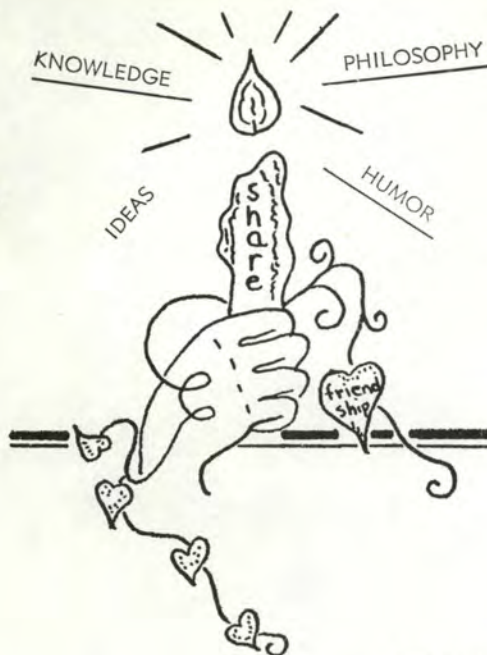




BLOOM  
and  
GROW



NORTHWEST LEADERSHIP LABORATORY

THE  
SPIRIT  
OF

**CHATCOLAB**

THIS NOTEBOOK is the outcome of

one week of sharing experiences. The material was gathered, typed, mimeographed, and assembled during the camp.

These Western Leaders agreed that:

This should be a sharing camp, with no distinctions of leaders from campers or pupils from teachers.

This should be a fellowship separated from any sponsoring institution and self perpetuating by some process of democracy.

Goals must be for the enrichment of all life and not merely to add skills and information to already busy folk.

Recreation Laboratory would invite attendance from diverse vocations and never seek uniformity for its campers.

Those who gather here assume cooperation in complete sharing as a way of life.

Now you are a part of Chatcolab.

This is notebook number 32

It is a record of a precious week together.  
WITH TRUE APPRECIATION we dedicate it  
TO ALL THOSE WHO HAVE HERE ENRICHED OUR LIVES.

# CHATCOLAB LEADERSHIP LABORATORY PHILOSOPHY

CHATCOLAB LEADERSHIP LABORATORY *is designed*  
*as a stimulating experience for people*  
*who are interested in recreation.*

THE LAB IS GROUP LIVING  
*in which there is an exchange of ideas and*  
*techniques in the field of recreation.*

THE LAB IS A RETREAT FROM DAILY ROUTINE  
*Group unity grows as individuals develop together*  
*in work and play.*

MAJOR EMPHASIS IS PLACED IN JOY AND FELLOWSHIP.

NEW KNOWLEDGE AND ABILITIES

*gained through the sharing of creative activities*  
*lead to mental, emotional and spiritual growth.*

AS A RESULT OF LAB EXPERIENCE *individuals recognize opportunities*  
*for good living.....*

BY SHARING ONE'S SELF FREELY!

TABLE OF CONTENTS

Spirit of Chatcolab----- 2

Philosophy of Chatcolab----- 3

Dedication to Clarence----- 5

Board Members "Old and New"----- 11

1980 Resource People----- 12

Notes From Your Chairperson----- 13

Notes From Your Editor----- 15

History of Chatcolab----- 16

Picture and Roster----- 25

Board Meetings and Annual Report----- 38

Leadership----- 47

Day Committees----- 59

Ceremonies----- 68

Table Fun & Tea Time----- 95

Music----- 106

Dance----- 123

Prose & Poetry----- 132

Crafts & Classes----- 150

Bits & Pieces----- 172

Kitchen----- 187

Autographs----- 193

THE END----- 201



A friend has  
bid us all  
goodbye

We'll miss his loyal  
friendship;  
His warm & friendly smile;  
His willing, helpful hand -

In memory of Clarence Stephens  
We dedicate this book





TO CLARENCE



I really became acquainted with Clarence the year he stayed up all Friday night to help me run stencils. This was at the old camp--Heyburn Youth camp--and the building was cold and drafty. Clarence was so concerned about my working too hard!

After I pointed out that we had this many stencils to do and each one took X number of minutes, he realized there was no other way but to keep on running. So, Clarence stayed up all night with me straightening papers, stoking the fire, fetching food and coffee and generally making the hours more pleasant. That was the year he decided to learn to run the mimeograph so this dilemma would never occur again!

Clarence's twinkling eyes and happy chuckle brightened the notebook room from then on. Terry and I have very much appreciated and enjoyed him in the new atmosphere of our new home at Camp WSU.

He has left a "big" emptiness at CHAT and we shall never forget all the thoughtful things he did--the nametags he cut, the cutting board for the kitchen, etc., etc., etc. If a need was mentioned, Clarence remembered, and next lab there it was!

I'm so glad I knew you, Clarence!

*Love you,  
Leila*



Dear Friend,

Thank you so much for sharing yourself and your wonderful family with me over the past years.

You gave the priceless gift of yourself.

My only way to repay will be to PASS - IS - ON, and I will.

The following reminds me of you:

I GO MY WAY

All round is haste, confusion, noise.  
For power and wealth men stretch the day  
From dawn till dusk, but quietly  
I go my way..

For glitter, show, to taunt the crowd,  
Desire-tossed in wild dismay,  
Men sell their souls. But quietly  
I go my way..

The green of all the fields is mine.  
The stars, the night, the wind at play,  
A peaceful heart, while quietly  
I go my way.

Love always and Forever  
Shalom my friend,  
Sally.

To the Stephens Family.

Clarence always prepared carefully and ahead. He has gone ahead to prepare for the great Chat meeting coming up. He will be there and have the name tags ready and have the record book well along. We love him too much to express it in mere words. He left a special void in the family, but in a greater sense he has felt nearer than many times before. We at Chat send all of our love and tender feelings to you at this time.

Doc Rock Stephens

Dear Stephens Family,

Our love, hearts, thoughts, and prayers are with you, and we know that God will provide you with the strength to get through these trying days..

Clarence will be missed by all of us who loved him -- by the WHOLE CHAT FAMILY. However, the love he so generously shared with his immediate family AND his extended family will forever glow within our hearts. We will remember his ever present and dependable enthusiastic presence and contributions to all of us here at Chat. His ever ready smile and helping hand will be a lasting memory imprinted deep within each of us.

We -- Jim and I -- feel privileged and richer -- having had Clarence as a member of our extended family.

God bless you and keep you,  
Jim and Miriam

MEMORIAL SERVICE FOR CLARENCE STEPHENS  
WEDNESDAY NIGHT

This is hard to write. Goodbyes are hard! And when you must say  
goodbye to one you love, it is nearly impossible. So, pain in heart  
and throat, we must try to say words to our memory of Clarence Stephens.  
He was a man who was a loving, strong, wonderful husband and father..  
we at Chat have shared the Stephens family for 14 years. This would  
have been Clarence's 14th year, but because he had been ill and  
hospitalized, he was not strong enough to come. He had hoped to  
be here and has been here in spirit all week. Clarence and his wife,  
Lois, have shared handicrafts with the lab and Clarence was a board  
member. He lovingly gave his time and efforts to make the lab  
successful. He always helped in the notebook room and a couple of  
years ago, began running the mimeograph. His help was truly vital to  
getting the notebook published. It will be hard to replace him,  
but there is no doubt that getting someone to run the mimeo for the  
notebook would be a way of keeping his loving effort in the lab.

His occupation was a dentist and his favorite hobby was his old  
cars. He was an ardent follower of God, as exemplified by his life.

Here are some words from several who knew Clarence:

Clarence knew the true meaning of Chat. He lived it every day of his  
life. He loved to be with people. . . . he spread joy and good  
humor wherever he went. Even though he has been taken from us this  
day, his spiritual presence can never be denied.

Quiet humor, always speaking with deep thoughts and concern for  
others. Knowing his family further shows what a fine guide and father  
he was to all.



Dear Clarence,

This, of course, is for his family and yet Clarence, too. What a neat person! He liked to have fun, he cared about everyone, he was gentle... and strong and knew how to get things done. My favorite memory is his lion in the wigard of Oz skit. He loved doing it and it was fun to see him in that role. We got well acquainted working on the board together and Clarence thought teasing me was the best way of getting me to react. He and I enjoyed our contentions and carried them to the limit.

That will now be memories, but these are real and dear. (Even though I can almost hear him chuckle as I write this.) Patient, wise, kind and caring - all special attributes of this man. A husband and father one could admire and love in his example. He liked that way of teaching by doing... that is the best tribute to our friend.  
Elaine

To Clarence,

Many are the years that I have known you at the one place that equality rules, a place where giving and forgiving lives foremost in everyone and so much so in you.

You Clarence gave in so many ways not the least a daughter Jean who is so a part of this we call Chatcolab. Your memory is so much a part of so many lives that in the living you live on.

a family of loving  
Friends  
Angelo, Elaine & Mark  
The Rovetto's

Clarence

HERE AT CHAT WE ARE REAL PEOPLE IN  
AN ARTIFICIAL WORLD  
AT HOME WE ARE ARTIFICIAL PEOPLE IN  
REAL WORLD.

1980 Committee  
May 11-18, 1980

Chairman	Sally Heard	1980
Vice-Chairman	Ed Gerdes	1981
Secretary	Jean Baringer	1982
Treasurer	Florence Wells	1981
Ass't. Treasurer	Leila Steckelberg	
Chat Chat Editor	Miriam Beasley	1982
	Zilda Carlson	1981
	Howie Low	1982
	Roy Main	1980
	Burl Winchester	1980
Alternates: 1st	Angelo Rovetto	
2nd	Dick Schwartz	
3rd	Stewart White	
4th	Teri Heard	
5th	Jackie Baritell	
6th	Shelly Riback	
Honorary Members	Vernon Burlison	
	Don Clayton	
	Marge Grier	
	Leila Steckelberg	
	Dwight Wales	

1981 Committee  
May 10-17, 1981

Chairman	Howie Low	1982
Vice-Chairman	Mark Patterson	1983
Secretary	Jean Baringer	1982
Treasurer	Florence Wells	1981
Ass't. Treasurer	Leila Steckelberg	
Chat Chat Editor	Miriam Beasley	1982
	Zilda Carlson	1981
	Ed Gerdes	1981
	Elaine Rovetto	1983
	Brian Saylor	1983
Alternates: 1st	Dick Headrick	
2nd	Doc Rock (LaRele Stephens)	
3rd	Margaret Bradley	
Honorary Members:	Vernon Burlison	
	Don Clayton	
	Marge Grier	
	Leila Steckelberg	
	Dwight Wales	

1980 RESOURCE PEOPLE

Discussions-----Burl Winchester  
*Party Planning*-----*Leila Steckelberg*  
 Ceremony Planning-----Leila Steckelberg  
 Howie Low

Singing & Song Leading-----Shelly Riback

Dance-----Gwen & Roy Main  
 Games-----Bruce Elm  
 Lapidary & Silversmithing-----Doc Rock (LaRele  
 Stephens  
 Angelo Rovello

Arts & Crafts-----Jean Baringer  
 Tea Time-----Angelo Rovetto

NOTEBOOK

Editor-----Terry Carson  
 Co-ordinator-----Leila Steckelberg  
 Caretaker of Notebook Room Personnel-----Dwight Wales

Memiograph Operators-----Barbara Mechels  
 John Heddrick

Typists-----Barbara Mechels  
 Mark Patterson  
 Sally Heard  
 (and anyone else we missed)  
 you're all appreciated!  
 Miriam Beasley  
 Billie Marie Studer  
 Rob Malone  
 Laurie Smith

Illustrators-----Daphne Richardson  
 Barbara Mechels  
 Laurie Smith  
 Pat Sudderth  
 Billie Marie Studer  
 Nancy Eusterman  
 Elaine Rovetto  
 (and anyone else we missed)  
 You're all appreciated!

Kitchen Facilitator-----Bob Townsend

Cooks-----Genie Townsend  
 Kay Webb  
 Elsie Lucore

KP's-----Ed Gerdes  
 Nancy Eusterman  
 Ken Schmidt

LET'S GET GROWING - - - -  
KEEP BLOOMING

Chatcolab 1980

Dear Friends;

The following expresses so well how I feel:

*You are a very special friend - I would never have made it without you - Hope you see you in Oct - Love + E' hugs me*

POSSESSION

BY: Priscella Stees Klein

Could I but hold within my hands  
The beauty of this day.  
No Leaf should drop, but always stay  
Upon the crimson bough.  
Each bit of color floating through  
October's rare and radiant blue  
Should drift forever 'twixt the earth  
And sky, as it does now.  
And yet, I know this day must go;  
The seasons show God's plans  
As colors change. So I must be  
Content to hold in memory  
What can't be held in hands.

Even though this verse was written for Fall, it seemed very appropriate, as we have lived through the four seasons many times this week.

Planting, sprouting, cultivating, weeding, growing and BLOOMING with all of you has been such a great pleasure for me. You have all helped me to grow so much. My gratitude will be eternal.

In very many instances we have only just barely planted the seeds and it is the love, concern and caring of this great group that will water them all year long and for all the years to come.

As Gwen's sharing Thursday told me, I will have to do the "DIGGING", but this week here will make it so much easier.

I dedicate the following to all of you as you LEAD, wherever you are:

WHERE IS THE WAY?

BY: James Freeman

Where is the way to the dwelling of light?  
God asked the question long ago  
Of Job, and poor Job, full of fright,  
Probably stammered, I don't know.  
And Job and I are close skin;  
But this I know, You must start out  
And you must keep on once you begin  
Though you stumble on from doubt to doubt  
And go with none to be your guide  
Down Strange paths where roadmarks are few,  
But if you refuse to be denied,  
This light will begin to shine -- IN YOU.

*Shalom my friend  
Sally*

A TIME TO BLOOM  
 BY: James Dillet Freeman

Little crocus  
 blooming in the snow,  
 I come looking for you  
 and bring my friends to see you.  
 "Ah, a crocus!" we exclaim,  
 "how beautiful!"

Surely you would find it easier  
 to bloom in the warm summer;  
 but when daisies stitch the fields  
 with a lace of daisies  
 and roses crown the gardens  
 with their many-petaled fragrance,  
 would anyone even know  
 you were there?

How rewarding it is to be  
 a crocus if one is a crocus  
 or me if one is me!

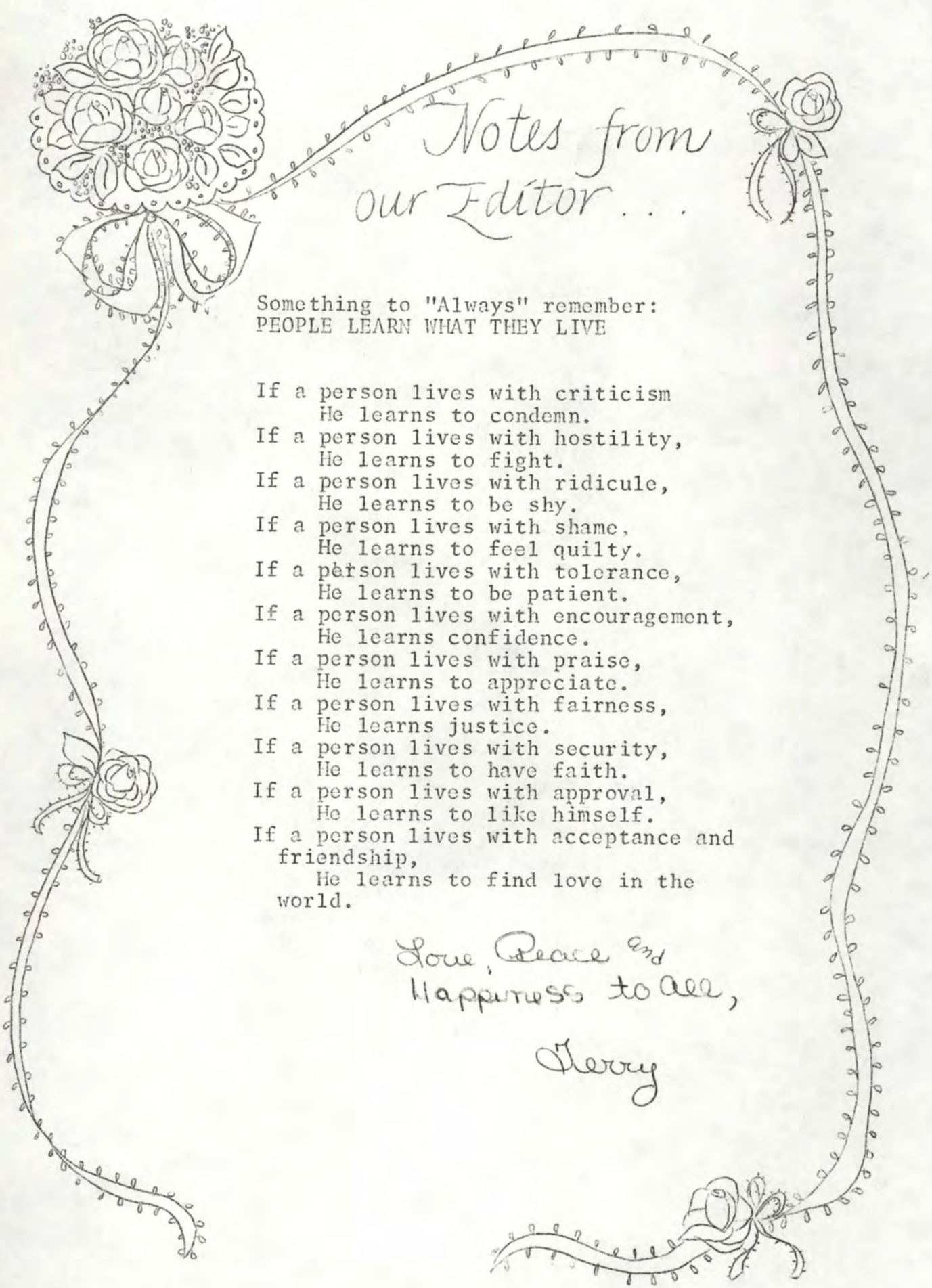
YOUR PART  
 BY: William Arthur Ward

Your good is here. Accept it!  
 Your joy is near. Embrace it!  
 Your power is within. Harness it!  
 Your Victory is now! Claim it!  
 Your freedom is real. Declare it!  
 Your abundance is overflowing.  
 Share it!  
 Your prosperity is good. Receive it!  
 Your problem is purposeful. Bless it!  
 Your spirit is divine. Free it!  
 Your love is great. Give it!  
 Your faith is mighty. Use it!  
 Your song is beautiful. Sing it!

GOD SPOKE TO ME  
 BY: William Arthur Ward

Through the song of a bird  
 He announced His presence.  
 Through a golden sunrise  
 He shared some of His splendor.  
 Through a season of silence  
 He called me His child.  
 Through His word of Truth  
 He told me the Way.  
 Through the smile of a friend  
 He revealed His nature.  
 Through the eyes of an infant  
 He expressed His joy.  
 Through the sparkle of raindrops  
 He spoke of a miracle.  
 Through my time of indecision  
 He gave me the answer.

SHALOM MY FRIENDS,  
 "E" HUGS,  
 Sally  
 1980 Chairman



## Notes from our Editor...

Something to "Always" remember:  
PEOPLE LEARN WHAT THEY LIVE

- If a person lives with criticism  
He learns to condemn.
- If a person lives with hostility,  
He learns to fight.
- If a person lives with ridicule,  
He learns to be shy.
- If a person lives with shame,  
He learns to feel guilty.
- If a person lives with tolerance,  
He learns to be patient.
- If a person lives with encouragement,  
He learns confidence.
- If a person lives with praise,  
He learns to appreciate.
- If a person lives with fairness,  
He learns justice.
- If a person lives with security,  
He learns to have faith.
- If a person lives with approval,  
He learns to like himself.
- If a person lives with acceptance and  
friendship,  
He learns to find love in the  
world.

Love, Peace and  
Happiness to all,

Sherry

HISTORY OF RECREATION LABORATORIES

The recreation laboratory idea was born in the early thirties at Waldenwoods, Michigan. A meeting had been scheduled for recreation leaders, and all arrived except the people to conduct the meeting. A snow storm prevented their arrival. The group decided to carry on that meeting by exchanging their own ideas and experiences and by practicing and developing recreation methods and ideas for their own groups.

They spent several days together before the roads were cleared for them. At the end, in analyzing what they had done, they decided that their method had been so effective in the sharing of information, ideas, and the techniques that had been useful in their work, that they decided to hold another meeting. Their enthusiasm for the "laboratory" method was so great and contagious that others heard about it. Applications came from many people who wished to share this experience with them.

In several years time, the group had grown so large the originators felt that it was necessary to reduce its size because they felt that its maximum usefulness and effectiveness could be obtained only in small groups that could be quickly integrated into sharing situations in lab. Consequently, they agreed to break up and form other laboratories entirely separate except in inspiration from the parent group. Some of these labs made great progress while others were less successful.

One of the labs originating in this process are Camp Idluhapi at Loretta, Minnesota, which later became the Northland Recreation Leaders Lab. This in turn was the inspiration for others, one of which was formed by a group principally from Nebraska, North and South Dakota and Montana. Twenty seven interested people donated a dollar, and with this \$27 a committee planned the first lab to be in October 1946, at Box Elder Camp in the Black Hills near Nemo, South Dakota. They decided on a fall lab, usually the end of September, since Northland was held in the spring.

The Black Hills Lab drew its registrants from an ever widening circle in the west, midwest, and southwest, and generated such enthusiasm that many of its members returned home determined to bring a similar experience to greater numbers of people in their area by establishing other labs. Such was the foundation of Chatcolab in northern Idaho in 1949 established in the Northwest-held in May at Heyburn State Park on Lake Chatcolet. Also the Longhorn Recreation Lab, which was soon after organized in Texas. From the same Black Hills Lab came the inspiration for the Southwest Lab in New Mexico, and the Great Plains Lab in Nebraska. The Black Hills also inspired the nucleus from the east who set up another lab in Michigan, called the Great Lakes lab and indirectly influenced the establishment of a lab in Maine, the Downeast Rec. Lab.

At the Black Hills Rec Leaders' Laboratory in 1948, some of the "out westerns" got to saying, "Woudn't it be great to have a camp like this further west?" It was at this time that Don Clayton was moving to Moscow, Idaho, from Havre, Montana. There were a few from southern Idaho who had attended Black Hill's Lab and Don's move was the incentive to try to start a new lab here in the northwest. Black Hills labbers contributed \$50 toward organizational expenses and a committee of six people was formed. A sub-committee made up of people from Oregon, Washington, and Idaho who were interested in people and recreation and were also drafted



to complete the new organizational committee. The winter meeting held during Christmas vacation (over really icy and snow packed roads) with Al and Louise Richardson at Corvallis, Montana, blew the \$58 but enthusiasm was even greater to get this lab off the ground. Resource people from the area were secured and an old C.C.C. camp was chosen as the site. Ongoing authority by an old timer, the best weather in May was always the second week--May 11-18, 1949, was the target date. This meeting was followed by lots of letters, phone calls, and news releases inviting and urging recreation leaders to participate.

This camp was built as a C.C.C. camp in the 1930's. During WW II, it was used as a Convalescent camp for pilots stationed at Spokane. Then Chatcolab was first held here, the camp was in a sad state of disrepair. Don brought students from Moscow and many others in the area contributed much time, materials, and money to repair the camp so it could again be used. A wall was built between the kitchen and the dining area and many pictures were painted in the walls to enhance the building. The trays, carts, and many other things were brought from Farragut Naval Training Station on Lake Pend' Oreille.

The first lab, May 11-18, 1949, was a great success with 88 people attending in full spirit and form. Financially it was solvent, morally it was clean, and physically it was capable of growth and sustained life. Chatcolab was held in the same location-Heyburn State Park on Lake Chatcolet--from 1949 through 1975. The name Chatcolab was derived from the name of the lake and the fact that this is a laboratory situation.

In 1955, a group of three California people, came to Chatcolab in Idaho and became so enthused with the idea that they were determined to set up a similar organization in California. More than a three-year period finally culminated in starting the Redwood Lab.

In May, 1956, the topmost section of the Chatcolab Candle, which represented sharing was presented to Mary, Kay, and Carl for the beginning of the new lab. A committee had been formed in 1955 and the members met at Camp Sylvester (Stanislaus Co. 4-H Camp) on Nov. 12-13, 1956 was set for the first Redwood Recreation Laboratory to be held at Camp O-ONGA in Southern California. This lab was cancelled one week before scheduled to start due to inadequate registration.

Mary Regan and Emily Ronssee returned to Chatcolab in May, 1957, bringing their section of the candle with them. It was placed back in the Chatcolab candle and again presented to Mary and Emily at the closing ceremony of lab. They came back to California more determined than ever for Redwood to become a reality. And so it did! Jones Gulch, south of San Francisco was the location of the first Redwood Lab in April 1958. The sharing section of the Chatcolab candle became the base of their Redwood Candle with a real redwood trunk. Chatcolabbers Walt and Sally Schroeder, and Leila Steckelberg (who made the Redwood Candle at that first lab) went down to help the new lab off to a flying start. There were 43 labbers including staff and resource that year.

In April, 1959, the second lab was held at Mendocino Woodlands, eight miles inland from Mendocino City, with 50 people attending. Not even an Asian flu epidemic, a "fast" trip down a very narrow rough, and crooked mountain road late at night because of a broken collar bone,

dampened the enthusiasm of those attending.

The first two labs were held in the redwoods, but in 1960 the decision was made to hold the lab at Old Oak Youth Camp. It was also there in 1960 where a free will offering was taken to purchase a beautiful piece of gold bearing quartz which Ken Hoach presented to the Chatcolab board in May (to be placed in the new recreation hall fireplace) in appreciation for all of the moral and financial help and support that he had given this lab.

Since the center section of our original candle became the base of the Redwood Candle, in 1958 the remaining part of it was melted down and molded into a new large candle and 4 small ones to represent the "Spirit" of Chatcolab-knowledge, philosophy, ideas, humor, and sharing. These are the candles we still use.

Through the years, Chatcolabbers have strived to make improvements in the camp so that it will be a better place when we leave.

The possibilities of becoming an incorporated group was discussed at the October '68 board meeting in Moscow, Idaho, with the board accepting the proposal. Vern Burlison was most instrumental in getting the corporate matters completed so that on May 15, 1969 during Chatcolab the articles of incorporation were notarized at St. Maries, Idaho.

As can happen in any organization the plans and expectations were becoming too caught up in the past and "getting in a rut." The "family groups" were getting too strong and activities were based on duties, rather than people. Don Clayton, one of the original planners of Chatcolab, now of Illinois, attended the October '69 planning board meeting in Moscow, Idaho to help re-evaluate the goals of Chatcolab. Recalling that we learn through sharing not merely in getting, and that labbers need to feel the warmth and love of the group to be ready to learn and experience leadership, plans were made to create an atmosphere where labbers are more willing to try things on their own. During the May '70 lab, when Chat became of age (21) the lab program was people-centered and activities were filled in to suit the needs, rather than an activity program first, filled in by people. This presented a challenge for labbers to use their ideas in a self discovery.

Chatcolab '72 saw the introduction of C.H.A.T. (College or camp of Hidden Arts and Talents) classes allowing every labber an opportunity to give more of himself by sharing some ability.

The celebration of the 25th anniversary brought 91 labbers to Chat. Mary Fran Bunning Anderson (who along with her husband, Bill) instrumental in forming the earlier years lab's leadership growth, attended her 19th lab and shared memories of past labs. Marge Leinum Grier (24), Leila Steckelberg (21), Don Clayton (23), Vernon Burlison (20), who all had each attended at least 20 years also added their memoirs. Labbers celebrated by enjoying birthday cake, the anniversary waltz, reminisced and enjoyed other activities.

All good things to come to an end sometime and our use of Heyburn Youth Camp ended (last lab there was 1975) by the Idaho State Health Dept.

declaring the facilities unfit and closed the facilities unless they could be brought up to regulated health standards. This was almost an impossibility for the aging facilities to be updated.

Vern Burlison and Leila Steckelberg were instrumental in finding a new location, deciding on Easter Seal Camp at Worley, Idaho, not far from Heyburn. There was much nostalgia carry-over and yearning for Indian Cliffs, the colorful dining hall, the glorious trees, the daily train, the many memories there, but we found a new home, because Chatcolab is not just a place, more importantly - people! The wishing well at Heyburn was purchased at the dispersal auction and will someday be rebuilt as a remembrance of our "youthful years." Easter Seal Camp (WSU) has satisfied our needs and now feels like home.

Recreation Laboratories offer a unique opportunity for all those involved in recreation of all types, whether on an amateur or professional basis. Its uniqueness stems from the extent of complete involvement of the individual in the imaginative planning and sharing of all aspects of the recreational program. An atmosphere is created for discovering within oneself the latent abilities that ones normal environment never uncovers. In this discovery, anyone can become a better man or woman, a more efficient leader. The wide opportunity to gain manual skills and training experiences, through of lasting value, shall be considered secondary to the foregoing.

Thus, these basic objections were formulated 25 years ago and still hold today:

"Participants in Chatcolab Recreation Laboratory have the opportunity to uncover, utilize, and share those talents in themselves which are perhaps laying dormant by:

1. Getting to know intimately, by working together, others similarly involved in working with people.
2. Encouraging participation in "trying-out" situations.
3. Sharing recreational experiences and skills with both amateurs and professionals.

The basic lead which brought so much enthusiasm out of so many people can be expressed in one word - SHARING. The learning at lab has never been by or for specialists. It has been an effort to stimulate and enthuse by exposure to methods and ideas. Stress has been placed upon learning by participation and encouragement. The sharing of duties was encouraged whenever possible by having the lab in a camp site situation where duties and problems made practical application of chore sharing a necessity. Leaders have been chosen very often, not as true experts in their fields, but rather as guides to help other leaders on the way.

At the Great Lakes Recreation Leaders Laboratory held May 5-10, 1978 at Camp Pinewood on Echo Lake (15 miles east of Muskegon, Michigan) the "true" story of the birth of recreation labs was made known. This story follows:

The many fine Rec Labs now being held all over the United States received their inspiration and beginning years ago in Chicago.

Lynn Rohrbaugh, Owen Gree, Chester Dower and Chester Graham (all ministerial students) decided that the National Recreation Association was not meeting the needs of the churches and other non-professional groups. So they organized the first Educational Recreation Institute held in Chicago in June, 1926-27. It was moved to Wheeling, W. Va. in 1928-29, Lake Geneva, Wisconsin and then to Waldenwoods (near Howell, Michigan) from 1931 through 1934.

As the group grew larger and people became eager to share the inspiration, training and fellowship with people in their own localities, it was decided to discontinue the meeting in Waldenwoods and give people an opportunity to start new labs.

The Michigan group met for two years at the Folk School in Grant, Michigan. After that the Michigan area did not have a Lab until Arden Peterson, Marian Hermance, Bernice LaFreniers, Gould Pinney, Ray Lamb and Jim Halm went out to the Black Hills Recreation Lab in 1951 and came back with such great enthusiasm that a Great Lakes Recreation Leaders Lab was started at Twin Lakes in 1952.

The "myth" of the snow storm is still preferred by labbers because it is symbolic of the philosophy of Chatcolab. When put in such situations (a "leader" does not arrive) we should be prepared to take over and not be dependant on someone else. Through Chatcolab experiences, we strive to be able to become dependant upon ourselves.

NORTHWEST RECREATION CAMP

Camp Chatcolet

Plummer, Idaho

May 11 - 18, 1949

1948 Committee - served in 1949

- Don Clayton, Moscow, Idaho Chn.
- Emil K. Eliason, Havre, Montana Treas.
- Louise K. Richardson, Corvallis, Montana Sec.
- Ruth Radir, Pullman, Wash.
- A. L. Richardson, Corvallis, Mt.
- Dan Warren, Moscow, Idaho
- George Gustafson, Bozeman, Mont.
- Evelyn Sainsbury, Great Falls, Mont.
- Esther Teskerud, Corvallis, Ore..

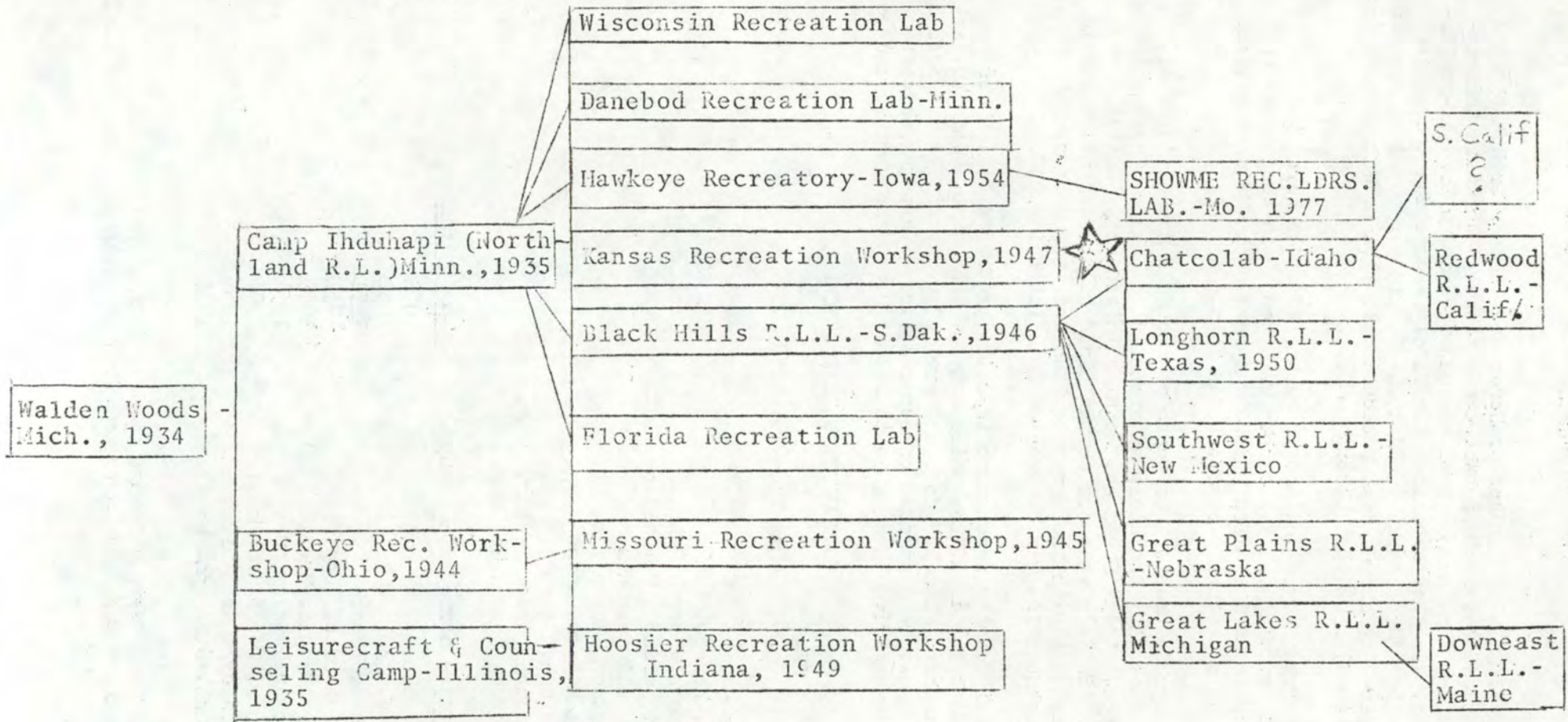
1949 Committee - served 1950 camp

Term Expires

- Don Clayton, Chn. 1952
- Dan Warren, V. Chn. 1952
- Geo. Gustafson, Treas. 1951
- Louise K. Richardson, Sec. 1951
- Jim Huntley, Olympia, Wash. 1952
- Evelyn Sainsbury, Salem, Or. 1951
- Lillian Timmer, Moccasin, Mont. 1950
- John Stottsensberg, Nez Perce, Id. 1950
- Elizabeth Bush, Okanagan, Wash. 1950

(Chatcolab history re-written and updated during the 1978 lab by Leila Steckelberg and Jean Baringer, with the help of those who could "remember when.")

GENEALOGY CHART OF NON-PROFIT RECREATION LABORATORIES



Not Determined - Eastern Cooperative Recreation School - New York  
John C. Campbell Folk School - North Carolina  
Kentucky Recreation Workshop

HISTORY OF CAMP EASTER SEAL

In 1950 Mr. Bryan Hankins, Executive Director and Vera McCord of the Washington Society for Crippled Children and Adults, told Al Smick, Extension Specialist in Community Organization at the State College of Washington that the society was willing to provide funds for a camp or teacher's institute for the benefit of handicapped children in the summer of 1950.

A sub-committee called the Working Committee was established. Members were Gordon McCloskey, Delmar Oviatt, Roger Larson, and Ruth Radir, all members of the State College of Washington. Roger Larson was elected as the first Camp Director. His major responsibilities included finding a campsite, employing all personnel and making all other arrangements in the physical make-up of the camp. Ruth Radir of the Extension Service was program director.

Up to this time camps for the handicapped were limited to children with the same type of handicap. The committee decided that this camp would include both those who were handicapped and those who were not. Non-handicapped children were limited to one for every four who were handicapped. Handicapped children had to be orthopedic cases who were ambulatory and mentally acceptable in the public school. The handicapped came from all over the state of Washington, the non-handicapped from Pullman, Washington. The camp became a reality on July 16, 1950 with 39 children and 12 counselors. It was called Camp Manitowish meaning "Wish of the Great Spirit," and it was located at Point McDonald on Coeur d' Alene Lake.

The owners of the campsite, The Episcopal Church, served notice that they would rent the camp to the Society for the last time in the summer of 1955. An advertisement appeared in the Sunday Spokesman Review for the sale of property along the lake. The property appeared to be a good site for a camp but if earnest money were not put down immediately, the chance of buying the site would be lost. Four men, Golden Romney, Roger Larson, Victor Dauer, and Glen Galligan, put down the earnest money and then had the task of persuading the Board of Regents of Washington State University that the school should purchase the site. Even with a site, the Camp looked doubtful since there were no available facilities for campers or counselors. Within a year \$29,000.00 had been collected; a kitchen, an infirmary, and a cottage for boys donated; and various equipment acquired. In 1956 a total of 162 campers roughed it with the help of 22 counselors. Tents were used to house, feed and provide recreation.

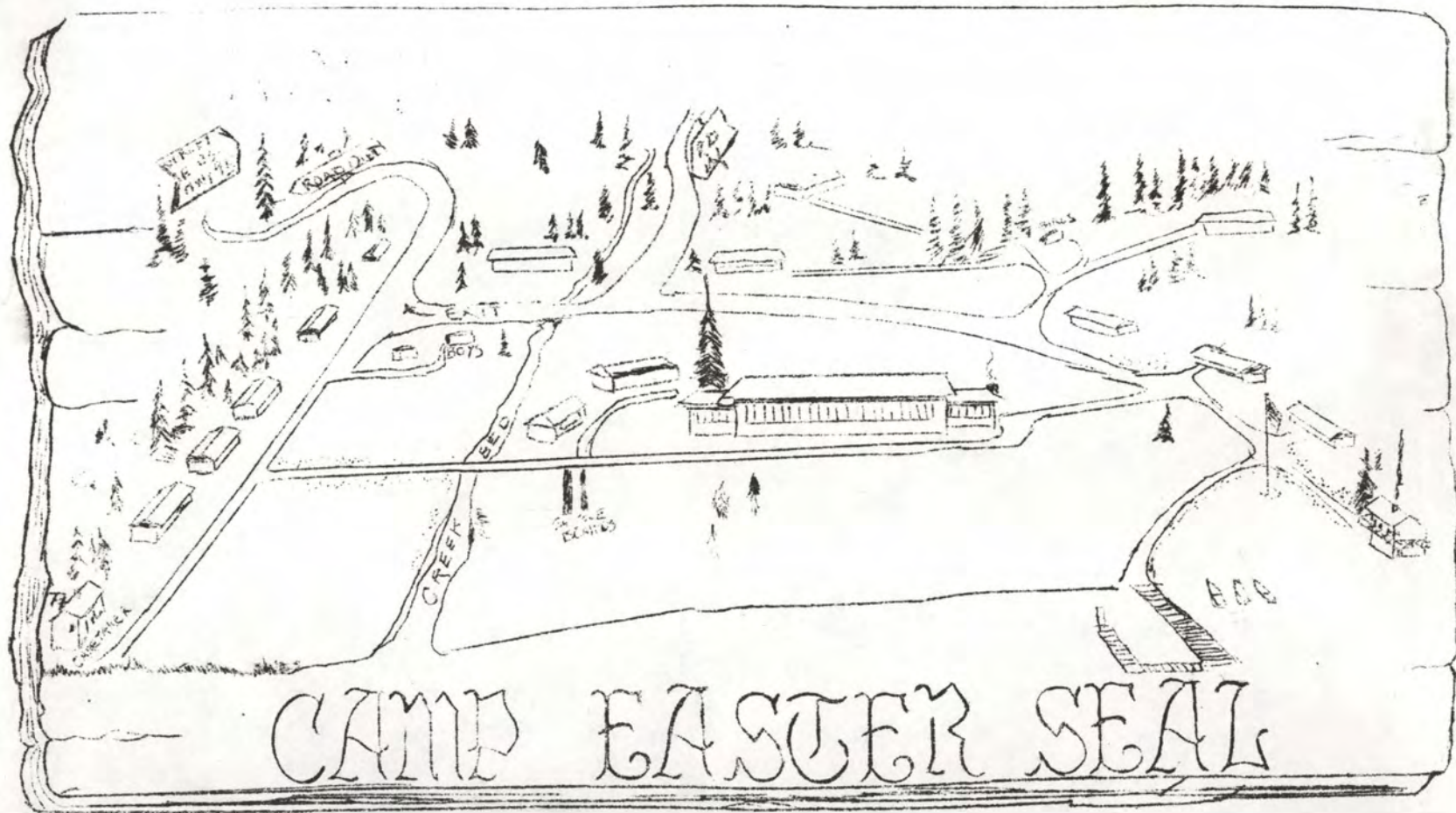
That first year would always be called the "Miracle of Cottonwood Bay" but the new camp was given the name of Camp Easter Eal by the camp committee.

A cabin expecially designed for the wheelchair camper was completed in 1961. Known as the Kiwanis Hall, it was the first winterized sleeping cabin at the camp. In October of 1969, a caretaker was hired by the College.

Always popular with the campers were the waterfront activities - swimming, boating, and fishing. Canoes, rowboats, and floatboats offered a variety of boating possibilities. In the early years campers would hike to nearby areas. With the extensive development of the area, places to hike became harder to find. The floatboats provided the answer. It allowed an overnight camp out with lessons on tent pitching, wood gathering and cooking on an open fire.

Games at the camp included archery, riflery, volleyball, softball, tetherball, ping-pong, checkers, chess, cards, or reading.

In 1968 a day camp for adult handicapped persons was held. This resulted in 1969 of a regular camping session for adults only. In 1970 a special session for mentally retarded children was started. The facility was worth over \$200,00.00 in 1970. Around 360 campers with 60 counselors use the camp in the summer. In addition the camp site is rented to outside groups, mainly churches.





# Washington State

Front row: Nora Keff, Doc Rock Stephens,  
Chris Beasley, Pat Sudderth, Laurie  
Smith

2<sup>nd</sup> row: Florence Skells, Margaret  
Bradley, Lila Steckelberg

3<sup>rd</sup> row: Mathilda Utzman,  
Brad Bradley, Billie Marie Studer,  
"Beag" Bob Beasley, Elaine Rovetto,  
Mark Rovetto, Angelo Rovetto

FRONT ROW:

Sally Heard, Shelly Riback, Carol Ayles, Billie Marie Studer, Diana Salyer  
Dick Headrick, Florence Wells, Jeff Lucas, Gertie Ellis, John E. Headrick,  
Leila Steckelberg

ROW TWO:

Bob Beasley, Terry Carson, Dave Tatarka, Zilda Carlson, James Nickelson, Bunky  
Michels, Jacque Gerdes, Brian Salyer, Rob Melone, Mary Pancich, Nora Neff

ROW THREE:

Bruce Elm, Genie Townsend, Doc Rock Stephens, Jean Baringer, Chris Beasley,  
Elsie Lucare, Kay Webb, Margaret Bradley, Betty Schuld, Mark Rovetto,  
Nancy Eusterman, Ed Gerdes, Mark Patterson.

ROW FOUR

BarbaraMechels, Bob Townsend, Pat Sudderth Laurie Smith, Mathilda Utzman  
Les McCartney, Maureen Murphy, Roy Main Monica Whalen, Brad Bradley, Howie  
Low, Gwen Main.

