

"PSYCHIANA"

(THE NEW PSYCHOLOGICAL RELIGION)

ADVANCED COURSE

NUMBER ONE

By

Dr. Frank B. Robinson



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LESSON NO. 3.

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Dear friend and fellow-student:

In our search for the LAW which controls wealth, health, and happiness, it is necessary at this point that we turn our attention to the creation of this universe and man. It might occur to you that it is passing strange that a consideration of creation is necessary when all we are attempting to do is to find the LAW which is responsible for success, health, and happiness. You may say, "Well what has the story of creation to do with either health, success, or happiness?" And my answer to you is that it has a whole lot to do with it. In fact you cannot obtain any of these blessings intelligently until you have a true picture of creation. For behind that picture of creation lies a POWER. And what a Power it is.

Were it not for that mighty Power or Law, you and I would not be here, neither could we possibly stay here another second of time. The fact that there is a creation pre-supposes, in fact proves that there is a Creator. It would be utter foolishness to think for one moment that yon heavens, decked in all their glory and splendor, together with their millions of satellites, planets, suns, stars, etc.--just haphazardly happened. To think that would be utter foolishness. For the remarkable precision with which yon starry spheres revolve in their orbits, and travel along their respective paths, through infinite space, is proof beyond shadow of doubt that an intelligent Power, or Law is in control. And not only is this Force, or Power, or Law in control every second of time, but this same Power or Law was the causing factor in the first place. This same POWER, this same LAW, this same FORCE, no matter what it may be called, (and we will not concern ourselves with that yet) this same LAW, IS THE VERY SAME LAW THAT CAUSED THEM TO BE IN THE FIRST PLACE. I do not care when the creation was. I do not care so much how

it happened. I DO know that whether it be a Power, a Law or a Force, it must needs be AN INTELLIGENT POWER OR LAW OR FORCE.

By no mere chance could such an elaborate scheme of things ever come into existence without some controlling Power overlooking and controlling this brilliant scheme of things--for in reality it is a very brilliant scheme when we only faintly begin to understand something of the Power operating. And YOU are going to be given a glimpse of this very Power, so study earnestly and intently, and drink in every word I say to you. I can assure you that this course of instruction has not sprung into existence overnight, I promise you that. It has involved a lifetime's study and thought along this line and in this realm. At times I have had to be rather daring. At other times I have had to do lots of experimenting in this remarkable realm. But in being able to point you direct to THE LAW as it exists, I think my efforts have been more than justified. I think my reward is great. So realize, my friend, that I am putting into your hands a weapon which you can use against all the enemies of life, and if you will use this weapon as I direct you to use it, you will be an absolutely overcoming warrior in life's battle.

For life is a battle to those who do not know it as it is. Of course it's a fight when one does not understand the mighty Law waiting to be used for either success, health, or happiness. But let me say to you here and now that life lost its fight when I began to realize the magnitude of the staggering truths I am revealing to you. Now--instead of fighting, I know a far better way--and I use it. And success follows everything I do. I am perfectly healthy, and I am supremely happy also. And it is all because I learned something of the existence of this mighty Creative Life Principle I am teaching you about. Now--instead of being defeated at every turn of the road, I win all around. Now--instead of spending half my time in a sick bed, I hardly ever see one. Now--instead of moping around, disgruntled with myself and with everybody else, you will generally find a smile on my face and a joke on my lips. And that's much better than the other way, is it not? This success and this happiness is for you also, if you obey me, so study carefully and if you are not quite clear on any point, read it again, and then, if still not clear, drop me a line--I will answer it.

Now to get back to our story of creation and the marvelous realm it opens up. I have stated that it is absolutely necessary for you to understand a little about this scheme of creation, and also about your relationship to both the creation and the Creative Life Principle. Although perhaps not quite in the way in which you have been taught to believe in that mighty Power. If you were raised in the type of "christian" home that I was, you were probably told that "God" was a very wonderful person, having his dwelling place "far beyond the starry sky". You were probably led to believe that some day this "god" who is a personality, would stand you up before a "judgment bar" and would reward you according to the deeds done by you while here on the earth. In other words like myself, you were probably told that "god" was a PERSON of some sort, which PERSON was responsible for your being here. I have no quarrel with anyone holding that theory, however, I just don't believe it--that's all.

