## LIBRARY


Expanding Orbits"

May 12-17, 1963
Chat cola $\sim$ Camp Heyburn
Lame Chat colet
Plumier, Idaho

NOTE: This notebook is the outcome of one week of sharing experiences. The material was gathered, typed, mimeographed, and assembled during the camp.


Dear Friends,
Once in the darkness of living as I was carrying my feeble lantern which lit my passage thru life I came to a crossroad.

I took a trip around the world. Each passing day of this trip and each friend from (where?) made my lantern burn brighter.

Returning home with a torch instead of the lantern with which I had left. I tried to help others brighten the light of their life, but how could each person believe my light was so bright? Then one day Chatcolab was opened up to me and the dream of making lights bright came true.

Chatcolab has made a beacon of my torch. I see the lanterns come together one week each year, and watching them blaze up thru the week into a torch makes the darkness of living a joy of life eternal.

Someone said "We feel truly serene when we pursue our own inner purpose" and we must remember this is true of a child playing in the sand on a beach, of a miser counting his gold, of a doctor bringing a child into this world! The thing that counts within us is that our purpose be as full and as broad as our mind and soul can carry it. Once again Chatcolab does just that -- it broadens our scope and enlivens our goal by making the attainment a reality.

In all this, those who came before seem to have recognized the essence of a completeness of life in that.

Each person is recognized as able to make his contribution, and each feels the need to make his contribution. Each feels the need to make things go for the benefit of all and in so doing is benefited. These tend to create the spirit of fun and fellowship that permeates the group.

This is the atmosphere in which inhibitions dissolve and the inner person is permitted to rise and in time to remain with us--never again to retire behind a mask of conformity.



WHATS IN
THE POT FOR
NEXt YEAR??
12 $\underline{6}$ 3 OQMMITTEEAngelo Rovetto, Chairman --- 1963
John Kiesow, Vice Chairman - 1964
Lois Redman, Secretary ..... - 1964
LaRele Stephens, Treasurer ..... 1965
Don Ingle ..... - 1963
Cliff Robertson ..... - 1964
Ruth Munson ..... - 1963
Jack Baringer ..... - 1965
Barbara Kraus ..... - 1965
RESOURCE and STAFF
Don Clayton Singing and Discussions Bill Bunning ----------- Ceremonies and Discussions Jane Harris ---------------- Folk and Square Dancing Mary Francis Bunning --- Mosaics and Peasant Painting Helen Sawin ------------------------------- Cone Craft Leila Steckelberg ..... Rocks
Vern Burlison Parties and Nature Charlie Scribner Fly-tying and Early Morning
Lakeside Breakfast
Marge Bevan ..... Rocks
Cooks: Marge Leinum, Dolores Emert, Dorothy Sinclair
Notebook Staff: Hazel Beeman, Assistant
$1964 \quad \mathrm{C} O M \mathrm{MIT}$ TE
LaRele Stephens, Chairman ..... 1965
Dwight Wales, Vice Chairman ..... 1964 ..... 1964
Miriam Beasley, Secretary ..... 1965
Vernon Burlison, Treas. ..... 1966
Lois Redman ..... 1964 ..... 1964
Cliff Robertson ..... 1964
Dorothea Hardesty ..... 1965
Marie Gjersee ..... 1966
Howard Morton ..... 1966

Every Organization has mechanics-- some of these groups are engulfed by their mechanics, others have just enough to be expedient. CHAT strivesoto be one of the latter-- the basic mechanics of Chatcolab is a slight skeleton. Being a laboratorẏ, it needs the tools to accomplish the goals that crop up within us. $\Lambda$ THEN is one of these tools. Chatco-labbers is the group from where all this arrives, but this is just for one week. To keep Chat alive from year to year we elect a board from among US. This board pułlis the threads of the past years to form the theme of the years to come. It echoes our ideas back to us who can, to prepare to retum another year, and it reminds us to send those we wish to have at the next Chatcolab.

Angelo Rovetto

## Guests At Chat

5/12/63 Mrs. Russell Slade Walter Slade St. Maries, Idaho<br>5/15 Norma Doblen Prudie Burlison<br>5/17 Maurine Bell<br>MMarta Robertson Moscow, Idaho<br>5/18 Marcia Skaer, Spokane. Former Notebooll Editor.

MORF POETRY FROM LABBERS

For My Daughter
Life is short
Don't be afraid
Take every chance to be and do Life is Joy
Waste not through fear
Be you--not less
You can't be more.
Pat Durden.

Picture, picture, pictures. Ken, the painter man Teaches us to dare to paint, Tells us, "Yes you can!"

Poems, poems, poems!
Make us stop to think.
Ken, the painter teaches us
To paint with pen and ink. "Lil"

I met you all as strangers
In a setting strange to me As I listened, as I watched, As I sang, and Yes, I prayed, The strangeness left, the bond was made Friendships grew, my very life Was changed by you.

Pullman Barbara

First Row: left ts

Cliff Robertson
Bea Cole
Margery Reese
Jane Harris
Vicky Borgen
Connie Meyer
Cheryl Miller
Charlene Lind
Georgia Irvine
Dozores Finert
Beth Burrell
Janat Pugh
Mary Ellen Foster
Marge Bevan
Marty Emrick
Venice Parker


## Second Row:

Jim Beasley
Pat Irvine
Alura Dodd
Lillian Dove
Carol Kazmierczak
Mable Bird
Barbara Purdy June Judd
Pearl Bateman
Marge Santeford
Mary Ann Clarke Nettie Baird
Pat Durden
Lida, Brown
Hazel Beeman
Rrances Hatlelid
Janice Herman
Ruth Rasmussen
Irma Farnworth


## Third Row:

Gen Branch Dalice Finley Catherine Hammer Dorothy Sinclair John Kiesow
Ilene Fulker
Marlys McGrath
Gayle Neibauer Angelo Rovetto
Helen Sedy
Barkara Roberson
Helen Sawin
Karin Egged
Edith Kilby
Genie Townsend
Ralph Wilkinson
Marie Gjersee Dot Hardisty
John Lange
Jim Ross
Miriam Beasley
Andrea DeJong
Barbara Pepper
Marjorie Leinum
Mary Fran Bunning
Bill Bunning

## Foururth Row:

Don Clayton
Howard Morton
Charley Scribner
Ken Branch
Bernie Terry
Don Stephens
Joe Smith
Don Ingle
Helen Howe
Lois Redman
Ruth Munson
Verona Watkins
Elaine Rovetto
Sandie Nelson
Gary Kilmer
Leila Steckelberg
Ken Foster
Gary Sorum
Barbara Kraus
Dock: Stephens
Vernon Burlison
Dwight Wales
Walt Egged

| Name | $\begin{array}{r} \text { R } 0 \\ \text { Address } \\ \hline \end{array}$ | TER Send | Tuded f Finluy |
| :---: | :---: | :---: | :---: |
| Arndt, Sarah (4) | Box 14 <br> Moses Lake, Washi: | Crafts <br> Notebook, Music | Homemaker-Good News Club.V-Pres. Grant Co. Homemakers. |
| Baird, Nettie (1) | Box 74 Carey, Idaho | Youth activities <br> Sewing, $4-\mathrm{H}$ | Housewife |
| Bateman, Pear $7_{6}$ (2) | 6029 W. Quinaul Kennewick, Washington | Girls, People, Sewing, reading, Church activities | Housewife Chronic Volunteer |
| Beasley, Jim (1) | Rt. 2, Box 800 Oregon City, Oregon | Golf <br> Boy Scouts | Teamster |
| Beasley, Mirianf (2) | Rt. 2, Box 800 Oregon City, Oregon | People, esp.young ones. $4-\mathrm{H}$, PTA, Swimming, Camps | Mother Homemaker |
| Bevan, Margaret (2) | 304 N . Blaine Moscow, Idaho | People, gardening, oil painting, silver casting, cooking | Too busy to have one. |
| Beeman, Hazel R. (4) | 1712 Mt. View Dr. Boise, <br> Idaho | Arts \& Crafts <br> Nature, people | Employment Service Interviewer |
| Bird, Mable E. (1) | 635 E. Norton Bend, Oregon | Making a home for husband \& 2 teen-aged sons | Homemaker |
| Borgen, Vicky (1) | Rt. 1 <br> Kalispell, <br> Montana | Horseback riding, cattle, high school, $4-H$, Luther League | Student |
| Branch, Genevieve(5) | Rt. 4, Box 2354 Bremerton, Washington | A speciel Architect | Retired |
| Branch, Ken (5)? | Rt. 4, Box 2354 Bremerton, Washington | Poetry | Architect |
| Brown, Lida (3) (Mrs. Thos.E.) | Rt. 2, Box 783 Poulsbo, Wash. | Rocks, Hiking, <br> Youth inf general | 4-H leader Homemaker |
| Bunning, Bill (15) | 1931 N. Corona St. Colo. Springs, Colorado | Hendicrafts and People | Craft instruction |
| Bunning, Mary Fran (15) | 1931 N. Corona St. Colo. Springs, Colorado | People | Craft teacher |

Burrell, Beth Ann (1)Route 1, Box 16-50 Tropical Fish


Foster, Ken (1)
Foster, Mary E1I en (1)

Suffolk, Montana
R.R. \#3 Box 50

Lewiston, Montana
Box 77 Hannon Hall Montana State College Bozeman, Montana

Finley, Dalice (2) 819 Harold Ave. Moscow, Idaho

Family - Husband (1) Housewife
Children: 17, 15, 14 12, 9, 7
4-H
Music, swimming, home- High School making, FHA, Recreation student program leadership

Reading, 4-H Homemaker
People
4-H Leader Homemaker
Gardening, Kids in general - $4-\mathrm{H}$
in particular
Girls-recreation (all Jr. Leader types), FUN $4-\mathrm{H}$, Student

Sports - Recreation College student
(all types) - Boys Jr. Leader- 4-H
crafts

-


Hardisty, Dorothea (2)
21016 W . Larch Way Teenagers, camping, Homemaker
Alderwood Manor, Wash horses, sewing,
cones, mosaics.

|  |  | Harris, Jane (1) |
| :--- | :--- | :--- |


| Name | Address | Interests | Job |
| :---: | :---: | :---: | :---: |
| Kazmierczak, Carol <br> (I) | P.O. Box 325 Warm Springs, Oregon | Church-Youth Work Art | Homemaker |
| Kiesow, John (3)34 | Lakeview, Oregon | Horsemanship, Archery, Camping | County 4-H Agent |
| Kilby, Edith Lo (I) | Rt. 2 <br> Box 6036 <br> Issaquah, <br> Washington | 4-H Leader Knitting | Homemaker |
| Kilmer, Gary (1) | Rt. 1 Box 95 Sheridan, Oregon | Music, Sports, People, Girls | Student 4-H Jr. leader grocery clerk |
| Kraus, Barbara (4) | 718 East lst Moscow, Idaho | Music, Dancing, Golf | Homemaker |
| $\text { Lange, } \mathrm{John}^{(I)}$ | P.O. Box 796 <br> Watterville, <br> Washington | Nature, Campfire Music, Story Telling | Horticulturist \& 4-H coordinator |
| Lind, Charlene (1) | 611 E. Powell Blvd. Gresham, Oregon | Sewing, reading, hiking Learning to ski. | 4-H Agent |
| Leinum, Marjorie (I) | Rt. 1 Box 48 Coeur d'Alene Idaho | People, crafts, fishing \& hunting, Chatcolab cook | Office Mgr. Hospital |
| McGrath, Marlys (1) | Mansfield, Washington | Music, Nature | $4-\mathrm{H} \mathrm{Jr}$. Leader Student |
| Meyer, Connie (1) 5 | P.O. Box 365 <br> Albany, <br> Oregon | Youth work, Camping | 4-H Agent |
| Miller, Cheryl (1) | 9705 NE Multnomah St. Portland 16, Oregon | Swimming, animals, (dogs), hunting, leathercraft, games, demonstrations, round dancing. | Student |
| Morton, Howard J. (2) | Box 174 <br> Hardin, Montana | Woodworking <br> Comm. Development <br> \& Youth | County Ext. Agent |
| Munson, Ruth (3) ${ }^{\text {M }}$ | 2305 Castle Way So. Alderwood Manor, Washington | $4-\mathrm{H}$, Sewing, People, Camping, Beachcombing, Relaxing. | Homemaker |
| Nelson,Sandra (1) ${ }^{\text {S }}$ | 204 Riverview Blvd. Great Falls, Montana | 4-H, Church, FHA, People | Student $4-\mathrm{H} \mathrm{Jr}$. Leader |


|  | Address | Interests | Job |
| :---: | :---: | :---: | :---: |
| Neibauer, Gayle (I) | 205 Scuth 35th St. Billings, <br> Montana | Knitting, Sewing, Cooking. Youth work, 4-H Jr. Leader, swimmi | student |
| Parker, Venice (1) | 816 West C. St. <br> Moscow, <br> Idaho | Campfire, Day Camp | Homemaker |
| Pepper, Barbara(1) | 1085 Tulare St. Kingsburg, California | $4-\mathrm{H}$, Recreation, Jr. Leader, Swimming. | -Student |
| Purdy, Barbgra (1) | 709 State Pullman, Washington | Canpfire girls, sports, Square dancint | s, Housewife Thesis Typist |
| Pugh, Janet ( | Box 190 <br> Shedd, <br> Oregon | Swimming, Water Skiing Cheerleading, $4-\mathrm{H}$, GAA Pep Club, School | $\mathrm{A}_{\mathrm{A}} \text { Student }$ |
| Rasmussen, Ruth (4) | $\begin{aligned} & 107 \text { So. Spring } \\ & \text { Pullman, } \\ & \text { Washington } \end{aligned}$ | Dancing, music, crafts | Housewife |
| Redman, Lois (3) | 744 N. 31st Corvallis, Oregon | Recreation, Ping pong | State 4-H Agent |
| Reese, Margery (2) | 1706 Jacobson Blvd Bremerton, Washing | Rocks, cake decorat dan cing, canping, hi beachcombing \& peopl | ting, Homemaker hiking, ple. |
| Roberson, Barbara (1) (Mrs.) | Rt. I Box 724 Monroe, Washington | Crafts and anything els | Ise $4-\mathrm{H}$ leader |
| Robertson, Cliff $^{\text {P }}$ (3) | 1307 Walenta Dr. Moscow, Idaho | Woodworking, golf, family camping/ | Dentist Pig cooker |
| Ross, James M. (1) | County Extension Great Falls, Montana | rvice <br> Youth group ( $4-\mathrm{H}$ ) <br> Sports, Horseback riding | County Ext. Agent |
| Rovetto, Angelo (4) | 1608 Fruitvale Blv <br> Yakima, <br> Washington | Philosophy, people, good full life, skiing and people. | cleaning \& laundry owner. (Constr. Eng, (World travel. |
| Rovetto, Elaine ${ }^{3}$ | 1608 Fruitvale Blv <br> Yakima, <br> Washington | Philosophy, people, Recreational leadership. | Housewife <br> Asst. Morale builder. |
| Senteford, Margie (2) | Rt. I Box 372 Snohomish, Washington | Sewing, crafts, square dancing | 4-H leader Housewife |



## Song of Ye Editor

I took the notebook job myself-Nobody threatened force;
I thot it would be just a breeze So I seid - Yes, of course.

So now I am your Editor With pencils, pens and such But till I get some copy in I just can't edit much.

I used to have a lot of friends Who laughed and were so gay Now when I say "Notebook" to them They turn and fly away.

I've looked for writers everywhere
The only one I've found
Was at the lake; I yelled "Notebook" He jumped right in and drowned.

I've had Doc give me sleeping pills So I could close my eyes; Yet all night long I walked the floor, I just don't tranquillize.

But if you each write up your craft, Discussions, games or fun I'll set my watch back twenty hours And get your notebook done!

Song courtesy Bill Bunning in cooperation with the Notebook Staff - 1961
"Ditto" - 1963
Dalice Finley
Hazel Beeman



Orange
Beth Burrell Doc Stephens Dolores Emert Dot Hardisty Dwight Wales Gary Kilmer Gen Branch Helen Howe Ilene Fulker Marty Emrick Pearl Bateman

White
Angelo Rovetto
Bill Bunning Batherine Hammer Connie Meyer Dalice Finley Edith Kilby Jim Ross Joe Smith Marlys McGrath Verona Watkins

Yellow
Barbara Roberson Charlie Scribner Georgia Irvine Janet Pugh Janice Herman John Lange Marg. Leinum Marge Bevan Marge Santeford Mary Ann Clark Ruth Munson

Brown
Bea Cole
Cheryl Miller
Elaine Rovetto John Kiesow June Judd Leila Steckelberg Lillian Dove Margie Reese Marie Gjersee Vickẏ Börgenn

Green
Alura Dodd Barbara Kraus
Don Clayton Don Stephens Frances Hatlelid
Ken Foster
Lida Brown
Nettie Baird
Ruth Rasmussen
Sandra Nelson
Sarah Arndt

## Blue

Andy DeJong
Barbara Pepper
Cliff Robertson
Gary Sorum
Hazel Beeman
Howard 'Chief'Morton
Ken Branch
Mary Ellen Foster
Mary Fran Bunning
Pat Durden


## THIS WEEK

MONDAY - QUIET, SILENCE
TUESDAY - LISTEN, LOOK
WEDNESDAY - BUST, CLOWN
THURSDAY - HAFPY, BIRD
FRIDAY - SOLID, PROUD
SATURDAY - TIRED, LADY
SUNDAY - GOUDBYE, LOVE, HELLO!

Dot.
a labber's perspective of Tuesday's Discussion.

| Group task | GRoup Building | Individual <br> Roles at Lab | Ken |
| :---: | :---: | :---: | :---: |
| Initiat | ager |  |  |
| Contributor | Harmonizer | Homemaker | Man |
| Information seeker | Compromizer | Young adults | Husband |
| Information giver | Gate Keeper | Youth | Father |
| Co-ordinator | Standard setter | Extention | American |
| Evaluator-critic | Observer | Personnel | Washingtonia |
| Energizer | Commentator | Professional | Coast area |
| Procedual | Foll |  | differ |
| Pechnician |  |  | from others. Architect |
| This discussion wa | very fascinating | and satisfy- | Many tal en |
| ing to me, because it rapidly became clear that |  |  |  |
| I have a role important to my fellow man, and most of all to |  |  |  |
| ME, no matter what the circumstance or my ability. We all have |  |  |  |
|  |  |  |  |
| tried to find it out and Chatcolab certainly is the place where you can try your skills in many facets, and as we discovered |  |  |  |
|  |  |  |  |
| this week, many were artists and poets who had never tried to |  |  |  |
| find out, and if they had tried many years ago, they might |  |  |  |
| have been GREATS by now. |  |  |  |

The questions brought up in this discussion were more or less important to our week at camp.----Should the men be served breakfast in bed one morning, and Should the duty wheel be turned one notch as in the past, or given a spin for chance. But-----the method of handling discussion groups was an important lesson, and when we returned to a general discussion group, the discussion was fast and well taken.

The youngsters said they were more "flexible" and could change more, yet they said they have certein likes and dislikes, and stick to it. They thought the older people too set in their ways, and couldn't change.

During the week, however, most of the older labbers kept up with the youngsters pretty well--except for staying up late! But I am sure we all agree-the young people really showed they were the tops in their community, and at Chat. We were proud of each and every labber!

## TASK FUNCTIENS OR ROLES

Member Behavior Required for Doing Group Work


Leader-Member Behavior Requirod for Building and Maintaining the Group as a Working Unit

| L. |
| :--- |
| Encouraging: Being |
| Eriendly, warm, and re- |
| sponsive to others, ac- |
| cepting others and their |
| contributions; regarding |
| others by giving them an |
| opportunity or recogni- |
| tion. |.

For evaluating the discussion on Tuesday the delegates were given survey cards on which they identified themselves as to 1 , their responsibility back home, such as young adults, professional and extension worker, or homemakers and miscellanenus leaders, and 2, their sex since it was related to the subject material under discussion.

The group was asked questions to which an answer could be indicated in a degree of feeling by shading in a number from 7, reflecting high feeling toward question content, to 1 , reflecting low feeling.

Following is a list of the questions asked with an indication of the trend of the feeling of labbers toward the questions.

Young Adults Professional and Extension Homemakers \& Misc.
A. As of today, do I feel that discussions are an important part of Chat? To what degree?

High 7-6-5
High 7-6-5
High 7-6
B. How important was the subject matter in today's small groups?

Low 4-3-2-1
Low 3-2-1
Low 3-2-1
C. Did I fee1 free to express myse1f? Was I straizht forward, open with my group?

High 7-6
High 7-6-5
High 7-6-5
ग. Was it valuable to have someone tell me my role in the small group to day?
Moderate high
High to middle
Scattered

$$
6-5-4
$$ 5-4

E. How clear was the purpose of the discussion today? Middle to Moderate high Scattered Scattered to moderate 10w

Thursday:
Subject; Why Party?
Format: Panel - Members serve as Discussion Leaders in small groups.

Timing:

1. Introduction - Game to establish small groups Telegram with words Beginning with $\mathrm{Pa} A-\mathrm{R}-\mathrm{T}-\mathrm{Y}$. Groups Numbered P-A-R-T-Y.

Some sample telegrams were:
Please attend roaring time in elevated subway. Parties are really tremendous if everyone stays.
Prepare all rag torches to enlighten spirit. Please announce right time insiring exciting surprises.
Problem arrises regional theologist interfering everything snafu.
Please arrive ready to ignite everything spontaneeusly. People all 'rrived talking in exciting syllables.
2. Dialogue based on definitions of "play" and "party".
3. Small group discussion of "Why Party".
4. Panel discussed fingings of small groups.

Findings:
A. Needs that parties meet

1. Togetherness 91 Learning skills
2. Free Relationship
3. release of tension
4. Try New roles (self-finding)
5. passive-active
6. Dare and share
participation
7. Acceptance 12. need to let down
8. Vicarious experiences
9. Joy in notion
10. Joy in skill
11. sad need for status
12. pause that refreshes
13. to persuade (sales)
B. Elements of a Good Party.
14. Responsibility - Mutual envolvement
15. Freedom
16. Responsible participation
17. Acceptance
18. Parody on the way we would like to live.
C. When To Party?
19. The conflict of work and play was expressed.
20. There was a strong feeling that work should be meaningful play whenever possible.

SUBJECT: EVILUATION-"What does it mean to
FOLMAT: OPENING STATEMENT
PLAY THE GAME OF AND FOK SQUARES EVILUATE PROCESS AND FEELINGS IN THE SMALL GROUPS
 MOVE OUT INTO SUNSHINE AND DISCUSS THE GOALS, OKGANIZATION AND PROCESS OF CHATCOLAB FROM WHERE YOU SEE IT.

TIMTNG: INTROUCTION - The two big questions that probably have been in some of us this week are 1. "How am I doing?" (Involves Problem Solving)
2. "What does it mean to me?" (Putting a value on experience)

Evaluation sessions as forma1, planned affairs may we 11 be sterile and lifeless but evaluation as a process in living is integral to being human. If, as research is proving, each of us had a separate world even though he lives intimately with others) THEN THE VALUE OF AN EXPERIENCE AND PERSONS WITHIN IT IS UNIQUE.
"You can weigh John Brown's body we11 enough, But how and in what balance weigh John Brown?"

Stephen Vincent Benet.
life, especially at the human and social level is more subjective than we like to think. Facts might make our beliefs in physical science but beliefs too of ten create cruel facts in the social sciences. As one makes his way through life he has himself on his hands with a primary concern for his own defense and/or enhancement to somehow handle. "How am I doing?" and "ihat does it mean to me?" are very real and persistently personal questions.

The dilemma is created when, along with the evaluation of our own progress, we need to be constantly aware of the social situation in which he operates. Others are affected by our behavior. Because social acceptance by certain of these evaluators at least seems to be essential lest we deprived of important socia1 intercourse of orbit trave1. So, it seems that we must somehow come to a sharing or enter into an open communication between people as to how these viewpoints 10ok. Just how easy do you sunnose it is to share. Is it easier to give or to receive?

A SQUARE GAME OF GIVE WTTHOUT TAKE:-(See diagram for square pieces) Each table had five nlayers who received three pieces that did not match to make up a fitted square. However, the nieces that they needed were in the possessions of one of the other players at that table. There were also observers at each table to observe the action.

Objective: Each Player is to make up a square of only three pieces. (You can adत a competitive factor by recognizing the first table to finish.
zules: There is to be no talking or sign language (Observers included) You can only GIVE pieces to another player. NO TAKING from another is allcwed.

After each table had completed their task the observers and players at each table were asked to take nart in a discussion around 1 - the process that tock place in trying to give in order to gain the objective of getting a square of matched pieces.

DISCUSSION AS A LARGE GKOUP OF DIFFICUI TIES IN EVALUATION WITH OTHERS: After suggesting the problems of Order (destina. tion, aim, preferred location, nbjective, purpose, value, etc.) Process (means, movement, program, organism, etc.) and Order (framework, structure, or canization, etc.) the labbers were asker to discuss this 1 ab experience and the matter of its being carried on in future years in terms of these three prob1ems.

SMALL KEPORTS AS PRESENTED BY GROUD REPRESENTED:
GROUP
FTNDINGS: 1. The observer role was very difficult to maintain. One wanted to he $1 p$ the players.

On the problem of order - should there be a requirement for $a 11$ labbers to attend all meetings (instead of sleeping through some)? Should there be a lights out time? When will they be given the chance to make these decisions if not here? This year junior labbers have participated as much or more in discussions. On the value of the lab. - The present flexible order is satisfying if one participates fully.
2. Should that be more planned? No, people gain by planning. Results! Chat helps people as individuals grow year by year. Should it be a lab? Yes, because work isn't laid on the line. The lab is an experimental affair. What do we 1earn? To plan things that can be carried over to younger people. The chance to organize more than once (working on more than cne party committee adds confidence). We gain skills which can be taken home. On Junior Iabbers. How far should the board go in providing chaperones? They shouldn't. Junior labbers feel responsible for their actions. They want adults with them.
3. Goa1s. Cooperation (togetherness); 1nsing one's identity: offering the kind of leadershio that serve as models to learn from. Imnortant about Chat. The "being with you all the way" kind of sunport. The chance to find cut what and how we do things and what it means to us.
4. This is a leadership learning experience offering more than any schon 1 ever hoped to in the line of security, confiAence, inspiration, etc. It doesn't tell us what to do and why but it opens the door of our minds so that we put forth more of ourselves and our ideas and hopes and aspirations instead of hugging a11 these to our selves and keeping them hidden. In working with young people it is important to make them realize self-worth. If a young person is not able to do one thing perhaps they will find a niche in life in another area. Don't let them feel they have to all surpass in the same thing. We are followers even as we are leaders.

We follow other leaders but could it be that we are following ourselves? Lab is a good word. We are experimenting with ourselves, our ideas; with this experiment we are able to use our initiative much more - or feel freer to ust it. The goal of attainment is to do a job so well that it is worthy of being copied.

Chatco is a leadership learning experience which allows people to realize their self-worth. Ve are followers even as 1eaders experimenting with our se1ves.
5. We feel camp is not only a leadership recreation camp but a camp where leaders come to 1earn or to relearn to take back to their own group.

We feel if slides were available, this would promote Chatcolab.

A person has to be flexible to get enjoyment from camp.
The prob1em presented to us this morning, we fe1t in order to straighten out the puzz1e we have to observe. By talking over our problems we found that most of the groups had five small goa1s, each individual had one goal, which was to complete his own square not realizing they had to have all five squares completed before being able to complete the one main goal.

We fee1 that communication is one of the most important and main parts of life, because without communication we coulln't exist. We feel this way because by having our communication of talking and sign language taken away we resorted to another type of communication by mental understanding of others problems.

By observation we have found out others problems, we have found this out by, playing with the puzzle this morning. After finding out the person's problems we can not solve this problem. We can only help, but the person himself must solve it.

## SMATL GROUP DTSCUSSTON NOTES

Extreme change of attitude from the 1st of the week until the middle of the week because the build-un is so great before.

Many aren't flexible in their attitudes when you first come to Chat but find through work with others that you get flexible and are able to think both ways.

Organization seemed poor at the first of the week but seemed to become more orderly as our interest grew.

Experience seem to be our best teacher in most of our prob1ems and gives a chance to handle failure better.

Conclusion is not matter who you are, what you are, you are accepted. Also, there are many interests which we can develope.