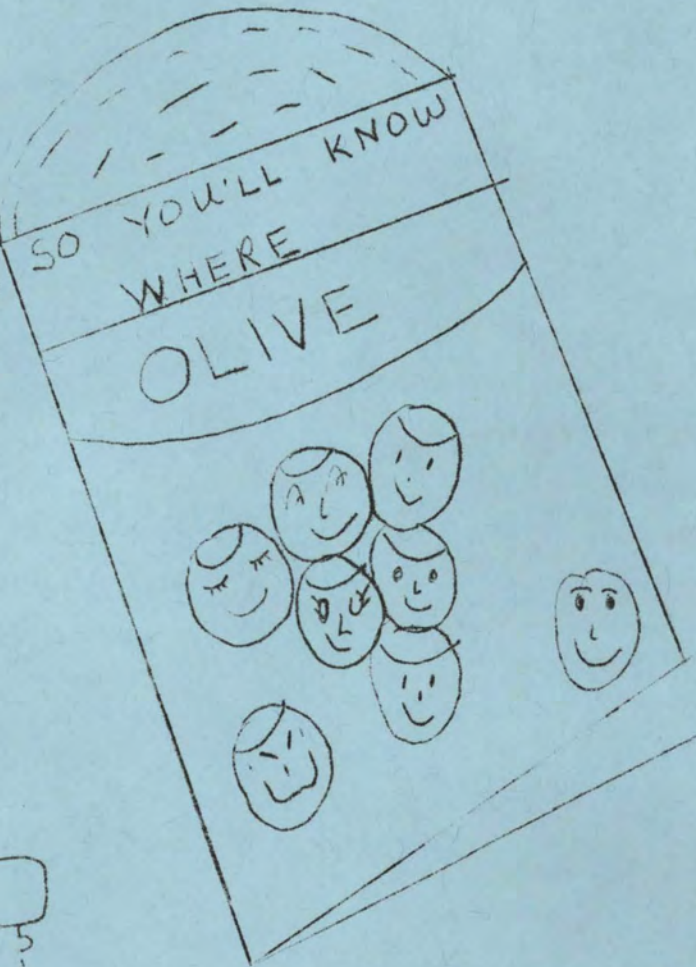
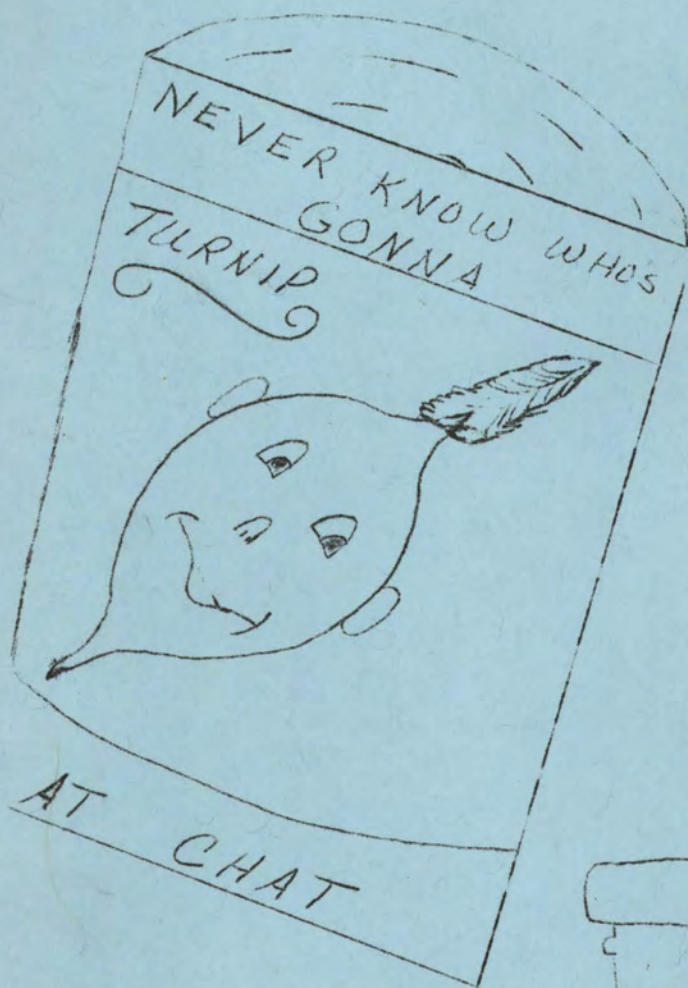
ROW FIVE:

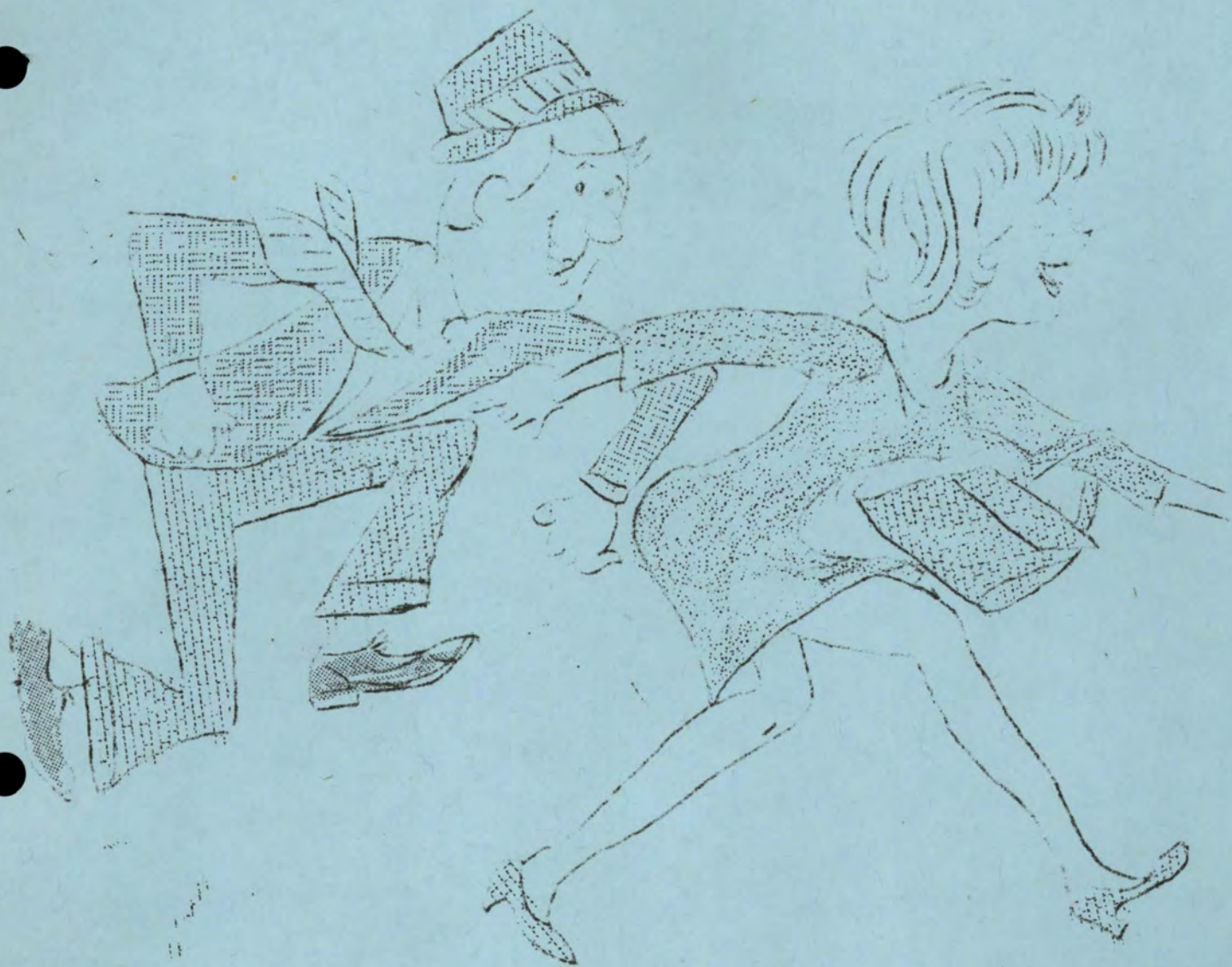
Jim Beasley, Mary Swan, Burl Winchester, Elaine Rovetto, Nel Carlson, Kathy  
Hake, Ken Schmit, Joe Matteo, Angelo Rovetto.

Picture Locations Alphebetized by First Name

Angelo Rovetto	5-9	Kathy Hake	5-6
		Kay Webb	3-7
Barbara Mechels	4-1	Ken Schmit	5-7
Betty Schuld	3-9	Kurt Staigmiller	NIP
Billie Marie Studer	1-4		
Bob Beasley	2-1	Larry Hill	NIP
Bob Townsend	4-2	Laurie Smith	4-4
Brad Bradley	4-10	Leila Steckelberg	1-11
Brian Salyer	2-8	Les McCartney	4-6
Bruce Elm	3-1		
Bunkie Michels	2-6	Margaret Bradley	3-8
Burl Winchester	5-3	Mark Patterson	3-13
		Mark Rovetto	3-10
Carol Ayles	1-3	Mary Pancich	2-10
Chris Beasley	3-5	Mary Swan	5-2
		Mathilda Utzman	4-5
Daphne Richardson	NIP	Maurcen Murphy	4-7
Dave Tatarka	2-3	Mel Carlson	5-5
Diana Salyer	1-5	Miriam Beasley	NIP
Dick Headrick	1-5	Monica Whalen	4-9
Doc Roc Stephens	3-3		
Don Miller	NIP	Nancy Eusterman	3-11
Dwight Wales	NIP	Nora Neff	2-11
Ed Gerdes	3-12	Pam Levitt	NIP
Elaine Rovetto	5-4	Pat Davis	NIP
Elsie Lucore	3-6	Pat Sudderth	4-3
Florence Wells	1-7	Rob Melone	2-9
		Roy Main	4-8
Genie Townsend	3-2	Sally Heard	1-1
Gertie Ellis	1-9	Shelly Riback	1-2
Gwen Main	4-12	Sonya Watts	NIP
		Stewart White	NIP
Howie Low	4-11		
Jack Baringer	NIP	Terri Heard	NIP
Jackie Baritell	NIP	Terry Carson	2-2
Jacque Gerdes	2-7		
James Nickelson	2-5	Zilda Carlson	2-4
Jean Baringer	3-4		
Jeff Lucas	1-8		
Jim Beasley	5-1		
Joe Matteo	5-8		
John Headrick	1-10		

NIP = Not In Picture





ADDRESS WHILE LAB IS IN SESSION

CHATCOLAB  
 Camp WSU  
 General Delivery  
 Worley, ID 83876

CARETAKERS:

Chet & Dorothy Baird &  
 Bob Pierce  
 Camp WSU  
 Worley, ID 83876  
 (208)689-3220

Nest Year's Lab -- May

Name, Address, Phone	Interests	Occupation
1. Ayles, Carol P.O. Box 110 Seaside, OR 97138 (503)738-8182	reading, sewing, music	School Dist. Curriculum Coord. BD: 5-11
2. Baringer, Jack 520 S. Maryland Conrad, MT 59425 (406)278-7716	gardening, golfing, goofing off	County Extension Agent BD: 6-2
3. Baringer, Jean 520 S. Maryland Conrad, MT 59425 (406)278-7716	knitting, crocheting, small crafts, variety, pinochle	Homemaker, Craft Sales BD: 7-5
4. Baritell, Jackie Permanent Address: 1050 Scotts Lane Walnut Creek, CA 94596 Current Address: c/o Betty Schuld 5603 S.E. Aldercroft Milwaukie, OR 97222 (503)654-3608	sewing, cooking, hiking, & whole bunches of stuff	Community School Coord. BD: 8-27
5. Beasley, Chris 6231 22nd N.E. Seattle, WA 98115 (206)523-1876	Beasley Family	Waitress BD: 12-11
6. Beasley, Jim 14515 S. Clackamas River Dr. Oregon City, OR 97045 (503)656-5027 (503)655-3562 daughter's	church, golf & the Beasley Family	Teamster BD: 2-13
7. Beasley, J. Robert "Beaz" 6231 22nd N.E. Seattle, WA 98115 (206)523-1876	people, Chat, humility, sports (good & bad), rain, sun, water, mountains, moon, spontaneity, canoe rides in light- ening storms, CHRIS	Dispatcher of School Busses BD: 2-21
8. Beasley, Miriam 14515 S. Clackamas River Dr. Oregon City, OR 97045 (503)656-5027	husband, family, 6 grandchildren, 1st and 2nd graders	Teacher BD: 1-30
9. Bradley, Brad 401 E. Mercer #31 Seattle, WA 98102 (206)329-0227	people and the outdoors, Margaret	Guide BD: 3-4

	Name, Address, Phone	Interests	Occupation
10.	Bradley, Margaret 401 E. Mercer #31 Seattle, WA 98102 (206)329-0227	The Great Outdoors, birds, beats and Brad, candid photo- graphy	Probation Counselor BD: 6-26
11.	Carlson, Mel 2512 Redway Road Boise, ID 83704 (208)375-1077	Nature study, vege- tation identification, art of backpacking, traveling	Retired BD: 9-19
12.	Carlson, Zilda 2512 Redway Road Boise, ID 83704 (206)375-1077	Hiking, reading, skiing	BD: 10-12
13.	Carson, Terry <del>#14 Central</del> <i>Rt 2, Box 133</i> <del>Syringa Mobile Park</del> Moscow, ID 83843 (208)882-3017	Wayne, our children, talking, sewing, and everyone elses children	Secretary-U of I BD: 10-2
14.	Davis, Pat 18 Smelter Hill Great Falls, MT 59401 (406)452-3728	Sharing with People	Student BD: 7-5
15.	Ellis, Gertie Box 8 Woodruff, UT 84086 (801)794-5565	small crafts- stuff'd toys	Occupational Therapist BD: 3-1
16.	Elm, Bruce 635 W. 980 N. Provo, UT 84601 (801)374-5497	church, family, etc., etc., etc.,	Computer Programmer BD: 2-16
17.	Eusterman, Nancy 2825 1st Ave. N. Great Falls, MT 59401 (406)452-7359	Yes!!	Nursing Student BD: 11-23
18.	Gerdes, Ed Box 835 Lewis & Clark College Portland, OR 97219 (503)772-4862	Many more than could possibly list	Student BD: 3-12
19.	Gerdes, Jacque 820 Lozier Lane Medford, OR 97501 (503)244-6161 Ext. 215	sports, water skiing, hiking	Student BD: 4-21
20.	Hake, Kathy Rt 1, Box 230 Post Falls, ID 83854 (208)773-5934	visualizing, singing	Home Economist BD: 2-19

	<u>Name, Address, Phone</u>	<u>Interests</u>	<u>Occupation</u>
21.	Headrick, John 18766 S. Lower Highland Beavercreek, OR 97004 (503)632-3188	model building, play clarinet, backpacking, 4-H clubs	Student/Store Clerk BD: 5-27
22.	Headrick, Dick 18766 S. Lower Highland Rd. Beavercreek, OR 97004 (503)632-3188	flying, canoeing, bicycling, hiking, theatre, living, ham radio	Community School Coord. BD: 4-16
23.	Heard, Sally 1621 3 Ave. S. Great Falls, MT 59405 (406)453-2088	painting, cooking, decorating	BD: 3-27
24.	Hill, Larry 501 Hedge N. Bozeman, MT 59715 (406)994-2796	singing, public speaking, auction- eering	Student BD: 1-10
25.	Levitt, Pam 421 W. Cleveland Bozeman, MT 59715 (406)586-1877		Student BD: 12-30
26.	Low, Howie Rt 2, S. Box 869 Great Falls, MT 59401 (406)453-5288	guitar, leather work, 1st Aid, good talking stick	Fire fighter & ranch hand BD: 7-29
27.	Lucas, Jeff 105 E. Louise St. #6 Long Beach, CA 90805 (213)422-0046	small children	BD: 11-16
28.	Lucore, Elsie Rt 3, Box 372 Gresham, OR 97030 (503)665-5716	I love to Cook	Sub School Cook BD: 12-26
29.	Main, Gwen 660 W. Main Road El Centro, CA 92243 (714)352-3446	Sr. Citizens, Dance groups	Retired Teacher BD: 9-7
30.	Main, Roy 660 W. Main Road El Centro, CA 92243 (714)352-3446	M.C.,: song, dance, (interest - Mental illness)	Retired BD: 8-17
31.	Matteo, Joe 10055 Oak Hill Road Independence, OR 97351 (503)838-1186	farming, bike riding, water skiing	Student, Farmer BD: 10-28



	<u>Name; Address, Phone</u>	<u>Interests</u>	<u>Occupation</u>
32.	Melone, Robert c/o 12 Acres 11455 Clayton Road San Jose, CA 95127 (415)259-3918	bicycling, swimming, everything	Swim Inst. BD: 6-22
33.	McCartney, Les 415 S. 12th Bozeman, MT 59715 (406)587-0352	sailing, backrubs, dancing	Student BD: 7-5
34.	Mechels, Barbara #1 - 19 Ave. So. Great Falls, MT 59405 (406)454-1276	music, guitar, arts, cooking, crafts, crochet, dance	Housewife BD: 5-17
35.	Michels, Melanie (Bunkie) 432 #1 S. Pacific Dillon, MT 59725 (406)683-2834	enjoying life	Student BD: 12-13
36.	Miller, Don 5530 Stucky Road Bozeman, MT 59715	photography	Student BD: 7-12
37.	Murphy, Maureen 160 N. Whitman #8 Monmouth, OR 97219 (503)838-6513	photography, hiking, kids	Student BD: 5-20
38.	Neff, Lenora (Nora) 207 S. Chehalis Aberdeen, WA 98520 (206)533-5100	music, dance, crafts, etc.	VISTA volunteer BD: 9-11
39.	Nickelson, James 10300 Hyalite Road Bozeman, MT 59715 (406)586-6877	not much	Student BD: 1-26
40.	Pancich, Mary 1822 1st Ave. S. Great Falls, MT 59401 (406)452-3245	guitar, calli- graphy, communication	Student BD: 3-3
41.	Patterson, Mark 11455 Clayton Road San Jose, CA 95127 (408)259-5635	music, swimming, backpacking, wood carving, tide pool- ing, bicycling, travel, politics, native design, church	Houseparent BD: 12-24
42.	Riback, Shelly 160 N. Whitman #8 Monmouth, OR 97361 (503)838-6513	skiing, snowe', water, hiking, cycli- ing, swimming	Student BD: 6-13

1508 Del Ave  
533-3773

Name, Address, Phone	Interests	Occupation
43. Rovetto, Angelo 2504 Butterfield Road Yakima, WA 98901 (509)453-2339	craft specialist and lifes' philosopher	Teaching BD: 1-21
44. Rovetto, Elaine 2504 Butterfield Road Yakima, WA 98901 (509)453-2339	handcrafts of many kinds, language and communicating, read- ing, writing, painting	hobbyist BD: 11-10
45. Rovetto, Mark (summer-same as above) School Year: N.E. 630 California Street Washington State University Pullman, WA 99163 (509)335-7094	youth leader, craft teacher	Student BD: 1-16
46. Salyer, Brian GMM3 Naval Weapon Station Seal Beach, CA 90740 (213)431-9022	rock climbing, mountaineering, land sailing, traveling	U.S. Navy BD: 11-14
47. Salyer, Diana 1012 S. Holly Street Medford, OR 97501 (503)754-2982	kids, sailing, rock climbing, back- packing, traveling	Student BD: 3-14
48. Schuld, Betty 5603 S.E. Aldercrest Milwaukie, OR 97222 (503)654-3608	4-H camp, hiking, rap sessions, people	People Watcher BD: 8-8
49. Schmit, Ken 4730 Blackwood Road Bozeman, MT 59715 (406)586-6420	leather, dancing, etc.	Student BD: 7-15
50. Steckelberg, Leila 9406 164th Street N.E. Arlington, WA 98223 (206)435-3074	people, family, silver smithing, dancing (square), rock hound, camping, recreation and crafts in general	Home Economist Recreation Specialist BD: 7-30
51. Smith, Laurie 232 Eklund Ave. Hoquiam, WA 98550 (206)532-2785	music, art, outdoors, hiking, painting, drawing, guitar and reading	Student BD: 4-11
52. Staigmiller, Kurt 2219 W. College #67 Bozeman, MT 59715	anything outside, drama	Student BD: 9-25

*GMM3  
a.s. Merrill  
(DD 976)  
F.P.O. San Francisco,  
CA 96601  
July 1*

Name, Address, Phone	Interests	Occupation
53. Stephens, LaRele Dr. (Doc Rock) S 4808 Helena Street Spokane, WA 93031 (509)448-0329	nature, rocks, plants, people, etc.	Retired Physician BD: 3-20
54. Studer, Billie Marie 5512 Canfield Place N Seattle, WA 98103 (206)632-6106 <i>206-424-9484</i> <i>1525 Bennett Road, Mount Vernon</i>	tree farmette, creativity, hypnosis, art, you make it-I'm interested <i>98-273</i>	USDA Food Inspector BD: 10-2
55. Swan, Mary 4415 5th Ave. S. Great Falls, MT 59405	softball, raquetball, youth leadership, horse racing	Student BD: 2-10
56. Sudderth, Pat 7110 Sunset Road Aberdeen, WA 98520 (206)532-3027	trumpet	Shell Bagger BD: 1-31
57. Tatarka, Dave 421 W Koch Bozeman, MT 59715 (406)586-5005		Student BD: 10-23
58. Townsend, Genie 38240 S.E. Rude Road Sandy, OR 97055 (503)668-5876	wild flowers, hiking, hunting	Homemaker 1-27
59. Townsend, Robert (Bob) 38240 S.E. Rude Road Sandy OR 97055 (503)668-5876	all outdoor activities	Retired BD: 4-12
60. Utzman, Mathilda 4402 39th S.W. Seattle, WA 98116 (206)935-7417	baby sitting, oil painting, baking bread, sewing, quilting	BD: 4-14
61. Wales, Dwight Rt 7, 9127-28th Street N.E. Arlington, WA 98223 (206)435-3865	Indian Lore	Retired BD: 11-22- 1898
62. Webb, Kay 3330 S.E. 66 Portland, OR 97206 (503)774-3082	Indian bead work, knitting, sewing	Housewife 7-22
63. Wells, Florence Rt 4, Box 1603 Hoquiam, WA 98550 (206)532-2287	4-H, little children of all ages, family, dancing, singing	Professional Volunteer BD: 3-12

Name, Address, Phone	Interests	Occupation
64. Whalen, Monica 1901 8th Ave. Helena, MT 59601 (406)442-9094	children, outdoors, theatre	Student BD: 11-23
65. Winchester, Burl 8401 Huffine Lane Bozeman, MT 59715 (406)587-7965 (406)994-4731	group leadership, bio-feedback, brain hemisphere centralization	Retired BD: 10-25
66. White, Stewart 3931 S.E. Ivon Street Portland, OR 97202 (503)232-0662	You name it?	Firefighter BD: 4-1

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GUESTS

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Snodgrass, W. Mark 920 East D Moscow, ID 83843 (208)882-6773	music	Member of the ROUND MOUND OF SOUND BAND BD: 12-18
Lardinois, John 120 East Morton Moscow, ID 83843 (208)882-8395	arts, music	Member of the ROUND MOUND OF SOUND BAND BD: 2-26
Hansen, Tim P.O. Box 8705 Moscow, ID 83843 (208)882-3353	music, family, camping, horseback riding	Member of the ROUND MOUND OF SOUND BAND BD: 6-21
Hansen, Patti P.O. Box 8705 Moscow, ID 83843 (208)882-3353	music, sewing, family, camping, horseback riding, any sports	Member of the ROUND MOUND OF SOUND BAND BD: 5-29
Bigger, Terry Rt 1, Box 173 Troy, ID 83571 (208)835-4921	"music", gold, my garden	Member of the ROUND MOUND OF SOUND BAND BD: 5-28
Haltli, Nancy, Ron and boys 2629 6th Ave. N Grand Forks, ND 58201		
Salsig, Bill and Eleen Box 608 St. Maries, ID		

Name, Address, Phone	Interests	Occupation
LAB LATE, LATE COMERS		
67. Heard, Terri 1707 Alder Drive #1 Great Falls, MT 59405 (406)727-8588	people, loving, guitar, folk group	Teller BD: 10-16
68. Richardson, Daphne Anne 14515 S. Clackamus River Dr. Oregon City, OR 97045 (503)656-5027	writing letters, being as obnoxious as possible, apprent- icing to be a Beasley	Teacher BD: 5-10
69. Watts, Sonya 1423 Jackson Walla Walla, WA 99362 (509)529-1635	singing	Gardner Student 4-14

Next Year's Lab

MAY 10-17

1981



"BORED" MINUTES

BOARD MINUTES - Sunday Morning, May 11, 1980

Members Present: Roy, Angie, Howie, Sally, Zilda, Leila, Jean and Florence

Sally call the meeting to order at 9:00

A suggestion was made to get families by counting off every 8 before dinner and sit at the numbered tables. These groups will be working on the personal picture booklets to put on the wall for getting acquainted.

Activities following dinner and the booklets will be planned by Gwen, Roy and Leila to lead into the ceremony set-up.

Ed on KP duties, will explain at dinner the clearing of tables, Nancy and Ken are KP people also.

Florence will be at registration asking big brother-sisters to help new labbers. Mel and Angelo will be responsible for getting the library set up. Shelly will be our designated song leader.

Flags to be flown during the week were scheduled - Monday is Montana, Tuesday is Washington, Wednesday is Oregon, Thursday is California and Utah, Friday is Idaho and Saturday is Chat. Each state delegation will work out something telling about their state.

Sally would like to meet with the day committee chairmen to get the idea "packet" information to them and tell them what they do need to plan for.

Sunday night dinner will be planned by us and Leila will see that they happen. (number off, grace, eat, KP, welcome by Sally, introduce Chet and Dorothy Baird who give camp rules, explain pictures and booklets.)

Ed and Shelly will make and get up the beig weekly sign up calendar sheet.

Jean will work on a daily news sheet where announcements, etc. can be made.

Jean moved we adjourn till Monday at 7:00.

Jean Baringer, Secretary

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Board Minutes

Members Present: Florence, Sally, Ed, Angelo, Burl, Howie, Shelly, Zilda, Leila, Roy and Jean

Since the board is responsible for planning Monday we decided the theme for the day will be Ready, Set -- GROW! Plans were made for mealtime graces, table fun, plans for evening program.

Are we going to have an auction this year? Florence reported that with the small amount of labbers this year compared to the expenses we have, an auction could be used to help off-set this financial imbalance. If we have one the money could be raised specifically for the general fund. (Other auctions have been for scholarships.)

Board Minutes - Saturday, May 10, 1980

The meeting was called to order by Sally Heard, Chairman at 8:00 with Howie, Gwen, Dwight, Florence, Leila, Zilda, Roy, Sally and Jean present. Angelo and Ed arrived later in the meeting.

Roy moved we dispense with reading the minutes, carried.

Leila explained about the things she ordered and what she got for this lab. The logo sweatshirts were no longer available in short sleeve and the price had gone up more. She did get some T-shirts for use in tye dying that people could dye. Also, she did get all the paper for the notebook -- she ordered 20 pound, punched.

Miriam and Jackie and Leila did go through the stencils and sorted out the useable stencils, eliminated the duplicates or non-applicable ones. Crafts are in 3 sections, poetry and inspiration were divided into copied or original, there is no song section as we need to push selling the songbooks ; unpublished ones will be available on tapes with music. No fasteners were purchased. We can tie the sections together for now.

How many of the booklets do we run off? It was agreed to run off 50 of the booklets except large quant cooking recipies of which 25 will be run off.

Notebook deadlines were discussed. The day's activities are to be turned in by noon the next day. Friday's doings should be in by Dinner Friday as will the plans for Saturday's activities. When the day committees meet they should select a recorder for the group who will be responsible to see that the write-up of things that happened during the day get turned in by that time. (The recorder collects them and gives them to Terry.) We will plan to put together the booklets during the week as they are run off. This week's notebook of information will be put together by 3:00 Saturday afternoon, leaving the evening free for other things.

Nametags are masonite pieces for hangtags. We will first put only our names on them. As the week progresses felt, seeds, etc. can be added as we ourselves grow.



How many flags are here? So far we have the Montana, Washington and Calif. (coming).

What should we do with family groups this year? Last year they didn't do much together. Could the firewood, table setting, etc. be better handled through the day committees? Discussion followed on the values of getting better acquainted and more personal development, everyone has a place, they give you support, through families. Using just day committees, people may not even sign up or become involved at all, they don't get so personal, and are short term. Howie moved that we have family groups for at least 2 days, and the board will evaluate their existence by Tuesday. Roy seconded, carried. Think of ways we can get people into groups.

Jackie sent the information for the day's ideas packets on a roller shade which will be used by the day committees.

We are going to have a number of drop-in, late coming labbers. We should think of some way to incorporate them into the lab. They can be disruptive to the group and lost so let's make an effort to ease this situation.

Before registration at 2:00 tomorrow we need to sweep the floor, move and set up tables in the notebook room and unload Leila's camper.

Howie moved we adjourn till after breakfast Sunday morning.

Jean Baringer, Secretary

Board Meeting - MONDAY

The meeting was called to order at 7:00 a.m. by President Sally Heard. Members present were Florence, Sally, Ed, Angie, Howie, Shelly, Zilda, Leila, Roy, and Jean. Howie will be Day Chairman and Ed, secretary. Theme for the day - READY, SET, GROW.

Breakfast: Grace will be "Johnnie Appleseed" Whobodies, Growing with Kathy.

Lunch: Grace will be " Bloom and Grow". Shelly will lead the group. Table fun to be the Lion Hunt.

At 11:15, Planning Committee for eveing ceremony. The Chairman is Howie. Other members will be Ed, Florence, Leila, Roy and Shelly.

Income for Chat so far is \$2576.75. Since this is quite a bit less than anticipated, we will need an auction. Leila announced that the paper she ordered came to \$774.80. Leila stated that the booklets are not being printed in the order she thought they would. Also she feels there is no way to run off all the stencils this year. The Board decided that this year's stencils would be run first and we would run off 85 books. Any booklets completed would be offered for sale to old labbers and free to new ones.

Board Meeting - TUESDAY

President Sally Heard called the meeting to order at 7:00 am. Discussion on activites of previous day was held. The general feeling that it went very well was mutually expressed.

Florence wanted permission to change the Savings account from Marge Grier's name to Leila's. Florence made this into a motion, it was seconded and carried.

Burl moved that we have an action with the money going towards the general fund. Discussion was held as to type of auction. Decision was made that a silent auction would be held at tea time. Motion seconded and carried.

Day Committees to be in charge of breakfast, lunch, tea, dinner, eveing activites, make announcements, pick theme, and do chores.

- TUESDAY - Farmers Day
- WEDNESDAY - PERSONAL GROWTH - DISCOVERY
- THURSDAY - WEEDS IN OUR GARDEN
- FRIDAY - IN FULL BLOOM ( TALENT SHOW)
- SATURDAY - GREEK DAY

It was decided that families were no longer needed. More attention was still needed to be given new comers.

Board Meeting - TUESDAY continued.

There is a need to push the sale of song books and sweat shirts. It was decided to sell extra booklets and note-books for \$1.00. Florence will tell the new labbers they can have one old notebook free. Then the rest will be sold.

Discussion was held on Terri's band. General feeling expressed was that a predicent should not be set. We have talent among our own people. Ed expressed dissention on this. Thought we should give it a try. Discussion left the decision open.

Board adjourned to Thursday morning.

-----  
Members present were Sally, Florence, Roy, Betty, Zilda, Burl, Leila, Angelo, Shelly, Miriam.

Board Meeting - THURSDAY

Meeting was called to order by President Sally Heard.  
at 7:00 a.m.

Zilda suggested that rather than a flower arrangement that a Campship fund be set up in honor of Clarence Stephens. The consensus of those present was that it should go with the scholarship for Chat. Jean and Jack Baringer had requested that whatever refund they had coming be put into the Clarence Stephens Memorial Fund.

Betty pointed out that she had contacted George Bell regarding the MaurineBell memorial fund and learned that whatever money that fund contained would need to come out of the general Chatcolab Scholarship fund.

Sally appointed AngeloRovetto, Jim Beasley, and Doc. Rock (LaRele Stephens) to serve with Dick Schwartz, Petty Schuld and Miriam Beasley on a committeeto correlate all memorials and scholarships.

Two members of the band will be here this eveing and will be staying over. Their fee has been covered by the board and the money will NOT come out of camp funds.

The ChatcoBlab for Thrusday is being edited by Mel Carlson, the Thrusday Chairman.

Florence reported on the Tuesday Evaluation. Everything rated 8, 9, or 10.-- all positive. Most people were hardest on themselves.

Sally indicated that last year's evaluation was used as a tool and thenegative comments have become positive. We all need to tend the obstacles or weeds in our gardens and evaluations can be a way to make this possible.

THURSDAY BOARD MEETING- continued

Evaluation training should be made available to the labbers. The anonymous, quiet, individual all camp evaluations ( i.e. Tuesday type) are good and served a purpose. Wednesday nights Truth Stick ceremony was an emphatic evaluation in it's way.

Shelly observed and it was agreed that evaluations and the truth stick type ceremony should be an individual choice. People should know that they can pass.

Burl mentioned a target type evaluation tool. "How did we miss?" This could be a pos-itive learning and growing tool.

Leila pointed out that thought she is a resource for parties, no one had given her the opportunity to set the stage with party planning ideas or outlines which might well set the stage or provide a springboard from which to plan and germinate.

Board discussed ways to make resource people known to committees. Burl suggested that not only should these people be introduced but their names be listed on the weekly calendar of events so that planning committees would not have to rediscover the wheel.

Angelo pointed out that if the labbers don't feel there is a problem then the labbers should be allowed to "try their wings". We all learn by our mistakes - - sometimes more convincingly than by our successes. When labbers want the help of resource people, the resource people should be available. To that end not only will the Resource people be introduced but their names will be listed and visible throughout the week.

Les McCartney, Chairman for Saturday, is working on a Greek theme. Miriam is to replace Jean Baringer on that committee.

Auction is set for Friday. Howie is to be the auctioneer. Mel is to be requested to announce that the in-gathering for auction items should comment! - - this announcement to be made at each meal.

The method for nominating new board members was discussed. It was the decision of those present that a nominating committee consisting of the 3 retiring members (Burl, Roy and Sally) be the method this year with additional nominations being made from the floor.

Meeting was adjourned.

BOARD MEETING - FRIDAY - MAY 16, 1980

The meeting was called to order by Pres. Sally Heard at 7:00 a.m.

Members present were Sally, Ed, Zilda, Roy, Shelly, Leila, Miriam, Angelo, Howie.

Chairmen for Friday Schedule are Carol and Chris, with the schedule being taken care of by Rob.

Auction and Tea Time at 3:30.

They plan an early ceremony followed by the talent show.

The scholarship fund was brought up again.

The Clarence Stephens contributions for memorial scholarship, which have already been turned over to Florence, will be turned over to the scholarship committee. Correlation of all memorials and scholarships will be in the hands of this committee.

Roy reported that he and Burl have met with part of the nominating committee and have a start which they will share with Sally, the third member of the committee.

Zilda reported that she and Howie in compiling the group evaluations discovered that we can't pay too much attention to criticism because in each case there were complete opposite comments. Both regarding new labbers and former labbers. Each of us comes to Lab with individual expectations. Zilda pointed out 2 valid criticisms. First, the day committees have too much to do. Second, the ceremonies are too late. Evaluation recommendations appear to have us going to committees (ceremonies-table fun-parties and KP). Having family groups was another possibility.

Saturday--Money has been allotted to include the festive dinner within the food budget for the week. The time schedule, at this point, for Saturday:

9:30 brunch

10:30 annual meeting---election, corporation meeting

3:00 bookwalk

Florence moved we adjourn until Saturday at 8:00

1980 ANNUAL CHATCOLAB MEETING

The meeting was called to order by Chairman, Sally Heard.

It was moved and seconded that the reading of the minutes of the 1979 annual meeting be dispensed with -- there being no copy of the minutes. Passed..

Florence Wells reported \$5700 in the bank with \$300 still to collect. All expenses are yet to be paid.

Sally asked that Leila explain the responsibilities of board members. Leila stated that three board members are elected each year. The nominees should be in a position to say "I will have three years to devote to Chatcolab; attend the Fall planning meeting; attend Chat for the next three years.. Transportation to and from the fall board meeting is the only thing paid the board members and alternates. Each board member pays his own lab fee. Each one of the Board members needs to do his share in setting up Chat for those three years and attend the Board meetings at those times. The alternates serve one year. Board member qualifications are: having attended 1 full week at Chat; retiring Board members cannot be re-elected until they have been off the Board for a year.

Burl presented the Nominating Committee report. The committee consisted of Roy, Sally, and Burl. The list of nominees was placed before the meeting. And nominations were opened from the floor. Another name was thereby added to the list.

It was pointed out that those eligible to vote are those who have attended all week or are here and have attended a full week any year within the last 10 years. The nominees receiving the most votes would be the three board members and the three runners up will be alternates. Each Labber was instructed to vote for three.

The tellers -- Stewart, Howie, and Terri -- collected the ballots, counted them and tallied.

Under old business Pat Davis asked what happened to the Wishing Well from Heyburn. Camp WSU would not allow it to be placed here.

Roy asked about incorporation. The papers have been sent in again in accordance with the current Idaho regulations.

Insurance. The insurance we have is accident insurance and each labber is insured from home to home.

Shall we continue Chat? Will we have Chat in 1981?

If you vote "yes", you commit yourself to return in 1981 or at least send someone or several to the 1981 Lab.

Les McCartney moved and Mark Patterson seconded that we have 1981 Chat. Unanimously passed.

Chairman Sally asks that each of us in attendance write feedback regarding this Chat and turn it in before leaving this Lab to help the new Board plan next year's Lab.

The meeting was adjourned.

Secretary pro-tem

Miriam Beasley

Saturday Board Minutes

The meeting was called to order by Chairman Sally Heard. The new board members are: Mark Patterson, Elaine Rovetto, and Brian Salyer. Alternates are Margaret Bradley, Doc Rock Stephens and Dick Headrick.

Officers elected to the 1981 Board are:

- Chairman: Howie Low
- Vice-Chairman: Mark Patterson
- Secretary: Jean Baringer
- Treasurer: Florence Wells

Asst. Treasurer: Leila Steckelberg

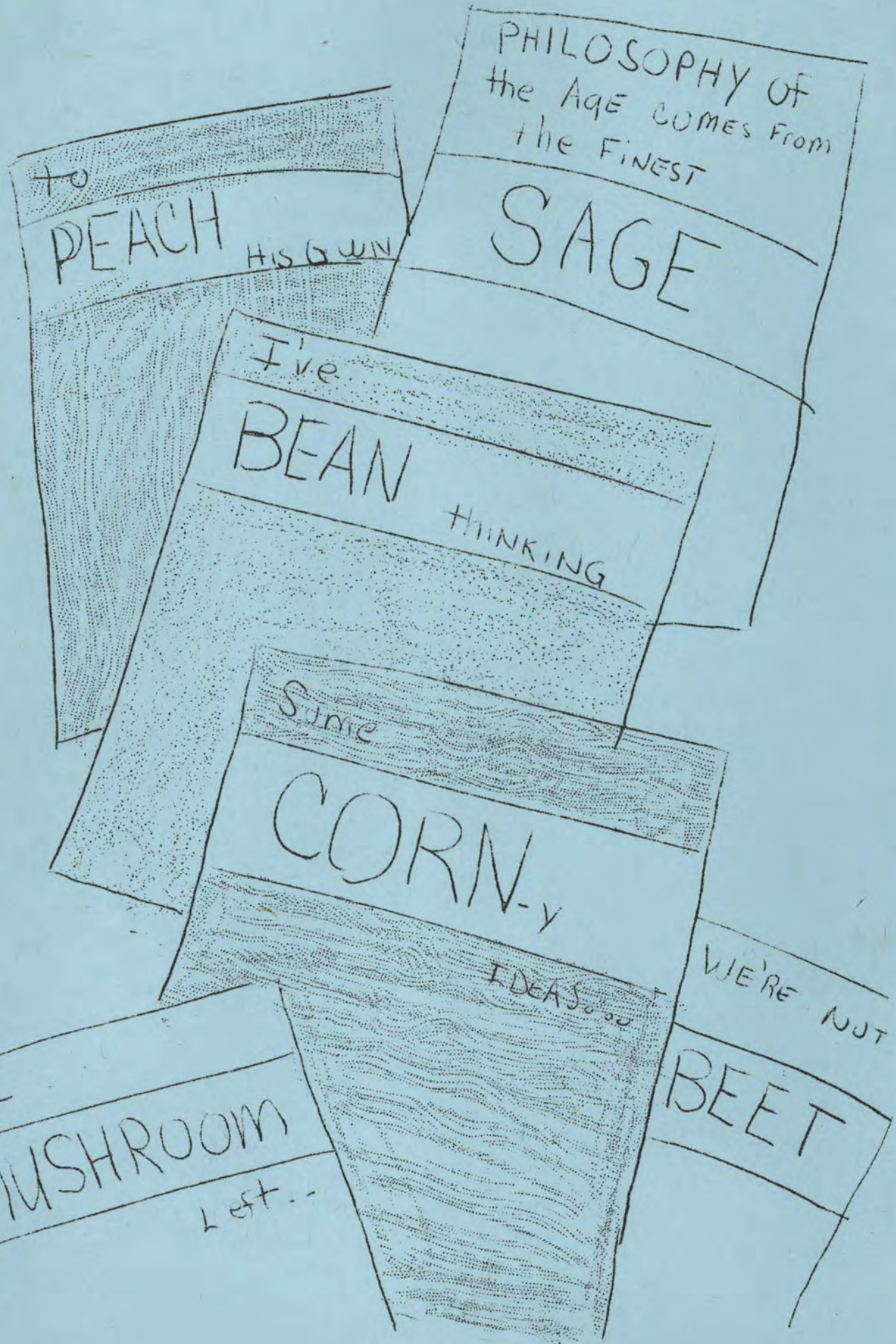
Chat Chat Editor for the coming year will be Miriam Beasley with July, October, January and April being the months of publication. Deadlines for material to arrive at River Home are: June 15, Sept. 15, Dec. 15 and March 15. Sally suggest that the personal letters be condensed and more emphasis be placed on public relations and publicity.

Board thanks to Brian Salyer for the contribution of a whole box of mimeograph paper. Chat Chat editor is to take paper home for the publication of the Chat-Chat.

It was decided the Fall planning meeting would be held in Spokane October 17, 18, and 19. Sally will contact Sister Virginia at the Mount. (Sacred Heart Convent.) Sally will ask Sister Virginia to call Doc Rock. Together they will plan a place for the meeting and overnight accomodations.

Leila has set up a plate for the Notebook covers which she can run in her living room. It was moved and seconded that Leila print the covers. The meeting was adjourned until October 17, 1980.

Miriam Beasley  
Secretary Pro-Tem



to  
PEACH HIS OWN

PHILOSOPHY OF  
the AGE COMES FROM  
the FINEST

SAGE

I've

BEAN

THINKING

Some

CORN-y

IDEAS

NOT

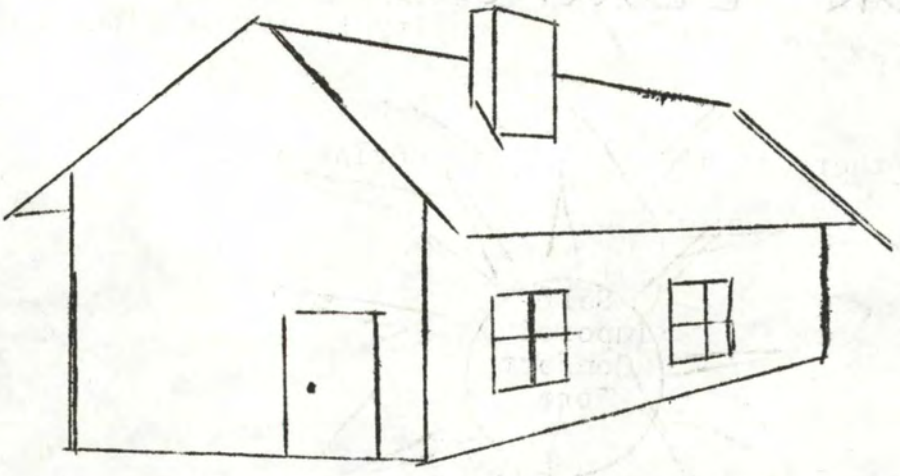
MUSHROOM

Left..

