push; use others to lead and to plan.
88. He must be a good follower! Learn by selfparticipation, observation, and evaluation.
f. Good leadership - Suggestions for successful game leadership. Tolead games so that people have the most enjoyment from them is an important talent. It is a talent that many people can develop. To develop it to its highest good, it must be used and used often. If we hide our talents, they not only do not do any good while we have then, but they will be taken from us soon. However, if we use them often, more will be given to us. A game, like a dance or stunt, is just a tool that can be used to aid in the fashioning of fun and enjoyment in an atmosphere of "relaxed togetherness." The success of the tool in realizing the desired goal depends in great part upon the craftsman and when and how he uses it. Here are some points for consideration.
89. Be friendly, enthusiastic, and interested in each person.
90. Know your group and its program, remembering always that individuals make up groups.
91. Build an atmosphere for play. Don't be afraid to show how much you enjoy playing games - and you must sincerely enjoy playing them if you want the group to be with you.
92. Know your games well so that you can get all of the essential parts over to your audience clearly. Think each one through carefully, step by step, before taking it to the group.
93. Get your group into a listening formation and as near to game formation as possible.
94. Get the attention of the entire group before giving directions. Ask yourself, "Where will I stand? Where will the group be? What will I say first?"
95. Do not give instructions until the group is quiet and speak slowly and soft1y. A raised hand for quiet is far better than a whistle or shouting.
96. Don't talk too much. Give brief rules or instructions. Interpret rather than explain Demonstrate whenever possible - be clear, jovial, and distinct. Also, tell the name of the game and something about it if you can.
97. If the game has several parts, explain the first step, demonstrate if possible, and have the groups practice this step.
98. Explain, demonstrate, and practice each step in turn.
1.1. Do a practice run through of the game to be sure that everyone understands and can accept the rules before starting to play.
1z. If directions are not understand, stop the ent1re group and briefly clarify, using different words if possible, then start the gane again.
99. Play the game for fun. Laugh at mistakesbut be sure the group understands how to play it.
100. Join in the fun. Get into the group, play whenever plausible or watch with keen interest.
101. Know when to stop the game. Be sensitive to the climax - do not run the game into the ground - move on to the next game while they still want to play the first one.
102. Arrange the games so the change from one to another can be made snooth1y.
103. Vary the program - active games alternating with quiet, etc.
104. End your game playing decisively but easily.
105. In practicing the game, do it with someone who will not be embarrassed to have the whole group look at him. A shy person may be unable to play until the entire group is doing it.
106. Praise the group every time they do something especially well, and try to find these features of ten -- but really mean it!
107. Try to see that everyone has some recognition during the evening. Change leaders and captains frequently so that many people have the opportunity to be "first."
108. To get people to take part, joke with them, laugh with them, be gay and even-tempered at all times. Encourage people to play. lake then know you want then in the group, but don't be too insistent. Always leave a loophole so that someone can come into the games later if they wish, or can drop out gracefully if necessary.
109. Don't "shush" people or scold them, boss them, or argue with them. And never embarrass anyone or make fun of them. Remember, a party is a place to have fun, and your attitude will mean a lot in how much fun everyone else will have.
110. If an awkward situation should come up, turn the laugh on yourself. Take any remarks as you hope they were meant, and don't brood over failures. Be ready to apologize or make amends, if possible, for mistakes. Then, next time, you will be able to do a better job.
111. Be on the alert every second in order that you may see and avoid any breakers ahead.
112. Keep in the background as much as possible. Do not be "it" too much; on1y long enough to demonstrate.
113. Be sure that you have no responsibility for anything but the social side of the evening. Have special hostesses, refreshment, etc., committees.
114. Find leaders and then employ them to advantage - saves energy and develops better cooperation.
115. Let others share in the game leadership!
116. Above all, have fun! Remember, playing games is fun, and leading games so others can have fun is even more rewarding. Develop your talent and use it often. That way, you will realize your own capabilities and live a richer, fuller life.
D. REFRESHIENTS -- tied in with the theme.
117. When served?
a. To begin the party.
b. During - as a part of the regular flow of activities.
c. At close of party.
118. What served and how?
a. Plans include some activity leading into the serving of refreshments and also for leading back into the other program activities, if served during the party.
b. Planned according to the theme.
c. Ifust keep in mind the comfort of the guests in serving, ease of handiing, and eating what is served.
d. P1an for groupings - companionship enjoyed during refreshments.
E. CLEAN-UP -- If all has been planned well, each committee will take care of their own and no one will be stuck with the job.
119. It is a time when those who have worked together to plan the party enjoy sharing the fun, laughs, anc good fellowship of clearing it away.
120. Have on hand plenty of waste baskets, brooms or mops, ladders, dish washing materials including hot water, and boxes in which to carry things away.
F. PARTY POST-MORTEM -- E. O. Harbin, the outstanding American recreationist, says that "A good recreation occasion ought to be enjoyed three times - in anticipation, in realization, and in retrospect." This is certainly true for a successful party, especially the last part, if we judge by vocal expressions alone.

A good party always has a delightful party hangover, with people buzzing and exclaiming as they review the happenings and try to explain it to others.

Much could be learned from this kind of a reaction or even an adverse one, if a kind of supervised or control led discussion were held after the party. At least, the party committee should indulge in some honest evaluation by looking at the party piece by piece and scoring the success, mediocrity, or failure of each event. See "The liorning After" attached.
,
IV. How will this material improve your party planning? I have given you the "whole load" as the saying goes, now you must sift through and use the things which apply to your situation. There is much to learn about social recreation I have only scratched the surface herc. PLANNING EXCITING PARTIES IS EASY -- HAVE FUN, BE ENTHUSIASTIC!

Now you are ready to use these same principles for all kinds of planning. Don't limit yourself to parties.

Leadership Experience-page 15
A SUGGESTED PARTY COMMITTEE ORGANIZATION WORKSHEET
PLACE $\qquad$ DATE $\qquad$ TIME (start) $\qquad$ No. EXPECTED (close) $\qquad$ (Male)
PARTY THEME $\qquad$
$\qquad$ (Female) $\qquad$ GENERAL CHAIRMAN THEME SUGGESTIONS

WORK COMMITTEES: (Each committee does
its own clean-up)
Interest Promotion: (Invitations, Posters, buildup, etc.)
Atmosphere: (Decorations, costumes, facilities, etc.)
Program Events: (Games, dances, entertainment, leaders

Refreshments:
Closing Fellowship: (For a more elaborate closing)
OTHER NOTES
TIME ORDER OF EVENTS LED BY MATERIAL NEEDED 1.1 . . 1 1. 1. $\qquad$
2.__ ${ }^{2}$. . $2^{2}$. 2 . 2 . $\qquad$
3. 3 . $\qquad$ 3.
3. $\qquad$
4 . 4 . $\qquad$ 4. $\qquad$ 4. $\qquad$
5._5. $\qquad$ 5. $\qquad$ 5. $\qquad$
6. 6 . $\qquad$ 6. $\qquad$ 6. $\qquad$
7 . 7 . 7. 7.
$\qquad$ 8. $\qquad$
$9 . \quad 9$. $\qquad$ 9. $\qquad$ 9.
$\qquad$ 10. $\qquad$ 11. 11 . 11. 11. $\qquad$
12._12. 12. 12. $\qquad$
13. $\quad 13$. 13. 13.
14. 14 . 14. 14.
15. 15 . 15. 15.

Leadership Experience -page 16
THE MORNING AFTER
(A Suggested Evaluation Sheet)
Rating: 10 Excellent; 8 Good, 6 Average; 4 Mediocre; 2 Uninteresting; 0 Negative Effect
GENERALLY SPEAKING:
TOP SCORE 50
Did everybody seem to have a good time?
Was the theme practical for shaping a successful program \& atmosphere?
Was there plenty of opportunity for group expression G participation?
Did the party move easily from one event to another to its climax?
Did the work of the several committees dovetail? ADDITIONAL COMMENTS:

Total:

INTEREST PROMOTION:
TOP SCORE 40
Were the invitations inviting?
Was the build-up unique and a curiosity rouser?
Was there adequate build-up? (A11 things considered)
Were the interest promoters in keeping with the theme?
ADDITIONAL COMMENTS:
Total:

ATMOSPHERE:
TOP SCORE 40
Was there something significant to do when people arrived?
Did decorations, costumes, etc., help to create good atmosphere?
Did the party beginning succeed in mixing $\&$ unifying the participants?
Did everybody feel that they were included?
ADDITIONAL COMMENTS:
Total:

## PARTY PROGRAM:

TOP SCORE 50
Was the balance and variety in the program good?
Was there enough partner changing and "mixing"?
Was the order of events a good arrangement?
Did the program taper off to a good sense of mellow fellowship?
Did the party end at the right time?
ADDITIONAL COMMENTS:
Total:

REFRESHMENTS:
TOP SCORE 30
Was the method of serving in keeping with the theme?
Was the type of food in keeping with the theme?
Was it served at the right time?
ADDITIONAL COMMENTS:
Total:

Leadership Experience-page 17
LEADERSHIP:
Was the party chairman successfully inconspicous to the group?
Was there enough sharing of the leadership with the various events?
Did each leader seem to be having fun himself?
Were they successful in gaining group respect?
Were they able to maintain control of the group?
Did they adequately comanicate directions?
Did they have an experienced knowledge of their materials?
Did they have a good teaching technique?
ADDITIONAL COMMENTS:
Tota1:

IF I VERE TO DO THis AGAin, HOW WOULD I CHANGE IT?
Generally Speaking $\qquad$
$\qquad$
$\qquad$
Interest Promotion $\qquad$

|  |
| :--- |
| Atmosphere |
| $\square$ |

Party Program


Refreshments $\qquad$ $\bar{\square}$
Leadership $\qquad$

## TO DEVELOP LEADESSIP ABILITY

There are many false impressions about leadership. It's not something you are born with. The art of leading others is merely a composite of learmed abilities. These may be dormant, but can be developed in each of us. Among other things, you inust:

STUDY to broaden your understanding, improve your techniques, and add to the activities you can lead.
VISIT to learn all you can from the many recreational events happening around you.
PRAUTICE to try out the ideas you have found in study and obsorvation. Accejt willingly new opportunities to serve as a leader.

## GOTPIITG -I.ADY

1. Develop a workins library of recreation ideas. Keep adding to it as you loarn ney onos.
2. Have a "fun box" of equipment ready to use, including the materials you Generally need for loading ganes.
3. Learn to handle those who don't want to take part, as well as those tho arc overly enthusiastic.
4. Iearn to plan for the particular Group and occasion you face.
5. Plan more than you can use, but be ready to drop some extras.
6. Avoid Games that malse anyone "the goat" or eliminate players.
7. Then possible, Dlan to use transition ganes for changing formations.
8. Know exactly what you'II say and do for each activity.

## TIPS POR IAMDI, IIG PJOPLE

1. Radiate enthusiasa and a sense of humor. Act as if you're having lots of fun. Develop the spirit of play.
2. Capture attention without a whistle and without shouting at the Group. Never attempt to explain anything until quiet and attention are absolute.
3. Present an activity so that it appears to be both easy and fun. Leading a gane is vastly different than reading a game.
4. Laugh with the crowd, not at then.
5. Keep your attention on the thole group - not one person or a small group. Try to get the "slov ones" into the gane, but don't force or get "hard boiled".

As you stand up to lead an activity, remember these three basic principles:

You must be seen - F rst impressions are fenerally the most lasting. If you are seen favorably, that is your first step toward gettinc attention. Your clothes and posture speak for you. So does your walk. You should be briskis and enorgetic, moving with confidence. Somehow that helps peoplo accept you as their leader.
You must be hoard - The ring of your voice can show strencth of inind and body. It shows your attitude, your feeling. It autonatically records in the minds of others a quick impression of your personality. Don't mumble or allow words to trail off. Speak clearly, distinctly and with vigor, but not with a bie voice. Big voices never persuade.
You must be understood - lake your explanations simple. This vill talse lots of thought and work. To matter holl complicated the explanation, you can say it simply. Use comparisons to simplify and save tire. Use a little humor to ease a too-tense situation.

Here are sone other suggestions that will help you in actually conducting a party of social gathering.

1. Start with a plan and follow it, buit be ready to change it if the situation demands it.
2. Begin with the first person who arrives.
3. Demonstrate as you explain, in thesame formation used in the activity.
4. Teach the rules as they are called for. It isn't always necessary to teach all the rules before starting the game.
5. Don't lot an activity die - kill it!
6. Alternate quiet and active games in the same formation before chancing.
7. Keep things noving. Never have a time when nothing is going on.
8. Stop when the crowd wants more. Next time they'll look forvard to that activity.

Who has more Fun at planning a party than the cominitte? The committee as a whole decides the type of party - Theme, Special Events or Merely an Activity Party, time and place, publicity and build up, atmosphere, decorations, and refreshments.

Things to keep in mind while planning a party or event: A. Consider the group for whom the activity is being given:

1. age
2. interests
3. physical condition
4. number of people
B. How are the guests to bedressed?
5. costumes
6. street clothes
7. formal
C. What do they enjoy doing?
8. active
9. inactive
D. Is the group well acquainted?
10. how many ice-breakers and mixers are necessary?
11. How about name tags?

## Party Interest Graph

Activities should be planned to fit certain needs at certain times, depending upon the age group and theme. And remember, over-organization can ruin an event just as quickly as one that is under-organized. Leave time for people to socialize and talk even while maintaining control of the group.

The following graph is an approximate study of a person's enjoyment level:
A. Pre-party activities: To keep the interest level of early arrivals. Informal activities that anyone can do and that best can be joined into at any time. (approx. 20 min )
B. Mixers: Partner changing activities to insure everyone's getting acquaint e with others.
C. ICE Breakers: Something to relax people - something to make them laugh. D. Active games: Folk dancing, a grand march or whatever - interspersed with: semi-quiet activities ( 30 min )
E. Refreshments: to rest, nibble and chat while in the party mood ( 15 min ) F. Entertainment: Quiet games, stunts, tricks, mental games, group singing, while food digests and energies recoup. ( $10-15 \mathrm{~min}$ )
G. More: If dancing - perhaps a bunny hop, conga line, line dance.
E. Ending Activity: End upton a high note with everyone together:


3-5 Preschool: | Becoming more aware of the world. Ego centered. Tires |
| :--- |
| easily, Imitative, Eager for adult approval. Likes |
| brightly colored objects, stories and make believe, esp. |
| those with repetition of words or phrases. |

| 9-12 皿ementary: | Rapid growth period. Team play is appealing. Likes dual |
| ---: | :--- |
|  | sports such as tennis, crafts and hobby interests developing |
|  | Likes outdoors. |

Greatest growth period. Interest in opposite sex. Rebels
against adult authority. Idealistic. Co-educational games.
Likes guessing games and other games where he can show
superiority. Social dance preferred.