SUBJECT: People, Program and a right relationship
FORMAT: 1. Business meeting culminating in the election of board members.
2, Sumary of central lab. theme for the week by the discussion resource person.
3. Discussion by the entire group in sharing their personal viewpoint in developing a descriptive listing of ingredients in laboratory living.
4. Labs evaluating by individual using survey cards.

OPENING: A philosophical statement to undergird our theme "Expanding Orbits" could well be "No man steps into the same river twice, because both he and the river change." (Heraclitus)
Seoms to be a number of poople saying that they have felt a kind of freedom of movement of their life and world in both a kind of growth in self understandin; and in moving into a kind of right relationship with others.
Is that which we are feeling to a degree here also what is involved in this thing called democracy?

Four suggested Comerstones of Democracy:

1. Participation (The necessity for practicing ideas-- getting involved)
2. Responsibility (Doing or overt behavior needs the sense of being obliged)
3. Status - Social Position (The feeling of worth or place in the eyes of important or significant others in our lives)
4. Freedom (This has to be more than from-- direction and ongagement has to be for and intimately with those and that which is deoned veluable)

Perhaps the word-symbol which might better describe this ingredient which is in this experionce is COMMUNION. What or how or where do we find this sense of mutual inter-relation with people because they aro persons?
FINDINGS
DISCUSSION:
COMMUNION (Relating with people as persons first and foremost)
in and thru--...-
SIIVGING (also dance, crafts, drama, poetry, etc.)
PLAY (See Thursday's discussion
WORK ("Work is love made visible" Gibran)
TALK (Talk that moves away from periphery in toward conter-depth)
SIIENCE (the need to gain education of our non-verbal worlds)
SELF (Honesty in one's alonenoss helps climinate loneliness)
CONCERN (finding sclf by getting lost feeling another's need)
TOUCH (smell, taste)


## SATURDAY'S DISCUSSION CONT.

EVIILUATION: The same systom of evaluating with cards used after Tuesday's discussion wes used. The same identifying marks on each card were used with the addition of giving the number of years the delegate had attonded Chat.

Questions were designed to:

1. Provide iniormation for future lab planning,
2. help evaluate the current lab,
3. provide provacative questions for each delegate toexamine his experience,
4. Satisfy needs of board mombers and staff conceming job of planning and executing of lab.

Following is the list of questions asked with an attompt at indicating the trend of the feeling of labbers toward the question. Since this is a first attempt at such a form of evaluation, it is likely some questions are poorly phrased to get an accurate measurement of group feelings. Some may be quite invalid. No conclusions have been made. Above the question is givon the key to the catagories used to study the results. The rosults of the other categories such as sex and number of years at lab heve not yet been compiled. Under each question is an indication showing how that group of delogates ratee thair feelings about the question.

EXMPLE : Young idults Prof. and Ext. Homomakers and Misc. A. (question) High 7

High 7-6
High 7-6-5
The numbers 7, 7-6, and 7-6-5 indicate that these were the spaces where the highest percentages of delegates registered their feelings.

YOUNG ADULTS PROFESSIONAL \& EXTENTION HOMIMAKERS \& MISC.
A. is of todoy, to what degree do you personally rate your lab experience? High 7 High 7-6 High 7-6-5
B. ^As you recell, how would you heve rated your experience as of Sun night:

High 7-6-5 High toimiddle 6-5-4 Mod. High 6-5
C. Where do you rate crafts in value for you in total camp life program? High to Middle 6-5-4 Moderately High 6-5 High 7-6
D. How do you rate planned discussion sessions in terms of personal satisfaction? High 7-6 Moderately high 6-5 High 7-6
E. I think enough time and importance was given to family groups. High 7-6 Scattered Mod, high to middle 6-5-4
F. I felt handicapped in crea of cormunication when forming my square or observing Fridey's discussion.

Scattered to low Scattered high to low Scattered to low.
I picked up some skills in
G. Party planning and coremonies

High 7-6 Mod
H. Square dance calling Scattered 7-1

Scattered 7-1
I. Leadership singing : High 7-6-5 Scattered Moderate 5-4-3-2

Low 1
J. Committee discussions
$\mathrm{Hi}_{\mathrm{i}}$ 7-6-5 Scattered 7-4
Scattered 4-1
K. I feel Chatcolabbers accepted me.
High 7
High 7-6-5
High 7-6
L. I shared some ideas during the week. High 7-6-5-4 High 7-6-5 High 6-5
M. I "tested" new ideas that I have been reluctant to try back home? High 6 Scattered 7-4 Scatbered 4-1
N. The labbers accepted my ideas. High 7-6 High 7-6-5 High 7-6-5
0. My group back home accepts me in the same way. High 7-6-5 Middle 6-5-4-3 High 7-6-5-4
P. This week at Chat makes me feel more confident in my orbit of space in rolation to working in my group at home. High 7-6-5 Middle 6-5-4-3 High 7-6 -5-4
Q. I felt obligated all week to get something to take back home to my group. High \& Low 4-3-2-1 Scattered to low
R. I felt unembumbered from pressures back home in relation to my experiences at Chat. Scattered High 7-6= High 7-6
S. I gained new ideas or perspective on how I work with others in a group. High 7-6

High 7-6-5-4
High 7-6
There were several crafts offered at Chat. Rete degree of interest in:
A. Wood craft Scattered to low High 7-6-5-4 High 7-6-5-4
B. Pine craft

Scattered to low Mod. High to low
High 7-6-5-4
C. Rock and silver craft Scattered

High 7-6-5
High 7-6-5
D. Peasant painting Scattered

Scattered
High 7-6-5-4

## E. Fly tying

 ScatteredSca ttered

Moderately Highto low 5-4-3-8-1

There were several special interest study groups offered for labbers to test and share ideas. Rate degree of interest in:
F. leadership singing $\mathrm{H}_{\text {igh }} 7$ High 7-6-5-4

High 7-6-5
G. Folk and square dancing High 7-6

High 7-6
High 7
H. Ceremonies

High 7-6-5
High 7-6
High 7-6
I. Nature

Moderately low 4-3 High 7
High 7-6-5
J. Party Planning High 7

High 7-6-5

High 7-6



Theme: Our Orbits overlap at Chatcolab.
Setting: 01d Rec. Hall, fireplace lighted. Chatcolab candles on pedestal in center of room. A circle of green cedar branches signified the group orbit of Chatcolab. On entering the hall, labbers were each given a piece of string that was used to signify individual orbits. Labbers formed a standing circle around the entire room, outside the circle of cedar branches.

Action: Mood was set by group singing, the main thought in the singing being: "Each campfire lights anew The flame of friendship true The joy we've had in knowing you Will last our whole lives through."

Speaker: From the time that man first realized he was man, fire has been symbolic of many things: light, warmth, fellowship, spirit. So the campfire is the symbol of Chatcolab from one session to the next. And from the campfire we light the large candle that symbolizes the real spirit of Chatcolab-sharing.

As the main candle was being lighted the group sang these words:
(Tune: Each Campfire)
"Within my heart there burns a flame That is not yours alone or mine But held in trust to carry far That everywhere this light may shine."

Chatcolab is a group of individuals with a common purpose--growth in leadership ability. The planning work necessary between sessions is done by a board elected by the group. The board makes general plans, takes care of arrangement details, selects resource people to guide the program; but the real substance of the lab program is provided by the libbers here on the spot.
own self (hopes, wants, fears, talents, etc.) to Chat now, what do we get out of it? These were the things spoken of:

Ski11s: learning to do new things.
Fun: enjoying the fun activities with a group of fine people.
Participation: the opportunity to really take part in the program so I feel it is part mine.
Ideas: one of the most worthwhile benefits of Chat is the value of new, usable ideas I take home.
Friendship: the opportunity to make friends without knowing the status of the people I become acquainted with.
Sharing: so much of Chat is a result of not one person's abilities, but those of a group. I like the opportunity to share.
Attitudes: the experience of working together for a week at Chat changes the way we feel about things.
Tolerance: the atmosphere of Chat promotes individual growth in tolerance of the "se1f" of others.
Knowledge: I have gained much helpful knowledge at Chat--the most significant bit being the nature of leadership and the power of the groun.
Confidence: the cordia1, friendly, uncritical atmosvhere of Chatcolab he1ps build my self confidence and my confidence in others.

Labbers were asked to each place the piece of string around himself (herself) and let it indicate his (her) individual self-orbit. They then connected their self orbits with the persons on the right and left of them. Everyone stepped forward to stand on the orbit (circle of evergreen boughs) of the group.

Speaker: We have come to Chatcolab as our own individual selves. Using the strings to indicate our own self orbits, we saw that our self orbits overlap with other self-orbits. And now we stand together in the orbit of the group. We have heard of the opportunities, challenges, and benefits Chat offers. The realization of these depend upon how well we "orbit" together. The real questions we face as we begin this week's experience of living and working together are these: As a group will we orbit around the periphery of the potential experience, letting the importance of our self-orbits overshadow the opportunity of our group? 0r, will we move to the center of this experience that is available to us and allow se1f to serve the group?

Closing: Group singing, main thought being: (Tune: Each Campfire)
"Now as we join our hearts at Chat With kindred minds of those who care A flame may burn with courage strong Sprung from the common spark we share."

Fo11owed by :
"Kum ba Yah"
"Sing Your Way Home"

## KING OF MTSRULE

Long ago in 01d England the common folk elected a so-called King of Misrule. Celebrations were he1d for a period of 30 days and after the festivities the king of misrule was beheaded by the queen.

Today, however, we are free to choose our leaders and participate without fear of what others will think. Especially here at "Chat" we strive to develop characteristics of situation, leadership, participation, atmosphere, and enthusiasm. We get out of this just what we put into it so during the rest of the week think about how you can strengthen yourself as an individual.

And tonight, like several centuries ago, we will close with the "F1aming Snapdragon Ceremony."

This ceremony was tied in with the crowning of a queen. One person represented a "King of Misrule" and 5 persons read the different parts.

The "Snapdragon Ceremony" is performed by soaking raisins in some alcoholic liquid which will burn, (brandy, extracts, etc.)

## Ceremonial - Tuesday Night

At Twilight the group was led in a procession to the lake for an outdoor ceremonial around a campfire.
"Follow The Gleam" was sung on the way to the campfire. As the group surrounded the fire we sang "We Come, We come to Our Council Fire"

We come we come to our council fire, With measured tread and slow To light the fire of our desire To light the fire of Wohelo Wohelo, Wohe1o

The little twinkling stars on high Are whispering nature's lore While all around us the soft winds sigh And great Wocanda watches o'er Wohe1o, Wohe1o.

This was followed by "Oh, how Lovely is the Evening".
From out in the boat voices were heard singing:
"White Wings", then as those in the boat rowed toward shore, "Peace of the River", and "A11 my Little Ships".

As the group from the boat left the dock and walked to join those around the campfire "Red Sails in the Sunset" was played on the harmonica.

After all were assembled around the fire the ceremony was drawn to a close with the entire group singing together: "Now the Day is Over". The singing continued as the group walked back to the camp ground along the path which was lined with 1uminaria1s.


Theme: "He11o"

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Narrator: - Mar1ys G.
"One-Work" - Ilene
Crippled Boy - Ken
Bus Driver - Gary K.
Bus Kiders - Janice, Gay1e, Mary E1len, Vicky.
Assistants - Don I., Don C.
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The ceremony opened with the entire group joining in singing "Vive a'lamour" and "The More We Get Together"

Narrator: A11 of us have come from a busy wor1d. We are busy going to work, to school and many different meetings and activities. The things we've found here at Chat will never be forgotten---being able to fit into a group and make new friends. We are learning how important others are and that if we walk as a friend, we will find a friend. We would like for each one of you to place yourself on our bus and see how you would react. Watch "one-word" and see what you can learn from her.

Narrator: Our story is about a 1 ittle gir1 whose name is "one-word". She is just like any other 1ittle girl and as our scene opens she is just boarding the bus for school.

As she steps up the stairs, the bus driver frowns and snaps at her, "Hurry up! Put your money here and step to the rear of the bus."
"One-word" promptly obeyed, but as she tcok her place she began to notice the people around her. She began thinking, "My goodness but these people look bored. Just by looking at them you'd think the whole wor1d was against them!"

However, this didn't discourage "One-word", she looked at the lady in front of her and said:

One-Word: "He11o"
Narrator: The lady put down her newspaper, looked up and said, "We11, he11o". The lady kept staring at "one-word". She was trying to decide what it was that was different about this little girl. She was like many other little gir1s---she had short, dark hair with a oretty bow in it, and a cute red dress on. The others on the bus began to notice "One-wor A" too. It was her expression and attitude that was different! She had a glow about her that just seemed to spread to everyone.

The people on the bus began to perk up, notice the sun in the sky and become aware of the people sitting around them. As they did this the following song was sung:

Audience--"He11o, he11o, he11o, he11o.
Bus members--I'm glad to meet you, I'm glad to greet you Audience--He11o, he11o, he11o, he11o
Bus members--A friendly greeting, makes deep your meeting.
As the bus riders reached their destination, they went out to meet their jobs and friends with a smile on their faces and new outlook on 1ife.

Our story about "One word" doesn't end here. She kept spreading her g1ow and "he11o" to everyone. She grew up and when she became of high-school age, her parents found it necessary to move to a new town.

Perhaps many of you have had this same experience. You know the many doubts and fears and "One-word" had many thoughts along this line: "I surely hated to leave my old friends, they are such swe11 pa1s, I wonder if the other kids will accept me."

The first person she met was a cripp1ed boy who was coming down the ha11 a11 humped over. No one in the schoo1 had ever spoken or paid any attention to him.
"One-word" thought she needed to say something to this glum 1ooking boy, so she 1noked up and said:

One-word: "He11o"
Narrator: The boy lonked up and said, "He11o"? just as if he had never heard the word before. "We11, he110!" You're new here, aren't you?" "Yes," she replied. As their conversation continued, a lasting friendship developed. The boy had straightened up, put a smile and a new expression on his face.

As they turned and walked away from each other the once crippled boy turned around, looked at the new friend he had just made and thought, "Isn't it amazing what that "one-word" can do!"

The ceremony was closed with the singing of the singing of the Hello Song written above, "Kum-ba-Yah", and several other songs.

Woodrow Wilson said, "Friendship is the only cement that will ever hold the world together.

After the party Friday night everybody joined hands to form a human rope down to the lake. We walked down to the lake in total darkness and silence and a circle was formed around the laid out but unlit campfire.

## Dwight told about -- "The Origin of Fire"

 A long time ago Young Man and Coyote were good friends and played and hunted together every day. But as winter came on, Young Man became sad and discouraged. So Coyote asked him what was wrong. It will soon be winter and my people will soon be hungry and cold. They will starve and become sick. Many will die, as they do every winter. When I think of their sorrow and misery I can not think of play, even play with you. I must think of some way to help my people. Coyote thought it foolish to be cold, but Young Man said, "You have a warm fur coat, but my people are naked, and do not have enough food to keep them warm." So Coyote thought of a solution, "On a mountain far away there is Fire. It will keep you warm in the coldest weather. However, Spirits guard it, and will have to be tricked. Get the best runners of your village. We will string them out between here and the mountain, I think that I can steal Fire from the Spirits." So with the consent of the e1ders, all the best runners of the village were strung out. Coyote tricked the Fire from the Spirits. He passed the torch to the first runner, who ran to where the next waited, he ran with it to the next, and so on, and on. I think I see him coming now.When Dwight mentioned about the torch bearer Helen came to light our campfire and while kneeling Lil read a poem "Kneel Always When You Light a Fire."

Knee1 a1ways when you light a fire.
Kneel reverently and thankful be, For God's unfailing charity
And on the ascending flame inspire
A little prayer that sha11 up-bear
The incense of your thankfuiness
For this sweet grace of warmth and light!
For here again is sacrifice
For your delight.
Oak, e1m and chestnut; beech, and
Red pine hole,
God shrined his sunshine and entombed For you these stores of light and heat
Your life joys to complete.
These all have died that you might live
Yours now the high prerogative
To loose their captivities
To give them new sweet span of life and fresh activities.

Kneel always when you light a fire! Kneel reverently, and grateful be To God for His unfailing charity.

The group sang a verse of "Each Campfire Lights 'new" led by Connie.
We heard an expression of appreciation of different things:
Nature--Caro1
Self--Lida
0 ther People--Char1ene
Freedom--Marty
Group Singing of "No Man is an Island" 1ed by Connie
A Choral Reading was given by Sandy, Marge, Connie, Charlene, Lida, Leila, Marty, Caro1, Chief and Helen.

Leila read the following beautiful prayer:

> 0 Lord, grant that each one who has to do with me today may be the happier for it. Let it be given me each hour what I sha 11 say and grant me the wisdom of a loving heart that I may say the right thing rightly. He1p me to enter into the mind of everyone who talks with me and keep me alive to the feelings of each one present. Give me a quick eye for little kindnesses that I may be ready in doing them and gracious in receiving them. Give me a quick perception of the feelings and needs of others and make me eager hearted in helping them.

The ceremonies ended with the group singing "Each Campfire Lights Anew."
A group of people stayed afterwards to sing around the campfire. reported by

He1en Howe

## Na ture--Caro1

Twinkling stars, towering trees, rippling water, snow-capped mountains, delicate wild finwers are some of the wonders of nature that we have experienced during this week at Chatcolab through our various activities of cutdoor breakfasts, the overnight hike, the campfire ceremony and our own individual contacts. When walking through the woods, a feeling of peace and contentment comes over me. There is an awareness of the creator. It is good to be alive.

The beauties of nature are all around us at Chat: but the people who share these beauties are what makes Chatcolab memorable to me. I came this year, a return labber, remembering many happy days and old friends, and anticinating renewing these old friendships and making new ones. Each new friend has something to give me, new thoughts for the day, new beauty from handcraft and creative arts, fellowship from games and parties, all of which are good for my physical being and are climaxed by the discussinn grouns which probe our inward depths, make us aware of the problems of others and uplift our soul.

When I return home, $T$ am hoping $I$ can share many of these wonderful experiences with the folks at home. T feel this experience here has helped to make me a more understanding person.-.--I ida Brown

Charlene expressed our appreciation for others. Each of us has gained much this week from being together. We could not have had the same experiences if we had been here alnne. We need other people. As each day's experiences add to and change our lives, so each person we know adds to cur lives.

We need the joy, happiness, and enthusiasm that comes from others. These have been given abundantly during these past days. My life has been made richer and deeper because of each of you.

Being that we live in a free country, we should learn to appreciate our freedoms, speech, assembly, press, and worship. While we are at Chatcolab we have the opportunity to use these freedoms and I feel that we should to the best of our ability.-..--Marty

## Chora1 Reading

$n_{i d}$ you ever watch a campfire When the wood has fallen low: And the ashes start to whiten Round the embers' crimson glow, With the night sounds all around you Making a silence doubly sweet:

And bright stars high above you That the spe11 may be complete? Te11 me, were you ever nearer To the land of heart's desire Than when you sat there a thinging With your feet before the fire.


## SUNDAY EVENING

Pork Steak
Asparagus Creamed Potatoes (apples
Waldorf Salad (nuts (celery
Pineapple Up-Side Cake Tea Coffee Milk Tea Coffee Mi sk

MONDAY

> Apple Juice
> Eggs

Hot \& Cold Cereal
Coffee
Milk
Tea

| Bacon | Toast <br> Butter <br> Jam |
| :--- | :--- |

Chownch Main
Pear-Cottage Cheese Salad
French Bread - Garlic
Ginger Bread - Whipped Cream
Coffee
Tea
$\frac{\text { Dinner }}{\text { Dey }}$ Dressing
Tossed Salad
Green Beans
Baked Potatoes
Coffee $\quad$ Tea $\quad$ Milk

| Orange Juice | TUESDAY |  |
| :---: | :---: | :---: | :---: |
| Hot \& Dry Cereal |  | Spaghetti \& Meat Balls |
| Biscuits |  |  |

Tomato Juice
Pot Roast Beef
Onions and Carrots
Potatoes
Coffee
Tossed Salad Plate
Blackberry Cobbler
Tea
Milk
WEDNESDAY

| Outdoor Breakfast <br> Oranges <br> Hot Cakes | $\frac{\text { Sack Lunch }}{}$ <br> Fish Cold Meats <br> Coffee se |
| :---: | :---: |
| Orange Lettuce Apples |  |

Cook Out
Hot Dogs Buns

Ice Cream Cookies

| Tomato Juice |  |
| :---: | :---: |
| Hot \& Cold Cerea1 |  |
| Sausage | Eggs |
| Toast | Jam |
| Coffee | Milk |

Barbeque Pig
Peas \& Carrots Baked Potatoes
Tossed Salad
French Bread
Butter
Coffee Tea Mi1k

Stroganoff - Rice
Green Beans Shrimp Salad
Coffee Tea Milk
Date-Orange Cake
Fruit
FRIDAY
Stewed Prunes Sp1it Pea Soup
Hot or Dry Cerea1
Deviled Egg Salad
French Toast
Celery
Butter - Jam - Syrup Coffee Tea Mi1k

Carrot Sticks
Coffee Tea Milk
Apple Pie - Cheese
Baked So1e
Peas Potatoes
Tossed Sa1ad
Hard Ro11s Butter
Coffee Tea Mi1k Cherry Cobbler - Whipped Cream

SATURDAY

Fruit Juice
Scrambled Eggs Sausage
Hot or Dry Cerea1
Toast Butter Jam Coffee Milk
Ham Ro11 with Cheese Sauce

Tossed Salad | Tea |
| :---: |
| Coffee Milk |
| Cherry Cobler-Whipped Cream |

## KITCHEN CAPERS

Wife to frowning husband holding canceled checks in his hand: "You mean the bank saves all the checks I write and sends them to you? What a sneaky thing to do!
$\% * \% \% \% \% \% \% \% * * *$

The trouble with being a parent is that by the time you're experienced, you're unemployable.

They now have coffee dispensers for office use that look exactly like filing cabinets. These wil1 match up with lots of coffee drinkers who look exactly like office workers.

According to Marge

OATMEAL CAKE
Pour $4 \frac{1}{2}$ cups hot water over 3 cups of oatmeal and 3 cubes butter or oleo. Let stand 20 minutes.

Add 3 cups white sugar
3 cups brown sugar
6 eggs beaten
$1 \frac{1}{2}$ cups raisins
Add $4 \frac{1}{2}$ cups flour
3 teasponns soda
3 teaspoons cinnamon
$1 \frac{1}{2}$ tsp baking powder
Topping:
Me1t 3 cubes butter
3 cups coconut
3 eggs
3/4 cup evaporated milk
Boil 2 minutes
Add 3 tsp vani11a
3 cups nuts

Bake 30 to 40 minutes at $350^{\circ}$

DATE ORANGE CAKE
3 cups sugar
1 cup margarine
3 eggs
3 cups buttermilk
3 tsp vanilla
6 cups flour
3 tsp soda
3 cups nuts
1 cup dates
Topping:
3 oranges
Heated - pour 3 lemons over warm cake 3 cups sugar

BAKING POWDER BTSCUITS
16 cups flour $\frac{1}{2}$ c baking powder
3 tablespoons salt
2 cups lard
$1 \frac{1}{2}$ quart milk
Bake 12 minutes at $450^{\circ}$

## GINGERBREAD

6 cups flour
6 tsp baking powder
$3 / 4 \mathrm{tsp}$ soda
5 tsp ginger
3 tsp cinnamon
$1 \frac{1}{2}$ tsp sa1t
1 cup shortening
$1 \frac{1}{2}$ cups sugar
3 eggs
2 cups molasses
$2 \frac{1}{4}$ cups sour mi1k
Sift dry ingredients 3 times, cream shortening and sugar, add eggs to molasses, add dry ingredients with milk.

Bake 30-40 minutes at $350^{\circ}$

## MENU

## Deviled Eggs

Ripe Stuffed Olives
Herring, inchovies, Sardines
Stuffed Fruit-- Dates \& Apricots.
Baked Beans
Scalloped Potatoes with Fish
Meat Balls

## Molded Fruit Salad

Beet \& Pineapple Molded Salad
Complexion Salad
Macaroni Salad
Fruit Bread-- Frances
Danish Covvee Bread=- Miriam
Limpa-- Kate
Lefsa-- Helen S.
Lucia Buns-- Pat
Flat Bread...

## Corned Beef

Liverworst
Salami
Baked Ham
Horseradish sauce
Cheese Balls
Sliced Cheeses

## Desserts:

Rice Almond Pudding
Cookies
Fatigmans Bakels-- Marge L.


## TABLE PRAYER

(Norwegian)
I Jesu Navn gaar vi til bords
At spise og drikke paa dit ord
Dig Gud til aere og as til gavn
Saa faar vi mad I Jesu naun.
(can be sung to the tune of the Doxology)

## (ENGLISH Equivalent:)

Be present at our table Lord
Be here and everywhere adoped
Thy mercies bless and grant that we
May feast in fellowship with thee. ANEN.

## TOAST TO COOKS

Han skal leve, han skal leve, Han skal leve hojt, hurra!
(repeat)
Hurra, hurra; hurra; hurra, hurra,
Hurra, hurre, hurra, hurra, hurrat.
(repeat first two lines)
Bravo, bravo, bravo, bravissimo, Bravo, bravo, bravissino!
(repeat this two lines)
Han skal leve, han skal leve, Han skal leve, liojt, hurra!
(Han skal leve: may HE prosper;
Hun skal leve: May SHE prosper;
De skal leve: may THEY prosper.)

## Explanation of Objects and Personalities in Skandia Fest

The YULE TOMPTE is an invisible olf which lives in the attic of Swedish homes. The elf's presence assures abundant harvest and fat farm animals. At times the Tompte is mischevious, still a saucer of milk is left under the tree for the elf. He is visible only to the family, and to the cat, with whom he is alwo a good friend.

The ADVANT WREATH is an evergreen wreath with four candles and small mushrooms. It is hung in the home entry or over a table. Christmas caroos are sung by the family gathered around the advent wreath.

A sheaf of grain is placed above the gable of the home so the birds can also join in the festivities of Christmas. Farm animals are also given extra feed.

Dec. 13th is the dey of ST. LUCIA and also the first of the 12 days of Christmas. The oldest unmarried daughter of the family acts is the Lucia Bride. Arising carly, she prepares coffee and Lucia buns to serve the parents in bed. She dresses in white and wears a crown. The "Bride's attendants sing Santa Lucia as she enters.

## SONG FOR LUCIA

(English translation)
Santa Lucia, wearing your crown of light
Dressed in a robe of white
Come on this winter's night
Come now at Christmas tide
Lovely and sanctified
Bring to the ones you love
Blessings from Him above.
Dreams from the skies are near
This Holy time of year
May your lovely light shine ever clear.
(Repeat last 3 lines, then lst part)

## Finnish Coffee Bread

2 cakes yeast
1 egg
3/4 c sugar
$\frac{1}{2}$ tsp cardamon seed
about 7 c flour
1 c butter
2 c scalded milk
1 tsn sa1t
Combine sugar, butter and milk-scald. When it gets to 1ukewarm add yeast, let rise to top. Add egg and work in flour to a soft consistency. Let rise once to double its bulk. Shape into 1 ng 1engths \& braid. After it is baked in a $350^{\circ}$ oven about 40 minutes take it out and moisten napkin in coffee and moisten top of bread. Sprinkle with sugar or as a variation use cinnamon, sugar and nuts as for cinnamon rolls. You can also frost with a basic powdered sugar frosting \& sprinkle with nuts. --Miriam Beasley

YULE KAKA
Measure into a large bow1:
2 c sugar
1 c shortening (part butter)
4 tsp salt
Add: 4 c hot water
Cool to 1uke warm
Soften 3 pkg dry yeast in $\frac{1}{2} \mathrm{c}$ warm water, add to the above mixture. Mix we 11 and add $\wedge$ to 6 cups flour and 2 c powdered milk to make good beating consistency--beat well. Adत $1 \frac{1}{2}$ c raisins, chopped

1 pkg mixed candjed fruit
Add enough more flour to kneading consistency. Knead until smooth and elastic. Let raise till double-punch down--1et raise again. Shape inte loaves - 4 of them. Let raise til1 doub1e. Bake at 350-400 abcut 45 min . till hollow sounding when tapped. --Frances Hatelid "

## Swe dish Limpa

4 c buttermilk
1 tsp soda
2 c water
2 cakes compressed yeast
3 tablespoons shortening
2/3 c sugar
2 tablespoons salt
$\frac{1}{2} \mathrm{c}$ molasses
3 tsp anise seed grated rind 4 oranges Kye and white flour, equal (about 5 c each)

Dissolve yeast in $\frac{1}{2} \mathrm{c}$ warm water adding 1 tsp sugar. Mix sugar, shortening, sa1t, molasses, and water and bring to a boil. Add soda to buttermilk, then add hot liquid mixture. Add rye flour, mix we11 \& add yeast. Add white flour and knead well. Place in greased bow1 and let rise until double in bulk. Turn out on floured board, knead \& shape into loaves. Place on greased tins and let rise until double its bulk. Bake 1 hour in moderate oven. Makes 6 loaves. --Kate Hammer

Swedish Christmas Buns

$$
\begin{aligned}
& 1 \text { c milk } \\
& \frac{1}{\lambda} \text { to } \frac{1}{2} \text { tsp crumbled saffron } \\
& 3 / 4 \text { c sugar } \\
& \frac{1}{\text { tsp salt }} \\
& \frac{1}{2} \text { c soft butter or oleo } \\
& 3 / 4 \text { c warm water } \\
& 2 \text { pkg dry yeast } \\
& 6 \frac{1}{2} \text { c sifted flour } \\
& 2 \text { eggs } \\
& \frac{1}{2} \text { c dark raisins } \\
& \frac{1}{2} \text { c ground blanched almonds }
\end{aligned}
$$

In small saucepan, heat milk just until bubbles form around edge of pan. Kemove from heat. Add saffron, sugar, sa1t, and butter, stirring until butter is melted. Let cool to lukewarm. Sprinkle yeast over it in large bowl stirring until dissolved. Stir in milk mixture. Add $3 \frac{1}{2} \mathrm{c}$ flour ; beat with wooden spoon until smooth and beat in eggs, dark raisins and almonds and remaining flour, mixing in last of it with hand until the dough leaves side of bow1. Turn onto lightly floured cloth, let rise $10 \mathrm{~min} .$, tirn over to coat with flour and knead. Let rise until double bulk--punch down--knead and shape into buns, Iet rise until double bulk and bake in oven preheated to 400 .