And I don't think you believe it either. However that's beside the point here. The thought I want you to grasp here is that this same Intelligence that created the earth, and the heavens, and their firmament, is the very same Power that created YOU. And in passing did it ever occur to you what a marvelous Power or Law this must be? Did you ever stop to think of the marvels of the creation of a human body? YOU--no matter who you are at this moment--one hundred years ago did not exist. At some time or other, your parents complied with the LAW governing the birth of a child, and YOU WERE BORN. It sounds simple does it not? But have you ever stopped to think of the marvelous intelligence of the Creative Life Principle in doing that seemingly simple little thing? Try and catch this point--and catch it well:- when your two parents had complied with the Law governing the birth of a child, THAT WAS AS FAR AS THEY COULD GO. They could do positively nothing more. The building of the body from those two tiny little germs, the ovum of the female and the spermatozoa of the male, was an operation entirely removed from the power of your parents. But it was done just the same. And in due time came forth YOU--and without any help of any sort. After the first operation of joining those two germs together was done by your parents, nothing more could be done by any human agency.

Did you ever stop to think of that? Did it ever occur to you that whatever power or intelligence, law, or force did the building, must be a mighty powerful and intelligent one? Did that ever occur to you? And did it ever occur to you that if this creative Life Principle (for that is what I call it) could super-vice with unerring precision the building of a human body from two tiny germ cells, it also might be expected to sustain the same body that it had built? Never thought of that did you? And you never once thought that such almost inexplicable intelligence as that could ever be called upon to bring you health, wealth, and happiness, did you? Of course you didn't--for it has never been called to your attention before that I am aware of. This one point, my friend, opens up a realm which will stagger you when you quietly think of it in the light of what I have just told you.

Here I sit at this typewriter, a marvelous piece of human mechanism. Yet, 46 years ago I was absolutely unborn. To-day I am able to influence the lives of tens of thousands, and yet, 46 years ago I just simply wasn't in existence. And it is the Power or Law of this Life Spirit which caused me to be, that I am talking about. I have no use for any system of philosophy or religion which relegates its God to the far regions and which promises its reward beyond Jordan. Nor have I any use for any system that holds over one's head the threat of eternal damnation unless their particular brand of theology is believed in. That stuff is all pagan superstition and should be relegated to the dark ages of faith from whence it came. For the theory does not stand up under intelligent investigation. I am not concerned with that sort of a god at all, my friend, for there is no such a being. But I am vitally concerned with this ever-present Life Spirit, which, only 46 years ago, went to work on the building of my human body. I have a right to be interested in that Power. I have a right to know that Law. For we should be very intimate seeing that it brought me here. And along this very line have been conducted all the experiments, and all my thoughts for the past forty years have been given to under-

standing something of the application of this mighty God-Law--this Life Spirit for the obtaining of the things I needed most, and that was what I was interested in--that was what I wanted to find out. I wanted to know whether or not the mighty dynamic power--intelligent power if you please--which created this universe, especially, could be brought into play for the achieving of the things I wanted and needed here and now. My parents told me that we never could understand God. My father, still a good old Baptist preacher, often said to me in answer to my questionings, "Well son---the Finite can never grasp the Infinite--that is reserved for the angels." Dad, maybe so--and then again maybe not so. At any rate there was no law that I knew of which prohibited me from trying to find out, or from thinking for myself. Nor was there any law which prohibited me from trying to find out whether or not God, as we call Him, could be understood. Just because my old father and the other preachers told me that it was not meant for me to know, was no reason for my believing them at all. Not that Dad or the preachers were dishonest, not that, but one must remember that those old beliefs had their origin in an age of religious superstition and intolerance. It's not so long ago since the Christians' fires were burning all over Europe, torturing to death hundreds of thousands of "heretics." And all a "heretic" ever was, was one who would not believe the story these religionists asked him or her to believe. All that is history now, however, but in passing it is well to remember that the statement that we cannot know God until we die originated at the same source as these burnings. You cannot burn people alive today for their religious beliefs--can you? Perhaps it is a good job too, for maybe there might be some who would want to fry me up a little.

But to progress; I doubted the statement that God could not be known till after death. I analyzed the stories and theories told to me, and I also ran down the "sacred book" telling the story. It may appeal to some people, and if it does they are welcome to it. It did not and does not appeal to me especially as I now KNOW that the story is not true. For right now I know that the mighty Life Spirit CAN BE USED FOR HEALTH, SUCCESS, AND HAPPINESS BY EVERY SOUL KNOWING THE LAW OF THIS MIGHTY LIFE SPIRIT. I did it and so can you. It would be absolutely false to state that this Life Spirit, which could take two germs and make a human body out of them could not do a single thing towards making that body happy after it had made it in the first place. This is a very revolutionary theory, but it's a true theory as you will find out before you finish your studies with me. Can it actually be done?--you ask. Wait and see, but for your information let me say to you right here that it certainly CAN be done. The same great Power, the same great Law, the same great Force which created you and me in the first place, can do for us NOW whatever right thing is necessary to be done.

