## Idaho Streamwakk ||I

Learning How to Monitor Our Streams

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## Table of Contents

Introduction ..... 1
Instructors ..... 2
Habitat Assessment. ..... 3
Water Chemistry ..... 19
Biomonitoring ..... 35
Literature Cited. ..... 55

## INTRODUCTION

This Streamwalk program was originally developed by EPA Region 10 in 1989. In 1991, the Idaho Streamwalk program was implemented by the Idaho Water Resources Research Institute, University of Idaho. The Idaho Streamwalk II and III field classes and companion instruction manual is the result of ongoing development of the Idaho program.

Streamwalk was developed as a basic screening tool to identify potential problem areas, and provide a standardized data collection method so that regional and trend comparisons can be made. As important, Idaho Streamwalk encourages citizen commitment to protect streams and educates people about the relationship between streams and watersheds. The data that the Streamwalk program gathers is housed in central databases located at the Idaho Water Resources Research Institute, University of Idaho and EPA, Region 10. Idaho Streamwalk has been included in the Project WET (Water Education for Teachers) curriculum.

Initiated in 1992, Streamwalk II was an 40 -hour field and lab course which went beyond the basic Streamwalk program of monitoring only the physical characteristics of a stream. This course was developed as a more complete approach to stream monitoring and included chemical and biological techniques. Streamwalk III contains all of the original elements of the course, but has been improved to include more comprehensive information, as well as quality control and quality assessment measures.

The class requires a commitment of seven days to learn about various stream monitoring concepts and procedures. As a team, we monitor an impacted stream and compare it with a relatively unpolluted site in the area. This involves collecting data on habitat quality, water chemistry and instream biota.

In learning how to monitor a stream, the participant develops skills in observation, data collection, and analysis while becoming more knowledgeable about stream ecology.

## INSTRUCTORS

Dr. Fred Rabe is a Professor Emeritus in Biological Sciences at the University of Idaho. Currently, he is involved in stream monitoring and classification of aquatic natural areas in Idaho and Montana.

Mr. Jody White is finishing a graduate degree in aquatic entomology at the University of Idaho and is also involved in stream monitoring for Northwest Management, Inc. in Moscow, Idaho.

## HabitatAssessment



## HABITAT ASSESSMENT

The purpose of habitat assessment is to describe current instream and riparian habitat conditions, which allows the investigator to relate physical characteristics to biotic conditions.

The objectives are to 1) measure selected instream variables which include depth, width, velocity, substrate, and 2) evaluate stream reach characteristics by utilizing a standard protocol for site description and comparison.

## Measurement Concepts

The habitat assessment methodology is derived from information provided by EPA, Rapid Bioassessment protocols for Use in Streams and Rivers (Plafkin, et al 1989), Table 1, and from Idaho DEQ, Protocols for Assessment of Biotic Integrity (Macroinvertebrates) for Wadable Idaho Streams (Draft 1992). The various parameters are designed to evaluate specific weighted criteria for macroinvertebrates. Once a reach has been assessed, the investigator tallys scores and come up with a specific value. This value is compared either to a reference or control site. A ratio between the impacted reach studied and the reference or control site is calculated to determine degree of impact. Measured criteria include primary, secondary and tertiary parameters.

Primary parameters (Instream Habitat): Bottom Substrate, Embeddedness -Scores range from 0-20 points. Primary parameters describe the micro-habitat which directly influences the macroinvertebrates.

Secondary parameters(Channel Morphology): Width/Depth Ratio, Pool/Riffle Ratio, Channel Alteration -- Scores range from 0-15 points. The secondary parameters evaluate the stability and characteristics of the stream channel.

Tertiary parameters (Riparian and Bank Structure): Lower Bank Stability, Bank Vegetative Protection, Canopy Cover, Riparian Zone Width -- Scores range from 010 points.

It is important to evaluate the secondary and tertiary parameters both on the reach and on the watershed upstream of the study site. The effects of upstream impacts are usually cumulative and influence the biological community.

Reference or Control Site: Reference sites represent the best habitat and water quality conditions attainable for the region or watershed. The term is used here to designate a site as similar as possible in a nearby drainage just outside the location

Table 1. Habitat Assessment for Small Streams

## Stream:

Site:
Date:
Observor:

|  | Optimal | Suboptimal | Marginal | Poor |
| :---: | :---: | :---: | :---: | :---: |
| 1. Bottom Substrate | $16.20$ <br> Greater than 50\% cobble, gravel, submerged logs, and other stable substrate | $11-15$ <br> 30-50\% of the same | $6-10$ <br> 10-30\% of the same | $0.5$ <br> Less than $10 \%$ of the same |
| 2. Embeddness | $16-20$ <br> Gravel, cobble and boulders surrounded by 0-25\% fine sediment | $11-15$ <br> Substrate surrounded by 25-50\% fine sediment | $6 \cdot 10$ <br> Substrate surrounded by 50-75\% fine sediment | ```Substrate surrounded by > 75% fine sediment``` |
| 3. Width/Depth Ratio | ```\[ 12-15 \] \[ \text { less than } 7 \] overbank flows rare``` | $\begin{gathered} 8-11 \\ 8-15 \\ \text { overbank flows occasional } \end{gathered}$ | $\begin{gathered} 4-7 \\ \text { 15-25 overbank flows occasional } \end{gathered}$ | $\begin{gathered} 0-3 \\ >25 \\ \text { Peak flows not contained } \end{gathered}$ |
| 4. Pool/Riffle, Run/Bend Ratio | 12-15 <br> 5-7 | $\begin{aligned} & 8-11 \\ & 7-15 \end{aligned}$ | $\begin{gathered} 4-7 \\ 15-25 \end{gathered}$ | $\begin{aligned} & 0.3 \\ & >25 \end{aligned}$ |
| 5. Channel Alteration | $12-15$ <br> No channelization | $8-11$ <br> 25-50\% channelization | $4.7$ <br> 50-75\% channelization | $0.3$ <br> >75\% channelization |

Table 1 (cont). Habitat Assessment for Small Streams
Stream:

## Site:

## Date:

## Observor:

|  | Optimal | Suboptimal | Marginal | Poor |
| :---: | :---: | :---: | :---: | :---: |
| 6. Lower Bank Stability | ```9-10 Lower bank stable No evidence of erosion or bank fallure``` | $6-8$ <br> Moderately stable <br> Infrequent small areas of erosion mostly healed over | ```\[ 3-5 \] \\ Moderately unstable Moderate frequency and size of erosional areas``` | $0-2$ Unstable Many eroded areas -Raw'sites frequent |
| 7. Bank Vegetative Protection | $\begin{gathered} 9-10 \\ >90 \% \text { of streambank surfaces } \\ \text { covered by vegetation } \end{gathered}$ | $6-8$$70-89 \%$ <br> streambank <br> surfaces covered by <br> vegetation | $3-5$ \%covered by vegetation | $0-2$ <br> Less than 50\% covered by vegetation |
| 8. Canopy Cover | $9-10$ <br> Mixture of conditions where some areas of water surface fully exposed to sunlight, and other receiving various degrees of filtered light | ```6-8 Covered by sparse canopy;entire water surface receiving filtered light``` | 3-5 <br> Completely covered by dense canopy OR nearly full sunlight reaching water surface | $0-2$ <br> Lack of canopy, full sunlight reaching water surface |
| 9. Riparian Zone Width | $9-10$ <br> Width of zone at least 4 times width of stream | $6-8$ <br> Width of zone at least 2 times width of stream | 3-5 <br> Width of zone at least as wide as stream | Little or no streamside cover |

impacted. In some cases sites previously used as reference sites have been impaired and can no longer be considered as references. One alternative is to utilize historical data compiled on the once unimpacted reference stream. Another alternative is to choose a control site located upstream of the site monitored.

## Bottom Substrate

Description: Bottom substrate is the instream organic and inorganic material which supports aquatic biota. Substrate types range from stable materials (cobbles, boulders, aquatic plants, large organic debris) to unstable materials (sand, silt, gravel, fine organics). Optimum conditions exist when a diversity of substrate types are present.

Examples: Boulders, cobbles, sand, silt, tree roots, submergent and emergent vegetation, logs, and undercut banks.

Significance: Diverse, stable habitat conditions allow for cover and feeding areas for a variety of aquatic organisms. Cobble sized particles are usually considered optimum habitat for healthy macroinvertebrate communities. Logs provide habitat for fish (i.e., cover and pools) and smaller organics serve as an energy source for macroinvertebrates. Also, aquatic vegetation is a stable source of cover and food for aquatic biota.

## Methods

Observe substrate conditions along the assigned reach.

| Bedrock | - | solid slab of rock |
| :--- | :--- | :--- |
| Boulders | - | greater than 10 inches in diameter |
| Cobbles | - | $2-10$ inches |
| Gravel | - | 0.25 to 2 inches |
| Sand | - | up to 0.25 inches |
| Silt/mud/clay | - | fine particles |

Estimate percent substrate composition at three locations in the study reach (bottom, middle and top).

At each location, record percent composition of bottom substrate from both estimated observations and measurements. A plastic ruler is provided.

In addition, note percentage of reach covered by aquatic plants, woody debris, and undercut banks if any or all of these habitat types exist.

## Embeddedness

Description: Embeddedness measures the amount of fine sediments (usually $<0.25$ inches) deposited around larger substrate. As embeddedness increases, the spaces around the larger substrate fill, the amount of living space for aquatic biota decreases, and gravel used for spawning are covered.