"Energy-Restorer" Time
Between the noon and the night meal
When your stomach begins to grow 1
Comes a pause in the day's occupation
Which we ca11 "restorer" hour!
The beverage is usually different
Not just plain coffee or tea
More likely a rarer concoction
to go with the theme, you see.
And at these afternoon functions
Worked out for us all to enjoy
Are demonstrations in Chatcolab fashion
By labbers whose ideas they employ.
So if it's ideas you are after
And fun and hilarity
Be sure to join with the dabbers
For an hour socially.

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## Monday: Theme: "Expand your Orbit"

Fuel: Hot Chocolate, coffee, cookies, apple slices Fue1-Up Station was decorated:

Head Band
Cominittee

Nettie B. Carol K. Miriam B. Ruth M. Pat I. Gayle N. Ilene F. John L.

Every job has its tools. In using chaik for our expression we need slightly rough paper (not slick), rags to wipe our hands and erase if need be, an apron to cover us, a place to put our paper (on a table or an ease1), and our inner vision.

Yois may or may not have a picture or something to say in mind but as you play around with the colors or put on the first 1ayer of cha1k (a neutral one--gray, white, cream, tan) feel into your own experiment. Do not be one bit concerned about your neighbor and what he's doing, he's dreaming his own dream. Discipline yourself to your own because you have something in you that would like to express itself which is different from anyone else. So don't be influenced or bound by someone e1se's boundaries or ideas.

It may not be beautiful. That's a1right, make it as close to your feelings as you can. It may be ug1y, maybe something ug1y wants to come out, make it as ugly as you fee1. It may be beauty you are trying to express. A second try sometimes is rewarding.

In playing around with chalk--experiment! Blend colors, use short choppy strokes, or layer upon layer smoothed with the hands. Try using strokes with the side of the stick, or the point. Try moving chalk on paper in time to music, feeling the music, getting into a swing, have fundon't worry what it looks 1ike--enjoy it!

Stand back now and look at it, don't be too critica1--stop being critical at a11! See if you feel again the feelings you had when you did it. Whether or not you want to hang these up anywhere -- has it been fun? Has it been really satisfying and a little frightening perhaps? If so, it's a successful experiment. And if not, try again.

I know from my own experience that it is hard to expose the unknown inside and you may not feel that you want to share what the picture means to you, or maybe you don't even know yet -- keep it around for awhile and look at it, it may speak more to you later. This is the side we pretend isn't there - we are all practical and efficient and usually if it doesn't add up in do1lars and cents, "it isn't 'worth it'." Most of us have squelched the inner feeling as not being "practica1, etc." "Iife" from the spirit of the Universe, large and sma11, better start running our 1ife too.

Technique Tips:
Keep hands dry when working with chalk, wash and dry thoroughly when they become sticky.

Construction paper covered with neutral chalk (put on diagona11y or with a circular movement, then rubbed) makes a good background on which to blend or draw and makes it possible to "erase" -- pick out unwanted chalk with clean rag corner or rolled blotter tip.

Spray these experiments with Krylon (or similar) clear spray many fine layers until it will no longer rub off.

Monday, Alura Dodd

## Equipment:

```
Rags
Three containers for washing
Bucket for mineral spirits
Rubber glove for washing with mineral spirits
Aspha1tum -- 50q a pint
Etcha11 -- 3/5 oz. 50&; 1 3/4 oz. $1.00
Mineral spirits -- 60ф ga1.
Glass to be etched
Designs
Grafite carbon paper -- 25& sheet
Pencils
Scissors for cutting designs to size
Kitchen soap
Vinegar
Sma11 brushes
Tape to hold design while tracing
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Have tape pre-cut. Nash glass in soap suds, rinse in hot water, rinse in vinegar or vinegar and water solution. Dry with clean eloth--do not touch where you want to put pattern.

Transfer design with grafite naper.
Paint with asphaltum everything you do not want etched, for about $\frac{1}{2}$ or 1 inch around design, do lines fairly heavy, put in features and shadows wanted. RECHECK FOR SUBBLES AND THIN SPOTS.

Let dry thoroughly--can be left one whole day or 3 or 4 hours. kub to test. Can be placed in warm place to dry.

Nash again repeating steps as at first to rinse and dry.
Etch--massage tube of etchall to mix acid, apply etching acid with fingers. WILL NOT HAふ, SKIN. This acid can be removed with fingers from one article and used on another if still damp.

DO NOT GET ETCHING ACID ANYWHERE BUT ON DESIGN OF GLASS.
Rub acid in with fingers--1eave until etched as deeply as wanted. Keep acid in motion with fingers most of the time.

Wipe excess acid off with damp rag.
Nash with mineral spirits.
Wash in soapy water and dry.
Given Monday
By Mable Bird

* \% \% * * : *
"The best ang1e from which to approach anything is the try ang1e."
"The only something you get for nothing is -- failure."

Tuesday's 'Energy Restorer' Time took place in the "Blarney Inn" of Chatcolab. Shamrock-decorated hats were worn by the committee members who served the Irish menu on a green table just outside the dining hall.

Menu: Shamrock tea and Lepricon punch. Irish soda bread with orange marmalade.

Irishmen: Beth B., Baa Cole, Janet P. Mary Ellen F., Judy K., Marly McG.

$\% * * * * * * *$

> CELLOPHANE POODLES by Vicky Borgen

Items Needed: | 10 cellophane bags as used on dry cleaning |
| :--- |
| Pipe cleaners |
| 2 clothes hangers |
| 2 buttons for eyes and 1 black button for nose |
| Straight pins |
| Scotch tape and freezer tape |
| Paper towels |
| Ribbons |

Bend necks of clothes hangers straight then to a right angle, $\square$ then bend clothes hanger to form poodle's legs. Form one hanger neck to make dog's head. Attach the other hanger to make the back and hind legs of poodle.


Wind paper towels around wire frame then around this wind $2^{\prime \prime}$ strips of cellophane.

To make pompoms for legs and back cut 18, $1 \frac{1}{2}$ " strips of cellophane. Wrap these around your hands two times, twist a pipe cleaner around the cellophane and cut the ends in two. Shake the pompom and trim it.
4 pompoms are needed on each 1 eg and 2 on the back. 22 strips of cellophane are needed for the 2 pomporns on the tail and 2 pompoms on the head. Ribbons may be used for collars. Attach eyes and nose with straight pins.

Make ears in the shape of pears on about 5 layers of cellophane, attach with straight pins.


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If at first you don't succeed, you are like most other people.

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When a man does not know what harbor he is making for, no wind is the right wind.

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Success is a ladder we cannot climb as long as we keep our hands in our pockets.

2 cups table salt
$2 / 3$ cup water
1 cup cornstarch
$\frac{1}{2}$ cup cold water
Mix salt and $2 / 3 \mathrm{c}$ water in saucepan; stir until mixture is well heated, 3 to 4 minutes. Remove from heat; add cornstarch mixed with cold water. Stir quickly. Mixture should have consistency of thick, stiff dough. If it does not thicken, place over low heat; stir about 1 minute until it forms a pliable mass. Add food coloring if desired. Clay keeps indefinitely wrapped in plastic.

Given by Miriam Beasley
(P 25, Pack 0 Fun, June-July 1963)

## SAND CLAY

Using a frozen juice can or any container you choose, slowly mix 2 parts of water and 1 part dry wallpaper paste. Then stir $2 \frac{1}{2}$ parts sand and $\operatorname{mix}$ well. Add tempera paint for color if you like. After a day or two of drying, clay will be permanently hard.

It may be used for modeling, covering cans, beads, or whatever you like.
A similar quantity of sawdust may be substituted for the sand. This makes a clay with an interesting texture.

By Miriam Beasley

## CANCELLED STAMP STATIONERY <br> Mary Fran Running

Interesting little notes and decorated stationery can be made by using cancelled postage stamps. Cut out little pictures of birds, flowers, mice, etc. from cancelled postage stamps and glue in the corner or at top and bottom of stationery. Some interesting designs, such as the flag, can be cut from memorial stamps. Intriguing designs can be made by using various colors.

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## CRAFT IDEA --Wooden Spoon Puppets

For people, paint faces on underside of spoons. For rabbits, cats, pigs and other animals, break off the center time from the forks and use the outer tines for ears. To play with the puppets, punch a hole through the center of a paper napkin or square of cloth. Slide the puppet through, then make two other holes for thumb and forefinger.

(From The Best of Pack-0-Fun, Sept. 1959-June 1960)


## THURSDAY "Energy Restorer" Time:

## Theme: Circus

Committee Members wore bands with cotton candy designs made with white paper for cones and crepe paper for candy top.

Decorations: A three-ring Circus tablecloth was made with a carouse 1, trapeze and clown.

Refreshments: "Chief's" cookies (recipe to be found in section "Notes from the Kitchen) plus juice, coffee and tea were served.

Activities: "Chief" was Ringmaster. Circus music was played on Record Player.

Demonstrations:

## FREEDOM IN DRAWING Ken Branch

Using chalk as a medium for quick expression Ken made some quick sketches for us and drew the portrait of one of the labbers.

MAKING ONE-CUT STARS

Start with a square of paper and fold and cut as follows:


Uses: Pictures, Picture Frames, Decoration for other items
Display: Pink Poodle Dog with frame and Copper Picture with Conper Crepe Paper Frame

A good craft that is easy and inexpensive.


Sunplies Needed:
$\frac{1}{4}$ " strips of crepe paper
E1mer's g1ue
Nut Pick or orange stick
Poster Board


App1y the g1ue to the back of the crepe about 1 or $2^{\prime \prime}$ at a time. Start this on to the poster board on which you have drawn an outline of the subject that you want to make. With the pick push the paper up so that you get a crinkled effect. Keep applying the g1ue a little at a time until the object is covered. You may paint the background and add thin stones, glitter, etc. to the picture. When the glue dries the picture will be hard and ready to handle. Use about a $1^{\prime \prime}$ strip for the frames.

## SWIGEL STICK <br> "Chief"

1. Use a $2 \times 6$ board 24 inches 1ong.
2. Bore small hole through both ends of board. Put strings, each about $4 \frac{1}{2}$ feet long, through holes. (Small clothes line or heavy cord). Tie knots in ends of string so it will not pull through the hole.
3. Eye screw is placed in center of board to attach string. Small rubber ball is attached to end of string.
4. Playing the Game: Two people face each other. Tie ends of stick around each person's waist. Put hands behind neck - then sway back and forth to wrap ba11 around center of stick. When ball is wrapped around stick it must then be unwound.


## Friday "Energy Restorer" Time:

Theme: Take Me Out To the Ball Game.
Ww used a Hallmark kit for a centerpiece, which allowed us to spend more time on the refreshment end. We popped four pounds of corn and made three recipes of syrup for popcorn balls. The rest of the popcorn was buttered and salted and served in cones made of white butcher paper. The paper was stapled instead of fastened with scotch tape so it wouldn't come loose when the butter got on the paper:

Vendors "sold" popcorn balls (made small so they would resemble baseballs) on trays adapted from kitchen cake pans; loose buttered popcorn in cones from a box with a wire string around the vendors' neck (the wire shelf from a refrigerator was used to keep cones upright); and the leftover loose popcorn from the balls was put in cones and named "Buttered Sugar Delight. Four vendors wandered among the people shouting "hot buttered popcorn", "Buttered Sugar Delight", and "get your popcorn balls here". We should have gathered everyone together before starting our vending, but because so many were in varied interest groups and also because the camp buzzer was out of commission when the electricity wad off, we went ahead with the tea and then as people drifted in they settled on benches and informally around.

We mixed orange, strawberry and raspberry Kiool-Aid for pink lemonade and lime Kool Aid and grapefruit juice for "Green Riner Pop". The whole thing was done in the spirit of great gaity and the tea com ittee probably enjoyed themselves as much as the guests.

Our recipe for the syrup for the popcorn balls is as follows:

```
                l C. sugar
1/3 tsp. salt
1/ 3 C. corn syrup,(light or dark)
    1/2 C. water
    1/4 C. butter
    l tsp. vanilla
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Combine and cook over low heat without stirring. Cook to soft-crack stage. Remove from heat and pour over 12 cups popped corn.
Committee: Elaine R
Marje B. "Chief" Walt E. Mable B. Sarah A.


[^0]Materials needed: Sand<br>Waxed paper<br>Plaster of Paris<br>Nature collections<br>Wire or paper clip

This may be done in sand on the beach or in a shallow container of the shape desired. If a container is used line it with waxed paper. Fill with enough loose sand so as to be able to press in partially the objects used remembering that the side of object shown must be face down and also the foreground of the plaque must be put in first ending with the background.

Mix plaster of paris until about the consistency of cake batter. Pour over the sand slowly holding the objects down, if necessary, to keep them from moving. Be sure to mark the top $\mathrm{s} \cap$ as to know where to put the hanger.

As soon as it starts to "set up" insert either wire or a paper clip for a hanger. Brush off excess sand after it is completely dried.


"Hazel"



Place Mats Greeting Cards

Motes
or
stationery
Paper to protect work area Typing or wrapping paper Elmer's glue - water Small lid or dish for mixing \& stick for stirring glue
Kleenex, wax paper, sponge
Scissors or pinking shears
Pressed flowers, leaves or cutouts
Cut wax paper slightly larger than desired and lay on work surface then using sponge spread with mixture of equal parts glue \& water. Place articles for design face down if desire slick finish or face up for a shadow effect. Lightly cover with glue mixture. Separate kleenex and cover design with 1 thickness of kleenex pressing gently. When dry press between layers of paper with a medium hot iron, trim edges to desired design or cut with pinking shears and mount on stationery or frame for picture, etc.

## CORSAGES FROM KLEENEX

Supplies needed:
Various colors of Kleenex, F1orist's wire (covered, on spools or in lengths) at hobby shop. Ribbon of any kind. Pinking shears.

There are several methods of making flowers that look like real carnations, without the sme11! But this is an easy method quick1y done.

Using various color combinations, you will be surprised at the lovely flowers you can make in a few minutes. Take two or three sheets of K1eenex, open it out flat, and stack them. Fold in half (1ongest way) and trim both edges with the pinking shears for a ruffled effect, for carnations. If you do not pink them they look like peonies. Cut covered wire or plain wire into $8^{\prime \prime}$ lengths. Push or pleat the cut Kleenex into a tight mass, then wrap the wire tightly around it. Holding the wire in one hand, twist the Kleenex to tighten it. Adjust the folds if necessary, now separate each layer of Kleenex, on both sides of the wire. If you have used 2 Kleenex, you will separate 8 layers. Fluff the layers to till in the center, and you are done. Easy, wasn't it?

If you wish a yellow or other color center, put $\frac{1}{2}$ a kleenex on the top layer before folding. For a variegated effect, alternate layers. A little experimenting will show you a great variety of shades and color combinations. The all white ones with a olored ribbon are beautiful. Add a drop of perfume to the bottom side if desired.

To tie the ribbon, take about a yard of ordinary package tying ribbon of any kind or color that harmonizes with your flower. Wrap the ribbon around your four fingers at least 4 or 5 times. Cut out a small notch in the center fold. Tie with a piece of wire as you did the flower. Separate the circles, first pull one to the right and one to the left. Place behind the flower in a pretty position, twist the two wires together a couple of times, then separate them, curling around a pencil to not have harsh ends, and your corsage is complete.

Two flowers may be placed together, but one is pretty enough alone with a large bow.

If you use plain wire, you can buy florist tape which sticks to itse1f, is easy to wrap the wire with and finishes it's appearance.

This is easy for children to do, and makes a nice gift or party decoration, give each mother a corsage at church or a banquet. May even be used on a package decoration.


## Sunday Dinner Table Fun:

The visit of the searchers during the meal hour.
While singing a song or during announcements---
Homogenes - the Milkmen What are you looking for?
Looking for a man who is honest with himself?
(Invite him to come to Chat - might be we can help him)
(Ask his name and what his vocation is).

Monday: Thought for the Dey---
"If there were Chat in other countries and you had the opportunity to spend a week in their environment, would you take advantage of this?"
"Half the pleasure of solitude comes from having with us some friend to whom we can say how sweet solitude is"

## Monday Dinner Table Fun: Red Family

Grace: "Johnny Appleseed"
Themie: Getting acquainted.
A map of represented states at "Chat" was made.
$\therefore \quad$ Each person stated where they were from and a dot was made on a map at approximate locetion of hometown. Then the following questions were asked concerning the trip:
Where are you from? Who lives the closest? Who came the farthest? How close? How far? Strangest transportation? Who went through the most states coming to Chat?

To divide groups differently papers were handed out with names of 8 different types of cars. Names of the cars were also on the tables and each person sat et the table designated by his car, i.e., Plymouth, Lincoln, Rolls Royce, etc.

A game called "Zoom" was also played.
"I am glad that I paid so little attention to good advice; had I abided by it I might have been saved from some of my most valuable mistakes."
"Worry is a thin stream of fear trickling through the mind. If encouraged it cuts a channel into which all other thoughts are drained."

## Tuesday Noon Table Fun; Blue Family

Theme: Italian Churches. Each table was designated by a sketch drawing of a famous Italian Church.

Activity: Since Italion meatbells and spaghetti were featured on the menu the following song was sung:
(Tune: On Top of Old Smokey")

On top of spaghetti All covered with cheese There sat my poor meat ball 'Til somebody sneezed

It rolled off the table And onto the floor And then my poor meat ball Rolled out of the door.

It rolled through the garden Aġd under a bush And then my poor meat ball Was nothing but MUUSH!

Song: "Lost John", led by Dwight W. (words and chant in music section)

湔

The Making of Friends
Edgar A. Guest
If nobody smiled, and nobody cheered, and nobody helped us along--
If each, every minute, looked after himself, and the good things all went to the strong--

If nobody cered, just a little for you, and nobody cared for me,
And we all stood alone, in the battle of life whet a dreary old world it would be.

Life is sweet just because of the friends we have made, and the things which in common we share.
We want to live on, not because of ourselves, but because of the people who care.

It's giving and doing for somebody else
--on thet all life's splendor depends.
And the joy of the world, when we've summed it all up, is found in the making of friends.


> It's the song ye sing and the smile ye wear That's a-makin' the sunshine everywhere. James W. Riley

> A helping hand Oft does more good Than either words Or money could. Alfred . Tooke

Tuesday Night Table Fun--Green Family.
Maybe you think planning Table Fun is easy---well, it is!!
Just take a congenial family group like the "green's"---a few ideas of unrelated things and suddenly one of them mushrooms into something everybody starts talking about and it flys on from there.

At 11:00 a.m. good ole has 2 train whistling through Chat so it isn't hard to guess this discussion became trains. Soon the tables were being pushed around to represent a Round House turntable and paper engines adorned the end of each table. Poper covered juice cans became smoke stacks, and a paper railroad track was down the center of the Round House.

A game was born of much word changing and table pounding to match the rhythm and hand clapping across the table, to the tune of "Sentimental Journey". Whistles and train noises were put in the right places.

Three hobos sat around their campfire and sang songs. Then to test the acoustics in the Round House, one hobo went outside while one inside called out while the echo came back perfectly-----"BALONEY", "baloney". Then Tester Hobo said, "Don Ingle is the best-looking man here" and the echo answered, "baloney".

Each table entertained with a song appropriate to their train line name, and with much laughter each table told a story concerning a train incident (incident-solution type) to their members. Then railroad songs were sung.