18-22 College: Tends to push self beyond fatigue level. Life val uses are largely formed. Interested in developing skills in individi and team sports. Co-educational activities appealing. Cream. ive and cultural interest high.

23-25 Young adults: Physical powers perfected. Idealistic, striving to make a mark in the world. Works and plays hard. Coeducational activities. Joins young adult groups.

36-60 Middle Age: Physical powers gradually weaken. Has developed definite ideas about others and things. Care less about what others think. Develops a slower pace of working, playing and living.

61---
Rapidly losing small muscle control. Wants comforts. May dislike strenuous activity but wants to keep going. Prefers shuffle board to golf. Cultural-creative activities have appeal. Enjoys table games with younger people and hobbies. Fore content to watch others than to do it.

NEVER ALLOW A PARTY TO JUST DIE. KILL IT. ALWAYS STOP WHEN THE GROUP WANTS
MORE. LET THE GROUP KNOW WHEN THE PARTY IS OVER. THE LAST ACTIVITY SHOULD BE EASY, INTERESTING, AND FUN, SOOTHING AID QUIET.

EVALUATE THE PARTY, NOTE "BIGGIES", WHAT BOGGED DOWN, OVER CONTROL, NOT ENOUGH
Your first party may not be perfect, but then neither will your last necessari However each time you lead, you'll improve your techniques, learn more, and experience more of the joy that comes from giving of yourself... the most important gift you can give.

## PROGRAM PLANNING



The most successful recreation leaders are only as good as the programs they plan. A successful party doesn't just happen, it's planned with care and foresight. The larger the group, the more careful must be your planning.

## DETERMINING OBJECTIVES

The specific ubjectives for a program will vary according to the type of grotip and the occasion. Unless you have your objectives clearly in mind as you plan, it's not likely that you will be completely successful. A few guidelines are standard with most planning. You can have a good program if:

## There's group cooperation

Most of the group participates
Members enjoy the activities and ask for more
Members develop in friendliness
Activities are carried home and to other meetings
New interests are stimulated and new skills learned

## THE COMMITTEE APPROACH

It's best to use a committee in planning a party. Even if you're capable of planning and conducting the event yourself, involving others has advantages. Each committee member learns from the experience. Group knowledge and suggestions usually result in a better party. It becomes "our" party, instead of "yours". And during the party itself, you'll have enthusiastic support ready to help make it successful.

Some basic decisions must be made before specific activities are chosen, or subcommittees assigned.

## PARTICIPANTS

## Number expected

Age, sex, resources and limitations
Relationship of guests (are they acquainted? strangers?)
Activity preferences (anticipated likes and dislikes)
How the group will dress

## PLACE

Outdoor or indoor?
How much room is available?
Type of space and equipment on hand
Decorating possibilities
Seating arrangements
Transportation problems
Temperature and ventilation control

TIME
Have a specific starting time, begin when the first person arrives.
Have a definite closing time. Never let the party die; end it while interest is high.

## THEME

A theme adds to the success of a party and is the skelton around which the party is planned. Decorations, invitations, refreshments and activities are more appropriate when planned around a central theme.

After the planning committee has agreed to the above factors. divide into subcommittees. Be sure each understands it: assignments and that the groups report back to the general committee. Check carefully to see that each group is func tioning, and give recognition for their efforts.

## SUBCOMMITTEE RESPONSIBILITES

## INVITATIONS should:

Be personalized
Be clever, unique, eye and ear catching
Fit the theme
Indicate time, place, theme, dress, cost (if any)

## DECORATIONS should:

Help set the atmosphere
Be inexpensive and simple
Be original
Not be too time consuming to make
Be suggestive rather than complete

## REFRESHMENTS should:

Fit the theme
Be served in a manner that allows conversation
Be varied - There are other foods than punch and cookies.
Not be the closing event - Serving refreshments leaves loose ends and is not a fitting climax.

## PROGRAM should:

Begin with the first arrival Close when the last person leaves
Be well planned, but flexible enough to meet the unexpected Include each of the following:


## MAJOR PARTY DIVISIONS

I. Pre-Party (activities for early arrivals)

Unless the social recreation event follows another program presented in the same building, it may take quite a while for all guests to arrive. This makes detailed planning difficult.

## A. Present activities which:

1. Complement the general program
2. Huld the interest of early comers and make them think the party will be fun
3. Insure informality by mixing the group and. getting people acquainted
4. Can readily be ended when all have arrived
B. Many activites are suitable, but they should:
5. Be individualized - not highly organized

6. Be easily explained and entered into
7. Require no special skills
C. Suggested types of activities include:
8. Get-acquainted games
9. Guessing games
10. Games of skill
11. Conversational activities
12. Puzzles

## II. Starters

Up to this point the atmosphere has been informal. Now the leader must sell himself to the group, through the "starter," or first group activity. It should make the group feel at ease and responsive to the leader's suggestions. These should be total group activities, not individualized, nor done in very small groups.

Here are some guides for this phase of the program:
A. The activity should be comfortable for everyone to enter into
B. Use more than one total group activity if you need to build group spirit
C. Suitable activities include:

## 1. Grand march figures

2. Partner pairing activities
3. Accumulation games
4. Musical mixers
5. Large circle games
6. Get-acquainted games
III. Social Activities (just for the fun of it)

The group should now be at ease, eagerly responding to the leader's suggestions and anticipating more fun. Activities chosen for this phase of the party, and the way activities are organized, depend on the nature of the group, location, theme and time allotted. This is the fluctuating part of the planning outline.
A. Plan more than you think you'll need, but be prepared to change or cut short if needed.
B. Play all games in one formation before changing to another formation. When possible use games for changing formation.
C. This group of activities may be conducted in two sections if the program is long - the first following the starters, and the second following refreshments and "resters."
D. Arrange these activities so you don't wear your group out - alternate extremely active periods with quieter activities.
E. Suggested types of activities include:

1. Circle and line games

## 2. Relays

3. Musical mixers
4. Fun dances and ballroom dances
5. Group contests
6. Individual activities

## IV. Resters (quiet participation)

The group usually is seated during this phase of the program, which may come before, during or after refreshments. This is the time when an inexperienced leader can lose group interest. Keep definite control of the group, and keep things moving. Your players are physically relaxing but capable and usually anxious to keep mentally active. Total group activities with a minimum of moving about are best. If there's to be entertainment of any kind, this is the time.

Suggested types of activities include:
A. Leader stunts
B. Group stunts
C. Songs
D. Guessing games
E. Brain teasers
F. Entertainment by a group member


## V. Finale

Never allow a party to just die. Kill it. Always stop when the group wants more. Let the group know when the party is over. The last activity should be easy, interesting and fun, soothing and quieting.

Suggested types of activities include:
A. A "good night" dance
B. A short story
C. Inspirational material with deep meaning for the group

## REHEARSAL

After all subcommittees have completed their planning, draw the total committee together again. Talk over the entire party. Learn all games and activities that will be used. Informed committeemen can contribute much to the party's success by working with small groups. Outline all plans on a Party Planning Worksheet, and have it with you the night of the party.

## PARTY EVALUATION

Soon after the social, but not necessarily the same night, the planning committee should meet to discuss the affair. Committee members should take notes as a guide for future activities of the sponsoring organization. The leader should evaluate all parts of the program of activities. This eliminates repeating the same mistakes, and establishes a record of activities that went over with a "bang."

The committee should discuss these questions:

## GENERAL EFFECT

Was the party successful? It was, if it met the objectives your group decided on during the planning.

Was the party fun for everyone?

## Were the subcommittees well coordinated?

Was the theme retained throughout the party?
Was there sufficient publicity of and interest in the party beforehand?

Did each committee take care of its own cleanup and return of props?

## ATMOSPHERE

Was there something easy for everyone to do the minute he arrived?

Did these activites "set the stage" for the rest of the evening?

## PROGRAM OF ACTIVITIES

Did the party move smoothly from one activity and leader to another?

Was there a good balance of program for the kinds of people attending?

Was there a balance of leadership?
Did the party move along at a comfortable tempo without being rushed or getting "bogged down?"

Was too much use made of the "mike" as a crutch to get attention?

Did the leaders participate whenever possible in the activites?
Did the leaders retain control of the group?
Were directions simple enough to be quickly understood?
Did leaders' attitudes create a spirit of fun and enthusiasm?

## SUMMARY

A party that's well planned has passed the major essential for success. If proper activities have been selected and arranged in logical sequence, only poor leadership can cause failure.

If you've read this far, you already know a good deal more than many people who lead recreation. There are many excellent sources of games and activities. Collect them. And learn by observing other leaders.

But the best way to develop as a leader is to lead. Your first party will not be perfect (and neither will your last). Each time you lead, you'll improve your techniques, learn more, and experience more of the joy that comes from giving of yourself - the most important gift you can give.

## SUNDAY EVENINGS ACTIVITIES

Pronran and Cere nony Pa ned by Jean aid Maureen".
Dinner - Welco e by Dick
Introductions - Each person i traduced the person. on their right to the croup- (name town and so ethic interesting about that person..)

So of the necessary rules of the ca ip wereexplained:
l. No alchol or firear as on grounds
2. Smoking in certai areas o by
3. Si n in or out whe leavis ca np

4 Ne pay for the electricity so e conservative
5. Can use - hut please return what you borrow
6. K.P. in families
7. You et out of Chat what you put $i$

ᄃ. Breakfast at $:: ク 0$ A.M. Pictures at 9:00
Break u til 7:30 P.M.
Return to dining area.

1. Group singing (led by Marianne) of familiar songs Vive la Compayne
The more we Get Together
2. Jean explained and had discussion on and about Chatcolab

Goals and Ideals
Why are we here - variety of reasons, variety of people (ages and years at Chat)
What we hope to learn or get out of Chatcolab
How can we accomplish these things?
Need to be on time for events
3. Using Pictures - Maureen

Pictures were taped to peoples backs. They were to ask questions until they found out whose picture they had then give it to them. Labbers then put their pictures on colored paper and taped the in on the wall so people could get better acquainted,
4. Group dancing - led by Leila and Ruth

Do_Sa-Do Mixer
Patty Cake Polka Jiffy Mixer
Alleluia
5: Group was led to Fireplace room to view slides of Chatcolab
6. Traditional Candle Ceremony Five candles on a table representing:
(Ideals, Philosophy, Humor, Knowledge and Sharing)
were lighted by Jean B., Vern B., Maureen K., Evelyn S. \& Leila S.
7. Singing of familiar songs

Tell Me Why
Kim By Yah
Each Campfire Lights Anew
8. People were told they could adjourn for refreshments.. Then to the outdoor fireplace for a campfire or stay and sing.

## BEAR-ITHON

Committee: Miriam, Roy, Gwen, Betty, Dorothy, Ginny Chairperson: Miriam

## Program

The entire evening program was a takeoff on Olympic Games. Each bear family was given the challenge of construction a flag that could be carried in the "parade" of competitors. The group gathered in the lodge and paraded to the campfire area where $a$ shower of balloons (tied up the flagpole) came down to herald the arrival of the torch bearer. "Let the games begin!" The teams then went to the basketball court for two competitive games:

1. Each team threw baskets (from a chair)
2. A teddy bear race (over and under)

The next main event. was a talent show in the lodge. These included:

1. Jane Higuera -- monologue (see next page)
2. Roy and Gwen Main -- dance (see dance section)
3. Vern Burlison -- storytelling "Aunt Mercy"
4. Yahoo and Joan Smith -- skit "STEWBALL" (page after next)
5. Ruth, Jean, Marianne, Ed -- Lummi (Mari) stick demonstration (see Game section)
6. Jane again -- "Woman with a problem with a cat" (page after next)
7. Stew and Pauline; Dayanthie on guitar -- Annie's Song (song section
(That was super)
8. Betty Kine, Don G., Dawns, Dorothy -- Enlarging Maching


## Promotion

Promotion included a song sung to the tune of "Little Playmate"
Say, say, oh playmate
Won't you come play with us.
And bring your cubbies plus
Your honey without fuss
Come to our party Put on your running shoes What have you got to lose And let's be friends
Each bear family planned and made a flag, carried out in their colors.

## Refreshments

Committee: Stew, Jean, Bill, Elaine, Marianne, Sonya,
Orange juice Sugar Cookies

Kool-aid Popcorn
Hot $\mathrm{H}_{2} \mathrm{O} \mathrm{w} / \mathrm{mixes}$

A table was set up with popcorn and cookies spilling out of overturned garbage cans, "thanks to the mischievous bears running around camp". The signs with' the cans said:
corn cookies) P Party/Ceremony Page 2

## 1

.

My cat Agnes had fleas.
So I took Agnes to the doctor,
And the doctor told me to take Agnes
Way out into a great big field and pour
Alcohol all over her.
So I took Agnes way out into a great big field
and I poured alcohol all over her.
But it wasn't alcohol
It was kerosene.
And there was a lighted cigarette laying right there on the ground.
And all of a sudden -- BOOM!
And all that was left of Agnes was one
Little flea sitting there on the ground.
He looked up at me and said --
"Where in the hell is Agnes?"

Roy and Gwen Main danced the beautiful "Have N'Gila" (See dance section)
Vern Burilson Told one of his Uncle and Anti Stories from Missouri
Yahoo. and Joan with the aid of two teddy bears by the name of Loren Oliver and John Hedrick told their saga of Stewbear

## STEW BEAR

Stewbear was a racebear I wish he were mine. He never drank water, He always drank wine.

His bridle was silver, And his fur it was gold And the worth of his saddle has never been told.