Examples: A 10 inch diameter cobble with only 5 inches showing above the stream bottom is considered $50 \%$ embedded. A bottom covered only by fine sediment is considered $100 \%$ embedded.

Significance: You would expect to observe more fines in pools (depositional habitats) and in sections of streams with lower gradients than on riffles (erosional habitats). Some invertebrate groups such as fly larvae, aquatic earthworms, clams and leeches are commonly found in depositional habitats. However, other groups of invertebrates require larger substrate for feeding and cover (e.g., mayflies, stoneflies, caddisflies). The greatest diversity is observed in erosional habitats.

## Methods

Visually estimate the percent embeddedness of the reach. You must first calibrate your eye by measuring embedded substrate with your ruler and then ocularly averaging the total embeddedness for the study reach.

To calibrate your eye, pick a rock from the stream bottom (making sure you mark how deep it is embedded with you finger tip) and measure the total height and the embedded height of the rock.

Also, before you remove the rock, estimate the percent embeddedness. Compare your estimate with the measured value. Repeat several times until your estimates are consistent with your measurements.

Divide the embedded height by the total height to calculate percent embeddedness.

## Width/Depth Ratio

Description: Stream channel depth is important in containing the streams discharge. As the width/depth ratio of streams change, so does habitat diversity and the capacity to contain floods. The width/depth ratio is one method we use to measure the present capacity of the stream and relate this measurement to known standards.

Significance: Sediment accumulations, bank destruction, impairment of riparian zones, and channelization of the stream all the width/depth ratios. As the stream widens, there is increased solar input which increases the water temperature. This can be detrimental to cold-tolerant species. Also, a shallow depth caused by sediment accumulation decreases the habitat available for colonization by aquatic organisms.

## Methods

Measurements are taken at the top, middle and bottom of the reach.

Measure the stream width between the wetted banks with a tape.

A meter stick is used to measure depths at $1 / 4,1 / 2$ and $3 / 4$ of the stream width. Divide the total of 3
 depth measurements by 4 to take into consideration the depth of 0 where the water and stream banks meet.

Divide the wetted width by the mean depth for each location and average the three measurements.

## Pool/Riffle, Run/Bend Ratio

Description: This is the difference in distance between riffles or runs divided by stream width.

Examples: A riffle is a shallow, swiftly flowing stretch of water with surface agitation present but without the surface disturbance of a rapid. Pools are areas of the stream where water velocity is extremely reduced and would contain water even if no flow was present. Runs (or glides) are sections of stream with moderately low velocity without surface agitation. Depth is usually greater in runs than riffles but not as deep as pools. Often times, the difference between a pool and run is a value judgement. Runs are often located near the bend of a water course.

Significance: Bends and riffles are assumed to offer more diverse habitat than a run or a stream with uniform depth. Bends often exist in streams of low gradient that lack riffle areas and can offer suitable habitat due to the cutting action of water at the bend. Pools are used by fish for resting and cover and by macroinvertebrates adapted to burrowing in bottom sediments.

## Methods

Measure width of the stream along the narrowest and widest length of the reach using a tape. Average these readings.

Pace off the distance between a number of riffles or bends and take an average of these distances.

Divide average distance between riffles or bends by the average stream width.

## Channel Alteration

Description: Channel alteration occurs when the channel is straightened causing a decrease in the sinuosity of the stream. Sinuosity is the ratio of the length of channel to down valley distance or ratio between two point on a channel to the straight distance between these points. The term meander is used when channels have sinuosities of 1.5 or more.

Example: This often occurs where meandering streams tend to flood sometimes causing damage to crops, in with the construction of concrete embankments, and alongside roads.

Significance: Channelization results in increases in stream velocity and subsequent scouring of the stream bed. Alteration of channels may also cause deposition of materials on the inside of bends, below channel construction or where the gradient of the stream flattens out.

## Methods

Estimate total channelization of the study reach: 25-50\% channelization, 50-75\%, or greater than 75\%.

It is best to observe the stream from a high point. If that is not available, walk the stream to make your observations.

## Lower Bank Stability

Description: This area exists from the normal high water line to the edge of the water during low flow in the summer. The upper bank covers the break in the general slope of the surrounding land to the normal high water line. Terrestrial shrubs and trees usually cover this zone.

Examples: Poor lower bank stability is observed by the amount of bare bank lacking protection from emergent vegetation, rocks or woody debris.

Significance: Poor bank stability adds sediment to a stream. It is an indicator of channel bank cutting which is related to high stream energy and lack of vegetative covering.

## Methods

Initially, become familiar with examples of poor, marginal, sub-optimal and optimal lower bank stability by studying slides and pictures.

Rank the condition of the lower bank in the study reach accordingly.

## Bank Vegetative Potential

Description: Bank vegetation is the amount of plant growth rooted along the stream bank which is a measure of bank stability. The opposite measurement is the amount of exposed soil in the upper bank. Bedrock and boulders also provide bank protection even if vegetation is not present.

Examples: A good vegetative protection zone is provided by alder, willow, and other trees and shrubs.

Significance: Root systems of higher plants are responsible for holding bank soil in place. Banks that are covered by plant growth are assumed to be stable features of the stream ecosystem and indirectly affects instream habitat characteristics.

## Methods

Familiarize yourself with the range of conditions expected. Walk the stream reach and make notes on the amount of bank that has bare soil or poor vegetation covering.

Give an average for the site by percentage.

## Canopy Cover

Description: Heavy shrub cover forming a partial canopy over the stream provides a good example of shading.

Examples: A good example of stream shading is when heavy shrub cover exists along the stream.

Significance: Canopy cover helps modify the water temperature by decreasing the amount of direct sunlight that reaches the surface. Vegetation hanging directly over or into the water provides habitat and cover for aquatic insects and fish. This vegetative growth contributes detritus or coarse particulate organic matter to the stream which serves as a source of energy for some invertebrate (e.g., shredders).

## Methods

Walk the study reach making notes of the amount of canopy cover. Average your sightings and record.

## Riparian Zone Width

Description: The riparian zone is an area between the stream and adjacent upland characterized by distinctive higher plants and soil types. Riparian zones can range from 0 meters to several hundred meters wide. The actual size depends on the stream size, geology, vegetation characteristics and stream morphology.

Significance: Riparian zones provide protection and cover to stream organisms and filter out sediment, toxic materials and nutrients. It also is a source of particulate material to benthic invertebrates inhabiting the stream. Fallen trees and root wads provide cover for the stream biota.

## Methods

Measure the width of the riparian zone in at least three places along the study reach.

Record, as a function of stream size, the appropriate category on the evaluation sheet. Observe whether the riparian area is four or two times the width of the stream or if there no stream


Measuring stream velocity by the float method cover.

## Velocity/Depth

Description: The combination of velocity and depth has a significant effect on the distribution and composition of the aquatic biota within a stream. This parameter is not being used in the habitat assessment but rather as a descriptor.

Examples:

1. slow, shallow-velocity less than $0.3 \mathrm{~m} / \mathrm{s}$, average depth is less than 0.5 m .
2. slow, deep-velocity less than $0.3 \mathrm{~m} / \mathrm{s}$, average depth more than 0.5 m
3. fast, shallow-velocity more than $0.3 \mathrm{~m} / \mathrm{s}$, average depth less than 0.5 m
4. fast, deep-velocity more than $0.3 \mathrm{~m} / \mathrm{s}$, average depth more than 0.5 m .

## Methods

Velocity is estimated by the float method and depth is measured by using a meter stick.

Measure the width of the stream along the narrowest and widest sections of the reach using a tape. Average these readings.

Measure the water depth at $1 / 4,1 / 2$ and $3 / 4$ of the stream width at the narrowest and widest length of the reach. Divide the total of three measurements by four to take into consideration the depths of zero at where the water and stream banks meet. Average the readings of the narrow and wide sites.

Discharge: Select a straight stretch of stream riffle or run and pace off about 100 feet. Obtain a float such as a brightly colored orange, tennis ball, or leaf if the channel is shallow. Record time required for float to cover measured distance. Repeat three times and take average.

$$
\mathrm{D}=\frac{\mathrm{WDLa}}{T}
$$

Where
D $\quad=\quad$ discharge in cubic feet per second (cfs) or meters per second (mps).
W = average width of stream stretch in feet or meters.
D $\quad=\quad$ average depth of stream stretch in feet or meters
$\mathrm{L} \quad=\quad$ length of stream stretch in feet or meters.
$\mathrm{T}=\quad$ average time in seconds for float to cover stream stretch
a $\quad=\quad$ constant- 0.8 for rocky bottom, 0.9 for smooth bottom.
Use a digital current meter if available because it will give the best results.