[^1]```
Minn.-St. Paul Line:
    Oh, won't you wave to me my lady
    Wave to me my lady
    Wave to me my lady as we----
    Roll on down the line.
    The Twin City line!!!
Old "99" Song:
    Sksssssssssssssssh!
```

The Baltimore \& Ohio Railroad's Long Revered Company Song...--
"Beeeee - 0000000
${ }^{0} \mathrm{O}_{0}$

The Chesapeake and Ohio:
We ${ }^{1}$ ve been working on the C. and 0 .
All the livelong day
We've been working on the C. and 0 .
To pass the time away
Don't you hear the whistle blowin'
To rise up so early in the morn,
Can't you hear the caphn shoutin'
Dinah, blow your horn---On the C. and O!

Wabash Cannon Ball:
Listen to the rumble
The rattle and the roar
As she glides along the mountain
By the sea and by the shore
From the lakes of Minnesota
Where the rippling waters fall
No chances can be taken
On the Wabash Canon Ball.

: Llae morrns? nendsw
Little Toot:
(Tune: Reefus Restus)
Little Toot was a tugboat black,He never sew a reilroad track
He tugged and pushed all around the bayHad a whistle you could hear a mile away.
TOOT - TOOT !
Atcheson, Topeka \& the Sante Fe:
Down in the ValleyValley so gayIf you want to get there$G$ o the Santa Fe way.
Sioux R.R.:
Sioux City Sue, Sioux City Sue Puffin' along on the railroad track Of the Sioux City Sue.

SHARING
There isn't much that I can do, but I canshare my bread with you, and I can sharemy joy with you, and sometimes share asorrew, to - as on our way we go.
There isn't much that I can do, but I can sit an hour with you, and I can share a joke with you, and sometimes share reverses, too - as on our way we go.
There isn't much that I can do, but I can share my songs with you, and I can share my mirth with you, and sometimes come and laugh with you - as on our way we go.
There isn't much that I can do, but I can share my hopes with you, and I can share my fears with you, and sometimes shed some tears with you - as on our way we go.
There isin't much that I can do, but I can share my friends with you and I can share my life with you, and oft times share a prayer with you - as on our way we go.
M. Preston

## People to People

Though your opinjons bore me to death
We'll always get along fine, If, now and then, as you pause for breath,

Star Gazing
As so many satellites go into orbit I question all this expense \& fuss Can't denizens of the other planets Extend themselves and discover us?

## Thursdey Noon Fun:

After all labbcrs were seated a special presentation was made. The following scroll was read by "Don" John, as the pig's head was duly presented to our Barbecue Chef, Cliff. Leading the processional were the torch bearers, Janet P. and Sendi N.

During the lluth Century Merry Ole England was a country of villages set within the wilderness. Wild boar were the scourge of man and beast, and everyone carried a weapon for defense.

In those early days Oxford University and its students were no exception. Neither wore examinations and intense study during the early days at Oxford.

This young fellow had let his studies slide and an examination in Astrology was near at hand. He gathered his book in his hand and strolled into the forest for deep concentration.

Hardly an hour had passed when a wild boar crashed out of the brush headed straight for the concentrating student. He reached for his knife but it had been forgotten in his deep study. The only thing at hand was the astronomy text. In a valient effort he braced himself and extended the book in defense.

The book was rammed into the boar's throat and it was killed.
The wild boar was dressed and roasted for a banquet the following day. And the head was presented to the student. Since then the killing of the wild boar by an unarmed student has continued to be celebrated with a roasted pig at Oxford.

Thus, we borrow a tradition from Merry Olde Englande in prcsentin this roasted pig's head (complete with apple in mouth!) to Cliff, our Barbecue Chef, on our own festive occasion........

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The wisest men
That e'er you ken
Have never deemed it treason
To rest a bit,
And jest a bit,
And balence up their reason;
To laugh a bit,
And joke a bit in season.
M.G. Kains

Ancient Chinese Family ---
One Lung Too - Gary
Ring Rong Gong - Doc
No Yen Too - Dot
Chief Decorators: Bea
Hips Swing Low - Ilene
Sum Ting Wong - Dwighty
Song Leaders: Gen, Helen, Marty
Head Teble done by: Sarah

1. Story game using Ancient Chinese Symbols.

Small "bark" figures were passed to each table. The labbers were tole to make up a story (not to exceed 25 words) about their "bark" figure.

Results: This is a dragon who roamed the earth in ancient times. There were also many open fires. As the dragons walked, their tails often caught fire and they had to fly away to put out the flames and to this day we still have ---- dragon flies.


This is an old, oriental farm animal used to plow up the rice paddies. They lived in the caves in the mountains. One honorable dinossur of the s pecies Yama, better known as flat-foot-Fuji, got lost in a cave. He blew his noose, thus creating Fujiyama!

This is Mr. Chat Polo, a dwarf traveler who leads the Marco Polo Travel Agency. The father of the seven dagrfs. This is his picture as he put it upon themap, having seen the world. He lived in the famous Chinese Lodge Polo, where he pined away for his honorable ancient ancestors and a couple of dishonorable ones, too. In his travels, he fethered the famous seven dwarfs thet we know in America today.

This Honorable Chinese dog neme: Ticci-ticci-timbo-no-sim-bimbo; hog-bog-boski-pog-pondo-hicki-pon-pon; miki-no-me-adam-pog; who runs after master, name Sam.

In the year of the rabbit, a small village was terrorized by a lion. It would come in through the rice paddies at night and steal the children. Small boy, Ming, decided to kill the lion and save the village. He hid in the rushes, and as the lion came by he jumped out and killed him with a dagger. In the morning, all the children trouped out of the village to see the lion. They said "Tee Hee, the lion is dead".

Confuciusssay: "Even ancient Chinese dog like honorable chef, (Cliff's) Bar -Qued-Pork."


The monk of the praying hands. Many prayers for Chatcelab spirit be contagious from here to Ireland.

Confucias say that there could never be words to describe this beauty we see!

In ancient China, the Emperor commanded the sculptor Toy Hare, to sculpt a dragoon. When it was completed it looked so real that only one more stroke of the sculptor's knife was necessary to do this. The sculptor could not resist and so he made the final stroke. Ah so - the gragoon came to life --- and ate the sculptor. Thus, the self-satisfied look on the face of the dragon. Confucius say: Hore today, dragoon tomorrow.

Family tree: Old stable family, threatened by dcath of tree, planted by very ancient ancestor. Prodigal siblings return to plant new tree. Cutting finds new roots in old soil enriched by body of family tree.

The English knight, Sir Chat, went out to slay the Chinese Gingo bark dragon so they met in fierce combat. Sir Chat slew the dragon. Today this is all that is left of him but the spirit of Chat remains unthreatened.

In anciant times, Chine had as its symbol hage deagon. Being quite tame, they called this dragon "Puff the Magic Dragon". (Song followed)
2. Chinese Song led by Gen.
3. Music by Ancient Chinese Band using ancient chinese instauments. Woodwinds, Mary Fran, Don C., playing "chopsticks". Second chorus, the whole assembly joined in!
4. Sum Ting Wong gave demonstration on Chopsticks

Chopsticks: Chop-sticks are not to be laughed at. They are a wonderful invention. If you are inclined to be overweight and stick to the table too long, the use of chopsticks is the solution to your problem. Just stick it out until your belly disappears.


Wiggle top stick! Hold lower stick steady!
5. Ancient dignified ceremony of the Roast Pig.

ANCIENT CHINESE TALE OF THE ROAST PIG (By No Yen Too)
It was the custom in ancient China to eat meat raw, and also cusstom for Chinese family and farm animals to live under same roof.
Now in the ancient Chinese village of San Yah Ree live ancient Chinese man name Cliff Char Rob. This man work as chief rice boy at Hotel LoKoChat.

One day, when Cliff Char Rob work as chief rice boy at Hotel LoKoChat his house burn to ground, and of course, his favorite pig with it. Oh sad, velly sad day!? Cliff Char Rob grieve loud and long at great loss. Howeva, he realize that he must clean up mess. As he touch dead roasted pig, he burn fingers, and so put hot greasy fingers in mouth. My, what good flavor, he think. He take another taste. He call over his neighbor to take taste. Velly fine flavor, his neighbor think. So neighbor burn down his house so he trave roast pig. Friend on next block also burn down house so he can enjoy flavor of roast pig. Pletty soon many ancient Chinese neighbors of ancient Chinese rice boy Cliff Char Rob burn down houses. Soon news reach Emperor of ancient China who realize something must be done about this before all of ancient China go up in smoke.

So he decree that Cliff Char Rob be executed. He send Honorable High Executioner, Ring Kong Gong, and Honorable Low Executioner, One Lung Too, to seize Cliff Char Rob and behead him on the spot. (the two escort the poor rice boy to the table, lay him face down with his head hanging over one end. A metal can is on the floor, ready to receive the head as it falls. Two people hold up a sheet so that no one can see the bloody mess as the High Executioner weilds his knife. The low Executioner kicks the can hard with his foot to sound as though the head has dropped in, and then the sheet is wrapped over the body and it is taken away.

THURSDAY NIGHT


To the steady beat of Tom Tom and Indian Maidens dancing round a campfire, the Brown Family invited all to enter on Thursday night for dinner.


The tables were decorated with miniature teepees

$\angle$and as we were on KP we danced on out to the kitchen to serve. The tribal members who were in charge of the great feast danced around the fire of welcome. Princess Lois offered a prayer to the Great Spirit.

After a 11 had partaken of the repast, there was a song "Red Men" followed by a story of Indian Joe shopping for a suit. The festivities were closed with an Aztec Lullaby and the BlackfeetPiegan Indian's Prayer was read by Charlie which had been given to him by Frank Guardipee, Chief of the Blackfoot Nation.
(These songs are printed in the Music section)


THE BLACKFEET-PIEGAN INDIAN'S PRAYER
MAKER OF ALL:
Give wisdom and understanding to my leaders,
Protect my warriors and bring them back safe.
Give to the young, love and contentment.
Give health and long life to my old people,
1
So that they will remain with us a long time.
Make my enemy brave and strong,
So that if defeated, I will not be ashamed.
And give me knowledge so that I may have kindness for all.
And let me live each day, so that when day is done,
My prayer will not have been in vain.





The pamil beople Jators trok over in the dining holl at luach ting. thers found their silverW8:s, a cup -- here and there ... and tray, ton, bancing from the maftexs over the table. There wer "planets" and "space ships" "handing" in various strategic locations throuphest the dining ha11. The Burpli Beoble Eotors geeted Iabbers at the door as they entered, han"ng uach ne a "beeper", the colce of winich corresponded with a roclet 2. a table.

Ifter I:mch, the Surpie Benple Faters, represented by their Master of Ceremonics, anice, welloned the Jiners to the Space Age. A parciy on Gond News was Led by Don Ciay .nn, Venice and her surple Beople Eaters, "Tood News Space $\hat{i}$ ge Cnming ". The MC went on to test the group's physical 1iteres cheir $\mathrm{C} 日$, in ascle quotient; and their $O$, crordination quetient). TY was teste by albon wrestling with person sitting opposite you at tic iable. Un was tested by patting heac, rubbing stomach, rollint $\quad \% \mathrm{j} e \mathrm{~s}$, and sticicing tongue all at the same time.

At this point the Bumple Eeople Eaters sang to the tune of "クid you Ever See Lassit", and th: \#w out such grodies as Toc Gens (peanuts), moon puffs (miniature narshanilows, space chews (gum), and hars fruit, (eges, which turned out to to elown).

We were honored by a vi it from Gordon Cocper, poxtayed by Nalt Ligged, who was interviegefiisht in our dining hall in Shorty Powers who was ur own Vern Purison. istionaut Cooper indicated that blasting off into space was reminiscent $\rightarrow$ the first h:11 on roiler coaster. He describst the sirange guings or of annther planet - Bal-oc-tonc. He had been able to observe foem traveling along a windins trail, getting to the top of which sey a11 Lay dovn. तe guessad they weren't in very gnod cokrition - -"all the weh'. He had also noticed some scurrying back ant fro -- sort of commal living -- sut coulda't figure what they were doing. Tajuations semed to noint out that those scurring were not ton sure what they rere moing etther.

Astronaut Conper and Vir . Powers seemed to feel that when they rad studied the scientific data and the liotures which the astronaut had taken, perhaps the guswers woul be evident. Mr. Posers asked the astronast how it felt to some back to earth. Conoper said coming down was like diving frov: a high tewes!
A combination of $Q$ and ite it the form of audience clapping hands each time the liastar of Cerowries wassed one hand by the other ented in applausa wita venie conerting "That's the onily way we could have the opporimnity to bow."


## FRIDAY EVENING MEAL TIME FUN (Yellow family)

Medical Skit
Props - hope to have reyolving chair, medical kit, a simulated thermometer, manomometer, stethoscope.

Actors - Very loquacious lady with meek and quiet husband. Doctor should be slightly familiar with medical terms and procedure.

Script - Ad lib.
On exit-husband hesitates at door, turns and says: "Say Doc, how much'll you take for that thing you stuck in her mouth?"

The following fish stories were presented by the various tables.
On the morning of the Fish Fry, Don Clayton got up early to get an early serving. He was given a large blueback and just as he was about to stick his fork into the fish, it looked up and winked at him. This was quite a shock so he put the fish back and got in line for another. As he was about to put his fork to this one it also raised its head and winked at him. This was more disturbing; so back it went and he got in line agai n. This fish also winked. After several more attempts he gave up and went to the kitchen to eat with the old folks. Marge handed him a nice specimen. Just as he was going to stick his fork in this one, it raised its head and said "Hey, Don, how come you are not eating down at the beach."

Ancient Chinese Goldfish name - Fin Too Ling - travel to America with Marco Polo, second mate to Christopher Columbus, Capt. of USS Constitution. Carried by Father Desmet in Gold Fish bowl to Catalgo Mission. One day Father Desmet's oldest child was sent down to Coeur $d^{\prime} A l e n e$ - flipped out of bowl when she changed the water -- landed in river Couer d'Alene, swam down to Lake -up St. Joe River to Chatcolet. He still out there. Confucius say: "Fish who keep mouth shut live longer.

Fishie Fishie in the brook, Catch the fishie on a hook, But at Chat we don't like Fish, Piggie Porkie is our dishb

This is the story of Bass ackwards, the left handed crab. One day while headed out to deep water, he went unsideways and came up in Yellowstone Park where he was commissioned to dig a well for the Lane Madge. Living up to his name he dug up instead of down, piercing a cloud and causing young faithless, the geyser which goes off at irregular intervals by which crabs set their stop watches.

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Friday Table Fun, (cont.)
Song: "Down in the Meadow in the Itty-Bitty-Pool"
But the big fish got away!
Our Fish story -- It's a long, long tail!
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Angelo is in the habit of having a couple of glasses of wine on his way home from work. One snowy evening, he stopped te pick up some goldfish for Elaine -- and then had his usual 2 glasses of wine. As he was walking home, he slipped and fell on a piece of ice. The goldfish dropped into a near-by snowbank. He got up and on hands and knees searched for the goldfish. About that time a policeman stopped by to ask Angelo what he was looking for. Knowing Angelo's dad ly wine habit, he decided to humor him and got down on his hand and knees to hunt. And darned if he didn't find one -- so, turning to Angelo, he said -..-- "Okay, Angelo, you take me homeb"
=
Saturday Noon Meal time fun. (White Family)
The history of the Norseman goes back beyond the written history of man, back beyond antiquity and into the Fabliest era of the folk story.

Tradition and Fable has it that the Norse man was always ruled by a large strong King. (some of them shrunk). The King's kindness and consideration was such that a warrior bestowed upon his subjects, came through him from his ever loving beautiful wife. (If they lost their beauty, he simply threw her into a : fjord and got a new one.) It is known that royalty, like cream, always rise to the top or like loaded dice, they are a winner, so our King and Queen came to us out of a lottery. Will the King and Queen to be now enter. I, Anglo-Saxon, prime minister of the will of Chatandia, Crown you King Dwight. (Hand shake -- hand on shoulder te shoulder) and you Queen Georgia. (Kiss bestowed upon each cheek:) LONG LIVE THE KING! LONG LIVE THE QUEENS
Remember, subjects, the will of the King is law. His desire, an order. Through his prime minister, Anglo-Saxon, the King demands that all subjects return to their normal occupations and play hard and diligently for the remainder of the afternoon -- and attend the tea in honor of the King and Queen, promptly at $40^{\prime}$ clock at the Royal Palace Grounds.

King: Dwight Wales
Queen: Georgia Irvine.


"No Man Is An Island"

When a group senses its self in the bond of singing then we see in that experience the law of human nature operating that "the whole is more than the sum of its parts".
"The individual tones of a melody derive their position and appropriateness from the melody as a whole; their pitch is selected relatively to their position in the melody; the proper emphasis and duration of each note are also derived from the melody as a whole." (Raymond Wheeler)

And when an individual note, beat, or key is changed by location or duration or one left out, then the melody (or group) as a whole is changed or even lost.
"You Gotta Sing When the Spirit Says Sing"
Even the crudest musical expression (as judged by others), if authentically it is yours as an experience, is a part of the substance which is beautiful.

Music is the power vehicle that surely transports our cultural ways, beliefs and hopes. Seek to be receptive then, when such music asks to move in and down into your very being; and don't deny it either when it asks the right to sing out to be heard and shared in its own moments.
"Children assorb many of their ideals emotionally throuch direct contact with great music". (from Music in American Education). He who has eyes to see will discover the greatness in that music which is established in the profound simplicity of a folk song.
"Music is useful for re-creation of the human spirit." (Johann Sebastian Bach)

In what manner can we employ music of, by and for the people as a wonder drug in the curing of the dis-ease of our age of leisure?
"Music so combines with things sacred and important, as well as with our pleasures, that it seems necessary to our existence." (Charles Burney)

And so-.... "1te TheloQy ingers on

## HINTS FOR LEIDERS OF GROUP SINGING

KNOW YOUR SONG WELL ENOUGH to be free to relate to the group. AVOID ATTENTION-CALLING ATHIRE (except for special occasions. KNOW THE PEOPLE AND THE TOT/L PROGR/M SITUATION.

SEEK A FACE-TO-F CE, INFORMAL PHYSICAL ARRANGEMENT (unless inappropriate or too disruptive in order to make the change.

BE ENTHUSIASTIC AND SHOW IT.
SET THE STAGE WITH REMARKS, SELECTIONS, ETC., to relate the session of singing to the occiasion and the experiences of the singers.

ADJUST YOTR POSITION AND LEADER ROLE TO FIT THE SETTTNG (fireside, table time, auditorium, etc., plus size and experience of group are determining factors).

USE CRUTCH PROPS (accompaniment, pitch pipe, books, song sheets, public address system, etc.) ONLY IF IN THE PRESENT SITUATION YOU WILL BENEFIT FROM THEIR USE.

SEIECT $\AA$ PITCH TH $\cap$ IS WITHIN THE SINGING RANGE OF THE GROUP.
AVOID LETTING THE GROUP LE/D YOU IN SETTING THE TEMPO.
USE H/NDS BASICALLY TO EMPHASITE, START, HOLD, SOFTEN, "LOUDEN" AND STOP the singing (Avoid unnecessary and repititious hand or body motion.

WHEN TEACHING OR EST^BLISHING A SONG DEMONSTRATE INSTEAD OF EXPLAINING WHEN POSSIBLE.

AVOID SONGS THAT ARE TOO DIFFICULT, LONG OR SOLO TYPES.
OPEN WITH $\Lambda$ FAMILI/R SONG (unless it can be sung with a minimum of teaching) AND ONE W HICH H $\cap \mathrm{S} \AA$ LIVELY TEMPO (unless inappropriate for the occasion).

SELECT A VARIETY OF SONGS AS TOOLS WHICH HELP GROUP TO REACH A CLIMAX

USE OTHER IEADERSHIP FROM THE GROUP WHENEVER PRACTICAL (avoid exploiting or embarrassing by putting others "on the spot")

BE READY TO CAPIT $L I Z E$ ON AND ADJUST TO THE UNEXPECTED (Don't be afraid to change the plans for songs, sequence or length of time if the mood sucgests it)

USE CLOSING SONGS WHICH TAPER OFF AND COMPLETE THE SONG SESSION AND SET THE ST/GE FOR THAT WHICH IS TO FOLLOW

REMEMBER TH T YOUR MAIN TASK IS EXPERIENCENG GROUP FULFILLMENT IN SINGING TOGETHER FOR THE JOY THAT COMES FROM SINGING.

Suggested Basic Song Book: "Idaho's L-H Song Bag", Published by


Good News! The chariot's coming. Good news! The chariot's coming. Good news! The chariot's coming, And I don't want it to leave me behind.

1. There's a long white robe in the heaven I know A long white robe in the heaven I know. There's a long white robe in the heaven I know, And I don't want it to leave me behind.
2. pair of wings 3. shoes 4. starry crown 5. golden harp

DONA NOBIS PACEM
Do-na no-bis pa-cem pa-cem
Do-na no-bis pa-cem.

## EV'RY TIME I FEEL THE SPIRIT

Ev'ry time I feel the Spirit Movin' in my heart I will pray, Ev'ry time I feel the Spirit Movin' in my heart I will pray.

1. Upon the mountain, when my Lord spoke, Out of his mouth came fire and smoke; Look'd all around me, it look'd so fine Till I ask'd my Lorg if all were mine.
2. Oh, I have sorrows and I have woe, And I have heart-ache here below; But while God leads me, I'll never fear For I am sheltered by His care.

## GOD OF THE MOUNTAINS

God of the mountains, God of the hills, Show us Thy Spirit, Teach us Thy will.

God of the star-light, God of the dawn, Give us Thy vision, Lure us on.

OL' TEXAS
I'm goin' to leave 01' Texas now, They've got no use For the longhorn cow.

They've plowed and fenced my cattle range, And the people there are all so strange.

I'Il take my horse, I'll take my rope, And hit the trail upon a lope.

Sey adios to the ilamo, And turn my head toward Mexico.

POOR OLD TOM
Have you seen the ghost of Tom
Long white bones with the skin all gone Poooo-oor old Tom
Wouldn't it be chilly with no skin on.

1. Each campfire lights ancw, the flame of friendshp true, the joy I've had in knowing you, will last my whole life through.
2. And when the embers die away, we wish that we might ever stay, but since we cannot have our way, we'll meet again some other day.
3. Here in our hearts a light does shine, that is not your's alone nor mine, but held in trust for all of time, that everywhere this light may shine.

## NOW THE DAY IS OVER

Now the day is over, night is drawing night; shadows of the evening, steal across the sky.

Father give the weary, calm and sweet repose; with thy tender blessing, may our eyelids clse.

## THERE'S A LOTG IONG TRAIL A-WINDING

There's a long long trail a-winding, into the landof my dreams; Where the nightingele's are singing, and the white moon beams. There's a long long night of waiting, until my dreams all cmme true; Till the day when I'll be going, down that long long trail with you.

ROCK-A MY SOUL
Chorus:
Rock-af. my sould in the bosem of Abraham, Rock-a my soul in the bosem of Abraham, Rock-a my sould in the bosem of Abraham, Oh, 10 ck-a my, soul.

1. So high you can't get over it, so low you can't get over it, so wide you can't get around it, ẏou've got to go in through the door.

MUSIC ALONE SHALL LIVE
All things shall perish from under the sky;
Music alone shall live, music alone shall live, Musi c alone shall live, never to die.

WHEN IT'S SPRING TIME IN THE ROCKIES
When it's spring time in theice kies, I'll be coming back to you; little sweetheart of the mountains, with your bonney eyes of blue; Once again I'll say I loveyyou, while the birds sing all the day; When it's spring time in the Rockies, in the Rakies far away.

1. I think of my darling as the sun goes down, the sun goes down, the sun goes down.
I think of my darling as the sun goes down, Down, down below the mountain.
I'll ride, I'll ride, I'll ride, I'll ride, I'll ride all night, When the moon is bright, When the moon is bright; I'll ride, I'll ride, I'll ride, I'll ride, I'll ride all night; I'll get there in the morning.

WHITE WINGS
White wings that never grow weary, That carry me cheerily over the sea; Night comes, I long for thee dearly, I spread out my white wings and sail home to thee.

PEACE OF THE RIVER
Peace I ask of thee, O River, Peace, peace, peace. When I learn to live serenely Cares will cease.

From the hills I gather courage, Vision of the day to be, Strength to lead and faith to follow, 111 are given unto me.

Peace I ask of thee, 0 River Peace, peace, peace.
THE SILVER MOON IS SHINING

1. The silver moon is shining Upon the silent meadow, I walk adown the meadow With no one near me.
2. The nightingale is singing Beyond the forest shadow. I sigh within the shadow Where none can hear me.
3. How lovely is the moonlight Between the shadows breaking, Ny heart would ease its aching If thou wert near me.

SHENANDOAH
Oh, Shenandoah, I long to hear you, Way, hay, you rolling river!
Oh, Shenandoah, I long to hear you, Way, hay, We're bound away, 'Cross the wide Missouri.

Oh, Shenandoah, I love your daughter, Way, hay, you rolling river!
Oh, Shenandoah, I Love your daughter, Way, hay, we're bound away, 'Cross the wide Missouri.

Oh, Shenandoah, I'm bound to leave you, Way, hay, you rolling river!
Oh, Shenandoah, I'm bound to leave you, Way, hay, we're bound away, 'Cross the wide Missouri.
SPIRIT OF THE IIVING GOD
Spirit of the Living God, Fall a-fresh on me.
Melt me, mold me, fill me, use me.
Spirit of the living God, Fall a-fresh on me.

I LOVE THE MOUNTATNS

1. I love the mountains, I love the rolling hills, I love the flowers, I love the deffodils.
I love the fireside when all the lights are low Boom de a dah, boom de a dah Boom de a dah, boom de a dah.
2. I love the sandy beach, I love the ocean's roar, I love the babbling bruok, I love the rocky shore. I love the rocks and rills, and all the templed hills. Boom de a dah, etc.

NO MAN IS AN ISLAND
No man is an island, no man walks alone.
Each man's joy is joy to me, Each man's grief is my own.
We neod one another, so I will defend
Each man as my brother, each man as my friend.

## AZTEC LULLiBY (Indian)

## Part I



> Words:
> Aaaaahh thru all of section 1 konish konish palesha chi-ca-ben chicaben pa ke ka

1. Clap soft rhythm of 1--2--1,2,3 (repeat)
2. Add singing of "aah" to Part I, continue clapping (repeat)
3. Sing words to Part II and change clapping to single beat (repeat) ,
4. After two beats of clappings sing Part I wi.th "aah."
5. Now hum Part I.
6. Conclude as you began (Clapping without singinc)

I'm with you, and you're with me, And so we arc all together, So we are all together, So we are all togcthar, Sing with me, I'll sing with you, And so we will sing together, As we march along.

We have food, the food is good, And so we will eat together, So we will eat together, So we will eat together, When we eat, 'twill be a treat, And so let us"sing together, As we march along.

Chorus:
We are marching to Pretoria, Pretoria, Pretoria, We are marching to Pretoria, Pretoria, hurrah!

YOU CAN'T GET TO HEAVEN
Leader and Response:
Oh, you can't get to Heaven In a rocking chair, 'Cause the Lord don't 'low No lazy folks there.
Repeat verse and then chorus Chorus:

I ain't a gonna grieve my Lord no more. I ain't a gonna grieve my Lord no more. I ain't a gonna grieve my Lord no more.

Other verses:
2. Oh, you can't get to heaven on roller skates, 'Cause you'll roll right by those pearly gates.
3. If you get ther before I do Just bore a hole and pull me through.
4. Oh, you can't get to heaven -in a strapless gown, Cause the Lord's afraid-it might fall down.
5. Oh, you can't get to heaven-in an electric chair, 'Cause the Lord don't 'low-no fried meat there.
6. Oh, you can't get to heaven-in (insert name)'s car, 'Cause the doggone thing-stops at every bar.

IT YOU'RE MAPY AND YUU KNOW IT

1. If you're happy and you know it, clap your hands (clap, clap) If you're happy and you know it, clap your hands (clap, clap) If you're happy and you know it, then y u really ought to show it. If you're happy and you know it, clap your hands. (clap, clap)
2. If you're happy and you know it, stamp your feet (stomp, stomp)
3. Shout hurrah. 4. Click your tongue. 5. Say Amen!

## FROM OUT THE BATTERED ELM

1st Part: From out the battered elm tree The Owl comes out, "I'm here". And from a distant forest, The cuckoo answers clear.
and Part:


Directions: One group starts on the first part and sings through the second part. While another group starts on second part and sings through the first part.

WE 'IE TRAVELLED THE HIGHLANDS


We've tra-velled the high-lands, We 've tra-velled the low, But

we like where ever we hap-pen to go---


Some men praise the high lands and some praise the low, but

we like where ever we go-.....

## TOEMBAI

Toembei, toembai, toembai, toembei, toembei, toembai, toembai.
Tra-1a-1a, 1a-1a-1a-1a-1a, 1a-1a-1a-1a-1a-1a.
Tra-1a-1a-1a-1a, $1 a-1 a-1 a-1 a-1 a, 1 a-1 a-1 a-1 a-1 a-1 a$.

> Ah Ta Ka Ta Nu Va
> (The Polar Bear Hunt---)


## Six Little Ducks



Six lit-tle-ducks that I once knew, Fat ones, skin-ny ones, fair ones too, But the

one lit-tle duck with a feath-er on his back, He led the oth-ers with hi
 quack, quack, quack! quack, quack, quack, quack, quack, quack! He led the others with his

quack, quack, quack!
2. Down to the river they would go. Wimble, Wabble, wibble wabble to and fro.
3. Home from the river they would come. Wibble, wabble, wibble, wabble, Ho-hum-hum!

Zulu Warrior


Rose, Rose
Round.


Little Ships


When all my lit-tle ships come sail-ing



And two by two to- geth-er, Come sail- ing home at last.

## Sim Sale Bim

High in a tree a crow - ow - ow,
Sim sa-la-bim beam boom, sa-la-du, sa-la-dim! High in a tree a crow- ow- ow sat.

Then came a wicked hunter a-
SSm sa-la-bim ban boom, sa-la-du, sa-la-dim! Then came a wicked hunter a-long.
3. He shot that poor old crow-ow-ow . . .dead.
4. Then came a pretty maiden a . . . . long.
5. She took that poor old crow-ow-ow. . .home
6. Now comes the happy ending. . . . . . soup!

## Kookaburra

Koo-ka-bur-ra sits on an old gum tree, Merry, merry king of the bush is he, Laugh, koo-ka-bur-ra, laugh, koo-ka-bur-ra, Gay your life must be.

1. Over the meadows green and wide,

Blooming in the sunlight, Blooming in the sunlight, Over the meadows green and wide, Off we go a-roaming side by side.

Chorus: Streamlets down the mountain go, Pure from the winter snow, Joining, they swiftly go, Singing of life so free. Streamlets down the mountain go, Pure from the winter snow, Joining, they swiftly go, Calling to me!
2. Sweet is the air with new-mown hay, Cooling in the twilight, Cooling in the twilight, Sweet is the air with new-mown hay, As we home-ward go at close of day.

HOLLA HI, HOLLA HO

1. Who comes up the meadow way, Hol-la hi! Hol-la ho! Surely 'tis my sweetheart gay. Hol-la hi-a-ho! She goes by the open door, Hol-la hi: Hol-la ho! Must not love me any more, Hol-la hi-a-ho!
2. People say with twinkling eyes, Hol-la hi! Hol-la ho! Love is blind but age makes wise, Hol-la hi-a-ho! Little heed I when they tease, Hol-la hi! Hol-la ho! I must love just whom I please, Hol-la hi-a-ho!
3. On my sweetheart's wedding day, Hol-la hi! Hol-la ho! All my sweetheart's friends are gay, Hol-la hi-a-ho! But my hope and joy are gone, Hol-la h1! Hol-la ho! I must bear my grief alone. Hol-la hi-a-ho!
4. When I die my love dies too; Hol-la hi! Hol-la ho! They shall say that I was true. Hol-la hi-a-ho! On yon hill my grave shall be. Hol-la hi! Hol-la ho! Forget-me-not shall comfort me. Hol-la hi-a-ho!