Oh, the fairgrounds were crowded And Stewbear was there But the betting was heavy On the big Grizzlybear

And way out yonder Ahead of them all, Came a prancing and dancing My noble Stewbear.

Oh I bet on the Black bear, and I bet on the Bay But if I'd bet on old Stewbear, I'd be a rich man today.


Oh the hoot owl she hollered, And the turtle dove moaned We're poor girls in trouble And a long way from home.


Wednesday Evening ------------Party: "Disguise"

## THEME BANNER: SOcIETIES TO SURVIVE BEARS NEED A DISQUISE

After breakfast we discussed last night's "BEARATHON" PARTY. Voted to a have another party this evening.
CHAIRIIAN: Jane
COMHITTE 侙HBERS \& RESPONSIBILITES:
Roy: Dance
Marianne: Games and Snake Leader
Maureen: Refreshments, (GORP from Terri Haynes)
Banner: Eddie and Dame
Couple of loose committee meetings during day
Announced after supper by presenting banner and a line of five strangly hatted labbers singing and trudging along to " If You Come Down To The
Woods Tonight, Be Sure To Come In Disguise" over and over
DECORATIONS Banner and peoples costumes
PARTY PROGRAM:
Balloon volleyball as jabbers arrived in main room
Dances ( round ) mixer type (3)
Games People To People, Consensus
Dance Bear Bearrel Polka
Refreshments -- Red Kool aid--\& Gorp
Partylength -- a good hour



Flag Ceremony

1. Let us fly this flag proudly, to show that we know what a privilege it is to be an American.
2. To the Colors -- Taped, or bugler (as the flag is raised)
3. Pledge of Allegiance
4. 

## THERE ARE MANY FLAGS

There are many flags in many lands, There are flags of every hue, But there is no flag, however grand, Like our own Red, White, and Blue.

I know where the prettiest colors are, And I'm sure, if I only knew, How to get them here, I could make a flag, Of glorious Red, White, and Blue.

I would cut a piece from the evening sky When the stars were shining through, And use it, just as it was on high, For my stars and field of blue.

Then I'd take a part of a fleecy cloud, And some red from a rainbow bright, And put them together, side by side, For my stripes of Red and White.

We shall always love the Stars and Stripes, And we mean to be ever true To this land of ours, and the dear old flag, The Red--the White--and the Blue.

Then hurrah for the flag! Our country's flag!
Its stripes and white stars too.
There is no flag in any land, Like our own Red, White, and Blue:


The huge flag of stars and stripes which inspired Francis Scott Key to write our national anthem at Ft. McHenry in 1814 was made by a littleknown Baltimore widow, Mary Pickersgill. She was 36 years of age at the time the Star-Spangled Banner was completed. Living in a small house, now known as the Star-Spangled Banner Flag House, Mary made the flag for the sum of $\$ 405.90$.

The original flag, which measured 30 by 42 feet, is now on display in the Smithsonian's Museum of American History. Made from 400 yards of wool bunting and the largest American flag of its time, this national symbol had 15 five-pointed stars and 15 instead of 13 stripes, each almost two feet wide. The flag was so big it was sewn on the malt floor of Claggett's Brewery.

On Friday, June 14, National Flag Day, all Americans will have another opportunity to pay tribute to the symbol of our antehm and the patriotic woman who was its creator.
Sunday Evening Ceremony
(see Party Section)
Monday Evening
Ceremony

1. "He's Got the Whole World in His Hands" sung while serpentine from
from dining hall to fireplace room -- Marianne
2. Reading: "The Gift of Hands" -- Terri (see next page)
3. Song "Of My Hands I Give To Thee" (2 times) Marianne.
Continued with background while symbols presented
4. Presentation of Symbols - narrator - Jane

A. Food - (bread) --Chez Couchenour

B. Writing - (Chat Book) -- Eddie Santeford

C. Crafts - (little craft) -- Dorothy Burlison

D. Music - (pipes) -- Pauline Gouchenour
E. Touching -- Sonya Watts and "bear"

(stand)
5. Song "Of My Hands----" once
"Of My Love I Give to Thee" Once
6. Verse to close - Jane Higuera

Hold on to what is good

Hold on to whet you believe............................ Sally Heard even if it is a tree which stands by itself....Sonya Watts
Hold on to what you must do..............................Jane Higuera even if its a long way from here.......................Terri Haynes
Hold on to life even when it is easier to let go..............................................Mary White
Hold on to my hand even when I have gone away from you..............................Marianne DuBois


When I was a very small child, I would climb upon my Grandpa's lap and there I would play. I didn't know it then, I was too young, but he was a. crusty old man, who had worked hard all his life. His faith was simple, but deep. And he swore too much - at least, that was what my Mother always said. In spite of it $\Omega 11$, I loved him and his stories.

I would wrap my small childish hands around his large and worn, wrinkled hands and play delightful games. It was right in the middle of one of those games that I noticed how wrinkled and knobby his hands were. Naturally, I asked him, how come? This was his reply:
"If you get a good gift, you use it. And you see, Child, I used my hands good. They can be a blind man's eyes and a silent man's words. They will be your greatest teacher and your best friends.

Hands can earn your keep, working away at whatever they do best and a. lot of thar things that ain't nice, but have to be done. They can warm you. They can catch a fish and pull out a plug of your favorite tobacco. They can help you get places, too. I used to hitch a ride to town till I got my car.

Hands will be your best friend-makers and forgivers. Remember to always put your best into $a$ handshake. Those hands will be talkin for your heart. They'll greet $n$ new comer or wave good-bye to an old friend. They can cover a sneeze like your Ma is always a hardin and they can catch a tear no on else is goin' to see. They cen show how you love another. Not by a gold ring on them, but by the things they do day in and day out, a nice pat on the shoulder or a nice squeeze. Your Gramme needs things like that and so do I. It says thanks for all the nice things you do for me.

They con show how you love your country in the way they salute the flag.

They ain't pretty hands, but there's lots of good in them. I kinda like how they don't play favorites. Rich folks got 'cm, Kings, fancy and plain folks too. You got to watch out for the rascals. Mine try to cheat at cards sometimes. Just solitaire though and never in a game with anyone else.

Hands can build and they can tear down. Mind you know, Child, some things you gotta tear down to make way for better things, but there is a lot of good in some old things, too. That's why the old outhouse still's standing out there.

Hands can write good music and mighty nice stories but they can also make war. They can work in the fields all day and still have time to hold a baby that's sick and bawling with the colic. They can be your doctor telling you to slow down when they're blistered and sore. They'11, sweat and they'll be dry.

## The Fit of Hands (cont'd)

They ain't pretty but they are the best gifts you will ever have. Use them well! And you will thank Him every chance you get.

I looked at those hands and yes, they weren't pretty, they were beautiful. I said, "Thank you God, for the gift of hands". And, I thank Him often for my Grandpa and his stories and his life, full of love and appreciation.

Tuesday Evening Ceremony

Refer to the Party Section:


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Tuesday flag Raisin;, ! ! !'
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Betty Kin: EVe'yn Statton and Dorothy Buriison

Flag Salute
1st verse of America The Beautiful
hum second verse as poem was-read is:

MY COUNTRY

It means the vast mountains that tower so high
To kiss the white clouds that float in the sky;
The deep surging ocean, the white sandy shore, The crags and the boulders where wild breakers roar;

A cool shady forest and level green plains,
A herd of sleek cattle and old country lanes;
The fragrance of orchards when apple trees bloom,
The goldenrod's glint and the sumac's red plume

MY COUNTRY

,


## Evening Star Ceremony presented by <br> The Bearable Bears

As we stood looking for the first glimpse of the Evening Star across the lake, Pauline and Stewart sang

Evening Star up yonder,
Teach me like you to wander
Villine and obediently
The path that God ordained for me!
Evening star up yonder!
: Aarge Christiansen gave the poem from Longfellow's Evangeline:
Silently, one by one
In the infinite meadows of heaven
Blossom the lovely stars
The forget-me-nots of the ancels

As we passed a new boquet of columbines the song Evening Star continued
Teach me gentle flowers,
To wait for sprinc-time showers
In this winter world to frow--
Green and stron beneath the snow!
Teach me rentle flowers.
Marianne played and sanp. Edelweiss then we walked and encircled a wild rose.
Teach ne lonely heather, *: : isfr Where sonpbirds nest together Tho my life should seem unblest, To keep a sone, within my breast! Teach me lonely heather!

Harianne played and sanp:
Who can sail away with no wind?
Wro without oars can go rowine?
Who can sail far away from friends
With no tears aflowing?
15
I can sail when there is no wind
I without oars can go rowine But I can't sail away fron dear friends With no tears aflowing.

As we stood under the tall pines Pauline and Stewart continued Evening Star:
Shady Lanes, refreshing
Teach the to be a blessine;
To some weary soul each day, Friends or foes who pass my way!
Shady lanes, refreshine!

The woods are lovely, dark and deep
but I have promises to keep and miles to $\mathrm{r} \circ$ before I sleep and miles to po before I sleep

As we stood on the bank of Camp Larson bay Evening sitar continued:
Misty ocean, teach me
Io do the task that needs me And reflect, as days depart, Heaven's peace within my heart! Aiphty ocean, teach me!

Joan Smith and Yahoo sang Land of the Silver Birch
Land of the silver birch Home of the beaver, Where once the mighty moose wandered at will Blue lake and rocky shore, I will return once more.

Swift as a silver fish, canoe of birch bark Canoe of birch bark
Thy michty waterways carry me forth
Blue lake and rocky shore,
I will return once more.
There where the blue lake lies I'll set my wigwam, Close to the water's edge, silent and still. Blue lake and rocky shore, I will return once more.

As we continued to the firecircle Pauline and Stewart completed Evening Star
Evening sun, descending,
Teach me when life is ending,
Nipht shall pass and I, like you,
Shall rise again, where life is new!
Teach me, sun descending!
The campfire was started while we sang Flicker of the Campfire After singing several sones relating light and darkness in the outdoors, we sane Taps, and Dayanthie read The Loon Calls:

The loon calls
it echoes back from afar 'cross the lake.
The moonlight is dimmed by dark shadows crossing
it's wake.
The pine sighs as the wind dies and the night
waits or the dawn.
The bass jumps,
it ripples back from afar distant shore.
The loon calls,
it echoes back 'cross the lake once more

Bearable Bears ceromony count'd
As the campfire closed we walked a short distance in the grass and formed three circles quietly. We formed a small circle in the center going right singing the first verse of oh how lovely is the evening.

The second circle started also walking right on the second phrase, and the third circle started walking right on the third phrase. We walked slowly and changed direction on each phrase. On the ding dong, ding dong, ding, dong, ding, dong, we swung our joined hands as bells. We sang the round through three times. It was lovely!


Oh, how lovely is the evening, is the evening
When the bells are sweetly singing, sweetly singing
Ding dong, ding dong, ding dong, ding, dong.

Friday Morning Dedication to Dwight Weles
Friday morning sterted by an old tradition way honoring Dwight. Stew White elone with his co'bears Sally, Jone, Terri gave everyone in leb a reel-bearable-avekenine. Recreating the old tradition Dwight hed using the drum beat and the "War Hoop", left no one sleeping. Everyone wes then served juice and benene bread.

Following the awakenine, a flag coremony followed commemerating Flag Day. It continued with $a$ walk to the site where a tree (Japenese Lace Maple) was planted in Dwight's memory. The tree was donated by Doc Rock richt from his beckynrd.

Eddic, Leile and Vern recalled their memories with Dwight. A poem wes read:
"The Plantine of a Tree".
To plant a tree
Is to bequeth $\varepsilon$ legacy
To plent e tree
Is to give hope when it has fled;
For under bouchs, serenity
of soul is found and rhapsody.
Of joy becomes a pageantry
When trees with leaves are bonneted.
To plent a tree
Is to bequeath a legacy.
To plont a tree
Is sharine cherity's sweet deeds;
It pives to men a liteny
of strencth, when in melody
Trom brenches sine for you and me,
Reflecting love which kindly leads.
To plant a tree
Is to bequeath a legacy.
To plent a tree
Upon a hill or inas glen,
To honor those whose loyalty
To lofty deeds edds majesty
To this our land. Their memory
will live in trees and hearts of men.
Durine breakfast the dedication continued with tepee table decorations and an orisinel tape of Dwight telling a Napi Story. $\wedge$ slide of Dwight was shown during the tape.

After breakfast, Stew lead everyone in one of Dwight's favorite sones "The Man Comes To Our House."

Friday Morning Ceremony cont ?d.
The following sone was sang for grace at Dwight's Honorary Breakfast.

It is my joy in life to find At every turning of the road

The strong arm of a comrad kind
To help me onward with my load.


But, since I have no gold to give Cl ;
And love alone must make amends, My only prayer is while I live, God, make me worthy of my friends.

INSPIRATION


In dawn's clear light, ere the sun
Had risen to view o'er hill,
From atop a rock where I sat
Perched above a wooded glen,
I saw a bird of brilliant hue
Take flight and go winging across
The deep, narrow valley
Toward the distant hill.
So intent was my wonderment
On the graceful movements of the flight
That I let unnoticed go
The swift approach of another bird, Cutting from behind the course
Of the one I watched.
A battle ensued midair--
A wild flurry of wings,
A blur of swift action, Vicious screams of the foe, Agonized cries of the defender.

I saw and heard
And felt my sympathy with the one
Whose peaceful course had been molested.
By violent effort
The one whom I would champion Broke from the frenzied dancing blur Of wings, beaks, and claws, Dived headlong for the earth, Pursued closely by the enemy.