Table 2. Physical Habitat Measurements

## Stream:

Site:
Date:
Observor:

|  | Measurement 1 | Measurement 2 | Measurement 3 | Average |
| :--- | :--- | :--- | :--- | :--- |
| Width (ft) |  |  |  |  |
| Depth (ft) |  |  |  |  |
| Substrate (\%) |  |  |  |  |
| Bedrock |  |  |  |  |
| Coulders (> 10 in) |  |  |  |  |
| Cobble (2-10 in) |  |  |  |  |
| Gravel (0.25-2 in) |  |  |  |  |
| Sand (< 0.25 in) |  |  |  |  |
| Silt |  |  |  |  |
| Organics \% |  |  |  |  |
| Gradient |  |  |  |  |
| Dishcarge (cfs) |  |  |  |  |

COMMENTS:

Table 3. Habitat Assessment Form
Stream:
Site:

## Date:

Observor:

|  | Optimal | Suboptimal | Marginal | Poor |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| PRIMARY | $(20-16)$ | $(15-11)$ | $(10-6)$ | $(5-0)$ |  |
| Bottom Substrate |  |  |  |  |  |
| Embeddedness |  |  |  |  |  |
| SECONDARY | $(15-12)$ | $(11-8)$ | $(7-4)$ | $(3-0)$ |  |
| Width/Depth Ratio |  |  |  |  |  |
| Pool/Riffle Run/Bend |  |  |  |  |  |
| Channel Alteration |  |  |  |  |  |
| TERTIARY | $(10-9)$ | $(8-6)$ | $(5-3)$ | $(2-0)$ |  |
| Lower Bank Stability |  |  |  |  |  |
| Bank Veg. Protection |  |  |  |  |  |
| Canopy Cover |  |  |  |  |  |
| Riparian Zone Width |  |  |  |  |  |

COMMENTS:

## Equipment

Hip boots or old footwear (depending on time of year)
Meter stick
Tape
Current meter or float
Field book
Field forms
Pencils
Clipboards
Watch with chronograph or second hand
Camera (optional)
Clinometer
Ruler (mm)
Stakes
Pack

Notes

## Water Chemistry



## WATER CHEMISTRY

The objective of this module is to collect, analyze, and compare chemical information from different sites.

Many of the methods used are adapted from Mitchell and Stapp (1991).

Nine different tests of water chemistry are made at each station sampled. Some readings are conducted in the field, others in the lab.

Results are recorded in a field book and later transferred to a Class Data Water Summary chart. Next, "Q" values are determined and listed on a Water Quality Index (WOI) table. Weighing factors are applied to each test result. The total score is compared to predetermined Water Quality Index values and rated Excellent, Good, Medium, Bad, and Very Bad.

Alkalinity and conductivity are measured in the field but not used in the Water Quality Index.

There is space on the WQI table to make remarks concerning stream conditions along the reach studied. These might include such things as garbage/junk in stream, pipes actively discharging material, foam or oil, and algae scum on surface.

In order to save time and guarantee more accurate results, some of the tests are run by a professional water testing lab.

Information concerning methods relating to chemical analysis are somewhat brief in this module, mainly due to time restraints and background experience of the participants.

## Temperature

Description: Temperature is one of the most important environmental characteristics in a stream. It varies from site to site. A temperature taken in a stream located in a wide open valley is expected to differ from one situated in a narrow canyon. Riparian vegetation shading a stream has a significant cooling effect on the water.

## Methods

Place the thermometer a few inches below the surface of the water.

Record temperature after obtaining a constant reading which takes a couple of minutes.

If you have a thermometer that reads in Fahrenheit, convert to Centigrade ( ${ }^{\circ} \mathrm{F}-32$ +1.8 ). To convert Centigrade to Fahrenheit ( ${ }^{\circ} \mathrm{C} \times 1.8+32$ ).

## Dissolved Oxygen

Description: Dissolved oxygen in a well aerated stream is usually not limiting unless the water contains large amounts of organic material. Less oxygen is found in pools where decomposition is commonly occurring at a faster rate than in riffles. Oxygen saturated water contains less than one percent by volume in contrast to the atmosphere with about 23 percent.

## Winkler Method

Moisten the interior surface of a 250-300 ml ground glass bottle by rinsing which may help avoid getting air bubbles in the sample.

Tilt the bottle to a horizontal position allowing water to run in slowly. Let water flow over lip of bottle to further rid the sample of air bubbles.

Add 1 ml of manganous sulfate beneath the surface.

Add 3 ml of alkaline potassium iodide beneath surface. Do not be concerned if sample runs over.


Add 1 ml of manganous sulfate beneath the surface.
Add 3 ml of alkaline potassium iodide beneath surface. Do not be concerned if sample runs over.

Replace stopper and shake vigorously for about 15 seconds. Allow precipitate to settle. Observe this taking place in bottom half of bottle.

Holding tip of pipette against neck of bottle, add 2 ml of concentrated sulfuric acid or contents of sulfamic acid packet above the water level.

Pour 200 ml of treated sample into volumetric flask and transfer to Erlenmeyer flask.

Titrate sample with 0.025 N sodium thiosulfate or phenylarsene oxide (PAO).


After sample becomes pale yellow in color, add 1-2 ml of starch solution. Titrate until blue color disappears.

Dissolved oxygen in $\mathrm{mg} / \mathrm{l}$ is equal to number of $\mathrm{mg} / \mathrm{l}$ titrant.

## Calculating Percent Saturation

The percent saturation of dissolved oxygen at a certain temperature is determined by pairing dissolved oxygen value in $\mathrm{mg} / \mathrm{l}$ with temperature of water in centigrade on a percent saturation chart. Use a straight edge connecting the two points and read saturation value.

Record results on Class Data Water Summary.
To calculate " $\mathrm{Q}^{\text {" }}$ value of dissolved oxygen and locate percent saturation on horizontal axis. Follow that point up to where it intersects the line. The point of intersect is " $Q^{\prime \prime}$ value.

Record value on WQI Summary Table.
Drwa a line between water temperature ${ }^{\circ} \mathrm{C}$ and mygen mel. At pint of intersection is $\%$ of saturation.


Percent saturation

## Biochemical Oxygen Demand

Description: Biochemical Oxygen Demand (BOD) is high when the dissolved oxygen is low and low when dissolved oxygen is high. If considerable amounts of organic matter exist in a stream then the decomposition of this material by microorganisms requires ample oxygen for the process to take place.

## Methods

Fill a light bottle and dark bottle with water being careful not to aerate the sample.
Measure the dissolved oxygen in the light bottle - refer to information regarding Winkler method.

Place the dark bottle in an incubator or a darkened room for five days at 20 degrees C .

At the end of this period, analyze for dissolved oxygen.
Subtract the dark bottle reading from the light bottle reading. This gives the BOD in $\mathrm{mg} / \mathrm{l}$.

Transfer this information to the Class Data Water Summary.
Next calculate a "Q" value and record on WQI Summary Table.

## pH

Description: pH is a way to measure the acidic or basic nature of water in a stream. Water has a slight tendency to fall apart or dissociate into hydrogen and hydroxide ions. An acid is a substance that gives off hydrogen ions when dissolved in water whereas a base is any substance that accepts hydrogen ions when dissociated in water. The pH scale runs from $0-14$. Acid rain has a pH of about 4 as compared to the Great Salt Lake which has a pH of 10. Distilled water has a neutral pH of 7 .

## Methods

Collect a water sample below the surface.
Measure the pH using a color comparison method such as the Hach Kit. pH paper may also be used but is not as satisfactory.

Take an additional sample. Put on ice and return to lab. Analyze sample using a pH meter and compare with color disc technique.

Record information on Class Data Sheet and WQI Table after determining $\mathbf{Q}$ value.

## Fecal Coliform

Description: Fecal coliform is a type of bacteria associated with mammal and human waste. When animals defecate, some of these bacteria pass out of their bodies and into the stream. In all probability, pathogens may be present along with the coliform type. The chance of pathogens being in the water sample increases significantly when the coliform count is over 200 colonies/100 ml water. Drinking water should not exceed 1 coliform/100 ml and treated sewage effluent is expected to be less than $200 / 100 \mathrm{ml}$.

## Methods

Collect the sample in a 300 ml bottle that has been sterilized. Avoid touching the inside of the cap.

Face the bottle into the current below the surface. Wear gloves if there is a chance of pathogens being present in the water.

Place the sample on ice and keep cool as possible. Analyze the water within 24 hours.

In order to obtain more accurate results and save on time, it is recommended that a state or commercial water testing lab analyze the water for fecal coliform.

Record results on Class Data Water Summary,
To calculate " $Q^{\text {" }}$ value, refer to Fecal Coliform figure and locate fecal coliform count on horizontal axis. Follow that point up to where it intersects the line. The point of intersect indicates " $Q$ " value.

Record value on WOI Summary Table.


Water quality $\mathbf{Q}$ value

## Phosphates


#### Abstract

Description: Phosphates are nutrients necessary for the growth of plants. If too much phosphorus gets into a stream from sources such as manure, septic tanks, or lawn fertilizer undesirable changes in the water occur. The phosphates taken up by plants may cause undesirable mats of algae or unruly growth of aquatic weeds in the stream channel. These plants eventually die and during the process of decomposition decrease the dissolved oxygen and thus increase the biochemical oxygen demand.


## Methods

Collect sample below the water surface in a 100 ml container.

Place sample on ice and return to lab.
In order to obtain more accurate results and save time, it is recommended that a state or commercial water testing lab analyze the sample for phosphates.

Record results on Class Data Water Summary. Calculate "Q" value and transfer information to WQI Summary Table.

## Nitrates

Description: Nitrates like phosphates are necessary for plant growth. Elemental nitrogen in the atmosphere is fixed by bacteria and blue green algae to ammonia which is changed to nitrates by another team of microorganisms. Additional nitrates find their way into a stream through sources such as fertilizers, animal manure from cattle, and leaky septic tanks. Eutrophication or enrichment of the water occurs causing excessive plant growth in the stream.