## VRENELI

1. O Vreneli, my pretty one, Pray tell me where's your home. My home, it is Switzerland, It's made of wood and stone; Yo, ho, ho, Tra la, la, la; Yo, ho, ho, Tra la, la, la; " " : " " Yo, ho, ho.
2. 0, Vreneli, my pretty one, Pray tell me where's your heart? 0 , that, she said, I gave away, But still I feel smart.
3. 0, Vreneli, my pretty one, Pray tell me where's your head0 , that I also gave away, It's with my heart, she said.

hands draw pantomime picture

inndow store. Saw a rabbet hopping by; knocking at my


door. itelp me! Kelo me! veep, he stich. "Ore the hunter | 1 | hand hopping |  |
| :--- | :--- | :--- |
| Pay |  |  |
|  |  |  |

shoots me dead. Little rabbit

come inside - safely tire a bide.
throw arms in $\left.{ }^{N}\right\}$ air


Clap hands, two beats to the line. Leader sings one line, then audience repeats it.
Chant:

with his long clothes on.
Now he had a pair of shoes, the queerest little shoes you might ever find,
They had a heel before, and a heel behind,
So you never could tell, whichaa-way he's gwine
He's Lost John, He's long gone
That's what I mean, He's long gone, from Bowling Green
If held of listened, to who t his Mama said
Held o' been sleeping, on a feather bed,
But he didn't listen, He just wandered about.
Now he's on the chain gang, with his mouth poked out.


No More Pie
(Nonsense chant taught by Barbara P)

Leader: Oh my (group response) I want a piece of pie
The pie's too sweet I want a piece of meat The meat's too red I went a piece of bread The bread's too brown I gotta go to town The town's too far I must catch a car

The car's too slow I fell and stubbed my toe The toe got a pain I must catch a train The train had a wreck I nearly broke my neck Oh my No more pie Oh my No more pie.

## Planting Rice




Can - not stand, cen - not sit, Can -not rest a lit-ile bit!

## ${ }^{1}$ Neath These Tall Green Trees


'Neath these tall green trees we stand, Ask-ing bless -ing from thy hand.


## Morning Comes Early

Morning comes early and bright with dew. Under your window I sing to you.
Up, then, my comrade, up, then, my comrade,
Let us be greeting the morn so blue.

## I Love the Mountains (3rd verse)

I love the stars at night, When they are big and bright I love the green trees Flowing in the gentle breeze I love the God above, For $\mathrm{He}^{\prime} \mathrm{s}$ the God of Love Boom de a da, boom-de-a-da.


## SMILES

1. It isn't any trouble just to SM I LE (repeat)
So smile when youtre in trouble It will vanish like a bubble If you'll only take the trouble Just to S' M I L E
2. LAUGH 3. GRIN (grin)
3. Ha, ha, ha, ha, ha.



Flag bearers: \begin{tabular}{lll}
Ken <br>
Ilene

$\quad$ Committee: 

Joe Mary E11en <br>
<br>
<br>
<br>
<br>
<br>
John Not <br>
Chief
\end{tabular}

We honor the American Flag as a symbol of our country, and fly it from sunrise to sunset, except in inclement weather, with the blue field as the point of honor.

At group camps, flag-raising ceremonies should be an important part of camp life, and can be made very impressive. Advance preparation and practice in correct procedure and marching precision can add to the impressiveness and give those involved in the ceremony more confidence.

A formation gives a better appearance to the ceremony. Camsers can stand in parallel lines, open squares, horse shoe or circle. Be sure that an opening is left for the flag bearers to pass through. Also, campers should face the flag pole and stand far enough back so that the flag can be watched comfortably. Formations can be varied each day. Facing an impressive view is also suggested. The more formal arrangements make possible a serpentine or 2 by 2 march to breakfast (etc) after the ceremony is over. At any rate, dismissal should be ordered and not a he1ter-ske1ter dispursa1.

The campers assemble and stand quietly at attention (and quiet is expected from the minute the campers begin forming). The flag bearers march to the flag pole, with military precision, with or without drum beat or marching music. The actual flag handling takes two people, one to attach and raise the flag, and the other to unfold it and see that the flag does not touch the ground. However, the team can be any reasonable number, such as a cabin proup. A team member may give or ders, such as attention, salute, pledge, at ease and camp dismissed. And other team members, by starting the salute pledge, etc. can cue the rest of the group watching. In that way, new camners can feel more at ease, and learn the correct orocedure quickly.

The assembly stands at quiet attention until the flag is attached to the line. As the flag is raised briskly to the top of the flag pole, the group salutes with right hand over heart. Men in uniform will give the military salute, Foreign guests to this country need not salute, but should stand at respectful attention.

When the flag is secure, the two flag bearers join the marching group, the pledge to the flag is given, still at salute position. Then return to attention.

At this point of the proceedings, a few minutes spent in appropriate ceremony can be rewarding for the assembly as well as the group in charge. If each group (cabin, etc.) be allowed to plan a short talk about the flag, or our country, or a thought for the day, the ceremeny will be more meaningful and educational. Then an appropriate song (the National Anthem, America the Beautifu1, God B1ess fmerica) should be sung, and the assembly dismissed.

The flag lowering ceremony to close the day is essentially the same, except that the flag is 10 wered slowly while all salute and remain saluting until the flag is properly folded and the 2 rejoin the marching group. The pledge is omitted. A closin of the day type song is approoriate here, and then the assembly is dismissed in good order. Ref: Ext. Misc. Pub. 50: or Am. Cit. Handbook at any Federal Court House.


Smoothe flows the water, lapping On the shore;
Green stand the giant trees Brooding as of yore, Sweet songs of birds, soaring
今 Tell me of to
ain His love.
Li l"

## FAREVIEL FRITND

Thesc painful days
Have come to an ond.
Your strongth and courage
Have carried you beyond
The limits of anyone's ondurance.
Nay tomorrow's journey
Into the land of lights
Bring you the rewards
This earth has failed to give you.
With a tear and a prayor
My heart draws close to you.㐬at Durdon

Huge primative areas
Found in little areas
Between man made ulcers and scabs.
Get down near these beauty spots---on your bellies
Observe the art in nature or
In the architecture of the ant!s industrial areas.
Note the flowering trees that tower above the ants--
Naybe three inches high.
Note the insects on their freeways one above the other
In the florost's floor.
I see a crimson creature shaped like a medium tank, But he disturbes not a thing
As he goos about his daily chores.
A bird call from high above--
No evidence of perception among the little creatures--
But is there?
I see an ant with antonac constantly probing.
What or where the groat plan or planner?
Or did it just happen?
Can I pick oven the smallest thing? Doc Stovens

## TOMORROW

Yesterday
I walked among tired trees
The life that had preceeded mo
Was abundent.
The trail wond upward And found a muddy stream From where rare gems were plucked.

Today
Another has shared my find I have lived-....-

## Wednesday Morning Fish Fry

## with Charley!

Fish and Pancakes - What could taste better at 7:00 am. in the morning while standing by the campfire on the lakeside? Nothing! It was the greatest!!!

Fish and pancake fryers arrived at Marge's kitchen at 6:30 a.m. and before you knew it, all the supplies for the "Fry" were at the lakeside.

Charlie, John K. and Welt were early bird fire-builders, so fish and pancakes were sizzling hot in no time.

Labbers were anxious to "hit the rock-hound trail", so most every one was down for breakfast early.

Good food, good fellowship, and a grand and proper demonstration on how to eat a fish in the "great out-of-doors" demonstrated by Charlie and Doc, all added up to another fine breakfast.


VernIt will be a pleasure to work with yon on the Grand. We themed jet started som on these fail, 4 H campoin trips too.


One of the highlights was the Wednes day barbeque of a 160 pound pig (dressed weight). We concocted the idea of spit roasting a whole pig.
 The spit was made of a collection of used combine parts. After consulting with the meat expert at the $U$ of Idaho it was decided to roast the animal for 12 hours. He also advised that dressing should be used to keep the loins and ribs from drying. Monday we set up the machine to test it mechanically. Tuesday we mounted the pig on the shaft to have a dry run. Everything seemed to be OK so we shrouded him for the night. At 4 AM Wednesday Cliff $R$. and Don Stephens stuffed and laced porkie and put him on the spit. We started at 6 AM and things went we 11 until about 8 AM when the carcass started to come loose from the front holding frog. The fire was pulled and piggie was allowed to cool. When cooled we were delayed another hour by a power failure. We now had lost about three hours. In starting again we felt the fire should be farther from the meat. This was a false assumption and it lost us another 2 or 3 hours. Needless to say, the pig was not done for dinner so other arrangements were made. In the true tradition of Chat we capitalized on

this and had a bang-up meal at noon the next day. The pig was taken off the spit at 11 PM and oven roasted for a couple of hours to be sure.

The pig was then served with pomp and ceremony and a bit of tom-foolery at noon Thursday. Table activities are described elsewhere in the book.

The uprights were made of $\frac{1}{2} \times 4^{\prime \prime}$ iron bars with a cap bearing on one end and a flexible wrist U-shaped bearing on the other. The pulleys are as marked. This particular reduction gave us a speed of about 9 to 10 times per minute.

We decided that if this were to be done another year, a slower motor and a pulley system would be used to give us a speed of about $\frac{1}{2}$ or 1 time $\mathrm{p} / \mathrm{m}$.

It was also decided that $80-100$ pounds of pig and some extra loins and ribs might be a better choice.


## INDIAN CLITFFS

Those cliffs so high and beckoning Draw us to its spell.
Some were drawn in days gone by Others, now to view the sky.

To all the view is one of grandeur The lake below, nestling in the valley.
Each is caught in oler-powering mystery:
Of earth, sky, night and fellowship.
MB

You can't sleep, you say? Is this your problem?
Your feet are cold; the cold breeze is whispering down your neck? Is this your problem?
awake
You hear a bear? He's kecping the gophers/and the gophers are chewing on your toes and you can!t sleep? Is this your problam?

The ghosts had you shivering before you made it to the top?
You were sure you heard noises? Is this your problem?
Eight legged, unhouse-broken unicorns appeared out of nowhere? Is this your problem?

There is a rock in your back? You can't sleep? Is this your problem?
There are crackers or dry cereal or both in your sleeping bag? Is this your problem?
You can't get off for a walk by yourself? There's no available vacant corner? Is this your problem?
What's that, you say you rolled on a frog all night? Is this your problem?
Did your best clothes get wrinkled because you slept in them all night? Is this your problem?
Was your neighbor off key all night? You two just couldn?t couldn't harmonize, you say? Is this your problem?
Were you one of the lacky ones who got moved after you were in your sleeping bag, all settled?? You couldn't sleep, you say? Is this your problem?
You had worries and shivered all night long? Is this your problem?
Did you wake up in the morning with that "clogged up" feeling? Dirt in your sleeping bag, you say? Is this your problem?
You were too cold to crawl out of your sleeping bag? No one would start the fire? Is this your problem?
You couldn!t find the enorgy to start the hike down to Charlie!s breakfast; then when you got there found out you had to fix your own? Is this your problem?
In spite of all this, you just can't wait to try the overnight again? Is this your problem?

| Genie Townsend | Ralph Wilkinson |
| :---: | :---: |
| Doc Stephens | Leila Steckelberg |
| Gary Sorum | Margie Santeford |
| Jim Ross | Margery Reese |
| Janet Pugh | Sandie Nelson |
| Ruth Munson | Cheryl Miller |
| Marlys McGrath | Gary Kilmer |
| Georgia Irvine | Ilene Fulker |
| Ken Foster | Irma Farnworth |
| Karen Eggen | Walt Eggen |
| Lil Dove | Alura Dodd |
| Andy DeJong | Don Clayton |
| Vernon Burlison Jim and Miriam Beasley |  |
|  | Pearl Bateman |
| Mary Ellen Foster |  |

BE A FRIEND

Be a friond. You don't need money Just a disposition sunny Just the wish to help anothor Get along some way or other Just a kindly hand extended Out to one who's unbefriended Just the will to give or land This will make you someone's friend.

Be a friend. You don't need glory Friondship is a simple story Pass by trifling orrors blindly Gaze on honest effort kindly, Cheer the youth who's bravely trying Pity him who's sadly sighing Just a little labor spend. On the dutios of a friend.

Bo a friend. The pay is bigger (Though not writton by a figure Than is carned by people clever In whatôs mercly solf-endeavor You'll have frionds instead of neighbors For the profits of your lebors You'll be richer in the and Than a prince, if youtre a friond.

The following note was dispatched by messenger from the overmighters up on Indian Cliff:

## Charlie:

There are 20 nuts up on the mountain who plan to have breakfast with you in the mormingor so they said at night. They'll probably stagger off the hill and go right to bed."

Comment: Most of them straggled down as planned, disheveled and bleary-eyed. A specia.lly brewed cup of coffee awaited eactr one....

The result was as amazing as any phaze of Chatcolab. Eyes popped open alight with renewed hope. Stooped shioulders straightened, dragging feet shifted to




Up and down the creek, we climbed, Time and camp far out of mind.

A look of pride and wide eyed smile
Will carry us all through many a mile.
But the one who found the biggest garnet Had a smile so big, there was no face
on it
Some even reached the top of the draw Looking back on what they saw. Wearily we wandered back Down the mountain, on the track. Caked with mud from head to foot, Pockets bulging with fur loot.


Some folks were busy hunting rocks so rare They were unaware of a frog connoisseur. There's one in our camp who knows full well A frog is missing from riffle and swell.

The afternoon was almost flown When we wended our way home, Caring not, we left behind Our inspiration, with his find In water up to his behind! Back we staggered car by car, Heading for the barbecar As each car filled, it started on, "If you get stuck, well be along!"
Back through the mud we slipped and slid. We plowed our way and almost did! Get stuck, that is, in mud so deep
To get through it, we had to creep.
Climb out and walk "This one looks bad!
If we got stuck, "twould be so sad!"
The car moved on, "Hurrah we' re through.
That's the last of mud to worry you."
But there we spied a car so blue,
That hadn't made it coming through.
The motor stopped; they raised the hood And stood around, gloominess did abound. Until a lady mechanic came their way,

To point to the trouble and save the day!
Some dreamed, as down the road they came,


Of hot showers -- not lasting fame
A sad, sad state of affairs was found
Some showers were cold, "Did you hear the sound?" One gal got carried away, it seems


Got into the shower with her shoes \& jeans! We hope for the sake of all of us here Her clothes will get dry.
PLEASE weather, stay clear.
That place will never be the same, We left our mark! They'll know we came

## ROCK HOUNDS

Nettie Baird Charlene Lind Miriam \& Jim Beasley Connie Meyer Hazel Beeman "Chief" Morton Margie Bevan Cheryl Miller Mable Bird Lida Brown<br>Ken \& Gen Branch Andy DeJong<br>Dolores Emert<br>Marty Emrick<br>Pat Durden<br>LiI Dove<br>Mary Ellen Foster Helen Howe Pat Irvine Dwight Wales<br>Verona Watkins Joe Smith<br>Barbara Pepper<br>\section*{Ruth Munson} Margie Reese<br>"Doc" Stephens Don Stephens Leila Steckelberg Barbara Roberson Bernie Terry Gary Jorum Angelo \& Elaine Rovette Genie Townsend Margie Santeford



Friends are like flowers. I have found them so: The hardy staunch perennials that grow Year after year are like some friends I know.

One need not cultivate them with great care, They only need the sun and wind and air Of trust and love, and they are always there.

Some must be nursed with frequent trowel and spade, And sheltered from the sun, or too much shade, For fear their frail and clinging bloom may fade.

Friends are like flowers. I would be a friend Whose blossomings no hand need ever tend: A perennial on whom hearts can depend.



Parties and Games

PARTIES<br>By Vernon Burlison

When you volunteer (or someone asks you) to help plan a party, you need not be apprehensive. You can easily have far more fun than anyone who just comes to the party. And this speaks a truth: The success of a party is to a large degree dependent upon how many people are involved in "putting it on".

Now, lat's suppose we are a committee of a dozen or so who are to plan a community party --for $4-\mathrm{H}$, Grange, church or group. Before we start to make plans, it will help if all of us get these things in mind:

1. We will need a central idea or "theme" upon which we will build our party plan.
2. Success of our party is enhanced by promotion or buildin among those whom we expect to attend. This is to create anticipation of a good time at the party --to make people want to come. This is simply advertizing the party among those who are to come in the cleverest way possible.
3. Everyone who comes should "get into the act" immediately upon arriving at the party. This can be accomplished through a game that anyone can enter at any time. It can be done through having everyone make some sort of costume piece out of materials that are provided, or part of the party place decorations can be left for people to complete when they arrive. Remember that immediate participation by the party guests as they arrive is quite important to the success of the party.
4. We want enough activities planned for the party program so that no one activity has to run so long that people begin to tire of it. The right time to stop any party activity and move to something else is while everyone is still having fun at it. There should be a smooth flow of activities throughout the party. Similar activities should usually be grouped together. Try to achieve a transition from one activity to the next without confusion.

56 If refreshments are to be served (and they usually are) it is well that we relate them in some way to the party theme. And let's contrive a way to serve the refreshments without having the party guests line up and file past a serving area in cafeteria style.
6. The last event(s) of our party should be af a quieter nature. This tends to dismiss the group with a better appreciation of the good time they have had and a deeper sense of the fellowship that our party developed.

Now, for the planning. If we can by now talk among ourselves in our planning group with informal ease, let's ask for theme suggestions. If there is no special holiday or particular purpose
that has prompted holding the perty, we are free to choose the most appealing theme we can idente. "The Family Hour", "Fortunes", "Space Age", "People to People", "Hobo Travelers"----almost any suggestion has merit as a possible party theme. Someone of our group has jotted down the suggestions made for a theme. It is good if there is a blackboamd or chart stand so notes kept on ideas can be seen by whole group. Let's read them and briefly discuss their relative merits for our situation. We reach our choice either by group conscsus or by vote.

Our theme sclected, we turn to program activities, keeping in mind the ages and general interests of our party group. For young folks lots of physical actibity in fast moving games is generally suitable but would not be at all appropriate for a group past middle age. If we know that a sizeable fraction of our group feels a dislike for some particular party activity, then we should use such an activity eautiously if at a.ll. In general a successful pattern of party activities is an opener thet involves everyone as he arrives, the more active items (with variety - games, stunts, dances, contests, etc.) before the refreshment break, and the quieter activities just before the party closes.

When we heve decided upon the party program or list of activities, we have one important step left: division of responsibility. On a volunteer basis as far as possible let's now decide who:

1. Provides promotion or build-up for the party.
2. Creates atmosphere through decoration, costumes or other mians.
3. Explains, directs or leads the different program activities at the party.
4. Prepares and serves refreshments.

If each of thes committeos within our planning committee takes care of its own clean up, there is no need for a separate cleanup committee.

We have said nothing about evaluation. Since the general objective of a party is fun, we can generally say the party is a success when everyone has a good time. If the party drags, gets out of hand, or literally flops, then we need to uncover the reason(s) so we can avoid any repetition of such an unsatisfactory experience.

1. Did our promotion create a wrong impression?
2. Were the activities suitable?
3. Was there a good balance between the different types of activities?
4. Were they too difficult for, or maybe beneath the level of, our party group?
5. Were there too mary new activities and not enough of the familiar?
6. Was too much time spent in teaching new games, dances or songs?
7. Was leadership for the party activities adequate?
8. Did activity leaders exhibit confidence in themselves and enthusiasm for the party?
9. Were refreshments served in a pleasing manner without appearing unrelated to the party?
10. Did the last activity really close the party and leave group with a fecling of fellowship?
If we can be honest with ourselves in answering these questions we may discovor why the party failed to come off as we had planned..

NAME OF GA is:__
MATERIALS:

TYPE OF GAME: ACTIVE QUIET INDOOR OUTDOOR MENTAL MIXER
NUMBER OF PARTICIpANT OR TEAMS:
APPROPRIATE BOR WHAT AGES:
DIRECTIONS:

VARIATIONS:

GAME OBJECTIVE - Purpose (For example: Creativity? Get Acquainted? Utilize skills? Contest?)

NAME OF REPORTER $\qquad$
Game played when?
PARTICT MATING CRESS?

Theme: Lessons in Hunting.
As labbers arrived each received a slip with title of one of the following anima1s: Polar Bear, Lion, Mouse, Rabbit, Duck. Then each person was asked to tear out of a sheet of paper a figure bearing a resemblance to their particular animal.

Next the players were asked to make the noise of their animal while at the same time listening to the others so that all animals of one kind could get together in an area of the ha11.

After the groups had gathered together we introduced the reason for returning toward the primitive hunter instinct (our hothouse civilization dulls our desire and ski11 for being sensitive and aware to important realities in our lives).

Song: "A Hunting We Will Go". Then instructed each group to work up words appropriate to their animal totem.

Each proup sent out four members who were 1oyal tribal members and who also had some artistic skill and appreciation of their totem. Each member took a turn upon signal running to his place to start drawing their official animal emblem. On the word "stop", the drawer returned to the second in their line and gave him the crayon and he continued until the leader called "stop"! etc. The emblems were then carefully mounted over the area where the particular group wasilocated. Example: Rabbit Totem-- Totem Song (Tune: Stout Hearted Men)

Give us some hares who are stout hearted hares Who will fight for the life they adore Start us with pairs who are stout hearted hares And we'11 soon give you ten thousand more."

The sign of the totem was a noble hare standing erect, lovingly drawn by 4 members of the clan.

Now we are ready for the first hunting lesson:
Po1ar Bear: ("At Ta Ka Ta Nu Va") -- preceded by Group Song.
This is an Eskimo Hunting Song. With arms folded across chest, sing (1) with energy. This is while paddling out in Kayaks to look for game. (2) Sing while shading eyes looking for game, first with one hand, then with other. Sing (1) quietly with smooth power while paddling within range of game that has been spotted. Sing (2) while taking aim and shout BANG! loudly after each "wah ta". Sing (1) hurriedly with excitement in paddling to the game before it slides off the ice cake into the water. Sing (2) while making motions of pulling game across kayak, first

- from one side, then the other. Sing (1) tiredly, paddling toward home. Sing (2) with hands raised high above head, waving to home folks on beach. Sing (1) with renewed spirit paddling on in to shore at the end of successful hunt. (Song in Music Section).


Uncle Buckshot's Queer Hunting Habits: (Used bench for "spring seat")
Lion Hunt: (Zulu Warrior Song -
preceded by Group Song)

Drawing Charades: Each group sent out a representative who returned to the group to sketch picture of Song Title. First group to guess let out a shout of victory.

Duck Hunt: (Six Little Ducks - with Shots for sound effects).

Mouse Hunt: (Tragedy of the Three Blind Mice)
Three Blind Mice, See how they run
Two Blind Mice, See how they run One Blind Mouse, See how he runs. Silent Night --.--(STOP)

Refreshments: (Tribes sent forth a couple of food carriers).


Committee: Dot H. Alura D. John McC. Genie T. Beth B. Mary E1len F. Fran H. Sandi N. Lida B. Margie R. Gary K. Leila S. Marie $G$. kuth $k$. Bea $C$. Don S.

The committee began by taking a look at the Sunday night party to see what they really liked about it and what they might have wished done differently. Things well liked about the party were:

1. It was mostly quiet---considerate of the fact that many peop1e had traveled long distances during the day and were tired.
2. A11 events were closely related to a central theme.
3. People stayed in sma11 groups and therefore had a better chance to start new acquaintances.
4. A11 groups participated. The method of tearing out paper animals to form the groups was liked.
5. New situations for those in "performer" situations were brief and always had support. This kept being called on to do something from being embarrassing to anyone.
6. A different location for the ceremony made transition from party to ceremony good.

Suggestions: On opening night at 1ab it might be a good idea to have the ceremony which does a lot to explain the nature at the lab come first.

Party could have been tied more closely to ceremony by having whole group parade together from one hall to the other, perhaps singing on the way.

There was a lag before instructions began for the early comers to the party.

Refreshments could have been more subtly introduced.

Party Theme: Ye 01de Eng1ish Festival.
Town crier announced the festival at supper time. The groups were separated at Dinner by crests found under their trays. These crests were made from potato stamps. Medium-sized potatoes were cut in half. Suitable designs were marked on the cut faces. Then the potato was cut away from the design, leaving it raised. These were dipped in ink or poster paint and stamped on paper.

At the Rec. Ha11 large replicas of each crest showed gathering places of the groups according to their crest.

Each group was set to work to build its own fair booth, using materials provided and their own imaginations. When the booths were ready they were judged by the "prime minister" (Each booth was disqualified for some reason).

English folk dance was next, everyone participating. At the end of the dance all men exchanged name badges with their partners, these to be reclaimed at the end of the party.

Hat relay was for the women. Divided into three teams, the women each had to run forward relay style and try on in succession three hats, pausing only to bow to the audience after each hat.

The duel was with only three participants, the two actual dualists reportedly settling a grudge over a girl. Both were blindfolded, given newspaper "clubs", taken to the middle of the floor, spun around three times and told to have it out. The third man was not b1indfolded. He, too, had a paper club and hit the nthers a1ternately to make them think the foe was in striking distance. The duel ended when one contestant was unarmed.

Tug-o-war was for the men. The winners then took their ladies (the partners they had exchanged name tags with) and paraded the fairgrounds. It was then announced that one of these ladies would become queen of the festival. The ladies of the tug-o-war winners were then called to the stage. In beauty-queen contest style they were each given a question to answer. The prime minister then chose three finalists, using audience applause along with other criteria in making his choices.

A javelin throwing contest was then held for the gentlemen escorts of the three queen finalists. They each got four turns with soda straws for javelins.

The lady of the winner was duly crowned queen of the festival by the prime minister. The queen was Barbara Pepper. The ceremony committee then took over and the queen remained on her throne during the ceremony.

Refreshments were served in the dining hall following the ceremony.

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*******
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Happiness adds and multiplies as we divide it with others.
$\% * * * * * * *$

Progress always involves risks. You can't steal second base and keep your foot on first.

$$
\% * * * * * * *
$$

There is no danger of developing eye-strain from looking on the bright side of things.

Committee: Marty E. Helen H. Charlene L. Connie M. Karen E. Ilene F. Vicky B. Gary S. Lil D. Carol K. Georgia Ange1o R. Gay1e N. Joe S.

Evaluation: Since the committee would not have an opportunity to meet to evaluate the party it planned, members decided to recall what they especially liked and what they thought could be improved about Monday's party. Points they liked:

1. The theme - "01d Time English Festiva1" was very appropriate. It fits very well with the general theme of the lab. The party theme was evident in all the activities.
2. The props for the various activities were simple, but quite adequate.
3. Activities were balanced. The activities that did not involve the whole group were short and kept audience interest at a high level.

Suggestions: (1) When the fair booths were judges and then immediately removed for the next activity, some sensed an "unfinished" feeling or slight disappointment among the crowd. Perhaps the booths should have been allowed to function for a few minutes before the judging.
(2) In one place the M.C. had to leave his stand to participate in one of the contests. It might have been better had he stayed at the mike and had commented on the event that was taking place.
(3) There was a short lag of interest in the period between party and ceremony. Party guests were not sure whether they were to remain in the hall for something more or to leave.

## Theme: "Flight to Freedom"

Promotion: Announcement at dinner.
Atmosphere: At the rec. hall a model of the Pig being barbecued was displayed. Other displays indicated free day activities.

As party guests arrived, each was given the title of a song. Guests went around humming their song tunes to match up with others with the same tune. This put them into groups.

## Activities:

(1) Songs and Skits: Each group sang it's song for the entire party, then put on a skit that indicated what it's free day activity would be. These were short-showing such activities as rock hunting, sleeping, eating, and overnight hike.
(2) Dances: Miser1ou, The Hera and The Hitchhiker were the dance choices since they are symbolic of freedom.

At the close of the third dance, guests were formed into different groups while still on the f1oor. This was done by a leader ca1ling out, "Form groups of three", "Now groups of five", etc., until the desired size of groups was obtained.
(3) Relay: These groups played a relay game wherein each team member had to ring the neck of a pop bottle with a metal jar ring tied on a string.
(4) Rock Hunt: This was an audience "follow the leader" type of activity. A11 seated. Here is the story of the rock hunt. (Compiled from accounts in past years' lab notebooks.) Words not in parenthesis are what leader said and audience repeated. Motions are in parenthesis--dashes indicate pauses by the leader as cues for audience to repeat what has just been said.