It displayed superhuman intelligence in making us in the first place and can do for you and for me whatever is necessary to be done, and more than that, it will display the same superhuman intelligence in providing for us that it displayed in making us. Who said the mighty power of this Life Creating Spirit was limited to the manufacture of a human body from a two-germ cell? Who said so? I deny it, and deny it with all the power I have. And more than

that I will prove to you, my friend, before you finish your studies that the power of this mighty Creative Life Spirit, IS JUST AS POTENT TODAY AS IT EVER WAS. If, 46 years ago this power could start building ME, don't tell me that 46 years later it has lost all power over me. Not by a long shot. It's all a matter of knowing the secret of invoking this power--that's all. The story of creation as told me by my parents was the usual one given out by religious people. God created the world, the sun, the moon, and the stars, and Adam and Eve in six literal days. That's the story I was told as a youth. I have had lots of arguments with ministers over that story of creation. They try to tell me now that the "days" were "periods of time." But that argument will not hold water for the writer distinctly states, "and the morning and the evening were the first day" etc. The word used in those passages means a literal day of 24 hours, so this theory will have to be discarded as we know by scientific facts that the earth was in existence long before 6000 years ago. At the very least reckoning it is at least 500,000 years old, and probably many millions of years old. I mention this six-day story in order to deal with the two stories of creation given to us---one by religionists, and the other by scientists. For the benefit of those who still take the six-day story to be true, but to mean "periods of time", let me say that the Westminster Confession of Faith is in full force today, and that "confession" makes belief in the LITERAL six-day creation mandatory to "salvation", whatever that may be.

Then we have the scientific theory. This is the theory of evolution, and is universally accepted by thinking people today. It is taught in nearly every University in America, and is accepted by almost every reasoning mind. According to this theory, the first known cell having LIFE and INTELLIGENCE, was the humble Algae, a jelly-like mass that floated on top of stagnant water. Then came the equally humble Amoeba, a one-celled piece of protoplasm and having LIFE and intelligence. We are told that this little one-celled piece of protoplasm had ability enough to float to the top of the water, or sink as needs be. And from this little amoeba, millions and millions of ages ago, are you and I presumed to be sprung. There is a lot of reason and truth in that story. It was probably away back when it happened, but those knowing the story of evolution know by its unmistakable evidences that quite likely the theory is correct. At any rate, it is far more reasonable and far more scientific than is the six day theory, which theory by the way, although all the rage 100 years ago, is practically extinct today.

It goes to show how intelligence increases, and how, as intelligence increases, ideas change, and always for the better. One cannot say with certainty that all life sprang from the tiny amoeba, but one can say with absolute assurance that behind the human race and behind LIFE itself, are ever-growing and evolutionary processes. There was no instantaneous creation. Nor did any supreme being say, "Let there be light" or anything on that order. It is pretty well established today that this story is but old Chaldean allegory. And, of course, it is treated as such. True, there are still those to be found who say they believe that the mighty Creative Intelligence had an argument with a talking snake in the Garden of Eden one day, and, of course, they MAY be right. At any rate I grant

them the right to believe that if they want to. That's their business. It's my business also not to believe it if I want to. And I certainly don't want to. NOW--which ever story is correct or incorrect is quite beside the point here, so we shall not quibble and quarrel as to whether evolution is the answer or whether instantaneous creation is the answer. For it makes no difference at all in our search for this mighty Law which did the creating in the first place. What you and I are trying to do is to get a clear-cut picture of the Creative Life Spirit, which Life Spirit can and does manifest in the life of everyone, not only as their physical creator, but as their sustainer and provider of all things needed, whether success, health, or happiness. That is what we are after, and I say it is quite immaterial by what means the first creation sprang into existence. The fact that there is a creation is enough to warrant the existence of a Creative Living Spirit. There are at least 50 stories in existence of "gods" who created the earth, and while, of course, they are all more or less allegorical in their origin, I'm not so sure that they all do not carry a hidden truth in them.

Take the Bible story of creation for instance. The story is not accepted as written; in that story you find this passage: "and the spirit of God moved upon the face of the waters." Now if the findings of science regarding the floating of the little amoeba on the waters is correct, then you see there is no clash at all. So in all these systems of religion, as I study them, I do not, of course, believe them literally, but perhaps they all contain a truth under their clothing of words. If there ever is a clash between any religious book, or any religious history, and science, then science must come first, for what science knows, it KNOWS. Scientific facts are known facts, and all the religious history of the world cannot refute one scientific fact of truth. There is no question in my mind that some of these old timers of Bible history had inspirations from the Creative Life Spirit, no question at all. But at the same time we believe the "spit and mud" story of creation to be false. We do not believe the "God and talking snake" yarn either. There is no question in my mind that John Greenleaf Whittier had a revelation from the Life Spirit when he penned his beautiful lines:

"I know not where His islands reach,
Their fronded palms in air,
I only know I cannot drift,
Beyond His love and care."