WE'RE NOT

BEEF



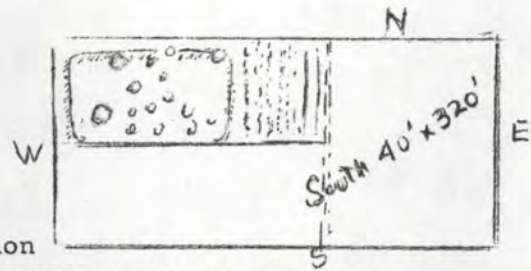


OTHER

# WHAT IS EXPANDING OUR COMFORT ZONES



1. We all have for many reasons chosen a limited range of behavior -- outside of these limits we feel nervous, afraid and uncomfortable.
2. As we grow, we need to break some new ground. The seed is good, but it **MUST RISK** leaving the protection of the earth cover and venture above ground.
3. Our comfortable ways of thinking and acting seldom produce the good life. Security leaves us alone and unfulfilled.
4. But, there is always **RISK** in moving out.



Tuesday Session

YOU CAN'T AFFORD to FARM ONLY HALF YOUR LAND !

When it comes to using our BRAIN we've fallen into some CRIPPLING HABITS

1. We have become SO comfortable using the Left Hemisphere that we've neglected, even crippled our abilities to use the other (RIGHT) equally valuable Hemisphere.
2. New research is helping us to understand our Brain Function and potential. Generally the Left and Right Hemispheres both participate in everything we do, but the two sides work differently. Here are a few of the generalized divisions of labor: (Note a few Left Handers will need to reverse some of these formations.)

LEFT BRAIN MODE

RIGHT BRAIN MODE

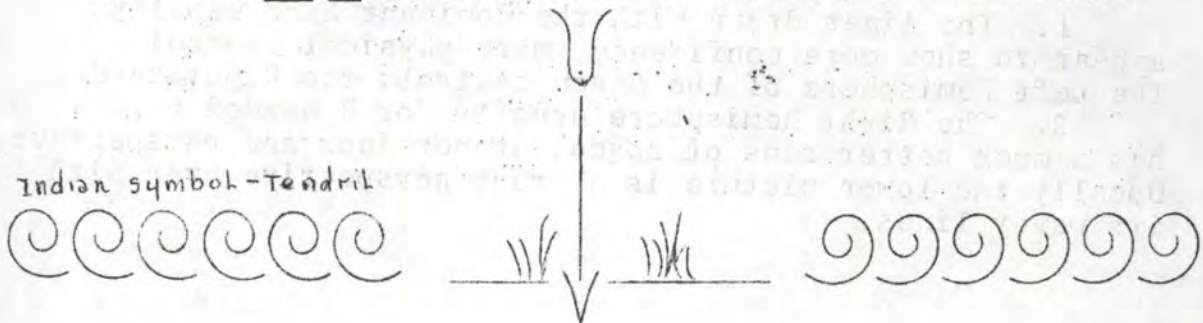
- |  |   |
|--|---|
| <ol style="list-style-type: none"> <li>1. Logical, Rational, Scientific Process</li> <li>2. Verbal and Arithmetic.</li> <li>3. Wants to Analyze, Dissect and assign symbols to everything.</li> <li>4. Very Time-Conscious.</li> <li>5. More typical of Engineers Mathematicians Frequently monotone.</li> <li>6. Rigid conforming.</li> <li>7. Muscles are more tense-- Tries to make things happen.</li> </ol> | <ol style="list-style-type: none"> <li>1. Experience, Sensory &amp; Intuitive.</li> <li>2. All Non-verbal language Space &amp; three-dimensional awareness Remembers faces well.</li> <li>3. Uses subjective data and has trouble with labels.</li> <li>4. NOW oriented.</li> <li>5. More typical of Music lovers, Social scientists, Artists... Very tone conscious.</li> <li>6. Comfortable with ambiguity -- Creative.</li> <li>7. Reduced Muscle Tension and more content just to tune in feel and be aware.</li> </ol> |
|--|---|

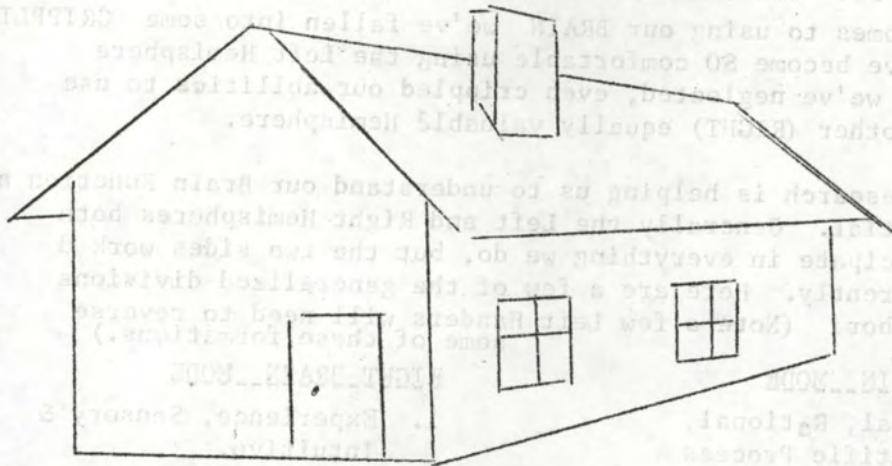
Obviously need both sides to reach our potential.

Fortunate, most people can learn to shift at will from one side to the other so the MOST QUALIFIED SIDE of the brain works on the stuff it is best at doing.

BRAINSTORMING, CREATING ART , or HUMOR for example, is essential for good creative problem solving and yet so few humans have really learned to let go (be spontaneous and intuitive) so it can happen.

Indian symbol - Tendril





In This Space Draw the Picture Above

In this space draw the picture above with the opposite hand. i.e., If you drew the 1st time with the righthand, draw here with the left.

Next Study these two lower drawings:

1. The lines drawn with the dominant hand usually appear to show more confidence, more physical control. The Left Hemisphere of the brain controls the Right hand.
2. The Right hemisphere usually for R handed people has a much better sense of space, proportions and perspective. Usually the lower picture is a truer perspective even with its wavy lines.

Thursday Discussion



W E E D S -- ROOTING THEM OUT

m Must cultures have devised ways to alter their STATES of AWARENESS-- to look inward--to become more aware and effect some degree of self-therapy.

the HUMMING Exercise was only experimenting with humming AAH--- and AAH-OOM with mouthopen, then closed; teeth clinched then loose; ears plugged; nose plugged etc...calls for a lot of RIGHT BRAIN awareness. Most tribes use music also...repetition.

When applied to identifying the "WEEDS" in Chat Lab or WEEDS in our personal lives, we need to encourage RIGHT BRAIN input as well as the ANALYTICAL LEFT BRAIN EVALUATION.

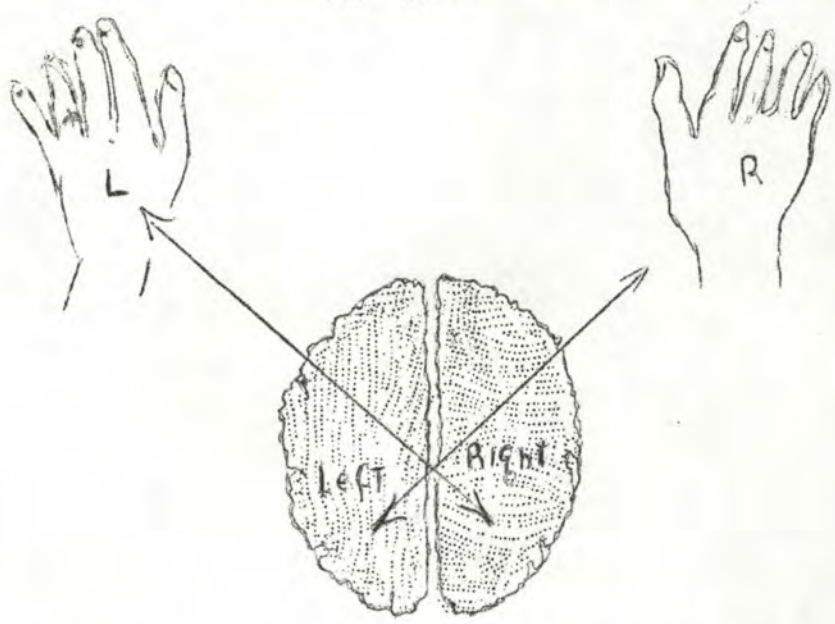
Certainly one of the most common weeds for most of us is the NEGATIVE Self-Images we hold about ourselves or our performance.

IF YOU THINK YOU CAN or IF YOU THINK YOU C A N'T--YOU'RE RIGHT!!

Positive strokes about ourselves or our performance, positive strokes for good behaviour (good work) is one of the very best ways of improving.

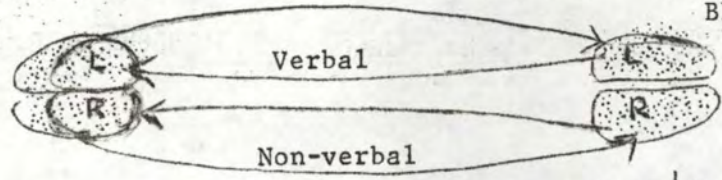
Another "WEED" for most of us is our reluctance to stand up for ourselves, what we believe, what we want and feel without GUILT. The assertiveness exercises were designed to allow everyone to be assertive without being either aggressively ABRASIVE or PASSIVE when our own beliefs or rights are being compromised.

IF HALF A BRAIN IS BETTER THAN NONE--A WHOLE BRAIN WOULD BE BETTER USE IT !



Crossover-connections of left-hand to right hemisphere, ..... right hand to left hemisphere.....

" Every creative act involves...a new innocence of perception, liberated from the cataract of accepted belief: Art Koestler's Steepwalkers

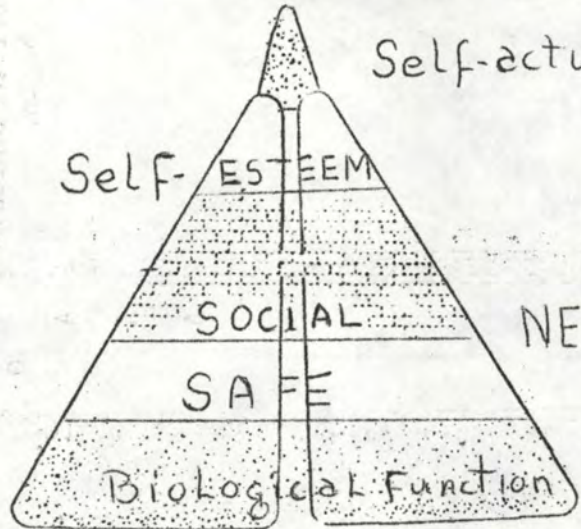


BLOOMING  
GROWING  
GO WITH IT

Communication

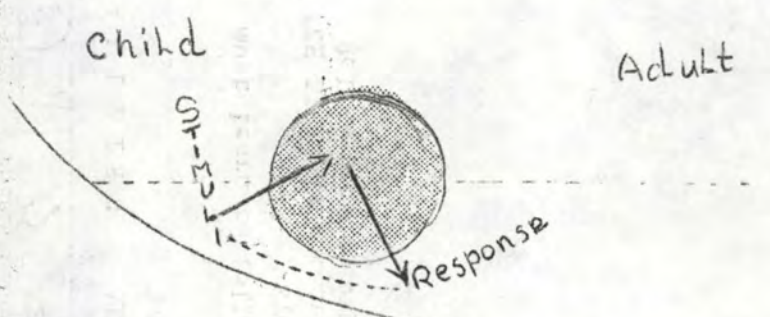
Feedback

understanding

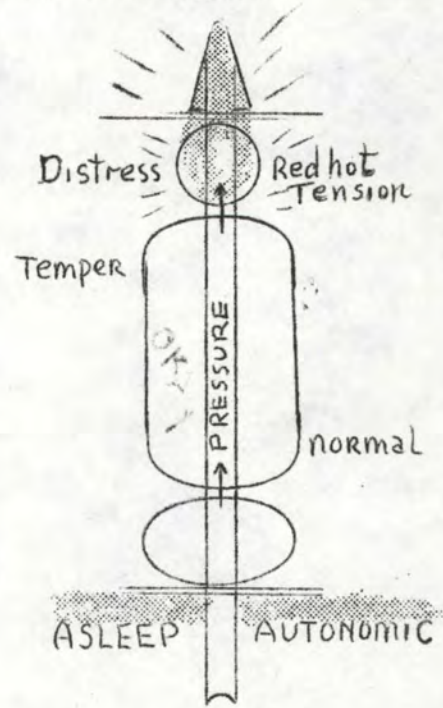


BURL WINCHESTER set up a self-analysis session to help with decisions which each person must constantly make about responsibilities, responses, and overcoming fears.

A very personal session about how the RIGHT HEMISPHERE function of the brain must be utilized for fulfillment.



Consciousness



Same stimuli repeated now accepted by the subconscious.

HOW DO I BLOOM ?? Final Friday discussion

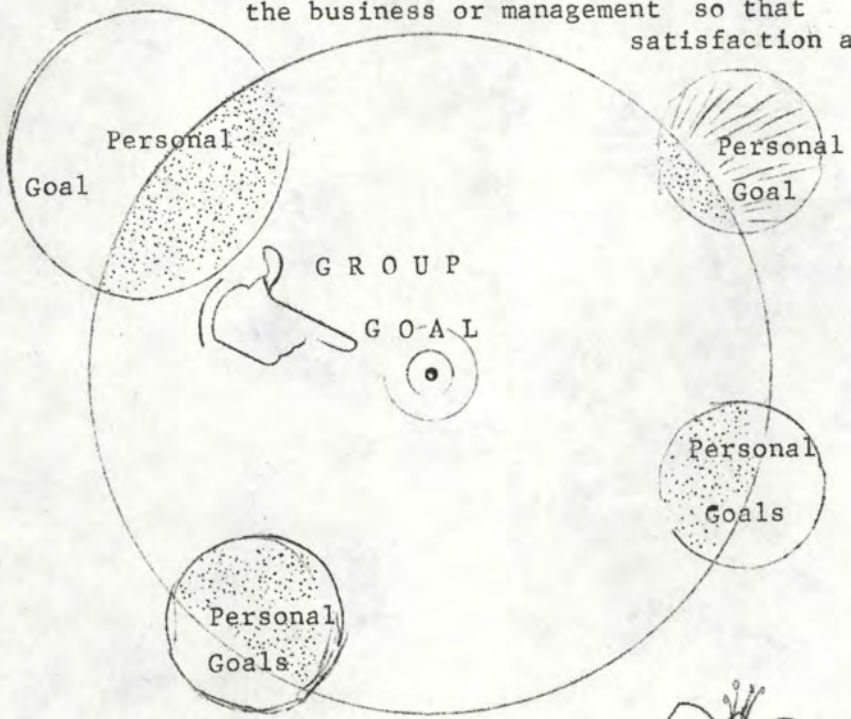
BLOOMING for ME MEANS THESE: ACHIEVE DIVISION of RESPONSIBILITY: QUALITIES REQUISITES FOR MY BLOOMING:

1. Following Thru....  
Remember to finish what I begin.

A  
O  
A  
A  
A

1. I must learn to follow through.  
ETC...  
2. SEE LIST as summarized by CHAT Group...  
Self-Awareness expansion cues--strokes:  
3.

PERSONAL GOALS need to overlap that of the business or management so that satisfaction and interest is maintained.



DRIVER'S SEAT

Emotions must not have control  
 When attempting to reach a goal.  
 Efforts to succeed, instead  
 Are best directed by the head.  
 Listen relax and tune into the  
 RIGHT SIDE!

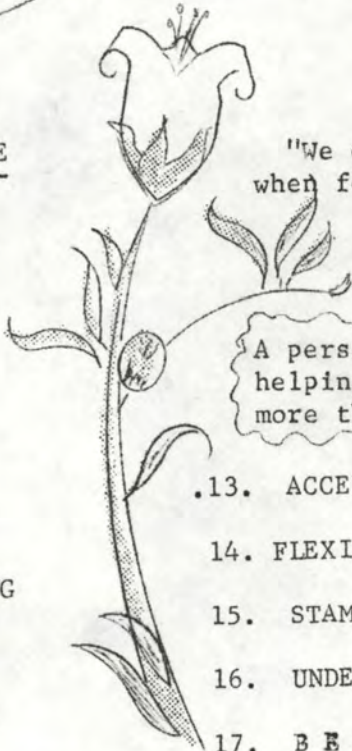
LIST of QUALITIES to PURSUE

SUGGESTED BY THE GROUP

1. FOLLOW THRU
2. WORK ON IT -- DO IT!
3. AWARENESS
4. HONESTY
5. POSITIVE
6. BEING HELPFUL - OFFERING
7. TAKE SOME RISK !
8. COURAGE - PERSISTANCE
9. LISTENER - LISTEN
10. ACCEPTING OTHERS
11. TIME FOR REST - TIME FOR ME
12. CELEBRATE - SEEK THE AHAs'.

"We often grow most ourselves when fostering growth in others."

H-J. Mier - HAPPINESS BEGINS BEFORE BREAKFAST



A person who appreciates a helping hand responds with more than dead weight!

13. ACCEPT MYSELF (It's Good!)
14. FLEXIBLE FLEXIBILITY
15. STAMINA - HAND IN THERE.
16. UNDERSTANDING of SELF
17. BELIEF - BELIEVE IN MYSELF IN WHAT I AM DOING.
18. LISTENING WITH SENSE and ATTITUDE.

ETC...

ADD your own special ideas and work areas



## EVALUATION - THURSDAY

## POSITIVE

1. Resource people went out of their way to help in crafts.
2. Ceremonies and evening programs were good.
3. No one or two people were leaders. Many had a chance.
4. Good group unity - no generation gap -- new labbers were made to feel good.
5. Good individual one to one communications.

## CRITICISM:

1. Time:
  - A. Meals - people should come on time.
  - B. Should definitely start on time in the morning.
  - C. Should develop more organization so we know what is going on.
2. Too much responsibility for the day committees
  - A. Too many chiefs
  - B. Did not work as well as could
  - C. DIFFICULTY in meeting as committee
3. Kitchen duty is a real problem
4. Too much emphasis on new labbers.
5. Too many cliques
6. Too much planning, too much structure, not enough structure

## Suggestions:

1. Family groups - see schedule
2. More discussions on how to get along with people and on personal growth
3. Change time of ceremonies
4. Newcomers should come a day early
5. Set priorities in day committees.

KIMMIE  
 YAGUNZ  
 YAGANTAZ  
 YAGISIT  
 YAGGENDIA  
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 YAGGENDIA

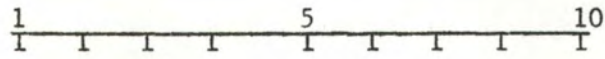
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TABLE FUN							
PARTY							
CEREMONY							
KITCHEN DUTY							

FAMILIES:

- RED
- YELLOW
- BLUE
- GREEN

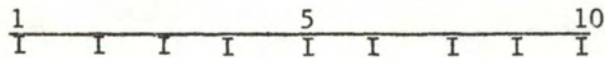
EVALUATION

L. \_\_\_\_\_



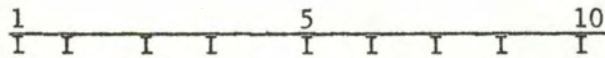
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2. \_\_\_\_\_



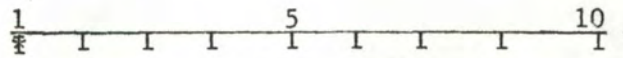
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3. \_\_\_\_\_



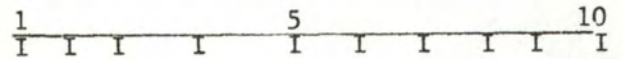
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\_\_\_\_\_

4. \_\_\_\_\_



Comments: \_\_\_\_\_  
\_\_\_\_\_

5. \_\_\_\_\_



Comments: \_\_\_\_\_  
\_\_\_\_\_

# PLAN AHEAD



# DAY COMMITTEES

DUTIES OF DAY COMMITTEES

- A. Understand which parts of the schedule are already fixed and which they are responsible for:
  - 1. Fixed -- 9:30 to 11:30 each day
  - 2. Chat Classes -- 1:30 to 3:30
  - 3. Flag Raising -- assigned to state groups
  
- B. Responsibilities (to be fixed by day committee)
  - 1. Meal time activities
    - a. breakfast
    - b. lunch
    - c. tea time
    - d. dinner
  - 2. Evening activities and ceremonies
  - 3. Make Announcements (news, etc.)
  - 4. Check with Cooks before ringing the "Come and Get It Bell"
  
- C. Choose a Theme for the day.
  - 1. Put the theme on the Large Chat Schedule
  - 2. Figure out ways of carrying out the day theme.
  
- D. House keeping chores for the camp.
  - 1. Set, Clear and Serve (3 meals)
  - 2. Sweeping (whole lodge)
  - 3. Firewood
  - 4. Anything you see that needs doing

THE CHAT CO BLAB

GOOD MORNING!

"Education (Chat) sows not seeds, but makes your seeds grow". Kahlil Gibran

To help you set your bearings for the day, maybe will help you. Thank you, Montanans, for sharing you with us today.

TODAYS SCHEDULE:

- 8:00 Breakfast
- 8:45 Group Pictures- bring your cameras
- 9:15 Morning session
- to
- 11:15
- 12:15 Lunch
- 1:30 Introductions to resources and
- to
- 2:30 classes
- 3:45 Tea Time
- 4:00 Games & Dancing
- 5:00 Day Committee planning session
- 5:45 Day Committee planning chairmen meeting
- 6:15 Dinner
- 7:00 Flag lowering
- 8:00 Evening activities

Did you hear that St. Helen's volcano is having its problems because she forgot to take her earth control pills?

Remember - as Sally told us - "If you have questions on games - be sure to ask Bruce before he has a chance to tell you".

For your name tags, you may start adding seeds (which are available), rocks, etc. if you feel you are growing.

PLANTED WITH TENDER  
LOVING CARE..

READY.....SET.....GROW.....

# CHATCOLLAB

for Tuesday

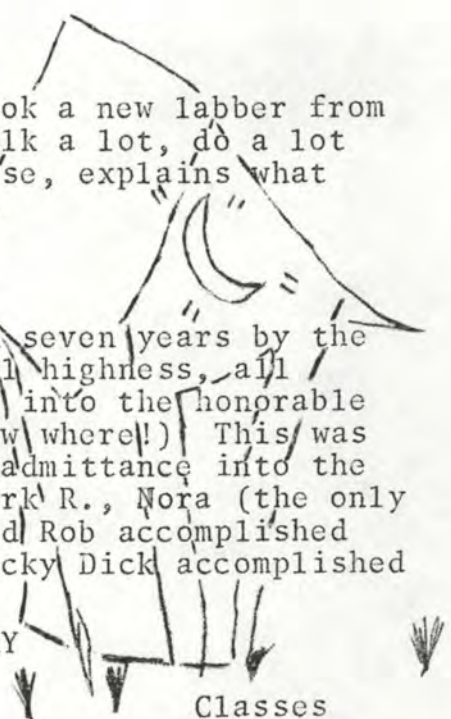
What does CHATCOLLAB mean? Well, it took a new labber from Iowa to open our eyes. Since we sit and talk a lot, do a lot of planning and collaborating, that of course, explains what Chat Collaborate must be! Thank you, Neva!

HAVE YOU DARED TO TAKE ANY RISKS?????

Camp was honored by the first visit in seven years by the illustrious appearance of the supreme, royal highness, all ruling CARDINAL PUFF. Seven were initiated into the honorable society. (Seven come 11 - trips to you know where!) This was the largest group to attempt the righteous admittance into the Cardinal Puff Society... Jeff, Mark P., Mark R., Nora (the only girl to give it a try in a group), James and Rob accomplished this great feat on their 12th attempt. Tricky Dick accomplished it on his own in 6 tries.

## EXPECTATIONS FOR THE DAY

- 3:30-11:30 All Camp session
- 12:15 Silent Lunch
- 1:00- 2:00 Siesta - let's keep quiet so those who want can snooze
- 1:30- 3:30 Classes----->
- 2:15 H Exercises
- 3:30 Tea Time
- 6:15 Dinner
- 7:00 Flag Lowering
- 8:00 Barn Dance
- 9:00 Wishing Boats



### Classes

- Rocks and Jewelry  
Doc & Angie-fulltime
- Bird Watching  
Brad 1:30
- Dolls with Gertie  
fulltime
- Visualization  
Kathy & Burl-fulltime
- Song Leading  
Shelly & Jean-1:30
- Copper Enameling  
Leila-fulltime
- Exercises-Handicapped  
Roy-2:15
- Painting of Glass  
Jean-2:30

SECRET PALS have been drawn and Oh, what neat things can happen!!

Remember, tomorrow is sleep-in morning. A breakfast will be served in the kitchen at 9:00 for those who spoke out for it. Don't forget the early morning breakfasts with Bradley's (if you signed up don't let them down).

If you work on any of the craft items, please be sure to pay the person for supplies you have used.

# CHATCO BLAB

THEME: The Seasons; A Time to Grow!

OREGON DAY: Let's hear it from the OR-E-GO-NEANS

## Today's Schedule

## Classes

9:00 Breakfast  
 FREE MORNING  
 12:00 Flag Raising  
       Lunch - Summer  
       Frowth Activity  
 1:30 Visualization  
 3:30 Tea Time  
 6:15 Dinner  
 7:00 Flag Lowering  
 8:00 Campfire Skits  
 9:00 Growth Ceremony

Visualization  
 Kathy 1:30-3:30  
 Rocks and Jewelry  
 Doc & Angie  
 Dolls With Gertie  
 Fulltime  
 Tie-Dying  
 Leila  
 Painting on Glass  
 (taught by those who  
 learned on Tuesday)

Share a Smile With Your Secret Friend!

### A Memorial to Clarence (Doc Stephens)

Clarence, you gave us your light, your  
 laughter, your love. You shared with us the  
 most precious gift you can give -----  
 Your True Self... unselfishly and wholeheartedly.  
 As we remember you in our thoughts and prayers  
 today we give you our love.



# ENATCO BLAB

GOOD THURSDAY MORNING! LOVE TO ALL OF YOU!

Theme today: Weeds in our Garden...

To bloom and flourish, the seed we plant must have its chance to grow free of weeds that holds back the full flowering of our plant. The beautiful growth of our lives must not be stunted by weeds of dishonesty, greed, or indifference. Recall we are judged by the fruits we bare. Let's eliminate our weeds, so our fruits are beautiful and our lives are productive.

### TODAYS SCHEDULE:

7:00	Rise and Shine
7:45	Flag Raising
8:00	Songs , prayer, breakfast "Thinking about Myself"
9:30	
to	
11:30	
12:00	Songs, prayer, "Recognizing the Weeds in My Garden".
1:30	Nature Hike to Indian Cliffs (please sign up) or Sign up for Classes in Camp
3:45	Tea Time for non-hikers
4:00	Games and Dancing for those in camp
5:00	Day Committee Planning
6:15	Dinner, songs, prayer, "Eliminating the weeds in My Garden".
7:00	Flag lowering
8:00	Dance - LOCAL BAND
9:15	CEREMONY

Slides: New Zealand

Thought for the day: Is your soil fertile? Do you get enough "Sun"?

# CHATCOBLAB

## Friday Schedule

- 7:00 Rose and Shined  
 THEME: In Full Bloom (the individual)
- 7:45 Flag Raising, Idaho
- 8:00 Breakfast Monica & Ken - Grace  
 Roy - Table Fun  
 Exercises  
 1 Large Flower on Table
- 9:15 Camp Discussion
- 12:15 lunch Chris & Florence - Grace  
 Rob - Table Fun
- 11:00 Nature Hike - Indian Hills
- 1:30 Classes
- 3:30 Tea Time for non-hikers
- 4:00 Auction - Howie-Auctioner
- 6:15 Dinner - Dave & Roy - Grace  
 Carol - Center Piece  
 Rob - Story
- 7:45 Flag Lowering
- 8:00 Ceremony  
 Monica - intro "One for the Money"  
 each table explain center piece  
 Monica-poem  
 Rob-reflections  
 Roy-Burl's thing  
 Song - "No Man is an Island"  
 Monica - Close
- 8:30 Talent Show in the Fire Place Room  
 Roy - M.C.



**Pioneer**  
FIRST FEDERAL SAVINGS  
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**RALPH V. SCHAPLER**  
*President*

Fall/1980

DEAR PIONEER SAVER:

On January 1, 1981 Pioneer will be authorized to offer a checking account that pays interest !

We are in the process of designing our new programs, and we would like to have your opinion so that we may design them to suit you, our customer.

To help us serve you better, we would appreciate your completing the enclosed survey form and mailing it to us as soon as possible.

We wish to design our programs to give the most value and best service. My sincere thanks for your help in completing our customer survey.

Sincerely,

Ralph V. Schapler,  
President

Jan 1  
Miriam Beasley 1-30  
Larry Hill 1-10  
James Nickelson 1-26  
Angelo Rovetto 1-21  
Mark Rovetto 1-16  
Pat Sudderth 1-31  
Genie Townsend 1-27

Feb. 2  
Jim Beasley 2-13  
Bob Beasley 2-21  
Bruce Elm 2-16  
Kathy Hake 2-19  
Mary Swan 2-10

Mar. 3  
Bud Bradley 3-4  
Derti Ellis 3-1  
Ed Gerdes 3-12  
Sally Heard 3-27  
Mary Panelich 3-3  
Diana Salyer 3-14  
Doc Stephens 3-20  
Florence Shells 3-12

Apr. 4  
Jaquie Gerdes 4-21  
Dick Headrich 4-16  
Laurie Smith 4-11  
Bob Townsend 4-12  
Mathilda Utzman 4-14  
Stew White 4-1  
Sonya Hatts 4-14

May 5  
Carol Oyles 5-11  
John Headrich 5-27  
Barbara Mechels 5-17  
Maureen Murphy 5-20  
Daphne Richardson 5-10

June 6  
Jack Baringer 6-2  
Margaret Bradley 6-26  
Robert Melone 6-22  
Shelly Riback 6-13

July 7  
Jean Baringer 7-5  
Pat Davis 7-5  
Howie Low 7-29  
Les McCartney 7-5  
Don Miller 7-12  
Ken Schmit 7-15  
Leila Stechelbug 7-30  
Kay Webb 7-22

Aug 8  
Jockie Baritell 8-27  
Roy Main 8-17  
Betty Schuel 8-8

Sept 9  
Mel Carlson 9-19  
Dwain Main 9-7  
Lenora Keff 9-11  
Kent Staig-miller 9-25

Oct 10  
Zilda Carlson 10-12  
Jerry Carson 10-2  
Joe Matteo 10-28  
Billie Marie Studer 10-2  
Dore Patarka 10-23  
Burl Winchester 10-25  
Perri Heard 10-16

Nov. 11  
Honey Eusterman 11-23  
Jeff Lucas 11-16  
Elsine Rovetto 11-10  
Brian Salyer 11-14  
Dwight Halls 11-22  
Monica Shalen 11-23

Dec. 12  
Chris Beasley 12-11  
Pam Lewitt 12-30  
Elsie Lucore 12-26  
Melanie Michels 12-13  
Mark Patterson 12-24



# ROBERTS CONSTRUCTION Company, Inc.

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H U R R Y

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LAST CHANCE

FIRST COME

FIRST SERVE

FOR PORT SUSAN OWNERS OR THEIR EXCLUSIVE FRIENDS!

Dear Port Susan Member:

Due to the recent unfortunate airplane accident, Roberts Construction Co., in order to settle an estate, offers to you or your friend a choice of twenty select company sites at greatly reduced prices:

3 sites at \$5,900.00  
2 sites at \$6,500.00  
2 sites at \$7,000.00  
3 sites at \$7,500.00  
3 sites at \$8,000.00  
6 sites at \$8,500.00  
1 site at \$9,000.00

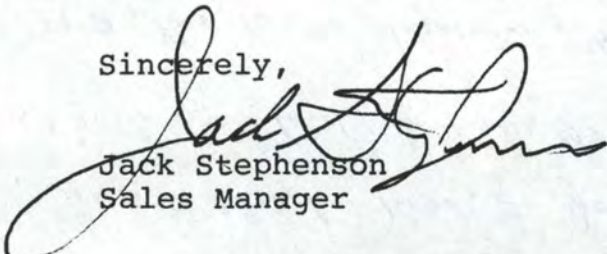
HERE IS HOW IT WORKS:

Refer a friend in who purchases and You receive \$500.00 credit applied to your contract; of course, if your contract is already paid you would receive \$500.00 in cash.

As an extra bonus, if you purchase an additional site for yourself a \$500.00 discount will be taken off the purchase price or be applied to your down payment -- your choice! (Require 20% minimum down) We are open for tours, FRIDAY, SATURDAY, SUNDAY, MONDAY, 9 to 4. This offer expires August 17, 1980--while they last!

Call for your appointment toll free 1-800-562-9980.

Sincerely,

  
Jack Stephenson  
Sales Manager

Ch. Howie Low, Rt 2, S. Box 869, Great Falls, MT 59401  
V.C. Mark Patterson, 11455 Clayton Road, San Jose, CA 95127  
Sec. Jean Baringer, 520 S. Maryland, Conrad, MT 59425  
Quas. Florence Shells, Rt 2, Box 1603, Hoquiam, WA 98550

Asst. L. Leila

Miriam Beasley, 14515 S. Clackamas River Drive, Oregon City  
OR 97045

Zilda Carlson, 2512 Redway Rd, Boise, ID 83704

Ed Gerdes, Box 835, Lewis + Clark College, Portland, OR 97219

Elaine Rosetto, 2504 Butterfield Rd, Yakima, WA 98901

Brian Saylor, 1012 S. Holly St, Medford, OR 97501



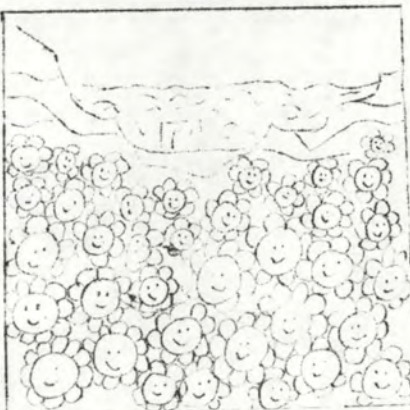
CONFIDENTIAL  
NATIONAL RIFLE ASSOCIATION

EXTRA EXTRA EXTRA EXTRA EXTRA

# THE CHATCO BEAN

## CHATCO LABBERS BURST INTO BLOOM

PAUCTION



TALENT SHOW

TODAY'S THEME:  
BLOOM AS AN  
INDIVIDUAL

- 7:00 Rise and Shine
- 7:45 Flag Raising, Idaho
- 8:00 Breakfast
- 9:15 Camp Discussion
- 12:15 Lunch
- 1:15 Nature Hike- Indian Cliffs
- 1:30 Classes
- 3:30 Tea Time
- 4:00 Auction
- 5:15 Dinner
- 7:45 Flag Lowering
- 8:00 Ceremony
- 8:30 Talent Show- Fire Place Room

# CHATCOBLAB

Saturday's Schedule; Theme; Greek Day!

9:15- Flag raising

9:30- Brunch

10:30-11:30- All Camp Meeting

12:15-1:30- Games

1:30-3:30- Evenings Preparations  
(All camp cooking and decorations)

3:00-5:00- Bookwalk

6:00- Flag Lowering

6:15-9:00- Dinner and Dancing

9:15- Ceremony; Greek Sacrifice  
(meet at outdoor chapel)  
Also handing out notebooks.



REAP A  
BOUNTIFUL  
HARVEST



## SUNDAY NITE OPENING CEREMONY

Previous activities -

Build up and lead into - Don't announce "Now we are going to have our ceremony". Just do it.

Need: Cups for plants, soil (some potting, some from around spoons, trays or newspapers, markers or crayons.

Tell them to gather around the tables, to mark their names on a cup and fill the cups to 3/4 full with dirt. When they are through doing this they are to follow the leader. Have a "leader" (a) start an arm-linked (still holding cup in one hand) serpentine around the dining hall, winding around the posts singing "When the Saints Go Marching In", and "Love is something".

Lead-in:

While people are filling their cups, two people moved the table decorated with greens and with the ceremonial candles into the center of the room to already be in position.

When everyone has their cups filled the leader will see that the serpentine line becomes a closed circle around the candles.

Ceremony starts:

Reader (1) "The soil we have just used is mostly dirt from around here. It is Chatcolab and can be used to represent the lab. The rest is from our past - what we have to build on. It will give the seeds and plants nourishment and protection - a shelter from the new surroundings so it won't get lost, provide a place to germinate and establish roots and give it room to grow up to see a new world. The soil has been prepared - now let's plant the seeds. Each labber take a seed as it is passed and plant it in your cup."

Need: two people

2 trays with pre-soaked seeds of various types (fast germinating and growing types) beans, peas, radish, tomato, nasturshins (flowers) and wheat.

Have the two people take around to each person to let them pick out the seed they want and plant it in their dirt.

Song: (leader A) While this is being done group can sing "Johnnie Appleseed". Lights slowly turned down to darkness. Reader needs flashlight.

Reader (2) "These seeds we have just planted are like ourselves. We don't know for sure what we are going to become. Oh, we have some ambitions and desires, but a lot depends on where we came from and where we are going. Within each seed we share some similarities."

## Sunday Nite Ceremony

page 2

Reader (3) Light big candle. (have a match or lighter)  
 "Sharing. Chatcolab was started 32 years ago on the basis of sharing. Other labs shared their candle, ideas, leaders, philosophies, resources, time and background of knowledge with us to help Chatcolab get started to become what it is today. We have shared likewise ourselves in the same manner to start other groups.

Labbers who come here have many things to share of themselves this week as you will soon discover. Like seeds and plants - the ground, air, water, Creator - all are shared. Through sharing - many great things can happen." (step back in place.)

Reader (4) (Use stick match)  
 Light smaller outer candle  
 "I light this candle for ideas. Without ideas we'd all still be sitting in a dark cave with no heat, light or wheels. Just like an old seed that won't germinate. We each have ideas about what we'd like to become, what we'd like to be able to accomplish. We can't expect to all be alike - but we can share our ideas, allow ours' and other peoples' ideas to grow and spread like roots."

Reader (5) (use stick match) light any outer candle  
 "This candle represents philosophy. Just as a dandelion seed, beans, ash tree seeds, berries, pinecones and others have various seed pods and means of being transported to be planted, we all have our own philosophies of life. We may not agree with everyone but we can keep an open mind, listen to others, evaluate and gain from what we absorb. (step back in place)

Reader (6) (use stick match) light a candle  
 "I light this candle for humor. A sense of humor is one's way of releasing oneself, taking the tension away, brightening the day for those around us. It makes the difference in our personalities like the various colors, sizes, shapes in the stems, leaves, flowers, vegetables, trees and all around us that they take on as they grow. (step back in place)

Reader (7) (use stick match) light last candle  
 "This last candle represents knowledge. As babies are born with a natural instinct of sucking and grasping and kicking, a seed knows when to germinate and what various growth stages to go through to become what it is supposed to be. Knowledge comes with the opportunities provided by observation, experience and participation and improves with practice, exposure and time. (step back in place)

Sunday Nite Ceremony  
page 3

Song (leader A) "Each Campfire Lights Anew"

Reader (8) (need a flashlight)

"These seeds will require a lot of tender loving care that comes in many forms. Nutrients or minerals and water added to soil provides strength and nourishment - just as a compliment, smile, hug, good sleep, a backrub, your talents, music all add to the enrichment of others here. It adds a feeling of bonding and togetherness.

Good and bad weather in the forms of rain and sunshine - or none - provide successes and failures - both are needed to learn from and grow upon from the experiences gained. Are we going to be weak and fade away or become strong and useful.

Weeding to take out those plants that take nourishment away from the growing seeds and plants is like removing the obstacles from our pathways that keep us from blooming. Cooperation, good will, trust, understanding and a helping hand and respect are what we need to be able to "bloom and grow".

Song Leader (A) "I Love the Mountains" and from tape (Bloom Where you are Planted"

Reader (9) (needs a flashlight)

"We have had a long, busy day - some of us are ready to call it a day - others may want to stay and visit or sing. There are some refreshments for you now or you may wish to just stay where you are and sing. We are on our way to Blooming and Growing. Let us keep the candle light burning in our hearts and minds this week. Take care of your seedlings and we'll see as the week progresses how we are growing. Before we depart, let's sing one more group song "We're On Our Way to Find a Friend".

NOTE: Songs this first night should be ones most everyone knows and can sing without too many verses or reading the words.

- People Needed:
- Leader and song leader (A) Jean Baringer
  - Candle placer and seed passer (B) Howie L.
  - Readers (1) soil-----Mel C.
  - (2) seeds-----Elaine R.
  - (3) sharing---Leila S.
  - (4) ideas-----Mary P.
  - (5) philosophy--Monica W.
  - (6) humor-----Doc Roc
  - (7) knowledge-Mark P.
  - (8) tender loving care----Gwen M.
  - (9) closing---Jean B.

## Sunday Evening Flag Ceremony

FLAG CEREMONIES ARE IMPORTANT AT GROUP GATHERINGS AS CONCENTRATION ON A PATRIOTIC THOUGHT BINDS THOUGHT AND GOODWILL. OPENING FLAG CEREMONY IS COHENISVE.

First Speaker: We Americans are natives of all the wrold gathered here under one flag in the name of Liberty at Chatcolab.  
We have wonderful freedoms and are grateful for our democracy with freedom of speech and free opportunity for all women and men.

Second Speaker: You love to see that stary flag floating over-head.  
You love to see those waving folds of stripes of white and red.  
And, as the sun goes down so does our flag this day.

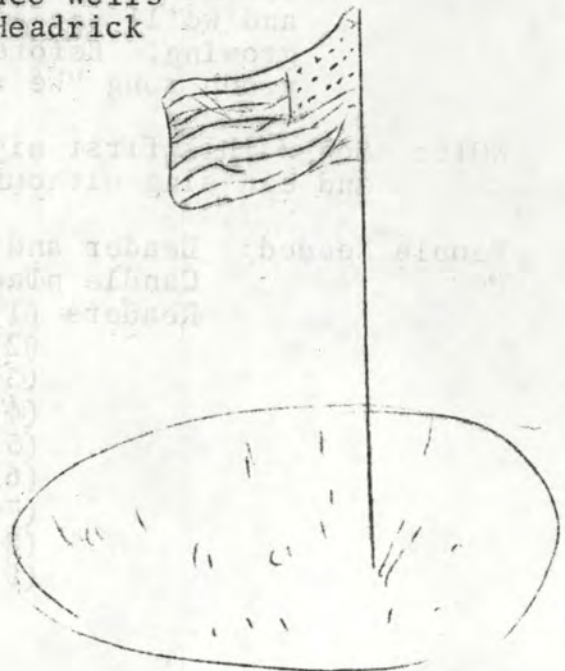
Third Speaker: "BE BRAVE" say the red stripes!  
"BE PURE" say the white!  
"BE TRUE" say the bright stars  
and stand for the right...OUR FLAG!!

Please Join in the Flag Salute as our first official Chat Camp assembly.

This was our first ceremony of the week as a group - the flag had already been raised by the camp caretaker (Chet) earlier in the day for our arrival.

May 11th Flag Lowering Ceremony conceived by:

Bob Townsend  
Billie Marie Studer  
Florence Wells  
John Headrick



MONDAY'S CEREMONY

The lab was divided into three groups representing earth, water and sky. These are the elements necessary to bring forth life from a single seed.

Howie lead his group to the land and explained---

"Land is a very vital part in this great ecosystem of ours. But land is nothing but minerals and dirt without water, air and light. It is like people--without people we are nothing. When you bring these three components together, with the proper seed plants, birth begins - grows - blossoms - and starts new life.

The same with people, we would never grow without other people; we fall and from our failure we grow and learn. As the land needs the water and air, we the people need each other."

Water was explained by Shelly down by the lake front---

"Water is essential to all life. A person can live for weeks without food but barely 3 days without water. It's one of our very beautiful, precious resources we are destroying through abusive pollution everyday. Even though beautiful, the water is to be respected for its dangers; in certain conditions she can be violent and destructive. Even when seemingly calm the average person, while at her best, cannot survive long. This is just a moment to pause and think about the necessary part of life."

Ed briefly commented on the sky---

"There are three elements necessary to make a seed grow into a living, essential key to the door of life. These elements being: earth, water and sky (which includes the sun and the air).

By looking up-----I am reminded of the complete giving of the sun and air to the earth. And to those of you who often say, "I would give, but only to the deserving" I say to you "Can you better judge, than the Heavens?"

The three groups were then lead to the campfire and Ed explained that "Now all of the necessary elements for life are together. We can begin to grow!"

Howie shared a short story which went as follows:

One night, about 10 years ago, a bunch of us were camped in the canyon of the Green River. We'd pulled our rafts up on the bank and turned them over to sleep on. We were all laying there looking at the stars and one guy said, "hey! look, smog - smog clear out here in the sticks."

Monday Night Ceremony  
page 2

Then somebody said, "Hey Joe, that's not smog that's the Milky Way". Joe was from New York and he'd never seen the Milky Way.

Then everyone was asleep, but me. And as I lay looking up at the stars and sky, I thought about a time I saw the Northern Lights in the Bitterroot Mountains of Montana. Aura Boreals - there like flames from some pre-historic campfire. Red, Gold, Blue, Purple -- It's like the change of seasons - the equinox young to old - spring - fall.

Then as the morning star came up over the hill I thought about a wish my grandmother had told me, "you know, "Star bright - Star light - First star I see tonight, I wish I may I wish I might. I wish this wish might come true tonight."

Then I rembered what my grandfather had told me. "Life is nothing but a collection of memories. And, memories are all we have to cling to -- without memories we have nothing!"

A few select songs were sung and the ceremony was ended with "Day is Done".



MONDAY - Flag Raising Ceremony  
\* \* \* \* \*

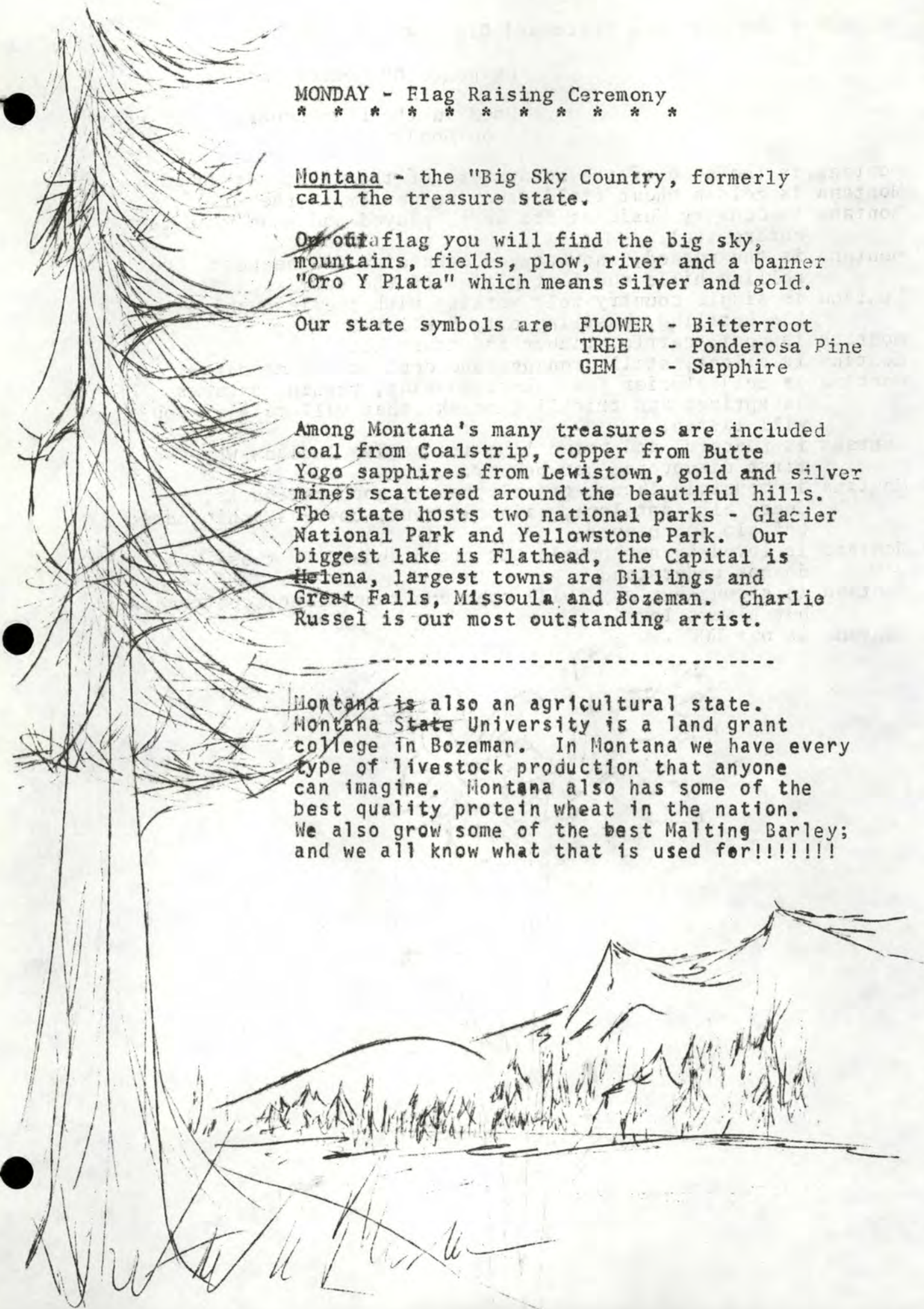
Montana - the "Big Sky Country, formerly call the treasure state.

On our flag you will find the big sky, mountains, fields, plow, river and a banner "Oro Y Plata" which means silver and gold.

Our state symbols are FLOWER - Bitterroot  
TREE - Ponderosa Pine  
GEM - Sapphire

Among Montana's many treasures are included coal from Coalstrip, copper from Butte Yogo sapphires from Lewistown, gold and silver mines scattered around the beautiful hills. The state hosts two national parks - Glacier National Park and Yellowstone Park. Our biggest lake is Flathead, the Capital is Helena, largest towns are Billings and Great Falls, Missoula and Bozeman. Charlie Russel is our most outstanding artist.

-----  
Montana is also an agricultural state. Montana State University is a land grant college in Bozeman. In Montana we have every type of livestock production that anyone can imagine. Montana also has some of the best quality protein wheat in the nation. We also grow some of the best Malting Barley; and we all know what that is used for!!!!!!





## MONTANA - the Treasure State and Big Sky Country

Composed by Monica Whalen

Used in the Flag Lowering Ceremony  
on Monday!!

Montana is the home of the headwaters of the mighty Missouri.  
Montana is golden wheat fields swaying gently in the wind.  
Montana is Country Music at its best, played and sung with the  
entire soul.

Montana is the rugged, snow capped mountains of the west, the  
rolling hills and flat plains of the east.

Montana is simple country-folk working with the land and also  
the hustling, bustling city dwellers.

Montana is coal, cattle, timber and tourists.

Montana is silent, still evenings and cool, crisp mornings.

Montana is cold glacier fed lakes; gushing, rushing streams  
in spring; and trickling creeks that will talk if you  
will listen.

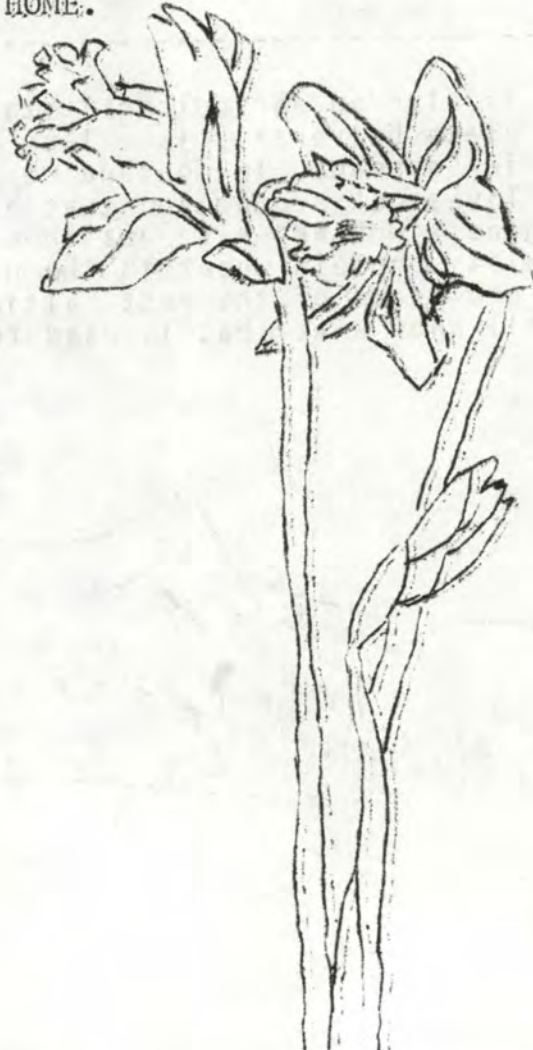
Montana is peaceful and proud like the native Indians who  
first discovered her beauty.

Montana is mountain lions, grizzly bears, gophers, hawks,  
deer, elk, antelope, rainbow trout, coyotes, chipmunks,  
buffalo and beavers.

Montana is loved by her people but often abused by those who  
do not understand.

Montana is strong but shy, wide open but concealing, controversial  
but always loved.

Montana is our HOME.



MONDAY PARTY 8:00 p.m.

It all was started after flag downing by Florence giving a paper clock sign up sheet on which everyone was to sign up mutually at certain time periods. This was used to get acquainted and later for dance partners.

Next, Shelly got everyone going playing the rock game in which a rock was passed around in a circle in rhythm to a song until the person or person's quessed who had the rock. Then, Howie led everyone into a game of "If You Love Me Honey Smile" amide grins and squire from the victims.

Roy and Gwen swiftly moved us in some swell mixing dances ending with the Bingo Waltz. We had all learned the last waltz the previous night. With the whole bunch full of energy, Shelly and Howie divided everyone into 5 teams and started them off on a hilarious pendulum relay with a rolling orange. Next couples raced nibbling up a string toward the marshmellow in the middle.

Things quieted down to lead into a ceremony by Ed, Howie and Shelly.



Tuesday was WASHINGTON Flag Day

Left Hand Over Heart

We pledge allegiance to the United State of Washington  
And to the mountain which rumbles and boils.  
One Olympia under Dixy  
Divisible by 39 Counties  
With Taxes and Regulations for all

-----  
17 Washingtonians held their green State Flag on high  
and said the above parody--

Then described their wonderful northwest area with such  
facts as:

We have Cascade and Olympic Range, Pacific Ocean, and in-  
land deserts.

Agricultural Adam and Grant Counties grow more bushels per  
acre than any other place in the world.

Famous Washington Citizens mentioned among others included:

- George Washington
- Chief Sealth
- Chief Joseph
- Governor L. Stevenson
- Justice Sm. O. Douglas
- Capt. Robert Grey
- Capt. Juan DeFuca etc. etc.

Of course, our Active Volcano--Mt. St. Helens had prominent  
mention among 4 other Mt. Adams, Mt. Rainier (after the beer),  
Mr. Baker and Glacier Peak. Along with fantastic outdoor  
recreation skiing, sailing, gliding, hiking, back-packing,  
swimming, sky-diving, canoeing, fishing and Seattle happens  
to be the boating capital of the world.

Business usually booms in lumber, shipping, aero space and  
Boing Aerodynamics, wheat export, floral and fruit production.

Mostly Washington's delicious apples and fishing!! Seeing  
as how the United States is falling apart, Seattle is Lucky  
enough to have the Fabulous Space Needle to Stitch It All  
Back Together Again.

SO BE IT!!

# SIGNS of the TIMES MAY 13, 1980

79

## THE TUESDAY COMMITTEE

### Members -

Mathilda Utzman  
Bob Beazley (Beaz)  
Melanie Michels (Bunkie) - Sec.  
\*Brian Salyer-Chairperson  
Mark Patterson  
Mark Rovetto  
Billie Marie Studer  
Joe Matteo  
Nancy Eusterman  
Gertie Ellis  
Dwight Wales

Tuesday morning got off to a crowing start when Dwight led the Farmers from cabin to cabin with war-hoops, cow-bells and cock-o-doodle-dos. The only way to appropriately begin FARMER'S DAY!

After a very informative flag raising by the Washi sleepy labbers wandered in for breakfast.

Billie Marie led grace; Followed by Gertie giving the day's agenda and leading "Gertie's Farm Tune". Then Billie Marie introduced us to "Chatcolab Tea".

Mathilda and Gertie, with help from the rest of the committee, created quite an advertising campaign. We utilized Burl speaking on a fitting topic concerning growth.

Our Silent Luncheon began with Mark Patterson leading a silent grace. The silence was really "deafening" The only sounds were smothered giggles, rattling dishes and cutlery. Cooperation was a marvelous experience. Some hungry participants taped their lips shut by mistake, forgetting that they had to eat. Recognition of needs and desires through non-verbal communication - body language, hand signs, facial expression and lip-reading took everyone quietly through this ordeal. Announcements were handled by some wearing advertisements on their backs and walking among the tables.

Silence

LOOSE  
LIPS  
SINKS  
Ships  
WWII SLOGAN

If you do not  
understand  
my Silence-

You will not  
understand  
my words.

SPEAK NO EVIL

monkey see -  
monkey do

My Lips are Sealed



Monica Whalen and Nancy Eusterman did a friendship mime that was very well received. Our quiet luncheon was interrupted by Brian's explanation of his eye contact encounter. This involved the group pairing off into couples that were not familiar with each other. Kathy Hake proceeded to lead us in a relaxation exercise so that we would be more receptive. Then we looked into the eyes of our partner and discussed what we observed and felt. This exercise ended with writing positive impressions on our "partner's" growth posters on the wall. We found that this type of activity was a good transition into the siesta period when a whisper was maximum volume.

Tea Time was french crepes and red punch served on a orange cloth by chairperson - Brian.

The evening meal was preceeded by a table mixer assigning each person to be a farm animal and having to find his own table by portraying the sound of his animal. Pigs, chickens, cows, sheep, ducks, donkeys and turkeys were included in our Farmyard Dinner. When the squaking and baying ceased, we all joined in and sang the "Johnny Appleseed Grace". Entertainment included jokes by Billie Marie and Nancy--not to mention a Ra : Rendition of the "Rooster Song" by Bunkie, Mark Rovetto and Beaz.

The vast range of individualism was demonstrated in the infinite variety of wishing rafts which appeared prior to party time. Our barn dance started a little slow but thanks to the combined efforts of Gwen and Roy Main and Bruce Elm, the participants appeared to enjoy themselves. The party ended in a big splash as Mark Rovetto officiated the Chat-Co-Lal Championship Yatchet Race between Roy and Rob. With splendid imported Italian yatchets: "Super Quick" and "Super Fast". No clear victory emerged! (little did we know-the wishing boat ceremony should have been held in the same body of water).

Transition entertainment included a practice session of Howie and his Country Counterparts which quickly cleared the building.

"Wish as we may, wish as we might, the wind still blêw out all the candle light." (even with 17 books of matches and 1 blow torch)

That "folks" is sometimes the way things happen and also sums up our wishing boat ceremony.

Respectfully submitting  
Recording Secretary Bunkie and  
Unbribed Accompliss Bear

(3:00 a.m. Wed. Morning  
before deadline)

### WEDNESDAY FLAG CEREMONIES

Oregon was in charge of the flag on Wednesday, which was a free morning. The flag was raised at 12:00 noon and then lowered to half mast in memory of Clarence Stephens. After the Pledge of Allegiance we sang "Swing Low, Sweet Chariot". Then stood quietly for a moment to gather our thoughts. So many of us have precious memories of our good friend that his passing is of special importance to us and we felt a deep need to express our grief.

The flag was lowered with a bit more humor. Almost all Oregon Labber's stood up and sang our Oregon State Song in harmony. Then the flag was raised to the top of the pole and lowered while Pat of Washington played Taps. The wind was blowing a chill off of the lake and we did not tarry too long.



PARTY TIME  
THURSDAY NIGHT DANCE

LIVE!

The rustic music of ROUND MOUND OF SOUND, Moscow's first produced down home country tunes for Chat's foot stoppin' fancies.

Two hours of toe tappin, knee slappin, hair raising dancing filled the lodge. Bodies swung around like lariats and some even flew. Pure honest, hard work for perspiration covered the bodies that dare attempt dangerous feats.

Featured as Chat's homegrown entertainment was Howie, Ken, Rob, and Lew in their song "The Auctioneer".

THANKS TO THE BAND and the dancing talents.





Wednesday Lunch Activity:

Each table was asked to choose a word that symbolizes growth and draw a poster depicting this. Skits were planned around these words for later in the evening.

Words chosen included - spring (joy), humor, love, humility, craziness, light!

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Thursday's Table Activities:

Preparation:

Tables decorated with weeds and large theme "Weeds in My Garden" printed and placed on walls.

Supply of weeds gathered to distribute to participants as they passed to the fire.

Thinking About Myself=

What is keeping me from being the person I could be?

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Breakfast -- Kathy Hake -- "Think About Yourself"

Lunch----- Gwen Main -- "Recognizing the Weeds in My Garden"

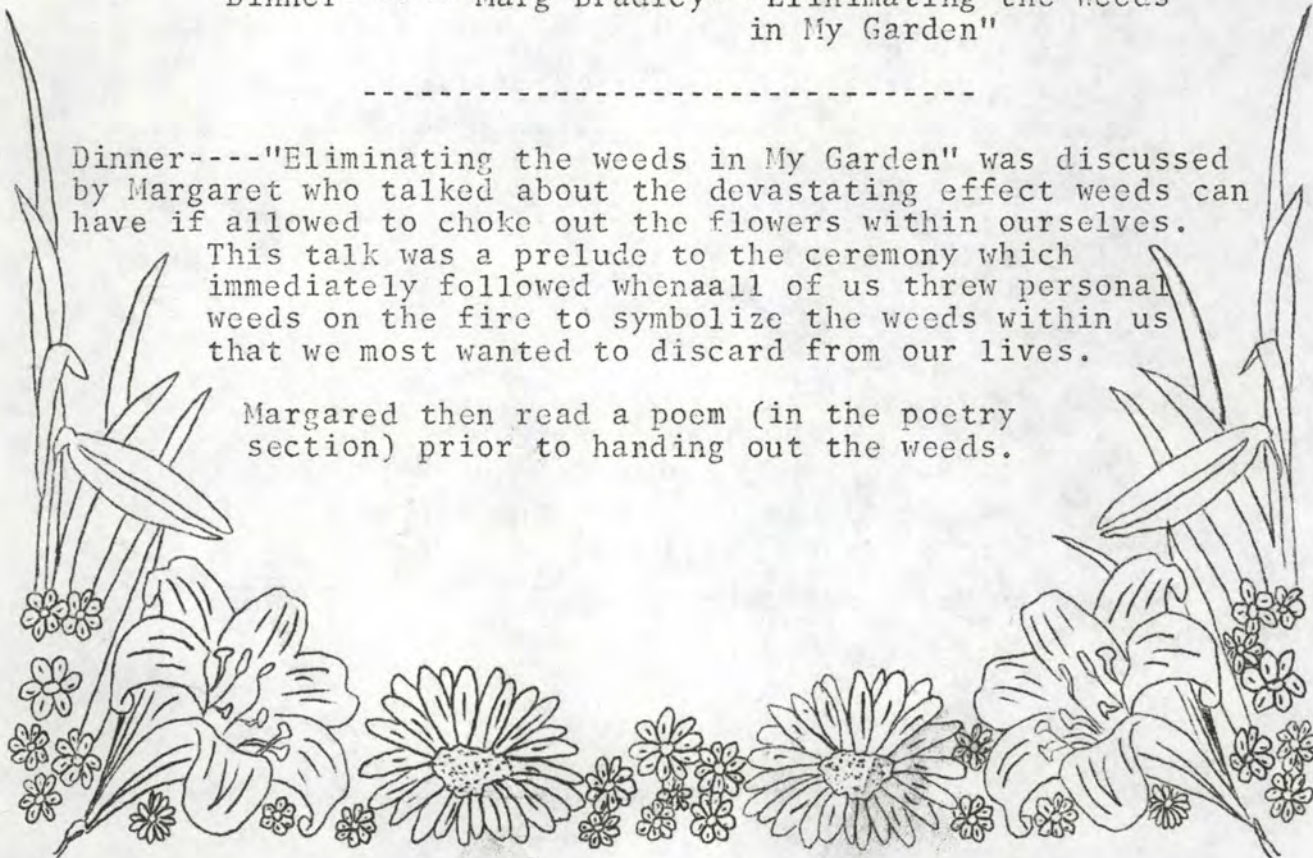
Dinner----- Marg Bradley- "Eliminating the Weeds in My Garden"

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Dinner----"Eliminating the weeds in My Garden" was discussed by Margaret who talked about the devastating effect weeds can have if allowed to choke out the flowers within ourselves.

This talk was a prelude to the ceremony which immediately followed when all of us threw personal weeds on the fire to symbolize the weeds within us that we most wanted to discard from our lives.

Margared then read a poem (in the poetry section) prior to handing out the weeds.



Wednesday Evenings' Party and Ceremony

We had a campfire in which everyone was given the opportunity to share the skits they prepared with the groups that they made posters with at lunch time during The Poster Party. And those that wanted to, shared jokes.

After the skits and jokes, the actual ceremony with the song "Circles" was sang. Then some members of the committee shared the following thoughts about the Earth:

John Hedrick -- Water:

Water is the necessity of life, everything needs it to live on or it will shrivel up and die within a very short time. Love is like water because without it people crawl inside their shell and quit being. Without love people just pull themselves out of society and hide.

James Nicholson - Father Sky

The sky is a combination of 3 beautiful objects: the sun, the stars and the moon.

-The sun is the brightness in our life. Its warmth and love helps us through the day and is a necessity to all of us.

-The stars are added to the sky to make it glitter when the sun is gone. We need them to light the night so we can still grow a little bit.

-The moon is just a little reminder that the sun will be back. It makes it so we can make it through the night knowing we will be better tomorrow.

Mary Pancich - Sister Rainbow

After every storm there is a chance for a rainbow. God gave us the rainbow as a sign of hope. It symbolizes that after every storm in our life - hope can still shine and we can survive the storm with flying colors.

Nora Neff - Sister Wind

Represents the season of winter. But so the wind, I bring you clouds to stimulate your imagination and clouds to water the fruits of the earth. I made the bodies of water rolling in spendor or gently pushing your sailing vessels from one point to another.

I can warm the evenings or cool your hot fall on the summertime. I can lull you to sleep with the gentle roar of the swaying pines.

I change the seasons and now winter is upon us.

Winter is a time for dormancy, the night of "mother nature" - asleep but continuing. The winter is a time of special beauty - a peaceful reflective state - thinking of memories and warm fires with friends.

After this, we sang a few more songs and Ed Gerdes began the "Truth Stick" ceremony.

First make a circle "Truth Stick"

Oh, Great Spirit!  
I reach up to the heavens, your place of dwelling,  
in hopes that you might answer my call, Here stand your  
children, together, giving one another strength and  
encouragement.

I have your staff, Great Spirit, which I shall pass to  
each of these people.

(to group) This staff is one of truth! When it is in  
your possession you cannot tell a lie. You are compelled  
to tell the truth.

As I pass this staff around, I want you each to explain  
how this week has enhanced upon personal growth.

If you do not feel like expressing your thoughts, feel  
free to pass the staff along.

The following was said by Mary:

During this week Doc Rock told me he thought I had  
very perceptive eyes. Eyes that could easily look into another  
persons' eyes. I realized this is true. But, I realized that  
even though this is easy for me, looking into my own eyes and  
self is the most difficult. I've looked back over my last two  
years at CHAT and I could see clouds and storms in my eyes.  
So this year I planned to get out of those clouds and instead  
of collecting moisture and letting it build up to collect it  
and give it back like rain---give my talents and gifts.  
It hasn't been easy. Storm clouds have moved in but I've tried  
to push them away and let me shine. I hope to keep on giving  
of myself the rest of the week. Please keep on soaking me up.  
Keeping me safe and protected in a fog.

The ceremony closed with the group singing "Kum Ba Yah"!!

*I see Paula,  
you work so hard and  
care so much for all of us,  
thanks, so much for the  
example!! love, Ed*

## THURSDAY'S CEREMONY

Pat and Laurie sing as we pass through the door, where May and Gwen hand out weeds. We go to the fire down near the flag pole.

We assemble around the fire. Kathy, Gwen, Marg, Mary Pat, and Laurie have weeds and lead the way around the fire, stopping and saying something very brief about the weeds they are throwing into the fire.

Pat and Laurie have songs to sing as the guitarist play softly, while we pass around the fire. Each person should say something about his weed that he is discarding into the fire.

Following the last weed discarded, Mel says a short prayer.

Laurie plays taps, and the ceremony is over.



THAT'S NOT  
A RHINOCEROS,  
NOR A PIG,  
NOR A BUFFALO  
WITH A GLAND  
PROBLEM,  
THAT'S A FREE HAND  
GRIZZLY !!

Back in 1848 (or thereabouts) when the (mostly) American settlers decided for some reason or another that they didn't like the Mexican governor anymore (something about a new tax on taco sauce, or maybe it was carrots), they rose up in a minor but successful rebellion. In the best California tradition neither side really knew what was going on. But the rebels managed to win without doing much more than buying General Vallejo a cup of coffee, then sneakily raising their flag when he wasn't looking. The flag they improvised (again, in the best California tradition) out of a bed sheet with pieces of somebody's red flannel shirt sewn on the bottom, and a pig-like grizzly sketched on top (artists have since made the bear a little more recognizable). So, we were actually an independent country for about 6 months, until word got back east, and the US Navy (yes Brian) sailed into Monterey, hoisted the Stars and Stripes, and declared us part of Clackamus County.... I mean the US. (Actually, we didn't wait around for those stuff-shirts in Congress to get around to accepting us into the Union; we sent them notice that they had been joined whether they liked it or not. Needless to say the controversy still rages. Anyway, Congress liked the idea a whole lot better when six or seven Mormons (see Bruce, I was listening) and a few of us heathens stumbled across a few million tons of gold at Sutter's Mill (and the general vicinity). The rest is history.

Our state flower is the California Poppy (why not, they're pretty); our state tree - the Sequoia Gigantea (look, when a Sequoia Gigantea wants to be your state tree, you don't argue); the state bird - the mountain quail (delicious); the state fish - the rainbow trout (even more delicious); the state rock - serpentine (whatever that is). We really don't have a state song (at least one that any self-respecting native would admit to), but we usually sing "California Here I Come". Of course you may like "I Left My Heart in San Francisco" (my great-aunt Elva's favorite), or maybe "Hotel California" (Aunt Elva hates that one), or maybe something by the Beach Boys (neither my Aunt Elva nor most Montanas can stand those bleached-out weirdos).

But really folks, we're not just Disneyland and smog and Hollywood and earthquakes and palm trees and freaks with loud (if any) clothes; Is Idaho just a land of spud-peelers? Is Montana merely a state full of snow-bound chip kickers? Do Oregonians and Washingtonians really have gills and webbed feet? (That last one I'm not too sure about).

We LOVE our state, and all the millions of weird people, and in spite of our many problems, it is still the most beautiful and exciting place in the world. We live there, so we should know. So why not come and visit us sometime, and we'll show you a state that TV doesn't even know exists.

## A POEM: HE SAT IN A SQUARE BROWN DESK.....

He always  
 He always wanted to explain things.  
 But no one cared  
 So he drew.  
 Sometimes he would draw and it wasn't anything  
 He wanted to carve it in stone or write it in the sky.  
 He would lie out on the grass and look at the sky  
 And it would be only the sky and him and the things inside  
 him that needed saying  
 And it was after that, he drew the picture.  
 It was a beautiful picture  
 He kept it under his pillow and let no one see it.  
 And he would look at it every night and think about it.  
 And when it was dark, and his eyes were closed, he could  
 still see it.  
 And it was all of him  
 and he loved it.  
 When he started school he brought it with him.  
 Not to show anyone, but just to have it with him like a friend.  
 He sat in a square brown desk  
 Like all the other square, brown desks  
 and he thought it should be red  
 and his room was a square brown room,  
 Like all the other rooms.  
 And it was tight and close  
 And stiff.  
 He hated to hold the pencil and chalk,  
 with his arm stiff and his feet flat on the floor,  
 Stiff.  
 With the teacher watching and watching,  
 The teacher came and spoke to him.  
 She told him to wear a tie like all the other boys.  
 He said he didn't like them.  
 And she said it didn't matter.  
 After that they drew  
 And he drew all yellow and it was the way he felt about morning.  
 And it was beautiful.  
 The teacher came and smiled at him.  
 "What's this?" she said, "Why don't you draw something  
 like Ken's drawing?"  
 "Isn't that beautiful?"  
 After that his mother bought him a tie.  
 And he always drew airplanes and rocketships like  
 everyone else.  
 And he threw the old picture away.  
 And when he lay out alone looking at the sky  
 It was big and blue and all of everything.  
 But he wasn't anymore  
 He was square inside and brown  
 and his hands were still.  
 And he was like everyone else  
 And the things inside him that needed saying didn't need it anymore.  
 It had stopped pushing  
 It was crused  
 Stiff.  
 Like everything else

FLAG RAISING

Thursday, May 15  
CALIFORNIA FLAG SALUTE.

The desert area where we live is one of the diverse regions of California. We're 52' below sea level, the dune buggy capital of the world. The Salton Sea, 220' below sea level is a vast recreational area for the metropolitan area of San Diego and Los Angeles. We're also the winter garden of the country. While other areas are enjoying blizzards, we ship cantaloupes, lettuce, broccoli, asparagus, etc., and feed vast numbers of cattle. Also we're on the flyway for great flocks of Washington and Oregon snowbirds (the people kind.)

Gwen Main

Author William Saroyan is an Armenian-American from Fresno, California. He once wrote a short story about being converted in a bus station during a cross country trip.

Saroyan describes being approached by a missionary who claimed to have brought many thousands of people into the faith. After a short discussion, Saroyan agreed to be converted and asked if it could be done in time for him to catch his bus arriving in a few minutes. The missionary told him that he already was converted, adding that from then on he would "believe". Chuckling to himself as he boarded, Saroyan wrote off the experience as a joke.

It wasn't until later that he realized that he actually had been converted. From that time on Saroyan believed in everything from Santa Claus to the tooth fairy.

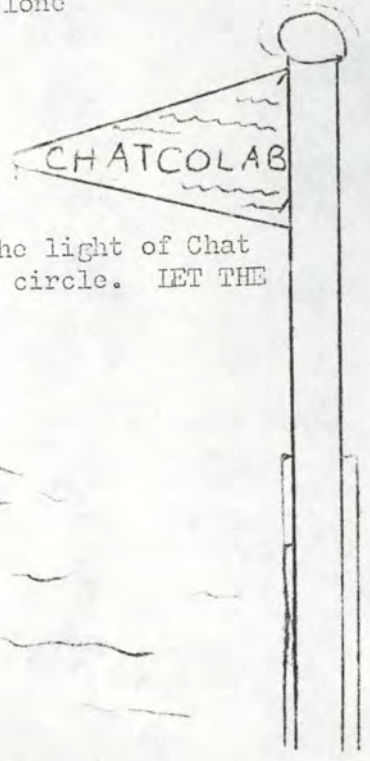
This is typical of a 'alifornian, it is our strong and weak point. We definitely have more fly-by-night religions, strange organizations, and down right foolish causes that we believe in than any other state in the union. Most important, we believe in each other, which, in a state with so many different kinds of people, helps bind us together.

Shared by Rob Melone

SATURDAY FLAG RAISING

THEME OF THE DAY: Greek: Celebrating the Harvest.

Kur will light the Olympic torch which stands for the light of Chat shining in our lives. Then, it is passed around the circle. LET THE CELEBRATION BEGIN!



Friday IDAHO FLAG RAISING

Idaho. The name is not Indian. It does not mean "Gem of the Mountain." To those of us who are fortunate to live in Idaho, it is truly a Gem. Its beauty starts at the Canadian border and extends 400 miles to Boise and another 100 through the desert to Nevada. Lake Pend de Oreille, Coeur d' Alene, Payette provide inspiration and recreation. We have the Seven Devils and share with Oregon Hells Canyon, the deepest gorge in the world. The Selkirks, Sawtooths, Owyhees add to Idaho. The River of No Return Wilderness is the largest in continental United States and is a homeland for elk, deer, cougar, mountain sheep and mountain goat. The Craters of the Moon was used as a training ground for the astronauts.

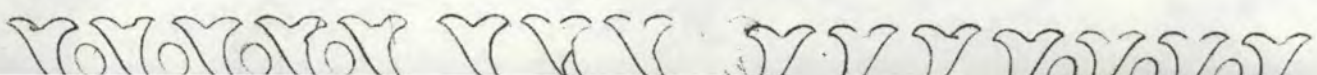
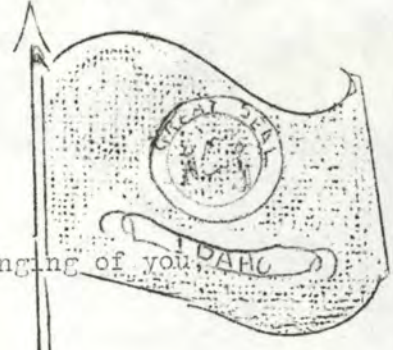
Our natural resources include our abundant water -- the Snake, Clearwater, Boise, and the famous wild Middle Fork of the Salmon. Our rich farmland in Northern Idaho produces wheat and the irrigated farmland of the south, potatoes and sugar beets. Idaho now mines more silver than any other state. In the 1860's gold was the important metal and was the impetus for many of our towns. Lewiston was the end of the trail starting in Virginia City, Montana, and today it is a seaport through which Montana's wheat reaches the coast. Our trees make us the 4th state in timber products. We had the largest white pine mill at Lewiston. Today douglas fir and ponderosa pine are the major trees harvested.

Our people include several Indian tribes and while Chief Joseph was born and died in Washington, he led his people through Idaho and many of his people live in our state. The Basques have added much to our culture and their dances and festivals are very colorful. Idaho is a blend of many nationalities, but one thing they have is a love for their state. The White Pine State has the Garnet Mountain Bluebird and Syringa for their state symbols.

The Idaho State Song, sung by Mel Carlson, climaxed the ceremony.

HERE WE HAVE IDAHO

Here we have Idaho  
 Winning her way to fame.  
 Silver and gold in the sunlight blaze,  
 And romance lies in her name.  
 Singing, we're singing of you,  
 Ah, proudly, too;  
 All our lives through, we'll go singing, singing of you,  
 Alma Mater, our Idaho.





Friday Committee

THEME: In Full Bloom; the Individual

At breakfast today, Monica and friends taught a song to wake everyone up, "The Bedbug Song."

We all met for a camp discussion. Now that our seeds have been planted, we discussed this wonderful process. Each of us has bloomed into an individual, beautiful flower. Each of us has gifts of his/her own to offer and share with others.

This afternoon was spent on a nature hike to Indian Cliffs. Although the weather was a little gray and rainy everyone seemed to enjoy themselves and appreciated the opportunity to experience our Mother Earth!

The annual auction was held with Howie doing some "fast talking". A total of \$593.25 was made this year for the Chatcolab General Fund.

At dinner Carol incorporated the individual flowers we all received into an activity where each table made a center piece out of them.

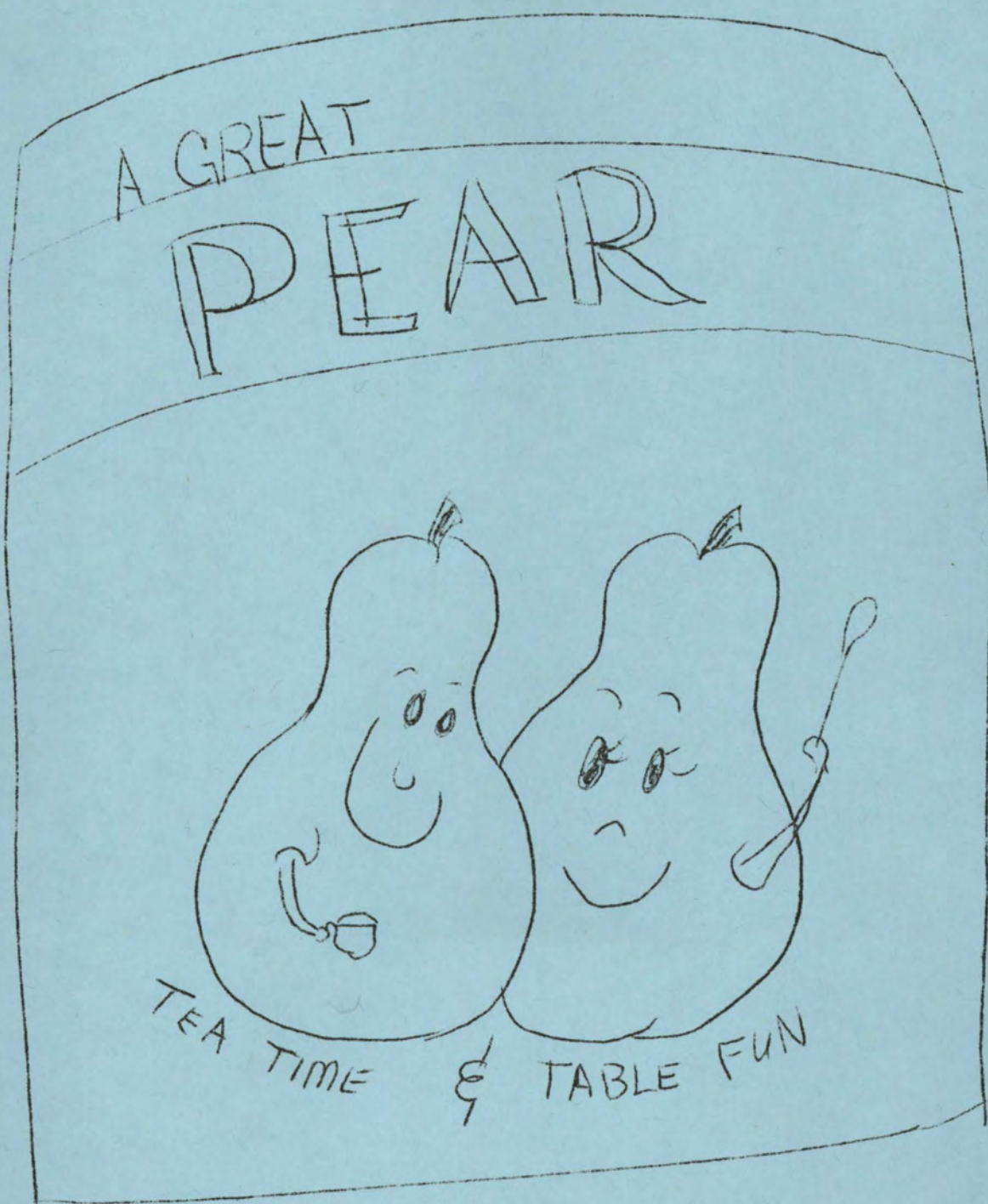
We held the ceremony later, before the evening activity so that everyone in camp, young and old, could participate and share in it.

The ceremony was held in celebration of being fully bloomed individuals. Each table from dinner came up and explained their center piece. Monica shared the poem, "He Sat in a Square Brown Dish", which her Dad gave to her the night before she left for college and which she has been saving for years.

Roy and Rob both shared some personal reflections with us.

We closed with the song "No Man is an Island" and a friendship circle which enclosed all individual flowers within our circle of love.

The evening closed with a talent show which exposed the gifts and individuality of each person at Chat with Roy acting as M.C. and David and Ken telling jokes between each act it was quite an entertaining evening.



A GREAT

PEAR

TEA TIME & TABLE FUN

Table Fun - Shared by Jean Baringer  
Monday Night

WAY OUT DEFINITIONS OF WELL-KNOWN QUOTATIONS

1. Similar sire, similar scion.  

---
2. Precipitancy creates prodigality.  

---
3. Tenants of vitreous abodes ought to hurl no lithoidal fragments.  

---
4. Compute not your immature gallinaceans prior to their being produced.  

---
5. It is not proper for mendicants to be indicatrous of preferences.  

---
6. It is fruitless to become lachrymose because of scattered lacteal fluid.  

---
7. Leave gremineous matter for the fodder during the period that orb of day is refulgent.  

---
8. Whether or not one assays to expedite a certain endeavor the resulting condemnation will not vary.  

---
9. Pulchritude does not extend below the surface of the derma.  

---
10. Failure to be present causes the vital organ to become more enamored.  

---
11. Every article which coruscates is not fashioned from sureate metal.  

---

Table Fun - shared by Jean Baringer  
page 2

GOT IT!! Well here goes with more....

12. Freedom from guile of fraud constitutes the most excellent principle of procedure.

---
13. Each canine passes through his period of pre-eminence.

---
14. Consolidated, you and I maintain ourselves erect; separated we defer to the laws of gravity.

---
15. You cannot estimate the value of the contents of a bound, printed narrative or record from its exterior vesture.

---
16. Folks deficient in ordinary judgement scurryingly enter areas on which celestial beings dread to set foot.

---
17. A feathering creature clasped in the manual members is equal in value to a brace in the basky growth.

---
18. The individual of the Class Aves, arriving before appointed time, seizes the invertbrata animal of the Group Vermes.

---
19. Socially oriented individuals tend to congregate in gregariously homogeneous groupings.

---
20. A rotating lithoidal fragment never accrues lichen.

---
21. If an individual cannot emulsify his antagonists, he must of necessity partake of their endeavors.

---
22. A pome ingested on a simi-diverbal basis defers the consultation with a Hippocratic practitioner.

---
23. Verdent spearlike parallel-veined monocot spermatophytes acquire more desirable verdure when observed across a picket barrier.

---
24. Stagnant molecules of a hydrogen and oxygen compound permeate the vast abyss.

---

Table Fun - shared by Jean Baringer  
page 3

AND MORE....

25. One must not deliberately incinerate his only means of retreat across an aquatic barrier.

---
26. A burnished speroid maintained parsimoniously partaken of the criteria of a material remuneration.

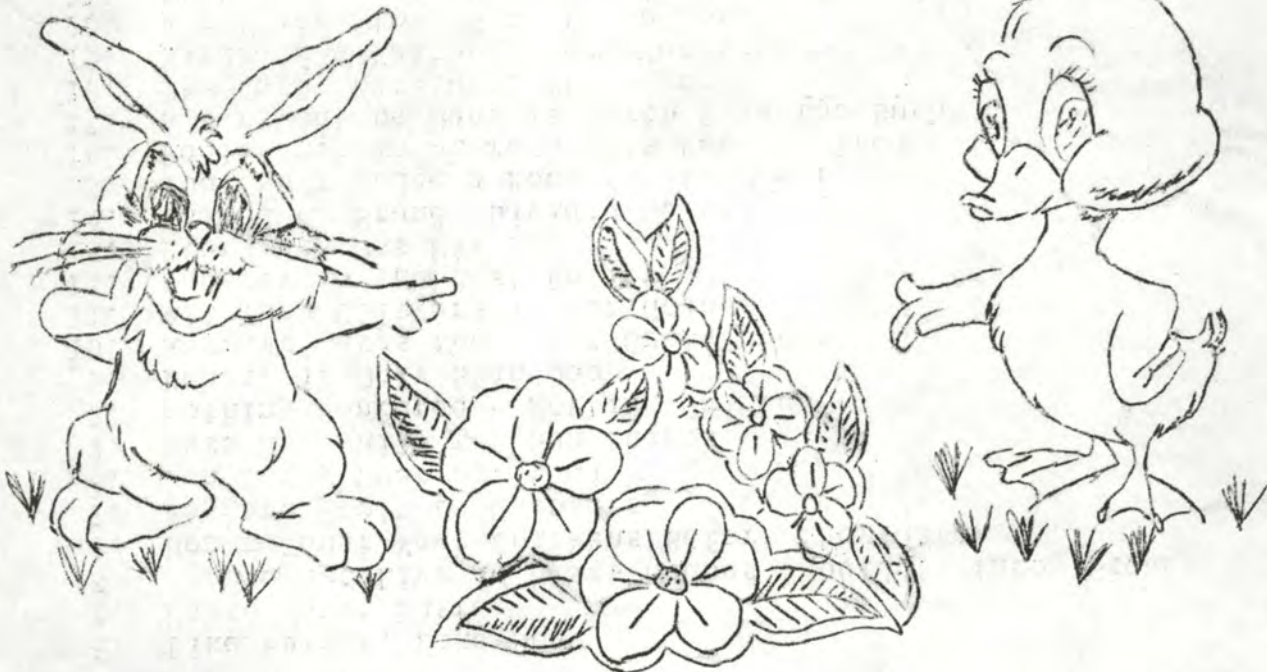
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27. If one can do naught but slander another humanoid entity, one would sagely refrain from all verbal utterances.