Ah-h-h! ----- (stretches arms up and wide) ------This is our free day--------And do you know-------what I'm a-goin' to do? (points finger to "you" then to se1f)--.-.---I'm goin' on a rock hunt--.---We11, 1e's see (wa1k to rear-act this by
 better check my gear (1ifts car trunk lid)-.....-.--Yep, got my pick (points) -------there's my spade (points) umbre11a------------------there's the map (pats front pocket)------- 44 (pats hip)-------cutlas (fee1s side) there's the Geiger counter (points back in trunk) --....... dynamite---------placer equipment--------week's "K" rations---we11, guess that's about it (closes trunk) -----(pauses, feels shirt pocket, looks down into pocket)------Oh, yes, I got 'em -----my cyanide cansules-----just in case----I may not want ---------- to try makin' it back.

We11, that's everything (walks back to front car door)--...... jes' crank up lizzie (gets in car, turns on ignition)----and get in the caravan (steers into waiting position)-...............
(Sits, fidgits, looks at watch) Hey, Doc!-----What air we waitin' fer?-----Fer Don?------An' he's still in the sack! We11, man, go wake him (puts hands on steering whee1) --......... he's not imperturbably------

Ah!--------Here's the count down------We're gettin' on our way at last (motions of driving).

What'd you say?------How far have we gone?------The speedometer says------something less than------200 miles.------(jerks and bumps to stop). Did you say-----did we have a blowout?--...-. What do you think:-------Could it have been-----the air pressure coming up--------in one the tires?-------

We11, better get busy (motion of getting out of car)-----and put on the spare (walking motion to trunk) -------(raises trunk
 whole confounded works--------Whew! (mops brow) that's finished! (closes trunk lid) After the next one (walks back to car seat and starts driving) we wa1k------
(jerks, bumps, shifts gears) can te11 Doc one thing-----if we don't arrive soon--------we'11 be past------the end of the road.---...---(motion of stopping) Whatcha say?-----Have to leave cars here?----Oh, the truck's going further, huh?-------Why, sure I'11 ride-----(motion of looking into truck bed) Scoot over a bit-----so's I can load my gear in (motions of placing things into truck) and don't try to be---------so sarcastic about-------being over-equipped.
 (motion of starting, swaying, bumps) Why did we stop?-..............-
 A11 out, he says (motion of climbing out of truck) -------and push. --------Here, let me----get right in there by you (motions of getting into position to push) -.-.--and get my shoulder against it
 I'm just in------up to my knees------put my feet--------in my pockets---------before I got in here:-----------

There, he's out (wipes brow)------Oh?---------Wie walk from here? --------We11 (shou1ders pack and gets other gear under arms)----1e's be at it.--------(walks briskly at first, then slows down) -----Hey Doc?----------Where's Char1ey------and the map?---------Think maybe------we took a wrong turn-----and got into Montana!

Oh----we're halfway there-----that's great!-------(weary wa1king) Man!---------wonder where-------the rest room is----How did I get caught--------in a party of ladies?----------I'm desperate!-------(more weary walking motion)
 a garnet?------------------------1e's iok like a raisin--------But do you know what-----------it reminds me of?--------A rabbit!
(5) Barbecue:

This was refreshments. Toothpick size shishkabobs made of cheese and cross-sections of little pig sausages plus "freedom juice" which was fruit punch. Refreshments were readied beforehand and were served at one end of the rec. hall immediately after the last party activity.

[^2]
## CHATCOLAB

## 15th ANNIVERSARY PAKTY Thursday Night

## Committee:

| Pat I. | Marge B. |
| :--- | :--- |
| Chery11 M. | Ralph W. |
| Walt E. | Ken F. |
| Nettie B. | June J. |
| Janet P. |  |



As each guest entered the room a number representing one of the fifteen years of Chatcolab was pinned on his'back. He then was given a stone, and joined one of many circles to play Kashunga.

When all had arrived they were instructed to guess the number on their back by asking questions which could be answered "yes" or "no", then proceed to the candle bearing their number. This formed the groups for the entertainment which followed.

The years $1049,1951,1954,1956,1959$, and 1962 were chosen to be represented.

The 1949 group presented a skit depicting some of the first Chatcolabbers.

Jesse Polka and Bunny Hop were dances taught in 1951 and proved to be fun in 1963 as we all joined in the dancing.

A beautiful song from 1954, "Each Campfire Lights Anew" was sung by everyone.

From 1956 the game most remembered was "Elephant, Rabbit and Rhinoceros". Everyone joined in the fun even though they couldn't remember how to make a bunny tail, elephant ears, etc. when put on the spot.

Personalities was the theme for the 1959 group. They reenacted the ceremony awarding Doc Stephens membership in the Blackfeet tribe. Dwight Wales played the part of Frank Guardipee, chief of the tribe. Mar1ys, 1963 labber, was then awarded membership and given the name Corkie. She was presented a decorated name tag with this name written on it to take with her as she heads for home on Friday.

The Balloon Relay taught in 1962 was played by all and provided some hilarious entertainment.

In closing, the anniversary song was followed by the Happy Birthday song. A birthday cake with lighted candles and fruit juice were refreshments.


## Friday Night Party:

## 

Theme: Americana
To keep the early comers interested until others arrived, stars were made from 4 -inch squares of white paper and placed in position on an already prepared American Flag. (Directions for cutting these stars may be found in Demonstrations).

After the entire group had assembled an old fashioned spelling bee was held with the groups being divided into two parts to form teams.

Spelling Bee Game:
Equipment: Two complete sets of alphabet cards (one large letter on each $3 \times 5$ card), one set white, one set yellow, two chairs. Formation: The players are divided into two equal teams standing one behind the other. A complete set of alpabet cards is laid on a chair about 10 feet away from the other chair. A base line is drawn about the same distance back of the chairs.
Action: When leader calls out a word the first few players in each line, as many as there are letters in the word, hurry forward to the chairs, seleut the needed letters, carry them on to the base line and stand there holding them up areanging themselves in the proper order as rapidly as possible. Finishing team gets 5 points. These players return to line so new word may be announced. (Note: if word has double letter, seed, the player holding "e" must stand between $s$ and $d$ and wiggle letter. If word has two letters the same, player must dash back \& forthebetween proper spot.

Three groups of Barber Shop Quartets presented renditions of : "Down by the Old Mill Stream, Shine on Harvest Moon."


Turtle Race Game:
Equipment: One turtle for each individual or team (see directions for making turłles, pattern shown, one chair for each turtle, rug or canvas on which to race turtles (a slippery surface is unsatisfactory).
Formation: A row of chairs is placed at the edge of the rug. Attached to the front leg of eadh chair is a string about 15 feet long, which will reach out to the finish line and leave room for racer to hold and maneuver it. Tape is pinned down across the rug for a starting line 5 inches in front of where tape is tied to a chair and at another line 10 feet away for a finish line. Each turtle is placed behind the starting line so that his head touches the line and the string lays along his back after having been strung through the hole from underneath. Only the turtle's nose is on top of the string. Race is now ready to begin. Action: One racer from each team is lined up on his knees behind the finish line. On the signal, "Go", he picks up the string and by manipulating it up and down, tightening and relaxing the string; he causes the turtle to move up the string toward the finish line. The manipulator must keep the turtle's hind feet on the floor at all times. A large or sudden movement may flip the turtle over and ehange its direction. Object: Win the race. First tubtle whose tail passes over finish line wins.
Directions for turtle: cut turtle from sturdy, heavy cardboard. It is important to get all turtles exactly alike. Use a heavy string.

After the Turtle Race two live frogs were raced down the length of the Rec. Hall.

The Hat Race followed:
Equipment: 8 old hats, ladies' and men's
Formation: Choose 8 p eople ( 4 men and 4 women) into the center of the circle and place an old hat on each head. Players are to stand shoulder to shoulder facing center (a closed circle) with hands behind back. Action: Leader instructs players: (1) Reach up and put right hand on head of therperson to the right. On a clap from audience, move hat to own head. (2) Reach again to the right and on the clap again transfer hat to own head. This continues, one person after another being eliminated from the game as he fails to grab a hat, knocks a hat to the floor, etc. Object: To remain in game.
Audience participation: Make rhythm pattern as follows: Slap knees (contestants reach for hat) Clap hands (contestants shift hat to own head)


After the Hat Game a Serpentine was formed and all sang God Bless America andifacing the flag, closed the party with America the Beautiful.

Saturday, ${ }^{*}$. . is the
It is really an EVENT not to be soon forgotten, to spend Saturday night at CHAT. If you have been here all week, you are not surprised to find the dining hall decorated beyond imagination in its beauty. And Mary Fran and the Labbers really out-did themselves this year! Chief sawed out the traditional horse, rooster, and cat figures and many hands painted them . Baskets were woven of paper, hearts appeared everywhere. And the Christma.s tree was decorated with folded paper birds. Snowflakes glistened as they turned. Other decorations and costumes made the scene festive. The tables and food were "lovely".

King Dwight and Queen Martie were royally entertained after the truly SKANDIA FEST prepared by many labbers. And everyone enjoyed the preparation fully as much as the feast.

Genie Townsend found the lucky almond in her Christmas Pudding, and Cooks Marjorie, Dolores and Dorbthy were seated at the King's table. The Christmas Tompte (who is invisible to all but the family??) had a merry tine! (Marie G.)

Again we say-- Come to Chatcolab, and have the time of your life-- working, playing, and finding yourself. (KFN was never LOST!) Thank you again, Mery Fran, Bill, Don, Doc, Cliff, --- and all the rest of you, for a momorable time. Hope $I$ can come back again. See you here, too.

Another poen fon the new Chat Poetry Club....
DO YOU KNOW YOU?

Have you really found yourself
Do you know where you are going
Have you found your niche
Have you influenced someone in some unknown way?
If you have
You know your abilities and weaknesses
You have a dream or a goal
You have a reason for doing things
You have found your niche in God's scheme
You have unknowingly been someone's ideal
You have Iaith in yourself and others
This is the real you!



Jane Harris
Dancing is one of the great joys of life. People will enjoy it in recreational groups if they can learn to dance easily and be successful. It is the responsibility of the dance leader, therefor., to select materials for dances which can be taught and done by the group after one or two walk-throughs. This means that short routines, sithple formations and simple basic steps are going to be the most popular.

Dances must be selected which are appropriate in style and meaning for the age level of the group. When translations, meanings, or background information about the dance is known, the group can enter into the spirit and traditional style of the dance with greater appreciation.

It is generally true that people will learn to love dance for the association with others and the beauty of the figures when they can be done with some degree of finesse. The leader must provide opportunity for dancers to practice and repeat dances often so they can be done well. Careless racing through dances when people are shoved and pushed around only seems to spoil dancing for the majority. The leader must also guard against presenting too much material too fast, as this makes dancing hard work and detracts from the fun. In order to help the dancers learn easily, the leader may call the steps over the microphone.

The history of man is richly interwoven with dance. The movements of the dances we have inherited continue to weave . and reflect the sory of generations past and those yet to come. Twentieth Century living with its rapid communication and transportation has increased our interest in and need for international understanding. Folk dancing is a language which can be understood and enjoyed by all peoples together. Let us dance together always.
"Most of us live too near the surface of our abilities, dreąding to call upon our deeper resources. It is as if a strong man were to do his work with only one finger." --John Charles Wynn.

By Jane Harris

STANDARD SQUARE DANCE BASIC STEPS

1. BEND THE LINE - From any lines of even numbers the line breaks in the middle, the end moving forward while the centers back up so that you will be facing the ones you were in line with.
2. BOX THE GNAT - The same as Box the Flea, except that it is done using the right hand instead of the left.
3. CATCH ALL ETGHT - Each person catches partner by the right forearm and moves forward half way around, then back with the left forearm and go all the way around, or as directed by the caller.
4. CROSS-TRAIL THRU - The two active couples meet, pass each other, right shoulder to right shoulder, the lady crosses in front of her partner, moving to her left, while the gent crosses behind the lady moving to his right. The caller will give another call following this. The cross-trail can also be done with the lady on the left side of the gent, but in either case the lady crosses in front of the gent.
5. DIXIE CHAIN - Two couples will be facing, single file, and they move by each other as they do a right and left grand, using a1ternate hands. The first two to meet begin with the right hands and the next two start with the left hands. It's a right, left for the first two and a left, right for the next two. This leaves you in a single file waiting for the next call.
6. EIGHT ROIL AWAY - (with a half sashay) From an allemande thar movement the men move to the outside while the ladies ro11 across and into the center. Each does a half left face turn as they exchange places. This turn is made easier if, just before you begin the half left face turn, the gent will reach across his left arm and take the lady's right forearm with his right.
7. ENDS TURN IN - (Ends turn out) In any line of four, all facing the same direction, the two in the center make an arch. The two on the ends of the line move forward and together, and both duck thru the arch. The two making the arch will do a California Twir1 so that they will reverse their line of direction and face into the set again. This is done from a line facing out. If you are facing in, the call would be for the ends to turn out, using the same procedure.
8. SQUARE THRU - The Square Thru is executed when two couples are facing. Move forward and take opposite lady by the right hand, pull her by, make a quarter turn to face original partner, give a left to her and pull her by. Then make another quarter turn to face original opposite again and give her the right, pull her by and make a quarter turn to face partner. Take partner by the left, pull her by and wait for the next call.
9. THROW IN THE CLUTH - From an allemande thar figure, or from a wrong way thar, on the call "Throw in the cluth," those in the center retain their hand holds in the star, but release hand holds with those on the outside. The star changes its direction, inside persons moving forward, while the ones released on the outside continue on in a forward direction. Then follow the nort m-11.
10. WHEEL AROUND - From promenade position, the couples as a unit will wheel around to face the opposite direction. The gent backs up to turn while the lady moves forward around the gent, still retaining the promenade position hand holds.

MIXERS
BUZZ'S MIXER
Musical mixer - requires caller Teen-age or adult

MUSIC: Pretty Gir1 Dressed in Blue, Windsor 7614B, or any twostep.
FORMATION: Partners face, two hands joined. Double circle with man's back to center.

CALL: $\quad$ Shuffle in and shuffle out Turn that lady all about Shuffle in and shuffle out Turn that lady inside out Swing, swing, everybody swing Promenade, Go 'round that ring F1ip 'em in, the pretty side in Come on boys, you're gone again Boys step out on the outside track

You'11 meet a lady coming back
Swing, Swing, everybody swing
Promenade, go two by two
Promenade, like I te11 you to
One foot, two foot, three foot, four
Get ready now
We'11 dance some more
ACTION: Balance to partner and out
Turn lady to inside of circle.
Repeat above, turning lady to outside.
Swing 1ady
Promenade
Promenade, lady inside.
Ladies keep going, men 1et go and go back the other way on outside of circle.

Meet another partner.
Swing her
Promenade
Promenade and get ready to start
over again.

## IRISH WASHERWOMAN MIX

## Music: Irish Washerwoman

Record : World of Fun Series M 103 Vic. EPA 4240
Formation: Single circle, lady on right

1. All join hands and go to the middle (walk L R L R)
2. And with your big foot keep time with the fiddle ( 4 stamps)
3. And when you get back remember my call. (walk back to place L R L R)
4. Swing the lady on your left and promenade all.

## OH SUSANNAH MIXER

Music: Oh Susannah
Record: Decca 18222, Victor 21169 Victor EPA 4140
Formation: Single circle - ladies on the right.

1. Ladies to the center four steps and back. (Men clap to rhythm of music.)
2. Gents to the center four steps and back. (Ladies clap)
Repeat 1 and 2
3. Grand right and left through the chorus once.
4. Promenade with a new partner through the chorus, which is played a second time.

## SICILIAN CIRCLE

Music: Any square dance rhythm. I like $6 / 8$ for this.
Record: Your favorite square dance one. Victor 20639, World of Fun Series 104.
Formation: Sets of two couples in a ring.

I

1. First and third go forward and back. Side two couples same. Heads, its forward and back again and sides the same old thing.
2. Head two ladies chain across And turn and chain beck home. Side two ladies chair across Now turn and chain back home.
3. Head couples right and left over. Right and left back home again. Side couples righ and left across. And right and left home again.

Position: Inside hand joined with partner.

1. Forward and back

Forward and back again.
2. Ladies chain across, Chain right back again.
3. Right and left over, And right and left back again.
4. Forward and back

And forward and thru to a new couple.
(This is an easy way to teach square dance figures. Keep adding new ones as rapidly as the group can take them.)

II
With this as a basic figure you
can add many patterns such as:
Head two ladies chain across
Side two do the same
Head ladies chain home
Side ladies chain the same. and
All four ladies chain across Chain home again. and
Head ladies chain to the right And chain back home
Now chain to the left And chain back home. III
Similar changes can be made using right and lefts, half promenades and star figures.

Record: Decca 9-30363
Position: Promenade pos. facing LOD. Lady on man's right. Inside hands joined.

Footwork: Opposite, begin with outside foot.
WALK, 2, 3, 4; (LOD)
BACK UP, 2, 3, 4,
(Turn alone, rejoin inside hands, and back up 4 steps in LOD)
WALK FWD, 2, 3, 4; (RLOD)
BACK UP, 2, 3, 4; (as above in RLOD)
BALANCE AWAY, AND TOGETHER, AND AWAY, AND TOGETHER
TURN, 2, 3, 4; (turn away from partner to a new partner)
BALANCE DOWN THE LINE AND UP THE LINE (Join both hands in a butterfly pos. with new partner, balance in LOD, then in RLOD, and then dance over with this new partner.)

## CANADIAN BARN DANCE

Introduced in the San Francisco area in September, 1948, from England by Caro1 and Bob Rogers. Taught at the 1949 Fo1k Dance Summer Camp, Co1lege of the Pacific, by Henry Glass.

RECORD: "Canadian Barn Dance," Be1tona 2453, no introduction.
FORMATION: Couples in open dance position, inside hands he1d, facing CCW.
DANCE: Starting on outside foot, walk forward three steps and brush inside foot forward.

Starting with inside foot, walk backwards three steps and brush outside foot forward.

Drop hands, turn out (manL, Lady R) away from each other with three walking steps, swing free foot over on fourth count.

Return to partner turning in reverse direction with three walking steps and swing step.

In closed dance position, but both facing CCW, starting with outside foot, walk forward three steps, turning towards partner on third step to point inside foot (CW) on fourth count. Repeat, moving CW, ending facing CCV.

Take three two-steps, advancing CCW in circle and turning CW. On fourth two-step gent turns 1ady under his right arm and goes back to 1ady behind. Lady may twirl ahead up to new man.


This dance was originated by Jane A. Harris, Pul1man, Washington.
MUSIC: Record: Decca 28846
POSITION: Partner's face, do not hold hands
STEPS: Draw step--toes--hee1s

DIRECTIONS FOR THE DANCE

Music Note: Directions are for the man, ladies part reversed.
Measures

1

2
3-4
5-6

7

8
I. Beginning left step left, draw right foot up to left, take weight right, repeat (counts 1 and 2 and) moving in 1ine of direction.
Step left, count 1, clap hands, count 2
Repeat all above moving in reverse line of direction.
II. Move both feet together, toes first, then hee1s moving in reverse direction. Repeat 3 times. The 1ady moves in line of direction. Both moving to the right to new partner.
III. Beginning left, take two steps to run around in place in front of new partner.
Slap thighs, clap hands, count 1 and then clap both of partner's hands, count 2 .

Repeat dance from beginning, getting a new partner each time on Part II.


By Dottie \& VanVander Walker
Record: Blue Star 1592
Pos: Open-facing for intro. Varsouvianna for dance
Footwork: Identical Throughout
Measure

Introduction
1-4 WAIT; WAIT, BAL APART. . TCH.-: BAL TCGETHER. -: TCH. -: (TO VARS POS) IN OPEN FACING POS, KAIT 2 MEAS: BOTH BAL APART ON L, TCH R TO L: BAL TOGETHER ON R FT TURNTNG TO FACE LOD AND TAKING VARS POS, TCH L TO R:

Part A
1-4 TWO-STEP FWD: TWO-STEP FWD: OPEN OUT TWO-STEP IN VIRRS POS BOTH START ON L FT DO 2 TVO STEPS FWD IN LOD: RELEASE $R$ HAND HOLD FUT RETAINING L HAND HOL' TYE $W$ U CROSSES OVER IN FT OF THE M WITH 2 TWO-STEPS TO FACE RLOD WHILE THE M DOES 2 THO-STEPS IN FLACE AND STIIL FACTNG IOD:
5-8 BUZZ SASHAY. . 2,-, 3, -, 4,-; TWO-STEP AROUND: THO-STEP AROUND RELEASING L HANJ HOLDS, SĀSHAY ACROSS, BCTY TO THETR I AND PASSING FACE TO FACE BY PUSHING VITH R, STEPPING SIDE ON L, PUSHING WITH R, STEPPING TO SIDE ON L, PUSHING VITH R, STEPPING TO SIDE ON L, PUSHING WITH R, STEPPING TO SIDE ON L, (HOLD HANDS ABOUT SHOULDER HIGH AND SNAP FINGERS FOR BUZZ SASHAY) JOIN R HANDS AND DO 2 CW TWO-STEPS AROUND MAKING A $\frac{1}{2}$ TURN TO END WITH M ON OUTSIDE OF CIRCLE FACING RLOD, W ON INSIDE FACING LOD:
9-12 BUZZ SASHAY, $-2,-, 3,-, 4,-$; TWO-STEP AROUND: TWO-STEP AROUND REPEAT 5-8 BUT PUSFING WITH L FT AND MOVING TO R JOIN L HANDS DO 2 CCN TKO STEPS AROUND.
13-16 TVO STEP AROUND: TWO STEP AROUND: WALK, $-2,-2,3,-4,-$; CONTINUE THE CCW TURN WITH 2 MORE TWO STEPS TO END WITH M FACING RLOD \& $V$ FACING LOD: RETAIN L HANDS THE M MAKES A TIGHT SPOT L-FACE TURN AS STEP ON L TO FACE LOD AND ASSUME VARS POS WHILE THE W STEPS FWD IN LOD ON L, BOTH THEN CONTINUE TO WALK FWD IN LOD, RLR:
17-32 REPEAT ACTION OF MEAS 1-16 EXCEPT TO END IN OPEN POS BOTH FACING LOD.

## Part B

1-4 STEP, ,KICK, -:STEP, - , KICK, -: TWO-STEP FWD: TWO-STEP FWD: IN OPEN POS STEP FWD IN LOD ON L, KICK R ACROSS IN FRONT OF L: STEP FVD ON R, KICK L ACROSS IN FRONT OF R: DO 2 TWO STEPS FWD IN LOD:
5-8 CHASE TWO-STEP: CHASE TWO-STEP: CHASE TWO-STEP: MANEUVER TWOSTEP:
REIEASTNG HANDS BOTH TURN $\frac{1}{4}$ L-FACE AND DO 2 TWO STEPS FWD TWD COH WITH THE F CHASING THE M, TURNING L-FACE ON THE 2ND TWO STEP TO REVERSE THE CHASE POS: THE M NOW CHASES THE W OUT TWD THE WALL WITH 2 TWO STEPS, BOTH TURN ON THE 2ND THO STEP TO TAKE OPEN POS FACING LOD, A L-FACE TURN:
9-16 REPEAT ACTTON OF MEAS 1-8 OF PART B.
Part C

1-4 SLIDE IN, $-, 2,-: 3,-4-$, SIIDE OUT, $-, 2,-: 3,-, 4,-\mathbf{:}$
MOVING DIAG TVD COH DO 4 SLIDE-CLOSE STEPS, SLIDE L FWD, CLOSE R, SLIDE L FWD, CLOSE R, SLIDE L FWD, CLOSE R, SLIDE L FWD, DO NOT CLOSE R BUT START TO STEP THRU AND TURNING TO FACE DTAG TWD WALL: REPEAT THE SLIDE ON A DIAG TVD THE WALL AND STARTING WITH THE R FT: END IN OPEN POS FACING LOD. STEP, - , TCH, - : STEP, - , TCH, - ; CHANGE PLACES TWO STEP CHANGE PLACES THC STEP
STEP ON L, TCH R ACROSS IN FT OF L: STEP ON K, TCH L ACROSS IN FT OF R RELEASE HANDS, THE M DOES 2 TWO STEPS ACKOSS TWり THE VALL AND TURNING R-FACE WHILE THE W DOES 2 TWO STEPS ACROSS TWD THE COH TUKNING L-FACE ASSUME OPEN POS BOTH FACING RLOD:

SEQUENCE: INTRO, PART A, PART B, PART C, PART A, PART b, PART C, TAG. TAG: TWO STEP FWD: TWO STEP FWD: WALK, 2, 3, FACE, CLOSE CHUG:

IN OPEN POS DO 2 TWO STEPS FWD TN LOD: WALK FLD LRL/FACE, CLOSE R TO L AND CHUG.

## HITCH HIKER MI XER

This dance was originated by Jane A. Harris, Pul1man, Washington MUSIC: Record: Five Foot two, Rondo 186

Pretty Gir1 Dressed in B1ue, Windsor 7614B
Any lively two-step, preferably in rag time.
FORMATION: Noub1e circle, partners facing, man's back to center of circle

## DIRECTION FOR MIXER

Music Note: Direction are for man; 1ady's part reversed.
Measures Jump and Hitch
1-2 Moving away from partner, take two small jumps backward.
3-4left toe, lady right, out twice toward line of direction.
5-89-10reverse line of direction with other thumb and toe.Repeat action of measure 1-2.
11-12 Wag both thumbs, turning out both toes twice.
Dos-A-Dos
Strut 8 steps around partner doing a dos-a-dos, passing right shoulders back to place facing forward and holding partner's inside hand.
Promenade
1-2 Beginning left, take 4 steps moving forward in line of direction 3-4 Strut four steps turning in place (man L, 1ady R)
5-6 Repeat action of measures 1-2.
7-8 Man turning left, take four struts and move back to lady behind for a new partner. Lady turning right, takes four struts in place.


## FOLK DANCES

## ROAD TO THE ISLES

Scottish
Road to the Isles is a favorite marching song of the Pipe Bands. The tune ca11ed "Bens of Jura" was composed by Pipe Major MacLe11an about 1890 with words by Dr. Kenneth McLeod. The original words are very similar to the song "Border Trail". The dance is relatively new in composition and is similar to the Scottish Polais Glide and the Douglass Scottische. The authors learned the dance in New York City and in California, 1944-46.

MUSIC: Record: Imperial 1005A, Folk Dancer MH 3003, Wor1d of Fun M110 Piano: Rorhbough, Lynn, Cooperative Recreation Service, Sing It Again, Handy II, p. 16.
POSITION: Varsouvienne
STEPS: Schottische

DIRECTION FOR THE DANCE


## MISERLOU

(Kritikos)
Kritikos is the Greek name for the dance. Miserlou is the name of the tune used for the dance. Apparently a group of Greek dancers used the ponular tune, "Miser1ou", and it became widely known by the song title. Greek music has many different characteristics. One type is similar to Spanish and Latin American forms. The tune "Miser1cu", a Greek tango, is typical of this type. This dance was taught by Monty Mayn, Pittsburgh, Dennsy1vania, at Og1ebay Fo1k Nance Camp, Wheeling, West Virginia, 1948.

MUSTC: Record: Columbia 7217F, Standard 8562, odalisque, Kismet 142 Miserlou by M. Roubanis, Colonial Music Publishing Company, 168 West 23rd, New York City, New York.
FORMATION: One large broken circle, hands joined, 1ead dancers at the right end of the line.
STEPS: Two-step, grapevine

Music 4/4 Measures

1

2

3 Beginning right and moving clockwise, take one two-step. 4 Step back on left (ct. 1). Step right to side, body facing center (ct. 2). Step left across in front of right (ct. 3). Ho1d (ct. 4).

Note: The dancer at the right end of the broken circle leads the line in serpentine fashion, coiling it counterclockwise then reversing and uncoiling it clockwise, while executing the dance pattern.

GAY GORDONS Scottish

The authors learned this dance from Marion Henderson, University of British Columbia, 1951.

MUSIC: Record: Vindsor R 607, Be1tona 2468, Be1tona 2455, Columbia DY 1653

Piano: Fo1k Dancer, Volume 7, No. 4, p. 11.
POSITION: Varsouvienne
STEPS: Ka1k, two-step
DIKECTION FOR THE DANCE

| Music 2/4 | Note: | Direction are same for both man and lady, except when specially noted. |
| :---: | :---: | :---: |
| Measures 1-2 | I. | Va1k. <br> Beginning left, waik four steps forward in line of direction. On fourth step, pivot clockwise to face reverse line of direction. Lady is now on man's left. |
| 3-4 |  | Continue wa1king backwards in line of direction four steps. |
| 5-8 |  | Repeat action of measures $1-4$ in reverse line of direction. <br> Two-step |
| $9-12$ |  | Man beginning left, take four two-steps in line of direction, as 1 ady , beginning right, turns clockwise under man's right arm four two-steps. Or man, beginning left, lady right, pas-de-basque out and in and man takes four walking steps in 1ine of direction as lady turns twice clockwise under man's right arm. |
| 13-16 |  | Closed position. Man beginning left, lady right, take four two-steps turning clockwise, progressing in line of direction. |

HORAH
(Pa1estinian)
Music: Record: Folkraft 1106B, Victor 25-5079, Fo1k Dancer MH 1052. Piano: Chochem, Corinne, and Roth, Muriel, Palestine Dances Beliajus, V. F. Mance and Be Merry, Vol. I, p 37
Formation: Single circle, hands on shoulders of person on either side, arms straight.

DIAECTIONS
Music 4/4 Note: Directions are same for both lady and man.

Note:
Moving counterclockwise step right to side, place left behind right and step right. Kick left in front of right while hopping on right. Step left to side, kick right across left while hopping on left. Note: This same pattern is repeated throughout the dance.

Begin the Horah slow1y in order to establish the rhythm, keep the tempo slow and the music soft, then gradually accelerate the rhythm and increase the volume. If the group is large, it is interesting to have several concentric circles some circles beginning with the right foot moving clockwise, and others beginning with the left foot moving counterclockwise.

RED RIVER VALLEY
Music Record: World of Fun M 104, Imperial 1096, Folkraft F1056, Position Set of three, man between two ladies, arms linked.
Formation Two sets of three, facing each other in large circle. Each set a1ternately faces line of direction and reverse line of direction.

## DIRECTIONS FOR MIXER

SINGING CAIL:
Verse 1 NOW YOU LEAD RIGHT DOWN TO THE VALLEY
Wa1k diagona11y forward to right and pass opposite set to meet new set.
CIRCLE TO THE LEFT THEN TO THE RIGHT
A11 join hands and circle left, then right.
NOW YOU SWING KITK THE GAL IN THE VALLEY
Man swings (elbow or waist swing) right hand lady.
AND YOU SWING VITH YOUR RED RIVER GAL.
Man swings left hand 1ady.
Verse 2 NOW YOU LEAD RIGHT ON DOWN THE VALLEY
Each set links arms. Walk diagonally forward to right and
pass opposite set to meet new set.
CIRCLE TO THE LEFT THEN TO THE RIGHT
A11 join hands and circle left, then right.
NOW THE GIRLS MAKE A WHEEL IN THE VALLEY
Four ladies make right hand star, walking clockwise once around and return to place.
AND THE BOYS DOS-A-DOS (DO-SA-DO) SO POLITE.
Two men dos-a-dos (do-sa-तo), passing right shoulders.
Verse 3 NOW YOU LEAD RIGHT ON DOWN THE VALLEY
Each set links arms and pass opposite set as before to meet new set.
CTRCLE TO THE JEFT THEN TO THE RIGHT
A11 join hands and circle left, then right.
NOW YOU LOSE YOUR GAL IN THE VAILEY
Two right hand ladies change places crossing diagonally.
AND YOU LOSE YOUR RED RIVER GAL.
Two left hand ladies change places in same manner.
Each man now has two new partners for repeat of dance.

MUSIC: Kecord: Folk Dancer MH 1051
Piano: Burchena1, E., Folk Dances of Germany, p. 28
FORMATION: Set of four couples in square dance formation.
STEPS: Skip, slide
Music 6/8 Note: Direction are same for both 1ady and man, except when specially noted.
$\frac{\text { Measures }}{\text { A } 1-8}$

1-8 Beginning left, take sixteen skips clockwise, swinging arms.

B $9-10$
11-12
13-16

17-20
9-20
A 1-8

B 9-20
Chorus
Head couples take closed position. Man beginning left, lady right, take three slides to center and pause or stamp. Man beginning right, lady left, take three slides back to place and pause or stamp.