## Methods

Collect sample below the water surface in the same 100 ml container used to collect phosphates.

Place sample on ice and return to lab.
In order to obtain more accurate results and save time, it is recommended that a state or commercial water testing lab analyze the sample for nitrates.

Record results on Class Data Water Summary. Calculate "Q" value and transfer information to WQI Summary Table.

## Turbidity

Description: Turbidity is caused by suspended solids in the water such as clay, silt, or organic wastes. These materials trap more heat resulting in less oxygen because of the warmer water. Biological agents, such as algae and plankton can also cause turbidity when enrichment takes place by excessive nitrates and phosphates.

## Methods

Collect 100 ml water below the water surface. This can be part of the same sample collected for pH to be analyzed later.

Measure turbidity using a turbidimeter or send sample to state or commercial water testing lab for analysis.

Record results on Class Data Water Summary. Calculate "Q" value and transfer information to WQI Summary Table.

## Total Solids

Description: Total Solids consist of both suspended and dissolved materials in the water column. Suspended solids retained by a fine mesh filter include clay and silt particles from erosion, sewage, pesticides and live organisms. Dissolved solids consist of inorganic materials such as nitrates, phosphates, calcium, and bicarbonate ions which pass through a fine filter. They provide nutrients for algae and higher plants at the base of the food chain and some are important buffering agents in the water.

## Methods

Collect at least a 100 ml sample from the stream.
Weigh a small, clean beaker on a sensitive balance to the nearest 0.0001 gram. Remove it with tongs so that you do not change weight of beaker by touching it.

Pour the 100 ml water sample into the beaker and place in a drying oven at 103 degrees $C$ overnight to evaporate the water.

Allow the beaker to cool and reweigh it.
Calculate the weight of residue by subtracting weight of beaker before sample introduced from weight of beaker and residue.


The following formula is used to determine total solids:

$$
\begin{aligned}
& \text { Increase in weight in grams } \times 1000 \mathrm{mg} \times 1000 \mathrm{ml}=\mathrm{mg} / \mathrm{l} \\
& \text { Volume in milliliters }(\mathrm{ml}) 1 \mathrm{gm} \quad 1 \text { liter }
\end{aligned}
$$

Record results in mg/l on Class Data Water Summary. Calculate "Q" value and transfer information to WQI Summary Table.


#### Abstract

Alkalinity Description: Alkalinity is expressed as calcium carbonate in mg/l even though alkalinity represents hydroxides and bicarbonates as well as carbonates. Alkalinity readings are low in soft water regions such as mountainous areas and high where hard water exists.


## Methods

Collect 100 ml water.
Pour off into a graduated cylinder and transfer to a white porcelain casserole placed over a white card.

Add four drops of phenolphthalein indicator to water. If solution becomes colored, carbonate or hydroxide is present.

Add 0.02 N sulfuric acid from a pipette until color disappears. Phenolphthalein alkalinity ( $\mathrm{mg} / \mathrm{l}$ ) calcium carbonate is equal to number of ml sulfuric acid multiplied by 10 .

Add two drops of methyl orange indicator to sample after titration for phenolphthalein alkalinity or if solution remains colorless after adding phenolphthalein indicator.

Introduce 0.02 N sulfuric acid to yellow-colored solution until it turns a faint pink (salmon pink) or until solution no longer appears yellow.

Methyl orange alkalinity ( $\mathrm{mg} / \mathrm{l}$ ) of calcium carbonate is equal to number of ml 0.02 N sulfuric acid used multiplied by 10.

Total alkalinity is equal to the addition of methyl orange and phenolphthalein alkalinity values.

Record this information on Class Data Water Summary and WQI Summary Table. It is not used in the Water Quality Index.

## Conductivity

Description: Conductivity is a measure of the ability of water to conduct an electrical current. This ability is dependent upon the amount of dissolved charged particles (ions) present in the water and temperature. lons such as sodium, calcium, and bicarbonate are dissolved into water from weathering of rock material in a drainage area. Conductivity values for freshwater are generally within the range of 10-1000 micromhos (reciprocal of resistance).

## Methods

Use a conductivity meter and place probe in water.
Adjust temperature knob on the meter to the temperature of the water.
Turn the other knob until needle lines up with a red line on the scale.
Next turn this same knob to the appropriate scale and read needle in micromhos.
Turn meter off when finished.

This data should be included on Class Data Water Summary and WQI Summary Table but is not used in Water Quality Index.

Table 4. Class Water Quality Data Summary
Name $\qquad$
Date

| Test | Stream: | Stream: | Stream: |
| :---: | :---: | :--- | :--- |
| Temperature (c) |  |  |  |
| Dissolved oxygen (mg/l) |  |  |  |
| pH |  |  |  |
| Bod (mg/l) |  |  |  |
| Fecal Colliform (mg/l) |  |  |  |
| Phosphates (mg/l) |  |  |  |
| Nitrates (mg/l) |  |  |  |
| Turbidity (NTU) |  |  |  |
| Total Solids (mg/l) |  |  |  |
| Alkalinity (mg/l) |  |  |  |
| Conductivity (umhos) |  |  |  |

Comments:

Table 5. Water Quality Index

## Stream

Station No.

| TEST | $\begin{gathered} \text { URITS } \\ \text { DATA } \\ \text { RECORDED } \\ \text { IM } \\ \hline \end{gathered}$ | CLASS <br> DATA- <br> AVER. <br> RESULTS | Q-VALUE <br> -REFER TO <br> TABLES | WEIGHTING FACTOR | TOTAL O-VALUE X IT. FAC. TOTAL |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1. Dissolved Oxygen | \% Sat. See Table For O -Value | mg/1 |  | 0.17 |  |
| 2. Fecal Coliform | Colonies $/ 100 \mathrm{ml}$ |  |  | 0.16 |  |
| 3. pH | Units |  |  | 0.11 |  |
| 4. 8.0.0. | $\mathrm{mg} / 1$ |  |  | 0.11 |  |
| 5. Temperature | Change in Degrees C. |  |  | 0.11 |  |
| 6. Total Phosphate | mg/1 |  |  | 0.10 |  |
| 7. Nitrates | mg/1 |  |  | 0.10 |  |
| 8. Turbidity | NTU/Secchi Feet |  |  | 0.08 |  |
| 9. Total Solid | mg/1 |  |  | 0.07 |  |
| Add Colum to Determine Water Quality Index |  |  |  |  |  |

modified from Mitchell and Stapp(1991) and Beckwith(1991)

| VATER OUALITY INOEX |  |
| :---: | :--- |
| $100-90$ | EXCELLENT |
| $89-70$ | G000 |
| $69-50$ | MEDIUM |
| $49-25$ | BAD |
| $24-0$ | YERY BAD |

Alkalinity mg/l $\qquad$
Conductivity micromhos $\qquad$

REMARKS:

Notes

## Biomonitoring



## BIOMONITORING

The objectives of this module are 1) learn about sampling aquatic macroinvertebrates and processing them, 2) identify the macroinvertebrates, and 3) analyze the data as it relates to the structure and function of the macroinvertebrate communities.

The biomonitoring methodology is modified from Rapid Bioassessment Protocols 2 and 3 (Plafkin 1989) and Wisseman (1994).

Aquatic macroinvertebrates are animals without backbones large enough to be seen by the unaided eye and live at least part of their life upon or within substrates in an aquatic medium. They are retained in a U.S. Standard No. 30 sieve screen comprised of 28 meshes per inch ( 0.6 mm openings).

They utilize many available substrate in the stream channel such as rocks, soft sediment, plants, logs, and detritus.

Macroinvertebrates consist primarily of insects. Other representatives include snails, clams, leeches, aquatic worms, flatworms, mites, freshwater shrimp and crayfish.

Some macroinvertebrates are grazers consuming algae and plant material. Others specialize in utilizing detritus or dead plant material conditioned by bacteria and fungi in the stream.

Macroinvertebrates provide an important index for detecting changes in water quality brought about by point and non-point sources of pollution. Some species are sensitive to perturbation or stress whereas others are more tolerant to changes in the stream environment.

Macroinvertebrates usually live as long as one to two years (although some live up to 9 years) and remain in one location for quite a while. As a result of their prolonged exposure to the changing stream conditions, their presence or absence provides an indication of the health of a stream.

A systematic non-random sampling design is used to include a number of habitat types in the stream. These habitat types are erosional water (riffles and runs), aquatic vegetation and coarse particular organic material (CPOM). Some of the above habitat types are obviously not collected because they are absent from the stream reach. It is important then to make note of the presence or absence of habitat types at each site sampled.

Stream habitats not collected include wetted substrates in slower water near shore (margin cobbles), fine sediment and undercut banks.

The reason for sampling habitat types qualitatively is to collect as many taxa as possible in a reasonable period of time. Qualitative sampling is less time consuming than quantitative sampling. The objective of this approach is to make between station comparisons to detect the presence or absence of macroinvertebrates that are sensitive or tolerant to stress and to obtain information about the richness of the community (Klemm et al. 1990).

If habitat types are destroyed or altered by physical or chemical impairment of the environment, then we expect to see a reduced biological integrity of the macroinvertebrate community.

## Sampling

It is important to make an early reconnaissance of the streams to be studied. By selecting sampling sites and identifying the various habitat types present, you save time and avoid problem situations later on during the actual sampling.