Nor is there any doubt in my mind that the beautiful old soul Cardinal Newman knew something of the power of the Creative Intelligence when he wrote that marvelous old hymn, "LEAD KINDLY LIGHT." No question at all is there in my mind about that. The trouble with those old fellows was that they starved the body and pinched the soul, lived as "pilgrims" here on earth, denying themselves this and denying themselves that, in order that they might "go to heaven." They taught that a rich man could not enter into heaven. They gave not a second thought to this life, but concentrated on heaven without even knowing whether or not there was such a place. Consequently the Life Spirit could do nothing for them for the simple reason that they did not expect it to. They thought that every good thing was for the other side, and not for here and now.

And that is where they have all missed the point. I claim, and will prove to you that this same mighty Creative Life Spirit is as active now as it ever was, and is abundantly able to bring into being in your life, all the success you can ever need, all the health you can ever need, and all the happiness you can ever need. I found it. I was transformed from poverty to plenty and in 18 months too, so you would have a hard time trying to convince me that this mighty God-Law is for use only on "the other side." It may be for "the other side" all right, but it is also for this side. Now here I want to take a look at the creation story as told in the Bible. Of course you will realize that I am not taking it literally at all. What I am doing is taking from the allegorical story the truth as it exists, for the truth is certainly told in that allegory and told very plainly too. As you progress with me you will find that the unseen, or shall I say the spiritual part of man and of creation is by far the most important part. Remember that, for the power you are using and are to use further is an unseen Power. You will see the manifestations of it certainly in a material way, BUT THE POWER ITSELF IS UNSEEN. Don't forget that. It HAS to be an invisible Power. There could be no power controlling the material and the physical unless it were an UNSEEN SPIRITUAL POWER. Do you follow me? Now let us look at the story for a moment briefly, and I think you will see just what I am driving at. I am sure you will see the mighty Law at work. Read this Lesson over and over again, and try and grasp a little of the truth as I am giving it to you.

I cannot give you much at a Lesson for you might miss it, but you see that what little I am giving you is dynamic, don't you. Right here, and in fact all through this course of instruction, you and I are dealing with the most dynamic and important Law in the universe. And this Law is to be used in your case to manifest plenty of every good thing you desire. So follow me closely from now on, for it will pay you to do so. Here we go:- The Scriptures inform us that no man has ever seen God at any time--nor indeed could he, so whatever inspiration or revelation Moses had, was received in the very same manner in which you and I may receive our revelations or our inspirations. Moses DID NOT see God, and neither has anyone else at any time nor in any place. You can bank on that. Were I to go to the leaders of our great religious denominations, existing by the way for the express purpose of teaching the truths about God (so they say), and were I to say to those leaders, "Sirs--I want you to tell me how your God made the world," I wonder what sort of an answer I should get. I should, in all probability be told that they did not know. I should also be told in all probability that no one else knew either, and that it has not been given man to know just how this created world came to be. I might also be told that the scriptures were silent on that point, giving us no information at all. Ever since our present systems of religion sprang into existence, we have been taught that it was a mystery just how God did this.

But wait a minute, for IF EVER A STORY WAS PLAINLY TOLD IN ANY BOOK, THEN THE STORY OF CREATION IS PLAINLY TOLD IN THE BIBLE. Why it should be considered such a mystery or so hard to understand, is a greater mystery by far to me. Read and re-read a million times by ministers throughout all Christian countries, and by those supposed to be teaching Bible truths, the story seems to be clothed in

impenetrable mystery to this day. And the plain simple truth of it all seems to have been missed in its entirety. Here we find the key lying on top of the puzzle where it usually lies, and if Moses could have put it any plainer, then I do not see how he could have done it. LISTEN CAREFULLY. It's so wonderfully simple--yet so wonderfully profound. The first two verses in the Bible give us the story of creation as it actually happened. Now read carefully as I unfold it to you. Genesis reads as follows:- "In the beginning God created the heavens and the earth." Here we have a definite statement to the effect that God (and we shall not concern ourselves here with what God is) did a certain thing. He performed a certain act. He accomplished a certain piece of work. The statement is in the past tense and speaks of the deed as having been done. It had been actually accomplished. IN THE BEGINNING GOD CREATED THE HEAVENS AND THE EARTH. There can be no question as to what that means, can there. A certain person or power or something or other, which was God, DID A CERTAIN DEED. It was DONE. Past tense. This great power or spirit or force or whatever it might be, HAD CREATED THE HEAVENS AND THE EARTH. Nothing so very hard to understand about THAT, is there?