Man beginning left, lady right, take eight slides across set to opposite side, men passing back to back. Turn in place to face center.
Repeat action of measure $13-16$ returning to home position ladies passing back to back.
Side couples repeat action of measures 9-20 B.
II. Ladies Circle

Four ladies join hands in circle. Beginning left, take sixteen skips clockwise. Men clap.
Chorus
Repeat action of measures $9-20,9-20, B$. IIT Men Circle

A $1-8$

B 9-20
A $1-8$

B 9-20, 9-20

A 1-8
B $9-20$, 9-20

A $1-8$
A.

Four men join hands in circle. skips clockwise, Ladies clap.
Chorus
Repeat action of measures $9-20,0-20, \mathrm{~B}$.
IV Basket
Head couples form circle, men's arms around ladies' waists, ladies' arms around men's shoulders. Reginning left, take sixteen skips or s1ides clockwise.
Chorus
Repeat action of measures $9-20,9-20$, B.
V. Basket

Side couples repeat action of measures A-1-8, Figure IV. Chorus
Repeat action of measures $9-20,9-20, \mathrm{~B}$.
VI. Circ1e

Repeat action of measures A 1-8, Figure I.

Variation: Arrange all the squares so that they are direct1y behind and beside another square, so that the couples may slide through several squares and return to original position during the chorus.
Measures $13-16$, B, man beginning left, lady right, take eight slides across set and on through as many sets as they go, men passing back to back.
Measures $17-20$, B, repeat action of measures $13-16$, returning home, ladies passing back to back.

THREE MEET
(Northern Eng1and)
TUNE: Three Meet or other Jig Tune.
FORM: Three facing three-man and two partners. "Threes" can be in large circle.

STEPS: Wa1k step; pirot or buzz step.
DANCE
MUSIC
A1 1-8 "Threes" link arms, advance and "etire and then change to opposite side, each line moving rqund in a counter-clockwise direction (to the right).

A2 1-8 kepeat above figure to places.
B1 1-4 Man arms twice round with right-hand partner. 5-8 Man arms twice round with left-hand partner.

B2 1-8 "Threes" Cuddle-up. With arms linked behind backs to form a basket, "threes" swing with a pivot step. This may be progressive, "threes" passing by one another as they swing (keep out to the right and finish facing the next "threes").

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## FRIENDSHIP

If you had a11 the 1ands and gold It's possible for man to hold, And if on top of that could claim The greatest sum of earth1y fame, Yet needs must live from day to day Where never human came your way, You'd trade the gold you had to spend To hear the greeting of a friend.

What joy could come from splendid deens
That no one ever cheers or heeds?
Fame would be empty and absurd If of it no one ever heard.
The richest man without a friend
Is noor with all he has to spend.
Alnne, with all that could be had,
A human being would be sad.
Not in ourselves does fortune 1ie, Nor in the thing that gold can buy; The words of praise that please so we11, The lips of other men must tell. And honor, on which joy depends, Is but the verdict of our friends. A11 happiness that man can know, The friends about him must bestow.

Dr. Gsatzlig, for Appenze11 in Switzerland, was introduced by Jane Farwell at the Reunion Institute of the Stockton Foik nance Camp in Octcber, 1954.
Music: Record: Fo1k Dancer MH1114-B "Dr. Gsatz1ig"
: Piano: "12 Schweizer Tanze," L. Witzig \& A. Stern Pub. Hug \& Co., Zurich. A1though the music is written in $2 / 4$ meter, it is slow and has the quality of a schottische.
Formation: Couples in closed position, $M$ back to center, joined hands outstretched LOD. Side Step: step sideward in direction indicated (ct1), c1ose (cte)
Steps: Hackschottische, Swiss Polka, Step-hop.
MUSIC $2 / 4$
PATTERN
Meas. up-beat
\& 4 meas. INTRODUCTION: Up-beat and 4 meas. (on above record) I. Br. Gsatz1ig (side step) Begubbubg NK-HR, dance 4 side steps LOD
A $1-2$ 2 side steps RLOD (CV) with joined hands bending back at 3 elbows to indicate change of direction (upper arms extended)
42 side steps LOD, with arms outstretched two LOD.
5-8 Repeat action of measure 1-4, beginning MR-WL, and moving in opposite direction (CW).
1-8 Repeat action of measures 1-8.
(repeated)
II. Hackschottische (hee1 and toe schottische). Partners still in closed position
B. 9-10 Beginning M-WR, take a heel and toe (counts 1, 2) and a

11-12 Repeat action of measures $9-10$ beginning MR-WL and moving
13-16 In shoulder-waist position, turn CW with 4 Swiss Schottische steps (step-c1ose-step, counts $1 \& 2$ ) making 2 turns while moving LOD (CCW).
9-16 Repeat action of measures 9-16.
(repeated)
A $1-8$
III. Dr. Gsatzlig (side step).

Repeat action of Figure 1, measures 1-8
IV. Tru11 Polka (Turning Polka)

Partners facing--M facing LOD, arms folded across chest; W back to LOD, hands on hips.
C. 17-18 Beginning ML-WR, take 2 Swiss Polka steps moving LOD (Swiss Poika: step-close-step-hop, counts $1 \& 2 \&$ )
19-20 With 4 step-hops, both move LOD. M goes forward, beginning
21-24 Repeat action of Measures 17-20.
17-24 Repeat action of measures 17-24, but with raised R hands
(repeated) On step-hop $W$ turns $C W$ under joined hands.
V. Dr. Gsatzlig (Side Step)
A. 1-8 Repeat action of Figure 1, measures 1-8.

This is a quadrille or dance in square formation. quadrilles of 4,8 or more couples have been danced in Italy for centuries, some with calls, some without. This one is not called. It is a flirtation and sprightly dance.
Formation: Four couples in a large square formation.
Starting Position: Men with girls at their R. Men's hands on hips, palm toward body, thumbs forward, fingers backward. Girls hold skirts just a few inches out from the body. Couples 1 and 3 are head couples, 2 and 4 side couples.
Chorus HEAD COIPLES CHANGE PLACES. Girls lead with 4 quiet
Music A schottische steps, moving steps, moving shoulders alternately
\& repeat forward in unison with movement of feet. Men follow with 4 lively step-hops, large movements. In opposite places, partners face each other and do 8 low kick steps straight forwerd in place. End of both feet reedy to spring for the return. Repeat all this going back to own partner and place.
Fig. 1 ALL NEN MOVE TO RIGHT. All 4 men - passing in front of own partner move to girl on the right with 2 long running steps or leaps and turn her with 14 small running steps in characteristic position man (right arm around girl's waist, his L hand on his hip) thumb forward. He dances slightly bent forward from the waist. Gir1's R hand is on man's L shoulder her $L$ hand holds her skirt rather close to her body. A11 men move once more to next girl on the right and turn her. At this point girls on the right are still in original place, but with new partner.
Chorus STDE COUPLES CHANGE PLACES.
Figure $1 \frac{\overline{A L L}}{\text { part }} \frac{\mathrm{MEN}}{\mathrm{ner}}$. MOVE $\overline{\text { TO }}$ RIGHT. which brings them back to original
Chorus HEAD COUPLES CHANGE PLACES AGAIN.

## Music C \& repeat

Figure 2 HEAD MEN WITH 3 LEAPS AND NOD, pass gir1 on $R$; then with
Music D
\& repeat
Chorus \&
Fig. 2 At the very end, all couples turn, and bow.
DOUDIEBSKA POLKA (Czechoslovakian)
Record: Folk Dancer 3016
Formation: Any number of couples in frec formation
Measures:
1-16 Free poika around the hall.
17-32 Partners side by side, man's right arm around partner's waist and her left hand on his near shoulder. Couples move inwards to tighten the circle. Man reaches ahead to place left hand on shoulder of man ahead. March around singing, 1a, 1a, $1 a, 1 a$, to the melody.
33-48 Men: Face center. Clap own hands twice and then extend both hands to sides to clap the hand of the man on either side. The rhythm of the claps is quick, quick, slow. Women: At the same time--Circle 1eft with a polka step around the circle of men. $\Lambda t$ end of 16 measures men quickly turn around and start dance over age in with the nearest girl.

IL CODIGLIONE
(I11 Co-di11-yo-ney)
Codig1ione is the Italian form for "Cotillion". Cotillions are group dances of courtly origin. Original traditions demanded that no less than four couples perform this dance. They opened the ball of the evening and the mixer part of the dances served as a "get acquainted ice breaker" among guests.

Record: Foik Kraft 1403-
Any Italian type of Quadrille such as Allegria (Harmonia 207LB), Palormitana (Harmonia 2070B), the regular Italian Quadrille found under several labe1s, or a tarante11a of a march temp will be suitable. The best one is "Tarantella Barese" (Harmonia 207L\#)
Step: A nice easy walk, two steps per meas. Pas de Basque. Formation: Couple behind couple in a promenade (Varsouvienne) position. Figure 1 : 16 meas. Promenade in twos.
Figure 2 : 8 meas. Form a circle and walk right.
Figure 3 : 8 meas. Reverse -- walk left.
Figure 4 : 8 meas. Form two circles. The ladies to the center, moving left, men on the outside moving right.
Figure 5 : 8omeqs. Reverse -- To the opposite direction.
Figure 6 : 8 meas. Form a basket, hands of men over and in front of ladies, walk right.
Figure 7 : 8 meas. Ladies basket. Do not release hands. Men duck under and women raise their joined hands, walk to 1 eft.
Figure 8 : 4 meas. Promenade with eight steps and face partner on cts. 7 and 8 , men in center.
Figure 9 : 4 meas. Raise hands and snap fingers, do four Pas-doBasque steps starting with the right foot.
Figure 10: 4 meas. Right shoulder dos-a-dos, hands down.
Figure 11 : 4 meas. Left shoulder dos-a-dos and man advances one partner ahead on cts. 7 and 8 .
Dance Figures 8 through 11 until original partner is met or to the end of the music.

## OSLO WALTZ

Record: Os1o Wa1tz on Fo1k Dancer 3016 Formation: Couples in circle facing center.

Part 1: Waltz balande forward and back (Lady R., men L.) and the ladies move one place over to their right with 2 waltz steps... men help them get there by taking lady on the left and lead her over to your right side. Men dance in place. This is done four times -- 16 measures.

Part 2: Face new partner with two hand hold. Waltz balance to center and away from center, then drop hands as you turn away from partner to center. Waltz balence away, waltz balance to center, then turn or roll awey from partner moving to the wall. Two hand hold, outstretched to sides, two slow slides to center, and two slow slides away from center.

Waltz 4 with your partner in ballroom position. Join hands in a single circle and ready to repeat the dance. Do not twirl the lady to position.

Music: World of Fun, Record M 106
Formation: Up to six couples in a set in "Virginia Reel formation" longways with girls on one side, boys on the other.

Figure 1. A. FORWARD AND BACK: Hands joined along each line. Lines run forward toward each other with 6 small running steps and 6 back to place for four measures. Repeat all.
Chorus: B. Music plays one measure as all stand still. On second measure all take one step to left and bow. On third measure all stand still. On fourth measure all turn to fface front and place both hands on shoulders of person standing in front of them. Lead person places both hands on hips.
\&. The two lines cast off, ladies turning to right, men to left, as they run down the out side of the set leading the two lines behind them, when they reach the foot of the set they come back to place and face partners across the set as in the beginning. This figure is called the "Trip to He1sinki".
Figure 2. A. "Thread the needle". Again jo in hands in éach line. The first lady and man in each set, goes under the arch formed by the 2nd and 3rd person in their own line, leading the line along with them. The persons forming the arch turn under their arms so that they can follow the leader as he proceeds down the whole line, going under the arches formed by each succeeding person. When the leaders reach the bottom of the set, they lead the 1 ines around so thatt they come back to the original places facing each other as for the chorus.
Chorus B. Do the waiting, bowing, waiting, turning front and "Trip
A. to Helsinki".

Figure 3. A. "Over and Under". Odd couples face even couples down thee set, holding inside hands. Odd couples make an arch as even couples pass under. Then odd couples go under arch made by even couples. Couples progress in this manner up and down the set, turning around when they reach the end of the set to come back to place.
Chorus B. Do the waiting, bowing, waiting, turning front and take
A. the trip rs above.

## MANITOU MIXER

(I learned this from Ralph Smith at the School of Community Arts in Nova Scotia, Canada)

Record: Menitou - 01d Timer 8007
Formation: Single circle, partners facing, both hands joined.
Measures

1. point foot in, point same foot out
2. One two step toward center of circle
3. Point out, point in
4. One two step out from center of circle

5-8. Do-sa-do with partner
1-4 Grand right and left
5-8 Do-sa-do with the fifth pemson,
TRALIEN - (Denish)
Record: WORLD OF FUN, Record M106
Formation: PARTNERS in single circle, all hand s joined. Sic couples,or any multiple of three.

1. Side-steps around the circle clockwise with stamping of left foot. (Step to the left with left foot, draw right foot to it for "side steps".)
chorus: Partners face each other, clap own hands, hook right arms, running steps clockwise; clap own hands, hook teft arms, running steps counter-clockwise. Repeat. Single circle, hands joined, three steps toward centcr, raising hands and rising on high toes. Then lower hands.
2. Mark time in place, beginning with left foot. Chorus.
3. Partners face, rising outside arms; take four heel-steps (One foot forward resting on heel, other knee slightly bent) while looking alternately at partner and next player. Chorus.
4. Men stamp with left foot and kneel on right knee. Each girl cirđles around her partner counter-clockwise holding partner's right hand in her left. Chorus.
5. Couples two and three, five and six kneel; head couples (at one and four), inside hands joined, move forward with arch, counter-clockwise over to kneeling couples and kneel. Couples two and five follow, then three and six. Chorus.
6. Repeat \#1.
FAMILY WALTZ (Danish-Swedish)
(This dance is claimed by both Denmark and Sweden.)
Record: A slow Danish or Swedish waltz.
Piano. Familie Vals-Logestuen-Kobenhavn, 1942
Formation: Couples join hands in a circle facing the center with $W$ on $R$ of partner.
Measure I. Wa1tz Balance to Partner and Corner
7. The $M$ starting on $\overline{\mathrm{ft}}$, the W on R ft take one waltz balance toward each other, arms swinging backward. (The swing of the arms and the turn are lessened because the hands are joined in the circle.)
8. Starting M R and W L take one waltz balance step away from partner or toward corner $W$. Partners' joined hands swing fwd.
3-4. Repeat action of meas. 1-2.
II. Waltz with Corner Woman
5-8. In clo sed dance po sition, with four waltz steps turning $R$, waltz with corner $W$. Finish in the single circle with the new W on M's R.
NOTE: In these four waltz steps the corner $W$ has been turned once and a half and has a new partner, having traveled one place to her $R$ in the circle. This is a progressive dance in which the $M$ stays about in the same place, while the $W$ moves counterclockwise around the circle.
When the group is not too 1 lerge, the dance is repeated until original partners have reached each other, whereupon they waltz frealy around the circle in a closed dance position for the remaining part of the music.

## LA RASPA

Record: Many are available. Peerless 2238, Capitol 1-5373, Imperial 1084 We used World of Fun 106.
Starting formation and Position: Couples with partners facing, both hands joined. Free formation or circle formation.

## Measures

1 With a hop place right heel fwd. 2 With a hop change and place left heel fwd. 3 Quickly change right and left fwd. 4 With a hop place the right heel fwd.

Still retaining two hand hold change position slightly so right shoulders and hips are adjacent. Repeat pattern of measures 1-4 starting with the left foot.
Repeat:
1-4 Same as first four measures
5-8 Same as 5-8 above except that this time left shoulders and hips are adjacent.

## VERSES

1. Both hands joined and outstretched so right shoulders are near-8 skip steps, change so 1 eft shoulders are near and 8 skip stepsrepeat this right and left.
2. Clap own hands once, link right elbows with partner and skip around 8 skip steps. Clap own hands, change to left elbows and around 8 -repeat Right and left. OR in place of the skip sstep use the buzz step--free hand may be held high.
3. Promenade position--polka around circle 16 polka steps.
4. Inside hands joinad swinging them back and fwd to line of direction 16 polka steps face to face and back to back.
5. Dance position--16 turning polka steps.

You and your students can make up many verses. There doesn't seem to be a set traditional pattern or arrangement of figures.

GREENSLEEVES
(American to English music) perhaps.
Record: World of Fun Series M 106, Victor 45-6175
Formation: Dol circle in sets of two couples, all facing CCW, with women on the right, partners holding inside hands.

1. Walk: In sets of two couples, with slight space between the sets at the start, walk forward 16 steps.
2. Star: Lead couple turn back and form a right hand star with the other couple and walk 8 steps, change to left hand star and walk 8 steps back to place.
3. Sleeves: Couple 1 rejoin inside hands and walk backward, bending low to go under an arch formed by couple \# 2 who at the same time welk 4 steps forward. Then couple \# 2 backs under the erch. Repeat with couple \# 1 backing under the arch but couple \# 2 does not back under but moves forward to dance with another couple.

GRH-TG


CONE CRAFT
(Helen Sawin $\rightarrow$ Chat '63)

## WESTERN CONES FOR DECORATIONS

Forest cones are one of the larger groups of native dry materials available for decorative purposes; classing along with sea shells, dry flowers, pods, and grasses. The conifers (that produce the various cones) are limited to the northern hemisphere and are found in greatest variety right here in the Pacific Coast states. At least fifty species with cones of all. sizes and shapes are growing "in the wild" in the western region of the U.S. with many other exotics brought in as ornamentals, flourishing in yards or plantations. We have that California native - the Coulter pine - with up to eight pound green cones that wequire three years to mature. Also the sugar pine, famous for cones up to a foot, even two feet long, grows here. And a varied ranges of sizes down to the native cedars whose ripe cones might be gathered several in a thimble.

Some cones have special significance as products of immensely old plants, such as Sequoia big tree, Redwood, or Sitka spruce. Although thousands of years old these interesting trees often bare huge crops of cones.

## GATHERING

It should be noted that trees in the forest are not regular seed (or cone) producers. Because of vagaries of nature one gathers a wild crop when it is there and understands that there are many seasons of poor or no production. Depending on the species, it might be "gathering time" in the spring (as alder), July for sugar pine, or late fall for others. Cones seem to retain their brightness and color as long as they remain on the tree; after falling the weather soon affects them. They hold their color for years if gathered early and stored in the dry dark.

While some areas of the Northwest offer better gathering sections than others, there are few places where there is no cone material available. Look for nearby, higher, forested regions - often very interesting sources of scarce material!

Cones are not too easy to work with. Of course, they might be simply placed effectively in an arrangement or similar display, but cutting, wiring, fastening, and so forth, as in. wreaths, corsages, and topiary creations is usually rather difficult at the first attempt.

The smallest cones (for corsage work, miniature wreaths, tiny trees, etc.) are most easily handled with needle-nosed pliers using florist wire in size 22 or 24 . Sometimes they are set in glue or linoleum cement.

Medium size cones, 2-4" long (as Douglas fir, spruces, lodgepole pine) are best wired with about size 20 wire. Making a cone wreath, we use a double wire ring of size 12 for a base frame and fasten on a complete double circle of Douglas fir cones. Using the aforementioned number 20 wire in a continueous looping wrap, pull tightly.

Larger cones (Ponderosa pine, white pine) are quite effective used singly or in pairs on fresh green boughs with suitable ribbon bows. (Selecting colors and tying a variety of bows is most important to properly enhance most cone work.)

The largest cones (Digger, sugar and Coulter pine) often require rather bold thinking to use effectively. Possibly by placing an individual specimen on a styrofoam base peresenting the most interesting face is a solution. All three of these biggest cones may be sawed either across or lenghwise. Both directions resulting in rather spectacular pieces that may be used as candle sticks, on wreaths, or in plaques. (Either a carpenters bench or band saw are required to cut these).

Old or dark cones are handily covered with spray paint. In fact, if the objective is a gold wreath they are very suitable.

A beautifully colored group of new material may be sprayed with clear lacquer or varnish. It usually brings out the contrast even more.

Many elaborate wreaths and cone displays incorporate artifical fruits, acorns, nut shells and so forth in the work. These Della Robbia type pieces are often striking.


## FOR CHILDREN

As previously mentioned, cones are a bit difficult for the beginner if the objective is too ambitious.
Using the widely distributed Ponderosa cones for a body and a lodgepole cone for a head, one can quite easily assemble a turkey. Legs and neck are pipecleaners; feathers are the tail.

Plaques of decorative burlap covered styrafoam in any size are simply assembled and cones or other natural material (as mosses or grasses) attached to form a pleasing design either with fine wire or glue.

Corsages can be rather easy to make if limited to simple assemblies of the less fragile cones. (Fragile cones include Western hemlock, Redwood)

Very suitable and entertaining bird feeders are made of any of the larger cones stuffed with a suet and crumb mixture and hung near a window in winter.


It is when we attempt to reveal and explain ourselves to others that we realize our ignorance on the subject, and find that we must build our house, room by room, while we take visitors through it. (Dutton)
"For one brief starry night let us forget The clamor of the world, our loss, our fear, And let us light the candles in our souls, This one night of the year."

Grace Noll Crowell

If you plan to use natural wood for jewelry or other ornaments, you should plan at least a year in advance or be able to locate the kind of wood you hope to use that has been dry for some time.

You may cut dry: limbs on dig-up dead clumps of such roots as lilac, rose, or tamarac. Any other wood you hope to use should be very dry. Some of the woods I use are: cherry, apple, chokecherry, big sage, Yew, Cedar, Mduntain mahogany, and Iussian Olive.

A limb from one to three inches thick is most adaptable for making wooden ornaments.

I have found for my us e that this dry wood sawed into strips from $1 / 4$ in. to $1 / 2$ in. thick by a band saw is most useful by youth. You may develop a size more suitable for your own purpose.

If you decide to carry on a project of this nature, use a jigsaw for cutting out standard patterns but in developing a design of your own any cutting tool or abrasive may be used for the purpose of shaping the wood into your own design or shape and personality along with the many different designs that are brought out by the grain in the wood.

I use a 400 grain sandpaper to rough finish the ornament, then the wood is covered with raw linseed oil for eight to ten hours. Next the piece is hand rubbed with oil and pumice stone. When you have a feeling thit you are satisfied with this, wipe clean and hand rub again with oil and a very small amount of Rottenstone untid you have a feeling of handling a beautiful jewel. You can then clean and hand rub because the heat of your hands and the natural oil from the hands develope added beauty to your work.

If you planned the use you are going to make of this jewel you should now attach the findings, such as ear clips, chains, tie tacks or other fasteners.

You are now ready to wzx and rub. Treat your handi-work with love and kindness and it will alweys remain a token of beauty to you or the loved one, or friend for whom you made it......

## 

Use what talents you possess: the woods would be very silent if no birds sang there except those that sang best.

IF we wish to make a new world we have the material ready. The first one, too, was made out of chaos.

Whenever two people meet there are really six people present. There is each man as he sees himself, each man as the other person sees him, and each man as he really is.


This opus considers more edvanced and complicated applications of foil cookery than can be demonstrated at CHATCJLAB, because they require more time and preparation. Basically the process is the same as we have been using, but there is more of it. There is nothing rigid or formal about it but a little careful experimenting will be rewarding when you show your ability before company.

Almost anything can be cooked beautifully and there is a wide latitude for error and still leave an edible dish. There is a considerable variance in how well done the individual likes his victuals. I like mine done enough so that all of the kicking and most of the squealing is eliminated. It is easier to hendle if it is not struggling too violently. The wood you use and how dry it may be will affect the time required. The size of the package will vary the time, and the degree of hunger may also enter. Just remember that it is your cooking and if the other victims disapprove they are always welcome to try their hands. After all we are out for a good time, so let's try to heve it.

There are three widths of foil available, 8 inch, twelve inch, and eighteen inch, in kitchen and in heavy duty weights. I favor the heavy duty for single wrapping, such as we have been doing. However, for multiple wrap the kitchen weight seems to do as well, perhaps even better. Avoid sharp protruding bones as they are liable to meke a hole in the wrap, and then you will have something that may be hard to eat and enjoy; it will be scorched.

The wrapping should $b \in$ double, each complete in itself, and not two sheets wrapped together. There are several reasons for this, if the outside layer is burned through or punctured the inside will still function; when pulled from the eshes the outside can be peeled off and the inside remains clean. It also serves to keep the food warm.


Hot Biscuits:
Two cups of flour, 2 teaspoons baking powder, teaspoon salt, 2 tablespoons lard, $2 / 3$ cup of milk (this is the tricky part because flours differ) Mix the dry props and work the lard, in by hand, thea add milk and stir with fork, and add enough to make the dough SOFT. Pat it out, cut, put in pan and bake in fairly hot reflector 12 to 15 minutes.

All above can be baked in the reflector along with many other mixtures, or the Dutch oven can do the job very nicely. For the last two the Dutch Oven will probably io best, the black bucket will suffice, and the reflector will be found rather avkwro.

Trout Chowder: (other fish will do.)
Dress fish, removing heads and tails. Fold in clean dish towel and place in pot of boiling water for 10 minutes. Save the water. In Dutch oven brown a goodly portion of diced beacon, add onions to taste. When the onions have become slightly transparent add as much of fish water as you need, add diced potatoes and a little later the fish. Milk should be added when the potatoes are soft, canned is fine. Season to taste, cover and simmer over a slow fire as long as you cen stand it. Start it in the morning is a good idea, and by suppertime you really have a banquet.

[^3]Swallowing angry words is much easier than having to eat them.

We have had many requests for more advanced camp-fire cooking than is demonstrated et the Chatcolab breakfasts, so here is a start. Any good cook-book is loaded with recipes that may be handled in the same manner. Just use your imagination. All of the ideas given here are proven and successful. All will rcquire some experimenting to obtain the proper temperature. You will still nced coffee composed in the proper manner, because that is what opens your eyes, and keeps you alert.

Either a reflector or Dutch oven, or both, is needed. The reflector can be purchased, made up of shcet tin or aluminum, (sce sketch) or it can be fashioned from aluminum foilin It should be about 15 inches long and deep; sometimes a smaller one will do and sometimes a longer one is convenient. When I mention Dutch oven I do not mean the "drugstore cowboy" variety usually found in the stores, but the old iron sheepherder species. In some situations the newfangled version will do nicely but for real service they do not substitute successfully for the original model; the lid is the difference. Many items can very well be baked in foil wrap, but do not forget to allow plenty of room for them to grow. For long baking such as bread, wrap at least 3 times. So here goes, and may the results make you popular, at home and in camp. Bread, thet's right, good yeast bread:

Into half a cup of warm water put a yeast cake or package of dry yeast. Let it stand about 5 minutes. Now into a cup of warm water put lard about the size of an egg. Crisco, bacon grease or margarine will do. Add a tablespoon of salt and a tablespoon of sugar, and the yeast. Then add all the flour that they will take up. The dough will be rather firm.

Knead it well end set to rise until it reaches trice the original size. Knead it down again and let rise. Kneed it the third time, shape into a loaf, set in a well greased pan. Let it rise in the pan, grease the top well with lard or what have you. Set in reflector and bake about 45 min utes at slow heat. The aroma of this will get you a flock of kibitzers in a hurry. Try making a softer dough, cut into smaller pieces and a flatter pan for raised biscuits. These will not teke quite so long to bake. Or mix an egg, half a cup of sugar and some spice, roll out about $\frac{1}{2}$ inch thick, cut into squares of about 2 inches, stick your finger through to make the hole, and drop into deep fat that is rather hot (you will need the Dutch oven or black pail for this rather than the reflector) and you will have some very fine doughnuts!

Johnny Cake:
(Part of this should be easy to remember because it jingles.) Two cups sweet milk, one cup of sour, two cups corn meal, one cup of flour.
Add a teaspoon of salt, a teaspoon of soda and half a cup of molasses. Mix up everything, put into a greased flat pan and bake. If you are stuck for sour milk drop a couple of tablespoons of vinegar into a cup of sweet and let stand for a little bit. Powdered milk will work just as well as whole, if you follow directions in mixing.

## Huckleberry Cake:

1 egg, 1 cup sweet milk, (powdered OK), 3 tablespoons of sugar, butter size of egg (margerine or becon grease OK) teaspoon of salt, teaspoon of soda, 2 teaspoons cream of tartar (baking powder will do as well) 3 cups flour, 2 cups huckleberries. Mix sugar in egg, melt butter and add with rest of ingredients, then flour and huckleberries. Bake half an hour or until brown in moderately hot reflector. U-m-m!

A pair of cenvas gloves to handle the hot peckages will be worth their weight in burned fingers. A shovel to move or turn the food is very convenient, also to place ashes over spots that are too hot. A stick to do a little poking around and to "feel" how soft the vogetables are is helpful; if it feels soft it is probably done, if hard cook it some more. Wrapped as above you can place the packages around the edge of quite a hot fire and move them out or in with the shovel as seems necessary. When it is very hot turn frequently.

Now what are we going to cook, and how long will it take? It must be emphasized the time given is "about," not absolute, because as mentioned above there are many variables. So here goes and don't over-eat, there are calories in this stuff too. Roasting ears, with the husks left on, 30 minutes; $10-\mathrm{pz}$ potato, an hour; 2 lb chicken, 45 minutes; 3 lb roast, an hour; inch thick fillet of fish 20 minutes. If you like the next two as well as I don't; large onion - dress after cooking 20-25 minutes; cabbage 30-35 minutes, cut a small pit in the tos and fill with butter ans seasoning, cook with this end up. A strip of bacon or bacon grease will help any of the above, and in camp at least will substitute for butter very well. Try toasting a cheese sandwich wrapped in foil, but butter the outside of the bread so it won't stick, U-m-m! The unique ingenuity shown at CHATCOLAB can certainly suggest endless variations and additions and I suspect that the results will be equally satisfying.