Each station consists of a reach which is defined as a section of stream channel having similar physical characteristics. Length of a reach may vary. Some investigators recommend a 20:1 ratio for every meter width of a bank full stream. If a stream is 3 meters wide the reach would be 60 meters long. If possible, all stations should be collected at the same time of day so physical, chemical, and biotic samples can be related. Always work upstream in order to keep streambed disturbance to a minimum.

Select a control or reference station that represents the best habitat and water quality conditions attainable for the

region or watershed. If time and resources are available, choose more than one station or stream to serve as a reference, or control. Additional information describing reference stations and controls are included in the habitat section.

The number of erosional habitats (riffles, runs) sampled depends upon the size of the stream and the time and resources available. A minimum of three sampling sites at each station or reach is recommended. Choose only those sites which appear to be favorable habitat for macroinvertebrates. The three samples collected are later combined into one composite sample.

A long-handle dip net is used to sample erosional habitats. Place the net securely in the substrate with the opening facing upstream. Stand to the side and kick the streambed vigorously to a depth of about four inches overturning the substrate about a foot above the net opening. Repeat this procedure for a couple of minutes. Each of the three samples you take should cover about 0.1 sq meter.

The material collected from the three sampling sites is transferred from the net to a single labeled ziplock bag. Place the bags in an ice chest and return to the lab where they are kept refrigerated. One advantage of keeping specimens alive is that their movement makes them easier to see in the sorting process. Also, some groups such as leeches are easier to identify alive. A disadvantage in working with live specimens is they need to be processed no later than 24 hours following collection.

Select an area along the stream reach with the densest shore vegetation. Make three individual sweeps upstream with a dip net as far as you can reach out not moving from your position. A sweep consists of dragging the net forward right below the surface so that you cover about a meter of water space. Practice this maneuver before actual sampling. Be careful and not drag net along the stream bottom.

If instream vegetation is observed then sample it where it is densest. Make three individual sweeps upstream while standing in the channel rather than from the bank.

Transfer contents of all vegetation samples to a properly labeled ziplock bag. Place in an ice chest and return to lab.

Collect coarse particulate organic matter (CPOM) when present in the stream. The CPOM, especially deciduous leaves, require a length of time in the stream before being conditioned and subsequently used as a source of foods by certain macroinvertebrates.

Small CPOM consists of leaves, needles and twigs. Collect this from leaf packets
in fast and slow water along pool bottoms and stream margins. If CPOM is present, fill a single ziplock bag with material.

Large CPOM is comprised of pieces of bark and branches which do not fit inside a ziplock bag. Choose several pieces of this woody material and place in a screen bucket. It is best to select CPOM that is partially decomposed and resembles wood pulp.

Next, wash down material by raising and lowering sieve bucket in the stream. Remove each piece of wood and break apart to search for invertebrates. Use forceps to place the collected organisms into the ziplock bag with the fine CPOM.


Optional collections can be made of filamentous algae and aquatic vascular plants if present in sufficient amounts. Place the algae in a jar of water and plants in a press.

Photographs taken of the stream system are invaluable when interpreting habitat. Be sure to include riparian vegetation in the photo. Extensive notes of sampled habitat types are important when it comes time to analyze the information collected.

## Processing Macroinvertebrates

Remove ziplock bags containing live organisms from the refrigerator. Samples should not remain refrigerated for more than a day, otherwise the organisms may die and spoil. Transfer materials from ziplock bags to a U.S. Standard No. 30 sieve ( 0.6 mm diameter screen). Run tap water through the screen to reduce volume removing any mud or silt. Concentrate material at one edge by tilting screen and running tap water through it.

Next, transfer sample from screen to a flat tray or other container. If there appears to be more than 100 organisms in the sample, mix well and divide into four or more equal parts depending upon the number of organisms.

Throw a dice to select one of the parts to process. Place a tablespoon of material in a white enamel pan or flat glass baking dish filed partially with water. Examining a small amount of sample enables you to better see the organisms since the material is spread out rather than being layered. The use of an illuminated magnifier is helpful in locating specimens.

Using a forceps place similar appearing forms together in a partitioned ice tray or glassware containing preservative or water depending upon how active the organisms are.

If one of your objectives is to know which invertebrates inhabit what habitat types then use a separate partitioned container for each habitat type. This step is usually unnecessary unless time is not a factor.

Use flat more pliable forceps to transfer soft bodied organisms such as mollusks (snails and clams).


Processing macroinvertebrates in the lab Leeches, aquatic earthworms and flatworms are placed in water rather than preservative for ease in identification. Fast moving forms such as freshwater shrimp can be sucked up by the use of a small pipette or caught with a spoon.

If extremely large numbers of invertebrates are present, such as aquatic earthworms or black fly larvae, further subsample these groups. If you do subsample, pick out all of the less dominant taxa from the remaining quadrant or quadrants using forceps.

If you have not counted about 100 specimens by the time the first quadrant has been completely picked, begin the second quadrant. Once you begin processing a quadrant, always finish it even though you have picked out over 100 organisms. Once you have finished, have an instructor check to see if you did not overlook many specimens. This is a means of practicing Quality Control.

Record the number of quadrants processed from each sample to calculate the relative number of organisms.

## Identification

Some basic instruction is provided in the use of keys, which will be used to identify immature aquatic insects, leeches, aquatic earthworms, and gastropods. Insect identification is to family. Refer to the total taxa richness section below for more information.

Remove a specimen from the partitioned ice tray or glassware and place in a shallow dish containing 70-80 \% ethanol preservative. Use a dissecting microscope to observe the specimens and attempt to identify them using the keys provided. An instructor will be available to answer questions.

Teasing needles and forceps enable you to manipulate or turn the organism around in the dish as you work on it. After specimens are identified, check your work with the instructor to see if the identification is correct. This is a Quality Control measure. If identification is wrong, compare specimen (s) with reference collection and verify again with instructor.

Record the number of individuals belonging to that taxa on specifying the stream name, station number, date, and habitat type if you have previously kept habitats separate by using different partitioned containers.

Once the specimens have been identified, enumerated and recorded on the above form, analyses of data can begin.

Table 6. Indentification list of macroinvertebrates

Stream

Site
Identifier
Date

|  | Erosional Hab | Macrophytes | CPOM | Function | Tolerance |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |
| Ephemeroptera |  | - | ! ! ! |  |  |
| Siphlonuridae |  | ! ! ! | ; ! ! | Collector/Gatherer | 7 |
| Baetidae |  | - ${ }^{\text {¢ }}$ | ! ! ! | Scrapers | 4 |
| Heptageniidae | 20 $0^{2}$ | 1 1 1 ? | ! ${ }^{\text {, }}$ ! | Scrapers | 4 |
| Ephememrellidae |  | [ ! , | - | Collector/Gatherer | 1 |
| Tricorythidae | , | 1 + , 1 | 1 , ! | Collector/Gatherer | 4 |
| Caenidae | I | $1 \times$ | + , | Collector/Gatherer | 7 |
| Leptophlebidae | , | $1 \times 1$ | $1 \times 1$ | Collector/Gatherer | 2 |
| Plecoptera |  | : , i ! | 1 1 ! |  |  |
| Pteronarcidae | . | [ , \% ! | $1 \times 1$ | Shredders |  |
| Peltoperidae | remat | $1 \cdot 1$ | 1 , 1 | Shredders | 2 |
| Taeniopterggidae | - ${ }^{\text {a }}$ | 1 1 1 ! | 1 1 , | Shredders | 2 |
| Nemouridae | , | - , 1 . | 1 1 1 1 | Shredders | 2 |
| Leuctridae |  | 1 . . 1 | $1 \times 1$ | Shredders |  |
| Capnidae | - -1 | 1.1 | 1.1 | Shredders | 1 |
| Perlidae | 1 | - 1 1 | 1.11 | Predators | 1 |
| Perlodidae | $4 x^{-1}$ | a 12. | 1.1 | Predetors | 2 |
| Chloroperiidae |  | 1 1 ${ }^{\text {l }}$ ! | 1 , 1 , | Predators | 1 |
| Trichoptera |  | $\cdots$ - 5 | $1+1$ |  |  |
| Rnyacophilidae | , | $1+1$ | 1 1 1 , | Predators |  |
| Glossosomatidae | , | $1+1$ | 1.11 | Scrapers | 1 |
| Hydroptilidae |  | - 11.1 | 1 , 1 | Collector/Fillerers | 4 |
| Philopotamidae |  | 1 1 $1 \times$ | + 1 ! | Collector/Filiterers | 3 |
| Hydropsychidae |  | - . ${ }^{\text {¢ }}$ | $1 \times 1$ | Collector/Filterers | 4 |
| Limnephilidae |  | * | ! ! | Shredders | 4 |
| Brachycentridae |  | . | ! ! | Collector/Filterers | 1 |
| Lepidostomatidae |  |  | , | Shredders | 1 |
| Phryganeidae |  |  |  | Collector/Gatherers | 4 |
| Leptoceridae |  |  | ; i | Coliector/Gatherers | 4 |
| Diptera |  |  | $!$ |  |  |
| Tipulidae |  |  | ! ! | Omnivores | 3 |
| Ceratopogonidae |  |  | , ! | Predators | 6 |
| Culicidae |  | - | - ${ }^{\text {a }}$ | Coliector/Gatherers | 8 |
| Psychodidae |  | 0 | $1 \quad 1$ | Coliector/Gatherers | 10 |
| Ptychopteridae |  |  | $\square-1$ | Coliector/Gatherers | 7 |
| Simulidae |  | - $\square^{\text {a }}$ | $\square+$ | Collector/Fiterers | 6 |
| Empididae |  | $\cdots$ | $1+1$ | Predators | 6 |
| Pelecorty ${ }^{\text {a }}$ ( ${ }^{\text {a }}$ |  | $1 \cdot \frac{1}{2}$ |  | Predators | 3 |
| Muscidae |  | 1 | $1+$ | Predators | 6 |
| Athericidae |  | 4. | $1+$ | Predators | 4 |
| Ephydridae |  | - | $1 \times 1$ | Collector/Gatheres | 6 |
| Statiomyilidae |  |  | $1 \quad 1$ | Collector/Gatheres | 8 |
| Tabanidae |  | 101 | - 1 , | Predators | 6 |
| Sciomyzidae |  | L 1 ! | $1{ }^{1}+1$ | Predators | 10 |
| Blepharoceridae |  | - | $1+1$ | Scrapers | 2 |
| Chironomidae |  | ' ${ }^{\text {, }}$ | ! ! ' | Omnivores | 6 |