---
28. Immaculate personal hygiene parallels devout accolades to the deity.

---
29. Laud the most Omnipotent deity that this twenty-four hour period celebrating the Norse goddess Friga has descended upon us.

---
30. If prevailing conditions prevent a humanoid from fulfilling his capacities to achieve a greatness of self, on the primary endeavor, continuous energetic exertions are necessitated for the Homo Sapien to inherit his self sovereignty.

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Answers to "Way Out Definitions of Well-Known Quotations

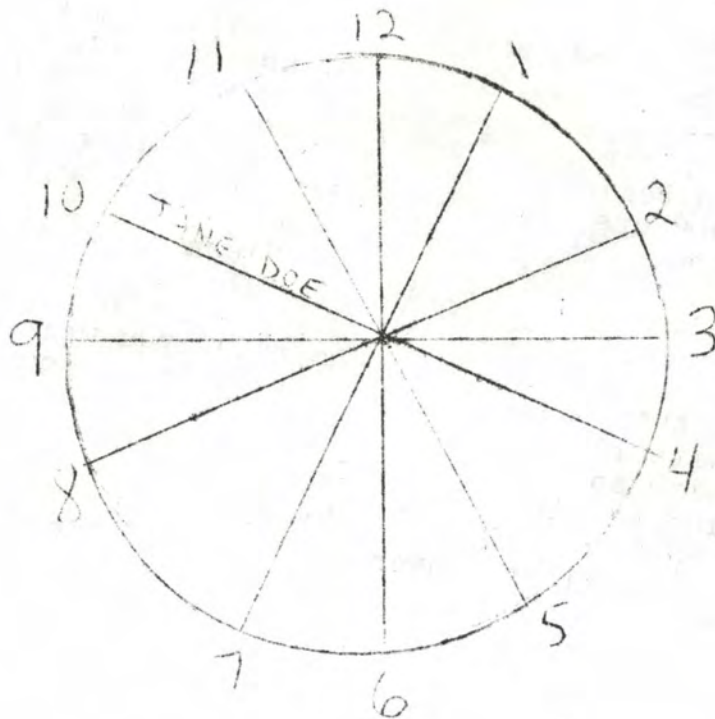
1. Like Father, Like Son
2. Haste Makes Waste
3. People Who Live in Glass Houses Shouldn't Throw Stones
4. Don't Count Your Chickens Before They Hatch
5. Beggars Can't Be Choosers
6. Don't Cry Over Spilt Milk
7. Make Hay While the Sun Shines
8. Nothing Ventured - Nothing Gained
9. Beauty is Only Skin Deep
10. Absense Makes the Heart Grow Fonder
11. All That Glitters is Not Gold
12. Honesty is the Best Policy
13. Every Dog Has His Day
14. United We Stand, Divided We Fall
15. You Can't Judge a Book By Its Cover
16. Fools Rush in Where Angels Fear to Trod
17. A Bird in the Hand is Worth 2 in the Bush
18. The Early Bird Gets The Worm
19. Birds of a Feather Flock Together
20. A Rolling Stone Gathers No Moss
21. If You Can't Fight 'em Join 'em
22. An Apple A Day Keeps the Dr. Away
23. Grass is Greener On the Other Side of the Fence
24. Still Water Runs Deep
25. Don't Burn All Your Bridges
26. A Penny Saved Is A Penny Earned
27. If You Can't Say Anything Good - Don't Say Anything
28. Cleanliness Is Next to Godliness
29. Thank God Its Friday
30. If At First You Don't Succeed - Try - Try Again



CLOCK GET ACQUAINTED GAME

This is a game to do while waiting for everyone to arrive.

Everyone is given a piece of paper either with the face of a clock on it or they may draw their own. With lines connected to the hours, they write the names of other people. Then will write their name across the bottom. Each person finds someone and makes an appointment by signing on one of the lines by the hour. After everyone has filled up their appointments ( or it is time to get started), the leader tells the group to get together with their appointment for a certain hour. (example.. 10:00 Jane Doe) They can then be given a topic to discuss or just introduce themselves, or it can be used to lead into a partners activity.



NAME \_\_\_\_\_

## Thursday Lunch

## OUR PERSONAL NEEDS

It is so easy to recognize the needs in our neighbors gardens but are we aware of our own personal needs, in our very own gardens?

Burl and Kathy have started us thinking about the weeds in our lives that hinder our growth.

Will each person, sometime this afternoon, write down "your weed" on the paper handing on the front of the hall. We will use it in the ceremony this evening.

The following poem from the 1968 Chatcolab notebook seems to be very appropriate for this weeks' theme "Bloom and Grow".

PERSPECTIVE

God and I raised a flower bed.  
He really did the most  
I guess.

We used  
His soil  
His air,  
His water,  
His life,  
His sun.

My part seemed so trivial that  
I said,

Lord, You take those bulbs and  
make them grow  
right there in the box  
out in the garage.

You don't need me, Lord,  
You can do it by yourself.  
Oh, no, He said--

I want to do My part,  
I'm waiting to begin,  
But you must do yours, too.  
You'll have to  
dig the bed,

bury the bulbs,  
pull the weeds.

So I did my feeble part.  
And God took that bulb--  
burst it with life,  
fed it with soil,

showered it with rain,  
drew it with sunshine  
Until we had a beautiful flower.

And then He seemed to say,  
Your life is like a garden  
and if you'd like, we'll make it  
a beautiful thing.  
I'll furnish, He said--

the soil of grace  
the sunshine of love,  
the rains of blessing,  
the wonder of life,  
But you must do the diggin'.

Lord, I said, you just go ahead,  
Make we what You want me to be  
make me a saint,

Give me great faith,  
fill me with compassion.  
Oh, no. He said, you've got to  
keep your heart tilled,  
hoe the weeds of evil,  
chop away the second-best.  
I'll make you anything

Pure

Clean

Noble,

Useful,

Anything you want to be--  
But only if you dig.

by Bob Benson  
(March 1963 "Action")



Please READ AND INTERPRET THE FOLLOWING

EXAMPLE

1. SAND \* SANDBOX

2. MAN  
BOARD

3. STAND  
I

4. R/E/A/D/I/N/G

5. WEAR

6. R  
ROAD  
A  
D

7. CYCLE  
CYCLE  
CYCLE

8. LE VEL

9. T  
O  
W  
N

10. O  
M.D.  
PH.D.  
D.D.S.

11. KNEE  
LIGHT

12. III III

13. CHAIR

14. DICE  
DICE

15. T  
O  
U  
C  
H

16. GROUND  
FEET  
FEET  
FEET  
FEET  
FEET  
FEET

17. MIND  
MATTER

18. HE'S / HIMSELF

19. ECNALG

20. DEATH / LIFE

21. GEG

22. GNIKOOL

23. THERWEA

24. LONG  
DO

25. i t  
it

26. yy u r yy u b i c u r 4 me

27. BLOUSE

28. N  
W  
O  
D  
E  
D  
I  
S

29. GI  
CCCCC

30. M O V I E

Answers

- 2. Man over Board
- 3. I understand
- 4. Reading between the lines
- 5. long underwear
- 6. cross roads
- 7. Tri cycle
- 8. Split level
- 9. Down town
- 10. 3 degress below zero
- 11. Neon Light
- 12. spots before your eyes
- 13. High chair
- 14. Paradise
- 15. Touch down
- 16. 6 feet under ground
- 17. Mind over matter
- 18. He's beside himself
- 19. B-ackwards glance
- 20. life after death
- 21. scrambled egg
- 22. Looking backwards
- 23. Bad spell of weather  
(seattle weather doesn't know if it is coming or going)
- 24. Long over due
- 25. The long and shor- of "it".
- 26. too wise you are, two wise you be,  
I see you are too wise for me.
- 27. See through blouse
- 28. up sidedown
- 29. GI over seas
- 30. Space movie

Friday Table Activity

"Exercises to watch TV By" was presented to demonstrate that any action or motion is beneficial in helping the circulatory system, the breathing process and the use of joints, muscles and tendons. Music is the motivator-- 3/4 time for stretching and relaxing, 4/4 time and syncapated for others. More information can be secured from the National Foundation for Human Development, Washington D.C. or from Roy Main.

At lunch we were entertained by Rob and his Table Games! Things to do at the table, circle games, etc;

Sanity Test

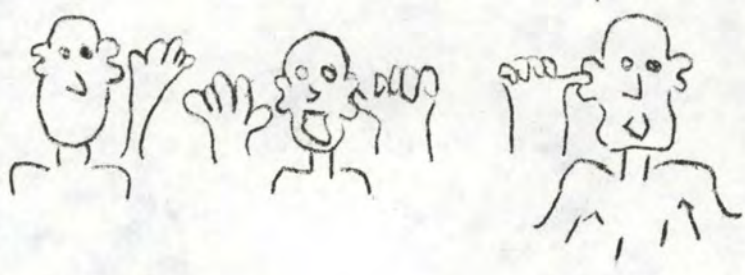
Try fouching fingers over your head with your eyes closed.

Spoon Magic

Slightly moisten a spoon, rub it on the top of your nose until it sticks.

BLBBLBBLB GAME

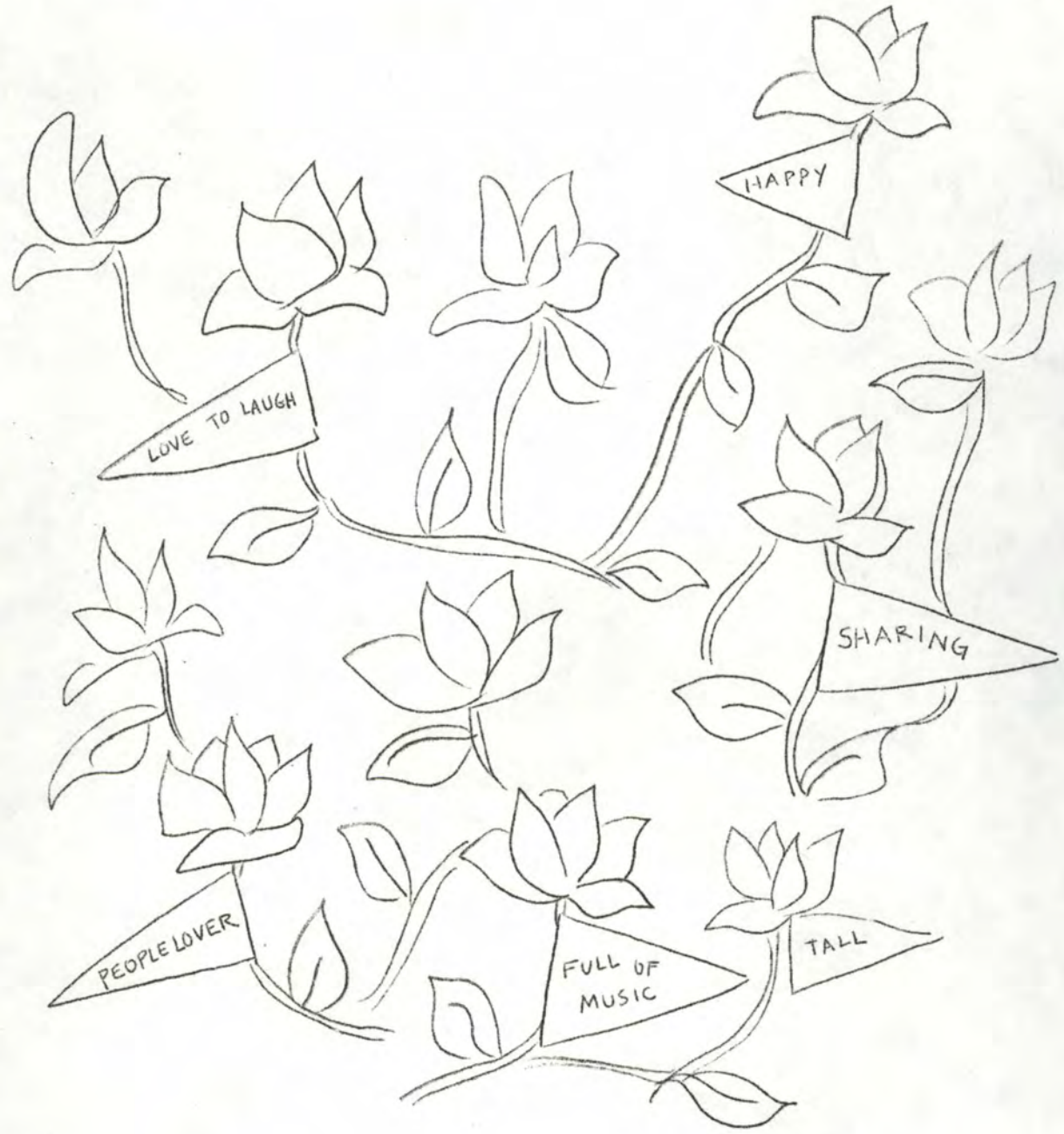
Put both thumbs in your ears, stick out your tongue and go BLBBLBBLA. The person sitting on your right must put his left hand up and do the samething with his tongue. The person on your left must do it too, but with his left hand. Now point directly across the table. The person you point to must duplicate what you did as well as those sitting on either side of him.



Repeat this until someone goofs (go gaster and faster). The one that goofs must go out of the circle. Continue until just a few are left. That's when the fun starts!!

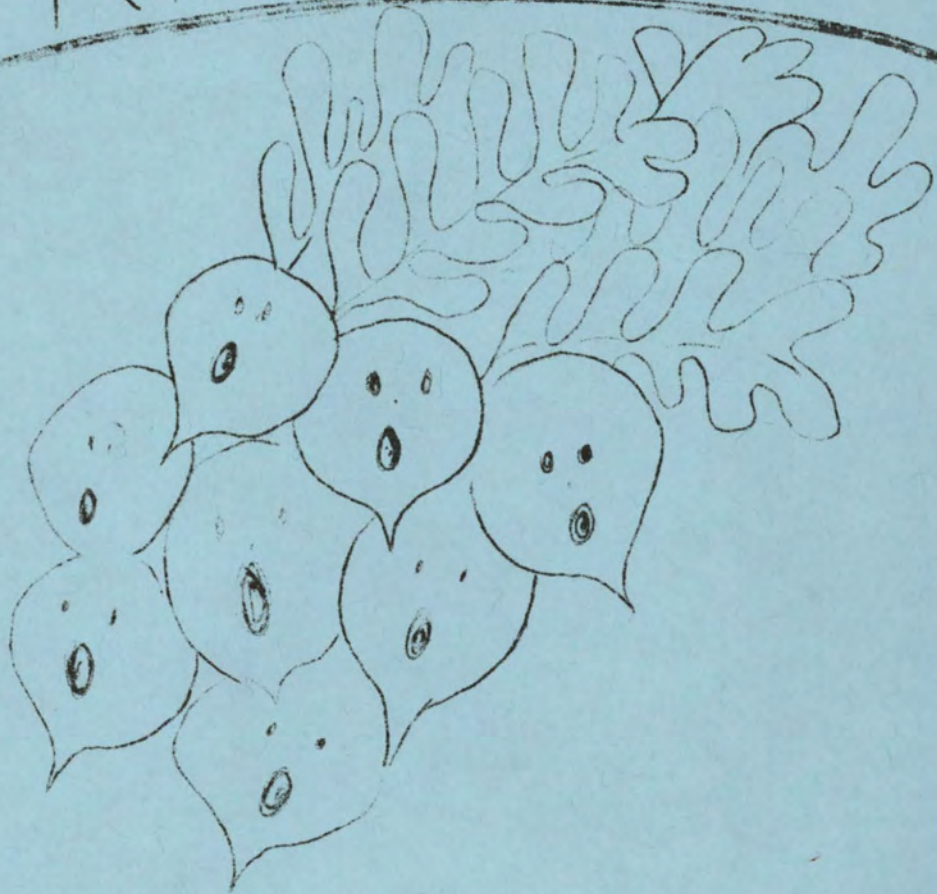
### Friday Table Activity

At dinner each person was given a single flower to incorporate into a table centerpiece. On the flower stem, persons were asked to attach flags with statements telling of their own individualities. One person was selected to share each table's centerpiece at the evening's ceremony. Thus we involved individuality as well as group growth.



WED

# RADISH



BE SINGING!

BLOOM WHERE YOU'RE PLANTED

CHORUS

Bloom, Bloom, Bloom where you're planted  
You will find your way  
Bloom, Bloom, Bloom where you're planted  
You will have your day.

I

Look at the flowers  
Look at them grow  
They never worry - they never work,  
Yet, look at the way Our Father  
clothes them  
Each with a beauty all of it's own.

CHORUS

II

Some plant the seeds  
That others will water  
But in all things God gives the growth.  
Come let him garden the flowers within you,  
Come and discover some you've never known.

CHORUS

III

Look at the love that lies deep within you  
Let yourself be -- Let yourself be -  
Look at the gifts you have been given  
Let them go free -- Let them go free.

CHORUS

--You will have your day.

"BIG SKY COUNTRY FEELING"

(song used in ceremony Monday Night flag lowering-Montana)

There's a feeling that I get when I'm singing.  
And there's a feeling that I hold when I'm high.  
And there's a feeling I get wehn I'm dreaming.  
And I could float like the clouds in the sky.

Yes we're thinking about the country that we live in.  
And all the friends we'd met along the way.  
We got to look back on this time and remember.  
How the big sky country sun shined everyday.

All too soon were leaving the feeling that  
I hold wehn I'm high.

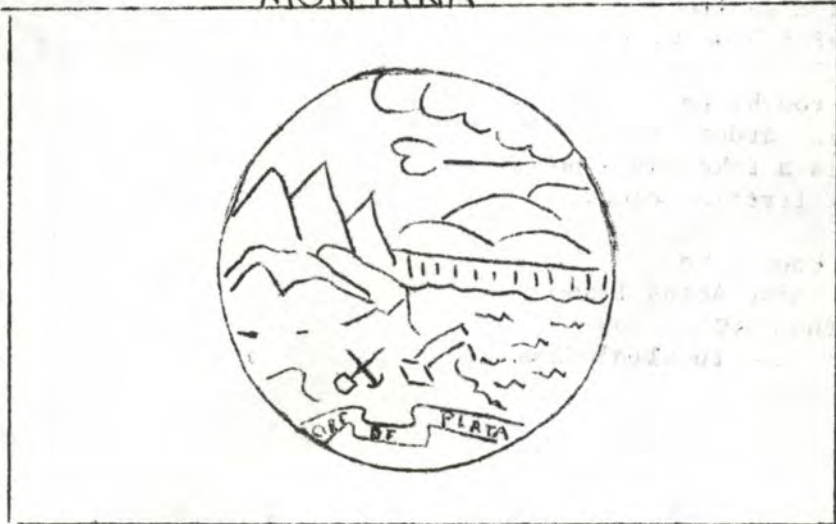
When the coal on the fire turns to embers:  
(all too soon we're leaving)

And we're right behind our Montana Day  
(do you remember)

Ya got to look back on this time and  
remember how the Big Sky Country Sun Shined Everyday.  
(the feeling that I hold when I'm high)

All too soon we're leaving  
The feeling that I hold when I'm high.

MONTANA



NOVEMBER 8, 1889

## GARDEN SONG

Inch by inch, row by row  
 Gonna make this garden grow  
 All it takes is a rake and a hoe  
 And a piece of fertile ground.

Inch by inch, row by row  
 Someone bless these seeds I sow  
 Someone warm them from below  
 Till the rains come tumblin' down.

Pullin' weeds and pickin' stones  
 Man is made of dreams and bones  
 Feel the need to grow my own  
 Cause the time is close at hand.

Grain for grain, sun and rain  
 Find my way in nature's chain  
 Tune my body and my brain  
 To the music from the land.

Plant your rows straight and long  
 Temper them with prayer and song;  
 Mother earth will make you strong;  
 If you give her love and care.

Old crow watching hungrily  
 From his perch in yonder tree  
 In my garden I'm as free  
 As that feathered beak up there.

Inch by inch, row by row  
 Gonna make this garden grow  
 All it takes is a rake and a hoe  
 And a piece of fertile ground.

Inch by inch, row by row  
 Someone bless these seeds I sow  
 Someone warm them from below  
 Till the rains come tumblin' down.



## THE BALLAD OF THE FROZEN LOGGER

As I went out one evening  
 into a small cafe.  
 A worn and weary waitress  
 to me these words did say.

I see that you are a logger  
 and not just a common bum.  
 Cause nobody but a logger  
 stir's his coffee with his thumb.

My lover was a logger. There's none  
 like him today.  
 If you poured sugar on it  
 he'd eat a bale of hay.

He never shaved his whiskers  
 from off his horny hide.  
 He'd just drive them in with a hammer,  
 and bite 'em off inside.

When he left he kissed me  
 so hard that it broke my jaw  
 I couldn't speak to tell him  
 he forgot his mackinaw.

The weather tried to freeze him.  
 It tried its level best.  
 At 100 degrees below zero  
 He buttoned up his vest.

It froze clear thru to China.  
 It froze to the stars above.  
 At 1000 degrees below zero  
 it froze my logger love.

And so I lost my lover.  
 And to this cafe I've come:  
 And here I'll wait till someone  
 stirs his coffee with his thumb.

Shared by Florence Wells



WASHINGTON MY HOME (State Song)  
by Helen Davis

This is my country, God gave it to me.  
I will protect it, ever keep it free.  
Small towns and cities rest here in the sun.  
Filled with our laughter, Thy will be done.  
Washington, my home,  
Wherever I may roam;  
This is my land, my native land,  
Washington, my home.  
Our verdant forest green,  
Caressed by silvery stream  
From mountain peak  
To fields of wheat, Washington my home.  
There's peace you feel and understand  
In this our own beloved land.  
We greet the day with head held high  
And forward ever is our cry.  
We'll happy ever be  
As people always free.  
For you and me, a destiny;  
Washington, my home.

shared by Florence Wells  
Sang at Flag Ceremony Monday



The Sloth Song - by Michael Flanders and Donald Swan  
(condensed)

A Bratipus or sloth am I, I live a life of ease  
contented not to do or die but I go as I please  
I watch the fleeting flutter by of butterfly or moth  
and think of all the things I'd try if I were not a Sloth;

Oh, I could climb the very highest Himalyas  
be among the greatest ever tennis players  
win at chess or marry a princess  
or study hard and be an eminent professor

I could be a millionaire, play the clarinet, travel anywhere  
learn to cook, catch a crook, win a war and write a book about it

I could be another Ceaser, paint another Mona Lisa  
Compose an oratorio that was sublime  
the doors not shut on my genius but I just don't have the time

The Ostridge - by Michael Flanders and Donald Swan  
(condensed)

Peekaboo I can't see you everything must be graand  
Bookapee you can't see me long as I've got me head in the sand  
Peekaboo it may be true there's something in what you've said  
but we've got enough trouble in everyday life  
I just bury my head

WIFE

Let me call you sweetheart, I'm in love with you  
Let me hear you whisper  
Oh where...

DUMB DUMB DA DA

Dumb Dumb Da Da  
Da Dumb Dumb Da Da (repeat twice)  
Da Dumb Dumb Da Da Da Dumb

BUDDIES & PALS (round)

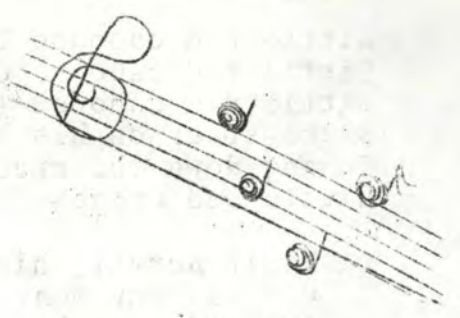
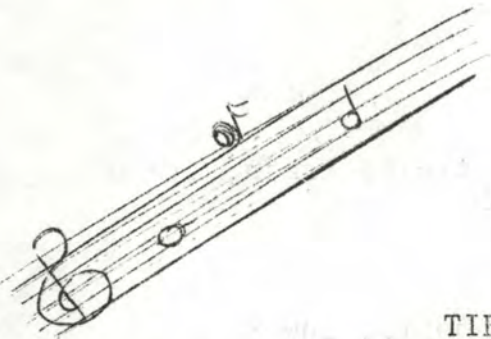
You & me we're going to be partners  
You & me we're going to be pals  
You & me we're going to be partners, buddies & pals

(do in normal & harmony - then switch)

W see, Here goes, just remember  
Th = S

I WITH I WERE A LITTLE THUGAR BUN

1. I with I were a little thugar bun (thugar bun)  
I with I were a little thugar bun,  
I'd thlippy and I'd thliddy down everyone's inthidee  
I with I were a little thugar bun
2. I with I were a little cake of thope  
(cake of thope, etc.)  
I'd thlippy and I'd thliddy over everybody's hidie
3. I with I were a monkey in a zoo  
I'd thit upon a thelf and I'd thquat my wittle thelf
4. I with I were a wittle muthkitoe  
I'd buthie and I'd hitie under everybody's nightie
5. I with I were a fithie in the thea  
I'd thwim around tho cute without a bathing thuit
6. I with I were a wittle thafety pin  
And everything that's buthted, I'd hold until I ruted
7. I with I were a wittle thlippery woot  
I'd thtick up in the twail and I'd flop you on your tail
8. I with I were a wittle bog of mud  
I would ooze and I would gooze inthide everybody's thuze
9. I with I were a wittle can of beer  
I'd go down with a flurp and come up with a burp
10. I with I were a wittle Englith Thpawow  
I'd thit up on the thteeple and I'd thpit on all the people
11. I with I were a wittle kangaroo  
I'd hippie and I'd hoppie inthide my mother's pockie
12. I with a were a thpoon of cathor oil  
I'd lubricate the chathies of all the las and lathies
13. I with I were a wittle thriped thkunk  
I'd thit up in the treethes and perfume all the breethes



TIE ME KANGEROO DOWN

An old Australian stockman dieing  
he props himself up on one elbow and he says to his mates  
gathered around him -- he says;

Tie me kangaroo down sport  
Tie me kangaroo down  
Tie me kangaroo down sport  
Tie me kangaroo down

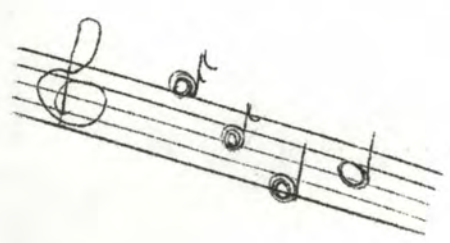
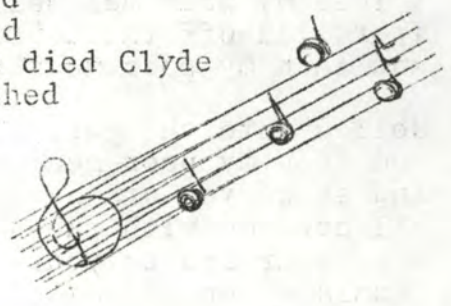
Let me abers go loose Lou  
Let me abers go loose  
They're of no further use Lou  
Let me abers go loose

Take me Koala back Jack  
Take me Koala back Jack  
He lives somewhere out on the track Jack  
Take me Koala back

Mind me platipus duck Bill  
Mind me Platipus duck Bill  
Don't let him go running amuck Bill  
Mind me platipus Duck

Cook me ostridges' egg, Meg  
Cook me ostridges' egg, Meg  
She layed it under the kep Meg  
Cook me ostridges' egg

Tan me hide when I'm dead Fred  
Tan me hide when I'm dead Fred  
So we tanned his hide wehn he died Clyde  
and that's it hangin on the shed



LITTLE RED CABOOSE

Little red caboose Chug, Chug, Chug (a)  
 Little red caboose Chug, Chug, Chug (a)  
 Little red caboose (b) behind the train, train, train, train  
 (d) Smoke stack on his back, back, back, back  
 (d) Coming down the track, track, track, track  
 Little red caboose behind the train

Do it normal, high voice and tiny movements, low voice  
 and big movements (a) arm move at sides like a train  
 (b) point with thumb over your right shoulder (c) move  
 arms above head still doing chugging motion (d) bend in  
 half at the waist, arms out front doing chugging motion

## OLD McDONALD HAD A FARM

(chorus)  
 Old McDonald had a farm  
 E I E I O  
 And on his farm he had a Tree

Oh, we'll chop down the old pine tree...Timber  
 And we'll have it away to the mill  
 Boing, boing, boing

Home  
 He's Home, Home on the range,  
 Where we'll Chop down....

Dog  
 Oh where, oh where, has my little dog gone?  
 Oh where, oh where, can he be?  
 He's home, home....

"ON TOP OF SPAGHETTI"  
 tune-----On Top of Old Smokey"

On top of spaghetti, all covered with cheese  
 I lost my poor meatball, when somebody sneezed.  
 It rolled off the table, and on to the floor  
 And then my poor meatball, it rolled out the door.

Rolled into the garden, and under a bush  
 And then my poor meatball turned into mush  
 And so if you are eating spaghetti  
 All covered with cheese  
 Keep your eye on your meatball  
 Should anyone sneeze

shared by Roy Main

=ROOSTER SONG \*

I had a chicken, no eggs would she lay \*  
I had a chicken, no eggs would she lay \*  
My wife said "Honey, we're losing money  
because that chicken, no eggs would she lay".

Chorus:  
One day a rooster came into our yard,  
and caught that chicken right off her guard.  
She's laying eggs now, just like she uster...  
ever since that rooster came into our yard. \*\*  
other verses:

I had a milk cow, no milkd would she give, \*  
she giving eggnog just like she uster \*\*

I had a begonia, no begonias would she give  
she's giving eggplant just like she uster.

I had a gum tree, no gum would she give  
She's giving chicklets, just like she uster

I had a gas pump, no gas would she give  
Shes giving supershall just like she uster.

I had a fish pond, no fish would she give  
She's giving shell fish just like she uster.

GERTIE'S FARM TUNE

On the farm in the morning, many birds awake  
down in the pasture meadow  
sweetest music made;  
cheeri - cheeri- cheeri  
Birds are saying in the trees  
Cheeri - cheeri - cheeri  
Its morning on the farm.

And ducks and turkeys quack and gobble too  
each trying to be loudest as that's the thing to do.  
Oh, quack, quak. At night the ducks will all come back  
Oh quack, quack, quack . . Its morvning on the farm.

Now who wakes first in the morning,  
Yes we wonder who  
Listen and we will tell you - Cockadoodledoo.  
O Cockadooble doo! Cockadoodle doo.  
It's morning on the farm.

## LIFE'S GARDEN

Life's Garden is dedicated to our new found friends of Chatcolab 1980. The total experience of growing and blooming among new people outside the realm of security. From Laurie and Pat, may you find each risk you take a learning experience, every growing stage a reach for the better, and may your blossom be ever bright.

Gardens are like our very life  
 Much like the vegetable gardens we grow.  
 Nothing will produce rich and plentiful  
 Without pulling weeds and a hoe.

Clods of dirt from plowing  
 Like clods of jumbled emotions.  
 You sort and rake and arrange them  
 So the best and positive are showing.

Courage to grow the unusual  
 To venture into the unknown.  
 To go beyond the realm of security  
 Going out of the comfort zone.

Inside our small gardens  
 The seeds our society teaches us to plant.  
 To criticize our different ways  
 The positive strokes are scant.

Weeding of negative pictures  
 Growing along the fences of our minds.  
 Clearing out those negative self images  
 So outside we can find...

The courage to grow the unusual  
 To venture into the unknown.  
 To go beyond the realm of security  
 Going outside our comfort zone.

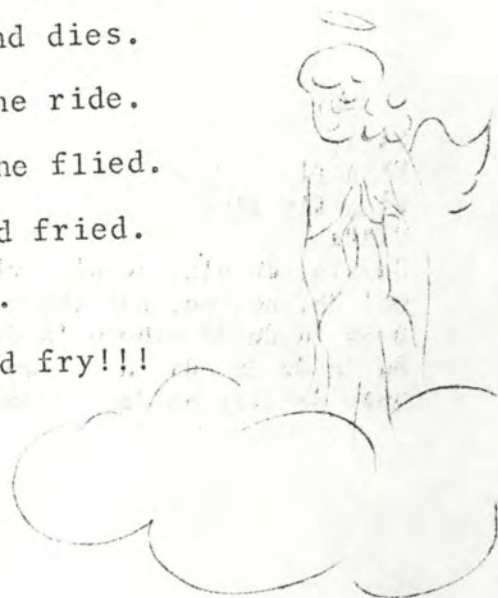
Grow out of your security  
 Grow, grow and bloom.

Words and Music by Pat Sudderth and Laurie Smith.



OH, HOW HE LIED

1. He sat down beside her and smoked his cigar,  
smoked his cigar, smoked his cigar.  
  
He sat down beside her and smoked his cigar  
smoked his cigar -r -r.
2. She sat down beside him and played her guitar.
3. He told her he loved her, but oh, how he lied!
4. She told him she loved him, but she did not lie.
5. They were to be married, but she ups and dies.
6. He went to the funeral, but just for the ride.
7. She went up to heaven, and flip-flop she flied.
8. He went down below her, and sizzled and fried.
9. The moral of this tale is never to lie.
10. Or you, too, may perish, and sizzle and fry!!!



## FLEA

Flea  
 Flea fly  
 Flea fly flow  
 Vista  
 Cumala, cumala, cumala, vista  
 Oh! No, no, no, not the vista  
 Ene mene deci mene oo walla walla mene  
 Deci mene salla mene oo walla wah  
 Beep deedlee oh doo 'n doo doo 'n beet 'n bottin' shhhhhh.....

## NEW VERSION

Flea  
 Flea fly  
 Flea fly flow  
 Vista  
 Cumala, cumala, cumala, vista  
 Oh! No, no, no, not the vista  
 Dwee 'n du da schwee 'n du da wa dwee 'n dwee 'n du bop  
 Ba 'n du dow da 'n du dow bee dot 'n dow  
 Beep deedlee oh doo 'n doo doo 'n beet 'n bottin' shhhhhh.....

## THIRD VERSION

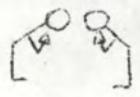
Flea  
 Flea fly  
 Flea fly flow  
 Vista  
 Cumala, cumala, cumala, vista  
 Oh, no, no, no, not the vista  
 To eee ought ta doodle eee ought ta ooo ah ooo ah ooo ah  
 To eee ought ta doodle eee ought ta ooo ah ooo ah  
 Beep deedlee oh doo 'n doo doo 'n beet 'n bottin' shhhhhh.....

CHINESE BLESSING ( SONG WITH MOTIONS)

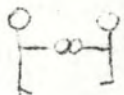
(em) (d) Put hands in prayer position  
 May the Blessing of God



(em) Bow to each other  
 Be upon you.



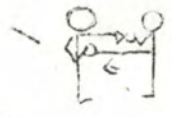
(em) Join both hands  
 May His peace



(bm) (em) Raise joined hands to God  
 Abide in you.



(em) push r. hand to chest of partner near heart  
 May His presence...



(bm) (bm) exchange, push l. hand to chest of partner  
 illuminate your heart,



(bm) (a) (em) Fold hands in prayer and reverent bow to "God in Man".  
 Now and forever more..



This song is done with two circles: the inner circle of people facing the outer circle of people. Move circles to right after each chorus, to the next person. Continue until everyone has been blseed. (Sing slowly with feeling, let Love flow)

Submitted by Barb Mechels



Bedbug Song

I woke up just this morning and there upon the wall, the skeeters and the bedbugs were playing a game of ball.

The score was 19-20 the skeeters were ahead the bedbugs hit a homerun and knocked me out of bed.

Chorus:

Singing Bennie Meenie Meenid Minie Mo catch a bedbug by the toe and if it hollars hollars, hollars, let him go, Singing Bennie, Meenie, Meenie minie Mo.

Bottom of the 9th and Buggy's up to bat, the skeeters in the outfield are sweating in their hats. The game depends on him 2 strikes and 2 balls, Buggy hits a grand-slam way out into the hall.

Chorus

In came men in white coats they took me from my bed, I said I was watching a ball game. But they just shook their heads.

Chorus

\*\*\*\*\*

We're a Rainbow made of Children,

We're a rainbow made of children, we're an army singin'  
There aint no weapons that can stop us, Rainbow love is much too strong.

REPEAT

PILE OF TIN

I'm a little pile of tin  
No one knows what shape I'm in  
Got four wheels and a running boards  
Not a Chevy not a Ford  
Honk, honk, rattle, rattle, crash, beep, beep.  
Honk, honk, rattle, rattle, crash, beep, beep.  
Honk, honk, rattle, rattle, crash, beep, beep.  
Honk, Honk!

Honk - pull on your ear lobe  
Rattle - shake your head  
Crash - palm of hand bumping your chin  
Beep - pinch your nose.

FRIENDSHIP SONG

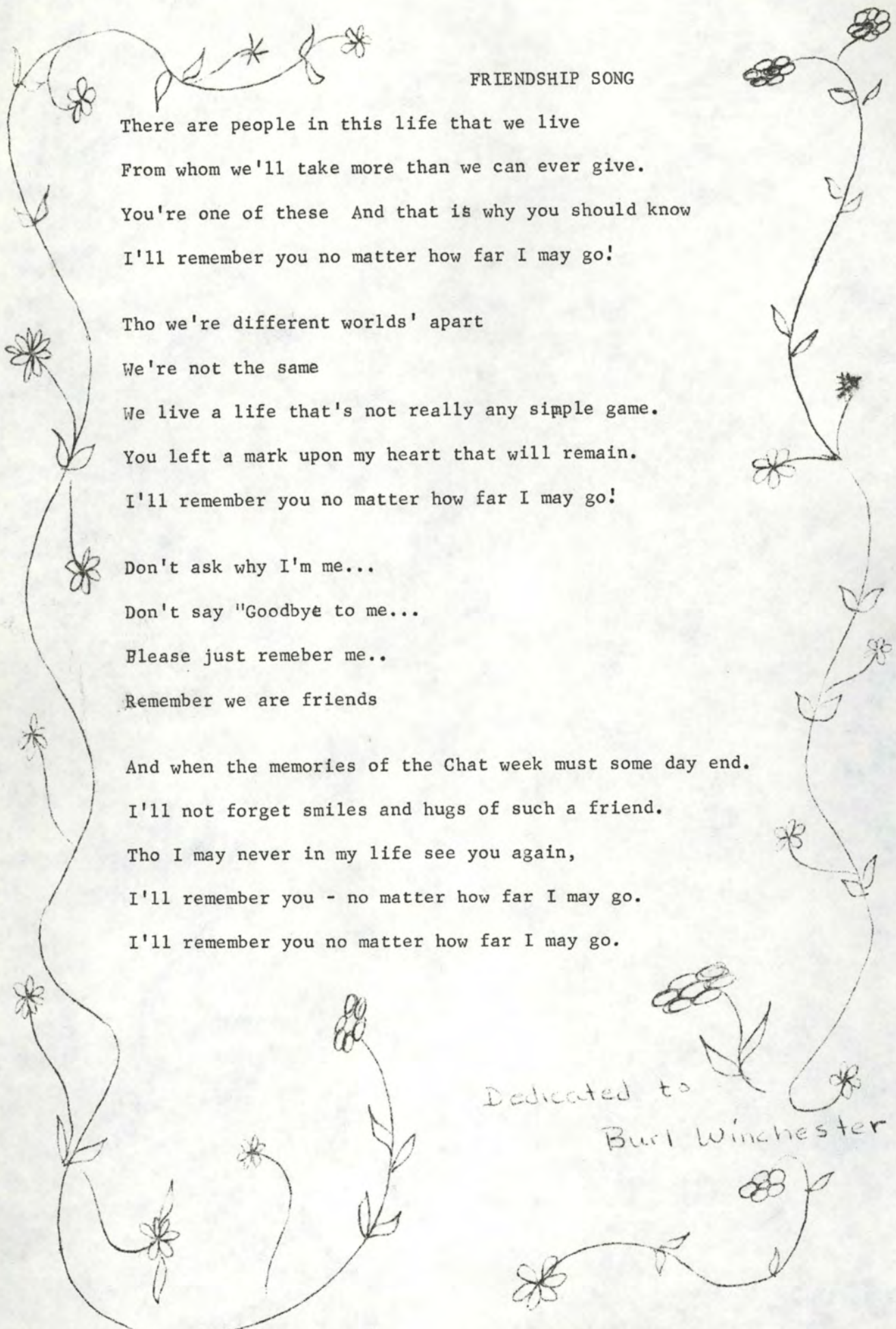
There are people in this life that we live  
 From whom we'll take more than we can ever give.  
 You're one of these And that is why you should know  
 I'll remember you no matter how far I may go!

Tho we're different worlds' apart  
 We're not the same  
 We live a life that's not really any simple game.  
 You left a mark upon my heart that will remain.  
 I'll remember you no matter how far I may go!

Don't ask why I'm me...  
 Don't say "Goodbye to me...  
 Please just remeber me..  
 Remember we are friends

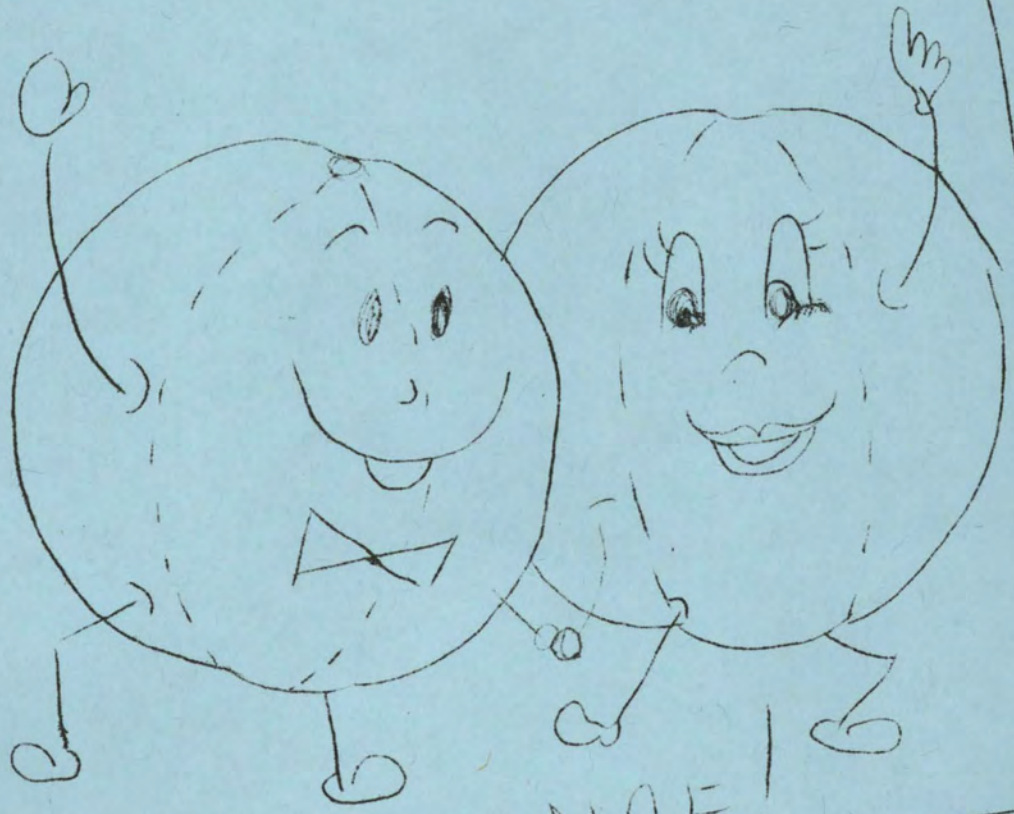
And when the memories of the Chat week must some day end,  
 I'll not forget smiles and hugs of such a friend.  
 Tho I may never in my life see you again,  
 I'll remember you - no matter how far I may go.  
 I'll remember you no matter how far I may go.

Dedicated to  
 Burl Winchester



SINCE WE

# CANTALOUPE



LET'S DANCE!