Both disappeared from sight
In an area of copse below me.
No further sound. Neither emerged.
Neither defender escaped,
Nor foe victorius.
I noted well the spot
Where both had sunk from view
And made my way there.
The battle's tragic end was clear.
On the forbidding, lance-like spines of a thornbush
Were both foe and defender--
Shrike and cardinal--
Close beside each other,
Impaled in silent death.
Written and shared by
---Vernon H. Burlison

This inspirational piece was written by Wilferd A. Peterson:

```
Slow me down, Lord!
Ease the pounding of my heart
By the quieting of my mind.
Steady my harried pace
With a vision of the eternal reach of time.
Give me,
Amidst the confusions of my day,
The calmness of the everlasting hills.
Break the tensions of my nerves
With the soothing music of the singing streams
That live in my memory.
Help me to know
The magical restoring power of sleep.
Teach me the art
Of taking minute vacations of slowing down
    to look at a flower;
    to chat with an old friend or make a new one;
    to pat a stray dog;
    to watch a spider build a web;
    to smile at a child;
    or to read a few lines from a good book.
Remind me each day
That the race is not always to the swift;
That there is more to life than increasing its speed.
Let me look upward
Into the branches of the towering oak
And know that it grew great and strong
Because it grew slowly and well.
Slow me down, Lord,
And inspire me to spend my roots deep
Into the soil of life's enduring values
That I may grow toward the stars
Of my greater destiny.
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## "IF I WERE STARTING MY FAMILY AGAIN" shared by Dorothy Burlison

If I were starting my family again, I would laugh more. That's right. I would laugh more with my child. Oscar Wilde wrote: "The best way to moke children good is to moke them happy." I see now that I was much too serious. While my children loved to laugh, I often must have conveyed the idea that being a parent was painful.

I remember when I laughed with my children- at the humerous plays they put on for the family, at the funny stories shared from school, at the times I fell for their tricks and catch questions. I: recall the squeals of delight when I laughed with them, shared in their stunts on the lawn or living room floor. And I remember the times they were told of these experiences with joyful expressions, years later. I know that when I laughed with my children our love was enlarged and the door was open for doing many other things together.

In answer to the father who sat across the table, I've jotted dow these reflections. Like most important experiences in life, none of these are great ideas or difficult to remember. These simple suggestions, however, can make relationships with our children more meaningful and shape the future of a child more then great things which demand a great deal of money or exceptional ingenuity. Some how we manage enough muscle to handle the big things of life but forget that life is largely made up of little things. So a father's faithfulness in the smell things of life determines to a great degree the happiness of the home.


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DO MORE
Do more than exist; live.
Do more than look; obscrve.
Do more then read; absorb.
```

Do more than hear, listen.
Do more then listen, understend.
Do more then think; ponder
Do more than talk; say something.

Shared by Joan
*The followinf verses were shared by Merianne and Bill from Black Hills Rec Lab It is with a word as with an arrow-once Book. let it loose and it does not return.
--Abä-el-Kader

There are obviously two educations. One should terch us how to make a living. The other should teach us how to live.
--James Truslow Adems

Cheerfulness keeps up a kind of daylight in the mind, fillinf it with a steady and perpetual serenity.

Addison

Wisdom is the surest castle--it is neither betrayed nor denolished.

> --Antisthenes

Love is never lost. If not reciprocated it will flow back and soften and purify the heart.
--Irving

Children need love, especially when they do not deserve it.

> --Harold S. Hulbert

$$
\begin{aligned}
& \text { A ship ought not to be held by one } \\
& \text { anchor, nor life by a single hope. } \\
& - \text {-Epictetus }
\end{aligned}
$$

We should always keep a corner of our heads open and free, that we may make room for the opinion of our friends. --Joseph Joubert

God does not just work through a nation collectively; He does not just work through a big church or a big Sunday School class; He works through individual men and women who are faithful in their work. --William S. LaSor

Character is like a tree, and reputation like its shadow. The shodow is what we think of; the tree is the real thing.
--Lincoln

God writes the gospel not in the Bible alone, but on trees and flowers and clouds and stars. --Martin Luther

Youth is a wonderful thing. What a crime to waste it on children
--Shaw

> "If you're losing the game, change the rules"
> --Marianne DuBois

## Shared by Terry Typist

You need a check-up from the neck-up To eliminate stinkin' thinkin' And avoid hardening of the attitude.
--Zig Ziggler
(Take both shoes off and pick up one to show the people)
Did you know our shoes have a message for us? This shoe has a sole, (turn shoe over and point to it) just like we do. The sole on the shoe is tough and can take a lot of abuse like our souls should. Also, the sole is flexible and the very foundation of the whole shoe, just as our soul should be the very foundation or bnse of our lives.
At the end of the sole on the shoe, there is a reminder for us -a heel. It should remind us not to be a heel with the people with whom we work, play and worship or associate.
The top of the shoe, the finish and color tells us something too. There are black shoes, brown shoes, red, yellow and white ones too, and they 211 walk down the same streets, paths and walks of life. So, too, we are reminded of the black, brown, red, yellow and white people, and we should all walk side by side down the paths of life. Some shoes have a rough finish, as some people are rough; other shoes are smooth, like some people; some shoes are shiny and highly polished, just like some people we know.
No matter how we find the finish of the shoe or the people we meet, we must remember we're all God's children -- and we can get along together.
The shoe has one tongue and it serves a purpose. We have one tongue and hope it serves a purpose -- not for gossip and slander.

The shoe has many eyes, but yet it cannot see. We have only two eyes and hope that we use them to see all we can and should.
The shoe laces that hang down tell us that even our lives can have loose ends too. The shoe strings to be beneficial have to be tied -so our lives need to have the loose ends tied together.

When I put this shoe on, it fits; it's comfortable when worn -just like we should fit in with the people we work with.

As this shoe is put on my foot, we must remember that it never walks alone. So, too, we never walk alone through life; there is always another to walk with us -- one greater, more powerful who always goes with us and comforts and consoles us.

After awhile you learn the subtle difference

Between holding a hand and chaining a soul,

And you learn that love doesn't mean leaning

And company doesn't mean security.

And you begin to understand that kisses aren't contracts

And presents aren't promises,
And you begin to accept your defcats.

With your head held high and your cyes open,

With the grace of a woman, not the grief of a child.

You learn to build your roads
On today because tomorrow's
ground
Is too uncertain for plans, and fu-tures have
A way of falling down in midflight.
After awhile you learn that even sunshine

Burns if you get too much,
So you plant your own garden and decorate

Your own soul, instead of waiting
For someone to bring you flowers.
And you learn that you really can endure,

That you really are strong
And you really do have vorth
And you learn and learn ... and you
learn
Wi.th every goodbye you learn.



FACTS \& HINTS ABOUT HUGS

There is no such thing as a bad hug;
There are only good hugs and great hugs.
Hug someone at least once a. day and twice on a rainy day.
Hug with a smile; closed eyes are optional. A snuggle is a longish hug.
Bedtime hugs help chase away bad dreams. Never hug tomorrow someone you could bug today.

# The woind <br>  <br> by Paula Page 

Hugging is very therapeutic. Experts tell us it is medicine that can help relieve depression and stress, strengthen family ties and protect against illness. It can even help you fall asleep without the aid of pills. Yugging can lift depression and let the body tune up its inmunity system.
"The type of hugging I recomend is the bear hug," said Dr. David Bresles director of the Pain Control Unit at the University of California at Los Angeles. "Use both arms, face your partner and perform a full embrace. Hugging breathes fresh life into a tired body and wales you feel younger and more vibrant," he said. Daily tugging helps reduce friction anong family members. A tender hug can provide a sense of companionship and happiness.

Helen Colton, author of "Joy of Touching" says researchers found that when a person is touched, the anount of henoglobin in the blood increases significantly. Hemoglobin is a part of the blood that carries vital supplies of oxygen to all organs of the body, including the heat and brain. An increase in hemoglobin tones up the whole body, helps prevent disease and speeds recovery fron illnes. Hug your spouse, your children, close friends or relatives. It is a marvelous vay to imrove the quality of your life.

$$
\underline{H} \underline{U} \underline{G} \underline{S}
$$

Hugging and touching one another is a very important form of expression. Everyone needs to be held everyday so they may feel wanted and not develope a hopeless case of "skin hunger".

There are five basic types of Hugging ---
Hug "A" - an A-frame hug. This is the type you give your Aunt Bertha so she doesn't leave you out of the will. Two people lightly embrace with only shoulders thouching. This is a timid hug and used as a courtesy hug. It is not very expressive or dynamic.
Hug "B" - a burp hug. This is a modified A Hug. The two people lightly grasp each other and rapidly pat each other on the back. Seen often at graduations, weddings, etc.

Hug "C" - the "hippy" hug. This hug is usually between two men, but not necessarily so. The two people involved stand side-by-side and bump their "wallets" together.

Hug "D" - the one-boobie hug. Here the participants stand with arms around each other, standing sideways and gently hug.

Hug "E" - a super-dooper everything hug. It is done in many ways, but the major characteristics are that it is uninhibited, firm and enjoyable for both parties.

To prevent "skin hunger" a person need 4 " E " hugs per day, or 1 hug every 6 hours, 4 hugs every day, 28 hugs every week, 1,460 hugs every year, 109,500 hugs every 75 years. This is one every 4 hours with a break for sleep, but if you can get anyone to give you a 4 abm. "hugging" -- more power to you. This explanation of hugs is a gift of affection from the California Redwood Recreation Lab to Chatcolab.


I would like to share several of my favorite prayers with you.

Oh Lord, grant that each one who has to do with me today may be the be happier for it. Let it be given me each hour today what I shall say and grant me the wisdom of a loving heart that I may say the right thing rightly. Help me to enter into the mind of everyone who talks with me and keep me alive to the feelings of each one present

Give me a quick eye for little kindnesses that I may be ready in doing them and gracious in receiving them. Give me a quick perception of the feelings and needs of others and make me eager hearted in helping them.

Give me, 0 God, the understanding heart-
The quick discernment of the soul to see
Another's inner wish, the hidden part
Of him, who, wordless, seeks for sympathy
I would be kind, but kindness is not a11;
In arid places may $I$ find the wells
The depths within my neighbor's soul that call
To me. and lead me where his spirit dwells.
Gijre me, 0 God, the understanding heart,
Lit with the quickening flame Thou dost impart Georgia Harkness
"Slow me down, Lord! Ease the pounding of my heart by the quieting of my mind. Steady my hurried pace with a vision of the eternal reach of time. Give me, amidst the confusion of my day, the calmness of the everlasting hills. Break the tensions of my nerves and muscles with the soothing music of the singing streams that live in my memory. Help me to know the magic restoring power of sleep. Teach me the art of making Minute Vacations... of slowing down to look at a flower, to chat with a friend, to pat a dog, to read a few lines from a good book. Remind me each day of the fable of the hare and the tortoise that I may know that the race is not always the swift; that there is more to life than increasing its speed. Let me look upward into the branches of the towering oak and know that it grew great and strong because it grew slowly and well. Slow me down, Lord, and inspire me to send my roots deep into the soil of like's enduring values that I may grow toward the stars of my greater destiny." Amen.

And though I have no gold to give, and only love must make amends, My only hope is while I live God make me worthy of my friends.



It's a wonderful thing
That two people can do,
If one is God
And the other is you.
*Shared by Rosemary Gouchenour
A love that comes from God does not keep track of wrongs.

shared by sane

What you say is What you get?



## WHEAT WEAVING－CORN DOLLIES

Tradition has it that ornaments which are hung from one harvest to the next are to bring blessings and a bountiful harvest．The British refer to A－1 grain as corn and thus the term＂Corn dollies＂．（Dolls were the first shapes made by weavings）referred to the wheatweavings which symbolized good luck．Besides different varieties of wheat，the barley，oats，rye and grasses can also be used following the same procedures．
a．Materials：What stems or other grain，scissors，raffia or carpet thread，tubs for soaking，towels to wrap wheat．
b．Directions：Commerical packaged wheat grown specifically for crafts is longer，thicker and easier to handle than gathering your own．If you gather your own wheat，here are some considerations．
（1）Gahter it about 2 weeks before it will be ready for harvest－－ just after it turns from green to yellow gold．The heads are upright， grain is doughy，not hard．The wheat will be more pliable to use and the heads won＇t shatter as easily and will stand straighter．Triticale a duram－rye cross is the best kind as it is tougher．
（2）Leave the heads attached，＂clean the wheat＂by cutting the stem off just above the first joint．Save the rest for straw projects．Allow stems to dry in fresh air and sun to prevent mildrew（a week or so）． （3）For any straw，sort the stems by diameters－fine，medium，thick－ as project results will be more uniform．Tie in bundles or store in boxes loosely packed，but tight enough to be mouse－proof．
（4）When ready to use，soak it for 15－30 minutes in cool water（not hot water）Oversoaking may discolor and over soften the straw．Soak til it will bend without breaking．
（5）Keep the straw damp by wrapping it in a damp towel．The unused straw，when dry，can be sotred for later use and used again．But a second soaking may cause grain heads to open．
（6）Don＇t worry about the lengths of stems－when you come to the end of a piece cut a new piece on a slant，insert the pointed end into the previous piece and continue weaving．May add a drop of glue for securing．
（7）Leftover pieces of straw can be used for straw marquetry（use of stalks split open and flattened）and other straw projects．
（8）Understand the terms，practice the weaves and plaiting and you are ready to combine these into your own designs．
c． Definitions：
1．Plaith－type of weaving or braiding by bending or weaving straw around each other（ common is 5 straw found plait which forms a spiral of 4 sides）others are 6 straw round plait，fan plait，etc． 2．Morid ford－a heart shaped weaving，traditional to the Mordiford area in England where the corn dollies were popular．
3．Parts of the straw：

ら．．こにTH
4．Clove hitch knot－use raffia or carpet thread to fasten grain heads together，and secure straw to be woven．


5．Tempering－putting moisture back in straw by soaking it for more pliability．

Basic Spiral weaver: ( 4 corners) Use to make rope or cords, bells, wheat flower, wreaths. Uses 5 headed straws, cord and dowel or pencil. Tie securely 5 pieces of straw (near the heads) around a dowel. Hold with straw heads down, long end of dowel up, position straws in the North, West, South and two in East positions. Mentally number the straws as in diagram \#l.

Move \#1 (working straw) over 2 and 3 up to side of 3 .
Move 刑 (working straw) over 1 \& 4 up to side of 4 .
Move \#4 (working straw) over 3 \& 5 up to side of 5 .
Move \#5 (working straw) over $4 \& 2$ up to side of 2 .
Turn dowel as you work. braw is moved to "inside" of straw. See diagram 2. Repeat moving 1 straw over two straws to form a core around the dowel. Add straws as needed and cover the joints by the folds. To increase width of spiral, move the working straw to the outside of second straw, decrease by movin working straw farther to inside of second straw.