Table 6 (cont). Indentification list of macroinvertebrates

## Stream

Site
Identifier
Date

| Taxa | Erosional | Macrophytes | CPOM | Function | Tolerance |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{array}{lllll}\text { T1 } & \text { T2 } & \text { T3 } & \text { T4 } & \text { T5 }\end{array}$ | $\begin{array}{llllll}\text { T1 } & \text { T2 } & \text { T3 } & \text { T4 } & \text { T5 }\end{array}$ | $\begin{array}{llllll}\text { T1 } & \text { T2 } & \text { T3 } & \text { T4 } & \text { T5 }\end{array}$ |  |  |
| Coleoptera |  |  |  |  |  |
| Amphizoidae | , | 1 | 1 | Predators | 1 |
| Dryopidae |  |  |  | Shredders | 5 |
| Dytiscidae | 1. | 1 | $3{ }^{1}$ | Predators | 5 |
| Hydrophilidae |  |  | , | Predators | 5 |
| Elimidae | \% ${ }^{\text {r }}$ |  | \% $\quad$ ( ${ }^{\text {a }}$ | Coliector-Gatherers | 4 |
| Haliplidae | , |  | - 1 | Omnivores | 7 |
| Psephenidae | $\pm$ |  |  | Scrapers | 4 |
| Lepidoptera | 1 , |  | $10^{3}$ |  |  |
| Pyralidae |  |  | 1 | Scrapers | 5 |
| Hemiptera | 4 |  | 1 |  |  |
| Belostomatidae | , |  | H | Predators | 11 |
| Corixidae |  |  | 1 | Predators | 8 |
| Gerndae | . |  | 1 | Predators | 11 |
| Velidae |  | . | , | Predators | 11 |
| Saldidae | , |  |  | Predators | 11 |
| Megaloptera | , |  | - |  |  |
| Slalidae |  |  | , | Predator | 4 |
| Odonata | \% |  |  |  |  |
| Gomphidae | 1 |  | 1 | Predators | 1 |
| Aeshnidae |  |  |  | Predators | 3 |
| Libellulidae | * |  | ! | Predators | 9 |
| Caenagrionidae |  |  | 1 | Predators | 9 |
| Calopterygidae |  |  |  | Predators | 5 |
| Cordulidae | r |  | , | Predators | 5 |
| Lestidae |  |  |  | Predators | 9 |
| Non-Insect Taxa |  |  |  |  |  |
| Oligochaeta |  |  | ! | Collector-Gatherers | 5 |
| Lumbriculidae |  | 4 | $1 \cdot 1$ | Collector-Gatherers | 10 |
| Naididae |  |  | $t$ | Collector-Gatherers | 11 |
| Tubificidae |  |  | 1 | Collector-Gatherers | 10 |
| Platyheiminthes |  |  | 1 |  |  |
| Turbellaria |  |  | . | Predators | 4 |
| Hirudinea |  |  |  | Predators | 10 |
| Glossiphoniidae |  |  | I | Predators | 8 |
| Piscicolidae |  |  |  | Predators | 7 |
| Hirudinidae |  |  |  | Predators | 7 |
| Erpobdellidae |  |  |  | Predators | 8 |
| Gastropoda |  |  |  | Scrapers | 7 |
| Hydrobudae |  |  |  | Scrapers | 11 |
| Lymnaeidae |  |  |  | Scrapers | 6 |
| Physidae |  |  | * | Scrapers | 8 |
| Planorbidae | , |  | + | Scrapers | 7 |
| Lymanaeidae |  |  | $\cdots$ |  |  |
| Ancylidae |  |  | + | Scrapers | 6 |
| Pelecypoda |  |  |  | Collector-Filterers | 8 |
| Sphaeridae |  |  | 1 | Collector-Filterers | 8 |
| Amphipoda |  |  | + | Collector-Gatherers | 4 |
| Hyallela axteca $\times$ ¢ $+\cdots$ | a |  | , | Collector-Gatherers | 8 |
| Decapoda |  | . | 1 | Shredder | 8 |
| Pacitasticus sp. |  |  | , | Omnivore | 6 |
| Isopoda |  |  | 1 | Collector-Gatherers | 9 |
| Ostracoda |  |  | 1 | Collector-Gatherers | 8 |
| Nematoda |  |  |  | Predators | 5 |
| Nematomorpha |  |  |  | Predators | 5 |
| Acan |  |  |  | Predators | 11 |

## Data Evaluation

The Streamwalk III bioassessment approach is a modification of Rapid Bioassessment Protocols 2 and 3 (Plafkin et al. 1989). In Protocol 2 riffle/run and CPOM samples are collected and identified to family in the field. Eight different metrics are used in the scoring process based on a 100 -organism subsample. Protocol 3 differs from Protocol 2 since subsampling and identification are performed in the laboratory and specimens identified to genus or species.

Streamwalk III bioassessment is unlike both of the above protocols in that samples may also be collected along the shore and in the channel where vegetation occurs and seven metrics are used in the scoring process. It is similar to Protocol 2, as identification is to the family level; it is similar to Protocol 3 because identification and analysis occurs in the lab. Scoring is also similar to Protocol 3.

## Metric Analysis

The biological integrity of a macroinvertebrate community is described as the composition, structure, and function of a macroinvertebrate community. It is measured by scoring a number of metrics which in this methodology are relative abundance, total taxa richness, EPT taxa richness, EPT abundance, percent dominant taxa, Hilsenhoff Biotic Index and Shannon-Weiner Species Diversity.

Relative Abundance is a qualitative measure of the number of organisms within the sample. As a stream becomes impacted, the numbers of invertebrates are expected to decrease relative to the area sampled. Often, however large numbers of a few tolerant species may account for a high relative abundance.

Total Taxa Richness is the total number of different taxa (mix of species, genera and families) present in the sample. In most every case, identification will be to family. There may be more than one kind of species belonging to a family identified. In that case, specimens are listed as Species A, Species B, etc. under family or other taxonomic listing.

As a general rule, a high species richness is indicative of a healthy stream community. However, taxa richness of unimpacted streams may vary significantly in different geographical regions. Some streams contain more non-insect species than insects. Non-insect forms are often more tolerant to stress than insect species.

Expect to find a relatively high taxa richness where a number of habitat types exist (riffles/runs, aquatic plants, CPOM) when compared with a similar stream of the same water quality, but having only a small number of instream habitats.

EPT Taxa Richness is the total number of Ephemeroptera (mayflies), Plecoptera (stoneflies) and Trichoptera (caddisflies) found in the sample. Most taxa belonging to these three insect orders are sensitive to stressful conditions.

Stream reaches having a high EPT count are those waters usually associated with clean water and an unimpacted habitat.

EPT Abundance is the percentage of EPT species in the entire sample. Again, a high percentage indicates favorable water quality and habitat assessment.

Hilsenhoff Biotic Index (HBI) is a value given to an organism depending upon its tolerance to pollution. Low values indicate organisms sensitive (not tolerant) to pollution. High values indicate organisms more tolerant and less sensitive to stress.

$$
\mathrm{HBI}=\sum \mathrm{n}_{\mathrm{i}} \mathrm{a}_{\mathrm{i}}
$$

N
Where:

| $n_{i}$ | $=\quad$ number of individuals in each taxa |
| :--- | :--- |
| $a_{i}$ | $=\quad$ index value of that taxa |
| N | $=\quad$ total number of individuals in sample |

A family level biotic index (Hilsenhoff 1988) is available to record values in the formula above. Values from 0 to about 4 are considered to exhibit low tolerance and values over 6 have high tolerance to environmental conditions. Refer to the table describing family tolerance values following this section on metrics. Record value for each taxa identified on the list.

The presence of sensitive intolerant organisms provides evidence of satisfactory environmental quality; however, tolerant macroinvertebrates may be found in both polluted and clean water so their presence is of less significance.

Percent Dominant Taxa is the percent of the most dominant taxa in the sample. High dominance in a community usually relates to an impacted habitat or poor water quality. Dominance is often exemplified by such organisms as aquatic earthworms and fly larvae which can exist under environmental conditions unsuitable to most EPT forms.