THE POOKIE

Record: Stoneway - 1102-B

Formation: Lines all facing same direction

Part 1            Basic Disco Step  
 Side R, Step L to R  
 Side R, touch L to R  
 Repeat L side  
 (Do the above pattern 4 times)

Part 2            8 Samba Steps  
 Step R with a slight knee bend (ct 1)  
 Straighten leg, doing a slight  
 chug backward as you do (ct 2)  
 Repeat with L

Part 3            4 Jazz Chug Steps  
 Walk diagonally R  
 Step L across in front of R  
 Step R across in front of L  
 Chug backward on R - Push R hand forward  
 palm out  
 Walk backward L. R - L. R. L (slow,  
 slow, quick, quick, quick)

Part 4            Hip Left Step  
 Walk forward 3 steps R. L. R.  
 Then do a L "hip lift"  
 Walk back L. R - L. R. L  
 (same as "b" of Part 3)

Do this step 4 times

As you learn the pattern get lots of hand, arm, shoulder movement into the dance. Let yourself go Disco style.

Monday night party dances

- Old Dan Tucker - Roy
- Jiffy Mixer - Bruce
- Mamie's Mixer - Gwen
- Bingo Waltz - Gwen



BOI TAMA

Israeli Circle Dance

Record: Worldtone 10015 or Vanguard 9118-Isreal Sings-Band 7

Formation: dancers in a circle, holding hands, facing to the right

Part 1: starting with right foot: walk forward 3 steps, (R.L.R.) then step back with left  
Walk forward 2 steps: (R L) then do 2 steps backward (R. L)  
Repeat all

Part 2: Face Center: tap Right toe behind Left Foot, brush right foot forward, tap Right heel in front of Left foot, step on Right foot  
Repeat all with left foot

Part 3: Step to Right side with Right foot, close Left to it and swizzle and swizzle (move knees around)  
Repeat to Left starting with Left foot

Part 4: Do a three-step-turn to the Right and close Left foot by R, but don't take weight  
Repeat to L starting with Left foot

-----  
If using the LP (Vanguard) there is a four count interlude after the first sequence. Sway R. L. R. L. The dance is done 3 times on the LP.



RUBY BABY

Source: The instructions for this dance come with the records.

Music: Any good disco 4:4 rhythm will work. "Ruby Baby" Columbia 33-063.

Formation: Non-partner, facing music.

Meter: 4:4

Meas.    Count

Pattern

Introduction: "Ruby Baby" - 2 measures or 8 counts.

- |   |     |  |
|---|-----|--|
| 1 | 1   | Touch right heel forward   |
|   | 2   | Step on right foot back to place - clap your hands                                     |
|   | 3   | Touch left heel forward  |
|   | 4   | Step on left foot back to place - clap your hands                                      |
| 2 | 5   | Touch the right toe to the right side  |
|   | 6   | Touch the right toe beside the left foot - clap your hands                             |
|   | 7-8 | Repeat counts 5 and 6  |
| 3 | 9   | Step right to right side   |
|   | 10  | Step left behind right - still moving right  |
|   | 11  | Step right to right side   |
|   | 12  | Turn 1/4 right (CW) on the right foot and kick the left foot forward - clap your hands |
| 4 | 13  | Step back on the left foot   |
|   | 14  | Step back on the right foot  |
|   | 15  | Step back on the left foot   |
|   | 16  | Touch the right foot beside the left - clap your hands                                 |

taught by Gwen Main



WILLOW WALK

Willow Walk is a very easy mixer, good music - swingy rhythm.

Record: Willow Walk - Grenn 14180

Meter: 4:4

Formation: Single Circle with Partner on R

Meas

- 1 Beg RF Walk 3 steps into center  
Kick LF on ct. 4
- 2 Beg LF back out 3 steps  
Touch RF to side of LF ct. 4  
Turn to partner join both hands
- 3 M L shoulder - W R shoulder to  
Center of hall - step, close, step  
close
- 4 Continue to center - step, close, step,  
touch
- 5&6 Moving to outside of circle repeat  
measures 3 & 4
- 7 Balance apart  
Balance together - R hips together
- 8 Walk forward 4 steps to form new circle



Sunday night party dances

Willow Walk  
Little Shoemaker (done prev. years)  
Bingo Waltz (done previous years)

MAMIES MIXER

BY: JERRY HELT  
MUSIC BY: THE TEXANS  
RECORD: BLUE STAR # 1788

POSITION: Open, facing LOD, inside hands joined  
FOOTWORK: Opposite thru-out, Directions for man

- MEAS. 1-2 FORWARD, 2,3, SWING; BACK UP, 2,3, TOUCH:  
Walk fwd in LOD L,R.L swing R frd; still facing LOD  
back  
up R,L,R and touch L toe beside right
- MEAS. 3-4 TURN AWAY, 2,3, 4:  
Releasing joined hands, partners turn away from each  
other  
M turning L face in CCW arc starting with L ft and  
taking 4  
slow steps L.R.L.R, to end facing partner with  
back to COH  
with both hands joined. W turns away with opposite  
footwork  
in a CW arc R.L.R, L to end facing partner with  
back to wall,  
both hands joined.
- MEAS. 5-6 SLIDE 1,2; REVERSE 1,2;  
Facing partner and with both hands joined, step L along  
LOD, close R to L; repeat, taking weight on R as before  
Then repeat the same in RLOD starting with R
- MEAS. 7-8 APART, 2; FORWARD 2;  
Starting on M's L and W's R, do two slow steps backing  
away from each other, M backing twd COH; W backing twd  
wall; then fwd two slow steps to the right to new  
partner,  
assuming open pos facing LOD with inside hands joined,  
to repeat the dance from the beginning.

BASIC SCHOTTISCHE STEP

Part 1      Step L (ct 1) Step R (ct 2)  
 Step L (ct 3) Hop L (ct 4)  
 Repeat beginning R

Part 2      Step L (ct 1)  
 Hop L (ct 2)  
 Step R (ct 3)  
 Hop L (ct 4)  
 Repeat above

There are many variations:

- a. W may turn under M arm on Part 2
- b. Couples may dance part 2 in closed position.
- c. Couples may dance away from each other (diagonally M toward center W forward outside) Come together on second part of Part 1. Do part 2 in closed position.
- d. Also may be done in tandem -- 2 couples, one behind the other, outside hands joined. Dance basic schottische step moving fwd. On the repeat of Part 2, fwd. couples release their joined hands, do 4 step hops turning out. End up behind trailing couple who now becoming leading couple. Never release outside hands which are joined with the other couple.

Leading couple may back under joined hands of trailing couple on repeat of Part 2. This causes one couple to wring the dishrag.

Be creative! Make up your own variations!!!

shared by Gwen Main

SLAP SLAP  
shared by Gwen Main

This is a good fun "dance" for any group - kids to seniors - a good way to work off your aggressions-if you have any!!

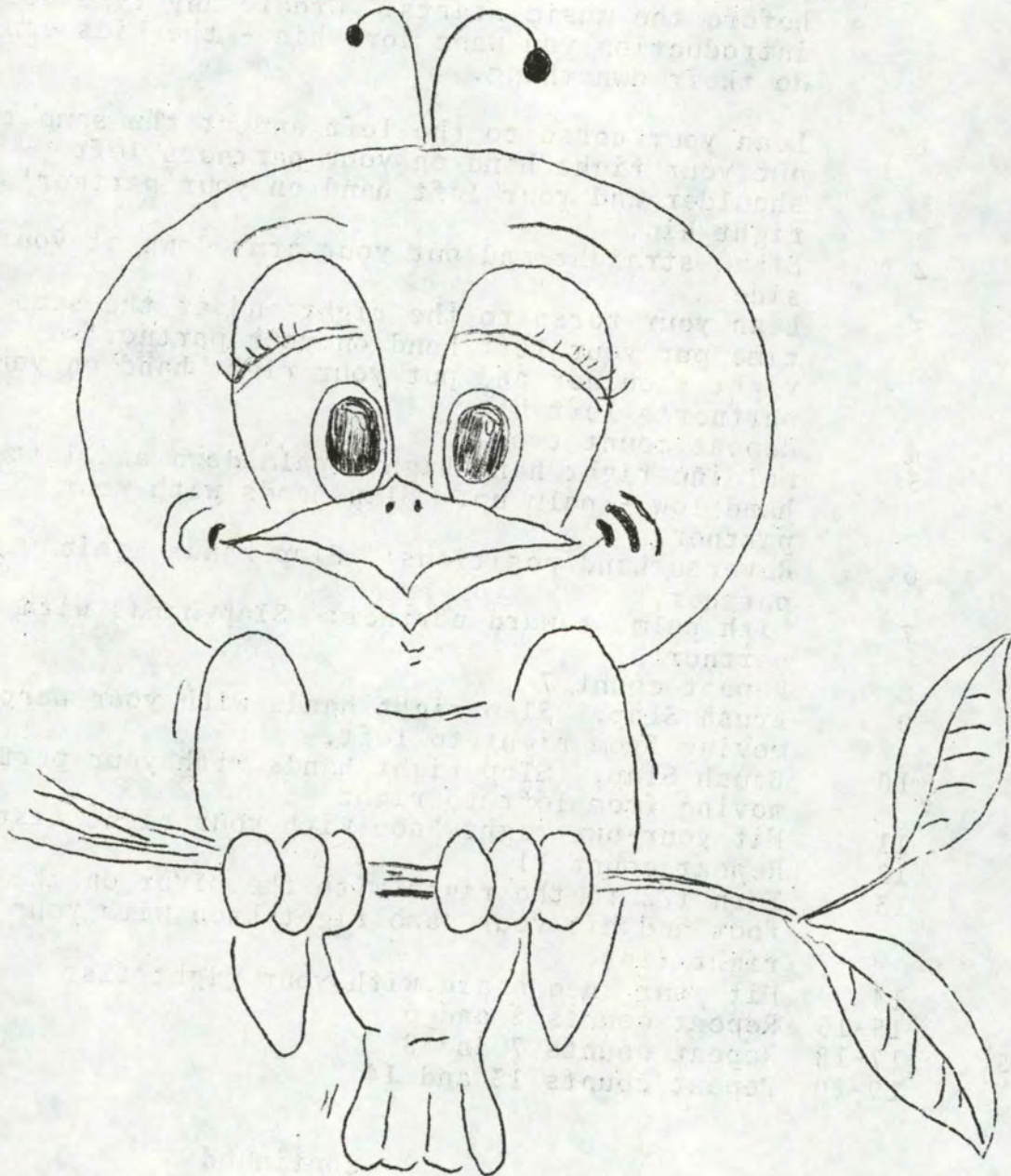
MUSIC: Any record with good 4:4 rhythm can be used such as "Ballin' the Jack" (Grenn 14207) Or Left Footers One-Step After the group knows it, use any record with a good disco beat.

<u>MEAS</u>	<u>COUNT</u>	<u>PATTERN</u>
		<u>Introduction:</u> "Ballin the Jack" - 6 meas or 24 counts "Car Wash" - There are eleven sequences of claps before the music starts. Create any type of introduction you want for this - the kids can do their own thing.
1	1	Lean your torso to the left and at the same time put your right hand on your partners left shoulder and your left hand on your partner's right hip.
	2	Stand straight and put your arms down at your side.
	3	Lean your torso to the right and at the same time put your left hand on your partner's right shoulder and put your right hand on your partner's left hip.
	4	Repeat count two.
2	5	Holding right hand high - palm down and left hand low - palm up: Slap hands with your partner.
	6	Reverse hand positions: Slap hands again with partner.
	7	With palms toward partner: Slap hands with partner
	8	Repeat count 7
3	9	Brush Slap: Slap right hands with your partner-moving from right to left.
	10	Brush Slap: Slap right hands with your partner - moving from left to right
	11	Hit your own right knee with your right fist
	12	Repeat count 11
	13	Turn 1/2 to the right with the pivot on the left foot and hit your same right knee with your right fist.
	14	Hit your knee again with your right fist
	15-16	Repeat counts 5 and 6
5	17-18	Repeat counts 7 and 8
	19-20	Repeat counts 13 and 14

continued

## Slap Slap Dance Cont'd.

- 6 21-22 Repeat counts 9 and 10  
23 The girls turn 1/2 around to the right (CW) and put their hands - palms up - behind their bottoms. The boy does not move.  
24 The boy slaps the girls' hands (bunny slap)  
7 25 The boys now do the action listed in count 23. The girls will turn back to original position.  
26 The girls slap the boy's hands (bunny slap)  
27 The girls turn 1/4 to the right. The boys turn 1/4 to the left. They are now facing opposite directions.  
28 Bow the head forward.



Bouquet



of thoughts,  
wishes &  
dreams

The following poems are shared by Jacque Gerdes.

Sometimes sentimental words are very hard  
to say, and that's why I appreciate  
occasions like today because it's a chance  
to tell you what you surely know is true,  
that no one could love anyone....  
more than I Love You!!

There is a place where love begins,  
and a place where love ends....  
and love asks nothing

Woman was created from the rib of man,  
not from head to be above him,  
nor his feet to be walked upon,  
but from his side to be equal,  
near his arm to be protected,  
and close to his heart to be  
loved.

If you love stomething,  
set it free.  
If it comes back to you,  
It's yours.  
If it doesn't...  
It never was.

I do my thing,  
and you do your thing.  
I am not in this world  
to live up to your expectations  
and your not in this world to live up  
to mine,  
and if by chance we find each other...  
"IT'S BEAUTIFUL"





shared by Jacque Gerdes  
page 2

Until I Found You...

I never knew the glory of...  
The stars up in the sky...  
I never knew the thrill of...  
It's reason or it's why...  
I never knew the meaning of...  
The words...I love you, Dear...  
Until you came into my heart...  
To vanish every fear...  
I never knew what kisses meant...  
I knew no true carress...  
Until you gave your love to me...  
And brought me happiness...  
I never knew the meaning of...  
Real deep sincerity...  
Until you looked into my eyes...  
and caused my heart to se...  
But now my life has meaning and...  
My future days look bright...  
For from the day I found you dear...  
I knew all this was right.

I feel lost and life is dreary...  
Ever since you went away...  
And I look upon each moment...  
With a heart full of dismay...  
There is never any gladness...  
Even when the skies are clear...  
For I have an endless yearning...  
Once again to hold you near...  
I hear echoes of your voice,  
like a soft sweet song...  
making my sad heart rejoice...  
But the breeze engulfs your memory...  
Leaving me alone once more...  
and the world is dark and silent...  
just exactly like before...  
Words I write cannot convey...  
How I feel since we're apart...  
Because words cannot be written...  
To describe a broken heart.



shared by Jacque Gerdes  
page 3

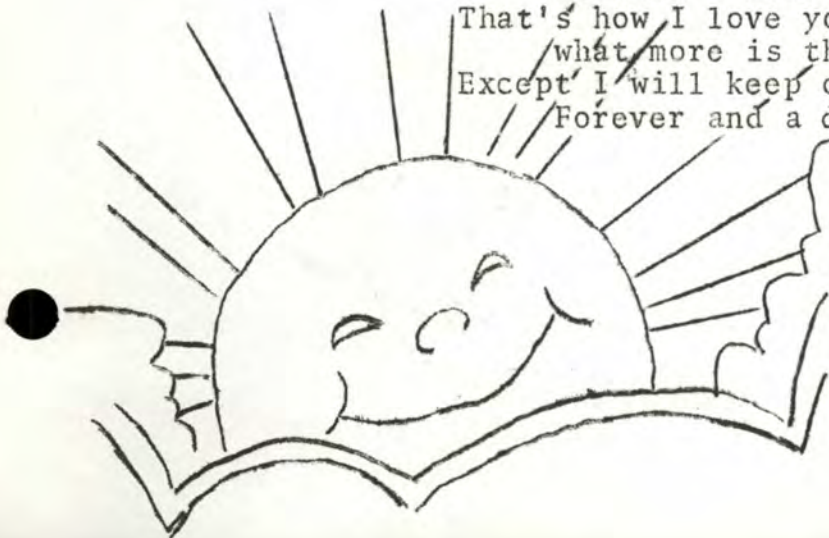
Undying Love

God has not promised  
    skies always blue,  
Flowers strewn pathways  
    all over life through;  
God has not promised  
    sun without rain,  
Joy without sorrow,  
    peach without pain.

But God has promised  
    strength for the day,  
Rest for the labor,  
    light for the way,  
Grace for the trials,  
    help from above,  
Unfailing sympathy,  
    undying love.



Let me carress your fingertips,  
    and tell you how I feel  
For what is in my heart for you,  
    I cannot long conceal.  
I love you not with just a love,  
    but with a tender yearning.  
That lingers ever in my heart,  
    with warm and ardent burning.  
With deepest want in every wish...  
    your every wish come true.  
Oh yes my darling, that's the way  
    I have of telling you...  
By actions, not by words alone,  
    I'll show how much I care  
With little necessary things...  
    I will prove I am on the square.  
As babies cling to mother's love  
    I will cling to you, my dear.  
No other thrill is half as sweet,  
    as when I hold you near.  
That's how I love you,  
    what more is there to say?  
Except I will keep on loving you,  
    Forever and a day.



LOVE

Did you ever love a girl,  
     and know she didn't love you?  
 Did you ever feel like crying,  
     and ask what good it would do?  
 Did you ever look in her eyes,  
     and say a little prayer?  
 Did you ever look into her heart,  
     and wish that you were there?  
 Did you ever see her dancing,  
     where the lights were turned down low?  
 Did you ever whisper to yourself,  
     Oh God I love her so?  
 Don't ever fall in love my friend,  
     You'll find it doesn't pay.  
 Although it causes broken hearts,  
     it happens every day.  
 You'll wonder if she is true,  
     one minute you'll be happy,  
 The next you will be blue.  
     All at once you'll see her  
 And your heart starts to dance.  
     Your world revolves around her,  
 You'll give her one more chance  
     Then you'll start, and you don't know why,  
 You worry day and night.  
     You see your loosing her,  
 It never turns out right.  
     Love is so nice, but hurts so much,  
 The price you'll pay is high.  
     If I had a chance to choose between  
     Love and Death  
 I think I would choose to Die  
     So what I say my friend  
 Don't ever fall in love  
     You'll hurt before its through,  
 You see I ought to know..  
     "I fell in love with you"



shared by Jacque Gerdes  
page 5

A PRAYER FROM A TEENAGER

O God, help me make myself a better kid. Help me love my parents like I should. Help me understand that just because they don't give me everything I ask for, it doesn't mean they don't love me. In my heart I know it means they love me enough to say no.

May I always believe that my parents do the best they can. Help me not to compare what they do for me with what they do for my brothers and sisters. Sometimes I need to be reminded that we are all individuals with different needs.

Give me the good sense to accept criticism from my parents without losing my cool. They have been around a lot longer than I have and know what is best for me.

Help me, Lord, not to blow up when my parents ask me where I'm going or when I will be home. They aren't being noxy. They really care!

Help me to be patient and answer their questions without putting them down. They grew up in a different era and many things about our culture are strange to them.

Especially, Dear Lord, help me to respect them. They aren't perfect but neither am I. Help me to be courteous to them. It's funny how we treat the people closest to us with a lot less respect than we give strangers.

Finally, God, bless my parents for me, and help me love them as much as they love me.

AMEN

## IT'S SPRINGTIME AGAIN!!

Open your eyes to the wonderful scene---  
 It's Springtime, again -- and the meadows are green!  
 The trees are awake, and the sap-flow is strong,  
 The birds are a-nesting, and merry their song;  
 The drab panorama of Nature receives  
 A corsage of bloom and a gown of new leaves...  
 And with it there comes to world-weary men,  
 The urge to be happy... "It's Springtime, Again!"

Then, have done with brooding! Away with your woes ---  
 Toss aside worries and ills with your clothes ---  
 Let the warm breezes caress your starved cheeks;  
 Forget all those aches, and the "cricks and the creaks" --  
 Be off to the river, the forests, the hills;  
 The spot that you love, with its beauty and thrills,  
 Cast out the grudges, and start life anew ...  
 You can't enjoy Springtime, and hase someone, too!

---Get out in the sunshine with shovel and hoe ---  
 Make you a garden, and then watch it grow ---  
 Know the warm feel and the scent of the soil,  
 The joy of real labor, the blessing of toil;  
 Lock out your troubles --- (they'll keep for a while)  
 And revel in freedom, and learn how to smile ...  
 Fill up your lungs with sweet fragrance, and then,  
 Be glad in your heart that it's Springtime, again!

---Be thankful indeed, that you're privileged to see  
 The splendors of Springtime, unmeasured and free;  
 That you have been spared for another year more.  
 To look on its beauty, to pause, and adore;  
 To breathe of its fragrance, to feel its caress ---  
 For naught can so cheer, so "lift" and so bless!  
 You'll sense a new joy, and be happiest when  
 The daffodils bloom ... and "It's Springtime, Again!"  
 --Adam N. Reiter



Share by Leila Steckelberg



### Battle of Life

Dear Lord, in the battle that goes on through life,  
 I ask but a field that is fair;  
 A chance that is equal with all in the strife,  
 And courage to strive and to dare.  
 And if I should win, let it be by the code,  
 With my faith and honor held high;  
 And if I should lose, let me stand by the road  
 And cheer as the winner goes by.

I would like to share several of my favorite prayers with you.

Oh Lord, grant that each one who has to do with me today may be the be happier for it. Let it be given me each hour today what I shall say and grant me the wisdom of a loving heart that I may say the right thing rightly. Help me to enter into the mind of everyone who talks with me and keep me alive to the feelings of each one present

Give me a quick eye for little kindnesses that I may be ready in doing them and gracious in receiving them. Give me a quick perception of the feelings and needs of others and make me eager hearted in helping them.

Give me, O God, the understanding heart-  
The quick discernment of the soul to see  
Another's inner wish, the hidden part  
Of him, who, wordless, seeks for sympathy  
I would be kind, but kindness is not all;  
In arid places may I find the wells  
The depths within my neighbor's sould that call  
To me, and lead me where his spirit dwells.  
Give me, O God, the understanding heart,  
Lit with the quickening flame Thou dost inpart  
Georgia Harkness

"Slow me down, Lord! Ease the pounding of my heart by the quieting of my mind. Steady my hurried pace with a vision of the eternal reach of time. Give me, amidst the confusion of my day, the calmness of the everlasting hills. Break the tensions of my nerves and muscles with the soothing music of the singing streams that live in my memory. Help me to know the magic restoring power of sleep. Teach me the art of making Minute Vacations... of slowing down to look at a flower, to chat with a friend, to pat a dog, to read a few lines from a good book. Remind me each day of the fable of the hare and the tortoise that I may know that the race is not always the swift; that there is more to life than increasing its speed. Let me look upward into the branches of the towering oak and know that it grew great and strong because it grew slowly and well. Slow me down, Lord, and inspire me to send my roots deep into the soil of like's enduring values that I may grow toward the stars of my greater destiny."

Amen.

And though I have no gold to give,  
and only love must make amends,  
My only hope is while I live  
God make me worthy of my friends.

Prayers from Leila  
page 2

Helen Keller expresses much better than I ever could what the friendships I have made here at Chat mean to me - -

#### FINDING A FRIEND

There are red-letter days in our lives when we meet people who thrill us like a fine poem, people whose handshake is brimful of unspoken sympathy, and whose sweet, rich natures impart to our eager, impatient spirits a wonderful restfulness which, in its essence, is divine.

The perplexities, irritations and worries that have absorbed us pass like unpleasant dreams, and we wake to see with new eyes and hear with new ears the beauty and harmony of God's real world.

#### A Word From the Editor

What is a friend? A friend's someone who makes  
the whole world brighter,  
Whose cheerful smile and friendly ways help make  
our hurts seem lighter  
A friend's someone who cares about the things  
we say and do  
That's why it means so much to me to have a  
friend like you!!

#### In Tune

I don't remember when I first began  
To call you "friend". One day, I only know,  
The vague companionship that I'd seen grow  
So imperceptibly, turned gold, and ran  
In tune with all I'd thought, or dared to plan.  
Since then, you've been to me like music, low,  
Yet clear; a fire that throws its warm, bright glow  
On me as on each woman, child, and man,  
And common thing that lies within its rays;  
You've been like wholesome food that stays the cry  
Of hungry, groping minds; and like a star--  
self-sufficient star--you make me raise  
My utmost being to a higher sky.  
In tune, like you, with earth, yet wide and far.

Florence Steigerwolt.

"Give me the vision to see  
The faith to believe  
and the courage to do!"

*Leila*

LETTER TO ALL THE LAB

To My Friends, My Family,

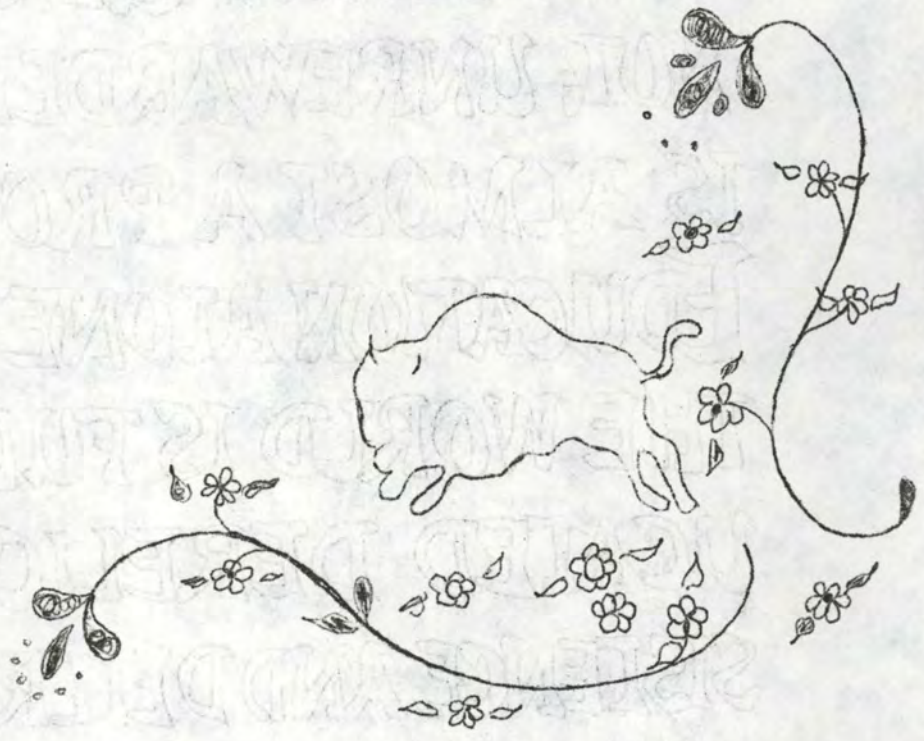
Thank you for sharing this week with me. I needed and came to this lab with a special purpose in mind. . . to take the chance and each out -- to communicate with people more than superficially. . . to get involved on a committee. . . to put input into the lab. I really felt the need to come out of my shell. The seed had been planted here two years ago and it has received lots of sunshine and nurturing from you all. But I had kept it dormant and stifled. It is also stifled in the outside world at home and school.

My goal, after months of deep reflection, is to be totally honest with myself and beyond that to accept what I find and not be afraid of it. I also need not to be afraid to communicate these findings to others. I very often have important emotions, thoughts or interpretations that are relative and important to a relationship at a specific moment, but I become too afraid to let these go.

During this week I've tried to be open to myself and especially to you. I'm tired of hiding. Thank you all for accepting me as I have been, but now for also accepting, helping and nurturing me as I bloom and grow.

I wish you sunshine and smiles.

Mary





# PRESS ON

NOTHING IN THE WORLD CAN TAKE THE PLACE OF PERSISTENCE. TALENT WILL NOT: NOTHING IS MORE COMMON THAN UNSUCCESSFUL MEN WITH TALENT. GENIUS WILL NOT: UNREWARDED GENIUS IS ALMOST A PROVERB. EDUCATION ALONE WILL NOT: THE WORLD IS FULL OF EDUCATED DERELICTS. PERSISTENCE AND DETERMINATION ALONE ARE OMNIPOTENT.

Shared by Angelo

A JOYFUL NOISE

by Michael Knoll

As human beings in a modern society, we exist in a continuum of sound. Words and slogans, music and muzak, mechanical and industrial vibrations. When we talk we often do so against a background of sound. We have it piped into our supermarkets and shopping malls, our elevators, restaurants, cars, voting rooms and living rooms. We allow portable radios and televisions to follow us everywhere. The word soundscape has entered the language, while the word silence has assumed an unnatural quality, vaguely negative, a symptom or product of loneliness. Noise has become the norm. Silence has become a condition to be avoided.

I thought about this as a friend described a recent riot at a county detention facility. The reported cause of the disturbance had been jail conditions, though the particular detail which had set it off had been the radio. Or rather the lack of it. The silence. No one had paid much attention to the radio when it was operative. When it fell silent there was chaos. The prisoners generated their own noise - slamming and banging everything that wasn't fastened down - until the sound was restored.

As a prisoner myself, the incident was not hard to understand. When I arrived at this institution, almost four years ago, silence was the most threatening aspect of my new life. Nights were the worst time. Except for the occasional footstep of a passing guard, the intermittent drip of a leaking shower, silence reigned absolute over the sleeping prison.

I found this silence terrifying. It seemed to magnify my sense of loneliness, my despair, my isolation. The silence was like a blank strip of celluloid on which I projected all of my fears and anxieties, my past failures. In the solitary darkness these images loomed over me, animated and immediate, tracking me, relentlessly into sleep. In my confusion, the silence began to seem a metaphor for my incarceration; a secondary, by no less formidable enclosure. Because I had no means of fighting it - I didn't even have a radio then - a gradual confrontation took place, an hour or two each night, in the tedious hours between "lights out" and the first rays of dawnlight.

In these nightly skirmishes, my relationship with the silence began to change. Slowly, but not imperceptibly, I began to view the silence as another place, not a hostile one - as I'd anticipated - but a territory with its own customs, its own geography. As I walked through the Kingdom of Silence, I found it to be a place rich in paradox. This silence was anything but silent! Here, a chorus of voices awaited permission to speak. When I granted that permission, I recognized the voices as those of my spirit, the sound of my deepest feelings, drowned out before under the other noise of my life. I had been afraid to listen.

CONT.

When I put that fear aside - and that was the hardest part - I was able to explore Silence with a sense of excitement, a sense of discovery. I acknowledging the sounds that colored this place, I was compelled to take inventory of the qualities which composed me. In the Silence I was introduced to the person I'd been running from for so long, that I'd sought so desperately to avoid. I learned, ultimately, that I had misjudged this person that I'd been wrong about him. As I became attuned to his language, to the nuances of my own spirit, I learned that I was a person I liked that I was capable of enjoying my own company. After that, the external world - even the bleak world of prison - seemed infinitely more beautiful. The silence had become exquisite.

Silence is a place to which I return regularly. These pilgrimages are often undertaken when I feel most discouraged, the most in doubt of my own humanity. It is a healing place, a place for learning, for the rejuvenation of the spirit. It is a place that will take me to other places: a bridge to the universe of the imagination.

It is, most importantly, a place where I'm able to sort out everything that is me from everything that is not me.

(submitted by Mark Patterson)

SHARED BY LONNIE LIVE --( a Jabber in spirit..

Since we always begin on Mother's day and I'm a mother and there's lots of mothers around, here's a couple things:

A MOTHER'S WISHES ON HER DAY

- a pearl ring
  - a mink stole
  - an orchid corsage
  - a bottle of perfume
  - a box of candy
- ON SECOND THOUGHT  
To hear my husband say "I love you" more often..  
One bear hug from my teen-age son.  
A compliment from my daughter  
The aura of family serenity daily  
Another chance to show the measure of my love for them.
- Ruth Pierce

HOMILY FOR MOTHER'S DAY  
by Erma Bombeck

When the good Lord was creating mothers, He was into His sixth day of "overtime" when the angel appeared and said, "You're doing a lot of fiddling around on this one." And the Lord said:

"Have you read specs on this order? She has to be completely washable, but not plastic; have 100 movable parts .... all replaceable; run on black coffee and left overs; have a lap that disappears when she stands up; a kiss that can cure anything from a broken leg to a disappointed love affair; and six pairs of hands."

The angel shook her head and said: "Six pairs of hands? ... No way."

"It's not the hands that are causing me problems," said the Lord.

"It's the three pairs of eyes that mothers have to have."

"That's on the standard model?" the angel asked.

The Lord nodded --

"One pair that sees through closed doors when she asks: What are you kids doing in there? -- when she already knows. Another here in the back of her head that sees what she shouldn't but has to, and, of course, the ones here in the front that can look at a child when he goofs up and say: 'I understand and I Love' -- without so much as uttering a word."

Touching His sleeve gently, the angel continued,

"Lord, come to bed. Tomorrow .....

"I can't," replied the Lord.

"I'm so close to creating something so close to myself. Already I have one who heals herself when she is sick . . . can feed a family of six on one pound of hamburger . . . and get a nine-year old to stand under a shower."

The angel circled the model of a mother very slowly.

"It's too soft," she sighed.

"But tough!" said the Lord excitedly. "You cannot imagine what this mother can do or endure."

"Can it think?"

"Not only think, it can reason and compromise." said the Creator.

(continued)

## HOMILY FOR MOTHER'S DAY ( continued)

Finally, the angel bent over and ran her finger across the cheek.

"There's a leak," she pronounced.

"I told you, you were trying to put too much into this mold."

"It's not a leak," said the Lord, "it's a tear."

"What is it for?"

"It's for joy, madness, disappointment, pain, loneliness and pride."

"You are a genius," said the angel.

The Lord looked sober. "I didn't put it there."

## INCIDENT IN AN ELEVATOR

She got in the elevator at the fifteenth floor of the big hotel, and the eight of us who were already in shuffled back a little to make more room; and she was pretty and dressed in black. That seemed to add to a touch of grief that lay in here eyes; and along with her in little blue coat and a cute little face came a bit of a girl of perhaps four years; and we shuffled again and made more room, because little girls who are not very tall and who can't reach up where there's lots of air must have more room than a grown up. And so we stood while the door clanged shut and we started down, and just as we did there came an "Oh!" in a frightened tone from the little girl as she hid her face in her mother's skirt, and mother reached down and picked her up and said to her,

"You mustn't be frightened -- just open your eyes and look up at the light." and so she did; and all the way down she kept her eyes on the bowl-like globe with a clear white light, and reaching the lobby we all of us stood with hats in hand while mother, and child went on their way, and I don't know, but I imagine that most of us remembered the words: "You mustn't be frightened -- just open your eyes and look up at the light."

by Kenneth C. Beaton



LOVE &  
PEACE



HEAVENLY FATHER, I want to ask your blessing on this food so that it will be nourishing to our bodies, and LORD, BLESS the hands that prepared this food and continue to bless us so that we may grow closer together in LOVE. Amen Grace spoken by Jeff at Friday lunch.

HELLO IN THERE

We had an apartment in the city.  
Me and my husband liked being there.  
It's been years since the kids were grown.  
A life of their own.  
Left us alone.

John and Linda live in Omaha.  
Joe is somewhere on the road.  
We lost Davey in the Korean War.  
I still don't know what for --  
Doesn't matter anymore.

CHORUS  
Well you know that old trees just grow stronger  
And old rivers grow wilder every day.  
Ah, but old people just grow lonesome  
.....waiting for someone to say .....  
Hello in there.

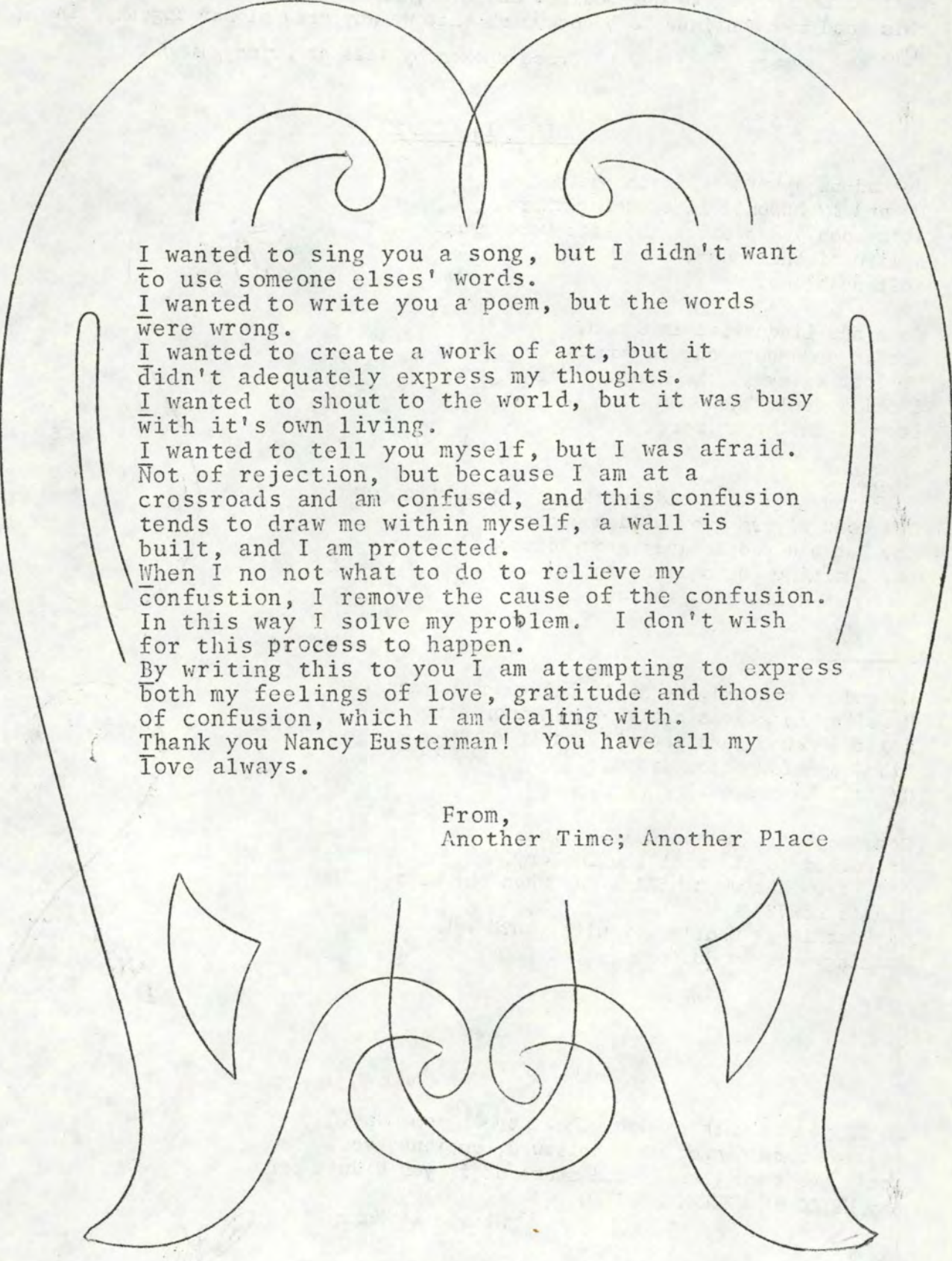
Me and my husband, we don't talk much anymore.  
He sits and stares out the back door screen..  
All the news just repeats itself  
Like some forgotten dream,  
We both have seen.

Some day I'll go and call up Judy.  
We worked together at the factory.  
Ah . . . But what will I say when she asks  
What's new???  
Say "nothing; what's new with you?"  
Nothing much to do.

So if you're walking down that street some day,  
and you should spot some hollowed, ancient eyes,  
don't you pass them by and stare as if you didn't care . . .  
Say HELLO IN THERE. HELLO.

Shared by Nancy E.





I wanted to sing you a song, but I didn't want  
to use someone else's words.

I wanted to write you a poem, but the words  
were wrong.

I wanted to create a work of art, but it  
didn't adequately express my thoughts.

I wanted to shout to the world, but it was busy  
with its own living.

I wanted to tell you myself, but I was afraid.

Not of rejection, but because I am at a  
crossroads and am confused, and this confusion  
tends to draw me within myself, a wall is  
built, and I am protected.

When I do not know what to do to relieve my  
confusion, I remove the cause of the confusion.

In this way I solve my problem. I don't wish  
for this process to happen.

By writing this to you I am attempting to express  
both my feelings of love, gratitude and those  
of confusion, which I am dealing with.

Thank you Nancy Eusterman! You have all my  
love always.

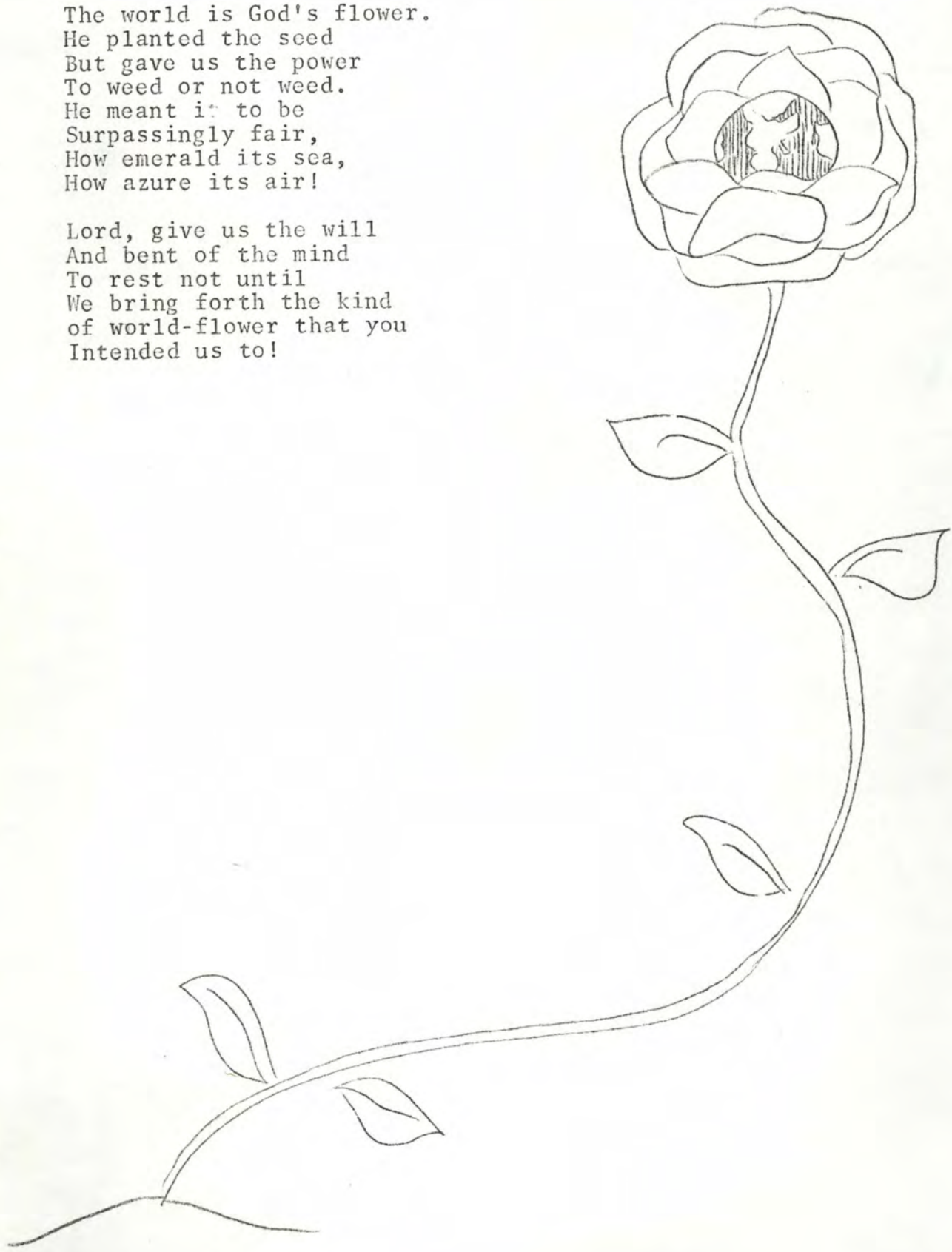
From,  
Another Time; Another Place

The following poem was read by Margaret Bradley at Dinner  
Thursday leading into the ceremony.

World-Flower  
by James Dillet Freeman

The world is God's flower.  
He planted the seed  
But gave us the power  
To weed or not weed.  
He meant it to be  
Surpassingly fair,  
How emerald its sea,  
How azure its air!

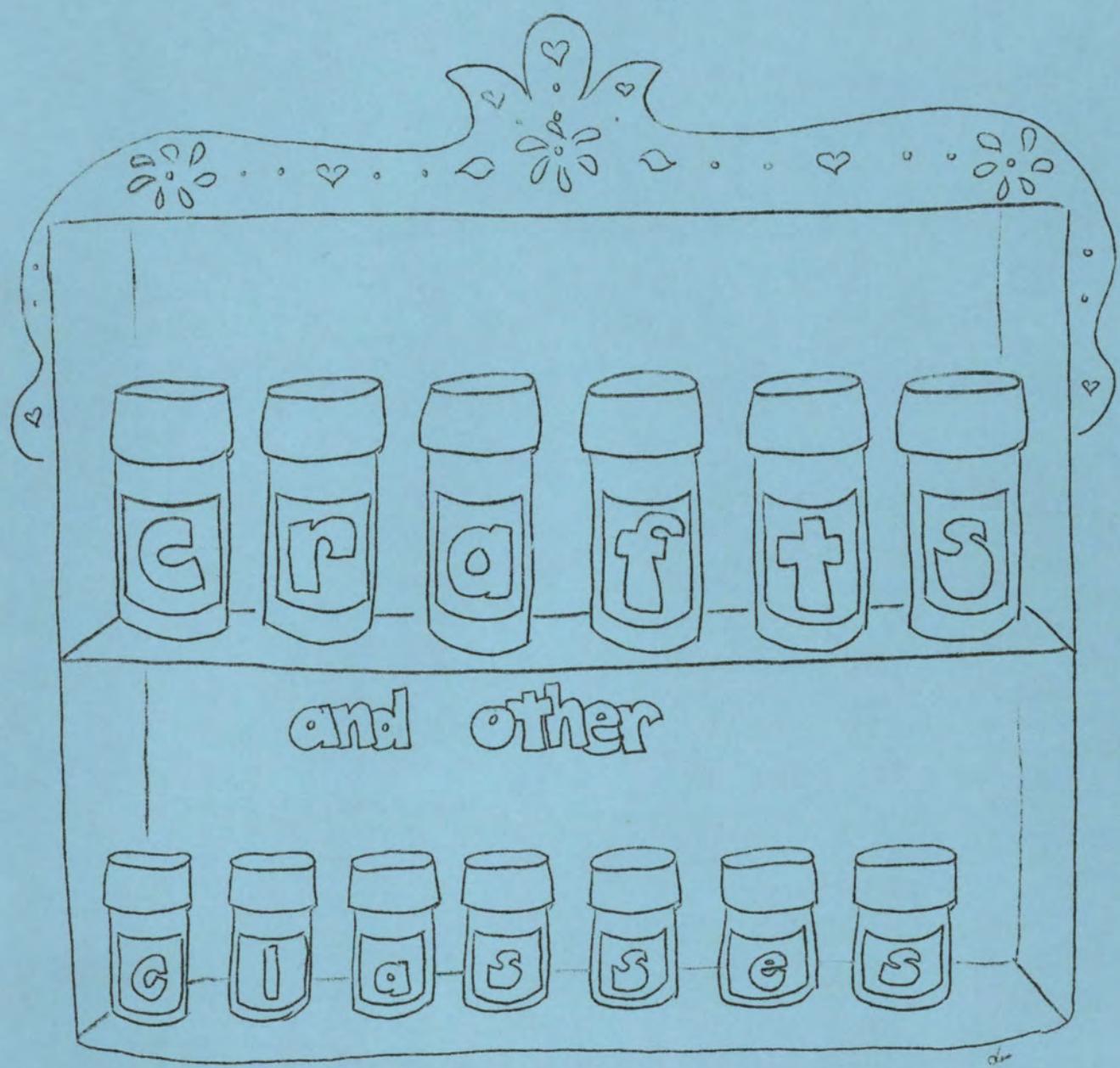
Lord, give us the will  
And bent of the mind  
To rest not until  
We bring forth the kind  
of world-flower that you  
Intended us to!





# Put a little SPICE

in your life...



### An Ancient Art

Hankers after beauty have been tie-dyeing for at least a thousand years. The earliest records, from India and Japan, date from the sixth and seventh centuries. Marco Polo saw tie-dyes in the caravanserais of China and India in the thirteenth century. We know that tie-dyes were made by the Incas in Peru, by the tribes of North Africa and are still a popular craft in the nations of West Africa. In the United States, pre-Columbian tied-and-dyed fabrics have been found in Utah, Arizona and New Mexico.

Tie-dyeing hasn't changed much in all this time. The basic equipment is still the same--a pot, a fire, water, a stick for stirring, strings or hemp for tying, a fabric to dye. The first dyes were of vegetable origin: madder, saffron, weld, Persian berries and indigo. Now modern aniline and coal tar dyes suit modern fabrics and give a designer greater latitude.

The joy of tie-and-dye lies in the artistry.

MATERIALS: Rubber bands, squeeze bottles, eye droppers, Rit liquid dyes, wooden blocks, C clamps, water softener, liquid dishwashing detergent, enamel, glass or stainless steel pots (no Teflon), sponge, rubber gloves, iron and rags for cleaning and practicing knots.

Here is a basic manual for creating color and patterns on fabric with RIT Dyes. These techniques--from in-the-washer solid-color dyeing to tie-dyeing and batik--are called "Dye-Craft".

The easiest Dye-Craft is, of course, the dyeing of solid colors. The projects shown here concentrate on lesser-known Dye-Crafts. They are all basically simple, and the refinements are a matter of practice. For centuries Dye-Crafts have been done in China, Japan, Peru...even here in America.

These were inspired by American Indians. The Indian respect for nature and feeling for animals extends logically to this basic craft form.

These designs are given simply to guide you in learning the techniques of Dye-Craft with RIT. As you become familiar with them you will want to make your own variations: change color and fabrics, invent block symbols, etc.

The applications are endless. Dye-Craft curtains, pillow covers, men's ties, wall hangings. Dye-Craft gifts. Each will be a unique, personal expression of YOU.

BASIC INSTRUCTIONS: SOLID-COLOR DYEING is the basic Dye-Craft. With RIT Dyes, it is push-button easy to create the magic of color. Dye curtains, bedspreads, etc. Just fill the washing machine with hot water, add RIT. Place wet article in dyebath. Set washer to longest "wash" cycle. It's that easy. (Full

directions are with every package.) The other techniques are so-called "resist" types. Sections of fabric are either folded, tied off with rubber bands, clamped with wooden blocks or covered with wax before dyeing. This prevents or resists sections of fabric from absorbing dye, giving you an undyed pattern on a dyed background.

DO NOT DYE: Polyesters, acrylics, metallic fibers, fiberglass. Fabric treated with water repellent. Fabric that cannot be safely washed in hot water. Avoid fabrics with wrinkle-resistant, stain-resistant or other finishes.

RUBBER BANDS: Use two sizes: No. 8 for tiny knots and thin fabrics; No. 30 for everything else. Most bands can be used over and over again. By practicing on sample bits of cloth you learn how tight the rubber bands must be for various fabrics.

BLOCKS: Shapes like the angel at left are cut out two at a time from masonite or thin plywood. They are used with 1"-thick wooden blocks as backing blocks to prevent warping. Cut out patterns with a jig or sabre saw. You can have a lumber yard cut them for you. Use 1"x2"x5" backs for almost every project. The blocks should be soaked in warm water before using.

CLAMPS: Two 4" to 4½ C-clamps, available at hardware stores, take care of most dyeing projects, but bigger clamps make a big job easier, even though they require a larger dye pot. Apply clamps with even, strong pressure for consistent results.

The thickness of a fabric determines how many layers can be clamped tightly for the block-and-clamp technique. If the layers are not thick enough, pad with rags.

STANDARD PROCEDURES: Wash garments in hot soapy water to remove sizing or dirt, and rinse thoroughly. Garments should be damp, to absorb dripped dye. Permanent-press and waterproof fabrics (including rayon velvet) must be set down in hot water and detergent, then wrung out (without rinsing) to insure even dyeing.

After colors are applied, tied or clamped with blocks, and wet thoroughly, the garment is simmered for at least an hour in the final dye bath.

The hot dye sets the color under the blocks and rubber bands, and colors the background at the same time.

POTS: Mix dye solutions in enamel pots large enough to hold complete bundle with room for stirring. A porcelain turkey roaster is recommended for large items. Don't use Teflon pans.

DYES: 1/2 cup liquid dye or 1 package powder dye in two or three quarts hot water. When using Powder RIT for these techniques it is not absolutely necessary to strain the dye. For pour-on technique, Liquid RIT is best. If Liquid RIT Dye is unavailable,

mix 1 pkg. of Powder RIT Dye in one cup (8 oz.) hot water. Work on smooth non-absorbent or protected surface. Especially with Pour-on keep sponge handy to wipe excess dye. With Pour-on there may be spatters on white fabric. These will be covered by final dark solution. Remove any stains with household bleach. When using dye in squeeze bottles, heat bottles of dye in hot water for most vibrant color. Hair coloring squeeze bottles can be obtained at variety stores. They give good control for Pour-on.

You aid color penetration of dense fabrics or many tightly tied layers by adding a few drops of liquid dishwashing detergent to the dye bath.

After its simmer, the garment, with the bands and clamps still in place, is rinsed until the cool water runs clear. The rinsing process is then repeated without the bands and blocks. You can use the spin cycle on a washing machine to remove excess moisture, otherwise simply wring out the dyed garment and hand it up to dry, out of direct sunlight.

PRACTICE: Try new or difficult knots, like the goldfish knot on rags with leftover dye until you're sure you've mastered them.

DYES AND DYEING: Always shake all bottles of liquid or mixed powdered dyes before using. Transfer colors to be dripped to plastic squeeze bottles, or replace the Rit bottle top with a squeeze cap. You can also drip dye with eyedroppers.

The fabric, or garment, must be wet down as the final step before submerging in the dye bath. Keep completely covered during the entire dyeing process to avoid streaking. Dyes tend to streak or take ineffectively in hard water. Hard water can be softened by adding a teaspoon or two of water softener to each dye bath. You can aid color penetration of dense fabrics such as cotton duck or many tightly-tied layers by adding a few drops of liquid dishwashing detergent to the dye bath.

Do not boil any fabrics in the dye bath. A simmering temperature will produce washfast colors. Use lower heat than a simmer and longer dyeing periods for fabrics that wrinkle permanently at high temperatures, such as acetate or some nylons.

Colors tend to dry lighter than they look when wet, so iron dry test patches of fabric before untying the knots.

Always use clean wooden blocks for clamping light colors. You can clean blocks by boiling in RIT Color Remover or you can cover them with plastic wrap or aluminum foil. Scour C clamps to clean.

HELPFUL HINTS: If Rit liquid dyes are unavailable, you can approximate them by dissolving 1 package of RIT powdered dye in 4 ozs. (1/w cup) boiling water and adding a little ordinary corn-starch or sodium carboxymethylcellulose.

Dripping dye can be a messy job. Work on a smooth nonabsorbent surface and keep a damp sponge handy to wipe up excess dye. Remove stains with household bleach.

Either powdered or liquid dye can be used for the final dye bath. Powder is available in smaller quantities and can therefore be less expensive.

Hot drip dyes penetrate further and faster than cold dyes, so heat dyes when dripping through several layers of cloth.

Colors will vary with hardness of water, temperature, and cleanliness. If, after ironing dry a test patch, the background color appears too light, remove the garment from the dye bath, dissolve more dye, replace the garment and continue dyeing. If the color is too dark, rinse the bundle in hot water, place in a pot of simmering water with one teaspoon of dishwashing detergent and simmer until enough color comes out. This technique is also useful for evening out streaky dye jobs.

Launder tie-dyed garments individually in cool water for the first few washings. Nylon can be machine-washed in warm water on gentle cycle after a few hand washings.

Leftover dyes can be kept indefinitely in tightly capped bottles. If dyes do dry out, reconstitute by adding water.

#### DO-IT YOURSELF NANAJO BLOCK TIE-DYE

MATERIALS: 3 yards unbleached muslin, 45" wide (or any lightweight, 100% cotton fabric).

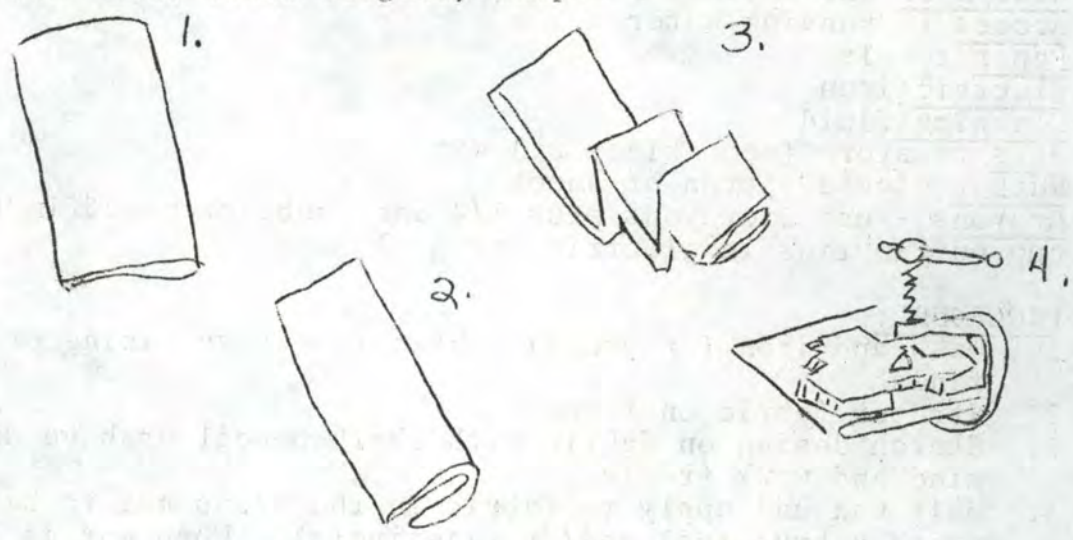
- 1 very large pot (3-5 gallons)
- 2 wooden blocks cut as per diagram (or design of your choice)
- 3 6" C-Clamps (available at hardware store)
- Liquid dye in colors of your choice

NOTE: Wooden blocks may be cut with a jig or sabre saw, from 1" thick pine, 1/2" or thicker plywood. The cutting can be done by a local lumberyard if you lack tools.

1. Wash the fabric to remove any sizing or finish. While still wet, lay fabric out flat. Following diagram 1 (next page), fold the fabric in half (working on the width of the muslin). Then fold in half again as in diagram 2 (the length is still three yards). Working lengthwise on the folded fabric, make 10" pleats from one end to the other (see diagram 3).

2. Place wooden block on top of the pleated fabric. Align the second block directly below the first, sandwiching all the fabric between them (see diagram 4). Clamp in place with a C-Clamp as tightly as possible, making sure blocks remain aligned. Before tightening clamps completely, you may squirt a contrasting color of liquid dye under the blocks from both sides (top and bottom) as well as side to side if the blocks are large. Be sure you use enough dye to completely soak through the center between the blocks but not so much that it bleeds to the outside very far. This color should be lighter than the base color (in the large pot) so that bleeding at the edges will be covered by the base color.

3. In a large pot containing enough hot water to completely cover the clamped fabric, dissolve 1/2 bottle liquid dye. Dye must be kept simmering but should never boil. Submerge fabric in block and clamps in the hot dye both for one hour, stirring occasionally. Remove from dye bath. Rinse in cold running water until the water runs clear. Unclamp. Rinse thoroughly again. Iron while still slightly damp.




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BATIK

Batik means "wax writing". It is a resist dye method in which a design is applied to a fabric by covering part of it with hot wax and then dyeing. Successive areas of wax applied after each dyeing results in the original fabric color and each additional color showing when the wax is removed. Batik may be dyed by immersing the fabric in a series of colors produced by overdyeing (i.e., blue over yellow produces green), or by waxing outlines and laying colors within the outlines with a brush. Other variations are possible. Characteristic lines or "crackling" are caused when the wax cracks, letting small quantities of dye through. It is necessary to work rather rapidly with the hot wax, which tends to result in freedom and loss of self-consciousness in the designer.

### SUPPLIES

Fabric (silk, cotton, linen, wool or rayon are easiest to dye; white or light in color; fairly lightweight).

Dye (cold water type)

Frame and pins or tacks

Hot plate or electric skillet

Double boiler (if hot plate is open-coil type)

Pan (if hot plate is not open-coil type)

Wax (beeswax and/or paraffin, or candles -- beeswax crackles less paraffin more)

Brushes

Tjanting and alcohol lamp (optional)

Salt and vinegar if required for dye

Bowl or container for dye

Measuring cup, measuring spoons, stirring sticks, strainer

Chalk pencil (light in color) - easier to remove line than charcoal pencil

Newspaper and clothes rack or line

Access to running water

Paper towels

Electric iron

Cleaning fluid

Jars to store (some kinds of) dye

Rubber gloves, apron or smock

Crayons - use 2 crayons plus 3/4 inch cube of paraffin (in small cup muffin tins in electric fry pan)

### PROCEDURE:

1. Wash and iron (or press) fabric to remove sizing or chemical finish.
2. Stretch fabric on frame
3. Sketch design on fabric with chalk pencil or have design in mind and work freely.
4. Melt wax and apply to fabric in the areas not to be dyed, using a brush(es) and/or tjanting(s). When wax is hot enough it will penetrate a test piece of cloth, sealing it on both sides. (heat to 300° F or over)
5. Remove fabric from frame, wet it and immerse it in dyebath following directions for dye used (or lay dye on within wax boundaries).
6. Remove cloth from dye and drip dry. Rinse out excess dye when dry if dye instructions so indicate.
7. Repeat process for successive colors.
8. Remove most of wax by using paper towels or newsprint under and over and ironing.
9. Final removal of wax may be done by yourself with dry cleaning solvent (wear rubber gloves and ventilate well) or by a professional dry cleaner. Inform him what it is.
10. Fix dye in cloth depending on type of dye.

Batik cont'd.

TECHNIQUES

- |                         |                              |
|-------------------------|------------------------------|
| 1. free brush           | 7. knife etching through wax |
| 2. drops of wax         | 8. free tjanting             |
| 3. flowing drops of wax | 9. pattern tjanting          |
| 4. wax crackle          | 10. dry brush                |
| 5. reverse stencil      | 11. tjaps or stamps          |
| 6. over batik           |                              |

Do not leave brush standing in pan of hot wax!!

Prepared by Marguerite Schroeder, Extension Housing Specialist,  
Cooperative Extension Service, Washington State University,  
Pullman, WA 99164

Additional Notes from Leila

Press while slightly damp for best results (to melt crayons completely).

These were the colors of FEZAN Dye we used!

- { Canary Yellow
- { Fezan Pink } purple
- { Azure Blue } purple
- Black

DYEING WITH FEZAN PROTEIN-FIBER DYE

Long popular with batik craftspeople, these dyes of untreated silk and wool.

All the fezan batik colors are soluble in warm water. Add the dry color, two ounces or less depending on the depth of shade required, to a gallon of hot water. Stir until all dye is thoroughly dissolved. To this solution, add one cup of white vinegar and one tablespoon of plain (uniodized) salt. Cool water may then be added when all the ingredients are dissolved. Do not use tin, iron, copper, aluminum or galvanized containers for preparing or storing the dye bath. Once the dye baths are prepared, they will keep almost indefinitely if stored in closed containers in a cool, dark place.

To dye, stir the dye thoroughly and add the fabric. Soak the material for twenty minutes or longer depending on the depth or shade desired. Turn the material occasionally to prevent blotching or spotting. Allow the fabric to dry and then rinse with cool water to eliminate excess dye.



Wax resist should be removed from finished batiks by ironing between newsprint and dry cleaning. All subsequent cleaning of batiked articles should also be done at the dry cleaners as the dyes are not totally fast to washing. In addition, finished articles should not be hung in direct sunlight for prolonged periods of time as some lightening of colors will occur, especially in the blue tones. All of these dyes are "acid"-type dyes except for French blue and pink which are "basic" dyes.

The manufacturer suggests two possible mordants to improve light and wash fastness. In our experience, the application of these mordanting solutions does little to affect wash fastness, i.e., the colors will still "bleed" somewhat when washed in water. However, these solutions can increase light fastness to a noticeable degree. Either one of the mordanting solutions may be applied after the fabric has been completely dyed; i.e., after all wax resist has been removed, or alternately, after the final rinse of each individual dye application. The fabric should be soaked for 45 minutes to one hour in the mordanting solution and then rinsed thoroughly and allowed to dry.

1. 2% Tannic acid + 1% Acetic acid based on the weight of the fabric.
- or
2. 1 oz. Potassium alum + 1/4 oz. of cream of tartar per gallon of water.

USE: Print cloth  
China Silk

1 tbsp, dye to 1 quart water  
1/4 cup white vinegar  
1 scant tsp. plain salt (not iodized)

2 tbsp. = 1 oz. dye

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#### BATIK

Batik is a method of decorating fabric by covering part of it with wax (or a paste resist) so those parts do not take the dye in which the cloth is dipped. The word batik means "wax writing". Hot wax (usually beeswax and paraffin) is applied to fabric with a tool, such as a brush, tjanting, or tjap, and the cloth is dyed using cold-water dyes so the wax will not melt. The waxed areas keep the color they had before waxing, so when the wax is removed, undyed and successively dyed areas make a pattern. The wax cracks to some extent in handling the fabric, letting dye through in a hairline effect. This "crackling" is characteristic of most batik work. Some craftsmen feel that only the crackling which occurs unavoidably is acceptable. Others crumple the waxed cloth before dyeing to encourage veining and cracking.

Consider the following standards as they relate to appearance, design and craftsmanship (in addition to standards which apply to any design):

The fabric should have a pattern made by the contrast between dyed and undyed, or variously dyed, lines and/or shapes characteristic of the process. Dye may seep into pattern areas meant to be undyed, or of an already dyed color, if the wax is not hot enough to penetrate the fabric, or if the wax is brittle and flakes or peels off in the dye bath. In such cases parts of the pattern may not be clear or may be lost.

Lines and shapes created by applying wax to the fabric should be clear, clean-cut, fluid, quickly and confidently drawn and relatively uniform if uniformity is intended. Lines may be clumsy, showing starts and stops where wax overlapped, or edges of shapes may be uneven, for several reasons: the craftsman may lack the ability to draw freely and quickly with brush or tjanting and wax; the wax may not be hot enough to flow freely; the tools may be inadequate or not functioning properly. It is easier to repeat small shapes in a relatively uniform size if an evenly hot wax temperature is maintained.

The size and intricacy of the design should be suitable to the fabric used. Wax applied in delicate designs and fine, sweeping lines penetrates thin and medium weight fabrics readily, but such lines are hard to produce on coarser fabrics. Large, clear shapes are suitable for heavier fabrics.

Dyed areas of fabric should be attractive and even. White and off-white fabrics take dye colors more clearly and accurately than colored fabrics do. Overdyeing should be planned in a workable and attractive sequence of values of one color or colors of different values. Natural fibers in fabrics without special finishes dye well with cold-water dyes, but man-made fibers (except viscose rayon) do not. Uneven dyeing may result from failure to wet the cloth before immersing it in the dye bath, letting the cloth hang in folds as it dries, or starting with fabric which is not clean and free of sizing.

Crackling should be subordinate to planned areas of design. Small, weak or intricate lines and shapes can be overpowered by excessive crackling, especially in large, light background areas with dark crackling.

The amount of wax residue remaining in the cloth after wax removal by ironing, boiling or scraping should not detract from the design or be unsuitable for the intended use of the fabric. A "ghost" outline of wax around shapes which are surrounded by unbroken background space may be much more distracting than residue between small, close shapes. Fabric to be used for clothing or soft furnishings should, in any case, have the residue

removed by a dry-cleaning solvent in order to eliminate its characteristic stiffness.

The object made from the fabric should be well constructed and presented. Examples: A rolled hem with neat, even stitches would be appropriate for a scarf. A wall hanging, if lined, should not show the lining unintentionally at the front edges, and any hanger, rod, etc. should be harmonious in color fabric. A pillow cover may be backed with a fabric harmonious in color, texture and weight. A piece of batik may be matted and framed harmoniously and used as a picture. Scope for creativity in the completed object is necessary, as it is in the creation of the fabric design itself.

Imagination and ingenuity in the use of materials and methods of batik contribute to the decorative quality of the finished product. Examples are: an unusual color combination created by carefully planned overdyeing, or by painting dyes on the fabric within waxed design lines in order to use a range of colors which cannot be achieved by overdyeing; a very decorative effect produced by over-batik, which can be used also to cleverly mask mistakes and rework unsatisfactory designs; unusual effects produced by tjaps (cax stamping tools) improvised from familiar items.

Prepared by Marguerite Schroeder, Extension Housing Specialist,  
Cooperative Extension, Washington State University, Pullman,  
WA 99164

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#### BATIK EXPERIMENTS

##### A. Wax Experiments

Need: paraffin, beeswax, dark dye, brushes and tools.

For each of the wax application methods, use two sets of variables:

1. wax a) paraffin b) beeswax
2. dye a\_ liquid b\_ paste

Using a) paraffin b) beeswax do two areas each of the following wax application methods:

Dye-Crafts  
page 11

1. Drip wax onto fabric - tilt to run in some spots.
2. Try thick and thin line drawing - vary brush sizes.
3. Try dry brush and fade-out and ragged edges. Fill a large area with solid was then--
4. Crush or crackle some of it.
5. Scratch through some of it with a variety of tools.
6. Leave some solid.
7. Print wax onto the fabric using several items or shapes.



When wax has hardened:

- a) immerse one set of paraffin tests and one set of beeswax tests in liquid dye.
- b) brush paste dye on one set of paraffin and one set of beeswax tests - use a brush or sponge or cloth.

Allow dye to dry completely (away from heat), then iron, between paper towels, to remove the wax and set the dye.

B. Colored Wax (crayons)

Brush on melted crayons. Break crayons (2 or 3) into container, add a small cube (1/2") of paraffin. Leave outlines free of wax. Crumple gently for crackle and immerse in dark dye. Iron between paper towels or newsprint.

C. Color Experiments

Need: paraffin, brushes and tools, dye in three colors. Choose two colors that will mix well to create a third color, plus a dark color for outline and crackle.

1. Starting with the lightest color, brush the dye onto the fabric. Leave areas you wish to remain white and pure second color. Overlap the second color over the first in two ways:
  - a. one color, iron to set, then second color.
  - b. one color, then second color over it wet.
 Wax over all areas to remain color and white. Crush for crackle and dye dark color. Dry and iron to remove wax, using paper towels.
2. Brush on first color leaving white. Iron to set color. Wax all areas to remain white and first color. Brush on second color, producing it and the mixed color. Dry. Wax. Crush and dye the dark color. Blot and dry, then iron, using paper towels.
3. Wax white areas. Dye first color. Dry. Iron to remove wax. Rewax white and areas to remain first color. Dye second color. Dry and iron to remove wax. Rewax all colors and white. Crush for crackle and dye dark color. Blot. Dry. Iron to remove wax and set the color. Use paper towels or newsprint when ironing to remove wax.

BATIK AND TIE DYE

Textile Design by Bleaching

Fabrics to use

- all cotton, all rayon (including acetate) and combinations of rayon and cotton
- in dark and intense colors

Do not use - treated fabrics (Perma Press, soil-resist)  
- wool and silk (will dissolve)  
- nylon, polyester

Equipment and Supplies

- chlorine bleach
- glass, plastic or stainless steel bowl or container
- rubber gloves (essential)
- protection for clothing
- cotton string (seine or mason line)
- printing or painting tools (mylon brushes, cotton swabs, glass or stainless steel tools)

Methods

1. Tie-resist

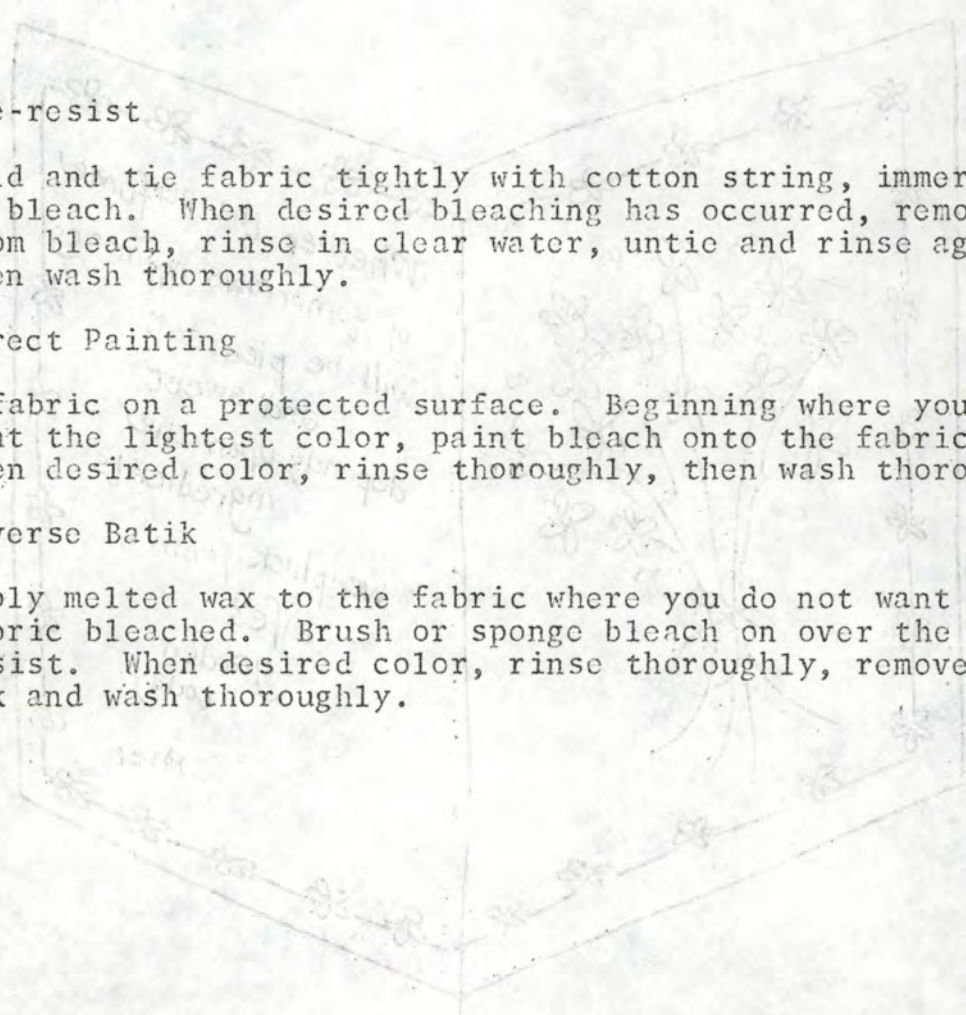
Fold and tie fabric tightly with cotton string, immerse in bleach. When desired bleaching has occurred, remove from bleach, rinse in clear water, untie and rinse again, then wash thoroughly.

2. Direct Painting

Place fabric on a protected surface. Beginning where you want the lightest color, paint bleach onto the fabric. When desired color, rinse thoroughly, then wash thoroughly.

3. Reverse Batik

Apply melted wax to the fabric where you do not want the fabric bleached. Brush or sponge bleach on over the wax resist. When desired color, rinse thoroughly, remove wax and wash thoroughly.



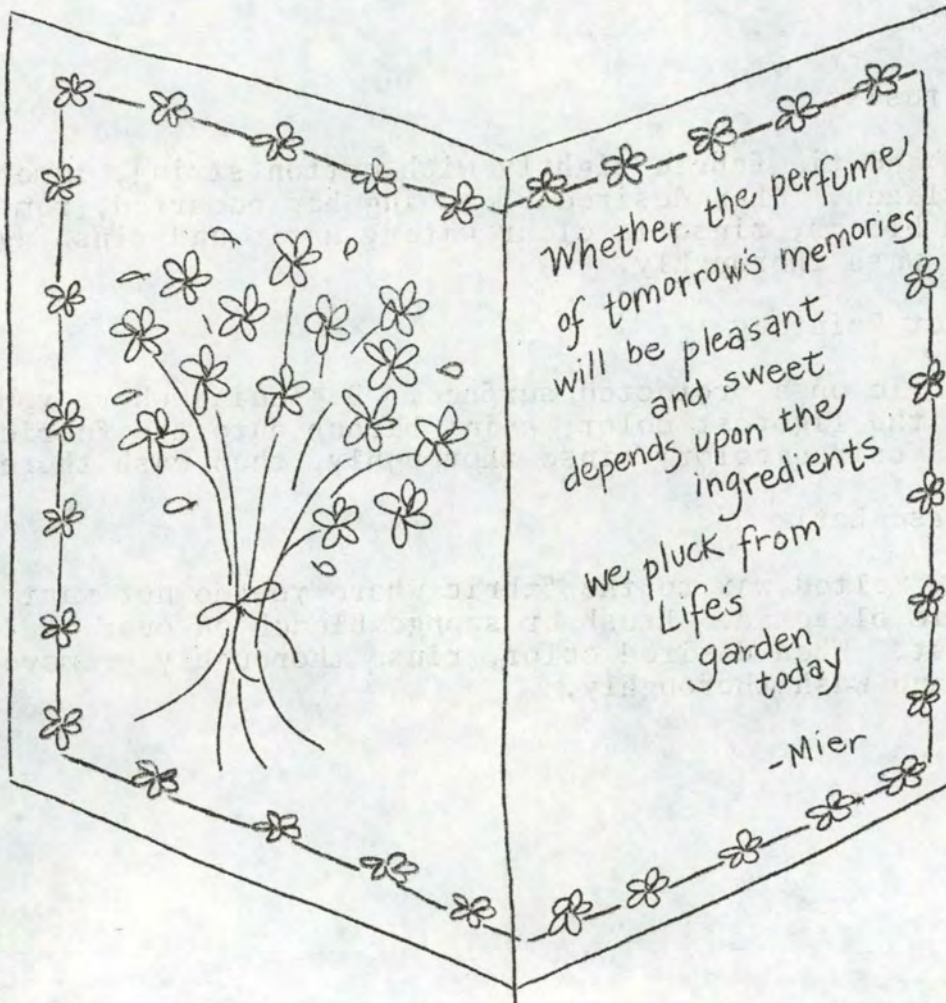
STAINED GLASS  
Presented by Jean Barringer

Steps:

1. First etch the glass to the desired size (preferably a straight line).
2. Then heat scratched line over a candle and then run under cold water. This breaks the glass along the cut. Be sure to hold onto both sides of glass piece being cut.
3. Choose a design or create one of your own. To trace, please glass over object being traced.
4. Color with glass stain paint with brushes or q-tips. Then outline with India ink and pen, if desired. Wait until dry.
5. Use clear plastic tape to make a hinge (taping both sides)

Jean used old store shelf glass but any glass will do.

That's all there is to it....



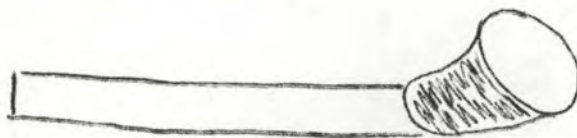
## ROCK POLISHING

SHARED AND TAUGHT BY "DOC ROCK"

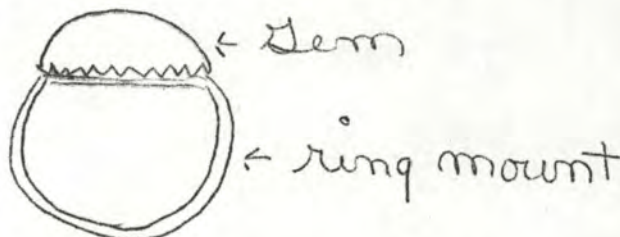
Recognition of a Gem: Any stone that is pleasing to You!! Think of color, texture, translucency or apacity, hardness or toughness.

In general, a gem is homogeneous with as few defects as possible or defects which can be removed by grinding or sanding.

Polishing consists of first removing what you consider to be defects, flaws, fractures, protrusions, etc. We start putting a handle on the gem by means of low heat from a lamp, torch or even a candle. Take a stick about 5 inches long. Sealing wax can be melted to make a bond between the gem and the "dop" stick - small doweling, an old pencil or broken arrow will do. The end you expect to attach the stone to should be cut square across. The wax (daping wax) can be obtained from any rock shop along the way. The cost is about \$1/pound and a pound will last for years. The wax is melted on and formed while warm to the shape of a cone (tip is the dop stick). Then, with the wax warm, warm the gem to near the same temperature. Spend about 2 minutes rewarming and working the wax in tight to the stone. When finished, the stone is as the ice cream--well attached to the cone with the dap stick for the handle, like so:



Of course, it's mounted with the side out you want to change. It can be removed and turned over etc. later as desired. Stones are usually ground (cut) to have a convex surface for the top (flat on bottom) with sloping sides to be cupped in a ring bezel or whatever you wish:



Polishing is grinding with rough carburumdum stone until the desired defects are removed and shape obtained. Then with a course grade (250 grit -- wet or dry paper available

Rock Polishing - cont'd  
page 2

at most hardware stores) sand with 250 grit until all the grind stone scratches and marks are removed. Then go to 320 or 360 grit until the 250 scratches are all gone. Continue grinding with finer and finer grits until the scratches can't be seen with a 15X handlens going on down to polish by steps from (360 or 320) to

- 400 grit
- 600 grit
- 800 grit (hard to find)

Lindy A on clean felt or leather makes a good final polish. Other polishes may be substituted such as cerium oxide or aluminum oxide.

The gem is finished when it suites you and is beautiful to you. Then set it up in a silver or gold ring, necklace, etc.





CANOE CLASS

by Les McCortney & Bruce Elm

A canoe orientation was given by Les McCortney with the help of Bruce Elm. Life jacket care was stressed first. Since most life jackets are made similar to a down jacket, when they get punctured and get wet they are worthless and can even drown an unsuspecting user. The jackets have a plastic bag liner that is filled with a material that will absorb water, if this plastic liner is punctured. These jackets will last for years and years and will float you if you treat them right: this means, don't throw them on the rocks, sit on them or handle roughly - they should be on you when you are in the boat at all times. Both the buckel and ties on the jacket should be secured. It is like putting on a pair of pants without buttoning them up. They may come off of you when you least suspect it.

Next was paddle care. The blade of the paddle is very thin and will split easily if abused. Many times it is necessary to push off or stop the canoe with the paddle. When this must be done use the handle of the paddle not the blade. The handle is thicker and stronger and won't split. The canoe for me is the safest boat on the water, but the canoe must be respected and taken care of. On land a canoe must not be entered, stepped in or sat on. Most of all canoe abuse occurs upon land or when putting the canoe in the water. Whenever the canoe is entered it must be totally in the water.

A common error is entering the canoe when it is half in and half out of the water. This means part of the canoe is suspended in the air, and when weight is applied at that point, the canoe could crack, break or buckle.

There are three basic paddling strokes...power, jay and sweep. The power stroke is a simple reaching forward with the paddle and bringing it straight back. Good only for power, stroke used mainly by the person in the front of the canoe. The person in the back steers the boat and provides power. He can use the "J" stroke. It is just like the power stroke, but as he is bringing the paddle out of the water he flares it out and away from the boat in a "J" motion. This will turn the canoe or correct its direction.

The sweep stroke is used by either person. The stroke starts out with the paddle next to the canoe, as it is brought back it is swept out away from the boat and brought back forming an arc. This is a turning maneuver.

These were the points brought up in the canoeing class held Monday. Your best bet is to just practice--take it easy and HAVE A GOOD TIME.

BIRD WATCHING  
Brad Bradley

4:15 a.m. comes early at Chatcolab. I got up, pressed, washed and headed for the kitchen to pack food and dishes for breakfast for thirteen intrepid "bird watchers". By five o'clock the "intrepids" had shrunk to nine. At six-thirty we arrived at Turnbull National Wildlife Refuge. Our drive around the five mile observation loop is repeatedly interrupted to take short walks. At each stop we are able to observe several kinds of birds. By the end of the loop we could all identify birds that had been strangers to us at the beginning of the day. We had become aware of a great deal of beauty we had been missing in the world about us. About ten o'clock we finally fed the physical being with one of the Bradleys' famous camp breakfasts. We arrived back at camp 2½ hours late, but nobody seemed to mind!

Some of the highlights of the trip were:

A great horned owl that Jeff observed.

A clutch of a dozen mallard eggs.

Three Trumpeter swans.

A yellow bellied sapsucker drumming at the metal cap on a post.

Cinnamon Teal.

Canadian geese with goslings.

A short class at Lab the previous day helped prepare us for the birds. Following is a list of birds observed on the trip:

Black Billed Magpies	Robin
Starlings	Kestrel (sparrow hawk)
Red Winged Blackbirds	Western Meadowlark
Brewers Blackbirds	Rock Doves
House Sparrows	Mourning Doves
California Quail	American Coots
Canadian Geese	Common Snipe
Yellow Bellied Sapsucker	Pied Billed Grebe
Trumpeter Swan	Mallard
Gadwall	Cinnamon Teal
American Widgeon	Redhead
Lesser Scaup	Buffle Head
Ruddy Duck	Red Tailed Hawk
Kill Deer	Great Horned Owl
Black Tern	Common Red Flicker
Violet Green Swallow	Yellow Headed Blackbird
Tree Swallow	

## SONG LEADING CLASS

shared by Shelly and Jean

### Values of Music

Music increases language skills, stretches vocabulary, develops awareness and response to rhythm and is FUN.

Music is heard when people are comfortable, secure, free and happy. It comes spontaneously as one plays, works, skips, walks, drives or showers. It sets--creates a mood.

It turns a crowd into a community. One of the most effective methods for developing a sense of togetherness, loyalty and harmony is through singing together the various types of music.

Different types of music have their own usefulness for creating a mood, transition, movement and teaching. Folk songs teach in a subtle way international understanding and appreciation. There are hymns, spirituals and lullabys to set serious, quiet, sleepy moods. Or try the popular, action, rounds, nonsense songs for liveliness.

### Leading Music

A poor choice of songs sometimes causes failure so be selective. It's best to choose songs familiar to most everyone to start off with. Fit songs to the occasion (quiet ones after an active session, active ones after a long, sitting session). Sing songs at the level of the group -- and don't underestimate them! Use variety in tempo, types and pitch.

Enthusiastic leadership is essential. Be contagious-- songs are caught (like a bug) more than they are taught. Know the material (song) well enough that you feel it. Create enthusiasm for new songs by telling the background, a story associated with it and variations (rounds, actions, nationality, altered changed versus.)

Choose songs that you know well enough to sing without the aid of crutches (music before you, accompaniment song books) if possible; unless it will help the situation. This allows for better eye contact and freedom of hands and body.

### Teaching a New Song

Be sure you know the song you are going to teach -- words and tune.

VISUALIZING A BETTER LIFE -----by Kathy Hake

- What is visualizing?
- Remembering something
- Day dreaming
- Thinking about something or someone
- Movies of the mind
- Imagery

Everything you have ever experienced is stored away and can be brought back to you should you ever need it. Visualizing is a way of bringing back those images and also providing images of things you need in your life.

- By visualizing you will be able to:
- Develop an inner awareness
  - Bring into your consciousness what you really feel
  - Understand the meaning of what occurs in your life-- these are known as AHA's
  - Get in touch with your creative and imaginative powers
  - Have a new sense of "knowing" -- gut feeling, intuition
  - Solve your problems
  - within you is the answer to any problem you have

The creative process involves:

1. Input - preparation (positive thinking and reading)
2. Germination
3. Birth-Insight-Inspiration-Creative flash- "knowing"

Creative visualizing occurs when the person:

- Is at relaxed attention
- Does the homework (visualize daily)
- Waits
- Is turned in
- Makes room for it to happen - don't make it happen, allow it to happen
- Write down your images - share them with someone

There are 3 ways to visualize

1. Programmed - visualize precisely what you want and see it as having happened (first person-present tense)
2. Open - Screen -- A question is asked and then pictures are allowed to emerge on the screen
3. Guided - setting the scene to spark the imagination

To get what is right for you:

- affirm that it is yours
- see it as being yours
- tell yourself in words--out loud
- write it down
- post it where you read it often
- really, really want what you visualize

Visualization  
page 2

Some oppositions to visualizing  
 not feeling deserving  
 feeling unworthy  
 afraid to change  
 being miserable may be comfortable if it provides  
 you with attention  
 a way of avoiding facing yourself  
 a deep feeling that it isn't right

Start with simple things: i.e., find a parking place!

### Goal Setting

Become a goal setter. Begin now making a list of goals for the next 5-10 years. Make a list of goals for this month  
 Make a list of goals for this week  
 Make a list of goals for today

Get into the habit of weekly goal listing. Include some 5-10 years goals, some year goals, some month goals, all of your week and day goals.

Goal setters actually reach more goals because they are constantly reminded of the goal.

To stimulate the subconscious:

First: a quiet place and repeat aloud your desire. Repeat this night and morning until you reach your desire. Place a written copy where you can read it night and morning. Your subconscious takes you at your word if you feed it negative information it believe it. Be careful what you feed it.