In this sense the statement is no harder to understand than if I said to you: "My little boy Alfred built a toy house out of blocks today." It would only signify that SOMETHING HAD BEEN DONE. That is the point I want to get across to you here. This earth HAD ALREADY BEEN CREATED, for this is what that statement of Brother Moses signifies and means. And it means nothing else. It was finished. The heavens and the earth had been created. I believe you will grasp that, but if not, then please READ IT AGAIN UNTIL YOU DO GRASP IT FOR IT IS VERY IMPORTANT. Your understanding of this entire course rests upon your properly grasping this one point here. Now watch the next statement. And mark well here that we have no way of knowing just how long a time elapsed between the first statement and this next one. Furthermore, it makes no difference whether it was ONE SECOND or TEN BILLION YEARS. The fact as stated, stands. The heavens and the earth had been created. NOW, grasp this next statement to the very full because it is mighty important:- "AND THE EARTH WAS WITHOUT FORM AND VOID."

Now I ask you as a man or woman of common sense, what sort of a being would you be if you had already been created, and still were WITHOUT FORM AND VOID? Answer that and you have the answer to the question, "How did God make the earth, and what sort of a creation was it?" If you and I, created beings, were without form and void, then certainly we should be invisible or spiritual beings, would we not? If we were without form then we were not visible, were we? You cannot see anything that has not a form, can you? And if the creation of this earth and man was, as Brother Moses says, THEN IT COULD NOT HAVE BEEN A VISIBLE CREATION, could it. And if it were not a visible creation, then WHAT SORT OF A CREATION WAS IT? My friend and student, THERE IS ONLY ONE SORT OF A CREATION THAT IT POSSIBLY COULD HAVE BEEN, if the story of the Bible is correct, and that is A SPIRITUAL CREATION or, AN INVISIBLE CREATION. This fact is entirely foreign to the views that have been held for so long by the exponents of the Christian religion, but it is the story of the first creation just the same, AND TOLD EXACTLY AS THE BIBLE TELLS IT. The actual materialization of this spiritual or invisible creation did not take place for a long time (millions of years) after the original invisible creation was an accomplished fact.

If you read a little farther into the Genesis account of it, you will find that it was at a later date that the herbs, trees, etc., were called into being. You will also note that an entirely different method was used by "God" in manifesting physically the things that he had already created. Now mark me well, the point I am trying to make here is that the creation of the earth and the actual manifestation of it were two entirely separate and different creations, each requiring a different method of operation on the part of the Creative Life Principle. And now I am going to leave you for a couple of weeks when we shall go into the other part of the creation. It's mighty interesting I know, and it is necessary for you to grasp it in full, and understand the workings and the relationship between you and the Power that created you. For remember, that very same Creative Life Principle which went to work on those two little germs nine months before you were born, IS STILL AT WORK IN YOUR LIFE TODAY AND JUST AS EFFECTIVELY CAN IT ADJUST YOUR AFFAIRS IN EVERYDAY LIFE. Remember that. It did not place you on this earth a crying squalling baby, and then say:- "Well good-bye baby, shift for yourself now." Not that. It did not say: "I've made you and put you here and you can paddle your own canoe from now on." Not at all.

Now remember what I am saying to you please, for it's mighty important. THAT SAME MIGHTY CREATIVE GOD-LAW IS STILL HERE AND IS STILL OVERSEEING EVERY MOVEMENT OF YOUR LIFE. It is still a very vital part of you although not connected with your physical system in any way shape or form. And don't you forget it either. Now listen to me some more, whoever you may be. THIS SAME CREATIVE LIFE SPIRIT CAN DO FOR YOU NOW, AND IN A MATERIAL WAY, WITH YOUR CO-OPERATION, WHATEVER IS NECESSARY FOR YOUR COMPLETE HAPPINESS HERE ON EARTH. And you will find out as you continue your studies with me that there is no personality of any kind connected with this Creative Life Principle or Spirit. You will find that it is a LAW, and, as such, it CANNOT FAIL when the conditions are complied with. I think I have plainly put across to you the fact that you still are IN VERY VITAL ASSOCIATION WITH THE CREATIVE INTELLIGENCE BEHIND THIS CREATED UNIVERSE. If you do not see it quite plainly yet, you will as we journey along together during the next few months.