Taxa richness is usually lower where high dominance exists.
Species Diversity is a unique biological characteristic of a community. It is based on the richness or number of species and evenness or relative abundance of a community. A community has a high diversity if many equally or nearly equally abundant species are present. If a community is comprised of only a few species or if only a few species are abundant (high dominance) then species diversity is low.

As an example, community $\mathbf{A}$ is comprised of five species with the following number of individuals corresponding to each species: $5,1,1,1,1$. Community B likewise contains five species, but the distribution of individuals is more even: 2,2,2,2,1.

The Shannon-Weiner index is a measurement of species diversity based on information theory and the idea of "uncertainty." In community A, with 9 individuals, we would be more certain in randomly selecting the first species having 5 individuals. In community B, we would be more uncertain of which species is selected because of the evenness of distribution. High diversity is thus associated with high uncertainty and low diversity with low uncertainty.

According to Brower and Zarr (1984), if data is from a large community or subcommunity and randomly collected, we can use the Shannon-Weiner index.

| $\overline{\mathrm{H}}$ | $=\sum_{\text {ni }} \mathrm{pi} \log \mathrm{Pi}$ |
| ---: | :--- |
| Where pi | $=\mathrm{ni}(\mathrm{N}$ expression of relative abundance) |
| ni | $=$ each species |
| N | $=$ total number of individuals |

Any logarithmic base may be used. Here base $\mathbf{2}$ is used. The following example will be used to illustrate the calculation of H :

| $\frac{\text { Species }}{\text { (i) }}$ | $\frac{\text { Ahundance }}{(\text { ni) }}$ | $\frac{\text { Relative Abundance }}{(\text { Pi) }}$ |
| :---: | :---: | :---: |
| 1 | 40 | $40 / 100$ |
| 2 | 20 | $20 / 100$ |
| 3 | 40 | $10 / 100$ |
| $s=3$ | $\mathrm{~N}=100$ |  |

By using algebraic manipulation some shortcuts can be taken:

$$
\bar{H} \quad=\quad(N \log N-n i \log n i) / N
$$

Utilize the accompanying table from Brower and Zarr to determine $\mathbf{N} \log \mathrm{N}$ and ni log ni values.

$$
\begin{aligned}
\overline{\mathrm{H}} & =[100 \log 100-40 \log 40+20 \log 20+40 \log ] / 100 \\
& =[200.00-(64.082+26.021+64.082)] / 100 \\
& =45.815 / 100 \\
& =0.45
\end{aligned}
$$

To convert from log base 2 to log base 10 which is more commonly used multiply 0.45 by 3.3219 .
$\bar{H}$ is used only in a relative manner or to compare diversities between communities or subcommunities.

The relative abundance curve_or species importance curve is a graphic way of illustrating species diversity. On the horizontal axis, the species are ranked in sequence from 1 to $s$ where $s$ is the total number in the community or subcommunity. The species with the highest importance value (numbers, biomass, productivity) is ranked number one. The second most important is assigned rank 2, etc. The least important is ranked s . On the vertical axis, the important values are plotted on a logarithmic scale.


## Scoring

A score is given to each resultant metric which is based on percent comparability to a reference or control station (refer to Tables 7-11 which follow). As an example, an impacted stream has a taxa richness value of 5 , while a reference stream may have a value of 14. So, the taxa richness of the impacted stream is $64 \%$ that of the reference stream. When the percentage value is compared with a scoring criteria table, the score equals 4. Scores are totaled for the seven metrics of the macroinvertebrate community from impacted, reference, and control streams when present and a percent comparability to the reference is calculated.

These percent comparability scores for each station sampled are then categorized according to a biological condition, described as non-impaired, slightly impaired, moderately impaired and severely impaired. Habitat assessment and water chemistry values provide another means of evaluating the stream.

Values of $\log \mathrm{n}_{1}$ ! (or $\log \mathrm{N}$ !) for use in equation 16.*

| $n_{i}$ | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | $\mathrm{n}_{\boldsymbol{i}}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0 | 0.000 | 0.000 | 0.301 | 0.778 | 80 | 2.079 | 2.857 | 3.702 | 4.606 | 5.560 |  |
| 10 | 6.560 | 7.601 | 8.680 | 9.794 | 10.940 | 12.116 | 13.321 | 14.551 | 15.806 | 17.085 | 10 |
| 20 | 18.386 | 19.708 | 21.051 | 22.412 | 23.793 | 25.191 | 26.606 | 28.037 | 29.484 | 30.947 | 20 |
| 30 | 32.424 | 33.915 | 35.420 | 36.939 | 38.470 | 40.014 | 41.571 | 43.139 | 44.719 | 46.310 | 30 |
| 40 | 47.912 | 49.524 | 51.148 | 52.781 | 54.425 | 56.078 | 57.741 | 59.413 | 61.094 | 62.784 | 40 |
| 50 | 64.483 | 66.191 | 67.907 | 69.631 | 71.363 | 73.104 | 74.852 | 76.608 | 71 | 42 | 50 |
| 60 | 81.920 | 83.706 | 85.498 | 87.297 | 89.103 | 90.916 | 92.736 | 94.562 | 96.394 | 98.233 | 60 |
| 70 | 100.078 | 101.930 | 103.787 | 105.650 | 107.520 | 109.395 | 111.275 | 113.162 | 115.054 | 116.952 | 70 |
| 80 | 118.855 | 120.763 | 122.677 | 124.596 | 126.520 | 128.450 | 130.384 | 132.324 | 134.268 | 136.218 |  |
| 90 | 138.172 | 140.131 | 142.095 | 144.063 | 146.036 | 148.014 | 149.996 | 151.983 | 153.974 | 155.970 | 90 |
| 100 | 157.970 | 159.974 | 161.983 | 163.996 | 166.013 | 168.034 | 170.059 | 172.089 | 174.122 | 176.160 | 100 |
| 110 | 178.201 | 180.246 | 182.295 | 184.349 | 186.405 | 188.466 | 190.531 | 192.599 | 194.671 | 196.746 | 110 |
| 120 | 198.825 | 200.908 | 202.995 | 205.084 | 207.178 | 209.275 | 21.1.375 | 213.479 | 215.586 | 217.697 | 120 |
| 130 | 219.811 | 221.928 | 224.049 | 226.172 | 228.299 | 230.430 | 232.563 | 234.700 | 236.840 | 238.983 | 130 |
| 140 | 241.129 | 243.278 | 245.431 | 247.586 | 249.744 | 251.906 | 254.070 | 256.237 | 258.408 | 260.581 | 140 |
| 150 | 262.757 | 264.936 | 267.118 | 269.302 | 271.490 | 273.680 | 275.873 | 278.069 | 280.268 | 282.469 | 150 |
| 160 | 284.673 | 286.880 | 289.090 | 291.302 | 293.517 | 295.734 | 297.954 | 300.177 | 302.402 | 304.630 | 160 |
| 170 | 306.861 | 309.094 | 311.329 | 313.567 | 315.808 | 318.051 | 320.296 | 322.544 | 324.795 | 327.048 | 170 |
| 180 | 329.303 | 331.561 | 333.821 | 336.083 | 338.348 | 340.615 | 342.885 | 345.157 | 347.431 | 349.707 | 180 |
| 190 | 351.986 | 354.267 | 356.550 | 358.836 | 361.124 | 363.414 | 365.706 | 368.000 | 370.297 | 372.596 | 190 |
| 200 | 374.897 | 377.200 | 379.505 | 381.8 | 384.123 | 386. | 388.7 | 391.06 | 393.382 | 395.702 |  |
| 210 | 398.025 | 400.349 | 402.675 | 405.004 | 407.334 | 409.666 | 412.001 | 414.337 | 416.676 | 419.016 | 210 |
| 220 | 421.359 | 423.703 | 426.049 | 428.398 | 430.748 | 433.100 | 435.454 | 437.810 | 440.168 | 442.528 | 220 |
| 230 | 444.890 | 447.253 | 449.619 | 451.986 | 454.355 | 456.727 | 459.099 | 461.474 | 463.851 | 466.229 | 230 |
| 240 | 468.609 | 470.991 | 473.375 | 475.761 | 478.148 | 480.537 | 482.928 | 485.321 | 487.715 | 490.112 | 240 |
| 250 | 492.510 | 494.909 | 497.311 | 499.714 | 502.119 | 504.525 | 506.933 | 509.343 | 511.755 | 514.168 | 250 |
| 260 | 516.583 | 519.000 | 521.418 | 523.838 | 526.260 | 528.683 | 531.108 | 533.534 | 535.962 | 538.392 | 260 |
| 270 | 540.824 | 543.257 | 545.691 | 548.127 | 550.565 | 553.004 | 555.445 | 557.888 | 560.332 | 562.777 | 270 |
| 280 | 565.225 | 567.673 | 570.124 | 572.575 | 575.029 | 577.483 | 579.940 | 582.398 | 584.857 | 587.318 | 280 |
| 290 | 589.780 | 592.244 | 594.710 | 597.177 | 599.645 | 602.115 | 604.586 | 607.059 | 609.533 | 612.009 | 290 |
| 300 | 614.486 | 616.964 | 619.444 | 621.926 | 624.409 | 626.893 | 629.379 | 631.866 | 634.354 | 636.844 | 300 |
| 310 | 639.336 | 641.828 | 644.323 | 646.818 | 649.315 | 651.813 | 654.313 | 656.814 | 659.317 | 661.820 | 310 |
| 320 | 664.326 | 666.832 | 669.340 | 671.849 | 674.360 | 676.872 | 679.385 | 681.899 | 684.415 | 686.932 | 320 |
| 330 | 689.451 | 691.971 | 694.492 | 697.014 | 699.538 | 702.063 | 704.589 | 707.117 | 709.646 | 712.176 | 330 |
| 340 | 714.708 | 717.240 | 719.774 | 722.310 | 724.846 | 727.384 | 729.923 | 732. | 735.005 | 737.548 | 340 |
| 350 | 740.092 | 742.637 | 745.184 | 747.732 | 750.281 | 752.831 | 755.382 | 757.935 | 760.489 | 763.044 | 350 |
| 360 | 765.600 | 768.158 | 770.716 | 773.276 | 775.837 | 778.400 | 780.963 | 783.528 | 786.094 | 788.661 | 360 |
| 370 | 791.229 | 793.798 | 796.369 | 798.941 | 801.513 | 804.087 | 806.663 | 809.239 | 811.817 | 814.395 | 370 |
| 380 | 816.975 | 819.556 | 822.138 | 824.721 | 827.305 | 829.891 | 832.478 | 835.065 | 837.654 | 840.244 | 380 |
| 390 | 842.835 | 845.427 | 848.021 | 0.615 | 853.210 | 855.807 | 858.405 | 861.003 | 863.603 | 866.204 | 39 |
| 400 | 868.806 | 871.410 | 874.014 | 876.619 | 879.225 | 881.833 | 884.441 | 887.051 | 889.662 | 892.273 | 400 |
| 410 | 894.886 | 897.500 | 900.115 | 902.731 | 905.348 | 907.966 | 910.585 | 913.205 | 915.826 | 918.449 | 410 |
| 420 | 921.072 | 923.696 | 926.321 | 928.948 | 931.575 | 934.204 | 936.833 | 939.463 | 942.095 | 944.727 | 420 |
| 430 | 947.361 | 949.995 | 952.631 | 955.267 | 957.905 | 960.543 | 963.183 | 965.823 | 968.465 | 971.107 | 430 |
| 0 | 973.751 | 976.395 | 979.040 | 981.687 | 984.334 | 986.983 | 989.632 | 992.282 | 994.933 | 997.586 | 440 |
| 450 | 1000.239 | 1002.893 | 1005.548 | 1008.204 | 1010.861 | 1013.519 | 1016.178 | 1018.838 | 1021.499 | 1024.161 |  |
| 460 | 1026.824 | 1029.487 | 1032.152 | 1034.818 | 1037.484 | 1040.152 | 1042.820 | 1045.489 | 1048.160 | 1050.831 | 460 |
| 470 | 1053.503 | 1056.176 | 1058.850 | 1061.525 | 1064.200 | 1066.877 | 1069.555 | 1072.233 | 1074.913 | 1077.593 | 470 |
| 480 | 1080.274 | 1082.956 | 1085.639 | 1088.323 | 1091.008 | 1093.694 | 1096.381 | 1099.068 | 1101.757 | 1104.446 | 480 |
| 490 | 1107.136 | 1109.827 | 1112.519 | 1115.212 | 1117.906 | 1120.600 | 1123.296 | 1125.992 | 1128.689 | 1131.387 | 490 |

[^0]Table 7. Bioassessment values of macroinvertebrate communities

| Metric | Impaired Stations |  |  |  |  | Reference |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Control |  |  |  |  |  |  |
|  | $\mathbf{1}$ | 2 | 3 | 4 |  |  |
| Relative Abundance |  |  |  |  |  |  |
| Total Taxa Richness |  |  |  |  |  |  |
| EPT Taxa Richness |  |  |  |  |  |  |
| EPT Abundance |  |  |  |  |  |  |
| Hilsenhoff Biotic <br> Index |  |  |  |  |  |  |
| Percent Dominant <br> Taxa |  |  |  |  |  |  |
| Species Diversity |  |  |  |  |  |  |

Table 8. Percentage of reference or control station values to impaired stations

| Metric | Impaired Stations |  |  |  |  | Reference |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Control |  |  |  |  |  |  |
|  | 1 | 2 | 3 | 4 |  |  |
| Relative Abundance |  |  |  |  |  |  |
| Total Taxa Richness |  |  |  |  |  |  |
| EPT Taxa Richness |  |  |  |  |  |  |
| EPT Abundance |  |  |  |  |  |  |
| Hilsenhoff Biotic <br> Index |  |  |  |  |  |  |
| Percent Dominant <br> Taxa |  |  |  |  |  |  |
| Species Diversity |  |  |  |  |  |  |

Table 9. Metric scoring criteria

| Score |  |  |  |  | Explanation |
| :--- | :--- | :--- | :--- | :--- | :---: |
|  | 6 | 4 | 2 |  | 0 |
| Relative Abundance | $>80 \%$ | $60-79$ | $40-59$ | $<40$ | 1 |
| Total Taxa Richness | $>80 \%$ | $60-79$ | $40-59$ | $<40$ | 1 |
| EPT Taxa Richness | $>90 \%$ | $80-89$ | $70-79$ | $<70$ | 1 |
| EPT Abundance | $>80 \%$ | $60-79$ | $40-59$ | $<40$ | 1 |
| Hilsenhoff Biotic <br> Index | $>85 \%$ | $70-84$ | $50-70$ | $<50$ | 2 |
| Percent Dominant <br> Taxa | $<20 \%$ | $20-29$ | $30-39$ | $>40$ | 3 |
| Species Diversity | $>90 \%$ | $60-79$ | $40-59$ | $<40$ | 1 |
|  |  |  |  |  |  |

$1=$ Score based on ratio of impacted site to reference or control site $\times 100$
$2=$ Score based on ratio of reference site to impacted site $\times 100$
$3=$ Score based on actual site value and not \% comparability to reference or control station

Table 10. Percentage of stations based on above criteria

| Metric | Impaired Stations |  |  |  |  | Reference |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Control |  |  |  |  |  |  |
|  | 1 | 2 | 3 | 4 |  |  |
| Relative Abundance |  |  |  |  |  |  |
| Total Taxa Richness |  |  |  |  |  |  |
| EPT Taxa Richness |  |  |  |  |  |  |
| EPT Abundance |  |  |  |  |  |  |
| Hilsenhoff Biotic <br> Index |  |  |  |  |  |  |
| Percent Dominant <br> Taxa |  |  |  |  |  |  |
| Species Diversity |  |  |  |  |  |  |
| TOTAL |  |  |  |  |  |  |

Table 11. Biological condition categories based on total percentage scores

| $>80 \%$ of total reference or control <br> sites | NONIMPAIRED |
| :--- | :--- |
| $60-79 \%$ | SLIGHTLY IMPAIRED |
| $40-59 \%$ | MODERATELY IMPAIRED |
| $<40 \%$ | SEVERELY IMPAIRED |

## Additional Metrics

Functional types reflect different feeding niches associated with macroinvertebrates in a stream. If many different types are present then this condition reflects a healthy community as compared to a stream with only a few functional types.

The following is a list of functional types:

Scraper
Shredder
Collector/Gatherers
Collector/Filterers
Predator
scrape algae and diatoms off substrate utilize coarse particulate organic matter utilize fine particulate organic matter, mostly bottom detritus utilize fine particulate organic matter filtered from water column
pierce or engulf prey species

Once you identify organisms in the sample, refer to the lists of taxa functions following the discussion of metrics. Next, record the function that corresponds with the taxa identified on the macroinvertebrate identification list.

Index of Similarity indicates the similarity of taxa between two communities. When one community is highly stressed by poor water quality or inferior habitat and is compared to a reference stream, then low similarity (S) (or a high index of dissimilarity) is expected between the two communities.

$$
S=\frac{2 c}{A+B}
$$

Where:
A $=$ number of species in sample
B $\quad=\quad$ number of species in sample
C $=$ number of species common to both samples
1-S $=$ Index of Dissimilarity

## Data Reporting

Report results of the study in tabular form or pictorially with pie diagrams, histograms, or bar and line graphs. Creating charts can be accomplished on the computer using software such as Microsoft, WordPerfect, Excel, Lotus or Harvard Graphics

## Equipment

## Sampling

field book
net sampler
kick screen
dip net
screen bucket
ziplock bags
ice chest
garden fork
rubber boots or waders
pencils
marking pen
meter stick
forceps
pack to carry gear
stakes
camera and film

## Identification

keys to macroinvertebrates
dissecting microscope and light source
teasing needles, forceps
glass dish
partitioned trays
squirt bottle -80\% alcohol
soda water
forms

## Processing

0.6 mm screen (US Standard No. 30)
flat tray
enamel pan
dice
tablespoon
illuminated magnifier
ice trays
squirt bottles
clicker
jars
plastic wrap
forceps
teasing needles
small pipette

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[^0]:    * If values for $n_{i}$ (or $N$ ) larger than 499 are needed, consult Lloyd, Zar, and Karr (1968), Pearson and Hartley (1966: Table 51), or Zar (1974: Table D.6). Or, one may use Appendix D, table D. 1 to compute $\log n_{i}$ ! (or $\log N$ !) by "Stirling's approximation":
    $\log n_{i}!=\left(n_{i}+0.5\right) \log n_{i}-0.4343 n_{i}+0.3991$.