Continue to end of desired length for specific project. Tie ends securely. This basic spiral weave can be done using 5,6 , or 7 or more numbers of corners or sides by adding one more straw than number of corners desired. After practic the weave can be done without using the dowel.

## e. Plaiting:

This has many variations and usually doesn't require adding on more straws.
(1) 5 straw plait - done like the weave but wihtout a dowel, closed core. (2) 4 straw plait - tie 4 straws close to the heads, spread in a N. S. E. W. position Move the straws straight across - N to S , S to N, E. to W. W to E. continue $\mathbb{N}$ to $S, S$ to $N$, etc. working on top of previous work. Hold work tight and make clean folds. Tie ends together tightly.
(3) 3 straw plait - like a normal braid.
(4) 6 straw plait - fan straws into a 6 point star and move 1 straw over 2 , working clockwise, move the next straw over 2 straws to "fill in the gap". Continue to do this til desired length and tie securely.
(5) 7 straw plait - like the 6 straw except, fold 1 over 2 straws, skip a stray: fold next straw over 2 to fill the gap.

There are others also, 2 straw, 3 or cats paw plait, welsh fan plait, which is a variation of the following.
(6) Flat ribbon plait - tie 9 straws by the heads, spread to an upsdie down $V$ with 4 straws on the eft side, 5 on the right. Mentally number the straws from outside in from 1 to 5. See digram. $\operatorname{tin}^{2}$ Start on the right side. Raise straw 2, lay straw 1 across straws 3,4 , and 5 at an angle nest to 4 on the left side. (It becomes $\# 5$ on the left side) Lower straw 2 on the right side (which becomes \#1 on the right)
 Lift straw 2 on the left, move ir left across 3,4, and 5 on the left over nest to \#4 on the right. Continue process, altering sides. As you fold outside down, pay special attention to smooth out crease on edge for a neater look. May add on straws for longer plait. Tie ends.

## f. Projects:

Using these weaves and plaits you can combine these into various shapes by forming loops, wreaths, hearts, (for these make 2 long plaits fastened together in middle with more straws) and finish by adding bows to cover joining.


STRAW PROJECTS:


These can use the pieces left from the wheat weaving projects. Most straw pieces originated in the Scandanavian areas or Mexico as popular handicrafts. These use flat or sometimes slit straws. Tie pieces together with clove hitch knot or use tacky glue. Ideas seen here are for tree decoration: mobiles, gift wrap extra's, etc.

BENT POINT STAR (DIAGRAM 1)
5 Point WOVEN STAR (DIAGRAM 2)


5 POINT TIED STAR


Tie 5 straw together in the middle. Up $1 / 3$ length from center, tie 2 straws together to make 5 points. Tie together on the ends 1 straw from 2 adjacent "stems" or "arms"



Other projects could include crosses, flowers, dolls animals, birds, and many more.


## *INTRODUCTION TO COUNTED THREAD CROSS STITCH

To many Americans the words "cross stitch" brings visions of blue crosses stamped on dish towels and pillow cases. But in the rest of the world, cross stitch is worked not from a stemped design but by counting threads in the fabric; thus the term counted cross stitch.

The crossed stitch is one of the many types of stitches used in embroidery work, and in needlepoint. The counted thread cross stitch is accomplished by following a graph pattern, counting the "boxes" and threads of an evenweave fabric, stitching the design on the fabric. It is easy to carry with you as you travel, easy to pick up and to drop in a moments notice. It is easy to learn - but hard on the eyes.

Cross stitch work is a personal, revealing art form and a very rewarding type of handwork - it shows emotion and care in your work. Depending on the project you choose it's a very good means of expressing love. Be proud of your work - be sure to date - and at least initial your work to show it was stitched with love.

The counted thread cross stitch handwork is very Scandanavian and Danish - but it is also international. This stitch has been used in embroidery for centuries. The cross stitches are found in l6th century samplers, European costumes, 20th century Syrian dresses, Mexiann shirts, Ukranian aprons, Maroccan scarves. It is truly an international folk art.

Using perforated paper is not new. It prevailed in the 19th century and Victorian Era. Samplers and bookmarks stitchedsonnpaper can be found in many fistorical places in the U.S.

Cross stitch cen be taught to children as soon as they can handle a needle, first by running aneedle through the cloth. Then, they can follow a simple dhart and work up from there.

Cross stitch is ersy and quick to learn. It works up rapidly as you don't have to fill in the background. Working from a chart is fun as you watch the design take shape on blank fabric.

Projects can be worn or shown off in many ways - from clothing (bibs, aprons, pockets, jewelry pieces) to room accessories (pillows, pictures, wall hangings, dresserscarves, towels, mini-pictures) to trinkets (jar lids, refrigy ornaments, book marks, key rings) and more. There are no limits. You can find booklets and patterns from designs of anything, -- flowers, insects, animals, sports, fictional characters, verses and sayings, Christion symbols, holiday and seasonal designs, baby, nostalgia, etc.


## Aida cloth comes in 11, 14 and 18 squares per inch.

Hardanger is 22 per inch and sometimes worked over 2 threads in which case be 11 per inch.

There are others but these are the most common.

TO DETERMINE FINISHED DESIGN SIZE

1. Count the number of blocks vertically and horizontally. Graph paper is usually in blocks of 10 .
2. Select the type of cloth-Hardanger, Aida 14, Aida 11, etc.
3. Divide the number of blocks in the design by the number of blocks per square inch in the cloth.
4. Cut the material about 6 inches widet and deeper to allow for a pleasing proportion around design and to have adequate material for framing

| TYPE OF CLOTH |
| :--- |
| Hardanger |
| Aida 18 |
| Aida 14 |
| Aida 11 |
| Davos |
| Gerda (gingham check) |
| Monza |
| Florina |
| Floba |
| Linen |

STITCHES PER INCH

## 22

18
14
11
18
13
13
14
18
(depends upon count)

STRANDS OF FLOSS
1
2
2
3 or 4
2
2
2 or 3
2
2
2
DETERMINING SIZE OF DESIGN


How To Compute Finished Sizes: While the number of stitches varies with each charted design, the finished size of your needlework depends upon the thread count per inch of the fabric being used. To compute the size of fabric needed: Divide the number of squares (stitches) across the width or length of the chart by the thread count of your fabric For example: 80 squares horizontally on the chart worked on Aida 14 will yield a design $53 / 4^{\prime \prime}$ wide. Repeat for vertical stitch count. Then add the amount of background you want plus a generous margin for finishing.

| THREADS PER INCH FABRIC | 11 | 14 | 18 | 22 |
| :---: | :---: | :---: | :---: | :---: |
| NUMBER OF STITCHES IN DESIGN (Height or Width) | \% | 3/6 | 1/2 | 1/2 |
|  | 1\% | 13/ | 11/2 | 1/8 |
|  | 23/4 | 21/2 | 1\% | 1\%/2 |
|  | 3/\% | 2\%/\% | 21/4 | 1\%/\% |
|  | 41/2 | 3\%/4 | 23/4 | 21/4 |
|  | 51/2 | 41/4 | 3/1/ | 23/4 |
|  | 6\% | 5 | 31/6 | 31/2 |
|  | 71/2 | 53/4 | 41/2 | 3\% |
|  | 81/9 | 6\% | 5 | 41/2 |
|  | 91/2 | 71/4 | 51/2 | 41/2 |

To Use the Table: Find the approximate number of stitches vertically or horizontally in the left hand column. Follow the line across to the column for your fabric thread count. The figure is the size your stitched piece will be.

To keep the fabric from raveling whip around the edges with thread: or cut fabric one inch larger than needed and tape the edges with a fold of masking tape. The tape may then be cut off when the project is finished.

## KEEPING FABRIC CLEAN

It is easier to prevent soiled spots on your fabric than to remove them. Always work with clean hands and avoid eating or using hand cream while cross stitching. Never leave the needle in your work, and avoid using metal hoops. Both may leave rust spots. Store work in plastic bags when not is use to keep dust - and pet hair off the work.
PERFORATED PAPER is not new. It comes in sheets of 14 holes per inch. Out it between the holes to prevent thread catching and fraying along the edges.

## Centering Your Design-

It is important where you make your first stitch, as it will place the finished design on your material. Find the center of your fabric by folding it in half, top to bottom and again right to left. Pinch along the folds and the center will be creased. Baste along these lines if necessary. Find the centerpoint of your graph either by the arrow marks if shown, or by counting the squares. Each square on the graph represents a squaxe on the fabric. From the centerpoint, count up to the top row of the design... Then count left or right to the first symbol and betin at that point.

As a rule it is better to start stitching at the top or bottom of a design. This technique permits you to go from an empty hole to a filled hole, which makes ruffling the floss less likely.

## 2. HOOPS

Most people find it easiest to work with fabric in a hoop, but you may choose not to. Just be careful when working without a hoop not to pull stitches too tight, as this will distort your fabric and the design. (This can happen with a hoop also if you are not careful.) If you do use a hoop place fabric in hoop and gently pull until taut and tighten screw. The screw should be in the "ten-o-clock" position. This will keep your floss from becoming tangled in the screw with each stitch. If you're left-handed, put the screw at "one-o-clock". Keep fabric pulled taut while stitching. When putting work away, always remove hoop. Leaving hoop on work all the time will leave a ring on the fabric that may be difficult to remove.
3. NEEDLES

Use blunt tapestry needles. Use size 26 for Hardanger. Use 24 . wr 26 for Aida. When working with several colors it saves time to have several needles threaded with the various colors.

Never leave your needle in work when putting away as the moisture from your hands may cause the needle to leave a rust mark in your fabric. "Park" the needle along the edge of your work.

If you do a lot of stitching and have need for many needles at hand, there are needle cases available for your convenience.

## 4. SCISSORS

A good pair of small, sharp scissors is necessary. A folding pair will prevent fingers being accidentally stabbed as you dig through your workbac. You might even make a ríbbon "around-the-neck" Chatelaine so you can easily find your scissors.

Mistakes can happen - and stitches need to be taken out. Using sharp scissors, carefully slip blade under thread on the back of fabric and clip it. After clipping necessary stitches, pull out threads with your needle and fasten the ends. Threads taken out and reused may look "ratty" and could ruin the value of your work.

## 5. THREAD

Cross stitch is usually worked with 6-strand embroidery floss, which can be split easily to use the right number of strands you need. (see chart on page $2-$ "strands of floss"). Generally, two strands are required so use one thread and double it in the needle. You should be working with a thread (single one doubled) no longer than $18^{\prime \prime}$ to prevent tangles and fraying. For backstitching you may use one strand.

The mercerized cotton floss is suitable and comes in a great variety of colors depending on the brand. These skeins are usually 9 yards long. Perle cotton is thicker, one thread and comes in various sizes, is suitable, also. Crewel wool or one strand of Persian type wool are sometimes used on the coarser fabrics. There are also metallic threads available.

Remember that the thread or floss collects dust too so keep it covered in a plastic container or bags.

To keep your threads in order, you may find a plastic holder with holes(or a cardboard with punched holes along the sides) a convenient device. Loop the threads through the hole using a Larkshead loop. They are convenient to get a new thread without any problem. For short threads you may find tiny plastic bags - on a ring- a way of saving them so they won't tangle.

1. Threading the needle (may need a needle threader if have eye trouble)

For the easiest method of starting your design, begin by cutting an approximate $36^{1 I}$ piece of embroidery thread and threading the needle with the two cut ends (do not Knot ends), thus having a double strand of thread; when passing the needle through the back of the canvas to the front, leave a small loop of thread on the back; after completing the first half stitch, pass the needle through the loop on the back of the canvas and pull taut to fasten. (see diag.) Begin stitching at the center and work out, or as you have otherwise chosen. Finish ends of thread by running under a few stitches on the back of the design area, at least one inch.

Always clip loose threads close to work on wrong side. Never tie a knot.

## Or - if you cart use the loop method (lon 3 threads) use this. $\rightarrow$

 USE A STAB-STICK METHOD . . . to avoid pulling the fabric out of shape. The stab-stick is done in two motions - straight up, and then straight down - keeping the fabric taut. But do not pull the thread taut-snug-not tight. By using this method, the thread lies just where you want it - and it will not be pulled too tightly. When working your design, the same hole in the fabric will often be used for more than one cross.

With your first stitch, allow $1^{\prime \prime}$ of thread to remain on the back side of the fabric and secure it with the next 4 or 5 stitches, catching the thread as you stitch over it. Cut off remaining thread. When you are finished with a thread, run the needle under 4 or 5 stitches on the back side of the design and trim. Use this method every time you start or finish a new thread.

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Working the project-cont.
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2．CROSS STITCH Each square on the chart repro sente a stitch on your fabric．Bring needle up through fabric at 1 and all odd numbers，and down at 2 and all even numbers．Work all stitches on row from left to right first； then complete row from right to left．Make sure to cross all stitches in same direction for an even look．

For horizontal rows，work stitches in two journeys（Fig．1）．For vertical rows，complete each stitch as shown （Fig．2）．When working on Hardanger over 2 threads，work cross stitch as in Fig． 3

Fig． 1


Fig． 2


Fig． 3


The Danish needlecrafters pursue excellence，and one of their criteria for a well done piece of cross stitch is to have all the stitches on the reverse side of the fabric to run in one direction－up and down！Plot your
 Reverse side． stitching course so you mem

3.

QUARTER STITCH ：Sometimes backstitching slants to give design a more rounded look in some areas． Quarter Stitches are compensating stitches used to fill in these areas so fabric does not show through design， especially on large count fabrics．／


3／4 Stitch：
A $3 / 4$ stitch is indicated by a slanted line with the color symbol in the corner．Make a slanted stitch as indicated by the slanted line．Make a small stitch just to the center in the corner where the symbol is located．They can be made in 4 dit－ ferent directions．The direction will depend upon the design．They are called $3 / 4$ stitches because you have thread in three of four corners．

NNサVイNイホ

ERENCH KNOT ：French Knots are shown on the chart as a dot．Anchor thread securely on wrong side by running needle under several stitches．Come up through fabric where indicated on chart．Hold onto needle and wrap thread over and around needle；tighten knot．Pull needle through fabric．For a larger knot，use more strands．

Do not jump too far from one area to another with the same color thread．It is better to finish


FRENCH KNOT off and start the color again．Otherwise，if your thread is dark，it will show from the front side．

Working the project-cont.
5. Back stitch
page 6

A single straight stitch. Used often for letters and outlining. When used for outlining, always work the design first and then go back and back stitch. Make your first stitch forward. Then go forward to the next hole and carne back. It is called back stitching because you must come back with the needle. It may go in any direction-vertical, horizontal, or diagonal.