### Visualizing Goals

Your Special Place:

Do progressive relaxation  
 Imagine yourself in a peaceful, relaxing place  
 Put these items in your special place  
 A chair for you  
 A couch for others  
 a problem screen and a solution screen  
 a clock and calendar  
 a tape deck and tapes  
 a filing cabinet containing all your information:  
 past, present and future  
 a mental garbage disposal  
 a compartment for tools, equipment and chemicals  
 a computer

Visualization  
page 3

Use this special place to find out about yourself, solve problems, learn new things, meet with other people, and get rid of things you don't need in your life.

Meeting your Inner Self

Do progressive relaxation  
There are 3 parts of yourself

- A. The people see - conscious
- B. What you know about yourself - sub conscious
- C. Your unexplored potential - creative sub-conscious

Image your full length reflection in the mirror

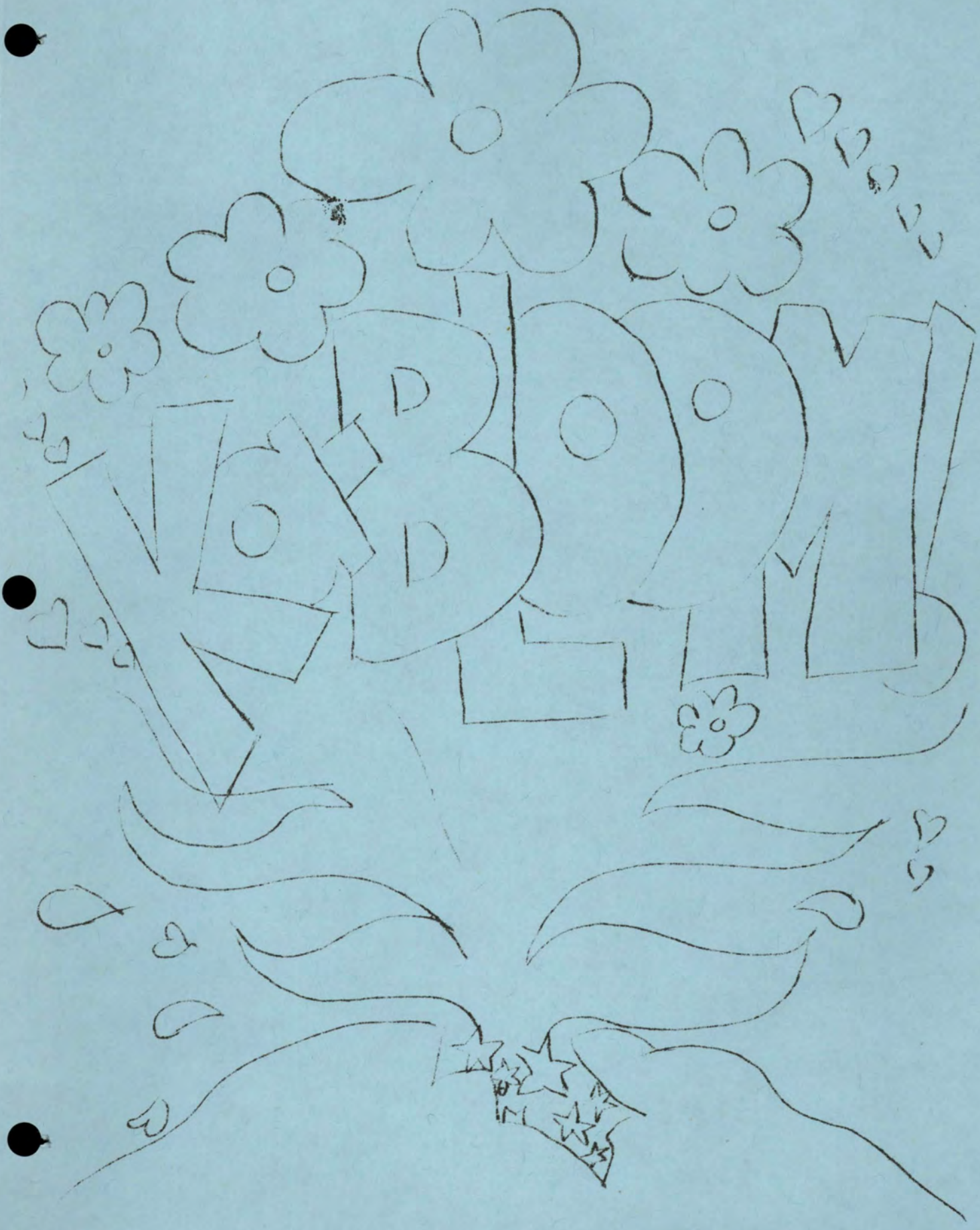
Step into the mirror or have the reflection step out to greet you  
or  
Go inside your body  
When you meet your other selves greet them appropriately then get acquainted.

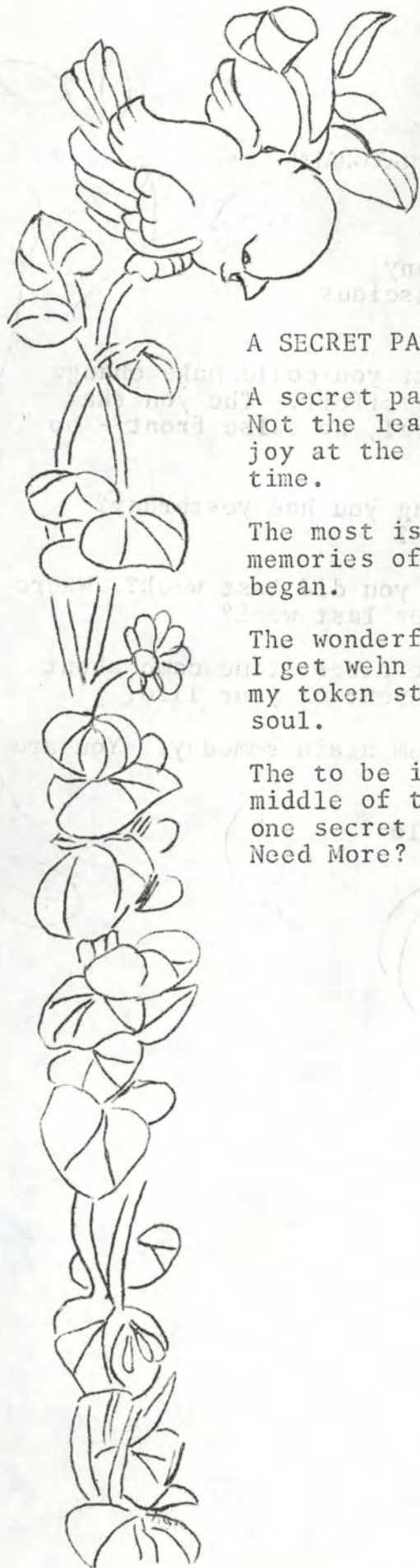
Ask: Who are you  
Who am I  
How can I help you  
How can you help me  
Discuss your problems

Books to Read

Alpha Awareness-Wally Mints  
Drawer G  
Susanville, CA 96130

Visualization: Mavies of the Mind -Adelaide Bry  
Wishcraft - Barbara Sher  
Think & Grow Rich - Napoleon Hill  
As A Man Thinketh - James Allen  
I Ain't Much Baby, But I'mm All I've Got - Jess Lair  
The Greatest Miracle in the World - Ag Mandino





A SECRET PAL

A secret pal is many things  
Not the least burst of  
joy at the most unexpected  
time.

The most is the beautiful  
memories of where it all  
began.

The wonderful feeling  
I get wehn I know that  
my token stirs another  
soul.

The to be in the  
middle of the discovery  
one secret to another  
Need More?

Angelo

Apathy when it runs deep,  
can be hard to detect. It  
can kill the roots of the  
soul without killing the  
plant on the surface.  
Hat is not the opposite  
of Love, Apathy is.



## PHILOSOPHY "A LA NATURAL"

Study learning changing =  
We do it in our living without any  
thought or effort of our own conscious  
self.

Have you ever imagined that you could make change  
of your own volition without any effort. The you that  
you know you are (non hypocritical, no false front - no  
mask on the you - you are).

What was the nicest feeling you had yesterday?  
What was the most pleasing thing?

What was the nicest thing you did last week? Where  
was the finest thing you remember last week?

Think and remember now the nicest time came about  
last year - the most memorable event of your life.

That's all think about them again someday. You are  
a better person for it.

Angelo

### BREAKFAST WITH BRADLEY'S

Brad and Margaret Bradley put on their famous backpackers' breakfasts for a limited number of lucky labbers on Tuesday, Wednesday and Thursday mornings.

Tuesday and Thursday these outdoor feasts were held in the "Chapel". On Wednesday the breakfast was cooked on a picnic table in the Turnbull National Wildlife Refuge. The participants were that early-rising (4:30 a.m.) group of bird watchers who feasted their eyes on birds (plus one hard-working beaver) for four hours before feasting on the Bradley breakfast.

The basic breakfast menu revolves around an egg dish that has evolved through the years of the Bradley's food preparation on back packing trips. This cross between an omelet and scrambled eggs contains green onions, mushrooms, cheddar cheese and herbs such as basil and oregano.

The egg creation was supplemented by oranges, milk, coffee, jam, etc. graciously contributed by the cooks.

A high light of the breakfasts this year was homemade "light-as-a-feather" whole wheat rolls made by Mathilda Utzman. (Brad apologizes for leaving his home-make bread home in the greezer. How fortunate we are to have the Mathilda's around in this world.)



TEMPERMENTAL  
STOVE



EGGS AND  
GOODIES

## H U G S

Hugging and touching one another is a very important form of expression. Everyone needs to be held everyday so they may feel wanted and not develop a hopeless case of "skin hunger".

There are five basic types of Hugging. ---

Hug "A" - an A-frame hug. This is the type you give your Aunt Bertha so she doesn't leave you out of the will. Two people lightly embrace with only shoulders touching. This is a timid hug and used as a courtesy hug. It is not very expressive or dynamic.

Hug "B" - a burpy hug. This is a modified A Hug. The two people lightly grasp each other and rapidly pat each other on the back. Seen often at graduations, weddings, etc.

Hug "C" - the "hippy" hug. This hug is usually between two men, but not necessarily so. The two people involved stand side-by-side and bump their "wallets" together.

Hug "D" - the one-boobie hug. Here the participants stand with arms around each other, standing sideways and gently hug.

Hug "E" - a super-doooper everything hug. It is done in many ways, but the major characteristics are that it is uninhibited, firm and enjoyable for both parties.

To prevent "skin hunger" a person need 4 "E" hugs per day, or 1 hug every 6 hours, 4 hugs every day, 28 hugs every week, 1,460 hugs every year, 109,500 hugs every 75 years. This is one every 4 hours with a break for sleep, but if you can get anyone to give you a 4 a.m. "hugging" -- more power to you. This explanation of hugs is a gift of affection from the California Redwood Recreation Lab to Chatcolab.



'A'



'B'



'C'



'D'



'E!'

"OOPS"

Burl Winchester and Billie Marie were experimenting with some bio-feedback machinery using mind control technique, to slowdown the ticker and shoopers on the machine. Proof of "mind over matter" -- fascinating. Howie, among others, (after being hooked up) was told to relax, then to tighten his facial muscles -- he said:

"OOPS, I can't, I'll lose my copenhagen".

\* \* \* \* \*

I had a doggie loved me  
I fed my dog on Chatcolab Tea  
My little doggie goes - Bow Wow-Wow-Wow-Wow-Wow!

Rooster - Cockadoodle doodle-doodle-doodle-doodle-do!

Pig - Oink-oink-oink-oink-oink-oink-oink-oink-oink-oink!

Sheep - Baa (13 of 'em)  
Donkey - Hee Haw (7 of 'em)  
Turday - Gobble (7 of 'em)  
Duck - 13 quacks

done at  
Tuesday Table Fun

\* \* \* \* \*

At the Thursday night dance:

As the gyrations stopped in mid-step, Kurt said to Billie Marie,

"This is a first for me--I've never danced with a lday who keeps stopping because she keeps losing her hearing aid".



Thank you Ed —

Your smile broke through dark and stale clouds  
to shine again.

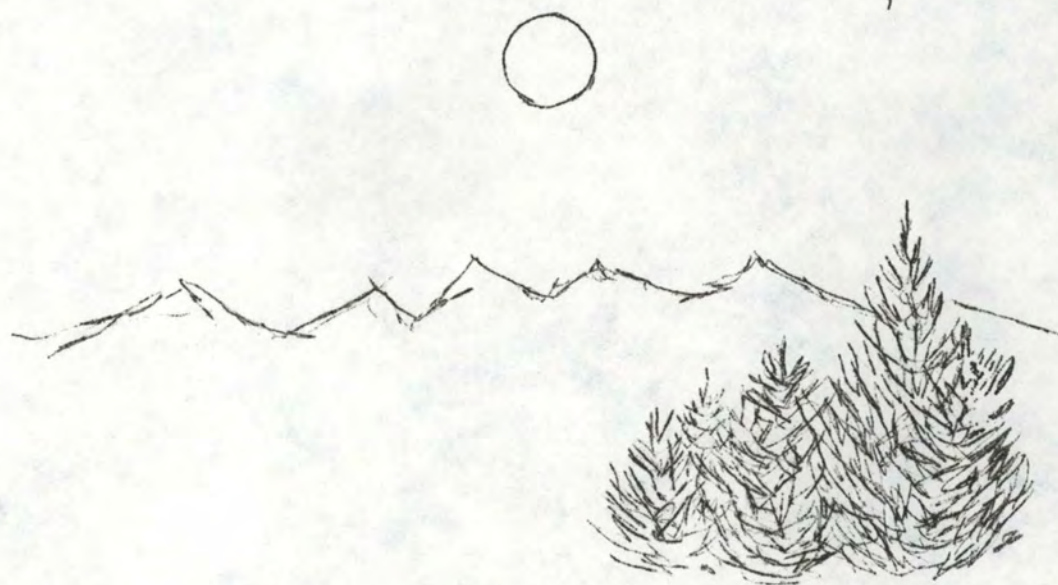
Your eyes followed with a deep searching  
to understand again.

And your touch came  
to love again

You reentered my life with your special caring  
to help my dormant self grow again.

Love that I feel for you runs deep.

Nancy



AUCTION

Book of Stationary "Bloom Where You Are Planted	4.00
Stained Glass	Brian Salyer 1.50
Necklace	Billie Marie 5.75
Hazel Nuts	Sally 7.25
Back Rub (Bunkie)	Roy Main 8.50
Micro Bus's	Brian Salyer 3.00
Jack Rabbit Milk	Nancy 3.00
Silver rings	Beaz 4.00
	Larry
	1. 5.75
	Beaz
	2. 4.00
	Larry
	3. 4.75
Poster-squares	Joe Matteo 1.00
3# California dates	Kurt S. 15.50
1/2 hour back rub (Nora)	Zilda 12.00
Song book	Rob 4.00
Nancy Eusterman (one day)	Billie Marie 30.00
note holders (2)	Stew 5.00
Battice (Marks')	Beaz 5.00
Suspenders	Jim Beasley 8.50
Wooden wall hanging	Nancy 9.00
Woven Ribbon Pillow (Jackie)	Brian S. 5.00
New Zealand Game (Ed)	Billie Marie 5.00
Flower bouquet	Larry H. 27.00
One week Montana (Sally)	Bunkie 1.00
	Sally 20.00
	Doc Stephens

Auction  
page 2

Agate Pin	6.00
Wood Puzzel (Burl)	Les McCartney 17.00
Cards	Sally Heard 1.00
Back Rub (Barbara)	Margaret 7.00
Bracelet	Burl 5.00
Bug (Leila)	Jim Bea;eu 1.00
Painted Glass (Jean B)	Billie Marie 13.50
Wood	Jackie B. 3.00
Picture Frames (Jackie)	Jim Beasley 2.00
Back Rub (Les) 45 minutes	Zilda 8.00
Combs	Billie Marie .75
Wallet	Joe Matteo 3.00
Uno Cards	Larry 8.75
Blanket (Gertie)	Sally 33.00
Seattle back pack trip (Brad) one week	Chris Beasley 100.00
Hippopotamus	Roy Main .75
"Love" Poster	Don 2.00
Copper Enamal Necklace (Leila)	Jacque G. 7.25
San Francisco (Mark & Jackie) Nape Valley (1 week)	Jim Beasley 25.00
Tea Tack Agate	Nora 7.00
Back rub (Beaz)	Mark Patterson 3.75
Weekend-Sealey Lake (Barbara)	Jacque G. 30.00
Stained Glass	Doc Rock 2.25
Bolo Tie	Kurt 2.25
Album of photos taken at Chat 1980 Margaret	Joe 18.00
	Gwen

Auction  
page 3

Trip Oregon flying with Dick	50.00
Relaxation Tape (Kathy)	Stew & Nora 4.50
Quilt (Terry)	Don Miller 36.00 Chris

THANK  
LABBERS

FOR A GRAND  
TOTAL OF  
\$593.25

raised this year  
to Boost the  
General Fund!



Brad Bradley brought a Kliepper folding two person Kayak to camp to share. A number of campers enjoyed the experience of paddling around on the lake. One trip even went to Harrison and saw the Osprey nests on the Piling near there. The Osprey seemed to be sitting on eggs so she did not fly off the nest to drive us away but simply verbalized at us.





May 17, 1980

Dearest Special Friends,

Outdoor School was a success, and on the plane to Spokane I wondered how I could come up from the void left at the end of the week.

I should have known. What better cure than the loving arms of friends. Thank you. It's a bit AWESOME dropping in on the lab at the end of the week, I've done it before. This time it was like coming home. Rather than describe my feelings, let me share a song I wrote at my first lab in 1973. It was written for one special person in particular, and shared with all at an evening ceremony at the end of the week:

I reached for your hand and found it there  
I reached for your heart and you gave me a share  
You gave me your smile, you gave me your hand  
Only you seemed to understand.

You built a bridge that spanned the gap  
You freed my heart from a binding trap  
You listened, you knew, you made me see....  
In your circle of arms you set me free.

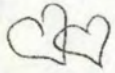
And that was the moment you became my friend  
You taught me that love knows no end  
So I thank you for knowing, for wanting to share  
And for that, I love you, and for that, I care.

Chat has given me my dearest friends: Grampa Goat & Mama B, Roretto's, Martins, Bradleys, Don Gayton, Terri, the Clackamas County delegation ... the list goes on. Chat gave me the courage to write, and to sing my first song. Chat gave me the freedom to be - myself. And, most of all, Chat gave me love for the rest of my life. Little did I know that when I wrote that song with one special person in mind in 1973, that things would turn out as they have.

I Love you All,  
Daphne June

Dearest Jeila -  
I still admire your  
organizational capabilities! What a  
Lady! Though we've not had the  
chance to grow close while at Chat, you're  
one of my big heroes in the Notebook Department.  
I still remember how overwhelmed I was  
with the first one - 25' year Anniversary!  
You are a special special Lady.  
Thanks for being a special friend!

Love,  
Laphue Anne  
Richardson



# Montana-Oregon

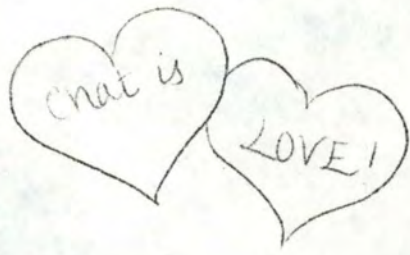


## Little Chat...

If you just happen to be in the Great Falls area the weekend of August 16, you're all invited to a big celebration of love and life, friendship and happiness.

Check the CHAT-CHAT for details on time & place. What a great excuse to get together!

Idaho-Utah-Wisconsin-California-  
Washington-Illinois & all others invited!



ditto

THE TYPOGRAPHICAL ERROR

The typographical error  
is a slippery thing and sly  
You can hunt until you're dizzy  
but somehow it gets by.

Till it's run through the duplicator  
it's strange how still it keeps  
It shrinks down in a corner  
and never stirs or peeps.

The typographical error  
too small for human eyes  
Till the ink is on the paper  
when it's grown to mountain size.

The editor stares in shock;  
she grabs her head in terror  
She'd read the copy o'er and o'er  
and never saw the error.

The remainder of the issue  
may be clean as clean can be  
But that typographical error  
is the only thing you see...

---

We the willing, led by the  
unknowing, are doing the impossible.  
For the ungrateful we have  
done so much for so long  
with so little.  
We are now qualified to do  
anything with NOTHING.

\*\*\*\*\*SPECIAL THANKS\*\*\*\*\*

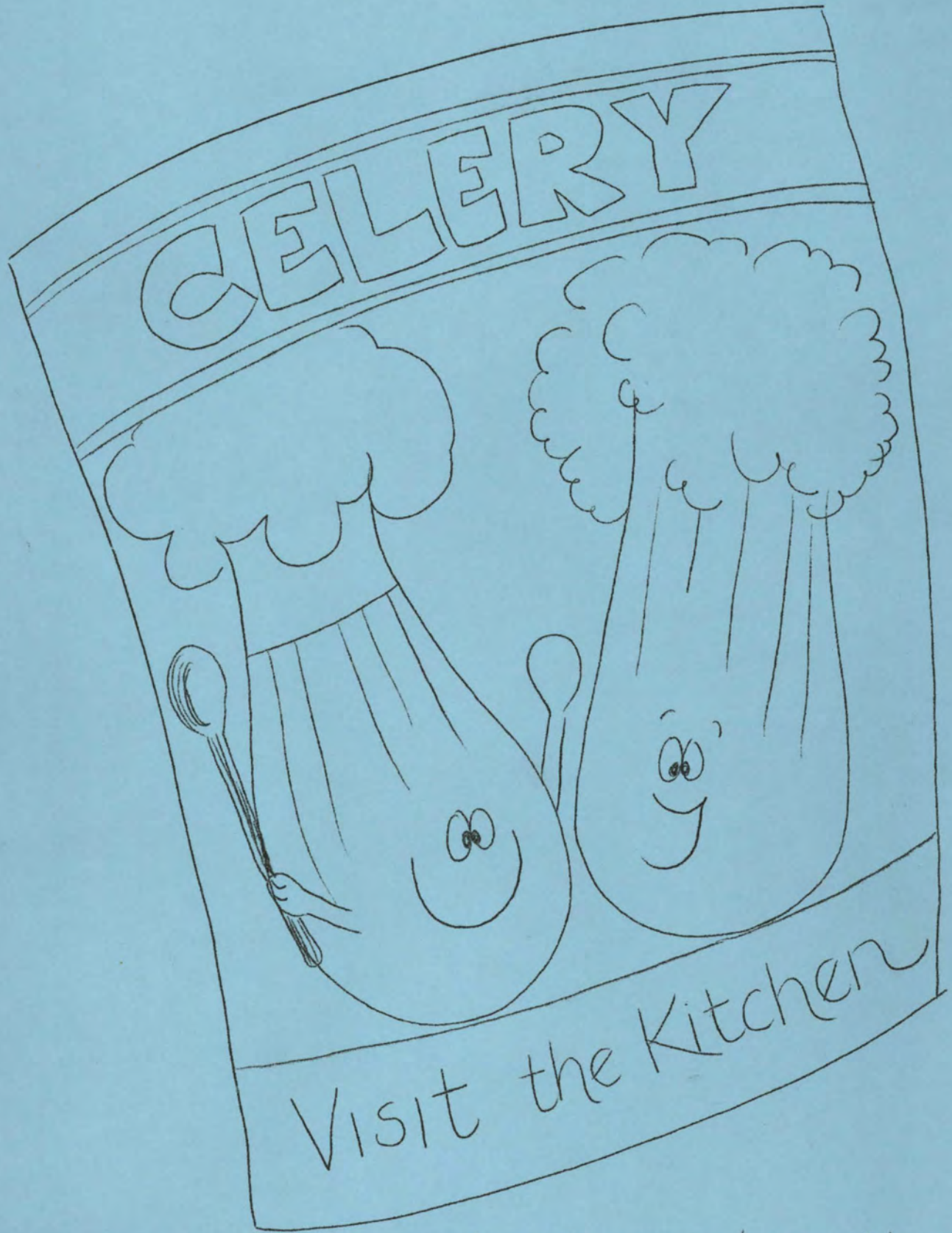
To ALL who helped the Notebook Room Elves keep WARMED  
with hot coffee and loving ENCOURAGEMENT!!

*Louise  
and*

*Peace to All*

"BLESS YOU ALL"

*Jerry Carson*



What appears to be "greener pastures" may be nothing but a patch of weeds!

-Mier

THE WEEKS' MENU

Sat Night (Board Members)

Sandwiches (lunch meat)  
Macaroni Salad  
Fruit & Cookies  
Coffee-Tea-Milk

Sun Breakfast (Board)

Apple Juice  
Hot Cakes & Eggs  
Dry Cereal  
Syrup, Jam  
Coffee-Tea-Hot Chocolate

Sun Lunch (Board)

Mexican Hot Dish  
Cottage Cheese  
Rhubarb Crisp  
Bread & Butter  
Coffee-Tea-Milk

Sun Dinner (All Camp)

Chicken in Gravy  
Jello Salad  
Peas  
Mashed Potatoes & Gravy  
Chat-Co-Cake  
Bread & Butter  
Coffee-Tea-Milk

Mon Breakfast

Apple Juice  
Bacon & Eggs  
Hot Cereal  
Cinnamon Toast  
Coffee-Tea-Chocolate

Mon Lunch

Scaloped Potatoes & Turkey  
Bean Salad  
Apricot Crisp  
Bread, Butter & Jam  
Coffee-Tea-Milk

Mon Dinner

Meat Balls & Gravy  
Cottage Cheese & Pineapple  
Corn  
Mashed Potatoes  
Fudge Cake  
Bread & Butter  
Coffee-Tea-Milk

Tues Breakfast

Stewed Brunes  
Orange Hot Cakes  
Eggs & Sausage  
Cold Cereal  
Syrup & Jam  
Coffee-Tea-Hot Chocolate

Tues Lunch

Macaroni & Cheese  
Coleslaw  
Hot Rolls  
Pears & Cookies  
Coffee-Tea-Hot Chocolate

Tues Dinner

Baked Ham  
Baked Potatoes  
Tossed Salad  
String Beans  
Fruit & Cookies  
Coffee-Tea-Milk

Wed Breakfast

Rhubarb  
French Toast  
Hot Cereal  
Bacon  
Syrup & Jam  
Coffee-Tea-Hot Chocolast

Wed Lunch

Clam Chowder  
Crackers  
Tossed Salad  
Date Orange Cake  
Coffee-Tea-Milk

Wed Dinner

Weiner Wraps  
Mustard, Catsup & Relish  
Potato Salad  
Carrot Sticks & Celery  
Tapioca Pudding

Thurs Breakfast

Orange Juice  
Bacon & Eggs  
Cinnamon Rolls & Toast  
Cold Cereal  
Coffee-Tea-Hot Chocolate

Thurs Lunch

Chili & Crackers  
Waldorf Salad  
Tomato Juice  
Apple Crisp  
Bread & Butter  
Coffee-Tea-Milk

Sat Lunch

Chop Suey on Rice  
Salad  
Sliced Tomatoes  
Shortcake & Biscuits  
Coffee-Tea-Milk

Thurs Dinner

Pork Chops in Mushroom Soup  
Mashed Potatoes  
Carrot Sticks  
Fruit Jello  
Cinnamon Pull-aparts

Sat Dinner

(To be planned by Day Committee)

Sun Breakfast

Eggs  
Ht Cakes  
Syrup & Jam  
Coffee, Tea-Milk

Fri Breakfast

Apple Juice  
Bacon & Eggs  
Cinnamon Toast  
Cereal  
Coffee-Tea-Hot Chocolate

and

Lots of Farewell Tears

Fri Lunch

LaSagne  
Vegetable Jello  
Garlic Bread  
Ginger Bread & Topping  
Coffee-Tea-Milk

Fri Dinner

Baked Fish  
Potatoes  
Tossed Salad  
String Beans  
Dinner Rolls  
Ice Cream & Cookies  
Coffee-Tea-Milk

Sat Breakfast

Juice & Fruit  
Bacon & Eggs  
Hot Cakes & Toast  
Syrup & Jam  
Coffee-Tea-Milk



## RECIPES FROM THE KITCHEN

Genie's Lasagna  
(for 50)

3 lbs. Lasagna Noodles	2 lbs. hamburger
3 to 4 onions	2 cloves mashed garlic
1/2 c. salad oil	2 # 2 1/2 cans tomatoes
2 lbs ground pork sausage	2 6 oz. cans tomato paste
	6 T Parmesan Cheese
	2 t. salt
	1 t. pepper
	2 T sugar
	2 lbs. American Cheese

Cook noodles not quite done in salt water, drain and let stand in cold water until ready to use. Saute onions in oil; add sausage, hamburger, and parmesan cheese, tomatoes and paste. Add seasoning. Cut cheese in 1/2" cubes. Layer noodles, meat and cheese in greased pan - 2 layers of each. Bake in 350° for 45 minutes.

## BAKED BEANS FOR 80

8 # Navy beans cooked  
 1 qt. molasses  
 3 c. brown sugar  
 2 bottles of catsup  
 4 T prepared mustard  
 1/2 c. vinegar  
 Bake 1 1/2 hours or until done.

Sausage and egg Brunch dish  
for 10

10 eggs	3 slices bread (cubed)
3 cups milk	1 small can sliced mushrooms
1t. salt	1 can water chestnuts (sliced)
1 t. dry mustard	1 medium dry onion (chopped)
1 1/2 C. cheddar cheese (grated)	

Mix thoroughly (having first beaten eggs and milk together). Place in 9 x 13" pan -- let stand overnight. Bake in 350° oven for 45 minutes. Let stand for 10 minutes. Serve and enjoy.

## RAW APPLE CAKE Elsie Lucore

3 eggs	1 t. cinnamon
2 c. sugar	1 t. salt
2 t vanilla	1 t. soda
1 1/2 c. oil	4 cups chopped apples
3 c. flour	1 c. nut meats

Beat eggs, sugar, vanilla and oil. Sift dry ingredients together. Add all ingredients together. ~~At~~ all at once. Fold in apples and nuts. Pour in greased 9 x 13 pan. Bake at 350° for 45 minutes to 1 hour.

191 Leila

Another super CHAT -

You grow dearer + dearer -

My favorite Redhead!

Take care of that Dale -

We had such a good  
time with you the end  
of March!

It's your turn now!

Much love  
Miriam + Jim



### - Basic White Bread -

2 pkg active dry yeast

1/4 cup dry milk

2 cups water

1/4 cup shortening melted

2 tsp salt

3 tablespoon sugar

3 1/2 - 5 cups flour.

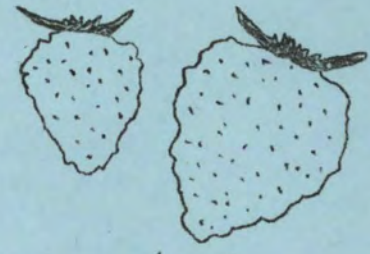
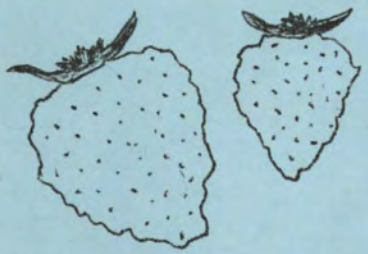
Dissolve yeast in 1 cup of luke warm water. Melt shortening and add to the milk, salt & sugar in bowl. Add yeast. Gradually add flour stirring after each added cup.

When dough becomes stiff, turn out on bread board and work in additional flour until elasticity forms. Let raise 1 1/2 - 2 hours. Punch down and form into loaves. Let loaves raise 1 - 1/2 hours. Bake at 350° for 30-35 min.

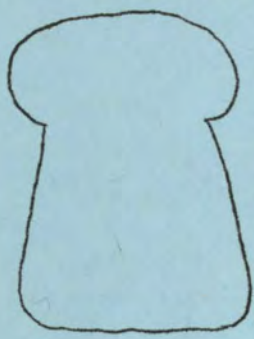
FOR WHOLE WHEAT USE 1/2 white flour and 1/2 wheat

# Saturnalia

## Menu



Toasty Bits ~ Fruit Juices

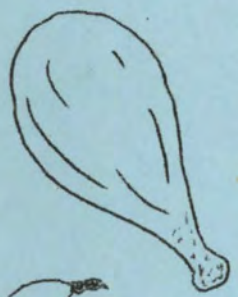


Vegies Dip



Fresh Fruit

Salad ~ Breads

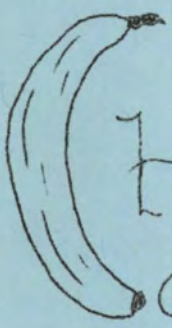


Chicken ~ Pork

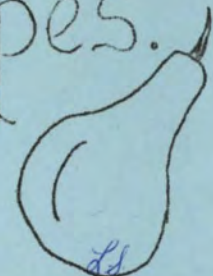
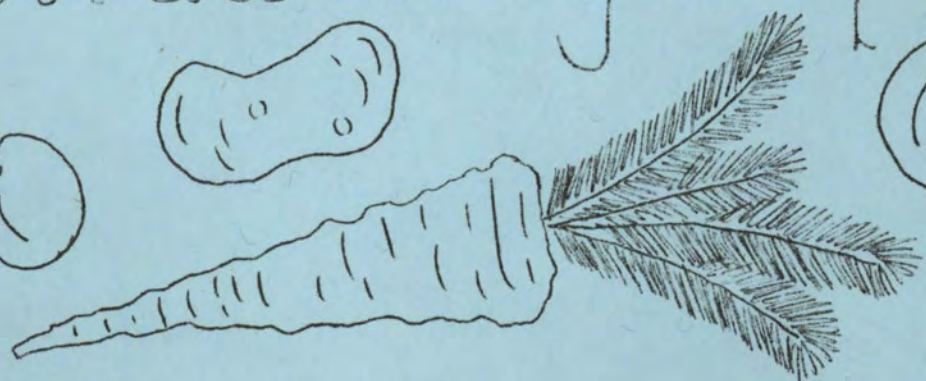
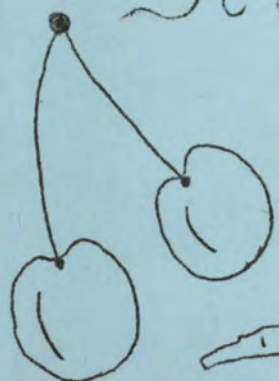


Rice Pilaf

Ham slices on rice



Strawberry crepes.

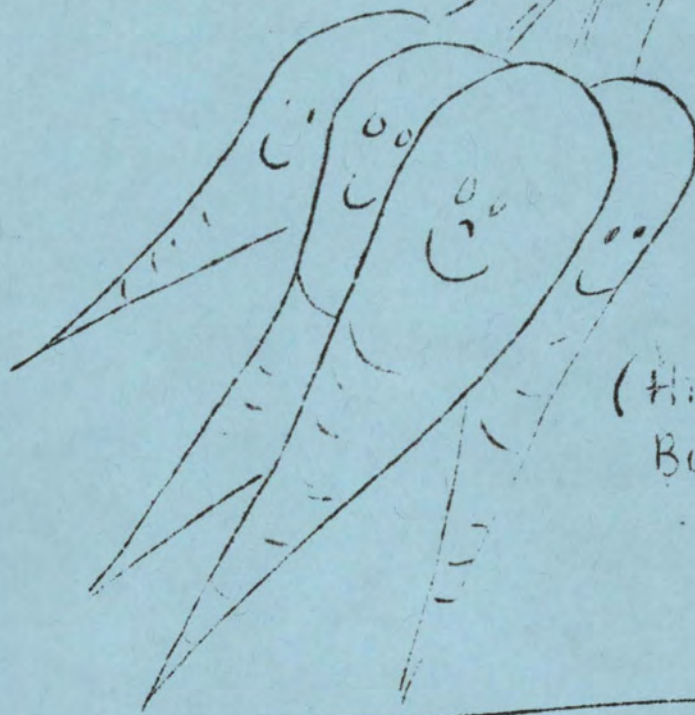


IFFEN 1/4

CARROT ALL,

WRITE YOUR NAME!

*Handwritten scribbles*



(the whole bunch)

195

LEILA - As always you were  
HERE HELPING TO MAKE THE WEEK  
SOMETHING OF WHAT IT WAS.  
THANKS FOR BEING HERE, THANKS  
FOR SMILING, AND THANKS FOR  
BEING YOU.

Love Patrick I  
5

Leila,  
It was so good to  
see you again. Your  
spirit and enthusiasm fired  
up the Chat spirit in me.  
Thank you, I love you  
Kurt

Leila it has been great  
knowing you. Without you  
I wouldn't have learned to  
do Batik. Thanks alot.  
Hope to see you again  
Love  
Forever Jeff Lucas

# AUTOGRAPH

Dearest Lela & Dale,  
 Many are over  
 memories and times that  
 we have had but the Now is so  
 much sweeter for that - lets have  
 more of the memories to add to our  
 tomorrows as each gives joy today!  
 Love Always  
 George

# RACE



You a great person  
with lots to share.  
You made it a great  
chat for me.

Love you  
James Dickson

Leila - you are  
special - many gifts yet  
to unfold. I hope this is  
just a beginning of a beautiful friendship  
with one of good beautiful people  
Best wishes

Leila  
you will be  
you are  
Love you  
Love you

Leila - Well  
I know it was  
another great CHAT  
for me - This is only  
the second for me -  
I know you had  
a good one - it  
shows - you really  
a neat individual  
Love ya.

Ken Schmitz

Leila

Your a little  
ball of joy, love  
and friendship  
Thank you for sharing  
your ball with me  
I love you  
Ls

Dear Leila, It's sure been  
hard to have missed most  
of this week but I'm glad  
I could share 2 days with  
all of you.  
The achievement of the  
mini-notebooks is so  
fantastic - you should  
bel really great. Thank  
you for all your work  
we let make this  
possible! I'm so  
glad!  
Thank you, too, for  
your rule  
a huge thank  
to  
Love,  
Jackie

# Autographs

John Hancock

Dear Leila -  
What can I say! You are  
Chat and a very, very dear  
friend. It has been so wonderful  
to see you again and share  
Chat experience - Gwen

What a beautiful  
person you are. But  
I worry about you  
because you work  
too hard - emotionally  
as well as physically.  
Take better care of yourself  
because we want you  
around for a long time.  
Zelda

Leila,  
To a beautiful lady  
I'll miss terribly. You  
have shared yourself  
with me and I'll always  
remember you. Take  
Love You! Care  
Laurie



Leila - Yorganyaton  
got people did make  
you'd have a house  
of solid gold  
Big Hug +  
Leila -  
wrote here close a!  
enough to give you 27!  
Back RVB EVER!  
I & Love your devotion!  
Stanzos  
You really  
keepership  
Buel.

DEAR LEILA,  
YOU'RE A GREAT PERSON, AND I THANK  
YOU VERY MUCH FOR HELPING ME MAKE A  
NECKLACE AND BATHING. MAYBE NEXT  
YEAR WE CAN BECOME CLOSER.

Love ya  
Jaquie

Dear Leila:  
another good year  
nice to see you  
again Genie

Leila

You did an excellent job on the  
chat book, your contribution  
to Chat is unmeasurable thank  
you very much

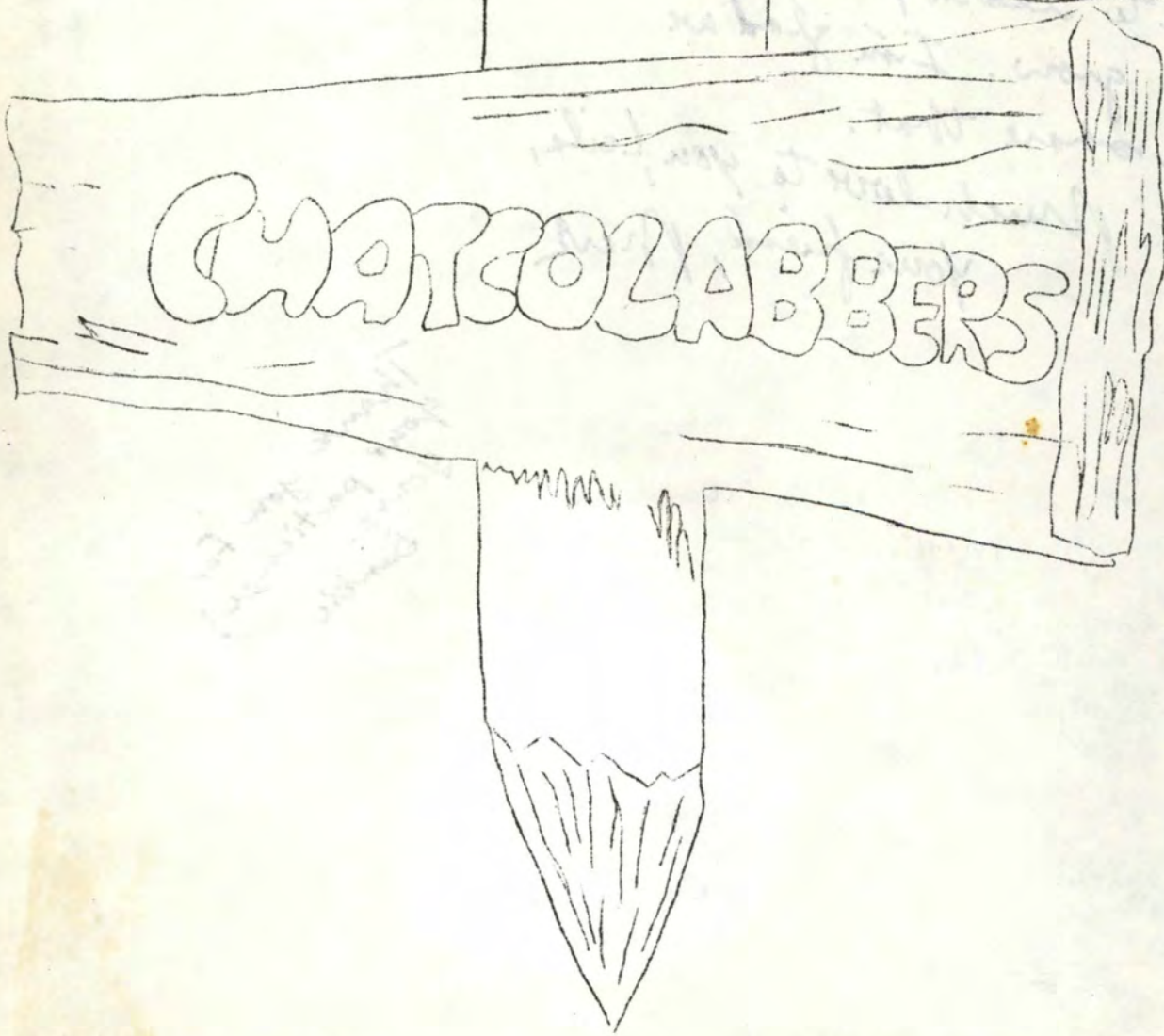
Leila  
I was glad to  
see you again this  
year in the book room  
we'll see you next year  
I love you  
Joseph A. MacArthur

lovely Leila,  
so fine & charming.  
thanks for the tangible  
memory book  
Marette

Love  
Lore

LEILA- YOU ARE ONE OF THE MOST PRECIOUS PEOPLE  
TO ME AT CHATOLAB, YOUR SMILE AND YOUR TEARS  
ARE SO SPECIAL. YOU'RE SO BEAUTIFUL. TAKE CARE  
AND REMEMBER, I LOVE YOU

BRIAN



May the  
wind under your  
wings carry you to  
where the sun sails and  
the moon walks -  $\overline{III}$   $\overline{F}$   
agape  
Sonya

Dear Leila,  
a good year -  
and goals to seek and  
blossoming to share - wow!  
Let's always strive to do this  
much.  
love,  
Elaine

Leila,  
What a joy to share  
yet another lab together.  
There's always as much  
more to learn, to bloom  
and grow. I'm glad we  
can share that.  
Much love to you, Leila,  
your friend, Mark

Leila,  
A good week  
Maybe one of the  
Best.  
Well see you at  
Dunglas  
Love  
Chris

Leila -  
I'm glad that  
I met you, and  
that I can consider  
you a part of my  
family.  
Love & Hugs  
John  
E. Headrick

Leila,  
thanks so  
much for sharing  
your sincere love.  
May the spirit of  
chat carry through  
til next year  
Love Diana

Thank you for  
your patience!  
Yours -  
Bumbie

Dick Headrick  
(asked)  $\uparrow$   
Forge