Let me tell you a little advance secret at this point; if it were not for such an existing connection, YOU WOULD NOT EXIST ANOTHER SECOND. I think you can see though, that the very same Intelligence which began to manifest when you were a combination of two tiny germ-cells, is STILL MANIFESTING in your own individual life. You will admit that, and right away you will want to know if it is possible for you to get acquainted with this mighty Creative God-Law. And my advance answer to your question is yes, a thousand times YES. What do you think of that? Are your hopes rising a little higher now? You are really beginning at this point to believe that what I claim might possibly be true, are you not? Well, if you are, let me say to you that you can raise your hopes just as big as you want to, for there are no limitations that I have ever been able to find, to the Power of this mighty God-Law. If there are limitations in your own life, then that is because you, through ignorance of the God-Law probably, IMPOSE SUCH LIMITATIONS YOURSELF. And from now on I know that you are not going to do this. In your last Lesson I gave you a few bedtime exercises and some few instructions, not many, but

enough to give you a little start on the road with me. I want these instructions to be carried out faithfully while you are studying with me. They are dynamic I assure you, for, whether you know it or not, your thought life is by far the most important part of you. You are what you are now because of what someone else and you, yourself have thought. In other words you are DIRECTLY a result of thought on the part of someone, and certainly on the part of yourself. In years gone by, say one hundred years ago, the Caucasian race was far different from what it is now. In those days, not so far back, people's thoughts were very different from what they are now. AND THEY WERE LIMITED BY THOSE THOUGHTS. It is not the one who sees limitations who gets anywhere, it is the one who can think ABOVE all limitations, for there never was a single thing created yet, that was not created in THOUGHT FIRST. Take the building in which I am sitting while writing this. There was a time, and not so far back either, when no building stood here. I want to trace the actual happenings in the construction of this, and every other building for that matter. FIRST: an architect was engaged and he was told what sort of a building was wanted and how much it was to cost.

Then, this architect, SAT DOWN AND VISUALIZED THIS BUILDING IN HIS OWN THOUGHT REALM. He drew a thought-picture of what the building should look like. But the entire operation was performed ENTIRELY IN THE REALM OF THOUGHT. Remember this. After the architect had drawn his thought-picture of what the finished building should look like, THEN, AND NOT BEFORE THEN, did he transfer his "thought-results" to paper, in order that they might be permanent, and in order that the actual builder might build the building. NOW--which was the more important operation of the two? The thinking out of the building in the thought realm of the architect, or the actual mechanical work by the builder? Certainly not the latter, for this man worked mechanically, and ENTIRELY ACCORDING TO THE BLUE PRINT WHICH ORIGINATED IN THE THOUGHT REALM OF THE ARCHITECT. In our office there is a very intricate electrical machine. It seems almost human. As fast as one of our operators can write a letter on a typewriter, this machine sets that type into pages, and actually does the work of ten people setting the type single handed.

I happen to know that the development of this machine took years and years of WHAT? Why of THOUGHT, of course. The men responsible for this marvelous piece of mechanism, thought, and thought, and thought. Then, when they had the correct THOUGHTS, they put down on paper a drawing of THE RESULT OF THEIR THOUGHT. And this machine, which but a few years ago did not exist, NOW IS AN ACTUAL THING AND IS BEING USED BY US IN THE PRINTING OF MILLIONS OF SHEETS OF PAPER. But the all-important thing for you to grasp is the fact that the ACTUAL MAKING OF THIS MACHINE WAS DONE IN THE UNSEEN REALM. It was done in the THOUGHT REALM. And you cannot get around that, can you? Had there been no thought realm, and had there been no "thought creation," there would have been no electrical typesetting machine in my offices, I assure you. Take the radio. There would be no such a thing in existence as radio, had not Mr. Marconi spent hours and days and weeks and months and years of intensive THOUGHT. As a thought would crystallize, he would put it down on paper, and it would be turned into an actual thing ere long. The actual mechanical manufacture of the parts of a radio, is entirely secondary

to the THOUGHT FORCE which brought radio into being. You may take any created thing you care to, and if you investigate it carefully, you will find that its first cause lies nowhere else than in the unseen realm of THOUGHT. Let that sink in please. It's vital to your finding the LAW underlying success, health and happiness. We think all too little of such simple things as THOUGHTS. We don't pay much attention to them. And yet--they are the most dynamic things in existence. For there never was a man or woman yet that could or ever did rise higher than he or she could think. And when I say think I mean THINK, not dream. And the chances are, many to one, that if you are a failure, the reason why you are a failure is because FAILURE thoughts have been the predominating thoughts of your life. You cannot continually think "failure" without being a failure. Nor can you continually think success without being a success. Ofttimes one must FORCE HIMSELF TO THINK SUCCESS THOUGHTS, but that makes no difference for the results are sure, for the Law of God is immutable. IT NEVER FAILS. IT NEVER CHANGES. And just as sure as day follows night, if the preponderance of your thought is SUCCESS THOUGHT, the preponderance of your life will lie in the realm of success.

You may make up your mind here also, that the God-Law is sure and inviolate and any failure to manifest success or happiness, must and will be a failure on your part to comply with this mighty LAW. By no possible means can this Law fail. And so, by no possible means can you ever manifest either health, success, or happiness, if your mind is full of thoughts of failure, unhappiness, and disease. That cannot be. It is not the God-Law that it should be. And this God-Law cannot work in your everyday life unless the conditions governing it are complied with. So I say to you, whoever you may be, give me the benefit of the doubt at this point, for I assure you I know the way and I shall not mislead you one step. I know whereof I speak, and every thinking man and woman will know, from the angle from which I am approaching this subject, that I do know whereof I speak. I realize that this course of instruction will be read and studied by as many different sorts of people as there are different trades and professions, for I have students in every walk of life. Grand opera singers. Government Officials. Editors. Nationally known columnists. Scientists. Catholic Priests. Preachers. Butchers. In fact I think I may safely say that every walk of life is represented in my student files.

But it makes no difference, for, as previously stated, THE GOD-LAW IS NO RESPECTER OF PERSONS. It works the same way for all. So do these simple little exercises. Most people in this day and age go along at breakneck speed, and at the highest nervous tension. They do not know what relaxation means. They gulp down their meals, rush here, rush there, and even when they go to bed they toss and roll most of the night. These exercises of mine will do at least one thing. But it's an important thing though. They will teach you how to positively rest every muscle in your body. And if they never do more than that, they are worth alone many times the cost of this course. For when absolute physical relaxation is indulged in every night, I will tell you that it isn't very long until one knows that they are being benefited through such relaxation. But these exercises will do far more than teach you how to relax. They are designed by me to do far

more than that. For they deal directly with the thought realm; which, of course, is the unseen realm. After a while you will probably change your ideas about thoughts. Today, you may probably think: "Oh well, a thought is just something or other that keeps going through my head. Everybody thinks, and they can't help it." That may be what you think now. But I have an idea that before you and I get through with each other, you will have a far different opinion of your thoughts. What I am after at this stage of our journey, is to get you every night into a state of absolute relaxation. Then too, I am doing something else. I am directing your thoughts into the unseen thought realm. You will recall that we have seen that every manifested thing FIRST HAD ITS ORIGIN IN THE THOUGHT REALM. Well, that is exactly where I am leading you, into the thought realm, or, to be more precise and exact, into the realm of MANIFESTATION. Or, to be still more correct, into the Realm of the God-Law. Here you are beginning to see a little more clearly I think, just what I am trying to do. But don't be impatient. Take your time. You probably have been dissatisfied and unhappy a long time now, and you can afford to spend the next few months studying with me I think.

Here we are then, in bed, and we are utterly relaxed. Every muscle is at ease. We are breathing slowly, and filling the lungs to the full with fresh breath. We are slowly exhaling. We are very quiet. All clocks and other ticking things are out of the room. We are prepared to drop off into a natural quiet sleep. We close our eyes. We don't move a muscle, and the first thing we know, we do not even feel the physical body at all. First the toes go to sleep. Then our hands get numb and they are asleep. Then, sleep slowly and almost unconsciously creeps up our legs and into our arms. (We are still awake remember.) We do not move a muscle but just lie there like a log of wood. And now comes the important part of the exercises. We are still conscious, and our eyes are directed into the field of vision as we see it. KEEP THE EYES CLOSED. There is always one certain part of the field of vision which is lighter than any other part. It moves with the eyes. This is true even though our eyes are shut tight, and even though the room be pitch dark. There is ALWAYS that one area in which it seems lighter than any other area in this field of "closed eye vision."

You will probably find this bright area very easily, but by way of warning let me say that you will not find it until you are relaxed as fully as you possibly can. To those who have not found it yet let me say that you must keep on until you do find it. It isn't hard to find, for this white or bright area is the part of you which is very close to the Realm of the God-Law. The idea now is to take the little affirmation I shall give from time to time, and, WITHOUT ANY ATTEMPT ON YOUR PART TO CARRY THEM INTO YOUR SLEEP, LET THE AFFIRMATION YOU ARE WORKING ON BE CARRIED BY YOUR THOUGHT, RIGHT INTO THAT BRIGHT AREA, AND TO THE EXCLUSION OF EVERY OTHER THOUGHT. For instance, last Lesson gave you the affirmation, "I AM FINDING THE POWER OF THE LIVING GOD". Now for the next two weeks, use this affirmation carefully and faithfully: "MY THOUGHTS ARE PART OF THE LIVING GOD." I don't want you to try and force anything at all at this time. You should be in a condition of semi-sleep, utterly relaxed, lying there in bed as motionless as a log, and with part of you half asleep as it were. And then, direct this above affirmation into the very depths of your being, and you will be doing this by directing it right into that brighter area in your field of vision.

Shortly, you will drop off to sleep without knowing it, and A DEFINITE STEP ALONG THE ROAD OF YOUR UNDERSTANDING OF THE MIGHTY UNSEEN POWER OF GOD WILL HAVE BEEN ACCOMPLISHED. You probably will not know it, but it won't be very long now until you begin to realize that something is happening in you. For these thoughts are powerful things, and THEY COME DIRECT FROM THE MIGHTY LIFE SPIRIT, AND, MORE IMPORTANT THAN ALL, THEY GO BACK TO THIS SAME CREATIVE LIFE PRINCIPLE. Remember this well. Every thought you think under these circumstances, GOES DIRECT TO THE ORIGINATOR OF ALL LIFE, AND THE ORIGINATOR OF WHAT WE NOW CALL THOUGHT. We may see a little later that thought is a far more potent and dynamic thing than we have ever suspected. I don't want to anticipate however. All I want you to do is to follow me closely through every move I suggest and advise. I shall probably open your eyes before you have finished this course of instruction.

Don't forget, on awakening, fill your lungs with pure air. Open your windows and get down to the very bottom of those lungs of yours. Chances are you only use a fraction of them when you should be using them to their full capacity. Many people write me asking if calisthenics are a good thing. Yes, they are a fine thing for the physical body, and there is, of course, a very vital connection between the physical and the spiritual, and as long as too much stress is not laid on calisthenics, and as long as they are not overdone, they are good, for the time being at any rate. Through the day, whenever opportunity occurs, let this same thought I have given you be in your mind TO THE EXCLUSION OF EVERY OTHER THOUGHT. You will notice that in these exercises, I very seldom use the word "mind" and where I do use it, it is only because the use of it is handy. I have a very definite reason for not doing so, and as you progress, you will have a very revolutionary definition of "mind" given to you. You do as I ask though, and hold this one thought every moment in which you comfortably can do so, and remember above all, the most important part of this work is the relaxation exercises at night, and the impressing of the affirmation into the very centre of your being. And perhaps, FARTHER THAN THAT.

Our next Lesson will go into the subject of who and what God actually is. This next Lesson has brought more favorable comment than anything I have ever written. This present Lesson, No. 3 has brought many, many favorable letters to me, but the next Lesson is a very vital one, as you will know when it reaches you. You have never had before such an explanation of God given to you as the next Lesson will give you. And the thought will probably revolutionize all your previous ideas of this great Power. It will also throw a flood of light on the Lessons you have received to date. In fact, it will throw a flood of light into your whole life itself. It has been said many times that I was inspired when I wrote that Lesson. Perhaps so. But every soul, living in touch with the God-Law, is inspired to just the extent he or she can assimilate that marvelous LAW. For truly marvelous it is. We will not anticipate however, but will do the work in our hands well, so that we shall be ready for Lesson 4 when it comes in two weeks.

POINTS TO REMEMBER IN LESSON NUMBER THREE

FIRST: The very same Power responsible for creation, and especially responsible for YOU, IS STILL HERE WITH YOU, WAITING TO BE USED BY YOU for the achievement of every good and right thing you can desire. This Power did not put you here and go away, leaving you to your own resources, but STAYED RIGHT HERE WITH YOU.

SECOND: You are now, through this course and my exercises, LAYING THE FOUNDATION of the things you desire to manifest in your life in the future. LAY THAT FOUNDATION EXACTLY AS I TELL YOU TO. What you are today is the result of what you and others thought years ago. What you will be in the future depends largely on what you think today. Think the thought given in the Lesson and think it to the exclusion of other thoughts.

THIRD: Adopt the mental attitude that the things you desire ARE ALREADY IN EXISTENCE SOMEWHERE, and the actual manifestation of them is begun. This is absolutely a fact. As the architect first plans in his thought realm, the building he is to build, so you are now planning the future you are to enjoy--or not to enjoy. There is in this world or in this creation somewhere, more than sufficient of everything to satisfy your needs, and do it without robbing someone else. So keep an expectant attitude--expect the best--and be ready for it when it comes. Don't do these exercises nor go ahead with this course, unless you PREPARE YOURSELF TO EXPECT, AND REALLY DO EXPECT BETTER THINGS TO COME TO PASS IN YOUR LIFE. It would be a pity if the GOD-LAW had been complied with, and you, through your own attitude of non-expectancy, were to MISS THE GOAL, would it not? Well that can happen. So be expectant--and the more expectant you are, the surer will the manifestation be.

FOURTH: Be absolutely on the level with me, with yourself, and with your fellowmen and women. Downright crookedness will invariably defeat the Law, and there is no need for it in the first place. So, as a matter of business alone, if for no other reason, be on the level with everyone for YOUR OWN GOOD. Every wrong deed brings its own reward, and may hinder the workings of the God-Law. When you know this mighty LAW better, automatically you will never bother your head with anything that does not comply with the God-Law. I'm not preaching now, for I quit preaching a long time ago. I'm merely telling you that you will get along faster playing the game on the square with everybody.

Sincerely your friend and teacher,

Frank B. Robinson

Frank B. Robinson.