## BACKSTITCHING

up at $A$ down at $B$ up at $C$ down at $B$ up at $D$ down at $C$ up at E down at D up at $F$ down at $E$ up at $G$ down at $F$


BACKSTITCHING is a part of some designs - also used for lettering. The purpose of the backstitch is to form a continuous line with each stitch touching. It may travel in any direction.

## Problem?

TWISTED THREAD . . . if your floss becomes twisted, just drop your needle and let it hang down. It will unwind by itself - Floss appears thinner as it twists and does not cover as well.

## Did you date and sign your artwork?

## 6. <br> FINISHING PROJECT

Always wash the material after completing the design. It is very important to do so and it will improve the appearance of your work. Failure to wash the fabric may lead to ugly brown spots after it is framed for some time. Washing will shrink the material slightly. The holes will disappear and the design will be raised. Wash in cool water and Woolite. Soak a few minutes Gently rub any soiled spots, especially along the hoop line. Rinse 3 times in cool water. Do not twist or wring. Use about a tablespoon of white vinegar in the 2 nd rinse water. Place on one end of a white towel. Fold the other end of the towel back over the cloth and pat dry. It works well to dry the fabric on an elevated surface. A cooling rack (the type used for cake layers) is excellent. It is best to keep one just for that purpose so that it will always be completely clean. When dry or almost dry, iron from the backside on at least two thicknesses of white terry towel. Use a damp press cloth if needed to remove wrinkles. A piece of white cotton material or a man's handkerchief makes an excellent press cloth.

Cross stitching will always look better if it is backed with white. This is true for pillows, paper weights, gold rings, and pictures
Never glue project to backing.

## CRITERIA FOR JUDGING COUNTED THREAD

CROSS STITCH

* Cleanliness - a must!
*correct slant - all top stitches lying in one direction (unless some special effect is the obvious plan)
*tensio n-stitches lying flat, no distortion of the hole, ho light lines visible across top of Lows
*texture - usually thread equal to thread of the background ic fabric and on the airy side rather than heavily padded. Special texture for special effects.
*reverse side - when it can be seen vertical, there should be no knots or long carrying thread or thread tails showing. There is some question about end the stitches going the same direction on the back. Since most pieces would not be judged from the reverse, the te importance of stitch direction must ope left up


*finishing - care in finishing with emphasis on horizontal and if stertical grain of fabric

Remember, the squares on the graphed pattern are equal to a crossed intersection of threads on the fabric. Color coding is done using various symbols for a different color. Some graphs are even colored in, which is a great help to the stitcher.

There are many booklets of patterns on the market for cross stitch. But, if you look at the patterns for latch hook and especially needlepoint, they are charted on a grid pattern like cross stitch and you can use these too. You will, of course, have to be able to adjust and figure out your completed size design by using the chart (on page 2 of this hendout).

Save the petterns and threads - so you can match them up for a repeat design or use on another project.

If you prefer to do cross stitch designs on other fabrics there are some "aids" to help you keep a regular design. Waste canvas is a loose weave fabric that is stitched over and pulled out later. There are also iron on xxx patterns you can stitch on and are washed out.

There are 'magnetic boards' to hold your pattern and use a magnitized ruler to mark along on your graphed pattern. A magnifying glass may prove helpful on small designs.
*Teaching Cross Stitch Classes
Because the cross stitch is so small it would be helpful to use large samples. A pegboard piece of masonite, yarn and a bobby pin or large needle to demonstrate preparing threads, starting and ending stitches would be helpful. You may also find good use of an easle and newsprint and marker to show stitch lines.

Heve a variety of samples evailable of fabrics, stitches, work in progress, finished items and aids.

Let each person practice separating threads, threading needle, do starting stiche, make a row of stitches vertical and horizontal and end the threads.

Prepared kits help also. You can have a needle, threads, fabric, padding and pattern frame all together so they can finish a project.

You may decide on a series of 2-10 classes, depending on time allowed and how involved on desires to be.

Good luck end have fun!!!


## LOVE IS A HAPPY FEELING

| COATS | DMC | COLOR |
| :---: | :---: | :---: |
| 2400 | C 349 | Coral-dk. (or use red) |
| 1002 | - 310 | Black |
|  | 310 | Sm. French Knot |
| 1110 | 647 | Bk. St. Balloon Strings (1 strand) qrey |
| 8430 | $9^{938}$ | Bk. St. Saying and Bear (2 strands) blacharn |
|  |  | STITCH COUNT: $38 \times 42$ |
|  |  | Design Area: 22-174 $\times 17 / 4$ |
|  |  | $18 \cdot 21 \% \times 21 / 0$ $14.21 / \times 3$ |
|  |  | $11.31 / 2 \times 34$ |

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## BEAR HUGS ARE IN

## $\cos 15$

2400
1002
8430

$$
\begin{aligned}
& \text { DMC COLOR } \\
& \text { C } 349 \text { Coral-dk. (or use red) } \\
& \text { - } 310 \text { Black - Sm. French Knots } \\
& \times 938 \text { Coffee Brown - ultra dk. } \\
& 938 \text { Bk. St. Bears (2 strands) } \\
& \text { (black or brown) } \\
& \text { STITCH COUNT: } 43 \times 34 \\
& \text { Design Area: 22-2 } x^{i} 11 / 2 \\
& 18-2 \% \times 17 / 8 \\
& 14-31 / 6 \times 23 \% \\
& 11-31 / 6 \times 31 / 6
\end{aligned}
$$



TO KNOW YOU IS TO LOVE YOU

## COATS

2400
1002
8430
Coral-dk.

- 310 Black - Sm. French Knots

938 Coffee Brown - ultra dk. - Nose
938 Bk. St. Bears and Saying (2 strands)
STITCH COUNT: $43 \times 42$
Design Area: $22-2 \times 1 \% / 6$
$18-23 / 6 \times 23 / 8$
$14-31 / \% \times 3$
$11.37 / 6 \times 33 / 4$

Skillet Fuil Newspaper

Paper for printing Envelopes
Paper for stationery (can get this at a printing company)
Crayons Rubber Cement Paper Towels

Directions:
Fold stationery paper in half.
Cut paper for printing smaller than stationery paper.
Place foil in skillet.
Heat skillet to $200^{\circ}-250^{\circ}$
Lightly press crayons on foil, making your color design.
Press the paper for printing on the melted colors until it picks up the colors.
Pull paper out of skillet and set it aside to cool and dry on the nowspaper.
When the paper is dry, cement the paper to the stationery.
Use paper towels to wipe off foil when changing the color design.
You can dip the edges of the paper in silver or cold to create a border.
Tearing the edges of the paper sometimes creates a nice border effect.

## Plastic grid needle point projects

INDIAN DESIGNS FOR KEY CHAIN TABS


## Materials:

1 small sheet 7-mesh plastic canvas
1 scrap lining material ( $1 / 7$ yard)
2 plastic moving eyes $5 / 16$ " diameter epoxy glue needle and thread scrap of ribbon or button for trim
Worsted weight yarn or 2 mm poly-cord:

| 4 | yards mauve | 3 | yards lime green |
| ---: | :--- | ---: | :--- |
| 18 | yards purple | 60 | yards white |
| 3 | yards dark pink |  |  |

Step 1: This pattern is cut the same as Little Girl Jewel Box. Follow Step 1 only for that pattern on page 4.

Step 2: Recommended stitch - half cross stitch. Stitch 31 bar $\times 38$ bar lid same as for side of Teddy Tissue, - stitch bear in purple with mauve paws and flowers in pink with green leaves. Stitch 2 side and 2 end pieces as shown opposite. Stitch 29 bar $\times 36$ bar bottom piece in white. Stitch tiny 5 bar wide lid edge pieces in white working stitches in long rows from side to side of each piece.
Step 3: Make pom pom using 2 yard length of mauve as shown on page 23. With needle and thread sew pom pom in place. Thread needle with black yarn and tie knot in end. Bring needle down through pom pom and canvas to form a 'knot' nose. Tie bow and sew in place or stitch button on tummy. Dab glue in eye positions on face and place eyes in glue.
Step 4: Lining - This is cut the same as for Little Girl Jewel Box. Follow Step 3 for that pattern on page 4.
Step 5: Assemble ends and sides of box with overcast stitch in white, - use purple where borders meet. With purple overcast bottom in place with lining facing inside box. Overcast entire top edge of assembled box in purple. Using white assemble tiny lid side and end pieces using overcast stitch. Overcast onto lid with purple yarn. Overcast entire bottom edge of lid in white.


## Flowers

Colors may easily be changed and adapted.
Model colors indicated below . . .


$x$ yellow
0 purple
I lavender
edge - lavender


X brown
0 brown
/ yellow
edge - brown at center,
the rest yellow

## Butterflies

Again the colors may be adapted. The four butterflies below are the same size and shape. Only the color is changed. Get out your butterfly book and see how many more you can create.
They are constructed in 2 separate pieces. Overcast the outer edge, and leave the center unstitched. Seam together at the center. Then run yarn through the center on the top side from the bottom up, leaving $1 / h^{\prime \prime}$ for 2 antennas. I used Persian yarn and cut the third strand off, for the 2 antennas

black
/ It. blue
I orange
( black
0 white
edge - black
brown
1 white
0 orange
1 yellow
edge brown

SHIRLEY SHIRLEY ORIGINALS
1217. 14th Avenue

Eldora, Iowa 50627
(515) 858-3841

After reading our instructions and seeing all the fun items you can create with plastic canvas, included is this page of gragh paper so you may try some designs of your own.

> CHRISTMAS TREE ORNAMENT---MAILBOX

Piece \#1. Cut 1. /--green; --red. Remainder of piece, white. Use half cross or tent stitch. © --Red French knots after white is completed.
Piece \#2. Cut 3. --green on one piece only. Remainder of that piece and 2 other pieces, white. Use half cross or tent stitch. --red French knots after green and white are on the piece.
Piece \#3. Cut 1. White. Use tent stitch.
Piece \#4. Cut 1. Red. Use tent stitch. Whip stitch (or overcast) arond edges.
Put the mailbox together with red yarn.
Begin to assemble mailbox by putting 1 designed and 1 white end piece together. With wrong sides together, whip stitch up right edge (designed piece on top) and around the 3 short edges and down the left edge. Attach one end of the bottom to the 6th side. Next attach the 1985 edge of \#1, take your yarn under the stitches at the back of the mailbox and attach the other edge of \#1. When you are back to the lid, ship stitch around the curve of the box and upon reaching the 1985, attach the flag in the same position as it is on the pattern. Attach a "hang string" at the top of the box. Whip stitch the back end (White \#3) onto the box. This is done best by starting just below the 3 short edges and attaching the 3 longer straight edges first. The curved edges can then be whip stitched easily.

2 Plastic grid needle point projects - Bears


A - Cut 6 squares for each block.
(one square is 9 holes $\times 9$ holes)
Use modified Scotch Stitch.

Whip stitch (overcast) 4 sides together.
Whip stitch around top of 4 sides

Whip stitch bottom to box. Whip stitch lid to one side and then whip stitch on around the remainder of the lid.

A-2 white $1 \frac{1}{2}$ " pom poons
B-6black $1 / 2$ " poms
C- Tm eyes
D-5 mm pom
Use supertacky glue or glue gun to put together the bear according to the picture.

Choir Bear

$B, C, D$, shapes for one Chair.
B-Cut ba piece (tholes x holes) pieces.
(Attach pin in horizontal $D$-Cut 2 pieces -(sides) position on and row down ( 4 holes $\times 4$ holes -shaped) when doing tent stitch on back piece.

Need also -one $3 / 4^{\prime \prime}$ - to $1^{\prime \prime}$
Whip stitch pieces together. Whip stitch around edges Glue miniature bear ( $1^{\prime \prime}$ tall) into the seat. I" bear

## Musical Pipe Chimes

Materials:
2 each of $10 \mathrm{ft} ., 5 / 8^{\prime \prime}$ electrical conduit Thick string or leather strips to hang by Pipe cutter or hack saw
Measuring tape
Electric drill
Cut conduit appropriate size. Drill hole $1^{\prime \prime}$ from the top for stringing. Label each pipe with number and note name.


## SONGS:



I Heard the Bells

$$
\begin{array}{rrrrrrrrr}
6 & 10 & 9 & 10 & 10 & 11 & 10 & 11 & 12 \\
& 6 & 6 & 6 & 4 & 5 & 5 & 5 & 6 \\
& & & & & & & & \\
13 & 18 & 17 & 15 & 15 & 13 & 13 & 13 \\
6 & 10 & 10 & 6 & 8 & 8 & 8 & 6 \\
13 & 11 & 10 & 11 & 10 & 8 & 6 & 8 & \\
6 & 6 & 6 & 1 & 2 & 2 & 3 & 6 & \\
& & & & & & & & \\
10 & 11 & 13 & 15 & 5 & 8 & 6 & & \\
6 & 6 & 6 & 6 & & 5 & & &
\end{array}
$$

```
11
13}101
11
```



## Make New Friends

## $6 \quad 1 \quad 6$

$\begin{array}{lllllll}8 & 10 & 13 & 11 & 10 & 10 & 8\end{array}$
$\begin{array}{lllll}13 & 13 & 13 & 18 & 13\end{array}$
$\begin{array}{llll}11 & 10 & 8 & 6\end{array}$
$\begin{array}{llllllll}10 & 15 & 12 & 15 & 12 & 14 & 12 & 10\end{array}$
$\begin{array}{llllllll}10 & 14 & 10 & 14 & 10 & 12 & 10 & 7\end{array}$
$\begin{array}{llllllll}7 & 12 & 7 & 12 & 7 & 8 & 10 & 12\end{array}$
$\begin{array}{llllllll}12 & 14 & 12 & 10 & 17 & 19 & 17 & 15\end{array}$

Michael Row Your Boat Ashore
$\begin{array}{rrrrrrr}5 & 9 & 12 & 9 & 12 & 14 & 12 \\ & 5 & 9 & 5 & 9 & 10 & 9\end{array}$
$\begin{array}{llll}9 & 12 & 14 & 12\end{array}$
$\begin{array}{llll}5 & 9 & 10 & 9\end{array}$
$\begin{array}{rrrrrrr}9 & 12 & 12 & 9 & 10 & 9 & 7 \\ 5 & 9 & 9 & 5 & 7 & 5 & 4\end{array}$
$\begin{array}{llllll}5 & 7 & 9 & & 7 & 5 \\ 2 & 4 & 5 & 2 & 4 & \end{array}$

## Kum Ba Yah

$$
\begin{array}{rrrrrrrr}
6 & 10 & 13 & 13 & 13 & 15 & 15 & 13 \\
& 6 & 6 & 6 & 6 & 6 & 6 & 6 \\
& & & & & & & \\
6 & 10 & 13 & 13 & 13 & 11 & 10 & 8 \\
& 6 & 6 & 6 & 6 & 8 & 6 & 5 \\
6 & 10 & 13 & 13 & 13 & 15 & 15 & 13 \\
3 & 5 & 6 & 6 & 6 & 6 & 12 & 10 \\
& & & & & & & \\
11 & 10 & 6 & 8 & 8 & 6 & & \\
6 & 6 & & 5 & 5 & 1 & & \\
\hline
\end{array}
$$

## Silent Night

$$
\begin{array}{rrrrrrrrr}
10 & 12 & 10 & 7 & 10 & 12 & 10 & 7 & \\
7 & 8 & 7 & 3 & 6 & 7 & 6 & 3 & \\
& & & & & & & & \\
17 & 17 & 14 & 15 & 15 & 10 & & & \\
8 & 8 & 5 & 7 & 7 & 7 & & & \\
12 & 12 & 15 & 14 & 12 & 10 & 12 & 10 & 7 \\
8 & 8 & 12 & 10 & 7 & 6 & 7 & 6 & 3 \\
& & & & & & & & \\
12 & 12 & 15 & 14 & 12 & 10 & 12 & 10 & 7 \\
8 & 8 & 12 & 10 & 8 & 7 & 8 & 7 & 3 \\
& & & & & & & & \\
17 & 17 & 20 & 17 & 14 & 15 & 19 & & \\
8 & 8 & 5 & 8 & 5 & 7 & 10 & & \\
& & & & & & & & \\
15 & 10 & 7 & 10 & 8 & 5 & 3 & & \\
7 & & 3 & 7 & 5 & 2 & & &
\end{array}
$$

By making a simple cut on one of
a plastic straw, it becomes a real horn.
The horn can be "tuned" to a different pitch by changing the length of the straw. The sound produced is a little strange--something between the moo of a cow, the screech of a crow, and the baa of a sheep. And like any good sound maker, the Strawhorn is loud. It's not exactly a musical instrument, but with two or more "horns" and play" ers you can produce harmonies, even crude melodies. School cafeterias
beware.

## Supp1ies

## Plastic drinking straw <br> Scissors

## Construction

Tlatten out about 1 inch of the end of the drinking straw, and crease the sides well so that it stays fairly flat. With a scissors, trim the flattened end to a " V ", as shown in the illustration. These become the horn reeds.

## Playing

Put the reed end of the straw in your mouth, just behind your 1ips, and blow hard. Does the horn work? Sometimes you have to experiment with making the reeds--lengthening or shortening them-and with holding them in your mouth. But it's all very easy to do. The shorter you cut the straw, the higher the sound, and the easier it is to blow.


Discover the breathtaking elegance of an antique craft. Chicken Scratch. The sophisticated beauty and delicate designs produce on effect of handwoven lace on gingham.

The exact origin of this craft is unclear, but probably dates back to early America. As the pioneers moved west, they took this craft to new horizons. Hence, all the different names. Even during the Depression, ladies decorated simple gingham gowns and proclaimed their stitchery "Hoover Lace."

Even weave gingham is the most popular fabric. Usually $\frac{3}{4}$ inch ( 4 squares to the inch) is used for larger projects such as pillows, quilts, clothing and place mats. For smalled projects like pincushions, hear lids, bookmarks and sachets, use $\frac{1}{2}$ inch ( 8 squares to the inch).

Embroidery floss in matching colors and white is used most often. It creates a satin-like lacy pattern on top of the gingham. Adjust ply to your preference. To achieve a heavy lace effect, use more ply; for a delicate lacy

Use a needle with a long eye and a sharp point, such as a number 20 chenille or number 5 embroidery needle. Use a sharp pointed needle for starburst and straight stitches and a blunt point tapestry needle for the diamonds.

To determine fabric size needed, count the number of squares on the pattern, divide by the square count of your fabric ( 4 for $\frac{3}{4}$ inch or 8 for $\frac{1}{2}$ inch). Allow a border for mounting or stitching and leave enough fabric to stretch fabric in a hoop. Usually 4 to 8 inches on each side will be sufficient.

For marking center of fabric, fold cloth in half and then in fourths. Mark center with a pin. Begin "counting" design from center.

To work with floss, cut strands into 36 inch lengths. Next, separate the 6 strands of floss as needed for your design. For $\frac{1}{4}$ inch gingham, use 3 ply; for $\frac{1}{2}$ inch, use 2 ply .


Before beginning, be sure your hands are completely clean.
place fabric in wooden hoop, Keeping fabric pulled taut. Make tight knot in floss. Pull each stitch tight, being careful not to pucker the fabric. End floss by tying another knot. Cut off long handing threads.

Look at your fabric carefully. There are three types of squares - solid dark, solid white and a medium color.

Work Dark Starburst(*) on the white squares to outline design. Stitch an "x" then a ' $f$ ' on top to form *.

Work White Starburst ( x ) on the dark squares to fill Stitch an ' $x$ ', then a ' $\ddagger$ ' on top to form *.
Stitch Straight Stitches (-) on (1) on the medium squares. * * * *
For Diamond Stitches (0) weave needle underneath each straight stitch to form a diamond. DO NOT stitch any fabric, just go under the floss. Go around diamond twice. Do not pull floss too tight, just taut enough to see diamond shape over the white squares of the fabric.

For a change of pace, try reverse chicken scratching. Our Christmas tree with French knots is an example. Use white floss on dark squares for the outlining starbursts. The inner portion of the design is worked in the dark floss with the dark squares showing through the diamonds. French knots in the center of each diamond add a colorful, festive look when worked in a contrasting color.

Variations are endless. Try working diemonds in a contrasting color. You might even come up with a new stitch. Use your imagination and create new looks for this old craft.

Wash in warm water, if soiled. Rinse several times. Add one tablespoon of white vinegar in second rinse. Roll in towel to remove excess water. Do not wring. Stretch slightly with your hands to smooth out wrinkles. Iron face down on a folder towel.

WORKING THE DESIGN IN CHICKEN SCRATCH Fabric Size

Determine the yordage of fabric that you will need by dividing the stitch count by the count of the fabric per inch. NOTE: If you have a specific item in mind, for mounting or finishing your work, cut the fabric large enough to fit in the item and leave enough fabric around the border for finishing.

## Centering The Design

Determine the center of your cut piece of fabric by measuring or by folding the fabric in half once, and then folding that half in half again. Crease these folds, and when you open it up again, the center is the intersection of the creases. Always fold on the white squares. How, determine the center of the design by locating the arrows, and count up to the top of the design and then over to the left or the right to start. You may either count the design as you go, or count the design and mark with a water erasable pen. If you count as you go, then I would suggest using a "line finder", a metallic board used along with magnet strips. The board slips dehind the chart, and the magnetic strips hold the chart to the board while indicating on which line you are presenting working.

## Reading The Chart

If you are working on a design that will be used as a piece of clothing, or see a lot of wear or use, knot the thread to start. In all other cases, do not knot the thread! Leave a short tail and work a few stitches over the end to secure it on the back. To finish, run the needle under several stitches on the back of the fabric. Each square on the chart represents one square on the fabric. The symbol used in the square on the charted design either indicates the color or the stitch to be used.
"Chicken Scratch" page 3
The outline is indicated on the chart by the symbol . This is worked on the WHITE square of the gingham using the dark thread. The stitch used is a double cross stitch worked by forming an $X$ and then working a + over the top of the X .



Just be sure that all of the top stitches in the double cross stitch are worked in the same direction. On the larger gingham checks use two strands, on the smallest ( 14 to 16 squares to the inch) use only one strand. Work the entire outline of the design first. Do not work the spaces in between the outline stitch, leave these blank.

Begin the interior design with the symbol X. NOME: The symbol X is worked using white floss, and is also worked in the double cross stitch, but on the DARK square of the gingham inside the outline stitch. Do all of the inside double cross stitches.

The symbol - and 1 is worked in white and is a straight stitch worked in the direction indicated on the chart. It is worked on the MEDIUM colored gingham squares in the middle of the square. You may work all of the straight stitches by passing your needle over a medium square and under a white square, then back over the next medium square, etc., in a running stitch. Complete all of the straight stitches.

The symbol 0 is worked as a circle by weaving the needle underneath the four straight stitches. Come up in the same hole as one of the straight stitches or just behind and to one side of the straight stitch, next to the white square. Then weave the needle underneath each of the straight stitches to form a circle. DO NOT pick up any of the fabric in the needle, just go under the floss of all four of the straight stitches to form a circle. If you have two strands of floss in your needle go around twice (one strand if working on small check), or you may double the thread over and use four strands (two if working on small check) and go around once. Do not pull circle too tight, as you want the white to show through the circle.

Summary:

1. Do all outline double cross stitches first on white square, using dark floss. Leave spaces blank between outline stitch on outside of design. (If outline stitch continues inside design, you may fill in between stitches if you wish.)
2. Do all inside double corss stitches next on dark square, using white floss.
3. Do all straight stitches on medium square with white floss.
4. Do all circles twice (or once with floss mount doubled) with white floss around white square.


## "Chicken Scratch" Page 5

Chicken Scratch can also be used as a border on placemiats, skirts, runners, tablecloths, etc. Just run a straight line of outline stitches 0.11 around the area you want to work as a border, making the band as wide as you wish it. Then fill in with the interior stitches.


Below is a heart completely charted to work in Chicken Scratch. Work this piece as a practice piece. Refer beck to this chart for working the interior design on other charts.


Water Erasable Marking Pen
These come in handy to mark your center, or to put in your outline. Just rinse fabric in cold water and the marks vanish!

"Chicken Scratch" Page 6

## Tenerife

Tenerife embroidery comes from Tenerife, the largest island in the Canary group. It is sometimes called "darning" and sometimes "needle-weaving". It is lace-like in appearance, with the stitch being worked over a wheel or frame of supportinglong Straight Stitches. Work from the right side and from the center out (like a spider web). The finished effect is almost woven in appearance. Pearl cotton is perhaps the best choice of thread.


Tenerife Circular Weaving Pattern



Tenerife embroidery can also be worked on checked fabric, such as gingham. This has the appearance of drawn work, except that it is worked completely on top of the fabric and the threads are not actually drawn.

The easiest way to transfer a design is to make a perforated pattern. Center it in place on the fabric; then with a pencil, lightly mark dots through the perforations. Make a wheellike structure with any number of spokes; sections of the spokes will be covered later. The part of the spoke not covered will be an integral part of the design, so consider this when choosing the color and texture of the thread to be used. Additional spokes can be added to an outer ring of the wheel, alternating the weaving design. Practice several variations of this before starting the design on your project.

## TENERIFE OR Swedish Needlework

Materials: Knit-cro-sheen<br>Embroidery needles for knit-cor-sheen<br>Embroidery hoop<br>Checked Gingham

Tenerife or Sweedish Needlework is both decorative and simple to do and may be used on a variety of articles such as aprons, skirs, dresses, luncheon cloths, place mats, curtains, bedspreads, pillow tops and so forth. Interesting effects may be achicved by using either matching or contrasting thread and by varying the design. A simple design will be illustrated here - it may easily be elaborated upon according to your own tastes and desire.

Decide first how wide the border will be, keeping in mind that an uneven number of rows of cross stitches is always more interesting than an even


Figure 1.
number. Work the solid rows of cross stitches on the back of your material run in the same direction; it will be much easier to iron. In laundering, the best results will be obtained if a bath towel is placed on the ironing board and the design is ironed on the wrong side over the towel. The cross stitches may be worked on the dark or the light squares, on both dark and light or squares may be skipped to make different designs.


Figure 2.
Start here. Broken lines are the thread on the wrong side of your work.

Figure 2 shows the spiderweb, which is the base for the woven design. If you follow this sketch there will be a minimum of thread on the wrong side, thereby making ironing easier. When point " X " is reached, bring the thread to the center square on the wrong side and make a small stitch over all of the threads where they cross and again, crossing the first small stitch. See Figure 3. This will make a center for your woven design and will also make it easier to weave.


Figure 3.

The weaving is done over the corner group of 5 threads as shown in Figure 3. Bring the thread from the back as near to the center as possible and start weaving by going under the first thread, over the second and so forth, of the group of five. See Figure 4.


Figure 4.

Continue weaving back and forth until there are 10 rows of weaving, then weav six rows over the center three threads. As the weaving is done, keep the weaving thread pulled tight and close to the center of the design. To fasten the design, simply go underneath the design and come down through the gingham near the center and up along side the next group of 5. You are now in position to work the second comer. Continue until the four corners are completed.

## Variations:

Weave 21 times over the 5 corner threads; 7 times over the center three threads.

Weave loosely over the 5 threads until you can weave no farther on the outside threads, then weave over the 3 center threads until they are solid also. To be most effective, do not pull the thread too tight when making this solid design.

Round design. Make the spider-web as in Figure 2 and fasten the center as in Figure 3. Weave under 1 spoke, back over it and under the same spoke (actually, you are simply going around this one spoke) and the next spoke; back over (back stitch) and under the last spoke and under the next one, and so forth. Continue back over one and under two until you have the size desired. See Figure 5.

For additional ideas: D.M.C. Thread Work - Series No. I book from:


Figure 5

BITS AND PIECES


## UNCLE BART AN' TH' YOUNG PREACHER MAN

People in th' southeastern Missouri hills country have a reputation fer a-bein' plain-spoken, an' I 'spect my Uncle Bart wuz mos' likely th' plain-spokenest uv all $o^{\prime}$ them. An' he wuz a feller that had lots uv inflooens in Boogerboo where he lived.

Now, Boogerboo didn't have a real church, but they held services in th' schoolhouse during th' summer months. An' a bishop a way off in some big town wuz a-tryin' ta git a year-'roun' church a-goin'; so he wuz a-sendin' preachers ta Boogerboo, but they wuzn't a lastin'.

There wruz a young feller just graduated frum seminery, an' th' bishop called him in an' says, "Son, I'm a-sendin' you to Boogerboo. I hate to do it ta ya, but it's all I got open right now. Anyhow, you ain't like to last there more'n six months, an' maybe by then I'll have somethin' better fer ye."

So off th' young preacher went to Boogerboo -- an' always in th' back uv his mind wuz th" thought, "This'z only gona be fer six months er less." But six months went by an' he wuz still there. He'd try to talk about it to people, but they'd always say, "Ya better go ask Bart." Then, when he'd ask Uncle Bart, th' subject always got changed real quick-like.

Not long, an' a year had gone by -- an' this here young preacher wuz really curious as to why he was still a-stayin' on in Boogerboo. But he couldn't git no answer. An' then it wuz a year an' a half. An' th' young preacher man decided he wuz jist a-goin' to have to know why he wuz a-lastin' like he wuz in Boogerboo.

So he went an' caught Uncle Bart alone, an' he sez, "Mr. Bart, for a whole year I been a-lettin' you git by with changin' th' subject iver time I ast you why I keep a-gittin' to stay on here in Boogerboo. Now, I ain't a-doin' it any more. 'Th' Bishop sez to me, 'Son, you won't be down there six months'; an' here I bin fer a year an' a half. Now I deserve ta know why; So, I'm a-axin' you WHY?

Uncle Bart sez, "Son, ye got me plum firm-backed ag'inst a wall; so I guess there's nuthin' I can do 'cept ta give it to ya straight. Ya see, we tole th' Bishop we didn't want no preacher a-tall -- an' when we got you, we figgered thet wuz as close to what we wanted as we wuz a-goin' ta git."

It wuz afore my Aunt Mercy had become my Aunt Mercy this story happened. It wuz mighty nigh dark, an' Aunt Mercy wuz over to my Great Uncle Ebenezer's house when she saw Uncle Murray a-goin' along th' path jist down th' hill a ways. Well, she up' $n$.' lit out ' $n$ ' soon caught up with Uncle Murray, an' went trippin' along in 'front of him.

All of a sudden she stopped an' sez, "Murray, I'm so skeered I jist don't think I can take another step."

Uncle Murray sez, "Well, lan' sakes, girl, with me along, there ain't nothin' ye need be afeered uv."

So she went a-trippin' along agin' fer a leetle way, and she stopped again, ' $n$ ' sez, "Murray, I'm skeered half to death." And Uncle Murray sez, "Well girl, what in the world is it that's a-skeerin' ya so? An' Aunt Mercy said, "Murray, I'm so plum skeered you're a-gona kiss me thet I'm jist a-shakin' like a leaf."
"Well, lan' sakes, Mercy, how do you 'spect that I could kiss you-me, with a sack $0^{\prime}$ roastin' ears on my shoulder, a hen under each arm, an! a bucket $o^{\prime}$ water in each hand? No need fer ye to be skeered; now git along!"

Aunt Mercy went on fer a little way on teeny, lil' ol' tippy-toe steps, on' she stops steps, an' she stops agin'. This time she says, "Murry, I'm so skeered I jist can't go no further!"
"Well, What in this world air ye skeered uv now?"
"I'm skeered ye air a-go'na flip thet sack o' roastin' ears offen yer shoulder, pour th' water outen them buckets, turn 'em down over them hens--an' kiss me!"

Uncle Murray al'ays said Aunt Mercy had a real uncanny sense fer a-knowin' jist how sumthin' wuz a-go'na happen afore it ever happened!

Folks, after savorin' one $0^{\prime}$ them delectable port chops our cooks served for dinner, I feel compelled, out of my compassion for you, to give you some information that will help you avoid making the serious mistakes that lots of folks make all through their whole lives.

Last year there wuz a Kansas farmer at this here camp. He said he hod made his wad after he wuz durn near dusted out in the early '30's. Jist before he went completely bust, he went down into Arkansas an' bought up a load o' razorback HOGS, an' took 'em up to Kansas City an' sold 'em fer a nice profit (he said), an' he kep' on a-doin' that till he wuz so well of he could retire an' come to Chatcolab.

Well, note the first mistake that feller made: He said HOGS -- a sort $0^{\prime}$ hard, harsh work. He should a-said HAWGS -- softly and with reverence. Whur I Erowed up in th' Missouri hills, people never said HOG; they always said HAWS -- an' there wes good reason.

Ya see, this here Kansas farmer went ahead an' said that razorback HOGS originated in Arkansas. Now, that's th' durnedest piece of misinformation ye could ever run acrost. Why, I don't know that there ever wuz a true razorback in Arkansas a-cause they wuz started in th' hills uv southeast Missouri -- by my own forbears -- an' th' people there revered th' razorbacks, an' I don't think they ever let one escape to Arkensas.

Yep, my own great-great Gran' pappy is credited with startin' th' razorback breed uv hawgs. That wuz away back when there wuz seven years uv bad mast in a row -- an' great-great Granpappy Bootlebort wuz th' only one to have hawgs that survived. They vuz ga'nt-gramed, long-legged, an' long nosed. An' them hawgs wuz th' start of th' real razorbacks.

There wuz a problem, though 'cause them durn hawgs rooted on th' run, on' sometimes they'd be so busy a-rootin' they wouldn't heed they'd come over a ridge on' headed down hill. Now, some $o^{\prime}$ them hills wuz plag-take'd steep; so, them hawgs would have runaways, an' sometimes they'd get bunged up miserable bad.

Now, my great-great Uncle Zeke is th' one that figured out whut to do-he cut round holes in th' lower part of his hawgs ears an' then taught 'em while they wuz still young that ifen they got goin' downhill too fast, they could sit down quick-like on' shove their hind feet through them holes and then they wuz dead locked an' niver picked of a lot of speed. That shore saved a lot o' hawgs.

But th' really big step for'ards come a generation later when my great Uncle Fudd got a breed line o' hawgs started that, instead $0^{\prime}$ their rootin' uphill on' down, they rooted aroun' th' hills on th' contour. In time them hawgs developed longer legs on the downhill side; so they wuz always a-rootin' on th' level, like a self-levelin' combine. An' they come to be called "side-hill gougers."

Well folks, there ya have it! Ifen ye 'ver git back into th' Missouri hills on' ya see furrous a-goin' along about level on th' hillsides, ya'll know it's th' work o' th' modern"day razorback, th' side-hill gouger. An' remember, th' razorback wuz started an' bred up to its fine quality right there in them Missouri hills. An, pleaz, folks, don't ever be quilty uv callin 'em HOGS -- they're HAWGS:

## THE WATER CLOSET

It seems that a little old English lady was looking for some rooms in Switzerland. She asked the local village school master to help her. A place that suited her was finally found and the lady returned to London for her luggage. She remember then that she had not noticed a bathroom or as she called it a (watercloset). So, she wrote to the school master. He was puzzled by the initials "W.C.", never dreaming, of course, that she was asking about a bathroom. He finally asked the help of the parish priest who decided that W.C. stood for Wesleyan Church. This was his reply:

Dear Madam:
The W.C. is situated nine miles from the house in the center of a beautiful grove of trees. It is capable of holding 350 people at a time and is open on Tuesday, Thursday and Sunday each week. A large number of folks attend during the sumner months, so it is suggested you go early, although there is plenty of standing room. Some folk like to take their lunch and make a day of it, especially on Thursday when there is organ accompaniment. The accoustics are very good and you can hear the slightest sound.

It may be of interest to you to know that my daughter was married in our V.C. and it was there she met her husband.

We hope you will be in time for our bazaar to be held very soon. The proceeds will go towards the purchase of plush seats which the folks agree are long-felt needed as the present seats all have holes in them.

My vifc is rather delicate, therefore she cannot attend regularly. It has been six months since the last time she went. Naturally, it pains her very much not to be able to go more often.

I shall close now with the desire to accommodate you in every way possible and I will be happy to save you a seat down front or near the door, which ever you prefer.



## Poetry

THE TYPOGRAPHICAL ERROR
The typographical error is a slippery thing and sly
You can hunt until you're dizzy but somehow it gets by.

Till it's run through the duplicator it's strange how still it keeps It shrinks down in a corner and never stirs or peeps.


The typographical error too small for human eyes
Till the ink is on the paper when it's grown to mountain size.

The editor stares in shock; she grabs her head in terror
Shend read the copy o'er and o'er and never saw the error.

The remainder of the issue may be clean as clean can be But that typographical error is the only thing you see....


A NOTE FROM. THE EDITOR:
If you find mistakes in this publication, please consider that they are there for a purpose This notebook publishes something for everyone, and some people are always looking for mistakes

## *** SPECIAL THANKS***

To ALL who helped the Notebook Room Elves keep WARMED with hot tea and loving ENCOURAGEMENT:!

"BLESS YOU ALL"
Surrey " pest"
EVALUAIION



Here at Chatcolab we have seen several types of auctions. What type to use depends on the situation - time to be done, number of people. We hope you"ll find this advantageous for raising money in the organizations you work with.

OPEN BID (Like we had first.)
Items to be sold are on display ahead of time for viewing. Auctioneer shows item and accepts individual bids by show of hand, vocal raise of bids. Highest bid after a time. Bidders can bid as many times as he wishes.

Disadvantages - Can be very time consuming. Drags on, expecially with a large amount of items.

Advantages -
SEALED BID
Items are on display and a recepticle available for placing sealed bids. Bidders can"t see or know what others bid. A time limit can be set for having bids in or not. Bidders bid only once.

Disadvantages - Some people like to see what their competition is and get frustrated.

Advantages - Everyone has an equal chance and it doesn"t take much time.

## SILENT AUCIION

The items to be bid on are arraged on a table with a piece of paper taped nearby with a pencil. Bidders can have a set amount of time to write their name and raised bid on the paper before time is up. An alarm can be set to go off at an unknown time. Last name, highest bid, on the paper is recipient of item.

Disadvantages -
Advantages - Time can be regulated to fit situation - 5 min ., 1 hour, all day, or whatever. It can be done in a group where people who don"t wish to participate won"t be bothered. Good way to raise money for clubs with little work.

RAFFLE
Can be used for a single item where individuals can"t or don"t want to pay a big price but still have a chance to win. A single item is offered by chance to winner. Tickets are sold and a drawing of winning name made.

Disadvantages -
Advantage - Generally collect more money than original cost of item. People willing to pay a small fee for ticket than part with a lot more money".: Everyone is on an equal level.

## CIIIIESE AUCTIOIT

Biddcrs use script or coin to bid on on item that is being viewed from the front of the group. The itens were on display before the auction. (similiar to open or oral auction) The bids are timed. Scripe bicls:

1) A certain amount of money buys a certain amount of script before the auction. (i.c. $\$ 10.00$ buys 50 pieces of script.) (similiar to Reno night) Bicders use the script to bid on items by raising their hands with the script it them. Runners come and collect the bicis es the bids are placed. The person tho puts in the last bid when the tiner gocs off gets the itcri.
$\therefore$ the (Bidders only pay for their purchases of script. They can buy before and during the auction.)
2) Or bidders use script that has been handed out during the auction. Each script is worth a certain amount of money. (i.e. 50¢) Again, the person who puts in the last bid when the timer goes off, gets the item. Everyone pays for the bids they have made. (In an oral auction, only the lisit and highest bidder pays. In a Chinese auction, the last bidder may have only libed that once and only raised the bid by one script ( 50 ) . Other people may have bid five or ten times and may have to pay dollars more. ) Again runners have collected the script during the bidding. It helps to have bidders write their names on the script so a complete and accurate accounting of all bicis can be liept.
(The money is collected after the auction.)

## toney bicc:

1) Actual money is used instead of script. A bid can be raised by a penny or a dine or five dollars. Again the last person placing the bid then the tiner goes off, wins the iten. This method is simpler than the script version because you don't need to collect moncy on the script. But moncy (especially coinage) is not alvays plentiful in a camp situation. Again everyone has paid for the iten up for bid.
(The moncy is collected during the auction.)

- litTle Chats


Oregon Labbers and others.
Open invitation to all Labbers :Come to a barbecue picnic at Dick Schwartz's home Saturday august 24th. Bring your sleeping bag if you want to stay over night and anything else that you think appropriate.
*** Other States will be sending out their where and when in the next CHAT CHAT coming out in early July. Staple in this space when it comes so it wonn"t feet misplazod.


LEILR
BEAR
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Leila,
Thanks for helping make this an enjoyable year for me,
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Leila a busy, harper be. What you semis to smoothly. lady do so mourn smooth दि Shanks Gone factor

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thanks Hanks EOR Helping makethls see hop next time

Dear feila, Mrnc zino fou all yun trave dosio frod all sive. A wivk There hat beew tince to know you. Elnivo

Dearheila -
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(you in The book nom - me a day or two! ) - 2 am soy geat be back AND to have LABErienced oucha fortentic btant, in put? a no moper
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Thanks for the $\operatorname{lt's~good~to~}$
confidence. be ball and never beer go though It t be too good!

My, whet a hard worker! Appreate to है है "e so all your time ant effort. Lerraim


[^0]:    -Extension Human Resource Development Specialist and Assistant Professor, Family Relations, MSU Department of Home Economics, respectively.

[^1]:    Issued in furtherance of Agricultural Extension Work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. F.E. "Fee" Busby, Director, Agricultural Extension Service, University of Wyoming, Laramie 82071.
    Persons seeking admission, employment, or access to programs of the University of Wyoming shall be considered equally without zegard to race, color, national origin, sex, religion, political belief or handicap.