There is a new foil, black on one side, shiny on the other, that is just showing on the market. Wrap with black side out. It is reported to reduce cooking time 10 to $15 \%$. I have not seen it yet so if you find some do a little experimenting. Sounds reasonable.

And instead of dishwashing all you have to do is dispose of the used foil. It can be wadded up and buried, but it won't burn in this shape, it will float on the water, and it will ley around as a monument to civilization for years. However, spread out it will burn completely with a reasonably good firc. Then it is out of the way for all time. Have fun and leave a clean campsite. Who knows? It might be your very best friend that wants to use it the next time; lcave him a good example.


The first attept to deceive a fish is so f ar back in the mists of antiquity that there is no record. Probably mother Eve was the originator. However, we do know that the first written mention was, "A Treatyse of Fishynge", composed by a lady about 1480 A.D. in England. She described 4 patterns which she deemed essential to every well-equipped fisherman. They are still deceiving fish. The "woolly worm" such as is abundant at Chatcolab is the one she favored over all others, probably because it almost always took fish. It is still one of the best and, too, it is so easy to tie that all should learn it who desire to catch fish.

fisherman's wild dream. The strange part is that all will fool some fish some of the time.

Fishermen such as you and me do not have time or need for so great a collection. Five patterns in 3 sizes will do us very well, and three of these will have very little use. On each water there is one pattern that is more successful than any other, but some other will do nearly as well.

Now take this bit of wisdom to your heart, and cherish it! The knowledge and skill of the fisherman has far greater impact on the number of fish in the creel than the assortment of lures which he possesses.

There are a few spots in any stretch of stream where fish will lie. They will not be found in the rest of the area. Why then should we waste our effort beating the spots where there are no fish? Then to rush wild-eyed up Main Strect berating the Game Department that there are no fish. It is a peculiar quirk common to humanity to
search more diligently for an alibi than to endeavor to correct our lack of understanding.

A fish will lie where the current is broken, so that he does not have to work too hard to maintain his position, but at the same time the current will drift his food to him. The biggest fish will take the most choice position for his own, and will not brook any competition. The fish will not lie where he must continually struggle to stay in his chosen spot.

A study of the current will reveal these choice locations. Then the fisherman must present his fly so that it will drift with the flow naturally and pass close to these lies. If possible, it will be more rewarding to work the stream against the current. This procedure allows one to get closer to the fish without disturbing them, or muddying the water. It is also much easier to present the fly naturally, and to see how the current flows. The fish will be more than pleased to cooperate. Happy Wading.

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## WAIT FOR THESE THINGS

Wait for these things beside the river landing: A slow bird rising through the slanting rain, New moons and mists that give us understanding, Long twilights, when the shape of hills is plain.

Wait for these things beside the river landing: Wind roving down the keyboard of the stars, A red leaf on a ripple, oak trees standing, And, poised against blue moments, waiting spars.

Or the low, running gladness of $c$ noes Under the leaning of a gray-tipped gull, And cat-o'-nine-tails plumes that ever lose Their warm, brown beauty when the wind is full.

Whit for these things beside the river landing, For they will come to you against your will, Filling the longing unawares, commanding The swift impatience of the blood to still.


MAKE YOURSELF A DRUM
By Dwight Wales

Get a keg. A nail keg will do. They are also hard to find, but I found one. Take both heads out, and cut off the chine--the notch at the ends that hold the heads. And smooth the ends. The end that holds the drum head must be smooth and flat on the inside, or the sound will be muffled. Get a piece of rawhide four inches larger than the keg. Boak it in water for an hour or two. Make a wire ring that will fit loosely around the keg. Haywire or coat hanger wire. Not larger. Tape the ends. Lay it on the inside of the rawhide and mark the inside of the ring with a pencil. Then fold the hide around the wire ring and saw it, keeping the pencil mark in sight.

Now bore two small holes close together near the bottom of the keg. Space double holes, about eight of them around the keg. Cut $\frac{1}{2}$ inch length of small tubing, smoothing and flanging the ends. Take a good length of venetian blind cord, run it from the inside of a richt hand hole, through a tube, down through the head just beside the wire ring, through another tube, throuch the left of the pair of holes to the right, then out through the right hand hole, and so on around. You will end with the cord on the inside. When you have tightened the cord tie the two ends.


Top of grease drum, painted and designed. Plastic cord from lid, clamps act as handle. Drum stick with a hard rubber ball.

RATTLE:

1. $8^{\prime \prime}$ to $12^{\prime \prime}$ dowe 1 painted:

2 sets of flattened bottle caps loosely nailed to the end.
2. Used (100 W or larcer) light bulb. Tape to a handle.
Cover bulb with papier mache
Finish with masking tape
Paint.
3. Large 3-way bulb

Cover with papier mache
Tape
Paint.

RHYTHM STICKS
18" 10 ng, 1 inch diameter dowels
May be painted.
Can be used for lummie sticks.


The value of a gem lies in its value to the owner. It may be just a "pretty rock" in the pocket of achild and of no value to others, but it has an intrinsic value to its owner. It may be valued because of texture, color, shape, or just a feeling.

Gem polishing is a process of altering what may be found in nature to make it more pleasing and of enduring pleasure, by bringing out the best shape, color, and most of all, rendering the surface so smooth as to make it transparent and reveal its intimate qualities.

We have all had the experience of picking a beautiful stone from a stream only to see it become dull and uninteresting as it dries. Polishing leaves the surface so smooth that it is even more beautiful than when wet.
Stones are polished, or cut, by a series or steps:

1. Grind the stone against a harder, rough surface which can bring the most desired shape and pattern. This first step is usually done by grinding the gem stone with a coarse carborundum, which is a synthetic grit pressed together into a grinding wheel or flat stone. This first process takes a stone of 100 to 200 grit.
2. The second step consists of grinding all surfaces against a finer carborundum, about 400 grit, until the coarser marks from the stone are all ground out.
3. Step 3 consists of even finer grinding, using about 600 grit emery cloth until all marks from Step 2 are gone.
4. This step usually consists of grinding with tin oxide powder until all scratches from all earlier steps are gone. This gives the stone a high polish, which it will maintain wet or dry.

Rock polishing is easy to do with pocket stones of carborundum and small pieces of carborundum paper. The final polish can be done easily by tacking a piece of an old felt hat brim to a board, soaking it with water and tin oxide powder and bringing out the final polish by rubbing against the felt impregnated with wet tin oxide.

Care should be taken to wash all loose grit from the stone between steps because a few particles from a coarser grit can ruin a finely polished surface.
I see stone-polishing as like the process that happens to people-- grinding the disinteresting and unpleasant characteristics away, then by finer and finer training bringing out the final gem quality that we see in all mature individuals.

In general, the most satisfactory stones for polishing will have a smooth, even texture, be hard enough so as not to scratch easily after they are finished, and be of pleasing quality of color, etc.

More detailed information about techniques can be obtained from any rock shop or rock hobbyist. I hope my contacts with all of you "labbers" has been pleasing to you as our association has been to me.

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Things needed:
    An old washin%, machine motor
    An old washing machine wrin
    A framework of wood or steel
    Bolts and pulleys
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End View of Tumbler


5 gal. drum meson jar, paint can or other open end container Fill about half full total stones and grit then fill with water. Stone container should trm at about 18 - 20 Rev . per minute.

Be sure to wash stones and chambers clean betreen steps.
Abrasives : add about 2 tablespoons jer 2 at. jar
Step I. \#100 grit carborundum (runs one week to 6 months-until all of nature's rough edges are rounded of'f) olus water to fill container

Step II. \#220 rrit carborundum (runs one veek to 2 weeks-until all scratches from revious abrasive are removed) add water to fill

Step III. Tin oxide powder plus water--may add TIDE to this step or run a 4 th step with just TIDE in water

## THE Q AND A OF' SILVRRSMITHING

By Bill Bunning

Happening to stop by the silver bench while the piece sketched was in process, the curious visitor asked questions which went somewhat as follows:

Q: How thick a prece of silver sheet would you use to make a piece like this?

A: Since it is intended to be a piece of jewelry worn as a pendant around the neck, subject to contact wear and fingering, it will have to be heavy enough to resist easy bending, yet not too heavy for comfortable wearing. In other words about 20 gauge.

Q: If you werc making a pair of earrings similar, would you use the same weight?

A: For earrings you probably would use a lighter weight sheet-say about 26 gauge. The higher the gauge number the thinner the sheet.

Q: How would you start making such a piece?
A: First, of course, comes the design. This would be transferred to the silver with carbon or some other method of transfer, and then the outline would be carefully but lightly scratched into the surface with a scribe - a phonograph needle set into a handle makes a very good scribe.

Q: How would the piece be cut out?
A: Under some circumstances a pair of shears can be used; but generally it is best to use a jeweler's saw. This is a fine, high-grade steel blade similar to a wood coping saw. By a little practice it becomes easy to guid the saw along a scribed line, and to turn a sharp curve without breaking a blade.

Q: There are three heart-shaped cutouts in the crescent. How are they cut?

A: A hole is drilled through the silver tith a twist drill. To start the drill it is advisable to mark the point with a center punch, other*ise, the twist drill is not easy to start at a given point. Then one end of the jeweler's saw which is held with a wing-nut, is loosened, slipped through the drill hole and retightened. The blade must be held under tension and taut. A slack blade is quick to dull and break.

Q: Doesn't the saw leave rough edges?
A: Yes. And it is al so true a beginner may find it difficult to saw true to the line. These inaccurate and rough edges are
trued up by filing. In filing remember that the cutting stroke of the tool is the pushing stroke. This is the reverse of sawing. In sawing the teeth of the blade point toward the handle, and consequently the pull stroke does the cutting. However, with a file, dragging the tool across the work with a pulling motion results in dulling the teeth without doing much filing.

Q: Are special files necessary to work on silver?
A: Not at all. However, to do fine finishing work there are jeweler's files made which are quite small with closely spaced teeth. They have various shapes to make it easier to file interior corners and curves.

Q: What about the surface of the pieces? Is it filed, too?
A: If the surface has been marred with unsightly tool marks or scratches---which a little care would have avoided in the first place--it must be cleaned by some abrasive. This might be a file in some cases, but more likely would be emery or pumice, either in powder form or as a cloth or paper. Such abrasives come in various grits, and the marks are gradually worked out by using successively finer grits.

Q: Doesn't the finest emery leave some scratches, too?
A: The finest scratch marks are removed by such agents as tripoli or rotten-stone while the final polishing is done with jeweler's rouge.

Q: Is this buffering and polishing done by hand?
A: Any of the processes can be done by hand. If one is fortunate enough to hove a polishing wheel on which to use jeweler's rouge, the process is faster, but in no way better.

Q: What methods can be used for surface decoration?
A: There are several. One is by engraving, which is a process of using a keen knife or chisel to cut a design into the metal. It is a piece of good steel, usually ground off at a $45^{\circ}$ angle, though there may be variations. The graver can be used with a rocking forward motion to produce a rope-like effect, or pushed straight forward to remove a straight or curved chip. While doing this the work must be held in a vise or a pan of pitch, or some other method improvised so that the tool is not likely to slip. Another method of decoretion would be to use stamps. These, in effect, are similar to those everyone has seen used in leather work, but they must be made of a heat-treated steel, otherwise, the design edges would break down after a little usage. Etching can also be done by coating the portion of the design that is to remain high with asphaltum varnish, and immersing the piece in acid - one-third nitric acid and twothirds water makes a satisfactory etching fluid.

Q: Suppose, instead of cutting out a heart, I wanted to have a raised design applied to the surface?

A: In that case the piece to be applied would be cut out of another piece of silver, and soldered on. The loop for suspending the pendent also is soldered in place.

Q: Are there eny other ways of holding pieces together?
A: Pieces can be riveted, held with links, loops, pins. But soldering is one of the most vital processes in silverwork; one which the artisan has to know. Soldering is done with "hard" or "silver" solder, which makes a good permanent joint.

Q: How does one go about it?
A: There are two absolute rules for good silver soldering. The surface to be joined must be clean, which means they must have been filed or scraped or steel-wooled. Second, the surfaces must be in good contact, as the solder will not fill a gap as we often hopefully wish it would. Pieces can be held in contact by gravity, by being pinned to a charcoal block or by tying with binding wire.

Q: Just a minute. Why a charcoal block? And what's a binding wire?
A: The charcoal block is usually used to lay a piece on that which is being soldered, because it retains and reflects the heat. Binding wire is oxidized wire used as the neme implies - bind parts together while they are being soldered.

Q: When the pieces are ready to solder, what next?
A: A little flux - a solution of borax and water makes a good flux - is applied to the joint. Then small clean pieces of solder are applied. The flux will help the solder to flow where you want it. Also when it dries it helps to hold the bite of solder where you want it to melt.

Q: Can I use an electric soldering iron?
A: No, it won't furnish the necessary heat. The heat needs to be somewhere areound $2000^{\circ}$, well above the melting point of the solder. An open flame torch is best - alcohol, gatine, acetylene, LP gas. With the joint fluxed and solder in place, the heat is gently played over the work, gradually raising it to a red heat. When hot enough, the solder will glow into the fluxed joint and the two parts have become one.
Q: Doesn't thet heat leave the silver kind of black?
A; Heating will oxidize the surface. This surface scale is removed by pickling, that is, by boiling in a dilute (about 10\%) solution of sulphuric acid. The solution should be in a copper pan, and the silver should be handled with copper tongs to avoid discoloration. Afterward it is washed in clear water, and the piece is rebuffed to a good luster.
Q: Do you suppose I can do silver work:
A: Anyone can do it with just a few tools and enough interest to make him want to use them skill fillv.

By Bill Bunning

## START WITH A PENDANT

A beginner in silvercraft will find that a simple sawed-out pendant or pin will be one of the easiest projects for his first attempt. And being a piece of jewelry fashioned from a beautiful enduring metal it will be a source of satisfaction forever.

The first essential is a design. You can make your own sketch, but many folks prefer to copy a design for the first piece, so they can go right ahead and find out how the metal works. Draw the outline and the internal cutouts of your project as accurately as possible on paper. This design can be transferred to the flat silver sheet with carbon paper, or the paper pattern can be adhered to the metal with a quick drying cement. If carbon is used the lines should be scratched over with a sharp stylus as carbon and pencil marks are quickly rubbed off in handling.

The sheet silver for a pendant could well be either 18 -gauge or 20 -gauge sterling silver. These are good average thicknesses for many projects.

Cutting is done with a jeweler's saw, similar to a coping saw, but with a blade made of tougher steel and with finer teeth. The silver sheet usually is supported for sawing on a "V-block," which is just a strip of wood with a "V" cut out of one end.
 The other end is clamped to the workbench. With a little practice in sawing, you will find that the balde moves along nicely, particularly after you learn how much or rather how little - pressure to use. It will soon become easy to saw along a scribed line and even to make the saw turn quite sharp curves.

For making internal cutouts it is necessary to pierce the silver with a twist drill of a size big enough to get the saw blade thru. Loosen the wing nut at one end of the saw, insert the blade thru the hole and retighten the nut. It is necessary that the blade be held taut and secure by the springiness of the saw frame. A slack blade will not cut well and breaks easily.

After the sawing is completed, finish the project by smoothing off the rough saw cut edges with a fine fine and fine emery cloth, and polishing the surface with very fine abrasives and jewelers rouge. Then it is ready to hang on a chain and wear.

## MAKE A RING SOMETIME

A silver finger ring can be made from a simple or elaborated design, and there are innumerable possibilities for your own creativity. The one described here envisions only the basic process, and assumes you have followed Doc Rock's instructions for grinding and polishing out a gemstone.

The shank to go round the finger is made of a strip of silver sufficiently long to


Shank encircle the finger. As a ring normally receives quite heavy wear it should be made of silver thick enough to stand up - say 18 or 16 gauge. Saw and file the shank to the shape shown in the drawing. Saw slits to make prongs, and spread them neatly.

Bend the strip around a ring mandrel and file the ends of the prongs until

Shank foward
Prongs..spread they meet in a neat joint. Hold this circular band together with binding wire, apply flux and solder, heat with a torch until the solder flows.


Stone


The bezel is made of thin gauge - about 28-ga. - fine silver. A strip about $1 / 8!$ wide is shaped to the base of the stone. The ends are trued up with the file to form a neat butt joint, which is soldered.


## Twisted wire decoration



Plate under Bezel

The decorative band surrounding the bezel is made of 22 gauge round silver wire, doubled and twisted tightly. A length of this twisted wire is fitted around the bezel. A plate of sheet silver is sheared out to fit under the bezel. and the decorative twist wire band. These pieces are soldered in place by fitting bezel and twist-ring snugly on the plate, and putting pieces of solder inside the bezel before heating. It is necessary to flux first of course.

Place a small amount of sawdust or a piece of cardboard inside the bezel as a cushion, and put the stone in place. If all has gone well it should fit snugly. With a burnished tool, turn the edge of the bezel nertly down around the stone. Your ring is now complete and can be polished with fine abrasives and jewelers rouge.

## FINGER PAINTING

## HOW TO MAKE FINGER-PAINT:

Use: $1 / 2$ cup laundry starch (cook type) $\therefore 2$ cups hot water 1 cup cold water l envelope unflavored gelatine
flakes or synthetic detergent

Combine starch and $3 / 4$ cup cild water in a medium size saucepan; soak gelatine in remaining $1 / 4$ cup cold water. Add hot water to starch mixture and cook over medium heat until mixture comes to a boil and is clear, stirring constantly. Remove from heat; blend in softened gelatine. Add soap or detergent and stir until mixture thickens and soap or detergent is thouroughly dissolved. Makes about 3 cups. Recipe may be multiplied.

For Color: sprinkle dry tampera of the desired color over finger paint base after it has been placed on paper for finger painting. The color will easily mix into the paint base as you finger paint. Or: divide the finger paint base into jars and add desired colors. If you make up the three primary colors and white and black, you can then mix these to get other colors. Food coloring and temperas, dry or liquid, can be used.

Finger Painting: Finger painting is special fun-it makes messiness respectable. The more you push around in the paint, the better your design is likely to be.

You'll need: a waterproof work surface
finger paint colored or tempara to color
wooden or plastic spoons
paper with a coated surface
(finger paint paper, glazed shelf paper or butcher paper)
container of water large enough to wet the paper moist sponge for re-wetting paper newspaper on which to place the finished painting to dry iron and ironing surface

1. Wet the paper and hands. Spread finger paint on surface.
2. Use rhythmic motion and line to form designs in finger paint.
3. Keep hands and paper damp as you paint.
4. The arm is used for wide sweeping effects.
5. The thumb and fingers make small forms and when directed in a circular motion create swirls.
6. The side of the hand in an upward motion shapes leaves; the heel of the hand makes large forms..
7. After painted paint is dry, press with warm iron.
8. Use finger paint prints for: gift wrap paper; wall hangings; covering for boxes, note paper decoration, etc.
9. You can finger paint on tile, ash trays, glass, plastic trays, bottles, etc.

## Materials:

Construction paper; cardboard or similar material Scissors
Pencil
Ruler
Thread
Scotch tape
Perhaps geometrical shapes make the most simple mobiles. Design the pattern for the mobile and cut it out of cerdboard or two sheets of construction paper. For shapes to be suspended inside of each other, there must be space between each shape for it to swing frce on all sides. After sections are cut out, the exact center of the top of each piece must be found and marked. Lay thread along these markings leaving the needed space allowed between each. Securely scotch tape the thread in place. If construction paper is used, glue the second set of sections to the first making double thick sections. Contrasting colors are interesting. Hang the mobile by an extension of the thread at the top. It will turn and twist with the air current. $I_{t}$ must be perfectly balanced to swing freely and evenly.

## Variations \& Suggestions:

Seasonal decorations may be made by this method Fish Birds

## SMOKE PRINTING

Like nature, we too can make prints of living things, by printing with smoke. This is an easy nature craft that opens a new viste to those who are unacquainted with trees and plants.

The materials used are few and easy to get. All you need are: (1) tyoewriting paper or ordinary smooth-surfaced white paper, (2) a candle, (3) a bit of petroleum jelly, (4) blotter paper, and (5) a leaf.

To make a smoke print: (A) cover a piece of blotter paper with a little petroleum jelly, rubbing it inot the surface. If you use too much, it will run when you attempt the next step. (B) light the candle and smoke the greased blotter by moving it back and forth above the flame. Keep it moving; otherwise it will catch fire. (C) when the surface is black with soot, place the soot side up on newspaper and lay the leaf vein side down upon the blackened surface. Cover the leaf with another piece of newspaper and carefully rub every part of the leaf. This will ink it with soot and grease (a primitive printing ink). (D) now lift the leaf and place the inked vein side down upon a fresh sheet of peper. Lay another
piece of paper over it and carefully rub the whole leaf, making sure not to move it the tiniest fraction; otherwise the leaf print will be blurred. When you are sure that you have rubbed every part of the leaf, carefully lift it from the paper and you find an exquisite smoke print of the leaf showing every delicate detail. A number of these prints may be made into portfolios or books or used for wall accessories.

## BLUEPRINTING

The materials nceded to make exquisite and interesting white shadows on blue sky are few and simple: (1) a piece of window glass, (2) a piece of stiff cardboard, (3) wide tape, (4) blueprint paper cut to the size desired, (5) a pan of water.

The printing frame ( $A$ ) is made by placing the glass upon the stiff cardboard and fastening these together at the top with the peice of tape. The printing frame is now ready for use.

To print (B) גlift the glass cover and place a piece of blueprint paper face up on the cardboard. Lay the objects to be printed on top of the blueprint paper. Cover all with the glass top. (C) Expose the frame to the sun for a few moments. (D) Then remove blueprint paper and soak the paper in a pan of water. This last step brings out the blue color in the print and makes it permanent. The length of exposure necessary is determined by the strength of the light. This is a matter of experimenting. All the delicacy and grace of form of various plants and flowers are beautifully reproduced in white silhouette, and most of them can easily be recognized. Interesting effects can be obtained by using unusual things in an arrangement.

If care is taken in the arrangement of flowers, leaves or objects over the blueprint paper, a very worthwhile print can be made in each instance, which will look well framed or made into book form.

## DRINKING STRAW PATNTING

## Materials:

Art Paper or Construction Paper
(white or colored)
Tempera Paints
Drinking Straws
Paint Brush
How To Do:
Place a few drops of the paint on the paper. Hold the straw
at an angle just above the drops of paint and blow. Turn the paper as you blow to "feather" out the paint into fine lines. You can highlight it with spatters of another color of tempera paint if you wish.

For a different effect wash the paper (with watercolors) in a soft rainbow. Then blow the design on as above.

Uses:
Pictures, notebook cover, cards--anywhere else you wish.

## CRAYON - WATERCOLOR PAINTING

Material
Art Paper or Construction Paper
(white or colored)
Wax Crayons
Watercolor Paints (or tempera Paints)
Paint Brush
How To Do:
With a wax crayon (or crayons) draw a design on the paper. Or, by first laying the paper on a textured surface before drawing with the crayon you can make a pattern in the crayon drawing with the crayon you can make a pattern in the crayon drawing itsclf. "Wash" the paper with watercolor (or tempera paint). The watercolor will tint the paper where the crayon is not covering it.

Experimenting with different colors to find interesting effects.

## Uses:

Notebook covers, pictures, gift wrap paper, covering for boxes, etc., note paper decoration, greeting cards (seasonal)

## MOUNTAIN MINIATURES PLACE CARDS

## Material:

1. Heavy white bonded paper cut into rectangles $3^{\prime \prime} \times 4^{\prime \prime}$. Fold long ways.
2. Rubber cement.
3. Tweezers (optional)
-4-
4. Dried seed pods, flowers, leaves, twigs, lichens, etc. How To Do:

Gather dried seed pods, etc. for arrangements. Choose those less likely to shatter or shed and that are small and can be subdivided. The total dried (spray) arrangement on the placecard shouldn't exceed l' $^{\prime \prime}$ - $1 \frac{1}{2}$ " square on the placecard.

Glue the arrangement on the left side of the placecard. Leave room on the right side for name.

## Other Uses:

These arrangements could be adapted to other uses as small notebook covers, tallies, matchbook covers.

## SAND CASTING

Sand casting is a primitive art form - fun for anyone who has enjoyed making mud pies and rewarding enough to attract professional artists and many talented amateurs.

All you will need is:

1. Wooden frame or cardboard box.
2. Sand - enough to have $1 \frac{1}{2}$ " to $2^{\prime \prime}$ depth in frame.
3. Plaster of Paris
4. Any objects you might like to use to form designs in the sand or add texture to the pattern of your sand cast.

How You Do It:
Have $1 \frac{1}{2}$ " to $2^{\prime \prime}$ of sand in the frame. Wet the sand and smooth the surface. Press or scoop design in the sand. Embedding bits of glass, wood, shells, string, pebbles, pine cones, seeds, grass or other objects in the sand can add texture and interest to your design.

While the sand is still damp, make a thin mixture of plaster. Dribble plaster onto design. Take care not to disarrange the design. Use enough plaster to cover the design. If you plan to hang your sand cast, place a wire loop near the top center. Add another layer of plaster to give the depth you desire. This varies with the type of article and design. You can mix and add until you have the right amount. The plaster will adhere in layers.

After the plaster has set remove the frame and brush off loose
sand. Your sond cast is ready to: hang on the wall, frame, give interest to a patio, or have you thought of another fun way to use it?

## PAPER MOSAICS

Draw your design on the background paper. Cut colored bits from slick pages of magazines. (These can be torn for an interesting effect - also require no scissorsb) Fit and paste (rubber cement) bits to fill in the design.

This is a fun craft. Use your imagination for the design and gay colors. Try a stained glass window. Do the window on black paper and leave a space between the color pieces for divisions that show between glass peices of windows.

MONTAGE
A montage is a picture made from several other pictures or parts of pictures. It may be a realistic montage such as a fruit basket or a bouquest of flowers, or it may be an abstract design.

To get a start making a montage just cut some abstract shapes from color sections of magazine slick pages. Now arrange them in a design on a background of construction paper. When you get a design you like rubber cement it in place. Another way is to sketch an "idea picture" on scrap paper then cut the desien pieces of colored slick sheets and form your idea picture into an actual design.

## COLLAGE

A Collage is like a montage except it has texture and dimension. Yarn, feathers, fabric, newspaper, nails, tooth picks, bolts or just about anything you can think of is used to form designs for collages.

How about trying it?


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[^0]:    HAppy Homer

[^1]:    "Lil' Lionel":
    Down by the station early in the morning See the little "Lionels" all in a row Hear the station master, pull the little handle Chug, chug, --Toot, toot-- Off we go!

    Union Pacific:
    We were going down grade doing 90 m.p.h.
    When the whistle broke out in a wheeeeeee
    But there wasn't a big wreck,
    'Cause gosh oh golly heck
    We were riding on the old U.P.!
    We were humping along listening to the gong
    When Doc got up to speak
    But we didn't hear a word
    He could not be heard
    'Cause we live by the old U.P.!

[^2]:    "For safety's sake, ho1d your nose when you jump into deep water," advises a swimming instructor. For greater safety's sake, don't jump into deep water.

[^3]: